

The Gazette

Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • S. Hackensack • Teterboro • Wallington • Wood-Ridge
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VOL. 15, No. 4

April 2018



'Twas Grand

The inaugural St. Patrick's Parade was held in Rutherford on Sunday, March 4, 2018. The Parade followed a freshly painted green line down Park Avenue. Many spectators were festooned with Irish regalia. The hour-long, family-oriented parade featured 600-700 marchers from about 70 groups. Pipers included Jersey City Firefighters Emerald Society Band, St. Columcille United Gaelic Pipe Band, Law Enforcement and Firefighters Emerald Society of NJ Chapter 1, Morris County Police Pipers. The event was sponsored by the Rutherford Irish American Association.

See pages 18-19 for more parade photos.

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SPRING!

Woman's Club of Rutherford Spring Fling Dance and Swing

The Woman's Club of Rutherford is sponsoring a Spring Fling Dance and Swing at their clubhouse, 201 Fairview Avenue, Rutherford, on Friday June 1, 2018.

Dinner will be served from 4 to 7 p.m. and includes corned beef, cabbage and all the fixings. Tickets are \$35/per person. BYOB

Dancers from The Denogla Ardmore Academy of Irish Dance will provide a short performance for your entertainment.

Proceeds of the event will be designated to the Club's scholarship fund, the general fund and the Club's historic preservation project.

For more information or to purchase tickets, please contact: Nancey at 201-935-0155 or Donna at 201-939-8815.

The Woman's Club of Rutherford is actively seeking new members. Women over age 18 are welcome. For information, contact Donna at 201-939-8815 or email dkolich19@aol.com. The Woman's Club of Rutherford is a member of the New Jersey State Federation of Women's Clubs and the General Federation of Woman's Clubs. ###

Afternoon Tea April 29

On Sunday, April 29, 2018, The Woman's Club of Rutherford invites you to their perennially popular Springtime in Rutherford Afternoon Tea, from 2-5 p.m., located at 201 Fairview Avenue. Enjoy the company of friends at an old-fashioned Tea Party, and get into the spirit by wearing your best Tea Party attire. Along with a variety of tea flavors, they will be serving scones with clotted cream, tea sandwiches, cookies and pastries.

Visit their famous Granny's Attic for unique treasures; participate in their Hat Contest to win a prize; and enter a raffle to win a stylish hat by internationally renowned designer Ellen Christine Couture.

Tickets are \$25 and may be purchased (in advance only) by calling Sue at 201-893-6866.

Proceeds will benefit local charities and the restoration of their Nationally Registered Historic Carriage House. ###

Preparing Your Garden

Before digging, test for dampness. Soil should be fairly dry and crumble when rubbed between your fingers. Lift soil in chunks, turn and shatter with spade or pitchfork. Follow fertilizer instructions remembering less is better. Rake surface smooth. ###

13th Annual Taste Of Experience

ICHS Alumnae Association will host their 13th Annual Taste Of Experience on Thursday, April 26, 2018, starting at 6:30 p.m., in the ICH Cafeteria. Guests will enjoy a tasting of regional delicacies from local restaurants, as well as a grand raffle, 50/50, and Tricky Tray.

The 13th Anniversary of the Taste Of is set to serve up phenomenal fun and food that is not only tasty on the tongue, but also good for the soul.

Proceeds from this event benefit the ICHS Alumnae Association Scholarship Fund and Student Activities. In the past 12 years, over \$85,000 in scholarships have been awarded.

Tickets and sponsorship packages are available. Call 973-472-7231 for more information. ###

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Sunday, April 1, 2018



From the Bakery

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Breakfast Buffet

Scrambled Eggs
Crispy Bacon & Sausage
Homemade French Toast Served With Warm Maple Syrup
Home Fries With Peppers & Onions & Corned Beef Hash

Omelets (made to order)

Served With Choice of Assorted Cheeses, Diced Ham, Peppers, Onions, Bacon, & Mushrooms

Cold Seafood Display

Cold Shrimp Served Over a Bed of Crushed Ice
Accompanied By Lemon Slices & Spicy Cocktail Sauce

Salad Bar

Antipasto Platter, Bruschetta, Pasta Salad, Mixed Garden Salad,
Caesar Salad, Asparagus Vinaigrette

Carving Station

Tenderloin of Beef, Roasted Lamb, Baked Virginia Ham

Hot Entrées

Breast of Chicken, Wild Mushroom Ragout
Baked Salmon, Sweet Thai Chili Sauce
Shrimp Scampi
Braised Short Ribs
Penne A La Vodka
Rosemary Roasted Potatoes & Sautéed Spring Vegetable Medley

Dessert Table

Assorted Desserts to Include:
Chocolate Fondue With Fresh Berries, Seasonal Fresh Fruit,
Cakes, Miniature Italian Pastries, Freshly Baked Cookies & Brownies

Belgian Waffles

Served With Ice Cream, Assorted Toppings, Whipped Cream

Kids Corner

Chicken Fingers, French Fried Potatoes, Macaroni & Cheese
Freshly Brewed Coffee, Decaffeinated Coffee, & Selection of Herbal Teas,
Assorted Juices, Soda, & Milk
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Adults - \$32.95

Children 5-11 - \$17.95 / Children 4 years old & under - Complimentary
A gratuity of 18% will be added to all parties
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**Paint Night
April 20**

The Contemporary Club of Hasbrouck Heights will be hosting a Wine Glass Painting Night on Friday, April 20, 2018, at 7 p.m., at The Clique, 151 Front Street, Secaucus. On street parking.

Cost is \$40 pp and includes four wine glasses for you to paint and take home. Light refreshments.

All supplies for your painting, along with a fun filled evening. Please RSVP before Sunday, April 15 to Dawn: keenandawn75@gmail.com or Marge at 201-288-8933. ###

**April Birthstone
Diamond**

**Art Classes
for Adults**

Mixed media art classes for adults will return to The Rutherford Public Library in April on Wednesday evenings at 6:30 p.m. Rutherford residents may sign up for two classes: April 4 and 11 or April 18 and 25, 2018. Registration is required and limited to Rutherford residents, Space is very limited, For more information call 201-939-8600. ###

**Mother's Day:
Give A Blanket**

Once again, the Guild of Reformed Church Women of First Reformed Church, Hasbrouck Heights, invite you to participate in their annual Blanket of Honor Sunday project. These \$10 donations per blanket, in honor of or in memory of any or all the significant women in your life, will be accepted through May 10, 2018, for inclusion in the Mother's Day bulletin, May 13.

The proceeds will be used by Church World Service to provide new blankets to be distributed to families wherever and whenever a disaster occurs, whether natural or man-made.

These blankets are used in a multitude of ways, not just for warmth. They provide a measure of dignity, a refuge, a source of protection, a means of carrying all one's belongings, a message that someone cares for them, wherever they may be in the world.

Please mail your check (\$10 per blanket) and send to First Reformed Church of Hasbrouck Heights, PO Box 66, Hasbrouck Heights, NJ 07604. Please include the name(s) of the women you wish to honor or remember.

The Guild women appreciate your assistance, as do the recipients, whether locally, nationally or world-wide. For further information call 201-288-1122. ###

**Seeking
Talent**

On Sunday June 3, 2018, from 10 a.m. to 5 p.m., the Hasbrouck Heights Chamber of Commerce will hold their Annual Street Fair.

They are seeking talented singers, musicians, bands, dancers, demonstrations and martial arts.

If you've got talent, want to perform, send a sample of your talent for review (CD, DVD, You Tube, website, etc) to: www.jcpromotions.info. with the subject line: Interested in Performing, or call 201-998-1144. ###

"The first of April is the day we remember what we are the other 364 days of the year."
- Mark Twain



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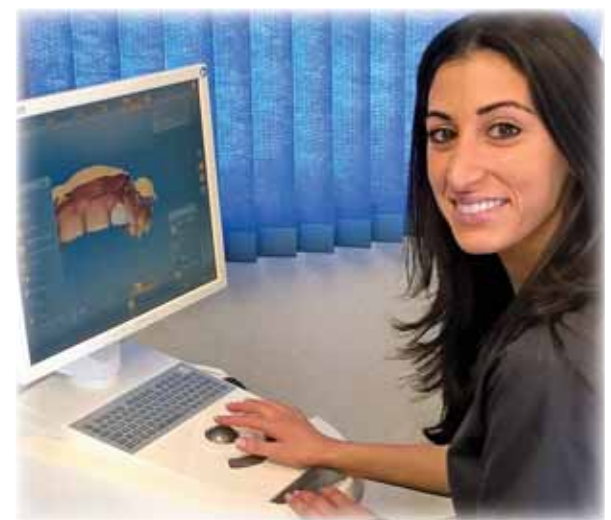
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Welcome Dr. Christina Paparella

Dr. Christina Paparella attended the College of New Jersey where she earned her Bachelor of Science degree in Biomedical Engineering.

She is a graduate of Rutgers School of Dental Medicine and is currently a resident of Hackensack University Medical Center.

Dr. Paparella, whose hometown is North Caldwell, NJ, is a member of the Academy of General Dentistry, and the American Dental Association. Her hobbies and interests include hiking, tennis, and architecture.

James R. Olivari, DMD, PA

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How to Start a Small Business

Calling all Small Business Entrepreneurs! Do you sell goods on Ebay? Do you have an Internet store? Are you just starting out with your own business? What do you need to know about New Jersey sales tax when you are selling items online? If you own a store, how do you set up and register a small business and report business income?

The Rutherford Public Library will host two workshops on Tuesday, April 10, 2018 for Small Business owners and those selling online.

Learn about the different business structures in New Jersey, how to register a small business, and how to report New Jersey business income. The 90-minute program will begin at 10 a.m.

At 1:30 p.m., a second 90-minute program focusing on online businesses and New Jersey taxes will cover the taxability of products and services as well as how to ship items.

These two programs are free but seating is limited and registration is required. To sign up for one or both, please call 201-939-8600. Presented by the New Jersey Division of Taxation in cooperation with the New Jersey State Library and The Rutherford Public Library. ###

Heights Food Bank Seeks Donations

The shelves are a little sparse and the Hasbrouck Heights Food Pantry welcomes donations. Needed items include: beans, canned fruit, juices, pasta sauce, gravies, paper products, all kinds of soaps and cleaning products, shampoo, toiletries, jelly, coffee, tea, cereal, powdered milk, crackers, cookies and snacks.

The 15-20 families who need help are very fortunate to be able to have a place to come if needed. For more information, call 201-288-0195. ###

Genealogy Workshops

The Rutherford Public Library will host a two-part series in searching for your ancestors.

• Part One: Ancestry to Find Your Family will be held on Monday, April 16, 2018 at 6 p.m. The Rutherford Library provides free access to Ancestry's database in The Library. Learn how easy – and how much fun – it is to start researching your family.

• Part Two: Genealogy – Other Resources will be held on Monday, April 23 at 6 p.m. Ancestry isn't the only resource available to you. Where else can you look? Are there other free databases? What about other genealogy Libraries? Come find out.

Registration is suggested. For more information call 201-939-8600. ###

Genetic Genealogy

The Rutherford Public Library will host Solving Mysteries with Genetic Genealogy on Tuesday, May 1, 2018, at 7 p.m.

The program will be presented by Anthony May, who has been researching genealogy for over a decade and is a molecular biology and genetics researcher for the Rutgers School of Dental Medicine in Newark, NJ.

Direct-to-consumer DNA testing provides the toolbox for solving difficult genealogical problems. This presentation will guide you in selecting the right DNA test and understanding your results in the context of your family tree.

This program is free but registration is required. Seating is limited, so register early. For more information, call 201-939-8600. ###

W-R adds Learning Express Library™

Improving computer skills, preparing for college admissions tests, and passing a career licensing exam just got easier with LearningExpress Library, now available through The Wood-Ridge Memorial Library's website. This extensive collection of digital resources includes interactive tutorials, practice tests, and more than 200 downloadable eBooks. Online practice tests are available for the GED, PSAT, SAT, AP, TOEFL iBT, and U.S. citizenship exams. Patrons can also master computer skills in popular software applications with tutorials from basic to advanced levels. LearningExpress Library resources are available free of charge to Wood-Ridge Memorial Library card holders through The Library's website at <https://woodridgememorial-library.org/> ###

Timeless Romantics

The Leonia Chamber Musicians Society, Inc., will perform their final concert of the season, "Timeless Romantics: Bridging the 19th and 20th Centuries," on Sunday, April 8, 2018, at 4 p.m. at All Saints Episcopal Church, located at 150 Park Avenue in Leonia.

The concert will present melodic music by French composers Louise Farrenc, Jacques Ibert, Philippe Gaubert and Francis Poulenc.

Tickets are \$30 adults, \$25 seniors, and students under age 18, will be admitted free.

For more information visit <https://www.facebook.com/leoniachambermusic>. ###

"April hath put a spirit of youth in everything."
- William Shakespeare

Spring Delights KAYA Hibachi Table & Sushi Bar



Enjoy the art of Teppanyaki. You and your guests will be entertained by a chef preparing a sumptuous meal at your table



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Special menu for Holiday catering



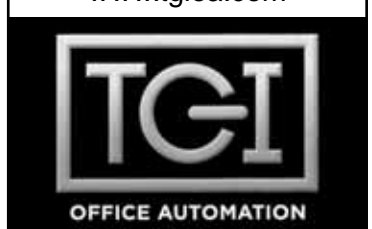
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HH Little League Pancake Breakfast

The HH Little League will hold its 23rd Annual Pancake Breakfast on Sunday, April 29, 2018, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu includes pancakes, sausage, crumb cake, donuts, bagels, juice, milk and coffee. Breakfast will stop being served at 12 p.m. This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5, child \$3 and under 4 free.

The Tricky Tray sports memorabilia auction will follow from noon to 1 p.m. Winners do not have to be present at the time of the drawing to win.

Proceeds will be used towards upgrading the facilities.

Businesses are invited to

place their business card size ad on the place mats for \$40. Email: kenlanzoplumbing@gmail.com for more information. ###

WFD Easter Breakfast Mar. 25

Wallington Fire Department Park Row Hose Co. 3 will host their annual Easter Breakfast fundraiser on Sunday, March 25, 2018, from 8:30 a.m. to noon, at the Wallington Civic Center, 24 Union Boulevard, Wallington.

Donation is \$10 for adults and \$5 for kids ages 4 to 12. Tickets are available at the door. Easter Bunny photo opportunities available. ###

Edible Book Festival

The Friends of The Library of Rutherford will host their Fourth Annual Edible Book Festival at The Rutherford Public Library on Saturday, April 7, 2018, from 11 a.m. to 3 p.m.

Any person, family, or group may enter by designing a cake or confection inspired by a book. The entire community is invited to enjoy refreshments, buy raffle basket tickets, and then buy and cast votes for their favorite creations.

Winners will be announced at the conclusion of the Festival. Entry forms can be found online at rutherfordlibrary.org or at the main circulation desk at The Rutherford Public Library. All entry forms must be submitted to The Library by Monday, April 2. For more information, call 201-939-8600. ###

Fish & Chips April 14

The East Rutherford Fire Department Ladies Auxiliary will host a Fish & Chips Dinner (*chicken available*) on April 14, 2018, from 5 to 7 p.m., at the East Rutherford Civic Center. Catered by Argyle Restaurant, Kearny. Cost is \$15 for adults and \$7 for children under 11. Take out available. For tickets, call Rose at 201-935-5237 or Wendy at 201-394-9850. Tickets sold at the door. ###

Transplanting Seedlings

Poke hole in mixture. Fill with water. Gently lift seedling with spoon and place in new mixture 3 inches apart. Make sure roots are firmly planted. Fill the remaining hole with mixture. Make sure there is sufficient air circulation and sunlight. ###

Speakeasy at Rutherford

The Rutherford Public Library Foundation will host a Speakeasy at the Rutherford Library on Saturday, April 28, 2018. Tickets are \$80 each. Join for hors d'oeuvres, drinks, and games. For more information visit rutherfordlibrary.org or call 201-939-8600. ###

Lodi KC Pancake Breakfast Apr. 8

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, April 8, 2018, 8:30 a.m. to noon, at 39 Washington Street, Lodi.

Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French toast (*to order*), sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$6; children over 6: \$4; children 6 and under: free. Profits to benefit local charities. ###

Center for Food Action

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Polish American Spring Beefsteak April 11

On April 11, 2018, the Polish American Cultural Center TA Polish Peoples Home, located at 1-3 Monroe Street, Passaic, will host an all you can eat steak, beer, family style sides and dessert. Doors open at 7 p.m. Cost is \$40 pp. Music by Anthony Tabish. Call Polish Peoples Home for tickets and reservations at 973-473-6619. ###

Roast Beef Luncheon

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, April 10, 2018, in the Community Hall on Third Street in Carlstadt. Roast Beef dinners will be served from 11:30 a.m. till 1 p.m. Donation is \$10 for adults and \$5 for children/students. Please call the Church office at 201-438-5526 for further info or in case of inclement weather from 9 a.m. till noon on weekdays. Jewelry and "This & That" tables are available. ###

Brunch at Fiesta April 8

Carlstadt Mixed Chorus invites you to a Sunday Brunch at the Fiesta, Wood-Ridge, on April 8, 2018, from 11 a.m. to 3 p.m. Music by Werner Goebel. Donation \$40 pp. For reservations call 201-652-0968 or 973-777-6677. ###

Fish Fry March 30

American Legion Post 310, located at 100 Liberty Street, Little Ferry, is hosting the annual Good Friday Fish Fry, Friday, March 30, 2018, from 5 p.m. to 8 p.m. Fried flounder, potato salad, coleslaw, dinner rolls, coffee and dessert. Cost \$12 pp. Proceeds to benefit Veterans and Children's programs. For more information call 201-807-0470. Dining in only, No take out. ###

1970 - President Richard Nixon signed legislation officially banning cigarette ads on television and radio.

Free Lunch Saturday

Everyone is invited to the First Presbyterian Church of Moonachie for the "Free Lunch Saturday," which will be held on April 7, 2018, at 11:30 a.m. This hot lunch features "Chicken 'n Rice."

If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ###

Flavian, the Mind Reader

Join 55 Kip Center, on Friday, April 20, 2018, from 7-9 p.m., for its 5th Annual Beefsteak Dinner to be held at the First Presbyterian Church, 1 E. Passaic Avenue, Rutherford.

