

The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie
Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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VOL. 20, No. 1

January 2023

★★★★★



Fresh Start

As 2022 segues into 2023, we start the new beginning with great expectations. We vault into the New Year with desire of triumph, love, health, wealth, and happiness. The reality is that anxiety, fears and trepidations of the past and the unknown future roil deep in our soul. Our best resolutions and intentions fade. But we forge forward resolutely. Adapt. Overcome obstacles. Resolve problems. Be in good cheer and improve your life in 2023. One moment at a time. Carry on.

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Arts Today

Do you enjoy watching beautiful, falling snow? We here at Care on the Corner think it's one of the most beautiful times of the year!

That's why one of our most popular programs, ARTS Today in NJ, in conjunction with Kids on the Corner, is offering "Let it Snow, A Winter Wonderland Art Show."

During this 3-week painting class, children in Grades 4 to 12 can create their own winter scene, under the guidance of Terry Pate and Jennifer Ashline. Children will be able to present their works of art in a Gallery Show/Reception open to friends, family and public.

Classes: Fridays, January 20, 27 and February 3, 4 to 6 p.m., at the Care Center, 333 Franklin Avenue, Hasbrouck Heights, NJ.

Reception: February 10, 7 p.m., at the Parish Hall of Christ Church, 251 State Street, Hackensack, NJ. For more information and to register, call 201-288-9460. ###

Adult ESL

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as one-to-one instruction, to people from other countries and other language backgrounds.

Registration and testing will take place on Wednesdays, January 18 and 25, 2023, from 6:30 to 7:30 p.m., at the Care Center, 333 Franklin Avenue, Hasbrouck Heights, NJ.

All students must be registered to take the classes. New students must take a language assessment evaluation. Classes are open to high school aged children and adults.

Winter 2023 Classes

Session: Starting on February 1 for 10 weeks, ending April 5 on Wednesday nights from 7 to 8:30 p.m. at Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, NJ.

For more information, call 201-288-9460. A registration form, with a non-refundable \$15 registration and materials fee, must be completed. Financial assistance available. ###

Winter 2023 Session of NewARTS Kids

Care on the Corner is excited to offer NewARTS Kids Winter 2023 Program for children ages 5 through 11 for the aspiring young artist in your family.

Under the direction of Debra M. Cook, young artists will have fun while being creative. Students will explore different mediums each week that will stimulate their imaginations and creative expression. They will be using acrylics, clay, oil pastels, and watercolors.

Session Dates:

- Wonderful Winter Landscape using Acrylic Paint on Canvas (February 7),
- Valentine's Day Clay Hearts using Clay & Acrylic Paints (February 14),
- Tiffany Trees using Oil Pastels and Watercolors (February 28).

Tuesdays 4 to 5 p.m. for 5- to 7-year-olds and 5 to 6 p.m. for 8- to 11-year-olds.

The group meets in the Care Center at 333 Franklin Avenue, Hasbrouck Heights.

Call 201-288-9460 to register. Space is limited to 12 children per class.


Tuition is \$80 and includes all materials. Scholarships are available.

Debra M. Cook is returning to teach these classes. Debra has been teaching ART to children for over 25 years.

Debra was recently elected to the Episcopal Church & Visual Arts Board of Directors. She is a Fine Arts Instructor, Sacred Artist, Botanical Illustrator, Iconographer and Photographer.

Debra has taught art lessons and workshops to children, teens and adults for over twenty years at her private art studio, churches and various locations. Debra's artworks have been exhibited and awarded in shows, and her icons, drawings, paintings, and photographs hang in churches and many private collections. ###

Good manners are always in style



Copy for the February Issue is due Jan. 5th.

Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

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Wreaths Across America

Led by piper Brandon Hogan and the Lodi Police Department, the Honor Guard marched to the gathering. The MC Sue DeJessa, Assistant Director of A Hero's Welcome N NJ, described the program. Legion Post 136 Commander Francis Carrasco led the Pledge of Allegiance. Ryan Quish sang the "National Anthem." A Blessing was given. The first three wreaths were symbolically placed. "Taps" was played by Marianne Dispoto, American Legion. The volunteers proceeded to place wreaths on the graves. The event was organized by Rose Pagan, Director of A Hero's Welcome N NJ.

Wreaths Across America kicked off on Saturday, December 17, 2023, at St. Francis de Sales Churchyard in Lodi at 11 a.m. There was a brief ceremony, and then volunteers placed Christmas wreaths on 245 Veterans' graves in Lodi, Berry Lawn Cemetery in Carlstadt and St. Joseph's Cemetery in Lyndhurst.

Each December, on National Wreaths Across America Day, the mission to Remember, Honor and Teach by coordinating wreath-laying ceremonies at Arlington National Cemetery, as well as at more than 3,400 additional locations in all 50 U.S. states, at sea and overseas.

Wreaths Across America is committed to teaching younger generations about the value of their freedoms and the importance of honoring those who sacrificed to protect those freedoms. For more information, go to: <https://www.wreathsaacrossamerica.org/> / ###

2023 Municipal Reorganization Meetings

- **Carlstadt:** Sunday, January 1, 2023, at 1 p.m., in Council Chambers.
- **East Rutherford:** Tuesday, January 3, 2023, at 6 p.m., in Council Chambers.
- **Hasbrouck Heights:** Tuesday, January 3, 2023, at 6:15 p.m., in Council Chambers.
- **Little Ferry:** Friday, January 6, 2023 at 7 p.m., in Council Chambers.
- **Moonachie:** Sunday, January 1, 2023, at 1 p.m., in the Municipal Center.
- **Rutherford:** Friday, January 6, 2023, Sine die at 5 p.m., Reorganization at 5:30 p.m., in Council Chambers.
- **South Hackensack:** Thursday, January 5, 2023, at 7 p.m., at the Senior Center.
- **Wallington:** Thursday, January 5, 2023, at 6:30 p.m., at the Civic Center.
- **Wood-Ridge:** Sunday, January 1, 2023, at 2 p.m., in Council Chambers. ###

Veterans Coat Drive Jan. 12

The HH Green Team and HH Contemporary Club will be partnering with A Hero's Welcome NJ for our annual Winter Coat Drive on Thursday, January 12, 2023. Veterans are in need of clean, gently used men's and women's winter coats, toiletries such as shampoo, conditioner, deodorant, feminine products, toothbrushes, toothpaste, and NEW personal items such as socks, undershirts, and underwear.

2023 Moonachie Dog Licenses

Moonachie Residents: 2022 Dog Licenses expire on January 31, 2023. Proof of a rabies vaccination valid from November 1, 2022 or later is required. You will not be given a license if rabies expires before November 1. Fees are \$10 spayed/neutered, \$13 not spayed/neutered. A late fee of \$10 per license starts on February 1. Accepted payments are check and money order payable to Borough of Moonachie. If you are renewing or applying by mail, include copies of updated rabies and neutering paperwork, and a current telephone number and email. The mailing address is 70 Moonachie Road, Attention: Board of Health. If you no longer have a dog that was licensed in 2022, or have any questions, contact the Board of Health at 201-641-1813 ext. 6. Reminder that all dogs 6 months and older must have a dog license.###

W-R Cat and Dog 2023 Licensing

Many changes have been made. Check website for details. <https://www.njwoodridge.org/>

Please drop off items at the Hasbrouck Heights Senior Center, 320 Boulevard, Hasbrouck Heights, between 4:30 p.m. and 7:30 p.m. If you have any questions, email the HH Green Team at hgreenteam@gmail.com ###

Kip Center Monthly Casino Trip

The Kip Center hosts a Sands Casino Trip the second Monday of every month. Bus leaves January 9, 2023 at 9 a.m. from the Kip Center, 55 Kip Avenue, Rutherford. Reserve early. New to the Kip Center? Give it a try, there is always something going on. Call 201-460-1600 for information. ###

Fly Tying Course Starts Feb. 7

East Jersey Chapter Trout Unlimited is holding a FLY TYING course for beginners and advanced at Wayne Fire House PLO#2 (2 Alps Road) at the intersection of Alps Road and Route 23, Wayne. For a fee of \$75, this is an 8 week course, held on Tuesday nights, from 7 to 9:30 p.m., beginning February 7, 2023. Materials and tools are supplied free to beginners. Beginners will learn the techniques and materials needed to tie trout flies. Patterns will include a selection of nymphs, streamers, wet and dry flies. Students will gain the basic understanding that will catch fish. To register call Doug Penna 201-288-4409 or thru website www.eastjerseytu.org, activities, fly tying classes, or at class. Instruction is by experienced East Jersey Chapter Trout Unlimited fly tiers. ###

Hasbrouck Heights Garden Club

HAPPY NEW YEAR TO ALL! The first meeting of the Garden Club will be held on Wednesday, January 21, 2023. All meetings are held in the Library Meeting Room located on the second floor of Borough Hall at 320 Boulevard. Refreshments will be served at 5:30 p.m. The meeting will begin at 6 p.m. and finish by 7:45 p.m. Our meeting will be a discussion of our members' gardens this past season, the good, the bad and the ugly! There will also be a discussion on the upcoming speakers and other events to be held throughout the year!

The membership of the Garden Club wants to thank all those who assisted in taking care of the Boulevard in Bloom Planters this past spring and summer. All are welcome to join us at our meetings! *Provided by Judy Mascis.* ###

Stitch One, Share One, January 22

Stitch One, Share One group meets on the fourth Sunday of each month from 2 to 5 p.m. at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. The next meeting is January 22. Members of the community are welcome to join anytime and meet women who enjoy sharing their talents. Learn to knit, crochet or advance your skills. Help work on one of our charitable projects or work on your own project. Look for our sign; we are barrier-free! ###

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Sunday, February 12, 2023

Valentine's Day

Tuesday, February 14, 2023

Advertising Deadline:

January 5th for February Gazette

W-R Lions 38th Annual Beefsteak February 10

The Wood-Ridge Lions Club announced their 38th Annual Beefsteak Dinner. This is our major event conducted over 37 years on the Friday before Super-Bowl, featuring games, sports memorabilia and prize auctions, along with great camaraderie and BEEF!

The event will be held at Three Saints R.O. Cultural Center, 464 Outwater Lane,

Garfield, NJ 07026

Doors open at 6 p.m., with dinner service beginning at 7 p.m. Cost is \$70 per person. All seats are assigned and must be paid in advance.

For tickets contact any Wood-Ridge Lions member or send an email with your name and number to be contacted. Email: wrlionsnj@gmail.com

Door prizes (*included with your ticket purchase*) cover a variety of restaurant gift certificates and other prizes. Plus a Grand Prize of a \$3,000 Cruise Voucher from Cruise Holidays, 235 Mall at IV, Rte. 4 West, Paramus, NJ.

Some of the charities and organizations the Wood-Ridge Lions support:

- NJ Camp for Blind Children - Camp Marcella
- St. Joseph's School for the Blind
- Foundation for Fighting Blindness
- Eversight - Lions Eye Bank of New Jersey
- Center for Food Action, Bergen County
- Juvenile Diabetes JDRF
- The Lions Eye Research Foundation of NJ
- The ARC of Bergen-Passaic - Hoehne-Feinman Center
- Special Olympics NJ - Adopt-a-Cop Torchrun
- Wood-Ridge Lions Scholarship Fund
- Lions District 16N Charitable Foundation
- Lions KidSight Eye Screenings for Children conducted at local schools

For more information about the Wood-Ridge Lions Club, go to: <https://www.e-clubhouse.org/sites/WoodRidge/> or <https://www.facebook.com/WRLions> ###

American Legion \$300 Lottery Basket

Fund-raiser for community projects, the American Legion Auxiliary Unit #142, 135 East Passaic Street, Maywood, NJ 07607, will hold the drawing March 11, 2023, at 7 p.m.

