# Gezen

Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • S. Hackensack • Teterboro • Wallington • Wood-Ridge Published Monthly. Issued the first week of the month. Distributed via U.S. Postal Service and available at select locations. Every issue is FREE online in PDF format at: www.The-Gazette-Newspaper.com RSS feed available.

\*\*\*\* VOL. 16, No. 8 August 2019



# Liberty

The inscription on the tablet in her left hand, JULY IV MDCCLXXVI (July 4, 1776), the day the United States adopted the Declaration of Independence. Mounted on a plaque is a sonnet by Emma Lazarus, in part, states,

"Give me your tired, your poor, your huddled masses yearning to breathe free." Child-like innocence?

Liberty has been America's birthright since 1776. Liberty is our heart and soul. We breathe liberty. Lady Liberty's torch symbolizes Reagan's "The Shining City on the Hill ...teeming with people of all kinds living in harmony and peace; a city with free ports that hummed with commerce and creativity. And if there had to be city walls, the walls had doors and the doors were open to anyone with the will and heart to get here." "The eyes of all people are upon us."

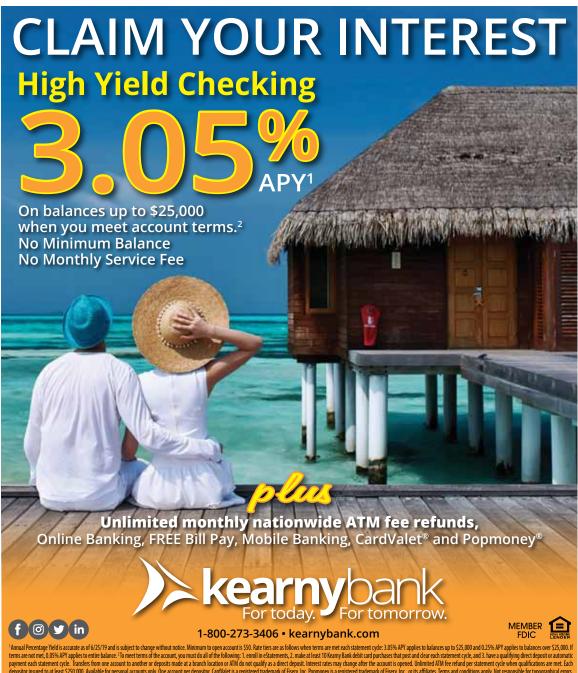




### To Be Fantastic, You Gotta Recycle Plastic

Christine Costa is working on her Silver Award for Girl Scout Troop #4703. She successfully obtained four recycling bins to better our community. The bins have been placed in Woodland Park, Hasbrouck Heights.

She thanked DPW Superintendent William Spindler and his team for assisting her in this project. Please remember, "To Be Fantastic, You Gotta Recycle Plastic." *Provided by Helen Costa.* ###











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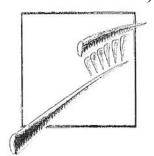




### Oldest School Picnic in the Country

The Carlstadt Public School held its 153rd Annual School Picnic on Saturday, June 15, 2019. The event began with a parade of emergency vehicles, CPS students and alumni, starting at the Civic Center on 4th Street and ending at the Little League Field on 9th Street. Everyone enjoyed cookies, hot dogs, trademark pink lemonade and cotton candy. There were games, rides and entertainment. Photos and story by Dennis Kronyak Sr. ###

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This is a photo of the various Veterans of South Hackensack, Walter Eckel, and Girl Scouts, the Township Committee and Mayor Yris Encarnacion after the ribbon cutting ceremony of the newly renovated Veterans Park. *Photo by David Scott.* ###





### Sunset Beach Evening Flag Ceremony

On June 18, 2019, during the Veterans of Foreign Wars, Department of New Jersey's 100th State Convention, members of the VFW and their families gathered at Sunset Beach for The Evening Flag Ceremony. This is a 40 year tradition at Sunset Beach in Cape May, New Jersey. All the flags that fly on their masts are Veterans' casket flags. On this day the flag of Josephine Ann Swift flew over Sunset Beach.

Josephine proudly served in the US Navy from 1942 to 1945. She was born on July 26, 1918 and passed on March 17, 1969. Josephine was the second of nine children born to William and Johanna Swift of Ridgefield Park, NJ. All five of her brothers served in the military, four in WWII and one in Korea. Josephine was stationed in Pensacola, FL, and then Pearl Harbor. She was an Aviation Machinist Mate Second Class when discharged.

VFW National Commander, in-Chief, BJ Lawrence; VFW National Commander, William Thomson; VFW Department of NJ Commander, Duane Sarmiento; VFW Auxiliary National President, Sandi Kriebel and VFW Department of New Jersey Auxiliary

Josephine was loved by her husband, Joseph Brooks Sr., and her children, Vietnam Navy Veteran and VFW member, Joseph Brooks Jr., VFW Auxiliary member Kathleen Ford and Vietnam Air Force Veteran and VFW member, the late Albert Brooks.

The family of Josephine Ann Swift was proud to have

in-Chief, BJ Lawrence; VFW National Council Member, William Thomson; VFW Department of NJ Commander, Duane Sarmiento; VFW Auxiliary National President, Sandi Kriebel and VFW Department of New Jersey Auxiliary President, Ellie Eith. Assisting Josephine's son, Joseph Jr. and his wife Bonnie, with the lowering of the flag, were incoming VFW Department of New Jersey Commander Barbara Kim-Hagemann and incoming VFW District 11 of New Jersey Commander Laura Andrews. Commander Kim-Hagemann stated that she was honored to participate in the Flag Ceremony, saying "female Veterans like Josephine helped pave the way for Veterans like her and Commander Andrews and the female military of today." Photo and story provided by



Carlstadt Schmidt Hoeger, Post 3149 presented a Scholarship Award to Maya Dobrygowski at the Becton Awards Assembly on June 12, 2019. Presenting the award were Post Commander Bob Nerbetski and Post Officer of the Day Gunter Kuprat. *Photo by Bruce Young.* ###

### **Hire A Vet**

Roseann Nemec. ###

### VFW Hall Rental Little Ferry

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### Legion Donates Walker

On June 19, 2019, American Legion Post 67, East Rutherford, presented local resident, Angela Chapman, with a new walker. Her old walker was taken by someone and not returned. Commander Billy Armstrong noticed that Ms. Chapman was in need of a walker with a seat. He approached several Post members who agreed to its purchase. Pictured above are: Commander Billy Armstrong, Angela Chapman, Vice Commander Lou Ragusa, and Adjutant Paul Weiss. *Photo provided by Post 67.* ###



### **VFW 100th NJ State Convention**

The officers of the Veterans of Foreign Wars District 2 Bergen County attended the 100th VFW New Jersey State Convention.

At the convention, the officers for the 2019-2020 year were installed. District 2 Commander Paul Thompson, District 2 President Roseann Nemec and NJ State Patriotic Instructor Carolyn Rovito. Also pictured: Past District Commander Bill Weber and Past District 2 Commander John Chrzanowski. *Photo provided by Roseann Nemec.* ###



### Hasbrouck Heights Lions Club 35th Annual Fireworks Extravaganza

June 28, 2019 • Depken Field

Ticket sales and gate fees pay for this event. Sponsors provide EXTRA FIREWORKS

### Thank You Fireworks Sponsors

Costa Memorial Home
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### **Felician School for Exceptional Children Graduation 2019**

Ten students concluded their days at the Felician School for Exceptional Children as they participated in a beautiful graduation ceremony on Friday, June 14, 2019. The ceremony took place in the auditorium of Immaculate Conception High School.

According to Barbara Beaman, social media coordinator at FSEC who will retire this month, "It was a wonderful ceremony as always but emotional in even more ways for me since I am retiring." There were 9 graduates on stage (One student was not able to attend the ceremony.)

They ranged from being with us for a couple of years to those who have been with us since they were quite young. They all made such amazing progress in their time with us and we are so very proud of their growth. They have all become such wonderful young men and women and we are confident that they will all do well in the future.

The traditional program included a graduation procession, salute to the flag and the singing of "God Bless America" as well as the "Felician School Song." The Bell Choir performed two selections and there was a marvelous video tribute to the graduates. The video tribute showed their school activities as well as their employment at local businesses.

Sister Rose Marie Smiglewski, executive director of the FSEC, was accompanied by Ms. Kelly Paterno, FSEC Director, in awarding the diplomas. The name of each graduate was called and a short description of their talents and virtues was given. As always, the words of two parents of graduates touched the hearts of all listeners as the parents expressed how grateful they were for the Felician School for Exceptional Children and its profound effect on their children.

Conclusion of the ceremony included remarks by Mr. Bob Sciolaro, Principal, and a grand recessional.

May God's blessings accompany these 10 graduates in life! Provided by Sr. Virginia.

### Notable Dates

Vietnam War Began August 7, 1964 Hiroshima: August 6, 1945 Nagasaki: August 9, 1945 Japan Surrendered August 14, 1945





### Felician University Child Care Center End of the Year Program/Graduation

"Friends are Like Flowers" was the lovely theme of the End of the Year Program/Graduation of the Felician University Child Care Center in Lodi. New Jersey. The program took place Friday, June 7, 2019 at 7:30 p.m. in the Obal Hall of Felician University.

Kathy Christie, Director of the Child Care Center, welcomed all parents, relatives, former students and guests. She said that the program had accomplished much during this school year and she was grateful to the teachers for their dedication, the parents for their support, and the children for all their efforts.

The first part of the program included all the children enrolled in the Care Center. Sister Mary Joellen Zajac led the tots in prayer, the pledge of allegiance to the flag and several songs. The exuberance of the children was remarkable as they sang such favorites as "He's Got the Whole World In His Hands," "Frere Jacque" and "Where Have All the Flowers Gone." Their volume and physical gestures increased as each song was sung and they received great applause.

During the second part of the program, the "graduates" had the stage to themselves. Each was called to the podium by Kathy Christie to receive a memorable certificate of accomplishment and a hug.

The final part of the program was an acknowledgment of the faculty and staff. Our Felician Sisters were noted for their "Heart" (Sister Margaret Marie Keslo); for their educational leadership (Sister Mary Joellen Zajac); for their amazing voice and spirit (Sister Maria Magdalena Vallellanes); for their expertise in cleanliness (Sister Mary Angelica Smialowicz). Other faculty members and staff were noted for their ever-present smiles, their artistic talents, their ability to take care of all the details.

In turn Kathy Christie was proclaimed the best director ever and, more important, a friend and a marvelous human being.

The enthusiasm of the audience was most evident as the program concluded and the "smartest kids on the campus" ran to their parents. Provided by Sr. Virginia. ###



### Felician Sisters Enjoy July 4th

Although the high temperature and humidity prevented the traditional roof top 4th of July picnic in Lodi, the Sisters had a truly joyous day.

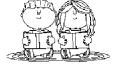
In the air conditioned dining room, the Sisters enjoyed the delicious traditional favor- fashion.

ite foods prepared by dietary. But a big part of their joy came from the fact that the sisters used this occasion not only to celebrate our nation's freedom and independence, but also to help others in true Felician

### Felician Reading Center Fall Classes 2019

### September 16 to December 19

Grade 3: Mondays & Wednesdays • 3:30 to 5 p.m. Grade 4: Tuesdays & Thursdays • 3:30 to 5 p.m. Grade 2: Special arrangement



Weekly fee for services



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After lunch the Sisters enjoyed Bingo complete with raffles and 50/50. All money raised will be donated to the Mary Ruchalski Foundation which helps children who are battling childhood cancer. Mary who was a cousin of Sister Mary Fides Milwicz, lost her battle to cancer at age 14. The family has started this foundation in Mary's name to help other families and push for more funding for research into childhood cancers. With the exception of St. Jude's Hospital most cancer funding is directed toward cancers found in adults.

After tallying the proceeds of the raffles, the 50/50 and private donations Sr. Fides is thrilled to report that the foundation will receive a check for

If anyone is interested in donating to this cause or would like futher information, please contact Sr. Fides. Provided by Sr. Virginia. ###

## **Collecting School Supplies**

Once again this year the women of Holy Trinity Lutheran Church are joining together to collect school supplies.

Items will be used to fill backpacks for Lutheran Social Ministries of New Jersey. These will be distributed to children in need throughout the state, including the homeless in family shelters, those who are victims of abuse and placed in foster care, and any others identified to be at risk or in need.

Returning to class or arriving at a new school can be so much easier for a child when they have a backpack and supplies just like everyone else.

Please limit your donations to the following items which have been requested by Social Services: 70-page spiral notebooks, pocket folders (2 pocket), soft pencil cases, 24-count boxes of crayons, plain 3-ring binders, filler paper, 5-pack dividers for 3-ring binders, large pencil sharpeners. We provide the backpacks!

Any donations can be left on the porch at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights.

For additional information, call 201-288-6889 or go to www.holytrinityhasbrouckheights.com. As always, thank you for your generosity and being a part of our ministry – God's work, our hands – making a difference in ways both large and small! ###

#### **Vacation Watering**

Going on Vacation? Stand plants in the sink or bathtub, depending on the number you have. Be sure they are in pots with a hole in the bottom. Add a few inches of water to the tub and plants will be automatically watered while you are gone. To preserve the tub finish, set plants on an old towel in a tray. ###

**Yield to Pedestrians** 

# Performing Arts Program

Care on the Corner announces the Summer 2019 program for Kids on the Corner, a Performing Arts Program for children in Grades 2-7.

This session marks the 38th production of Kids on the Corner. The goal of Kids on the Corner is to educate and enlighten children in different art forms and cultural experiences. The children are offered opportunities to learn about history, culture, visual arts, theater production, set design, costume design, music and acting.

The Performing Arts group meets Monday, August 26, Thursday, August 29, 2019 from 9:30 a.m. – 12:30 p.m.

Under the direction of Cindy Summers, participants will tell the story of "The Jungle Book." All are welcome to come out and see the performance on Thursday, August 29, 2019, at 7 p.m.

Cindy Summers has enjoyed more than 20 years working in the theater. She has performed internationally in London, Scotland, and Ireland, and has performed in NYC's legendary Duplex, The Metropolitan Room, Don't Tell Mama, and 54 Below. Cindy has been teaching and stage managing children's theater for over ten years in numerous companies. She is currently working with Kids on the Corner, The Women's Theater Company, and NiCori Studios & Productions.

The group meets at the Parish Hall of St. John the Divine, 229 Terrace Avenue, Hasbrouck Heights, NJ. Call the Care Center, at 201-288-9460 to register. There is a \$35 registration fee. Scholarships are available. ###

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TEB Noise Office: 201-393-0399

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### Corpus Christi School News

• Corpus Christi School was recognized by National Wildlife Federation's Eco-Schools USA program for exceptional achievement in educating for sustainability, improving the environmental footprint of the school grounds, facility and curriculum. It is the 20th school to be honored in the state of New Jersey and the 117th to receive the prestigious Green Flag, the Eco-Schools highest honor. With more than 5,000 schools in all 50 states, the Eco-Schools USA program, is based on the commitment and work of student-driven teams dedicated to issues such as waste reduction and energy and water conservation using audits, action plans and other educational resources.

This award demonstrates a commitment to sustainability and environmental literacy for students and faculty, and an appreciation that the best, most effective education transcends the classroom and offers a placebased, hands-on approach to learning. To receive the Green Flag, Corpus Christi School's students and faculty tackled a host of sustainability initiatives that began with forming an Eco-Action team; auditing facility energy efficiency and other environmental focus areas; and engaging and building community. These steps are designed to raise environmental awareness, connect students to the natural world, improve the schools environmental footprint and increase student engagement, while saving money for the school.

• National Wildlife Federation (NWF), America's largest wildlife conservation and education organization, recognized that Corpus Christi School in Hasbrouck Heights has successfully created a Certified School-

yard Habitat through its Garden for Wildlife program. Corpus Christi School has joined with over 5,000 schools nationwide that have transformed their schoolyards into thriving wildlife habitats that provides essential elements needed by all wildlife – natural food sources, clean water, cover and places to raise young. The habitat also serves as an outdoor education site where students can engage in cross-curricular learning in a hands-on way.

• Giant Moon Map Recipient. Corpus Christi School is excited to announce that we have been selected as one of 50 schools and museums Nationwide to receive a Giant Moon Map and curriculum materials donated from ShareSpace Education. Our faculty and

students will have access to a 25x25 foot map of the moon, the Lunar Pro globe, "Welcome to the Moon" books, and a plethora of activity package materials. It is estimated that the value of this donation is at \$5,000.

In honor of the 50th Anniversary of the Apollo 11 Moon landings, the Aldrin Family Foundation is expanding on its groundbreaking Giant Mars Map<sup>TM</sup> program to launch a new Giant Moon Map<sup>TM</sup> Program celebrating the past to inspire the explorers of tomorrow.

This one-of-a-kind educational tool sparks creativity in students while they learn STEAM concepts and celebrate one of humankind's greatest achievements. *Provided by James Falletti.* ###

# **How Parents Can Prepare for Back to School Time**

Here are some back to school tips to start the new school year to help prepare your child for school.

- Shop for school supplies together. Allow them to pick out their own backpack, lunchbox, etc. This is a great way to give them a little bit of responsibility!
- Re-establish school routines. Have your child practice getting back into the rhythm of their daily school routine. by
- Set up a homework station with your child, designate a time and quiet place to do homework each day. Make sure to choose a time where you are available in case your child needs your help.
- Prepare for the unexpected. Have a sitter already

lined up in case you get that phone call home from the nurse saying your child is ill.

