

The Gazette

Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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August 2010

★★★★★



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Will 2010 beat previous scorchers? The few summer showers just made it steamy. It was even too hot for BBQs -- Seniors held their annual picnic indoors (*page 27*). Weather expert Dan Ventola offers his thoughts (*page 30*). The weather during the Annual Children's Patriotic Parade was brutal, as the pup above will attest. Dog Days? See *page 26*.

Dog Days of Summer

Hasbrouck Heights Jr. Police Academy Page 10	Patriotism Celebrated Pages 12-13	Wetdown in Little Ferry Page 19	Gardens in the Garden State Pages 16-17	60th Anniversary of the Forgotten War Page 28
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Lodi Feast

The 96th Annual St. Joseph Festival opens Friday, September 3, 2010, at 6 p.m., with rides, games, entertainment, hourly 50-50, a Super 50-50 and the “Best Italian Food.” The Feast continues through Saturday, Sunday and Monday, from 2 p.m. to 10:30 p.m.

On September 4th and 5th, starting at 10 a.m., and September 6th at 9 a.m., the St. Joseph Society, accompanied by the Metropolitan Feast Band, will march with a banner of Saint Joseph throughout Lodi, Garfield and Hasbrouck Heights. The Feast will then open at 2 p.m.

On Labor Day, at 3 p.m., there will be a Solemn Procession with the Statue of St. Joseph throughout Lodi, followed by Benediction.

Approximately 25,000 attend. Last year’s Super 50-50 winner received over \$10,000. This program benefits the St. Joseph Church operating fund. For more information go to: www.saintjosephsociety.org ###

Football & NASCAR at VFW Post 4591

VFW Post 4591 in Hasbrouck Heights invites fans to watch Sunday football and NASCAR at the Post. Doors open at noon. For more information call 201-288-1112. ###

Wings & Wheels Expo 2010

The Aviation Hall of Fame is sponsoring the Wings & Wheels Expo 2010 on September 25 & 26 at Teterboro Airport. Various aircraft are currently being scheduled for this event to include the B-17 (Yankee Lady). Last year’s aircraft included: F-4U Corsair, TBM Avenger, C-47 Dakota, B-25 Mitchell, C-54 Spirit of Freedom, etc.

Active duty service personnel and Veterans wearing their VFW or American Legion Cap are admitted free.

The Expo anticipates presentations of exotic, antique and custom cars and military vehicles. The Army Air Force Historical Association will again provide an extensive display. Additional attractions will include vendors/exhibitors. The 2009 event may be viewed at: www.the-gazette-newspaper.com/ (pages 14-15) October 2009 issue. ###

HH Town Day

Hasbrouck Heights organizations should mark their calendar for participation in Town Day scheduled for Saturday, September 25, 2010, from 10 a.m. to 3 p.m., in Woodland Park. Rain date is October 2nd. Contact the Recreation Department at 201-288-4143 to reserve your table/space. ###

Eastern Air Lines DC-7B Airliner at TEB in August -- Flights Available

Three sightseeing flights on board the Historical Flight Foundation’s completely restored 1958-era Eastern Air Lines Douglas DC-7B have been scheduled for August 12, 13 and 14, 2010 from Teterboro Airport in Teterboro, NJ.

The flights will last for approximately 60 minutes with seats priced at \$300 each. Money raised from this event will benefit the Historical Flight Foundation and the Aviation Hall of Fame and Museum of New Jersey.

To make reservations to fly aboard this historic symbol of the “Golden Age of Air Travel” please go to: <http://hffshop.com/thfrsaa121.html>

If you have any questions contact Roger Jarman of the Historical Flight Foundation at 305-883-2012 or at roger@historicalflightfoundation.com



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Call for a FREE analysis of your heating system. See if upgrading your equipment is right for you. There is no cost or obligation.

Call John Depken if you have any questions that you would like answered in this column



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Centennial Softball Tournament 2010

On Sunday, June 27, 2010, at Tucci Field, Moonachie held a Centennial Softball Tournament to benefit the Moonachie Centennial Celebration.

The teams included fire-fighters, police, first aid members, school, and members of the community.

The event was sponsored by Moonachie Municipal Alliance. Thanks to the players, volunteers and fans for helping to make this event a success! ###

ment to benefit the Moonachie Centennial Celebration.



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card purchases, one monthly direct deposit or ACH, and sign up to receive e-Statements.

Kearny Federal Savings Bank encourages customers to enroll in High Yield Checking and take advantage of the money they can make on the account.

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To find out more, visit Kearny Federal Savings Bank online at www.kearnyfederal-savings.com or at one of their convenient locations.

Disclosure: *Annual Percentage Yield (APY) accurate as of 02/12/10. Minimum to open account is \$50. Rate tiers

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WRFD Breakfast Oct. 24

The Wood-Ridge Fire Department will host a breakfast from 7 a.m. to 1 p.m. at Fire Headquarters. Menu includes eggs, juice, coffee, donuts, etc. Cost is \$5 pp. ###

Kiwanis Seeks Nominations for Good Neighbors

Do you know a good neighbor who is always willing to lend a helping hand, give advice, listen to your problems, or maybe drive you to shopping, etc.; someone who is not looking for monetary gain or personal reward; or someone who has extended himself or herself to you in a crisis? If you do, now is the time to have him or her recognized.

This is the 5th year that the Kiwanis Club of Hasbrouck Heights and Teterboro would like to identify those many “Good Neighbors” from our community.

Awards will be presented at a reception on Wednesday, September 1, 2010, at 7:00 p.m. at the Senior Center in the Hasbrouck Heights Municipal Building.

To nominate, all you have to do is submit an essay of no more than 200 words describing the nominee’s good deeds. Be sure to include his/her name and address as well as yours. Your nomination must be mailed to the address listed below and received no later than Friday, August 20th.

Nominees should be residents or work in Hasbrouck Heights and who have not received a lot of publicity for their volunteer efforts. They need not be a member of a service club, political party, a Church group or other type of non-profit organization. Age is not a factor in selecting the recipients.

Send nominations to: Kiwanis Good Neighbor Awards, 257 Roosevelt Avenue, Hasbrouck Heights, NJ 07604 ###

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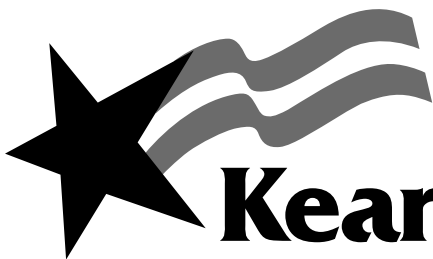
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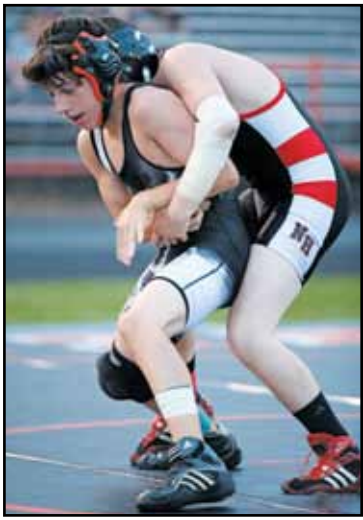
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Rumble in Heights Under the Lights

Hasbrouck Heights/Wood-Ridge Wrestling program hosted a scrimmage match under the lights at Depken Field, starting at 8 p.m. on July 16, 2010. About 50 wrestlers from Hasbrouck Heights/Wood-Ridge, North Bergen, Northern Highlands, Paramus, Ramsey, Rutherford, and Warwick participated in about 40 matches during a very hot night. ###



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Teterboro Airport Scholarship Golf Classic Sept. 13

Teterboro Airport is holding its 26th Annual Airport Scholarship Golf Classic on Monday, September 13, 2010, at the Wild Turkey Golf Club, Crystal Springs Resort (*Ham-burg, NJ*). This Classic is open to the public.

Cost is \$900 per foursome and includes lunch, golf and dinner. Dinner only is \$95 per person.

Schedule is: check-in 11:00 a.m. to 12:30 p.m.; lunch buffet 11:30 a.m. to 1:00 p.m.; shotgun start 1:00 p.m. (*scramble format*) -- cocktail/dinner (*casual attire*) 6 p.m.

Contests include closest to pin, longest drive, straightest drive, hole-in-one, etc.

Outing includes two beverage carts, driving range, golf carts and goodie bags.

Tournament may be limited to 144 players. Reservations must include payment.

For more information contact John or Sergio at 201-393-4080. Sponsorships welcome.

Proceeds to benefit Teterboro Airport Scholarships to local area high school students who intend to pursue higher education in one or more of the following fields: aviation/aerospace, engineering (all disciplines), environmental studies, mathematics, physics, chemistry and science

Through 2009, 152 scholarships totaling \$137,750 have been awarded. ###

HH Touchdown Club Golf Outing

The 11th Annual Hasbrouck Heights Touchdown Club Golf Outing is scheduled for Wednesday, August 11, 2010, at the Mine Brook Club in Hackettstown, NJ.

The event features lunch from 10:30 a.m. to 11:45 p.m., shotgun start at noon, two rolling beverage carts during golf, dinner reception follows golf. Contests include: closest to the pin, longest drive, most accurate drive, beat the pro on par 3, etc., plus many prizes. Cost is \$125 per golfer. For more information, call Rich Albanese at 201-288-2921. ###

Bizik Memorial Golf Tournament

The Hasbrouck Heights Men's Association is sponsoring the 25th Annual Bizik Memorial Golf Tournament on Wednesday, September 15, 2010, at the Valley Brook Golf Club in Rivervale, NJ.

Check-in is at 7:30 a.m. and shotgun start is at 8:30 a.m. Cost is \$140 and includes: a round of golf, cart, continental breakfast, gourmet luncheon and two hour open bar.

There will be cash for skill events, hole-in-one prize of \$10,000 and a 50/50.

Hole/tee sponsorships are available for \$150 and a sign will be posted. Contributions are welcome.

Proceeds benefit the Hasbrouck Heights Men's Association Scholarship Fund. Scholarships are given to Hasbrouck Heights students graduating from high school. Deadline is September 1st. For more info, call 201-288-0752 or 201-952-9488. ###

5K Walk Oct. 9th

The 32nd Masonic Learning Center for Children, located at 301 Division Avenue, will sponsor its 5th Annual Hasbrouck Heights 5K Walk to Help Dyslexic Children, on Saturday, October 9, 2010 at Depken Field (*Franklin & Route 17*).

The course is 5K (*3.1 miles*). Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register prior to the event will receive a commemorative "T" shirt at registration. Donations are accepted.

Event will be held rain or shine. Registration starts at 9 a.m. Walk starts at 10 a.m. Refreshments will be available.

Proceeds will go directly to the cost of training tutors and tutoring children.

Make checks payable to CLC Dyslexia Walk and send them to Ms. Joey Dobbs, Hasbrouck Heights Learning Center, 301 Division Avenue, Hasbrouck Heights, NJ 07604. For more information, call 201-288-1183 or go to: www.dyslexiawalk.org ###

Yield to Pedestrians

W-R Police Chief's Golf Outing

The 10th Annual Wood-Ridge Police Chief's Golf Outing is scheduled for Friday, September 24, 2010, at the Apple Greens Golf Club in Highland, NY.

Cost is \$140 per golfer and \$560 for foursome entry (*dinner only is \$75*), and includes bus transportation (*reservation only*), breakfast, golf w/ cart, hole-in-one contest, gifts, prizes, etc. Shotgun start at 11 a.m./scramble format.

Starting at 6:30 p.m., there is an open bar, cocktail hour, buffet dinner and comedy show at The Fiesta.

The event is sponsored by the Wood-Ridge PBA Local 313 and is a fundraiser for police body armor vest fund and various W-R recreation programs.

Please RSVP by September 3, 2010. For more information, call 201-939-2497. ###

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BBQ Grill Safety

The backyard barbecue is a summer tradition enjoyed by many area residents. The Moonachie Fire Department urges outdoor chefs to be cautious when cooking outdoors.

Keep a fire extinguisher handy. Grills should not be placed next to your home's wall, underneath porches or overhangs, and never indoors.

Be sure to monitor active grills. Wear protective mitts or gloves while barbecuing.

Do not store gasoline or other flammable substances in the grill's vicinity.

Never move a grill or cover a grill if it is still hot. Always keep curious children away from hot grills. When a gas grill is not in use, remove control knobs and store them

inside, away from children.

Lighting a charcoal grill requires caution. Use only the appropriate amount of lighter fluid, and NEVER substitute gasoline, kerosene or other flammable liquids for lighter fluid.

Adding starter fluid after the grill fire has been ignited is extremely hazardous as flames may jump out.

Charcoals should be left to burn out in your grill. Do not dispose of charcoals in trash cans or bring them indoors. Soak coals in water to ensure they are out.

Routinely clean ashes from the grill and inspect for holes or loose fittings.

Lighter fluids and "quick-start" charcoal should be stored

outside and away from the home.

Gas grills should be cleaned at least once each season. Spiders often make their homes inside the components, and their webs can block off gas intake and damage your grill.

Use only a gas cylinder designed to store propane and only use a reputable propane supplier to fill it. If a new cylinder is being filled for the first time, tell your supplier so air can be removed.

