

The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie
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January 2022

★★★★★



A jolly Elf in a red suit was seen walking around Southern Bergen County just before Chistmas checking to see who was naughty and nice.

Way Too Fast...

Didn't we just ponder the selection of our Christmas tree, carried our treasure home, spent hours dressing it with twinkling lights and heirloom decorations?
Didn't we really just miss holiday parties with friends, parades, concerts and Santa visits? But then again, there was Christmas music, classic movies, holiday food and sweet delights to share with our family.
The real meaning of the season should not fade so quickly.
Continue the true meaning and lessons of Hanukkah and Christmas.
Continue the joy of this season, and the magic it promises, into the New Year.
Continue to keep the spirit of Goodwill towards all throughout the year.
The true meaning of the season lives within you!

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**Happy
New Year**



Carlstadt Senior Friendship Club held a luncheon to **Honor Our Veterans**. They were grateful for their sacrifices for our country. God Bless and Peace.
Submitted by Margaret Stallone. ###



On Veterans Day, Little Ferry Memorial School students and staff attended a program on **American Flag Etiquette**. American Legion Post 310 Veteran Paul Weiss gave a power point presentation on the proper way to show respect for the American Flag. The 45 minute program


explained the proper respect when the Pledge of Allegiance is recited or the National Anthem is played. This was followed by various topics, including the naming of public buildings and places where the American Flag is hung, raising and lowering of the flag, illumination of a

flag displayed at night, replacement, respect for the flags of the Armed Forces, the meaning of why flags are seen at half-staff and the proper method of folding a flag. Included was the definition of a Veteran and ways people might thank them for their service. *Provided by Paul Weiss. ###*



Happy 90th Birthday

Little Ferry Seniors held a group 90s Birthday Party at Bistro Restaurant, in Moonachie, on October 21, 2021. *Photo of several of the honorees provided by Nilda Rojas. ###*




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Care on the Corner held a **Tricky Tray Holiday Boutique** on December 3 and 4, 2021. They had a great event and wanted to send our friends and supporters thanks and a Happy Holiday greeting, *Photo by Karen Fels.* ####



HHMA Annual Tree Sale Benefits Scholarships

The Hasbrouck Heights Men's Association began their Annual Christmas Tree Sale on Friday, November 26, 2021, at St. John the Divine, at the

corner of Franklin and Terrace. The Association was out in full force to unload about 400 trees and set up the lot. An array of Balsam and Fraser fir trees, from 5-6 feet to 9-10 feet, were available. This sale has been a Hasbrouck Heights holiday tradition for over thirty years. The money raised goes

to the HHMA Scholarship Fund that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. The Hasbrouck Heights Men's Association thanks area residents for their on-going support of their sale and wishes everyone a Happy Holiday Season. ####

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Eagle Scout Project at Aviation Hall of Fame & Museum
Ryan Hopson has completed his Eagle Scout Project with the help of Scouts and Adult Leaders from Troop 17 - Hasbrouck Heights. Ryan's project was to refurbish the picnic area at the Aviation Hall of Fame Museum in Teterboro. This included painting the picnic tables; and installing umbrellas, privacy fencing, and an entrance sign. *Provided by Bob Hopson.* ####

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Art Association of Rutherford

The Art Association of Rutherford will be having its meeting at 8 p.m. on Thursday, January 13, 2022, at the Tamblyn Civic Center, 30 Woodland Avenue, Rutherford, NJ.

We will be having an open studio with a model and still life. All are welcome! We ask for a \$3 non-mandatory donation from non-members to defray costs.

Hope to see you there! Contact Lissanne at lissanheart@gmail.com for more information. ###

W-R Memorial Foundation Elects Linda Finke President/Annual Dinner Update

At the annual Fall meeting of the Wood-Ridge Memorial Foundation, the Trustees of the Wood-Ridge Memorial Foundation elected Linda Finke as Foundation President. Linda succeeds Paul Calocino who passed away in May of this year.

Linda, Vice President since 2008, had been acting president since May. Also at this meeting, Ezio Altamura was elected Vice President and Ray Crews Jr. was elected as a new trustee.

President Finke stated, "I am honored and proud to succeed Paul Calocino and be part of this organization whose sole mission is to provide monetary awards to our community high school graduates to continue their education.

From John Borresen to Paul Calocino, the original mission of the Foundation has never wavered. Our goal has been and continues to be awarding as many scholarships as possible to our high school graduates." This past June, the Foundation awarded 19 scholarships totaling \$55,000.

One of the most important fund raising events is the annual Foundation Dinner Dance.

Due to Covid 19, the 2020 dinner was postponed multiple times. The dinner is now set for Friday, March 11, 2022, at The Fiesta.

This year's community honorees are Bonnie Campagna, Elizabeth Ferry, Debra Greenaway, Melanie Rose-Rela and Andrea and Ed Marino. During the evening's ceremonies the Foundation Trustees will also honor Paul Calocino with a special tribute.

A full course dinner with beer, wine and soda will be served. Entertainment will be provided by the Alan Quinn Orchestra. Tickets are \$70 and may be purchased by contacting event Chairman Jack Nagel at 201-641-2803 or by email janpro911@aol.com ###

Collecting Diapers

Assumption Parish community will observe AIDS Compassion Weekend at all the Sunday and anticipated Masses on February 26-27, 2022.

As part of the program, Assumption AIDS Ministry, at all the Masses during the weekend of January 29-30, 2022, will be collecting diapers for children born with the virus, which will be given to the Pediatric AIDS Clinic at St. Joseph's Hospital in Paterson. ###

Bergen County LGBTQ Seniors Meet January 11

Bergen County LGBTQ Alliance (BCLA), a new non-profit organization, is initiating a seniors (60+) group that will meet on the second Tuesday of each month.

The first meeting is on Tuesday, January 11, 2022 at 11:30 a.m. at The Rutherford Pancake House, 40 Park Avenue, Rutherford. Refreshments will be served.

For more info, contact Nick@bergencountyLGBTQ.org Stay well and look forward to seeing you. ###

Park Avenue Toastmasters

Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career? Toastmasters International is a world leader in communication and leadership development. The Park Avenue Toastmasters will meet at the Wood-Ridge Memorial Library and also on Zoom on Mondays, January 3 and 31, 2022, at 6:30 p.m. Vaccinations required for in person meetings. ###



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Volunteers Welcome

Winter Coat Drive for Veterans

The Hasbrouck Heights Green Team, in partnership with the HH Contemporary Club, will be hosting a Winter Coat Drive January 13, 2022, 3 p.m. to 7 p.m., at the Hasbrouck Heights Senior Center to benefit several Veteran homes through the NNJ Hero's Welcome organization.

Veterans are in dire need of gently worn men's and women's coats. We will also be collecting personal items such as: toothbrushes, toothpaste, shampoo, conditioner, soap, feminine products, deodorant, and new underwear, undershirts, socks and blankets. NO hats, scarves, mouthwash or razors will be accepted. ###

MomLife Event January 27

Start 2022 off right by coming to MomLife!! Moms of kids ages 0-11 from any town are welcome to attend.

Next event on Thursday, January 27, 2022, from 7 to 9 p.m. Please RSVP by January 25.

Event hosted by Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights.

Limited KidLife childcare available by RSVP only and medical form required. Monthly Friday morning get together and outings too.

For more info: hasbrouckhtsmomlife@gmail.com; 862-239-6677; Fb - Hasbrouck Heights MomLife ###

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Pop-Up Thrift Shop

The Women's Club of Rutherford will host a Pop-Up Thrift Shop from February 12 - 20, 2022 at their clubhouse, 201 Fairview Avenue (corner of Firview Avenue and Montross Avenue), Rutherford.

They welcome new and gently used donations of clothing, shoes, belts and accessories on Saturday, January 15 and Sunday January 16, 2022, from 10 a.m. to 3 p.m.

Proceeds will benefit local charities and the maintenance of the historic Woman's Club of Rutherford Carriage House.

For more information, contact Laura at 201-893-1172. ###

Kip Center Monthly Casino Trip

The Kip Center hosts a Sands Casino Trip the second Monday of every month. Bus leaves at 9 a.m. from the Kip Center, 55 Kip Avenue, Rutherford. The cost is \$35.

55 Kip Members first priority, but spaces are generally available for your friends. Reserve early. New to the Kip Center? Give it a try, there is always something going on. Call 201-460-1600 for information. ###

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Bonsai Jan. 19

On January 19, 2022 the Hasbrouck Heights Garden Club will have their monthly meeting at the Municipal Building, 320 Boulevard, Hasbrouck Heights NJ, 2nd floor.

Join us at 5:30 p.m. for refreshments and a meet and greet. The meeting will begin at 6 p.m.

We will be featuring Kerri Heck. She is a member of the Great Swamp Bonsai Society. She has been with the GSBS for about 20 years and has an "Intro to Bonsai" presentation, perfect for garden clubs.

