# The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge Published Monthly. Issued the first week of the month. Distributed via U.S. Postal Service and available at select locations. Every issue is FREE online in PDF format at: www.The-Gazette-Newspaper.com RSS feed available.

VOL. 10, No. 6 June 2013  $\star \star \star \star$ 



PRSRT STD U.S. POSTAGE **PAID** PERMIT 280 LANC., PA 17604 Spring announced itself with an explosion of color, with flowering trees bursting forth their glory, chasing away a dreary winter landscape, and brightening our lives. As we segue into the summer, let us pause and reflect on those who gave the ultimate sacrifice for our freedom. *Freedom is not free*.

# Spring Salute



### **Felician Community Celebrates Earth Day**

The Anniversary of Earth Day was commemorated at the Felician Sisters' Peace Site on April 22, 2013.

Over 100 ICHS students, resident Sisters, teachers, elected officials, and others, joined in prayer and enthusiastic singing during the half hour program.

Students from the Felician College Child Care Center led everyone in animated song len Zajac.

Lector Kathy Martin, Felician College, read scripture Genesis 2: 4-10, 15, "God has entrusted us with care of all creation," followed by a Blessing Prayer by Rev. Joel Szydlowski, OFM, and interces-

Speakers included Dr. Anne Prisco, Felician College President, Joseph Azzolino,

directed by Sister Mary Joel- ICHS Principal and NJ State Senator Bob Gordon.

> This was their Fifth Annual Earth Day Celebration. It was led by Sister Mary Virginia Tomasiak and organized by Members of the Felician Sisters' Justice and Peace Committee.

> The Peace Site has been in existence for over 25 years and is located at the Felician Sisters' Complex in Lodi.





All were invited to join in the spirit of St. Francis of Assisi to strive for a deeper





commitment to a peaceful coexistence with the earth and all its creatures. ###









Recycle • Reuse • Reduce

### Saving Our Environment From Air Pollution One Step at a Time

Carlstadt Public School children celebrated Earth Week (April 22-26). The children and staff enjoyed many outdoor lessons and brainstormed ways they can keep the Earth clean and green.

The highlight of the week was the annual Walk-to-School Day. Teachers and staff members met students at five different locations around Carlstadt and began their walk to school.

Thanks to all 268 walkers who helped save our environment from air pollution one step at a time. Story by Mary Anderson. Photos by Dennis Kronyak Sr. ###

### W-R Shred-it **Event June 2**

The Borough of Wood-Ridge, in conjunction with the BCUA Mobile On-site Shred Program, will be hosting a Community Paper Shredding Event on Sunday, June 2, 2013, from 9 a.m. to 1 p.m. at 495 Highland Avenue.

This free event provides Bergen County residents the opportunity to have their sensitive documents safely shredded and recycled.

No binders, plastic, metal or x-rays will be accepted. ###

**NOTICE: Hasbrouck Heights Borough** Offices will be observing summer hours -- 8:00 a.m. to 3:30 p.m. -from May 28 thru August 30

Regular hours of 9 a.m. to 4:30 p.m. will go into effect on Tuesday, September 3, 2013.

### We Make Great Sandwiches!

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### **Keep Wood-Ridge Beautiful Day June 2**

Volunteers are once again needed to help clean the shopping districts and raise awareness of the effects of litter in the community during the 14th Annual Keep Wood-Ridge Beautiful Day.

Last year, over 125 volunteers participated! Both adults and children are welcome. The Bergen County Board of Health will provide cleaning utensils, gloves, brooms and bags.

Volunteers are asked to meet at the Wood-Ridge Senior Center on June 2, 2013, at 1 refreshments will be served after the clean up.

To sign up, please call Borough Hall at 201-939-0202 extension 1, and leave your name and telephone number. Also, let them know how many adult or children's tee shirts should be ordered.

There will also be a paper shredding event that day at the Senior Center to be held from 9 a.m. to 1 p.m.

Clean-up your town and your home. For further information, please contact Councilman Ezio Altamura 201-531-0259 or 201-939-0202 ext 1.

Join your friends and p.m. Free hot dogs and other neighbors -- Help "KEEP WOOD-RIDGE BEAUTI-FUL." ###

# AVIATION HALL OF FAME OF NEVY JENSE





### Airport Community Marks Earth Day

In celebration of Earth Day, on Tuesday, April 23, 2013, the Teterboro Airport community planted several flats of flowers at the NJ Aviation Hall of Fame.

Additionally, the Hasb-

rouck Heights DPW posted cans, newspapers, magazines, their recycling dumpster at the Museum to accept bottles and

cardboard and e-waste. ###

### Barakat Family Market

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L. Agents: Viola, Cangiamila

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L. Agents: Cangiamila, Viola



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L. Agent: Angela Zefiretti



HASBROUCK HEIGHTS HASBROUCK HEIGHTS 1 Family

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L. Agent: Robert Giammona



### 1 Family

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### St. John's Annual Plant Sale

Hundreds of nursery grown plants and flowers and hanging pots were available at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 3, 2013. Only pre-orders for the 34th Annual St. John's Plant Sale were accepted. Flats containing one kind/one color were only \$11. As in previous years, all plants were hand picked at the nursery by experienced gardeners. ###

### We Are Back!

New Location: 230 Main St., Little Ferry

Highest Prices Paid Ever! Gold • Diamonds Silver • Platinum

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We recently paid over \$2,000 for this set of Silverware! Bring in your silverware and see what it may be worth!

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### RE/MAX Marks 40 Years of Real Estate History



RE/MAX LLC marks its 40th year by celebrating extraordinary growth and success. RE/MAX continues as a leader in market share, agent productivity and international expansion.

Co-founded by Dave and Gail Liniger in January 1973, the company attained countless achievements over four decades.

"This company was built on individual entrepreneurship and innovation recognizing that we would succeed only if our

agents succeeded," said Dave Liniger. "So much has changed in 40 years, but what hasn't changed is our commitment to customer service and agent support."

- In 1987, RE/MAX achieved number one market share in Canada. A decade later, RE/MAX sold more real estate than any competitor in the US, and has held the number one market share in both countries since.
- With a strong emphasis on improvement

through education, the revolutionary RE/MAX Satellite Network broadcasts to offices across America.

- In 2013, RE/MAX continues to grow, adding 739 franchises and six countries, including mainland China. RE/ MAX has a presence in over 85 countries, more than any of its competi-
- In 2012, for the 10th time in 14 years, RE/ MAX, LLC was recognized as the highest

ranking real estate company in Entrepreneur magazine's 34th annual "Franchise 500."

- RE/MAX earned the #1 real estate ranking in the Top 200 survey, as published in October 2012 Franchise Times magazine.
- RE/MAX agents continued to be the most productive in industry surveys. Both the 2012 REAL Trends 500, and the RIS Media Power Broker surveys showed RE/MAX agents clear

leaders with respect to agent productivity among the national franchise companies.

- RE/MAX launched remax.com, becoming the first real estate franchisor to provide a personal web experience.
- RE/MAX University launched a revolutionary interactive learning platform setting the standard for the industry.

For more information, visit http://www. whyremax.com

### **RE/MAX Trading Places --**Proud to be Part of the #1 Name in Real Estate



Celebrating 40 years in any business is something to be proud of, according to owners Christine Parente and John Tamborini of RE/MAX Trading Places.

In only six years, RE/ MAX Trading Places and its 11 full time professionals have garnered top market share in the

Hasbrouck Heights area.

Chris and John believe this is the direct result of recruiting top, full time, quality agents that exemplify dedication to their profession, and put their client's best interests first. Chris stated, "Our business model from day one was to recruit the best, most experienced

agents.

We were never about filling desks with mostly part-time agents," John added, "We specifically recruit full-time successful professionals dedicated to their real estate career. Our office totals 169 years of professional Real Estate experience (averaging 15.4 per agent).

We wanted to separate ourselves from the traditional real estate office with mostly part-time agents who do not have their finger on the pulse of our local market.

A homeowner should be very comfortable interviewing any one of our agents due to this experience factor. In most

cases, the homeowners' most valuable asset is their home and they deserve only the BEST!"

Parente added, "When you call RE/ MAX Trading Places for your Real Estate needs, you can be confident you'll be working with a full time professional, dedicated to their client."

### What RE/MAX Trading Places Agents Say...



Stephen Pace - "After 10 years at a former RE/MAX office, I tested the 'local Realtor waters' in 2012. Five months later I quickly returned to RE/ MAX after learning the hard way that RE/MAX was truly at the top of the ladder. I became aware that my local market had no doubt that RE/MAX was the 'house' for the leaders in the Real Estate industry. You're taken

more seriously when you stand under that RE/ MAX umbrella."

Audra Fontanella and Anthony Earls - "With over 30 years combined experience, and having worked for 'conventional' real estate companies, we can confidently say that RE/MAX has afforded us the opportunity to grow beyond our expectations. Their

philosophy toward Real Estate, technology and support exceeds all other real estate companies. Thank you RE/MAX Trading Places."

Judie Kefalas -"One of the reasons I left the brand 'Real Living' is I knew it didn't have the strong brand name like RE/MAX, and all that RE/MAX offers. When I mentioned 'Real Living' to my prospective clients often they asked if it was a magazine. Everyone knows RE/MAX."

**Joan Sentipal** – "As an experienced professional I wanted more control over my own business

and to keep more of what I earned. I love getting all my leads directly without broker involvement as well as all my sign calls and internet inquiries -- without having to sit floor time. It's just a more professional atmosphere."

Maria Grace Billings - "RE/MAX is synonymous with excellence, professionalism, and integrity. It was the right choice for me. From the start of my career, it's great to be able to work for a company that values your uniqueness and where the Broker/ Owners truly want to see you succeed. I couldn't be happier with the training,

technology, support, network, and knowledge. It's no wonder, Nobody in the World Sells More Real Estate than RE/MAX."

Doreen Martens -"One of the many reasons I left Century 21 was the lack of support from the broker: she was not hands on and not readily available. At RE/MAX Trading Places, both Broker/Owners are available 24/7. Most of all...they are honest and caring professionals."

### Rosemarie DiPisa

- "I have been a previous RE/MAX owner and a RE/MAX agent since 2001. I worked at a traditional office for 14 years where the concept was completely different. With RE/MAX you control your own business, to completely service your clients as you see fit -- with their best interest your first priority. There is no reason to check with your broker to see if you can better serve your sellers/buyers!"

#### Suzanne Alexander

- "The RE/MAX University is amazing and superior for commercial agents. It provides accreditation courses and techniques to successfully list and market commercial properties resulting in client satisfaction."

### Call a Full-time Professional at RE/MAX Trading Places



John Tamborini Broker/Owner



Christine Parente Broker/Owner



Rosemarie DiPisa



Tony Earls



Audra Fontanella



Judie Kefalas



Maria Grace Billings



Joan Sentipal



Suzanne Alexander

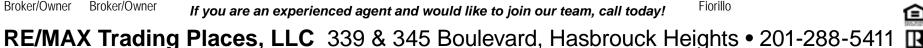




Doreen Martens



Stephen Pace





### Road Courtesy is Contagious

### HH Little League Picnic

The Hasbrouck Heights Little League will hold its Annual Picnic on Saturday, June 22, 2013, starting at 11 a.m. at the Little League Complex. Rain date is June 23. Families can enjoy plenty of grilled foods, Italian ices and cold drinks. There will be several inflatable amusements.

It's a nice way to end the regular season. The event is open to all Hasbrouck Heights families participating in the 2013 season. The Hasbrouck Heights Little League was established in 1953. ###

"The moon and the weather may change together, But a change of the moon, will not change the weather."

### **HH Garden** Club News

June 20, 2013, will be the last meeting of the Garden Club until September. They will meet at 6:45 p.m. in The Library meeting room located on the second floor in the Borough Hall building, located at 320 Boulevard, with plenty of parking available. Refreshments will be served followed by the introduction of the new officers who will serve for two years.

They are always looking for new members to join. The Boulevard in Bloom pots have been planted by the Garden Club members. They hope that you enjoy them. A special thank you to the DPW and merchants who water and watch over them in the coming months.

Join them in the Fall with a new agenda for the coming year. For further information contact Judy at 201-288-2615.

### **Strawberry** Moon

The June full moon appears on Sunday, June 23, 2013, at 7:33 a.m. It is called the "Full Strawberry Moon."

According to the Farmer's Almanac, this name was universal to every Algonquin tribe.

The name reflects the relatively short season for harvesting strawberries that comes each year during June. Other names include the "Full Hot Moon," or in Europe, the "Full Rose Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

### Lanni Appliance Center **Summer Sizzler Savings**

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by mail with the purchase of select GE Profile kitchen appliances from select models between May 2 through July 10, 2013

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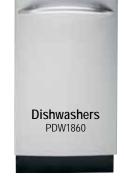












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### Copy for the July Issue is due June 10th.

Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

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SUMMER SESSIONS 2013

# Spend a Smarter Summer at Bergen Community College

Flexible schedules, transferable credits, and two convenient locations (and online), will make this your most productive summer yet.

- Classes are open to Bergen students, visiting students (currently attending another college) and new students;
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- No Friday classes.

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Summer I June 3 – June 27 (Meadowlands)

Summer II

July 1 – August 8 (Main/Meadowlands)
July 8 – August 1 (Meadowlands)
August 5 – August 22 (Meadowlands)

Main Campus 400 Paramus Road, Paramus Registration: (201) 447-7218

Meadowlands 1280 Wall Street West, Lyndhurst Registration: (201) 301-9699

Find us on Facebook at facebook.com/BergenCommunityCollege.

Visit bergen.edu/summer2013 to learn more.



HACKENSACK | MEADOWLANDS | PARAMUS

### June 2013 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

### **SENIOR ACTIVITIES**

**Monday**, June 3, 10, 17, 24

10:00 a.m. to 1:00 p.m. Games, cards & coffee 11:00 a.m. Mahjong

10 a.m. to 3 p.m. Senior Lounge open to all

**Tuesday**, June 11, 18, 25

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Card Game Night

Wednesday, June 19, 26

10:00 a.m. Games, cards & coffee

10:00 a.m. Mahjong

2:00 p.m. Senior Aerobics \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

**Thursday**, June 6, 13, 20, 27

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga with John \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

Friday, June 14, 28

10:00 a.m. Games, cards & coffee

10 a.m. to 1 p.m. Senior Lounge open to all

1:00 p.m. Zumba Gold \$1

Friday, June 7, 21

10:00 a.m. Fun Bingo

10 a.m. to 1 p.m. Senior Lounge open to all

1:00 p.m. Zumba Gold \$1

Check Center Bulletin Board for any changes

The Center will be closed on Tuesday, June 4, Primary Election Day

### **CLUB MEETING SCHEDULE**

Wednesday, June 5

10:00 a.m. Executive Board meeting

Wednesday, June 12

12:00 p.m. No monthly meeting.

"Hot Dog Party." Tickets are \$5 each and

must be purchased in advance.

Contact: Dorothy at 201-288-9537.

