

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge Published Monthly. Issued the first week of the month. Distributed via U.S. Postal Service and available at select locations. Every issue is FREE online in PDF format at: www.The-Gazette-Newspaper.com RSS feed available.

VOL. 11, No. 6

June 2014

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Senior Fire Officials: South Bergen Mutual Aid Chief Coordinator Ron Phillips, and South Bergen Zone One Coordinator and Bergen County Fire Marshall Bryan Hennig, joined several visiting mutual aid fire chiefs to review the personnel and equipment of the Hasbrouck Heights Fire Department during their Annual Inspection on Saturday, May 10, 2014. See more photos on page 35.



Earth Day Activities Pages 4-5 Community Datebook Pages 8-11 Instant Playground Pages 18-19 Sports Action Pages 20-23 Veterans Affairs Pages 30-32 Fire Department News Pages 33-35



BBA Aviation/Signature Flight Support Teterboro Airport made a significant donation to The Teterboro Airport Community Benefit Fund. (l-r) Brian Furman, (Sergio Cuan, Treasurer, and John Panarello, Co-Chairperson/Secretary representing the TEB Benefit Fund), and Jackie Vibbert, Al Rabasca and Lisa Del Rio. ###



Feeding the Hungry

It has become more and more difficult for individuals to afford groceries because the cost of food and overall living has risen. Food pantries, soup kitchens, senior centers and food banks have tried to fill this need. They exist because people donate to them. They rely on donations from residents, local businesses and organizations.

Food pantries provide bags of food directly to families and individuals; typically, the food given out will last for five to seven days.

In Hasbrouck Heights, many Churches have food drives to fill the food pantry.

In March, Boy Scout Troop 17 and Cub Scout Pack 17 participated in the National Scouting program of Scouting for Food. Bags of food were collected by the Scouts/Cubs who were driven around the Borough picking up donations left in front of homes.

On April 9, 2014, Commander Michael Cahill of American Legion Post 106 donated \$1,000 to the food pantry



to be used to buy groceries or grocery store gift cards.

Also, Corpus Christi Church in Hasbrouck Heights and Assumption Church in Wood-Ridge have joined together to form ACC Meals with a Mission. This is a ministry of volunteers who cook and prepare meals on a Friday evening and deliver them to shelters and groups that help feed the hungry.

Please consider donating to your local Food Pantry. *Story by Peter Gallo Jr.* ###

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Spencer Opens W-R Branch

Spencer Savings held a Grand Opening celebration of their 19th branch in Wood-Ridge, NJ on April 26, 2014.

Bank Chairman, President and CEO, Jose B. Guerreo and Branch Manager Elaine Blondek were joined by the Wood-Ridge Mayor and Council for a formal ribbon cutting.

Wood-Ridge Mayor Paul Sarlo addressed attending wellwishers, offering a warm welcome to the community, expressing gratitude for Spencer's investment in Wood-Ridge.

About 500 participated throughout the day in the Grand Opening with refreshments,

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and Grand Opening specials. bank has been serving the area Based in Elmwood Park, the for over 75 Years. ###



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On Saturday, May 3, 2014, members of the Hasbrouck Heights High School Marching Band held a car wash in the school parking lot on LaSalle Avenue. ###





Ninth Annual Pride in Priests Dinner

On Wednesday, May 7, 2014, the Knights of Columbus of the Archdiocese of Newark hosted their Ninth Annual Pride in Priests Dinner at the Fiesta in Wood-Ridge.

In attendance at the affair were 530 men, women, bishops, priests, deacons, and religious brothers and sisters.

More than 100 Catholics, who requested to attend the function, were not able to be accommodated.

Each year the Councils in New Jersey host dinners to honor the men of the cloth.

These dinners are conducted in each Diocese, with all priests of the Diocese invited as guests of the Knights of Columbus. The evening is open to all Knights and their wives, and is a great way for the Knights to show the priests how proud they are of them.

This event is an opportu-

COTC Picnic

On Saturday, June 7, 2014, Care on the Corner will host a summer picnic to celebrate and thank volunteers.

The event will be held on the COTC campus from 1 to 5 p.m. and include games, DJ music, Zumba fitness, etc.

For more information call 201-288-9460. ###

nity for members of each Council to recognize the hard work, dedication and commitment their parish priests show on a daily basis to their parishioners.

Local priests from Wood-Ridge, Pastor Rev. Richard Mucowski, Rev. Allan Weber, Rev. Paul Keenan and Deacon Francis Materia and Hasbrouck Heights Pastor Msgr. Lewis Papera, Deacon Vincent DeFedele and Deacon Paul Carris were the guests of their local Knights of Columbus Councils.

Also at the dinner were Archbishop John Myers, Coadjutor Archbishop Bernard Hebda, and Archbishop Emeritus Peter Leo Gerety who served as Archbishop of Newark from 1974 to 1986. Many current and retired auxiliary bishops were also present.

State officers of the Knights of Columbus who attended were State Deputy Andrew Lipenta, State Secretary Bruce DeMolli, State Treasurer Robert Hatler, State Advocate Vincent Tavormina and State Warden James Stoever, and State Chaplain Most Rev. Charles J. McDonnell.

Master of Ceremonies, State Warden Hatler, presented a check for \$10,000 on behalf of the Knights to Archbishop Myers for the archdiocese to use in its many worthy programs. *Story by Peter Gallo Jr.* ###

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St. John's Annual Plant Sale







Hasbrouck Heights Environmental Poster Contest Winners Recognized

Impacts My Life" or "What We Can Do to Help the Environment" were the themes for the Hasbrouck Heights 10thAnnual Environmental Poster Contest.

Fifty-four winners were selected from over 150 enCorpus Christi Schools, Kindergarten through 5th Grade. They were honored at the May 13, 2014 Mayor and Council meeting where they received certificates. On May 13, Mayor

"How the Environment tries from Euclid, Lincoln and Heck, along with John Kosakowski, owner of Bill O'Shea's Florist, visited each school and presented the winners with a flowering plant.

> Selected entries were displayed around town. ###



Hundreds of nursery grown plants and flowers and hanging pots were available at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 2, 2014. Only pre-orders for the 35th Annual St. John's Plant Sale were accepted. Flats containing one kind/one color were only \$11. As in previous years, all plants were hand picked at the nursery by experienced gardeners. ###



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Airport Community Marks Earth Day

In celebration of Earth Day, on Tuesday, April 22, 2014, the Teterboro Airport community planted several flats of flowers at the Welcome to Moonachie sign on Moonachie Avenue. Photo: Mooonachie Mayor Dennis Vacarro, Teterboro Airport Manager Renee Spann and Manager Contract Services, Rich Vander Wende. Photo provided by Borough of Moonachie. ###

Complete Garden Center

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Bag or Bulk: Top Soil • Mulch • Stone **Green Thumb Headquarters**









Felician Community Celebrates Earth Day

The Anniversary of Earth Day was commemorated at the Tuesday, April 22, 2014.

Over 100 ICHS students, resident Sisters, teachers, elected officials, and others, joined in prayer and enthusiastic singing during the half hour program, as we strive for a deeper commitment to a peaceful coexistence with the earth and all its creatures.

Students from the Felician College Child Care Center led everyone in animated song directed by Sister Mary Joel-

len Zajac.

Lector Kathy Martin, Fe-Felician Sisters' Peace Site on lician College, read scripture Genesis 2: 4-10, 15, "God has entrusted us with care of all in the spirit of St. Francis of creation," followed by a Blessing Prayer by Rev. Joel Szydlowski, OFM, intercessions, and remarks by Lodi Mayor Marc Schrieks.

> This was their 6th Annual Earth Day Celebration. It was led by Sister Mary Virginia Tomasiak and organized by Members of the Felician Sisters' Justice and Peace Committee.

The Peace Site has been in

existence for over 25 years and is located at the Felician Sisters' Complex in Lodi.

All were invited to join Assisi, patron Saint of the Enviornment, to strive for a deeper commitment to a peaceful co-existence with the earth and all its creatures.

Almstead Tree and Shrub Care provided tree saplings for all the guests.

For additional information, please contact Sister Maryann Agnes Mueller at 973-473-7447. ###





Saving Our Environment From Air Pollution One Step at a Time

Carlstadt Public School children celebrated Earth Week (April 21-25). The children and staff enjoyed many outdoor lessons and brainstormed ways they can keep the Earth clean and green. The highlight of the week was the annual Walk-to-School Day. Teachers and staff members met students at five different locations around Carlstadt and began their walk to school.

Thanks to all 268 walkers who helped save our environment from air pollution one step at a time. Story by Mary Anderson. Photos by Dennis Kronyak Sr. ###





Woman's College Club of Rutherford Day

To celebrate Woman's History Month, Mayor Joseph DeSalvo and the Rutherford Borough Council proclaimed April 9, 2014, to be known as Woman's College Club of Rutherford Day. Councilwoman Kim Birdsall recommended the group for the honor. On hand to receive the award were (*left to right in front of the Mayor and Council*) Alphia Paddock, Barbara DeGregorio, Valerie Schroder, WCC President, Marianne Coston and Gia Spano. For 100 years the Woman's College Club of Rutherford has funded and awarded annual scholarships to local women and men and is one of the most enduring Woman's College Clubs in New Jersey. *Photo and caption provided by Billy Neumann.* ###



Back row/standing (l-r): Peg Mellett, Jardine Rennie, Babs McGill, Rose Marie Mesisco, Terry Schott, Loretta Douglas, Dorothy Beesley, Jennifer Adams. Front row/seated (l-r): Edna Huesmann, Joan Stein, Nicole Borgia, Annie Metcalfe, Ann Margaret Pinkman. Photo provided by Peg Mellett.

71 Books Later ...

The "Knit One, Read Two" Book Club at The Rutherford Public Library celebrated their 6th Anniversary on May 7, 2014. Since the Club's inception in 2008, the members have discussed 71 books and have contributed to a variety of charity knitting projects.

The group meets monthly at The Library and new reader-crafters are always welcome! For more information please call The Rutherford Public Library at 201-939-8600, ext. 7. ###





Chinese Banquet

On Sunday, May 4, 2014, The Friends of The Hasbrouck Heights Library held a fundraising event at the Asian Grill Restaurant.

The theme was a Chinese Spring Banquet and coincides with the very popular Dragon Boat Festival. The many attendees who supported the event were treated to an elaborate 12 course feast.

As a special treat, Library Director, Mimi Hui, presented the legend and meaning of the Dragon Boat Festival. This is one of the major holidays in Chinese culture. This event marks the beginning of summer and celebrates the life of Qu Yuan, a well beloved patriotic Chinese poet. Like other Chinese festivals, there is a story as to how it originated.

Director Hui told of its legend which emphasized the importance of loyalty and commitment to the community.

The Library and The

Friends thank all of the supporters of this and other events which help in so many ways.

The Friends of The Library endeavor to raise funds for the purchase of items and equipment outside the normal Library budget, to encourage charitable gifts, and to enhance public support for Library programs.

Friends sponsored programs include the annual family focused bash, quarterly live music or dance concerts, family fun nights, lectures, special educational events, and refreshments for the many activities for kids, teens and adults.

Upcoming fundraising events include the annual Book and Bake Sale to take place on May 30 through June 1 in the Hasbrouck Heights Senior Center and "Just Desserts" on Friday, June 6. *Story by Melissa Singlevich. Photo by Marie Gallo.* ###



Over 220 Attend W-R Scholarship Fundraiser

The Wood-Ridge Memorial Foundation held their annual dinner dance on Friday May 9, 2014, at the Fiesta in Wood-Ridge. Over 220 attended the event and helped raise \$11,500 which will be used to fund scholarships this year for graduating Wood-Ridge students. The Foundation honored six outstanding women (left to right: Susan Frattarelli, Madeline Spies, Georgette Van Saders Pflug, Pat Caulfield, Jacki Goldklang and Janie Feinberg) from the community and school system. Photo provided by Jack Nagel. ###



Electric Violinist for the Space Age

On Wednesday, May 7, 2014, from 7-8 p.m. The Carlstadt Public Library presented "Electric Violinist for the Space Age."

The program began with a simple solo acoustic violin and its origins demonstrated by a simple Bach minuet.

Caryn Lin played her 4, 5 and 6 string electric violins, using looping techniques to create short, on-the-spot recordings of her voice, percussion instruments, and other sounds. creating a virtual orchestra. As she played the violin, the recorded snippets play back in a continuous loop adding fascinating layers of sound, resulting in an otherworldly, totally catchy, mesmerizing and unique show! This three dimensional sound magic was preformed live.

Caryn's sound technician "Bruce," added electronic drums and guitar to the looping experience.

Refreshments followed the 45 minute program. For more information go to: www. carynlin.com *Photo by Dennis Kronyak Sr. ###*



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W-R Shred-it Event June 1

The Borough of Wood-Ridge, in conjunction with the BCUA Mobile On-site Shredding Program, will be hosting a Community Paper Shredding Event on Sunday, June 1, 2014, from 9 a.m. to 1 p.m. at 495 Highland Avenue.

This free event provides Bergen County residents the opportunity to have their sensitive documents safely shredded and recycled.

No binders, plastic, metal or x-rays will be accepted. ###

Strawberry Moon

The June full moon appears on Friday, June 13, 2014, at 13:13 a.m. It is called the "Full Strawberry Moon."

According to the Farmer's Almanac, this name was universal to every Algonquin tribe.

The name reflects the relatively short season for harvesting strawberries that comes each year during June. Other names include the "Full Hot Moon," or in Europe, the "Full Rose Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###



Keep Wood-Ridge Beautiful Day June 1

Volunteers are once again needed to help clean the shopping districts and raise awareness of the effects of litter in the community during the 15th Annual Keep Wood-Ridge Beautiful Day.

Last year, over 125 volunteers participated! Both adults and children are welcome. The Bergen County Board of Health will provide cleaning utensils, gloves, brooms and bags.

Volunteers are asked to meet at the Wood-Ridge Senior Center on June 1, 2014, at 1 p.m. Free hot dogs and other refreshments will be served after the clean up.

To sign up, please call

Heights Satellite Recycling Drop-off

The Hasbrouck Heights Recycling Program coordinator reminds residents of the Satellite Recycling drop-off located at the The Boulevard and Central Avenue parking lot.

It is available the first Saturday of every month from 7 a.m. to noon.

This disposal site collects the following items for recycling: bottles, cans, plastic bottles, newspapers, cardboard, magazines, junk mail, and E-waste such as computer equipment and TVs. For more information, call 201-288-1072. ###

July 4th Children's Patriotic Parade

The Hasbrouck Heights Annual Children's Parade is scheduled for 10 a.m., July 4, 2014, at Woodland Park. Signup is 9:30 a.m. in the Pavilion.

The parade will walk around Woodland Park back to the starting point where prizes will be awarded. All classifications and categories will be judged prior to the parade.

Prizes will be awarded

Borough Hall at 201-939-0202 extension 1, and leave your name and telephone number. Also, let them know how many adult or children's tee shirts should be ordered.

