The Gazette

Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge Published Monthly. Issued the first week of the month. Distributed FREE via U.S. Postal Service and available at select locations.

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VOL. 7, No. 4 April 2010 $\star \star \star \star \star$



PRSRT STD US Postage PAID Hackensack, NJ Permit # 451 On March 9, 2010, the Circus visited Hasbrouck Heights to promote reading and reward participation in the NJ Library Champion Program. Ringmaster Johnathan spoke about the importance of reading; clowns clowned around and answered questions about circus life. *See story on page 10*.

Libraries Are Fun

Shred-it Event

A free shred-it event will be held on Saturday, April 17, 2010, from 9:30 a.m. to 11:30 a.m., at the Valley National Bank, Moonachie Branch, 199 Moonachie Road.

Area residents may bring their confidential documents which will be shredded in their presence.

The Moonachie Police and Fire Departments will also be present to discuss ways to avoid identity theft. For more information, call 201-807-1902. ###

Comedy Night

The Hasbrouck Heights Learning Center cordially invites you to join a fun-filled, entertaining evening of laughs with renowned stand-up comedian Leighann Lord.

She was named as one of New York's 10 Hottest Comics. This event will take place on Friday, May 14, 2010, at 7 p.m. at the Bananas Comedy Club.

A full dinner is offered – salad, a choice of a chicken, beef, pasta or fish entrée and a dessert. Cash bar available.

Monies raised from this event will help support the ongoing education and operation of this center, providing assistance for students that have a learning disability.

Cost is \$60 per person. To purchase your tickets, please call Joey Dobbs at 201-288-1183 or send an email to - masoniclearningcenters@verizon. net ###

All-You-Can-Eat Dessert Party

The Friends of Wood-Ridge Memorial Library have set the date for the 16th Annual Dessert Party fundraiser on Wednesday, April 19, 2010, at 7 p.m., in the Wood-Ridge Senior Center at the corner of Hackensack Street and Highland Avenue, adjacent to The

Admission is \$10 at the door for the homemade all-youcan-eat desserts. Coffee and tea will also be served. Tickets will not be sold in advance. For more information, call Madeline at 201-438-7737. ###

Fireworks Scheduled

The Hasbrouck Heights Lions Club announced their Annual Fireworks Program will be held at Depken Field on July 1, 2010. Rain dates are

An Afternoon in **Italy with Friends**

Come and join The Friends of the Hasbrouck Heights Public Library on Sunday, April 25th, for an afternoon of good food and live entertainment at Teggiano's Ristorante in South Hackensack. There will be live entertainment and the fun begins at 1 p.m.

The tickets are priced at \$38 and includes a three course meal with a pasta dish, salad and four entrees to choose from. Coffee and dessert will be served. Purchase your tickets at The Hasbrouck Heights Public Library.

All the money raised will benefit both the adults and children through programs, movies, refreshments and special projects. For further information, call The Library at 201-288-0488 or Judy at 201-288-2615. ###

April Birthstone

The Ecumenical Good Friday Service will be at Noon, Friday, April 2, 2010 at First Reformed Church. All are invited to attend.

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31st Annual Plant Sale The Energy Corner

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Call John Depken if you have any questions that you would like answered in this column



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and Flea Market

Saturday, May 1, 2010 from 10 a.m. to 3 p.m.

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Pre-paid advance orders are available for pick-up on Friday, April 30 -- 7:30 to 9 p.m. Flats one color/one kind are \$10.75. For order forms or flea market space info call 201-288-0002.







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The Cameos To Headline 2nd Annual Street Fair

The Cameos, New Jersey's #1 oldies group, will be performing two shows at the 2nd Annual Hasbrouck Heights Street Fair, which will be held on Sunday, May 16, 2010, from 10 a.m. to 5 p.m., rain or shine, on the Boulevard from Kipp Avenue to Raymond Street.

This event offers something for everyone and is a wonderful community celebration with fun for the whole family. Mark your calendars and join the fair!

This is one of Bergen County's first big festivals of the season with over 100 craft, antique, and specialty vendors.

The Street Fair will showcase many of Hasbrouck Heights' established businesses.

The Mayor's Business Community Committee has been working with Cliffhanger Productions to bring a variety of vendors to The Boulevard along with fun for the whole family.

Included in the day's events will be many free attractions and fun-filled action to include:

- Local bands will showcase their talents, plus there will be a DJ and giveaways.
- Free rides and amusements will be presented includ-

ing a 24-foot hydraulic rock climbing wall, trackless train, and inflatable obstacle course.

- Children's entertainment
 -- featuring choreographed
 costumed character revue starring the most popular TV/
 Film characters, who will be
 strolling the street fair, meeting
 and greeting and available for
 pictures with the kids.
- Walk-around entertainment – everything from clowns to stilt walkers and jugglers.
- Face painters, tattoo and balloon artists.
- Fun festival foods popcorn, cotton candy, pucker powder, shish-kebobs, kettle

korn, ice cream, plus specialty food vendors (sausage and peppers, barbecue, gyros, pizza, hamburgers and more).

The fair will feature two stages, including live music on the main stage, with a children's stage showcasing a costumed character musical revue and a magic show.

This free event is provided to the community through the generosity of sponsors.

Mayor Rose Heck notes that sponsorships of Gold, Silver and Bronze are still available. More information is available by contacting her through the Borough Clerk, Rose Marie Sees, at rmsees@bergen.org or leaving the Mayor a message by calling 201-288-0195. She will return your call.

For further information on

event sponsorships, or if you wish to participate as a vendor, contact Cliffhanger Productions at 201-460-8335.

"Our initial two goals in putting together this event were to attract more people to our wonderful Business District and to give people a day of family fun and entertainment. Hasbrouck Heights strives to be a Family Friendly Town and I believe this is just one of the ways in which we show it," said the Mayor.

The first Hasbrouck Heights Street Fair held in 2009 was a huge success with attendance in excess of over 15,000.

To view last year's event, go to: www.The-Gazette-Newspaper.com, June 2009 issue, page 3. ###

Passion Play Drama Ministries Presents The 21st Annual Performance Of

The Jesus Story



a musical drama that can change your life

Jesus said to her, "I am the one who brings people back to life, and I am life itself. Those who believe in me will live even if they die. Do you believe that?" Martha said to him, "Yes, Lord, I believe that you are the Messiah, the Son of God, the one who was expected to come into the world." [John 11:25-27]

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Kearny Federal Savings Bank has introduced a new innovative free checking account to the New Jersey area. High Yield Checking offers a high interest rate and monthly foreign ATM fee refunds, allowing customers to make more money when banking at Kearny Federal Savings. The Bank has also launched a micro-site, showcasing this revolutionary product. The site is: www.kfshighyieldchecking.

Kearny Federal Savings is a community bank with great passion for their customers and their financial needs. With High Yield Checking, they can offer their customers a cuttingedge account that rewards them for their commitment to the bank.

High Yield Checking is a checking account with no monthly fees, no minimum balance, and the opportunity to earn 3.51% Annual Per-

Bergen County to Resurface Sections of Boulevard

Bergen County announced that county roads throughout 27 Bergen County Municipalities will be repaved beginning this spring. In this area, two projects are planned:

- Hackensack and Hasbrouck Heights: Summit Avenue/Boulevard from Route 17 to Williams Avenue.
- Wood-Ridge: Valley Boulevard and Fourth Street from Hasbrouck Heights line to Carlstadt line.

The roads included in the resurfacing projects were selected based upon the condition of the riding surface, previous and scheduled utility work and the volume of truck and car traffic.

The typical lifecycle of a county road is between 12-15 years. The roads included in this round of resurfacing have not been repayed in more than 10 years.

The Bergen County Department of Public works maintains approximately 440 miles of roadway.

The total cost of resurfacing the 18 projects is \$6 million and is being paid for with funds from the New Jersey Department of Transportation. ###

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Disclosure: *Annual Percentage Yield (APY) accurate as of 02/12/10. Minimum to open account is \$50. Rate tiers are as follows: 3.51% APY applies to balances of \$.01 -\$25,000 and 1.00% APY applies to balances over \$25,000 as long as qualifications are met each statement cycle. 0.05% APY applies to all balances if qualifications are not met. All balances will earn 3.51% APY to 1.00% APY as long as qualifications are met. Rates may change after the account is opened. Fees may reduce earnings. No minimum balance required. No monthly service fee. Available to personal accounts only. ATM fee refund up to \$25 per statement cycle when qualifications are met. ###

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Deadlines are: Editorial copy due 10th day of month preceding issue, and completed ad material due 15th day of month preceding issue. Issued about the first week of the month. © 2010 All Rights Reserved. Published by The Iron Horse Advertising and Marketing Company, Inc. Reproduction of any photos requires permission. Many photos may be viewed in color @ www.hasbrouck-heights. net. "The Gazette" may represent "The Gazette Newspaper for Hasbrouck Heights, Little Ferry, Lodi, Moonachie, Teterboro and Wood-Ridge." Press releases welcomed. Photo submission of original and unpublished photos are accepted for exclusive use in The Gazette and/or www.hasbrouck-heights.net. Email original jpg (under 3 meg) and include photo details. Names should be listed left to right. Publisher reserves the right to accept or refuse any advertising. Advertisers assume all liability for all content of advertisements. The Publisher is not responsible for any loss claimed by advertiser in cases of errors or omissions.

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Beware of Scams

Following this historic Nor'easter, local Police warn area residents to be extra cautious regarding strangers.

Transient criminals and scam artists may attempt to pass themselves as PSE&G, United Water, contractors, home inspectors, insurance adjusters, roof & chimney repair services, etc., to assess storm damage.

If a stranger makes unwanted inquiries -- ask for identification. Do not let them in your home or give them any personal information. When in doubt, close and lock your door. Call your police department and have them check it out. ###

Hasbrouck Heights Little League 15th Annual Pancake Breakfast &



Sunday **April 18th** 8 a.m. to 1 p.m. at the V.F.W.

It's time again for the 15th Annual Hasbrouck Heights Little League Pancake Breakfast and Sports Memorabilia Auction fund-raiser!

This year's breakfast and Tricky Tray style auction will be held April 18 at the V.F.W. (located at the end of Old Field Avenue) from 8 a.m. to 1 p.m. Tickets are available at the V.F.W. at the door. Cost is \$5 for adults and \$3 for children (children under 4 are free).





Easter Sunday, April 4, 2010

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Manhunt Ends in Heights/W-R

On Saturday, February 20, 2010, Paterson police were watching a pickup truck on Hamilton Avenue in Paterson, which was reported stolen in

At about 1950 hours, it was reported that a 33 year old Newark man entered the vehicle and when approached, fired shots at Paterson officers. He then led police on a highspeed chase on Route 80 East from Paterson, still shooting at pursuing officers out of his

The NJ State Police, Passaic County Sheriffs Department and Bergen County Police, became involved in the chase.

An alert was sent over SPEN (State Police Emergency Network), involving police departments along the way.

It was reported that the vehicle turned onto Route 17 South, turned off his lights and continued at a high rate of speed, where State and Paterson Police lost the suspect.

The suspect apparently turned West on Henry Street from Route 17, unaware that Henry Street is a dead end several blocks away. It was suggested that due to Route 17 construction, he may have been forced to exit onto Henry Street.

He abandoned the vehicle in a residential neighborhood, near the Bible Baptist Church parking lot, and escaped on

He crossed over Passaic Avenue deep into the Curtiss-Wright property, and buried himself in one of the large piles of dirt in the construction site.

Heights officers spotted the vehicle and law enforcement officials from State, Passaic and Bergen County, Hasbrouck Heights, Wood-Ridge and Lodi quickly converged to the scene

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and set up a perimeter.

Paterson Police set up a command post from a radio car to coordinate over 100 officers in the quickly unfolding event.

Local police familiar with the area, teamed with Passaic and Paterson officers to advance the manhunt.

The search began at the abandoned stolen vehicle by Bergen and Passaic County K-9 units, which quickly took the search directly into the Curtiss-Wright construction area.

The State Police helicopter with the infrared camera was unable to detect him, but the Passaic County Sheriffs Department K-9 police dogs did.

The suspect was found west of Woodland Park in the vicinity of Lincoln and Sussex Streets, and was arrested by the Passaic County Sheriffs dog handler and Paterson Police.

The event concluded just after 2200 hours. The suspect was taken back to Paterson.

Although it was widely rumored that there were three suspects involved, the Paterson detective who was watching the vehicle in Paterson, stated that only one suspect entered the vehicle when the incident began.

Paterson Police praised the high level of cooperation received from our local law enforcement.

No gun was found. The shots widely reported seem to have come only from outside his vehicle while he was fleeing down Route 80. No shots were fired in Hasbrouck Heights or Wood-Ridge.

Hasbrouck Heights and Wood-Ridge Police did do a follow-up search of the area for the weapon.

The suspect faces numerous charges to include aggravated assault with a weapon, receiving stolen property, eluding and resisting arrest, etc. ###



IHOP Flipped for Charity --Gave Away Free Pancakes

IHOP in Hasbrouck Heights offered guests a free short stack of buttermilk pancakes in an effort to raise awareness and funds for the Children's Miracle Network on National Pancake Day, Tuesday, February 23, 2010.

For every delicious short stack of pancakes served on National Pancake Day, IHOP guests were invited to make a donation.

This year, IHOP in Hasbrouck Heights gave out 1,279 orders of pancakes and received \$1,781 in donations, plus \$336 for balloons sold. Proceeds from IHOP in Hasbrouck

Heights will benefit Children's Specialized Hospital in Mountainside, NJ. These donations will be used towards equipment to improve their facility for the treatment of children.

For two hours that morning, WPLJ-FM handed out free DVDs at IHOP in Hasbrouck Heights.

This was IHOP's 5th National Pancake Day Celebration. Nationally, IHOP gave away four million free pancakes, creating a stack 31.5 miles high, raising \$2.1 miles lion in donations for children's charities. Their goal was to collect \$5 million in five years.

Pancake Day, also known as Mardi Gras or Shrove Tuesday, has been celebrated for centuries in England, with a tradition and lore all its own.