She will share her knowledge of Care and Creation of Bonsai. It is not very tricky. Any plant can be a Bonsai, you just have to learn how. ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information. Send these details at least 45 days prior to the event to: fritz@hasbrouckheights.com or drop them off at: **The Gazette Newspaper**, 345 Boulevard, Hasbrouck Heights, NJ 07604. ###

2022 Municipal Reorganization Meetings

- **Carlstadt:** Saturday, January 3, 2022, at 7 p.m., in January 1, 2022, at 1 p.m., the Municipal Center.
- **Rutherford:** Saturday, January 1, 2022, at 1 p.m., in Council Chambers.
- **East Rutherford:** Saturday, January 1, 2022, at 12 p.m., in Council Chambers.
- **South Hackensack:** Thursday, January 6, 2022, at 7:30 p.m., at the Senior Center.
- **Hasbrouck Heights:** Thursday, January 6, 2022, at 6:30 p.m., in Council Chambers.
- **Wallington:** Thursday, January 6, 2022, at 6 p.m., 24 Union Boulevard.
- **Little Ferry:** Friday, January 7, 2022 Sin Die at 6:30. Regular at 7 p.m., in Council Chambers.
- **Wood-Ridge:** January 1, 2022 at 3 p.m., in Council Chambers. ###
- **Moonachie:** Monday,

Squadron 310 Valentine's Party

On Saturday, February 12, 2022, American Legion Post 310, at 100 Liberty Street, Little Ferry, will host a Valentine's Fundraiser Party starting at 7 p.m. All proceeds go to Veterans and children's programs. Food, beer, wine and soda will be served. Tickets are \$20. Advance sales only, no tickets will be sold at the door or on the day of the event. No refunds. Music by DJ Jack Jam. Every lady gets a rose! Any questions, call 201-807-0470. ###

PNCC Beefsteak Dinner Jan. 8

On Saturday, January 8, 2022, PNCC of the Transfiguration, at 135 Hathaway Street, Wallington, NJ, will hold a Beefsteak Dinner. Tickets are \$60, reservations only. Deadline is December 31, 2021. Proceeds to benefit Church building fund. Doors open at 6:30 p.m. Dinner served at 7:30 p.m. For tickets contact Leslie at 201-393-0696. ###

Lodi KC Pancake Breakfast Jan. 9

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, January 9, 2022, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French toast (*to order*), bacon, sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea. Adults: \$8; children over 6: \$4; children 6 and under: free. Profits to benefit local charities. ###

Friday Night Dancing

The Hasbrouck Heights Elks Lodge 1962 will host dancing every Friday night from 7:30 to 11:30 p.m. with DJ Gerri. Cost is \$10 at the door. Coffee included. Cash bar. For more information, call Cathy at 386-852-4881. ###

W-R Lions Club Continues Annual Turkey Donations

The Wood-Ridge Lions Club, under the direction of Chairman Joe Solda, continued their annual donation of turkeys and dinner "fixings" for the less fortunate residents of Bergen County. Lion Solda, who took on this program in 2001, delivered 125 turkeys plus cartons of various vegetables and other needed items to the Bergen County for Food Action in Hackensack the week before Thanksgiving. The Club also provided grocery store Gift Cards to Wood-Ridge Welfare Director Susan Frattarelli for her to distribute as needed. The Wood-Ridge Lions are very proud of this extremely important Club project and salute Joe Solda for his passionate leadership these past 22 years. *Provided by Jack Nagel.* ###

Free Lunch Saturday

Everyone is invited to the First Presbyterian Church of Moonachie for the "Free Lunch Saturday" program, which will be held on February 5, 2022, at 11:30 a.m. This hot lunch features "Macaroni 'n Cheese, with sandwiches." This will be a "to-go" event. No sit down table service. This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts. If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ###

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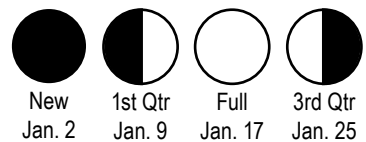
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Full Wolf Moon

The January full moon will appear on Monday, January 17, 2022, at 6:48 p.m. It is called the "Full Wolf Moon." or Storm Moon. In January the stormy weather earned this moon its name.

Snow covered the earth and the howling of wolves could be heard echoing through the cold winter air. Some tribes called this the Snow Moon, but that name was more commonly used for the February moon.

According to the "Farmer's Almanac," amid the cold and deep snows of mid-winter, the wolf packs howled hungrily outside Indian villages. Sometimes it was referred to as the "Old Moon," or the "Full Snow Moon," but most tribes applied that name to the next moon.

The Native American Indians of northern and eastern United States kept track of the seasons by giving a name to each recurring full Moon. European settlers followed the custom. ###

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Let's Go Traveling!

By Rick Ardis

Genealogy Travel

Over the last few years, Genealogy Travel has become a burgeoning component of the tourism industry. In the past, travel to trace one's heritage involved visiting the major sites of the nation where our ancestors had emigrated. As Americans grow further away from the immigrant generations, we know less about where our individual histories began.

Over the last 45+ years, I've been to Italy several times for vacations. Earlier this year, I visited the home region of Calabria as a tourist. My previous visit to Calabria was in 1977 with my mother.

On a day trip from Sorrento, we visited the village San Martino di Finita from where my maternal grandmother had emigrated. The village remains exactly as she vividly described. While no relatives remain there, we were able to visit with the granddaughter of a man who had lived in New Jersey and returned to Italy. Also, during our brief trip, we visited the nearby town of Luzzi, where a second cousin served as the parish priest.

I am looking forward to planning a future visit to another Calabrian hamlet just over the mountain from where I had previously visited.

Four years ago, I encountered a young woman from Saddle Brook who was at the Calabria Tourism Booth during The New York Times Travel Show. She came to New Jersey as a small child from the same village as my paternal grandparents and recognized my unique last name. Through her request, I was added to the Facebook group for people from Fagnano Castello. As a result of membership in the group, I have discovered that there are people named Ardis remaining in the area. I am excited to connect with them on my next journey there.

Also, while at the Calabria tourism booth, I discovered Italian companies that specialize in assisting travelers with tracing their roots in the region. Since then, I have found more firms that are offering heritage tourism in other regions and nations.

Tracing heritage in Great Britain and Ireland are amongst the easiest places since records are excellent and mostly in English.

Finding information in other nations can be more difficult if you are not fluent in

the local language. Hundreds of years of documents are not in digital formats. Combing through years of handwritten annals can be tedious without the linguistic skills of a native.

Europe was also a very fragmented landscape for centuries. Italy and Germany had no central government or records prior to unification in 1861 and 1871, respectively. The intervening years also created chaos with the changing borders and languages. In the developing world it can be even more difficult. Records may not exist for births and marriages.

After a traveler has uncovered the starting point, the travel companies specializing in genealogy travel can create a path for a heritage journey.

The arrangements may include access to government or Church records along with an interpreter. If there are living relatives in the area, introductions can usually be arranged. When good records are found, a visit to an old homestead is a highlight. If journeying with a family group, a party can also be arranged.

There are also websites that can assist the start of a journey into your past. These sites may be specific to one country or through religious institutions. The Church of Jesus Christ of Latter-Day Saints (Mormon) has kept detailed information for generations. Their files include chronicles of various denominations.

Several factors have fueled the growth in this area of travel. For ten years, the television show Who Do You Think You Are? traced the ancestry of celebrities. Often there were surprises in the family tree. Websites like Ancestry.com and MyHeritage.com have given the amateur genealogist the tools to discover the unknown. For millions of Americans who are offspring of immigrants who passed through Ellis Island, the website www.ellisland.org is an excellent place to start.

A genealogically based visit can be extremely rewarding. Travelers can discover a greater understanding of their family history and bond with their ancestral past.

Rick Ardis is the owner of Ardis Travel -- established in 1981. 201-939-9135 • www.ardistravel.com • rick@ardistravel.com ###

Don't Block Intersections

Historically Speaking

By James J. Halloran



The Man Who Altered Time

Many sci-fi books and movies have been produced on the subject of the altering of time. Albert Einstein proposed that space and time are altered by gravity. But, to date, no one has produced a "Time Machine."

William F. Allen, of Bordentown, New Jersey, was not a physicist. He did not have a laboratory or build a large contraption. He altered time while sitting at a desk.

Up till the middle eighteen hundreds, time was determined locally by the position of the sun. This was not a problem as many people rarely traveled very far from where they lived. Then came the railroads.

Fourteen passengers died as a result of a head on crash of two trains that occurred in 1853. The trains were dispatched from both ends on a single track based on the local time at each end. This became a major problem.

To address this issue, different railroad companies established a time zone across their system. This only affected trains on that railroad. Because of the numerous railroads, there were between 50 and 60 time zones.

Mr. Allen was Editor of the Travelers' Official Guide to the Railways and Secretary to the General Time Convention. The General Time Convention was made up of railroad executives. This would later be known as the American Railway Association. It was proposed that every fifteen degrees of longitude would be one hour difference.

The Convention met in October, 1883, and agreed to implement time zones across the United States and Canada. Four for the US and five for Canada. The date chosen to make the change was November 18, 1883.

The reference point chosen was Greenwich Mean Time (GMT). This was the time at the Royal Observatory in Greenwich, England. The observa-

tory sits on the Prime Meridian (0 Longitude).

At noon GMT, all railroad clocks in the Eastern Standard Time zone were set to seven a.m. One hour later, all the clocks in the Central Standard Time zone were set to seven a.m. and the Mountain and Pacific Time zones were adjusted one and two hours after that.

This time change only affected the railroads. The Federal and many local governments did not adopt the change. In fact, people complained that

the railroads had no right to dictate how to run their lives.

It would take the First World War for Congress to address the time issue. In 1918, they adopted the railway time zones and, at the urging of business executives, they added Daylight Saving Time (DST). Congress would end DST in 1919.

The Second World War would, in 1942, see Congress again implement DST. This would be in effect until the end of 1945. However, various states continued to observe DST. Congress addressed this in 1966 by making DST the law of the land.

If your travel time has been made easier, thank William F. Allen. If you are annoyed by DST, thank Congress. ###

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Artful Thinking

By Artie Maglionico • Lodi Historian

Artful January 2022

Happy New Year folks! Can you believe that we have zig zagged our way into the year of 2022? If I knew that I was going to live this long, I'd have taken better care of myself.

I was going to begin this New Year column by jotting down a few of my broken resolutions. It was an ill-fated attempt as there aren't enough available pages in The Gazette Newspaper to list them all.

I can honestly say that few, if any, ever made it past New Year's Day. You name it, I most likely broke it. The only resolution I ever made that remains intact was the one I made back in 1980: Quit making resolutions.

It took absolutely no will-power at all. I didn't have to fight off cravings, deal with failure or guilt trips and self hate.

No folks, not me. I felt as light as a feather as the heft of broken promises vanished into the nothingness from whence they came.