Most gas grill accidents are caused when propane tanks are hooked up incorrectly. Make sure the cylinder is equipped with an OPD (Over-Pressure Device). When changing propane cylinders, test the connection for leaks with soapy water and tighten as necessary.

Propane gas is odorless. A "rotten egg" odor is put into the

gas so that it's easy to detect if a leak occurs.

If you smell the "rotten egg" odor near or around your propane gas cylinder, immediately contact the Fire Department.

When not in use, keep the valve tightly closed and plugged with the "POL" left-handed thread plug. This will seal the propane gas cylinder and help prevent leaks if the service valve is accidentally opened.

Never store propane gas cylinders inside an enclosed structure -- store and use outdoors only.

Handle cylinders gently -- dents, gouges and rust can weaken cylinders.

Always keep cylinders upright and, when transporting, secure it in position. Keep your vehicle well ventilated when

transporting cylinders.

Don't leave cylinder in a vehicle -- sitting in a hot vehicle can cause the safety relief valve to discharge gas!

No propane gas cylinder should be scrapped, destroyed, cut with a torch, punctured or have the service valve removed by the public. Disposal in the municipal solid waste stream is prohibited. ###

Summer Safety

The Wood-Ridge Fire Department offers these summer safety tips regarding hazardous materials.

Store gasoline in safety cans manufactured and labeled for that purpose.

Gasoline should never be stored inside your home because vapors can travel to a flame source and ignite. Gasoline should be stored outside, or in a well ventilated shed.

Don't refuel lawn mowers, trimmers, edgers or other gasoline powered equipment while hot because the fumes may ignite and start a flash fire. Allow the equipment to cool. Use a funnel to prevent spills.

Keep fertilizers and pool chemicals away from gasoline, oil and fuels. Pool chemicals (*chlorites*) and fertilizers (*nitrates*) are strong oxidizers and react violently with fuel vapors (*hydrocarbons*).

Powdered and pellet chlorine should be kept in a cool, dry place. If water enters a chlorine container, it can react and possibly explode.

Never add water to chlorine -- add chlorine to water to prevent a splash or violent reaction. Pesticides should not be accessible to children or pets and should be kept in tightly closed containers in a cool, dry place.

It is important to follow the instructions on the label for use and application. If exposed to pesticides, rinse the affected materials off immediately and seek emergency treatment. Bring the container with you to the medical facility if possible. ###

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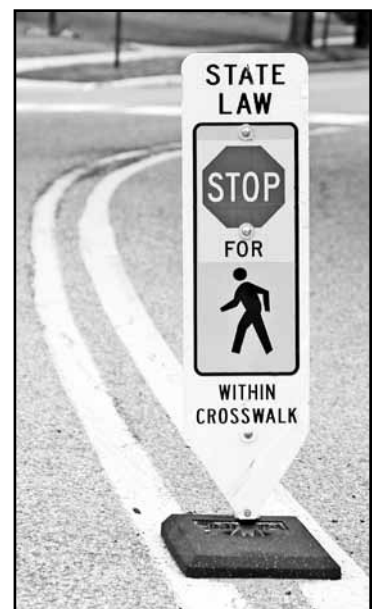
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**Stop for Pedestrians
in Crosswalks**

Enchantment Under the Sea: A Night of Family Fun at the Hasbrouck Heights Library

Explore the magical underwater kingdom of the Seven Seas at The Free Public Library of Hasbrouck Heights on Friday, August 6, 2010, starting at 7 p.m. and lasting until 1 a.m. Costumed characters, a 3D Movie Screening: "Sea Monsters—A Prehistoric Adventure," Wii games, Water of Life storytelling, a game show, special music by Chip Dee Music Academy and a concert by songwriters/musicians, Presley & Melody, are planned.

All are welcome to attend. Cost: \$2 donation for children under 12 years old and \$5 donation for anyone 12 years of age and older to help defray the cost of this event. Lots of Seaworthy Snacks to munch on. This program is made possible through the generous support and funding provided by The Hasbrouck Heights Friends of The Library. Call 201-288-0488 for details or visit us online at <http://hasbrouckheights.bccls.org/>

Summer Happenings at The Hasbrouck Heights Library

Children from Birth to Grade 6
"Make a Splash @ Your Library" is this year's summer theme for The Children's Department at The Free Public Library of Hasbrouck Heights. Anyone between the ages of birth up to Grade 6 may play the Reading Game. Children may read or listen to up to 3 books per week listed on a colorful chart, kept in the Children's Room. Each week, they get a puzzle piece to paste on their charts. For every 3 picture books read, or for every chapter book of at least 100 pages read they will receive a "treasure coin." Use it to purchase small prizes at the Pirates' Treasure Trove. Each child who reads 9 books wins a Reading Game certificate and a coupon for a free ice cream sundae at the **Hasbrouck Heights IHOP**. Children attending Hasbrouck Heights Public Schools will get extra credit on their reading grades in the Fall. Each child who reads 24 books will get all of the above, plus a prize. Registration has begun. The Game ends on Friday, August 20, 2010. Students of Corpus Christi School are always welcome to participate.

Programs for Teens
Two book discussion sessions for students entering Grades 7 through 12 are offered. Speak Out! book discussion group will meet on Tuesday evenings from 7-8:30 p.m. Designed for students entering Grades 10-12.

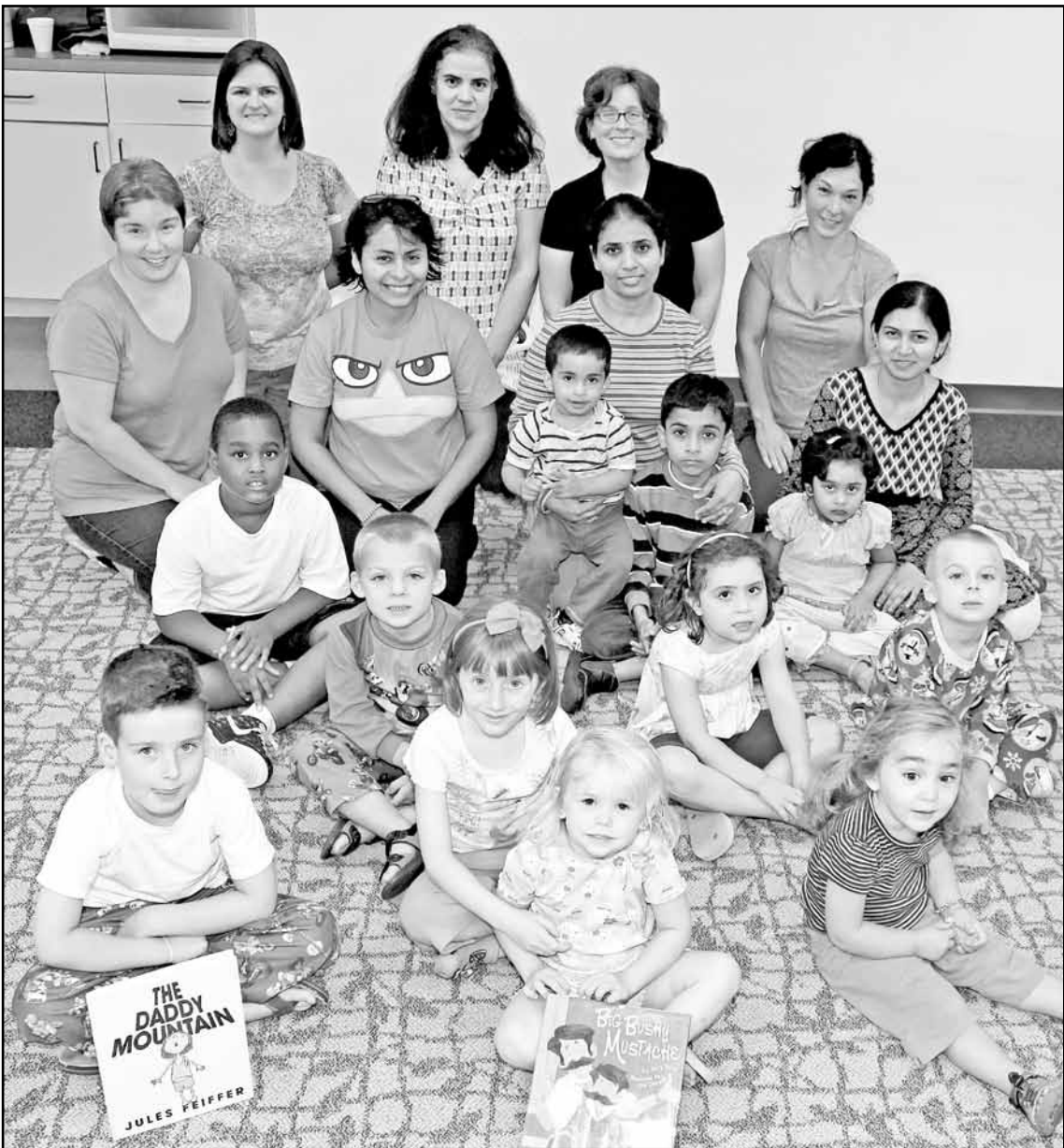
Talk it Up! is reserved for students entering Grades 7-9 and will be on Thursday afternoons from 3-4:30 p.m. Both sessions provide an opportunity to discuss contemporary young adult literature, eat, play games, and socialize. Invitations to a wrap-up party to be held on Thursday, September 9 will be extended to those participants who attend at least four sessions. "Make Waves@ Your Library" is the national teen summer library program. Those who participate will receive a raffle ticket for each book read. Keeping track of titles read will be completed online allowing students the opportunity to record reading selections while on vacation. On September 1, winning tickets will be pulled and various prizes including Make Waves T-shirts will be awarded. Teens can play Monopoly on Wednesday evenings at 7 p.m. Instead of beginning a new game each week, each player's money, playing piece, real estate, and place on the board will be noted and play will resume from that point forward during the following session.

Book Bingo is Back!
The Library invites ALL patrons 18 and older to participate in our summer reading book bingo contest! Register at The Library, pick up a bingo card and start reading! Complete a row to get bingo, bring your card in for an entry into our grand prize drawing. There are many wonderful prizes. Completed cards must be received no later than Friday, August 27. Prize drawing will take place on September 1. Special Thanks: The Library is grateful for the support of The Friends of The Library that provides the weekly snacks, refreshments, prizes and entertainment. The Library is located at 320 Boulevard. Call 201-288-0488 for more information. ###

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Jr. Women's Pajama Storytime at Library

Neat stories, cool crafts, and yummy snacks were on the agenda for children from 3 to 8 years of age at the Junior Women's Club Pajama Storytime, on Wednesday evening, July 14, 2010, at The Free Public Library of Hasbrouck Heights. ###

Amariuta 1st Runner-up in Miss America Teen Competition

Tiffany June Amariuta entered the Miss America Teen Competition and won the following top prizes: Miss America Teen Trophy, two Scholarship Bonds, and a "Sherri Hill" formal designer dress. Tiffany won in this competition after being judged on each of the following criteria: Talent, Interview Skills, Stage Presence, Physical Fitness/Modeling, Evening Wear, as well as Poise and Elegance. During the talent competition, Tiffany began with classical works of Bach and culminated with Grieg's Piano Concerto in A Minor. Tiffany is the sixteen-year-old daughter of Dr. and Mrs. Ion Amariuta of Hasbrouck Heights, and is going to be a 12th Grade honor student at the Hasbrouck Heights High School. Tiffany plans to pursue undergraduate studies in chemical engineering and nuclear physics and she dreams of becoming a Rhodes Scholar at Oxford University in London. ###



American Lion

Wood-Ridge Memorial Library is hosting the Book Discussion Group at 7:15 p. m. The book to be discussed on September 20, 2010, is "American Lion" by Jon Meacham. Andrew Jackson, his intimate circle of friends, and his tumultuous times are at the heart of this remarkable book about the man who rose from nothing to create the modern presidency. All are welcome, whether you have participated in such a group before or not. The Book Discussion Group meets every third Tuesday of the month at 7:15 p. m. ###

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Ricardo and Scott Honored

On June 23, 2010, two former students of Robert L. Craig School were honored for their outstanding service to the community. The Hall of Fame Award was presented to Kelly Ricardo, a 1999 graduate, who serves in the U.S. Army and is the first female police officer in Moonachie. Also honored was Jillian Scott, a 1997 graduate, who has served the children of Moonachie through coordinating the recreation program as well as many other events in Moonachie. Pictured are the two award recipients with Hall of Fame Committee Chairs Sheila Berni and Katie Reilly. ###



Robert L. Craig School Class of 2010 (l-r, back row): William Roman, Allen Savinovich, Erick Peralta, Xavier Siguenza, Robert Norman, Joshua Petrella, Daniel Pizzuto, Jefferson Aguilar, Franny Garcia; (middle row): 8th Grade advisor Greg Keelen, Michael Pichardo, Erik Flores, Gerard Londino, Elizabeth Fischer, Desiray Mendez, Felica D'Angelo, Maria Alejandra Torres, Daniel Bouliga, Reynaldo Mercado, James Pichardo, Charles Handlin, 8th Grade advisor Salvatore Mercuri, Principal Mark Solimo; (front row): Alysia Ramsaran, Katrina Fechter, Lilly Rautenberg, Elizabeth Van Der Hoof, Alexa Dippel, Jenny Huang, Jillian Mazzo, Debbie Jaramillo, Angelina Ortega; not pictured: Josh Zaborowski. Photo provided by R.L. Craig School. ###

R. L. Craig School Class of 2010

R.L. Craig School held the Eighth Grade Graduation on Monday, June 21, 2010 in the Edward. G. Terragni Gynasium. Student Council President Jillian Mazzo led the Pledge of Allegiance and Salutatorian Elizabeth Van Der Hoof gave the welcoming remarks.

