

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
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VOL. 13, No. 6

June 2016

★★★★★



Cultural Tapestry

Each culture is unique. Having its own distinctive style. Art. Crafts. Music. Food. Dress. Costumes. Customs. It's not about homogenizing cultures into a bland pudding, a one note song or a monochrome painting. With many elements working together creating sweetness and texture like a tasty stew, symphony or vivid tapestry. It's about celebrating diversity. It makes a much richer and fuller America to have various cultures inside our shared "big tent." *See Ukrainian Dance Ensemble on pages 18-19.*

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Environmental Poster Winners Honored

The Hasbrouck Heights Mayor and Council recently met with the 2016 Environmental Poster Contest winners from Hasbrouck Heights elementary schools. Bill O’Shea’s Florist presented the winners with a special plant to take home. Photos provided by Hasbrouck Heights Borough. ###



Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for over 10 years. The planting was done by the Garden Club at the DPW on Saturday, May 14, 2016. The DPW moved the flower pots to their Boulevard location. The DPW will water the plants during the season. After the summer, the DPW will collect the flower pots and store them for the winter. The Beta Club from the Hasbrouck Heights Middle School will lend a hand overseeing and pruning the planters throughout the summer. Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

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L. Agent: Susan Zottarelli



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2 BR, 2F/1H Baths
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L. Agent: V. Viola, R. Boscarino,
G. Cangiamila



**HASBROUCK HEIGHTS
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**HASBROUCK HEIGHTS
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**LODI
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L. Agent: Victoria Viola



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St. John's Annual Plant Sale

Hundreds of nursery grown plants, flowers and hanging plants were available at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 6, 2016. Only pre-orders for the 37th Annual St. John's Plant Sale were accepted. Flats containing one kind/one color were only \$11.50.

As in previous years, all plants were of the highest quality and hand picked at the nursery by experienced gardeners. ###



On Saturday, April 23, 2016, Rutherford held an **Arbor Day Ceremony** with a tree planting in front of Union School in memory of Thom Casadonte, former Board Member of the Rutherford Board of Education. Quote from his wife, Theresa . . . “may it grow tall and strong and always be a symbol of Thom Casadonte’s purpose, giving spirit, leadership and community service to the Borough of Rutherford.” *Provided by Barbara Bennett. ###*



Learning About Container Gardening

Care on the Corner (COTC) sponsored a Container Garden Workshop, on Saturday morning, May 7, 2016, in the yard of the Care Center in Hasbrouck Heights. The Container Garden Workshop was for all ages. Participants created a Container Garden to bring home to enjoy. Container gardening is a great way to introduce children to gardening. This is also a fun solution for a small garden if you have limited space, poor soil, or not enough sun in your own yard. If you have any questions, please contact Carol at 201-288-9460. ###



Saanvi and her family with ER Mayor Cassella and Library Director Christine Hartigan. ###

ER Library Poster Contest

East Rutherford Memorial Library Earth Day Poster Contest winner, Third Grader, Saanvi Jaswal, was honored for her winning poster at The Library on Earth Day, April 22, 2016. Mayor James Cassella and Library Director Christine Hartigan came in person to meet and congratulate her. Saanvi’s poster was chosen out of 21 posters submitted. Mayor Cassella judged the contest. *Provided by Maria Russo. ###*



Torn to Shreds

On Saturday morning, April 30, 2016, Hasbrouck Heights held their 15th Annual Free Shredding Event at The Boulevard and Central Avenue parking lot. Residents and businesses brought in a record 10,465 pounds of confidential documents to be shredded since the program began in 2008. The previous record was 9,180 pounds set in 2001. The weight gets filed with the state and goes toward the Borough’s paper recycling tonnage grant. The town typically has two shredding events a year. This event was sponsored by the Bergen County Utilities Authority and the other by the Borough’s recycling vendor in the fall. Photo above includes members of the Environmental/Transportation Committee. ###

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Saving Our Environment One Step at a Time



On April 22, 2016, Carlstadt Public School students and parents met faculty and staff members at different locations around town to join together for the 10th annual Walk to School for Earth Day. More than 200 students gathered on the lawn to wish everyone a happy Earth Day 2016 from Carlstadt Public School. *Story by Mariann Kronyak. Photos by Dennis Kronyak Sr. ###*

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HH Garden Club News

The Hasbrouck Heights Garden Club announced that their new President is Maria Russo. Maria will be officiating the meetings beginning May 19. Every two years a new president is selected. All other officers and committee chairpersons will remain the same.

