

The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie
Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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December 2022

★★★★★

Wreath from the 2022 Kip Center Annual Festival of Trees and Wreaths, a favorite tradition in the community, runs until December 10, 2022. Raffle tickets are 26 tickets for \$10. Large selection. The winning tickets will be pulled on December 10 at 2 p.m. . For more information, call 201-460-1600. See page 17 form more photos. ###



Embrace The Spirit

Before the endless shopping, social and family obligations, excessive gift giving, festivities and overwhelming pressure of the hectic holiday craziness -- Slow down. Pause. Stop. The magic is in the season. Enjoy living the moment, if only for this special time. Spend quality time with family and friends. Gather around the tree and find an heirloom ornament and share its story while listening to Christmas music. Appreciate the artful decorations everywhere. Savor the flavor of holiday baking and tasteful culinary delights. Send a holiday card with a note to an old friend. Kiss your sweetheart under the mistletoe. Visit a neighbor. Smile while offering holiday greetings to strangers. Be generous in thought, word and deed. Delight in sharing your joy with others. The spirit of the season is in you!

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Community Tree Lightings

Carlstadt will hold their Tree Lighting at Borough Hall on Wednesday, December 7, 2022, at 6:30 p.m.

The **Hasbrouck Heights** Annual Tree Lighting at The Circle will be held immediately after the Annual Holiday Parade (*which starts at 7 p.m.*) on November 25, 2022. There will be plenty of hot cocoa and snacks. Santa will be available in the TD Bank lobby. Bring your camera.

Little Ferry's Tree Lighting & Visit with Santa and Mrs. Claus on December 2, at 6 p.m. Santa and Mrs. Claus, along with their elves, will be available for visits and photos from 6 to 9 p.m., so don't forget to bring your camera and holiday wish list for special North Pole delivery!

Lodi will host its Annual Tree Lighting on Friday, December 2, 2022, starting at 7 p.m., at Borough Hall. Holiday

music will be provided by the Lodi HS Band and Choir.

Rutherford will hold their tree lighting at the conclusion of their Holiday Parade up Park Avenue on November 26, 2022.

South Hackensack will hold their Annual Tree Lighting on Friday, December 2, 2022.

Wallington will hold their Holiday Festival and Tree Lighting on December 3, 2022, from 6 to 9 p.m. at the Civic Center on Union Boulevard.

Wood-Ridge Annual Tree Lighting is on November 25, 2022, at Veterans Park, starting at 7 p.m. Christmas Carols will be sung by Middle and High School Chorale. Santa will be at The Gazebo to hear special secret wishes. Refreshments will be served.

Assumption Church will hold a tree lighting Saturday, December 3, 2022 after the 5:30 p.m. Mass.

Christmas Blessings

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On October 8, 2022, Wood-Ridge Girl Scout Cadette Troop 97130 hosted the annual kickoff program for all Wood-Ridge Girl Scouts. The girls decided to have a Harry Potter Party. All eight stations had Harry Potter themed activities. The girls made potions, finger puppets, and had Quidditch races. The sixteen Cadettes are Sixth Graders at Wood-Ridge Intermediate School. They are looking forward to a fun-filled year of new activities. *Provided by Jane Koegel. ###*

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Heights Friendly Neighbors Kick Off Annual Fund Drive

The members of the Friendly Neighbors will officially begin their annual campaign on Thanksgiving Day, November 24, 2022. It will continue through New Year's Day.

This charitable organization has been serving the residents of Hasbrouck Heights since the Great Depression. They work to maintain the anonymity of their clients in order to serve them with dignity.

The members of the group are from Christ First United Methodist Church, Corpus Christi Roman Catholic Church, First Reformed Church, Holy Trinity Lutheran

W-R Knights Support "Buy-A-Ribbon and Feed the Hungry" Drive.

Donations of \$10 or more will make a difference in the lives of local families this Christmas season and show the generosity of our community by getting a beautiful Red Ribbon with your family name on it that will be placed on Valley Boulevard, Wood-Ridge.

All money received is donated to the Assumption Church and Franciscan Community Food Pantries.

Drop off your check or mail your donation to either the Assumption Church Rectory at 143 1st Street Wood-Ridge, NJ 07075 or **Heights Flower Shop** 209 Boulevard, Hasbrouck Heights, NJ.

Please make checks payable to: St. Anthony Council # 11585 KofC. Every donation makes a difference. What's most important is that we all come together to help our neighbors. If you have any questions, call Angelo Urato from the Knights of Columbus at 551-991-0074.

All ribbons are donated by Mr. Bruce Ferda of Heights Flower Shop###

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Church and St. John the Divine Episcopal Church.

They donate their time in an effort toward raising money, to purchase food and supplies for needy local families.

We try to give a little TLC in the form of special gift bags to the mothers/women around Mother's Day. No expenses are taken and all funds go toward helping town residents.

At present, we are serving nine families with 13 children. These families are struggling more than ever to meet their financial obligations. It continues to be a very difficult time for so many people.

If you are able to share with another family to make their lives a little better, please make your check to Friendly Neighbors and mail to Elsie Sternbach, 133 Boulevard, Hasbrouck Heights, NJ 07604. THANK YOU! ###

Holiday Gift Sale Dec. 4

FOCAS (*Friends of the County Animal Shelter, Inc.*) will be hosting a Special Holiday Gift Fair on Sunday, December 4, 2022, at the American Legion, 100 Liberty Street, Little Ferry, from 11 a.m. to 3 p.m. There will be refreshments, fabulous holiday gifts for pets and people on sale.

Let FOCAS put some holiday cheer in your holiday.

Donations benefit the FOCAS Angel Fund that provides medical care for sick homeless and abandoned animals.

FOCAS was established in 1984 for the protection and preservation of animals. ###


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Hasbrouck Heights Men's Association
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AWS Holiday Party Dec. 3

The American Wine Society, Meadowlands Chapter, Social Event of the Year will hold their Annual Holiday Party, Saturday, December 3, 2022, from 6:30 to 11:30 p.m. at The Elan, Lodi, NJ.

Cost is \$70 for members and \$90 for guests and includes full buffet dinner, soda and wine. You are permitted to bring your best wine to share with your table. Cash bar.

There will be door prizes, gift baskets, DJ music and a special performance by Phil Miuccio.

Payment required by November 28. Zelle payments to: wineclub201@gmail.com

AWS blog: <https://wineclub201.blogspot.com/>
###

Holiday Sip & Paint Dec. 11

American Legion Auxiliary Units # 171 and #206 (*Fairlawn and Westwood*) is hosting a Holiday Sip and Paint on 2 p.m., Sunday, December 11, 2022 at 264 Washington Avenue, Westwood.

Choice of project. Two ornaments or a glass or holiday canvas. Reservations required. Advise which project you want to create.

Cost is \$25 per person. Refreshments/snacks included. For tickets call 201-522-7619, 201-925-4389 or 551-427-5046. ###

After "A Christmas Carol," Charles Dickens wrote several other Christmas stories, one each year, but none was as successful as the original. ###

Season Carolers December 4

The Wood-Ridge Historical Society invites you to get in the Holiday spirit with their program featuring Season Carolers on Sunday, December 4, 2022, at 2 p.m.

Season Carolers spread joy, warmth and a little holiday magic to all.

Established in 2001, Season Carolers is a unique organization, comprised of classically trained, professional vocalists, who aside from caroling spend their time performing nationally and internationally in operas, concerts, recitals and oratorios.

The program will take place at Wood-Ridge Senior Center with refreshments to follow. ###

HH School Holiday Concert

The Hasbrouck Heights Jr./Sr. High School Holiday Concert is Wednesday, December 21, 2022, at 7 p.m., in the auditorium. Open to the public with free admission and open seating! All are welcome to hear the joyous sounds of the Holidays. ###

December Birthstone
Turquoise

W-R Senior Holiday Pasta Dinner Dec. 9

Wood-Ridge Mayor Paul Sarlo invites all Wood-Ridge senior citizens and Senior Club members to the Borough's 21st annual Holiday Pasta Dinner.

The event will take place on Friday, December 9, 2022 beginning at 4:30 p.m. and ending at 6:30 p.m.

The party is being held at the Senior Citizens building located on the corner of Highland Avenue and Hackensack Street. The senior bus will be available for pick-up and drop-off if needed.

Come join your neighbors for an evening filled with fun, singing provided by our local Girl Scout and Brownie troops, entertainment provided by David Beasley, our One-Man Band & Vocal Entertainer, holiday gift raffles and more!

Please call the recreation office at 201-939-7507 to make a reservation. Leave your name, telephone number and the number of people that will be attending with you. ###

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HHMA
Christmas
Tree Sale

The Hasbrouck Heights Men's Association will be selling Christmas Trees this Holiday Season beginning Saturday, November 26, 2022, at St. John the Divine, at the corner of Franklin and Terrace, Monday - Friday 6 to 10 p.m., Saturday and Sunday, 9 to 9 p.m.

They will be carrying an array of trees of various sizes and prices. This sale has been a Hasbrouck Heights holiday tradition for over 35 years.

The money raised goes to the HHMA Scholarship Fund that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. The Hasbrouck Heights Men's Association wants to thank area residents for their on-going support of their sale. They wish everyone a Happy Holiday Season. ###

Winter begins with
the Winter Solstice,
Wednesday
December 21, 2022
4:48 p.m.

Holidays at Skylands Manor

Enjoy the sparkle and spirit of the magical season at the Annual Holiday Open House event sponsored by the NJBG/Skylands Association, at Skylands Manor in the NJ Botanical Gardens, Ringwood, December 1 through December 4, 2022.

The Manor will be decorated floor to ceiling for "A Holly Jolly" for a warm and welcoming start to the holiday season with a totally different look every year! Gift Shop and Holiday Café, too.

• December 1 to December 4 (Thursday-Sunday), 10 a.m. to 4 p.m. **Daytime Tours.** Enjoy a self-guided tour of the splendid decorations at your own pace. No baby strollers allowed in the Manor. Last ticket sold at 4 p.m. \$12/adults; \$10/seniors; \$7/children 6-12; under 6 free.

• December 1 and December 2 (Thursday & Friday), 10 a.m. to 4 p.m. **Group Tours.** Bring your group to enjoy this holiday delight together. Please call 973-962-9534 for details.

• December 3 (Saturday), 6 p.m. to 8 p.m. **Evening Reception.** The Manor will be yours for a leisurely stroll with champagne, light refreshments and valet parking. Reservations required. \$50/members;

\$55/guests and non-members. Individual, senior and student members may buy 1 ticket for any evening at the special member price. Family and other member categories may buy 2 tickets at the special member price. Tickets will be available at 973-962-9534 and online at www.njbg.org. ###

Kip Center 29th
Annual Festival
of Trees, Wreaths
and Centerpieces

The Annual Festival of Trees and Wreaths, a favorite tradition in the community, runs from November 8 to December 10, 2022.

The Kip Center Festival of Trees fundraiser, is the perfect venue to enjoy a beautiful holiday display of trees, wreaths, and centerpieces that are decorated by local individuals, organizations, businesses, artists, children etc.

Raffle tickets are 26 tickets for \$10. The winning tickets will be pulled on December 10 at 2 p.m. For more information, call 201-460-1600. See page 17. ###

Winter Christmas Show
Model Railroad Exhibits

The excitement and "Romance of Railroads," and the enjoyment of building and displaying model trains has kept the Society of Model Engineers going since 1926, making it the oldest model train group in the United States.

The members operate a train museum and two large "Railroad Empires" covering almost 5,000 square feet.

The larger "O" Scale layout is 40 by 70 feet and has almost 20 scale miles of train track, with detailed scenic diorama with realistic track work, roads, interesting structures, bridges and tunnels.

The "HO" Scale layout is approximately 30 by 45 feet. It also is fully scenic with miles of scale track. Over 50,000 miniature trees have been

installed by the members to depict Northern New Jersey.

Many of the models are one of a kind and were handmade by Society members. Trains of all types, passenger, freight, and circus trains, will be operating continuously.

Also on display will be the Society's collection of historic railroad memorabilia signage, railroad lanterns, steam locomotive bells and whistles, railroad photos, etc.

The Society's Annual Winter Christmas Show will be Saturdays and Sundays, December 3, 4, 10, 11, 17 and 18 from 1 to 5 p.m., at 341 Hoboken Road, Carlstadt. Donation is \$8 for adults, children 12 and under are free.

For more information, call 201-939-9212 or go to: modelengineers.org ###

Jinglefest
Holiday
Concert

Jinglefest returns to Rutherford United Methodist Church, 56 West Passaic Avenue, Rutherford, on Saturday, December 3, 2022, from 10 a.m. to 3 p.m.

Come to our annual holiday event Jinglefest this year featuring a Holiday/Winter Thrift Sale and Food Fest.

Find fantastic prices on new and gently used toys and games, men's, women's, and children's clothing and footwear, including coats, jackets, boots, shoes, festive holiday attire and more.

