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**** VOL. 8, No. 8 August 2011



Young lady helping mom at the Hasbrouck Heights Farmers' Market. See story on page 24.

mer

Oh, the joys of summer. Children playing, swimming, exploring new things, without a care in the world. Adults enjoying balmy afternoons sitting on the porch and drinking lemonade -- listening to birds singing and crickets chirping and cicadas buzzing -- watching bumble bees and butterflies - nature's magic. The wind kicks up rustling leaves, there's a quick summer shower: "I wonder if there will be a rainbow?" The sun is too hot! Oh, but those glorious sunsets.

The chores are done, it's time to rest, savor a cool evening breeze and watch a gentle moonrise -- look there's a firefly, and another... Ah, a day to behold!

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Caribbean Shrimp Salad

(Inset) Light and crunchy-fried shrimp served on a bed of fresh lettuce tossed in a mango vinaigrette. Topped with Caribbean salsa and served with garlic bread. 9.99



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Soul Survivor

Well over 100 children how to be a soul survivor for attended this week long experience as Bible Baptist Church held its annual community event Monday thru Friday, from 7 – 8:30 p.m., July 11-15, 2011.

This year's theme was "Soul Survivor," very similar to the popular television show "Survivor."

The children had a blast learning about God's Word and

His Kingdom.

The week included games, music, singing, skits, snacks and much more!

BBC has held what used to be known as "Vacation Bible School" for many years. It has been a great tool for bringing kids into an environment where they can have fun while they learn about the Bible. ###

Value of Relationship Banking

Many financial institutions segment their customer base. Many use a "value" approach, segmenting customers by their value to the bank — looking at the number of products owned, or estimating profitability.

Others use psychographic approaches to identify the differences among customers as they relate to attitudes about life in general or about managing their financial lives.

Customers enter into relationships with banks having different expectations — and desires — for what that relationship will be.

In many cases, a consumer doesn't want a relationship — he simply wants to buy and use a product or service from the institution.

For most people, the centerpiece of their relationship with their bank is a checking account.

Studies have shown that consumers overwhelmingly define "their" bank as the institution where their checking accounts are held, not the bank where they may have a mortgage or CD.

It's no wonder banks throw a sizeable amount of money toward attracting and retaining consumer checking accounts.

Banks in search of "total relationships" with customers are offering free checking accounts with loan discounts, investment bonuses, insurance incentives and other financial sweeteners.

Because banks are offering discounts or freebies when you have multiple accounts, you can use any banking product you are considering, as leverage to snag something else you want

Mum and Garage Sale

The Moonachie First Aid & Rescue Squad will be holding its 6th Annual Mum Sale on Saturday, September 24, 2011, from 8 a.m. to 4 p.m., at 121 Moonachie Avenue, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$8 each.

Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available. Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094. All proceeds go directly to the Squad for operating expenses. ###

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Many financial institutions from the bank -- say, a higher ment their customer base. CD rate.

The more business you do with one bank, the more likely they are to sweeten the deal.

The challenge is – defining your expectations:

Interpersonal excellence -

These are the consumers who are predominantly looking to deal with employees who are friendly and helpful; take the

friendly and helpful; take the time to listen to problems, concerns, and needs; and live up to values portrayed in the bank's ads.

Advice and guidance -

These consumers are expecting objective advice and guidance in making product decisions and making the best use of those products. They may or may not care if the people they deal with are "friendly," and they may not care if the advice and guidance they get even comes from a human (versus a Web site).

Operational excellence -

These consumers want to do business with a bank that's easy to do business with and never makes mistakes.

Again, they may or may not care if the people they deal with are "friendly and helpful" — in fact, they probably don't even want to talk to those people in the first place. Internet banking and mobile banking are the tools they prefer to use.

Many customers want all three TO SOME DEGREE, but want one much more than the others.

Older customers (>50) tend to want the interpersonal connection. Younger, less affluent customers are looking for objective help with their financial decisions.

And the busy middle aged crowd just wants the bank not to make mistakes, make it easy to do business, and leave them alone. Knowing your preferences can help you choose the right institution for you. ###

The Gazette

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Fritz Rethage Editor • Publisher
Marie Gallo Assistant to the Editor
Nancy Halloran Copy Editor
Peter J. Gallo Jr. Contributor
Pauline Freedman Bookkeeping

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SonSurf Beach Bash

This summer, bring your kids to Vacation Bible School at Faith Reformed Church, August 8 through 12, 2011, from 6 p.m. to 8:30 p.m. This year's program is "SonSurf Beach Bash, a week of fun in the Son!"

As they participate in funfilled activities, children will learn what it means to meet up with Jesus. Have a great time with lively songs, hilarious skits, creative crafts, Bible stories, exciting games, and tasty snacks, all the things that make vacation Bible school so much fun. Classes are for children from 4 years of age through Sixth Grade. Admission is free. Call 973-778-4529 for more information. Faith Reformed Church is located at 95 Washington Street, Lodi, NJ ###





Cub Scout Pack 17 Camps Out

Twelve Scouts attended Cub Scout overnight camp at Camp Lewis this year. The Scouts spent five days learning about nature, water safety, archery, BB guns and Scouting skills, such as map reading with a compass, and boating. They also played field sports such as Ultimate and Soccer. The theme this year was "Harry Potter" and they learned how to play "Quidditch." Above: Pack 17 with members of Pack 86 (*Lyndhurst*). Left: Members of Pack 17. Story and photos by Tricia Sonzogni. ###



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Moonachie Summer Recreation Program

While the kids had fun with games, face painting, etc., at the Robert L. Craig School, the Moonachie Recreation summer program staff and volunteer parents cooked up hot dogs and hamburgers on June 30, 2011. ###





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Road Courtesy is Contagious



On Thursday, June 16, 2011, Cub Pack 17 of Hasbrouck Heights, held its Annual Bridging Ceremony at the Municipal Building. A brief summary was given of the year's events and Scouts were recognized for their accomplishments. Tigers, Wolves, Bears and Webelos I all received rank advancements, and the new incoming Tigers were welcomed into the Pack. Refreshments were served at the end of the ceremony. Scribe, Troop 17. ###



Lodi Library Summer Reading Program

On June 24, 2011, The Lodi Memorial Library held the biggest program they have seen in years!

Their kick-off to Summer Reading attracted over 80 children and 60 adults. Eight-four children and teens registered for the annual summer reading program, ate Rita's Italian Ice, played bean bag toss & carpet bowled.

Summer programs run daily, Monday to Friday, now through August 19.

Please check out The Library's website (lodi.bccls.org) or contact the Youth Services Librarian, Courtney Reinfried, at courtney.reinfried@bccls. org or 973-365-4044x6 for more details. ###

Social Announcements

Engagements • Weddings • Births • Anniversaries Share Your Special Moment with an Announcement in The Gazette Newspaper

Cost is \$125 – includes black & white photo (color photo add \$25), heading and about 100 words. E-mail www.thegazette-newspaper with your high resolution photograph in jpg format, copy and contact information. Send check to The Gazette Newspaper, 343 Boulevard, Hasbrouck Heights, NJ, 07604. Photo, copy and payment received by the 1st of the month should appear in the following month's issue.

Layout, treatment and editing of the announcement are at the discretion

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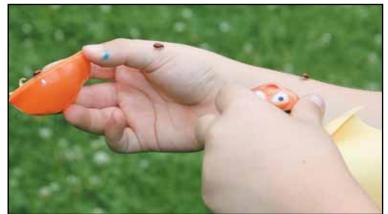
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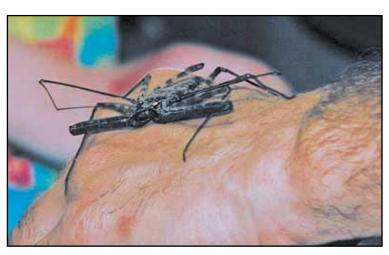
















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Over 100 children released 85 butterflies, from special paper envelopes, and 3,000 ladybugs, from little bug shaped boxes, in Woodland Park on Wednesday afternoon, June 23, 2011.

The event featured NJ Batman with a live show where he captivated the children and adults with millipedes, scorpions, tarantulas, Madagascar hissing cockroaches, etc.

Children crafted a butterfly by painting a coffee filter. When dried, they were shaped by JWC members into a butterfly for the children to take home.

Additional activities included face painting, tattoos, games, bug story time, etc.

This third annual event was sponsored by the Junior Women's Club of Hasbrouck Heights, with proceeds to benefit the Valerie Fund.

For more information about NJ Batman, The Wildlife Conservation and Education Center, go to: www.NJBatman. com ###

Ask about our Back-to-School Specials

Chip Dee Academy Holds 22nd Annual Recital

The students of **Chip Dee Academy of Music** in Hasbrouck Heights, NJ, held their 22nd Annual Recital on Sunday, June 5, 2011, at the studio. The students range in age from 5-16 and played everything from Bach, Beethoven, Mozart and Satie to Blues, Alicia Keys and Green Day and everything else in between. "We are very proud of our kids," said owner/instructor, Chip Dee. "They work very hard all year and realize at a young age that playing a musical instrument correctly demands dedication and focus to be the best. We believe our kids all showed that today." *Story and photos provided by Chip Dee Academy. ###*



Intermediate and Advanced Students (l-r) Front row: John Marc Degaard – Accompanist, Adriann Kulesza – Drums, Michael Behrens – Guitar, Megan Nordt – Piano, Emily Reyes – Guitar, Rishab Katteri – Piano, Edison Hauptman – Piano. Second Row: Bryan Sanchez – Guitar, Ryan Cooper – Piano, David Dominguez – Piano, Masha Rutenberg – Piano/Vocals, Frank Dubicki – Acoustic Guitar / Bass / Vocals, Daniel Picinich – Guitar / Vocals, Mike Giacumbo – Drums, Destiny Aliano – Piano/Vocals, Daniella Presti – Guitar/Vocals, Jennifer Forgcac – Guitar. Back Row: Carmine Scordo, David Schnepf – Drums / Vocals, Damian Kulesza – Piano, Tyler Stevens – Piano, Chip Degaard. ###



Young Musicians (l-r) Front row: Ananda Thool – Piano, Tejasi Thool – Guitar, Zachary Hauptman – Piano, Jonathan Hauptman – Piano, Austin Fung – Guitar, Katie Kretzmer – Piano & Guitar, Daniel Behrens – Piano. Second Row: Jianna Loor – Piano, Dana Bincoletto – Piano, Sara Duffy – Drums, Angus Fung – Piano, Shalom Dukhande – Drums, Catherine Castellanos – Piano. Back Row: Carmine Scordo and Chip Degaard. ###



Youngest Musicians (l-r) Front row: Janean Abboushi – Piano, Melanie Fede – Piano, Elisha Santos – Piano/Vocals, Chiarra Alvarez – Piano, Alexandra Roseman – Piano/Vocals, Rakchonm Kim – Piano, Lucia Marquez – Piano/Vocals. Second row: Nick Palmeiri – Guitar, Jerricka Kim – Piano, Brandan Greenaway – Guitar, Keshav Katteri – Guitar. Back Row: Carmine Scordo and Chip Degaard. Not shown in the picture: Abhinav Kumar – Guitar. ###

Libraries offer best-selling books, audio books, current and classic DVDs, CDs, and magazines. They also have free Internet access. Libraries offer programs for children, teens and adults. They offer a variety of story times, craft classes, magic shows for children, and for adults, financial seminars, cooking classes, and interesting speakers. For more information go to: bccls.org



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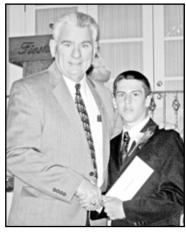
Nagel Scholarship Presented to Lia

Jack Nagel presented the \$1,000 scholarship in the name of Audrey L. Nagel to Corpus Christi Eighth Grade graduate James R. Lia.

Audrey was a 1962 graduate of Assumption School in Wood-Ridge. The award was first presented last year at Assumption School.

Since the school's closing it will now be awarded yearly to an Assumption Parishioner that attends any local parochial grammar school and will attend a Catholic High School.

Audrey passed away in 2009 following a 9½ year battle with breast cancer. An excellent student devoted to the school and parish, she went on



to a successful business career.

A loving wife and wonderful mother, Jack established this award so she would always serve as a role model for the students of Assumption Parish. Photo and caption provided by Jack Nagel. ###

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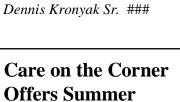


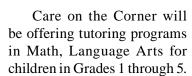


The Carlstadt Public School held their 145th Annual Parade and Picnic on Saturday, June 18, 2011.

