

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
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July 2015

★★★★★



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Freedom

The price is incomprehensible. It can only be illustrated in a collection of narratives. On **Veterans Day**, we recognize those millions that served, came home, resumed their interrupted lives. Their experiences influenced and strengthened the fabric of our society. On **Memorial Day**, we recognize those who shed blood and died for freedom's ideals. How does one reflect on that incalculable loss? Men and women whose lives were unfulfilled dreams, Gold Star moms who live with the vacuum and society's lost contributions. Those who served strive to keep the memory alive. They have a deeper appreciation that freedom is not free, and that red, white and blue is not a casual decoration. It's a heavy burden. A privilege to carry. A legacy to be treasured.

Postal Patron

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Farmers' Markets

New Jersey has about 150 community farmers' markets this season. These markets operate one or two days a week, and feature New Jersey farmers selling their just-picked produce.

The **Rutherford Farmers' Market** 18th Season operates at Williams Center Plaza on Wednesday from 11 a.m. to 6 p.m. and Saturday 9 a.m. to 2 p.m. until October 31, 2015.

A variety of Jersey Fresh fruits and vegetables. Also Available: Pickles, pasta, Italian Bread, olive oil, cheeses, baked goods. WIC and Senior FMNP vouchers accepted by some farmers.

The **Hasbrouck Heights Farmers' Market** began on June 16, 2015 and will continue every Tuesday from noon to 6 p.m. until late September, at the corner of The Boulevard and Central (municipal parking lot). The Hasbrouck Heights Farmers' Market hosts over a

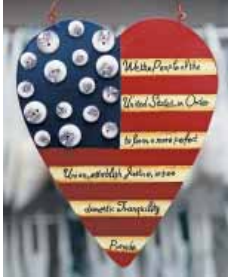
dozen vendors this year, and George is back! There may be a food truck.

A variety of fruits and vegetables. Also available: Bread, cheese, cookies, sauces, jewelry, handcrafts. WIC and Senior FMNP vouchers accepted by some farmers

Vendors, crafters, local artists, musicians, etc., are welcome. According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon at the 2015 Market. Limited positions are available. Call Ray at 201-288-5464 for more information.

On Farmers' Market days, Boulevard businesses in Hasbrouck Heights are permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. Businesses will organize a town-wide sale on the third Tuesday of each month. ###

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Police Chief for a Day

On Friday, June 5, 2015, Bergen County Sheriff Michael Saudino was joined by 20 local and county law enforcement agencies to participate in the Fifth Annual Bergen County Chief for a Day celebration.

Chief for a Day is designed to brighten the lives of local children with chronic health conditions.

The inspirational program provides children and their families with a behind-the-scenes look at the inner workings of law enforcement.

Declan DeBaun was Hasbrouck Heights Police "Chief for a Day."

Donning an official Police Chief uniform, Chief DeBaun was picked up by HHPD Chief Michael Colaneri. Following a school security check, Chief DeBaun toured Hasbrouck Heights Police Headquarters.

They proceeded to Borough Hall for the Oath of Office administered by Mayor Rose Heck and witnessed by Bor-

ough Administrator Michael Kronyak and Borough Clerk Rose Sees.

Chief DeBaun then rode in a patrol car to the Bergen County Justice Department where he participated in a group ceremony and photo-op at 11:30 a.m.

At noon, a motorcade left the Justice Center to The Empire Club where the new chiefs and families enjoyed lunch and a variety of fun activities and entertainment.

Each chief received a plaque commemorating their participation as 2015 Chief for a Day.

This year's honorary Chiefs ranged in age from 6 to 15 years old and are sponsored in our area by the following: Carlstadt Police Department, East Rutherford Police Department, Hasbrouck Heights Police Department, and North Arlington Police Department. ###



A run for the color-a-thon fund-raiser was held at Lindbergh Field on April 26, 2015. Sponsored by the Carlstadt Public School PTA. *Photos by Dennis Kronyak Sr. ###*



Look!!! Is it a bird? Is it a plane? It's...
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- ◆ Guest Appearances of Costume Characters (Great Photo Op Moments! Bring Your Cameras!)
- ◆ Superhero Training Academy for boys and girls to hone their superpowers

Highlights

- ◆ 7 pm— Family Concert: Dance, Dream, Sing! Every Hero Has a Song w/ Sock Rockerz
- ◆ 8 pm & 9 pm (Two Shows) — Incredible Animals with Superpower Abilities w/ Joe D'Angeli from the Wildlife Conservation Center of Ridgefield Park
- ◆ 8 to 10 pm—Super Smash Brothers Wii U Tournament: Do You Have What It Takes to Win?
- ◆ 10 pm — How Do They Do That?: Behind-the-Scenes Look at Stage Combat
- ◆ 11 pm — Movie Screening: To Be Announced **

** Space is limited. Reserve in advance.

Suggested Donation: \$5 for children under 12 yrs old
\$10 for anyone 12 yrs of age and older

Registration must be In-Person. The Library is located at 320 Boulevard.
Call (201) 288-0488 for details or check us out at <http://hasbrouckheights.bccls.org/>

This program is made possible through the generous support & funding provided by the Hasbrouck Heights Friends of the Library.
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Volunteers Keep Wood-Ridge Beautiful

On Sunday, June 7, 2015, over 140 volunteers participated in the 16th Annual Keep Wood-Ridge Beautiful Day. The purpose of this event is to raise awareness of our environment and the impact of litter. Hackensack Street, Valley Boulevard, the ramps on Route 17, together with their newest neighborhood at Wesmont Station, were cleaned while flowers were freshly planted at The Library, Civic Center, Senior Center and Veterans Park on

Valley Boulevard. A shredding event was also held from 9 a.m. - 1 p.m. in front of the Civic Center sponsored by the Bergen County Board of Health and the BCUA. This year's tee shirt art design contest was offered to students in Grades 5-8 with the winner, Ms. Ruri Kim, receiving a check for \$50, compliments of the Mayor and Council with her artwork design and name prominently displayed on the front of each

tee shirt. The Bergen County Department of Health provided use of their cleaning utensils. According to organizers, it was gratifying to see the shared efforts of many organizations in town including the Girl Scouts, Boy Scouts, Knights of Columbus, WRHS students, WRHS Cheerleading, Police Department Auxiliary, Fire/EMS Department, DPW (including Teterboro Airport) and individual families, all working

together with enthusiasm and cooperation for the betterment of Wood-Ridge. Wood-Ridge is a special place to live and it was certainly evident that friends and neighbors take pride in the

community. Residents and business owners do their part to "Keep Wood-Ridge Beautiful" all year round by picking up litter and recycling. They set an example for all to follow! ###

Household Hazardous Waste Collection July 25

Bergen County Utilities Authority (BCUA) will collect household hazardous waste on Saturday, July 25, 2015, from 9 a.m. to 3 p.m., at the BCUA (foot of Empire Boulevard) in Moonachie -- rain or shine. This service is free of charge for Bergen County residents -- ID is required. A partial list of acceptable materials for collection includes: aerosol cans, anti-freeze, batteries, blacktop sealers, disinfectants, fertilizer, fire extinguishers, herbicides, insecticides, mercury switches, paints, pesticides, propane gas cylinders (1 lb. & 20 lb. only), solvents, thinners, used motor oil and varnishes.

A partial list of unacceptable materials includes: unlabeled wastes or containers with unknown contents, regulated medical wastes, radioactive materials and explosives, containers larger than five gallons, compressed cylinders (oxygen or acetylene), pressure treated lumber or railroad ties, computers, electronics and tires. For detailed information log onto www.bcu.org or call 201-807-5825. (Businesses must pre-register prior to attending BCUA sponsored collection events. A disposal fee will be charged and collected. Call 201-807-8696 for details.) ###

Caution on Fertilizer-Pesticide Combinations

Many homeowners and lawn care companies routinely combine fertilizer and pesticides in a series of applications throughout the year. These multi-step programs are promoted as the sure and easy path to the perfect lawn. The pressure to have a perfect lawn, however, has clouded a number of issues and literally mixed ingredients that should be kept separate. Areas of caution include:

- Routine insecticide applications: Most insects found on a lawn are beneficial, and insecticides can harm these beneficial insects, as well as birds, pets and people.
- Routine herbicide applications: Weeds are not the cause of an unhealthy lawn, they are the result. The best

defense against weeds is a thick healthy lawn that comes from proper watering, fertilizing and mowing. Routine herbicide applications are unnecessary and their effects can be misleading. For example, "Weed 'n' Feed" products are widely used to kill dandelions in spring, when the flowers are so noticeable. The curling weeds seem to indicate that the herbicide has been effective, but in fact the herbicide may kill only the top of the weed, not the root.

- Unnecessary nutrient applications: Most commercial fertilizers contain phosphorus, a major water pollutant. Yet many soils already contain enough phosphorus. Low phosphorus or phosphorus-free fertilizers can provide nutrients while avoiding the threat to water quality

In short, applying unneeded pesticides and nutrients in a generic, multi-step fertilizer program can be expensive for the homeowner and harmful to the environment. ###



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You Can Be a Star!

Melissa Ayvas-Manolakakis is directing 2 sessions of Musical Theater Camp for the Meadowlands Area YMCA for ages 5 - 14 in Wood-Ridge, NJ!!! At the Civic Center.

She has been running this program since 2009 and has been teaching music/choir at Wood-Ridge Jr./Sr. High School for 12 years.

She also has her Bachelors in Music Education and Vocal Performance from The College of New Jersey and Masters in the Art of Teaching from Marygrove College in addition to an extensive performance/training background in singing, dancing, acting, musical theater and classical voice. All campers can have a solo, lines and dance!

• **Session 1 - June 29 - July 10, 2015 - a Broadway Variety Show.** Students will engage in all aspects of Musical Theater.

They will be broken down by age and will create their own skit, learn a musical theater dance and sing.

They will focus on: stage directions, vocal techniques, ensemble numbers, acting techniques, improvisational games, featured solos, script reading, stage fighting, skits, theater dance, audition tips and public speaking.

• **Session 2 - July 13 - July**

31, 2015 - "Golly Gee Whiz" (Winner of the National Youth Theatre Award for Outstanding New Musical). The second session has auditions, but all campers will receive a part or parts with lines and solos.

All camp and show times are 1 p.m - 4 p.m. Classes will be held at the Wood-Ridge Civic Center, 495 Highland Avenue, Wood-Ridge, NJ.

The last 2 classes of each session (final rehearsal and performance) will be held at Felician College, Lodi, NJ - John J. Breslin Theater.

Admission to any of the shows is free and campers can invite anyone to come! The shows will take place the last day of camp. The auditorium seats over 1,300 people.

Anyone interested, should contact the **Meadowlands YMCA** for details and/or to sign-up at 201-955-530, visit the website: <http://www.meadowlandsymca.org/main/specialty-camps/> or Melissa Manolakakis at mayvas@gmail.com ###

Car Wash July 11

A car wash will be held on July 11, 2015, from 10 a.m. to 2 p.m. at the VFW Post 809, 100 Main Street in Little Ferry. Cost is \$5 per car. Rain date is July 12.

Proceeds to benefit K-9 Pets for Vets, a non-profit organization. Their mission is to raise money to help in offsetting the cost of acquiring service dogs for Veterans with Post Traumatic Stress Disorder. For more information go to: www.k9petsforvets.info or call 201-647-6785. ###

Show Your Colors ...



July 4, 2015

Felician Summer Reading Program

The Felician Reading Center will offer a Summer Reading Program for students who will be starting Grades 2 – 3 – 4 or 5 in September 2015.

The program will begin on July 13, 2015 and run through July 31, 2015. The classes will be held Monday through Friday mornings. Daily classes are 1½ hours long and will be taught as a group.

The program aims to enhance the Reading and Phonetic Skills already acquired at the student's grade level.

There is a weekly fee for services rendered. The Felician Reading Center is located at 260 South Main Street, Lodi, NJ 07644. For further information, call Sister Mary Andrew at 973-473-7447, extension 123. ###

Charity Craft Fair/Flea Market August 1

Vendors are wanted for a charity Craft Fair/Flea Market for Saturday, August 1, 2015 at the VFW Post 809, 100 Main Street in Little Ferry from 9 a.m. to 3 p.m. Rain date is August 2.

Table space is \$25 outside and \$30 inside. Table rental is \$10 while supplies last. Space is limited. Call Rachel at 201-647-6785 for details.

Proceeds to benefit K-9 Pets for Vets, a non-profit organization whose mission is to raise money to help in offsetting the cost of acquiring service dogs for Veterans with Post Traumatic Stress Disorder. For more information go to: www.k9petsforvets.info or call 201-647-6785. ###

Pig Roast

St. John the Divine will host a Pig Roast on Saturday, July 25, 2015 at 5 p.m. at 229 Terrace Avenue (corner of Terrace and Jefferson Avenues).

Donation is: Adults \$20, Children \$10 and under 7 free. Music provided by "The Pickles." For more information call Vinni at 201-390-1714. ###

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Felician Reading Center

Summer Program 2015

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Call 973-473-7447 ext 123



*Students who will be
going into Grades 2-3-4-5
in September 2015*



Felician Reading Center
260 South Main Street, Lodi, New Jersey 07644

Rutherford Summer Music Concert Series

Rutherford Recreation presents the 2015 Summer Concert Series in Lincoln Park. Concerts start at 8 p.m. The following bands are scheduled to perform:

- June 25 - Rutherford Community Band
- July 2 - Lifespeed
- July 9 - Rutherford Community Band
- July 16 - Jersey Sound.
- July 23 - Rutherford Community Band
- July 30 - Kimon and the Prophets
- August 6 - Trailer Park Mafia (ACDC to ZZ Top)
- August 13 - Larry Stevens Duo
- August 20 - The Original Famous Rays

All concerts are free to the public. In case of rain, Thursday evening concerts will be rescheduled for the following Monday evening. Food and beverages will be available for sale. Bring a blanket or lawn chairs and enjoy the sounds of summer.

The weather hotline is 201-460-3000, ext 3177. For more information, call 201-460-3015. ###

Lodi Summer Concerts

"Concerts in the Park" are held Wednesdays, starting at 7 p.m. to 8:30 p.m. at the Lodi Memorial Park Amphitheater, weather permitting. The 2015 schedule includes:

- July 1 - "New York State of Mind," the music of Billy Joel
- July 8 - "Long Live the Beatles" by the Mahoney Brothers
- July 15 - "Happenings" featuring Bob Miranda
- July 22 - "Brooklyn Bridge"
- July 29 - "The Infernos"

Please bring your own chairs. For more information, call 973-859-7425. ###

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July 4th Children's Patriotic Parade

The Hasbrouck Heights Annual Children's Parade is scheduled for 10 a.m., July 4, 2015, at Woodland Park. Sign-up is 9:30 a.m. in the Pavilion.

The parade will walk around Woodland Park back to the starting point where prizes will be awarded. All classifications and categories will be judged prior to the parade.

Prizes will be awarded in the categories of patriotic, most original and most artistic to: costumed children on foot, wagons and tricycles, carriages, strollers, etc., decorated

Rutherford Annual Baby Parade

The Rutherford Recreation Department 2015 Annual Baby Parade will be on Saturday, July 4, 2015, at 10 a.m. in Lincoln Park. Check-in is at 9:30 a.m. This event is for Rutherford residents, ages newborn to 5 years old. The Grand Prize winner receives a \$100 savings bond. First Place through 6th Place receive \$50 savings bonds. Registration forms may be picked up at the Recreation Office or Borough website. www.Rutherford-NJ.com, and submitted by June 2. For additional information, call 201-460-3015. ###

Community Chest Concludes 69th Year

The Community Chest of Rutherford, Inc. was established in 1946 to consolidate fund raising activities as done in the former World War II Chest organization.

