

The Gazette

Newspaper for Carlstadt • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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April 2012

★★★★★



Flowers courtesy of The Corner Nursery, Lodi, NJ

They say it was a mild winter! But dreary, bleak and gray just the same. Suddenly, the winter landscape was pierced by the lone green leaf of the daffodil. Clusters of crocus and snow drops peek out from under the last of winter's dry leaves. Broad swaths of yellow forsythia blossoms and the happy faces of pansies herald spring. Magnolia, dogwood, cherry, peach and pear blossoms -- provide nature's spectacular pyrotechnics. Tulips planted last autumn rise to greet the new season. A grand transformation. *Let's plant some flowers!*

Spring Break

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St. Joseph Table

About 300 attended The "Saint Joseph Table" (*La Tavolata di San Giuseppe*), held on Saturday, March 17, 2012, at 7 p.m. at the school gymnasium, across from the Church on Spring Street in Lodi. The menu consisted of the traditional food items: "St. Joseph's Pasta," bread in honor of Saint Joseph, and the "Saint Joseph Zeppole." Because this holiday often falls during Lent, the dishes are all meatless.

There was also a sharing table where anyone attending the event was welcomed to bring an appetizer (*non-meat item*) or a dessert item that was divided up and shared with all guests.

Rev. Michael Marotta, C.R.M., Pastor, blessed the food. There was DJ entertainment during the evening.

On Monday, March 19, the actual feast day of Saint Joseph, there was a solemn Mass celebrated at Saint Joseph's Church at 7 p.m. This was a bi-lingual Mass in Italian and English celebrated by Bishop Edgar da Cunha.

In keeping with tradition, the Society handed out bread in honor of Saint Joseph to all parishioners on March 17, 18,

and 19 after each Mass.

Antonino Pollaro, President of the St. Joseph Society, elaborated by giving a brief history of the "Tavolata di San Giuseppe" (*"Saint Joseph Table"*).

The "Saint Joseph Table" was founded in Sicily during the Middle Ages.

History tells us that Sicily had been in severe drought for an extended period of time. No crops grew and countless people died of famine.

The peasants prayed to Saint Joseph to intercede with God on their behalf to bring much needed rain to the island. Their promise in return was to have a special feast honoring Saint Joseph.

By miracle, the rains came and the peasants were able to plant their crops.

With the harvest, the people prepared a feast of foods from their crops which has become known as the "Tavolata di San Giuseppe" (*"The Saint Joseph Table"*).

For more information, please contact Antonino Pollaro, President of the Saint Joseph Society, at 201-615-8924 or visit www.saintjosephsociety.org ###

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Ecumenical World Day of Prayer: Let Justice Prevail!

On Friday, March 2, 2012, at 1:00 p.m., a World Day of Prayer Ecumenical Service was held at First United Methodist Church, Hasbrouck Heights. Light refreshments followed.

World Day of Prayer (WDP) is a worldwide ecumenical movement of women of many faith traditions who come together to observe a common day of prayer each year on the first Friday in March -- to which all people are welcome.

For more information go to: www.wdpusa.org

Each year, a different country serves as the writer for this annual worship service. For 2012, Malaysia developed the theme, "Let Justice Prevail!"

Throughout the entire day, women in more than 170 countries and regions, collectively pray all over the world, beginning with the first sunrise in the Pacific region, shining its light on the country of Malay-

sia and, in turn, the rest of the world and ending at the last sunset. These prayers follow the sun's path around the globe. WDP's motto is "Informed prayer leads to prayerful action."

The women who prepared the 2012 service opened with the greeting "Selamat datang" -- "peace and welcome" as a reminder that harmony as a people is rooted in peace and welcome.

"In Malaysia, we cherish peace. We are a diverse population -- Malays, Chinese, Indians and descendants of the original inhabitants. Welcome is important to us. Historic migrations of people from other parts of Asia challenges Malaysians to integrate. It is the largest destination country for migrant workers, as well as a temporary home for refugees.

Peace and welcome are parts of daily life when Muslims, Buddhists, Hindus, Christians and followers of traditional religions can be found living in the same family and community. Therefore we are continuously learning to tolerate, understand and accept

one another."

The women name fair and just governance as the basis for peace. They encourage participants to respond from their own context to the theme.

A clear message emerges. It takes courage, compassion and active engagement for justice to prevail.

They ask us to work with God and with each other to create a world in which each gender, race, culture, religion and state is honored, nurtured and empowered.

The Bible readings speak to the peace, patience, persistence and prayer that are necessary for justice to prevail. ###



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Fr. Joe held Pentecost Services in the Woodland Park pavilion. Although in casual attire, the full service was celebrated to include music, scripture and Holy Eucharist. On Sunday, June 13, 2010, there was a celebration of the Holy Baptism with the combined congregations of St. John's and St. Martin's. Picnics and fellowship always followed.



HHFD Chaplain Fr. Joe was presented with his own "turnout gear" during the Department's Annual inspection on May 18, 2002. Fr. Joe was the Department Chaplain from 1999 to 2009.

Rev. Joseph Pickard Retires

Laughter, tears, singing, and praying, filled the sanctuary of St. John the Divine Episcopal Church on February 12, 2012, as The Rev. Joseph Pickard celebrated his final service before beginning his retirement.

Parishioners from St. John's Episcopal Church, Hasbrouck Heights, and St. Martin's Episcopal Church, Maywood, were joined by family, friends, community members, and people from around the Diocese of Newark.

The Rev. Canon Greg Jacobs, representing the Bishop's Office, assisted in a wonderful celebration that capped a rich ministry in Bergen County and Northern New Jersey. "PapaDuk," as Fr. Joe is known by many people, came to St. John's in 1996.

His optimism, enthusiasm, and boundless energy have imbued the congregation with a sense of possibility and surety in knowing God's abundant Grace.

In 2009 he began working with St. Martin's, seeking to bring the two congregations together in worship and ministry.

Nearly 200 people attended the festival celebration and the Reception following the Service.

The Honorable Rose Heck and Councilwoman Pam Link read a resolution declaring February 12, 2012, "Father Joseph Pickard Day in the Borough of Hasbrouck Heights."

It has always been the Vicar's goal to work with community based congregations helping them to develop strong lay led ministries.

During his years at St. John's, he launched the Education for Ministry (EFM) Program. This four year curriculum (covering Hebrew Scriptures, Christian Scriptures, Church History and Ethics) helped prepare many participants from different denominations to serve God in the world.

Fr. Joe always enjoyed working collaboratively with community members.

"The interconnectedness of all our lives does not end at the doors of our Churches. We gather more often in our towns and offices, where we live and work and have our lives. Working together for the well-being of all people gives us the opportunity to join resources, skills and abilities. Ecumenical work does bring together differing goals and unites compassion and concern into a focused opportunity. Interdenominational

clergy and people working together heighten the overall awareness and have the ability to actualize solutions."

Thanks to the efforts of Fr. Joe, the clergy of Hasbrouck Heights have met regularly over the past decades, celebrating life liturgically, and working with people throughout the Borough in caring for one another and in supporting local ministries.

"Our faith is not constrained by the walls of our facilities." Just as Jesus walked through Galilee, Fr. Joe and the people of St. John's have traveled the streets of Hasbrouck Heights: annually celebrating Pentecost in Woodland Park; opening the grounds and facilities of the Church to aid people in developing their own personal lives to become the fullest possible person; yearly walking the Boulevard during the Street Fair, offering prayers, Communion, and God's blessing to anyone who wishes to receive it.

For years, he and the members of St. John's gathered in parades and community celebrations in thanksgiving for the life in this town, offering prayers for those in need and helping to bring confidence in faith.

Fr. Pickard and the people of St. John's formed Care on the Corner in 2003. The not-for-profit organization has served several thousand adults and children in the past nine years. Programs such as Kids on the Corner have focused on teaching cultural and performing arts to children.

English as a Second Language and United States Citizenship preparation classes have helped many people as they sought to make their home in the United States.

Computer Literacy Classes, as well as various seminars on resume preparation and interview skills, have helped people prepare for improved employment options.

As Executive Director, his guiding vision and belief in unlimited possibilities gave many people the hope and confidence that they needed to take the next steps in their own lives.

When participants in Care on the Corner programs learned of Fr. Pickard's planned retirement, they were happy for him but also knew that the community would not be the same without his outgoing personality.

"It has been an exciting time at Care on the Corner under the direction of Fr. Joe.

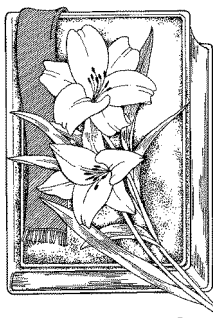
His talent in creating the sets and costumes for the Kids on the Corner program has been outstanding. He will be missed by all – but what he started almost ten years ago, will continue with his blessing," Carol Haefele, COTC Board Chair.

In response to the question: "What will Joe do as he begins retirement?" He mused, "I am going to take some time to breathe deeply." He plans to spend time with his three children and six grandchildren who live in New Jersey, Pennsylvania, and Virginia; indulge his creativity through quilting, develop a new expression of ministry; and brushing up on his computer skills, and learn more about social networking.

He plans to eventually move to the East Coast of Florida where according to Fr. Pickard, "no white fluffy stuff exists." ###

What the caterpillar calls the end of the world, God calls a butterfly.

Happy Easter



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Guild Assembles Health Kits

The Guild of Reformed Church Women will collect and assemble Health Kits as a Lenten project for Church World Service until April 8, 2012.

These kits consist of wash-cloth, hand towel, bath-size soap, toothbrush (*in original packaging*), nail clipper, wide-tooth comb and 6 band-aids.

Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service. Cash donations to assist in the shipping and handling of these kits are always welcome. All items/kits may be brought to the Church Tuesday through Friday and Sunday morning. Call 201-288-1122 or Estella 201-288-0378 for more info. ###

Holy Trinity Holds Sunday Morning Adult Forums

Facilitated by The Rev. Susan Nelson-Colaneri and The Rev. Dr. E. Wayne Dreyman, Sunday Morning Adult Forums have been scheduled for the third Sunday of every month (with some exceptions) at Holy Trinity Lutheran Church in Hasbrouck Heights at 92 Burton Avenue.

Discussions are held at the same time that Sunday School is in session, 9:45 – 10:45 a.m., in the downstairs fellowship hall.

The next scheduled Adult Forum will take place on April 22. The topic is "Eating with the Risen Christ" and it will be facilitated by Pastor Susan. Specific dates and topics can be seen on their calendar at www.holytrinityhasbrouckheights.com or you can call the Church office at 201-288-6889 for the information. ###

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Friday, May 4, 2012, from 6 to 8:30 p.m. in Parish Hall.*

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Brunch with the Bunny

The Junior Women's Club of Hasbrouck Heights presents their annual Brunch with the Bunny on Saturday, March 31, 2012, from 11 a.m. to 1 p.m.

This event will be held at the Hasbrouck Heights Municipal Building.

Tickets are \$8 per person and include the following: brunch, coffee, dessert, entertainment, and treat.

Bring your camera for a photo with the Easter Bunny. For tickets and more information, please call Lori at 201-321-5274.

Due to limited seating capacity, tickets will NOT be sold at the door. All children must be accompanied by a paying adult.

Proceeds for this event will be used to benefit local charities and scholarships. ###

About The Easter Bunny

Hares and rabbits have long been symbols of fertility. The inclusion of the hare into Easter customs appears to have originated in Germany, where tales were told of an "Easter hare" who laid eggs for children to find.

German immigrants to America -- particularly Pennsylvania -- brought the tradition with them and spread it to a wider public. They also baked cakes for Easter in the shape of hares, and may have pioneered the practice of making chocolate bunnies and eggs. *Source: www.factmonster.com ###*

Meatless Pasta Dinners

Saint Margaret of Cortona's Parish Social Life Committee is sponsoring a meatless Pasta Dinner on Friday, March 30, 2012. Dinners will be served from 5:30 – 7 p.m. in Marnell Hall in the Parish Center at the corner of Liberty St. and Chamberlain Ave., Little Ferry. Cost is \$6 for adults and \$3 for children under 10. For information, call Ellie at 201-641-0883. ###

Area Easter Egg Hunts

Hasbrouck Heights

The Annual Easter Egg Hunt is scheduled for line up at 9:30 a.m. with a 10 a.m. start on Saturday, March 31, 2012, at Depken Field. Rain Date is April 7. The Easter Bunny is scheduled to visit and hand out candy.

The event is open to all Heights Pre-schoolers (age 4-5) through Third Graders. Children should bring a basket. All children must wear rubber soled shoes, preferably sneakers. No parents or underage children are allowed on the field. Tickets are distributed through the elementary schools. Tickets are also available at the Borough Clerk's Office at 320 Boulevard. This event is sponsored by the Mayor's Celebration Committee.

Little Ferry

The Little Ferry visit by the Easter Bunny is scheduled for Saturday, March 31, 2012, at Borough Hall from 11 a.m. to 2 p.m. for resident children up to age 12. Bring your camera.

Event is rain or shine. This event is sponsored by the Recreation Committee.

Moonachie

The Moonachie Annual Egg Hunt will be held 11 a.m., Saturday, March 31, 2012, at Robert L. Craig School Gymnasium, rain or shine. Refreshments will be served and the Easter Bunny will be there. Be sure to bring your camera. The event is open to all children.

Wood-Ridge

The Knights of Columbus St. Anthony Council 11585 will hold their Annual Easter Egg Hunt after the "Blessing of the Baskets," at noon on Saturday, April 7, 2012, on the Assumption Church grounds for Pre-K through 3rd Grade. Tickets may be obtained at the rectory. In case of rain, the event will be held indoors. Refreshments follow. ###

Wood-Ridge Memorial Library will be hosting an Easter Egg Hunt for children ages 4 to 7 years old on April 7 at 11 a.m. Registration is required due to limited space, and preference is given to Wood-Ridge residents. To register, contact Molly at wrldgchild@bccls.org or by calling The Library at 201-438-2455. ###

**Be sure to take
your family
to Church this
Easter Season**

**Holy Trinity Begins
Five-Week Bible Study
on the Life and Letters
of the Apostle Paul**

Two thousand and more years after he was born, the name of Paul still conjures up a conversion that not only changed his own life but the life of Christians everywhere and ever after.

Wherever the Church has influence, so has Paul. And so, arguably, you could say that Paul's thinking and writing has dominated and influenced education and politics and society for centuries and continues to do so today.

"As heirs of his teaching, we may be its unconscious heirs, or we may be its vigorous opponents," writes Robin Griffith Jones, "but, like it or not, that teaching is in our bones."

Come and join a five-week exploration of the forever fascinating and compelling life and thoughts of Paul whose letters have shaped the Western world.

Studies will take place in the multipurpose room at Holy Trinity Lutheran Church at 92 Burton Avenue in Hasbrouck Heights, at 7 p.m. on the following Monday evenings – April 16, 23, 30, and May 7 and 21, 2012. ###



**The Past Comes Alive at
Assumption Church**

Is it possible for someone to travel back in time? If it were possible where would you want to be? Would you try to change history?

On Wednesday, February 15, 2012, Spiritual Director, Mary Musella, visited Assumption Church.

Through a Spiritual Dramatization she transported all who were worshiping with her back to ancient Jerusalem to be with Jesus during the last week of His life.

All were there to greet Him with palms as He rode into Jerusalem; joined Him at the Last Supper; prayed with Him in the Garden of Gethsemane; watched Him as He was betrayed and arrested; walked with Him as He appeared

before Pilate, then Herod and back to Pilate; and suffered with Him as He was beaten, scourged and condemned to death and finally crucified.

Mary Musella, as a spectator to all of these events, let all feel her emotions, her helplessness and her faith. She let all understand the importance of these events and why they could not be changed. *Story and photo by Marie and Peter Gallo Jr. ###*

Palm Sunday April 1
Good Friday April 6
Easter April 8



Ashes to Go

Greeting the first train, Fathers Thiele (*Passaic*), Browning (*Rutherford*) and Zacharia (*Wood-Ridge*) were at the Rutherford Train Station offering the imposition of ashes to commuters from 5:30-9:00 a.m. on Ash Wednesday as part of The Episcopal Diocese of Newark's mission called "Ashes to Go." Even a train attendant received ashes. *Photo by Officer Mike Foley. ###*



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The Jesus Story 2012

Passion Play Drama Ministries of Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights, NJ, will be presenting the 23rd annual performance of The Jesus Story.

The presentation is a musical drama centered around the life, death and resurrection of Jesus Christ. This year's presentation will look at the life and ministry of Jesus through the eyes of Mary and her family.

A volunteer cast and technical crew of over 100 men, women and children, along with the assistance of the Cultural and Community Affairs Division of Felician College, come together to bring this life changing story to our community.

FREE admission is being offered with over 1,000 seats available on a first come basis. The ministry desires to make the play available to all who

would desire to attend. A free will offering will be taken.

Pastor Bill Hegedus, the director of the play, continues to insist that the purpose of the play is not to entertain, but to present the love of God for a lost and dying world. That love was manifested in God giving "His Beloved Son" as the perfect sacrifice for our sins that "Whosoever believes in Him who should not perish but have everlasting life." (John 3:16)

The dates for the performances are Friday – March 30 at 8 p.m., Saturday – March 31 and Sunday – April 1 at 4 p.m.; and Thursday and Friday - April 5 and 6 at 8 p.m. at Felician College in the Breslin Theater located at 262 South Main Street, Lodi, NJ.

You may visit the web-site at www.biblebaptist.net for more information or call 201-288-4139 ext. 2. ###



Reflections

The Origins of the Easter Egg and Blessing of the Easter Foods

*Rev. Susan Nelson-Colaneri, Pastor
Holy Trinity Lutheran Church, Hasbrouck Heights*

Everyone knows that eggs that have been specially decorated are given out, eaten, or displayed to celebrate Easter—but it seems that there is a controversy among scholars and historians as to whether or not the tradition of Easter eggs originated with Christians or was it a Pagan tradition that was Christianized by the early Church.

