# The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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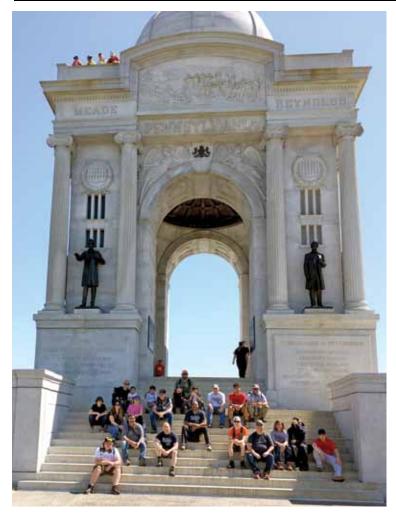
During Memorial Day Services, Veterans placed their poppies at the base of the Hasbrouck Heights Veteran's Monument.



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Patriotism was very real for Veterans, the home front and the children after WWII. Memorial Day community parades were long and robust with onlookers several people deep. Kids with decorated bikes of red, white and blue crepe paper (and baseball cards on the wheel spokes) chased those parades. Extended families would then visit cemeteries with American Flags and potted plants to place at grave sites and say prayers. It was a massive outpouring reflecting the recent shared experience.

Decades have passed. That rich patriotism of that generation long ago, has faded. Memorial Day services are attended by fewer and fewer. It was nice to see a younger Vet share this vanishing heritage with his son.



## Scouting Gettysburg

Hasbrouck Heights Troop 17 went on a three-day trip (May 14-16, 2021) to Gettysburg, Pennsylvania, which included tent camping and a 12-mile hike. Twenty-one Scouts and leaders saw several monuments at Gettysburg National Military Park, including one honoring the New Jersey Brigade. Provided by Scoutmaster Mario Fanego. ###



## Where Eagles Dare

Fort Lee Councilwoman Ila Kasofsky awarded a "Certificate of Recognition" to Troop 17 of Hasbrouck Heights at a ceremony on May 8, 2021. The Troop built a compost bin and planter boxes for Fort Lee's memorial garden as part of Harris Aiken's Eagle Scout project. *Provided by Scoutmaster Mario Fanego.* ###



#### **Cubs Meet Pups**

On Wednesday, June 2, 2021, the boys and girls of Wood-Ridge Cub Scout Pack 183 and Scouts BSA Troop 181 were joined by the Bergen County Sheriff's K-9 unit. Three officers from the K-9 unit (Officer O'Neil, Officer Terrana, and Officer Rivera) explained how, after nine months of training, their K-9s not only become partners, but become family. The officers also discussed the different roles they and their K-9s have and how each K-9 partner is specialized in their duty.

After the discussion and questions from the kids, K-9s Max, Armani, and Sirus were brought out to meet the kids. K-9 Max was able to show his speed and agility in a takedown demonstration. After quickly securing his target, K-9 Max was awarded with lots of pats and ear scratches by the audience. *Provided by Benjamin Walsh.* ###



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#### **Memorial Flag Garden Honors Vets**

On Saturday, May 22, 2021, at 11 a.m., the community gathered on the front lawn at First Reformed Church of Hasbrouck Heights to remember those who served and have passed into the nearer presence of God.

The program began with an invocation and welcoming remarks by Rev. Debbie Rundecker and the Pledge of Allegiance by Aidan Morrow.

American Legion Post 106 Commander Patrick McCarthy, provided the Reflection and read the names of those who have served. A flag was placed for those who have served and have passed, whether while on active duty or since their return.

"Taps" was played by Alfonsus Agapinan as the American Flag was raised. Pastor's Benediction concluded the

program, "to remember that we enjoy freedom and peace because of the selfless service of the men and women who are represented in the flags placed here. It is our hope that in seeing these flags and the names of those listed we will all live with a little more gratitude for the safety, the freedom and the country we share.

We will thank God for their service, for the legacy of freedom they have passed on to us and we will plant our first Memorial Flag Garden."

The flags will remain on the lawn until mid-July.

The public is invited to walk through the Memorial Flag Garden, to look at the names and to remember with us, the gift of freedom we share because of the service represented by each flag. ###



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Gazette Newspaper photographer, "Uncle" Dennis Kronyak Sr., was assisted by Ryan Ruff during the annual Carlstadt Fire Department Inspection held on May 22, 2021. See photo on page 16. Provided by Andrea Ruff. ###

#### **BGCLBC Hosts 16th Annual Golf Outing July 19**

The Boys & Girls Clubs of Lower Bergen County (BG-CLBC) will host its 16th Annual Elite Golf Outing on Monday, July 19, 2021 at the Arcola Country Club in Paramus, NJ.

Registration and breakfast begin at 7:30 a.m., a shotgun start at 9 a.m., with a catered lunch and awards at 1 p.m.

The cost is \$395 per golfer or \$1,500 per foursome, complimentary breakfast and lunch, access to a silent auction on-site and the chance to participate in exciting contests.

Lunch tickets are available for \$100 each. Sponsorship opportunities are available.

To participate or become a sponsor, visit www.bgclbergen. org/2021-elite-golf

For additional questions, contact at Melissa.mckinney@ bgcoflodi.org

The BGCLBC 16th Annual Elite Golf Outing will honor Boys and Girls Club alumnus, business leader and philanthropist, Jorge Ledesma. Funds from the 16th Annual Elite Golf Outing will directly support the life enhancing youth programs and services the BG-CLBC provides in its Lodi and Hackensack locations. In addition to mentoring programs which inspire positive impact on a child's educational and personal development, funds from the 16th Annual Elite Golf Outing will also support initiatives and resources like daily homework assistance, tutoring services, access to STEM programming, and equipment for activities and other learning materials. ###

## Having an Affair?

having an event that is open to the public, we can help you tell "everybody" about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information. Send these details at least 45 days prior to the event to: fritz@hasbrouckheights.com or drop them off at: The Gazette Newspaper, 345 Boulevard, Hasbrouck Heights, NJ 07604. ###

Conserve Energy When not in use, turn off the juice.

## Hasbrouck **Heights Street Fair June 27**

On June 27, 2021, the Hasbrouck Heights Regional Chamber of Commerce is sponsoring the Borough's premier event.

The Hasbrouck Heights Street Fair will be held from Raymond Street to Washington Place from 10 a.m. to 5 p.m.

Attractions include: Concerts at the main stage on Raymond Street; demonstrations from karate schools, dance schools, music schools on the local stage on Hamilton Avenue and a children's entertainment area with kiddie inflatables, trackless train, face painters, games, sand art and more fun stuff to do.

Come hungry! Some of the local eateries will be participating with outdoor dining along with a variety of gourmet food trucks and food vendors serving gyros, shish kabobs, zeppoles, funnel cakes, fried Oreos, sausage and pepper sandwiches, cheese steaks, kettle corn, ice cream, lemon ice, candy and nuts, sweet breads, jams, sticky buns, burgers, fries, hot dogs, ice cream, lemonade and more.

This festival will feature over 100 exhibitors and local merchants selling products, new items and collectibles.

There is a special section with handmade crafts from local and nearby crafters and artisans with unique one of a kind items. Also, stop by the many sponsor booths to see what goodies they are passing out. ###

### **Looking for VFW History**

Petersilge Velock VFW If your organization is Post 809, in Little Ferry, will be celebrating their 100th Anniversary in 2021. They are looking for photographs and other memorabilia to create a display of their history. Please contact the Post at 201-641-9759. ###

#### Little Ferry V.F.W. Hall Rental

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## Little Falls Street Fair July 4

Celebrate at the Little Falls Street Fair on July 4, 2021, hosted by the Little Falls PBA 346 at Main Street and Stevens Avenue from 10 a.m. to 5 p.m.

There will be merchandise vendors, crafters, kiddie rides, great food, and entertainment. Local businesses will showcase their shops. Exhibitors will offer merchandise such as jewelry, handbags, sports collectibles, clothing, home decor and much more.

Enjoy the delicious foods by gourmet food trucks and food stands. There will be chairs and tables set up so you can relax, eat and enjoy the show all day long.

Live Music...Don't miss the hot show we have planned with live music, dance and demonstrations from the local dancing schools, karate clubs and more. Visit the children's entertainment area with kiddie inflatables, face painters, games, sand art and more fun stuff to do.

For more information go to: www.jcpromotions.info or call 201-998-1144. ###

> July Birthstone Ruby

### **Food Truck Festival July 10**

The Hasbrouck Heights Food Truck and Music Festival will be held on Saturday, July 10, 2021, from 11 a.m. to 7 p.m., at Elks Lodge #1962, 128 Baldwin Avenue. Admission is \$5 with kids under 5 free.

**Event includes 15 Gourmet** Food trucks, beer, margarita and sangria garden, vendors, kids activities, pony rides, petting zoo, axe throwing, and inflatables. Indoor restrooms available.

Attendees are requested to bring a non-perishable canned or boxed item to help support the food pantry.

Event to benefit the Hasbrouck Heights Elks #1962. For more information email: justjerseyfest@aol.com ###

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## **Rutherford Concerts**

The 2021 Rutherford Summer Concert Series is on Thursday Nights: June 24, July 1, July 8, July 15, July 22, July 29, August 5 and August 12. Rain dates are the following Mondays.

Concert time: 8 to 10 p.m. at the Hutzel Band Shell in Lincoln Park, Park Avenue. Band schedules are not available at press time. This event is produced by **Cliffhanger Productions.** ###

## Carlstadt Concerts

Carlstadt Summer Concert Series is on Tuesday nights: June 22: The Nerds, July 6: Songs in the Attic, July 20: Luke & The Troublemakers, August 3: Parrottbeach, August 17: Local Talent Night, August 31: Jersey Sound and September 14: Mighty Spectrum Band.

Time: 7 to 9 p.m. at the Village Green Park located at the corner of 3rd and Broad Street.

This event is produced by **Cliffhanger Productions**. ###

### Rummage Sale July 22, 23 & 24

The First Reformed Church, Washington and Burton Avenues in Hasbrouck Heights, will host a Rummage Sale on July 22, 23 and 24, 2021. Thursday and Friday from 5 to 8 p.m. and Saturday from 9:30 a.m. to noon. Drop offs welcome Monday through Thursday from 1 to 4 p.m. For more information call 201-288-1122. ###

### FOCAS Holds Flea Market July 24

The June FOCAS Flea Market scheduled for Saturday, June 19, 2021 has been rescheduled for July 24, 2021, from 10 a.m. to 4 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more.

Flea Market merchandise donations of clean, gently used or new items are gratefully accepted. (Not accepted are TVs, PC monitors, golf bags and clubs, exercise and sports equipment, clothes or magazines or any items that are broken or soiled.)

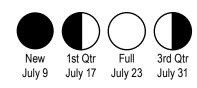
They may be dropped off at the American Legion on Friday, July 23, 2021, from 3 to 6 p.m. No donations will be accepted on Saturday. All proceeds benefit homeless animals. For additional information, call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

### Book/Jewelry Sale Sept. 18

The Friends of the Hasbrouck Heights Library will host a Book/Jewelry Sale on Saturday, September 18 and Sunday, September 19, 2021, at the back parking lot of the Municipal Building. Time and details to follow.