Cost is \$45 per person and includes dinner and entertainment by Flavian, the Mind Reader. The evening will include raffles and a 50/50. For more info, call 201-460-1600 or visit www.55kipcenter.org. All proceeds support programs and services for older adults. Sponsorship opportunities available. ###

Carlstadt Mixed Chorus 87th Music Festival

The Carlstadt Mixed Chorus will host their 87th Music Festival at the Carlstadt Turn Hall, 500 Broad Street, Carlstadt, at 3:30 p.m. on Sunday, May 6, 2018.

The program will feature the Chorus, guest soloists accompanied by a Chamber Orchestra; Johanna Teubner-Prussack, Music Director. Dance music by "Bud-Linda." The kitchen and bar will be open. Donation is \$20. For reservations, call 201-652-0968 or 973-777-6677. ###

Park Avenue Toastmasters

Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career? Toastmasters International is a world leader in communication and leadership development. The Park Avenue Toastmasters will meet at The Wood-Ridge Memorial Library on Monday, April 2, 16, and 30, from 6:30 p.m. to 8:15 p.m. ###

Lions Pancake Breakfast April 8

The Rutherford Lions Club is holding their annual Pancake Breakfast on Sunday, April 8, 2018 at 55 Kip Center, Rutherford from 8 a.m. to 1 p.m.

The cost for this pancake and sausage breakfast is \$6. Proceeds from this event go to the Rutherford Lions Sight Fund to help Lions sight projects and local charities.

For more information and to purchase tickets visit www.RutherfordLionsClub.com or call Glenn at 201-390-6734. Tickets can also be purchased at the door. Takeouts will be available. The Rutherford Lions Club has been serving the community for 96 years. ###

Spring Fling Fundraiser April 29

On Sunday, April 29, 2018, members of VFW District 2 Auxiliary will sponsor a luncheon at the Graycliff Restaurant at 122 Moonachie Avenue, Moonachie, NJ from noon to 4 pm. Tickets are \$45 and include a tossed salad, penne pasta, choice of Prime Rib, Chicken Francaise with potato and vegetable and ice cream for dessert, beverages, and a cash bar.

Back by popular demand, Dave "Bop with the Beas" Beasley will entertain with his songs of the past!

There will be a 50/50 and a Gift Card Raffle. All are welcome. Call Jan for tickets and details at 201-264-8629. ###

Spring Fling Tricky Tray Dinner April 14

FOHA (*Friends of Homeless Animals New Jersey*) will host a Spring Fling Tricky Tray and Dinner on Saturday, April 14, 2018, from 6 to 11 p.m., at the Lodi Boys & Girls Club. Calling starts 7:30 p.m.

Cost is \$45 pp (*table of 10 \$400*) and includes buffet dinner, salad, fruit, dessert, coffee and tea, bottled water. Catered by The Brownstone.

For more information go to: www.fohanj.com ###

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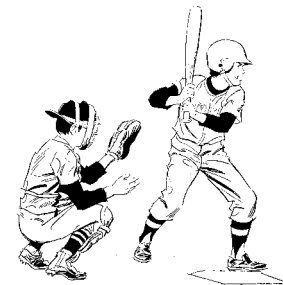
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Hasbrouck Heights Little League 23rd Annual Pancake Breakfast & Tricky Tray*/Sports Memorabilia Auction



Sunday April 29
8 a.m. to 1 p.m.
at the VFW

It's time again for the 23rd Annual Hasbrouck Heights Little League Pancake Breakfast and *Tricky Tray** Sports Memorabilia Auction fund-raiser!

This year's breakfast and Tricky Tray style auction will be held April 29 at the V.F.W. (*located at the end of Old Field Avenue*) from 8 a.m. to 1 p.m. **Breakfast will stop being served at 12 p.m.** Tickets are available at the VFW at the door. Cost is \$5 for adults and \$3 for children (*children under 4 are free*).

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Tricky Tray April 18

On Wednesday, April 18, 2018, The Church of the Transfiguration is hosting a Tricky Tray at the Fiesta, Wood-Ridge. Admission is \$45 and includes a three course dinner, dessert, plus one sheet of regular chances.

Advance ticket sales only. No tickets will be sold at the door. Tickets must be purchased by April 4, 2018. Doors open at 6 p.m. Auction begins at 7 p.m. For further information call Dawn at 201-463-1512 or email: pnccwallington@optonline.net ###

Spring Fling Craft Bazaar May 5

The United Presbyterian Church of Lyndhurst, 511 Ridge Road, Lyndhurst, will be holding their Spring Fling Craft Bazaar on Saturday, May 5, 2018, from 10 a.m. to 3 p.m. A BBQ lunch will be served starting at 11 a.m. There will be many handmade crafts, in addition to a bake table, white elephant table. The thrift shop will be open. If you are interested in a table, call Linda at 973-454-8847. ###

Lyndhurst Thrift Shop

The United Presbyterian Church of Lyndhurst, 511 Ridge Road, will have its Thrift Shop open on the following Saturdays, March 24, April 14, 28, May 12, and 26, 2018, from 9 a.m. to 11 a.m.

It will also be open from 10 a.m. to 3 p.m. on May 5. Any questions, please call the Church office 201-939-7920. ###

Rummage Sale April 12, 13, 14

The Guild of Reformed Church Women will hold their Spring 2018 Rummage Sale at the First Reformed Church, Hasbrouck Heights, on Thursday, April 12 and Friday, April 13, from 7 to 9 p.m. and Saturday, April 14 from 9:30 a.m. to noon.

Items for sale include clothing, shoes, toys, books and household items. Donations welcome beginning Monday, April 9, until Thursday, April 12, from 9 to noon, at the Church.

Proceeds will go to Church projects and missions. The Guild holds rummage sales every spring and fall. For more information, call Estella at 201-288-1122. ###

VFW Auxiliary Spring Auction April 20

The Petersilge-Velock V.F.W. Auxiliary to Post 809 will sponsor a Spring Auction (Tricky Tray) on Friday, April 20, 2018, at the Post Home, 100 Main Street, Little Ferry.

The event is open to the public. Doors open at 6:30 p.m. Donation is \$10. Proceeds will be used to take care of the needs of our Veteran men and women who reside at Veterans homes and assisting for all Veterans and their families. Call Irma at 201-489-2390 or Adele at 201-641-2298. ###

April 18, 1906 - The San Francisco Earthquake struck at 5:13 a.m., followed by a massive fire from overturned wood stoves and broken gas pipes. The fire raged uncontrollably for three days resulting in the destruction of over 10,000 acres of property and 4,000 lives lost.

Heights Elks Dance April 15

On April 15, 2018, the Hasbrouck Heights Elks Lodge #1962, located at 128 Baldwin Avenue, will host a Dinner Dance from 2 p.m. to 6 p.m. All dinners are \$15 per person. paid in advance.

Music by "Jerry." For reservations, call Cathy at 1- 386-852-4881. ###

April MOPS

As moms, we quickly learn how to multitask, avert toddler meltdowns and change diapers in record time.

We know that raising little people to adulthood (*or even just to the next birthday*) takes guts, advice from mentors, caffeine and friends who are willing to listen without judgment.

Hasbrouck Heights MOPS invites moms of kids ages 0-6 from any town to join at their next event on Thursday, April 26, 2018, 7-9 p.m.

Please RSVP by April 24 so they have enough yummy snacks for you. Event hosted by Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights. Free MOPS Kids childcare provided by RSVP only.

Monthly Friday morning get together and outings too. For more info: hasbrouckhts-mops@gmail.com; 862-239-MOPS; Fb - Hasbrouck Heights NJ MOPS. ###

Tech Tutor

Looking to maximize free content for your tablet, Kindle, or smart phone? The Rutherford Public Library is offering an appointment-based Tech Tutor service to provide personalized instruction on downloading free e-books, e-magazines, audiobooks, music, and movies to personal devices.

Librarians can also assist with research, setting up e-mail accounts, and basic computer instruction. For an appointment or for more information, please call 201-939-8600 and ask for Reference. ###

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AHOF Open Cockpit Weekend April 14-15

The Aviation Hall of Fame will host its first Open Cockpit Weekend of the year on April 14 and 15, 2018.

Visitors will again have the opportunities to sit in the cockpit of a TWA Convair 880 jet aircraft, a rare Lockheed designed Bush Master plane and a Bell 47 helicopter made famous during the Korean War.

New for the 2018 season is the restored cockpit of the Martin 202 passenger plane, including a new instrument panel with new pilot and co-pilot seats to sit in. You can also visit inside the HH52A, U.S. Coast Guard rescue helicopter.

Also on display are the Bell AH-1 Cobra helicopter and the OV-1A Mohawk observation/attack aircraft.

Visitors of all ages can learn how flight systems work. Qualified pilots will be on hand to help visitors understand the many instruments and controls of each of these aircraft. Also popular with young people is our official Airport Rescue and Firefighter truck! Kids love to sit inside and get behind the

steering wheel to see what a real Fire Engine is like!

Inside the Museum you can see a 10 minute movie with a review of NJ's important role in the history of aviation and its development. On the second floor kids can visit The Little Cut-up plane which lets them "work the controls" under the watchful eye of our experienced Docents.

For young astronauts we have our working display of the International Space Station (ISS) along with uniforms and items used by the many Astronauts like Buzz Aldrin, Scott and Mark Kelly, just to name a few.

Admission: \$12 for adults, \$9 for seniors and children 12 years of age and younger. Children 3 years old and under are free. Come see why our Museum has been named as "One of the 10 Best Museums in the State of NJ."

For more information go to www.njahof.org or call 201-288-6344. The Museum is open six days a week from 10 a.m. to 4 p.m. (Closed on Monday)###

Things to Do in Your Garden

- Remove winter mulches
- Clean up the garden/weed
- Have soil tests run
- Improve soil with organic matter and pre-plant incorporation of fertilizer
- Rake & aerate lawn
- Apply lime if needed
- Reset perennials that have frost-heaved
- Start vegetables and flowers from seed
- Sow seeds outdoors of hardy annuals, such as poppies and cornflower
- Plant sweet peas and garden peas on St. Patrick's Day, if soil is workable
- Plant cold-tolerant vegetables such as onions and peas (mid to late month)
- Look for and remove cedar apple rust galls on Eastern red cedar
- Plant or transplant trees and shrubs when soil is workable
- Fertilize trees and shrubs (late)

- Prune trees, shrubs that do not flower in spring (*unless renovation pruning*)
- Clean out all of your bird-houses now, so that they will be ready when the birds return.
- Repair any fencing, arbors, or trelliswork that is weak or has broken over the winter.
- Check the plants under the eaves of the house and under tall evergreens to see that they have sufficient moisture. ###

April 17, 1961 - A U.S.-backed attempt to overthrow Premier Fidel Castro of Cuba failed disastrously in what became known as the Bay of Pigs fiasco. About 1,400 anti-Castro exiles invaded the island's southern coast along the Bay of Pigs but were overrun by 20,000 Cuban soldiers and jailed. Trained and guided by the U.S., the exiles had expected support from U.S. military aircraft and help from anti-Castro insurgents on the island. Instead, due to a series of mishaps, they had fended for themselves with no support. The failed invasion heightened Cold War tensions between Cuba's political ally, Soviet Russia, and the fledgling administration of President John F. Kennedy. The following year, the Russians brazenly installed nuclear missiles in Cuba resulting in the Cuban Missile Crisis.

Casino Bus Trip

The HH VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$35 paid in advance; includes a continental breakfast from 9 a.m. to 10 a.m.

Games, prizes and a movie make the travel time pass quickly. For details call Andy at 973-773-1812, or the Post at 201-288-1112. ###

Fix It Up Raffle

Spruce up your home with 3 Days of Carpentry Services, 2 Days of Painter Services, Landscaping Services and \$250 Lowe's Gift Card.

Total Prize Package Value: \$2,499*. Tickets: \$10 each. No more than 1,000 tickets will be sold

*Entire proceeds will be devoted to the mission of Rebuilding Together North Jersey: safe and healthy housing for low-income homeowners.

Drawing: Monday, June 4, 2018 at 7 p.m. For tickets call: 201-447-8886 or Email: info@rtnorthjersey.com ###

Rebuilding Day April 28

National Rebuilding Day is Saturday, April 28, 2018.

Join Rebuilding Together North Jersey and hundreds of volunteers to help Veterans, older adults, low-income families with children and victims of disaster with a variety of critical home repairs.

Volunteers are needed for Saturdays in April 2018. Learn about repairs such as flooring, weatherization, roof and hand-rail replacements, accessibility modifications, painting, landscaping and more.

Lunch will be served. Please call 201-447-8886 for more info to volunteer or donate. ###

HH 5K and Fun Walk

The Hasbrouck Heights Board of Health is sponsoring the 6th Annual 5K Run & 1 Mile Fun Walk on Sunday, April 22, 2018 to benefit high school senior scholarships to town residents.

The run starts at 9 a.m. at Borough Hall, with check-in at 8 a.m. and awards at 10:15. Medals will be given for the top three male and female runners in the following categories: 18 and under; 19-29; 30-39; 40-49 and 50 and over. Participants will receive a T-shirt and post-race refreshments will be provided.

Pre-registration is \$30, (ends April 13), \$35 the day of the run/walk and children 18 and under are \$15. Sign up online at www.runsignup.com or at the Hasbrouck Heights Health Department. For more information call 201-288-1636, email hhhealth@bergen.org ###

April Fools' Day

April Fools' Day (*sometimes called All Fools' Day*) is celebrated every year on April 1 by playing practical jokes and spreading hoaxes.

The jokes and their victims are called April Fools. People playing April Fool jokes expose their prank by shouting April Fool.

Some newspapers, magazines, and other published media report fake stories, which are usually explained the next day or below the news section in small letters.

As well as people playing pranks on one another on April Fools' Day, elaborate practical jokes have appeared on radio and TV stations, newspapers, web sites, and have been performed by large corporations.

To give you a sense of how seriously some people take April Fools' Day, here are three of the greatest April Fools' Day hoaxes of all time:

• **Swiss Spaghetti Trees** — In 1957, the British Broadcasting Company (BBC) news program Panorama announced that Swiss farmers were harvesting a record spaghetti crop thanks to the elimination of the spaghetti weevil.

News footage showed Swiss peasants pulling spaghetti from trees. Thousands of viewers were fooled. The BBC reported receiving many calls inquiring how to grow

spaghetti trees!
 • **"Taco" Liberty Bell** — In 1996, Taco Bell announced that it had bought the Liberty Bell to help ease the national deficit. When the company claimed it would be renaming it the Taco Liberty Bell, thousands of citizens were fooled and called to complain.

The company revealed it was a practical joke a few hours later, but not before reporters asked White House press secretary Mike McCurry about the sale. Creating a joke of his own, he responded that the Lincoln Memorial had also been sold and would now be known as the Ford Lincoln Mercury Memorial!

• **"Left-Handed" Whopper** — In 1998, Burger King ran an advertisement in USA Today announcing its new "Left-Handed Whopper," which was specifically designed for left-handed Americans by rotating all condiments exactly 180 degrees. Burger King revealed the hoax the next day but claimed that thousands of customers had requested the new sandwich at their restaurants!

Although popular since the 19th century, the day is not a public holiday in any country. *Source: Wikipedia and wonderopolis.org* ###

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Rutherford Multicultural Festival

The 15th Annual Rutherford Multicultural Festival will take place on Saturday, May 19, 2018 (*rain date: May 20*), 12-7 p.m., Lincoln Park on Park Avenue, Rutherford, NJ.

Featuring free entertainment at the Lincoln Park bandshell all day long. Dancers, singers and performers from around the world will perform, from countries including Poland, Ireland, Korea, Japan, South America, Africa, India, and more.

The energy of the Native American dance group, the emotional lyrics of our R&B performers, and the many adorable local children's groups make this event a must-see for all!

Plus, there's fun for the whole family. Kids' activities include face painting and arts and crafts, while flea market booths sell stunning jewelry, handmade artwork and unique clothing.

Enjoy a tasty lunch at one of the international food vendors, from Peruvian empanadas to traditional Indian tikka masala and naan – and guests aged 21 and over can savor a cold brew in the outdoor beer and wine garden next to the stage.

Many of Rutherford's own community organizations contribute and participate in the festival, including The Friends of The Library and the Historic Preservation Committee – come and meet your neighbors!

The event is the annual celebration of the Rutherford Civil Rights Commission (RCRC). An official branch of the Borough of Rutherford, the RCRC works to ensure that all town citizens are provided equal rights and treated with respect.

The RCRC's mission is to eliminate discrimination, increase public awareness of civil rights through advocacy and education and offer conflict resolution services and mediation for civil rights matters. The only civil rights organization in Bergen County, the RCRC was founded in 1964 and has been a valuable resource to town residents ever since. ###

Carlstadt Indoor Garage Sale April 21

On Saturday, April 21, 2018, the Ladies Aid Society of the First Presbyterian Church of Carlstadt will sponsor an Indoor Garage Sale from 9 a.m. to 2 p.m. The sale will be held in the Community Hall on Third Street in Carlstadt. Housewares, jewelry, small appliances, collectables, toys, books, and other "attic treasures" will be sold. Hot dogs, saurkraut, chili, beverages and cake will also be available for purchase. ###

FOCAS Holds Flea Market

FOCAS holds its Flea Market on Saturday, April 21 and Sunday, April 22, 2018, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry. This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations clean, gently used or new items are gratefully accepted. (*Not accepted are TVs, PC monitors, golf bags and clubs, exercise and sports equipment, clothes or magazines or any items that are broken or not working.*)

They may be dropped off at the American Legion on Friday from 3 to 7 p.m. and Saturday (all day) of the Flea Market weekend.

All proceeds benefit homeless animals. For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Garummage Sale April 21

Christ First United Methodist Church, Hasbrouck Heights, will hold its annual Garummage Sale on Saturday, April 21, 2018, from 9 a.m. to 2 p.m.

There will be a huge selection of household items, jewelry, collectibles, electronics, etc.

The Church is located at the corner of Division and Burton Avenue in Hasbrouck Heights. Event entrance on Division Avenue. For further information, call Elsie at 201-288-0324. ###

HH Town-wide Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for May 19 and 20, 2018, from 9 a.m. to 4 p.m.

Participation in this sale does not count towards the "two garage sales" per year ordinance. Sign up dates are May 8 and 10, from 7 to 9 p.m. in the Administration Building. There is a \$10 fee.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

Spring Flea Market April 21

The Parish Social Life Board of Saint Margaret of Cortona Church will be hosting their annual Spring Flea Market on Saturday, April 21, 2018, from 9 a.m. to 4 p.m., in Saint Margaret's Marnell Hall, Liberty Street and Chamberlain Avenue, Little Ferry. Vendors can request a contract by calling Ellie at 201-641-0883. Tables at 8 ft. by 30 inches and cost \$25. Tables and chairs are supplied.