The Parade, with all students, some teachers, Carlstadt Fire Department and Carlstadt EMS started at the civic center on Fourth Street, down Hackensack Street, to the Little League field on Ninth Street.

There were hot dogs, games and pink lemonade. *Photos by Dennis Kronyak Sr. ###*





Tutoring Program

The next session will be held Monday, August 22 to Friday, August 28, 2011. The classes will be taught by current and retired teachers.

The classes will take place from 9:30 p.m. to 12:30 p.m at the Care on the Corner offices located at 333 Franklin Avenue, Hasbrouck Heights, NJ.

The registration fee will be \$10 per session. To register or for further information call 201-288-9460. ###























Carlstadt Recycling Poster Contest

The Carlstadt Recycling Program held a poster contest and the winners were awarded their certificates at Borough Hall on June 20, 2011.

Winners also received savings bonds. First Place - \$200, Second Place - \$100, and Third Place - \$50. There were 43 prize winners.

The overall winner was Rebecca Sass. Her poster will be featured in the 2012 recycling calender.

The contest was open to Carlstadt Public School students from Grades K through 8. All posters were displayed at Borough Hall. *Photos by Dennis Kronyak Sr.* ###



Gazette Photos Available

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are now available as photographic prints and may be purchased at: http://gazette-newspaper.smugmug.com/



September 11th Remembrance Services

On the 10th Anniversary of September 11th:

Carlstadt/East Rutherford will hold a memorial program at Riggin Field in East Rutherford on Sunday at 7 p.m. The program includes school children from both Boroughs, Bergen County Firefighters Bagpipe Band, community choir and special concert program by Sgt. Dan Clark, the acclaimed "Singing Trooper."

• Hasbrouck Heights will begin with a candlelight procession (light sticks provided) starting 7 p.m., at Corpus Christi Church, proceed along Burton, to Passaic, then to the Firemen's Memorial at The Circle. During the walk, Church bells will toll.

A Service with the theme "Remember, Reflect, Respect" will then be held. Paul Carris (a Twin Towers survivor) is the featured speaker. A six minute slide show with images of the Twin Towers and recovery will be presented, with the Firemen's Bell tolling 10 times and a short one-line reflection stated. Community choirs and additional details are being arranged.

There will be a dedication of two beams from the Twin Towers in the newly renovated Firemen's Memorial Park.

Memorial red, white and blue bracelets to assist in the renovations are available for \$5 at Heights Flower Shoppe, Borough Hall and The HH Library, etc.

The HH Junior Women's Club is sponsoring a September 11th poster contest. See story on page 11.

- Little Ferry is planning a ceremony. Details to follow.
- Moonachie will hold a service at 6 p.m at the Memorial located at Borough Hall.
- Wood-Ridge is planning a ceremony. Details to follow. ###

No MDA Telethon Service at VFW

Thank You Party Scheduled for Sept. 4

The 46th Muscular Dystrophy Telethon is getting ready to squeeze 21-1/2 hours into six prime-time hours on Sunday night, September 4, 2011, from 6 p.m. to midnight.

MDA is converting their regional phone pledge service to a central location -- thus eliminating the need for the VFW Post 4591 operation which has served Northern NJ, Monmouth and Ocean Counties, Manhattan and Staten Island for 40 years.

The Ciavaglia Family and VFW Post 4591 will be hosting a "Thank You" farewell party on September 4 from 4 to 12 p.m. The Ciavaglia Family invites everyone who has volunteered in the past to attend and meet old friends. Call 201-288-2867 for details. ###

Groovy 60s & Fireworks

Little Ferry will hold a Groovy 60s themed Family Fun Day on Saturday, September 24, 2011 at Lakeview Field.

A flea market will be held from 10 a.m. to 5 p.m.; rides, food, games and entertainment from 1 p.m. to 5 p.m. Musical entertainment and free popcorn starting at 6:30 p.m. Fireworks start at 8:15 p.m.

Free admission for all Little Ferry residents. Non-residents, \$25 entry fee per family. Rain Date is Sunday, September 25. Event sponsored by the Little Ferry Recreation Committee.

Flea market vendors welcome. A 10' x 20' space costs \$25. Contact Pat at 201-641-4833 for details. ###

Lodi Concerts in the Park

"Concerts in the Park" are held Wednesdays starting at 7:30 p.m. at the Lodi Memorial Park Amphitheater. The 2011 August schedule includes:

- August 3 "Kenny Vance & the Planotones."
- August 10, Lodi's own "Baby Blue" from 6:30-8 p.m. and "Fillet of Soul" from 8:15 to 9:45.

Concerts are sponsored by the Lodi Recreation Department. For more information, call 973-859-7425. ###

Lodi Feast

The 97th Annual St. Joseph Festival opens Friday, September 2, 2011, at 6 p.m., with rides, games, entertainment, hourly 50-50, a Super 50-50 and the "Best Italian Food." The Feast continues through Saturday, Sunday and Monday, from 2 p.m. to 10:30 p.m.

On September 3 and 4, starting at 10 a.m., and September 5, at 9 a.m., the St. Joseph Society, accompanied by the Metropolitan Feast Band, will march with a banner of Saint Joseph throughout Lodi, Garfield and Hasbrouck Heights. The Feast will then open at 2 p.m.

On Labor Day, at 3 p.m., there will be a Solemn Procession with the Statue of St. Joseph throughout Lodi, followed by Benediction.

Approximately 25,000 attend. Last year's Super 50-50 winner received over \$10,000. This program benefits the St. Joseph Church operating fund. For more information go to: www.saintjosephsociety.org

WRHS Reunion Class of 1976

Wood-Ridge High School Class of 1976 will hold their 35th reunion on Friday, November 25, 2011, at the Fiesta.

The cocktail hour is from 7 to 8 p.m. and dinner, dancing and DJ is from 7 p.m. to midnight.

Cost is \$75 per person and due by November 1. Make checks payable to Mary Tomat, 78 Hackensack Street, Wood-Ridge NJ, 07075.

Any question call Mary at 201-933-2361, or email: mine-4ev@aol.com ###

Shop for a Cause at Macy's

Support The Hasbrouck Heights Friends of The Library by Shopping for a Cause at Macy's on Saturday, August 27, 2011, at the Garden State Plaza.

All participants will receive 25% off on regular, sale, and clearance items throughout the store. Tickets are \$5 and may be purchased at The Library. Call 201-288-0488 for details. ###

Jerry's Barber Shop

460 Boulevard, Hasbrouck Heights



201-288-5948

8 a.m. to 5:45 p.m. Tuesday -- Friday **Walk-ins welcome**

Established 1927

HH Town Day

Hasbrouck Heights organizations should mark their calendar for participation in Town Day scheduled for Saturday, September 24, 2011, from 10 a.m. to 3 p.m., in Woodland Park. Rain date is October 1. Contact the Recreation Department at 201-288-4143 to reserve your table/space. ###

Matinee Film

The Lodi Memorial Library is offering a summer movie matinee film for adults. The movie "Limitless" will be presented on Wednesday, August 10, 1:30-3:30 p.m., rated PG-13

For more information, please visit http://lodi.bccls.org/movie-events.html ###

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W-R Story Times

Wood-Ridge Memorial Library offers weekly summer story times for young children until August 19, 2011.

"Toddler Time" for children ages one and two years

old will be held on Thursdays at 10:30 a.m.

"Pre-school Pals" for children ages three through five years old will be held on Tuesdays and Fridays at 12:30 p.m.

For more information call 201-438-2455. ###



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Heights 9-11 Poster Contest

The Jr. Women's Club of Hasbrouck Heights is sponsoring a September 11th Memorial Poster Contest. The theme is "Reflect, Respect, Remember."

Submit entry at The Hasbrouck Heights Public Library Children's Desk by August 20, 2011. All valid entries will be displayed as part of the 9-11 10th Anniversary Memorial.

- Open to students Grades K-12, in a HH School (*public* or *private*) or student resident.
- Poster size no larger than 22" x 28," drawn, painted or sketched using crayons, markers, pencils or paints.
- The theme must be visibly depicted in the poster. No violent or disturbing images will be accepted.
- Only one entry per student. Each entry judged on originality, artistic merit and portrayal of themes.
- Entries judged in three categories: K-4th Grade, 5th-8th Grade and 9th-12th Grade. First, Second and Third prizes awarded in each category.
- A permission slip (available at the the Municipal Building) must be completed. ###

Lodi Library Summer Reading

The Lodi Memorial Library Adult Summer Reading Program for 2011, runs through August 19, 2011. Registration materials can be picked up anytime at the Reference Desk.

Once registered, patrons will be provided with suggested reading lists featuring new titles, as well as a reading log for their summer reading.

For every three books read, participants will win a ticket to enter an end of the summer grand-prize drawing, featuring a \$100 gift certificate to Vici Cucina Italiana in Lodi.

Participants can enter a raffle ticket at the weekly-prize drawing box each time they visit Lodi Library, and at the end of each week a winner will be notified. For more information, call 973-365-4044 ext. 5 for Christina Park, or email lodilibrary@bccls.org. ###

Family Fun Night Grand World Tour

Getting away is one of the many challenges families face these days. Here is an inexpensive way to entertain the whole family this summer.

Pack your bags, grab your passport and come along for a Grand Tour of the World at The Free Public Library of Hasbrouck Heights.

The 5th Annual Family Fun Night will take place on Friday, August 5, 2011, starting at 7 p.m. and lasting until 1 a.m.

A great line-up of activities has been planned for the entire family, including special guest appearances of costumed characters, sample various cultural foods, Caribbean beauty makeovers, storytelling, etc.

Tenative schedule is: 7:30 p.m. - storytelling, 8 p.m. Movie screening: "Rio," starring Jesse Eisenberg and Anne Hathaway, 8:30 p.m. Bollywood Dancers, 9 p.m., Afri-

Lou Gallo Family Concert

On Friday, August 12, 2011, from 7 to 8 p.m., The Hasbrouck Heights Library will host a family concert with Lou Gallo.

Preschoolers to children entering the First Grade are invited with their caregivers to celebrate a successful summer of reading with singer/songwriter Lou Gallo. He'll have you clapping, dancing and singing along. For details call 201-288-8911. ###

Sciencetellers

Children entering Grades 2-6 are invited to an end of the summer celebration. Sciencetellers combine science experiments, storytelling and audience participation. This summer, they are presenting "Wizards - The Race around the World."

The program is scheduled for Monday, August 15, 2011 from 7 to 7:45 p.m. at The Hasbrouck Heights Free Public Library. For details call 201-288-8911. ###

can Drummers, 10 p.m. game show: "World Trivia" and at 11 p.m., movie screening: "Rango," starring Johnny Depp and Isla Fisher. Note that seating for movie screenings is limited. Please reserve movie tickets in advance.

All are welcome to attend. Cost: \$2 donation for child under 12 years old and \$5 donation for anyone 12 years of age and older to help defray the cost of this event. Refreshments will be served.

This program is made possible through the generous support and funding provided by The Friends of the Hasbrouck Heights Free Public Library.

The Hasbrouck Heights Free Public Library recognizes the importance of offering quality family programming that's fun, interactive and enjoyable for all ages.

Libraries have taken on many roles since the change in the economy. Here is a Library that is supporting its community and wants to make a difference in the lives it touches.

The Library is located at 320 Boulevard. Call 201-288-0488 for details or visit online at http://hasbrouckheights.bccls.org/

Jr. Women's Club August Storytime

The Junior Women's Club Storytime will be held every Thursday, from 10:30 a.m. – 11:15 a.m., on August 4, 11, 18 and 25, 2011 at The Free Public Library of Hasbrouck Heights, located at 320 Boulevard.

Neat stories, cool crafts, and yummy snacks are on the agenda for children from 3 to 8 years of age.

Space is limited. Priority will be given to Hasbrouck Heights residents. Please sign up in advance. You are welcome to register in person, phone 201-288-8911 or visit online -- http://hasbrouckheights.bccls.org/###

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Jr. Police Academy Starts Off with a Bang

"Get Down! Get Down!" Patrick Devlin, Lieutenant of the Lyndhurst Police Department's Special Response Team, yelled as he and his team stormed into Franklin School Gym.

He was met by screams, as an unsuspecting group of kids bewilderedly dropped to the floor early Monday morning - just a normal day for Recruit Class 12 of the Hasbrouck Heights Junior Police Academy.