Now concluding the 69th Annual Drive, it represents several generations of volunteers. Non-profit agencies have changed through the years with local Boy Scout and Girl Scout units, The Meadowlands Museum, Rutherford Community Food Pantry, Rutherford Social Services and Starfish of Rutherford are now benefiting from "One Drive For All."

In addition to the mail campaign, other fund raising activities include the annual Post Card Show, participation in the local Multicultural Festival as well as donation collection days at local supermarkets.

Recent disbursements in May included donations to the Boy Scouts and Rutherford Community Pantry.

Preparations for the 70th Annual Drive are underway, but contributions to Rutherford PO Box 263, Rutherford, are always welcome anytime. Every dollar raised stays here in Rutherford to benefit Rutherfordians of all ages. Virginia Marass. ###

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bicycles, floats, and grandparents' corner, with carriages and children on foot. Helmets are required for those on bicycles.

Prizes awarded: First Prize, Second Prize, Third Prize and Honorable Mention. All participants receive medals.

Registration is limited to Hasbrouck Heights children up to 10 years of age, excluding the grandparents' corner.

The event is sponsored by the Mayor's Celebrations Committee. The HHFD will be on hand for any assistance. ###

Trip to Sands Casino August 10

Come and enjoy a day at the beautiful Sands Casino in Bethlehem, PA!

You can play, shop, enjoy a great lunch...or do a little bit of everything! The bus will leave from in front of the Church at 9 a.m. sharp, returning at approximately 5:30 p.m. The price of \$35 includes bus transportation, a \$20 free slots play, and a \$5 food voucher.

Payment is due when the reservation is booked. Checks should be made payable to "MSH Rosary Confraternity," placed with the reservation form in an envelope marked "Sands Trip," and dropped off or mailed to: Most Sacred Heart Rectory at 127 Paterson Avenue, Wallington 07057.

Note: Guests must present valid state or federal issued photo id in order to obtain their Mt. Airy Players Club Card or any motor coach incentive.

For information, call Ginny at 201-715-2087. ###

Pumpkin People in the Park

The Woman's Club of Rutherford will be hosting the first annual Pumpkin People in the Park event. Come and dress up a pumpkin person. Be creative and innovative!

They will be displayed in Lincoln Park, Rutherford, from October 24 through October 30. It's a great way to promote your business or just have some family fun.

Patch plots will be 8' x 10'. Prizes will be awarded for first, second and third place. Entries are limited to a total of 30 on a first come, first served basis.

The deadline for entry forms is September 15, and the cost is \$50 per entry. A pumpkin sign and a bale of hay will be provided. For an application or questions, contact: Donna at 201-939-8815 or 201-675-0978. ###

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Artful Thinking

By Artie Maglionico • Lodi Historian

The Wonders of Westervelt Place Part 2

Happy 4th of July folks ... Yes It's me again your, Artful Thinker, taking you on yet another trip down that peaceful little Camelot called Westervelt Place.

By the way, this is part two of a three part series, so if you missed part one you had better check your re-cycling bin before the truck comes to cart it away. If it isn't in there then check the bottom of the bird cage.

So...where was I? Oh yeah, the wonders of Westervelt Place and the memory of those who made it so "wonderful."

When we were kids we couldn't wait for the warm weather to arrive so we could pack up our worries (*not that there was much to worry about during the summer*) and head up to the Farnham Avenue hills to sit around a camp fire and roast potatoes.

Our favorite spot was at the top of the hill to the right of the water tower. There was a clearing up there, mostly rocks and dirt that was tailor made for building a camp fire.

The rest of those hills, because of the parched grass, were fire prone and not conducive for roasting potatoes unless of course you happened to have a spud in your pocket while the grass burned...which happened at least three times during the course of a summer.

Each kid brought his own potato wrapped in tin foil. My cousin Anthony, who was well versed in the art of open fire cooking (*how he acquired his knowledge remains a mystery, but he certainly knew his stuff*) dug a hole in the ground, lined it with rocks, some paper, twigs and lit a match to it.

Legend has it that he rubbed two sticks together ... not true. The matches were supplied by Johnny Rannou. What was an 11 year old kid doing with matches you ask? How else was he going to light his cigarettes? Not by rubbing two sticks together, that's for sure.

Any way folks we all threw our spuds into the pit waiting

anxiously to taste the results. It just so happened that the night before my mother, Lena, made a delicious meat loaf along with baked potatoes.

Knowing that we were going camping the next day, I took mine and somehow managed to sneak it into my back pack. I stuck a toothpick into the tin foil so I could tell which one was mine and threw it into the fire along with the others.

About 45 minutes later we began to pull them out with sharp sticks and were ready to dig in. I took mine out first, but didn't unwrap it until everyone was ready.

There wasn't a happy camper to be found. I watched as their smiles turned into disgruntled frowns. They were biting into tasteless, under cooked spuds that were cast out of their mouths and back into the smoldering pit from whence they came.

Of course, much to their disbelief, mine was cooked to perfection. What was even more perplexing to them, as they watched me bite into it, was how it managed to have melted butter and parsley flakes dripping off of it. They weren't perplexed for long, but by the time they figured it out I had already wolfed down the evidence.

Since we're celebrating the 4th of July, I figured I'd talk a little about another "Wonder of Westervelt Place" who served in WWII. His name was Armando Maglionico...younger brother of my father Vito, husband of his wife Josephine (*who you read about in part one*) and father of Johnny and Anthony whose names you might have seen pass through my column from time to time.

My father, though never having served in the military, since he had a wife and two

young children to take care of, did his part for the war effort building ships for the Navy.

My dad helped build, among other well-known war ships, the Juno, whose crew included the five Sullivan brothers all of which perished when the ship was torpedoed and sunk by a German U boat.

My uncle Phil the youngest of the Maglionico's and my uncle Mike also served during the war.

Phil took part in the Invasion of Africa while Mike saw action in the Pacific Theater.

Armando served with the Merchant Marines from February 1942 to May 1944. He was drafted into the Army in August of 1944. He was then sent to Fort McClellan, Alabama and later to Fort Meade, Maryland, where he joined the ranks of the Second Infantry Division.

In December of 1944, my uncle Armando was deployed to England and into the throes of WWII. His combat action included the Battle of the Bulge from December 1944 to January 25, 1945.

He saw action in the Ardennes, Belgium, Luxembourg and Nazi Germany. He was involved in the battle of the Rhine in March of 1945 and The Battle of the Ruher in April of that same year. Near the war's end, my Uncle Armando marched through Leipzig, Germany and finally into Prague, Czechoslovakia.

He and his Division made the entire 650 mile journey on foot. The Division lost

3,031 killed in action, 12,785 wounded in action and 457 died of wounds. Armando was sent to Camp Swift, Texas where he was discharged from military service on April 14, 1946.

Other Westervelt men who served in WWII were Louis Albano, John Rannou and Ben Locastro. They, along with my dad and my uncle Art (*who passed away on October*

24, 2007), go down in Artful Thinking history as true "Wonders Of Westervelt Place."

So folks that's about it for the month of July...Hey, if you're enjoying my column don't be afraid to let me know. Even if you're not enjoying it, which is hard to believe, let me know anyway. I look forward to hearing from you...Again Happy 4th of July. ###

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Fireworks are Illegal in NJ

While people want to display their patriotism more than ever this 4th of July, the Hasbrouck Heights Police Department reminds residents and visitors that all fireworks including Chinese firecrackers, Roman candles, M80s, cherry bombs, salutes, M100s, etc., are illegal to possess, use or sell.

Sparklers, which can reach temperatures above 1,200 degrees Fahrenheit, can cause serious burns or set clothing on fire.

Only paper and plastic caps, like those for toy guns, are allowed in New Jersey.

The HHPD stated that residents should leave fireworks displays to professionals who have a municipal permit and insurance as well as experience in handling these dangerous devices.

The Hasbrouck Heights Police Department noted that the vast majority of illegal fireworks are brought into New Jersey by adults and, as a result of such irresponsible actions, a disproportionate number of children suffer injuries.

In an effort to prevent injuries and property damage, state and local authorities have stepped up enforcement activities during the summer "fireworks season" confiscating illegal fireworks wherever found.

In any given year, the State Police confiscate between 500 and 1,000 cases of illegal fireworks or approximately six to eight tons of illegal explosives.

Possession of illegal fireworks is a disorderly person offense and is punishable by a fine of up to \$1,000 and/or up to 30 days in jail. Possession with intent to sell is a Fourth Degree crime, punishable by fine of up to \$10,000 and/or up to 18 months in jail. ###

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Full Buck Moon

The July full moon appears on Wednesday, July 1, 2015, at 10:20 p.m. It is called the "Full Buck Moon."

According to the Farmer's Almanac, July is normally the month when the new antlers of buck deer push out of their foreheads in coatings of velvety fur.

It is also often called the "Full Thunder Moon," for the reason that thunderstorms are most frequent during this time. Another name for July's moon is the "Full Hay Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom.

"Blue Moon"

The July "Blue Moon" appears on Friday, July 31, 2015, at 6:43 a.m.

In recent decades, many people have begun using the name Blue Moon to describe the second full moon of a calendar month.

The time between one full moon and the next is close to the length of a calendar month. So the only time one month can have two full moons is when the first full moon happens in the first few days of the month. This happens every 2-3 years, so these sorts of Blue Moons come about that often.

When is the next Blue Moon, according to the monthly definition? July 31, 2015.

And when was the last Blue Moon, according to the monthly definition? It happened on August 31, 2012.

Two Blue Moons?

Can there be two Blue Moons in a single calendar year? Yes. It last happened in 1999. There were two full moons in January and two full moons in March and no full moon in February. So both January and March had Blue Moons.

The next year of double monthly blue moons is coming up in January and March, 2018 – and then, after that, in January and March, 2037. ###

Conserve Energy
*When not in use,
turn off the juice.*

AHOF Open Cockpit Weekend

On Saturday, July 25 and Sunday, July 26, 2015, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

- The featured aircraft is the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack aircraft designed for battlefield surveillance and light strike capabilities. It is of twin turbo-prop configuration, and carried two crew members with side by side seating.

- A Cobra Gunship Helicopter was recently outfitted with sound to enhance the "pilot" experience.

- Additional aircraft include a one-of-a-kind 1950 Martin 202 airliner and a rare Lockheed-designed 402-2 Bush Master.

- Plus, a "Little-Cut-Up" demonstrator with working controls.

- People, young and old can learn how the flight systems work. Qualified pilots will help guests understand the instruments and controls of these special aircraft.

- The control cab of an Airport Rescue and Fire-Fighting truck will also be open.

Admission: Adults \$8, children (*under 12*) and seniors \$6. Pay one admission -- covers both days.

For more information, call 201-288-6344 or visit their website at: www.njahof.org

The Museum is open Tuesday through Sunday from 10 a.m. to 4 p.m. Group tours, birthday parties and Dare-to-Fly Programs are available.

Founded in 1972, the Aviation Hall of Fame and Museum of New Jersey is dedicated to the preservation of the Garden State's distinguished, two-century aviation and space heritage.

The men and women, whose outstanding aeronautical achievements have brought worldwide recognition to the state, are enshrined in the Hall of Fame. ###

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Tom Brooks was installed at the 2015 Installation Dinner of the Wood-Ridge Lions Club. It begins the third generation of the Young Family participation which began in 1939. His father-in-law, Harvey Young, son of Charter Member Dr. Ike Young, affixed the Lion pin. Provided by Jack Nagel. ###

Wood-Ridge Lions Install Officers, 2014-15 Another Success!

The Wood-Ridge Lions Club completed another outstanding year culminating with the installation of officers on June 4, 2015, at Lasoni's, in North Arlington.

In the 2014-2015 year, donations in excess of \$40,000 were made to various Club causes.

At the May Board of Directors meeting, the Board voted to contribute \$2,750 to each of the following: Saint Joseph's School for the Blind, Camp Marcella, NJ Blind Citizens, Eversight NJ, The Gus Hoene Rehabilitation Center and The Foundation for Fighting Blindness. Also receiving significant contributions were Juvenile Diabetes, DARE, The Wood-Ridge Public Library, and The NJ Special Olympics.

The Club, during the course of the year, continued their annual support of the Wood-Ridge Little League, the W-R PBA Vest Fund and contributed 120 Turkeys and Thanksgiving Food Baskets to the Bergen County Food Action Program, and other special needs within the community. The highlight of the year was the October Grand Gala held at the Fiesta celebrating the Club's 75th Anniversary.

At the installation dinner Club member, Geo Meglio,

Toastmasters Meet Saturday Mornings

Learning to speak in public has now been made easy! The Toastmasters Club, which meets in Rutherford, has weekly programs which provide "hands on" public speaking and leadership training to anyone interested in improving themselves.

The Fairleigh Early Birds Toastmasters Club meets every Saturday morning at 9:30 to 11 a.m. at The Rutherford Library downstairs auditorium. All are invited to attend. Stop in as a guest! For details: <http://4229.toastmastersclubs.org/###>

unveiled the new Club web site (WRLIONS.ORG) where the entire history of the Club, current members and news of upcoming events can easily be viewed. It also gives an overview of Lions International in what is happening with Lions throughout the world.

Club Secretary Dennis Brubaker installed the officers for the upcoming year. King Lion Rich McCullough, 1st V.P., Mark Musella, 2nd VP Mark Czarnecki, Treasurer Buddy Rottini, Secretary Dennis Brubaker, Tail Twister Bob Caruso, Lion Tamer Dan Staley and Membership Chairman Frank Finke.

Board of Directors members are: Past President Dave Gotha, Mike Fett, Ed Garrett, John Marino, Jack Nagel, Mark Olivo, John Podesta, Bob Riccardella, Mike Roman, Al Rottini, Bud Rottini, Carl Rubenacker, Joe Solda and Ken Turturo.

The Club will take the summer off and return in September to begin their 76th year of service to others. Story by Jack Nagel. ###



On April 20, 2015, The Governing Body of The Borough of Carlstadt recognized Erwin Fedkenheuer for serving 52 years as Chairman of the Carlstadt Planning Board. Photo by Dennis Krontyak Sr. ###

Toastmasters Meet Monday Evenings

Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career?

Toastmasters International is a world leader in communication and leadership development.

Meets 1st, 3rd (and 5th, if there is one) Monday of the month (excluding holidays) from 6:30 p.m. to 8:30 p.m. at The Wood-Ridge Memorial Library.

Questions? Contact Diane Rose of Toastmasters at 201-396-0532. ###

The Hasbrouck Heights Chamber of Commerce meets 8 a.m. on the first Wednesday of the month at The Hasbrouck Heights Library. ###

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Press releases welcomed. Photo submission of original and unpublished photos are accepted for exclusive use in The Gazette and/or www.hasbrouck-heights.net. Email original jpg (under 5 meg) and include photo details. Names should be listed left to right. Publisher reserves the right to accept or refuse any advertising. Advertisers assume all liability for all content of advertisements. The Publisher is not responsible for any loss claimed by advertiser in cases of errors or omissions.
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Over 30 Pick Up Basketball

Weather permitting, area residents over 30 are welcome to play half court basketball at Veterans Park in Wood-Ridge on Sundays starting at 9 a.m. ###

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Must be 16 years of age. EOE/AA

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For the day or night shifts for local school, cleaning classrooms, hallways, bathrooms, cafeteria and/or gymnasium.
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Must be 18 years of age. Equal Opportunity Employer.