Breakfast and lunch will be available for purchase. ###

Kip Center Casino Trip

The Kip Center hosts a Sands Casino Trip the second Monday of every month. Bus leaves at 8:30 a.m. from the Kip Center, 55 Kip Avenue, Rutherford. The cost is \$30.

You will get \$30 back when you arrive. 55 Kip Members first priority, but spaces are generally available for your friends. Reserve early.

New to the Kip Center? Give it a try, there is always something going on! Call 201-460-1600 for more information. ###

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Administrative Professionals Week April 22-28, 2018

During World War II, there was an increased need for skilled administrative personnel, particularly in the United States.

The National Secretaries Association was formed to recognize the contributions of secretaries and other administrative personnel to the economy, to support their personal development and to help attract people to administrative careers in the field.

The association's name was changed to Professional Secretaries International in 1981 and, finally, the International Association of Administrative Professionals (IAAP) in 1998.

These changes reflected the evolving nature, qualifications and responsibilities of the members of the organization.

IAAP now has an international orientation and continues to provide education and training and set standards of excellence recognized by the business community on a global perspective.

The organization's vision is "to inspire and equip all administrative professionals to attain excellence."

The first National Secretaries Week was organized in 1952, in conjunction with the United States Department of Commerce and various office supply and equipment manufacturers.

The Wednesday of that week became known as National Secretaries Day (April 26). As the organization gained international recognition, the events became known as Professional Secretaries Week and Professional Secretaries Day.

In 2000, IAAP announced that names of the week and the day were changed to Adminis-

trative Professionals Week and Administrative Professionals Day, to keep pace with changing job titles and expanding responsibilities of the modern administrative workforce.

The most common ways of recognizing your Administrative Professional(s) today are: Flowers, Gift Cards, Lunch, Candy, Gift Baskets, etc.

Many work environments across the world observe this event. Administrative Professionals Day is an observance, but it is not a public holiday in the United States. ###

Full Pink Moon

The April full moon will appear on Sunday April 29, 2018, at 8:58 p.m. It is called the "Full Pink Moon."

According to the "Farmer's Almanac," this name came from the herb, moss pink, or wild ground phlox, which is one of the earliest widespread flowers of the spring.

Other names include the "Full Sprouting Grass Moon," the "Egg Moon," and, among Coastal tribes, the "Full Fish Moon," because this was the time that the shad swam upstream to spawn.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

HH Garden Club

Bruce Crawford, Director of Rutgers Gardens, will be speaking at the April 18, 2018 Garden Club meeting. Mr. Crawford oversees a 180-acre outdoor teaching classroom, horticultural research facility and arboretum. He is also adjunct professor in the Landscape Architecture Department at Rutgers School of Environmental and Biological Sciences. Bruce has visited the Garden Club numerous times and regularly participates in the "Continuing Education Program at Rutgers. He has been featured in Fine Gardening Magazine. His topic for the evening will be "Colours in the Garden."

The Garden Club will be meeting at 320 Boulevard on the second floor in The Library Meeting Room. Refreshments will be served at 6:30 p.m. followed by a short meeting and informative presentation by the guest speaker.

All members and non-members are welcome to join. Parking is available on Central Avenue and an elevator is also available! For further information contact Judy at 201-288-2615. ###

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Community Garden Project

Care on The Corner (COTC) is happy to announce a new season of the Community Garden project starting May 5, 2018. The Care on the Corner Community Garden was developed with support of City Green and Bergen County Master Gardeners.

The Community Garden will help to teach responsibility, teamwork, respect for others, nature and promote healthier eating habits. They are hoping this will enrich people's lives as we learn to appreciate locally grown food sources.

The Community Garden project has been a dream of many members of the COTC family for years. Community gardens provide fresh produce and plants as well as a way to share land with others in a common cause.

It will be both a traditional garden and a raised bed garden which will help children participate in the project and will require less work for those with limited mobility.

Children helping to work in the Community Garden

will be given the opportunity to reconnect with nature and enjoy being outside. The cost is \$10 per person participation fee for the entire season- starting on Saturday, May 5, 2018 at 9:30 a.m. Applications can be obtained by calling the Care Center at 201-288-9460. They are also available at the COTC website (careonthecorner.org) and should be returned to the Care on the Corner, 333 Franklin Avenue, Hasbrouck Heights. Please come out with your families to learn how to make a garden grow that you can enjoy together and be a special part of. If you have any questions, please contact Carol Haeefe at 201-288-9460. ###

Shred-It Apr. 21

Lodi will hold a paper shredding event on Saturday, April 21, 2018 from 9 a.m. to 1 p.m. at the parking lot at One Memorial Drive. Rain or shine. ###

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St. John's Annual Plant Sale

Mark your calendars! Spring is just around the corner and it is time to start planning your gardens.

Nursery grown plants and flowers and hanging pots will be available for pick-up just in time for Mother's Day at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 4, 2018. There will not be any plants available on Saturday.

Only pre-orders for the 39th Annual St. John's Plant Sale are being accepted and

due by Monday, April 30, 2018.

Flats, which contain one kind/one color, are \$11.75.

Pre-order forms are available by calling 201-288-0002 and leave a message.

All plants are of the highest quality. As in previous years, all plants are hand picked at the nursery by experienced gardeners. There will be other plants available along with pots of plants when pre-orders are picked up. ###

Container Garden Workshop

Care on The Corner (COTC) will host a Container Garden workshop on Saturday, May 12, 2018, at 333 Franklin Avenue, Hasbrouck Heights.

Join and learn how to make a beautiful container garden that you can enjoy throughout the summer.

Container Gardens:

- Allow for a movable garden
- Good if you have limited space, poor soil, not enough

sun, limited mobility

• Container gardening is a great way introduce children to gardening

The cost is \$20 per container/\$35 for 2 containers in the same family. Applications can be obtained by calling 201-288-9460 or go to:careonthecorner.org

Applications should be returned by May 7, 2018. If you have any questions, please call Carol at 201-288-9460. ###

Chamber/Garden Club Boulevard in Bloom

Help Keep the Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for over 10 years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the Hasbrouck Heights Garden Club, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting will be done by the Garden Club at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season. After the summer, the DPW will collect the flower pots and store them for the winter.

In the spirit of community,

each year they reach out to a local student group willing to lend a hand overseeing and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

The HHGC sends a sincere thank you to those businesses and residents who continue to support their efforts each year.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604.

Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

Earth Day April 22 End Plastic Pollution

Earth Day Network, the organization that leads Earth Day worldwide, today announced that Earth Day 2018 will focus on mobilizing the world to End Plastic Pollution, including creating support for a global effort to eliminate single use plastics along with uniform regulation for the disposal of plastics.

EDN will educate millions of people about the health and other risks associated with the use and disposal of plastics, including pollution of our oceans, water, and wildlife, and about the growing body of evidence that decomposing plastics are creating serious global health problems.

From poisoning and injuring marine life to the ubiquitous presence of plastics in our food to disrupting human hormones and causing major life-threatening diseases and early puberty, the exponential growth of plastics is threatening our planet's survival. EDN has built a multi-year campaign to End Plastic Pollution.

Their goals include ending single use plastics, promoting alternatives to fossil fuel-based materials, promoting 100 percent recycling of plastics, corporate and government accountability and changing human behavior concerning plastics.

"There is a growing tidal wave of interest in ending plastic pollution and some countries and governments are already in the vanguard.

Earth Day Network believes we can turn that tidal wave into a permanent solution to plastics pollution," said Kathleen Rogers, President of EDN.

EDN's End Plastic Pollution campaign includes five major components:

Leading a grassroots movement to support the adoption of a global framework to regulate plastic pollution;

Educating, mobilizing and activating citizens across the globe to demand that governments and corporations control and clean up plastic pollution;

Educating people worldwide to take personal responsibility for plastic pollution by choosing to reject, reduce, reuse and recycle plastics, and

Promoting local government regulatory and other efforts to tackle plastic pollution.

Earth Day Network will leverage the platform of Earth Day and the growing interest in the 50th Anniversary of Earth Day in 2020 as a catalyst for global action.

"We will mobilize our global network of NGOs, grassroots organizations, campus youth, mayors and other local elected leaders, faith leaders, artists and athletes, and students and teachers to build a world of educated consumers, voters and activists of all ages who understand the environmental, climate and health consequences of using plastic," said Rogers. earthday.org ###

Felician Sisters Celebrate Earth Day 2018

Earth Day will be commemorated with a program of prayer and song at the Felician Sisters' Peace Site on Monday, April 23, 2018 from 12:15 p.m. – 12:45 p.m.

The peace site has been in existence for over 25 years and is located as you enter the Felician Sisters' property at 260 South Main Street, Lodi.

All are invited to join in the spirit of St. Francis of Assisi, as we strive for a deeper commitment to a peaceful coexistence with the earth and all its creatures. This year "Earth Day" prayers and promotion will emphasize the harm of plastics upon the environment.

Participants will include representatives of the Felician Sisters, Felician College, Immaculate Conception High School and the Felician School for Exceptional Children.

Local officials have also been invited for this event.

For additional information, please contact Sister Mary Virginia at 973-473-7447 ext 114. Or e-mail Sister Virginia at sistervirginia@feliciansisters.org ###

5th Annual Environmental Celebration May 20

On Sunday, May 20, 2018, Hackensack Riverkeeper and Bergen County Department of Parks are pleased to announce the Fifth Annual Bergen County EarthFest Overpeck, from 1 p.m. to 5 p.m., at the Teaneck and Ridgefield Park sections of Overpeck County Park. The family-friendly partnership event is free for all to attend and enjoy.

• **Live entertainment**, including Jamie the "Dinosaur Troubadour" from Field Station Dinosaurs, a performance by the Hackensack-based Center For Modern Dance Education.

• Hands-on children's activities including a fishing derby and more.

• An assemblage of food trucks, each featuring distinct fare.

• Free canoeing and kayaking, from 2 to 6 p.m., on Overpeck Lake, courtesy of Hackensack Riverkeeper's Overpeck Park Kayak Center.

• Live music by local artists.

Complete details including all registration forms are available at www.EarthFestOverpeck.com or by calling 201-968-0808. ###

Keep W-R Beautiful

The "Keep Wood-Ridge Beautiful" Committee will hold its 19th downtown cleanup day on Sunday, June 3, 2018, between the hours of 1 and 4 p.m.

Volunteers are once again needed to help clean our shopping districts and raise awareness of the effects of litter in our community.

Last year over 140 volunteers participated! Both adults and children are welcome. The Bergen County Board of Health will provide cleaning utensils, gloves, brooms and bags.

Volunteers are asked to meet at the Wood-Ridge Civic Center at 12:45 p.m. Pizza and other refreshments will be served after the cleanup.

To sign up please call Borough Hall at 201-939-0202 ext. 110 and leave your name and

how many adults or children's T-shirts should be ordered.

Do you have stuff to shred? Bring it to the Civic center that day from 9 to 1 p.m. (*no hardcover books, magazines, newspapers, photographs of x-rays*). For further information, please contact Councilman Ezio Altamura at 201-531-0259. ###

Keep Wood-Ridge Beautiful

The Annual Keep Wood-Ridge Beautiful Design a T-Shirt Contest is open to all 7th through 8th Grade Wood-Ridge residents. Entry forms are available at Wood-Ridge schools from the Art Teachers, at Borough Hall and at the Civic Center. Contest ends on April 16, 2018. Please submit entries to the WR High School Office, Attn: Ms Mifsud or Ms. Larson, or call 201-939-0202. *Provided by Sandra O'Byrne. ###*

**Earth Day
April 22**

Road Courtesy is Contagious

39th Annual Plant Sale

Featuring nursery grown plants and flowers, hanging pots -- just in time for Mother's Day.

NOTE: Only Pre-Order Sales Accepted!

Pre-ordered plants are sold by the flats only. Flats are \$11.75. Flats are one color/one kind. There will be other plants available along with pots of plants when pre-orders are picked up.

Pre-order forms are available by calling 201-288-0002 and leaving a message. Orders due Monday, April 30.

Pre-paid advance orders are available for pick-up on Friday, May 4, 2018, from 6 to 7:30 p.m., in Parish Hall.

Church of St. John The Divine
229 Terrace Avenue, Hasbrouck Heights • 201-288-0002

Holy Trinity Special Services April 3, 8

The First Tuesday Evening Prayer service including 40 minutes of prayer, simple chant and silence will take place on April 3, 2018, at 7:30 p.m., located at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. Prayers for healing and renewal with laying on of hands conclude each service.

On April 8, they continue their 2nd Sunday Family Communion service beginning at 9:15 a.m. For further information, call the Church office at 201-288-6889. ###

The Gospel of Mark

Part 2, The Gospel of Mark, Chapters 1 to 10, was the focus of Part One of Bible Study at Holy Trinity Lutheran Church. Part Two begins on April 12 and will end on May 17, 2018.

It takes us on a journey with Mark from Jesus' entry into Jerusalem in Chapter 11 all the way to the empty tomb in Chapter 16. Meetings are on Thursday evenings at 7 p.m. For more information, contact Pastor Susan by email at pastorsusanholyltrinitynj@gmail.com or by phone at 201-288-6889. ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information.

Send these details at least 45 days prior to the event to: fritz@hasbrouck-heights.com or drop them off at: **The Gazette Newspaper**, 345 Boulevard, Hasbrouck Heights, NJ 07604. ###

Religious Directory

Baptist



BIBLE BAPTIST CHURCH
31 Passaic, Hasbrouck Heights
288-4139 • www.biblebaptist.net
Rev. Eric Dammann, Pastor
Sun: 8 am Prayer Partners Meet
8:30 am Service (Traditional)
11 am Service (Contemporary)

Presbyterian



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Presbyterian



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Kids Church: 11 am
Rev. Jim Armpriester, Jr., Pastor

Methodist



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Thurs. 7 pm Bible Study

Palm Sunday
March 25

Maundy Thursday
March 29

Good Friday
March 30

Easter Sunday
April 1

Pentecost Sunday
May 20

Passover
Starts Friday evening
March 30
Ends Saturday evening
April 7

*Every gun that is made,
every warship launched, every
rocket fired, signifies in the final
sense a theft from those who
hunger and are not fed, those
who are cold and not clothed.--
General Dwight D. Eisenhower*

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*Take Your Family to Church
This Easter Season*

Divine Mercy Sunday Apr. 8

The celebration of Divine Mercy Sunday is on April 8 this year, the first Sunday after Easter.

The Felician Sisters welcome you to their Immaculate Conception Convent Chapel on 260 South Main Street in Lodi that afternoon to praise and thank God for His mercy upon all of us. The Schedule for this afternoon of prayer and devotion is as follows:

- 2 p.m. Eucharistic Exposition, Adoration
- 3 p.m. Recitation of Divine Mercy Chaplet during a special prayer service.
- 3:45 p.m. Rosary Evening Prayer Benediction

All are welcome to join the Felician Sisters on this special day. Immaculate Conception Chapel is now handicap accessible. For more information, please call Sister Mary Virginia at 973-473-7447 ext 114. ###

•Easter is known by different names across the world. Some of them are: English - Easter, French - Paques, Spanish - Pascua, Italian - Pasqua, Albanian - Pashke, German - Ostern, Greek - Pascha, Norway - Paaske, Holland - Pasen and Swedish - Pask.

•Egg, bonfires & candles, lily, cross, palm, bunny and lamb are the most popular symbols of Easter.

•Egyptians were initially the ones who exchanged eggs to symbolize the resurrection of Christ. It was later that the tradition was passed down to early Christians.

•For Americans, Easter is the second most important candy-eating occasion of the year, after Halloween.

•In the mid-20th century, it used to take as much as 27 hours to make a marshmallow peep. Today, the time has been reduced to six minutes.

•Hot cross buns, made by European monks, are counted amongst the earliest Easter treats. They were given to the poor people, during the month of Lent.

Pray for Peace

Good Friday Service Mar. 30

The Felician Sisters welcome all to a very special Good Friday evening service on Friday, March 30, 2018 at 7:00 p.m. in the Immaculate Conception Chapel in Lodi. The program, "The Blessed Virgin Mary Watches Her Son Save the World" is a reflection in word, music, song, and movement on the final events in the life of Jesus Christ as seen by His Mother.

Linda Telesco, a liturgical dancer and choreographer, will portray through dance and interpretive movement, the sufferings of the Sorrowful Mother. She will be joined by dancers Nicole Abalos and Danielle Hartman.

Reflections will be read by Dorothy Laverty, a member of the staff of Immaculate Conception High School in Lodi. The congregation will be led in solemn prayer and reflection as they ponder Christ's sufferings, passion and death.

Vocalist Miriam Steinberg will use song to praise God for the gift of His Son, our Savior Jesus Christ and for the Mother of Jesus, the Most Blessed Virgin Mary.

There is no admission charge. This is a beautiful way to prepare for the great Easter Celebration.

Immaculate Conception Chapel is now handicap accessible.

For more information, please call Sister Mary Virginia at (973) 473-7447 ext 114. Or you may e-mail her at sistervirginia@feliciansisters.org ###

Frank Lepore Catholic Citizen of the Year

Wood-Ridge Knights of Columbus recently presented awards in many areas to outstanding citizens in their community. The ceremony took place on February 10, 2018. While all the awardees were announced in the March issue of this newspaper, one was unfortunately left out. We congratulate Mr. Frank Lepore for being selected "Catholic Citizen of the Year." PG ###

Passover Seder

Enjoy the holiday of freedom at an inspirational Seder, complete with a gourmet Passover dinner, the original hand-made Shmurah Matzah, and four cups of exquisite Kosher wine. Journey with them through the Haggadah, with traditional songs, stories and spiritual insights. The Seder is English friendly, so everyone can feel welcome.

First Seder Night is Friday, March 30, 2018, at 7:30 p.m. The Second Seder Night is Saturday, March 31, 2018 at 8:15 p.m. Seder will be held at Congregation Beth El, 185 Montross Avenue, Rutherford.

Cost is \$36. Sponsor is \$150. No one will be turned down for lack of funds.

Limited seating available. RSVP by email: Bina@jewishrutherford.org or call 201-438-4931. ###

Guild Assembles Health Kits

The Guild of Reformed Church Women will collect and assemble Health Kits as a Lenten project for Church World Service until April 1, 2018.

These kits consist of washcloth, hand towel, bath-size soap, toothbrush (*in original packaging*), nail clipper, wide-tooth comb and 6 band-aids.

Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service. Cash donations to assist in the shipping and handling of these kits are always welcome. All items/kits may be brought to the Church Monday through Thursday and Sunday morning. Call 201-288-1122 for more info. ###

Walk with Jesus

Bible Baptist Church of Hasbrouck Heights is excited to announce its first Easter event in nearly 5 years. Introducing "Walk with Jesus" an Easter event for the whole family! The Church will be transformed into Jerusalem city.

The time is Passion Week, Palm Sunday to Easter Sunday. Families begin their journey by making palm branches that they will wave announcing Jesus entry to Jerusalem. Everyone in the city will be dressed the same as people did when Jesus walked the earth.

Families will follow Jesus into Jerusalem while meeting different people. Along their way families will hear stories and make crafts related to each story leading to their final destination which is the Empty Tomb.

This is open to all ages and is free. It will be one day with two times on March 31, at 4 p.m. and 6 p.m. Please arrive at least 15-30 minutes before start time. If you have any questions contact the Church offices at 201-288-4139 x.14 or visit www.Biblebaptist.net. The Church is located at 31 Passaic Avenue, Hasbrouck Heights. ###

Assumption Church Knitters & Crocheters

Knitters and crocheters will find yarn in the bin in the Assumption Church vestibule in W-R. We are asking you to create whatever you want that we can donate, baby items (*hats, booties, blankets, etc.*), lapghans for those in nursing homes, and perhaps start making the hats, scarves, and mittens for next winter's collection! If you make purple baby hats, we'll deliver them in October to help new parents become aware of Shaken Baby Syndrome. All patterns are your choice, but if you need ideas, ask around! When you finish a piece, leave it in the bin and Deb Suta will be sure it arrives at its proper destination. This will be an on-going project. Keep those needles flying! ###

The Passover festival dates from about 4,000 years ago when Jewish people remember that God saved them from slavery in Egypt. Jesus was a Jew and so celebrated the Passover. Passover takes place in the first month of the Jewish New Year (*14-15 of the month of Nisan*). The Jewish calendar follows the cycle of the moon, so the date changes a bit every year. ###

About Easter

Easter, Pascha, or Resurrection Day, is the most important religious feast in the Christian liturgical year. It celebrates the resurrection of Jesus, which Christians believe occurred on the third day after his crucifixion some time in the period A.D. 27 to 33.

Many pagan elements have become part of the celebration, and those aspects are often celebrated by many Christians and non-Christians alike.

Easter also refers to the season of the Church year called Eastertide or the Easter Season. Traditionally, the Easter Season lasted for the forty days from Easter Day until Ascension Day, but now officially lasts for the fifty days until Pentecost. The first week of the Easter Season is known as Easter Week or the Octave of Easter.

PRAYER TO ST. JUDE

Oh Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to who God has given such great power to come to my assistance. Help me in my urgent petition. In return I promise to make your name known and cause you to be invoked. Say three Our Fathers, Hail Marys and Glorias.

Publication must be promised. St. Jude, pray for us all who invoke your aid, Amen. This novena has never been known to fail. This novena must be said for nine consecutive days. CC ###

Easter is termed a movable Christian holy day because it is not fixed in relation to the civil calendar. Easter falls at some point between late March and late April each year (*early April to early May in Eastern Christianity*), following the cycle of the moon.

Easter is linked to the Jewish Passover, not only for much of its symbolism, but also for its position in the calendar.

The Last Supper shared by Jesus and his disciples before his crucifixion is generally thought of as a Passover meal, based on the chronology in the Gospels.

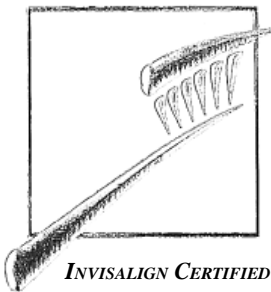
Some, however, interpret "Passover" in John 18:28 as a single meal and not a seven-day festival. Interpretation of the Gospel of John differs from the Synoptic Gospels by placing Christ's death at the time of the slaughter of the Passover lambs, which would put the Last Supper slightly before Passover, on 14 Nisan of the Bible's Hebrew calendar.

According to the Catholic Encyclopedia, "In fact, the Jewish feast was taken over into the Christian Easter celebration." *Source: Wikipedia.org* ###

About Easter Cards

According to American Greetings, Easter is now the fourth most popular holiday for sending cards, behind Christmas, Valentine's Day, and Mother's Day. Easter cards began in Victorian England, when a stationer added a greeting to a drawing of a rabbit. ###

Zach Orden, D.D.S., F.A.G.D.



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W-R Lions Scholarships

Applications for the Wood-Ridge Lions Club annual scholarships (*totaling a minimum of \$6,000*) are now available. There will be a minimum of 3 awards.

The number of awards and the dollar amount will be determined by the selection committee.

One award is given in the name of Lion Vinny Pascale and all Charter Club Members, the second is presented in the names of Lions Jim Love Sr. and Phil Rottini, of Wood-Ridge, the third in the name of Lion William J. Nagel of Moonachie.

All of these deceased Club members served the Club and their communities with honor and distinction.

Any Wood-Ridge or Moon-

achie resident graduating from an accredited high school may apply for these scholarships.

Applications are available at Wood-Ridge High School, The Wood-Ridge Public Library, Assumption Church Friary and at Jan Promotions, 50 Moonachie Road, Moonachie. Deadline for applications is Thursday, April, 26, 2018. ###

Moonachie Scholarships

The following scholarships are available for Moonachie High School Seniors. Applications were distributed to the High School Guidance Counselors early March. The applications must be completed and returned to the Guidance Office by Friday, April 13, 2018.

- The Moonachie Scholarship Fund.

- Included in the pack is a separate "Art Scholarship."

- The Moonachie Municipal Alliance Committee for the Prevention of Drug and Alcohol Abuse are offering a Scholarship Award of \$250. Students are required to submit a five-page typed paper.

If you have a high school senior at home, please see that they apply and take advantage of these programs. Applications are also available at Borough Hall. Should you have any questions call the Borough Hall at 201-641-1813 ext. 304 and leave a message. ###

Michael A. Schwarz Memorial Scholarship

Engine Company Two of the Carlstadt Fire Department established a scholarship in memory of Michael A. Schwarz, a 20 year old Marine killed in action November 2006 in Iraq. He was a member of the Carlstadt Fire Department and a 2004 graduate of Becton Regional High School.

The scholarship is open to all Carlstadt residents graduating from High School this spring and furthering their education. It will be awarded to students who show dedication and service to their school and community.

Applications are available starting April 2, 2018 at Carlstadt Borough Hall and must be returned by May 15, 2018. For more information or to make a contribution, contact the Carlstadt Fire Department at 201-460-3942. ###

Carlstadt PBA Scholarships

Carlstadt PBA Local 312 is currently accepting applications for its 2018 scholarships. To be eligible, you must be a Carlstadt resident who is graduating High School in 2018 and attending a two or four year college. Students of Henry P. Becton Regional High School can pick up applications at the Guidance Office. Carlstadt students that attend other high schools can pick up applications at the Carlstadt Police Department desk. All applications are due back to the Guidance Office, for Becton students, or Carlstadt Police Department, (Attention Lt. Beese), by May 1, 2018. ###

Curriculum Expo at RLC

Moonachie residents are invited to attend the Robert L. Craig School Curriculum Expo on Thursday, April 19, 2018, from 6:30 p.m. to 7:30 p.m.

The Curriculum Expo showcases projects by Pre-K through 8th Grade in all subject areas. Parents and children can view art exhibits throughout the school and cafeteria.

Complimentary blood pressure checks will be administered by RLC School Nurse. This event is designed to build pride and spark enthusiasm and support for the school by bringing together students, parents, teachers and neighbors. ###



Please Patronize Gazette Newspaper Advertisers.



Making Peanut Butter and Jelly Sandwiches for Meals with a Mission

The Hasbrouck Heights Music Parents and Students Association recently volunteered at the Meals With a Mission facility in Garfield. Students participated in the lunch program making peanut butter and jelly sandwiches for delivery to an area shelter. They learned how Meals With a Mission is helping the homeless, struggling families and seniors, Veterans, and the homebound.

Their 375 volunteers currently provide over 14,000 home-style meals a month to 25+ established agencies in Bergen, Essex, Hudson, Passaic and Union County.

The students were happy to contribute their time to this wonderful organization. Meals With a Mission is a nonprofit organization committed to alleviating the ever increasing hunger problem in Northern New Jersey. Check out their website at www.mealswithamissionnj.org if you wish to volunteer or contribute to their important work. ###



Wood-Ridge Daisy Troop 97130 is working on the Good Neighbor badge. We are learning about important places in our community. We had fun making floral centerpieces. *Provided by Jane Koegel.* ###

Wood-Ridge Knights Offer Scholarship

The Knights of Columbus, St. Anthony Council #11585 in Wood-Ridge, will again be awarding a \$1000 Anthony Giuseffi Scholarship to any graduating 8th Grader (*public or parochial school*) who will be attending a Catholic High School in September 2018.

The candidate must be a parishioner of the Church of the Assumption of Our Blessed Lady, Wood-Ridge, NJ.

Applications are available in the Church Friary. The deadline for submission of the application is 3 p.m. Friday, May 11, 2018. PG ###

Audrey L. Nagel Scholarship

Applications are now available for the annual Audrey L. Nagel Scholarship. Parochial School Eighth Graders who are residents of Wood-Ridge or parishioners of Assumption Parish in Wood-Ridge and will be attending a Catholic High School this coming fall are eligible. The \$1,000 scholarship will be awarded to a student that has shown a commitment to their education, their school and their parish.

Audrey was an inspiration to many people. In addition to the strength and courage with which she faced her illness, Audrey set examples for others in her professional work and through her involvement with her community and parish.

Applications are available at the Assumption Friary, Corpus Christi Grammar School and by e-mail request jan-pro911@aol.com The deadline is May 18, 2018. ###

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Dreams for Kids Assembly

Big dreams and hard work were the themes at the Dreams for Kids assembly at the Robert L. Craig School on February 7, 2018. Students in Grades 4-8 were given the opportunity to meet and listen to former NFL player, Lonnie Allgood tell his tale of determination, which led to his success. He explained how he was the first member of his family to attend and graduate from college, receiving a full scholarship from Syracuse University. He later was drafted and went on to play in the NFL for the Cincinnati Bengals. Mr. Allgood expressed to the students the importance of love and respect and how these two values are free and should be a mantra to



live by!

There were Scoring Points for the Kids basketball fundraiser on March 3rd at the Wood-Ridge High School. The game included some NFL Pros playing against both Wood-Ridge and Moonachie students and staff. For more information about this event, please see the school website, <https://www.moonachieschool.org>. *Provided by Philip Facendola. ###*

Operation Take Back

Turn in your unwanted, unused and expired medication for safe disposal

Police Chief Michael J. Colaneri wishes to inform the citizens of Hasbrouck Heights that on Saturday, April 28, 2018, between the hours of 10 a.m. and 2 p.m., the Hasbrouck Heights Police Department will be participating with the DEA as well as the Bergen County Prosecutor's Office in "Operation Take Back New Jersey."

"Operation Take Back New Jersey" is a program to provide the citizens with a safe and legal method to dispose of their unwanted, unused, and expired medications.

Please be advised, that if an individual wishes to surrender obvious, non-pharmaceutical, illicit drugs, they may do so

at that time. This program is anonymous and all efforts will be made to protect the anonymity of individuals disposing of medications.

Each year a growing number of teenagers quietly turn to a seemingly unlikely source to score drugs—their parents and family members' medicine cabinets.

The goal of the program is to allow the citizens of NJ to deliver all of their unused, unwanted, or expired medications to law enforcement officials who can in turn dispose of these controlled substances in a safe and non-hazardous manner, preventing these pills from falling into the hands of juveniles or into the illicit market in our communities. ###



Moonachie is Buzzing with Spellebrities

The hallways at the Robert L. Craig School in Moonachie have been buzzing with spelling bee fever! Students can be heard mumbling, "Does it end with -ible or -able?" "Is it -al or -el?" The school recently held two spelling bees: (1) One sponsored by the Ridgefield Park Woman's Club EMD for 4th and 5th Graders and (2) The Scripps Spelling Bee for 6th-8th Grade students.

Fifth Grader, Jordan Cano, retained his title from last year as the RLC School Spelling Champion for 4th and 5th Graders. Jordan represented RLC at the North Bergen Championship held in Rutherford on February 3.

Congratulations to runners-up Samuel Santamaria and Dean Cardia for demonstrating impressive spelling skills as well.

Students in Grades 6-8 also competed and kept the tension palpable as they spelled words including, "sinewy," "callous," and "entrepreneurs." Seventh Grader, J-Lin De Los Santos would not be out spelled and earned the title of 2018 RLC Scripps Spelling Bee Champion! J-Lin will represent RLC when she moves on to the next round at Bergen Community College in March. Congratulations to runners-up Ashley Celdo, Emily Claros, and Misha Patel who all proved to be formidable opponents.

Thank you to Ms. Mawdsley for coordinating both Spelling Bees, the Ridgefield Park Woman's Club EMD for inviting RLC to participate in their 4th/5th Grade competition, and to Scripps National Spelling Bee. *Provided by Philip Facendola. ###*

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— Maria De Abreu Pineda, Bergen Valedictorian, Jack Kent Cooke Scholar, Stevens Institute of Technology Student



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5 Healthy Habits to Feel Your Best This Summer

Summer is right around the corner and you'll want to feel your best for all the fun in the sun that lies ahead. You may feel overwhelmed at first if you don't already have a summer health plan in place, but there are plenty of easy steps you can take to prepare for the upcoming season.

These summer health tips can be done in 15 minutes or less and easily performed while at the office or home. No exercise equipment required.

These tips are intended to get your body moving and your mind in a health-conscious state. When combined with a more formal exercise regimen, you're sure to be feeling your best this summer!

1. Stretch First Thing in the Morning: Yoga has a long history of enhancing both mind and body with simple, yet effective exercises. Doing a few yoga poses first thing in the morning can help your body to open up and improve circulation, which will benefit your metabolism. By warming up your digestive system, it will help nutrients to move more easily through the body, resulting in metabolizing carbs and fats faster.

Sun Salutations are a great place to start. This yoga circuit works all of the seven major chakras, which will help you wake up, creating a sense of inner calm. Move calmly and thoughtfully through the 12 poses that can be easily found online on the Meadowlands YMCA's website. In addition to awakening your body, yoga helps to destress, which

is essential for proper bodily functions.

2. Take a Lap: If you work in an office, it's easy to get caught up in daily tasks. Meetings, emails, and last-minute emergencies flood our minds with a sense of urgency, elevating stress and encouraging negative actions like constant snacking. Many studies have linked desk work to an increase in weight.

Taking a few minutes to walk around your office will not only help you to get moving but will help destress and focus more deeply.

Set an alarm on your phone that will go off twice daily to start. When it does, take a brisk stroll around your office. As you get used to the daily task, up the frequency. Not only will this make you feel better while you work but it may help you have the motivation to workout after your shift.

3. Water Works Wonders: When it comes to summer health tips, this is the easiest. Drinking water is vital to maintaining a healthy mind and body. Dehydration can have noticeable effects even if you lose as little as 1% of your body's water content; increasing fatigue, reducing motivation, and making you feel lousy overall.

To set yourself up for hydration success, intentionally leave water bottles in places you frequent, such as your desk at work, nightstand at home, the coffee table, etc. There are some apps that can also help, such as Waterlogged and Water Drink Reminder.

4. Bring Your Own

Lunch: The health benefits of bringing your lunch can be significant. The caloric difference between an average food fast lunch to a homemade meal is usually staggering. Fast food meals typically contain high levels of calories, saturated fat, sugar and salt, which are bad for losing weight and for overall health. You'll also save money!

The easiest way to ensure a packed lunch is to make an extra portion for dinner the night before. It's that easy! For nights when you don't cook, just toss together a simple sandwich or

salad. Include some fruit and protein bars in your lunch bag.

5. Resist the Random Snack: Everyone who works in an office knows that someday you'll walk in and a pile of sugary donuts, bagels or candy is staring you right in the face. Remember the Socratic quote, "Eat to live, don't live to eat." These are empty calories that will work negatively against your healthy mission.

Avoid the areas of the office where there are freebie snacks. Out of sight, out of mind. If you're forced to pass

through, stay strong willed and don't let your coworkers' eating habits influence your pathway to health. By consciously reminding yourself these are not a part of your eating plan, it'll further cement your commitment to healthy living.

With a little effort and self-discipline you'll quickly build the foundations for a healthier life. The simple act of making thoughtful choices can create the momentum needed to take your health to the next level. These five tips are a great start to having you feel your best this summer! ###

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Music Lasts a Lifetime

In conjunction with "March is Music in our Schools" month, the Wood-Ridge Jr./Sr. High School, the Wood-Ridge Intermediate School and the Robert L. Craig School from Moonachie had a day of music making on Friday, March 2, 2018.

About 100 students participated in the 8th Annual Wood-Ridge and Moonachie Schools Band Festival 2018. This is the fourth time that the Moonachie band joined in on the fun.

These young musicians entered the Wood-Ridge High School Theater and assembled themselves by instrument section.

The directors of the program were Mrs. Toni Baumgartner from the Jr./Sr. High School, Ms. Jesenia Fernandez from the Intermediate School, and Mr. Michael Santoro from the R.L. Craig School.

After introductions by Mr. Joseph Sutera, Principal of Wood-Ridge Jr./Sr. High School, and Mrs. Baumgartner, the program began with the Star Spangled Banner played by the Jr./Sr. HS.

The Intermediate School Band, the R.L. Craig School Band W-R Junior Band and the W-R Senior Band played sets. The Jr./Sr. HS Band played "Dixie Two Beat," "Do Wah Diddy Diddy," "Rockin' Robin," "Phantom of the Opera," and "Final Countdown."

Guitarist Nigel Baltodaro performed a solo, "Fly Me to the Moon."

All bands together played

"We Will Rock You."

Audience attendance was at an all time high for this event. The parents loved seeing and hearing their children perform, especially when siblings are in two different schools.

Band students from the Intermediate School are in Grades 4-6 and take lessons during the school day with full band rehearsals once a month.

Band students from the R.L. Craig School are in Grades 4-8.

Jr./Sr. HS band students are in Grades 7-12. There is one HS Band class in the school day. The 7 and 8th Grade band students take band for one marking semester a year.

They practice together one afternoon a week for 45 minutes as a Club. The core members of this band form a "Pep Band" during football season and play at all football games, pep rallies, graduations and other special events.

