

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
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★★★★★



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Postal Patron

‘Twas the night before Christmas, when all thro’ the house • Not a creature was stirring, not even a mouse;
The stockings were hung by the chimney with care, • In hopes that St. Nicholas soon would be there;
The children were nestled all snug in their beds, • *While visions of sugar plums danc’d in their heads,*

When, what to my wondering eyes should appear, • But a miniature sleigh, and eight tiny reindeer,
With a little old driver, so lively and quick, • I knew in a moment it must be St. Nick.
He was dress’d all in fur, from his head to his foot, • And his clothes were all tarnish’d with ashes and soot;
A bundle of toys was flung on his back, • And he look’d like a peddler just opening his pack:
His eyes—how they twinkled! His dimples: how merry, • His cheeks were like roses, his nose like a cherry;
His droll little mouth was drawn up like a bow, • And the beard of his chin was as white as the snow;

He had a broad face, and a little round belly • That shook when he laugh’d, like a bowl full of jelly:
He was chubby and plump, a right jolly old elf • And I laugh’d when I saw him in spite of myself
He spoke not a word, but went straight to his work, • And fill’d all the stockings; then turn’d with a jerk,
And laying his finger aside of his nose • And giving a nod, up the chimney he rose.
He sprung to his sleigh, to his team gave a whistle, • And away they all flew, like the down of a thistle:
But I heard him exclaim, ere he drove out of sight • Happy Christmas to all, and to all a good night.

Tip of the hat to Clement Clarke Moore

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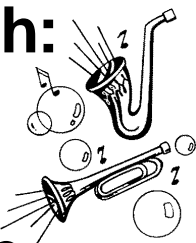
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On Friday, December 16, 2016, holiday donations were received by the Center for Hope and Safety from the entire Teterboro family which included Atlantic Aviation; Dassault Falcon Jet; Jet Aviation – TEB; Meridian-TEB; Signature Flight Support-TEB; Aviation Hall of Fame and Museum, Port Authority of NY/NJ, AvPorts, etc. ###



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Spiced Punch Entertains Wood-Ridge Residents

On December 11, 2016, just two weeks before Christmas, the Wood-Ridge Historical Society scheduled the services of a quartet of professional singers to entertain the residents of Wood-Ridge. The group, “Spiced Punch,” dressed in the traditional Charles Dickens Christmas attire, interwove tunes, tales and toasts into an

excellent old-fashioned Yuletide event.

Spiced Punch is well known for presenting historical music with a punch. The group, David Emerson, Stacy F. Roth, Marianne and Tom Tucker, has had many years of musical, theatrical and historical experience.

Their outstanding four-part harmony and fine interpretations of historic merrymaking made their program a pleasure not only to hear but also to see.

The Wood-Ridge Historical Society was formed to preserve the rich history of the Borough of Wood-Ridge. They have presented many cultural and entertaining programs for the residents throughout the years at the Bianchi House on First Street. *Photo and story by Marie and Peter Gallo Jr. ###*



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Third Annual Taste of Hasbrouck Heights

The Hasbrouck Heights Friends of The Free Public Library, in partnership with the Hasbrouck Heights Chamber of Commerce, hosted its Third Annual Taste of Hasbrouck Heights on Monday, November 14, 2016, at the recently renovated VFW Post 4591 Hall. Approximately 150 enjoyed Hasbrouck Heights cuisine from over 30 eateries that displayed their signature dishes, from chicken prepared six ways to Sunday to baklava, Italian cookies and rice and beans. There were raffles, gift cards and a take-home bag of coupons. Students from the local schools served food and assisted in preparation of the event. The community got to discover the hidden hospitality of Hasbrouck Heights. Event sponsors included: **The Gazette Newspaper, VFW Post 4591, Heights Flower Shoppe, TD Bank, American Legion Post 106, Mobility Services, Heights Specialty Pharmacy** and Express Personnel. DJ Music was provided by Steve Feuss. *Photo provided by Stephanie Schwartz. ###*



The East Rutherford Police Department participated in “No Shave November” and raised over \$2,150, with each officer involved donating \$100 to participate. The rest came from donations. The organizations receiving 100% of the money are St. Jude’s, American Cancer Society and Collateral Cancer. *Provided by the East Rutherford Police Department. ###*



Graycliff Hosts Gratitude Lunch for Veterans

The Graycliff, in Moonachie, teamed up with Hope For the Warriors, and Ms. Donna Ivery to host a Pre-Thanksgiving Veteran Appreciation Luncheon on Wednesday, November 23, 2016, between 11:30 a.m. and 3:30 p.m.

The luncheon was a buffet-style meal that was offered free to over 150 Veterans from the Bergen County area. The owner of the Graycliff, Tony Papamarkos, extended this invitation to all Veterans who have served our country, as a token of appreciation and recognition. *###*



Pierrepont School Halloween Flash Mob

On October 31, 2016, Pierrepont School in Rutherford celebrated Halloween with its annual Halloween Parade. After all the ghosts and goblins finished parading, teachers and staff members surprised the crowd with a “flash mob” dance! *Provided by JoAnn Hughes. ###*



Author R.L. Stine Visits Pierrepont School

On October 20, 2016, Mr. R.L. Stine visited Pierrepont School in Rutherford and conducted two assemblies for all students in the building. He read a chapter from his newest book, 'Young Scrooge' and told some spooky stories from his own childhood. He also answered many of the students’ questions. It was a great experience for everyone! *Provided by JoAnn Hughes. ###*

As part of this year’s **Violence Awareness Week**, Union Middle School of Rutherford held an assembly featuring Richard Guerry of The Institute for Responsible Online and Cellphone Communication, a multi-award winning presenter and program, on Thursday, October 21, 2016.

Seventh and Eighth Grade students were taught digital safety in order to protect themselves and be successful in their modern, technological world.



Topics discussed were the following: preventing issues like cyberbullying, poor social media and app behaviors, and many other cyber issues to reduce the risk of becoming a victim of cybercrime. *Provided by JoAnn Hughes. ###*



McKenzie School Third Graders of East Rutherford performed at an assembly to honor our local Veterans (Post 8374). Local Veterans in the community and Veterans within our school attended the assembly. Our school showed great appreciation for all that these important people do and have done for our country. All of McKenzie School wore jeans. Contributions were made to “**Jeans for Troops.**” A sea of red, white, and blue was visible across the school! *Provided by Cory Scelsa. ###*



The Rutherford FC U-11 Girls team were **Fall Division Champions**. The girls had an undefeated record of 8 wins, 2 ties and 0 losses. The girls play in the Northern Counties Soccer Association. Bottom row left to right: Poppie Bimson, Julie Chase, Bella Cardinale, Leah Finelli, Abby Tobin, Sofia DeRosa. Top row: Coach Andrew Bimson, Ava Coppola, Kari Augusterfer, Ellie Schmitt, Stella Delsordo, Tess Gambale, Ava Amatucci, Coach Matthew Coppola. *Provided by Barbara Bennett. ###*



South Bergen Soccer League U-14 Boys Champions. Carlstadt Recreation! Coached by Head Coach Scott MacKenzie, Al Hoti, Anthony Scalcione and Frank Stallone. The Carlstadt team had an undefeated season with 8 wins 0 losses and 2 ties. They remained undefeated in the post season beating East Rutherford VFW 2-1, at McKenzie field in East Rutherford. Carlstadt Soccer League President, Chris DiLemme, was on hand to give the winning trophy and 1st Place medals! *Provided by Suzanne Fonseca. ###*



Hasbrouck Heights **“Athletes in Action”** (representing Wrestling and Track and Field) held a litter-free event on Saturday, December 3, 2016. About 65 Hasbrouck Heights athlete volunteers assembled at the Central Avenue parking lot. T-shirts, gloves and garbage bags were provided. They were assigned to clean up litter on three state properties/off ramps on Route 17 and Route 46, as well as three areas in town. About 45 trash bags of litter, 20 bags of recyclables and assorted car parts and tires were collected. The DPW provided escort and secured the workers from traffic. This was the 11th year. The event was sponsored by the NJ State Clean Communities Grant. *###*



Lincoln School Donates to Rutherford Community Food Pantry

Lincoln School students and staff once again this year sent boxes of food items for Thanksgiving to the Rutherford Community Food Pantry to help the approximately 200 Rutherford households registered to receive services. In addition to the usual request for food, Lincoln School collected umbrellas, body lotion, powder, shampoo and conditioner. *Provided by JoAnn Hughes. ###*



Flowers Will Bloom at Lincoln School

Students at Lincoln School in Rutherford recently took trowels in hand and planted bulbs around Lincoln School and Lincoln Woods. Even PreK-3 and PreK-4 helped to beautify the school grounds. In the spring they will see all the beautiful flowers. The bulbs were provided by the Lincoln School PTA. *Provided by JoAnn Hughes. ###*



Lodi January Computer Classes

Lodi Memorial Library offers introductory-level 90-minute computer classes for adults. Basic mouse and keyboard typing skills are required. Space is limited and pre-registration is required, with a \$5 refundable deposit to hold your spot.

• **Introduction to Microsoft Word:** Learn to create, save and format a document. Tuesday, January 3, 1:30 p.m.

• **Introduction to Microsoft Excel:** Learn to create, edit and format a spreadsheet, enter numeric and text information and basic formulas. Tuesday, January 10 at 1:30 p.m.; Saturday, January 14 at 1:30 p.m. (*repeat of Tuesday class*).

• **Microsoft Word Intermediate:** Learn more formatting and editing options. Tuesday, January 17 at 1:30 p.m.

• **Microsoft Excel Intermediate:** Learn worksheet formatting options, sheet tabs, autofill; freeze panes; work with formulas, sort data, print options. Tuesday, January 24 at 1:30 p.m.

• **Internet & Email Basics:** How to search for websites; use a browser; change browser settings; email settings and attachments. Saturday, January 28 at 1:30 p.m.

• **Google Drive & More Apps:** Learn a suite of web-based tools for file management, collaborative work, word processing, spreadsheet, presentations, research and more. You must have an active email account (*with current username and password*) for this class. Tuesday, January 31 at 1:30 p.m.

Lodi residents have priority for registration. Classes are held in the first floor Conference Room. For more information visit the Library's website at <http://lodi.bccls.org/computer-classes.html> ###

Tech Tutor

Looking to maximize free content for your tablet, Kindle, or smart phone? The Rutherford Public Library is offering appointment-based Tech Tutor services to provide personalized instruction on downloading free e-books, e-magazines, audiobooks, music, and movies to personal devices.

Librarians can also assist with research, setting up e-mail accounts, and basic computer instruction. For an appointment or for more information, please call 201-939-8600 and ask for Reference. ###

Drive Responsibly

Scrabble

Love Scrabble? Looking for others to play? Join them for an afternoon of board game fun! Come to The Carlstadt Public Library on January 9, 2017 at 2:30 p.m. Registration required. Open to all! Call Rebecca at 201-438-8866 ext. 204 for further information. ###

Wallington Library Adult Programs

• **Coloring for Adults** meets on the 2nd and 4th Tuesday. Coffee or tea, along with a sweet, will be served. Meet at The Library on January 10 and 24, 2017 at 6:30 p.m.

• **Book Club** will be held on Wednesday, January 11 at 6:30 p.m.

• **Computer Coach** is held every Friday. Be advised Computer Coach is available by appointment only!

All programs are free of charge! ###

Chicks with Sticks - Knitting and Crocheting Club

On Thursday, January 19, 2017, from 6:30-8:30 p.m., come have a ball and join Chicks with Sticks every third Thursday of the month.

Knit, crochet, and chat the night away at The Carlstadt Public Library. Bring along your projects and get tips and ideas from others who share this favorite pastime!

Please call Rebecca at 201-438-8866 ext. 204 for further information. ###

Read to Your Child

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, January 4, 2017 at 6 p.m. to discuss "The Boston Girl" by Anita Diamant. The meeting will be held on The Library Mezzanine. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the book are available at the Circulation Desk. For more information, please call 201-939-8600. ###

Monday Evening Book Group

On Monday, January 9, 2017 at 6:30 p.m., the Monday Evening Book Group will meet to discuss "The Truth About the Harry Quebert Affair" by Joël Dicker. Copies of the book are available at the Circulation Desk of The Rutherford Public Library. ###

Kip Center Daytime Reading Group

On Friday, January 27, 2017 at 1:30 p.m., the Daytime Reading Group will meet at the 55 Kip Center to discuss "One Good Turn" by Kate Atkinson. Copies of the book are available at the Circulation Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

January Flower
Carnation or
Snow Drop

Ragtime

On Tuesday, January 17, 2017 at 7:15 p.m., join your neighbors and friends at The Wood-Ridge Memorial Library to discuss "Ragtime" by E. L. Doctorow. Copies of the books are available at the Circulation Desk. All are welcome.

Selma

On Tuesday, January 31, 2017 at 6 p.m., The Friends of The Library of Rutherford will present a free film screening of "Selma" at The Rutherford Public Library. A chronicle of Martin Luther King's campaign to secure equal voting rights via an epic march from Selma to Montgomery, Alabama in 1965. Starring David Oyelowo, Carmen Ejogo, Tim Roth. The film will be shown in The Library's Glass Room. For more information, call 201-939-8600. ###

Carlstadt Library Tuesday Movies

Let Carlstadt "take" you to the movies every second and fourth Tuesday of the month at 1:30 p.m. for a feature film.

This month they will be showing...

• January 10: "The Secret Life of Pets" (PG)

• January 24: "The Light Between Oceans" (PG-13)

Popcorn and beverages will be provided. No registration required for this free event!

Call Rebecca at 201-438-8866 ext. 204 for more information about this month's selections. ###

Coma

Lodi Library Book Club meets Tuesday, January 10, 2017, 6:30 p.m. This month's selection is "Coma" by Robin Cook. Light refreshments are served. Book Club meets in the 1st floor Conference Room.

They called it "minor surgery," but more than a dozen patients--all admitted to Boston Memorial Hospital for routine procedures--were victims of the same inexplicable, hideous tragedy on the operating table. They never woke up.

Susan Wheeler is a third-year medical resident at BMH. When two surgical patients mysteriously go into comas immediately after their operations, she makes the alarming discovery that their oxygen lines have been tampered with. This leads her to the Jefferson Institute, an intensive care facility where such patients are sent, never to return.

For more information on upcoming books for the year, visit our website <http://lodi.bccls.org/tuesday-night-book-club.html> ###

The Book That Matters Most

On Wednesday, January 11, 2017, at 7 p.m., The Carlstadt Evening Book Club will be discussing "The Book That Matters Most" by Ann Hood.

Light refreshments will be served. New members always welcome! Please call Rebecca at 201-438-8866 ext. 204 for further information. ###

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Wallington Library
Children's Programs

- Story and Craft days are Monday and Tuesday at 3:30 p.m. for ages 3 and up. Library is closed on Monday, January 2, 2017.
- Pizza & Pages for Grades 4, 5 and 6 will be held on Saturday, January 7 at noon.
- Game Day for all ages will be held on Wednesday, January 11 at 3:30 p.m.
- Card Making for Grades 3, 4 and 5 on Wednesday, January 18 at 3:30 p.m.

All programs are free of charge! ###

Music with
Miss Nita

The Wood-Ridge Memorial Library will host a free music-and-movement class with Miss Nita on Tuesday, January 24, 2017 at 9:30 and 10:30 a.m.

Come share the joys of making music together! Children ages 5 and under and their caregivers are warmly invited to attend and may register for one session. Classes will be held at the Wood-Ridge Civic Center. Registration is required. To register please call The Library at 201-438-2455. ###

Circle Time with
Sukey Molloy

The Wood-Ridge Memorial Library will host Circle Time! with Sukey Molloy on Wednesday, January 11 and January 25, 2017 at 10 a.m. and 11 a.m. on both dates.