Marie Alejandra Torres, Elizabeth Van Der Hoof and Daniel Bouliga were presented savings bonds for achieving First, Second and Third Place honors, respectively. Various awards were presented to students by several community leaders. Superintendent Mark So-

limo presented the graduating class to Board of Education President James Campbell. Campbell and BOE Trustee Peter Mazzo, and Eighth Grade advisor, Greg Keelen, presented the diplomas to the Class of 2010. Maria Alejandra Torres gave the farewell address. ###



On June 18, 2010, Daisy Troop #4308 went to Build-A-Bear Workshop at the Paramus Park Mall to celebrate their year-end event. Photo provided by Junior Women's Club. ###



Pennies for Peace

Whether it's raising thousands of dollars for Fr. Marc Boisvert -- from Hope Village in Haiti (freethekids.org), creative projects such as "Build a House," and "Home Runs for Haiti," sending hundreds of pounds of candy to our soldiers in Iraq for Christmas and Halloween, collecting cleaning supplies for AIDS patients and much, much more. Assumption School in Wood-Ridge, NJ has long been known for its community service activities. This year, Assumption School Sixth Graders began learning about Pakistan, a man named Greg Mortenson, and a program called "Pennies for Peace" (penniesforpeace.org). The program helps build

schools in the mountains of Afghanistan and Pakistan to educate children, especially girls, and since 1994 has built 57 schools. Major donors to the program are school children around the world who collect pennies. After creating Timelines to display around school and PowerPoint presentations to show the other students, the Sixth Graders began their fundraising by decorating canisters for all the classrooms, reading announcements and updates over the PA system, and speaking to the parishioners at Assumption Church. During their penny col-

lecting campaign, the school received the unfortunate news that it would be closed by the Archdiocese of Newark on June 30, 2010. At first, the students wondered if they should continue collecting the pennies, but after discussing it with computer teacher, Margaret Sullivan, who was running the "Pennies for Peace" collection, they decided they were powerless to change what was happening to their own school but they had the power to help other children build a school. So, on Monday, June 14th the pennies were loaded into a wagon and with a police escort the Sixth Graders pulled the wagon down Valley Boulevard in Wood-Ridge to Kearny Federal Savings Bank where the pennies and other change were counted. When they left the bank they had a check for \$550, and a bright spot in their heavy hearts knowing that even though this would be the last community service act to be accomplished by Assumption School, their efforts over the years have helped so many. Story and photos provided by Margaret Sullivan. ###



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Jr. Police Academy Going Strong 10 Years Later

Ten years ago Hasbrouck Heights held its first junior police academy. Recruit Class 1 had fewer than 20 participants. On July 7th, 2010, Hasbrouck Heights Junior Police Academy Recruit Class 11 graduated nearly 50 students, bringing the total number of participants in the program to just over 400.

The week-long academy, which was run cooperatively with the school system, and at no cost to participants, provided a fun-filled hands-on experience modeled after the training regimen police officers undergo.

The week began with welcoming remarks by Chief Michael Colaneri, but then it was quickly time for the recruits to get to work.

Military-style drill, police

procedures, team building, and special presentations were all on the agenda for the five-and-a-half days that would make up the academy. The first lesson the class learned was that work can be fun.

Smiles replaced the looks of stunned shock that crossed the faces of everyone in the class when members of the Lyndhurst Police Department's Special Response Team assaulted the room where the recruits were learning the basics of drill and ceremony.

The smiles remained as the recruits learned how to defend themselves in a self-defense lesson given by the instructors of The Dojo.

A new facet of the academy was a training module, called Eyewitness Mythbusters, given by four graduates of Recruit

Class 10. Beyond that presentation, many graduates of previous junior academy classes returned to mentor the current recruits.

Team building was another important area that was addressed. Over the course of the week, the recruits participated in activities that required them to work together in order to accomplish a goal. These activities, such as trying to build a Lego toy while handcuffed to a partner and receiving directions over a walkie-talkie, emphasized communication skills as well as teamwork.

The highlights of the week came as the recruits worked with members of their police department. Detective Sergeant Joseph Rinke instructed the class on a variety of topics ranging from drill and ceremony to restraint and handcuffing techniques. He also vividly showed the power of

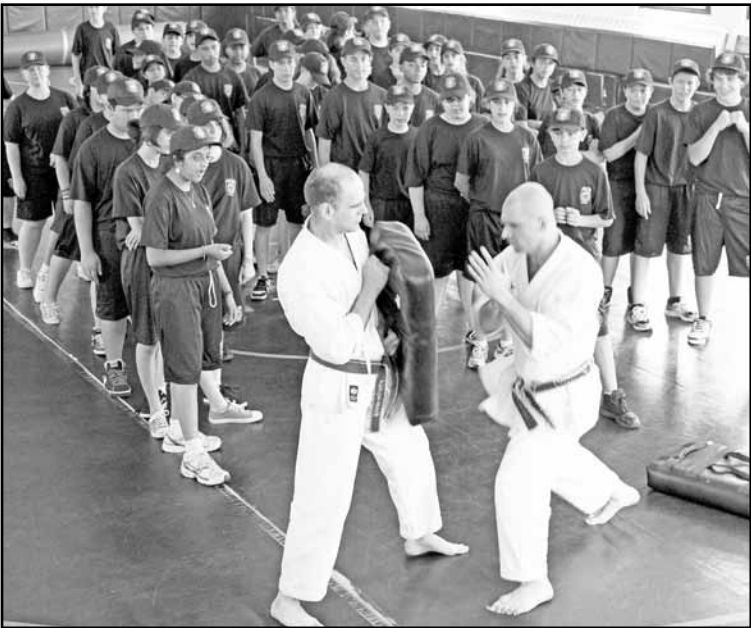
the weapons used by police in a firearms demonstration at the department's range, while Detective Alan Baker helped the recruits experience the trials and tribulations of simulated motor vehicle stops.

The class had fun trying to perform simple tasks while wearing Fatal Vision Goggles, which simulate the physical effects of being under the influence of alcohol. Reality quickly set in, however, when they tried to drive a golf cart around a closed course while wearing the goggles.

Recruit Class 11 had the opportunity to learn about other aspects of law enforcement through presentations and demonstrations given by the Bergen County Bomb Squad and K-9 units, the Bergen County Sheriff's Department Bureau of Criminal Investigation (the real-life CSIs), the Port Authority Police, the Bergen

County Law & Public Safety Institute, and the United States Marshals Service.

Perhaps the most important thing the students gained from their experience is that they got to see the police in a different light. By working with the officers, they gained an understanding of how and why things are done and developed a sense of trust and understanding that should make them feel more comfortable approaching officers in the future. *Story by Mike Stillman. Selected photos by HHPD Det. Joe Rinke. ###*





HH Little League Picnic

The Hasbrouck Heights Little League held its Annual Picnic on a warm sunny Saturday, June 19, 2010, from 11:00 a.m. to 3:00 p.m., at the Little League Complex.

This was the 15th year families enjoyed plenty of hamburgers, hot dogs, frozen treats, soda, etc. There were inflatable bounce rides, water slides, face painting, volley ball and dodge ball. Trophy presentations were made. It was a nice way to end

the regular season. The event was open to all Hasbrouck Heights families participating in the 2010 season.

In 2010, there were over 340 kids that participated in Hasbrouck Heights Little League. The league fielded six major league teams with 72 -- 10 to 12 year old players, 14 minor A & B teams with 170-7 to 10 year old players, 6 Tee Ball teams with 64- 5-6 year old players and 4 girls' softball

teams with 35- 6, 7 and 8-year old players.

About 100 parents volunteered as coaches and managers for the season. Also, many parents volunteered their help in fund raising, field clean up, concessions stand, bbq pit, etc.

The Little League community expressed appreciation to the many sponsors for their financial support. The Hasbrouck Heights Little League was established in 1953. ###



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Pint-Sized Patriotism a Giant Hit

On a very hot July 5, 2010, with temps nearing 100 degrees, kids participated in the Hasbrouck Heights Annual Children's Patriotic Parade. The program, led by Anthony Bernice, included the singing of the National Anthem by Paul Fitzpatrick and remarks by Mayor Rose Heck. Led by the HHPD, costumed children, decorated wagons, bikes, carriages and floats proceeded east on Washington to Terrace, south to Kipp Avenue and north to the starting point.

Medals were awarded to every child in the categories of Patriotic, Most Original and Most Artistic to: costumed children on foot, wagons and tricycles, carriages, strollers, etc., decorated bicycles, floats, and grandparents' corner, with carriages and children on foot. The Hasbrouck Heights Fire Department provided the PA system and was on hand for any assistance. **Dr. Michael Perillo** provided ice cold water and gift bags. This annual event was sponsored by the Mayor's Celebrations Committee. ###



Dazzling Effects Light Up the Night



The darkened stadium was still for a moment, before the thunderous, spectacular light show dazzled spectators on Thursday, July 1, 2010, at the Hasbrouck Heights Lions Club-sponsored 26th Annual Fireworks Program.

During the afternoon, the contractor, International Fireworks, set up the displays at the Hasbrouck Heights Minor Little League field.

All pyrotechnics were covered in foil. This prevents sparks from prematurely igniting other shells and cakes.

Fire prevention officials were at the detonation zone to review the mechanics of the display and to insure compliance of fire codes and accepted industry procedures.

The 25 minute pyrotechnic display included about 6,000 shots.

Cakes featured included: Peacock cake with 600 shots in six seconds, 50 shot cake in four seconds, 200 shoot whistle cake in three seconds, etc.

A featured shell was a piggy-back -- one element produced a dazzling burst, with the second exploding report/bang.

During the display the Hasbrouck Heights Fire Department, along with Mutual Aid Departments from Carlstadt FD & EMS, Little Ferry FD, Lodi FD, Moonachie FD & EMS, S. Hackensack EMS, Wallington FD and Wood-Ridge FD, were positioned at strategic locations as a safety precaution.

All shells were detonated within the safety area. The contractor inspected each tube

for unspent rounds.

Mutual Aid fire departments checked the general safety area. Special attention was given the firing zone -- checking for unexploded rounds and watered down smoldering debris.

Sponsors that provided extra fireworks included: **Costa Memorial Home**, Crow's Nest, Dunkin' Donuts, **Holiday Inn**, **IHOP of Hasbrouck Heights**, **Otterstedt Insurance Agency**, Shop-Rite of Lodi, and TD Bank.

Prior to the pyrotechnic show, a brief program was held. The Master of Ceremonies and event coordinator was Lion Thomas E. Mason Jr.

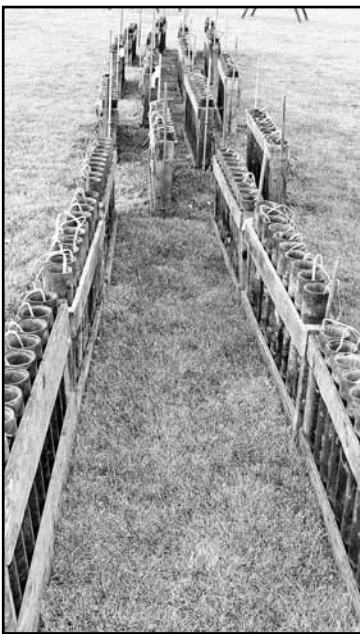
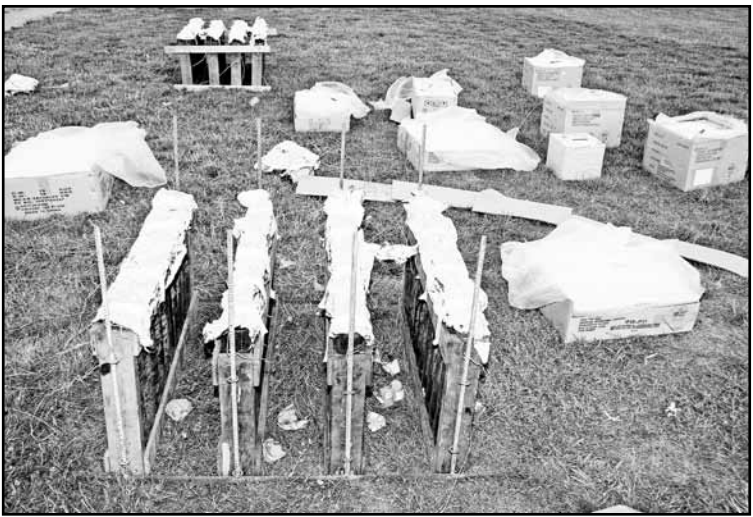
The Hasbrouck Heights Police Department Color Guard presented the Colors, followed by Florianna Heun singing the "National Anthem."

