The Gazette

Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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F.A.S.T. Team responding to report of squatters trapped in industrial building fire in Lodi on June 23, 2009. What is a F.A.S.T. Team? on page 12 • About Mutual Aid on page 13 • Mutual Aid in action on pages 14-15

Volunteer Army

Pint Sized Patriotism a Giant Hit Page 17 Dazzling Effects Light Up the Sky Page 10 Moonachie 100th Anniversary Page 8 Tylenol
Positive & Negative
Page 20

MDA Seeks Help for Annual Labor Day Telethon

The 44th Muscular Dystrophy Telethon begins Sunday, September 6, 2009, at 9 p.m. and runs through Monday, September 7th until 6:30 p.m.

Volunteers are welcome to help answer 100 phones, stuff and mail letters ... there is a job for everyone! Bring your friends and and co-workers to spend a few hours. Refreshments provided. Last year over 200 volunteers participated at this location.

The regional pledge center, located at VFW Post 4591, has served Northern NJ, Manhattan and Staten Island for 38 years. This year, Monmouth and Ocean Counties have been included. Call the Ciavaglia Family at 201-288-2867 to volunteer or for details.

In 2008, a record \$65 million in pledges & contributions enabled the MDA to fund both service and research programs. www.mda.org/telethon/

The Jerry Lewis Muscular Dystrophy Telethon has been a tradition since 1954. ###

Bizik Memorial Golf Tournament

The Hasbrouck Heights Men's Association is sponsoring the 24th Annual Bizik Memorial Golf Tournament on Wednesday, September 16, 2009, at the Valley Brook Golf Club in Rivervale, NJ.

Check-in is at 7:30 a.m. and shotgun start is at 8:30 a.m. Cost is \$140 and includes: a round of golf, cart, continental breakfast, gourmet luncheon and two hour open bar.

There will be cash for skill events, hole-in-one prize of \$10,000 and a 50/50.

Hole/tee sponsorships are available for \$150. and a sign will be posted. Contributions are welcome.

Proceeds benefit the Hasbrouck Heights Men's Association Scholarship Fund. Scholarships are given to Hasbrouck Heights students graduating from high school. Deadline is September 1st. For more info, call 201-288-5224 or 201-288-0752. ###

August Flower
Gladiolus

Lodi Mall Health and Wellness Fair

A free Health and Wellness Fair has been scheduled for Saturday, September 12, 2009 from 10 a.m. to 2 p.m. (rain or shine) at the Lodi Mall 2nd floor, 1 South Main Street, Lodi, NJ.

This health fair includes information, health screens and demonstrations. There will be free samples, literature, givea-ways, balloons, refreshments and more.

Sponsors include: Rehabilitation Institute of North Jersey, Contours Express, Scott A. Goler, D.P.M, Ana's Family Dentistry, Daryl J. Laglia, State Farm Agency, etc. Free refreshments will be provided by Pizza Pasta. For more information, call 973-777-4494. ###

HH Town Day

Hasbrouck Heights organizations should mark their calendar for participation in Town Day scheduled for Saturday, September 26, 2009, from 10 a.m. to 3 p.m., in Woodland Park. Rain date is October 3rd. Contact the Hasbrouck Heights Recreation Department at 201-288-4143 to reserve your table/ space. ###

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LODI

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Call John Depken if you have any questions that you would like answered in this column



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New Location Opening Soon Rt. 17 S. Hasbrouck Heights



Hasbrouck Heights Mayor Rose Marie Heck, Council President Sonya Buckman and Councilman David Gonzalez welcomed Sonic Drive-in during their Grand Opening ribbon-cutting ceremony on Saturday, June 20, 2009. Although there is a drive-through, it features 20 parking stalls where customers can order, and be served in their cars by roller-skating carhops. The Heights location is the first in northern New Jersey. This location expects to have over 100 full and part-time employees, including a traffic crew to flag Route 17 North traffic away when full. The off-duty Hasbrouck Heights Police assisting in traffic control are paid for by Sonic. After an incident on July 14, 2009, where an off duty police officer was struck, parking on Route 17 shoulder is prohibited with a \$100 fine (see story on page 11.) Sonic Drive-in is located at the old Vet Lumber on Route 17 North, just before the Franklin Avenue intersection, which is under construction. There are 3,500 Sonic Drive-ins nationwide. The chain was founded in 1953 and

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Mum and Garage Sale

based in Oklahoma City. ###

The Moonachie First Aid & Rescue Squad will be holding its 4th Annual Mum sale on Saturday, September 26, 2009, from 8 a.m. to 4 p.m., at 121 Moonachie Avenue, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$8 each.

Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available.

Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094.

All proceeds go directly to the Squad for operating expenses. ###

Lights, camera, action...

The Free Public Library of Hasbrouck Heights cordially invites you to Family Fun Movie Nite on Friday, August 7, starting at 7 p.m. and lasting until 2 a.m.

A great line-up of activities is planned for the entire family, including special guest appearances of costumed characters, latest screening of movies, karaoke, movie star makeovers, a gaming show and live entertainment by Jim Cruise, the "Spoon Man." Refreshments will be served.

Mark your calendars. Tell a friend. Call 201-288-0488 to reserve your movie tickets. Seating is limited. Here's your chance to walk on a red carpet and be part of the Hollywood glamour and glitz. ###

Job Search Club Meets at the Library

The Free Public Library of Hasbrouck Heights sponsors a job search club.

Job clubs are ongoing groups of people who meet regularly to discuss their job lead efforts and career advancement with the goal of supporting the success of all its members.

Susan Kushnir, professional in training, career management, and transition management, facilitates the meetings.

There is no fee, but participants will be asked to donate time each meeting to help colleagues in their searches.

Meetings are Tuesdays, August 4 and 11, 2009 from 7 to 9 p.m. in the Community Room of the Borough Hall at 320 Boulevard. To registration call 201-288-0488. ###

Pancake Breakfast

The Lodi Knights of Columbus will hold a Pancake Breakfast on Sunday, August 9, 2009 from 8:30 a.m. to 12 noon at their hall on 39 Washington Street, Lodi. Cost is \$6/person. Breakfast includes pancakes, eggs, sausage, juice and coffee/tea. For more information call Lou at 973-472-7741. ###

Wine & Other Delights

The Hasbrouck Heights Friends of the Library, in partnership with the Hasbrouck Heights Chamber of Commerce, cordially invite you to a fun-filled, entertaining evening of laughs with comedian Ted Daniels at the Annual Wine & Other Delights Event to be held on Thursday, October 22, 2009, from 6 to 9 p.m., at the Hasbrouck Heights Hilton. Cost is \$65 per person. For tickets and information, call 201-288-0488. ###



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Tips for Raising Money Smart Children

You try to raise your children right and teach them values, and while morals and ethics are important, it's important to be sure children learn about money and finances. Here are some tips for parents to help their children learn about managing money.

Get them interested early. When your children are very young (age 3 or 4), show them how to tell different coins apart. Then give them a piggy bank to store up their change. Piggy banks are a tangible place to keep their money safe, and they can see, hear and feel how the bank fills up.

Make saving a habit. Make a house rule of saving a percentage of income, whether it is birthday money from relatives, earnings from a neighborhood lemonade stand, weekly allowance or a part-time job.

Open a savings account in a child's name. A KFS Kid's Club savings account can show kids how their money can earn money on its own -- through compound interest. Give kids a compound interest table (available at all Kearny Federal Savings locations) to let them

Sturgeon Moon

The August full moon appears on Thursday, August 6, 2009, at 00:57. It is called the "Full Sturgeon Moon."

According to "The Farmer's Almanac," the fishing tribes are given credit for the naming of this moon, since sturgeon, a large fish of the Great Lakes and other major bodies of water, were most readily caught during August.

A few tribes knew it as the "Full Red Moon" because, as the Moon rises, it appears reddish through any sultry haze. It was also called the "Green Corn Moon" or "Grain Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###



Copy for the September Issue is due August 10th.

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The Gazette Newspaper
are available on-line at:
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RSS Feed Available

anticipate how their money can grow. Be sure to stop by your nearest KFS branch to open a Kid's Club account today.

Encourage goal setting. Have your kids write down their wish list, along with a deadline -- a skateboard by the end of the summer, a bike by next year. Visualizing may give kids the added motivation they need to save. You might also contribute a matching amount every time they reach a certain dollar amount in savings by themselves.

Give regular allowances. Allowances give children experience with real-life money matters, letting them practice how to save regularly and plan their spending. Of course, you should determine the amount of allowance that you think fits, for example an amount equal to half their age per week.

Help plan a budget. Have kids write down what they'll buy during the week and how much each item costs. Then write down their weekly income. If it doesn't add up, they'll have to prioritize their "needs" and their "wants."

Encourage money-earning ventures. To earn money beyond their weekly allowance, suggest that kids find creative ways to make money -- doing special household chores or seeking jobs in the neighborhood such as raking leaves, mowing lawns, pet sitting or shoveling snow.

Show children the effects of inflation. To show your kids how prices have gone up over the years, take them to the library to look up ads -- for movie tickets, bikes, sneakers -- in the newspaper archives. Try finding the year they were born. Your kids can also use their math skills to see how much items they're saving for will cost in the future. For example, a bike that costs \$50 today might cost \$60 in five years, with 4 percent inflation.

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Fritz Rethage	Editor • Publisher
Marie Gallo	Assistant to the Editor
Nancy Halloran	Copy Editor
Peter J. Gallo Jr	Contributor
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On Saturday, August 29, 2009, The Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public.

Aircraft include Martin 202 Airliner, Cobra Gunship Helicopter, Coast Guard Rescue Helicopter and a Lockheed 402-2 Bush Master. Guides will be available to explain each aircraft.

Call 201-288-6344 for a brochure, to organize a group tour or visit their web site: www.njahof.org ###

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Danson Jewelers paid FIVE TIMES more than "Cash for Gold" as featured on Ch. 12 News by Alicia Vitarelli

Sons of the American Legion Pig Roast

The Little Ferry Sons of The American Legion Squadron 310 held their 5th Annual Pig Roast in their grove, beginning at 3 p.m., on Saturday, July 18, 2009.

Their special guests were the National Guard 3rd, 112th Field Artillery who returned from a tour of duty from Baghdad, Iraq in June 2009.

Starting at 5 a.m., the 120 pound pig was placed in a roasting box and cooked for 11 hours, providing 150 to 200 servings.

The menu also included London broil, mussels, hamburgers, hot dogs, chili, corn on the cob, a variety of salads, beer and soda.

"The Woodpeckers" provided live music, men played horseshoes, children enjoyed the sandbox, a 50-50 was held, and over 150 people enjoyed a nice, warm summer afternoon. ###





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MARKET SHARE REPORT: Hasbrouck Heights, Wood-Ridge, Lodi* Listing and Selling Office Share Statistics from 1/1/09 to 7/8/2009 - 5:11:29 PM Property Type: Residential • County: BERGEN • Area: Lodi, Wood-Ridge, Hasbrouck Heights • Status: Sold

Rank	Name	Trans.	Volume	% Total
1	RE/MAX TRADING PLACES, LLC	18	\$ 7,041,350	11.84
2	CENTURY 21 EUDAN REALTY & C-21 EUDAN/JEAN ROBERT REALTY	17	\$ 6,056,000	10.19
3	GATEWAY REALTORS/GMAC REAL ESTATE	16	\$ 6,022,500	10.13
4	PRUDENTIAL MERENDINO REALTY	12	\$ 5,056,500	8.51
5	DESIMONE PRESTIGE REALTY, LLC	4	\$ 2,027,000	3.41















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*In Hasbrouck Heights, Lodi and Wood-Ridge for total transactions closed, volume and market share from 1/1/2009-7/8/2009 for the top five offices. It includes which listing were sold by such organization itself, or with the aid of cooperating broker for the state of NJ and time period indicated according to the data by the following Multiple Listing Services: NJ Multiple Listing Service. This representation is based in whole or in part on data supplied by each MLS listed. Each MLS does not guarantee or is in any way responsible for its accuracy. Data maintained by each MLS may not reflect all real estate activity in the market. This chart lists up to the top five competitors in the market indicated. Equal opportunity employers. Each RE/MÁX is individually owned and operated.



Cafferty Shoots 37.1 Earns Scoring Title

Conor Cafferty, a 2009 graduate of Hasbrouck Heights High School and Captain of the Golf Team, enjoyed a banner year in golf his senior year.

He was selected as: 1st Team All NJ PGA State (one of the Top Ten Golfers in the State of NJ) 1st Team Group 1 NJ State 1st Team All Bergen

Conor won the scoring title in Bergen County with the average for 9 holes of 37.1.

He is the first athlete from Hasbrouck Heights to ever make 1st Team All State.

He will be attending George Mason University in the fall where he intends to continue his golf career.

His performance was the subject of several articles in the Bergen Record this season.



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Farmers' Market Continues in '09

On Tuesday, July 7, 2009, Bergen County provided seniors \$30 coupons to buy NJ produce at the Hasbrouck Heights Farmers' Market.