No tickets will be sold at the door.

### **UPCOMING EVENTS**

Open to all seniors

Trip to LiGreci's Staaten Octoberfest:

Thursday, October 10

Cost is \$65. Includes transportation, German and American food, music for dancing and a fabulous comedian. Contact: Kathy at 201-288-6651.

### Vic's Hoofers Auxiliary

Ladies Auxiliary of Vic's Hoofers is a social club open to anyone from the surrounding towns. It meets on the first Thursday of the month at 7 p.m. at the Carlstadt Civic Center on 4th Street.

New members are welcome. Join them for an evening of fun and refreshments. Call Dolores 201-939-5163. ###

June Flower Rose

### **Carlstadt Senior Friendship Club**

The Carlstadt Senior Friendship Club meets on the first and third Wednesdays of the month at the Civic Center. Refreshments are served at 1 p.m., with the meeting commencing at 1:30 p.m.

The Carlstadt Borough Nurse will be at all the Senior Club meetings and will administer blood pressure readings free of charge.

For more information call Dolores at 201-939-5163. ###

### Ian Gallagher Entertains Leisure Club

At their May 8, 2013 meeting, the members of The Leisure Club were entertained by Irish Singer, Ian Gallagher. Ian, a guitar singer, has a magnetic voice. He is an excellent entertainer whose personality and style have the power to make people listen and want more. Ian sang well-known songs from the 40s, 50s and 60s; songs that members could easily sing-along to. You could hear a pin drop when he concluded his program with his rendition of "God Bless the USA". There was no doubt that the members want Ian back again.

During the meeting portion of the afternoon, President Peter Gallo elaborated on the "Hot Dogs and More Party" sched-



uled for the June 12 meeting. The price for this event is \$5.00 and tickets must be purchased in advance. Contact person is Dorothy at 201-288-9537.

Aside from the refreshments, members will have the opportunity to win prizes by participating in various contests. Some of the contests are: guess the number of caps in a bottle; knowing the names of the last 14 US Presidents; knowing the Academy Award winning musicals; knowing the baseball home run hitters; and knowing the streets in Hasbrouck Heights.

He also announced that the Annual Free Indoor Senior Picnic sponsored by the Mayor and Council will be held on Wednesday, July 17. It will be held at the Senior Center from noon to 4 p.m. Peter Lieberman will provide the music. All Hasbrouck Heights senior residents are invited. Signup sheets are available at the Senior Center and at the Borough Clerk's Office. Photo and story by Marie and Peter Gallo Jr. ###

### AARP Members Informed about Immunization

Ms. Nancy Ellison, Coordinator of Central Healthy Living at Holy Name Hospital was scheduled to speak to the members of Central Bergen Chapter #418, AARP in January 2013; however, the snow storm postponed her presentation. She was rescheduled to May 10, 2013, and fortunately it was a day in which the temperature hit the 80s.

She is a friend of the Chapter and has addressed them in the past on such topics as "Spring into Wellness," "Have Fun and Get Healthy" and "Skin Cancer – Causes, Symptoms and Types." Her topic on this occasion was "Give it Your Best Shot –Immunization Update for Seniors."

Ms. Ellison suggested that seniors should let their primary health care provider give them an injection to prevent Shingles, a skin test for Tuberculosis and a Tetanus/Diphtheria booster shot.

Anyone who has had Chickenpox can develop Shingles because the virus remains in the nerve cells of the body after the Chickenpox infection clears and can reappear years later causing Shingles. Shingles is a painful lo-

sningles is a painful localized skin rash often with blisters. It occurs in people 50 years or older, and people who have medical conditions that keep the immune system from working properly.

Tuberculosis (TB) is an infectious disease. It most commonly affects the lungs but also can involve almost any organ of the body. The TB skin test was given to students many years ago in schools.

Tetanus (also known as lockjaw) is a potentially fatal disease that is caused by bacteria found in dirt, dust, soil and manure.

Diphtheria is an acute bacterial disease that can lead to breathing problems, heart failure, paralysis and death. Tetanus/Diphtheria is the name of the vaccine that protects against these two diseases simultane-



ously. Once you have received this vaccine you should obtain a booster shot every 10 years.

Ms. Ellison mentioned other shots that seniors should have to protect themselves but emphasized the importance of the three she zeroed in on. *Photo and story by Marie and Peter Gallo Jr.* ###

### Moonachie Seniors

The Moonachie Seniors are hosting a bus trip to "The Staaten" on Wednesday, June 5, 2013, for a show "Nashville in New York" featuring Bill Haley & The Comets.

The menu includes one hour open bar, salad, choice of pasta, soup or fruit cup, choice of pot roast, chicken parmesan or scrod oreganato, dessert with coffee/tea/decaf. Wine/soda will be served during dinner.

Bus leaves the 1st Presbyterian Church parking lot at 10 a.m.

For more information call Audrey at 201-641-4334. ###

Senior Sen

### **MEDICARE: America's Health Plan** for Seniors and Disabled

Attention Baby Boomers! Are you turning 65? Are you planning on retiring? If you will soon become part of the Medicare system, or if you are currently caring for a Medicare beneficiary, the SHIP program has the answers to your questions.

The State Health Insurance Program is a counseling service for Medicare enrollees and their caregivers administered by the New Jersey Department of Human Services, Division of Aging Services with major funding from CMS, the Centers for Medicare and Medicaid Services.

Bergen County Division of Senior Services hosts the State Health Insurance Program

Attention Baby Boomers! (SHIP) at One Bergen County Plaza in Hackensack. Counseloning on retiring? If you ors can help explore benefits, compare plans or policies and untangle claims problems.

SHIP counselors are volunteers who have been trained and certified by the state. They do not sell, recommend or endorse any specific insurance product, agent or insurance company. Appointments are available although many concerns can be easily resolved over the phone.

SHIP counselors are available by appointment in Wallington, Englewood, Fairview and Hackensack, and several are bi-lingual in Polish, Korean and Italian. For more information please call 201-336-7413. ###



### Filling You In

By Jeffrey E. Mason, D.M.D.

#### People with Diabetes at Higher Risk for Developing Gum Disease

According to the U.S. Centers for Disease Control and Prevention, diabetes affects nearly 24 million people in the United States. The Academy of General Dentistry encourages those with diabetes to pay extra attention to their oral health.

Studies have shown that those with diabetes are more susceptible to the development of oral infections and periodontal (gum) disease than those who do not have diabetes. In addition, oral infections tend to be more severe in people with diabetes than in those who do not have the condition.

"We urge individuals with diabetes to take care of their mouths and have dental infections treated immediately," says AGO spokesperson E. Mac Edington, DDS, MAGD, ABGD. "People who receive good dental care and have good insulin control typically have a better chance at avoiding gum disease."

Because diabetes reduces the body's resistance to infection, the gums are at risk for gingivitis, an inflammation usually caused by the presence of bacteria in plaque. Plaque is the sticky film that accumulates on teeth both above and below the gum line. "Without regular dental checkups, gum disease may result if gingivitis is left untreated. Gingivitis also can cause inflammation and destruction of tissues surrounding and supporting teeth," says Dr. Edington.

To prevent problems with bacterial infections in the mouth, a dentist may prescribe antibiotics, medicated mouthrinses, and more frequent cleanings to a patient with diabetes.

The established connection between oral health and systemic health suggests that diet and exercise may be the most important changes that people with diabetes can make to improve their quality of life and oral health. People with diabetes should be sure that their medical and dental care provid-

ers are aware of their medical history and periodontal status. To keep teeth and gums strong, people with diabetes should be aware of their blood sugar levels and have their triglycerides and cholesterol levels checked on a regular basis, as these factors may have a direct correlation with their risk for gum disease.

"People with diabetes who do not have good control over their blood sugar levels tend to have more oral health problems," says Dr. Edington. "If your blood sugar is not under control, talk with both your dentist and physician about the possibility of receiving dental treatment beyond routine checkups and cleanings."

It is recommended that patients with diabetes schedule their dental appointments for the morning hours, because blood glucose levels tend to be under better control at that time of day. Patients should eat and take their medications as directed prior to a dental appointment. Ref: 2010 Academy of General Dentistry. ###

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

### Relay For Life June 1-2

American Cancer Society "Relay For Life" will take place in Hasbrouck Heights at the Depken Field. It will run for 13 consecutive hours beginning at 5 p.m. on Saturday, June 1, 2013, and end at 6 a.m. on Sunday, June 2. Registration begins at 5 p.m. and the event begins at 7 p.m.

Relay For Life is an overnight community celebration where individuals and teams camp out, barbeque, dance and take turns walking or running around a track "relay" style to raise funds to fight cancer.

There will be lots of entertainment and activities with a series of ceremonies marking the journey.

Relay For Life is a celebration of survivorship – an occasion to express hope and our shared goal to end a disease that threatens the lives of so many people we love.

Your reason for participating is as unique and special as the story that motivates you.

The Opening Ceremony brings everyone together for a high-energy event kickoff to celebrate the lives of those who have battled cancer, to inspire hope by sharing recent accomplishments and progress, and to remind everyone that while we are winning this battle, fighting cancer is a year-round priority.

During the Survivors Lap,

upbeat music plays as all cancer survivors at the event take the first lap around the track cheered on by the other participants who line the track, celebrating their victory.

The Luminaria Ceremony is a time to remember people we have lost to cancer, to support people who currently have cancer, and to honor people who have fought cancer in the past. The power of this ceremony lies in providing an opportunity for people to work through grief and find hope.

The Fight Back Ceremony symbolizes the emotional commitment we each make to the fight against cancer and represents what we are willing to do for ourselves, for our loved ones, and for our community to fight cancer year-round.

The Closing Ceremony is a time to remember the lives of those lost and to celebrate that each of us has committed to fight back against this disease. Volunteers are needed to set up, assist and clean up. Anyone who would like to make a contribution or become a team member should visit the Relay website www.relayfor life.org/hasbrouckheightsNJ or call 201-457-3418 ext. 2231. ###

When not in use, turn off the juice.

### Too Much Sun is Bad for Your Skin

### Understanding UVA, UVB, SPF

Basking and working in the sun, without protecting your skin can lead to wrinkles, premature aging and, worst of all, skin cancer.

Sun damage is also responsible for leathery-looking skin, broken capillaries, wrinkles and hyperpigmentation, or age spots. While people are more aware of the sun's harmful effects, many do not protect themselves or use sunscreens.

Ultraviolet (UV) radiation that affects the skin is classified as UVA and UVB. UVA is the longest of the UV. It can penetrate into the deeper layers of the skin and plays a major role in skin aging and wrinkling. UVA penetrates glass and clouds.

UVB is responsible for burning, tanning, accelerating the skin aging and also plays a key role in the development of skin cancer. UVB varies by season, location and time of day. The most intense amount of UVB hits the U.S. between 10:00 a.m. and 4:00 p.m. Try not to schedule outdoor activity between these hours and seek playgrounds where shade - from trees or awnings - is plentiful. If your child has to be outdoors during these hours, be sure they're protected from the sun with a hat, sunglasses, etc.

What is SPF? Sun Protection Factor (SPF) measures the protection provided by a sunscreen against UVB.

Higher SPF numbers are preferable, but SPF measures protection only from UVB -- not UVA rays. When choosing a sunscreen, select a product that provides "broad-spectrum" protection for both UVA and UVB. If you are going to the beach or pool, make sure it is water-resistant and doesn't wash off in the water. Use an SPF of 15 or higher.

When to apply sunscreen
-- Apply sunscreen 20 minutes

before going out into the sun to give it time to absorb into the skin. Be generous and regular -- about 1 ounce every 2 hours, and more often if you are swimming or perspiring.

Apply sunscreen to the top of your ears, back of hands, neck and toes.

#### Other protection tips:

- Use a hat to shield your face where sun damage frequently occurs.
- Be aware that the window glass in cars does not block all of the sun's harmful rays, making the driver's left side more prone to sun damage. Apply sunscreen before long car rides. ###



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### Health Fair Held April 28

The Hasbrouck Heights Board of Health held their annual Health Fair in the Senior Center from 9 a.m. to noon on April 28, 2013.

On hand were about 25 vendors who provided infor-

mation on exercise and nutrition, urology, disability awareness, podiatry, blood pressure screening and other medical professionals, as well as givea-ways, samples and literature. ###

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### HAPPY FATHER'S DAY

### THE GAZETTE NEWSPAPER Celebrating the Community Experience

### **WRHS 1983** Class Reunion

The Wood-Ridge High School Class of 1983 will hold their 30th Reunion on October 19, 2013, at Redds Restaurant in Carlstadt from 7 to 11 p.m. Cost is \$60 per person and includes buffet, open bar and DJ entertainment.

Graduates from 1982 and 1984 are welcomed.

Please pass this information on to any classmates that you may keep in contact with.

For more information call Gayle at 201-803-5972 or email: gaylecoz@aol.com ###

The 2013 Summer Recreation Program will begin this year on Monday, June 24, 2013, and ends Friday, July 26, 2013. The program will be closed Wednesday, July 4.

**Moonachie Summer** 

**Recreation 2013** 

The program will be divided into two groups, Pre-K/ Kindergarten and First through Seventh Grade. Both programs will begin at 8:30 a.m.

The Pre-K/Kindergarten program will run from 8:30 a.m. to 12 p.m. Monday, Tuesday, Wednesday, and Friday. They do not have activities on Thursdays.

The First through Seventh Grade begins at 8:30 a.m. and runs to 2:30 p.m. daily, Monday through Friday.

The program is offered with a registration fee to residents of the Borough of Moonachie. The first child is \$25, and each additional child is \$10. Registration for out of town residents is \$100 per week or \$250 for the program. Field trips and other special activities will include a fee to cover the cost.

If you have any questions call Recreation Director Mr. Facendola at 201-206-8774. ###



### The Victorian Tea House Café

Need a unique setting for a special treat? Relax in a true 1880 Victorian setting with freshly brewed tea, scones, clotted cream, finger sandwiches and more. Seating from 2 to 18. Custom menu available. Call for reservations at 201-488-6651.

### LHS 1963 **Class Reunion**

The Lodi High School Class of 1963 will hold their 50th Reunion on Sunday, October 6, 2013 at Bottagra Restaurant in Hawthorne, NJ from 3 to 7 p.m. Cost is \$60 per person.

For additional information please call Elaine Diorio Murgolo at 973-246-9633. Please pass this information on to other classmates. ###

### July 4th Children's Patriotic Parade

The Hasbrouck Heights Annual Children's Parade is scheduled for 10 a.m., July 4, 2013, at Woodland Park. Signup is 9:30 a.m. in the Pavilion.

The parade will walk around Woodland Park back to the starting point where prizes will be awarded. All classifications and categories will be judged prior to the parade.

Prizes will be awarded in the categories of patriotic, most original and most artistic to: costumed children on foot, wagons and tricycles, carriages, strollers, etc., decorated bicycles, floats, and grandparents' corner, with carriages and children on foot. Helmets are required for those on bicycles.