The Invocation was given by Fr. Raymond Holmes (Corpus Christi Church). Mayor Rose Heck and Bergen County Clerk Kathleen A. Donovan made remarks. Florianna Heun sang "America the Beautiful."

Presentations of Sponsor Recognition Plaques were given. A 50/50 was held with three winners sharing the prize money.

The Fireworks Program included a Tribute to Lion Fred Depken III -- a Hasbrouck Heights Lion from 1956 to his passing in 2007.

Fun Time Entertainment provided music, two inflatable amusements and dunk tank which were located on the practice field. ###



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Lions, Tigers and Bears, Oh My!

Well over 100 children attended this week long experience as Bible Baptist Church held its annual community event Monday thru Friday, from 6:45 – 8:30 p.m., July 12-16, 2010.

Dorothy and the SAC crew had an exciting adventure with kids from (going into) Kindergarten through 6th Grade in the land of lions, tigers and bears, oh my!

Characters in the “Adventure to Golden City” were somewhat familiar as one “wishes he had a brain,” another wants to “have a heart” and yet another wants some “courage.” There were theme



songs, puppets, skits, Bible verses, stories, games and snacks!

The children’s goal was to raise enough money to send two disabled children to school in Ghana.

BBC has held what used to be known as “Vacation Bible School” for many years. It’s been a great tool for bringing kids into an environment where they can have fun while they learn about the Bible. ###



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Wesmont Station Resumes Work in September

After sitting dormant more than a year, construction of the \$400 million Wesmont Station housing and commercial development will restart in September.

Wesmont Station is being developed by three national real estate developers: Somerset Development, Avalon Bay Communities and Centex Homes, a division of Pulte Homes.

Wood-Ridge borough officials have been meeting monthly with Somerset Development/Wesmont Station to review the status of the development project.

Mayor Paul Sarlo and Borough Administrator Christopher Eilert recently met with Ralph Zucker, President of Somerset Development/Wesmont Station.

Mr. Zucker reported that the project has been on hold

due to the severe economic recession. The recession significantly reduced the general public's ability to obtain mortgages, which in turn, made it imprudent to begin building homes in 2009.

Mr. Zucker stated that recent economic data suggests that the housing market is slowly recovering. He anticipates beginning construction in September 2010.

This will enable Wesmont to begin marketing homes in 2011 when the housing market is projected to be fully recovered.

Mayor Sarlo and Mr. Eilert reported that despite the delay in construction, Wesmont has made all the required tax and fee payments to the Borough and has fulfilled all its obligations to the Borough such as financing the renovation of the Donna Ricker Memorial Field.

The project has already received all necessary environmental approvals.

Plans and permit applications have been submitted to the Building Department and the Borough Engineer. New Jersey Transit has approved the train station which is currently being designed and slated for construction in 2011.

The Borough Council recently approved four ordinances to resume its agreement with the developer.

The four ordinances — two for retail and two for residential — accept applications by Wesmont Station for urban renewal.

These were with Avalon Bay regarding financial obligations to Wood-Ridge Borough and for permits for building two, three story luxury rental buildings with parking garages.

The entire site has been environmentally remediated.

The majority of the site has been issued a "no further action (NFA) letter from the NJ DEP. A small portion, which used to be a landfill for a factory, is currently undergoing DEP soil test; but does not impact the project. The area affected is a later part of the project.

All surveying and architectural designs are complete.

The "site work" will begin in September 2010 to prepare for vertical development.

This includes earth work, building roads, installing water, storm and sanitary sewers and other utilities necessary for Phase I. This work should take about three months and be completed by winter.

Once the site work is completed, Avalon Bay Communities will immediately start construction of two, three story luxury rental buildings, near the train station, with the

entrance on Passaic Street.

One of the buildings will have 29,000 sq. ft. of retail space on the first floor.

The train station is a separate project to be done by NJ Transit. Currently, it is in the design phase and construction will start next year.

The goal is for both the residential/retail structures and the train station to be completed in 2012. ###

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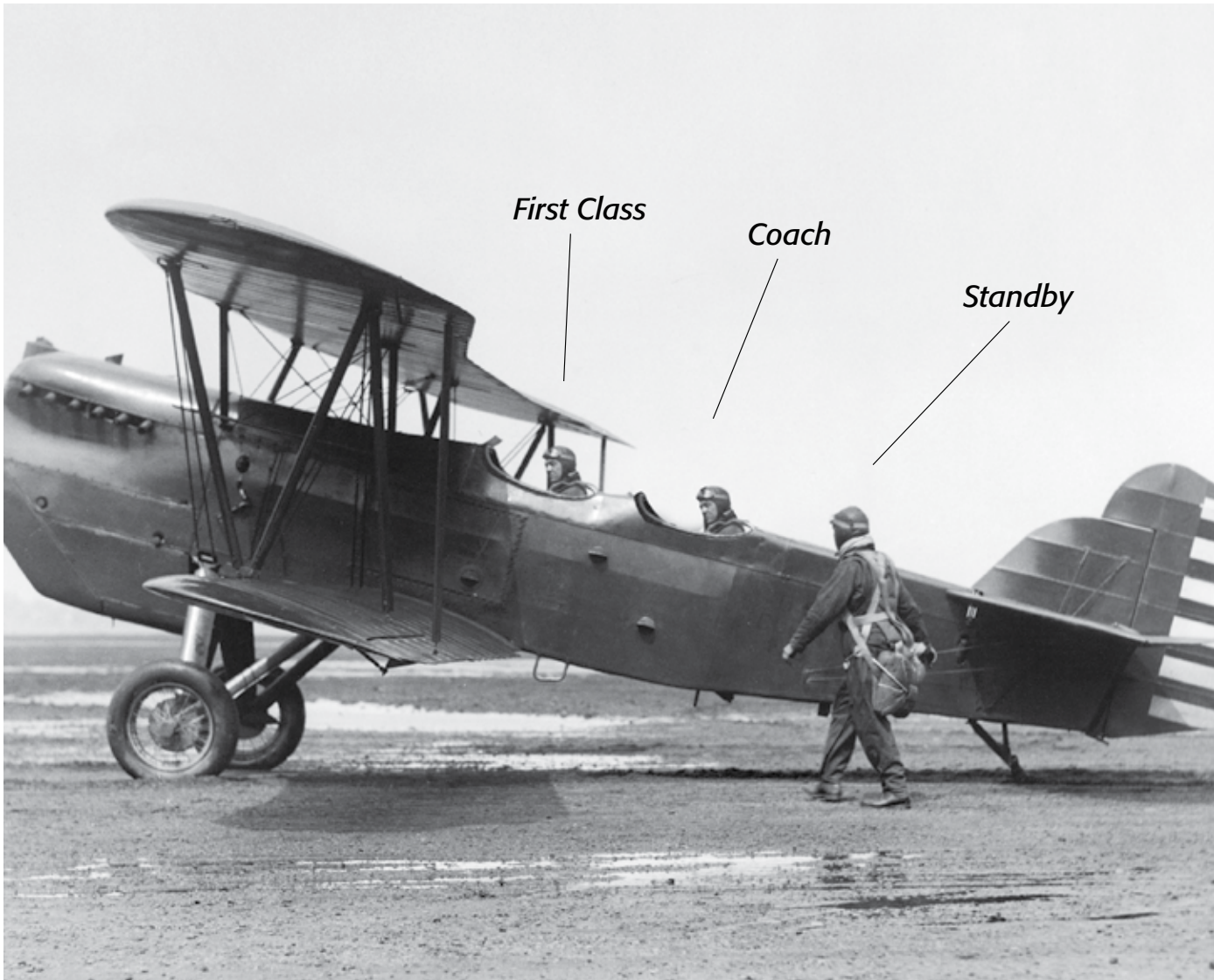
- Program your thermostat to work around your family's summer schedule—set it a few degrees higher (such as 78 degrees) when no one is home, so your cooling system isn't cooling an empty house. With proper use, programmable thermostats can save you about \$180 a year in energy costs.

- Check your HVAC system's air filter every month. If the filter looks dirty, change it, but change the filter at least every three months. A dirty filter will slow air flow and make the system work harder to keep you cool, wasting energy.

- Run your ceiling fan to create a cool breeze. If you raise your thermostat by only two degrees and use your ceiling fan, you can lower cooling costs by up to 14 percent. Remember that ceiling fans cool you, not the room, so when you leave the room make sure to turn off the fan.

- Pull the curtains and shades closed before you leave your home to keep the sun's rays from overheating the interior of your home. If you can, move container trees and plants in front of sun-exposed windows to serve as shade.

For more about improving your home's energy efficiency go to: www.energystar.gov. ###



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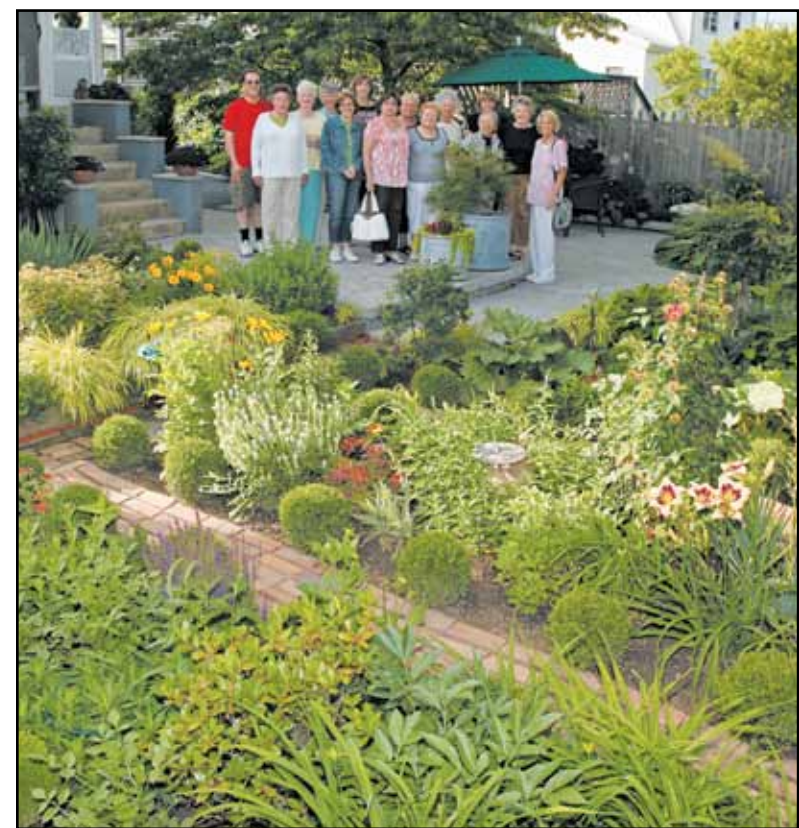


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e Gardens



On June 17, 2010, two members of the Hasbrouck Heights Garden Club, Elisabeth Moser and John Fargo, opened their secret gardens and invited the community to visit for a tour.

The gardens were resplendent with wonderful and exotic, unknown and well-known plants, wildflowers, trees, and shrubs reflecting Mother Nature's rainbow of colors and all the greens of the color spectrum.



These gardens are sanctuaries for fantastical butterflies, beneficial insects and birds of many dazzling colors and varieties.

The Garden Club members answered questions and identified all of the plants in their garden. Whether tending a simple planter on the front steps, to maintaining a splendid botanical backyard oasis, we enjoy our gardens in the Garden State. ###



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Wetdown in Little Ferry

Little Ferry Hook & Ladder Co. 1 celebrated the arrival of their new 2009 American LaFrance/LTI, 100 ft. Mid-mount with a wetdown on a very hot, Saturday afternoon on June 26, 2010, at the Public Safety Building on Main Street, Little Ferry.

There was music, refreshments, T-shirts, mugs, children's attractions, dunk booth and live music by Brookwood.

A wetdown honors a new truck with fire departments driving up to a staging area with sirens roaring to "wetdown" the new vehicle -- and perhaps have a little water fight.

Water fights are friendly with "fog sprays" and not "streams," which can be dangerous.

This was a family friendly

event; kids, especially little boys, love seeing the fire trucks and getting wet.

Assisting Little Ferry Fire Department defense was the New Market Fire Co. #1 to include some serious war painted faces.

Departments participating included: Allendale, Carlstadt, Fair Lawn, Lodi, Paramus, Roselle Park, Secaucus, South Hackensack, etc.

A highlight of this event was when Moonachie, Hasbrouck Heights and Wallington simultaneously arrived at the scene and proceeded to spray red, white, blue and green water everywhere, followed by a foam bath.