Myths coming down to us from long ago show that humanity's relationship with the egg is a very deep-seated one.

"All life comes from an egg" is a very old Latin proverb. Moreover, eggs are laid throughout all corners of the world and there are many ancient myths from nations of every continent that claim that the entire universe was created out of an egg.

Nearly every ancient culture has viewed eggs as an emblem or symbol of life.

Nevertheless, there is no solid evidence that Easter Eggs were originally pagan symbols.

So, how did eggs come to be associated with Easter? We don't know precisely, however, it is interesting to think of the following religious and cultural connections that may be the roots of the Easter egg tradition.

The first is a connection with the Passover Seder. One of the foods eaten during the Seder is a hard-boiled egg

dipped in salt water which symbolizes new life born out of the tears (salt water) shed by the Israelite slaves.

Another interesting connection is the ancient Persian practice of painting eggs for Nowrooz—the Persian new year celebration which begins on March 21, the Spring Equinox. This ancient Persian tradition continues to this day in modern-day Iran.

The Christian tradition of Easter eggs, however, probably began as a celebration to the end of the privations of Lent.

In Medieval times, during the 40 days of Lent, a strict fast was observed by the Church and eggs were forbidden.

Christians viewed eggs as a symbol of new life, just as a chick might hatch from the egg, which appeared to be lifeless from the outside. Any eggs that were laid during the 40 days of Lent were often boiled or otherwise preserved.

During Easter, the fast was lifted and the consumption of eggs resumed. Eggs were thus a mainstay of Easter meals, and a prized Easter gift for children and servants. This is the most convincing reason for how eggs came to be associated with Easter.

Orthodox Christians in Slavic countries like Poland are known for the development of elaborately decorated eggs and for the practice of presenting

their Easter eggs, the first eggs appearing at the table on Easter Day, for thanksgiving and a blessing.

Among the Polish people, along with Easter eggs, a lamb molded out of butter or pastry is also blessed during the Easter service and then given a place of honor on the festive Easter table at home.

This year, Holy Trinity Lutheran Church at 92 Burton Avenue in Hasbrouck Heights will join our Orthodox sisters and brothers in this meaningful tradition of blessing the Easter eggs that will nourish us and adorn our Easter tables in our homes.

So, bring your Easter eggs on Easter Day, April 8, at 11 a.m., for a blessing. And, we invite you to bring the children at 10:15 a.m. Easter morning and join us for an Easter Egg Hunt and a continental breakfast.

Children will hunt for eggs on the lawn and can bring the eggs they find for a blessing.

Please feel free to visit our website at www.holytrinity-hasbrouckheights.com to view our complete calendar, hear our weekly meditations and to learn more about who we are. ###

Rosary Society of Corpus Christi Church

There will be no General Meeting of the Rosary Society in April because the meeting date falls within Holy Week. The next meeting will be Thursday, May 10, 2012, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel. New members will be inducted at this liturgy.

This is a reminder to members that we are hosting the Mass of Anointing on Saturday, April 14. We will meet at 10 a.m. to set up for the refreshments.

June 7 is our Annual Baby Shower in support of Birthright. Saturday, September 15 is the date of our visit to Bergen Regional Medical Center for recitation of the Rosary with the residents. Please mark your calendars.

We encourage the women of the parish to join the Rosary Society in prayer and service. Members are required to say one decade of the Rosary daily, to attend monthly meetings, to pray the Rosary for deceased members, and to participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan 201-288-7415. *Story by Carol Viceconte. ###*

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Feast of Divine Mercy

On Sunday, April 15, 2012, the Assumption Parish in Wood-Ridge will celebrate the Feast of Divine Mercy at 2:30 p.m. The celebration will include the Exposition of the Most Blessed Sacrament, the Divine Mercy Praises, the Chaplet and Benediction. Father Robert Langdon will be speaker and celebrant.

Divine Mercy Sunday is

celebrated on the first Sunday after Easter. It is originally based on the Catholic devotion to the Divine Mercy that Saint Faustina Kowalska reported as part of her encounter with Jesus, and is associated with special promises from Jesus and indulgences issued by the Church. ###

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Al Di La Italian Ristorante & Banquets 3 Course Dinner \$19.95 Seating from 10 to 125 1 Hoboken Rd., E. Rutherford, NJ 201-939-1128 • Fax: 201-635-1355 www.aldilabistro.com

Grasshopper ALSO Repast menus starting from \$13.95 645 Washington Ave., Carlstadt 201-460-7771 www.grasshopperalso.com

Bazzarelli Repast Menus start from \$19.99 3 Course Meal w/soda, coffee & tea included 117 Moonachie Road, Moonachie 201-641-4010 www.bazzarellirestaurant.com

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JOHN WESLEY METHODIST CHURCH 186 Van Winkle St., East Rutherford • 201-939-3574

ST. ANTONIOUS & ST. MINA (COPTIC) 147 Park Ave., East Rutherford • www.StAntoniousStMina.org Fr. Athanasius K. Farag: 201-487-4586 Fr. Bishoy Lamie: 202-747-4106

ST. JOSEPH CHURCH 120 Hoboken Rd., East Rutherford • www.stjosepher.com Parish Office: 201-939-0457 • Emergency: 201-939-0391 Rev. Joseph J. Astarita, Pastor Rev. Arokiadoss Raji, Parochial Vicar Sr. Marigene Kennedy, OSF Sunday Obligation Masses: 5:30 p.m. Saturday/Vigil 8:00 a.m., 10:00 a.m., Noon Daily Masses: (Church) Mon. - Fri., 7:30 a.m., 12:05 p.m. • Sat.: 8:30 a.m. Confession: Sat. 11:00 - 12:00 p.m.

Hasbrouck Heights

BIBLE BAPTIST CHURCH 31 Passaic, HH • 288-4139 www.biblebaptist.net Rev. Bill Hegedus, Pastor Sunday 8:00 a.m. Prayer Partners Meet 8:30 a.m. Early Worship Service (Traditional) 9:30 Discipleship Hour for all ages 11:00 a.m. Morning Worship Service (Contemporary) Evening Service as announced

CORPUS CHRISTI R.C. CHURCH Boulevard & Kipp, HH Offices: 288-4844 • School: 288-0614 Rev. Msgr. Lewis V. Papera, Pastor Rev. Raymond M. Holmes Deacon Vincent DeFede Deacon Paul Carris Sunday Obligation Masses: 5:00 p.m. Saturday (Chapel) 8 a.m., 10 a.m., 12 noon, and 6:00 p.m. Daily Masses: Mon.-Sat. - 8:00 a.m. Reconciliation (Confession): Sat. 4-4:45 p.m. Corpus Christi Church/School Websites Parish: www.rc.net/newark/corpuschristi/index.html School: www.corpuschristischool.net

Hasbrouck Heights

CHURCH OF ST. JOHN THE DIVINE (EPISCOPAL) Terrace & Jefferson, HH • 288-0002 www.saintjohnthedivine.com www.careonthecorner.org Sunday - 9:30 a.m. Holy Eucharist Rite II Check website for holidays

FIRST REFORMED CHURCH Burton & Washington Place, HH Church Office: 201-288-1122 Handicapped accessible. Sunday 8:45 a.m. Sunday School 10:00 a.m. Worship Service, Fellowship Hour follows Worship Service. Child care provided.

FIRST UNITED METHODIST CHURCH 57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773 Church Office: 288-4636 Pastor Iraida Ruiz de Porras Sunday 9:30 a.m. - Worship and Praise Thursday - 7:00 p.m. - Bible Study

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HOLY TRINITY LUTHERAN CHURCH 92 Burton Avenue, HH • 288-6889 Rev. Susan Nelson-Colaneri, Pastor www.holytrinityhasbrouckheights.com Sunday 9:45 a.m. - Sunday Church School 11:00 a.m. - Holy Communion

THE COMMUNITY UNITED CHURCH OF CHRIST Boulevard & Charlton Ave., HH • 288-0622 Rev. Edward J. Glasser, Assoc. Minister Sunday - 10:00 a.m. Morning Worship Communion- First Sunday of the month

Little Ferry

EVANGEL CHRISTIAN CHURCH 165 Main Street • Office: 201-440-0470 Rev. Veronica M. Pearson, Pastor Sunday - 9:00 a.m. Adult Bible Study • 10:00 a.m. Children/Teens Sunday School meet during Worship Service Wednesday - 7:30 p.m. Bible Study

ST. MARGARET OF CORTONA (Little Ferry/Moonachie) 31 Chamberlain Ave., • Handicapped Accessible Parish Ctr.: 201-641-2988 • Religious Ed.: 201-641-3937 Very Rev. Arthur F. Humphrey, V.F., Pastor and Dean Sr. Dorothy A. Donovan, S.S.J., Pastoral Associate Sunday Masses: Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon Weekday: Mon., Novena Mass 7 p.m., Tues., Wed., Fri. 8 a.m. Saturday, and Civic Holidays: 9 a.m. Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Lodi

FAITH REFORMED CHURCH 95 Washington St., Lodi • 973-778-4529 • www.lodifaith.net Rev. Timothy Ippolito, Pastor Sunday: 10:30 a.m. Worship and KIDZ Church (Ages 4-10)

Lodi

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ST. JOSEPH R.C. CHURCH 40 Spring Street, Lodi • Rectory: 973-779-0643 Rev. Michael Marotta, C.R.M., Pastor Rev. Americo Salvi, C.R.M., Parochial Vicar Rev. Anastacio "Nony" Villaluz, C.R.M, Parochial Vicar Rev. Mr. George Ochoa, Deacon Sunday Obligation Masses: 6 p.m. Saturday 7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m. Filipino Mass, 3rd Sunday of the month at 1:15 p.m. Daily Masses: M-F 7:00 a.m., Noon • Sat. 7:30 a.m. Holy Day Mass Eve: TBA Reconciliation (Confession): Sat. 5 p.m. Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE 221 Moonachie Road Church Office: 201-641-4919 Rev. Kimberly Chastain, Pastor Sunday 9:30 a.m. Children's Sunday School

Wood-Ridge

ASSUMPTION R.C. CHURCH 143 First Street, Wood-Ridge • Rectory: 201-438-5555 Center: 201-933-6118 • www.assumption-parish.org Fr. Richard Mucowski, OFM, , EdD, PhD, Pastor Fr. Julian Jagudilla, OFM, M.Div., Pastor Vicar Br. Paul Keenan, OFM, MSW, Pastor Associate Fr. Francis K. Kim, OFM, M.Div., In Residence Deacon Nicholas Valdez Deacon Francis Materia Sunday Obligation Masses: 5:30 p.m. Saturday 8:00 a.m., 9:30 a.m., 11:00 a.m. Daily Masses: (Church) Mon.,-Sat.: 7:30 a.m. • Holy Hour: Fri. after 7:30 a.m. Mass Sacrament of Penance: Sat. 4 - 5 p.m.

FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE 190 Valley Boulevard • 201-438-5559 • 201-438-8966 Rev. Kimberly Chastain, Pastor Sunday 9:30 a.m. Worship Service Monday 10 a.m. ESL Bible Study Tues. 10 a.m. Coffee Break Study ONE COMMUNITY CHURCH OF NJ Rev. Dr. Andres Yi, Pastor Sunday Worship 12:00 • Sunday School 12:00 Wed. Worship 8 p.m. • Morning prayer Tue. - Sat. 6 a.m. Bible Studies: 10 a.m. Mon., 8 Tue. 201-669-7528 • www.onecomchurch.org

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ST. PAUL'S RESURRECTION EPISCOPAL CHURCH Center & Humboldt Streets, W-R • 201-438-8333 Rev. M. Mathew Zacharia, Rector Sundays - 9:30 a.m., Episcopal Eucharist (BCP Rite II) 2nd & 4th Sun. - 11 a.m. Anglican CSI Malayalam Srv.

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Rosary Society of Assumption Church

Members of the Rosary Altar Society of Assumption Parish are on a mission to recruit new members. Being a Rosarian is a great way to connect to the Blessed Mother through the way of the Rosary. Meetings are the first Tuesday of each month from September to June.

The Society has some wonderful events that are not only fun but rewarding in the spirit of giving and support of those in need. Events such as our spectacular Baby Shower for the Birthright organization for moms in need and well known annual cake sale.

The Rosary Altar Society is more than just the ladies responsible for the altar linens. Don't be fooled though, we are passionate about the care of the altar linens.

In addition, we also enjoy celebrations at our annual Communion Breakfast, Christmas Party and annual picnic in June. The San Alfonso Retreat is an amazing experience that many of the Rosarians also participate in. But above all, our love and dedication to the Blessed Mother is our ultimate bond. We begin each meeting by praying the Rosary together and celebrating Mass as a family. We honor Mary in the month of May with an evening of reflection and the Coronation of the Blessed Mother.

All women of the parish are welcome to join. Our next meeting will be on April 3 in the Hayes Parish center. We will be celebrating our annual Baby Shower. Never forget that Mary is ALWAYS waiting for you! *Story by Rose Lepore.* ###



Previous Issues of
The Gazette Newspaper
are available on-line at:
The-Gazette-Newspaper.com

About Easter

Easter, Pascha, or Resurrection Day, is the most important religious feast in the Christian liturgical year. It celebrates the resurrection of Jesus, which Christians believe occurred on the third day after his crucifixion some time in the period A.D. 27 to 33.

Many pagan elements have become part of the celebration, and those aspects are often celebrated by many Christians and non-Christians alike.

Porch Ministries Spring Project

For several years now, the church's SWIM (Single Women in Mission) group has coordinated collections of items that can be distributed to those with varied needs.

With the help and generosity of many in our surrounding communities, they have been able to respond to the disasters in Japan and Haiti, sent packages to men and women in our armed forces, and provided everyday necessities and warm clothing for the homeless, to name just a few projects.

During the months of April and May, they will be collecting disposable diapers in sizes 3 through 6. The diapers will be given to three local organizations -- Family Promise of Bergen County, a program that provides temporary shelter, care and support for homeless families with children; Zoe's Place, a program that provides housing, education and assistance for teenage mothers; and Shelter Our Sisters of Hackensack which provides services for women and children who are victims of domestic violence.

To contribute, please leave your donations of diapers on Holy Trinity's porch at 92 Burton Avenue, Hasbrouck Heights, any day from 8 a.m. to noon.

Consider honoring one of the mothers in your life on Mother's Day with your donation to a mother in need. Acknowledgement cards will be available inside the box on the porch.

For more information call the Church office at 201-288-6889. Together, in small ways, we can make a huge difference! ###

Easter also refers to the season of the Church year called Eastertide or the Easter Season. Traditionally, the Easter Season lasted for the forty days from Easter Day until Ascension Day, but now officially lasts for the fifty days until Pentecost. The first week of the Easter Season is known as Easter Week or the Octave of Easter.

Easter is termed a movable Christian holy day because it is not fixed in relation to the civil calendar. Easter falls at some point between late March and late April each year (*early April to early May in Eastern Christianity*), following the cycle of the moon.

Easter is linked to the Jewish Passover, not only for much of its symbolism, but also for its position in the calendar.

The Last Supper shared by Jesus and his disciples before his crucifixion is generally thought of as a Passover meal, based on the chronology in the Gospels.

Some, however, interpret "Passover" in John 18:28 as a single meal and not a seven-day festival. Interpretation of the Gospel of John differs from the Synoptic Gospels by placing Christ's death at the time of the slaughter of the Passover lambs, which would put the Last Supper slightly before Passover, on 14 Nisan of the Bible's Hebrew calendar.

According to the Catholic Encyclopedia, "In fact, the Jewish feast was taken over into the Christian Easter celebration." *Source: Wikipedia.org* ###

PRAYER TO ST. JUDE

Oh Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near knisman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to who God has given such great power to come to my assistance. Help me in my urgent petition. In return I promise to make your name known and cause you to be invoked. Say three Our Fathers, Hail Marys and Glorias.

Publication must be promised. St. Jude, pray for us all who invoke your aid, Amen. This novena has never been known to fail. This novena must be said for nine consecutive days. J.M. ###



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Grass Roots Folk Songs Concert

Come hear the music and history of grassroots folk songs from various American workers' occupations performed by Saul Broudy. Before modern mass-media and widespread literacy, workers in various occupations made their own songs to express emotions, convey information, tell stories, solidify group identity and help make it through the day.

Mr. Broudy will present the songs of railroad workers, coal miners, farmers, hobos, truck-drivers, pilots and other workers, and discuss the role this music played in the workers' lives.

This free concert will be held at The Hasbrouck Heights Senior Center on Saturday, April 14, 2012, at 2 p.m. The event is sponsored by The Hasbrouck Heights Free Public Library. For more information call 201-288-0488. ###

Czech Pork Dinner May 20

American Sokol in Little Ferry will host a Czech Pork Dinner on Sunday, May 20, 2012, from noon to 1:30 p.m. Take out available starting at 11:30 a.m.

Menu includes roasted pork, dumplings, sauerkraut, applesauce, homemade cake, bread and butter, and coffee or tea. Beer, wine or soda included.

Tickets are \$20 adults, \$18 members and \$9 children. Reservations only -- no donations will be accepted at the door. For tickets, call Blanche at 973-365-1111 before May 10, 2012. ###

St. Mary Schools Annual Spring Carnival May 1-5

St. Mary Elementary and High School will be holding their Annual Spring Carnival at Memorial Field in Rutherford beginning Tuesday, May 1 through Saturday, May 5, 2012.

Enjoy all new exciting rides, games, food and more.

