

The Gazette

Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • S. Hackensack • Teterboro • Wallington • Wood-Ridge
Published Monthly. Issued the first week of the month. Distributed via U.S. Postal Service and available at select locations.
Every issue is FREE online in PDF format at: www.The-Gazette-Newspaper.com RSS feed available.

VOL. 15, No. 1 January 2018 ★★★★★



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Postal Patron

You better watch out, you better not cry
Better not pout, I'm telling you why
Santa Claus is comin' to town
He's making a list and checking it twice
Gonna find out who's naughty and nice
Santa Claus is comin' to town
He sees you when you're sleepin'
He knows when you're awake
He knows if you've been bad or good
So be good for goodness sake
Oh! You better watch out, you better not cry
Better not pout, I'm telling you why
Santa Claus is comin' to town

"Santa Claus Is Comin' to Town" is a Christmas song. It was written by John Frederick Coots and Haven Gillespie and was first sung on Eddie Cantor's radio show in November 1934. It became an instant hit with orders for 500,000 copies of sheet music and more than 30,000 records sold within 24 hours. The song has been covered by over 200 artists, including The Crystals, Mariah Carey, Bruce Springsteen, Frank Sinatra and The Jackson 5. Wikipedia.org

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Drive Responsibly

Believe!

Santa at the Wood-Ridge Tree Lighting on November 25, 2017.





On Friday, December 15, 2017, holiday donations were received by the Center for Hope and Safety from the entire Teterboro family which included Atlantic Aviation; Dassault Falcon Jet; Jet Aviation – TEB; Meridian-TEB; Signature East/West, Signature South, etc. ###



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Santa Arrives at Teterboro Airport

Santa and his elf arrived at Teterboro Airport by helicopter at 11 a.m. on Saturday, December 2, 2017. He was then transported to the Aviation Hall of Fame and Museum by the Port Authority Police “Snozzle” ARFF Rescue and Fire Fighting Truck. Santa was greeted by many well wishers at the Museum.

Santa and his elf entered the Museum and went upstairs. Parents took photos of their children with Santa in front of the airplane, “Little Cut Up.” Upon hearing the children’s requests, Santa had candy for them.

After meeting Santa, families had an opportunity to tour the Museum. The visit of Santa Claus has been presented annually for over 20 years by the New Jersey Aviation Hall of Fame & Museum. ###



Festival of Trees and Wreaths

55 Kip Center, a senior activity center in Rutherford, held its 23rd Annual Festival of Trees and Wreaths.

Each year, individuals, organizations, Church groups, school classes and clubs decorate trees and wreaths with a theme of their choice.

Entries were judged and ribbons were awarded for Most Beautiful, Most Creative and Best Use of Theme.

Trees, Wreaths, and Centerpieces were displayed at the Center until Saturday, December 9, 2017, at which time they were raffled off in Tricky-Tray style, to support programs, services and activities at the Center. ###





The First Presbyterian Church in Rutherford held Thanksgiving dinner at their Parish House from 1 to 3 p.m. About 35 to 40 volunteers prepared a turkey dinner with all the fixings, dessert and beverages, with entertainment following. In addition to 70 to 80 sit-down dinners, volunteers delivered 25 to 30 Thanksgiving Dinners as needed. Turkeys were donated. This program began five years ago in 2012 to support of Sandy victims. ###

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Resort

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coupon valid for one check. Coupon expires 2/15/18.



Blue Chip Chorus
Quartet Highlights
Holiday Party

Wood-Ridge Historical Society members and guests enjoyed a Holiday Party that included a tasty lunch, desserts, and an "encore" performance by the Blue Chip Chorus Quartet.

With Al Gramkow as baritone, Gene Hammerle singing bass, Tim Savage, lead singer, and Dave Buchner, tenor, the quartet's harmonies included traditional Christmas music, classic "Barbershop" melodies and Broadway Show tunes.

Those in attendance enjoyed and appreciated the music, and the quartet was pleased to have a second opportunity to perform in the Arnault/Bianchi House.

Tim Savage remarked that the setting offered especially good acoustics for their musical genre. They could be heard by everyone without the need for amplification. The social afternoon resulted in a burst of enthusiasm for the coming holidays. *Provided by Dorothy Dobek. ###*

Cold Weather Tip
Be sure to turn
off your exterior
water faucet.

Football Party Tips

No matter which teams are playing, you should get the gang together, stock your fridge with all the food and drink that matter, and set up the television just right in order to appreciate America's most watched sports event.

- Without proper decorations, your Bowl bash will be incomplete.

Put up banners of the competing teams on your wall or hang streamers bearing the team colors. Get Super Bowl paper plates, tablecloths and other decorative things.

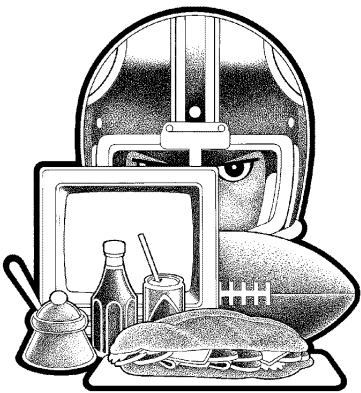
- Next to the excitement of the game itself, your party will be most remembered for the food provided. Your decorations may be great, but if the snacks and main dishes aren't hits, no one will be pleased.

The main meal should be tasty, simple and filling.

- Make it easy and cater your party. Check out the menus at **Hasbrouck Heights Pizzeria**. Order in advance since Super Bowl Sunday is one of the busiest nights for delivery-based restaurants.

- Set up the food in an assembly line so that everyone can customize their own dinner.

Stick to a buffet set-up in order to ease serving and eating. That way, everyone can enjoy the food while watching the



game, and most importantly, you can too.

- If you want to impress, have a Super Bowl cake.

- To make clean up easier, use plastic cups, plates and utensils. Of course, napkins should be readily available so that, in the event of a spill, help is close by.

- Keep the beer in a cooler close by so you don't have to run to the fridge. Aside from the suds, have plenty of soft drinks and water on hand for the designated drivers.

- Avoid offering hard liquor on Super Bowl Sunday. Football is a sport that begs for beer, nothing else. **Meadowland Wine and Liquor** and **Heights Beer and Wine Emporium** sell the coldest beer in town.

- Keep radios and even small televisions set up around the house so that wanderers and those serving food don't miss a single down. You can even put

one in the john if your guests are real football fanatics.

- It's always fun to mix in a little video game action on Super Bowl Sunday. If the halftime show is dull, set up your Playstation 2 or Xbox, and play football. Select the teams that are actually playing in the the Super Bowl and square off for some extra fun.

- Some people like to add to the entertainment by organizing betting pools. Ideally, these games are done in a way that even the guests who don't know a thing about football can join in.

For instance, you can bet

on who will score the next touchdown, what the score at the end of each quarter will be or even who'll win the coin toss.

Make charts or grids so that the wagers are clear and keep the pot low so that no one blows their wallet.

- Invest in a few foam "bad-call bricks" to throw at the TV so your guests can express their feelings about the refs without doing damage to your house.

- Keep a football around and throw some NFL magazines on the coffee table as good finishing touches.

- If it's a real manly, poker-night type night, pass cigars around. Make sure there are enough chairs for everyone to

sit on. Provide a side room for those who came for the food and atmosphere, and not the actual game.

- Spray some air freshener around as soon as everyone leaves, so the smell of cigars does not linger.

- Think ahead and place garbage cans around your place so that wherever your guests are, they can find a place for their trash. At the end of the night, all you have to do is collect the garbage bags, instead of checking under the couch for crumpled napkins.

- Organizing and hosting a Super Bowl party doesn't have to be time-consuming or stressful. Do it right, and you'll be able to watch the whole game, enjoy some great food and relax with your friends. ###

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AL Post 136 Flea Market February 25

On February 25, 2018, The American Legion Post 136, Lodi, NJ is going to have a sportsman indoor flea market from 9 a.m. to 3 p.m.

They are seeking vendors that are fishing, hunting, tools and camping friendly. (*No guns, ammo, or knives.*) Round tables will be provided at a cost of \$20 each and \$15 dollars each additional table. Entrance fee is \$4, children under 12 Free. Contact Rob at post136lodinj@yahoo.com for additional information. ###

Tricky Tray February 25

The First Presbyterian Church, in Carlstadt, is hosting a Tricky Tray on Sunday, February 25, 2018, starting at 1 p.m. at The Graycliff.

Donation is \$50 per person. Ticket includes dinner, soda and a sheet of tickets for regular level prizes. Cash bar. Must be 18 and over. Reserved seating. For tickets, call Sue or Harold at 201-438-2273. ###

Park Avenue Toastmasters

Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career? Toastmasters International is a world leader in communication and leadership development. The Park Avenue Toastmasters will meet at The Wood-Ridge Memorial Library on Monday, January 22 and January 29, 2018, from 6:30 p.m. to 8:15 p.m. ###

Squadron 310 Valentine's Party

On February 10, 2018, American Legion Post 310, located at 100 Liberty Street, Little Ferry, will host a Valentine's Fundraiser Party starting at 7 p.m. All proceed go to Veterans and Children's programs.

Food, beer, wine and soda will be served. Tickets are \$20 pp. Advance sales only, no tickets will be sold at the door or on the day of the event. Music by DJ Jack Jam. Every lady gets a rose! Any questions, call 201-807-0470. ###

Curb Your Dog

Tricky Tray Pasta Dinner March 7

Team Shiseido Group will host a Tricky Tray Pasta Dinner on Wednesday, March 7, 2018, from 6-10 p.m., at the Fiesta. Cost is \$50 per person – table of 10 for \$400.

Ticket includes salad station, pasta station, garlic bread, draught beer, wine, soda, coffee, tea and dessert.

Event to benefit Team Shiseido Group's fundraising for the Leukemia and Lymphoma Society's Team In Training program.

To purchase tickets, visit <http://bit.ly/2hV7Ble> or R.S.V.P. to Anthony Viola, aviola@sac.shiseido.com or call 201-651-3887. ###

Roast Pork Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, January 9, 2018, in the Community Hall, Third Street.

Roast Pork dinners will be served from 11:30 a.m. to 1 p.m. Jewelry and this and that table from 11 to 1 p.m. Donation is \$10 for adults and \$5 for children/students. For take out orders call 201-438-5526. In case of inclement weather, call 201-438-5526. ###

A Mid-Winter Dinner Dance February 11

Carlstadt Turnverein will host "A Mid-Winter Dinner Dance" on Sunday, February 11, 2018, from 1 p.m. to 5 p.m. at the Carlstadt Turn Hall. With live music by Bud and Linda. For reservations, call 973-777-6677 or 201-652-0968. ###

HH Music Parents Holds Food Drive

The HH Music Parents Association will hold a Peanut Butter and Jelly Food Drive from February 1 through February 28, 2018. This drive is to benefit Meals with a Mission in Garfield. Items such as peanut butter, jelly, brown paper lunch bags, individual wrapped snacks, and zip lock sandwich bags will be collected. If anyone in Hasbrouck Heights would like to make a donation, items can be dropped off at 250 Lawrence Avenue or email hmusicparents@gmail.com. Attn.: Food Drive to arrange a pickup. ###

Free Lunch Saturday

Everyone is invited to the First Presbyterian Church of Moonachie for the "Free Lunch Saturday," which will be held on January 6, 2018, at 11:30 a.m. This hot lunch features "Soup 'n Sandwiches."

If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ###

PNCC Beefsteak Dinner Jan. 6

On Saturday, January 6, 2018, PNCC of the Transfiguration, located at 135 Hathaway Street, Wallington, NJ, will hold a Beefsteak dinner. Tickets are \$45, reversations only. Deadline, January 2, 2018. Proceeds to benefit Church building fund.

Doors open at 6:30 p.m. Dinner served at 7:30 p.m. For tickets contact Leslie at 201-393-0696 or Father Sr. Gregory at 973-779-4329. ###

Mara Center Open House January 28

On Sunday, January 28, 2018, from noon to 2 p.m., the **Meadowlands YMCA Mara Center** will host an Open House. Start celebrating the Big Game one week early with tailgate snacks and football themed games for all ages. Fun for the whole family. Come tour the Mara Center and when you enroll you will get One Month Free. The Meadowlands YMCA is located at 390 Murray Hill Parkway, East Rutherford. For more information call 201-955-5300 or go to: MeadowlandsYMCA.org/MaraCenter. ###

Fish and Chips Dinner Feb.14

The Rosary Altar Society of St. Joseph's Church, East Rutherford is having their Annual Fish & Chips Dinner on Ash Wednesday, February 14, 2018 from 5 p.m. to 7 p.m. in St. Joseph's School Cafeteria.