Prizes awarded: First Prize, Second Prize, Third Prize and Honorable Mention. All participants receive medals.

Registration is limited to Hasbrouck Heights children up to 10 years of age, excluding the grandparents' corner.

The event is sponsored by the Mayor's Celebrations Committee. The HHFD will be on hand for any assistance. ###

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### **Care on the Corner 10th Anniversary Celebration**

Care on The Corner® presents their 10th Anniversary Celebration-BBQ Fest with lots of fun, food and music!

Join them on Saturday, June 8, 2013, for a day of games and festivities, featuring the two live fun in the sun Zumba

### FOCAS Holds Flea Market

FOCAS Flea Market is Saturday, June 8, and Sunday, June 9, 2013, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (Not accepted are TVs, PC monitors, exercise equipment, clothes or magazines.)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

Your faithful and generous support of FOCAS Flea Markets helps provide muchneeded extraordinary veterinary care for shelter animals!

For additional information call the FOCAS Help Line at 201-943-4019, email info@ focasnews.org, or visit www. focasnews.org ###

### Cat Show and Tricky Tray

FOCAS will hold its Annual Cat Show and Tricky Tray Auction on Sunday, June 2, 2013, at the American Legion, 100 Liberty Street, Little Ferry, NI

Stop by with your feline companion. Don't have a feline companion? Stop by anyway to join in the fun and participate in the Tricky Tray Auction. Refreshments served.

Registration begins at 12:30 p.m. Program and auction begin at 1:30 p.m. All cats must be six months or older, in carriers and current on all shots. The admission fee is \$5.00 per cat.

Cat Show and Tricky Tray Auction proceeds enable FOCAS to continue its work to provide humane services, programs and extraordinary medical care to shelter animals and our Feral/Stray Cat Spay or Neuter Program.

For additional information call the FOCAS Help Line at 201-943-4019, or visit www. focasnews.org ###

dance fitness segments, live band and solo artist musicians, live deejaying by the music mixmaster and contributing Zumba music-mix arranger Steve "DJ Squid" Soleyn, as well as talents of the entertainment artists, such as face painters, clowns and the works!

Come enjoy the day and learn what Care on the Corner is all about!

Explore information on all their featured programs: Kids On the Corner, NewARTS Kids, Homework Club, Summer Tutoring, Citizenship Prep, English as a Second Language, Communicating with Your Hands, Fitness on the Corner -Zumba (adult programs for fitness), KidZ Fitness BeatZ, and their upcoming new senior fitness programs Fit To Be Gold and Silver Strength!

For more info on the Care on the Corner program, 10th Anniversary Celebration and/or directions call Care On The Corner at 201-288-9460. ###

### **AC Bus Trip**

The VFW Post 4591 sponsors Atlantic City Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$30; it includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games and prizes and a movie make the travel time pass quickly.

Call Mel at 201-933-9937 or the Post for more information at 201-288-1112. ###

### Mt. Airy Lodge & Casino Trip June 1

Most Sacred Heart of Jesus, Wallington, NJ Rosary Confraternity is hosting a trip to Mt. Airy Lodge Saturday, June 1, 2013.

The bus will leave from in front of the Church at 9 a.m. sharp, returning at approximately 6 p.m. The price of \$32 includes bus transportation, a \$25 free slots play, and a \$10 food voucher.

Payment is due when the reservation is booked. Checks should be made payable to "MSH Rosary Confraternity," placed with the reservation form in an envelope marked "Mt. Airy Trip," and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington, no later than Friday, May 24.

Guests must present valid state or federal issued photo id in order to obtain their Mt. Airy Players Club Card or any motor coach incentive. For additional information, call Ginny at 201-715-2087. ###

# Pasta Night to Benefit Marybeth

The Hasbrouck Heights Police Department is hosting a Pasta Night fund raiser at the Hasbrouck Heights VFW on Sunday, June 2, 2013, starting at 3 p.m. Tickets are \$25 per adult or \$50 per family. Raffle tickets are \$10 an arm's length. You do not need to be present to win.

Proceeds will help Marybeth, who struggles with several disorders to include epilepsy, receive her "Service Seizure Dog." This will allow her to play and sleep without being watched.

The service dog will alert the family when she is having a seizure and is trained to do deep pressure massage to get her out of an anxiety attack.

Tickets may be purchased at Hasbrouck Heights Police Headquarters. ###

### Turkey Lunch June 11

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, June 11, 2013, in the Community Hall, Third Street, Carlstadt.

Turkey dinners will be served from 11:30 a.m. to 1 p.m. For take-out orders call 201-438-5526. Cost is \$8 for adults and \$5 for children/students. ###

### Art Association Meets June 13

The Art Association of Rutherford will hold their monthly meeting on Thursday, June 13, 2013, at 7:30 p.m. at the Tamblyn Civic Center, at the corner of Woodland and Wilson Avenues, Rutherford, NJ.

Members will have the opportunity to submit a piece of their artwork for a critique by a distinguished artist.

Please join them for this presentation and to socialize with fellow artists. Find out about their organization and opportunities to show your artwork as well. Meetings of the Art Association will resume in September.

For further information e-mail <carin\_peace@yahoo.com> ###

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### An Afternoon of Broadway & Pops

The Children's Dyslexia Center of Hasbrouck Heights presents "An Afternoon of Broadway & Pops Coffee House Fundraiser," on June 2, 2013 at the Masonic Hall, 200 Division Avenue, Hasbrouck Heights. There will be coffee, tea, desserts and live music by vocalists. Cost is \$20 adults, \$15 seniors and teens and \$10 for children. For more info call Marietta at 201-727-0338. ###

### **Denim & Diamonds**

Chic Charity Club is hosting its Third Annual Ladies Night Out -- Denim & Diamonds on June 6, 2013 from 7 p.m. to 10 p.m. at Homewood Suites by Hilton in East Rutherford. Admission is \$30 and includes admission, appetizers, raffle tickets, specialty gift and a chance at fabulous prizes. Special goody bags for advance ticket purchases.

For tickets call Maria at 201-566-4002 or Donna at 201-618-9768 or email: info@ thechiccharityclub.com Tickets can be purchased at the door for \$35. Proceeds to benefit The Arthritis Foundation. ###

### Car Wash

The Little Ferry EMS is holding a car wash fund-raiser on June 9, 2013, from 10 a.m. to 2 p.m. at their headquarters located at Main Street and Pickens Avenue. Donation is \$10. ###

### Sicilian Night

The Boys & Girls Club of Lodi, 460 Passaic Avenue, Lodi, presents Sicilian Night on June 15, 2013, starting at 6 p.m.

The program features live Italian music, authentic Sicilian and Italian cuisine, and fresh ricotta and mozzarella made on premise. There will be prize baskets and raffles.

Cost is \$45 per person. For tickets call 973-473-7410 ext. 113. Proceeds to benefit the Federazione Siciliana del NJ ANFE student exchange program and youth programs at the Boys & Girls Clubs of Lodi/Hackensack. ###

### HH Town-wide Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for June 1 and 2, 2013, from 9 a.m. to 4 p.m.

Participation in this sale does not count towards the "two garage sales" per year ordinance. Sign up dates to be announced.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

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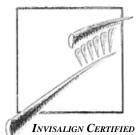
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### **HH Lions Sponsor** Fireworks Program July 2, 2013

The Lions Club 29th Annual Fireworks are tentatively scheduled for July 2, 2013, at Depken Field (Route 17 & Franklin Avenue). The rain date is July 5 and extended rain date is July 7.

Admission is \$5 for adults and \$3 for children. Under 5 free.

Only blankets will be allowed on the field (no chairs). Water will be allowed, but no food. ###

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### Free Ragtime Concert June 15

The Free Public Library of Hasbrouck Heights is pleased to host a spirited concert performed by the distinguished City Winds Trio.

It will feature selections of the wholly American musical genre that swept the nation at the turn of the 20th Century -Ragtime.

The "Maple Leaf Rag," "The Entertainer," and "Rag Time Dance" by Scott Joplin, are among the delightful pieces that will come to life with the City Winds Trio's unique sound from oboe, bassoon and flute.

The concert will be held on Saturday afternoon, June 15, 2013, from 2 to 3 p.m. The whole family is invited. This free program will be held in the Senior Center located at 320 Boulevard.

> June Birthstone Pearl

Ragtime originated in African American music in the late 19th century, descending from the jigs and march music played by black bands.

By the start of the 20th century, it became widely popular throughout North America and was listened and danced to, performed, and written by people of many different sub-

The City Winds Trio is a distinguished music ensemble that performs concerts up and down the East Coast.

They create a unique sound because of the unusual combination of instruments. The members include Crispian Fordham, flute; Meredyth Coleman, oboe; and Yuki Higashi, bassoon.

Bring the whole family. To register, please call 201-288-0488 or log on to http:// hasbrouckheights.bccls.org and go to calendar. ###

### **Hudson Lyric Opera** Goes to Broadway

On Wednesday, June 26, 2013, from 7-8 p.m. The Carlstadt Public Library will host "Hudson Lyric Opera Goes to Broadway"!

Hudson Lyric Opera's talented musicians will perform a Broadway concert featuring selections from "Oklahoma," "Kismet," "Phantom of the Opera," "Carousel" and more! Refreshments will be served, and all are welcome to attend!

Call 201-438-8866 for more information. or go to: http://carlstadt.bccls.org/adults. shtml ###

### Summer Reading **Kickoff Party at Lodi Library**

On Tuesday, June 25, 2013, from 4:30 p.m. to 6 p.m., Lodi Memorial Library invites all ages to "Dig into Reading" at the Summer Reading Kick-off

Enjoy free snacks, giveaways and fun indoor sports games such as mini golf, nerf hockey, bowling and more.

Sign-up for the youth or adult summer reading programs. No pre-registration needed. For more information, visit lodi.bccls.org or call 973-365-4044. ###

### We'll Have You in Stitches!

The Wood-Ridge Memorial Library invites you to come join them at The Library for crochet and/or knitting!

In a group atmosphere, crafters are able to help each other with questions or difficult patterns or stitches. In fact, it's a great way for new or intermediate knitters and crocheters to learn from more experienced stitchers.

The Club meets the first and third Thursdays of the month from 6:30-8:30 p.m.

All skill levels welcome! Please bring your own supplies. Several crochet/knitting books and magazines will be available for check-out.

Come share your knowledge and meet new friends. No registration is required. ###

### Where the River Ends

On Wednesday, June 12, 2013, from 7-8 p.m, The Carlstadt Public Library will host their monthly Book Discussion Group meeting. They will discuss "Where the River Ends" by Charles Martin. While facing a life-threatening illness, Abbie makes a list of things she hopes to accomplish before she dies. She and her husband begin by stealing away in the middle of the night for a 130mile trip down the St. Mary's River. Copies of the book are available at The Library for patrons to take out.

Refreshments will be served, and all are welcome to attend! Call 201-438-8866 for more information. ###

### **Evening Computer** Classes

Lodi Library offers free small group computer classes for Lodi residents on Tuesday evening from 6 p.m. to 7:30 p.m. The June classes are Introduction to MS Office Word 2010 on June 11, and MS Office Excel 2010, June 18, 2013. Registration and payment of a \$5 refundable deposit per class is required. For more information, call 973-365-4044. ###

### W-R Library Offers **Homebound Delivery**

The Homebound Delivery Program is a service to provide library materials to residents of Wood-Ridge who are unable to come to The Library due to temporary or permanent disability, and have no one else living in the home to come to The Library for them.

The Library makes available books, magazines, audio books, music cds and dvds. Staff will visit homebound residents on a monthly schedule to deliver, pick up, and return library materials. Selections are based on customer preferences indicated and requests.

Services will be provided on the last Thursday of the month from 2 p.m. to 4 p.m.

For more information, contact Christine Hartigan at 201-438-2455 or email to hartigan @bccls.org ###

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Look Sharp for Summer

### Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, June 5, 2013, at 6:30 p.m., to discuss "The Immortal Life of Henrietta Lacks" by Rebecca Skloot. The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion.

Copies of the books are available at the Circulation Desk. For more information, e-mail Peg Mellett at mellett@ bccls.org ###

### **English Conversation**

English language learners are invited to attend the English Conversation Group on Tuesdays and Thursdays, from 10:00-11:30 a.m., at The Rutherford Public Library. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. For information, please call 201-939-8600, ext. 7. ###

### Monday Evening Book Group

On Monday, June 17, 2013, at 6:30 p.m., the Monday Evening Book Group will meet to discuss "The Shack" by William Paul Young. Copies of the books are available at the Circulation Desk. The meeting will be held in the Glass Room on the main floor of The Rutherford Library. ###

### Rutherford Daytime Reading Group

On Friday, June 28, 2013, at 1:30 p.m., the Daytime Reading Group will meet at The Rutherford Public Library to discuss "Cleopatra" by Stacy Schiff. Copies of the books are available at the Circulation Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

### Hasbrouck Heights Friends of The Library Book and Bake Sale

The Hasbrouck Heights Friends of The Free Public Library announced that their annual book and bake sale will be on Saturday, June 1, 2013 from 9 a.m. to 4 p.m. and Sunday, June 2, 2013, from 12 p.m. to 4 p.m.

The sale will be held in the Senior Center located at 320 Boulevard. The entrance is on Central Avenue. ###

### **Mindfulness**

Come explore a mindfulness approach to life!

The Wood-Ridge Memorial Library is hosting a program on Mindful Living. Learn how to live in the moment! The workshop will be given by Marj Bernstein, LCSW, Therapist, and will be held at the Wood-Ridge Senior Center on June 17, 2013 with part two on June 24 from 7 p.m. to 8:30 p.m. ###

### **Elder Fraud**

The Wood-Ridge Memorial Library is hosting a program on Elder Fraud given by a representative from the Division of Consumer Affairs. Learn how to recognize financial scams!

The program will be held at the Wood-Ridge Senior Center at 1 p.m. on June 25, 2013. Please register at the front desk by June 22, 2013. ###

### **Death in Venice**

On Tuesday, June 25, 2013, at 6:30 p.m., The Friends of the Library of Rutherford will present a free screening of "Death in Venice," directed by Luchino Visconti. The film will be shown in The Library Auditorium. ###

### **Bollywood Movie** at Lodi Library

On Saturday June 1, 2013, from 1:30 p.m. to 3:45 p.m., Lodi Memorial Library presents the 2012 Bollywood hit, "English Vinglish" (in Hindi with Engish subtitles). The film stars Sridevi as the wife and mother determined to learn English.