Family Night is Tuesday May 1 and Wednesday May 2 -- pay one price and ride all night. Alumni Day is Saturday, May 5. The Carnival is open 6 to 10 p.m. on Tuesday, Wednesday and Thursday; Friday is 6 to 11 p.m. and Saturday is 3 to 11 p.m. ###

A Spring Dinner Dance

The Lay Association of Saint Francis Caracciolo presents "A Spring Dinner Dance" on Saturday, April 21, 2012, at 7 p.m., at St. Joseph School Gymnasium in Lodi.

Ticket cost is \$25. Call 973-779-0643 for reservations. No tickets will be sold at the door. Event benefits the Adorno Fathers. ###

W-R National Honor Society Garage Sale

Looking for some furniture? Books? Clothes? Toys and even more? Come to the WRHS National Honor Society garage sale at the Wood-Ridge Civic Center (Highland Avenue) on April 22, 2012, to support Heifer International. 100% of the proceeds will be donated to this amazing organization dedicated to ending world hunger. ###

W-R Lions Pancake Breakfast

The Wood-Ridge Lions Club is sponsoring their annual pancake breakfast. Started in 1961, this is believed to be the longest continuous community event in the Borough.

Come to the High School All Purpose Room on Sunday, April 1, 2012, between 8 a.m. and noon, to enjoy a delicious breakfast of hot buttered pancakes with syrup or fruit toppings, sausage, orange juice, coffee or tea. Tickets are available from any Club member or at the door for \$4 each. Children under 3 are free. ###

Food Fest 2012

Join the Fort Lee Rotary for a food sampling of 25+ area restaurants, plus wine and coffee on Monday, April 30, 2012, from 6:30 p.m. to 9:30 p.m. at the Double Tree Fort Lee Grand Ballroom, 2117 Route 4 Eastbound, Fort Lee. Advance tickets are \$55 pp and \$65 at the door. Call Matt at 201-788-2077 for tickets.

Event benefits the Gift of Life Program, Center for Food Action, Inter-religious Fellowship, local high school scholarships, leadership programs, etc. ###

Big Band Jazz And Big Laughs

The Youth Ministry Program of Assumption and Corpus Christi Parishes (ACCTM) is presenting "A Night of Big Band Jazz & Big Laughs" to benefit their Spring Retreat.

The event is on Saturday, April 21, 2012, at 7 p.m., at Corpus Christi School Gym and will feature live big band jazz music and The Record's Bill Ervolino performing stand up comedy.

Tickets are \$20 in advance and \$25 at the door, and there will be a 50/50 raffle, BYO sips, dips and savories, etc. Tickets can be purchased at Corpus Christi Parish Center. For more information, call 201-288-5133 or email at AccTeenMinistry@hotmail.com ###

Carlstadt Woman's Club "Beefsteak Blast"

The Woman's Club of Carlstadt is celebrating its 85th Anniversary with a "Beefsteak Blast" fund raiser on Saturday, May 5, 2012, at 7 p.m., at the Carlstadt Civic Center, 300 Fourth Street, Carlstadt, NJ.

A fun filled evening is planned with entertainment, raffle prizes and "Tricky Tray."

Proceeds from the evening will go towards the club's various charities such as Gilda's Club, local schools, families in need, and the annual scholarship award presented to a female graduating senior pursuing a career in the medical field.

Tickets are \$40 and can be purchased by contacting Rosalie at 201-460-7530. ###

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FOCAS Holds Flea Market

FOCAS Flea Market is on Saturday, April 21, from 10 a.m. to 4 p.m. and Sunday, April 22, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry. This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (Not accepted are TVs, PC monitors, excercise equipment, clothes or magazines.)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

HH Town-wide Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for June 2 and 3, 2012, from 9 a.m. to 4 p.m.

Participation in this sale does not count towards the “two garage sales” per year ordinance. Sign up dates to be announced.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants’ addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor’s Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

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Rummage Sale

The Guild of Reformed Church Women will hold their Spring 2012 Rummage Sale at the First Reformed Church, Hasbrouck Heights, on Thursday, April 19, from 7 to 9 p.m., Friday, April 20, and Saturday, April 21 from 9:30 a.m. to noon.

Items for sale include clothing, shoes, toys, books and household items. Donations welcome. Proceeds will go to Church projects and missions. The Guild holds rummage sales every spring and fall. For more information, call Estella at 201-288-0378. ###

Garummage Sale April 14

The First United Methodist Church, in Hasbrouck Heights, will hold its annual Garummage Sale on Saturday, April 14, 2012, from 9 a.m. to 2 p.m. (rain or shine.)

There will be a huge selection of household items, indoor and outdoor toys, jewelry, collectibles, electronics, etc.

The Church is located at the corner of Division and Burton Avenue in Hasbrouck Heights.

For further information please contact the Church office 201-288-4636 from 8:30 a.m. to 12:30 p.m. ###

Yard Sale to Benefit Haiti

The young candidates for the Sacrament of Confirmation at Corpus Christi Parish will hold a giant yard sale and 50-50, at Corpus Christi School Cafeteria, 215 Kipp Avenue, on Saturday, March 31, 2012, from 10 a.m. to 2 p.m.

Items expected to be available are electronics, games, household items, toys, books and more. A bake sale will also be held.

Donations may be dropped off at the school cafeteria on Friday, March 30 between 3:30 and 7:30 p.m. (no earlier). No clothing will be accepted, due to health restrictions. ###

Fashion Show and Tricky Tray

Wood-Ridge High School Class of 2012 Fashion Show and Tricky Tray will be held on Thursday, April 12, 2012, starting at 6:30 p.m. at The Fiesta, Wood-Ridge. Tickets are \$40 per person.

Doors open at 5:30 p.m. to preview Tricky Tray and baskets and to place your tickets.

Dinner choices are chicken, roast beef, fish or vegetarian.

Reserve your table early! Payment for 6 tickets reserves a table. Table size: 10-12 people

For tickets or info call Janet at 201-707-4261 (therobes133@msn.com) or Michelle at 201-965-9509 (mtimpson@gatewaytohomes.com) ###

Lodi HS Band Beefsteak

The Lodi High School Band will be hosting a Beefsteak on Thursday, April 26, 2012, from 6-9 p.m., at the Lodi High School Cafeteria.

In addition to a full beefsteak dinner, the evening will feature performances by professional jazz musicians, accompanied by members of the Lodi High School Jazz Band. Tickets are \$35. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext.40. All proceeds will benefit the music scholarship fund. ###

The Adorno Fathers Trips

- The Shrine of Our Lady of Medjogorje - Medieval Dubrovnik, April 9-15, 2012. \$1,895 pp/dbl. occ. (Airfare, transfers, taxes included.)

- Pilgrimage to the Holy Shrines of Canada, Memorial Day Weekend, May 26-28, 2012. \$460 pp/dbl. occ., \$575 pp/single occ. (Bus fare, lodging, taxes included.)

- Italy - In the Footsteps of St. Francis Caracciolo, October 8-18, 2012. \$2,995 pp/dbl. occ. (Airfare and transfers incl.)

- The Holy Land, "Walk in the Footsteps of Jesus," November 11-20, 2012. \$2,798 pp/dbl. occ. (Airfare and taxes incl.)

- Greece: In the Footsteps of Paul the Apostle, Cruise. April 17-27, 2013. Inside cabin dbl \$3,549 pp, single \$4,049 pp; outside cabin dbl., \$3,649 pp, single \$4,249 pp.

For more information call Fr. Nony Villaluz, CRM or St. Joseph Church, Lodi, at 973-779-0643. ###

Don't Text
and Drive

Old Fashioned Star Spangled Tricky Tray

Rutherford’s St. Mary High School PTO will be holding their 2012 Annual Tricky Tray on Friday, April 20, 2012.

This year’s event, “An Old Fashioned Star Spangled Tricky Tray” will be held at the St. Mary High School gymnasium, 64 Chestnut Street, Rutherford, NJ 07070.

The entrance fee is \$15 and a pasta dinner will be offered for \$5/plate. Doors open at 6 p.m. For tickets, please call Joanie at 201-394-8676 or emailsmhsPRES@verizon.net. Tickets will also be available for purchase at the door.

Any donations toward the prize pool are greatly appreciated. These donations may be dropped off at the Main Office at St. Mary High School; or items can be arranged for pick up at your convenience (phone number listed above). ###

All-You-Can-Eat Dessert Party With Bill Ervolino

The Friends of the Wood-Ridge Memorial Library will be hosting their 18th Annual Dessert Tea on April 16, 2012, at 6:30 p.m. The cost of the tea will be \$10. Tickets may be purchased at The Library for an evening of entertainment and all you can eat homemade goodies.

The entertainment for the evening is none other than our hometown celebrity Bill Ervolino! Those of you who have attended in the past and have seen Mr. Ervolino know what a treat his program is.

Those of you who have not, simply have been missing out! Don’t miss it this year, and why not bring a friend while you’re at it?

The tea will be held at the Wood-Ridge Senior Center. This is one of The Library’s biggest fundraisers and a really fun night. Hope to see you there! ###

St. Margaret Church Holds Flea Market

The Parish Social Life Committee of Saint Margaret of Cortona Church, at the corner of Liberty St. and Chamberlain Ave., Little Ferry, NJ, will host an Indoor Flea Market.

The Flea Market will be May 12, 2012, from 9 a.m. to 4 p.m. Vendors can request a contract by calling Ellie at 201-641-0883. Tables are 8 ft by 30 inches at \$25. Tables and chairs supplied. Breakfast and lunch will be available. ###

BGC Has Talent

The Boys and Girls Clubs of Lodi/Hackensack Art Department presents their Spring Event "BGC Has Talent" on Tuesday, April 10, 2012 in the Bingo Hall of their Lodi facility.

Doors open at 5:30 p.m. and the show starts at 6:30 p.m.

Admission is \$7 per adult and \$5 per child. Children under 4 are free. Food and refreshments will be served.

For more information contact Kelly at 973-473-7410 ext 106 or email Kelly.ruffel@bgcoflodi.org ###

Carlstadt Mixed Chorus

The 81st Music Festival will be held Sunday, May 6, 2012, at 3:30 p.m. at the Carlstadt Turn Hall (500 Broad Street, Carlstadt, NJ). Donation is \$20. It features the Chorus, under Music Director Johanna Teubner-Prussak, and guest soloists, accompanied by a Chamber Orchestra. Dance music by Adler’s. Kitchen and bar will be open. For reservations call 201-652-0968 or 201-909-0808. ###

Roast Beef Dinner Saturday, April 28

The Guild of Reformed Church Women will hold their Annual Roast Beef Dinner on Saturday, April 28, 2012, from 5:30 p.m. to 7 p.m., at The First Reformed Church, Hasbrouck Heights.. Cost is \$15 for adults and \$5 for children under 10. Take-outs are available upon request. For reservations call Estella at 201-288-0378 or the Church office at 201-288-1122 before April 25. ###

Mt. Airy Lodge & Casino Bus Trip

Come and enjoy a day at the beautiful Mt. Airy Lodge & Casino on Thursday, April 12, 2012.

The bus will leave from in front of MSH Church, Wallington, at 9:30 a.m. sharp, returning at approximately 5:30 p.m. The price of \$30 includes bus transportation, a \$25 free slots play, and a \$10 food voucher.

Payment is due when the reservation is booked. Checks should be made payable to “MSH Rosary Confraternity,” placed with the reservation form in an envelope marked “Mt. Airy Trip,” and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington. Note: Guests must present valid state or federal issued photo id in order to obtain their Mt. Airy Players Club Card or any motor coach incentive.

For additional information, call Ginny at 201-715-2087. ###

W-R Spring Book Sale May 5

The Friends of The Wood-Ridge Memorial Library are pleased to announce their Spring Book Sale which will be located at the Wood-Ridge Senior Center next to The Library.

Be on hand on Saturday, May 5, 2012, between 10 a.m. and 2:30 p.m., to get bargain prices on a large selection of fiction and non-fiction books. The items will include both adult and children's materials and both hardcover and paperback books. Proceeds will help support The Library and its programs.

Doors will open promptly at 10:00 a.m., so come on over and pick up a few books to set aside for that upcoming summer vacation!

Donations of clean, undamaged books are gratefully accepted at The Library. Please, no tapes. The Friends are looking for a few good people to help set-up tables. Please contact Mrs. 'G' at The Library 201-438-2455 if you can help. Students interested in community service credits are also welcome. ###

HH Library Book & Bake Sale

The Friends of The Free Public Library of Hasbrouck Heights are pleased to announce the Spring Book & Bake Sale on Saturday & Sunday, June 2 and 3, 2012, in the Senior Center located on the first floor of Borough Hall. Entrance is on Central Avenue.

Gently used books and media along with delicious homemade baked goods will be available for purchase. Hours are as follows: Saturday: 9 to 4 p.m. and Sunday: 11 to 4 p.m. Available are hardcover/trade paperback books \$1, paperback books \$.50, media \$1 and some specialty items are individually priced. Donations of books in good condition are now being accepted. Call The Library for details at 201-288-0488. ###

Rutherford Library Book Sale April 21

The Friends of The Library of Rutherford will hold a Book Sale in the Library Auditorium on Saturday, April 21, 2012, from 10 a.m. to 4 p.m. Gently used books, CDs, and DVDs will be available for sale at bargain prices! Also for sale will be gift items such as bookmarks, note cards, mugs, and "The James Hands Map History of Rutherford."

The Rutherford Public Library is located at 150 Park Avenue, Rutherford. For more information call 201-939-8600. ###

Computer Workshops

Lodi Memorial Library will be having free computer workshops to train adults in job computer skills through mid-April, 2012. Workshops are from 1 p.m. to 2:30 p.m. To register please call Lodi Library at 973-365-4044 and come in to put a \$5 deposit down, which will be refunded during the class. The following is the upcoming workshop schedule:

- Computer Basics, April 3
- Internet Computer Skills Basics, Thursday, April 12
- Email Computer Skills Basics, Tuesday, April 10.
- Microsoft Word 2007 Basics, Tuesday, April 17. ###

Practice English at Conversation Group

English language learners are invited to attend the English Conversation Group on Tuesdays and Thursdays from 10-11:30 a.m. at the Rutherford Public Library. The group provides a good opportunity to practice spoken English in an informal setting.

This is a free program and all are welcome. The Rutherford Public Library is located at 150 Park Avenue, Rutherford. For more information call 201-939-8600 ext. 7. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at the Rutherford Public Library will meet on Wednesday, April 18, 2012, at 6:30 p.m., to discuss "Presumed Innocent" by Scott Turow. The meeting will be held in the Rutherford Library Auditorium.

All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the books are available at the Circulation Desk. For more information, e-mail Peg Mellett at mellett@bccls.org.

The Rutherford Public Library is located at 150 Park Avenue, Rutherford. ###

Computer Classes at Carlstadt Library

The Carlstadt Public Library is pleased to offer free computer classes for adults during spring.

Classes are limited to 6 people, so call ahead to reserve your spot! Preference is given to Carlstadt residents. Classes include: Facebook, Twitter, Google, MS Word, MS Excel, MS PowerPoint, MS Mail Merge, etc.

Please call 201-438-8866 ext. 204 for more information or. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

Attention Gamers

The Carlstadt Library's collection has recently been expanded to include Xbox 360 and Wii games, as well as several games for Xbox 360 Kinect.

These games will circulate for one week and will be available to anyone with a valid library card who walks in the door. This collection is not currently listed in their online catalog, so come in and check out their growing game selection! Call 201-438-8866 for more information. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

Tai Chi Workshop

The Free Public Library of Hasbrouck Heights will sponsor an introductory level workshop focused on Tai Chi Short Form. This workshop is free and people of all ages are encouraged to attend. It will be held in The Library from 12:30 to 2 p.m. on Saturday, March 31, 2012. Class size is limited so registration is required. To register, please call 201-288-0488. ###



Stuffed Animal Sleepover

The Hasbrouck Heights Free Public Library hosted its First Annual Stuffed Animal Sleepover on Friday, March 2, 2012.

Children and their parents were invited to bring one stuffed animal for a special after hour pajama story time.

Children's Librarian Marie Joyce read bedtime stories to them in her bunny slippers. It wasn't a quiet story time, though. The children roared like baby dragons and rode noisy horses through the forest during "Good Night, Good Knight." Then they made a teddy bear picture frame with the help of Library Director Mimi Hui and her Teen Advisory Board.

Not long after the children tucked their animals in for the night, the Library became a playground for these mischie-

vous friends.

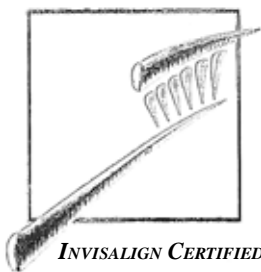
They were photographed calling for pizza, playing in the book drop, and playing hide and seek. The next morning, the children came to pick up their cuddly friends and were delighted to watch a slide show story about what happened during the stuffed animal sleepover while having breakfast, sponsored by The Jr. Friends of The Library.

Special thanks to the following individuals and local businesses for their generous donations: IHOP, McDonalds, Maria's Kitchen, and the Watrel Family. More than 35 children participated, and say they can't wait for next year.

The slide show can be seen on The Library's website, <http://hasbrouckheights.bccls.org> Photo provided by HH Library. ###

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Library Partners with Book Wish to Help Darfur Refugees

Until April 15, 2012, Lodi Memorial Library and other New Jersey Libraries will be collecting cash donations for Book Wish, a non-profit organization working with the UN to create Libraries for children in Darfuri refugee camps.

The NJ State Library is coordinating this initiative and all donations will be used to purchase books for children in Darfur.

For more information, call 973-365-4044 or visit <http://bookwish.org/> Lodi Library is located at One Memorial Drive. ###

Love Songs

On Wednesday, April 4, 2012, from 7-8 p.m., the Carlstadt Public Library will host "Immortal Love Songs."

Richard Cassell and Frances Devine of Capitol Heights Lyric Opera will treat you to a series of staged arias and duets from popular operas, such as "Carmen," "Fiddler on the Roof," "The Merry Widow," and more!

