# The Gazette

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# **Embrace The Spirit**

Before the endless shopping, social and family obligations, excessive gift giving, festivities and overwhelming pressure of the hectic holiday craziness -- Slow down. Pause. Stop. The magic is in the season. Enjoy living the moment, if only for this special time. Spend quality time with family and friends. Start traditions. Gather around the tree and find an heirloom ornament and share its story while listening to Christmas music. Appreciate the artful decorations everywhere. Savor the flavor of holiday baking and tasteful culinary delights. Send a holiday card with a note to an old friend. Kiss your sweetheart under the mistletoe. Visit a neighbor. Smile while offering holiday greetings to strangers. Be generous in thought, word and deed. Delight in sharing your joy with others. The spirit of the season is in you.

# WEAR A MASK

## Annual Christmas Delaware River 2020 Crossing Reenactment

Out of concern for public safety and due to Department of Conservation and Natural Resources' crowd-size restrictions related to COVID-19, the two public Delaware River crossing reenactments will not be held in December at Washington Crossing Historic Park.

Because the reenactments require months of planning and coordination among hundreds of reenactors, park staff members, and volunteers, a decision had to be made well in advance.

They are as disappointed as you are that this much-loved annual event cannot be held in the usual manner this year.

However, to keep the tradition alive, they will debut a special pre-recorded crossing video on Christmas Day.

You can tune in this video on the park's Facebook page or YouTube. For more information go to: www.ushistory.org/ washingtoncrossing/ ###



in this year's Holiday Fest program.

**Participating Business:** Allen & Allen Allstate - Meredith Family Agency Animal Hospital of Hasbrouck Heights Bill O'Shea's Florist & Gifts Buffalo's Chicken Costa Memorial Home **Defined Apparel** Envision Video Services FM Café The Gazette Newspaper Get Well Physical Therapy Hasbrouck Heights Chamber of Commerce Hasbrouck Heights Green Team Hasbrouck Heights Men's Association Hasbrouck Heights Pizzeria Healing 4The Soul Heights Eye Center Heights Flower Shoppe Heights Medical Hennessey Heights Funeral Home iDesign Creative Services Inserra Supermarkets Korsen's Carpet Cleaning Mimi's VIP Otterstedt Insurance Agency The Religious Shoppe Sofia's Mediterranean Grill Spindler's Bake Shop State Farm Insurance TAG Media Group University Reproductive Associates Dr. Thomas Vitale

The Hasbrouck Heights Regional Chamber of Commerce Wishes Everyone a Happy and Safe Holiday Season.



#### HH Chamber Cancels Parade

The Hasbrouck Heights Regional Chamber of Commerce was sad to announce that due to the current health concerns surrounding the health pandemic, their annual Holiday Parade has been canceled for 2020. They are still planning to install the speakers for the music on the Boulevard. They are also discussing a few other virtual holiday events. ###

# Fire Departments Santa Around Town 2020

Due to COVID-19, many of the area fire departments have modified their Santa Around Town schedules and procedures for 2020.

Their usual Santa runs are the week-end prior to Christmas.

Check their web-site, Facebook or Instagram sites for the most current information. ###

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Spring 1

January 19 - May 11

Spring 2

February 9 - May 11

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January 19 - March 13

**Spring Flex II** 

March 22 - May 1

All winter courses and most spring courses will take place through remote learning in the interest of health and safety. Bergen will offer a limited number of practice-based classes in-person as well.

Visit bergen.edu/COVID19 to review Bergen's pandemic response.

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## WFD Parade Canceled

To Area Residents,

In one way or another, the COVID-19 crisis has had an impact on everyone including the Borough of Wallington and the Wallington Fire Department Family.

It is with deep regret that we come to you again this year and formally announce that the 2020 Wallington Fire Department Holiday Parade will not take place.

There was an outpouring of support from the community after last year's cancellation and we had all intentions on running this year's parade, even starting with a preliminary meeting this past January.

December Birthstone **Turquoise** 

However, COVID-19 derailed the plans, including affecting the fire department community directly.

With the loss of Ex-Chief Dave Pinto and Ex-Captain John Hartos to COVID-19, our Department truly had looked upon the Saturday in November to lift the support of the community and rally behind a global pandemic that none of us had ever experienced before. But the time is not yet right and we are still amid this lingering fog that envelops us.

We have learned to live beside COVID-19, exercise our precautions and keep our families as safe as possible. And that is what we need to continue to do. The logistics of social distancing with large crowds, food handling procedures, health checks and executive orders makes it near impossible to run an effective parade this year.

We want everyone to continue what they are doing to keep themselves and their families safe. Listen to the proper and logical guidance, wear a mask and most importantly, "be smart."

We want to see everyone next year on Saturday, November 27, 2021 at the Wallington Fire Department Holiday Parade 2021. Until then, keep your spirits lifted, embrace your loved ones and remember that all of the Wallington community wishes you and your family a Happy and Healthy Holiday Season.

s/ Jacob B. Hrywniak, Chief Press Officer, WFD Holiday Parade Committee ###

#### Pet Photos with Mrs. Claus

FOCAS (Friends of the County Animal Shelter, Inc.) will be hosting a Super Holiday Gift Sale and FREE Pet Pic w/ Mrs. Claus taken by you, so bring your camera!

It will be held on Sunday, December 6, 2020, at the American Legion, 100 Liberty Street, Little Ferry, from 11 a.m. to 3 p.m.

All shoppers and pet companions are required to wear masks.

#### Holidays at Skylands Manor

Due to both interior restrictions from the COVID-19 pandemic and a large-scale roof restoration project, the Victorian Christmas event sponsored by the NJBG/Skylands Association, at Skylands Manor in the NJ Botanical Gardens, Ringwood, WILL NOT be taking place in 2020.

We expect to have them back again as usual in 2021.

For more information go to www.njbg.org ###

All pets are welcome. Pets should be up-to-date on all shots and appropriately restrained.

Let FOCAS put some "cheer" in your holiday!

Annual event proceeds benefit the FOCAS Angel Fund that provides veterinary medical care for sick, homeless and abandoned animals. ###

## Santa Fly-in **Canceled**

Santa's regularly scheduled departure from the North Pole and arrival at the Aviation Hall of Fame, Teterboro has been canceled due COVID-19.

He and his elf circled the Museum several times in a helicopter, and then would ride into the parking lot in an airport fire truck with candy and gifts for the kids. The annual visit of Santa Claus is sponsored by the New Jersey Aviation Hall of Fame & Museum, Teterboro, NJ. For more info call 201-288-6344. ###

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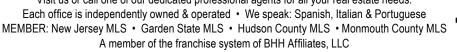
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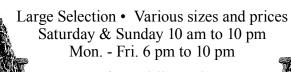


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## CHRISTMAS TREE SALE



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#### Beaver Moon

The November full moon appears on Monday, November 30, 2020, at 4:40 a.m. and is called the "Full Beaver Moon." According to "The Farmer's Almanac," this is the time to set beaver traps before the swamp freezes, to ensure a supply of warm winter furs.

Another interpretation suggests that the name "Full Beaver Moon" comes from the fact that the beavers are now actively preparing for winter. Other names for this moon include "Full Frost Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

#### **Cold Moon**

The full moon appears on Tuesday, December 29, 2020, at 10:28 p.m. and is called the "Full Cold Moon."

According to "The Farmer's Almanac," this month the winter cold fastens its grip, and nights are at their longest and darkest. It is also called the "Moon Before Yule."

The term, "Long Night Moon" is a double appropriate name because the midwinter night is indeed long, and because the moon is above the horizon for a long time.

The midwinter full moon has a high trajectory across the sky because it is opposite a low sun. Other names for this moon include "Full Long Night Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###



On the morning of September 27, 2020, the Hasbrouck Heights Fire Department's Appeal Letter Committee prepared breakfast for the Department members.

The breakfast is a Department tradition before all the members "walk the town" dropping off the Annual Appeal Letter to Hasbrouck Heights residents.