Join Sukey Molloy for her award winning series of musical play activities, designed to encourage movement, play and song in the developing years. Children ages 6 months to 5 years of age and their caregivers are warmly invited to attend and may register for one session on each date. Classes will be held at the Wood-Ridge Civic Center. Registration is required. To register, please call The Library at 201-438-2455. ###

Lodi Children's
January Events

Lodi Memorial Library offers events for children from toddlers to teen.

- Practice the basics of **yoga**, breathing exercises, and silent meditation, for all ages; Saturday, January 7, 2017, 11:00 - 11:30 a.m.
- **Minecraft** interactive game play
 - Grades K – 4: Monday at 4 p.m. (*no program Jan. 16*)
 - Grades 5 – 8: Thursday at 4 p.m.
- **After School Crafts** (*ages 4 and up*) - Tuesday at 3:30 p.m.
- **Toddler Crafts** – Wednesday, at 11 a.m.; please call Library for dates.
- **LEGO Build**, Tuesday at 4 p.m. The Library provides all the Legos and will display your creations.
- **Board and Card Games**, Wednesday, at 3:30 p.m.
- **Movies for Kids & Teens** A children's movie (*G-rated*) will be shown after school at 4 p.m.; and a Teen movie rated PG-13 will be shown after-school at 4 p.m. Please call for dates and movie titles.
- **Toddler Story Time** – Friday at 11 a.m.
- **Toddler Play Group** – Friday at 11:30 a.m.
- **Teen Booksters** - A group for teens Grades 7-12 who love to read, Tuesday, January 31, 4 – 5 p.m. Bring any book you've been reading. Need a suggestion? Ask us, or check this out: www.nypl.org/voices/blogs/blog-channels/sta. You're also welcome to bring your own creative writing or artwork. They have snacks, too!

For a schedule of more free events for children and adults, please call or stop by The Library, or visit <http://lodi.bccls.org>. To sign up for the monthly email newsletter, scroll down the homepage and click Sign Up Now. ###

Cold Weather Tip
Be sure to turn
off your exterior
water faucet.

Crafternoon

Miss Nina presents Craft-ernoons at The Carlstadt Library! Create all kinds of amazing make and take craft projects. For children ages five and up. There will be no craft on Wednesday, January 4. For further information, please call the Children's Department at 201-438-8866 ext. 203. ###

Lanyard Art

Grades Five and up are welcome to attend Young Adult Crafts with Miss Nina at The Carlstadt Library on Tuesday, January 10, 2017 at 7 p.m.

This month, they will be making Lanyard Art. For more information, please give the Children's Department a call at 201-438-8866 ext. 203. ###

Homemade
Chicken Soup

Fifth Graders and up are welcome to try their hand at cooking class with Miss Nina at The Carlstadt Library on Tuesday, January 17, 2017 at 7 p.m.

The dishes and recipes are simple, and Miss Nina will walk you through how to cook some of her favorite dishes. This month, they are featuring Homemade Chicken Soup. For more information, please call the Children's Department at 201-438-8866 ext. 203. ###

Carlstadt Library
Lego Club

If you love Legos, you'll love Lego Club! Children age five and up are welcome to attend on January 19, 2017 at 3:30 p.m. Build anything your imaginations can come up with, and feature these creations on Facebook! For more information call 201-438-8866 ext. 203. ###



Previous Issues of
The Gazette Newspaper
are available on-line at:
The-Gazette-Newspaper.com

HH Book Clubs
for Kids

Join one of the two book clubs for kids at The Hasbrouck Heights Public Library —

- Best Books for students in Grades 2-3 or Critics' Choice for those in Grades 4-6. Best Books meets on the first Friday of each month;
- Critics' Choice meets on the third Friday of each month. Registration is required and books for the book club are available at The Library. For more details stop by the Children's Desk or call 201-288-0485. ###

HH Little Artist

The Hasbrouck Heights Library is sponsoring a event for students Grades 2-5 interested in art or history. Students will learn about an artist or type of art and recreate a famous work or make their own masterpiece at The Hasbrouck Heights Library. No experience is necessary. There are no mistakes in art! Join them on Thursday, January 26, 2017 at 3:30 p.m. Registration is required. Call 201-288-0485. ###

HH Chess Club
for Kids

Students, ages 7-12, can play and improve their skills at monthly chess club meetings held at The Hasbrouck Heights Public Library.

Members must have some knowledge of chess as there are a limited number of instructors. Next meeting is Thursday, January 19, 2017 at 3:30 p.m. Registration is required. Call 201-288-0485. ###

HH Lego Club

The Children's Department of The Hasbrouck Heights Library is starting a new round of its popular Lego Club.

Children can show off their architectural talents and create masterpieces solo or with friends. Legos will be provided, but feel free to bring your own. Next meeting dates will be Tuesday, January 17 and 31, 2017 starting at 3:30 p.m. for ages 5-12. Registration is required. Call 201-288-0485. ###

Libraries Are Fun!

Paws to Read

Young readers wanted! On Monday, January 9 and Monday, January 23, 2017, from 6 p.m. to 7 p.m., children are invited to The Wood-Ridge Memorial Library to read to Rodney, an award-winning certified therapy dog. Children ages 5 and older may register for a 15-minute session. Therapy dogs provide a safe, nurturing experience for emergent readers to practice their literacy skills. To register, please call The Library at 201-438-2455. ###

Story Time

Come one, come all and have a ball at Carlstadt Library Story Time, Thursdays in January, at 10:30 a.m. No story time January 5.

They sing, dance, clap, wiggle, jiggle and sometimes even craft the morning away in a convivial (*and kid friendly!*) atmosphere. Babies to age five are welcome to attend with caregivers. For more information, call 201-438-8866 ext. 203. ###

Drop-In
Storytime

The Rutherford Public Library will host a morning drop-in storytime program on Wednesday, January 4, 11, 18, and 25 and also on Thursday, January 5, 12, 19, and 26, 2017, from 10:30 – 11 a.m. All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. For more information, please call 201-939-8600. ###

HH Winter Story
Time Registration

The winter session of story time at The Hasbrouck Heights Library will start January 23, 2017 and will run for six weeks.

They offer different types of story time depending on the age of the child. This is a popular offering and spots fill up quickly; it is not mandatory that a child attends every session. Hasbrouck Heights residents can register starting on Monday, January 2, 2017. Registration is required. Call 201-288-0485.

The schedule is below.

- Tiny Tots- Ages: Birth - 2 1/2 and their caregiver. Tuesday, 10:30-11:15 a.m.
- Drop In - Ages: 2 1/2 to 6, Wednesday, 10:30-11:15 a.m.
- Preschool - Ages: 3 1/2 to 6, Thursday, 10:30-11:15 a.m. ###

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**Registration
in Progress**

Friends of The Hasbrouck Heights Library News

To begin 2017, the Annual Meeting will be held on Saturday, January 7, 2017 at 10 a.m. in The Hasbrouck Heights Library Meeting Room.

A light breakfast will be served. This year the members will be electing a new slate of officers. In order to vote you must be a paid member of the “Friends of The Library” for 2016. Fundraising initiatives will be discussed and whatever questions you might have or ideas that will help improve the organization can be introduced at this meeting. Your input is always welcome.

The Membership Drive for the “Friends” of The Library for 2017 continues. There are different levels to choose. They have membership brochures for adults and juniors at The Library. They can be picked up at your convenience. This past year the membership dues have been able to finance all the programs for The Library once again. Brochures detailing the amazing programs for both adults and children are available at The Library. The “Friends” are a 501C3. All contributions are tax deductible

New Year’s Eve Dinner

The Hasbrouck Heights Elks Lodge #1962, 128 Baldwin Avenue, Hasbrouck Heights. will host a New Year’s Eve Dinner. Live music. The cost is \$75 per person. Includes beer, wine and soda. For reservations, call Cathy at 386-852-4881. ###

Valentine’s Party February 11

Squadron 310, 100 Liberty Street, Little Ferry, will host a Valentine’s Party on Saturday, February 11, 2017 starting at 7 p.m.

Donation is \$20 and includes pasta dinner, beer, wine and a rose for the Ladies. Music by DJ Jack Jam. Proceeds to benefit Veterans and children’s programs. For more information, call 201-641-9774. ###

Lodi Library Wednesday Movies

Lodi Library presents free recently-released movies on Wednesday at 1:30 p.m.

For information on the movies showing each week, visit: <http://lodi.bccls.org/newly-released-movies.html> or call 973-365-4044. ###

THINK GREEN

as allowed by law.

The merchants have once again showed their support for The Library. This year there are 33 merchants who have generously agreed to give discounts or special promotions to those who show their “Friends of The Hasbrouck Library” card when frequenting their establishment.

There are 2 new merchants that have agreed to join the program: Koffeewagon, located at 155 Rte. 17S and the Collector’s Shop at 440-A Boulevard. Please visit the establishments that participate in the “Merchant Program” to say thank you for supporting not only The Hasbrouck Heights Library, but also the community.

The “Friends” have also planned a trip with Collette Travel for the spring of 2017. Brochures can be found at The Library or you can have one sent to your residence by calling Rosemarie at 201-896-1275. ###

Basic ESL

The Rutherford Public Library has ongoing Basic English as a Second Language classes taught by a certified ESL instructor. The classes are intended for beginner to intermediate level students and will be held on Tuesday and Thursday mornings at 10 a.m. beginning Tuesday, January 17, 2017. Students may register in person at the Reference Desk. For more information, please call 201-939-8600, ext. 7. ###

Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library. The group will begin again on Thursday, January 19, 2017 and will meet on Monday from 10-11:30 a.m. and on Thursday from 1-2:30 p.m. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, please call 201-939-8600, ext. 7. ###

W-R ESL

The Wood-Ridge Memorial Library hosts English as a Second Language classes for adults at no charge. Classes will meet every Monday, Wednesday, Friday and Saturday morning at 10:15 a.m. No registration is required. For more information, please call The Library at 201-438-2455. ###

Tricky Tray February 26

The First Presbyterian Church in Carlstadt is hosting a Tricky Tray on Sunday, February 26, 2017, starting at 1 p.m. at The Graycliff.

Donation is \$50 per person and includes dinner, soda and a sheet of tickets for regular level prizes. Cash bar. Must be 18 and over. Reserved seating. For tickets, call Sue or Harold at 201-438-2273. ###

Mothers of Pre-schoolers

If you’re a mom-to-be or a mother of a child Kindergarten age or younger, you need MOPS. Moms from any town can join! We’ve all been placed in this time and place in history, as the tribe of women who are raising the world. You don’t need to do it alone. Hasbrouck Heights MOPS invites you to join us at “Light in My Darkness” Thursday, January 26, 2017 from 7-9 p.m. RSVP by January 23 so they have enough yummy snacks for you. Event hosted by **Bible Baptist Church**, 31 Passaic Ave, Hasbrouck Heights. Free MOPPETS childcare provided by RSVP only. Monthly Friday morning get together and outings, too. For more info: hasbrouckhtsmops@gmail.com; 862-239-MOPS; Fb – Hasbrouck Heights Mothers of Preschoolers. ###

American Legion Pancake Breakfast January 8

Lodi Post 136 and Rochelle Park Post 170 will hold a pancake breakfast on Sunday, January 8, 2017, from 8:30 a.m. till noon, at 33 W. Passaic Street, Rochelle Park.

There will be pancakes, scrambled eggs, sausage, coffee, tea, juice, fruit cocktail and homemade crumb cake (*while they last*), all for a \$5 donation with children under 6 free.

Any questions contact Bob Salvini at bobsalvini@att.net or Francis Carrasco at mrfaqc@hotmail.com ###

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Train Exhibition

The New York Society of Model Engineers will host an exhibition of their 5,000 square feet of operating model trains and train exhibits on January 7 and 8, 2017.

They are located at 341 Hoboken Road, Carlstadt, NJ. Phone is 201-939-9212. Check website for hours and admission at: www.ModelEngineers.org ###

Kip Center Casino Trip

The Kip Center hosts a Sands Casino Trip the second Monday of every month. Bus leaves at 8:30 a.m. from the Kip Center, 55 Kip Avenue, Rutherford. The cost is \$30.

You will get \$30 back when you arrive. 55 Kip Members first priority, but spaces are generally available for your friends. Reserve early.

New to the Kip Center? Give it a try, there is always something going on! Call 201-460-1600 for more information. ###

Casino Bus Trip

The HH VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$35 paid in advance; includes a continental breakfast from 9 a.m. to 10 a.m. Games, prizes and a movie make the travel time pass quickly. For details call Andy at 973-773-1812 or the Post at 201-288-1112. ###

W-R Chess Club

On Wednesday, January 4, 11, 18, and 25, 2017, The Wood-Ridge Memorial Library will host a free Chess Club for learners of all ages. Children meet from 3:30 p.m. – 4:30 p.m. and adult beginning players meet from 4:30 p.m. – 5 p.m. Designed for all ability levels, the Chess Club is led by a coach who can teach new chess players the basics, and help experienced players sharpen their skills. ###

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Lodi KC Pancake Breakfast Jan. 8

The St. Michael’s Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, January 8, 2017, 8:30 a.m. to noon, at 39 Washington Street, Lodi.

Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French toast (*to order*), sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$6; children over 6: \$4; children 6 and under: free. Profits to benefit local charities. ###

Roast Pork Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, January 10, 2017, in the Community Hall, Third Street, Carlstadt.

Roast Pork dinners will be served from 11:30 a.m. to 1 p.m. Donation is \$10 for adults and \$5 for children/students. For take out orders call 201-438-5526.

In case of inclement weather, call 201-438-5526. ###

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Area Fire Departments ask that when it snows, residents and businesses should make an effort to keep fire hydrants clear and accessible. ###

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Municipal Reorganization Meetings

- **Carlstadt:** Sunday, January 1, 2017, at 1 p.m. in the Council Chambers.
- **East Rutherford:** Sunday, January 1, 2017, at 10 a.m. in the Council Chambers.
- **Hasbrouck Heights:** Tuesday, January 3, 2017, at 6 p.m. in the Council Chambers.
- **Little Ferry:** Friday, January 6, 2017, at 7 p.m. in the Council Chambers.
- the Council Chambers.
- **Moonachie:** Saturday, January 7, 2017, at noon in the Civic Center, 125 Moonachie Road.
- **Rutherford:** Sunday, January 1, 2017, at 3:30 p.m. in the Council Chambers.
- **Wood-Ridge:** Sunday, January 1, 2017 at 2 p.m. in the Council Chambers. ###

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AWS Meadowlands Chapter Meets January 20

American Wine Society Meadowlands Chapter hopes you and your family enjoyed a very Happy and Healthy Holiday season.

We look forward to seeing you at the first meeting on Friday January 20, 2017 starting at 6:30 p.m., at Make Wine With US, 21 Currie Avenue Wallington NJ. They will be kicking off the New Year with fruit wines and other non-grape wines. Very tasty to be sure!

Why not start 2017 off with a bang by joining our group. The Meadowlands Chapter is now over 60 members and it's the largest AWS Chapter in NJ, and of course the most fun. Why not check us out. We look forward to seeing you there.

Cost for this meeting is \$15 for members and \$20 for non-members, reasonable price for the many different wines we will be enjoying and snacks too! You can follow us at <http://wineclub201.blogspot.com> for more details about the group, and we will soon be on Facebook.

To ensure that we have enough seating please RSVP to the wineclub201@gmail.com. Thank you and we look forward to seeing you there. *Chapter President Angel Martinez and all around good wine guy Vice President Philip Miuccio. Cheers & Salute! ###*

TEB Noise Complaint Line
201-288-8828

TEB Noise Office: 201-393-0399

Hasbrouck Heights Garden Club News

Happy Holidays and a Happy New Year to Everyone!

The HH Garden Club is ready for their 2017 meetings. The members are meeting every third Wednesday of the month from January to June with no meetings in July and August. They start up again in September thru November with no meeting in December. Everyone is welcome to join. They welcome out-of-town residents and welcome those who wish to become members.