I can look at myself in the mirror, a ritual that takes place every 20 minutes, especially on windy days, and wish myself a Happy New Year.

As a young boy growing up on Arnot Street I was

not a fan of New Year's Day. It meant the bitter end of the cherished Christmas vacation. Come the New Year's Eve, I was so depressed that given my new toys and games lost their luster. True, there was a lot of family members enjoying one another's company. A lot of good food being gathered on the festive boards; pasta dishes, shrimp salads, potato and cabbage pies and beverages of your choice.

My favorite food which was served at the stroke of midnight was Lou Albano's homemade holiday sausage. I used to watch Lou make those gastronomic delights in the cellar of the corner store, cheese, regular and hot. Those sausages sizzling in the frying pan caused temporary reprieve from my depression and kept me awake until midnight when Guy Lombardo, a 50s band leader, would play his traditional New Year theme at Times Square, called Auld Lang Syne.

He was later replaced by Dick Clark's New Year's Rocking Eve.

For my family, Auld Lane Syne was a sentimental tribute to the good times of the past. For me it meant a tribute to my taste buds by way of Lou Albano's home made sausage.

The very thought of those

tasty links makes my mouth water even now some 55 years later. My favorite was cheese. But I didn't skimp on the hot stuff either. The repercussions of those fiery links caught up with me the next morning behind closed doors. Thanks for the memory.

New Year's Day itself didn't show signs of life until late afternoon. It took that long for the grown ups to recharge their batteries, so to speak. Eight hours of eating, drinking, singing and card playing took the starch out of everyone except for my Uncle Jimmy who had already caught his second wind. In fact, he wasn't even done with his first wind..."Heaven help us." Anyway, for me New Year's Day meant back to school. Soon the doors at Columbus School would swing open and I'd be among those souls doomed to march through them.

Come to think of it, I used to feel that way every Sunday, only without Lou's sausage to soften the blow.

Yes folks, I'm happy that 2022 found us together sharing a few moments here in the column. It's all ahead of us. The course is clear and so we stand in front of the easel with brush in hand ready to create our own personal masterpiece. Let's pray that by years end, we don't run out of paint. Happy New Year!

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Study on "Mere Christianity" by C.S. Lewis

The First Presbyterian Church will explore C.S. Lewis' "Mere Christianity" beginning January 9, 2022.

"Mere Christianity" is a 1952 theological book by Lewis, adapted from a series of BBC radio talks made between 1941 and 1944, while Lewis was at Oxford during the Second World War.

The transcripts of the broadcasts originally appeared in print as three separate pamphlets: The Case for Christianity (1942), Christian Behaviour (1943) and Beyond Personality

(1944).

Lewis was invited to give the talks by James Welch, the BBC Director of Religious Broadcasting, who had read his 1940 book, "The Problem of Pain."

In this eight-session, video-based study, you will discover why "Mere Christianity" is one of the most read and beloved Christian books of all time.

Now 70 years after it was first delivered on radio, what relevance does it have in today's world?

Host Eric Metaxas and a variety of Christian leaders (e.g. N.T. Wright, Tim Keller, Lauren Winner, Devin Brown, Paul

McCusker, Douglas Gresham) explore the positive ideas that Lewis has so eloquently written about in "Mere Christianity" for those who already call themselves a Christian and explain in a non-threatening way the basic tenets of the Christian faith as illustrated by Lewis to those who do not claim to be a Christian.

The sessions will take place via Zoom at noon on Sundays January 9, 16, 23, 30, February 6, 13, 20, and 27.

All are welcome to join. To register and to obtain a free book please contact Jaimie Winters at jaimw@aol.com ###

PRAYER TO THE BLESSED VIRGIN

(Never known to fail) Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are some that can withstand your power. Oh, show me herein you are my mother.

Oh Mary, conceived without sin, pray for us who have recourse to thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal.

You who gave me the gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. thank you for you your mercy toward me and mine.

The person must say this prayer three consecutive days. After three days, the request will be granted. This prayer must be published after the favor is granted. N.M. ###

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.-- General Dwight D. Eisenhower

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MLK Services

On Monday, January 17, 2022, Mt. Ararat, Rutherford, will be hosting two services in honor of Dr. Martin Luther King. • Featuring the MLK Day Choir at noon. • Worship Service at 7 p.m. with guest preacher: Rev. Dr. Bernadette Glover, St. Paul Baptist Church, Montclair. ###



Filling You In

By Jeffrey E. Mason, DMD, FAGD.

**Floss to Prevent
Gum Disease**

**What is the proper floss-
ing technique?**

Flossing your teeth is an integral part of a good oral health regimen; however, many people don't spend enough time flossing, or they don't floss at all.

By flossing just once a day, you can decrease your risk of gum disease and increase your chances of maintaining good oral health throughout your lifetime. Children's teeth

should be flossed as soon as they have two teeth that touch each other.

Why should I floss?

Toothbrushing cleans the tops and sides of your teeth, but flossing cleans in between them where your toothbrush can't reach. Dental floss removes plaque and debris that adhere to teeth and gums while polishing teeth surfaces. It also reduces bad breath.

How often should I floss?

You should floss your teeth at least once a day, whenever it's most convenient for you.

with limited dexterity.

Use an up-and-down motion, forming a "C" around each tooth. Be sure to floss below the gumline.

Flossing should not be painful, but you may experience some discomfort or bleeding when you first start. If you are still experiencing bleeding or discomfort after a week or two, or you develop any other side effects, talk to your general dentist.

Toothbrushing cleans the tops and sides of your teeth, but flossing cleans in between them where your toothbrush can't reach.

**Which kind of floss
should I use?**

A variety of flosses are available; all of them work well to remove plaque. Some may find dental tape or waxed floss easier to fit between their teeth.

Prethreaded flossers or floss picks are useful for beginners, people with limited dexterity and caregivers who floss another person's teeth.

**Should I use a water
flosser?**

Debate exists about the benefits of water flossing versus string flossing. While some research suggests products like the Waterpik may improve oral health, most dentists and hygienists advise not to substitute these devices for string flossing.

If you have questions about the type of floss to use or the best method for flossing your teeth, ask your dentist.

Reference: Academy of General Dentistry, 2019.

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

**2022 Moonachie
Dog Licenses**

2021 Dog Licenses expire on January 31, 2022. Proof of a rabies vaccination valid from November 1, 2021 or later is required. You will not be given a license if rabies expires before November 1.

Fees are \$10 spayed/neutered, \$13 not spayed/neutered. A late fee of \$10 per license starts on February 1. Accepted payments are check and money order payable to Borough of Moonachie.

If you are renewing or applying by mail, include copies of rabies and neutering paperwork, and a current telephone number and email. The mailing address is 70 Moonachie Road, Attention: Board of Health.

If you no longer have a dog that was licensed in 2021, or have any questions, contact the Board of Health at 201-641-1813 ext. 6. ###

**Here are two acceptable
methods for flossing:**

• **Spool method:** Take an 18-inch piece of floss and wrap the bulk of it lightly around your middle or index finger. Wind the rest of the floss around your middle finger on your opposite hand, and use this finger to take up the floss as it becomes soiled or frayed.

• **Loop method:** Take an 18-inch piece of floss and tie it in a circle. Hold the loop with your fingers inside and your thumb outside, and use your index fingers to guide the floss through the lower teeth and your thumbs to guide it through the upper teeth. This method works well for those

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Carlstadt Winter Fest

On Sunday, November 28, 2021, from 11 a.m. to 5 p.m., over 500 people attended "Winter Fest 2021" held on Carlstadt Village Green.

There was a petting zoo, food, organizations, and DJ music.

A seasonal background was set up with a snow making machine for photo shoots.

At about 3 p.m., Santa arrived on a Carlstadt Fire Truck. He observed social distancing and warmly waved to his adoring fans. *Photos by Dennis Kromyak Sr. ###*



Many local businesses held Holiday Open Houses and events to bring in the Christmas Season. Above: **Heights Flower Shoppe** associates join Santa and his sleigh on December 5, 2021. ###



On December 1, 2021, Carlstadt held their annual tree Lighting at Borough Hall. U-12 Girls Soccer Team were state champs and were presented with certificates and will be receiving jackets.

Becton Regionsl School Chorus sang carols.

Santa arrived on a CFD Engine. Hot chocolate and cookies were served in the Jefferson



Avenue firehouse.

Note that the old tree was sickened and was recently replaced with a 20' Northern Spruce. *Photos provided by Dennis Kromyak Sr. ###*



Wallington Fire Department Annual Parade Returns

The Wallington Fire Department's Holiday Parade returned on Saturday, November 27, 2021.

The 2-mile parade is America's oldest nighttime firefighter's holiday parade of lighted and decorated fire trucks and floats, featuring 2,500 participants and over 250 fire trucks from the Tri-State area. The parade weaves through the streets of Wallington where many residents kickoff the Holiday Season with front yard tailgate parties with family and friends.

It has been two decades and right after 9/11 since the concept of ushering in the holiday season was conceived.

Marking these solemn milestones of the 20th Anniversary of 9/11 and the Wallington Fire Department's first major

event since the beginning of the pandemic, we hope all can reflect on how our society has changed and remember all of the loved ones lost.

Richard Pelcher, the parade's Co-Chairman states, "The original idea was to lift the spirits of everyone post-9/11 and it echoes similar sentiments today, post-pandemic.

We want to bring the spirit of the holidays back for everyone and most importantly, the children of our community that have become accustomed to this tradition for many years."

The parade began at the intersection of Mt. Pleasant and Azalea Avenues, and concluded with a post parade celebration of refreshments, music and awarding of parade trophies.