The English have "flipped" for pancakes in celebration of Shrove Tuesday, which heralds the beginning of fasting during

Long ago, strict rules prohibited the eating of all dairy products during Lent, so pancakes were made to use up the supply of eggs, milk, butter and other dairy products ... hence the name Pancake Day. ###



on Ch. 12 News by Alicia Vitarelli

HH Little League Pancake Breakfast

The HH Little League will hold its 15th Annual Pancake Breakfast on Sunday, April 18, 2010, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu includes pancakes, bacon, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5,

Hasbrouck Heights Little League Opening Day April 17 at 9:00 a.m.

Major League and Minor A levels may start the season and play games the week of April 11th.

HH Lions Golf Outing June 6th

The tournament is scheduled for June 6, 2010, at the New York Country Club with a 10 a.m. start. Fee is \$125 and includes golf, cart, lunch and awards dinner.

The event is sponsored by the Hasbrouck Heights Lions Club. All proceeds to benefit various community charities.

Journal ad sponsorships are available. For more infomation, call Mr. Luongo at 201-393-8145. ###

child \$3 and under 4 free.

The tricky tray sports memorabilia auction will follow from noon to 1 p.m. Winners do not have to be present at the time of the drawing to win.

Proceeds will be used towards building new ADA restrooms, concession stand and batting cage.

Call Steve at 201-725-2917 for more information. ###

HH Little League Field Clean Up

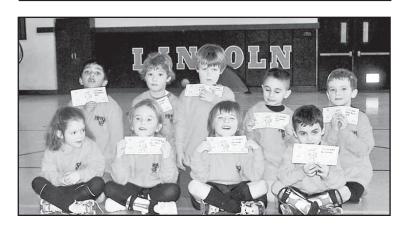
The Hasbrouck Heights Little League reminds parents, managers and coaches that the annual field clean up and maintenance is scheduled for 9 a.m. to 3 p.m. on Saturday, April 3, and April 10, 2010. Bring a rake. ###

Father-Son Golf

The Ketcho's 3rd Annual Father-Son Golf Classic will be held on Friday, June 25, 2010 at Shawnee Inn & Golf Club.

Start is at 6:30 a.m. with tee off at 8:30 a.m. Cost is \$100 per player and includes full breakfast, 18 holes of Championship golf, cart, greens fees, afternoon barbecue, etc.

For more information call 201-220-7831 or email: ketcho@aol.com ###



For eight weeks, 66 Hasbrouck Heights Preschoolers and Kindergartners played in the HHSA run indoor soccer program at Lincoln School every Saturday. On hand were coaches to teach and enhance skills for the upcoming fall season. They ran, kicked, blocked and scored goals while spending time with their classmates and friends in a noncompetitive environment. Each participant received a Sportsmanship Award from IHOP Hasbrouck Heights and a "T"Shirt from HHSA. ###

School Board & Budget Elections April 20, 2010

Hasbrouck Heights: 2 p.m. to 9 p.m. Little Ferry: 3 p.m. to 9 p.m. Lodi: 2 p.m. to 9 p.m. Moonachie: 2 p.m. to 9 p.m. Teterboro: 5 p.m. to 9 p.m. Wood-Ridge: 2 p.m. to 9 p.m.

THE GAZETTE NEWSPAPER
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5K Run/One Mile Walk April 18

On April 18, 2010, the Hasbrouck Heights Education Association will sponsor its 12th Annual Five Kilometer and One Mile Run/Walk to raise money for their scholarship fund.

The 5k run is called the Rau-Fitzgerald Memorial Run and the One Mile walk is the Cheryl Terlemezian 1 Mile Fun Run/Walk.

The event begins at Hasbrouck Heights High School at

Invitational Track Meet

The Hasbrouck Heights Track and Field Team will host 40 high schools in the Aviator's Invitational on April 9, 2010 starting at 4 p.m. at Depken Field. This is the third track invitational on the new field. The public is welcome. Admission is \$5. ###

Care On The Corner Golf Outing June 9th

Care on the Corner will sponsor their Annual Golf Outing at Bowling Green Golf Club in Oak Ridge, NJ on Wednesday, June 9, 2010.

Cookout buffet lunch and registration is at noon, with a 4-person scramble. Golf starts at 1:00 p.m. and the awards dinner following golf.

Sponsorships are available. Cost is \$160 per golfer and \$620 for foursomes. Dinner is \$50 per person. To sign up, call Care on the Corner at 201-288-0002, or register online at: www.careonthecorner.org ###

Final Four Beefsteak

The Hasbrouck Heights Lions Club will hold their 6th Annual Final Four Beefsteak, starting at 7 p.m. on April 5, 2010, at the VFW in Hasbrouck Heights. Nightingale Catering will be catering this event. Cost is \$45 per person and includes beer and soda. Cash bar. For details, call Tom at 201-288-1511.

This is the first time for this event at the VFW. It was previously held at the Pioneer Club. ###



116 S. Main Street, Lodi, NJ

www.JDMassociatesinc.com

365 Boulevard. Check-in starts at 8:00 a.m. The 5k Run/Walk starts at 9:30 a.m. 5K awards will be presented at 10:15 a.m. with medals for top male and female, and medals for top three males and females in these categories: 18 and under, 19-29, 30-39, 40-49 and 50 and

The One Mile Walk/Run starts at 10:30 a.m. Kiddy races (ages 2-8) begin at 10:45 a.m.

Pre-registration is \$18 (with day of race \$20), children under 18 for 5K \$10, and 1 mile \$5. Kiddy Race is \$5. Pre-registration ends March 28, 2010.

Amenities include: "T" shirt, timing system, awards, post-race refreshments, restrooms and parking. Corporate sponsorships and donations are welcomed.

Registration form and additional information is available at: http://hhschools.org.

For more information call Barbara at 201-288-1426 or email: Babsbiz@optonline. net ###



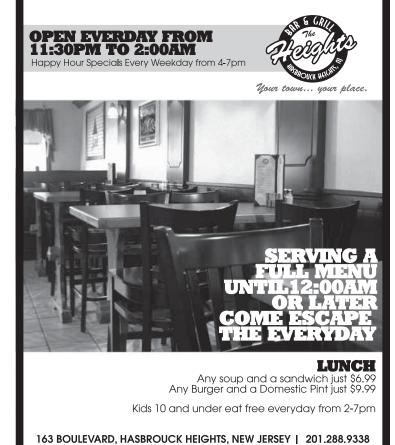


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Rec Trek 2010 Sign Up April 6 & 15

The HH Recreation Department announced details of the 2010 Summer Playground Program.

This year's six week camp will be held in Woodland Park from June 28, 2010 through August 6th, Monday through Friday (weather permitting), except Friday, July 4th.

This is a full-time summer day camp which means children stay through lunch with their counselors. Parents do not have to pick up their children until 3:30 p.m.

Children are expected to bring their own lunch and drink, but are allowed to go home for lunch with their parent's permission.

Each day the child comes to the park they must sign in with the counselor at the main table and may not leave until a parent signs them out.

Each day there will be playground activities such as kick ball, coloring, table games, wiffle ball, stick ball, jump ropes, arts & crafts, children and teen activities, contests, etc., as well as story telling, craft sessions and special theme days.

Special theme days include: Anti-Drug Day, I Love America Day, Halloween in July, Carnival Day, Camp Talent Show and Olympic Day.

Numerous field trips are scheduled to include: Bowcraft Amusement Park, Wild West City, Icehouse, Six Flags Great Adventure and Medieval

Trips are geared for all ages and will be supervised by camp counselors.

The Recreation Department stated there will be enough supervision to handle the children and that the children's safety is a main priority.

Registration will be done ahead of time in the Recreation Department Office, April 6 and April 15, from 7:00 p.m. to 9:00 p.m. -- there will be no sign up in the park.

Trip registration is to be announced.

Registration is on a firstcome, first-served basis. You must register for the complete program to participate in any of the activities.

Camp Rec Trek is open to all Hasbrouck Heights boys and girls ages 6 through 14 who are permanent residents of Hasbrouck Heights.

Proof of residency and birth certificates must be shown upon demand.

The cost is \$60 per child plus optional trips. The nonrefundable fee includes all playground activities, most theme days and a "Rec Trek" camp shirt.

Call Rob Brady at the Recreation Department at 201-288-4143 for more information. ###

Feintuch Memorial Wrestling Tournament

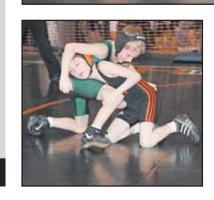


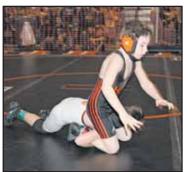












The TCJWL Andy Feintuch Memorial Wrestling Tournament was held on Sunday, February 21, 2010, from 8:30 a.m. to 6:00 p.m., at the Hasbrouck Heights High School in the new gym.

Ten towns participated in this qualifying District Tournament with about 600 wrestlers from Cliffside Park, Dumont, Edgewater, Hackensack, Hasbrouck Heights, Glen Rock, New Milford, Jersey City, River Dell and Teaneck.

Heights pulled 12 Gold, 9 Silver and 7 Bronze Medals.

This invitational tournament was hosted by the Hasbrouck Heights Recreation Department. The Recreation Director is Robert Brady.

The top two winners of each weight class advanced to the Regional Tournament held March 28, 2010 in Hackensack.

The team competes in the Twin-County Junior Wrestling League (TCJWL), as well as several tournaments located throughout the state of New Jersey.

The Hasbrouck Heights Recreation Wrestling Program was established in the 1970s for children 6 years old (1st Grade) to 14 years old (8th Grade). Typically, 50 to 60 kids participate annually, with 68 boys participating in the 2009-2010 recreation wrestling program.

The program is funded by the Hasbrouck Heights Recreation Department.

Registration fee is \$50 per child and includes uniform, practice uniform, tournament entry fees, insurance, practice/ training and supervision.

Wrestlers practice at the Franklin Fitness Center two to three times a week for the 16 tournaments/matches.

The program's goal is to instill positive values such as goal setting and self-discipline, while at the same time making the sport an enjoyable experi-

The Hasbrouck Heights volunteer coaches are: Drew Gordon, (Head Coach), Dave Dallara, Steve Dal Cortivo, Alex Garcia, Dan Guido, Marty Innis, Brian Moran, Dan O'Malley, Tony Miller, Joe Rinke, George Rose and Mark Stefannelli.

Many volunteers helped make this event possible, such as the volunteer parents of the program. Marilyn Dal Cortivo and Charlotte Sodora coordinated the volunteers. ###

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Jr. Women's Club Bookmark Contest

"You're never too old, too wacky, too wild, to pick up a book and read to a child."

In celebration of "Read Across America Day/Dr. Seuss's Birthday," the Hasbrouck Heights Junior Women's Club picked three First Place winners from the Bookmark Contest.

Eighty-five children entered the contest.

The First Place winners' bookmarks have been professionally printed by Frank Molina, and are available to give out at The Library's Children's Desk.

Each winner also received certificates and printed bookmarks. The winners are: Luke Kest (Corpus Christi), Mackenzie Balcer (Euclid School) and Hannah Balcer (Euclid School). The Hasbrouck Heights Li-

In celebration of "Read brary staff did the voting.

All the entries' bookmarks are on display at The Hasbrouck Heights Free Public Library. Entrants may pick up their orginal bookmarks at the Children's Desk.

The Junior Women's Club has been holding the Bookmark Contest for a long time, but this is the fifth year it has been in conjunction with "Read Across America Day."

A special thanks to NJ Assemblywoman Connie Wagner who read to the children "Benje, The Squirrel Who Lost His Tail," and to Mrs. Nickles, who also shares a birthday with Dr. Seuss. Story by Dalia Drezek. ###





Chicken Parmesan

A crispy, tender chicken breast topped with mozzarella cheese sticks, marinara sauce and melted Provolone cheese, all on a bed of fettuccini pasta. Sprinkled with Parmesan cheese and served with garlic bread. Served with your choice of a house salad or a bowl of soup. 9.99



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Violin Recital Comes to Library

The Free Public Library of Hasbrouck Heights is pleased to present violinist Alexis H. Lerner. She will be accompanied by Soyeon Park on the piano. The program will be a mix of classical music. The recital will take place from 2 to 3:30 p.m on Saturday, April 3, 2010. This free program will be held in the Senior Center of the Municipal Building at 320 Boulevard.

Ms. Lerner is a student at the Cavallini School in Upper Saddle River. She has been studying violin since she was 4 years old. She studies at the Manhattan School of Music, where she won the Bach Double Violin Concerto Competition. Alexis recently performed at the Weil Recital Hall at Carnegie Hall. She is one of the youngest members of the New York Youth Symphony.

Her accompanist, Ms. Soyeon Park, also began her music education at age 4. As a young artist, Ms. Park has won many awards such as the Arts Recognition and Talent

Search by the National Foundation for the Advancement of the Arts. Ms. Park is an active performer and has performed internationally. She has earned her BA and MA degrees under the distinguished professor, Zenon Fishbein, at the Manhattan School of Music.

To register, please call 201-288-0488. ###

Movie Screening: Princess and the Frog

The Free Public Library of Hasbrouck Heights is pleased to present a movie screening of "Princess and the Frog" on Saturday, April 10, 2010, at 2 p.m. There is no charge for this program, but registration is required to have enough seats for everyone. Light refreshments will be served.

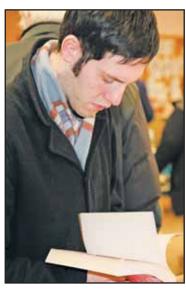
Special thanks to The Hasbrouck Heights Friends of the Library for making this event possible.

Please register online at http://hasbrouckheights.bccls. org or call 201-288-0488. ###

Finding Books Good Homes







On Saturday, February 20, 2010, from 10 a.m. to 2 p.m., The Friends of the Wood-Ridge Memorial Library held a book sale in the W-R Senior Center.

A large varied selection of quality hardback, paperback, children's books as well as videos, CD's, DVD's and cassettes, were available.

Proceeds from the sale are used to support The Library programs. The Friends hold book sales three times a year -- October, February and May. Meetings are held at The Library the 3rd Tuesday of the month at 7:30 p.m. ###



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Circus Champions NJ Libraries

As a result of their reading accomplishments in New Jersey's statewide reading program, one hundred children at The Hasbrouck Heights Free Public Library received a one-of-a-kind special reward performance visit by Ringling Bros. and Barnum & Bailey clowns and NJ Library Champion, Ringmaster Johnathan Lee Iverson, on Tuesday, March 9, 2010.