Clean-up your town and your home. For further information, please contact Councilman Ezio Altamura 201-531-0259 or 201-939-0202 ext 1.

Join your friends, neighbors, and help "KEEP WOOD-RIDGE BEAUTIFUL." ###

HH Garden Club News

The Hasbrouck Heights Garden Club will be having their last meeting on June 19, 2014, at 6:30 p.m. in the Borough Hall, 320 Boulevard on the second floor in the Library Meeting Room. They will be starting up again in September.

The Garden of the Season winner will be announced at the June meeting. The committee members have been going around town to check all the home gardens to see who the next winner will be. They will continue this program once again for the Fall Gardens. The only stipulation is the gardens have to be planted and taken care of by the home gardener. Grass may be cut by outside help.

The Street Fair on May 18 was once again a huge success. They thanked those who stopped by and purchased plants to support the Garden Club. This helps them with bringing in many speakers during the year.

The Boulevard in Bloom planters are on the Boulevard with their beautiful array of plants to brighten up the shopping district. The planters were put together by the members and transported by the HH DPW.

The Club thanks the DPW and those shop owners who make sure they are well watered throughout the summer. They also have garden members who weed and make sure they are well tended. Come and join their last meeting. See what they have accomplished this year. They had many guests come to join when they had speakers on various topics and decided to become members. Their members are not only from Hasbrouck Heights, but several gardeners have joined from the surrounding area. Refreshments will be served followed by the meeting. All meetings are over by 8:45 p.m. For further information call Judy at 201-288-2615. ###

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Valid at IHOP, 111 Rt. 17 South, Hasbrouck Heights NJ 07604. Offer good with this coupon only and must be presented when ordering. Not valid on holidays. Valid on regular priced menu items only. Cannot be combined with any coupon or special offer. One coupon per table per visit. No cash value. Copies not accepted. © 2014 IHOP IP, LLC.

Kids Eat Free! Every Day From 4-10 PM

1 FREE Kid's Meal from the "Kids Menu" with each adult entree purchased. Adult must buy one large drink + one kid's drink Above offers cannot be combined with other discounts, coupons or specials. Ask for details.





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Open 7 days • Sun.-Thur.: 7 a.m. to 10 p.m. • Fri. & Sat.: 7 a.m. to Midnight Plenty of free parking • Major credit cards accepted • Gift cards available

Open Father's Day

in the categories of patriotic, most original and most artistic to: costumed children on foot, wagons and tricycles, carriages, strollers, etc., decorated bicycles, floats, and grandparents' corner, with carriages and children on foot. Helmets are required for those on bicycles.

Prizes awarded: First Prize, Second Prize, Third Prize and Honorable Mention. All participants receive medals.

Registration is limited to Hasbrouck Heights children up to 10 years of age, excluding the grandparents' corner.

The event is sponsored by the Mayor's Celebrations Committee. The HHFD will be on hand for any assistance. ###

Pasta Night May 31

The Little Ferry First Aid Corps-Emergency Medical Services is hosting a Pasta Night on Saturday, May 31, 2014, from 5 to 9 p.m. at the Little Ferry VFW on 100 Main Street.Cost is \$10 for adults and Seniors and children under 12 - \$6.

Advance tickets may be purchased at The Pet Spa, 252 Liberty Street, Monday-Friday from 10 am to 4 p.m.

Pasta by Star Ravioli. ###

Nam Knights Anniversary Party July 19

The Nam Knights of America will celebrate their 25th Anniversary Party on Saturday, July 19, 2014, starting at 2 p.m. at 197 Washington Avenue, Carlstadt. The event is open to the public. Cost is \$25 pp and will be held rain or shine. For more information call 201-933-9513 or go to: www.namknights,org ###

Beefsteak June 6

Our New Journey is sponsoring a Beefsteak Dinner to include a four course meal, beer, wine and soda on Friday, June 6, 2014 from 7 to 11 p.m. at the VFW Post 4591 in Hasbrouck Heights.

Cost is \$45 per person. There will be a Tricky Tray, 50/50, entertainment and more. Event is open to the public.

For more information go to www.oournewjourney.org or call Ann Ciavaglia McMahon at 201-288-2867 or email anne@ournewjourney.org ###

HH Town-wide Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for May 31 and June 1, 2014, from 9 a.m. to 4 p.m. Participation in this sale does not count towards the "two garage sales" per year ordinance. Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table. A free map indicating all registered participants' addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

Car Wash

The R. L. Craig School 8th Grade Class of 2015 is holding a car wash on Saturday, May 31, 2014 at the Moonachie Civic Center from 9 a.m to 3 p.m. Donation is \$5. Proceeds support 8th Grade Washington class trip. Rain date is June 7. ###

Casino Bus Trip

The VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$30; it includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games and prizes and a movie make the travel time pass quickly. Call Mel at 201-933-9937 or the Post for more information at 201-288-1112. ###

Mt. Airy Trip June 11

St. Joseph's East Rutherford Rosary Altar Society will sponsor a bus trip on Wednesday, June 11, 2014, to Mt. Airy.

Tickets are \$30 with a \$25 return, coffee on arrival and free buffet. Bus will leave St. Joseph's back parking lot at 9 a.m.

For more information or tickets, call Dolores McGuire at 201-939-5163. ###

Art Association of Rutherford June Meeting

The Art Association of Rutherford will hold their monthly meeting on Thursday, June 12, 2014, at 7:30 p.m. at the Tamblyn Civic Center, at 30 Woodland Avenue, Rutherford, NJ.

This will be the last meeting of the AAR until September 11, 2014.

The guest at the June meet-

FOCAS Holds Flea Market

FOCAS Flea Market is Saturday, June 14, and Sunday, June 15, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (*Not accepted are TVs, PC monitors, exercise equipment, clothes or magazines.*)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@ focasnews.org, or visit www. focasnews.org ###

Cocktails For A Cause

The Rosenbower Family of Rutherford and Ryan's Buddies for Families of SMA will host its 3rd Annual Cocktails For A Cause in honor of Ryan Reilly on Friday, June 6, 2014, at the Hasbrouck Heights Hilton at 7 p.m.

Tickets are \$75 and include hors d'oeuvres, bottled beer, wine and soda, raffle prizes, mega 50/50, DJ and live entertainment with Big Hix.

Spinal Muscular Atrophy (SMA) is the #1 genetic cause of death in infants and they are asking you to help change that statistic.

To purchase tickets, please log on to www.fsma.org/ryansbuddies or email www. raisingyourawarenessnow@ gmail.com.

For more information on Ryan's Buddies, please visit Facebook page: www.facebook.com/RyansbuddiesNJ ###

Trip to Sands Casino in Bethlehem, June 24

Come and enjoy a day excursion to the beautiful Sands Casino and Luxury Shopping Outlet Stores!

It's your choice of how you spend your time...playing the casino games, doing some shopping at luxury outlets such as Lenox, Chico's, Coach, (and more!), or a little bit of both!

The bus will leave from in front of Most Sacred Heart of Jesus Church, Tuesday, June 24, 2014 at 9 a.m. sharp, returning at approximately 6:30 p.m. The price is \$35 and includes bus transportation, a \$20 free slots play, and a \$5 food voucher.

Payment is due at the time of the reservation. Checks should be made payable to "MSH Rosary Confraternity," placed with the reservation form in an envelope marked "Sands Trip," and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington, NJ 07057. For information, call Ginny Topolski at 201-715-2087.

Note: Guests must present valid state or federal issued photo id in order to obtain their Sands Players Club Card or any motor coach incentive.###

Luau Party June 28

American Legion Ladies Auxiliary Unit 310 is hosting a Luau Party fundraiser.

Come and have some fun on Saturday June 28, 2014, from 1 p.m. to 6 p.m. at 100 Liberty Street, Little Ferry, NJ

Cost \$5 per person -- includes DJ, hamburgers, hot dogs, chicken kabobs, salads, desserts and lots more.

All proceeds to benefit Veterans and children programs. For more information call 201-641-9774. ###

Job Search

Neighbors-Helping-Neighbors is a free and highly successful peer-led volunteer support group for people who are actively looking for work and would like to begin or reinvigorate their job search.

Group members assist each other in techniques and suggestions to improve job search strategies, offer support, and help with networking opportunities. They meet at The Hasbrouck Heights Free Public Library on Mondays, from 12:15 to 1:30 p.m. ###

201-288-5948

8 a.m. to 5:45 p.m.

Tuesday -- Friday

Walk-ins welcome

Established 1927



Jerry's Barber Shop

460 Boulevard, Hasbrouck Heights

Hasbrouck Heights Lions Club 30th Annual

ing is Teresa Rodriguez, the Gallery Director and Curator at The George Segal Gallery at Montclair State University. Ms. Rodriguez will critique members' artwork.

Teresa Rodriguez has an extensive background in the visual arts and is the author of many articles and books.

Please join them to find out about their organization and opportunities to show artwork.

For further information call John Hardin at 201-939-1736 or e-mail <artjohn42@ gmail.com>. ###

When not in use, turn off the juice.

Roast Pork Luncheon June 10

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, June 10, 2014, in the Community Hall, Third Street, Carlstadt. Roast pork dinners will be served from 11:30 a.m. to 1 p.m. For take-out orders call 201-438-5526. Cost is \$8 for adults and \$5 for children/ students. ###

Fireworks Extravaganza Monday • June 30 7 p.m. • Depken Field DJ Music by Funtime Entertainment Dunk Tank • Bounce House Brief Program • 50-50 Raffle **Spectacular Fireworks**

Tickets are available at the door. Cost is \$5 for adults and \$3 for children *(children under 5 are free). Rain Date: July 1 • Extended RD: July 2* Only blankets will be allowed on the field

(no chairs). Water will be allowed, but no food

Farmers' Markets Continue

The Rutherford Farmers' Market 16th Season will operate at Williams Plaza on Wednesdays and Saturdays from June to October 2014.

The Hasbrouck Heights Farmers' Market is scheduled to begin on June 17, 2014 and continue every Tuesday from noon to 6 p.m. until late September, at the corner of The Boulevard and Central (municipal parking lot).

This Farmers' Market is scheduled to host many new

Don't Text

and Drive

Almond

Avocado

Canola

Castor

Coconut

Corn

Cottonseed

vendors this year, and George is back!

According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon at the 2014 Market. Limited positions are available. Call Ray at 201-288-5464 for more information.

During Farmers' Market days, Boulevard businesses are permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. Businesses will organize a town-wide sale on the third Tuesday of each month. ###

The Friends of The Hasbrouck Heights Library will be having a Just Desserts evening on Friday, June 6, 2014, from 7 - 9 p.m.

Just Desserts

The Friends will be serving delicious store bought cakes and other goodies from their favorite bakeries. Coffee, tea and punch will be served.

The tickets are available at The Hasbrouck Public Library located at 320 Boulevard on the second floor. The tickets are \$12 for adults and \$6 for children. Children must be accompanied by an adult. For further information contact The Library at 201-288-0488. ###

St. Margaret Church **Spring Flea Market**

The Parish Social Life Board of Saint Margaret of Cortona Church will be hosting their annual Spring Indoor Flea Market. This year will have special gifts, mostly crystal, available at the Church tables.

The Flea Market will be June 14, 2014, from 9 a.m. to 4 p.m. in Saint Margaret's Marnell Hall, at the corner of Liberty Street and Chamberlain Avenue, Little Ferry, NJ.

Vendors can request a contract by calling Ellie at 201-641-0883. Tables at 8 ft. by 30 inches and cost \$25. We supply the tables and chairs. Breakfast and lunch will be available for



Burst Pipe **Dampens** Annual **Roast Beef Dinner**

Due to Mother Nature and a burst steam pipe, the Annual Roast Beef Dinner, sponsored by the Guild of Reformed Church Women at the First Reformed Church of Hasbrouck Heights, had to be "put on hold."

Damage from the flooding included offices, closets, walls, flooring, etc., as well as tables and the dining hall.

Unfortunately, dealing with clean-ups, insurance folks and contractors, as well as replacing many items, has made it impossible to schedule the dinner during the Spring months.

However, they plan to carry on this tradition in the Spring of 2015. In the meanwhile, their Annual Turkey Dinner is in the planning stage for mid to late Fall.

Thank you to all for your interest and support of the dinners. They apologize for the inconvenience this Spring. Mother Nature may have won this battle, but they will return! ###

Community Chest Seeks Donations

The 68th Community Chest of Rutherford Fund Drive continues through August 2014.

Ever dollar contributed stays in Rutherford. Seven non-profit agencies benefit form the drive all year long. Send donations to: Community Chest of Rutherford, PO Box 263, Rutherford, NJ. ###



The Free Public Library of Hasbrouck Heights has announced its exciting plans for the Summer Reading Program -- Fizz, Boom, Read!

The program is designed to promote reading and literacy throughout the summer for children of all ages. Children are expected to read, or be read to, for 2¹/₂ hours per week.

Each week, they can stop by The Library to show their time log and receive stickers and prizes. When they complete five weeks of reading, they receive a special prize and certificate of completion.

This year they will also be visiting the Woodland Park Recreation Camp on a weekly basis to bring prizes and stickers to children who wish to do their summer reading there. They will be including an online time log for children who will be away all summer.

In addition to the reading program, The Library will be offering Story Times, Chess Club, Theme Nights, and other special events.

The Kickoff Event will be on June 23 at 7 pm. Sciencetellers will be there with their unique program that recklessly mixes science and storytelling.

Registration for all programs begins June 13. Registration for the reading program must be done in person. Registration for story times, Chess Club, and special events can be done online at http:// hasbrouckheights.bccls.org, by phone at 201-288-0485, or in person at 320 Boulevard. All of these programs are sponsored by the Friends of The Hasbrouck Heights Library. They welcome children of all abilities. Please contact The Library for details. ###



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A Touch of Sinatra Heights Library

On June 4, 2014, at 6:30 p.m., the East Rutherford Memorial Library will host "A Touch of Sinatra." Registration is required. Call 201-939-3930. ###

Mindfulness Workshop

Learn to live in the moment and clear your mind of distractions. Two session Workshop on June 11, and 18, 2014, at 6:30 p.m., will be held at The East Rutherford Memorial Library. Call 201-939-3930. ###

Pet Photo Contest and Pet Food Drive

The Wood-Ridge Memorial Library will continue their Pet Photo Contest and Pet Food Drive until June 7, 2014, for Wood-Ridge residents only.

Submit a photo of your pet to include pet's name, owner, address, phone number and email, if available, at the Circulation Desk for a chance to win a \$25 Amazon gift card. Winner to be announced June 13.

Pet items such as canned pet food, unopened dry food, dog treats, cat toys, rabbit, guinea pig or hamster supplies that are collected will be donated to the Bergen County Animal Shelter. ###

Crocheting Club

Bring your crocheting or knitting and join in the fun!