A Self Storage set up a tent and provided ice cold water. ###



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On June 27, 2010, the Lodi Fire Department and the Lodi Fire Department Ladies Auxiliary played a charity softball game to raise funds for The David Nicholas Foundation. On August 25, 2006, David Nicholas lost the 14 month battle to Wilms' Tumor. David may have lost the battle, but his warm smile, energetic personality and his will to live will last forever. The David Nicholas Foundation was created in his memory to help support children and their families that are fighting the battle against pediatric cancer. Contributions may be sent to: The David Nicholas Foundation, 22 Greendale Road, Clifton, NJ 07013. Please mark Lodi Fire Department in memo line. For more information go to: www.thedavidnicholasfoundation.org ###



**Carlstadt Benefit
Raises \$15,000**

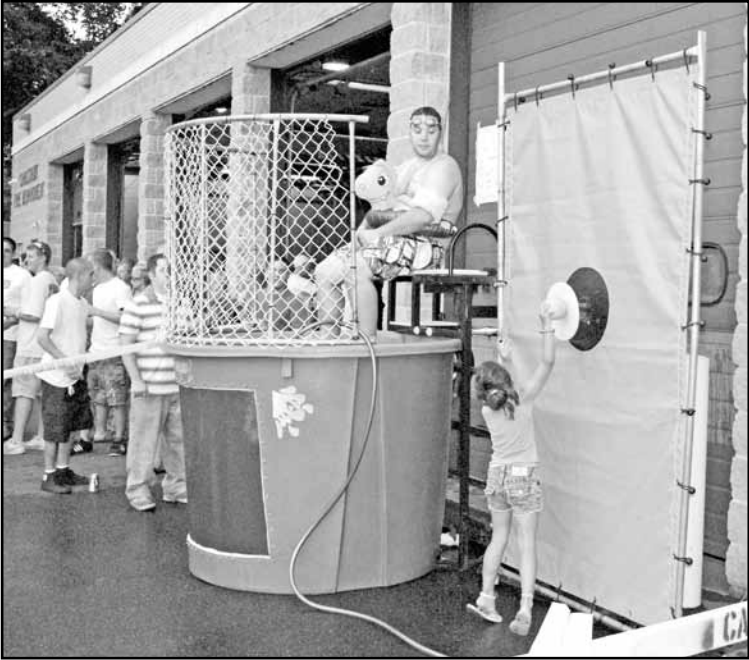
On July 16, 2010, Carlstadt P.B.A. Local 312, Carlstadt Fire Department, EMS and Borough, held a benefit barbeque for Skyler Kelly at Carlstadt Fire Headquarters.

Between 600-700 enjoyed hot dogs, hamburgers, sausage, ice cream and cold drinks from 7 p.m. to 11 p.m. With the hot weather, the dunk tank was a big hit. A 50-50 was held.

About \$15,000 was raised for Skyler Kelly, a 13 year old Carlstadt resident who suffers with burn injuries.

Event organizers were CFD Battalion Chief Jarrett Milligan and Police Officer Felix D'Amico.

Donations can be made to: Carlstadt P.B.A. Local 312, 500 Madison Street, Carlstadt, NJ 07072. Please write Skyler in memo. *Photos by Dennis Kronyak Sr. ###*



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Heavy Smoke Condition Brings Mutual Aid

The call came in Wood-Ridge as a heavy smoke condition.

On July 13, 2010, the Wood-Ridge Fire Department responded with Engines 905 & 902, and EMS 905 and Rescue 903.

Also responding were Hasbrouck Heights Ladder and Rescue 614. East Rutherford responded with a F.A.S.T. team.

Fire Chief Paul Clemente assumed command and ordered resources into place.

W-R Engine 905 connected to a hydrant, two 2" lines were dropped, charged and advanced into the home. HHFD Ladder was raised to the roof in preparation to vent.

Firefighters quickly extin-

guished fires in two rooms of the ranch home. Their quick actions helped minimize the damage. They checked for extensions, fans were brought in to vent the premises and they began overhaul.

Due to the extreme heat and humidity, Moonachie EMS and Rescue Squad were called

in and set up for rehab.

The fire is under investigation. No firefighter injuries were reported, but the resident was taken to HUMC as a precaution.

Departments from Carlstadt and Moonachie covered WRFD Headquarters during the event. ###



Flash Fire Injures Baby Sitter and Infant

On May 17, 2010, a call came in that an infant had sustained burns due to an exploding propane grill.

Hasbrouck Heights Police, Fire and EMS personnel responded to the scene on Lincoln Avenue.

A baby sitter attempted to

light an outdoor grill with its lid closed. The built-up gas ignited causing minor burn injuries to the baby sitter and the nearby small child.

The grill was shut off by HHFD. EMS transported the baby sitter, child and parent to HUMC. Photo by Paul Bassett. ###



Car Flips on LaSalle Avenue

On Friday, June 18, 2010, at about 18:34, a Honda CRV was driving east on LaSalle Avenue in Hasbrouck Heights and struck a parked Honda Accord.

As a result of the impact, the CRV overturned with one person inside.

The Hasbrouck Heights

Fire Department responded with Rescue 614, stabilized the vehicle, removed the victim via the passenger window, and transported her to HUMC for evaluation.

The driver was issued a summons for careless driving.

###



Photo by Bill Dean



Hot Time at The Fiesta

On a hot, steamy July 7, 2010, the tones sounded for the Wood-Ridge Fire Department to respond to a working roof fire at The Fiesta.

W-R Engine 905 and W-R

EMS 906 responded, as well as Heights Ladder and Rescue 614.

A steel worker cut a bolt which dropped on a tarp protecting the roof. The tarp

caught fire and ignited the roof.

The fire was quickly extinguished with water cans and firefighters checked for extensions and did overhaul.

No injuries were reported. ###

Teterboro Propane Fire Injures Man

According to Moonachie Police, a flash fire occurred at the Yankee Propane Facility off Malcolm Avenue in Teterboro, NJ, at about 10:15 a.m., on June 26, 2010.

A 44 year old male was injured. He suffered inhalation burns, and burns to his face,

arms, legs and his hair. The burns were 2nd and 3rd degree. Additionally, he suffered a leg fracture jumping from the loading dock. He was taken to HUMC and was in stable condition.

The incident was investigated by the BCPO Arson

Squad as well as Moonachie Police Det. McNeice.

No foul play was suspected. It is believed that a leak in a pipe caused the flash fire; no explosion or structural damage occurred.

The Hasbrouck Heights Fire Department and EMS responded. ###

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Reflections

The Rosary ... All About Jesus

Deacon Vincent DeFede
Corpus Christi Church

As a Catholic Christian, we have been blessed with many wonderful prayers.

Prayers that have such reverence and love, but most of all, power.

When we pray we should always start with giving thanks and praise to our heavenly Father for all of the goodness and love in our lives. Then we should bring all of our needs to him as well as the needs of others. Prayer is a very personal relationship between the person and our Lord.

As Christians, in order for us to develop our relationship with the Lord, we must first accept him as our personal Savior. After all, He gave the ultimate sacrifice of giving up His own life for each and everyone of us so that we may be with Him forever in paradise when we go from this world to His.

There are two forms of prayer that I would like to touch on: formal and conversational.

In conversational prayer we just speak to the Lord as if we were speaking to a friend, a very intimate and personal way of praying, used by many.

The other is formal. Formal prayers are prayers that have been given to us over the ages to be used to really enhance our faith and to give glory and reverence to God.

One prayer in particular that I would like to share with you today, which has such great power, is the Rosary. It is a wonderful and moving account of the life of Jesus Christ.

The Rosary consists of four mysteries. The first being the five Joyful mysteries, the second being the five Luminous mysteries, the third being the five Sorrowful mysteries, and the fourth being the five Glorious mysteries.

In the Joyful mysteries we meditate and pray to the Lord as we reflect on His life. The Annunciation of the Lord, where the angel Gabriel appeared to Mary to announce to her that she would be the

appeared in glory.

And the Institution of the Eucharist, where Jesus gives us His Body and Blood.

In the Sorrowful mysteries we meditate and pray on the sufferings of Jesus, who went through a passion of suffering and death for you and I. The Agony in the Garden. The Scourging at the Pillar. The Crowning with Thorns. The Carrying of His Cross, and then The Crucifixion.

In the Glorious mysteries we meditate and pray about the risen Christ, the very foundation of our faith and the gift to us of eternal life for all who believe. The Resurrection of the Lord. The Ascension into Heaven. The Coming of the Holy Spirit.

The Assumption of the Blessed Mother and the Coronation of the Blessed Mother, where reference is made in the Book of Revelation.

I would encourage everyone to pray daily not only for your needs and those around you, but also for the world.

The spiritual battlefield is one that is real. Jesus taught us to pray unceasingly, to help others, to love God and our neighbor, and to always come to Him. Let us listen to His Words, read His Words, and go out and make a difference in this world and for His Glorious Kingdom! Alleluia! ###

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Church Schedules: Hasbrouck Heights

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Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html

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Church Schedules: Little Ferry

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Church Schedules: Lodi

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7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
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Reconciliation (Confession): Sat. 4:30 - 6:00 p.m.
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Church Schedules: Moonachie

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Church Schedules: Wood-Ridge

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8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
Mon., Fri., Sat.: 8 a.m. • Tues., Wed., Thurs.: 7:30 a.m.
Holy Hour: Friday after 8 a.m. Mass
Sacrament of Penance: Sat. 11:00 - 12:00 p.m.
Assumption Church/School Websites
Parish: www.assumption-parish.org
School: www.assumptionschoolwr.org



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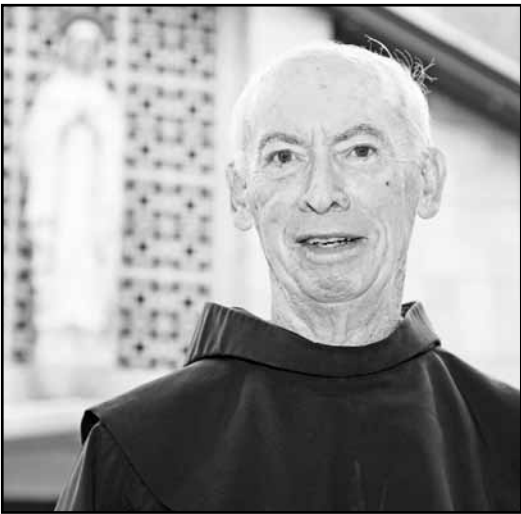
A Beloved Priest Retires

On Sunday, August 1, 2010, Rev. Thomas Kelly will perform his last service at the Assumption Church in Wood-Ridge when he will preside at the 11:00 a.m. Mass. Following the Mass, a retirement reception will be held in his honor at the Father Patrick Morris Hall in the basement of the Church.

Father Tom has been a Franciscan Friar for more than 48 years. He has served at the Assumption Church for the past 14 years. At the Assumption Church he was the chaplain for the Rosary Society and an active part of the Pre Cana Team.

Father Tom has spent most of his priesthood serving in North Jersey Parishes: St. Anne’s Church in Fair Lawn, Queen of Peace Church in West Milford, St. Leo’s Church in Elmwood Park, St. Joseph’s Church in East Rutherford, and Assumption Church in Wood-Ridge.

Born in Philadelphia, Pennsylvania on December 12, 1935, Tom was the eldest



his parish priest, and the religious sisters who taught him in elementary school.

Tom was a typical teenager. He loved all sports and held his own in competition. He skied, played tennis and went golfing. Later in his adulthood he walked to raise money for worthy causes.

Father Tom was ordained on March 17, 1962 at the Holy Land Monastery in Washington, DC. He became a Franciscan Friar.

Father Tom is a family and parish priest. He has displayed the ability to relate, to listen and counsel and above all to be patient. He has always had a strong desire to serve God and God’s people; to care for the needy and, most important, to bring people to experience God’s love.

After August 1, 2010, Father Tom will be residing at the St. Anthony Friary in Butler, New Jersey. He will be living with retired friars from the Franciscan Holy Name Province. Story by Peter Gallo Jr. ###

Back-to-School Drive for the Children of Haiti

A “Back to School” ministry for Haiti “From the Porch” at Holy Trinity Lutheran Church will be sponsored during August by SWIM (Single Women in Mission). SWIM will be collecting new school supplies for the children as well as new children’s underwear and socks. These items, requested by Haiti’s orphanages, are very much in need as Haiti continues to recover from the earthquake’s devastation. They invite you to participate, knowing that, together, we are making a difference!

Your items may be left on Holy Trinity’s porch at 92 Burton Avenue, Hasbrouck Heights, any Sunday in August from 10 a.m. to 12:30 p.m. Watch The Gazette News-

paper for the next “From the Porch” ministry, or check the porch on Sunday mornings.

For more information on SWIM (Single Women in Mission), call 201-288-6889. ###

Lutheran Church Summer Schedule

Sister congregations, Holy Trinity Lutheran Church in Hasbrouck Heights and The Lutheran Church of the Redeemer in Maywood, will swap service times beginning August 1, 2010.

Holy Trinity’s Sunday morning Service of Holy Communion will begin at 11 a.m. and The Lutheran Church of the Redeemer in Maywood will begin its Service of Holy Communion at 9 a.m..

Both Lutheran Churches are under the leadership of The Reverend Susan Nelson-Colaneri, who presides at worship in both congregations. Members, friends and visitors are invited to attend the services that best suit their schedules. The swap is taking place to give each of the sister congregations an opportunity to experience the earlier/later schedule. The new schedule will be in effect until further notice. If you have any questions, please call the office at Holy Trinity at 201-288-6889. ###

Pray for Peace

Cancelled Stamps Wanted

The Kiwanis Club of Teterboro/Hasbrouck Heights collects cancelled stamps, trimmed to ¼ inch around the stamps. Drop off or send to: The Gazette Newspaper, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

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Chore Program Helps Seniors and Disabled Persons

Since 1977, the Chore Volunteer Handyman Service of the Volunteer Center of Bergen County has been helping elderly and/or disabled people, by performing minor household repairs that clients cannot perform themselves.