The clowns entertained the children with their unique brand of circus silliness, and invited several children to participate.

Johnathan talked with the children about the importance of reading, getting an education and how he became Ringmaster for The Greatest Show On Earth!

They answered children's questions about the circus. They invited ticket holders to arrive an hour earlier and meet performers and animals, learn circus skills and enjoy a taste of the performance before the show starts.

Library Director, Mimi Hui and Library Board Presi-

dent, Lisa Traina, had Johnathan sign the book plates on "Elmer and Friends" and "Big Cats" for The Library. They also presented him with these books.

Mayor Rose Heck gave Johnathan the ceremonial keys to Hasbrouck Heights.

Parents took photos of their children with Johnathan and the clowns. Bags of popcorn and juice were served.

This event was exclusive to Hasbrouck Heights.

The New Jersey Sports and Exposition Authority has partnered with the New Jersey State Library to promote reading and reward participation in the State Library's NJ Library Champion program (NJlibrarychampions.org). Library Champions are people who love their libraries and are interested in preserving library service in New Jersey.

The program spans across every library in the State of New Jersey and offers accomplished participants an opportunity to win tickets to upcoming Meadowlands Sports Complex events and special visits from show characters.

The Ringling Bros. and Barnum & Bailey presented Barnum's FUNundrum at the IZOD Center, March 10-14, 2010. This is the 200th anniversary of the birth of the legendary P.T. Barnum, "The Greatest Showman on Earth" and his living legacy, "The Greatest Show on Earth!" ###





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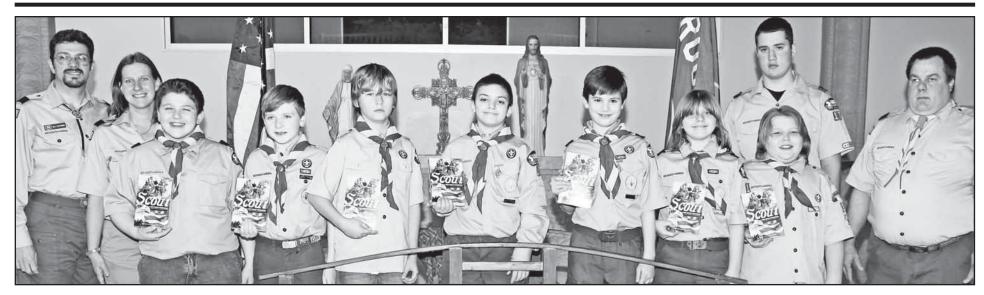
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Starting a New Trail

On March 10, 2010, eight Webelos crossed the bridge into the Boy Scouts during a ceremony at the Corpus Christi Learning Center.

After five years in Cub Scout Pack 17 and earning the Arrow of Light, these 10-11 year old boys joined the ranks of Boy Scout Troop 17 and

On March 10, 2010, eight began the trail towards Eagle belos crossed the bridge Scout.

Six of the Webelos earned a Super Achiever award for earning all 20 activity pins before their Arrow of Light ceremony.

The highest award in Cub Scouts is earned by Webelos that have been active participants in their den and are ready to join a Boy Scout troop. Many of the requirements for the Arrow of Light are intended to familiarize the scout with Boy Scouting and show him the next

The Super Achiever Award is for Webelos Scouts that earn all 20 activity pins before their Arrow of Light ceremony.

step to take in scouting. A scout earning the Arrow of Light patch has also completed nearly all Joining requirements for Boy Scouts so he has a headstart on his Boy Scout trail.

Various patches and markings identifying them as Cub Scouts, were removed from their uniforms.

During the ceremony, their blue shoulder loops were replaced with green ones. Each replaced their Webelos neckerchief with the Boy Scout neckerchief with slide and each received a Boy Scout Handbook. ###

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Scouts Prepare for a Medical Emergency

In the one hundred years of Scouting, their motto has been "BE PREPARED" and it is still relevant today.

Towards that goal, sixteen Troop Seventeen Scouts are receiving instruction in the first aid merit badge by Lieutenant John Riordan of the Hasbrouck Heights Volunteer Fire Department Ambulance Squad at Fire Headquarters during March and April 2010.

They are learning how to act in a medical emergency. Some of the subjects covered

are control of bleeding, resuscitation, splinting of broken bones and basic bandaging.

The Scouts are instructed as one group, and then are broken down into smaller groups of four, to practice what they have just learned.

Each group practice is then reviewed by Lt. Riordan as to the correct procedure of aid given.

This training will give the Scouts confidence in handling an emergency in camp, on vacation or in the home, until professional medical care is obtained. Story by Jim Halloran. ###

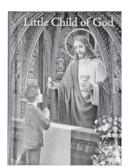
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Corpus Christi D.A.R.E.

On March 3, 2010, Corpus Christi Fifth Graders held a D.A.R.E. Culmination Program. The Master of Ceremonies were Mark Passanante and Cayla Moore.

The program began with the Pledge of Allegiance, and "America the Beautiful."

Monsignor Lewis V. Papera said the opening prayer, with comments by Principal Michelle Murillo, Mayor Rose Heck and Chief of Police Michael J. Colaneri. The Corpus

Christi 5th Graders stated "Eight Ways to Say NO." The "Taking a Stand" essay winners were Frank DeFelice and Nina Beatrice.

Certificates were awarded, followed by the "Pledge to Be Drug Free," with closing remarks by Lt. Shawn Mullins.

The 5th Grade teachers are Mary Ellen Scanlon and Tina Edwards and the Music Director is Geraldine Mendoza. Refreshments followed. *Photo by HHPD*. ###



On Saturday March 6, 2010, Daisy Troop #4308 held its first Girl Scout Booth Sale at Heights Flower Shoppe, 209 Boulevard. Photo provided by Daisies. ###

Super 50-50

The Hasbrouck Heights Knights of Columbus Council #7041 is conducting a Super 50-50. Ticket sales are limited to 6,000 tickets. Donation is \$5 per ticket. Three prizes are: 35%, 10% and 5% of gross proceeds. Drawing is June 6, 2010 at Corpus Christi School cafeteria. Winner need not be present. Proceeds to benefit Corpus Christi School Science Lab. For more information, call Mike at 201-888-2511. ###

Big Cheer

Congratulations go out to the Wood-Ridge/Moonachie Competition Cheer Senior Team. This group of dedicated and hard working girls, who have been practicing since August, just returned from their national competition at "Battle at the Capitol," in Maryland where they placed 1st on Day 1 and 2nd overall.

They have continued a tradition of success in Wood-Ridge by placing 1st at Emerson Cheer Competition, 1st at Gotta Cheer Competition at Caldwell College, 2nd at Bishop Ahr Competition, 1st at Paramus Catholic Competition, 1st at St. Anne's Competition, 1st at St John Vianney Competition and 1st at Garfield Competition.

They also won Grand Champs at Caldwell College and Garfield, which means they had the highest score of all the first place teams for their session.

The parents wish to thank their amazing coaches who have always put their hearts into this program and have spent countless hours helping them succeed. Congratulations Blue Devils! ###

Spring Craft for Teens and Adults

The Free Public Library of Hasbrouck Heights will sponsor a fun-filled afternoon for teens and adults to create their own hand painted flower pots. Just in time for spring! It will be held on Wednesday afternoon, April 21, 2010, from 3 to 4:30 p.m.

Spring is upon us, so here is an opportunity to get in the mood. You will learn how to paint and decorate a terra cotta flower pot. It can be used for plants or fill it with candy for a gift. All you need is imagination.

To join in this event, please register by calling 201-288-0488 or log on to http://hasbrouckheights.bccls.org and go to calendar. ###

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Olympic Fever Strikes Assumption School

"USA! USA! USA!" was the theme for the last two weeks in Ms. Sullivan's computer class at Assumption School in Wood-Ridge.

The Seventh Graders proudly led the way. Although they may not have spent hours in the gym every day, they did prepare for the 2010 Winter Olympics in their own way.

Since September, in their computer class, they have been immersed in the winter games: the history, the sports, the athletes, and even all about the city of Vancouver.

The students began the year by gathering data from the official Olympic website, Vancouver 2010, and from the NBC Olympics page, which have both been linked to the student webpage.

They then created timelines outlining the history of the Olympics and the city of Vancouver. Using Microsoft Publisher, they produced in-depth booklets for each individual sport, including descriptions, legendary athletes, venues, events, and schedules.

Next, the students compiled statistics on all the U.S. athletes, and formed a database, including information on hometown, sport, and finish.

They also kept a spreadsheet with formulas that tracked the medal counts for all the countries.

The big finale for the Seventh Grade came during the games, when each student became an Olympic announcer for the day.

Each student prepared an announcement consisting of the day's events and the medal winners from the night before, and then got to broadcast this information over the intercom to the entire school.

During the month of February, Olympic fever spread throughout the school as Olympic-themed projects were prominently displayed in the school hallways and staircases.

All grades had the opportunity during computer class to visit and explore the Olympic sites, to learn all about the sports, training, games and even mascots!

The entire student body then joined in the fervor by creating posters and signs filled with Olympic facts and by cheering on the American athletes.

While the goals of the Olympic activity were educational---computer skills development, analysis of current events, historical and statistical research, creating publications and computer reports---the end result was great enthusiasm and fun for the Assumption school community. ###

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All That Glitters

On Saturday, April 3, 2010, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

Aircraft include Martin 202 Airliner, Cobra Gunship Helicopter, Coast Guard Rescue Helicopter and a Lockheed 402-2 Bush Master. Guides are available to explain each aircraft. Admission: Adults \$7, Children (under 12) & Seniors \$5. For more information, call 201-288-6344.

Founded in 1972, the Aviation Hall of Fame & Museum of New Jersey is dedicated to the preservation of the Garden State's aviation and space heritage. The men and women, artifacts, photographs, fine art and an extensive model collection. ###

Book Signing

Henry M. Holden, who launched his recently published 128 page softcover book "Teterboro Airport," will be available for a book signing from 1 p.m. to 4 p.m during this event. (See story on page

whose outstanding aeronautical achievements have brought world-wide recognition to the state, are enshrined in the Hall of Fame. The recently expanded museum offers visitors an opportunity to view historic air and space equipment and

invited to attend the Robert L. Craig School Curriculum Expo Art Exhibit on Thursday, April 8, 2010, from 6:30 p.m. to 7:30

Parents and children can also view art exhibits throughout the school and cafeteria.

pressure checks will be administered by RLC School Nurse,

This event is designed to build pride and spark enthusiasm and support for the school by bringing together students, parents, teachers and neighbors. ###

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Curriculum **Expo at RLC**

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The Curriculum Expo showcases projects by Pre-K through 8th Grade in all subject

At 7:30 p.m., the 8th Grade class will show their video commemorating the 100th Anniversary of Moonachie. This video is a documentary on the history of the town, and includes interviews with many members of the community.

Complimentary blood Donna Gallo.

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54 Students Get the BUG









Fifty-four students in Grades 4 and 5 of our local schools received the BUG Award from the Kiwanis Club of Hasbrouck Heights.

The Bug Program (Bring UP Grades) is a program designed to encourage students to bring up one or more grades one level in Reading, Language Arts and/or Mathematics without going down in any of these subjects. These students receive a "BUG" pin to wear, a pencil and a certificate to take home.

Twenty-nine Fourth Graders and twenty-five Fifth Graders received the "BUG" Award. Eleven students raised their grades in two subjects; and forty-three in one subject.

> **April Flower** Sweet Pea



Twenty-four of the students went up a grade in Language Arts; twenty-six in Mathematics; and fourteen in Reading.

This is the fifth year the Kiwanis Club has distributed these awards. The Kiwanis Club presents this program at the end of the second and third marking periods during the school year. BUG Chairperson William Schweizer, Kiwanis President Dr. Burnett Eglow, and past president Peter Gallo Jr. made the presentations. Story by Peter Gallo Jr. ###

Take The Plunge

For less than the cost of a short vacation, your family can enjoy this summer season at the Hasbrouck Heights Swim Club

We offer a large "T" shaped pool at depths from 3' to 9' with diving boards, water slide and lap lanes -- plus a separate kiddie pool. The crystal clear pool is surrounded by a lush manicured lawn with lots of comfortable seating and shaded areas.

Our facilities include a playground/swings, volleyball/basketball court and a picnic area (ideal for summer birthday parties).

Pool **activities** include swim lessons, swim and dive teams, water sports, aquacise and 25 meter lap lanes.

Enjoyable **social events** during the swim season include: Hot Dog Sunday, Sundae Sunday, Movie Night, Carnival, Family Fun Nights, Adult Socials, plus much more.

Want to join the summer fun?

For an application form simply ---

Call: 201-288-4494 • Email: idcasella@optonline.net Write: Hasbrouck Heights Swim Club, PO Box 192, Hasbrouck Heights, NJ 07604

* There are currently a limited number of memberships available. Must be a Hasbrouck Heights resident.



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Welcome Spring!

"Houston, We've had a problem"

In celebration of the 40th Anniversary of the historic third flight to the moon, space historian and Education Specialist expert, Joe Lennox, will give a presentation on the Apollo 13 "successful failure mission" at the NJ Aviation Hall of Fame on April 16, 2010, starting at 7 p.m. Admission is \$7 for adults and \$5 for children.

His presentation will explore the Apollo 13 mission which was to have been the third Apollo mission to land on the Moon. A mid-mission oxygen tank explosion forced the lunar landing to be aborted.

The flight was commanded by James A. Lovell, with John L. "Jack" Swigert command module pilot, and Fred W. Haise, lunar module pilot.

The mission launched on April 11, 1970 at 13:13 CST. Two days later, en route to the Moon, a fault in the electrical

In celebration of the 40th system of one of the Service Module's oxygen tanks produced an explosion which caused a loss of electrical power and failure of both oxygen tanks.

The command module remained functional on its own batteries and oxygen tank, which were only designed to support the vehicle during the last hours of flight. The crew shut down the Command Module and used the Lunar Module as a "lifeboat" during the return trip to Earth. Despite great hardship caused by limited power, loss of cabin heat, and a shortage of potable water, the crew returned safely to Earth on April 17, and the mission was termed a "successful failure."

A misquotation of a radio transmission by Swigert ("Houston, we've had a problem") has become widely quoted in popular culture as "Houston, we have a problem."

This mission was dramatized by the film "Apollo 13" directed by Ron Howard and starred Tom Hanks. The film garnered critical acclaim and was nominated for many awards.