This Club meets in The Carlstadt Public Library meeting room on the first and third Thursdays of every month from 7-8 p.m. Only crocheting help is available at this time for those who need assistance. Please call 201-438-8866 ext. 204 to register, or email: carlref@bccls.org. Anyone with a valid library card is welcome to attend! ###

June Computer Classes at Lodi Library

Book & Bake Sale May 31 and June 1

The Friends of The Free Public Library of Hasbrouck Heights announced their Spring Book and Bake Sale on Saturday and Sunday, May 31 and June 1, 2014, in the Hasbrouck Heights Senior Center.

Gently used books and media, along with delicious homemade baked goods, will be available. New this year, The Friends have a table to sell costume jewelry.

Hours are: Saturday: 9 a.m. to 4 p.m. and Sunday: 11 a.m. to 4 p.m.

Hardcover/trade paperback books \$1, paperback books \$.50, media \$1 and some specialty items are individually priced. Donations of books in good condition are now being accepted along with any gently used or new costume jewelry you would like to donate. Please no encyclopedias, magazines, Reader's Digest, or text books.

Call The Library for details at 201-288-0488. ###

E-Magazines now online

Rutherford Public Library is now offering patrons free online access to e-magazines.

The service, called Zinio, is available to Library patrons who have a Rutherford Public Library card and a computer, tablet, or smart phone. With 100 popular titles to choose from, patrons can either download the magazines onto a computer or read them using the Zinio app on a mobile device.

Best of all, there are no checkout periods, no holds, and no limit to the number of magazines that can be downloaded! Back issues are also available.

The digital magazines appear in full color and are interactive. Sample titles include Bloomberg Business Week, Car and Driver, Every Day with Rachael Ray, Esquire, Family Circle and more. Visit www. rutherfordlibrary.org to get started! ###

American Hustle Get Your

On Tuesday, June 24, 2014, at 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of "American Hustle," starring Christian Bale, Bradley Cooper, and Amy Adams. The film will be shown in The Library Auditorium. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, June 4, 2014, at 6:30 p.m., to discuss "The Dressmaker" by Kate Allcott.

The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the books are available at the Circulation Desk. For more information, please e-mail Peg Mellett at mellett@bccls.org ###

Cutting for Stone

On Friday, June 20, 2014, at 1:30 p.m., the Daytime Reading Group will meet at the 55 Kip Center to discuss "Cutting for Stone" by Abraham Verghese. Copies of the book are available at the Circulation Desk of The Rutherford Library. ###

The Art of Hearing Heartbeats

On Monday, June 16, 2014, at 6:30 p.m., the Monday Evening Book Group will meet to discuss "The Art of Hearing Heartbeats" by Jan-Philipp Sendker. Copies of the book are available at the Circulation Desk. The meeting will be held in the Glass Room on the main floor of The Rutherford Library. ###

Free Access

Whether you are a job seeker looking for resources to land a new job, a parent looking for free activities for children or a student searching for your next favorite book, you are welcome at your Library. Your library card gives you access to nearly everything online and in print. They provide personal assistance to help locate the information you need and offer a variety of programs. ###

Get Your Home Office Organized

The Free Public Library of Hasbrouck Heights is hosting a seminar on how to get your paperwork and home office under control and organized.

This information-filled and entertaining seminar is scheduled for Tuesday, June 10, 2014, from 7 p.m. to 8:15 p.m.

You will get tips and techniques from professional organizer, Melissa Thier of the firm "Life Organized by Melissa."

In addition to reviewing an easy three step process to organize your office, you will learn to identify and overcome the obstacles that cause clutter and prevent you from being your best and staying organized. ciples of organizing, basic organizing systems, and discuss common organizing challenges and potential resolutions.

Melissa Thier runs her own firm based in the Hasbrouck Heights area. She is committed to helping people simplify their lives by developing and implementing plans to de-clutter and establish processes to prevent future clutter, organize finances, and create and follow a project plan to accomplish goals.

You can find out more about Melissa by going to http://www.lifeorganizedbymelissa.com/.

Call The Library at 201-288-0488 for more details. ###

You will learn the prin-

Remember Palisades Amusement Park

The Free Public Library of Hasbrouck Heights is sponsoring a free fun filled seminar about Palisades Amusement Park on Saturday, June 14, 2014 from 2 to 3 p.m. This trip down memory lane will be presented by Vince Gargiulo, who is the executive director of the Palisades Amusement Park Historical Society. He has written the book "Palisades Amusement Park: A Century of Fond Memories," and produced a PBS documentary of the same name.

The multimedia presentation is a comprehensive history of the Park beginning with its inception in the late 1800s, continuing through its rather checkered history, until its ultimate demise in the early 70s.

For those who ever visited Palisades Amusement Park, this lecture is sure to bring back those cherished remembrances. And for those never lucky enough to have entered its colorful gates, this event will recreate the thrills, laughter and joy that was Palisades Amusement Park.

Palisades Amusement Park was a thirty-acre amusement park located atop the New Jersey Palisades, lying partly in Cliffside Park and partly in Fort Lee. The park operated from 1898 until 1971, remaining one of the most visited amusement parks in the country, until the end of its existence. To register, call 201-288-0488. ###

Huge Selection of Handsome Father's Day Gifts See What's New For You!

Lodi Library offers free, small group computer classes for Lodi residents on Tuesday afternoons from 1 p.m.-2:30 p.m. The June 2014 classes are:

• Computer Basics - June 10

• Internet Basics - June 17

• Introduction to Microsoft Word 2010 - June 24

Registration and payment of a \$5 refundable deposit per class is required. For more information, visit lodi.bccls.org or call 973-365-4044. ###

> June Birthstone Pearl

English language learners are invited to attend the *English Conversation Group* at The Rutherford Public Library on Mondays from 10-11:30 a.m. and on Thursdays from 2-3:30 p.m. For information, please call 201-939-8600, ext. 7. ###

Free Movies

On Wednesdays, starting at 1:30 p.m., free movies will be shown at The Lodi Memorial Library. For more information, call 973-365-4044. ###

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Music with Miss Fran

The Rutherford Public Library will host a music-andmovement class with Miss Fran on Tuesday, June 3, 10 and 17, 2014, from 3 – 3:30 p.m.

All children, from infants to 6-year-olds and their caregivers, are warmly invited for a variety of music accompanied by active participation including singing, dancing, streamer and scarf play, and an introduction to simple instruments.

Parent or guardian must attend each class. No registration required. This program is generously sponsored by The Friends of The Library of Rutherford. ###

Drop-In Storytime

The Rutherford Public Library will host a morning and afternoon drop-in storytime program on Wednesdays, June 4, 11, 18 and 25, 2014, from 10:30 - 11 a.m. and repeated from 2 - 2:30 p.m.

The same storytime will also be presented on Thursdays, June 5, 12 and 19 from 10:30 - 11 a.m.

All children, from infants to 5-year-olds and their caregivers, are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###

Afterschool Story Time

On Friday, June 20, 2014, at 4 p.m., four, five, and six-yearold children are invited to come to storytime at The Rutherford Public Library.

Storytime will feature a mix of classic and new stories followed by a craft. Registration is required. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

Fizz, Boom, Read: It's Magic!

On Friday, June 13, 2014, from 3:45 p.m., The Rutherford Public Library, blasts off for an amazing adventure with magician and family entertainer Steve Woyce.

The show is packed with magic, science and tons of fun.

Steve will be joined by Jules, a silly scientist puppet and audience volunteers will help make the magic fizz and boom.

Come and watch Steve magically make electricity appear, disappear and zoom across the stage.

There is no registration required for this show which is recommended for ages 4 and up. The Friends of The Library of Rutherford are generously funding this program which will officially kick off the Library's Summer Reading Club. ###

Rutherford Children's Summer Program Registration

The Rutherford Public Library will host many fun and exciting programs for children up to the age of 11 over the course of the 2014 summer.

Some of the programs offered will require advance registration.

For Rutherford residents, summer program in-person registration will begin on Friday, June 20 at 10 a.m. Phone registrations for Rutherford residents will begin at 2 p.m. Out-of-town residents wishing to register for children's programs may do so either in person or by phone beginning on Wednesday, June 25 at 10 a.m. ###

Chess Club

The Rutherford Public Library will host a Chess Club for children ages 7 and up on Tuesday, June 3, 10 and 17, 2014, from 3:45 - 4:30 p.m. Registration is required. Call the Children's Department at 201-939-8600, ext. 6. ###

\$0 Regular

7 Haircut

Crafty Kids

On Monday, June 23, 2014, at 3:45 p.m., The Rutherford Public Library will host a craft program for children ages 6 and up. Registration is required. Call the Children's Department at 201-939-8600, ext. 6. ###

Preschool Craft Corner

On Tuesday, June 24, 2014, 2014 at 3:45 p.m., three, four, and five-year-old children are invited to make a craft at The Rutherford Public Library.

An adult guardian must accompany the child to assist with making the project. Registration is required. To register, please visit or call the Children's Department at 201-939-8600, ext. 6. ###

Frozen

On Friday, June 27, 2014 at 2 p.m., all children, ages 4 and up, are invited to a free movie screening of "Frozen" at The Rutherford Public Library. This film is rated PG.

No advance registration required. An adult guardian must remain with any child under the age of seven for the duration of the film. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

Teen Cafe

On Wednesdays, from 4 -4:30, Teen Cafe (ages 12 - 18) meets to talk about what you're doing, technology tips, fashion, movies, music and books you are reading or want to read at The Lodi Memorial Library. ###

Teen Craft Hour

Come to The Wood-Ridge Memorial Teen Craft Hour on June 12, 2014, for a "craft to Scaly or Slimy? Kick off Summer Reading 2014: Fizz, Boom, Read! Tuesday, July 1, 2014, at 7 p.m. in the Senior Center.

Flat Rock Brook Nature Center will bring real live reptiles and amphibians to help teach children the different characteristics of these two animal families.

Participants will be able to touch the animals while learning about conservation and respect for all living things.

This event is sponsored by The Friends of The Wood-Ridge Memorial Library. Space is limited. Registration is required and begins on June 16. To register stop in or call the library at 201-438-2455. ###

Teen Reading this Summer! @HHPL

Calling All Teens! The Hasbrouck Heights Public Library will be offering two Book Discussion sessions for students entering Grades 7 through 12. The increasingly popular Speak Out! book discussion group will meet on Tuesday evenings from 7-8:30 p.m. beginning on July 9, and is designed for students entering Grades 10-12. Talk it Up! is reserved for students entering Grades 7-9 and will be hosted on Thursday afternoons from 3-4:30 p.m., beginning July 10.

Both sessions will be held for six weeks and will provide an opportunity to discuss contemporary young adult literature, eat, play games, and socialize. At the end of the reading program, they will have a fun party for both groups! Invitations will be extended to those participants who attend at least four sessions. Registration begins the last day of school, June 19. Please check their online calendar for future details.

For those students who would like an opportunity to win a prize at the end of the summer, a reading contest will also be offered. Spark a Reaction is a national teen summer library program and those who participate will receive a raffle ticket for each book read during the period of June 20 to August 30. Teens can keep track of the books they have read by keeping a list at The Library. On September 1, winning tickets will be selected and various prizes, including Spark a Reaction T-shirts, will be awarded. The Library is most grateful for the support of The Friends of The Library and would like to thank them for providing the weekly snacks and refreshments. Teen Librarian Claire Santoro will be happy to answer any questions or assist with registration details. She can be reached at 201-288-6653. ###

Paws to Read Therapy Dog Program

On Saturday, June 14, 2014, at 2 p.m., Rodney, a registered therapy dog, and his owner, will visit The Rutherford Public Library.

Children who would like to practice their reading skills may reserve a 15-minute time slot to read to Rodney. Gain confidence in your reading ability and make a new friend at the same time! For ages 5-11. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

Paws for Reading

Young Readers Wanted!! June 2, 16 and 30, 2014. Come to The Wood-Ridge Memorial Library and sharpen your reading skills by reading to the wonderful therapy dogs, Rodney and Teddy!

Children ages 5 and older sign up for a 15-minute session to read to a friendly dog.

Dogs are certified through the Delta Society and Bright and Beautiful Therapy Dogs Inc. Therapy dogs provide a safe, nurturing experience for beginning and struggling readers to practice their reading skills. All readers are invited.

A variety of books will be provided, but feel free to bring your own. Registration is required. Contact the Youth Librarian at wrdgchild@bccls. org or 201-438-2455. ###

Game Break

Wood-Ridge Memorial Library invites kids of all ages to come to The Library, Friday, June 20, 2014, from 3-4 p.m. to play games. Enjoy board games such as Checkers, Uno, Clue, Monopoly, Life and more. Contact the Youth Librarian at wrdgchild@bccls.org or 201-438-2455 for more information.

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Look Sharp for Spring

go."

Let your imagination flow and enjoy trying something new. Stop by The Library on June 12 and take home a fun activity! Crafts are limited, thus, first come first served. Ages 9 and up welcome. ###

PJ Storytime at The Lodi Library

Every Monday evening from 6 - 6:30 p.m., children ages two to six, along with their parents, are invited to bring their favorite stuffed toy, wear their pajamas and enjoy an evening of stories at The Lodi Library. ### 10 ###

W-R Chess Club

The Wood-Ridge Memorial Library hosts a free Chess Club, every Wednesday, from 3:30-4:30 p.m. Designed for students of all ages and ability levels, the Chess Club is led by a coach who can teach new chess players the basics, and help experienced players sharpen their skills. For more information, email the Youth Librarian at wrdgchild@bccls. org or call The Library at 201-438-2455. ###





Dating and House Hunting

There's no doubt that house hunting shares many similarities with dating.

In the case of dating, you look for someone who catches your eye, someone that you can enjoy spending time with, someone who'll become your 'forever love'. So what do you do to search all of these things? Why, you go online, of course!

You want a tall guy that is Christian and has only 1 or 2 kids and lives within 20 miles radius? Great, you'll get an email every day of men that meet that specific criteria.

Then you can peruse their pics and profiles and decide if you like or are totally turned off by them based on what they uploaded.

Similarly: Are you looking for a 3 bedroom with updated kitchens and baths in the best neighborhood with the best school system...all for under \$300,000?

Well you and everyone else is, too. But that won't prevent



Enjoy Meeting People? Become a Docent!

The Aviation Hall of Fame and Museum at Teterboro Airport is seeking volunteer tour guides (docents) who enjoy meeting people.

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you from getting an email alert as soon as a home that [more or less] matches that search pops up on the MLS.

And of course you can view all the pics, all the MLS input and a quick description written by one of us clever Realtors hoping to use the perfect words that entice you to say: 'I want that one!'

Problems can arise, though, when house hunting begins to become a bit like "speed dating."

You've have heard of this dating craze, whereby singles can meet 20 or more potential mates in one evening by having 5 minute dates with each one of them.

SpeedDate.com, for example, advertises that it 'allows you to connect instantly...eliminating hours of frustration.'

Well - to me at least - that's a bit like Trulia pitching "Find homes on the go" or Zillow boasting "Browse a million or more listings!"

So many of today's online buyers and/or seekers of love go thru lists like they're chocolates in a box that never stops giving.