Dinner will be provided by "Thistle Fish & Chips Restaurant" of Lyndhurst. Tickets will be sold after all weekend Masses in the lobby. Adults \$15 and \$9 for children under 12. No tickets will be sold at the door. Take out orders will be available. Checks preferred, cash accepted. Contact for tickets: Janet 201-438-5892 or Lorraine 201-906-5297. ###

Lodi KC Pancake Breakfast Jan. 14

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, January 14, 2018, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French toast (*to order*), sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea. Adults: \$6; children over 6: \$4; children 6 and under: free. Profits to benefit local charities. ###

Casino Bus Trip

The HH VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$35 paid in advance; includes a continental breakfast from 9 a.m. to 10 a.m.

Games, prizes and a movie make the travel time pass quickly. For details call Andy at 973-773-1812, or the Post at 201-288-1112. ###



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Lodi Library January Events

Lodi Memorial Library offers events for children from toddlers to teens. For more information on all programs, please call 973-365-4044, ext. 2, or visit <http://lodi.bccls.org/>

- **Crafty Wednesdays** for ages 2-4, from 11 a.m. to noon, with a different craft each week.

- January 3, 2018, Happy New Year Hand Print

- January 10, 2018, Snowman Snow Globe

- January 17, 2018, Watercolor Snowflakes

- January 24, 2018, Winter Mittens

- January 31, 2018, Mini Football Goal

- **Minecraft** interactive game play. Build and Battle in a world you create. Grades K-5 Mondays at 4 p.m.

- **Board and Card Games**, Wednesdays, at 3:30 p.m. Play UNO, Monopoly, Checkers, Candyland and many other favorites.

- **Toddler Play Group** – Fridays at 11 a.m. – noon. Lots of toys and space to play with friends your own age.

- **S.T.E.A.M., Create your own Parachute**. Monday, January 22, 2018, 4-5 p.m. Ages Pre-K-3. Registration required.

- **Tween DIY, Crunchy Slime** Thursday, January 11, 2018, Grades 3-7 from 4-5 p.m. Registration required.

- **Teen Anime Club** Ages 6-12, Thursday, January 4, 2018, 3:30-5:30 p.m. Registration required.

- **Teen Coloring** Grades 6-12, Thursday, January 11, 2018, 4-5 p.m. Registration required.

- **Library Scavenger Hunt** Grades 6-12, Thursday, January 18, 2018, 4-5 p.m. Registration required.

- **Emoticon Optical Illusion**

- Grades 6-12, Thursday, January 25, 2018, 4-5 p.m. Registration required.

- **Reader's Theater Performance** Saturday, January 6, 2018, noon-1 p.m.

- **Learn to fly a Drone** Grades 6+, Saturday, January 20, 2018, noon-1 p.m. Registration required.

- ***Space Limited
- **Teen Booksters** Grades 7-12 Thursday, December 28, 2017, 4-5 p.m.

- **LEGO Build**, Tuesdays at 4 p.m. The library provides all the LEGOS and will display your creations. ###

TEB Noise
Complaint Line
201-288-8828

TEB Noise Office: 201-393-0399

Wallington Library January Events

The John F. Kennedy Memorial Library, in Wallington, is pleased to announce its programming for both Children and Adults.

Children's Programming

Monday and Tuesday are reserved each week for Story and Craft time beginning at 3:30 p.m. Each week, read a book, make a craft and share a snack!

- **Game Day** Wednesday, January 10, 2018, at 3:30 p.m., in The Library.

- **Pizza & Pages** will be held Saturday, January 20, 2018, at noon.

Adult Programming

- **Coloring for Adults** will be held Tuesdays, January 9, and January 23, 2018, at 6:30 p.m., in The Library.

- **Computer Coach** Computer Coach is held each Friday by appointment only! Please call ahead to schedule. Hope to see you at The Library!

For information, call 973-471-1692. ###

Lodi Library Adults

- **Adult Computer Classes** Lodi Memorial Library offers one-on-one classes computer classes. For information call 973-365-4044. Sessions last approximately one hour. Appointments must be made at least one week in advance. Appointments are available on either a Tuesday or a Thursday from 1:30 p.m. to 6:30 p.m.

- **Adult Coloring** First Friday of every month at 11 a.m. Starting January 5, 2018. Also every Thursday starting January 25, 2018, at 6:30 p.m.

- **Adult Book Club** Second Tuesday of every month starting January 9, 2018, at 6:30 p.m. Book for January is "The Improbability of Love" by Hannah Rothschild.

Wednesday Afternoon Movies

Every Wednesday at 1 p.m. See website for listing. ###

Basic ESL

The Rutherford Public Library will host Basic English as a Second Language classes taught by a certified ESL instructor. The classes are intended for beginner to intermediate level students and will be held on Tuesday and Thursday mornings at 10 a.m. beginning on Tuesday, January 16, 2018. Students may register in person at the Main Desk. For more information, please call 201-939-8600. ###

Paws to Read

Young readers wanted! On Monday, January 8 and Monday, January 22, 2018, from 6 p.m. to 7 p.m, children are invited to The Wood-Ridge Memorial Library to read to Rodney, an award-winning certified therapy dog. Children ages 5 and older may register for a 15-minute session. Therapy dogs provide a safe, nurturing experience for emergent readers to practice their literacy skills. To register, please call The Library at 201-438-2455. ###

Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library. The group will meet on Mondays from 10-11:30 a.m. and on Thursdays from 1-2:30 p.m. beginning Thursday, January 4, 2018, The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, please call 201-939-8600. ###

Film Screening

On Tuesday, January 30, 2018, at 6 p.m., The Friends of The Library of Rutherford will present a free film screening of "The Beguiled" at The Rutherford Public Library. The unexpected arrival of a wounded Union soldier at a girls school in Virginia during the American Civil War leads to jealousy and betrayal. Starring Nicole Kidman, Kirsten Dunst, Elle Fanning. The film will be shown in The Library's Glass Room. For more information, call 201-939-8600. ###

Drop-In Story Time

Drop-in story time will be held at The Rutherford Public Library on Wednesday and Thursday mornings from 10:30 a.m. – 11 a.m. All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No registration is required. ###

W-R Memorial Library Chess Club

On Wednesdays, January 3, 10, 17, 24, and 31, 2018, The Wood-Ridge Memorial Library will host a free Chess Club for learners of all ages. Children meet from 3 p.m. to 3:30 p.m and adult beginning players meet from 3:30 p.m. to 4 p.m. Designed for all ability levels. ###

Circle Time with Sukey Molloy

The Wood-Ridge Memorial Library will host Circle Time! with Sukey Molloy on Thursday, January 25, 10 a.m. and 11 a.m. Join Sukey Molloy for her award winning series of musical play activities, designed to encourage movement, play and song in the developing years. Children ages 6 months to 5 years of age and their caregivers are warmly invited to attend and may register for one session. Classes will be held at the Wood-Ridge Civic Center. Registration is required; registration opens three weeks prior to the program. To register, please call The Library at 201-438-2455. ###

Daytime Reading Group

On Friday, January 26, 2018, at 1:30 p.m. the Daytime Reading Group will meet at the 55 Kip Center to discuss "Dead Wake" and "The Last Crossing of the Lusitania" by Erik Larson. Copies of the book are available at the Main Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

Monday Evening Book Group

On Monday, January 22, 2018, at 6:30 p.m., the Monday Evening Book Group will meet to discuss "Maya's Notebook" by Isabel Allende. Copies of the book are available at the Main Desk of The Rutherford Public Library. ###

W-R Library Book Club

On Tuesday, January 16, 2018, at 7:15 p.m, join your neighbors and friends at The Wood-Ridge Memorial Library to discuss "Murder in Matera" by Helene Stapinski. Copies of the book are available at the Circulation Desk. All are welcome. ###

Tween & Teen Knitting Workshop

Have you always wanted to learn how to knit? Learn how by expert knitters from the Crafts-to-Share Club. This is a 4-week workshop for tweens and teens in Grades 5 and up. Workshop dates are Wednesday January 10, 17, 24, and 31, 2018, at 3:30-4:30 p.m. Supplies will be provided. ###

January Flower
Carnation or
Snow Drop

Music with Miss Nita

The Wood-Ridge Memorial Library will host free music-and-movement classes with Miss Nita on Wednesdays, January 10 and January 24, 2018, at 9:15 a.m. and 10 a.m. Come share the joys of making music together! Children ages 5 and under and their caregivers are warmly invited to attend and may register for one session on each date. Classes will be held at the Wood-Ridge Civic Center. Registration is required; registration opens three weeks prior to the program. To register, please call The Library at 201-438-2455. ###

Felician Reading Center Spring Program

The Felician Reading Center will offer a Spring Reading Improvement Program for students in Grades 2, 3 and 4.

The program will begin on January 22, 2018 and end on May 3, 2018. The classes are held twice a week - Mondays and Wednesdays or Tuesdays and Thursdays from 3:30 to 5 p.m.

The program will aim to increase Reading Speed with primary emphasis on the improvement of Phonics, Comprehension and Vocabulary Skills.

There will be a weekly fee for services rendered.

The Felician Reading Center is located at 260 South Main Street in Lodi, New Jersey.

For further information, call Sister Mary Andrew at 973-473-7447, extension 123. ###

Yoga Storytime with Miss Danielle

The Wood-Ridge Memorial Library will host free Yoga Storytime classes for toddlers on Wednesdays, January 17, and January 31, 2018 at 10 a.m. and 11 a.m.

Join Miss Danielle for stories, stretching and simple yoga poses. Children ages 2-5 and their caregivers are warmly invited to attend, and may register for one session on each date. Classes will be held at the Wood-Ridge Civic Center. Registration is required. Please call The Library and 201-438-2455. ###

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Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, January 3, 2018 at 6 p.m. to discuss "Faithful" by Alice Hoffman. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the book are available at the Main Desk. For more information, please call 201-939-8600. ###

HH Adult ESL Classes

Registration and Testing will take place on Wednesdays, January 17 and 24, 2018, from 6:30 p.m. to 8 p.m. in the Parish Hall, 229 Terrace Avenue (corner of Terrace and Jefferson Avenues), Hasbrouck Heights, NJ. All new and returning students must be registered to take the classes. New students must take a language assessment evaluation.

The spring session starts January 31, from 7 p.m. to 8:30 p.m. Classes end April 18, 2018.

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as one-to-one instruction, to people from other language backgrounds. ###

Rutherford Adult and Reference Department

Free Computer Classes
The Rutherford Public Library will offer free computer classes in January and February 2018.

A Computer Basics class will be held on Wednesday mornings at 11 a.m. on January 10, 17, 24, 31, and February 7. Participants must sign up for all five classes. This class is for the beginner computer user.

The Rutherford Library will also hold a four-session social media class on Tuesday evenings at 6:30 p.m. The classes will be as follows: January 9, (Facebook), January 16, (Twitter), January 23, (Instagram), and January 30, (Snapchat). Participants can sign up for one, two, three, or all four classes. For more information or to register, please stop in The Library or call 201-939-8600. ###

Tech Tutor

Looking to maximize free content for your tablet, Kindle, or smart phone? The Rutherford Public Library is offering an appointment-based Tech Tutor service to provide personalized instruction on downloading free e-books, e-magazines, audiobooks, music, and movies to personal devices. Librarians can also assist with research, setting up e-mail accounts, and basic computer instruction. For an appointment or for more information, please call 201-939-8600 and ask for Reference. ###

Read to Your Child

The Hasbrouck Heights Library January 2018 Events

January is cold and often feels like a letdown after the holidays, but curl up with a book or a movie, huddle under the blankets, and get lost in a good story. The Library is here to help, from recommendations to getting you the classic you missed out on.

Registration is required for all programs unless otherwise noted. To register, call 201-288-0488 or visit our new website, hasbrouckheightslibrary.org.

Children
• **Pajama Story Time** – Join an evening story time. Wearing pajamas is encouraged! We will be meeting on Monday, January 8, 2018, starting at 7:30 p.m. for all ages.

• **Book Bingo** – Join a game of Book Bingo and win prizes! They will be meeting on Thursday, January 11, 2018, starting at 3:30 p.m. for ages 5-12. No registration necessary.

