The Gazette

Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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Summertime

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Hasbrouck Heights Lions Sponsors 25th Annual Fireworks Program July 2, 2009

The Lions Club 25th Annual Fireworks has been scheduled for July 2, 2009 at Depken Field (Route 17 & Franklin Avenue). The rain date is July 3 and extended rain date is July 10th.

Admission is \$5 for adults and \$3 for children. Under 5 free.

Only blankets will be allowed on the field (no chairs). Water will be allowed, but no food. ###

Are Your Kids Ready for a Galactic Blast?

This exciting VBS "Operation Space" program is for all children, regardless of religious affiliation, ages K through 6th Grade.

It will be held at the **Bible Baptist Church** on Passaic Avenue, Hasbrouck Heights, the week of July 6 through 12, 2009, from 9 a.m. to noon. Cost is a \$10 registration donation.

At Operation Space, kids will experience a galactic adventure as they enjoy songs, games, goodies and dramas. It promises to be an out-of-thisworld experience.

For more information call 201-288-4139 x17, or visit www. biblebaptist.net ###

NOTICE: Hasbrouck Heights Borough
Offices will be observing summer hours
-- 8:00 a.m. to 3:30 p.m. -from May 26th thru September 4th

Regular hours of 9 a.m. to 4:30 p.m. will go into effect on Tuesday, September 8, 2009. *Note: The DPW will maintain its regular schedule.*

The Energy Corner

Your Smartest Investment

With world-wide energy prices skyrocketing, the best investment you can make is upgrading your heating system this summer.

Heating systems with a 60% efficiency rating translate to 40% of your fuel bill wasted. New systems can have over a 90% efficiency rating. Upgrading pays for itself in a few years, and will continue to provide future savings.

If your furnace is over 15 years old, it probably has only a 65% rating. With today's technology, it may even pay to just replace a burner that's only 10 years old. **Get the facts.** Have a professional analyze your system. See what's best for you -- repair, upgrade or replace.

Call for a **FREE** analysis of your heating system. See if upgrading your equipment is right for you. There is no cost or obligation. Financing is available.

Call John Depken if you have any questions that you would like answered in this column

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Moonachie Centennial Committee on the March

The Borough of Moonachie, the Moonachie Fire Department, and R.L. Craig School are celebrating their 100th anniversary between April 2010 and April 2011.

A Centennial Committee has been formed to plan monthly celebrations to include a Kick-Off Brunch, community activities, parade, a gala dinner-dance, etc.

Sub-committees are being formed for centennial book, parade, historical, publicity, financing, etc.

The committee is looking for old photos and artifacts for a historical display. Those with any historical information, anecdotes, clippings or references about Moonachie's history should contact the committee. Anyone interested in being part of this historic event, please call 201-641-1813.

The next meeting will be held at the Moonachie Civic Center, July 7, 2009 at 7 p.m. All are welcome. ###

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First Monday
Club Holds
Picnic at
Woodland Park

On June 1, 2009, a beautiful spring day, the First Monday Club held their annual picnic at Woodland Park.

Chartered in 1973, this social club is open to all retired men who gather the first

Monday of the month for lunch and fellowship. There are no dues, or no political/religious affiliations.

The unique attraction of this club is that members look

forward to the meetings because they want to, rather than have to. The club welcomes new members. Anyone interested is welcome to attend the next picnic meeting on September 14th at Woodland Park.

The club makes a donation to the Hackensack University Medical Center Tomorrows Children's Fund in the name of deceased members. ###

Wood-Ridge Contemporary Club Visits Canada



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During the last week in May, 2009, the Wood-Ridge Contemporary Club coordinated a trip to Canada to visit Niagara Falls and Toronto. Thirty-seven members of the club and their friends made the trip.

For most of the travelers, this was not the first time they had visited Niagara Falls. Yet, no matter how many times you go, you are struck by the wonder of it all. The city is meticulously clean and its residents are always friendly; it is also in a constant state of development; new buildings, attractions, hotels and restaurants along with its picturesque parks.

The Ontario Niagara Parks cover 4,250 acres and extend along the entire length of the Niagara River. The grass, trees, bushes and flowers are beautifully maintained and contain a valuable collection of unique native and international plants.

The group was fortunate to have as James as their guide. He recently retired after serving as Superintendent of the Niagara Parks for many years and had overseen its many changes.

He knew every part of the city and was able to take the tour to locations where those who were there before had never visited.

The group had one of their dinners at the Skylon Tower, which is Niagara's highest and most spectacular view, 776 feet above the falls. They rode to the top in an exterior glass enclosed elevator and dined at the revolving dining room with its panoramic view. Another dinner was at the Mandarin Chinese Buffet Restaurant where the "all-you-can-eat" menu satisfied everyone.

The last dinner was at Betty's Restaurant, which has been a Niagara Falls attraction

for over 30 years.

Some of the group took the world famous "Maid of the Mist" cruise. Others visited one of the two casinos in the city; and still others took a ride on the Sky Wheel (ferris wheel) which is 53 meters tall, has 42 gondolas and lasts 10 minutes.

The tour also included a view of "Niagara-on-the-Lake," a stop at the most popular "Floral Clock" which is a 40 foot working clock consisting of over 20 thousand small plants; a cruise on Lake Ontario around Toronto Islands; a tour of the City of Toronto and; a trip to one of Ontario's dollar stores.

What did the group learn from this trip? Niagara's population is 82,000 people and half of them are Italian. Niagara Falls is an Indian word for "thunder water" and Vegetarian is an Indian word for "poor hunter." Twenty percent of the world's water comes from the Niagara River. Twenty-seven percent of USA oil is supplied by Canada. Toronto has the third largest theater district in the world – London is first and New York City is second. Toronto has 16 miles of underground stores and restaurants; and has the largest population of Chinese next to China.

The hosts for the trip were Lee and Gabe Musella from Wood-Ridge. Gabe left Italy and ended up in Canada where he lived and worked for about six or seven years. Lee met Gabe when she vacationed in Canada. He followed her to the USA and proposed. She told him she would not move to Canada but only wanted to live in the USA. He agreed and they have been happily married for almost 50 years. This sounds like a great plot for a book or movie. Story and photo by Marie and Peter Gallo Jr. ###

How to Choose a **Checking Account**

For most people, the centerpiece of their relationship with their bank is a checking account.

Studies have shown that consumers overwhelmingly define "their" bank as the institution where their checking accounts are held, not the bank where they may have a mortgage or CD. It's no wonder banks throw a sizeable amount of money toward attracting and retaining consumer checking accounts.

Banks know one way to get you in the door to open a checking account is to lure you in with gifts.

In the old days they used toasters; today's gifts are less domesticated -- coolers, camping and beach gear, to name a few. The freebies get better as the stakes get higher.

Banks in search of "total relationships" with customers are offering free checking accounts with loan discounts, investment bonuses, insurance incentives and other financial sweeteners.

Because banks are offering discounts or freebies when you have multiple accounts, you can use any banking product you are considering, as leverage to snag something else you want from the bank -- say, a higher CD rate. The more business you do with one bank, the more likely they are to sweeten the deal.

Kearny Federal Savings Bank has enhanced their existing relationship program, which currently offers 18 financial benefits, by adding "lifestyle" savings as well.

By opening a StarBanking Plus account at KFS, you'll receive free checking with interest, free wire transfers, fee rebates up to \$10 per month on foreign ATM transactions, bumped-up CD rates, reduced rates on new home equity loans and much more! And if all those free services don't save you enough, they've combined



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> **July Flower** Larkspur

Full Buck Moon

The July full moon appears on Tuesday, July 7, 2009, at 09:23. It is called the "Full Buck Moon.'

According to the Farmer's Almanac, July is normally the month when the new antlers of buck deer push out of their foreheads in coatings of velvety

It is also often called the "Full Thunder Moon," for the reason that thunderstorms are most frequent during this time. Another name for July's moon is the "Full Hay Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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Wood-Ridge Dedicates Track & Field Facility

Wood-Ridge Mayor Paul Sarlo cut the ribbon to officially reopen the Donna Ricker Memorial Track and Field behind the Wood-Ridge High School on May 14, 2009.

include a new 4 lane track (415 meters-a little longer than a 1/4 mile) for run, walk and hurdles, new areas for shot put, javelin, long jump, and high jump

The dedication also includ-The renovated facilities ed a new building with handicap accessible rest rooms, full kitchen and three large storage

The track and field is used by the WRHS and the W-R Recreation Track & Field program which runs under the New Jersey Striders (www. njstriders.com).

The Wood-Ridge community can use the track when school is not in session. Specific rules are posted at the entrance gate.

The football field, softball field, baseball field, scoreboard and goalpost portion of the project was dedicated on October 4, 2008. (See The Gazette Newspaper, November 2008, page 21) ###



Phillips Honored for 40 Years of Service

On May 19, 2009, Firefighter Ron Phillips Sr. was honored by the Wood-Ridge Mayor & Council for his 40 years of service with the Wood-Ridge Fire Department with a plaque and a joint legislative resolution from the NJ State Assembly and Senate.

Phillips grew up in Wood-Ridge and joined the Wood-Ridge Fire Department in April 1969 after serving in the military.

He was the first member of the WRFD to serve as Fire Chief twice (1980-1981) and 1993-1994). Of those 40 years, 21 were served in various capacities as a department officer. Phillips has received 12 awards for lifesaving and bravery.

Phillips was appointed the chief coordinator for the South Bergen Fire Chiefs Mutual Aid Association (coordinate mutual

aid calls for towns in southern Bergen County). Photo by Dennis Kronyak. ###

Lodi Scholarships Awarded

The Lodi Oldtimers Little League have announced the winners of the Little League 2009 Scholarship Awards.

The scholarships were open to all high school seniors who have played at least three years of baseball or softball in any Lodi Little League Program.

Applicants were required to write a 500 word essay on their Little League experience. Two scholarships are awarded: one to a male and one to a female in the amount of \$500.00 each. This year's Little League winners were Shanttel Liberato and Shane Smith.

Additionally, this year, one student was awarded a \$500.00 scholarship provided by George Panagiotou in memory of his wife, Pam Panagiotou.

The winner of the Pam Panagiotou Memorial Scholarship Award was Angelo Annuzzi. ###



Back: Frank Stevens, Northern New Jersey Council Boy Scouts of America Advancement Chair and Joel Liberman, NNJCBSA District Executive. Front: Dennis Riordan, Pack 17 Wolf Scout, HH and John J. Riordan, Troop 17 Scout, HH.

Young Scout Hero was over his head, and the cur-

On Saturday, July 12th, 2008, the Riordan Family of Hasbrouck Heights, was camping near Monticello, New York and were spending the day at Skinner Falls on the Delaware River.

Here the water was deeper and had a strong current. Dennis jumped into the water that

John J. Riordan, age 10, and his younger brother, Dennis, age 7, were swimming in a shallow pool in the river. The boys asked if they could go to another location nearby.

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Parents, Nancy and John, are justly proud of their "young man" who is a student at Park Academy in River Edge.

rent immediately started to pull

trouble, swam up behind him,

putting his hands under his

brother's arms which helped

him to stay afloat. John then

calmly swam with his brother,

Council of the Boy Scouts of

America presented John with

their Heroism Award at the

Northern New Jersey Boy

Scout Council Awards Dinner

at the Westmount Country Club

For this act, The National

back to the shore.

on May 18, 2009.