And, as it seems the transient nature of internet dating is now a big concern to relationship experts, so I'm wondering if it isn't much the same thing in people trying to find a home.

Shallow buyers, I call them; those who are more like internet junkies than the real buyers, ready to seriously commit.

The sheer choice available has made many house hunters almost morbidly picky, especially those who go to extreme

lengths, checking website after website gathering data on what the seller bought his house for, what he owes against it, how many days it's been on the market, etc. They're selecting homes as if they were serial daters looking for the best looking post. Never mind that nothing matches up with their reality!

Well, we live in the Real World and, although I, personally, don't ever want to dampen anyone's dreams, we have to consider many concrete factors when searching to buy a home.

Namely (a short list): Budget, Location, Size, Needs and Wants...in that order.

Homes that are offered for sale can be absolutely gorgeous and you can fall in love with all the alluring attributes being advertised.

However, it's only after you've seen the home, walked around the home, gotten a feel for what that home is all about, that you ought to think about gathering more information.

Finding and contracting for a home demands careful consideration and sometimes heart gripping concentration.

After all, you and your new home could very well be in for a lifetime commitment....

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

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There is Plenty of Work to Do

On Saturday, April 26, 2014, Rebuilding Together Bergen County marked its 16th Annual National Rebuilding Day. About 300 volunteers helped repair four homes in Little Ferry and Moonachie that were affected by Superstorm Sandy.

American Red Cross volunteers worked in Little Ferry and Moonachie. The Red Cross provided funds for RTBC to repair 30 homes in Little Ferry and Moonachie. Boiling Springs Savings Bank volunteers worked on a Moonachie home. Electricians from IBEW Local 164 did finishing electrical work on a recently completed W. Park Street home in Moonachie. To sponsor a project or to volunteer, email info@ RebuildingTogetherBergen.org or call 201-447-8886. ###













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The Camp That Changed My Life

by David Kriso

There is a summer camp program which helps middle/high school age children improve their self-esteem, academics, leadership, and communication skills called SuperCamp. This is where you learn how to build "you."

In the spring of 1994, I was completing my junior year in high school. It was a rough year. I struggled in almost everything. My two biggest issues were my self-confidence and self-esteem. I was unassertive and shy.

SuperCamp is a highly energetic camp program. The junior camp for middle schoolaged kids runs seven days and cost \$2,495. The senior camp for high school-aged kids runs ten days and cost \$3,095. SuperCamp is held at a variety of college campuses nationwide.

In both programs, kids learn a variety of tools to improve their academics.

Every segment of each day begins with an upbeat "come-in song" that serves as the cue for the kids to enter the room, clapping to the beat. The clapping gets faster, faster, and faster, with one big clap at the end. On cue, everyone is seated and the music stops.

Each day the staff demonstrates the eight keys to excellence: integrity, failure leads to success!, speak with good purpose!, This is it!, commitment, ownership, balance, and flexibility.

Every day, the activities and discussions revolve around a certain key.

Another fun activity done at SuperCamp is called "Mystery Words," which helps kids learn vocabulary through the use of improvisation. Every day, a new mystery word is presented.

Every other day facilitators evaluate the kids' comfort level with a safety thermometer how they're adjusting to the camp environment, how they're trusting themselves, each other, and their team leaders. The facilitators gradually mark the thermometer. As camp progresses, the temperature goes only in one direction. There is one day of camp which the kids never forget. It is the ropes course. The events revolve around communication, team spirit, team building, trust building, and self-confidence. The eight keys to success are well-woven into the ropes course. A team's energy level, will power, and level of trust are what make the ropes course such an uplifting experience.

events are highly challenging. My two favorites were the "High V's" and "The Pole."

The "High V's" is done in pairs. Two team members are fit with a harness and helmet. They climb up a ladder, up the side of a tree, and onto a pair of ropes.

The two ropes gradually separate from each other, forming a "V." The two team members have to carefully step onto either one of the ropes, and clasp hands. Once hands are clasped, they have to lean into each other. They join themselves in the shape of a "V." Next, they have to move slowly along the ropes as far as they can go. The "High V's" involve a great deal of focus and communication in between the two campers.

"The Pole" is forty feet tall. Trust me, this event cures every last feeling of shyness and unsureness imaginable. It helps you break out of your comfort zone, your fear of failure, and immediately gets the self-confidence juices flowing.

For safety, each camper wears a harness and helmet. The camper has to climb up onto a wooden ladder, and then up the side of the pole. The pole has metal spikes on it for steps. At the top, the camper needs to stabilize him/herself before

entur

EUDAN REALTY

Manal

Amer

Marc

Martorana

Gloria Barnet

Raymond

Muszynski

Judy Bellina

Paulina

Niestoi

James Campbell

Denise

Terri Campbell

Wendy

Occhiuzzo Orzechowski

Joeanne Altieri

Gezim

Lamcaj

standing up straight on top of it. On the ground, the team holds the safety line. Trust is built and earned in this event.

Once on top of the pole, the camper has to turn one hundred and eighty degrees then jump six feet and grab hold of a trapeze.

The second to last day of camp, is the event which is the most emotional of all. It is the barrier break. We all have barriers in life.

Every camper is given a wooden board, exactly like the boards that martial arts students break.

With a marker, every camper must write a goal they wish to achieve on one side, and on the reverse side the barrier that is holding them back.

Once everyone is taken

through the steps and are comfortable with the process, the song, "Eye of the Tiger" is repeated throughout the event.

Everyone in the room cheers each other on. Staff member by staff member, camper by camper, board by board, the energy level gradually builds. The room is just pumping with energy.

At the end facilitators invite the team leaders and campers to come forward and share their reactions to the event.

Just like with the ropes course, the emotions come out with "Yes I can!" and "I can do it!"

The final day is graduation. Graduation kicks off just like a course room session. The campers enter to the come-in song. All of the campers receive a medal. The medal looks like the type that an Olympian receives. The medal reads, "I Make A Difference."

There is no phrase more touching, more true, and more powerful. The ropes course, the trust building activities, the team building events, and academic activities all add up to those very words. That medal should hang in every kid's room. It's a reminder that you can make a difference anywhere, anytime, and in anyone.

SuperCamp takes kids to heights they've never dreamed possible. SuperCamp allowed me to see the big picture. I'm confident that someday it will give you the same golden opportunity. For information visit www.SuperCamp.com ###



Maria DeTrizio

Joyce

Powel

Silvana Daidone

> Anthony Pertesis

Jill Connors

CarolAnn

Pareti

Tim Doherty

Henry

Riveros

Cheryl Gugliotti

Eleanor

Williams

AGENTS OF THE MONTH!

Janet

Higgins

Jean

Zeppieri

Vivian

Dumaresq

Dorean

Rutt

Some of the ropes course



Erika Cilia

Joan Padden

Summer Program Planned for Middle School Students

Bergen County will be offering a one-week summer service and leadership experience for middle school students this August.

The program, scheduled for August 25 to 29, 2014, will be held at the Volunteer Center in Hackensack from 9 a.m. to 3 p.m. daily.

Ready, Set, Serve is an exciting and challenging summer program for students entering Grades 6 through 8 in September.

Students will be immersed in a week of interactive, interesting and fun activities, learning leadership skills that will help them make a difference in their schools and communities. The focus of Ready, Set, Serve is community service.

Through a state-of-the-art curriculum that includes both classroom instruction and experiential training, students will participate in challenging exercises including community needs analysis, goal setting, team building, project planning, decision making and other dynamic leadership skills.

The Ready, Set, Serve experience continues beyond the one week in summer. Participants will continue to meet monthly from September through March to discuss and work on individual or group service projects.

A graduation and project presentation will be held in conjunction with the Volunteer Center's Celebrate Volunteers recognition event in April 2015.

The fee is \$350 per student, which includes all class materials, snacks, beverages and

The Volunteer Center of lunch on the Friday, August 29 closing session. Students provide their own lunch the other days.

> The deadline for application is June 6. Tuition can be paid online at www.bergenvolunteers.org. Call 201-489-9454 Ext. 118 or email demery@ bergenvolunteers.org for more information.

> The Volunteer Center of Bergen County strengthens the community by connecting people through service and developing civic leaders. ###

Parenting Workshop: How to Set **Reasonable Limits**

Frustrated and perplexed? Looking for your kids to comply? Come explore the difference between rules, requests, and wishes. Gain useful tips and insights that align with your values and family.

On Wednesday, June 11, 2014 at 7 p.m., Peggy Fitzpatrick will present a free workshop for parents, "How to Set Reasonable Limits," at the Rutherford Public Library.

As an educator, certified parent coach, and mother of six, Ms. Fitzpatrick utilizes her professional training and personal experience to help parents harness the power of strong relationships to nurture and shape their children.

Advance registration is requested. To register, please call 201-939-8600, ext. 7 or email rutherfordpubliclibrary@ gmail.com ###



Gerard Londino Earns Eagle Scout Designation

Only five percent of all boys who enter scouting achieve the rank of Eagle Scout. That makes Gerard R. Londino, a senior at Wood-Ridge High School, a very special person.

In order to achieve the rank of Eagle Scout, the Boy Scout movement's highest award, a Scout must complete at least 21 merit badges and plan, develop, and lead others in a service project that benefits his Church, community, or school. Londino earned 28 merit badges and also received the Paul Bunyan Woodsman Award and the World Conservation Award.

After becoming a Star Scout in 2012, he took on a leadership role as Senior Patrol Leader for Boy Scout Troop 181. In this role he led the meetings and camping trips. He also made sure that the younger Scouts learned skills and moved up in their rankings. Londino's Eagle Scout project consisted of planning and painting house address numbers on curbs in front of houses so emergency responders could see them and locate homes in the event of an emergency. He recruited his team of workers from high school friends as well as the Scouts from his Troop 181. The project was to include all houses from Jefferson to Columbia Street and their intersecting streets. His goal was to paint the numbers on curbs in front of about 200 houses. He later asked to expand his project from Jefferson to Columbia, up to Hill Street exceeding his goal by doing 415 houses.

The Court of Honor ceremony was held on April 26, 2014 at the First Reformed Church of Hasbrouck Heights.

Although Londino received many acknowledgements and citations from local, county and state groups and politicians, he was most pleased to receive the Eagle Badge from his grandfather, Jerry Hackel of Hasbrouck Heights.

Londino, who lives in Moonachie, has been a member of the football, wrestling and track teams at Wood-Ridge High School.

The fact that a boy is an Eagle Scout has always carried with it a special significance, not only in Scouting but also as he enters higher education, business or industry, and community service. The award is a performance-based achievement whose standards have been well-maintained over the years. Story by Peter Gallo Jr. ###



Wood-Ridge Lions Club



"We Serve"

In Memoriam

DONNA R. ROTTINI

Primary Elections -- June 3

Polls will be open from 6 a.m. to 8 p.m.

Sticker Shock

On Thursday, May 8, 2014, Wood-Ridge High School juniors Alexa Pedulla and Kristina Torres posted "Warning Labels and Tags" throughout Wood-Ridge Wine and Liquor store, under the supervision of Laura Goodman, WR Jr./Sr. HS SAC Counselor and WRPD

Det. Matthew Mueller.

The message: "Providing alcohol in anyone under age 21 is a serious crime. The penalty is up to 6 months in jail and \$1,000 fine."

According to Erin Delaney, Bergen County Prevention Coalition Coordinator, "The Sticker Shock program's goal is to raise awareness about under-

age drinking and to warn the public of the consequences of providing/purchasing alcohol for minors." Throughout the year, Ms. Delaney works with local police, schools, and alliances to promote this message throughout Bergen County.

For more information go to: www.starttalkingnj.com or www.tcadr.org ###

Felician Carnival

The Annual Felician College Child Care Center Carnival was held May 9, 2014 at the Center. Children and parents had fun with games, snacks and special guest, Magician "Joe Fischer." Good time had by all. ###



















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Teterboro Airport Career Day

On Friday, April 25, 2014, Teterboro Airport hosted a Career Day for high school students of Becton Regional (East Rutherford), Ridgefield Park, Teaneck, New Milford and Barringer (Newark).

Schools rotated through three areas. The maintenance equipment used at Teterboro was displayed with technicians available to answer questions.

Fixed Base Operator Meridan Teterboro opened its facilities to explain operations, aircraft charters, aircraft management, maintenance, etc.

Landmark Aviation (FBO) Teterboro provided space for an expansive "trade show" with about 20 exhibitors from various aviation fields (FAA, schools, etc.) to answer student questions.

The event concluded with speakers discussing aviation careers and essay contest award presentations. ###

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On Thursday, April 24, 2014, over 200 volunteers representing KaBoom, PSE&G, Americorps, FEMA, as well as local residents, came together behind Memorial School in Little Ferry, NJ to assemble a children's playground.

It took about six months of adult planning, but the park was designed by the school students (only the request for a swimming pool and trampoline were denied).

It took 20,000 pounds of concrete, 155, cubic yards of mulch, and piles of wood and equipment to be assembled.

The park includes eight benches, four planters, a shade structure, and a painted stone walkway.

During the official dedication, students marched into the area holding a paper chain they had crafted for the "ribbon cutting." Each link had a student's name, and was later given to everyone as a memento.

In recognition for her tireless efforts that have positively impacted the lives of Little Ferry residents, the playground was dedicated to Ms. Regina Coyle. ###









Top male finisher was Alejandro Fortoul, 22, of Hasbrouck Heights, with a time of 18:25 and top female finisher was Rebecca Fortoul, 19, of Hasbrouck Heights, with a time of 21:09.

Medals were given for the top three male and female runners in the following categories: 18 and under; 19-29; 30-39; 40-49 and 50 and over. Amenities included: T-shirt, timing systems, and post-race refreshments. USA Track and Field Certified Course with timing povided by Tristate Timing. The HH Junior Women's Club and HH Men's Association assisted. Funds benefit scholarships and the Seeing Eye Foundation. Results are online at www.tristatetiming. com/results/

For more information on the 5K Run contact Tina Louise Dowd at 201-370-3826. ###

HAN KE/M 25,553 22,744 15,263 13,857 10,998 29,472 4,823 OUTSTANDING AGENTS, OUTSTANDING RESULTS.

TOP BRAND RANKING Q4: 1/01/2013 - 12/31/2013

This chart combines "total units sold" and total volume sold" for residential listings for all office locations of each organization identified from 1/1/13 - 12/31/13. It includes which listings were sold by such organizations itself, or with the aid of a cooperating broker for the state of NJ in the time period indicated, according to the data by the following Multiple Listing Services in NJ: Trend MLS, Garden State MLS, Monmouth County MLS, Middlesex MLS, South Jersey Shore MLS, New Jersey MLS, Hudson MLS, Ocean MLS, and Cape May County MLS. This representation is based in whole or in part on data supplied by each MLS listed. Each MLS does not guarantee or is in any way responsible for its accuracy. Data maintained by each MLS may not reflect all real estate activity in the market. This chart lists up to the top 7 competitors in the market indicated. Each RE/MAX office is independently owned and operated. Equal opportunity employer.