TEB 5K Run July 18

The 18th Annual PSE&G Bergen County United Way Teterboro Airport 5K Run is scheduled for 8:30 a.m., on July 18, 2015, at Jet Aviation (Moonachie Avenue).
Last year's event attracted about 600 runners and this year even more are expected.
Well known as a "must-run" summer race, the course is certified and sanctioned by USATF and is a Grand Prix Series Race.
The course is flat out and back with only five turns, two water stops and mile clocks on the runway. Run is 500 USATF-NJ NBGP points.
Over \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, Chrono-Track B-Tag Scoring, United Way Mini-Flyer Dashes, Food, DJ, etc.
Registration fee is \$25 before July 13, and \$30 on race day. Early registration is advised. Registration site – www.raceforum.com/teterboro.
Security will be tight. Two forms of ID are required. All bags are subject to be searched. No one will be allowed entry to the airport and race staging area after 7:55 a.m.
Proceeds will be used to provide direct services to the most vulnerable residents in our community.
Race director is Cheryl Moses. Results will be at: www.compuscore.com. For more information go to: www.bergenunitedway.org ###

Moonachie Shred-it Event July 18

Valley National Bank announced that it will host an Identity Theft Awareness Event on Saturday, July 18, 2015, from 9 a.m. to 1 p.m. at the Moonachie branch, located at 199 Moonachie Road, Moonachie.
This event is partnered with USA SHRED, which will provide an on-site truck to shred personal and confidential documents, at no cost, to help customers avoid becoming victims of identity theft.
The branch is also holding a Food Drive to "Help Shred Childhood Hunger." Donations will benefit the Center for Food Action in Moonachie.
Residents from the community are encouraged to bring documents such as old bank statements, checks, income tax returns, credit card statements, etc., that can be shredded on-site, for free.
Staff members will discuss effective measures that can be used to reduce the risk of fraud and identity theft.
For more information about this event, please contact Branch Service Manager Sharon Farhat at 201-807-1905 or by email at sfarhat@valley-nationalbank.com. ###

Ketcho's Father-Son Golf Classic

The Ketcho's 8th Annual Father-Son Golf Classic will be held on Saturday, July 25, 2015 at Glen Brook Golf Club, Stroudsburg, PA.
Shotgun start is 7:30 a.m. Cost is \$125 per player and includes continental breakfast starting at 6:30 a.m., 18 holes of Championship golf, cart, greens fees, with barbecue awards/raffle ceremony all afternoon. Event hosted by The Ketcho Boys.
Make checks payable to The Carl Inserra Leukemia Fund and send to: 303 Ottawa Avenue, Hasbrouck Heights, NJ 07604. Sponsorships available. For more information call 201-220-7831 or email: ketcho@aol.com ###

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Speaking From Spirit

On July 20, 2015, at 7 p.m. The Carlstadt Public Library will host a demonstration of Mediumship and a discussion of RoseMarie Rubinetti Capello's new book, "Speaking From Spirit."

RoseMarie will bring forth those Spirits who seek to make connection with people in the audience. The connections and messages often affect the whole group deeply and profoundly.

If you have ever wondered what Mediumship is or how it works here is your chance to experience it. She will also answer any questions on the process of Mediumship, the book, energy or the understanding of Spirit.

No registration required. All are welcome!!

For more information visit carlstadt.bccls.org or call 201-438-8866 ex. 204. ###

The History of Books

On Monday, July 27, 2015, as part of The Wood-Ridge Memorial Library's Summer Reading Program, the Museum of Early Trades and Crafts will present their program that goes through the history of books and every participant will have a chance to make their own book! The event will be held at the W-R Civic Center, with adults at 6 p.m. and children (ages 7 and up) at 7:30 p.m. Registration is required. ###

Free Friday Matinees

The East Rutherford Memorial Library will be hosting Friday Matinees at 2 p.m. All movies are free of charge, for adults only. Some of the movies include "American Sniper" and "Selma." In addition, coffee and snacks will be provided. For any additional questions please call 201-939-3930. ###

Carlstadt Movie Tuesdays!

Let Carlstadt "take" you to the movies every second and fourth Tuesday of the month at 1:30 p.m. for a feature film.

Popcorn and beverages will be provided. No registration required for this free event! Call 201-438-8866 ex. 204 for more information about this month's selections. The Carlstadt Library is located 420 Hackensack Street, Carlstadt. ###

Tour Our Coastal History

The East Rutherford memorial Library will present author and photographer, Kevin Woyce on Monday, July 20, 2015, at 2:30 p.m.

Take a colorful tour of our coastal history, from the long-ago days of pirates, shipwrecks, and lighthouses to the founding of today's most popular summer resorts.

Registration is requested as space is limited. Register on line by visiting, eastrutherford.bccls.org or call 201-939-3930. ###

Sankofa Stories

Carlstadt Public Library presents Sankofa Stories by master storyteller, Shirley Johnson, on July 22, 2015, starting at 7 p.m.

Shirley Johnson, storyteller of African-American and multicultural tales, captivates her audiences with highly energized and creative presentations. Mark your calendars for this truly special event!

This event is free and open to the public. For more information call 201-438-8866 ex. 204. ###

ER Library Offers Computer Classes

The East Rutherford Library offers a roster of basic, one-session classes that include: Introduction to Computers, Internet Search for Beginners, Getting Started with E-mail, Introduction to Microsoft Word, introduction to the BCCLS catalog and digital resources such as Mango (*language learning*) and Hoopla (downloadable movies, e-books, music and television).

Classes are available to East Rutherford patrons. Sessions last approximately one hour. Advance registration is required. For further information, contact The Library at 201-939-3930. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, July 1, 2015, at 6:30 p.m., to discuss "The Goldfinch" by Donna Tartt. The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. For more information, e-mail Peg Mellett at mellett@bccls.org ###

Monday Evening Book Group

On Monday, July 13, 2015, at 6:30 p.m., the Monday Evening Reading Group will meet at The Rutherford Public Library Glass Room to discuss "The Turn of the Screw," by Henry James. Copies of the book are available at the circulation desk. ###

A Gate at the Stairs

On Friday, July 10, 2015, at 1:30 p.m., the Daytime Reading Group will meet at 55 Kip Center to discuss "A Gate at the Stairs," by Lorrie Moore. Copies of the book are available at The Rutherford Library circulation desk. ###

Me Before You

The Carlstadt Evening Book Club will be discussing "Me Before You" by JoJo Moyes. The next meeting will be July 8, 2015 at 7 p.m.

Light refreshments will be served. New members are always welcome! For more information visit carlstadt.bccls.org or call 201-438-8866 ex. 204.

The Carlstadt Library is located 420 Hackensack Street, Carlstadt. ###

Under the Tuscan Sun

On Tuesday, July 28, 2015, 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of "Under the Tuscan Sun." After the abrupt end of her marriage, a literature professor and writer impulsively purchases a crumbling villa in Tuscany and starts her life anew. Starring Diane Lane. The film will be shown in The Library Auditorium. ###

Mark The Magician

The Wood-Ridge Memorial Library Summer Reading Kickoff Event begins with The Stories of Heroes Magic Show, with Mark the Magician, on Tuesday, July 7, 2015 at 6:30 p.m. at the WR Civic Center.

Mark the Magician blends comedy, magic, audience participation, and balloon animals into a totally unique, one-of-a-kind, entertaining and educational extravaganza for everyone!

This event is for all ages. Registration required. ###

W-R ESL Classes

The Wood-Ridge Memorial Library holds ESL classes three times a week, every Monday, Wednesday and Friday morning at 10:15 a.m. No registration is required. ###

Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library on Monday, from 10-11:30 a.m. and on Thursday, from 1-2:30 p.m., to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, call 201-939-8600, ext. 7. ###

Teen Cafe

On Wednesdays, starting at noon, The Lodi Memorial Library offers teens (*age 12 to 18*) an opportunity to meet and talk about technology, fashion, movies, music and books. For more information, call 973-365-4044. ###

Get County College Entrance Exam Help

If you (*or someone you know*) is planning to take the County College Entrance Exam, let The W-R Memorial Library know, and they will coordinate appointments with a volunteer tutor who has been helping new County College students with test preparations.

If interested call 201-438-2455. They will take your contact information and schedule a convenient time for you and the tutor. ###

ER Crafts Circle

The East Rutherford Memorial Library Craft Circle meets 6:30 to 8 p.m. the 1st, 3rd and 5th Thursdays of every month. Beginners welcome. For more information call Chris at 201-939-3930 or email hartigan@eastrutherford.bccls.org ###

ER Library Book Club Meets July 15

The East Rutherford Memorial Library Evening Book Club meets the third Wednesday of every month at 6:30 p.m.

On July 15, 2015, they will discuss "The Immortal Life of Henrietta Lacks," by Rebecca Skloot. For more information call 201-939-3930. ###

Free Movies

On Wednesday, starting at 1:30 p.m., free movies will be shown at The Lodi Memorial Library. For more information, call 973-365-4044. ###

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In Memoriam

Gloria Troisi

March 1928 – May 2015

With your generous spirit and enthusiastic dedication as a fundraiser, volunteer, Trustee and Board President, you were instrumental in helping The Wood-Ridge Memorial Library enter the Bergen County Library Consortium and add the new north wing to our building, among other things. You will be greatly missed. Rest in peace.

With appreciation and gratitude from the current and former Staff members and Friends of the Library.

Lodi Library Gaming Days

Children from Kindergarten age and up can play a variety of games.

- Minecraft, Tuesday, July 7, 14, 21 and 28, 2015, from 4 to 5 p.m., children learn a little bit of geology, geometry and electrical circuits while socializing and team building.
- On Monday, July 6, 13, 20 and 27, 2015, from 4 to 5 p.m., it's Wii Gaming.
- Board Games on Monday and Tuesday at 6:30 p.m. and Friday at 4 p.m. Come finish your homework at The Lodi Library and then play fun board games together with friends and family. For more information, call 973-365-4044. ###

Pinball Power

Do you love to play the pinball machine at the arcade? Children ages 6 and up are invited to make their own pinball machine at The Rutherford Public Library on Wednesday, July 22, 2-15, from 3:30 p.m. to 4:30 p.m. Registration is required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Lodi Crafts and STEM Mondays

On Monday, July 13, 20 and 27, 2015, from 3 to 4 p.m., The Lodi Memorial Library offers parents and children Kindergarten age and up, the opportunity to share and make crafts together, or experience science experiments. For more information, call 973-365-4044. ###

STEM Projects

At The Lodi Library, build STEM projects on Thursday, from 11 a.m. to noon on July 9 with Play Operation with MakiMaki and July 23, 2015, make your own paper circuit. Registration required. ###

Lodi Computer TinkerCad Classes

On Monday, starting at 5 p.m., The Lodi Memorial Library offers Computer TinkerCad Classes where you can print your creations on their 3D printer. No class July 6. For more information, call 973-365-4044. ###

Music With Miss Fran

Miss Fran will present her music program for children up to the age of 6 on Thursday, July 9, 16, 23, and 30, 2015, from 3:15 p.m. to 3:45 p.m. at The Rutherford Public Library. She will bring her guitar and play favorite familiar children's songs for dancing and fun.

No registration is required. This program is funded by The Friends of The Library of Rutherford. ###

Music Concert

Children, ages 2-6, are invited to Kurt Gallagher's music concert at The Rutherford Public Library on Wednesday, July 15, 2015 at 3:30 p.m. There will be bubbles! Registration is not required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Secrets of Animal Powers

Snakes-N-Scales & Turtle Tales presents "Secrets of Animal Powers" at The Rutherford Public Library on Wednesday, July 8, 2015 at 3:30 p.m. See live snakes, spiders, and other creatures who must be strong in order to survive in the wild. For ages 5 and up. No registration is required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

W-R Storytime for Preschool Pals and Toddler Time

- Preschool Pals: Every Tuesday, at 12:30 p.m., children ages 4-5 can enjoy weekly themed story time, songs, and a craft.
- Toddler Time: Every Thursday, at 10:30 a.m., children ages 3 and under can come in for weekly themed story time, songs, and a craft. Registration is required; space is limited. Call 201-438-2455 to register. ###

Hanging Out With Heroes

Children, ages 4 and up, are invited to stop by The Rutherford Public Library on Wednesday, July 29, 2015, at 3:30 p.m. when Two of a Kind will present "Hanging Out with Heroes at The Library," songs about real and fictional heroes. No registration is required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Paws for Reading

Young Readers Wanted! On Monday, July 6 and Tuesday, July 28, 2015, from 6 p.m. to 7 p.m., come to The Wood-Ridge Memorial Library and sharpen your reading skills by reading to the wonderful certified therapy dogs, Rodney and Teddy.

Children, ages 5 and older, sign up for a 15-minute session to read to a friendly dog.

Therapy dogs, provide a safe, nurturing experience for beginning and struggling readers to practice their reading skills. All readers are invited.

A variety of books will be provided, but feel free to bring your own. Registration is required. Call 201-438-2455. ###

Paws to Read

Rodney, a registered therapy dog will visit The Rutherford Public Library with his owner.

Children, ages 5-11, may reserve a 15 minute time period with him to practice their reading skills in a very relaxed atmosphere. They will gain confidence in their reading ability and make a new friend at the same time.

Rodney will be at The Library on Monday, July 20 and 27, 2015 from 4 p.m. to 5 p.m. Registration is required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Rutherford Chess Club

Stop by The Rutherford Public Library for a game of chess on Thursday, July 9, 16, 23, and 30, 2015, from 2 p.m. to 3 p.m. Led by an experienced, adult chess player, this program offers children ages 7 & up the opportunity to pick up a few tips and improve their chess strategy. Registration is required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

W-R Chess Club

The Wood-Ridge Memorial Library hosts a free Chess Club every Wednesday, from 3:30 p.m. – 4:30 p.m. for children and 4:30 p.m. – 5 p.m. for adult beginners only (*adults must register*). Designed for children of all ages and ability levels, the Chess Club is led by a coach who can teach new chess players the basics, and help experienced children sharpen their skills. ###

Libraries Are Fun!

Drop-In Storytime

The Rutherford Public Library will host a morning drop-in storytime program on Wednesday, July 8, 15, 22, and 29, 2015, from 10:30 to 11 a.m. All children up to the age of 6 and their caregivers are warmly invited to stop by for stories, fingerplays, singing, and creative fun. Make some new friends and get ready for reading! No advance registration required. ###

Lodi Storytime

The Lodi Memorial Library invites children, ages two to six and their parents to dance, sing, stretch, listen to stories from noon to 1 p.m. For more information, call 973-365-4044. ###

Book Bingo

Book Bingo will be held at The Rutherford Public Library for ages 7 and up on Tuesdays, July 7, 14, 21, and 28, 2015 from 3:15 p.m. to 4 p.m. Child needs to be able to read in order to play. Registration is required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Lodi Book Buddies

On Tuesdays and Wednesdays, from 2 to 4 p.m., The Lodi Memorial Library offers Book Buddies where you can have a teen volunteer read a book to you. Counts towards your summer reading log. For more information, call 973-365-4044. ###

Rutherford Summer Reading Club

Children can earn small prizes for continued reading throughout the summer by joining The Rutherford Public Library's "Every Hero Has a Story!" Summer Reading Club. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Heights Library Summer Story Time

Start your summer mornings with stories! Story Time runs for six weeks starting July 7 and concludes on August 13, 2015. Registration is required.

- Tiny Tots- Ages: Birth - 2 1/2 and their caregiver. Tuesday, 10:30-11:15 a.m. Starts July 7.
 - Drop In - Ages: 2 1/2 to 6. Wednesday, 10:30-11:15 a.m. Starts July 8.
 - Preschool - Ages: 3 1/2 to 6. Thursday, 10:30-11:15 a.m. Starts July 9.
- Call 201-288-0485 to register by phone, or sign up online at <http://hasbrouckheights.bcls.org/> ###

Crafty Kids

Children are invited to make the following crafts at The Rutherford Public Library: Monday, July 6, 2015, at 4 p.m., Lantern, for ages 5 and up; Thursday, July 9 at 10:30 a.m., Scratch Art bracelet, for ages 4 and up; Tuesday, July 14 at 10:30 a.m., decorate a visor, for ages 4 and up; Thursday, July 16 at 11 a.m., Flying Butterfly, for ages 6 and up; Tuesday, July 21 at 11 a.m., Sand Art Pen, for ages 7 and up; and Tuesday, July 28 at 11 a.m., Paper Chain Snake, for ages 5 and up.