Find accessories, jewelry, giftware, small furniture, housewares, bedding, cookware, decor, and much more.

Plus, enjoy delicious snacks and treats from our Church kitchen team. Cash only. Free admission. Street parking. Get updates at rutherfordumc.org ###

Come enjoy the spirit of the season on Sunday, December 18, 2022 at 5 p.m. for a joyful holiday concert at the Rutherford United Methodist Church. The program features holiday and jazz tunes from the Jae Young Jeong Band, as well as musical and song performers from other area Churches and organizations. Refreshments follow.

Admission donation: \$10. Cash only. Street parking available. Get more information and updates at rutherfordumc.org ###

Cancelled Stamps
Wanted

The TUBFRIM, is a Norwegian organization located in Brooklyn that collects stamps along the east coast – Maine to Florida. They use the money from the sale of stamps to aid physically and mentally challenged children and youth.

If you would like to help the Leisure Club of Hasbrouck Heights in collecting cancelled stamps, please trim the stamps to 1/4 inch around the stamps.

Old envelopes and postcards are also being collected. If envelopes, postcards etc., are more than 40 years old, please do not cut off the stamps, but save the whole envelope/postcard.

The stamps can be dropped off or sent to: The Gazette Newspaper, 345 Boulevard, Suite 5, Hasbrouck Heights, NJ 07604 or bring them to a Leisure Club meeting. ###

Drop-off
Toy Drive

REMAX Trading Places and Cory Waters is hosting a Toy Drive to benefit Hackensack Meridian Children's Health. Drop off an unwrapped new toy any time from noon to 3 p.m. until December 18, 2022, at 345 Boulevard, Hasbrouck Heights.

Enjoy some refreshments on Saturday, December 10, 2022, from noon to 3 p.m., as we kick-off this special toy drop off event. Call 201-288-5411 or 908-797-5745 for more information. ###

Read to Your Child

Buy-a-Ribbon
Feed the Hungry
Donate \$10 for the
Center For Food Action



... and get a
Beautiful Red Ribbon
on "The Boulevard"
with your name on it!



Even I'll take one!

Your \$10 contribution will be used by the Center For Food Action to purchase food. The Center For Food Action is a non-profit food center that has served our area's needy since 1976.

Donate \$50, and your contribution will provide a special breakfast and a traditional dinner this Christmas or Hanukkah for a family in our neighborhood. Special ribbon embellishments will denote your generosity. Corporate contributions of \$100 or more will receive a unique red and gold ribbon.

Yes, I want to share the Holiday Spirit ...

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In cooperation with The Gazette Newspaper

This Holiday Season, Let's Share Food and Cheers!

By the Wine Guys Philip Miuccio & Angel Martinez

The Holiday Season is upon us once again and with it brings appreciation of good times with our friends and family.

Having a nice bottle of wine adds warmth and merriment to the season. The sound of a popping cork and the pouring of your favorite wine or bubbly are sure to bring a smile to everyone's face, just remember not to point the bottle towards anyone.

It's a great time to start all social events with a nice bottle of well chilled sparkling wine to set the mood just right and get your party or dinner started.

These should be well chilled at approximately 43° to 50°. Also, remember to keep your white wines cool as this helps bring out the brightness of white wines. If you like to save room within the refrigerator, place them in a bucket of ice 30 minutes prior to guests arriving.

As for your red wines, some say keep them at room temperature. However, you'll do them justice if they are slightly cooled at around 50° to 65° before serving. This also brings out the berries and red fruit characteristics of the wine.

Hors d'oeuvres & Appetizers

A dry sparkling wine goes well with a majority of hors d'oeuvres, appetizers, and first courses regardless of serving meats, cheeses, or vegetables.

Here are a couple of recommended choices to assist you for this year.

Gruet Blanc de Noirs is a dry but bright sparkling wine or event J Vineyards Sparkling Cuvee from California.

Another option is Louis Bouillot Perle d'Aurore, a sophisticated dry Rosé made using the traditional Champagne method with a bouquet and palate that features lively cherry and strawberry notes.

Prosecco is very popular here in the states, the Bisol Jeio Valdobbiadene Prosecco from the Veneto region. Try Cupcake Prosecco is also a popular choice from the Veneto region of Italy. It sparkles with fine effervescence of green apple, white peach and honey-suckle flavors which are sure to please everyone. While we just mentioned a few you certainly can pick any of your current favorite sparkling wines and you can't go wrong.

There are many types of sparkling wines from around the world to choose from. Keep in mind that only sparkling wine that comes from the region of Champagne, France can be called "Champagne," anything else are called sparkling wines.

Champagne is well-known, but there are other variations such as Crémant from France, Cava from Spain, Prosecco or Spumante from Italy and Sekt from Germany.

Having a glass ready for your guests from the following list once they arrive will put you on the top of the most gracious host list. These delightful wines will pair well with your appetizers, pasta (*seriously you're going to try and not have a pasta course*)? I didn't think so. A good cavatelli and broccoli is a nice touch. It will go with any of your main course dishes that you may prepare. Be it turkey, ham, pork loin or any seafood dish. Of course, dessert and sparkling wine just really finishes off the night.

You will not go wrong picking a couple of these.

Salad Course

Next, if you are going with a salad, perhaps a Pinot Gris or nice dry Reisinger goes well with a mixed green salad of mild lettuce, shaved endive and anise, thinly sliced pears, goat cheese croutons, lightly dressed with a fruity vinaigrette. If you want to get fancy, don't forget to serve your salad in a chilled plate.

Pasta Course

Yes, of course, there is pasta! But while a Bolognese would be a meal in itself and would recommend a hearty Italian Ruffino Chianti or Banfi Chianti Classico which pairs well with a wide variety of foods, including red-sauced pastas.

This pasta course can be much lighter and a smaller portion. For example, a timeless cavatelli and broccoli in white wine sauce, or a simple serving of penne in a light, fresh tomato sauce with basil comes to mind.

A lighter red like a Pinot Noir will also work with these dishes, this sexy glass of wine will complement the pasta course. We can think of nothing better than our favorite Willamette Valley vineyards from Oregon, this light bodied, dry, with the taste of red berries and hibiscus, will compliment

your pasta dish and impress your guests.

Main Course

While we know that many different wines will go with just as many main courses, we are going to give you our suggestions for the wine that will go with a main course that you may be having. Having more than one main course option, then you could serve a couple of wine options for each course. Your family and friends will not forget the effort.

- **Beef** – With any beef dish we suggest the following wines. Did someone say Prime Rib? A California Napa Valley Merlot or Argentina Cabernet Sauvignon will work nicely. Two that come to mind are: Markham Merlot from Napa, "Just when I thought I was out, they pulled me back in," or the very popular Catena Cabernet Sauvignon from Argentina. If you prefer an Italian wine, get the Ruffino Modus Rosso Toscana, a Sangiovese red blend also compliments a good hardy dish.

- **Pork** – Porky pig never tasted so good! Domaine Bousquet Malbec Reserve 2020 is a fantastic buy and quality from Argentina. A hidden gem is Zaccagnini Montepulciano d'Abruzzo, this red blend is medium body, soft tannins, hints of spice will pair well with your pork dish.

- **Poultry** – a nice New Zealand Oyster Bay Chardonnay, a vibrant white with aromas of crisp citrus and peach or a white French Burgundy Jadot Pouilly Fuisse will do the trick. Chardonnay is said to be Americas favorite grape, in fact we drank about 60 million cases last year. That's a lot of wine!

- **Fish** – For the light flaky fish try Sea Glass Sauvignon Blanc from Santa Barbara California, with its pronounced aromas of lemon, lime, grapefruit and lively flavors.

Meaty fish types such as tuna, salmon, swordfish go for a Pinot Noir, if you're feeling adventurous. As long as the red is light body. However, if you're a traditionalist, look for a varietal like Chenin Blanc from Pine Ridge from Napa, California. Or give Barone Fini Pinot Grigio a try. It's easy drinking, and a good balance of ripe pear and apple with a touch of citrus on the palate, and lingering crisp finish.

Dessert

Now we are talking about our favorite portion of any holiday meal. The sweetness which brings everyone's memories back to their childhood. Only now we get to enjoy them with some awesome wines.

Selecting an Italy Lambrusco, a Tawny Port from Portugal or a late harvest Ice Wine from Canada or Germany, are a few to sure satisfy that sweet tooth and compliment just about any dessert your guests may bring; either from a local bakery or homemade by mom, sibling or your significant other, it will make for a nice ending.

Bonus Drinking

Just when you thought it was safe, there is more. For those die-hards, who have no intention of going home, you can spend the night after having one or more of the following: A glass of vintage port from Taylor Fladgate, or for some an old fashion made with Woodford Bourbon. If you prefer it neat then go for Angels Envy bourbon, Single Malt Scotch Macallan, or Glenmorangie whiskey.

Extra Wine Picks

Need a bit more help in making some wine selections? Here is a list of other wines that will help you with your Christmas dinner and parties.

- *The Hartford Court Russian River Valley Chardonnay* offers subtle aromas of jasmine flower, citrus oil, green apple and pear.

- *Burgans Wine Albarino Rias Baixas*, has scents of pineapple, mango and white flowers, with a supple and round finish offers tropical fruit flavors.

- *Hampton Water Rose* is a fantastic French rose. Rose are great for holidays not just for the summers.

- *Seaglass Sauvignon Blanc Santa Barbara* is bright and refreshing varietal from Central Coast California has aromas of lemon, lime, grapefruit and tangerine. A clean, crisp palate of gooseberry, orange blossom with lightly tart finish.

- *Frogs Leap Napa Valley Zinfandel* is a dark red and purplish fruit, ripe dark fruit, mint, oak, and earthiness with hints of tobacco, but the style is essentially forward and fruit driven.

- *Brancaia Tre Rosso Toscana* is a medium bodied red

wine with a dense ruby-red color. The aromas and flavors include fresh fruit and wild red berry. This is a blend of Sangiovese, Merlot and Cabernet Sauvignon.

- *Willamette Valley Vineyards pinot Noirs* from Oregon or MacMurray Estate Central Coast Pinot Noir.

- *Bisol Jeio Prosecco Millesimato Rose Brut* is a blend of Italian varietal Glera and Pinot Nero. On the nose, it has layers of red berries, rose, and fresh citrus fruit, and is reminiscent of wild strawberries. This is a good standby that is perfect for party goers, the price is right, the taste is nice, and many guests will have it twice.

Wine Serving Tips

- Red wines into fridge for 10-12 minutes before serving

- White wine into fridge 30 minutes before serving

- Sparkling wines into fridge 45 minutes before serving

- Port or Ice wines into fridge 1 hour, then take out for 10 minutes before serving.

Remember, it matters not if the wine glass is half empty or half full; clearly there is room for more!

On behalf of all of us, we wish you all a very Merry Christmas and Joyfully Happy Holiday Season. May you and your family and friends enjoy and be safe. Until the next time, Enjoy, Drink, Cheers and Salute!

President and Wine Judge Angel Martinez, Vice President Philip Miuccio and Treasurer Denise Griner. All around wine guys and gal, American Wine Society, Meadowlands Chapter. Wineclub201@gmail.com ###

COMING SOON our NEW WINE VLOG SERIES "Wine in Five" from the Wine Guys. Details to follow on Wineclub201@gmail.com



Holiday “Road Trip” Tips

Suggestions for Safe Holiday Travel.

- Before leaving, be sure to secure your house. Lock all doors and windows, and don't forget to set the alarm.
- Also, give your home that lived-in look to repel potential burglars by having a friend collect your mail, setting lights on timers and not leaving details of your trip on the answering machine.
- Don't leave valuables in your car. Pack all items, especially brightly wrapped packages, in the trunk. If afraid of squashed bows, wait until you arrive to wrap the gifts.
- One tip for packing lighter is to ship your gifts to your destination ahead of time. Allow at least two to three weeks for your package to arrive, for the holidays are hectic times for courier services like UPS and Federal Express.

Plan Ahead

Holiday travelers are at a higher risk for accidents. Avoid peak travel days.

People leave on long trips on the last workday before the holiday to visit family and friends in what can be a stressful time – increasing the potential for fatigue.

- Plan enough travel time for your trip to include breaks.
- Plan your route before you leave and take along a map

Christmas caroling began as an old English custom called Wassailing - toasting neighbors to a long and healthy life. ####

or GPS so you are prepared if you need to take a detour or alternate route due to road conditions or accidents.

- Travel information Web sites and 5-1-1 telephone services provide estimated travel times, road and weather conditions, accident reports and other helpful information.

- Don't leave on a long trip after eating a large meal. Never drink and drive.

Drive Safely

- Buckle up and use child safety seats properly.
- Once on the road, drive carefully, patiently and stifle road rage. Indicate lane changes and give everyone plenty of room. Be forgiving when someone drives recklessly.

- Don't text or use your cell phone when driving.