John, seeing his brother in

him away from the shore.

They credit John's action with his Readyman Training as a Pack 17 Webelos Scout. Today he is a member of Troop 17. Story by Jim Halloran. Photo provided by Riordan Family. ###

65th Anniversary of D-Day





Among the D-Day Veterans recognized during this cerememory were Wood-Ridge residents (l-r) William Schiller, John Lanzante, Vincent DeSanctis and William Haggett. Standing (l-r) Freeholder Chairman James M. Carroll and Bergen County Executive Dennis McNerney.

County Honors D-Day Veterans

On June 6, 2009, at 1 p.m., a ceremony to commemorate the 65th anniversary of D-Day was held at the U.S.S. Ling Naval Museum by Bergen County Executive Dennis McNerney and the Board of Chosen Freeholders.

Fourteen D-Day Veterans were honored with Bergen County Plaques, Certificates and NJ State Resolutions.

Four were from Wood-Ridge: Vincent DeSanctis, William Haggett, John Lanzante and William Schiller.

Additional recipients include: Joseph Albanese, Peter Bernardini, Irving Bienstock, Frank Campi, Silvio DeLuca, George Hansel, Joseph Mauro, John McGrath, Alex Prodigo and Anthony Santoro.

The program began with a call to order by Kevin Clancy, Director, Division of Veterans Services, a presentation of Colors by Bergen County Police Honor Guard and American Legion Honor Guard.

The Invocation was given by Rev. Vernon C. Walton.

Remarks were made by several officials to include Freeholder Julie O'Brien, Assemblywoman Joan M. Voss and Dennis McNerney. McNerney then made individual presentations.

During the presentations, Frank Campi, who was celebrating his 100th birthday, presented Dennis McNerney and Basil Kio, State Commander SubVets WWII a vial of sand from Normandy Beach. Taps was played. ###









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Keeping Wood-Ridge Beautiful

Over 125 residents and local civic groups got down and dirty with the 10th Annual Keep Wood-Ridge Beautiful Committee on Sunday, June 7, 2009.

The purpose of this event was to raise awareness of our

United Water Urges Conservation

Did you know that you use three gallons of water every time your brush your teeth? You also use five gallons of water when you flush the toilet; 35 gallons of water to take a bath; 50 gallons to shower; and 10 gallons to use your dishwasher.

These facts and many more were shared with the Kiwanis Club at their June 4, 2009 meeting.

Ms. Sonja D. Clark, Communication and Outreach Manager of United Water, presented a program on conservation.

To understand the need for conservation she highlighted the amount of water used by one person during everyday activities.

United Water has been supplying water to Bergen and Hudson Counties since 1869. The 750,000 residents living in these counties are served by 14 billion gallons of water stored at four reservoirs.

A few of the recommendations made by Ms. Clark were:

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flush only when necessary; don't use the toilet to dispose of trash; repair leaks; don't let water run when brushing your teeth or shaving; replace washers when necessary; run the dishwasher only when it's full; check all faucets and hose connections for leaks; and water lawns early in the morning.

Ms. Clark answered many questions; distributed conservation pamphlets and gave out a "Water Leak Detection Kit" used to check for leaks in the toilet.

Kiwanis President, Dr. Burnett Eglow, thanked Ms. Clark for a program. Story by Peter Gallo Jr. ###

environment and the impact of litter.

Hackensack Street, Valley Boulevard and the ramps on Moonachie Avenue/Rt. 17 were cleaned while flowers were freshly planted at The Library, Civic Center, Senior Center,

Household Hazardous Waste

Bergen County Utilities Authority (BCUA) will collect household hazardous waste on Saturday, July 18, 2009, from 9 a.m. to 3 p.m., at the BCUA (foot of Empire Boulevard) in Moonachie -- rain or shine. This service is free of charge for Bergen County residents -- ID is required.

A partial list of acceptable materials for collection includes: aerosol cans, antifreeze, batteries, blacktop sealers, disinfectants, fertilizer, fire extinguishers, herbicides, insecticides, mercury switches, paints, pesticides, propane gas cylinders (1 lb. & 20 lb. only), solvents, thinners, used motor oil and varnishes.

A partial list of unacceptable materials includes: unlabeled wastes or containers with unknown contents, regulated medical wastes, radioactive materials and explosives, containers larger than five gallons, compressed cylinders (oxygen or acetylene), pressure treated lumber or railroad ties, computers, electronics and tires.

For detailed information log onto www.bcua.org or call 201-807-5825.

(Businesses must pre-register prior to attending BCUA sponsored collection events. A disposal fee will be charged and collected. Call 201-807-8696 for details.) ###

Triangle Park and Veterans Park.

The Bergen County Department of Health loaned cleaning utensils and AAA of North Jersey loaned safety vests. The W-R Police Department Auxiliary, Fire/EMS Department, and W-R DPW assisted the volunteers.

Volunteers included council members, Boy Scouts and Girl Scouts, members of the

Knights of Columbus Saint Anthony Council, who adopted a highway, WRHS students, Teterboro Airport, and individual families.

Program Chair Ezio Altamura said, "I encourage all residents and business owners to do their part to "Keep Wood-Ridge Beautiful" all year round by picking up litter and recycling: Set an example for all to follow." ###



4,580 Pounds of Paper Shredded

On Saturday, June 6, 2009, from 10 a.m. to 1 p.m., over 70 Hasbrouck Heights residents and businesses had 4,580 pounds of sensitive documents safely shredded and recycled for free at the Central Avenue parking lot during this second annual shredding event -- doubling last year's 2,140 pounds shredded.

Residents simply pulled into the parking lot where DPW workers helped unload their boxes. The papers were placed into special upright containers that were taken to a

slot in the shredder truck. The container was automatically pulled into the truck and shredded. Participants could witness the documents being shredded on a TV screen at the truck's control panel.

The shredded paper was baled and recycled to make paper towels, tissue, toilet paper, etc.

There was also a tent/table display set up with information about the Hasbrouck Heights Recycling Program.

The HH DPW Satellite Recycling Drop Container was there to accept cardboard, newspaper/magazines, comingle and e-scrap.

This event was hosted by the Hasbrouck Heights Recycling Program and their recycling vendor, Atlantic Coast Fibers. Recycling specialists were available to answer any questions. ###

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AHOF Dinner Recognizes Aviation Pioneers

The New Jersey Aviation Hall of Fame held their 36th Annual Induction Dinner on May 19, 2009, at The Fiesta Ballroom, in Wood-Ridge.

Remarks were made by Master of Ceremonies Dennis Miskewicz and Executive Director Shea Oakley.

The Civil Air Patrol Teterboro Squadron presented The Colors followed by the Pledge of Allegiance. Civil Air Patrol Chaplain Major Adma Ross gave the invocation. NJAHOF President W. Timothy Mc-Swain spoke.

A Special Founder Award was presented to Governor Brendan Byrne by AHOF Director Emeritus H. V. Pat

Former Administrative Assistant Karen Russo (ret.) was honored for her years of dedication. Eugene DeSantis received the Distinguished Service Plaque and Rudy F. Steinthal received the Fred L. Wehran Aviation Achievement Award.

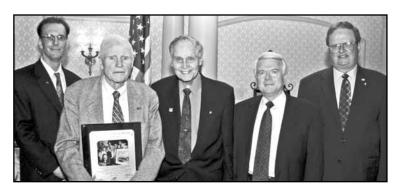
The 2009 Hall of Fame Inductees included:

- Lt. General Raymond Johns Jr., U.S.A.F: Currently Deputy Chief of Staff for "Strategic Plans and Programs," was Chief Test Pilot and Program Manager for the VC-25 Air Force One replacement program, commanded an airlift wing, has received 12 major awards and decorations.
- Astronauts Mark and **Scott Kelly:** The only twin astronauts ever (including other nations). Between them, they can claim 9,000 hours in 80 A/C and more than 625 carrier landings. Together, they have logged five successful space shuttle missions, two as mission commander.
- Major General Edward **P. McNeff, U.S.A.F:** Flew as a combat pilot in WWII, Korea and Vietnam, later became commander for the 12th Air Force, has received 10 major awards and decorations (many combat related including the DFC).

Jared Isaacman shared his story about breaking the world light jet speed record by 21 hours. ###



Jared Isaacman



(l-r) Shea Oakley, Governor Brendan Byrne, Pat Reilly, Tim McSwain and Dennis Miskewicz.



(l-r) Stephen Riethof, Karen Russo, Shea Oakley and Pat Reilly.



(l-r) Eugene DeSantis and George Simpson



(l-r) Carol Wehran Greene and Rudy F. Steinthal



(l-r) Stephen Riethof, Shea Oakley, Lt. Gen. and Mrs. Raymond E. Johns Jr., and Dennis Miskewicz.



(l-r) Dennis Miskewicz, Shea Oakley, and receiving the honors on behalf of the Kelly Astronauts was Robin McCann Alampi.



(l-r) Shea Oakley, Maj. Gen. Edward P. McNeff (ret.) and Tim McSwain.

Wings & Wheels Expo



Teterboro Airport

Saturday, September 19, 2009 • 9 a.m. to 5 p.m. Sunday, September 20, 2009 • 9 a.m. to 4 p.m.

Route 46 and Industrial Avenue. Event entrance on Industrial Avenue

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The 2008 Wings & Wheels Event included:

P-3 Orion • H-34 Helicopter • OV-1 Mohawk • C-54 Skymaster

Additional exhibits and vendors include: various aircraft, exotic, antique, custom cars, motorcycles and military vehicles, Army Air Forces Historical Association, Paramus Flying Club, Port Authority, US Army, US Air Force, T. Q. Midgets (Pine Brook Reunion), Big Wheel Races, etc













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Teterboro Airport Awards 9 Scholarships

On Wednesday, June 3, 2009, the Teterboro Airport Golf Scholarship Committee hosted a Community Benefit Fund Awards Ceremony and Luncheon for 9 scholarship recipients from local area high schools who are college bound and majoring in aviation related curriculum.

They include: Rebecca Garcia (Bogota Junior-Senior High School), Roxanne Edwards (Hackensack High School), Raymond Hohnecker (Hasbrouck Heights High School), Andrew Aychouh (Henry P. Becton Regional High School), Jonathan Nunez (Ridgefield Park Junior-Senior High School), Ye Ji "Esther"

Ryu (Rutherford High School), Ronak Dave (Secaucus High School), Mauricio Delgado (Teaneck High School), and Eduardo Lopez (Wood-Ridge High School).

Also invited to the reception were family members, teachers, and principals from each student's high school as well as area community officials.

The on-airport ceremony, held at the Dassault Hangar, gave airport sponsors an opportunity to meet scholarship recipients and congratulate them personally.

The Teterboro Airport Community Benefit Fund was formed in 1986 by the Teterboro Airport community. The

Committee has raised funds and distributed scholarships to college bound students for 23 years. Through 2008, scholarships totaling \$124,250, have been awarded to 143 individual students. This year, each school received \$1,500.

Funding for the scholarships is derived primarily from Airport sponsors and proceeds from the Airport's annual golf outing.