The meetings are held in the Public Library Meeting Room located at 320 Boulevard on the second floor of Borough Hall. There is an elevator and ample parking.

The first meeting will be held on Wednesday, January 18, 2017 at 6:30 p.m. Refreshments will be served followed by the meeting.

Suggestions and helpful hints for the garden will be discussed by some of our members. Meetings are over by 8:45 p.m.

In February, the speaker will be Master Gardener Joe Papa. Shortly after Joe graduated, he was nominated for VP of Master Gardener's Organization for 2016. He is a plot holder of the Teaneck Community Garden and wants to share his knowledge and enthusiasm with others. The topic for the evening will be stated at a later date.

In April, the Club welcomes Master Gardener Caren White. She is a member of the Herb Society of America, and this will be her topic for the evening.

In May, Karen Kinnane will share her knowledge of Daylilies and organic gardening.

Also, The Chamber of Commerce, DPW and Garden Club members will be preparing the Boulevard in Bloom Flower Pots in May. The Garden Club committee will be working on their Garden of the Season Award for the spring.

For further information contact Judy at 201-288-2615. ###

Preventing Senior Scams

Arm yourself with knowledge against scammers with the help of senior advocate Andrew Abrahams. Learn tips and tricks about how to protect yourself against popular scams.

This program will be held at The Carlstadt Public Library on Wednesday, January 25, 2017. Registration required. Open to all. ###

Financial Planning

A Financial Planning workshop is offered Thursday, January 5, 2017 at 6:30 p.m., at The Lodi Memorial Library. It is presented by a team of financial advisors from Merrill Lynch/Bank of America, Montvale. They will discuss retirement planning and Social Security, current economic outlook, and investment strategies in today's low-interest-rate economy. Door prize and refreshments too! ###

Free Lunch Saturday

Everyone is invited to the First Presbyterian Church of Moonachie for the "Free Lunch Saturday" program, which will be held on January 7, 2017, at 11:30 a.m. This hot lunch features homemade soup and sandwiches plus "Gifts of the Magi." This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts. If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ###

Pasta Night & Mini Tricky Tray February 12

On February 12, 2017, from 3 to 7 p.m., The Bergen County Auxiliary Unit #147, Elmwood Park will hold a Pasta Night and Mini Tricky Tray.

Donation is \$20 and includes salad, pasta with sauce, bread, butter, cake and coffee, plus, one entrance Tricky Tray ticket included.

For more information, call Theresa at 201-522-7619, Debe at 201-925-4389, Pam at 201-572-0656 or Andra K at 201-658-0205. ###

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Kids Performing Arts Program Spring Session Adult ESL

Care on the Corner announces the Winter 2017 program for Kids on the Corner, a Performing Arts Program for children in Grades 2 – 6. This session marks the 33rd production of Kids on the Corner. The goal of Kids on the Corner is to educate and enlighten children in different art forms and cultural experiences. The children are offered opportunities to learn about history, culture, visual arts, theater production, set design, costume design, music and acting.

The Performing Arts group meets on Friday from 3:30 p.m.– 6 p.m., January 13 – February 17. Under the direction of Cindy Summers, assisted by Jesse Dorfman, participants will tell the story of “The Blind Men and the Elephant.” All are welcome to come out and see the performance on Friday, February 17, 2017 at 7 p.m.

The group meets at the Parish Hall of St. John the Divine at 229 Terrace Avenue, Hasbrouck Heights, NJ. Call the Care Center at 201-288-9460 to register or download an application form from www.careonthecorner.org. There is a \$25 registration fee. Scholarships are available.

• Cindy Summers is a 2006 graduate of the New Jersey School of Dramatic Arts acting program. She has been working with children for more than ten years and has been teaching for six years. She spent six years working in a preschool for children with special needs and she has taught the Ready, Set, Act!, program at New Jersey School of Dramatic Arts for the last four years. In 2010, she introduced the Young Actors Workshop to help further the effectiveness of the children’s program.

• Jesse Dorfman is currently at Kean University studying Theatre Performance. Jesse has been performing for more than 6 years all over New Jersey, as well as in New York City, including multiple Off-Broadway credits. Jesse made his collegiate theatre debut as Noah in Kean University’s Children of Eden. ###

Registration and Testing will take place on Wednesday, January 18 and 25, 2017 from 6:30 to 8:00 p.m. in the Parish hall, at 229 Terrace Avenue (corner of Terrace and Jefferson Avenues) in Hasbrouck Heights, NJ.

All new and returning students must be registered to take the classes. New students must take a language assessment evaluation.

The Spring 2017 ESL Classes Session starts on February 1 for 10 weeks, ending April 5, 2017, on Wednesday night from 7 p.m. to 8:30 p.m.

Classes are held at The Parish Hall of St. John the Divine, 229 Terrace Avenue and Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, N.J.

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as one-to-one instruction, to people from other countries and other language backgrounds.

For more information about the adult ESL program or to register a student, please call the Care Center office at 201-288-9460. A registration form, accompanied with a non-refundable \$10 registration fee and materials fee, must be completed for each student. Financial assistance is available. ###

It’s New Year’s Eve on WSBP-LP (94.3 FM)

It’s New Year’s Eve on WSBP-LP (94.3 FM) on Saturday, December 31, 2016, from 3 p.m. to 8 p.m., playing the Old-time New Year’s Eve radio shows from way back when. Due to their location in Wood-Ridge, it would be best to review their coverage area online at <http://www.wsbp943.org> ###

Practice Random Acts of Kindness

RLC Pre-K and Kindergarten Registration

Pre-school and Kindergarten registrations are currently being held for children new to the Robert L. Craig School.

Call Mrs. Lacey at 201-641-5833 ext. 109 for the Pre-school registration process. Children who will be 4 years old on or before October 1, 2017 are eligible for Pre-school.

Children who will be 5 years old on or before October 1, 2017 are eligible for Kindergarten. Call Mrs. Tozzini for Kindergarten details at 201-641-5833 ext. 100. ###

Full Wolf Moon

The January full moon will appear on Thursday, January 12, 2017, at 6:43 a.m. It is called the “Full Wolf Moon.”

According to the “Farmer’s Almanac,” amid the cold and deep snows of mid-winter, the wolf packs howled hungrily outside Indian villages. Sometimes it was referred to as the “Old Moon,” or the “Full Snow Moon,” but most tribes applied that name to the next moon.

The Native American Indians of northern and eastern United States kept track of the seasons by giving a name to each recurring full Moon. European settlers followed the custom. ###



Copy for the February Issue is due January 5th.

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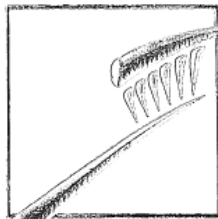
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Artful Thinking

By Artie Maglionico • Lodi Historian

Columbus School 100th

Happy New year folks... This year marks Columbus School's 100th birthday, so all of you "kids" from the high plains of Lodi might want to send a birthday card to the school you love most...I'm one of those kids...class of 1961.

I can still remember my teachers from Kindergarten through 8th Grade. Okay. Since you asked, I'll name them for you. Starting with Kindergarten there was Mrs. Adelaide Wolfe, 1st Grade was Mrs. Ann Lally, 2nd Grade was Mrs. Santina Gandolfo, 3rd Grade was Miss Evelyn Diorio (*my all-time favorite who, by the way, gave me the correct spelling for the names you are reading*), 4th was Mr. Frank Sproviero, 5th was Mrs. Cimiluca whose first name escapes me, 6th was Mr. Jules Lacitola, 7th was Miss Ann Manfred (*sister of principal Ethel Matthews*), 8th Grade was shared by Miss Diorio, herself a former student at Columbus School, and Miss

Mary Annicharico.

Our Gym teacher, who showed up every Friday like an angel of mercy, was Mr. Delabadia (*Mr. Del for short... another great educator whose enthusiastic smile still shines in my memory*). Later there was a rookie gym teacher and basketball player extraordinaire by the name of Mr. Tony Comellio.

Oh yea...there was everyone's favorite substitute teacher who went by the name Miss Mac...which was short for something ...I'm going to go out on a limb and say Maculla. Does anyone from that era remember her? When Miss Mac walked into the classroom it was like seeing your grandmother carrying a fresh baked apple pie with a look on her face that said "okay children today is your lucky day." And it was!

For me it was the first time that I felt loved outside of my home and I'd bet that all the kids felt the same way. God bless you Miss Mac.

Oh wait...I can't forget our music teacher who dropped in from time to time trying to

explain what a G clef was. Her name was Mrs. Frolich and next to Arithmetic, hers was my least favorite subject. ... Alright maybe it was a tie! E, G, B, D, F was the letters she used to identify the 5 lines of a music scale. To make it easier for us to make sense of it she translated it as follows: "Every Good Boy Does Fine." It certainly did not apply to me!

Much praise goes out to all of those marvelous teachers, since they put their hearts and souls into their job as I'm sure teachers of today do. (*I hope.*)

They had to educate a wide range of students, some of which were driving to school in 7th Grade.

A few of them, as I recall, had five o'clock shadows by two in the afternoon, with a pack of Lucky Strikes sticking out of their shirt pockets.

With that having been said there wasn't a bully to be found, in fact, they were more like teachers' aides.

Some of my classmates were: John Leto, Nick Enea, Dominick Montalbo, Richard DeCrosta, a curly headed kid by the name of David Van Rye, Loretta Cardone, Donna Manzella, Bonnie Karpinski, Josephine Calari, Joann Wanus, Glen Philips, Sal Losauro and his sister Mimma ...one of the prettiest girls in Columbus School. I was lucky enough to sit next to her in Eighth Grade and let me tell you folks, that her smile brightened many an overcast day. I'll never forget her.

In many ways, we Columbus School students were a sheltered bunch.

Our school was built a good distance away from surrounding schools. Others like Wilson, Washington, Lincoln and Roosevelt were located near or at the very heart of town so the kids were worldlier than we were.

We only knew that part of Lodi that was on the hill near the Garfield border. The open fields, the dirt roads, the quiet streets and the corner stores... We were happy in our sequestered little part of town which began and ended within the safe haven that was Columbus School.

My world, for all I knew, was flat and to venture beyond that imaginary border meant that I'd fall off never to be

found. It all makes sense to me now...now that I have more years behind me than I do ahead of me. I'll always be that kid from Columbus School and in many ways, have not roamed beyond that sacred playground.

They were far more advanced than us kids from the hill. While I was wearing a floppy gray hat with built in earmuffs, those other kids sported Hollywood haircuts and wore Flagg Brother shoes.

That's why, at least for me, entering Lodi High School was overwhelming. I went from that cozy little classroom at Columbus School, to a veritable explosion of students, which, in all honesty, I never really got used to.

I graduated in 1965 just as intimidated and insecure as the day I went in. I never outgrew that School ground mentality... I was always the kid from Columbus School and remained far from the social mainstream.

I hung out with the same kids I knew since Kindergarten i.e. Mike Ettz, Irwin Stolz, Frank Scinlari, Johnny Rannou and the rest.

I'm not saying that all the kids from Columbus felt the same way, just the kids in my immediate class. There were those who adjusted well and went on to enjoy those once in a lifetime experiences that only High School can offer.

The kids in Miss Diorio's class, like me, kept a rather low profile and in our own unassuming way, enjoyed ourselves...at least I did.

Now a story about Columbus School would not be complete without telling you about a trouble makers worse nightmare...Our silver haired principal, the legendary Mrs. Ethel Matthews.

Folks let me tell you that this woman was the embodiment of power and authority.

She walked tall and straight, her bluish gray hair always in place with eyeglasses that glittered in the dimly lit hallways giving her a larger than life aura that to an impressionable child seemed nothing short of supernatural.

Mrs. Matthews had a special place set aside for the troublemaker. It was a little nook located just outside her office in full view of passersby. It was called "The Bad Bench" and sitting there wasn't half as

bad as being escorted there by the back of your collar.

Once, while in 4th Grade, I saw our Principal chase a trouble maker around the classroom and finally pulling him out from under a table by his ankles.

The rest of us watched in awe as the mischief maker was led away in a blubbing heap to the dreaded bad bench. The kid was later escorted back into the classroom, hand in hand, by Mrs. Matthews who by now wore a loving smile as was seen by all. The student became the quintessence of good conduct and received many a gold star for his efforts.

Mrs. Matthews seldom, if ever, raise her voice since her mere presence was loud enough to keep you in line. She used neither hand nor ruler to enforce the law, however what she did use, instead was her authority. That woman walked around like she owned the place and let me tell you folks ...she did! What a marvelous woman was our Mrs. Matthews. It is only fitting then that there is a portrait of her hanging in the hallway adjacent to her office.

You can't miss it ...Her eyes follow you around as if she is letting you know that she is still very much in charge...at least on a spiritual level.

Current Principal Mr. Vincent Di Chiara, who began in June of 2002, and his administrative assistant Anelle Sproviero Rossi continue to keep the "school on the hill" a marvelous place for learning where children dream of great things and are given the tools to make their dreams come true... Happy 100th anniversary Columbus School.

To all the students, teachers, principals and janitors (*My dad, Vito, being of the latter*) past present and future ...God Bless you.

Special thanks to Miss Evelyn Diorio, for helping me to remember the students and the teachers of my glorious youth. I'm proud to call her my friend...however I still cannot find it in me to call her by her first name. To me she will always be my 8th Grade teacher; Miss Diorio.

To read more about my Columbus school memories visit online at www.The-Gazette-Newspaper.com ###

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W-R Memorial Foundation
to Honor Six at Spring Dinner

Wood-Ridge Memorial Foundation President Paul Calocino is pleased to announce the Foundation's selection committee's choices to be recognized at their annual dinner dance on Friday, March 10, 2017.

John Podesta – The owner and manager of Kohler Funeral Home since 1994, John is being recognized for not only his business contributions but also his civic contributions to the Borough. John has been an active member of the Wood-Ridge Lions Club since 1992. He served as Club president in 2001-02 and has been on the Board of Directors since 1997.

John has not only continued but expanded the financial contributions of Kohler Funeral Home to many of the organizations and programs within the community and Assumption Parish. Many of these would not be possible without his support!

Bobby Jones – Bobby has served on the Wood-Ridge Police force for 16 years. His record of service as a police officer is held in high regard by fellow officers, the Borough Administration, and by most important of all, the citizens he serves.

Bobby has been a member of the motorcycle unit since it began and also has 17 years of service on the Wood-Ridge Fire Department. He and his wife, Cindy, have 3 children.

Flo Rella – Flo has been on the staff in the Wood-Ridge Public School System for 28 years. For most of the past 25 years she has served as an aide to the Kindergarten school teaching staff. All of these teachers have expressed their appreciation and admiration for the work that she has performed with the young students beginning their school life.

While her three sons were growing up in Wood-Ridge, Flo was always seen participating with Little League, Basketball, High School Touchdown Club, Booster Club and Project Graduation and many other activities that benefitted the students of the community. Flo and her husband of 40 years, Frank, are the proud grandparents of 3.

Mallory Garvin – Mallory is a graduate of Purdue University with a Masters from Columbia University. She has been a member of the Wood-Ridge School staff for only 9 years. While this is a relatively short time of service, her impact has been widely recognized. As National Honor So-

cietly Advisor, she has initiated several programs and projects that will greatly influence her students for their entire lives. Two of these projects are her trips to Eva's Kitchen in Paterson and working with Habitat for Humanity. She also serves as the senior class advisor and as coach for the track teams.

A cancer survivor as a young girl, she is an active participant with fund raising projects for cancer research and serves on the Board of Directors for Tomorrows Children's Fund. She is a dynamic young teacher that is a true asset to our school system and students.

Anne & Ken Turtoro – Married for 34 years and the parents of two sons, the committee chose Anne and Ken to recognize their many years of service and commitment to the youth and students of our community.

Anne was a teacher at the First Presbyterian Nursery School for 10 years, she served on the W-R BOE for 10 years, a member of the Meadowlands YMCA Board of Directors for 8 years, and a Trustee for the Wood-Ridge Memorial Foundation for 10 years.