The goal of the Annual Band Festival is to foster a love of playing, to continue the excitement of being in band and bring the community together through music. They encourage all of their students to keep on playing their instrument throughout high school and for the rest of their lives.

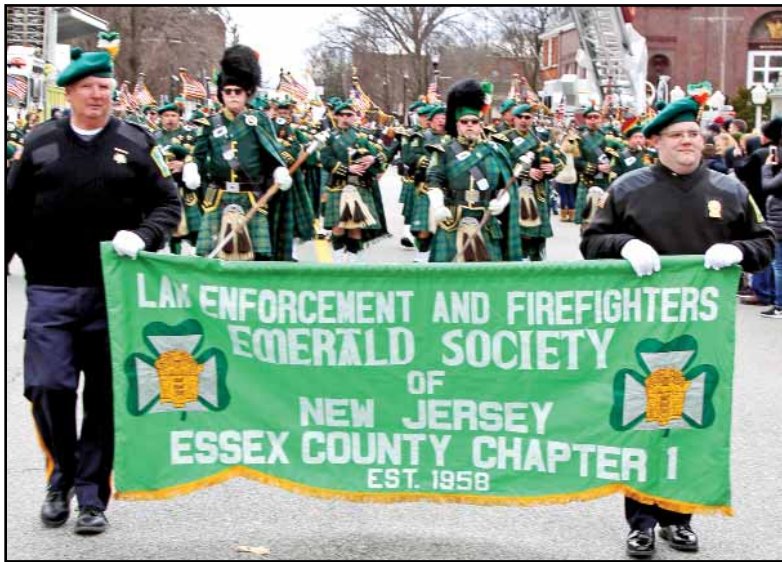
A parent shared this sentiment, "What you did today was inspiring, and I'm certain it will be remembered and cherished by your students long after they leave your band."

Music Lasts a Lifetime!

Rutherford Celebrates Ina



Inaugural St. Patrick's Parade



Opening Day

Carlstadt Little League Opening Day April 7
Parade starts at 11 a.m.

East Rutherford Little League Opening Day April 14
Parade starts at 9 a.m. at Borough Hall
Girls Softball April 15, 10 am

Hasbrouck Heights Little League Opening Day April 7 at 9 a.m.

Little Ferry/South Hackensack Little League Opening Day April 8
Ceremony starts at 10:30 a.m.

Lodi Little League Opening Day April 8
Parade starts at VFW at 9:30 a.m.

Rutherford Little League/Girls Softball Opening Day April 7
Parade starts at 9:30 a.m. at Lincoln Park; Ceremony at the Little League Field

Wallington Little League Opening Day April 21
12 p.m. Parade Ceremony follows RD April 22

W-R • Moonachie Little League/Softball Opening Day April 7
Parade starts at CVS at 11 a.m.

HHMA Memorial Golf Tournament

The Hasbrouck Heights Men's Association will be holding their Annual Bizik-Hughes Memorial Golf Outing on Wednesday, May 23, 2018, at Meadows Golf Club, 79 Two Bridges Road, Lincoln Park.

All money raised will be awarded as scholarships to qualified graduating seniors of Hasbrouck Heights.

Cost is \$125 and includes: round of golf, cart, plus cash contest of longest drive, closest to pin, pot of gold and features a \$10,000 hole in one -- plus 50/50 and raffle.

Registration starts at 7:30. Shotgun start at 9 a.m. and format will be best ball.

Hot and cold breakfast buffet starts at 7:30 a.m., with lunch buffet to follow after golf.

Sponsorships are available. Contributions are welcome.

For more information, call 201-725-2917. email spalladino326@gmail.com ###

HH Lions Golf Outing May 11

The 54th Annual Tournament is scheduled for Friday, May 11, 2018, at the Meadows Club in Lincoln Park. Fee is \$125 and includes golf, cart, lunch and dinner with beverages, plus prizes.

The event is sponsored by the Hasbrouck Heights Lions Club. All proceeds to benefit various community charities.

If you are interested in playing or being a sponsor please contact Mike Sculla at email: msculla130@gmail.com ###

W-R Lions Golf Outing May 7

The Wood-Ridge Lions Club will be holding their annual golf outing on Monday, May 7, 2018 at The Meadows Golf Course. Tee off at 8:30 a.m. Cost is \$135 per golfer. Registration includes continental breakfast, lunch, green fees, prizes, cart and souvenir gift. For reservations, please call Ed Garrett at 201-641-2803 or e-mail at janpro911@aol.com

Proceeds will fund Lions Club projects. ###

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TCJWL Regional Wrestling



The TCJWL Andy Feintuch Memorial Wrestling Tournament was held on Sunday, February 18, 2018, from 8:30 a.m. to 6:00 p.m., at the Hasbrouck Heights High School in the new gym.

Eleven towns participated in this qualifying District Tournament with about 600 wrestlers from Cliffside Park, Dumont, Edgewater, Hackensack, Hasbrouck Heights, Jersey City, New Milford, Pequanock, River Dell, Teaneck and Wood-Ridge.

This invitational tournament was hosted by the Hasbrouck Heights Recreation Department. The Recreation Director is Robert Brady.

The top two winners of each weight class advanced to the District 5 Regional Tournament held February 25, 2018 in Hackensack.

The team competes in the Twin-County Junior Wrestling League (TCJWL), as well as several tournaments located throughout the state of New Jersey.

The Hasbrouck Heights Recreation Wrestling Program was established in the 1970s for children 6 years old (1st Grade) to 14 years old (8th Grade). Typically, 50 to 60 kids participate annually.

The program is funded by the Hasbrouck Heights Recreation Department. Registration fee is \$60 per child and includes uniform, practice uniform, tournament entry fees, insurance, practice/training and supervision. Wrestlers practice two to three times a week for the 16 tournaments/matches.

Hasbrouck Heights coaches were Andrew Nass, Jim Ryan, plus several volunteer fathers who coached. Concessions were staffed by Recreation Wrestling Parents, organized by Darlene Parente. For more information, call Recreation Director Robert Brady at 201-288-4143. ###



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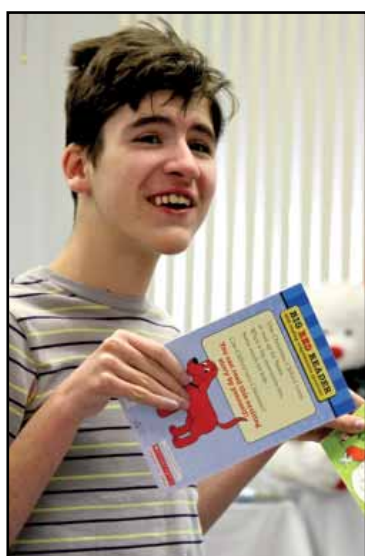
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Aviators Track Meet April 13

The Hasbrouck Heights Track and Field Team will host 40 High Schools in the Aviators' Invitational on Friday, April 13, 2018, starting at 4 p.m., at Depken Field. This is the 11th track invitational on the new field. The public is welcome. Admission is \$5. No rain date. ###

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Have a Heart for Haiti

Kathy Christie, Director of the Felician University Child Care Center in Lodi, New Jersey, scheduled a special activity on Valentine's Day this year - "Have a Heart for Haiti" Pajama Day. Before Valentine's Day, the children learned from their teachers about the poverty experienced by the youngsters in Haiti where the Felician Sisters have a mission. The Pajama Day was planned as a fundraiser to help these children. Parents who brought their children to school in pajamas were asked to give a donation.

Over \$600 was collected to support the Felician ministry in Haiti. And the children enjoyed the Pajama Day tradition that has taken place at the Center for several years. These youngsters had fun on Pajama Day but also their awareness was increased about the many children in the world do not have the blessings taken for granted in the U.S.A. *Provided by SM Virginia Tomasiak. ###*



Read Across America

On March 1, 2018, the Felician School for Exceptional Children celebrated Read Across America Day, with Jake dressed as Dr. Seuss and Martina reading a Dr. Seuss book with therapist, Ruth Confessor. A Book Fair was also held. The students got to choose two books to take home. *Program Coordinator Maryanne Protzo. ###*

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Hire A Vet

Real Estate Insight

By Mary Ellen Courtney



The Moment is Right!

It's Springtime! Homebuyers are out there, breathing heavy, pounding the pavement impatiently, all set to pounce on the next newly listed property. But the pickings – here currently in Bergen County and elsewhere – are slim.

Even as more homes come on the market for this traditionally popular sales season, they're flying off fast, with bidding wars par for the course. Home prices have surpassed previous highs, and, where demand is highest – the first-

time buyer affordability sector – sellers are firmly in the driver's seat. For those who have been around real estate for a while (in my case, 3.5 decades), this is the strongest seller's market we've ever witnessed.

In fact, this spring 2018 may be like no other in anybody's memory. The Federal Housing Finance Agency's monthly Housing Price Index has exceeded the previous peak level from March 2007 every month since October, 2015. And although the Federal Reserve has announced it will raise interest rates again soon, homebuyers are still enjoying great lending options.

As the recession becomes a distant memory, homeowners are gaining confidence. This is, according to agents in our office, nudging client homeowners off the fence about selling. There's a lot of optimism in the air. As top marketing agents Rob Faussette and Jack DeLorenzo predicted recently: "We're going to see a good deal more inventory come on the market in 2018 than we had in 2017."

The market is certainly in the right place. Our local south-Bergen area has already fully returned to pre-recession levels and home value is beyond that point as well. The combination of still low rates and low single & multi-family housing inventory means there are legions of eager homebuyers that have to compete fiercely for what's on the market.

The fact that it's a seller's market provides a terrific

opening for homeowners looking to sell. And the opportunity is particularly good for those who held off selling in recent years while they wait for home values to go back up. "People who have waited for years to sell because they couldn't get what they either paid or what they could once have gotten in '06 and '07, can now achieve that or a greater number." observed agent Rob. He and partner Jack agree that this year in particular appears to be more promising to entice some homeowners that have been holding back on selling because they're finally seeing consistent encouraging results for the first time since the recession.

"We're talking to more sellers now who are saying, 'We would have sold a year or two or three ago but now, in this economy, we feel sure we can get top dollar on the value of our home'" noted Jack.

To take advantage of the growing number of interested buyers this spring, these agents say you need to get started now. Here are a couple of tips they offer for the springtime homebuying surge:

Prep your home. It's a year-round rule that you should be putting your home's best face forward, from planting some flowers along the walkway to providing a fresh coat of paint to all worn surfaces. While an interested buyer may be competitive about bidding on a home, he or she will also be well-informed, and prepping your home is imperative to getting the highest return on your investment.

Price it right the first time. Some experts say that a home's listing is viewed 5 times more its first day on the market than even a week later. If your home is priced too high, it's much harder to bring back the homebuyers who moved on to other listings because the asking price was way out of their range.

Rob and Jack recommend reaching out to your real estate professional as soon as possible. "Start now. Be early on the market, before supply begins to outpace demand. It's really the best way to go in this market."

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

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Wallington Library April Events

• **Children's Storytimes: After School Story and Craft:** Kids ages 3 and up are invited to stop by for a fun story and craft every Monday at 3:30 p.m.

• **Daytime Storytime:** Join in every Tuesday at 11 a.m. for stories, songs, and snacks for all ages!

• **Pizza and Pages Book Club:** For kids who love reading. Grades 3-6 are invited to join the book discussion group.

For more April programs, please check out the online calendar!

Adult Programming:

• **Coloring for Adults:** Sit back, relax, and color at The Library, on Monday April 9 and 23 at 6:30 p.m.

• **Computer Coach:** Need help with the computer? Make an appointment for computer coaching. Please call ahead to schedule.

Hope to see you at The Library! For more information on Library programs, please call 973-471-1692 or visit wallington.bccls.org.

All programs are free of charge. ###

W-R Library Chess Club

On Wednesdays, April 4, 11, and 18, 2018, The Wood-Ridge Memorial Library will host a free Chess Club for learners of all ages. Children meet from 3 p.m. to 4 p.m. and adult beginning players meet from 4 p.m. to 4:30 p.m. Designed for all ability levels, the Chess Club is led by a coach who can teach new chess players the basics, and help experienced players sharpen their skills. ###

Rutherford Spring Book Sale

The Friends of The Library of Rutherford will once again host a spring book sale on April 27, from 10 a.m. to 5 p.m., April 28 from 10 a.m. to 4 p.m., and, April 30, 2018, from 10 a.m. to 7 p.m.

Donations will be accepted from April 2 through April 24, 2018. All donations should be dropped off inside at the main desk during regular Library hours. Please do not leave donations in the book drop or outside of The Library. We are unable to accept donations of encyclopedias, magazines, periodicals, textbooks, or audio or video cassettes. For more information, please call The Library at 201-939-8600. ###

HH Library April Events

The Hasbrouck Heights Public Library will join libraries nationwide in celebrating the many ways libraries lead their communities through transformative services, programs and expertise they offer. Come and celebrate National Library Week from April 8 through 14, 2018 and take advantage of all the programs that we have to offer!

Registration is required for all programs unless otherwise noted. To register, call 201-288-0488 or visit our new website at <http://hasbrouckheights.bccls.org>

Children

• **Pinwheels for Prevention** - Along with the Contemporary Club of Hasbrouck Heights, The Library will be hosting a pinwheel making craft for Pinwheels for Prevention, which aims to prevent child abuse in America. The whole family is welcome to join us on Monday, April 2 at 7 p.m. Space is limited. Please register early.

• **Pajama Story Time** - Join for an evening story time. Wearing pajamas is encouraged! We will be meeting on Monday, April 9, starting at 7:30 p.m. for all ages.

• **Book Bingo** - Join for a game of chance and win prizes! We will be meeting on Thursday, April 12, at 3:30 p.m. for ages 5-12.

• **Chess Club** - It's back! For students ages 7-12, come test and improve your skills at our monthly meet up. Members must have some knowledge of chess as there are a limited number of instructors. Next meeting is Thursday, April 19 at 3:30 p.m.

• **Little Artist** - For students in Grades 2-5, come learn about an artist or type of art and recreate a famous work or make your own masterpiece at The Hasbrouck Heights Library. No experience is necessary. There are no mistakes in art! Join us Thursday, April 26, at 3:30 p.m. No registration necessary.

• **Lego Club** - Come and show off your architectural talents and create with us. Legos will be provided. Tuesday, April 10 and 24 at 3:30 p.m. for ages 5-12. No registration necessary.

• **Book Clubs for Kids** - Join one of two book clubs for children. Copies of the book for each group along with more information are available at the Children's Desk.

• **Best Books** is for students in Grades 2-3, and meets on the first Friday of each month.

• **Critics' Choice** is for students in Grades 4-6, and meets on the third Friday of each month.

Teens

• **Recycled DIY Club** - Get crafty and learn how to create projects using every day, recycled material. Recycled DIY Club will be held on the first Wednesday of each month. The next meeting will be held on Wednesday, April 4 from 3:30-4:30 p.m. No registration necessary.

• **Teen Readers' Club** - Meets on the second Tuesday of each month to discuss a book, eat snacks and play games. Copies of each month's book will be available for checkout at the front desk. We will discuss "The Leaving" by Tara Altebrando on Tuesday, April 10 from 7 to 8 p.m.

• **Teen Game Night** - We have a large selection of board games to choose from. Don't worry about feeling left out, there's room for everyone. Teen Game Night will be held on the third Tuesday of each month, with the next game night on Tuesday, April 17 from 7 to 8 p.m. in the YA area of The Library. Feel free to bring your favorite games. No registration necessary.

• **Teen Advisory Board** - Make your voice heard. Get involved. We meet on the third Thursday of each month. Teens can participate in community service projects, learn about upcoming volunteer opportunities, have a say in teen programming at The Library, and make suggestions for books to add to The Library's collection. The next Advisory Board meeting will be held on Thursday, April 19 from 3 to 4:30 p.m. No registration necessary.

Adults

• **Historian speaks on Non-Essential History** - As part of the "Monday Afternoons at The Library" series of seminars, our guest speaker on Monday, April 16 is Dr. James Kane.

Come learn the answers to many "non-essential," but very interesting, historical facts. His program, Non-Essential History, will enlighten the audience on: why it's called The Big Apple; what's the origin of the Ivy League; what's a square meal; and why is Notre Dame, with a French heritage, called The Fighting Irish, and many more fun facts.

These programs are held in The Library's conference room from 3 until 4 pm, the third Monday of every month.

• **Adult Book Club** - Join us on Tuesday, April 24 at 7 p.m. for a conversation and refreshments about "Loving Frank," a biography written by Nancy Horan. Copies of this book are available at the Front Desk for pickup. ###

Carlstadt Library April 2018 Events

Children's Department

The Children's Department is located at 420 Hackensack St., Carlstadt, NJ. For more information, call 201-438-8866 ext. 203.

• Crafternoon

Wednesdays in April, at 3:30 p.m. Miss Nina presents Crafternoons at The Library! Create all kinds of amazing make and take craft projects. For children ages five and up.

• Story Time

Thursdays in April, 10:30 a.m. Come one, come all and have a ball at Story Time! Sing, dance, clap, wiggle, jiggle and sometimes even craft the morning away in a kid friendly atmosphere. Babies to age five are welcome to attend with caregivers.

• Young Adult Crafts

Tuesday, April 10, at 7 p.m. We will be making clay hands! this event is for 5th Grade and up.

• Young Adult Cooking

Tuesday, April 17, join Miss Nina in preparing a simple dish featuring hot dogs and homemade potato salad. This program is for kids in Grades Five and up.

• Play-Doh Date

Get messy with us! We'll supply Play-Doh, smocks, cut-outs and extruders, all you need to bring is your creativity! This program is for all ages, first come, first served.

Adults

• Chair Yoga

On Tuesday, April 3, and 17, at 10:30 a.m. Back by popular demand! Exercise your mind and body with certified yoga instructor Ernesto Alicia. Join us for a hour of meditation and balance. Wear comfortable clothing.

• Tribute to Neil Diamond

On Wednesday, April 25, at 7 p.m. "Solitary Man" explores the career of Neil Diamond, from his start as a songwriter for a publishing firm, to his current place as the second most successful artist in the history of the Billboard charts, just behind Elton John. Join us as singer Dave DeLuca entertains us with some of Neil's best hits such as : "Holly Holy," "Song Sung Blue," "Cracklin' Rosie," "Girl You'll Be A Woman Soon," "Red Red Wine," "I'm A Believer," "Solitary Man," and "Sweet Caroline."

• Movie Tuesday

Join us every second and fourth Tuesday of the month at 1:30 p.m. for a feature film! Popcorn and drinks will be provided.

