The Gazette

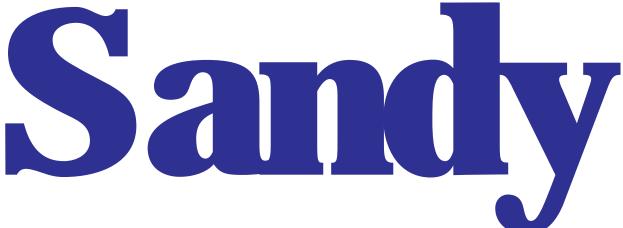
Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
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VOL. 9, No. 12 December 2012 ★★★★



"These are the times that try men's souls." Flooding, property damage, no power, no heat, gas line frustration, the emotional strain of living disaster. But we forge on -- one day at a time. When the going gets tough, the tough get going. Keeping in good spirits, we will get through this.



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> Holiday Calendar Pages 4-9

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Pages 15-19

Hurricane Sandy Pages 20-27 Seniors Today Pages 34-35

Veterans Day Activities Pages 36-37

Fire Department News Pages 38-39



On November 3, 2012, Hasbrouck Heights held a shredding event at the Central Avenue parking lot. Additionally, the satellite recycling drop-off container collected E-waste, newspapers, bottles and cans, etc.



Shadow's Hosts Service Dog Awareness Day

The first annual NJ Service Dog Awareness Day was held October 20, 2012, at **Shadow's Food Mart** on the Boulevard from 11 a.m. to 3 p.m.

Mickey's Kids Foundation, founded by Michele and Tom Meli, in association with Canine Assistants, formally presented their 2013 recipient,

Jakob Gibbemeyer, and his parents Lara and Alan, from Westfield. He will receive his service dog in January 2013.

Information about service dogs was available. Therapy dog, Liberty and Service dog, Blaze, Erin Bischoff, Corpus Christi Girl Scouts, HHFD and local officials also participated in support of the event. ###

OPEN HOUSE December 2

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Happy Holidays!

Corporate Accounts Welcome Order your Holiday Cookie Trays Early!

Taste of Moonachie II has been Postponed

The Taste of Moonachie II has been postponed until next year. All ticket money will be refunded. They will be having the event as soon as everyone gets on their feet. If anyone has a question, call Gail at 201-406-2788. ###

Rotary Beefsteak has been Postponed

The Mid-Bergen Rotary Club has postponed their Annual Beefsteak and Charity Fundraiser scheduled for Wednesday, December 5, 2012, at The Hasbrouck Heights Holiday Inn. A new date has not been set. ###

Free Lunch Program has been Suspended

Due to the damage in the kitchen caused by Sandy, the First Presbyterian Church of Moonachie has suspended the "First Saturday Free Lunch" program. ###

Moonachie EMS Cancels Fundraiser

Due to the damage caused by Sandy, the sale of wreaths, grave blankets and poinsettias scheduled for December 1, 2012, has been canceled. ###



The Religious Shoppe held an open house to celebrate their 6th Anniversary on November 3, 2012.

They offer a huge selection of angels, centerpieces, collectibles, ornaments, stocking stuffers, nativity sets, greeting cards as well as traditional religious items -- perfect for the Christmas Season! The Religious Shoppe is located at 220 Boulevard in Hasbrouck Heights. Phone: 201-288-4373. Website: www.thereligiousshoppe.com Hours: Tuesday - Friday 10 a.m. to 6 p.m., Saturday 10 a.m. to 5 p.m.###

Happy Holidays



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Gazette Newspaper Advertisers Wish You and Your Family A Wonderful Holiday Season

Christmas Concert

A Christmas Concert, featuring the Mark Howell Singers, glorifying God through Music, will be held Saturday, December 15, 2012, at 1:30 p.m. at the St. Joseph Church, 40 Spring Street, Lodi.

Cost is \$10 per ticket, \$15 at the door and \$25 for a family of four. For more information call 973-779-0643.

Proceeds to benefit St. Joseph Church and Adorno Fathers. ###

Christmas Carols Performed by Renowned Trio

The presentation and performance of Christmas Carols and holiday songs will be provided by the City Winds Trio. The concert will be held on Saturday, December 1, 2012, starting at 1 p.m.

It will include traditional carols, selections from The Nutcracker, and popular holiday songs. The whole family is invited to get into the holiday spirit. This free program will be held in the Senior Center meeting room at 320 Boulevard, Hasbrouck Heights.

The City Winds Trio is a distinguished classical music ensemble that performs concerts up and down the East Coast. They create a unique sound because of the unusual combination of instruments. The members include Crispian Fordham, flute; Meredyth Coleman, oboe; and Yuki Higashi, bassoon.

Bring the whole family. To register please call The Library at 201-288-0488. ###

Don't Drink and Drive

W-R Historical Society Presents Country Christmas

A bit of Wood-Ridge History will return on December 9, 2012, at 1:30 p.m., in the Arnault/Bianchi House on 111 First Street in Wood-Ridge.

The music at Rainbow's End, formerly on Hackensack Street, has faded away, but the Society, with the help of Tommy Roberts, David Frost and David Rimeles of "The Buckshot Band," will bring a bit of it back to you with their "Country Christmas" program.

Save the date to join the Society for an enjoyable afternoon. Refreshments will be served. Donations to the Society in support of their programs and projects will be gratefully accepted. ###

We Live, We Love, We Sing

St. John The Divine Church will be hosting a performance of "The Melochords" on Saturday, December 8, 2012, at St. John The Divine Church. Refreshments will be served at 7 p.m. and the performance will begin at 8 p.m. The cost for the show is \$15 per person.

"The Melochords" are a theatrical choral ensemble based in Montclair. Come for an evening of great music. For more information and tickets call the Church at 201-288-0002. ###

Cold Weather Tip
Be sure to turn
off your exterior
water faucet.

Singers and Actors Wanted for Musical

Calling all children and youth to help celebrate Epiphany! Children from ages 5 through 15 are invited to join us in preparing a performance of "Stars! Angels! Shepherds! Kings!" a children's Christmas musical

Singers and actors are needed! Costumers and set painters are also needed!

Rehearsals will be held by organist and choir director, George Moser, and Pastor Susan Nelson-Colaneri on Saturday mornings from 10 – 11 a.m., December 1, 8, 15, and 22, 2012, in the sanctuary of Holy Trinity Lutheran Church at 92 Burton Avenue in Hasbrouck Heights.

A dress rehearsal will be held on Saturday, January 5, from 10 a.m. to noon. The performance will take place during the 11 a.m. worship service on Sunday, January 6, 2013. A "Three Kings Party" will immediately follow the service to complete our celebration of Epiphany.

For more information, contact George Moser or Pastor Susan through the Church office at 201-288-6889. ###

Stories Behind Holiday Songs

On Wednesday, December 5, 2012, from 7-8 p.m., The Carlstadt Public Library will present "Stories Behind Holiday Songs."

Classical guitarist Phillip Lester will combine a live performance of popular holiday music with historical anecdotal information about the origins surrounding these songs. Refreshments will be served, and all are welcome to attend! ### Edie's Dance Factory Presents

North Pole Musical

Saturday, December 15, 2012 at 7 p.m. Hasbrouck Heights High School Donation: \$15

For Tickets Call: 201-438-2994 or 201-615-7738

A Christmas benefit performance with all proceeds to benefit Mickey's Kids Foundation

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Danson Jewelers Expands Showroom In Time for The Holidays



Danson Jewelers, long time fixture at the Boulevard and Williams Avenue, recently held a re-dedication ceremony, commemorating their newly expanded showroom. Danson Jewelers offers an exquisite line of diamond, gold, silver, platinum jewelry and watches. Lay-a-way available. Repairs.



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(l-r): Ruth Kubs, Ida Borroto, Carol Morgan, Ann Marie McCarthy, Kathleen Stopherd, Theresa Gilburn, Janice Glock

Rutherford: Woman's Club Donates Christmas Stockings

Once again the GFWC Woman's Club of Rutherford has joined in a state-wide project called Boatsie's Boxes, sending 30 Christmas stockings valued at \$20-\$25 to our combat troops in Iraq and Afghanistan. Each stocking includes items such as:

- Food, including hot chocolate mix, nuts, and trail mix;
- Travel toiletries like wet wipes, tooth brushes, tooth paste, bug repellent wipes, hand sanitizer, tissues, shaving cream, and razors;
 - Clothing such as crew

socks and black watch caps;

• Other items including a pre-paid \$60 phone card in each stocking.

The Club's contribution exceeded last year's donations. A personal greeting from the women of the club was included, so that each recipient knew who had sent them the stockings. We know that everyone appreciates what our armed services do overseas and are happy to provide some holiday cheer with much needed items. Photo courtesy of The Woman's Club of Rutherford. ###

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Blue Christmas

Remembering your losses this year, Pastor Kimberly wanted to be sure you knew about the opportunity to be with others who have lost loved ones, and to lift your feelings, whatever they may be, to the Lord

Due to Sandy, they will be gathering at Berry Creek Cafe on Moonachie Avenue for a Service in remembrance of those loved and missed at Christmas time. The service is on Sunday, December 9, 2012, Please call 201-438-5559 for details.

The service is focused on creating a sacred space for people who are living through dark times. Worship has a quiet, meditative feeling, holding out healing and hope through scripture reading, music, and candle lighting.

Linda Van Kampen will be inscribing names and memorial dates on special gift memorial ornaments for presentation during the service. If you would like to receive a memorial ornament, please note your loved one's name and date of birth and date of death, and return the information to the parish office at 190 Valley Boulevard, Wood-Ridge, NJ 07074. ###

Rutherford Community Chest Seeks Donations

The 66th Annual Drive of the Community Chest of Rutherford which supports local non-profit organizations began in October.

The Rutherford Boy and Girl Scouts, Rutherford Food Pantry, Rutherford Social Services, The Meadowlands Museum, Bridge Builder and Star Fish of Rutherford all currently benefit. Every dollar contributed stays in Rutherford.

Send donations to: The Community Chest of Rutherford, Inc., PO Box 263, Rutherford, NJ 07070. ###

Friendly Neighbors Needs Your Help

But especially at the Holiday Season — you can help. Friendly Neighbors has been assisting the welfare of Hasbrouck Heights and helping our neighbors in need for over 60 years. All information is confidential.

Please send your generous contribution to: Pat Boer, Treasurer, 307 Roosevelt Ave., Hasbrouck Heights. Friendly Neighbors is sponsored by the HH Council of Churches.

Breakfast with Santa in W-R

This year the "Breakfast with Santa Claus" hosted by the St. Anthony's Council 11585, Knights of Columbus in Wood-Ridge has a new location and a new menu. The event will be held at the Father Patrick Morris Hall in the basement of the Assumption Church.

Instead of pancakes, the knights will be serving bagels and buns; and instead of charging admission, any goodwill offering will be accepted to cover expenses.

The breakfast will take place on Sunday, December 16, 2012, from 8 a.m. to 1 p.m. Parents are encouraged to take their cameras along to take photos of their child/children with Santa. The breakfast is also opened to all the "Young at Heart." ###

Use caution with holiday decorations and whenever possible, choose those made with flame-resistant, flame-retardant or non-combustible materials.

Buy-A-Ribbon Feed The Hungry

As well as "Brightening The Boulevard," this annual appeal has generated thousands of dollars every year to benefit area food banks.

A \$10 contribution buys a bright red ribbon with your name on it, placed along the Boulevard beginning Thanksgiving until Valentine's Day.

Contributors simply complete the "Buy-A-Ribbon -- Feed The Hungry" form, listing their name, family, memorial, etc., with a limit of up to 30 characters. Forms are available at Bill O'Shea's Florist and Bruce's Floral Design.

Most ribbons are \$10, but generous folks can make a \$50 donation which provides a special breakfast and traditional dinner for Christmas or Hanukkah for a family in our neighborhood. Corporate donations of \$100 or more will receive a unique ribbon.

Ribbon placement in Hasbrouck Heights is done by the Knights of Columbus: Msgr. Fitzpatrick Council 7041. Placement along Valley Boulevard in Wood-Ridge is done by the Knights of Columbus: St. Anthony's Council 11585. ###

How the Grinch Stole Christmas

Don't miss out on Broadway's #1 Holiday Hit Musical! Join 55 Kip Center for our 2nd annual holiday trip to NYC.

On Thursday, December 20, 2012, we will leave 55 Kip Center at 9 a.m. to see "How the Grinch Stole Christmas" matinee performance at Madison Square Garden. Show time is 11:00 a.m.

Following the show we will head to Tony's Di Napoli Restaurant for a 5 course family style lunch. The bus will return to the center at 4 p.m. The cost is \$125. Space is limited. For more call Cathy 201-460-1600. All are welcome. ###

Heights Seniors Holiday Party

The Annual Holiday Party, sponsored by the Leisure Club, open to all Heights seniors, is scheduled for Monday, December 3, 2012, at the **Fiesta**, from noon to 4 p.m. Tickets are \$39 per person.

Payment should be made as soon as possible. Call Dotty at 201-288-0525 for details. ###

Coat Drive

The Board of Deacons of the First Presbyterian Church of Rutherford have partnered with Jersey Cares in support of their 17th Annual Coat Drive.

New or "gently used" winter coats for men, women, children and infants may be dropped off at the Church office through December 9, 2012.

Donations will be accepted Monday-Friday from 9 a.m. to 4 p.m. and Sundays from 8 a.m. to 11:30 a.m.

New Jersey Cares is a nonprofit organization that is part of the HandsOn Network, the largest volunteer network in the nation helping individuals, Churches and corporations answer the call to serve and create meaningful change in communities.

The organization's goal for 2012 is to distribute 50,000 warm coats to those in need. For more information visit www.jerseycares.org or www. handsonnetwork.org .

The First Presbyterian Church is located at the corner of Park Avenue and Ridge Road in Rutherford. For more information visit www.fpcrutherford.org or contact the Church office at 201-438-3569. ###



from Mayor Rose Marie Heck, Members of the Council and all Borough of Hasbrouck Heights Employees

TEB 19th Annual SOS Toy Drive

For the past 18 years, the and stocking stuffers, etc. Teterboro Airport community has come together to deliver holiday cheer to local families (mothers and children) who "...are victims of domestic violence. Consequently, these families have fled from their dysfunctional environments and are receiving ...safety, strength & hope..." at Shelter Our Sisters.