From June 27 to July 1, 2011, incoming Hasbrouck Heights freshmen had an action-packed week. They learned through trips, lectures, videos, and hands on activities what it really takes to be a police officer.

"I didn't see it coming, that's for sure. At first I thought it was real," Kristen Inglesby, a recruit who participated in the program, said about the Lyndhurst Special Response Team's demonstration.

The HHPD Jr. Police Academy, started in August 2000, has reached over 400 kids over the past 12 years.

The first year only 18 recruits participated. This year, 46 recruits graduated from the program and joined the Junior Police Auxiliary. Junior Police Auxiliary members can be seen working at Town Day in the fall, helping out at the fireworks, or assisting Mike Stillman and Sergeant Joseph Rinke, instructors, to run the Jr. Academies during the sum-

The week-long program is roughly modeled after the actual police training programs that must be completed to become a police officer.

It gives recruits a taste of what becoming a police officer is really like. The program's main goals are to strengthen the relationships between police officers and kids and to hopefully spark interest in law enforcement as a career.

For Joe Armeli, who participated in the program in 2002, it was definitely successful in sparking an interest. Armeli is now a police officer with the Hasbrouck Heights Police Department.

"The program's come far, it's come very far," Stillman said, "The first year we had only 18 kids, now we have half the 8th Grade."

This year's academy kicked off to an exciting start when the Lyndhurst Special Response Team performed their surprise demonstration. Captain John Valente and Lt. Patrick Devlin taught the recruits about the weapons the team carries and trains with on a daily basis.

The recruits were taught the proper way to hold guns (without ammunition, of course), all about flash bang grenades, and were even allowed to wear the team's 60-pound bulletproof

They later learned basic self-defense with The Dojo

Martial Arts School. Sensei Dan taught not only how to punch and kick, but the importance of being responsible leaders and how to handle dangerous situations. He used the wise words of Gandhi and the tactics of General Patton of World War II as examples.

"With great power comes great responsibility," seems to be their motto.

On Tuesday, the group visited The Bergen County Law and Public Safety Institute in Mahwah where they witnessed demonstrations from the Bergen County K-9 Unit and a firearms demonstration by the Bergen County S.W.A.T. team. After, they had a chance to view the weapons close-up, received a lesson on different kinds of bullets, silencers, and

Later in the day, the group took a chilling tour of the Bergen County Jail. The tour was practically silent as the group stomached information on the jail, passed by prisoners in their cells, and even got to stand in an empty jail cell themselves. The group heard the story of a young prisoner and got an understanding of what a day in the life of a prisoner really feels like.

"I never want to go there again," said one recruit.

Wednesday morning the recruits met at the Heights police firing range where Rinke, a firearms instructor, gave a

weapons safety presentation before shooting melons, coconuts, plastic bottles and even a raw turkey.

Stillman then used the targets to explain ballistics. He displayed the entrance and exit wounds on each item and showed the recruits different ammunition. He explained how the bullets mushroom while being shot through an object.

"The program helps the kids to see the cops as people, not just guys in uniforms busting their chops. It humanizes them," Stillman said.

A large portion of the program relies on teamwork and leadership. The group together is called a company.

into six squads, each with a squad leader. The squads are divided into 2 platoons, each with a platoon leader and finally there is one company commander.

Each squad participated in team building exercises such as communicating by walkietalkies or moving together on giant skis, all leading up to an Iron Man team-building completion at the end of the week.

"Not only did I learn a lot of things I didn't know about police work, but I got to be with my friends and have fun while doing it too!" Kerry DeAngelo, recruit, said.

During the end of the week the recruits put their knowledge to the test conducting motor vehicle stops and competing to win the Iron Man.

They were visited by the DEA and had a chance to talk with retired FBI Special Agent Robert Bukowski, who has participated in the program for years. The week finally ended with a BBQ at the Police Department.

"It creates a bond, or tightens the relationship that I, as well as the other officers who help out, have with the kids," Rinke said.

All 46 recruits graduated Friday night and were handed their certificates making them official members of the Junior Auxiliary.

Chief Michael Colaneri, The company is divided Mayor Rose Heck and Councilman Dave Gonzalez commended the recruits on their hard work and dedication throughout the week.

> Chief Colaneri spoke of how at first, other Departments believed Hasbrouck Heights was considered too small to uphold such a program, but the large participation seems to prove that wrong every year.

> He went on to say the program's success is only possible because of the full and unique cooperation with the Hasbrouck Heights school system.

> "It was a wonderful opportunity. They all stood up to the occasion and we're very proud of them," Heck said. Story by Samantha Sproviero. Photos by Allie Robitaille. ###



























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HH Little League Picnic

The Hasbrouck Heights Little League held its Annual Picnic on a warm sunny Saturday, June 18, 2011, from 11:00 a.m. to 3:00 p.m., at the Little League Complex.

This was the 16th year where families enjoyed plenty of hamburgers, hot dogs, frozen treats, soda, etc. There were inflatable bounce rides, water slides, face painting, volley ball and dodge ball. Trophy presentations were made. It was a nice way to end the

regular season. The event was open to all Hasbrouck Heights families participating in the 2011 season.

In 2011, there were over 360 kids that participated in Hasbrouck Heights Little League. The league fielded six major league teams with 72 -- 10 to 12 year old players, 16 minor A & B teams with 185-7 to 10 year old players, 7 Tee Ball teams with 64- 5-6 year old players and 5 girls softball teams with 40-6, 7 and 8-year

old players.

About 100 parents volunteered as coaches, managers and team moms for the season. Also, many parents volunteered their help in fund raising, field clean up, concessions stand, bbq pit, etc.

The Little League community expressed appreciation to the many sponsors for their financial support. The Hasbrouck Heights Little League was established in 1953. ###



4th Annual Ketcho's Father-Son Golf Classic a Success!

The 4th Annual Ketcho's Father-Son Golf Classic was held June 24, 2011, at the majestic Shawnee Inn & Golf Resort. All the Fathers and Sons had a tremendous time bonding the entire day. The classic was sponsored by many local businesses. A significant donation was made to The Carl Inserra Leukemia Fund. Save the date for next year's 5th on Saturday, June 23, 2012. Photo by Kevin Ketcho. ###

5K Walk Oct. 15 at Depken Field

The Children's Dyslexia Center of NJ, located at 301 Division Avenue will sponsor its 6th Annual Hasbrouck Heights 5K Walk to help support Dyslexic children on Saturday, October 15, 2011, at Depken Field. The course is 5K (3.1 miles).

The Walkathon will be held rain or shine. Registration starts at 9 a.m. and the Walk begins at 10 a.m. Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register

prior to the event will receive a commemorative "T" shirt at registration. Refreshments will be available.

Proceeds go directly to the cost of training tutors and tutoring children. Make checks payable to: Children's Dyslexia Center of NJ, indicating Hasbrouck Heights on the memo line. Send to Ms Joey Dobbs, Hasbrouck Heights Learning Center, 301 Division Ave., Hasbrouck Heights, NJ 07604 or call 201-288-1183. ###

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Felician College Classic Sept. 26

The 26th Felician College Classic will be held Monday, September 26, 2011 at the Arcola Country Club, Paramus, NJ, featuring former NJ Giants Punter Jeff Feagles.

Cost is \$550 per player, \$2,200 for a foursome and includes golf fees, golf cart and caddie, special promotional merchandise.

Schedule is 11 a.m. registration and lunch on the Patio, 1 p.m. shotgun tee-off, and at 6:30, cocktail reception, dinner, awards and raffle drawings.

Deadline is September 9, but this golf classic sells out, so reserve early.

Many sponsorships available with extensive acknowledgement.

Event benefts the Student Scholarship Fund at Felician College.

For details contact Leigh Anne at 201-355-1304 or email at sorokal@felician.edu ###

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Lodi UNICO 2011 Golf Tournament September 19

The Lodi UNICO is sponsoring their 2011 Golf Tournament Monday, September 19 at the Black Bear Golf Club, 138 Route 23 North, Franklin, NJ.

Cost is \$175 per participant and includes a round of golf, cart, lunch, dinner, beverages, prizes and "a loaf of Italian bread."

Schedule is registration at 11 a.m., lunch at noon, shotgun start at 1 p.m., dinner at 6 p.m. and awards and prizes at 6:30

Fun and games include low gross, low net, closest to pin, longest drive and raffle tickets. Two mulligans may be purchased for a \$10 each donation. Sponsorship opportunities available.

Their goal is to raise \$10,000 for various UNICO funded charities, medical sponsorships and many neighborhood scholarships.

For more information, call Tom at 973-517-2436 or Sal at 201-906-0503, ###

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Saturday, September 10, 2011 • 9 a.m. to 5 p.m. Sunday, September 11, 2011 • 9 a.m. to 4 p.m.

A brief service to commemorate the 10th Anniversary of September 11, 2001, will be held at 11 a.m.

Vintage Aircraft and Auto Show features **B-17 "Yankee Lady"** (Rides Available)

Previous event aircraft included: F-4U Corsair • TBM Avenger P-47 Thunderbolt • B-25 Mitchell • C-54 Spirit of Freedom

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Teterboro Airport Bizik Memorial **Scholarship Golf** Classic Sept. 12

Teterboro Airport is holding its 27th Annual Airport Scholarship Golf Classic on Monday, September 12, 2011, at the Wild Turkey Golf Club, Crystal Springs Resort (Hamburg, NJ). This Classic is open to the public.

Cost is \$900 per foursome and includes lunch, golf and dinner. Dinner only is \$95 per person.

Schedule is: check-in 11:00 a.m. to 12:30 p.m.; lunch buffet 11:30 a.m. to 1:00 p.m; shotgun start 1:00 p.m. (scramble format) -- cocktail/dinner (casual attire) 6 p.m.

Contests include closest to pin, longest drive, straightest drive, hole-in-one, etc. Outing includes two beverage carts, driving range, golf carts and goodie bags. Tournament may be limited to 144 players. Reservations must include payment. For more information contact Tom at 201-288-1875. Sponsorships welcome.

Proceeds to benefit Teterboro Airport Scholarships to local area high school students who intend to pursue higher education in one or more of the following fields: aviation/ aerospace, engineering (all disciplines), environmental studies, mathematics, physics, chemistry and science. Through 2010, 161 scholarships totaling \$1,151,250 have been awarded. ###



rield to Pedestrians

Golf Tournament September 14

The Hasbrouck Heights Men's Association is sponsoring the 26th Annual Bizik Memorial Golf Tournament on Wednesday, September 14, 2011, at the Valley Brook Golf Club in Rivervale, NJ.

Check-in is at 7:30 a.m. and shotgun start is at 8:30 a.m. Cost is \$140 and includes: a round of golf, cart, continental breakfast, gourmet luncheon and two hour open bar.

There will be prizes for skill events, hole-in-one prize of \$10,000 and a 50/50.

Sponsorships are available. Contributions are welcome.

Proceeds benefit the Hasbrouck Heights Men's Association Scholarship Fund. Scholarships are given to Hasbrouck Heights graduating students. Deadline is September 1. For more info, call 201-288-0752 or 201-952-9488. ###

W-R Police Chief's **Golf Outing** September 16

The 11th Annual Wood-Ridge Police Chief's Golf Outing is scheduled for Friday, September 16, 2011, at the Apple Greens Golf Club in Highland, NY.

Cost is \$140 per golfer and \$560 for foursome entry (dinner only is \$75), and includes bus transportation (reservation only), breakfast, golf w/ cart, hole-in-one contest, gifts, prizes, etc. Shotgun start at 11 a.m./scramble format.

Starting at 6:30 p.m., there is an open bar, cocktail hour, buffet dinner and comedy show at the Fiesta.

The event is sponsored by the Wood-Ridge PBA Local 313 and is a fundraiser for the police body armor vest fund and various W-R recreation programs.

Please RSVP by September 3, 2011. For more information, call 201-939-2497. ###

26th Annual Steven R. Bizik **Memorial Golf Tournament**

Wednesday, September 14, 2011

Valley Brook Golf Club in Rivervale, NJ

Check-in: 7:30 a.m. • Shotgun Start: 8:30 a.m. Cost is \$140 and includes:

18 holes of golf with cart, Continental Breakfast, Gourmet Luncheon. 2 hour open bar. entry into prize drawings, beverages, gifts.

Prizes: for skill events \$10,000 hole-in-one • 50/50 raffle Sponsorships are available

Deadline for registration & payment is September 1, 2011 Call 201-288-0752 or 201-952-9488 for more details.