Refreshments will be served, and all are welcome to attend. For more information call 201-438-8866. ###

Poetry Reading

On Monday, April 16, 2012, from 7-8 p.m. the Carlstadt Public Library will celebrate National Poetry Month.

Local resident, Kathie Rizzo, returns to share her original poetry with the audience.

Refreshments will be served and all are welcome to attend. For more information call 201-438-8866. ###

FREE Computer Training

Get connected with technology classes at The Hasbrouck Heights Public Library. They offer a wide range of hands-on computer training on Saturday mornings from 10 a.m. to noon. A \$40 refundable deposit is required.

Participants meet for two sessions to learn the latest Microsoft Office software. To reserve your seat, call The Library at 201-288-0488. The 2012 Spring schedule:

- April 14 and 21: 2010 Excel
- April 28 and May 5: 2010 PowerPoint
- May 12 and 19: Computer Basics
- May 26 and June 2: 2010 Excel
- June 9 and 16: 2010 PowerPoint ###

Cutting for Stone

On Wednesday, April 11, 2012, from 7-8 p.m., the Carlstadt Public Library will host their monthly Book Discussion Group meeting to discuss "Cutting for Stone" by Abraham Verghese.

Orphaned by their Indian mother's death and their British father's disappearance, Marion and Shiva Stone are torn apart by their love for the same woman.

Marion flees to America, but when the past catches up with him, he must entrust his life to the two men he trusts least: the father who abandoned him and the brother who betrayed him. Copies of the book are available at The Library for patrons to take out.

Refreshments will be served, and all are welcome to attend. For more information call 201-438-8866. ###

"Be Seen Reading at Lodi Library for Free Ice Cream"

During National Library Week (April 8-14), children and teens seen reading at Lodi Library will receive a coupon for a free ice cream sundae.

Or send your photo to lodilibrary@bccls.org with your name and pick up your coupon at the Children's Desk.

This program is open to ages 2-17 with a limit of one coupon per person. Lodi Library is located at One Memorial Drive. For more information, call 973-365-4044 or visit lodi.bccls.org ###

100th Anniversary of Titanic

Lodi Memorial Library will be showing the film classic, "A Night to Remember" for the 100th anniversary of the Titanic on Wednesday, April 11, 2012, from 1:30-3:30 p.m. The film will be shown in The Library's second floor movie theater. Free popcorn and soda will be provided.

Also, on Wednesday, April 4, 2012, The Lodi Library will be showing "The Descendants," from 1:30-3:30 p.m. ###

Free Access

Whether you are a job seeker looking for resources to land a new job, a parent looking for free activities for children or a student searching for your next favorite book, you are welcome at your Library.

Your library card gives you access to nearly everything online and in print. They provide personal assistance to help locate the information you need and offer a variety of programs. ###

Lodi Library Will Close mid-April for Renovation

From Monday April 16, 2012 through July 14, 2012, Lodi Memorial Library will be closed to the public for interior renovation.

The renovation will include installation of energy efficient lights and additional lighting, as well as replacement of the ceiling.

The current ceiling tiles sustained water damage and mold due to roof leaks prior to the 2010 roof replacement.

Hasbrouck Heights Library, 320 Boulevard, will serve as Lodi's home library during the closure.

However, Lodi Library cardholders can use their cards and services at any of the 73 public BCCLS libraries in northern New Jersey.

During the three-month closure, the Lodi Library book-drop will be closed. Lodi Library will be unable to accept

returns of any Lodi Library materials because staff will not have access to the building.

Special due dates will be set for Library materials borrowed now through early April, to ensure that materials are returned prior to April 14.

Lodi Library is working closely with local schools and organizations to minimize the impact of the closure on service to the community.

Lodi Library encourages all residents to obtain or update their library cards now, since Hasbrouck Heights Library requires a library card sign-in for public computer use.

Check the library website at <http://lodi.bccls.org> and the Lodi Memorial Library Facebook page for updates or email questions to lodilibrary@bccls.org ###

HH Library Week Activities

In celebration of National Library Week (April 8 – 14, 2012), The Hasbrouck Heights Public Library presents the following activities:

Library Raffle

For every item that is borrowed during this week, patrons (18 or older) will get an opportunity to enter their name in a raffle drawing for various prizes. Winners will be chosen on Saturday, April 14. Stop by and explore what your local library has to offer.

For Children

- Monday, April 9 -- Craft Night for Children in Grades 4-6 -- 7 p.m.
 - Wednesday, April 11 -- Book Bingo for Kids -- 11 a.m.
 - Thursday, April 12 -- Decorate a Book Bag for Grades K thru 6 -- 1:30 p.m.
 - Friday, April 13 -- The Muppet Movie -- 3 p.m.
- Registration is required. Please call 201-288-0485 to sign up.

Calling All Teens – Movie Screening

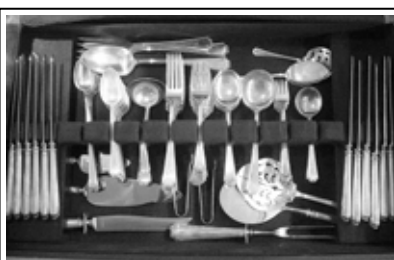
Library will host a screening of "Jack & Jill" on Wednesday, April 11 at 6 p.m.

This movie stars Adam Sandler, David Spade, Al Pacino, and Katie Holmes. This comedy film tells the story of family man Jack Sadelstein preparing for the annual visit of his twin sister for Thanksgiving who refuses to leave once she has arrived. Light refreshments will be served. Movie is rated PG. ###

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Felician Sisters
Celebrate Earth Day

Earth Day will be commemorated with a program of prayer and song at the Felician Sisters' Peace Site on Monday, April 23, 2012, from 12:15 p.m. – 12:45 p.m.

The peace site has been in existence for over 25 years and is located as you enter the Felician Sisters' property at 260 South Main Street, Lodi.

All are invited to join in the spirit of St. Francis of Assisi, as we strive for a deeper commitment to a peaceful coexistence with the earth and all its creatures.

Participants will include representatives of the Felician Sisters, Felician College, Immaculate Conception High School and the Felician School for Exceptional Children.

Local officials have also been invited for this event. This celebration follows Earth Day which occurs April 22, 2012. For additional information, please contact Sister Maryann Agnes Mueller at 973-473-7447. ###

Full Pink Moon

The April full moon will appear on Friday, April 6, 2012, at 3:20 p.m. It is called the "Full Pink Moon."

According to the "Farmer's Almanac," this name came from the herb, moss pink, or wild ground phlox, which is one of the earliest widespread flowers of the spring.

Other names include the "Full Sprouting Grass Moon," the "Egg Moon," and, among Coastal tribes, the "Full Fish Moon," because this was the time that the shad swam upstream to spawn.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

W-R Merchant Group
to Meet April 9

The next meeting of the Wood-Ridge Merchant Group is April 9, 2012, at 7 p.m.

A presentation of "increasing business via social media" will be given by Tiffany Miles.

Area businesses are invited to attend. For more information call Diane at 201-543-3298. ###



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Earth Day 2012

Mobilize the Earth

This Earth Day, April 22, the 42nd Anniversary, Earth Day organizers are mobilizing the planet simply to say one thing: the Earth won't wait.

It seems that environmental issues have been put on the back burner as we are in the midst of a global recession.

Yet, the problems that the Earth faces will not subside simply because we ignore them.

We continue to constantly pump CO2 into the atmosphere as climate change continues unabated. The rivers, streams, lakes and oceans remain polluted along with the air. Nowadays, it seems all too often that we hear of another oil spill or pipeline break or another mountain leveled to mine for dirty coal.

It's time that we Mobilize the Earth™ and speak with one voice, one message. We are tired of the lip service paid to the concerns of everyday people. It's time our leaders put us on the path to sustainability and address our economic future by taking the green economy seriously.

Earth Day Worldwide

Earth Day 2012 is shaping up to be bigger and better than ever. The 42nd Anniversary of Earth Day will focus on building the environmental movement and engaging new environmental activists around the globe. By facilitating relationships with new communities Earth Day Network will bring together an unprecedented amount of individuals and organizations alike to celebrate the environment on April 22.

A Billion Acts of Green®

Earth Day Network will continue to work to achieve their goal of registering one billion Acts of Green before Rio+20 in June 2012.

By working with individuals and groups from all backgrounds, Earth Day Network will expand on the world's largest environmental service project to date. Already millions of people around the world are working to save the environment. Earth Day Network hopes to bring all these people together under A Billion Acts of Green® to share one common voice. www.earthday.org ###

St. John's
Annual Plant Sale

Mark your calendars! Spring is just around the corner and it is time to start planning your gardens.

Flowering plants, hanging pots, and vegetable plants will also be available at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 4, 2012, from 6 to 8:30 p.m. There will not be any plants available on Saturday.

Only pre-orders for the 33rd Annual St. John's Plant Sale are being accepted and due by Tuesday, May 1, 2012.

Only flats which contain one kind/one color are \$11.

Pre-order forms are available by calling 201-288-0002 before Tuesday, May 1, 2012 and leave a message, or download order from from www.saintjohnthedivine.com

All plants are reasonably priced and of the highest quality. As in previous years, all plants are hand picked at the nursery by experienced gardeners. ###

Stash the Trash

The 4th Annual Stash the Trash Community Clean Up is scheduled for April 21, 2012, at 10 a.m., at the Moonachie Civic Center.

The 2011 event was overshadowed by pouring rain, but in 2010 over 56 people signed in to pick up trash and another eight volunteers who set up, gave things out, and cooked and served the food; not to mention a DJ who played wonderful music.

In a small town, these community events preserve the integrity of their sense of togetherness. Keeping Moonachie clean is a year round job, and your involvement would be greatly appreciated.

This event is sponsored by the Moonachie Clean Communities and the South Bergen Rotary Club. The event will run from 10 a.m. until noon. Community groups are encouraged to sign up – all materials for clean-up will be provided, as will a bar-b-que lunch.

If you would like to sign up, please email mlyons@moonachie.us. Groups will be able to apply for a mini-grant from the town. If you have any questions, ask at the above email address, or call 201-376-8382. ###

Chamber/Garden Club
Boulevard in Bloom

Help Keep the Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for the past seven years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the HH Garden Club, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting will be done by the Garden Club at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season.

After the summer, the DPW will collect the flower pots and store them for the winter.

The Beta Club from the Hasbrouck Heights Middle School and the Jr. Girl Scout Troop #438 will lend a hand planting and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

The funding has become dangerously low. Your generosity is especially appreciated this year.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box

1, Hasbrouck Heights, New Jersey 07604.

Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

Hasbrouck Heights
Garden Club

The Garden Club will be meeting on Thursday, April 19, 2012, at 6:45 p.m. in the Municipal Building located at 320 Boulevard on the second floor in the Library Meeting Room.

Everyone is welcome to meet Garnett Wilt, formerly of Hasbrouck Heights, who owns and operates his own private weatherstation at his home in Wood-Ridge.

He is a storm spotter and a member of the Citizen Weather Observation Program.

He has been monitoring weather for over 40 years. His weather data has been presented on television.

Please come and join them for refreshments at 6:45 p.m., followed by the speaker and a short meeting. For further information please contact Judy at 201-288-2615. ###

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"Grease" Returns to W-R High School

It's 1959 and Rydell High is filled with rebellious, thrill-loving students. In the midst of this scene, Sandy Dumbrowski enters as the new girl in school.

It turns out that she and the leader of the Burger Palace Boys gang, Danny Zuko, have had a brief romance the summer before.

While Sandy stresses to her new classmates the emotional attachment she and Danny had, Danny exaggerates the physical aspects of their relationship.

As the show goes on, the students at Rydell High have to deal with love, gang violence, teen pregnancy and friendship.

In the end, Sandy and Danny resolve their differences and end up happily together.

On March 23, 24 and 25, 2012, the Wood-Ridge High School students brought the timeless musical "Grease" to life under the direction of Roberta Blender and Ted

Colarusso coupled with the technical expertise of Stephen and James Lovretin.

Costuming and set construction was made possible through the creative efforts of Angelo and Sandra Urato and Debbie Nolting.

The cast did a fabulous job preparing for the show, with many returning actors, as well as fresh new faces.

The cast and crew included a total of 32 students from 9th – 12th Grade.

Danny Zuko, played by Josh Buscema and Sandy Dumbrowski, played by Heather Nolting, personify the classic couple with their perspective cliques. Rizzo (Melissa Plaza), Frenchy (Amanda DeLiberto), Marty (Jessica Sancilio) and Jan (Johnna Trotter), Roger (Nick Calabro), Sonny (Ryan Hennessy), Kenickie (Anthony Rispoli), and Doody (Gabe Blanco) are the members of the Burger Palace Boys and the Pink Ladies. Patty Simcox (Victoria Ruhle), Eugene Florczyk (Stefanie Baroutoglou), Guardian Angel (Lea Bourin-

naris), Ms. Lynch (Francesca Cafarella), Cha Cha DiGregorio (Priscilla Bauer), Vince Fontaine, (Michael Kida) and Johnny Casino (Evan Lewis) light up the stage. A welcomed addition to the cast this year are seniors Lauren Lagriola and Clarissa Martinez, as principal dancers.

They were lucky to have a talented group of ensemble cast members who rounded out the cast.

These students, from across the Grade levels, were Ashley Altieri, Joelle Buscema, Catherine Calabro, Paige Conti, Jessica Dininno, Helga Hysa, Dazly Macias, Leah Michalson and Michelle Potocki.

They would not have been able to perform this show without the vital help of the stage crew under the eye of Ms. Geri Berhain, Josh Quintana, Jaime Goscinski, Michael Ippolito, Kyle Lopez, and Tyler Wyrostek.

They were thrilled to present this wonderful, fun-filled show to the Wood-Ridge-Moonachie community. ###

W-R Kindergarten Registration

Registration for the 2012/2013 Kindergarten classes will be held at the Catherine E. Doyle School from 8:30 a.m. to 1:30 p.m. on Friday, April 27, 2012 by appointment only. Children must accompany parents for registration. Children are eligible if they turn five [5] years old on or before October 1, 2012. There are no exceptions to this policy.

The State Commissioner of Health Office requires parents of any child attending public or private school to provide proof of a current physical examination and immunizations.

Contact Mrs. Tiesi at 201-933-0440 for registration and medical forms. On the day of registration, bring the completed forms, together with the child's original birth certificate and proof of residency [gas & electric or phone bill]. All medical requirements must be completed no later than June 8, 2012. ###

Michael A. Schwarz Memorial Scholarship

Engine Company Two of the Carlstadt Fire Department has established a scholarship in memory of Michael A. Schwarz, a 20 year old Marine killed in action, November 2006, in Iraq.

Michael was a member of the Carlstadt Fire Department and a 2004 graduate of Becton Regional High School.

The scholarship is open to all Carlstadt residents graduating from high school this spring and furthering their education. The scholarship will be awarded to students who show dedication and service to their school and community.

Applications will be available at the Carlstadt Borough Hall, and must be completed and returned by May 15, 2012.

The members of Engine Two wish to thank everyone who donated to this Scholarship fund. With your support the memory of Michael and his devotion to serve his Country and community will live for years to come.

For more information about the scholarship, or to make a contribution, contact the Carlstadt Fire Department at 201-460-3942. ###

Curriculum Expo at RLC

Moonachie residents are invited to attend the Robert L. Craig School Curriculum Expo on Thursday, April 12, 2012, from 6:30 p.m. to 7:30 p.m.

The Curriculum Expo showcases projects by Pre-K through 8th Grade in all subject areas. Parents and children can view art exhibits throughout the school and cafeteria. The drama club will be doing a presentation at 7 p.m. in the gym.

Complimentary blood pressure checks will be administered by RLC School Nurse, Donna Gallo.

This event is designed to build pride and spark enthusiasm and support for the school by bringing together students, parents, teachers and neighbors. ###

Homework Club

Care on the Corner announces the Homework Club for children in grades Kindergarten – 5. Classes will be offered on Thursdays from 3:30 p.m. – 5:00 p.m. (classes will not be held on school holidays).

Students are asked to bring current Language Arts (Reading, Spelling and Phonics), Math, Social Studies and Science (other than experiments) homework assignments in which help is needed.

The group meets at the Care Center, 333 Franklin Avenue, Hasbrouck Heights. Call 201-288-9460 to register.

There is a \$15 registration fee. Scholarships are available. Jean R. Giarratana (NJ Certified Teacher) is the coordinator. ###



Copy for the May Issue is due April 10th.

Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

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Spelling Bee
Champs Thakkar,
Hauptman and
Syed Advance

Hasbrouck Heights 5th Grade students, Krutika Thakkar, Zachary Hauptman and Haider Syed, competed with 27 other students representing ten towns in the GFWC Northern Region of the New Jersey State Federation of Women’s Clubs – Junior Membership Northern Region Spelling Bee, held on Saturday, March 3, 2012, at the West Ridge Elementary School in Park Ridge.

Zachary, Krutika and Haider placed 1st, 2nd and 3rd respectively, in the Hasbrouck Heights Junior Women's Club Spelling Bee last month.

Krutika Thakkar, advanced to New Jersey State Federation of Women’s Clubs – Junior Membership State Spelling Bee, held on Saturday, March 10, 2012, at the NJSFWC Headquarters on the campus of Douglass Residential College at Rutgers University in New Brunswick.

Krutika competed against 17 other 4th and 5th Grade students from across the state. She lasted eight rounds to come in 6th Place overall. ###

Corpus Christi School Celebrates Spring

Spring starts to offer its beauty with the blooming trees around Corpus Christi. It is during this most holy time of year that the students of Corpus Christi reflect daily within their classrooms and with their families on the impact of Jesus' life and death on their own lives and the world around them. They are attending and participating in weekly Mass with their classmates and teachers.