The committee prepared



#### **Dealing With** Alzheimer's

Wallington resident, Patti Bonczkowski, has published a book: "Alzheimer's, My Mother and Me - A Daughter's Memoir with Tips and Tools for Caregivers."

It provides advice on how to deal with your stressful daily situation of taking care of a loved one with Alzheimer's.

The book is available on Amazon.com ###

a hearty breakfast of French Toast, scrambled eggs, bacon, sausage, coffee, tea and orange juice. Provided by Justin Watrel. ###

#### MomLife Event December 17

MomLife is kind of like the carpool lane of meetups. We are traveling through motherhood together – the times that feel like smooth sailing and the times that feel like traffic jams.

Moms of kids ages 0-11 from any town are welcome to attend. Masks are required and social distancing guidelines followed.

Next event on Thursday, December 17, 2020, 7 to 9 p.m. Please RSVP by December 15.

Event hosted by Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights.

Free KidLife childcare provided by RSVP only. Monthly Friday morning get together and outings too.

For more info: hasbrouckhtsmomlife@gmail.com; 862-239-6677; Fb - Hasbrouck Heights MomLife ###



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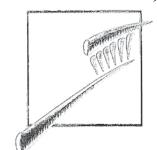
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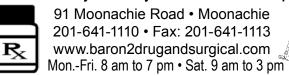
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## **Artful Thinking**

By Artie Maglionico • Lodi Historian

#### **Artful December**

For those of you whose friends or loved ones have succumbed to this dreaded virus, Christmas 2020 will not be among the merriest.

This entire year has been filled with fear, uncertainty and sadness, not to mention loneliness for us all.

With that dismal news having been delivered, it's Christmas none the less.

Battered and exhausted though we may be, the arrival

After "A Christmas Carol," Charles Dickens wrote several other Christmas stories, one each year, but none was as successful as the original. ### of the holiday season and the joy that follows will not be denied its place in our lives.

What the pandemic separates, the spirit of the yuletide re-unites. The season of Christmas has always possessed the unifying power. Don't you agree Wood-Ridge readers?

The late Vince Nocito, Lodi's Recreation Director during the 70s and early 80s and who played Santa Claus for the children of the community, once stated that the greatest gift of all is the gift that we give.

Of course as a youngster, I didn't mind allowing the givers to earn a spot in heaven, I was more than happy to be on the receiving end of those good

year, but none was as receiving end of those good deeds.

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245 Boulevard, Hasbrouck Heights • 201-288-2244 Hours 7 am to 3 pm • Parking in rear Credit Cards Accepted • Alex Reyes - *Proprietor* Restaurants also in Fair Lawn and North Arlington My cousin, Maria Pesenti, who happened to be Mr. Nocito's secretary in the mid 70s, was in total agreement with her boss' gift giving sentiments.

Maria's most memorable Christmases were spent wrapping gifts that she purchased for her parents and siblings.

"Vince truly had the Spirit of Giving" recalls Maria. He'd arrive at Kennedy Park by helicopter and hand out candy canes to all the starry eyed children."

Vince Nocito's Christmas spirit didn't end at Kennedy Park. He and Maria's dad, Uncle Sonny, delivered turkeys and toys to under privileged families.

Vince also posed as Santa for the community's handicapped children.

"Christmas was big at the Lodi Recreation Department," recalls Maria. "The planning began in August and didn't let up until Christmas Eve."

To those who knew him, Vince Nocito was the quintessence of Christmas. With him came the Peace and Joy of the season. He handed out not only candy canes, but wisdom as well. "The greatest gift is the gift we give." Truly, to coin a popular phrase, "the gift that keeps on giving."

So folks, this is Christmas 2020. It took us long enough



Maria Pesenti, Vince Nocito, Anna Belli circa1976

to get here didn't it Little Ferry readers? It was an arduous journey over uncharted territory. Fear caused some of us to scatter in all directions. Folks it's important for our well being that we meet, if not physically, then spiritually, on Christmas Day to remember those we lost along the way and to feel, as one, the Peace and comfort of the Lord.

There is hope after all. The Dickens character, Tiny Tim, said it best, "God Bless us, Everyone."

I'm going to end this column with a poem I wrote called "Christmas on Arnot Street." I could easily have called it "Any Street." A star came down from heaven one cold December night. We knew it was the Christmas Star no other shined as bright.

With Mothers baking cookies in kitchens everywhere.

We felt the Joy surounding us by those that we held dear.

Waiting at the mail box for all the Christmas cards. watching neighbors, in the snow, lighting up their yards.

Ah Christmas on Arnot Street How joyful for us all. I sense the Peace and Harmony With each memory I can recall.

## **Breakfast • Lunch • Spanish Food**

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#### **CVAC Cancels Fund Drive**

In light of the global pandemic, the Carlstadt Volunteer Ambulance Corps decided to postpone their annual residential fund drive.

The members understand that this is a very difficult year, full of uncertainty in both health and financially. CVAC always counts on the kind donations from the community we serve, and you come through year after year.

As we continue to go through the COVID-19 pandemic, we do ask for your support in staying healthy and following the proper protocols. Wear a mask, social distance, and get tested if you feel sick.

We are always looking for new members to volunteer, so if you would like to become a member, contact anyone on the Corps and we will get you signed up and trained. It is a very rewarding experience.

If you would like to make a donation to the Corps, you can mail it to CVAC, PO Box 84, Carlstadt, NJ 07072. Your support is greatly appreciated. ###

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#### Old Wallington Band Uniforms Wanted

The Wallington High School Band is looking for their old uniforms. With the return of the Wallington Marching Band, the band is putting together a display to showcase the band's history. Unfortunately, the band has been unable to locate any old Wallington Band uniforms to display.

If you have an old Wallington Band uniform or any vintage band memorabilia, please contact Mr. Lopuzzo, the Wallington band director, at Lopuzzo@wboe.org as soon as possible. ###

**Yield to Pedestrians** 

#### Historically Speaking

By James J. Halloran



#### Santa Claus

Contrary to a popular belief, Coca-Cola did not invent our concept of Santa dressed all in red with white fur trim.

The author of 'Twas The Night Before Christmas, Clement Moore, has given us the first description of the jolly old elf, in that poem. This would be immortalized in the artwork of political cartoonist, Thomas Nast.

Taking the description given in the poem, Nast created a series of cartoons depicting Santa Claus.

The first one appeared in

an issue of Harper's Weekly from 1863. It depicted him dressed in red and white striped pants and a blue jacket covered in stars. He was shown giving presents to Union soldiers in their camp. For a number of years after, Nast drew many images of Santa for Harper's Weekly.

The name Santa Claus is an Americanization of the Dutch "Sinterklaas" (name for St. Nicholas).

He is the patron saint of children. His feast day is on the 6th of December. In a number of communities, on the eve of his feast day, he brings treats to good children. In different parts of Europe, St. Nicholas was accompanied by various companions. They are the alter egos of the good saint.

In the area around Nuremberg, Germany, was a fellow called "Knecht Ruprecht," who was dressed in a brown robe and carried a bag of ashes.

Well behaved children received treats from St. Nicholas. However, naughty children were beaten with the bag of ashes.

Children were warned that if they misbehaved during the year, they would be put in the bag and taken away to be consumed or thrown into the river.

A rather ugly, hairy monster, called the "Krampus," traveled with St. Nicholas in Bavaria, Austria, South Tyrol, Slovenia and Croatia. He administered corporal punishment with a willow cane to the delinquent child.

In the German Palatinate was the "Belsnickel," who was dressed all in fur, wearing a mask with a long tongue. He "rewarded" miscreant children with lumps of coal in their stockings. France had "Pere Fouettard" (Father Whipper). He was armed with a birch rod used to correct errant behavior.

However, due to child protection laws, these punishments were all abolished by the 21st Century.

