The Gazette

Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

Published Monthly. Issued the first week of the month. Distributed FREE via U.S. Postal Service and available at select locations.

VOL. 6, No. 2 February 2009 www.The-Gazette-Newspaper.com



Heavenly Sounds

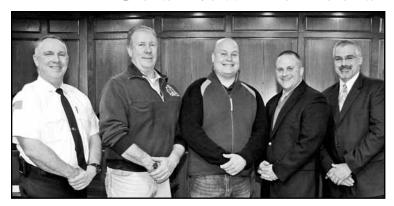
The faithful gathered in the Chapel to hear the glorious sounds of angelic voices. See story and photos on page 21.

News • Information • Features

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HHFD Gets New Members



On January 13, 2009, the Hasbrouck Heights Mayor and Council welcomed Ronald Phillips Jr. to the Hasbrouck Heights Fire Department.

Firefighter Phillips is a transfer from the Wood-Ridge Fire Department where he served for over 10 years. ###



On January 13, 2009, the Hasbrouck Heights Mayor and Council welcomed four new "Juniors" to the Hasbrouck Heights Fire Department.

They are Nicholas Coviello, Michael Eccleston, Joseph Borrmann and Chris Van Saders. They attend Hasbrouck Heights High School.

The Hasbrouck Heights Fire Department's Junior Squad is for those between 16 and 18 years of age. They offer on-scene support, but are not permitted to enter burning buildings.

The Department issued them "turn-out gear" and they will attend the Firefighter 1 course this summer.

Lieutenant Michael Thomasey heads the Junior Squad mentoring team. ###

Ladies Auxiliary Hosts Sweetheart Dance at VFW

The Ladies Auxiliary of VFW Post 4591, in Hasbrouck Heights, is holding a Sweetheart Dinner-Dance on February 14th, from 7:00 p.m. to 11:30 p.m.

Dinner includes four hour open bar, chicken soup, penne, salad, roast beef, potatoes, vegetables, bread and Valentine cupcakes.

Breezin Music Band provides entertainment. The dance is open to the public. Cost is \$30 per person.

For more info call Astrid at 201-288-5612, Deborah at 201-330-2023 or the Post at 201-288-1112. ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it.

Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information.

Send these details at least 45 days prior to the event to: fritz@hasbrouck-heights.



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Heights Recognizes Super Bowl Champs

The Hasbrouck Heights Mayor and Council presented Certificates of Achievement recognizing two Meadowlands Football League Super Bowl Champions.

The undefeated Hasbrouck Heights Junior Football Raiders finished the 2008 season with

11 wins. They have won the past three out of four Super Bowls.

The Hasbrouck Heights Lightweight Junior Football Team was crowned back-toback undefeated Super Bowl champions, also concluding with an 11-0 season. ###



Mayor Rose Marie Heck with PFC Joseph Morro and his family at the January 13, 2009 Mayor and Council Meeting.

PFC Morro Recognized by HH Borough

Hasbrouck Heights Mayor and Council presented a Proclamation to PFC Joseph Anthony Morro, who recently returned from duty in Iraq.

Morro is a lifelong resident of Hasbrouck Heights and a 2006 graduate of Hasbrouck Heights High School. He entered the military service on

On January 13, 2009, the May 5, 2007, attended basic training and advanced individual training and graduated on August 25, 2007 as an infantryman.

PFC Morro was deployed to Iraq with the First Brigade Infantry Combat Team of the 10th Mountain Division and on October 5, 2007, the entire First Brigade deployed to Forward Operating Base Warrior located in the Northern Province of Kirkuk, Iraq, where his responsibility was to provide personal security for local Iraqi officials, dignitaries and members of the State Department, including Secretary of State Condoleezza Rice during her visit in January 2008.

He transferred to line infantry unit patrol base of Charlie Company, 2nd Battalion, 22nd Infantry Regiment and, with his Company, conducted patrols, convoys and air assaults as directed by superior

PFC Morro completed his tour on October 27, 2008 and was on leave until January 18, 2009, when he returned to train for his next assignment.

PFC Morro has displayed exemplary courage and patriotism in serving his country, and was awarded the Combat Infantryman's Badge, Overseas Ribbon - Iraqi Campaign, War on Terrorism Ribbon and Army Service - Service during war time.

The Borough Proclamation stated, "NOW, THEREFORE, BE IT RESOLVED that we. the Mayor and Council of the Borough of Hasbrouck Heights, State of New Jersey, United States of America, do hereby extend our sincere gratitude to Joseph Anthony Morro for serving in the United States Army during the Iraq War and offer our prayers and good wishes for his safety as he continues his tour of duty. We are proud to recognize Joseph as a distinguished citizen of the Borough of Hasbrouck Heights." ###

Celebrate Love Saturday, February 14th



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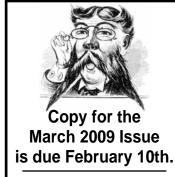
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Our 40th Anniversary



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Americans are Shifting to Safety and Paying Down Debt

conducted among 2024 financial decision makers revealed 1 out of 3 decision makers have already or are planning to move their financial instruments to safer havens.

The study, conducted in December of 2008, showed that consumers are shifting from stocks and mutual funds into more liquid assets such as CDs and money markets.

This is dramatically affecting compositions of IRAs and 401Ks. Redemption of monies from mutual funds and hedge funds are dramatically affecting the health of the institutions that offer these products.

Financial decision makers are afraid. They are trying to secure their future. However, within this terrible climate the good news is that Smart Banks and Investment Companies have a greater opportunity now than ever before in our history.

The national study shows that pent-up demand built up

Super Bowl Sunday Pancake Breakfast

Rochelle Park's American Legion Post 170 will sponsor a pancake breakfast on Super Bowl Sunday, February 1, 2009, to help out their fellow Veterans at the Lodi American Legion Post 136, whose Post home was destroyed by fire.

The breakfast, which will help kick-off the Lodi Legion's 2009 fund raising campaign, will be held at Post 170's home, 33 West Passaic Street, Rochelle Park, between the hours of 8:30 a.m. and 11:00 a.m. and will feature juice, eggs, pancakes, sausage, and coffee or tea. A donation of \$3.00 is requested.

Post 136 Acting Commander, Howard F. Sowle, thanked Commander Bob Salvini, and the Post 170 members for assisting in the Lodi Post's rebuilding program. "The Rochelle Park American Legion SAL Squadron are our Super Bowl heroes as they have steadfastly supported our fund raising campaign. They have scored a touchdown in our hearts by helping us out both financially and by providing moral support," said Sowle. "This breakfast will be a fine way to begin the festivities for Super Bowl Sunday."

Post 136 hopes to break ground for its new Post home in 2009. Those wishing to help rebuild the Post home may send their tax-deductible donation to The American Legion Post 136 Rebuilding Fund, PO Box 36, Lodi, NJ 07644-0036. ###

A recent national study by consumer liquid assets represents enormous potential for U.S. companies and their prospects.

> The study showed that the key to taking advantage of this pent-up demand would be for banks to identify and target those who have this demand and to provide investment and savings instruments to satisfy their needs. For now, consumers are less concerned with return and more interested in

The study also uncovered that credit card use and payments have been substantially affected by the financial crisis. "Living on the Edge" segments have increased significantly as a result of the crisis.

Properly dealing with this by credit card issuers will critically alter the financial climate of this once "rich return" busi-

"Paying down debt" and "substituting debt for debt" was also a key finding of this study. In either case, consumers should look for those financial institutions that can help manage their debt.

As an example, credit worthy consumers with cash flow problems can benefit substantially from banks willing to provide them with products such as short term loans and home equity line extensions.

Whenever one is in the company of other people such as in an elevator or on a line waiting for coffee, or going to a movie, one cannot help overhear the topic of the financial crisis.

"What are you going to do?" is the first question everyone asks. As this study found out, many Americans are shifting to safety and paying down debt. ###

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Moonachie Forms 100th Anniversary Committee

The Borough's 100th Anniversary is fast approaching. Anyone interested in preparing for this event, send an e-mail to lciannamea@moonachie.us. List your name, address, and phone number.

Also, if anyone has any information that they would like to share with the Borough, such as photos, newspaper articles, and any past Borough events, contact Lisa Ciannamea at Moonachie Borough Hall, 201-641-1813. ###

Moonachie EMS Clothing Drive

The Moonachie First Aid and Rescue Squad conducts an on-going fund-raiser to support their activities. Area residents are encouraged to donate their unused clothing (men's, women's, children), shoes, handbags, belts, scarves, ties, hats, bedding, curtains, tablecloths, towels, stuffed animals, etc. These items are sent to resale stores and should be in serviceable condition. Bring all items in black garbage bags and drop them off at the Squad Headquarters, 121 Moonachie Road anytime. ###

St. Joseph School Memorabilia Wanted

Saint Joseph School, East Rutherford, is preparing for its 130th Anniversary Gala, March 27, 2009, at The Fiesta in Wood-Ridge. The ticket cost is \$55 and includes dinner, drinks, dancing, entertainment and "sharing."

We are creating a slide show and display of memorabilia of the school through the years. If you have anything that would be of interest, or need further information, contact the school at 201-939-3193, sjser@comcast.net or www. stjosepher.com/school. ###

IHOP Flips for Charity --Gives Away Free Pancakes

IHOP in Hasbrouck **Heights** will offer guests a free short stack of buttermilk pancakes in an effort to raise awareness and funds for "Children's Miracle Network" on National Pancake Day, Tuesday, February 24, from 7 a.m. to 10 p.m.

For every delicious short stack of pancakes served on National Pancake Day, IHOP guests are invited to make a donation to the "Children's Miracle Network."

Pancake Day, also known as Mardi Gras or Shrove Tuesday, has been celebrated for centuries in England, with a tradition and lore all its own.

The English have "flipped" for pancakes in celebration of Shrove Tuesday, which heralds the beginning of fasting during Lent.

Care On The Corner Honors Costa Family

On February 6, 2009, Care on the Corner will host a Gala and Auction honoring The Costa Family, owners of Costa Funeral Home, located on the Boulevard in Hasbrouck Heights, for their continuing support of Care on the Corner programs. The Gala will be held at The Empire Club, in Little Ferry, from 6:00 p.m. until 10:00 p.m.

Entertainment will be provided by The Big Easy featuring guest vocalist, Ruth Brisbane, of the Harlem Blues and Jazz Band.

The Program Directors for Care on the Corner will also be honored in this first event of the 2009 fundraising schedule.

For more information and ticket inquiries, contact Gale at 201-288-9460. ###

Long ago, strict rules prohibited the eating of all dairy products during Lent, so pancakes were made to use up the supply of eggs, milk, butter and other dairy products ... hence the name Pancake Day.

This is IHOP's Fourth-National Pancake Day Celebration. The program benefits "Children's Miracle Network," a non-profit organization dedicated to saving and improving the lives of children by raising funds for children's hospitals throughout the United States.

Proceeds from IHOP in Hasbrouck Heights will benefit Children's Specialized Hospital in Mountainside, NJ and Robert Wood Johnson University Hospital in New Brunswick.

On Pancake Day in 2008, IHOP nationally served over a million free pancakes on National Pancake Day. All of these free pancakes would create a stack more than eight miles high. Pancake lovers donated more than \$875,000 to children's charities. ###

Full Snow Moon

The February full moon will appear on Monday, February 9, 2009, at 14:51. It is called the "Full Snow Moon."

The heaviest snow usually falls during February, according to the Farmer's Almanac. Some tribes also referred to this Moon as the "Full Hunger Moon," since harsh weather conditions made hunting difficult.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###



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"Love-ly" Valentines

Just like people, flowers come in hundreds of shapes and sizes.

When it comes to Valentine's Day gifts, carefully selecting the flower varieties and colors you send will result in a thoughtful, customized gift your Sweetheart will treasure.

The first step is to consider your Sweetheart's preferences. What colors does he or she like?

A dozen red roses remains the classic Valentine's Day favorite. However, many women report that they adore roses in other colors just as much. There are hundreds of colors to choose from. The choices are endless and it's easier than ever to select a rose that is as unique as your Sweetheart.

Your florist can create arrangements that revolve around your Sweetheart's favorite hobby, sport or pastime.