Donations of gently used books and costume jewelry can be left at the Library from July 1 to August 31, not before nor after, to enable volunteers to sort the materials.

Adult volunteers are always needed. If interested, please contact Micky at 201-288-5371, or the Library at 201-288-0484. ###



#### **Full Buck Moon**

The July full moon appears on Friday, July 23, 2021, at 10:37 p.m. It is called the "Full Buck Moon."

According to the Farmer's Almanac, July is normally the month when the new antlers of buck deer push out of their foreheads in coatings of velvety fur.

It is also often called the "Full Thunder Moon," for the reason that thunderstorms are most frequent during this time. Another name for July's moon is the "Full Hay Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

**July Flower** *Larkspur* 

## AL Pig Roast July 17, 2021

The American Legion Squadron 310 is again hosting their very popular Art Jensen Jr. Annual Pig Roast fundraiser on Saturday, July 17, 2021, from 3 p.m. to 7 p.m., in their picnic grove at American Legion Post 310, 100 Liberty Street, Little Ferry, NJ.

Cost is \$25 pp in advance by July 13. \$30 pp at the door.

Admission includes "all you can eat" hamburgers, hot dogs, London Broil, BBQ chicken, two-100 lb. plus pigs, mussels, fresh corn on the cob, salads, draft beer and soda. Children under 12 eat for free. Music by "DJ Bill Reagan." All proceeds go the Veterans and children's programs. ###

## AL Picnic Sept. 11

American Legion Post 310 will hold its 39th Annual picnic on Saturday, September 11, 2021, from 3 p.m. to 7 p.m., at the Post, 100 Liberty Street, Little Ferry. Rain or shine. Cost is \$30 per person at the door or \$25 in advance. Kids under 12 eat free.

All you can eat, BBQ chicken, baby back ribs, hamburgers, hot dogs, sausage and peppers, clams on a half shell, corn on the cob, Manhattan clam chowder, salads, draft beer and soda included. Bar closed for non-ticket holders.

Entertainment by DJ Jack Jam. There will be a 50/50 drawing. Please bring your lawn chair. Large Pavilion on site and tents in case of inclement weather.

All proceeds go to support Veterans and children's programs. For additional information, call 201-807-0470. ###

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#### **Felician University Named Military** Friendly for 9th Year

For the ninth consecutive year, Felician University has received the designation of Military Friendly School by Military Friendly, which recognizes educational institutions that strongly support programming for Veteran students. Felician University received the 2021-2022 Military Friendly status of Silver.

Felician strives to enhance the university experience of student Veterans by offering peer tutoring, study assistance, free and private counseling services at the Student Counseling Center, and activities through the Office of Campus Ministry. Felician created a Veteran's Lounge that includes kitchen and study spaces exclusively for Veterans.

A chapter of the Student Veterans of America is active at the university.

In addition to the G.I. Bill, Felician University awards a Military Grant, and participates in the Yellow Ribbon Program to help support Veterans on their degree path.

Military-friendly degree programs are designed with Veterans in mind to reflect their unique skill sets and the flexibility required by many Veteran students, including eight-week sessions and evening classes.

The Military Friendly Schools survey is the longest running and most comprehensive review of colleges and universities serving military and Veteran students and includes educational institutions offering certificate programs to doctoral degrees. Felician University is proud of their continued recognition for supporting those who have proudly served our nation. For further information, contact Anjali Patel at patela@felician.edu

### Alexander and the Terrible, Horrible, No Good, Very Bad Day

Care on the Corner announces the Summer 2021 program for Kids on the Corner, a Performing Arts Program for children in Grades 2 - 7.

This session marks the 40th production of Kids on the Corner. The goal of Kids on the Corner is to educate and enlighten children in different art forms and cultural experiences.

The children are offered opportunities to learn about history, culture, visual arts, theater production, set design, costume design, music and acting.

The Performing Arts group meets Monday, August 9 – Thursday, August 12, 2021 from 9:30 a.m. – 12:30 p.m.

Under the direction of Cindy Summers, participants will tell the story of "Alexander and the Terrible, Horrible, No Good, Very Bad Day." All are welcome to come out and see the performance on Thursday, August 12, 2021 at 7 p.m.

Cindy Summers has enjoyed more than 20 years working in the theater. She has performed internationally in London, Scotland, and Ireland, and has performed in NYC's legendary Duplex, The Metropolitan Room, Don't Tell Mama, and 54 Below. Cindy has been teaching and stage managing children's theater for over ten years in numerous companies. She is currently working with Kids on the Corner, The Women's Theater Company, and NiCori Studios & Productions.

The group meets at the Parish Hall of St. John the Divine at 229 Terrace Avenue, Hasbrouck Heights, NJ. Call the Care Center at 201-288-9460 to register. There is a \$35 registration fee. Scholarships are available. ###





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## **Summer Safety Tips**

Fire Department offers these summer safety tips regarding hazardous materials.

Store gasoline in safety cans manufactured and labeled for that purpose.

Gasoline should never be stored inside your home because vapors can travel to a flame source and ignite. Gasoline should be stored outside, or in a well ventilated shed.

Don't refuel lawn mowers, trimmers, edgers or other gasoline powered equipment while hot because the fumes may ignite and start a flash fire. Allow the equipment to cool. Use a funnel to prevent spills.

Keep fertilizers and pool chemicals away from gasoline, oil and fuels. Pool chemicals (chlorites) and fertilizers (ni-

The Hasbrouck Heights trates) are strong oxidizers and react violently with fuel vapors (hydrocarbons).

> Powdered and pellet chlorine should be kept in a cool, dry place. If water enters a chlorine container, it can react and possibly explode. Never add water to chlorine -- add chlorine to water to prevent a splash or violent reaction.

Pesticides should not be accessible to children or pets and should be kept in tightly closed containers in a cool, dry place.

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## Too Much Sun is Bad for Your Skin

Understanding UVA, UVB, SPF

Basking and working in the sun, without protecting your skin can lead to wrinkles, premature aging and, worst of all, skin cancer.

Sun damage is also responsible for leathery-looking skin, broken capillaries, wrinkles and hyperpigmentation, or age spots. While people are more

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aware of the sun's harmful effects, many do not protect themselves or use sunscreens.

Ultraviolet (UV) radiation that affects the skin is classified as UVA and UVB. UVA is the longest of the UV. It can penetrate into the deeper layers of the skin and plays a major role in skin aging and wrinkling. UVA penetrates glass and clouds.

UVB is responsible for burning, tanning, accelerating

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the skin aging and also plays a key role in the development of skin cancer. UVB varies by season, location and time of day. The most intense amount of UVB hits the U.S. between 10:00 a.m. and 4:00 p.m. Try not to schedule outdoor activity between these hours and seek playgrounds where shade - from trees or awnings - is plentiful. If your child has to be outdoors during these hours, be sure they're protected from the sun with a hat, sunglasses, etc.

What is SPE? Sun Pro-

What is SPF? Sun Protection Factor (SPF) measures the protection provided by a sunscreen against UVB.

Higher SPF numbers are preferable, but SPF measures protection only from UVB - not UVA rays. When choosing a sunscreen, select a product that provides "broad-spectrum" protection for both UVA and UVB. If you are going to the beach or pool, make sure it is water-resistant and doesn't wash off in the water. Use an SPF of 15 or higher.

#### When to apply sunscreen

- Apply sunscreen 20 minutes before going out into the sun to give it time to absorb into the skin. Be generous and regular - about 1 ounce every 2 hours, and more often if you are swimming or perspiring.

Apply sunscreen to the top of your ears, back of hands, neck and toes.

#### Other protection tips:

- Use a hat to shield your face where sun damage frequently occurs.
- Be aware that the window glass in cars does not block all of the sun's harmful rays, making the driver's left side more prone to sun damage. Apply sunscreen before long car rides. ###

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## Filling You In

By Jeffrey E. Mason, DMD, FAGD.

#### **Dental Injuries**

Dental injuries can occur any time but are most common when participating in sports or other recreational activities. Not all dental injuries are the same and are very likely treated differently. This guide is meant to be informative and give examples of several types of injuries. In all cases, it is important to contact your dentist as soon as possible. Also, if there are other injuries in addition to the mouth, be sure to seek appropriate medical attention for those injuries. Not all hospitals have dentists on staff and therefore may not be able to help with the dental injuries. If your dentist is unavailable, Hackensack UMC has dental residents on call 24/7.

- Avulsion is a term used for the injury when a tooth or teeth are completely forced out of the tooth socket (knocked out). When a tooth is avulsed, there is a 30-minute window of opportunity to re-implant a tooth into its socket, so get to a dentist immediately. The chance of successful re-implantation is reduced significantly after half an hour. In the meantime:
- Do not attempt to sterilize or brush the tooth, and do not handle it by the root. If there is debris on the tooth, gently rinse it with water.
- If the patient is alert, re-implant the tooth. Then stabilize it and control bleeding by biting down on a towel or handkerchief.
- If unable to re-implant the tooth, transport it in saline, milk or saline-soaked gauze. If the patient is alert, the tooth may be placed in the side of the cheek.
- Tooth Fracture is when a tooth is cracked or broken into two or more pieces. If a tooth or teeth become fractured you

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may follow these suggestions:

- If the tooth is broken in half, find and save the broken piece. Transport it to the dentist using the same techniques used for an avulsion.
- Bite down on a towel or handkerchief to stabilize the tooth and control bleeding.
- If extreme pain is present, prevent the injured tooth from coming in contact with air, liquid or other teeth.
- Tooth luxation is a term used to describe the displacement of a tooth out or away from its natural position. If a tooth is luxated, the patient needs to see a dentist as soon as possible. There are three types of luxation, and each requires a slightly different technique:
- (1) Extruded Tooth an upper tooth that hangs down or a lower tooth that extends up from the gums.

Emergency care:

- Use your finger to firmly reposition the tooth in its socket.
- Bite down gently on a handkerchief or towel to stabilize the tooth.
- See a dentist immediately.
- (2) Lateral Displacementa tooth that is pushed back or pulled forward.

Emergency care:

- Use your finger to reposition the tooth in its socket; if it is painful, skip this step.
- Bite down gently on a handkerchief or towel to stabilize the tooth.
  - See a dentist immediately.
- (3) Intruded Tooth a tooth that has been pushed up or down into the gums. The tooth will look short.

Emergency care:

- Do NOT attempt to reposition the tooth.
- Do nothing to treat the injury yourself.
- Get to a dentist immediately.