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2014, at Gary Depken Athletic Field accomplishments. Field, the Hasbrouck Heights

Track events started at 4 p.m. and finished at 8:30 p.m. They included: 6,400 meter relay, 400 meter relay, intermediate hurdle relay, 800 meter relay, 3,200 meter relay, sprint medley, shuttle hurdle relay, distance medley relay and 1,600 meter relay. Field events started at 4 p.m. and concluded at 9 p.m. They included: pole vault, high jump, shot-put, discus, javelin, triple jump and long jump. Participating in the All North Jersey NJSIAA Group 1 & 2 meet were 18 teams from: Bogota, Cliffside Park, Dwight Morrow, Eastern Christian, Fort Lee, Garfield, Hasbrouck Heights, Hawthorne, Mahwah, Midland Park, New Milford, North Arlington,

On Thursday, April 17, recognized for their Track and Newton, Pascack Hills, Pompton Lakes, Ramsey, Ridgefield Park, Rutherford, Saddle









Jr./Sr. High School hosted the Aviator Invitational Relays. About 40 high schools and 1,200 athletes participated.

This is the 7th major invitational championship meet to be held at Depken Field since the new facilities were installed. (The event used to be called the Twin-Borough Relays.)

Since all meets are now held on artificial surfaces, the Hasbrouck Heights Track Team had to travel. Depken Field installed a new field in 2007 at a cost of \$1.2 million.

During opening ceremonies, at the "Wall of Fame Honorees," Brendan Gareffa (2007), Lindsay Renna (2004), Chris Onorato (2005) and Christine Ayubi (2002) were Brook, Wallington, and Wood-Ridge.

The event was headed by Rob Brady who has been the HHHS Head Track Coordinator for 20 years (and associated with the track program for 24 years).

HHHS Director of Athletics, Mike Scuilla, helped organize this meet with officials, team entries, etc.

The 2014 HHHS coaching staff includes: Jon D'Amato, Vinnie Marchese, Mike Ryan, Ashley Scanlon, John Valenti and trainers Kaitlin Gianni, Tom Hughes, Jessica Sarubbi and Justin Schmereck.

All proceeds from the meet went to the Hasbrouck Heights Track Program. ###

Matt Fenton Memorial 5K

at 9 a.m., the Third Annual Matt Fenton Memorial 5K Run/Walk at Willow Lake Park, will start at the Little Ferry Public Safety Building/Senior Center at 95 Main Street, Little Ferry, NJ.

This USATF sanctioned Grand Prix Event is 500 points. Pre-registration is \$20 with day of race \$25, starting at 7:30 a.m.

Register online until May 28 at www.raceforum.com/ littleferry or register by mail before May 26. For race information, go to www.littleferrynj.org or email: Moses. racedirector@gmail.com

Awards for top 3 male/ female overall medals, gift certificates to top 3 male/female in 5-year age-groups up to 80+, top male/female Little Ferry resident prizes, and top male/ female First Responder prize.

Amenities include refreshments, DJ, B-Tag scoring by

On Sunday, June 1, 2014, Compuscore, and T-shirts to first 700 runners. Event also includes awards ceremony, random prizes and family fun and kids activities.

Proceeds will be donated to Little Ferry first responders and the Wounded Warriors Project.

• Lost to us on May 5, 2006 Sgt. Matthew J. Fenton was a larger than life figure to those who were blessed to know him. Fatally injured while conducting combat operations in Iraq, Sgt. Fenton's service to our Country shall not be forgotten.

Sgt. Fenton was with the Forces Reserve's Inspector and Instructor Staff, 1st Battalion, 25th Marine Regiment, 4th Marine Division Fort Devens, Massachusetts.

At his funeral, Sgt. Fenton was made an honorary Little Ferry Police Officer, the job which he was to hold upon his return to Little Ferry. ###

Ketcho's **Father-Son Golf Classic**

The Ketcho's 7th Annual Father-Son Golf Classic will be held on Saturday, June 28, 2014 at Shawnee Inn & Golf Resort.

Start is at 6 a.m. with tee off at 7:30 a.m. Cost is \$125 per player and includes continental breakfast, 18 holes of Championship golf, cart, greens fees, with barbecue/awards ceremony all afternoon. Event hosted by The Ketcho Boys.

Make checks payable to The Carl Inserra Leukemia Fund and send to: 303 Ottawa Avenue, Hasbrouck Heights, NJ 07604. Checks due by June 1.

For more information call 201-288-6332 or email: ketcho@aol.com ###



Boys/Girls Club Felician School Golf July 22

The Boys & Girls Clubs of Lodi/Hackensack are sponsoring their 10th Annual Golf Outing on July 22, 2014, at the Ballyowen Golf Gourse at Crystal Springs, Hamburg, NJ.

Registration and breakfast start at 8 a.m., shotgun start at 8 a.m. with BBQ lunch and raffles to follow.

Cost per player is \$175. Lunch only \$40. Payment required by July 11. Sponsorships available.

For more information call Joe at 873-473-7410 x 113, ###

Over 40 Pick Up Basketball

Weather permitting, area residents over 40 are welcome to play half court basketball at Veterans Park in Wood-Ridge on Sundays starting at 9 a.m. ###

for Exceptional Children Golf **Benefit June 16**

St. Francis of Assisi 19th Annual Spring & Bob Slamiak Memorial Golf Outing is scheduled for June 16, 2014, at Apple Mountain Golf Club in Belevedere NJ.

Breakfast is 8 a.m. Tee off shotgun start at 9 a.m. Four man best ball format.

Cost is \$90 (before June 2) and includes greens fees, carts, breakfast, barbeque buffet at 19th hole. Cash bar.

There will be prizes for longest drive, closest to pin, low net and best score.

Proceeds benefit Felician School for Exceptional Children in Lodi.

For details call Wayne at 201-531-0632, Ray at 201-294-9104 or Brian at 201-966-1872. ###

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TEB 5K Run July 19

The 17th Annual PSE&G Bergen County United Way Teterboro Airport 5K Run is scheduled for 8:30 a.m., on July 19, 2014, at Jet Aviation (Moonachie Avenue).

Last year's event attracted over 900 runners and this year even more are expected.

Well known as a "mustrun" summer race, the course is certified and sanctioned by USATF and is a Grand Prix Series Race.

The course is flat out and back with only five turns, two water stops and mile clocks on the runway. Run is 500 USATF-NJ NBGP points.

Over \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, Chrono-Track B-Tag Scoring, United Way Mini-Flyer Dashes, Food, DJ, etc.

Registration fee is \$20 before July 10, and \$25 after. Early registration is advised. Security will be tight. Two forms of ID are required. All bags are subject to be searched. No one will be allowed entry to the airport and race staging area after 7:55 a.m. Proceeds will benefit NJ 2-1-1; United Way's Compassion Fund which provides direct financial assistance to people facing a crisis. Race director is Cheryl Moses. Results will be at: www.compuscore. com. For more information go to: www.bergenunitedway. org ###

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Swim Club Kicks-off its 53rd Season

The Hasbrouck Heights Swim Club, a private pool club open to 425 families from Hasbrouck Heights and Wood-Ridge, will open for its 53rd summer season Memorial Day Weekend, May 24, 2014. "We look forward to another year of family fun for our members," says Kristin Schaffer.

The many activities and enjoyable social events during the swim season include Summer Kick-off, Family Float Day, Sundae Sunday, Teen Night and Family Fun Night.

The Club offers daily activities to members, including an acquasize class, and swim lessons for children of Club members.

The facilities include a



The Hasbrouck Heights kiddie pool, a water slide, dive boards, lap lanes, basketball courts and a picnic area.

> The Club boasts an award winning swim team and dive team which practice daily and compete with local clubs. The teams are coached by staff members and open to kids ages 5 to 16.

> The club also sponsors a life guard training course at the beginning of the summer, for those aged 15 and up who wish to gain Red Cross certification and lifeguard at the pool.

Said one twenty year plus member, Val Giancaspro, "for less cost than a week's vacation at the shore, a family can spend the entire summer at the Swim Club, right in our own backyard."

As of this date there are a handful of memberships for the 2014 season still available. For more information, please go to the Club's web site at www. hhswimclub.com ###



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Xcel Tae Kwon Do Martial Arts Wins 7th "Best Team" Title at the Atlantic Tae Kwon Do Championships!

On Sunday April 27, 2014, students from **Xcel Tae Kwon Do Martial Arts Center** kicked its way to the "Best Team" title by winning sixty three trophies at the 2014 Atlantic Tae Kwon Do Championships. This was the 7th "Best Team" title for Xcel Martial Arts, in Hasbrouck Heights.

It was a great achievement for a group of young athletes whose ages varied from six years old to teenagers. The success of the team spoke volumes to the hard work and dedication they invested in preparation. The twenty-nine athletes from Xcel Martial Arts competed in the sparring, forms and board breaking divisions.

In the forms competition, athletes compete against each other by performing a lengthy choreographed pattern consisting of fluid and sharp motions that require total focus, balance, and self-control. The competitors are scored by a panel of judges and a winner is chosen at the end.

The same format is used for the board breaking competition as the athletes break wooden boards with kicks and hand techniques. The points are based on difficulty of the technique and number of attempts made to break the boards.

Finally, the sparring competition consists of two opponents who are matched by age, weight and skill level. The goal of the match is to attack and counter attack your opponent with a series of kicks and punches, trying to score points by hitting various targets on your opponent.

"This team had a great work ethic and really had the drive and desire to perform at their best. I was most proud not by the number of trophies my team won, but the way they conducted themselves thoughout out the day, showing great poise and focus" said Master Steven Lee, who coached them.

The youngest team members and mostly first time competitors, Sabrina Juan, Jadelyn Sisco, Ryan Elnabli, Amaya Rodriguez and Joanna Rosario (all six years old) shined like seasoned veterans with their 1st Place winning performances. Returning champions, the Von Seidelmann brothers, Kyle and Ty, won combined six trophies to add to their collection. At this pace they will have to add an addition to their house to make space. The most exciting match belonged to eight year old Alexander Rodriguez, who overcame a two point deficit in his final match to ultimately win by five points.

Team Xcel consisted of: Luca Herrera (7yo), Nicholas Prince (7yo), Adarsh Thakur (10yo), Noel Velez (9yo), Keira Tellado (9yo), Jeannelle Tellado (7yo), Varun Subramaniam (13 yo), Alexander Rodriquez (8yo), Amaya Rodriquez (6yo), Marcus Crain (9yo), Marcus Juan (7yo), Sabrina Juan (6yo), Anastasia Georgas (8yo), Kyle Von Seidelmann (7yo), Ty Von Seidelmann (9yo), Gabriel Gonzalez (8yo), Faith Brown (10yo), Ryan Elnabli (6yo), Meghan Stellhorn (8yo), Betsy Urgiles (13yo), Arianna Marmol (10yo), Malgorzata Kielska (10yo), Miranda Smith (10yo), Wade Buchanan (12yo), Joshua Torres (9yo), Ella Marmol (7yo), Melanie Morena (9yo), Jadelyn Sisco (6yo), Joanna Rosario (6yo).

They were coached by Master Steven Lee, a 5 time US National Tae Kwon Do Team member and former US Olympic Center Team Captain.

Story by Christine Adamo. Photo provide by Xcel Tae Kwon Do Martial Arts Center. ###

Act Now: Limited number of memberships available!



As a Private Club open to only 425 families, we offer activities

for the whole family: • a brand new state of the art kiddie pool • a picnic area with BBQ • teen night • swim lessons • a swim and dive team • lap lanes • a water slide • a basketball and volleyball court

And most of all, we provide a safe, cool, and refreshing environment daily from 10 a.m. till 9 p.m., from Memorial Day to Labor Day. The perfect escape from those long, sweltering days of summer, for less than the cost of a week's vacation at the shore.

We are currently accepting members from Wood-Ridge and Hasbrouck Heights on a first come first served basis. There aren't that many memberships still available, so if you are thinking about joining the Swim Club, **act now.** Go to our website hhswimclub.com for details and an application:

Kristin Schaffer, President, Hasbrouck Heights Swim Club Email: hhswimclub@gmail.com

* 2014 season dues + sales tax and refundable bond.

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Rachael Dallara NJ State Champion

"Xcel has given my daughter the confidence she needs to succeed in school and in every day life. She is a straight A student and a State Champion!" Mrs. Dallara "At Xcel, the teachers are very patient and extremely motivated to help each individual child. We could not have found a better school for all three of our kids." Mrs. McCabe



Local Seniors Share Bus with Garfield Seniors

Skyrocketing gas prices have made the cost of chartering a bus for a senior trip unattainable; this along with the cost of the activity that the seniors are attending affect the final cost of a trip. The cost must be shared equally by the number of seniors who sign up for the trip. Therefore, to reduce this cost you need more seniors to attend a trip.

Keeping this in mind, many senior groups try working with other senior groups so that they may fill their bus. That is why twenty-nine members of the Leisure Club and twenty members of the Garfield Senior

Skyrocketing gas prices Center shared a bus to travel to e made the cost of charng a bus for a senior trip The trip took place on May 15, ttainable; this along with 2014.

> Both groups enjoyed each other's camaraderie. Many seniors from Garfield knew the Hasbrouck Heights seniors.

The Hunterdon Hills Playhouse is a very popular dinner theater trip for seniors in New York, New Jersey and Pennsylvania. The playhouse is located in Hampton, NJ and is only a little more than one hour away from Hasbrouck Heights. Along with a choice of five hot entrees, unlimited homemade desserts and excellent service, seniors had the opportunity to see quality professional live theatre.

The play presented was entitled "Busybody." It was a murder mystery centered on an office cleaner who finds the managing director dead in his office with a knife in his back. The detective who arrives to deal with the murder turns out to be a man she had known in her youth. For two hours the play presented nothing but laughs and good wholesome entertainment. *Photo and story by Marie and Peter Gallo Jr.* ###



All who attended the Central Bergen Chapter of AARP meeting on May 9, 2014 were treated to an outstanding presentation about the Palisades. The program was presented by author, photographer and lecturer Kevin Woyce.

He presented a historical slide show starting with the fact that in 1524, explorer Giovanni da Verrazano described the cliffs along the west bank of the Hudson River as "a fence of stakes," or "Palisades." From there Woyce presented a colorful tour of one of New Jersey's most impressive landmarks, from its formation and discovery to the American Revolution, major trails, from abandoned riverfront beaches and ferry landings to a vanished cliff top world of mansions and grand hotels. He also included in his presentation a look at Fort Lee, when it was the home of the silent movie industry, and also a brief history of Palisades Amusement Park.

Author Kevin Woyce's programs are lectures accompanied by digital slide shows



including both original photography and historic images. All focus on the regional history of New Jersey and New York.