• **Chess Club** - It's back! For students ages 7-12, come test and improve your skills at our monthly chess club meetings. Members must have some knowledge of chess as there are a limited number of instructors. Next meeting is Friday, January 19, 2018, at 3:30 p.m.

• **Little Artist** – For students in Grades 2-5, come learn about an artist or type of art and recreate a famous work or make your own masterpiece at The Hasbrouck Heights Library. No experience is necessary. There are no mistakes in art! Join Thursday, January 25, at 3:30 p.m. No registration necessary.

• **Lego Club** – Join the Hasbrouck Heights Lego Club! Show off your architectural talents and come create with us. Legos will be provided. Tuesday, January 9 and 23, 2018, starting at 3:30 p.m. for ages 5-12. No registration necessary.

• **Book Clubs for Kids** – Join one of the two book clubs for kids. Books for both groups, along with more information, are available at the Children's Desk.

• *Best Books* is for students in Grades 2-3, and meets on the first Friday of each month.

• *Critics' Choice* is for students in Grades 4-6, and

meets on the third Friday of each month.

Teens
• **Recycled DIY Club** – Get crafty with us! Learn how to create crafts using every day, recycled materials. The Recycled DIY Club will be held on the first Wednesday of each month. The next meeting will be held on Wednesday, Jan. 3, 2018, from 3:30-4:30 p.m. No registration necessary.

• **Teen Readers' Club** – Meets on the second Tuesday of each month to discuss a book, eat snacks and play games. Copies of each month's book will be available for checkout at the front desk. On Tuesday, January 9, 2018, from 7 to 8 p.m. discussion on "Saints and Misfits" by S.K. Ali.

• **Teen Game Night** – We have a large selection of board games to choose from. Don't worry about feeling left out, there's room for everyone. Teen Game Night will be held on the third Tuesday of each month, with the next game night on Tuesday, January 16, 2018, from 7 to 8 p.m. in the YA area of The Library. Feel free to bring your favorite games. No registration necessary.

• **Teen Advisory Board** – Make your voice heard—join the Teen Advisory Board!

They meet on the third Thursday of each month. Teens can participate in community service projects, learn about upcoming volunteer opportunities, have a say in teen programming at The Library, and make suggestions for books to add to The Library's YA collection.

The next Teen Advisory Board meeting will be held on Thursday, January 18, 2018, from 3 to 4:30 p.m. No registration necessary.

Adults
• **Raw Food for Busy People** – Karen Ranzi, a raw food coach, certified raw food chef and founder of SuperHealthyChildren.com and SuperHealthyRaw.com, will prepare two dishes to try and will explain the benefits of a raw food lifestyle and its effect on health. January 22, 2018, at 7

p.m. in the large meeting room, second floor of Borough Hall.

• **Growing Up in Hasbrouck Heights** – As part of Mondays at The Library series of seminars, on January 22, 2018, at 3 p.m., share memories collected from the Oral History Project in 2017. Video clips will be played from local residents who volunteered to share their stories of Hasbrouck Heights and the surrounding area.

Anyone who has lived in town for even a few years has noticed how quickly the area has changed, for those who are interested in what stores were in town, what kids did in school, and what life was like 50, 60, even 70 years ago.

• **Adult Book Club** – Join in on Tuesday, January 23, 2018, at 7 p.m. for a conversation and refreshments about "Cuckoo's Calling" written by author J.K. Rowling, a crime novel she published under the pen name of Robert Galbraith. Copies of this book are available at the Front Desk for pickup. ###

Full Wolf Moon

January has two full moons which will appear on Monday, January 1, 2018, at 9:24 p.m. and Wednesday January 31, 2018 at 8:27 a.m. The January 1 full moon is called the "Full Wolf Moon." The January 31 moon is called a "Blue Moon."

According to the "Farmer's Almanac," amid the cold and deep snows of mid-winter, the wolf packs howled hungrily outside Indian villages. Sometimes it was referred to as the "Old Moon," or the "Full Snow Moon," but most tribes applied that name to the next moon.

The Native American Indians of northern and eastern United States kept track of the seasons by giving a name to each recurring full Moon. European settlers followed the custom. ###

About a Blue Moon

Some folks imagine that it actually appears blue. Others assume it's a term that originated with Native American folklore. Neither is true.

Also, Blue Moon is not an astronomical term. This term only started in the 1940s as a result of a mistake in an astronomy magazine. But it slowly went viral in the media.

Nowadays, Blue Moon has popularly come to mean "the second full Moon in the same calendar month."

The notion has no venerable pedigree among Native Americans, ancient cultures, or anything in the actual sky. So OK, we'll play along and call it a Blue Moon. Just so you know, it's a new idea. ###

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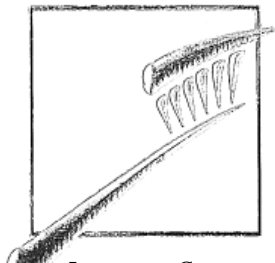
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Three Kings Day

For centuries, Church calendars in the East and the West have agreed that there are twelve days of Christmas and they begin on Christmas Day and end on January 6.

The twelve days of Christmas end with the Feast of Epiphany also called “The Adoration of the Magi” or “The Manifestation of God.” Celebrated on January 6, it is known as the day of the Three Kings (or wise men/magi). According to an old legend based on a Bible story, these three kings saw, on the night when Christ was born, a bright star, followed it to Bethlehem and found there the Christ Child and presented him with gold, frankincense and myrrh.

Three Kings Day is always observed 12 days after Christmas on January 6.

It is a date celebrated throughout Latin America, Spain, and in Hispanic communities of the United States. This is the Epiphany of the Church calendar, the 12th day after Christmas, when the Magi arrived bearing gifts for baby Jesus. Traditionally, children receive gifts on this day, brought by the three kings, Melchior, Gaspar and Baltazar.

In Latin America, January 6th, and not necessarily Christmas, is the day that children receive their gifts.

In the days preceding Three Kings Day, children write letters to the Magi requesting a toy or gift that they would like.

On the night of January 5th, the figures of the Wise Men are placed in the nativity scene. In Mexico, children would traditionally leave out their shoes with a bit of hay in them to feed the animals of the Magi (they are often shown with a camel). When the children wake up in the morning, their gifts will have appeared in the place of the hay. Nowadays, like Santa Claus, the Kings tend to place their gifts under the Christmas tree instead of in a shoe.

The most iconic tradition associated with Three Kings Day is the customary eating of a Rosca de Reyes (King’s Ring), a sweet bread shaped like a wreath, with candied fruit on top, and a figurine of a baby Jesus baked inside. The person who finds the figurine is expected to host a party on Día de la Candelaria (Candlemas), celebrated on February 2nd.

Here in the United States, the tradition of the Three Kings Day has carried on. Hispanic bakeries throughout the country typically sell hundreds of Roscas de Reyes during the day, and children patiently wait for their second gift of the holiday season.

The New Revised Standard Version of Matthew 2:1–12 describes the visit of the Magi in this manner: In the time of King Herod, after Jesus was born in Bethlehem of Judea, wise men from the East came to Jerusalem, asking, “Where is the child who has been born king of the Jews? For we observed his star at its rising, and have come to pay him homage.”

When King Herod heard this, he was frightened and all Jerusalem with him; and calling together all the chief priests and scribes of the people, he inquired of them where the Messiah was to be born.

They told him, “In Bethlehem of Judea; for so it has been written by the prophet: ‘And you, Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for from you shall come a ruler who is to shepherd my people Israel.’”

Then Herod secretly called for the wise men and learned from them the exact time when the star had appeared. Then he sent them to Bethlehem, saying, “Go and search diligently for the child; and when you have found him, bring me word so that I may also go and pay him homage.” When they had heard the king, they set out; and there, ahead of them, went the star that they had seen at its rising, until it stopped over the place where the child was.

When they saw that the star had stopped, they were overwhelmed with joy. On entering the house, they saw the child with Mary, his mother; and they knelt down and paid him homage. Then, opening their treasure chests, they offered him gifts of gold, frankincense, and myrrh. And having been warned in a dream not to return to Herod, they left for their own country by another path.

The wise men are mentioned twice shortly thereafter

in verse 16, in reference to their avoidance of Herod after seeing Jesus, and what Herod had learned from their earlier meeting. The star which they followed has traditionally become known as the Star of Bethlehem. ###

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.-- General Dwight D. Eisenhower



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Funzi Honored

On November 25, 2017, the Borough of Carlstadt honored Alphonse "Funzi" Iannuzzi, Sr. with the dedication of his longtime residential street as "Funzi Iannuzzi Way." A life-long resident for more than 93 years, is best known for his 53 year stint as Carlstadt Little League coach. He served in the US Army during WWII, fought in the Battle of the Bulge, POW in Germany for five months. He was a member of the VFW, American Legion, Knights of Columbus, etc. *Photos by Dennis Kronyak Sr. ###*



Carlstadt Veterans Enjoy Luncheon

On Wednesday, November 15, 2017, the Carlstadt Senior Friendship Club invited Veterans to a luncheon at the Carlstadt Civic Center. All were welcomed and then proceeded to enjoy a very enjoyable lunch. *Story and photos by Dennis Kronyak Sr. ###*



Hasbrouck Heights Library Celebrates 100th Anniversary

It all started when the "Borough League Association, a group of civic-minded men, disbanded. The late Edward G. Black deeded the building and property at the corner of Burton and Division Avenues to the Hasbrouck Heights Board of Education with the provision that it be used for "educational purposes."

In 1917, The Free Public Library of Hasbrouck Heights opened its doors. The Library stayed at that location for 86 years before moving to its current home at 310 Boulevard on December 14, 2003.

To celebrate its 100th Anniversary, The Library held a gala party, which included a program with hors d'oeuvres and light refreshments on December 1, 2017.

The program included a display of memorabilia from Edward Black, art from Carolyn Kiefer, and a dance medley featuring popular styles of the past century from **Edie's Dance Factory**.

Longtime residents shared their stories and their reflections with a video from The Library's ongoing Oral History Project. The program

also included the recognition of Centennial Club members as well as the local American Legion and other benefactors who have helped to make The Library a place of community and spirit.

The program also included speeches, comments and congratulations from Library Director Mimi Hui, President of the Library Board of Trustees Lisa Traina, Mayor Jack DeLorenzo and Dr. Matthew Helfant, Superintendent of Hasbrouck Heights Schools. *Story by Peter Gallo Jr. Photos by Marie Gallo. ###*

Display Celebrates Life of Edward Black –Library Founder



The Free Public Library of Hasbrouck Heights is pleased to have on display, through the end of January, the various items from the life of Edward G. Black, a longtime resident of Hasbrouck Heights.

He was a successful lawyer and investor. He generously gave to civic minded endeavors. It was hundred years ago that he donated the building, books and contents of what became the first Library in town.

Included in the display are pictures, documents, logs, and other memorabilia which capture his life and the support he provided in many ways to

the community that he loved. His legacy continues to live on through the various and diverse services offered by The Library today.

The property where the Public Library previously was located, at the corner of Division and Burton Avenues, is now home to the Children's Dyslexia Learning Centers of NJ.

For a limited time, the public is welcome to stop by and view these personal items on loan by the Herr Family, descendants of Black. For additional details, please call 201-288-0488. *Provided by Melissa Singlevich. ###*



For the Love of the Game

Kate Marron received the 2017 Heather Sartori "For the Love of the Game" Award at the Little League Annual Awards Dinner. Kate was selected by fellow Girls Softball players for her talent, dedication to and love of the game and continued support of her teammates on and off the field. Presenting the award to Kate are Rutherford Little League President Tom Prince and Mark O'Connor, Vice President, Girls Softball. *Provided by Barbara Bennett. ###*



Rutherford Students Deliver Holiday Joy to Students in Jersey City

On December 13, 2017, Rutherford High School's FBLA members and FTA members loaded up their big yellow sleigh with over a hundred wrapped and tagged stuffed animals to distribute to the pre-school classes of School 23 in Jersey City. When they arrived, they were greeted by the team leader teacher, Mrs. Doris Hoffmann, who helped to coordinate the event. RHS students were di-

vided up among the pre-school classes to interact with, read to and play with the little ones. Student members of FBLA and FTA are privileged to be able to witness and help with the events and give a wrapped bear to each child. The FBLA and FTA members will long remember their experience with the children and look forward to returning to School 23 again next year. *Provided by JoAnn Hughes. ###*



5,000 Sandwich Bags

Hasbrouck Heights 6th Grade Cadette Troop 5291 hosted a zip lock sandwich bag drive and collected just over 5,000 sandwich bags. The bags were delivered to Meals with a Mission, a local non-for profit in Garfield, NJ that makes meals to feed the hungry throughout Northern NJ. While delivering the sandwich bags, the girls dedicated time making peanut butter and jelly sandwiches and bagging them to complete over 200 lunches for distribution in Jersey City. This is the fourth year the girls from Troop 5291 have hosted a sandwich bag drive and volunteered their time to make lunches. *Provided by Gina Hernandez. ###*



PE teacher, Edna Johansen won the grand prize - a Florida vacation. Shown with Jamie Brulato (whose family donated the prize).