Mr. Lennox provides space science, history and technology programs designed for various age groups, and has written two books, "The ABC's of Space Exploration" and "Vision for Space." His website is: spaceclass101.com

The NJ Aviation Hall of Fame is located at Teterboro Airport. For more information, call 201-288-6344, or go to www.njahof.org ###

AHOF Induction Dinner May 25th

The New Jersey Aviation Hall of Fame announced the 2010 Inductees into The Aviation Hall of Fame.

The new inductees will receive their bronze plaques at the 38th Annual Induction Dinner on May 25, 2010, at The Fiesta Ballroom, in Wood-Ridge.

The public is invited to attend and meet New Jersey's aviation pioneers. Dinner tickets are \$100 each. There will be a cash bar. For tickets or more information, please call 201-288-6344.

The New Jersey Aviation Hall of Fame was founded in 1972 and was the first state aviation hall of fame in the nation.

Its goal is the preservation of the Garden State's 217 years of aviation and space heritage.

The Aviation Hall of Fame & Museum of New Jersey is located at Teterboro Airport. It is open Tuesday through Sunday from 10 a.m. to 4 p.m. ###

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Teterboro Airport's Secrets Revealed

Henry M. Holden launched his recently published 128 page softcover book "Teterboro Airport," with a talk and book signing event at the NJ Aviation Hall of Fame, on February 27, 2010.

Showing 90 slides from his book, he gave a lively overview of Teterboro Airport's rich history.

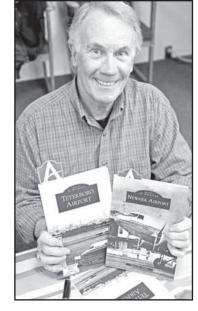
Teterboro Airport was the first commercial airport in the New York/New Jersey metropolitan area -- Hollywood/New York flights were based at Teterboro Airport -- at that time called NY Air Terminal.

In the 1920s and 1930s, record-setting flights became a national obsession and many of the flights orginated or terminated at Teterboro Airport, nicknaming it the "Cradle of the Golden Age of Aviation."

Holden's talk covered "Mr. Teterboro," Clarence Chamberlin (second man to cross the Atlantic, first with a passenger), Charles and Anne Lindbergh (kept their plane here), Gates Flying Circus, Amelia Earhart, to the real story about Arthur Godfrey's "infamous" buzzing of the tower.

From the sod runway plagued with water, evolu-





tion of control towers, freight depot terminal after WWII, Bendix's role, etc., he detailed Teterboro's growth into today's major aviation hub.

Henry M. Holden uses over 200 vintage photographs, many previously unpublished, to detail the airport.

Holden is an aviation historian, freelance aviation writer and prolific author. He has authored "Newark Airport" and is currently co-writing "Morristown Airport."

Signed copies of "Teterboro Airport" and "Newark Airport" are available at the NJ Aviation Hall of Fame. The price is \$21.99 each. Mr. Holden will be available to sign his book during Open Cockpit Day, April 3rd from 1 p.m. to 4 p.m. For more information about Mr. Holden, go to: www. henrymholden.com The books are published by Arcadia Publishing -- Images of Aviation Series: www.arcadiapublishing.com ###

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Green Thumb Headquarters

HHGC to Discuss Spring Clean-up

The Hasbrouck Heights Garden Club will be meeting on Thursday evening, April 15, 2010, at 6:45 p.m. The meeting will be held on the second floor of the Municipal Building located at 320 Boulevard in the Library Community Room.

Spring clean up is upon us, so if you have any questions or suggestions to make it easier, come with your thoughts and ideas and maybe they will be able to help you.

The meetings are always open to the public. Come with a friend and find out what the Garden Club is all about.

Refreshments will be served at 6:45 p.m. followed by a short meeting. If you have questions, call Judy at 201-288-2615. ###

Felician Sisters Celebrate Earth Day

The 40th Anniversary of Earth Day will be commemorated with a program of prayer and song at the Felician Sisters' Peace Site on April 22, 2010 from 12:15 p.m. – 12:45 p.m.

The peace site has been in existence for over 25 years and is located as you enter the Felician Sisters' property at 260 South Main Street, Lodi.

All are invited to join in the spirit of St. Francis of Assisi, to strive for a deeper commitment to a peaceful coexistence with the earth and all its creatures. ###

Gazette Readers Want To Know: If your organization is planning an "Earth Day" activity, please let us know by April 15th.

Chamber/Garden Club Boulevard Beautification

Beautiful flowering planters have adorned The Boulevard for the past four years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the HH Garden Club, invites businesses and residents to sponsor a flower pot with planting to be placed along The Boulevard during 2010.

Cost is \$175 and includes the purchase of a fiberglass pot, soil, mulch and plantings. Cost is \$40 to replenish the planting of an existing pot. Any donation is welcome.

The work will be done by the Garden Club at the DPW after the May 15th frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season. After the summer, the DPW will collect the flower pots and store them for the winter.

Green thumb volunteers are welcome to help with the initial planting. Recognition for sponsors is located in the Municipal Complex. Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information.

Full Pink Moon

The April full moon will appear on Wednesday, April 28, 2010, at 12:21. It is called the "Full Pink Moon."

According to the "Farmer's Almanac," this name came from the herb, moss pink, or wild ground phlox, which is one of the earliest widespread flowers of the spring.

Other names include the "Full Sprouting Grass Moon," the "Egg Moon," and, among Coastal tribes, the "Full Fish Moon," because this was the time that the shad swam upstream to spawn.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

The Gazette Newspaper is printed on 37% recycled newsprint. Please recycle your newspapers after reading.

Earth Day 40 April 22, 2010

Earth Day Network's "Green Generation" campaign is a two-year initiative that launched in 2009 and culminates on the 40th Anniversary of Earth Day in 2010.

Similar to "The Greatest Generation" that confronted the challenge of World War II that inspired the major societal changes that followed, the "Green Generation" includes ordinary people engaged in individual and collective activities to improve their health, improve their schools, and participate in building a solution to urgent national and global issues, such as climate change or the world's water crises.

The "Green Generation" is open to everyone: people of all ages and all nationalities, consumers who are committed to buying green; community leaders who are focused on greening their communities.

Get involved: go to: http:// www.earthday.net/greengeneration ###

St. John's Annual Plant Sale & Flea Market

Mark your calendars! Spring is here and it is time to start planning your garden.

This year, St. John's Plant Sale will be held on Saturday, May 1, 2010, from 9 a.m. to 3 p.m., on the lawn. As in previous years, all plants are grown in optimum conditions and are hand picked at the nursery by experienced gardeners.

Flowering plants, hanging pots, and vegetable plants will be offered for sale.

Prepaid orders are \$10.75 per flat (a flat contains one kind/one color) and 4 1/2" pots are \$2.60 each. Prepaid orders can be picked up at the Parish Hall on Friday, April 30, 2010 from 7:30 to 9 p.m.

Pre-order forms are available by calling Gale at 201-288-0002 before Sunday, April 25, 2010 and leave a message. All plants are reasonably priced and of the highest quality. ###

Copy for the May Issue is due April 10th.

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The Gazette Newspaper
are available on-line at:
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Keep your family safe: Check for product recalls

The Hasbrouck Heights Fire Prevention Bureau recommends that you periodically check the US Consumer Product Safety Commission's web site for recent recalls and product safety news at: www.cpsc.gov

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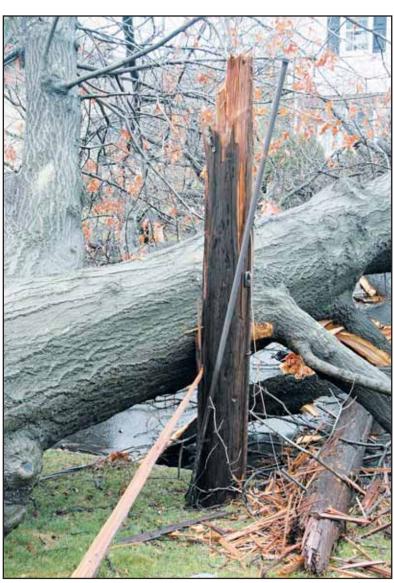
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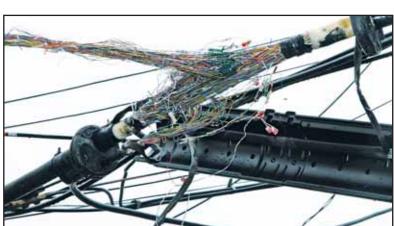
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Classic Nor'easter Wrea







By Meteorologist Dan Ventola

I was sitting in my office at Teterboro Airport, analyzing the usual set of data on Friday morning, March 5, 2010.

This is our normal routine, to analyze current data and "computer model" output. That is, the computer's "thinking" so we can combine our own years of experience in weather forecasting with what the "models" think may happen.

Maps and alphanumeric data spewing out of our computers, all data reviewed, I began to get a bit concerned at that early stage (over one week before our big storm hit).

I noticed some rather interesting tidbits, some hints that there were pockets of energy building in the atmosphere well west of here, way up at 20,000 feet over the eastern Pacific Ocean.

This is the jet stream. A river of air several miles up in the atmosphere. I noticed a "jet streak"... this is a stronger than normal packet of wind.

First of all, the "normal" wind speed just at 20,000 feet up in the sky (that's only about 4 miles up), is generally 50 to 100 mph.

In fact, right now as you read this, the wind is at that speed just 4 miles up. Did you also know it's always quite cold only a few miles up, temperatures are normally around 10 to 20 below zero (F) at this time of year.

Even in the summer while you are sitting on the beach and it's 85 degrees, it's only zero to 5 degrees up at 20,000 feet...but I digress.

OK, you want to know why I am harping on this upper level air... getting back to my analyses of the upper air last week, that jet stream appeared and was indeed quite strong over the west coast

and the eastern Pacific Ocean, winds aloft of upwards of 150 to 175 mph (not unheard of at that level in the atmosphere but strong none-the-less).

That was ingredient number one as to our recent weekend storm.

Ingredient number two began to form a few days later, a surface storm, a regular low pressure system over the Ohio River Valley.

I hesitated on March 5 (one week prior to our March 13 storm) until I was more certain before I began notifying my clients of the "potential" of what may happen on March 13.

It appeared to me that both ingredients would merge on the east coast to make a very strong Nor'easter.

That happened! On Friday morning, the "gale center" began to explode just to the east of the Delaware shoreline.

The storm then slowly moved northward right into our backyard as it attained much strength.

Again, before that... on Monday, March 8, I started pumping out faxes and emails to our clients (including Teterboro Airport's Jet Aviation, Hasbrouck Heights Police, DPW and School District -- the latter three I donate my services to) and many other clients in the NJ/NYC metro area.

"HIGH WIND AND HEAVY RAIN FOR SATUR-DAY" stated our forecast forms (among much more information), I and my employees studied the weather data and continued to pump out the updates as the storm neared.

Then, 2 days before the "event" we knew winds were likely to reach at least 55 to 65 mph and that at least 2" to 4" of rain would fall.

Then the onslaught began,



by late night Friday night into the overnight hours and right through the day Saturday and Saturday night, my weather instruments atop my house in Hasbrouck Heights matched the same readings at Teterboro Airport, WINDS GUSTED TO 65 MPH HERE! RAIN TOTALED

And all this coming at a bad time, when our ground was weary from previous snow storms, the trees were weakened by recent heavy snows, it was just bad timing.

These ingredients came together and boom, several hours of chaos, especially late Saturday afternoon/early Saturday night when the wind peaked at 65 mph, some spots probably reached 70-75 mph here but we only have so many recording devices around so not each gust in each part of town was measured.

Let's just be happy the winds were not 100 mph. It would have been twice as bad. Bergen County is not used to this type of wind speed and what the BIG factor is ...was the winds were so consistent.

I had gusts frequently to 40-50 mph ALL DAY into the night with those peak gusts as mentioned to 65 mph or so.

Oh what a storm! One for the books. One I will never forget and for many in town, I am sure you feel the same way. This winter's been busy for us weather guys. I need a vacation! A place with NO wind and NO rain or snow! ###

Hasbrouck Heights resident Dan Ventola is a meteorologist and President of The National Weather Station with its main location at Teterboro Airport.

For information on how to subscribe to the service (if you are a DPW, contractor, private company) contact Dan Ventola at dan@nationalweatherstation or call him at 201-288-1824.

Company information: www.nationalweatherstation. com ###



aks Havoc in Our Area



Nor'easter, Cyclone or Hurricane?

Nor'easters form in northern latitudes and are much different than hurricanes. Nor'easters are regular cyclones or low pressure systems. A cyclone is simply a cyclonic circulation center. We get "cyclones" all the time. It's another word for cyclonic or winds spiraling inward toward its lower pressure. A hurricane is a "warm core" center of low pressure that derives in the tropics. Hurricane force winds are 74 mph or more.

If it were a Blizzard...

10:1 ratio is the general rule of thumb (1" of rain equals about 10" of snow). If this were snow, we would have gotten 30-35", and it would have easily been classified as a blizzard due to strong winds.









Fitness Tips

By Joann Glussich

7 Reasons Why You Can't Lose Weight

There are few things more frustrating than not being able to lose weight. You want to be slimmer and to tone your body, but your weight won't budge.

Read the following 7 Weight Loss Blockers to discover what is standing in your way.

Blocker #1: Your Mind

Your mind is your number one ally when it comes to achieving your goals. However, until your mind has been programmed for success, it will do more to derail your efforts than to help you.

Take a few moments each day to visualize yourself at your ideal weight. Imagine how it feels to look the way you've always wanted. If a negative thought comes to mind, immediately reject it.

You want to be thin and fit, and yet you think of yourself as out-of-shape and fat. Reprogram your mind to think of yourself as fit and attractive, and you will be well on your way toward achieving your goal. See it first in your mind, and then in the mirror.

Blocker #2: Your Fear

Change makes most of us nervous – even if it is a change in the right direction. You may not be consciously aware of the fear you have of getting into shape. Until you conquer this fear, your weight loss efforts will be blocked by self sabotage.

Professional speaker and author, Anthony Robbins, has outlined three specific beliefs that you must have in order to conquer your fear and instantly create a lasting change.

Believe that something MUST change. Believe that YOU must change it. Believe you CAN change it.