Ken was a member of the W-R Board of Health for 7 years, involved with Little League serving as player agent for 11 years, and coached youth soccer for 8 years. He has been an active member of the Wood-Ridge Lions Club for 9 years and served two consecutive years as Club president 2010-2012 and serves now on the Board of Directors of the Club.

Calocino is pleased to present these six outstanding individuals to be recognized by the Memorial Foundation. All of the proceeds raised at this event will be used to fund the anticipated 16 awards totaling over \$34,000 this coming June.

The dinner will be held at The Fiesta and will include a full course meal with beer, wine and soda included. Entertainment will be provided by the Alan Quinn Orchestra.

Tickets are \$80 per person, available now, and you may reserve or purchase tickets by calling event chairman Jack Nagel at 201-641-2803 or e-mail janpro911@aol.com ###

Sr. Ramona's Triple Celebration

As 325 guests hushed behind the closed doors of a glorious dining hall at the Venetian in Garfield, New Jersey, Sister Mary Ramona Borkowski was about to enter what she believed was the 35th wedding anniversary of her former administrative secretary. NOT SO!

When that door swung open - applause beyond applause, shouts of love, happy birthday and surprise burst into the air and Sister Mary Ramona was totally overwhelmed.

This was a triple celebration of the 45th anniversary of the Felician School for Exceptional Children founded by Sister Mary Ramona, the retirement of Sister Ramona and her upcoming 90th birthday.

On Sunday, November 20, 2016, a large gathering of Felician Sisters, members of the board of trustees of the Felician School for Exceptional Children, representatives of the New Jersey State Association of Schools and Agencies for special needs individual, Members of the Local Educational Agencies, parents, students, alumni, staff, friends and family came to celebrate Sister Ramona.

The delivery of congratulatory comments was heartfelt. Sister Mary Rosita Brennan, chairperson of the Board of Trustees, spoke of the powerful mission of the School for Exceptional Children and the vision of Sister Ramona 45 years ago to make that mission a reality... And, Sister Ramona did this with overwhelming success. The number of tender lives transformed because of Sister Mary Ramona's compassion is beyond measure.

Sister Rosita then presented Sister Ramona with a monetary gift for the Felician School and a vase of yellow long stem roses from Sister Mary Christopher Moore, Provincial Minister, and the entire Province of the Felician Sisters

of North America. Mr. Steve LoIacono, a trustee, offered a toast to Sister Mary Ramona and her staff. The staff expressed their sentiments in song.

Sister Rose Marie Smiglewski, current Director of the FSEC, shared her thoughts with the guests and then asked everyone to raise their hands in blessing as a prayer of gratitude was said for Sister Mary Ramona. And, of course, Sister Mary Ramona thanked everyone for this amazing day of surprises and love.

During the celebration, the band led the gathering in singing "Happy Birthday" as well as Sister Ramona's favorite Christmas Carol, "Silent Night."

The party continued with feasting and dancing and recalling precious memories about Sister Ramona and her love for God's special children.

The insightful leadership of Sister Rose Marie Smiglewski made this day of gratitude magnificent for a magnificent woman, "Sister Mona." The speeches, songs and music were perfect and the food was A+++.

The Sisters of the New Jersey Area had agreed that this day in honor of Sister Mary Ramona would be a special way of celebrating their annual Com-

munity Day. It turned out to be one of the most celebrative Community Days ever experienced, totally immersed with love and gratitude for the presence of Sister Mary Ramona in our lives, for the mission of an irreplaceable FSEC and for the monumental spirit of the New Jersey Felician Sisters. BRAVO! Story by Sister Theresa Mary Martin. ###

Park Avenue
Toastmasters

Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career?

Toastmasters International is a world leader in communication and leadership development. The Park Avenue Toastmasters will meet at The Wood-Ridge Memorial Library on Monday, January 23 and Monday, January 30, 2017 from 6:30 to 8:15 p.m. ###

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Past President
1964-1965



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February Gazette
is January 5th

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W-R Knights Receive Prestigious Award

On December 5, 2016, at the regularly scheduled business meeting of St. Anthony’s Council 11585 in Wood-Ridge, Worthy State Secretary Robert E. Hatler was in attendance to present Grand Knight Gary Lepore Jr. with the most prestigious award that any council can achieve: the Star Council Award for the 2015-2016 fraternal year.

He stated that only 50 councils in the State of New Jersey have received this award for this fraternal year and only 10 of them are in the Archdiocese of Newark.

Worthy Secretary Hatler further stated that in order to qualify for Star Council a council must earn the Columbian Award, Father McGivney Award, and Founder’s Award.

These awards combined recognize outstanding achievement in membership, insurance and service program activities.

Councils must conduct and report at least four major programs in each of the Service Program categories: Church, community, council, family, culture of life, and youth.

Councils then must meet or exceed their goals for membership growth (7%) and insurance member growth (3%).

Aside from receiving a plaque for the council, GK Gary received a Star Council lapel pin.

Also receiving the lapel pins were PGK and Membership Chairman Russell Petrocelli and DGK and Program Chairman Kenneth Gardella. *Provided by Peter Gallo Jr. ###*



Wood-Ridge Knights Featured Santa at their Breakfast

The Annual Breakfast with Santa held by the St. Anthony Council #11585 of the Knights of Columbus in Wood-Ridge was a huge success. The affair took place on December 11, 2016 and was held in the Father Patrick Morris Hall in the basement of the Assumption Church. This was the first time the new kitchen was used for this event.

Santa Claus sat down with the more than 120 children who attended to hear all about what they wanted for Christmas. He gave their parents the opportunity to take a photo of him with their children. Each child received either a candy cane or a coloring book.

All who were there then had a breakfast of ‘all you can eat’ pancakes, sausage and orange juice. The adults also had coffee.

Chairman DGK Ken Gardella thanked the twenty-five Knights who helped out during the morning and especially Angelo Urato for his patience with the children. *Photo and story by Marie and Peter Gallo Jr. ###*



Wood-Ridge Girl Scouts Earn Kearny Bank Financial Literacy Fun Badge

Kearny Bank’s Wood-Ridge Office recently hosted a financial literacy presentation for Girl Scout Troops # 94454 & 94037. The girls learned about personal finances, completed a lot of age appropriate activities and earned a Kearny Bank Financial Literacy Fun Badge. *###*



The First Presbyterian Church of Carlstadt held their Annual Men’s Club Advent Breakfast on November 20, 2016. *Photo by Dennis Kronyak Sr. ###*



Following the Hasbrouck Heights Holiday Parade on November 25, 2016, the HHHS Marching Band enjoyed a **Pizza Party** in the school cafeteria. *Photos provided by Lisa Ratkowski. ###*



The Outsiders Day at Union Middle School

Rutherford’s Union Middle School 8th Graders embodied the spirit of S.E. Hinton’s “The Outsiders” on Wednesday, November 9, 2016, in a self-proclaimed “Outsiders Day.” The students first completed a vivid novel study, working with themes of loyalty, injustice, stereotyping, family, and the need to belong. Once all essays, projects, and tests had been completed, students dressed as their favorite characters. Many had a difficult time deciding if they would be a “tuff” East side greaser or a preppy West side Soc (short for social elite). All in all, UMS students realized that they are not as different as they may seem; they can all “see the sunset real good” regardless of the side that they

call home. Their English Language Arts teachers appreciate their enthusiasm and hope they “stay gold” for a very long time!

“Greaser” Students:
Row 1: Chloe Lafarga, Evan Alvarez, Alec Lowe
Row 2: Ella Michalski, Gabriel Mendez, Kaitlyn Mayo-Silva
Row 3: Vidhita Vaghasiya
Row 4: Ava Scheibe, Toni DeSalvo, Sheila Djurkovic
Row 5: Megan Lichtenberger, Madeline McHugh, Bethany Wloch-Rapetti
“Soc” Students:
Row 1: Kenisha Vaghasiya, April Muller
Row 2: Peter Cammarano, Rocco Corizzo *Provided by JoAnn Hughes. ###*



Dancing to Christmas Songs

Performers from **Edie’s Dance Factory** in Wood-Ridge danced to Christmas songs at the Senior Center, December 3, 2016 at an event sponsored by The Hasbrouck Heights Library.

About 30 teens and preteens performed, along with longtime dancers Joan Gill, Kathe Monesteri and Janice Mallett, who tapped to “Christmas is Just Around the Corner,” one of many Michael Bubl  Christmas favorites.

The kids, arrayed in various combinations of black leotards, poinsettias and red, silver and green sparkles, danced to various Christmas songs, in combinations of tap, ballet and hip-hop.

A particular favorite was a group of seven teens from St. Mary’s Parish in Rutherford, whose hip-hop performance to a remix of “Jingle Bell Rock,” was a favorite of the audience.

Melissa Plaza concluded the program by singing “O Holy Night.”

Edie Ollwerther, the owner of **Edie’s Dance Factory** in Wood-Ridge, has been a dance teacher for 43 years. *Provided by Stephanie Schwartz. ###*



Bill O'Shea's Florist held their Annual Open House on Sunday, November 20, 2016, traditionally the Sunday before Thanksgiving. Hosts, John and Linda Kosakowski, welcomed guests to enjoy music, prizes, refreshments and special offers. Featured was a photo opportunity with Santa. There was a mailbox for letters to Santa. A beautiful Thanksgiving Centerpiece was raffled. Bill O'Shea's Florist has been delivering Season's Cheer for over 45 years. ###



Heights Flower Shoppe held their Open House on December 4, 2016. The event featured The Blue Chip Chorus from 11 a.m. to 2 p.m. Santa was on-site, waving to all his fans driving along The Boulevard. This very popular Open House kicked off the Holiday Season with music, prizes and refreshments. They invite everyone to visit their Victorian Tea House Café, an 1880 Victorian setting with freshly brewed tea, scones, clotted cream, finger sandwiches and more for a truly enjoyable experience. Victorian tea parties seat from 4 to 15. Custom menu available. Call for reservations at 201-488-6651. ###



Celebrating their 10th Anniversary, The Religious Shoppe held an Open House on Sunday, November 20, 2016. Hosts, Barbara and Gary Doran, welcomed guests to enjoy music, refreshments and special offers. ###



Envision Video Services held their Open House on December 4, 2016. They served holiday cookies and hot cocoa, offered live demos, a tour of their facilities and a drawing to win an iPad mini. They are located at 225 Boulevard, HH. Visit www.EnvisionVideoServices.com ###

HHMA Tree Sale

The Hasbrouck Heights Men's Association held their annual Christmas Tree Sale this Holiday Season at St. John the Divine, at the corner of Franklin and Terrace.

On Friday, November 25, 2016, the Association was out in full force to unload the trees and set-up the lot. They carried an array of trees of various sizes and prices. This sale has been a Hasbrouck Heights holiday tradition for over twenty years.

On Saturday, December 3, 2016, from 2 to 4 p.m., Santa was available for photographs.

The money raised goes to the HHMA Scholarship Fund that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. They thank area residents for their on-going support of their sale and wish everyone a Happy Holiday Season. ###



The Hasbrouck Heights Chamber of Commerce 4th Annual Holiday Fest shopping event ran from November 25 to December 11, 2016. With each purchase, shoppers received an entry ticket for a prize drawing held at The HH Library on Monday, December 12. Thirty-one prizes, valued at \$5,200, included iPad mini, big screen TV, jewelry, Broadway tickets, etc. The Costa Family was the major sponsor. For more information, go to: HeightsHolidayFest.com Photo by Marie Gallo. ###



Believe!

Santa at the Wood-Ridge Tree Lighting on November 25, 2016.



Illuminating The Season



After a busy day of holiday festivities, immediately following the 66th Annual Chamber Parade, the **Borough of Rutherford** held their official Tree Lighting at The Rutherford Public Library on Saturday, November 26, 2016. The Rutherford Community Band and Union School Band played many seasonal songs. *See Rutherford Chamber Parade on page 20. ###*



Carlstadt held their Official Tree and Display Lighting on the front lawn of Borough Hall on December 1, 2016. The Becton Regional High School Choir sang seasonal songs. Santa arrived on a Carlstadt Fire Truck, then met with the children. *Photos by Dennis Kronyak Sr. ###*

On December 3, 2016, at 7 p.m., the Annual Christmas Tree Lighting Ceremony was held at **Moonachie Senior Center**. Everyone went to the official tree for the countdown and lighting then returned for hot chocolate and cookies (*provided by the South Bergen Rotary Club*). Children sang festive songs and did a hula-hoop demonstration. The children met with Santa while parents took photos. ###



The **Wood-Ridge Annual Tree Lighting** was held on November 25, 2016, at Veterans Park, starting at 7 p.m. Under the direction of Melissa Manolakakis, members of the Jr./Sr. High School sang. Mayor Paul Sarlo and the Council led everyone in the tree lighting countdown. The “**Special Guest**” was a huge hit with the children as he listened to their secret wishes. *See page 15 for photos with Santa. ###*



Lodi began their 36th Annual Tree Lighting, 7 p.m., on December 3, 2016. There was the traditional short parade with the Lodi High School Marching Band. The Fire Department brought Santa to the Municipal Complex. Santa led residents in the countdown and the official Lodi Holiday Tree was lit. The Lodi High School Choir sang several songs. Assisted by many beautiful “elves,” Santa met with all the children for pictures in The Library. Gifts were presented to the children. ###



Following the **Hasbrouck Heights Chamber of Commerce Holiday Parade** Friday night, November 25, 2016, residents gathered at The Circle for the official Tree Lighting. Lisa Mason was the MC. Mayor Jack DeLorenzo led everyone in a collective “countdown” and The Circle trees were lit for the holiday season. Everyone joined in as the Hasbrouck Heights Middle and High School Glee Club sang festive songs. Santa went into TD Bank to speak with the children and take photos. The HH Fire Department provided area lighting and sound system. The event was sponsored by the HH Mayor’s Celebrations Committee. ###



On December 2, 2016, at 6 p.m., the Annual Christmas Tree Lighting Ceremony was held at **Little Ferry Borough Hall**. The Little Ferry Fire Department gave Santa a ride. Santa went inside Borough Hall and spoke with each child and gave them a gift. Parents took photos. At 7 p.m., everyone went to the official tree for the countdown and lighting, with Santa using his magical candy cane to light the tree. The Memorial School Choir sang holiday songs outside Borough Hall. ###

Editor's Retrospective: *Mem*



Salute to Vets, December 2016



Cultural Tapestry, June 2016



LFFD Hosts Old Style Circus, August 2016



Flowers and Flags for Our Fallen Heros, July 2016



Glory of Christmas, February 2016



*W-R Band Festival
March 2016*



POW/MIA Recognition Service, October 2016



RLC Rocks, April 2016



*Moonachie FD Installation,
March 2016*



U. S. Marines Gave the Blue Devils a Workout, September 2016



The Moving Wall, July 2016



Stars for Heros, May 2016



The Right Stuff, October 2016



Their Memory is Still in Our Hearts, October 2016



*Final USS Ling Service,
July 2016*



Rutherford Hosts 41st Annual Labor Day Antique and Craft Fair, October 2016



Pro Wrestling Slams W-R, August 2016

memorable 2016 Gazette Photos



August 2016



Happy Trails at Hasbrouck Heights Library Camp-in, September 2016



With a Hippity Hop, The Easter Bunny Visited, April 2016



Beauties of Nature, September 2016



The Place Was A Zoo, June 2016



World Farm Animal Day, November 2016



Police Chief for a Day, July 2016



Read Across America, April 2016



W-R Kids Enjoy Fire Engine Rides, November 2016



Baptized, August 2016



Moonachie Family Fun Day, September 2016



MFD Holds Venting Drill, September 2016



Harvest Festival, December 2016



Extrication Competition, June 2016



Personal Best, May 2016



Runners Blaze Down The Runway, August 2016



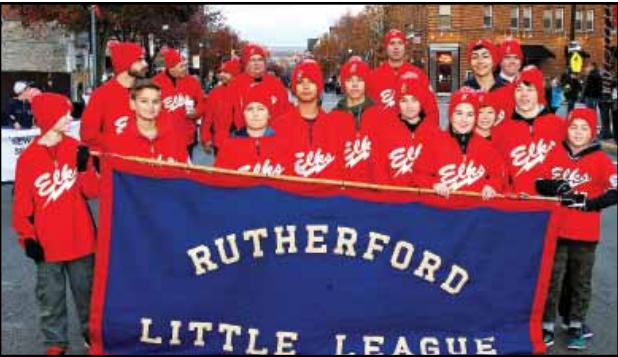
Matt Fenton Memorial 5K, July 2016



Carlstadt Jr. Police Academy Develops Youngsters, October 2016

Rutherford Chamber of Commerce 66th Holiday Parade

The highlight of the 2016 Rutherford Holiday Festival held on Saturday, November 26, 2016, was the Chamber of Commerce Holiday Parade. The Parade started at 4 p.m. at Union Avenue and Beech Street to The Circle at the Train Station and up Park Avenue to The Library for the official Tree Lighting featuring the Rutherford Community and Union School Bands. The Rutherford Library was the Grand Marshall. The Holiday Festival also included activities at St. Mary Craft Fair, Holiday Village set-up in Lincoln Park, Story Time with Mrs. Claus, crafts, rides, entertainment, free pictures with Santa, free horse and carriage rides, Crafts with the Girl Scouts, trackless train and entertainment, etc. ###



HH Chamber Holiday Parade Kicks-off a Merry Season

The Hasbrouck Heights Chamber of Commerce kicked-off the Season with their Annual Nighttime Holiday Parade. It stepped off at Williams Avenue at 7 p.m., on November 25, 2016, proceeded south along The Boulevard and concluded at The Circle for the official Community Tree Lighting. Some of the old-timers believe the traditional Parade started in the 1950s, but no one is sure. This year, a new feature included several community organizations creating floats. ###





Santa Arrives at Teterboro Airport

Santa and his elf arrived at Teterboro Airport by helicopter at 11 a.m. on Saturday, December 3, 2016. He was then transported to the Aviation Hall of Fame and Museum by the Port Authority Police “Snuzzle” ARFF Rescue and Fire Fighting Truck. They were greeted by many well wishers at the Museum.