Ref: Academy of General Dentistry 2019

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

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#### July 2021 Religious Festivals Calendar

- July 9 Baha'i: Martyrdom of the Bab - commemorates the execution of the co-founder of the Baha'i faith. the Bab
- July 17 to 22 Islamic: The Hajj – annual pilgrimage that all Muslims must make to the holy city of Mecca in Saudi Arabia at least once
- July 18\* Jewish: Tisha B'Av – this holiday commemorates the destruction of the Jewish temple in both 586 BCE and 70 CE in Jerusalem
- July 19 to 7/23 Islamic: Eid al-Adha – a Muslim cel-

ebration marking the end of the Hajj pilgrimage

- July 23 Rastafarian: Birthday of Haile Selassie celebrates Emperor Haile Selassie, who was believed to be the incarnation of God
- July 24 The Church of Jesus Christ of Latter-Day Saints: Pioneer Day – a state holiday in Utah, celebrates Brigham Young leading Latterday Saints to the Great Salt Lake where they established their Church. ### Source: https://www.diversityresources.com/

#### PRAYER TO THE **BLESSED VIRGIN**

(Never known to fail) Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are some that can withstand your power. Oh, show me herein you are my mother.

Oh Mary, conceived without sin, pray for us who have recourse to thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal.

You who gave me the gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. thank you for you your mercy toward me and mine.

The person must say this prayer

three consecutive days. After three days, the request will be granted. This prayer must be published after the favor is granted. N.M. ###

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#### PRAYER TO ST. JUDE

Oh Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to who God has given such great power to come to my assistance. Help me in my urgent petition. In return I promise to make your name known and cause you to be invoked. Say three Our Fathers, Hail Marys and Glorias.

Publication must be promised. St. Jude, pray for us all who invoke your aid, Amen. This novena has never been known to fail. This novena must be said for nine consecutive

days. F.O.R. ###

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.--

General Dwight D. Eisenhower

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## Let's Go Traveling!

By Rick Ardis

#### **River Cruises**

Cruising the rivers and coastal waters of North America are often an overlooked option for many vacationers.

These cruises are unique choices for Americans to explore their homeland on vessels with 400 passengers or less.

River cruising has grown dramatically in Europe over the last decade, while options in the United States and Canada have been extremely limited.

Recent developments are bringing new boats and lines into the marketplace.

American Queen Steamboat Company features four paddle-wheel riverboats plying the midwestern Mississippi, Ohio, and Cumberland Rivers,

plus the Columbia and Snake Rivers in the Pacific Northwest.

The namesake, American Queen, is the last true steam engine paddle-wheeler in service today. The vessel features a traditional steam calliope that is played when arriving and departing ports along the rivers.

This boat is the largest on the rivers and the music adds an air of nostalgia and authenticity.

American Cruise Lines is the fastest growing of the lines sailing in North America. ACL now boasts 13 boats sailing similar itineraries as American Queen, plus the coastal waters of New England, the southeastern United States, Puget Sound, and Alaska's Inside Passage.

The line offers several types of boats, each accommodating between 100 to 190 passengers. There are modernstyle boats along with contemporary paddle-wheelers. The coastal voyages feature ports that the larger cruise ships cannot visit. Port calls include Martha's Vineyard and the quaint villages between Portland and Bar Harbor, Maine. Also available is an unusual itinerary along the Intra-Coastal Waterway between Baltimore and Florida.

In Alaska, there are some distinctive options for up close to nature experiences. Un-Cruise features small ship cruising aboard vessels ranging in size from 22 to 84 passengers. The untraditional craft can traverse shallow waters for views of wildlife on shore not available to passengers on traditional cruise lines. The smaller passenger count allows for a personalized experience without a crowd. Popular options are paddling a kayak along the shoreline or trekking through unexplored forests.

There are also operators such as Alaskan Luxury Cruises, where Captain Jeff Gorton will take up to 6 passengers on a completely private Alaska experience. The company will even tailor the daily menu to your tastes.

European powerhouse, Viking River Cruises, is scheduled to enter the USA market in 2022 with a 386-passenger riverboat. The new boat will be a larger version of its European vessels specially designed to ply the Mighty Mississippi. Private balconies will be an option on many staterooms that feature a crisp Scandinavian design. The new option has met with such great response, that many of the 2022 and 2023 departures are already completely booked! Viking is now taking reservations for 2024.

On hold right now due to the closure of the border with Canada, American Queen's sister company, Victory Cruise Lines, is scheduled to return in 2022. The line features Victory I and Victory II, which are modern versions of the historic packet steamships. These two ships visit American and Canadian ports on the Great Lakes, St. Lawrence Seaway, and Atlantic Coast. A new deluxe expedition vessel, the Ocean Victory, will join the fleet in 2022 for cruises to the Alaska Inside Passage.

By venturing down historic waterways on a riverboat, one can visualize themselves sailing back in time through a wake created long ago by Mark Twain or Lewis and Clark. ###

Rick Ardis is the owner of Ardis Travel -- established in 1981. 201-939-9135 • www. ardistravel.com • rick@ardistravel.com ###



## **Artful Thinking**

By Artie Maglionico • Lodi Historian

**Artful July** "Beyond the Girl with Red Hair" Part One of Two

Some of you out there in Artful Thinking land have been asking me to re-visit the girl with red hair and discuss the impact she had on the 13 year old kid from Arnot Street.

Impact? Yea I guess you could say she played a vital part in what was a time of change, when ideals began to take a back seat to experience. The girl with red hair, along with everything else that was going on around me, indeed had a major impact on my life. She was my first one on one encounter with love in the purest sense. With that rose to the surface certain feelings and thunderous emotions that, until then, were unknown to me in common hours.

Impact? Still writing about that lovely little redhead some 60 years later. Folks, if that's not impact, I don't know that is!

Even now when I walk past Columbus School, especially during spring time, I can still feel her presence. I see her waving to me on the school ground where first my cousin, Anthony, introduced us.

I see her on the steps where we held hands, sharing admiring glances and whispering those intoxicating words of love. In the background I can hear the marvelous sounds of all those baby boomers decorating the playground like flowers in a garden of dreams. Was it all a dream? Could anything that beautiful exist in real life. It did! Re-living all of that magic sends me off into the clouds only to crash to earth lake a falling star when I realize that it's all gone, the kids, the games, the places, the classmates and yes, the girl with red hair.

Here's an original poem taken from my book "The Poetry of Westervelt Place." Get the the tissues ready folks, it's a tear jerker.

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#### **Wandering Ghost** by Artie Maglionico

Caught in the spiral of nature's wrath. I limp wearily along this path I rest at the schoolyard With those held dear. We wait for a wandering ghost

to appear. A red haired girl looks my way blossoming in the field of May. I see her there smiling patiently wanting to embrace What's left of me. What's left of me has journeyed far and like the faint light of a distant star She lights the faces of my past. It's there that we embrace

at last.

-fini-

Who was the wandering ghost you ask? Perhaps it was me or, for that matter, maybe it was you. At one time or another we all venture down that path. In the end, though our travels take us to different places, our final destinations are the same.

Sooner or later, on some level, we meet again. So it was the girl with red hair and everything she brought with her on

that soft, spring afternoon in May of '61.

Hers was a temporal stay at best, the symbolism of which had staying power.

The ending, in the emotional sense, was of a Biblical nature. It was as if a bearded Charlton Heston (the actor who played Moses) came along with staff held high and created a space between us that was a lifetime apart.

Try though I did, there was no going back. That segment of life as I knew it was gone forever.

At the time it seemed that the parting came swiftly, without warning. In retrospect, however, there were drastic changes taking place in and around me that until then were not noticed.

I mean I noticed them through the corner of my eyes but never gave it much thought until I met it head on.

I'm sure many of you can share the same experience. Especially those of you who were coming of age in the early 60s. Changes were happening on a wholesale level and we had all to do to make the necessary adjustments like it or not. For me, at least, making those adjustments was a daunting task. It was Milton,s "Paradise Lost" revisited. Quite a difficult undertaking of which, in some ways, I never successfully

completed.

I sort of went along for the ride. A bumpy one at that.

An excerpt from a poem I wrote called "Rainbow" taken from my book reads as follows:

#### Rainbow

by Artie Maglionico

Secrets escaping like crows from a vineyard

Leaving behind the scattering seeds.

Over the fences and into the

Saying goodbye to our little kid needs -fini-

Once we were too small to climb over that "fence." When we were tall enough to see over it we were able to view a life beyond the girl with red hair. The older kids, already on the other side, reached over and pulled the reluctant 13 year olds over by their shirt collars.

I had to be booted over by the kid behind me who was rapidly outgrowing his Levi's. No sooner did I hit the ground when I immediately attempted to climb back over. By the time I made it back to the top I realized that the landscape was void of life. Everyone had, by then, successfully scaled the "fence" and were on their way toward a new horizon. I let go and dropped back down to what was beneath me.

It was there that I mourned the loss of innocence. It was difficult for me to say goodbye. End of Part One. ###

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## Keep Wood-Ridge Beautiful June 6

Project "Keep Wood-Ridge Beautiful" celebrated its twenty first year on Sunday, June 6, 2021. Over 250 volunteers participated with one of the largest groups in its history. It was held outdoors from 11:30 a.m. to 3 p.m.

The purpose of this event is to raise awareness of our environment and the impact of litter. Hackensack Street and Valley Boulevard were cleaned, while flowers were freshly planted at the Library, Civic Center, Senior Center, Veterans Park on Valley Boulevard and C.E. Doyle School.

A shredding event was also held from 9 a.m. to 1 p.m. in

sored by the Bergen County Board of Health and BCUA.

This year's 2021 tee shirt art design contest was offered to students in Grades 7-8 with the winner, Ms. Addison Passarella, receiving a check for \$50 at the day's event, compliments of the Mayor and Council, with her artwork design and name prominently displayed on the front of each tee shirt with last year's 2020 winner, Ms. Olivia Sancillio, having her artwork displayed on the back of the tee shirt.

A special Thank you to Tullo Ice of Hasbrouck Heights for donating ice and the Bergen

front of the Civic Center, spon- County Dept. of Health for the use of their cleaning utensils.

> It was gratifying to see the shared efforts of many organizations in town including the Girl Scouts, Boy Scouts, Knights of Columbus, Transformation Life Church, WRHS students, Police Department, Auxiliary, EMS Department, Fire Department, DPW, along with individual families all working together with enthusiasm and cooperation for the betterment of Wood-Ridge. Wood-Ridge is a special place to live and it was certainly evident that friends and neighbors take pride in our community. I would like to encourage all



A Shredding Event was held at the Civic Center June 6, 2021, from 9 a.m to 1 p.m. The Boy Scouts and National Honor Society assisted.

residents and business owners to do their part to "Keep Wood-Ridge Beautiful" all year round by picking up litter and recycling. Set an example for

all to follow!

Provided by Wood-Ridge Councilman Ezio Altamura and Council President Ed Marino, Co-Chairmen, KWRB. ###

## W-R Lions Install Officers, Celebrate Buddy Rottini

The Wood-Ridge Lions Club held their annual installation night at Lassoni Ristorante in North Arlington on Thursday, May 20, 2021.

The Club celebrated a successful but unusual year raising more than \$30,000.