The Farmers' Market is located at The Boulevard and Central Avenues. It continues every Tuesday, from noon to 6:00 p.m., until late Septem-

According to Chamber President, Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon during the 2009 Market. Limited positions are available. Call Ray at 201-288-5464, for more information.

During Farmers' Market days, Boulevard businesses are permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. ###











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Environmentally Friendly Landscaping Tips

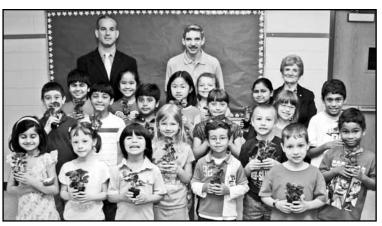
By Robert Schucker, President, Eco Earth Design and R&S Landscaping.

One of the first things people ask me is how can I be more efficient and environmentally responsible with my landscaping. Consider these tips:

- Use a rain water collection system - By positioning a rain barrel under the roof's downspout, rainwater can be collected and stored. The water can then be dispensed through a hose connected to the bottom of the barrel.
- Landscape for passive heating and cooling - Planting appropriate deciduous trees along the south side of your home will provide shade and reduce air conditioning usage. In the winter, they'll allow the sun's rays to warm buildings, saving heating oil and gas.
- · Reduce lawn areas. Reduction in lawn area will result in a direct reduction in watering and chemical applications (fertilizers, herbicides, and pesticides.)
- Reduce pesticide use -The implementation of an Integrated Pest Management (IPM) plan is an essential strategy to reduce the use of pesticides, herbicides and fertilizers.
- Reduce water use Water only when needed. Improve your soil for optimum water holding capacity. Use lowwater demanding or native

plants and consider reducing lawn size.

- Start a compost pile -Building a compost pile is a safe and easy way to reduce landfill waste and create natural fertilizer. Compost piles contain organic materials such as vegetable scraps, grass clippings, and leaves that naturally decompose into useable soil/ fertilizer.
- Use native plant species - A native plant is one that existed, developed and occurred naturally in our area. These can be trees, flowers, grasses or any other plants. Often these plants require less care, pesticides, water and are more disease resistant than plants from other parts of the country or world.
- Install a rain garden A rain garden is a landscaped, shallow depression that allows rain and water runoff to be collected and seep naturally into the ground. This helps recharge our groundwater supply and prevents water pollution from stormwater runoff.
- Increase bio-diversity - Providing a wide range of native plants is the first step in creating a diverse natural habitat for wildlife. A bio-diverse ecosystem reduces the need for pesticides and creates a healthy wildlife habitat essential to outdoor living and a better quality of life for everyone. ###



Lincoln School



Corpus Christi School



Euclid School

Environmental & Transportation Poster Contest Winners Recognized

On Wednesday, June 10, 2009, the children from Corpus Christi School, Euclid School and Lincoln School were all smiles as they each received a plant from John Kosakowski,

owner of Bill O'Shea's Florist, to place either in the window or in the garden.

There were 51 winners of the 4th Annual Environmental Poster Contest. The theme choices for this year were, "How the Environment Impacts My Life in Hasbrouck Heights" or "What We Can do to Help the Environment." The Poster Contest Chair was Mayor Rose Marie Heck and the Co-chair was Gilbert Hunt. ###

RECYCLE

W-R Reaches Tree **City USA Milestone**

The Borough of Wood-Ridge celebrated its 20th year as a certified Tree City USA with the Arbor Day Founda-

"In the past three years, we have planted more than 300 new trees. It is important to this governing body that Wood-Ridge continue its legacy as a community that cares about creating a pleasant streetscape for our merchants, appealing sidewalks for our residents, and positive long-term impacts on the local and the global environment," said Mayor Paul Sarlo. "We especially thank our Shade Tree Commission for all of the planning and hard work needed each year to maintain our Tree City USA status."

According to Wood-Ridge Shade Tree Commission Chairman George Meglio, "a municipality must have an active tree board, an ordinance for the care of trees, a community forestry plan, and an annual Arbor Day resolution to remain a Tree City."

Only 152, or roughly 27 percent, of New Jersey's 566 municipalities have earned this distinction. While 30 of the Tree Cities are in Bergen County, only 6 have been Tree Cities for 20 years or longer. Wood-Ridge, Ridgefield Park and Maywood, reached 20 together this year.

"We are committed to ensuring that residents can take pride in Wood-Ridge's trees," said Councilman and Shade Tree Committee Liaison Dominick Azzolini. "We have also started a small tree farm in town to provide for ongoing replacements." ###

> August Birthstone **Peridot**

Good Neighbor Day Wednesday • September 9th **Free Roses • Donate Food**

Bill O'Shea's 13th Annual

We are again giving "roses by the dozen" to anyone -- with the stipulation that they keep just one rose -- and give the other 11 roses away. Thousands of roses will be given away on a first come basis. No cost or obligation. No purchase necessary. Doors open at 8 a.m.

You can also be a **Good Neighbor** by donating food to the Center For Food Action. CFA welcomes basic nonperishable food items such as juice, cereal, canned goods, pasta, baby food, etc. Food items should not be open, expired or in glass jars. CFA is a non-profit food center that has served our area since 1976.



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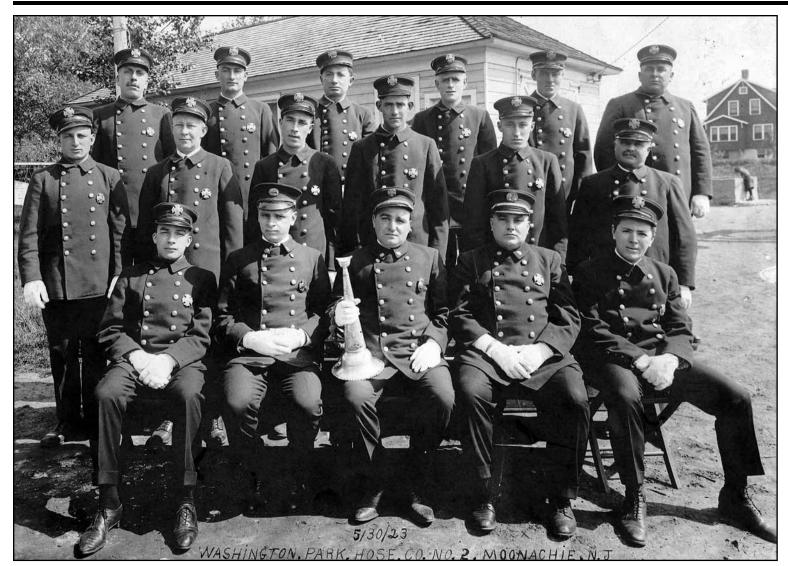
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Green Thumb Headquarters



The Moonachie Fire Department is celebrating their 100th Annivesary. Photo above is the Washington Park Hose Co. No. 2. on May 30, 1923. (l-r) Top Row: Leonard Graziano, unknown, Frank Molinari, Edward Scharfenberg, Charles Zarubnickey, (unknown). Middle Row: Christian Kleber, Frank Adam, Louis Rettino, Richard Van Saders, Louis Faul, Fiorenzo. Bottom Row: Unknown, unknown, Thomas Rettino, John Lally and Thomas Smith. Photo provided by the Moonachie Centennial Committee (Ken Izzo Collection). The committee invites area residents to loan old photos, documents, clippings and other memorabilia for this celebration. Call 201-641-1813 for details.

History of Moonachie

(Editor's Note: In celebration of its 100th Anniversary, over the course of the next year, The Gazette Newspaper is providing a multi-part series of Moonachie's history. The following is reprinted as written, from the 1960 Fiftieth Gold Anniversary Journal.)

Part One

Swamps, woods, a few farms, a few paths -- this was Moonachie, in 1910 when it became a Borough in the County of Bergen. Now the woods and the swamps are no more; all but two of the farms have vanished. Moonachie is today a town looking towards the future but pausing here in the year 1960 to recall its beginnings many years ago.

In 1669, the land now divided among several hundred residents was owned by one fur trader, Captain John Berry. It was the Island of Moonachie then, bordered by Berry's Creek, Indian Path, Losing Creek, and the Hackensack River. A tribe of Indians of the Six Nations Branch inhabited the rich cedar forests that once were. Rumors say that Indian Chief Monaghie gave the town its name.

There is another story which explains that the Indians, a peaceful group, sold their land for twenty barrels of rum, guns, and some gunpowder. Captain Berry later sold to Thomas Fransen Outwater, George

Brinkerhoff and Henry DeKyp. (The Brinkerhoff house is now The Wood-Ridge Library.)

During the Revolution, Moonachie was a part of the township of Bergen. Local farmers shipped their products along the Hackensack River to eager markets in New York.

They were a self-supporting group, isolated by the marshes from other communities.

When the British invaded Bergen County in November 1776, Moonachie was on their map.

One small group of British soldiers were left to guard the horse drawn ferry in Little Ferry. When Washington's Army was evacuating the area, a detachment crossed at Little Ferry and marched up Washington Avenue to Liberty Street, an extension of Moonachie Road, on its way to Hackensack. Moonachie's main role in the Revolution was to help in feeding the Army.

This was not an easy task as Hessians camping nearby terrorized the settlers. Old residents tell tales passed on by their grandsires of how the community was almost depopulated by the ravaging Hessians, harrowing tales of hunger, flight by night, and burying of valuables.

In 1825, the Township of Lodi was organized and Moonachie became part of it. Farms continued to flourish, but Moonachie was still an isolated community. Peach orchards covered the area which was often called "Peach Island."

The first road from Passaic to New York was constructed in 1816, but the trip took over a day. Travelers stopping overnight often remained at an inn on Moonachie Avenue known then as "Mousetown Road."

At that time, the "road" was really a fifteen-foot wide dirt path bordered by graceful weeping willows that formed a bower in summer.

No tow trucks were available for wagons that got stuck in the mud.

For over one hundred years, no education was offered in Moonachie. Children of the well-to-do were sent away to boarding schools.

The first opportunity to attend classes was offered in Wood-Ridge in 1801. Students were drawn from a twelve-mile radius.

In 1830, under Lodi Township, Moonachie opened its first school in the kitchen of Peter Allen on what is now the Blauvelt Estate off Moonachie Road.

Classes met only in winter. The teacher received \$3.00 per pupil per year. When the school began to meet in the summer months, the children were compelled to travel through an impassable swamp known as the "Riser." They often became lost and had to climb trees to determine their directions.

In 1832, the first school house was erected on Moon-

achie Road south of Mousetown

Road. This building served for

forty years.

Children sat at long desks with slab seats and made their figures with sticks in boxes filled with sand. A pail of water with a dipper and a rod that was frequently used, completed the standard equipment.

Children attended school from 9 to 5 in summer, 9 to 4 in winter. Christmas was the only holiday, and summer vacations were unknown.

Early in the 1870's, a new school was built. Its black-boards and desks made the one room edifice worth \$1,500 and modern for its time.

Boys shoveled coal now instead of chopping wood. The school, which seated 50 students, was later converted

into a private home which still stands.

In 1897, another school was built on the corner of Union Street and Moonachie Avenue.

In 1898, the last school to be built under the auspices of Lodi Township was erected on Redneck Avenue.

On April 11, 1910, following the lead of Wood-Ridge, Carlstadt and East Rutherford, Moonachie was incorporated as a Borough.

Robert L. Craig became the first Mayor, Harry Price, Frank Christiana, Ben Love, William Ullmann, C. Maire, and R. Marcone comprised the first Council. With a budget of \$1,900, they set about organizing town government.

Roads and paths ignored for years were the first problems attacked by the new Borough. Streets were paved for the first time. For the first time too, lights appeared on the Borough's roads.

On June 10, 1910, the Board of Education was organized. Felix Christiana, William Love, Daniel Saviello, Joseph Jucka, Charles Ruth, Conrad Kammerer, and Robert L. Craig served on it. The Board built School No. 2 for \$3,000 in 1913 and, at the same time, began work on School No. 3 on Joseph Street.

In the same year, the Moonachie Fire Company was organized.

Town life during these days when Moonachie first began centered about the family, the farm, and the Church. There were about fifteen farms in 1910 which raised cabbage, celery, tomatoes, etc., for export to New York.

Neither adults nor children had much time for leisure because hands, not machines, had to tend the farm. Youngsters rarely got away from home except to school and Church on Sunday. (To be continued in the September Gazette Newspaper.) ###

Editor and Committee for the 1960 Fiftieth Anniversary Journal: Editor-Jacqueline DiSalvo, Committee-Mrs. Ethel Hall, Barney J. Miracky, Fred Steingress. ###

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One Giant Leap

In celebration of the 40th Anniversary of the historic moon flight, space historian and and Education Specialist expert, Joe Lennox, gave a presentation on the Apollo 11 at the NJ Aviation Hall of Fame on July 17, 2009

His hour and a half Power Point presentation presented both the nuts & bolts of the mission and the human reaction -- from John McCain while he was a POW, and video of Walter Cronkite and Wally Schirra on CBS as well as videos of mission high points from launch, landing and return.