Blocker #3: Your Excuses

Don't skip out on your responsibilities with excuses; instead, expect more from yourself.

Focus on the big reason why you are losing the weight. Make a list of the benefits you'll enjoy once you achieve your goal, and read them first thing each morning.

Blocker #4: Your Commitment

We live in a commitmentphobic world, so it's no wonder that you routinely abandon your goals. If you truly want to lose weight, then your commitment to the process is a must.

The margin between success and failure is bridged by your commitment. Don't give up until your goal has been achieved.

Treat exercise with the same importance as a work meeting, and you'll never skip it at the last minute. Stick to your schedule. If you don't give up, then you'll never fail.

Blocker #5: Your Diet

If you consistently eat the wrong food, then your weight loss efforts will all be in vain. Processed foods, refined sugar and high fructose corn syrup do not belong in your diet if you want to be in great shape. Cut these items out of your diet and replace them with real whole foods like lean meats, vegetables, whole grains, nuts and fruits.

Fat contains twice the caloric density of protein and carbohydrates, so make sure to limit the amount that you consume. Eat lots of lean proteins and wholesome carbohydrates from plants and whole grains.

Vegetables, whole grains, fruits, nuts and seeds are filled with fiber and antioxidants which are vital for healthy weight loss. Snack on these instead of packaged treats.

Blocker #6: Your Patience

Remind yourself that it took time to put the weight on, so it will take time to take the weight off. When you find your patience wavering, or when you encounter a frustrating plateau, do the following:

Review your goal. Is it specific and measurable? Is

it small and attainable, rather than monumental? Focus on your goal when the going gets tough

Make each workout a new experience. Challenge your body with different resistance, new exercises and a varied pace.

Remember that anyone can have one great workout, but that won't get you the body you want. The only way to achieve your goal is by consistently exercising and eating right, plain and simple.

Blocker #7: Your Support

People who exercise alone are less challenged, less accountable and are more likely to fail. It makes sense. Who would rush to the gym if no one was waiting for them? Who would push themselves if no one was paying attention? Exercising alone is a recipe for disaster.

Find a workout partner who is in better shape than you, or better yet, work with me, your local fitness expert, to guarantee your results.

I'll be in your corner, coaching you each step of the way, keeping you accountable to workouts and giving you that dose of encouragement when you need it most.

Get serious about your results and begin the last weight loss program that you'll ever do.

Joann Glussich, Certified Personal Trainer and owner of Contours Express, 1 South Main Street (Lodi Mall), Lodi, NJ 973-777-4494, www.contoursexpress.com/lodinj ###

Real Estate Insight

By Mary Ellen Courtney



Open Houses: A Learning Experience

This time of year, when prospective buyers are getting 'warmed up' to the market-place, they frequently start by viewing open houses on the week-end. It's a fairly good way for them to calibrate themselves and get some exposure on just what the local market is bearing.

Open house tours that mix apples, oranges and (pardon the pun) lemons can, however, prove to be confusing. The prospective buyer needs to be systematic, choosing his/her open houses in a strategic manner. The following are few considerations that, I think, buyers ought to keep in mind.

- 1. There is a general formula for determining value and ultimate sales price: Size + Condition + Location (+/-sometimes for style) = Price.
- 2. Asking prices are created by the seller and the seller's agents. The asking price can be way, way above, or near, or even a bit below the final sale price.
- 3. Price varies dramatically from town to town. More expensive towns, by and large, have school systems that have a better reputation than less expensive towns. Price also varies wildly by condition. Location, on a micro level matters too; houses in too dense

an area, on busy streets, or too near commercial areas are worth less than their quiet comparables.

Therefore, the open house tour should be devoted to searching one parameter at a time. Search within a price range that is fairly narrow, stick to a town, stick to a type of house or size of house (no point to seeing new construction and a 'handyman special' on the same tour)...well, you get the point.

If a buyer jumps from an 'A school' town to a 'C school' town, seeing a 1,200 SF house in the 'A' and a 1,500 SF house in the 'C', the C house might still be cheaper. But what did the buyer learn? Nothing.

If, however, the same buyer goes to all 1,200-1,300 SF houses in both towns, he/she will bet a better sense of two things: Is 1,300 SF big enough? How much more will it cost to live in the A town? By doing this kind of open housing, a prospective buyer can gather useful information about what the market is bearing.

Now that spring seems to be pushing up under the mulch, take advantage of the variety of open houses and choose a tour that teaches you something.

Mary Ellen Courtney is owner of Gateway Realtors, 201-288-0004. www.Gateway-ToHomes.com ###

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Pharmacist Corner

Bone Health

By Liana Mark

Forty four million Americans are affected by osteoporosis and osteopenia. Because there is no cure for this condition, prevention is key. The first step to prevention is awareness – be well informed and strengthen your bones today.

What is bone?

Bone is living, growing tissue that is mostly made of collagen. Collagen is a protein that provides a framework for the bone; collagen is strengthened by calcium phosphate. More than 99% of the calcium in the human body is contained in the

bones and teeth.

Throughout life, bone is renewed through a process called remodeling. During the first step, which is called bone resorption, old bone tissue is broken down. The second step is bone formation during which new bone tissue replaces the old. Both bone resorption and formation are regulated by hormones in the body. Bone mass peaks around the age of 20; after this point, bone begins to break down faster than it is formed

How is bone mass measured?

Bone mass is measured using a bone density test, or DXA.

Bone density is a measurement of the level of minerals in the bone, which indicates how strong they are. The test is not a blood test, rather it is a low dose X-ray that is fast and painless. The patient lies on a table as a machine X-rays the hip and spine. The test result is reported in the form of a T-score, which indicates how much the patient's bone mass deviates from the average bone mass of a healthy adult.

What is osteopenia?

Osteopenia is a condition of the bone in which bone density is low, but not low enough to be classified as osteoporosis. T-score is between -1.0 and -2.5

What is osteoporosis?

Osteoporosis occurs when bone removal occurs at a faster rate than bone formation and is indicated by a T-score less than -2.5. It is a disease of the skeletal system defined as low bone mass and deterioration of bone tissue. Osteoporosis leads to an increased risk of bone fractures, typically in the wrist, hip, and spine.

Who is at risk for osteoporosis?

Women are more likely to develop osteoporosis because women generally have smaller, thinner bones than men do. Additionally, estrogen has a protective effect on bone, and women can lose bone tissue quickly in the first 4 to 8 years after menopause due to the sharp decline in estrogen production. However, by the age of 65, women and men tend to lose bone tissue at the same rate, so men should be mindful of prevention, as well. Other risk factors include a family history of osteoporosis, low body weight, and a history of broken bones in adulthood.

How can I prevent osteoporosis?

- Eat a balanced diet rich in calcium and vitamin D - Good sources of calcium include dairy products, dark green leafy vegetables, calcium fortified foods, and nuts. Calcium supplements are also available as pills, capsules, chewable tablets, chewable candies, and powders. The recommended amount of calcium varies based on age, but is between 1000 mg and 1300 mg per day for adults. The recommended amount of vitamin D ranges from 800 - 1000 international units per day.
- Perform weight-bearing exercise Weight-bearing exercises work against gravity; in response, bone becomes stronger. Examples of weight-bearing include walking, jogging, tennis, climbing stairs, and weight lifting. Activities like swimming and bicycling are

not weight-bearing, although they do have excellent cardiovascular benefit. Adults should engage in at least 30 minutes of moderate physical activity on most days of the week.

- Avoid smoking and excessive alcohol intake Both smoking and excessive alcohol use are directly related to decreased bone density.
- Bone density testing This test can help identify osteoporosis before any fracture occurs. Results of the test can also help decide if medication is necessary.
- Medication, when appropriate – Some medications prevent bone breakdown, and some promote bone formation. Examples of medications that prevent bone breakdown include bisphosphonates (Fosamax® (alendronate), Boniva® (ibandronate), Actonel® (risedronate), Zometa® (zoledronate)), calcitonin, estrogen, and selective estrogen receptor modulators (Evista® (raloxifene)). Parathyroid hormone is the only medication that promotes bone formation.

Where can I obtain more information on bone health?

- Your physician or pharmacist
- Centers for Disease Control and Prevention (www.cdc.
- National Institutes of Health (www.niams.nih.gov)
- National Osteoporosis Foundation (www.nof.org)
- American Bone Health (www.americanbonehealth.org)

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Hasbrouck Heights Library Sponsors "Eating for Energy" Seminar

The Free Public Library of Hasbrouck Heights will sponsor a seminar entitled "Eating for Energy." Explore ways to tailor your eating routine to maximize your energy levels. This free seminar will be held in The Library's conference room at 320 Boulevard from 7 to 8:30 p.m., on Thursday, April 8

The speaker is Agata Repice, a Health Counselor and Therapeutic Acupressurist. She is certified by the Association of Drugless Practitioners. Ms. Repice takes a holistic approach to nutrition.

She is prepared to answer such questions as: Do you have trouble getting out of bed in the morning? Do you rely on coffee and sugar to get you through the day? Do you experience an energy crash in the middle of the afternoon? Do your energy levels plummet when nighttime rolls around? Learn about solutions to these and other questions related to food and your energy levels.

Call 201-288-0488 to register or log on to http://hasbrouckheights.bccls.org and go to our calendar. ###

Please mention to our advertisers that you saw their ad in The Gazette Newspaper.



Reflections

Maunday (from the latin

word "mandatum") Thursday,

or Holy Thursday is, the rev-

elation of God's love through

the commanding of service,

sharing, forgiveness, and rec-

onciliation demonstrated by

Jesus through the act of foot

washing and the sharing of a

meal or breaking of the bread

(John 16). The Table could

not have been more conflicted.

Amongst those sitting at the

Table was a traitor, a disowner,

the doubtful, those seeking sta-

tus, and the fearful (Were you

there?). Nevertheless, Jesus'

love was present and made

visible to ALL through His

example regardless of what was

Holy Friday presents a

about to occur.

The Easter Conflict Within Ourselves

Iraida Ruiz de Porras, Pastor First United Methodist Church, Hasbrouck Heights

Did you know that the (Luke 19:39-40). Lenten season right up to Easter Sunday is all about conflict? On Ash Wednesday we recall Scripture from Matthew 6 which suggests that Jesus' teachings on giving to the needy, fasting, and prayer are guidelines as to how to love unselfishly so that we not be called hypocrites for falling into selfish and arrogant behavior; a conflict within ourselves. To give selflessly, pray honestly and sincerely, and to fast without announcement brings upon us rewards treasured in heaven as opposed to the worldly recognition that only feeds our ego and destroys.

Later on in the Lenten season, the disciples follow Jesus' instructions as to bringing the donkey and the colt, symbol of honoring through the offering of the first-fruits, to which later on the crowd offer their cloaks and palms for Jesus to walk on (notice that the palms or tree branches were not waved as form of praise). The Triumphal Entry, also known as Palm Sunday, demonstrates the conflict amongst the crowd: to shout or not to shout; to praise or not to praise; and if so, for what? Do we shout and praise for the miracles performed, because we are going through the motions, or because we truly believe Jesus is the Son of God?

Free Lunch April 3

This program is an expansion of the First Presbyterian Church of Moonachie's ministry of feeding hungry bodies and hungry hearts, and will continue on the first Saturday of every month throughout the coming year. If the economy's got you down, or you want to share a meal with others, come and be a part of the fun!

The next opportunity is April 3, beginning at 11:30 am. If you need a ride, please call Tina Williams at 201-952-4734. There is no charge and there are no strings attached! Everyone is welcome. ###

The ultimate success story begins with finding God

conflict with resolution: an opportunity rejected by one and received by the other who would shortly be in Paradise with Jesus (Luke 23:39-43) and the identification and acknowledgment of the conflicted Centurion who after experiencing what had happened confessed that Jesus was truly the Son of God (Matthew 27:54).

Today many people around the world remain conflicted because they are not able to experience God's unconditional love as ever present and eternal. God's love is there for you and for me unveiled to us by God's self through Jesus. The conflict lies within us in that we feel unworthy of God's love because we think we have to deserve it through good deeds or our own merits. The conflict to accept or not God's love, a gift, regardless of what we think of ourselves, lies within our own self and this keeps us from shouting and praising with assurance on Easter Sunday.

Give up your conflicted self, open your heart to God's love, receive it, experience it, share it! Then rejoice wholeheartedly in blessed assurance in song and praise and celebrate "Hallelujah! He is risen for you and for me!" ###

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8:30 a.m. Early Worship Service (Traditional)

11:00 a.m. Morning Worship Service (Contemporary)

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Rev. Bill Hegedus, Pastor

Sunday

Rev. Msgr. Lewis V. Papera, Pastor

Rev. Raymond M. Holmes Rev. Jerzy R. Zaslona

Rev. Msgr. Martin O'Brien

Deacon Vincent DeFedele

Sunday Obligation Masses:

5:00 p.m. Saturday (Chapel)

7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),

Church Schedules: Hasbrouck Heights

12 noon (Chapel) and 6:00 p.m.(Chapel)

Daily Masses: (Church)

Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m. **Reconciliation (Confession):** Sat. 4-4:45 p.m. Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html School: www.corpuschristischool.net

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Monday - 7:30 p.m., N.A. Women's Meeting Tuesday & Friday - 12 noon, N.A. Meeting

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Friday - 7 p.m. Contemporary Family Service

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92 Burton Avenue, HH • 288-6889 Pastor Rev. Susan Nelson-Colaneri

9:00 a.m. - Holy Communion

10:00 a.m. - Sunday Church School

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Rev. Edward J. Glasser, Assoc. Minister **Sunday** - 10:00 a.m. Morning Worship

Communion-- first Sunday of the month



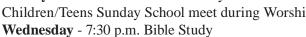
Church Schedules: Little Ferry

EVANGEL CHRISTIAN CHURCH

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Rev. Veronica M. Pearson, Pastor

Sunday - 9:00 a.m. Adult Bible Study • 10:30 Worship Children/Teens Sunday School meet during Worship Service

















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Rev. Mr. Steve Marchese, Deacon

Sunday Obligation Masses:

6 p.m. Saturday

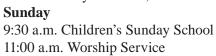
7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m. Daily Masses: 7:00 a.m., Noon • Holy Day Mass Eve: 7 p.m. **Reconciliation** (Confession): Sat. 4:30 - 6:00 p.m.

Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Church Schedules: Moonachie

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31 Chamberlain Ave., Little Ferry • Office: 201-641-2988 Rev. Arthur Frank Humphrey, Pastor

Sr. Dorothy A. Donovan, S.S.J, Pastoral Associate

Sunday Obligation Masses:

Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon Daily Masses: Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m. Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m. Rosary for Peace: First Saturdays after 9 a.m. Mass Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

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Fr. Thomas Kelly, OFM

Deacon Nicholas Valdez

Sunday Obligation Masses: 5:30 p.m. Saturday

8:00 a.m., 9:30 a.m., 11:00 a.m.

Daily Masses: (Church)

Mon., Fri., Sat.: 8 a.m. • Tues., Wed., Thurs.: 7:30 a.m.

Holy Hour: Friday after 8 a.m. Mass

Sacrament of Penance: Sat. 11:00 - 12:00 p.m.

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Sunday

9:30 a.m. Worship Service

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Storm Doesn't Stop Knights Dinner

13, 2010 will long be remembered because of the weather. High winds and heavy rain pounded our state. Trees were down, some homes lost electricity and in some homes the water pressure was low. Yet the Corned Beef Dinner sponsored by the St. Anthony Council #11585 Knights of Columbus in Wood-Ridge still attracted over 100 courageous supporters.

The dinner was catered by Jahn's Delicatessen located in Wood-Ridge. The meal consisted of corned beef, cabbage, boiled potato, Irish soda bread,

Chastain Celebrates Ordination & Birthday

On April 18, 2010, at 3 p.m., there will be a celebration of Reverend Kimberly Chastain's 25th anniversary of Ordination & 50th birthday at United Presbyterian Church of Lyndhurst. Everyone is welcome. It would be good to have you with us! ###

Pray for Peace

For many people, March along with various desserts and beverages.

Those Knights that helped out at the dinner were PGK Donald Callahan, Brian Costa, Antonio Cunha Jr., Jeff Fucci, PGK Peter Gallo, Anthony Giuseffi, Thomas Gonnella, Gary LePorta, PGK Frank Materia, Ronald Michels, PGK Russell Petrocelli, Edward Pfiefer, Stephen Sarracino, Chairman Edward Schmidt, and GK Angelo Urato. Story and photo by Peter Gallo Jr. ###

Divine Mercy Sunday

Divine Mercy Sunday will be celebrated in Assumption Church, 143 First Street, Wood-Ridge, NJ on Sunday, April 11, 2010, at 2:30 p.m., with exposition of the Most Blessed Sacrament, Divine Mercy Praises, Chaplet and Benediction.

Father Robert Langdon will be the celebrant and guest speaker. After the service, there will be veneration of a first class relic of St. Faustina. ###

They perform on a five octave set of Schulmerich handbells, which includes a total of 61 bells, and a three octave set of

Schulmerich choirchimes. seven years, advanced handbell ensembles from Gordon Street Christian Church have rung at the White House, Kennedy Center, the 200th Anniversary of the Constitution, The CWF Quadrennial Assembly, Regional and National Assemblies of the Christian Church, and in November 2003, for the General Assembly of the Christian

Their concert tours have taken them up and down the

Spring of 2005.

Eastern Seaboard where they have rung in Churches, retirement homes and public build-

Church (DOC). They were

selected to present a stage per-

formance inside the American

Adventure Pavilion's Rotunda

in Epcot at Disney World in the

ings. ###

The Truth Project

The biblical worldview that the founders of this nation believed in has been slowly eroded and replaced in our schools, homes and daily life with a humanistic view that leaves no room for a loving, creative God.

The Truth Project, produced by the Focus on the Family organization, is an exciting 12 week DVD series that presents biblical truth applicable to all areas of our lives and culture.

This series, sponsored by Evangel Christian Church of Little Ferry, NJ and taught by renowned professor, Dr. Del Hackett, will be presented free of charge on Fridays at 7:30 p.m., at the home of Faith & Ray Pressler, in Little Ferry, starting April 9, 2010.

For further information and to make reservations, call Faith Pressler at 201-440-1140.

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Daisies Brighten Leisure Club

More than 80 seniors attended the Leisure Club meeting held on March 10, 2010. The main topics discussed were the 60th Anniversary Luncheon planned for April 14, 2010 and the trip to The Brownstone to see the "Ace in the Hole" production, "American Bandstand" on April 20.

The club was organized in 1950, the same year that 'Dunkin' Donuts' was founded in Quincy, Massachusetts by William Rosenberg. To celebrate their anniversary, the Recreation Department of the Borough will be hosting a ziti and meatballs luncheon for all paid up members of the club. The members will also be entertained by Mind Reader, Flavian.

A day trip has been planned for April 20, 2010. There the members will be treated to a dinner and a show. The cost is \$48 per person. The bus will leave the center at 10:30 a.m. that morning.

The rest of the meeting was devoted to reviewing the many social activities that will be taking place in our community during the next few months. Various clubs and organizations will be sponsoring luncheons that many of the club members attend.

For refreshments, the members were treated to Irish Soda Bread compliments of the Junior Women's Club and cupcakes purchased by the Club. The food was fresh and delicious.

At 3:30 p.m., the members were entertained by Daisies Troop 517. The troop consists of eight girls from Euclid School's First Grade.

They interacted with the seniors, requesting information on such topics as what games did the seniors play when they were youngsters, how was school then and did they have a special toy.

The seniors enjoyed every moment they spent with the girls. The Daisies had no difficulty chatting with the seniors.

They also provided refreshments and were willing to play BINGO with the seniors. Story by Peter Gallo Jr. Photos by Marie Gallo. ###

Jersey Shore Author Presents an Ocean of Information

Author, photographer, and lecturer, Kevin Woyce, presented his "History of the Jersey Shore" slide show / lecture at the Central Bergen Chapter #418 AARP meeting on March 12, 2010.

Mr. Woyce is the author of two books, "Jersey Shore



History & Facts" and "Hudson River Lighthouses & History." The information from both of these books was used in his presentation.

He discussed the need for the lighthouses and the importance of their placement along the Jersey Shore. He also explained how many of the Jersey Shore towns got their unusual names.

Mr. Woyce went over the history of the elephant-shaped building in Margate and the ships that were built with concrete. Some of the other topics

discussed were the many shipwrecks, some old hotels, the abandoned forts, the boardwalk and other historical landmarks.

The members present were overwhelmed by his limitless knowledge of New Jersey and his excellent slide presentation.

The next meeting of the Central Bergen Chapter #418 AARP will be held on Friday, April 9th at the M & M Building in Hackensack. New members are always welcomed. Story and photo by Peter Gallo Jr. ###

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April 2010 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, April 5, 12, 19, 26

10:00 a.m. to 1:00 p.m. Games, cards & coffee

Tuesday, April 6, 13, 20, 27

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, April 21, 28

10:00 a.m. Wii Bowling League

2:00 p.m. Senior Paced Aerobics \$1.00

Thursday, April 1, 8, 15, 22, 29

10:00 a.m. to 1:00 p.m. Games, cards & coffee 2:00 p.m. Senior Yoga \$1.00

Friday, April 9, 23

10:00 a.m. Fun Bingo

1:00 p.m. Movies

Check Center Bulletin Board for listings

Friday, April 16, 30

10:00 a.m. Games, cards & coffee

The Center will be closed on Good Friday, April 2nd

CLUB MEETING SCHEDULE

Wednesday, April 7

10:30 a.m. Leisure Club Executive Meeting

Wednesday, April 14

Leisure Club Meeting 12 to 4 p.m. 60th Anniversary Luncheon

UPCOMING EVENTS

Leisure Club 60th Anniversary Party

All paid up members will be treated to: pasta with meatballs, salad, dessert, coffee, tea and soda at the Center starting at noon on Wednesday, April 14, 2010. Entertainment by Mind Reader, Flavian.

American Bandstand: The Brownstone, Tuesday, April 20

Price includes four course all you can eat feast served family style, transportation, gratuity and show. \$48 per person. Limited tickets to be sold. Call Joe at 201-288-1143.

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Let Everything that has Breath Praise God

On Friday, March 5, 2010, at 1:00 p.m., World Day of Prayer Ecumenical Services were held at First Reformed Church in Hasbrouck Heights.

For 2010, the women of Cameroon developed the theme, "Let everything that has breath praise God."

The invited us to "Africa in miniature," a country rich in diversity, where climate and culture are widely varied, but where people are bound together by a love for music, family and faith.

The worship service em-

the people of Cameroon place on music, and celebration in their praise to God.

Music is a powerful unifying tool that brings people of all faiths together in the Lord's

The hour long service inphasized the importance that cluded prayer, music, a slide presentation and was followed by light refreshments.

World Day of Prayer (WDP) is a worldwide ecumenical movement of women of many faith traditions who come together to observe a common day of prayer each year on the first Friday in March -- to which all people are welcome.

Throughout the entire day, women in more than 170 countries and regions, collectively pray all over the world, beginning with the first sunrise and ending at the last sunset. These prayers follow the sun's path around the globe. WDP's motto is "Informed prayer leads to prayerful action.'

Through World Day of Prayer, women affirm that prayer and action are inseparable and that both have immeasurable influence in the world. WDP brings together women of various races, cultures and traditions in closer fellowship, understanding and action throughout the year, becoming aware of the whole world and no longer living in isolation.

A different country is represented each year. On March 6, 2011, the women of Chile, will invite us with the theme: "How Many Loaves Have you?" For more information go to: www.wdpusa.org ###

Leisure Club Celebrates 60th Anniversary

It was the year the NY Yankees defeated the Philadelphia Phillies in the World Series. The year "South Pacific" won the Tony for the best Broadway musical. It was the year of the first successful kidney transplant and the year that Mc-Carthyism began. It was also the year the Korean War began.

A gallon of gas was 18 cents; and you could purchase a new car for \$1,510. In that year, the first Xerox machine was produced and the first selfservice elevator was installed; also, President Harry S. Truman ordered the development of the hydrogen bomb and later that year, a group of Puerto Rican nationalists attempted to assassinate him.

All this happened around the world in 1950, and here in Hasbrouck Heights a group of women felt that their community was in need of a senior citizens organization.

On April 18, 1950, under the auspices of the Borough of Hasbrouck Heights Recreation Commission they organized a senior citizens group. It was named "The Leisure Club 'Senior Citizens' of Hasbrouck Heights." Membership was

open to all residents of Hasbrouck Heights who were 60 years or older. The object of the Club was to promote good fellowship among all seniors.

Monthly meetings were held in various Church meeting halls. Refreshments and entertainment were provided by one of the various clubs, organizations or religious groups in Hasbrouck Heights. The Recreation Department sponsored many social and recreational activities for the group.

As membership and participation increased, larger quarters were needed. In 1982, arrangements were made to use the school cafeteria at Corpus Christi Church. The meetings were held on the second Wednesday of the month. In 1984, the Club applied for and received a Certificate of Incorporation from the State of New Jersey under the name of "The Leisure Club of Hasbrouck Heights, Inc.'

In January 2004, the Club moved to its present location, "The Senior Center," in the Municipal Building. From its beginning and to this date, the Recreation Department has helped to subsidize many of the recreational and social activities of the Club.

Today's Club serves as a forum for the exchange of ideas among senior citizens. It strives to provide information on issues concerning senior citizens as well as offering congenial and cooperative activities that will be of interest to its residents.

At monthly meetings, entertainment with coffee and dessert, is provided. The entertainment ranges from talks about health care, what special services are available to seniors and other current information that affects the seniors. There are also programs presented by musicians, vocalists, magicians and senior citizen dance groups.

Day trips and week long trips are planned; and a holiday party is scheduled at a local

On Wednesday, April 14, 2010, the Leisure Club of Hasbrouck Heights, Inc. will celebrate its 60th Anniversary. A special ziti and meatball luncheon will be furnished to the members by the Hasbrouck Heights Recreation Depart-

The Recreation Department has made the Senior Center a place for all Hasbrouck Heights seniors to enjoy varied activities and luncheon parties. Some of these activities are Line Dancing, Senior Aerobics, Senior Yoga, Advanced Senior Yoga, Card Games, Bingo, Wii Bowling and Movie Day. Story by Peter Gallo Jr. ###

Seat Belts Save Lives



About the Kanga

One-of-a-kind kangas have been specially made for WDP USA by women's groups in West Africa. Kangas are handmade, dyed cloths that are traditional symbols of unity, celebration and praise in Africa. They are designed for each celebration specifically, and may be worn as shawls or wraps, as skirts or dresses. They also make beautiful tablecloths and wall hangings.



Rev. Katherine Ellison prepared a display of African art and a photo album from her many trips to Africa.

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Lodi Fire Department 2010 Chiefs Dinner

The Lodi Fire Department held their 2010 Chiefs Dinner on February 20, 2010, at The Brownstone.

The 2010 Lodi Fire Chiefs are: Fire Chief Greg Telep, First Assistant Chief Anthony Maiolo, 2nd Assistant Chief Lou Avola and 3rd Assistant Chief Matt Lombardi.

The Master of Ceremonies was Ex-Chief Robert Cassiello. First Assistant Chief Anthony Maiolo led the Pledge of Allegiance, followed by the Chaplain's Blessing by Pete Christiana.

Cassiello introduced the Mutual Aid Chiefs from Elmwood Park, Rochelle Park, Garfield, Saddle Brook and Maywood; Mutual Aid Coordinators Chief Ron Phillips, Zone 3 Coordinators Pete Donatello and John La Barera, Central Bergen Mutual Aid Coordinator Ron Pressler and Bergen County Fire Marshall Bryan Hennig.

Speakers included: Borough Manager Tony Luna, Mayor Bruce Masopust and Councilman Marc Schrieks.

Presentations were made to Chief Greg Telep by each Truck, Hose and Fire Company, Mayor and Council, Police Chief Vincent Caruso, Lodi Ambulance Rescue Squad Mike Interdonato and Fire Prevention Marshall Paul Wanco and Sherri Ciarocco.

The Lodi Fire Chiefs made a special presentation to Chief Telep's wife, Cathy.

Robert Cassiello acknowledged the presentations given by the Mutual Aid Chiefs to Chief Telep.

Chief Greg Telep made concluding remarks, followed by the Chaplain's Benediction by Ex-Chief Frank Corso, Jr.

DJ Entertainment for the evening was Anthony Wayne Entertainment.