Harvest Tricky Tray a Huge Success

The Felician School for Exceptional Children held their Harvest Tricky Tray on Tuesday, November 14, 2017, at Immaculate Conception High School. Desserts made by students were available for purchase. Over 300 prizes and a wonderful evening to support The Felician School, with fundraising to purchase a new van to be used for transportation to community-based instruction and job sampling sites. We are very thankful to everyone who attended and supported us with donations, volunteers, prizes and so much more. It was a great success and we plan to hold another one next year. *Provided by Barbara Beaman. ###*



Mobility Project Dedicated

On November 19, 2017, Rev. Samuel Weddington helped George Foose cut the ribbon to dedicate the Mobility Project at the First Presbyterian Church of Moonachie, culminating a year of fundraising to make the Church building accessible for everyone. The following were recognized for their special gifts: in memory of Dominick Casamassina by Angelina Casamassina, Dot Foose by George Foose and many who loved her, Casimiro and Johnny Garcia by Roxana C. Garcia, Irene Bulson and Irene Hagins by Lorraine Wilson and Larry W. Hagins,

Family and Friends of Connie and John Huettemann by Connie and John Huettemann, Ralph P. Nerder by George W. Miller, Jr., M.D., Rev. Sam Weddington, Esq. by Rev. Eungyoung Kim and Rev. Samuel Weddington; and in honor of Charlotte and Fred Boelsche by the Boelsche Family, Melchor and Arlene Helbig, the Otto Family by Betty, Gerhard and Jerry Otto, Linda Pasquino by Roxana Garcia, Joyce and John Thomson by Ellen and John D. Thomson, and Wang Yong Ying by Jumbo Garden. *Story and photo by Martha Day. ###*



Hasbrouck Heights 3rd Grade Brownie Troop attended the Englewood Nature Reserve to learn about Winged Hunters that are common in NJ. Troop 5999 is made up of 3rd Grade students from Corpus Christi, Lincoln and Euclid School. *Provided by Gina Hernandez. ###*



Band Brigade

On Sunday, November 19, 2017, twenty-five members of the HH Music Parents Association, music students, friends, family, and band alumni, representing the HHMusic Parents Association's Band Together for a Cause, participated in the Meadowlands Chamber of Commerce's Basket Brigade at the NJ Friendship House in Hackensack. The Basket Brigade assembles and delivers Thanksgiving baskets to 300 local families in need. *Provided by Linda Byrne. ###*



21 and Over Opens New Space

The Felician 21 and Over Program celebrated the opening of their new space on the third floor of the Lodi Boys and Girls Club on Tuesday, November 28, 2017, with a Ribbon Cutting Ceremony.

During the last six months they created additional space for two additional learning centers, office space and a mock studio apartment for the

individuals to practice home skills. The day program serves individuals with disabilities and focuses on independent living skills, community integration and socialization.

Felician offers various activities including swimming, job readiness classes, leisure activity sessions, yoga and Zumba dance. A brand new

studio apartment was unveiled, where program participants can enhance their housekeeping skills.

The program is a day program providing services to adults with disabilities. For more information contact Dana Regan, Program Director at 862-225-9081. *Provided by Dana Regan. ###*



Thank You

On November 18, 2017, the Rutherford Fire Department, Union Truck and Bucket Co. #1, recognized Varrelmann's Bake Shop for their continuous support and generosity. ###



The Carlstadt Mixed Chorus celebrated "An Afternoon of Music and Dance" on November 19, 2017. Under the musical direction of Ms. Johanna Teubner-Prussak, the chorus sang a medley of songs in German and English alternating with solos by Ximenita Gonzalez, Perry Sussman and G. Gruenfelder of the chorus, followed by instrumentals, jazz medley on the piano by Mark Wright and trumpet/piano rendition of "Someone to Watch Over Me" by William Teubner and Johanna Teubner-Prussak. There was food and drink and dance afterwards to end a lovely afternoon. *Provided by Ingrid Wehrhahn. ###*



2018 Boys State Delegates

Eight seniors from Hasbrouck Heights High School were among the 1,000 delegates who attended the 72nd Session of New Jersey Boys State in June 2017. The Capt. James B. Scarr, American Legion Post 106 sponsored the local delegates. The boys who attended were John Capozzi, Bharadwaj Chirravuri, Tsering Gangshar, Peter Lohrmann, Ankit Patel, Jake Schloemann, Joseph Terrieri and James Varga.

Held at Rider University every year beginning on Father's Day, American Legion Jersey Boys State (ALJBS) has a strong tradition of education, patriotism and excellence in the development of tomorrow's leaders at the week-long hands-on program.

Notable citizens from New Jersey presented programs and seminars during the week.

Past and present state officials, both Democrats and Republicans, were there. US Senator Cory Booker, former Governor Christie Todd Whitman, US Sen. Bob Menendez and Lt. Gov. Kim Guadagno were just a few who addressed

the boys.

American Legion Jersey Boys State (ALJBS) is a mythical fifty-first state organized and administered for citizenship training purposes under the auspices of the American Legion Department of New Jersey. A session of Jersey Boys State has been held annually since the first session in 1946.

Only high school juniors are eligible for the program. American Legion Posts throughout the state of New Jersey sponsor and pay all the expenses for each delegate. They expect about 1,000 delegates to attend the 73rd Session of New Jersey Boys State at Rider University in June 2018. More information can be obtained on line by going to <http://www.aljbs.org>.

Guidance counselors stress that college admissions officers are impressed with applicants who have special achievements such as being a Boys State Delegate, an Eagle Scout, etc.

The American Legion is presently looking for 11th Grade boys who reside in Hasbrouck Heights and have a desire to attend Boys State 2018. Interested boys attending a private school should contact Mr. Gallo at 201-288-0276. *Story by Peter Gallo Jr. ###*



Leisure Club Christmas Luncheon a Success

One hundred five Leisure Club members and forty-one guests attended the Club's Annual Christmas Luncheon at the Venetian. The affair took place on December 13, 2017. Seniors from Lodi, Garfield and Maywood joined the members of the Leisure Club of Hasbrouck Heights. Many attended for the first time.

Club President Peter Gallo greeted all and introduced Hasbrouck Heights Mayor Jack DeLorenzo who also extended his greetings and best wishes. President Gallo then thanked co-chairpersons Marilyn deRussy and John Nesbitt for the many hours they spent in

planning for the success of the luncheon.

The menu consisted of a buffet from 12:00 p.m. to 1:00 p.m. consisting of hot and cold appetizers. This was followed by pasta with vodka sauce and a salad. The entrees were a choice of Roasted Prime Rib, Norwegian Salmon, or Chicken Francese. There was also unlimited beer, wine and soda. Of course, no meal would be complete without a great dessert with coffee or tea.

DJ Nick Delgiodice from Shooting Star Productions provided the music for dancing and dining. The line dancers had a great time dancing to their fa-



miliar tunes. All who attended were in agreement that the affair was one of the best events they had ever attended. *Photos and story by Marie and Peter Gallo Jr. ###*

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Wood-Ridge Girl Scouts NNJ Share the Holiday Spirit

December brings many opportunities to help our community. On December 1, 2017, Junior Girl Scout Troop 95524 entertained their Senior neighbors at the annual Mayor's Pasta Dinner and held a raffle of prizes which they prepared, along with lovely candle decorations.

Santa chocolates created by Senior Troop 582 and peppermint hearts made by Senior Troop 585, were also distributed to the guests.

Junior Girl Scout Troop 95825 sponsored this year's GS Tree Lighting. The tree commemorates Girl Scouts and Leaders past and present. Counting down from 10 the tree glowed in GS green.

Carols were sung. The girls then retreated to the WR Civic Center with their pantry donations for neighbors & the Church of the Assumption of Our Blessed Lady Parish. Crafts, activities and a surprise visit from Santa! Hot cocoa and cupcakes provided by **Ke-arny Bank** added a warm and yummy touch.

Cadette GS Troops 94037 and 94454 took on the task of collecting coats in cooperation with the Producers Guild of America East and Film Good Do Good.

Much thanks to our friends and neighbors who were very generous.

The GSNNJ Cookie Sale begins on January 13, 2018. Please support this campaign which helps girls learn life skills, such as goal setting, decision making, money management, people skills, and business ethics, while earning funds to help neighbors near and far.

WRGS look forward to a productive future and wish all Blessings at Christmas and a Happy, Healthy New Year. *Provided by Sandra O'Byrne.* ###



Copy for the February Issue is due Jan. 5th.

Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

RSS Feed Available

Eagle Scout Court of Honor

During an Eagle Scout Court of Honor on November 18, 2017, Adrian Kulesza, Peter Neumann and Alexander Severino received the rank of Eagle Scout. Each Eagle Scout candidate must plan and supervise an Eagle Service Project which demonstrates a Scout's capability and willingness to exert his leadership ability in activities that are constructive and worthwhile in his community.

Adrian Kulesza's project was the construction and installation of four benches in Woodland Park, Hasbrouck Heights. Adrian and his team spent three days in May 2017 making improvements to the walking paths, constructed, installed and painted benches.

Peter Neumann held a Used Sporting Equipment drive, collecting over 2,000 pieces, for "Let's Play It Forward" that collects sports equipment and disperses it throughout the world.

Alexander Severino constructed and installed four picnic tables in Indian Lake Park, Little Ferry. He raised funds, coordinated the bench locations with officials, purchased the materials and with the help of Scouts, parents and friends of Troop 17 constructed and installed the benches in April 2017. ###

**Reduce
Reuse
Recycle**

Mothers of Pre-schoolers

If you are a mom of a pre-schooler, you know that you need a sisterhood to help get you through the early years of mothering. MOPS is just the sisterhood that you need! They invite you to join them at their next Hasbrouck Heights MOPS event on Thursday, January 25, 2018, from 7-9 p.m. RSVP by January 23, so that they

have enough yummy snacks for you. Event hosted by Bible Baptist Church, 31 Passaic Ave, Hasbrouck Heights. Free MOPS Kids childcare provided by RSVP only. Monthly Friday morning get together and outings too. For more info: hasbrouckhtsmops@gmail.com; (862) 239-MOPS; Fb – Hasbrouck Heights NJ MOPS. ###

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Girl Scouts Host Party for Hasbrouck Heights Seniors

On December 7, 2017, the members of Hasbrouck Heights Girl Scouts enjoyed an afternoon with the local seniors at the Senior Center. The girls invited the seniors to their Annual Senior Holiday Party where they served cookies, cake, cocoa and coffee. They also entertained the group by singing familiar Christmas Songs. The afternoon also included free Bingo games where great prizes were awarded. The girls made sure that every senior there received at least one gift, even if they did not win at Bingo. The seniors not only loved to see the young girls come to join them at the center but they also enjoyed the entertainment, refreshments and the games. This was a great way for the Girl Scouts to meet the seniors, interact with them and learn the importance of giving back to their community. A special Thank You to Lisa Mason who chaired the event. *Photo and story by Marie and Peter Gallo Jr. ###*

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No Shave November

Recently, Principal Kurt Schweitzer, and several teachers at East Rutherford Union School participated in NO SHAVE NOVEMBER – an event that has its participants grow facial hair while raising money to support cancer research through donations to The American Cancer Society. The staff raised \$280. The significance of growing facial hair is based in the fact that many cancer patients lose their hair through chemotherapy treatments. Pictured from left to right: James Breheney, John Brigante, Jonathan Evans, Curtis Arsi, Michael Blanchard, and Kurt Schweitzer. Not pictured but also participating: Justin Van Dyk and Rob Councilor. *Provided by JoAnn Hughes. ###*