Photos through the generosity of Ron Jeffers. ###



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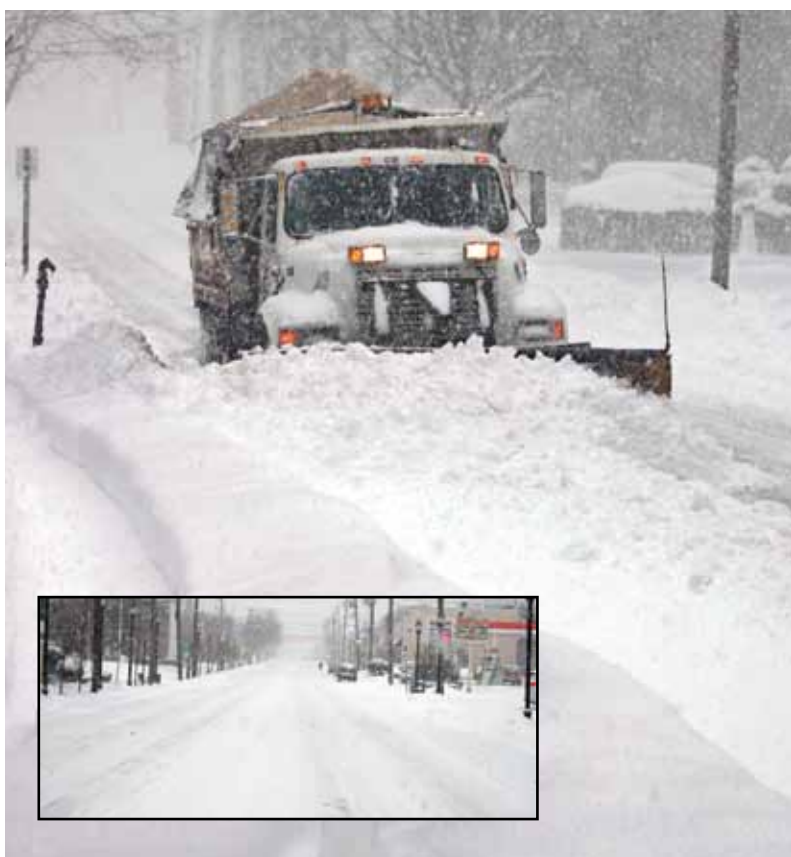
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Editor's Retrospective: *Mer*



The Big Snow, March 2021



Great Adventure on Mystery Island, August 2021



Honoring Those Who Served, July 2021



VFW Post 809 Celebrates 100th Anniversary, July 2021



The Big Clean-up of Ida, October 2021



St. John's Successful Plant Sale, June 2021



Veterans Day 2021, December 2021



Moonachie Borough Installs Sign for Revolutionary Leader, September 2021



Little Ferry Pumpkin Pick, November 2021



East Rutherford Fall Festival, November 2021



Post 310 Picnic a Huge Success, November 2021



Open Cockpit Day, May 2021



Heights Street Fair Kicks Off Summer, June 2021



Halloween in the Park, December 2021



East Rutherford Fall Festival, November 2021

Memorable 2021 Gazette Photos



July 2021



Anniversary, September 2021



2021



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October 2021



Summer Festivities, August 2021



November 2021



Keep Wood-Ridge Beautiful, July 2021



LFFD Inspection/Memorial, October 2021



WRFD Inspection, November 2021



9-11 Reflections, October 2021



The Right Stuff, October 2021



Bicycle Safety and Car Seat Install/Inspection Day, July 2021



Forever in Our Hearts, June
2021



Lodi House Fire, February
2021



Lodi House Fire Draws 3
Alarms, November 2021



Fierce Garage Fire Draws 3
Alarms, December 2021



Gas Fed Brush Fire, May 2021



Pumpkin People Come Alive in
Lincoln Park, December 2021



Delightful, September 2021

A Magical Holiday at the 32nd Annual Holiday Open House event was sponsored by the NJBG/Skylands Association, at Skylands Manor in the NJ Botanical Gardens, Ringwood, on December 2 through December 5, 2021.

The Manor was decorated floor to ceiling for "An Artist's Holiday" to celebrate the sparkle and spirit of the magical season.

In each room an artist was featured. Artist's included: landscape artist Jasper Cropsey (1823-1900), children's storyteller and artist "The Tale of Peter Rabbit," Beatrix Potter (1866-1943), highlands photographic artists Elisabeth Ladwig, neo-classical, A Tropical Holiday: Paul Gauguin, American photographer Ansel Adams (1902-1984), Maxfield Parrish (1870-1966), Vittorio DiNovi, Holiday in France, Grandma Moses (1860-1961), artist, naturalist and ornithologist John J. Audubon, abstract expressionist Jackson Pollock, American painter and illustrator Norman Rockwell.

What a warm and welcoming start to the holiday season with a totally different look every year! Gift Shop and Holiday Café, too.

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Winter Performing Arts Program

Care on the Corner announces the Winter 2022 program for Kids on the Corner, a Performing Arts Program for children in Grades 2 – 7.

This session marks the 41st production of Kids on the Corner. The goal is to educate and enlighten children in different art forms and cultural experiences. The children are offered opportunities to learn about history, culture, visual arts, theater production, set design, costume design, music and acting.

The Performing Arts group meets Fridays, February 4 – March 18 (no class on February 18) from 3:30 to 6 p.m. Under the direction of Cindy Summers, participants will tell the story of “The Lorax.” All are welcome to come out and see the performance on Friday, March 18, 2022 at 7 p.m.

Cindy Summers has enjoyed more than 20 years working in the theater. She has performed internationally and has performed in NYC’s legendary Duplex,

The group meets at the Parish Hall of St. John the Divine at 229 Terrace Avenue, Hasbrouck Heights, NJ. Call 201-288-9460 to register. There is a \$40 registration fee. Scholarships are available. ###



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Winter 2022 Session of NewARTS Kids

Do you have an aspiring young artist in the family?

Care on the Corner announces the Winter 2022 Session of NewARTS Kids, an art program for children ages 6 - 12. Winter Session 2022: January 18, January 25, and February 1. • 6 - 8 Year Olds Tuesdays 4 to 5 p.m. • 9 - 12 Year Olds Tuesdays 5 to 6 p.m.

These lessons motivate young artists and focus on the basics. Students will explore a different medium each week that will stimulate their imagination and creative expression using acrylics, colored pencils, oil pastels, pen & ink, and watercolors.

Students will learn and master oil painting while having fun! Explore important painting and drawing techniques, such as color mixing, color value, composition, brush work, paint application and more! Create beautiful Northern Lights Winter Scenes, Silly Snow People, and Colorful Abstract Artworks.

Debra M. Cook has taught art lessons and workshops to children, teens and adults for over twenty years. She introduces new concepts and project ideas that develop an understanding of the elements of art and how they can be used with a variety of media.

The group meets in the Care Center at 333 Franklin Avenue, Hasbrouck Heights. Call 201-288-9460 to register. Space is limited to 10 children per class. Tuition is \$75 and includes materials. Scholarships are available. ###

BCA SkillsUSA Meets to Discuss Food Insecurity



On October 6, 2021, BCA’s SkillsUSA team met with Diana Levy, the Schools and Community Outreach Manager, who is involved in raising awareness on combating food insecurity in underprivileged areas.

The SkillsUSA club members are passionate about helping others as well as providing necessities for those in need, therefore learning about food insecurity and what is done to relieve this issue is an absolute must in order to help the community.

From this speaker event, we learned that food insecurity entails the struggles of many demographics across America, from children to the elderly.

Those suffering from food insecurity struggle, not knowing where the next meal will come from, having limited access to healthy, nutritious foods, and overall possessing an uncertain availability of adequate foods.

We also learned about different social determinants of health, like economic stability, physical environment, education, food access, and more.

After hearing from Ms. Levy, SkillsUSA was inspired to help combat food insecurity in the community. The Community Food Bank of NJ created the Students Change Hunger Competition, a friendly competition between schools to see who can collect the most food and funds for local food banks in New Jersey.

Last year, over 100 schools participated for a total of over 56,000 pounds of food and \$45,000!

According to the organization, this past year supported 181,000 meals for New Jersey neighbors in need.

Once members found out about this competition, the club entered and began planning. Members held two bake sales in which each member contributed fresh baked goods

that were sold as fundraisers for the competition.

In addition, a food drive was held to collect nonperishable items that could be donated to Students Change Hunger.

So far, SkillsUSA has raised sufficient funds and food for the cause, with the help of fellow classmates and students.

The SkillsUSA family thank Ms. Levy for the informative presentation and for those who donated to the ongoing food drive!

Anyone can help combat food insecurity in their community by donating to local food banks, contributing to charities or fundraisers for this cause, as well as volunteering to hand out meals at soup kitchens or at local pantries. Find a food bank near you through feedingamerica.org or ask your local community service center! *Provided by John Branda. ###*

Rutherford Food Pantry

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service. Recipient eligibility is determined by local pastors and social services. A completed and approved referral is required. Limitations apply. For more information go to: www.rutherford-nj.com/pantry ###

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We are also currently scheduling private tours by appointment only. Please call the office to schedule a tour.

201-288-0614 www.corpuschristischool.net





Library Fun!

Bergen County Cooperative Library System • <https://www.bccls.org/>
77 Libraries have over 600,000 registered cardholders and circulate over 12,000,000 items annually

Books • Periodicals • Online programs
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Live Streaming events • Resources

Rutherford Public Library
Rutherford Public Library, 150 Park Avenue, Rutherford NJ. 201-939-8600. rutherfordlibrary.org, [facebook.com/rutherfordpubliclibrary](https://www.facebook.com/rutherfordpubliclibrary) and [twitter@Rutherford_pl](https://twitter.com/Rutherford_pl).

Library Hours
The Rutherford Public Library is now open Monday-Saturday. Please note, we will be closed January 17, 2022 in observance of Martin Luther King Jr. Day.