Winner need not be present. Donation \$5. No substitution of prize given. Call 551-587-3699. ###

Maywood Woman's Club \$300 Lottery Basket

Fund-raiser for community projects, the Woman's Club of Maywood, NJ 07607, will hold the drawing March 30, 2023, at 8 p.m.

Drawing will be held at the Maywood Recreation Center, 145 West Magnolia Avenue, Maywood. Winner need not be present. Donation \$2. No substitution of prize given. Call 551-587-3699. ###

KEYWORLD



**427 Boulevard, HH
973-975-8208**

Corner of Williams Avenue

Free Lunch Saturday

The First Presbyterian Church of Moonachie for the "Free Lunch Saturday" program, will be closed January 2023, Reopening February 4, 2023 at 11:30 a.m.

Food service inside resumes. To-Go bags are available while supplies last.

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts. If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ###

Elks Breakfast 1st Sunday

Elmwood Park/Paterson Elks Lodge 60, 192 Market Street, Elmwood Park, will host a breakfast, the first Sunday of every month, 8 a.m.-11:30 a.m. \$10 pp. Children 6-10, \$5. Free for children under 6. Open to the public.

Breakfast includes: juice, eggs, pancakes, bacon, sausage, hash browns, toast, hot and cold cereal, muffins and bagels, hot chocolate, coffee or tea. Reservations preferred. Call Dennis at 201-791-6149. ###

Lodi KC Pancake Breakfast Jan. 8

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, January 8, 2023, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French Toast (*to order*), bacon, sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$10; children over 6: \$5; children 6 and under: free. Profits to benefit local charities. For more information, call Joe at 201-805-4576. ###

Fish & Chips March 11

The American Legion Auxiliary Unit #142, 135 East Passaic Street, Maywood, NJ 07607 will host a Fish & Chips Dinner (*chicken available*), on March 11, 2023 from 5 to 7 p.m.

Donation is \$20 pp. Call 551-587-3699. ###

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Open New Year's Eve and Day

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MomLife Event
January 26

Start 2023 off right by taking some time for yourself! Come take a breather with us.

Moms of kids ages 0-11 from any town can join us! Next event on January 26, 2023, 7 to 9 p.m. Please RSVP by January 24.

Event hosted by Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights. Limited KidLife childcare available by RSVP only. Monthly get together and outings too.

For more info: hasbrouckhtsmomlife@gmail.com; 862-239-6677; Fb – Hasbrouck Heights MomLife ###

Art Association
of Rutherford

The Art Association of Rutherford will hold its January meeting on Thursday, January 12, 2023 at 7:30 p.m.

We are planning to have a model pose for the attendees to draw, and a still life for those who would rather draw that.

The meeting will be at the KIP Center 55 Kip Avenue, Rutherford NJ. A non-mandatory \$3 donation is suggested for non-members, but all are welcome!

For more information or questions, contact Lissanne at lissanneart@gmail.com ###

Hire A Vet

Bergen County
LGBTQ Seniors
Meet Jan.10, 18, 20

Bergen County LGBTQ+ Alliance (BCLA), a new non-profit organization, hosts a seniors (60+) group that meets on the second Tuesday and the third Wednesday of each month in person and the third Friday virtually. All meetings begin at 11:30 a.m.

The next meetings are on Tuesday, January 10, Wednesday, January 18 and Friday, January 20, 2023. The Tuesday meeting will be held at The Rutherford Pancake House, 40 Park Avenue, Rutherford and the Wednesday meeting will be held at CoZie Café, 14-25 Plaza Road N (Radburn Plaza Building), Fair Lawn. Light lunch will be served. Contact us at Nick@bergencountyLGBTQ.org or 201-470-8946 for info and/or the link. ###

Friday Night
Dancing

The Hasbrouck Heights Elks Lodge 1962, 128 Baldwin Avenue, Hasbrouck Heights, will host dancing every Friday night from 7:30 to 11:30 p.m. with DJ Gerri. Cost is \$10 at the door. Coffee included. Cash bar. For more information, call Cathy at 1-386-852-4881. ###

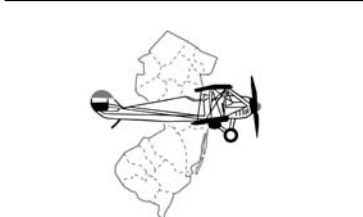
January Birthstone
Garnet

Valentine's Party
Fundraiser Feb. 11

American Legion Squadron 310, 100 Liberty Street, Little Ferry is hosting a Valentine's Party On Saturday, February 11, 2023 starting at 7 p.m.

Tickets are \$20 per person and includes pasta dinner, beer, wine and soda. Every lady gets a rose! Music by DJ Jack Jam.

Advance ticket sales. No tickets sold at the door. No refunds. All Proceeds from this fundraiser go to Veterans and children's programs. Any questions call: 201-807-0470. ###



Enjoy Meeting People?
Become a Volunteer!

The Aviation Hall of Fame and Museum at Teterboro Airport is seeking Volunteers who enjoy meeting people.

There are 3 different Volunteer activities to choose from, tour guides, maintenance people to work on projects and new displays and computer associates to work in our rich library. We offer flexible hours and free training and support.

Visit www.njahof.org and check out the self guided tour of our Museum. For additional information, call Ralph at 201-288-6344 or email: ralph.vilicca@njahof.org ###

Uncle Floyd
Comedy Night
February 25

The American Legion Riders 310 is hosting Comedy Night featuring a live performance by Uncle Floyd on Saturday, February 25, 2023.

Dinner starts at 6 p.m. featuring pasta, pork loin, potatoes, salad and dessert. Show starts at 8 p.m. A DJ will play during intermission. \$25 admission. Call 201-807-0470. ###

St. Patrick's
March 11

American Legion Post 310, 100 Liberty Street, Little Ferry, NJ, Annual St. Patrick's Day Corned Beef, Cabbage and Potatoes Dinner, Saturday, March 11, 2023, from 4 p.m. until 8 p.m. Cost is \$15 per order. All proceeds to benefit Veterans and children's programs. Indoor event, but take out is available while it lasts.

No outside beverages allowed. DJ Jack Jam will be spinning the tunes for the party. For additional information please call 201-807-0470. ###

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Carlstadt
Mixed Chorus

The Carlstadt Turnverein invites you to their New Year's Eve program on December 31, 2022, from 4 to 8 p.m. Cost is \$65 pp all inclusive. Music by Bud and Linda. For reservations call 973-777-6677.

Love Music and Singing and socializing with like-minded individuals ?

The Carlstadt Mixed Chorus may be the place for you. We are celebrating our 91st Anniversary in 2022 and are seeking new members to keep the tradition vibrant.

Our repertoire includes songs with German and English lyrics and ranges from Mozart, Beethoven, Strauss, to Evergreens and Broadway tunes.

We meet once a week, Tuesdays, from 7 to 8:30 p.m., to rehearse and socialize afterwards.

If interested, please email Ingrid at: ingridwehrhahn11@gmail.com or call: 973-777-6677, eves preferred.

We'd love to hear from you and have you join us. ###

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Rutherford Repair Café January 14

Do you have well-loved things around your house that just don't work but don't have the heart to throw them away? Before you toss that bike with no brakes or lob that wobbly wooden chair, bring it to Rutherford's next Repair Café!

The Rutherford Green Team will hold its fifth Repair Café on Saturday, January 14, 2023, from 11:30 a.m. to 3:30 p.m. in the basement of the Rutherford Public Library at 150 Park Avenue, Rutherford. Please use the back of the Library and enter through the rear courtyard.

Part social gathering, part repair shop, the Repair Café is an international phenomenon begun in Holland where community members volunteer to help fix things that people would otherwise throw out.

It will be an afternoon drop-in event where community members can bring in broken or non-functioning items to be fixed for free, with the help of expert volunteers. The purpose

is not only to reduce waste but also to teach people how to fix things themselves.

Rutherford's Green Team is stepping up the frequency of these repair cafés from one last year to four this year.

Rutherford's Repair Café usually has the following stations: bicycles, clothing, sewing machine repair, small appliances, computers, lamps, furniture, small engines (*lawn-mowers*), knife sharpening, and jewelry.

However, check the Rutherford Repair Café Facebook page or the Rutherford Borough website closer to the event to find out which items can be repaired.

There will be coffee, tea, and homemade baked goods, as well as a craft table (*where adults and children will make art out of trash and recyclables*).

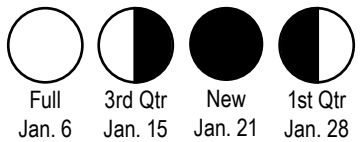
To volunteer or for more information, contact Brian Hanson-Harding at brianhansonharding@gmail.com ###

AARP Chapter #2015 Lodi

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Center, 22 Walnut Place. Each meeting will have either a speaker or entertainment as well as light refreshments. New members are welcome. 2023 dues are \$10 for the year. National AARP membership is also required. For membership information contact Stan at 973-779-8544.

• January 17, 2023: Regular monthly meeting. Speaker Paul Wanco, Lodi Fire Marshall.

• February 21, 2023: Regular monthly meeting. Speaker. *Provided by Kathleen Zalenski.* ###



Full Wolf Moon

A full moon occurs when the Earth is directly between the Sun and Moon so that the moon looks completely illuminated when you look at it. It happens about once a month or, 29.53 days on average.

The January full moon will appear on Friday, January 6, 2023, at 6:08 p.m. It is called the "Full Wolf Moon" or "Storm Moon." In January the stormy weather earned this moon its name.

Snow covered the earth and the howling of wolves could be heard echoing through the cold winter air.

According to the "Farmer's Almanac," amid the cold and deep snows of mid-winter, the wolf packs howled hungrily outside Indian villages. Sometimes it was referred to as the "Old Moon," or the "Full Snow Moon," but most tribes applied that name to the February moon.

In fact, wolves are so well-known for their tight-knit communities that the Sioux tribe called January's full moon the Moon Where Wolves Run Together. The wolf is often seen as a symbol of loyalty and protection in many cultures. The Wolf Moon is the perfect time for you to reach out to loved ones and reaffirm your connections, in preparation for deepening your bonds and taking on new challenges together over the upcoming year.

The Native American Indians of northern and eastern United States kept track of the seasons by giving a name to each recurring full Moon. European settlers followed the custom. ###

Lodi Seniors Club Seeks Members

Club President Rose Benti and her staff are inviting community residents 55 plus to stop by the Walnut Street location and sign up as an active member of the Lodi Senior Citizens Club. It's a marvelous place to meet new friends and to take part in the various programs that are available to all who are interested.

Among the programs being offered are day trips, luncheons, shuffle board, Billiard tournaments, top shelf entertainment such as Saxophonist extraordinaire Lonnie Youngblood and Balladeer Artie Mags.

For those who wish to try their luck, the Club boasts its Thursday afternoon Bingo Fest. First game starts at 1 p.m. sharp. Afterwards, enjoy coffee and cake with friends. Want to experience the mind body connection while sitting down? Take part in the Club's Yoga classes led by instructor Aja Humphries.