• April 10, "Ladybird"

• April 24, "Downsizing"

• Evening Book Club

Discuss, socialize and grab a goody or two at our monthly book club. Our book club members select the books chosen each month, and all books are provided by The Library. We always encourage new members. Come join us for this month's selection.

"Major Pettigrew's Last Stand" by Helen Simonson. Light refreshments will be served.

• Adult Crafternoon

On Friday April, 13, 2018, at 2:30 p.m. Join us for an afternoon of crafting fun with local Carlstadt resident Ajita Shah. Adults 18 and over will learn to make silk flowers out of ribbons, create a one of a kind headband or hairclip. All participants will leave with a complete piece to "wow" with your family and friends. Basic sewing skills are required.

Please bring a hot glue gun. All other materials will be provided by The Library. Space is limited. Registration is required.

• Iris Folding

On Wednesday, April 18, 2018, at 7 p.m. Join us as we explore the magic of Iris folding. Learn how to fold paper to make intricate patterns for greeting cards and other decorative crafts.

Participants will leave with a completed card and the skills to make more at home.

• Jamie Novak: Where to begin sorting your stuff

On Wednesday, May 2, at 7 p.m. join Organizing Humorist and bestselling author, Jamie Novak, as she shares her laugh-out-loud funny approach for what to do with all the stuff!

If you have an attic full of treasures, a garage filled with heirlooms instead of a car, a basement with your children's toys and closets of collectibles then run don't walk to this decluttering comedy show! with all the stuff! ###

Free Access

Whether you are a job seeker looking for resources to land a new job, a parent looking for free activities for children or a student searching for your next favorite book, you are welcome at your Library.

Your library card gives you access to nearly everything online and in print. Libraries provide personal assistance to help locate the information you need and offer a variety of programs. ###

Lodi Library April Events

Lodi Memorial Library offers events for children from toddlers to teens. For more information on all programs, please call 973-365-4044, ext. 2, or visit <http://lodi.bccls.org/>

• **Crafty Wednesdays** for ages 2-4, from 11 a.m. to noon, with a different craft each week.

April 4 Egyptian Necklace

April 11 Paint a Lion

April 18 Rocket Ship-Shapes

April 25 Rock Painting

• **Poetry Slam, Urban Word NYC** Grades 6-12, Saturday, April 28, 2018 from 2 to 2:45 p.m. Registration is required.

• **Teen Anime Club**

Grades 6-12 Thursday, April 5, 2018, 3:30-5:30 p.m. Registration required.

• **Board and Card Games**, Wednesdays, at 3:30 p.m. Play UNO, Monopoly, Checkers, Candyland, etc.

• **Toddler Play Group** – Fridays at 11 a.m.–noon. Lots of toys and space to play with friends your own age.

Tween DIY- Chalk Art, Grades 3-7, Thursday, April 12, 4-5 p.m. Registration Required

• **Teen Booksters**

Grades 7-12 Thursday, April 26, 4-5 p.m. Call for Book Title.

• **LEGO Build**, Tuesdays at 4 p.m. The Library provides all the LEGOS and will display your creations.

• **Minecraft**

Interactive game play. Build and battle in a world you create. Grades K-5, Mondays at 4 p.m.

• **S.T.E.A.M.** Popsicle Stick Catapult, Monday, April 16, 4 to 5 p.m., Grades Pre-K-3. Registration required.

• **Arab American Heritage Month**, Speaker and Exhibit, Marah Siyam, All ages, Tuesday, April 3, 4 -5 p.m. Registration required.

• **Middle Eastern Food Demo**, All ages, Saturday, April 14, 2:30-3:30 p.m. Registration required. ###

*He was so learned
that he could name a horse
in nine languages.
So ignorant that he bought
a cow to ride on. B.F.*

Libraries offer best-selling books, audio books, current and classic DVDs, CDs, and magazines. They also have free Internet access. Libraries offer programs for children, teens and adults. They offer a variety of story times, craft classes, magic shows for children, and for adults, financial seminars, cooking classes, and interesting speakers. For more information go to: bccls.org

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, April 4, 2018 at 6 p.m. to discuss "One & Only" by Emily Giffin. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the book are available at the Main Desk. For more information, please call 201-939-8600.

Monday Evening Book Group

On Monday, April 16, 2018, at 6:30 p.m., the Monday Evening Book Group will meet to discuss "Nothing to Envy: Ordinary Lives in North Korea" by Helen MacDonald. Copies of the book are available at the Main Desk of The Rutherford Public Library. ###

Daytime Reading Group

On Friday, April 27, 2018, at 1:30pm, the Daytime Reading Group will meet at the 55 Kip Center to discuss "The Last Days of Night" by Graham Moore. Copies of the book are available at the Main Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

W-R Library Book Club

On Tuesday, April 17, 2018, at 7:15 p.m., join your neighbors and friends at The Wood-Ridge Memorial Library to discuss "New York 2140" by Kim Stanley Robinson. Copies of the book are available at the Circulation Desk. All are welcome. ###

Drop-In Story Time

Drop-in Story Time will be held at The Rutherford Public Library on Wednesday and Thursday mornings from 10:30 to 11 a.m. All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No registration is required. ###

W-R ESL

The Wood-Ridge Memorial Library hosts English as a Second Language classes for adults at no charge. Classes meet every Monday, Wednesday, Friday and Saturday morning at 10:15 a.m. No registration is required. For more information, please call The Library at 201-438-2455. ###

Basic ESL

The Rutherford Public Library will host Basic English as a Second Language classes taught by a certified ESL instructor. The classes are intended for beginner to intermediate level students and will be held on Tuesday and Thursday mornings at 10 a.m. Students may register in person at the Main Desk. For more information, please call 201-939-8600. ###

Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library. The group will meet on Mondays from 10-11:30 a.m. and on Thursdays from 1-2:30 p.m. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, please call 201-939-8600. ###

Kanopy Film Streaming Service at Wood-Ridge Memorial Library

Kanopy, a popular, on-demand film streaming service, is now available for free for card holders of the Wood-Ridge Memorial Library. Kanopy showcases more than 30,000 of the world's best films, including award-winning documentaries, rare and hard-to-find titles, film festival favorites, indie and classic films, and world cinema. Wood-Ridge Memorial Library card holders receive four play credits per month, with each play allowing 72-hours of unlimited access to the selected film. To start streaming films, please register by visiting The Library's website at <https://woodridgememoriallibrary.org/>

Musical Mornings With Miss Fran

Music with Miss Fran will be held at The Rutherford Public Library on Friday, April 6, 2018, and 13 from 11:15 – 11:45 a.m. for babies, toddlers, and preschoolers. Join for singing, dancing, and fun! No registration is required. ###

Music with Miss Nita

The Wood-Ridge Memorial Library will host free music-and-movement classes with Miss Nita on Wednesday, April 11 and Wednesday, April 25, 2018, at 9:15 a.m. and 10 a.m. Come share the joys of making music together! Children ages 5 and under and their caregivers are warmly invited to attend and may register for one session on each date. Classes will be held at The Wood-Ridge Civic Center. Registration is required; registration opens three weeks prior to the program. To register please call The Library at 201 438-2455.

Computer Classes

The Rutherford Public Library will offer free computer classes in April. Want to learn about the social media apps you've been hearing about?

The Rutherford Library will host four sessions in April, each on a different social media platform. Sign up for one, two, three, or all four! Classes will be held on Tuesday evenings at 6:30 p.m. and Wednesday afternoons at 12 p.m: Facebook (April 3 & 4), Twitter (April 10 & 11), Instagram (April 17 & 18), and Snapchat (April 24 & 25). Registration is required. For more information, call 201-939-8600. ###

Film Screening

On Tuesday, April 24, 2018, at 6 p.m., The Friends of The Library of Rutherford will present a free film screening of "The Glass Castle" at The Rutherford Public Library. A young girl comes of age in a dysfunctional family of nonconformist nomads with a mother who's an eccentric artist and an alcoholic father who would stir the children's imagination with hope as a distraction to their poverty. Starring Brie Larson, Woody Harrelson, Naomi Watts. The film will be shown in The Library's Glass Room. For more information, call 201-939-8600. ###

National Library Week Event

The Friends of the Lodi Memorial Library will be hosting their 6th Annual National Library Week Event on Tuesday, April 10, from 5:00-7:30 p.m.

There will be activities for children, presentations, demonstrations, give-aways, door prizes, face painting and refreshments. Join us as we celebrate this annual event! ###

Circle Time with Sukey Molloy

The Wood-Ridge Memorial Library will host Circle Time! with Sukey Molloy on Thursday, April 12 and Thursday, April 26, 2018, at 10 a.m. and 11 a.m. Join Sukey Molloy for her award winning series of musical play activities, designed to encourage movement, play and song in the developing years. Children ages 6 months to 5 years of age and their caregivers are warmly invited to attend and may register for one session. Classes will be held at the Wood-Ridge Civic Center. Registration is required; registration opens three weeks prior to the program. To register, please call The Library at 201-438-2455.

Paws to Read

Young readers wanted! On Monday, April 9 and Monday, April 23, 2018, from 6 p.m. to 7 p.m, children are invited to The Wood-Ridge Memorial Library to read to Rodney, an award-winning certified therapy dog. Children ages 5 and older may register for a 15-minute session. Therapy dogs provide a safe, nurturing experience for emergent readers to practice their literacy skills. To register, please call The Library at 201-438-2455.

Yoga Storytime with Miss Danielle

The Wood-Ridge Memorial Library will host free Yoga Storytime classes for toddlers on Wednesday, April 4, 2018, at 10 a.m. and 11 a.m. Join Miss Danielle for stories, stretching and simple yoga poses. Children ages 2-5 and their caregivers are warmly invited to attend, and may register for one session on each time. Classes will be held at the Wood-Ridge Civic Center. Registration is required. Call The Library at 201-438-2455. ###

Storytime with Miss Sharon

The Wood-Ridge Memorial Library will host Storytime and Craft with Miss Sharon on Saturday, April 28, 2018, at 11 a.m. Children ages 3-7 and their caregivers are warmly invited to attend. Registration is required. To register, please call The Wood-Ridge Memorial Library at 201-438-2455. ###



Deadline for the May Gazette is April 5th

Artful Thinking

By Artie Maglionico • Lodi Historian

I'm going to start this column off by saying hello to a charter member of the Artful Thinking fan club, Lodi's own Marie Trocola. She says that she enjoys my poetry and asked if I could write something about the beginning of spring time. Well Marie, you're in luck because I just happen to have one available for your reading pleasure. It's titled "Springtime" and it was taken from my most likely never to be published book of children's poetry called "The Poetry of Westervelt Place."

Springtime

By Artie Maglionico

Springtime is here
 And we say hello
 To the warm sun above
 And the flowers below.
 Laughter is ours
 As we greet the new day.
 Life is so bright
 In the fields where we play.
 The robins are singing
 As they fly with the breeze
 The fresh scent of
 blossoms
 Makes some of us sneeze.
 Let winter be far
 And summer be near.
 The earth is so happy
 Now that springtime is here.

Lodi Library Director Karyn Gost suggested that I include a poem a month for each of my columns and you know something folks, that's not a bad idea. After all my poems and stories have been collecting dust in the dark recesses of my bedroom closet where only spiders and broken dreams exist. Why not let them see the light of day along with the myriad rejection slips that have been buried along with them? Okay Karyn you talked me into it. A poem a month it shall be.

As you know by now every so often I like to wander off the beaten path and tell you about life beyond the hills of Lodi. This is one of those occasions and the topic of the day is music. I told you about that marvelous twin sister musical duo from Austria who are based out of Liverpool England; The Mona Lisa Twins.

I might also have mentioned another musical duo from around here who call themselves Two for the Road. For those of you who don't remember, allow me to refresh your memory. Their names are Artie Maglionico and the King of Karaoke, Jack Sepede. You can catch their act at the Lodi Senior center on May 8th. Admission is free but it will cost you \$ 2.50 to leave. Anyway

folks I wanted to tell you about this amazing saxophone player that I heard perform recently and who happens to be living right here in Lodi by the name of Lonnie Youngblood.

Lonnie was born in Augusta, Georgia on August 3, 1941. He has been on the entertainment circuit for 65 years and has played alongside some of the biggest names in the music industry. He played with the King of Soul, James Brown at Yankee Stadium and Madison Square Garden. Lonnie jammed with rock legends Chuck Berry and Jimi Hendrix. "Jimi had a touch that made him unique" recalls Lonnie. "He had a style that was all his own. It was unmistakable."

During his career, which is still boiling, Lonnie became close friends with the "Peppermint Twister" himself, Joey Dee of Joey Dee of Joey Dee and the Starlighters fame. Lonnie met Joey Dee while performing at the Peppermint Lounge in NYC. Some of you kids from the hill during the early sixties might remember Joey Dee sitting on his front steps with his band members at his house on Westervelt Place. Yes folks he rented the house near the corner of Contant Avenue and Westervelt Place. As usual if you don't believe me then ask my cousin Anthony.

Now here's something interesting folks. Lonnie actually played at Lodi's own Choo Choo Club. Do any of you remember seeing him there?

Lonnie Youngblood often took his act on the road and aside from performing throughout the USA the Saxophone player extraordinaire made extended visits to Italy, Germany and Japan where he was met with much love and appreciation. "While in Italy we did two shows a day." Recalls Lonnie "My wife, May, who was a dancer, traveled with us. We did 31 cities in 17 days."

Lonnie is still a very active performer and at 77 years old he's not even remotely considering retirement. "I'm not looking at the end of the road." he says "rather what's around the corner and the next oppor-

tunity." You can catch Lonnie's performance at the Stony Hill in Hackensack, Bareli's Supper Club, a NYC night spot called Parnell's on the east side. Also at the Village Grill in Waldwick and the Italian Bistro 202 in Lincoln Park. Lonnie can also be seen at private birthday parties, corporate parties, and funerals. I know something about playing at funerals since those who have heard me perform tell me that I should bury my act.

Lonnie's childhood inspirations include saxophonist Louis Jordan, Billy Holiday and Trumpeter Louis Armstrong. Today Lonnie, a Lodi resident, travels with a band of his own called The Blood Brothers Band featuring key board player Melvin Davis, Drummer Craig Stewart and Guitarist Kelton Cooper.

Lonnie's wife, May, who he married on September 18, 1965, handles the business end of the gigs and is technical assistant and DJ on the senior citizen circuit.

"I got my own horn in 1949", says Lonnie. "My dad finally broke down and bought one for me for \$128. My sister, Georgia Mae, introduced me to a guy by the name of Willy Brown who taught me how to begin. I have been playing ever since."

You didn't know that we had a celebrity living right here in good old Lodi USA, aside from me and Jack Sepede of "Two For the Road" fame of course.

We recently entered a singing contest. A few days ago one of the judges called me with the results. He told me that he had good news and bad news. The good news was that we came in second. The bad news was that we were the only entrants.

Well that's it for now folks. I'll meet you here next time with what Karyn Gost called "The Poem of the Month." ###

Historically Speaking

By James J. Halloran



New Barbadoes to Boroughitis: A History of South Bergen

Part 2 of 4

The farmers of the area sold their produce to Hackensack or by boat to Paulus Hook (Jersey City) and New York City. They prospered until the American Revolution. In 1776, this area was under the control of Continental troops. When General Washington's troops withdrew from Fort Lee and New Jersey, they used Polifly Road as far as what is now Hasbrouck Heights. They then turned right toward what is now Wallington and crossed the Passaic River. The British cavalry, in pursuit, missed the turn and went to the end of the road before they could figure out what had transpired. By that time, Washington had the Passaic River bridge destroyed.

Loyalist forces were recruited by the Crown. These men were placed into a Tory militia force. To counter this, New Jersey authorized the raising of local militia companies. One of these companies was the Polifly Company. They constructed a stone fort called Polifly. The exact location appears to be in what is now Hasbrouck Heights. The location given is two hundred feet north of Terhune Avenue (now Passaic Street) on what is now Terrace Avenue. The fort was located on the east side of that street. This is now the location of Park Terrace Garden Apartments.

The fort appears to have changed hands at one time or another. General William Winds reported to General Washington that he captured

the fort in a surprise attack. He then blew it up, leaving no stone atop another.

Both sides liberally foraged in the area. Passions ran high, Families were split. Fathers, sons and brothers went to the opposite sides. When the war ended, Loyalists had their lands confiscated and many were forced to relocate to Nova Scotia, Canada.

Lodi Township was created in 1826 by the Legislature, from the southern part of New Barbadoes Township.

The New Jersey State Legislature created Passaic County, in 1838, from parts of Bergen and Essex Counties. Hudson County was formed from the southern parts of Bergen County in 1840. The Township of Union was formed from the southern part of Lodi Township.

These townships would hold a town meeting every February to address any issues that arose. Each township was allowed to elect a member to the Board of Chosen Freeholders of the county. ###



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Veterans Today

By Thomas Marshall

In January of 1813 America and Great Britain were at war. This would be the War of 1812 of course. Britain controlled all of Canada at the time and American military minds were looking to take Canada out of the War.

To aid in this endeavor, control of the Great Lakes would be needed. January of this year is significant because that is when the new Secretary of War John Armstrong would take over his new position. Armstrong felt that by taking the town of Kingston, on the North side of Lake Ontario, it would cut off the British forts in western Canada and it would give control of Lake Ontario to

the U.S.

It would also take away a Royal Naval Dockyard on the Great Lakes from Britain. He came up with a plan to have 7,000 soldiers link up with Commodore Isaac Chauncey at Sackett's Harbor, New York on the South side of Lake Ontario and sail to Kingston and attack it. He wanted the attack to come before the St. Lawrence River thawed so that the British would not be able to reinforce the town.

Major General Henry Dearborn and Chauncey met with the Secretary of War in Albany, NY. They agreed with the plan but new intelligence called for a change. Lieutenant General Sir George Prevost had traveled to Kingston to visit upper Canada because the commanding officer there took ill.

Prevost was the Governor General of Canada and his appearance there made Dearborn and Chauncey think an attack on Sackett's Harbor was imminent. They felt that the Governor General had reinforced

Kingston and they came to the conclusion that Kingston had around 6,000 men and they would now need to reinforce Sackett's Harbor.

In reality the Major General and the Commodore were mistaken. Prevost brought troops but only a couple of hundred. Even after deserters from Canada reported that Kingston had around 2,100 men they would not be moved to think otherwise.

They reported to Armstrong that Sackett's Harbor would need troops for defense. That means instead of 7,000 men on the attack only 1,700 would be used for Chauncey's attempt.

Not only that, since only 1,700 could be used they requested to attack the town of York because it was less defended than Kingston. Armstrong relented to the change. He wanted Kingston but would settle for York. If anything, taking York would be a boost in sorely needed morale.