- Obey speed limits.
- Don't tailgate. Be patient.
- Stay alert and minimize distractions.

- Avoid sudden stops and starts. Slow down when driving on snowy or icy roads where stopping distances are much longer. Leave more distance between your vehicle and the one ahead.

- Overall, try to make driving fun, and view it as part of the holiday, not as a chore. If traveling with children, get everyone involved by singing or reminiscing about favorite past holidays. The ride will be over before you know it, and you'll actually look forward to the drive back home. ####

Little Ferry Coat Drive

New Jersey Cares Coat Drive will be held until December 28, 2022.

Drop off new and gently used coats to Little Ferry Borough Hall, 215-217 Liberty Street, Little Ferry. A drop off box is near the main entrance in the lobby. ####

Carlstadt Mixed Chorus

The Carlstadt Turnverein invites you to their New Year's Eve program on December 31, 2022, from 4 to 8 p.m. Cost is \$65 pp all inclusive. Music by Bud and Linda. For reservations call 973-777-6677.

Love Music and Singing and socializing with like-minded individuals?

The Carlstadt Mixed Chorus may be the place for you. We are celebrating our 91st Anniversary in 2022 and are seeking new members to keep the tradition vibrant.

Our repertoire includes songs with German and English lyrics and ranges from Mozart, Beethoven, Strauss, to evergreens and Broadway tunes.

We meet once a week, Tuesdays, from 7 to 8:30 p.m., to rehearse and socialize afterwards.

If interested, please email Ingrid at: ingridwehrhahn11@gmail.com or call: 973-777-6677, eves preferred.

We'd love to hear from you and have you join us. ####

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Free Lunch Saturday

Everyone is invited to the First Presbyterian Church of Moonachie for the “Free Lunch Saturday” program, which will be held on December 3, 2022, at 11:30 a.m. This hot lunch features “Roast Loin of Pork.”

Food service inside resumes. To-Go bags are available while supplies last.

Closed January 2023. Re-open February for eat-in or to go.

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts. If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ####

Elks Breakfast 1st Sunday

Elmwood Park/Paterson Elks Lodge 60, 192 Market Street, Elmwood Park, will host a breakfast, the first Sunday of every month, 8 a.m.-11:30 a.m. \$10 pp. Children 6-10, \$5. Free for children under 6. Open to the public.

Breakfast includes: juice, eggs, pancakes, bacon, sausage, hash browns, toast, hot and cold cereal, muffins and bagels, hot chocolate, coffee or tea. Reservations preferred. Call Dennis at 201-791-6149. ####

Rosary Altar Society Christmas Brunch December 6

The Rosary Altar Society of Assumption Church, will be having a Christmas Party at Justin's Restaurant, on December 6, 2022, at 6 p.m. All women of the Parish are welcome. ####

December Flower Narcissus

Wallington FD Breakfast With Santa

Wallington Fire Department, Park Row Hose Co. 3, will be hosting their annual Pancake Breakfast with Santa on Sunday, December 4, 2022, from 8:30 a.m. to noon, at the Wallington Civic Center, 24 Union Boulevard, Wallington. There will be pictures with Santa. Donations, \$10 for adults and \$5 for kids ages 4 to 12. Tickets are available at the door. ####

Breakfast With Santa Dec. 11

On Sunday, December 11, 2022, from 9 a.m. to 12 p.m., the St. Anthony Council of the Knights of Columbus will host a Pancake Breakfast at the Fr. Patrick Morris Hall at the Assumption Church, 143 1st Street, Wood-Ridge.

The menu will be four pancakes and two sausages. The cost is \$10 for adults and \$5 for children.

For tickets, please contact Jason Mabel at jmabel13@gmail.com

Tickets can also be purchased at the door on the day of the event.

The council will again be selling “Keep Christ in Christmas” magnets in the shape of the Nativity Scene. The magnets can be purchased from any member at \$5 each or 5 for \$20. ####

Lodi KC Pancake Breakfast Dec. 11

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, December 11, 2022, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French Toast (to order), bacon, sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$10; children over 6: \$5; children 6 and under: free. Profits to benefit local charities. For more information, call Joe at 201-805-4576. ####

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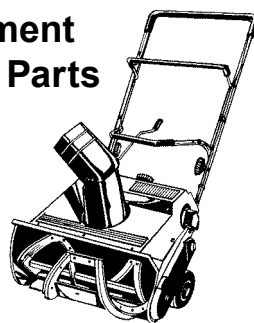
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ER Seniors

Any East Rutherford senior resident, 50 years or older is welcome to join the Club. Meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. There are special events and parties for members throughout the year.

Free blood-pressure screenings - on the 4th Tuesday of the month beginning at 11:30 a.m. Membership is \$15 per year. Contact Debbie for membership at 201-803-4708 and Josephine for trips at 201-981-6284. Payment must be received 2 weeks prior to an event. ###

AARP Chapter #2015 Lodi

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Center, 22 Walnut Place. New members are welcome. 2022 dues are \$10 a year. National AARP membership is required. For further information, contact Stan at 973-779-8544.

• December 20, 2022: Regular monthly meeting. Starts noon. Pizza luncheon.

Provided by Kathleen Zaleski. ###

Celebrating Their 60th Anniversary

Lodi couple Celebrates 60th Wedding Anniversary

Family and friends gathered at the Sergio Massone Restaurant in Lodi on September 25, 2022 to celebrate the 60th Wedding Anniversary of Lodi's Emilio and Giuseppina Cestaro Russo.

The happy couple, married on September 22, 1962, hail from Bagni Di Contarsi, Province of Salerno in the region of Campania Italy. They arrived in the USA together in 1965.

The affair was given by their children Genaro, Antonio, Geraldine, Carmela, Enzo, Maria and Joseph. A moment of reflection took place in memory of their deceased sister Anna. The wedding couple boasts 13 grandchildren and one great grandchild.

Happy Anniversary! ###

The poem commonly referred to as "The Night Before Christmas" was originally titled "A Visit From Saint Nicholas." This poem was written by Clement Moore for his children and some guests, one of whom anonymously sent the poem to a New York newspaper for publication. ###

Carlstadt Senior Friendship Club

Senior Friendship Club, Inc. meets at the Civic Center Building, every first and third Wednesday of each month. Every Thursday, from 1 p.m. to 5 p.m., card games and Mexican Train/dominos.

Senior Club Meetings are 1st and 3rd Wednesdays of the month. We have interesting events at our regular meeting days with guest speakers and entertainment. We follow protocols of CDC. We are planning for more varieties of programs, such as cultural events, hands on art and craft, musical events and much more.

Trips

• Brownstone "Home for the Holidays." Food, music, dance and 1 drink. 10 a.m. to 3 p.m. \$58 pp. Wednesday, November 30.

• Windcreek, Tuesday December 13.

All trips leave from upper parking lot Lester Stagg Way and Garden Street. Be their 15 minutes before. Call Helene at 201-463-3000 for details. ###

Lodi Seniors Club Seeks Members

Club President Rose Benti and her staff are inviting community residents 55 plus to stop by the Walnut Street location and sign up as an active member of the Lodi Senior Citizens Club. It's a marvelous place to meet new friends and to take part in the various programs that are available to all who are interested.

Among the programs being offered are day trips, luncheons, shuffle board, Billiard tournaments, top shelf entertainment such as Saxophonist extraordinaire Lonnie Youngblood and Balladeer Artie Mags.

For those who wish to try their luck, the Club boasts its Thursday afternoon Bingo Fest. First game starts at 1 p.m. sharp. Afterwards enjoy coffee and cake with friends. Want to experience the mind body connection while sitting down? Take part in the Clubs Yoga classes lead by instructor Aja Humphries.

Aja is a full-spectrum Doula as well as a pre/postnatal yoga teacher. Classes are held every Thursday from 11:45 a.m. to 12:45 p.m. "Yoga is all about love." says Aja "Yoga is how I show myself and others love."

For more information contact Rose Benti or Don and Marie Stein on Thursdays between 9 a.m. and 2:30 p.m. Provided by Artie Mags. ###

Moonachie Seniors Esprit De Corps

All Mooachie residents who are 60 years or older are invited to enjoy the following activities:

• Senior Citizens Club. \$10 membership fee yearly. Club meets 3rd Wednesday monthly at the Senior Center at 1 p.m. Bergen County public health RN at noon prior to regular meetings. New members always welcome. Club Christmas Party at the Graycliff, December 15 from noon to 4 p.m.

• Senior residents welcome Tuesday and Friday Art Class at 1 p.m. Contact Stan K at 973-476-1455.

• Senior residents are welcome at Chair Flow exercise program Thursdays 10 to 11 a.m. Call Joanne V. S. at 201-641-6472.

• Residents welcome to a program presented by ShopRite dietitian Julianne Gallo discuss the benefits of chocolate on wednesday, December 7 at 1:30 p.m. Samples included.

Provided by Joanne Van Saders. ###

Vic's Hoofers

The Vic's Hoofers, a ladies social group, meets on the first Thursday of the month at the Carlstadt Civic Center on 4th Street at 7 p.m. Women from surrounding towns are invited to join. Dues are \$15 per year.

So put down those electronic gadgets and join us for some good old fashioned fun and laughter. Refreshments are served and fun activities are planned for each month. New members welcome. Call Alice at 201-933-8561. ###

LF Seniors

Meetings are second Thursday of each month at 1 p.m. Refreshments are served. Bingo is the 2nd and 4th Tuesday of each month at 12 p.m., Pokeno is every Friday at 12:30 p.m. All meetings and games are held at Little Ferry Senior Center, 95 Main Street. New members always welcome. Dues are \$10 per year. Call Mary for further information at 201-686-8424. ###

"In the old days, it was not called the Holiday Season; the Christians called it 'Christmas' and went to Church; the Jews called it 'Hanukkah' and went to Synagogue; the atheists went to parties and drank. People passing each other on the street would say 'Merry Christmas!' or 'Happy Hanukkah!' or (to the atheists) 'Look out for the wall!'" Dave Barry

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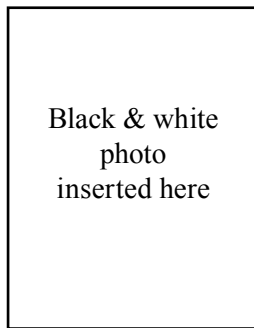
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Deadline for January 2023 issue is December 1, 2022

In Memoriam

Name of Loved One
Special date(s) listed here



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Sample size
and format

Appropriate comments with
family names listed here.
Limit 15 words.

Cash Raffle
Dec. 11

The Rosary Confraternity of Most Sacred Heart of Jesus Church, 127 Paterson Avenue, Wallington, is sponsoring a “St. Nicholas Surprise Cash Raffle.”

As St. Nicholas makes his annual visit to Most Sacred Heart Parish Christmas Party on Sunday, December 11, 2022, the winning tickets will be pulled at 3 p.m.

The 1st Prize is 25% of the proceeds of the ticket sales, 2nd Prize is 15% of the proceeds and 3rd Prize is 10% of the proceeds. Tickets are a \$5 donation.

Tickets are on sale now. Checks are to be made payable to Most Sacred Heart of Jesus Church. Please place your check or cash with the completed ticket stub(s) in an envelope marked ROSARY CONFRATERNITY CASH RAFFLE. All returns can be placed in the Sunday collection basket or dropped in the mailbox outside of the rectory. Please return all ticket stubs and money by Thursday, December 8, 2022.

Proceeds of this raffle will be utilized to support the activities of the MSH Rosary Confraternity and MSH Parish.

If you have any questions or wish to purchase tickets, please contact Diane at 201-290-7655 or MaryJane at 201-939-8576. ###

Valentine’s Party
Fundraiser Feb. 11

American Legion Squadron 310, 100 Liberty Street, Little Ferry is hosting a Valentine’s Party On Saturday, February 11, 2023 starting at 7 p.m.

Tickets are \$20 per person and includes pasta dinner, beer, wine and soda. Every lady gets a rose! Music by DJ Jack Jam.

Advance ticket sales. No tickets sold at the door. No refunds.

All Proceeds from this fundraiser go to Veterans and children’s programs

Any questions call: 201-807-0470. ###

St. Patrick's
March 11

American Legion Post 310, 100 Liberty Street, Little Ferry, NJ, Annual St. Patrick's Day Corned Beef, Cabbage and Potatoes Dinner, Saturday, March 11, 2023, from 4 p.m. until 8 p.m.

Cost is \$15 per order. All proceeds to benefit Veterans and childrens programs.

Indoor event, but take out is available while it lasts.

No outside beverages allowed. DJ Jack Jam will be spinning the tunes for the party. For additional information please call 201-807-0470. ###

Practice Random
Acts of Kindness

MomLife Event
December 29

Come to MomLife this month, where you will find peace and get recharged. Moms of kids ages 0-11 from any town are welcome to attend.

Limited KidLife child-care available by RSVP only. Monthly get together and outings too.