- Make an after-school game plan. To eliminate any confusion, make a plan for where your child will go after school such as to a neighbor's house, an after school program, or stay home by themselves
- Turn off the TV and video games. For a lot of children summertime is filled with endless video games and TV programs and are in shock when they realize that six hours of their day is going to spent learning and not playing games and watching TV. Ease your child into the new routine by turning off the electronics and encouraging them to read or play quietly. ###

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### Fish & Chips Dinner Sept. 6

On September 6, 2019, the V.F.W. Post 809, located at 100 Main Street, Little Ferry, will host their 7th Annual Fish & Chips dinner, from 5 to 7:30 p.m. Included: coleslaw, dessert, coffee, soda. Adults \$15, children under 12, \$8. Eat in or take out. For advance tickets stop by after 1 p.m. daily except Wednesday or, call 201-641-9759. No tickets will be sold at the door. ###

### Ham Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, September 10, 2019, in the Community Hall, Third Street, Carlstadt.

Ham dinners will be served from 11:30 a.m. to 1 p.m. Donation is \$10 for adults and \$5 for children/students. There will be jewelry and "This and That" tables. For take-out orders call 201-438-5526. ###

## Chicken BBQ September 21

On Saturday, September 21, 2019, the Church of The Transfiguration, located at 135 Hathaway Street, Wallington, will host a Chicken BBQ. Eat in or take out (reservations only).

Deadline date (on or before) Wednesday, September 18, 2019. Donation \$10. Includes 1/2 chicken, coleslaw, baked potato, cake, coffee, tea and soda. For information, call Ed at 973-773-4090 or the Rectory, 973-779-4329. ###

### Knights of Columbus **Lodi Hall Rental**

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Anniversaries, Repasts, Meetings 39 Washington Street., Lodi Starting at \$450 Call Joe: 201-805-4576 or Brad: 201-376-3071 Touch-a-Truck September 22

The 14th Annual Touch-a-Truck event will be held on Sunday, September 22, 2019, 1 p.m. – 3 p.m., in the Memorial Field parking lot, Rutherford, NJ. There will be fire trucks, tow trucks, sanitation vehicles, an ambulance, landscaping vehicles and sounds of many horns! Children ages 3-12 are welcome. ###

### **Lions Psychic Night Fundraiser**

On Friday, September 27, 2019, at 7 p.m., the Lions Club of Rutherford is sponsoring a Psychic Night Fundraiser with Ray Sette, at the Woman's Club of Rutherford's Clubhouse. Cost is \$25 per person ###

### Felician Sisters Furniture Sale

On Saturday, August 17, 2019, Immaculate Conception Convent (Felician Sisters) in Lodi, will be holding an indoor furniture sale. This is an Everything Must Go sale.

Cash and carry out the same day is required. The side door of the main building by the circle will open at 9 a.m. and close by 4:30 p.m. There are beds, dressers, recliners, couches, tables, old typewriters that are making a comeback, computer tables and more. Stop in and take a look around.

Any questions about this day contact Sister Alexander at 973-473-7447. ###

### Memorial Service for Victims of 9/11

On September 11, 2019, join us at the Moonachie Borough Hall at 6:30 p.m. for the Annual Memorial Service for the Victims of September 11. Program includes: speakers and singers and Mayor Vaccaro placing of the wreath ceremony. Rain or Shine. ###

### Post 310 Picnic September 14

American Legion Post 310 will hold its 37th Annual Picnic on Saturday, September 14, 2019, from 3 to 7 p.m., at American Legion Post 310, 100 Liberty Street, Little Ferry.

Cost is \$25 per person, kids under 12 eat free.

All you can eat hamburgers, hot dogs, sausage and peppers, clams on a half shell, corn on the cob, Manhattan clam chowder, salads, beer and soda.

Entertainment by DJ Jack Jam.There will be a 50/50 drawing. Rain or shine. Please bring your lawn chair. Large tent for shade on site.

All proceeds go to support Veterans and children's programs. For additional information, call 201-807-0470. ###

### Open Cockpit August 17, 18

The Aviation Hall of Fame will host Open Cockpit Weekend on August 17 and 18, 2019. Visitors will have the opportunities to sit in the cockpit of a TWA Convair 880 jet aircraft, a rare Lockheed designed Bush Master plane and a Bell 47 helicopter made famous during the Korean War.

There is the restored cockpit of the Martin 202 passenger plane, including a new instrument panel with new pilot and co-pilot seats to sit in.

Also on display are the HH52A, U.S. Coast Guard rescue helicopter, the Bell AH-1 Cobra helicopter and the OV-1A Mohawk observation/ attack aircraft.

Kids can visit The Little Cut-up plane which lets them "work the controls."

For young astronauts we have a working display of the International Space Station (ISS).

Admission: \$12 for adults, \$9 for seniors and children 12 years of age. Children 3 years old and under are free. For more information go to www.njahof. org or call 201-288-6344. ###

> August Flower Gladiolus

### Rutherford Hosts 44th Annual Labor Day Antique and Craft Fair September 2

The Borough of Rutherford has selected **Cliffhanger Productions** to produce its 44th Annual Labor Day Street Fair to be held September 2, 2019.

One of the most well attended street fairs in the state, visitors can expect to find over 250 vendors lining the streets, parks, and plazas featuring antiques, collectibles, and craft vendors from all over the East Coast

Cliffhanger Productions will bring its signature brand of entertainment to the festival with many activities to entertain the kids while the parents shop. There will be many rides and amusements, a children's stage with a costumed character musical revue, magic show, balloon artists, and a variety of street performers.

Local restaurants will be out in force, along with some of the area's non-profit groups that are planning food-related fund raising – all doing their part to make sure that festival goers can keep up their energy throughout the day.

Other area non-profits will have booths to provide information, engage in fundraising, and recruit volunteers.

The Street Fair runs from

10 a.m. to 5 p.m. Musical entertainment will be held at the Hutzel Memorial Band Shell in Rutherford's Lincoln Park starting at 11 a.m. Beer Garden selling a variety of beer on tap, wine and sangria as well. All proceeds will benefit Rutherford Junior Football Program. A special thanks to our lead sponsors, Inserra Supermarkets and BCB Bank!

There will be live music all day long beginning with local artist and radio personality, Lise Avery. Followed by a surprise national act!

The Art Association of Rutherford members will be selling their paintings on the lawn of the Borough Hall.

Political candidates for local and state elections will be there to meet the public and answer questions. There will also be a Blood Mobile at the event, to serve anyone who wishes to donate blood that day.

Everyone is invited to join in this fun day, which last year attracted over 35,000 people.

To obtain a vendor application, sponsorship opportunities, or event information, contact Cliffhanger Productions at 201-460-8335 or email info@cliffhangerproductions. com ###

### Garfield Street Fair Sept. 29

On September 29, 2019, Midland Avenue will be transformed into a giant town block party. There will be all kinds of fun stuff to do. There will be kiddie rides, climbing wall, pony rides, petting zoo, face painting, sand art, temporary tattoos and so much more.

There will be live entertainment all day long.

This event brings the whole community together. Many of the local merchants and businesses will showcase their shops and offer their special

wide selection of delicious foods such as hot dogs, ice cream, chicken fingers, empanadas, zeppoles, kettle corn, shish kabobs, fresh squeezed lemonade, Italian Ices, French fries, hamburgers, sausage and pepper sandwiches, cheese steaks and much more...

There will be attractions

sales. Everyone will enjoy the

There will be attractions for everyone, will feature many creative crafters with handcrafted works and merchandise dealers offering lots of great bargains and unique items for

This third annual event is hosted by the City of Garfield Events Committee, along with **JC Promotions.** For information, donna@moondoggie coffee.com. ###

Conserve Energy When not in use, turn off the juice.

Hasbrouck Heights
Borough Offices Summer Hours
will be observing summer hours
-- 8 a.m. to 3:30 p.m. -from May 28 thru September 2

Regular hours of 9 a.m. to 4:30 p.m. will go into effect on Tuesday, September 3, 2019.

### **Rutherford Appliance Center**

Formerly at 116 Park Avenue, Rutherford, Has Moved To

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# **Teterboro Airport Scholarship Golf Classic September 23**

The Teterboro Airport Community Benefit Fund, is holding its 35th Annual Scholarship Golf Classic on Monday, September 23, 2019, at the Forsgate Country Club, 375 Forsgate Drive, Monroe Township, NJ, 08831. This Classic is open to the public by pre-registering.

Cost is \$1,040 per foursome and includes lunch, golf and dinner. Dinner only is \$95 per person.

Schedule is: check-in and BBQ luncheon, 11 a.m., shot-gun start 12:30 p.m. (scramble format) -- cocktail/dinner and awards, (casual attire) 5 p.m.

Contests may include

closest to pin, longest drive, straightest drive, etc.

Outing includes driving range, golf carts, goodie bags and access to beverage cart. Tournament entries/participants are limited. For more information, contact staff at 201-393-4080 or email tacbf@teb.com. Sponsorships always welcome.

Proceeds to benefit Teterboro Airport Scholarships to local area high school graduates aspiring to pursue higher education. Through 2018, 240 scholarships totaling \$260,750 have been awarded. *Provided by Ciba Williams.* ###

### Amtrak Traveling in Style

**David Kriso** *Travel Editor* 

Traveling by train, at all times of the year, can never be more pleasurable. Whether traveling short or long-distance, Amtrak makes the journey not just pleasurable, but affordable. Amtrak offers fares that are affordable, fair, and transparent. How transparent? To make traveling easy, Amtrak offers five categories of fares that are both economical and budget-friendly.

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Vacation doesn't always mean beach, pool, and ski slope time. Vacation time means train time. All year long Amtrak makes traveling enjoyable, affordable, and best of all-rewarding. Passengers are given not just a wide range of seating and on board amenities, but a wide variety of fares that best fit the nature of their journey, and budget too. From passengers taking advantage of the Saver fare or Premium fare, traveling by Amtrak opens the door of opportunity to travel not just in style, but with value.

### W-R PBA Local #313 Police Chief's Golf Outing Sept. 30

The 19th Annual Wood-Ridge Police Chief's Golf Outing is Monday, September 30, 2019, at the Crystal Springs Golf Course, 3621 Rt. 94, Hamburg, NJ. Registration/Breakfast 8 - 9 a.m.

Cost is \$150 per golfer. Foursome entry \$600, Tee & Green sponsor \$150. Fees include: Green Fees and Cart, Continental Breakfast, Lunch at the Turn, Banquet Dinner, Beer/Wine, gifts, prizes.

Shotgun start at 9 a.m. The event is sponsored by the Wood-Ridge PBA Local 313 and is a fundraiser for the police body armor vest fund and various W-R recreation programs.

RSVP by August 30, 2019, to Fran at 201-939-0476, Opt. 4

Make checks payable to: Wood-Ridge PBA #313. Mail to: Wood-Ridge PBA #313, 85 Humboldt Street, Wood-Ridge, NJ 07075. Attn: Golf Committee.

Metal spikes are not allowed. Collared shirts and no jeans. For more information, call Fran at 201-939-0476. ###

# Free Yoga in the Park

Shiva Shanti Yoga School is sponsoring free "Yoga in The Park," at 8 a.m Saturdays in August, 2019, at Hutzel Memorial Bandshell, Rutherford,

- August 3 Jen
- August 10 Helen
- August 17 James

Bring a yoga mat, water, and props, if needed. They recommend arriving 15 minutes before start of class. For more information, call 201-531-9642 or go to: http://www.shivashantiyoga.com ###

# Rutherford Farmers' Market

The Rutherford Farmers' Market is returning for its 22nd season. The market will be held in the Williams Plaza, Park Avenue, on Saturdays, from 8 a.m. to 2 p.m., and Wednesdays, 11 a.m. to 6 p.m. Market will conclude on October 30. There will be new vendors. The market is sponsored this year by the Borough of Rutherford. ###

### THE GAZETTE NEWSPAPER Celebrating the Community Experience



# **An Interstellar Galactic Space Adventure**

Pack your sleeping bags and get ready for an out of this world adventure of a lifetime. Join us at The Free Public Library of Hasbrouck Heights on Friday, August 2, 2019, starting at 6:30 p.m. and lasting until 9 a.m. A great line-up of family friendly activities is planned throughout the evening:

- Special guest appearances of costumed characters and themed food to be served
- Franklin Institute Travel Science Show will conduct experiments.
- Celebrate the 50th Anniversary of the Moon Landing with Space Educator Joe Lennox.
- Learn about the World of Animals and Space with Wildlife Educator Joe D'Angeli.
  - Mars Robotics Challenge
- Participate in our Space
   Training Academy with
   STEAM projects for boys and

girls.

- A "Universe of Stories" shared around a Camp Fire.
- A Late Night Movie Screening: "Captain Marvel" (PG-13).

To defray the cost of this event, there is a suggested donation of \$5 for a child under 12 years old and \$10 donation for anyone 12 years of age and older.

This program is made possible through the generous support and funding provided by The Hasbrouck Heights Friends of The Library. Here is a fun and an inexpensive way to entertain the whole family this summer.

Registration must be done in-person. Deadline is July 31. 2019. The Library is located at 320 Boulevard. Call 201-288-0488 for details or visit online @ http://hasbrouckheights.bccls.org/ ###





### **Apollo 11 Moon Landing 50th Anniversary**

On Monday, August 26, 2019, at 6:30 p.m., East Rutherford Memorial Library presents: author and photographer, Kevin Woyce.

Come join us for a fascinating presentation in celebration of the 50th anniversary of the Apollo 11 Moon landing on July 20, 1969. Learn about the visionaries and scientists who made space travel possible and the American astronauts who boldly traveled "Where no man has gone before." Registration is requested as space is limited. Register on line by visiting, eastrutherford.bccls.org or call 201-939-3930. ###

### **AL Centennial Post 221 Fundraiser**

On Sunday, September 8, 2019, American Legion Post 221, located at 540 Shaler Boulevard, Ridgefield, NJ, will hold a fundraiser. Open to the public. Ticket donation \$15, BYOB, hot/cold food.

Music by "DJ Jack Jam." Let's keep this Post Alive! ###

> August Birthstone **Peridot**

Mr.

### Moonachie Family Fun Day August 3

Come celebrate on Saturday, August 3, 2019, from 1-4 p.m. Moonachie Family Fun Day is sponsored by the Mayor and Council, at the Moonachie Civic Center Park.

Free hamburgers, hot dogs, refreshments, water inflatables and entertainment. Bring your bathing suit, a towel, chairs and blanket! Rain date 8/4/19. ###

### W-R Family Fun Night

On Friday, August 2, 2019, at 7 p.m., Kurt Gallagher will perform "A Universe of Songs and Stories" at The Wood-Ridge Intermediate School, featuring a variety of musical instruments and silly songs.

Registration is required. To register, call The Wood-Ridge Memorial Library at 201-438-2455. This program is generously sponsored by The Friends of The Wood-Ridge Memorial Library. ###

### Film Screening

On Tuesday, August 27, 2019, at 6 p.m., The Friends of The Library of Rutherford will present a free film screening of "A Star is Born" at The Rutherford Public Library. It will be shown in The Library's Auditorium. For more information, call 201-939-8600. ###



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### Lodi Summer Concerts

"Summer Concert Series" are held Wednesdays, starting at 7 p.m. to 8:30 p.m., at the Lodi Memorial Park Amphitheater, weather permitting. Please bring your own chairs. For more information, call 973-859-7425. The 2019 schedule includes:

• July 31 - "New Power Soul." ###

### **Carlstadt Concerts**

The Carlstadt 2019 free summer concert series returns for a third year. The lineup is as follows:

- July 30 "The Nerds"
- August 6 "Mind Hazard'
- August 13 "Elvis The Legend Lives"

The concerts are held Tuesday evenings at 7:30 p.m. in the Village Green Park. ###

### Park Avenue Toastmasters

Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career? Toastmasters International is a world leader in communication and leadership development. The Park Avenue Toastmasters will meet at The Wood-Ridge Memorial Library on Mondays, August 5 and 19, 2019, from 6:30 to 8:15 p.m. ###

### All-You-Can-Eat Spaghetti Dinner November 15

Knights of Columbus St. Michael's Council 2861, 39 Washington Street, Lodi, invites you to attend their third all-you-can-eat Spaghetti Dinner fundraiser on November 15, 2019, from 5 p.m. to 8 p.m.

Includes spaghetti, marinara and clam sauce, meatballs, bread, salad, dessert, soda and water. Cash bar will be available. Cost of the tickets will be \$10 each, children under 12 eat for 1/2 price.

Tickets will be sold at the door or can be purchased in advance by calling Brad Vaughn at 201-376-3071. ###

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.--General Dwight D. Eisenhower

### Rutherford Summer Concert **Series**

**Cliffhanger Productions** announces their lineup for the 2019 Rutherford Summer Concert Series.

Concerts will be held every Thursday evening at the band shell in Lincoln Park at 8 p.m.

- August 1 "The Bruce Show."
- August 8 "Big House & String Theory."
  - August 15 "Unbrothers."
- August 22 -"Rock Kan-

Concerts will be held every Thursday evening at the band shell in Lincoln Park at 8 p.m.

The season concludes on August 22, 2019 with glam rock 80s band, "Rock Kandy."

Refreshments will be served with proceeds going to the Rutherford Food Pantry. Presenting sponsor, Felician University, along with the following businesses, BCB Bank, Calhoun-Mania Funeral Home, ERA Justin Realty, Frank's GMC, Dan Meredith Allstate Agency, Quality Auto Mall, Dairy Queen, Neglia Engineering Associates and The Gazette Newspaper. The series is funded through sponsorships. ###

### **National Night Out**

Sponsored by the Police Departments. Informational displays. Refreshments.