Dinner was served, followed by a Department video presentation honoring the Chief. At the conclusion of the video, 17 members of the Bergen County Firefighters Pipe Band took center stage, playing contemporary tunes on the drums and bagpipes -- to the delight of all that attended. ###

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Pipers Rock

One hears the skirl of the bagpipes and the rapid cadence of the snare, tenor and bass drums. Are you in Edinburgh, Scotland?

No, it's Bogota, NJ. It is Thursday evening practice of the Bergen County Firefighters Pipe Band (BCFPB), under the direction of James Schmitt, meeting at the Ralph H. Hall Post 5561 V.F.W. Hall.

The band was formed in 1996. All Bergen County fire departments received a letter announcing the formation of the BCFPB. All firefighters interested in learning to play the bagpipes were encouraged to meet in Bogota.

At that time, it was felt that there was a need in Bergen County for a group to play at funerals for fallen firefighters, but it soon grew to marching in parades and other events.

Nine men were at the first meeting and introduced to founder Paul Kearns (*Teaneck Fire Department*) and Pat Martens, instructor and creator of the tri-state bands and Dennis Gordon, drum instructor.

They played their first public performance in February 1997. Doug Parody, the band's current instructor, took over for Pat Martens in 1999.

Band members come from all over New Jersey and New York, not just Bergen County. James Schmitt, one of the original founders, a member of both the Ridgefield Park and Bogota Volunteer Fire Departments, is the current Pipe Major.

Other members from the South Bergen area are John Riordan, Hasbrouck Heights FD and Carlstadt EMS, Bass Drummer, a ten year member; Mike Sorrentino, Rutherford; the Band's first female piper, Sharon Dunn, Carlstadt EMS, a member for two and a half years and Ron Phillips Jr., Wood-Ridge FD, Piper, a four year member.

You do not have to be a member of any fire, EMS or police department to join. The band gives free lessons to anyone wishing to become a part of the group. They are currently setting up a scholarship fund in honor of Pipe Sergeant Michael Drozd, killed in an auto accident returning from a band gig in 2008.

The uniform is glengarry cap with the individual's department badge, uniform shirt, white spats and custom made kilt. The colors of the kilt are a variation of the Clan Wallace tartan, red with black and white plaid. It was chosen by a vote of the membership after much debate. The average cost to uniform and equip a member is \$1,000.

Bagpipes have a long history. There are several kinds,

from the Irish pipes played with a bellows worked with the elbow, to the Italian and the martial Scottish Highland Bagpipe. The Highland Bagpipe consists of a blow pipe to put air into the air bladder. There are three drone pipes and a chanter pipe with eight finger holes to play the melody. The snare drum is played with regular drum sticks. But the tenor and bass drums are played with mallets that have felt heads. The bass drum not only keeps the beat, but is used to relay the Pipe Major's directions to the Band.

The BCFPB music style is very progressive. Their repertoire includes Scottish, Irish, American patriotic sets and music ranging from the Beatles to Reggae.

The Band has a CD, "Dirty Hose," which received a rave review from the national pipe band magazine, "Firepiper."

All funding comes from event fees, CD sales and corporate sponsors. They are not connected with, nor receive any funding from Bergen County. Solo pipers are available for social events.

This group traditionally marches in the Hasbrouck Heights Holiday Parade.

For more information on joining, ordering the CD, booking information or any questions, go to: www. BCFPB. com. *Story by Jim Halloran*. ###



At Ex-Chief Artie Knobloch's funeral November 18, 2006



At Hasbrouck Heights Police Memorial Dedication May 14, 2008



At Wood-Ridge Fire Department Memorial Service May 20, 2009



At Hasbrouck Heights Holiday Parade November 23, 2007











WRFD Rescue 903 Gets New 'Jaws of Life' Cutter

The Wood-Ridge Fire Department recently acquired a new Hurst JL MOC II cutter with a \$5,400 donation by the 200 Club. This unit is part of the "Jaws of Life" (see below.)

This cutter updates a cutter that the Department purchased in 1973. The old model is still functional and will still be used.

During a demonstration at WRFD Headquarters on March 12, 2010, Frederick Kendall, of State Line Fire & Safety, Inc., explained that the extra cutting force is required due to the new car construction and new alloy materials and stronger steel now being used, compared to vehicles manufactured 25 years ago.

He said that "Jaws of Life" tools do not wear out or break, but are upgraded to meet the demands of new technologies.

Today, rescue workers use a combo (cutter and spreader) and cutter about 95% of the time. The spreader is seldom used.

This new model has a cutting force of up to 152,000 pounds -- the older cutter had a force of about 62,000 pounds.

"Jaws of Life" are stored on WRFD Rescue 903. The new cutter, and a spreader-cutter are pre-connected on reels with about 100' of hydraulic hose. Portable electric and gas generators power a hydraulic system for situations beyond

The WRFD used the "Jaws of Life" system about three times on vehicles last year.

The spreader was used about a year ago to release a child whose head was stuck in a railing.



Frederick Kendall, of State Line Fire & Safety, Inc., illustrating the new alloy materials and stronger steel now being used.

middle of January.

A very special thanks goes out to the Mayor and Council for their help in the project.

The biggest thank you goes to the members of the Department who took on the task of painting the whole first floor of the firehouse, replacing all the light fixtures, and doing a huge general clean up.

With all of the work going on in the firehouse, the members of the Moonachie Fire Department have also been keeping very busy with fire calls and other training that have been ongoing.

the Department responded to an average of 20 calls each month. Most of the calls were for fire alarm activations; however, several were for fires in and out of Moonachie. The members of the Department continue to train monthly to improve their fire fighting

nations. Please check your mail for our donation flyer. Every dollar helps us help you. Thank you to all who have donated over the past few months. Story by Fire Chief Justin Derevya-



Command reviews building drawings as teams investigate the

Mutual Aid Responds to Smoke Condition in Industrial Complex

On March 9, 2010, at about 1800 hours, the Wood-Ridge Fire Department was called to the Curtiss-Wright complex for a smoke condition.

F.A.S.T. Teams from East Rutherford and Moonachie Rescue Squad were called.

Wood-Ridge and Heights Ladders were raised with teams checking the roof while a team entered the building to inves-

It was reported that the section of the complex was vacant; workers were removing equipment cutting away machinery. The fire was in a large cardboard box containing fabric and trash.

The tenants of that area stated they had put the fire out, opened the garage door bay to vent the smoke and didn't understand why the fire department was called. Command ordered several fans placed and

opened all roof hatches to finish venting the smoke.

Assisting Wood-Ridge were Carlstadt, East Rutherford, Hasbrouck Heights, and Moonachie. Wallington and Little Ferry were on standby at the Wood-Ridge firehouse. ###

HHFD Annual **Inspection May 8**

The public is invited to attend The Hasbrouck Heights Fire Department Annual Inspection, at 7:00 p.m., on Saturday, May 8, 2010.

Department personnel will be in full dress uniform. The equipment and fire headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. ###

About "Jaws of Life"

During emergencies, when a few wasted seconds can cost lives, the "Jaws of Life" are brought in to pry open accident vehicles and allow rescue workers to remove trapped victims from the wreckage. We often read about rescues that used the "Jaws of Life." What is it? How does it work?

"Jaws of Life" is not a "tool" -- but refers to several types of piston-rod hydraulic tools known as cutters, spreaders and rams, which are used by trained rescuers working as a team.

The spreader is used to pull pieces of the structure apart, or it can be inserted into the side of the vehicle to tear a section out. The cutter is used to cut through the vehicle like a pair of giant bolt cutters. Some "Jaws of Life" equipment combines the cutter and spreader into one machine.

The ram's function is to push apart sections of the car (or other structure). For instance, a rescue worker can place a ram on the door frame and extend the piston to push the dashboard up, creating enough space to free a crash

A typical "Jaws of Life" machine uses about 1 quart of hydraulic fluid. A portable

engine pumps pressurized hydraulic fluid into the piston cylinder through one of two hose ports. An operator switch controls which port the fluid enters through. If it enters one port, the fluid forces the rod up and opens the arms of the spreader or blades of the cutter. The operator can then toggle the switch and cause the rod to retract, closing the arms or blades.

The "Jaws of Life" is actually a brand of tools that is trademarked by the Hurst Jaws of Life Company, but the name is often used when talking about other brands of rescue

The WRFD operates two Hurst hydraulic generators, one gas powered and one electrically powered by the rescue

The "Jaws of Life" system is stored on WRFD Rescue

The new cutter, and a spreader-cutter are pre-connected to a 100 foot hose reel inside the rescue truck, and use an electric pump.

Portable gas generators power a hydraulic system for situations beyond 100'. The gas generator relies on separate hydraulic hoses that need to be connected at the time of the emergency. ###

Moonachie Fire Department News

Finally, after months of ongoing work on a new floor, we moved back into the Moonachie Road firehouse in the

In January and February,

We are still looking for donik. ###

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Hasbrouck Heights Pioneer Club: 1891-2010

The Pioneer Social and Athletic Club was formed on December 19, 1891, with a membership numbering 38.

The Pioneer Club was the oldest club of its type in Hasbrouck Heights and the second oldest in Bergen County (Oritani Field Club being older by one day).

The Pioneer Club enjoyed a rich history of social events, entertainment, political and civic events, banquets, dinners, etc.

John E. Musselman was its first elected chief executive on December 19, 1891.

The Honorable D. C. Chase (who owned most of the land around this area), offered a plot of ground near Oak Grove as a gift (one block west of the present site). He offered to sell to the Club lots in a more central location for \$100. The officers agreed and built at 209 Jefferson (the original site.) Chase also contributed \$100 toward building a clubhouse.

At the time, there were no houses around it, just farms, horses, cows and acres of neat rows of produce.

The cornerstone was laid by R. F. Taggert and J.W. Stevens, the Jefferson Davis of his day, delivered the oration. In April 1892, the low bidder of \$2,800 began construction, but in July, he skipped town.

G.W. Broome completed the building in November that year -- in time for a Fair -proceeds of which paid the contractor.

When Hasbrouck Heights was incorporated in 1894, the first election was held at the Club. It was also used for classes when the local school burned down.

The first recorded bit of athletic achievement that could be located was in the June 5, 1895 issue of the Bergen Evening Record. It stated the Hasbrouck Heights Pioneers played two games of baseball Memorial Day. The morning game was with a team from Rutherford, which defeated the Pioneers by five runs. In the afternoon, the Pioneers defeated the Maywoods by a score of 19-16.

In 1891, dues were 25¢ per month. There were 43 original members of what was called the "clubier and faster set."

At the time, there were two clubs, the old "Field Club" which folded, and the Pioneer.

It was gutted by fire in 1904. It was rebuilt and was destroyed in 1909 by another fire. Bowling alleys were constructed at a cost of \$485. In 1894, residents could hear Edison's phonograph for 25¢.

From 1895 through 1925, a Masquerade Ball was held each Washington's Birthday Eve



-- the social event of the year.

Until the mid 1950s, the large hall had one of the finest stages in the area for plays, minstrel shows, etc.

The Club had accommodations for bowling, tennis, baseball, basketball and track. For a time, the Pioneers had the only suitable basketball courts, until 1924 when the Franklin School gym was built.

In 1920, the Pioneer Club purchased Lemmermann Park at Central Avenue and Oak Grove for \$5,000 and the Pioneers sponsored a semi-professional baseball team.

The Pioneer Club also rented the park for high school athletics for \$1,200 until 1925, when the Borough purchased Depken Athletic Field for \$4,000. The Pioneer Club sold Lemmermann Park to a developer in 1930.

During WWII, the clubhouse was designated by the Hasbrouck Heights Civil Defense as an emergency hospital.

After WWII, a rivalry developed between the Pioneer Baseball Club and the Hasbrouck Heights Farmers which attracted good crowds. Eventually the Pioneer Club lured the Farmers to become members of the Pioneer Club.

One of the mainstays of athletics at the Pioneer Club was bowling. The Club maintained four bowling lanes where over the years, many teenagers in Hasbrouck Heights set up pins for pin money. Later, the lanes were active with modern automatic pin setters.

Some of the life members relate stories of celebrity bowling as well as sending teams to Detroit to bowl in National Champion matches. The Pioneer Club also entered into the North Jersey Bowling League.

The Club was a perennial sponsor of both HHLL Teams and the Hasbrouck Heights Softball League. The Club would often donate its facilities for various HH youth organizations.

The stories of achievement in the field of athletics would go on from the Club's inception until the present day.

At its peak, the Club had 275 members and even had a live-in family as custodians (the living room was then converted into the board room).

For years, Santa would meet his fans there after the Annual Holiday Parade.

The Pioneer Club has occupied three different club-houses, all at the same location. The third clubhouse was renovated. In the late 1950s and early 1960s, a vast renovation program was instituted. The stage was torn out and the hall extended back to the furthermost part of the building.

A few years later, after all mortgages and bills were paid up, the Club put on the addition in the rear of the hall, where there was a complete kitchen and an office on the second floor. The first floor housed a room in which the members could enjoy billiards, darts, cards, TV, etc. The downstairs grill room was air-conditioned and refurbished.

The Club was one of the busiest places in Hasbrouck Heights with the hall booked every weekend for weddings, banquets, etc.

Even a few illustrious members have "lain in state" there.

In 1991, the Pioneer Social and Athletic Club celebrated its Centennial. At the time it had 36 "life members" and 55 regular members.

Although recently, the Club rented the hall to organizations, a dance studio, wrestling school, etc., it couldn't keep up finances. It was stated that over 30 years ago, the physical plant had exhausted its "economic life."

The building was demolished in early March 2010.

The Club still retains its charter and liquor license and is currently seeking a new home.

RIP from a saddened com-

munity, fondly remembering all of the "good times."

Article adapted from the Pioneer Club Centennial History (1991). ###

Clubhouse front during demolition, which began in the back of the building.



Second clubhouse circa 1904.



Third clubhouse before renovations, circa 1950s.





Third clubhouse between renovations, circa 1960s.



A Patriotic Fair held during the First World War.



Euclid PTA Fundraiser Nets Over \$400

On Thursday, February 24, 2010, about 300 attended a Euclid School PTA fundraiser dinner at IHOP Hasbrouck Heights. Participants ate from the regular menu, with IHOP donating 15% back to the PTA. Accepting the check from IHOP were Lynne Priore, Shannon Porto and Caidence. IHOP offers these fundraiser programs to area non-profit organizations. Call Joe at 201-288-0355 for details. ###

National Library Week April 11-17

Amnesty Offered

In honor of National Library Week, The Free Public Library of Hasbrouck Heights is offering its patrons amnesty on overdue materials during the week of April 11-17, 2010.