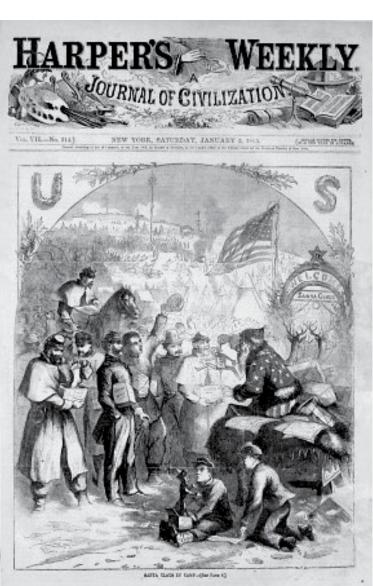
Santa Claus is called Father Christmas in the United Kingdom. Father Christmas became a symbol of the Royalists. After the English Civil War, Christmas was outlawed by an act of Parliament in 1647. The reason being was that Christmas was seen as a Catholic holiday. With the restoration of the monarchy, in 1660, the holiday was restored. In many Hispanic communities, January 6th is celebrated as the Feast of the Three Kings (Magi). This is to commemorate the visit of the Three Wise Men to the Christ Child (see The Gazette Newspaper, January 2018).

This Christmas Eve, be sure to put out the cookies (chocolate chip) and milk for that jolly old fellow. He has a lot of territory to cover and could use that snack. Here's hoping you're on the "Nice List."

#### A MERRY AND BLESSED CHRISTMAS TO ALL!

Electric Christmas tree lights were first used in 1895. The idea for using electric Christmas lights came from an American, Ralph E. Morris. The new lights proved safer than the traditional candles.







PUBLISHED AT NEW YORK CITY

THURSDAY SEPTEMBER 21ST, 1897

Dear Editor:

I am 8 years old. Some of my friends say there is no Santa Claus. Papa says "If you see it in The Sun it's so." Please tell me the truth; is there a Santa Claus?

Virginia O'Hanlon

Virginia,

Your little friends are wrong. They have been affected by the skepticism of a skeptical age. They do not believe except they see. They think that nothing can be which is not comprehensible by their little minds. All minds, Virginia, whether they be men's or children's are little. In this great universe of ours man is a mere insect, an ant, in his intellect, as compared with the boundless world about him, as measured by the intelligence capable of grasping the whole of truth and knowledge.

Yes, Virginia, there is a Santa Claus. He exists as certainly as love and generosity and devotion exist, and you know that they abound and give to your life its highest beauty and joy. Alas! how dreary would be the world if there were no Santa Claus! It would be as dreary as if there were no Virginias. There would be no childlike faith then, no poetry, no romance to make tolerable this existence. We should have no enjoyment, except in sense and sight. The eternal light with which childhood fills the world would be extinguished.

Not believe in Santa Claus! You might as well not believe in fairies! You might get your papa to hire men to watch in all the chimneys on Christmas Eve to catch Santa Claus, but even if they did not see Santa Claus coming down, what would that prove? Nobody sees Santa Claus, but that is no sign that there is no Santa Claus. The most real things in the world are those that neither children nor men can see.

No Santa Claus! Thank God, he lives, and he lives forever. A thousand years from now, Virginia, nay, ten times ten thousand years from now, he will continue to make glad the heart of childhood.

Francis P. Church, Published in The New York Sun, September 21, 1897

#### **Toys for Tots**

• From November 1 to December 20, 2020, American Legion Lodi Post 136, 41 Union Street, Lodi, is a collection point for the Marine Corps Toys for Tots program.

Unwrapped toys may be dropped off at the Post on Monday, Wednesday, Thursday and Saturday from 2 p.m. to 4 p.m. For more information, call Mitch at 646-299-0353. ###

• About 40 Police Departments are also participating in the "Toys for Tots" program with a collection date of December 18. Contact your Police Department about participation. ###

## Holiday Display Contest

Hasbrouck Heights Commercial and house preliminary round of judging with details to come.

The Ridgefield Park Annual Holiday Display Contest will be held on Friday, December 18, 2020, all Village homes and businesses will be judged and prizes awarded. Additional details regarding all three holiday events will be listed in the winter newsletter to be published in December. ###

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## **CHRISTMAS SPECIALS**

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Stuffed Mushrooms w/Ground Meat
12 for \$19.99 / 24 for \$34.99
Stuffed Mushrooms w/Spinach and Cream Cheese
12 for \$19.99 / 24 for \$34.99
Crab Cakes (4 oz. each) \$49.99 Dozen



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**Pre-Orders Recommended** 

## RE/MAX Winter Clothing Drive

RE/MAX Trading Places is collecting gently used men's jeans, sweats, socks, winter coats, hats, scarves and gloves (men's items only) for the benefit of The Franciscan Sisters of the Renewal of Our Lady Queen of Angels in East Harlem. Items will go to men who are living life without a roof over their heads.

John Tamborini; Broker/ Owner of RE/MAX Trading Places said, "This is what the Lord calls us to do in (Matthew Chapter 25) 'I was naked and you clothed me.' We are called to see Christ in those who are in need. Please be generous."

Donations may be dropped off at the RE/MAX Trading Places office at 345 Boulevard, Hasbrouck Heights, between 9 a.m. and 5 p.m., Monday thru Friday during November and December 2020. ###

December Flower
Narcissus

## Knights of Columbus Lodi Hall Rental

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#### Heights Friendly Neighbors Annual Fund Drive

The members of the Friendly Neighbors will officially begin their annual campaign on Thanksgiving Day, November 26, 2020. It will continue through New Year's Day.

They have been in existence since 1939 as a local organization and consist of a group of 10 women from the Churches in Hasbrouck Heights. They donate their time and effort toward raising money, food, and supplies for needy local families. No expenses are taken and all funds go toward helping town residents.

These families are struggling to meet their financial obligations. Understandably, it is nearly impossible for them to celebrate the holidays with food and gifts for their children. We suggest that if you want to help these families, make a small donation. Your donations can be mailed to Mrs. Jackie Mazza, 126 Harrison Avenue, Hasbrouck Heights. ###

The poinsettia plant was brought into the United States from Mexico by Joel Poinsett in the early 1800's. Contrary to common belief, poinsettia plants are non-toxic. ###

#### Kip Center 27th Annual Festival of Trees, Wreaths and Centerpieces

This favorite tradition in the community, the Festival began November 11, until December 12. The perfect venue to enjoy a beautiful holiday display of trees, wreaths, and centerpieces that are decorated by local individuals, organizations and businesses.

Raffle tickets went on sale November 11, 26 tickets for \$10. The winning tickets will be pulled on December 12. For more information, call Cathy at 201-460-1600.

Masks must be worn at all times while in the building.. Six foot social distancing will be enforced. ###

#### 2020 Community Tree Lightings

**Carlstadt** Tree Lighting is 6:30 p.m. on Wednesday, December 2, at Borough Hall.

**East Rutherford** Tree Lighting is Friday, November 27, at 7 p.m., in front of Borough Hall.

**Hasbrouck Heights** Annual Tree Lighting has been canceled.

Ridgefield Park Board of Recreation Annual Tree Lighting will take place on Sunday, December 6, at 5:30 p.m., at the Municipal Building. This year will include some special guests!

**Wood-Ridge** Annual Tree Lighting is 7 p.m., Friday, November 27, at Veterans Park. Santa will do a drive by.

Wood-Ridge Girl Scouts Annual Tree Lighting is 5 p.m., Sunday, December 6, at Veterans Park, ###

Note that at press time, most of the communities stated they plan on having their regular tree lighting events, but did not have any details. Contact your Borough Clerk for details. ###

# **Little Ferry Coat Drive**

New Jersey Cares Coat Drive will be held until December 30, 2020.

Drop off new and gently used coats to Little Ferry Borough Hall, 215-217 Liberty Street, Little Ferry. A drop off box is near the main entrance in the lobby. ###

Practice Social Distancing

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#### How Chanukah Is Observed

Chanukah begins Thursday evening, December 10, 2020 and continues through Friday, December 18, 2020.

Chanukah is the Jewish eight-day, wintertime "festival of lights," celebrated with a nightly menorah lighting, special prayers and fried foods.

At the heart of the festival is the nightly menorah lighting.

The menorah holds nine flames, one of which is the shamash ("attendant"), which is used to kindle the other eight lights. On the first night, we light just one flame.