Add a burst of spring to your Valentine's winter with floral varieties such as lilies, alstroemeria, iris, tulips, daffodils, hyacinths, tuberose or freesias.

A spring arrangement in a casual basket or clear glass vase makes a perfect accent for a romantic dinner.

With all of the sensational flowers available to choose from, even just one or two elegant blossoms can make a big impression. Also, green and blooming plants make romantic Valentine's Day gifts

Ask yourself what message you want to convey. Consult with your florist, who can explain the assortment of possibilities available.

Bill O'Shea's Florist reminds you that to get the best selection and ensure prompt delivery, call the week before Valentine's Day.

When you call, have the necessary information handy: the recipient's name, address, phone number, what you want to send and how you want to be billed.

Having trouble putting your feelings into words? Heights Flower Shoppe suggests these creative messages for your floral enclosure cards:

- (For flowers delivered on February 13th): Couldn't wait another day to say I Love
- (For flowers delivered before February 13th): I love you so much I couldn't wait for Valentine's Day!
- (For flowers delivered February 14th): Today's a very special day for sending all my love your way!
- With you it's Valentine's Day 365 days a year.

Source: Society of American Florists ###

Valentine Craft Night for Teens and Adults

Valentine's Day is right around the corner. Here is an opportunity to get in the mood.

The Free Public Library of Hasbrouck Heights will sponsor a fun-filled evening for teens and adults to create their own Sweetheart rose bouquets made of candy.

The teens will join the regularly scheduled monthly adult craft group, called "Craftsto-Share Club," on Tuesday evening, February 3. The event will be held from 6:30 p.m. to 8:30 p.m.

This is a chance to use your imagination to come up with all kinds of unique results. The crafters will use candy kisses, leaves, foils, and confectioners glue to create the bouquets of red roses. Adult crafters are invited to join in the fun. All supplies will be provided by The Library.

The Crafts-to-Share Club continues for 2009 and is held the first Tuesday of the month from 6:30 p.m. to 8:30 p.m. and the third Wednesday of the month from 1:30 p.m. to 3:30 p.m.

Craft members have adopted the name "Crafts-to-Share" because it captures the essence of the club. This is a chance to share your talents or develop some new ones and enjoy the comradery.

Some members donate their works to the patients of the Hackensack University Medical Center. Any donations of yarn are gratefully accepted and collected by The Library.

To join in this event, please register by calling 201-288-0488 or log on to http://hasbrouckheights.bccls.org and go to calendar. ###

> **February Flower** Violet

Share The Love

Would you like to remember a special someone this Valentine's Day?

The Guild of Reformed Church women invite you to share your feelings and at the same time show your caring by signing our special Valentine and making a donation to the Friendly Neighbors.

We feel this is a good time for sharing love for our own loved ones, as well as sending a message of love and caring to others who need to feel that others care.

Our card is posted in Hoffman Hall of First Reformed Church through February 8th.

If you cannot make it to the Church, you may mail your message (which will be added to the card) and donation to First Reformed Church, P. O. Box 66, Hasbrouck Heights, NJ 07604. First Reformed is located at Burton Avenue and Washington Place. For further information, call the Church at 201-288-1122 or Estella at 201-288-0378, ###



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Selecting The Right Valentine Gift

Finding the right Valentine's Day gift is probably the most difficult shopping experience in any man's life.

A Valentine's Day gift is instrumental in revitalizing the bond between a duo.

The gift evokes the memories of the moments of love and affection which both have experienced. And it reminds the couple of the unconditional love which exists between

This year, show your Sweetheart how much she means to you by giving her a gift from the heart.

Remember that the Valentine's theme is all about love, romance and appreciation.

The nature of the gift can reflect how much you care. The meaning of your gift also varies according to the seriousness and the type of relationship you're in.

If you've gone out with her a few times, the level of commitment is low, and you're simply having a lot of fun. What do you buy her?

Buying her a Valentine card, flowers or candy is acceptable for this early stage in a relationship.

On the other hand, if the relationship is strong and its future seems bright, opt for a more original present.

Think about what she appreciates the most and what she has mentioned over the past few weeks, or get her something that relates to her hobbies and interests. The key is to show that you put some thought into the gift. ###

Happy Valentine's Day

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HHFD Officers Take Oath

During the Municipal Reorganization meeting on January 1, 2009, Mayor Rose Marie Heck administered the Oath of Office to the Hasbrouck Heights Fire Department Officers, with Fire Commissioner David Gonzalez.

During the ceremony, Chief Michael Ratkowski was joined by his wife, Lisa, holding the Bible.

First Assistant Chief Kevin Todd was joined by his wife, Dena, daughters Christina and Amanda, holding the Bible.

Second Assistant Chief Richard Giarratana was joined by his daughter, Jodee, and his wife Joann, holding the Bible. ###



The Hasbrouck Heights Fire Department held their Installation Dinner for Chief Michael Ratkowski and the Department Officers at The Graycliff on January 17, 2009.

Master of Ceremonies was former Fire Chief Tony Greco. The Pledge of Allegiance was led by First Assistant Chief Kevin Todd.

An eight minute slide show representing The Department's history, produced by Firefighter Robert Knobloch, was presented. The Benediction was given by Fire Department Chaplain Rev. Joseph Pickard.

The traditional toast was made by Second Assistant Chief Richard Giarratana, followed by comments from Mayor Rose Marie Heck and Fire Commissioner David Gonzalez and Chief Ratkowski.

Floral bouquets were presented to the Chiefs' wives and Fire Chief's Secretary, Nancy Halloran.

HH Firefighter Derek Hernandez, who is currently stationed in Iraq, called during the event, and received The Department's best wishes for a safe return.

The Truck Company honored Lonnie Donohue for his 19 years as Treasurer.

The HHFD Ambulance Squad presented a plaque to Michael LeSane for his dedicated service as Lieutenant for 2008, and Michael Cribben, in recognition of making 465 calls in 2008. Additionally, several firefighters, as well as several EMS members, were acknowledged for their high number of EMS calls made during 2008.

Chief Ratkowski presented his supporting Chiefs with gifts of appreciation.

Concluding his tour as Department Chaplain, Reverend Joseph Pickard received a plaque from the Officers and Members of the Department for his many years of service.

Mutual Aid Officials from Carlstadt, Little Ferry, Lodi, Moonachie, Wallington and Wood-Ridge made presentations to Chief Ratkowski.

Borough officials and other dignitaries attended.

DJ music was provided by Black Magic. ###











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Moonachie Fire Department 2009 Installation Dinner

The Moonachie Fire Department held their annual Installation Dinner on January 16, 2009, at The Fiesta.

The Master of Ceremonies was Fire Chief Justin Derevyanik. The Pledge of Allegiance was followed by a prayerful moment of silence.

A presentation was made to Caroline Sansevere (dispatcher).

The Fire Department Officers were sworn in by Mayor Frederick J. Dressel, with the Bible held by the Chief's niece led by First Assistant Chief and nephew, Jillian & Jared Hynes.

The 2009 Officers are: Chief Justin Derevyanik, 1st Assistant Chief Victor Migliorino, 2nd Assistant Chief William D. Hunt, Captains Frank Smith and James O'Neill, Lieutenants John Hynes and Louis Cappadona.

Chief Justin Derevyanik, Mayor Dressel and former Chief Hunt spoke.



Presentations were made to Hunt, who served as Chief from January 2006 until December 2008, by the Moonachie EMS/ Rescue Squad, Moonachie Police Department, Mayor and Council and the MFD Ladies Auxiliary. Area Fire Departments also made presentations to Chief Hunt.

MFD Company 2 presented Hunt with a white helmet, followed by a group photo of the Department.

The traditional toast was Victor Migliorino.

The Moonachie Fire Department thanked the community for their support in 2008. ###









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Happy Valentine's Day



Wood-Ridge Fire Department 2009 Installation Dinner







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The Wood-Ridge Fire Department held their Annual Installation Dinner on January 10, 2009, at The Fiesta.

The Master of Ceremonies was Wood-Ridge Firefighter Philip Miuccio. The Ceremony began with the Pledge of Allegiance. WRFD Chaplain Deacon Nick Valdez provided opening and closing prayers.

The Fire Department Officers were sworn in by NJ Senator and Wood-Ridge Mayor, Paul Sarlo, with the Bible held by Chief Gentile's children, TJ and Marissa.

The 2009 Officers are: Chief of Department Anthony Gentile, First Assistant Chief Thomas Burniston, Second Assistant Chief and Treasurer Paul Clemente, Captain Damian Cauceglia Sr., Lieutenant Richard Keller, Lieutenant Scott Russo, Corresponding Secretary Gregory Gorab and Recording Secretary Thomas Bischoff.

The Emergency Squad Officers were sworn in by Mayor Paul Sarlo, with the Bible held by Mary Keller.

2009 WRFD Emergency Squad Officers - Captain Richard Keller, Lieutenant Frank Materia, Treasurer Stephen Sarracino, Corresponding Secretary Corey Sherman, Recording Secretary Damian Cauceglia Sr.

Area Fire Departments made presentations to Chief Gentile.

Remarks were made by Mayor Sarlo and Fire Commissioner Thomas C. Gonnella.

A special award for 25 years of service with the WRFD was made to Thomas Bischoff and Kenneth Schulz by Chiefs Gentile, Burniston and Clemente.

The traditional toast was led by First Assistant Chief Thomas Burniston.

D. J. music was provided by Ultimate DJ (www.ultimatedj.com). ###





l-r: Councilwoman-elect Pamela Link, Councilwoman Sonya Buckman, Councilwoman Maryetta Saccomano, Councilman Anthony DiNanno, Mayor Rose Marie Heck, Councilman Stephen Altobelli, Councilman Justin A. DiPisa and Councilman David Gonzalez.

Hasbrouck Heights 2009 Reorganization Meeting

11:45 a.m., a Sine Die Meeting was held to conclude 2008 business.

Councilmen Anthony Di-Nanno and Stephen Altobelli made a presentation to Councilwoman Maryetta Saccomano, for having served as a member of the Council.

For having served on the Board of Health, Councilman

On January 1, 2009, at Justin A. DiPisa and Board of Health Secretary Lori French made a presentation to Pamela J. Link.

> The beginning of the 2009 year began with Mark DiPisa, Esq. administering the Oath of Office to Councilman Justin A. DiPisa and Mayor Rose Marie Heck administering the Oath of Office to Councilwoman Pamela J. Link.

Upon the seating of the new council members, Mayor Rose Marie Heck declared the 2009 Reorganization Meeting in session.

There was a Salute to the Flag. Conchita Parker led the singing of "God Bless America," and an Invocation was given by the Rev. Lewis V. Papera, Pastor of Corpus Christi Church.

The Mayor administered the Oath of Office to the 2009 Fire Department Officers (see page 7).

There was an announcement of council assignments, consent agenda, and Council naming Sonya Buckman as Council President and representative to the Planning Board.

Mayor Heck made her ap-

pointments and delivered her Annual Address.

Rev. Edward J. Glasser, Community Church of Christ, provided the concluding Benediction. The meeting was adjourned. Refreshments were served in the Senior Center.

For a complete list of all appointments and Mayor's address, go to: www.hasbrouckheights.nj.us ###



(l-r) Councilman George Collazo, Councilman Dennis Vaccaro, Council President Maureen Flynn, Mayor Frederick J. Dressel, Councilwoman Kathleen Kinsella, Councilman Bruce Surak, and Councilman George Cahill.

Moonachie 2009 Reorganization Meeting

On January 4, 2009, at noon, the Borough of Moonachie held a brief reorganization in Council Chambers. Councilman George Cahill and Councilwoman Maureen Flynn took their Oath of Office.

Resolutions for appointments were made to include Frank Migliorino as Borough

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Attorney, Kevin Boswell as Borough Engineer, Paul Lerch as Borough Auditor, Paul S. Barbire as Special Tax Counsel, Supriya Sanyal as Register of Vital Statistics. DeCotiis, Fitzpatrick Cole & Wisler for services in connection with the issuance of bonds and notes and Michael Sartori as Temporary Construction Official, Building Sub-Code Official and Zoning Officer. The Council adopted existing By-laws of the Mayor & Council, set schedule of 2009 meetings.