Demonstrating how the mission worked, Lennox used a 4 foot Saturn V Command and Lunar model.

His Apollo memorabilia

included circuit boards, heat shield material, parachute, microphone pick up tubes from helmets, etc.

Lennox showed pages from his personal scrap book, to include international press clippings, to companies that ran ads congratulating the astronauts.

He displayed Apollo collectables such as stamps, medals, records, calendars, puzzles, etc. His program concluded with a question and answer period.

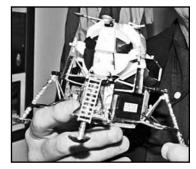
This mission was the first manned flight to land on the moon. It was the fifth human spaceflight of Project Apollo and the third human voyage to the moon.

Launched on July 16, 1969, it carried Mission Commander Neil Armstrong, Command Module Pilot Michael Collins and Lunar Module Pilot Edwin Eugene "Buzz" Aldrin, Jr. and landed on the moon on July 20, 1969.

Armstrong said the famous words, "Houston, Tranquility Base here. The Eagle has landed," and on July 21st, six and a half hours after, "That's one small step for a man, one giant leap for mankind." They returned to earth on July 24.

Mr. Lennox provides space science, history and technology programs designed for various age groups, and has written two books, "The ABC's of Space Exploration" and "Vision for Space." His website is: spaceclass101.com

The NJ Aviation Hall of Fame is located at Teterboro Airport. For more information, call 201-288-6344, or go to www.njahof.org ###





Apollo era circuit board.



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Dazzling Effects Light Up the Night







Most of the pyrotechnics were electrically detonated, with the balance ignited with flares.



After the show, each firing tube was inspected for unspent rounds. Suspect tubes with rounds were identified, and would be removed safely back at the contractor's operation.



Firefighters water down smoldering debris.

still for a minute, before the thunderous, spectacular light show dazzled spectators on Thursday, July 2, 2009, at the Hasbrouck Heights Lions Club-sponsored 25th Annual Fireworks Program.

During the afternoon, the contractor, International Fireworks, set up the displays at the Hasbrouck Heights Minor Little League field.

Fire prevention officials were at the detonation zone to review the mechanics of the display and to insure compliance of fire codes and accepted industry procedures.

The 20 minute pyrotechnic display included: 46 "multi shell cakes" each with 500 to 1,000 rockets, that featured effects such as blue/gold fan, peacock, silver swallow, mixed dahlias, chrysanthemum, etc.

Over 900 3" shells and salutes punctuated the display.

The fireworks grand finale followed, shooting an additional 420 shells in a minute and a half, starting with red, white & blue to deafening salutes into a cascade of gold brocade shooting up and giant weeping gold willow bursts bleeding back down -- concluding with 200 quick whistles in three seconds.

All shells were detonated within the 200 to 300 foot safety area. The contractor inspected each tube for unspent rounds. HHFD Engine 1 swept the firing zone for unexploded rounds and watered down smoldering debris.

During the display the Hasbrouck Heights Fire Department, along with Mutual Aid Departments from Carlstadt FD & EMS, Little Ferry FD, Lodi FD, Moonachie FD & EMS, S. Hackensack EMS, Wallington FD and WRFD, were positioned at strategic locations as a safety precaution.

Sponsors that provided





The darkened stadium was extra fireworks included: **Costa** Memorial Home, Crow's Nest, Dunkin' Donuts, Holiday Inn, **IHOP of Hasbrouck Heights, Otterstedt Insurance Agency**, Shop-Rite of Lodi, and TD Bank.

> Prior to the pyrotechnic show, a brief program was held. The Master of Ceremonies and event coordinator was Lion Thomas E. Mason Jr.

The combined Hasbrouck Heights Police Department and VFW Post 4591 Color Guards presented the Colors, followed by Alyson Haggert singing the National Anthem.

The Invocation was given by Rev. Gregory Mludzik, Transfiguration of Our Lord PNCC, Wallington, NJ, Mayor Rose Marie Heck, Bergen County Clerk Kathleen A. Donovan and Chris Christie made remarks. Florianna Huenn sang "God Bless America."

A 50/50 was held with three winners sharing the prize money. Fun Time Entertainment provided music and three inflatable amusements and dunk tank which were located on the practice field. ###

Wings & Wheels Expo



Teterboro Airport

Saturday, September 19, 2009 • 9 a.m. to 5 p.m. Sunday, September 20, 2009 • 9 a.m. to 4 p.m. Route 46 and Industrial Avenue. Event entrance on Industrial Avenue

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Heights Officer Injured on Rt. 17

On July 14, 2009, at about 10:03 p.m., The Hasbrouck Heights Police Department requested the Fire Department respond to a call that a Police Officer was struck by a vehicle on Route 17 North. Both rigs responded.

Moments later, the second tone message was that the officer was pinned under the vehicle. The HHFD Rescue Truck and Engine 2 responded. W-R EMS was also dispatched.

Officer Corey Lange, a decorated 11 year veteran of the Hasbrouck Heights Police Department, was at the Sonic Drive-in restaurant as part of a traffic detail.

Officer Lange was standing outside of the lot wearing a reflective vest and uniform conducting traffic.

When Daniel Yi, driving his SUV, approached Officer Lange, the officer waved Yi off, advising him that the lot was full and he could not gain entry at this time.

Yi refused to heed the officer's direction and again

attempted to enter the lot of the Sonic Drive-in.

Officer Lange once again requested that Yi leave the area, however, Yi refused.

Officer Lange then approached Yi and requested his driver's license, registration and insurance card.

When attempting to obtain the paperwork from Yi, Officer Lange reached into the vehicle -- at which time Yi accelerated and drove the SUV across the northbound lanes of Route 17 straight towards to the divider.

As this was happening, Officer Lange was still hanging off of Yi's SUV, when it was struck by a 2000 Honda Civic, traveling northbound on Route 17.

From the knees down, Officer Lange went under the car.

Upon arrival, EMS found the victim with his feet under the car. He was conscious and alert. EMS checked him out, boarded, collared, then transported to HUMC with ALS.

The officer suffered a fractured left fibula and ankle

DWI & TRAFFIC

Suspended Driver

injury requiring surgery with a plate and seven screws. Additionally, he suffered crushing injuries/bruising. He was released from the hospital on July 22, 2009.

The driver of the car was taken to HUMC, then released. The SUV driver and passenger were not injured. The air bag was deployed in the SUV, but not the car.

Bergen County Prosecutor's Fatal Accident Squad and Bergen County Police investigated the incident, with HHFD Rescue providing lighting. Route 17 was closed in both directions until early morning.

The SUV driver, Daniel Yi, 23, attempted to flee and was arrested at the scene. Yi was charged with aggravated assault, eluding police and driving without a license. Additional charges reportedly issued: reckless driving, unlicensed operation of a motor vehicle and unlawful U-turn.

The driver of the car was not issued a summons. The accident is under investigation.

The incident prompted the HHPD to install a mobile traffic sign and for Police to enforce the \$100 fine for queueing on the Rt. 17 shoulder to enter Sonic. ###





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Michael Maguire Named Chief

On May 13, 2009, the Moonachie Mayor and Council officially named Michael Maguire Chief of Police. He has been serving as provisional Chief since April 1, 2008.

Maguire succeeded Police Chief Michael McGahn who retired after 30 years of service on March 31, 2008.

Chief Maguire grew up in Bloomfield, NJ and graduated Bloomfield High School in 1982.

He attended Montclair State College and Bergen Community College. He took the NJ state Civil Service test in 1986, started at the Moonachie Police Department in January 1987 and graduated from the Bergen County Police Academy.

He started in patrol, was Radar Instructor for the Department, received traffic accident reconstruction training before becoming Traffic Officer. He became Sergeant in 1998.

In 2001, he joined the Detective Bureau before returning to patrol in 2006.

He held positions as Terrorism Coordinator from 2002 to 2008, and Internal Affairs Officer from 2004 to 2008.

Chief Maguire believes in continuing education and has taken many supervisory courses to include Hi Impact Supervision given by Penn State and graduated the prestigious West Point Command and Leadership Program in 2004.

He is currently attending Fairleigh Dickinson University

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Maguire stated that he "always wanted to be a cop."

Building on Chief Mc-Gahn's success, he commented that he was inheriting a department of professional officers.

Chief Maguire considers that the task at hand is keeping up with technology -- vetting out criminals, streamlining reporting, expanding mobile data terminals in cars, the department's web-site, etc.

The Department has a live scan fingerprinting system. (See Gazette Newspaper, April 2007, page 16 for live scan background information.)

Chief Maguire wants to keep the Department sharp with encouraging continuing training and education programs.

"I want to meet the needs of our residents," he said, "with a visible police presence, community policing and an open line of communications with the officers, community and Mayor and Council."

He also looks to a continued quality relationship with Moonachie neighbors. The Moonachie Police Department patrols portions of Teterboro to include Route 46 East and Industrial Avenue with Little Ferry Police Department handling Route 46 West. Moonachie Police Department also enjoys a good relationship with Teterboro Airport Port Authority Police.

Regarding future issues, Chief Maquire shares the concerns of other area police departments regarding the impact of Xanadu traffic.

He is a big sports fan of the Yankees, Giants and Rangers.

He is married with three children 4, 5 and 14. He said with pride, "my hobby is myfamily." ###

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Warehouse Roof Fire

2 p.m.,the Moonachie Fire Department responded to a fire call at Home Dynamix warehouse on Carol Place in Moonachie, reported started with roof repairs.

Upon arrival, the department saw a plume of smoke and flames rising from the roof and a fire extinguisher brigade climbing ladders.

Fire Chief Justin Derevyanik assumed command.

The Department evacuated about 125 employees, A second alarm called for a F.A.S.T. Team from Wood-Ridge, with support from Little Ferry, Carlstadt, and Hasbrouck Heights working the scene

A 3rd alarm was requested bringing Wallington, South Hackensack and Ridgefield Park to cover Moonachie Fire Headquaters.

Moonachie Engine 3 connected a 5" line to nearby hy-

On June 29, 2009, at about drant to feed Moonachie Tower 805, Moonachie Engine 2 fed Little Ferry Tower 307, which began to pour water.

> The fire had dropped down into the warehouse storing carpet and mini-blinds.

> Wood-Ridge F.A.S.T. Team and fire crews positioned at Bay 18, with W-R Chief Thomas Burniston as accountablity officer. Crews pulled 2 1/2 inch lines and attacked the fire

Due to the 80° temperatures, crews were rotated frequently and sent to rehab operated by Moonachie EMS and Rescue Squad.

At about 2:30 p.m., the fire was extinguished. Heavy smoke still filled the warehouse and the Departments vented through the bay doors. Employees returned to the office area which was apparently unaffected by the incident. No injuries were reported. ###



(l-r) Matteo M. Lombardi, 3rd Assistant Chief, 2nd Assistant Chief Louis Avola Jr., 1st Assistant Chief Anthony M. Maiolo, and Chief Gregory A. Telep.

Lodi FD Officers Take Oath

On July 11, 2009, officers of the Lodi Fire Department took their Oath of Office during a brief ceremony at Fire Headquarters on Main Street.

The Master of Ceremonies was Department Chaplain FF Pete Christiana, who also said both the opening prayer and Benediction.

Ex-Chief Robert Cassiello led the Pledge of Allegiance followed by a Moment of Silence. Mayor Bruce T. Masopust spoke.

Department officers were escorted to the podium by the Fire Department Honor Guard, and took the Oath of Office. Chief Telep was also escorted by George Kellinger of the Police Pipes & Drums of Bergen County. Chief Telep spoke.

Ex-Chief Robert Cassiello presented the Wallington Fire Department with a Unit Citation. (See story on this page.)

Chief badges were pinned by their families. Chief Telep presented the Chiefs' wives with rose bouquets, and Mayor Masopust with a white helmet. Refreshments followed.

The Officers include:

Captains: Truck Company 1 -- Jason R. Jacoby, Hose Company 1 -- Paul Wanco, Fire Company 1 -- Robert A. Guyre and Hose Company 1--Arthur J. Woods.

Lieutenants: Truck Company 1 -- Moses Owens, Hose Company 2 -- Michael Varrechia, Fire Company 1 -- Ryan Walters and Hose Company 1 -- Eric Solan. ###



What is a F.A.S.T. Team?

What is a F.A.S.T. Team and what do they do? Below is an example of a F.A.S.T. Team in action. These are Ex-Chief Robert Cassiello's remarks as he presented the Wallington Fire Department with a Unit Citation on July 11, 2009.

"On June 11, 2008, at 1448 hours, an alarm of fire at 528 North Main Street was received by the Lodi Fire Department. A General Alarm assignment was dispatched. Upon arrival, Fire Chief Bob Cassiello confirmed a Working Fire, and assumed command.

The Lodi Fire Department standard operating procedure requires a special call to the Wallington F.A.S.T. Team on all confirmed working fires. A F.A.S.T Team is an acronym for Firefighter Assist and Search Team, also known as an R.I.T. or Rapid Intervention Team. It is defined as a team of two or more firefighters dedicated solely to search and rescue of other firefighters in distress. F.A.S.T. Teams shall have no other operational assignment during an incident.