Registration is required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Arts in Action

Learn, create, get a little messy, and have fun at the Rutherford Public Library! Children, ages 7 and up, are invited to register initially for 2 of the following dates. If space is available, you will be contacted and be permitted to register for additional classes.

Art will be conducted on Friday, July 10, 17, 24, and 31, 2015, from 10:30 a.m. to 11:30 a.m. Registration is required. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Children's Friday Afternoon Matinee Movie Series

The following movies will be shown at The Rutherford Public Library beginning at 2 p.m., for children ages 4 and up: Friday, July 10, "Big Hero 6," Friday, July 17, "Annie," Friday, July 24, "Jake and the Neverland Pirates: Battle for the Book," and Friday, July 31, "SpongeBob the Movie."

No registration is required. An adult caregiver must remain with any child under the age of seven for the duration of the film. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Legos Build

The Lodi Memorial Library invites future architects and engineers, Kindergarten age and up, for a Legos Build on Tuesday, July 21, 2015, from 3 to 4:30 p.m. They supply the Legos, you supply the imagination. For more information, call 973-365-4044. ###

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Pierrepont Students Participate in Relay for Life

Seventh Grade students from Rutherford’s Pierrepont School united to form a successful group supporting Relay for Life. Group members raised over \$1,000 to benefit this important cause.

The “Soul Savors” enjoyed spending an evening taking turns walking the track at Tryon Field. They continued to reminisce about the wonderful experience while back at Pierrepont School.

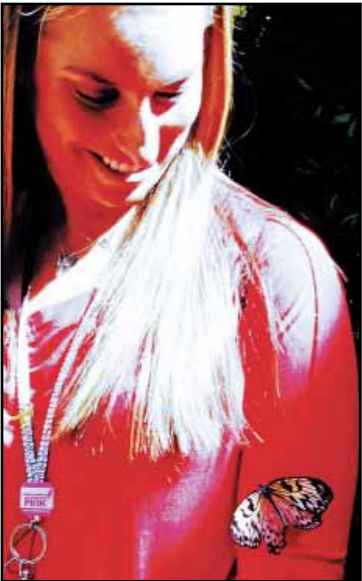
Pictured in front row left to right: Mary Elena Chaimowicz, and Jade Gibson.

Second row, left to right: Sophia Panella, Jasmine Alzaza, and Katelyn Sullivan.

Third row, left to right: Casey Beidel, and Brianna Rodriguez.

Back row, left to right: Jennifer Netelkos, Sarah McGowan, and Delaney Manning.

Provided by JoAnn Hughes. ###



World of Wings

The Kindergartners at McKenzie School in East Rutherford recently visited World of Wings in Teaneck to enhance their study of butterflies.

Highlights of their trip included the butterfly atrium and a live reptile exhibit. Pictured is Mrs. Foote, Kindergarten teacher, in the atrium. *Provided by Karen Dey. ###*



STEM at Rutherford’s Union School

Students in Ms. Nicole Zayatz’s Grade 8 math classes have been working hard on STEM projects.

Students were able to choose any project that involved the principles of STEM. Students explored a variety of projects including building cranes, paper roller coasters, catapults, solar powered cars and ovens, zip lines that hit a target, bristle bots, water powered hands, a Ferris wheel, and more.

Students wrote daily journal entries which outlined their building process and challenges that came up along the way. Students were able to modify their projects to enhance the designs.

The students also used their math and problem solving skills learned throughout the year to assist them in the building process. These creative, engaging hands-on projects were enjoyed by all of the students.

Captions for photos: Andrew Chun and his paper roller coaster, Kyle Sanzo and his wooden crane and Jessica Skinner and her bristle bot. *Provided by JoAnn Hughes. ###*



Hero Stories

Maria Russo, children’s librarian at the East Rutherford Memorial Library, visited all of the grade levels at McKenzie School to promote the public library’s summer reading program, “Every Hero Has a Story.” She also shared selections from grade-appropriate fiction and non-fiction books.

Provided by Karen Dey. ###



Free Concert

First Presbyterian Church of Rutherford will host world-class percussionist, Clara Warnaar, in a concert featuring the marimba, on Wednesday, July 8, 2015, 7:30 p.m.

Ms. Warnaar has studied and performed widely in the United States, Canada, and Europe. Her concert in Rutherford will present music from different cultures and periods and will appeal to listeners of all ages.

The event is free, with donations accepted, and will include refreshments. The Church is located at 1 East Passaic Ave., Rutherford.

For more information, please call the Church office: 201-438-3569. ###

Troop 17 Camped At Stony Point

On May 8, 2015, Boy Scout Troop 17 went on a 2 night trip to Camp Bullowa in Stony Point, NY. The Scouts set up camp in the Dan Beard site which overlooks the lake and amphitheater.

They camped and cooked meals using the patrol method. The Scouts completed the orienteering (map and compass) course to fulfill rank requirements. The Scouts were instructed in the proper methods of using an axe to cut wood for the nighttime campfire.

Any boy, middle and high school age interested in Scouting, is invited to attend a meeting on Wednesday at 7:30 p.m. at the Corpus Christi ECLC. ###



Pennies for Patients

McKenzie School in East Rutherford participated in the annual “Pennies for Patients” fundraiser to benefit the Leukemia and Lymphoma Society. The annual project, spearheaded by Mrs. Alberta, school secretary, and Mrs. Saab, school nurse, raised \$3,418.78. Pictured is Mrs. Nastro’s Third Grade class which collected the most money for the cause. *Provided by Karen Dey. ###*



Young Artists Honored

East Rutherford Mayor James Cassella, and Councilman Jeffrey Lahullier, and members of the E.R. Beautification Committee took time to honor young artists from A.S. Faust Intermediate School at the regular Council meeting on May 19, 2015.

Awards were presented to Sophia Cassella, Heather Almeida, and Chloe Jamie for their winning designs for the “Children’s Lane” art in the park contest.

Pictured: Mayor James Cassella, A.S. Faust Principal Regina Barrale, Sophia Cassella, Heather Almeida, and Chloe Jamie. *Provided by Jessica Gerity. ###*



Rube Goldberg

Pictured with their Rube Goldberg type of invention are Fourth Graders Jaden McClarnon and Alicia Rutkowski of McKenzie School in East Rutherford. The theme of their machine is a “Fantastic Farm” which they created as part of the enrichment program’s science exhibit. *Provided by Karen Dey. ###*



The R. L. Craig School 8th Grade Class of 2016 held a car wash on Saturday, June 6, 2015 at the Moonachie Civic Center from 9 a.m. to 3 p.m. Donation was \$5. Proceeds supported 2016 8th Grade Washington Class Trip. ###



Wildcat Patrol

McKenzie School in East Rutherford is pleased to report the successful launch of the safety patrol program known as the Wildcat Patrol. The program is a modified version of the Automobile Association of America's (AAA) nationally recognized safety program. The patrol members help inside the school to promote safety and positive student conduct. This year, eighty-one Third and Fourth Graders are serving their school. They have been divided into two teams that will assist every other month in various stations throughout the school day. Students had to go through an application and selection process which included recommendations from parents and teachers.

Pictured is Safety Patrol member Vivian Reynoso and her family with the Wildcat Safety Patrol Professional Learning Committee (Mrs. Corsale, Mrs. Moreno, Mrs. Dey, Ms. Thielker, Mr. Scelsa, and Mr. Peeters) and Mr. Barrow, Principal, after receiving a Merit Award for Exemplary Service. Vivian responded to a student emergency with courage and leadership. *Provided by Karen Dey. ###*



Sister Mary Ramona Borkowski (seated), founder of the Felician School for Exceptional Children, and Sister Rose Marie Smiglewski, Director, pose with seven graduates of 2015. *Provided by Sister Virginia Tomasiak. ###*



Jack Nagel presented the Audrey L. Nagel \$1,000 scholarship to Corpus Christi Eighth Grade graduate, Meaghan Ann Morano.

Audrey was a 1962 graduate of Assumption School in Wood-Ridge. The award was first presented in 2010 at Assumption School. Since the school's closing it is now awarded yearly to an Assumption Parishioner that attends a local parochial grammar school and will attend a Catholic High School this coming fall. Audrey passed away in 2009 following a 9 1/2 year battle with breast cancer. An excellent student, who was devoted to the school and parish, she went on to a successful business career. A loving wife and wonderful mother, Jack established this award so she would always serve as a role model for the students of Assumption Parish. ###



Pictured are Emily Tello (Grade 7), Walter Beese, Alessandro Winand (Grade 5), Meaghan Beese, and Salome Siradze (Grade 7)

The Carlstadt Public School Talent Show

On Friday, June 5, 2015, the Carlstadt Public School PTA hosted its 8th annual "Stars Over Carlstadt" Talent Show for children from Carlstadt Public School. It was a success again this year with children from Kindergarten to 7th Grade participating by dancing, singing, performing acrobatics, playing instruments, and telling jokes.

The participants were: Matthew Sorrentino, Shayla Maurer, Sara Sabia, Isabella Cortina, Alessandra Hernandez, Alyana Bula, Jamalyn Colon, Sandra Nizborski, Savannah Mitchell, Derek Mitchell, Michael Sorrentino, Aiden Hanson, Trinity Hanson, Tiffany Hanson, Alexandria Suydam, Abrielle Amodia, Kaelyn Amodia. Sophia Benteftifa, Alessandro Winand, Verinica Guerra, Guilia Dilemme, Shayna Tyndall, Macy Thompson, Liliana Seoror, Alannah Johnson, Kyra Miller, Kori Strong, Reilly Sylvester, Emily Tello,

Salome Siradze, Gianna Penna, and Kyleigh Fay.

All of the acts did a great job, as shown by the enthusiastic applause of the packed Carlstadt Public School Gym. Committee Chairwoman, Liz Sylvester, did a wonderful job putting the show together with her committee of Lucia Guerra, and PTA President, Elizabeth Penna, and the stage crew of Scott Sylvester, and Darren Kretzmer. Walter Beese was the emcee again this year with assistance from his daughter, Meaghan Beese.

The PTA would like to thank everyone that helped with the show, participated, and came to support these wonderful young performers again this year. ###

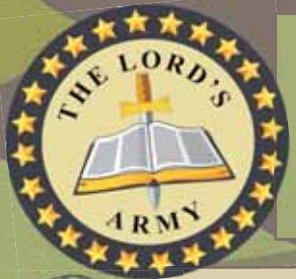
Lodi Oldtimers Little League Announces 2015 Scholarship Winners

Each year, the Lodi Oldtimers Little League awards a \$500 scholarship to both a male and a female student. Additionally, the Pam Panagiotou Memorial Scholarship fund, also administered by the Lodi Oldtimers, awards a \$500 scholarship to either a male or female student. The applicants are required to write a 500 word essay on their Little League experience, provide proof of acceptance at a College and provide a copy of their High School transcript.

The winners of this year's George Spero Memorial Scholarship Award are Jordyn Piparo and Adam Petrillo. The winner of the Pam Panagiotou Memorial Scholarship Award is Samantha Pontillo.

The awards were presented at an All Star game at the Little League field on Church Street in June. ###




**Good manners
are always in style**



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You are invited to join
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Bible Baptist Church
31 Passaic Avenue Hasbrouck Heights, NJ

For more information speak to
Sergeant Major Joe Hegedus
201 288- 4139 ext. 17 or at
Joe@Biblebaptist.net



Carlstadt
A compilation of the Carlstadt Memorial Day Parade on May 25, 2015, which started at Borough Hall with a Memorial Service at Veterans Park, then continued to Berry Lawn Cemetery, and held a small ceremony, where flags were placed *Photos by Dennis Krontyak Sr. ###*

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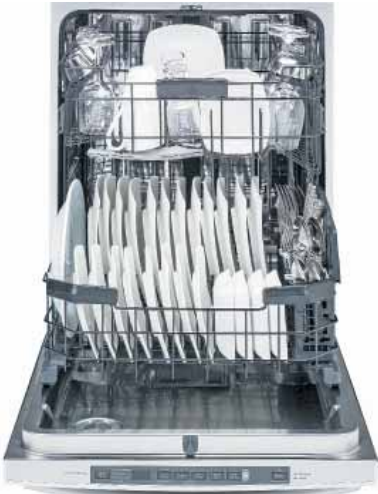


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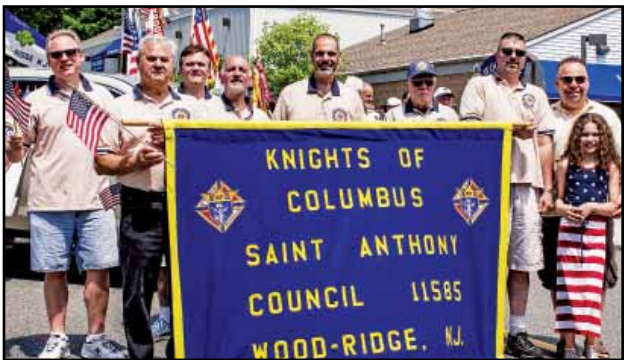
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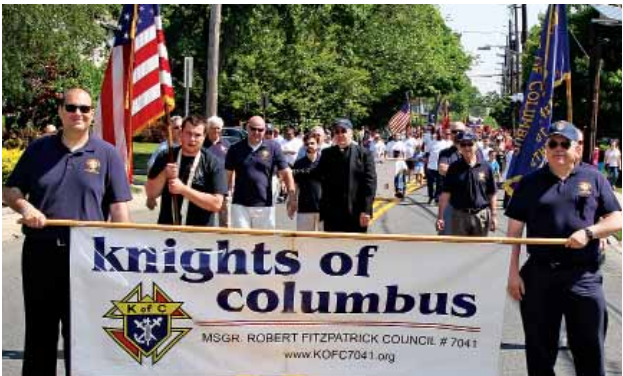
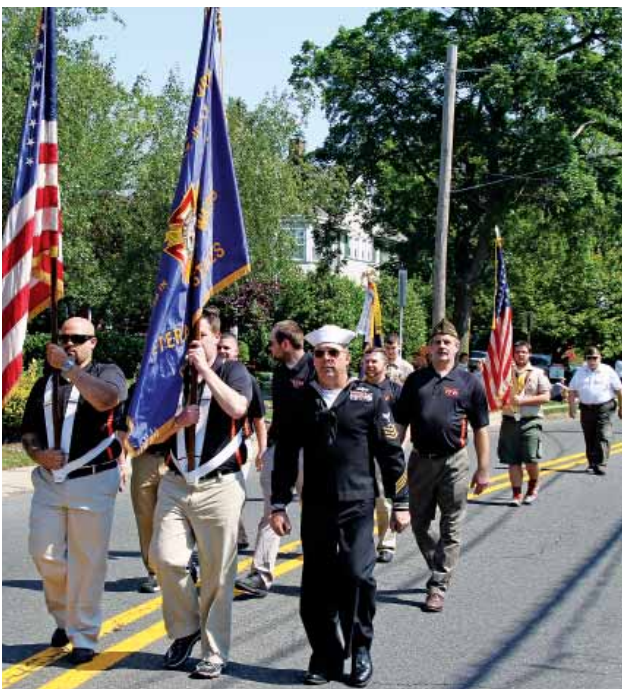