Santa and his elf entered the Museum and went upstairs. Parents took photos of their

children with Santa in front of the airplane, “Little Cut Up.” Upon hearing the children’s requests, Santa had candy and gifts for them.

After meeting Santa, families had an opportunity to tour the Museum. The visit of Santa Claus has been presented annually for over 20 years by the New Jersey Aviation Hall of Fame & Museum. *Special thanks to Jim Miller of NJ Chopper. ###*



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Festival of Trees and Wreaths

55 Kip Center, a senior activity center in Rutherford, held its 22nd Annual Festival of Trees and Wreaths.

Each year, individuals, organizations, Church groups, school classes and clubs decorate trees and wreaths with a theme of their choice.

Entries were judged and ribbons were awarded for Most Beautiful, Most Creative and Best Use of Theme.

Trees, Wreaths, and Centerpieces were displayed at the Center until Saturday, December 10, 2016, at which time they were raffled off in Tricky-Tray style, to support programs, services and activities at the Center. ###

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Seniors Enjoy Trip to Virginia Beach

The seniors in most of the communities in Bergen County love to go on trips. You will find they are interested in a trip whether it be a day trip, an overnight trip, or an extended overnight trip. The only problem they have is that there are not enough seniors in one town interested in the scheduled trip to fill a bus. Most trips need 40 seniors in order to keep the price of the trip reasonable.

To run their trips, communities open the trips to seniors in other towns. For that reason seniors from many towns joined the Maywood Senior Citizens on their trip to Virginia Beach from November 30 to December 4, 2016. The forty-five seniors were mostly from Maywood, Hasbrouck Heights, and Wood-Ridge. Many of these seniors have also gone on trips planned with senior groups from Lodi, Carlstadt, Moonachie, Garfield, and Little Ferry, etc.

Virginia Beach is located in the southeastern corner of Virginia, where the state meets the sea. It is the largest city in the state and the 39th largest city in the USA. Upon arriving and checking in at the Best Western the seniors went

to their rooms. Each room had an oceanfront view with a balcony to sit on. There they could observe the activities that were taking place on the beach as well as enjoy the cold breeze of the Atlantic Ocean. The weather for their entire stay was in the 60s, requiring no heavy outer wear.

After dinner, the evening was free to do as they wished. Some remained in the lobby of the motel and chatted around the Christmas tree. A quartet of singers that just had entertained at a party passed by and was encouraged to sing to the seniors and they did. They were dressed in 19th century attire and did a great job of singing Christmas carols.

Some of the places of interest of the four day trip were a guided tour of Colonial Williamsburg, and a visit to the Portsmouth Art & Cultural Center where the seniors viewed classic holiday scenes from the Coleman Collection as well as the center's Winter Wonderland with animated dolls, decorated Christmas trees and lots more.

The trip also included their motor coach's drive on the boardwalk for 30 blocks to

view the McDonald's Holiday Lights. The display included festive fish, jumping dolphins, frolicking porpoises, Santa, elves, Christmas trees and even the "12 Days of Christmas" display all in bright, colored lights against the clear nighttime sky.

On another day, the group's motor coach drove through Newport News Park to view three miles of more than 800,000 individual lights which created animated holiday and fanciful scenes. There were more than 300 individual display pieces along with 43 arches and rope lighting.

The group also explored the over 250 living species at the Virginia Living Museum; attended the Planetarium show "Star of Wonder: the Mystery of the Christmas Star"; and were guided through the Virginia Air and Space Center and enjoyed the Imax film "The Search for Life in Space 3D".

As the group traveled home after enjoying their stay at Virginia Beach, they were treated to two movies, "Foul Play" and "Shall We Dance." *Photo and story by Marie and Peter Gallo Jr. ###*



Girl Scouts Host Hasbrouck Heights Seniors

On December 8, 2016, the members of Hasbrouck Heights Girl Scout Troops #4308 and 4417 enjoyed an afternoon with the local seniors at the Senior Center. The girls invited the seniors to their Third Annual Senior Holiday Party where they served cookies, cake, water, hot cocoa and coffee. They also entertained the seniors

by singing familiar Christmas songs.

The afternoon also included free Bingo games where great prizes were awarded. The girls made sure that every senior there received at least two gifts, even if they did not win at Bingo.

The seniors not only enjoyed interacting with the

young girls but also appreciated the fuss they made over them. This was a great way for the Girl Scouts to learn the importance of giving back to their community. Wouldn't it be great if next year all the Scouts' grandparents attend this event? *Photo and story by Marie and Peter Gallo Jr. by Peter Gallo Jr. ###*

Lodi AARP #2015 Program Schedule

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Boys & Girls Club. Each meeting will have either a speaker or entertainment as well as light refreshments. New members are welcome. Dues are \$10 for year 2017. For membership information contact Stan at 973-779-8544.

Upcoming events:

- January 17, 2017: Regular

meeting. Paul Wanco, speaker, Lodi Fire Prevention Bureau. Refreshments.

- January 20, 2017: Winter Wonderland Luncheon Dance at the Venetian in Garfield, NJ. Tickets cost \$45 for members and \$50 for non-members.
- February 21, 2017: Regular meeting with entertainment. Pizza Lunch.
- March 15, 2017: Bus trip to Li Greci's Staaten Luncheon & St. Patrick's Day Show. Tickets are \$45 for members & \$53 for non-members. ###

January 2017 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, January 2
Building closed: New Year's Observation

Monday, January 16
Building closed: Martin Luther King Day

Monday, January 9, 23, 30
10 a.m. to 3 p.m. Games, cards & coffee
10 a.m. to 3 p.m. Senior Lounge open to all

Tuesday, January 3, 10, 17, 24, 31
10 a.m. Line Dancing \$1.00
2 p.m. Adv. Chair Yoga \$1.00
6 p.m. Card Game Night

Wednesday, January 18, 25
10 a.m. Games, cards & coffee
2 p.m. Senior Stretch & Flex \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all

Thursday, January 5, 12, 19, 26
10 a.m. Games, cards & coffee
11 a.m. Mahjong
2 p.m. Senior Yoga \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all

Friday, January 6, 20
10 a.m. Fun Bingo
12 p.m. Zumba Gold \$1.00
1 p.m. to 3 p.m. Games, cards & coffee

Friday, January 13
10 a.m. to 1 p.m. Games, cards & coffee
12 p.m. Zumba Gold \$1.00

Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday, January 4
10:30 a.m. Executive Board Meeting

Wednesday, January 11
12:30 p.m. Leisure Club Meeting

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Senior Snow Shoveling Safety

Harvard University suggests that seniors (*over the age of 50*) should take special precautions to avoid snow shoveling hazards.

Snow shoveling is one of the most dangerous activities senior citizens can attempt. With back injuries, shoulder dislocation and heart attacks -- on average 1,200 people a year die as a result of shoveling snow.

Shoveling snow is physical activity and comparable to lifting weights fast and with many repetitions.

As with any exercise, begin with a 5-10 minute warm-up. Try walking or marching in place as a way of using slow, gentle exercise to increase blood flow and flexibility to the muscles and joints that will be used.

It will increase the heart rate slowly and avoid the equivalent strain of going from standing still to a full out run.

Add arm movements and stretches for back, chest and shoulder muscles to help warm up the upper body and avoid

muscle tears or dislocation.

- Dress right. Wear layers. Cover your head, face and hands when outside for prolonged periods of time.

If you become overheated, take a break from shoveling.

- Use waterproof boots to protect your feet from the cold as well as keep them dry. Wear non-skid boots to guard against falls on slick snow or hidden ice.

- Depending on how wet the snow is, a shovel full of snow can weigh up to 15 pounds! A smaller shovel means lighter loads -- help prevent injury to the body by creating less strain.

- Stay hydrated. Keep a water bottle handy and take a few sips after every 15 minutes.

- Shovel every time the snow fall is about 2 inches. This makes shoveling more manageable.

- Go inside after 20-30 minutes and start again. This will be the same as a 30 minute vigorous workout.

- Lift with the legs, not the back. Be sure knees are bend-

ing and straightening to lift the shovel instead of leaning forward and straightening back up with the back.

- Push the snow. It's easier than lifting and throwing the snow.

- Keep space between your hands to increase your leverage on the shovel.

- Avoid caffeine and nicotine. Caffeine and nicotine act as stimulants by increasing the heart rate and constricting blood vessels, which puts more strain on the heart.

- Never shovel alone. Let someone know that you will be shoveling. If you get into trouble, someone can call for help.

- A snowblower can create a false sense of safety. It's easy to be seduced into working too hard and too long. Know when to quit.

- Know your limits. A fall or injury would be very dangerous to your overall health and well-being. Hire someone or call a snow-service instead of 911. ###

Fitness Quest

By Nate Tubach • Personal Trainer

Personal training, once viewed as a luxury, is now being considered more of a necessity. The more we learn about the human body, and the way in which we move, the more we are seeing people engaged in personal training as part of their fitness journey.

You're probably asking yourself why this might be the case, so, let's look at the benefits of hiring a personal trainer.

Personal training programs, when designed by a qualified fitness professional, are designed specifically around an individual's needs analysis and goals.

Just moving and eating better is going to be a great start, but your fitness experience is a marathon, not a sprint. Exercise is often viewed in the fitness industry as a form of 'Preventative Medicine.'

Proper programming revolves around proper movement patterns to efficiently reach your goals. Improving joint integrity helps us age better and corrects musculo-skeletal imbalances created by our daily movement patterns.

Proper programming will ensure a more stable core. Improving your stabilization and balance will keep you from falling as you age, and ensures your routine at the gym is more effective. Internally, strength training positively impacts your heart and lung health.

Regardless of your age, it is never too soon or too late to start taking care of yourself starting with your internal health.

Moonachie 2017 Dog Licenses

2016 Dog Licenses expire on January 31, 2017 and need to be renewed during January.

Rabies vaccination must be valid through October 2017 or later.

The fees for dog licenses are \$10 spayed/neutered \$13 not spayed/neutered. Exact cash or check is taken in person at Borough Hall, 90 Moonachie Avenue, Moonachie.

If you are renewing by mail, include up to date information for dog and your contact information. Cash is not accepted. The mailing address is 70 Moonachie Road to the attention of the Board of Health. If you no longer own a dog that was licensed, please contact the office at 201-641-1813 ext. 6. ###

When we address the way personal training can positively impact our health we cannot ignore the fact that our quality of life will significantly improve as our health improves.

Exercise has been proven to reduce stress, help cope with anxiety/depression, boost self-confidence, and improve self-image.

Exercise also fights/prevents diseases like heart disease, cancer, arthritis, obesity, diabetes, osteoporosis, and fibromyalgia. It can improve your blood pressure, joint pain, insomnia, and increase your energy levels.

Personalized programming is the key in all of this.

There is so much information online, in magazines, at your local gym, and in the media, it's hard to decipher what is best for you. Proper programming should revolve around you, not the median population.

While many of the articles you read and routines you see in your favorite fitness magazine are great, it isn't a personal routine written for you.

A proper routine should begin with proper mechanics for the most efficient goal achievement. I often find that people can work less and achieve more results. This doesn't go for everyone, but results driven training will get you where you need to be faster.

There is a cost associated with personal training and that is something the client must justify. You cannot place a number on the return on this investment in your health. We so often neglect our own needs.

It's easy to justify improving the structure of our home and maintaining a vehicle. The fact is, you can always find a new place to live and finance a new car. You get one shot with the body you have. Do yourself a favor and invest in it.

The human body is the greatest machine ever created and we have control over the things we can do to prevent injury and illness.

While those things can still occur, your ability to recover and fight disease is much greater when your body is in a healthy state. A properly designed program created by a qualified fitness professional will be one of the greatest things you will ever have.

Nate Tubach, Director of Personal Training - Quest Fitness. nate@questfitness17.com
NASM-CPT, NASM-CES, Pre/Post Natal, PNF/SMR Specialist/Kettlebell/TRX

Dangers of Carbon Monoxide (CO)

What is carbon monoxide? Carbon monoxide (CO) is a poisonous, colorless, odorless, and tasteless gas. Although it has no detectable odor, CO is often mixed with other gases that do have an odor. So, you can inhale carbon monoxide right along with gases that you can smell and not even know that CO is present.

Each year, more than 400 Americans die from unintentional CO poisoning not linked to fires, more than 20,000 visit the emergency room, and more than 4,000 are hospitalized.

How can I prevent CO poisoning in my home?

- Install a battery-operated or battery back-up CO detector in your home and check or replace the battery when you change the time on your clocks each spring and fall. Place your detector where it will wake you up if it alarms, such as outside your bedroom. Consider buying a detector with a digital readout. This detector can tell you the highest level of CO concentration in your home in addition to alarming. Replace your CO detector every five years.

- Have your heating system, water heater, and any other gas, oil, or coal burning appliances serviced by a qualified technician every year.

- When you buy gas equipment, buy only equipment carrying the seal of a national testing agency, such as Underwriters' Laboratories.

- Make sure your gas appliances are vented properly. Horizontal vent pipes for appliances, such as a water heater, should go up slightly as they go toward outdoors. This prevents CO from leaking if the joints or pipes aren't fitted tightly.

- Have your chimney checked or cleaned every year. Chimneys can be blocked by debris. This can cause CO to build up inside your home, cabin, or camper.

- Never patch a vent pipe with tape, gum, or something else. This kind of patch can make CO build up in your home, cabin, or camper.

- Never use a gas range or oven for heating. Using a gas range or oven for heating can cause a build up of CO inside your home, cabin, or camper.