Event Benefits HHHS Scholarship Programs









Open Cockpit Day

On Saturday, June 25, 2011, the Aviation Hall of Fame and Museum opened aircraft and their cockpits of many of the museum airplanes, helicopters and a fire truck for visitors to sit in, pretend to fly and experience real "hands on" cockpit understanding.

People, young and old, learned from qualified pilots the history of these special aircraft, how the flight systems work, how pilots fly and what the controls and instrumentations do.

Aircraft included the cockpits of a unique 1950 Martin 202 airliner, a rare Lockheeddesigned Bush Plane, a Cobra gun ship helicopter, a Sikorsky Coast Guard rescue helicopter and the control cab of an Airport Rescue and Fire-Fighting

The next open cocpkit day is scheduled for Saturday, September 3, 2011.

Founded in 1972, the Aviation Hall of Fame & Museum of New Jersey is dedicated to the preservation of the Garden State's distinguished, twocentury aviation and space heritage. The men and women, whose outstanding aeronautical achievements have brought worldwide recognition to the state, are enshrined in the Hall of Fame. The Port Authority of NY & NJ generously supports the Hall of Fame by providing the space for the museum.

Looking for interesting work? Volunteers are always needed to help in the Museum and with special projects. Call 201-288-6344 for details. ###





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The cool way to exercise!

On July 16, 2011, swimmers found a way to beat the searing summer heat and exercise, too! Aerobic exercise classes are held Wednesdays and Saturdays at 1:30 p.m. at the Hasbrouck Heights Swim Club. ###



Summer Safety

The Wood-Ridge Fire Department offers these summer safety tips regarding hazardous materials.

- Store gasoline in safety cans manufactured and labeled for that purpose.
- Gasoline should never be stored inside your home because vapors can travel to a flame source and ignite. Gasoline should be stored outside, or in a well ventilated shed.
- Don't refuel lawn mowers, trimmers, edgers or other gasoline powered equipment while hot because the fumes may ignite and start a flash fire. Allow the equipment to cool. Use a funnel to prevent spills.
- Keep fertilizers and pool chemicals away from gasoline, oil and fuels. Pool chemicals (*chlorites*) and fertilizers (*nitrates*) are strong oxidizers and react violently with fuel vapors (*hydrocarbons*).
- Powdered and pellet chlorine should be kept in a cool, dry place. If water enters a chlorine container, it can react and possibly explode. Never add water to chlorine -- add chlorine to water to prevent a splash or violent reaction.
- Pesticides should not be accessible to children or pets and should be kept in tightly closed containers in a cool, dry place.
- It is important to follow the instructions on the label for use and application. If exposed to pesticides, rinse the affected materials off immediately and seek emergency treatment. Bring the container with you to the medical facility if possible. ###

Sturgeon Moon

The August full moon appears on Saturday, August 13, 2011, at 14:57. It is called the "Full Sturgeon Moon."

According to "The Farmer's Almanac," the fishing tribes are given credit for the naming of this moon, since sturgeon, a large fish of the Great Lakes and other major bodies of water, were most readily caught during August.

A few tribes knew it as the "Full Red Moon" because, as the Moon rises, it appears reddish through any sultry haze. It was also called the "Green Corn Moon" or "Grain Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

THINK GREEN

Thunderous Effects

























The darkened stadium was still for a moment, before the thunderous, spectacular light show thrilled spectators on Thursday, June 30, 2011, at the Hasbrouck Heights Lions Club-sponsored 27th Annual Fireworks Program.

During the afternoon, the contractor, International Fireworks, with a crew of eight, took seven hours to set up the displays at the Hasbrouck Heights Minor Little League field.

Fireworks were set in firing tubes or as pre-packaged "cakes." All pyrotechnics were covered in foil. This prevents sparks from prematurely igniting other shells and cakes.

Fire prevention officials reviewed the mechanics of the display to insure compliance of fire codes and accepted industry procedures.

Detonation was either by flares or electrically according to a prepared shot list.

The dazzling pyrotechnic display lasted approximately 30 minutes and included about 6,500 shots. About 500 shots were used in the finale.

Fireworks featured included: Brocade of golden rain, ring shells, gilliland green, star crisscross effect, silver whirls, crackle effects, reports, whistles, etc.

Adding to the excitement were two cakes -- quick salute

of 50 bangs in 2 seconds and quick whistle -- 100 whistles in two seconds.

During the display the Hasbrouck Heights Fire Department, along with Mutual Aid Departments from Carlstadt FD & EMS, Little Ferry FD, Lodi FD, Moonachie FD & EMS, S. Hackensack EMS, Wallington FD and Wood-Ridge FD, were positioned at strategic locations as a safety precaution.

All shells were detonated within the safety area. The contractor inspected each tube for unspent rounds.

Mutual Aid fire departments checked the general safety area. Special attention was given to the firing zone -- checking for unexploded rounds and watered down smoldering debris.

Prior to the pyrotechnic show, a brief program was held. The Master of Ceremonies and event coordinator was Lion Thomas E. Mason Jr.

The Hasbrouck Heights Police Department and VFW Post 4591 Honor Guards presented The Colors, followed by Florianna Heun singing the "National Anthem."

The Invocation was given by Pastor Iraida Ruiz DePorras (First United Methodist Church). Mayor Rose Heck and Bergen County Clerk Kathleen A. Donovan made remarks. Florianna Heun sang "America the Beautiful." A 50/50 was held with three winners sharing the prize money.

The Fireworks Program included a Tribute to Hasbrouck Heights Lion Victor George Braun.

Fun Time Entertainment provided music, two inflatable amusements and dunk tank which were located on the practice field.

Sponsors that provided extra fireworks included: **Costa Memorial Home**, Crow's Nest, Dunkin' Donuts, **Holiday Inn**, HUMC, **IHOP of Hasbrouck Heights**, Kundert Volvo, **Otterstedt Insurance Agency**, Shop-Rite of Lodi, and TD Bank. ###

Light Up the Night































Patriotic Walk in Woodland Park







For the first time, the Annual Children's Patriotic Parade was held at Woodland Park on July 4, 2011. The program was led by Anthony Bernice, with remarks by Mayor Rose Heck.

After registration, the parade proceeded from the pavilion along an asphalt path around the Park.

Prizes were awarded in the categories of patriotic, most original and most artistic to: costumed children on foot, wagons and tricycles, carriages, strollers, etc., decorated bicycles, floats, and grandparents' corner, with carriages and children on foot. Helmets were required for those on bicycles.

Prizes awarded: First Prize, Second Prize, Third Prize and Honorable Mention. All participants received medals.

All classifications and categories were judged prior to the parade. Registration was limited to children up to 10 years of age attending Hasbrouck Heights schools, excluding the grandparents' corner.

Dr. Michael Perillo provided ice cold water and gift bags. This annual event was sponsored by the Mayor's Celebrations Committee with Pat Link, Dorothy and Anthony Bernice as the main coordinators, with the help of many volunteers. ###











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Boys & Girls Club of Lodi Celebrates 60th Anniversary

Mission

Serving the area, The Boys & Girls Club of Lodi was chartered in 1958. Its mission is to enable all young people from 5 to 18 years of age to realize their full potential as productive, responsible and caring citizens.

They provide a safe place to learn and grow with life enhancing programs and character development experience, with a sense of belonging, a sense of usefulness, a sense of inclusions and a sense of competence including leadership development, education and career development, health and life skills, sports, fitness and recreation.

History

Founded in 1951 by Frank A. Plescia, whose dream was to enable all young people, especially those with the most need, to reach their full potential as productive, caring, responsible citizens.

During that time, many parents were too occupied working in defense plants to help support their families, it left their boys to wander on their own without controlled supervision.

Starting with approximately 80 members, the story of the Boys Club of Lodi is one of drama, struggle and dedication to serve a humanitarian purpose.

Those who felt a need in their hearts to help the youth of Lodi struggled selflessly, giving of themselves, their time, energy and care to build the foundation for the present Boys & Girls Club of Lodi building.

Through various contributions and a grant from the Hayden Foundation in 1954, the dream of a building became a reality. Erected in 1956 and dedicated in October 1958, it quickly became apparent the first building was much too small to accommodate all the members.

Expansion plans began and included an Olympic-style swimming pool and additional general space.

A capital campaign for the addition began and with another generous donation from the Hayden Foundation, the new expansion was dedicated on June 4, 1969.

In 1980, the Board of Directors changed the name to the Boys & Girls Club of Lodi.

On September 16, 1999, Hurricane Floyd devastated the Club causing an estimated \$500,000 in damage.

The Nor'easter on April 15, 2007, raised the Saddle River 15 feet over its banks, causing over \$1 million in damage.

Due to the generosity of Paul Patti, the NJ Nets, Unilever, Lou March, Columbia Bank and may others, the Club was able to rebuild and expansion was the next hurdle for the Club.

The Nor'easter on March 13-14, 2010 caused a foot and a half of water in the basement, but did not reach the first floor. Snow plows were used to plow the parking lot and about \$2,000 to sanitize it.

The current board of directors decided to expand into Hackensack in 2003 and on May 17, 2008, began operations on January 1, 2009.

After a year of struggle in Hackensack, the Club won a bid to operate a brand new facility within the Hackensack Housing Authority and held its grand opening and dedication on October 7, 2010, thus adding 125 new youth members -- bringing the combined member count to 1,200 in 2011. (Facility services 1,700 children of which 350 visit daily.)

Despite the challenges of continual flooding of the Saddle River and a poor economy, the Club has been able to continue, progress and serve more youth. Over the years, thousands of boys and girls have taken advantage of the Club.

Programs

• Aquatics/Swim Lessons: The Club offers an Olympicstyle heated pool (82°-84°) with handicapped lift. Swim lessons and water safety instructor courses are available. Adult swim and private pool parties are available. The pool is also used by area schools for their swim teams.

- Fine Arts: Youth learn a new art style each month including drawing, painting, digital media, etc.
- Teen Leadership Camp: Expanded programming for teens in areas of job readiness, college guidance and personal leadership development.
- Triple Play Sports Camp: Designed to build leadership, responsibility, sportsmanship and teamwork.
- After School: Structured supervised activities, homework programs, etc.
- Other: Summer Adventure Camp, etc.

Youth Clubs

The Lodi Boys & Girls Club offers Keystone, Jr. Keystone and Torch Clubs, that with activities, are designed to build character and leadership development, education and career exploration, unity, free enterprise and social recreation.

Bingo

Bingo is a tremendous fund raiser for the Club. Using state-of-the-art electronics, Bingo is available 7 times a week, cash prizes and offers "Progressive Jackpots," "Early Bird Specials," "Special Games," and "Bonus Rewards." A full kitchen is open during Bingo hours.

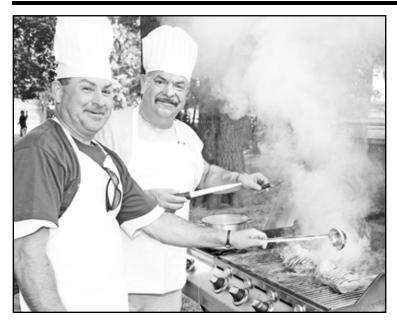
Upcoming fund-raisers include a "Mid-Summer Crab Feast" at the Elan on August 18, 2011, "Cruise for a Cause" departing Hoboken, on September 17, etc.

The Annual Awards Dinner is held in March.

The Lodi facility is 75,000 sq. ft., with an annual budget of about \$2.1 million. They employ about 50 full and part-time employees, plus volunteers.

The Club is located at 460 Passaic Avenue, Lodi NJ 07644. Facilities are available for rentals.

For more information go to: bgcoflodi.org or call 973-473-7410. ###



A Feast to Behold!

On Saturday, July 16, 2011, the Sons of American Legion Post 310, in Little Ferry, held a "Pig Roast," in their grove. A full menu to include freshly cooked pork, London broil, hamburgers, hot dogs, salads, etc., was provided.

About 150 attended, with 25 Veterans from the Menlo

Park VA Home as special guests. Live entertainment was provided by "The Wood Peckers."

The American Legion Post 310 will be hosting a picnic on September 10, 2011 from 1 to 4 p.m. Cost is \$20 a ticket. Call Post at 201-641-9774 for details. ###

Kiwanis Seek 2011 Nominations for Good Neighbors

In 1994 the FTD (Florists' Transworld Delivery) designated the first Wednesday in September as "Good Neighbor Day". This year the FTD will be celebrating its 17th Annual Good Neighbor Day event on Wednesday, September 7.