Next event on Thursday, December 29, 2022, 7 to 9 p.m. Please RSVP by December 27. Event hosted by **Bible Baptist Church**, 31 Passaic Avenue, Hasbrouck Heights.

For more info: hasbrouckhtsmomlife@gmail.com; 862-239-6677; Fb – Hasbrouck Heights MomLife ###

Friday Night
Dancing

The Hasbrouck Heights Elks Lodge 1962, 128 Baldwin Avenue, Hasbrouck Heights, will host dancing every Friday night from 7:30 to 11:30 p.m. with DJ Gerri. Cost is \$10 at the door. Coffee included. Cash bar. For more information, call Cathy at 1-386-852-4881. ###

Giant 50/50

The Kip Center is having its 3rd Annual Giant 50/50. Tickets are \$10 each. Drawing is on Saturday, December 10, 2022 at 2 p.m. Call 201-460-1600 for details. ###

Bergen County
LGBTQ Seniors
Meet Dec. 13, 16

Bergen County LGBTQ+ Alliance (BCLA), a new non-profit organization, hosts a seniors (60+) group that meets on the second Tuesday of each month in person and the third Friday, virtually.

The next meetings are on Tuesday, December 13 at 11:30 and Friday, December 16 at 11:30. The Tuesday meeting will be held at The Rutherford Pancake House, 40 Park Avenue, Rutherford. Light lunch will be served.

Contact us at Nick@bergen-countyLGBTQ.org or 201-470-8946 for info and/or the link. ###

Assumption Church
Advent Concert
December 11

The Adult and Children’s Choir of the Assumption Church in Wood-Ridge will hold its Annual Advent Concert on Sunday, December 11, 2022. The concert will be held in the Church at 2 p.m.

Features brass quintet and adult and children's choir groups.

All who enjoy good traditional Advent Music are encouraged to attend. It is hoped that the program will bring back memories of joyful experiences with your families and friends. ###

Festival of Lessons
and Carols Dec. 11

St. Margaret of Cortona Parish in Little Ferry will host their Annual Festival of Lessons and Carols on Sunday, December 11, 2022, at 3 p.m.

With anticipation of the Christ Child during the season of Advent, the Parish Choirs will present songs of the season, along with audience participation. The event will spotlight other choral selections.

Please bring your children as St. Nick will be there.

The Church is located at the corner of Liberty Street and Chamberlain Avenue, Little Ferry. Handicap accessible.

For more information, call Eileen at 201-843-1097. ###

W-R Holiday
School Concert

Wood-Ridge Jr./Sr. High School Holiday Concert is Tuesday, December 13, 2022, at 7 p.m., at the Wood-Ridge Jr./Sr. High School Auditorium, 258 Hackensack Street. All are welcome. Limited seating. Check <https://www.woodridgeschools.org> for details and updates. Snow date is December 14, 2022. ###

"The Nutcracker" is the name for the ballet performed around Christmas time each year. "The Nutcracker Suite" is the title of the music Tchaikovsky wrote. ###

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Halloween in the Park

Woodland Park was invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Tuesday, October 18, 2022. Halloween in the Park began at 6:15 p.m. and concluded at 9:30 p.m.

Every 15 minutes, two hayride trailers took turns collecting riders at the Harrison Avenue end of the pavilion and went around to the back section of the park where they were frightened by a variety of terrifying citizens of the night.

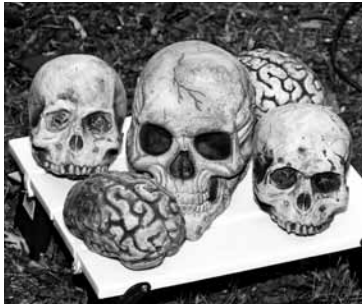
After the horrific experience ride, they escaped at the

Roosevelt Avenue end of the pavilion — where they were treated to cider and donuts and a warm and glowing pavilion fireplace.

Youngsters signed up for the earlier time slots as the fright stations were less scary. Children under 10 were accompanied by an adult.

Al DeAngelo and Panto-phobia Haunted Attractions assisted in this event.

The event was sponsored by the Hasbrouck Heights Recreation Department. For more information, email hhrec@aol.com or call 201-288-4143. ###



Scenes From the Lodi's 4th Annual Fall Festival

Lodi Mayor and Council hosted "4th Annual Fall Festival " on October 15, 2022, on Memorial Drive that started at 3 p.m. and concluded with fireworks behind the municipal complex. Free event included food trucks, rides, vendors, community organizations, beer garden and more! Live music featured The Ruckus and The Glimmer Twins. This family friendly event organizer was **Cliffhanger Productions**. ###





Window Painting Returns

On October 16, 2022, the Boulevard in Hasbrouck Heights resumed their annual Halloween Themed Window Painting program. There were 70 participating stores and 285 students registered to participate. Winners shown above. The Co-Chairs of the event were: Jillian Ferdinand - Lincoln School Rep, Lori Zorat - Euclid School Rep and Donna Porcaro & Heather Shalida - Co-chairs for Corpus Christi. The program was financially supported by the Hasbrouck Heights Regional Chamber of Commerce. ###



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Holiday Fest

Please support local small businesses during the holidays. Thank you to the following organizations who are participating in this year's Holiday Fest program.

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- Boulevard Dogs n More
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- Euclid Masons
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- Francesca's Nail Emporium
- The Gazette Newspaper
- Get Well Physical Therapy
- Hasbrouck Heights Junior Womens Club
- Hasbrouck Heights Library
- Hasbrouck Heights Pizza
- Healing 4 The Soul
- The Health Bar
- Heights Eye Center
- Heights Flower Shoppe
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Pumpkin People Come Alive in Lincoln Park

The Woman's Club of Rutherford held its 7th Annual Pumpkin People in the Park fundraiser. The event ran from October 15 until October 26, 2022.

This family-friendly event was a great way to view creativity and add some autumn flair to Lincoln Park, while supporting the many worthwhile endeavors of the Woman's Club.

Displays were 8 ft. x 10 ft. pumpkin patch spot with each space clearly labeled with business, organization, family or individual name. For more information, contact Leslie Beck 908-625-5344 or Cherie Moss 201-370-9210. ###



Little Ferry Pumpkin Pick

The Borough of Little Ferry hosted their Annual Family Friendly Pumpkin Pick on Saturday, October 15, 2022, from 10 a.m. to 12:30 p.m. at Willow Lake Park (Main & Pickens Street). The event included hay rides, pumpkin pick, photo opportunities, bounce houses, guessing games, face painting and refreshments. ###





The Woman's Club of Rutherford hosted their Annual Taste of Southern Bergen County event on October 20, 2022, at their historic Clubhouse at 201 Fairview Avenue, Rutherford. Over 100 attendees had the opportunity to taste delicious food donated from 30 restaurants and catering establishments across Southern Bergen County, including North Arlington, Lyndhurst, Rutherford, E. Rutherford, Wood-Ridge, and Carlstadt. *Provided by Leslie Beck, First Vice President. ###*



The Carlstadt Public School 2022 Recycling Poster Contest Winners were recognized on October 19, 2022. First Place winners were: Kindergarten, Alesandra Drejaj, 1st Grade, Berrin Koroglu, 2nd Grade, Alexia Marie Mir, 3rd Grade, Zoe Grace Youmskhakian, 4th Grade, Elanur Ayla Belen, 5th Grade, Lennon Rey Sanchez, 6th Grade, Addison Hansen, 7th Grade, Alexia Marie Milone and 8th Grade, Smantha Harlarp. The overall winner was Alexia Milone whose design will be the cover of the Carlstadt Recycling Calendar. Top place winners received gift cards. Officials include Mayor Robert J. Zimmermann, Recycling Committee Chairperson Denise Murray, Teacher Mary Anderson and Principal Kenneth Foy. *Photo by Dennis Kronyak Sr. ###*



Congrats to the Hasbrouck Heights 13 year olds win the Fall League Season and Playoff Tournament. Hasbrouck Heights Costa Memorial Home finished the season with a 6-2-1 record and won the final game against Wood-Ridge 12-2 on November 2, 2022. The fall league starts in September and runs through early November consisted of teams from neighboring towns. There are 2 divisions, upcoming 12's and 13's and also a 14-15 year old team. Top row: Joshua Daniels, Sonnie Perrilli, Michael Wilke, Chris Blum, Matthew Tucci, James Amerio, Thunva Sakuna. and Manager Brad Tucci. Bottom row: David Despaigne, Caden Fiant, Alex Domingues, Vincent Lasora. *Provided by Gary Shenloogian. ###*



Fr. Ronnie Nombre Receives Circle of Honor Award
Congratulations to Sir Knight Fr. Ronnie Nombre of Assumption Church in Wood-Ridge on receiving "The Circle Of Honor Award" From SK Russell Petrocelli, State Advocate and SK Jim Stoevers, State Deputy at the Knights of Columbus Pride in our Priests Dinner on October 12, 2022. It was a beautiful and blessed event honoring all priests from the Newark Archdiocese. *Provided by Angelo Urato. ###*



RLC Student Alpaca Wins W-R Lions Peace Poster Contest
Congratulations to Brianna Alpaca the Robert L. Craig School, winner of the Peace Poster contest that is sponsored by the Wood-Ridge Lion's Club. Her poster now moves on to compete against the Wood-Ridge school winner. *Provided by Susan Lacey. ###*

Bible Baptist Meet Their Neighbors

On October 29, 2022, from 1 to 4 p.m., the Bible Baptist Church in Hasbrouck Heights held Neighbors Day.

This was an opportunity to get out and about and get to know about Bible Baptist Church.

The event featured a Trunk or Treat, refreshments, 18" bounce house, etc.

They promoted Samaritan's Purse Operation Christmas Child that delivers Christmas shoe boxes to less fortunate children in other countries.

These boxes included age appropriate item for girls and/or boys ages 5-9. Suggested items were soccer ball w/pump, toy truck, toy boat, stuffed animal, toothbrush, underwear, socks, backpack, school supplies, etc.

Call 201-288-4139 for details. ###




Carlstadt Public School Pumpkin Carving: Donuts, Cider, Hot Dogs & Gifts

On October 27, 2022, Carlstadt kids and parents presented their carved and lit pumpkins. Carlstadt Fire Department E701 provided hot dogs. Students served drinks and goody bags. Photos by Dennis Kronyak Sr. ###





For information about advertising in The Gazette Newspaper call 201-288-8656



John Nesbitt, on behalf of The Leisure Club of Hasbrouck Heights, presented a Certificate of Appreciation to Thomas Sassa, Carvel store owner. Thomas has been a loyal supporter of the Club over the years. Thank you Thomas from all of us. Story by John Nesbitt, photo by Gladys Gamble. ###

Halloween At the HH Senior Center

On October 25, 2022, over a hundred Ghouls, Goblins and Witches gathered for a Halloween Luncheon provided by the Hasbrouck Heights Recreation Department. Robert Brady, Director, hosted the event. He was delighted to see so many dressed in costume for the occasion. Who says seniors cannot have fun!

There was non-stop line dancing to great music by D. J. Chris from Fun Time. The delicious menu consisted of tossed salad, eggplant, chicken, sausage and peppers, meatballs, stuffed shells, vegetables, rolls and butter. A beautifully decorated Halloween cake and an array of cookies topped the end of a great afternoon. Coffee, tea and soda were available throughout. Overall, everyone had a great time and looking forward to the next party! Provided by Gladys Gamble. ###



Photo provided by Bergen County



Bergen County Rails to Trails Project

On Wednesday, November 2, 2022, the Open Space Institute (OSI) and officials from Bergen County announced the acquisition of a former rail corridor linking the communities of Rutherford and East Rutherford. Permanent protection of the 1.2-mile-long property is the first step in building an 11-acre public park in this densely populated area.

The Carlton Hill Greenway property was previously owned by the Norfolk Southern Railway. Eyed for conservation for nearly two decades, the property will be converted to a linear park connecting Rutherford and East Rutherford with the Passaic River and the athletic fields, tennis courts, playgrounds, and community garden of Rutherford’s Memorial Park.

“This is a once in a generation opportunity to reclaim open space in one of the most densely populated suburbs in the nation and transform a long-abandoned rail-line into a vibrant 1.2-mile linear park that will engage, inspire, and empower our Southern Bergen County communities,” said Bergen County Executive Jim Tedesco. “Today is a momentous day for Bergen County’s vast park system and demonstrates my administration’s continued commitment to the preservation of open space, protection of our environment,

and enhancement of our park system for the enjoyment of passive and active recreation enthusiasts alike.”

“Preserving public lands, especially in an area already starved for open space, will always be a high priority,” said Bergen County Commissioner Steve Tanelli, who serves as the Parks liaison. “We’re incredibly proud to partner with the boroughs of Rutherford and East Rutherford to reclaim this under-utilized area and transform it into viable open space for residents of southern Bergen County to enjoy.”