- Never burn charcoal indoors. Burning charcoal - red, gray, black, or white - gives off CO.

- Never use a portable gas camp stove indoors. Using a gas camp stove indoors can cause CO to build up inside your home, cabin, or camper.

- Never use a generator inside your home, basement, or garage or less than 20 feet from any window, door, or vent.

when breathed because it displaces oxygen in the blood and deprives the heart, brain, and other vital organs of oxygen. Large amounts of CO can overcome you in minutes without warning—causing you to lose consciousness and suffocate.

Besides tightness across the chest, initial symptoms of CO poisoning may include headache, fatigue, dizziness, drowsiness, or nausea. Sudden chest pain may occur in people with angina.

During prolonged or high exposures, symptoms may worsen and include vomiting, confusion, and collapse in addition to loss of consciousness and muscle weakness.

Symptoms vary widely from person to person. CO poisoning may occur sooner in those most susceptible: young children, elderly people, people with lung or heart disease, people at high altitudes, or those who already have elevated CO blood levels, such as smokers.

When you suspect CO poisoning, promptly taking the following actions can save lives:

- Move the victim immediately to fresh air.

- Call 911 or another local emergency number for medical attention or assistance.

- Administer 100-percent oxygen using a tight-fitting mask if the victim is breathing.

- Administer cardiopulmonary resuscitation if the victim has stopped breathing. ###

How does CO harm you? Carbon monoxide is harmful

CO Detectors
Save Lives



Filling You In

By Jeffrey E. Mason, D.M.D.

Smoking and Oral Health

Using tobacco can harm your mouth, including your teeth and gums, in a number of ways. There is no safe form of tobacco—using it produces many problems and risk factors, from tooth discoloration and gum disease to throat, lung, and oral cancer, and, ultimately, even death.

It's important to understand what happens to your mouth when you use any form of tobacco, and to discuss those effects—and how to quit—with your dentist and physician.

What happens to my mouth when I smoke?

Smoking reduces blood flow and the supply of vital nutrients to your gums, including vitamin C. Without the proper nutrients, you can develop gum disease, bone loss, and even tooth loss.

This is because smoking triggers the accumulation of bacteria in plaque. Smoking also reduces the amount of saliva that flows through your mouth. Saliva is important for cleaning your mouth and preventing tooth decay. In addition, when you smoke, the temperature in your mouth increases and the heat kills important cells in your mouth.

You also can see the effects of tobacco use. Nicotine and tar, the major ingredients of cigarettes, discolor your teeth—yellow and brown stains will appear and the sticky tar deposits will adhere to crevices. The roof of your mouth will become inflamed and turn red. You also will lose a lot of your sense of taste, and the smell of your breath may become offensive.

Is smokeless tobacco safe?

No! Just because you don't smoke the tobacco, it doesn't mean that there aren't harmful effects. Smokeless tobacco—which includes snuff, dip, or chewing tobacco—eats away at your gums, exponentially increasing the chances for gum disease.

You also are four to six times more likely to develop oral cancer from chewing tobacco. In fact, the area of your mouth where you place the tobacco is 50 times more likely to be the site of an oral cancer.

What about cigars?

Cigars contain the same toxic and carcinogenic compounds that cigarettes do, and even though you might not inhale cigar smoke, cigars are not a safe alternative. Regular cigar smoking increases the risk for oral cancers, lung cancer, and larynx and esophageal cancers.

What are the signs of oral cancer?

Oral cancer can develop at any time. It's important to know what to look for and to tell your dentist and physician right away if you have any concerns. If you experience any sign of irritation, like tenderness, burning, or a sore that will not heal, tell your dentist or physician. Also, tell your dentist or physician if you have pain, tenderness, or numbness anywhere in your mouth or lips. The development of a lump or a wrinkled or bumpy patch inside your mouth also can be a sign of oral cancer. In addition, if the tissues in your mouth change color to gray, red, or white, make an appointment to see your dentist or physician.

What can I do to stop the effects?

The most obvious way to stop the effects of smoking and tobacco use on your mouth—and body—is by quitting. Al-

though it can be extremely difficult to quit because the toxins in tobacco products are addictive, there are ways to stop using tobacco. Talk with your dentist and physician about treatment plans.

Once you have made the steps toward quitting, it is important to improve your dental hygiene with regular brushing and flossing. It is advised for smokers to get a professional cleaning (*scaling and polishing*) for the removal of stains. But without quitting, the cleaning and stain removal will have only a temporary effect.

Ref: Academy of General Dentistry 2016 ###

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Chair Yoga

A six-week yoga class for people experiencing joint pain and stiffness associated with conditions such as arthritis and fibromyalgia will be held at The Lodi Memorial Library. on Monday, 1:30 – 2:30 p. m, January 23 and 30, February 6, 13 and 27, and March 6, 2017. Students will use chairs rather than yoga mats. This class is sponsored by The Friends. ###

Thyroid Cancer Support Group

Thyroid Cancer Survivors' Association, Inc. will meet on Thursday, January 5, 2017 from 6 to 8 p.m. at The Wood-Ridge Memorial Library. All are welcome. No registration required. ###

Drive Responsibly

Health Tip Sleep

Everybody needs a good night's sleep. Every person's body varies in how much sleep is necessary. That amount can also change depending upon the amount of activity each day. By ensuring that your body gets the amount of sleep that it needs each night, you are helping your body stay healthy and happy.

The average sleep needed for an active adult is 6 - 8 hours of uninterrupted sleep each night. Sleep in a dark, quiet room and allow yourself enough time to get the sleep you need. Your body will tell you how much is necessary.

Getting enough sleep will help your mood, your metabolism, your immunity and almost every other aspect of your health. ###

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Three Kings Day

For centuries, Church calendars in the East and the West have agreed that there are twelve days of Christmas and they begin on Christmas Day and end on January 6.

The twelve days of Christmas end with the Feast of Epiphany also called "The Adoration of the Magi" or "The Manifestation of God." Celebrated on January 6, it is known as the day of the Three Kings (or wise men/magi). According to an old legend based on a Bible story, these three kings saw, on the night when Christ was born, a bright star, followed it to Bethlehem and found there the Christ Child and presented him with gold, frankincense and myrrh.

Three Kings Day is always observed 12 days after Christmas on January 6.

It is a date celebrated throughout Latin America, Spain, and in Hispanic communities of the United States. This is the Epiphany of the Church calendar, the 12th day after Christmas, when the Magi arrived bearing gifts for baby Jesus. Traditionally, children receive gifts on this day, brought by the three kings, Melchor, Gaspar and Baltazar.

In Latin America, January 6th, and not necessarily Christmas, is the day that children receive their gifts.

In the days preceding

Three Kings Day, children write letters to the Magi requesting a toy or gift that they would like.

On the night of January 5th, the figures of the Wise Men are placed in the nativity scene. In Mexico, children would traditionally leave out their shoes with a bit of hay in them to feed the animals of the Magi (*they are often shown with a camel.*) When the children wake up in the morning, their gifts will have appeared in the place of the hay. Nowadays, like Santa Claus, the Kings tend to place their gifts under the Christmas tree instead of in a shoe.

The most iconic tradition associated with Three Kings Day is the customary eating of a Rosca de Reyes (*King's Ring*), a sweet bread shaped like a wreath, with candied fruit on top, and a figurine of a baby Jesus baked inside. The person who finds the figurine is expected to host a party on Día de la Candelaria (*Candlemas*), celebrated on February 2nd.

Here in the United States, the tradition of the Three Kings Day has carried on. Hispanic bakeries throughout the country typically sell hundreds of Roscas de Reyes during the day, and children patiently wait for their second gift of the holiday season.

The New Revised Standard Version of Matthew 2:1-12 describes the visit of the Magi in this manner: In the time of King Herod, after Jesus was born in Bethlehem of Judea, wise men from the East came to Jerusalem, asking, "Where is the child who has been born king of the Jews? For we observed his star at its rising, and

have come to pay him homage."

When King Herod heard this, he was frightened and all Jerusalem with him; and calling together all the chief priests and scribes of the people, he inquired of them where the Messiah was to be born.

They told him, "In Bethlehem of Judea; for so it has been written by the prophet: 'And you, Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for from you shall come a ruler who is to shepherd my people Israel.'"

Then Herod secretly called for the wise men and learned from them the exact time when the star had appeared. Then he sent them to Bethlehem, saying, "Go and search diligently for the child; and when you have found him, bring me word so that I may also go and pay him homage." When they had heard the king, they set out; and there, ahead of them, went the star that they had seen at its rising, until it stopped over the place where the child was.

When they saw that the star had stopped, they were overwhelmed with joy. On entering the house, they saw the child with Mary, his mother; and they knelt down and paid him homage. Then, opening their treasure chests, they offered him gifts of gold, frankincense, and myrrh. And having been warned in a dream not to return to Herod, they left for their own country by another path.

The wise men are mentioned twice shortly thereafter in verse 16, in reference to their avoidance of Herod after seeing Jesus, and what Herod had learned from their earlier meeting. The star which they followed has traditionally become known as the Star of Bethlehem. ###

Felician Memorial Service

The Felician Sisters of the New Jersey area held their annual Memorial Service and Procession to the Cemetery on Sunday, November 6, 2016. In attendance were many Felician Sisters and Associates as well as relatives of the Felician Sisters and friends of the community.

Prayers were said for all the faithful departed. In a special way the lives of the Sisters and Felician Associates who died since the last Memorial Service were commemorated.

Since the last Memorial Service, the following Sisters have died in the New Jersey Region: Sister Mary Elizabeth Jarominski, Sister Mary Lee Wlazlowski, Sister Mary Agnese Golecki and Sister Mary Imelda Pilarski.

Adding to the All Souls remembrance were Linda Tele-sco, liturgical dancer, and Ray-



mond Adametz, bagpiper and brother of Sister Mary Alicia Adametz.

At the conclusion of the All Souls Remembrance, guests were invited to the dining room of the Convent of the Future for light refreshments prepared by Marcin Puzio and staff. *Provided by SM Virginia Tomasiak.* ###

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Better Wood Burning

The Department of Environmental Protection is reminding New Jersey residents to take steps to reduce their impact on air quality when burning wood as the weather turns colder, whether in fireplaces, wood stoves, or outdoor fire pits.

“While burning wood is very comforting and cozy, it’s important to remember that wood smoke contains fine particles that contribute to air pollution,” said Jane Herndon, Assistant Commissioner for Environmental Management. “You can take a few simple steps, including having a properly maintained wood stove or fireplace, to minimize your impact on the environment and your neighbors, while protecting your home and safety.”

The DEP recommends following these simple guidelines:

- Allow wood to season before burning it. Seasoning entails allowing the wood to sit outdoors for at least six months. Seasoned wood is darker, has cracks in the end grain and sounds hollow when smacked against another piece of wood.
- Use a wood moisture meter to test the moisture content of wood. Wood burns most

efficiently when its moisture content is below 20 percent.

- Stack wood neatly off the ground with the top covered to protect it against rain and snow.
- Keep fires burning hot.
- Regularly remove ashes to ensure proper airflow.
- Never burn garbage, cardboard, plastics, wrapping materials, painted materials or other materials in your stove or fireplace.
- Keep anything flammable - including drapes, furniture, newspapers and books - far away from any wood-burning appliance. Keep an accessible and recently inspected fire extinguisher nearby.

The DEP also urges residents to check local air quality at <http://www.njaqinow.net> prior to burning wood.

In deciding how to heat

your home this winter and reduce your exposure to fine particles from wood smoke, DEP recommends upgrading to a U. S. Environmental Protection Agency-certified wood stove or fireplace insert. The newer equipment will reduce air pollution and is much more energy efficient.

For more information on wood burning in New Jersey, visit: <http://www.nj.gov/dep/baqp/woodburning.html>

For more on the EPA’s Burnwise program, visit: <http://www.epa.gov/burnwise/> ###

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Real Estate Insight

By Mary Ellen Courtney



A New Year! A New Era?

In the week following Donald Trump's surprising election win, mortgage rates soared nearly half a percentage point. Average weekly 30 year fixed home loan rates are back above 4% for the first time since mid-2015. Some are calling it the 'Trump Effect'; mortgage rates seem to be on an upward tear, which clearly isn't good news for those looking to secure a mortgage.

Not that it's in any way Mr. Trump's fault - we've all been talking about an inevitable rate hike for a long time now. The fact is, it's great news for anyone with an investment account because stocks have surged during the same period.

And it may also be a boon for savers if depositories eventually raise the interest rates they pay out. As my 96 year old mother-in-law expresses it: "Please God! Anything over 1% would be nice..."

The lousy part, though, is that the recent jump could affect our client new homeowners for the next 30 years if they have to go with a higher rate today and things don't improve anytime thereafter.

Why are the rates higher now? I'm not an economist but, in my opinion, it seems mortgage rates tend to go up when the economy begins to show real signs of improvement. Also, there seems to be a basic premise that a strengthening economy means more inflation, which calls for higher interest rates to keep everything in

check.

Of course, stock futures plummeted when news broke of Mr. Trump's win; there was so much uncertainty about what his presidency would mean for the country. And, predictably, there was a big stock selloff the next morning. But a short time later, strangely, the stock market reversed itself and suddenly shot up. The basic gist of it all seems to be that people are starting to think that a Trump presidency might mean a more robust economy with looser regulations and a more business-friendly policy.

Maybe. I hope so. But long story short, mortgage rates are higher than they were last month and significantly so. The average fixed mortgage rate is closer to 4% today compared to something like 3.625% pre-election.

On a \$250,000 loan amount, we're talking about a mortgage payment of \$1,194 versus \$1,140. That's another \$54 a month and roughly \$650 annually.

It's not the end of the world, of course, but it is a sizable jump and enough to change a lot of things for a lot of people.

For one, it could make a home unaffordable to someone

on the cusp of approval simply because of 'debt-to-income' constraints.

And rates could rise even more in the coming year, pushing us out of the 3% realm altogether and into a very scary and unfamiliar 4% mortgage range. I say that facetiously because there was a time not that long ago when a 4% mortgage would have been unheard of.

In July 2000 - the last time 10-year Treasury yields were at 6% - 30 year mortgage rates were just above 8%. (*My ancient husband remembers 18%, way back in the early 80s.*)

So this is in no way the end of the story. Mortgage rates fluctuate all the time. They shoot up at a moment's notice thanks to some geopolitical issue or economic concern (or presidential election), but they don't often move in one direction and never look back, just like the stock market.

We've seen similar instances in the recent past, and often the story changed quickly. Everyone expected a huge move after Brexit, but the result was fairly muted once the dust settled.

Obviously, Mr. Trump's presidency still has for us a lot more questions than answers at this point. After all, it hasn't even begun....

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

Woman's Club Announces Preservation Grant

The Woman's Club of Rutherford is proud to announce that the organization has been awarded a grant from the Bergen County Historic Preservation Trust Fund Grant Program for Preservation Planning.

Built in 1887, the building at 201 Fairview Avenue in Rutherford was the Carriage House to Iviswold Castle (*now owned by Felician College*). It has been owned by the Woman's Club of Rutherford since 1924. The Woman's Club was formed in 1889 as the Woman's Reading Club and they subsequently founded the Public Library.

The purpose of the grant is to write a Preservation Plan that will detail the requirements for maintenance and preservation of this treasured building. The plan is being completed now by Historic Architects of Princeton. Their Principle is Annabelle Radcliffe-Trenner, the world renowned architect who spearheaded the restoration of Iviswold Castle.

In November, an officer of the Woman's Club appeared before the State Review Board of Historic Sites in Trenton to represent the building's nomination for listing on both the State and National Registers of Historic Places.

Once on these Registers, opportunities to apply for other grant funds to preserve the building will be available to the Club. These funds will go to complete the necessary preservation projects outlined in the Preservation Plan. This will free up other funds raised by the Club to continue to be dedicated to the many community service programs the Club has supported over their more than 125 years.