The Teterboro Airport Community Benefit Fund will be hosting the Airport's 25th Annual Airport Scholarship Golf Classic for 2009 at Wild Turkey Golf Club, Crystal Springs Resort (Hamburg, NJ), on Monday, September 14th. Organizations interested in sponsoring scholarship programs or activities should contact the Teterboro Airport Golf Scholarship Committee by calling John Panarello at 201-288-1775 x210. ###

General Aviation Awareness Week

The Mid-Atlantic Aviation Coalition-New Jersey, joined by the New Jersey Aviation Education Council and the New Jersey Aviation Association, celebrated General Aviation Awareness Week, with displays in the New Jersey State House, during the week of May 18,

MAAC-NJ Vice President Bob Checchio and long-time MAAC-NJ member (and former president) Bill Leavens staffed the exhibits Monday and Thursday, passing out educational material to members

of the New Jersey Senate and Assembly, their staff members, members of the Office of Legislative Services and to other State House employees. Key members of the legislature all talked with MAAC-NJ staff and expressed support for MAAC-NJ's efforts in preserving New Jersey's system of general aviation airports. They were pleased to spend time with NJDOT Commissioner Stephen Dilts.

General Aviation Awareness Week provides MAAC-NJ with the opportunity to distribute educational information on the value of general aviation to the State by providing thousands of jobs.

to protect, promote and preserve general aviation. General Aviation Awareness Week is an important tool in fulfilling that mission. MAAC-NJ will continue to promote the value of New Jersey's system of general aviation airports by meeting with selected officials to encourage their support. ###



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Airport Runway To Be Rehabilitated

Teterboro Airport will rehabilitate Runway 6-24. Runway 6-24 is the shorter of TEB's two runways at 6,013 feet. It was last rehabilitated in 1995.

In addition to rehabilitating the pavement, the airport will also be installing a number of additional lighting systems on the runway to enhance safety.

These lighting systems MAAC-NJ's mission is include lighting down the centerline of the runway and touchdown zone lighting. New improved runway edge lighting will also be installed.

This contract will include work in the areas where the two runways intersect. Work in this intersection will require that the airport be closed for a number of extended periods during July and August.

The dates for the airport closures in July have been tentatively set.

The airport is scheduled to be closed to fixed wing aircraft (helicopters will still be allowed) from Friday night at 11 p.m. to Sunday morning at 11 a.m. (36 hours) on the weekends of July 10-12 and 17-19, 2009. ###



Hasbrouck Heights Police Department passing the Special Olympics Torch to the Wood-Ridge Police Department during the Torch Run along The Boulevard.

HHPD & WRPD Run for Special Olympics

9:50 a.m., the Hasbrouck Heights Police Department accepted the "Special Olympics Torch" from the Lodi Police Department at Williams and Oak Grove.

Several members of the HHPD carried the "Flame of Hope" along The Boulevard,

On June 12, 2009, about past The Circle, where the "Torch" was presented to the Wood-Ridge Police Department at the border.

> The HHPD and WRPD were part of the 26th Annual Torch Run which traveled 900 miles, originating in about 27 separate points statewide, and ran through 387 communities,

all branches of law enforcement participating. The final leg runs into Lion's Stadium at The College of New Jersey and lights the cauldron for the Opening Ceremony of the Special Olympics New Jersey Summer Games.

The Torch Run for Special

with some 3,000 officers from Olympics New Jersey is a capaign by the law enforcement community to raise money for the Special Olympics Movement, which serves the state's athletes.

> Each officer is required to raise \$100 to participate in the run. More than 2,500 athletes attended. This is the

24th year that both the HHPD and WRPD have participated in this run.

The first New Jersey Torch Run went through eight towns covering 43 miles and raised \$7,000. Today, more than \$2 million is raised annually through local and statewide events. ###





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At 9:54 a.m., on May 22, 2009, The Hasbrouck Heights Police Department held their first Memorial Day service at their Police Memorial at The Boulevard and Central Avenue. The Police Memorial was dedicated on May 14, 2008. (See The Gazette Newspaper, June 2008, page 10.) The time of 9:54 was significant as it was reported as the time of death of Gerald DeLamater (Badge No. 107), the only Hasbrouck Heights Police officer who was killed in the line of duty on February 27, 1939. ###

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Vets Help Little Ferry K-9 Unit

On Wednesday, June 3, 2009, Little Ferry Veterans presented a check for \$750 to Chief Ralph Verdi and Captain Ronald Klein of the Little Ferry Police Department, to help defray the expenses of their newest member, Laszlo.

The one year old German Shepherd from Hungary, completed police K-9 training with certification in narcotics and patrol, with his handler, Det. Ronald Callahan, at the Union County Sheriff's Department. Laszlo works full-time at the department and also assists various other area law enforcement agencies.

When not on duty, Laszlo lives with Det. Callahan, who maintains the dog. The Borough is responsible for the dog's expenses such as food, veterinarian, etc.

Laszlo is Det. Callahan's third canine partner. He replaces Caesar, who served the department for about seven years, before retiring after leg surgery. Caesar also lives with the Callahan Family. Tango,

the first K-9, also lived with the Callahans and retired in 1999.

The Little Ferry Police Department has maintained its K-9 Unit since 1995.

The donations were made by the VFW Post 809 & Auxiliary, American Legion Post 310 and Auxiliary and the Sons of the American Legion Squadron 310. ###

Christmas in July

The New Jersey Police Honor Legion, a group of about 5,600 New Jersey Police Officers, will be running a program called "Christmas in July," on July 23, 2009, at the Hackensack University Medical Center, Joseph Sanzari Children's Hospital.

Donations of toys and various items, as well as checks to buy needed pediatric items, can be sent to the New Jersey Police Honor Legion C/O Christmas in July Fund, PO Box 185, Wood-Ridge, New Jersey, 07075. ###

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Fireworks are Illegal

Hasbrouck Heights Police Department reminds residents and visitors that all fireworks including Chinese firecrackers, Roman candles, M80's, cherry bombs, salutes, M100's, etc., are illegal to possess, use or

















Over 100 Firefighters Battle Lodi House Fire

It was reported that an occupant was sitting at the kitchen table when the lights went out. She went to check. When she opened the back room door, oxygen fed the fire that suddenly went up the window to the second story and attic. Because the garage door and interior doors throughout the structure were open, it created a natural draft, causing the fire to spread quickly.

On June 4, 2009, at about 2:15 p.m., the tones were sounded for a general alarm fire engulfing a two story brick private dwelling on Saint Joseph Boulevard in Lodi, NJ.

First on the scene was Lodi Second Assistant Chief Louis Avola reporting heavy smoke showing, with the first floor fully involved with heavy fire. Fire was blowing out the front window with the shrubs on fire. He orders large diameter hoses for a water curtain to protect exposure of neighboring homes. Lodi Engine 615, on the scene, had water supplied from a hydrant with two 3" lines preparing for a fire attack.

The fire extended to the second floor with fire traveling into the attic. Smoke was venting out several windows.

Lodi Third Assistant Chief Matt Lombardi arrives with fire blowing out the front window. The front door was a ball of orange flames; Lodi Ladder Truck 613 setting up to establish a vent.

Chief Lombardi called for a mutual aid ladder truck from Hasbrouck Heights, which was fed water by Lodi Engine 614. A FAST team from Wallington responded to the scene.

A second alarm was ordered, bringing additional Mutual Aid units from Elmwood Park, Garfield, Maywood, Hasbrouck Heights, Little Ferry, Rochelle Park, and Saddle Brook to work the scene. Zone 3 Coordinator Peter Donatello, Rochelle Park, coordinates Mutual Aid support.

Lodi Engine 612 had water supply issues while feeding

Ladder 613, requiring Garfield Engine 3 to to supply the Lodi truck.

Two adjacent homes started to smoke from the heat and were hosed down, with Lodi Truck 1 spraying down a water curtain from its tower.

The fire was soon knocked down on the first and second floors and firefighters began to overhaul.

The structure had a HIP style roof with three vents cut.

While firefighters were pulling down the ceiling on the second story, oxygen was introduced and the fire re-ignited and firefighters attacked the fire from in the room.

While Hasbrouck Heights Ladder was venting the roof they reported high heat, and fire erupted in the attic and through the roof with Heights Ladder crew retreating off the structure only a few feet, then off the ladder.

The attic fully re-ignited, presenting heavy fire conditions through the roof.

Command radioed the call to evacuate the building, followed by the working fire apparatus blasting evacuation horns with about a dozen firefighters exiting the structure -- the fire now raging over 20 feet through the vent holes.

Command orders a master stream attack. Hasbrouck Heights ladder pipe gun blasted water through the second story window. Lodi Tower began to hose the roof.

Because power lines and a tree were blocking Heights Ladder direct view, HHFD FF Pat Hayes acted as a forward observer nearby and directed Heights pipe gun -- first through a second story window then to the roof surface. The intensity of the water stream from both Ladders was enough to blow the shingles off the roof.

Although the visible flames subsided, the heavy streams of water continued with water cascading off the roof, from inside the structure and down the front steps.

Firefighters were on the scene until 6 p.m. and recalled about an hour later when a small area sparked up again.

According to Fire Marshal Paul Wanco, there was extensive damage on the first floor, second floor and attic. The fire is under investigation, but appeared to start in a closet of one of the first floor rear bedrooms. The house was condemned by the Construction Code Official, Bo Lavin.

The Lodi EMS Squad's fire rehab unit, Hasbrouck Heights EMS, and Saddle Brook's cascade unit (fill air tanks) worked the scene. Elmwood Park, Little Ferry, Rochelle Park and Wood-Ridge Fire Departments covered Lodi firehouses.

About 100 firefighters worked the fire event. No serious injuries were reported.

Eleven residents were displaced. A resident said several birds were lost in the fire but he was able to rescue two Quaker parakeets and his dog. Selected photos by Paul Bassett. ###

Fire Departments Remember Their Brothers







Hasbrouck Heights

On Memorial Day, May 25, 2009, a service was held at The Firemen's Memorial at The Circle.

The Department formed along the entrance, facing the Department Honor Guard.

The National Anthem

was played by the Hasbrouck Heights High School Band.

Fire Department Chaplain Vincent De Fedele, Deacon, Corpus Christi Church, gave the Invocation and Benediction. Mayor Rose Marie Heck, Fire Commissioner David Gonzalez and Second Assistant Chief Richard Giarratana made comments.

Fire Department Secretary David Gumbrecht read the names of deceased firefighters -- with the tolling of the Memorial Bell. ###











Lodi

The Lodi Fire Department held a Memorial Service on May 25, 2009. Lodi firefighters formed up at the Kennedy Drive Firehouse and marched to the Fireman's Monument on Garibaldi Avenue.

The Chiefs lined up on the left side and the Honor Guard was positioned in the front. Firefighters, EMS, and Police formed on the lawn, facing the Monument.

The Fire Department Chaplain, Pete Christiana, gave the Invocation. Fire Chief Greg Telep led the assembly in the Pledge of Allegiance.

The Chiefs placed wreaths

at the base of the monument while "Taps" was played by four buglers.

There was a roll call of deceased members with the verse, "Their Memory Is Still In our Hearts," said between sections. The Chaplain then gave the Benediction.