The film screening is free and no registration is required. Children under the age of 18 must be accompanied by an adult. For more information, visit lodi.bccls.org or call 973-365-4044. ###

### June Movies at Lodi Library

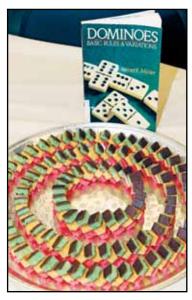
Lodi Library presents free movies on Wednesdays starting at 1:30 p.m. The June 2013 schedule is as follows:

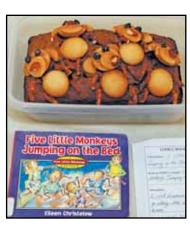
- June 5, "The Words" (2012)
  - June 12, "Guilt Trip"
- June 19, "A Few Good Men" (Nicholson & Cruise)
- June 26, "Jaws," the classic summer movie

For more information, visit lodi.bccls.org or call 973-365-4044. ###

**Libraries Are Fun!** 







### Edible Book Contest

The Wood-Ridge Memorial Library held an Edible Book Contest on May 11, 2013, at the Wood-Ridge Senior Center.

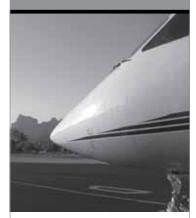
Participants showcased baked creations that were a pun on a title, referred to a scene or character, or looked like a book cover.

A panel of judges will decided winners of different categories, including Best Elementary School Creation, Best Middle-High School Creation, Best Adult Creation, Most Pun-derful, and Most Beautiful; participants and attendees voted for the People's Choice Award. The event was open to BCCLS Library cardholders of all ages. Reading has never been so sweet! ###

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### Job Application Workshop for Teens

On Friday, June 7, 2013, from 3:30 to 4:30 p.m., learn tips for finding job websites, and information about internships, free at The Lodi Memorial Library, for Lodi students in Grades 9-12. For more information, call 973-365-4044, or visit lodi.bccls.org ###

### W-R Programs for **Children and Families**

The Wood-Ridge Memorial Library will offer a variety of programs, events, and story times for children and families this month. Weekly story times include:

- Toddler Time (Thursdays, 10:30-11:15, for ages 0-2) and Preschool Pals (Mondays or Tuesdays, 12:30-1:15, for ages 3-5).
- During Bedtime Tales (June 12, 6:30-7:15, for preschool-elementary age children), families share stories, crafts, snacks, and activities that feature different themes. The theme for June is "The Jungle."
- Additional programs for children and teens include PAWS for Reading, Father's Day Crafts, Game Time, Family Movie Night, and Youth Advisory Team.

The Summer Reading Club will also start this month. Running from June 24 through August 16, the Summer Reading Club will encourage children and teens to read with prizes and fun events.

For more information or to register for any of these programs, email Molly at wrdgchild@bccls.org or call 201-438-2455. ###

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### **New Monday Playgroup**

Lodi Memorial Library is offering a new weekly Monday morning playgroup, from 10:30 a.m. to 11:15 a.m. starting on Monday June 3, 2013.

Children ages 2-5 years and their caregivers enjoy free play with toys and other preschoolers, plus coloring. No registration needed. For more information, visit lodi.bccls. org or call 973-365-4044. ###

### Pajama Storytime

Every Thursday in June: 6, 13, 20, and 27, 2013, from 6:30 to 7 p.m., at The Lodi Memorial Library, children, ages two to six, along with their parents, are invited to pajama story time. PJs are optional.

Bring your favorite stuffed toy, listen to fun stories and then tuck your little friends in for sweet dreams. No registration needed. For more information, call 973-365-4044, or visit lodi.bccls.org ###

### W-R Summer **Reading Kickoff**

The Wood-Ridge Memorial Library will be presenting Sciencetellers and their show "Potions" on Monday, June 24, 2013, from 4 to 5 p.m.

The all-ages presentation, which combines an adventurous story with exciting science experiments, will kick off the Summer Reading Club for The Library. For more information or to register, email Molly at wrdgchild@bccls.org or call 201-438-2455. ###

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### **Lodi Legos**

On Tuesday, June 18, 2013, from 3 p.m. to 5 p.m., The Lodi Memorial Library will be having Lego fun.

They supply the Legos and you supply the imagination. Bring friends and family to create your visions together. No registration needed. For more information, call 973-365-4044, or visit lodi.bccls.

### **Build & Play**

On Saturday, June 15, 2013, from 3 to 4:30 p.m., children 2 to 5 years old can build with blocks, or play with toys at The Lodi Memorial Library.

Enjoy free playtime with a parent or guardian, while playing with toys and coloring. No registration needed. For more information, call 973-365-4044, or visit lodi.bccls.org ###

### **Bug Jar Bonanza**

On Thursday, June 27, 2013, at 3 p.m. at The Rutherford Public Library, children ages 5 and older are invited to make a bug jar, in which to collect and hold insects.

Five, six- and seven-yearolds are asked to bring a grownup to assist with making the project. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

### Paws to Read Therapy Dog Program

On Saturday, June 8, 2013, at 2 p.m., Rodney, a registered therapy dog, and his owner, will visit The Rutherford Public Library. Children who would like to practice their reading skills may reserve a 20-minute time slot to read to Rodney. Gain confidence in your reading ability and make a new friend at the same time! For ages 5-11. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

### K-9 Demonstration

On Tuesday, June 25, 2013, at 2 p.m., the Bergen County Police Department will present a K-9 demonstration at The Rutherford Public Library.

All children ages 5 and older and their caregivers are invited to attend. A working police dog and his officer will share the daily life and duties of a K-9 dog. No advance registration is required. ###



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### Summer Program Dig Into Reading Registration

The Rutherford Public Library will host many fun and exciting programs for children up to the age of 11 over the course of the summer.

Some of the programs offered will require advance registration. Summer program in-person registration will begin for Rutherford residents at 10 a.m. on Tuesday, June 18, 2013. Telephone registrations for Rutherford residents will begin at 2 p.m. Out-of-town residents wishing to register for children's programs may do so either in person or by phone beginning on Friday, June 21 at 10 a.m. ###

### Children's Friday **Afternoon Matinee**

On Friday, June 28, 2013, at 2 p.m., all children ages 5 and up are invited to a screening of "The Secret World of Arrietty" at The Rutherford Public Library. The movie is rated G. No advance registration required. An adult caregiver must remain with any child under the age of seven for the duration of the film. The film will conclude at 3:20 p.m. ###

### **Lodi Kids Crafts**

Lodi Memorial Library offers their free drop-in craft programs from 3:30 to 4:30 p.m. for children in Grades K to 5th Grade.

The June 2013 craft schedule features:

- June 3, make an iron transfer t-shirt (you must bring your own t-shirt)
- June 10, make a personalized alphabet bracelet
- June 11, make a flag for the flag mural
- June 13, make a Father's Day craft
- June 17, make a paper woven sun
- June 20, help make decorative paper stalagmites and stalactites
- June 24, make a magnetic duck pond
- June 27, make a butterfly

No registration needed. For more information, call 973-365-4044, or visit lodi.bccls.org ###

### Young Adult Area at ER Library

The East Rutherford Library has expanded its Young Adult section of The Library exclusively for teens. It includes an entire YA book collection, two new PCs and an iPad to be used by teens. The new area is for students from age 13 up to high school seniors. Please call The Library at 201-939-3930 for more information. ###

### **Magic Show**

On Friday, June 14, 2013, at 3:45 p.m., magician Steve Woyce will present his Dig Into Reading with Magic show at The Rutherford Public Library. Join Steve, Henry the Magic Rabbit, and Chestnut the Squirrel as they bring magical stories to life!

This brand new magic show will officially kick off the 2013 Summer Reading Club. It is jam-packed with magic, comedy, and tons of audience participation. All children ages four and up and their caregivers are invited to attend. No advance registration is required. The Friends of the Library are generously funding this program. ###

### **Drop-In** Storytime

The Rutherford Public Library will host a morning and afternoon drop-in storytime program on Wednesdays, June 5, 12, and 19, 2013, from 10:30 to 11 a.m. and repeated from 2 to 2:30 p.m. The same storytime will also be presented on Thursdays, June 6, 13, and 20, 2013, from 10:30 to 11 a.m. All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###

### Father's Day **Craft Corner**

On Monday, June 10, 2013, at 3:45 p.m. at The Rutherford Public Library, children ages 5 and older are invited to create an Everything Grows with Love craft, perhaps to give to that very special dad on Father's Day.

Five, six and seven-yearolds are asked to bring a grownup to assist with making the project. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

### W-R Legos

The Wood-Ridge Memorial Library will host a Lego Party on Saturday, June 22, 2013, from 2 to 3:30 p.m.

Designed for children entering Kindergarten through Grade 4, the Lego Party will get children thinking creatively and working cooperatively as they play games that test their building skills.

For more information or to register, email Molly at wrdgchild@bccls.org or call 201-438-2455. ###



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### RLC Curriculum Expo

On Wednesday, April 17, 2013, the Robert L. Craig School in Moonachie held its annual Curriculum Expo.

Students in Grade Pre-K to Eighth displayed a variety of projects and work. All subjects, teachers, students and staff worked together to create an evening that celebrated the success and progress of our students.

This year has been especially difficult for R.L.C. due to Sandy's devastating impact on Moonachie. The Curriculum Expo demonstrates that we - as a community - pulled through and kept academic expectations

Walking around the trailer halls of this little temporary school people see lots of color, exemplary work, creativity and optimism. Work ranged from dioramas, artwork, technology projects, posters, interactive exhibits and more.

You get the sense that R.L.C. students have been working hard and having fun. Story provided by Lee Ten Hoeve. ###











Congressman Bill Pascrell Jr. hosted a question and answer session with 8th Grade students and parents from Robert L. Craig School in Moonachie on the steps of the U.S. Capitol on May 15, 2013. Photo provided by Congressman Pascrell's office. ###

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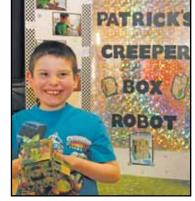
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What an exciting experience was to be had at the Euclid Elementary School Science Exchange, sponsored by the Euclid School PTA. The exhibits were presented in the school gym on Wednesday, April 24, 2013, Grades 3 to 5, and on Thursday, April 25, Pre-K to Grade 2.

These budding scientists presented volcanoes, dinosaur exhibits, colorful flowers, nail painting, magnetism, a working robot, to name just a few. Certificates and medals for all the scientific exhibits were presented by the principal, Mr. Michael Sickels. It was truly a night of learning for all who attendeed! ###

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### **Teacher Appreciation**

**Bill O'Shea's Florist** held a Teacher Appreciation Essay Contest.

Students were encouraged to write a 500-word essay stating why their teacher is the greatest.

On May 9, 2013, Bill O'Shea's owner, John Kosak-kowski, presented a bouquet of a dozen yellow roses to a very surprised Corpus Christi School physical education teacher, Mrs. Kimberly Solimine.

Seventh Grade essayist, Daniel Oliveira, read his winning submission. About 20 Corpus Christi students submitted essays.

John also presented one red rose to the other teachers nominated.

Hasbrouck Heights Euclid and Lincoln School students also participated and winners will be selected.

Observing the presentation was school principal Michelle Murillo. ###



### Trike-A-Thon Wheels in \$4,550

New World Montessori School, on Burton Avenue in Hasbrouck Heights, was privileged to hold their 15th annual Trike-a-Thon on Tuesday, May 14, 2013. The Preschool and Kindergarten children were thrilled to ride their bikes around the riding course. As a result of their efforts, the students and their parents were able to raise over \$4,550 for St. Jude Children's Research Hospital to help children with cancer. *Photo provided by New World Montessori School.* ###



### AHOF Open Cockpit Day

On Saturday, May 4, 2013, the Aviation Hall of Fame and Museum opened all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

The featured aircraft was the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack aircraft designed for battlefield surveillance and light strike capabilities. It is of twin turboprop configuration, and carried two crew members.

The next Open Cockpit Day is scheduled for Saturday, July 27, 2013. Admission: Adults \$7, children (under 12) and seniors \$5. For more information, visit their website at: www.njahof.org ###

### 2013 Boys' State Delegates Attend Meetings

Two meetings were held during the month of May 2013 for the benefit of the American Legion Jersey Boys' State delegates, alternates and parents.

Six of the over 100 boys from Bergen County who attended were sponsored by the Capt. James B. Scarr American Legion Post 106 in Hasbrouck Heights.

There is expected to be more than 900 boys who will attend this year's program at Rider College, Lawrenceville, NJ. The program will run from June 16 to June 21, 2013.

Some of the important topics reviewed at the meetings were transportation to and from Rider College; what the boys should and should not bring with them; a schedule of activities; the overall goals of the program; meals, medical services; lodging arrangements; security; and staffing.

The six delegates representing Hasbrouck Heights are Benjamin Ker, Ryan Wheeler, Darien Cheng, Connor McCabe and Christopher Verdi from Hasbrouck Heights High School and Ryan Moran from Don Bosco Preparatory High School. Story by Peter Gallo Jr. ###

### **Lauren Baghdo Wins State Award**

Lauren Baghdo, a senior at the Bergen County Technical High School in Teterboro, NJ and a resident of Wood-Ridge, was selected this year's winner of the student literary contest sponsored by the New Jersey Commission on Holocaust Education and the Besserman family.

The announcement was made on April 29, 2013 by Dr. Paul Winkler, Executive Director of the New Jersey Commission on Holocaust Education.

Students were shown the film "Only a Number" a true story produced by Steven and Joshua Besserman based on the diary of their respective mother and grandmother, Aranka.

It is a story of her struggle to survive, to love and to remember. It documents the horrors she endured at the hands of the Nazis and how she met her future husband in a concentration camp, separated by barbed wire, physically, and psychologically ravaged by starvation and brutality. And yet, they fell in love, giving each other the strength and will to survive.

After viewing the film, students were asked to relate Aranka's experience to current issues of prejudice, intolerance, stereotyping, and bullying, and to discuss what people could do to reduce these social problems. Since Lauren's English teacher knew she was a poet, she encouraged Lauren to write a poem and enter the contest. Nearly 100 entries were submitted throughout New Jersey. Lauren was one of six selected in the state but the only winner chosen from Bergen County.

Lauren's poem was entitled "Repeating History?" The first half of the poem describes a Holocaust victim's experience. Throughout the second part of the poem, the same person, a Holocaust survivor, compares his/her experience to today.

Steven Besserman visited the sites of the ghettos, concentration and labor camps as they are today. He found visual remnants of the past in the present. What lies within the tangles of his mother's memory, lies beneath these locations that time may have changed, but can never erase.

The core mission of the New Jersey Commission on Holocaust Education is to promote Holocaust education in the State of New Jersey. *Story by Peter Gallo Jr.* ###

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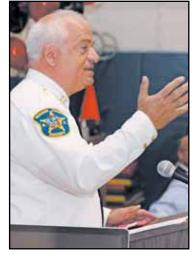






















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### **WRPD Holds D.A.R.E Graduation**

On Tuesday, April 30, 2013, the Wood-Ridge Police Department held a D.A.R.E graduation ceremony for Catherine E. Doyle School 5th Graders completing the program.

The event began with Jillian Hynes, Student Council Vice President leading the Pledge of Allegiance.

Welcoming remarks were

made by Detective Joseph Biamonte and Officer Matthew Muller, followed by comments by Mr. Anthony J. Albro, Principal.