Mayor Dressel made appointments with confirmation by the Council to include: Borough Administrator Anthony Ciannamea, Prosecutor Helene Herbert, Alt. Prosecutor Robert Presti, Public Defender Christopher Garvin and Mark Musella, Property Maintenance Official Edward Evers, etc. A complete list is available at the Borough Clerk's Office. Consent resolutions and payment of bills were passed. ###

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(l-r) Councilman Richard Carbonaro, Councilwoman Catherine Cassidy, Councilman Ezio I. Altamura, Mayor Paul A. Sarlo, Councilman Robert Riccardella, Councilman Thomas C. Gonnella and Councilman Dominick Azzolini.

Wood-Ridge 2009 Reorganization Meeting

On January 1, 2009, at 3 p.m., the Borough of Wood-Ridge held a reorganization meeting. The Pledge of Allegiance was led by Anthony and Michael Sarlo with an invocation by Father Brian Cullinane, Pastor of Assumption Church.

The clerk announced the

results of the November 4th, 2008 elections. The Oath of Office was administered by Mayor Paul A. Sarlo to Councilman Gonnella. The Oath of Office was administered by Steven Azzolini, Esq. to Councilman Azzolini to Councilman Gonnella. Councilman

Council President.

Appointments for Borough positions were made to include Borough Administrator Christopher W. Eilert, Borough Attorney Paul S. Barbire, Borough Engineer Michael J. Neglia. There was an adoption

Ezio Altamura was elected as of the By-Laws for 2009.

Mayor and Council standing committees and liaison to Boards and Commissions were made. The Mayor made his appointments to include: Planning Board, Recreation, Shade Tree, Veterans, and Events Commissions.

Councilmen Gonnella and Azzolini made statements followed by the Mayor's Annual Address. The meeting was open to the public before the meeting was adjourned. A complete list of all appointments is available at the Borough Clerk's Office. ###



(l-r) Councilwoman Peggy Steinhilber, Councilman Thomas Sarlo, Councilman George Muller, Mayor Mauro D. Raguseo, Councilman Ronald Anzalone, Councilwoman Sue Schuck and Councilwoman Roberta Henriquez.

Little Ferry 2009 Reorganization Meeting

Ferry held a reorganization meeting. The Pledge of Allegiance was made, followed by an Invocation by Reverend Veronica Pearson.

The Oath of Office was administered to Councilwoman

7 p.m., the Borough of Little woman Peggy Steinhilber and They included Borough Attor- committee assignments. There other positions in the Borough Councilman Ronald Anza-

> The 2009 By-Laws were adopted and the Council President was elected.

Appointments for Borough positions were read with con-

On January 2, 2009, at Roberta Henriquez, Council- firmation given where required. ney Joseph Monaghan, Borough Engineer Job & Job, Borough Auditor Dieter Lerch, Bonding Attorney, Code Enforcement Officer Gino Tessaro, etc. A complete list is available at the Borough Clerk's Office.

was a presentation of the Badge to the Police Commissioner.

Consent Agenda resolutions were voted on and ordinances for introduction made.

There were comments from the Council. All those who

The Mayor made Council were appointed to the Boards or were sworn in by the Borough Attorney.

> Benediction was given by Reverend Veronica Pearson and the meeting was adjourned.

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Bee-ing The Best

On Friday, January 9, 2009, the Junior Women's Club of Hasbrouck Heights held its 16th Annual Spelling Bee at Kiefer Auditorium in the Hasbrouck Heights Jr./Sr. High School. Forty-two top spellers competed to be the best. The top six winners were: First Place: Lauren Sembrano, Fifth Grade - Lincoln School, Second Place: Alisha Nanda, Fifth Grade - Lincoln School. Third Place: Danielle Dallara, Fifth Grade - Lincoln School. Fourth Place: Lauren Cappadona, Fourth Grade - Euclid School, Fifth Place: Russell Sullivan, Fifth Grade - Corpus Christi School, Sixth Place: Caroline Ko, Fifth Grade - Euclid School. The first place winner received a \$100 savings bond from Valley National Bank. Second and third place winners each received a \$50 savings bond from Valley National Bank. All six winners received a \$20 book store gift card. Congratulations! The top three winners will be representing Hasbrouck Heights at the Palisades District Spelling Bee to be held at Kiefer Auditorium in Hasbrouck Heights on February 8, 2009 at 12 noon. Story by Maria Adamkieiwcz. ###



Finding Books Good Homes

On Saturday, February 7, 2009, from 10 a.m. to 2 p.m., The Friends of the Wood-Ridge Memorial Library will hold a book sale in the W-R Senior Center. Hardback, paperback, children's books as well as videos, CD's, DVD's and cassettes, are available.

Proceeds of the sale are used to support The Library children's programs.

The Friends hold book sales three times a year -- October, February and May. Meetings are held at The Library the 3rd Tuesday of the month at 7:30 p.m. All are welcome. ###

Wood-Ridge Friends Sell Note Cards

The Friends of Wood-Ridge Memorial Library are offering newly designed note cards with an updated picture of The Library. Each pack is only \$5 with five cards and envelopes to a pack. They are available at the Front Desk. ###

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HH D.A.R.E. Culmination 2009

On January 15, 2009, at 7:00 p.m., the Euclid and Lincoln School Fifth Grade D.A.R.E. Culmination Ceremony was held in the Hasbrouck Heights High School Gym.

Proud parents viewed a video presentation prior to the students marching to their seats.

The Hasbrouck Heights Police Department Honor Guard marched onto the floor for the Pledge of Allegiance and the singing of God Bless America.

Jenna Giaquinto and Jason DiGiacinto. The students recited the D.A.R.E. statement. Police Chief Michael J. Col-

aneri, Mayor Rose Marie Heck, Euclid School Principal Mrs. Linda Simmons and Mrs. Mary Anne Pagano, spoke briefly.

Essay winners: Euclid School -- Matthew DeMarco, Manesha Singh Lincoln School -- Danielle Dallara, Daniel Kalmowitz, and Lauren Sembrano.

Under the direction of Mrs. Cerasuolo, the Fifth Grade students gave a musical presentation. The Fifth Grade teachers conferred certificates.

Closing remarks were made Masters of Ceremony were by Lt. Shawn Mullins. Light refreshments were served in the cafeteria. Photos provided by HHPD. ###



Anti-Drug Rallies were held at Euclid and Lincoln Schools on Friday morning, January 16, 2009.



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Wood-Ridge Assumption School Celebrates Catholic Schools Week

Catholic Schools Week is an annual celebration of the contributions of Catholic schools to the educational landscape in the United States. Assumption School in Wood-Ridge, New Jersey began its celebration on Saturday, January 24th at the 5:30 p.m. Mass at Assumption Church. Students spoke at each of the weekend Masses and handed out literature about the school. Focusing on the theme "Celebrate Service," the teachers and children of Assumption engaged in a variety of activities throughout the week, including International Day, Student Appreciation Day, and Catholic Schools Week T-Shirt Day.

Ms. Muller, principal of Assumption School, announced that the school conducted two Open Houses during the week. On Sunday, January 25th, from 10:30 a.m. to 1:00 p.m., visitors toured the school, spoke to teachers, students, and parents, watched a PowerPoint presentation, received registration information, and enjoyed a continental breakfast. The tour included visits to the classrooms, computer lab, multimedia room, gymnasium, and Pre-Kindergarten.

A second Open House was scheduled for Wednesday, January 28th, between the hours of 9:00 and 11:00 a.m., as well as 1:00 - 2:00 p.m. Visitors were welcome to visit classrooms while they were in session.

Student activities during this week are designed to foster learning and creativity while celebrating the unique atmosphere offered by Assumption School. On Monday, January 26, students began the celebration with a Prayer Buddy Program that increased their social interaction with students in other grades. In addition to the Prayer Buddy program, students collaborated on a logo and motto that represents the essence of Assumption School's dedication to academic and spiritual growth. This logo was unveiled on Friday, January 30, when students wore their Catholic Schools Week T-shirts displaying the emblem. Other activities included a door decorating contest and an ice cream sundae party.

Assumption School welcomes interested parents who would like to visit the school and attend an Open House. The school is located at 151 First Street between Main and North Avenues. For further information, please call the school at 201-933-0239. Story provided by Assumption School. ###

Assumption offers a full

and half-day program for 3 and 4 year olds, and an academi-

cally challenging program for grades K-8. Extended care

before and after school is also available. While registration

packets were available at the

Open Houses, registration for

new families will begin on

Monday, February 2nd, by ap-

Pre-Kindergarten, is accred-

ited by the Commission on

Elementary Schools of the

Middle States Association of

Colleges and Universities. It

offers an enriched core cur-

riculum and daily religious

education classes. Classrooms

are wired for the Internet and

students receive instruction in

the computer lab and multi-

media room. Courses in music,

art, and Spanish language are

offered from Pre-Kindergarten

to Grade 8. High achieving

students are invited to become

part of programs for gifted

students, including Advanced

Math and Science Stars.

The school, including the

pointment.



Matt Buckman, President of the Junior Honor Society, presented flowers to Principal Michelle Murillo in honor of recent Principal's Day. Rev. Lewis V. Papera looked on.

Corpus Christi 8th Grade Class Registers for High School

The excitement of the recent Catholic High School acceptance envelopes for Corpus Christi School's 8th Grade is now replaced with the reality of actually registering at one of their school choices.

On February 1st, high school registration will take place for the Class of 2013 at the local Catholic high schools.

For many of these students, this is truly a new phase in their lives after being a Corpus Christi student for the past 9 years.

Also, in February, a Movie Night is being planned for the PreK -Grade 3 families on the 6th. On February 13th, a Valentine's Day dance for the Junior High will take place. More information will be sent home shortly.

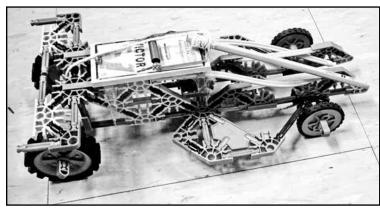
There is no school on President's Day, February 16th.

A 9:00 a.m. Mass is scheduled on Ash Wednesday, February 25th.

Looking forward, Corpus Christi's Tricky Tray is scheduled for Friday, April 24th. Keep up with your New Year's resolution of downsizing and clearing out the clutter of new, never used items and gifts in your home and donate these to this event.

Please call Corpus Christi School at 201-288-0614 for contact information and pick up arrangement. Ticket information about this fun evening will be released in February.

Registration for the 2009/2010 school year is ongoing. Please call 201-288-0614 for class availability and registration requirements. Story and photo provided by Sonya Buckman ###



Mousetrap Power

Eighth Grade science students at Moonachie's Robert L. Craig School recently built small cars powered solely by the spring of a mousetrap. They tied a set mousetrap to the rear axle of each car, and the pull of the mousetrap's spring propelled the car forward. The project was part of a unit on different types of energy and how energy can be transferred.

Students were graded on different aspects of the car, including distance traveled and design quality. One student's car traveled 34 feet! Story and photo provided by R. L. Craig School. ###

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Geography Bee Held at RLC

On Friday, January 9, 2009, twelve students from the Robert L. Craig School in Moonachie participated in the annual National Geographic Geography

Participants included four representatives from Grades Six through Eight. Contestants were selected from preliminary contests held in their Social Studies classes. Participants included Anna Alberti, Shaira Bergantinos, Daniel Bouliga, Matthew Bresnak, Dilmarys Fernandez, Herschel Jordan, Sandra Kaldas, Henry Linares, Brian Monico, James Pichardo, and Elizabeth Van Der Hoof.



questions relating to U.S., world, and cultural geography, and were eliminated after getting three questions wrong.

The last two remaining contestants competed in a final round, where they both received the same questions.

Students had to answer The runner-up in the schoolwide competition was Seventh Grader James Pichardo, and the 2009 Robert L. Craig School National Geographic Geography Bee Champion was Seventh Grader Elizabeth Van Der Hoof. Congratulations, Elizabeth! A special thanks goes out to Mr. Greg P. Keelen for coordinating the Bee. Story and photo provided by R. L. Craig School. ###

Community Registration

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School hours are 8:45 a.m. to Noon Please call for more information. Jackie Mazza, Director/Teacher

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What A Thrill! Traveler













's Heat Up IZOD Arena!