The Woman's Club of Rutherford is actively seeking new members. All women over age 18 are welcome. For membership information please contact Donna Kolich at 201-939-8815 or email Donna at dkolich19@aol.com. The Woman's Club of Rutherford is a member of the New Jersey State Federation of Women's Clubs and the General Federation of Women's Clubs. ###

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RECYCLE

The Jerseymen at Gettysburg

Part 6 of 7

The 12th NJ Vol. Inf. was part of the 2nd Brigade, 3rd Division, II Corps. They were under the command of Major John Hill. On July 2, 1863, the 444 men of the 12th were moved up to Cemetery Ridge. They were posted just south of the Brian Barn. Their line overlooked the Emmitsburg Road.

To their front, about 600 yards out, was the Bliss Farm. The farm had a wooden farmhouse and a stone and brick barn. As the farm was midway between the Union and Confederate lines, it would become a point of contention by both sides.

General Hays, commanding the 3rd Division, understood the importance of the farm. At about 10 a.m., he ordered the 39th NY to occupy the farm. The 39th was known as the "Garibaldi Guards," because a large number of this regiment were immigrants from Italy. The 39th would hold out for four hours, until relieved. They lost 24 men for their efforts.

The 1st Delaware was sent out to relieve the 39th. Company I, 12th NJ, was sent to reinforce the 1st. The company was under the command of Captain Henry Chew. Captain Chew posted his men, on the west side of the farm, facing west toward Seminary Ridge.

The Captain and Sergeant Henry Bowen watched as Confederate artillery fire opened on the farm. The sergeant suggested that they move to a safer location. Captain Chew replied, "We are as safe here as anywhere. You can't run away from them things." Soon, a solid shot clipped the fence post above their heads. Both men ran for the barn door.

Captain Chew, seeing that the Confederates were adding more men to their line, went to Lt. Col. Harris, the commander of the 1st Delaware, suggesting that this be reported and ask for reinforcements. He was bluntly informed that he, Harris, knew his business and would make his own decisions.

Over 700 Confederates now advanced on the farm. Lt. Col. Harris pulled his men out, without informing Company I. Chew, seeing this, ordered his men back. General Hancock, commanding II Corps, had

Harris arrested for retreating without orders. Confederates began using the fortress-like barn to fire on Union forces.

General Hays asked Colonel Smyth, commanding 2nd Brigade, "Do you have a regiment that can take back the farm?" Smyth replied, "The 12th New Jersey will do it."

At 5 p.m., four companies, about 200 men, at the double quick, advanced on the farm. Taking fire from both the farm and Confederate pickets on both of their flanks, they halted outside the barn and fired one volley, then charged the barn. In a brief hand-to-hand struggle, the barn was taken. Receiving fire from the house, that, too, was taken.

Because of events on the southern end of the battlefield, Confederate forces now converged on the farm. The 12th had no option but to withdraw with 92 prisoners, including 7 officers. However, they lost 42 men.

The next morning, they were again ordered to take the farm but could not hold it. General Hays had had enough of this see-saw battle. He ordered that the farm buildings be set on fire. Now, the buildings were of no use to either side.

Things were quiet until about 1 p.m., when about 150 Confederate guns opened upon the Union positions. The men hunkered down behind a stone wall. This lasted about one and a half hours. The 12th then stood up and uncased The Colors.

Most Union and Confederate regiments were issued rifle muskets, with a range of about 300 yards. But the 12th was issued smoothbore muskets. These muskets were only effective to about 75 yards. However, they were issued ammunition called "BUCK and BALL." This contained one .65 Cal. ball and three .30 Cal. buckshot.

Shortly after the artillery stopped, some 13,000 Confederate infantry appeared, coming from Seminary Ridge. This was what would be called "Pickett's Charge."

Some of the men broke open their ammo and made up special loads with up to 25 buck shot. Officers ordered the men not to fire until the enemy came up close. Confederates of General Pettigrew's Division,

sensing no fire coming from the position of the Jerseymen, tended to move in that direction. At 25 yards, the 12th delivered devastating fire into them. No Confederate crossed their line except as a prisoner. They collected 500 prisoners, 750 small arms and the battle flags of the 26th and 47th North Carolina Regiments. Losses were: 23 killed, 83 wounded and 9 missing. This was a loss of 25.9%. *Provided by Civil War Enthusiast Jim Halloran. ###*

Blackjack for Veterans

The Wood-Ridge VFW Memorial Post 3616 sponsors a weekly Blackjack game for Veterans who reside at the New Jersey Veterans Memorial Home at Paramus. The idea to sponsor a Blackjack game was spearheaded by Past Commander Mario DeAppolonio in 1990.

Throughout the years they sponsored the game and had numerous members of the Post and their Auxiliary volunteering every week. Sadly, many of the members have passed on, but they hope to keep Mario's memory alive by continuing the game every Tuesday morning.

Post Commander Joseph Cecere can attest that the game is well received by the residents of the home, as they are usually seated around the three tables awaiting their arrival.

Each player receives a bowl with chips in it and it does not cost the residents anything to play. They relax some of the rules in the players' favor. When a player uses all his or her chips, they replenish them with more chips. This is not a way to make a lot of money, but to have fun.

Hopefully, they can give the residents a few hours of fun and perhaps take their mind off their medical situation. These volunteers receive a great amount of satisfaction knowing they did something good for their fellow Veterans.

Everyone wins a few dollars when the game is concluded. One special member of the Auxiliary provides cookies and lollipops and plenty of TLC. A good time is had by all.

If you would like to participate, call Joe at 201-438-5490. ###



Carlstadt Post Hosts Vets Party

Schmidt-Hoeger VFW Post 3149 of Carlstadt and its Auxiliary held a Bingo and refreshment party at the Veterans Home in Paramus on December 1, 2016. Those attending were officers and members: Bob and Connie Nerbetski, George and Doris Schreib, Joseph Podolski, Joseph and Pat Lopomo, Gunter Kuprat, Frank Schmidt, and Joseph Visco. The Post and Auxiliary have been visiting hospitalized Veterans in different facilities for at least the past 50 years. *Submitted by Robert Nerbetski. ###*

Vietnam Veterans of America Meetings

Vietnam Veterans of America Chapter 800, 100 Main Street, Little Ferry, NJ, cordially invites you to attend their general meetings held on the third Monday of each month at 8 p.m. (*excluding August*).

They welcome any Veteran and non-Veteran who would like to become a member of the Vietnam Veterans of America Chapter 800.

For more information go to: <http://www.vvachapter800.org/> or email: als69vet@optonline.net ###

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Veterans Today

By Thomas Marshall

People underestimate people all the time. Ever play a game with someone you were sure to beat? Then you took a whooping like you can't believe? Ever watch sports on TV and see an underdog put a hurting on a better team? Some even root for the underdog.

It must be part of our nature to overlook another's abilities. We get comfortable and underestimate what someone can do. We grow complacent.

One of history's greatest examples of underestimating an opponent can be found in the Anglo-Zulu War. I don't know if this war is taught in school, but I doubt it. There are lessons in it to take away.

Looking to expand on their Empire, England had set its sights on South Africa. This was 1878 and England or more specifically, Sir Henry Bartle Frere had a plan to take the whole of it by force.

On paper this may have seemed simple. The people that lived there used spears and leather shields. They had no artillery. They for the most part had no guns. The guns they did have were old muskets and were obsolete. There were basically too few to mean much anyway.

Local natives with spears

certainly could not stand against a well drilled British army with breech loading rifles. Well, Sir Frere didn't think so, but he knew nothing of the Zulus.

Looking for trouble Sir Frere issued an ultimatum to the Zulu King Cetshwayo on December 11, 1878. Cetshwayo could not comply with this ultimatum so it expired just as Frere wanted.

He ordered Lord Chelmsford, the Commander-in-Chief of the British Army in South Africa to invade Zulu Land in present day South Africa.

Chelmsford had about 15,000 troops along with 2,500 local Africans to take South Africa. Chelmsford divided his troops into 3 columns for the march. He took personal command of the center column which was around 4,000 troops and on January 11, 1878 crossed the Buffalo River into Zulu Land.

This was the rainy season and the bad weather would slow the British down but Chelmsford was hoping to catch the Zulus off guard while they harvested their crops.

The Zulus had a warrior culture but they didn't keep a large standing army as we do today. When there was no war

to fight the warriors tended to their crops to feed their people. Cetshwayo was lucky. His warriors were assembling near Ulundi to celebrate the harvest, so the British didn't catch the Zulus as dispersed as they would have hoped to. The King sent his warriors, some 24,000 strong over the White Umfolozi River to find and attack the British Army.

On January 20, 1879, Chelmsford and his troops camped at Isandlwana. He never realized that a nightmare was on the way. He believed that he could handle the local natives with superior firepower, so he didn't bother fortifying his camp as army regulations would have him do. The British didn't dig in or set up a standard defense.

He sent out units of Africans to find the Zulu Army. It was not long before they reported making contact with the Zulus. Chelmsford took around 2,500 of his troops and marched out of camp to find and defeat these Zulus.

What he didn't realize was that the sighted Zulus were not the main army. True enough, Chelmsford's African units discovered Zulus, but he underestimated them. The discovered Zulus were sent to distract him and divert him away from discovering the rest of their army of 20,000 strong resting and hiding in a valley nearby.

So, Chelmsford fell into their trap. His camp at Isandlwana already was not set up for defense but now was weakened by Chelmsford taking troops out.

Left in charge of the camp at Isandlwana was Lt. Colonel Henry Pulleine. His orders from Chelmsford were basically to send in reinforcements or supplies to support his advance on the Zulu Army. He was an excellent administrator, but had little experience in Colonial wars, though he did have disciplined well trained troops with him.

Sightings of Zulus trickled into the camp. Pulleine began to wonder if a body of Zulu warriors would attack Chelmsford from the rear. He needed more information. On January 22, 1879, scouts were sent out of the camp to reconnoiter the land.

His scouts, under the command of Lt. Charles Raws, came upon a group of Zulus that quickly fled from them. So the scouts gave chase.

The small group of Zulus ran in to what today is the Ngwebeni Valley. History does not record the exact Valley but Ngwebeni fits the time frame for most historians. Lt Raws' scouts followed them and to their unbelieving eyes they saw 20,000 Zulu Warriors sitting in perfect disciplined silence.

Dabulamanzi KaMpande, the Commander of this Zulu force didn't hesitate. Once realizing his surprise had been spoiled, he ordered an advance. At once answering their leaders command, 20,000 Zulus stormed out of the valley on their way to the British camp. Raws' men fired their rifles and tried to delay the Zulu Army but it was hopeless. He sent scouts ahead to warn Pulleine and the camp.

The British never guessed that the indigenous Zulus could perform military maneuvers like diverting Chelmsford away from the camp, move with incredible speed over the African landscape to surprise the British troops. Conceal their army and hide their numbers and presence all prepared to strike with surprise. They probably never would have guessed that the Zulus had an attack plan for the camp.

As the Zulus covered the 7 miles distance to the camp, the warriors positioned themselves in their places. Once the camp was in sight, they immediately began the attack plan, known in Africa as horns of the Buffalo. That is the main body of warriors would head straight into the camp. At the same time two flanking parties of about 5,000 warriors each would circle the left and right of the camp. If completed it would circle the camp and prevent anyone from escaping.

Warned from the returning scouts that the Zulus were coming a battle line was formed. Six companies were sent out and Pulleine hoped their firepower would put a halt to the oncoming enemy.

The British used Concrive rockets in this battle. These rockets were made famous for being the ones that fired on Fort McHenry during the War of 1812, producing the rockets' red glare in our National Anthem. They didn't work at McHenry, they wouldn't work here.

They were stationed on the right side of the British battle line and when the right side fell back to a better defensive position the men could not move the rockets battery quickly enough. They were swarmed over by the Zulus and killed.

The local Africans that

were aiding the British wanted nothing to do with the Zulus. After 20 minutes of battle the two battalions of Africans began fleeing for their lives.

The cannons brought by the British did hold some Zulus back for a time. The artillery stalled the right horn of the attack from circling the camp but the left horn was more successful.

The Martini Henry rifles proved effective in delaying the main attack by the Zulus, but there were too many Zulus to handle. The British began to fall back after Pulleine saw the danger posed by the left horn moving around the other side of their camp. The men fell back and began a fighting retreat back into the camp. Not all the companies fell back and those that did not were overrun and killed.

Losing men and almost out of ammunition the British stood back to back and formed small groups looking to defend themselves against overwhelming odds.

With bravery and courage that would do honor to any British soldier in any age, the British fought hand-to-hand against the Zulu Warriors. Shooting, stabbing, punching, and using the rifle for a club. The whole world and battlefield was mayhem and chaos as British and Zulu tore into each other with animalistic carnage.

The British fought for their lives but it was no use. The Warriors cut them down with the iron spears and killed anyone with a red coat.

As the battle neared its end there was a solar eclipse. This eclipse caused the area to be put in darkness for a few minutes. From a safe distance, witnesses at the end said they could see sporadic rifle fire, then there was only darkness.

The Zulus cut down British soldiers and their African allies till there was no more left. Then they tore the tents down and destroyed the camp. When the sun shone again on the field all was laid waste. The Battle of Isandlwana was over.

The total British forces in the camp were stated to be 1,700 men in the camp. When the battle was over 1,300 were dead in the field. The Zulu dead are difficult to number, but it is thought that over 2,000 were killed. Along with the dead the British lost all the supplies, the draft animals, the rifles, cannon, all the ammunition and tents.

It was a complete disaster. It was a bad start for the Anglo-Zulu war for the British. The British learned a lesson that they would not repeat. They would never again underestimate the Zulus. It is a lesson that everyone should learn and not forget. ###

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Day of Infamy Remembered



On Sunday, December 4, 2016, Veterans of Foreign Wars Post 809, its Auxiliary and guests, remembered comrades who suffered and perished at Pearl Harbor 75 years ago. These victims must remain alive in our minds and hearts, for they were the first to face the enemy in open combat.

All the suffering and pain in World War II, all the tremendous victories achieved later in the war, the defeat of two of the 20th centuries worst tyrants, all began for America at Pearl Harbor.

After a brief showing of a "1941 news reel," this remembrance program began with a flag salute, opening prayer, Pledge of Allegiance.

VFW Commander Joe Wisneski made these comments:

"Welcome all of you to our Pearl Harbor Day Program. Today we remember the men and women who were on Oahu Island on December 7, 1941.

There, civilians and military personnel were subjected to an unprovoked attack by the military forces of the Japanese Empire.

Their goal was to destroy the U.S. Pacific fleet in order to give them free reign to attack their neighbors in their growing war on the people and nations of the Pacific. To do so, they chose a Sunday morning to catch our forces off guard. Their Naval forces launched aircraft in two strategic air strikes aimed at Pearl Harbor and the Army airfields. Using divebombers, torpedo bombers and fighter aircraft along with submarine assaults from the sea, the Imperial Japanese Navy sank or damaged 21 ships of our Pacific fleet. 97 Navy and Marine Corps aircraft were destroyed. The Army Air Corps lost 74 planes and had 128 damaged in the attack. The Navy lost 1999 men killed in action with 710 wounded. The Marines lost 109 killed in action with 69 wounded. The

Army had 233 personnel killed and 364 wounded in action. The civilian population lost 49 people killed. The Japanese Empire had done all of this damage without a declaration of war, without provocation, making this deed one of infamy and forever remembered as an attack of an evil war aggressive nation. This attack would propel America into the largest war in history, where no citizen was left untouched by the conflict.