Wood-Ridge

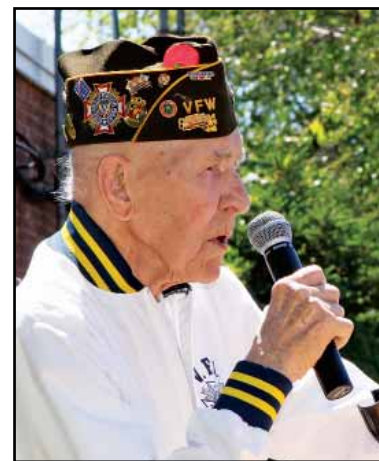
The Wood-Ridge Memorial Day Parade was held on May 25, 2015, beginning at the Veterans Monuments on Hackensack Street and concluding at Veterans Park on The Boulevard where there were refreshments and live music. *Photos by Marie Gallo.* ###

Hasbrouck Heights

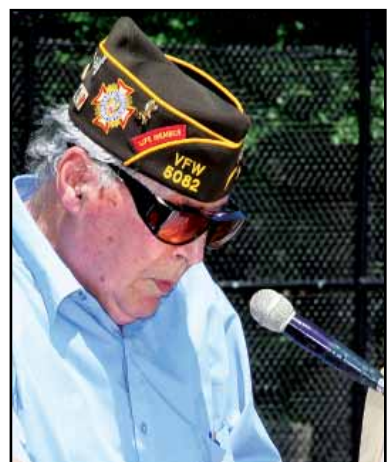
The Hasbrouck Heights Memorial Day Parade was held on May 25, 2015, beginning at Williams Avenue and traveling along Terrace and concluding at Veterans Park where a Memorial Service was held. ###



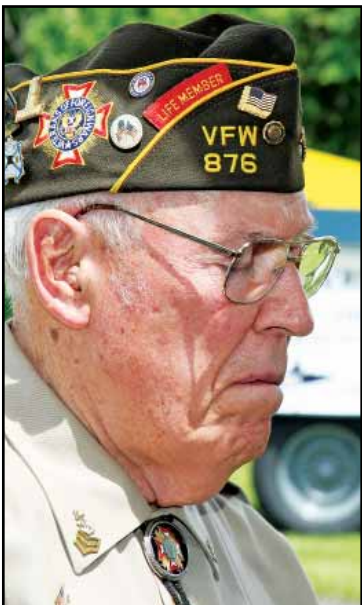
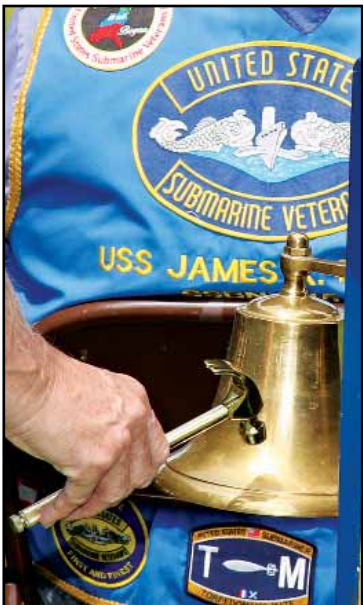
Always Remember...



Freedom is not Free.



Community Memorial Day Services for 2015. Represented are Carlstadt, Hasbrouck Heights, Little Ferry, Lodi, Moonachie and Wood-Ridge. Contributing photographers include Marie Gallo and Dennis Kronyak Sr. ###



USS Ling Services

A Memorial Day Service was held at the New Jersey Naval Museum, located at the USS Ling, on Sunday, May 24, 2015. Tom Conlon SMA & NJ North Base Secretary was the Master of Ceremonies. The Colors were presented by the North Base and Boy Scouts Honor Guards, the Pledge of Allegiance was led by the Conlon family grandchildren,

the National Anthem was sung by Ronnie Giles, and the Invocation and Benediction were given by North Base Chaplain. Les Altschuler, SMA Vice President, Commander NJN Base, spoke, then introduced the guest speakers including US Senator Robert Menendez, Assemblyman Robert Auth, BC Freeholders, Maura DeNicola and Joan Voss, etc. Flowers

were cast from the deck of the Ling into the Hackensack River by Joyce Altschuler SubVettes National VP and guests as the names of the Lost Boats were called and the Bell was tolled. A wreath was stationed at the base of the flagpole by US Submarine Veterans. "Taps" was played by Ken Odgers, Bugles Across America. "God Bless America" was sung. The Colors were retired. Tours of the USS Ling and refreshments followed. ###



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Moonachie Ecumenical Memorial Service Honors Veterans

On May 17, 2015, at 7 p.m., the First Presbyterian Church of Moonachie hosted a Community Memorial Service in honor of Veterans and emergency workers, especially those who have given their lives in service to the country and the community.

This service was originally hosted by the VFW and the American Legion for 30 years, but as their membership aged, the First Presbyterian offered to continue the tradition so that the services would continue.

About 100 attended this year, to include members of the Carlstadt VFW and American Legion as well as the Posts from Little Ferry and the Veterans from Moonachie and the surrounding areas.

Just prior to the service, combined Veterans organizations, Moonachie Fire Department/Ladies' Auxiliary, and Moonachie First Aid and Rescue Squad, led a processional into the Church.

The program included Invocation, hymn, "America the Beautiful," scripture, Choral Anthem by the Sanctuary Choir, reflections and a prayer



of dedication by participating organizations. "Taps" was played, evening prayer was said.

The Benediction was given

with the recessional, "Mine Eyes Have Seen the Glory," sung by all.

The annual program remembers the Veterans who

have died, to honor those who are living, and to praise God for all they have done.

Light refreshments followed.

For years, this annual Service has been organized by John Huettermann, Past Commander of the Moonachie VFW. ###



Gold Star Mothers Service

Gold Star Mothers Recognition Sunday Service was held on May 31, 2015, at the First Presbyterian Church in Carlstadt and was presented by Pastor Rev. Donald M. Pitches.

Welcomed guests included area Gold Star Mothers.

A Call to Worship was followed by the "Star Spangled Banner." Devotions, reflections and Prayers and special music by John Gerasimov.

Gold Star Mothers participated in a special presentation which included lighting of Memorial Candles.

Upon the conclusion of the sermon, the closing Hymn was "America The Beautiful." Photos by Dennis Kronyak Sr. ###





Rutherford Remembers

The Rutherford Sunrise Service was held on May 25, 2015 at the Union Avenue Memorial Bridge with the wreath cast over the side into the Passaic River, with a rifle salute and "Taps."

The ceremony proceeded to Sunset Park for a "Salute to the Dead." Following a memorial service, a parade started at Union and Raymond and concluded at Borough Hall.

This year's theme was "The nation which forgets its defenders will itself be forgotten." *Photos by Lisa Ratkowski.*
###

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 <p>Rutherford Colonial \$525,000 Reduced! 5 BR, 3 Bath Contact: Libera Schilare @ 201-280-7236</p>	 <p>Carlstadt Colonial \$279,000 Reduced! 2 BR, 1 Bath Contact: Jean Zeppieri @ 201-895-1820</p>	 <p>Rutherford Colonial \$464,000 Reduced! 6 BR, 3.5 Bath Contact: Barbara Manser @ 201-390-5251</p>	 <p>Kearny Colonial \$524,999 5 BR, 2.5 Bath Contact: Sandra Brady @ 201-394-0784</p>	 <p>Congratulations!! Carol Ann Pareti</p>



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Local Seniors Join Maywood Seniors in Maryland

Thirteen seniors from Hasbrouck Heights, joined with 37 Maywood seniors on a three-day, two-night trip to Baltimore and Annapolis. The trip took place from May 12 – 14, 2015.

The highlights of the trip were a visit to Baltimore's Harbor place, a three-hour tour of Baltimore, a visit to Fort McHenry, the fort in which Francis Scott Key was inspired to write a poem that would become the future US National Anthem, and also Maryland's state capital, Annapolis.

In Annapolis, all enjoyed to a ride aboard the "Harbor Queen." Here they cruised the

region's waterways and were treated to a narration about the history of the Naval Academy and Annapolis' role as a historic seaport. They also had a walking tour of the Naval Academy. The focus of the tour was a visit to the Naval Academy Chapel and the crypt beneath it where the remains of John Paul Jones were buried.

Over all, the trip did more to explain what happened at Fort McHenry, why Francis Scott Key was observing the battle, the importance of the many accomplishments of John Paul Jones, and Annapolis' role in forming our nation.

Those Hasbrouck Heights seniors who were on the trip were David and Marion Davidowicz, Peter and Marie Gallo, Dolores and Allison Jones, Jean Kucera, Sara Luminello, Mel and Ellie Thompson, Tripta Warfield and Janet Wright.

Photo and story by Marie and Peter Gallo Jr. ###

Vic Hoofers

Ladies from the surrounding towns are invited to join this fun social club. Dues are \$15 per year. Refreshments are served. Call Lucinda, 201-933-1643. ###



Carlstadt Senior Citizens Prom

On April 30, 2015, the CEA and CPS teachers and staff hosted a Prom Event for Carlstadt Senior Citizens in the school cafeteria. There was plenty of food, dancing and prizes with a good time had by all. *Photo by Dennis Kronyak Sr. ###*



Janet Drago, President (*sixth from left*), was recently installed as President of the Carlstadt Woman's Club for the 2015-2016 Club year. She is flanked by her newly-installed leadership team.

To learn how you can become a valued member of this dynamic and diverse group of women volunteers, contact President Janet at 201-438-5892. *Provided by Cheryl James. ###*

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AARP Chapter Ends 50 Years of Service

The members of the AARP Central Bergen Chapter #418 held its last official get together on June 12, 2015. Fifty-six of its devoted members attended a luncheon at the Maywood Inn to mark the end of fifty years of service to the many communities it served.

At the start of the luncheon, Chapter President Marie Gallo individually thanked all those who helped her throughout her eight years as president. She then specifically thanked Cosmo Palmisano, who, since 2002, has served as Senior Issues Educator for the Bergen County Division of Senior Services and the liaison to the chapter.

Also expressing his thanks to Cosmo was past chapter president Michael Cahill. He also thanked Marie for stepping in to take the leadership position after he had served as the chapter's president for seven years.



President Gallo then announced that Membership Chairperson Adrienne Williams was this year's recipient of the AARP Community Service Award. Gallo stressed that Adrienne fits the AARP's philosophy "To Serve: Not to be Served." Adrienne is active in her chapter, her Church and her community.

Although the purpose of the luncheon was a sad occasion, all the members had a great time together. The food was excellent and there were planned activities that made the time pass quickly.

The Chapter had members from Hackensack, South Hackensack, Little Ferry, Maywood, Hasbrouck Heights, Rochelle Park and Teaneck.

In the past two years, it was difficult to function with its aging and declining membership. The membership, which once stood at over 100, now reached 65 members including Life Members (*those 90 years and older*) and there was a decline in the attendance at meetings.

This coupled with the fact that their present officers and committee members had held the same position for more than eight years and wished to be replaced. The final decision became inevitable when there was a lack of those wishing to assume leadership roles in the next administration.

President Gallo's final remarks were "It was a great group of people to work with. They will be missed!" *Story by Peter Gallo Jr. ###*

Moonachie Seniors

On Wednesday, July 8, the Moonachie seniors will be going to the beautiful Hunterdon Hills Playhouse to see a very entertaining production entitled, "Twist and Shout." It will feature the music of Burt Bacharach, the Beatles and the Four Seasons.

The menu of delicious meals and desserts are always sure to please your palate. The cost is \$59. The bus leaves at 9:30 a.m.

The prices for all trips include taxes and gratuities. The buses leave from the Moonachie Center on Moonachie Road, behind the First Aid Squad.

Join your friends for a day filled with entertainment, fun, feasting and having a chance to win some prizes. For more information and meal selections, contact group leader, Audrey, at 201-641-4334. *Provided by Charles R. Pallas. ###*

Carlstadt Senior Friendship Club

Carlstadt seniors are encouraged to join the Club and participate in its activities. Call Vinnie at 201-933-4733. The Carlstadt Senior Friendship Club meets on the 1st and 3rd Wednesday of the month at 1:30 at the Civic Center, with coffee and refreshments served at 1 p.m. Good information and humor are part of their programs. Please feel free to join. Bingo is played at each meeting with a Jackpot Bingo giving out \$25. You may be a winner if you come to the meetings and play. *Eleanor Costa. ###*

Flavian Entertains One More Time



During the June 10, 2015 meeting of the Leisure Club, members were treated to an ultimate entertainment experience. Mentalist, Flavian, who also performed for the Leisure Club in October 2012, put on a excellent show, or was it a demonstration of his ability to read minds.

Members of the Leisure Club were asked to think of a phone number or a birthday or of a pet's first name or who they gave their first kiss to or what famous person they would like to be with or where they would like to go out on a romantic date.

Flavian dazzled the members with his ability to correctly answer every question asked. Flavian, whose complete name is Flavian Petruccio, hails from Caldwell, New Jersey. He has appeared at Caesar's Palace in Las Vegas, Caroline's Comedy Club in New York City and Uncle Floyd's TV Show to name a few. He also has his own TV show, "Mind Play" in

New Jersey.

A few of the highlights of his performance were when he asked four members to each select a number, in order to put together a four digit number then he was able to correctly deliver the four digit number.

He asked another member to select the card with the name of a famous celebrity on it. The celebrity named was Lucille Ball. He then had the cards shuffled and placed in a deck of cards holder. Then using a knife, the member inserted it into the holder. The knife was placed right over Lucille Ball's card.

Some of the members assisting Flavian were Rosemarie Filomeno, Linda Sproviero, Frank Zabransky and Peter Gallo.

The members had an incredible time and they were captivated by his performance. They were buzzing about it throughout his presentation. How does he DO that?"..."I couldn't believe that" ... "That was incredible!"

After his performance, the members were treated to ice-cream sandwiches purchased from Carvel. *Story by Peter Gallo Jr. ###*

Learn About the Kip Center

New members and those who wish to learn about the Kip Center, 55 Kip Avenue, Rutherford, and various programs for older adults in Rutherford and surrounding communities are invited to stop in to tour the

July 2015 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, July 6, 13, 20, 27

10:00 a.m. to 3:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

10 a.m. to 3 p.m. Senior Lounge open to all

Tuesday, July 7, 14, 21, 28

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Card Game Night

Wednesday, July 1, 8, 15, 22, 29

10:00 a.m. Games, cards & coffee

10:00 a.m. Mahjong

2:00 p.m. Senior Aerobics \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

Thursday, July 16 from 12 to 3 p.m.

The Annual Senior Picnic at the Senior Center for all senior residents of Hasbrouck Heights.

Sign up at The Center.

Thursday, July 2, 9, 23, 30

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

Friday, July 3

The Building will be closed for the July 4th Holiday

Friday, July 17, 31

1 p.m. to 3 p.m. Games, cards & coffee

12 p.m. Zumba Gold \$1.00

Friday, July 10, 24

10:00 a.m. Fun Bingo

12 p.m. Zumba Gold \$1.00

1 p.m. to 3 p.m. Games, cards & coffee

Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

There will be no Executive Board meeting during the months of July and August

UPCOMING EVENTS

Trip to Woodloch Pines

Thursday, October 15, 2015

Luncheon and entertainment. \$50 per person.

Contact Dorothy at 201-288-9537

Lodi Senior Club News

The Lodi Senior Citizens Club has meetings on the second and fourth Tuesday of the month for members only. New members are welcome. Any Lodi resident over the age of 55 is welcome. The cost of membership is \$10 per year.

Every Thursday, the Club opens at 10:30 a.m. to 3 p.m. and non-members are welcome.

Programs include: Senior

exercise at 11 a.m. to 12 p.m.; line dancing 1 p.m. to 3 p.m.; Bingo, 1 p.m. to 2 p.m.

They also have a pool table, a 16 foot shuffleboard, card playing, a small library, games, chit-chat and bocce (*in season*).