The Honor Guard and Chiefs marched out to Brook Street, where part of Brook Street was renamed Sal Gallopo Way. A charter member of LFD Hose #2 (1948), Mr. Gallopo served in WWII and was Lodi's most decorated War Veteran. The Department then did a "Pass in Review." The Department was then dismissed. ###





Wood-Ridge

The Wood-Ridge Fire Department Exempt Association held its annual Memorial Service, Wednesday, May 20, 2009. The Invocation and Benediction were given by WRFD Chaplain Deacon Nick Valdez. Chief Tony Gentile,

Fire Commissioner Tom Gonnella and Mayor Paul A. Sarlo all spoke at the ceremony which was led by Exempt Association President Thomas Bischoff Jr.

Many wreaths were placed at the Memorial; followed by the placing of a white carnation, a hand salute and toll of the bell as each of the 119 names were read.

"Taps" was played by Firefighter Tish Ferry and "Amazing Grace" was played by Firefighter Ron Phillips Jr. of the Bergen County Firefighters Pipe Band.

Exempt Member Bob MacDonald and his daughter, Courtney, read a poem she wrote.

Bischoff concluded, "Never forget their commitment and service to the Borough of Wood-Ridge." ###

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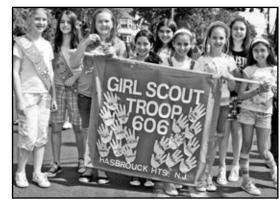




















See The Gazette Newspaper, June 2009, Pages 14-15, for Veterans Memorial Day Services













9 Patriotic Parades



























Wood-Ridge parade photos by Marie Gallo

















Moonachie Memorial Day Service and Celebration

Moonachie held a Memorial Day Service, 10:30 a.m, at the Municipal Building on Saturday, May 23, 2009.

The Invocation was given by Pastor Kimberly Chastain, First Presbyterian Church, the Scouts led in the Pledge of Allegiance and the flag was lowered while the Yonkers Military Band played the "Star Spangled Banner." Mayor Frederick Dressel spoke to the assembly.

There was the placing of the wreaths before the Police, Ladies Auxiliary, Fire Department, First Aid & Rescue Squad and Veterans monuments.

Past Post Commander Edward Evers provided the Veterans address.

The Yonkers Military Band played "Grand Old Flag," "Taps," and "America the Beautiful" during the ceremony. Pastor Chastain concluded with the Benediction.

A parade formed and marched to the R. L. Craig School for an afternoon celebration that included inflatable amusements, balloon art, face painting, free hot dogs and soda. The First Presbyterian Church provided homemade ice cream and cookies. ###



























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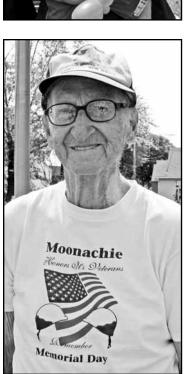
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A Field Day of Fun

On Wednesday, June 10, 2009, Assumption School students celebrated the end of the school year with an Olympicthemed Field Day at Union Field in Wood-Ridge.

Closing a school year with a field day is not uncommon at most schools, but students had an uncommonly good time at Assumption School Field Day, thanks to the variety of events organized by Mrs. Morra and other Assumption School parents

At Assumption School, Field Day is meant to be more than just a day of fun—it is also a lesson in patriotism and sportsmanship.

In keeping with the Olympic theme, the day began with students gathering and singing the "Star Spangled Banner."

Principal Heather Muller spoke to the students regarding the importance of good sportsmanship.

A torch was passed as students sang and circulated the school field before departing

for their walk to Union Field in Wood-Ridge.

Union Field was decorated with blue, yellow, black, green, and red interlocking rings, a traditional symbol of the Olympic games since 1912.

When students arrived at the field, they did not allow a light mist to deter them from their day of fun.

Students rotated through a series of games including volleyball, kickball, and tugof-war.

The day concluded with a hot dog lunch and a variety of other snacks and refreshments.

The students not only enjoyed a day of fun, but also learned an important lesson in camaraderie, unity, and sportsmanship.

Call the main office at 201-933-0239 for information and registration materials. Story by Lisa Piro-Calamita. Photo provided by Assumption School. ###



4th Graders Erupt

On Friday, June 12, 2009, Hasbrouck Heights Lincoln School Fourth Graders activated their volcano science project. Each student made their volcano at home, set it up on Burton Avenue and then erupted the volcanos with baking soda and vinegar. Photo provided by Lincoln School. ###

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RLC Field Day

On Friday, May 22, 2009, students from the R. L. Craig School took to the field to enjoy a wide variety of activities. They included water balloon toss, ball playing, parachute, jump rope, games, etc.

















Pay Green To Go Green

On Friday, June 5, 2009, the 8th Grade Students of the Robert L. Craig School held a "Pay Green To Go Green" Carnival to benefit the Rainforest Action Network.

This event was the final act of the Charity Project, which is part of the 8th Grade's exploration of civic virtue and citizenship. Students researched ten different charities, each dealing with environmental concerns. The students then created a variety of presentations for each charity that were later shown to classmates and faculty members who judged and voted for their first choice. After all the ballots were counted. the Rainforest Action Network was chosen as the charity for the school fundraiser.

The Rainforest Action Network is a charity that helps protect the rainforests, which include rare plants, endangered animals, and cultures that survive on the resources of these ecological wonders. Over 150 acres of rainforest are

destroyed every minute. At this pace, these crucial ecosystems, which provide over a quarter of the world's oxygen, will be completely eradicated within a generation.

In order to help prevent this destruction, the 8th Graders set a goal of three thousand dollars, and chose to launch the "Pay Green To Go Green" Carnival as a means of raising the funds.

The "Pay Green To Go Green" Carnival featured a variety of traditional games and events coordinated and designed by the members of the Class of 2009. Superintendent, Mark Solimo, volunteered to man the dunk tank, while science teacher, Ms. Kenny, allowed participants to throw pies at her in order to raise even more funds.

Several faculty members volunteered to undertake stunts for every thousand dollars raised. Language Arts teacher, Mr. Mercuri, dyed his beard green for the first thousand

raised, and Art teacher, Ms. Ten Hoeve, came to school decorated as a human rainforest. Social Studies teacher, Mr. Keelen, would shave his head into a Mohawk, if the 8th Grade raised the ultimate goal of three thousand dollars.

We are happy to report that the class raised over \$3,300 and on Monday, June 8th, the teachers held up their end of the bargain and carried out their stunts. Story and select photos provided by Greg Keelen. ###





Moonachie: On Thursday, May 12, 2009, 8th Grade students from the R.L. Craig School participated in "Youth in Government Day." In the afternoon they met with Mayor Fred Dressel and Council members Bruce Surak and Kathy Kinsella to discuss the functions of local government and civic responsibilities. That evening, the students participated in a mock council meeting. ###



Hasbrouck Heights: On Tuesday May 19, 2009, students from the Hasbrouck Heights High School participated in Youth Week. During Youth Week, students assume the roles of the Mayor, Council persons and heads of various Municipal Departments to include Police, Fire, DPW, Recreation, Library, Borough Clerk, Borough Administrator. The students spend the day with their counterparts to better understand the daily workings of government. Additionally, the students conduct a special-session Mayor and Council meeting where each Council person made commendations and proposals, opened the meeting to the public, then adjourned. Photo provided by the Borough of Hasbrouck Heights. ###



Little Ferry: On May 13, 2009, students from the Memorial School participated in "Mayor for A Day." Students campaigned for office and were elected to the position by their peers. They were joined by the Little Ferry Mayor and Council at the Empire Club for dinner and briefing on local government. At 7 p.m., each

student was formally sworn in to their respective office, then assumed the chair to handle municipal business. Mayor Raguseo presented a souvenir gavel to his counterpart. This program was started in 1982. ###

Matthew Reis Earns Internship Recognition

Bergen County Technical High School in Teterboro held its Senior Awards Ceremony on Wednesday, May 28, 2009. Seniors at the high school are required to obtain an internship where they can experience life in a real world environment.

At the ceremony, Matthew Reis, of Hasbrouck Heights, a graduating senior at Bergen Tech, received an Award for "Exemplary Service in Internship."

Matthew is an aspiring film director/editor and majored in Digital Media at Bergen Tech. Matthew was able to apply the skills he learned in high school in his internship at Care on the Corner ("COTC"), the outreach ministry of St. John the Divine Episcopal Church in Hasbrouck Heights, NJ. During his internship, Matthew assisted with administrative duties in the office, took pictures of various activities offered by COTC, including ESL classes, theatre arts programs, etc.

He was also able to fulfill his goal of creating a video which was presented at the organization's 1st Annual Winter Gala this past February. Matthew received his intern-



ship award from the Reverend Joseph S. Pickard, Vicar of St. John the Divine and Executive Director of Care on the Corner. During the ceremony, Matthew also received the Digital Media Award of Excellence.

Matthew will be continuing his education at the Park School of Communications at Ithaca College in Ithaca, NY, this fall, majoring in Film Production. Photo provided by the Family. ###

Moonachie Summer Rec Program will be held from June 25 through July 31, 2009. Grades 1-7, Mon. - Fri. from 8:30 a.m. to 2:30 p.m. PreK - K, Mon. - Fri. (closed Thurs.) from 8:30 to noon. Call Mr. Facendola, 201-206-8774, for information. ###

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Xcel Tae Kwon Do Sets Tournament Record

The 10th Atlantic Tae Kwon Do Championship was held on Sunday, May 20, 2009, at Shore Regional High School, in West Long Branch, New Jersey.

Thirty six athletes from **Xcel Tae Kwon Do Center** of Hasbrouck Heights attended this martial arts competition with hopes of performing at their best.

The Xcel Tae Kwon Do Center students put their training to the test against various opponents from the tri-state area in the sparring, forms and board breaking competition. Xcel Tae Kwon Do students set a new tournament record by capturing 34 gold medals and were once again awarded best team of the championship.

Master Steven Lee, head coach of Xcel Tae Kwon Do Center, credits the success of his students with their work ethic, dedication and winning attitude -- constantly reminding his students, if you train like a champion, think like



a champion and behave like a champion, you become a champion.

The end justified the means as all 36 students came home surpassing their expectations with the record breaking performance.

Xcel Tae Kwon Do Team was comprised of (First Row): Jake Colon, Dario Morales, Keith Gudanowski, Mark Mirkovic, Alex Zielonka, Nick Zielonka, Enrique Castro, Ryan Quish, Hannah Smith, Gillian Calbi, Zachary Mackiewicz.

(Second Row): Sara Herron, Emily Gaige, Sarah Carter, Alexis Putkisto, Anthony Mirkovic, Dante Milne, Edison Hauptman, Zachary Hauptman, Vincent Baculio, Louis Sanchez, Ahmed Khilji, Matthew Jara, Matthew Polizzotti, Anthony Seiga, Casey King.

(Third Row): Lana Naoum, Asad Khilji, Awais Khilji, Zhara Khilji, Gabriella Tuzzo, Ashlee Trent, Brittany Gudanowski, Amanda Jara, Instructor Christine Adamo, Master Steven Lee. (Not pictured Nick D'Arrigo, Manohor Katara.)

Tae Kwon Do is not just an Olympic Sport, but is also a way of life to the students of Xcel Tae Kwon Do Center.