Aside from his book on The Palisades he has written books and lectured on "The Statue of Liberty," "The History of the Jersey Shore," "New Jersey State Parks," "The Great Falls at Paterson", "Lighthouses of the Jersey Shore," "Hudson River Lighthouse and History" and his recent book "Niagara." *Photo and story by Marie and Peter Gallo Jr. ###*





Carlstadt Seniors' Prom

On April 24, 2014, at about 5 p.m., Carlstadt Senior Citizens enjoyed an annual Prom event hosted by the Carlstadt Public School teachers and aides in the cafeteria. There was abundant food and DJ music. ###



Seniors Hear About the Garden of the Garden State

Ms. Maja Britton, coordinator of publicity volunteers at the New Jersey Botanical Gardens at Skylands in Ringwood, presented an outstanding program for the members of the Leisure Club. She held the attention of every member at the May 14, 2014 meeting.

During her visual presentation, Ms. Britton reviewed the history of the 96 acres surrounding the manor which has been designated as the New Jersey State Botanical Garden (NJBG). She described elegantly landscaped grounds, the historic buildings, the welldesigned formal gardens and the vast collection of unusual



beauty but a place where something is going on throughout the year; whether it's garden tours, summer concerts, craft fairs, family hikes, Audibon walks, a harvest festival, programs, workshops and Skylands Manor Tours.

Ms. Britton concluded her program with the fact that volunteers play a large part in making the NJBG a special place to visit. She encouraged people of all ages to consider becoming a volunteer at the NJBG. *Photo and Story by Marie and Peter Gallo Jr. ###*

plant species from around the world.

Ms. Britton described the Gardens as not only a place of

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Lodi Senior News

The Lodi Senior Center is open every Thursday to anyone 55 or older who lives in Bergen County. Refreshments are served in the afternoon.

Scheduled activities: June 16-19 - trip to Rocking Horse Resort in New York, July 8 - Kentucky Fried Chicken

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luncheon at the Club, August 14 - Mohegan Sun Casino, October 15 - Platzl Brauhaus, Pomona, NY Oktoberfest and December 12 - Christmas Party at the Venetian.

For more information about the Club, call 973-472-6994 on Thursdays when the Club is open. For transportation call-Rebecca at 973-367-4068. ###

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Rocking Horse Ranch Trip

The Little Ferry Seniors are sponsoring a trip to Rocking Horse Ranch in Highland, New York from Monday, June 16 - Friday, June 20, 2014.

There are many day and evening activities at the ranch as well as deluxe accommdations and 3 delicious meals a day.

Round trip transportation is from the Little Ferry Senior Center and is also included. For information and reservations please contact Colette Caminiti at 201-641-4973. ###

Little Ferry AC Trip

Little Ferry Seniors are having a bus trip to Resorts Casino in Atlantic City on Wednesday, June 25, 2014, from 8 a.m. - 7 p.m.

Cost is \$25 and you will receive \$25 in slot play. Call 201-440-4815 for details and registration. ###

Call/write for details: 201- 288-0004 mecourtney@gatewaytohomes.com



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June 2014 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, June 2, 9, 16, 23, 30 10:00 a.m. to 3:00 p.m. Games, cards & coffee 11:00 a.m. Mahjong 10 a.m. to 3 p.m. Senior Lounge open to all **Tuesday**, June 3 (*Election primary -- Activities to* take place in the basement Community Room) 10:00 a.m. Line Dancing \$1.00 2:00 p.m. Adv. Chair Yoga \$1.00 Tuesday, June 10, 17, 24 10:00 a.m. Line Dancing \$1.00 2:00 p.m. Adv. Chair Yoga \$1.00 6:00 p.m. Card Game Night Wednesday, June 11, 18, 25 10:00 a.m. Games, cards & coffee 10:00 a.m. Mahjong 2:00 p.m. Senior Aerobics \$1.00 10 a.m. to 2 p.m. Senior Lounge open to all **Thursday**, June 5, 12, 19, 26 10:00 a.m. Games, cards & coffee 11:00 a.m. Mahjong 2:00 p.m. Senior Yoga with John \$1.00 10 a.m. to 2 p.m. Senior Lounge open to all Friday, June 6, 20 1 p.m. to 3 p.m. Games, cards & coffee 12 p.m. Zumba Gold \$1.00 Friday, June 13, 27 10:00 a.m. Fun Bingo 12 p.m. Zumba Gold \$1.00 1 p.m. to 3 p.m. Games, cards & coffee Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday June 4

10:00 a.m. Executive Board meeting

UPCOMING EVENTS

Leisure Club Luncheon Wednesday, June 11

There will be no meeting in June; instead there will be a luncheon at the Fiesta. Cost is \$35 pp for a complete meal with wine and soda at each table. The installation of officers will take place at that time. Entertainment will be Johnny B and Barb. Call Marilyn at 201-288-4762 for details.

Wednesday, September 10Next meeting of the Leisure Club.Have a great summer vacation.Woodloch Pines, PAWednesday, October 15









PLUS additional aircraft are expected





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Woodloch Pines is located in the Pocono Mountains' Lake Region on the banks of Lake Teedyuskung. The trip includes transportation, refreshments upon arrival, activities, Bingo, entertainment, a great lunch and all gratuities. Cost is \$60 pp. Call Kathy at 201-288-6651.

NOTICE: Hasbrouck Heights Borough Offices will be observing summer hours -- 8:00 a.m. to 3:30 p.m. -from May 27 thru August 29 Regular hours of 9 a.m. to 4:30 p.m. will go

into effect on Tuesday, September 2, 2014.



Filling You In By Jeffrey E. Mason, D.M.D.

Toothaches

While decay often is cited as the primary cause of a toothache, it's important for you to have a complete oral examination to determine the cause.

Other dental causes of a toothache include: infection, gum disease, grinding teeth (bruxism), tooth trauma and an abnormal bite. Tooth eruption may be the cause of tooth or jaw pain in babies and schoolage children.

TMJ, sinus or ear infections and tension in the facial muscles can cause discomfort that resembles a toothache, but often these health problems are accompanied by a headache.

Pain around the teeth and the jaws can be symptoms of heart disease such as angina. If your dentist suspects a medical illness could be the cause of your toothache, he or she may refer you to a physician.

Why does my tooth ache?

You may have a dental cavity or advanced gum disease. The first sign of decay may be the pain you feel when you eat something sweet, very cold or very hot. If the pulp (the inside of the tooth that has tissue and nerves) has become irritated, this can cause pain in your tooth.

What are the symptoms of a toothache?

Because the symptoms of a toothache may resemble other medical conditions or dental problems, it can be difficult to diagnose the cause without a complete evaluation by your dentist.

If you notice pus near the source of the pain, your tooth may have become abscessed, causing the surrounding bone to become infected. Or the pus could indicate gum disease, which usually is characterized by inflammation of the soft tis-

area

Pain when you biteA foul-tasting discharge

How do I alleviate the pain if I cannot see my dentist right away?

Anyone with a toothache should see a dentist at once for diagnosis and treatment because, if left untreated, your condition can worsen. However, if you are unable to schedule an emergency appointment, a self-care treatment can temporarily alleviate pain and inflammation from a toothache:

• Rinse with warm salt water.

• Gently floss teeth to dislodge any food particles trapped between teeth.

• Take an over-the-counter pain reliever such as aspirin, ibuprofen or acetaminophen to relieve pain. If your child has a toothache, use acetaminophen.

• Never put aspirin or any other painkiller against the gums near the aching tooth, as it may burn the gum tissue.

• Apply an over-the-counter antiseptic containing benzocaine directly to the irritated tooth and gum to temporarily relieve pain

• If there has been some trauma to the tooth, a cold compress may be applied on the outside cheek to relieve pain or swelling.

If your tooth has been knocked out, forced out of position, loosened or fractured, visit the dentist's office or a hospital emergency room immediately.

How can my dentist help?

Your dentist will conduct a complete oral examination to determine the location and cause of the toothache, looking for signs of swelling, redness and obvious tooth damage.

He or she may also take X-rays looking for evidence

tooth has become infected, then treatment could require removal of the tooth or a root canal procedure, which involves removing the damaged nerve tissue from the middle of a tooth.

Is there a way to prevent a toothache?

The key to preventing toothaches is establishing a regular oral hygiene routine and sticking to it.

For example, failure to brush and floss regularly after meals can significantly increase your risk of developing cavities.

After you eat, bacteria in your mouth feed on sugar and starch and produce acid that can "eat" a hole (*or cavity*) in your tooth's enamel. If the cavity is not filled, it can cause considerable pain and potentially destroy the dentin, pulp and the tooth's nerve.

Here are a few tips to help reduce your risk for developing a toothache:

• Brush at least twice a day, preferably after every meal and snack.

• Floss once a day to prevent gum disease.

• Visit your dentist twice a year for oral examinations and a professional cleaning.

Source: Academy of General Dentistry. Reviewed: January 2012

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

HH Lions Sponsor Fireworks Program June 30, 2014

The Lions Club 30th Annual Fireworks are tentatively scheduled for June 30, 2014, at Depken Field (*Route 17 & Franklin Avenue*). The rain date is July 1 and extended rain date is July 2. Admission is \$5 for adults and \$3 for children. Under 5 free.









sue and abnormal loss of bone surrounding the teeth.

Contact your dentist immediately if you have any of the following symptoms:

• Fever

• Difficulty breathing or swallowing

25¢ Hearing Aid Batteries

• Swelling around the tooth

of tooth decay between teeth, a cracked or impacted tooth or a disorder of the underlying bone.

Your dentist also may prescribe pain medication or antibiotics to speed the healing of your toothache. If, by the time you see your dentist, your Only blankets will be allowed on the field (no chairs). Water will be allowed, but no food. ###

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Rosary Society of Corpus Christi

The final General Meeting of the Rosary Society before summer break is Thursday, June 5, 2014, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel. The Installation Ceremony for next year's officers will take place at Mass.

On the June agenda is our Strawberry Festival and Annual Baby Shower for the benefit of Birthright. There is a particular need for diapers (all sizes) and clothes for boys (*infant thru 4T*). Gift items are to be new and unwrapped. Gift cards for Shop Rite, K-Mart or monetary donations are also appreciated. We invite the parish community to participate in this project. For further information or pick-up of gift items, please call Irene at 201-288-2787.

We encourage the women of the parish to join the Rosary Society in prayer and service. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan at 201-288-7415 for further information.

The officers and members of the Rosary Society wish to express their gratitude to the parish community for your generous support of all our activities. Enjoy the summer! Story by Carol Viceconte. ###



Joseph Blythe Receives the Russ Berrie Award for Making a Difference

Unsung heroes from throughout New Jersey were honored at the 18th Russ Berrie Award for Making a Difference ceremony at Ramapo College on April 30, 2014.

Joe Blythe of Hasbrouck Heights was one of eleven finalists and was honored for his work in founding the nonprofit, Meals with a Mission, located in Garfield, NJ.

The award presentation highlighted the impact that Meals with a Mission has had on the lives thousands in need. Since its beginning in December 2010, over 120,000 meals have been distributed to area pantries and shelters.

Joe had a vision and his vision became a reality. Recognizing the plight of the hungry at our doorstep, he was personally moved to take action. Under his leadership, the Meals with a Mission grew from cooking one night a week in the Corpus Christi School cafeteria in Hasbrouck Heights to the opening its own full-time kitchen in Garfield.

The transition to a new facility was a major undertaking, but the focus was always on the number of homeless and working class poor in the area who would be fed.

Joe leased space in Garfield and took on the renovation project. His financial support and commitment of time and labor were immeasurable, as was that of many other generous supporters.

Most of the kitchen equipment was donated, and the building supplies and labor were either donated or deeply discounted. The response to his call for help was overwhelming, and in April of 2013 the new kitchen was up and running.

Meals with a Mission is completely volunteer staffed with over 120 dedicated people. Joe will be the first to tell you that the organization's amazing growth would not have been possible without the volunteers and many generous donors.

This is an indisputable fact, but Joe is the driving force. His commitment and "can do" attitude are what makes it work. Meals with a Mission has made a difference to the thousands who come from all walks of life to the shelters and pantries they serve.

Visit the website at www. mealswithamissionnj.org for further information. To become a volunteer call 201-986-MEAL (6325) or email info@ mealswithamissionnj.org Story by Carol Viceconte. ###

A Remembrance Service For Pastor George W. Yoder June 15

You are invited to remember and give thanks for former Holy Trinity pastor, the Reverend George W. Yoder (January 10, 1944 - May 2, 2013), who died last year after courageously living with pancreatic cancer for several years.

Pastor Yoder served as Holy Trinity's pastor for eight years -- from December 2001 through June 2009 -- when he retired to Lancaster, Pennsylvania, with his wife, Nan. During his final year as pastor of Holy Trinity, he served as Pastor Susan Nelson Colaneri's internship supervisor.

Throughout his career, Pastor Yoder focused on worship, music, Christian education, evangelism, youth ministry and the adult catechumenate. In particular, he loved working with people of all ages as a creative teacher.

Also an avid writer, he wrote 'Where in the World?' (Augsburg Fortress 1992), sermons, plays for worship, newsletters, and prayers. He combined art, music, and community engagement while being active in local and global communities. With Project Via Crucis, Pastor Yoder fostered a sister parish relationship between Iglesia Luterana Divino Redentor of San Miguel, El Salvador, and First Lutheran Church of Carlisle, Pennsylvania.

coffee & tea included BAZZARELLI 117 Moonachie Road, Moonachie 201-641-4010 www.bazzarellirestaurant.com

Knights Annual Father's Day Breakfast

The St. Anthony Council #11585, Knights of Columbus in Wood-Ridge has scheduled its Annual Father's Day Communion Breakfast for Sunday, June 15, 2014.

Members of the Knights and their families will attend the 9:30 a.m. Mass at the Assumption Church. The breakfast will take place following the Mass at the Fiesta in Wood-Ridge at 10:45 a.m.

Tickets are \$18 per adult and \$16 for children 9 and under. For tickets contact a member of the Wood-Ridge Knights of Columbus. PG ###

Pastor Yoder enjoyed rich relationships with family and friends. He loved to dance at weddings, good food and singing. He enjoyed hiking, swimming, napping at the beach and his beloved schnauzers. His last sermon was entitled, "God loves you."

The service will be held on Sunday June 15, beginning at 10:30 a.m., at Holy Trinity Lutheran Church, 92 Burton Avenue in Hasbrouck Heights. All are welcome. ###

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Artful Thinking

By Artie Maglionico • Lodi Historian

Its June already do you believe it folks?

The end of the school year and the beginning of the long awaited...especially if you're of school age...summer vacation. I'm not sure what summer means to the kids of today since their interests differ considerably from the days of my own youth. We have one thing in common, however, when that school bell rings for the last time, there is no looking back. A poem from my book of children's poetry says it better.