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Editor's Retrospective: *Men*



March Madness, April 2017



St. John's Annual Plant Sale, June 2017



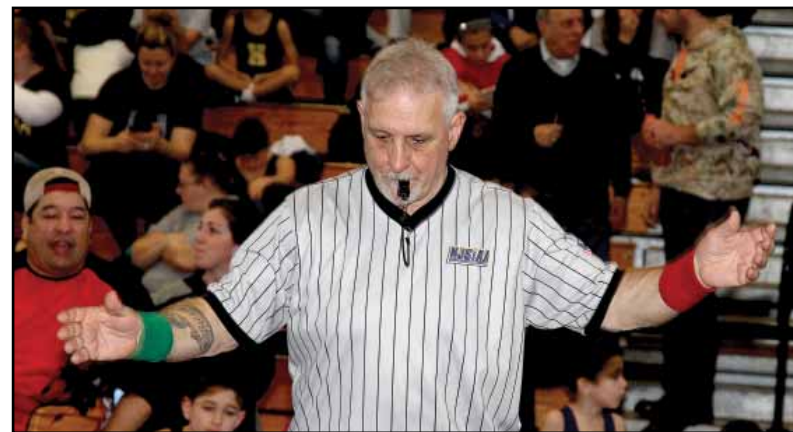
Personal Best, May 2016



Keeping TEB Runways Safe in Blizzard Conditions, April 2017



It Looks Fishy... July 2017



Going For The Gold • Referees Working The Mats, March 2017



Salute to Veterans, December 2017



Harlem Wizards Rock the Bulldogs' House, May 2017



Shamrock 5K Run, April 2017



Memorial Day, July 2017



Cemetery Detail, July 2017



Commemorating the Centennial of World War I, December 2017



Smackdown, June 2017



Frank Zabransky: Age Has Not Slowed Him Down, March 2017



Shannon Dalton Forde Field Dedicated, July 2017

memorable 2017 Gazette Photos



Happy Birthday Dr. Seuss!, April 2017



Child Care Center 30th Birthday Party, June 2017



Curriculum Expo at RLC, June 2017



Rutherford 42nd Labor Day Antique and Craft Street Fair, October 2017



Moonachie Town-Wide Food Drive, November 2017



Diversity, July 2017



901 Gets Christened, September 2017



The Romance Of The Rails, February 2017



The Right Stuff, October 2017



Kids Delighted at Pumpkin Pick, December 2017



Hasbrouck Heights Street Fair, July 2017

HH Chamber Holiday Parade Kicks-off a Merry Season

The Hasbrouck Heights Chamber of Commerce kicked-off the Season with their Annual Nighttime Holiday Parade. It stepped off at Williams Avenue at 7 p.m., on November 24, 2017, proceeded south along The Boulevard and concluded at The Circle for the official Community Tree Lighting. Some of the old-timers believe the traditional Parade started in the 1950s, but no one is sure. This year, a new feature included several community organizations creating floats. ###



Rutherford Chamber of Commerce 67th Holiday Parade

The highlight of the 2017 Rutherford Holiday Festival held on Saturday, November 25, 2017, was the Chamber of Commerce Holiday Parade. The Parade started at 4 p.m. at Union Avenue and Beech Street to The Circle at the Train Station and up Park Avenue to The Library for the official Tree Lighting. **The Rutherford Community Band was the Grand Marshal.** The Holiday Festival also included activities at St. Mary Craft Fair, Holiday Village set-up in Lincoln Park, Story Time with Mrs. Claus, crafts, rides, entertainment, free pictures with Santa, trackless train and entertainment, etc. The event was sponsored by the Borough of Rutherford and the Mayor and Council, in collaboration with **Cliffhanger Productions.** ###



Illuminating The Season



After a busy day of holiday festivities, immediately following the 67th Annual Chamber Parade, the **Borough of Rutherford** held their official Tree Lighting at The Rutherford Public Library on Saturday, November 25, 2017. A Christmas Village magically appeared in Lincoln Park following the tree lighting. *See Rutherford Chamber Parade on page 19. ###*



On Saturday, December 2, 2017, at 7 p.m., the Annual Christmas Tree Lighting Ceremony was held at **Moonachie Senior Center**. Children sang festive songs prior to the countdown and tree lighting. Everyone went inside for hot chocolate and cookies. Children met with Santa while parents took photos. A trackless train took passengers for a ride during the evening. *###*

Lodi began their 37th Annual Tree Lighting, 7 p.m., on December 1, 2017. There was the traditional parade with the Lodi High School Marching Band. The Fire Department brought Santa to the Municipal Complex. Santa led residents in the countdown and the official Lodi Holiday Tree was lit. The combined Lodi Girl Scouts (*Cadettes, Juniors, Brownies and Daisies*) sang three songs with Santa. Assisted by many beautiful “elves,” Santa met with all the children for pictures in The Library. The undefeated Inter-Lodi FC U9 Division Champs (10-0), were recognized. *###*



On December 1, 2017, at 6 p.m., the Annual Christmas Tree Lighting Ceremony was held at **Little Ferry** Borough Hall. The Little Ferry Fire Department gave Santa a ride. Santa went inside Borough Hall and spoke with each child and gave them a gift. Parents took photos.
At 7 p.m., everyone went to the official tree for the countdown and lighting, with Santa using his magical candy cane to light the tree. Retiring after 30 years of service, Councilwoman Roberta Henriquez assisted Santa in lighting the tree. ###



Bill O'Shea's Florist held their Annual Open House on Sunday, November 19, 2017, traditionally the Sunday before Thanksgiving. Hosts, John and Linda Kosakowski, welcomed guests to enjoy music, prizes, refreshments and special offers. Featured was a photo opportunity with Santa. There was a mailbox for letters to Santa. A beautiful Thanksgiving Centerpiece was raffled. Bill O'Shea's Florist has been delivering Season's Cheer for over 45 years. ###



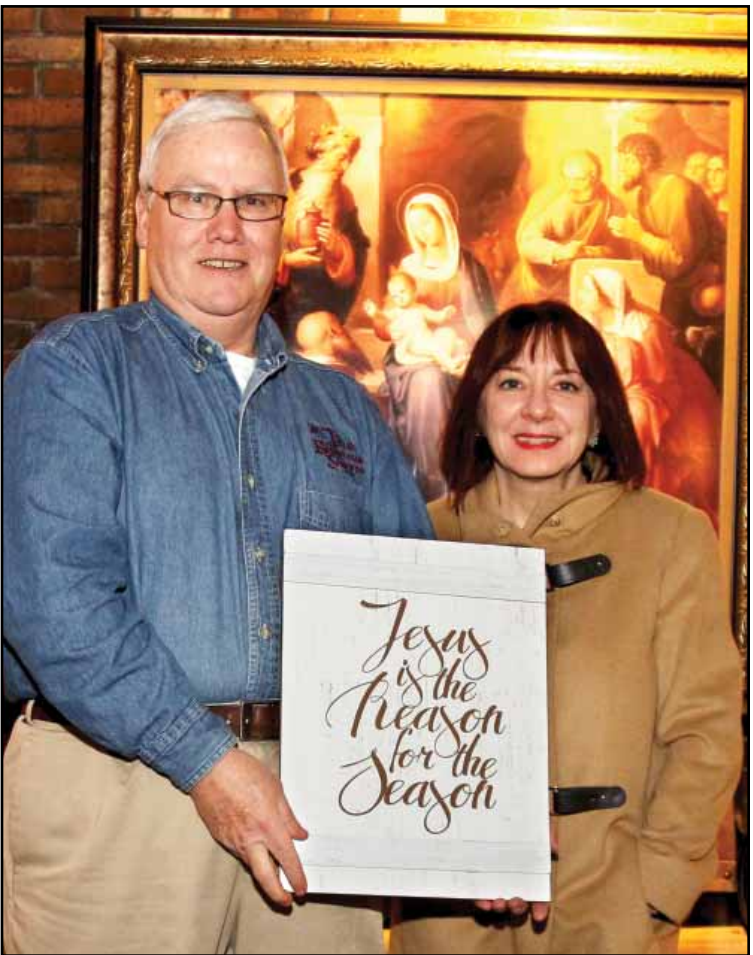
Following the **Hasbrouck Heights Chamber of Commerce Holiday Parade** Friday night, November 24, 2017, residents gathered at The Circle for the official Tree Lighting. Lisa Mason was the MC. Mayor Jack DeLorenzo led everyone in a collective "countdown" and The Circle trees were lit for the holiday season. Everyone joined in as the Hasbrouck Heights Middle and High School Glee Club sang festive songs. Santa went into TD Bank to speak with the children and take photos. The HH Fire Department provided area lighting and sound system. The event was sponsored by the HH Mayor's Celebrations Committee. ###



Heights Flower Shoppe held their 32nd Open House on December 3, 2017. Santa was on-site, waving to all his fans driving along The Boulevard. This very popular Open House kicked off the Holiday Season with music, prizes and refreshments. ###



Carlstadt held their Official Tree and Display Lighting on the front lawn of Borough Hall on December 7, 2017. The Choir sang seasonal songs. Santa arrived on a Carlstadt Fire Truck, then met with the children. Photos by Dennis Kronyak Sr. ###



Celebrating their 11th Anniversary, **The Religious Shoppe** held an Open House on Sunday, November 19, 2017. Hosts, Barbara and Gary Doran, welcomed guests to enjoy music, refreshments and special offers. ###

Artful Thinking

By Artie Maglionico • Lodi Historian

Hello folks, it's me again, your Artful Thinker, wishing you all a happy, healthy and prosperous 2018. To those of you from the UK who have become part of our readership, there might be one or two of you, welcome to the artful thinking family.

I'd like to start off the New Year by saying hello to a couple of avid readers of this column, Maryann Cangialosi and Mary "Candy" Petrisin. It pleases me to know that our monthly get together here on this page is bringing you more than a little joy ...Me too! So let's get started, shall we?

As a kid, growing up on Arnot Street in the 50s and early 60s, the month of January did not arrive without its share of melancholy. The holidays were over, the Christmas tree was tossed out into the gutter with strands of tinsel glistening in the early morning sun, reminding me of happier times.

The toys that only a week or two ago had given new meaning to my selfish little world were now things of the past and had become lost and soon forgotten in the dark recesses of the hall closet. Worst of all, something so traumatic took place that it depresses me even as I write this...I had to go back to school. Can you imagine that folks? After ten magical days of Christmas bliss, ten days of actually living a dream that was so far away from reality you needed a telescope to see it, you had to go back to school. Were they serious? When was the next holiday? The answer came back to me in big bold nauseating letters, "Never"! Can you relate folks? To think that I had to face the remainder of the school year with nothing to look forward to, nothing to take my mind off school work until the anticipation of summer vacation which didn't come into focus until May.

The only thing to hope for was the possibility of a blizzard. That's what it took in those days to get the day off. Nothing less than an all-out blizzard, my constant nightmare was that it would happen on a Friday at 3 p.m. What good was that I ask you?

You had two days off any way, darn it! Come Monday it was on with the boots, the mackinaw, the dreaded hat with the built in ear muffs, the woolen scarf that became frozen

stiff by the time you reached the school yard and the itchy long underwear that scraped away at my legs like a sheet of sand paper. Then, if that wasn't painstaking enough, I had to peel all that stuff off in the cloak room minus of course those two inch thick long Johns.

I was self-conscious enough about my weight without those miserable things making me look even heavier. I had to stay in them all day and whenever I had to leave my desk I swore that every kid in the class, especially the girls, were making fun of me behind my back.

Yes, winters were colder and snowier back then, the chances of getting a day off due to the weather were pretty good. Like I said earlier, anything short of an all-out blizzard and you were walking to school like it or not. If there was snow in the forecast the night before I used to pray with intensity that I'd wake up the next morning to the sound of the fire horn filling the air with its heaven sent message. "No School." I can't begin to tell you how many deals I made with God before I finally fell asleep. Every hour or so I'd get up and look out of my bedroom window to see if God was keeping his end of the bargain. "God if you turn this into a major snowstorm I promise that I'll obey my parents, take out the garbage, cook dinner, vacuum the rug, whatever it takes God but please keep it snowing."

Come day break I used to hide under the covers until my Mother came into the room with the news. More times than not it was bad, but when it was good it was an answered prayer.