In their role as facilitator of projects increasing green spaces and access to nature, OSI negotiated the transaction and provided guidance throughout the process. The \$1.9 million acquisition was funded by Bergen County, administered by the New Jersey Department of Environmental Protection, with the Bergen County Department of Parks and Recreation now taking ownership of the property. After structural and accessibility improvements are completed on the trail, New Jersey’s Green Acres program will reimburse Bergen County for half of the purchase price.

“Everyone deserves access to beautiful, accessible outdoor spaces,” said Kim Elliman, OSI president and CEO. “The pandemic reminds us how important open spaces are to our

physical and mental health, especially for residents of densely populated communities. The Open Space Institute is proud to work with our partners at Norfolk Southern Railway, Green Acres, the leadership of Bergen County, and leaders in Rutherford and East Rutherford to bring this wonderful greenway a big step closer to reality.”

OSI’s facilitation of the acquisition of the Carlton Hill property comes on the heels of the September announcement by OSI, New Jersey Governor Phil Murphy and local leaders that nine miles of former rail property spanning Essex and Hudson counties had been officially acquired by the state. The \$65 million project, was negotiated and assisted by OSI and similar to the Carlton Hill Greenway, will provide much-needed green spaces in some of New Jersey’s most populous regions.

The acquisition of the Carlton Hill Greenway will complement additional parkland development: East Rutherford previously acquired several acres of land adjacent to the Greenway with the intention of developing the land for recreational use.

“I’d like to thank County Executive Tedesco, the County Commissioners, Mayor Lahullier and the Borough of East Rutherford for creating this amazing opportunity for our two Boroughs,” said Rutherford

Mayor Frank Nunziato. “The Borough of Rutherford appreciates the County’s ability to see an underutilized area and know what a positive impact revitalizing it can have on our communities. We look forward to working together to develop a much-needed open space that will be used for generations to come.”

“The governing body here in East Rutherford, as well as our residents are ecstatic over the County’s purchase of the abandoned railbed,” said East Rutherford Mayor Jeffrey Lahullier. “This is just another example of valuable county tax dollars being returned to our municipality. When completed, this linear park here in southern Bergen County will be enjoyed for generations to come.”

“The Carlton Hill Greenway is another example of how DEP’s innovative partnerships can transform a former rail line into a dynamic recreational use that will connect communities, give people options to explore nature in new ways and help enhance eco-tourism,” Department of Environmental Protection Commissioner Shawn M. LaTourette said. “Like the Greenway project announced earlier this year by the Murphy Administration, the Carlton Hill Greenway will help provide much-needed green space for residents and visitors to appreciate the beauty of yet

another area of New Jersey.”

About OSI

The Open Space Institute (OSI) has partnered in the protection of 2.3 million acres across eastern North America from Quebec to Florida. Over the past 16 years, OSI has worked to protect more than 21,000 acres of New Jersey farms, forests, and local parkland. Motivated to make protected land more accessible and welcoming to all people, OSI led efforts to acquire the former Boonton Line in Essex and Hudson counties for the creation a new nine-mile Greenway in northern New Jersey and providing public access to the 1,200-acre Jersey City Reservoir in Boonton and Parsippany.

BC Parks Department

The Bergen County Parks Department provides recreation opportunities, preserving open space, enhancing environmental health, and protecting significant cultural and historic sites for current and future generations. The Bergen County Parks System which has been connecting people to nature for 75 years, spans over 9,000 acres and includes a nationally accredited zoo, six golf courses, 21 parks, two horseback riding areas, an environmental center and nine historic sites. ###

Kip Center 29th Annual Festival of Trees, Wreaths and Centerpieces



The Annual Festival of Trees and Wreaths, a favorite tradition in the Rutherford community, runs until December 10, 2022. The Kip Center Festival of Trees fundraiser, is the perfect venue to enjoy a beautiful holiday display of trees, wreaths, and centerpieces that are decorated by local individuals, organizations, businesses, artists, children etc.

Raffle tickets are 26 tickets for \$10. The winning tickets will be pulled on December 10 at 2 p.m. For more information, call 201-460-1600. ###



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How Chanukah Is Observed

Chanukah begins at Sunday, December 18, 2022 and continues through Monday, December 26, 2022.

Chanukah is the Jewish eight-day, wintertime "festival of lights," celebrated with a nightly menorah lighting, special prayers and fried foods.

At the heart of the festival is the nightly menorah lighting.

The menorah holds nine flames, one of which is the shamash ("attendant"), which is used to kindle the other eight lights. On the first night, we light just one flame.

On the second night, an additional flame is lit. By the eighth night of Chanukah, all eight lights are kindled.

Special blessings are recited, often to a traditional melody, before the menorah

is lit, and traditional songs are sung afterward. A menorah is lit in every household (*or even by each individual within the household*) and placed in a doorway or window.

The menorah is also lit in synagogues and other public places. In recent years, thousands of jumbo menorahs have cropped up in front of city halls and legislative buildings, in malls and parks.

Jews recite the special Hallel prayer daily, and add V'Al HaNissim in their daily prayers and in the Grace After Meals, to offer praise and thanksgiving to G-d for "delivering the strong into the hands of the weak, the many into the hands of the few ... the wicked into the hands of the righteous."

Since the Chanukah mir-

acle involved oil, it is customary to eat foods fried in oil. The Eastern-European classic is the potato latke (*pancake*) garnished with applesauce or sour cream, and the reigning Israeli favorite is the jelly-filled sufganya (*doughnut*).

On Chanukah, it is customary to play with a "dreidel" (*a four-sided spinning top bearing the Hebrew letters, nun, gim-mel, hei and shin, an acronym for nes gadol hayah sham, "a great miracle happened there"*). The game is usually played for a pot of coins, nuts, or other stuff, which is won or lost based on which letter the dreidel lands when it is spun.

The tradition to give Chanukah gelt, gifts of money, to children to reward positive behavior and devotion to Torah study, the cash gifts give the children the opportunity to give tzedakah (*charity*). This has also spawned the phenomenon of foil-covered "chocolate gelt." *Chabad.org* ###

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The Longest Night Service

Pastor Debbie Rundecker, of First Reformed Church, Hasbrouck Heights, offers "The Longest Night" service, which is a special time of gathering for those who find the season of Advent and Christmas a difficult time.

It is a somber and quiet time of worship, a time to acknowledge our pain and draw comfort and strength from the One who calls us from our darkest nights into the dawn.

First Reformed Church is at the corner of Burton Avenue and Washington Place. All are welcome. Bring a family member or friend who may be in need of God's comfort even while trying to celebrate the holidays, December 21, 2022, at 7 p.m.

Christmas Eve services are 5:30 and 11 p.m. For more information, call the office at 201-288-1122. ###

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Artful Thinking

By Artie Maglionico • Lodi Historian

Artful Christmas 2022

Greeting everyone and welcome to Christmas '22. It looks as if life in general is returning to some semblance of “normal “and the holiday season is bursting at the seams with the peace and joy that arrives in plentitude this time of year.

I for one love it. How about you? It feels like forever since last we sat around the festive table and shared the warmth, friendship, and food of course, with those we hold dear. It does my heart good to be able to say from the bottom of my heart “Merry Christmas.”

Over the years I’ve been writing about my own cherished memories of Christmas and family gatherings. Hopefully, and I haven’t heard otherwise, you enjoyed them and perhaps were reminded of those marvelous times of your own.

Some may strike a happiness chord in your heart while some memories of Christmas past will bring a sentimental tear to your eye.

Now folks, since I have exhausted my Christmas memory bank, at least for the time being (*I trust there’ll be a few Christmases left to celebrate, but hey you never know*) I thought it would be a good idea to seek out a few of my readers and let them entertain us with their memories of the Yuletide.

These are senior citizens folks so their stories take us back a few decades when money was hard to come by, but there was always more than enough love to go around. In the end that’s what the holiday was all about.

There was never a shortage love and it was readily available in a warm embrace and a kiss on the cheek. If you shared in that love then there were no shortages of anything...you had it all. I’d like to think that it’s the same today for all of us. Is it still that way for you?

The stories you are about to read remind us that Christmas is more than how many gifts are placed under the tree

and the long arduous lines and stampedes we had to endure to get them there. The greatest gift of all is the giving of love, and that my friend, is the true meaning of Christmas. That is what the following stories are telling us. The theme that is laced generously throughout the following stories never wavers. It’s there for you to find. You can’t miss it.

• Marie Stein ,a member of the Lodi Senior Citizens Club as are all of the kind people whose stories you are about to read, remembers a time in her life when her family had to pinch pennies during the holiday season. Her husband was a mason so with winter came the leanest time of the year. Come Christmas time her children seldom received toys. It was mostly clothes and socks.

“We usually celebrated Christmas at my Mother’s home,” recalls Marie “Home-made Italian food like macaroni, meatballs sausage and fresh tomato sauce was served in generous amounts. My Mom was a superb cook and our Christmas table was always filled with loving friends and relatives.”

Christmas remains Marie Stein’s favorite time of the year. She and husband Don continue to decorate their home in true Christmas fashion both indoors and out. “Our home boasts the joy and wonder of Christmas. Merry Christmas everyone.”

• Christmas to Ann Longo is a forever lasting sacred time, truly one of her all-time favorite holidays. “I came from a family of eight children with hard working, caring parents,” remembers Ann.” Money was scarce so it wasn’t unusual to find one gift under our tree. We shared that one gift amongst ourselves.”

At Ann’s childhood home Christmas dinner always began with a prayer of thanks to God. “There were ten of us at the table,” recalls Ann, “We shared much happiness and were truly blessed.”

Ann Longo, wife of celebrated musician and band

leader the late and great Mr. Pat Longo, believed in Santa Claus well into her freshman year of high school. “My friends tried unsuccessfully to convince me that Santa did not exist,” says Ann, “I still believe in Santa Claus till this very day.”

• Etta Cirello Yarmula remembers her childhood Christmas as being filled with marvelous company and delicious food. As for Christmas gifts Etta remembers the four children sharing one big present. “It was usually a game or a record player,” recalls Etta, “My dad was a color mixer at the United Piece Dye Works so we were able to enjoy the fruits of his labor.”

The meal began with anti-pasta and fried meatballs that were snacked on before the main course. Etta’s mom made Lasagna covered in stretch cheese that had to be cut with a scissor. The homemade tomato sauce was thick with sausage, meatballs and neck bones. “There was plenty of Italian bread and salads,” recalls Etta “All of this took place at my mother’s home.”

Are you getting hungry folks? Read on.

On Christmas Eve the family couldn’t wait until midnight to enjoy the holiday sausage, peppers and potatoes with rolls from Modern Bakery. “For my family it was always a warm and cozy Christmas,” says Etta,“Great memories.”

• Back in the 1930s, Millie Westervelt’s family didn’t put up a tree until Christmas Eve. (*I know what you’re saying folks “Artie had to get the name Westervelt in his column by hook or by crook.” A coincidence I assure you.*) Anyway ... Millie and her sister believed that Santa himself put up the festive Christmas tree while they slept. “On Christmas morning we’d wait at the top of the stairs until our dad said it was okay to come down,” recalls Millie, “The tree was decorated with big bulbs and tinsel made out of lead.”

This all took place during the Great Depression so money was sparse. Stockings were

hung over the mantel piece with the traditional orange placed under each of them. “It might have been a German tradition,” said Millie, “I’ll have to get back to you on that.”

Millie recalls gifts being mostly clothing, however, one Christmas found her receiving the gift of her young girl dreams.

“I saw a lovely doll at Sears and Roebuck,” recalls Millie, “On Christmas morning, I found that same doll waiting for me under the tree. I never dreamed of actually getting it since at \$2.98 it was very expensive. Thank you Santa!”

Usually the Westervelt sisters shared one nice present which was either a game or clothing. “Our parents always gave us a wonderful Christmas with very little money,” remembers Millie, “We didn’t know we were poor.”

Millie didn’t want to end her story without mentioning her mom’s famous holiday rice pudding. “Thank you Mom and thank you Uncle John and Aunt Frieda for the Pot Roast.”

During the great depression scarcity was a way of life. A family was forced to do a lot with the little they had. Let me tell you folks a little went along way especially at Christmas time.

• “Money was tight back then” recalls Rose Benti current president of the Lodi Senior citizens club.” But at Christmas time families stretched the celebration as far as it could go and we never felt that we were doing without. There was always an abundance of joy and gratitude.”

As a child Rose recalls waiting anxiously for Santa to show up on the roof top. “Every year my Aunt would dress as Santa,” says Rose “In the distance we heard the sound of sleigh bells in the night and a jolly ho,ho,ho. The sound of the approaching sleigh bells was music to our ears. We thought that Santa was actually flying around our house.”

For most families during the depression the giving of gifts was limited. For siblings one gift for all had to suffice. “We learned early on how to

share and be grateful for what we had,” remembers Rose. “My brother and I would look under the bed to see if there was a Christmas gift waiting to be unwrapped.”