**Little Ferry** 

August 6, 2019 Starts at 7 p.m. Borough Hall parking lot

#### Lodi

August 6, 2019 From 5:30 p.m. to 8:30 p.m. Borough Hall parking lot 6:30 Concert for Kids

#### Rutherford

August 6, 2019 From 6 - 9 p.m. Lincoln Park

### Carlstadt

August 6, 2019 From 6 - 9 p.m. Carlstadt Public School Rear Parking Lot

### Lyndhurst **Concert Aug. 3**

On Saturday, August 3, 2019, at 3 p.m., the United Presbyterian Church of Lyndhurst, 511 Ridge Road, Lyndhurst, invites the community to a free Concert on the Inside Lawn, featuring fun and uplifting songs performed by the Foggy Minded Boys, the Foggettes, and Friends, including Linda Locke, Betty Jane Christensen, and Karen Boelsche. Light refreshments will be served. Use the Page Avenue entrance. For more information, call the Church office at 201-939-7920 or, go to www.facebook.com/ unitedpreslyndhurst. ###

### **Best of Broadway** September 21

Come to the First Presbyterian Church of Moonachie, 221 Moonachie Road, Moonachie, on Saturday September 21, 2019, at 3 p.m. for their wonderful "Best of Broadway" Benefit Concert, featuring delightfully expressive soprano, Ginny Weart, accompanied by internationally acclaimed pianist, Alla Milchtein.

Together, they will perform a variety of crowd-pleasing Broadway songs.

Proceeds will benefit the Center for Food Action in Hackensack and the work and ministry of the Church. Tickets are \$20. Sponsorships are available. For tickets and more information, call the Church office at 201-641-4919 or visit www.facebook.com/FirstPresbyterianMoonachie. ###

### **Indoor Flea** Market Sept. 2

Grace Church, 128 W. Passaic Avenue, Rutherford, will hold an Indoor Sale on Labor Day, September 2, 2019, 9 a.m. - 3 p.m. Use the Wood Street entrance.

Items include household items, electronics, glassware, furniture, books, toys, clothes and a room full of vintage costume jewelry and much more.

Stop by and take a moment to tour our beautiful Church. Grace Church contains some of the most beautiful stained-glass windows in the area. Visit us on Facebook Grace Episcopal Church Rutherford. ###

Due to the excessive heat, the Teterboro Airport 5K Run scheduled for July 20, 2019 was cancelled. There is no back-up date.

### Promote Your Business. Advertise in The Gazette Newspaper

### HH Library Aug. 2019

There's a ton of fun planned at your local Library this summer! Stop by and check us out. Everyone is invited to take part in the contest and activities for all ages and a chance to win great prizes. Registration is required for all programs unless otherwise noted. To register, call 201-288-0488 or visit us online at hasbrouckheightslibrary.org

#### For Children

- Summer Reading Program Libraries hold a "Universe of Stories"! There's still time to register for the summer reading Club. Keep your brains sharp and ready this summer by reading and collecting prizes for all that you read. Stop by The Library for more details. Last day to collect prizes is Friday, August 30.
- Outrageous Pets Program Join us for a special animal program featuring the wonderful Outragehisss Pets on Friday, August 16, at 3:30 p.m., for kids of all ages! Registration required.
- Read to a Dog Want to practice your reading skills this summer? Come read to a Dog! Join us every Wednesday in August, at 6:30 p.m. Space is limited. Please register!
- Lego Club Join the Hasbrouck Heights Lego Club on Tuesdays, August 6 and 20, starting at 3:30 p.m., for ages 5-12. Show off your architectural talents and come build with us. Legos will be provided.
- Chess Club Come improve and test your skills on Fridays, August 9 and 23, starting at 3:30 p.m.! Members must have some knowledge of chess.
- **Space Bingo** Join us for a game of Space Bingo and win prizes on Thursdays, August 8 and 22, starting at 3:30 p.m., for ages 5-12.
- Movies at The Library Beat the heat and join us for an afternoon movie and refreshments. The movie will start at 1:15-3:15 p.m. on Tuesdays, August 13 and 27, for kids of all ages
- **Space Craft** Join us for a craft that is out of this world on Thursday, August 15, starting at 3:30 p.m., for kids of all ages. Limited to 25. Registration required.
- Fill'em up Fridays Come in every Friday in August. For every 10 items you check out of the Children's Department, you will be given a ticket to enter in a raffle drawing at the end of the month for a chance to win various gift cards. Good luck!

**Read to Your Child** 

For Teens

- Summer Reading Contest Teens entering Grades 7-12 can earn raffle tickets for every book they read this summer, even books on school reading lists. 1 book = 200 pages. Come to The Library to register and create your book log. Books must be recorded between June 17 and August 23. Raffle prizes will be drawn on August 26. The more you read the better are your chances to win!
- Teen Readers Club Summer Edition Do you Love to read? Sign-up for our five-week program where we will discuss the book, eat snacks, and play games! For teens entering Grades 7-12. We meet on Wednesday from 3-4:30 p.m. Teens who have attended 3 out of 5 Book Club meetings are invited to an end-of-summer wrap-up party!
- Young Adult Mondays-Starting at 6:30 p.m. on Mondays in August, there will be a special event for teens. From trivia, arts and crafts, to movies and ice cream, join us for some fun! For teens entering Grades 7-12. Stop by The Library for more details.
- Summer Wrap Up Party Teens who have actively participated in our Summer Reading Program, along with teens who have attended 3 out of the 5 book Club meetings are invited to an end of summer wrap up party! We will be having pizza, ice cream and watching a movie! Program runs from 6 9 p.m. on Monday, August 26.

#### For Adults

- Book Bingo Patrons, 18 years old or older, are eligible to participate. Bingo sheets can be picked up at the Circulation Desk. Take your reading game to the next level with categories such as "Try an Audiobook" and "Read a Book about Space." Get Bingo and your name will be entered in a drawing to win various prizes. Patrons can enter as many times as they like. No need to be a resident to participate; this program is open to all Library patrons. Call for details.
- Trivia Contest Calling all sci-fi lovers. Here's your chance to show off what you know. Answer three questions in a row correctly and you win a prize. Stop by the Front Desk and ask staff how you can participate.
- Craft-to-Share Club Meetings will now run through the summer. The Craft Club is held the first Tuesday evening of the month from 6:30 8:30 p.m. and the third Wednesday afternoon of every month from

- 1:30 3:30 p.m. The next evening meeting will be August 6, and the next afternoon meeting will be August 21. New participants are always welcome. The Club has adopted a philosophy of giving to the community. Some of the participants have donated handmade items, such as afghans and caps, to the patients of Hackensack University Medical Center, and Tomorrow's Children's Fund. The Library would be pleased to accept donations of yarn on behalf of the Club.
- Adult Book Club Join us on Tuesday, August 27, at 7 p.m., for conversation and refreshments about "Two-Family House" by Lynda Cohen Loigman. A story that focuses on two families that are inextricably linked by blood, marriage, and a long-held secret. Copies of this book are available at the Front Desk for pickup. ###

### Little Ferry Library Events

Little Ferry Library is located at 239 Liberty Street, Little Ferry, NJ. For information, call 201-641-3721.

- Knit Two, Purl Two: does that sound good? Yarn Barn meets Wednesdays from 6-7:30 p.m. Come to knit up a hood! The Club donates handmade items to local charities.
- Friday Movie Program: Starts at noon. Movie participants are welcome to suggest movies for future viewings.
- Looking to take your child out of the house to a program? Mommy and Me (0-2 year olds), meets every Monday, 10:30-11:30 a.m.
- Story Hour with Crafts: 2-4 year olds. Meets Thursdays at 10:30-11:30 a.m. Please register for Story Hour. ###

# HH English Conversation

The Hasbrouck Heights Public Library is offering conversation groups for anyone interested in improving their English language skills. These groups are designed to give adult English-as-a-Second-Language (ESL) learners more practice in speaking English in a relaxed, comfortable atmosphere. If you are interested in devoting an hour or two each week to improving your skills, please contact The Library for more information and meeting dates. ###

### Lodi Library August Events

**Special Programs** 

• The Space Race - Tuesday, July 30, 2019, at 7:30 p.m., The Space Race 1957 - 1975.

Celebrating the 50th Anniversary of the Apollo 11 Moon landing on July 20, 1969, a presentation packed with historic photographs and vintage concept art. Relive the dramatic "Space Race," from the pioneering Mercury and Gemini flights to the first Apollo Moon landing. Call 973-365-4044 to register.

• The Super Bowl - Tuesday, August 13, 6:30 to 7:30 p.m. Evan Weiner, veteran sports broadcaster, will take us on a journey from the birth of the Super Bowl to controversial halftime shows and everything in between, including how the famed football game got its name. Call 973-365-4044 to register.

#### On-going: Adult Computer Classes

Lodi Memorial Library offers one-on-one classes computer classes. For information on the types of classes offered, visit our website at http://lodi.bccls.org. Sessions last approximately one hour. Appointments must be made at least one week in advance. Appointments are available on either a Tuesday from 1:30 p.m. or 6:30 p.m. and Thursday at 1:30 p.m. Call 973-365-4044.

#### **Adult Coloring**

The last Thursday of every month at 6:30 p.m.

#### Adult Book Club

The second Tuesday of every month at 6:30 p.m. Check our website for book titles.

#### Wednesday Afternoon Movies

Every Wednesday afternoon at 1 p.m. See website for movie title listing. ###

### Wired Wednesdays

The Rutherford Public Library will hold a drop-in program for those who need help with their smartphones, tablets, or computers. We will meet on Wednesdays from 1-2 p.m. in the Computer Lab, where our Technology Librarian will be available to answer your questions. There is no registration required for Wired Wednesdays and it will be continuing throughout the summer. ###

### Origami Club

The Rutherford Public Library will be hosting its next Origami Club meeting on Monday, August 26, at 6:30 p.m. Learn how to make origami with resident and origami enthusiast, Kira Wallisch. All adults are welcome to join. Future meetings will be held the last Monday of the month. For more information, call 201-939-8600. ###

### Family Cook-A-Book Club

Family Cook-A-Book Club will be held at The Rutherford Public Library on Tuesday, August 6, at 6:30 p.m. We choose the cookbook, you pick the recipe to make and bring it to the Club meeting at The Library. You will need to visit The Library so you can borrow a copy of the cookbook. The Club is open to one child age 8-11 and one adult guardian. To register, stop by The Library or call us at 201-939-8600. ###

### W-R Library Book Club

On Tuesday, September 17, 2019, at 7:15 p.m., join your neighbors and friends to discuss "The Library Book" by Susan Orlean. The meeting will be held at The Wood-Ridge Civic Center. Copies of the book are available at the Circulation Desk of The Wood-Ridge Memorial Library. All are welcome. ###

### Monday Evening Book Group

On Monday, August 19, 2019, at 6:30 p.m., the Monday Evening Book Group will meet to discuss "America's First Daughter" by Stephanie Dray and Laura Kamoie. Copies of the book are available at the Main Desk of The Rutherford Public Library. ###

#### **Tech Tutor**

The Rutherford Public Library offers Tech Tutor appointments, in which adults who need help with their computer, tablet, or smartphone is welcome to meet with a Librarian for one hour at a time to ask questions and get assistance. These are by appointment only. Call The Library at 201-939-8600 for more information. ###

# THE GAZETTE NEWSPAPER We deliver your neighborhood



# Wallington Aug. Events

The John F. Kennedy Memorial Library, in Wallington, offers free programs and events for children, teens, and adults!

• Magic Show with Steve Woyce - is coming to Wallington! Kids and families are invited to stop by the VFW (Library Annex) on August 8, 2019, at 3:30 p.m., for a fun show with Library favorite, Steve Woyce.

### Children's Weekly Events:

- Afternoon Crafts: Kids age 5 and up are invited to stop by for a fun make-and-take craft every Wednesday at 3:30 p.m.
- Morning Storytime: Join us every Tuesday at 11 a.m. for stories and songs at Tiny Tots storytime!
- Summer Reading 2019: begins! Join us for another summer of great books, new programs, and lots of fun at The Library.
- Puppy Dog Tales: Read to a Dog: Our favorite therapy dogs, Rodney and Baby Ruth, will be at The Wallington Library for a special Puppy Dog Tales storytime! Young readers (and almost-readers) are welcome to stop by and share a story with these great dogs.

#### **Adult Programming:**

- Coloring for Adults: Sit back, relax, and color at The Library on the second and fourth Tuesdays of every month.
- Crochet For Beginners: Learn the basics of crochet with simple stitches and pattern. Registration is required unless you bring your own materials. Call for more information.
- Computer Coach: Need help with the computer? Make an appointment for basic skills computer coaching. Call ahead to reserve a session; coaching is by appointment only.

All programs are free of charge. For more information, call 973-471-1692 or visit wallington.bccls.org. ###

### Rutherford English Conversation

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library. During the summer, the group will meet on Monday at 10:30 a.m. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, call 201-939-8600. ###

### **Paws to Read**

The Rutherford Public Library welcomes back Rodney for our Paws to Read program. Rodney is a registered Bright and Beautiful therapy dog and he will visit The Library with his owner on Tuesday, August 6, 2019, from 11 a.m. to 12 p.m. Children who are able to read at least a little bit and would like to be able to practice their reading skills are invited to sign up for a 15-minute time slot with Rodney or Yogi. Parents may of course accompany their child during their time with the dog. Registration is required and can be done by contacting Mrs. Tarantino at The Library at 201-939-8600 or by email at Jane.Tarantino@Rutherford. BCCLS.org. For more information on registration, call 201-939-8600. ###

### **Craft Days**

The Rutherford Public Library will hold the following crafts on the following dates and times: Monday, August 5, 2019, at 4 p.m. (ages 7-11). Outer Space Frisbee; and Thursday, August 8, at 2 p.m., (ages 4-8). Giant Planet Sticker Scene. Registration is required. To register, call 201-939-8600. ###

### **Book Bingo**

The Rutherford Public Library will host Book Bingo on Wednesday, August 7, 14, from 3:30-4:30 p.m. This program is for ages 7 and up. In Book Bingo, we use book titles instead of numbers. You need to be able to read in order to play. Registration is required. Sign up for some or all dates. Registration is required. To register, call 201-939-8600. ###

# Music and Movement

We will have two musicians visiting The Rutherford Public Library this month to play guitar for babies, toddlers and preschoolers. Join us for singing and dancing! Miss Fran will be visiting Thursday, August 1 and 8, 2019, from 3:15-3:45 p.m. The one and only, Kurt Gallagher, will visit Wednesday, August 14, at 11:15 a.m. There is no registration required and all are welcome.



### Kids' Zumba

The Rutherford Public Library will host Kids' Zumba on Monday, August 5, 2019, from 1:30-2 p.m. This program provides fitness fun, get active and move to your favorite music. Registration is required and you may register for two classes. To register, call 201-939-8600. ###

### Bendy Bookworm Toddler Yoga

The Rutherford Public Library will host Bendy Bookworm Toddler Yoga Storytime on Friday, August 2, and 9, 2019, from 3:30-4 p.m. This program is for ages 18 months to 5 years. The program melds traditional yoga poses and energy exercises with storybooks and rhymes. Sign up for some or all dates. Registration is required. To register, call 201-939-8600. ###

### **Drop-in Story Time**

Drop-in story time will be held at The Rutherford Public Library Children's Department on Wednesday, August 7, 2019, from 10:30 a.m. to 11 a.m. All children, from infants to 5-year-olds and their caregivers, are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading. ###

### 3,2,1 Blast Off

The Rutherford Public Library will host Brian Richards', "3, 2, 1 Blast Off Into Books" on Thursday, August 15, 2019, at 3 p.m. This show will include magic, comedy, juggling, and your chance to meet Cosmo the Alien, who clearly comes from far away. This program is for ages 4-11. No registration is required. ###

#### The Sky's the Limit

Housel Fun will present "The Sky's the Limit!" on Tuesday, August 6, 2019, at 4 p.m. at The Rutherford Public Library. This is a space-themed show involving the transformation of a storybook into fun games, dances, and activities. This program is for ages 4-11. No registration is required. ###

### Rutherford Art Connection

The Rutherford Public Library will host Art Connection on Friday, August 2, 9, 2019, from 11 to 11:45 a.m., for ages 5-8. Create, design, and get a little messy! Registration is required and children are invited to sign up initially for one class. If space is available, children will be contacted for a second class. Registration required. Call 201-939-8600. ###

### W-R Art Kids Academy

The Wood-Ridge Memorial Library welcomes Art Kids Academy, who will present a summer series of free art workshops for kids ages 5-14. In keeping with this year's summer theme of "A Universe of Stories," all of the art projects are inspired by space. The workshops will be held at The Wood-Ridge Senior Center on Wednesdays, July 31, and Wednesdays, August 7 and 14, from 7 p.m. to 8 p.m. To register, call The Wood-Ridge Memorial Library at 201-438-2455. ###

### Paws to Read

Young readers wanted! On Mondays, August 5 and 19, 2019, from 6 p.m. to 7 p.m, children are invited to The Wood-Ridge Memorial Library to read to Rodney, an award-winning certified therapy dog. Children ages 5 and older may register for a 15-minute session. Therapy dogs provide a safe, nurturing experience for emergent readers to practice their literacy skills. To register, call The Library at 201-438-2455. ###

### Yoga Story Time

The Wood-Ridge Memorial Library will host free Yoga Storytime classes for toddlers on Thursday, August 8, 2019, at 10 a.m. and 11 a.m. Join Miss Danielle for stories, stretching and simple yoga poses. Children, ages 2-5 and their caregivers, are warmly invited to attend, and may register for one session on each date. Classes will be held at The Wood-Ridge Civic Center. Registration is required; registration opens three weeks prior to the program. To register, call The Wood-Ridge Memorial Library at 201-438-2455. ###

# Music with Miss Nita

The Wood-Ridge Memorial Library will host free music-and-movement classes with Miss Nita on Fridays, August 9 and 16, 2019, at 9:30 a.m. and 10:15 a.m. Come share the joys of making music together! Children ages 5 and under and their caregivers are warmly invited to attend and may register for one session on each date. Classes will be held at The Wood-Ridge Civic Center. Registration is required; registration opens three weeks prior to the program. To register, call 201-438-2455. ###

### **Story Time with Miss Sharon**

The Wood-Ridge Memorial Library will host a Kindergarten Story time and Craft on Thursday, August 22, 2019, at 11 a.m. All new Kindergarteners are invited to enjoy some special stories and meet some new friends! Registration is required. To register, call The Wood-Ridge Memorial Library at 201-438-2455. ###

### Children's Summer Program Registration

A Universe of Stories! The Wood-Ridge Memorial Library will host a summer reading Club for children from birth through age 12. Participants are encouraged to read, or be read to, for 30 minutes per day and will earn prizes for every 5 days of reading. Visit The Library to register for the program, pick up a reading log, and get started! The reading program will run through August 31, 2019. For information, call The Library at 201-438-2455 or visit The Library's website at WoodRidgeMemorialLibrary.org. ###

# Mary Poppins Returns

On Tuesday, July 30, 2019, at 6 p.m., The Friends of The Library of Rutherford will present a free film screening of "Mary Poppins Returns" at The Rutherford Public Library. It will be shown in The Library's Auditorium. For more information, call 201-939-8600. ###

### Advanced ESL

The Rutherford Public Library will host Advanced ESL classes weekly on Saturdays from 11 a.m to 1 p.m.