Together, we can continue the tradition of helping these families by providing them with a warm and loving holiday for 2012. Please join in donating new, unwrapped toys and gifts, such as: toys and games for children of all ages, chothing, books, electronics, non-violent music, videos and DVDs, gift certificates/cards, infant care items, holiday wrapping paper

> It's Flu Season Cover Your Cough Wash Your Hands

For inquiries or to schedule your donation pick-up, please contact holiday coordinator, Lauren, at 201-393-4080, or Kathy, at 201-288-1775, Ext. 222. You may also drop-off your donation at Airport Operations, 111 Industrial Avenue, Teterboro, NJ. The donation deadline is Friday, December 14, 2012. ###

Story Hour With Santa

On Monday, December 3, 2012, families are cordially invited to The Hasbrouck Heights Free Public Library Story Time with Santa. From 7-8 p.m., hear holiday stories, sing songs, and even meet St. Nick himself.

Bring your cameras for this unique photo opportunity to kick off this cheerful holiday

The Friends of The Hasbrouck Heights Library will be on hand to give children a special gift. Registration is required, and can be done in person, online, or by calling 201-288-0485. ###

the AHOF

Santa is scheduled to depart the North Pole at Midnight and is expected to arrive by helicopter at 11 a.m. on Saturday, December 8, 2012, at the Aviation Hall of Fame. Santa will have candy and gifts for the kids.

Bring your camera for this photo opportunity! Children under 6 (six) years of age will be able to meet and greet Santa Claus inside the museum free of charge, when accompanied by an adult.

The museum will open at 10:00 a.m. to accommodate expected interest in this special event, and the public is advised to arrive early in order to obtain good parking.

The visit of Santa Claus is presented annually by the New Jersey Aviation Hall of Fame & Museum, located at 400 Fred Wehran Drive, Teterboro, NJ. For more info call 201-288-6344. ###

Don't leave lit candles or fireplaces unattended.

Santa Visits HH Men's Association Christmas Tree Sale

The Hasbrouck Heights Men's Association will be selling Christmas Trees again this Holiday Season at St. John the Divine, at the corner of Franklin and Terrace.

They will be carrying an array of trees of various sizes and prices. This sale has been a Hasbrouck Heights holiday tradition for over twenty years.

The money raised goes to the HHMA Scholarship Fund that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. The Hasbrouck Heights Men's Association wants to thank area residents for their on-going support of their sale and they wish everyone a Happy Holiday Season. ###

Jr. Women's Club Pizza With Santa

The Hasbrouck Heights Junior Women's Club is sponsoring Pizza with Santa on Friday, December 14, 2012, from 6:30 p.m. to 8:30 p.m., at the Elf Building, 320 Boulevard. Cost is \$8 per person and includes photo opportunity with Santa (don't forget to bring your cameras), craft, goody bag, pizza, refreshments, entertainment, and raffle. For tickets, call Jen at 201-919-8136 or Ronnell at 973-393-8008. Proceeds benefit local charities and scholarships.

Holiday Decoration And Display Contest

Ho. Ho. Ho. Hop in your sleigh and join the fun. Check out Hasbrouck Heights' festive displays on The Boulevard and in your neighborhood with yards, homes, lamp posts and doors seasonally dressed for the holidays.

Judging is Saturday and Sunday, December 15 and 16, 2012, from 6 to 10 p.m., with final review on December 17, 2012 at 7 p.m. This annual tradition is sponsored by the Mayor's Celebrations Committee. ###

Community Tree Lightings

Carlstadt will hold their Tree Lighting at Borough Hall on December 6, 2012, at 6:30 p.m. ###

East Rutherford will hold their Tree Lighting at Borough Hall Park on Friday, December 7, 2012 at 7 p.m.

The **Hasbrouck Heights** Annual Tree Lighting at The Circle was held immediately after the Annual Holiday Parade on November 23, 2012. There was plenty of hot cocoa and snacks. ###

Little Ferry will hold their Tree Lighting on December 5, 2012, 6 p.m. to 8 p.m. in the Borough Hall parking lot. Santa will be available in the Municipal Building lobby. tree lighting on Friday, November 30, 2012, starting at 7 p.m. at Borough Hall. Holiday music will be provided by the Lodi HS Band and Choir.

Moonachie will hold their Annual Tree Lighting event (rain or shine) on Saturday, December 8, 2012, at 7 p.m., at Borough Hall. R. L. Craig students will sing Christmas Carols. Refreshments and photos with Santa will follow. ###

Wood-Ridge Annual Tree Lighting was on November 23, 2012, at Veterans Park, starting at 7 p.m. Christmas Carols were sung by Middle and High School Chorale. Santa was at The Gazebo to hear special secret wishes. Refreshments

Pet Photos with Mrs. Claus

FOCAS (Friends of the County Animal Shelter, Inc.) will be hosting holiday pet pictures with Mrs. Claus and a Special Holiday Gift Fair on Sunday, December 2, 2012, at the American Legion, 100 Liberty Street, Little Ferry, per photo is \$5. All pets are welcome. Pets should be up-todate on all shots and appropriately restrained. There will be refreshments, fabulous holiday gifts on sale for pets and people and a drawing each hour. Let FOCAS put some "cheer" in

were served. ### Bring your camera. **Lodi** will host its Annual

from 12 p.m. to 4 p.m. The cost

your holiday! ###

Jerry's Barber Shop

460 Boulevard, Hasbrouck Heights 201-288-5948



8 a.m. to 5:45 p.m. Tuesday -- Friday Walk-ins welcome



Dear Editor:

I am 8 years old. Some of my friends say there is no Santa Claus. Papa says "If you see it in The Sun it's so." Please tell me the truth; is there a Santa Claus?

Virginia O'Hanlon

Virginia,

Your little friends are wrong. They have been affected by the skepticism of a skeptical age. They do not believe except they see. They think that nothing can be which is not comprehensible by their little minds. All minds, Virginia, whether they be men's or children's are little. In this great universe of ours man is a mere insect, an ant, in his intellect, as compared with the boundless world about him, as measured by the intelligence capable of grasping the whole of truth and knowledge.

Yes, Virginia, there is a Santa Claus. He exists as certainly as love and generosity and devotion exist, and you know that they abound and give to your life its highest beauty and joy. Alas! how dreary would be the world if there were no Santa Claus! It would be as dreary as if there were no Virginias. There would be no childlike faith then, no poetry, no romance to make tolerable this existence. We should have no enjoyment, except in sense and sight. The eternal light with which childhood fills the world would be extinguished.

Not believe in Santa Claus! You might as well not believe in fairies! You might get your papa to hire men to watch in all the chimneys on Christmas Eve to catch Santa Claus, but even if they did not see Santa Claus coming down, what would that prove? Nobody sees Santa Claus, but that is no sign that there is no Santa Claus. The most real things in the world are those that neither children nor men can see.

No Santa Claus! Thank God, he lives, and he lives forever. A thousand years from now, Virginia, nay, ten times ten thousand years from now, he will continue to make glad the heart of childhood.

Francis P. Church, Published in The New York Sun, September 21, 1897

Annual Soup and Salad Luncheon

The Contemporary Club of Hasbrouck Heights will hold its Annual Soup and Salad Luncheon on Monday, January 14, 2013, from 12 noon until 1:30 p.m. at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights.

Tickets are \$8 per person. Take-outs will be available. Come and break the winter blues with some warm soup, warm friendship and conversation. Contact Marge at 201-288-8933 or Helen at 201-288-5116 for reservations.

The Contemporary Club is a member club of the New Jersey State Federation of Women's Clubs, a service organization dedicated to serving the needs of others one project at a time. ###

Holiday Basket Raffle

Now through December 11, 2012, The Friends of Lodi Memorial Library are sponsoring a Holiday Basket Raffle as a Library fundraiser.

The basket has a \$325 retail value and is filled with restaurant gift cards, wine, holiday decorations, Lindt chocolates, snacks and more for a holiday celebration. Raffle tickets are \$2 each for ages 21+. The raffle drawing will be on Tuesday, December 11 at 7:30 p.m. during The Library's holiday pajama party. For more information, visit lodi.bccls.org ###

HH Garden Club News

The Hasbrouck Heights Garden Club members wish everyone Happy Holidays and hope to see you in January 2013. There will be no meeting for December.

They have very interesting speakers this coming year and you are welcome to join them. Donna Cornelius, a member, will present two workshops. Raymond Edel from the Bergen Record will speak about Pests in the Garden and Steve Nowotarski, the consultant from White Flower Farm, will have a program on Dahlias.

Keep looking in **The Ga**zette Newspaper for these programs and come and join in 2013. They are always happy to welcome guests and new members. The HHGC meets on the third Thursday of the month at 6:45 p.m. They look forward to meeting you!

For further information contact Judy at 201-288-2615.

Keep Fire Hydrants Cleared of Snow

Area Fire Departments ask that when it snows, residents and businesses should make an effort to keep fire hydrants clear and accessible. ###

Art Association Meets Dec. 13

The Art Association of Rutherford will meet on Thursday, December 13, 2012, at 7:30 p.m. at the Tamblyn Civic Center, at the corner of Woodland and Wilson Avenues, Rutherford, NJ.

Interested amateurs and professionals are cordially invited to join for holiday festivities and upcoming opportunities to show and share work. For further information e-mail carin_peace@yahoo. com ###

Kip Center Offers Computer Classes

Computer classes for the beginner are now being offered at 55 Kip Center in Rutherford. The 3 week instruction will take place on Thursdays and Fridays from 10-12.

Cost is \$50 for 12 hours of instruction. You are also encouraged to use the computer lab at no charge at any other time that room is available. Maximum six people in the class. For more info call Cathy 201-460-1600. Class dates to be announced. ###

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Municipal Reorganization **Meetings**

Carlstadt: Tuesday, January 1, 2013, at 1 p.m., in the Council Chambers.

East Rutherford: Tuesday, January 1, 2013 at noon in the Council Chambers.

Hasbrouck Heights: Tuesday, January 1, 2013, at 11:45 a.m. in the Council Chambers.

Rutherford: Tuesday, January 1, 2013, in the Council Chambers.

Wood-Ridge: Tuesday, January 1, 2013, at 3 p.m., in the Council Chambers. ###

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HH Fire Dept. To Take Santa **Around Heights**

Santa's Schedule for December 23, 2012 Collins & Baldwin 4:00 to 4:20 p.m. Hasbrouck & Ottawa 4:30 to 4:50 p.m. Paterson & Burton 5:00 to 5:20 p.m. Oak Grove & La Salle 5:30 to 5:55 p.m. Oak Grove & Jefferson 6:05 to 6:25 p.m. Oldfield & Division 6:35 to 6:55 p.m. Cleveland & Summit 7:05 to 7:20 p.m. Cleveland & Woodland 7:45 p.m.

Any parent who cannot get a child to a Santa stop due to illness or handicap can make special arrangements by calling the Fire Chief at 201-288-0082.

East Rutherford FD Santa Around Town

Carlstadt FD

Open House Party

stadt children can meet Santa

and receive a treat and have

some cookies at the firehouse.

On Saturday, December 8, 2012, starting at 2 p.m., Carl-

On December 22 and 23, 2012, starting at 9:30 a.m., East Rutherford residents can meet Santa on their street. Be sure to listen for the Fire Department sirens. ###

Lodi FD **Santa Around Town**

On Sunday, December 23, 2012, starting at 9:30 a.m., Lodi residents can meet Santa on their street corner. Be sure to listen for the Fire Department sirens. ###

Moonachie FD **Santa Around Town**

On Saturday, December 22, 2012, starting at noon. Please wait on the street corners. Be patient, Santa has lots of boys and girls to visit. ###

WRFD **Santa Around Town**

On Saturday, December 22, 2012, the Wood-Ridge Fire Department will have pictures with Santa at the firehouse from 12:30 to 2 p.m. Starting at about 3 p.m., they will randomly escort Santa up and down every street in the Borough. Firefighters will hand out candy at the intersections. ###

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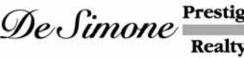


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About Christmas Trees

Tips on Selecting A Tree

Use these practical tips to be a more informed consumer and to ensure a great experience with your real tree:

- Be sure you know what size (height and width) you need before heading to the retail lot.
- Often, a tree obtained soon after its arrival will be fresh because it was cut recently.
- Needles on fresh trees should be green and hard to pull back from the branches, and the needle should not break if the tree has been freshly cut.

The trunk should be sticky to the touch. Old trees can be identified by bouncing the tree trunk on the ground. If many needles fall off, the tree has probably dried out and is a fire hazard.

- Look for other indicators of dryness or deterioration: excessive needle loss, discolored foliage, musty odor, and wrinkled bark. A good rule-ofthumb is, when in doubt about the freshness of a tree, select another one.
- Some species simply last longer and remain fresh much longer than others.

Consumer Tree Care Tips

When a Christmas tree is cut, over half of its weight is water. With proper care, you can maintain the quality of your displayed trees. Below are a number of tips relating to the care of displayed trees:

- Displaying trees in water is the most effective way of maintaining their freshness and minimizing needle loss.
- Make a fresh cut to remove a 1/4" to 1" thick disk of wood from the base of the trunk before putting the tree in the stand. Make the cut perpendicular to the stem axis.
- Once home, place the tree in water as soon as possible.

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- If needed, trees can be temporarily stored for several days in a cool location. Place the freshly cut trunk in a bucket that is kept full of water. The tree may need to be supported in some manner to keep it from tipping over.
- To display the tree indoors, use a stand with an adequate water holding capacity for the tree. As a general rule, stands should provide 1 quart of water per inch of stem diameter. Devices are available that help maintain a constant water level in the stand.
- Keep displayed trees away from sources of heat (fireplaces, heaters, heat vents, direct sunlight). Lowering the room temperature will slow the drying process.

The temperature of the water used to fill the stand is not important and does not affect water uptake.

- Check the stand daily to make sure that the level of water does not go below the base of the tree.
- Do not use additives in the water, including floral preservatives, commercial tree preservatives, molasses, sugar, bleach, soft drinks, aspirin, honey, and other concoctions. Clean water is all that is needed to maintain freshness.

Preventing Holiday Tree Fires

• Holiday Tree Fire Hazards -- Special fire safety precautions need to be taken when keeping a live tree in the house. A burning tree can rapidly fill a room with fire and deadly gases.

Typically, shorts in electrical lights or open flames from candles, lighters or matches start tree fires.

Caring for Your Tree

• Do not place your tree

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close to a heat source, including a fireplace or heat vent. The heat will dry out the tree, causing it to be more easily ignited by heat, flame or sparks.

- Do not put your live tree up too early or leave it up for longer than two weeks.
- Never burn any part of a Christmas tree in a wood stove or fireplace.

Holiday Lights

- Inspect holiday lights each year for frayed wires, bare spots, gaps in the insulation, broken or cracked sockets, and excessive kinking or wear before putting them up.
- Use of miniature lights will produce much less heat and reduce drying of the tree.
- Use only lighting listed by an approved testing labora-
- Do not overload electrical circuits.
- Always turn off the lights when leaving the house or when going to bed. Do not leave holiday lights on unattended.