That was the last God saw of me until the next storm. I don't know folks, can any of you relate to this? Was I the only kid praying for the biggest storm of the month, if not the century, just so I could delay doing my homework for another day? I think not!

Homework was another cause for the necessity of divine intervention. There wasn't

enough snow in the universe to bury the harsh reality of an unsolvable math problem. I was forever putting something between myself and homework of any kind.

I was always going to do it after something." Did you do your homework?" my Mother would ask. "After The Three Stooges' ma." I'd reply. If it wasn't The Three Stooges it was a stomach ache, Popeye, tomorrow, after dinner or whatever else I could use to build a high enough blockade between myself and the inevitable.

If I worked it right my mother and brother, Eugene, would wind up doing it for me. I would sit down between them asking them for help and then vanish. Soon they were so deeply involved with getting the correct answer they didn't realize that I was long gone until it was too late. It was the same with those time consuming book reports. The assignment was usually given two weeks ahead of time, I'd wait until the night before it was due to complete it. Until then I had not so much as read the title of the book let alone write about it. "God Please let there be snow." Yea, I laugh about it now, but let me tell you folks at the time it was cause for some pretty harrowing moments and many urgent talks with God. I'm sure that God was as happy as I was when summer arrived. He didn't have to hear from me until September. ###

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Veterans Today

By Thomas Marshall

Politicians seem to like to push the envelope on what they can and are allowed to do. Our 2nd President, John Adams supported the Alien and Sedition acts. These laws he signed criminalized false accusations against the Federal Government and violators were jailed. The citizens went into an outrage against him because they said the laws forbid free speech. It cost him a second term. I cannot imagine what he would think of Facebook today. Our 3rd President conducted the Louisiana Purchase. It was controversial in its day because it was criticized for not being Constitutional. Jefferson said it was because he had the authority to negotiate treaties.

Woodrow Wilson and friends passed the Seventeenth Amendment. How they did this I still don't know but, now the people vote directly for the senators. This was not how the founders set up the system. The people are supposed to vote for the Representatives in the house and the state governments are supposed to vote and select the senators. Senators used to refer back to their home states to receive notice on how to vote, but now the state governments have no voice in the Congress. Senators vote for what they want and not necessarily what is best for their state.

Theodore Roosevelt was huge in making national parks controversial because the federal government was taking land from the states for conservation. There's no reason that

the states could not preserve their own land that is needed to conserve. We can spend all day on things we don't like or disagree with when it comes to politics. We can find many things that we can question the legality of.

This month we take a look at the most incredible move by a President that to me has yet to be equaled and yes, many people said he could not make such a move, but he can and he did.

President Lincoln was elected as our 16th President in 1860. Lincoln came into office in a tumultuous time. He debated his political opponents in all matters while he ran for office. Large crowds listened to the Lincoln-Douglas debates while newspapers covered the back and forth between the two. They were both running for the Senate chair in Congress representing Illinois in 1858. I make reference to these debates because Lincoln made it his stance that he was against slavery in the United States and as the country grew with new states, he was against the spread of slavery to these new states.

Douglas was in the Democratic Party and Lincoln was running as a candidate for the brand new Republican Party. They debated 7 times and when the smoke had cleared the state of Illinois voted for Stephen Douglas as their new senator. This was when the states still had a voice in Congress before the 17th Amendment. Even though he lost that election

Lincoln was noticed by many, especially the abolitionists that wanted slavery ended.

The southern states had long argued that slavery was allowed by the Constitution. Laws had been passed to bring runaway slaves back to their owners but they long complained that all the laws passed were not being followed by the northern states. The Underground Railroad illegally stole slaves from the owners and guided the runaways to the northern states. The south was correct in all their arguments. Slavery might be morally wrong but it wasn't illegal.

The end came when Abraham Lincoln won the 1860 Presidential Election. His debates were known to those in the south. They said the President will take away their right to own slaves. They knew that he would not help them with their troubles and so they voted to secede from the Union. Lincoln had death threats on his life. Allan Pinkerton and his detectives discovered a plot to kill him, so Abraham Lincoln took a train earlier than expected and passed through Baltimore, the city where the plotters planned to kill him, on his way to Washington.

Not a great way to start a new administration for the President. Half the country seceded. The federal government did not recognize the secession but, the federal government could not really do anything about the succession of states because there was nothing in the Constitution to say that the states could not leave the Union. The southerners fired on Fort Sumter in Charleston Harbor and it gave Lincoln a gift. The southerners made war against the United States. Now Lincoln could use the military to put down the rebellion and bring the states back into the Union by force.

Lincoln did not want the south to leave the Union, he also didn't want slavery in the United States. He had to stop states from seceding from the Union. He was concerned about the border states.

The border states were Delaware, Kentucky, Maryland

and Missouri. The all were in the Union, but there was always a threat they would secede. England was also causing problems because they needed the cotton that was grown in the south to keep their factories going. They wanted to aid the south so they could obtain the cotton. The south had raised a spirited army and the Union Army had suffered defeats early in the war and even if the north won the war slavery was still allowed.

A northern victory would not end slavery. Congress made no move to do anything about the slaves. In fact many refused to talk about it because it was allowed at the time by the Constitution. As you can see Lincoln in 1862 was having an awful time. How do you solve all these problems?

Abraham Lincoln could not make the Congress do anything but he could do his own move. Slaves were used for manual labor. All the defenses dug around the cities of the south were done with the help of slave labor. Slaves were used in moving supplies for the Rebel Army. They worked to harvest the crops that were used by the rebels. The Supreme Court had ruled that slaves were the property of their owners and not citizens in the Dred Scott case. Lincoln decided to use the rebels argument against them.

Therefore, since the southerners recognized the slaves as property and not people, Lincoln felt he could declare them wartime contraband and confiscate them with the U.S. Army and Navy where found in the states that were in rebellion. So, he issued an Executive Order on September 22, 1862. The order basically stated that any state that did not abandon the rebel cause and come back into the Union by January 1st will have their slaves confiscated by the U.S. Army and Navy and those slaves will be declared henceforth and forever free.

On January 1, 1863 Lincoln's Executive Order, the Emancipation Proclamation, went into effect. Lincoln's order was not well received by all the members of Congress. Some said he could not do that but Lincoln's argument was sound. Confiscating slaves that were used to aid the rebellion is a good military practice. There was no other U.S. authority in

the south except the Army and as the Commander in Chief he was in charge of them. There were other benefits with this Executive Order. The border states had slave holders in them. The Emancipation Proclamation did not free those slaves because they were not in rebellion but all talk of joining the south would end because they didn't want their slaves confiscated and freed. His order also invited freed slaves to join the military and aid the cause of the Union. This would add manpower to the Union forces.

The Emancipation Proclamation changed the argument of the entire war. The south was fighting for states rights. They were correct in their arguments but with Lincoln's Proclamation it now became a war to free men.

The spirit of the war had now changed. It would now become a war to end slavery once and for all. This would be a problem for England. There were members of Parliament that wanted England to join the war to aid the south and get the cotton supplies needed, but now they could not sell the idea to the British citizens that England would help a Confederacy that held slaves. England backed away.

His order of Emancipation only affected the states in rebellion and would only last as long as the war would last. He knew he would need an amendment to the Constitution to ultimately free all the slaves. He would also need the U.S. Military to win the war.

The Emancipation Proclamation put the wheels in motion and on December 6, 1865, the Thirteenth Amendment was ratified. Slavery was now outlawed in the United States. This would not have happened in 1865 without the Emancipation Proclamation in 1862.

Any one of us can argue politics, the bills in Congress, taxes, politicians and whatever, but what can't be argued is the fact that the Emancipation Proclamation was nothing short of sheer genius. Lincoln used his office to do the most with the authority at his disposal to do the most good. On New Year's Day 1863, it went into effect and changed the course of the nation. ###



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The Fire Safety program is supported by a generous grant from the American Red Cross and the Taub Foundation.

Call Rebuilding Together North Jersey at 201-447-8886 for an application, or apply online at www.rtnorthjersey.org ###

East Rutherford Seniors

Meetings are held on the 2nd and 4th Tuesdays of the month at the Civic Center, 37 Vreeland Avenue, at 1 p.m. Refreshments are served and Bingo follows each meeting. Free blood-pressure screenings are held on the 4th Tuesday of the month beginning at 11:30 a.m. New members are welcome. Please contact Josephine at 201-460-1989.

Caesar's Casino

The East Rutherford Seniors sponsor a bus trip to Caesar's Casino every 3rd Monday of the month. The cost is \$30 with a return of \$30 slot-play. Bus leaves the CVS parking lot, Paterson Avenue, East Rutherford, at 9:30 a.m. All payments must be made in advance. For reservations and info, contact Josephine at 201-460-1989. ###

Little Ferry Seniors

Little Ferry Seniors are planning a 5 day trip to Rocking Horse Ranch starting June 11, 2018, at a cost of \$759 pp. double occupancy and \$909 single occupancy. A deposit of \$100 is required by the beginning of March.

Price includes daytime activities, round trip transportation, hotel/meal gratuities and much more.

For further information and reservations call Colette Caminiti, 201-641-4973. ###

Bingo!

Little Ferry Seniors: Bingo is played every 2nd and 4th Tuesday of the month at the Senior Center starting at 12:30 p.m. Refreshments served. For more info call 201-440-4815. ###

Lodi AARP #2015 Program Schedule

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Center, 22 Walnut Place. Each meeting will have either a speaker or entertainment as well as light refreshments. New members are welcome. Dues for 2018 are \$10 for the year. National AARP membership is also required. For membership information contact Stan at 973-779-8544.

- Upcoming 2018 Events**
- **January 16, 2018,** Regular monthly meeting. Speaker TBA.
 - **January 19, 2018,** Winter Wonderland luncheon dance at the Venetian, 546 River Dr., Garfield. From 12:30 to 4:30 p.m. Tickets are \$45 for Lodi AARP members and \$50 for non-members. Music by DJ Nick.
 - **March 14, 2018,** Bus Trip to Doolan's in Spring Lake for St. Patrick's Day Festival.
 - **May 18, 2018,** Installation Luncheon dance at the Venetian, 546 River Dr., Garfield.
 - **July 18, 2018,** Bus trip to Hunterdon Hills Playhouse. Performance of "Nunsense."
 - **September 19, 2018,** Bus trip to Resorts Casino, Atlantic City.
 - **November 14, 2018,** Bus trip to Sands Casino, Bethlehem, PA. ###

Woman's Club of Carlstadt

The Woman's Club of Carlstadt is sponsoring a "Come Paint with Us" party on Friday, January 26, 2018, 7 p.m. The registration fee is \$30 and covers paint and supplies. Feel free to BYOB and snacks. Coffee and cake will be provided. Registration deadline is Friday, January 19, 2018. Contact Renee at 201-403-6442. ###

Little Ferry Seniors

The Little Ferry Seniors have their meetings on the second Thursday of each month at 1 p.m. located at 95 Main Street Senior Center.

Little Ferry residents age 62 or older are welcome to join and participate in luncheons and bus trips. For more information, call Robert at 201-440-4815 or 201-641-3704. ###

Lodi Senior Club News

The Lodi Senior Citizens Club meets on the second and fourth Tuesday of every month.

Every Thursday is "Fun Day." They have a Pool Table, and Shuffle Board. Do what your doctor says, "Keep Movin" with exercise and line dancing or Bingo, card playing or come and enjoy the hot new adult coloring craze in the art corner or just come and enjoy a day with friends.

Non-members are welcome on Thursdays.

- Planned Trips & Events**
- **February 21, 2018,** Trip to Empire Casino leaves at 9:30 a.m.
 - **April 6, 2018,** - Installation dinner at the Venetian from 12:30 to 4:30 p.m.
 - **May 8, 2018,** Pizza in the Club, Mother's Day at 1 p.m.
 - **June 6, 2018,** Bus trip to The Waterfront at Silver Birches. Food, Dancing and Entertainment with "Jersey Chix."
 - **June 12, 2018,** Pizza in the Club, Father's Day. at 1 p.m.
 - **August 8, 2018,** Casino trip to Resort International, Queens.
 - **August 28, 2018,** Hot dogs in the Club. at 1 p.m.
 - **September 11, 2018,** Luncheon in the Club by Santangelo's, noon.
 - **October 10, 2018,** Black Forest Inn, leaves at 9 a.m.
 - **December 7, 2018,** Christmas Party at the Venetian, 12:30 to 4:30 p.m,
 - **December 11, 2018,** Pizza in the Club, at 1 p.m.
- PLUS they usually have entertainment at most of their Tuesday meetings. Come join if you are a Lodi resident, 55 years or older on Tuesdays. Non-members welcome on Thursdays. For more information, call 973- 472-6994 and leave a message. ###

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January 2018 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors
Check bulletin board for any change.