On the second night, an additional flame is lit. By the eighth night of Chanukah, all eight lights are kindled.

Special blessings are recited, often to a traditional melody, before the menorah is lit, and traditional songs are sung afterward. A menorah is lit in every household (or even by each individual within the household) and placed in a doorway or window.

The menorah is also lit in synagogues and other public places. In recent years, thousands of jumbo menorahs have cropped up in front of city halls and legislative buildings, in malls and parks.

Jews recite the special Hallel prayer daily, and add V'Al HaNissim in their daily prayers and in the Grace After Meals, to offer praise and thanksgiving to G-d for "delivering the strong into the hands of the weak, the many into the hands of the few ... the wicked into the hands of the righteous."

Since the Chanukah miracle involved oil, it is customary to eat foods fried in oil. The Eastern-European classic is the potato latke (pancake) garnished with applesauce or sour cream, and the reigning Israeli favorite is the jelly-filled sufganya (doughnut).

On Chanukah, it is customary to play with a "dreidel" (a *four-sided spinning top bearing* the Hebrew letters, nun, gimmel, hei and shin, an acronym for nes gadol hayah sham, "a great miracle happened there"). The game is usually played for a pot of coins, nuts, or other stuff, which is won or lost based on which letter the dreidel lands when it is spun.

The tradition to give Chanukah gelt, gifts of money, to children to reward positive behavior and devotion to Torah study, the cash gifts give the children the opportunity to give tzedakah (charity). This has also spawned the phenomenon of foil-covered "chocolate gelt." Chabad.org ###





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Repast Menus Bistro start from

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300 Burton Ave. @ Washington Pl. 201-288-1122 • firstrefhh@optonline.net Sun. 9 am School • 10 am Worship Rev. Debbie Rundecker. Pastor Believe. Belong. Become.

The Community's Church Sunday Worship @ 10 am Division Avenue @ Third Street 201-438-5526 • cfpchurch.org & FB Pastor Debbie Gargiulo

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#### **Assembly**



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#### Methodist



#### **CHRIST FIRST UNITED METHODIST CHURCH**

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# This Holiday Season, Let's Share Food and Cheers!

#### By the Wine Guys Angel Martinez and Philip Miuccio

The Holiday Season is upon us once again and with it brings appreciation of good times with our friends and family.

Having a nice bottle of wine adds warmth and merriment to the season. The sound of a popping cork and the pouring of your favorite wine or bubbly are sure to bring a smile to everyone's face, just remember not to point the bottle towards anyone.

It's a great time to start all social events with a nice bottle of well chilled sparkling wine to set the mood just right and get your party or dinner started.

These should be well chilled at approximately 43° to 50°. Also, remember to keep your white wines cool as this helps bring out the brightness of white wines. If you like to save room within the refrigerator, place them in a bucket of ice 30 minutes prior to guests arriving. As for your red wines, some say keep them at room temperature. However, you'll do them justice if they are slightly cooled at around 50° to 65° before serving. This also brings out the berries and red fruit characteristics of the wine.

## Hors d'oeuvres & Appetizers

A dry sparkling wine goes well with a majority of hors d'oeuvres, appetizers, and first courses regardless if you are serving meats, cheeses, or vegetables.

Here are a couple of recommended choices to assist you. Louis Bouillot Perle d'Aurore Rosé from Burgundy, France.

If you're having trouble buying a sparkling wine that isn't Champagne, Louis Bouillot Perle d'Aurore is a nice choice. A sophisticated dry Rosé made using the traditional Champagne method with a bouquet and palate that features lively cherry and strawberry notes.

Prosecco is very popular here in the states, the La Marca Prosecco or Cupcake Prosecco both are from the Veneto region of Italy. It sparkles with fine effervescence of green apple, white peach and honeysuckle flavors which are sure to please everyone. While we just mentioned a few you certainly can pick any of your current favorite sparkling wines and you can't go wrong.

There are many types of sparkling wines from around

the world to choose from. Keep in mind that only sparkling wine that comes from the region of Champagne, France can be called "Champagne," anything else are called sparkling wines.

Champagne is well-known, but there are other variations such as Crémant from France, Cava from Spain, Prosecco or Spumante from Italy and Sekt from Germany.

Having a glass ready for your guests from the following list once they arrive will put you on the top of the most gracious host list. These delightful wines will pair well with your appetizers, pasta (seriously you're going to try and not have a pasta course)? I didn't think so. A good cavatelli and broccoli is a nice touch. It will go with any of your main course dishes that you may prepare. Be it turkey, ham, pork loin or any seafood dish. Of course, dessert and sparkling wine just really finishes off the night.

You will not go wrong picking a couple of these.

#### **Salad Course**

Next, if you are going with a salad, perhaps a Pinot Gris or nice dry Reisinger goes well with a mixed green salad of mild lettuce, shaved endive and anise, thinly sliced pears, goat cheese croutons, lightly dressed with a fruity vinaigrette. If you want to get fancy, don't forget to serve your salad in a chilled plate.

#### Pasta Course

Yes, of course, there is pasta! But while a Bolognese would be a meal in itself and would recommend a hearty Italian Ruffino Chianti or Banfi Chianti Classico which pairs well with a wide variety of foods, including red-sauced pastas. This pasta course can be much lighter and a smaller portion. For example, a timeless cavatelli and broccoli in white wine sauce, or a simple serving of penne in a light, fresh tomato sauce with basil comes to mind.

A lighter red like a Pinot Noir will also work with these dishes, this sexy glass of wine will compliment the pasta course. We can think of nothing better than our favorite Willamette Valley vineyards from Oregon, this light bodied, dry, with the taste of red berries and hibiscus, will compliment your pasta dish and impress your guests.

#### **Main Course**

While we know that many different wines will go with just as many main courses, we are going to give you our suggestions for the wine that will go with a main course that you may be having. Having more than one main course option, then you could serve a couple of wine options for each course. Your family and friends will not forget the effort.

Beef – With any beef dish we suggest the following wines. Did someone say Prime Rib? A California Sonoma or Napa Valley Merlot or Cabernet Sauvignon will work nicely. Two that come to mind are: Francis Ford Coppola Merlot, "Just when I thought I was out, they pulled me back in," or the popular Josh Cellars Cabernet Sauvignon.

**Pork** – Porky pig never tasted so good! They are Cabernet Franc by Ink Block produced by Michael David Winery out of California. A super Tuscan works just as well with pork, the standout is from Banfi, a Centine Rosso, this Red blend with dark fruit, floral accents, hints of spice will pair well with your pork dish.

**Poultry** – a nice New Zealand Oyster Bay Chardonnay, a vibrant white with aromas of crisp citrus and peach or a white French Burgundy Jadot Pouilly Fuisse will do the trick. Chardonnay is said to be Americas favorite grape, in fact we drank about 60 million cases last year. That's a lot of wine!

*Fish* – For the light flaky fish try Sea Glass Sauvignon Blanc from Santa Barbara California, with its pronounced aromas of lemon, lime, grapefruit and lively flavors. Meaty fish types such as tuna, salmon, swordfish go for a Pinot Noir, if you're feeling adventurous. However, if you're a traditionalist, look for a varietal like Chenin Blanc from Pine Ridge from Napa, California. It's easy drinking, and a good balance of ripe pear and apple with a touch of citrus on the palate.

#### Dessert

Now we are talking about our favorite portion of any holiday meal. The sweetness which brings everyone's memories back to their childhood. Only now we get to enjoy them with some awesome wines. Selecting an Italy Lambrusco, a Tawny Port from Portugal or a late harvest Ice Wine from Canada or Germany, are a few to sure satisfy that sweet tooth and compliment just about any dessert your guests may bring; either from a local bakery or homemade by mom, sibling or your significant other, it will make for a nice ending.

#### **Bonus Drinking**

Just when you thought it was safe there is more. For those die-hards, who have no intention of going home, you can spend the night after having one or more of the following: A Glass Vintage Port from Taylor Fladgate, Woodford Bourbon or Four Roses single barrel bourbon, Single Malt Scotch Macallan, Glenmorangie whiskey.