Holiday Decorations

- All decorations should be nonflammable or flameretardant and placed away from
- Never put wrapping paper in a fireplace because it can throw off dangerous sparks and produce a chemical buildup in the home that could cause an explosion.
- If you are using an artificial tree, make sure it is flame retardant.

Candle Care

- If you do use candles, make sure they are in stable holders and place them where they cannot be easily knocked down. Never leave the house with candles burning.
- Never put lit candles on a tree.
- Do not go near a holiday tree with an open flame - candles, lighters or matches.
- Finally, as in every season, have working smoke alarms installed on every level of your home, test them monthly and keep them clean and equipped with fresh batteries at all times.

Know when and how to call for help. And remember to practice your home escape plan. ###

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The Final Moonshot

In celebration of the 40th Anniversary of the Apollo 17 flight to the Moon, the Aviation Hall of Fame announced that on Friday December 14, 2012, at 7:00 p.m. Joe Lennox, human spaceflight expert, will present a multi-media retrospective at the museum. Mr. Lennox will be using his unique film footage, models and space hardware to tell the story of the mission manned by astronauts Eugene A. Cernan, Harrison H. Schmitt and Ronald B. Evans. Mr. Lennox has one of the largest private space collections and has given many presentations throughout the New York metro area.

Admission to the event will be \$7 for adults, \$5 for seniors and children under 12.

Founded in 1972, the Aviation Hall of Fame & Museum of New Jersey is dedicated to the preservation of the Garden State's distinguished, two-century aviation and space heritage. ###

Cold Moon

The December full moon appears on Friday, December 28, 2012, at 5:22 a.m. and is called the "Full Cold Moon."

According to "The Farmer's Almanac," this month the winter cold fastens its grip, and nights are at their longest and darkest. It is also called the "Moon Before Yule."

The term "Long Night Moon" is a double appropriate name because the midwinter night is indeed long, and because the moon is above the horizon for a long time.

The midwinter full moon has a high trajectory across the sky because it is opposite a low sun. Other names for this moon include "Full Long Night Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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Holiday "Road Trip" Tips

Suggestions for Safe Holiday Travel.

- Before leaving, be sure to secure your house. Lock all doors and windows, and don't forget to set the alarm.
- Also, give your home that lived-in look to repel potential burglars by having a friend collect your mail, setting lights on timers and not leaving details of your trip on the answering
- Don't leave valuables in your car. Pack all items, especially brightly wrapped packages, in the trunk. If afraid of squashed bows, wait until you arrive to wrap the gifts.
- One tip for packing lighter is to ship your gifts to your destination ahead of time. Allow at least two to three weeks for your package to arrive, for the holidays are hectic times for courier services like UPS and Federal Express.

Plan Ahead

Holiday travelers are at a higher risk for accidents. Avoid peak travel days.

People leave on long trips on the last workday before the holiday to visit family and friends in what can be a stressful time – increasing the potential for fatigue.

- Plan enough travel time for your trip to include breaks.
- Plan your route before you leave and take along a map or GPS so you are prepared if you need to take a detour

or alternate route due to road conditions or accidents.

- Travel information Web sites and 5-1-1 telephone services provide estimated travel times, road and weather conditions, accident reports and other helpful information.
- Don't leave on a long trip after eating a large meal. Never drink and drive.

Drive Safely

- Buckle up and use child safety seats properly.
- Once on the road, drive carefully, patiently and stifle road rage. Indicate lane changes and give everyone plenty of room. Be forgiving when someone drives recklessly.
- Don't text or use your cell phone when driving.
 - Obey speed limits.
 - Don't tailgate. Be patient.
- Stay alert and minimize distractions.
- Avoid sudden stops and starts. Slow down when driving on snowy or icy roads where stopping distances are much longer. Leave more distance between your vehicle and the one ahead.
- Overall, try to make driving fun, and view it as part of the holiday, not as a chore. If traveling with children, get everyone involved by singing or reminiscing about favorite past holidays. The ride will be over before you know it, and you'll actually look forward to the drive back home. ###

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Investor Education Seminar

"You should know where every dollar, every penny is going at all times." This common sense approach to investment is one of the principles to be discussed at a unique free seminar at The Rutherford Public Library in December.

Sponsored by a grant from FINRA Investor Education Foundation, the program is being presented by Seton Hall University's School of Law.

One of the goals of the program is to help people avoid being defrauded by brokers or others. They will discuss how to pick an investment professional and what questions to ask before making a decision.

Potential investors are advised to get control of their finances before they invest by creating a budget, setting investment goals, and more. Think you've been the victim of an investment fraud? Do you need to know your legal options? Get answers to these and other securities questions on Tuesday evening, December 4, 2012, at 6:30 p.m. in the Library Auditorium.

Rutherford Public Library is located at 150 Park Avenue, Rutherford. Advance registration is required. To register for the program, please call The Rutherford Public Library at 201-939-8600, ext. 7.

Students from Seton Hall who are involved in the program are members of the Investor Advocacy Project, which is funded by a grant from the Financial Industry Regulatory-Authority Investor Education Foundation.

FINRA promotes responsible investing and represents those who have sustained monetary losses through broker fraud or negligence. ###

Computer Classes

Lodi Library will be offering free computer classes every Thursday morning in December, 2012. Classes are for Lodi residents only. Please register for classes in person with a refundable \$5 deposit at The Library, or call 973-365-4044 ext. 5 for more information. The class schedule is as follows:

- Email Setup Class: Thursday, December 6, 10 a.m.-11:45 a.m.
- Computer Basics: Thursday, December 13, 10 a.m.-11:15 a.m.
- Internet Basic Skills: Thursday, December 20, 10 a.m.-11:15 a.m.
- Microsoft Powerpoint Basic Skills: Thursday, December 27, 10 a.m.-11:15 a.m. ###

Cookie Decorating for Kids

On Monday, December 17, 2012, 3:30-4:30 pm, Lodi Library invites children from PreK to Grade 12 to transform plain sugar cookies into delicious works of art. We provide the cookies and toppings, and no registration required. ###

Holiday After School Crafts

Lodi Library hosts free drop-in holiday craft sessions from 3:30-4:30 p.m on December 3, 10 and 27, 2012, for children from PreK to Grade 12. Supplies provided to create holiday gifts such as keychains and bracelets. On December 27, create your own noisemakers and masks to ring in the new year. No registration required. ###

Learn to Knit

On Thursday, December 6 and Wednesday, December 19, 2012, 3:30-4:30 p.m., Lodi Library's Ms Reina leads a fun session on how to knit for Grades 2-12. Make a scarf gift for the holidays! No registration required and supplies provided.

HEALS Animal Rescue Group Presents HBO Film

On Saturday, December 15, 2012, from 2-3:30 p.m., The Lodi-founded animal rescue organization, HEALS (Helping Every Animal Live Society) presents a brief talk and free screening of "One Nation Under Dog." one-hour acclaimed HBO documentary. For more information, visit www.lovingheals.org ###

Book Buddies Decorate Cookies

On Tuesday, December 4 and 18, 2012, from 4-4:30 p.m., Lodi Library hosts a special Book Buddies program for children in Grades 2 and under.

Join for a one-on-one storytime with a teen volunteer and decorate sugar cookies with your buddy. The Library provides the cookies and toppings, and no registration required. ###

Ice Age

On Friday, December 28, 2012, at 3:45 p.m. all children ages 5 and up are invited to a screening of "Ice Age: Continental Drift" at the Rutherford Public Library. The movie is rated PG. No advance registration required. An adult caregiver must remain with any child under the age of seven for the duration of the film. ###

Big Band Era

The Wood-Ridge Memorial Library will present the program "The Big Band Era," on December 6, 2012, at 7 p.m. at the Wood-Ridge Senior Center. Take a break from the holiday stress and join this admission-free event.

This program is funded by the Horizons Speakers Bureau of the New Jersey Council for the Humanities, a state partner of the National Endowment for the Humanities. The guest speaker will be Stephen Marcone.

Please RSVP in advance by calling 201-438-2455, or just dropping by The Library. ###

Norman Rockwell Christmas

The Wood-Ridge Memorial Library will be displaying Norman Rockwell Christmas memorabilia during the month of December.

Come on in, sit in The Friends of the Library Reading room with a good book, and enjoy perusing the collection of Mr. Ed Pfeifer, the owner of the collection. Happy Holidays! ###

Indian Dance Show now Dec. 13

Lodi Library's Indian Dance Show has been rescheduled for Thursday, December 13, 2012, 6:30-7:30 p.m. because of Sandy. The Arya Dance Academy of Paramus, led by Sandy Amin-Clarke, presents a special Bollywood Dance program featuring students ages 4-12. All ages welcome and no registration required for this free program sponsored by The Eye Level Learning Center in Hasbrouck Heights. For more information, visit lodi.bccls.org or call 973-365-4044. ###

Free Movies

Lodi Memorial Library will be showing free movies for the month of December. (No refreshments will be provided). The schedule is as follows:

- December 5, Wednesday, 1:30-3:30 p.m.: "Hope Springs," Rated PG-13
- December 12, Wednesday, 1:30-3:30 p.m.: "Bourne Legacy," Rated PG-13
- December 19, Wednesday, 1:30-3:30 p.m.: "White Christmas" (1954). ###

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The Tiger's Wife

On Wednesday, December 12, 2012, from 7-8 p.m., The Carlstadt Public Library will host a monthly Book Discussion Group meeting.

This month they will discuss "The Tiger's Wife" by Tea Obreht. In a Balkan country mending from years of conflict, Natalia, a young doctor, arrives on a mission of mercy at an orphanage by the sea. By the time she and her lifelong friend, Zoìra, begin to inoculate the children there, she feels age-old superstitions and secrets gathering everywhere around her.

Copies of the book are available at The Library for patrons to take out. Refreshments will be served, and all are welcome to attend!

Call 201-438-8866 for more information or check the website, www.carlstadt.bccls.org. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

Holiday Pajama Party

On Tuesday December 11, 2012, from 6:30-7:30 p.m. Lodi Library hosts its annual holiday pajama party with live music, a special storytime and holiday treats. All ages are encouraged to come in pajamas or holiday attire and no registration is needed. For more information, visit lodi.bccls.org or call 973-365-4044. ###

Teen Programs @ HH Library

The Hasbrouck Heights Public Library is proud to sponsor the following activities for teens in Grades 6 thru 12 each month:

• Gaming Club – Meets every Tuesday 4-6 p.m.

Come and play cool card and board games! Role playing card games, such as Dungeons and Dragons and Magic: The Gathering and more can be enjoyed! This club welcomes new and experienced players.

• Teen Advisory Board – Meets the second Thursday 3:15-4:30 p.m.

Join and have a say at what happens at your Library. Refreshments will be provided. Here's a wonderful opportunity to make a difference and get involved with community projects.

• Teen Readers Club (TRC)

– Meets the fourth Tuesday
7-8:30 p.m.

Come participate in a book discussion group. You will get a chance to talk about books, eat, play games and make new friends! Stop by and pick up a copy of the book and start reading. Here are the meeting dates:

December 18— "M is for Magic" by Neil Gaiman

January 22—"Last Treasure" by Janet S. Anderson

For more details, call 201-288-6653. ###

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The Gazette Newspaper, are now available as black & white photographic prints and may be purchased at: http://gazette-newspaper.smugmug.com/



Students Investigate Pumpkins

The Kindergarten students at Euclid School were not discouraged by Hurricane Sandy. They came back to school ready to investigate every part of their pumpkin, before turning it into a Jack o' lantern. After marching in the parade they opened their pumpkin to find 476 seeds inside -- a surprise to all! Undaunted by the "slimy, yucky" feel of the inside, they counted the seeds, saving some to plant and others to be roasted in the oven. Everyone was pleasantly surprised by "how cool a pumpkin was to investigate!" Provided by Patricia McSweeney. ###



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Top Window Painters Recognized

The Boulevard in Hasbrouck Heights during late October where local businesses, in conjunction with the three grammar school PTAs, sponsored the 19th Annual Halloween Window Painting Contest.

Over 275 3rd, 4th and 5th Grade students painted a Halloween theme illustration on a space provided by Boulevard businesses on Wednesday, October 17, 2012.

Graphics were judged upon originality and artistic expression. Winners from each grade received 1st, 2nd and 3rd



Copy for the January Issue is due Dec. 10th.

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Area residents could stroll Place ribbons. All participants received ribbons.

> On Wednesday, October 24, 2012, the winners gathered at Bill O'Shea's Florist for a group photo.

> Parents commented, "On behalf of Corpus Christi, Euclid and Lincoln Schools, we would like to thank all of the merchants who participated in

our Annual Halloween Window Painting Contest.

This tradition is one that the children look forward to. It is wonderful to watch them as they create their masterpieces while bringing color and life to our Boulevard." This event is funded by the Hasbrouck Heights Chamber of Commerce. ###











Halloween Craft Event

The Free Public Library of Hasbrouck Heights sponsored a fun-filled afternoon for teens and adults to create a special Halloween-themed craft.

Using mini-pumpkins as a base, they created imaginative winged creatures, called bat-

Halloween treats were on hand to provide energy for the crafters. The craft project was held on Wednesday afternoon, October 17, 2012, from 3:30 to 4:30 p.m. in The Library's conference room. ###

Kids Enjoyed Pumpkin Patch as Sandy Loomed







The Junior Women's Club of Hasbrouck Heights invited all to attend the Pumpkin Patch, on Sunday, October 21, 2012, from 1 p.m. to 3 p.m. in Woodland Park. Children up to age 7 (in costumes or Halloween attire), picked and decorated a pumpkin. There were trick or treat stations, face painting, crafts, refreshments, etc. ###











A Postponed Trunk or Treat Outsmarted Sandy

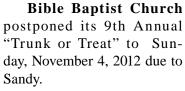












Over 300 children up to the 6th Grade had the opportunity to walk through the parking lot full of decorated automobile trunks, play games, get facepainted and fill their bags with goodies and special treats.

The Bible Baptist Church is located at 31 Passaic Avenue, Hasbrouck Heights. ###









Moonachie's Mystery 5K Outruns Sandy









The South Bergen Rotary Club held its 1st Annual Moonachie Mystery Run on Saturday, October 27, 2012. Starting line was outside the ball fields on Redneck Road.

 $\label{eq:theorem} The \ \ race\ started\ at\ 8\ a.m. \\ and\ "Fun\ Run"\ started\ at\ 9\ a.m.$

Course was USATF Certified and Sanctioned with Com-

puscore bar-code scoring.

There were prizes for top male and female overall, and top three finishers in each age group.

Also, prizes for best costumed male and female runner plus there were three prize winners for "Best Decorated House on the Course." There

was food, DJ and great give-a-ways.