During this time, anyone with outstanding library materials belonging to The Hasbrouck Heights Library may return them without penalty.

No fines will be charged, provided that the books and materials are returned in good condition.

The primary goals of the amnesty period are to encourage library patrons to return their materials and to return to The Library.

"Libraries are the heart of every community and our library helps our community thrive," says Library Trustee Dr. Burnett Eglow. "At our library, people of all backgrounds come together for community meetings, lectures and educational programs, to do research with the assistance

of a trained professional, to get help finding a job or receive homework help. It is wonderful to know that one's local library offers such needed services."

Starting May 1, the traditional 10 cent daily fine for overdue books will increase to 25 cents. After 90 years or more, the cost of living has caught up with overdue fines. In order to maintain the level of service, The Hasbrouck Heights Library Board of Trustees made this decision.

For details about The Library amnesty program, events, and hours, please call 201-288-0488 or go to http:// hasbrouckheights.bccls.org ###

Adults are Invited to Learn the Exciting Game of Bridge!

In partnership with the Hasbrouck Heights Recreation Department and The Public Library, free bridge lessons will be offered to adults on Thursday afternoons from 3-4:30 p.m. for an eight session series beginning on April 15.

Widely regarded as the greatest sport of the mind, bridge has been well received for its value in improving memory and concentration and provides a social setting as well.

The series will be taught by Alice Bishop, an American Contract Bridge League accredited teacher.

Registration is required by April 12 and is limited to 16 participants. To register, please call the Library at 201-288-0484; email dodwell@bccls. org; or logon to the calendar on the Library's website at http:// hasbrouckheights.bccls.org ###

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Second Annual Stash The Trash Day Scheduled for Saturday, April 24

The Little Ferry/Moonachie Rotary will hold their second annual "Stash the Trash" cleanup day on Saturday, April 24, 2010.

With the involvement and support of Little Ferry and Moonachie Borough officials, over 100 volunteers to include Girl Scouts, Cub Scouts, Moonachie Athletic Association, Moonachie Rescue and First Aid Squad, Little Ferry First Aid Squad, Moonachie D.A.R.E, Dongson Church (Little Ferry), Mid-Bergen Rotary, Teterboro Airport employees, plus many volunteers are expected to participate.

Camaro Raffle

Assumption School in Wood-Ridge is raffling a brand new 2010 Chevrolet Camaro SS (retail value \$35,425). The dream car is loaded with luxury features such as heated, power leather seats; 20 inch Sterling Silver aluminum wheels; dual stainless exhaust; RS package (HID headlights, spoiler, dark tail lamps); heated, power outside mirrors; Bluetooth; USB; and OnStar system.

Tickets are \$25 each, and sales will be limited to a maximum of 3,000 tickets. Tickets can be purchased at Salon Firenze, 272 Valley Boulevard, Wood-Ridge, 201-933-1122. Drawing is on May 11, 2010, at 7:30 p.m., at the Assumption School cafeteria. Winner need not be present. For further information, visit the car raffle webpage at http://assumptionschoolcarraffle.webs.com ###

Assisting in the efforts will be the Little Ferry Police and DPW and the Moonachie Police and DPW.

Collaborating in the effort will be The Little Ferry Clean Communities Program, Moonachie Clean Communities Program and the Bergen County Clean Communities Program who supply bags, gloves, pickup sticks and "T" Shirts.

Following the clean-up in both communities, there will be a BBQ, games and fun at the Moonachie Civic Center. All are welcome to participate. For more information, call Brenda at 201-807-1902 or MaryEllen at 201- 935-2344. ###

HH Town-wide Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for May 22 and 23, 2010, from 9:00 a.m. to 4:00 p.m.

Participation in this sale does not count towards the "two garage sales" per year ordinance. Sign up dates to be announced.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers.

This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more information, call the Boro Clerk at 201-288-0195. ###

Heights Satellite Recycling Drop-off

The Hasbrouck Heights Recycling Program coordinator reminds residents of the Satellite Recycling drop-off located at the The Boulevard and Central Avenue parking lot.

It is available the first Saturday of every month from 7 a.m. to 12 noon.

This disposal site collects the following items for recycling: bottles, cans, plastic bottles, newspapers, cardboard, magazines, junk mail, and E-waste such as computer equipment and TVs. For more information, call 201-288-1072.

Adult Book Group at the Heights Library

The Adult Book Group at The Hasbrouck Heights Public Library, co-led by Head of Circulation, Lorri Steinbacher and local resident, Rose Ellen Lorber-Termaat, meet on the last Thursday of each month.

If you are interested in joining, please stop by the Circulation Desk and ask for details. Here's an opportunity to meet new people, talk about books, and introduce yourself to titles you may not have normally picked. Light refreshments will be served. To register and to reserve a copy of the book, please call 201-288-0488.

Here are the book titles the group will be reading in the upcoming months:

— "Water for April 29 Elephants" by Sara Gruen

May 27 — "Three Cups of Tea" by Greg Mortenson

June 24 — "Moloka'i" by Alan Brennert. ###

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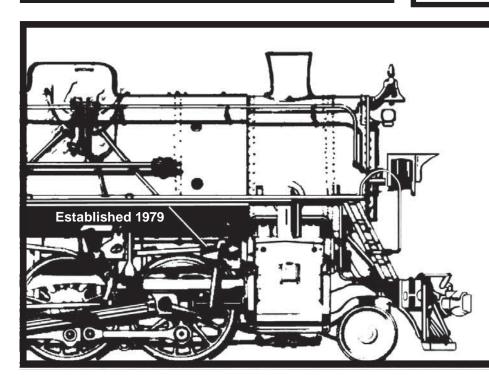
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Tricky Tray

St. Mary High School in Rutherford will host their Annual Tricky Tray, Friday, April 16, 2010, at 6 p.m. in the auditorium. Coffee, tea and dessert are included. Tickets are \$10 and available at the High School Office, 64 Chestnut Street, or call 201-913-1816.



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Knights Pancake Breakfast April 11

The St. Michael's Council Knights of Columbus will hold a pancake breakfast on Sunday, April 11, 2010, from 8:30 a.m. to noon, at 39 Washington Street, Lodi. Cost is \$6 per person. Menu includes pancakes, eggs, sausage, juice, coffee/tea. For tickets, call Frank at 973-778-0796 or Lou at 973-472-7741. ###

Fun Night

The St. Michael's Council Knights of Columbus #2861 and Bishop O'Connor Assembly #0647 will hold a Fun Night April 10, 2010, starting at 7 p.m., at 39 Washington Street, Lodi. Cost is \$20 per person. Menu includes light fare, beer and soda. Monies raised are donated to charities they support. For tickets, call Joe at 201-805-4576 or Bob at 201-303-0091. ###

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MS Fundraiser

The Dragonfly, along with Patty Garrett and Patty's Posse, will be hosting its 6th Annual Multiple Sclerosis Benefit on Saturday, May 15, 2010, from 7 p.m. to 11 p.m., at 200 Outwater Lane, Carlstadt.

There will be a \$5 cover charge at the door, a 50-50 raffle and tricky tray items.

For more information, call 201-355-2220. ###

Spring Flea Market

The Parish Social Life Committee of Saint Margaret of Cortona Church, at the corner of Liberty St. and Chamberlain Ave., Little Ferry, NJ, will host an Indoor Flea Market.

The Flea Market will be April 17, 2010, from 9 a.m. to 4 p.m. Vendors can request a contract by calling Ellie at 201-641-0883. Tables are 8 ft by 30 inches at \$25. Tables and chairs supplied.

Breakfast and lunch will be available. ###

Moonachie Flea Market

Vendors are wanted for a Moonachie Flea Market on May 8, 2010, from 9 a.m. to 3 p.m., at the corner of Moonachie Road and Carol Place. Rain date is May 15th. Call 201-641-5828 for more information. ###

FOCAS Holds Flea Market

FOCAS will hold a Flea Market on Saturday, April 17, from 10 a.m. to 4 p.m. and Sunday, April 18, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@ focasnews.org, or visit www. focasnews.org ###

Garummage Sale April 10

The First United Methodist Church, in Hasbrouck Heights, will hold its annual Garummage Sale on Saturday, April 10, 2010, from 9 a.m. to 2 p.m. A huge selection of furniture, china, knick-knacks, household items, toys, electronics, kitchenware, jewelry and more will be on sale. For more information, call 201-288-4636. ###

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Have a Happy Spring

An Afternoon with Peter Lieberman

VFW Post 4591 presents Sunday Afternoon Dancing with Peter Lieberman on April 25, 2010, from 1 p.m. to 4 p.m.

The event is open to the public. Cost is \$20 per person and includes buffet lunch, coffee and cake. Admission at the door. Plenty of on-site parking. The Post is located at 513 Veterans Place, Hasbrouck Heights, NJ.

For more information about renting the VFW facilities for your gala event, fund raiser or corporate meeting, call Colleen at 201-359-6798 or the Post at 201-288-1112. ###

Heights Night

All Hasbrouck Heights High School Alumni are invited to "Heights Night" on Friday, April 16, 2010, from 8 p.m. to 12 a.m. at VFW Post 4591, Veterans Place, Hasbrouck Heights.

Price: \$30 pp and includes beer, wine, soda and light appetizers. Make checks payable to: "Class of 80's" and mail to: Joni De Lorenzo Arabi, 230 Baldwin Avenue, Hasbrouck Heights, NJ 07604

Last year was a blast, so don't miss your opportunity to come this year. If you have any questions, please call Joni at 201-288-4881 or email @ jonint@optonline.net ###

Pancake Breakfast and Mini-Tricky Tray

The Project Graduation Committee will host a pancake breakfast on Sunday, April 25, 2010, from 8 a.m. to 12 noon, at the Lodi High School Cafeteria. The menu includes pancakes, eggs, sausage, hash browns, coffee, tea and juice. Cooking will be done by the Lodi Moose Lodge No. 1971. A mini-tricky tray will also be included. Donation is \$5.00 and will be used to support a night of entertainment for graduating Lodi High School seniors. Questions can be directed to 201-566-5149. ###

Loyalty Day

VFW Post 4591 will conduct Loyalty Day services on May 7, 2010, starting at 7:30 p.m., at the Post.

Mayor Rose Heck will be the keynote speaker.

Awards will be presented to the Voice of Democracy and Patriot's Pen essay winners.

Presentations will be made to those who have demonstrated special community service.

The VFW will also present length of service awards to their members. Light refreshments will be served. The public is welcome to attend. ###

Rummage Sale

The Guild for Christian Services will hold their Spring 2010 Rummage Sale at the First Reformed Church on Friday, April 23, and Saturday, April 24 from 9:30 a.m. to noon.

Items for sale include clothing, shoes, toys, books and household items. Donations welcome. Proceeds will go to Church projects and missions. The Guild holds rummage sales every spring and fall. For more information, call Estella at 201-288-0378. ###

Guild Assembles Health Kits for Haitian Victims

Normally, the Guild of Reformed Church Women collect and assemble Health Kits as a Lenten project. Due to the devastation of the earthquakes in Haiti, Church World Service has issued an emergency call for these Health Kits. Therefore, the Guild will begin collecting and assembling these kits immediately.

These kits consist of wash-cloth, hand towel, bath-size soap, toothbrush (in original packaging), nail clipper, widetooth comb and 6 band-aids.

Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service. Cash donations to assist in the shipping and handling of these kits are always welcome.

Any and all items/kits may be brought to the Church Tuesday through Friday and Sunday morning. Call 201-288-1122 or 201-288-0378 for more info. ###

White Cane

The Hasbrouck Heights Lions Club announced that they will be conducting a White Cane fund drive on April 2, 2010 from 5:30 to 8:30 and April 17 from 8 a.m. to 2 p.m. at the Shop-Rite in Lodi. All of the proceeds will benefit eyesight projects. ###

Class of 1950

The Franklin High School Class of 1950 will hold a 60th Reunion on May 22, 2010, from noon to 4 p.m., at the Hasbrouck Heights Hilton. Cost is \$50 per person, with a cash bar.

This class of 84 students graduated from the Franklin High School (before the current High School was built in 1953-1954). After the current High School was built, Franklin became the Middle School.



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Lodi \$545,000 Large 2 Family offers 3 BR & 4 BR Apartments. Each floor offers LR/ DR combo with red oak hardwood floors, mod. kit. MBR w/PR & full bath. Fin. basement w/FR, laundry, den, full bath, summer kit, sep. utilities, 2 car garage. Tour at: www. gatewaytohomes.com/1009371



Hasbrouck Heights \$420,000 Lovely expanded 3 BR, 3 bath Colonial offers lots of living space in double living room, formal dining room, MEIK & bonus room off the LR for den/office or 4th bedroom. Deep yard, finished basement, C/A & Garage. Tour at: www.gatewayrealtors.com/1007360



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Lovely, well cared for Expanded
Cape on quiet street. Hardwood
floors & neutral décor. 1st floor offers
17 x 12' LR, EIK, FDR & BR and
bath. 2nd floor 2 large BRs, & bath.
Large semi-finished basement w/
bath, laundry & O/E. Large yard w/
patio, parking for 4 plus cars & HOW.
Tour at: www.gatewaytohomes.



Hasbrouck Heights \$439,000 Commuter's delight offering 5 BRs and 2 full baths. Perfect for the extended family. Amenities include MEIK w/DA, large LR, hardwood floors, fin. bsmnt. w/FR, C/A, sprinkler system and paver patio. Tour at: www.gatewaytohomes. com/1004215



Wood-Ridge \$419,000 Expanded 4 BR, 1.5 bath. Colonial. Great Street. Features; LR, large EIK, DR/family room combo w/ sliders to large Trex Deck and yard. Hardwood floors, full basement, central air, security system, long driveway for 4 cars. Tour at: www. gatewaytohomes.com/2952410



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Family. Features; 1st floor: LR, MEIK, 2 BRs, laundry & concrete patio. 2nd floor: LR, FDR, MEIK, 3 BRs, 2 baths & deck. Separate utilities. C/A, hardwood floors, 2 car garage. Tour at: www.gatewaytohomes. com/1002548

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