• **Grab & Go Doorside Pickup.** We continues to offer daily Grab & Go doorside pickup services for those who may not want to enter the building. Patrons are invited to order books from the BCCLS catalog by visiting www.bccls.org or fill out a Grab & Go form for either the adult or children's collection, and our team will choose items for you based on what you like! These forms are available on our website, RutherfordLibrary.org. If you don't have access to a computer, we encourage you to call the Library at 201-939-8600 and have our team order items for you! You tell us what you want and when you'd like to pick your items up, and we'll have them ready for you.

Upcoming Programs
The Rutherford Public Library continues to offer a mix of virtual and limited in-person programming for children and adults. Visit our website Calendar tab to learn what's coming up or call 201-939-8600.

• **Mango Languages Now Available.** Our cardholders now have access to Mango Languages. Mango Languages is a language learning software with an easy to navigate interface and many different languages to pick from. Library patrons will be able to access the courses beginning in January by going to the "Adult Services" tab, going down to "Online Resources," and selecting "Virtual Reference." From there, simply

scroll down and click "Mango Languages" to start learning a new language!

• **Looking for a Job?** Check our website for helpful tools on the Jobseekers page. Located under the Adult Services heading on the main web page, there are direct links to job sites such as the Bergen County Job Center and announcements for federal and state civil service jobs. You will also find job search tools such as the Job & Career Accelerator database that can help you build a resume or prepare for interviews. Take a look!

• **Digital Access to The Wall Street Journal.** For Rutherford cardholders. If interested, send an email to reference@rutherford.bccls.org and we will send you the information you need to access The Wall Street Journal online!

• **Value Line Now Available Digitally.** Cardholders now have digital access to The Value Line Investment Survey, which also includes Fund Advisor Plus. Value Line is an online database that ranks 1,700 stocks and offers investment advice. This well-respected resource provides a one-page summary of each stock and gives projections for the future. In addition, it provides full industry reports, analytical summaries, ratings, and guided selection. Fund Advisor Plus highlights approximately 20,000 no-load and low-load mutual funds, each with its own printable fact sheet. Profiles update daily. To access Value Line at home, please click on the phrase Virtual Reference on the Library's main webpage.

• **Take Our Community Survey.** Rutherford Public Library is currently working towards the creation of a new strategic plan, and we need your help. Please share your feedback about the Library in our community survey, available online at tinyurl.com/RutherfordLibrarySurvey or as a paper copy at the Library. The results will help shape our services over the next several years. ###

Lodi Memorial Library
Lodi Memorial Library, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. <http://lodi.bccls.org/>

The Lodi Memorial Library is open to the public! Check out our outdoor and Grab & Go programs for children and teens. More programming information can be found online on our Facebook page and Website.

Special Programs
• **Adult Grab & Go Craft: Beeswax Food Wraps.** Learn how to coat pieces of fabric with beeswax to use as an eco-friendly food storage method. Supplies are limited so register by January 5, 2022. You can pick up your craft starting on January 10. Call Library to register - 973-365-4044 ext 2.

• **Tuesday Night Book Club.** January 11, 2022, 6:30 to 7:30 on Zoom. January's book is "American Dirt" by Jeanine Cummings – 380 pages. Go to lodi.bccls.org or contact Karyn Gost at director@lodi.bccls.org for more information about our virtual book club meetings. ###

Children Special Programs
• **Tasty Treats for Kids.** Pickup starts Wednesday, January 12, 2022. Take home a tasty treat you can put together yourself! This grab & go program is open to kids in Grade Pre-k-3rd. Registration is required. Call 973-365-4044 x2 or stop by the Library.

• **Grab & Go Crafts:** Pickup starts Monday, January 10 and Monday, January 24. Kids and teens in Grades 3-12 can register for January grab & go craft projects. This month we are making dreamcatchers and an origami rainbow wheel! Registration required. Call 973-365-4044 x2 or stop by the Library.

• **Grab & Go STEM Project.** Pickup starts Tuesday,

January 18. Follow along with Miss Emily from home as we do a STEM activity! This grab & go program is open to kids in Grades Pre-K to 2nd. Registration required.

• **Creative Cooking Grab & Go.** Pickup starts Wednesday, January 19. Each month we will have a different recipe for you to take home and create! This grab & go program is open to patrons in Grades 4-12. Registration is required.

On-going:
• **Grab & Go Kids Crafts.** Each week the Library will have a new craft that you can take home and make! Bags are first come, first served so be sure to show up early in the week. Toddlers – Grade 2. No registration required.

• **Storytime.** Every Friday at 11 a.m. on FaceBook Live. No need to register, just tune in to FaceBook to sing songs and read some fun books together with Miss Emily. ###

Batman's Dilemma

The Batman of New Jersey, Joseph D'Angeli, first opened the center in Ridgefield Park in 2008. When it outgrew that space in 2017, he moved to Garfield, where it now covers about 6,000 square feet with a separate reptile room and a museum-like "nocturnal" gallery with floor-to-ceiling terrariums, many glowing with black light.

Creatures including a kin-kajou, a coatimundi, sloths, a dwarf caiman alligator, pythons, lizards, tortoises, toads, tarantulas, giant millipedes and giant Central American cockroaches call the center home, but the highlight for many are the bats.

And it is home to many neglected animals, animals that have been confiscated and animals that have been abandoned

D'Angeli, dubbed the "Bat Man of New Jersey," has a certain affinity for the flying mammals, and that is evident at the center.

It's more than just a place to stop by and see some creepy crawlers. It's an education center, an advocacy organization, a shelter, and a nonprofit that gets grants and donations. D'Angeli is often asked to do outreach, speak at schools and present educational programs — generally with his animals in tow.

If you have personally visited the wildlife center then you know how magical it is. How fun and educational the birthday parties here are.

D'Angeli said he's been working on it for 25 years and considers a move the worst-case scenario.

"Bat cave" and its beautiful, vitally important animal ambassadors, may be losing their home. Bats, sloths, wallaby, reptiles and other now famous wildlife face a precarious future. The wildlife center is even home to protected species and even endangered species!

Many of you have known that D'Angeli had been putting thousands of dollars into the lower level of the wildlife center so that the animals could have bigger exhibits and so that we could have a larger occupancy for visitors.

"My landlord knew about these plans and he approved of these plans and he watched me pour my money (*and the center's money*) into these improvements, with our understanding that we would be staying here for the long haul. He continued to let me pour money into the basement knowing that he was selling the properties.

So I basically fixed up the basement for him. So now the animals of the wildlife center will not have a home and the center and myself are out thousands of additional dollars.

The bottom line is we were given a five year lease extension by our landlord back in January and was already signed by him, I just needed to give it to my attorney to look it over and make sure everything was understood and agreed upon. Before I could even sign it my landlord rescinded his offer stating that he had been in contract to sell the properties."

Read to
Your Child

Adult ESL

Registration and testing will take place on Wednesday, January 19, 2022, from 6:30 to 7:30 p.m. at the Care Center, 333 Franklin Avenue Hasbrouck Heights, NJ. All new and returning students must be registered to take the classes. New students must take a language assessment evaluation.

• Winter 2022 ESL Classes starting on January 26 for 10 weeks, ending March 30, 2022. on Wednesday nights from 7 to 8:30 p.m. as Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, N.J.

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as

one-to-one instruction, to people from other countries and other language backgrounds.

For more information or to register a student, call 201-288-9460. A registration form, accompanied with a non-refundable \$15 registration and materials fee, must be completed for each student. Financial assistance is available. ###

Notable Dates

* Fly The Flag Date

*New Year's Day: January 1
*Martin Luther King Jr. Day: January 17
Persian Gulf War Begins: January 16, 1991
Vietnam Peace Agreement: January 27, 1973
US-Vietnam Cease Fire: January 28, 1973

Wood-Ridge Memorial Library

Wood-Ridge Memorial Library, 231 Hackensack Street, Wood-Ridge, NJ 07075. 201-438-2455. <https://woodridgememoriallibrary.org>

The Wood-Ridge Memorial Library is open to the public at 100% capacity. Computer time is limited to sixty minutes, no advance reservation required. The Book Drop is open for returns. Porch pick-up is available upon request. Check website for updated information.

- **Music with Miss Nita.** Check Library events calendar for up to date information.
- **Mindfulness with Miranda (Zoom).** Come and learn mindfulness every Tuesday in January at 4 p.m. on Zoom! Mindfulness means paying attention on purpose to what is right here with non-judgment. Research shows that mindfulness can help children understand and regulate their emotions, reduce their stress and anxiety, and improve their focus at school and beyond.

Miranda Lee, our teacher, runs Find that Pause, a company teaching parents and kids ways to find more balance and less stress in their lives.

Registration required. Check our website Events Calendar. This program is for children in Kindergarten through 5th Grade.

- **Food Explorers on Zoom.** Thursday, January 13 at 4 p.m. to make Mini Apple Pies with Food Explorers! Why make only one apple pie when you can make lots of mini apple pies!? You'll need the following ingredients to make this recipe: Flour, sugar, salt, butter, 3-4 apples (Granny Smith preferred), lemon juice, cinnamon, nutmeg. All ages are welcome! Registration is required. Check our website Events Calendar.

- **DIY Stress Less Yoga with Miss Danielle on Zoom.** Join Miss Danielle on Tuesday, January 25 at 6 p.m. to learn how to decorate your own Keep Calm Kit, make a stressball,

learn some yoga poses and the best ways for finding immediate calm anywhere. Registration required. This program is for 7th through 12th Grade.

- **Bendy Bookworm Yoga with Miss Danielle on Zoom.**

Get moving, reading, and crafting with Bendy Bookworm Yoga on Thursday, January 20 at 4 p.m.! We'll play with fun yoga poses as we read a story and end class with a craft; using our bodies and our imaginations. Registration required. For children in Grades Kindergarten through 5th Grade!