Proceeds benefited Parent Project Muscular Dystrophy (www.parentprojectmd.org) and other local charities.

Details at www.compuscore.com and www.southbergenrotary.org ###













Ragmuffins Beat Sandy's Tricks

As the area was busy preparing for Sandy, Hasbrouck Heights, Moonachie and Wood-Ridge children managed to enjoy their annual Ragmuffin parades before Sandy arrived. Good thing they did, because Sandy forced Governor Christie to officially postpone "Halloween Trick or Treat" until Monday, November 5, 2012.













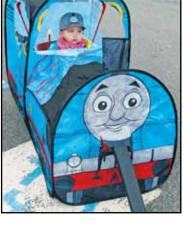




























Sandy Haunts Haunted Hall

Be scared ... Halloween Hall became even more gruesome and dangerous than be-

Down the twisting corridors of the Lost Maze, Deadly Dungeon and Swamp of Bodies... some never returned.

Although scheduled for October 27 through 31, 2012, at The American Sokol Hall in Little Ferry, a few performances were held, but Sandy cut the schedule short.

This annual program began in 2003 outside the Hall on









Cabbage Night. The next year

it was moved indoors. Between

800 to 1,000 enter the Haunted Hall each Halloween season. About 40-50 volunteers create

the sets and act out tableaus.

Materials are donated by local

businesses. The Little Ferry

Fire Department is on standby















Sandy Spooks Haunted Hill House













After being snowed out by last year's freak Halloween blizzard, Haunted Hill House brought back the Killer Karnivale in Wood-Ridge at Bianchi House Park on October 26-28.

A performance was held on October 26, but officials cancelled the rest of the schedule due to Sandy.

The event raised money for the Wood-Ridge Historical Society, plus they collected non-perishable food items for the Assumption food bank.

Many local students and residents were involved in the production -- writing a new script and creating new characters and sets to fit.

As connoisseurs of haunted houses for years, the cast always wanted to put on their own theatrically-oriented spin on the concept and bring it to a local level.

Since its inception, Haunted Hill House has been committed to "scaring up funds for a good cause" as well as making a different kind of art accessible to a local audience.

Sandy's Trick Delivers



Water receding at the front of the Moonachie Firehouse. Below, firefighters' cars in parking lot. Photos by Justin Derevyanik.





 $\label{little Ferry resident watches as flood waters recede. \ Photo provided by \ Gail \ Fitzgerald.$



Receding flood waters in Moonad





Force of the water pushed over Senior Center.



Force of the water moved this di Center.

Warnings Came

Forecasters predicted Sandy may be the worst storm to hit the Northeast in 100 years.

On Saturday, October 27, 2012, Governor Chris Christie declared a state of emergency as a result of the anticipated severe weather conditions.

The declaration activated elements of the State Emergency Operations Plan, broadening powers of the New Jersey State Police including traffic control, limiting access and egress from impacted areas and issuing evacuation orders if needed.

By Sunday, October 28, Governor Christie ordered evacuations of barrier islands, shut AC casinos, prepared to shut down NJ Transit, etc.

Utility companies predicted at least a million customers

The Week From Hell!



chie on October 31.





the fence behind the Moonachie



impster at the Moonachie Senior



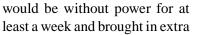
Moonachie firefighter showing flood level and mess at Headquarters on Wednesday, October 31.







Moonachie Fire Department HQ. Upper left corner was communications.



crews in preparation.

PSE&G secured 653 line workers from other utilities to assist PSE&G's 600 linemen and secured 526 tree contractors to clear damaged trees and limbs from power lines.

In addition to widespread electrical outages, PSE&G expected the heavy rain and predicted storm surge to result in gas outages. Water could enter the utility's gas distribution system, as well as flood customers' basements and gas appliances.

Local officials continued to prepare for the impact of high winds, rain, and possible tidal flooding from the Hackensack River. Due to the nature of the storm, along with the full moon and high tide – Hackensack Riv-

er flooding was very possible.

There was nothing affected Boroughs could do to prevent a tidal flood from over-topping the river bank, but the pumping equipment installed over the years would expedite the dewatering after the flood water receded.

Little Ferry pumping equipment, all pumps and generators were inspected throughout the week and everything was in working order.

By Monday, October 29, Little Ferry volunteers at the First Aid Building, helped distribute over 3,000 bags filled with 50 tons of sand. In comparison 35 tons of sand was distributed last year during Hurricane Irene. Sandbags were to supplement existing flood control methods (boarding windows, securing

outdoor furniture, etc.).

Messages were sent through reverse 911 operated by Bergen County OEM's Swift Reach.

In Lodi, the Boys & Girls Club, ravaged by \$1,000,000 of Irene damage, had installed flood resistant doors, water-proofed walls and installed new ejector pumps. They moved equipment to the second floor.

The Bergen County Animal Shelter and Teterboro Airport made preparations.

The Wood-Ridge DPW moved their equipment to higher ground on 14th Street.

East Rutherford opened the Civic Center as a shelter.

Little Ferry Mayor Raguseo and the Office of Emergency Management issued a message:

"• The next high tide will be at approximately 9:30 p.m.







Moonachie EMS & Rescue Squad personal cars. Water level reached this height.

cycles so the next high tide will occur at approximately 9:30 a.m. tomorrow morning.

- Effective immediately, there is no parking on the streets.
- If you experience flooding in your home, please call the Police Department at 201-641-2770 and they will dispatch the Fire Department to turn off utilities. It is important to remember flooding entails substantial water, not a trickle of water.
- If your basement floods, call the Police Department as they are keeping a list. The Fire Department will not begin to pump out basements until the water recedes.
- If power lines come down, do not touch them.
- If there is flooding, do not drive through the water. While it

tonight. Tides are in 12 hour might look shallow, you cannot cycles so the next high tide will be sure of the water's depth.

Additionally, the manholes might have popped off creating an additional hazard. Stay off the streets and only travel in emergency situations.

- If there is tidal flooding, do not play in the water in the streets. This is unclean water and not safe for human consumption.
- The emergency shelter at St. Margaret of Cortona Church has been opened in the event of evacuations. Pets are welcome. Please make sure you bring medications for yourself and your pets and food for your pets

As the storm gets stronger, please remain calm and be safe."

St. Margaret of Cortona was



Moonachie Mayor Dennis Vaccaro's first assessment of Borough Hall. The force of the water blew out one of the door windows. Water level still visible on the 1954 cornerstone. Borough engineer indicates that the force of the water twisted the back door.



Continued from page 21

opened as a shelter by 10 a.m. and Little Ferry CERT members were busy in the kitchen preparing chicken and potatoes. Fourteen cots were set up.

And so it Begins

On the afternoon of Monday, October 29, 2012, area firefighters reported to their respective headquarters for storm watch duty.

The storm winds stirred, then gusted, then blasted. Scanners continuously toned for trees down, broken power lines arcing, transformer fires, as fire departments raced from one scene to another. Power outages began like dandelions in spring. By the end of the storm, it would be a field.

We went to sleep that night, snug in our homes as hurricane winds pounded. There was little rain. But we were safe.

As with other departments, the Moonachie Fire Department went on storm standby at 5 p.m. Monday with about 20 members. They also were out operating at numerous emergencies across the town.

They received a call from dispatch at 11 p.m. to the Vanguard Trailer Park. A fallen tree was embedded in a mobile home. Firefighters pulled off debris, cut a railing to extricate the victim for Moonachie EMS for transport to the hospital.

They went back to HQ at 11:30 p.m. and all was in order. High winds continued and rain started to come down.

Disaster Strikes

Then the unthinkable happened. By midnight, a tidal surge overwhelmed berms in six places along the Hackensack River and in a matter of minutes, rivered through lower Carlstadt, Little Ferry, Moonachie and lower Wood-Ridge.

This situation never happened before and was totally unexpected.

While Moonachie firefighters were returning from a run, they noticed water rapidly rising on East Joseph Street heading into the town and right at Fire Headquarters.

Firefighters noticed that there was water starting to build in front of HQ closed bay doors.

The surge started to rapidly rise and started coming through doors and up from the drains. HO now had about 2 inches of water within 5 minutes.

With very little time to remove apparatus and personal items, firefighters picked up whatever they could and loaded the trucks. When they opened the bay doors to depart, there



was 2 to 3 feet.

Moonachie firefighters got into their trucks, started their engines, and departed, making a right turn down Moonachie Road. By now, the water was up to the fire trucks' windows.

As they headed south on Moonachie Road looking for first highest point, power lines were dropping behind the fire

The water rose so high and so rapidly, most of the town was under between 3 and 6 feet of water within an hour.

Moonachie firefighters commandeered a factory at 756 Washington Avenue in Carlstadt.

Fire Chief Victor Migliorino arrived and assumed command. He immediately called Bergen County Police Headquarters/OEM and asked for resources, boats, other fire departments, high axle vehicles for rescue. He also called NJ State Police Task Force.

Rescuers from the New Jersey State Police, the Bergen County Police Department's Water Search & Recovery Unit and all available personnel and equipment from the Bergen County Sheriff's Office responded.

Fair Lawn Rescue also brought a boat. Other depart-





First peek of Moonachie Borough Hall offices after the flood on Wednesday, October 31. Carpets and papers were like sponges and retained water. They are indicating the water level.







First view of Moonachie Police communications center. Below destroyed police cars are towed away.



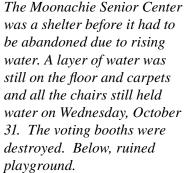








Like many businesses, Ace Hardware was in disarray on Wednesday, October 31 after the water receded.









The American Legion in Little Ferry was still cleaning up on Saturday, November 3. Legionnaire points to the flood's water level.

Continued from page 22

ments, most from East Bergen, were responding, as well.

Towns started showing up with boats -- about a dozen official boats, plus civilian personal boats.

National Guard soldiers arrived in 10 trucks from the Teaneck Armory.

Rescue Begins

Rescue began at midnight in Moonachie's trailer parks and continued in earnest.

Rescue crews were divided throughout the town. Starting at north end going south.

The tallest guys started walking through water with boats and began rescue, taking victims back to Washington Avenue HO.

Victims were rescued from the tops of mobile homes, second floor windows, pulled into boats, and wading through waist high water. Some were in their pajamas.

Every couple of minutes transformers were popping -- lighting up the sky. Rescue

workers were very concerned about being electrocuted by downed wires.

Residents in their homes with no power or light, felt the rapidly rising water on their bodies. They didn't know how high the cold water would go. Some forced their doors open and swam in the dark to neighbors. Refrigerators floating, windows getting blown out, people screaming.

Moonachie residents Billy and Gail Fitzgerald, related this story:

"Our daughter is on the phone, she is hysterically telling us about the water and horror that was enveloping her Little Ferry home.

She was saying, "I need to get the kids out now!" Looking out at the dry road in front of our house, it was difficult to envision the tsunami-like horror she was describing!

As we are trying to formulate a plan to get them to safety, we see the water rushing down our Moonachie street.

Oh my God, we are now both trapped in water! More

than our losses, the helpless feeling of not being able to do anything to help our daughter & grand kids was one of the worse moments of our life."

Moonachie first responders knew that most of their homes were severely flooded, and were concerned for their families, but kept on going.

Teams in boats and military trucks spent Tuesday searching door-to-door. About 3,500 were rescued by dusk Tuesday. Hundreds more were waiting.

Rescue workers just kept going with only short rehab

At about 8 a.m. the Moonachie Fire Department returned to Washington Avenue to regroup, rehab, then went back out. They had worked for 72 hours.

Power grid and gas was shut down by this time in some areas to prevent fires.

Also moved were evacuees who were displaced from St. Margaret of Cortona in Little Ferry, which became flooded.

In Moonachie, the initial

shelter was the Senior Center, but that also flooded, and they were transported to the Bergen County Vocational Technical School which was opened as a shelter. Some rescued citizens required medical attention and were taken to the hospital.

Vanguard and Metropolitan were hit hard. Trailers were knocked off their foundations. Toppled kerosene fuel tanks leaked into yards. Small electrical fires were now reported throughout the town with wires sparking in water-logged basements as power was restored.

Never Stops

Coincidentally, CBS had a remote unit set up doing a live feed on East Joseph Street, and smelled smoke and called in a fire at their location.

MFD was just leaving the Tech School to return to HQ to begin salvage operations when the fire call came in.

803 and 805 (the only units operational) responded and mutual aid was called. East Rutherford, Wallington and Little Ferry responded. Half of Moonachie's manpower was using minimal gear because it was lost in the flood.

The fire was at a mixed occupancy with first floor commercial, second floor residential. Fire started in mechanical room of first floor. As units arrived, first floor was well involved. First arriving fire companies made an aggressive attack and the fire was under control in 20 minutes.

Moonachie firefighters finally returned to headquarters to see total devastation.

Water levels in the firehouse were near 6 feet, causing severe damage to radios, computers, turnout gear, personal items, and several pieces of apparatus. This included their 1953 Ahrens Fox pumper, the apparatus which could not be removed in time due to the rapidly rising water.

In the parking lot -- their cars were destroyed. When they left Headquarters to go home, they found that just like everyone else, their homes were flooded and possessions lost.

As Moonachie EMS/Rescue members returned to their Headquarters, they also faced a similar circumstance. As did Little Ferry Fire Department members and Little Ferry Ambulance Corps members.

NJ State Makes Temporary Changes

Gas lines started on Tuesday and by the end of the week, cars backed up traffic for hours at the few gas stations that had gas and power.

On Saturday there was a state mandated restriction with odd/even final number license plates. Those with gas cans were not affected. Officials commandeered stations for emergency responders.

On October 31, Governor Christie postponed Halloween celebrations across New Jersey until Monday, November 5, 2012 as a result of continued unsafe conditions in the aftermath of Hurricane Sandy.

The New Jersey Division of Consumer Affairs deployed teams of investigators and issued subpoenas to 65 businesses across the State, intensifying its investigation into more than 500 consumer complaints about alleged price gouging.

On November 4, Governor Christie temporarily suspended Bergen County Blue laws.

Governor Tours Devastation

On Thursday, November 1, Governor Christie toured the extensive flood damage in Moonachie neighborhoods, meeting with residents, many who were taking their lost belongings to the curb.

Christie then met, thanked

Continued from page 23

and provided pizza to about 50 firefighters, first aid squad members and police officers at Securewatch 24 (a Moonachie Avenue business which is set to open in January 2013, and let the Moonachie Police and Fire Departments use their facility.)

Christie said, "You make us incredibly proud, and in a night where things were going to hell in a hand basket, you guys took care of business up here in Moonachie, and then you lost your Headquarters and your firehouse and your school."