SENIOR ACTIVITIES

Monday, January 1, Building Closed
Monday, January 15, Building Closed MLK Day
Monday, January 8, 22, 29
10:00 a.m. to 3 p.m. Senior Lounge Open to all
10:00 a.m. Games, Cards and Coffee
1:00 - 2:30 p.m. Tai Chi (new) \$1.00
Tuesday, January 2, 9, 16, 23, 30
10.00 a.m. Line dancing \$1.00
12:45 p.m. Beginner's Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Card Night (Not on January 2)
Wednesday, January 3
10:30 Leisure Club Board Meeting
Wednesday, January 10
12:30 p.m. Leisure Club Meeting
Wednesday, January 17, 24, 31
10:00 a.m. to 2 p.m. Senior Lounge Open to all
10:00 a.m. Games, Cards and Coffee
2:00 p.m. Senior Stretch & Flex \$1.00
Thursday, January 4, 11, 18, 25
10:00 a.m. to 2 p.m. Senior Lounge Open to all
10:00 a.m. to 2 p.m. Games, Cards and Coffee
10:00 a.m. to 2 p.m. Mahjong
2:00 p.m. Senior Yoga \$1.00
Friday, January 5, 19
10:00 a.m. Fun Bingo
12 p.m. Zumba Gold \$1.00
1:00 p.m. to 3 p.m. Games, Cards & Coffee
Friday, January 12, 26,
12 p.m. Zumba Gold \$1.00
1 p.m. to 3 p.m. Games, Cards & Coffee

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Municipal Reorganization Meetings

Carlstadt: Monday, January 1, 2018, at 1 p.m. in the Council Chambers.
East Rutherford: Monday, January 1, 2018, in the Council Chambers.
Hasbrouck Heights: Tuesday, January 2, 2018, at 6 p.m., in the Council Chambers.
Little Ferry: Friday, January 5, 2018, at 7 p.m., in the Council Chambers. ###

Council Chambers.
Moonachie: Wednesday, January 3, 2018 at the Civic Center at 7 p.m.
Rutherford: Monday, January 1, 2018, at 11 a.m., in the Council Chambers.
Wallington: Tuesday, January 2, 2018.
Wood-Ridge: Monday, January 1, 2018, at 3 p.m., in the Council Chambers. ###



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Little Ferry Borough Hall Lobby Public Library	Wood-Ridge Borough Hall Entrance Meadowland Wine & Liquor
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Senior Snow Shoveling Safety

Harvard University suggests that seniors (*over the age of 50*) should take special precautions to avoid snow shoveling hazards.

Snow shoveling is one of the most dangerous activities senior citizens can attempt. With back injuries, shoulder dislocation and heart attacks -- on average 1,200 people a year die as a result of shoveling snow.

Shoveling snow is physical activity and comparable to lifting weights fast and with many repetitions.

As with any exercise, begin with a 5-10 minute warm-up. Try walking or marching in place as a way of using slow, gentle exercise to increase blood flow and flexibility to the muscles and joints that will be used.

It will increase the heart rate slowly and avoid the equivalent strain of going from standing still to a full out run.

Add arm movements and stretches for back, chest and shoulder muscles to help warm up the upper body and avoid

muscle tears or dislocation.

- Dress right. Wear layers. Cover your head, face and hands when outside for prolonged periods of time.

- If you become overheated, take a break from shoveling.

- Use waterproof boots to protect your feet from the cold as well as keep them dry. Wear non-skid boots to guard against falls on slick snow or hidden ice.

- Depending on how wet the snow is, a shovel full of snow can weigh up to 15 pounds! A smaller shovel means lighter loads -- help prevent injury to the body by creating less strain.

- Stay hydrated. Keep a water bottle handy and take a few sips after every 15 minutes.

- Shovel every time the snow fall is about 2 inches. This makes shoveling more manageable.

- Go inside after 20-30 minutes and start again. This will be the same as a 30 minute vigorous workout.

- Lift with the legs, not the back. Be sure knees are bend-

ing and straightening to lift the shovel instead of leaning forward and straightening back up with the back.

- Push the snow. It's easier than lifting and throwing the snow.

- Keep space between your hands to increase your leverage on the shovel.

- Avoid caffeine and nicotine. Caffeine and nicotine act as stimulants by increasing the heart rate and constricting blood vessels, which puts more strain on the heart.

- Never shovel alone. Let someone know that you will be shoveling. If you get into trouble, someone can call for help.

- A snowblower can create a false sense of safety. It's easy to be seduced into working too hard and too long. Know when to quit.

- Know your limits. A fall or injury would be very dangerous to your overall health and well-being. Hire someone or call a snow-service instead of 911. ###

Dangers of Carbon Monoxide (CO)

What is carbon monoxide? Carbon monoxide (CO) is a poisonous, colorless, odorless, and tasteless gas. Although it has no detectable odor, CO is often mixed with other gases that do have an odor. So, you can inhale carbon monoxide right along with gases that you can smell and not even know that CO is present.

Each year, more than 400 Americans die from unintentional CO poisoning not linked to fires, more than 20,000 visit the emergency room, and more than 4,000 are hospitalized.

How can I prevent CO poisoning in my home?

- Install a battery-operated or battery back-up CO detector in your home and check or replace the battery when you change the time on your clocks each spring and fall. Place your detector where it will wake you up if it alarms, such as outside your bedroom. Consider buying a detector with a digital readout. This detector can tell you the highest level of CO concentration in your home in addition to alarming. Replace your CO detector every five years.

- Have your heating system, water heater, and any other gas, oil, or coal burning appliances serviced by a qualified technician every year.

- When you buy gas equipment, buy only equipment carrying the seal of a national testing agency, such as Underwriters Laboratories.

- Make sure your gas appliances are vented properly. Horizontal vent pipes for appliances, such as a water heater, should go up slightly as they go toward outdoors. This prevents CO from leaking if the joints or pipes aren't fitted tightly.

- Have your chimney checked or cleaned every year. Chimneys can be blocked by debris. This can cause CO to build up inside your home, cabin, or camper.

- Never patch a vent pipe with tape, gum, or something else. This kind of patch can make CO build up in your home, cabin, or camper.

- Never use a gas range or oven for heating. Using a gas range or oven for heating can cause a build up of CO inside your home, cabin, or camper.

- Never burn charcoal indoors. Burning charcoal - red, gray, black, or white - gives off CO.

- Never use a portable gas camp stove indoors. Using a gas camp stove indoors can cause CO to build up inside your home, cabin, or camper.

- Never use a generator inside your home, basement, or garage or less than 20 feet from any window, door, or vent.

when breathed because it displaces oxygen in the blood and deprives the heart, brain, and other vital organs of oxygen. Large amounts of CO can overcome you in minutes without warning—causing you to lose consciousness and suffocate.

Besides tightness across the chest, initial symptoms of CO poisoning may include headache, fatigue, dizziness, drowsiness, or nausea. Sudden chest pain may occur in people with angina.

During prolonged or high exposures, symptoms may worsen and include vomiting, confusion, and collapse in addition to loss of consciousness and muscle weakness.

Symptoms vary widely from person to person. CO poisoning may occur sooner in those most susceptible: young children, elderly people, people with lung or heart disease, people at high altitudes, or those who already have elevated CO blood levels, such as smokers.

When you suspect CO poisoning, promptly taking the following actions can save lives:

- Move the victim immediately to fresh air.

- Call 911 or another local emergency number for medical attention or assistance.

- Administer 100-percent oxygen using a tight-fitting mask if the victim is breathing.

- Administer cardiopulmonary resuscitation if the victim has stopped breathing. ###

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How does CO harm you?
Carbon monoxide is harmful

Better Wood Burning

The Department of Environmental Protection is reminding New Jersey residents to take steps to reduce their impact on air quality when burning wood as the weather turns colder, whether in fireplaces, wood stoves, or outdoor fire pits.

“While burning wood is very comforting and cozy, it’s important to remember that wood smoke contains fine particles that contribute to air pollution,” said Jane Herndon, Assistant Commissioner for Environmental Management. “You can take a few simple steps, including having a properly maintained wood stove or fireplace, to minimize your impact on the environment and your neighbors, while protecting your home and safety.”

The DEP recommends following these simple guidelines:

- Allow wood to season before burning it. Seasoning entails allowing the wood to sit outdoors for at least six months. Seasoned wood is darker, has cracks in the end grain and sounds hollow when smacked against another piece of wood.
- Use a wood moisture meter to test the moisture content of wood. Wood burns most

efficiently when its moisture content is below 20 percent.

- Stack wood neatly off the ground with the top covered to protect it against rain and snow.
- Keep fires burning hot.
- Regularly remove ashes to ensure proper airflow.
- Never burn garbage, cardboard, plastics, wrapping materials, painted materials or other materials in your stove or fireplace.
- Keep anything flammable - including drapes, furniture, newspapers and books - far away from any wood-burning appliance. Keep an accessible and recently inspected fire extinguisher nearby.

The DEP also urges resi-

dents to check local air quality at <http://www.njaqinow.net> prior to burning wood.

In deciding how to heat your home this winter and reduce your exposure to fine particles from wood smoke, DEP recommends upgrading to a U. S. Environmental Protection Agency-certified wood stove or fireplace insert. The newer equipment will reduce air pollution and is much more energy efficient.

For more information on wood burning in New Jersey, visit: <http://www.nj.gov/dep/baqp/woodburning.html>

For more on the EPA’s Burnwise program, visit: <http://www.epa.gov/burnwise/> ###

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Distributed via U.S. Postal Service and available at select locations.
All issues are available online FREE in pdf format.

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Real Estate Insight

By Mary Ellen Courtney



“The Times They Are A’Changin’”

Whenever possible, I like to spotlight trends and statistics that could seriously impact the real estate business now and in the future. The trends that I see currently seem to involve looming demographic shifts which are poised to change the US housing market everywhere, including here in our local Bergen County area. At the same time, they may even change our popular perceptions about the age-old American dream of

home ownership.

The crux of the matter is that, in much of the country, the typical American homebuyer is seen today to be increasingly young and Hispanic.

According to statistics from the 2016 State of Hispanic Homeownership Report, the US is in the midst of a Hispanic homeownership surge.

Since 2000, Hispanic households have increased by 6.7 million, representing 42.5 percent of the nation’s overall household growth, a trend that

is most likely to accelerate.

Latinos are expected to make up 52 percent of new homebuyers between 2010 and 2030, fueled in large part by the country’s 14.6 million Latin millennials and growth in America’s increasingly diverse suburbs.

Nowhere does that seem more evident than here in the Garden State. Census figures show that the Hispanic population here has grown recently from 1.6 million to 1.7 million, compared to the non-Hispanic population, which has remained stagnant at 7.2 million. This increase accounted for – in less than 4 years – an overall increase in New Jersey’s population, from 8.8 million to 8.9 million.

The Hispanic population

for every county in New Jersey has grown since 2010, with Union, Hudson and our very own Bergen County seeing the most growth. It’s no wonder that we’re witnessing a great rise in the number of Hispanic home buyers in our local towns.

Among the factors used to point to the potential of a “Hispanic Mega Market” are surveys recently done by The National Association of Hispanic Real Estate Professionals (NAHREP).

Their data indicates that Latinos – for a wide variety of emotional and financial reasons – are statistically more motivated than the general population to purchase a home.

NAHREP’s data shows, for example that 56% of Hispanics consider owning a home a symbol of success compared to only 32% of all Americans; that 68% of Hispanics are more likely to believe purchasing a home is a good financial opportunity, while only 57% of all Americans think the same; that 73% of Hispanics believe owning a home is a good way to accumulate wealth that can be passed to their families, compared to 57% of all Americans.

Conversely, statistical evidence from other, different sources indicates that homeownership is actually falling in other segments of the population; so NAHREP’s data is

definitely welcome news to us realtors.

I spoke to two homeowner Hispanic sales agents in our office – Oscar Diaz and Cecilia Saca – and asked them why they think homeownership is so important to their community.