The exceptional result of the tournament was a great feat for all the students; however, the true lesson was learned even before they got to the competition. They were all already winners for choosing and dedicating themselves to such a challenge, testing their mind, body and fighting spirit.

Story by Christine Adamo. Photo provided by Xcel Tae Kwon Do ###



Methodist Nursery School Graduates

Surrounded by family and friends, the Nursery and Pre K students of the **Methodist Nursery School** in Hasbrouck Heights participated in graduation and end-of-year ceremonies on May 27 and 28, 2009.

The groups marched into the Church and sang some of their favorite nursery school songs. Each child was introduced to cheerful applause, sang their final song and marched through the audience with "Pomp and Circumstance."

The families were invited to the classrooms for refreshments. Story by Jackie Mazza. Photo by Lisa Mason. ###



Assumption School Graduates

On June 5, 2009, Eighth Graders of Assumption School in Wood-Ridge graduated.

In the two weeks preceding the graduation ceremony, the Class of 2009 studied for finals, then celebrated their graduation with a variety of activities and class trips.

The students visited Pine Grove Dude Ranch on May 27, where they rode horses, swam, hiked, and fished. The following day was full of more fun outdoor activities at Woodland Park with a picnic lunch, and games of football, volleyball,

and basketball.

On Friday May 29, the Eighth Graders spent the day at Great Adventure. The celebration week culminated on June 5th with Class Night at the Empire Club in Little Ferry; dressed to impress and danced the night away.

On May 28, at 6 p.m., PreK4 held their graduation ceremony in the school gymnasium. The gym was adorned with decorations and posters made by Assumption's littlest graduates.

The PreK4 students had

previously hatched baby chicks and butterflies—much like those butterflies and chicks, their transformation into Assumption School students has only just begun.

The last week of school for the rest of Assumption school students was June 8-12. Field Day was June 9, and a Mass was held Friday, June 12.

Call the school office at 201-933-0239 for information and 2009-2010 registration materials. Story by Lisa Piro-Calamita. Photo provided by Assumption School. ###



Corpus Christi School Class of 2009

The Corpus Christi School Class of 2009 graduation ceremony was held on Sunday, June 7, 2009.

The students will be attending these high schools in the fall of 2009: (+Highest Honors, **High Honors, *Honors)

Meghan Murphy+, Immaculate Heart; Joseph Luongo**, Don Bosco; Shannon Truppi**, Immaculate Conception; Tatiana Carmona*, Bergen Academies; Meghan Gilhooley*, Immaculate Con-

ception; Matthew Buckman*, St. Joseph Regional; Renee Vito*, Bergen Technical; Keith Ellebracht*, Bergen Catholic; Lina Ghazala*, Immaculate Heart; Richard Sanchez*, St. Joseph Regional; Natasha Stroedecke*, Mt. Saint Dominic; Danielle Cannici*, Hasbrouck Heights: Stephanie Orlando. Paramus Catholic; Amanda Cano, Hasbrouck Heights; Ashley Marzano, Immaculate Conception; Stephanie Fuhro, Immaculate Heart; Samantha Marella, Immaculate Conception; Alyssa Gugliotti, Immaculate Conception; Shayna Eddy, Immaculate Conception; Daniel Nieves, Hasbrouck Heights; Elijah Blythe, Paramus Catholic; Thomas Buckman, St. Joseph Regional; Gerald Canetti, Hasbrouck Heights; Ellena Barcia, Lodi High; Robert Marquez, St. Mary's.

For information about class availability for the 2009/2010 school year, call 201-288-0614. Story and photo provided by Sonya Buckman. ###

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Rachael Dallara

NJ State Champior

"At Xcel, the teachers are very patient and extremely motivated to help each individual child. We could not have found a better school for all three of our kids." Mrs. McCabe

Lipoprotein (a) - The Ignored Cholesterol

A new study just released has shown that people with higher levels of a form of cholesterol called lipoprotein (a) were more likely to have heart attacks.

The bad news with this study is that statins, such as Lipitor, Zocor, and Crestor which are taken by millions of people, minimally effect lipoprotein (a) levels.

To show the role of lipoprotein (a) in heart attacks, a Danish team analyzed the genes of 45,000 men and women who gave blood samples for a survey in 1976, tested their lipoprotein (a) levels then followed them until 2007.

The research showed that people with the highest lipoprotein (a) levels were two to three times more likely to have a heart attack than those with the lowest levels.

Lipoprotein (a) is one of several forms of cholesterol found in the blood. It contains a molecule of LDL cholesterol attached to a widely variable number of units of protein.

Levels of lipoprotein (a) are determined almost entirely by genetics where it can vary up to a thousand fold from one person to another. One certain genetic variation accounted for about 25% of the cases of high lipoprotein (a).

The problem then is that people have little control over this cholesterol, so changing one's diet or exercising will not have a major effect on the levels.

The only medicines that have any substantial effect on lowering lipoprotein (a) levels is niacin, which is available over the counter and also by prescription called Niaspan, and aspirin. Hopefully, this study will encourage drug manufacturers to begin looking at chemical entities that will lower lipoprotein (a) levels and initiate studies to see if lowering these levels will decrease mortality rates.

A person's lipoprotein (a) level can be determined with a simple blood test, so I would recommend people with advanced atherosclerosis should know what their levels are to determine if it is a risk factor for a heart attack or stroke.

Let me stress though that

more research needs to be done to justify aggressive treatment to lower lipoprotein (a) levels.

Think about this, just because people with higher levels of lipoprotein (a) have more heart attacks does not necessarily mean that lowering those levels will lead to less heart attacks for those people.

However, if future studies show a cause and effect, early genetic screening will aid in prevention of heart attacks in those genetically predisposed to high levels. ###

Sam Papasavas, RPh, is owner and Pharmacist at Be-Jay Drugs, 450 Boulevard, Hasbrouck Heights, NJ, 201-288-0404, www.bejaydrugs. com ###



HH Juniors Honored at State Convention

Members of the Hasbrouck Heights Junior Woman's Club joined over 250 other Junior Club members on May 16-17, 2009, at the Parsippany Hilton, for the 82nd Annual Convention of the New Jersey State Federation of Women's Clubs – Junior Membership.

In attendance from Hasbrouck Heights were Club Co-Presidents, Cindy Capozzi and Cara Capasso-Murray, and members Maria Adamkiewicz, Mary Blanusa, Lilliana Donargo, Andrea Gaffney, Lisa Mason, and Nancy Riordan.

The Junior Woman's Club of Hasbrouck Heights was recognized as one of the top clubs in New Jersey with the prestigious Diamond Dozen Award for Outstanding Community Service and Volunteerism.

The club proudly received statewide awards in Leadership (1st), International Affairs (1st), Membership (1st), Conservation (2nd), Communications (2nd), Education (2nd), Home Life and Health (2nd), and State Project – Foster and Adoptive Family Service (2nd).

These awards highlight the outstanding work of Hasbrouck Heights Juniors in 2008 throughout our community.

Additionally, past president, Nancy Riordan's name was placed on the Honor Roll for her outstanding dedication and years of service to the NJSFWC-JM and to the Junior Woman's Club of Hasbrouck Heights. Story by Mary Katherine Blanusa. Photo supplied by JWC ###

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Fitness Tips

By Joann Glussich

It's Anyone's Game

When was the last time that you accomplished something huge? That's an easy question for Helen Phillips.

Last month, Helen wowed the world with her dramatic transformation on the NBC show "The Biggest Loser."

At 48 years of age she is the oldest contestant to win the weight loss competition, shedding 140 pounds and 54.7% of her body weight.

Helen was clearly the underdog. She was simply too old and too fat to win. At least that was what Helen and the other contestants thought.

If a 48 year old, 257 pound woman can transform her body from a size 22 to a size 2, then anyone really can do it. Think for a moment of that huge accomplishment that you haven't made.

What's holding you back? Are you afraid you'll fail?

The fear of failure is a powerful thing. No one likes to fail, and repeat failure is even worse. So what can you do to conquer it?

· Realize that failure isn't the worst outcome. Not try-

· You only fail when you decide to give up. Get up and try again!

Are you afraid you'll suc-

You may not realize it, but most people fear success. Success means change and change can be scary. It is important that you embrace the idea of success and ditch any negative self talk.

- · Close your eyes and picture yourself accomplishing your goal. What will that accomplishment do for your life? List the benefits you'll enjoy.
- · Spend a few minutes each day visualizing yourself accomplishing your goal. How great does it feel? Savor those victorious emotions and use them to drive your motiva-

Helen didn't believe in herself, until one day she decided that she was done doubting. Are you done doubting?

When you're ready to transform your body, like Helen did, I'm here to help. Is NOW a good time? Call or email, and let's get started on a program that will really improve your life. It's your turn to accomplish something huge.

Joann Glussich, Certified Personal Trainer and owner of Contours Express, 1 South Main Street (Lodi Mall), Lodi, NJ 973-777-4494, www.contoursexpress.com/lodinj ###

Seniors Farmers' Market Nutrition Program

On Tuesday, July 7, 2009, Bergen County will provide \$30 coupons to buy NJ produce at the Farmers' Market located at The Boulevard and Central

The program requires filling out an application, provide ID, proof of Bergen County residency, income and be 60+ years of age. Maximum monthly income: single/\$1,670 and couple/\$2,247. Call 201-336-7400 for more info. ###



How Do I Look?

The Mobile Dentist visited the Robert L. Craig School in Moonachie on Tuesday, June 9, 2009. "The Mobile Dentist," a team of dental professionals, travels from school to school and performs dental services for students.

Third Grader Colleen Potocki was one of the students having her teeth checked.

Students are evaluated by a dentist. Teeth are cleaned by a dental hygienist. Fluoride and sealants are applied when needed. Dental x-rays are also taken. These dental services are provided at a reduced fee. A grant for families in need is also available. ###

Real Estate Insight

By Mary Ellen Courtney



He Who Hesitates May Regret!

With the spring home-buying season in full bloom and great prices and low interest rates available, there's no shortage of real estate prognosticators urging Americans to buy, sell or refinance. And at least one new Washington, D.C. resident – President Barack Obama - concurs with us who work in the real estate industry: Now is as good a time as any in the past 40 years to buy or refinance a home!

"I think for so many people around this country, the essence of the American Dream is owning your own home, being able to have that piece of property that is yours, that allows you to raise your kids, that represents your single biggest investment," President Obama said at a housing roundtable in April.

"What you've seen now

is rates as low as they've been since 1971," he continued. "So the main message that we want to send today is: there are 7 to 9 million people across the country who right now could be taking advantage of lower mortgage rates."

In our Hasbrouck Heights / Wood Ridge area, this could be a-once-in-a-lifetime opportunity. There are many people who could afford to own for what they are currently paying in rent or slightly more, but they just aren't aware of how favorable conditions are for them. Sadly, some day people will look back and say, 'Remember in 2009, when it was one of the best buyers' markets in decades, with inventories up and mortgage rates at historic lows....and we sat when we should have jumped in...!"