On November 3, Governor Christie toured Little Ferry, followed by a press briefing at Saint Margaret of Cortona Church.

Damage Assessment

Moonachie Mayor Dennis Vaccaro said that morning, that the floodwaters destroyed the police station, fire department, civic center, Borough hall and ambulance squad buildings.

Little Ferry Borough Hall had 3 inches of water in the lobby and police department. No major damage reported at the Library. The First Aid building flooded. Mechanical equipment would probably need to be replaced.

St. Margaret of Cortona received about 2 inches of water, but it quickly drained away. After a quick clean up, it was re-opened and operational as a shelter by November 3.

Carlstadt Mayor William Roseman said water inundated most of the 970 business in the industrial region which account for 82 percent of the tax base, but residents did not lose their homes.

As of October 31, Hasb-rouck Heights Police placed barriers along Route 17 North to block left turns because traffic signals were inoperable. The DPW yard was flooded and operated under generator power for several days. About half of the Boulevard businesses were without power. More than 90 trees were felled. School was cancelled for one week. Regular polling places were open for election day.

Lodi was spared with the usual water devastation, but the heavy winds took a toll on the high school and an elementary school damaging roofs. The structures were deemed safe. Schools were closed all week. Power lines and utility wires throughout the Borough were down. Unlike Irene with 20 feet of flood water, The Boys & Girls Club had minimal water damage.

About half of the residents in Rutherford were without power. About 9:30 p.m. Monday, power lines rubbed against tree branches causing a fire,



Gas lines reminiscent of the 70s gas crisis. No restrictions for gas cans, but cars were sold gas based on odd/even license plates.



Moonachie Fire Department contaminated turn out gear. It has yet to be determined if it is salvageable.





Above, the communications area and bar have been removed to start work on tearing out the walls. Below, contractors removing debris at Moonachie Firehouse on Tuesday, November 6.

felling the tree, taking another tree and two electrical poles and upending sidewalks.

South Hackensack parking lots, industrial buildings and some streets near Rt. 46 and Huyler were flooded in 3 feet of water. Traffic signals in some parts were not working.

In Teterboro, Bergen County Technical on Rt. 46 was bustling with military vehicles and mini busses. The school became a command and evacuation center. About a half mile of Industrial Avenue was flooded. The airport was shut down for awhile. The Bergen County Animal Shelter parking lot was flooded, but the building was secure and all of the animals were safe.

Fallen trees, branches and downed power lines littered Wood-Ridge, with several traffic signals inoperable. There was severe flooding in the eastern lower section of town. The DPW was flooded, but the front line equipment was preevacuated.











By Wednesday, October 31, residents were starting the long process of cleaning up and throwing out. Extra trash pick ups were scheduled. And scrappers were out in force.

Schools Assess Damage

Wrecking books, supplies, rugs, furniture and equipment, Moonachie's R. L. Craig School (which serves 270+ children) was completely flooded with water rising to about 3 feet. About 100 students were temporarily bussed to the Wood-Ridge School system. They searched to find room for the other students. Temporary trailers will be used until the school is repaired, which should take at least 6 months to clean and repair.

In Little Ferry, The Memorial School had about an inch or two of water. The Washington School across the street had 3 feet of water with damage to five classrooms, bathrooms, part of the electrical room and the extensive damage to the gym. It was not condemned. Crews were called in to sanitize the buildings and conduct air quality tests.

Hasbrouck Heights schools were closed until power was re-











Scene at St. Margaret of Cortona Church in Little Ferry as truck loads of supplies were delivered to the emergency shelter in the gym. FEMA workers, Salvation Army and National Guard were in the parking lot when Governor Christie arrived on Saturday, November 3.



Moonachie R. L. Craig School Kindergarten classes were held at the Wood-Ridge Civic Center.



Donation drive held at the Hasbrouck Heights Fire Department on November 3.









40,000 pounds of pet food was delivered to the Bergen County Animal Shelter on Thursday, November 8.

Continued from page 24

stored on Monday, November 5. South Hackensack reopened on Thursday, November 1, although power was not fully restored.

Recovery Starts

By November 2, FEMA arrived for a preliminary assessment.

The State set up a hurricane help line at 1-877-652-1148. If you received a FEMA rejection letter, please reapply. The rejection may have been caused by applying for assistance before the disaster declaration was declared.

Power was slowly returning and residents/businesses were urged to turn the power off to their building. When the power returns and hits wet wiring, it can "pop" electrical equipment and may result in a fire.

On November 5, it was reported that the berms were repaired. Officials are waiting for the data and report on how high the tidal surge was.

On November 6, voting in Moonachie was moved to the Bergen County Technical School on Rt. 46. Little Ferry voting was held at Memorial School.

Immediate Help Begins

Wood-Ridge High School PTA took a collection of items that filled a school bus, for the Moonachie flood victims.

Donations were dropped of at the First Presbyterian Church of Wood-Ridge. According to Pastor Kimberly Chastain, those donations, along with others, filled four rooms to the ceiling. These donations were taken to the Moonachie Field House for distribution.

The Hasbrouck Heights Fire Department was a drop-off point for items being donated to the Moonachie/Little Ferry flood victims.

The Hasbrouck Heights Fire Department opened their doors to their neighbors in Moonachie giving their First Aid Squad volunteer workers a place to camp out, eat, sleep and shower.

According to Heights First Assistant Fire Chief Pat Hayes, a collection for those affected by the hurricane was taken up by rescue worker friends down in Pascagoula, Mississippi. It was delivered on Sunday, November 18.

When Hurricane Katrina hit the southern states years ago, the Heights Fire Department stepped in with supplies and a fire truck.

Relief of another kind came to New Jersey Saturday when an 18-wheeler filled with donated fire and EMS equipment from Chicago arrived at The





Continued from page 25

Bergen County Law & Public Safety Institute in Mahwah.

A tractor trailer filled with 40,000 pounds of emergency food and supplies designated for dogs and cats impacted by Sandy, arrived at the Bergen County Animal Shelter on Thursday, November 8. The donation was made by the American Humane Association and Mars Petcare US and distributed by American Humane Association's legendary Red Star Animal Emergency Services Team.

The Hurricane Sandy New Jersey Relief Fund is chaired by first lady Mary Pat Christie. Donations also can be sent by regular mail to the Hurricane Sandy New Jersey Relief Fund, PO Box 95, Mendham NJ 07945-0095.

Cleaning Up

Augmenting their existing force, Little Ferry and Moonachie brought in additional equipment and manpower for debris removal. They stressed that the cleanup is going to take weeks.

All new construction related debris, from the repairs, should be removed by the contractor.

Little Ferry residents were reminded to obtain building permits upon completion of the work. The goal is to get the work done ASAP. Use only licensed electricians, plumbers, etc. or a reputable company such a utility company. Make sure the materials (hot water heaters, etc.) are new - right out of the box - and not used. The Building Department will follow up with inspections later. A permit protects you and provides further documenta-



tion that work was completed.

Gas Appliances

As of November 8, 2012, in order to safeguard public safety, PSE&G started inspecting customer gas piping, metering equipment and appliances in 26 municipalities that were flooded as a result of Hurricane Sandy.

Towns affected included East Rutherford, Little Ferry, Moonachie, Newark, Rutherford, South Hackensack,

PSE&G needs entry and clear access to the gas meter area in customer homes to inspect gas facilities and equipment, such as gas water heaters and HVAC systems. If PSE&G cannot gain reasonable access to a customer's gas meter, the utility may turn off gas service until the equipment can be properly inspected.

Electric service must be restored to ensure proper operation of natural gas appliances. PSE&G will ensure that any flood-related hazards are appropriately identified during the inspection. This work is being done in conjunction with local construction officials, and will be occurring over the next several days.

During an inspection, PSE&G will:

- Repair or replace PSE&G's gas facilities that may have been impacted by flooding.
- Apply violation tags to gas appliances damaged from floodwater (damaged heating equipment and water heaters will be disconnected from gas piping).
- If PSE&G's inspection reveals that a natural gas appliance was exposed to floodwater, a violation tag will be issued, and gas supply to the appliance will be shut off or disconnected (gas heaters and water heaters) until the affected unit is replaced. PSE&G will not turn on or repair any gas appliances where flood water has reached the equipment controls. To remove the violation and correct any unsafe conditions, customers will need to:
- Have gas appliances replaced by a licensed plumber or installer that meets the requirements of the municipality or township.
- Have customer owned (interior) gas piping repaired by a licensed plumber or installer that meets the requirements of the municipality or township.
- Have the municipality or township local code officials complete inspections on all



and have told PSE&G). • Call PSE&G at 1-800-350-7734 to schedule an ap-

pointment for gas service to be turned on to verify that the violation has been corrected.

How did this Happen

A record surge of 11.9 feet was set Monday night at the mouth of the Hackensack River in Newark. The previous record was a 7.9 surge from a Nor'easter in December 1992.

Gale force winds, high tides and full moon pushed a surge of water from the Atlantic Ocean into Newark Bay and up the Hackensack into tributaries, including riser ditch.

Early Sunday night, water rose from 3 feet at low tide to 8 feet at high tide and reached 11.9 feet by Monday night, then to a low of 8 feet during the night.

Strong winds on Tuesday prevented the water from draining. The winds died down by Wednesday afternoon with water levels of 2 to 4 feet at the mouth of the Hackensack.

About 90 percent of the 14-town Meadowlands region is 2 feet or less from the mean tide water mark.

The marshland has 35 le-

vees, berms and tide gates, but didn't stop the water. It is protected by tide gates, drainage ditches, levees and berms and pump stations to control flooding. They were meant to curb flooding from heavy rainstorms. But many of those protective measures are decades old and in disrepair and no longer effective.

The level of flooding topped any flood management structure ever built in the Meadowlands Commission which overseas flood management for 14 towns.

Officials previously stated the water was so high it poured over the anti-flooding structures in the region. Tide gates were operational. Some tide gates were overtopped by the surge.

The ocean's high tide pushed the Hackensack River above its flood controls, sending a wall of water into the lowlying Meadowlands. Engineers think the water flowed over the top of the flood barriers into the town, then damaged the berms on the way out.

The National Weather Service labeled Sandy as a posttropical storm and not a hurricane for insurance purposes. The hurricane deductible does not apply. ###

Attention First Responders

Thank You

On behalf of the communities you serve,
we wish to express our deepest appreciation for your
extraordinary dedication and professionalism during this disaster.
With mutual aid, there were no town borders -- just a commitment to serve.
And you did so superbly.

As the storm unfolded, you were making multiple calls for downed trees and power lines and ambulance requests at a frantic pace.

Working under extraordinary circumstances and exhausted -you continued making every call for fire, CO, electrical problems
and medical issues to protect our life and property.
Particularly in Little Ferry and Moonachie, when you lost
everything -- your vehicles, facilities, equipment and supplies.

As flooding occurred, you rescued us.

When we lost power -- you lost power.

When we were cold -- you were cold.

When we lost our precious possessions -- you lost your precious possessions.

And yet, you kept going above and beyond the call of duty.

In our moments of hardship -- you were there for us.

We don't have first responders.
We have heroes.



Reflections

Finding Hope in a Hopeless Situation

By Rev. Bill Hegedus, Pastor Bible Baptist Church, Hasbrouck Heights

"Blessed are those who mourn, for they will find comfort (hope)." —Matthew 5:4

We all need hope. You cannot live without hope. Proverbs 18:14 says "No one can live with a broken spirit."

The issue then becomes "How do you have hope when something seems hopeless?"

It could be from our recent storm, a lost job, a broken relationship, a physical or emotional illness. How do you obtain hope in these situations? Let me share five Biblical truths that will help you find hope in your hopeless situation.

- First, to find hope remember that God has NOT forsaken you. We have to remember we are not alone in this world. God is with each of us. We all have times when we feel we are on our own. It is at that time we need to pray the Psalmist's Prayer: "Lord, as doubts fill my mind, as my heart is in turmoil, quiet me and give me renewed hope and cheer." Psalm 94:19 LB
- Second, to find hope don't forget God cares about you. The Bible is very clear that you matter to God, that God loves you. In Lamentations 3:21-23 we learn that "I have hope when I think of this: the Lord's love never ends. His mercies never stop. They are new every morning." Human love is conditional, but God's love is unconditional: therefore, it never ends. You want to know how much you matter? Look to the cross. "God showed his great love for us by sending Christ to die for you." (Romans 5:8)

• Third, understand this, God knows your situation. He knows your pain. He knows when you are hurting.

Psalm 56:8 says "You know how troubled I am. You have kept a record of my tears." You have heard people say, "Nobody knows what I am going through." God knows EXACT-LY what you are feeling. The Psalmist says "You have seen the crisis in my soul." (Psalm 31:7) You are so important to God that He knows exactly how many hairs are on your head. (Matthew 10:30) No detail of your life is unknown or of insignificance to God.

• Fourth, never forget God has power you don't have. The Bible tells us in Luke 18:27, "What is impossible for men is possible with God."

How? His power is unlimited. Like Abraham, when we feel hopeless and tired we need to focus on God's power. "When everything seems hopeless, Abraham believed anyway, deciding not to live on the basis of what he couldn't do, but on what God said he would do." (Romans 4:18)

God will give you the strength you need as you turn to Him, moment by moment and day by day.

• Fifth, and maybe most important, God has promised to help if you will turn to Him. You need to understand this universal principle. Things work better when they are plugged in to the power source.

During the recent Hurricane/Tropical Storm Sandy we learned first-hand how important the power source is.

I know God will not give me anything I can't handle. I just wish that He didn't trust me so much.

-- Mother Teresa

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117 Moonachie Road, Moonachie 201-641-4010 www.bazzarellirestaurant.com We could plug all of our appliances in, but we needed the source of power. Likewise, we can have the power source available to us but if we don't "plug in" the appliances and electronics, we are not going to work.

To have God's power available to us we must be connected to Him. Then, we will have a basis for real hope, being filled with "a spirit of power, love and a sound mind." (2 Timothy 1:7)

In the midst of wherever you are at this moment, turn to the God of Hope. Remember He has not forsaken or forgotten you. He knows your situation. He has the power to make a way, when there seems to be no way.###

Rosary Society of Corpus Christi Church

The women of the parish and community are invited to join their Christmas Gathering - always an enjoyable start to the holiday season.

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It will be at The Graycliff in Moonachie on Wednesday, December 5, 2012, at 6 p.m. Ticket price is \$40 and includes hors d'oeuvre, a fullcourse dinner with three entrée choices, dessert and coffee.

There will be a Tricky Tray and 50-50 raffle. To reserve your place, please call Linda Sproviero at 201-288-1246 or Kathy Murray at 201-288-6651.

There are no business meetings scheduled for December and January. The next General Meeting will be Thursday, February 7, 2013, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel.