Aja is a full-spectrum Doula as well as a pre/postnatal yoga teacher. Classes are held every Thursday from 11:45 a.m. to 12:45 p.m. "Yoga is all about love" says Aja. "Yoga is how I show myself and others love."

For more information, contact Rose Benti or Don and Marie Stein on Thursdays between 9 a.m. and 2:30 p.m. *Provided by Artie Mags.* ###

LF Seniors

Meetings are second Thursday of each month at 1 p.m. Refreshments are served. Bingo is the 2nd and 4th Tuesday of each month at 12 p.m., Pokeno is every Friday at 12:30 p.m. All meetings and games are held at Little Ferry Senior Center, 95 Main Street. New members always welcome. Dues are \$10 per year. Call Mary for further information at 201-686-8424. ###

Cancelled Stamps

The Leisure Club of Hasbrouck Heights is collecting cancelled stamps. Please trim the stamps to 1/4 inch around the stamps. Old envelopes and postcards are also being collected. If envelopes, postcards etc., are more than 40 years old, please do not cut off the stamps, but save the whole envelope/ postcard. The stamps can be dropped off or sent to: **The Gazette Newspaper**, 345 Boulevard, Suite 5, Hasbrouck Heights, NJ 07604. ###

Carlstadt Senior Friendship Club

Senior Friendship Club, Inc. meets at the Civic Center Building, every first and third Wednesday of each month. Every Thursday, from 1 p.m. to 5 p.m., card games and Mexican Train/dominoes.

Senior Club Meetings are 1st and 3rd Wednesdays of the month. We have interesting events at our regular meeting days with guest speakers and entertainment. We follow protocols of CDC. We are planning for more varieties of programs, such as cultural events, hands on art and craft, musical events and much more.

Trips

All trips leave from upper parking lot Lester Stagg Way and Garden Street. Be there 15 minutes before. Call Helene at 201-463-3000 for details. ###

Moonachie Seniors Center Closed

The Moonachie Senior Cizen Club is suspending activities due to building renovations. They wish everyone a Happy New Year. Call Joanne V. S. at 201-641-6472 for a current update. ###

Vic's Hoofers

The Vic's Hoofers, a ladies social group, meets on the first Thursday of the month at the Carlstadt Civic Center on 4th Street at 7 p.m. Women from surrounding towns are invited to join. Dues are \$15 per year.

So put down those electronic gadgets and join us for some good old fashioned fun and laughter. Refreshments are served and fun activities are planned for each month. New members welcome. Call Alice at 201-933-8561. ###

ER Seniors

Any East Rutherford senior resident, 50 years or older, is welcome to join the Club. Meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. There are special events and parties for members throughout the year.

Free blood-pressure screenings - on the 4th Tuesday of the month beginning at 11:30 a.m. Membership is \$15 per year. Contact Debbie for membership at 201-803-4708 and Josephine for trips at 201-981-6284. Payment must be received 2 weeks prior to an event. ###

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World Wide New Year's Traditions

In past New Year's Eves we would go either to the Elks Club or the VFW hall and welcome the new year dining, dancing and drinking with our friends.

As we got older we spend-tour New Year's Eve with a small group of friends at a house party. We play games, have refreshment and drinks and finally gather around the television to watch the crystal ball drop in Times Square.

At the stroke of midnight we made lots of noise to welcome the New Year and ward off evil spirits; we kissed each other to strengthen ties we wished to maintain in the future; and welcome the new year with a glass of sparking wine.

We always comment how fortunate we are to be in a warm house rather than standing elbow-to-elbow with hun-

dreds of thousands of people in the New York cold.

We realize that billions of people are also watching the Time Square celebration world-wide, and we know that many countries have their own traditions to welcome the new year.

Here are a few of the New Year traditions and customs.

In some South American countries, wearing colored underwear will determine your fate for the new year. Argentinians dressed in pink skivvies in hope the color will spice up their romances for the year to come.

In Colombia, Ecuador and Chile, yellow underwear is worn to ensure a year of happiness and good fortune. In Brazil, sporting orange knickers will potentially provide a year of professional success. Bolivians looking to keep

friendships going strong, wear pink underwear.

In Puerto Rico, wearing white underwear is believed to aid in fertility and a year of good health. In Spain, wearing red underwear is a symbol of life. In Peru, green underwear will bring you positive energy in the new year. Wearing anything polka dotted in the Philip-pines will work, as the round-ness symbolizes prosperity.

In China, red underwear with golden embroidery is seen as a way to fight off bad luck for the new year. If you are looking for tranquility in Portugal, many people will sport blue undies under their new year's best. Though it is not tied down to one nation, most countries believe wearing black underwear on New Year's Eve will bring misfortune unto the new year,

In Chile, folks eat lentils when the clock strikes mid-night. It is supposed to usher in a prosperous New Year.

In Spain, it is also common to eat a grape with every chime of the bell at midnight for a year of prosperity. Brazilians believe that lentils signify wealth and prosperity.

In India and Pakistan, rice promises prosperity. In Germany, Poland and Scandinavia, it's believed that eating herring at the stroke of midnight will ensure a year of bounty.

In Romania, they throw their spare coins into the river to get good luck. In some parts of Puerto Rico, they throw pails of water out of their windows to drive away evil spirits.

In Bolivia, coins are baked into sweets and whoever finds the coins has good luck for the next year. The French like to keep things simple and delicious. Every New Year they consume a stack of pancakes.

In Colombia, they carry their suitcases around with them all day in hopes of having a travel filled year. In Denmark, people climb on top of chairs and literally "jump" into the New Year to bring good luck.

In Chile, families spend the night in the company of their deceased loved ones by sleeping at the cemetery.

In Ireland, they hit the walls with bread to get rid of evil spirits. In Scotland, the first person to cross the thresh-old of a home in the New Year should carry a gift for good luck. Likewise, in England, they also believe that the first guest for the year would bring fortune for them.

It is obvious that cultures and traditions vary in different parts of the world; however, almost all of them are meant to bring happiness, prosperity and good luck in the new year. *Pro-vided by Peter Gallo Jr. ###*

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W-R Memorial Foundation Election of New Trustee & 2023 Dinner Honorees

The 2022 Fall meeting of the Wood-Ridge Memorial Foundation began with the election of new trustee, Mr. Omid Irani, Esq. Mr. Irani has been a resident of the community for over 25 years. He attended both Wood-Ridge grammar and high schools. He is looking forward to continuing with the work and growth of the Foundation.

The second order of business was to formally accept the nominations of the Honoree Selection Committee by the Trustees. Foundation President Linda Finke announced the names of the 2023 Honorees to be recognized at the annual dinner dance.

• **Susan Gibney:** A Kean University Graduate, Sue began her teaching career in Wood-Ridge in 1990. She is currently the longest tenured teacher in the district. After attaining a Master's Degree in 1994 in guidance counseling, she became an asset in all 3 of the schools in the district. Sue is currently the 3rd Grade resource room and inclusion teacher at the C.E. Doyle School. A few of the titles she has had over the past 32 years are TIGS Advisor, debate coach, student council advisor and "Teacher of the Year." Sue has touched the mind, heart and soul of hundreds of Wood-Ridge students. Sue and her husband of 20 years, Robert (*a WRHS Alumnus*), and 3 daughters reside in Nutley.

• **Tracey Jupinka:** Married and the mother of 3, has been a member of the Wood-Ridge School Community since 1997. A graduate of St. Bonaventure College with a BS in Education and a minor in English, completed her education with a Master's Degree in Special Education from Mount Saint Mary's College. Her first teaching assignment was a Third Grade teacher in New York State. Tracey began in Wood-Ridge teaching Second Grade and since the year 2000 has taught First Grade. Tracey was honored as Teacher of the year in 2005! She has served with the Kidz Care Club and the Sunshine Committee at Doyle.

She is currently President of the WREA. While her children were growing up, her community saw her as Girl Scout Cookie Mom, as well as a soccer, football, baseball, and softball mom. Tracey is also a CCD volunteer.

• **Jaime Oppido:** A borough resident since 2011, she has been a member of the Wood-Ridge teaching staff since 2002, teaching both Fourth and Fifth Grade. Jaime has been the advisor of many clubs over the years, such as Student Council, Safety Patrol, STEM Club, and Math League. She has also taught the extended School Year Program for many years as well. She was awarded the Teacher of the Year in 2019. Jaime is very active in the community coaching both recreation and travel soccer, basketball and softball for her daughters' teams. She is also a PTA Class Mom. She and her husband, Michael, are the proud parents of two daughters, Madilyn (9) and Julia (6).

• **Jacqueline Sanzari:** A resident of Wood-Ridge since 2008. She began her career in Wood-Ridge as a 3rd Grade student teacher in 2005 at Catherine E. Doyle School. That year she received the prestigious Dennis O'Connor award for excellence in student teaching.

Following her graduation from Felician University in 2006, her teaching career began at C.E. Doyle School. With a degree in science, she soon moved to the Junior/Senior High School where she continues to share her passion of science with her students. In 2012, she was honored as the Gretta R. Ostrovsky middle school teacher of the year. Jackie has been involved in a number of co-curricular activities.

She is currently co-advisor of the 7-12 student council, a member of the school's Improvement Panel, Professional Development and Grading committees and is a PTA Class mom. Jackie and her husband, Thomas Schreiber, are the proud parents of two daughters Angelina (10) and Daniella (7).

• **Albie Nieves:** Having served over 12 years as a Trust-

ee of the Wood-Ridge Board of Education, most recently as Board President, he has continued to show his commitment to the students of the community. His 20 plus years as a professional services and strategy executive has served the School Board well. Albie has been involved with a multitude of programs and organizations such as the Lions Club, Knights of Columbus, W-R 5 K Committee Member, President of Girls Softball, Zero Out Prostate Board Member, Women in Wealth sponsor, feeding the homeless Thanksgiving program, and a number of mentoring programs. He and his wife of 25 years, Kathy, have 3 daughters, Isabella, Victoria and Natalia.

• **Ken Schulz:** As 57 year resident of the Borough, a 1979 graduate of Wood-Ridge High School, a 40 year member of the Wood-Ridge Fire Department, and currently serving his second tour as Chief, he exemplifies the title of "Community Servant." He has been a Senior Fire Instructor at the Bergen County Fire Academy for 34 years. Ken also served as Cub Master of Pack 183, and coached Little League, Babe Ruth and Junior Football. He and his wife, Sue, have 4 children.

Foundation President Finke is honored to present these outstanding and deserving individuals to be recognized by the Memorial Foundation and the community at the 2023 Annual Dinner Dance, in March.

All of the proceeds raised at this event will be used to fund the anticipated 20 scholarship awards, estimated to be between \$55,000 and \$60,000, in June, 2023.

The dinner will be held at The Fiesta, and will include a cocktail hour, 4 hour open bar, a full course dinner and DJ entertainment will be provided by Alan Quinn. Dinner tickets are \$90 per person and are currently available.