This class is for students who speak, understand, read, and write English at a high intermediate level but are looking to do one or more of the following: get a better job; improve pronunciation and master sounds not in their native language; express complex ideas; prepare for the TOEFL exam; help their children with their writing homework, perfect their grammar syntax; learn to use business language; and learn more about American culture.

Registration is required for this free class. Registration forms are available at the Main Desk. ###

THINK GREEN

### **Artful Thinking**

By Artie Maglionico • Lodi Historian

It's August already, can you believe it? So how's your summer going so far folks? What's that you say? You can't wait till fall? Hey folks, there are still a few pounds of hot dogs and hamburgers that have yet to reach your lips on weighed down paper plates. Let's not rush summer along, rather waltz into Labor Day with a chili dog in one hand and a Gas X tablet in the other. Soon you'll notice frost on the pumpkins so let's slow summer down if only a little.

My last few columns have opened with tributes to our nation's military Veterans. Those who put it all on the line so as to keep the American dream alive. Freedom!

This column will find me doing the same. So, with that having been said, I salute Lodi born and raised Korean War Veteran, **Albert Hook**. Born on the 3rd of April in the year 1928. Albert grew up on 18 Sidney Street, and was a 1941 graduate of Washington School in Lodi. He was also a member of the 1945 Lodi High School graduating class.

He was drafted into the Army on the 25th of October, 1950, and was based at Fort Polk, Louisiana. During that time he joined the ranks of the 45th Infantry Division "Thunder Birds," where he was promoted to Corporal. In 1952, on his 24th birthday, while serving in Korea, Albert was given the title of Battalion Clerk.

After leaving the military Albert found employment as a Beautician at Henrietta's Beauty Salon in Hackensack, NJ. He later became head custodian at Lodi High School from where he retired in 1992. Albert passed away on November 27, 1994, at his Sidney Street home. He was 66.

Albert's brother, **Henry Hook Jr.**, also of 18 Sidney Street, entered the Army in December of 1942. He trained with the 100th Ranger Division at Fort Jackson, S.C. Once in Europe PFC Hook teamed up with the 36th Infantry Division of the 7th Army.

Once, during the havoc of a tempestuous battle against a German counter offensive on France's Western Front, Henry and the 7th Army found themselves trapped behind enemy lines. On December 12, 1944 Henry was reported "missing in action."

Henry managed to fight his way out of the hellacious

battle and finally returned to his company on December 26, 1944. PFC Hook succumbed to wounds that he suffered in France on the 16th of March 1945. Ironically enough the courageous young Henry died on March 25, 1945, his 25th birthday.

During his stay abroad Henry was awarded the Expert Rifleman's Silver Rifle pin. He was among the first NJ men to achieve this honor. Private 1st Class Henry Hook was also the recipient of the Purple Heart.

Henry's brother was twice a Fire Chief for Lodi's Hose Company #2. He served for 40 years. John also volunteered his time as a baseball coach for the Lodi Old Timers Little League.

There's another Korean War Veteran that I'd like to give a robust salute to, Lodi Resident **Erwin Burkert**.

Erwin, was called to service in 1952 at the age of 19. Destination Korea. After the rigors of Army boot camp at Fort Dix, NJ, Erwin was sent to Fort Louis, Washington as a member of the Infantry.

One month later the young private joined the fighting 24th Division, 21st Regiment Company and was shipped to Camp Schema Phenergan in Sen Di Japan. There the soldiers received the necessary training for service in Korea.

That July, the entire unit traveled north of the 38th Parallel in Taegue, which was 8th Army territory. A few months later the unit was sent to Koje Island, where the North Korean prisoners were kept.

Eight months later Erwin found himself close to the 38th Parallel in a town called Chuncheon. At Chuncheon Erwin's unit was stationed near a main supply road where they saw many American soldiers traveling to and from battle. A month later the 21st Regiment was sent to Yang Valley and remained there until a cease fire was called in July of 1953.

On October 12, 1954, Staff Sergeant Erwin Burkert, returned home to America. During his military stay Erwin was awarded The Korean Service Medal, The Bronze Star, The United Nations Service Medal, The National Defense Service Medal and The Distinguished Service Medal from his home state of New Jersey.

Erwin and his wife, Elizabeth, got married in 1957 and moved to Lodi in 1963. During

that time Erwin was employed by CBS in New York City as a technical engineer.

I recently had the opportunity to chat with a Vietnam Veteran from the town of Lodi by the name of **Dan Daldo**. Dan was born on September 10, 1940 and grew up in Newark, NJ. He was a member of Barringer High School's graduating class of 1959. He was drafted into the Army as a Private in 1963 and was immediately shipped to Fort Dix for eight strenuous weeks of basic training.

Afterwards, Dan was sent to Fort Benning, GA. For advanced combat training on a 105 Howitzer. Eight weeks later, Private Daldo was sent to another outfit called the 1st Air Calvery, Division B Battery, 1st Section Gun 1. It was during that time that the Army began testing new concepts of war fare with those 105 cannons, loading in and out of the CH-47 Helicopter.

Before long Dan found himself on a transport ship called the USS Rose. "Rose was my sister's name" recalls Dan "I knew I was safe." After picking up supplies in Long Beach, CA, the USS Rose was then escorted to Vietnam by submarines and destroyers.

They sailed to Wake, Guam, Philippines, The South China Sea, Korea and finally a night time arrival to war ravaged Vietnam, where on the horizon could be seen the flashing of exploding bombs. Dan's division was met with 130 degree temperatures and the endless rains of the monsoon season." It rained 66 inches in a month." Recalled Dan, "it was impossible to stay dry."

Dan's outfit saw action at the la Drang Valley, Pleiku, An Kne, Plei Me, Laos, and Cambodia. Private Daldo was discharged from active duty in 1965 and remained in the Army Reserves until 1969.

Dan moved to Lodi with his wife, Constance Broeder Daldo, in 1999. The couple has one son and two grandchildren. Dan was employed by the Paper Mill Playhouse, the NJ Symphony, and Channel 47 of Newark. He was a member of Local 21 and retired in 2005 as Head Carpenter. On July 12, 2019 Dan will be honored at the Manor in West Orange for his 50 year membership to the Local 21 Union.

Dan ended our conversation by saying, "God Bless America." And I certainly agreed. ###

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Regular hours of 8:30 a.m. to 4 p.m. will go into effect on Tuesday, September 3, 2019.



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# HH Class of 1969 Reunion

Hasbrouck Heights High School will hold a 50th reunion on September 28, 2019 at the Stony Hill Inn starting at 7 p.m. Please pass the word to your former classmates. For information, call John at 201-747-1715 or email Kurly1951@ yahoo. com ###

### **AC Bus Trips**

The VFW Post 4591, Hasbrouck Heights, sponsors Atlantic City Bus Trips on the last Wednesday of the month. Bus departs at 10 a.m. and returns at about 9-9:30 p.m.

Proceeds are used to help defray building expenses. Call the Post for more information at 201-288-1112. ###

### Sturgeon Moon

The August full moon appears on Thursday, August 15, 2019, at 8:31 a.m. It is called the "Full Sturgeon Moon."

According to "The Farmer's Almanac," the fishing tribes are given credit for the naming of this moon, since sturgeon, a large fish of the Great Lakes and other major bodies of water, were most readily caught during August.

A few tribes knew it as the "Full Red Moon" because, as the Moon rises, it appears reddish through any sultry haze. It was also called the "Green Corn Moon" or "Grain Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

**Don't Tailgate!** 

### Little Ferry Celebrates 125th Anniversary

The town of Little Ferry will be 125 years old this year and is planning an exciting celebration!

In September, there will be a **Three Day Extravaganza** from Friday, September 20, through Sunday, September 22.

The Extravaganza will include a town parade, a street fair, rides, games, food trucks, fireworks, and much, much more.

Six to ten thousand people are expected to attend and we hope you are one of them. You can check out the Facebook page for updates. Please join us in celebrating our wonderful town and all of its citizens! You can also pick up tickets at Borough Hall. T-shirts, sweatshirts, mugs, and ornaments are also available. ###

### County Clerk Satellite Services

The Rutherford Public Library will be a host to Bergen County Clerk John S. Hogan's "Around the County" Satellite Office and Passport Outreach Services this August. On Tuesday, August 20, Wednesday, August 21, and Thursday, August 22, 2019, from 10 a.m. to 2 p.m. each day.

Residents can come in for a variety of county services to include: passport applications, senior and Veteran photo cards, notary oaths, and business trade name registration. All county residents are welcome; no prior registration is needed. Those who come for passports are asked to bring two checks. For questions or more information, call the Bergen County Clerk's Office at 201-336-7006. ####

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### Historically Speaking

By James J. Halloran



### The Four Chaplains

The US Army transport ship, SS Dorchester, was a converted passenger liner built in 1926. It was designed to carry 319 passengers and a crew of 90. The conversion to a troop transport allowed the ship to carry over 900, including crew. This involved adding life boats, life rafts and converting the cargo holds to troop sleeping berths

The Dorchester sailed from New York on January 23, 1943, to Greenland. The ship was part of a convoy of three transports and three US Coast Guard escort ships. As the convoy was between Newfoundland and Greenland, the German U-Boat, U-223, was patrolling this area and made contact with the convoy. At 12:55 a.m., on February 3, 1943, the Dorchester was struck by a torpedo amidships, knocking out the electrical system. In the darkness, panic set in. In an effort to escape the ship's hold, where the troops slept, many could not find their lifejackets in the dark.

At this time, four men stepped up and took control to stop the panic. They were US Army Chaplains. These men were First Lieutenants George Fox, Alexander Goode, Clark Poling and John Washington.

George Fox was ordained as a Methodist minister and served parishes in Vermont. He was a WW I Veteran. He was highly decorated for his service in that war. Reverend Fox was the recipient of the Silver Star, the Purple Heart and the French Croix de Guerre. He was appointed as an Army Chaplain on July 24, 1942. His son was serving in the Marine Corps.

Alexander Goode was a Reformed Rabbi. He also had a PhD from Johns Hopkins University. He was appointed as a chaplain on July 21, 1942. Before his appointment, Rabbi Goode was associated with the Washington Hebrew Congregation. Clark Poling, the son of a minister, was ordained as a minister in the Reformed Church in America. He was Pastor of the First Reformed Church in Schenectady, NY. He was appointed on June 10, 1942.

John Washington was ordained as a priest at the Immaculate Conception Seminary in Darlington, NJ, on June 15, 1935. In 1938, he was assigned to Saint Stephen's Roman Catholic Church, Kearny, NJ. He reported for active duty on May 9, 1942.

These men were all classmates at the US Army Chaplain's School at Harvard University. In November, they reported to Camp Myles Standish in Taunton, Massachusetts, to await shipment to Greenland. They then boarded the SS Dorchester in New York.

After calming the men, they directed the wounded to life boats and handed out the available lifejackets. When the supply of these lifejackets ran out, the Four Chaplains removed their own and gave them away to others.

The Dorchester was sinking fast. An eyewitness described the last actions of the chaplains as linking arms and praying for the safety of the men as the ship went down. There was no hope of their survival as the water temperature was 34 degrees Fahrenheit. Many in the water, succumbed to hypothermia.

The Chaplains were posthumously awarded the Purple Heart and the Distinguished Service Cross. Other honors were to follow. The US Postal Service issued a stamp in 1948. It bore the title "The Immortal Chaplains." By a unanimous act of Congress, a special medal was authorized on July 14, 1960. The medals were presented to the next of kin by the Secretary of the Army on January 18, 1961. The Episcopal Church has made February 3 a feast day on its liturgical calendar.

The Chapel of the Four Chaplains is an interfaith memorial chapel. It is located in the Philadelphia Navy Yard. It was dedicated in February 1951. In attendance was the Reverend Daniel Poling, father of Chaplain Clark Poling. Also present was President Harry S. Truman. To honor the Four Chaplains, the Chapel has four programs that are: The Legion of Honor Program, to honor ordinary people doing extraordinary things, the Annual Dr. Honigman Student Scholarship Program, honoring students in Grades 5 -12, a program to honor emergency and First Responders' Chaplains, and last, but not least, is their Veterans outreach program.

There are a number of memorials to the chaplains to include the naming of schools, parks and the erection of statues and dedicating plaques to their memory. Two memorials that are nearby are the memorial to the Four Chaplains in Church Square Park in Hoboken, NJ. This was donated by John Minervini. Saint Stephen's Roman Catholic Church, in Kearny, was Chaplain Washington's last parish, before joining the Army. On the grounds of the church is a statue in bronze, made by master sculptor, Timothy Schmaiz. It depicts the Four Chaplains praying as the ship went down. Inside the church is an area dedicated to Father Washington and the Four Chaplains. Both locations are worth a visit.

They are an example of how men of different faiths came together in brotherhood. Their act of self-sacrifice serves today to inspire interfaith cooperation across every part of our great nation. ###

#### "Don't give up the ship."

Captain James Lawrence, June 1, 1813, during the War of 1812, when the USS Chesapeake lost to HMS Shannon.

After being wounded, he said "Tell the men to fire faster and not give up the ship. Fight her till she sinks."

Capt. Lawrence was a member of Stephen Decatur's crew aboard the first USS Intrepid that destroyed the USS Philadelphia in Tripoli Harbor, 1804. This became the motto of the United States Navy. ###

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### CFD Hosts Family BBQ

The Carlstadt Fire Department, Bergen Engine Company One hosted a Family Barbeque on Saturday, June 15, 2019, from 4 to 8 p.m., at Fire Headquarters. Entertainment provided by the Crossover Band. *Photos by Dennis Kronyak Sr.* ###



# **Rutherford Civil Rights Commission Presents 2019 Community Awards**

On June 22, 2019, the Rutherford Mayor and Council and the Civil Rights Commission made presentations of 2019 Community Awards recognizing the diversity of the Borough of Rutherford to:

• The Gazette Newspaper: Their motto is "Celebrating the Community Experience." A local newspaper serving our community, it is their core of our shared interests and goals. This is so important to have in our current world because it highlights what is closest to us and how it affects us.

• Mark O'Connor: Councilman, softball coach and president, theater group orga-

nizer, community leader. Mark deeply cares about Rutherford and consistently demonstrates this through his actions. His service to our community has affected thousands and as Rutherford grows, many look to Mark for support and guidance. ###



Steve Way (left) and Rob Lyons (right) with Rutherford High School senior, Jessica Skinner, recipient of the Cameron Jalali-Arki Memorial Civil Rights Presentation Award. Provided by Steve Way. ###



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### K of C Honors Fathers

The Knights of Columbus, St. Anthony Council #11585 held their 17th Annual Communion Breakfast on Sunday, June 16, 2019, at the Al Di La Restaurant in East Rutherford. Eighty-three Knights, their families and their friends attended the affair.

Aside from members of the local council, there were representatives from other councils,

as well as State Deputy Robert E. Hatler, State Deputy Elect Vincent P. Tavormino and Past State Deputy Herb C. Meyer (2009-2011).

Master of Ceremony State Warden Elect Russell Petrocelli welcomed all and wished PGK Edward Sullivan, and State Deputy Bob Halter, a Happy Birthday. He also wished all fathers present a "Happy Father's Day."

The breakfast gave the council the opportunity to acknowledge the outstanding job Grand Knight Ken Gardella did during the past two Columbian years. Through his leadership, the council membership increased, and all fundraisers and projects attempted were very successful. Photo by Marie Gallo. Story by Peter Gallo Jr. ###

### Lodi AARP Learns More About Podiatry

Po-diatrist Dr. Sean D. Rosen-blum presented a program to the members of the



Lodi AARP Chapter 2015 on July 16, 2019. Dr. Rosenblum has 17 years of experience and specializes in foot and ankle surgery. He has offices in Lodi and in Bronx, New York.

During his presentation, Dr. Rosenblum discussed the role of a podiatrist, which is to diagnosis and treat all problems related to the foot, ankle and related structures of the leg. He also reviewed exercises that could help prevent foot problems.

Some of the common foot problems mentioned were bunions, athlete's foot, foot pains, hammer toes, foot spurs, calluses, ingrown toenails and diabetic ulcers. Photo and story provided by Marie and Peter Gallo Jr. ###



### HH Leisure Club Breaks for the Summer

At their final meeting, prior to the summer break, June 12, 2019, the Leisure Club of Hasbrouck Heights had Dan Yates as their entertainment. He is well known in the entertainment field and has been performing professionally as an actor and singer for over thirty years.

Dan was a member of the Yates Musical Theatre for Children and has performed with his parents at the Playhouse at the Paramus Mall, Paper Mill Playhouse, Westbury Music Fair, North Shore Music Theatre, and PNC Art Center. During his program, Dan interjected short stories about his

experiences with his parents and his career. His performance was awesome and enjoyed by all. President June Raymond and Vice President Rose Sees congratulated him for his selection of songs and his control of his audience.