After identifying a large volume of fire, lack of daytime manpower, and poor water pressure, a second alarm was requested. This brought additional manpower and equipment to the scene of the fire and covered our unmanned firehouses in town.

Approximately one hour into the fire, a radio call from an interior attack crew was received by command. It stated conditions on the inside of the building were rapidly becoming untenable. An order was issued to have all crews evacuate the fire building immediately. The emergency evacuation signal was sounded, and all crews exited the building.

The procedure upon evacu-

Free Smoke **Detectors**

In conjunction with Operation 7 Save a Life, and the NJ Division of Fire Safety, Lodi Fire Marshal Paul Wanco announced that the Fire Prevention Bureau will be distributing a free smoke detector to Lodi residents.

One smoke detector per household will be distributed on a first-come, first-served basis at Lodi Borough Hall, Room 204, Monday through Friday, from 9 a.m. to 3 p.m. Proper identification is required. ###

ating the building requires an accountability check of all companies. At this time a member of Hose Company 2 was unaccounted for; this was also the crew who reported the worsening conditions on the second floor. The determination by command was that a firefighter was missing and a search of the last known position was to be conducted by the F.A.S.T Team.

Without hesitation, the Wallington Fire Department F.A.S.T. Team went into action performing the job they have been trained to do. They performed a primary search of the second floor area, without the protection of a hose line, and also a secondary search of the

area at great risk to their own safety. Remember, this action was accomplished after the order to evacuate the building was given. The unaccounted firefighter was located outside the building, and the search was called off.

Therefore, it is my great honor to present a Meritorious Unit Citation to the Wallington Fire Department F.A.S.T. Team, in recognition of their untiring efforts and dedication to duty.

IT IS GOOD TO BE FAST, BUT YOU GUYS ARE GOOD, AND FAST, WE TRUST OUR LIVES TO YOU.

Ladies and Gentlemen I present the Wallington Fire Department F.A.S.T. Team." ###

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Within minutes, this volunteer army is prepared to ramp up and meet any emergency.

The strength of this army is the South Bergen Fire Chiefs Mutual Aid Association (SBF-CA), which helps to coordinate multi-department responses to large-scale incidents.

Harnessing the combined resources of Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, Wallington and Wood-Ridge, the South Bergen Fire Chiefs Association has over 75 years of experience in backing up that statement.

The South Bergen Association is comprised of three zones with two coordinators for each zone; Ron Phillips is the SB-FCA Chief Coordinator.

In an emergency, a Fire Chief can draw upon the combined resources of these 19 communities with 2,000 firefighters, 22 ladders, 70 engine companies, 15 rescue, many EMS and numerous special teams such as confined space, multiple hazmat, dive teams, foam units, etc.

Based on utilization and needs, the SBFCA is a flexible network that has extremely versatile capabilities in availability and duration. They are large enough to share the load of an immediate event.

Additionally, the zone coordinators insure that a vacuum is not created, by covering a fire department's community.

If required, they can go outside the system through Bergen County for additional resources.

This integrated system can ramp up to a county and state

Synergy

Chief Coordinator Ron Phillips stated that the strength of mutual aid is the large pool of highly trained and experienced volunteer manpower with a broad range of experiences. Benefits include:

- 1. At large scale incidents, fire fighters can rotate through a staging area allowing fresh hands to work, and the weary to rest, which helps to reduce injuries.
- 2. Expanded capabilities by developing specialized re-

sources.

For instance, Wood-Ridge developed a confined space entry team, bought the necessary equipment, trained on how to use the equipment, and is now able to respond to any town that has a confined space entry.

Other examples include:

- Mass casualty. See The Gazette Newspaper, January 2008, pages 16 & 17.
- Mass decontamination. See http://www.hasbrouckheights.com/hhfd/decon/decon1.shtml

Additionally, for the past 15 years, SBFCA has developed task force and strike teams.

Upon a request, a task force is deployed from each zone to meet at a central location and dispatched anywhere. The package has a coordinator, task force commander, one or two ladder trucks, three to five engine companies, rescue company/command post and ambulance.

A strike force is the same without ladder trucks, and focuses on long term relay pumping 5" hoses and working in rotating 12 hour shifts.

These task force and strike teams are now part of FEMA Planned Procedures.

The SBFCA is also available to respond to other parts of Bergen County and throughout the state under the State's Deployment Act.

Fire Chief Support

During an event, the Fire Chief of the affected community is "in-charge." Period.

As incident commander, that Fire Chief can draw upon these mutual aid resources. Proven protocols are in place for an organized ramping up.

When a call comes in, a Fire Chief can request additional support from neighboring towns.

As the needs grow, a zone coordinator assists the incident commander by supplying whatever resources are necessary.

As the size increases, so does staff and command. Mutual aid chiefs are assigned to strategic operations of the fire. For example: command for all four sides of the fire, staging, water management, etc.

This allows the Fire Chief in-charge, the ability to focus on "putting out the fire."

A few examples of this mutual aid concept in action include: 7 alarm 1977 fire Champion Building Products in Has-

brouck Heights; 4 alarm 1995 Napp Technologies chemical fire in Lodi; 7 alarm 1999 Borough Hall Fire in Hasbrouck Heights; 6 alarm plus a strike force from Mid-Bergen mutual aid 1997 National Liquidators in Lodi; 3 alarm 2002 Strawberry Warehouse plane crash in Teterboro; 4 alarm 2008 Yes Press in Little Ferry, etc.

Most recently, the 3 alarm June 23, 2009 industrial building fire in Lodi -- see pages 14-15 of this issue for details.

(A typical alarm is 2 engine companies, 1 ladder company, 1 rescue.)

United we stand, divided we fail.

Chief Phillips stated, "what is interesting is the shared service concept that has been talked up lately as a way to save money. The mutual aid fire service has been doing just that for 75 years.

"The mutual aid system can augment any town during their time of need.

There is, however, another part of the plan that, without it, mutual aid would not work.

Fire departments receive their funding from each town's Mayor and Council who represent their community.

Most, if not all, Mayors and fire commissioners work very closely with their respective fire department officers to discuss funding -- both short and long term.

Governing bodies should understand with apparatus maintenance programs, the life expectancy of major equipment (i.e., ladder, pumper and rescue trucks) runs 20+ years.

Phillips stressed, "It is very important that the mutual aid towns keep up with their equipment replacements.

He said, "However, should a town opt out of buying replacement apparatus, such as a ladder truck, then assume they could then call another town for a ladder truck... eventually the mutual aid system would break down.

Mutual aid is just that. We work together fair and square. I'll cover you and you cover me. Not, you cover me because I don't want to spend the money.

Mutual aid is the shared service concept in action. Working together the mutual aid system can augment any town during their time of

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United we stand, divided we fail, and public safety is at risk."

SBFCA History

This integrated mutual aid support just didn't happen.

Back in 1933, when times were still rough, the County was struggling back from the Great Depression.

Fire service was no exception. Fire fighting equipment was hard to come by. Many fire companies and departments owned their own equipment and firehouse. When they couldn't meet their payments, they turned to their towns to pick them up. Back then, certain towns lacked equipment or manpower. Assistance had to be found to safely protect their residents.

Town fire chiefs and ex -fire chiefs thought if all the resources were put together, and proper planning and training was established, no area would be left unprotected in the South Bergen County area.

This blossomed into one of the strongest and largest mutual aid organizations in New Jersey.

The first point of order was to have action plans in place in the event of a major fire or disaster -- or if a town was short on manpower or its equipment was out of service.

It was decided to establish zones, with a group in each area for initial response. An organization was formed with SBFCA officers elected and operational zone coordinators assigned. More towns joined SBFCA, further strengthening it.

Through WWII, the Chiefs met regularly and importantly so, since many towns were shorthanded due to department members serving in the armed forces. Mutual aid plans were used on many occasions.

Through the years, changes were made to include Task Force and Strike Teams formed, F.A.S.I. Team procedures and other plans updated, etc.

Active Fire Chiefs meet every two months to discuss firematic situations and look for ways to improve skill levels with insights based on experience. With so many major fires in the South Bergen area, they have honed their skills.

Chief Coordinator Ron Phillips concluded, "75 years is a long, long time and the South Bergen Fire Chiefs Association proudly continues, carrying on the great traditions of fire fighting: the protection of life and property of all our citizens."

Additional sources include South Bergen Fire Chiefs 75th Journal. ###

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Mutual Aid Rallies Area











Even though things are quiet, an army of emergency services is always at the ready.

Residents first reported smelling smoke, then seeing thick black smoke rise from the building.

At approximately 5:10 p.m. on Tuesday, June 23, 2009, the Lodi Fire Department was dispatched to Garibaldi Avenue, and Meta Lane for a report of a fire at a large one story commercial structure with a two-story office area in the front.

Almost simultaneously, Hackensack Engine 2 received a verbal report of a fire from a passer-by and had Headquarters dispatch a full assignment. As the fire was in Lodi, all Hackensack units except Engine 2 were returned.

Units from both departments arrived to find a "well involved" fire in the rear of the vacant building.

The Lodi Fire Department was the first alarm assignment and was met with a large volume of fire from the building.

Smoke was rising in the sky as Lodi Chief Greg Telep arrived on the scene, reported a working fire and summoned mutual aid.

Chief Telep established command at the Meta Avenue entrance. Second Assistant Chief Louis Avola ran operations in the front of the building while Third Assistant Chief Matt Lombardi ran operations in the rear of the building.

A second alarm was immediately transmitted, and later increased to a third alarm.

The fire started in the rear of the building and spread forward to the rest of the building after jumping over a fire wall.

Lodi Tower 1 and Hackensack Engine 2 concentrated on the fire in the rear. The roof in the fire area collapsed soon after arrival.

Chief Telep stated that no one will lose their life over an empty building. All operations went defensive. An exterior attack was ordered. Master streams were set up.

Garfield Ladder 4 pipe and Lodi Engine 615 deck gun took positions on the east side.

Rochelle Park Tower 1, Hasbrouck Heights Ladder and Wallington Ladder took positions on Garibaldi Avenue.

As the initial attack was organized, Chief Telep is continuously advised by mutual aid: Zone 3 Coordinators Peter Donatello and John LaBarbara, Southern Bergen County Fire Chiefs Mutual Aid Association Chief Coordinator Ron Phillips, Zone 1 Assistant Coordinator & Bergen County Fire Marshal, Brian Henning, Central Bergen

coordinators Ron Pressler (CBM 2) and Stew Blank (CBM3), and as well as Lodi OEM* Ex-Chief Robert Cassiello, who are assessing risks, hazards and resources. (*Office of Emergency Management provides resources outside firematics.)

Early into the incident, unknowns and mis-information must be addressed. Just what was inside the building? Were there mini explosions? Were there oil tanks on the roof?

It was a chilling moment when Chief Telep received a report of two squatters inside. The F.A.S.T Team was assigned to investigate -- with strict orders not to take any chances. As they advanced, it was reported that the squatters were accounted for.

Chief Telep climbs Lodi Tower 1 located at the rear of the structure to make a visual assessment of the fire.

Although there are no raging flames showing at street level, there is plenty of thick, black smoke. The rear of the building is completely burned out with roof collapsed. Chief Telep confirms an inferno in the center heading to the front of the building.

Digging In

After discussion, command addresses several issues in short order:

- Assignments are made such as safety officers, etc.
- Fire equipment clogging the area is withdrawn.
- Heavy equipment is brought in to lift the roof to expose the seat of the fire, if necessary.
- Numerous EMS units also reported to the scene. Egress for EMS established.
- Work out communications problems.
- Garibaldi Avenue from Summit Avenue to Main Street is shut down.
- Call for Hackensack USAR truck to refill air tanks.
- Three rehab centers are set up: Meta Lane near the Command Center, where the fire originated, Zamalek Club Cafe on the opposite side of Garibaldi Avenue was taken over as a rehab station and Teaneck's Box 54 was set up on the corner of Garibaldi and Meta.
- Bergen County OEM Sgt. Barry Leventhal contacts Red Cross to handle possible evacuation of residents.
- Community Emergency Response Teams (CERT) from Lodi and Rochelle Park were put to work.
- Bergen County Hazmat reports that air measurements were taken. No toxic fumes, but very high CO₂. They advise

firefighters in the heavy smoke to work under air.

- Firefighters not on the line are withdrawn to Meta Lane Command as a reserve to rotate as relief crews.
- With building contents still unknown, command puts Lodi 616 Foam Truck on standby, but decided it would not have any effect on this fire.
- Preparations are made to refuel working line equipment.

Command determines that with 45 psi (3,000 GPM) at the Lodi hydrants inside the water grid, there was not enough water to fight this fire; and it was apparent when the water supply quickly became a problem.

Water difficulties forced firefighters to stretch to larger mains outside the grid.