Of course the Christmas dinner was the highlight of the celebration. First came the prayer of thanks followed by the anti-pasta, Lasagna with meatballs and sausage topped with homemade tomato sauce. “The meal wasn’t complete without my grandmothers Ice box cake,” recalls Rose “For we kids it was always a Merry Christmas.”

From all of us in Artful Thinking land

Here’s wishing you a very Merry Christmas.

God Bless America. ###

Merriest Of Christmases By Artie Maglionico

Here’s WISHING YOU THE MERRIEST OF Christmases

I pray that it’s the merriest of all

May your heart be filled with love and happiness

And share each tender memory you recall.

Hope your dreams come true this Holy Season

With family gazing at the Christmas Tree

Ornaments that seem a bit old fashioned

Remind us of the way it used to be.

We don’t mind
We’re just looking back
If only for a while
Bringing all our loved ones back

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Historically Speaking

By James J. Halloran



A Tree, A Log, A Kiss and A Drink

Many of our Christmas traditions have a history that pre-dates the Christian era. These traditions were adopted from pagan practices. The ever-green tree was seen as a sign of everlasting life during the dark winter months.

The **Christmas Tree** tradition is generally associated with Germany. In the 16th Century, devout Christians brought decorated trees into their homes. This practice was brought to America by the German immigrants that settled in Pennsylvania around the 1830's. However, at this time most Americans saw this as a pagan tradition.

In 1846, Queen Victoria and her husband, German Prince Albert, were shown in the Illustrated London News, standing around a Christmas Tree with their children. In England, it became the in thing

to have a Christmas Tree.

It was only a matter of time that the fashion-conscious East Coast American society emulated their British counterparts and adopted the Christmas Tree. By the 1890's Christmas Trees were in widespread use across America.

In Europe most home Christmas Trees are under 4 feet tall, however, we in America see only the room ceiling as the limiting factor for tree height. The lab assistants of Thomas Edison are credited with the addition of adding electric lights to the Christmas Tree. The tallest living Christmas Tree is in the city of Woodinville, in the State of Washington. It is a 122-foot, 100+-year-old Douglas fir tree.

What is the meaning of the **Yuletide and the Yule Log?** Yule is derived from the Old English "Geol" and the Old

Norse "Joi." This was the name of the pre-Christian holiday for the winter solstice. Yule was Christianized to conform with Christmas.

The tradition of the Yule Log can be traced to northern Europe and Great Britain.

In pagan times large bonfires were part of the winter solstice celebration. These bonfires would become "Twelfth Night bonfires" under Christianity. In Norse homes a huge log would be burned for twelve days, ending on January 6th.

One English tradition is just before the Christmas dinner, all the lights are put out. Then the youngest person in the house lights all the candles on the table from the Yule Log. A pre-Civil War southern tradition gave slaves a Christmas holiday, as long as the Yule Log burned. This was about seven days.

The Americanized version of the Yule Log is usually shown on Christmas Eve and Christmas Day on WPIX, Channel 11 TV fireplace program.

Mistletoe can be traced back to the Greeks and Romans. They saw mistletoe as a cure-all for a number of ailments. The Celtic Druids fed it to both humans and animals to restore fertility. Science has found that the plant has no medical benefits and is, in fact, poisonous.

Where did the kissing bit come from? There is an old Norse legend that Frigg, the goddess of love, wife of Oden, declared mistletoe a symbol of love. She promised to give a kiss to anyone who walked under it. As part of an early custom, men were allowed to steal a kiss from any woman that stood under a mistletoe sprig. It was considered bad luck to refuse.

Wassailing was traditionally done on January 6 "Twelfth Night." Groups would visit each household and sing carols for a gift. This was usually food and drink. The Wassail Bowl was passed around so that everyone could drink from it.

The word Wassail comes from the Old Norse "ves heill." This is translated as "be in good health" or "be fortunate." By the 1300's, this became the practice of drinking healths at Christmas and Twelfth Night celebrations.

We wish everyone a blessed and happy Christmas, Kwanzaa, Hanukkah and a healthy New Year!!! ###



Real Estate Insight

By Mary Ellen Courtney

Bad for Your Health and Also Your Wealth!

I read recently an article put out by the American Cancer Society which stated that half of all Americans who continue smoking will end up dying as a direct result of the habit.

Each year, they say, more than 480,000 people in the US die from illnesses related to tobacco use. According to stats, smoking causes 1 out of 5 deaths in the US every year. That's more deaths than are caused by alcohol, car accidents, HIV, guns and illegal drugs....all combined!

I don't smoke and I prefer not to be around those who smoke. As more and more places are smoke-free, it's clear that the pressure to stop smoking is increasing. But I understand that quitting this habit can be very difficult.

So why, anyway, am I talking about this on this platform? Well, it came to attention to me recently after one of our sales agents described showing homes to young, well-qualified first-time homebuyers. This agent had scheduled 4 homes for them to view and they had already seen three when they arrived at #4.

It was an otherwise handsome cape with great curb appeal and it had a lockbox on the front railing. On entering, it was immediately apparent to everybody that this was a smoker's home. The stench of cigarettes was so strong, agent Michelle said, that her throat literally closed up, her eyes started to itch and her head began to ache.

Michelle's clients had come with her parents and the young wife immediately instructed her mom to return to the car and wait for them. The mother suffered from asthma and her daughter didn't want the pervasive odor to trigger an attack. The house was clean, well-kept and, for the most part, completely updated. But the smell of nicotine was so overpowering that, within minutes, they could stand it no longer and ran out for clean air.

Needless to say, the clients went away totally turned off by the property. This, despite the

fact that it presented a lot of good, positive points. These potential buyers were of one mind on it: the only lingering impressions they took away were how their hair and clothes stank from the odor of old smoke, how they all felt the onset of headaches coming on, needed to wash hands and faces, etc. A literal 'gas chamber' they called it.

Now, I'm sure that another buyer, a smoker, might view the house and feel right at home. But for non-smokers I know this issue has, to some degree, to be a turn-off.

Truth be told, I remember back in the day when just about everybody smoked; smoking was almost universal and permitted just about everywhere. I was a smoker myself back then! But that was ages ago and nowadays most people are hyper-sensitive to the lingering residue of old cigarette smoke.

So, if you're a smoker, please ask yourself: are you going to continue this habit in your house in order to befoul your (*likely*) largest asset?

Are you going to cut off a major portion of the buying public - when the time comes to sell - by letting cigarette smoke infiltrate your home to the point where it will need to be professionally cleaned; a process that will necessitate removing the carpet, the upholstered furniture, the window treatments - in addition, moreover, to having the entire place redone with special paint to cover smoke infused walls, etc.?

Or are you going to, at the very least, take your habit outside, make your own home a smoke-free zone and limit this malignant exposure on your investment?

I know which choice I would make, faced with this challenge. But then, it's easy for me. I've already given up smoking.

Are you thinking of selling your home? For expert guidance, contact Mary Ellen Courtney, Broker-Manager at Terrie O'Connor Realtors' Gateway Group, 201-288-0004. She and her professional team will insure maximum results with minimum stress! ###



Celebrating the Community Experience

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Rutherford Public Library

Rutherford Public Library, 150 Park Avenue, Rutherford NJ. 201-939-8600. rutherfordlibrary.org, [facebook.com/rutherfordpubliclibrary](https://www.facebook.com/rutherfordpubliclibrary) and [twitter@Rutherford_pl](https://twitter.com/Rutherford_pl).

Hours: Monday-Wednesday 10 a.m. to 8 p.m., Thursday and Friday 10 a.m. to 6 p.m., and Saturday 10 a.m. to 4 p.m.

Please note, the Library will be closed on Friday, December 23, Saturday, December 24, and Monday, December 26 for Christmas.

Additionally, we will close at 1 p.m. on Saturday, December 31 for New Year's Eve. Finally, we will be closed Monday, January 2 for New Year's Day.

- **Grab & Go Doorside Pickup.** We continue to offer daily Grab & Go doorside pickup services. Patrons are invited to order books from the BCCLS catalog by visiting www.bccls.org or fill out a Grab & Go form for either the adult or children's collection, and our team will choose items for you based on what you like! These forms are available on our website.
- If you don't have access to a computer, we encourage you to call the Library at 201-939-8600 and have our team order items for you! You tell us what you want and when you'd like to pick your items up, and we'll have them ready for you.
- **Bold Yoga.** We now offer free, on-demand access to virtual yoga classes from Bold Yoga! Brought to you by Bendy Bookworm, this video database has class offerings for all ages and experience levels. Enjoy yoga 24/7, anywhere with an internet connection. If interested, send an email to reference@rutherford.bccls.org with your name and Library card number and we will send you the information you need to access virtual yoga lessons online!
- **Nutcracker Ballet.** The Nutcracker returns, on Saturday, December 17 at 1 p.m., performed by Garden State Ballet and sponsored by the Friends of the Library. No registration is required, and light refreshments will be served. This year's performance will be in memory of longtime Friend Ida Borroto.
- **ESL In-Person Classes.** In-person ESL classes will be in addition to our virtual ESL classes. The in-person classes meet Tuesday and Thursday mornings. Advanced ESL class meets on Saturdays at 11 a.m.

Registration is required and must be done in person at the circulation desk

- **Monthly Movie.** Join us for a monthly movie screening on the last Tuesday of the month at 6 p.m., sponsored by the Friends of the Library. No registration necessary.
- **Teen Volunteers.** Love books? Need to boost your college applications? We are currently accepting teen volunteers at the Library. Teens in middle and high school can volunteer at the Library for various tasks, such as shelf reading and reviewing books in the young adult collection! For more information, please email Teen Librarian Marion at marion.johnson@rutherford.bccls.org
- **Tech Tutor.** Our tech librarian will be available by appointment for tech help or lessons. To make an appointment, fill out our online form or email marion.johnson@rutherford.bccls.org
- **Poster Printing.** We have a Canon eColor+ poster printer for Posters up to 24" x 36" on matte or glossy paper. Acceptable file types include PDFs, JPGs, and PNGs. Restrictions apply. Poster printing is conducted by Library staff and may be arranged by emailing ruthcirc@bccls.org or calling 201-939-8600.
- **Digital Newspaper Access.** The Rutherford Public Library is happy to announce a new digital subscription to The Washington Post for Rutherford cardholders. This joins our existing digital subscription to The Wall Street Journal. If interested, send an email to reference@rutherford.bccls.org with your Library card number and we will send you the information you need to access either publication online!
- **Downloadable Collections.** Cardholders may access e-books, e-audiobooks, and popular magazine issues through the Libby app. The Hoopla Digital mobile app also provides cardholders with e-books and e-audiobooks, streaming music and video content. Downloadable content returns automatically. For help accessing these resources, stop by or phone the Library.
- **Museum Passes.** As our partner museums return to normal operations, we are happy to expand our museum pass program. This program, partially funded by the Friends of the Library, provides Rutherford residents with free access to popular museums throughout New York and New Jersey. ###

Hasbrouck Heights Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Free Public Library of Hasbrouck Heights is open. Face masks are optional.

For the most up-to-date information and guidelines, visit us online. Please call 201-288-0488 to speak with a staff member or email us at hashcirc@bccls.org.

Winter hours of operation are: Mondays, 10 a.m. to 6 p.m., Tuesdays thru Thursdays, 10 a.m. to 8 p.m., Fridays, 10 a.m. to 5 p.m., Saturdays 10 a.m. to 2:30 p.m. Return Library materials in our book box located in the rear of the Municipal Building.

Registration is required for all programs unless otherwise noted.

For CHILDREN In-Person Storytimes

Storytimes return the week of January 9, 2023, and will run for 6 weeks, ending the week of February 13. Registrations for all sessions will open on Monday, December 19.

- **After-School Game Lounge Open Play.** Play will take a break during the month of December and will return in January 2023.
- **Drop-In December Storytimes for Little Ones.** Wednesdays, December 7 and 14, 2022 at 11 a.m. Stop in for a casual storytime with songs, rhymes, and fingerplay. There may even be bubbles! No registration required for either date.
- **Holiday Wrap-It-Up.** Friday, December 9, anytime between 3:30 to 4:30 p.m.
Saturday, December 10, anytime between 11 a.m. to 1 p.m.

Finding the perfect gift for someone special is easy - but wrapping can be the hard part! Drop by the Creativity Room on Friday or Saturday and create the perfect package with our wrapping paper and accessories (*available while supplies last*). We'll also have a few simple crafts you can make if you still need a gift. No registration required for either date - just come on in during the program time.

- **Little Artists: Snowman Scene Craft.** Friday, December 16, 3:30 p.m. for ages 7 and up.

Calling all artists! Come create a snowman scene to welcome the return of winter! Best for Grades 2 and up and

registration is limited.