School Days are over By Artie Maglionico

School days are over Vacation is here No home work to do Or math tests to fear. I'll play and have fun From morning till night I'll stay up past nine Cause I know it's alright. My folks will not scold me If I sleep until noon. I can float out of bed Like a lazy balloon. Yes life will be easy As I sip lemonade. Just me and my friends In the afternoon shade. Now don't get me wrong I don't mind school at all As long as I know School is over till fall! Fini

For me and the kids from Westervelt Place, Johnny Rannou, Louis and Rocco Albano, Kenny Grecco, Alan Luciola, Bruce Locastro, my cousins Johnny and Anthony Maglionico, The Davis brothers, George,



Bob and Raymond and late arrivals the Scarpone brothers, Jim and Tom, and even later still the Yosifon brothers, Jack and Mike, summer vacation meant choosing sides for all of those rough and tumble street games.

As most of you "baby boomers" remember those street games required little or no equipment.

Take box ball, for example...other than a rubber ball nothing else was needed. We used chalk to draw the bases on the black top and if no chalk was available we'd use one of the sand stones that had washed down from the Farnham Avenue hill during the last thunder storm.

The ball of choice, if you could afford it, was the top of the line, high bouncing Spalding. Rocco's dad, Lou, sold them in the family's corner store for a whopping twenty five cents. Pretty hefty for a street urchin who, as the saying goes, didn't have two nickels to rub together.

Lou kept them in a metal display rack seven feet over the meat grinder. Lou once told us that if anyone wanted to steal one of those coveted Spaldings, he'd have to ask him for the ladder.

Lou was a marvelous guy in his soiled white apron that covered a slightly protruding stomach, a pencil on his ear, and a camel cigarette forever burning in the ash tray next to the cash register.

His wife, Josephine was a hard working, no nonsense type of woman who ran the household which at the time included no less than five children and counting.

We'd spend many an afternoon, especially in winter when the weather kept us indoors, listening to Lou's stories about WWII and of those remarkable

When we went out into the open field to play "Army" we knew that there was more to war than what any of us had seen in the movies. We were happier playing box ball.

Oh yea...box ball... All that a kid had to do was to show up with a ball and the rest took care of itself.

Without so much as a word or direction, bases were being drawn and sides were being chosen by the bigger kids like my cousin Johnny or Rocco's older brother Louis. "Waddia got odd or even?" The two of them would stand face to face and begin the ritual.

"Once, twice, three shoot!" one of them would shout. The winner chose first. That was as close as it ever came to being organized and the rest was pure fun.

The rules of the game were subject to change depending on whose side you were on and what the score was.

If you happened to be on my cousin Johnny's side, then it was a safe bet that you weren't going to suffer the "agony of defeat" not if he had anything to say about it which he often did.

With my cousin Johnny Mags...who I admire to till this day...there was no such thing as a close call. You were either out by a mile or safe by a mile.

Not even a student of the game like Johnny Rannou, who was the only kid on the block who played Little League baseball and who even wore a baseball cap on Sunday, was immune to those controversial calls.

Every so often during the course of Summer Johnny and Anthony's cousin Buddy Daleo, on their mother's side, took part in the game.

When Johnny and Buddy, who were the same age, chose sides and took the field the gods of fair play had to cover their eyes in disbelief.

They made the Black Sox scandal of the 1919 World Series look like a Khaki Scout marshmallow roast. When it came to rule bending Buddy and Johnny Mags were evenly matched. They were the kings of the "do over" and shared equally in the distribution of outrageous calls. But you know something folks, by the end of the day we knew in our innocent little hearts that we loved every shady minute of it. I can still hear the echoes of Johnny Mags and Buddy Daleo though it's been a lifetime since last they met on the sacred ground that is Westervelt Place. Note: I'm looking for a photo of the Columbus School graduating class of 1935. Please contact me at the Lodi Memorial Library...thank you. Artie. ###

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men and women who served in both Theaters.

He spoke of Hitler and of the Nazi war machine that threatened our well being. He told us about war ravaged places like Omaha Beach, Pearl Harbor and death marches through malaria plagued jungles.

Lou told us about war planes, Army tanks, hedge rows and the brave soldiers who gave their all to preserve the life we knew best...the American way of life!

As twelve year olds the kids from Westervelt Place, we learned more about WWII and the sacrifices that were made from our friend Lou than we did in the classroom.



Jimmy Doolittle Salute to an American **Aviation Hero** and Pioneer

Part 1 **The Early Years**

Through the 20th Century the United States continuously produced a significant number of aviators, persons who were either aviation pioneers, or heroes/heroines, or both.

Immediately coming to mind would be Orville and Wilbur Wright. With all the years of research, study and experimentation they did, their reward came on December 17, 1903, when their Wright Flyer made the first heavier-than-air, fixed-wing aircraft flight staying aloft for 12 seconds and traveling a distance of 120 feet.

But they didn't stop there. Their second flight lasted 12 seconds traveling 175 feet. Their third flight lasted 15 seconds going 200 feet, and their fourth and final flight that day stayed up 59 seconds traveling 852 feet, or, 284 yards, almost three football fields in length. Thus, aviation, and man's ability to fly successfully, was born.

Many others soon followed in their footsteps. Aviation pioneers included Glen Curtiss, Glen Martin, Jack Northrup, William Boeing, Leroy Grumman, Malcolm and Allan Loughead, a.k.a., Lockheed, Charles Lindbergh and Amelia Earhart, just to name a few.

However, there is one other pioneer and hero that you may not have thought about -- James H. Doolittle, Jimmy Doolittle for short. Here is his story.

Jimmy Doolittle was born on December 14, 1896 in Alameda, CA. His father was Frank Doolittle and his mother was Rose Shephard. His parents were married in 1890. Jimmy was an only child. Jimmy's father was a skilled carpenter making \$0.25 per hour in California. Because of the gold rush in Nome, Alaska, there was an opportunity to work for \$1 per hour. Jimmy's father, being adventurous, went to work for AKA Commercial Co., a supplier of tools and mining equipment for prospectors. The family lived in Alaska for 14 years until the gold rush in Nome came to an end in 1910. The Doolittle Family then returned to California and settled in Los Angeles. Jimmy graduated from L.A. Manual Arts H.S. in 1914 and enrolled in L.A. Community College. Completing the 2 year

program, he enrolled in the University of California, Berkley, where he studied mining engineering.

In September, 1917, after the U.S. entered WWI, Doolittle took a leave of absence from college and joined the U.S. Army Signal Corps Reserve as a flying cadet.

On March 11, 1918, he completed flight training and was commissioned as a 2nd Lieutenant. During WWI he remained in the U.S. as a flight leader and gunnery instructor.

World War I ended in November, 1918 and Jimmy decided that he wanted to stay in the Army Air Corps and continue flying.

He transferred over to the regular Army by taking a series of exams. The date was July 1, 1920. He attended several schools including the Air Service Mechanical School at Kelly Field, and the Aeronautical Engineering course at McCook Field in Ohio. All during the 1920's Doolittle achieved continued successes and developed into a superb aviator. Here is a listing of his successes.

• In May, 1921 he transfered to Langley Field as an instructor in connection with an experiment to bomb naval vessels from aircraft.

He was directly involved in the training of General Billy Mitchell's crews and their successful bombing and sinking of the former German Battleship, Ostfriesland, on July 21, 1921.

• In September, 1922, Doolittle got permission to take a DH-4 loaded with gas tanks. He took off from Jacksonville, FL and landed in San Antonio, TX after 10 hours and 5 minutes flying time. He refueled the aircraft and reached San Diego, CA, a total time of 22 hours, 10 minutes including the stop in San Antonio. This flight represented a major step forward for aviation and U.S. Military logistics by demonstrating the ability to cross the country in less than 24 hours. For this achievement, he was awarded the Distinguished Flying Cross (DFC). Putting it into perspective, it comes just 19 years after Orville and Wilbur Wright's first flight that traveled 120 ft. • In October, 1922, he was assigned to the Army Air Research & Development Center at McCook Field where he served as a test pilot while he attended another Service Engineering School. • In 1922, because of his achievements in aviation and Military Service, he was awarded his BA degree from

the University of California.

The U.S. Army decided to send (6) six of its best pilots who had a special talent and interest in engineering, to the Massachusetts Institute of Technology (MIT) for advanced studies in aeronautical engineering.

In July, 1923, he entered MIT and coupled his course work studies with his hands-on experience as a test pilot.

In the spring of 1924, various new aircraft needed to be tested. Dangerous work at best.

Specifically, Jimmy tested these aircraft to see if their wings held up to the various stress tests. In a final test he pulled 8 g's (8 times the force of gravity) in aircraft acceleration tests. He studied the problem of pilots blacking out and loss of consciousness, during high G force.

He documented his studies and findings, and was awarded one of the first MS degrees in aeronautical engineering by MIT.

He continued his studies and was awarded a Doctor of Science degree in 1925. For these studies, he also received his second Distinguished Flying Cross (DFC).

• In 1925, he was assigned to NAS Anacostia, in Washington, D.C., where he learned to fly seaplanes. He then won the Schneider Trophy, establishing a new world speed record for seaplanes at 232 mph.

• In 1926, he toured South America to demonstrate the Curtiss-Wright P-1 Hawk as part of a sales effort. To demonstrate the plane's capabilities, he flew over the Andes Mountains at 20,000 ft. in a single engine plane, another first.

• By 1927, pilots performing inside loops had become routine. However, an outside loop, where the pressure forces blood to the head and pushes the body out of the seat, is an entirely different matter.

Can the brain withstand this kind of pressure? In measured steps, Doolittle simulated the pressures. He examined the aircraft and analyzed his own reactions.

ing the problems of flying at night, in fog, rain, or snow, all situations connected with low visibility conditions.

The problem of all-weather flying must be solved for aviation to progress. Doolittle directed the development of new flight instruments.

First, he had the altimeter redesigned to calibrate accuracy to within 5 ft. of the ground when landing. Previously, it was calibrated to 50 ft.

He then developed the artificial horizon, the directional gyroscope, and other essential instruments needed for blind flying with the Sperry Gyroscope Co. of Long Island.

On September 24, 1929, Doolittle made the first all instrument flight.

With the cockpit completely covered, he took off and reached an altitude of 1,000 ft., made a 180 degree left turn, flew for several miles then made another 180 degree turn, descended and made a safe landing after flying for 15 minutes.

With this one pioneering breakthrough he changed the nature and future of aviation.

The New York Times called it "the greatest single advance ever recorded in flight safety." It started the change for pilots to fly by instruments instead of "by the seat of their pants."

In December, 1929, Lt. Doolittle left active duty in the U.S. Army Air Force due to the illnesses of both his mother and mother-in-law in order to make the money for their care.

He went to work for the Shell Oil Co. and was put in charge of their Aviation Department. He tripled his salary to \$600 per month and was given a Lockheed Vega for his personal use.

During this time Doolittle competed in air races to publicize Shell's aviation fuels and related products. He also spearheaded the development of the 100 octane fuel, needed to power the aircraft engines of the future.

In 1931, Doolittle won the Bendix Trophy by flying from Burbank, CA, to Cleveland, Ohio in 9 hours, 10 minutes.

After refueling, he flew to Newark, NJ, for a total of 11 hours 11 minutes coast to coast.

He is the first pilot to cross the country in less than 12 hours. In 1932, as a promotion for the use of Shell's 100 octane gas, he flew 2,600 miles in one day, delivering mail and holding to a delivery schedule. In 1938, the U.S. Army Air Corps ordered that 100 octane became the new standard.

Next month: Part 2: WWII

Roger Castiglione is an aviation historian and trustee at the Aviation Hall of Fame and Museum of NJ, located at Teterboro Airport. 201-288-6344; www.njahof.org ###



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On May 25, 1927, Doolittle performed the first outside loop in history. He did this just 4 days after Lindbergh crossed the Atlantic, non-stop. His reputation established, he became known as the "Master of the Calculated Risk."

• In 1928, another sales demo trip to South America found Doolittle flying over Brazil's uncharted Mato Grasso jungle. It took over 7 hours to complete.

• In September 1928, Doolittle was assigned to head the entire Flight Laboratory at Mitchell Field, Long Island, NY.

Doolittle worked on solv-

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Veterans Today

By Thomas Marshall

• Senior Citizens can sometimes need help in their daily lives. It's part of life. Unfortunately this can be costly. There are many stories of older folks losing all they worked for to pay for this care.

Fortunately for aging Veterans, the Veterans Administration has a program to help cover the cost.

It's called Aid and Attendance and Housebound Improved Pension Benefit.

Apparently as of 2011, there were 1.7 million World War II Veterans alive and only 38,000 applied for this little known benefit. If you know one and need to know where to get info, go to http://veteranaid. org/ to get more info.

• There was an article in the Bogota Local paper saying that the VFW Post 5561 in Bogota was going to close. This is not correct.

Post 5561 is alive and well and they have no intentions of

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201-288-9044 Family owned and operated Robert C. H. Weiner, President Serving the community for over 50 years closing. The paper took statements out of context.

They need members just like all the Veterans Organizations do but they are not closed and will not close.

I spoke to the Commander of the Post, Alex Hernandez. He also is currently the District 2 Commander. Also, if you wish to have a family function and need a room that fits over 200 people, call Post 5561 at 201-343-9693. They can take large parties. Tell Alex I said Hi.

"Retreat? Hell we just got here."

Springtime in France 1918 was a pivotal time in World War I. Russia surrendered and was out of the War.

When this happened, the German High Command moved 50 Divisions from the Eastern Front to the Western Front. With these additional troops the German High Command saw the opportunity of a large scale offensive.

Attack the Western Front, destroy the French and British troops defending the line and end the War before the newly arrived American Expeditionary Force can deploy along the Front.

In May 1918 German General Erich Ludendorff ordered the Germany Army forward.

The German advance smashed into the French lines at the third battle of Aisne and the Germans reached the northern bank of the Marne River, about 60 miles north of Paris.

Ludendorff knew in order

for any possibility of success, he needed to get the German Army over the Marne River.

He ordered the Army to push through to the town of Lucy and there cross the river. Things were going well for the Germans until the German advance turned right and moved into a wooded area known as Belleau Wood.

Here the U.S. 2nd Division, which also had a Brigade of U.S. Marines, was recently brought up from Paris and was stationed along the front lines.

On June 1, 1918, the Germans attacked the French line to the left of the American position and forced the French to retreat.

The American 23rd Infantry Regiment with the 5th Marine and a machine gun Battalion rushed to fill the gap.

The French told the Marines to pull back. Marine Captain Lloyd W. Williams responded by saying "Retreat? Hell we just got here."

Army General James Harbord ordered the Americans to stand where they were. The Marines dug shallow fox holes to be able to shoot in the prone position or laying down to put it another way. Using this style of shooting the Marines and soldiers held off wave after wave of attacking Germans.

The Germans then dug in and waited for reinforcements and orders.

On June 4, 1918, the Germans attacked again. The Marines and soldiers were hard pressed but were able to force the attacks back.

A French Division arrived and with these troops the Marines and soldiers were able to consolidate their position.

Now, you must have heard that the best defense is a good offense. So the Americans went on the offense.

On June 6, 1918, the Americans and French attacked the German lines. The French moved forward and the Marines were sent to capture a hill numbered 142. This hill in American hands would prevent the Germans from shooting at the flank of the French Division. chine guns killed and wounded many of the Marines.