Due to Covid-19, the Club was only able to hold their annual golf outing. The annual pancake breakfast and town wide solicitation of donations were not able to be held.

The Club also had to cancel their largest event, the annual beefsteak dinner. However, due to the overwhelming support of Club members and supporters of this event, the Club received \$13,800 in donations without holding the dinner. Over the past ten years, the Club has raised and distributed over \$400,000 to Club projects. The Club is considered not only one of the top Clubs in the county but in the entire state of New Jersey.

Significant contributions were made to St. Joseph School for the Blind, Camp Marcella, Gus Hoene Rehabilitation Center, The Foundation for Fighting Blindness, Juvenile Diabetes, The Lions Eye Bank of New Jersey. In addition, the Club continued to support the Wood-Ridge Library, the PBA Vest Fund, the Little League, Special Olympics, as well as other local needs.

High School Seniors from Wood-Ridge received scholarship awards from the Club. Natalie Cala, Samantha Eckert, Nicholas Parmi each received \$1,000. Emily Gardella, Ayushi Patel, Victoria Nieves and Ryan McMullin received a \$750 award.

Buddy Rottini, who served as Club President in 2004-2005 and as Treasurer from 2015-2021, passed away in April from Covid-19. He was a dedicated Lion and a key figure in the Club. He was nominated in 2020 to receive the Melvin Jones award. The award is the highest form of recognition by Lions International. The award was presented to his daughters Samantha (Sammy) Jackson and Joanna Rottini. Buddy took the Lions Club motto "We Serve" to heart and he will be sorely missed.



The members of the Club wish to express their sincere gratitude to the many citizens

of Wood-Ridge and surrounding communities that have supported our efforts. Provided by Jack Nagel. ###



Etta with her granddaughter, Marie

#### **Happy Birthday Etta**

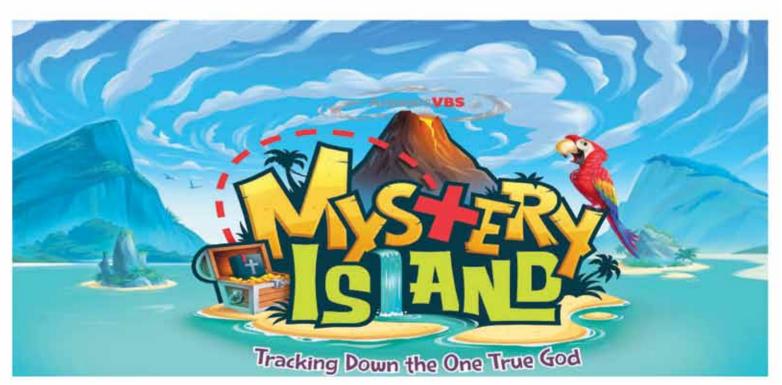
On May 23, 2021, Etta Yarmula, of Lodi, celebrated her 96th Birthday at a party given at her home by her children. Over 50 friends and family members gathered at the outdoor bash to enjoy the festivities. Photo provided by family. ###

Six small meals spread through the day can help to keep blood sugar levels stable and keep you mentally alert and physically energetic all day long. ###



## Honoring Those Who Served

Honoring Deceased Veterans: Beginning on Saturday, May 22, 2021, members of Joseph M. Lane American Legion Post 136, Sons of the American Legion, and Ladies Auxiliary in Lodi, NJ, placed American Flags on the graves of Veterans at St. Nicholas Cemetery, Lodi Cemetery and St. Francis de Sales Cemetery. ###



## We're Back VBS 2021!!

July 12 - 16 from 6:30 PM - 8:45 PM (FREE for kids entering K - 6<sup>th</sup>)

Come and be a part of our great adventure on Mystery Island located at 31 Passaic Avenue in Hasbrouck Heights as we track down the One True God. You and the other islanders will experience Lighthouse Lessons, Ride the Tide Games, Tropical Treats and Deep Sea Crafts.

Register at:



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## **Cancelled Stamps Wanted**

Seventeen years ago, in 2004, the Kiwanis Club of Hasbrouck Heights started a project collecting cancelled stamps. They came upon a letter from Sister Ann Mary, a retired Carmelite Sister, who was collecting stamps and selling them to dealers.

The money helped children at St. Benedict's Day Nursery and Infant Hospital of Georgetown, St. Vincent of the West Indies. She collected stamps until 2008. In 2008, the AARP Chapter 418 took this project as one of their own. In August of 2008, the AARP Chapter 418 found another organization that was collecting stamps.

The Lodge collects and sends the stamps to a facility where they are sorted and packaged to sell to collectors and dealers. The proceeds are donated to the Norwegian Health System to aid physically and mentally challenged children and youth.

In June 2015, The Leisure Club of Hasbrouck Heights took over the project. If you would like to help, please trim the stamps to 1/4 inch around the stamps.

Old envelopes and postcards are also being collected. If envelopes, postcards etc., are more than 40 years old, please do not cut off the stamps, but save the whole envelope/ postcard.

The stamps can be dropped off or sent to: **The Gazette Newspaper**, 345 Boulevard, Hasbrouck Heights, NJ 07604. Or bring them to a Leisure Club meeting. ###

## Area Police on the Run with "Flame of Hope"



Above: HHPD passing the Torch to W-R Police Department. They were joined by Bergen County Prosecutor Mark Musella, Wood-Ridge Chief for the Day, Brody Bergner with his brother, Deputy Chief Jake Bergner, and Hasbrouck Heights Chief for a Day, Austin Zgoda.



Carlstadt Police were joined by Matthew Yocum. Mr. Yocum participated in the Olympics with Team Penguins (Area 12) in aquatics: 50 meter breast stroke and freestyle.



Above: East Rutherford Police awaiting the Torch from Carlstadt Police Department



Above: Rutherford Police awaiting the Torch from East Rutherford Police Department



Above: South Hackensack and Little Ferry Police Department runners are joined by Special Olympics athlete, Robbie. Photo provided by LFPD.

Although the 2020 Summer Games at The College of New Jersey was canceled due to COVID-19, it continued in

On June 11, 2021, the 38th Annual Special Olympics Torch Run passed through our area. One of the 26 legs leading to The College of NJ in Ewing, was the "Torch" passing from Lodi to Hasbrouck Heights, to Wood-Ridge to Carlstadt, to East Rutherford to Rutherford Police Departments. (Note that South Hackensack PD and Little Ferry PD ran in a separate leg.)

Starting at 4:45 a.m., more than 3,000 officers from over 375 police departments split into 26 separate legs, carried "The Flame of Hope" more than 750 miles through 300 towns across the state.

The legs come together culminating in the lighting of the Special Olympics New Jersey cauldron at the Opening Ceremony to officially open the 2021 Summer Games. More than 2,500 Special Olympics athletes, their families and fans, gathered at The College of New Jersey in anticipation of Special Olympics (New Jersey's largest competition event of the year), Summer Games.

Over the next two days, athletes competed in aquatics, bocce, gymnastics, power lifting, softball, tennis, and track and field. Officers continue to volunteer their time by award-

Last year, 2020, the Law Enforcement Torch Run (LETR) for Special Olympics NJ raised more than \$3.6 million dollars.

Hasbrouck Heights "high fived" school children along The Boulevard, then met up with the Wood-Ridge Police Department. W-R Police were joined by about 100 students along the run..

WRPD passed the Torch to Carlstadt Police who ran down Hackensack Street, passed it along to the East Rutherford Police who passed it along to the Rutherford Police Departments at the Rutherford railroad station. ###

- The International Torch Run was launched in 1981 by Wichita, Kansas Police Chief Richard LaMunyon.
- New Jersey held its first run in 1984 from Liberty State Park in Jersey City to Rutgers Stadium in New Bunswick.
- This event has expanded throughout the United States to 35 nations and 12 Canadian provinces.

Special Olympics New Jersey provided free year-round sports training and athletic competition in 24 Olympictype sports for more than 25,000 children and adults with intellectual disabilities.

The program provides continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of ing medals to the triumphant gifts, skills and friendship. ###





## **Blue Mass Honors Law Enforcement**

On Sunday, May 16, 2021, Church in Teaneck. Co-Celethe 5th Annual Assumption Parish "Blue Mass" was held honoring Police, Police Officers, Firefighters, EMS Personnel, First Responders, and Frontline Workers.

The Mass was Celebrated by Father Joseph A. D'Amico, Pastor of Saint Anastasia brant was Rev. Father Ronnie Nombre, Pastor of Assumption Church, Wood-Ridge.

The Mass recognized the sacrifices and dedication of all those who serve in Law Enforcement, Fire, and First Responders both in Wood-Ridge and other Departments.

Chief John Korin, Fire Chief Michael Cribben, and EMS Captain Dennis Kronyak and all who serve under them.

The Mass was live streamed and anyone wishing to still see this can visit The Assumption Parish Facebook page at Facebook.com/AS-

In attendance were Police SUMPTIONCHURCHWO- ers. ODRIDGENJ or visit www. assumptionparish.org and click on the Facebook link.

This annual event is coordinated by Councilman & Wood-Ridge Police Commissioner Ezio Altamura whose vision it is to honor our Police, Fire, EMS, and Frontline work-

Fr. D'Amico and Mayor and Senator Paul Sarlo addressed all in attendance and honored everyone for all that they do to serve the public.

Photo and story by Angelo





## Bicycle Safety and Car Seat Install/Inspection Day June 5

ment hosted a "Rolling and Patrolling" bicycle registration and car seat installation inspection on Saturday, June 5, 2021, from 9 a.m. to 1 p.m., at Lodi Police Headquarters.

Adults and teens were es-

The Lodi Police Depart- pecially encouraged to attend.

In an effort to protect Lodi residents, the Lodi Police Department registered these items with a documented identifying etching. Bicycles were engraved with a registration number which can help recover

stolen bicycles.

There were bicycle safety instructions, repair techniques, theft prevention precautions, instructional video, live demonstrations and an obstacle course.

Officers checked that bi-

cycle helmets fitted properly.

They gave away a free bicycle lock or a free helmet on a first come, first served basis. Proof of Lodi residency was required.

The Traffic Division was also available to install new

child car seats or perform safety checks on those installed. Proof of parental residency was required.

For more information, call Lt. Anthony Mobilio at 973-473-7600, Ext. 8126 or go to www.lodipd.org ###



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### Historically Speaking

By James J. Halloran



#### HASBROUCK HEIGHTS FIRE DEPARTMENT

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After the Borough Hall fire, the Department first used an auto dealership garage on Terrace Avenue. Their next move was back to an undamaged portion of the old Borough Hall until that was slated for demolition.

The Fire Department was then housed in a temporary structure on Central Avenue awaiting the current Public Safety Building to be finished. (See March and April 2020 issues of The Gazette Newspaper.)

A fire occurred on October 7, 2000, on Franklin Avenue. The fire appears to have been caused by a candle. A fire-fighter was bitten by a cat that he was trying to save.