Speakers included NJ State Senator and W-R Mayor Paul A. Sarlo, Bergen County Sheriff Michael Saudino and Under Sheriff Robert Colaneri.

Essay winners were An-

drew Aziz, Erica DiMarco and Philip Iacovelli. They were presented medallions and gifts. Each read their essays.

The student body took the D.A.R.E pledge and each student received their certificate with congratulations by attending officials.

Flower bouquets were presented to Fifth Grade teachers Mrs. Ciliotta, Mrs. Koernig and Mrs. Drudy.

A video, representing each class, was viewed, followed by comments by W-R Police Chief Joseph Rutigliano.

Detective Joseph Biamonte and Officer Matthew Muller made closing remarks. ###

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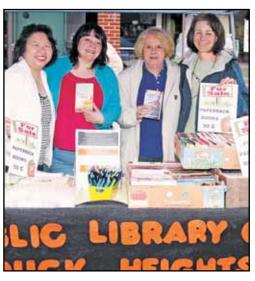
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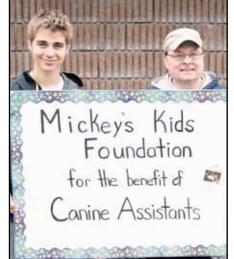








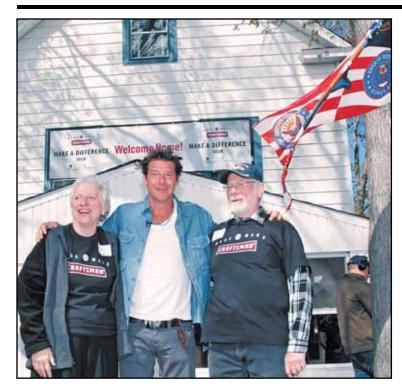
































### Millie and Pete Go Home

Like hundreds of Moonachie and Little Ferry families, Pete and Millie found themselves marooned upstairs in their home, as 4 feet of Superstorm Sandy floodwater ravaged the first floor below.

Sandy's devastation left their home uninhabitable and forced them to move in with their daughter, as workers gutted and boarded up the home Millie grew up in, and her husband lived for 47 years.

Hundreds of volunteers spent two months putting in new floors and walls, renovating the kitchen and bathroom, applying a fresh coat of paint, landscaping, etc.

Surrounded by volunteers, Pete and Millie Peterson were overwhelmed, watching the finishing details being completed on their home on Saturday, April 27, 2013.

Concluding the event a ceremony was held and Congressman Bill Pascrell presented Millie a flag that once flew over the nation's capital.

Pete, an Air Force Veteran and Millie Peterson stayed in their home on Saturday night for the first time in six months.

The non-profit Rebuilding Together of Bergen County helped organize volunteers that teamed up with DIY expert Ty Pennington, the Craftsman brand and the Craftsman Club, and Sears Heroes at Home.

Gretchen Viggiano, the executive director of Rebuilding Together's Bergen County chapter, said the \$40,000 grant to restore the Petersons' home came from two major sponsors: Sears and the tool manufacturer, Craftsman, which is hauling a 36-foot trailer to each stop on the tour.

This rebuild event was the first stop on the Craftsman "Make a Difference" Tour which will visit more than 20 locations nationwide this summer, renovating homes of U.S. Veterans; assisting areas affected by natural disasters; and participating in local community restoration projects.

"It is so important to give back, and I have been fortunate to be part of some truly heartwarming home renovation throughout my career," said Ty Pennington, host of the ABC reality show "Extreme Makeover: Home Edition."

He continued, "I'm excited and proud to be part of the Craftsman 'Make a Difference' Tour because, with the help of volunteers from Heros at Home and Rebuilding Together, we'll make a positive impact in the lives of those in need."

Rebuilding Together, Bergen County Chapter, plans to fix up to four damaged homes in the county each month for the next year.

Volunteers from Ameri-Corps NCC, IBEW Local 164 and Jersey Cares donated their time to help complete this work.

For more information go to: www.rebuildingtogether-bergen.org and www.crafts-man.com/MakeaDifference





### **Storm Recovery Information Center**

The Bergen County VOAD is a network of 50+ organizations including nonprofits, government, volunteers, and community organizations, working to meet the storm recovery needs. Bergen County residents affected by Sandy are eligible for their services.

Services are provided on a case-by-case basis to renters, homeowners, small business owners and landlords (up to four units).

Services include: Information and referral, case management, mold inspections and mold remediation, tear-outs, debris removal, storm related repairs, financial assistance, donated goods, etc.

### What you can do right now:

- Visit the Recovery Information Center at 221 Moonachie Road, Moonachie. Let them know if you have any urgent needs (health and safety.)
- Visit the NJ Department of Community Affairs for information on recovery re-

sources to include grants for homeowners and business affected by Sandy.

Sign up to be notified by email when application periods are opened at: www.state.nj.us/ dca/divisions/sandyassistance

- Keep all receipts for all storm related recovery expenses.
- Stay up-to-date on recovery resources by visiting www. bergenvoad.org

### The VOAD mission includes the following:

- Needs Assessment/Case Management: Case managers meet one-on-one with victims to determine their unmet needs after FEMA and their insurance have provided assistance.
- Volunteer Coordination: Hundreds of volunteers are providing a range of services, from muck-out, re-building, fundraising, etc.
- Construction Management: A staff Construction Supervisor provides assessments and cost estimates prior to the start of construction. Several

Protect your health and property

nonprofit organizations provide construction services, and several Rotarians have offered to serve as general contractors.

• Emotional and Spiritual Care: The emotional effects on victims is enormous, and several organizations and religious groups provide counseling. ###

### **Storm Recovery Information Center**

Located at Moonachie First Presbyterian Church, VOAD offers a network of voluntary organizations ready to help you with your Superstorm Sandy recovery needs.

Tuesday 11 a.m. to 5 p.m.
Wednesday 11 a.m. to 5 p.m.
Thursday 11 a.m. to 7 p.m.
Friday 11 a.m. to 5 p.m.
Saturday 9 a.m. to 2 p.m.
Sunday Closed
Monday Closed
Hours subject to change

For more information call: 201-470-3143 or visit: www. bergenvoad.org ###





#### Lt. Governor Visits Moonachie Businesses

On May 7, 2013, Lt. Governor Kim Guadagno and Linda Kellner, director of Office of Recovery, New Jersey Economic Development Authority toured several Moonachie Road businesses, listening to their Superstorm Sandy plight.

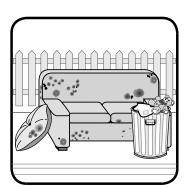
They visited Connie Accetta, owner of Margie's Deli, Nick and Maria Ressa of Ressa Meadowlands Cleaners and Luis Medina, owner and pharmacist at Baron II Drug and Surgical to highlight examples of recovery success stories.

They were promoting The Stronger New Jersey Business Grant Program that will allow small businesses and certain nonprofit organizations to apply for forgivable loans of up to \$50,000 to recoup money spent on working capital and inventory. ###

### Contact VOAD for a FREE mold inspection Funding is available for residential mold remediation

### Get Rid of Mold

After a flood, mold will grow in your house. It can make you sick. You will need to clean your house.



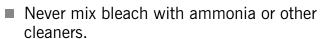
Take things that were wet for 2 or more days outside.

Things that stayed wet for 2 days have mold growing on them even if you can't see it.

Take out stuff made of cloth, unless you can wash them in **hot** water. Also take out stuff that can't be cleaned easily (like leather, paper, wood, and carpet).

Use bleach to clean mold off hard things (like floors, stoves, sinks, certain toys, countertops, flatware, plates, and tools).

Follow these steps:



- Wear rubber boots, rubber gloves, goggles, and N-95 mask.
- Open windows and doors to get fresh air when you use bleach.
- Mix no more than 1 cup of bleach in 1 gallon of water.
- Wash the item with the bleach and water mixture.
- If the surface of the item is rough, scrub the surface with a stiff brush.
- Rinse the item with clean water.
- Dry the item or leave it out to dry.

### Now Available: Stronger NJ Business Grant Program

The New Jersey Economic Development Authority (NJEDA) will begin accepting applications for the Stronger NJ Business Grant program. This program provides up to \$50,000 per impacted location and up to \$250,000 per entity to eligible small businesses and non-profit organizations that sustained a minimum of \$5,000 in physical damage from Superstorm Sandy.

Governor Chris Christie has tasked the NJEDA to administer \$460 million of Community Development Block Grant (CDBG) funding to support the recovery of stormimpacted businesses. Of this total, \$260 million will fund the Stronger NJ Business Grant program.

For more information regarding the Stronger NJ Business Grant program, including eligibility information and application instructions, please visit: http://application.njeda.com/strongernjbusinessgrant.

The NJEDA Office of Recovery Superstorm Sandy hotline is also open at 1-855-SAN-DY-BZ to answer any questions you may have regarding the program and application pro-



Four box trucks loaded with furniture, housewares, toys, etc., were distributed free to about 300 Sandy-struck families on Sunday, April 28, 2013, from 2 to 5 p.m. at the First Presbyterian Church in Moonachie. The event was sponsored by Project195 and the Moonachie-Little Ferry Relief Fund. ###



### **BC Home Ownership Fair 2013**

from 9 a.m. to 1 p.m., Bergen County will host a home ownership fair at the Holiday Inn Hasbrouck Heights.

The Homeownership program was designed to help low and moderate income families navigate the purchase of their first home.

The Homeownership Fair event takes on a whole new and

On Saturday, June 8, 2013, important meaning this year in light of the current challenges in the economic and real estate markets.

> Exhibits will include realtors, bankers, mortgage companies, credit counselors, home inspectors, and other experts who are ready to answer questions ranging from 'Foreclosure Prevention and Counseling' to the steps you need to take to

obtain a mortgage.

Hands-on workshops will once again be held throughout the day with subjects including "ABC's of Home Ownership" (which includes information on the American Dream Program,) "How to Deal with a Realtor," "ABC's on Closing on your Home," "Getting Financially Fit for Homeownership," "Home Inspections" and a seminar on fair housing issues.

Information on credit re-

porting and counseling on how to clean up bad credit will also be available. Representatives of the Bergen County Division of Community Development Homeownership Center will als be on hand to discuss their programs to assist with down payments and home improvements.

The annual event, which is free to all, is sponsored by the Bergen County Division of Community Development,

in conjunction with Bogota Savings Bank, Clifton Savings Bank, Lakeland Bank, Mariner's Bank, NVE Bank, Oritani Bank, Spencer Savings Bank, NJ Lenders Corp. and the Fair Housing Council of Northern New Jersey.

County Executive Kathleen A. Donovan stated "I would like to extend my sincere thanks to our Division of Community Development and banking sponsors for supporting and organizing this event. ###



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On April 21, 2013, Corpus Christi School celebrated its 85th Anniversary at ELAN. Pictured above center, Msgr. Lewis Papera, Pastor, Mrs. Michelle Murillo, Principal and the faculty and staff of Corpus Christi School. ###

### **Corpus Christi School Celebrates 85th Anniversary**

Corpus Christi Church began its origin in Hasbrouck Heights in 1897 on a small tract of land located on the south side of Kipp Avenue, west of the Boulevard.

As Corpus Christi parish grew, Fr. Andrew L. Clark, Pastor, realized that a parochial school was needed, and in September of 1928 Corpus Christi R.C. Church opened a Catholic School consisting of six grades with Sisters of Charity from Convent Station, NJ. placed in charge to teach, including Sr. M. Avelline and Sr. Eleanor Maria.

The parish continued to grow and in 1938, additional

property was purchased and plans to erect a new building were completed in September 1940 with eight classrooms, offices, a library and a gymnasium, and again in 1957 when the the school was again in need of expansion, a school extension containing additional classrooms and a large chapel was built.

Over 40 Sisters of Charity and many dedicated lay teachers have taught at Corpus Christi.

In January 1997, the Sisters of Charity, after 68 years of service to the parish, announced they were withdrawing their corporate commitment to the

parish school.

In 1980, Sr. Eileen Richard, principal of Corpus Christi School until 1994, announced she was entering the Carmelite Convent in Roxbury, Mass., and was succeeded by Miss Patricia Jean Szczypien, followed by Norma Wilke and current Principal Michelle Murillo.

Corpus Christi School continues to enjoy a large enrollment of students from Pre-K through Eighth Grade and a full staff of certified teachers who are dedicated to educating the total student spiritually, academically and physically. Photos provided by Diane Sullivan. ###



### Corpus Christi Teacher Leads School-wide MS Walk

Every May for the past six years, Amy Strafford, a pre-K teacher at Corpus Christi Elementary School in Hasbrouck Heights, organizes a school-wide fundraising event for multiple sclerosis research.

Last Friday, the school's entire student body – even the 3- and 4-year-old pre-K students -- donned their walking shoes and participated in a symbolic "Walk for MS" through the halls of the school and through the neighborhood to raise awareness for the devastating disease.

"The children are very excited to participate in this walk, even the little ones," said Amy, who became involved in fundraising efforts after her brother-in-law, Joe Revello, was diagnosed more than 10 years ago.

"It's amazing that this small school raises the money that it does," Revello said.

This year, Corpus Christi students raised \$15,000, bring-

ing their six-year total to more than \$65,000 for MS research.

"It's not only about the money, but it's teaching the children that they can make a difference," Amy said. "It's all about life lessons, and the values that are part of who we are as Catholics. These are lessons we can bring to the table every day of our lives."

"The annual Walk for MS is one of the school's biggest fundraisers," said Amy, noting that the school does not keep any of the funds raised.

Multiple sclerosis is an autoimmune disease that affects the central nervous system and attacks the myelin sheath, the protective covering that surrounds nerve cells. When this covering is damaged, nerve impulses are slowed down or stopped.

Multiple sclerosis affects between 250,000 to 350,000 men and women in the U.S. every year. Story and photo provided by Angela Daidone. ####

### HH Contemporary Club Leaders Attend NJSFWC Convention

Recently, Contemporary Club members President, Helen O'Shea, Vice-President Pat Link, new first time member Anna Tracz and Marge Heeren, Club Treasurer and Parliamentarian to Clubs on the State Board, attended the New Jersey State Federation of Women's Clubs Convention at the Golden Nugget in Atlantic City.

At the convention they attended the business session and went to workshops on Membership, Finance and Fundraising, Education, Public Affairs to name a few

At one of the banquets, all Club presidents were honored by the members as they entered the banquet room.

One member, Eileen Gavin, was unable to attend but she sent four items for the state competition. These items had already won district gold ribbons. Her items included a crocheted baby sweater, a crocheted baby hat, a children's crocheted scarf and a pair of handmade earrings.

When the judging was completed Eileen had two more Gold ribbons for her baby hat and sweater, a blue ribbon for her scarf and her earrings got third place. Story by Patricia Link, ###



The recipients l-r: Jerry Lanzerotti, Louise Lanzerotti, Raf Nazar, Joe Biamonte Jr., Bob Recchione and Don Rodriguez all received gold engraved crystal flame awards in recognition of their contributions and commitment to the students of the Borough of Wood-Ridge. Photo and story by Jack Nagel.