Cecilia, originally from El Salvador, pointed out that “Family is of the utmost importance when it comes to Hispanic culture; ‘nuestra casa’ has special meaning because it is understood everywhere as ‘our good place’ to raise and nurture family.” She added: “Latinos see the American Dream as an investment in the future, not only for themselves but for elderly parents and other family members as well.”

Oscar, who was born in Cuba, but also lived in Puerto Rico and Mexico, put it in terms of personal ambition and self-pride: “For the Hispanic community, the idea of purchasing a home goes much deeper than most people’s notion of buying property. It is tangible proof of having worked hard and it translates, essentially, to a way of saying ‘I have arrived.’ Nobody in the Hispanic community dreams and aspires to be a tenant.”

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

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HH Garden Club News

The first meeting for the New Year will be held on Wednesday, January 17, 2018, at the Borough Hall located at 320 Boulevard. The meeting will be held in The Library Meeting Room located on the second floor across from the entrance to The Library. Refreshments will be served at 6:30 p.m. General meeting will begin at 7 p.m. Maria Russo, president, and the committee members will discuss the upcoming plans of the Club. All are welcome to join us! There is plenty of parking available on Central Avenue with a parking lot across the street from the building.

On February 21, 2018, the speaker will be Kathleen Sullivan, a Rutgers Master Gardener graduate. Since 2010, Kathleen has been instrumental in creating historical gardens that span the 250 year history of

the house where Vice President Aaron Burr lived and married Theodosia Prevost in 1782. Her topic will be plants from the 18th century.

March 21, 2018, Julianne Watson will speak to the members and guests about preparing to “Wake up our Garden” for the coming spring.

April 18, 2018, topic will be how-to practices that are sparing of effort, time, money, the environment, and gardeners’ bodies will be discussed by Regina Carlson . She will also discuss design, construction, and maintenance, including techniques and tools.

May 16, 2018, the final speaker until the fall will be Bruce Crawford. His subject will be Color-Effects of a Perceived Object! Does color affect our perception of plants, objects and people? Join us and find out!

Come and join us for our meetings! There is no charge ! We always welcome everyone! For further information contact Judy Mascis 201-288-2615. ###

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Filling You In

By Jeffrey E. Mason, D.M.D.

Bridging the Gaps

An empty space, or gap, in your smile may affect your chewing and speaking abilities, as well as your self-confidence. If you're missing one or more teeth, your dentist may recommend a fixed bridge as a treatment option.

What is a bridge?

A fixed bridge is a dental appliance that replaces one or more missing teeth, thus bridging the space between the two adjacent natural teeth or implants. Bridges are made from gold, alloys, porcelain or a combination of these materials.

A traditional fixed bridge consists of a false tooth or teeth fused between two crowns, or caps, that are cemented on the surrounding teeth.

An implant bridge is fastened to two or more implants that are submerged in the bone tissue. Bridges are sometimes called "fixed partial dentures." However, unlike removable partial dentures, bridges cannot be removed by the patient.

Why should I get a bridge?

If you are missing any teeth, the resulting space could cause speech or chewing problems. Missing teeth also can cause your remaining teeth to move out of position. This repositioning can make you more susceptible to tooth decay and gum disease, which can cause further tooth loss. A fixed bridge can replace those missing teeth, correcting your bite, and improving your chewing and speaking abilities. A bridge also can help to maintain the natural shape of your face.

What is the total treatment time?

There are several steps required and several dental visits needed in order for your dentist to create a bridge that meets both your functional and esthetic needs. The total treatment time for a bridge is usually two to four weeks, depending on the type of bridge you receive.

How do I care for a bridge?

The success of a bridge depends on its foundation —

the abutment teeth or implants — so it's vital for patients with bridges to maintain their oral health. If you have a bridge, it's more important than ever to brush for two minutes, twice a day, and to see your dentist every six months. Your dentist also might recommend that you use floss threaders to reach the spaces between the bridge and the adjacent teeth and gums. With proper care, your fixed bridge should last as long as eight to 10 years or possibly longer.

REF: Academy of General Dentistry 2017

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Thyroid Cancer Support Group

Thyroid Cancer Survivors' Association, Inc. will meet on Thursday, January 4, 2018, from 6 to 8 p.m. at The Wood-Ridge Memorial Library. All are welcome. No registration required. ###

Health Tip Sleep

Everybody needs a good night's sleep. Every person's body varies in how much sleep is necessary. That amount can also change depending upon the amount of activity each day. By ensuring that your body gets the amount of sleep that it needs each night, you are helping your body stay healthy and happy.

The average sleep needed for an active adult is 6 - 8 hours of uninterrupted sleep each night. Sleep in a dark, quiet room and allow yourself enough time to get the sleep you need. Your body will tell you how much is necessary.

Getting enough sleep will help your mood, your metabolism, your immunity and almost every other aspect of your health. ###

Practice Random Acts of Kindness

Collecting Diapers, Ensure

During the weekend of January 13-14, 2018, Assumption Parish Community will be collecting diapers for children born with the virus, which are given to the Pediatric Aids clinic at Saint Joseph's Hospital in Paterson.

As part of the program leading up to the observance, Assumption AIDS Ministry at all the Masses during the weekend of January 27-28, 2018, will be collecting the diet supplement Ensure, which is much needed for maintaining a healthy condition by those living with the virus. The Ensure is to be donated to New Jersey Buddies in Hackensack.

Assumption Parish Community will be observing AIDS Compassion Weekend at all the Sunday and anticipated Masses of February 10-11, 2018. ###

Moonachie Health Consultation

Consultations are held on the 3rd Wednesday of each month at the Moonachie Civic Center, 125 Moonachie Road, Moonachie from noon to 1 p.m. ###

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HHMA Tree Sale

The Hasbrouck Heights Men’s Association held their annual Christmas Tree Sale this Holiday Season at St. John the Divine, at the corner of Franklin and Terrace. On Saturday, November 25, 2017, the Association was out in full force to unload 315 trees and set-up the lot. They carried an array of Balsam and Frasers trees of sizes from 5-6 feet to 9-10 feet. This sale has been a Hasbrouck Heights holiday tradition for over thirty years. On Saturday, December 2, 2017, from 2 to 4 p.m., Santa was available for photographs. HHMA also held a senior citizen Christmas Tree raffle whereby a member delivered and set up a 5'-6' tree with a stand and also removed the tree and stand after the holidays. The money raised goes to the HHMA Scholarship Fund that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. They thank area residents for their on-going support of their sale and wish everyone a Happy Holiday Season. ###



The Hasbrouck Heights Fire Department participated in the Chamber Holiday Parade with its Honor Guard and display of emergency equipment and manpower. Additionally, they provided area lighting and sound system for the municipal tree lighting ceremony. ###

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New Year's Traditions

In past New Year's Eves we would go either to the Elks Club or the VFW hall and welcome the new year dining, dancing and drinking with our friends. As we get older we spend our New Year's Eve with a small group of friends at a house party. We play games, have refreshment and drinks and finally gather around the television to watch the crystal ball drop in Times Square. At the stroke of midnight we make lots of noise to welcome the new year and ward off evil spirits; we kiss each other to strengthen ties we wish to maintain in the future; and welcome the new year with a glass of sparkling wine. We always comment how fortunate we are to be in a warm house rather than standing elbow-to-elbow with hundreds of thousands of people in the New York cold.

We realize that billions of people are also watching the Time Square celebration world-wide, and we know that many countries have their own traditions to welcome the new year.

Here are a few of the New Year traditions and customs. In some South American countries, wearing colored underwear will determine your fate for the new year. Argentinians dressed in pink skivvies hope the color will spice up their romances for the year to come. In Colombia, Ecuador and Chile, yellow underwear is worn to ensure a year of happiness and good fortune. In Brazil, sporting orange knickers will potentially provide a year of professional success. Bolivians looking to keep friendships going strong, wear pink underwear.

In Puerto Rico, wearing white underwear is believed to aid in fertility and a year of good health. In Spain, wearing red underwear is a symbol of life. In Peru, green underwear will bring you positive energy in the new year. Wearing anything polka dotted in the Philippines will work, as the roundness symbolizes prosperity. In China, red underwear with golden embroidery is seen as a way to fight off bad luck for the new year. If you are looking for tranquility in Portugal, many people will sport blue undies under their New Year's best. Though it is not tied down to one nation, most countries believe wearing black underwear on New Year's Eve will bring misfortune unto the new year.

In Chile, folks eat lentils when the clock strikes midnight. It is supposed to usher in a prosperous new year. In Spain it is also common to eat a grape with every chime of the bell at midnight for a year of prosperity. Brazilians believe

that lentils signify wealth and prosperity. In India and Pakistan, rice promises prosperity. In Germany, Poland and Scandinavia, it's believed that eating herring at the stroke of midnight will ensure a year of bounty.

In Romania, they throw their spare coins into the river to get good luck. In some parts of Puerto Rico they throw pails of water out of their windows to drive away evil spirits. In Bolivia, coins are baked into sweets and whoever finds the coins has good luck for the next year. The French like to keep things simple and delicious. Every new year they consume a stack of pancakes.

In Colombia, they carry their suitcases around with them all day in hopes of having a travel filled year. In Denmark, people climb on top of chairs and literally "jump" into the new year to bring good luck.

In Chile families spend the night in the company of their deceased loved ones by sleeping at the cemetery. In Ireland, they hit the walls with bread to get rid of evil spirits. In Scotland, the first person to cross the threshold of a home in the new year should carry a gift for good luck. Likewise, in England they also believe that the first guest for the year would bring fortune for them.

It is obvious that cultures and traditions vary in different parts of the world; however, almost all of them are meant to bring happiness, prosperity and good luck in the new year. *Provided by Peter Gallo Jr. ###*



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Lodi Police Department Holds Jr. Police Academy Graduation

On November 20, 2017, Sergeant Anthony Mobilio of the Lodi Police Department Community Policing Unit, under the direction of Chief Vincent Quatrone, had the honor of bestowing diplomas to the almost 100 volunteer cadets of their Junior Police Academy.

Over the last seven weeks, the Lodi Police Department Community Policing Unit, with the volunteer cooperation of the sworn officers of the Lodi Police Department, have hosted their annual Junior Police Academy for 7th Grade students at Thomas Jefferson Middle School.

The Junior Police Academy is a successful program, which is designed to introduce students to the law enforcement community in a hands-on approach to basic police work.

The core function of this program is to provide an interactive learning experience that focuses on the different aspects of police work.

It provides the youth of the community an avenue to experience and appreciate the role that police officers play in our society, while building the bridge of cooperation and respect between the youth and law enforcement.

During this seven week training class, these “cadets” were required to participate in physical training, inclusive of calisthenics and relay races, similar to physical education classes.

The cadets are also given hand-outs and written instruction on topics plaguing society today such as bullying, peer pressure, drinking and driving,

drug abuse, and how to say no.

They experienced visits from the local fire department, ambulance corps, the Bergen County Sheriff’s Department K-9 Unit and Bureau of Criminal Identification, and Sensei David Castro of Tiger Schulman’s Karate of Morris Plains. They even took a trip to the Bergen County Law and Public Safety Institute in Mahwah.

Their biggest thrill of the program was a visit from NY Giants Safety Andrew Adams and NY Giants Linebacker Keenan Robinson, who took the time to discuss their experiences in life with peer pressure and the choices that led them to the successful careers that they have with the NFL. *Provided by Robert Salerno. ###*

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Oscar Diaz

Oscar Diaz Joins Real Living Gateway Realtors

Gateway Realtors welcomes Oscar Diaz to its ever-growing roster of full-time sales associates. Born in Cuba, fluent in Spanish, he graduated Fairleigh Dickinson University with 2 undergraduate degrees and an MBA in International Business. No stranger to retail sales, Oscar was Senior VP for Shelcore Toys International, expanding new markets for the firm in Latin America and elsewhere. A Hasbrouck Heights resident for over 24 years, he has 2 sons: Jesse, a recent graduate of Montclair State University and Jake, currently a star quarterback for the Aviators. "My business had taken me to 47 countries on every continent outside of Antarctica. I was getting more and more homesick and realized finally that I needed a career change. My good friend and fellow colleague Rob Faussette suggested I go for real estate." Mary Ellen Courtney, Broker for Gateway, remarked in appreciation: "Oscar is a very serious individual, obviously used to challenge and hard work. We expect he will do very, very well in this business."



Maria Bello
Top Sales Partner
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