On Wednesday, January 7, 2009, 13 Hasbrouck Heights and 12 Wood-Ridge/Moonachie 5th and 6th Grade boys played a basketball game at IZOD Center, prior to the Nets/Grizzlies game. They played an exhibition game, independent of league standings. The final score was Hasbrouck Heights 52/Wood-Ridge 45.

This is the first time that the HH & W-R Recreation Department teams played at IZOD. Every member played.

The Travelers got lots of Nets players' autographs and pictures with the cheerleaders during the NBA pre-game shoot around.

The experience was enhanced as the Travelers were part of the "High Five" line when the Nets and Grizzlies players entered the arena, and stood on the court when the NBA players and cheerleaders were introduced, and the National Anthem was played.

The Nets organization gave the players a tour of the locker room, "High Five T shirts" and "Topps cards" of the Nets basketball players.

Additionally, the Travelers, coaches and families got a seat upgrade to the lower level for the NBA game.

The event was organized by HH Recreation Director Rob Brady and W-R Basketball Coach Rob Faussette, with the help of John Warnick of the Nets organization.

Team coaches are: HH Steve Pikowski and Dennis Colton; W-R Rob Faussette and Bill Robol.

South Bergen Traveling Teams are sponsored by their respective Recreation Departments. This league is over 10 years old. Traveling teams are comprised of Recreation Department "all stars" players.

The South Bergen League includes: Carlstadt, East Rutherford, Elmwood Park, Hasbrouck Heights, Lyndhurst, Moonachie, North Arlington, Ridgefield Park, Rochelle Park, Rutherford, Wallington and Wood-Ridge. ###







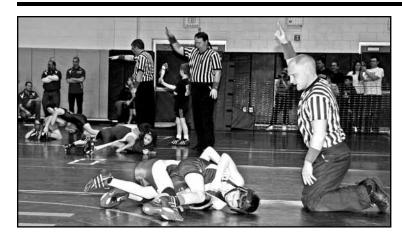




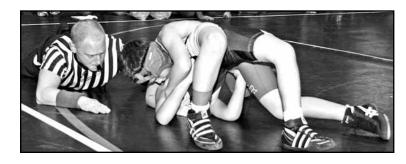












Blue Devils Take On The Pros

The Second Annual Charity Basketball Game will be held on Friday, March 27th, 2009 at the WRHS Gymnasium. Former NFL Players vs. Wood-Ridge Blue Devils. Doors open at 5:00 p.m. with the game tip-off at 6:00 p.m.

Admission in advance, \$10 child or adult and \$11 at the door, if available. Children under 12 years old must be accompanied by a paid adult. There will be food, music, autograph session, Pros for Kids Store, Tricky Tray and much more. Seating capacity is limited.

Donations, such as gift

baskets, sport memorabilia, gift certificates, cash donations, food or paper goods are welcome. Gifts are due by March 2nd, 2009.

An ad in the Charity Basketball Game journal costs \$100 for full page, \$60 for half page and \$25 for a business card size. Deadline for ads is February 28th, 2009.

Call Myrna at 201-803-6024 to arrange pick up of your donation or to place an ad. For further information contact Mrs. DiNapoli at LDiNapoli@ wood-ridgeschools.org

To view last year's event: The Gazette Newspaper, April 2008. ###



W-R Knights Sponsor **Free Throw Competition**

The local competition for the 2009 Knights of Columbus Free Throw Championship was held at the Assumption School Gym, in Wood-Ridge on January 10, 2009. The members of St. Anthony Council 11585 ran the contest.

All girls and boys, ages 10 to 14, were eligible to compete. Each contestant received three warm-up tosses followed by 15 consecutive Free Throw attempts from the appropriate age-designated foul line.

The Wood-Ridge winners who will compete at the

district level, and hopefully, state competitions: 10-year old group-Andrew Zoltowski; the winner 11-year old group, Jake Trotter; the 12-year old winners, Marco Phelen and Colleen Cribben; the 13-year old winner, Michael Gilney; and the winner in the 14-year old group, Ryan Hennessey.

Knight Chris Garvin was the chairman for the local competition. He was assisted by GK Angelo Urato, Robert Cribben, and PGK Peter Gallo. PG ###

Three Mats **Blazing**

On Sunday, January 18, 2009, the Hasbrouck Heights Recreation Department hosted their Second Annual Invitational Wrestling Tournament.

Participating were recreation department teams from: Hackensack, Hasbrouck Heights, Hawthorne, Garfield, Lodi, Lyndhurst, North Highlands, Paramus, Saddle Brook and Woodcliff Lake/Mont-

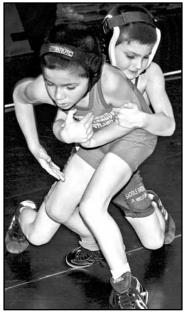
Heights pulled 10 gold, 4 silver and 7 bronze medals.

The Tournament was formerly the Andy Feintuch Wrestling Tournament, but the name has since been transferred to the Andy Feintuch District 5 Championship. This wrestling event will be held at the Hasbrouck Heights High School Gym on February 22, 2009. This event is open to the public. Admission is \$5 for adult and \$2 for children.

Winners from the February 22nd meet will advance to the North Jersey Regional Championships in Hackensack.

For more information go to: www.hasbrouckheightsrecwrestling.com ###







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Real Estate Insight

By Mary Ellen Courtney



Mortgage Rates Are a' Dropping!

It's official: mortgage interest rates are now the lowest they've been in nearly 50 years! The Federal Reserve Board's recent action to lower interest rates will help both buyers entering the market and homeowners who need to refinance.

Earlier this year, mortgage rates averaged 6.3 percent, but

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some parts of the country are now seeing rates in the 4 percent range.

According to Bill Eckerson, our Gateway in-house mortgage officer: conventional rates in our area are as low as 4.875 percent and FHA programs - straight 30 year plans at 5% -can be obtained with as little as 3% down!

The economists at the National Association of Realtors believe that a 1 percent point decrease in mortgage rates will increase home sales by more than 500,000 units.

Reduced mortgage interest rates should provide a significant boost to lending, paving the way for would-be buyers to achieve the dream of homeownership. Mary Ellen Courtney is owner of Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###



Fitness Tips

By Joann Glussich

Don't Believe the **Fat Loss Lies**

Myth #1: Eating Late at Night Makes You Fat The Facts: Weight gain happens when you eat too much and exercise too little.

· Your Solution: Consider how many calories you eat and burn each day, rather than when

Myth #2: Snacking Promotes Weight Gain The Facts: Eating snacks throughout the day is actually a great way to keep your metabolism up and to avoid overeating at meals. However, if you snack on junk food, then be prepared to pack on pounds.

· Your Solution: When it comes to snacking, it's all about what you snack on.

Myth #3: You Can Lose Fat Without Exercise *The Facts:* Exercise and healthy eating go hand-in-hand when it comes to permanent fat loss.

· Your Solution: Accept exercise as a part of your daily

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lifestyle.

Myth #4: Fat Free Means 'All-You-Can-Eat' The Facts: Fat-free foods contain plenty of calories and often lots of sugar.

Your Solution: Be mindful of calories when eating fat-free foods.

Myth #5: Eat as Little as Possible for Maximum Fat Loss The Facts: Eating too little causes your metabolism to shut down and puts your body into starvation mode, and prone to store fat rather than burn it.

· Your Solution: When it comes to fat loss, think burn rather than starve.

Myth #6: You Should Never Eat Fast Food The Facts: It's all about what you order. Lean meat, salad, vegetables and beans, are available at many fast food chains.

· Your Solution: When eating fast food, skip the fried items; stick with lean meats and salads.

Trying to lose weight is often a frustrating experience. In a world filled with quick fixes, lasting weight loss is not something that happens overnight. Remember that it took time to gain the weight, so it will also take some time to lose it. ###

Joann Glussich, Certified Personal Trainer and owner of Contours Express, 1 South Main Street (Lodi Mall), Lodi, NJ 973-777-4494, www.contoursexpress.com/lodinj ###

RECYCLE



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Keep Warm Be Safe

Moonachie Fire Chief Justin Derevyanik stated, "As the temperature outside drops, families take to the indoors to keep safe and warm. What they may not realize is that turning up the heat can increase the risk of home heating fires."

According to the National Fire Protection Association (NFPA), nearly half of all home-heating fires occur during the winter months.

"While these numbers are frightening, nearly all of these fires are preventable," said HHFD Chief Michael Ratkowski. "We can reduce the number of home heating fires in our community by taking some simple precautions and using heating equipment properly."

WRFD Chief Tony Gentile recommends some simple home heating safety tips, so residents can help keep safe and warm this winter.

- Have your chimney inspected each year and cleaned, if necessary.
- Use a sturdy fireplace screen.
- Allow ashes to cool before disposing. Dispose of ashes in a metal container.
- Space heaters need space. Keep all things that can burn, such as paper, bedding or furniture, at least 3 feet away from heating equipment.
- Turn portable heaters off when you go to bed or leave the room.
- Never leave children unattended near a space heater.
- Plug power cords only into outlets with sufficient capacity and never into an extension cord. Make sure power cord is not a tripping hazard; do not run cord under carpet/rug.
- Never use an electric generator indoors, inside the garage or near the air intake of your home.
- Never use a charcoal or gas grill indoors -- the fumes are deadly.
- If there is a power failure, use battery-powered flashlights rather than candles, if possible. Never leave candles unattended.
- Never use an oven to heat your home.
- If your pipes freeze, do not thaw them with a torch, instead, thaw them slowly with an electric hair dryer.
- Install smoke alarms in every bedroom, outside each sleeping area and on every level of the home. Interconnect all smoke alarms throughout the home so that when one sounds, they all sound. Test smoke alarms at least once a month.
- Install and maintain a carbon monoxide alarm in a central location outside each sleeping area. ###



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Nurse's Station Seniors' Cold Weather Hazards

Almost everyone knows about winter dangers such as broken bones from falls on ice or breathing problems caused by cold air.

But, cold weather is very risky for older people. When exposed to cold temperatures, your body begins to lose heat faster than it can be produced.

Prolonged exposure to cold will eventually use up your body's stored energy. The result is hypothermia, or abnormally low body temperature.

Body temperature that is too low affects the brain, making the victim unable to think clearly or move well.

This makes hypothermia particularly dangerous because a person may not know it is happening and won't be able to do anything about it.

Hypothermia is most likely at very cold temperatures, but it can occur even at cool temperatures (above 40°F) if a person becomes chilled from rain, sweat, or submersion in cold water.

If your temperature is below 95°, it may cause an irregular heartbeat. The situation is an emergency—get medical attention immediately.

What To Look For

Shivering is one thing the body does to stay warm when it gets cold, but does not mean hypothermia.

Some older people may not want to complain and may not even be aware of how cold it is.

Look for the "umbles" stumbles, mumbles, fumbles, and grumbles — these show that the cold is affecting how well a person's muscles and nerves work. Watch for:

• Pale skin. Puffy or swollen face. Cold feet and hands.

- Confusion or sleepiness.
- Slowed, slurred speech, or shallow breathing.
- Weak pulse or low blood pressure.
- A change in behavior during cold weather or a change in the way they look.
- A lot of shivering or no shivering; stiffness in the arms or legs.
- Chilly rooms or other signs that they have been in a cold place.
- Poor control over body movements or slow reactions.

What Should I Do?

If you think someone could have hypothermia, call for emergency help.

- Get the victim into a warm room or shelter.
- If the victim has on any wet clothing, remove it.
- Warm the center of the body first-chest, neck, head, and groin. Or use skin-to-skin contact under loose, dry layers of blankets, clothing, towels, or sheets.

Be gentle. Rubbing the person's arms and legs can make the problem worse. The skin of an older person may be thinner and more easily torn than the skin of someone younger.

- Warm beverages can help increase the body temperature, but do not give alcoholic beverages. Do not try to give beverages to an unconscious person.
- After body temperature has increased, keep the person dry and wrapped in a warm blanket, including the head and neck.
- Get medical attention as soon as possible.

Cold Prevention

If you must go out, dress correctly.