Chauncey's squadron of 14 ships and landing craft sailed out of Sackett's Harbor and crossed Lake Ontario. On April 26, 1813, the squadron made its appearance off of York. Major General Dearborn, overall commander of the troops, stayed on the U.S.S. Madison while Brigadier General Zebulon Pike took command of the landing force.

Early on the morning of April 27, 1813, the first wave of American troops landed west of the town. Chauncey's ships fired grapeshot into the woods and surrounding area to push back any resistance. British Major General Sheaffe could not know exactly where the Americans would land. He had only four companies to defend the town.

He also had about 300 Canadian militia and 40 to 50 Mississaugas and Ojibwa Indians, but not many. When the 1st American Rifle Regiment hit the shore there were only a few Indians in opposition. Quickly outflanked they fell back into the woods.

Sheaffe ordered the Glenarry Light Infantry to support the Indians and push the American landing force back but they were misdirected and got lost in the woods. Some of the Canadian Militia was taken north onto today's Dundas Street to prevent American troops from

outflanking the town.

All this fumbling while three more American Regiments hit the beach. Brigadier General Pike was now ashore. Sheaffe and his position were in trouble.

History has always shown that when the British Army was in trouble the commanders rely on the Grenadiers to save the day. Here was no different. Sheaffe ordered the Grenadiers of the 8th Regiment of foot to charge the Americans and drive them back. Pike ordered his troops to advance by platoons.

In support of the American advance Pike's troops had two 6 pound cannons. The Grenadiers launched their assault, brave and gallant as it was, it was no use. Pike's troops outnumbered them and shot them down. Taking heavy casualties the Grenadiers had no choice. They fell back to what was called the western battery.

The western battery was a position where cannons were placed to defend the town. The cannons there were older pieces but they could still fire. While preparing the battery for defense in these few brief swift moments the British were moving ammunition and gunpowder to the guns.

One of the chests exploded and killed 20 of the British troops. This took the wind out of the defenders sails. At the same time Chauncey's Ships pounded the fort and the towns other battery, known as the Government House battery, with his ships 32 and 24 pound cannon.

Pike and his troops advanced to the fort walls and halted. What he didn't know was that Sheaffe had already decided that the town and fort were all lost.

He ordered the fort's magazine destroyed and the bridge over the River Don burnt. This would slow down any American force sent to chase them down. He took his regular troops and left the town.

The militia in the town was abandoned by Sheaffe. Pike was questioning a captured Sergeant as to how many troops defended the fort when the magazine exploded with a thundering noise that could be heard in Fort George. Trees, earth and rock and parts of the fort were thrown into the air. Pike and his prisoner were crushed by the debris. Pike's

troops were furious over his death. Negotiations for the surrender of the town had at this time begun and the Americans were furious that the magazine was detonated killing their commander.

Colonel William Chewett commanding the Canadian Militia was now in charge of the town and it was left up to him to discuss terms of surrender to the American forces. Chewett and U.S Colonel Mitchell had agreed to the terms and they awaited ratification from Major General Dearborn and Commodore Chauncey. Dearborn took his time signing but he eventually did.

The Battle of York was now over. The U.S. Army and Navy reported to have 55 killed and 265 wounded. Sheaffe reported for the British that he had 59 dead 34 wounded 10 captured and 7 missing. They also lost York and the dockyard along with the sloop of war HMS Sir Isaac Brock and the Duke of Gloucester.

The American troops lost all discipline when their commander was killed. Over the next 3 days they looted and burnt the town. Taking anything of value, troops went home to home causing mayhem and destruction.

They burnt the Legislative Building and they even took the Parliamentary mace to Washington. A Parliamentary mace is a ceremonial piece carried by the Sargent of Arms into government meetings to show the king's authority.

Taking York denied the British of some supplies and the dockyard but it didn't have a great strategic effect on the War. Sheaffe was reprimanded and lost his command for abandoning the town and militia. Highly criticized by the British, the American Secretary of War however, noted that he did save his regular troops to fight another day.

Later in the war when the British burnt Washington D.C. and wrecked Buffalo, N.Y., they would cite that it was retaliation for the destruction of York, the Capital of Upper Canada. The old town of York is the site of the city of Toronto today. Long gone are the guns and cannon fire of the War of 1812 but there is one thing that actually returned. In 1934 President Roosevelt sent back to Canada the Parliamentary mace taken in 1813 as a goodwill gesture. ###

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Rocking Horse Ranch Trip

Little Ferry Seniors are planning a 5 day trip to Rocking Horse Ranch starting June 11, 2018, at a cost of \$759 pp. double occupancy and \$909 single occupancy.

Price includes daytime activities, round trip transportation, hotel/meal gratuities and much more.

For further information and reservations call Colette Caminiti, 201-641-4973. ###

Bingo!

Little Ferry Seniors: Bingo is played every 2nd and 4th Tuesday of the month at the Senior Center starting at 12:30 p.m. Refreshments served. For more info call 201-440-4815. ###

Planting Garden

Remove seedling from container, place in small hole and fill with soil. Water and press firmly in place. Make sure the stem is planted up to the second pair of leaves. If stakes will be required later, drive them in now in order to avoid damaging a well formed root later. ###

ER Seniors

Meetings are held on the 2nd and 4th Tuesdays of the month at the Civic Center, 37 Vreeland Avenue, at 1 p.m. Refreshments are served and Bingo follows each meeting. Free blood-pressure screenings are held on the 4th Tuesday of the month beginning at 11:30 a.m. New members are welcome. Please contact Josephine at 201-460-1989.

Upcoming Bus Trips:

- April 25, 2018, - Steel Magnolias - Hunterdon Hills Playhouse, Hampton, NJ
- May 10, Show and Entertainment at La Neve's, Haledon, NJ

Free blood pressure screenings on the 4th Tuesday of the month beginning at 11:30 a.m.

Caesar's Casino

The East Rutherford Seniors sponsor a bus trip to Caesar's Casino every 3rd Monday of the month. The cost is \$30 with a return of \$30 slot-play. Bus leaves the CVS parking lot, Paterson Avenue, East Rutherford, at 9:30 a.m. All payments must be made in advance. For reservations and info, contact Josephine at 201-460-1989. ###

Yield to Pedestrians

Kip Center 2018 Events

Trips

Monday, April 30, 2018, bus trip to Tropicana Casino, includes "Who Loves You," Frankie Valli tribute show. Family style lunch at Carmine's, and \$15 casino bonus. Bus leaves at 9 a.m. and returns around 8:30 p.m. cost is \$85 pp and must be paid by March 31.

Monday, May 14, bus trip to Sands Casino, bus leaves the center at 8:30 a.m. and returns around 6 p.m. cost is \$35 and includes casino bonus.

Monday, July 9, Bus trip to Caesar's Casino. Trip includes "Tribute to the Latin Casino" at the Circus Maximus Theater, bus transportation and casino bonus. Cost is \$46 pp. A \$25 deposit is required by April 30, and the balance of \$21 is due by June 15. Limited seating. Bus leaves the center at 9 a.m. and returns around 8 p.m. ###

Bunco Night Kip Fundraiser

On Friday, May 18, 2018, Bunco Night Fundraiser is being held at the Elks Club. Admission is \$20. Prizes, raffles and lots of fun. ###

Little Ferry Medicare 101 April 2

On April 2, 2018, from 6 p.m. to 7:45 p.m. The Little Ferry Library, located at 239 Liberty Street, will host a Medicare 101 seminar.

Presenter James Farnham, MBA, MS Licensed Agent will be the speaker at this event. To register, call The Library at 201-641-3721 or sign up the desk. This educational event is provided at no cost and open to the public. ###

Little Ferry Seniors

The Little Ferry Seniors have their meetings on the second Thursday of each month at 1 p.m. located at 95 Main Street Senior Center.

Little Ferry residents age 62 or older are welcome to join and participate in luncheons and bus trips. For more information, call Robert at 201-440-4815 or 201-641-3704. ###

Reach Helpline Service Ends

As of June 30, 2018, it is with great difficulty and sadness, after serving the people of Hasbrouck Heights for 36 years, that we must announce that REACH will be ceasing operation.

At one point in its 36 years, we were doing over 700 calls a year and we had more than 50 volunteers, both inside workers and drivers. We provided this service five days a week. Now we are down to a handful of workers and therefore find it necessary to stop this vital service to the others who live in our community.

We thank the Churches in town who have given financial support all these years and the many residents who have donated to keep this service going. We especially want to thank the volunteers who donated their time, gas, wear and tear on their cars to drive and answer the calls. We are proud of our 36 years of service. ###

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April 2018 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors
Check bulletin board for any change.

SENIOR ACTIVITIES

Monday, April 2, 9, 16, 23, 30

10:00 a.m. to 3 p.m. Senior Lounge Open to all
10:00 a.m. Games, Cards and Mahjong
1 p.m. - 2:30 p.m. Tai Chi

Tuesday, April 3, 10, 17, 24

10:00 a.m. Line dancing \$1.00
12:45 p.m. Beginner's Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Card Night

Wednesday, April 4

10:30 Leisure Club Board Meeting

Wednesday, April 11

12:30 Leisure Club Regular Meeting

Wednesday, April 18, 25

10:00 a.m. to 2 p.m. Senior Lounge Open to all
10:00 a.m. to 2 p.m. Games, Cards and Coffee
2:00 p.m. Senior Stretch & Flex \$1.00

Thursday, April 5, 12, 19, 26

10:00 a.m. to 2 p.m. Senior Lounge Open to all
10:00 a.m. to 2 p.m. Games, Cards and Coffee
10:00 a.m. to 2 p.m. Mahjong
2:00 p.m. Senior Yoga \$1.00

Friday, April 6, 20

10:00 a.m. Fun Bingo
12:00 p.m. Zumba Gold \$1.00
1:00 p.m. to 3 p.m. Games, Cards & Coffee

Friday, April 13, 27

12:00 p.m. Zumba Gold \$1.00
1:00 p.m. to 3:00 p.m. Games, Cards & Coffee

Moonachie Seniors Are Doing It Again

Now that the winter is over and hibernation is a thing of the past, it is time to step out and enjoy life again.

The best way to start is to join them to see some new and entertaining shows, and they certainly have them this year. The following is the 2018 schedule through July.

• Tuesday, April 3, the Club is going to the Brownstone, where you will hear the voice of a professional entertainer crooning the 50s and singing the 60s together with Peter Lieberman and comedian, Billy Garan. A complete luncheon, plus complimentary cocktails. The cost is \$50 pp. The bus leaves at 10:15 a.m.

• Tuesday, May 15, the Club will be going to Doolan's. If you love Patsy, Judy and Neil, you'll surely love this show of a lifetime, plus an all star comedian and dancing.

A complete luncheon, including a one hour open bar. The cost is \$53 pp. The bus leaves at 9:40 a.m.

• Wednesday, June 13, the Club will be going to the Hunterdon Hills Playhouse to see "The House is Rockin" live impersonations to re-create the most exciting musical acts of the past 60 years. There is a selection of seven wonderful and tasty luncheons to choose from at the time of arrival plus their famous dessert tables. The cost is \$63 pp. The bus leaves at 9:40 a.m.

• Tuesday, July 17, for the first time, but not for the last time. the Club will be going to the beautiful Crystal Point Yacht Club to listen to and enjoy a show entitled "Ciao Bella," an Italian favorite delight. You will probably be standing and clapping after every song

sung by Vincent Talarico, an all around entertainer. A complete luncheon will be served. The cost is \$59 pp. The bus leaves at 10 a.m.

Remember, you do not have to be a member of the Moonachie Senior Club or even live in Moonachie to enjoy a wonderful day out with friends. The tour buses leave from the Moonachie Senior Center which is right behind the Moonachie First Aid Squad on Moonachie Road.

For information and reservations, call Ann at 201-641-5788, or Audrey at 201-440-2710. ###

Lodi AARP #2015 Program Schedule

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Center, 22 Walnut Place. Each meeting will have either a speaker or entertainment as well as light refreshments. New members are welcome. 2018 dues are \$10 for the year. National AARP membership is also required. For membership information contact Stan at 973-779-8544.

Upcoming events:

• April 17: Regular monthly meeting. Speaker from Hackensack Meridian Health.

2018 Calendar

- May 1: Scholarship Application deadline.
- May 15: Regular Meeting, Mother's Day Luncheon.
- May 18: Installation Luncheon Dance at the Venetian, 546 River Drive, Garfield.
- June 19: Scholarship Awards. Father's Day Luncheon.
- July 17: Regular meeting, Topic: Alzheimer's.
- July 18: Bus trip to Hunterdon Hills Playhouse. Performance of "NUNSENSE"
- September 19: Bus trip to Resorts Casino AC.
- August 21: Regular Meeting, Speaker: Jimmy Scalia, The Life of Bobby Darin.
- September 18: Regular meeting, Speaker TBA.
- September 19: Casino bus trip AC.
- October 16: Regular Monthly Meeting, Thanksgiving cash food fund drive.
- November 14: Bus trip to Sands Casino. Bethlehem, PA.
- November 20: Regular Meeting, Music: Felician School Bell Ringers and Choir.
- December 18: Regular meeting. Music by Lodi High School. ###

Garfield AARP #2470

The Garfield AARP #2470 holds regular meetings the second Monday of each month at 1 p.m. at the Garfield Senior Center on Midland Avenue, from September through June.

Each meeting they try to cover legislative changes, health items and an outreach program that helps support the local food bank. They are looking forward to planning trips and parties.

All seniors are welcome to attend a meeting and join if you are so inclined. *Provided by Dominick Librera. ###*

Lodi Senior Club News

The Lodi Senior Citizens Club meets on the second and fourth Tuesday of every month.

Every Thursday is "Fun Day." They have a Pool Table, and Shuffle Board. Do what your doctor says, "Keep Movin" with exercise and line dancing or Bingo, card playing or come and enjoy the hot new adult coloring craze in the art corner or just come and enjoy a day with friends.

2018 Trips & Events

- April 6, Installation Dinner at the Venetian from 12:30 to 4:30 p.m. \$45 for members \$50 for non-members.
 - May 8, Pizza in the Club, Mother's Day at 1 p.m.
 - June 6, Bus trip to The Waterfront at Silver Birches. Food, dancing and entertainment with "Jersey Chix." \$45 members \$50 non-members.
 - June 12, Pizza in the Club, Father's Day. at 1 p.m.
 - August 8, Casino trip to Resort International, Queens. Bus leaves at 9:30 a.m. \$25.
 - August 28, Hot dogs in the Club, at 1 p.m.
 - September 11, Luncheon in the Club by Santangelo's, noon.
 - October 10, Black Forest Inn, leaves at 9 a.m.
 - December 7, Christmas Party at the Venetian, 12:30 to 4:30 p.m.,
 - December 11, Pizza in the Club, at 1 p.m.
- PLUS, they usually have entertainment at most of their Tuesday meetings. Come join if you are a Lodi resident, 55 years or older on Tuesdays. Non-members welcome on Thursdays. For more information, call 973-472-6994 and leave a message. ###

Carlstadt Senior Friendship Club

The Carlstadt Senior Friendship Club meets on the 1st and 3rd Wednesdays of the month at 1:30 p.m. at the Civic Center. All Carlstadt seniors 60 years or older are encouraged to join. Following activities are scheduled:

- April 16, 2018, Sands Casino.
- May 22 and 23, 2018, An overnight trip to Lancaster, PA. is planned to see "Jesus" at the Sight & Sound Theater, staying at the Eden Resort Hotel.
- September 28 to October 1, 2018, an extended trip is scheduled to "Rails in West Virginia." Contact Helene for information, 201-463-3000. ###

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New York In 'Cruise' Control

It's April. Spring is here! The summer is peeking around the corner. What does that mean? The cruise ship activity in the New York area will be at its height again. Even better, new vessels will be making their New York area debut.

Everyone loves cruising out of the New York area. Passing the Statue of Liberty on the starboard side (*right side of the ship*) and sailing under the Verrazano Bridge are sure to make every sailing day special. Whether cruising to Bermuda, the Bahamas, the Caribbean, or to Canada, the New York area is the right place to enjoy the perfect getaway this season.

The 2018 season can't be more exciting. Many new cruising experiences are coming to Bayonne-Cape Liberty and the Manhattan Cruise Terminal.

Starting Friday, May 11, Royal Caribbean's Adventure of The Seas will be doing seven-day trips from Bayonne to Canada and the Bahamas.

The Adventure of The Seas is the twin sister of the Explorer of The Seas. On May 3, the beautiful Anthem of The Seas will be sailing on her five-day Bermuda and nine-day Caribbean rotation. The five-day Bermuda trips are on Saturdays, while the nine-day Bermuda/Caribbean trips are on Thursdays. Sunday, April 29, the magnificent Celebrity Summit will be back in Bayonne for its ninth season.

The Summit will be doing its seven-day trips to Bermuda, and then doing fourteen-day trips to New England and Canada during the fall months. She will conclude the season with her repositioning cruise to San Juan, PR on October 21.

At the Manhattan Cruise Terminal, there is a multitude of anticipation.

April 15, the fabulous Norwegian Breakaway will be bidding farewell to New York City. The Breakaway will be going on her repositioning cruise to New Orleans.

April 22, the Norwegian Escape will be the new girl on the block. The Norwegian Escape is a Breakaway Plus vessel, featuring new bells and whistles for her guests' enjoyment. On May 3, the newly launched Norwegian Bliss will be sailing into New York City for her inaugural debut. She will then be sailing out of Seattle on the Alaska itinerary.

On May 23, the brand new Carnival Horizon will be arriving in New York City. Remember the Carnival Vista that arrived in New York in

November 2016? The Horizon is the Vistas's newly christened twin sister. The Horizon will be sailing on four-day trips to Canada, along with eight-day trips to the Bahamas and the Caribbean. The Caribbean itinerary will include Carnival's new private port-of-call Amber Cove in the Dominican Republic.

September 20 is the day which families and children of all ages will be looking forward to. It is the day when the magnificent Disney Magic will be arriving back in New York for the Fall 2018 season.

During the Fall 2018 season, the Disney Magic will be doing twelve sailings. These twelve sailings will include four and five-day trips to Canada and eight-day trips to Port Canaveral and the Bahamas.

For 2018, Disney Cruise Line has added new cruise experiences out of New York City. The Disney Magic will be sailing to Bermuda and Quebec City. Is anyone familiar with the legendary hotel Chateaux de Frontenac in Quebec City? It is the iconic structure replicated at the Canada pavilion in Epcot. How's that for a "small world after all"?!