#### **Extra Wine Picks**

Need a bit more help in making some wine selections? Here is a list of other wines that will help you with your Christmas dinner and parties.

• Kendall Jackson Vintner's Reserve Chardonnay 2013 (CA) - This Chardonnay is a delicious compilation of fruit and smoke, full-bodied and balanced.

Apple, melon and pear dominate the palate and are well supported by a rich, buttery texture.

- Chateau Ste. Michelle Columbia Valley Riesling 2013 (WA) As America's number one selling Riesling, Chateau Ste. Michelle makes a series of outstanding Rieslings at various price points. Those seeking a "nice, sweet" Riesling are looking for plenty of peach, good dose of acidity and nice overall off-dry style.
- St. Supery Sauvignon Blanc Napa Valley 2013 (CA) Citrus fruits burst to the forefront with orange, lemon and lime defining the palate. This Sauvignon Blanc also boasts a refreshing spirit with lots of spunk earth, slate and balanced acidity all move within the wine providing ample elegance, familiarity and vibrancy for a festive holiday gathering.
- Seven Hills Pinot Gris 2012 (OR) A terrific Pinot Gris for the price and the flavor! This one will catch your attention with the honeyed pears and crisp apple flavor, followed by a refreshing finish. Pair this one with your favorite hors d'oeuvres.

- King Estate Acrobat Pinot Noir 2012 (OR) A supervalue Pinot Noir from one of Oregon's largest producers. This Pinot Noir has remarkable fruit on the nose with ripe raspberry and cherry vying for attention. The palate flavors center on cranberry and cherry fruit with a soft tannin structure and engaging finish. Perfect for picnics!
- Rex Goliath Pinot Noir (CA) Named after a 47 pound Texas rooster from the early 1900s, this Pinot Noir offers an undistracted aroma of ripe berries and a hint of spice.

The flavor profile consists largely of strawberries and raspberries, with very subtle tannins and light weight acidity. A pleasant, supple Pinot Noir with enough versatility to go with everything.

- Yellow Tail Shiraz (Aus)
   The Yellow Tail Shiraz has good berry fruit-forward flavor, with raspberries rising to the top of the palate and a decent finish.
- Korbel Champagne Brut
   Whether you're celebrating
  something specific or just need
  to have a bottle of bubbly on
  hand. This is a Champagne
  standby that is perfect for party
  goers, the price is right, the
  taste is good and many guests
  just elect to have a sip or two
  anyway.

#### **Wine Serving Tips**

- Red wines into fridge for 10 minutes before serving
- White wine into fridge 30 minutes before serving
- Sparkling wines into fridge 45 minutes before serving
- Port or Ice wines into fridge 1 hour, then take out for 10 minutes before serving.

Remember, it matters not if the wine glass is half empty or half full; clearly there is room for more!

On behalf of all of us, we wish you all a very Merry Christmas and Joyfully Happy Holiday Season. May you and your family and friends enjoy and be safe. Until the next time, *Enjoy, Drink, Cheers and Salute!* 

President and Wine Judge Angel Martinez, Vice President Philip Miuccio and Treasurer Denise Griner. All around wine guys and gal, American Wine Society, Meadowlands Chapter. Wineclub201@gmail. com ###

#### Bring A Soldier Home for Christmas

The 2nd Annual Bring A Soldier Home for Christmas has started. Last year, 5 soldiers were able to be home with their families. The goal this year is to bring home 6 soldiers for the holidays. If you care to donate, please go to Facebook and click on Bring A Soldier Home for Christmas. If you need additional information, please contact me at 201-994-6659. Forrest Elliott ####

#### **HHMA Christmas Tree Sale**

The Hasbrouck Heights Men's Association will be selling Christmas Trees this Holiday Season beginning Saturday, November 28, 2020, at St. John the Divine, at the corner of Franklin and Terrace.

They will be carrying an array of trees of various sizes and prices. This sale has been a Hasbrouck Heights holiday tradition for over twenty years.

The money raised goes to the HHMA Scholarship Fund

that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. The Hasbrouck Heights Men's Association wants to thank area residents for their on-going support of their sale. They wish everyone a Happy Holiday Season. ###

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#### Celebrating the 100th Anniversary of the 19th Amendment

WRGS Junior Troop 97130 celebrated the 100th anniversary of the 19th Amendment giving women the right to vote.

The girls decorated suffragette sashes to demonstrate their support of many causes.

They debunked the theories that women shouldn't vote



because of inferior intelligence and delicate dispositions. The troop had a paper ballot vote and realized they should have all the information about the choices before making a deci-

sion. We paraded around the park shouting support for our chosen causes. These girls are Koegel. ###

future voters and future elected officials. Provided by Jane

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#### Free Interactive Nativity Display

From noon, Sunday, December 13, 2020 to noon, Sunday, December 27, 2020, a free Interactive Nativity will be displayed on the Evangel Christian Church Lawn, 165 Main Street, Little Ferry, NJ 07643.

During the holiday season,

During the ancient 12-day Christmas celebration, the log burned was called the "Yule log." Sometimes a piece of the Yule log would be kept to kindle the fire the following winter, to ensure that the good luck carried on from year to year. The Yule log custom was handed down from the Druids. ###

with Coronavirus challenges and economic hardships, Evangel Christian Church offers a gift to the community by presenting a free, safe, and family fun experience.

Through stunning artwork and dramatic narration, the Interactive Nativity brings to life the biblical account of the birth of Christ.

Guests to the Interactive Nativity Display will hear the narration on their own mobile device when they connect through instructions posted in the first display. The display can be viewed during the day or at night. ###

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WRGS Junior Troop 97130 attended the **Chemistry of Beauty** workshop at Bellus Laboratory in Pompton Plains. They learned how skin care products affect moods while cleansing. The girls used all natural ingredients to make a skin cleanser scented with lavender, sage, and orange. The girls who attended earned the Product Designer badge and brought home a bottle of cleanser they made. A messy and fun time was had by all. *Provided by Jane Koegel.* ###

#### Breakfast With Santa

On Sunday, December 6, 2020, from 8 a.m. to 1 p.m., the St. Anthony Council of the Knights of Columbus will host a "to go" Pancake Breakfast at the Fr. Patrick Morris Hall at the Assumption Church, 143 1st Street, Wood-Ridge. Masks and social distancing required.

The menu will be four pancakes and two sausages. The cost is \$5 per person. This will be a pick up only event. They will also be collecting food for the food pantry at this time.

The Council will also continue its project of decorating Valley Boulevard in Wood-Ridge with beautiful red ribbons provided by **Heights Flower Shoppe**. Residents who make a donation of \$10 will have their names put on a ribbon. Their ribbon will

In an effort to solicit cash to pay for a charity Christmas dinner in 1891, a large crabpot was set down on a San Francisco street, becoming the first Salvation Army collection kettle. ### be placed on either a tree or telephone pole along the Valley Boulevard. All money collected from this project will be used to purchase food for the local food pantry.

The Council is collecting winter coats during November. Place your coat in a plastic bage and place it in the bin inside the Church vestibule.

The council will again be selling "Keep Christ in Christmas" magnets in the shape of the Nativity Scene. The magnets can be purchased from any member at \$5 each or 5 for \$20. ###



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## Cornerstone Church Food Drive

On Saturday,October 24, 2020, the Cornetstone Church in Carlstadt conducted a huge food drive at the Village Green Park in Carlstadt.

The event distributed food and household items to about 300 families, as well as New

On Saturday,October 24, Jersey Food Recovery and 11 0, the Cornetstone Church Churches.

On Friday, volunteers from Cornerstone Church, with community support, spent most of the day preparing the packages that were delivered by Convoy of Hope. On Saturday at 10 a.m., cars streamed through for collection and by 3 p.m. all of the food was distributed.