- Be sure to wear a hat and scarf. You lose a lot of body heat when your head and neck are uncovered.
- Wear several layers of loose clothing. The layers will trap warm air between them. Tight clothing can keep your blood from flowing freely. This can lead to loss of body heat.
- Stay inside when it is very windy outside. You lose more body heat on a windy day than a calm day. Weather forecasters call this the wind-chill factor.
- Try to stay away from cold places. Changes in your body that come with aging can make it harder to feel when you are getting cold. It may be harder for your body to warm itself.
- Pay attention to how cold it is where you are.

Sometimes you need to put on more clothes, use a blanket, or move out of the cold. Health problems may make that hard to do. For example:

- Severe arthritis, Parkinson's disease, or other illnesses that make it harder to move around
- Stroke or other illnesses that can leave you paralyzed

and make clear thinking more difficult

- Memory disorders or dementia
 - A fall or other injury

Personal Concerns

- Make sure you eat enough food to keep up your weight. If you don't eat well, you might have less fat under your skin. Fat can protect your body. It keeps heat in your body.
- See your doctor to keep any illnesses under control. Some illnesses may make it harder for your body to stay warm. These include:
- Problems with your body's hormone system such as low thyroid (hypothyroidism).
- Any health problems that keep your blood from flowing normally, such as diabetes.
- Some skin problems, such as psoriasis, that allow your body to lose more heat than normal.
- Some medicines often used by older people also increase the risk of accidental hypothermia. These include drugs used to treat anxiety, depression, or nausea. Some

over-the-counter cold remedies can also cause problems.

• Do not drink alcohol before bedtime when it gets colder outside. Alcoholic drinks can also make you lose body heat

In-home Dangers

What you might not realize is that people can also get cold enough inside a building to get very sick.

Homes or apartments that are not heated enough, even with a temperature of 60° F to 65° F, can lead to illness. This is a special problem if you live alone because there is no one else to comment on the chilliness of the house or to notice if you are having symptoms of hypothermia.

Set your thermostat for at least 68° F to 70° F. If a power outage leaves you without heat, try to stay with a relative or

Avoid using space heaters. Some types are fire hazards, and others can cause carbon monoxide poisoning. ###

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February 2009 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, February 2, 9, 23

10:00 a.m. to 1:00 p.m. Games, cards & coffee

Tuesday, February 3, 10, 17, 24

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, February 4, 18, 25

2:00 p.m. Senior Paced Aerobics \$1.00

Wednesday, February 18, 25

10:00 a.m. wii Bowling League

Thursday, February 5, 12, 19, 26

10:00 a.m. to 1:00 p.m. Games, cards & coffee

2:00 p.m. Senior Yoga \$1.00

Friday, February 6, 27

10:00 a.m. Games, cards & coffee

Friday, February 13, 20

10:00 a.m. Fun Bingo

1:00 p.m. Movies

Check Center Bulletin Board for listings

NOTE: The Center will be closed Thursday, February 12th and Monday, February 16th.

CLUB MEETING SCHEDULE

Wednesday, February 4

10:00 a.m. Leisure Club Executive Meeting

Wednesday, February 11

1 p.m. Leisure Club Meeting

Entertainment: Francine Zelnik's Party Show

UPCOMING EVENTS

Hunterdon Hills Playhouse Luncheon/Show April 15, 2009

Comedy show: "Over the River and Through the Woods." Cost \$70 each, includes dinner, show & transportation. Details at February meeting.

Leisure Club members are reminded that their annual membership dues of \$12 are due and should be paid by check.

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Leisure Club is Charmed

Mike Gintella entertained the members of the Leisure Club at their first meeting of the New Year on January 14, 2009.

The use of the word "entertained" is too general a term to describe his performance. He charmed the group, captivated them, relaxed them, involved them and with his laid back, seemingly effortless singing, had them "eating out of his hands."

Mike is an excellent baritone singer. He sings in the style of Dean Martin, Frank Sinatra, Tony Orlando and Perry Como. All the songs he sang were familiar to the mem-

AC Bus Trips

The VFW sponsors Atlantic City Bus Trips on the last Wednesday of the month. Bus departs at 10:30 a.m. and returns at about 9:00-9:30 p.m. Proceeds are used to help defray building expenses. Call the Post for more information at 201-288-1112. ###



bers of the Leisure Club. Some were: "When You're Smiling," "All Shook Up," Knock Three Times," "Personality," and "Tie a Yellow Ribbon Around the Old Oak Tree."

The members took part in a sing-a-along to such tunes as "Side by Side," "Red, Red Robin," "Baby Face," "New York, New York," and "Heart of My Heart."

The audience also participated in spelling of "L O V E" and did the hula to "Little Grass Shack" and showed their attitude to "That's Amore."

Aside from the excellent

entertainment, the club welcomed many seniors as new members. They were all treated to large apple turnovers purchased from **Smiley Bakery**. They were fresh, delicious and filled with plenty of apples.

During the business portion of the meeting, Joe Barnao reported on the April 15th planned trip to the Hunterdon Hills Playhouse to enjoy a meal and see the comedy, "Over the River and Through the Woods." He will be collecting the \$70 cost which will include transportation, meal and show.

President John Fitzin announced that for the February meeting we will be entertained by Francine Zelnik's Party Show and for March we will have Mark Wright at the piano.

All seniors who live in Hasbrouck Heights are welcome to join the Leisure Club. The meetings are held on the second Wednesday of each month and start at 1:00 p.m. Story and photo by Peter Gallo Jr. ###

AARP Members Discuss Hearing Problems

Northeast Regional Manager Representative Beau Phillis, from the Beltone Hearing Aid Centers, presented a program for the Central Bergen Chapter 418 AARP on January 9, 2009. His company, Beltone, has been dedicated to providing the most advanced and effective hearing aids since 1940.

Hearing health is a critical piece of everyone's overall health. Beau stressed the importance of an annual hearing screening. He reminded the groups that as they get older, hearing problems may occur. Approximately 31 million Americans (10%) are hearing impaired.

Beau discussed the working of the ears. He also reviewed the warning signs that will indicate a hearing loss. Just to name a few: people seem to mumble more frequently; you often ask people to repeat themselves; you have been told that you speak too loudly; and you hear, but have trouble



understanding all the words in a conversation.

He reminded the members to protect their hearing whenever their surroundings are so loud that they must raise their voices to be heard. He answered many questions from his audience and then suggested they schedule a free hearing test.

President Marie Gallo announced that at the February 13th meeting, the chapter will present the program, "The Gibson Girl Friday Meets the Victorian Lady." The program will be presented at the Cultural Arts Center located at 39 Broadway (across from the M & M Building.) The public is invited to this admission-free event.

This program is offered through the Horizons Speakers Bureau of the New Jersey Council for the Humanities, state partner of the National Endowment for the Humanities. Barbara Meyer Darlin will present a program which compares the lives and fashions of a turn-of-the-twentieth-century society lady and a working class "typewriter," as those

who first operated the typing machines were called. Imagine working 10-12 hours a day in tight shoes, three petticoats and a whalebone corset! She will also talk about the obstacles women encountered entering the male-dominated world of office work and employment practices before and after marriage.

The chapter has scheduled two trips to the Little Firehouse Theater, located in Oradell.

The first is for 2:00 p.m., Sunday, March 29th, to see "The Melody Lingers On." This is a musical tribute to the life and music of Irving Berlin. The price is \$21.00 per person.

The second is for 2:00 p.m., Sunday, May 17th, to see "The Sunshine Boys." This is a Neil Simon comedy about two retired Vaudeville entertainers.

The price is \$18.00 per person. Contact Estella or Gerard, 201-288-0378, to purchase tickets for either or both shows. These trips do not include transportation to and from the theater.

The Central Chapter 418 AARP meets the second Friday of each month, at 12:30 p.m., at the M & M Building, 116 Holt Street, Hackensack. Coffee and dessert is served at noon. The chapter members are all AARP members who reside in Hackensack, South Hackensack, Hasbrouck Heights, Maywood, Rochelle Park, Little Ferry, etc. Dues are \$12 a year. Story by Peter Gallo Jr. ###





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Numismatic & Philatelic Art Commemorates Lincoln's 200th Birthday

Pennies

The Lincoln penny will have four new looks marking different aspects of the 16th President's life:

- Birth and early childhood in Kentucky (1809-1816) features a log cabin.
- Formative years in Indiana (1816-1830) depicts a young Lincoln reading.
- Professional life in Illinois (1830-1861) standing in front of the old state capitol building in Springfield.
- Presidency in Washington, DC (1861-1865) features the half-finished United States Capitol dome.

Silver Dollar

The U.S. Mint unveiled the 2009 commemorative silver dollar with a silver content of 90 percent honoring the 200th anniversary of Lincoln's birth.

The "tails" side, carries the final words of the Gettysburg Address delivered at Gettysburg National Cemetery.

Stamps

Abraham Lincoln appears on more than 50 U.S. postage stamps – more than any other person. Four more will be added to his tally in 2009, in celebration of his 200th birthday.

The block of four commemorative stamps illustrates aspects of Lincoln's life:

- Lincoln as a rail-splitter includes the earliest-known photograph taken in 1846.
- Lincoln as a lawyer includes a photograph taken May 7, 1858.
- Lincoln as a politician includes a photograph dated February 27, 1860, shows Lincoln debating Stephen A. Douglas.
- President. Photograph of Lincoln, dated November 8, 1863, conferring with Generals Ulysses S. Grant and William T. Sherman toward the end of the Civil War.

For more information about the 200th anniversary of Lincoln's birth visit: www. abrahamlincoln200.org ###

Wood-Ridge Historical Society Honors Lincoln

The Wood-Ridge Historical Society, in conjunction with the New Jersey Council for the Humanities, will present Bob Gleason as "Abraham Lincoln: Man of Sorrow."

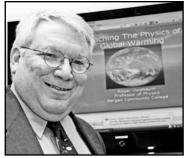
Mr. Gleason gives special insights into our Country's Great Emancipator. While Lincoln, the President, struggled with the wrenching experiences of a Country divided, Lincoln, the family man, had to deal with an irrational wife and the deaths of his dearly loved sons.

The program will be held on Sunday, February 1, 2009, at 1:00 p.m., at the Bianchi House, 111 First Street, Wood-Ridge. All are welcome. Please join in the celebration of Abraham Lincoln's 200th birthday. Refreshments will be served. PG ###

Cookie Bake-Off

The Jr. Women's Club and friends are holding a Cookie Bake-Off on April 4, 2009, from 11 a.m. to 1 p.m., at the First Reformed Church in Hasbrouck Heights. ###

Global Warming Discussed



As we prepared for an arctic blast, The Free Public Library of Hasbrouck Heights hosted a seminar on Global Warming that was presented on Tuesday, January 13.

Dr. Roger Opstbaum discussed the process of developing the prevailing theories on global warming.

Professor Opstbaum is a physics professor at Bergen Community College and PhD. He worked at the Goddard Institute for Space Studies where he contributed to the building of climate models.

Because experiments cannot be conducted on a global basis using the traditional scientific method, climatologists use modeling techniques to project what is actually occurring.

As a result of this tech-

nique, scientists have determined that the atmosphere on Venus and other planets is similar to that on Earth because the rise of carbon dioxide and water vapor has created a "runaway" greenhouse.

The creation of too much of a barrier which traps the naturally occurring radiation responsible for warming the surface is attributed to our increased use of fossil fuels such as coal, oil, and natural gas in conjunction with the destruction of tropical rain forests.

With too much heat being trapped, we are cautioned that the rising temperatures of the Earth's surface will affect agriculture and contribute to rising sea levels as the polar ice caps are melted.

Scientists are promoting that a switch from fossil fuels to benign alternatives such as wind and solar power will slow down the warming of our atmosphere and the subsequent effects.

Following the lecture, Dr. Opstbaum answered questions from the audience. Story by Melissa Singlevich ###

Kiwanis Briefed on MDA

Ms. Amanda Cann, Program Coordinator of the Muscular Dystrophy Association, Inc., was the guest speaker at the January 8, 2009 Kiwanis meeting.

She discussed the need for volunteers, the MDA special events and the MDA Summer Camp program.