Refreshments are served.

For information, call the Club during the times it is open at 973-472-6994. A senior bus is available for those requiring transportation. For bus information call Kim at 973-332-1331 between 8 a.m. and 4 p.m.

Scheduled 2015 Trips:

- August 12: Renault Winery Luncheon/AC Casino
- October 7: Villa Roma, PA, Luncheon/show
- December 4: Christmas at the Venetian ###

Nurse's Station

Hot Tips

Too Much Sun is Bad for Your Skin

Understanding UVA, UVB, SPF

Basking and working in the sun, without protecting your skin can lead to wrinkles, premature aging and, worst of all, skin cancer.

Sun damage is also responsible for leathery-looking skin, broken capillaries, wrinkles and hyperpigmentation, or age spots. While people are more aware of the sun's harmful effects, many do not protect themselves or use sunscreens.

Ultraviolet (UV) radiation that affects the skin is classified as UVA and UVB. UVA is the longest of the UV. It can penetrate into the deeper layers of the skin and plays a major role in skin aging and wrinkling. UVA penetrates glass and clouds.

UVB is responsible for burning, tanning, accelerating the skin aging and also plays a key role in the development of skin cancer. UVB varies by season, location and time of day. The most intense amount of UVB hits the U.S. between 10:00 a.m. and 4:00 p.m. Try not to schedule outdoor activity between these hours and seek playgrounds where shade - from trees or awnings - is plentiful. If your child has to be outdoors during these hours, be

sure they're protected from the sun with a hat, sunglasses, etc.

What is SPF? Sun Protection Factor (SPF) measures the protection provided by a sunscreen against UVB.

Higher SPF numbers are preferable, but SPF measures protection only from UVB -- not UVA rays. When choosing a sunscreen, select a product that provides "broad-spectrum" protection for both UVA and UVB. If you are going to the beach or pool, make sure it is water-resistant and doesn't wash off in the water. Use an SPF of 15 or higher.

When to apply sunscreen -- Apply sunscreen 20 minutes before going out into the sun to give it time to absorb into the skin. Be generous and regular -- about 1 ounce every 2 hours, and more often if you are swimming or perspiring.

Apply sunscreen to the top of your ears, back of hands, neck and toes.

Other protection tips:

- Use a hat to shield your face where sun damage frequently occurs.

- Be aware that the window glass in cars does not block all of the sun's harmful rays, making the driver's left side more prone to sun damage. Apply sunscreen before long car rides. ###

Senior Insurance

By Robert N. Frank



What is this 21st Century Cures Act that was passed by Congress ?

I have heard many stories over the last 2 decades from clients that have told me "My relatives that live overseas can get certain medicines or have certain procedures that takes years for us to approve here in the US.

"That statement is usually followed up by a question asking, why is that the case ? After agreeing with the client I would reiterate that we do take extra safety precautions here in the United States that can often delay the approval process.

The process is hugely expensive and incredibly slow. According to the Tufts Center for the Study of Drug Development, the average cost of bringing a new prescription drug from lab to market now tops \$1.5 million and takes more than 10 years.

Good News! New regulations on the table could change everything and critically ill patients may get the needed medicines faster to help improve their condition.

The 21st Century Cures Act (H.R. 6) realizes that laws put into place many years ago weren't designed to keep up with the explosion of research and innovation now taking place in medicine.

The challenge: speeding up the development and regulatory process, while continuing to ensure the safety and efficacy of new therapies. This important legislation will accelerate the process of translating scientific advancements into new treatments and therapies. The bill would support efforts to develop potential treatments for conditions such as Alzheimer's disease, leukemia, Down Syndrome, congenital heart disease, cancer, autism spectrum disorders, sleep apnea and epilepsy, to name a few.

It makes significant changes to processes at the Food and Drug Administration (FDA) and the National Institutes of Health (NIH), and provides increased funding for both the FDA and the NIH.

Most of us know someone that has passed away due to cancer. Cancer is the nation's most costly disease and the

second most common cause of death. The 21st Century Cures Act will allocate more funding to develop the latest advances in treating cancer, including immunotherapy and molecular therapies that precisely target tumor cells block their growth or destroy them entirely.

All of these new programs to help identify possible cures and speed up the time when one can actually get "the help" can also be hampered if patients also face barriers to genomic testing due to differences in how these tests are regulated. Compounding the problem, the cost-containment practices of many health plans, including Medicare, that limit patient access to innovative cancer treatments.

These practices include moving newer cancer therapies into the highest "specialty tier" and charging patients a percentage of the drug's cost usually 25% to 33% of the total cost till they reach the maximum out of pocket as defined by Medicare Part D.

Stay tuned as I will continue to update you on relevant topics that affect your health and wellbeing.

Robert N. Frank, Absolute Insurance Management, 164 Route 45 E, Lodi, 973-470-8333, www.AimMedicare.com



Filling You In

By Jeffrey E. Mason, D.M.D.

"I'd rather have a root canal"

What's inside your teeth? Behind the tough, shiny enamel of the tooth's visible crown lies the sturdy inner tissue called dentin.

Dentin is also found behind the cementum that forms the outer layer of the tooth's roots — in fact, it makes up the bulk of the tooth's structure. Similar in many ways to bone tissue, dentin is composed of many tiny tubules which can transmit sensations to nerve cells when it is stimulated.

At the core of the tooth, inside small, branching chambers called the root canals, we find the soft pulp tissue.

This consists of nerves, connective tissues and blood vessels which extend into the center of the tooth and exit through canals near the apex (tip) of the tooth's roots.

When problems (such as infection and inflammation) develop in the pulp tissue, your first indication of trouble may be tooth sensitivity — or intense pain. In time, as the nerves die, the pain may go

away... but the problem won't. In fact, if left untreated, the end result may be tooth loss.

What could cause the pulp tissue to become diseased and lead to root canal problems?

One potential source of infection is untreated tooth decay, which can allow bacteria from the tooth's surface to work its way deep inside. A crack or fracture in a tooth could offer another pathway for microorganisms to infect the pulp.

Dental trauma — from a sports injury, for example — may also damage dentin or pulp, or expose it to infection.

Extensive dental procedures (such as multiple fillings or restorations on the same tooth) may cause trouble; occasionally, even routine procedures like orthodontics may eventually lead to root canal problems.

Endodontic Treatment

The old gag line "I'd rather have a root canal" may still get a laugh — but root canal problems are no joke. It's important to remember that root canal treatment doesn't cause pain; it relieves pain.

A typical root canal procedure is performed with local anesthetics, and doesn't cause any more discomfort than having a filling. Here's what to expect:

First, you will receive anesthesia (usually a numbing shot) — and for many patients, the worst is now over.

Next, a small opening is made in the tooth surface to give access to the pulp chamber and root canals.

Then, tiny instruments are used to remove dead and dying tissue from inside the narrow passages. These passages are then cleaned, disinfected, and filled with a safe, inert material.

Finally, the opening in the tooth is sealed to prevent contamination.

Other endodontic treatments may be recommended for removing sources of infection and preventing future problems.

Following an endodontic procedure, it may be necessary to have a restoration (such as a crown) placed on the tooth to restore it to full function and aesthetic appearance. After that, with proper care the restored tooth should last for many years. ###

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



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Mosquito Season is Abuzz

Standing water means you could be raising mosquitoes!

Many generations of mosquitoes can breed right in your own yard. All mosquitoes need water to complete their life cycle. Mosquitoes also are not known to travel long distances from their water source.

Some mosquitoes lay their eggs in standing water where they hatch in just a day or two. They can do this in water that has been standing for as little as four days.

Other mosquitoes may lay their eggs in old tires, tin cans, or other water-holding containers including bird baths, wading and small swimming pools, ornamental ponds, clogged gutters, flowerpots or the drip plates beneath them, cups, glasses, drink cans, etc.

The eggs may remain unhatched for weeks or even months until they are covered with water!

Yard and home checklist:

- Get rid of old tires, tin cans, buckets, drums, bottles, or any water holding containers
- Fill in or drain any low

places (puddles, ruts) in yard

- Keep drains, ditches, and culverts clean of weeds and trash so water will drain properly

- Cover trash containers to keep out rain water

- Repair leaky pipes and outdoor faucets

- Empty plastic wading pool at least once a week and store it indoors when not in use

- Make sure your backyard pool is properly cared for while on vacation

- Fill in tree rot holes and hollow stumps that hold water with sand or concrete

- Change the water in bird baths and plant pots or drip trays at least once a week

- Keep grass cut short and shrubbery well trimmed around the house so adult mosquitoes will not hide there

- Keep gutters clean and free of debris and leaves.

- Store boats covered or upside down.

Protect yourself from mosquito bites

- If possible, avoid being outdoors in the early morning

or in the evening.

- If you must go out, wear long-sleeved shirts, long pants and socks.

- The EPA and CDC advise the use of a mosquito repellent, following the instructions on the label.

- Check with your pediatrician before using a repellent on children.

- Keep windows and doors closed or covered with screens to prevent mosquitoes from entering the house.

- Repair screens on windows, doors, porches, and patios.

- Some mosquito control methods do not do a very good job. For example, bug zappers do not work well to control biting mosquitos since they do not emit carbon dioxide.

- Various birds and bats will eat mosquitos, but there is little evidence that this cuts down on the number of mosquitos around homes.

- Electronic mosquito repelling devices don't stop mosquitos biting people either. ###



W-R Knights Distribute Bread

The St. Anthony Council #11585 from Wood-Ridge distributed bread to all parishioners after each Mass on Sunday, June 14, 2015. This annual event has taken place by the Council on the Sunday closest to June 13th, the feast day of St. Anthony of Padua, their patron saint.

According to most ancient chronicles a child of Padua fell into a barrel of water and was drowned. In her grief the mother called on St. Anthony for help and promised she would donate the child's weight in grain for the poor if the child was restored to life.

While the mother was still praying, the child arose as if

from a sleep. Saint Anthony was canonized (*declared a saint*) less than one year after his death because of the many miracles attributed to him. He is perhaps one of the more loved and admired saints in the Catholic Church.

Saint Anthony, a Franciscan friar, was a remarkable theologian and preacher. He became the first theology teacher in the Franciscan order and is referred to as "Doctor of the Church." He is popularly known as the patron saint for lost things. Although he was born in Portugal, he did most of his work in Italy. He was only 36 years old when he died.

Story by Peter Gallo Jr. ###

Older Adults and Falls

- One out of three older adults (*those aged 65 or older*) falls each year but less than half talk to their healthcare providers about it.

- Among older adults, falls are the leading cause of both fatal and nonfatal injuries.

- In 2013, 2.5 million non-fatal falls among older adults were treated in emergency departments and more than 734,000 of these patients were hospitalized.

- Twenty to thirty percent of people who fall suffer moderate to severe injuries such as lacerations, hip fractures, and head traumas. These injuries can make it hard to get around or live independently.

- Falls are the most common cause of traumatic brain injuries (TBI).

- Most fractures among older adults are caused by falls. The most common are fractures of the spine, hip, forearm, leg, ankle, pelvis, upper arm, and hand.

- Many people who fall, even if they are not injured, develop a fear of falling. This fear may cause them to limit their activities, which leads to reduced mobility and loss of physical fitness, and in turn increases their actual risk of falling.

Who is at risk?

Fall-related Deaths

- The death rates from falls

among older men and women have risen sharply over the past decade.

- In 2011, about 22,900 older adults died from unintentional fall injuries.

- Men are more likely than women to die from a fall. After taking age into account, the fall death rate in 2011 was 41% higher for men than for women.

Fall Injuries

- People age 75 and older who fall are four to five times more likely than those age 65 to 74 to be admitted to a long-term care facility for a year or longer.

- Rates of fall-related fractures among older women are more than twice those for men.

- Over 95% of hip fractures are caused by falls.15 In 2010, there were 258,000 hip fractures and the rate for women was almost twice the rate for men.

How can older adults prevent falls?

Older adults can stay independent and reduce their chances of falling. They can:

- Exercise regularly. It is important that the exercises focus on increasing leg strength and improving balance, and that they get more challenging over time. Tai Chi programs are especially good.

- Ask their doctor or pharmacist to review their medicines—both prescription and

over-the-counter—to identify medicines that may cause side effects or interactions such as dizziness or drowsiness.

- Have their eyes checked by an eye doctor at least once a year and update their eyeglasses to maximize their vision. Consider getting a pair with single vision distance lenses for some activities such as walking outside.

- Make their homes safer by reducing tripping hazards, adding grab bars inside and outside the tub or shower and next to the toilet, adding railings on both sides of stairways, and improving the lighting in their homes.

To lower their hip fracture risk, older adults can:

- Get adequate calcium and vitamin D—from food and/or from supplements.

- Do weight bearing exercise.

- Get screened and, if needed, treated for osteoporosis.

Source: www.cdc.gov ###



For information about advertising in The Gazette Newspaper call 201-288-8656



Assumption Choir Enjoys a Picnic Together

On Sunday, June 14, 2015, the choir of Our Lady of Assumption R.C. Church in Wood-Ridge met at the home of Tess O'Connor, not only to celebrate the end of a season of song, but also to enjoy an afternoon picnic together.

Tess is a choir member who volunteered her backyard for the picnic. The yard has a large in ground swimming pool which many members took advantage of.

The group sings at weekend Masses from the second

weekend in September to the third weekend in June. It is remarkable that the group gets along so well considering that there is a vast difference in their ages, from high school students to senior citizens.

Director of Music, Kristen Dziuba, has found her task working with the group easy because of their cooperation. Because of this she has been able to introduce many new songs for the group to perform.

Photo and story by Marie and Peter Gallo Jr. ###

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School Supplies Wanted

The First Reformed Church of Hasbrouck Heights will be sponsoring a back-to-school backpack and supply fundraiser for children in need in our community.

Notebooks, pens, pencils, crayons, markers, scissors, glue sticks are some examples of some of the supplies needed. They will continue to col-

lect supplies throughout the summer; they can be dropped by The First Reformed Church, 300 Washington Place, Hasbrouck Heights, Monday through Friday from 10 a.m.-2 p.m. or Sunday mornings from 9:30-noon. Through the support of the community, they look forward to a successful fundraiser. ###

From the Porch at Holy Trinity

Thank you to everyone who provided the lovely gifts for the "baby shower" for those in the Armed Services and the wives of those serving. These families sacrifice for us each and every day.

This year, the women of Holy Trinity are joining together to collect school supplies until August 15. These gifts will be used to fill back packs for Lutheran Social Ministries of New Jersey who will distribute them to children in need throughout the state including the homeless in family shelters, those who are victims of abuse and placed in foster care, and any others identified to be at risk or in need.

Returning to class or arriving at a new school can be so much easier for a child when they have a backpack and supplies just like all the other children. Supplies that are needed include: 70-page spiral notebooks, 12-inch rulers, highlighters, glue sticks, pencil cases, pocket folders, and calculators.

Leave your gifts on the porch at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights in the bin provided. If you have any questions, call 201-288-6889. ###

Christian – It's Not What You Think

The First Presbyterian Church of Rutherford will offer the engaging 8-week Andy Stanley program entitled "Christian – It's Not What You Think" starting on Sunday, September 13, 2015 at 11:30 a.m.

Andy Stanley is the founder of North Point Ministries (NPM) which was formed in 1995 with the vision of creating Churches that un-Churched people love to attend.

Since its inception, NPM has grown from one Church to five in metro-Atlanta and has developed a global network of more than thirty strategic partner Churches. His father is Dr. Charles F. Stanley, the senior pastor of the First Baptist Church of Atlanta and founder of InTouch Ministries.

In this series, Stanley unpacks the unique qualities that identify followers of Jesus Christ. He boldly points out

that if you ask 100 people to define Christian, you'll get 100 different definitions and it's likely that all 100 will be incorrect.