The Chore Service assists in improving the quality of life of older people who are living independently.

Chore's services include installing grab bars and railings, smoke and carbon monoxide detectors; repairing leaky faucets or toilets, replacing broken door locks, installing weather-stripping, changing screens and storms, replacing light bulbs, fixing broken lamps and switches, installing simple electrical fixtures or replacing existing electric outlets and switches.

There are some jobs that are beyond Chore's capacity. Chore cannot service emergencies, and does not do outdoor work, painting, work requiring high ladders, tiling, door or window replacements, heavy

County Refunds Overpayment to Towns

Bergen County will begin refunding municipalities, which represents the reduction of Open Space Tax collected by Bergen County for 2010.

On June 2, 2010 the County lowered the open space tax rate from one cent to a quarter cent per \$100 of assessed valuation. This rate reduction created an overpayment for the municipalities since they were previously billed their 2010 estimated open space tax based on the 2009 rate of one cent.

These refunds will result in a lower open space tax rate for individual property owners.

The refund amounts per town are as follows: Carlstadt- \$61,980.19; East Rutherford-\$47,675.53; Hasbrouck Heights-\$49,094.71; Little Ferry-\$35,149.45; Lodi- \$65,478.44; Moonachie- \$21,743.35; South Hackensack- \$19,087.56; Teterboro- \$11,613.86 and Wood-Ridge- \$35,313.80. ###

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lifting, new wiring or appliance repairs, cosmetic repairs or interior decorating.

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Chore provides service without charge; the only cost to the client is for parts necessary to complete the repair.

To schedule a repair, or become a Chore Service volunteer, call 201- 489-7790. ###

Clean, Gently Used Clothing Wanted

South Bergen Larger Parish collects clean, gently used clothing for their Lyndhurst Thrift Store.

The thrift store is in the United Presbyterian Church of Lyndhurst, but you can donate clothing to the parish office at First Presbyterian Church of Wood-Ridge during office hours, Monday through Friday from 9:00 -- noon, or to any of the Parish Churches on Sunday mornings before or after worship, or to the First Presbyterian Church of Moonachie during the First Saturday free lunch program.

For more information about the thrift store, or to make a donation, please call the parish office at 201-438-8966. ###



Copy for the September Issue is due August 10th.

Previous Issues of
The Gazette Newspaper
are available on-line at:
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Free Lunch August 7

The first Saturday of September marks one year of the free lunch program at the First Presbyterian Church of Moonachie.

Last fall, they had no idea if anyone would want to be a part of this experiment in hospitality and community... but wanted to try.

The hope was that people would find a warm welcome, friendly neighbors, and a delicious, nutritious meal when they came. Their hopes have been met by the wonderful response received.

There's a beautiful spirit of sharing and friendship developing. Everyone is welcome, and there are no strings attached. The people who buy, serve, and prepare the food are all Christian, but the only prayer offered is in the kitchen before doors open.

Guests are not asked about residency, identity, or religious belief. They only ask that guests enjoy themselves.

The children help to set the tables and serve the food, before finishing their own meals and going out to play.

Some "regulars" bring special recipes that they want to share with others. One family offers "free rides" to anyone who doesn't have transportation to the Church.

After one year, they are regularly serving about 40 people, and hope to be able to expand their outreach to welcome more families and friends to the program.

If you are free on August 7 or September 4, 2010, or on the first Saturday of any month in the year ahead, stop by for lunch between 11:30 a.m. and 12:30 p.m.

If you need a ride, please call Tina Williams at 201-952-4734. There is no charge and there are no strings attached! Everyone is welcome.

For further information, please call the Larger Parish office at 201-38-8966. ###

August Flower
Gladiolus

Family Promise "Shower" August 8

Everyone is invited to the United Presbyterian Church of Lyndhurst on August 8, 2010, at 1:00 p.m., when the South Bergen Larger Parish will be hosting a "shower" to begin gathering the items needed to host families in the new Family Promise program.

South Bergen Larger Parish, (also includes the First Presbyterian Church of Moonachie and the First Presbyterian Church of Wood-Ridge), will participate with 16 other congregations (Protestant, Catholic, and Jewish), hosting up to 14 people, 3 non-consecutive weeks per year, as they work themselves out of homelessness.

Family Promise is an organization dedicated to helping working families to overcome personal crisis and return to self sufficiency.

The Family Promise model, while new to Bergen County, has been effective for more than 20 years in communities around the country, helping families out of homelessness while keeping them together.

But starting a ministry is a bit like starting a family... and that's why we are having a shower!

Combining a sense of fun with a sense of mission, we will be playing "shower" games, serving cake and coffee, and offering opportunities to sign up for ministry with our guests.

Needed items include sheet sets and blankets for 4 full-size and 6 twin-size beds, 14 towel sets for washing up, games for family time, and personal items for individuals.

For a list of needed items, or to reserve a place at the shower, call 201-438-8966. ###

Rainforest VBS

This summer, bring your kids to Faith Reformed Church's Rainforest Vacation Bible School -- an experience of discovery they'll never forget! It is based on five key Bible verses that will change a child's life.

The Rainforest VBS transports young minds into a vivid rainforest environment of jungle sounds, sights and smells, where they'll dig into the Bible and meet Jesus in every day's story.

For children ages 4-11, August 2 - 6, 2010, 6 p.m. to 8:30 p.m., 95 Washington Street, Lodi.

Registration is free. Call 973-778-4529 or send e-mail to: vbs@lodifaith.net for more information or to register. ###

Presbyterian Sunday School Starts Sept. 12th

Children from preschool through elementary school are welcome to come and learn about Jesus, explore the Bible, and learn to serve God and others on September 12, 2010, at 9:30 a.m.

At First Moonachie, the Sunday School hour is before the regular worship service, and families are invited to stay for worship at 11:00 a.m.

At First Wood-Ridge, families gather at 9:30 a.m. in the sanctuary for the main worship service and praise time, and children will go to class with their teacher after the "Time for the Young At Heart" by the Pastor.

There is no charge, but pre-registration would be helpful. Please call the parish office at 201-438-8966. ###

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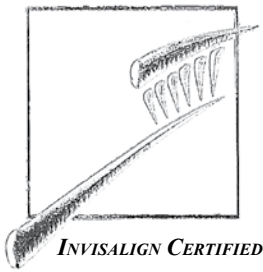
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Pharmacist Corner

Fish Oil or Snake Oil

By Jeffery Rucker, RPh

For quite some time, people have been clamoring on the many benefits of fish oil, or more correctly, the Omega-3 fatty acids found within fish oil. There are two types of Omega-3 found in fish oil, docosahexaenoic and eicosapentaenoic acid (*DHA and EPA respectively*).

If for whatever reason fish isn't on your menu, Omega-3 can also be found in various nuts and vegetable oils (*walnuts, canola, and soybean*) in the form of Alpha-Linolenic Acid (*ALA*). However, ALA needs to be first converted to DHA then to EPA for your body to utilize it, so in a sense it's less efficient.

There have been multiple studies which suggest that ingesting the recommended amount of DHA/EPA (*650-900mg/day*) has been shown to help lower triglycerides, increase brain function, reduce the risk of heart attack and stroke, and, in the latest study, perhaps help prevent breast cancer.

Although it's important to note that more isn't exactly better. Too much fish oil may thin your blood out (*especially if you are already on blood thinners like Warfarin*). Not to mention that also certain heavy metals may present in dietary fish and to a lesser degree, supplements.

A study, just published in Cancer Epidemiology, Biomarkers & Prevention, took a look at 35,016 postmenopausal women with no history of breast cancer. They were given a 24

page questionnaire regarding their use of supplements and their lifestyle.

Six years later, the results were in. Out of the 35,016 in the study, only 880 cases of breast cancer were reported.

The study showed a possible 32% reduced risk of breast cancer associated with the use of fish oil supplements. However, the researchers warn that no conclusions should be drawn about the relationship between Omega-3 and breast cancer. Basically, it's too early to tell.

Several other studies are in the works, but it will be quite some time before those results are made public. For now, it appears Omega-3 may provide some benefits. But, as always, check with your doctor or pharmacist on what's best for you.

For more information: www.mayoclinic.com or www.dhaomega3.org

Jeffery Rucker, RPh, is a Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ. 201-288-0404, www.bejaydrugs.com ###

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Mr. Joseph Roccamo receiving his free diabetes meal portion kit from our Diabetes Technician Specialist Judy Salazar.

"Hot" Summer Tips

Check regularly on: infants and young children, people 65 or older and those who are physically ill, especially with heart disease or high blood pressure. The Hasbrouck Heights Fire Department EMS (*also serving Teterboro*) offers these First Aid tips:

Outdoors

Wear lightweight clothing. Limit your outdoor activity to morning and evening hours. Do not engage in strenuous activities. If possible, try to remain indoors during the heat of the day.

Protect yourself from the sun by wearing a wide-brimmed hat (*also keeps you cooler*) and sunglasses and by putting on sunscreen of SPF 15 or higher (*the most effective products say "broad spectrum" or "UVA/UVB protection" on their labels*).

Sunburn

Sunburn should be avoided because it damages the skin. Although the discomfort is usually minor and healing often occurs in about a week, a more severe sunburn may require medical attention.

Symptoms of sunburn are well known: the skin becomes red, painful, and abnormally warm after sun exposure.

Sunburn First Aid

Avoid repeated sun exposure. Apply cold compresses or immerse the sunburned area in cool water. Apply moisturizing lotion to affected areas. Do not use salve, butter or ointment. Do not break blisters.

Heat Rash

Heat rash is a skin irritation caused by excessive sweating during hot, humid weather. It can occur at any age but is most common in young children.

Heat rash looks like a red cluster of pimples or small blisters. It is more likely to occur on the neck and upper chest, in the groin, under the breasts, and in elbow creases.

Heat Rash First Aid

Keep the affected area dry. Dusting powder may be used to increase comfort but avoid using ointments or creams as they keep the skin warm and moist and may make the condition worse. ###

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Real Estate Insight

By Mary Ellen Courtney



Foreclosures = 31% of Sales

The following information appeared in a Bloomberg News article by Dan Levy on 6/30/2010.

“Online foreclosure marketplace Realty Trac reported today that homes in foreclosure accounted for 31% of the residential sales in the first quarter of 2010. The average sales price of these properties was nearly 27% below the average sales price of properties not in foreclosure.

Realty Trac expects foreclosure discounts to stay between 25% and 30% as lenders steadily release foreclosures. The average price of foreclosed properties is \$171,971.

Overall, foreclosures are down 14 percent in the first quarter compared to the 4th quarter of 2009. They are down 33% from the peak during the 1st quarter of 2009.”

The vast number of foreclosures out there – and our area has definitely not been spared – presents a big problem for those people who want to sell their homes.

Legitimate home sellers are forced to compete with all the foreclosed homes on the

market. Some buyers will look at the foreclosed homes and think they are getting a great deal because they cost less than non-foreclosed homes.

What they are forgetting, though, is that a foreclosed home has usually been vacant for some time, in many cases more than a year.

Often these homes aren’t winterized or maintained until the bank takes ownership (*and, even then, only minimally*).

You -- as a buyer -- can see that the carpeting needs replacement, that the cabinets want rehab, that the place needs major cleaning... However, you might not see that the pipes have frozen during the last winter, that the CAC is rusted out, that the HW heater and furnace are near shot. During the inspection, you will find some of these issues (*if you hire a good home inspector*) but – Buyer Beware! –you could be walking into a huge money pit!

Or you could spend a bit more and walk into a home that requires little to no work, where the sellers, while they lived there, maintained the property lovingly, to their standards.

There are no guarantees in purchasing but the chances are better - when buying from a homeowner - that you won’t be running into some really horrendous problems....

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

Sturgeon Moon

The August full moon appears on Tuesday, August 24, 2010, at 17:06. It is called the “Full Sturgeon Moon.”

According to “The Farmer’s Almanac,” the fishing tribes are given credit for the naming of this moon, since sturgeon, a large fish of the Great Lakes and other major bodies of water, were most readily caught during August.

A few tribes knew it as the “Full Red Moon” because, as the Moon rises, it appears reddish through any sultry haze. It was also called the “Green Corn Moon” or “Grain Moon.”

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

American Legion Makes Donations; Plans Anniversary Luncheon

At the July 12, 2010 meeting of the Captain James B. Scarr Post 106 American Legion, donations were made to: the Golden Age Account, the Cancer Care Account at the East Orange Veterans Hospital, and masonry work at the Veterans Memorial Home in Paramus.

They also donated to the USO. These donations provide morale, welfare, and recreation services to Veterans and also uniformed military personnel and their families.

The post will be celebrating its 91st Anniversary in September. It was organized on September 3, 1919. In recognition of this milestone, a luncheon to be held at Al Di La Restaurant in East Rutherford, is being planned for late September.