Following his program, the members were treated to two slices of pizza and a drink, as well as an apple turnover.

The next meeting of the Leisure Club will be held on Wednesday, September 11, 2019. All new members are welcome. Have a great summer. Photo by Marie Gallo. Story by Peter Gallo Jr.

# Doctor Retires After 59 Years of Service

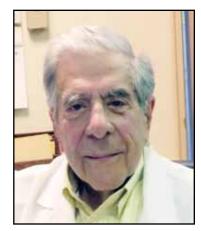
On June 30, 2019, Dr. Louis V. Napolitano, a long-time primary care physician, retired after 59 years of serving patients of Wood-Ridge and many other communities through New Jersey. He is well known and highly respected in the medical field.

In 1983, he was the President of the Hasbrouck Heights Little League. He was influential in helping to construct the updated Little League Field House. He was the Bergen County Medical Examiner for twenty-five years and Chairman of the Board of Directors of the Hackensack University Medical Center for three years.

For twenty-five years, taught medical students at the UMDNJ University Hospital in Newark and also was a contributing editor to the Patients Care Magazine. In 2011, he was one of the Wood-Ridge Memorial Foundation Honorees.

We could spend much more time discussing Dr. "Nap's" education, training, experience, affiliations, awards, etc., but that would not be necessary for those who know him, worked with him or were his patients. That information is not important now. What is important is that he will be missed.

Dr. "Nap" has been that extraordinary doctor who went above and beyond what doctors



have been called to do. He is compassionate, knowledgeable, trustworthy and very reassuring.

Above all, he is a great diagnostician. He listens and really hears what you are saying. He identifies his patient's illness immediately and then prescribes the right medication or directs the patient to the specialist who can handle the problem. He is knowledgeable in every area of his profession.

He calls his patients personally to follow up on their status. When talking to him one would feel like they are talking to a member of their own family.

Dr. Napolitano, best wishes to you on your retirement. Enjoy your time now with your family and friends. Your services are sincerely appreciated and surely will be missed. Story and photo provided by Peter Gallo Jr. ###



### **Maywood Seniors Install Officers**

The Senior Citizens Club of Maywood installed its new officers at a luncheon meeting held on June 19, 2019, at the Maywood Inn's Twin Door Tavern. Over eighty members were on hand when Evelyn Pipes accepted the presidency. Also installed were, Vice President, Diana Bollerman, Secretary, Cathy Blume, Corresponding Secretary, Catherine Knox, and Treasurer, Kathy Nebel.

Outgoing President Diana Bollerman, announced that the Board had made the following changes to take effect in September, 2019.

• Dues will increase \$5, to \$20 a year.

- Refreshments will be served from 12:30 to 1 p.m.
- All meetings will begin at 1 p.m.

President Evelyn Pipes welcomed all and stressed the fact that she will be calling on all members to help out with the tasks of running the monthly meetings. Each month different members will be assigned a chore that must be done for that specific meeting. In this way all members will be involved, and chores do not fall on the same people all the time. She reminded members that they should be active members not spectators. Photo by Marie Gallo. Story by Peter Gallo Jr. ###

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### **Chalking It Up**

Following the Rutherford Baby Parade in Lincoln Park on July 4, 2019, the Jr. Woman's Club of Rutherford held their 12th Annual Sidewalk Chalk Drawing Contest. About 33 children participated. This year's theme was "Independence Day." Prizes were awarded. ###























The **2019 Recycling Poster Contest Winners** were recognized on June 17, 2019. First Place Winners were: Kindergarten, Brianna Caruso, 1st Grade, Georgia Murphy, 2nd Grade, Evan Kriete and Salih Yigitturk, 3rd Grade, Valerie Bodziony, 4th Grade, Logan Rengifo, 5th Grade, Nathan Bello, 6th Grade, Jeanelle Tellado, 7th Grade, Brooke Emerson and 8th Grade, Keira Tellado. The overall winner was Valerie Bodziony. *Photo by Dennis Kronyak Sr.* ###



Little Ferry Red Birds Baseball Team won their playoffs. Above photo of the team: Patti Bonczkowski, Team Administrator, Anthony Paletto, Manager, Frank Mele, Coach. *Photo provided by Patti Bonczkowski.* ###



### The Little Library Shares Books

On June 20, 2019, East Rutherford Memorial Library's Children's Librarian, Maria Russo, Mayor Cassella and Councilman Philip Lorusso were present for the dedication of The Little Library across from East Rutherford Town Hall. The purpose of The Little Library is to share books with the community; take a book, share a book. The Little Library is a community outreach project between East Rutherford Memorial Library, Girl Scout Troop 96872, the East Rutherford Council and DPW. The Girl Scouts were responsible for stenciling and painting. The East Rutherford Library purchased The Little



Library and donated some books. Photo: Group shot of Mayor Cassella and Councilman Philip Lorusso with the Girl Scouts. *Provided by Maria Russo.* ###

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### Rutherford Children Celebrate Patriotism

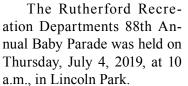












Rutherford residents, ages newborn through 5 years old, were welcomed to participate in this adorable Rutherford tradition. Residents were encouraged to decorate their child's stroller, bike, wagon, etc., with patriotic or other themes and to have their children dress for the role.

This is a wonderful com-

munity event that showcases the artistic talent of parents and the incredible cuteness factor of Rutherford children.

The Grand Prize winner received a \$100 savings bond and 6 runner-ups received a \$50 savings bond. Event was sponsored by the Recreation Office. For additional information, call 201-460-3015.

After the parade, The Junior Woman's Club Chalk Drawing contest was held on Highland Cross. See page 16.













# Teterboro Airport Drill Sha





























On Saturday, June 1, 2019, a full scale training exercise was held at Teterboro Airport (TEB). The high-intensity incident simulation focused on mutual aid response actions to an aircraft crashing during landing.

#### Overview

The airport plans a full scale drill every 3 years, to execute the emergency plan. On an annual basis, smaller table top exercises are conducted to review the plan, roles and responsibilities.

Planning for this exercise began in January 2019. Planning meetings were conducted and a day long Incident Management class was held on May 7, 2019 at Teterboro Airport.

This was a no-fault learning environment where systems were evaluated. Participants were briefed. Event safety procedures were established.

Observers, controllers, evaluators, safety, etc., personnel at the scene wore color coded vests for identification.

# arpens Emergency Services













The drill focused on the evaluation of unified command decision-making, management of inter-agency resources, communications, emergency triage and pre-hospital treatment, and fatality management response operations, etc.

### **Exercise Scenario**

The June 1, 2019 incident simulated a landing aircraft clipping a building and striking three automobiles.

To enhance or improve realism of this simulated scene:

- A mobile aircraft fire trainer designed to provide realistic training.
- The aircraft was represented by a busload of passengers.
- Three cars with dummies for extrication.
- The fire and smoke were canisters tossed into a nearby steel drums.
- Actors were represented by volunteers that were moulaged (casualty simulation make-up) plus crash dummies. They were

positioned strategically around the scene (see photos).

- The airport was fully operational during the training.
- Observers, controllers, evaluators, safety, etc., were from around the country and independent of Port Authority.

### Response

Response was carefully orchestrated. As not to alarm the public, advance notice was published, "drill in progress" signage was posted and no sirens and flashing lights were used.

A unified command center was established. As the response unfolded:

- The Port Authority ARFF (aircraft rescue fire fighting) equipment, permanently stationed at Teterboro Airport were first on the scene and extinguished the "fire."
- PA Police Department (including Emergency Services *Unit*), assessed the situation and initiated TEB's Airport Emergency Plan.



• Responders were staged at 90 Moonachie and briefed. They were deployed to arrive at the scene based upon normal response time.

They entered the airfield at an assigned gate. Airport operations led the emergency vehicles to the ramp northeast of the field (near Route 46 and Industrial

- Smoke and fire was visible from the aircraft with mass casualties and fatalities as emergency personnel arrived and begin to work the scene. Three work locations were established: aircraft, EMS and extrication.
- HH Engine #1 pumper positioned to feed an on-scene AARF. Firefighters connected 5" hoses to the AAFF vehicle and charged the lines (to assure equipment compatibility).
- HH Engine #2 pumper dropped about 700 feet of line, hooked up to an in-field hydrant, charged the line and pumped water to HH Engine #1.

(It was noted that due to the



previous excerise, additional infield hydrants were installed.)

- Heavy Rescue units from Hasbrouck Heights, Hackensack, Port Authority Police Emergency Service Unit Heavy Rescue -each performed "Jaws of Life" drills on the three cars.
- · Hasbrouck Heights fire fighters did a "search and rescue" and onboard the simulated aircraft (bus).
- Simultaneously, EMS personnel did rapid triage of the victims, provided first aid, moved them to the on-site staging area, then to 90 Moonachie (simulated hospital). Triage Disaster Tags were utilized.
- Also at the scene included Hasbrouck Heights Fire Department EMS, Moonachie FAS, Wood-Ridge EMS, Lodi EMS, Little Ferry EMS, Wallington EMS, East Rutherford EMS, HUMC EMS ALS, HUMC EMS BLS and Bergen County OEM/ EMS.
  - EMS squads were able to

triage, treat and transport 40+ victims druing the drill.

- Demarest EMS covered the drill in case any first responders or actors needed first aid.
- · Carlstadt EMS assisted in covering Hasbrouck Heights during the drill.

#### **Exercise Conclusion**

After the last victim left the operation on the aircraft trainer area, there was clean-up of debris (bandages, car parts, etc.), repacking of hose lines, etc.

> Participants returned to 90 Moonachie Avenue for debriefing. Refreshments were provided.

> It is noted that this was a very sophisticated exercise on many levels. Several entities such as the FAA, Port Authority, and Medical Examiner, NJ DEP, etc., handled other aspects of the event, which were planned, executed and debriefed outside the scope of this article.

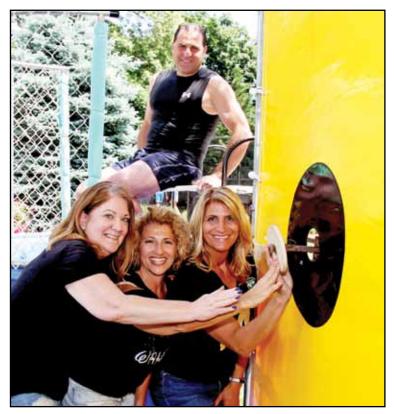
> Final evaluation will take months. ###

### Scenes From Wood-Ridge Town Day

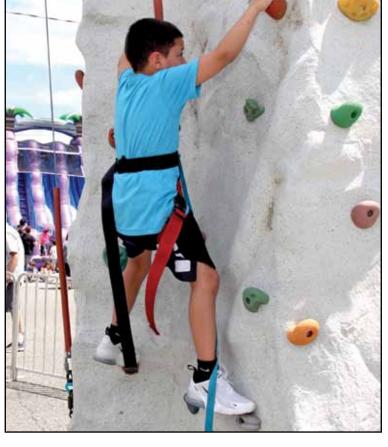
Sponsored by Wood-Ridge Mayor and Council. Produced by **Cliffhanger Productions** and Fun Time Entertainment.



























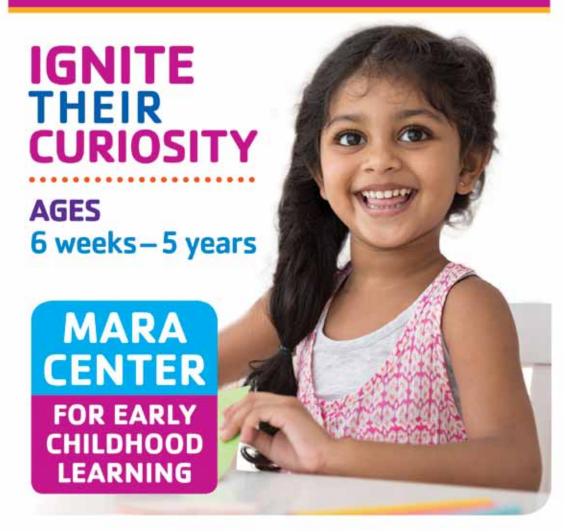








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### LFPD Coffee With The Seniors

On July 11, 2019, the Little Ferry Police had "coffee with the seniors" at their monthly meeting. Officers shared coffee and cake and spoke about the different phone scams that have been going on and tips on how not to be a victim. Photo of Chief Ralph Verdi, Captain Jim Walters, Det./Lt. Ron Klein, Sgt. Michael Derwin, Det. Adam Warne, Patrol Officers Jim Rose, Joe Convery, Max Katzner and Joe Gaglioti. Provided by the Little Ferry Police Department. ###



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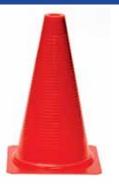
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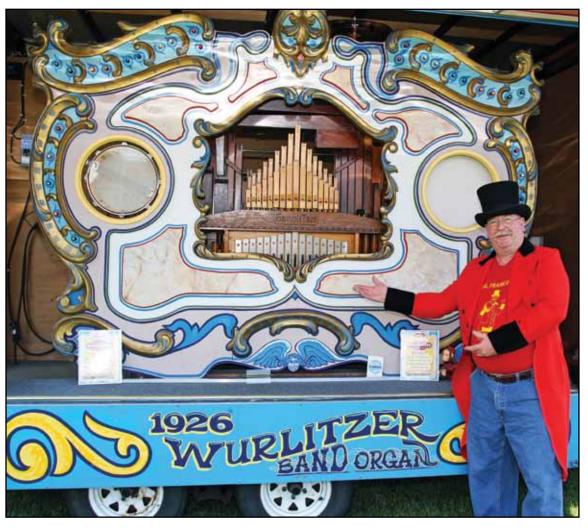




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### The Gaviolitzer at the Circus

The featured attraction, one of the "Largest Fairground Band Organs in the USA," performed a selection of classic old world, circus and patriotic tunes.

This magnificent mechanical musical masterpiece made its first time ever appearance in our area!

Originally built as a 57 key Gavioli barrel or book organ about 1905/1910, then taken in on a trade by the Wurlitzer Co, of N. Tonawanda, NY and converted to the Wurlitzer 150 scale in 1926 (hence the nick-name "Gaviolitzer"), it then went to the Armory Rink in Cory, PA.

This duplex band organ played proudly on the famous 1895 Looff Carousel at Palace Amusement in Asbury Park, NJ into the mid 1970s. It then found its way to Gettysburg, PA and then to Dallas, TX. It is now based out of Lancaster, PA and is brought to Little Ferry, NJ especially for Circus

Weekend. The organ is completely mobile and mounted in an enclosed trailer featuring lighting for night use.

In May of 2013, Mike Venezia learned of the organ being for sale and purchased it in June of 2013, and brought it back to Lancaster, PA.

The organ is an automated mechanical pipe organ and features 211 pipes, bells, 2 cymbals, snare and base drums and is fascinating to watch. ###







### The Show Did Go On!

On the morning of Saturday, June 29, 2019, circus fans were disappointed that the giant big top would not rise at Main Street Park. Little Ferry, due to a technical snafu.

Organizers scrambled to address the issue and explore alternatives, but there would be no rising of the big top this year. The show played an openair performance.

With 90 minute shows scheduled for June 29 and 30, 2019, 2 p.m. and 4:30 p.m., the "Kelly Miller Circus" configuration layout was modified and "the show would go on" of the 81st edition of "Under The Big Top."

With no big top for protection, rain forced cancellation of two shows.

The free "Under the Big Top" concert by the renowned Mercer County Symphonic Band was moved to the senior center. *See story on page 23*.

The free standing featured attraction of the "Largest Fairground Band Organ," played both days. *See story on this page*.

This "Celebration 125 Circus Spectacular" was in celebration of the town's 125th Anniversary, and sponsored by the Little Ferry Hose Company No. 1." ###

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### Circus Music Windjammers Concert

On Saturday, June 29, 2019, in celebration of the Little Ferry's 125th Anniversary and as part of its "Celebration 125 – Circus Spectacular," the Little Ferry Hose Company No. 1 presented a free 1 ½ hour "Windjammers Concert" of circus and patriotic favorites.

It was scheduled to be performed "Under The Big Top" circus, but due to inclement weather it was held inside the Senior Center.

The program began with

the Vietnam Veterans Honor Guard posting The Colors. The Mercer County Symphonic Band played a robust National Anthem, flanked by Uncle Sam, Frank Zabransky (who can still fit in his original uniform), led in the Pledge of Allegiance, and Mayor Mauro Raguseo made welcoming remarks.

Circus Ringmaster Col. Frank J. Vopasek IV blew the Official Whistle to begin the presentation.

The renowned Mercer

County Symphonic Band, under the direction of Dr. Lou Woodruff, presented a variety of circus music selections and patriotic favorites.

The band is celebrating its 37th season this year with over sixty participating musicians, spanning six decades in age.

Their website is www. mercerband.org

Circus marches are often called "screamers" because they are traditionally high, loud and fast. Circus band members are called "windjammers" because they jam so much wind into their instruments in the process of playing these high energy songs.

The greatest circus bands were over 100 years ago in the heyday of the circus and at that time a band could have 25 or more members.

In the "old days," being a circus musician was one of the most strenuous jobs a musician could have. In the days before musicians' unions, the windjammer would be expected to: play for the circus parade,

play a pre-show free concert for the townspeople, ballyhoo around the grounds before the big top show, play the show itself (nonstop for two or three *hours*), play post show concerts on the grounds and play the side shows.

Then after everyone left, they helped take down the tents and did other chores about the circus lot. It was a busy day and the pay was not very good, but it was an exciting life with lots of great music and many musicians loved it! ###

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### Filling You In

By Jeffrey E. Mason, D.M.D.