During 2001, there were four 2 alarm fires in town. The one on Ottawa Avenue sent four people to the emergency room for smoke inhalation.

September 11, 2001 was the terrorist attack on the Twin Towers of the World Trade Center. Hasbrouck Heights EMS was dispatched to Jersey City. They were there to assist the survivors reaching New Jersey. Over the next days, eighteen members of the Hasbrouck Heights Fire Department would work at "Ground Zero."

Both volunteer and career firefighters, from across the Tri-state area, worked side by side in recovering the bodies of the victims of this horrendous attack. This is the true brother-hood of the fire service. (See September 2006 issue of The Gazette Newspaper.)

On February 2, 2005, around 7:15 a.m., a twin jet Bombardier Challenger 600 aircraft, tried to abort a take-off from Teterboro Airport. However, the aircraft ran out of runway, broke through the airport fence, careened across Route 46, hitting a number of cars and smashed into the Strawberry Warehouse.

Angelo Roccamo, at that time the First Assistant Chief, was the first to respond to the accident location. He saw a plume of dark smoke and the aircraft, on fire, sticking out of the building. He immediately called for a second alarm.

First on the scene was the Port Authority Crash Truck. The truck spread a bed of foam. Next to arrive was the Little Ferry Fire Department and EMS.

They were detailed to rescue the two injured people in an auto that was smashed by

the plane. They had to use the "Jaws of Life" to free them. The Heights FD proceeded to fight the fire and conducted search and rescue in both the plane and building. By 8:15, the fire was declared out. The Heights FD would not be released until 4:15 p.m.

On September 19, 2005, the Department donated their 1977 Seagrave Engine (Old Engine One) to the Biloxi, Mississippi Fire Department. Their fire engines were damaged by Hurricane Katrina.

At 11:30 p.m., on January 18, 2008, the pager tones were sounded for an alarm at Party Rental in Teterboro. Upon arrival, a heavy smoke condition was observed. A second and third alarm was called in. The fire was contained in the paint room by the sprinkler system. The major problem was gaining access to this location. A number of steel doors had to be cut through. To vent the building, the roof had to be cut through also.

The HHFD was called to Malcolm/Franklin Avenue on March 7, 2008. The operator of an auto apparently mistook the NJ Transit railroad tracks as a road. The driver turned onto the tracks heading north. After going a short distance, the car got stuck on the tracks. The driver then exited the car.

At this time, a northbound passenger train came along. The engineer put the train into emergency; however, the engine smashed into the car.

The Nissan sedan was stuck under the engine. The engineer tried to reverse the engine. This did not work. The HHFD had to chain the car to the tracks. The engine then pulled free. The driver failed a breathalyzer test. She was taken to NJ Transit Police Headquarters and charged.

There is a saying in aviation circles that says "Any crash you can walk away from is a good one." This was the case on August 21, 2009.

A plane attempting a go round after a missed landing at Teterboro Airport, clipped wires and crashed just north of Route 46. The crew escaped the plane just as it caught fire. The Port Authority Crash Truck and the Heights FD put out the fire.

On May 23, 2011, the Department was called to Depken Field to rescue four ducklings that had fallen into a storm drain. The ducklings were soon reunited with their mother.



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A house fire on Baldwin Avenue, on the night of May 25, 2011, would be a stubborn fire. A second alarm was called for. The home was extensively damaged.

A tractor trailer truck lost control on Route 17 South, shortly before 7:00 a.m. on July 28, 2012. The truck crashed into an office building. Just after impact, the truck caught fire.

The Department was dispatched and upon arrival it was determined that additional help was needed. The incident went to four alarms. The truck driver could not be reached. The firefighters would recover his body after the fire was out. There was no structural damage to the building.

Police, fire and OEMs all over the State of New Jersey were gearing up for the arrival of Hurricane Sandy on October 29, 2012. Firefighters were called to stand by at fire headquarters. The Department would respond to calls of trees down and the loss of electrical service to many homes and



After the Borough Hall fire in December 2019, the Department first used an auto dealership garage on Terrace Avenue.

businesses in town. The Moonachie First Aid Squad would share the Heights firehouse until the flood waters receded.

The Biloxi Fire Department repaid the generosity of Hasbrouck Heights, by sending a tractor trailer load of basic supplies to Heights. This was shared with nearby communities in need.

Just after 5:00 p.m. on October 29, 2013, a home on Springfield Avenue was the location of a three-alarm fire. The second floor and attic were severely damaged. ### Available online at: www. the-gazette-newspaper.com:

**Part One:** The Gazette Newspaper, February 2021, Page 18.

**Part Two:** The Gazette Newspaper, March 2021, Page 23

Part Three: The Gazette Newspaper, April 2021, Page 17 Part Four: The Gazette Newspaper, May 2021, Page 17

**Part Five:** The Gazette Newspaper, June 2021, Page 17

## Carlstadt Fire Department 2021 Memorial Service

On May 22, 2021, the Carlstadt Exempt Firemen's Association hosted the Annual Service in memory of all who have served and responded to their last alarm, especially John Sabia (Engine 1) and William Oosterwyk (Engine 2).

The program was led by President Larry Lang. Invocation and Benediction by Pastor Debbie Gargiulo. Pledge by Chief Dennis Kronyak, Jr. National Anthem, Joshua Novello. Guest speaker was Past Chief of Rochelle Park, FD Peter Donatello. Following the presentation of Memorial Wreaths, Piper Sharon Dunn played "Amazing Grace." *Photos by Dennis Kronyak Sr. ###* 







# Hasbrouck Heights Fire Department 2021 Memorial Service

On May 31, 2021, a brief service was held at the Firemen's Memorial at The Circle, to honor and recognize the service of past Department members. ###















## Lodi Fire Department 2021 Memorial Service

The Lodi Fire Department held a Memorial Day Service on May 31, 2021. The Department Chaplain, Peter Christiana gave the Invocation, followed by the Pledge of Allegiance. The Fire Chiefs placed wreaths at the base of the monument. There was a roll call of the deceased members. "Taps" was played. The Lodi Fire Department recognized several members for their extra service during COVID-19, presented a member with a life saving award, gave a scholarship and promoted a member of the Honor Guard. ###











#### Wood-Ridge Fire Department 2021 Memorial Service

Due to the rain, the Wood-Ridge Fire Department held a modified service inside the engine bays on May 26, 2021. Exempt Association President Thomas Bischoff Jr. led the service. Deacon Nick Valdez gave the Invocation and Benediction. Fire Chief Michael Cribben, Mayor Paul Sarlo and Councilman Dominick Azzolini made remarks. The 132 names of deceased members were read with the tolling of the bell. "Taps" was played by Ex-Chief Elizabeth Ferry. ###

## Carlstadt Fire Department Inspection

Following the Carlstadt Fire Department Memorial Day Service, on May 31, 2021, participants and guests were invited to the Fire Department Inspection at the Jefferson Street Fire Headquarters. Photo by Dennis Kronyak Sr. ###



## **Pomponio Walks Out**

On May 23, 2021, a Walk Out retirement ceremony was held for Donald Pomponio. He was a PST/Communications Director at the Carlstadt Police Department. He was also general dispatcher, serving the Carlstadt Police, Fire and EMS Departments. Photo by Dennis Kronyak Sr. ###



#### **Health Tip** Eat Greener

Eat more fruits and vegetables. Try to eat fruits and veggies for snacks as well as at main meals.

Instead of a candy bar, grab an apple. The sugars in fruits are just as full of energy, but are healthier for your body. Many Americans do not get their daily recommended amounts of fruits and vegetables.

Don't just open an extra can of peas at night either, try to add fresh fruits and vegetables to your diet as they are higher in vitamins and nutrients and have no preservatives added.

Eat organic if you can and pay attention to the flavors. You will be amazed at the differences in taste between canned, fresh and organic products. ###

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## Real Estate Insight

By Mary Ellen Courtney



#### Is a permit required for this?

When it's time to sell your home, you'll have a lot on your plate. The last thing you need is to realize that you didn't get proper permits for the improvements you made over the years.

This discovery can become a headache of monstrous proportions when trying to sell. Retroactive permits can be very difficult to navigate, and the alternative is even worse – ripping out all the work you did and starting over with a proper permit in place.

There's never a situation where skipping a required permit is a good idea. If you think you're making an improvement that will appeal to buyers, but you skip the permitting process because you want to save a little time and money, think again.

All that work you're doing to your home could easily be for naught and will mean nothing to a homebuyer if it's not done correctly. The purpose of permitting is to ensure that the work is being done by a licensed professional and is safe and up to code.

Unpermitted work can be a safety hazard, an insurance nightmare, could potentially cost you in money, time and endless headaches in the long run. Just a few projects that require permits in most New Jersey towns are:

- Fencing installation and re-
- Window installment
- Plumbing work
- · Electrical work
- Structural changes
- Many HVAC maintenance projects (like installing a new *water heater)*
- Construction of a deck
- Finishing a basement
- Converting a wood fireplace
- Installing underground sprinklers

Local building codes will dictate whether your intended construction requires a permit. If you're doing any of the following, check with your municipality before you start work:

- · Removal or addition of walls Room conversions that change
- the use, like turning your ga-

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#### rage into an office

- Changes to the home's piping systems
- Re-roofing
- Demolition of any part of the

If you're doing work on the systems in your home, those projects sometimes require specialized permits. For example, installing a new underground sprinkler system can mean you have to secure a plumbing permit. The best way to find out what's required is to contact your local permitting office.

But – good news for handy homeowners - not all renovation projects need permits. Cosmetic improvements like painting, decks under a certain height, installing new cabinets, putting in new countertops, a whole-house fan, repairing the driveway, building a small fence and more can be accomplished without needing to apply for permits.

What happens if you don't get a permit? It might be tempting to try and skip the permitting process especially because it can be a burden.

However, neglecting to obtain a permit can easily lead to major problems with your town. You might be subjected to hefty fees, or your project could be halted. In some cases, as stated earlier, the town might even require you to destroy the work that's already been completed because there's no way to tell whether the work is up to code. And unpermitted home renovations can definitely hurt sellers when they try to sell their house.

When in doubt, it's always best to contact your municipality to double check the permitting requirements for the projects you hope to complete.

Remember, the permit process isn't just red tape, it's actually there to keep you, your family and your buyers safe and secure. It might take a little more time, but it's worth it, guaranteed.

Maybe you've heard the saying, "It's easier to ask for forgiveness than permission." Where construction permits are concerned, the exact opposite is true...

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

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## Hurricane Season -- Be Prepared

Hurricanes can cause catastrophic damage. Hurricanes can produce winds exceeding 155 miles per hour as well as tornadoes and mircrobursts.

Additionally, hurricanes can create storm surges along the coast and cause extensive damage from heavy rainfall.

Floods and flying debris from the excessive winds are often the deadly and destructive results of these weather events. Flash flooding can occur due to intense rainfall.

#### **Know the Difference**

HurricaneWatch—Hurricane conditions are a threat within 48 hours.