They encourage the women of the parish to join the Rosary Society in prayer and service to the parish. Members are required to say one decade of the Rosary daily, attend monthly meetings, pray the Rosary for deceased members, and participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan at 201-288-7415 for further information. *Story by Carol Viceconte.* ###

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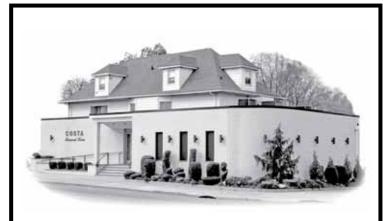
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Pat Collins and Pete Gallo serve up some hot dogs and burgers to some of the 200 that attended the annual picnic. ###



Alyssa Harms and cousin Madeline Nagel enjoy getting their hands painted by Ann of MadJac Entertainment

Assumption Parish Picnic

On Sunday, October 21, 2012, over 200 parishioners enjoyed the annual picnic at Our Lady of Assumption parish in Wood-Ridge. The members of The Knights of Columbus St. Anthony's Council 11585 cooked up a storm as they kept the hot dogs and burgers coming. Also enjoyed were the delicious hero sandwiches and salads provided by Dominick Azzolini of Pinacle Super Market/Catering. The "Pot Luck" dessert table was very popular as there were many varieties of cakes, cookies and other goodies that were supplied by a number of parishioners.

Young children were kept busy by Ann Del Rio and staff of MadJac Entertainment. Face painting, balloon animals, painting and cotton candy kept the children happy.

The annual parish 50/50 was held and the big winner of

over \$4,400 was Kristen Jones, a student at Rutgers.

The picnic followed the rededication and blessing of the statue of Our Blessed Mother Mary that was moved from the front of the school on First Street to the front of the Fr. Hayes Center on Second Street.

Pastor Fr. Rich Mucowski was extremely pleased with the turnout and the overall success. He made special a note of thanks to Mr. & Mrs. John Rosa for sponsoring the children's entertainment, Mr. John Podesta of Kohler Funeral Home for sponsoring the picnic, the Knights of Columbus (especially Ed Garrett) for their work at the picnic and to Jack Nagel who chaired both overseeing the raffle and the picnic.

It was a wonderful get together for the parish. Story and photos provided by Jack Nagel. ###

O Come All Ye Faithful!

Holy Trinity Lutheran Church in Hasbrouck Heights, in conjunction with The Lutheran Church of the Redeemer in Maywood, will hold three services on Christmas Eve. The two earlier services (Redeemer at 5 p.m. and Holy Trinity at 7:30 p.m.) will be family candlelight services of lessons and carols with a children's procession to the Crêche, Holy Communion and a special children's message, The True Night Before Christmas. The message is appropriate for young children and their families.

The evening will conclude with a Christmas Eve Candlelight Service at Holy Trinity in Hasbrouck Heights at 10:30 p.m. Pre-service music will begin at 10:15 p.m. and will be followed by a service of lessons and carols.

Special music will be provided by The Joyful Noise Ringers at the 5 and 10:15 p.m. services. Violin and vocal soloists will perform at all three Christmas Eve services.

On December 30, the first Sunday of Christmas, Holy Communion services of sacred words and joyous carols will be held at both Redeemer in Maywood at 9:15 a.m. and at Holy Trinity at 11 a.m. ###

PRAYER TO ST. JUDE

Oh Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to who God has given such great power to come to my assistance. Help me in my urgent petition. In return I promise to make your name known and cause you to be invoked. Say three Our Fathers, Hail Marys and Glorias

Publication must be promised. St. Jude, pray for us all who invoke your aid. Amen. This novena has never been known to fail. This novena must be said for nine consecutive days. J.M. ###

From the Porch: Winter Project News

Thank you to everyone for your continued support of the "From the Porch" ministries at Holy Trinity Lutheran Church in Hasbrouck Heights.

With your help, we have been able to provide assistance to those whose needs are greater than our own. Diapers were given to mothers in need, the toiletry items collected for St. Lucy's shelter in Jersey City and the hats and gloves for the homeless in Hoboken's shelters and lunch programs will be delivered shortly; and, following the devastation of Hurricane Sandy, the need for all of these items is even greater.

For the winter months, everyone is encouraged to contribute to any of the food bank sites in the area. The months after the holidays are particularly difficult -- food supplies are low and need to be replenished. Your contributions will be most appreciated.

The box on the porch at Holy Trinity, 92 Burton Avenue, will also remain on the porch throughout the winter for your contributions. If you walk regularly on Burton Avenue, you may want to consider bringing one item from your pantry each day and adding it to our box. So, watch for specials as you shop for your family – just a few items from each shopping trip does make a difference. Together, we are making a difference. It's God's work... in our hands.

If you would like further information call the Church office at 201-288-6889.

Rosary Society of St. Joseph Church

The Rosary Altar Society of St. Joseph Church in East Rutherford will have an Installation/Christmas Dinner at the Landmark in East Rutherford on Monday, December 3, 2012, at 6 p.m. Donation is \$28 with your choice of beef, chicken or fish for dinner and entertainment. Tickets are sold after all the Masses each week-end or please call Dolores at 201-939-5163. ###



Assumption Ministry Fair

Assumption Parish of Wood-Ridge held a Ministry Fair following all Masses on Saturday, November 10 and Sunday, November 11, 2012, in the Father Patrick Morris Hall. New Parish members were encouraged to visit the fair and become familiar with what the Parish has to offer.

This was a perfect opportunity to explore the many ways you can fulfill your calling to offer your time and





talent. Joining a Ministry is a wonderful way to enrich your life while sharing your gifts.

There was a children's table with crafts and fall fun as well as refreshments served. *Photos by Marie Gallo.* ###

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120 Hoboken Rd., East Rutherford • www.stjosepher.com Parish Office: 201-939-0457 • Emergency: 201-939-0391 Rev. Joseph J. Astarita, Pastor

Rev. Arokiadoss Raji, Parochial Vicar

Sunday Obligation Masses:

5:00 p.m. Saturday/Vigil 8:00 a.m., 10:00 a.m., Noon Daily Masses: (Church)

Mon. - Fri., 7:30 a.m., 12:05 p.m. Confession: Sat. 11:00 - 12:00 p.m.

Hasbrouck Heights

BIBLE BAPTIST CHURCH

31 Passaic, HH • 288-4139 www.biblebaptist.net Rev. Bill Hegedus, Pastor Sunday



8:00 a.m. Prayer Partners Meet 8:30 a.m. Early Worship Service (Traditional) 9:30 Discipleship Hour for all ages 11:00 a.m. Morning Worship Service (Contemporary) Evening Service as announced

CORPUS CHRISTI R.C. CHURCH

Boulevard & Kipp, HH Offices: 288-4844 • School: 288-0614 Rev. Msgr. Lewis V. Papera, Pastor

Rev. Raymond M. Holmes Rev. Juan Camilo Restrepo Deacon Vincent DeFedele **Deacon Paul Carris**

Sunday Obligation Masses: 5:00 p.m. Saturday (Chapel)

8 a.m., 10 a.m., 12

Daily Masses:

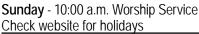
Mon.-Sat. - 8:00 a.m.

Reconciliation (Confession): Sat. 4-4:45 p.m. Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html School: www.corpuschristischool.net

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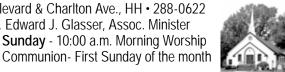
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92 Burton Avenue, HH • 288-6889 Rev. Susan Nelson-Colaneri, Pastor www.holytrinityhasbrouckheights.com Sunday

9:45 a.m. - Sunday Church School 11:00 a.m. - Holy Communion

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Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon Weekday: Mon., Novena Mass 7 p.m., Tues., Wed., Fri. 8 a.m. Saturday, and Civic Holidays: 9 a.m.

Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

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Sunday Obligation Masses: 5 p.m. Saturday 7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m. Filipino Mass, 3rd Sunday of the month at 1:15 p.m. Daily Masses: M-F 7:00 a.m., Noon • Sat. 7:30 a.m. Holy Day Mass Eve: TBA

Reconciliation (Confession): Sat. 4 p.m. Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE

221 Moonachie Road Church Office: 201-641-4919 Rev. Kimberly Chastain, Pastor Sunday

9:30 a.m. Children's Sunday School



Rutherford

ABUNDANT GRACE CHRISTIAN CHURCH

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Church Office: 201-933-1191

CHURCH OF ST. MARY

91 Home Avenue • www.stmaryrutherford.org Church Office: 201-438-2200 • Fax: 201-438-1098

Rev. Peter Wilkinson, Pastor

Sunday Obligation Masses: Sat.: 5 p.m. 7:30 a.m., 9 a.m., 10:30 a.m., 12 p.m.

Weekday Masses: M, W, F: 7 a.m., tu & Th. 8:30 a.m. Reconciliation (Confession): Sat. 4 p.m.

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Rev. Peter Wilkinson, Pastor Sunday

8 a.m., 10 a.m. Chapel • Fellowship follows Worship Church School: Sundays, 10 a.m. - Parish House

GRACE EPISCOPAL CHURCH

128 Passaic Avenue • 201-438-8623 www.grace-rutherford.dioceseofnewark.org Rev. Robert F. Browning, Jr.

RUTHERFORD CONGREGATIONAL CHURCH

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RUTHERFORD UNITED METHODIST CHURCH

56 West Passaic • www.rutherfordumc.org Church Office: 201-438-4486

Sunday

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Sundays Children's Class: 10:15 a.m. Daily Prayer Service: 6 a.m., 6:30 a.m., Fri. 8 p.m.

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Deacon Francis Materia **Sunday Obligation Masses:** 5:30 p.m. Saturday

8:00 a.m., 9:30 a.m., 11:00 a.m. Daily Masses: (Church)

Mon.,-Sat.: 7:30 a.m. • Holy Hour: Fri. after 7:30 a.m. Mass Sacrament of Penance: Sat. 4 - 5 p.m.

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For Safe and Easy Holiday Shopping – Used Right, Debit Cards Can Save Money

The growth of debit cards has confused some consumers regarding which is the better brand of plastic -- debit or credit. The use of debit cards has become so widespread that their volume has overtaken or entirely replaced checks and, in some instances, cash transactions.

All in all, growth in the use of debit cards is a positive development. Each debit card purchase represents a balance that is not being financed on a credit card. Every year, scores of holiday purchases linger on a credit card statement long after the holiday cheer has subsided, generating finance charges throughout the New Year, and possibly longer.

With the debt load of many American consumers rising and job losses mounting, the use of debit cards restricts the purchases to those items consumers can pay for right now.

Drop the Debt Habit with Debit

For those carrying a debt load, debit cards are a wise choice. Using a debit card requires some discipline -- some forced and some not. For starters, the money must actually be in the account prior to the purchase. Unlike credit and charge cards, payments using a debit card are immediately transferred from the cardholder's designated bank account, instead of them paying the money back at a later date.

Second, just as with ATM withdrawals, the consumer must be particularly diligent about noting such purchases in their check registers. Failure to do so will eventually result in a bounced check and trigger the nasty nonsufficient funds (NSF) fee.

In addition to avoiding finance charges, the consumer is likely to rein in spending by foregoing the "buy now, pay later" attitude. Further, the majority of institutions do not charge for debit card transactions, making this a no-cost way to practice some financial discipline. Such attributes make using debit instead of credit a sensible, and moneysaving, alternative. ###

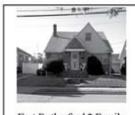


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Phil Rottini being presented with plaque from Club Secretary Dennis Brubaker; Club President Bob Riccardella looks on.

W-R Lions News

The Wood-Ridge Lions Club has had a very busy fall season and successful beginning to their 2012-2013 year.

The Club again participated in the Lions International Peace Poster contest. Under the direction of Lion Rich McCullough, students from the Ostrovsky School in Wood-Ridge and the Robert L. Craig School in Moonachie provided the Club with posters.

The winners from each school received a \$100 check from the Club. The winning local posters will now go on to district judging and those winning posters go to the International Judges. The International poster winners receive recognition at the United Nations.

The Annual Charter Night celebration on October 18, 2012, was a very special night. Long time Club Member Phil Rottini was nominated for special recognition as a "Lifetime Member" of the Club and Lions International.

He was presented with a letter from Lions International, and a plaque from the Club. He also received a joint resolution, recognizing not only his service as a Lion but also for his many other charitable and civic contributions, from the NJ State Senate and Assembly initiated by Senator Paul Sarlo. The Club had a special cake (*Mills Bakery*) celebrating the club's 73rd anniversary and Phil's 90th birthday.

The Club has continued their annual Thanksgiving food drive. Under the leadership of Chairman Joe Solda, the Club has over the past 14 years increased their donations from 5 turkeys to 100 turkeys and baskets of fixings. These were delivered by Chairman Solda to the Bergen County Food Center in Hackensack in time for Thanksgiving.

Over the past 6 years The Wood-Ridge Lions Club has donated over 3 tons of turkeys to this organization to help needy Bergen County residents. Locally, the Club has made a significant monetary contribution to Susan Frattarelli of the Local Assistance Board to help needy Wood-Ridge residents. CLUB MEMBERS are never made

aware of who receives this aid but are proud and pleased to be able to help so many in need in these extremely difficult financial times!

Plans are now well underway for the largest fund raising event (one of the largest in the state) that the Club holds, their 28th Annual Beefsteak Dinner/Sports Night. Tickets (\$60 each) for February 1, 2013 have been distributed to those who have arranged full tables or multiple ticket sales last year. Please contact the person who arranged your ticket purchase last year. The basic format of the evening will be the same as previous years.

The dinner will be held at The Three Saints Center, Outwater Lane in Garfield. Giresi's of Lodi will handle the catering.

The menu will include a pasta course, plenty of filet mignon (chicken available on request in advance), fries, beer, wine and soda. We will have our pick the champs contest (grand prize \$2,000), football throw, trivia contest, and more!

The Grand Door Prize (chance included with your dinner ticket) will again be a cruise voucher of \$3,000 from Cruise Holidays, located at The Mall at IV in Paramus. This voucher can be applied to any of hundreds of cruises they have available. We also expect to have a trip to Atlantic City, a flat screen TV, restaurant gift certificates and several pairs of tickets for a Yankee game in a luxury box at Yankee Stadium next season as part of our free door prize drawings.

Reminder, the entire building is "Smoke Free" and bringing in liquor from outside is prohibited!

The dinner is already a virtual sell out. Make your reservations with the person that sold you your ticket last year. Tickets not paid for by January 17 are subject to resale. ALL tickets must be paid for in advance. ALL seating is assigned and tickets will not be available at the door. Please call event Chairman Jack Nagel at 201-641-2803 or email janpro911@ aol.com Story and photo provided by Jack Nagel. ###

Change of Command and Awards at Teterboro Composite Squadron

The Teterboro Composite Squadron of the Civil Air Patrol held a Change of Command Ceremony on October 2nd. Major Varghese Kavanakudiyil assumed command of the squadron from Lt. Col Kevin Sands.