He notes that curiously, the term Christian is actually never defined in Scripture. Rather, the term is only mentioned three times in the Bible where it was used as a derogatory label created for Jesus' followers by outsiders.

Stanley challenges participants to embody the characteristics used in Scripture to define followers as more than merely 'Christian' and reminds Christians that Jesus used the word 'disciple' to describe his followers and proclaimed that disciples should be known for their love – a novel concept for their time – and ours today.

What if believers today embodied these traits? Would the non-believing world put aside its definition of 'Christian' and instead know Christian by their love? Join the study and find out!

Classes are expected to last approximately one hour and consist of a 20-30 minute video lesson followed by group discussion. Enrollment is free and there is no charge for course materials. Participants should plan on bringing their own Bible. Enrollment is open through the Church website www.fpcrutherford.org or by contacting the Church office at 201-438-3569 or office@fpcrutherford.org. One does not need to be a member of the Church sessions to participate. ###

Rutherford Community Pantry

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service. Recipient eligibility is determined by local pastors, social services and other designated organizations. A completed and approved referral is required. Limitations apply. For more information go to: www.rutherford-nj.com/pantry ###

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Real Estate Insight

By Mary Ellen Courtney



Teardowns: Good, Bad & Ugly

Here in our south central Bergen County area, we’re seeing more and more tear-downs recently than we’ve seen in years. Builders, lured to locations where land is more valuable than the aging housing stock, are transforming our communities to take advantage of demand for real estate where the commute to NYC is short.

Not only here, it seems, but everywhere; knockdowns are increasing across the country. “It’s all about traffic jams – people can have nice houses far out in outer suburbs but the commute time is impossible,” Lawrence Yu, chief economist of the National Association of Realtors, said. “This is an ongoing process because older-built homes happen to be closer to job centers and may not meet the needs of modern homebuyers.”

Modern homebuyers – those of a certain income level – expect more from their houses than in the past. This is a fact that is readily apparent to us in the real estate business.

They want spacious homes that are well appointed and they want the desired amenities that come with new homes and aren’t usually found in old colonials and outdated capes and ranches.

Builders almost never tear down a home that is updated and in good condition. They replace homes that are in disrepair and in need of drastic updates. Older, functionally obsolete homes are being replaced with larger homes that have features such as great rooms, spa bathrooms, his & her walk-n closets, home offices, media rooms and multi-car garages. And – as offered by our area – they also want towns close to the City that have excellent schools, well-kept streets and town centers, and cultural attractions.

The developers and their supporters say they are removing deteriorating structures and putting up energy-efficient houses that add to the tax base.

Local residents, on the other hand, often complain that construction of big and boxy ‘McMansions’ undermine the character of neighborhoods, causing noise and disruption and the destruction of trees.

But though neighbors may not like the look of the new homes, they’re often reluctant to impose increased zoning restrictions that determine height, size, proximity to other homes, etc. That could be because, when it comes time for them to sell or rebuild their own homes, they want their options open.

And, more often than not, we see neighbors who initially opposed a “bash and build” end up liking a new home on their block (*provided it’s reasonably attractive, of course*). They also realize that a new home in their neighborhood brings all the surrounding home values – including their own – up.

With the economy strengthening and teardowns the only way to build something new, developers are scrambling to cut deals for older homes, sending

out fliers to homeowners and working with us brokers to identify properties before they hit the market.

This trend has definitely been to the detriment of first-time and lower-income homebuyers who are finding both the new and existing home markets offer them very few options today.

As I wrote in an earlier article, the existing home market in our area has been facing a chronic shortage of homes for sale, and the problem is most severe in price ranges below \$300,000. The cheaper a house is compared to its neighbors, the more likely it will be torn down to make way for a much larger structure.

I guess it’s just part of a new trend in American construction. As one urban development specialist, Robert E. Lang, put it: “This is an extension of a constant redefinition of the good life. In the 1950s it was a station wagon and meatloaf. The good life today might mean you have a master bedroom the size of your parents’ ranch house...”

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

Rebuilding Together Assists Low-Income Homeowners

Free, Critical Repairs and Home Modifications Help Seniors, Disabled, Veterans

Homeowners who meet HUD low-income guidelines for Bergen County may qualify for free home repairs from Rebuilding Together Bergen County.

The non-profit, volunteer-driven organization has assisted more than 400 local homeowners to make critical repairs for health, safety, accessibility, and more since 1998.

Repairs include electrical and plumbing, energy savings, mobility modifications, fall prevention, fire safety, and improvements for the visually or hearing impaired.

Rebuilding Together Bergen County handles some emergency projects each year and works on 8 to 12 homes each spring during April’s National Rebuilding Month.

Applications for assistance are available now through September 15, 2015.

Applicants must own the home they live in and intend to continue living in the home for another five years after repairs are made. They must meet HUD low-income guidelines and be comfortable having teams of volunteers (*including skilled-trades professionals and general volunteers*) do the work.

For more information or to get an application, call 201-447-8886 or visit www.RebuildingTogetherBergen.org/who-we-help to download an application. ###

Free Sandy Legal Clinic July 23

The Volunteer Lawyers for Justice (VLJ) will hold a free one-on-one Sandy Clinic on July 23, 2015, from 6 p.m. to 8 p.m., at the Little Ferry Borough Hall (*Council Room*), 215-217 Liberty Street, Little Ferry, NJ 07643.

If you have a legal issue(s) arising out of Superstorm Sandy, you are eligible to receive FREE legal counsel and advice and brief services from volunteer attorneys of Volunteer Lawyers for Justice. Private one-on-one sessions are available. Persons needing more involved assistance may, if financially eligible, be referred back to VLJ for placement with an attorney.

If you cannot attend a clinic in person, please call VLJ’s toll-free disaster hotline at 855-301-2525.

To receive services, all issues must relate to Superstorm Sandy. NJ matters only. For more information go to: <http://www.bergenvoad.org/> ###

Rutherford Taxpayers Meet September 2

The Rutherford Taxpayers Association will meet 7:30 p.m. on Wednesday, September 2, 2015, at the Rutherford Borough Hall.

During the summer months, members will be advised of topics of local interest via the Newsletter this will cover developing issues of concern to all Rutherford taxpayers.

Membership is open to all Rutherford residents or property owners for \$10 per year. To join or renew membership and continue to receive Newsletters write to: RTA, PO Box 361, Rutherford NJ. 07070. *Provided by Virginia Marass.* ###

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Rev. Donald M. Pitches blessed the Nam Knights MC prior to their Washington, D. C. Run, “Rolling Thunder” on May 22, 2015. There was a large contingent from the NK Canadian chapters. The Rolling Thunder Run mission is to educate, facilitate, and never forget by means of a demonstration for service members that were abandoned after the Vietnam War. Rolling Thunder has also evolved into a display of patriotism and respect for all who defend our country. *Photos by Dennis Kronyak Sr. ###*



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Captain John Outwater, Moonachie Patriot

The Outwater Family, originally from Oudewater, Holland, hence the name, by 1746 owned a large tract of land in Moonachie. John was born in Moonachie on September 17, 1746. He married Harriet Lozier. They had six children. John inherited the land from his father. He then started to acquire adjacent tracts to his land. John was elected Sheriff of Bergen County in 1774. However, his service to the Crown would be short in duration.

Some 300 citizens of the county met in Hackensack. While offering allegiance to King George III, they elected delegates to the Continental Congress with the hope they would reconcile issues with Parliament.

All this changed with Lexington, Concord, Boston and the arrival of the British Army in New York. Continental Forces occupied Fort Lee. General George Washington set up headquarters at the Zabriskie House in Hackensack.

However, with the retreat from Fort Lee, Bergen County became a hotbed of partisan warfare. Some of this was religious in nature. Family members turned on each other. The greater number of citizens of the county were Dutch. They were members of the Dutch Reformed Church.

Just before the war, there were two factions in the Church; one insisted that all ministers be ordained in Amsterdam, Holland and all Church matters be decided there.

The other group felt that they could be ordained here in America and issues could be decided locally. Some ministers were beaten in their own Church by groups opposed to their stated position. When the war broke out, understandably, the more conservative group sided with the King, while the more liberal sided with the rebels.

With the withdrawal of Washington and his troops, those loyal to the Crown became active. Among this group was Dr. Abraham Van Buskirk. He would go on to recruit and command, as colonel, the 4th Battalion, NJ Loyalist Militia (*aka The Green Coats*). To combat these units, the State of New Jersey authorized the formation of local militia units.

In early 1777, a unit was formed in Hackensack and John Outwater was elected captain. They would be known as Outwater's Militia.

Bergen County was looked upon by both sides as a source of food and goods. While the Continentals paid in script, the British paid in gold. Many local

farmers tried to smuggle goods to New York. Militia members would patrol through Hackensack, Little Ferry, Moonachie and what is now Hasbrouck Heights, to try to interdict this trade. If they were successful, they would take the goods to the Justice of the Peace in Hackensack. If found to be contraband, then the goods would be given to the militia men as a reward. From time to time, the British would stage large scale foraging operations with up to several thousand troops. At this time, the local militia units would not contest them.

Up until 1780, British General Sir Henry Clinton had kept in check the activities of loyalist troops. However, with his departure to Charleston, South Carolina, The Green Coats, from their base in Hobuck (Hoboken), went on a number of terror raids, burning, looting and exacting revenge on old scores.

The Outwater Militia would be called out to confront them. One such raid was made on Hackensack. The Green Coats burned the court house and Captain Outwater received a musket ball in his leg. Rather than allowing a surgeon to remove the ball and possibly getting an infection, he elected to live with the ball lodged in his leg for the rest of his life.

Outwater's company would get their revenge, when in 1781, The Green Coats came up the Hackensack River on a British gun boat and landed at Moonachie Point. Their intent was to capture food and cattle from the locals.

Outwater's men were called out and confronted them. The Green Coats suffered seven killed. They ran back to the boat leaving the cattle behind.

Only one man was wounded in Outwater's command and he would recover. Other duties of the militia were to guard prisoners in Hackensack and generally act as a police force in the county.

After the war, John would go on to serve as a Bergen County Freeholder, Council Member, Village of Hackensack, Justice of the Court of Common Pleas and was elected to the New Jersey Assembly. In the Assembly, he co-sponsored an amendment to the election law allowing women the right to vote.

John died on May 18, 1823, at the age of 76. He is buried with his wife in Carlstadt in an old graveyard just off Washington Avenue, between the old Wonder Bread building and a gas station. *Story by James Halloran. ###*



Collision at Sea

Aboard the USS Intrepid (CVA-11) • January 1959

It was a cold day in January, a month before our scheduled departure for a seven (7) month cruise to operate as part of the Sixth Fleet in the Mediterranean.

Early one morning, for some unknown reason, we sailed out of Norfolk, and, while off the Virginia coast went to flight operations, launching a number of A4D's.

Then, later that morning, we proceeded to perform a refueling exercise with the USS Canisteo, a large Navy oil tanker. The ocean looked rough, icy cold and ominous. Many of our crew scratched their heads and wondered, what are we doing out here refueling in rough seas one month before we have to leave for the Med?

Parking a 42,000 ton aircraft carrier along side of a 553 ft. long oil tanker is no small feat! Lines and refueling hoses were all connected, and the operation was going along well enough, when all of a sudden the oiler veered to port and slammed into the Intrepid!

The two ships became locked together. The crush of metal and the scraping of the sides caused immediate damage to both ships. The General Alarm sounded "Collision at Sea" which was the equivalent of both ships going to "General Quarters," closing all doors and hatches and personnel going to their assigned damage control stations in record time.

For what seemed to be an

eternity, the two ships were stuck together! Then finally, after many minutes, they were able to separate.

Any kind of spark could have started a fire either with the fuel oil or aviation gas that had spilled or was stored aboard.

We were thankful and relieved that nothing worse came of it. No one was injured nor was there any loss of life. Our B&A crane, used to hoist aircraft, vehicles, and engines, onto the aircraft elevator located starboard side, aft, punched a hole into the tanker's port side revealing the crew berthing quarters aft.

For the Intrepid, many of the gun sponsons, guard rails, and ladders on the starboard side were torn up or crushed.

We sadly made our way back to port and immediately headed for Portsmouth where shipyard crews assessed the damage and made a repair schedule. There was a Board of Inquiry, and our Capt. Masterton, was exonerated. Speculation was that the other Captain's naval career came to an end. In accidents like this, someone will be held accountable.

We left for the Med on February 13, 1959 pretty much on schedule, with everyone on the ship wondering, "Did we really need to go to sea in January just to do a refueling exercise?"

Roger Castiglione
Former Crew Member,
U.S.S. Intrepid (CVA-11)

Trustee, NJ Aviation Hall of Fame & Museum ###

DAV Meets

The Disabled American Veterans, Bergen County Chapter 15 invites Veterans who have incurred disabilities as a result of their service in the Armed Forces to attend monthly meetings 7:30 p.m. the third Tuesday of the month (*except July and August*) at VFW Post 809, 100 Main Street, Little Ferry, NJ.

Chapter Service Officers are available to file claims for compensation on your behalf.

For additional information call Commander Ignazio Valente at 201-421-5922 or email: davchap15@yahoo.com ###

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Veterans Today

By Thomas Marshall

Battle of Chippewa

Civil War buffs and scholars will know the name Winfield Scott.

They will note that he came up with the Anaconda Plan. The plan used during the Civil War to choke the supply lines of the Southern Confederacy and blockade it off from the rest of the world.

He joined the Army in 1808 and rose through the officers' ranks. Demanding strict discipline of his men as well as a sharp clean uniform, he drilled his men incessantly and earned the nickname of "Old Fuss and Feathers." He was the Commanding General of the Armies at the start of the Civil War.

When President Lincoln asked him to take an active part in the war in the field, he declined. This was understandable because General Winfield Scott was 75 at the time.

Civil War buffs then put him out of mind as the Army picked new Generals to take his place. But I like to remind everyone, he wasn't always old. There was a time he could

ride a horse and there was a time when he could actively campaign.

During the War of 1812 America was at war with Britain. Canada was under British control and America was eager to take it.

This would prevent Britain from using it as a staging point to launch campaigns against American States. America failed to take it early in the war and as the war went on this plan was put on hold due to British operations in other parts of America.

So the idea and plan went to the back burner. It didn't stay there. It came back up in Congress when Napoleon surrendered in Europe ending the Napoleonic Wars. The fate of Napoleon caused Congress to realize that many Veteran British troops would now be available to be sent to campaign in America.

So on June 7, 1814 Congress decided to make a push to take Canada in the Niagara Theatre.

Major General Jacob Brown was ordered to launch a campaign against Canada.

General Brown ordered Brigadier General Eleazar Ripley with his Division of 1,080 men to the Niagara River north of Buffalo.

He also ordered Brigadier General Winfield Scott with his Division of 1,370 men to do the same.

Along with 4 companies of artillery, the attack could begin. Now at this time Brig. General Scott was drilling his men for 10 hours a day.

He wanted his men to be disciplined and looking sharp. He ordered uniforms for those that had none. The blue uniforms went to Plattsburgh instead of Buffalo. There wasn't enough blue cloth to make any so Scott used short grey coats for his men instead of the usual uniform.

Ever wonder how West Point Cadets picked up the tradition of the grey uniform. Wonder no more. It began here.

Major General Brown and his forces surrounded British held Fort Erie. The British held fort didn't have enough men or supplies to hold out and quickly surrendered.

General Brown now had a foothold in Canada. It is noted that 120 Pennsylvania men refused to cross over into Canada. They believed their enlistment only required service inside America's borders.

This didn't stop Brown. Brig. Gen Scott and his men led the advance north into Canada.