For more information go the: CornerstoneAGNJ.com and ConvoyofHope.org *Photos* by Dennis Kronyak Sr. Story by John Christian Pra. ###





















(l-r) Pastor John A. Pra, Sara Pra, Pastor John Christian Pra, Diana Pra and Kimberly Costanza. ###

# 2nd Annual Lodi Festival

On Sunday, October 18, 2020, from 11 a.m. to 5 p.m., the Borough of Lodi held its 2nd Annual "Fall Fest" on a closed Memorial Drive. Masks were required.

The family fun event included food trucks, amusements, arts and crafts, vendors, shopping, etc.

There was a beer gar-

den with big screen moni- trum Band" played from tors, displaying Sunday's NFL games. Proceeds benefited the Lodi Fire display lit up the sky. Department.

formed by "The Glimmer Twins," a Classic Stones 5 p.m. on the Memorial Drive Stage. And on the Memorial Field stage the dynamic "Mighty Spec-

5:30 to 7 p.m.

At 7 p.m. a fireworks

For more information Live music was per- contact Lodi Recreation at 973-859-7425.

The event producer Live Tribute, from 2 to was Cliff Witmyer, Cliffhanger Productions, Inc. 201-460-8335 or cliff@ chpevents.com ###















































## Pumpkin People Come Alive in Lincoln Park

The Woman's Club of Rutherford held its 6th Annual Pumpkin People in the Park fundraiser. The event ran until November 1, 2020.

This family-friendly event is a great way to view creativity and add some autumn flair to Lincoln Park, while supporting the many worthwhile endeavors of the Woman's Club.

Displays were 8 ft. x 10 ft. pumpkin patch spot with each space clearly labeled with business, organization, family or individual name.

For more information, contact Laura at 201-893-1172. ###









#### **Looking for VFW History**

Petersilge Velock VFW Post 809, in Little Ferry, will be celebrating their 100th Anniversary in 2021. They are looking for photographs and other memorabilia to create a display of their history. Please contact the Post at 201-641-9759. ###

Christmas caroling began as an old English custom called Wassailing - toasting neighbors to a long and healthy life. ###

#### Little Ferry V.F.W. Hall Rental

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#### **Christmas Decorations**

Originally, Christmas decorations were home-made paper flowers, or apples, biscuits, and sweets. The earliest decorations to be bought came from Nuremburg in Germany, a city famous for the manufacture of toys. Lauscha, in Germany, is famous for its glass ornaments. In 1880, America discovered Lauscha. F.W. Woolworth went there and bought a few glass

Mistletoe, a traditional Christmas symbol, was once revered by the early Britons. It was so sacred that it had to be cut with a golden sickle. ### Christmas tree ornaments. Within a day he had sold out, so the next year, he bought more and within a week they, too, had sold.

The year after that, he bought 200,000 Lauscha ornaments. During the First World War, supplies of ornaments from Lauscha ceased, so American manufacturers began to make their own ornaments, developing new techniques that allowed them to turn out as many ornaments in a minute as could be made in a whole day at Lauscha. ###

#### Real Estate Insight

By Mary Ellen Courtney



## Housing Trends – "What Goes Around, ..."

With detailed reports of people moving out of big cities, an annual report of real estate industry professionals recently predicted that our area could be the country's fourteenth hottest market in 2021.

According to Anita Kramer, senior VP of the Urban Land Institute Emerging Trends in Real Estate 2021, "Northern New Jersey moved from 55 to 14 this year and we think that is in reflection of the move toward suburban areas."

'Moving to the Burbs?' Sounds remotely familiar. Maybe it's time for us to review a brief history of US housing trends...

Until the 1930s, most people lived in rural area or cities. But at the end of World War II, many Americans enjoyed a cushion of prosperity that prompted demand for residential suburban communities.

Robust manufacturing rates, a high employment rate, nest eggs from government-inspired wartime savings strategies, the GI Bill, and Federal Housing Administration (FHA) loans made it possible or many Americans to own their own homes for the first time.

As a result, builders across the United States transitioned areas of farmland into residen-

Animal Crackers are not really crackers, but cookies that were imported to the United States from England in the late 1800s. Barnum's circuslike boxes were designed with a string handle so that they could be hung on a Christmas tree. ###

tial suburban communities in the years between 1946 and the 1960s.

The new-found postwar housing boom was soon accompanied with the rise in overall consumer spending.

Home owners, after all, needed appliances and furniture for their homes; and owning a car meant the option to live outside a city with freedom from public transportation.

Aware of the need for conveniences, merchants soon established shopping centers, restaurants, and other retail stores in close proximity of emerging neighborhoods. By 1950, an estimated 40 percent of Americans had moved to a suburban community.

In addition to postwar benefits that contributed to the initial shift from rural and urban life to the suburbs, other factors also may have played a role.

Some historians suggest that many Americans after WWII felt safer living outside a city after learning about higher survival rates for people living outside Hiroshima when the atomic bomb was dropped in August, 1945.

Although there's debate about exactly which factors contributed to the appeal of suburban living, some point to the growing highway system, a desire to live free of urban crime, neighborhood schools, and a preference for the sociability of suburban communities also may have had a part in its allure.

Whatever the factors, many people considered suburban life a realization of the American Dream. By the 1980s, approximately 60 percent of Americans had moved to the suburbs.

Enter now the Millennials, that demographic group born between 1981 and 1996, known also as Echo Boomers due to the fact that they're most often the offspring of the baby boomers

The Great Recession and COVID-19 epidemic have had a major impact on this generation because they've caused historically high levels of unemployment among young people.

The fact is, through the 1990s and 2000s, the combination of debt from school loans and/or credit cards and low starting salaries strongly influenced behaviors of many professional millennials.

Starting their young lives with financial setbacks contributed to their preference for new experiences over the burden of material possessions. In line with this focus, millennials were drawn to urban life that gave them access to jobs and a wide variety of social, cultural and economic activities – all without owning a home or even

And when they couldn't afford city life, millennials lived at home with their parents to work, to resolve debt and to save money.

But since the COVID pandemic lockdown earlier this year, many urban millennials have quickly realized the limits of city life and, as a result, they have taken a new and unpredicted interest in suburban areas.

The movement is being called "hipsturbia" as millennials are slowly transforming our communities (making them 'cool'), seeking out walkable downtowns where they can live, work, play and raise families.

They're doing it for different reasons, perhaps, but, in truth, they're just following the footsteps of their parents from years before...

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

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## Filling You In

By Jeffrey E. Mason, DMD, FAGD.

#### Oral Health and Nutrition

Good nutrition is essential for good health and that includes the health of your teeth. Learn more about the link between your diet and your oral health.

#### How does my diet affect my oral health?

Tooth decay and cavities are caused by acid that is produced by interactions between oral bacteria and food deposits left on your teeth. Certain foods, especially sugary, starchy and sticky snacks, are linked to higher levels of such acid-causing bacteria.

Additionally, poor nutrition can weaken your immune system and make you more susceptible to other health problems, including gum disease.

#### How can I maintain good nutrition?

Variety and moderation are the keys to a healthful diet. Eat well-balanced meals, choosing a variety of options from the five major food groups: fruits, vegetables, grains, dairy products and protein.

Limiting or eliminating one of these groups can lead to vitamin or mineral deficiencies. Which vitamins and minerals are important for oral health?

Your teeth and jaws are made mostly of calcium, which helps protect and rebuild your tooth enamel. Not getting enough calcium puts you at risk for gum disease and tooth decay, so make sure to eat calcium-rich foods such as beans, greens, milk, yogurt and cheese.

In addition to providing you with calcium, research has shown that dairy products also may help reduce your risk of cavities.

#### What should I know about vitamins A and D?

Vitamin D (found in milk, eggs and fish) also is an important nutrient because it helps your body to absorb calcium. A vitamin D deficiency can lead to burning mouth syndrome, a painful condition in which patients feel a scalding sensa-

tion in the tongue, lips, palate or throughout the mouth.

To further protect your enamel, eat foods containing phosphorous (such as meat, poultry, fish, milk and eggs) and vitamin A (such as sweet potatoes, liver and spinach).