At 17:50 hours, Lodi Fire Command requested Wood-Ridge for one engine to cover Lodi Fire Headquarters. While en route, Engine 901 was redirected to a fire hydrant on Pleasantview Avenue in Hackensack and was the source for an three Engine relay with Maywood and Saddle Brook FDs.

This water relay fed the Rochelle Park Ladder Truck. Engine 901 pumped water for approximately 7 hours.

A similar water relay is established from Industrial Road with Lodi Engines 612 and 615 -- bringing much needed water to the scene.

As water became more plentiful, more lines were put in operation. Lodi's tower operated from the rear and a ladder pipe from Garfield was put in operation on the west side exposure.

Hasbrouck Heights put a ladder pipe to work from the front of the building as well as a deck gun from Lodi E-615 and several hand lines.

Chief Telep calls for a meeting of all Fire Chiefs, OEM, Police, DPW, Fire Marshal, investigators, EMS, etc., for a briefing and status report concluding, "Be safe and prepare for a long night."

Each Fire Chief meets with their respective departments. Firefighters are informed that the air has been tested and there are non-toxic fumes but high levels of CO₂. Telep orders all personnel operating on Garibaldi, or working in smoke, to wear SCBA's (Self Contained Breathing Apparatus.)

Late Tuesday, Bergen County Police erect freestanding light towers to illuminate the scene. Authorities order parked cars off local streets so that heavy equipment could be brought in to clear debris.

As thick smoke continued to cover the neighborhood, Lodi

Resources into an Army

CERT workers informed residents to close their windows, shut off their air conditioners and stay indoors, because the contents of the smoke was unknown and could be toxic. Some residents evacuated the area. Lodi Police clear the area of non-essential personnel. In a recorded message, police also advised residents they may experience low water pressure or brown water due to the fire.

The rising smoke could be seen for miles and attracted numerous TV news helicopters. The smoke rolled across nearby Route 46 and municipalities as far as Paterson and Clifton were receiving alarms for the smoke.

On the back property of the building were numerous sealed drums with no labels -- containing unknown materials. Although not near the fire, their presence raised concerns. Bergen County & Garfield Hazmat NJ DEP, EPA, etc., were at the scene continually monitoring the air.

Revising Tactics

Telep is concerned about the front of the building collapsing endangering firefighters, also the fire subsequently crossing Garibaldi Avenue to the apartment building across the street. He creates a safe building collapse zone.

Fire companies repositioned apparatus for the defensive attack on the front of the building.

Heights Ladder and Rochelle Park Tower disengage. Heights Ladder backs into an apartment parking lot and reconnects to a hydrant in the back. Rochelle Tower parked directly in front of the building. With teamwork, both departments realign the 5" lines and reconnect the Rochelle Tower to water from the Pleasantview hydrant.

Wallington Ladder and Garfield Tower position at the building's east corner. Lodi Tower remained in the rear.

In preparation of the advancing fire, three deck guns and water monitors from Maywood, Saddle Brook and Lodi were set up on the sidewalk across from the structure. The building windows were broken drawing wisps of smoke. Trees were trimmed for direct water stream access.

As evening set, the hidden fire had moved from the structure's rear to the Garibaldi Avenue side -- with smoke now streaming from the second-floor office windows.

This army of volunteer firefighters was ready.

The smoke condition from the second floor intensified about 9:30 p.m. Suddenly, firefighters

could see the "teeth-like" configuration of the flames through the windows as fire boldly broke through the second floor office wall and the roof near the building's front/center. Blast furnace heat could be felt across the street. Vicious flames inside the offices fought back streams of water, giving as good as it took.

From the building's center, the fire spread to the sides.

Command, concerned that the fire might pierce the wall of an adjoining building, sends in a team to investigate. The fire wall holds.

Garfield, Wallington, Lodi and Heights sticks poured water from above. Aggressively, Rochelle Tower went right up to the windows and fought the ferocious flames face to face. Three deck guns and water monitors continued the attack.

After about a two hour battle with the flames in the office section, all heavy fire was knocked down.

The fire was brought under control around midnight with fire crews attacking hot spots well into the morning.

Because of the additional mutual aid coverage, once the fire was under control, the Lodi Fire Department went out of service for rehab.

Firefighters stayed at the scene until past dawn to make sure it did not flare up. A flare -up at about 6 a.m. once again brought mutual aid units to the scene. Firefighters continued to douse the roof until 7 a.m. This time the fire was knocked down for good.

It was estimated that over 2,500,000 gallons of water was used over the seven hours to put out this fire.

On Wednesday morning, excess water was pumped out. DEP's Bureau of Emergency Response and the federal EPA responded to the fire scene to test air emissions and water runoff determining no hazardous materials were released.

At about noon, the Bergen County Arson Squad, along with

Over 2,500,000 gallons of water was used in 7 hours. That volume translates into:

10

Hasbrouck Heights Swim Club Pools. *Pool holds est. 270,000 gal.*

385

Tanker trailers. Est. 6,500 gal. ea.

6,250

Daily household consumption/family of 4. *EPA est. 400 gal./household*

Lodi Fire Investigation/Prevention, began their investigation.

The building was condemned and heavy construction equipment was brought in for demolition, following the release of the scene by the arson squad.

More than 20 volunteer fire departments and about 200 fire-fighters were involved.

Departments at the scene included: Elmwood Park, Garfield, Hackensack (paid department), Hasbrouck Heights, Lodi, Maywood, Rochelle Park, Saddle Brook, Wallington, Wood-Ridge and Teaneck Box 54.

Zone coordinators organized the covering of Lodi firehouses in four hour shifts. Those volunteer departments were from: East Newark, East Rutherford, Fair Lawn, Little Ferry, Lyndhurst, Moonachie, North Arlington, Paramus, Ridgefield Park, Rutherford, and Secaucus.

Additional assistance was provided by: Lodi OEM & CERT, Rochelle Park CERT, Bergen County OEM and Police, plus EMS units from various towns.

There were no serious injuries, but three firefighters suffered minor injuries and were taken to HUMC.

The two-story brick building with wooden roof, used to house Interplast Universal Industries, a company that made vinyl-coated fabrics, is on the state Department of Environmental Protection's list of known contaminated sites. Officials said the fire posed no threat.

The building was sold in October. The building has been vacant for over 5 years prior to the fire and was not structurally in good condition. The sprinkler system was turned off by management years ago.

The neighborhood is a mixture of residential two-story apartment buildings and industrial buildings. Selected photos provided by Paul Bassett. ###

Back-to-Back Fires

This mutual aid army has depth -- with fire companies on stand by duty at Lodi Firehouses.

On Wednesday, June 24, 2009, at 2:15 p.m., the Lodi Fire Department was dispatched to Avenue B, for a confirmed working house fire.

Due to the previous night's fire, Lodi's covering towns were on scene and went to work immediately. Lodi's apparatus arrived a moment later and assisted. The second-floor fire was brought under control in approximately 25 minutes.

No one was hurt and the Avenue B fire is under investigation. ###























HH Little League Picnic

The Hasbrouck Heights Little League held its Annual Picnic on rainy Saturday, June 20, 2009, from 11:00 a.m. to 3:00 p.m., at the Little League Complex.

Families enjoyed plenty of grilled foods, Italian ices and cold drinks. There were several inflatable amusements.

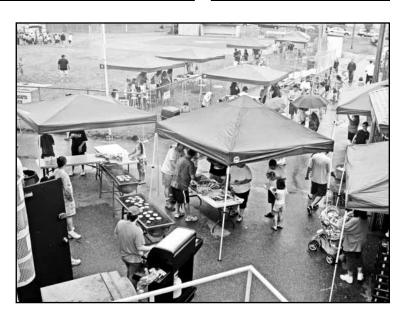
Trophy presentations were made. The traditional running and throwing contests did not happen because of the rain. It was a nice way to end the regular season. The event was open to all Hasbrouck Heights families participating in the 2009 season.

In 2009, the Hasbrouck Heights Little League fielded six major league teams with 72 -- 10 to 12 year old players, 14 minor A & B teams with 170-7 to 10 year old players, six Tee Ball teams with 61-- 5-6 year old players, 4 girls' softball teams with 50-- 6, 7 and 8-year

old players.

About 100 parents volunteered as coaches and managers for the season. Also, many parents volunteered their help in fund raising, field clean up, concessions, etc.

The Little League community expressed appreciation to the many sponsors for their financial support. The Hasbrouck Heights Little League was established in 1953. ###





Moonachie Rec July 4th BBQ

The Moonachie Recreation Department sponsored a July 4th Celebration and BBQ, on a hot Wednesday, July 1, 2009, at the R. L. Craig School.

Children enjoyed a magic show, talent show, face painting, balloon art, with free hamburgers, hot dogs, ice cream (with an assortment of toppings) and refreshments.

The day concluded with the children setting up their beach towels in the parking lot. The Moonachie Fire Department provided a delightful "hose down" on the field. ###







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Pint Sized Patriotism a Giant Hit



On July 4, 2009, about 75 children participated in the Annual Patriotic Parade. Led by the HHPD, costumed children, decorated wagons, bikes, carriages and floats proceeded east on Washington to Terrace, south to Kipp Avenue and north to the starting point where medals were awarded. The Hasbrouck Heights Fire Department provided the PA system and was on hand for any assistance. ###















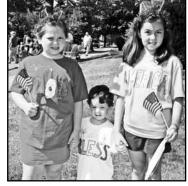






































Operation Space

The **Bible Baptist Church** of Hasbrouck Heights held their summer adventure camp for children K through 6th Grade, July 6th to 10th, 2009, from 9 a.m. to noon.

This year, about 100 children a day enjoyed out-of-thisworld games, prizes, songs, snacks, skits, "T" shirt and lots of fun during "Operation Space."

Donations received during this galactic blast went to help children in Ghana, Africa.

This exciting, fun-filled Vacation Bible School was open to all children in the area, regardless of religious affiliation. ###





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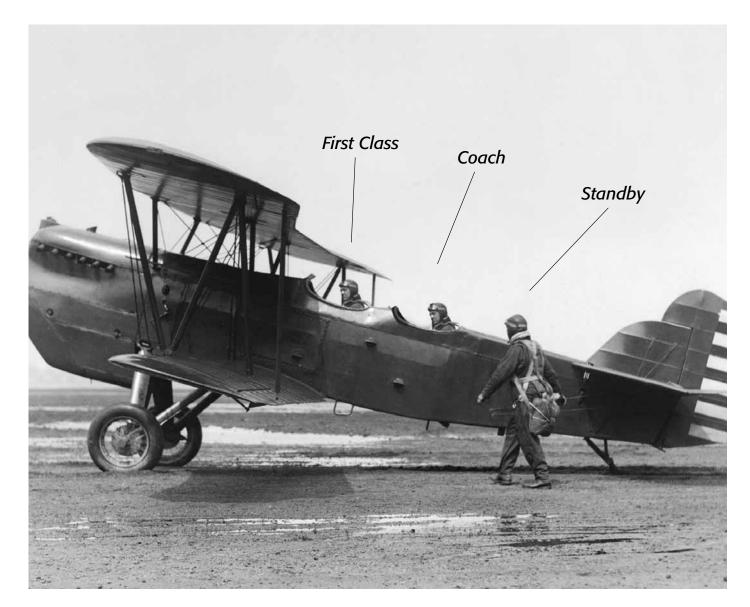












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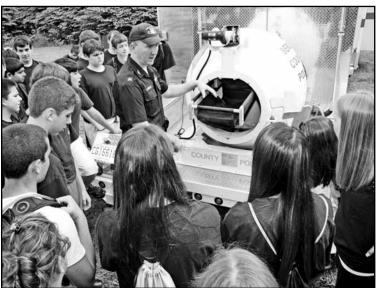
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44 Graduate 10th Junior Police Academy

The Hasbrouck Heights junior police program celebrated a milestone on June 30, 2009, with the graduation of its 10th Junior Police Academy recruit class.

The 1st Junior Police Academy was held in August of 2000 and it graduated 18 recruits; this year, there were 44 students who completed the program.

The academy is part of the Junior Police Auxiliary, a program that is run cooperatively by the police department and school system. The auxiliary consists of three components: a criminal justice class given to Eighth Graders, the junior academy, and membership in the Junior Police Auxiliary.

The members of Recruit Class 10 enjoyed an action-

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packed week of hands-on activities that mirror the reallife training given to police

After spending their first morning learning procedures and participating in self-defense training provided by Olympic Karate Institute, the recruits went to the Bergen County Law & Public Safety Institute in Mahwah.

While there, they were given firsthand exposure to real police and fire training. They were also able to see the Bergen County Police SWAT team train for felony motor vehicle stops.

A firearms demonstration at the Heights police firing range and a visit from the Bergen County Bomb Squad kicked off the second day of the academy.

Over the next several days, the recruits learned how to conduct motor vehicle stops (with the instructors playing the role of the stopped drivers), run radar on Terrace Avenue, and arrest and handcuff a suspect.

They experienced the effects of Fatal Vision Goggles, which simulate the physical impairments that accompany intoxication.

Not only were the recruits required to perform simple dexterity tests while wearing the goggles, they also got to drive a golf cart while wearing them as well.