The post meets on the first Monday of each month in the meeting room located in the basement of the Hasbrouck Heights Municipal Building. When a holiday falls on the first Monday, they meet on the second Monday. *Story by Peter Gallo Jr.* ###

August Birthstone
Peridot

Dog Days of Summer

Everyone talks about “the Dog Days of summer,” but few know what the expression means. Some say it signifies the hottest, most sultry days “not fit for a dog.”

The Old Farmer’s Almanac lists the traditional timing of the “Dog Days” as the 40 days beginning July 3 and ending August 11, coinciding with the ancient heliacal (*at sunrise*) rising of the Dog Star, Sirius.

They named this period of time, from 20 days before the conjunction to 20 days after, “Dog Days” after the dog star.

The term “Dog Days” was used by the Greeks, as well as the ancient Romans after Sirius, the brightest star in the heavens besides the Sun.

The ancients believed that Sirius was so bright that it actually produced enough heat to help warm the earth. During the summer months, Sirius rises and sets in conjunction with the sun and the ancients believed that Sirius added to the heat produced by the summer sun. And that’s how the phrase “The Dog Days of Summer”

Moonachie Fire Dept. Meets With Seniors

The members of the Moonachie Fire Department recently attended a Moonachie senior citizen meeting to do a presentation on smoke detectors.

The program covered what locations in the home to place them, time of year to change batteries, and when detectors should be replaced.

In addition, the members of the senior community were provided with new smoke detectors if they were needed in their homes.

The program was sponsored by The New Jersey Division of Fire and ABC “Operation Save a Life.” This program provides smoke detectors free of charge to fixed income and low income families.

There are additional smoke detectors available on a first come, first serve basis. If you need a smoke detector, contact the Fire Prevention Office. *Story by Fire Chief Justin Derevyaniuk.* ###



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originated.

A casual survey will usually find that many people believe the phrase is in reference to the conspicuous laziness of domesticated dogs (who are in danger of overheating with too much exercise) during the hottest days of the summer.

When speaking of “Dog Days” there seems to be a connotation of lying or “dogging” around, or being “dog tired” on these hot and humid days. Although these meanings have nothing to do with the original source of the phrase, they may have been attached to the phrase in recent years due to common usage or misunderstanding of the origin of the phrase.

In recent years, the phrase “Dog Days” or “Dog Days of Summer” have also found new meanings. The term has frequently been used in reference to the American stock market(s). Typically, summer is a very slow time for the stock market, and additionally, poorly performing stocks with little future potential are frequently known as “dogs.”

Today, “Dog Days” occur during the period between July 3 and August 11. Although it is certainly the warmest period of the summer, the heat is not due to the added radiation from a far-away star, regardless of its brightness. The heat of summer is a direct result of the earth’s tilt. ###

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Carlstadt Senior Trips

The Carlstadt Seniors are planning trips as listed. Call Rose at 201-438-9182 for information:

- August 12: Renault Winery, show and luncheon, Egg Harbor City, NJ.
- September 6-10: Extended trip to Wildwood, NJ, 5 days/4 nights.
- September 30: Sight & Sound Theatre, Stroudsburg, PA, Show, "Joseph."

**Conserve Energy
When not in use,
turn off the juice.**

W-R Senior Bus

A free bus is now available for 60+ Club meetings on the first and third Thursdays. Pick-up is around 11:30 a.m. and return to your home at about 3 p.m. Call 201-939-7507 for details. ###

AC Bus Trips

The VFW sponsors Atlantic City Bus Trips on the last Wednesday of the month. Bus departs at 10:30 a.m. and returns at about 9:00-9:30 p.m. Proceeds are used to help defray building expenses. Call the Post for more information at 201-288-1112. ###



**August 2010
Heights Senior Calendar**

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

- Monday, August 2, 9, 16, 23, 30**
10:00 a.m. to 1:00 p.m. Games, cards & coffee
11:00 a.m. Mahjong
- Tuesday, August 3, 10, 17, 24, 31**
10:00 a.m. Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Games, cards & coffee
- Wednesday, August 4, 11, 18, 25**
10:00 a.m. Wii Bowling League
2:00 p.m. Senior Paced Aerobics \$1.00
- Thursday, August 5, 12, 19, 26**
10:00 a.m. to 1:00 p.m. Games, cards & coffee
11:00 a.m. Mahjong
2:00 p.m. Senior Yoga \$1.00
- Friday, August 6, 13, 20, 27**
10:00 a.m. Games, cards & coffee

UPCOMING EVENTS

Senior Wellness Luncheon
Thursday, August 19 from 11 a.m. to 2 p.m. at the Senior Center. Free lunch with talk about health topics. Open to all senior residents of Hasbrouck Heights.

11th Annual Senior Picnic Was "Cool"

In the midst of a hot spell, with temperatures in the nineties, it was a pleasure to have this year's 11th Annual Senior Picnic held in the Senior Center.

The seniors appreciate the event hosted annually by the Mayor and Council. Mayor Rose Heck and Councilmen John Dingertopadre and Russell Lipari attended this year's picnic.

Without a doubt, the Picnic was a success. The usual food was served, hot dogs, various sandwiches, all types of salads, soda, water, coffee, apple turnovers and ice cream.

Marge, from Henry's Deli,

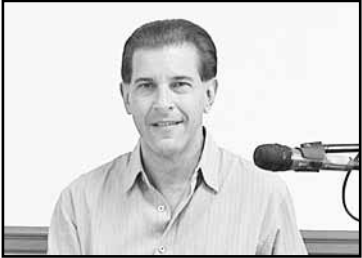
and her staff prepared the food, which was plentiful and delicious. The students who were working for the Recreation Department served the food. They were fascinated by the line dancing of the seniors.

Peter Lieberman provided the entertainment. He always plays great music. No picnic would be complete without him. Local resident, Edith Avella, sang two songs accompanied by Mr. Lieberman. She mastered her musical delivery when she sang with the big bands.

Borough Clerk Rose Marie Sees did an excellent job preparing for the day. She is well

organized and was involved with everything that was taking place.

A special guest at this year's picnic was long time resident, Betty Kress, who was visiting her home town. She enjoyed seeing old friends and is proud to announce that she's 101 1/2 years old. *Story by Peter Gallo Jr. and photos by Marie Gallo. ###*



AARP Holds Year End Picnic



The Central Bergen Chapter 418, AARP officially ended its administrative year with a picnic at Woodland Park in Hasbrouck Heights. More than 50 members and their guests attended the affair which was held on Saturday, June 26, 2010.

Picnic chairman Jerry Hackel, along with treasurer Peter Gallo, purchased everything that was needed for the picnic. President Marie Gallo cleaned the tables and placed the table cloths on them. Estella Hackel helped Jerry with all the preliminary preparations. Secretary Janet Wright and Bertha Spada cut the peppers, onions and tomatoes.

John Nesbitt and Jerry Hackel cooked the hamburgers, sausages and hot dogs. Jerry also prepared the clam chowder with his own secret recipe. The desserts were donated by the members. Vice President Frank Zabransky entertained the group with selections on his keyboard.

The comfortable weather contributed to the success of the picnic. *Story by Peter Gallo Jr. Photos by Marie Gallo. ###*



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60th Anniversary of The Forgotten War

At noon on Friday, June 25, 2010, Bergen County officials hosted a Commemoration of the 60th Anniversary of the Korean War at the Circle of Honor, Bergen County Court House, Hackensack.

Kevin Clancy, Director, Bergen County Division of

Veterans Services, was the Master of Ceremonies.

The Colors were posted by Bergen County Sheriff's Office Color Guard. The "National Anthem" was sung by Dr. Sungbae Ju, President, Garden State Opera, Inc.

The Invocation was given

by Rev. Dr. Michael Chung of New Hope Community Church, Palisades Park.

The Pledge of Allegiance was led by Sheriff Leo P. McGuire, with a welcome by James M. Carroll, Chairman, BC Board of Chosen Freeholders and greetings by Dennis

McNerney, BC Executive.

Remarks were made by Dr. Rich Onorevole, Commander, Taejon Chapter 170, Korean War Veterans, who also received several Commendations on behalf of Korean War Veterans. Representing the Republic of Korea, was Deputy Consul

General Nak-Young Joo from the Office of Consulate General in New York City. While there was a musical presentation by the Garden State Opera, officials placed wreaths at the Circle of Honor.

Kevin Clancy made the concluding remarks. ###

Korea Remembered

by Dan Vecchio, Past Commander, VFW Memorial Post 4591, first published July 2003

This month we will celebrate the 50th anniversary of the **end of the Korean War**. Well, maybe not quite a celebration.

You see, somewhere along history's trail, the conflict in Korea got lost, sandwiched between the successful conclusion of World War II and the unpopular and lengthy conflict in Viet Nam.

In fact, the characterization of Korea as a "War" has often been the extent of discussion amongst history enthusiasts, arguing whether it was a Police Action, a Conflict or an Armed Occupation.

I would like to share with you some statistics, unknown to most, concerning the Korean

War (June 25, 1950-July 27, 1953). At the time of the war 1,789,000 troops were in service. Peak strength in country was 325,270 troops.

There were 33,741 combat related deaths (36,576 total deaths). In one battle, Pusan Perimeter (8/4/50-9/16/50), 3603 combat fatalities. The deadliest day was Nov. 30, 1950 when 799 American troops were KIA. The deadliest week was Nov. 26-Dec. 2, 1950 when 3567 troops were KIA. In the month of Nov. 1950, 3627 troops were KIA. 103,284 were wounded in battle. 7140 POW's (4418 returned; 2701 died in captivity; 21 refused repatriation). There were 131 Medal of Honor recipients.

Even these statistics do not fully depict the dreadful conditions and the overwhelming odds these warriors had to contend with. In spite of all

this adversity, they succeeded in their mission, albeit at a high price, of ensuring South Korea's independence and freedom, to this very day.

Our country never afforded them a hero's welcome when they returned. In fact, the only celebration was within the family unit of the returning Veteran.

There was no dancing in the street or ticker-tape parades. To quote a Korean War Vet, a Staff Sergeant of the USMC FMF, "But it was rough to come home to silence in 1952." Where you been, Chris? In Korea. Oh, oh, that place... better go get a job." Semper Fidelis."

Instead, their claim to fame has been their association with the conflict often referred to as the "Forgotten War."

History books barely mention their contribution to worldwide stability, often relegating any reference to a mere foot-

note.

Congress may not have issued a Declaration of War against North Korea and their Chinese ally, but it was a War in every other aspect. The sheer number of lives lost, demand that it be called a War. The men and women, who left the comfort of their homes and families, demand that it be called a War.

We, who know the sacrifices that these "lovers of freedom" made, are forever grateful and demand it be called a War. You, who enjoy peace and freedom, must demand it be called a War.

And together, we will vow - to never, ever again, refer to it as "Forgotten."

Statistics taken from VFW Magazine, June/July 2003

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On June 18, 2010, the new owners of Minuteman Press held their grand opening. (l-r) Bergen County Executive Dennis McNerney, Hasbrouck Heights Mayor Rose Heck, owners Thomas Colletti and Al Falivene, Kim Colletti and Hasbrouck Heights Chamber of Commerce President Ray Vorisek. ###

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On July 14, 2010, *Heights Flower Shoppe*, in conjunction with Teleflora's "Make Someone Smile Week," gave over 1,000 plants, arrangements and flowers to patients at Hackensack University Medical Center. This is the fifth year Heights Flower Shoppe has been participating in this program. Photo above is owner Ray Vorisek preparing for the event. ###

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Hasbrouck Heights Farmers' Market

The Hasbrouck Heights 10th Farmers' Market is held every Tuesday, from Noon to 6:00 p.m., until late September, at the corner of The Boulevard and Central Avenue.

This Farmers' Market hosts about a dozen vendors.

George Asprocolas is back with a huge array of fresh produce, all grown in New Jersey.

So are favorites Hoboken Farms and Dr. Pickle.

Additionally, many new vendors include Amish Country Bakery, Johnny's Cookies, and Yona's Gourmet Delights.

Additional vendors are expected as the season unfolds to include hand made soaps, etc.

According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon during the 2010 Market. Limited positions are available. Call Ray at 201-288-5464 for more information.

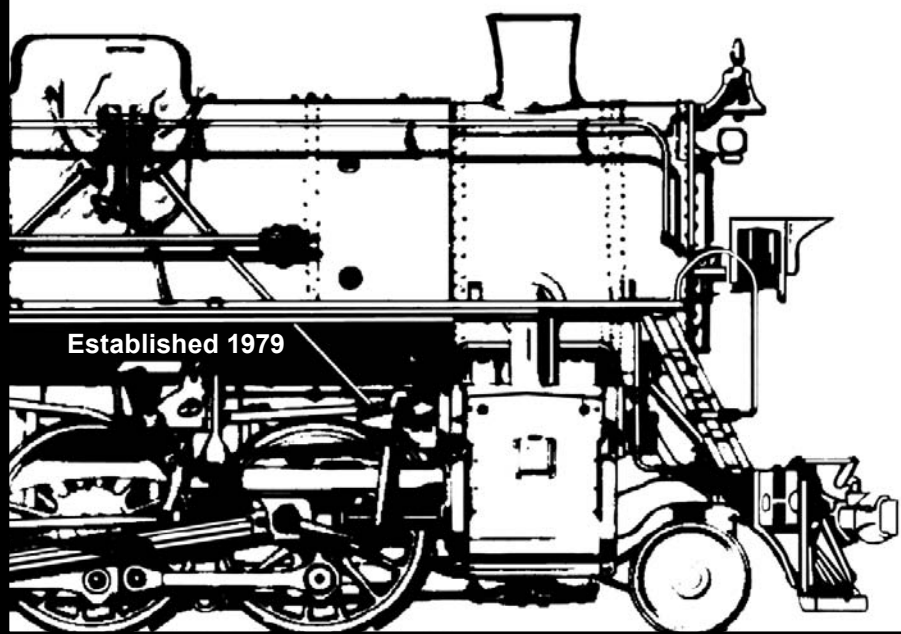
During Farmers' Market days, Boulevard businesses are permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. ###

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With the temperature at 100 degrees, this was the place to be. Photos taken at Hasbrouck Heights Swim Club on July 5, 2010.