#### What should I know about vitamin C?

Vitamin C (found in oranges, grapefruit, strawberries, kiwi, and red and green peppers) promotes healthy gums and quick healing of wounds. A severe lack of it could result in bleeding gums or loose teeth. Other nutrients that promote oral health include vitamin B3 (found in chicken and fish), vitamins B2 and B12 (found in pasta, bagels, spinach and almonds) and iron (found in liver, red meat, bran cereal and nuts).

#### What should I know about dietary supplements?

If you don't have a wellbalanced diet, you may decide to take a multivitamin as a way to fill the nutritional gap. Many people take one or more dietary supplements daily with the goal of improving their overall health. Popular dietary supplements include vitamins, minerals, herbs and botanicals, amino acids and enzymes. Supplements come in many forms, such as tablets, capsules and powders, as well as drinks and energy bars. Most of these supplements can be bought at grocery or drug stores without a prescription.

However, some dietary supplements may interfere with the treatment or medications prescribed by your dentist. Tell your dentist if you are taking dietary supplements to avoid unwanted interactions.

Ref: Academy of General Dentistry 2017

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

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#### COVID-19

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  - Wash your hands often
- •Cover your coughs and sneezes
  - •Clean and disinfect often
  - Monitor your health daily

## Some of the COVID-19 signs and symptoms are:

Fever/Chills
Cough
Shortness of breath
Difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
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## Assault by Auto

Mark Musella announced the arrest of Kal Elhoregy, North Bergen, NJ, on a charge of assault by auto.

The arrest is the result of an investigation conducted by the Bergen County Prosecutor's Office under the direction of Chief Robert Anzilotti, and the Hasbrouck Heights Police Department under the direction of Chief Michael Colaneri.

At approximately 9:09 p.m. on October 24, 2020, the Hasbrouck Heights Police Department responded to a report of serious motor vehicle collision in the parking lot of 177 Route 17 South.

Responding officers located a 2017 BMW M3 with two occupants.

The second vehicle involved, a 2002 Chrysler Town & Country, had two occupants and was parked in the parking lot at the time of the collision.

The passenger, a 19-yearold male, was ejected from the vehicle and suffered minor injuries.

The driver, a 19-year-old female, suffered serious inju-

Bergen County Prosecutor ries. All four parties involved were transported to Hackensack University Medical Center for treatment. The 19-year-old female remains in critical condition at the time of this release.

> As a result of the investigation, Kal Elhoregy was charged with one count of assault by auto, in violation of N.J.S.A. 2C:12-1(c), a 4th degree crime.

> In addition, he was served with motor vehicle summonses for speeding, in violation of N.J.S.A. 39:4-9, and reckless driving, in violation of N.J.S.A. 39:4-96.

> Elhoregy was scheduled for a first appearance in Central Judicial Processing Court in Hackensack, NJ, on Wednesday, November 18, 2020.

> Prosecutor Musella states that the charge is merely an accusation and that the defendant is presumed innocent unless and until proven guilty beyond a reasonable doubt, and he would also like to thank the Hasbrouck Heights Police Department and the Bergen County Sheriff's Office for their assistance in this investigation. BCPO. ###



On October 20, 2020, at approximately 2:49 p.m., the Wood-Ridge Police Department received a 911 call from a resident reporting that an unknown male was stealing mail out of mailboxes in the area of Berger Street and Industrial

It was further reported that the homeowner was following the male and lost him somewhere in the same area.

The male, later identified as 36 year old Jimmy D. Yepez from Union City, NJ, was described as a short, light skinned male, having facial hair and wearing a backpack.

Sgt. Joseph Rutigliano was the first officer on the scene who began to search for the suspect.

Shortly after, he discovered a male fitting the description given by the eye witnesses. As Sgt. Rutigliano approached the suspect in his vehicle, the suspect ran around his patrol vehicle and began throwing mail and evidence in the Berry Creek at that location.

Sgt. Rutigliano ordered the suspect to the ground several times, but he did not comply.

A struggle ensued as Sgt. Rutigliano was attempting to effectuate a lawful arrest. The suspect refused to surrender and the struggle continued resulting in Sgt. Rutigliano being kicked and bitten on the hand during the arrest.

The arrest was ultimately conducted as Ptl. Timothy Janz, Ptl. Robert Francis and officers from the surrounding towns arrived to assist.

The suspect was transported to the Wood-Ridge Police Headquarters as well as the multiple pieces of mail evidence.

At headquarters, after inventorying all evidence collected, the suspect possessed mail from various surrounding

All those police departments were notified with the suspect's information as well as the United States Postal Inspection Service.

An agent from the USPS arrived to interview and gather information on the suspect.

The suspect also had in his possession, stolen credit cards, drug paraphernalia including a glass pipe used to smoke crack/ cocaine and several hypodermic needles.

The suspect was charged with Receiving Stolen Property, Credit Card Theft, Resisting Arrest, Aggravated Assault on a Law Enforcement Officer and Two counts of Possession of Drug Paraphernalia.

The suspect was lodged in the Bergen County Correctional Facility awaiting his first appearance in Central Judiciary Processing Court. The Moonachie Police Department also charged the suspect on a summons with Theft of Moveable Property.

Chief John Korin would like to commend his officers and thank the officers in the surrounding police agencies for the assistance and a job well done. Provided by the Wood-Ridge Police Department. ###



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#### Pedestrian Killed on Route 17

At 9:58 p.m. on Saturday, November 7, 2020, a pedestrian was struck by a motor vehicle on Route 17 South in Wood-Ridge, NJ. The victim, a 20-year-old man from Roxbury, MA, was pronounced dead at the scene.

An investigation is being conducted by the Bergen County Prosecutor's Office Fatal Accident Investigation Unit under the direction of Chief Robert Anzilotti, the Wood-Ridge Police Department under the direction of Chief John Korin, and the Bergen County Sheriff's Office under the direction of Sheriff Anthony Cureton. No additional information is available at this time. BCPO. ###

#### Your Fire Chiefs Offer These Christmas Tree Safety Tips

- Any string of lights with worn, frayed or broken cords or loose bulb connections should not be used. Connect no more than three strands of push-in bulbs and a maximum of 50 bulbs for screw-in bulbs. Never connect more than one extension cord together.
- Always unplug Christmas tree lights before leaving home or going to bed.
- Never use lit candles to decorate a tree, and make sure any lit candles in the room are placed away from tree branches.
- If using a live tree, be sure it is fresh (it isn't already losing needles) and has a new, clean cut on the bottom of the trunk before putting up.
- Keep live trees away from heat sources. Hydrate your tree. Check the water level daily. Cut one inch off the trunk to help absorb water. Leave the tree outside until ready to decorate.
- If using an artificial tree, be sure its label reads "Fire Resistant." While this doesn't mean it can't catch fire, it does mean it should resist burning and should extinguish quickly.



## **Library Fun**

#### Carlstadt Public Library

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. carlstadt. bccls.org or www.carlstadtlibrary.org

#### Book-a-Visit to the Carlstadt Library

The Carlstadt Library is excited to welcome back patrons for in-person browsing and borrowing, and to offer a convenient curbside pick-up service, by appointment only.

Properly fitting masks and contactless temperature screening are required for all persons entering the Library.

Patrons are asked to return Library materials to the book and media drop box outside the front door of the Library; all returns will be quarantined for 72 hours prior to check-in.

Please call the Library at 201-438-8866 to schedule a visit or to arrange for curbside pick-up. For more details please visit the Library's website www.carlstadtlibrary.org.

## Terrarium Making and Virtual Workshop

The Carlstadt Library welcomes Kirsten, from Craftiful Studios, for a terrarium design workshop on Wednesday, December 2 @ 7 p.m.

The workshop will feature succulent plants and materials will be supplied by the Library in advance. This program is limited to Carlstadt residents. Supplies are limited. Registration required.

#### "Behind the Scenes" Virtual Movie Discussion Group

The Carlstadt Library will host a virtual movie discussion on Thursday, December 10 @ 7 p.m. Patrons will be asked to watch the movie prior to the program, and then join fellow movie lovers for a lively discussion on Zoom.