- **Holiday Bingo.** Tuesday, December 20, 3:30 p.m. for ages 5 and up. Grab some friends and come play a few rounds of holiday bingo!
- **Winter Holiday After-School Storytime.** Thursday, December 22, 3:30 p.m. Holiday break is about to begin so let's celebrate with an all-ages winter storytime!
- **Just Dance! Winter Break Edition.** Wednesday, December 28, 3 to 4 p.m. for ages 8 and up. Come have fun and dance away holiday break boredom with "Just Dance" on our big-screen tv!
- **Winter Break Movie for Kids.** "Home Alone 2: Lost in New York" (*rated PG*). Thursday, December 29 at 1 p.m.

It's Kevin McCallister vs a bunch of klutzy bandits in this holiday-themed sequel set in New York City. Seating limited.

For TWEENS & TEENS

- **Ugly Sweater Cookie Decorating.** Tuesday, December 13, 4 to 5 for 6th Grade and up.

You've seen all those ugly sweaters at this time of year - but can you create one for a gingerbread person? We'll provide the supplies, you just need to bring your creativity and holiday spirit.

- **Teen Tuesday: Spiderman Edition.** Tuesday, December 27, 3 to 5 p.m. for ages 13 and up Teens takeover the Library's large meeting room with a screening of "Spider-man: No Way Home" (*rated PG-13*). Spidey-snacks will be provided.

For ADULTS

- **Heads Up! Seniors: A Fall Prevention Workshop.** Monday, December 5, 2 to 3 p.m. Presented by the Brain Injury Alliance of New Jersey. Learn how you can prevent brain injury for yourself and your loved ones! This workshop will include information about transportation safety,

seniors and falls, concussions, and more.

- **Movie Matinee - "Downton Abbey: A New Era"** Friday, December 9, 1 to 3 p.m.

Sit back and enjoy an afternoon movie at the Library. Light refreshments provided. Seating is limited.

- **Friends of the Library Saturday Concert with Anthony Duke Claus.** Saturday, December 10, 1 to 2 p.m. Get into the holiday season with the smooth melodies of Anthony Duke Claus. Anthony will be singing beloved classics and oldies from Sinatra, Elvis, Broadway and more! Refreshments will be served. Registration is encouraged.
- **English Conversation Circle.** No Drop-Ins; must apply before attending.

For anyone wishing to improve speaking English. Feel more confident when speaking English by practicing in a relaxed and supportive environment with volunteers that care about developing your English skills, and other students with similar goals. Conversation circle topics can range from basic everyday communications, learn vocabulary, pronunciation help, and more. Patrons must fill out an application; see Library calendar for details.

- **Crafts-to-Share Club.** Tuesday, December 13, 6 to 8 p.m., Wednesday, December 28, 1 to 3 p.m.

Drop in to chat and work on a crafty project! Enjoy getting to know other crafters in your community while you knit, crochet, embroider or craft anything! We have donated yarn for any crafters looking to create for a good cause. In-person, and on zoom by request.

- **Adult Book Club.** 4th Tuesday of every month, In-Person & via Zoom. Check back for January 2023's pick!

Join us for an evening of fun, literary discussion! Pick up a copy at the library or use the Hoopla or Libby app to enjoy the ebook or eAudiobook on your smartphone or tablet. ###

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**Carlstadt
Public Library**

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. carlstadt.bccls.org or www.carlstadtlibrary.org

- **Beginner Yoga with Onika.** A Beginner Yoga series for adults on Monday, December 5, 12 and 19 at 10:15 a.m. Bring a yoga mat. Space is limited and registration is required.
- **Movie Madness.** Sit back, relax and join the Carlstadt Library for a showing of the film "Mrs. Harris Goes to Paris" starring Lesley Manville on Tuesday, December 6 at 1 p.m. There will be no evening showing in December. Seating is limited and registration is required for this popular event.
- **Crafts for Crafters - Paper Quilling.** Attend our latest

- crafting workshop with local resident Ajita Shah. Learn the art of paper quilling and leave with a customized holiday card. The workshop will be held on Wednesday, December 7 at 6:30 p.m. All materials will be supplied. Space is limited and registration is required.
- **A Christmas Stocking - dramatic reading.** Attend a dramatic reading by acclaimed actress Michele LaRue. Michele will bring to life a quartet of vintage holiday stories, sure to delight her audience. The performance will take place on Friday, December 9 at 1 p.m. at the Carlstadt Civic Center, 425 4th Street, Carlstadt.
 - **Jewelry Making for Beginners.** Attend a jewelry making class. Learn how to create a unique piece of jewelry, perfect for holiday gift giving. The workshop will be held in the Library on Saturday, December 17 at 10:30 a.m.

- All materials will be supplied. Space is limited and registration is required.
- **Fall Baking Series Part 3 - Gingerbread Houses.** Attend Part 3 of its Fall Baking Series with Stephanie from Steph's Baking Boutique. Learn how to decorate a gingerbread house like a pro and leave with a delicious treat to display. The workshop will be held in the Library on Wednesday, December 14 at 6:30 p.m. All materials will be supplied. Space is limited and registration is required.
 - **Adult Paint Night.** The Carlstadt Library welcomes adults to a holiday art class. During this fun workshop participants will create a one-of-a-kind canvas art piece. All materials will be provided. The workshop will be held on Wednesday, December 21 at 7 p.m. Space is limited and registration is required.

- **As the Page Turns** - Calling fellow bookworms! Join the Carlstadt Library to discuss the novel "One Day in December" by Josie Silver on Wednesday, December 28 at 7 p.m. New members welcome! Copies are available at the Circulation Desk. Carlstadt residents can also access the e-book or audiobook on Hoopla and Libby! Please register.
- **Take-It-and-Make-It - Crafts for Kids.** Welcome children of all ages for a monthly take-it-and-make-it craft. This month's craft is a Snowman Holiday Ornament. Kits will be available December 1 through December 31, while supplies last. Please call 201-438-8866 for more information.
- **Music with Miss Nita - at the Library!** On Thursday, December 1, 8, 15 and 22 at 10:15 and 11 a.m. Babies, toddlers and preschool children will enjoy songs, rhymes,

movement and instrument play. Space is limited. Programs free and open to residents of Carlstadt only. Registration is required with a Carlstadt Public Library card.

- **1,000 Books Before Kindergarten.** The Carlstadt Library has launched an initiative to encourage families to read 1,000 Books Before Kindergarten. Reading together creates lifelong memories and helps develop pre-literacy skills. Children who are read to at an early age have bigger vocabularies and are more successful in school.

1,000 Books Before Kindergarten is a fun, free way to start your child on the path to success! Children from birth to 5 years old can participate. Stop by the Children's Department to register, pick up the program packet, and check out some books. Happy reading! ###

**Lodi
Memorial Library**

Lodi Memorial Library, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. http://lodi.bccls.org/

The Lodi Memorial Library is open to the public! Check out our outdoor and Grab & Go programs for children and teens. More programming information can be found online on our Facebook page and website.

- **Chair Yoga.** A six-week yoga class for people experi-

- encing joint pain and stiffness. Students will use chairs rather than yoga mats. Classes on Tuesdays 1:30 to 2:30 p.m., Class dates are November 29, December 6, 13, 20. Registration required. You must reserve a spot for each session you wish to attend. Sponsored by The Friends of Lodi Memorial Library.
- **Adult Crafts.** Craft to be announced. Please check website. Supplies are limited. Register by Friday, December 2. Craft will be held in-person on Wednesday, December 7th.
 - **Tuesday Night Book**

- Club.** Tuesday, December 13, 2022 from 6:30 to 7:30 p.m. December's book is "The Midnight Library" by Matt Haig - 288 pages.
- Go to our website at lodi.bccls.org or contact director@lodi.bccls.org for more information about our book club meetings.
- **Semi-Monthly Movie.** Now showing movies twice a month. For December the movies will be "Gigi & Nate" on December 14 at 1 p.m. and "King Richard" on December 28 at 1 p.m.
 - **Adult Coloring Pag-**

- es, Mazes and Community Puzzle.** Always available for adults. Come to the Library to de-stress with our free coloring materials, fun mazes, and beautiful puzzles. ###
- Children
Special Programs**
- **Anime Club.** - Grades 6-12, In-person, Thursday, December 8 starting from 3:30 to 5:30 p.m. Watch a movie, get some snacks and make a craft. Registration is required. Please call 973-365-4044 x2.
 - **Craft Program - Grades**

- 3-12.** In-person Thursday, December 1 from 3:30 to 4:30 p.m. Registration is required. Call 973-365-4044 x2.
- **Grab & Go Craft - Grades Pre K - 2.** A new grab & go project will be available each Monday! While supplies last. Registration not required
 - **Family Movie Night.** Monday, December 19, 6 p.m. in the Children's Room. We will watch "Paws of Fury - The Legend of Hank." No registration necessary.
 - **Storytime.** Every Friday at 11 a.m. No registration. ###

**Wallington
Public Library**

Wallington JFK Memorial Library, 92 Hathaway St. Wallington, NJ 07057. 973-471-1692. www.wallingtonpubliclibrary.org

The Wallington Library is open and hosting in-person programs. To receive our monthly newsletter by email

- sign up on our website. Updated information can also be found on Facebook, Instagram, and Twitter.
- Ongoing**
- **Book Sale:** Available every day the Library is open. Each book is 50 cents. Cash only please.
- Adult Programs**
- **Tuesday Evening Book**

- Club and Pizza:** Every 3rd Tuesday. December 20, at 6:30 p.m. we meet and discuss "Holiday" by Christina Lauren and eat delicious pizza provided by the Library. Join us! Please email Kathryn for details: ennist@wallington.bccls.org
- Children's Programs**
- **Kiddo Storytime** with Miss Sandy: Every Tuesday from 11 a.m. to 12 p.m. Ages

- 0-7. Please email Miss Sandy for details: sandra.adler@wallington.bccls.org.
- **Reading to Rosie the Therapy Dog.** Friday December 2 at 3:30 p.m. Come read to Rosie the therapy dog! She is a beautiful Golden Doodle who loves kids and belly rubs.
 - **Holiday Scene Canva Art Program:** Wednesday December 7 from 4 p.m. to 5 p.m.

- **Special Kiddo Storytime:** Tuesday December 13 at 11 a.m. Hanukkah Storytime with Ms. Rochelle.
- **Gingerbread House Workshop:** Thursday December 22 from 4 p.m. to 5 p.m.
- **Children's Take Home Craft Kits** are available the 2nd and 4th Fridays of the month while supplies last. Call the Library for details: 973-471-1692. ###

**Rutherford
Food Pantry**

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service. Recipient eligibility is determined by local pastors and social services. A completed and approved referral is required. Limitations apply. For more information go to: www.rutherford-nj.com/pantry ###

**Having an
Affair?**

If your organization is having an event that is open to the public, we can help you tell "everybody" about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information. Send these details at least 45 days prior to the event to: fritz@hasbrouckheights.com or drop them off at: **The Gazette Newspaper**, 345 Boulevard, Hasbrouck Heights, NJ 07604. ###



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Filling You In

By Jeffrey E. Mason, DMD, FAGD.

What is a Dental Bridge?

An empty space, or gap, in your smile may affect your chewing and speaking abilities, as well as your self-confidence. If you're missing one or more teeth, your dentist may recommend a fixed bridge as a treatment option.

What is a bridge?

A fixed bridge is a dental appliance that replaces one or more missing teeth, thus bridging the space between the two adjacent natural teeth or implants.

Bridges are made from gold, alloys, porcelain or a combination of these materials. A traditional fixed bridge consists of a false tooth or teeth fused between two crowns, or caps, that are cemented on the surrounding teeth.

An implant bridge is fastened to two or more implants that are submerged in the bone tissue. Bridges are sometimes

called "fixed partial dentures."

However, unlike removable partial dentures, bridges cannot be removed by the patient.

Why should I get a bridge?

If you are missing any teeth, the resulting space could cause speech or chewing problems. Missing teeth also can cause your remaining teeth to move out of position. This repositioning can make you more susceptible to tooth decay and gum disease, which can cause further tooth loss. A fixed bridge can replace those missing teeth, correcting your bite, and improving your chewing and speaking abilities. A bridge also can help to maintain the natural shape of your face.

What is the total treatment time?

There are several steps required and several dental visits needed in order for your

dentist to create a bridge that meets both your functional and esthetic needs. The total treatment time for a bridge is usually two to four weeks, depending on the type of bridge you receive.

How do I care for a bridge?

The success of a bridge depends on its foundation — the abutment teeth or implants — so it's vital for patients with bridges to maintain their oral health. If you have a bridge, it's more important than ever to brush for two minutes, twice a day, and to see your dentist every six months. Your dentist also might recommend that you use floss threaders to reach the spaces between the bridge and the adjacent teeth and gums. With proper care, your fixed bridge should last as long as eight to 10 years or even longer.

Reference: Academy of General Dentistry, 2017

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

About the Flu

How Flu Spreads

People with flu can spread it to others up to about 6 feet away. Most experts think that flu viruses are spread mainly by droplets made when people with flu cough, sneeze or talk.

These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth or nose.