#### **Dental Injuries**

Dental injuries can occur any time but are most common when participating in sports or other recreational activities. Not all dental injuries are the same and are very likely treated differently. This guide is meant to be informative and give examples of several types of injuries. In all cases, it is important to contact you dentist as soon as possible. Also, if there are other injuries in addition to the mouth, be sure to seek appropriate medical attention for those injuries. Not all hospitals have dentists on staff and therefore may not be able to help with the dental injuries. If your dentist is unavailable, Hackensack UMC has dental residents on call 24/7.

- Avulsion is a term used for the injury when a tooth or teeth are completely forced out of the tooth socket (knocked out). When a tooth is avulsed, there is a 30-minute window of opportunity to re-implant a tooth into its socket, so get to a dentist immediately. The chance of successful re-implantation is reduced significantly after half an hour. In the meantime:
- Do not attempt to sterilize or brush the tooth, and do not handle it by the root. If there is debris on the tooth, gently rinse it with water.
- If the patient is alert, re-implant the tooth. Then stabilize it and control bleeding by biting down on a towel or handkerchief.
- If unable to re-implant the tooth, transport it in saline, milk or saline-soaked gauze. If the patient is alert, the tooth may be placed in the side of the cheek.
- Tooth Fracture is when a tooth is cracked or broken into two or more pieces. If a tooth or teeth become fractured you may follow these suggestions:
- If the tooth is broken in half, find and save the broken piece. Transport it to the dentist using the same techniques used for an avulsion.

- Bite down on a towel or handkerchief to stabilize the tooth and control bleeding.
- If extreme pain is present, prevent the injured tooth from coming in contact with air, liquid or other teeth.
- Tooth luxation is a term used to describe the displacement of a tooth out or away from it's natural position. If a tooth is luxated, the patient needs to see a dentist as soon as possible. There are three types of luxation, and each requires a slightly different technique:
- (1) **Extruded Tooth**: an upper tooth that hangs down or a lower tooth that extends up from the gums.

#### **Emergency care**:

- \* Use your finger to firmly reposition the tooth in its socket. Bite down gently on a handkerchief or towel to stabilize the tooth.
- \* See a dentist immediately
- (2) **Lateral Displacement:** a tooth that is pushed back or pulled forward.

#### **Emergency care**:

- \* Use your finger to reposition the tooth in its socket; if it is painful, skip this step.
- \* Bite down gently on a handkerchief or towel to stabilize the tooth.
  - \*See a dentist immediately.
- (3) **Intruded Tooth:** a tooth that has been pushed up or down into the gums. The tooth will look short.

#### **Emergency care**:

- \* Do NOT attempt to reposition the tooth.
- \* Do nothing to treat the injury yourself.
- \* Get to a dentist immediately.

Ref: Academy of General Dentistry 2019. ###

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Eat foods in as near to their natural state natural as possible. Choose organic, and eat food raw, or lightly cooked. ###

# Nurse's Station Hot Tips

# Too Much Sun is Bad for Your Skin

### Understanding UVA, UVB, SPF

Basking and working in the sun, without protecting your skin can lead to wrinkles, premature aging and, worst of all, skin cancer.

Sun damage is also responsible for leathery-looking skin, broken capillaries, wrinkles and hyperpigmentation, or age spots. While people are more aware of the sun's harmful effects, many do not protect themselves or use sunscreens.

Ultraviolet (UV) radiation that affects the skin is classified as UVA and UVB. UVA is the longest of the UV. It can penetrate into the deeper layers of the skin and plays a major role in skin aging and wrinkling. UVA penetrates glass and clouds.

UVB is responsible for burning, tanning, accelerating the skin aging and also plays a key role in the development of skin cancer. UVB varies by season, location and time of day. The most intense amount of UVB hits the U.S. between 10:00 a.m. and 4:00 p.m. Try not to schedule outdoor activity between these hours and seek playgrounds where shade - from trees or awnings - is plentiful. If your child has to be outdoors during these hours, be sure they're protected from the sun with a hat, sunglasses, etc.

What is SPF? Sun Protection Factor (SPF) measures the protection provided by a

#### sunscreen against UVB.

Higher SPF numbers are preferable, but SPF measures protection only from UVB - not UVA rays. When choosing a sunscreen, select a product that provides "broad-spectrum" protection for both UVA and UVB. If you are going to the beach or pool, make sure it is water-resistant and doesn't wash off in the water. Use an SPF of 15 or higher.

# When to apply sunscreen - Apply sunscreen 20 minutes before going out into the sun to give it time to absorb into the skin. Be generous and regular - about 1 ounce every 2 hours, and more often if you are swimming or perspiring.

Apply sunscreen to the top of your ears, back of hands, neck and toes.

#### Other protection tips:

- Use a hat to shield your face where sun damage frequently occurs.
- Be aware that the window glass in cars does not block all of the sun's harmful rays, making the driver's left side more prone to sun damage. Apply sunscreen before long car rides. ###

Beware the snack bar breakfast. A bought flapjack plus a normal latte clocks up 755 calories. Save 500 calories, and eat a healthy bowl of muesli plus tea or coffee with skimmed milk before you leave home. Go for healthy breakfasts. ###

### Trip to Chuang Yen Monastery September 28

The First Presbyterian Church of Rutherford is sponsoring a trip to Chuang Yen Monastery, a Buddhist temple situated on 225 acres in Kent, Putnam County, New York on Saturday, September 28, 2019, at 10:30 a.m. The temple is home to the largest indoor statue of a Buddha (Vairocana) in the Western Hemisphere. The name "Chuang Yen" means "Majestically Adorned."

The monastery is home to the Buddhist Association of the United States. Much of the temple buildings are built in the architectural style of China's Tang Dynasty, and designed by architect Edward A Valeri RA. We will visit Kuan Yin Hall, the Thousand Lotus Memorial Terrace which overlooks a Koi pond, the Tai Hsu Hall, the Yin Kuang Hall, the Woo Ju Memorial Library and the Great Buddha Hall. The Great Buddha Hall's opening was presided over by the 14th Dalai Lama.

There will be a vegetarian meal served at noon. Visitors are encouraged to bring their own cutlery, chopsticks, cup, and soup bowl.

Group members must be there at 10:20 a.m. on Saturday, September 28. Visitors must be dressed with all limbs covered and take off shoes upon entering the temple. No food is allowed on the site. The visit will require walking and climbing stairs. Visitors must provide their own transportation to the monastery which is about an hour and a half away. The trip is open to all members of the community and is free. Registration is required. Call 201-438-3569. ###

### Thyroid Cancer Support Group

Thyroid Cancer Survivors' Association, Inc. will meet on Thursday, August 1, 2019, from 6 to 8 p.m. at The Wood-Ridge Memorial Library. All are welcome. No registration required. ###

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### Dog Days of Summer

Everyone talks about "the Dog Days of Summer," but few know what the expression means. Some say it signifies the hottest, most sultry days "not fit for a dog."

The Old Farmer's Almanac lists the traditional timing of the "Dog Days" as the 40 days beginning July 3 and ending August 11, coinciding with the ancient heliacal (at sunrise) rising of the Dog Star, Sirius.

They named this period of time, from 20 days before the conjunction to 20 days after, "Dog Days" after the dog star.

The term "Dog Days" was used by the Greeks, as well as the ancient Romans after Sirius, the brightest star in the heavens besides the Sun.

The ancients believed that Sirius was so bright that it actually produced enough heat to help warm the earth. During the summer months, Sirius rises and sets in conjunction with the sun and the ancients believed that Sirius added to the heat produced by the summer sun. And that's how the phrase "The Dog Days of Summer" originated.

A casual survey will usually find that many people believe the phrase is in reference to the conspicuous laziness of domesticated dogs (who are in

freshly fertilized soil.

danger of overheating with too much exercise) during the hottest days of the summer.

When speaking of "Dog Days" there seems to be a connotation of lying or "dogging" around, or being "dog tired" on these hot and humid days. Although these meanings have nothing to do with the original source of the phrase, they may have been attached to the phrase in recent years due to common usage or misunderstanding of the origin of the phrase.

In recent years, the phrase "Dog Days" or "Dog Days of Summer" have also found new meanings. The term has frequently been used in reference to the American stock market(s). Typically, summer is a very slow time for the stock market, and additionally, poorly performing stocks with little future potential are frequently known as "dogs."

Today, "Dog Days" occur during the period between July 3 and August 11. Although it is certainly the warmest period of the summer, the heat is not due to the added radiation from a far-away star, regardless of its brightness. The heat of summer is a direct result of the earth's tilt. ###

### **BBQ** Grill Safety

The backyard barbecue is a summer tradition enjoyed by many Hasbrouck Heights residents. The Fire Department urges outdoor chefs to be cautious when cooking outdoors.

Keep a fire extinguisher handy. Grills should not be placed next to your home's wall, underneath porches or overhangs, and never indoors.

Be sure to monitor active grills. Wear protective mitts or gloves while barbecuing.

Do not store gasoline or other flammable substances in the grill's vicinity.

Never move a grill or cover a grill if it is still hot. Always keep curious children away from hot grills. When a gas grill is not in use, remove control knobs and store them inside, away from children.

Lighting a charcoal grill requires caution. Use only the appropriate amount of lighter fluid, and NEVER substitute gasoline, kerosene or other flammable liquids for lighter fluid.

Adding starter fluid after the grill fire has been ignited is extremely hazardous as flames may jump out.

Charcoals should be left to burn out in your grill. Do not dispose of charcoals in trash cans or bring them indoors. Soak coals in water to ensure they are out.

Routinely clean ashes from the grill and inspect for holes or loose fittings.

Lighter fluids and "quickstart" charcoal should be stored outside and away from the home.

Gas grills should be

#### Take a break from the heat if you start to feel sick

If you're outside, and start to feel dizzy or sick, go indoors into a cool area and drink

Be sure to rest for at least 2 hours before going back outside. Symptoms such as dizziness, headaches, or stomach aches can be early signs of heat illness, which can be serious.

Symptoms like profuse sweating, mumbling or incoherent speech, convulsions and chills, and vomiting are more serious.

Contact emergency medical services immediately if you see someone experiencing these symptoms. ###

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cleaned at least once each season. Spiders often make their homes inside the components, and their webs can block off gas intake and damage your grill.

Use only a gas cylinder designed to store propane and only use a reputable propane supplier to fill it. If a new cylinder is being filled for the first time, tell your supplier so air can be removed.

Most gas grill accidents are caused when propane tanks are hooked up incorrectly. Make sure the cylinder is equipped with an OPD (Over-Pressure Device). When changing propane cylinders, test the connection for leaks with soapy water and tighten as necessary.

Propane gas is odorless. A "rotten egg" odor is put into the gas so that it's easy to detect if a leak occurs.

If you smell the "rotten egg" odor near or around your propane gas cylinder, immediately contact the Fire Department.

When not in use, keep the valve tightly closed and plugged with the "POL" left handed thread plug. This will seal the propane gas cylinder and help prevent leaks if the service valve is accidentally opened.

Never store propane gas cylinders inside an enclosed structure -- store and use out-

#### **Drink Water**

Drink water when the temperatures are hot to keep your body hydrated. Try to drink water with every meal and throughout the day to keep your body hydrated and cool.

If this seems daunting to you, carry around a bottle of water with you during the day, or switch out one beverage each day for a glass of water.

Avoid drinks like coffee, tea, and soda that can make you slightly dehydrated. Limit yourself to one caffeinated or sugary beverage per day, and focus on drinking water before and after you have caffeine or sugar.

If you like the flavor of sodas, consider adding flavor to your water with flavor drops or powders that you can purchase at the supermarket. That way, you can get the health benefits of water with the flavor of a soda.

If you enjoy the carbonation of soda, consider drinking carbonated water instead of soda. ###

Practice Random Acts of Kindness

doors only.

Handle cylinders gently -- dents, gouges and rust can weaken cylinders.

Always keep cylinders upright and, when transporting, secure it in position. Keep your vehicle well ventilated when transporting cylinders.

Don't leave cylinder in a vehicle -- sitting in a hot vehicle can cause the safety relief valve to discharge gas!

No propane gas cylinder should be scrapped, destroyed, cut with a torch, punctured or have the service valve removed by the public.

Disposal in the municipal solid waste stream is prohibited. Hasbrouck Heights no longer accepts propane cylinders for disposal and/or recycling.

### Summer Safety

The Hasbrouck Heights Fire Department offers these summer safety tips regarding hazardous materials.

Store gasoline in safety cans manufactured and labeled for that purpose.

Gasoline should never be stored inside your home because vapors can travel to a flame source and ignite. Gasoline should be stored outside, or in a well ventilated shed.

Don't refuel lawn mowers, trimmers, edgers or other gasoline powered equipment while hot because the fumes may ignite and start a flash fire. Allow the equipment to cool. Use a funnel to prevent spills.

Keep fertilizers and pool chemicals away from gasoline, oil and fuels. Pool chemicals (chlorites) and fertilizers (nitrates) are strong oxidizers and react violently with fuel vapors (hydrocarbons).

Powdered and pellet chlorine should be kept in a cool, dry place. If water enters a chlorine container, it can react and possibly explode.

Never add water to chlorine -- add chlorine to water to prevent a splash or violent reaction. Pesticides should not be accessible to children or pets and should be kept in tightly closed containers in a cool, dry place.

It is important to follow the instructions on the label for use and application. If exposed to pesticides, rinse the affected materials off immediately and seek emergency treatment. Bring the container with you to the medical facility if possible. ###

# Dogs are attracted to the sweet taste of coolant. Be alert for drips from cars. Some insecticides could be dangerous for your dog. Stay away from areas that have been recently sprayed.

**Summer Dangers for Dogs** 

- Herbicides can hurt your dog. Avoid letting your dog play on lawns where the treatment hasn't dried.
- Some fertilizers can cause vomiting and diarrhea while others are downright lethal. Keep your dog away from
- Just one mosquito bite could infect your dog with deadly heartworm. Check with your vet about the right medicine for your dog.
- Deworming your puppy could save their life. Dogs can ingest the worms from contaminated soil or even absorb the worms through their skin. Remove dog feces promptly.



### Caution on Fertilizer-Pesticide Combinations

Many homeowners and cause of an unhealthy lawn, lawn care companies routinely combine fertilizer and pesticides in a series of applications throughout the year.

These multi-step programs are promoted as the sure and easy path to the perfect lawn. The pressure to have a perfect lawn, however, has clouded a number of issues and literally mixed ingredients that should be kept separate. Areas of caution include:

· Routine insecticide applications: Most insects found on a lawn are beneficial, and insecticides can harm these beneficial insects, as well as birds, pets and people.

Research indicates that only about one lawn in 200 will need an insecticide application in a given year. Even on lawns where harmful insects exist. natural controls or better lawn care will reduce the threat.

• Routine herbicide applications: Weeds are not the

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they are the result. The best defense against weeds is a thick healthy lawn that comes from proper watering, fertilizing and mowing. Routine herbicide applications are unnecessary and their effects can be misleading.

For example, "Weed 'n' Feed" products are widely used to kill dandelions in spring, when the flowers are so noticeable. The curling weeds seem to indicate that the herbicide has been effective, but in fact the herbicide may kill only the top of the weed, not the root.

• Unnecessary nutrient applications: Most commercial fertilizers contain phosphorus, a major water pollutant. Yet many soils already contain enough phosphorus. Low phosphorus or phosphorus-free fertilizers can provide nutrients while avoiding the threat to water quality

In short, applying unneeded pesticides and nutrients in a generic, multi-step fertilizer program can be expensive for the homeowner and harmful to the environment. ###

VFW Post 4591 Casino Trips Last Wednesday of the month Resorts or Sands Casino Continental breakfast at Post. Doors open 8:30 am Going: Bingo • Return: Movie. 513 Veterans Pl., Hasbrouck Heights Call Andy at 973-773-1812 or Post 201-288-1112 for reservations

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### Real Estate Insight

By Mary Ellen Courtney



#### Mine? Yours?

I was at a family reunion recently celebrating the 4th of July, when I met up with one of my cousins who I hadn't seen in years. He described an incident that his son and daughter-inlaw went through while buying a house in Pennsylvania. It seems the property came with a well-landscaped backyard. In the rear corner of the yard, against a fence, was one particularly beautiful yellow rose bush. It was blooming on the day the kids did their final home inspection. But when they showed up the next day with their moving truck, they discovered that the bush had been dug up and removed. In its place was a freshly planted arborvitae. My cousin asked me: did the seller have a legal right to take the roses?

His question deals with an important real estate issue concerning what is considered a house fixture versus what is considered personal property. It can be the basis for many real estate disputes. When a seller removes something that the buyer expected to get with the house, it can create significant tension. That, in turn, might lead to antagonism and maybe even legal proceedings. In my cousin's story, all landscaping, or any type of plant with roots firmly ensconced in the ground, is generally considered a fixture. A fixture is not required to exist solely inside the house. And though his kids didn't make a fuss about the rose bush at closing, they could have asked for reimbursement or some replacement of their own choice.

Any good realtor should be well aware of the problems that can arise over the definition of fixtures in a home and should prepare appropriately in the sales process. By making clear from the start on what accessories are versus personal property, the realtor can help make everyone enjoy a smoother transaction.

On taking a listing at my office, we walk through the home with the seller to discuss fixtures. If personal property is affixed or fastened to real estate, it becomes a fixture. If the seller absolutely wants to take the fixture, it should be removed before any buyer comes to take a look at the home. The thinking is that if a buyer never sees it, she won't be lured into wanting to have it. But, of course, as soon as you call attention to a fixture and tell the buyer she can't have it, she'll covet it to death. It's really just human nature. But it's also one of those quirky little things that cause people to cancel a deal out of sheer resentment.

I remember one seller who had developed an attachment to his Fisher Paykel dishwasher. Of course, he couldn't remove the dishwasher and leave an empty space between the cabinets; potential buyers would have found that definitely objectionable. So he replaced it with a Kenmore, installing it just before we put the home on the market.