In 2004, the Kiwanis Club of Hasbrouck Heights and Teterboro embraced this celebration and presented its first "Good Neighbor Awards." This is the seventh year that the Kiwanis Club would like to honor those many "Good Neighbors" from our community.

Do you know a good neighbor who is always willing to lend a helping hand, give advice, listen to your problems, or maybe drive you to shopping etc; someone who is not looking for monetary gain or personal reward; or someone who has extended himself or herself to you in a crisis? If you do, now is the time to have him or her recognized.

Nominees should be residents or work in Hasbrouck Heights who have not received a lot of publicity for their volunteer efforts. They need not be a member of a service club, political party, a Church group or other type of non-profit organization. Age is not a factor in selecting the winners.

The Kiwanis Club of Hasbrouck Heights would like to identify those many "Good Neighbors" from our community. Awards will be presented at a reception on Wednesday, September 7, 2011, at 7:00 p.m.

To submit a nomination, send an essay of no more the 200 words describing the nominee's good deeds. Be sure to include his/her name and address as well as yours no later than Friday, August 19 to: Kiwanis Good Neighbor Awards, 257 Roosevelt Avenue, Hasbrouck Heights, NJ 07604 ###

Lodi Senior Programs

Club's 2011 itinerary is as fol-

- August 17 Atlantic City.
- September 21 Royal Manor, luncheon and show "San Gennaro Festival."

first and third Tuesdays of the

The Lodi Senior Citizens month. Every Thursday of the month the Club opens at 11:00 a.m. for recreational purposes, including senior yoga, card playing, billiards, ping pong, bingo, dancing, chit chat, etc.

Refreshments are served. The Club meets on the For information, call 937-472-6994. ###

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(l-r) HH Chamber of Commerce President Ray Vorisek, Patrick Lee, Mayor Rose Heck, Councilwoman Pamela Link, Gina Kim and David In Ki Cho during the Ribbon Cutting Ceremony at Maru Sushi, 205 Boulevard, Hasbrouck Heights, on July 1, 2011. ###

Harvest Moon Charity Ball

The Harvest Moon Charity Ball will be held Friday, September 23, 2011, from 7 to 11 p.m. at North Jersey Country Club in Wayne, NJ.

The event is sponsored by The Children's Dyslexia Centers of NJ, and will feature former NJ Assemblywoman and Hasbrouck Heights Mayor Rose Heck.

The menu features Butler Passed Hors D'oeuvres and champagne, Tuscan antipasto and Vintners' Cheese Displays, open bar with premium liquors and signature martinis, four course meal with an entree choice of Filet Mignon or Salmon (with light dill sauce), served with vegetable medley and red roasted potatoes. Assorted pastries and tempting desserts follow.

Dance the night away with "The Brass Tacks Orchestra."

Black Tie is optional. Donation is \$120. Reservations due September 9. For more information call Barbara and Kyle Nurge at 201-440-9425, or e-mail banurge@aol.com

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American Legion Distributes Awards

The James B. Scarr Post 106 American Legion presented their annual \$1,000 scholarship to Hasbrouck Heights senior Richard Miles.

They also awarded cash prizes to the three winners of their Annual Essay Contest. First Prize was awarded to Tiffany Amariuta, Second Prize to Samantha Issa and Third Prize to Marissa Romano.

The essay question this year was, "How can we Keep Patriotism Alive." Some of the suggestions made in their essays were: proudly display the American Flag outside your home; simply put bumper stickers on your car that read "Support Our Troops;" personally thank a soldier or send a gift or letter of appreciation overseas; encourage schools to remind students of the importance of historical events; help students recognize the freedoms they have in this country that are denied in other countries; and encourage people to have respect for our flag when it is displayed, saluted or passes by in a parade. Story by Peter Gallo Jr. ###



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Wood-Ridge Lions Work Detail Helps Get Camp Marcella Ready

Early each June a volunteer work detail from the Wood-Ridge Lions Club drives to Camp Marcella, the Camp for Blind Children in Rockaway, NJ, to prepare the dining hall and kitchen for the upcoming camping season.

This past June 5, 2011, kitchen counter tops were being scrubbed, windows cleaned, and the dining room floor getting waxed and polished by an energetic work detail made up of Lions, along with their sons and their friends. Their cleaning effort at the Camp is an

THINK GREEN

Early each June a volunteer annual Service to a Lions State Sight Project that concludes the ge Lions Club drives to Club's activities for the year.

The Wood-Ridge Lions Club annually supports Camp Marcella with a donation from their many fund-raising events during the year. The Club is especially recognized for funding the building of a pool house when the Camp swimming pool was being renovated in 2005.

Camp Marcella is always looking for campers for next year. If you know of a blind or visually-impaired child that may wish to take part in this wonderful camping experience, please contact Paula Tarantino at 201-709-4944 or pdgpaula@comcast.net ###



Club secretary and Past district Governor Dennis Brubaker presents the Melvin Jones plaque to Lion Rocco Gilio.



District Governor Mike Pacala stands with new Wood-Ridge Lions George Meglio (left) and Chris Metcalfe (right).

W-R Lions Club News

The Wood-Ridge Lions Club completed another outstanding year culminating with the installation of new officers on June 10, 2011, at Lasoni's in North Arlington.

In the 2010-2011 year the Club made donations in excess of \$42,000 to Club causes.

At the May Board of Directors' meeting, the members voted to contribute \$3,000 to each of the following: Camp Marcella, NJ Blind Citizens, The Lions Eye Bank of NJ, The Gus Hoene Rehabilitation Center and The Foundation for Fighting Blindness.

Also receiving contributions were St. Joseph's School for the Blind, Juvenile Diabetes, DARE, The Wood-Ridge Public Library, and The NJ Special Olympics.

In addition two \$2,500 scholarships (one in honor of Vinny Pascale and all Charter Members, the second in honor of Jim Love & Phil Rottini) and another \$1,500 scholarship were awarded to Wood-Ridge

students.

A \$1,500 award was made to a Moonachie High School senior in the honor of William J. Nagel.

The Club, during the course of the year, continued their annual support of the Wood-Ridge Little League, American Legion Boys State, and other special needs within the community.

One of the highlights of the evening was the induction of Club member Rocco Gilio into the Melvin Jones Award Club.

The award was presented by club president (and Rocco's son in law) Ken Turtoro and Club Secretary Dennis Brubaker. It is the highest form of recognition within Lions International. In his presentation of the award, Ken recognized the many years of service that Rocco has given the club and the community.

Incoming District Governor Mike Pacala installed two new members to the WoodRidge Club. George Meglio and Chris Metcalfe are looking forward to being part of this great International Organization and anxious to help the Club serve and help those in need.

The officers inducted for the 2011-2012 year are: King Lion Ken Turtoro, 1st VP, Chris Lucas, 2nd VP Dave Gotha, Treasurer Phil Rottini, Secretary Dennis Brubaker, Tail Twister Tony Cunha, Lion Tamer Nick Riccardella and Membership Chairman Bob Talamini.

Board of Directors members are: Past President Mike Roman, Mike Fett, Frank Finke, Ed Garrett, John Marino, Jack Nagel, Mark Olivo, John Podesta, Bob Riccardella, Al Rottini, Bud Rottini, Carl Rubenacker, Bob Shaw and Joe Solda,

The Club will take the summer off and return in September to begin their next year of service to others. Story and photos provided by Jack Nagel.

Wood-Ridge Lions Club



"We Serve"

In Memoriam
LION BOB SHAW

Member 40+ Years
President 1976-1977
Melvin Jones Award 2010



Hasbrouck Heights Lions Donate Defibrillators to HHLL

The Hasbrouck Heights Lions Club donated a new Lifeline AED defibrillator unit, and refurbished two others, to the Hasbrouck Heights Little League at the beginning of the season. The new unit cost \$900 and refurbishing two additional units cost \$300. Photo (l-r) are HHLL Executive Board members John Hund, Steve Palladino with HH Lions Club Past President Alan Baker. ###

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Farmers' Market Returns

Heights 11th Farmers' Market began on June 21, 2011. The market will continue every Tuesday, from noon to 6:00 p.m., until late September, at the corner of The Boulevard and Central Avenue.

Hasbrouck Heights has one of New Jersey's 144 community farmers' markets, featuring the freshest, best-tasting produce grown by our state's farmers who are reporting excellent quality crops this season.

Heights Farmers' Market is "growing" and is scheduled to host over a dozen vendors.

George Asprocolas is back with a huge array of fresh produce, all grown in New Jersey. His 50 acre farm, located in Millstone in Monmouth County, sells its prooduce at about days, Boulevard businesses are 20 different markets across

Other vendors include: Dr. Pickle, Johnny One-Stop

Jersey Fresh season is in Bakery, Johnny Meatballs full swing! The Hasbrouck Cart, Hoboken Farms, Phinhas Farms, X-Calibur knife and scissor sharpening, etc., with additional vendors expected as the season unfolds.

Senior coupon day was scheduled for July 14.

According to Chamber President Ray Vorisek, "The market is a neat one-stop experience where people can get Jersey Fresh produce, just picked earlier that day, and maybe shop at nearby stores."

Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon during the 2011 Market. Limited positions are available. Call Ray at 201-288-5464 for more information.

During Farmers' Market permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. ###





























August 2011 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, August 1, 8, 15, 22, 29

10:00 a.m. to 1:00 p.m. Games, cards & coffee 11:00 a.m. Mahjong

Tuesday, August 2, 9, 16, 23, 30 10:00 a.m. Line Dancing \$1.00 2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Game Night

Wednesday, August 3, 10, 17, 24, 31 10:00 a.m. Games, cards & coffee 2:00 p.m. Senior Aerobics \$1.00

Thursday, August 4, 11, 18, 25

10:00 a.m. to 1:00 p.m. Games, cards & coffee 11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

Friday, August 12, 26 10:00 a.m. Fun Bingo

Friday, August 5, 19

10:00 a.m. Games, cards & coffee Check Center Bulletin Board for any changes

Trip to Li Greci's Staaten

Thursday, October 13, 10 a.m. For \$55 per person, enjoy a full course meal, one hour open bar, and a fabulous "Oktoberfest" show which includes a comedian. Transportation and all tips included. Reservations will be assured for those who pay early. Bring your checks to the next meeting. Contact Kathy 201-288-6651.

Trip to Royal Manor

Thursday, November 10, 11 a.m. For \$50 per person, enjoy a full course meal, one hour open bar, and the Ace in the Hole production, "An Evening with Fanny Brice." The Royal Manor is in Garfield. Limited transportation will be available for those who do not drive. Contact Kathy at 201-288-6651.

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HH Senior Picnic

The Mayor and Council of the Borough of Hasbrouck Heights sponsored the 12th Annual Free Senior Citizens Picnic on Thursday, July 14, 2011, from 12 - 4 p.m. at the Senior Center.

It was a day of fun and good food in a comfortable environment! Entertainment was provided by Peter Lieberman with special guest singer, Edith Avella. Catering provided by Henry's Deli. ###



Local Seniors Share Bus with Bogota Seniors

Skyrocketing gas prices cost must be shared equally by York, New Jersey and Pennsylhave made chartering a bus for a senior trip too costly, since the

Carlstadt Seniors

The Carlstadt Seniors are hosting a trip to Woodloch Pines on August 11, 2011. Cost is \$42 for beef or chicken and \$45 for fish. Depart at 8:45 a.m.

On August 31, a trip is planned to Mount Airy Casino. Cost is \$2. Coin refund is \$35 and ID is needed to receive casino money.

An extended trip is planned to Villa Roma Resort, NY, for September 19-23.

For more information call Rose at 201-438-9182. ###

the number of seniors who sign up for the trip. Likewise, the more that sign up, reduces the amount each person must pay.

Keeping this in mind, twenty-eight members of the Leisure Club and twenty members of the Bogota Senior Citizens Club shared a bus to travel to the Hunterdon Hills Playhouse.

The trip took place on July 12, 2011.

Both groups enjoyed each other's camaraderie. There was singing, joking and general conversation between both

The Hunterdon Hills Playhouse is a very popular dinner theater trip for seniors in New

vania. The playhouse is located in Hampton, NJ and is only a little more than one hour away from Hasbrouck Heights.

Along with a choice of five hot entrees, unlimited homemade desserts and excellent service, seniors had the opportunity to see professional live theatre.