Col. Sands has been the commander of the Teterboro squadron for over eight years. In those eight years he has led squadron members through many missions, training exercises, and events, including the Teterboro Wings & Wheels show held every year at the airport. Col. Sands is also an instrumental member of the Group 221 command staff.

Newly promoted, Major Kavanakudiyil began his CAP career in May of 1989. Since then, he has held many positions in his 24 years in CAP. He has been a squadron member in New York Wing as well as working at the Group level in New York. When asked what his plans were for the squadron, Maj. Kavanakudiyil commented that he would like to see growth of the cadet membership and increase participation from senior members in the form of mentoring and guid-

The evening also consisted of awards and promotions for several squadron members.

Cadet Captain Roman Birchwale received his Amelia Earhart Award along with a challenge coin from Lt. Col. Sands. Lt. Col. Sands was



(l-r) Lt. Col. Kevin Sands, outgoing Teterboro Composite Squadron Commander, Maj. Carol McCloud, Group 221 Commander, and Maj. Varghese Kavanakudiyil, incoming Squadron Commander pose for a photo after the Change of Command Ceremony.

presented with a Meritorious Service Award by Major Carol McCloud, Group 221 Commander, for his eight plus years of service as a squadron commander. As a result of passing his promotion board, former Captain Kavanakudiyil was promoted to Major during the evening's events.

Brothers Andrew and Phillip Betts also received promotions to the rank of Cadet Technical Sergeant and Cadet Airman First Class, respectively.

Teens and adults interested in joining the Civil Air Patrol can visit www.gocivilairpatrol. com, and enter their postal code to find local units.

Find more information about the Teterboro Composite Squadron on the unit website at http://group221.njwg.cap.gov

The Civil Air Patrol, the

official auxiliary of the U.S. Air Force, is a nonprofit organization with 58,000 members nationwide. CAP performs 90 percent of continental U.S. inland search and rescue missions as tasked by the Air Force Rescue Coordination Center and was credited by the AFRCC with saving 91 lives in fiscal year 2008.

Its volunteers also perform homeland security and disaster relief missions at the request of federal, state and local agencies. The members play a leading role in aerospace education and serve as mentors to the more than 23,000 young people currently participating in CAP cadet programs.

CAP has been performing missions for America for 68 years. Story and photo provided by Eric Santos, Captain, CAP. ###

W-R Memorial Foundation Dinner Honors Six

The Wood-Ridge Memorial Foundation will hold their annual dinner dance on Friday April 19, 2013, at the **Fiesta**. The funds generated at this event have become instrumental in the Foundation's ability to maintain the scholarship awards made in June.

The selection committee chose four individuals and one couple that have made a significant impact in the community to recognize at the dinner.

• Don Rodriguez – a resident of Wood-Ridge for over 60 years. He and his wife, Irene, have raised 3 children. He has worked at Kearny Federal Savings Bank (formerly South Bergen Savings) for over 32 years. He has served as branch manager in the Wood-Ridge office for the past 16 years. Don has been a part of the Memorial Foundation for over 25 years. His primary responsibilities have been to oversee the entire scholarship application and judging process and financial advice. He has also been a member of the Assumption Choir and other ministries.

• Joe Biamonte Jr. – a lifelong resident of the Borough, he attended all of the public schools. He has been a member of the Wood-Ridge Police Department for 18 years and presently works in the detective bureau and as the DARE Officer. He is in his second term on the Wood-Ridge Board of Education. He and his wife, April, are the proud parents of four children.

• Bob Rechionne – married with two children, Bob a graduate of William Paterson College with a masters degree from Montclair State, has been in the Wood-Ridge Public School system since 1974. He began as a social studies teacher. After 12 years he became the District's Child Study Team Coordinator and Social Worker. In 1996 he was chosen to be principal of The Gretta Ostrovsky School. He continued as the CST Coordinator until this past year.

• Raf Nazar – a truly American success story. Raf immigrated from Iran in 1961. He began working at the **Fiesta** in 1963 in the kitchen. Today he is president and a part owner of the Fiesta, one of the most successful banquet halls in the area. There isn't an organization in Wood-Ridge that hasn't benefited from his commitment and generosity to the community. He has been married for 42 years and has 3 children.

• Jerry & Louise Lanzerotti – are being recognized as a couple. They have been married for 34 years and have 3 children. Jerry is the owner of Lyndhurst Pastry Shop. He has been involved with girl's soccer and softball for more than 15 years. Louise has worked at The First Presbyterian Nursery School for 28 years. She has been a Girl Scout leader in Wood-Ridge for over 25 years. She has assisted with the High School for the past 15 years.

Tickets are \$75 each and available in February. There will be a full course dinner with beer, wine and soda included. Entertainment will be The Alan Quinn Orchestra. For tickets call Jack at 201-641-2803 or email janpro911@aol.com ###

Real Estate Insight

By Mary Ellen Courtney



Improve Home Value & Avoid Feeling Powerless

My heart goes out to those who suffered the impact and aftermath of Sandy's coming. I know people in this area whose lives, homes and property were literally torn apart by this terrible storm.

My own story is much more mundane; we -my husband, I and 2 dogs - were without heat and electric power for 8 days. Certainly no great tragedy (especially when compared to the harm and damage endured by countless others, less fortunate), but pretty traumatic nonetheless.

Stressful enough, in fact, to get us thinking about the next disaster event. That's why we're resolved now to get a home generator.

Since I've been studying the subject a lot lately, let me share my research with you.

First, choosing a generator; let's go over the different types that are out there. Home generators can be portable or stationary (standby) and run on a variety of fuels, gasoline, diesel or natural gas.

Portables are relatively cheap (you can buy a 4000W for under \$500) but they have a short run time and you'll need to refill the tank several times a day if you run them continu-

Having seen the long lines of pitiable people waiting to fill their cans at the stations recently, I know this type generator is definitely not suitable for prolonged blackouts.

For long-term emergencies, I think you really need to get a standby set.

The main differences between the portable and the stationary are, of course, their connection and activation.

A portable device has to be rolled out from storage, filled with fuel or hooked up to a fuel line, manually started and connected to your loads.

A fixed standby generator by contrast is already connected to both the house wiring and the fuel source. Therefore it can start immediately either by the push of a button or automatically.

Automatic systems have an auto transfer switch. It can sense a power outage, isolate your electrical wiring or designated emergency circuits from the grid and start the machine.

When the grid voltage is restored, such a system will connect you back to the utility lines and will turn itself off. You don't even have to be home to activate it.

In addition to the convenience of an auto starting option and practically infinite run time (though, you may have to change the motor oil periodically), a permanently connected standby system offers power levels higher than the portable.

Its rating ranges anywhere from 5 kilowatts up to hundreds of kW. All this makes it the best house generator for power outages, especially the long-lasting ones like those we've been experiencing lately (and are likely, I think, to see again). Of course, it's more expensive and requires professional installation but, hey, think of the value it'll add to vour home!

As a realtor and property owner (who no longer takes convenience & comfort for granted) I see it as today's necessary capital improvement!

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

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Hurricane Sandy Survivors: Be Aware of Scam Artists

Hurricane Sandy survivors should be alert to the possibility of fraudulent building contractors and other con artists angling to get their hands on some of the state and federal recovery dollars survivors have received in disaster assistance.

Asking just a few questions can save survivors a lot of heartache. The most common post-disaster fraud practices include fraudulent building contractors, phony housing inspectors, bogus pleas for disaster donations, and fake offers of state or federal aid.

Anyone suspecting fraud

should call the FEMA Disaster or Chamber of Commerce to Fraud Hotline at 1-866-720-5721.

The following list of consumer safety tips can help homeowners and other survivors spot fraudulent activity:

- There is never a fee to apply for FEMA disaster assistance or to receive it.
- There is no fee for FEMA or U.S. Small Business Administration property damage inspections.
- Government workers will never ask for a fee or payment. They wear official badges. Watch out for middlemen who promise you will receive money, especially if they ask for an up-front payment. FEMA inspectors carry the registration number assigned to the applicant at the time they register.
- Get three written estimates for repair work. Then check credentials and contact your Better Business Bureau

check complaints against the contractor or business.

- Before work begins, obtain a written contract detailing all the work to be performed, costs, a projected completion date, and procedures to negotiate changes and settle disputes.
- If the contractor provides any guarantees, they should be written into the contract clearly, stating what is guaranteed, who is responsible for the guarantee and how long the guarantee is valid.
- Pay only by credit card which allows you to dispute a payment later if it turns out to be fraudulent. A reasonable down payment may be required to buy materials for some projects, but do not pay for anything without a signed contract.

To register for FEMA assistance, go online to www. DisasterAssistance.gov or m.fema.gov with a smartphone or web-enabled device.

To register by telephone, call 800-621-3362 or for TTY users call 800-462-7585. The lines are open 24 hours a day, seven days a week. Multilingual operators are available. Source: fema.gov ###

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Mt. Airy Trip

AARP #4115 of Wallington is sponsoring a trip to Mt. Airy on January 24, 2013. Not to early to book your seat. Cost is \$27 with \$25 slot dollar return and \$10 food coupon. Call Vivian 201-939-6963 or Eleanor 201-935-2541. ###

Carlstadt Senior **Friendship Club**

The Carlstadt Senior Friendship Club meets on the first and third Wednesdays of the month at the Civic Center. Refreshments are served at 1 p.m., with the meeting commencing at 1:30 p.m.

The Carlstadt Borough Nurse will be at all the Senior Club meetings and will administer blood presssure readings free of charge.

Their Christmas party will be held December 11, 2012, at the Landmark at 6 p.m.

For more information call Dolores at 201-939-5163. ###

Vic's Hoofers **Auxiliary**

The Vic's Hoofers Auxiliary is a women's social club that meets the first Thursday of the month at the Carlstadt Civic Center. Meetings are held at 7:30 p.m. and an evening of fun and games are enjoyed. Refreshments are served and new members from Carlstadt, Wood-Ridge, East Rutherford, Wallington and surrounding towns are invited.

On December 6, 2012, they will have a Christmas party at Il Cafone's in Lyndhurst at 6 p.m, BYOB. Call Dolores 201-939-5163 for details. ###

Lodi Seniors Club Seeks New Members

The Lodi Senior Citizens Club is open every Thursday for recreational purposes to anyone 55 or older who lives in Bergen County, including all neighboring towns.

Recreational choices are senior yoga from 11 a.m. to noon, followed by Bingo at 1 p.m. Line dancing starts at 1 p.m. Games, ping pong, billiards, cards, or bocce in season or, you can just sit and chit chat.

For members, the charge for a Thursday visit is 50 cents. The membership fee is \$10 per year. The cost for the day is \$2 pp. Refreshments are served. You do not have to be a member.

Details for the December 7, 2012 Christmas Party are being planned. For more information about the Club, call Rosalie at 973-340-9091. If you need a ride, call Reini at 201-982-0051. ###



Filling You In

By Jeffrey E. Mason, D.M.D.

Oral Health and Your Heart

Researchers are finding possible links between periodontal infections and other diseases throughout the body. Current studies suggest that there may be a link between periodontal (gum) disease, heart disease and other health conditions.

Studies suggest that people who have gum disease seem to be at a higher risk for heart attacks, although no one is certain how this relationship works. Your oral health affects your overall health, but the studies that will find exactly why these problems are linked are still underway.

One current theory is that bacteria present in infected gums can come loose and move throughout the body. The same bacteria that cause gum disease and irritate your gums might travel to your arteries.

Researchers are unsure what causes the bacteria to become mobile, but it has been suggested that bacteria can be dislodged and enter the bloodstream.

Research shows that risk varies according to the level of gum infection. The worse the infection, the more likely the bacteria are to become bloodborne. Infected gums bleed, making it easier for the bacteria to enter the bloodstream.

Once the bacteria reach the arteries, they can irritate the arteries the same way the gums are irritated. This may contribute to arterial plaque which results in reduced blood flow through the artery. The arterial plaque can break loose and cause a heart attack or stroke.

Your best protection is to keep your mouth healthy. Your dentist can maintain your periodontal health. Although, there are few symptoms that indicate periodontal disease, your dentist may use many treatment strategies to help control or reverse gum disease.

The most effective effort is your own. Brush and floss to remove the plaque between teeth and below the gum line. This will help minimize the chance of getting gum disease. And when you see your dentist, ask about your periodontal status.

Ref: Academy of General **Dentistry**

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



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About the Flu

How Flu Spreads

People with flu can spread it to others up to about 6 feet away. Most experts think that flu viruses are spread mainly by droplets made when people with flu cough, sneeze or talk.

These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth or nose.

To avoid this, people should wash their hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub. Linens, eating utensils, and dishes belonging to those who are sick should not be shared without washing thoroughly first. Eating utensils can be washed either in a dishwasher or by hand with water and soap and do not need to be cleaned separately.

The Flu Is Contagious

Most healthy adults may be able to infect others begin-

ning 1 day before symptoms develop and up to 5 to 7 days after becoming sick.

Children may pass the virus for longer than 7 days. Symptoms start 1 to 4 days after the virus enters the body.

That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Some persons can be infected with the flu virus but have no symptoms. During this time, those persons may still spread the virus to others.

What Should I Do If I Get Sick?

If you get sick with flu-like symptoms, you should stay home and avoid contact with other people except to get medical care. Most people with the flu have mild illness and do not need medical care or antiviral drugs. However, some people are more likely to get flu complications and they should talk to a health care provider about whether they need to be examined if they get flu symptoms. Source: www.cdc.gov ###



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December 2012 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, December 3, 10, 17, 24

 $10{:}00$ a.m. to $1{:}00$ p.m. Games, cards & coffee

11:00 a.m. Mahjong

10:00 a.m. to 3 p.m. Senior Lounge open to all

Tuesday, December 4, 11, 18

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Card Game Night

Wednesday, December 5, 12, 19, 26

10:00 a.m. Games, cards & coffee

2:00 p.m. Senior Aerobics \$1.00

10:00 a.m. to 2 p.m. Senior Lounge open to all

Thursday, December 6, 13, 20, 27

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

10:00 a.m. to 2:00 p.m. Senior Lounge open

Friday, December 7, 21

10:00 a.m. Games, cards & coffee

10:00 a.m. to 1 p.m. Senior Lounge open to all

1:00 p.m. Zumba Gold \$1, New fun & fit

Friday, December 14, 28

10:00 a.m. Fun Bingo

10:00 a.m. to 3 p.m. Senior Lounge open to all *Check Center Bulletin Board for any changes*

The Municipal Building will be closed on Monday, December 24 and Tuesday, December 25

No garbage pick up on those days.