- **Children's Crafts-to-Go.** Every Tuesday will feature a new craft kit complete with all necessary materials. Video instructions will be posted to our Youtube and Facebook pages. To reserve your kit for porch pickup call the Library or email Miss Jennie at jennie.sudia@woodridge.bccls.org

- **Boredom Busters for Children.** Bored at home? Can't think of anything to do? Then check out our monthly Boredom Busters for a STEM based activity! You can find this month's on our Event Calendar website and Facebook and Instagram pages on the 1st of January!

- **Crafts for Grown-Ups.** Get ready to celebrate the Holidays with a new craft by Ms. Rebecca on Thursday, January 13 at 6 p.m. in the Reading Room to make fun and fabulous Washi Tape coasters. For adults only and requires registration,

- **English as a Second Language.** The Wood-Ridge Memorial Library hosts English as a Second Language classes for adults at no charge. Call the Library for details

- **Databases.** The Wood-Ridge Memorial Library has many entertaining and educational databases, including but not limited to Gale LegalForms, CultureGrams, Ancestry and Biography in Context.

We also offer a film streaming service through Kanopy and access to comprehensive news coverage at the local, state, regional and national levels through U.S. Major Dailies. ###

Hasbrouck Heights Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Free Public Library of Hasbrouck Heights is open for in-person browsing and computer use. In accordance with the recently published CDC guidelines, masks are to be worn for all individuals when visiting the Library.

The Library's winter hours of operation are: Mondays from 10 a.m. to 6 p.m., Tuesdays to Thursdays open 10 a.m. to 8 p.m., Fridays from 10 a.m. to 5 p.m. and Saturdays 10 a.m. to 2:30 p.m.

You can return Library materials to our book box located in the back of the municipal building.

Registration is required for all programs unless otherwise noted. Visit the Library's website for details and click on "Calendar."

WHOLE FAMILY

Our Winter Reading Challenges are back! From Monday, January 17 through Friday, March 4, 2022, kids, teens, and adults can register to log reading with the chance to earn prizes! Visit hhllibrary.readsquared.com for details and to register for the program. The family that logs the most minutes and books will win a family pizza party, courtesy of the Friends of the HH Library!

CHILDREN

- **Toddler-Preschool Storytime LIVE via Zoom.** Wednesdays, January 5 and 19 at 11 a.m. Join Ms. Maureen for storytime on Zoom. A link will be provided at registration. For those not able to attend live, Storytime will be posted to the Library's YouTube channel later in the day.

- **Little Artists - Snowy Owl Potato Stamp Craft.** Friday, January 14 / Saturday, January 15. This month we'll use stamping - a process that dates back to ancient times and is also a fun art activity - to create a snowy owl winter scene. Pick up inside the Library on Friday or Saturday. Best for Grades K-5.

- **Wednesday Workshop at Home: Crystal Snowflakes.** Wednesday, January 19. Science is fun! Register to pick up a simple STEM challenge you can do at home creating crystal snowflakes! Supply bags will be available in the Library on Wednesday after school. Best for Grades 2 and up.

- **The *New* Book Buddies Craft and Storytime Starter.** Mondays, January

24 through March 14. A PreK picture book suggestion will be emailed and a themed craft bag may be picked up during Library hours. Best for ages 2-4.

TEENS

- **YAY for Y.A.!** continues through January 15. For every 5 Hasbrouck Heights-owned Young Adult titles checked out, you'll receive a raffle ticket at the Circulation Desk to enter in your choice of prize drawings! Winners will be chosen on Tuesday, January 18.

- **Teen Craft-to-Go: DIY 'Among Us' Hand Warmers.** Tuesday, January 25 / Pick up from 2 to 8 p.m. Beat the cold with these no-sew hand warmers! Stop for a grab a to-go bag on Tuesday between 2 and 8 p.m. Program limited to 15 participants.

ADULTS

- **Fad Diets: Pros & (Mostly) Cons.** Wednesday, January 5 at 6 p.m. | In-Person Thursday, January 13 at 2 p.m. In-Person. Join Shoprite of Lodi's Registered Dietitian, Julianne Gallo, and learn all about fad diets! It's the new year now and the beginning of diet season, so it's important to learn about the latest fad diets and how they impact your overall health. Julianne will then talk about what's really recommended for a healthy lifestyle and weight loss.

- **Virtual Mondays at the Library: The World of Tea.** Monday, January 10 at 2 p.m. Via Zoom. Bundle up and get a warm drink ready for this virtual lecture! Learn about the history of tea, the 5 main types of teas, how to brew the perfect cup, and the wellness benefits of drinking tea. Raffle prizes will be given out to participants. This will be presented by Nina Androski, a tea enthusiast, educator, and Brand Ambassador for Tealightful Tea.

- **Crafts-to-Share Club.** Tuesday, January 11, 2022, from 6 to 8 p.m., Wednesday, January 26 from 1 to 3 p.m.

Drop in to chat and work on a crafty project! Enjoy getting to know other crafters in your community while you knit, crochet, embroider or craft anything! We have donated yarn for any crafters looking to create for a good cause. In-person and on zoom.

- **Adult Book Club.** 4th Tuesday of every month, In-Person & via Zoom, January 28 at 7 p.m. "The Body in the Library" by Agatha Christie.

Join us for an evening of fun, literary discussion! Pick up a copy at the Library or use the Hoopla or Libby app to enjoy the eBook or eAudiobook on your smartphone or tablet.

Carlstadt Public Library

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. carlstadt.bccls.org or www.carlstadtlibrary.org

- **Crafts for Crafters.** A virtual craft night on Wednesday, January 19, 2022, at 7 p.m. Join certified art teacher and Zentangle® Instructor Mimi Topping to learn the art of Zentangle®, the fun and relaxing style of doodling. For adults and teenagers ages 14 and up. Supplies will be provided. A Zoom access code will be emailed after registering.

- **As the Page Turns - Adult Book Club.** Calling fellow bookworms! Discuss the novel "The Henna Artist" by Alka Joshi on Wednesday, January 26, 7 p.m. on Zoom. Copies are available at the Circulation Desk. Carlstadt residents can access the eBook or audiobook on Hoopla and Libby! A Zoom link will be emailed after registering.

- **Music with Miss Nita.** Virtual music-and-movement classes with Miss Nita via Facebook at <https://www.facebook.com/carlstadtlibrary/>. New videos will be posted on the mornings of Thursday, January 6, 13, 20 and 27 for children to enjoy songs, rhymes, movement and instrument play.

- **Make-It-and-Take-It - Crafts for Kids.** Children of all ages are welcome for a monthly make-it-and-take-it craft. This month's pick-up is a 3-D Pom-Pom Snowman. Kits will be available from Monday, January 3 through Monday, January 31, while supplies last. Call 201-438-8866 for more information.

- **Brainfuse HelpNow.** An online service that offers free access to live tutors for homework help, skills-building, and test preparation. Help is available for all levels of learners, from children through adults. The Adult Learning Center module delivers High School Equivalency prep, US Citizenship test prep, resume assistance, Microsoft Office support, and career resources. Access to Brainfuse HelpNow is made possible by the New Jersey State Library and is supported by federal CARES Act funding. To access this service with your Carlstadt Library card, please visit <https://www.carlstadtlibrary.org>

- **Download eBooks, Audiobooks and Magazines.** Free access to Overdrive, a digital service that features thousands of eBooks, audiobooks and now, magazines! Visit carlstadtlibrary.org or by downloading Libby.

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Sunday, February 13, 2022

Valentine's Day

Monday, February 14, 2022

Advertising Deadline:

January 5th for February Gazette



HH Leisure Club Christmas Party

On Wednesday, December 8, 2021, Hasbrouck Leisure Club members and guests gathered at The Venetian in Garfield for an afternoon of dining and dancing, featuring music by Jimmy Dee and His Music Machine.

After a long hiatus due to Covid-19, the line dancers were anxious to take to the floor. They danced and sang to the Christmas music.

President June Raymond

thanked everyone for coming and applauded the co-chairpersons Marilyn deRussy and John Nesbitt for the outstanding success of this event.

The buffet style presentation began at noon to 1 p.m. which consisted of a variety of hot and cold appetizers.

This was followed by Vodka Pasta and Salad.

The entrees were a choice of Roasted Prime Rib Au Jus, Norwegian Salmon and Chicken Portobello. Dessert was a medley of delicious pastries. Coffee and Tea. Unlimited beer, wine and soda. Photo and story by Gladys Gamble. ####

Carlstadt Senior Friendship Club

Senior Friendship Club, Inc. meets at the Civic Center Building, every first and third Wednesday of each month. Also, every Thursday and every fifth Wednesday, 1 p.m. to 5 p.m., with craft classes and card games.

Senior Club Meetings are 1st and 3rd Wednesdays of the month. We have interesting events at our regular meeting days with guest speakers and entertainment. We follow protocols of CDC to be on safe side.

We are planning for more varieties of programs, such as cultural events, hands on art and craft, musical events and much more. Provided by Yogi Shah. ####

Dealing With Alzheimer's

Wallington resident, Patti Bonczkowski, has published a book: "Alzheimer's, My Mother and Me - A Daughter's Memoir with Tips and Tools for Caregivers."

It provides advice on how to deal with your stressful daily situation of taking care of a loved one with Alzheimer's.

The book is available on Amazon.com ####

Lodi Senior Citizens Club

Any senior living in Lodi, who is at least 55 years young, may join our club.

We are located at the Lodi Senior Building at 22 Walnut Street, Lodi.

The Club meets on the second and fourth Tuesday of every month. We have free Blood Screenings on that day.

Every Thursday is Fun Day. We have a pool table, shuffleboard and Bingo. We welcome non-members on this day. We start each Thursday with our exercise class at 11:30 a.m.

Hope to see you soon. For more information call 973-472-6994. Provided by Don Stein. ####

Moonachie Senior Club

Any seniors living in Moonachie, who are at least 60 years young, may join our Club. The dues are only \$10 a year, payable at our first meeting in January of every year.