The Port Authority Police stationed at Teterboro Airport showed off their helicopter and fire apparatus to the class. The recruits were able to climb aboard the trucks and try out the equipment.

The Bergen County Police K-9 Unit came in and gave a demonstration. One of their dogs located a jar with a trace of explosive material planted by the officers.

While speaking at the graduation, Hasbrouck Heights Police Chief Michael Colaneri reflected on the growth of the program.

He recalled how he was warned by other departments that were running junior police academies that Hasbrouck Heights was probably too small a town to have a self-sustaining junior academy.

They advised him to combine with surrounding communities to ensure the program's success.

The Chief then told the audience how the program has not only survived, but is being used as a model by other police departments looking to start their own junior academies.

The statistics are impressive. Since its inception, nearly 400 students have graduated from the academy and just over 1,000 students have taken the criminal justice class at the middle school.

Considering that the junior police academy is only open to eighth-going-into-ninth graders, over the years approximately 40 percent of eligible students have completed the program.

Additionally, the Junior Police Auxiliary is unique compared to other junior police programs because of the full partnership with the schools and the continued involvement of the graduates throughout high school.

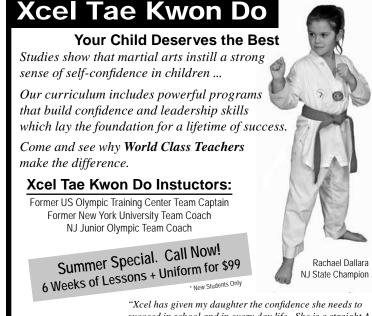
It has earned the New Jersey School Boards School Leader Award and has been featured in NJ COPS magazine and on the NJEA-sponsored television program Classroom Close-Up, NJ.

What makes the Chief and everyone associated with the junior police the most proud, however, is that Joe Armeli, who was a member of the 3rd Junior Police Academy class, is now an officer with the Hasbrouck Heights Police Department.

The graduation also featured comments from Mayor Rose Marie Heck, who commended the recruits on their hard work and dedication.

A special presentation was made to FBI Special Agent Robert Bukowski, who is the only outside presenter who has participated in all 10 junior academy classes.

When the graduation ceremony was over, many of the former recruits were expressing their eagerness to continue their involvement with the Junior Police Auxiliary as it begins its second decade of service. Story by Mike Stillman. ###



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Pharmacist Corner

Tylenol -**Positive & Negative**

There has been a lot of news recently on the possible government crackdown on acetaminophen, which most

people know as Tylenol. In a few months, the FDA will decide what to do with the maximum dose and daily quantity of the drug as well as some prescription drugs that contain acetaminophen.

Tips on Mosquito Control

There are 63 species of mosquitoes found in New Jersey. Not only are they an annoyance, but some have the ability to spread disease.

It is time to take action and do your part. The single most effective way to control mosquitoes around the home is to remove all standing water.

- Empty and discard empty paint cans, buckets, old tires, tin cans, etc.
- · Change water in bird baths, fountains, etc., twice a
- · Clean clogged rain gutters - check them often.
- · Aerate ornamental ponds (water gardens) or stock with goldfish.
- · Empty watering cans, flower pots, ceramic pots, turn over wheelbarrows.
- Drill holes in bottom of recycling containers.
- · Landscape so that no water collects on property-Backyard pool guidelines to control mosquito breeding in a backyard pool.
- Maintain swimming pools with appropriate chemicals and circulate water daily.
- · Remove leaf debris regularly as leaves provide shelter for larvae.
 - Maintain adequate chemi-

cal residuals.

- · Use a biological pesticide in your pool if you will be away and cannot maintain the pool. (i.e., Bti Briquettes, Mosquito Dunks.)
- · Do not let water accumulate in swimming pool covers - elevate covers in the center with flotation devices to prevent ponding.
- · Remove or fill-in pools that will not be used.
- Empty or cover child's swimming/wading pools when not in use. ###

Children's Catastrophic Illness Fund

New Jersey offers the Catastrophic Illness in Children Relief Fund (CICRF) for families overwhelmed by medical bills for children. The CICRF helps New Jersey families, regardless of income, whose unreimbursed medical and related expenses are becoming a financial burden.

To qualify, uncovered eligible expenses must be greater than 10% of the family's first \$100,000 of income, plus 15% of any excess income over \$100,000. For more information, call 1-800-335-FUND (3863). ###

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Acetaminophen is sold under a large number of over the counter names plus it is prescribed combined with other drugs using names which never suggests that the drug contains acetaminophen, such as Vicodin, Percocet, and Darvocet.

It is used in combination to enhance the effect of the other medication. Darvocet has been banned in England and recently the FDA called for stronger warnings explaining the possibility of overdose and suicide risk. The FDA will also decide whether to keep Vicodin and Percocet on the market due to its high risk for acetaminophen overdose.

The effective dose of acetaminophen and the toxic dose are quite close in amount. Most people would never think but in the US the most common cause of acute liver failure is acetaminophen overdose.

On average there are close to 60,000 emergency room visits and 500 deaths per year due to taking too much acetaminophen.

Let me follow up by saying that the appropriate use of acetaminophen, whether short or long term, will not have a serious effect on the liver and there is no need to monitor one's liver enzymes for injury.

However, if combined with alcohol or other medicines that either contain acetaminophen or affect the liver directly, acute liver failure can occur and unfortunately the symptoms are similar to those one gets during the flu - nausea, vomiting, and upper abdominal pain.

So if the symptoms of the flu appear to be getting worse, most people take additional doses, which most cold and flu remedies contain acetaminophen further damaging the

I urge anyone combining pain medications with cough, cold, or flu remedies to check if acetaminophen is listed as an active ingredient or just ask your pharmacist to be sure. I will not be surprised if in the near future that acetaminophen dosages are changed along with explicit warnings added to the package. It might also be possible that the extra strength version will be changed from over the counter status to prescription only to allow for better monitoring of duplicate therapy.

Sam Papasavas, RPh, is owner and Pharmacist at Be-Jay Drugs, 450 Boulevard, Hasbrouck Heights, NJ, 201-288-0404, www.bejaydrugs.

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Fitness Tips

By Joann Glussich

Three Steps to **Overcome Overeating**

Let's face it, the extra pounds you're carrying around are due to overeating - plain and simple.

Why do you overeat? Here are a few likely reasons:

• Habit: Whether you realize it or not, you eat in a learned pattern, rather than out of need. You clean your plate because that's what your mother taught.

You eat what is served without stopping to check if you are full. You butter two pieces of toast for breakfast rather than questioning if one piece would do the job.

- Absent minded: You forget to pay attention when you eat. Mindless munching while watching a movie, snacking while driving, or picking at food while cooking - these absent minded calories really add up.
- Something Deeper: Sometimes you use food for

recreation or to change your mood. These calories may lend you a temporary sense of comfort or pleasure, but ultimately your body suffers from the indulgence.

Here are 3 Steps To Overcome Overeating - read these, and apply them to your life.

• Step #1: Pay Attention... Be aware of what and how much you eat. This simple concept will save you from hundreds upon hundreds of calories each week.

To apply this rule, don't eat while your attention is distracted by another activity. This means turn off the T.V., get out of your car, and no matter what you do, don't graze in the kitchen while cooking.

• Step #2: Practice Bal**ance...** Be aware of the types of food that you eat during each meal, and make sure that it's balanced. When you eat a balanced diet filled with lean

protein, whole grains, lots of veggies, a few daily servings of fruit and limited fat and sweets, your body will be satisfied and you'll lose the urge to overeat.

This means you shouldn't always eat carb-based meals, and you also shouldn't always eat high-fat meals.

Make a mental checklist of the food groups that you've eaten each day. Did you eat lean protein? Did you have plenty of vegetables? Did you refrain from eating more than one or two primarily carb-based meals? This mental checklist will save you from making food decisions that you'd later

• Step #3: Be Tuned In...

Your body will always tell you when its hunger has been satisfied - you've just gotten so good at ignoring the signs. It's time to take a deep breath and listen to your body.

An important part of being tuned in is to eat slowly. Once you start to pay attention you'll notice a point when each bite becomes less and less

Moonachie EMS Clothing Drive

The Moonachie First Aid and Rescue Squad conducts an on-going fund-raiser to support their activities.

Area residents are encouraged to donate their unused clothing (men's, women's, children), shoes, handbags, belts, scarves, ties, hats, bedding, curtains, tablecloths, towels, stuffed animals, etc.

These items are sent to resale stores and should be in serviceable condition.

Bring all items in black garbage bags and drop them off anytime in the green bin along the fence at the Squad Headquarters, 121 Moonachie Road. ###

satisfying. That is your body's way of letting you know that you've had enough and that each continued bite is simply overkill (yes, even if you're only halfway through that plate

By learning how to control your eating habits, you'll find weight loss to come simply and naturally.

Want to speed up your weight loss, make it permanent, and shape your body at the same time? I've got what it takes to get you there! No guess work, no fad diets, and no super long workouts.

Call today to learn more about my fitness and fat loss programs that will quickly change your life.

No More Clean Plates

You know that portions are now larger than ever. Do you really need to eat all of that food?

Of course you don't. It is time to release yourself from the obligation to eat every morsel on your plate. Start by leaving one or two bites.

Soon you will find that you naturally stop eating when you're full – even if your plate isn't empty.

Joann Glussich, Certified Personal Trainer and owner of Contours Express, 1 South Main Street (Lodi Mall), Lodi, NJ 973-777-4494, www.contoursexpress.com/lodinj ###

Real Estate Insight

By Mary Ellen Courtney



Getting Your Money's Worth Out of A Realtor

Here are a few pointers on finding a Realtor worth his/her salt (i.e., worthy of a commission!). Because service means more than simply listing your property on the MLS!

- 1. Make sure your Realtor has a plan for your property. He/she should be able to spell out what they are going to do and explain why it's important. Ask to see a Marketing Plan!
- 2. Your agent should also manage your listing diligently. Will ads be renewed as needed? Has information changed? Updates, price reductions and the like don't help much if they're not being displayed everywhere that the listing is posted. Make sure the Realtor knows how to market & manage your listing properly.
- 3. Is there a strong online presence? Your Realtor needs to have one. He should be utilizing the web to market your property and also, himself. This is because most people go online to look for a new property before contacting a

Realtor. Statistics suggest as high as 90%!

- 4. Does your Realtor know how to take good photos? What kind of camera does he use? A photo is worth a thousand words. The more. the better!
- 5. What about basic staging? Your agent should be able to give you some good pointers and should always make sure the property is ready to show before showing.
- 6. Signage. A no-brainer but yet many agents neglect to put it out and ensure that it's visible.

What about the company your agent works for? Does it have national presence? How much exposure does its website get? Where do its advertising dollars go? What type of support network is available to its agents? Does it provide training seminars or courses to keep your agent up to speed with the industry and market?

Mary Ellen Courtney is owner of Gateway Realtors, 201-288-0004. www.Gateway-ToHomes.com ###

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August 2009 **Heights Senior Calendar**

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, August 3, 10, 17, 24, 31 10:00 a.m. to 1:00 p.m. Games, cards & coffee

Tuesday, August 4, 11, 18, 25 10:00 a.m. Line Dancing \$1.00 2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, August 19, 26 10:00 a.m. Wii Bowling League

2:00 p.m. Senior Paced Aerobics \$1.00

Thursday, August 6, 13, 27

10:00 a.m. to 1:00 p.m. Games, cards & coffee 2:00 p.m. Senior Yoga \$1.00

Friday, August 14, 28

10:00 a.m. Fun Bingo

Friday, August 7, 21

10:00 a.m. Games, cards & coffee

1:00 p.m. Movies

Check Center Bulletin Board for listings

Senior Wellness Luncheon Thursday, August 20 • 1 p.m. to 3 p.m.

Hasbrouck Heights Seniors Only Hosted by the Hasbrouck Heights Board of Health Lunch provided by Wellington Health Care

CLUB ACTIVITIES

Annual Summer Get Together August 12, 2009 at 12 p.m.

Tickets are \$2 for paid up members. No tickets will be sold at the door. No outside guests.

Finger Lakes Trip

September 13-16, 2009

A four day, three night trip is being planned to the Finger Lakes in New York. Cost is \$789 for single, \$639 for double and \$589 for triple occupancy. Interested members should turn in a \$100 deposit. For more information contact Pat at 201-288-1674 or Grace at 201-288-1614.

Desperate Housewives

October 21, 2009 at 11:30 a.m.

Charlie Brown's in Carlstadt. For \$42 you can enjoy a hot buffet and be involved with the lives of desperate housewives of New Jersey.

Transportation not provided. Tickets on sale in

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CORPORATE ACCOUNTS WELCOME

8th Annual Senior Picnic a Success

The 8th Annual Senior Picnic was held on Thursday, July 16, 2009. For the third year in a row, it was held at the Senior Center instead of Woodland Park. The location was ideal for a picnic. The park's seating is limited and required seniors to bring their own chairs. More than 185 local seniors signed up to attend this year's event and tables where set up to accommodate 200 people. Almost every seat was occupied.