Corpus Christi School’s ability to incorporate a spiritual life and superior academics into a child’s education is one key reason that brings families to the school. This benefit is evident not only during the Lenten season but throughout the school year.

A Lenten Prayer Service will take place on April 4, 2012, at 9 a.m. and a noon dismissal that day starts the Easter recess. School reopens on Monday, April 16.

One of the most beloved events at Corpus Christi is the Grandparent’s Social. This year it will be held on April 19. Grades PreK3 through First, invite grandparents and special friends to an afternoon of songs performed by the students and then have snacks with their guests.

A “Sacred Concert” held in the chapel will take place on April 25 with the school choir performing.

The final Open House of the school year for new families will take place on Thursday, April 26, from 9 to 11 a.m. and from 1 to 2 p.m. Class registration for the 2012/2013 school

year and tours of the school both at the Early Childhood Learning Center (PreK3 and PreK4) and the Main School (K-8) is encouraged to guar-

antee a spot in the upcoming school year.

For more information on class availability, please call 201-288-0614 and for additional

information on these and other events, be sure to check out the website at www.corpuschristischool.net Story by Maria Grace Billings. ###

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Polish Festival

On Thursday, March 8, 2012, students at the Felician School for Exceptional Children were provided with a glimpse of Polish heritage.

The program began with the singing of the Polish National Anthem.

The students enjoyed authentic food-tasting of kielbasa, pierogi, sauerkraut, horseradish, chrusciki and cookies. They even made some pierogi!

They were also introduced to traditional arts of egg decorating (*Pyzanky*) as well as folk art painting on plates (*Bolelawie*), and actually participated in making these crafts.

They participated in the traditional sports of soccer and hockey. There was traditional dancing of the Polka and discovery of Polish nesting dolls.

The program ended with a parade in The Library and throughout the school.

The event was organized by events coordinator Mary Anne Protzo, music teacher Barbara Giaquinto and Phy. Ed. teacher Edna Johansen. ###

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Happy Easter Season



Jr. Women’s Club "Guess Who" Contest

“You’re never too old, too wacky, too wild, to pick up a book and read to a child.”

The Hasbrouck Heights Junior Women's Club held a storytime in honor of Read Across America Day on Thursday, March 1, 2012, at the Hasbrouck Heights Free Public Library.

Local students in Grades K-5 were invited to submit artwork of their favorite book

characters as part of the "Guess Who" contest sponsored by the Hasbrouck Heights Junior Women's Club.

This contest coincided with Read Across America week and encourages young children to creatively express their literary interests. Hasbrouck Heights librarians selected the

winners from over 100 entries. All submissions were displayed in The Hasbrouck Heights Free Public Library.

Each winner received a puzzle of their own individual drawing.

This Read Across America contest had 9 winners in total; Corpus Christi won 2 of the

9 prizes; Euclid won 4 of the prizes, and Lincoln won 3.

The winners were: Kindergarten-1st Grade 1st Place: Navya Gupta, K-Corpus Christi, 2nd Place: Akhil Chirravuri, K-Lincoln and 3rd Place: Juan Mendoza, K-Corpus Christi

2nd & 3rd Grade: 1st Place: Nithin Vadakken, 3rd Grade

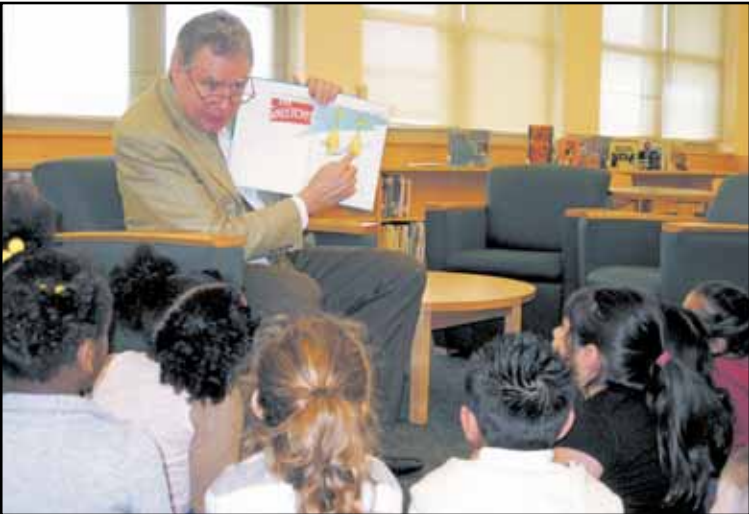
Euclid, 2nd place: Weronika Ruchala, 3rd Grade Euclid and 3rd place: Eisha Khan- 3rd Grade Euclid

4th & 5th Grade: 1st Place: Matt Sicangco-5th Grade Lincoln, 2nd Place: Kellyn Lopez- 4th Grade Euclid and 3rd Place: David Stevens, 5th Grade Lincoln. ###



5th Graders Enjoy "The Lorax"

On March 2, 2012, Congressman Steve Rothman (NJ-9) read to the students from Ms. Rita Cirillo’s Fifth Grade class from Catherine E. Doyle Elementary School in Wood-Ridge as part of the National Education Association’s (NEA) Read Across America program. Congressman Rothman’s choice of material was Dr. Seuss’s "The Lorax." He also spoke with them about the importance and fun of reading. Photo provided by Doyle School. ###



For Read Across America Week, Media Specialist Mrs. Jennifer Carlin, celebrated by inviting people to read to the Kindergarten through 3rd Grade students. Most of the students were read to by 8th Graders, others were read to by Mrs. Tintle and the Principal, Mr. Foy. The students really enjoyed having Dr. Seuss books read to them. Photo provided by Carlstadt Public School. ###



100th Day at Euclid School

One hundred days at Euclid School had the Kindergartners dressed as they would if they were 100 years old. They enjoyed imagining what it would be like to be 100, counting to 100 many times that day, making portraits of themselves as they thought they would look at 100 years old, what they thought they hoped they could do at that age, and celebrating the day as 100 year olds. What fun! Photo provided by Euclid School. ###

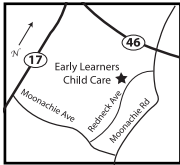


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Cub Scout Pack 17 Blue and Gold Banquet

Hasbrouck Heights Cub Scout Pack 17 held its Annual Blue & Gold Awards Dinner on Sunday, February 26, 2012 at the Corpus Christi School cafeteria.

The program began with the Pledge of Allegiance, reciting the Cub Scout Promise and Law of the pack.

The boys were thrilled to

receive their badges, belt loops and awards that they have been working on.

The Tiger Den received a special medal for earning the United States Heritage Award.

The Wolf and Bear Dens received several bead belt loops. The Webelos I Den has reached the first step towards the Arrow of Light by earning

their Webelos Badge.

The Webelos II Den earned many awards including the Arrow Of Light, Cub Scouting's most Prestigious Award.

Some of the boys even earned the Super Achiever Award and all are looking forward to joining Troop 17 in the near future.

Father Lew opened the

event with a prayer and passed out the Light of Christ and Parvuli Dei awards.

Entertainment was provided by Mad Science to everyone's delight. The Pack would like to thank the boys of Troop 17, who helped with the event and earned Community Service hours, as well as

the following businesses that provided support for the event: Shop-Rite, Stop & Shop, Bill O'Sheas Florist, Parmalat, USA, Starbucks, BJ's Wholesale & Costco.

For information regarding Cub Scout Pack 17 (Grade 1-4) please contact Cindy 201-288-7870. ###

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WRFD Keeps Persian No



New Year Celebration Safe



On Tuesday, March 13, 2012, the Wood-Ridge Fire Department and EMS Squad was dispatched to The Fiesta for a "Fire Watch" detail for the Persian "Festival of Fire." This is the ninth year that this event was held at The Fiesta.

The Department reviewed the fire stations located in the parking lot and made necessary spacing adjustments. Firefighters lighted the rows of fires with flares.

Working with the organizers, firefighters established a safe

perimeter and procedures.

At about 8 p.m., just after the salad, and before the main course, participants departed the main banquet hall to the parking lot.

The central focus of the evening was the "Festival of Fire" or Chahar Shanbeh Soori (*literally means "Eve of Wednesday"*).

Families lined up outside in the dark to take turns jumping safely over a row of small fires, as a celebration of thanks for the new year.

As they jump over the fire,

they say, "The redness of the fire to my cheeks; the yellow of my skin to the fire," using the warmth of the fire to remove the evils of the past year to start the new year fresh.

Firefighters were strategically located and carefully monitored each jump, watchful that no one was burned (*or clothing caught fire*). They assisted those who were unsteady.

If fire embers were disturbed, firefighters quickly reset the fire.

At the end of the fire line,

firefighters kept the egress area open and checked that all were safe.

At the conclusion, the Department extinguished the fires with water, dispersed embers with tools, pushed the fire stations into a central area and rechecked that the fires were out.

Over 400 attended this Persian New Year, Nowruz, at The Fiesta. Nowruz is observed on the last Tuesday of winter, just before the Vernal Equinox or first moment of spring.

This Persian Festival pre-

dates Islam and is estimated to be about 2,500 years old.

The holiday is believed to have been invented by Zoroaster. The Zoroastrian custom, which has no religious significance, celebrates Persian culture.

A larger celebration of the new year, or Nowruz, will be held April 15, 2012 at the Persian Day Parade along Madison Avenue in New York City. For more information go to www.nypp.org. ###

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"The Giving Tree," Julienne Cham, Senior, Hasbrouck Heights



"Occupy Chocolate Competition," Stefanie Grossano, Senior, Hasbrouck Heights



"Volcano," Alec Dotto Junior, Carlstadt



"Le Petit Peintre," Erika Forsys, Senior, Carlstadt



"A Walk in a Chocolate Forest," Gabriella Costa, Junior, Wood-Ridge

Sweet Success

On February 16, 2012, Bergen County Academies in Hackensack hosted its Fourteenth Annual Chocolate Competition, with students demonstrating their best baking, pastry arts and decorative skills. All junior and senior students participated in producing 30 imaginative creations that were judged by industry professionals and visiting dignitaries. Several local students participated and two tasted sweet success in winning various awards, such as the Grand Prize winner, Erika Forsys of Carlstadt with "Le Petit Peintre," and Second Place winner, Julienne Cham of Hasbrouck Heights, with "The Giving Tree." *Story by John Branda. ###*

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"Dancing Under the Stars"

On Friday, March 16, 2012, Tom and Michele Meli held their Fifth Annual "Mickey's Kids Foundation" fund raiser at Il Villaggio. This year's recipient is Canine Assistants.

According to Tom and Michele, "This evening acknowledges the great team of volunteers and professionals who dedicate their lives to raising, training and taking care of these wonderful service dogs who change the lives of disabled children and adults in many ways."

The "Dancing Under the Stars" gala raised \$25,000 which will provide a service dog for another New Jersey family.

Entertainment included 7th and 8th Grade students from Academy of Our Lady performing an Irish step dance, and 50s style-swing dance performance.

Singer/songwriter Victoria Quatararo sang an original song inspired by Canine Assistants dogs called "Best Friend."

There was a professional show with dancers, some were on "Dancing with the Stars."

The night also included a special performance by American Idol's Ashley Hollister and Jamar Rogers.

The Meli's welcomed founder of Canine Assistants, Jennifer Arnold, from Georgia. Arnold shared her own tale of what led to the birth of Canine Assistants.

Jennifer stated, "Assistance dogs are magical beings. By their very presence, they can seemingly make a child's disability disappear. It is a magic every child in need should experience." In attendance was Croix, the official spokesdog of Canine Assistants.

Last year's Canine Assistants recipient, Danny Garofalo, a youngster who has Duchenne's muscular dystrophy, his family and his dog, K.D. (*short for K.D. Lang*), were special guests.

Danny got his dog last spring and the Meli's also helped secure veterinary care from the **Oradell Animal Hospital** which donated their services for K.D. for life.

Lindsey Parete, a nine-year old girl with epilepsy, came along with her dog, Blaze, and her mother, Karen.

They visit area schools, most recently at Corpus Christi School and local Girl Scouts, to help educate kids on the work these service dogs do and how much it has helped Lindsey, who has not had any seizures since her best friend came into her life.

About 275 attended the sold-out gala. Numerous local businesses contributed items for a raffle and silent auction.

Donations are welcome. Send checks to Mickey's Kids Foundation c/o **Shadow's Food Mart**, 273 Boulevard, Hasbrouck Heights, NJ 07604. ###



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Farmers' Market Continues

The Farmers' Market is scheduled to begin on June 19, 2012 and continue every Tuesday from noon to 6 p.m. until late September, at the corner of The Boulevard and Central (municipal parking lot).

This Farmers' Market is scheduled to host the same farmers/vendors as last year.

According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon during the 2012 Market.

Limited positions are available. Call Ray at 201-288-5464 for more information.

During Farmers' Market days, Boulevard businesses are permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. ###

AC Bus Trips

The VFW sponsors Atlantic City Bus Trips on the last Wednesday of the month. Bus departs at 10:30 a.m. and returns at about 9:00-9:30 p.m.

Proceeds are used to help defray building expenses. Call the Post for more information at 201-288-1112. ###

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HH Lions Sponsor Fireworks Program July 2, 2012

The Lions Club 28th Annual Fireworks are tentatively scheduled for July 2, 2012, at Depken Field (Route 17 & Franklin Avenue). The rain date is July 3 and extended rain date is July 5.

Admission is \$5 for adults and \$3 for children. Under 5 free.

Only blankets will be allowed on the field (no chairs). Water will be allowed, but no food. ###

Yard Work Tips

The Hasbrouck Heights Fire Department EMS offers these safety tips for tackling spring clean up around your home.

- When lifting heavy bags of mulch, use a wheelbarrow when possible, and remember to lift with your legs, not with your back.

- Be careful when pruning. Pruning from a ladder is especially dangerous.

- To avoid blisters when doing yard work, wear gloves.

- If you are doing a lot of raking, try an ergonomic rake, which can be found at most hardware stores and garden centers. ###

The Cameos Headline 4th Annual Street Fair

New Jersey's # 1 Oldies Band, and a crowd favorite, The Cameos, will headline the 4th Annual Hasbrouck Heights Street Fair, which will be held on Sunday, May 20, 2012, from 10 a.m. to 5 p.m., rain or shine, on the Boulevard from Kipp Avenue to Raymond Street.

This event offers something for everyone and is a fabulous community celebration with fun for the whole family.

Mark your calendars and join one of Bergen County's first big festivals of the season with over 150 craft, collectibles, and specialty vendors expected.

Also, many of Hasbrouck Heights' established businesses will be on hand showcasing their products and services.

The Mayor's Business Community Committee has been working with Cliffhanger Productions to bring a variety of vendors to The Boulevard along with fun for the whole family.

Included in the day's events will be many free attractions and fun-filled activities:

- Live Music by local band, Double Tap, as well as a performance by Hasbrouck Heights American Idol's Ashley Holister.

- DJ and giveaways.

- Free rides and amusements will be presented including a 24-foot hydraulic rock climbing wall, bungee trampoline, trackless train, and a variety of inflatables.

- Children's Stage featuring a variety of children's entertainment, including a choreographed costume character revue featuring the most popular costume TV/Film characters, who will be strolling the street fair, magic show, puppet show, exhibitions by local talent, and much more!

- Walk-Around Entertainment – everything from clowns and mimes to stiltwalkers and jugglers.

- Facepainters, Tattoo, and Balloon Artists.

- Fun Festival Foods – popcorn, cotton candy, pucker powder, shish-kebobs, kettle corn, ice cream, plus specialty food vendors (sausage and peppers, barbecue, gyros, pizza, hamburgers, and more).

This FREE event is made possible to the community through the generosity of our sponsors. Without the generosity and support of the local businesses, this wonderful event would not exist.

The festival is in its fourth year and has become part of the beautiful landscape that is synonymous with the Boulevard and Hasbrouck Heights.

Mayor Rose Heck noted that sponsorships of Gold, Silver, and Bronze are still available. For further information and to obtain a sponsorship packet, please contact the Mayor's office through the Borough Clerk, Rose Marie Sees, at rmsees@bergen.org.

For further information on sponsorship opportunities or if you wish to participate as a vendor, contact Cliffhanger Productions at 201-460-8335, cliff@cliffhangerproductions.com or visit the website: www.cliffhangerproductions.com.

"Our initial two goals in putting together this event were to attract more people to our business district and to give people a day of family fun and entertainment. Hasbrouck Heights strives to be a family-friendly town and I believe this is just one of the ways in which we show it," said the Mayor.

The 3rd Annual Hasbrouck Heights Street Fair held in 2011 was a huge success with over 18,000 attendees. ###

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Mid-Bergen Rotary Celebrates 50th Anniversary

"People join the Rotary for many different reasons, but the main reason everyone joins is to help. It's our way to give back, and to do good for the community and our own world," Rotarian, Ruth Nebiar.

Whether locally, nationally or internationally, the MidBergen Rotarians have impacted communities and the lives of many people through their service projects and volunteer efforts.

Over the years, this powerful, professional group of people, ages 20 to 80 years old, has been actively engaged internationally by saving the lives of 22 children through the Gift of Life program and by helping to provide clean water in Honduras, Africa, and the Philippines.

Locally, the Club has lent a hand by helping the homeless, painting houses for the elderly, donating dictionaries to 3rd Grade students and providing Rotary Youth Leadership Awards (RYLA) to local high school students.

The Club has also benefited the local community having chartered Interact Clubs in Lodi, Wood-Ridge, and Bergen Technical schools.

This year marks the 50th Anniversary of the Club, which was chartered in February 1962. At the time, it was a male-only Club started by local business men from Teterboro, NJ. In 1992, the Club welcomed their first female member, Wendy Breskin.

Other women followed and several have served as

Cancelled Stamps Wanted

The Kiwanis Club of Hasbrouck Heights/Teterboro collects cancelled stamps. The stamps can be sent to: **The Gazette Newspaper**, 343 Boulevard, Hasbrouck Heights, 07604. ###

Club President. Tony Ree and Ruth Nebiar, through their energy and strong character, have been a driving force for many projects and have contributed immensely to the accomplishments of the Club.