At several of our meetings, we will have speakers on interesting topics and some form of entertainment. After every meeting, you will receive a small, tasty Club sandwich, a cup of tea or coffee, and some pastry. At the end of the year, you will also enjoy a Christmas party, at a local restaurant.

Anyone from Moonachie who might be interested in joining our Club, please call Roxane at 201-807-1085. Provided by Charles Pallas. ####



Wills and Estate Planning Virtual Workshop

What happens if someone dies without a will? What is probate? Find out answers to questions such as these in this informational session with Ryan M. Siclari, Esq., LL.M. via Zoom on Wednesday, January 12, 2022, at 7 p.m.

Questions are encouraged on topics such as wills, power of attorney, and medical directives.

This program is sponsored by the Carlstadt and East Rutherford Libraries. Please register at carlstadtlibrary.org or call 201-438-8866 for more information. A Zoom link will be emailed after registering. ####

LF Seniors

Little Ferry Bingo is held at the Senior Center on the 2nd and 4th Tuesday of the month from 12 p.m. to 4 p.m.

Senior meetings are held the 2nd Thursday of the month at 1 p.m. at Little Ferry Senior Center. Provided by Nilda Rojas. ####

Common Medicare Mistakes

The Hasbrouck Heights Public Library program "The Most Common Medicare Mistakes You Should Avoid" is scheduled for Saturday, January 22, 2022 at 1:30 p.m. in-person.

Attention Baby Boomers! Turning 65? Planning on retiring? Are you currently caring for a Medicare beneficiary? If you will soon become part of the Medicare system, please join us for a very informative educational seminar on parts A, B, C, and D, and learn about the most common Medicare mistakes being made that you should avoid.

This will be presented by Linda Cross of the Bergen County Division of Senior Services SHIP (the State Health Insurance Program).

The Library is located on the second floor, at 320 Boulevard, Hasbrouck Heights. For more information, call 201-288-0488. ####

Vic's Hoofers Resume

The Vic's Hoofers, a ladies social group, meets on the first Thursday of the month at the Carlstadt Civic Center on 4th Street at 7 p.m. Women from surrounding towns are invited to join. Dues are \$15 per year.

So put down those electronic gadgets and join us for some good old fashion fun and laughter. Refreshments are served at each meeting. The fun activities are planned for each month. New members are always welcome.

ER Seniors

Caesars Atlantic Bus Trip is hosted by ER Seniors Club. Bus departs at 9:30 a.m. sharp, from CVS parking lot on Paterson Avenue. \$35 pp includes \$30 slot play. Call 201-981-6284 for details.

Any East Rutherford senior resident interested in joining the Club, meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. There are special events and parties throughout the year.

Free blood-pressure screenings - on the 4th Tuesday of the month beginning at 11:30 a.m. Membership is \$15 per year. Contact Debbie for membership at 201-803-4708 and Josephine for trips at 201-981-6284. ####

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Senior Snow Shoveling Safety

Harvard University suggests that seniors (*over the age of 50*) should take special precautions to avoid snow shoveling hazards.

Snow shoveling is one of the most dangerous activities senior citizens can attempt. With back injuries, shoulder dislocation and heart attacks -- on average 1,200 people a year die as a result of shoveling snow.

Shoveling snow is physical activity and comparable to lifting weights fast and with many repetitions.

As with any exercise, begin with a 5-10 minute warm-up. Try walking or marching in place as a way of using slow, gentle exercise to increase blood flow and flexibility to the muscles and joints that will

be used.

It will increase the heart rate slowly and avoid the equivalent strain of going from standing still to a full out run.

Add arm movements and stretches for back, chest and shoulder muscles to help warm up the upper body and avoid muscle tears or dislocation.

- Dress right. Wear layers. Cover your head, face and hands when outside for prolonged periods of time.

If you become overheated, take a break from shoveling.

- Use waterproof boots to protect your feet from the cold as well as keep them dry. Wear non-skid boots to guard against falls on slick snow or hidden ice.

- Depending on how wet the snow is, a shovel full of snow can weigh up to 15 pounds! A smaller shovel means lighter loads -- help prevent injury to the body by creating less strain.

- Stay hydrated. Keep a water bottle handy and take a few sips after every 15 minutes.

- Shovel every time the snow fall is about 2 inches. This makes shoveling more manageable.

- Go inside after 20-30 minutes and start again. This

will be the same as a 30 minute vigorous workout.

- Lift with the legs, not the back. Be sure knees are bending and straightening to lift the shovel instead of leaning forward and straightening back up with the back.

- Push the snow. It's easier than lifting and throwing the snow.

- Keep space between your hands to increase your leverage on the shovel.

- Avoid caffeine and nicotine. Caffeine and nicotine act as stimulants by increasing the heart rate and constricting blood vessels, which puts more strain on the heart.

- Never shovel alone. Let someone know that you will be shoveling. If you get into trouble, someone can call for help.

- A snowblower can create a false sense of safety. It's easy to be seduced into working too hard and too long. Know when to quit.

- Know your limits. A fall or injury would be very dangerous to your overall health and well-being. Hire someone or call a snow-service instead of 911. ###



Real Estate Insight

By Mary Ellen Courtney

Legacy: Sometimes A Very Complicated Matter

Dealing with the death of a loved one is hard, but it often becomes extremely difficult when survivors are left faced with figuring out the deceased's assets and debts.

We had a situation in our office recently that really drove home the importance of the old axiom, "getting your affairs in order." As one reaches old age, with the possibility of infirmity and the inevitability of death, it's imperative to have a plan in place for one's heirs. I'll describe here our case as related to me by our sales agent, Kate. Kate worked hard to help her client, Barbara, solve a multitude of "legacy" problems...

The truth is, before Barbara's father died of cancer earlier this year, her only experience in real estate was in finding a place to rent in Nyack, NY. But as executor of his will, Barbara had to clean out and sell her dad's Garfield home together with a bungalow he owned in South Seaside Park -- both properties located hours from where she lives.

This work -- and, in fact, everything connected with the aftermath of his passing - fell solely on Barbara, since the only other beneficiary, her older sister, divorced with 3 small children, lives in Seattle.

"My sister's a lot more emotionally driven anyway, so I think it was better that I was handling these things," said Barbara, a health care technician who works in New York State.

After sitting down with Kate, a career professional with 14 years' experience, Barbara quickly got to work tackling a whole host of issues that they went over together. Day in and day out, Barbara had to struggle through probate, had to learn about local building codes, had to deal with her father's close friend/tenant (*who was put on notice to vacate the premises*), had to carry out whatever was necessary towards maximizing the proceeds from the sale of the properties, and so on, and so on...

"There were a ton of things that were brand new to me; it was overwhelming and incredibly hard. But we got through it.

Thank goodness I had a knowledgeable advisor and friend to help guide me."

Fortunately, the house and shore bungalow were sold within a few days after they were listed. In this current Hot Seller's Market, that was the relatively easy part. But the months that Barbara and Kate spent clearing a path towards getting the properties ready and prepped for sale was the really hard part.

Indeed, dealing with the death of a parent is always challenging, and selling the family home, in particular, can be an issue fraught with land mines.

Family members consumed by grief may be unable to make reasoned decisions, leaving, for example, an already languished property fall further into disrepair. And siblings may harbor emotional attachments and have unrealistic expectations about the true sale value of the family home.

The task can be a difficult and long process -- or, with foresight and guidance, a relatively quick and painless one. Much depends on the heirs' ability to ask for help and professional advice in these and related matters.

Hiring an experienced real estate agent who knows the local housing market and who can help navigate the client's personal course is sometimes a good place to start.

Experts say the sooner the process begins, the easier it will be. For their part, parents should take steps while they're still alive and able to help ward off possible contentious complications.

In fact, as Kate observed, it's always a good idea to discuss these matters while our loved ones are still with us. The conversation may be difficult and awkward, but it's important to have these upfront "final instructions" already in place, in order to avoid only compounding personal grief later on.

If you're faced with special issues related to the sale of property, contact Mary Ellen Courtney, managing broker for our new office, Terrie O'Connor Realtors, The Gateway Group, Hasbrouck Heights, 201-288-0004. She'll arrange to have a uniquely qualified, experienced agent interview you, devise a plan that will establish order, minimize stress and, ultimately, deliver success for you!

Mary Ellen Courtney is Broker Sales Manager, Terrie O'Connor Realtors -- The Gateway Group ###

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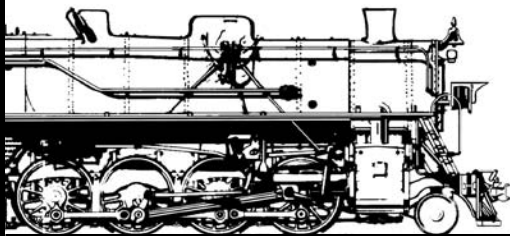
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Day of Infamy Remembered

On Tuesday, December 7, 2021, Americans remembered comrades who suffered and perished at Pearl Harbor 80 years ago. These victims must remain alive in our minds and hearts, for they were the first to face the enemy in open combat.

All the suffering and pain in World War II, all the tremendous victories achieved later in the war, the defeat of two of the 20th Century's worst tyrants, all began for America at Pearl Harbor.

Here are the excerpts from Post 809 75th Remembrance service:

After a brief showing of a “1941 news reel,” this remembrance program began with a flag salute, opening prayer, Pledge of Allegiance.

VFW Jr. Vice Commander John Churvti led the program and made these comments:

“Welcome all of you to our Pearl Harbor Day Program. Today we remember the men and women who were on Oahu Island on December 7, 1941.

There, civilians and mili-

tary personnel were subjected to an unprovoked attack by the military forces of the Japanese Empire.