People become attached to the strangest things. When my daughter, Nicole, bought

her home in Dallas, the seller, without anybody's authorization or knowledge, removed the bedroom drapes the day of the closing. Nicole and her husband couldn't understand why. They said it was, otherwise, the smoothest of transactions; buyer and seller got along famously. My daughter insisted that the drapes be returned because they were custom made for the curtain rods and for those particular windows. When the seller didn't respond, she threatened to take them to small claims court. The following day, the seller was at the front door with the drapes, and a bottle of wine as apology. They sweetly admitted that, at any rate, these curtains would not fit the windows in their new home. And yet they deliberately removed them, knowing that they had absolutely no use for them anymore. Why? Because they were expensive, they said.

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

## Test Your Alarm for Life!

Your smoke alarm has the power to save your life.

According to Moonachie Fire Chief Justin Derevyanik, "Working smoke alarms give us early warning of a fire, providing extra time to escape safely. But they can't do their job if we haven't done ours monthly testing to make sure they're working. Test all the smoke alarms in your home, for the life of the alarm and for the lives of your loved ones."

When was the last time you tested your smoke alarms? Don't gamble with your life and assume your smoke alarms are working. Test each one, every month, so you'll know they'll be ready to protect you and your family if there's a fire.

In a fire, you'll need every second to get out safely, and the early warning from a smoke alarm can make the difference between surviving a fire and dying in one. Test your smoke alarms today. ###

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### Soles4Souls Shoe Drive

The Contemporary Club of Hasbrouck Heights is partnering with the non-profit organization Soles4Souls and is hosting a shoe drive to help fight global poverty.

Please take part in this program to make a change and bring your gently used shoes of any kind to the Hasbrouck Heights Building Department, first floor of the Municipal Building.

Our goal is to collect 10,000 pairs of shoes to help create jobs in developing nations. If we reach our goal, Soles4Souls will work with a local non-profit agency to provide new shoes to people in need in our community.

Statistics show that on average people in the United States throw away 70 lbs. of textiles per year. Only 15% is said to be donated or recycled. It's also estimated that 1.5 billion shoes lay idle in American closets. Don't waste a good opportunity! Put your unused shoes to good use and help create real economic change in developing nations.

Soles4Souls utilizes gently used shoes as a resource to help entrepreneurs in developing nations with an opportunity to start and sustain a small business (a micro-enterprise) of their own.

Because you donate the shoes you no longer need, Soles4Souls is able to provide a constant quality supply of product to entrepreneurs. Because of you, they can now lift themselves and their family out of poverty. The microenterprise program funds the distribution of new shoes to people in need internationally and domestically.

About Soles4Souls: since 2006, it has distributed more than 30 million pairs of shoes in 127 countries. A nonprofit social enterprise, Soles4Souls earns more than half of its income and commits 100% of donations to programs. Visit soles4souls.org for more information. ###

#### Health Tip Eat Breakfast

How are you supposed to have energy and a functioning mind if you are not feeding your body?

Eating breakfast is one of the most important steps to losing weight and being healthy.

Skipping breakfast causes hunger pangs, binge eating and irritability. Even if all you eat is a piece of toast with peanut butter on it as you run out the door, the fuel you give your body in the morning will help you function better all day long. ###

### Knit One, Read Two

On Wednesday, August 7, 2019, at 6 p.m., the Knit One, Read Two Wednesday Night Reading Club will meet to discuss "The Little Paris Bookshop" by Nina George. Copies of the book are available at the Main Desk of The Rutherford Public Library. ###

# Discuss "The Library Book"

On Tuesday, September 17, 2019, at 7:15 p.m., join your neighbors and friends to discuss "The Library Book" by Susan Orlean. The meeting will be held at the Wood-Ridge Senior Center. Copies of the book are available at the Circulation Desk of The Wood-Ridge Memorial Library. All are welcome. ###

### Advanced ESL

The Rutherford Public Library will host Advanced ESL classes weekly, on Saturdays, from 11 a.m to 1 p.m.

This class is for students who speak, understand, read, and write English at a high intermediate level but are looking to do one or more of the following: get a better job; improve pronunciation and master sounds not in their native language; express complex ideas; prepare for the TOEFL exam; help their children with their writing homework, perfect their grammar syntax; learn to use business language; and learn more about American culture

Registration is required for this free class. Registration forms are available at the Main Desk. ###

## **How August Got Its Name**

August, the eighth month of the year, was named in honor of the emperor, Augustus Caesar, in 8 B.C. In the early calendar, it was the sixth month and then had only 30 days. Augustus lengthened the month to 31 days by taking a day from February.

Augustus Caesar was the child that Julius Caesar adopted as he didn't have any children.

Although his name is not as famous as Julius Caesar, he reigned in a very glorious era in history, when Rome had its greatest poets and writers. It was call the "Augustan Age.".Besides, August was also called "sextilis." (Latin for the sixth month.) ###

### **Hydrate**

### **ESL Classes**

The Rutherford Public Library will host Basic English as a Second Language classes taught by a certified ESL instructor. Classes are intended for beginner to intermediate level students and will be held on Monday and Wednesday evenings at 6:15 p.m. and Tuesday and Thursday mornings at 10:15 a.m. An additional class has been added on Tuesdays and Thursdays, from 11:30 a.m.-12:30 p.m. For more information, call 201-939-8600. ####

### Basic ESL Classes

The Wood-Ridge Memorial Library hosts English as a Second Language classes for adults at no charge. Classes meet every Monday, Wednesday, Friday and Saturday morning at 10:15 a.m. No registration is required. For more information, call The Library at 201-438-2455. ###

### Kip Center Regular Casino Trip

The Kip Center hosts a Sands Casino Trip the second Monday of every month. Bus leaves at 8:30 a.m. from the Kip Center, 55 Kip Avenue, Rutherford. The cost is \$35. You will get \$25 back when you arrive. 55 Kip Members first priority, but spaces are generally available for your friends. Reserve early.

New to the Kip Center? Give it a try, there is always something going on! Call 201-460-1600 for information. ###

Prayerful Reflection

### Silent Retreat

Christus Rex Catholic

men's silent retreat is scheduled for the weekend of October 11-13, 2019, at the Loyola Jesuit Center in Morristown, NJ. Free will offering. During this quiet weekend, you can develop your spiritual experience within the framework of prayer and scripture ... in quiet, tranquil surroundings. Retreat house details at: www.loyola.org Call 973-539-0740 for more information.

You owe it to yourself to

### attend at least one silent retreat in your lifetime.

### Rally Day! September 8

Save the Date - Rally Day! Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights, will hold its Annual Rally Day on Sunday, September 8, 2019. Join us for a Faith Family Worship with Holy Communion at 10:30 a.m., which will include an interactive review of our ROAR Vacation Bible School Program. Our annual Rally Day signals the return to Sunday School classes, which resume September 15, 2019, at 9:15 a.m.

We love to welcome new-comers, and we invite all children, ages 4 and up, to join us. Parents are welcome to sit in on the classes at any time and to bring the children to worship at 10:30 a.m. Questions about any of our classes can be answered by contacting Pastor Susan Nelson-Colaneri at 201-288-6889 or, e-mail her at pastorsusanholytrinitynj@gmail.com. ###

# Stitch One, Share One

Our Stitch One. Share One group will resume meeting on September 30, 2019, between 2 p.m. and 5 p.m., and continue each month on the last Sunday of the month at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. Stitch One, Share One, extends an invitation to members of the community to join us. Come to learn to knit or crochet; come to advance your skills, come to help with our projects or to work on your own. Meet wonderful women who enjoy sharing their talents and who will become friends. Look for our sign; we are barrier-free! ###

# The Gospel of Thomas September 15

The First Presbyterian Church of Rutherford will begin an eight-week study of the Gospel of Thomas beginning, Sunday, September 15, 2019, at 11:40 a.m.

Unlike the other gospels we are familiar with, the Gospel of Thomas does not tell the story of the life and death of Jesus, but offers the reader his "secret teachings" about the Kingdom of God. This book opens with the lines, "These are the hidden words which the living Jesus spoke, and the twin, Didymos Judas, Thomas wrote them down." These 114 verses of Jesus are extremely enlightening and special, and applicable for us as Christians today.

We will study Jesus' teaching, written by Thomas, and how to put them into daily practice using Ron Miller's The Gospel of Thomas: A guidebook for spiritual practice which will be supplied to you by the Church. We will meet at the Karen Kaiser House across from the Church on West Passaic Avenue. The study is open to all in the community, but registration is asked by calling 201-438-3569 so we can order you a book. ###

### **Food Bank**

The Hasbrouck Heights Food Pantry is open Mondays from 9:00 a.m. to 11:00 a.m. for residents.

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### PRAYER TO THE BLESSED VIRGIN

(Never known to fail) Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are some that can withstand your power. Oh, show me herein you are my mother.

Oh Mary, conceived without sin, pray for us who have recourse to thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal.

You who gave me the gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for you your mercy toward me and mine.

The person must say this prayer three consecutive days. After three days, the request will be granted. This prayer must be published after the favor is granted. N.M. ###

### Catholicism: The Pivotal Players

On Friday, September 6, 2019, the public is invited to join the Community of God's Love, Rutherford's Catholic Charismatic Community, for dinner and Bishop Robert Barron's "Catholicism: The Pivotal Players." This session will focus on St. Benedict, founder of the Benedictine Order, who contributed so much to saving western Christian culture.

The program will take place at Visitation House, 70 West Passaic Avenue, Rutherford. It will begin with supper at 7 p.m., the DVD at 8 p.m., and will conclude with a discussion and dessert. Questions? Want to register? Call 201–935–0344 or email lampstand@thecgl.org. Free will offering. ###

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#### Moonachie Seniors 2019 Trips

- August 29 The Club will be going to the Westchester Broadway Theatre, to see a show entitled "Mambo Italiano," a pre-Broadway musical. Cost is \$65 pp. You will choose from a variety of entrees, desert, coffee or tea. The bus leaves at 9:45 a.m.
- September 11 The Club is going to Ligreci's in Staten Island, for the Fiesta of San Gennaro. The stars, Andre and Cirell, return with some sidesplitting music and comedic skits, impressions, plus dancing. Cost is \$55 pp. Bus leaves at 9:45 a.m.
- October 21 The Club is going to The Hunderton Hills Playhouse, to see a show featuring the music of Johnny Cash, Jerry Lee Lewis, Carl Perkins, and the King of Rock and Roll, Elvis Presley. There are seven lunch selections to choose from, including their famous unlimited dessert buffet. Cost is \$70 pp. Bus leaves at 9:30 a.m.
- November 7 The Club is going to the Brownstone to see "Take Me Home Country Road," a tribute to Glen Campbell and John Denver. There will be a family style luncheon, plus two complimentary drinks. Cost is \$56 pp. Bus leaves at 10:15 a.m.
- December 5 The Club is going to the Hunterdon Hills Playhouse to see their all new Christmas musical. There are seven lunch selections to choose from and of course, their famous unlimited dessert buffet. Cost is \$72 pp. Bus leaves at 9:30 a.m.

For more information call 201-641-6472. ###

### LF Seniors Seek New Members

Seniors age 62 or older are invited to join Little Ferry Seniors. Located at 99 Main Street, meetings are the second Thursday of each month at 1 p.m. Meet neighbors and friends and enjoy guest speakers, Bingo, trips, coffee, pastry or a light lunch. Call Robert at 201-641-3704 or Gloria at 201-440-4515. ###

### Bingo!

Little Ferry Seniors: Bingo is played every 2nd and 4th Tuesday of the month at the Senior Center starting at 12:30 p.m. Refreshments served. For more information, call 201-440-4815. ###

### Carlstadt Seniors/ Vic's Hoofers

The Carlstadt Senior Friendship Club meets on the 1st and 3rd Wednesdays of the month at 1 p.m. at the Civic Center located at 423-433 4th Street, Carlstadt. Refreshments are served. It is a great place to meet your neighbors and other seniors of the Boro. Bingo and Jackpot Bingo is played after every meeting. There is no cost to the members.

All Carlstadt Seniors 60+ are invited to join the Friendship Club.

Our next Mega 50/50 will be held in November 2019. ###

The Vic's Hoofers, a ladies social group, meets on the first Thursday of the month at the Carlstadt Civic Center on 4th Street. Women from surrounding towns are invited to join. Dues are \$15 per year. Fun activities are planned for each meeting, with refreshments served. ###

### Carlstadt Senior Friendship Club

A Rose is a Rose...is that Rose T? On a recent Monday, the Carlstadt town bus deviated from its usual mall expedition and offered members a trip to Van Saun Park.

Some decided to go, but some went to Walmart. Our enterprising bus driver, - John, had suggested this alternative.

Lots of little children were there enjoying the zoo on class trips. Due to track work, the train was out of service for a few hours so we didn't get a chance to enjoy that. Went back to Walmart, picked up our friends and all had lunch together. *Provided by Joanne Kearney.* ###

### LF Seniors Railroad Trip

On September 13-15, 2019, Little Ferry seniors will host a scenic railroad adventure to Elkins, West Virginia. The cost is \$539 pp. double occupancy, single \$160 additional.

Package includes roundtrip motorcoach transportation.

- Exciting train rides
- Branson-Style music shows in Elkins
  - Baggage handling
- Hotel taxes and meal gratuities. For information, call Colette at 201-641-4973. ###

Don't Text and Drive

### AARP Chapter 2019 Events

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Center, 22 Walnut Pl. Each meeting has either a speaker or entertainment as well as light refreshments. New members welcome. 2019 dues are \$10 for the year. For information, contact Stan at 973-779-8544.

- August 20, 2019, Regular monthly meeting. Lemon Ice. Refreshments.
- September 17, 2019, Regular monthly meeting. Mystery Theater Presentation and Lunch.
- November 13, 2019, Trip to Hunterdon Hills Playhouse. "The Three Scrooges, a Playhouse Christmas 2019." ###

### Kip Center Senior 2019 Events

- August 3 10:30 a.m. "Left-Right-Center" tournament. 1 p.m. Bingo.
- August 10 10:30 a.m. "Price is Right" with summer treats. 1 p.m. Bingo.
- August 13 Fall class registration forms will be available. The 16 week session will begin September 3, through December 20.
- August 16 10 a.m. Free Vein Screening. Dr. Steven Kim from Core Medical and Wellness in Lyndhurst. Pre-Registration required.
- August 17 Annual "End of Summer Party." Join us for a fun filled day. Beach Ball Bingo at 10:30 a.m. followed by lunch of BBQ chicken, baked beans, watermelon, broccoli salad and peach dessert.

#### **Trips**

The monthly Casino trips will resume on Monday September 9, to the Sands Casino in PA. ###

### Lodi Senior 2019 Club News

The Lodi Senior Citizens Club begins its 51st year. The Club meets on the second and fourth Tuesday of every month.

Every Thursday is "Fun Day." They have a pool table, and shuffle board. Do what your doctor says, "Keep Moving" with exercise or Bingo, card playing or pool and enjoy a day with friends.

Plus, they usually have entertainment at most of the meetings. For information, call 973-472-6994 and leave a message.

#### **2019 Trips and Events**

- August 14 Casino trip to Resorts AC.
- August 27 Hot dogs in the Club at 1 p.m.
- **September 10** Club meeting, entertainment by Pat Longo's Band.
- **September 14** Club meeting.
- **September 24** Luncheon in the Club at 1 p.m.
- October 8 Club meeting, entertainment by Lonny Youngblood.
- October 16 Casino trip to Monticello, NY.
- October 22 Club meeting, entertainment by Artie and Jack.
- November 12 Club meeting, entertainment by DJ, Nicky D.
- November 26 Club meeting.
- **December 6**, Christmas Party at the Venetian.
- **December 10**, Pizza in the Club, entertainment by DJ, George Tuzzio. ###

### **ER Seniors**

East Rutherford Seniors Meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. Bingo follows each meeting. New members are always welcome. For additional information, contact Josephine at 201-460-

- Caesar's Casino, every 3rd Monday of the month. Cost is \$35 with \$30 in slot play. Bus leaves from the CVS parking lot on Paterson Avenue at 9:30 a.m. All payments must be made in advance.
- Free blood-pressure screenings on the 4th Tuesday of the month beginning at 11:30 a.m.

#### **2019 Upcoming Trips**

- August Resorts Casino- "Bay Cruise" Atlantic City, NJ.
- **September** Caesar's Casino "Carol King's Beautiful," Atlantic City, NJ.
- October Krucker's "Octoberfest" Pomona, NY
- November High Point Montague, NJ.
- December Crystal Point "Christmas Cheer," Point Pleasant, NJ.

Payment for the trips must be received 2 weeks prior to the trip. For information and reservations, contact Josephine at 201-460-1989. ###

### Drive Responsibly

### All NJ Public Notices are online at: www.NJpublicnotices.com

The public may register at no-charge for email notifications and/or to save their search criteria/keywords of interest



### **BC Senior Picnic** September 5

Bergen County will host their Annual Senior Citizen Picnic on Thursday, September 5, 2019, from 10 a.m. to 3 p.m., at Van Saun County Park, Paramus. NJ. Rain date is Thursday, September 12, 2019.

Residents 60+ years are invited for lunch, music and entertainment, craft fair, informational tables, etc.

Limited handicap accessible parking is available. For special needs call Marlene at 201-336-7416 at least two weeks prior to request special accommodations.

Event is sponsored by Bergen County Department of Human Services, Division of Senior Services ADRC. ###

#### **Craft Vendors Wanted**

Does your organization have an arts and crafts group? Would you like to promote your group and build your membership by selling your hand-made crafts?

Join the annual Bergen County Senior Picnic on Thursda, September 5. 2019. Craft sale tables are available for \$25 each. Limited craft sale table space is available. Reservations will be accepted through August 16. 2019, For further information, call Linda Cross at 201-336-7427. ###

## Heat Relief

cool, calm, sleeping is an air conditioner: They can keep a bedroom at the optimum sleep temperature (roughly between 60 and 70 degrees Fahrenheit), plus provide some nice white noise to boot.