The Marines with all the loss of life still made gains on the German position. The Germans counter attacked.

Here, Gunnery Sergeant Ernest Janson fought hand-tohand with the Germans. He killed two with his bayonet before the rest of them ran off.

For this action he would become the first Marine in World War I to receive the Congressional Medal of Honor.

The rest of the Marine Battalion came to their aid and by the afternoon of June 6th, the hill was under U.S. control. Around 325 men were killed or wounded taking the hill.

By late afternoon the Marines of the 3rd Battalion moved across the wheat field to push the Germans out of the Belleau Wood.

Here Gunnery Sergeant Dan Daly, who received the Congressional Medal of Honor twice before World War I, once during the Boxers Rebellion and again in Haiti, noticed that his men needed inspiration.

He yelled out to his men the immortal words carved into the Marine Corps Museum at Quantico, Virginia, "Come on you "Sons-of-Bitches," do you want to live forever?"

The Marines surged forward and stormed through the wheat field in the face of machine gun and artillery fire. The dead and wounded fell all around. The survivors that made it to the Belleau Wood fought the Germans hand-tohand.

Barbed wire and sharpshooters aided the Germans in slowing down the Marines' progress. By the time the Marines halted and set up a defensive line over 1,000 men were killed and wounded.

This was the highest casualty rate for the Marines on a single day until the battle of Tarawa in 1943.

By June 8 the Americans had attacked and the Germans counter attacked. Neither side could gain an advantage.

So the American artillery

well as Germans. On June 10th the Marines tried again to push them out of the woods.

The first Battalion, 6th Marines moved north into the woods. This attack was halted by German machine guns and mustard gas.

On June 11 the 2nd Battalion, 5th Marines was ordered to attack the woods from the west. The Germans used all the fire power they had. Machine guns killed many of the Marines.

The losses were so high during the attack because they went in the wrong direction. They mistakenly moved across the woods instead of north east as planned. Although it cost the Marines in casualties they were still able to break through the German line.

Fighting in the woods proved difficult. Nothing went perfect in this battle. It would come down to the basics in warfare to win it, a Marine and his bayonet.

The Belleau Wood would not be cleared of Germans until June 26. Marines of the 3rd Battalion, 5th Marines made the final assault to push them out. Over 9,700 Americans were wounded taking the woods. 1,800 would give their lives.

The battle of Belleau Wood is legendary for the Marine Corps. Two U.S. Navy ships have carried the name in honor of the Marine Corps bravery displayed during the battle. It was stated that the Germans said the Marines fought like "Devil Dogs."

Apparently, historians disagree with this because the Germans had no word in their language for Devil Dog, but somehow it was attached to the Marines because of the fight of Belleau Wood.

Either way, what we do know is that the Marines fought with an unbelievable amount of bravery as they always do. They fought off 5 German Divisions.

For this, the French renamed the wood known as Belleau Wood. It is forever known now as the "Bois de la Brigade de Marine" or "Wood of the Marine Brigade." ###



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Fix bayonets

The 1st Battalion, 5th Marines were ordered to fix bayonets and attack. They had to cross an open wheat field to capture hill 142.

As they moved across the wheat field, the German ma-

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Up to 150 Guests Catering • DJ • Dance Floor Plenty of On-Site Parking Facilities are also available for Meetings • Events • Repasts Sweet 16 • Weddings • Parties VFW Post 809 • 201-641-9759 Main Street, Little Ferry bombarded the Belleau Wood, de Marine" or "Wood of the destroying many of the trees as Marine Brigade." ###

Remembering "Buddies" Who Never Came Back

Hasbrouck Heights VFW Post 4591 and Wood-Ridge Memorial Post 3616 continued the tradition with their annual Poppy Drive during May.

For Veterans in VA hospitals, domiciliaries and in state Veterans' homes, who assemble them -- every day is "Buddy Poppy Day." VFW pays the disabled, needy or aging Veteran for the work. Poppy assembly is often used as a therapy program to provide exercise for fingers and hands.

All the money contributed by the public for Buddy Poppies is used in the cause of Veterans' welfare, or for the well being of their needy dependents and the orphans of Veterans.

About 14 million Buddy Poppies are distributed annually. The memorial poppy is never sold, but given in exchange for a contribution. ###

Little Ferry VFW Post 809

The Petersilge-Velock VFW Post 809 and its Ladies' Auxiliary presented "A Tribute to Loyalty Day" on May 4, 2014.

Colors were posted and Terese McElroy provided an opening prayer. Past Post Commander Tom Marshall led the Pledge of Allegiance. MC for this program was Irma Lo Presti, Auxiliary President.

The Post sponsored a coloring contest. First, 2nd and 3rd Place Certificate Awards and large American Flags were given to each Pre-K through 2nd Grade winners.

The theme of the Patriot's Pen Essay Contest was "What Patriotism Means to Me."

First Place winner, Crystal Mudry, Second Place was Rida Shah and 3rd Place was Avin P.

Thomas.

The Voice of Democracy Essay Contest theme was, "Why I'm Optimistic About Our Nation's Future?" First Place winner Richard H. Ruiz, from Bergen Catholic High School, read his essay.

The Principal Speaker was Freeholder Joan Voss. Guests were recognized. After a closing prayer by Terese McElroy, refreshments were served. ###















Wood-Ridge VFW Post 3616

About 150 attended the Loyalty Day services held at the Wood-Ridge Senior Center on April 30, 2014.

VFW Post 3616 Past Commander and Loyalty Day Chairman Burt Alkin led the ceremony, recognizing Chairwoman Terry Manzo of the Ladies' Auxiliary, Co-Chairman, Past Commander Skip Conroy, current Commander Joe Cecere and President of the Ladies' Auxiliary Jan West.

The Invocation was given by Chaplain Stan Dobek. Post Commander Joe Cecere led the Pledge of Allegiance.

Burt Alkin gave welcoming remarks about Loyalty Day and made introductions. Senator/W-R Mayor Paul Sarlo.

The "Voice of Democracy" winners from WRHS were announced as follows: Wen-Chiao O'Boyle -- First Place, Daniel Bouliga -- Second Place, and Trixie Salvador -- Third Place. Each then read their essays.

VFW Post 3616 presentations were made by Skip Conroy and Burt Alkin to:

• Outstanding Law Enforcment Award to W-R Police Officer Sergeant David Gotha

• Outstanding Firefighter/ EMT Award: Captain Elizabeth Ferry

Longevity presentations were made to VFW Post members. After the Benediction, the program concluded with





Ladies' Auxiliary President the singing of "God Bless Jan West made remarks. The America," followed by refreshguest speaker was NJ State ments. ###

About Loyalty Day

According to the Veterans of Foreign Wars, Loyalty Day originally began as "Americanization Day" in 1921 as a counter to the Communists' May 1 celebration of the Russian Revolution.

On May 1, 1930, 10,000 VFW members staged a rally at New York's Union Square to promote patriotism. Through a resolution adopted in 1949, May 1 evolved into Loyalty Day. Observances began in 1950 on April 28 and climaxed May 1 when more than five million people across the nation held rallies. In New York City, more than 100,000 people rallied for America.

In 1958, Congress enacted Public Law 529 proclaiming Loyalty Day a permanent fixture on the nation's calendar. Following the passage of this law, President Dwight D. Eisenhower proclaimed May 1, 1959 the first official observance of Loyalty Day.

Although a legal holiday, it is not a federal holiday, and is not commonly observed. Many people in the United States remain unaware of it. ###













Fatal House Fire

On Easter Sunday, April 20, 2014, at about 9:18 a.m., Carlstadt Fire Department responded to a working house fire at a bungalow-style home on Carlyle Avenue.

Police officers and neighbors attempted to enter the locked front door to rescue the resident, a 76-year-old widow, but the smoke was too heavy, and heat too intense.

Firefighters battled the ferocious blaze contained to the front of the home. The flames were extinguished in 30 to 45 minutes by firefighters from Carlstadt, East Rutherford, Wood-Ridge, Wallington and Moonachie.

Firefighters spent an hour checking the house for hot spots.

The fire is under investigation. It apparently began in the kitchen at the front of the home where the damage was the heaviest. It may have been caused by an extension cord used for a toaster oven. *Photos by Dennis Kronyak Sr.* ###



Fire Destroys Carlstadt Post Office

An early morning blaze on reported that some work was building when the fire broke





April 24, 2014 destroyed the building housing the Carlstadt Post Office on the first floor, and an electrical supply store on the second floor.

When firefighters arrived at about 1:30 a.m., the building was on the verge of collapse. An external attack was made with ladder trucks and streams.

Over 60 firefighters from Carlstadt, Wood-Ridge, Hasbrouck Heights, Little Ferry, Wallington, East Rutherford, Rutherford, Passaic, Moonachie and Hackensack fought the fire. It took about three hours to get the blaze under control at about 4 a.m. Wind gusts fed the fire.

The fire started on the roof, which collapsed. It was

being done to the building's roof, but it's unclear if the work is related to the fire.

The company on the second floor sustained heavy fire damage. Water used to fight the fire, flooded the post office below.

A minimal amount of mail was in the post office at the time and was recovered. Previous deliveries were done, and the next day's mail had yet to arrive. Mail is being re-routed to East Rutherford. Mail delivery to Carlstadt will not be affected.

Officials deemed the entire structure unsafe. Employees were allowed back to retrieve some mail and anything salvageable. No one was in the

out. Two firefighters suffered minor injuries.

Congressman Bill Pascrell, Jr. asked Postmaster General Patrick Donahoe to keep the Carlstadt Post Office open following the destructive fire that gutted the facility. USPS recently announced in a letter to postal customers that they are studying the Carlstadt facility for "discontinuance" following the devastating blaze.

In 2011, the Carlstadt Post Office was named in honor of Staff Sergeant Frank T. Carvill and Lance Corporal Michael A. Schwarz, two fallen soldiers from Carlstadt that were killed in combat operations in Iraq. *Photos by Dennis Kronyak Sr. ###*







The WRFD responded to a two vehicle motor vehicle accident at the corner of Hackensack Street and Center Street. *Photo by Dennis Kronyak Sr.* ###





The Carlstadt Fire Department hosted a fish fry on Friday, April 18, 2014 at their fire headquarters. *Photos by Dennis Kronyak Sr.* ###

Yard Work Tips

The Hasbrouck Heights Fire Department EMS offers these safety tips for tackling fall clean up. • When lifting heavy bags of mulch, use a wheelbarrow when possible, and remember to lift with your legs, not with your back.





Marking Hasbrouck Heights Fire Hydrants

John Riordan's Eagle Scout Project of marking all Hasbrouck Heights fire hydrants was completed on May 3, 2014, with over 60 volunteers assisting.

A map detailing the 250 plus hydrant locations, helped

organize the deployment. After brief instructions on installation, volunteers were deployed. Refreshments followed at the firehouse.

Riordan developed the project and received approval by the Fire Department. He raised about \$4,000 to fund the project through donations and contributions. The money was handled through Troop 17.

He purchased the special stainless steel rods, colored orange/black/metal, from a company in Lodi. ###





• Be careful when pruning. Pruning from a ladder is especially dangerous.

• To avoid blisters when doing yard work, wear gloves.

• If you are doing a lot of raking, try an ergonomic rake, available at most hardware stores and garden centers. ###

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HHFD Holds Annual Inspection

With personnel in full dress uniform and equipment clean and polished, The Hasbrouck Heights Fire Department conducted its Annual Inspection, at 7:00 p.m., on Saturday, May 10, 2014.

The program began with Firefighter Thomas Rubino calling the Department to attention, the presentation of the Honor Guard, and the Pledge of Allegiance. Edith Avella sang "God Bless America." Deputy Fire Commissioner Russell A. Lipari gave the invocation, Mayor Rose Heck, Fire Commissioner David Gonzalez and Fire Chief Patrick Hayes made comments. Secretary Justin Watrel gave roll call. approximately 50 volunteer members, including EMS and Juniors.

The Hasbrouck Heights Fire Department has a Junior Squad for those between 16 and 18 years of age who offer on-scene support, but are not calls and 570 fire calls and other emergencies.

Its rolling stock includes two pumpers, 110 ft. ladder, heavy rescue truck, two ambulances and three chief vehicles. These assets are owned by the Borough of Hasbrouck

utual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak

Looking for interesting and exciting work? JOINTHE TEANS Join the action today.

Join your Fire Department!

You will be part of the "army of protection" of the South Bergen Fire Chiefs Mutual Aid Association which includes: Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, Wallington and Wood-Ridge Area Fire Chiefs inspected the Department's equipment *-- and they did a thorough job.*

Local officials and the public also inspected the equipment and met with the men and women who serve.

The Hasbrouck Heights Fire Department operates with

permitted to enter burning buildings.

Every firefighter must receive 25 weeks of basic firefighter training and every EMT receives 140 hours of basic training.

Many members continue extensive advanced training in the areas of search and rescue, vehicle operation, incident command, hazardous materials, first responder, mass decontamination, etc. The Department conducts training on a regular basis.

The Department is contracted to provide fire and ambulance service to the Borough of Teterboro, and has done so for over 60 years. In 2013, they responded to 1,200 ambulance Heights, but maintained by the volunteers.

The Department conducts only one fundraiser a year, with the proceeds providing training, supplies, etc.

The Department is a member of the South Bergen Fire Chiefs Mutual Aid Association, which helps to coordinate multi-departmental responses to large-scale incidents. Zone 2 includes Carlstadt, Little Ferry, Moonachie, Wallington and Wood-Ridge. These departments are also all volunteer.

The Department was established in 1896. Interested in joining? Call the Fire Chief at 201-288-0082. ### RealLiving

Gateway



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WOOD-RIDGE 4 BR, 3 Bath, Open Floor Plan 6 BR, 3.5 Bath, East Hill \$449,500





HACKENSACK Garden Style Condo \$124,900





WOOD-RIDGE 3 BR, 1.5 Bath, Dutch Colonial





WOOD-RIDGE 2 BR, 2 Bath, Condo \$239,000





ENGLEWOOD \$999.000





HASBROUCK HEIGHTS 3 BR, 2 Bath, Beautiful





WALLINGTON Large Property \$299,000





WOOD-RIDGE 3 BR, 1.5 Bath, Colonial \$429,000





HASBROUCK HEIGHTS \$458,000



WOOD-RIDGE

\$449,000

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2 Family, Nice Property

\$369,900



WOOD-RIDGE 3 BR, 3 Bath, Spacious 5 BR, 4 Bath, Movie Theater \$849,000





HASBROUCK HEIGHTS 3 BR, 1.5 Bath, Deep Lot



UNION CITY 2 BR, 2 Bath, Condo \$285,000





WOOD-RIDGE 4 BR, 2 Bath, Colonial \$449,000





CARLSTADT Fantastic Young Colonial \$399,000





Rob Faussett Top Sales Partner April 2014



HASBROUCK HEIGHTS 3 BR, 2 Bath, Colonial



























FREE No-Obligation Market Analysis! Call 201-288-0004



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