This attack left the Pacific fleet in shambles and in ruin but never has our resolve been stronger. Through unbelievable efforts by our fellow citizens and military, the Oklahoma was raised from the bottom of Pearl Harbor, The California was raised and repaired and returned to service. The West Virginia was raised and re-joined the fleet. The Tennessee was repaired and took an active part in the war. The Nevada was raised. The Pennsylvania was repaired and joined the fleet once more. The Maryland was repaired and took to the high seas again. The Oglala was repaired and back in action. The Helena, The Honolulu, Raleigh and Shaw were all repaired and back in action to meet our Far East foes. All these ships would serve for the remainder of World War II, helping America achieve ultimate victory over an aggressive enemy. The USS Arizona would remain a total loss and today remains with the USS Utah enshrined at Pearl Harbor as a gravesite and a lasting

memorial to that fateful day. Today we reflect on World War II in which towns and cities and nations would be destroyed, with some 50 million people losing their lives, to finally end with the atomic bomb detonating in an earth shattering explosion, erasing the city of Nagasaki, but bringing peace to the world once more....it all began for us on a quiet Sunday morning 75 years ago."

A symbolic shrine was prepared. "Taps" was played.

The guest speaker was Freeholder Joan Voss. The National Anthem was played.

Thomas Marshall's concluding comments: The United States Navy would survive the attack on Pearl Harbor and World War II. I can't say the same for the Japanese Imperial fleet. Of the six aircraft carriers that took part in the attack, The Zuikaku, The Shokaku, The Akagi, The Kaga, The Hiryu, and The Soryau all now lay at the bottom of the Pacific. As cold, dark, rusting reminders to what happens when good people refuse to let evil prevail.



Honolulu Star-Bulletin 1st EXTRA

8 PAGES—HONOLULU, TERRITORY OF HAWAII, U. S. A., SUNDAY, DECEMBER 7, 1941—8 PAGES

WAR!

OAHU BOMBED BY JAPANESE PLANES

SIX KNOWN DEAD, 21 INJURED, AT EMERGENCY HOSPITAL

Attack Made On Island's Defense Areas

CIVILIANS ORDERED OFF STREETS

The army has ordered that all civilians stay indoors, except for those who are on duty. The order was issued at 10:15 a. m. today. The order was issued at 10:15 a. m. today. The order was issued at 10:15 a. m. today.

ANTIAIRCRAFT GUNS IN ACTION

First indication of the raid came shortly before 8 a. m. today, when antiaircraft guns around Pearl Harbor began sending up a shower of shells.

HUNDREDS SEE CITY BOMBED

Thousands of Honolulu residents saw the city being bombed today. The bombs fell in many parts of the city, and in defense areas. The bombs fell in many parts of the city, and in defense areas. The bombs fell in many parts of the city, and in defense areas.

SCHOOLS CLOSED

All schools in Honolulu were closed today. The schools were closed today. The schools were closed today. The schools were closed today.

Editorial

HAWAII MEETS THE CRISIS

Honolulu and Hawaii will meet the crisis of war today. Honolulu and Hawaii will meet the crisis of war today. Honolulu and Hawaii will meet the crisis of war today.

Names of Dead and Injured

Additional Honolulu Deaths Today

BULLETIN

Additional Honolulu deaths today will be reported in the next edition of this paper.

Super Bowl LI is set to take place at NRG Stadium in Houston Texas on Sunday, February 5, 2017. It will be broadcast on FOX. Lady Gaga is scheduled to perform at halftime.

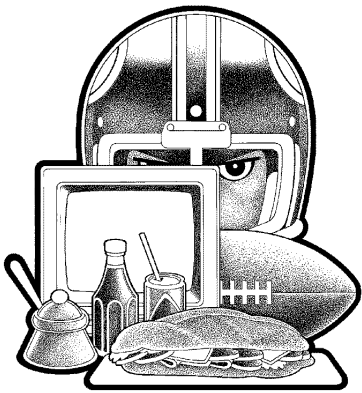
Football Party Tips

No matter which teams are playing, you should get the gang together, stock your fridge with all the food and drink that matter, and set up the television just right in order to appreciate America's most watched sports event.

- Without proper decorations, your Bowl bash will be incomplete.

Put up banners of the competing teams on your wall or hang streamers bearing the team colors. Get Super Bowl paper plates, tablecloths and other decorative things.

- Next to the excitement



the house so that wanderers and those serving food don't miss a single down. You can even put one in the john if your guests are real football fanatics.

- It's always fun to mix in a little video game action on Super Bowl Sunday. If the halftime show is dull, set up your Playstation 2 or Xbox, and play football. Select the teams that are actually playing in the the Super Bowl and square off for some extra fun.

- Some people like to add to the entertainment by organizing betting pools. Ideally, these games are done in a way that even the guests who don't know a thing about football can join in.

For instance, you can bet on who will score the next touchdown, what the score at the end of each quarter will be or even who'll win the coin toss.

Make charts or grids so that the wagers are clear and keep the pot low so that no one blows their wallet.

- Invest in a few foam "bad-call bricks" to throw at the TV so your guests can express their feelings about the refs without doing damage to your house.

- Keep a football around and throw some NFL magazines on the coffee table as good finishing touches.

- If it's a real manly, poker-night type night, pass cigars around. Make sure there are enough chairs for everyone to sit on. Provide a side room for those who came for the food and atmosphere, and not the actual game.

- Spray some air freshner around as soon as everyone leaves, so the smell of cigars does not linger.

- Think ahead and place garbage cans around your place so that wherever your guests are, they can find a place for their trash. At the end of the night, all you have to do is collect the garbage bags, instead of checking under the couch for crumpled napkins.

- Organizing and hosting a Super Bowl party dosen't have to be time-consuming or stressful. Do it right, and you'll be able to watch the whole game, enjoy some great food and relax with your friends. ###

of the game itself, your party will be most remembered for the food provided. Your decorations may be great, but if the snacks and main dishes aren't hits, no one will be pleased.

The main meal should be tasty, simple and filling.

- Make it easy and cater your party. Check out the menus at **Hasbrouck Heights Pizzeria**. Order in advance since Super Bowl Sunday is one of the busiest nights for delivery-based restaurants.

- Set up the food in an assembly line so that everyone can customize their own dinner.

Stick to a buffet set-up in order to ease serving and eating. That way, everyone can enjoy the food while watching the game, and most importantly, you can too.

- If you want to impress, have a Super Bowl cake.

- To make clean up easier, use plastic cups, plates and utensils. Of course, napkins should be readily available so that, in the event of a spill, help is close by.

- Keep the beer in a cooler close by so you don't have to run to the fridge. Aside from the suds, have plenty of soft drinks and water on hand for the designated drivers.

- Avoid offering hard liquor on Super Bowl Sunday. Football is a sport that begs for beer, nothing else. **Meadowland Wine and Liquor** sells the coldest beer in town.

- Keep radios and even small televisions set up around

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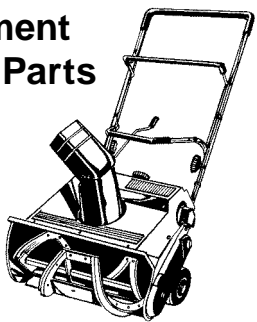
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313 Boulevard, Hasbrouck Heights

Menu online: www.heightspizzarestaurant.com

Call for delivery: 201-426-0226

#1 SUPER FOOTBALL PARTY SPECIAL

2 Large Cheese Pies
1/2 Tray of Wings
2 - 12" Italian Subs

\$71

SAVE \$14.80

Hasbrouck Heights Pizzeria
201-426-0226

With this coupon. Discount applied before tax.
Cannot be combined with any other offers. Offer expires 2-28-17

#2 SUPER FOOTBALL PARTY SPECIAL

**Purchase a
3 Foot Sub & Get
Another Foot FREE!**

Hasbrouck Heights Pizzeria
201-426-0226

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Cannot be combined with any other offers. Offer expires 2-28-17

#3 SUPER FOOTBALL PARTY SPECIAL

Cold Mixed
18" Sub Platter

\$50

SAVE \$9.70

Hasbrouck Heights Pizzeria
201-426-0226

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Cannot be combined with any other offers. Offer expires 2-28-17

#4

2 Large
Cheese Pies
& 1/2 Tray
Penne Vodka

\$55

SAVE \$10.90

Hasbrouck Heights Pizzeria
201-426-0226

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Best NY Style Pizza Authentic Italian Dishes

Extensive Menu • Dine-in or Take-out

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Catering Available • FREE Delivery

Delivery Area: Carlstadt, East Rutherford, Garfield, Hackensack, Hasbrouck Heights, Lodi, Maywood, Moonachie, Rochelle Park, Rutherford, Teterboro, Wallington and Wood-Ridge

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unattended.**

\$3 OFF
any order
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Pizzeria**
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\$19.95
2 Large
Cheese Pies

Pick up or delivery
**Hasbrouck Heights
Pizzeria**
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FOOTBALL PARTY SPECIALS

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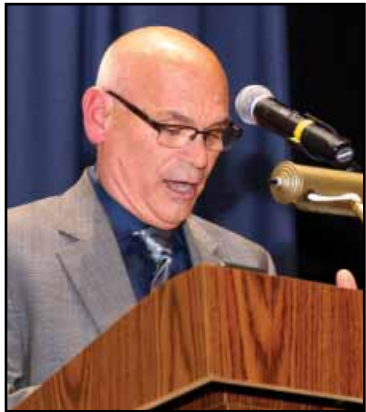
1/2 Case Wine
Mix & Match
6 Bottle/750ml
Excludes Sale Items
Offer expires 1/31/17

Everyday LOW Price

**Yuengling
Premium
Suitcase**

With Coupon. Offer expires 1/31/17

\$14⁹⁵



The Lodi Junior Police Academy Class of 2016 held graduation on November 28, 2016 at the Thomas Jefferson Middle School. The class ran from October 3 to November 21, 2016.

The program began with a video summarizing their training. Led by piper, Sgt. Garland, from the Teaneck Police Department, the Lodi Police Department presented the colors as the cadets marched to the stage.

Speakers included Lodi Police Chief Vincent A. Quatrone, Lodi Mayor Emil Carafa Jr., and School Board President Frank Quatrone. Certificates were presented. Essays were read.

About 40 7th Graders participated in the seven week program, laced with a heavy dose of "PT." After orientation, recruits received their academy shirts, dog tags and assigned into a Platoon.

Week 1 was about fire safety and meeting the Lodi Fire Department.

Week 2 was instruction on the dangers of drug abuse and a visit from the Bergen County Sheriffs Office K9 Unit.

Week 3 was about cy-

berbullying and social media awareness. There was a visit from the Bergen County Sheriffs Bomb Squad.

The fourth week was first aid and a demonstration by the Lodi Volunteer Ambulance and Rescue Squad.

Week 5 was alcohol awareness where students tried on "Fatal Vision" goggles which simulate being impaired by alcohol. There were motor vehicle stop demonstrations by the LPD.

Week 6 was a trip to the Bergen County Police and Fire Academy.

Week 7 was lessons on peer pressure and a special visit from "Sensei" Castro of Tiger Schulmann's Martial Arts.

The Lodi Police Department congratulated the Junior Police Academy Class of 2016.

The instructors hope that some valuable lessons were learned. "You are the future and we expect great things from you. Make wise decisions that will keep you safe. You will always have your instructors to lean on for guidance if you ever need it." Lodi Police Department officers volunteered their time. ###



On December 1, 2016, there was a motor vehicle accident at the end of Highland Avenue. Photos by Dennis Kronyak Sr. ###



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On Tuesday, Novovember 29, 2016, at 16:26 hours, the Wood-Ridge Fire Department was dispatched to the area of Berger Street for the reported truck fire.

Chief Ron Phillips arrived on scene and confirmed a tractor was fully involved in fire. W-R firefighters quickly extinguished the fire without incident. The cause of the fire was determined to be electrical in nature by FO Cauceglia and there were no injuries reported. All W-R units were back in service at 18:15 hours. *Photos by Dennis Kronyak Sr. ###*



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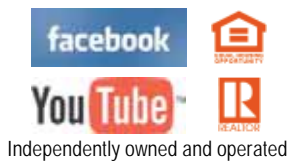
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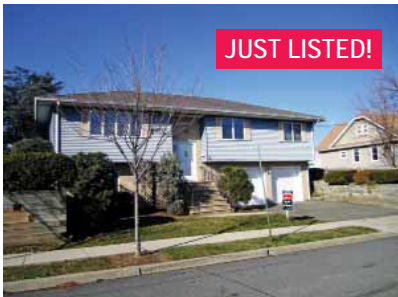


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WOOD-RIDGE
\$399,999

Just listed 4 BR, 3 full baths expanded Cape! Don't be deceived, this home is bigger than it appears! 8 rooms total on 3 full floors of living space w/2nd kitchen, views of NYC, a quiet, desirable street and much, much more!



WOOD-RIDGE
\$569,000

New to the market! Bi-Level Beauty! Features, LR, FDR, MEIK, 4 BRs, 3 full baths, rec room, laundry and 2 car garage. Wide lot. Triple A Rated Location! Newer utilities, roof and appliances. Move right in!!



HASBROUCK HEIGHTS
\$559,000

First time advertised! A Two Family of distinction! On one of the Boro's loveliest tree-lined streets with 5 rooms downstairs and 4 rooms up. 1st floor addition w/Great Room, fpl. & skylights. Deep 150' property. Rare offering!



WOOD-RIDGE
\$369,000

Advertised for the first time: Colonial Glory! Features on the 1st floor: LR, FDR, MEIK w/pantry, office, full bath; upstairs: 3 BRs, 2nd full bath; attic: storage + 1 finished room; bsmt: full, large, unfinished. Won't last!



WOOD-RIDGE
\$579,000

Expansive Colonial Cape! 100x100 property, this uber-abode is impressive! 12 rooms total LR w/fpl, formal DR, MEIK, Den, 5 BRs, 4 full baths, 2nd kit., office. NYC views, 2 car gar., new 4 zone heat, new CAC & more...!



HASBROUCK HEIGHTS
\$439,000

Super Enlarged Cape on park-like, manicured property! Boasts LR, DR, gleaming MEIK, 3 BRs and 2½ baths, full finished basement w/ family room and 2nd kitchen. Large ppty. w/in-ground pool... Perfect for entertaining!!



LODI
\$560,000

Outsized and Magisterial Colonial! Near Heights border, this 10 room custom-built beauty boasts LR, FDR MEIK. Den, 5 BRs, 3 ½ baths, laundry, rec room and 2nd kitchen. Gorgeous yard. Many costly upgrades! Unique!



WASHINGTON
\$384,000

Bucolic Warren County, on over 3½ acres, a young 8 room spacious Colonial. 4 BRs, 2 ½ baths, fireplace, views of the surrounding mountains, many extras. Space and serenity, little more than an hour's drive from here!



SADDLE BROOK
\$699,000

No better value anywhere! Encompassing over 4,000 sq. feet of living space, this SuperHome features LR< FDR, huge MEIK, Den, 6 BRs, 3 full/2 half baths. A backyard oasis to die for! An absolute, bona-fide one-of-a-kind!



HASBROUCK HEIGHTS
\$799,000

Vintage 6 over 6 All Brick Federal Style Colonial Two Family on ¼ acre property in Heights' Best Area!! 16 rooms in 2 gorgeous units. Custom built, with innumerable extras & one-of-a kind special features. A truly rare offering!



LODI
\$289,000

Move Right In! Super clean 3 BR Cape Cod located only a few doors down from the Lodi/HH border. Plenty of storage, newer bath and a private, fenced-in yard with walk-in shed +quiet, desirable neighborhood!



WOOD-RIDGE
\$290,000

Reduced in Price! A Bona-Fide Steal!! Full-sized, well-maintained Colonial featuring LR, DR, MEIK, Den, 3 BRs, 1 full bath. Open front porch, full bsmt, garage, deep back yard and address in Wood-Ridge! What more to ask!?

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Carolyn Thomasey

Carolyn Thomasey Joins The Gateway Team!

A full-time, seasoned agent, Carolyn has a long and enviable record of sales production and customer satisfaction. Extremely serious about her career, she joined Gateway for its work environment, cutting edge technology and dominance in area market share. We're thrilled she did! Welcome aboard, Carolyn!



Sharon Grosso
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