The usual food was served, hot dogs, hamburgers, all types of salads, soda, water, coffee, chocolate cake, ice cream and watermelon. A new addition to the menu was pickled beets and they were a treat. Marge from Henry's Deli and her staff prepared the food, which was plentiful and delicious. The students who were working for the Recreation Department served the food.

Peter Lieberman provided the entertainment. He always plays great music to dance to or just enjoy hearing. No picnic would be complete without him. Local resident, Edith Avella, sang two songs accompanied by Mr. Lieberman. She still enjoys the musical ability to sell a song which she mastered when she sang with





the big bands.

Borough Clerk Rose Marie Sees did an excellent job preparing for the day. She is well organized and was involved with everything that was taking place. The food was distributed at two serving stations this year. The serving of the food

went smoothly, seniors picked up anything they wanted to eat or drink. Hamburgers were distributed to each table by the staff.

Mayor Rose Heck was there to greet the seniors and join in the festivities. Story and photos by Peter Gallo Jr. ###

United Way Launches Cool Homes Program

Bergen County United Way has launched its "Cool Homes" program and is providing window air conditioner units to low-income residents of the county whose health and well-being may be adversely affected by the heat and oppres-

Wood-Ridge Radio Broadcasts

at 1580 AM

sive humidity characteristic of New Jersey summers.

Tom Toronto, President of Bergen County's United way urges anyone whose health is at risk and would benefit from the program to call 2-1-1. ###

VFW Blood Drive

VFW Post 809, 100 Main Street, Little Ferry, will host a blood drive on August 11, 2009 from 5 p.m. to 8 p.m. For more information call 201-641-6226.





· Westwood, New Jersey ·

Masch Miniature Crafts on Display

In August, The Free Public Library of Hasbrouck Heights is featuring the works of artisan, Al Masch.

Mr. Masch creates miniature crafts which will astound you in their creativity and uniqueness.

The collection ranges from wrought iron furniture to shopping carts to shadow boxes and many more fun and interesting

Mr. Masch was a graphic artist. He designed and built stage settings for training film productions. There he developed a passion for miniaturization and that passion became a vocation. His miniatures have been sold all over the world.

He was nominated as a "Fellow" in the International Guild of Miniature Artisans.

Mr. Masch is a long time resident of Hasbrouck Heights and an active member in the community.

Call 201-288-6653 to have your collection displayed for one month at the Library.

Rothman Town Hall Meeting Aug. 13.

Congressman Steve Rothman will hold a Town Hall Meeting on Friday, August 14, 2009, from 10 a.m. to 12 p.m., at Teterboro Borough Hall. Open to area residents. ###



Reflections

to the needy, of which most do

take a vacation from doing

this. This time of the year we

find our food pantries at an all

time low, we find donations to

Church and charities low as

well. Sometimes we need to

be reminded that the needs of

God's people are here all year

round not just during Thanks-

gifts, the most important one

being the gift of faith. Let us

use our gifts of time, talent, and

treasure all year round to help

remember all of the young

men and women going off to

college, the missions, or for

work far from home. May the

peace and love of Christ be

with them and those they leave

Let us also pray for and

and uplift those in need.

God has given us so many

giving and Christmas time.

But we can never, ever

with a gracious heart.

A Time to Rest and a Time to Continue

By Deacon Vincent DeFedele Corpus Christi Church

"Since on the seventh day God was finished with the work He had been doing,

He rested on the seventh day from all the work He had undertaken." (Gen. 2:2)

This is the time of the year when most families are planning to take a break from work and make plans to travel. The Bible tells us that even God took a break from "all the work" He had done. It is a time to look forward to and enjoy no matter if it is travel by air, boat, train, bus, or car.

Some of us may have changed our plans due to the current economic times or a family situation, but none-theless, will take the time for rest and relaxation. After all, it is something that we need and deserve to reenergize and refresh us in a world full of business and uncertainty.

While we are on vacation, we need to let go of our cares and responsibilities at work. We need to leave behind all the things that stress us out so we can have a peaceful and happy time with those we love.

We must also remember that when we travel we always have a companion who never leaves our side and is always there when we need Him.

The reason I bring this up is that some of us forget while we are resting and having a good time not to leave God behind.

Wherever we are we should make an effort to attend Church services and take time out to spend with the Lord.

This time spent in prayer can also be renewing and refreshing. We are always in need of conversion. Our hearts and minds are bombarded on a daily basis with ungodly images and harsh words that tarnish and even damage our spirits. So why not renew not only our bodies and minds but our souls as well.

Jesus tells us to feed the hungry, give drink to the thirsty, clothe the naked, visit the sick and imprisoned, give

Have you made God smile today?

Knights Seek Members

Catholic Christian men who want to get involved in works of charity, and make a difference within their Parish and community, are invited to join the Knights of Columbus. They are a growing Christ centered charitable organization where you can share and use your God given talents.

For information call: Assumption Church -- Russ at 201-728-4102; Corpus Christi Church -- Mike at 201-288-4844 #2#5; and St. Joseph Church -- Bob at 201-303-0097.

Prayerful Reflection

Silent Retreat

Christus Rex Catholic men's silent retreat is scheduled for the weekend of October 23-25 at the Jesuit Loyola Retreat House in Morristown, NJ. Free will offering. Retreat house details at: www.loyola.org. Call 201-288-8656 for more information. You owe it to yourself to attend at least one silent retreat in your lifetime.

Pray for Peace

We Are Moving to 220 Boulevard During August Both locations should be open during the move.



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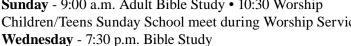
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Sunday - 9:00 a.m. Adult Bible Study • 10:30 Worship Children/Teens Sunday School meet during Worship Service





Church Schedules: Lodi

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Rev. Michael Marotta, C.R.M, Pastor

Rev. Americo Salvi, C.R.M., Parochial Vicar

Rev. Jason S. Gaganap, C.R.M, Parochial Vical

Rev. Anastacio "Nony" Villaluz, C.R.M, In Residence

Rev. Mr. Steve Marchese, Deacon

Sunday Obligation Masses:

6 p.m. Saturday

7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.

Daily Masses: 7:00 a.m., Noon • **Holy Day Mass Eve:** 7 p.m. **Reconciliation (Confession):** Sat. 4:30 - 6:00 p.m.

Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Church Schedules: Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE

221 Moonachie Road Church Office: 201-641-4919 Rev. Kimberly Chastain, Pastor **Sunday**



9:30 a.m. Children's Sunday School 11:00 a.m. Worship Service

ST. MARGARET OF CORTONA (Little Ferry/Moonachie)

31 Chamberlain Ave., Little Ferry • Office: 201-641-2988

Rev. Arthur Frank Humphrey, Pastor

Sr. Dorothy A. Donovan, S.S.J, Pastoral Associate

Sunday Obligation Masses:

Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon **Daily Masses:** Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m. Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m. Rosary for Peace: First Saturdays after 9 a.m. Mass **Reconciliation (Confession):** Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

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Center: 201-933-6118 • School: 201-933-0239

Fr. Brian Cullinane, OFM, Pastor

Fr. Paul Sinnema, OFM

Fr. Thomas Kelly, OFM

Fr. Cassian Miles, OFM Deacon Nicholas Valdez

Sunday Obligation Masses:

5:30 p.m. Saturday

8:00 a.m., 9:30 a.m., 11:00 a.m.

Daily Masses: (Church)

Mon.-Fri.: 7:00 a.m., 8:00 a.m. • Sat. - 8:00 a.m. **Reconciliation (Confession):** Sat. 11:00 - 12:00 p.m.

Assumption Church/School Websites

Parish: www.assumption-parish.org School: www.assumptionschoolwr.org

FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE

190 Valley Boulevard • Office: 201-438-5559 • 201-438-8966

Rev. Kimberly Chastain, Pastor

Sunday

9:30 a.m. Worship Service

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1st Sunday - 9:30 a.m., Combined CSI & Healing Service 3rd Sunday - 9:30 a.m., Combined Espiscopal Eucharist 2nd & 4th Sunday - 11:00 a.m. Malayalam Service

Vestry Meeting: 2nd Sat. 10:00 a.m.



Choir/Worship Ministry Sets New Goals

The Choir/ Worship Team of Our Lady of Assumption R.C. Church in Wood-Ridge met at the Vivo Ristorante in Lyndhurst to celebrate the end of a season of song and the beginning of a project called "Who I am makes a difference!"; members of the team will seek out and encourage as many people as they can to realize that what they do does make a difference.

Music Minister/Worship Leader Angie Rotella-Suzrez has undertaken a project of her own.

She announced that Pope Benedict XVI declared that the year starting June 19, 2009 and ending June 19, 2010 is a year of the priest in an effort to encourage "spiritual perfection"

Heights Food Bank Seeks Donations

The shelves are a little sparse. The Hasbrouck Heights Food Pantry welcomes donations. Needed items include: beans, canned fruit, juices, pasta sauce, gravies, paper products, all kinds of soaps and cleaning products, shampoo, toiletries, jelly, coffee, tea, cereal, powdered milk, crackers, cookies and snacks. For more information, call the Borough Clerk's office at 201-288-0195.

The Food Bank is supported by food drives held at the Churches, schools, the Scouts, the Library and special programs, the monetary donations that buy food store gift cards and those who drop off bags of groceries at the Borough Clerk's office

The 15-20 families who need help are very fortunate to be able to have a place to come if needed. Borough Clerk Rose Marie Sees said, "A great big thank you for your generosity. It is overwhelming and very much appreciated." ###

in priests.

Because of this she has begun an "adopt a priest" project. Her goal is to have someone commit to pray for one assigned priest from the parish for one week. The basic request is to say one rosary daily for the particular priest whenever and wherever it fits into their daily

schedule.

Members of the worship team and their families have already committed themselves and to date, Ms Rotella –Suzerz has people assigned up until March 2010. Story by Peter Gallo Jr. Photo provided by Assumption Church Choir.



Knight Gets Gavel

The St. Anthony Council #11585, Knights of Columbus from the Assumption Church in Wood-Ridge held its Annual Father's Day Communion Breakfast at The Fiesta on June 21, 2009.

District Deputy Russell D. Petrocelli and Grand Knight Angelo J. Urato presented a commemorative gavel to NJ State Deputy-elect Herbert C. Meyer while his wife, Ann, looked on.

SK Meyer assumed his position on July 1, 2009. As State Deputy he will become the head of New Jersey's more than 61,000 Knights.

Grand Knight Angelo Uraannounced that donations have been made as a result of the recent drive for "People

H.O.P.E.

"HOPE" (Helping Other Parents Endure) is a support group for parents grieving the death of a child. For more information please call 201-288-6886 or e-mail bmmc917@ optonline.net ### with Developmental Disabilities." Checks have been sent to the ARC of Bergen & Passaic Counties, Inc. (\$334.20); the Felician School for Exceptional Children, Inc. (\$334.20); the Transition Center at Wood-Ridge (\$460.00); the Children's Therapy Center (\$460.00); and the United Cerebral Palsy (\$460.00). Photo and story by Peter Gallo Jr. ###

Lodi Feast

The 95th Annual St. Joseph Festival opens Friday, September 4, 2009, at 6 p.m., with rides, games, entertainment, hourly 50-50, a Super 50-50 and the "Best Italian Food." The feast continues through Saturday, Sunday and Monday, from 2 p.m. to 10:30 p.m.

On September 5th and 6th starting at 10 a.m., and September 7th at 9 a.m., the St. Joseph Society, accompanied by the Metropolitan Feast Band, will be marching with a banner of Saint Joseph throughout Lodi, Garfield and Hasbrouck Heights. The Feast will then open at 2 p.m.

On Labor Day, at 3 p.m., there will be a Solemn Procession with the Statue of St. Joseph throughout Lodi, followed by Benediction.

Approximately 25,000 attend. Last year's Super 50-50 winner received over \$10,000. This annual program benefits the St. Joseph Church operating fund. For more information go to: www.saintjosephsociety. org ###



Teterboro Airport Scholarship Golf Classic Sept. 21

Teterboro Airport is holding its 24th Annual Airport Scholarship Golf Classic on Monday, September 21, 2009 at the Forsgate Country Club in Monroe Township, NJ. This Classic is open to the public.

Cost is \$900 per foursome and includes lunch, golf and dinner. Dinner only is \$95 per person.

Schedule is: check-in --10:30 to noon; lunch buffet -- 11:30 a.m. to 1 p.m.; shotgun start (scramble format) -- 1:30 p.m.; cocktail/dinner (casual attire) -- 6:30 p.m.

Contests include putting, closest to pin, longest drive, straightest drive, hole-in-one,

Outing includes two refreshment carts, driving range, golf carts, goodie bags, trophies, etc.

Tournament may be limited to 144 players. Reservations taken for foursomes only and must include payment.

For more information contact John at 201-393-4080. Sponsorships welcome.