Monday, December 31 and Tuesday, January 1, New Year's Eve and New Year's Day, **No garbage pick up on those days.**

UPCOMING EVENTS

Trip to Brownstone

Thursday, March 21, 2013

Jersey Dreamers present "St. Joseph's Feast."
Featuring the Chessmen and the Best More Italian
Food Ever. More information will be available
at the January meeting.

Moonachie Seniors

The Moonachie Seniors are hosting "A Playhouse Christmas" at Hunterdon Hills on Tuesday, December 11, 2012. Departure time is 9:30 a.m. from the Senior Center.

Menu offering is Yankee pot roast, catch of the day, fried shrimp and scallops, chicken Parmesan, roast turkey with stuffing. Unlimited coffee, tea and dessert. Cash bar. Cost is \$60 per person with tax and gratuity included. For more information call Audrey at 201-641-4334. ###

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Leisure Club Elects New Officers

On November 14, 2012, the last meeting of the Leisure Club before the New Year, over eighty members elected new officers. Elected were Peter Gallo, president, Kathleen Murray, vice president, Marilyn de-Russy, secretary and Dorothy Fitzin, treasurer. Outgoing president John Fitzin, who had served for the past eight years, thanked all for their cooperation and support.

President Elect Gallo accepted his new position with the hope that he could move the organization forward and make it a better place for the senior residents of Hasbrouck Heights. He stated that this could only be achieved by greater involvement and participation by more members and not just a hand full.



The members were treated to a show stopping performance by Johnny B and Barb. The couple entertained all with their renditions of music from 50s, 60s 70s and 80s. The songs varied in style from pop, Motown, doo-wop, rock and roll, jazz, disco, country and standards.

Barb's rendition of "I Will Always Love You" received a standing ovation. Some of the songs they sang were "All the Way," "Blue Moon," "My Guy," "Sweet Caroline," "I Will Survive," "Little Darlin," "Just a Gigolo," "My Way," "Crazy," and "Let Me be Your Teddy Bear." They also sang "Only You" for three couples who were celebrating their anniversaries in November; Susanne and Peter Kepsel, forty-four years; Marion and David Davidowicz, fifty-four years and Joan and John Nesbitt, fifty-nine years.

The afternoon concluded with pizza and soda compliments of the **Costa Memorial Home**. Photo and story by Marie and Peter Gallo Jr. ###

AARP Members Learn More About NJ State Parks

Kevin Woyce, lifelong resident of New Jersey has made a career of writing about and published books on the history of New Jersey; to date he has written and illustrated four regional history books.

The Central Bergen Chapter 418, AARP has had Mr. Woyce present his historical slide shows at their meeting on two occasions prior to the meeting held on November 9, 2012.

He presented programs about the "Hudson River Lighthouses & History" and "Jersey Shore History & Facts." At the November meeting Mr. Woyce's program centered around the "New Jersey State Parks: History & Facts."

As he stated "Some of New Jersey's most exciting history can be found in our more than



two dozen state parks." Mr. Woyce proved this statement with his lecture accompanied by digital slides which included both original photography and historic images.

The members were informed about such names as

"Wawayanda," "Hopatcong," as well as treated to historical information about New Jersey's perilous years during the Revolutionary War.

The AARP members enjoyed Kevin Woyce's fact filled presentation and look forward to hearing from him again.

During the meeting portion of the afternoon, members were informed that the Holiday Party will be held at the Crow's Nest on Friday, December 14. Ms Elaine Winter Associate

Director, Northern Regional Office at Alzheimer's Association, Greater New Jersey Chapter will be the program for January 11, 2013. She will discuss the latest advancements made for in care of Alzheimer's patients. Photo and story by Marie and Peter Gallo Jr. ###

W-R Senior Holiday Pasta Dinner

Wood-Ridge Mayor Paul Sarlo invites all Wood-Ridge senior citizens and senior club members to the Borough's 13th Annual Holiday Pasta Dinner. The event is free and will take place at 5:30 p.m. on Friday, December 7, 2012, at the newly renovated Senior Citizens building.

Join your neighbors for fun, great food prepared by our own professional Chef "J", singing provided by local Girl Scout and Brownie troops, entertainment provided by Mr. Frank Mottola, One Man Band & Vocal Entertainer, holiday gift raffles and more!

Call the Recreation Office at 201-939-7507 for reservations. Leave your name, phone number and the number of people that will be attending with you. ###



As part of their continuing support of the Kip Center, the GFWC Woman's Club of Rutherford served lunch on Saturday, November 10, 2012. They help serve the senior population four times a year, alternating with other Clubs and volunteers in town. (l-r) Sue Kevra, Flora Folio, Ida Borroto and Jacquelyn Reformato. Photo courtesy of the Woman's Club of Rutherford.



Hasbrouck Heights seniors enjoyed a festive Halloween Party on Thursday, October 25, 2012 at the Senior Center. Photo by Marie Gallo. ###

Veterans Day Services Remember Those Who Served

Carlstadt Veterans held their Veterans Day Service on November 11, 2012, at 11 a.m.

During the service they recognized Joe Vicino, who served in WWII as Gen. George Patton's driver, by flying his funeral flag on Veterans Day. The flag was returned to the Carlstadt Historical Society. *Photos by Dennis Kronyak Sr.* ###













Following a Mass at Assumption Church, Wood-Ridge Veterans held their ceremony on Saturday, November 10, 2012, in the W-R Senior Center. ###





Hasbrouck Heights Veterans Service was held November 11, 2012, at Veterans Park on Terrace Avenue. The service was presented by VFW Post 4591 and American Legion 106. Mayor Rose Heck spoke on behalf of the community. ###









Devastated by Sandy, the official Veterans Day Service was canceled. On behalf of Little Ferry residents, Mayor Mauro D. Raguseo placed wreaths at both Memorial School and Washington School Veterans Memorials. VFW Post 809 held a brief service. American Legion Post 310 placed wreaths at their Memorial. ###



Veterans Today

By Thomas Marshall

The VFW Post 809 in Little Ferry and the American Legion Post 310 took flooding damage during the Hurricane. November has been hard on our towns.

Storms took out power and flooded many basements to the dismay and irritation of us all. No heat, no hot water and no hot food to go along with the darkness.

I must be insane, because when things like this happen I think back on the Continental Army under the Command of George Washington. November 1776 saw the Continental Army stream across New Jersey in full retreat from the British Army. Washington did not stop until he hit the Delaware River. There he secured all the boats on the New Jersey side and crossed into Pennsylvania. He used the River as a natural barrier between the two armies.

New Jersey was in the hands of the British Army. Hessian outposts were set up in Brunswick, Trenton and Bordentown to watch the movements of Washington. Washington had his army in camp in Pennsylvania. No heat, no hot water, no hot food to go along with no clothes or shoes adequate for the weather. To make matters worse, by January 1, most of the enlistments would end and his army would go home. It was December now and Washington was not one to wait for the end to come to him. He did the only thing you can do in such a situation. He planned to attack and Trenton was his target.

On Christmas Day, late in the evening, Washington's men prepared to cross the Delaware River. The weather was terrible with rain and snow falling. There were delays in getting across and not everyone made it past the river. Over two thousand did make it across and Washington ordered them on the march 9 miles south to Trenton. Someone is coming to Trenton and it ain't Santa.

Around 8 a.m. on the morning of December 26, about a mile outside the town, the Americans hit a guard house outpost. Washington rode in front of his men and charged the post. The Hessians soon realized this wasn't a small group of raiders. Washington's whole army was here and they began to fall back. They exchanged gunfire as they retreated. Washington ordered the road to Princeton to be cut off to prevent any Hessians from escaping.

Washington posted cannon at the head of King Street and fired down the road. Colonel Rahll, the commander of the Hessian troops, ordered his men to take the guns. They began their march down King Street and were repulsed with heavy casualties by the gun fire of General Hugh Mercer's men, who had taken several houses on the road. On Queen Street, the only other major road in

town at the time, more cannon were placed at the head of this road as well. Thomas Forrest commanded the cannon here and he silenced the Hessian cannons with some well placed shots

General Sullivan moved into the Southern part of town. Cutting of the retreat of the Hessians and driving in all resistance before him. Colonel Rahll tried one last maneuver to retake the town. He ordered an attack on the American flank north of town. To give his men heart and spirit he ordered the fife and drums to play, and play they did.

Forward! Forward! he screamed at his men and up King Street the Hessians marched toward the flank of Washington's men. It was very brave of him and his men. I always admire men that can do this. His only problem was that Washington was on the high ground and he saw the whole thing. He ordered a change of position and formed a battle line in front of Rahll and his men.

The Americans fired on his oncoming men from three sides. It would prove to be too much for them. They did manage to recapture cannons that they had lost earlier but the Americans soon retook them. Rahll receiveed a musket ball that would prove to be fatal and his men begin to break and flee into an orchard.

Soon the Hessians were surrounded and they surrendered. Colonel Rall would die later that day. The Hessians would lose over 1,000 men taken as prisoners. Two officers in the American Army were reported wounded. One was Washington's cousin and the other was James Monroe, who would later become President of the United States. Apparently he would carry the musket ball in his left shoulder for the rest of his life. The British would basically lose New Jersey. They would fall back into New York to sit out the cold winter ahead.

It wasn't the biggest battle that ever happened, but Washington's Victory here was what the Revolution needed. Men began to reenlist and more recruits would join. It showed that Americans can stand up to European Soldiers and win. Not bad for an army that was facing defeat. About 10 years ago I visited the Old Barracks Museum in Trenton and on a whim I had asked what ever happened to Colonel Rall's remains? I was directed to a building around the corner and there on the ground was a plastic card with the Colonel's name on it. There he lies, right underneath a parking lot.

Merry Christmas and have a safe and happy New Year. ###













Salute to Veterans

At 11 a.m., on Sunday, November 4, 2012, the NJ Aviation Hall of Fame held a regional Salute to Veterans program. The program began with the presentation of Colors by the NWS Earle Sailors and Hasbrouck Heights Fire Department Honor Guards to the Hasbrouck Heights High School Marching Band Drum Line under the direction of Joe Ascolese.

The Invocation and Bene-

diction were given by Civil Air Patrol Chaplain Paul Rech.

The "Star Spangled Banner," "Amazing Grace" and "God Bless America" were sung by Melissa Ayvas Manolakakis. "Taps" was played by W-R Firefighter Elizabeth Ferry.

The keynote speech was given by AHOF President Rick Alimonti. Remarks were made by NJ Assemblywoman Marlene Caride. ###



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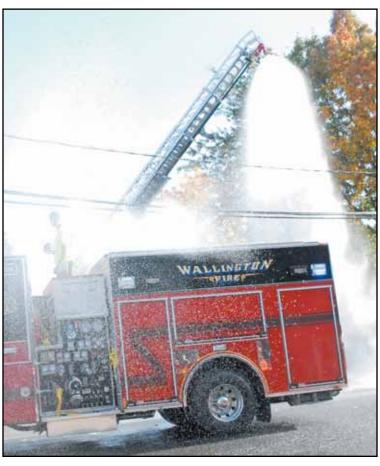
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WRFD Wetdown

On October 20, 2012, the Wood-Ridge Fire Department christened their new ladder truck 904 with a wet down.

The 2012 SL 100 Sutphen ladder truck with 100 foot midmount aerial ladder. It includes over 200 feet of ground ladders, a 2,000 gpm pump and 6-man cab.

It has a 10,000 kW generator to support operations. It has an enhanced lighting package with scene lighting from body lights. It has LED stairwell lighting, which improves ladder safety. The tip of the ladder has simplified communications with the operator.

Operations are simplified from one area -- to include setup of the jacks.

The cost was \$850,000. It took one year from specification to completion. In a cost saving effort there was only one trip to the manufacturer in Ohio, with numerous meetings held at headquarters. A lot of the equipment was transferred from the previous ladder truck.

The wet down was attended by Moonachie, Ridgefield, Little Ferry, East Rutherford, Carlstadt, North Arlington, Wallington and Pequannock. Photos by Dennis Kronyak Sr. ###









On October 24, 2012, just past midnight, the Carlstadt Fire Department was dispatched to a reported fire at 333 Sixteenth Street. A police officer on patrol radioed dispatch that he had a heavy smoke condition coming from the building and upon arrival by the first responding Carlstadt Fire Chief, flames and smoke were observed coming from the building behind a loading dock door.

Due to the location of the fire, the fire department used saws to cut through the metal loading dock door to assist with ventilation and extinguishment of the fire, which was declared under control within an hour of the first arriving apparatus. *Photos by Dennis Kronyak Sr.* ###



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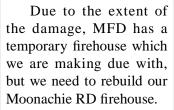
Join your Fire Department!

You will be part of the "army of protection" of the South Bergen Fire Chiefs Mutual Aid Association which includes: Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, Wallington and Wood-Ridge



Tri-Boro FD Assists LFFD

On Tuesday, November 6, 2012, Little Ferry Fire Department responded to a dryer fire. Assisting were units from South Hackensack FD and Moonachie Tower 805, which was manned by members of the Tri-Boro Fire Department who were assisting Moonachie Fire Department with flood damage when the call came in. No injuries were reported. ###



If you would like to help in the rebuilding of Moonachie Fire Department, PLEASE make a donation to assist us. There are many items that insurance won't cover 100%. Please send any monetary donations to Moonachie Fire Department, 70 Moonachie Road, Moonachie, NJ 07074.

WRFD Calendar Drive

On November 11, 2012, the Wood-Ridge Fire Department delivered 2013 calendars to residents as their annual fund drive. This year's calendar includes town recycling dates, along with important Borough functions.

The package was delivered along with a postage paid envelope to mail in contributions. There will not be a door-to-door pick up.

Contributions should be sent to: Wood-Ridge Fire Department, 85 Humboldt Street, Wood-Ridge, NJ 07075.

If you did not receive your calendar, call 201-939-2387.





The week following Sandy, the Moonachie Fire Department made numerous calls to the trailer parks for gas leaks and minor electrical fires. Photo above, firefighters shutting off gas meters on Thursday, November 1, 2012. ###



WRFD Responds to House Fire

On November 4, 2012, the Wood-Ridge Fire Department responded to the call of a heavy smoke condition in the basement, then as a working fire.

Firefighters found the boiler and hot water room contents ablaze. An aggressive initial attack suppressed the fire. Firefighters checked for extensions and vented the residence. The fire was contained to the area of origin and is under investigation. No injuries were reported.

Units assisting included Hasbrouck Heights Ladder, East Rutherford FAST Team and Moonachie EMS. ###



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