British Major General Phineas Riall knew the American Army was in Canada. What he didn't know was that Fort Erie fell to the Americans. He expected the fort to hold out longer than it did. He was

moving south to surprise the Americans he thought were besieging the fort.

He was stunned when he saw American engineers building a bridge over the Chippewa River. The Chippewa River, in case you didn't know, flows into the Niagara River. Phineas used two 24 pounders to scatter the engineers, he then fell back to the North side of the Chippewa and put his men in camp. Major General Phineas Riall had about 2,100 men with him to contest the American invasion.

On the south side of Streets Creek, which also flows into the Niagara, the Americans were in camp. The Chippewa and Streets Creek were separated by three quarters of a mile of land. To the west were heavy thick woods and to the east was the Niagara River.

On the night of July 4, 1814, in Ontario Canada, both sides waited for the morning sun and the battle that it would bring.

As the morning of July 5 dawned, British Gen. Riall sent skirmishers into the woods to harass the Americans. Indians and British troops caused havoc with their sniping from the tree line.

General Brown ordered the woods cleared. He sent 400 Indians that were fighting on behalf of America along with 300 Pennsylvania men to drive the enemy back.

They crossed Streets Creek and plunged into the thick Canadian woods and drove all the skirmishers back.

Our men pushed them back till they ran into a Regiment of British Regulars. The British used artillery and drove the Americans back.

As the American troops retreated they ran into the Division of Brig. Gen. Winfield Scott. He turned the retreating men around and now reinforced, they push the British back.

Now as the day progressed, Gen. Brown felt that the British were advancing. He ordered Scott to take his Division onto the plain in between the Creek and Chippewa River.

As it turned out Scott was already doing this very act to drill his men on the clear plain. As they crossed Streets Creek they came under artillery fire from the British. As the cannons fired, Scott's men formed perfectly on the North side of the creek like well drilled seasoned troops.

This surprised General Riall who exclaimed "Those are Regulars, by God." This caused Riall to second guess

his position. He didn't like the idea of the Chippewa being to his back in the face of well-disciplined troops.

The American artillery stationed at the mouth of the Creek on the south side began to fire on the British as the British moved forward.

Scott's division formed for battle and advanced. The English troops, always game for a fight, continued to advance.

As both sides drew near they poured musketry into one another's ranks. Scott noticed that the British tended to leave their flanks open when they moved. This bad handling was to be an American advantage.

Scott moved his line forward halting only to fire and marched forward again.

At about 80 paces away, Scott saw the British expose their flank again. Over the sounds of battle he called out to his troops. "Americans must now prove they can handle the bayonet..." He personally led the charge of the 11th Infantry Regiment and shattered the British line.

In hand-to-hand combat all British control was lost and the British fell back to the bridge over the Chippewa. British General Riall and his men crossed over and tore the planks up to prevent American pursuit. The Battle of Chippewa was over.

This was a rare American victory for our land forces in the War of 1812. General Riall reported that 148 British troops were killed. Another 321 were wounded. American losses were reported to be 60 dead and 235 wounded. General Brown was overjoyed. His troops had performed well. Brig. Gen Winfield Scott's drilling no doubt gave the Americans the success and victory.

This July 5 marks the 201st Anniversary of the Battle of Chippewa, a battle most have never heard of.

He served our Nation for 53 years in the Army. I choose to remember General Winfield Scott, not as the man that rode out of Washington, D.C. as an old man whose campaigning is done.

I choose to remember him as the Infantry Commander that inspired and led his troops to victory. If you visit West Point today, walk into the cemetery if you can. It is there you will find the final resting place of General Winfield Scott.

Rest in peace General, there are Americans that still remember. ###

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Matt Fenton Memorial 5K

On Sunday, June 7, 2015, at 9 a.m., the Fifth Annual Matt Fenton Memorial 5K Run/Walk at Willow Lake Park, began at the Little Ferry Public Safety Building/Senior Center at 95 Main Street, Little Ferry, NJ.

Over 600 runners/walkers registered for this USATF sanctioned road-race. Amenities included refreshments, DJ, D-Tag scoring and Tech-Shirt.

The National Anthem was played as the Marine Honor Guard presented the colors.

With the horn blast, runners/walkers at the start line blazed beneath an American Flag suspended from Little Ferry Tower Truck 307 and Moonachie Tower Truck 805. At the finish line, the Little Ferry Fire Department set up a cooling spray.

The Little Ferry and Moonachie EMS Squads were on hand.

Top male runner was Miguel Galvez, 21, Passaic, NJ, at 16:04.57, followed by Ben Clarke, 31, Morristown, at

16:28.87.

Top Little Ferry males were John Weidner, 17, at 19:41.41, and David Moreno, 25, at 19:59.32.

Top female runners were Aya Leitz, 38, Jersey City, at 20:06.38 and Calleigh Higgins, 19, Ogdensburg, at 20:17.68.

Top Little Ferry females were Melissa Sinclair, 25, at 23:49.07 and Stacey Sinclair 22, at 23:52.31.

Youngest male was Luke Kane, 6, Rutherford, at 38:07.25. Youngest female was Emylia Guglielmini, 4, Carlstadt, 1:01:36.48.

Oldest male finisher was John Chlodnicki, 78, at 56:14.85. Oldest female finisher was Gerdi Novak, 77, Fort Pierce, FL, at 47:23.54.

(Above placements based on overall results. For more details go to: compuscore.com)

Awards for top 3 male/female overall medals, gift certificates to top 3 male/female in 5-year age-groups up to 80+ and top male/female

Little Ferry resident prizes were distributed.

Proceeds will be used to support the emergency response services and programs throughout Little Ferry.

In addition, a contribution will be made to the Fisher House Foundation, which provides support services for injured and ill service members, Veterans and their families.

Additionally, a challenge coin was commissioned by the PBA Local, with proceeds to benefit a local disabled Veteran.

Sgt. Matthew J. Fenton
Lost to us on May 5, 2006, Sgt. Matthew J. Fenton was a larger than life figure to those who were blessed to know him. Fatally injured while conducting combat operations in Iraq, Sgt. Fenton's service to our Country shall not be forgotten. At his funeral, Sgt. Fenton was made an honorary Little Ferry Police Officer, the job which he was to hold upon his return to Little Ferry. ###



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Area Police Advance “Flame of Hope”



On June 12, 2015, the 32nd Annual Special Olympics Torch Run passed through our area. One of the 26 legs leading to The College of NJ in Ewing, was the “Torch” passing from Lodi to Hasbrouck Heights, to Wood-Ridge to Carlstadt, to East Rutherford to Rutherford Police Departments. (Note that Little Ferry PD ran in a separate leg.) More than 3,000 officers carried “The Flame of Hope” nearly 1,000 miles across the state.

The Special Olympics games ran through the week-

end with more than 2,500 athletes competing in seven sports: aquatics, bocce, gymnastics, power lifting, softball, tennis and track and field.

Last year, the Law Enforcement Torch Run (LETR) for Special Olympics NJ raised more than \$3.1 million dollars. Donations are always welcome. Send your contribution to your local Police Department (memo note -- Special Olympics) or go to: www.sonj.org Top photo: Hasbrouck Heights and Wood-Ridge Police Departments. Left photo: Carlstadt Police

Department “at the ready.” Bottom photo: East Rutherford and Rutherford Police Departments.

- The International Torch Run was launched in 1981 by Wichita, Kansas Police Chief Richard LaMunyon.
- New Jersey held its first run in 1984 from Liberty State

Park in Jersey City to Rutgers Stadium in New Brunswick.

- This event has expanded throughout the United States to 35 nations and 12 Canadian provinces.

Special Olympics New Jersey provided free year-round sports training and athletic competition in 24 Olympic-

type sports for more than 23,000 children and adults with intellectual disabilities.

The program provides continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship. ###

Project Kid Care ID Program

Since the 1970s, the Hasbrouck Heights Police Department, in conjunction with the Hasbrouck Heights Lions Club, has conducted the “Project Kid Care ID Program” for all Corpus Christi, Euclid and Lincoln

School 2nd Graders, beginning in April and ending in June. Over 100 students participated this year.

Each Kid Care Photo ID Kit includes a standardized head-and-shoulders ID photo,

fingerprints, child’s vital statistics, valuable emergency information, and the rules of safety. The kit also includes two wallet IDs. These photo IDs are used for missing children.

Sgt. Alan Baker empha-

sized, “Kits are kept by the family. The digital photo and fingerprints are purged after the session and are not saved on the system. If the ID is lost, the process must be repeated.”

Since 2007, the kits were prepared digitally. The Hasbrouck Heights Police Department prepares the kits electron-

ically, using their “Livescan” fingerprinting system and a digital camera.

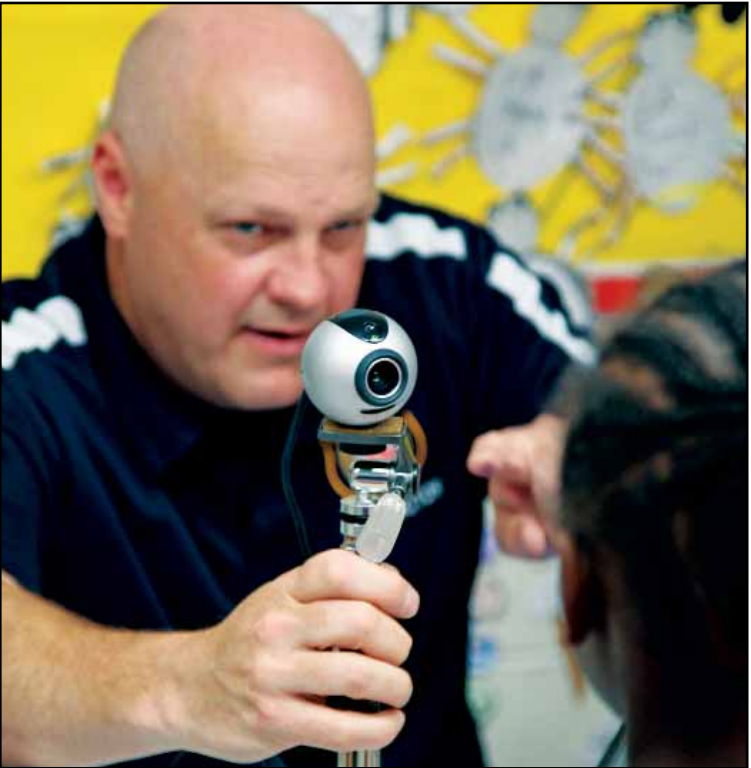
Once the child is fingerprinted and photographed, the kit is assembled on a computer and a color printout is made for the family.

Police Chief Michael Colaneri stated, “This digital system is cleaner than the inked fingerprints. Sometimes fingerprinting a fidgeting youngster was difficult. With this digital ID program, the quality of each fingerprint is validated immediately.”

The Hasbrouck Heights Police Department acquired an automatic “Livescan” fingerprint system in 2007.

The main console is located in the Police Department. A portable kit allows the Department to go to schools to conduct the child safety ID program.

Both the console and mobile unit cost \$25,000 (\$20,000 came from confiscated drug funds and \$5,000 was donated by an anonymous Hasbrouck Heights resident). ###





Carlstadt Fire Department Inspection

Following their Memorial Service on May 16, 2015, the Carlstadt Fire Department held their annual inspection at the Jefferson Street Firehouse. Borough Officials and Mutual Aid Chiefs inspected Department members and equipment. Light refreshments followed. *Photos by Dennis Kronyak Sr. ###*



On June 6, 2015, at about 12:25 p.m., the Wood-Ridge Fire Department responded to a two vehicle MVA at Hackensack Street and Union. Driver was taken to HUMC. *Photo by Dennis Kronyak Sr. ###*

On June 6, 2015, at about 1:40 p.m., the Wood-Ridge Fire Department responded to a two vehicle MVA at The Boulevard and Innes. No injuries were reported. *Photo by Dennis Kronyak Sr. ###*



On June 2, 2015, at about 1 a.m., the Wood-Ridge Fire Department responded to Moonachie Avenue and Wood-Ridge Street where a vehicle crashed into a home. No serious damage was apparent to the home. Air bags were deployed and two persons were taken to HUMC. *Photo by Dennis Kronyak Sr. ###*



Carlstadt Fire Department responded to smoke conditions at Tribeca Ovens on May 31, 2015. A 5" line was laid from the hydrant, with two 2-1/2" attack lines into the building to extinguish a small fire. *Photo by Dennis Kronyak Sr. ###*



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Fire Departments Remember Their Brothers



Carlstadt

On May 16, 2015, at 5 p.m., the Carlstadt Exempt Firemen's Association held a memorial service at Memorial Park.

The program was led by Richard Bartlett, President, Carlstadt Exempt Association. Richard Foy gave the Invocation. The Pledge of Allegiance was led by Chief

Thomas Sabia. The National Anthem was sung by Jovanna Matraxia. The guest speaker was Lt. John Lewis (Ret.) Passaic Fire Department/BC Fire Academy.

Foy gave a Memorial Prayer, with the Roll Call by President Richard Bartlett and Tolling of the Bell by Past Chief Kenneth Schwarz. Placement of the wreaths, Benediction

by Richard Foy Jr. and closing remarks by Richard Bartlett. A Department Inspection was held at the Jefferson Street Fire Headquarters, followed by refreshments. *Photos by Dennis Kronyak Sr. ###*



Hasbrouck Heights

On Memorial Day, May 25, 2015, a service was held at The Firemen's Memorial at The Circle. The Department formed along the entrance, facing the Department Honor Guard. Master of Ceremonies was Firefighter Thomas Rubino.

The program began with the National Anthem played by the Hasbrouck Heights High School Band. Mayor Rose Heck and Councilman Russell Lipari made comments. Ex-Chief/Councilman Chris Semencz read the 220 names of deceased firefighters -- with the Tolling of the Memorial Bell. *Photos by Lisa Ratkowski. ###*

Lodi

The Lodi Fire Department held a Memorial Service on May 25, 2015. Lodi firefighters formed up at the Kennedy Drive Firehouse and marched to the Firemen's Monument on Garibaldi Avenue. The Fire Department Chaplain, Peter Christiana, gave the Invocation, followed by the Pledge of Allegiance. The Chiefs placed wreaths at the base of the monument while "Taps" was played. There was a roll call of the deceased members with the verse, "Their Memory Is Still In Our Hearts," said between sections. The Chaplain then gave the Benediction. The Honor Guard and Chiefs marched out to Brook Street, where the Department did a "Pass in Review." The Department was then dismissed. ###



Wood-Ridge

The annual Wood-Ridge Fire Department Exempt Association Memorial Service was held on May 20, 2015. Exempt Association President Thomas Bischoff led the ceremony. Fire Department Chaplain Deacon FF Frank Materia gave the Invocation and the Benediction. Fire Chief Ronald Phillips, Jr, Fire Commissioner Dominick Azzolini, and Mayor Paul Sarlo all spoke

at the service. "Taps" was played by Asst. Chief Elizabeth Ferry and FF Sean Hughes of the Bergen County Firefighters Pipe Band played Amazing Grace on the bagpipes. Twenty four wreaths were placed at the bell by the families of departed brothers and local organizations and the names of the 124 deceased firefighters were read and saluted. During the past year, one name was added to the monument... Thomas "Skip" Bischoff. ###

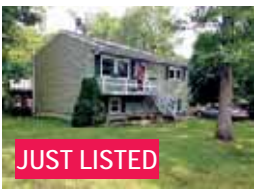


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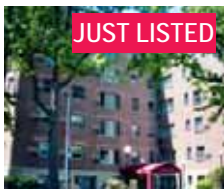
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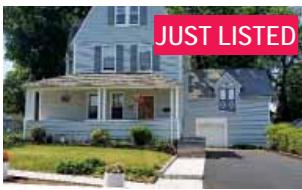
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