Review your hurricane plans, keep informed and be ready to act if a warning is issued.

HurricaneWarning— Hurricane conditions are expected within 36 hours. Complete your storm preparations and leave the area if directed to do so by authorities.

#### **Prepare Your** Home/Property

- Bring in or secure anything that can be picked up by the wind (bicycles, lawn furniture).
- Trim loose/dead branches from trees.
- Secure windows with storm shutters/plywood (predrill holes).
- Remove satellite dishes/ antennae/roof turbines.
  - · Clean out gutters.
- Stack sandbags around exterior door frames.
- Close windows, doors and hurricane shutters. If you do not have hurricane shutters, close and board up all windows and doors with plywood.
- Turn the refrigerator and freezer to the coldest setting and keep them closed as much as possible so that food will last longer if the power goes out.
- Turn off propane tanks and unplug small appliances.
- your household and create an evacuation plan. Planning and practicing your evacuation plan minimizes confusion and fear during the event.
- Securely moor or move your watercraft to a safe loca-

#### **Don't Forget**

- Fill your vehicle with gas well in advance.
- Know how to turn off your home's gas, electricity and water.
- Prep generator to assure proper operation.
- Do NOT plan on using propane heaters indoors as these are a health hazard and a fire hazard when used

indoors. Same story -- do not use candles.

#### Have On Hand

- Tools (hammer, screwdriver, chainsaw, etc.).
- Plastic tarp (roof/window repair).
- Clean up supplies (for yard and home).
- · Camera to document before/after.

#### **Basic Disaster Supplies Kit**

A basic emergency supply kit could include the following recommended items:

- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both.
- Flashlight and extra batteries.
  - First aid kit.
- Moist towelettes, garbage bags and plastic ties for personal sanitation.
- Prescription Medications (7-day supply), medical information and medical items (hearing aids with extra batteries, glasses, contact lenses, syringes, cane).
- Baby supplies (bottles, formula, baby food, diapers).
- Pet supplies (collar, leash, ID, food, carrier, bowl), and vet records.
- Extra cash or traveler's checks and change.
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Sleeping bag or warm blanket for each person.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Rain gear.
- Extra set of car keys and house keys.
- Insect repellent and sunscreen.
  - Fire extinguisher.
- Matches in a waterproof container.
- Books, games, puzzles • Talk with members of or other activities for children.

#### Food/Water

Consider the following things when putting together your emergency food supplies:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation.
- Store at least a three-day supply of non-perishable food.
- Choose foods your family will eat.
- Remember any special dietary needs.
- Avoid foods that will make you thirsty.
- Choose salt-free crackers, whole grain cereals and canned foods with high liquid content.
  - Mess kits, paper cups,

plates, paper towels and plastic utensils.

• Manual can opener for food.

Following a disaster, there may be power outages that could last for several days. Stock canned foods, dry mixes and other staples that do not require refrigeration, cooking, water or special preparation.

#### What do I do After a Hurricane?

- Drive only if necessary and avoid flooded roads and washed-out bridges.
- Keep away from loose or dangling power lines and report them immediately to the power
- Stay out of any building that has water around it.
- Inspect your home for damage. Take pictures of damage, both of the building and its contents, for insurance
- Use flashlights in the dark. Do NOT use candles.
- Avoid drinking or preparing food with tap water until you are sure it's not contaminated.
- Check refrigerated food for spoilage. If in doubt, throw
- Wear protective clothing and be cautious when cleaning up to avoid injury.
- Watch animals closely and keep them under your direct control.
- Use the telephone only for emergency calls.

For more information go to www.redcross.org/prepare/ disaster-safety-library

#### **Flood Insurance**

Because standard home owners insurance doesn't cover flooding, it's important to have protection from the floods associated with hurricanes, tropical storms, heavy rains and other conditions that impact the U.S. For more information on flood insurance, please visit the National Flood Insurance ProgramWeb site at www. FloodSmart.gov.

#### **Dealing With** Flood Water

If you experience flooding, take immediate steps to protect yourself, your family, your home and your business.

For an overview of steps you can take, go online to: www.the-gazette-newspaper. com and check out the January 2013 issue, page 25.

#### **Additional References**

- www.redcross.org/prepare/disaster-safety-library
  - www.ready.gov
  - www.FloodSmart.gov

## Library Fun!

Books • Periodicals • Online programs eBooks • eAudiobooks • eMagazines Live Streaming events • Resources

Bergen County Cooperative Library System • https://www.bccls.org/ 77 Libraries have over 600,000 registered cardholders and circulate over 12,000,000 items annually

#### Wood-Ridge Memorial Library

Wood-Ridge Memorial Library, 231 Hackensack Street, Wood-Ridge, NJ 07075. 201-438-2455. https://woodridgememoriallibrary.org

The Wood-Ridge Memorial Library is open to the public at 100% capacity. Computer time is limited to sixty minutes, no advance reservation is required. The Book Drop is open for item returns. Porch pick-up is available upon request. Please see our website for updated information.

- Music with Miss Nita. Free music-and-movement classes with Miss Nita on our Facebook page. Prerecorded sessions are posted every Wednesday at 10 a.m., and are available to view at any time. Come share the joys of making music!
- Children's Summer Program Registration Tails and Tales! A summer reading club for children from birth through age 16. Participants are encouraged to read, or be read to, for 30 minutes per day and will earn points and win prizes. Reading logs will be handled online at the address below. The reading program will run from July 1– August 31. Register at woodridgenj.

readsquared.com or call 201-438-2455

## Summer Programs for Children

All programs are held on Thursdays, July 1 to August 31. Registration required.

- July 1, 4 p.m. (Library Lawn) Wilderness Skills with Mr. Dennis. Examine animal pelts, teeth and bones with wilderness skills activities.
- July 8, 4 p.m. (Virtual) Origami Animals with Mr. Paul. Learn how to fold 5 different animals from simple to complex! Materials can be picked up from the Library throughout the summer, and your creations will be displayed at the front desk.
- July 15, (Virtual) Bergen County Zoo Presentations:
- 3 p.m. Animal Tales (Grades K-3),
- 3:45 p.m. Amazon River Basin (Grades 3 -5),
- 4 p.m. Reptile Freestyle (Grades 5-8)
- July 22, 4 p.m. (Virtual): Mad Science "Tails and Tales" Learn all about how animals from myths and legends to how they move, see and hunt. Materials should be picked up at the Library before the program.
- July 29, 4 p.m. (Library Lawn): Mad Science "All About Animals." This outdoor program features classifica-

tion, camouflage, and animal life cycles. Each participant will create their own casts of animal tracks.

## Summer Programs for Adults

Registration is Required for each program and all events are virtual.

- July 7, 6 p.m.: Do It Yourself Terrariums Each participant will get the supplies they need to create a terrarium from Oak & Ivy in East Rutherford.
- July 14, 6 p.m. Big Summer Book Club. The first 15 people to register will get a FREE copy of "Big Summer" by Jennifer Weiner.
- July 22, 6:30 p.m. Meditation for Beginners. Meditation has many proven benefits join Jasmine Biali, wellness coach, to learn all about them.
- July 26, 6 p.m. Living a Mindful Life. Learn how to experience life with a mindful approach to reduce stress and increase happiness.
- July 28, 6 p.m.: How the Heck Do I Buy a Used Car?! Are you in the market for a used car, but don't know where to start? Join Chaya from Mechanic Shop Femme to find out what you should look for, and stay away from, all in terms everyone can understand! ###

#### Rutherford Public Library

Rutherford Public Library, 150 Park Avenue, Rutherford NJ. 201-939-8600. rutherfordlibrary.org, facebook. com/rutherfordpubliclibrary and twitter@Rutherford\_pl.

The Rutherford Public Library is open. The hours are as follows: Monday and Wednesday, 10 a.m. to 7 p.m.; Tuesday, Thursday, and Friday, from 10 a.m. to 5 p.m. We are closed on Saturdays in July and August. Face masks that cover the nose and mouth are required. For more information on our safety guidelines, visit RutherfordLibrary.org or call 201-939-8600 before planning your visit.

• Grab & Go Doorside Pickup Grab & Go doorside pickup services for those who may not want to enter the building or cannot reach us during our open hours.

Patrons are invited to order books from the BCCLS catalog (by visiting www.bccls.org) or fill out a Grab & Go form for either the adult or children's collection, and our team will choose items for you based on what you like! Forms are available on our website. If you don't have access to a computer, call the Library.

You tell us what you want and when you'd like to pick your items up and we'll have them ready for you. Please note, if you order items from another Library, items may take longer than usual because we are observing a three-day quarantine on items. This service is for Rutherford residents only. Out-of-town residents are encouraged to check in with their hometown Library to learn of their services.

• ESL Classes on Zoom All English language learners with an Internet connection are encouraged to join one or more of our ESL on Zoom offerings (by visiting Zoom.us).

Brush Up Your English is held on Mondays at 3 p.m. and can be joined with Meeting ID: 842 1496 7774 and Password: 114997. This class is for students who are already familiar with English. We also offer a Tuesday and Thursday class at 3 p.m. for all levels, which can be joined with Meeting ID: 867 3172 2729 and Password: 392447. Another all levels class is held on Wednesdays at 2 p.m., and can be joined with Meeting ID: 836 7199 4483 and Password: 706776. These classes are for anyone who would like to learn English. All are welcome.

- Music and Movement on Facebook Live The Children's Department will present music and movement with Miss Fran on Facebook Live on Wednesday, July 7, 14, 21, and 28, 2021 at 11:15 a.m. There is no registration required, simply tune in to www.facebook.com/RutherfordPublicLibrary.
- "Tails and Tales" Summer Reading Club! Register for our "Tails and Tales" Summer Reading Club! Rutherford children, ages 3 to 11, are

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Rutherford Library continued

rewarded with small prizes for continued reading of any books they choose, all summer long. Register online (look for Summer Reading Club under the Children's Services tab) or visit the Library and pick up a Summer Reading Club bag.

- More Virtual Programming for children and adults. Check website to learn what's coming up. You can also call 201-939-8600 for more information.
- Digital Access to The Wall Street Journal for Rutherford cardholders. If interested, send an email to reference@rutherford.bccls.org and we will send you the information you need to access The Wall Street Journal online!
- Looking for a Job? Don't forget to check out the Rutherford Library's website for some helpful tools on the Jobseekers page. Located under the Adult Services heading on the main web page, there are direct links to job sites such as the Bergen County Job Center and announcements for federal and state civil service jobs. You will also find job search tools such as the Job & Career Accelerator database that can help you build a resume or prepare for interviews.



#### Lodi Memorial Library

**Lodi Memorial Library**, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. http://lodi.bccls.org/

• Adult Grab & Go Craft. Adult Coloring, Includes a bookmark & a picture to color. Comes with a box of colored pencils – 12 colors!

Supplies are limited so register by July 14. You can pick up your craft starting on July 19. Call Library to register - 973-365-4044 ext 2.