Mary Ellen Courtney is owner of Gateway Realtors, 201-288-0004. www.Gateway-ToHomes.com ###



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July 2009 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, July 6, 13, 20, 27

10:00 a.m. to 1:00 p.m. Games, cards & coffee

Tuesday, July 7, 14, 21, 28

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, July 1, 8, 15, 22, 29

10:00 a.m. Wii Bowling League

2:00 p.m. Senior Paced Aerobics \$1.00

Thursday, July 2, 9, 23, 30 10:00 a.m. to 1:00 p.m. Games, cards & coffee

2:00 p.m. Senior Yoga \$1.00

Friday, July 3, 10, 17, 24, 31

10:00 a.m. Games, cards & coffee

Friday, July 10, 24

10:00 a.m. Fun Bingo

1:00 p.m. Movies

Check Center Bulletin Board for listings

Annual Senior Picnic Hasbrouck Heights Seniors only Thursday, July 16 from 12 p.m. to 4 p.m.

The picnic will be held at the Senior Center.

Doors open at 12 p.m. You must sign up
at the Senior Center and must be
a resident of Hasbrouck Heights.

CLUB ACTIVITIES

Annual Summer Get Together August 12, 2009 at 12 p.m.

Tickets are \$2 for paid up members and will be sold at the June meeting. No tickets will be sold at the door. No outside guests.

Finger Lakes Trip

September 13-16, 2009

A four day, three night trip is being planned to the Finger Lakes in New York. Cost is \$789 for single, \$639 for doubles and \$589 for triple occupancy. Interested members should turn in a \$100 deposit. For more information contact Pat at 201-288-1674 or Grace at 201-288-1614.

Desperate Housewives

October 21, 2009 at 11:30 a.m.

Charlie Brown's in Carlstadt. For \$42 you can enjoy a hot buffet and be involved with the lives of desperate housewives of New Jersey. Transportation not provided. Tickets on sale in September.

Change your watch battery • Starting at \$3.99



201 Williams Avenue (Corner of Blvd.) Hasbrouck Heights • 201-393-7076

Danson Jewelers paid FIVE TIMES more than "Cash for Gold" commercial as featured on Ch. 12 News by Alicia Vitarelli

Leisure Club Get Together a Success

This year's Leisure Club's "Annual Spring into Summer Social" attracted more than 110 members. It was held on June 10, 2009. All regular meetings of the club are held on the second Wednesday of the month from September to June. Ten tables were arranged so that they could accommodate no more than 12 members. Vases with flowers and American flags were used as centerpieces.

During the afternoon, two couples were acknowledged because they were both celebrating their 60th Wedding Anniversaries in June; the couples were Rose and Nick





Schiro and Past President Rose and her husband Paul Mulle. Neither couple showed signs of their longevity. The DJ had the two couples dance as he played the "Anniversary Waltz."

Estelle Sattler was welcomed back after a serious accident that had kept her away for many months.

The affair was catered by Paul's Market in Hackensack. The food was excellent. It consisted of lemon chicken, sliced steak with rice, baked ziti, broccoli, string beans, red potatoes, and salad. The dessert was a fresh fruit salad and cookies purchased from Smiley's Bakery. There was plenty of food to go around and to take home.

President John Fitzin distributed the new **IHOP** discount cards to each member. He also thanked the committee that planned the affair, those that collected the tickets and those who helped out serving. Special thanks went out to Charlie Gaal, Joe Barnao and Anne Fuhro. Story and photos by Peter Gallo Jr. ###

AARP Installs New Officers

At a luncheon meeting held on June 12, 2009 at The Fiesta, Central Bergen Chapter 418 of AARP installed its officers for the 2009-2010 year. The oath of office was given to them by Bergen County AARP Liaison Cosmo Palmisano. The officers are President Marie Gallo, 1st Vice President Frank Zabransky, 2nd Vice President David Davidowicz, Secretary Janet Wright and Treasurer Peter J. Gallo Jr. All the officers are from Hasbrouck Heights except for Mr. Zabransky who lives in Little Ferry.

Moonachie Seniors Woodloch Pines Adventure July 22nd

The Moonachie Senior Citizens have scheduled a trip to Woodloch Pines - Hawley, PA on Wednesday, July 22, 2009. Bus departure is 9 a.m. from the Senior Center.

Family style menu includes: melon, roast beef/chicken, apple pie a la mode, coffee/tea/decaf. Cash bar. Cost is \$40 per person with tax and gratuity included. Payment due by July 8, 2009. Call Bud at 201-641-4334 for more information and reservations. ###



During the program, President Marie thanked all the members who had helped her during the past year. Special thanks went out to Mrs. Dolores Jones and Mrs. Bertha Spada who co-chaired the Installation Luncheon. A thank you was also extended to all members who contributed gifts for the Tricky Tray and those who assembled the gifts into creative baskets. The luncheon included a miniature Tricky Tray with 45 gifts to select from.

Scholarship Chairman Mike Cahill announced that there were 13 applications for this year's scholarship and that his committee found one whom they determined to be very qualified. She is Chelsea Mei from Hackensack High School. The \$500 scholarship was presented to Chelsea at the awards assembly held at her high school.

Jerry Hackel, co-chair-

person of special events, reminded all about the chapter picnic which will be held on Friday, September 11, 2009 at Woodland Park in Hasbrouck Heights. Tickets are \$10 for members and \$12 for nonmembers. Hot dogs, hamburgers, sausage, clam chowder and desserts are on the menu. For tickets call 201-288-0943. He reminded all that the picnic would take the place of the September meeting. Story and photo by Peter Gallo Jr. ###

Lodi Seniors

The Lodi Senior Citizens Club is planning a trip to Atlantic City on July 15, 2009 with lunch at the Renault Winery in Little Egg Harbor.

The Club meets the second and fourth Tuesdays of the month. Membership applications are taken on the regular meeting dates between the hours of 10 a.m. and noon. The dues are \$10.00 per year.

Every Thursday of the month, the club is open for recreational purposes, including card playing, dancing, bocce in season, chit-chat, etc.

For more information, call the club during the times it is open at 973-472-6994. A senior bus is available for those that do not have transportation to and from the club. ###

HAIRCORE

A Full Service Salon • Up-Do Specials

July Special
10% OFF All Chemical Services

1 South Main Street (Lodi Mall) • 973-472-2474 Open 7 days: M-F: 9:30 a.m. to 7 p.m. • Sat: 9 a.m. to 5 p.m. • Sun 9 a.m. to 2 p.m. Walk-ins Welcome • Gift Certificates Available • Credit Cards Accepted



Reflections

Summer is Here

By Rev. Joseph Pickard, Vicar Church of St. John the Divine (Episcopal)

The weather today is gorgeous, and everything seems to be in full bloom.

Plant Sales are over, and hopefully, everything is already in the ground, potted, bushes trimmed, and the grass

It's time to relax, dash to the Shore, or hide out in the mountains, and sit back and BBQ. Winter is over and June, July and August unfold before

Summer, however, is not just a time to collapse and recuperate.

Certainly, that is built into everyone's schedule; but life continues on, and different things need to be done. Most of us do not have the luxury of taking the three months off. Life slows down a bit and the routine definitely changes our daily activities – all the while we are being called to live with the Holy Spirit's presence in our midst.

The Liturgical year, all 52 weeks, is divided into two equal portions: the first 26 weeks are counted from the first Sunday of Advent to the Last Sunday of Easter; and the second half are counted during the Season of Pentecost.

For Christians, Advent, Christmas, Epiphany, Lent, and Easter tell the story of God's mighty acts of salvation, the story of God coming among us, Emmanuel, to be with us and to deliver us from sin and death, to be raised with Christ, defeating death and given eternal life with the One who brought all things into being.

The second half of the year focuses on our lives, and how we are to live out Christ's example in the world today, through our actions and witness. The 26 weeks of Pentecost begin with the celebration of the coming of the Holy Spirit - our Advocate and Guide. Jesus' promise to never leave us alone, sending Another to be with us - a Comforter - until he returns again.

And so we live, now in the power of the Spirit, being Christ's Body in today's

God is bigger than any Church

You and I – we – working together with one another, even though on summer "vacation" are still at work. All that we do to care for one another - our prayers, our visits, our reaching out to others – continues.

Pain and suffering do not take a break; neither does our call to care for those around

"Church" continues on, and although many people take time away, hopefully, they are visiting other congregations, learning about how others in different places are ministering to their communities and celebrating God's presence in their midst.

The ground work, the planning and preparations for September, October, and November, is formulated during the summer months.

A lot of winter-deferred maintenance is done now that the better weather is with us.

Life changes in these "vacation" months, absolutely; but the Church continues on.

The Body of Christ is nurtured and fed; educated by Word; uplifted by song.

Just like every living plant, tree, flower, bush, blade of grass grows with all their strength during this season. So too, it is time for us to grow: in understanding, in strength, and in commitment.

Life is affirmed; and it is the Spirit who gives Life. Thanks be to God! ###

Kingdom of the Son, Prayer Safari, **Vacation Bible** School 2009

Take a walk on the wild side during this spectacular prayer safari.

Kids will discover exotic animals, create safari crafts, play exciting games, sing upbeat songs and learn to talk to God as they explore the Lord's Prayer and go on an expedition into the pages of God's word.

This exciting VBS program is for all children, regardless of religious affiliation, ages 4-12, and will be held at Holy Trinity Lutheran Church, 92 Burton Ave., Hasbrouck Heights, the week of Sunday, July 12th, in the evenings.

The opening night-Sunday- begins at 5:30 p.m.; Monday through Friday will be 6:30-8:30 p.m.

For more information or for registration forms call the Holy Trinity Church office at 201-288-6889. Join in an unforgettable adventure this summer. The wildest VBS yet! ###

Donations Requested

Bryson McLeod, a WRHS junior, was born with spina bifida and confined to a wheelchair. Despite this disability, Bryson is an accomplished athlete.

Bryson was selected to join TEAM USA in the National Wheelchair Sports at Rutgers University, which resulted in his being asked to join TEAM USA in the World Championship in July 2009 in Switzerland. His family must raise \$6,600 to cover his expenses.

Please send your donation to: WHEELCHAIR SPORTS USA, with (Bryson McLeod #026067 in memo) to Mrs. Angela McLeod, 545 Anderson Avenue, Wood-Ridge, NJ 07075. ###

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Go to Church more often. Church Schedules **Hasbrouck Heights**

BIBLE BAPTIST CHURCH

31 Passaic, HH • 288-4139 www.biblebaptist.net

Rev. Bill Hegedus, Pastor

Sunday

8:00 a.m. Prayer Partners Meet

8:30 a.m. Early Worship Service (Traditional)

9:30 Discipleship Hour for all ages

11:00 a.m. Morning Worship Service (Contemporary) Evening Service as announced

CORPUS CHRISTI R.C. CHURCH

Boulevard & Kipp, HH •

Offices: 288-4844 • School: 288-0614

Rev. Lewis V. Papera, Pastor

Rev. Raymond M. Holmes

Rev. Jurek Zaslona

Rev. Msgr. Martin O'Brien

Deacon Vincent DeFedele

Sunday Obligation Masses:

5:00 p.m. Saturday (Chapel) 7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),

12 noon (Chapel) and 6:00 p.m.(Chapel)

Daily Masses: (Church)

Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m. **Reconciliation (Confession):** Sat. 4-4:45 p.m.

Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html

School: www.corpuschristischool.net

CHURCH OF ST. JOHN THE DIVINE (EPISCOPAL)

Terrace & Jefferson, HH • 288-0002 Rev. Joseph Pickard, Vicar Erik Soldwedel, Deacon www.saintjohnthedivine.com www.careonthecorner.org

Sunday - 10:00 a.m. Adult Education and Bible Study

11:00 a.m. Holy Eucharist Rite II - Church School

Monday - 7:30 p.m., N.A. Women's Meeting Tuesday & Friday - 12 noon, N.A. Meeting

FIRST REFORMED CHURCH

Burton & Washington Place, HH Church Office: 201-288-1122 Rev. Dianna L. Smith, Pastor

www.churches.rca.org/firstrefhh/ Sunday

9:00 a.m. Sunday School 10:00 a.m. Worship Service

Fellowship Hour follows Worship Service. Child care provided

FIRST UNITED METHODIST CHURCH

57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773

Church and Nursery School Office: 288-4636 Pastor Iraida Ruiz de Porras

Sunday

10:00 a.m. - Worship Service Thursday - 7:30 p.m. - Bible Study

THE CROSS KOREAN UMC

57 Burton Avenue • 393-7890

HOLY TRINITY LUTHERAN CHURCH

92 Burton Avenue, HH • 288-6889

http://users.churchserve.com/nj/htlc/index.html Saturday

5:00 p.m. Communion Contemporary Setting Sunday

9:45 a.m. Sunday Church School/Adult forum

11:00 a.m. Holy Communion

Tuesday: 7:30 p.m. Bible Study

THE COMMUNITY UNITED CHURCH OF CHRIST

Boulevard & Charlton Ave., HH • 288-0622 Rev. Edward J. Glasser, Assoc. Minister

> Sunday - 10:00 a.m. Morning Worship Communion -- first Sunday of the month





Church Schedules: Lodi

FAITH REFORMED CHURCH

95 Washington Street, Lodi • 973-778-4529

IMMACULATE CONCEPTION CONVENT

143 South Main Street, Lodi

Mass: Sunday 9 a.m. • **Daily** (M-F) 7:00 a.m. • **Sat.** 8 a.m.

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125 Union Street, Lodi • 973-779-4330

ST. JOSEPH R.C. CHURCH

40 Spring Street, Lodi • Rectory: 973-779-0643

Rev. Michael Marotta, C.R.M, Pastor

Rev. Americo Salvi, C.R.M., Parochial Vicar

Rev. Jason S. Gaganap, C.R.M, Parochial Vical

Rev. Anastacio "Nony" Villaluz, C.R.M, In Residence

Rev. Mr. Steve Marchese, Deacon **Sunday Obligation Masses:**

6 p.m. Saturday

7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.

Daily Masses: 7:00 a.m., Noon • **Holy Day Mass Eve:** 7 p.m. **Reconciliation (Confession):** Sat. 4:30 - 6:00 p.m.

Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Church Schedules: Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE

221 Moonachie Road Church Office: 201-641-4919 Rev. Kimberly Chastain, Pastor **Sunday**



9:30 a.m. Children's Sunday School 11:00 a.m. Worship Service

ST. MARGARET OF CORTONA (Little Ferry/Moonachie)

31 Chamberlain Ave., Little Ferry • Office: 201-641-2988

Rev. Arthur Frank Humphrey, Pastor

Sr. Dorothy A. Donovan, S.S.J, Pastoral Associate

Sunday Obligation Masses:

Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon **Daily Masses:** Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m. Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m. Rosary for Peace: First Saturdays after 9 a.m. Mass **Reconciliation (Confession):** Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

ASSUMPTION R.C. CHURCH

143 First Street, Wood-Ridge • Rectory: 201-438-5555

Center: 201-933-6118 • School: 201-933-0239

Fr. Brian Cullinane, OFM, Pastor

Fr. Paul Sinnema, OFM

Fr. Thomas Kelly, OFM Fr. Cassian Miles, OFM

Deacon Nicholas Valdez

Sunday Obligation Masses:

5:30 p.m. Saturday

8:00 a.m., 9:30 a.m., 11:00 a.m.

Daily Masses: (Church)

Mon.-Fri.: 7:00 a.m., 8:00 a.m. • Sat. - 8:00 a.m. **Reconciliation (Confession):** Sat. 11:00 - 12:00 p.m.

Assumption Church/School Websites

Parish: www.assumption-parish.org School: www.assumptionschoolwr.org

FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE

190 Valley Boulevard • Office: 201-438-5559 • 201-438-8966

Rev. Kimberly Chastain, Pastor

Sunday

9:30 a.m. Worship Service

MYUNG SUNG CHURCH OF NJ (KOREAN)

Rev. David Suh

Sunday 12:00 • Thursday 8:30 p.m. meeting Monday - Friday 6:00 a.m. meeting

201-681-0773

ST. PAUL'S EPISCOPAL CHURCH/RESURRECTION

Center & Humboldt Streets, W-R • 201-438-8333

Rev. Jacob David, Rector

1st Sunday - 9:30 a.m., Combined CSI & Healing Service **3rd Sunday** - 9:30 a.m., Combined Espiscopal Eucharist **2nd & 4th Sunday** - 11:00 a.m. Malayalam Service

Vestry Meeting: 2nd Sat. 10:00 a.m.





Pentecost in the Park

On Sunday, June 7, 2009, about 60 parishioners from St. John the Divine in Hasbrouck Heights, and St. Martins in Maywood, worshipped in Woodland Park.

The full Service, with Holy Eucharist, celebrated Trinity Sunday, the first Sunday after Pentecost.

A picnic, games and activities followed the Service.

St. John's has been holding this Service in Woodland Park for about 12 years. ###



Paster Yoder Retires

The Reverend George W. Yoder retired as Pastor of Holy Trinity Lutheran Church, Hasbrouck Heights, as of June 30, 2009. A service of closure and Godspeed with Holy Communion was celebrated on Sunday, June 28 at 11 a.m. A

The Reverend George W. reception was held in the feller retired as Pastor of lowship hall.

> Pastor Yoder came to Holy Trinity in December, 2000 and has served both Holy Trinity and Zion Lutheran Church in Garfield since 2004. He was instrumental in implementing a Contemporary Worship Service on Saturdays and introduced Taize liturgy to the congregation. He was active in the Hasbrouck Heights ecumenical clergy group and served as Cluster Counselor for the Meadowlands Cluster for several years. The Meadowlands Cluster includes thirteen congregations located primarily in the southern Bergen County area.

> Pastor Yoder and his wife, Nan, will be relocating to Lancaster, Pa. They will truly be missed by all those who knew them. Story by Marge Heeren. ###



Knights Distribute Bread. In honor of their patron saint's feast day, the St. Anthony Council #11585, Knights of Columbus, located at the Assumption Church, distributed bread at all Masses on Sunday, June 14, 2009. This has become an annual activity since the council was established in 1995. Photo by Marie Gallo. ###

Corpus Christi Church Rosary Society News

At the Newark Archdiocesan Council of the National Council of Catholic Women Biennial Eucharistic Celebration and Brunch, Rosarian Irene Drzewiecki was honored for her years of service to the Rosary Society and the Corpus Christi community.

Irene has shared her time and talent with the Corpus Christi community since the early nineteen sixties.

As a wife and mother of three daughters, her outstanding list of service includes many years of volunteerism at Corpus Christi School, 28 years of weekly care and decoration of the Church and chapel altars, and service as a Minister of the Eucharist for 29 years.

Highlighting Irene's accomplishments is her 47-year membership in the Rosary Society where her work in every aspect of the organization's service and humanitarian programs is unsurpassed.

Over the years, Irene has served as President for a total of ten years, has held various board positions, including the role of Parliamentarian for the last eight years.

She has been a Birthright delegate and continues her involvement by chairing the Annual Baby Shower for their benefit.

Another of her special projects is coordinating the making of quilts, pillow cases, hats and blankets for Tomorrow's Children at Hackensack University Medical Center and the Christmas Stockings for assigned local families.

She is also committed to her trademark social, a "Theme Dinner" to raise funds to support the organization's activities.

Whether it be a visit to Bergen Regional Medical Center for the recitation of the Rosary, preparation of refreshments for the healing Masses or involvement in our annual scholarship fundraiser, Irene is always there, quietly and unselfishly doing her part.

The women of the Rosary Society of Corpus Christi Church congratulate her and thank her for exemplifying what it means to be a Catholic woman of service. *Story by Carol Viceconte.* ###



Baptism Communion Confirmation
Weddings Anniversaries Birthdays
Graduations Ordination Holidays



Hasbrouck Heights Mayor Rose Marie Heck officially welcomed the Jerzey Boyz Boulevard Deli & Grill during their grand opening ribbon cutting ceremony on May 30, 2009. Jerzey Boyz is located at 335 Boulevard (across from the Municipal Building), offers an Italian-American menu (eat-in or take-out) with daily specials, is open 7 days and has on-site parking. ###

Library Offers

programs for all ages.

Summer Programs

Public Library offers summer

a reading game certificate, and an ice cream sundae at the Has-

brouck Heights IHOP. Read

ative dramatics for two age

groups, making a Jackson Pollock-style mural, professional storytelling with lots of

audience participation, a talent show, and many more activities

through 12, the increasingly

popular Talk it Up! and Speak

Out! book discussion groups

will begin on Tuesday, July 7.

Many other activities offered.

ing" Contest for Adults with a

Book Bingo program. Many

201-288-0488, Children's: 201-

288-8911, Young Adult: 201-

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are planned.

prizes offered.

288-6653. ###

• Storytimes for preschoolers and primary grades, cre-

24 books and get a prize.

The Hasbrouck Heights

• Children Grades 1 – 6: Read 9 books for extra credit on your reading grade in the fall,





Moonachie Fire Department News

By Chief Justin Derevyanik

The members of the Moonachie Fire Department are proud to announce the arrival of a new Chief's Command Suburban. It was purchased with a grant from the Meadowlands Commission and donations from Port Authority of NY/NJ.

The Suburban features a state of the art command center with a work station, a new radio system for enhanced firefighter safety and inter-operability with the mutual aid towns and Teterboro Airport.

Special thanks to: Ex-Chief William Hunt for securing the Suburban in his last weeks as Fire Chief, Mayor Fred Dressel, Borough Administrator Anthony Ciannamea and the Moonachie Council for helping with the grants and understanding the Fire Department's needs for our future, and Fire Official Fred Dressel for the lettering donation from the direct penalty.

We also would like to thank 10-75 Lighting in Ringwood for all their expertise with the command center and lighting, and the whole staff and Riedel Signs in Little Ferry for designing a lettering package that is second to none. Feel free to stop by Fire Headquarters to view the new Chief's truck.

The Moonachie Fire De-

partment also received a 1996 Ford F-250 pick-up truck which was a donation from Port Authority.

The truck was in fair shape when received by MFD, but after the night crew spent over 200 man hours restoring the lighting, repairing the engine, repainting the bed and cleaning the entire truck, it is now in excellent shape and ready to serve the town.

This work was done with great taste and perfection -- at no cost to the town. This shows the dedication of all the members of the Fire Department and makes me, as Chief, proud of all the members.