Other members have also made outstanding contributions to the service efforts of Mid-Bergen. Married Rotarian couple, Pat and Robin Reilly, work endless hours to help the homeless in Hackensack, providing food and supporting local shelters.

Ron Fraioli was instrumental in raising funds for a young girl with a severe medical problem. Ron has also used his song writing talents for the Club and the district and is regarded as the poet-laureate of District 7490.

They are also proud of Calisto Bertin for starting the Military Family Assistant center that will provide relief to the families of our men and women in uniform. The center is now up and running through his and Club President Carl Hassett's efforts.

John Panarello has served tirelessly as chairman of the Club's RYLA committee, working to select qualified students from local high schools to participate in a week-long leadership training camp.

Charlie Paduch has helped by sponsoring uniforms for local little league teams. The Club was also instrumental

in donating the scoreboard for the Hasbrouck Heights football field.

Louisa Olenick and Ruth Nebiar traveled to New Orleans to help build a house as part of the on-going rebuilding efforts after Hurricane Katrina.

Mia Forsberg-Villon and Dahyana Perez have worked with the Gift of Life Children.

Yvonne Hassett has used her talents to help the Club raise money for polio at their Dance parties. Jim Mercklinghaus has participated in food drives. You haven't bought a 50/50 ticket until you buy one from Jim.

Joe Lauren, has served the Club in several capacities and the District as Governor in 2007-2008.

Rotary is an organization that encourages members to survey the community and find ways to make a significant difference. Club members are leaders or business owners from the local area who willingly bring their time, talents and resources to the aid of their community.

"The Rotary is a place for vocational diversity," current Mid-Bergen Rotarian President, Carl Hassett.

If you are interested in joining the Mid-Bergen County Rotary Club, guests are welcome at regular meetings, which take place every Tuesday at 12:15 p.m. at the Holiday Inn Hasbrouck Heights. ###



Lions Annual Pancake Breakfast

Carlstadt/East Rutherford Lions Club held its Annual Pancake Breakfast on March 4, 2012, at the East Rutherford Civic Center.

The Carlstadt/East Rutherford Lions Club meets on the

first and third Wednesday of the month at the Park Tavern Restaurant on Park Avenue in East Rutherford. Meeting time is 6 p.m. and held over dinner. New members are always welcome. Photo by Dennis Kronyak Sr. ###



CCC Board of Directors: Nikki Grasso, Erica Redmond, Maria Alvarez, Kellie Uriguen, Donna Gasser, Lisa Mason, and Daniela Vitelli ###

Chic Charity Holds Monte Carlo Event

The Chic Charity Club raised funds for Tomorrow's Children's Fund at Hackensack University Medical Center. The event, "A Winter's Night in Monte Carlo," was held at Il Villaggio in Carlstadt on February 11, 2012. The event included casino-style gaming, auction, and raffle for fantastic prizes. Photo provided by Chic Charity. ###

Lodi UNICO Awards Man of the Year

Joseph Capozzi was honored as Man of the Year at the Annual Comedy Night held at the Brownstone on February 24, 2012. Mr. Capozzi received this prestigious award for outstanding efforts, dedication and contributions he has made over many years to the Lodi Chapter of UNICO.

UNICO National is an Italian American service organization that prides itself on promoting Italian Heritage while providing support to the local community. All funds raised by the Local chapter are returned to the community through food drives, donations and scholarships. Anyone interested in

learning more about the organization should contact Michael Giamo of the Lodi Chapter of UNICO at 973-340-9884. ###



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Have a Blessed Easter

American Legion Learns More About Alzheimer's

The Hasbrouck Heights American Legion Post 106, held its first meeting at its new location, the Senior Center, in the Municipal Building on March 5, 2012. Members who attended were pleased with the new location and supported the decision to make the move.

Commander Michael Cahill introduced a special guest for the meeting, Ms. Elaine M. Winter, Associate Director of the Greater New Jersey Chapter of the Alzheimer's Association.

Ms. Winter's remarks were concerning Alzheimer's. She emphasized that it is a disease of the brain. It destroys brain cells, causing problems with



memory, thinking and behavior. It is the most common form of dementia.

Her presentation centered around the warning signs of the disease; the causes of the disease; how it affects the brain; the diagnosing it; the treatment and prevention; the impact on people living with Alzheimer's; the impact on caregivers and the impact on society.

Ms. Winter reviewed the many opportunities available from her organization. Following her presentation, the members asked many questions. The Alzheimer's Helpline is 1-800-272-3900. *Story and photo by Peter Gallo Jr. ###*

USS Raymond De341 Reunion

A reunion of the USS Raymond De341 is scheduled for Wednesday, September 5 to Sunday, September 9, 2012.

Departure to New York from Fort Lee, NJ. For details call John at 201-294-4921 or Lillian at 201-566-8985. ###

Veterans Pavers

Engraved brick pavers with Veterans' names are placed in a Memorial Walkway in Veterans Park on Terrace & Passaic.

Bricks are available to all Veterans from all services. To participate, it is not necessary for the Veteran to be a member of the VFW or American Legion, nor be a deceased Veteran. Bricks are 4" x 8" with 13 characters per line with a maximum of 3 lines. Cost \$50 each. Contact Hasbrouck Heights Boro Clerk's office at 201-288-0195.



Veterans Today

By Thomas Marshall
VFW District 2 Commander

On May 16, 2012, the Disabled American Veterans Chapter 15 will have the VA traveling Van at VFW Post 809 on 100 Main Street in Little Ferry at 2:30 p.m.

This is an open invitation to any Veteran that has any questions about the VA. This is a great opportunity for all Vets. There is no fee involved. Don't guess when you have questions, come here and get the right answer from those that know.

VFW Post 809 holds its meetings on the first Tuesday of the month at 7:30 p.m. If you are a Veteran that served overseas stop in and see us. If you went to Iraq or Afghanistan, come in and join us, we are here to help you.

The Vietnam Veterans of America Chapter 800 also meets there on the second Monday of the month at 7:30 p.m. If you are a Vietnam Veteran, Welcome Home. This is an ac-

tive Chapter and they are here to help all Veterans.

Shot Heard Around the World

April 19 marks a special date in American history. On this date in 1775, a small group of militia stood on the Lexington Green in Massachusetts. Led by Captain John Parker, they awaited the arrival of the British Army marching west to take the military stores in Concord. When they arrived, Captain Parker called out to his troops. "Don't fire unless fired upon but if they mean to have a war, let it begin here."

The British ordered them to disperse and a shot was fired. No one knows who fired it but it became the shot "heard around the world."

The British returned fire and charged in with bayonets. The Militia was soon routed, the first battle of the American Revolution lasted only minutes but 10 Americans were wounded and 8 were killed.

The Lexington Green is quiet now. Those killed there 237 years ago rest there still. Buried beneath a Monument that reminds all that see it, that here lie 8 American Soldiers that were the first to die for our Liberty. ###

Area VFW Loyalty Day Services

The public is encouraged to attend VFW Loyalty Day Services. Awards will be presented to the Voice of Democracy essay winners. Presentations will be made to those who have demonstrated special community service. Light refreshments will be served.

VFW Post 809 in Little Ferry will conduct services May 6, 2012, starting at 6 p.m. at their Post.

VFW Post 3616 in Wood-Ridge will conduct Loyalty Day services on April 25, 2012, starting at 7 p.m., at the Wood-Ridge Senior Center.

VFW Post 4591 in Hasbrouck Heights will conduct Loyalty Day services on May 4, 2012, at 7 p.m. ###

About Loyalty Day

According to the Veterans of Foreign Wars, Loyalty Day originally began as "Americanization Day" in 1921 as a counter to the Communists' May 1 celebration of the Russian Revolution.

On May 1, 1930, 10,000 VFW members staged a rally at New York's Union Square to promote patriotism. Through a resolution adopted in 1949, May 1st evolved into Loyalty Day.

Observances began in 1950 on April 28 and climaxed May 1 when more than five million people across the nation held rallies. In New York City, more than 100,000 people rallied for America.

In 1958, Congress enacted Public Law 529 proclaiming Loyalty Day a permanent fixture on the nation's calendar. Following the passage of this law, President Dwight D. Eisenhower proclaimed May 1, 1959 the first official observance of Loyalty Day. Loyalty Day is celebrated with parades and ceremonies in several U.S. communities, although many people in the United States remain unaware of it. Although a legal holiday, it is not a federal holiday, and is not commonly observed. ###

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The Train is “The Way to Go” to The Big Apple

New York City is the place of work for thousands of Bergen County residents. Residents of Hasbrouck Heights, Wood-Ridge, Carlstadt, East Rutherford, and Moonachie are often faced with the burden of sitting on New Jersey Transit’s buses every morning and evening, going to and from the Big Apple.

I’ve taken the bus to New York to work with the cruise ships. There have been days where I had to run the length of ten blocks to meet my sign-in time. Let me share some valuable advice with you.

The train is way faster than the Broadway ticket lines at Times Square. Theater goers, the train is way faster to get you into New York in time for that eight o’clock curtain.

The Bergen County and Pascack Valley train lines are minutes away.

Instead of waiting for a bus that might be stuck in traffic, or waiting for a bus that you might have missed, just head down to the Teterboro or Wood-Ridge station. If you live in East Rutherford, Rutherford is your point of origin. If you’re driving to the station, make sure you have a commuter’s permit in your window. Your better option is to drive to Garfield’s Plauderville station on Outwater Lane. The free lot is located on the east side of the station.

New Jersey Transit’s train stations have ticket vending machines. They operate 24-7, and accept both cash and major credit cards. The adult round-trip cost to New York’s Penn Station from Teterboro, Wood-Ridge, and Plauderville are as follows: Teterboro/Wood-Ridge: \$12.50, Rutherford: \$10.50, Plauderville: \$13.50.

Children and senior citizens get a good deal when they travel to New York. All NJ Transit train fares for children and senior citizens are one-way. The fares are as follows: Teterboro/Wood-Ridge: \$2.75, Rutherford: \$2.25, Plauderville: \$3.

Traveling to New York City is very easy. When your train arrives at Secaucus Junction, proceed upstairs to the Northeast Corridor Line. Hold on to your train ticket. You will need it to go through the turnstile in the upstairs concourse.

The track assignments for New York bound trains are subject to change, so double check the information board before proceeding to the platform.

There are plenty of digital displays showing what trains are departing on all of the tracks at a given time. In the morning, the waiting time is very short. You never have to

wait more than ten minutes for the next train.

Finally, your connecting train arrives. Step aboard, and your next station stop is New York-Penn Station. Penn Station is approximately twelve minutes away. Your train will plunge into the tunnel under the Hudson River. Upon arrival at Penn Station, there are plenty of signs showing you to the subways, Long Island Railroad trains, Amtrak’s departure area, Madison Square Garden, and all street exits.

Aside from New York Penn Station, Hoboken is your other option. Rather than changing trains in Secaucus, stay on board and continue to Hoboken Terminal. Hoboken Terminal is the beginning and ending point of the Pascack, Bergen County, and Main lines. The fares to Hoboken Terminal are fairly reasonable. The adult round-trip fares are as follows:

• Teterboro/Wood-Ridge: \$9.40, Rutherford: \$8.00, Plauderville: \$10.50

The children and senior citizen fares are as follows:

• Teterboro/Wood-Ridge: \$2.25, Rutherford: \$1.75, Plauderville: \$2.25

Upon arrival in Hoboken, the signs for the PATH station are clearly marked. The one way fare to 33rd Street-Manhattan is \$2. Children age five and under ride FREE. If you have an MTA Metro Card, PATH honors them. The approximate ride time to 33rd Street is twenty minutes. If shopping is your favorite activity in New York, the Manhattan Mall is located right off the PATH exit. One block north of the 33rd Street PATH exit is the famous Macy’s department store.

NJ Transit provides plenty of deals for all passengers going into New York for dinner and Broadway shows. For complete details, visit NJTransit.com and click on “Deals And Discounts.”

The entertainment, dining, and recreation choices are endless. Whether you feel like going to a fine steakhouse, taking a Circle Line tour, or going in to catch the Knicks, Rangers, or even a concert at Madison Square Garden, the train is “the way to go.”

Just catch that train and you are off to the Big Apple in no time. You can set your watch to them! New Jersey Transit’s trains are not just “the way to go,” they take you the “core” of it all. *Story by David Kriso.* ###

THINK GREEN

What is Identity Theft?

Identity theft occurs when thieves use your personal information (Social Security number, driver's license or credit card number) to gain access to money, credit, goods or services in your name.

Since your name is used for these activities, companies come to you seeking repayment of the money or goods that were illegally obtained. While legally you do not owe anything, it can often be difficult to prove this and it can take months and even years to get everything straightened out, costing you a huge amount of time and resources.

How does identity theft happen?

Identity thieves can get access to your personal information in many different ways including:

- Stealing mail
- Copying down or taking pictures of your information in a retail transaction
- Data breaches at companies that have your information
- Stolen wallets or purses
- Documents thrown in the trash by you or a business that has your information (dumpster diving)
- Computer viruses
- Phishing
- Intercepting data from insecure networks or sites
- Overhearing or hacking

into phone conversations

- Pretexting, meaning use false pretenses to get your personal information from companies that have it (financial institutions, utilities, etc.).

- Changing your address through a change of address form in order to divert billing statements from your home to an address the thief controls.

Here’s what you can do to stop these crimes before they happen:

1. Do not give out financial information such as checking and credit card numbers, or your Social Security Number, unless you know the person or organization.
2. Report lost or stolen checks immediately. Your bank will block payment on them.
3. Notify your banker of suspicious phone inquiries such

as those asking for account information to “verify a statement” or “award a prize.”

4. Closely guard your ATM Personal Identification Number and ATM receipts.

5. Shred any financial solicitations and bank statements before disposing of them.

6. Put outgoing mail into a secure, official Postal Service collection box.

7. If regular bills fail to reach you, call the company to find out why.

8. If your bills include questionable items, don’t ignore them. Instead, investigate immediately to head off any possible fraud.

9. Periodically contact the major credit reporting companies to review your file and make certain the information is correct. ###

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Admins, the Pulse of the Office

Administrative Professionals Day will mark its 60th anniversary on April 25, 2012.

The job of an administrative professional has changed dramatically thanks to new tools, techniques and seismic shifts in the economy and culture itself.

Admins are one of the engines of business, particularly in a complex economy. In a world that demands the accurate and speedy movement of digital information, admins are masters of data. And they do this while maintaining their more traditional role as the gatekeepers for many customers, clients and employees. Quite simply, admins are the pulse of the office.

About Administrative Professionals Week

Since 1952, the International Association of Administrative Professionals has honored office workers by sponsoring Administrative Professionals Week.

In the year 2000, IAAP announced a name change for Professional Secretaries Week and Professional Secretaries Day.

The names were changed to Administrative Professionals Week and Administrative Professionals Day to keep pace with changing job titles and expanding responsibilities of today's administrative

workforce.

Over the years, Administrative Professionals Week has become one of the largest workplace observances. The event is celebrated worldwide, bringing together millions of people for community events, educational seminars and individual corporate activities recognizing support staff.

In its most recent survey of admins around the world, IAAP noted a significant increase in the number of administrative professionals who have "secretary" in their job title.

This shift towards more admins with "secretary" titles marks a reversal of popularity for a job title that has been in decline for at least 20 years.

This job title shift is one of the recent business trends noted in IAAP's 2011 "Administrative Professional Skills Benchmarking Survey." Every two years, the association gathers data from its members about job titles, responsibilities, average salaries, job satisfaction, technology usage and other related issues. More than 3,300 admins participated in the 2011 survey. It provides a unique inside look at modern business.

Though the top two job titles for IAAP members were "Executive Assistant" (29 percent) and "Administrative Assistant" (25 percent), the third most common job title was

"Administrative Secretary" (seven percent).

That's the first time in several years that "Administrative Secretary" made it into the top three job titles. In fact, the number of admins with "secretary" in their titles nearly doubled in four years, going from eight percent in 2009 to nearly 15 percent in 2011.

Today, there are more than 4.1 million secretaries and administrative assistants working in the United States, according to U.S. Department of Labor statistics, and 8.9 million people working in various administrative support roles.

APW is always the last full week in April. In 2012, Administrative Professionals Week is April 22-28, and Administrative Professionals Day is Wednesday, April 25. ###

Free Seminar on How to Develop A Client List

Learn how to develop a free client mailing list with a Library card on Thursday, May 8, 2012, starting at 7:30 a.m., at the Holiday Inn in Hasbrouck Heights.

Up to 50 local business owners from the area are welcome to attend this free seminar. The program is sponsored by The Hasbrouck Heights Free Public Library and The Hasbrouck Heights Chamber of Commerce. For reservations call 201-288-0488. ###

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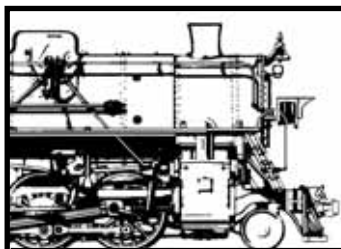
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Wounded Warriors Golf Benefit

A day of golf and fun at the Black Bear Golf Course (Franklin, NJ) on Wednesday, May 30, 2012.

Lunch and registration is at 11 a.m. Shotgun start is 1 p.m. Cocktail reception, dinner and prizes to follow.

Cost is \$165 per golfer and \$660 per foursome, which includes lunch, green fees, buffet dinner and beer/wine. Dinner and eligibility for prizes is \$50 pp. Sponsorships available.