To reserve or purchase tickets please contact event chairman Jack Nagel at 201-641-2803 or e-mail janpro911@aol.com ###



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On Saturday, December 10, 2022, **Bogota Savings Bank**, 181 Boulevard, Hasbrouck Heights held a holiday party, featuring free pictures with Santa. Festivities included holiday crafts, hot chocolate station and an opportunity to write a letter to Santa. Visitors were asked to bring a new toy for donation and were eligible to be entered into a raffle. For more information, call 201-862-0660, ext. 1300. ###



Real estate agent Cory Waters, in cooperation with **RE/MAX Trading Places**, 345 Boulevard, Hasbrouck Heights, hosted a Toy Drive to benefit Hackensack Meridian Children's Health. Area residents could drop off an unwrapped new toy any time until December 18, 2022. On December 10, 2022, gifters enjoyed some refreshments from noon to 3 p.m., as they celebrated this special toy drop off event. Santa was available for free photos. Call 201-288-5411 or 908-797-5745 for more information. ###



Heights Flower Shoppe, 209 Boulevard, Hasbrouck Heights, held their 37th Open House on December 4, 2022. Santa was on-site, waving to all his fans driving along The Boulevard. This very popular Open House kicked off the Holiday Season with music, prizes and refreshments. For more information call 201-288-5464. ###

During These Tough Times -- Support Your Local Food Bank



The Religious Shoppe, 220 Boulevard, Hasbrouck Heights. The Religious Shoppe offered holiday shoppers a huge selection of heirloom quality Christmas items. Hosts, Barbara and Gary Doran, wished everyone a Blessed Christmas. For more information call 201-288-4373. ###

Bill O'Shea's Florist, 231 Boulevard, Hasbrouck Heights, held their Annual Open House on Saturday and Sunday, November 19, 20, 2022, traditionally the Sunday before Thanksgiving. Hosts, John and Linda Kosakowski, welcomed guests to enjoy prizes, refreshments and special offers. There was a mailbox for letters to Santa. A beautiful Thanksgiving Centerpiece was raffled. Bill O'Shea's Florist has been delivering Season's Cheer for over 50 years. For more information call 201-288-2300. ###



Rutherford's Annual Tree Lighting followed the 70th Annual Chamber of Commerce Parade on November 26, 2022. Photo provided by Kim Bogosian. ###



Scouting for Food Collection

The Scouting for Food program by Hasbrouck Heights Troop 17, that was held on November 12, 2022, collected 225 total donations. They covered from Longview Avenue to Raymond.

Thirteen Cub Scouts and their parents issued the flyers and six Scouts, four leaders and three parents of the Scouts picked up the donations.

The collection benefitted the Hasbrouck Heights Food Pantry. Provided by Craig A. Birth, Scoutmaster Troop 17. ###



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Rutherford St. Patrick's Celebration Parade, April 2022



Rutherford Shamrock 5K, April 2022



Hasbrouck Heights Egg Hunt, May 2022



Keep Wood-Ridge Beautiful, July 2022



Honoring Those Who Served July 2022



Wood-Ridge Town Day, July 2022



Great Duck Derby, July 2022



The Band, September 2022



Rutherford Children Celebrate Our Independence, July 2022



Corpus Christi Parish Picnic, September 2022



Lodi Boardwalk, July 2022



Volunteers Help Lodi Family, June 2022



Toto, I have a feeling we're not in Florida anymore. March 2022



Memorial Flag Garden, July 2022

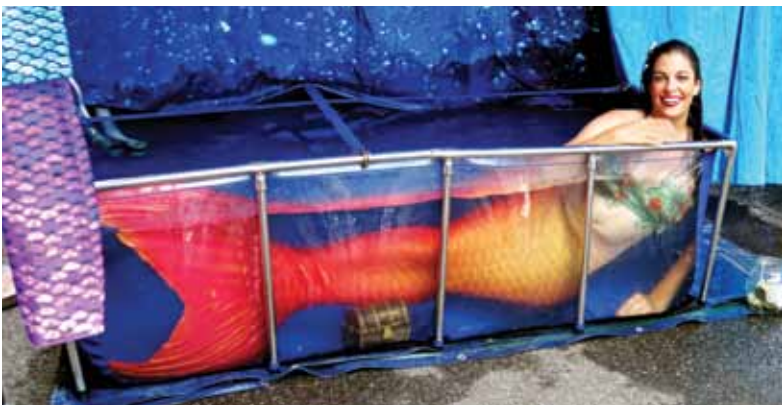
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by, July 2022



Little Ferry Police Department Fishing Derby, July 2022



Exploring the Seven Seas, September 2022



Never Forget, June 2022,
Photo by Justin Derevyaniuk



LF Pumpkin Pick, November
2022



Hasbrouck Heights Jr. Police Academy, July 2022



Demo of Post 2640 makes way for new Wallington Library, June
2022



HH Little League Opening Day, May 2022



So. Hackensack House Fire, July 2022, Photo by Damien Danis



Lodi House Fire, October 2022, Photo by Damien Danis



WRFD Celebrates 125 Years of Service, July 2022, Photo by
Dennis Kronyak Sr.



Wallington Fire Department Annual Memorial Service, June 2022



HHFD Annual Inspection, July 2022



LFFD Inspection/Memorial, September 2022

Carlstadt Tree Lighting

On Wednesday, December 7, 2022, at 6:30 p.m., Carlstadt held their Annual Tree Lighting at Borough Hall.

The program began with a candle lighting ceremony. Welcoming remarks were made by Pastor John Pra and Mayor Robert J. Zimmermann.

Becton Regional School Chorus and Band provided music. Candle light accented group caroling. The printed program provided lyrics to "Jingle Bells," "A Holly Jolly Christmas," "Silent Night," and "Frosty the Snowman."

Santa arrived on a CFD Engine. Hot chocolate and cookies were served in the Jefferson Avenue firehouse.

Photos provided by Dennis Kronyak Sr. ###



Carlstadt Winter Fest

On Saturday, November 26, 2022, from 11 a.m. to 5 p.m., over 500 people attended "Winter Fest 2022" held on Carlstadt Village Green.

There was a train ride, food, organizations, and music.

Santa was available for photos. Photos by Dennis Kronyak Sr. ###





Podiatrist Dr. Kenya Lazovik Opens Lodi Office

On November 30, 2022, Dr. Kenya Lazovik, North Jersey Foot & Ankle Center, held a Grand Opening Ribbon Cutting Ceremony at their new Lodi office. Dr. Lazovik and her associate, Dr. Rana Moses, combine years of experience to eliminate pain and solve foot and ankle related problems, such as diabetic foot ulcerations, plantar warts, sports injuries, arthritis, athlete's foot, etc. She provides personalized solutions using cutting edge technology, such as digital x-rays, lasers, stem cell injections, shockwave therapy and custom orthotics. Located at 4 Hunter Street, Suite 201, 862-233-8438 and 542 Anderson Avenue, Cliffside Park, 201-943-7977. <https://www.NJfootandankle.com/> ###

Congratulations to Sir Knight, Fr. George Gillen of the Church of Assumption of our Blessed Lady in Wood-Ridge who entered into the 4th Degree at the Exemplification of the Patriotic Degree held on November 27, 2022. Fr. George is a member of Knights of Columbus, St. Anthony Council #11585 And Bishop O'Connor Assembly #647. Left to Right: SK Angelo Urato, District Deputy, Faithful Navigator of Bishop O'Connor Assembly



#647 - SK Russell Petrocelli, - SK James E. Stoever, NJ State Deputy. *Provided by Angelo Urato.* ###

The **Hoboken Dinner Club** paid tribute to one of its charter members "Commander-tore" Tom Gonnella by coming to his home on December 16, 2022. The Club enjoyed Good Food, Good drink and most important Good Fellowship and showed Tom how much he is respected and loved. Fun stories from meetings past were retold with great laughter and smiles.

Brother Jerry Lanzerotti, presented Tom with a special cake and sweets from the world famous Lyndhurst Pastry Shop.



We all wished Tom and his family a Merry Christmas and Happy New Year. Members in attendance Angel Martinez, Jerry Lanzerotti, Philip Miuccio, Seated Commander-tore Tom Gonnella, Ezio Altamura, Philip Romero. *Provided by Philip Miuccio.* ###

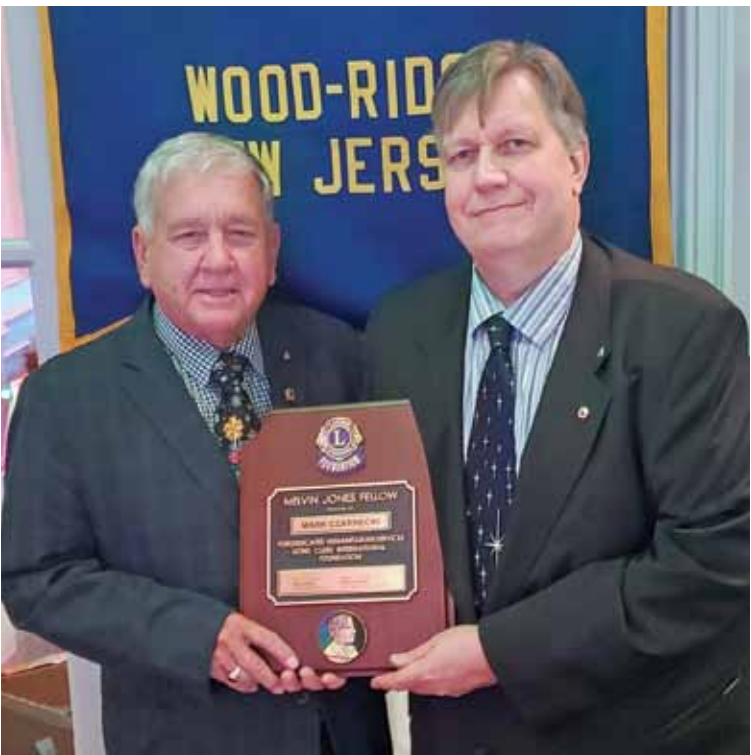


Music of The Night

On December 10, 2022 at the Hasbrouck Heights Senior Center, Anthony Duke Claus, entertained a large audience to a memorable afternoon of singing. The hit lyric was "Music of the Night" from The Phantom of the Opera. It was beautiful and brought the audience to a standing ovation. Anthony is a member of SAG AFTRA NY and is very well known in this area. This event was sponsored by the Hasbrouck Heights Library. *Photo and Story by Gladys Gamble.* ###

Share Your Good News

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Please send photos as attachments.



Mark Czarnecki receives the prestigious Melvin Jones Award from Club Secretary and Past District Governor Dennis Brubaker. ###



Dennis Brubaker installs Bob Mayo into the Wood-Ridge Lions Club. Bob's wife, Pat, assisting in the ceremony. ###

Wood-Ridge Lions Celebrate Holiday Season: Install New Member, Melvin Jones Recipient

The Wood-Ridge Lions Club enjoyed a wonderful holiday celebration at the Fiesta on Sunday, December 4, 2022. Along with the holiday cheer, there were a number of the Club activities that were also celebrated.

Club Secretary Dennis Brubaker inducted new member, Robert Mayo, and also presented the Melvin Jones Award to Mark Czarnecki. This is the highest recognition award that Lions International presents. Joe Solda, presented his report on the Club's Thanksgiving Turkey Drive. Joe delivered on behalf of the Club, 100 turkeys and dinner fixings to the Center for Food Action in Hackensack. This was the 22nd year that Lion Solda has chaired this event. He has now delivered 1,800 turkeys to the center. The plans for the annual beefsteak dinner are now well

underway (*see page 5 in this edition of The Gazette Newspaper for information*) with the leadership of co-chairman Roman and Ken Turtoro. This event is the largest fund raising activity of the Club and one of the most successful in the state. Lastly, the annual blind seal campaign is underway. With the help of Wood-Ridge High School National Honor Society volunteers, letters were distributed throughout the town. Donations have been coming in. All proceeds are used to assist St. Joseph's School for the Blind, Camp Marcella (*camp for Blind Children*), Eversight, Foundation for Fighting Blindness, NJ Eye Research Foundation. If you wish to make a donation in any amount, please mail it to the Wood Ridge Lions, P.O. Box 166, Wood-Ridge NJ 07075 *Provided by Jack Nagel.* ###

Epiphany

For those who thought that Christmas was over, Epiphany, celebrated on January 6, marks the final celebratory day of the Christian holiday season!