The Moonachie Fire Department is always looking for new members. If you would like to join us you must be 18 years of age. Feel free to stop by Fire Headquarters or contact any member of the Department. ###

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Factory Direct Savings Free Estimates • Contractors Welcome Professional Installation Available

No Payments • No Interest for 12 Months*

161 Woodbine St., Bergenfield, NJ • 201-384-4405 We carry setting materials & tools • Major credit cards accepted Mon./Tues./Fri.: 8:30 am to 5 pm • Wed./Thur.: 8:30 am to 7 pm • Sat. 9 am to 3 pm

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July 4th Children's Patriotic Parade

The Annual Children's Parade is scheduled for 10 a.m., July 4, 2009, at Washington and Burton. Sign-up is 9:30 a.m.

The Hasbrouck Heights Police Department will lead the parade east on Washington to Terrace, south to Kipp Avenue and north to the starting point where prizes will be awarded.

All classifications and categories will be judged prior to the parade.

Prizes will be awarded in the categories of patriotic, most original and most artistic to: costumed children on foot, wagons and tricycles, carriages, strollers, etc., decorated bicycles, floats, and grandparents' corner, with carriages and children on foot. Helmets are required for those on bicycles.

Prizes awarded: First Prize, Second Prize, Third Prize and Honorable Mention. All participants receive medals.

Registration is limited to Hasbrouck Heights children up to 10 years of age, excluding the grandparents' corner.

The event is sponsored by the Mayor's Celebrations Committee.

The HHFD will be on hand for any assistance. ###

VFW Hall Rental

Up to 250 Guests Catering • Dance Floor Plenty of On-Site Parking **Handicap Accessible**

Facilities are also available for Corporate Meetings • Repasts VFW Post 4591 · Hasbrouck Heights Astrid: 201-970-3144 • Post: 201-288-1112

Eudan Realty

Kiwanis to Honor Local Good Neighbors

Do you know a good neighbor who is always willing to lend a helping hand, give advice, listen to your problems, or maybe drive you to shopping, etc; someone who is not looking for monetary gain or personal reward; or someone who has extended himself or herself to you in a crisis? If you do, now is the time to have him or her recognized.

The Kiwanis Club of Hasbrouck Heights and Teterboro, in conjunction with Bill O'Shea's **Florist**, would like to identify those many "Good Neighbors" from our community.

"Good Neighbor Day" this year is Wednesday, September 9, 2009. This will mark the 13th year Bill O'Shea's Florist will be giving away dozens of roses free on a first come, first served basis, and collecting a food donation for the Center for Food Action (CFA). It is also the 4th year that the Kiwanis Club would like to identify and honor those many "Good Neighbors" from our community.

Awards will be presented at a reception on Wednesday, September 9th at 7:00 p.m. at the Senior Center in the Municipal Building.

To submit a nomination, all you have to do is submit an essay of no more than 200 words describing the nominee's good deeds. Be sure to include his/ her name and address as well as yours. Your nomination must be mailed to the address listed below and received no later than Saturday, August 22nd.

Nominees should be residents or work in Hasbrouck Heights who have not received a lot of publicity for their volunteer efforts. They need not be a member of a service club, political party, a Church group or other type of non-profit organization. Age is not a factor in selecting the winners.

Send nominations to: Kiwanis Good Neighbor Awards, 257 Roosevelt Avenue, Hasbrouck Heights, NJ 07604. Story by Peter Gallo Jr. ###

Movie Nite @ Library

The Free Public Library of Hasbrouck Heights cordially invites you to be our guest at our Family Movie Nite! On Friday, August 7, 2009, starting at 7 p.m. till 2 a.m., come to The Library and join in on the lights, camera and action for our big summer bash. We have numerous activities planned for just about everyone including special guest star character appearances, latest screening of movies, karaoke, movie star makeovers, games, and live entertainment by Jim Cruise, the "Spoon Man." Refreshments will be served.

Mark your calendars. Tell a friend. Here's your chance to walk on a red carpet and be the star of the evening. Call 201-288-0488 for details or check us out at http://hasbrouckheigts. bccls.org ###

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m I\!R}$

Pig Roast

On Saturday, July 18, 2009, the Little Ferry Sons of the American Legion, Squadron #310 will host a Pig Roast from 3 p.m. to 7 p.m. at the American Legion Grove, 100 Liberty Street, Little Ferry. Cost is \$20 per person. Children under 12 free. Live music by The Woodpeckers. ###

Horseshoe Tournament

On Sunday, July 12, 2009, from 1 p.m. to 6 p.m., a Horseshoe Tournament will be held at the America Legion Grove, 100 Liberty Street, Little Ferry. \$5 admission includes hot dogs. Event is open to the public.

HH Sidewalk Sale July 30, 31, Aug. 1

Hasbrouck Heights Chamber of Commerce announced its Annual Sidewalk Sale for July 30, 31 and August 1, 2009. This event has been a Boulevard tradition for over 30 years.

Businesses should contact George at 201-288-2130 for more information. Shoppers should mark their calendar.

HHHS Class of 1994

The Hasbrouck Heights Jr./Sr. High School Class of 1994 is planning a 15th year reunion for December 26, 2009. For information, or if anyone knows the whereabouts of classmates, please email all inquiries, addresses and phone numbers to hh94reunion@ yahoo.com ###

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TEB 5K Run July 18th

The 12th Annual PSE&G Teterboro Airport 5K Run is scheduled for 8:30 a.m., on July 18th, 2009 at Jet Aviation (Moonachie Avenue).

The USATF-New Jersey event features: \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, \$2,000 Prize Money, ChampionChip Scoring, United Way Mini-Flyer Dashes, Food, DJ and Pace Plane.

The course is flat out and back with only five turns, two water stops and mile clocks on the runway. Run is 500 USATF-NJ NBGP points.

Early registration is advised. No one will be allowed entry to the airport and race staging area after 7:55 a.m. Everyone entering the airport will be required to show two forms of identification.

Race director is Mark Zenobia. Results will be at: www. compuscore.com. The run benefits the Bergen County United Way. For more info: www.oymp.net/Raceinfo/teterboro_airport_5k.htm ###

See The Mets

VFW Post 4591 will host a Mets outing to the new Citifield to watch the Phillies vs. Mets on August 24, 2009.

A hot breakfast will be served at the Post at 10 a.m. Bus leaves at 11:30 a.m. Hot dogs, sausage and peppers, draft beer and soda will be served upon return to the VFW after the game. Cost is \$60 per person and includes: one ticket and round trip bus ride. For tickets call 201-288-1112 and leave a message. Event is open to the public. ###

Chamber of Commerce to Meet July 21

The Hasbrouck Heights Chamber of Commerce will meet July 21, 2009, at 7 p.m., in The Library. Chamber meetings are held the third Tuesday of every month. ###

> July Birthstone Ruby

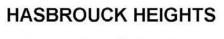
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Wood-Ridge \$419,900
One of a kind Victorian Colonial built circa 1887, in beautiful condition & wonderful character. Spacious 4 level home offers 5 BR's, 2 baths, formal LR and DR with curved high ceilings, MEIK, family room and library. Tour at: www.gatewaytohomes. com/2920987



Hasbrouck Heights \$349,900 Nice starter Ranch on dead end street with sunny LR, DR, kitchen, 2 BRs and full bath. Finished basement w/FR and ½ bath. Features hardwood floors, central air, attached garage, large shed. Tour at: www.gatewaytohomes.com/2908168



Lodi \$575,000

Beautiful, maintenance free 2 Family located in Hilltop section of Lodi. Offers LR, DR, EIK, 3 BRs & 1 bath each floor, plus finished basement w/summer kit., family room & full bath, C/A, separate utilities, garage. Tour at: www.gatewaytohomes. com/2918605



Lodi \$295,000
Tudor style Cape offers 3 BRs & 1.5
baths, LR w/fpl., DR, & kitchen w/
side entrance, Amenities include:
finished basement, hardwood floors,
2 car detached garage and young
roof and utilities. Tour at: www.gatewaytohomes.com/2923707



Lodi \$549,000
Beautiful, like-new 4 BR, 3 bath Colonial set in a cul-de-sac. Features large granite & cherry EIK, FLR, DR & Great Room, large fin. basement. Very large MBR suite w/bath, C/A, fenced in yard and one car detached garage. Tour at: www.gatewaytohomes.com/2920466



Wood-Ridge \$399,000 Spacious fully Expanded Cape offering a separate living level for extended family. Main level; LR, kitchen w/dinette, 2 BR, bath & screened porch. Upper level w/LR, EIK, BR & bath. Fin. bsmnt. w/fpl. Tour at: www. gatewaytohomes.com/2907605



Hasbrouck Heights \$549,000 Nice 2 Family in central location. 1st floor: LR, FDR, EIK, 3 BRs & bath. 2nd floor, LR, EIK 2 BRs and bath. Basement is finished w/Indry room, summer kit & 2 add. rooms & bath. Nice size yard, separate utilities and 2 car garage. Tour at: www.gatewaytohomes.com/2925763



Wood Ridge \$399,900 Well maintained 3 BR, 2 bath Colonial with many updates offers bright LR & DR with sliders to large patio and beautiful backyard. Modern kitchen and finished basement. One car detached garage and convenient location. Tour at: www.gatewaytohomes.com/2924993



Lodi \$355,000 Charming 3 BR, 2.5 bath Tudor style Colonial features LR w/fpl & hardwood floors, large 3 yr. old updated EIK w/maple cabinets & tile floor. FR /ent. to deck, fin. bsmnt w/2nd FR laundry area & half bath. Large 130' deep yard. Tour at: www.gatewaytohomes.com/2833239



Hasbrouck Heights \$469,900 Lovely 2 Family home w/many updates set on oversized lot w/private yard & large deck. 1st floor w/LR, DR, newerEIK, 2 BRs & 2 baths, 2nd floor has 1 BR apt. Offers C/A, full high basement w/OE and half bath. Tour at: www.gatewaytohomors com/2023761



Lodi \$325,000 Charming 3 BR home w/rocking chair porch is located on a quiet street & set on 125' deep lot. Offers generous size LR, DR, kitchen w/mud room & o/e to yard. Full basement w/high ceilings, C/A, hardwood floors, and garage. Tour at: www.gatewaytohomes.com/2918529



Hasbrouck Heights \$345,000 Four bedroom Cape with 1.5 baths. Featuring EIK, hardwood floors, 3 season room, finished basement, detached garage, fenced yard, 1.5 year old roof, convenient location. Tour at: www.gatewaytohomes. com/2920325



Hasbrouck Heights \$449,000 Charming 3 BR Center Hall Colonial set on 125' deep property w/private flat yard & great location. Amenities include entry foyer, FDR, LR w/fire-place, finished basement, sunroom, sprinklers, C/A, attached garage. Tour at: www.gatewaytohomes. com/2917655



Hasbrouck Heights \$479,900 Commuter's delight offering 5 BR's and 2 full baths. Perfect for the extended family. Amenities include MEIK w/DA, large LR, hardwood floors, finished basement, C/A, sprinkler system and paver patio. Tour at: www.gatewaytohomes. com/2918893



Wood-Ridge \$439,900 Spacious Sugar Maple Split features EF, open LR & DR w/cathedral ceiling & hwd. floors, large MEIK, 2 twin BRs & large MBR, FR w/sliders to patio, full basement and walk-up attic for storage, attached garage. Tour at: www.gatewaytohomes. com/2910997

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