Four men and four women sang and danced to the music of the twentieth century. There were also many comedy skits and an unforgettable, comical rendition of the 1939 song "Three Little Fishies." Story by Peter Gallo Jr. ###

> **August Flower** Gladiolus

World Youth Day in Spain

Wood-Ridge and Miss Caitlin D'Angelo from Hasbrouck Heights will be traveling to Madrid, Spain in August to take part in the World Youth Day (WYD). The two girls are members of the ACC (Assumption/ Corpus Christi) Teen Ministry.

They will be joined by forty-five other teens from the Archdiocese of Newark. The last WYD attracted 223,000 registered pilgrims, including 110,000 from 170 nations.

Felician Sister Marilyn Minter addressed the ACC Teen Ministry about past World Youth Days and encouraged all who could attend to do so this year. Lauren and Caitlin, with the support of their parents, made the decision to partici-

Both girls are Juniors. Lauren attends the Bergen County Technical High School in Teterboro, and Caitlin attends Immaculate Conception High School in Lodi.

World Youth Day is a youthoriented Catholic Church event. It is celebrated at the diocesan level annually and at a weeklong international level every two to three years at different locations. While the event itself celebrates the Catholic faith, the invitation to attend extends to all youth, regardless of religious convictions.

This year the World Youth Day international gathering will take place in Madrid, Spain, August 16-21, 2011. Pope Benedict will join the young people for a vigil August

Miss Lauren Baghdo from 20 and Mass August 21, 2011.

Lauren remarked "I believe my pilgrimage to Spain will allow God to enter into my life even more than He is already. This experience will be a powerful moment for me, when I see the Holy Father and all the other teens from around the world, because I will realize that I am not alone in this world as a practicing Catholic."

The United Nations proclaimed the year 1985 as the International Youth Year. It was held to focus attention on issues of concern to and relating to youth. The International Year of Youth was held in 2010. World Youth Day is not associated with International Youth Day or any of the international observance days.

In an effort to recognize the growing youth of the Church, Blessed Pope John Paul II in 1985 invited them from around the world to travel to Rome for Palm Sunday. He declared that day to be the first World Youth Day, and that the youth should go back to their home towns and communities and celebrate their new-found fellowship and continue the tradition for each year to follow.

In the past twenty-five years, World Youth Day International has been held in Sydney, Australia; Cologne, Germany; Toronto, Canada; Rome, Italy; Paris, France; Manila, Philippines; Denver, Colorado; Czestochowa, Poland; Santiago de Compostela, Spain; and Buenos Aires, Argentina. Story by Peter Gallo Jr. ###

Heights & W-R Teens to Attend First Reformed Church Honors Three at Annual Congregational Dinner

Saturday evening, June 11, 2011, was a very special night for three of the First Reformed Church's busiest members. Two of them even had to cook their own dinner. The 2011 Congregational Awards were presented to Carol Earle, Estella Hackel and Clark Paolini.

Carol Earle: One of Carol's many talents is managing the Church's assets as the Church treasurer. She does this through careful accounting and her wise council.

Carol is also known for her baking and cooking skills. She has prepared a variety of foods including homemade pizza, brownies, cranberry relish and zucchini bread.

An Elder, Carol has served as a Sunday school teacher and is currently chair of the Property Committee. She also serves on the Board of Directors of the Reformed Church Women's Ministry.

Estella Hackel: In the sixty-five years since joining First Reformed Church April 18, 1946, Estella has served as co-director of summer vacation Bible School, a Sunday school teacher, Superintendent of Sunday School, a Deacon, member of the Reformed Church Women's Ministries, Clerk of Consistory and coordinator of the spring and fall rummage sales.

She is currently an Or-

dained Elder, President of the Reformed Church Women's ministries and an alto in the

You can also find her on the kitchen crew for all dinners, coordinator of the monthly Communion service and alternate Elder representative to Classis.

She is a mother, grandmother and great-grandmother and has been married to her husband, Gerry, for 53 years. Do you need help? Estella will be there.

A. Clark Paolini: Clark has been serving First Reformed for the past 51 years. Pastor Dianna has summed up his accomplishments that currently include Vice President of Consistory, Elder, Deacon, chef, engineer, craftsman,

technical advisor, choir bass, landscaper, artist, and pastoral sounding board.

Every room in the Church has benefited from Clark's talents, from the decorative dinner lighting to the Church's banner sign, that Clark designed as an awning professional.

He created a Pentecost banner on a wish from Pastor Dianna.

He also created special torches and a stand for this year's Maundy Thursday worship service.

As the minister indicates "First Reformed Church will benefit from the many talents of Clark Paolini for generations to come." Story by June Quarishi. ###



Danson Jewelers paid FIVE TIMES more than "Cash for Gold" as seen on Ch. 12 News by Alicia Vitarelli



Summer in the Psalms

Some people "summer at the Jersey shore," others "summer in the Hamptons." This year, members of Holy Trinity Lutheran Church are spending the "Summer in the Psalms."

During August into early September, Holy Trinity will be plunging into the depths of ten of the 150 psalms in the Psalter. There is no better place to begin to know sacred word and God than to begin with the Psalms. In all times and circumstances, the best advice for someone who is looking for God's word to them, is to open the Psalms to any page and just begin reading.

Sooner or later, you will find something that speaks to your situation and that seems to be speaking directly to you. So, Holy Trinity will be splashing and soaking in the Psalms during the weeks of summer, trusting in their ability to address us in all conditions of life.

Each week, a new video meditation on one of the Psalms assigned for the Sundays in summer will be offered on the prayer ministries page of their website, www.holytrinityhasbrouckheights.com/#/prayerministries.

The weekly psalm reflection or meditation will be written and recorded by members of Holy Trinity with a video produced by Pastor Susan. A link to the website will be sent to members of the online prayer

If you would like to "Summer in the Psalms," please send an e-mail request to Pastor Susan at pastorsusannj@aol. com. An e-mail with a link to the new weekly meditation will then be sent to you each Friday through September 14. You may also just log on to the website at holytrinityhasbrouckheights.com and select the Prayer Ministries link. ###

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Meet the New Pastor at Assumption Church

On Friday, July 1, 2011, Rev. Richard Mucowski, O.F.M, EdD, PhD, a Franciscan Friar of Holy Name Province who has worked at FrancisCare in Elmwood Park, NJ, will serve as pastor of Assumption of Our Blessed Lady Church in Wood-Ridge.

Assisting him will be Rev. Julian Jagudilla, O.F.M. M.Div. parochial vicar, Brother Paul Keenan, O.F.M, MSW, pastoral associate, and Deacons Rev. Mr. Nicholas Valdez and Rev. Mr. Francis Materia.

Rev. Brian P. Cullinane, O.F.M., who has served as pastor for the last nine years has

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been assigned to St. Anthony Shrine in Boston and Rev. Paul G. Sinnema, O.F.M., who has served for more than nine years as parochial vicar, has retired and will reside at St. Anthony of Padua in Butler, New Jersey.

He will join Rev. Thomas P. Kelly, O.F.M., Rev. Cassian Miles, O.F.M. and former pastor Rev. James W. Czerwinski O.F.M., who also reside there.

Father Richard was raised in Philadelphia, Pennsylvania. He and his older sister, Dorothy Mucowski Marek, were born to Ukrainian immigrant parents (now deceased) in that same city. One of his elementary school teachers told him that he'd be lucky if he graduated from high school because he was born on "the wrong side of the tracks," meaning his family had no others to set an example for him to follow. You be the judge!

Fr. Richard was attracted to the Franciscan Friars after he made a discernment retreat at the end of his freshman year of college.

The Franciscan Friars encouraged him in his academic pursuit and his dream of becoming a teacher. He earned the BA Degree in Philosophy, MA Degree in Theology, MA Degree in Sociology and Anthropology, MS Degree in Guidance and Counseling, Ed. Degree in Counseling and Student Personnel Services, and a Ph.D. in Clinical Psychology with Post-Doctoral studies in Neuropsychology at Thomas Jefferson Medical School in Philadelphia, PA.

His brief high school social studies and guidance counselor career ended when his religious superiors asked him to consider teaching Sociology at Siena

He quipped: "I hated Sociology; it was so dry and boring to me." He asked if he could study counseling and psychology. This really caught his interest and his superiors were over a barrel. They wanted him to stay teaching at the college level. To do so, he now required the doctoral degree.

Fr. Richard has been a college professor and has been the president of Saint Mary College in Leavenworth, Kansas and was the first Ukrainian American priest to head a four-year Catholic college when he was inaugurated president of Walsh College (now University) in North Canton, Ohio.

During the late 1990s he also served as a member of the Board of Trustees, first at St. Bonaventure University and later at Mount St. Clare College, Clinton, Iowa.

While he was on the Board of Trustees at St. Bonaventure University, he was recruited by his alma mater and served as its Executive Vice President, and Secretary of the Board of Trustees.

Prior to serving in university administration, Fr. Richard advanced to the rank of Professor of Psychology and Chair of that department at Siena College, NY. During this time in his life he and his colleagues published in professional journals of higher education, counseling, and psychology.

Subsequent to his selection be Pastor at the Assumption Church, Fr. Richard worked



as the Clinical Director and Licensed Clinical Psychologist at FrancisCare, a counseling service in Elmwood Park, and a Clinical Forensic Mental Health Clinician assigned UMDNJ to work at Northern State Prison responsible for psychological treatment and assessment of inmates and conducting pre-parole psychological evaluations.

He is also a psychological consultant to the Metropolitan Tribunal of the Roman Catholic Archdiocese of Newark, Dioceses of Camden, Metuchen, Paterson and the Byzantine Eparchy of Passaic, NJ.

In this capacity he provides psychological assessments of those who present their cases for annulment of a marriage

to the Church court (Tribunal) to evaluate a case regarding the psychological basis for the validity of the sacrament of Marriage.

Persons, who believe that their marriages were invalid in the eyes of God and the Church, petition the Tribunal to declare their marriage null and void. The work of the Tribunal mainly involves the process of investigating and presenting the facts of the case to the Bishop.

(Rev. Dr.) Fr. Rich Mucowski and his pastoral team will be officially installed by Bishop John W. Flesey, STD, Regional Bishop for Bergen County, as pastor on Sunday, October 2, 2011 at the 11:00 a.m. Mass.

What parishioners should do after July 1, 2011 is pray for him, introduce yourselves to him, show him that he is welcomed, teach him about the needs and concerns of those in his care, support and counsel him regarding any changes he may propose, and assist him by participating and being active in your Church.

Feel free to introduce him to your friends and neighbors (and as he said: "Remind me over and over if I forget your name until I get it right.") Story by Peter Gallo Jr. ###



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Knights Honor Their Priests

Each year the Councils in New Jersey host dinners to honor the men of the cloth. These dinners are conducted in each Diocese, with all Priests of the Diocese invited as guests of the Knights of Columbus.

The evening is open to all Knights and their wives, and is a great way for the Knights to show the Priests how proud they are of them.

On Tuesday, May 24, 2011, the Knights of Columbus of the Archdiocese of Newark hosted their Fifth Annual Pride in Our Priests dinner at the Fiesta in Wood-Ridge.

More than 500 men and women were in attendance.

Local priests from Wood-Ridge, Hasbrouck Heights and Lodi were the guests of their local Knights of Columbus Councils.

At the dinner, State Deputy Herbert Meyer acknowledged gratitude for the cooperation given him during his time as an officer in the state.

He then introduced the new state officers who were elected in May and assumed their duties on July 1st.

They are State Secretary Elect Andrew Lipenta, State Treasurer Elect Bruce DeMolli, State Advocate Elect Anthony Moskal and State Warden Elect Robert Hatler. Story and photo by Peter Gallo Jr. ###

Chicken and Chips Dinner is Back!

Church will host a Chicken and Chips Dinner on Monday, October 3, 2011, from 5:30 p.m. until 7 p.m.

Tastefully British Caterers will again prepare the tastiest chicken you ever had!

Tickets are \$14 per person (\$8 for children under 10).

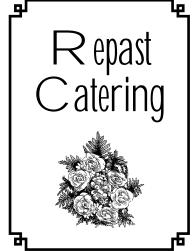
Seating is limited, so make your reservation by contacting

Holy Trinity Lutheran Marge at 201-288-8933 ASAP.

Pre-paid take-out is available, but no walk-ins, please (deadline is September 28).

Proceeds will benefit the youth trip to the Youth Gathering in New Orleans in 2012.