### Wood-Ridge Memorial Foundation Dinner A Huge Success

A record crowd of 280 people turned out in support of the Wood-Ridge Memorial Foundation's annual dinner dance, held at the **Fiesta** on Friday, April 19, 2013. Over \$13,000 was raised to fund the Foundation's annual scholarships. This year's dinner honored six outstanding members of the community.

• Mr. Don Rodriguez, a Foundation Trustee who recently retired from Kearny Federal Savings Bank in Wood-Ridge. Don has been in charge of the scholarship application and judging process for over 20 years. He has been involved in numerous community activities as well as an active member of Assumption Parish.

• Mr. Raf Nazar, a true American success story. He immigrated from Iran in 1961. He began working at the Fiesta in 1963 as a dishwasher/busboy and is now a general partner and chief operating officer. The Fiesta, under the guidance of original owner John Landy, has been a major factor in the overall growth and success of the Wood-Ridge Memorial Foundation. John passed this dedication down to his sonsin-law, grandchildren and to Raf, who have all continued the Fiesta's commitment to help and support the Memorial Foundation.

• Mr. Joseph Biamonte Jr., a Wood-Ridge Police Officer and a 3 time elected member of the Wood-Ridge Board of Education. Officer Biamonte has served as the DARE Officer at Wood-Ridge High School for 13 years. He also serves on the State PBA Board, coaches youth recreation programs and is involved with many other community programs.

• Mr. Bob Recchione has been a member of the Wood-Ridge teaching staff for 39 years. He has served as a teacher, head of the Child Study Team and is currently Principal at the Gretta R. Ostrovsky Middle School. The community and his colleagues hold him in high esteem as a caring teacher, administrator and person.

• Louise and Jerry Lanzerotti were the first couple ever honored by the Foundation Trustees. Their love and commitment to the children of Wood-Ridge has been demonstrated time and time again. Virtually every youth program has benefited in some way by the Lanzerottis.

The Memorial Foundation was founded in 1962 through the initiative of the Wood-Ridge Lions Club. The Foundation has now funded over one million dollars in grants to over 800 Wood-Ridge students. The Foundation takes particular pride in the fact that it has 0% overhead, being fully staffed by volunteers.

With yearly expenses kept to a minimum, virtually all of the funds generated go directly to the scholarship fund. The Foundation expects to award over \$30,000 to high school graduating seniors residing in Wood-Ridge and attending college in the fall. For information call 201-641-2803. ###

### **HH Contemporary Club Sends Keenan to Girls' Career Institute**

Girls' Career Institutes is a program offered by the New jersey State Federation of Women's Clubs for girls completing their high school junior year. The GFWC Contemporary Club of Hasbrouck Heights selected HHHS student Megan Keenan.

The program will be held June 10 to June 13, 2013 at Douglass Residental Campus at Rutgers with about 175 students throughout the state attending.

It affords a unique minicollege experience by living in a dorm, attending lectures and workshops. They will learn about career choices and networking. Free time includes organized activities such as swimming, crafts and after dinner programs. Delegates are sponsored and the cost is underwritten. ###







### **HH 1st Annual** 5K Run/Walk

At 9 a.m. on April 28, 2013, about 160 participated in The Hasbrouck Heights Board of Health first annual 5K Run/ Walk.

Top male finisher was Gary Gagliardi, 30, of Lancaster, PA, with a time of 18:31.3 and top female finisher was Katie Cherney, 29, of Hasbrouck Heights, the top female winner with a time of 21:13.3.

Medals were given for the top three male and female runners in the following categories: 18 and under; 19-29; 30-39; 40-49 and 50 and over. Amenities included: T-shirt, timing systems, and post-race refreshments.

The event was co-sponsored by the HH Health Department and the HH Junior Women's Club. Funds benefit scholarships and the Seeing Eye Foundatuion. Results are online at www.runsignup.com

For more information on the 5K Run contact Tina Louise Dowd at 201-370-3826. ###

















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### Carlstadt PBA 312 **Golf Outing May 31**

Carlstadt P.B.A. Local 312 will hold their 26th annual Golf Outing on Friday, May 31, 2013, at The Knoll Country Club in Parsippany, NJ. The cost is \$175.00 and includes greens fees, cart, continental breakfast, BBQ at the turn, buffet luncheon with open bar, golfer's gift, on-course beverages, and awards.

Hole sponsors for \$200 and tee sponsors for \$100 welcomed. Checks can be made payable to Carlstadt P.B.A. Local 312 and mailed to PO Box 306, Carlstadt, NJ 07072.

Contact Felix D'Amico, John Sanzari, Jason Colombo, or Jonathan Rood at 201-438-4300 for more information. ###

### Meadowlands YMCA **Golf Outing June 3**

The Meadowlands Area YMCA is hosting their 13th Annual Charity Golf Outing on Monday, June 3, 2013, at the Glen Ridge Country Club.

Cost is \$350 per golfer, \$1,400 per foursome and \$120 non-golfing guest.

Registration starts at 10 a.m., BBQ lunch at 11 a.m., shotgun start at 1 p.m. and reception at 5:30 p.m.

The golf package includes fees, cart, BBQ lunch, one hour open bar, dinner reception, awards, contests, prizes, and promotional merchandise.

For more information call 201-955-5300 x31. or go to: http://www.ymcainfo.org/ events/golf.html ###

### Ketcho's 6th Father-Son Golf The St. Francis of Assisi

The Ketcho's 6th Annual Father-Son Golf Classic will be held on Saturday, July 20, 2013 at Shawnee Inn & Golf Resort.

Start is at 6 a.m. with tee off at 7:30 a.m. Cost is \$125 per player and includes full breakfast, 18 holes of Championship golf, cart, greens fees, with barbecue/awards ceremony all afternoon. Event hosted by The Ketcho Boys.

Make checks payable to The Carl Inserra Leukemia Fund and send to: 303 Ottawa Avenue, Hasbrouck Heights, NJ 07604. Checks due by June 1.

For more information call 201-220-7831 or email: ketcho@aol.com ###

### **Golf Outing June 17**

18th Annual Spring and Bob Slamiak Memorial Golf Outing will take place at Apple Mountain Golf Club in Belvidere, NJ on June 17, 2013.

Breakfast is from 8 to 8:45 a.m. with shotgun start at 9 a.m.; four man best ball format.

Cost is \$90 and includes greens fees, cart, breakfast, BBQ at 19th hole. Cash bar.

Prizes are for longest drive closest to the pin low net and "best score."

All proceeds to benefit Felician School for Exceptional Children. For more information Wayne at 201-531-0632 or Ray at 201-294-9104.

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(l-r) Tim Finnerty's wife with her 3 daughters, Mr. Peter Finnerty, Kristen Wernecki and Domenic Mignone

### **Good Sportsmanship Recognized**

The Rutherford Recreation Department recently presented the 2013 Tim Finnerty Good Sportsmanship Award to Kristen Wernecki and Domenic Mignone.

The award is presented to an 8th Grade girl and boy who participate in the Recreation basketball program and demonstrate, represent and display ability, character, good sportsmanship and spirit of fair play that Tim Finnerty exemplified. The Good Sportsmanship Award is in memory of 9/11 victim Timothy Finnerty. Photo provided by Barbara Bennett, Rutherford Recreation Department. ###

### Matt Fenton Memorial 5K

On Sunday, June 2, 2013, at 9 a.m., the Second Annual Matt Fenton Memorial 5K Run/Walk at Willow Lake Park, will start at the Little Ferry Public Safety Building/Senior Center at 95 Main Street, Little Ferry, NJ.

This USATF sanctioned Grand Prix Event is 500 points. Pre-registration is \$20 with day of race \$25, starting at 7:30 a.m.

Register online until May 29 at www.raceforum.com/ littleferry or register by mail before May 28. For race information, go to www.littleferrynj.org/5k.html or email: Moses.racedirector@gmail.com

Awards for top 3 male/ female overall medals, gift certificates to top 3 male/female in 5-year age-groups up to 80+, top male/female Little Ferry resident prizes, and top male/ female First Responder prize.

Amenities include refreshments, DJ, D-Tag scoring by

201-288-8033

Compuscore, and Performance Tech-Shirt to first 700 runners. Event also includes awards ceremony, random prizes and family fun and kids activities.

Proceeds will be donated to Little Ferry first responders and the Little Ferry PBA, who contribute to the Wounded Warriors Project.

• Lost to us on May 5, 2006 Sgt. Matthew J. Fenton was a larger than life figure to those who were blessed to know him. Fatally injured while conducting combat operations in Iraq, Sgt. Fenton's service to our Country shall not be forgotten.

Sgt. Fenton was with the Forces Reserve's Inspector and Instructor Staff, 1st Battalion, 25th Marine Regiment, 4th Marine Division Fort Devens, Massachusetts.

At his funeral, Sgt. Fenton was made an honorary Little Ferry Police Officer, the job which he was to hold upon his return to Little Ferry. ###

### Xcel Tae Kwon Do Martial Arts Wins 6th "Best Team" Title at the Atlantic Tae Kwon Do Championship!

The 2013 Atlantic Tae Do Martial Arts Center, lo-Kwon Do Championship was held on April 28, 2013, at Ocean Township High School in Oakhurst, New Jersey, with more than four hundred competitors striving to kick, punch and dodge their way to the top of the podium. Xcel Tae Kwon

### **TEB 5K Run** July 20

The 16th Annual PSE&G Bergen County United Way Teterboro Airport 5K Run is scheduled for 8:30 a.m., on July 20, 2013, at Jet Aviation (Moonachie Avenue).

Last year's event attracted over 900 runners and this year even more are expected.

Well known as a "mustrun" summer race, the course is certified and sanctioned by USATF and is a Grand Prix Series Race.

The course is flat out and back with only five turns, two water stops and mile clocks on the runway. Run is 500 **USATF-NJ NBGP** points.

Over \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, Chrono-Track D-Tag Scoring, United Way Mini-Flyer Dashes, Food, DJ, etc.

Registration fee is \$20 before July 11, and \$25 after July 12. Early registration is advised. Security will be tight. Two forms of ID are required. All bags are subject to be searched. No one will be allowed entry to the airport and race staging area after 7:55 a.m.

Proceeds will benefit NJ 2-1-1; United Way's Compassion Fund which provides direct financial assistance to people facing a crisis.

Race director is Mark Zenobia. Results will be at: www. compuscore.com. For more information go to: www.teterboroairport5k.org ###

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cated in Hasbrouck Heights, sent thirty competitors to test their skills against opponents from all over the east coast. They competed in the sparring, forms and board breaking divisions.

Team Xcel won an unprecedented total of sixty five 1st, 2nd and 3rd Place trophies. As the result of their accomplishment, Team Xcel won the "Best School" title. This was the 6th "Best School" title for Team Xcel at this championship.

The sparring competition consists of two opponents who are matched by age, weight and skill level. The goal of the match is to attack and counter your opponent with a series of kicks and punches, trying to score points by hitting the elusive targets.

In the forms competition, athletes compete against each other by performing a lengthy choreographed pattern consisting of fluid and sharp motions that require total focus, balance, and self control. The

### Take a 100-mile Vermont Bike Ride July 25-28

Hasbrouck Heights dentist Zach Orden is looking for area residents to join him on a 100-mile bike ride to raise money for The Juvenile Diabetes Research Foundation's (JDRF) "Ride to Cure" event in Burlington, VT from July 25 to 28, 2013.

Riders don't need to be "serious cyclists," Orden said; most who participate in the ride are not. Riders will need to raise between \$2,500 and \$4,500.

Orden was inspired to start fundraising for the JRDF because his own daughter was diagnosed with juvenile diabetes 12 years ago when she was 10. She and Orden's other daughter will also be joining him in the ride this year.

For more information Dr. Orden at call 201-393-0022 or go to: http://www2.jdrf.org/ site/TR/Ride/JDRFNationalR ides?px=1266712&pg=person al&fr\_id=2243 ###

competitors are scored by a panel of judges and a winner is chosen at the end.

Finally, the board breaking competition consists of athletes demonstrating focus, balance and strength by striking and smashing wooden boards with either the hand or the foot. The higher the difficultly of the technique will garner higher

Alexander Rodriguez (7 years), Kyle Von Seidelmann (6 years), Luke Jimenez (8 years) and Kyle Espinas (11 years) had a perfect day by winning 1st Place in all three categories. There were only ten athletes that won the "Triple Crown" from the entire championship and four out of the ten were from Team Xcel!

To achieve their goal, preparation was the key to success for all the members of Team Xcel. They spent many extra hours training for this event, and the end result was evident of their exceptional hard work and discipline.

Xcel Tae Kwon Do Martial Arts Center Team consisted of Ajay Kartik, Luke Bokuniewicz, Megan Aurigemma, Gabriel Gonzalez, Ty Von Seidelmann, Kyle Von Seidelmann, Marcus Juan, Luke Jimenez, Christopher Sari, Kyle Espinas, Crisele Espinas, Matthew Murray, Ciara Cordero, Noel Velez, Reva Pavithran, Rhea Pavithran, Katrina Stroedecke, Juian Bermudez, Malgorzata "Gosia" Kielska, Ryder Paredes, Vansh Zota, Arianna Marmol, Faith Brown, Sara Severini, Sydney Severini, Aaron Buenaflor, Jamie Zee, Meghan Stellhorn, Amaya Rodriguez, Alexander Rodriguez.

They were coached by Master Steven Lee, a 5 time US National Tae Kwon Do Team member and former US Olympic Center Team Captain.

Congratulations to all competitors from Xcel Tae Kwon Do Martial Arts Center of Hasbrouck Heights! Story by Christine Adamo. Photo provided by Xcel Tae Kwon Do Martial Arts Center. ###

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### 8th Annual Pride in Our Priests Dinner

On Wednesday, May 1, 2013, the Knights of Columbus of the Archdiocese of Newark hosted their Eighth Annual Pride in Our Priests dinner at the Fiesta in Wood-Ridge.

The evening is open to all Knights and their wives, and is a great way for the Knights

### **Knights Annual** Father's Day **Breakfast**

The St. Anthony Council #11585, Knights of Columbus in Wood-Ridge has scheduled its Annual Father's Day Communion Breakfast for Sunday, June 16, 2013.

Members of the Knights and their families will attend the 9:30 a.m. Mass at the Assumption Church.

The breakfast will take place following the Mass at the Fiesta in Wood-Ridge at 10:45 a.m.

Tickets are \$18 per adult and \$16 for children 9 and under. For tickets contact a member of the Wood-Ridge Knights of Columbus. PG ###

### **Comfort for** the Weary Heart

Reverend Veronica M. Pearson, Pastor of Evangel Christian Church, Little Ferry, has published "Comfort For The Weary Heart," a book of inspirational messages based on scripture. It is available on Amazon.com and Barnes & Noble.com and from the author at LFECC@inbox.com or by phone at 201-440-1345. ###

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More than 500 men and women were in attendance. Of this number 139 were bishops and priests. Also present were deacons and religious brothers and sisters.