Cruising cannot be a more exciting spring, summer, or fall getaway. It is the perfect way for anyone to get away from the stresses of everyday life. This year, the New York area has plenty of new ships, new experiences, and new ports of call to be enjoyed.

The Adventure of The Seas, Carnival Horizon, Norwegian Escape, and the Disney Magic will be the ships adding that special touch to the New York cruising tradition. Whether cruising freestyle on Norwegian, taking in the FUN on Carnival, seeking the Royal Caribbean, being treated famously on board Celebrity, or discovering uncharted magic on board Disney Cruise Line, the New York area will be the home base for cruising. It will certainly and without a doubt be the place to catch that "wave" of excitement.

Visit DEKTravelJournal.com, and look to book your cruise online at TwoBrothersTravelNJ.com. *Story by Travel Editor David Kriso, publisher of "The Traveler's Companion."* ###

WALK
Facing Traffic
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BCC Celebrates 50th Anniversary

Bergen Community College will celebrate their 50th anniversary gala fundraiser April 19, 2018, from 6 to 10 p.m., at the Venetian in Garfield. Proceeds will provide scholarships and educational support for students.

The evening includes full cocktail hour with open bar, a lavish spread of entrees and delicacies, live music, a silent auction, College memory displays, games and other activities designed to celebrate Bergen's 50-year history.

Tickets are \$175 per person and available by calling 201-447-7117 or visiting bergen.edu/gal. Tables of 10 tickets are \$1,500.

Sponsorship packages are available. Call Larry Hlavenka at 201-689-7057 or email lh1lavenka@bergen.edu for details.

Supporters can contribute to the College's "\$50 for 50" fundraising campaign by visiting tinyurl.com/bergen50. Donors will have their name included on a recognition wall in the main campus student center.

Bergen has sponsored a number of events as part of the anniversary, including artifact displays at government offices and libraries, an alumni dinner and art exhibition. An April 12 open house from 3 to 7 p.m. at the main campus invites prospective students and their families to the Paramus main campus for demonstrations, workshops and information on all the College offers. For more information, visit bergen.edu/openhouse.

Bergen has grown into the state's largest community college with approximately 14,000 students. ###



Enjoy Meeting People? Become a Docent!

The Aviation Hall of Fame and Museum at Teterboro Airport is seeking volunteer tour guides (docents) who enjoy meeting people.

Volunteer docents lead informative museum tours of displays, punctuated with brief historical accounts of New Jersey's aviation pioneers, heroes and events.

Go to www.njahof.org and check out the self guided tour. Flexible hours. Free training and support. No experience necessary. For additional information, call Roger at 201-967-0419, or Shea at 201-288-6344. ###

Databases at Rutherford Library

How does Rutherford compare to its neighbors in the Garden State? To find out, check out Profiles of New Jersey, a reference book chock full of facts, figures, and statistics for the 876 communities in New Jersey. The books is available in print in The Library or online with a Rutherford Library card.

The DATABASES page of The Rutherford Library's website (rutherfordlibrary.org/adult-services/research-and-databases/databases/) offers several e-books. Most are also available in print at The Rutherford Library. Selections include the Directory of Business Information Resources, Nations of the World, the American Book of Days, and The Reference Shelf, a topical series. The current issue features information on the South China Sea Conflict.

In addition, other free electronic resources include NewsBank, the genealogy database Ancestry, the Gale Virtual Reference Library (*with reference books that you can access at home*), Job and Career Accelerator, and Hoopla. All this is available for free with your Rutherford Library card! Click on the DATABASES button on The Library's home page.

If you have any questions, call the Rutherford Library at 201-939-8600 and ask for Reference. ###

The Wood-Ridge Memorial Library has two new resources to make tracing family trees easier: Ancestry® Library Edition and HeritageQuest Online. Ancestry® Library Edition delivers billions of records in census data, vital records, directories, photos, and more.

The world's most popular consumer online genealogy resource is now available for in-house use at The Wood-Ridge Memorial Library. Sign up at the Circulation Desk to use a Library computer, or bring your own laptop or tablet to access Ancestry® Library Edition via The Library's Wi-Fi. HeritageQuest® Online is a comprehensive treasury of American genealogical and historical sources, with coverage dating back to the 1700s.

It features the U.S. Federal Censuses from 1790 through 1940, city directories, Revolutionary War records, Freedman's Bank Records, and more. HeritageQuest® Online may be accessed either within The Library or remotely with a Wood-Ridge Memorial Library card number through The Library's website at [https://woodridgememoriallibrary.org/###](https://woodridgememoriallibrary.org/)

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Thyroid Cancer Support Group

Thyroid Cancer Survivors' Association, Inc. will meet on Thursday, April 5, from 6 p.m. to 8 p.m. at The Wood-Ridge Memorial Library. All are welcome. No registration required.

Emergencies: Call 9-11

Senior Fitness

Put the Spring back in your step. Join Joan for fitness fun, for free, at Wood-Ridge Senior Center, 495 Highland Avenue, Monday, 9-9:45 a.m., Wednesday, 11-11:45 a.m., and Friday, 11-11:45. For more information email: braceheace@verizon.net ###

Rutherford Blood Screening April 20

On Friday, April 20, 2018, the Rutherford Health Department will sponsor a Multi-Phase Blood Screening Program for residents 18 or older. Appointments are required and can be made by calling the Public Health Nurses at 201-460-3020 between 9 a.m. and 4 p.m. Monday-Friday. Walk-in appointments will also be taken during the same time period.

The main objective of the program is to detect any abnormalities in the blood. The screening will check for approximately thirty (30) different items, including cholesterol, triglycerides and glucose.

There will be a nominal fee of \$21 which will cover the cost of laboratory analysis. For an additional fee, the following tests can be added: T4/TSH (two thyroid tests), Vitamin D level, Hemoglobin A1-C, blood Type, PSA, and C-reactive protein. Please call the office for the price of each additional test.

The exact cash amount, check or money order made payable to the Rutherford Health Department. This program should only be used as a screening device and not as a self-diagnostic tool or in the place of an examination by a licensed medical doctor.

A copy of the results will be mailed to the participants and their doctor. Those participants with tests results outside the normal range will be required to follow up with their licensed medical doctor. ###



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By Jeffrey E. Mason, D.M.D.



Avoiding Allergic Reactions in the Dental Office

Itchy, swollen eyes, sneezing and a runny nose may sound like a case of seasonal allergies, but for many, these are the allergy symptoms they experience each time they visit the dentist.

What is an allergic reaction? Allergies are sensitivities to a substance called an allergen that makes contact with the skin or is inhaled into the lungs, swallowed or injected. Some allergic reactions are mild, while others can be severe and life-threatening.

Who experiences allergic reactions? Allergic reactions often occur more frequently in people who have a family history of allergies. Substances that don't bother some people can trigger allergic reactions in others. It's important to discuss any allergies in your family history, or any known allergies that you have, with your dentist prior to your visit.

What might cause an allergic reaction in the dental office? Dental amalgam components. Dental amalgam is used to fill cavities caused by tooth decay. The metals in dental amalgams — silver, copper or tin — may bring about oral lesions or other contact reactions.

Latex. Latex can be found in many medical or dental supplies and devices, such as masks, gloves and syringes.

Unlike some consumer

goods made from synthetic latex, natural rubber latex is derived from a milky substance found in rubber trees. If you are allergic to latex, ask your dentist if he or she has latex-safe products.

Local anesthetic. Local anesthetics numb your mouth and gums during dental treatments. Although allergic reactions to local anesthetics are rare, they can occur.

What are the symptoms of an allergic reaction? In addition to itchy, swollen eyes, a runny nose and sneezing, the development of hives, dermatitis (*skin rash*) and asthma also are common allergic reactions.

The most severe allergic reaction is the potentially fatal condition known as anaphylactic shock, which is characterized by generalized flushing of the skin, hives, mouth and throat swelling, difficulty in swallowing or speaking, changes in heart rate, abdominal pain, nausea and vomiting, anxiety, a sudden feeling of weakness (*due to a drop in blood pressure*) and unconsciousness.

What should I do if I have allergies or experience an allergic reaction? Talk to your dentist and the dental staff, and make sure that the information is included in your patient chart. If you have had severe allergic reactions, you should consider carrying an epinephrine kit (EpiPen®) and using a medic alert bracelet that clearly states your allergy. You also may want to carry a letter of explanation from your physician.

If you have allergic symptoms after a dental procedure, consult with your dentist and physician immediately. If you experience a severe allergic reaction after a dental procedure, go immediately to the hospital emergency room.

Ref: *Academy of General Dentistry 2017*

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Blood Drive April 23

The Rutherford Community Blood Bank located at 55 Kip Avenue, will hold its annual spring drive on Monday, April 23, 2018, from 3 to 8 p.m. Pre-registration is not required, but available by visiting https://donor.cbsblood.org/donor/schedules/drive_schedule/47712 or calling 201-251-3703. ###



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Wood-Ridge Memorial Foundation Dinner A Huge Success!

On Friday evening, March 9th, 2018, 290 attended the annual Wood-Ridge Memorial Foundation Dinner at the Fi-esta. At this dinner, the Foundation honored 5 individuals that have greatly impacted the school district and the community.

Wood-Ridge School Teachers honored were Terri Nass, a 33 year veteran of the school system and who spent most of that time at the Catherine E. Doyle Elementary School, Laura Johnson, teaching at Wood-Ridge since 1989 is now part of the Middle School Staff and Ted Colarusso, a science teacher in the High School since 1996. Also honored was community leader, Robert Valenti, who has been involved with multiple youth sport programs and is an active member of the Wood-Ridge Lions Club.

The fifth Honoree was Annette Altamura, who passed away in August of 2017.

She served as Legislative

Aide to Senator Paul Sarlo for 13 years and served him, the citizens of Wood-Ridge and the surrounding communities with a spirit of caring and kindness to all that she encountered.

This annual dinner dance first started in 2002 and has been an important fund-raising event that has helped the Foundation award over \$35,000 each June to graduating Wood-Ridge residents that will attend college the following fall.

The Memorial Foundation established in 1962 has awarded over \$1.5 million dollars in scholarships over the past 56 years. The Foundation Trustees wish to thank all who supported our dinner and other functions throughout the year.

Photo (l-r) Bob Valenti, Terri Nass, Ezio Altamura, Laura Johnson and Ted Colarusso hold their engraved crystal flame awards presented during the evening's ceremonies. *Provided by Jack Nagel. ###*



(l-r) Steven Palladino, President, Ken Wheeler, V.P., Ray Vorisek, Lou Verdi, Treasurer, Justin Watrel, Director and Dennis Colton, Secretary

The HHMA had their Annual Awards Dinner on February 24, 2018, at Zoila's Kitchen in Garfield.

The HHMA recognized Ray Vorisek, owner of Heights Flower Shoppe, as the **HH Man of the Year** for his dedication and contributions to the community of Hasbrouck Heights.

The HHMA is a non-profit, volunteer organization that raises funds for scholarships awarded to qualified graduating seniors of Hasbrouck Heights as well as donations to families in need and other non-profit organizations.

The HHMA also recognized member, Kevin Owens, as HHMA Member of the Year for his service and dedication to the organization. *Provided by Steven Paladino. ###*

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The principled purposes of public notices; mainly to prevent government actions from occurring in secret, and to help ensure that our governments serve with transparency and public accountability. NJPA



Rutherford Kindergarten Students Promote Kindness at the Kip Center

Students from the Kindergarten Center took part in The Great Kindness Challenge during the week of January 22, 2018, to further promote a culture of kindness. Students expanded the challenge into the community by creating and delivering valentines to the

senior citizens who attended the Kip Center in Rutherford on January 30.

Photo Caption: Pictured from left to right: students Shivam Vaghasiya, Lucas Schmidt, Clara Baik, Felice Kakalettris, Alejandro Castro, Leiya Echavarria, Frankie Wil-

ton, Francesca Dininno, Izabella Pinglora, Anwar Belkouchi, Lauren McCarthy, Michael Giacalone, Enzo Marchesani, Phoebe Mendelsohn and Vibha Salian, with members of the Kip Center. *Provided by JoAnn Hughes. ###*



Carlstadt Woman's Club Donates \$6,500 for "Prevent Child Abuse"

Due to a successful fund raising fashion show, "Winter Wonderland Fashions," held last November, The Woman's Club of Carlstadt, Inc. was able to present a \$6,500 check to the NJ State Federation of Women's Clubs 2016-2018 state project, "Prevent Child Abuse." on March 6, 2018.

The "Prevent Child Abuse" program works to teach parents

how they can be the best parents possible using 13 programs based on the best and latest research. Research shows that these programs not only save lives and taxpayer dollars, but also improve critically important outcomes for children: early literacy, quality of early education, parent-child bonding, early prenatal care and better primary health care.

The Woman's Club of Carlstadt welcomes new members. Call Renee at 201-403-6442 for information.

(l-r) Vicki O'Brien, VP Carlstadt WC, Mary Cioffi, Susan Chambers, NJSFWC State Project Chairs and Renee Engelhardt, President. *Photo by Dennis Kronyak Sr. ###*



On February 20, 2018, the Carlstadt Mayor and Council presented Ewald Heckmann a plaque in grateful appreciation for outstanding service, dedication and stewardship in preserving and safeguarding the historical beginnings as president of the Turnverein of Carlstadt from 1986 to 2017. *Photo by Dennis Kronyak Sr. ###*



The Carlstadt- East Rutherford Lions Club held their **Annual Pancake Breakfast** event on Sunday March 4, 2018, from 8 a.m. to noon at the East Rutherford Civic Center. *Photo by Dennis Kronyak Sr. ###*

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Scams Topic at HH Senior Meeting

Attorney Rhonda Benjamin was the guest speaker at the Hasbrouck Heights Leisure Club meeting on March 14, 2018.



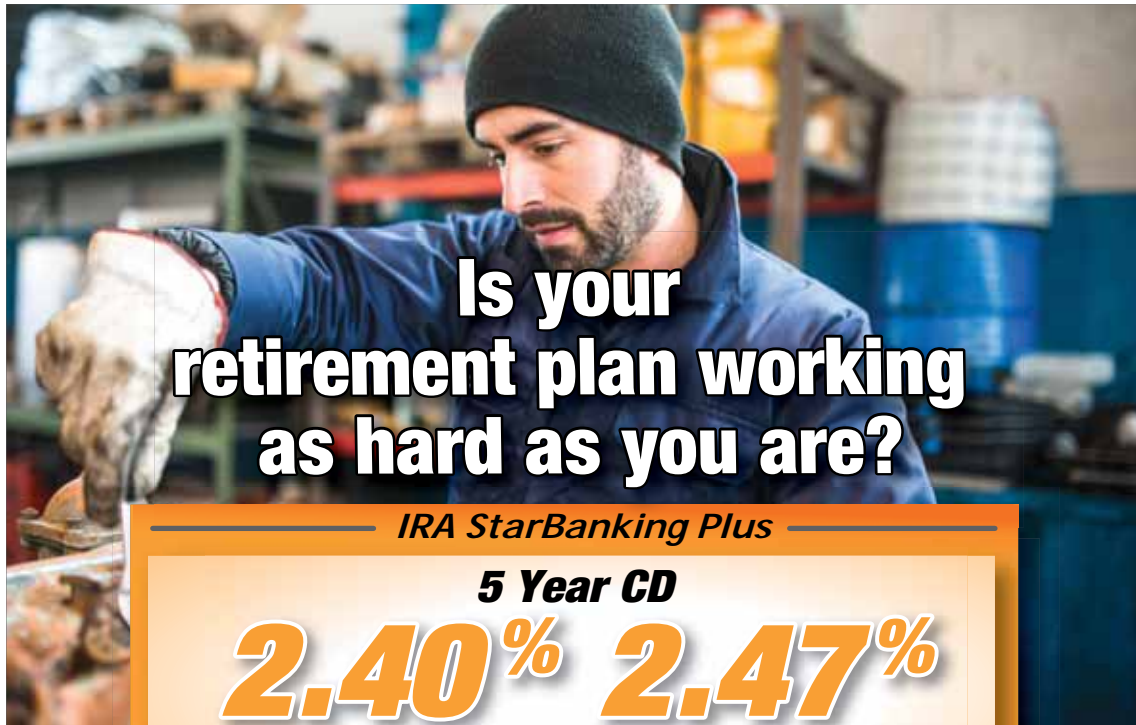
Her topic was "Scams Against Seniors." She opened her remarks explaining why scammers target seniors. Seniors are more likely to be alone at home, will answer the phone or respond to someone at their door, are more trusting of others.

Seniors also are unlikely to report the crime. Some elderly victims feel embarrassed that they have fallen for a scam. Others fear that family members will think they are unfit to manage their own finances.

Throughout her presentation, Attorney Benjamin stressed the fact that because a voice on the other end of the line knows your name and telephone number does not mean that they should be trusted. Don't be afraid to just hang up! Most importantly, never give anyone you don't know any

personal information, money or sign any agreements or contracts.

A wealth of information and tips on common fraud schemes were discussed. The scammers are now impersonating law firms, court officials, and IRS or debt collectors. They call and threaten, saying a debt must be paid or they will have you arrested. Many seniors who attended the meeting shared their own experiences with scammers. *Photo and story provided by Marie and Peter Gallo Jr. ###*



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Lodi AARP Loves Art and Jack

Comical, friendly, serious and most of all entertaining, these are just a few words to describe Lodi's singing duo, Art Maglionico and Jack Sepede, better known as "Two for the Road." They again entertained the members of the Lodi AARP #2015 at their meeting on February 13, 2018.

They are well known by all who were there and they interacted with many of the AARP members. Art, the comic of the

group, told jokes, read a few poems that he had written and just enjoyed talking to the audience. Jack, the more serious member of the group, kept the program moving along; making sure that the main purpose of them being there was to sing, was fulfilled.

There was no doubt that that AARP members enjoyed every song Art and Jack sang and most of all they were entertained. *Provided by Peter Gallo Jr. ###*

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WRFD Fire Watch Detail for Persian Festival of Fire



On Tuesday, March 13, 2018, the Wood-Ridge Fire Department and EMS Squad were dispatched to the Fiesta for a "Fire Watch" detail for the Persian "Festival of Fire."

Firefighters were strategically located and carefully monitored each jump, watchful that no one was burned (or clothing caught fire). They assisted those who were unsteady. Photos by Dennis Kronyak Sr. ###



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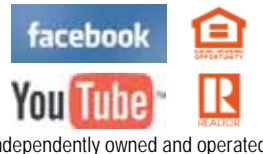


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