Event sponsored by Meadowlands Board of Realtors and proceeds to benefit the "Wounded Warriors Project." For details call Dave at 201-288-5533 or Scott at 201-991-0032. ###

Father-Son Golf

The Ketcho's 5th Annual Father-Son Golf Classic will be held on Saturday, July 21, 2012 at Shawnee Inn & Golf Resort.

Start is at 6:30 a.m. with tee off at 8:30 a.m. Cost is \$100 per player and includes full breakfast, 18 holes of Championship golf, cart, greens fees, afternoon barbecue, etc. Checks due by June 15.

For more information call 201-220-7831 or email: ketcho@aol.com ###

116th Gymnastic Exhibition

The Sokol Hall in Little Ferry will host the 116th Annual Gymnastic Exhibition on Sunday, April 22, 2012. The Grand March starts promptly at 2 p.m. Event is open to the public. Admission is \$5 pp, children are free. Refreshments served at the conclusion of the exhibition. ###

HH Little League Pancake Breakfast

The HH Little League will hold its 17th Annual Pancake Breakfast on Sunday, April 15, 2012, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place. The menu includes pancakes, bacon, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5, child \$3 and under 4 free.

The Tricky Tray sports memorabilia auction will follow from noon to 1 p.m. Winners do not have to be present at the time of the drawing to win.

Proceeds will be used towards building new ADA restrooms, concession stand and

Care On The Corner Golf Outing June 12

Care on the Corner will sponsor their Annual Golf Outing at SkyView Golf Club in Sparta, NJ on Tuesday, June 12, 2012 starting at noon.

Event includes complimentary range balls, practice green, BBQ lunch at noon with shotgun start at 1 p.m. and dinner at 5 p.m.

Prizes and contests include: Hole-in-One contest, longest drive, closest to the pin, \$50,000 Shoot Out, straightest drive, Pot of Gold, putting contest and door prizes

Cost: \$165 per golfer, \$660 per foursome, dinner only: \$50 per person.

Sponsorships are available. To sign up, call Care on the Corner at 201-288-0002, or register online at: www.careonthe-corner.org ###

HH Lions Golf Outing May 11

The 46th Annual Tournament is scheduled for May 11, 2012, at the Mine Brook Country Club with a noon start. Fee is \$135 and includes golf, cart, lunch and awards dinner.

The event is sponsored by the Hasbrouck Heights Lions Club. All proceeds to benefit various community charities.

Journal ad sponsorships are available. For more information, call Mr. Mullins at 201-665-4442. ###

Aviators Track Meet April 13

The Hasbrouck Heights Track and Field Team will host 40 high schools in the Aviators' Invitational on April 13, 2012, starting at 4 p.m. at Depken Field. This is the fifth track invitational on the new field. The public is welcome. Admission is \$5. ###

batting cage. Businesses are invited to place their business card size ad on the placemats for \$40. Call Steve at 201-725-2917 for more information. ###

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Bizik/Hughes Memorial Golf Tournament

The Hasbrouck Heights Men's Association is sponsoring the Bizik/Hughes Memorial Golf Tournament on Wednesday, May 23, 2012, at the Minebrook Golf Club in Hackettstown, NJ.

Cost is \$125 and includes: round of golf, cart, plus cash contest of longest drive, closest to pin, pot of gold and features a \$10,000 hole in one -- plus 50/50 and prizes. Shotgun start at 9 a.m. and format will be best ball.

A hot breakfast starts at 7:30 a.m., hamburgers and hot dogs at the turn, with lunch buffet to follow.

Sponsorships are available. Contributions are welcome.

Proceeds benefit the Hasbrouck Heights Men's Association Scholarship Fund. Scholarships are given to Hasbrouck Heights graduating students. Deadline is May 1. For more information, call 201-396-0750 or email Tom at TNTTwister@aol.com ###

W-R Lions Golf Outing

The Third Annual Wood-Ridge Lions Club golf outing will be held on Monday, April 30, 2012, at the River Vale Golf Club.

Hot breakfast starts at 7:15 a.m. Shotgun start is at 8:30 a.m. (best ball format). There will be a hot lunch with a carving station, two hour open bar,

Event includes awards for longest drive, closest to the pin, door prizes and a gift for every golfer. Cost \$165 single and \$660 for a foursome.

Contact Lion Ed at 201-641-2803, or Lion George at 201-527-5126 or e-mail janpro911@aol.com for reservations or questions. All proceeds will go to Lions Charities. ###

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Gary's Night Out Beefsteak

The Lodi Volunteer Fire Department will be hosting a Beefsteak Fundraiser entitled "Gary's Night Out" at the Lodi Boys and Girls Club on April 7, 2012 starting at 6 p.m.

Cost is \$50 per person. Proceeds will benefit Fire-fighter Gary Guarino who was stricken ill with an inoperable brain tumor.

For tickets call Lou at 973-332-1336, Anthony at 973-445-3119, Ron at 201-602-7519 or Adam at 973-332-1333. ###

Beefsteak Tricky Tray

Wood-Ridge PBA Local #313 is hosting a Beefsteak Dinner and Tricky Tray on Saturday, April 28, 2012, from 6:30 to 11 p.m., at The Fiesta.

There will be comedians, prizes and 50/50. Cost is \$50 per person. No tickets will be sold at the door. For tickets call 201-939-0476. ###

Final Four Beefsteak

The Hasbrouck Heights Lions Club will hold their 8th Annual Final Four Beefsteak, starting at 7 p.m. on April 2, 2012, at the VFW in Hasbrouck Heights. Nightingale Catering will be catering this event. Cost is \$50 per person and includes beer and soda. Cash bar. For details, call Tom at 201-288-1511.

This is the third time for this event at the VFW. It was previously held at the Pioneer Club. ###

Lodi Oldtimers Little League Announces 2012 Scholarship Programs

The Lodi Oldtimers have announced the opening of their Annual Scholarship Program for 2012 and the Annual Pam Panagiotou Scholarship Award Program. The scholarships are open to high school seniors who have participated in any of the Lodi Little League baseball or softball programs for a minimum of 3 years.

Three five-hundred dollar scholarships will be awarded. The Oldtimers will award one scholarship to a male and one to a female. The Pam Panagiotou Scholarship Award Program will award one scholarship and is open to both males and females. All applicants must meet the criteria set by the Lodi Oldtimers Little League:

1. Applicants must complete a scholarship application in full.
 2. A 500 or more word essay must accompany the application stating what their Little League experience has meant to them and what their most memorable event was.
 3. The most recent high school transcript, including the fall of 2011 semester must be attached.
 4. Applicants must supply a copy of their acceptance letter from a college of their choice.
 5. Proof of residency must be included.
- The deadline for applying is April 20, 2012. Winners will be announced in June 2012. Applications can be picked up at the high school Guidance Office or at the Little League at 72 Church St., Lodi, NJ. Questions can be directed to the Little League at 973-591-1137. ###



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Cost: \$165 per golfer • Dinner only: \$50 per person

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Prizes/Contests: Hole in One Contest; Longest Drive*;
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AHOF Open Cockpit Day

On Saturday, March 31, 2012, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

The featured aircraft is the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack aircraft designed for battlefield surveillance and light strike capabilities. It is of twin turbo-prop configuration, and carried two crewmembers with side by side seating.

A Cobra Gunship Helicopter was recently outfitted with sound to enhance the "pilot" experience.

Additional aircraft include a one-of-a-kind 1950 Martin 202 airliner and a rare Lockheed-designed 402-2 Bush Master.

Plus, a "Little-Cut-Up" demonstrator with working controls.

People, young and old can learn how the flight systems work. Qualified pilots will help guests understand the instruments and controls of these special aircraft.

The control cab of an Airport Rescue and Fire-Fighting truck will also be open.

Guides are available to explain each aircraft. Admission: Adults \$7, children (*under 12*) and seniors \$5. For more information, call 201-288-6344 or visit their website at: www.njahof.org

The museum is open Tuesday through Sunday from 10 a.m. to 4 p.m. Group tours, birthday parties and Dare-toFly Programs are available.

Founded in 1972, the Aviation Hall of Fame and Museum of New Jersey is dedicated to the preservation of the Garden State's distinguished, two-century aviation and space heritage.

The men and women, whose outstanding aeronautical achievements have brought worldwide recognition to the state, are enshrined in the Hall of Fame.

The Port Authority of NY & NJ generously supports the Hall of Fame by providing the space for the museum. ###

About WASP's

On Saturday, April 21, 2012, starting at 4 p.m., there will be a multi-media presentation on WWII Women Airforce Service Pilots (WASP's) hosted by Honey Fulton Parker at the Aviation Hall of Fame and Museum of NJ. Admission is \$7 for adults and \$5 for seniors and children. ###

Apollo 16 Re-Discovered

Noted space-flight historian and educator, Joe Lennox, presents an exciting multimedia look back on the Apollo 16 mission to the Moon on the occasion of the flight's 40th anniversary on Friday, April 13, 2012, 7 p.m., at the Aviation Hall of Fame and Museum of NJ. Admission is adults \$7, children (*under 12*) and seniors \$5. For more information, call 201-288-6344.

Apollo 16 was the fifth mission to land men on the moon and return them to Earth. It was also the second flight of the Lunar Roving Vehicle. Apollo 16 landed in a highlands area, a region not yet explored on the Moon. Astronauts collected samples, took photographs and conducted experiments that included the first use of an ultraviolet camera/spectrograph on the Moon.

The Apollo 16 space vehicle was launched from the Kennedy Space Center on April 16, 1972. The crew members were John W. Young, Commander, Thomas K. Mattingly II, Command Module Pilot, and Charles M. Duke, Jr., Lunar Module Pilot.

Total lunar surface activities lasted 20 hours 14 minutes and 95 kilograms of samples were collected. These rocks represented samples of the ancient lunar highlands. The total distance traveled in the LRV was 26.7 kilometers.

The command module was viewed on television. Total time for the Apollo 16 mission was 265 hours, 51 minutes and 5 seconds. ###

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Hasbrouck Heights Little League 17th Annual Pancake Breakfast & Tricky Tray*/Sports Memorabilia Auction



**Sunday
April 15
8 a.m. to 1 p.m.
at the VFW**

It's time again for the 17th Annual Hasbrouck Heights Little League Pancake Breakfast and **Tricky Tray*** /Sports Memorabilia Auction fund-raiser!

This year's breakfast and Tricky Tray style auction will be held April 15 at the V.F.W. (*located at the end of Old Field Avenue*) from 8 a.m. to 1 p.m. Tickets are available at the VFW at the door. Cost is \$5 for adults and \$3 for children (*children under 4 are free*).

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Real Estate Insight

By Mary Ellen Courtney



Warren Buffett and Single-Family Homes: Buy, Baby, Buy!

The National Association of Realtors reported recently that pending home sales rose by 8.2% last month. And while we may not be out of the woods yet, as we get further into 2012 it's clear that real estate market – nationally and locally – is definitely turning around.

I can personally state that home sales in Hasbrouck Heights and Wood-Ridge for January and February this year were uncharacteristically... awesome!

Why the upswing? The official unemployment rate dropped to 8.6 percent, even as the labor participation rate dropped to about 62 percent.

But, according to the experts, the better news is that the U-6 – the broadest measure of unemployment – fell below 16 percent for the first time since the Great Recession started.

Another boost to the housing market is that mortgage interest rates remain around 4 percent for a 30-year fixed-rate mortgage.

If you're willing to look at a 15-year mortgage, you can find one for about 3.25 percent. Some lenders are now offering 10-year loans at 3% or less.

These interest rates, bouncing around at a historic low level, will save home buyers hundreds or thousands of dollars per year. Indeed, low rates are a huge driving factor of the ultimate cost of purchasing a

home.

The total expense of a \$200,000, 30-year fixed rate mortgage at 4 percent mortgage rate is \$144,000. At 10 percent, which was the prevalent rate in 1990, the interest expense comes to \$432,000!

These facts aren't lost on Warren Buffett who, of course, is famous for only investing in assets that he believes are undervalued. His real estate forecast for 2012 and beyond is extremely rosy.

In an interview with CNBC earlier this month, Buffett said single-family homes, along with stocks, are cheap and attractive investments. By contrast, investments in Treasury bills, gold or simply keeping money in cash are not as attractive.

The Oracle of Omaha said if he had a way to buy "a couple hundred thousand single-family homes" and easily manage them, he would "load up on them" and "take mortgages out at very, very low rates." However, managing "a couple hundred thousand single-family homes" would be, he admitted an impossibly gigantic logistical task.

This line of reasoning probably holds true for many brilliant investment minds who choose not to bother with buying single-family homes – even though they are undervalued – when buying and owning stocks is as easy as a few key-strokes and mouse clicks on a computer.

"Because of the absence of

many of these big institutional investors in the U.S. residential real estate market, it is less competitive than the stock market," Buffett said.

When institutional investors of size do enter the residential real estate market, they usually go for apartment buildings, which leaves the single-family homes segment even less competitive than the general residential real estate market.

When asked if a young individual investor should buy stocks or his first single-family home, Buffett recommended buying a single-family home with a 30-year mortgage. "It's a terrific deal," he said. "It's a leveraged way of owning a very cheap asset now and I think that's probably as an attractive an investment as you can make now."

We agree! With home prices still well off the peak prices of 2007 and interest rates at an all time low, there has never been a better time to invest in Real Estate!

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

Post Offices to Stay Open

According to published reports, Post Offices in Carlstadt, Wood-Ridge and East Rutherford among others are no longer on the USPS list for possible closures.

Still listed for possible closures in our area are Hasbrouck Heights, Fair Lawn, Wallington, among others.

3,653 local post offices nationwide were listed for potential closure in July 2011. ###

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Filling You In

By Jeffrey E. Mason, D.M.D.

Composite Resins

What is a composite resin? (white filling)

A composite resin is a tooth colored plastic mixture filled with glass (silicon dioxide).

Introduced in the 1960s, dental composites were confined to the front teeth because they were not strong enough to withstand the pressure and wear generated by the back teeth.

Since then, composites have been significantly improved and can be successfully placed in the back teeth as well. Composites are not only used to restore decayed areas, but are also used for cosmetic improvements of the smile by changing the color of the teeth or reshaping disfigured teeth.

How is a composite placed?

Following preparation, the dentist places the composite in layers, using a light specialized to harden each layer. When the process is finished, the dentist will shape the composite to fit the tooth. The dentist then polishes the composite to prevent staining and early wear.

How long does it take to place a composite?

It takes the dentist about 10-20 minutes longer to place a composite than a silver filling.

Placement time depends on the size and location of the cavity - the larger the size, the longer it will take.

What is the cost?

Places vary, but composites average about one-and-a-half to two times the price of a silver filling. Most dental insurance plans cover the cost of the composite up to the price of a silver filling, with the patient paying the difference. As composites

continue to improve, insurance companies are more likely to increase their coverage of composites.

What are the advantages of composites?

Esthetics is the main advantage, since dentists can blend shades to create a color nearly identical to that of the actual tooth. Composites bond to the tooth to support the remaining tooth structure, which helps to prevent breakage and insulate the tooth from excessive temperature changes.

What are the disadvantages?

After receiving a composite, a patient may experience post-operative sensitivity. Also, the shade of the composite can change slightly if the patient drinks tea, coffee or other staining foods. The dentist can put a clear plastic coating over the composite to prevent the color from changing if a patient is particularly concerned about tooth color.

Composites tend to wear out sooner than silver fillings in larger cavities, although they hold up as well in small cavities.

How long will a composite last?

Studies have shown that composites last 7-10 years, which is comparable to silver fillings except in very large restorations which silver lasts longer than composites.

Ref: sources and compilations, the Academy of General Dentistry. Dental patients reference information.

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Health Fair Expo IX

The Hasbrouck Heights Health Department is presenting Health Fair Expo IX on Saturday, April 28, 2012 from 11 a.m. to 2 p.m. at the Senior Center located at 320 Boulevard.

There will be plenty of health information, prizes, give-a-ways, samples, literature.

Blood screening program is available. Cost is \$20 cash for a blood chemistry profile which will consist of a Chem 23, Lipid Profile, CBC and T4 (Thyroid.) A copy of the results will be mailed directly to your private medical doctor and the participant. A 12 hour fasting

period is required prior to your blood test.

Non-perishable food donations will be collected for the HH Food Pantry.

Refreshments will be served. For more information, call 201-288-1636. ###

Nurse's Station Spring Fever

It's that time of the year again; the sun is shimmering, flowers are blooming, the temperature is perfect. The outside is calling your name. If you're already feeling restless from being cooped up in an office or classroom, you could be feeling the onset of spring fever.

Symptoms include lack of focus on work, the urge to spend as much time as possible outside and lots of gazing out the window. Your eyes start searching for anything green.

That is usually followed by an interest in spotting birds, butterflies and crabgrass.

Some scientists think spring fever is more than just a colloquialism - they think it's a constellation of symptoms brought about by hormonal changes in the body.

In winter, the body secretes high levels of melatonin, a hormone that governs sleep-wake cycles. Come spring, the increasing amount of daylight is registered by light-sensitive tissue in the eye, which signals the brain to stop secreting so much melatonin. As the hormone's levels drop off, greater wakefulness results.

On the other hand, levels of another chemical, serotonin, rise in spring. This mood-elevating neurotransmitter may be at the root of the giddiness, energy boost and enthusiasm that characterize spring fever.

Anthropologists have suggested that spring fever may have developed over the course of human evolution. They point out that early humans often

spent winter in a state of near-hibernation.

Then, when spring arrived, they would enter an active period of intense hunting and gathering.

That theory doesn't quite explain the state of the early American colonists come spring.

Historians think the colonists coined the term "spring fever" to refer to the weakness, fatigue and irritability many felt after a long winter without fresh fruits or vegetables. (*The colonists' symptoms were that of scurvy.*)

Such etymology suggests that the term spring fever is a remnant of times past that's been co-opted to mean something different today.

But there's no doubt that the body's internal chemistry and susceptibility to illness changes with the seasons.