While most people begin taking down their Christmas decorations by New Year's, there is still a full week before many practicing Christians complete their celebrations of the birth of Jesus Christ.

It is commonly associated with the day the Three Wise Men arrived at the manger.

History of Epiphany

Epiphany is a Christian feast day celebrating the revelation of God incarnate as Jesus Christ. In Western Christianity, the feast commemorates the visit of the Three Wise Men who followed an angel to Bethlehem where Jesus was born.

The day has also been referred to as Three Kings Day and Little Christmas by both Irish and Amish Christians. The Feast of the Epiphany concludes the twelve days of Christmastide and is the traditional end of the season.

As early as the fourth century, Churches of the Eastern Roman Empire were celebrating Christmas on January 6.

Those in the West were celebrating on December 25, which is why some places refer to the Feast of the Epiphany as Old Christmas.

Since then, many cultures have developed their own names and traditions. For example, in Scandinavia, they celebrate what they call Little Christmas Eve on December 23. In Spain, children traditionally did not receive their presents on Christmas Day but instead on January 6, in commemoration of the day the Wise Men arrived in Bethlehem bearing gifts of gold, frankincense, and myrrh. In Ireland, they also call Little Christmas Women's Christmas, because Irish men take on the household duties for the day.

Other popular traditions include singing, chalking the door, having one's house blessed, eating a three kings cake, going to Church, and

winter swimming.

It is also customary for many Christians to remove their Christmas decorations on Epiphany Eve.

Fun Facts About Epiphany

- The word 'epiphany' comes from the Greek word 'epiphainein', which means 'to make known', 'to manifest', or 'to shine upon'.
- It's believed that the Wise Men were less like kings and more like astrologers — the word 'magi' is derived from 'magus', an Old Persian priestly caste that paid particular attention to the stars.
- The Bible never mentions how many wise men there were, it simply said there were 'wise men from the east'. Most have assumed the number three based on the three gift offerings of gold, frankincense, and myrrh.
- While their names were not originally mentioned, later tellings of the story identify the Magi by name and places of origin: Melchior from Persia, Caspar from India, and Balthazar from Arabia.
- Matthew is the only one of the four canonical gospels to mention the Magi. *Source: nationaltoday.com*

Holy Trinity Lutheran Church, January 2023

• Taize Evening Prayer, January 2023, at 7 p.m. Begin the New Year with 30 peaceful minutes of simple chant, prayer and silence. Taizé Evening prayer is held on the first Tuesday of every month from October to June. See our website for more information.

• Bible Study, "Living for What Really Matters: 7 Weeks in the Letter to the Philippians" Thursdays, 2:30 p.m. starting January 5, concluding February 16th. Philippians has often been referred to as the "joy book" of the Bible. As we will discover, the Apostle Paul knows that joy is not the same thing as being "happy," joy is far richer and more steadfast than mere emotion. In this study we will begin to learn how to cultivate joy intentionally developing our faith in lives that make a difference. We invite you to join the conversation! For more information or to receive the zoom link, email Pastor Susan at htlchhpastor@gmail.com.

Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights, www.holytrinityhasbrouckheights.com ###



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Filling You In

By Jeffrey E. Mason, DMD, FAGD.

What is an intraoral scanner?

Have you ever had your dentist place impression material into your mouth in order to make moulds of your teeth and gums?

Was it comfortable? It is very common for the dentist to be able to duplicate your mouth by making models which can be used for diagnosis, orthodontics, and a variety of dental restorations.

Some patients find the impressions to be rather uncomfortable as the soft material hardens from one to four minutes while remaining in the mouth. The process may elicit a gag reflex which may compromise the accuracy and integrity of the moulds.

We can recognize computer technologies integrating into many facets of healthcare from X-rays, CAT scans, MRIs, ultrasound and cardiac diagnostic technologies to name a few.

Now, intraoral scanners have become one of the newest "high tech" advancements in dentistry. If your dentist has been keeping up with and implements new technologies, you may have already had an experience with an intraoral scanner.

An intra-oral scanner is a handheld device used by dentists to scan a patient's teeth and

gums. It creates an immediate 3D impression of your teeth, gums and dental bite that can be viewed by both the dentist and patient on a chairside computer screen.

The intraoral scanner is a very high resolution camera which may take hundreds to thousands of photos in just seconds which are compiled together by the computer software to create a 3D image which is incredibly accurate.

The 3D image can be rotated and turned on the computer screen for immediate, real time viewing.

This 3D image can then be sent electronically, via the internet, to a dental laboratory where the lab can start fabricating a crown, bridge, denture, appliance, or other dental restorations within minutes utilizing CAD CAM technologies. The quality, fit, and function of the dental restorations are of the highest standards.

Although there may not be a soundless dental drill yet, dental technologies have come a long way in making your treatment visits more streamlined and comfortable.

Jeffrey Mason, DMD, FAGD. , 2022.

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Frostbite

Frostbite is an injury to the body that is caused by freezing. Frostbite causes a loss of feeling and color in affected areas. It most often affects the nose, ears, cheeks, chin, fingers, or toes.

Frostbite can permanently damage the body, and severe cases can lead to amputation. The risk of frostbite is increased in people with reduced blood circulation and among people who are not dressed properly for extremely cold temperatures.

Recognizing Frostbite

At the first signs of redness or pain in any skin area, get out of the cold or protect any exposed skin—frostbite may be beginning. Any of the following signs may indicate frostbite:

- A white or grayish-yellow skin area
- Skin that feels unusually firm or waxy
- Numbness

A victim is often unaware

of frostbite until someone else points it out because the frozen tissues are numb.

What to Do

If you detect symptoms of frostbite, seek medical care. Because frostbite and hypothermia both result from exposure, first determine whether the victim also shows signs of hypothermia, as described previously. Hypothermia is a more serious medical condition and requires emergency medical assistance.

If (1) there is frostbite but no sign of hypothermia and (2) immediate medical care is not available, proceed as follows:

- Get into a warm room as soon as possible.
- Unless absolutely necessary, do not walk on frostbitten feet or toes—this increases the damage.
- Immerse the affected area in warm—not hot—water (*the temperature should be comfortable to the touch for unaffected parts of the body*).
- Or, warm the affected area using body heat. For example, the heat of an armpit can be used to warm frostbitten

fingers.

Do not rub the frostbitten area with snow or massage it at all. This can cause more damage.

- Don't use a heating pad, heat lamp, or the heat of a stove, fireplace, or radiator for warming. Affected areas are numb and can be easily burned.

These procedures are not substitutes for proper medical care. Hypothermia is a medical emergency and frostbite should be evaluated by a health care provider. It is a good idea to take a first aid and emergency resuscitation (CPR) course to prepare for cold-weather health problems. Knowing what to do is an important part of protecting your health and the health of others.

Taking preventive action is your best defense against having to deal with extreme cold-weather conditions. By preparing your home and car in advance for winter emergencies, and by observing safety precautions during times of extremely cold weather, you can reduce the risk of weather-related health problems. CDC. ####

Tips To Protect Workers In Cold Environments

Prolonged exposure to freezing or cold temperatures may cause serious health problems such as trench foot, frostbite and hypothermia.

In extreme cases, including cold water immersion, exposure can lead to death. Danger signs include uncontrolled shivering, slurred speech, clumsy movements, fatigue and confused behavior. If these

signs are observed, call for emergency help.

OSHA's Cold Stress Card provides a reference guide and recommendations to combat and prevent many illnesses and injuries. Available in English and Spanish, this laminated fold-up card is free to employers, workers and the public.

Tips include:

- How to Protect Workers
- Recognize the environmental and workplace conditions that may be dangerous.
- Learn the signs and symptoms of cold-induced illnesses and injuries and what to do to help workers.
- Train workers about cold-induced illnesses and injuries.
- Encourage workers to wear proper clothing for cold, wet and windy conditions, including layers that can be adjusted to changing conditions.

- Be sure workers in extreme conditions take a frequent short break in warm dry shelters to allow their bodies to warm up.

- Try to schedule work for the warmest part of the day.

- Avoid exhaustion or fatigue because energy is needed to keep muscles warm.

- Use the buddy system - work in pairs so that one worker can recognize danger signs.

- Drink warm, sweet beverages (*sugar water, sports-type drinks*) and avoid drinks with caffeine (*coffee, tea, sodas or hot chocolate*) or alcohol.

- Eat warm, high-calorie foods such as hot pasta dishes.

Remember, workers face increased risks when they take certain medications, are in poor physical condition or suffer from illnesses such as diabetes, hypertension or cardiovascular disease. OSHA. ####



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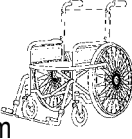


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Lodi’s own Jimmy Scalia Pays Tribute to Singer Bobby Darin

By Artie Maglionico

As a child growing up in Lodi, Jimmy Scalia was introduced, thanks to his parents Anthony and Angela, to various genres of music.

He grew up listening to big band music, Jazz, Frank Sinatra recordings, Dean Martin, Lou Monte and rock and roll legends such as Elvis Presley, Dion and the Belmonts, Beatles and Little Richard.

“When it came to music appreciation I was well versed,” says Jimmy, “Thanks to my parents and my sister Debbie.”

In 1967, while still in grammar school, the young Jimmy Scalia began to collect records. Among them were recordings by the Monkees, Beatles, Tommy James and an up and coming entertainer by the name of Bobby Darin.

“My Dad was listening to an early Darin recording named Splish Splash,” recalls Scalia, “I was immediately star struck.” Jimmy was drawn in by Darin’s stage presence and his musical interpretations. Like Sinatra and Tony Bennett, Bobby Darin did more than sing the song, he lived it.”

“Darin struck a musical chord in me that changed my life.” Says Scalia, “He knew how to make people fall in love with him and was able to reach people from various musical backgrounds.”

In 1997 Jimmy met Darin’s public relations manager, Harriet Wasser. Her clients included the Four Seasons and Sammy Davis Junior. Through that meeting, Scalia was introduced to Darin’s son, Dodd. “Dodd arranged a meeting with Darin’s manager, Steve Blounder.” Recalls Scalia, “He and Dodd were arranging the

Bobby Darin Estate.” Eventually, Jimmy’s admiration for the singer led him on a musical journey that would find him earning the position of official archivist/curator for the whole of the Bobby Darin Estate.

“I’m now the producer and presentational speaker for the Estate.” Says Scalia, “I also created the official Darin sacred media.”

Bobby Darin passed away on December 20, 1973. Anyone who was lucky enough to listen to his music or watch him perform most likely walked away spell bound and totally captivated by the magic of musical portrayals. “My purpose in life is to keep Bobby’s legend alive.” Says Scalia, “I want to keep the candle burning.”