Holy Trinity Lutheran Church is located on the corner of Burton and Hamilton Avenues, Hasbrouck Heights. ###





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120 Hoboken Rd., East Rutherford • www.stjosepher.com Parish Office: 201-939-0457 • Emergency: 201-939-0391 Rev. Joseph J. Astarita, Pastor Rev. Arokiadoss Raji, Parochial Vicar

Sr. Marigene Kennedy, OSF

Sunday Obligation Masses: 5:30 p.m. Saturday/Vigil 8:00 a.m., 10:00 a.m., Noon Daily Masses: (Church)

Mon. - Fri., 7:30 a.m., 12:05 p.m. • Sat.: 8:30 a.m.

Confession: Sat. 11:00 - 12:00 p.m.

Hasbrouck Heights

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www.biblebaptist.net Rev. Bill Hegedus, Pastor

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11:00 a.m. Morning Worship Service (Contemporary) Evening Service as announced

CORPUS CHRISTI R.C. CHURCH

Boulevard & Kipp, HH

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Deacon Vincent DeFedele **Deacon Paul Carris**

Sunday Obligation Masses: 5:00 p.m. Saturday (Chapel)

7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel), 12 noon (Chapel) and 6:00 p.m. (Chapel)

Daily Masses: (Church)

Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m. Reconciliation (Confession): Sat. 4-4:45 p.m. Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html School: www.corpuschristischool.net

Terrace & Jefferson, HH • 288-0002 Rev. Joseph Pickard, Vicar

www.saintjohnthedivine.com www.careonthecorner.org Sunday - 11:00 a.m. Holy Eucharist Rite II - Church School HH: Sept., Nov. • St. Martin's Maywood: Aug., Oct. Dec.

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CHURCH OF ST. JOHN

THE DIVINE (EPISCOPAL)

Burton & Washington Place, HH Church Office: 201-288-1122 Rev. Dr. Dianna L. Smith, Pastor Handicapped accessible. Sunday

8:45 a.m. Sunday School

10:00 a.m. Worship Service, Fellowship Hour follows Worship Service. Child care provided.



57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773 Church and Nursery School Office: 288-4636 Pastor Iraida Ruiz de Porras

Sunday

10:00 a.m. - Worship Service Thursday - 7:00 p.m. - Bible Study

THE CROSS KOREAN UMC 57 Burton Avenue • 393-7890

HOLY TRINITY LUTHERAN CHURCH

92 Burton Avenue, HH • 288-6889 Rev. Susan Nelson-Colaneri, Pastor www.holytrinityhasbrouckheights.com

Sunday

11:00 a.m. - Holy Communion

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Rev. Edward J. Glasser, Assoc. Minister Sunday - 10:00 a.m. Morning Worship Communion- First Sunday of the month



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EVANGEL CHRISTIAN CHURCH

165 Main Street • Office: 201-440-0470 Rev. Veronica M. Pearson, Pastor

Sunday - 9:00 a.m. Adult Bible Study • 10:30 Worship Children/Teens Sunday School meet during Worship Service Wednesday - 7:30 p.m. Bible Study

ST. MARGARET OF CORTONA (Little Ferry/Moonachie) 31 Chamberlain Ave., Little Ferry • Office: 201-641-2988 Rev. Arthur Frank Humphrey, Pastor

Sr. Dorothy A. Donovan, S.S.J, Pastoral Associate Sunday Obligation Masses:

Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon Daily Masses: Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m. Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m. Rosary for Peace: First Saturdays after 9 a.m. Mass

Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Lodi

FAITH REFORMED CHURCH

95 Washington St., Lodi • 973-778-4529 • www.lodifaith.net Rev. Timothy Ippolito, Pastor

Sunday: 10:30 a.m. Worship and KIDZ Church (Ages 4-10)

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Rev. Mr. Steve Marchese, Deacon

Sunday Obligation Masses: 6 p.m. Saturday

7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m. Daily Masses: 7:00 a.m., Noon • Holy Day Mass Eve: 7 p.m. Reconciliation (Confession): Sat. 4:30 - 6:00 p.m. Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE

221 Moonachie Road Church Office: 201-641-4919 Rev. Kimberly Chastain, Pastor Sunday

9:30 a.m. Children's Sunday School 11:00 a.m. Worship Service



Wood-Ridge

ASSUMPTION R.C. CHURCH

143 First Street, Wood-Ridge • Rectory: 201-438-5555 Center: 201-933-6118 • www.assumption-parish.org Fr. Richard Mucowski, OFM, , EdD, PhD, Pastor Fr. Julian Jagudilla, OFM, M.Div., Pastor Vicar Br. Paul Keenan, OFM, MSW, Pastor Associate Fr. Francis K. Kim, OFM, M.Div., In Residence Deacon Nicholas Valdez

Deacon Francis Materia **Sunday Obligation Masses:** 5:30 p.m. Saturday

8:00 a.m., 9:30 a.m., 11:00 a.m. Daily Masses: (Church)

Mon., -Sat.: 7:30 a.m. • Holy Hour: Fri. after 7:30 a.m. Mass Sacrament of Penance: Sat. 11:00 - 12:00 p.m

FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE

Rev. Kimberly Chastain, Pastor Sunday 9:30 a.m. Worship Service MEEL AL PRESBYTERIAN

CHURCH OF NJ

Rev. Changsik Jang, Pastor Sunday Worship 12:00 • Wednesday Worship 8:30 p.m. Tuesday - Saturday 6:00 a.m. Morning prayer meeting

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Rev. Jacob David, Rector

1st Sunday - 9:30 a.m., Combined CSI & Healing Service 3rd Sunday - 9:30 a.m., Combined Episcopal Eucharist 2nd & 4th Sunday - 11:00 a.m. Malayalam Service Vestry Meeting: 2nd Sat. 10:00 a.m.













Reflections

Living Purposefully

Rev. Bill Hegedus, Pastor Bible Baptist Church of Hasbrouck Heights

In one of King David's Psalms, David declares what many men have thought over the ages..."When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them?" (Psalm 8:3,4)

As David looked at all God has created, he felt like nothing. He felt so insignificant in comparison with God's awesome works of creation. Who has not asked these same questions... "Who am I?...What is my place in the grand plan of life?"

God's response to David's question is the same as God's response to us. In Psalm 8, God tells David that He has a grand purpose for our lives and a specific reason for creating us exactly as He did.

Let me share with you one great thought that has helped me in this area of identity over

the years:

Learn to Embrace Your True Identity. In this computer age we hear a lot about identity theft and how to avoid it. Identity theft is not new. It is Satan's number one strategy. He wants to steal your awareness of who you really are. He wants you to settle for much less that what you were made for.

In verse 5 of Psalm 8, God answers the identity question—man (you and I) have been made "a little lower than the angels." The word "angels" is the Hebrew translation of "Elohim (God)." Of course God here is referring to man in his unfallen state, his true identity as purposed by God. David declares that man is the "crown and glory" of God's creation, bearing God's image and being capable of intimate fellowship with his Creator.

Instead of living in our true identity many live their lives and try to find purpose and meaning in fulfilling the sinful desires of their bodies instead of embracing their true intended identity.

How can our true identity be restored and be renewed? There is only one way, through the work of Jesus Christ. Paul declares in Ephesians 2:4-6 "But because of his great love for us, God, who is rich in mercy, 5 made us alive with Christ even when we were dead in transgressions (our true identity was lost) — it is by grace you have been saved. 6 And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus," The Apostle Paul declares that through Christ we have a new identity, "positioned in the heavenlies," in Christ Jesus.

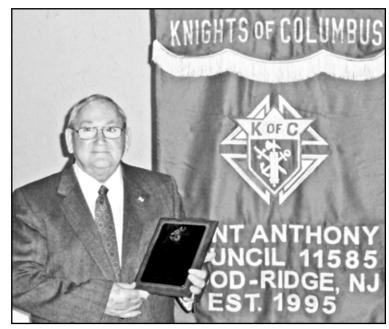
When I think of this truth, I am reminded of the Disney movie, "The Lion King" when Simba, the heir to the throne of the kingdom is falsely blamed for the death of his father, Mufasa.

Simba runs off in guilt and fear, giving up on his dream of ever becoming king. One day Mufasa appears to Simba in a vision and says "Simba, have you forgotten me?" Simba says "But, Father, how could I have ever forgotten you?" His father replies "You have forgotten who you are and, therefore, you have forgotten me."

Remember who you were created to be. Embrace the grace of Jesus Christ and find the true purpose and meaning of life. ###

Meals with a Mission

Meals with a Mission, a joint ministry of Assumption Church, and Corpus Christi Church, feeds the hungry by preparing meals for the needy in our area. To participate contact Joe Blythe at: blythe2@ optonline.net.



2011 Knight of the Year

At the Father's Day Communion Breakfast held on June 19, 2011, at the Fiesta, SK Peter J. Gallo Jr. was honored by the St. Anthony Council #11585 by being selected as "Knight of the Year." Also receiving accolades were SK Anthony Giuseffi and SK/Deacon Frank Materia.

SK Tony Giuseffi, a former "Knight of the Year," was recognized for his ability to spread the word and encourage many residents to participate in the many activities run by the local

Free Lunch

Everyone is invited to the First Presbyterian Church of Moonachie on August 6, 2011, at 11:30 a.m. for the "First Saturday Free Lunch" program.

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy's got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###

council. At the young age of 96, he alone has the ability to sell at least 40% of all tickets to each fundraiser.

SK/Deacon Frank Materia, a past Grand Knight, was presented with a gift from the council in acknowledgment of his many years of service to the council and his ordination to the permanent diaconate. Anyone who has heard his sermons realizes that he is well suited for his new role.

The St. Anthony Council was established in 1995. SK Peter Gallo has been the Financial Secretary for his council since 1998. He is a Life member of the Knights of Columbus and has been the Financial Secretary to all but the first Grand Knight of the council; also from July 1, 2006 to June 30, 2008 he served as its Grand Knight.

SK Gallo was recognized for his experience and knowledge of council history. He is also noted for giving his opinions and advice (whether asked for or not). The "Knight of the Year" plaque was presented to him by GK Donald Callahan and District Deputy Russell Petrocelli. Story and photo by Marie Gallo. ###

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The Feast of Corpus Christi

Parishioners of Corpus Christi Church celebrated its Feast Day beginning on Friday, June 24, 2011, with Solemn Vespers followed by 40 Hour Devotion to the Blessed Sacrament.

Following Sunday noon Mass, a procession with the Blessed Sacrament went around the block, and concluded at the entrance to the Church. Altar servers led the procession followed by parishioners in front and behind the canopy carried by members of the Knights of Columbus which accompanied

the priest carring the Eucharist in a "Monstrance."

Although the Celebration of Corpus Christi has been held for years, this was the third year that a picnic was held on Church grounds upon conclusion of the service.

This event also served as a farewell to Father Jerzy Zaslona (Father Jurek), who served at Corpus Christi for three years. Fr. Jurek has been appointed Administrator of Holy Rosary in Jersey City. Photos provided by Eileen Barroso. ###

The Energy Corner

Should you upgrade your equipment?

The potential savings for upgrading equipment are impressive.

- Replace a non-flame retention burner with a new flame retention burner and save about 15% on the cost of heating a building.
- Replace an old flame retention burner with a new flame retention burner and save up to 10% on oil and the electric cost of running the burner.
- Replace a boiler or furnace and save from 20% to as high as 30% or sometimes more on the cost of heating the building.

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Call John Depken if you have any questions that you would like answered in this column



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Pharmacist Corner

Aids to Daily Living... Let Me Count the Ways

We all want our lives to be a little easier and winning the lottery would do that, but the odds that most of us will hit it big are quite slim. So we look to other means that will help us thru the day, hence the name "Aids to Daily Living."

Let's start where we all start in the morning, in bed. There are bedrails of many sorts. Bedrails have more than the function to keep someone from rolling out of bed; they also help you "get a grip" in order to get out of bed.

They can be the type that run the length of the mattress, or just half-way, cane-type or handle-type, and there is also something called a bed-rope ladder to help pull yourself up.

There are also an assortment of pillows (not the ones with decorative doodads and tassels), but ones that are specially designed to give support to the neck, legs, and to use post-hip surgery, etc.

Also for the bed, there are reusuable, absorbent bedpads,

lambswool mattress covers, egg crate mattress overlays, and gel cushions.

Talk about getting comfy in bed! But seriously, perhaps one or two items just may make a difference in your sleep or helping someone who spends a lot of time in bed due to illness feel more comfortable.

Just a quick mention of some other bed related items: over the bed tables, foot stools to get into bed, and even a lift for the sheet/blanket to keep them off your feet.