If the AC breaks down or if no AC is available, here are some tips to cool down:

- During summer, stick your hot water bottle in the freezer to create a bed-friendly ice pack.
- Rice and buckwheat can also keep you cool. Buckwheat pillows don't absorb heat like cotton and down. For a cold compress on really hot nights, fill a sock with rice, tie it off, and stick it in the freezer for an hour or so. The compress will stay chilly for up to 30 minutes, enough time to nod off.
- Drink a glass of water before bed.
- A cold shower. Rinse off under a stream of tepid H<sub>2</sub>0 brings down the core body temperature and rinses off sweat so you can hit the hay feeling cool
- Stay away from the stove. Chow down on cool, roomtemperature dishes to avoid generating any more heat in the house. If hot food is in order,

The obvious solution for fire up the grill instead. And swap big meals for smaller, lighter dinners that are easier to metabolize. The body produces more heat after you chow down on a huge steak than a platter of fruits, veggies, and legumes.

- If you need to cook inside, consider using a griddle or panini press which will give off less heat into the kitchen.
- Feet and ankles are pretty sensitive to temperature because there are lots of pulse points. Cool down the whole body by dunking feet in cold water before hitting the hay.
- Disconnect electronics, gadgets and other small appliances that give off heat, even when turned off. Reduce total heat in the house (and save energy!) by keeping plugs out of sockets when the appliances are not in use.
- Block the windows with sun shades or curtains. As soon as the sun is up, close the curtains completely or unroll the sunshade to keep the sunshine from heating your home.
- Once the sun goes down, open your windows and use fans to amplify a breeze at night. If you have a ceiling fan, turn it on to circulate the air throughout the room.
- If it's an extremely warm night, spritz yourself with cold water stand in front of the fan. This can cool down your body temperature immensely and help you get to sleep
- From 10 a.m. 4 p.m., the temperatures outside can be sweltering. To keep cool and avoid the harsh sun, stay indoors or go to a location that has air conditioning like a restaurant, go to a museum, or see a movie.
- Wear lightweight clothes in a lighter color, like white, pale blue, light tan, light pink, and pale yellow; the best choice when you're trying to keep

If you're at the beach or at home, you can wear less clothing, like tank tops and shorts or a bathing suit. If you're running errands or going to work, wear clothes made of light materials like linen, cotton, silk, or other breathable fabrics. ###

All Emergencies **Dial 911** 

### **Heat Alert**

High temperatures kill hundreds of people every year. Heat-related deaths and illness are preventable, yet more than 600 people die from extreme heat every year.

Take measures to stay cool, remain hydrated, and keep informed. Getting too hot can make you sick. You can become ill from the heat if your body can't compensate for it and properly cool you off. The main things affecting your body's ability to cool itself during extremely hot weather are:

• High humidity. When the humidity is high, sweat won't evaporate as quickly. This keeps your body from releasing heat as fast as it may need to.

Personal factors. Age, obesity, fever, dehydration, heart disease, mental illness, poor circulation, sunburn, and prescription drug and alcohol use all can play a role in whether a person can cool off enough in very hot weather.

Those who are at highest risk include people 65 and older, children younger than two, and people with chronic diseases or mental illness.

Closely monitor people who depend on you for their care and ask these questions:

- Are they drinking enough water?
- Do they have access to air conditioning?
- Do they need help keeping cool?

People at greatest risk for heat-related illness can take the following protective actions to prevent illness or death:

- Stay in air-conditioned buildings as much as you can. Contact your local health department or locate an air-conditioned shelter in your area. Air-conditioning is the number one way to protect yourself against heat-related illness and death. If your home is not air-conditioned, reduce your risk for heat-related illness by spending time in public facilities that are air-conditioned and using air conditioning in vehicles.
- Do not rely on a fan as your main cooling device during an extreme heat event.
- Drink more water than usual and don't wait until you're thirsty to drink.

- Check on a friend or neighbor and have someone do the same for you.
- Don't use the stove or oven to cook—it will make you and your house hotter.

Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather:

- Limit your outdoor activity, especially midday when the sun is hottest.
- Wear and reapply sunscreen as indicated on the package.
- Pace your activity. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Muscle cramping may be an early sign of heat-related illness.
- Wear loose, lightweight, light-colored clothing.

If you play a sport that practices during hot weather, protect yourself and look out for your teammates:

- · Schedule workouts and practices earlier or later in the day when the temperature is cooler.
- Monitor a teammate's condition, and have someone do the same for you.
- Seek medical care right away if you or a teammate has symptoms of heat-related illness.
- Learn more about how to protect young athletes from heat-related illness by taking this CDC course.

Everyone should take these steps to prevent heat-related illnesses, injuries, and death during hot weather:

- Stay in an air-conditioned indoor location as much as you
- Drink plenty of fluids even if you don't feel thirsty.
- · Schedule outdoor activities carefully.
- Wear loose, lightweight, light-colored clothing and sun-
  - Pace yourself.
- Take cool showers or baths to cool down.
- Never leave children or pets in cars.
- Check the local news for health and safety updates.

Source: CDC.gov

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### Seven Years in the Making -- Moonachie Borough Hall Unveiled

On June 28, 2019 and on behalf of the community, Moonachie Mayor Dennis Vaccaro, welcomed everyone at the official ribbon cutting to unveil the new Moonachie Borough Hall at 70 Moonachie Road.

During his opening remarks, Mayor Dennis Vaccaro said, "I want to commend all of the officials who helped make today possible, as well as the municipal employees, police officials, office workers, and professional employees who remained committed to their work as we rebuilt and who

carried the stress of temporary offices. Seven years after Hurricane Sandy devastated us with over 30 inches, we've rebuilt our Borough Hall. But, most importantly, I want to welcome everyone home!"

Following the Flag Salute, blessings were given by Father Kevin, Pastor, St. Margaret of Cortona RC Church and Linda Van Kampen, Pastor, Moonachie First Presbyterian Church. The Mayor recognized many visiting dignitaries and recognized their practical efforts in dealing with Sandy's

devastation.

The first speaker was NJ First Lady, Tammy Murphy. Congressman Bill Pascrell said, "Moonachie Borough Hall was severely damaged after Hurricane Sandy made landfall in 2012. Federal Emergency Management Agency (FEMA) original estimate to repair the damage was only \$68,000, significantly less than the cost required to repair the destroyed structure.

"Every person in our town knew Moonachie Borough Hall sustained significant damage and was in desperate need of repair. We worked together to make it right, and fortunately our persistence paid off, as FEMA rightfully agreed to provide over \$4.5 million for Moonachie citizens."

Written comments were presented by Senator Robert Menendez and Senator Cory Booker. Speakers included State Senator Paul Sarlo, Assemblymen Gary Schaer and Clinton Calabrese, Bergen County Executive James Tedesco, Bergen County Clerk John Hogan and Little Ferry

Mayor Mauro Raguseo.

Following the speakers, officials lined up to cut the ribbon, tour the new building and enjoy light refreshments. ###

#### **Timeline Overview**

- Moonachie Borough Hall was the last municipal structure repaired after Sandy. Civic Center, Fire Department, EMS Rescue, DPW facilities, R.L Craig School.
- Borough Hall and Police moved to SW 24 for two months.
- Mobile Offices were installed for Municipal and Police
- Municipal mobile offices were dismantled for construc-
- Municipal offices moved to 90 Moonachie Avenue (Port Authority building)
- Municipal court operated out of Teterboro Borough Hall.
- R.L. Craig School immediately moved to Wood-Ridge while mobile classrooms were built on the field behind school. Once Craig School was repaired, students and faculty returned. ###

#### Scenes of Moonachie Within 36 Hours of Sandy's Arrival

















#### **Building Overview**

- Design has the first floor as the parking garage for the police, administration and court, which comply with 500 year FEMA flood regulations. This includes secure area for police and courtroom services.
- The second floor houses police, administration and court/council chambers.
- Construction was updated from 1952 standards to current state and federal specifications.
- All utilities are on the upper level and on the roof (generators, HVAC, electrical and plumbing systems, communications), which complies with 500 year flood regulations.
- The second floor plate is 13,000 sq. ft. With parking and utility room on the third level it's 27,000 sq. ft. Original building was 8,000 sq. ft. There is more public parking added with a total of about 30 spaces.
- One elevator, 3 interior staircases for emergency, and one for exterior outside to council/courtroom.
- Design exterior spaces and landscaping that can accommodate outdoor events.
- The area at the clock designated at Memorial Park for 9/11 and War Monuments.
- Cost \$7.7 million. FEMA paid \$4.5 million, balance was bonded.
- Contractor started in August 2016. ###

For a view of Sandy effects, go to: www.The-Gazette-Newspaper.com, December 2012, pages 20-27 The Moonache Police Department moves: www.The-Gazette-Newspaper.com, April 2019, page 34

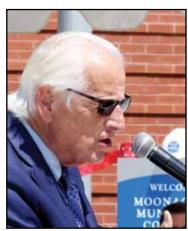








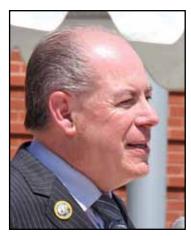














**Congressman William Pascrell Tours the New Facility** 















The Little Ferry Police Department participated in the Law Enforcement Torch Run held on June 7, 2019. Little Ferry Police Department accepted the "Flame of Hope," ran along Route 46 to pass the Torch along to Ridgefield Park Police Department. The Little Ferry Police were joined by the Memorial School Track Team. Photo provided by the Little Ferry Police Department. ### (For additional information, reference **The Gazette Newspaper**, July 2019, page 33.)







On July 8, 2019, the Hasbrouck Heights Fire Department and EMS responded to a motor vehicle accident on Washington Place. It appears that a woman pulled up in the driveway. As her son was unloading groceries from the trunk, the vehicle began to roll backwards. As he was attempting to stop the roll, he became trapped under the vehicle which then traveled over 40 feet. Hasbrouck Heights and Wood-Ridge Fire Departments responded. They secured the vehicle. Using air bags, the vehicle was lifted and the victim was extricated. He was transported to HUMC and treated. ###

### Using the Right Equipment

On July 1, 2019, the Hasbrouck Heights Fire Department responded to a fire on Lincoln Avenue. Upon arrival, they saw the homeowner attempting to put out the fire with a garden hose. HHFD took action with appropriate equipment and extinguished the fire. A thermal imaging camera was used to check for extensions. Fire is under investigation. No injuries reported. ##



### **Chemical Reaction Injures Two**

On Thursday, July 18, 2019, at approximately 1:30 p.m., East Rutherford Police Dispatch received a call reporting a water flow alarm at Diamond Chemical, located at the corner of East Union and Dubois Street, near Route 17. Patrol units, along with East Rutherford Fire Department, were immediately dispatched.

Upon officers' arrival on scene, they found that a chemical reaction had taken place.

A sprinkler went off for an unknown reason and brought water down upon plastic bags filled with chemicals inside cardboard boxes, leading to a reaction that generated heat and then the fire.

As people left the building, a machine was left running and caught fire.

On Thursday, July 18, 2019, at approximately 1:30 p.m., East Rutherford Police Dispatch received a call reporting a water flow alarm at Diamond Chemi-

Alerts were issued in the Borough of Rutherford due to wind conditions and ERPD officers and ERFD personnel made verbal contact with affected businesses in the area. No other areas of East Rutherford were impacted.

The Bergen County Hazardous Materials Response Unit responded and deemed air quality to be safe and the order was immediately lifted.

There were two injuries to employees and they were transported to the hospital for treatment. A full investigation is ongoing. *Provided by ERPD.* ###

# Looking for interesting and exciting work?

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(l-r) Councilman Emil Carafa Jr., Mayor Scott A. Luna, Deputy Mayor Vincent Martin, Councilman Joseph P. Leto IV. Not shown Councilman Albert J. DiChiara.

### Lodi Reorganization Meeting

On a warm, sunny July 1, 2019, at noon, the Borough of Lodi conducted its re-organization meeting outside at the Memorial Park Amphitheater.

Deputy Borough Clerk, Carole L. D'Amico, read the notice of meeting and led the Pledge of Allegiance.

The election results were certified and Oaths of Office were given to: Mayor Scott A.

Luna, Deputy Mayor Vincent Martin, Councilman Emil Carafa, Jr., Councilman Joseph P. Leto IV. Councilman AlbertJ. DiChiara was scheduled to be sworn in on July 16, 2019. Remarks were made by dignitaries with certificates and awards. Sergeant Jorge Tronza was sworn in to Lieutenant and Police Officer Jesse Winfield

Luna, Deputy Mayor Vincent to Sergeant of the Borough of Martin, Councilman Emil Ca-Lodi Police Department

Via consent agenda, several professional appointments were made to include Alan P. Spiniello as Borough Attorney and special Tax Counsel, Frank R. DiMaria as Municipal Auditor, Michael J. Neglia as Borough Engineer, Vincent J. Caruso as Municipal Manager,

Gary Paparozzi as Borough Planner, McNerney & Associates as Real Estate Tax Appraiser, etc. Appointments were made for one year.

Martin P. Geisler, Esq., was re-appointed as Municipal Court Judge, Frank Luciano was re-appointed as Public Defender and Mark A. DiPisa, Esq., as Prosecutor.

Planning Board, Zoning Board and administrative positions were announced. Financial protocols were voted upon. (Contact the Lodi Borough Clerk for the complete listing.)

The meeting was adjourned and light refreshments were provided.

The Borough of Lodi is a municipal manager form of government. ###



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### Refurbishing Firemen's Memorial Park

The Rutherford Fire Department is refurbishing the Firemen's Memorial Park at the corner of Park, Mortimer and West Pierrepont Avenues (across the street from Engine Company #2). As part of the program, they are offering pavers bricks engraved with your family's name, anniversary, name of a loved one or the name of your business or organization.

Your purchase will enable them to revitalize Firemen's Memorial Park. The brick will be used to supplement the walkway around the monument. Bricks are 4" x 8." Cost is \$55. Forms are available on the website: http://www. rutherfordfire.org This park is about a 1/4 acre in size. It was constructed about 20 years ago. It has a bronze statue of a firefighter in turnout gear. The Rutherford Fire Department is all volunteer and welcomes new members. ###

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### **HASBROUCK HEIGHTS**

\$419.000

Inviting. Impeccably Maintained Ranch! One floor living boasts Front Porch, LR w/fpl, MEIK, 3 generous BRs, 2 full baths, finished bsmt w/wet bar. Rear Party Deck. Fully updated. Move-in Ready! Ready to Enjoy!!



### **HASBROUCK HEIGHTS**

\$519.000

Majestic Bi-Level in Picture Perfect Setting! 9 rooms total, featuring LR, DR, MEIK, Family Room, Laundry, 4 BRs and 1 ½ baths. 2 car garage and many important updates: CAC. A must see!



\$449.000

Custom Tri-Level Split! Features LR, Mod. Dine-In Kitchen, 3-Season FR, 3 BRs (MBR suite!), 3 baths, Fin. bsmt., laundry & garage. Totally renovated replete w/extras: Jacuzzi, 3 zone heat, cathedral ceilings and much more!



LODI \$395,000

'Pride of Ownership' could be stamped on every square Inch of this beautiful, immaculately maintained Expanded Cape! With LR, DR, Modern Kitchen, 4 BRs, 1 1/2 baths, full bsmt, deck, fenced yard and Best Street in the Best Area!



**HASBROUCK HEIGHTS** 

\$479,000

Dutch Colonial! Distinctive Charm! Interior hardwood trim captures the essence of this 7 room beauty. EF, LR w/ fpl, DR, MEIK, office, 4 BRS (balcony off MBR), 1 ½ baths, attic & partially fin'd bsmt. 2 car garage. A must see!



\$379,000

Gold Coast Pizazz! 7th Floor Condo nearly 2,000 sq. ft. total elegance! EH, LR, DR, mod. gourmet kit., 2 BRs (easily convert to 3), 3.5 baths. Brazilian walnut floors, custom recessed lighting. No expense spared. Breathtaking!



**PARK RIDGE** 

\$749,000

Breathtaking! Center Hall Colonial of true depth and character! Features atrium EF, FLR, FDR, MEIK, Great Rm w/fpl, office, 4 BRs (MBR w/bath & sitting rm), 3 baths, bsmt, 2 car garage and more! Great value! A must see!



**WOOD-RIDGE** 

\$359,000

In a quiet, sought-after neighborhood near the 14th Street Park, this movein ready Cape Cod features LR, DR, modern Kitchen, 3 BRs, 2 full baths w/ fin'd bsmt, deck & det. gar. Many upgrades incl. cost saving solar panels!



CLIFION

\$659,000

Fantastic Income Generator in desirable Albion neighborhood! 4 beautiful units: One commercial, plus three generous 2 BR apartments. Sep.utilities w/washer & dryer hook-ups. Oversized garage for add'l cash flow!



**HASBROUCK HEIGHTS** 

\$399,000

Picturesque and Priced to Sell! Welllocated Cape Cod Charmer featuring large enclosed porch, LR, DR, MEIK, 4 BRs, 2 full baths, finished basement and expansive 10,000 square foot property. Great Buy!



**EDGEWATER** 

\$549.900

Malibu on the Hudson! Duplex Style Condo with NYC Views! On 2 levels, Features EF, LR/DR combo w/fpl, mod. Kitchen, 2 BRs, 21/2 baths, laundry, terrace, parking and more! Near parks & shopping (Edgewater & Ft. Lee)!



MOOD-KIDGE

\$439,000

A Stunning, Class-Act Tudor Colonial! Features LR w/fpl, DR, MEIK, 3 BRs (queen-sized!), 1 ½ baths, attic, full basement. 2 car garage. Fully updated, lovingly maintained, on a tree-lined dead-end street! Come and admire!

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