Included in Jimmy Scalia’s presentations are film clips, question and answer sessions, memorabilia such as Darin’s 12 String Brazilian Guitar, gold records, and photographs. For more information contact Jimmy’s web site) Jimmy Scalia.com ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell “everybody” about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information. Send these details at least 45 days prior to the event to: fritz@hasbrouck-heights.com or drop them off at: **The Gazette Newspaper**, 345 Boulevard, Hasbrouck Heights, NJ 07604. ###



Artful Thinking

By Artie Maglionico • Lodi Historian

Artful Thinking 2023

Wait a minute folks! Is it 2023 already? What happened to the year 2022? I mean they say that time flies, but not at warp speed for crying out loud. I could understand missing a day or two along the way since we all travel at a hectic pace of late but an entire year is a frightening reality to consider unless of course your name is Rip Van Winkle. All he wanted was a little shut eye and wound up hitting the snooze button 20 years later.

That’s how I feel when I look back at my life. “Wow a touch tone telephone? When did that happen?” My advice to everyone in 2023? Don’t over sleep.

So how is your outlook for 2023? Don’t answer that question if you’re suffering the rigors of the night before New Year’s Eve party. It’s not a good time to ponder a bright and sunny future.

Seriously folks the bright side to all of this (*if you can stand the light*) is that we can all make a fresh start.

The book of 2023 has nothing but empty pages and how we, the authors, fill those pages is up to us. Who knows, folks, by the end of the year you might have written a best seller. For now though hold off on filling Page One until that 18 wheeler you’re dragging to the breakfast table finds a parking place other than the one in your head.

For me, personally, the year 2023 has a special meaning attached to it. The New Year marks my 10th Anniversary as a columnist for **The Gazette Newspaper**. The Origins of the Artful thinking column date back to the mid-90s when it appeared in a local publication called the Weekly News. In June of 2003 the Weekly News printed its final issue and with it went the fledging Artful Thinking column.

In July of 2013 the column was given new life by **The**

Gazette and has been thriving, thanks to you the reader, ever since. I shared with you a lot of memories over the course of the last ten years and I hope that in some way I opened up a few memory banks of your own.

The good thing about memories is that every time we turn around there they are ready to be relived.

I always try to inject a bit of sentimentality into my stories. It is those sentiments that we can all relate to and that, so far, is what is keeping this column around for so long.

I’m sure there were times when after reading a paragraph or two you put the paper down and sighed as you remembered certain aspects of your own past. Hopefully you picked up the paper and continued reading.

As a child, January was a morbid month. The holidays were over and school was back in session. All I could hope for was a blizzard and that it came during the week.

Anything short of a major snow storm found me drudging my way through waste high snow drifts wearing a hat with built in ear muffs, a woolen scarf that was soon frozen solid, my Dad’s Lumberjack coat, my brothers black rubber boots that were held on by a dozen metal buckles that took a half hour to put on and even longer to take off when your hands, two pairs of gloves and all, were almost frost bitten.

There might have been other kids walking beside me, but the wind driven ice pellets bouncing off of my face made it impossible to focus on anything beyond my own painful footsteps.

Coming home was a different scenario. To heck with the subzero thermometer and those 4 foot snow drifts. When that bell rang I threw caution to the wind and ran out with hat off, scarf in my book bag, boots only half buckled and gloves tucked away in the pockets of

my dad’s three sizes too large Lumberjack coat.

When I got home my mother would ask “Aren’t you cold dear boy?” “I’ll let you know when these ice cycles hanging from my nostrils vaporize. I replied “Other than that, please help me off with these boots.”

“You look like a Walrus,” replied my Mom, as she removed my boots. Of course with them came off my shoes and wet socks which were placed on the radiator to dry.

The end of January had with it the return, though still dim, of light. To me that was an early sign of better things to come.

Even the bitterness of winter is softened somewhat by the coming of light. Something used to wake up inside of me and put a smile on my face.

True the snow storms came and the ravages of winter continued yet it kept getting lighter and brighter as the days wore on.

The weather wasn’t as fierce, but no less forgiving. As time passed, however, the days got longer until the final vestiges of winter gave way to the gentle caress of spring.

That’s where we’re heading folks, even as you read this. Poet Percy Bysshe Shelley in his poem "Ode to the West Wind" wrote, “If winter comes can spring be far behind?” Not too far behind I trust!

Happy New Year!

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Historically Speaking

By James J. Halloran



Major General Gershom Mott: A True Jerseyman



When the Union Veterans of the American Civil War, in Rutherford, NJ, decided to form a post of the Grand Army of the Republic, the membership voted on a name for the new post. This became General Gershom Mott Post #93, GAR.

Who was General Mott and why was he chosen to be the namesake of the post that was formed by these valiant men

who fought to save the Union and end slavery?

Gershom Mott was born on April 7, 1822, in Lamberton, now part of the City of Trenton, NJ. His grandfather was Captain John Mott, who guided General Washington's Army to attack and win the Battle of Trenton. At the age of fourteen, he became a sales clerk in a store in New York City.

With the outbreak of the Mexican-American War, he was commissioned a second lieutenant in the 10th US Infantry. After the war, he returned to Lamberton and married Elizabeth Smith. They would have one daughter, named Kate.

From 1849 until 1861, Gershom held a number of jobs. This included Collector of the Port of Lamberton, an officer of the Bordentown Bank and

the Delaware & Raritan Canal Company.

In the summer of 1861, with the opening of hostilities of the Civil War, Mott was appointed Lieutenant Colonel of the 5th New Jersey Volunteer Infantry. The 5th New Jersey fought in the Peninsula Campaign and after the Battle of Williamsburg, he was promoted to colonel and given command of the 6th New Jersey Volunteer Infantry.

He was commended for bravery in the Battle of Seven Pines. However, during the Second Battle of Bull Run, he was severely wounded in the arm. Sitting out the battles of Antietam and Fredericksburg, Mott would return to the Army of the Potomac and get a brevet promotion to Brigadier General for bravery. He was given a command of a brigade.

Leading his brigade from the front, at the Battle of Chancellorsville, he was again seriously wounded. Mott would return to lead his brigade in the Bristoe and Mine Run Campaigns. He now commanded the 1st Division, III Corps. However, with the dissolution of the III Corps, he reverted to command of a brigade.

He was restored to division command (3rd Division, II Corps) in July of 1864. His division would take part in the Siege of Petersburg. During the disastrous Battle of the Crater, Mott was commended for his actions and given a brevet promotion to Major General.

Three days before the Confederate surrender at Appomattox, General Mott was wounded for a third time. He was promoted to full Major General, effective May 26, 1865.

After the war he was offered a commission of Colonel in the regular army. He declined and returned to New Jersey.

In 1866, he was made Paymaster of the Camden & Amboy Railroad. He would later go on to serve the State of New Jersey in a number of offices. On February 27, 1873, Gershom Mott was appointed Major General, commanding the New Jersey National Guard. On September 1, 1875, he was appointed State Treasurer. His final service to the State of New Jersey would be as warden of the state prison.

Gershom Mott passed away on November 29, 1884 (age 62) and was given a full military funeral at Riverview Cemetery, Trenton, NJ.

Major General Gershom Mott Post #93, GAR, was founded in 1891. They met at the Fireman's Hall on Ames Avenue, Rutherford. At one time they had a membership of 54 Union Civil War Veterans. ###



Real Estate Insight

By Mary Ellen Courtney

Selling Your Home 'As Is'

Selling a home can be hard work. You may have to repaint it, improve the landscaping, change the kitchen cabinets if they're dated and more; perhaps a lot more, depending on how much you want to maximize value.

But if you're already thinking, "I can't even imagine having to go through such an ordeal," then maybe you're in luck. You can consider and consult your Realtor about selling your home 'as is'.

• What is 'as is' exactly?

It's when, instead of investing a ton of money and time into preparing a home for a sale, the seller does nothing but put it out there on the market - warts and all - hoping somebody will see past the defects and make an offer.

There are a lot of reasons why sellers choose this route. Maybe they inherited the property and want simply to unload it fast, or perhaps they haven't the means to do necessary repairs, or maybe they're just lazy. Whatever the reason, though, selling a home 'as is' is not as easy as it sounds at first blush. Here's what you - and hopefully your agent - should know about the process.

• How to list a home 'as is':

First, you should make it clear in the MLS description that it's being sold 'as is', that is, in existing condition. This should weed out buyers who have no interest in dealing with a 'fixer-upper' but, conversely, it could act as a beacon for enterprising, bargain hunters. Of course the asking price should reflect this, since 'as is' homes mean extra expense, time & effort for the buyer.

What to disclose in an 'as is' home: Selling a house 'as is' does not relieve you from disclosing known defects once you have an offer. In fact, you are legally required to do so.

The term "known" is key in this instance. If you inherited a property, you may not know about the general state of the home and, therefore, you could be exempt from providing a property disclosure.

If, however, you deliberately withhold known information about issues - major issues, for the most part - the buyer has

legal recourse down the line should any problems crop up.

• Inspections: While selling 'as is' means the seller won't be responsible for fixing anything, the buyer may still want to do some due diligence by conducting a home inspection.

If the inspection uncovers anything that the buyer objects to, he can walk away from the deal and have his deposit monies returned. But, what's worse: if a buyer walks away from the property due to issues found during the inspection, you, as the seller, are legally required to share that information with future buyers.

In such cases, it might be advisable for you to adjust price or make similar compensation to the original purchaser.

• The lender's take on 'as is' properties: If the buyer is getting a mortgage, his lender will require that a contingency be included in the contract. This is the home appraisal clause.

Generally, lenders will dole out only the amount of money they deem a house is worth - if the appraiser says it's worth less than what the buyer is paying, that could spell trouble. It could mean that the buyer will have to cover the difference, or that the lender will demand that you make repairs. If you refuse, the buyer can walk away from the deal.

If you choose to sell your home 'as is', make sure your agent is well aware of all the issues that were taken into allowance towards pricing the home appropriately.

If you aren't really sure of what issues might be with an inspection, it might be wise to have one done prior to putting your home up for sale. 'As is' does not mean free and clear; the few hundred dollars you spend for peace of mind might be money well spent.

Are you thinking of selling your home? For expert guidance, contact Mary Ellen Courtney, Broker-Manager at Terrie O'Connor Realtors' Gateway Group, 201-288-0004. She and her professional team will insure maximum results with minimum stress! ###



Celebrating the Community Experience

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Rutherford Public Library

Rutherford Public Library, 150 Park Avenue, Rutherford NJ. 201-939-8600. rutherfordlibrary.org, [facebook.com/rutherfordpubliclibrary](https://www.facebook.com/rutherfordpubliclibrary) and [twitter@Rutherford_pl](https://twitter.com/Rutherford_pl).

Hours: Monday-Wednesday 10 a.m. to 8 p.m., Thursday and Friday 10 a.m. to 6 p.m., and Saturday 10 a.m. to 4 p.m.

Please note, the Library will be closed on Friday, December 23, Saturday, December 24, and Monday, December 26 for Christmas.

Please note, the Library will be closed Monday, January 2 for New Year's Day and Monday, January 16 for Martin Luther King Jr. Day.

• **Grab & Go Doorside Pickup.** We continue to offer daily Grab & Go doorside pickup services. Patrons are invited to order books from the BCCLS catalog by visiting www.bccls.org or fill out a Grab & Go form for either the adult or children's collection, and our team will choose items for you based on what you like! These forms are available on our website.

If you don't have access to a computer, we encourage you to call the Library at 201-939-8600 and have our team order items for you! You tell us what you want and when you'd like to pick your items up, and we'll have them ready for you.