To avoid this, people should wash their hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.

Linens, eating utensils, and dishes belonging to those who are sick should not be shared without washing thoroughly first. Eating utensils can be washed either in a dishwasher or by hand with water and soap and do not need to be cleaned separately.

The Flu Is Contagious

Most healthy adults may be able to infect others begin-

ning 1 day before symptoms develop and up to 5 to 7 days after becoming sick.

Children may pass the virus for longer than 7 days. Symptoms start 1 to 4 days after the virus enters the body.

That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Some persons can be infected with the flu virus but have no symptoms. During this time, those persons may still spread the virus to others.

What Should I Do If I Get Sick?

If you get sick with flu-like symptoms, you should stay home and avoid contact with other people except to get medical care. Most people with the flu have mild illness and do not need medical care or antiviral drugs. However, some people are more likely to get flu complications and they should talk to a health care provider about whether they need to be examined if they get flu symptoms. *Source: www.cdc.gov ###*

Senior Snow Shoveling Safety

Harvard University suggests that seniors (*over the age of 50*) should take special precautions to avoid snow shoveling hazards.

Snow shoveling is one of the most dangerous activities senior citizens can attempt. With back injuries, shoulder dislocation and heart attacks -- on average 1,200 people a year die as a result of shoveling snow.

Shoveling snow is physical activity and comparable to lifting weights fast and with many repetitions.

As with any exercise, begin with a 5-10 minute warm-up. Try walking or marching in place as a way of using slow, gentle exercise to increase blood flow and flexibility to the muscles and joints that will be used.

It will increase the heart rate slowly and avoid the equivalent strain of going from standing still to a full out run.

Add arm movements and stretches for back, chest and shoulder muscles to help warm up the upper body and avoid muscle tears or dislocation.

• Dress right. Wear layers. Cover your head, face and hands when outside for prolonged periods of time.

If you become overheated, take a break from shoveling.

• Use waterproof boots

to protect your feet from the cold as well as keep them dry. Wear non-skid boots to guard against falls on slick snow or hidden ice.

• Depending on how wet the snow is, a shovel full of snow can weigh up to 15 pounds! A smaller shovel means lighter loads -- help prevent injury to the body by creating less strain.

• Stay hydrated. Keep a water bottle handy and take a few sips after every 15 minutes.

• Shovel every time the snow fall is about 2 inches. This makes shoveling more manageable.

• Go inside after 20-30 minutes and start again. This will be the same as a 30 minute vigorous workout.

• Lift with the legs, not the back. Be sure knees are bending and straightening to lift the shovel instead of leaning forward and straightening back up with the back.

• Push the snow. It's easier than lifting and throwing the snow.

• Keep space between your hands to increase your leverage on the shovel.

• Avoid caffeine and nicotine. Caffeine and nicotine act as stimulants by increasing the heart rate and constricting blood vessels, which puts more strain on the heart.

• Never shovel alone. Let


someone know that you will be shoveling. If you get into trouble, someone can call for help.

• A snowblower can create a false sense of safety. It's easy to be seduced into working too hard and too long. Know when to quit.

• Know your limits. A fall or injury would be very dangerous to your overall health and well-being. Hire someone or call a snow-service instead of 911. ###

The Christmas season begins at sundown on December 24th and lasts through sundown on January 5th. For that reason, this season is also known as the Twelve Days of Christmas. ###

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Fun Ghoul Closes

The Fun Ghou! Costume Retail Shop, 155 Park Avenue in Rutherford, New Jersey is closing its doors after 37 years.

The shop opened its doors in 1985 by owner Cliff Witmyer and his Mom, Caesarine Witmyer, and has been serving independent filmmakers, commercial producers, theatrical producers, rock bands, actors, the NYC theatrical community.

The shop has been a staple not only for the Rutherford community, but for actors, cosmetologists, Halloween enthusiasts, dance schools, make-up artists and theater groups from the entire tri-state area.

The shop, from inception, was designed to fulfill every customer's vision.

Cliff and his expert crew have outfitted such luminaries as Steven Tyler of Aerosmith, Dee Snider of Twisted Sister and John Bon Jovi, just to name a few. The shop is legendary and filled with so many unique and astonishing items that will

dazzle everyone who enters.

Cliff has stated that the business atmosphere has migrated from customers visiting the shop to design their visions to primarily on-line shopping.

Thus, from a business perspective, the need for a retail location no longer makes sense.

The entire shop is selling all items at 50% off, including all furniture and fixtures. Everything must go. The shop is stocked with: hats, wigs, mustaches, beards, make-up prosthetics, tiaras, theatrical masks and all varieties of make-up as well as costumes and much, much more.

Don't miss this opportunity to experience an adventure in the realm of magic and creation and all at truly bargain prices.

If you are an actor, make-up artist, theater company, rock band, dance company or just want to complete your Halloween vision, come in and browse through magical wonderland. ###

Older Adults and Falls

• One out of three older adults (*those aged 65 or older*) falls each year but less than half talk to their healthcare providers about it.

• Among older adults, falls are the leading cause of both fatal and nonfatal injuries.

• In 2013, 2.5 million non-fatal falls among older adults were treated in emergency departments and more than 734,000 of these patients were hospitalized.

• Twenty to thirty percent of people who fall suffer moderate to severe injuries such as lacerations, hip fractures, and head traumas. These injuries can make it hard to get around or live independently.

• Falls are the most common cause of traumatic brain injuries (TBI).

• Most fractures among older adults are caused by falls. The most common are fractures of the spine, hip, forearm, leg, ankle, pelvis, upper arm, and hand.

• Many people who fall, even if they are not injured, develop a fear of falling. This fear may cause them to limit their activities, which leads to reduced mobility and loss of physical fitness, and in turn increases their actual risk of falling.

Who is at risk?

Fall-related Deaths

• The death rates from falls among older men and women have risen sharply over the past decade.

• In 2011, about 22,900 older adults died from unintentional fall injuries.

• Men are more likely than women to die from a fall. After taking age into account, the

fall death rate in 2011 was 41% higher for men than for women.

Fall Injuries

• People age 75 and older who fall are four to five times more likely than those age 65 to 74 to be admitted to a long-term care facility for a year or longer.

• Rates of fall-related fractures among older women are more than twice those for men.

• Over 95% of hip fractures are caused by falls. In 2010, there were 258,000 hip fractures and the rate for women was almost twice the rate for men.

How can older adults prevent falls?

Older adults can stay independent and reduce their chances of falling. They can:

• Exercise regularly. It is important that the exercises focus on increasing leg strength and improving balance, and that they get more challenging over time. Tai Chi programs are especially good.

• Ask their doctor or pharmacist to review their medicines—both prescription and over-the-counter—to identify medicines that may cause side effects or interactions such as dizziness or drowsiness.

• Have their eyes checked by an eye doctor at least once a year and update their eyeglasses to maximize their vision. Consider getting a pair with single vision distance lenses for some activities such as walking outside.

• Make their homes safer by reducing tripping hazards, adding grab bars inside and outside the tub or shower and next to the toilet, adding railings on both sides of stairways, and improving the lighting in their homes.

To lower their hip fracture risk, older adults can:

• Get adequate calcium and vitamin D—from food and/or from supplements.

• Do weight bearing exercise.

• Get screened and, if needed, treated for osteoporosis.

Source: www.cdc.gov ###



Cold Moon

The full moon appears on Wednesday, December 7, 2022, at 11:09 p.m. and is called the "Full Cold Moon." (*Mohawk*).

According to "The Farmer's Almanac," this month the winter cold fastens its grip, and nights are at their longest and darkest.

This name is doubly fitting because December's full Moon shines above the horizon for a longer period of time than most full Moons.

Other names for this moon include "Full Long Night Moon" (*Mohican*), as it rises during the "longest" nights of the year, which are near the December winter solstice.

Other names that allude to the cold and snow include Drift Clearing Moon (*Cree*), Frost Exploding Trees Moon (*Cree*), Moon of the Popping Trees (*Oglala*), Hoar Frost Moon (*Cree*), Snow Moon (*Haida, Cherokee*), and Winter Maker Moon (*Western Abenaki*), When the Deer Shed Their Antlers (*Dakota*) and Little Spirit Moon (*Anishinaabe*).

In Europe, ancient pagans called the December full Moon the "Moon Before Yule," in honor of the Yuletide festival celebrating the return of the sun heralded by winter solstice.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom.

In Europe, ancient pagans called the December full Moon the "Moon Before Yule," in honor of the Yuletide festival celebrating the return of the sun heralded by winter solstice. ###

Moon Folklore

If a snowstorm begins when the Moon is young, it will cease at moonrise. ###

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On Tuesday, October 18, 2022, at 13:38 hours, the WRFD was dispatched to the rear of the Wood-Ridge Library for a special detail. Firefighters found a cat to be stuck in a tree, approximately 30-40 feet in the air. Firefighters were unable to reach the cat with their equipment and requested the Hasbrouck Heights DPW tree truck to assist in removing the cat. With some gentle persuasion, the cat was rescued by HH DPW personnel without incident.

WRFD gave a big THANK YOU to the HH DPW tree guys for their help and YES, firefighters do get cats out of trees! *Photos by Dennis Kronyak Sr. ###*

Quick Moving Fire Destroys Home



On November 14, 2022, the Wood-Ridge Fire Department responded to a motor vehicle accident on Hackensack Street. One injury was reported. *Photo by Dennis Kronyak Sr. ###*

Little Ferry Fire Department responded to heavy fire condition in a 2 1/2 story residence, just off Redneck Avenue, at about 2 a.m., November 12, 2022.

The second floor, attic and roof were fully engulfed. The rapid moving fire quickly forced command to evacuate the building, forcing firefighters to an exterior attack. The

roof and entire top floor collapsed.

Numerous outside hand lines along with Engine 309's deck and Hackensack's ladder pipe knocked down the heavy fire.

The fire was officially declared under control by 2:43 a.m.

Mutual Aid Fire Departments assisting included Hack-

ensack, Hasbrouck Heights, Moonachie and South Hackensack. Wood-Ridge and Ridgefield Park covered at firehouse.

Occupants got out of the home and there were no injuries reported.

The Little Ferry Bureau of Fire Prevention is investigating the cause. *Photos by Damien Danis. ###*



Observed annually on November 11, the anniversary of the end of World War I, Veterans Day is a tribute to those who served in the U.S. Armed Forces. Not to be confused with Memorial Day, which honors those who died while in service, Veterans Day honors all military Veterans, including those still with us. Communities across America held services at their respective memorials, attended by Veterans, officials and the public. These photos of Carlstadt ceremony were taken by Dennis Kronyak Sr. ###

December 7, 1941, was a day that would live in infamy and thrust the United States of America into the second World War. This year, the 81st anniversary of the bombing on Pearl Harbor will be observed on Wednesday, December 7, 2022. Officially known as National Pearl Harbor Remembrance Day, it honors those who lost their lives during the attack by the Japanese on a US naval base in Hawaii in 1941.

Your Fire Chiefs Offer These Christmas Tree Safety Tips

- Any string of lights with worn, frayed or broken cords or loose bulb connections should not be used. Connect no more than three strands of push-in bulbs and a maximum of 50 bulbs for screw-in bulbs. Never connect more than one extension cord together.
- Always unplug Christmas tree lights before leaving home or going to bed.
- Never use lit candles to decorate a tree, and make sure any lit candles in the room are placed away from tree branches.
- If using a live tree, be sure it is fresh (*it isn't already losing needles*) and has a new, clean cut on the bottom of the trunk before putting up.
- Keep live trees away from heat sources. Hydrate your tree. Check the water level daily. Cut one inch off the trunk to help absorb water. Leave the tree outside until ready to decorate.
- If using an artificial tree, be sure its label reads "Fire Resistant."

BCPO Recognizes School Resource Officer Anderson

On behalf of Rutherford Police Chief John R. Russo and the entire staff of the Rutherford Police Department, we would like to congratulate Detective Al Anderson who is the recipient of the Bergen County Prosecutor's Office 2022 School Resource Officer Excellence Award.

School Resource Officer, SRO, programs across the nation are collaborative efforts by police agencies, law enforcement officers, educators, students, parents, and communities.

The goal of the SRO program is to provide safe learning environments in our nation's schools, provide valuable resources to school staff, foster a positive relationship with our nation's youth, and develop strategies to resolve problems affecting our youth with the goal of protecting every child so they can reach their fullest potential.

For over twenty years, Detective Al Anderson has lead by example and promoted a positive image of law enforcement



Chief of Detectives Jason Love BCPONJ, Detective Alford Anderson III RPDNJ

to our community's youth. He has be an intragal part of our district and parochial schools safety and as well being responsible for safer kids.

Thank you to Bergen County Prosecutor Mark Musella, Chief of Detectives Jason Love, and the entire Bergen County Prosecutor's Office for recognizing and honoring Al's excellence. *Provided by SGT Julie A. Zeigler. ###*



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