Local priests from Wood-Ridge, Pastor Rev. Richard Mucowski, Rev. Julian Jagudilla, Brother Paul Keenan and Deacon Francis Materia and Hasbrouck Heights Pastor Msgr. Lewis Papera, Rev. Juan Camilo Restrepo, Deacon Vincent DeFedele and Deacon Paul Carris were guests.

Also at the dinner were Archbishop John Myers, the Auxiliary Bishops and Retired Bishops as well as Bergen Federation President Russell Petrocelli from Wood-Ridge.

Bishops of the Archdiocese of Newark and our Worthy State Officers, State Deputy Ph. D. Daniel Rossi, State Secretary Andrew Lipenta, State Treasurer Bruce DeMolli, State Advocate Anthony Moskal and State Warden Robert Hatler.

Master of Ceremonies State Warden Hatler, presented a check for \$10,000 on behalf of the Knights to Archbishop Myers for the archdiocese to use in its many worthy programs. Story and photo provided by Peter Gallo Jr. ###

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see how they fit into the epic saga that is portrayed in God's Word, and they will train to join the great battle as Jesus' Disciples (J-Di's).

The Real Saga is the Bible. The Real Force is Jesus.

Bible Baptist Church, is located at 31 Passaic Avenue, Hasbrouck Heights. For more information, call 201-288-4139 ext. 17. or visit:www.biblebaptist.net. ###

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### **Church Honors Married Couples**

Annually, at this time of the year, the Assumption Church in Wood-Ridge honors its parishioners' special wedding anniversaries. Couples who are celebrating their wedding anniversaries at five year intervals are invited to participate. They have a special Mass where they renew their marriage vows.

This year on Saturday, May 11, 2013, three couples were so honored. They were Mercedes and Paul Grundling -- twenty

years, Kathryn and Daniel McGinty -- thirty years, and Kathleen and Deacon Frank Materia -- thirty years.

Fr. Richard Mucowski, Pastor of the Assumption Church, had the three couples stand in front of the altar and receive a special blessing. The parishioners applauded the couples for their commitment to their marriages and their service to their Church. Story by Peter Gallo Jr. ###



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### **Tools Of Hope**

Once again the Guild of Reformed Church Women of First Reformed Church will celebrate Father's Day, Sunday June 16, 2013, by offering Tools of Hope donations as testimony to all our Dads as well as any and all men folk in our lives.

Your gifts of pride and joy in honor of, or in memory of, these special "guys" will be many-pronged.

Each \$5 donation will enable Church World Service to assist men (and women) around the world with proper tools and training for many skills from planting seeds to feeding a family, repairing buildings to return families to their homes, providing animals for milking and breeding, to learning to dig wells to provide clean water for many families.

Church World Service is a well known organization that works locally, nationally and internationally for the good of the common people. They often are the first to respond to natural disasters; they are also active in many famine-stricken areas, working hand-in-hand with local disaster units. For further information, check out churchworldservice.org.

Send contributions to First Reformed Church, PO Box 66, Hasbrouck Heights, NJ, 07604 by Sunday, June 9. Make checks payable to Guild RCW. For more information, call First Reformed Church at 201-288-1122 or Estella at 201-288-0378. ###



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### **Reflections**

### This Pilgrimage We Call Life

Rev. Kimberly P. Chastain Pastor, First Presbyterian Church Moonachie Pastor, First Presbyterian Church Wood-Ridge

This is the last time I will be writing the Reflections for the **Gazette Newspaper** as a pastor in South Bergen County.

I have served in Moonachie, Wood-Ridge, and Lyndhurst for nearly 10 years, and along the way I have had the chance to walk with many people through joy and sorrow, loss and restoration, laughter and tears. It has been a profoundly moving experience for me in many ways.

As an "Army brat" who chose (or was chosen for) a calling that involves making frequent moves as the Lord sends, I had never been in small towns where generations grew up and grew old together as people in these towns so often do.

When I was helping one parishioner with a move to a residential facility, she said, "I have lived my whole life in this house—and my mother was born in this house and lived her whole life here too!"

And I tried (and failed) to count how many houses I have lived in during my lifetime.

But I have come to find that we are all on a journey, whether we travel long distances or

### VBS: Celebrate and Rejoice, The Bread of Life Cafe

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The Kick-Off Event is Sunday, July 14, beginning with a "wedding feast" barbeque welcome dinner from 5 p.m. – 6 p.m. followed by the program from 6-8 p.m. Monday - Thursday the program will be from 6:30 – 8:30 p.m.

Registration is open to children 4 through 12 regardless of religious affiliation. A fee of \$10 (to help defray the cost of materials) is due with registration and mail or bring to: Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights, NJ 07604. For more info call: 201-288-6889. ###

short, whether we grow up in one town or many.

The world changes around us, and we change along with it: people come and go, new experiences and ideas bring us closer to some and move us farther from others.

John Bunyan got one thing right— life is a pilgrimage, a journey from birth toward the sacred.

We catch glimpses along the way of the glory that Christians call Heaven, or the presence of God, and we catch glimpses of misery that some would call Hell.

One of my favorite hymns says, "We are pilgrims on a journey, here together on the road—we are here to help each other walk the mile and share the load."

Pilgrims are more than just travelers: they have a purpose and a destination: some pilgrims go to holy sites, Mecca or Jerusalem or Lourdes... some pilgrims seek within.

But we should always be aware, as we walk the road, that others are walking with us, and that each one bears gifts—it is only when we see each other, and recognize our frailties and our strengths, that we can receive the gifts we need and offer the gifts we have.

We never walk alone, and it is often the person we are tempted to overlook that brings us what we need the most.

I am moving to Binghamton, New York, as the next step in my pilgrimage. It's an exciting move, and a scary one.

But I know that I will be taking with me all of the joy and goodness that has come to me while I was in the Larger Parish, and that I will be leaving behind a part of myself.

But I also know that those who have walked with me along the way will be with me forever, and that when we see each other again in the presence of God, we will recognize each other, and know that we are home. May God bless all of you along the way. ###

Pastor Kimberly's emails conclude with: Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed. -- General Dwight D. Eisenhower

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### Real Estate Insight

By Mary Ellen Courtney



#### Is "now" the right time to buy a home?

The growing rumor - via the newspapers, TV, radio, etc., - to buy a home in 2013 has now become a deafening roar.

OK, maybe that's a bit of an exaggeration, but there are definitely a lot of experts who suggest that this year is the right time to buy a house. (Of course, you can count us Realtors in among them, obviously.)

Realistically, though: no matter what the economic and housing market trends indicate, it only makes sense to buy a home is it meshes with your current place in life and your future plans.

For example, if you have a stable career and a job that pays enough to cover your living expenses (with some leftover for emergencies/retirement), and in addition you plan on being in the same place or 3 to 5 years or expect you could rent the house out if you were to move away, then you are probably in a good position to consider buying a house in 2013.

On the other hand, if you can't imagine giving up your mobility, if you can't count

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on having a steady income or if you have substantial credit card debt or student loan debt (or are struggling to pay your bills each month) then it might not make sense for you to buy a home at this time.

Looking on the positive side, let's say you've decided that now is a good time for you personally to buy a home. The next question is whether it's the right time financially.

A big part of the answer has to do with interest rates. Lower interest rates are always better, obviously, because they save you money - even an interest rate that is 1% lower could save you \$50,000 or more over the course of a 30-year mortgage.

And if you can lock-in a low rate with a fixed-rate mortgage (rather than an ad*justable-rate mortgage*) that's even better.

So the question is, are interest rates low right now? The experts say "Yes." Rates are currently around 3.5% which is lower than at any other point in the past three decades. Clearly, this is an opportunity to lock in low interest rates. But this alone doesn't leave us with a complete picture, because we haven't looked yet at housing

On March 28, 2013, the Record reported that, after a six year slide, New Jersey's housing market appeared to be at a turning point. It wrote: "This reversal was underscored by East Brunswick appraiser Jeffrey Otteau who tracks real estate statewide [statistically]. He predicted that an increase in

buyer demand and a shrinking supply of homes will work together to push up prices 3 percent this year in New Jersey."

With that said, 2013 may well be the right time for you to buy a home here in lovely south-central Bergen County.

And, if you think through your decision sensibly and prepare carefully, then you are very likely to have a really positive, life-changing experience...

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

### Free Home **Improvement** Reference

Spring is here! Planning to do your own home improvements? Check out the Home Improvement Reference Center, a free database funded by the New Jersey State Library.

With a Library card from The Rutherford Public Library or another Library in New Jersey, you can access this database 24/7.

Log on to www.jerseyclicks.org, scroll down to the Home Improvement Reference Center, and type your Library card number.

The database provides the latest step-by-step information along with background information and basic tips on topics including electrical, plumbing, woodworking, outdoor projects, maintenance and decorating.

The information in the database has been gathered from magazine articles and reference books, and videos are also included. All you need is your Library card! ###

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### Veterans Today

By Thomas Marshall

June 14th is Flag Day. This is the anniversary of when Congress established the American Flag back in 1777.

If you have an American Flag fly it. Show people you are proud to be an American.

June 6 is also the Anniversary of the landing at Normandy. It was the beginning of the end for Adolf Hitler and, his reign of misery. The sacrifices these soldiers and sailors made are unforgettable.

Adolf Hitler was a bad man. Most would say evil. I would agree. Although, Hitler could not have acted alone, and in fact he didn't.

As bad as Hitler was, Reinhard Heydrich was even worse. He joined the National Socialist German Workers Party early and proved to be exactly what Hitler wanted.

He was put in charge of intelligence and quickly made up a list of enemies to Hitler's rise in power.

Heydrich organized purges to get rid of Hitler's political enemies. Hundreds of people were arrested or killed to clear away any opposition. He gave the orders to carry out Kristallnacht, or night of broken glass, in which, the police arrested Jews and moved them into concentration camps. Jewish Synagogues and businesses were burned down. Thousands of Jewish people were sent to the camps.

Once this was done, Reinhard Heydrich became the Director of the Gestapo.

He attended the Wannsee Conference, where he and other members of the party finalized a plan for the deportation and execution of Jews, gypsies and other undesirables from Germany and eventually, all of Europe using trains and concentration camps.

He carried out the night and fog decree, in which if the Gestapo thought you were an enemy to Germany you could be arrested and disappear.

This usually happened at night and your neighbor would never know what happened to you. Thousands of people disappeared this way, and an exact count is not known. This decree was designed to spread fear among the people. This tactic worked well for the National Socialists.

The National Socialist German Workers Party enjoyed the work Heydrich did. Hitler promoted him.

In case you are wondering, they took the NA from National and the ZI from Socialist and shortened the name to the Nazi Party. I know there is no ZI in

Socialist but, there is if you are speaking German.

Czechoslovakia was taken over by Germany and Reinhard Heydrich was put in charge over it to Germanize the Czechs.

He immediately started the process of crushing the Czech culture. He shut down cultural centers. Arrested thousands of Czechs and either executed them or sent them to concentration camps. His long term goal once the war was over was to exterminate or deport most of the population.

The Czech Government in exile had enough. They didn't want to sit back and wait for liberation.

They were in London, and they came up with a plan to assassinate Heydrich. Jan Kubis and Jozef Gabcik would lead a commando team that would parachute into Czechoslovakia and try to kill Heydrich. England went along with the plan but, they warned the exiled Czech Government that this might not be a good idea.

There are two problems with an assassination of Reinhard Heydrich. Number 1 is Adolf Hitler and number 2 is Heinrich Himmler. It was well known that neither one would not think twice about murdering innocent people as a reprisal for the killing of Heydrich.

This was 1942 and there was no Allied Military Force in Occupied Europe yet. The Czechs went ahead anyway. The commando team parachuted into Czechoslovakia in December of 1941 and waited for their chance.

The assassins picked a street which Heydrich would have to use. It was well known that he rode around in a car with no top. He traveled with no guards. They chose an intersection where his car would have to slow down to make a turn.

Their chance came on May 27, 1942. His car came down the road. Jozef Gabcik took aim as the car slowed to turn and his gun jammed. Heydrich saw him and ordered the car to halt, so he could fight his attacker. Jan Kubis saw his chance and threw a bomb into the car. The bomb went off and the car was wrecked. Heydrich was badly wounded.

They then took off running and amazingly, Heydrich gave chase. He soon collapsed and was taken to a hospital.

Doctors pulled pieces of the upholstery from his body. He had many injuries but it was thought he might recover. As fate would have it, he took a turn for the worse and he went into a coma. On June 4, 1942 Reinhard Heydrich died.

His attackers didn't fare any better. Kubis and Gabcik and some of their friends in the resistance died fighting the SS troops sent to capture them. The gun battle took place in an Orthodox Church.

Just as the English predicted, Hitler was infuriated with the assassination.

Two towns thought to have aided in the assassination were the targets of his rage. Lidice and Lezaky were burned to the ground and the ruins bulldozed.

All the males over the age of 16 were executed. The women from one of the towns were also executed. Over 13,000 people were arrested, jailed, or sent to a concentration camp. Four pregnant women received state mandated abortions before they were sent to the camp.

This is why most countries don't like to assassinate leaders, not even horribly evil ones. This story doesn't have a happy ending.

This June marks 71 years since he died. I don't think anyone will miss him. Reinhard Heydrich was a mass murderer. He used it to elevate his career. He was an absolute monster of unimaginable proportions. If anyone deserved to be assassinated it was him, but was it worth it?

The Civilians suffered for it. Hitler's Socialist Party put everyone at his mercy and, we see he had none. Adolf and his minion had a bad June in 1942, but thank God, the one he had in 1944 would be worse. ###

### VFW Post 809 Monthly Meetings

VFW Post 809 monthly meetings are the first Tuesday of the month at 7:30 p.m. at the Post, 100 Main Street, Little Ferry. The kitchen is open to all members from 1 to 9 p.m.

The Vietnam Veterans of America (VVA) hold their meetings at this Post the third Monday of the month starting at 7:30 p.m.

The Disabled American Veterans (DAV) hold their meetings at this Post on the third Tuesday of the month starting at 7:30 p.m. ###

### VFW Post 809 Seeks Auxiliary Members

Little Ferry VFW Post 809 Men's Auxiliary is now accepting new members to join and help out with post functions.

If you are interested please call 201-641-9740 or come down to Post 809, 100 Main Street, Little Ferry, NJ. Meetings are held the last Tuesday of the month at 8 p.m. ###





### Disabled American Vets Meet With National Service Officers

On May 7, 2013, the Disabled American Veterans Chapter 15 hosted the VA traveling Van at VFW Post 809 on 100 Main Street in Little Ferry.

This was an open invitation to any Veteran that had any questions about the VA. This was a great opportunity.

The fully-equipped DAV National Service Office on Wheels had a DAV National Service Officer (NSO) -- rigorously and professionally schooled in the full range of benefits for military Veterans and retirees.