• **Bold Yoga.** We now offer free, on-demand access to virtual yoga classes from Bold Yoga! Brought to you by Bendy Bookworm, this video database has class offerings for all ages and experience levels. Enjoy yoga 24/7, anywhere with an internet connection. If interested, send an email to reference@rutherford.bccls.org with your name and Library card number and we will send you the information you need to access virtual yoga lessons online!

• **An Evening with Strunk & White.** It's the most fun you'll ever have with a grammar book! This fun and engaging program from MT Schwartzman is a must for writers of all levels. Tuesday, January 10, 6:30 to 8 p.m.

• **Special Education 101 Parent Workshop.** Educator and parent advocate, Lori Henry, returns with a session on IEP vs. 504 Plans, Wednesday, January 18, 6 to 7:30 p.m.

• **Pathway to Homeownership.** Come learn about the ins and outs of the home-

buying process on Saturday, January 21, from 11 a.m. to 1 p.m. Topics include fair housing, predatory lending, credit reports and scores, mortgage assistance programs, choosing a realtor & lender, homeowner's insurance, the closing and settlement process, and more. Presented by Keller Williams Park Views.

• **Chinese New Year Celebration & Tea Tasting.** Join us for a brief introduction to the history and customs of Chinese New Year. Attendees will brew and taste some loose-leaf tea and sample a variety of New Year snacks. Recommended for older teens (16+) and adults. Saturday, January 28, 2 p.m.

• **ESL In-Person Classes.** In-person ESL classes will be in addition to our virtual ESL classes. The in-person classes meet Tuesday and Thursday mornings. Advanced ESL class meets on Saturdays at 11 a.m. Registration is required and must be done in person at the circulation desk

• **Monthly Movie.** Join us for a monthly movie screening on the last Tuesday of the month, at 6 p.m., sponsored by the Friends of the Library. No registration necessary.

• **Teen Volunteers.** Love books? Need to boost your college applications? We are currently accepting teen volunteers at the Library. Teens in middle and high school can volunteer at the Library for various tasks, such as shelf reading and reviewing books in the young adult collection! For more information, please email Teen Librarian Marion at marion.johnson@rutherford.bccls.org

• **Tech Tutor.** Our tech librarian will be available by appointment for tech help or lessons. To make an appointment, fill out our online form or email marion.johnson@rutherford.bccls.org.

• **Poster Printing.** We have a Canon eColor+ poster printer for Posters up to 24" x 36" on matte or glossy paper. Acceptable file types include PDFs, JPGs, and PNGs. Restrictions apply. Poster printing is conducted by Library staff and may be arranged by emailing ruthcirc@bccls.org or calling 201-939-8600.

• **Digital Newspaper Access.** Free digital access to The Wall Street Journal and Washington Post for Rutherford cardholders. Send an email to reference@rutherford.bccls.org with your Library card number and we will send you the information you need to access either publication online! ###

Hasbrouck Heights Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Free Public Library of Hasbrouck Heights is open. Face masks are optional.

For the most up-to-date information and guidelines, visit us online. Please call 201-288-0488 to speak with a staff member or email us at hashcirc@bccls.org.

Winter hours of operation are: Mondays, 10 a.m. to 6 p.m., Tuesdays thru Thursdays, 10 a.m. to 8 p.m., Fridays, 10 a.m. to 5 p.m., Saturdays 10 a.m. to 2:30 p.m. Return Library materials in our book box located in the rear of the Municipal Building.

Registration is required for all programs unless otherwise noted.

• **Friends' Annual Reorganization Meeting.** Saturday, January 7 at 10 a.m., Library large meeting room. A light breakfast will be served.

• **SAVE THE DATE!** Saturday Concert with James Austin, Jr., Saturday, February 11, 1 to 2 p.m. Come listen to the soulful stylings of James Austin, Jr. inspired by his gospel roots and Jazz pedigree. Registration is encouraged.

For CHILDREN

• **Coming Soon! Our Winter Reading Challenges** return! From Monday, January 23 through Friday, March 3, kids, tweens, and teens can register to log reading with the chance to earn prizes! Visit hhlibrary.readsquared.com for details and to register. The family that logs the most minutes and books will win a family pizza party, courtesy of the Friends of the HH Library!

• **In-Person Storytimes.** Winter Session runs through the week of February 20.

• **Tiny Tots (ages 6 months - 2 ½ years)** Choose ONE session: Session 1: Tuesdays 11 to 11:30 a.m. through February 21 -or- Session 2: Thursdays 11 to 11:30 a.m. through February 23 Stories, songs, and socialization for our littlest patrons and their caregiver.

• **Book Buddies (ages 2 ½ - 3 ½ years)** Wednesdays, 11 to 11:30 a.m. through February 22 Stories, fingerplay, activities, and a simple craft. Registration is required and space is limited.

• **After-School Game Lounge Open Play.** Tuesdays and Thursdays beginning January 10, 3:30 to 5:30 p.m. Reservations requested

• **Our Nintendo Switch Game Lounge** will be open for after-school play with friends! Multi-player games are offered, including Mario Kart and Super Smash Bros.

• **Lego Club.** Wednesdays, January 11 and 25, 4 to 5 p.m. All builders are invited to Lego Club! We'll free-build and have a chance to hang out & discuss all things Lego with fellow fans. We'll provide the bricks, you supply the ideas!

• **Little Artists: Winter Craft.** Friday, January 13, 3:30 p.m. for ages 7 and up. Come create a yarn snowflake craft. Best for elementary grades and up, registration is limited.

• **Winter Wednesday Workshop: Melting Snowman Experiment.** Wednesday, January 18, 3:30 to 4 p.m. A little baking soda + vinegar science to warm up a winter Wednesday! We'll see what happens to our "snowman" when he changes from a solid to a liquid. Best for Grades 2 and up. Registration is limited.

• **Lunar New Year Craft and Story.** Monday, January 23, 3:30 p.m. 2023 is the Year of the Rabbit! Come make a paper lantern to light the way for the Lunar New Year. Best for elementary grades and up. Registration is limited.

For TWEENS & TEENS

• **Teen Lunar New Year Celebration.** Tuesday, January 31, 5 to 6 p.m., best for 7th Grade and up. Create a mason jar luminary to celebrate the Year of the Rabbit. We'll also taste some New Year snacks. Registration limited.

For ADULTS

• **ShopRite Presents "Healthy Budget-Friendly Shopping"** Monday, January 9, 2 to 3 p.m. Presented by Julianne Gallo, Registered Di-

etitian from ShopRite of Lodi. Join us to learn how shopping for healthy foods this new year can fit into your budget!

• **Movie Matinee.** "House of Gucci" Friday, January 13, 1 to 3 p.m. Sit back and enjoy an afternoon movie at the Library. Light refreshments provided.

• **The Art of Antique Bottle Detecting.** Monday, January 23, 1 to 2 p.m. Join Alex & Viktor Prizgintas and learn to understand markings on bottles and put them into historical context. You will never look at a bottle in the same way again!

• **English Conversation Circle.** No Drop-Ins; MUST apply before attending.

For anyone wishing to improve speaking English. Feel more confident when speaking English by practicing in a relaxed and supportive environment with volunteers that care about developing your English skills, and other students with similar goals. Conversation circle topics can range from basic everyday communications, learn vocabulary, pronunciation help, and more. Patrons must fill out an application; see Library calendar for details.

• **Crafts-to-Share Club.** Tuesday, January 10 at 6 to 8 p.m. Wednesday, January 25 at 1 to 3 p.m. Drop in to chat and work on a crafty project! Enjoy getting to know other crafters in your community while you knit, crochet, embroider or craft anything! We have donated yarn for any crafters looking to create for a good cause. In-person, and on Zoom by request.

• **Adult Book Club.** 4th Tuesday of every month, In-Person & via Zoom at 7 p.m. January 24 - "The Guilt Trip" by Sandie Jones. Join us for an evening of fun, literary discussion! Pick up a copy at the Library or use the Hoopla or Libby app to enjoy the ebook or eAudiobook on your smartphone or tablet. ###

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Carlstadt
Public Library

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. carlstadt.bccls.org or www.carlstadtlibrary.org

- **Movie Madness.** Sit back, relax for a showing of the film "The Woman King" starring Viola Davis. Tuesday, January 3 at 1 p.m. or Wednesday, January 4 at 6 p.m. Seating is limited. Registration is required.
- **Zentangle - Virtual Craft.** Attend our latest crafting workshop with certified art teacher, Mimi Topping. Learn the art of Zentangle and create a one-of-a-kind art piece to enjoy. The workshop will be held on Zoom on Wednesday, January 11 at 7 p.m. All materials will be supplied. Registration is

- required and a Zoom link will be sent upon registration.
- **As the Page Turns - Adult Book Club.** Calling fellow bookworms! Join the acclaimed author, Lisa See, to discuss her best-selling novel "The Tea Girl of Hummingbird Lane" on Wednesday, January 18 at 7 p.m. via Zoom. The link will be emailed after registration. Copies are available at the Circulation Desk. Carlstadt residents can also access the e-book or audiobook on Hoopla and Libby! New members welcome!
 - **Lunar New Year - Virtual Craft.** Attend our latest crafting workshop with members of the Korean Spirit & Culture Promotion Project. Learn how to make a Lotus Flower Lantern using colored paper and wire frames. The workshop will be held on Zoom, Monday, January 23 at

- 6:30 p.m. All materials will be supplied. Registration is required and a Zoom link will be sent upon registration.
- **Take-It-and-Make-It-Crafts for Kids.** The Carlstadt Library welcomes children of all ages for a monthly take-it-and-make-it craft. This month's craft is a Snowflake Bookmark. Craft kits available at the Library from January 2 through January 31, while supplies last. Please call 201-438-8866, ext. 203 for more information.
 - **Music with Miss Nita at the Library.** Thursday, January 5, 12, 19 and 26 at 10:15 and 11 a.m. Babies, toddlers and preschool children will enjoy songs, rhymes, movement and instrument play. Space is limited. Programs are free of charge and open to residents of Carlstadt only. Registration is required. Please register for each session at carlstadtlibrary.

- org or call 201-438-8866, ext. 203 for more information.
- **Storytime at The Carlstadt Library.** Storytime with Miss Risa will be held on Wednesday, January 4, 11, 18, and 25 at 11 a.m. Space is limited. Registration required.
 - **Winter Craft for Tweens.** Tween crafters are invited on Thursday, January 26 at 4 p.m. to make a beautiful beaded snowflake. Program is for ages 8 and up. All materials supplied. Space is limited. Registration required.
 - **Saturday Story & Craft.** Saturday, January 28 at 11 a.m., for ages 3 and up. Space is limited. Registration required.
 - **Bendy Bookworm Yoga.** Will be held on Mondays, January 23, 30 and February 6, 13 at 4:30 p.m. Kids in Grades 3 through 6 are invited to learn yoga poses and discover new books. Space is limited. Reg-

- istration is required.
- **1,000 Books Before Kindergarten.** The Carlstadt Library has launched an initiative to encourage families to read 1,000 Books Before Kindergarten. Reading together creates lifelong memories and helps develop pre-literacy skills. Children who are read to at an early age have larger vocabularies and are more successful in school. 1,000 Books Before Kindergarten is a fun, free way to start your child on the path to success! Children from birth to 5 years old can participate. Stop by the Children's Department of the Carlstadt Public Library to register, pick up the program packet, and check out some books. Happy reading! ####

Read to Your Child

Lodi
Memorial Library

Lodi Memorial Library, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. http://lodi.bccls.org/ The Lodi Memorial Library is open to the public! Check out our outdoor and Grab & Go programs for children and teens. More programming information can be found online on our Facebook page and website.