• Summer Reading. June 24 to August 13. Adults can all sign up for the Summer Reading Program this year, too. The more you read the more chances you have to win fantastic gift cards. For more information, go to our website or call 973-365-4044 x4.

#### Children

- Summer Reading Program. June 24 to August 13. Kids, teens, and adults can all sign up for the Summer Reading Program this year. Go to our website or call the Library at 973-365-4044 x4 for more information.
- A Summer of Crafts. June 28 to August 13. Kids and teens in Grades 3-12 can register for a new grab & go project each week including clay bowls, crystal sun catchers, and more! Registration is required.
- Teen Chefs Grab & Go Snack. Pickup starts Wednesday, July 7, 2021, Turn an ordinary cupcake into an octopus

with this grab & go project! Open to teens in Grades 6-12. Registration required.

- Tamerlaine Animal Sanctuary Tour. Wednesday, July 14, 2021, 2 p.m. The folks at the Tamerlaine Animal Sanctuary are giving a virtual tour of their farm on Zoom! Meet the animals and ask one of the co-founders questions about the farm and what they do there. All ages, registration required.
- Grab & Go Animal Science. Pickup starts Monday, July 19. Follow along with Miss Libby from home as we do a science project about penguins! This grab & go program is open to kids in Grades Pre-K -2. Registration is required.
- Tasty Treats. Pickup starts Wednesday, July 21. Make a beautiful underwater scene that's also a tasty snack! Open to kids in Grades Pre-K -5. Registration is required.
- Bergen County Horse Rescue Tour. Videos post Wednesday, July 28 at 2 p.m.

Take a virtual tour around the Bergen County Horse Rescue in Mahwah, NJ on Facebook and YouTube so you can watch them at any time. No registration required.

#### On-going:

• Grab & Go Kids Crafts-Weekly. For younger children. Each week get a new bag with everything you need to make a fun craft, though you may have to use your own glue or markers depending on the project. Toddlers – Grade 2. Registration required.

- Outdoor Storytime. Every Friday at 11 a.m. in the Library courtyard. Cushions available, but participants are encouraged to bring chairs or blankets. Please note that everyone over the age of 2 will be required to wear a mask. Registration required.
- Pajama Storytime. Every Thursday at 6:30 p.m. Join Miss Libby on Facebook for pajama storytime, full of books and songs. Videos will be posted on Facebook every Thursday and will stay up for a week. No registration required.

Libraries Are Fun!

## NOW OPEN Aviation Museum

Aviation Hall of Fame Tuesday - Saturday 10:30 am to 4 pm

\$10 Adults • \$8 Seniors & Children 3-12 Check website for current details 400 Fred Wehran Drive, Teterboro 201-288-6344 • www.njahof.org

Volunteers Welcome

#### Hasbrouck Heights Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, http://hasbrouckheightslibrary.org.

The Free Public Library of Hasbrouck Heights is open for in-person browsing and computer use by appointment. The public is asked to use the Madison Avenue entrance. Doorside pickup service is also available upon request.

The Library continues to offer virtual activities via Zoom for the whole family and for the life-long learner. Registration is required for all programs unless otherwise noted. Visit the Library's website for details and click on "Calendar."

#### For the Whole Family

• Tails and Tales. Summer reading is here! Continues through Sunday, August 29. All logging for kids, teens and adults will be done online at http://hhlibrary.readsquared.com. Visit the site for registration and details.

Chameleons are loose in the Children's Department! 6 colorful critters are buried in the shelves. Find one from now until August 27 and bring it to the Children's Desk for a prize!

Adults can look forward to a tricky Tails & Tales Scavenger Hunt throughout the Library, a Guess that Tail contest to win a themed bookmark, and Book Bingo for a chance to win a gift card!

- Bundle Up. Need beach reads for a long weekend? Hot off the grill reads are waiting for you! Bundle Up is a specially curated book recommendation service available for all ages. Each bundle will come with three options. Visit our website to fill out a google form
- Our Movie Night (at Home) promotion continues throughout the month. Borrow any five Hasbrouck Heightsowned DVDs from our Adult or Juvenile collection using doorside or in-person browsing and we'll provide a bag of microwave popcorn!

#### For Children

• Tails and Tales Doorside Crafts for Kids. Mondays, July\* & August. First pickup Tuesday, July 6 due to the Independence Day holiday

Continuing last summer's successful program, each Monday, kids can pick up a complete Tails & Tales craftin-a-bag during Library hours. Each craft bag will also contain reading suggestions and family

literacy tips

• Little Artists Summer Craft - Kindness Rocks
Painting Party Friday, July
16 at 3 p.m. In-person on the
Madison Avenue patio. Come
together and create kindness
rocks! Work tables will be set
up. Craft can be done in-person
or picked up for an at-home
activity.

#### For Teens and Adults

- Tails and Tales. Teen & Adult Craft-to-Go Animal Tail Canvas Art Tuesday, July 13 from 2 to 8 p.m. This month, teens and adults can craft together to create animal tail canvas art. Supplies will be available for pickup during doorside hours.
- Tails and Tales. Teen & Adult Craft-to-Go Mermaid Tail Keychain Tuesday, July 27 from 2 to 8 p.m. This month, teens and adults can craft together to create a mermaid tail keychain. Supplies will be available for pickup during doorside hours.

#### For Adults

DNA Testing: Pros and Cons, Costs and Features. Thursday, July 8 at 7 p.m. Eric will cover Y-DNA testing and Mitochondrial DNA testing as well as autosomal testing. Learn about the differences, pros and cons of each type of testing, analysis of data, pricing and subscription costs.

- Building and Understanding Family Trees. Thursday, July 15 at 7 p.m. Eric will cover the differences of pedigree and family group trees, gathering accurate information, understanding and analyzing relationships.
- Virtual Crafts-to-Share Club. Every 2nd and 4th Tuesday -July 13 and 27 from 7 to 8:30 p.m. Drop in every other Tuesday to chat and work on a crafty project! Enjoy getting to know other crafters in your community while you knit, crochet, embroider or craft anything! Virtual drop-ins will be held on Zoom.
- Adult Book Club. 4th Tuesday of each month July 27 at 7 p.m. Join an evening of fun, literary discussion! June's book is "Not Our Kind" by Kitty Zeldis. Pick it up doorside or use the Hoopla app to enjoy the ebook or eAudiobook on your smartphone or tablet.
- Once Upon a Trivia. Thursday, August 19 at 7 p.m. There are many tales and tails to behold in movies, books, and pop culture. From "Alice in Wonderland" to "Beowulf," test your knowledge on epic and animal tales. ###

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## BC Operated Senior Activity Centers Re-Open to the Public

Jim Tedesco has announced that the Bergen County operated Senior Activity Centers has re-opened to the public on Monday, June 7, 2021.

"Pandemic isolation was especially hard on our Bergen County Seniors during these past 15 months," said Executive Tedesco.

"Throughout the pandemic, our staff checked on seniors regularly to help protect and watch for potential signs of memory loss, depression and anxiety. And staying home and avoiding large gatherings has undoubtedly saved lives.

But now it is time to reopen our 10 county senior activity centers and we are happy to welcome everyone back so that we can continue to provide the essential in-person services our

Bergen County Executive residents want and need to live a happy, healthy, productive life during their golden years."

> "The re-opening of these Senior Activity Centers is an important step in getting Bergen County residents back to a more normal daily existence," said Board of Commissioners Chairman Steve Tanelli. "We've waited a long time to get to this moment, and I know these ten centers will continue to play a central role in exercise, entertainment, and, health in the lives of our seniors.

Seniors must be pre-registered to attend activities at the 10 Bergen County Senior Activity Centers.

Activities include, but are not limited to; low impact exercise classes, yoga, bingo, art classes, guest speakers, etc. Moreover, any seniors interested in lunch must also pre-register to pick up a "togo" lunch at a Bergen County Senior Activity Center.

Past Senior Activity Center clients will be contacted by Center staff to be registered for attendance at one of the County's Senior Activity Centers.

For any senior interested in registering to attend activities or to receive a "to go" lunch, please call one of the County's Senior Activity Centers directly (these centers and their contact information are listed below).

There will be two activity sessions per day, a morning session from 8:30 a.m. to 11:30 a.m. and an afternoon session from 1 p.m. to 3 p.m., in addition to a "to-go" lunch service between 11:30 a.m. and 12:30

All social distancing and safety protocols will be in place at each Senior Activity Center. Seniors must be COV-ID-19 vaccinated and wellness screenings and temperature checks will be conducted of anyone entering the centers.

Additionally, masks are required to be worn at all times in the Centers.

The following Bergen County operated Senior Activity Centers opened on Monday, June 7, 2021:

- Bergenfield Senior Activity Center, 201-387-7212
- Southwest (East Rutherford) Senior Activity Center, 201-935-8920
- Elmwood Park Senior Activity Center, 201-796-3342
- Garfield Senior Activity Center, 973-478-0502
  - United (Hackensack)

Senior Activity Center, 201-336-3320

- Northwest (Midland Park) Senior Activity Center,
- 201-445-5690 • North Arlington Senior
- Activity Center, 201-998-5636 • Palisades Park Senior Activity Center, 201-944-5616
- Ridgefield Park Senior Activity Center, 201-641-1220
- Wallington Senior Activity Center, 973-777-5815

For more information regarding Bergen County operated Senior Activity Centers, kindly go to the Bergen County Department of Human Services Division of Senior Services website at: https://www. co.bergen.nj.us/division-ofsenior-services/senior-activitycenters. ###.

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## About Fireworks

On the 4th of July, Independence Day, Americans celebrate their patriotism with family reunions, picnics and beautiful displays of fireworks nationwide. Unfortunately, every year, this happy celebration turns into tragedy for many Americans due to the unsafe and illegal use of fireworks.

Fireworks displays must be enjoyed responsibly – and within the confines of the law. In New Jersey, it is unlawful to sell, possess, or use fireworks, other than certain sparkling devices and novelties, without a valid permit.

#### STATISTICAL INJURIES

The Consumer Product Safety Commission, the federal agency tasked with protecting the public from defective products, in a special study about fireworks found that in the year 2019:

- 73% of all fireworks injuries were sustained during the 30-day period surrounding the Independence Day holiday;
- 10,000 injuries occurred nationwide due to fireworks, most often with burns to the hands, fingers, legs and head, including to the eyes, face, and ears;
- Sparklers are the number one cause of injuries and nearly half of those reported injuries involved kids under the age of 5; and
- There were 12 reported deaths. The majority of fireworks injury reports involve emergency room treatment and release, but the more severe and fatal injuries were associated with the consumer's use of professional grade and homemade fireworks. In the 12 reported deaths involving fireworks, the victims were killed when the illegal devices exploded causing severe bodily trauma.