Heat Wave Will Calm Down, Then Re-energize

During the month of June, our temperatures here in the Teterboro, Hasbrouck Heights, Moonachie and Wood-Ridge area have averaged 3 ½ degrees above normal with above normal days with 90 plus daytime high temperatures.

For July, so far, we have been running 5 ½ degrees above normal. Although good news for the electric companies, bad news for the rest of us! Poolside or Oceanside “THE” place to be.

As this article “hits the streets,” there is good news for you heat haters (*most of us*).

We now have a pattern change, albeit temporary, as of today (Monday-July 26), cooler and drier air is moving in behind a healthy cold front. Monday, Tuesday and part of Wednesday look OK with temperatures still rather warm, but not oppressively hot.

However, the heat will be turned back on later Wednesday into the rest of the week, through Thursday, Friday and next weekend with temperatures in the 93 to 98 degree range with some spots touching the century mark (100 degrees).

The typical scattered sum-

mer-time thunderstorms that build during the heat of the afternoon will likely be with us Thursday into at least Saturday but no prolonged rain is expected.

In fact, if you have vacation this week, you are looking good!

As far as the rest of the summer is concerned, I am forecasting it to average above normal for most of the rest of July and part of August. However, a pattern change will make for more comfortable air by the latter part of August and early September.

Our hurricane season so far has been a dud, which goes against the National Hurricane Center’s forecast of a “very active hurricane season.” Don’t get me wrong, we will have a normal to somewhat active hurricane season mainly in the Gulf of Mexico states, Texas to Florida, with slight chance of an east coast system affecting us in August, September or early October.

To get back to the National Hurricane Center, they do a fantastic job in short term hurricane forecasting, but long range is a “tough business,”

like with all weather forecasting.

Personally, I cannot wait for our first snowfall!

Enjoy the summer.

Meteorologist Dan Ventola, The National Weather Station, LLC, located at Teterboro Airport -- providing clients with site-specific weather forecasting services for aviation, DPW’s, school districts, OEM’s, landscape companies, etc. For information, call 201-288-1824 or go to: www.nationalweatherstation.com

Karaoke Night to Aid the Gulf

The Little Ferry/Moonachie Rotary Club is hosting a Karaoke Night to aid the men and women of the fishing industry impacted by the oil spill in the Gulf. Proceeds will go to the the Horizon Relief Corporation (www.HorizonRelief.org).

The event is on Friday, August 6, 2010, at the Little Ferry VFW. Tickets are \$20 and include food, raffles, prizes and lots of fun. Cash bar. For more information, call Eileen at 201-933-6427. ###



See What's New at IHOP

MDA Seeks Help for Annual Labor Day Telethon

The 45th Muscular Dystrophy Telethon begins Sunday, September 5, 2010, at 9 p.m. and runs through Monday, September 6th until 6:30 p.m.

Volunteers are welcome to help answer 60 phones, stuff and mail letters ... there is a job for everyone! Bring your friends and co-workers to spend a few hours. Refreshments provided. Last year, over 200 volunteers participated at this location.

The regional pledge center, located at VFW Post 4591, has served Northern NJ, Manhattan and Staten Island for 38 years. Last year, Monmouth and Ocean Counties were included. Call the Ciavaglia Family at 201-288-2867 to volunteer or for details.

In 2009, \$60.5 million in pledges & contributions enabled the MDA to fund both service and research programs. www.mda.org/telethon/

The Jerry Lewis Muscular Dystrophy Telethon has been a tradition since 1954. ###

Hand Held Cell Phone Use While Driving is Prohibited

Wine & Other Delights

The Hasbrouck Heights Friends of the Library, in partnership with the Hasbrouck Heights Chamber of Commerce, cordially invite you to a fun-filled, entertaining evening of laughs at the Annual Wine & Other Delights Event to be held on Thursday, September 30, 2010, from 6 to 9 p.m., at the Hasbrouck Heights Hilton. Cost is \$65 per person. For tickets and information, call 201-288-0488. ###

Rockin 50s & Fireworks

Little Ferry will hold a Rockin 50s themed Family Fun Day on Saturday, September 25, 2010 at Lakeview Field.

A flea market will be held from 10 a.m. to 5 p.m. Rides, food, games and entertainment from 1 p.m. to 5 p.m. Musical entertainment and free popcorn starting at 6:30 p.m. Fireworks start at 8:15 p.m.

Free admission for all Little Ferry residents. Non-residents, \$25 entry fee per family. Rain Date is Sunday, September 26. Event sponsored by the Little Ferry Recreation Committee. ###

Little Ferry Police Hold National Night Out

On August 3, 2010, The Little Ferry Police Department will sponsor their 7th Annual National Night Out Program in the municipal parking lot from 7 p.m. to 9 p.m.

There will be plenty of refreshments, hot dogs, soda, water, fruit, donuts, etc., with three bounce amusements, water rides (*bring your bathing suit!*) and games for the children.

The Police Department will have a golf cart with goggles to safely demonstrate the DWI experience. Laszlo, the recent K-9 addition to the Department, will give demonstrations.

Little Ferry's 46 member EMS squad will provide tours of the ambulance, information on File of Life, When to Call 911, obtaining social services, etc., cooling stations with misting fans, 200 bottles of water and 50 pounds of ice.

The Little Ferry Fire Department will provide pam-

phlets on motor vehicle fires, protecting your family from fire, Fire Safety Check List, etc., and coloring books.

The Rescue Squad will do a "Jaws of Life" extrication demonstration by cutting off the doors and roof of a car.

The CERT Team will be demonstrating their skills.

According to Little Ferry Police Chief Ralph Verdi, National Night Out is a community building campaign designed to: heighten crime prevention awareness; generate support for, and participation in, local anti-crime programs; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals letting them know that neighborhoods are organized and fighting back. ###

Bergen County Honors Vets With a Medal

Bergen County Office of Veterans Affairs announced a program to award a Bergen County Military Service Medal to those who served honorably in the armed forces and recognize them for their service.

The Bergen County Military Service Medal will be awarded to those Veterans who were honorably discharged from any branch of the military and who reside in Bergen County.

Veterans must complete and return the Service Medal Application with a copy of the DD-214 or discharge papers. Veterans will be notified of a date for the presentation ceremony.

For an application or more information, contact the Bergen County Division of Veterans Services at 201-336- 6325. ###

Mum and Garage Sale

The Moonachie First Aid & Rescue Squad will be holding its 5th Annual Mum sale on Saturday, September 25, 2010, from 8 a.m. to 4 p.m., at 121 Moonachie Avenue, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$8 each.

Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available.

Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094 .

All proceeds go directly to the Squad for operating expenses. ###

"A Salute To Veterans" Wings & Wheels Expo 2010



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Sunday, September 26, 2010 • 9 a.m. to 4 p.m.

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Last year's aircraft included: F-4U Corsair • TBM Avenger C-47 Dakota • B-25 Mitchell • C-54 Spirit of Freedom

Additional exhibits and vendors included: various modern, vintage and unique aircraft, Army Air Forces Historical Association, Paramus Flying Club, Port Authority, US Army, US Air Force, exotic, antique, custom, race cars, and military vehicles PLUS Big Wheel Races, etc.

Admission: Adults: \$12 • Seniors & Children under 12: \$7 • Under 3 FREE.

Free Admission: Veterans wearing VFW or American Legion Cap • Active duty military personnel (with ID)

Event Ticket also includes FREE admission to the Museum • Event proceeds benefit AHOF

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Hasbrouck Heights \$699,000
Custom CH Colonial built in 2006, on 125' deep lot. FLR & FDR, kit w/granite, SS appliances, island & breakfast area w/sliders to deck. FR w/gas fpl. & 1/2 bath. 2nd floor w/3 BRs & master suite, hardwood floors, C/A, 2 car garage. Tour at: www.gatewaytohomes.com/1010682



New Milford \$449,000
Spacious Ranch in great location with large open bright rooms, offers 3 BRs & 1.5 baths. FDR, MEIK, finished basement, deck, patio, deep lot, C/A, attached garage. Tour at: www.gatewaytohomes.com/1021321



Wood-Ridge \$389,000
Lovely 3 BR, 2 bath Cape Cod offers LR w/bay window, DR off EIK, 3 season room, fin. bsmt. w/FR, bar, sum. kit. & bath, large BRs, great yard w/ingrnd. pool, patio & white fence, hardwood floors, central air, attached garage. Tour at: www.gatewaytohomes.com/1018998



Norwood \$549,000
Custom Built spacious Split on large, nicely landscaped lot. LR w/fpl., FDR w/sliders to deck, MEIK, family room, sun room, patio, 4 BRs, 2.5 baths, finished basement, hardwood floors, C/A, attached garage. Tour at: www.gatewaytohomes.com/1023238



Lodi \$414,000
Sparkling, updated 3 BR, 1.5 bath Colonial complete w/C/A, modern kitchen w/granite, hdwd. floors, fin. bsmt. w/FR, Indry room & storage. Trex deck and a spacious backyard. Att. garage, popular, convenient neighborhood. Tour at: www.gatewaytohomes.com/1007755



Wood-Ridge \$479,000
Custom BI-LEVEL 3 BRs, 1.5 baths, LR & DR w/beau. hardwood floors. FR, 2 kitchens offer ext. family potential, C/A, 2 car attached garage. Tour at: www.gatewaytohomes.com/1025729



Fair Lawn \$333,000
Brick Cape set on oversize flat property offering 3 BRs, large MEIK, updated bath, gleaming hardwood floors, new windows, attached garage, full part finished basement, & convenient location. Tour at: www.gatewaytohomes.com/1025708



Hasbrouck Heights \$579,000
New development! Pick your colors! 6 sprawling 4 BR, 2.5 bath Colonials w/grand entrances, open bright rooms, GR/fpl., large master suite, C/A, hardwood floors, full basement, 2 car garage. Dead end st. Tour at: www.gatewaytohomes.com/1000636



Hasbrouck Heights \$389,900
Brick Colonial set on lushly landscaped 75x144 property. 3 BRs, 1.5 baths, LR w/fpl., DR, MEIK, hardwood floors, atrium, patio, C/A, 1 car attached garage. Possible short sale. Tour at: www.gatewaytohomes.com/1030041



Wood-Ridge \$199,900
Cute Bungalow Style house, 3 BRs, 1.5 baths, LR and EIK. Ext. w/newer siding & windows. Beautiful paver block driveway & retaining walls. Interior in need of TLC. Short Sale! Buyer responsible for CO. "Sold as is." Tour at: www.gatewaytohomes.com/1018650



Hasbrouck Heights \$309,900
Brick front 3 BR Cape Cod set on 168 ft. deep property on Cul-de-sac. Offers EIK, den/office, sun porch, finished basement, hdwd. floors, gas BBD heat, C/A & sprinklers. Tour at: www.gatewaytohomes.com/1015277



Wood-Ridge \$549,900
Renovated top to bottom. Custom kitchen, Brazilian marble & SS, 3 BRs, 2 baths, LR, DR, hardwood flrs., den w/door to deck, new elect. & two zone heat, fenced yard, central air, att. garage. Beautiful home! Tour at: www.gatewaytohomes.com/1016742



Ho-Ho-Kus \$764,000
Expanded Custom 5 BR, 3.5 bath Bi-Level, FLR/fpl., FDR w/vaulted ceiling, state-of-the-art EIK, Great Room, master suite w/bath & tray ceiling, deck, patio, hardwood floors, C/A, 2 car garage. Tour at: www.gatewaytohomes.com/1027794



Hasbrouck Heights \$399,900
Lovely expanded 3 BR, 3 bath Colonial offers lots of living space in double living room, formal dining room, MEIK & bonus room off the LR for den/office or 4th bedroom. Deep yard, finished basement, C/A & Garage. Tour at: www.gatewayrealtors.com/1007360



Wood-Ridge \$639,000
Custom 4 BR, 2 bath Split w/large EF, sunken LR w/cath. ceil., FDR w/built-ins, EIK w/isle stove & sliders to deck. Huge MBR & bath w/tub & SS. Ground level FR w/sldrs. to yard, in-ground pool and patio, 2 car attached garage. 2 zone heat & C/A. Tour at: www.gatewaytohomes.com/1018363

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