This month's selection is "Megan Leavey," the true life story of a young Marine corporal whose unique discipline and bond with a military combat dog saved many lives during her deployment in Iraq.

This film can be viewed for free using Kanopy for Carlstadt residents. Kanopy can be accessed via computer, smartphone, tablet or TV.

For more information, call 201-438-8866. This program is for adults 18 & older. Registration required.

#### Carlstadt Library Virtual Book Club

The Carlstadt Library will host a virtual book club on Wednesday, December 16 at 7 p.m.

This month's selection is "The Giver of Stars" by Jojo Moyes.

Based on a true story rooted in America's past, "The Giver of Stars" is a richly rewarding novel of women's friendship, true love, and of what happens when we reach beyond our grasp for the great beyond. Copies of the book will be available at the Library. Registration required.

#### Storytime with Miss Risa

The Carlstadt Library welcomes families with children of all ages to enjoy storytime and songs with children's librarian, Miss Risa, on Tuesdays via the Library's Facebook page. https://www.facebook.com/ carlstadtlibrary/

#### **Music with Miss Nita**

The Carlstadt Public Library will host a series of virtual music-and-movement classes for children of all ages with Miss Nita via Facebook Live.

The classes will be held at 10:30 a.m. on Thursdays, December 3, 10 and 17. The Carlstadt Public Library will host a series of virtual musicand-movement classes with Miss Nita via Zoom, for children of all ages.

Access this program on the Library's Facebook page. https://www.facebook.com/ carlstadtlibrary/

## My Storytime with Miss Risa

Miss Risa will share her favorite stories at this special storytime just for you and your family. For more information, please call 201-438-8866.

#### Kanopy Film Streaming Service

Free for Carlstadt Library card holders, Kanopy, a popu-

lar, on-demand film streaming service, is now available for card holders of the Carlstadt Library.

Kanopy showcases more than 30,000 of the world's best films, including award-winning documentaries, rare and hard-to-find titles, film festival favorites, indie and classic films, world cinema, and an extensive Kanopy Kids collection.

Carlstadt Library card holders receive five play credits per month, with each play allowing 72-hours of unlimited access to the selected film. To start streaming films, please register at https://carlstadtlibrary.kanopy.com/

#### **Improve Your Test Scores**

Carlstadt residents now have access to Peterson's Test & Career Prep, a valuable online tool for standardized test prep, researching college programs, and exploring careers. Students preparing for the AP, ACT, SAT, PSAT, GED, military or citizenship tests can practice with full-length, timed exams. ###

Read to Your Child

#### Wood-Ridge Memorial Library

Wood-Ridge Memorial Library, 231 Hackensack Street, Wood-Ridge, NJ 07075. 201-438-2455. https://woodridgememoriallibrary.org

The Wood-Ridge Memorial Library is open to the public with modified opening hours and at 25% capacity. Browsing and computer time are limited to forty minutes, no advance reservation is required.

The Book Drop is open for item returns and all materials will be quarantined for three days before being checked in. Porch pick-up is available upon request. Please see their website for updated information.

#### **Music with Miss Nita**

The Wood-Ridge Memorial Library will host free music-and-movement classes with Miss Nita on our Facebook page. Prerecorded sessions are posted every Wednesday at 10 a.m., and are available to view at any time. Come share the joys of making music!

#### **Story Time with Mr. Paul**

Who doesn't love being read to? Join Mr. Paul for story time, posted to the Library's Facebook and Youtube pages every Monday and Friday at 4 p.m.

#### Crafts-To-Go

Ready to get crafty? Every Tuesday will feature a new craft kit complete with all necessary materials. Video instructions will be posted to our Youtube and Facebook pages.

To reserve your kit for porch pickup please call the Library or email Mr. Paul at paul. brennan@woodridge.bccls.org

## Miss Humblebee's Academy

Families in Wood-Ridge now have free access to Miss Humblebee's Academy, an award-winning online, educational program that assists the Library's youngest learners in building foundational literacy skills and preparing for Kindergarten.

Designed for children ages 3 to 6, Miss Humblebee's Academy employs friendly cartoon characters to guide learning activities, making it fun and easy-to-use, with lessons spanning all major academic subjects.

Miss Humblebee's Academy may be accessed either within the Library or remotely with a Wood-Ridge Memorial Library card number through the Library's website at https://woodridgememoriallibrary.org/

**Libraries Are Fun!** 

# Who Are You?

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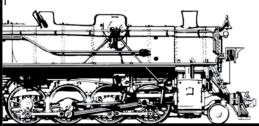
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## Families Enjoy Open Cockpit Day













The Aviation Hall of Fame hosted an Open Cockpit Day on Saturday, November 7, 2020, from 10 a.m. to 4 p.m.

Visitors had the opportunity to sit in the cockpit of a very rare Lockheed Bushmaster plane, and a M\*A\*S\*H Bell 47 helicopter made famous during the Korean War.

Visitors sat in the cabin of the world's only surviving restored cockpit of the Martin 202 airliner. They saw inside the HH52A, U.S. Coast Guard rescue helicopter. Also, on display were the Bell AH-1 Cobra helicopter, the OV-1A Mohawk observation/attack aircraft, and other aviation cockpits including a General Aviation Trainer (G.A.T-1) and a Glider.

Also popular was an official Airport Rescue Firefighter Truck! For young astronauts, there is a working display of the International Space Station (ISS) along with uniforms and items used by the many Astronauts like Buzz Aldrin, Scott and Mark Kelly, to name just a few. For more information go to www.NJAHOF.org ###



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## Carlstadt

A Veterans Day Remembrance Ceremony was held Wednesday, November 11, 2020, 11 a.m., at Veterans Park on Hackensack Street, Carlstadt. The ceremony was led by Bob Nerbetski.

The service began with an Opening Prayer and Salute to the Flag. Speakers included Carlstadt Mayor Robert Zimmerman, Buddy Davis and Wood-Ridge Councilman Ezio I. Altamura. The program concluded with the Benediction. ###

Photos by Dennis Kronyak Sr.













## Little Ferry















#### **Pearl Harbor Remembrance**

On Monday, December 7, 2020, at 7 p.m., at The Monument, Euclid Avenue and Mt. Vernon Street, **Ridgefield Park**, American Legion Post 40 and VFW Post 277 will observe the 79th Anniversary of the Japanese attack on Pearl Harbor, marking the entry of the United States into World War II. The public is welcome to attend. As time goes by, the following generations don't seem to know about the Japanese attack on Pearl Harbor in 1941. Children cannot learn history or know about the past unless you teach them.

On Monday, December 7, 2020, at 7 p.m., at VFW Post 809, 100 Main Street, Little Ferry will host a remembrance service. ###

#### Lodi



















#### Lodi Honors Veterans

On November 11, 2020, the Borough of Lodi gave a Veterans Day Salute to 66 of it's deceased military Veterans who saw action in combat.

The program was led by Lt. Anthony Mobilio. The Lodi Police Honor Guard presented the Colors followed by the National Anthem. Speakers included Mayor Scott Luna, Deputy Mayor Vincent Martin, BC Directory of Veterans Services A. J. Luna and Congressman Josh Gottheimer.

Taking part in the induction ceremony was WWII Veteran Marion "Ted" Perz. The life long Lodi resident was there to celebrate his 100th Birthday. He accepted the Key to the City and a proclamation presented by Mayor Scott Luna and an American Flag flown in his honor over the Capitol.

Fire Department Chaplain Peter Christiana read the names of the Honorees. The program concluded with attendees viewing the photo display at the "Walkway of Peace" on Memorial Drive.

Organizers included, Lt. Anthony Mobilio, head of the community policing unit, his assistant Sherri Ciarocco Tosto, Corey Paladino of the DPW, Mayor Scott Luna and Council, Police Chief Donald Scorzetti and Deputy Chief Louis Franco. Story by Artie Maglionico. ###



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May you all have a Blessed Christmas, Hanukkah and the Happiest of New Years!



Michelle "Timpson" Gregorat **Top Sales Partner** October 2020

\*according to data from the New Jersey MLS

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