The DAV helps eligible Veterans receive the benefits and services they have earned through their sacrifices.

DAV Bergen County/Chapter 15 invites "all disabled service-connected Veterans" to join. Monthly meetings are held on the first Tuesday at the VFW Post 809 at 19:30 hours.

If you have any questions call Ignazio Valente at 201-421-5922. Website is: www. davchapter15.org ###

#### Veterans Plan a Vet Cemetery in North Jersey

The need for a North Jersey Veterans Cemetery was addressed at the May 2013 meeting of the Captain James B. Scarr Post 106 in Hasbrouck Heights.

Spearheading the drive and addressing the group were Mrs. Vernoy Paolini, and John Harrigan, president of Vietnam Vets of America Wallkill Valley Chapter 1002 along with fellow Vietnam Veterans Walt Hazelman and Owen Martin. The group, all from Sussex County, stated that the closest Veterans cemetery is in Gloucester County and that there are five counties all in South Jersey that have Veterans cemeteries.

John got the idea when he and his wife were driving home from New York State and came across the Orange County Veterans Memorial Cemetery in Goshen, N.Y. He discussed the idea with other Veterans and soon they were committed to building a cemetery in North Jersey that could service Veterans from the eleven northern counties.

The group obtained 66 acres of land in Sparta from the Sussex County Board of Freeholders to be used as the Northern New Jersey Veterans Memorial Cemetery. They are now in the process of completing all the paperwork required by the state to proceed. Most of the preliminary work needed has been provided pro bono.

They are well along with the engineering, planning, permits, licenses and architectural work needed. They presently are raising funds for the security deposit they must present to the state as well as money needed to develop the cemetery. Story by Peter Gallo Jr. ###

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### Little Ferry VFW Post 809

The Petersilge-Velock VFW Post 809 and its Ladies' Auxiliary presented "A Tribute to Loyalty Day" on April 28, 2013.

Colors were posted and Terese McElroy provided an opening prayer. Post Commander William Weber led the Pledge of Allegiance. MC for this program was Irma Lo Presti, Auxiliary President.

The Post sponsored a coloring contest. First, 2nd and 3rd Place Certificate Awards and large American Flags were given to each Pre-K through 2nd Grade winners.

The theme of the Patriot's Pen Essay Contest was "What I Would Tell America's Founding Fathers."

First Place winner, Kyobin Jong, read his essay. Second Place was Jaden C. Tayag and 3rd Place was Viviana Isabel Mata.

The Voice of Democracy Essay Contest theme was, "Is Our Constitution Still Relevant?" First Place winner Richard H. Ruiz, from Bergen Catholic High School, read his essay.

A presentation was made to Gold Scout Awardee Helene Aronson for her work with Veterans.

Patriotic Art First Place winners were Angelica Penarrieta from Passaic County Tech High School and Alexander Vorhees from Ridgefield Park High School.

The R. L. Craig School Superintendent/Principal Jill Mortimer, VFW District 2 President Lauren Thomson and VFW District 2 Commander Joe Brooks made remarks.

Guests were recognized. After a closing prayer by Terese McElroy, refreshments were served. ###













### About Loyalty Day

According to the Veterans of Foreign Wars, Loyalty Day originally began as "Americanization Day" in 1921 as a counter to the Communists' May 1 celebration of the Russian Revolution.

On May 1, 1930, 10,000 VFW members staged a rally at New York's Union Square to promote patriotism. Through a resolution adopted in 1949, May 1st evolved into Loyalty Day.

Observances began in 1950 on April 28 and climaxed May 1 when more than five million people across the nation held

rallies. In New York City, more than 100,000 people rallied for America.

In 1958, Congress enacted Public Law 529 proclaiming Loyalty Day a permanent fixture on the nation's calendar. Following the passage of this law, President Dwight D. Eisenhower proclaimed May 1, 1959 the first official observance of Loyalty Day. Loyalty Day is celebrated with parades and ceremonies in several U.S. communities, although many people in the United States remain unaware of it. Although a legal holiday, it is not a federal holiday, and is not commonly observed. ###



### Wood-Ridge VFW Post 3616

About 150 attended the Loyalty Day services held at the Wood-Ridge Senior Center on April 24, 2013.

VFW Post 3616 Past Commander and Loyalty Day Chairman Burt Alkin led the ceremony, recognizing Chairwoman Terry Manzo of the Ladies' Auxiliary, Co-Chairman, Past Commander Skip Conroy, current Commander Joe Cecere and President of the Ladies' Auxiliary Jan West.

The Invocation was given by Chaplain Stan Dobek. Post Commander Joe Cecere led the Pledge of Allegiance.

Burt Alkin gave welcoming remarks about Loyalty



Day and made introductions. Ladies' Auxiliary President Jan West made remarks. The guest speaker was Councilwoman Catherine Cassidy.

The "Voice of Democracy" winners from WRHS were announced as follows: Victoria Ruhle -- First Place, Dylan

O'Byrne -- Second Place, and Michael Bak -- Third Place. Each then read their essays.

VFW Post 3616 presentations were made by Skip Conroy and Burt Alkin to:

• Auxiliary Police Officer Manny Carcano

• Firefighter/EMT Award: Past Chief Thomas H. Burniston

After the Benediction, the program concluded with the singing of "God Bless America," followed by refreshments. *Photos by Dennis Kronyak Sr. ###* 

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### The Fall of Saigon Remembered

The following is a program summation presented by Tom Marshall, at VFW Post 809 in Little Ferry on April 29, 2013.

Prior to the service, a 40 minute video was played that summarized the conflict.

Honored guests, comrades, sisters and friends, the members of District 2 Veterans of Foreign Wars of the United States, and Vietnam Veterans of America (VVA) Chapter 800 were assembled here to remember comrades who served our country during the Vietnam War.

Marshall then provided remarks reviewing the conflict: "Forty years ago today,

January 27, 1973, The Paris Peace Accord was signed. This accord ended further U.S. involvement in the Vietnam War.

The Peace accord didn't end the War. Then again, most people don't even know when it began.

This program recognizes the Fall of Saigon on April 29 -- 37 years ago."

### Commemorative Service

Marshall's remarks were followed by a short service:

The Vietnam Veterans of America Honor Guard marched forward presenting the Colors. The Officer of the Day prepared an Altar, followed by a salute to our Nation's Flag.

The Chaplain delivered the opening prayer, The Pledge of Allegiance followed the invocation. The Colors were posted.

Before the dais was their Altar, with the opening of the Bible, it has become Sacred Ground. Here their Officers placed their symbolic tributes.

The President of VVA 800 lit a candle on behalf of all POWs and MIAs stating, "may it be a shining beacon of welcome to help guide them home."

A rose was placed at the altar for the 4,000 service dogs that were deployed.

Representing the colors of

the Flag, tributes of red, white and blue carnations were placed at the Altar. An evergreen tribute was placed signifying our love for our Countrymen and comrades that perished in Vietnam.

A laurel wreath was placed as a final token for Vietnam Veterans who have gone to their final reward.

An American flag was added to the Altar by Post Commander William Weber.

"Taps" was played with full

salutes.

Guest speakers included NJ Senator Robert Gordon, Sheriff Michael Saudino, Bergen County Clerk John Hogan, and Bergen County Chairman Pro Tempore John A. Felice.

The Chaplain gave the closing prayer. The National Anthem was played, the Colors were retired and the Altar was closed.

Marshall concluded: "To Vietnam Veterans everywhere I say to you *welcome home*."

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### **HHFD Holds Annual Inspection**

With personnel in full Juniors. dress uniform and equipment clean and polished, The Hasbrouck Heights Fire Department conducted its Annual Inspection, at 7:00 p.m., on Saturday, May 11, 2013.

The program began with Firefighter Thomas Rubino calling the Department to attention, the presentation of the Honor Guard, and the Pledge of Allegiance.

Commissioner David Gonzalez provided the invocation. Mayor Rose Heck and Fire Chief Richard Giarratana made comments.

Area Fire Chiefs inspected the Department's equipment -- and they did a thorough job.

Local officials and the public also inspected the equipment and met with the men and women who serve.

The Hasbrouck Heights Fire Department operates with approximately 35 volunteer members, including EMS and

The Hasbrouck Heights Fire Department has a Junior Squad for those between 16 and 18 years of age who offer on-scene support, but are not permitted to enter burning buildings.

Every firefighter must receive 25 weeks of basic firefighter training and every EMT receives 140 hours of basic training.

Many members continue extensive advanced training in the areas of search and rescue, vehicle operation, incident command, hazardous materials, first responder, mass decontamination, etc. The Department conducts training on a regular basis.

The Department is contracted to provide fire and ambulance service to the Borough of Teterboro, and has done so for over 60 years. In 2012, they responded to 1,400 ambulance

calls and 470 fire calls and other emergencies.

Its rolling stock includes two pumpers, 110 ft. ladder, heavy rescue truck, two ambulances and three chief vehicles. These assets are owned by the Borough of Hasbrouck Heights, but maintained by the volunteers.

The Department conducts only one fundraiser a year, with the proceeds providing training, supplies, etc.

The Department is a member of the South Bergen Fire Chiefs Mutual Aid Association, which helps to coordinate multi-departmental responses to large-scale incidents. Zone 2 includes Carlstadt, Little Ferry, Moonachie, Wallington and Wood-Ridge. These departments are also all volunteer.

The Department was established in 1896. Interested in joining? Call the Fire Chief at 201-288-0082. ###



Members of the Lodi Police Department shaved their heads as a token of support and to foster Breast Cancer Awareness for Alicia Veri-Rodriguez of Lodi. Alicia is the cousin to PO Dominic Miller who vowed to shave his head as soon as Alicia lost her hair. When Miller mentioned this to his co-workers, they voluntarily decided to shave their heads as well. Pictured from left to right: PO Christopher Irizarry, Capt. Joseph Quatrone, PO Eric Castillo, Alicia Veri-Rodriguez, PO Dominic Miller, PO Ricardo Rodrigues and Chief Vincent Caruso. The haircuts were donated by Alicia's best friend, Kristen Pinto, from Hair's Anthony Salon in Garfield. ###



At the April 23, 2013 Council meeting The Hasbrouck Heights Fire Department honored local resident Michael Cutruzzula with a distinguished service award for his actions on April 5th.

On April 5, while playing games in his room, Michael smelled smoke. When he looked out his window he saw his neighbors' rear yard and deck on fire. He quickly told his father about the fire and called 911.

Michael's quick action led to the proper response by the Hasbrouck Heights Fire Department. Due to his quick thinking and action the fire was extinguished and contained to the rear of the house. *Story and photo by Rob Knobloch.* ###



On April 22, 2013, two black, 2013 Mazda CX5s collided at Lawrence and Oak Grove in Hasbrouck Heights, resulting in a roll-over. Vehicle #1 was traveling north on Oak Grove when it was struck by vehicle #2 traveling east on Lawrence -- causing vehicle #1 to overturn. Driver #1 said vehicle #2 was speeding and vehicle #2 said vehicle #1 did not stop at the stop sign. Both victims were taken to HUMC by HHFD EMS and Lodi EMS. HHFD responded with Rescue and a fire engine and Lodi FD responded with an engine. Both vehicles were towed from the scene. ###

### WRFD Gets \$538,650 Grant to Upgrade Communications

The Department of Homeland Security (DHS) has awarded a new federal FIRE Assistance to Firefighters Grants (AFG) to the Wood-Ridge Fire Department in the amount of \$538,650.

The current communications system shared by Hasbrouck Heights and Wood-Ridge is over 20 years old, requires the use of telephone lines between repeater sites and is technologically obsolete.

As demonstrated during the last two major storms, the fire department communications were overwhelmed.

This upgraded communications system should address these issues by using radio signals on its own frequency.

Communication among mutual aid departments will not be affected.

The equipment will include a new base station with six repeater sites to bounce communications across the system. A battery and generator backup system is included. The price includes all installation, cabling, and other necessary parts.

The Wood-Ridge grant application to DHS began in June 2012. It is expected the new system will be operational in March 2014.

As the WRFD had to update its communications, this grant is a direct savings to Wood-Ridge taxpayers. ###



#### Carlstadt MVA

On April 20, 2013, Carlstadt Volunteer Ambulance Corps responded to a MVA at Monroe Street and Central Avenue in Carlstadt. Driv-



ers refused medical attention.

Photos by Dennis Kronyak

Sr. ###

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### **Carlstadt House Fire Displaces Two Families**

8 a.m., the Carlstadt Fire De-

On May 1, 2013, at about moving house fire on Hoboken Road that displaced two partment responded to a fast families and a first floor law

practice.

The four-alarm blaze started in the basement of a threestory wood-frame structure with flames shooting up the walls, through the windows, forcing smoke through the roof.

Residents returning heard "popping noises" from the basement and saw fire through a window. They tried to go upstairs to rescue two pets, but were forced back by thick smoke in the hallway. Police managed to rescue one.

It took more than two hours for firefighters from Carlstadt, East Rutherford, Garfield, Hasbrouck Heights, Lodi, Moonachie, Passaic, Wallington and Wood-Ridge to bring the fire under control.

A Carlstadt firefighter suffered a knee injury and a Passaic firefighter suffered a back injury.

The cause of the fire is under investigation, but not considered suspicious. Officials believe it was electrical and started near a dryer in the laundry room.

Donations of gift cards, checks and cash (no clothing) can be mailed or delivered in person to First Presbyterian Church, 457 Division St., Carlstadt, NJ 07072. Photos by Dennis Kronyak Sr. ###

On May 13, 2013, at about 3:30 p.m., the Wood-Ridge Fire

Department responded to a three vehicle accident on Route 17

South in Wood-Ridge. One person was transported to the hos-

pital. Photo by Dennis Kronyak Sr. ###

On May 14, 2013, at approximately 1:17 p.m., the Hasbrouck Heights Fire Department responded to a smoke condition at the Getty gas station on Route 17 South, near Henry Street.

Upon arrival, firefighters cut power to the building housing a water treatment facility and suffocated the small fire apparently from an overheated pump, with smoke from a burning charcoal filter. Cause of the fire is under investigation. No injuries were reported.

Bergen County Police, Hazmat, and the Wood-Ridge Fire Department were on scene. The DEP was notified. Photo by Dennis Kronyak Sr. ###

Sparky Says: **Get Out and Stay Out** of a Burning Building



### **Heights Lions Donate Clock Tower**

On Saturday, May 11, 2013, the Hasbrouck Heights Lions Club officially donated a clock tower to the Borough.

Members of the Club were joined by Borough officials and residents during the unveiling ceremony at the main entrance to the municipal complex.

The clock cost about \$22,000 and stands about 15 feet. It is a Classic Howard Replica Dial Post Clock with Roman numerals. It features automatic Daylight Saving settings, LED nighttime face and battery back-up. The clock tower was built by The Verdin Company of Cincinnati, OH. Preparation work was provided by the Borough. ###





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