Now onto the bathroom. The shower can be equipped with multiple grab bars for safety, shower chairs and stools, handheld shower sprayers with extended hoses, and transfer benches that make it safer to get into the shower.

Your toilet can be upgraded to have a raised toilet seat that has handles and locks onto the toilet (there are ones that are cushioned, too), and commodes that can go from bathroom to bedside in an instant. Now these are just to name a few of the various accommodating items to make your bathroom easier to navigate thru.

Let's get dressed now with some dressing aids. This category of items run from a button/zipper puller, sock/ stocking aid, dressing stick, long handled shoehorn, elastic shoelaces, leg lifter, and reachers of varying lengths, to just skim the surface of items available.

When eating and taking medications, there are some useful aids. There are utensils that are weighted and have grips and even ones that bend!

There are cups designed for easy drinking and plate guards that keep food on your plate.

There is such a variety of pill reminders that I can't possibly name them but we would be very happy to show you.

Now for your recreation, there are walkers of all sorts. with and without seats, transport chairs that fold and go, and not to mention cup holders, wallets, and baskets for your walker or wheelchair.

Seat lifts, swivel seats and car straps that help you out of your car and get you to your destination are very useful. Some items that you may not think are out there but are readily available are playing cards with large print, player card holders, exercise-clay, and finger exercisers. Also, there

are jar openers, lamp switch attachments, and key turners that are helping hands.

While this article couldn't cover everything available, I hope it has opened your mind to explore new things that can assist you in your daily life.

Please feel free to stop in with any questions about any

of the products mentioned or ask if something else may be available to assist you. Make Be Jay Drugs your Aid to Daily Living!

Linda E. Stumper, RPh, is a Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ. 201-288-0404, www.bejaydrugs.com ###



Filling You In

By Jeffrey E. Mason, D.M.D.

Nutrition: What does your mouth say about your overall health?

Living in a fast-paced society where fast food seems to dominate the food chain can mean a great deal for oral health - and poor food choices can even have a negative effect on teeth. In fact, in order for the body's tissues to resist infection and for teeth to remain healthy, minerals and nutrients are essential in a person's diet.

The presence of too much or too little of any nutrient can have harmful effects, particularly on the mouth and teeth, and may contribute to oral diseases and infection, according to an article in the March 2007 issue of AGO Impact, the newsmagazine of the Academy of General Dentistry (AGO).

Poor nutrition affects the entire immune system, increasing susceptibility to many common disorders. People with lowered immune systems have been shown to be at higher risk for periodontal disease.

Additionally, research shows a link between oral health and systemic conditions, such as diabetes and cardiovascular disease.

"Deficiencies in vitamins can cause poor tissue connectivity which can allow for tissue breakdown and subsequent invasion by bacteria," says AGO President-Elect Paula Jones, DDS, FAGD and AGO spokesperson. "With the additional factor of poor oral health care, the situation can be exacerbated and exhibit as a more severe case of periodontal disease since nutritional deficiencies can compromise the immune system."

Patients can improve their oral health and reduce the risk of periodontal disease by eating a balanced diet of a variety of foods from the five

food groups--grain, fruit, vegetables, milk and meat.

In addition, Dr. Jones explains, "A diet rich in dark, leafy green vegetables and fresh fruits helps the body to have adequate C and B vitamins," Dr. Jones explains. "Limited amounts of sunshine help the body to produce Vitamin D, which is necessary for the absorption of calcium, which helps to build strong bones and teeth."

Eating a variety of foods as part of a well-balanced diet may not only improve dental health, but increasing fiber and vitamin intake may reduce the risk of other diseases.

What foods may be bad for your mouth?

- Carbohydrates: Chips, bread, pasta, or crackers can be as harmful to the teeth as
- Sticky, chewy foods: Raisins, granola bars, jelly beans, caramel, honey and syrup stick to teeth and make it difficult to wash the sugar away.
- Sugary snacks: Cookies, cakes or other desserts contain a high amount of sugar, whichcan cause tooth decay.
- Gum and candy: When chewing gum and eating candy, the sugar coats teeth, which can lead to cavities.
- Carbonated soft drinks: Regular and diet sodas contain phosphorous and carbonation, which wears away the enamel
- Fruit or vegetable juices: These beverages tend to be high in sugar, which can damage tooth enamel and lead to

Ref: Dentalnotes, Academy of General Dentistry

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com





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Real Estate Insight

By Mary Ellen Courtney



Buying versus Renting, Re-visited

I know we've covered this topic before, but a piece I read recently in the Wall Street Journal makes this debate, I think, more timely than ever.

The article emphasizes that a perfect combination – excellent home affordability, extremely low mortgage rates and excess inventory - has made this a great time to buy a home. It adds, however, that these conditions will not stay this good for buyers for very much longer.

According to industry analysts in the WSJ story, a few key factors that impact housing are expected to improve in the near future. These will work towards correcting the current imbalance in the real estate market, putting buyers and sellers on a more equal footing.

Firstly – and we covered this subject here a couple of months ago - the number of new households per year has been on the rise. From a high of nearly 2 million new renters or

Afternoon with Peter Lieberman

VFW Post 4591 is hosting an afternoon with Peter Lieberman on Sunday, September 18, from 1 to 4 p.m., at the Post.

Cost is \$15 if paid in advance, and \$20 at the door. Hot meal, coffee and cake are included.

Call Pete at 201-638-4294 or the Post at 201-288-1112 for tickets and more information. ###

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Wood-Ridge, NJ 201.602.0824 Tom@TJMArchitect.com owners in 2005, it fell to barely 575,000 in 2008.

According to reports from Moody's Analytics, this figure should average 1.2 million (with a higher percentage in our NYC metro area) before too long. More people wanting homes will put a significant dent in the current supply of properties in the following 18 to 24 months, Moody's wrote.

Secondly: home affordability. This refers, of course, to the percentage of household income needed to cover the price of a typical home purchase. The current ratio is 20.9% lower than the average for the past 15 years, which means median home price costs Americans a fifth less of gross income.

In our Hasbrouck Heights/ Wood-Ridge area, it is often actually cheaper to buy a home than rent. This great affordability takes into account low home prices as well as historically low mortgage interest rates (the average, reported by Freddie Mac this month, is 4.55%). Rates haven't been this low in half a century!

Of course, credit continues to be an issue for many wouldbe buyers. If you don't have a stellar credit score, it's difficult to get loan approval.

Bigger down payment requirements have also prevented a number of home purchasers from getting financing.

Economic experts, quoted in the article, say lending standards will be tough for at least another 6 months but should get better in the coming year or so, allowing many buyers back

into the housing market.

So, in this perfect storm of housing opportunity, why rent if you're able to buy? Let's review the fundamentals. What are the main, basic reasons people buy a home....

- It's a good investment. Investors say overwhelmingly that real estate can typically be a safer and better investment than stocks and bonds!
- Tax savings. Mortgage interest and property taxes are tax-deductible, making tax savings one of the biggest benefits of homeownership. This means that you could possibly pay less tax or you get a bigger tax return.
- Improvements add value. Unlike rental improvements, when you paint, make additions, or improvements to your home it increases in value.
- Buying builds equity. Buying a home is good use of your money. As you make payments over time, the equity increases. When renting, you get no return for your money. Once the money is spent, it's
- Capital appreciation. Unlike buying a car or renting, homes - when taken care of - usually appreciate in value.
- More space. Renters typically live in smaller spaces; home buyers have more square footage for their money.

And on and on.... For now, the dream of home ownership is more affordable than it's been in years, making 2011 a great time to buy. But it won't last forever. The long-term outlook foresees a shift from the current buyer's market to a more balanced one in the not so distant future.

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

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HHFD Trains for House Fire

On June 23, 2011, at about 7 p.m., the Hasbrouck Heights Fire Department held a training exercise in a building at the DPW complex simulating a house fire with trapped victims.

The event began with Training Officer Robert Knobloch providing an overview of the drill, and review of safety procedures.

Firefighters used full turnout gear, to include S.C.B.A. air packs. A machine simulated heavy smoke conditions and a "dummy" created with old fire hose, was the victim.

Several evolutions of the same theme were practiced: The first team did a search and rescue while the second team followed behind with a line stretched to knock out the simulated fire. *Photos and story by Matthew Albanese.* ###







PSE&G to Install Solar Energy Units

In June, PSE&G contractors began installing poleattached solar units in Lodi, and, in August, will begin in Hasbrouck Heights and Teterboro. When the project is complete in late 2012, the pole-attached solar units will provide 40 megawatts of solar electricity -- enough to power about 6,500 average size New Jersey homes annually. They are placed on utility poles with a clear exposure to the southern sky, access to the proper voltage electric wires and where installation does not interfere with existing equipment.

The panels are approximately 2 1/2 feet high by 5 feet wide and installed about 15 feet off the ground. These solar units connect directly into the PSE&G electric grid.

The pole-attached solar units help New Jersey reach its renewable energy portfolio requirement that was set in the State's Energy Master Plan.

It takes about 170 acres of land to place 40 megawatts worth of traditional solar farms. Utilizing these utility poles takes up zero land space.

PSE&G estimates this installation will reduce the amount of CO2 in the air by 31 metric tons per year, nitrous oxide by 58 metric tons per year, sulfur oxide by 135 metric tons per year -- the same as removing about 3,800 cars from the road for one year. ###



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Former Hasbrouck Heights Fire Chief Mike Ratkowski presented EMS certificates to Rebecca Ratkowski and Nick Coviello, graduates of Bergen County EMS Training Center.

Several area residents recently graduated from the six month, 180 hour Bergen County EMT Basic Course held in Mahwah and Paramus.

Graduates are: Hasbrouck Heights: Nick Coviello, Rebecca Ratkowski and Andrew Waring; Little Ferry: Samantha Boustani and Moonachie: Bishoy Awadalla and Emily Yam.

Your community EMS squad is looking for new members. The course is free for those who join. Photo by Lisa Ratkowski. ###



About noon on July 15, 2011, the Lodi Fire Department responded to a roof fire on Garibaldi Avenue, drawing a second alarm. Two 1 3/4" attack lines were used - one on the roof and one entering the building. The incident is under investigation. No injuries were reported. Photo by Rob Knobloch. ###



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(l-r) Lt. Governor Kim Guadagno, HHFD Fire Chief Kevin Todd, Mayor Rose Heck and NY/NJ Port Authority Deputy Executive Director Bill Baroni.

PA Gives \$10,000 Grant to HHFD

New Jersey Lt. Governor Kim Guadagno presented a \$10,000 Port Authority grant to benefit Hasbrouck Heights emergency services during a ceremony at Fire Headquarters on Hamilton Avenue.

Guadagno spoke of the courage shown by first responders and the need to keep these vital services well funded.

Bill Baroni, former NJ State Senator and the Deputy

BBQ Grill Safety

partment urges outdoor chefs

to be cautious when cooking

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The Moonachie Fire De-

• Keep a fire extinguisher

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• Do not store gasoline or

placed next to your home's

wall, underneath porches or

overhangs, and never indoors.

On Monday, June 27, 2011, Executive Director of the Port niversary. Authority, praised Hasbrouck Heights' valiant efforts to keep tragedy from occurring at Teterboro Airport.

> Baroni said, "Time and time again, Hasbrouck Heights has assisted the Port Authority in emergency calls. It has no greater partner."

> He also noted that the grant was timely, coming as it did when the Port Authority is commemorating its 90th an-

- Lighting a charcoal grill requires caution. Use only the appropriate amount of lighter fluid, and NEVER substitute gasoline, kerosene or other
- fluid. Adding starter fluid after the grill fire has been ignited is extremely hazardous as flames may jump out.

flammable liquids for lighter

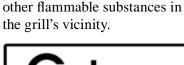
 Lighter fluids and "quickstart" charcoal should be stored outside and away from the home. ###

The money comes from a \$135,000 fund set up by the Port Authority of New York and New Jersey to be awarded to 13 fire departments and other first responders in northern New Jersey.

Grant rules stipulate that municipalities must use the money to buy public safety equipment or to upgrade facilities. Hasbrouck Heights, which has 58 volunteer firefighters, plans to use the grant to buy fire fighting equipment.

Departments receiving money have agreed to assist the Port Authority when emergencies arise. Hasbrouck Heights fire, rescue and EMS routinely respond to emergencies at Teterboro Airport.

Observing the ceremony were members of the HHPD Jr. Police Academy. Following the presentation, Lt. Guadagno and Bill Baroni spoke with them. ###



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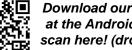




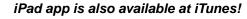
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