On the plus side, spring is also the season in which people

bid a temporary farewell to flu, seasonal affective disorder and heart attacks, all of which peak in winter.

Many of spring's effects on the human mind and body are seemingly contradictory. Hormones do a partial job of explaining the seasonal epidemic of impulsive, giddy and amorous behaviors observed as the memory of winter fades, but much about the season's influence remains mysterious.

Poets have been writing about the phenomenon for years, but now scientists can explain the symptoms of spring fever with evidence about our brain's chemical reactions to the light, warmth, and scents of the spring season.

Just as decreased sunlight can put people into a depression during the winter, (*called Seasonal Affective Disorder - SAD*), the increased sunlight with springtime leads to more release of serotonin, making us happier.

The ingredients of warmer weather, and the flowery aromas of the season, give us a greater desire to socialize and even, perhaps, fall in love. ###

The Energy Corner

If Your Oil Burner Were A Car

If your oil burner were a car, it would travel 640,000 miles in 20 years. The average oil burner uses at least 800 gallons a year at 1 gallon an hour. The average speed driven for the average car trip is 40 mph. 800 hours times 40 mph equals 32,000 miles a year -- times 20 years equals 640,000 miles. What would a 20-year-old Dodge Dart with over 600,000 miles look like? Would you hop in that car and drive back and forth from New York to LA (*that's 32,000 miles*) 5.5 times a heating season without giving it a second thought?

Replacing an old inefficient boiler or furnace is one of the best investments you can make. Where else can you get over a 20% tax free return on your investment?

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Call John Depken if you have any questions that you would like answered in this column



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Healthy Fun at the Zoo

The Healthy Fun at the Zoo is scheduled for Sunday, April 1, 2012 from 1 p.m. to 4 p.m. at Van Saun County Park, Paramus Free tickets for a future date for a Park attraction to the first 75 participants who complete a walk around the lake. Rain Date: Monday, April 2 from -10:30 a.m. - 12:30 p.m.

For information, call 201-225-7000 after 10 a.m. ###

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April 2012 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, April 2, 9, 16, 23, 30

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

Tuesday, April 3, 10, 17, 24

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Game Night

Wednesday, April 18, 25

10:00 a.m. Games, cards & coffee

2:00 p.m. Senior Aerobics \$1.00

Thursday, April 5, 12, 19, 26

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

Friday, April 20

10:00 a.m. Games, cards & coffee

Friday, April 13, 27

10:00 a.m. Fun Bingo

Check Center Bulletin Board for any changes

The center will be closed on Good Friday, April 6

CLUB MEETING SCHEDULE

Wednesday, April 4, 10 a.m. Executive meeting.

Wednesday, April 11, 1 p.m. Monthly meeting. A representative from Care One will speak.

UPCOMING EVENTS

OPEN TO ALL SENIORS

Trip to Mount Airy Casino

Tuesday, April 3: \$30 pp, bus leaves at 9 a.m.

\$27 Slot play, \$10 food coupon. Call Dorothy at 201-288-0525.

Trip to Doolan's in Spring Lake

Tuesday, April 24: \$60 pp, bus leaves Hackensack

at 9:30 a.m. Transportation, dinner-show

"Best of Broadway." Call Estella at 201-288-0378.

Trip to Sight & Sound Theatre

Tuesday, May 15: \$130 pp, bus leaves at 7 a.m.

Musical Production of "JONAH." Transportation and dinner included. Call Kathy at 201-288-6651.

Carlstadt Senior Friendship Club

The Carlstadt Senior Friendship Club meets on the first and third Wednesdays of the month at the Civic Center. Refreshments are served at 1 p.m., with the meeting commencing at 1:30 p.m. Any Carlstadt senior is invited to join the meetings.

Future trips for the Club are: April 30 -- Lakeside Manor, May 3 -- NJPAC -- "West Side Story," with lunch at Iberia. Call Eileen at 201-933-6949 for details. ###

Vic's Hoofers Auxiliary

The Vic's Hoofers Auxiliary is a woman's social club that meets the first Thursday of the month at the Carlstadt Civic Center. Meetings are held at 7 p.m. and an evening of fun and games are enjoyed. Refreshments are served and new members from Carlstadt, Wood-Ridge, East Rutherford, Wallington and surrounding towns are invited. Call Dolores 201-939-5163. ###

Lodi Seniors Club Seeks New Members

The Lodi Senior Citizens Club, announced the Club will be open every Thursday to anyone 55 or older who lives in Bergen County, including all neighboring towns. Recreational choices are senior yoga from 11 a.m. to noon, followed by Bingo at 1:00. Line dancing starts at 1 p.m. Games, ping pong, billiards, cards, or bocce in season, you can just sit and chit chat. For members, the charge for a Thursday visit is 50 cents. The membership fee is \$10 per year. The cost for the day is \$2 pp. Refreshments are served. You do not have to be a member. For more information call the Club on Thursdays at 973-472-6994. ###

Seniors Celebrate St. Patrick's Day

Forty seven members of the Leisure Club and their guests traveled to Pomona, New York to celebrate St. Patrick's Day. The trip, on March 15, 2012, was to the famous Platzl Brauhaus. Surprisingly, it took only 45 minutes to get there.

Upon arriving, the group was escorted into a large dining room where at least five other groups were present. After locating their seats they were served a continental breakfast which consisted of delicious scones, donuts and coffee.

After breakfast, all had the

opportunity to tour the grounds at the Platzl and visit the gift shop. The gift shop carried the usual items that are sold at these specialty stores, jewelry, stuffed animals, statues, scarfs, etc. This was not a "Dollar Store" which most seniors regularly patronize.

During and following lunch, a four piece band played and sang Irish songs and dance music. The dinner consisted of a salad, beef barley soup, and a choice of corned beef and cabbage, roasted chicken or tilapia. Wine, bock beer and soda were available as well as coffee, tea

and ice cream.

After dinner, all were entertained by a group of Irish dancers whose ages ranged from 5 to high school age. The dancers were an award winning group who will be competing again this year. They were excellent to watch.

After the performance and before departure, the seniors were given a roast beef sandwich, potato salad and coffee.

Everyone who attended enjoyed the relaxing six hours spent in the New York countryside. *Story by Peter Gallo Jr. ###*



Jeff and Karen Entertain AARP Members

The members of the Central Bergen Chapter, AARP attending the meeting on March 9, 2012, expected to be entertained by an Irish Tenor. However, due to a conflict in scheduling, they were treated to the music of Acoustic Duo, Jeff and Karen.

As a last minute replacement, Jeff and Karen informed all that their repertoire consisted of only seven Irish songs. They performed these songs as well as many selections from their "Viva Las Vegas" collection. Their performance was full of vibrant energy.

During the AARP meeting, Estella reported that tickets are now on sale for a trip to Doolan's in Spring Lake. They are \$60 each and include transportation, lunch and entertainment. She can be contacted at 201-288-0378.

AARP Central Bergen Chapter #418 meets the second Friday of each month except for July and August. They meet at 12:00 p.m. at the M&M Building, 116 Holt Street, Hackensack. Membership is open to seniors who are members of AARP and who reside in Hackensack, Hasbrouck Heights, Maywood, Rochelle Park,



Little Ferry or South Hackensack. New members are always welcomed. The next meeting is Friday, April 13. *Photo and story provided by Marie and Peter Gallo Jr. ###*

Seniors Learn About County Division of Senior Services

Ms. Lorraine Joewono, Director of Division of Senior Services for Bergen County and her assistant, Judy Patlen, were guests at the March 14, 2012 meeting of the Leisure Club. The Bergen County Division of Senior Services was established in 1966 with a mission to serve as an advocate for older adults. It is a planning, coordinating and funding agency for senior programs and services.

Ms. Joewono explained that she, through her division, provides simplified access to

health and human services systems for older adults and individuals with disabilities over the age of 18.

Information and assistance is provided for PAAD, Lifeline, Medicaid, Medicare, in-home assistance, meals on wheels, care management, adult day care, respite care, nutrition, recreation and many more areas.

A plastic bag containing many flyers was handed out to all Leisure Club members present. The flyers discussed in detail the many services provided by the Division of



Senior Services. Ms. Joewono reviewed most of the flyers. It was obvious that Bergen County has many programs that can help its senior residents. *Photo and story by Marie and Peter Gallo Jr. ###*



The Legacy Lives On

A beautiful brisk, sunny day for most people, but a very sad day for the Costa Family.

On Tuesday, February 21, 2012, a funeral exits the Costa Memorial Home as saddened hearts grieve the loss of their loved one, Joseph Louis Costa, owner and manager of the Costa Memorial Home.

Joe, his wife Vicki and their sons, Joseph and Vincent, came to reside in Hasbrouck Heights in 1975 and established a business he was very proud of.

After graduating Lodi High School, he entered the

McAllister School of Embalming in New York City.

Joe knew at a young age his dream was to be a Funeral Director. He was involved in the funeral business for over fifty years, serving the people in Lodi, Hasbrouck Heights and the surrounding communities.

Joe was the first in his family to become a practitioner of Mortuary Science. He took great care of all the families he served.

He and his family have been in Hasbrouck Heights for 37 years. Unfortunately, Joe was stricken with many

illnesses and was unable to continue his work.

Fortunately, his two sons followed in their father's footsteps and became Funeral Directors.

If you have ever met these gentlemen it is obvious that they are very kind, sincere and compassionate people.

They will always remember the love they shared with their dad and all that he had taught them.

Joe and Vinnie will carry on his legacy and the legacy lives on. ###

Police Chief Warns of Scams

Hasbrouck Heights Police Chief Michael Colaneri reminds residents that as warm weather approaches, residents should be aware of scams.

Questionable people usually prey upon senior citizens and people living alone, because they would rather deal with a lone decision maker.

With no one to confer with, it makes it easier for them to weave their web of deception.

The Chief said, "They prey on senior citizens because they have the time, they're home, and they're mellow in their older age. They try to see the good in everybody."

People should be suspicious of unsolicited work offers. "The day of door-to-door salesmen is over," Chief Colaneri said.

"If you've got somebody going door to door for house repairs, the chance is good that it's some kind of scam."

They say they are doing the house down the street and offer a discount.

Sometimes they will try to scare their prospects by bringing up dangerous situations that must be corrected immediately. But most often, nothing is wrong or just a minor repair would be needed.

One of the more common scams is to knock on the door and tell the homeowner that they do roofing, and when passing by they noticed that the roof is badly damaged.

They explain how the home is being damaged even before leaks become visible.

They use high pressure, aggressive tactics and convince the homeowner that the roof needs immediate attention.

They ask for cash and say they will need to get some supplies and be right back. That's the last time you will see them or your money.

Always remember to use common sense and think about it for a minute. How can these strangers show up and tell you about a serious problem that you are unaware of?

In another variation of this scam, workers will begin a home repair job such as repaving a driveway, take the deposit, and never return to finish the work.

The bogus contractor will begin the job and tell the resident that the damage was worse than originally estimated, so he or she will have to pay more money.

The best way to avoid becoming a victim of a home repair scam is not to allow people to do repairs unsolicited.

On some occasions, scammers have been known to work in tandem, gaining access into the home on the pretense of using the bathroom.

While one of them has the attention of the homeowner, one of the other men or women will quickly search for cash and valuables to steal.

Never let any of these people in your home under any circumstances.

Chief Colaneri said, "Most people are inherently good. Most businesses are legitimate and provide good services at fair prices.

However, the consumer should be suspicious of any cold call or visit to your door without an appointment.

Anyone coming to your door should be able to identify themselves with proper I.D., company uniform or commercial vehicle (*it is required to be lettered with the name and base town of the company*).

Most importantly, do not be pressured by anyone. Follow your instincts; if you are uneasy, lock your door and call a neighbor or the police."

If senior citizens ever suspect a problem, the most important thing to do is call the police at 201-288-1000.

"If they feel that they have been scammed, there's a good chance that they're not the first one and we need to know about it," Chief Colaneri said. "The more reports we have, the better chance we have of catching them." ###

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WRFD to Get New Ladder Truck

On February 28, 2012, The Wood-Ridge Mayor and Council authorized the purchase of a 100-foot rear mount ladder truck costing \$845,639.62.

The rear mount fully finished ladder truck features a 2,000 GPM pump, generator, tools, various ladders, etc.

The new truck will continue its 903 designation and the Department will rededicate the original bell. The 40 foot truck will retain the traditional red and white color scheme.

The Department will salvage the radios and the eight new Scott packs recently acquired from an AFG grant.

The new ladder truck is being constructed to order by Sutphen Corporation, based on the needs determined by the Wood-Ridge Fire Department specification committee which began in June 2011.

This committee will follow the progress of the truck

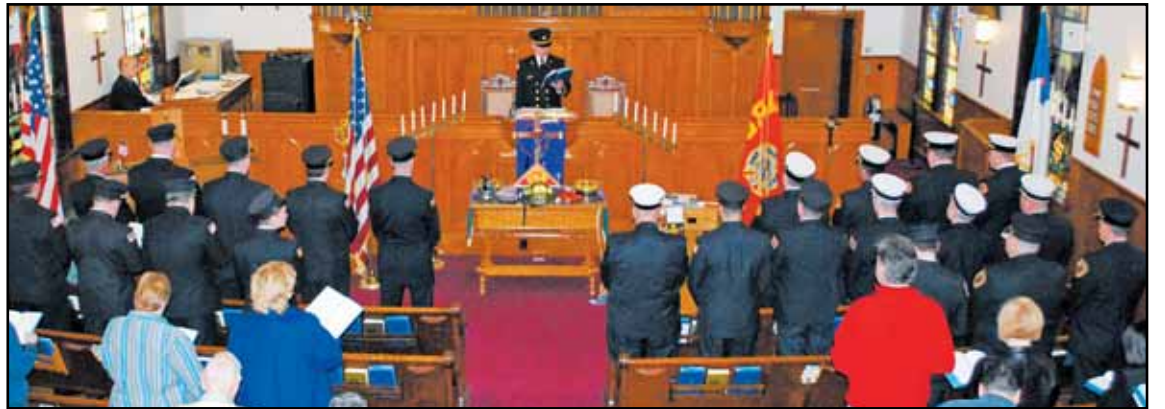
to insure that specifications are met. It takes about eight months to manufacture and delivery is expected at the end of the year.

The new truck is replacing the 25 year old truck that was beyond repair. The insurance company condemned it last year, taking it out of service and gave the Borough \$78,500 for scrap purposes. Those funds were used towards the down payment of the new truck.

The life expectancy of a typical ladder truck is 25 years and it was due for replacement.

The Wood-Ridge Fire Department did temporarily use the Bergen County truck, and is currently relying on Mutual Aid (neighboring) towns for ladder truck support.

Officials expressed concern about the response delay to a scene from neighboring communities and emphasized the need for a replacement. ###



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CFD Recognition Sunday

On Sunday, March 18, 2012, The First Presbyterian Church, led by Pastor Donald M. Pitches, held a Fire Department Recognition Sunday Service for the Carlstadt Fire Department and Auxiliary.

During the Service, Pastor Pitches gathered the children at the foot of the altar and told

them stories and readings of faith about Noah and his Ark.

Pastor Pitches presented and explained to the congregation a fire axe, helmet, pitcher of water, etc.

There was recognition and presentation of symbols of service with Pastor Pitches presenting Carlstadt Fire Chief

Daniel Echert with a framed fire department flag.

Pastor Pitches' sermon was "Keep Your Head Above Water."

The program provided a brief history of the Department, and recognized the 2012 Fire Officers, Former Chiefs of the Department and 25 Year Department Members.

Bagpiper Sharon Dunn played "Amazing Grace" during the service.

Following the service, brunch in the Community Hall was provided by the Department. *Photos by Dennis Kronyak Sr. ###*

HHFD Annual Inspection May 12

The public is invited to attend The Hasbrouck Heights Fire Department Annual Inspection, at 7:00 p.m., on Saturday, May 12, 2012.

Department personnel will be in full dress uniform. The equipment and fire headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. ###

Gazette Photos Available

Did you see yourself or your child published in **The Gazette Newspaper**? The EXACT images used in **The Gazette Newspaper**, are now available as black & white photographic prints and may be purchased at: <http://gazette-newspaper.smugmug.com/>

Food Fest 2012

Enjoy a food sampling of 25+ area restaurants

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Monday, April 30, 2012
6:30 p.m. to 9:30 p.m.

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Advance tickets are \$55 pp and \$65 at the door.
Call Matt at 201-788-2077 for tickets.

Event hosted by the

Fort Lee Rotary

Event benefits the Gift of Life Program, Center for Food Action, Inter-religious Fellowship, local high school scholarships, leadership programs, etc.



Carlstadt Brush Fire

On Sunday, March 10, 2012, at about 11:30 a.m. the Carlstadt Fire Department responded to a large brush fire.

The fire's expanse covered between Broad Street and Paterson Plank Road, and from 20th Street to Berry's Creek. The fire took about an hour to put under control before searching and putting out hot spots. No injuries or property damage were reported. Carlstadt Fire was assisted by Wood-Ridge, East Rutherford and Wallington Fire Departments. *Photos by Dennis Kronyak Sr. ###*



E-R House Fire Draws Mutual Aid

On February 10, 2012, at about 10 a.m., the East Rutherford Fire Department responded to a 2-story multi-dwelling that was ablaze.

Firefighters saw flames in the back of the wood frame structure. The tenants were evacuated.

A 5" line was connected to the nearby hydrant and several 2-1/2" attack lines were used through the front door and left side exterior.

During the attack, firefighters had to withdraw due to a possible collapse of the roof in the rear before continuing.

It took about 45 minutes to put the fire under control and then knock down hot spots before overhaul.

The fire is believed to have started in the rear and is under investigation. No injuries were

reported.

Carlstadt, Rutherford and Wallington Fire Departments assisted. *Story and photos by Dennis Kronyak Sr. ###*

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Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

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