Since 1950, MDA has become one of the nation's largest and best known volunteer health agencies.

Volunteers are the backbone of the Association's programs, helping with summer camp, support groups, seminars, Telethon, special events and many other programs. The annual MDA Labor Day Telethon does its regional appeal at the VFW Post 4591 in Hasbrouck Heights.

Ms. Cann discussed the MDA Hop-a-Thon Program, which is an educational special event for Preschool through Second Grade children at their school. The program offers a week-long disability awareness lesson plan with hands-on activities for the children.

Most citizens are aware of the "Shamrocks Against Dystrophy" fund raiser which is held by businesses, retailers and restaurants. For a donation, the name of the contributor is placed on a shamrock and displayed.

Ms. Cann discussed the MDA week-long live-in Summer Camp program for young-



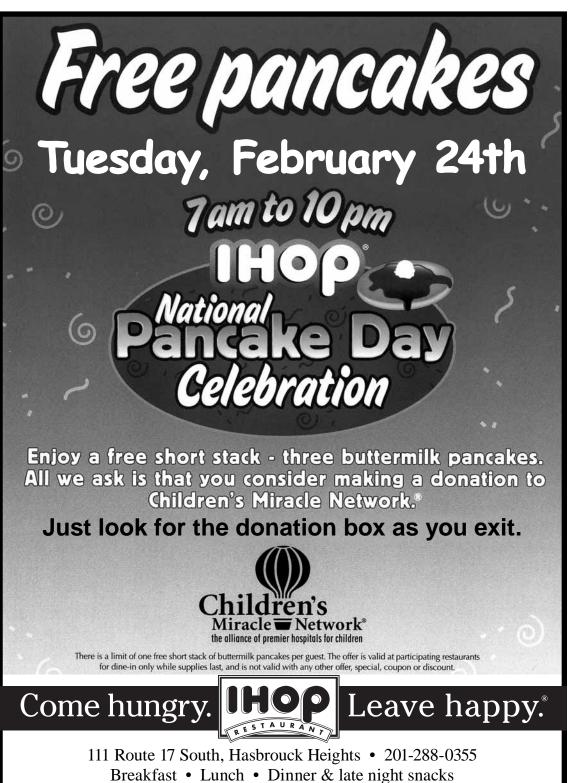
sters between ages 6 and 17.

These children who have neuromuscular diseases are offered a wide range of activities specially designed for young people who have limited mobility or use wheelchairs.

Activities range from outdoor sports such as swimming, boating, baseball and horseback riding to less physically demanding programs.

Aside from having a knowledgeable and experienced staff, the camp also has live-in medical personnel. Each youngster is also assigned a one-on-one volunteer. The camp located nearest to Hasbrouck Heights is in Spring Valley, New York

The program ended with an appeal for volunteers; anyone who can donate some time between the hours of 9:00 a.m. and 5 p.m. The MDA phone number is 201-843-4452. Story and photo by Peter Gallo Jr.



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Felician Sisters Brighten Epiphany

















On Sunday, January 4, 2009, the Felician Sisters of the Immaculate Conception Province of Lodi, NJ, presented a sacred concert entitled "The Glory of Christmas" in the Immaculate Conception Convent Chapel.

The Sisters hoped that their gift of music would deepen the spirit of Christmas for all who attended to celebrate the Feast of Epiphany, known as "Little Christmas" in many countries.

Joining the Felician Sisters' Choir, under the direction of Sister Marilyn Marie Minter (guitarist) and accompanied by Sister Mary Virginia Tomasiak on the organ/piano, were several guest artists: violinist Nicole DiMaria; pianist MaryAnn DiMaria; trumpeter David DeRienzo, percussionist Bobby Reilly and accordionist Sal Torino.

Soloists included Sister Maria Magdelena Vallellanes and Georgine DiMaria. Sacred dancers Linda Telesco, Stacey Lamendola and Kelly Reilly of the troupe "Spirit Dance," an inter-faith dance ministry, performed at the altar during several chorales.

Sister Mary Aquinas Szott, Provincial Minister, provided opening and closing remarks.

The 90 minute concert began with "We Three Kings" and the Spirit Dancers, and included "O, Come All Ye Faithful," "Angels We Have Heard On High," "O Bambino," "O Holy Night," Christmas Psalm," "Gloria," "Silent Night," etc. The program concluded with "Joy to the World."

Good will offerings were accepted with the proceeds given to the poor.

The Felician Sisters' Choir has presented "The Glory of Christmas Concert" almost annually for the last decade.

CDs of the Felician Sisters' Choir are available by calling 973-473-7447.

The Immaculate Conception Province of the Felician Sisters was established in Lodi in 1913. For more information about the Sisters, go to: www. felicianslodi.org ###



Reflections

I Can, I Can "T"

Rev. Edward J. Glasser Community United Church of Christ

"If you have faith as a grain of mustard seed, you shall say unto this mountain, remove hence to yonder place, and, it shall be removed; and nothing shall be impossible unto you." {Matt. 17:20}

We are often faithless because of some family upbringing. We can be fearful to take any risks. Better to stay safe in a box and not expose ourselves to possible failure. We are guaranteed failure if we don't try. Oh, by the way, we are not going to get hurt; but there will never be a positive experience as long as we keep safe.

Many people who are afraid of the future or afraid to take risks usually bind onto past memories. Holding onto the past is the reason for boasting, guilt trips and regrets. God requires the past!

Hey guys, remember at the beach when you were shy to introduce yourself to that cute girl you adored? You feared rejection. Wow! How bad could that be? Could it be as bad as being crucified? For that faithless fear of "I can' "T," you were guaranteed never to see her again as she walks by out of your life, perhaps forever.

In life, the one who has tried and tried and seemingly failed is not a true failure. The one who has not tried because of fear is the failure.

Thomas Edison had over 1,000 so-called failures before he perfected the light bulb filament. He did not quit.

There are times when with intelligence, we won't proceed with certain endeavors. There will be peace in us as we make such intelligent decisions.

However, when we say, I can't because of unwarranted fears, the result is tension, stress, and anxiety. We could also attract high blood pressure and ulcers.

If the "T" in "can't" can be looked at as a cross of crucifixion when we fear failure, we are self-crucifying.

Jesus said, "Come unto me, all ye that labour and are heavy laden, and I will give you rest." {Matt 11:28}

God will let you get away with it until suddenly ...

"Ask, and it shall be given you, seek and ye shall find, knock and it shall be opened unto you." {Matt 7:7}

"Fear not, little flock, for it is your Father's good pleasure to give you the kingdom." {Luke 12:32}

"Behold the fowls of the air, for they sow not, neither do they reap, nor gather into barns, yet your heavenly Father feedeth them. Are ye not much better than they? {Matt 6:26}

We must reach the level of enlightenment so that we can say as Jesus, "In the world you have tribulation, but be of good cheer, I have overcome the world." {John 16:33}

The Bible has so much to offer to show us we "CAN." Jesus never thought that he can't. Jesus went to the cross so that you and I will know that in all our walks of life we will be guided on the correct path to succeed.

"Ye should go and bring forth fruit, and that your fruit should remain, that whatsoever ye shall ask of the Father in my name, he may give it to you." {John 15:16}

If I want to do all things by my human mindful self without knowing my spiritual source, I could flounder with fearful concern about what may go wrong and may attract headaches, ulcers, high blood pressure, become resentful, jealous of what others have accomplished, and might become ruthlessly competitive.

No one is asking you to walk on water. You can walk with your head up and back straight instead of walking fearfully worried with your head down and back bent over. You can walk in faith.

A good start for all of us to know we CAN, is that when we wake up in the morning say, "Thank you, Father." When we go to sleep at night we say, "Thank you, Father."

In a state of Gratitude, knowing that God is our source of all things, we will no longer say, "I can't." In Jesus' name, I can do all things with Gratitude in my heart. As you begin to realize, God loves you, you will also realize God has you covered.

God bless you all with assured peace. Amen. ###

H.O.P.E.

"HOPE" (Helping Other Parents Endure) is a support group for parents grieving the death of a child. For more information please call 201-288-6886 or e-mail bmmc917@ optonline.net ###

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31 Passaic, HH • 288-4139 www.biblebaptist.net Rev. Bill Hegedus, Pastor

Sunday

8:30 a.m. Early Worship Service (Traditional)

9:30 Discipleship Hour for all ages

11:00 a.m. Morning Worship Service (Contemporary)

Evening Service as announced

8:00 a.m. Prayer Partners Meet

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Rev. Lewis V. Papera, Pastor

Rev. Raymond M. Holmes Rev. Jurek Zaslona

Rev. Msgr. Martin O'Brien

Deacon Vincent DeFedele

Sunday Obligation Masses:

5:00 p.m. Saturday (Chapel)

7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),

12 noon (Chapel) and 6:00 p.m.(Chapel)

Daily Masses: (Church)

Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m. **Reconciliation (Confession):** Sat. 4-4:45 p.m. Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html

School: www.corpuschristischool.net

CHURCH OF ST. JOHN THE DIVINE (EPISCOPAL)

Terrace & Jefferson, HH • 288-0002 Rev. Joseph Pickard, Vicar Erik Soldwedel, Deacon www.saintjohnthedivine.com www.careonthecorner.org

Sunday - 10:00 a.m. Adult Education and Bible Study

11:00 a.m. Holy Eucharist Rite II - Church School Monday - 7:30 p.m., N.A. Women's Meeting

Tuesday & Friday - 12 noon, N.A. Meeting

FIRST REFORMED CHURCH

Burton & Washington Place, HH Church Office: 201-288-1122 Rev. Dianna L. Smith, Pastor www.churches.rca.org/firstrefhh/

Sunday

9:00 a.m. Sunday School 10:00 a.m. Worship Service

Fellowship Hour follows Worship Service. Child care provided

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57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773

Church and Nursery School Office: 288-4636

Pastor Iraida Ruiz de Porras

Sunday

10:00 a.m. - Worship Service Thursday - 7:30 p.m. - Bible Study

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57 Burton Avenue • 393-7890



The Reverend George W. Yoder, Pastor http://users.churchserve.com/nj/htlc/index.html

Saturday

5:00 p.m. Communion Contemporary Setting **Sunday**

9:45 a.m. Sunday Church School/Adult forum 11:00 a.m. Holy Communion

Tuesday: 7:30 p.m. Bible Study

THE COMMUNITY UNITED CHURCH OF CHRIST

Boulevard & Charlton Ave., HH • 288-0622 Rev. Edward J. Glasser, Assoc. Minister

Sunday - 10:00 a.m. Morning Worship Communion -- first Sunday of the month





Church Schedules: Lodi

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Rev. Jason S. Gaganap, C.R.M, Parochial Vical

Rev. Anastacio "Nony" Villaluz, C.R.M, In Residence

Rev. Mr. Steve Marchese, Deacon

Sunday Obligation Masses:

6 p.m. Saturday

7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.

Daily Masses: 7:00 a.m., Noon • Holy Day Mass Eve: 7 p.m. **Reconciliation (Confession):** Sat. 4:30 - 6:00 p.m.

Friday Adoration of Blessed Sacrament: 11 a.m. to Noon **Church Schedules: Moonachie**

FIRST PRESBYTERIAN CHURCH OF MOONACHIE

221 Moonachie Road Church Office: 201-641-4919 Rev. Kimberly Chastain, Pastor Sunday



9:30 a.m. Children's Sunday School 11:00 a.m. Worship Service

ST. MARGARET OF CORTONA (Little Ferry/Moonachie)

31 Chamberlain Ave., Little Ferry • Office: 201-641-2988

Rev. Arthur Frank Humphrey, Pastor

Sr. Dorothy A. Donovan, S.S.J, Pastoral Associate

Sunday Obligation Masses:

Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon **Daily Masses:** Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m. Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m. Rosary for Peace: First Saturdays after 9 a.m. Mass **Reconciliation (Confession):** Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

ASSUMPTION R.C. CHURCH

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Center: 201-933-6118 • School: 201-933-0239

Fr. Brian Cullinane, OFM, Pastor

Fr. Paul Sinnema, OFM Fr. Thomas Kelly, OFM

Fr. Cassian Miles, OFM

Deacon Nicholas Valdez

Sunday Obligation Masses:

5:30 p.m. Saturday

8:00 a.m., 9:30 a.m., 11:00 a.m.