Source: https://www.njconsumeraffairs.gov/



#### FIREWORKS SAFETY

- Never allow young children to play with or ignite
- Avoid buying fireworks that are packaged in brown paper because this is often a sign that the fireworks were made for professional displays and that they could pose a danger to consumers.
- Always have an adult supervise fireworks activities. Parents don't realize that young children suffer injuries from sparklers. Sparklers burn at temperatures of about 2,000 degrees - hot enough to melt some metals.
- Never place any part of your body directly over a fireworks device when lighting the fuse. Back up to a safe distance immediately after lighting fireworks.
- Never try to re-light or pick up fireworks that have not ignited fully.
- Never point or throw fireworks at another person.
- Keep a bucket of water or a garden hose handy in case of fire or other mishap.
- Make sure fireworks are legal in your area before buying them or using them
- Light fireworks one at a time, then move back quickly.
- Never carry fireworks in a pocket or shoot them off in metal or glass containers.
- After fireworks complete their burning, douse the spent device with plenty of water from a bucket or hose before discarding it to prevent a trash

Consumers can contact the Division of Consumer Affairs by calling: 1-800-242-5846 (toll free within New Jersey) or 973-504-6200. Source: https:// www.njconsumeraffairs.gov/

#### Clean Grill Racks

- Lay racks on a walk or driveway, sprinkle with baking soda and leave overnight. The next day they should easily wash clean with hot water. De-grease and clean barbecue grills by applying baking soda as a paste with a wire brush then let set for 15 minutes. Wipe clean. The grill fire will burn away any residue before adding food to the grills sur-
- Before setting a pan on the grill rack to warm barbecue sauce or to cook additional foods, rub the pan bottom with bar soap and then it will be easier to clean the soot off when vou are done. ###

## **BBQ Grill Safety**

The backyard barbecue is a summer tradition enjoyed by many area residents. Your Fire Department urges outdoor chefs to be cautious when cooking outdoors.

- Keep a fire extinguisher handy. Grills should not be placed next to your home's wall, underneath porches or overhangs, and never indoors.
- Be sure to monitor active grills. Wear protective mitts or gloves while barbecuing.
- Do not store gasoline or other flammable substances in the grill's vicinity.
- Never move a grill or cover a grill if it is still hot. Always keep curious children away from hot grills. When a gas grill is not in use, remove control knobs and store them inside, away from children.
- Lighting a charcoal grill requires caution. Use only the appropriate amount of lighter fluid, and NEVER substitute with gasoline, kerosene or other flammable liquids.
- Adding starter fluid after the grill fire has been ignited is extremely hazardous as flames may jump out.
- Charcoals should be left to burn out in your grill. Do not dispose of charcoals in trash cans or bring them indoors.

Soak coals in water to ensure they are out.

- Routinely clean ashes from the grill and inspect for holes or loose fittings.
- Lighter fluids and "quickstart" charcoal should be stored outside and away from the
- Gas grills should be cleaned at least once each season. Spiders often make their homes inside the components, and their webs can block off gas intake and damage your grill.
- Use only a gas cylinder designed to store propane and only use a reputable propane supplier to fill it. If a new cylinder is being filled for the first time, tell your supplier so air can be removed.
- Most gas grill accidents are caused when propane tanks are hooked up incorrectly. Make sure the cylinder is equipped with an OPD (Over-Pressure Device). When changing propane cylinders, test the connection for leaks with soapy water and tighten as necessary.
- Propane gas is odorless. A "rotten egg" odor is put into the gas so that it's easy to detect if a leak occurs.
- If you smell the "rotten egg" odor near or around

your propane gas cylinder, immediately contact the Fire Department.

- When not in use, keep the valve tightly closed and plugged with the "POL" left handed thread plug. This will seal the propane gas cylinder and help prevent leaks if the service valve is accidentally opened.
- Never store propane gas cylinders inside an enclosed structure -- store and use outdoors only.
- Handle cylinders gently -- dents, gouges and rust can weaken cylinders.
- Always keep cylinders upright and, when transporting, secure it in position. Keep your vehicle well ventilated when transporting cylinders.
- Don't leave the cylinder in a vehicle -- sitting in a hot vehicle can cause the safety relief valve to discharge gas!
- No propane gas cylinder should be scrapped, destroyed, cut with a torch, punctured or have the service valve removed by the public.
- Disposal in the municipal solid waste stream is prohibited. Most communities no longer accepts propane cylinders for disposal and/or recycling.

## Mosquito Season is Abuzz.

Standing water means you could be raising mosquitoes!

Many generations of mosquitoes can breed right in your own yard. All mosquitoes need water to complete their life cycle. Mosquitoes also are not known to travel long distances from their water source.

Some mosquitoes lay their eggs in standing water where they hatch in just a day or two. They can do this in water that has been standing for as little as four days.

Other mosquitoes may lay their eggs in old tires, tin cans, or other water-holding containers including bird baths, wading and small swimming pools, ornamental ponds, clogged gutters, flowerpots or the drip plates beneath them, cups, glasses, drink cans, etc.

The eggs may remain unhatched for weeks or even months until they are covered with water!

#### Yard and home checklist:

- Get rid of old tires, tin cans, buckets, drums, bottles, or any water holding containers
- Fill in or drain any low places (puddles, ruts) in yard

- Keep drains, ditches, and culverts clean of weeds and trash so water will drain properly
- Cover trash containers to keep out rain water
- · Repair leaky pipes and outdoor faucets
- Empty the plastic wading pool at least once a week and store it indoors when not in use
- Make sure your backyard pool is properly cared for while on vacation
- Fill in tree rot holes and hollow stumps that hold water with sand or concrete
- baths and plant pots or drip trays at least once a week
- Keep grass cut short and shrubbery well trimmed around the house so adult mosquitoes will not hide there
- Keep gutters clean and free of debris and leaves.
- · Store boats covered or upside down.

#### **Protect yourself** from mosquito bites

- If possible, avoid being outdoors in the early morning or in the evening.
  - If you must go out, wear

long-sleeved shirts, long pants and socks.

- The EPA and CDC advise the use of a mosquito repellant, following the instructions on the label.
- Check with your pediatrician before using a repellant on children.
- Keep windows and doors closed or covered with screens to prevent mosquitoes from entering the house.
- Repair screens on windows, doors, porches, and patios.
- Some mosquito control • Change the water in bird methods do not do a very good job. For example, bug zappers do not work well to control biting mosquitos since they do not emit carbon dioxide.
  - Various birds and bats will eat mosquitos, but there is little evidence that this cuts down on the number of mosquitos around homes.
  - Electronic mosquito repelling devices don't stop mosquitos biting people either. ###

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#### **Hasbrouck Heights Memorial Day 2021 Service**

On May 31, 2021, Hasbrouck Heights Veterans hosted a modified Memorial Service. AL Post 106 Commander Patrick McCarthy led the program. Pastor Debbie Rundecker from the First Reformed Church gave the Invocation and Benediction. Sal Altomare sang "God Bless America." Mayor Jack DeLorenzo and VFW Post 4591 Commander Andy Proscia gave remarks. Post Chaplain Steve Herinya read the roll call. Veterans placed "Poppies" at the base of the Monument. "Taps" was played by Alfonsus Agapinan. Due to COVID-19, the traditional parade was canceled. ###













#### Little Ferry Veterans 2021 Memorial Day Service

Despite the downpour, Little Ferry held mirror services at monuments in front of Washington Elementary and Memorial Schools on Liberty Street on May 29, 2021 at 11 a.m. Chaplain Victor Ruggiero gave the Invocation and Benediction. Barbara Demczyszyn sang the "National Anthem" and "God Bless America." Wreaths were placed by several Veterans and community organizations. The Vietnam Veterans of America gave the rifle salute. Little Ferry Mayor Mauro D. Ragguseo, Bergen County Clerk John S. Hogan and Sheriff Anthony Cureton provided remarks. Refreshments were served at the Posts. This annual event is alternately sponsored by American Legion Post 310 and VFW Post 809. ###









### **Lodi 2021 Memorial Day Services**

As in previous years, Lodi held several Memorial Day Services beginning at the EMS Headquarters, followed by the Fire Department and continuing with the Police Department, American Legion, etc. *Photos above provided by Margaret Frontera*. ###

#### Remarks of American Legion Post 136 Commander Francis Carrasco at the Purple Heart Monument Dedication, May 31, 2021

At today's Purple Heart Monument dedication, we pay honor and tribute to all those Borough of Lodi military service members who were killed or wounded in action, from 1917 to today.

On Veterans Day, November 11, a plaque will be placed with all the names of our Purple Heart Medal heroes. Thank you to the Mayor and Council for making good on their 2019 commitment to finance this monument.

The history of the Purple Heart medal dates to the father of our country, General George Washington. But it wasn't until 1932 that the modern Purple Heart was created in recognition of Washington's ideals and for the bicentennial of his birth.

• A more recent Purple Heart recipient was Army Staff Sergeant Vincenzo Romeo, a 2001 Lodi High School graduate, who came to this country as a child. He was one of those young men and women deployed to the war in Iraq and was assigned to the 20th Infantry Regiment of the 2nd Infantry Division also known as "The Stryker Brigade Combat Team."

It was on May 5, 2007, that this Lodi hero, Romeo, was killed in action after an IED struck his military vehicle. He was only 23 years old.

His family said, "Vincenzo was a kind and courageous person who brought joy and laughter to all around him."

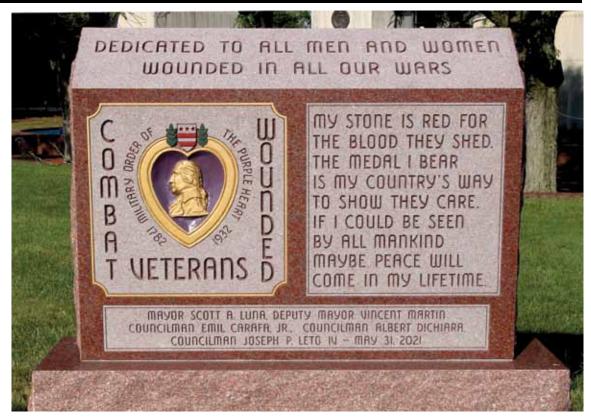
As a family of immigrants, they were especially proud of "...his patriotism, bravery, and service to the United States."

Staff Sergeant Romeo was awarded the Purple Heart after his death, and he, along with the other Purple Heart recipients from Lodi, are the reason why we dedicate this monument today.

Our town is a Purple Heart Community, and the blood that rushes through our bodies this afternoon is purple in honor of all those who were injured or killed in military action. All of them are heroes.

At this monument today, we recall not just the memory of Romeo and those from Lodi who made the ultimate sacrifice, but also the Lodi heroes who carried the injuries of battles into their daily lives long after the battles ended.

It is hard for us to equate



ourselves with those who carry such burden, however, we do not have to look far to find these heroes

We should all look in our hearts. We may not only find our heroes, but we can examine what type of country that we live in. No matter what the critics say about America, can a nation that produces such remarkable men and women be anything but a force for good?

War is often not the best policy. But the heroes that wars produce are the best of America.



Thank you for being here. God Bless you and God Bless

America! Photo above provided by Margaret Frontera. ###



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