Proceeds to benefit Teterboro Airport Scholarships to local area college bound high school students who are majoring in aviation related curriculum. Through 2008, 143 scholarships totaling \$124,250 have been awarded. ###

Children's **Story Time**

The Junior Women's Club of Hasbrouck Heights and The Hasbrouck Heights Public Library will sponsor a weekly children's storytime at The HH Public Library beginning Thursday, August 6, 2009, at 10:30 a.m. to 11:00 a.m. This program will take place every Thursday through August 27th.

All children will have the opportunity to listen to a story, make a craft and enjoy some light refreshments.

Program is open to children 3-8 years of age. To register your child, call 201-288-8911. Please note that space is limited, and Hasbrouck Heights residents will receive first preference. ###

HHHS Class of 1994

The Hasbrouck Heights Jr./Sr. High School Class of 1994 is planning a 15th year reunion for December 26, 2009. For information, or if anyone knows the whereabouts of classmates, please email all inquiries, addresses and phone numbers to hh94reunion@ yahoo.com ###

Kick-off Brunch

On Sunday, October 4, 2009, Moonachie will host a Centennial Celebration Brunch to kick-off the many events planned to commemorate the 100th Anniversaries of the Moonachie Borough, Fire Department and Board of Educa-

Come and enjoy! Bring Family! Bring Friends! Bring Neighbors! The brunch will be held at The Graycliff on Moonachie Road in Moonachie, from 11:30 a.m. to 3:30 p.m.

(You can come when you want, and leave when you

The cost of each ticket will be \$25 per adult, \$10 for children ages 7 to 14 and children ages 6 and under will be free. There will be delicious food, Tricky Trays and a 50/50 Raffle.

Tickets will be on sale beginning September 1st. To purchase tickets and for further information, please contact Ann Patunas, Kathy Kensella, any member of Moonachie's Centennial Committee, or Maureen Flynn at Borough Hall at 201-641-1813. ###

5K Walk Oct. 10th

The 32^o Masonic Learning Center for Children, located at 301 Division Avenue, will sponsor its 5th Annual Hasbrouck Heights 5K Walk to Help Dyslexic Children, on Saturday, October 10, 2009 at Depken Field (Franklin & Route 17).

The course is 5K (3.1) miles.) Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register prior to the event will receive a commemorative "T" shirt at registration. Donations are accepted.

Event will be held rain or shine. Registration starts at 9 a.m. Walk starts at 10 a.m. Refreshments will be available.

Proceeds will go directly to the cost of training tutors and tutoring children.

Make checks payable to CLC Dyslexia Walk and send them to Ms. Joey Dobbs, Hasbrouck Heights Learning Center, 301 Division Avenue, Hasbrouck Heights, NJ 07604. For more information call 201-288-1183 or go to: www. dyslexiawalk.org ###

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Moonachie Centennial HH Touchdown Club Golf Outing

The 10th Annual Hasbrouck Heights Touchdown Club Golf Outing is scheduled for Thursday, August 13, 2009 at the Knoll West Country Club in Parsippany, NJ.

The event features hot and cold buffet from 11:00 a.m. to 12:30 p.m., shotgun start at 1 p.m. (with two rolling beverage carts during golf), cocktail hour from 6:00 p.m. to 7 p.m. followed by a dinner reception from 7 p.m. to 9:30 p.m.

Contests include: closest to the pin, longest drive, etc., plus many prizes. Cost is \$160 per golfer. For more information, call Rich Albanese at 201-288-2921. ###

Garage Sale Aug. 22

The Wood-Ridge Contemporary Club has scheduled a Garage Sale to take place on Saturday, August 22, 2009 from 8:00 a.m. to 4:00 p.m. at the Wood-Ridge Senior Center which is located on Hackensack Street. All are welcome. ###

VFW Flea Market

VFW Post 809, 100 Main Street, Little Ferry, will host a flea market on September 5, 2009, from 8 a.m. to 4 p.m.

Cost for an indoor display table is \$20 and an outdoor display table is \$15. Outdoor vendors must provide their own table. For more information, call 201-641-6226. ###

Enjoy Sunday Football at VFW Post 4591

VFW Post 4591 in Hasbrouck Heights invites fans to watch Sunday football at the Post. Free buffet. Doors open at noon. For more information call 201-288-1112. ###

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24th Annual Steven R. Bizik **Memorial Golf Tournament**

Wednesday, September 16

Valley Brook Golf Club in Rivervale, NJ Check-in: 7:30 a.m. • Shotgun Start: 8:30 a.m. Cost is \$140 and includes:

18 holes of golf with cart, Continental Breakfast, Gourmet Luncheon, 2 hour open bar, entry into prize drawings, beverages, gifts.

Cash Prizes: for skill events \$10.000 hole-in-one • 50/50 raffle Sponsorships are available

Deadline for registration & payment is September 1, 2009 Call 201-288-5224 or 201-288-0752 for more details.

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The Kiwanis Club of Hasbrouck Heights and Teterboro, in conjunction with Bill O'Shea's **Florist**, would like to identify those many "Good Neighbors" from our community.

"Good Neighbor Day" this year is Wednesday, September 9, 2009. This will mark the 13th year Bill O'Shea's Florist will be giving away dozens of roses free on a first come, first served basis, and collecting a

Rutt Joins C21

Century21/Eudan Realty announced that Dorean Rutt has joined their sales team as a Broker-Associate. A Hasbrouck Heights resident for more than 30 years, Dorean has been listing and selling homes in this area since 1981.

Dorean obtained her Broker's license in 1986 and earned the Prestigious GRI designation, (Graduate of Real Estate Institute), in 1990. She has earned membership in the New Jersey Realtor's® Circle of Excellence an amazing 18

Her phone number is 201-288-5533, extension 107. ###

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food donation for the Center for Food Action (CFA). It is also the 4th year that the Kiwanis Club would like to identify and honor those many "Good Neighbors" from our community.

Awards will be presented at a reception on Wednesday, September 9th at 7:00 p.m. at the Senior Center in the Municipal Building.

To submit a nomination, send an essay of no more than 200 words describing their good deeds. Be sure to include his/her name and address as well as yours. Your nomination must be received no later than Saturday, August 22nd.

Nominees should be residents or work in Hasbrouck Heights who have not received a lot of publicity for their volunteer efforts. They need not be a member of a service club, political party, a Church group or other type of non-profit organization. Age is not a factor in selecting the winners.

Send nominations to: Kiwanis Good Neighbor Awards, 257 Roosevelt Avenue, Hasbrouck Heights, NJ 07604. Story by Peter Gallo Jr. ###

Moonachie Flea Market Sept. 12th

A flea market will be held September 12, 2009 at the First Presbyterian Church of Moonachie on Moonachie Road from 9 a.m. to 4 p.m., Rain date is September 19. Vendors wanted. Call 201-874-6297 for more information. ###

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W-R Police Chief's Golf Outing

The 9th Annual Wood-Ridge Police Chief's Golf Outing is scheduled for Friday, September 25, 2009, at the Apple Greens Golf Club in Highland, NY. Cost is \$135 and includes transportation, breakfast, golf w/cart. beverage card, and a dinner comedy show at The Fiesta. The event is a fundraiser for police body armor vest fund and various W-R recreation programs.

For more information call 201-939-2497. ###

See The Mets

VFW Post 4591 will host a Mets outing to the new Citifield to watch the Phillies vs. Mets on August 24, 2009.

A hot breakfast will be served at the Post at 10 a.m. Bus leaves at 11:30 a.m. Hot dogs, sausage and peppers, draft beer and soda will be served upon return to the VFW after the game. Cost is \$60 per person and includes: one ticket and round trip bus ride. For tickets call 201-288-1112 and leave a message. Event is open to the public. ###

Rotary Club **Blood Drive**

The Little Ferry/Moonachie Rotary Club is coordinating a blood drive on Thursday, August 27, 2009, from 11 a.m. to 2 p.m at the Moonachie Civic Center, 125 Moonachie Road. For more information, call Eileen at 201-933-6427 or go to www.communitybloodservices.org. ###

Dinner Dance

The VFW Post 4591 is hosting a dinner dance on Saturday, September 12, 2009, from 7 p.m. to 11 p.m., at the VFW Post, 513 Veterans Place. The public is invited.

Cost is \$30 per person and includes dinner. Open bar. Limited seating. Reservations required. Call Andy at 201-697-9417, or the Post at 201-288-1112 for more information. ###

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Little Ferry \$475,000 Large 48' Bi-level set on 75' x 185' pie-shaped park-like property offering 4 BRs, 2.5 baths, updated kitchen, central air, security system, family room w/sliders to yard & 2 car garage. Tour at: www.gatewayto-homes.com/2911543



Hasbrouck Heights \$329,900
Nice starter Ranch on dead end street with sunny LR, DR, kitchen, 2
BRs and full bath. Finished basement w/FR and ½ bath. Features hardwood floors, central air, attached garage, large shed. Tour at: www. gatewaytohomes.com/2908168



Rutherford \$559,000 Wonderful 2 Family set on corner lot in great location. Beautiful 1st floor apt. with EF, EIK, LR, sunroom 2 BRs & 1.5 baths. 2nd/3rd floor apt. w/3 BRs & full bath. Part fin. basement w/full bath. Separate utilities, Newer roof & electric. Tour at: www. gatewaytohomes.com/2919376



Lodi \$285,000
Tudor style Cape offers 3 BRs & 1.5
baths, LR w/fpl., DR, & kitchen w/
side entrance, Amenities include:
finished basement, hardwood floors,
2 car detached garage and young
roof and utilities. Tour at: www.gatewaytohomes.com/2923707



Lodi \$519,000

Beautiful, like-new 4 BR, 3 bath Colonial set in a cul-de-sac. Features large granite & cherry EIK, FLR, DR & Great Room, large fin. basement. Very large MBR suite w/bath, C/A, fenced in yard and one car detached garage. Tour at: www.gatewaytohomes.com/2920466



Maywood \$339.000 Immaculate 3 BR Ranch, centrally located on quiet dead end street. Hardwood floors, C/A, fenced yard, full part finished basement w/ laundry & bonus room, Close to NYC trans. Very low taxes!! Tour at: www.gatewaytohomes.com/2930386



Hasbrouck Heights \$529,000 Nice 2 Family in central location. 1st floor: LR, FDR, EIK, 3 BRs & bath. 2nd floor, LR, EIK 2 BRs and bath. Basement is finished w/Indry room, summer kit & 2 add. rooms & bath. Nice size yard, separate utilities and 2 car garage. Tour at: www.gatewaytohomes.com/2925763



Wood Ridge \$625,000
Beautiful custom built 3/4 BR, 2.5 bath Ranch, large tiled EF, FLR & DR w/hwd. flrs. Large mod. EIK w/dining area. 1st floor family room & laundry room, finished basement w/ sum. kit, FR, BR & bath. C/A, attached garage. Tour at: www.gatewaytohomes.com/2931961



Rutherford \$589,000 Gorgeous completely renovated 4 BR, 3 bath Colonial w/large EF & hall leading to custom kitchen wcorian & granite, LR & DR w/hardwood floors, beautiful 15 x 20 FR, finished basement, 4 zone heat, detached garage. Tour at: www.gatewaytohomes.com/2928980



Wood Ridge \$479,900
Beautifully updated 5 BR, 3 bath Colonial. Offers LR w/fireplace, formal DR and newer kitchen. Large MBR w/2 walk-in closets & cath. ceiling, bath w/jetted tub, hrdwd. floors, finished basement, C/A, garage. Tour at: www.gatewaytohomes.



Lodi \$320,000 Charming 3 BR home w/rocking chair porch is located on a quiet street & set on 125' deep lot. Offers generous size LR, DR, kitchen w/mud room & o/e to yard. Full basement w/high ceilings, C/A, hardwood floors, and garage. Tour at: www.gatewaytohomes.com/2918529



Hasbrouck Heights \$469,900 Lovely 2 Family home w/many updates set on oversized lot w/private yard & large deck. 1st floor w/LR, DR, newerEIK, 2 BRs & 2 baths, 2nd floor has 1 BR apt. Offers C/A, full high basement w/OE and half bath. Tour at: www.gatewaytohomes.com/2923761



Washington Twp \$500,000 Short Sale!! Opportunity! Spacious Extended Family Home. 1st & 2nd floors offer FLR, DR, 3 BRs & new kitchen. Finished basement, two tier decking to inground pool & hot tub. Nicely manicured fenced yard & 2 car garage. Tour at: www.gatewaytohomes.com/2901947



Hasbrouck Heights \$459,000 Commuter's delight offering 5 BR's and 2 full baths. Perfect for the extended family. Amenities include MEIK w/DA, large LR, hardwood floors, finished basement, C/A, sprinkler system and paver patio. Tour at: www.gatewaytohomes. com/2918893



Garfield \$384,900 Move right in expanded 3 BR, 2.5 bath Cape set on oversized lot w/large LR, MEIK w sliders to deck overlooking private yard, hardwood floors, C/A, security, sprinklers, finished basement w/bath and garage entrance. Tour at: www.gatewaytohomes.com/2842264

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