Daily Masses: (Church)

Mon.-Fri.: 7:00 a.m., 8:00 a.m. • Sat. - 8:00 a.m. **Reconciliation (Confession):** Sat. 11:00 - 12:00 p.m.

Assumption Church/School Websites

Parish: www.assumption-parish.org School: www.assumptionschoolwr.org

FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE

190 Valley Boulevard • Office: 201-438-5559 • 201-438-8966

Rev. Kimberly Chastain, Pastor

Sunday

9:30 a.m. Worship Service

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Rev. David Suh

Sunday 12:00 • Thursday 8:30 p.m. meeting

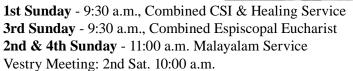
Monday - Friday 6:00 a.m. meeting

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Rev. Jacob David, Rector



Mardi Gras Celebration February 24

First Reformed Church, Hasbrouck Heights, presents a Mardi Gras Celebration with a Gumbo (chicken and sausage -- not spicy), rice, salad and French bread dinner cooked by the Lenten team, on Tuesday evening, February 24, at 6:30

Authentic New Orleans music presented by "The Big Easy Trio" with Ruth Brisbane ("One Mo' Time" and Harlem Blues and Jazz Band vocalist).

Suggested donation \$10.00. Costumes are appropriate; masks and beads provided. At 8:00 p.m. there will be a concert of gospel music and New Orleans spiritual music upstairs in the Church.

All are welcome. Seating for dinner limited. Phone 201-288-1122 for your reservation by March 1st.

Last year the Mardi Gras Celebration was held at St. John the Divine. See The Gazette, March 2008, pages 14-15. ###

Free Adult ESL Spring Classes

On Wednesday, February 4, students will be registering and tested for the Spring semester of free Adult ESL Classes at Care on the Corner, 229 Terrace Avenue, Hasbrouck Heights.

All new and returning students must be registered to take the classes. New students must take an informal language assessment test. The classes start Wednesday, February 11 and will be held on Wednesday evenings, from 7:00 to 9:00 p.m. The last class will be Wednesday, May 20, 2009.

The ESL classes will provide free English language instruction at beginner, intermediate, and advanced levels to people from other countries and other language backgrounds.

For more information about the adult ESL program or to register a student, please call the office at 201-288-9460 x5. A registration form must be completed for each student. ###

Guild Assembles Health Kits

From February 8th through March 22nd, The Guild of Reformed Church Women will be collecting and assembling items for health kits.

These kits consist of washcloth, hand towel, soap, toothbrush, toothpaste, nail file, comb and band-aids. Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service throughout the world wherever the need arises due to forced relocation of families because of disasters. Cash donations always welcome.

Call 201-288-1122 or 201-288-0378 for more info. ###

Ecumenical Prayer Breakfast March 29th

The men of the First Reformed Church of Hasbrouck Heights are sponsoring their 19th Annual Men and Boys' Ecumenical Prayer Breakfast on Sunday, March 29, 2009, from 7:00 a.m. to 9:00 a.m., at the First Reformed Church, located at Washington Place and Burton Avenue.

There will be prayer and worship in the Church Sanctuary, followed by breakfast in Fellowship Hall and a guest speaker.

This program is open to all men in the area. Tickets are \$5.00 per person. For more information, call Gil at 201-288-4608. ###

Citizenship Classes Start February 16th

Preparatory classes for U.S. Citizenship will start on Monday, February 16, 2009 and finish on Monday, March 23, 2009, from 7:00 to 9:00 p.m., at Care on the Corner in Hasbrouck Heights.

Registration and Testing will take place on Wednesday, February 4, 2009, at 7:00 p.m. Students must bring their green card at the time of registra-

For more information about the Citizenship Classes, call the Care on the Corner office at 201-288-9460 x 5. A registration form must be completed for each student. ###

Ecumenical World Day of Prayer

On Friday, March 6, 2009, at 1:30 p.m., World Day of Prayer Ecumenical Services will be held Holy Trinity Lutheran Church (Burton and Hamilton Ave., Hasbrouck Heights). A coffee hour will follow. The facilities are handicapped accessible. For more information, contact Ursula at 201-288-6042.

World Day of Prayer (WDP) is a worldwide ecumenical movement of women of many faith traditions who come together to observe a common day of prayer each year on the first Friday in March -- to which all people are welcome.

Throughout the entire day, women in more than 170 countries and regions, collectively pray all over the world, beginning with the first sunrise and ending at the last sunset. These prayers follow the sun's path around the globe. WDP's motto is "Informed prayer leads to prayerful action."

Through World Day of Prayer, women affirm that prayer and action are inseparable and that both have immeasurable influence in the world. WDP brings together women of various races, cultures and traditions in closer fellowship, understanding and action throughout the year, becoming aware of the whole world and no longer living in isolation.

A different country is represented each year. This year, the women of Papua, New Guinea (PNG) invite us to come with them to the Land Of The Unexpected.

The theme chosen for World Day of Prayer 2009, "In Christ there are many members, yet one body" is appropriate for Papua, New Guinea, as the country has many languages, cultures, traditions and beliefs. The people are different in many ways. Papua, New Guinea experiences a spirit of unity in diversity. The WDP Committee of Papua New Guinea acknowledges the work of the Churches as they partner with each other.For more information go to: www.wdpusa. org ###

Food Bank

The Hasbrouck Heights Food Pantry is open Mondays from 9:00 a.m. to 11:00 a.m. for residents.

Donations are always welcome. Call Borough Clerk's office for more information at 201-288-0195. ###





Heights Library Board Reorganizes for 2009

The Board of Trustees of The Free Public Library of Hasbrouck Heights held its reorganization meeting on Wednesday, January 21, 2009. Lisa Traina was elected Board President along with Pat Link as Secretary and Dr. Eglow as Treasurer. The board meets on the third Wednesday of each month, at 7:30 p.m., to conduct library business. Photo (l-r) Tom Meli, Thomas Verrastro, Edwinna Carroll, Rose Ellen Lorber-Termaat, Patricia Link, Mayor Rose Heck, Dr. Burnett Eglow, Lisa Traina, Council Liaison Sonya Buckman, Library Director Mimi Hui. ###



Ready or Not, DTV is Coming!

The Free Public Library of Hasbrouck Heights held a seminar about digital television (DTV), at 7 p.m., on January 20, 2009.

The program explained the Federal Government has mandated that all major television stations must switch to the DTV format by February 17, 2009.

DTV will compress the signal, freeing up bandwidth space for more multicasts per channel and allowing more bands for police, fire and emergency communication.

Mr. Umberto Diaz, Manager of the Clifton Radio Shack, presented an informative slide program and explained the setup and use of the equipment that is needed to convert an older television to DTV ready.

You will need a converter box and an antenna. The older rabbit ears type may or may not work, depending on your location. If your television is not DTV ready, it will no longer

However, if you have cable

or a satellite system, you should be okay, as the conversion will be done by the cable or satellite company. Mr. Diaz answered all questions that were asked by those present at this seminar.

The Federal Government has a rebate program and will send you up to two coupons worth \$40.00 each, toward the purchase of a converter box.

You can only use one coupon per each box. You can apply online at www.DTV2009. gov or by phone at 1-888-DTV-2009 until March 31, 2009. The coupon must be used within 90 days. Story & photo by Jim Halloran. ###

W-R Horns Now Tested at 7:15 p.m.

The Wood-Ridge Fire Department has changed their 7 p.m. horn and pager test to 7:15 p.m. According to Chief Tony Gentile, the reason for this change was that too many Fire Departments were testing at 7 p.m., causing the pager test signals to conflict, overlap and drop out. ###

Heights Garden Club News

The Hasbrouck Heights Garden Club will be meeting on February 19th, at 6:45 p.m., on the second floor of the Municipal Building located at 320 Boulevard. Loren Muldowney will be the speaker for the evening.

She is the Principal Soil Scientist of Soil BioSystems Consulting, offering services directed toward ecological land care. She is also a member of the Rutgers Soil Testing Laboratory. Ms. Muldowney is an organic gardener and life member of the Seed Savers Exchange, an organization devoted to biodiversity in agriculture.

She will speak about composting to reduce waste. Her home is an organically-managed yard and is now certified as a Wildlife Habitat and a haven to many woodland plants. She is now involved with collecting coffee grounds from a local shop and is developing a program matching gardeners and composters with restaurants who generate compostable material. Come and join a very informative evening. Meetings are open to the public. Refreshments will be served. For further information contact Judy 201-288-2615.

> **Conserve Energy** When not in use, turn off the juice.

AHOF Open Cockpit Day March 28

On Saturday, March 28, 2009, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

Aircraft include Martin 202 Airliner, Cobra Gunship Helicopter, Coast Guard Rescue Helicopter, etc. Guides are available to explain each aircraft. Admission: Adults \$7, Children (under 12) & Seniors \$5.

The recently expanded museum offers visitors an opportunity to view historic air and space equipment and artifacts, photographs, fine art and an extensive model collection.

Call 201-288-6344 for more information. ###



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Beefing Up the Special Olympics

Over 360 attended the 9th Annual Hasbrouck Heights Police Department Beefsteak Dinner at the VFW Post 4591 on January 16, 2009, raising about \$13,000 to benefit the Special Olympics.





Rose Joins MPD

Moonachie Mayor Fred Dressel gave the oath of office to Moonachie's newest police officer, Michael L. Rose, on January 15, 2009. Officer Rose's father, Robert, held the Bible while his three sisters and brother proudly observed the ceremony.

Officer Rose was born and raised in Moonachie. He attended the Robert L. Craig School and graduated from W-R High School.

He served four years in the U.S. Navy as a hull technician on amphibious assault ships until May 2006.

He has worked as a Moonachie Police dispatcher since January 2007 until present.

He will attend the Bergen County Police Academy. He is scheduled to graduate in June 2009.

Officer Rose stated, "I was proud to serve my Country in the U.S. Navy, and now I am proud to serve my community as a police officer." ###

The HHPD is one of the State's largest contributors, generating about \$30,000 in 2008 from combined efforts including school children's fund raisers, beefsteak dinner, donations, etc. Their yearly efforts culminate with the Torch Run down The Boulevard -- accepting the Torch from the Lodi Police Department and passing it along to the Wood-Ridge

Keep Handicapped **Parking Spaces/Access Cleared of Snow**

Business owners are reminded that they are responsible for making sure that the public always has access to handicapped parking spaces in an establishment's parking lot. Curb cuts or other improvements designed to provide accessibility to persons with disabilities need to be clear and unobstructed from snow or ice during this season.

According to title 39 of the Motor Vehicles and Traffic Regulations, snow or ice obstructing special parking spaces, curb cuts, or other improvements designed to provide accessibility to the disabled, need to be removed within 48 hours after severe weather conditions have ceased. Any individual who violates this act shall be liable for a penalty of \$200 to \$500.

Residents should be aware that the fine for parking in a designated handicapped parking space without a proper vehicle identification placard is now \$250 for the first offense with an additional \$250 fine and up to 90 days community service for subsequent offenses. ###

> February Birthstone **Amethyst**

Police Department.

These Police Departments are part of the hundreds of NJ police officers in 18 separate legs as part of the 23rd Annual Torch Run. Every police department in New Jersey participates. The Torch Run has become the largest fund raiser and public awareness for Special Olympics.

Last year, over \$1.6 million was raised for state athletes with mental retardation and 100% of all the funds raised goes to the Special Olympics.

The HHPD welcomes donations. Send contributions to: HHPD, 248 Hamilton Avenue, Hasbrouck Heights, NJ 07604. Please mark check "Special Olympics." ###



Rigged Jury Scam

WRPD Chief Joseph Rutigliano warns area residents against a scheme involving jury service.

The scammer calls claiming you've failed to report for jury duty and that a warrant has been issued for your arrest. The victim will often rightly claim they never received the jury duty notification. The scammer then asks the victim for confidential information for "verification" purposes.

Under this threat, many folks who would otherwise be more wary about revealing their personal data will find themselves reeling off their birth dates and Social Security and credit card numbers in an effort to convince their callers the notifications never arrived.