- **Chair Yoga.** A six-week yoga class for people experiencing joint pain and stiffness. Students will use chairs rather than yoga mats. Classes on Tuesday 1:30 to 2:30 p.m., Class dates are January 17, 24, 31, February 7, 21, 28. Registration required. You must reserve a spot for each session you wish to attend. Sponsored by The Friends of Lodi Memorial Library.
- **Adult Crafts.** January's craft is upcycled CD

- coasters. Supplies are limited. Register by Friday, January 13. Craft will be held in-person on Wednesday, January 18, at 2 p.m. Call Library to register - 973-365-4044 ext 2.
- **Tuesday Night Book Club.** Tuesday, January 10 2023, 6:30 to 7:30 p.m. Book is "Little Women" by Louisa May Alcott – 515 pages. Contact director@lodi.bccls.org for more information about our book club meetings.

- **Semi-Monthly Movie.** Now showing movies twice a month. "Lamborghini: The Man Behind the Legend" on January 11 at 1 p.m. and "Ticket to Paradise" on January 25 at 1 p.m.
- **Adult Coloring Pages, Mazes and Community Puzzle.** Always available for adults. Come to the Library to de-stress with our free coloring materials, fun mazes, and beautiful puzzles.
- **Teach ESL.** Volunteer to teach English as a Second Language. Next online 4-session Tutor Training Workshop on January 10, 17, 24 and 31 from 7:30 to 9 p.m. Volunteers must be 18 or older. Contact Marilyn Katz or Cheryl Chang at literacyvolunteerspv@gmail.com to register. You may also register online at https://www.literacyvol-

- unteerspv.org/tutor-training-workshop-form.html ####
- Children Special Programs**
- **Anime Club.** – Grades 6-12, In-person, Thursday, January 5, 3:30 to 4:30 p.m. Watch a movie, get some snacks, and make a craft. Registration is required. Please call 973-365-4044 x2.
 - **Craft Program – Grades 3-12.** In-person Thursday, January 19 from 3:30 to 4:30 p.m. Make a pop-up butterfly card. Registration is required. Call 973-365-4044 x2.
 - **Family Movie Night.** Monday, January 23, 6 p.m. in the Children's Room. We will watch "Lightyear." No registration necessary.
 - **Storytime.** Every Friday at 11 a.m. No registration. ####

Wallington
Public Library

Wallington JFK Memorial Library, 92 Hathaway St. Wallington, NJ 07057. 973-471-1692. www.wallingtonpubliclibrary.org The Wallington Library is open and hosting in-person programs. To receive our monthly newsletter by email sign up on our website. Updated information can also be found on Facebook, Instagram, and Twitter.

- **Adult Programs**
- **Puzzles, Games & Coloring** for Ages 12+ on Tuesday, January 3, 2023 at 6:30 p.m.
- **Monday Afternoon Book Club** on January 9 at 2 p.m.
- **Adult Craft Program** on Wednesday, January 18 at 2 p.m.

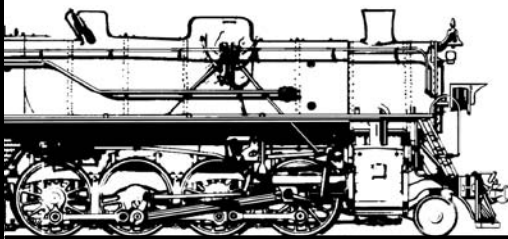
- **Tuesday Evening Book Club and Pizza.** January 17 at 6 p.m. Please email Kathryn for details: ennist@wallington.bccls.org
- **Children's Programs**
- **Kiddo Storytime** with Miss Sandy. Every Tuesday at 11 a.m. January 3, 10, 17, 24 and 31. Ages 2 to 7. Please email Miss Sandy for details: sandra.adler@wallington.bccls.org.
- **Children's Take Home Craft Kits** released every other Friday, January 6 and 20 while supplies last. Call the Library for details: 973-471-1692.
- **Reading to Rosie the Therapy Dog.** For all ages on Friday, January 20 at 3:30 p.m.
- **Baby and Me Storytime.** For ages 0 to 18 months on Wednesday January 25 at 12:30 p.m. ####

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Stay Safe and Healthy this Winter

Winter storms and cold temperatures can be dangerous. Stay safe and healthy by planning ahead. Prepare your home and vehicles. Prepare for power outages and outdoor activity. Check on older adults.

Although winter comes as no surprise, many of us may not be ready for its arrival. If you are prepared for the hazards of winter, you are more likely to stay safe and healthy when temperatures start to fall.

Prepare Your Home

Staying inside is no guarantee of safety. Take these steps to keep your home safe and warm during the winter months.

- Winterize your home.
- Install weather stripping, insulation, and storm windows.
- Insulate water lines that run along exterior walls.
- Clean out gutters and repair roof leaks.
- Check your heating systems.
- Have your heating system serviced professionally to make sure that it is clean, working properly, and ventilated to the outside.
- Inspect and clean fireplaces and chimneys.
- Have a safe alternate heating source and alternate fuels available.
- If you do not have a working smoke detector, install one. Test batteries monthly and replace them twice a year.
- Prevent carbon monoxide (CO) poisoning emergencies.
- Install a CO detector to alert you of the presence of the deadly, odorless, colorless gas. Check or change the battery when you change your clocks in the fall and spring.
- Learn the symptoms of CO poisoning: headache, dizziness, weakness, upset stomach, vomiting, chest pain, and confusion.

Prepare Your Vehicle

- Get your vehicle ready for cold weather use before winter arrives.
- Service the radiator and maintain antifreeze level.
- Check your tires' tread or, if necessary, replace tires with all-weather or snow tires.
- Keep the gas tank full to avoid ice in the tank and fuel lines.
- Use a wintertime formula in your windshield washer.
- Prepare a winter emergency kit to keep in your car in case you become stranded.

The kit should include:

- Cell phone, portable charger, and extra batteries;
- Items to stay warm, such as extra hats, coats, mittens, blankets, or sleeping bags;
- Food and water;
- Booster cables, flares, tire pump, and a bag of sand or cat litter (*for traction*);
- Compass and maps;
- Flashlight, battery-powered radio, and extra batteries;
- First-aid kit; and]
- Plastic bags (*for sanitation*).

Prepare for Emergencies

Be prepared for weather-related emergencies, including power outages.

- Stock food that needs no cooking or refrigeration and water stored in clean containers.
- Ensure that your cell phone is fully charged.
- When planning travel, be aware of current and forecast weather conditions.
- Keep an up-to-date emergency kit including:
 - Battery-operated devices, such as a flashlight, a National Oceanic and Atmospheric Administration (NOAA) Weather Radio, and lamps;
 - Extra batteries;
 - First-aid kit and extra medicine;
 - Baby items; and
 - Cat litter or sand for icy walkways.
- Protect your family from carbon monoxide (CO).
- Keep grills, camp stoves, and generators out of the house, basement and garage.
- Locate generators at least 20 feet from the house.
- Leave your home immediately if the CO detector sounds, and call 911.

Take Precautions Outdoors

- Outdoor activities can expose you to several safety hazards, but you can take these steps to prepare for them:

- Wear appropriate outdoor clothing: wear a tightly woven, preferably wind-resistant coat or jacket; inner layers of light, warm clothing; mittens; hats; scarves; and waterproof boots.
- Sprinkle cat litter or sand on icy patches.
- Learn safety precautions to follow when outdoors.
- Work slowly when doing outside chores.
- Take a buddy and an emergency kit when you are participating in outdoor recreation.
- Carry a cell phone.

Do This When You Plan to Travel

When planning travel, be aware of current and forecast weather conditions.

- Avoid traveling when the National Weather Service has issued advisories.
- If you must travel, inform a friend or relative of your pro-

posed route and expected time of arrival.

- Follow these safety rules if you become stranded in your vehicle.
- Make your vehicle visible to rescuers. Tie a brightly colored cloth to the antenna, raise the hood (*if it is not snowing*), and turn on the inside overhead lights (*when your engine is running*).
- Move anything you need from the trunk into the passenger area. Stay with your vehicle unless safety is no more than 100 yards away.
- Keep your body warm. Wrap your entire body, including your head, in extra clothing, blankets, or newspapers. Huddle with other people if you can.
- Stay awake and stay moving. You will be less vulnerable to cold-related health problems. As you sit, keep moving your arms and legs to improve cir-

ulation and stay warmer.

- Run the motor (*and heater*) for about 10 minutes per hour, opening one window slightly to let in air. Make sure that snow is not blocking the exhaust pipe—this will reduce the risk of carbon monoxide (CO) poisoning.
 - Be ready to check on family and neighbors who are especially at risk from cold weather hazards: young children, older adults, and the chronically ill.
- If you have pets, bring them inside. If you cannot bring them inside, provide adequate, warm shelter and unfrozen water to drink.
- No one can stop the onset of winter. However, if you follow these suggestions, you will be ready for it when it comes.
- Be sure to visit CDC's Winter Weather webpage for more winter weather safety tips. *Source: CDC. ###*



Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

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HHMA Annual Tree Sale Benefits Scholarships

The Hasbrouck Heights Men's Association began their Annual Christmas Tree Sale on Friday, November 25, 2022, at St. John the Divine, at the corner of Franklin and Terrace. The Association was out in full force to unload about 400 trees and set up the lot. An array of Balsam and Fraser fir trees, from 5-6 feet to 9-10 feet, were available. This sale has been a Hasbrouck Heights holiday tradition for over thirty years. The money raised goes to the HHMA Scholarship Fund that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. The Hasbrouck Heights Men's Association thanks area residents for their on-going support of their sale and wishes everyone a Happy Holiday Season. ###

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TERRIE O'CONNOR
REALTORS
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Thomas Corrente
Top Sales Associate
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November 2022

With 30 years of experience in the real estate business, Terrie O'Connor Realtors has successfully handled the needs of our buyers and sellers through the best of times and the downturns. During this shifting market, we are here to help you with all your real estate needs. Please contact us for a complementary Comparative Market Analysis to find out the value of your home.

Wishing everyone a Happy New Year!



355 Marvin Ave, Hackensack: Large custom Cape Cod on corner lot. Living room with fireplace. 1st floor primary bedroom. \$639,000



437 10th St, Carlstadt: Spacious side hall colonial. Large living room, dining room, kitchen. Finished basement. Fenced yard. \$520,000



194 Boulevard Right, Hasbrouck Heights: Commercial lease. Great for retail/office/salons. Great location. \$2,200/mo



56 Lester St, Wallington: Charming well-maintained colonial. Quiet residential street. Freshly painted. Fenced yard. \$420,000



130B W. Shore Ave, Dumont: Great business opportunity. Busy grooming shop. Everything will remain. 2300+ clients. \$125,000



216 Grove St, East Rutherford: Large 2 floor office space. Reception area, 4 offices, bathroom. Large open space. \$2,150/mo



817 Jassamine Way, Fort Lee: Beautifully updated colonial. Modern kitchen. Large open finished lower level. Level yard. \$950,000



11 Marberne Terrace, Livingston: Beautiful custom split in Collins section. Family room with cathedral ceiling. \$718,000



910 River Renaissance, East Rutherford: Beautiful second story condo. Wood burning fireplace. Terrace. 2-car tandem garage. \$375,000



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