Their goal was to destroy the U.S. Pacific fleet in order to give them free reign to attack their neighbors in their growing war on the people and nations of the Pacific. To do so, they chose a Sunday morning to catch our forces off guard. Their naval forces launched aircraft in two strategic air strikes aimed at Pearl Harbor and the Army airfields. Using divebombers, torpedo bombers and fighter aircraft along with submarine assaults from the sea, the Imperial Japanese Navy sank or damaged 21 ships of our Pacific fleet. Ninety-seven Navy and Marine Corps aircraft were destroyed. The Army Air Corps lost 74 planes and had 128 damaged in the attack. The Navy lost 1999 men killed in action with 710 wounded. The Marines lost 109 killed in action with 69 wounded. The Army had 233 personnel killed and 364

wounded in action. The civilian population lost 49 people killed. The Japanese Empire had done all of this damage without a declaration of war, without provocation, making this deed one of infamy and forever remembered as an attack of an evil war aggressive nation. This attack would propel America into the largest war in history, where no citizen was left untouched by the conflict.

This attack left the Pacific fleet in shambles and in ruin but never has our resolve been stronger. Through unbelievable efforts by our fellow citizens and military, The Oklahoma was raised from the bottom of Pearl Harbor, The California was raised and repaired and returned to service. The West Virginia was raised and re-joined the fleet. The Tennessee was repaired and took an active part in the war. The Nevada was raised. The Pennsylvania was repaired and joined the fleet once more. The Maryland was repaired and took to the high seas again. The Oglala

was repaired and back in action. The Helena, The Honolulu, Raleigh and Shaw were all repaired and back in action to meet our Far East foes. All these ships would serve for the remainder of World War II, helping America achieve ultimate victory over an aggressive enemy. The USS Arizona would remain a total loss and today remains with the USS Utah enshrined at Pearl Harbor as a gravesite and a lasting memorial to that fateful day. Today we reflect on World War II in which towns and cities and nations would be destroyed, with some 50 million people losing their lives, to finally end with the atomic bomb detonating in an earth shattering explosion, erasing the city of Nagasaki, but bringing peace to the world once more.it all began for us on a quiet Sunday morning 75 years ago.”

A symbolic shrine was prepared. “Taps” was played. The guest speaker was Freeholder Joan Voss. The National Anthem was played.

Jr. Vice Commander John Churvti's concluding comments: "The United States Navy would survive the attack on Pearl Harbor and World War II. I can't say the same for the Japanese Imperial fleet. Of the six aircraft carriers that took part in the attack, The Zuikaku, The Shokaku, The Akagi, The Kaga, The Hiryu, and The Soryau all now lay at the bottom of the Pacific. As cold, dark, rusting reminders to what happens when good people refuse to let evil prevail." ###

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Old Man Winter Looms --- Be Prepared

With freezing temperatures forecast, PSE&G encourages customers to prepare for bad weather this winter

As the weather gets colder and snow forecasts become frequent, PSE&G encourages its customers to take time now and prepare for bad weather before winter storms hit.

“Snow itself usually isn’t a major issue but strong winds and ice buildup can bring down power lines,” said Paul Toscarelli, emergency preparedness director. “We encourage customers to familiarize themselves with winter preparation tips and always think safety first in severe weather.”

PSE&G prepares year-round for extreme weather to maintain reliable service for our customers.

The utility has made significant infrastructure investments, including more than \$1.7

billion in electric projects and approximately \$821 million in gas projects from June 2020 to June 2021.

The investments have strengthened the system so that fewer customers experience outages and, when they do occur, the duration is shorter, especially during extreme weather.

One major effort this year involved adding more smart devices across the state to bolster safety, resiliency and reliability.

In particular, PSE&G recommends customers focus on the following safety and energy savings tips.

Winter safety tips:

- Have your heating system checked by a professional before operating, particularly if you experienced flooding recently. An overheated boiler or furnace can lead to injury and/or explosion.
- Chimneys and vents for gas appliances must be cleared following a major snow or ice

storm to enable proper venting and prevent carbon monoxide accumulation.

- Make sure that snow does not block exhaust from a side-wall vent; otherwise, it could shut down or block heating equipment and dryer exhaust, allowing fumes containing carbon monoxide to build up.

- Accumulation of ice or snow can interfere with the proper operation of your gas metering system. The meter assembly may contain a regulator that is designed to safely release pressurized gas in the event of a malfunction. Blocking the regulator vent could create an unsafe condition where gas is not able to escape from internal piping.

- Snow and ice can damage gas meters and piping. Be careful when removing snow from around the gas meter; any damage to the gas meter could potentially create a possible leak hazard.

- Use a broom to keep the gas meter, pressure regulator, and vent piping clear of snow and ice during the winter season.

- Chimneys and vents should be protected using an approved cap or screen to keep small animals or insects from entering. These pests have been known to build nests inside chimneys or vents and can cause potentially hazardous conditions.

- Inspect and clean dryer vents to ensure they are clear of debris, lint and condensation, which can become a fire hazard especially in the winter when drying heavier clothing and bedding.

- Do not store propane tanks or any other highly flam-

mable gas/liquid in your home, as they can become extremely hazardous in the event of a fire.

- If you smell a gas odor outside, please call 1-800-880-7734 (PSEG) from a neighbor's home and remain outside until PSE&G arrives.

- Downed wires should always be considered “live.” Stay at least 30 feet away from downed wires, and don’t go near the pole or anything touching the line.

Immediately contact PSE&G, at 1-800-436-PSEG (7734) via mobile app or our website, to report downed wires and dial 911 if an immediate hazard exists.

- Electric current passes easily through water, so stay away from downed electrical wires. Don't drive over – and don't stand near – downed wires.

- Downed wires can potentially be hidden in standing water. If you encounter large pools of standing water, stop, back up and choose another path.

- To prevent carbon monoxide poisoning, do not run any gasoline-powered generators in a garage or any other enclosed space.

- If you are on life-sustaining medical equipment, ensure that you alert PSE&G in advance and notify your local police and fire departments. For more information, visit www.pseg.com/life.

Winter energy savings tips to lower your bill:

- Lower your thermostat: Home heating is the largest user of energy and offers the greatest opportunity for savings. Lowering the thermostat by just one degree can reduce your heating bill by up to 3%.

- Use your blinds: Open your curtains and blinds that face the sun on sunny days to warm your home, and close them at night to keep the warm

air inside.

- Check your heating system: Check for sufficient water levels in the sight glass for steam heating systems to ensure maximum efficiency.

Replace the filter on your warm air furnace heating system. Remove any debris around your heating system.

- Caulk out the cold: caulk gaps in window and door frames and add insulation to reduce heating costs.

- Customers should prepare, be cautious and stay alert to their surroundings during and after storms. Review storm preparation tips at <https://nj.pseg.com/safetyandreliability/stormsafety>.

Stay connected:

- Download the PSE&G mobile app to report outages and receive information on restoration times, crew locations and more.

- Register for MyAlerts to receive text notifications at pseg.com/outagecenter.

- Report an outage and receive status updates by texting OUT to 4PSEG (47734). You can also report your outage through our app, website at pseg.com/myaccount or with your voice using the Amazon Alexa or Google Assistant[i] app on your smartphone.

- Follow PSE&G on PSEG on Facebook and Twitter @PSEGdelivers for updates before, during and after the storm.

- Visit PSE&G’s Outage Map for the latest in outage info, restoration times and crew locations across New Jersey at pseg.com/outagecenter.

- To report an outage by phone, call PSE&G at 1-800-436-PSEG (7734) or use our web chat feature at pseg.com/myaccount. ###

Cold Weather Tip
Be sure to turn off your exterior water faucet.

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Many Fire Departments in Southern Bergen County escorted Santa around their town the weekend before Christmas. In some towns, Santa slowly rode around in a parade formation, while in others, Santa stopped at predetermined locations to meet with children (*of all ages*) and handed out candy canes (*COVID protocols were followed*). Sirens blew and holiday music played, signaling the continuation of a wonderful holiday tradition. *Photo below: Hasbrouck Heights Fire Department's Santa Float.*



House Fire Draws Mutual Aid

On December 3, 2021, the Hasbrouck Heights Fire Department responded to a house fire on Roosevelt Avenue. There was heavy smoke upon arrival. A 5 inch supply line was laid over 600 feet from

the hydrant to an engine, which then fed two attack lines into the home. It was reported that the fire started in the basement. Assisting Mutual Aid companies included: Wood-Ridge

Fire Department, Moonachie Rescue, Wallington Fire Department and Little Ferry Fire Department. No injuries were reported. *Photos provided by Dennis Kronyak Sr. ###*



Santa visits Hasbrouck Heights during their annual night-time Holiday Parade along the Boulevard on November 26, 2021. Photos by Tony Greco Photography. ###

Making Thanksgiving Special

The First Presbyterian Church in Rutherford held their Annual Thanksgiving Dinner on November 25, 2021, at the Parish House from noon to 2 p.m. A complete turkey dinner was provided with all the fixings at no charge.

For the second year due to Covid-19, meals were "to go packages." A tent was set up outside for guest pick up. Some meals were delivered by volunteers. About 25 volunteers prepared a turkey dinner with all the fixings, dessert and beverages. Turkeys were donated. The Church supplied everything else. About 300+ Thanksgiving Dinners were served. Patrons were notified by social media, senior center, flyers and email. This program began in 2012 to support Sandy victims. ###

Practice Random Acts of Kindness



Caryn Zambelli



"I am a proud mother of two children, when not holding an open house or searching for the perfect property for a client. Before becoming a realtor, I spent several years in the hospitality industry. My ability to observe what the client's needs were and listening to their wants was so instrumental in getting me to where I am today. As a lifelong resident of New Jersey, I take great pride in being a "Jersey girl" with an extensive knowledge of so many wonderful neighborhoods throughout the state. I have a sensitivity and understanding of the diverse needs of families and community. What's most important to me at the start of a relationship is conveying to you my genuine commitment to finding the dream home. There is no doubt that buying or selling a home is one of the most stressful times in one's life but working with someone that is patient and confident, guiding you through the process makes it both exciting and worthwhile. For all your real estate needs, please give me a call at 908-414-1560."

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