These calls conclude that a big misunderstanding has now been resolved, but the scammer's true purpose has been accomplished: they now have the information necessary for identity theft to open accounts or charge goods in the names

of their victims. It's easy to see why this works. The victim is clearly caught off guard, and is understandably upset at the prospect of a warrant being issued for his or her arrest. So, the victim is

much less likely to be vigilant

about protecting confidential information.

In reality, court workers will never call you to ask for Social Security numbers and other private information but follow up via regular mail.

Chief Rutigliano reminds everyone, "Never give out your Social Security number, credit card numbers or other personal confidential information when you receive a telephone call."

Moonachie EMS Beefsteak Feb. 21

The Moonachie EMS/Rescue Squad announced their 1st Annual Beefsteak will be held February 21, 2009, from 7 p.m. to 12 a.m., at the Moonachie Fire Department Headquarters. Special guest is comedian Goumba Johnny from 103.4, "The New KTU." There will be a DJ, 50/50 and Tricky Tray.

Proceeds to benefit the refurbishing and outfitting of Rescue 3. Cost is \$35. Call 201-641-9094. ###

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Party with the Jr. Women's Club St. Patrick's Day

The Junior Women's Club of Hasbrouck Heights invites you to attend its St. Patrick's Day Party on March 14, at the VFW Post 4591, located at 513 Veterans Place, Hasbrouck Heights, from 7 to 11 p.m. Must be 21 or older to attend. Public is invited.

Tickets are \$40 each, which includes an Irish Dinner, chicken, beer, wine, soda, dessert, coffee and tea. DJ entertainment, 50/50 Raffle, and door prizes.

To reserve a table for you and your friends, call Cara 201-288-0479. Proceeds to benefit JWCHH local charities and scholarships. ###

Celebrate Chinese New Year with Friends Feb. 8th

On Sunday, February 8, 2009, at 1 p.m., The Friends of the Hasbrouck Heights Free Public Library cordially invite you to join in a Chinese New Year's Luncheon at the Asian Grill Restaurant, located at 20 Rt. 17 North (Lowe's Plaza), in East Rutherford, NJ.

Dining will be family style and a short talk will be given about the Chinese zodiac

Price of ticket is \$38 (payable upon registration) and covers meal, soft drinks, gratuity and supports The Friends of the Library. Seating is limited. No tickets will be sold at the door. Sign up at The Library Circulation Desk or call 201-288-0488 for details. ###



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Best Wishes for a Happy Velentine's Day



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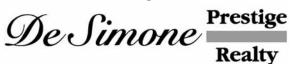


Hackensack \$270,000 Ranch. 3 BR, full bath, EIK, corner lot, attached garage.



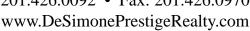
Hasbrouck Heights \$749,000 New construction. Owner spared no expense! 4 BR, 2.5 baths, cherry floors, custom cabinets & more!

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Tricky Tray

The Hasbrouck Heights Middle & High School PTSA will hold a Tricky Tray on Friday, February 27, 2009, from 6-11 p.m., at The Fiesta in Wood-Ridge.

Tickets are \$40 each, which includes dinner, dessert, soda, coffee and one sheet of white tickets.

To purchase tickets, please contact Francine at 201-288-7244 or email her at fran949798@verizon.net or Mary at 201-393-9179 or email her at Ciao617@aol.com. To make a donation, please contact Nancy at 201-393-9445 or email her at chrisalyss@optonline. net ###

Communicate With Your Hands

On Monday nights, starting February 23, 2009, Care on the Corner will be offering Communicating With Your Hands (a sign language course).

The classes will be held in the sanctuary of St. John's Episcopal Church, 229 Terrace Avenue, Hasbrouck Heights.

Classes continue for ten weeks on Monday nights, from 7:00 p.m.to 9:00 p.m., until May 11, 2009. You will be learning the fundamentals of sign language in Signed Exact English (EE). There is a materials fee of \$40. This includes a manual created by the instructor and weekly handouts.

For more information about the Communicating With Your Hands Class, please call the Care Center 201-288-9460 x 5. A registration form, accompanied by the materials fee, must be completed for each student, by Friday, February 20, 2009.

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Class of '09 **Pasta Night Fundraiser**

Our Lady of the Assumption School "Class of 09" invites you to enjoy an evening of Italian Cuisine on Wednesday, February 25, 2009 at the Assumption School "Café Teria," located at 151 First Street in Wood-Ridge.

A delicious dinner of cheese-filled pasta and/or pasta with sauce, bruschetta, salad, bread, assorted desserts, coffee, tea and soft drinks will be served.

Three seatings will be available for your convenience: 4:30 p.m., 5:30 p.m. and 6:30 p.m. For those who are unable to dine with us, we will prepare your "meal to go."

Ticket donations are \$5.00 per child (age 10 and under) and \$7.00 per adult and may be obtained by contacting Lisa Diuro (Assumption School - Grade 8) at 201-438-6242. Tickets will also be sold at the door. Please make checks payable to Assumption School 8th Grade Project Graduation. All proceeds will go towards the 8th Grade graduation fund.

There will also be a 50/50 raffle and basket raffles during the evening. Please come out and support our 8th Grade class while enjoying a meal of fine-Italian cuisine. ###

Spiritual Battle Rages On

Wood-Ridge Memorial Library is hosting its Book Discussion Group every third Thursday of the month at 7:15

The book to be discussed on Tuesday, February 17, 2009 is Marilynne Robinson's "Gilead" (2004), a 2005 Pulitzer Prize Winner for Fiction. Marilynne Robinson creates an intimate tale of three generations from the Civil War to the 20th Century: a story about fathers and sons and the spiritual battles that still rage at America's heart. Copies of this book will be made available. All are welcome. ###

Kiwanis Schedules Theater Party April 3

As a fund raiser, the Kiwanis Club has scheduled a night at the Little Firehouse Theater in Oradell. They have purchased a block of tickets for Friday, April 3, 2009, for the 8:00 p.m. performance of "The Melody Lingers On."

The show is the life of Irving Berlin with much emphasis on his music. It will highlight many of the songs he wrote. Some of the songs that will be preformed are "Alexander's Ragtime Band," "What'll I Do?," "I Love a Piano," "God Bless America," "Always," "Blue Skies," "Easter Parade," "White Christmas," "Cheek to Cheek," "There's No Business Like Show Business."

In past years, the Kiwanis Club has had theater parties at the Little Firehouse Theater to see "The King and I" and "The Full Monty." Tickets are \$23 each and can be purchased from any member of the Kiwanis Club or by phoning Joanne at 201-288-6530. PG ###

W-R Acquires "The Big Read"

Wood-Ridge Memorial Library recently added a set of audio CDs called "The Big Read" to its media collection. It consists of critical guides to a number of literary classics and popular books.

"The Big Read" is an initiative of the National Endowment for the Arts (NEA), designed to restore reading to the center of American culture.

The NEA presents "The Big Read" in partnership with the Institute of Museum and Library Services and in cooperation with Arts Midwest. "The Big Read" brings together partners across the country to encourage reading for pleasure and enlightenment.

"The Big Read" answers a big need. Reading at Risk: A Survey of Literary Reading in America, a 2004 report by the NEA, found that not only is literary reading in America declining rapidly among all groups, but that rate of decline has accelerated, especially among the young.

Audio Guides for the books include commentary from renowned artists, educators, and public figures, and now the public has the opportunity to use this important and fun resource. ###

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East Rutherford \$479,000 Beautiful 4 BR home – great for extended family. Foyer, LR w/Bay Window, FDR, family room leading to large EIK w/sliders to a deck. MBR w/vaulted ceiling & plenty of closet space. 2nd kitchen, finished basement & convenient loc. Tour at: www.gatewaytohomes.com/2854162



Saddle Brook
Young, Beautiful 4 BR, 2.5 bath Colonial set on 200' deep lot w/FLR, FDR, Great Room w/gas fpl. & door to deck, lovely kitchen w/granite, SSTL appl. & center isle. Hardwood floors, C/A, jetted tub & shower, full basement, 2 car gar. Tour at: www.gatewaytohomes.com/2902203



Saddle Brook \$326,000
Front to back 3 BR Split Level home features MEIK w/oak cabinets & nice size LR. Lower level FR & laundry room. C/A, hardwood floors under carpeting. Nice pie shaped yard w/ shade trees. Convenient location. HOW, Low Taxes!! Tour at: www. gatewaytohomes.com/2846422



Hasbrouck Heights \$499,000
Expanded & recently updated 4
BR, 2 BA Cape w/3 finished levels!
New MEIK w/center island, stone
counters & new top-of the-line appliances. Deck off DR, fin. bsmnt.,
FR w/fpl, & solarium, central air &
central vac. Must sell! Tour at: www.
gatewaytohomes.com/2902381



Moonachie \$499,000
Custom built expanded and updated
Cape on large level fenced corner
lot. Offers 5 BR's 2 baths, wide plank
hardwood floors, large living room,
FDR, eat-in-kitchen, spacious MBR,
modern baths. Tour at: www.gatewaytohomes.com/2850950



Twp of Washington \$649,000 Spacious home for the extended family set on park-like property w/IG pool & hot tub. Offers 2 separate living levels with 3 BRs & new kitchens each floor. 1st floor w/deck, finished basement, gas heat, 2 car garage. Tour at: www.gatewaytohomes.com/2901947



Lodi \$499,000
Classic Tudor style 2-family home in super cul-de-sac location, move in condition and renovated w/many newer amenities. Offers 5 BRS, 3 baths. Main apartment w/LR/fpl. & DR. Separate utilities, full basement & garage. Tour at: www.gatewayto-homes.com/2854320



Lodi \$555,000

Beautiful 5 year old 2 Family with separate side entry for tenant's 2 BR apt. Main floor offers large LR & DR, Large MEIK w/skylights, sliders to deck & fenced yard, 3 BRs , 2 baths, C/A, hardwood & tile floors, sep. util., 2 car garage. Tour at: www. gatewaytohomes.com/2845083



Hasbrouck Heights
Custom four year old, 3 BR, 2.5 bath
Colonial. Living room w/fpl, formal
DR w/sliders to deck, modern eatin-kitchen w/granite & s/steel appl.
Finished basement, C/A, pool &
patio. Lots of storage, Convenient
location. Tour at: www.gatewaytohomes.com/2847479



Hasbrouck Heights \$385,000 Quiet tree lined street is setting for this 4 BR, 1.5 bath Cape. 1st floor features nice size LR & EIK, BR or DR, and 2nd BR. 2 BRS on 2nd floor. Fin. bsmnt. w/sum. kit., FR, laundry, .5 bath. C/A & garage. Tour at: www. gatewaytohomes.com/2846339



Rochelle Park \$399,000
Custom expanded 3 bedroom, 1.5 bath Colonial. Open front porch, large bright living room, formal dining room. 1st floor family room & finished basement, 2 car garage, 140' deep property & low taxes. Tour at: www. gatewaytohomes.com/2847286



Garfield \$397,000 Very large, move-in condition, 3 BR, 2.5 bath Cape on 73x100 lot in great area offers 18' LR, large MEIK w/sliders to deck overlooking private yard. FR/DR combo on 1st floor, C/A, fin. bsmnt. w/dry bar, garage and low taxes. Tour at: www. Gatewaytohomes. com/2842264.



Wood Ridge \$309,000
Opportunity – Spacious 4 BR Cape
Cod. Living room, dining room, eatin-kitchen, full basement, hardwood
floors, C/A, garage. Residential area
& low taxes! Tour at: www.gatewaytohomes.com/2850418



Hasbrouck Heights \$650,000 Lovely, CH Colonial w/5 BRs, 2.5 bths. Large open porch, FLR w/decorative fpl, & FDR, both w/crown dentil molding, large MEIK w/beautiful cabinets & sitting rm. off kit. Fin. bsmt., gas heat, C/A, private yard. Tour at www.gatewaytohomes.com/2813886



Moonachie \$440,000
Beautiful open & bright Cape, movein-condition offers living room, modern eat-in-kitchen, DR/BR, 3 more
bedrooms & 3 baths, 3 season
porch, attached garage, C/A, convenient location.Tour at: www.gatewaytohomes.com/2848251

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