Throughout the September – June cycle they had several excellent professional speakers discussing topics such as: butterflies, bees (*live at the meetings*), Meadowlands Eco System, native NJ plants, garden borders, landscaping and architecture, and wreath/centerpiece building.

As you have already noticed, the popular large planters are now on the Boulevard. They would like to thank the

Chamber of Commerce, DPW, Garden Club members, the Junior HS Beta Club and all those who have donated towards the purchase of the pots and flowers.

Contributions are always welcome and can be sent to Ray Vorisek, President of the Chamber of Commerce. For further information, contact Ray at 201-288-5464.

All meetings are free and available to interested guests in the surrounding area.

The final meeting is June 16, 2016. Refreshments at 6:30 p.m. followed by a meeting at 7 p.m. The Garden Club meets at the Senior Center located on Central Avenue. There will be no meetings during July and August. ###

HH Friends of The Library Update

The last meeting of the Hasbrouck Heights Friends of The Library was held on May 25, 2016. There will be no meetings during June, July and August. The Friends group will start up again on September 26 at 7 p.m.

On behalf of Director Mimi Hui and the Executive Board of The Friends of The Library, they cordially invite all Friends members, staff and trustees for lunch on Friday, June 3, from noon to 3 p.m.

They would like to thank you for your continued support and attending fundraisers, such as Annual Book & Bake Sale and the Tea Social, etc. Call 201-288-0488 if you are able to attend.

Once again the Friends Book & Bake Sale was a success. Thank you to all who sorted books in the basement, baked their special goodies, donated their gently used holiday decorations and costume jewelry, to those who made phone calls to help set up, gave of their time during the sale and helped with cleanup afterwards, we cannot thank you enough for your hard work. A special thank you to The Library staff who are always there to support us.

The committee has sent

Transplanting Seedlings

Poke hole in mixture. Fill with water. Gently lift seedling with spoon and place in new mixture 3 inches apart. Make sure roots are firmly planted. Fill the remaining hole with mixture. Make sure there is sufficient air circulation and sunlight. ###

Rinse out bottles and cans before recycling

Strawberry Moon

The June full moon appears on Monday, June 20, 2016, at 7:02 a.m. It is called the “Full Strawberry Moon.”

According to the Farmer’s Almanac, this name was universal to every Algonquin tribe.

The name reflects the relatively short season for harvesting strawberries that comes each year during June. Other names include the “Full Hot Moon,” or in Europe, the “Full Rose Moon.”

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Keep W-R Beautiful Day June 5

The “Keep Wood-Ridge Beautiful” Committee will hold its 17th downtown clean up day on Sunday, June 5, 2016, between the hours of 1 and 4 p.m.

Volunteers are once again needed to help clean the shopping districts and raise awareness of the effects of litter in the community.

Last year, over 140 volunteers participated! Both adults and children are welcome. The Bergen County Board of Health will provide cleaning utensils, gloves, brooms and bags. Volunteers are asked to meet at the Wood-Ridge Civic Center at 1 p.m.

Pizza and other refreshments will be served after the clean up. To sign up please call-Borough Hall at 201-939-0202 (ext. 110) and leave your name and how many adult or children’s shirts should be ordered.

For further information, please contact Council President Ezio Altamura, 201-531-0259. Thank you! ###

W-R Shred-it Event June 5

The Borough of Wood-Ridge, in conjunction with the BCUA Mobile On-site Shredding Program, will be hosting a Community Paper Shredding Event on Sunday, June 5, 2016, from 9 a.m. to 1 p.m., at 495 Highland Avenue.

This free event provides Bergen County residents the opportunity to have their sensitive documents safely shredded and recycled.

No binders, plastic, metal or x-rays will be accepted. ###

Heights Satellite Recycling Drop-off

The Hasbrouck Heights Recycling Program coordinator reminds residents of the Satellite Recycling drop-off located at the The Boulevard and Central Avenue parking lot.

It is available the first Saturday of every month from 7 a.m. to noon.

This disposal site collects the following items for recycling: bottles, cans, plastic bottles, newspapers, cardboard, magazines, junk mail, and E-waste such as computer equipment and TVs. For more information, call 201-288-1072. ###

June Birthstone Pearl

Farmers’ Market Continues

The **Hasbrouck Heights Farmers’ Market** is scheduled to begin on June 14, 2016 and continue every Tuesday from noon to 6 p.m. until late September, at the corner of The Boulevard and Central (*municipal parking lot*).

This Farmers’ Market is scheduled to host over a dozen vendors this year, and George is back! There may be a food truck.

Vendors, crafters, local

Companion Planting

Companion plants are those that tend to get along well when planted next to each other. Each one discourages the bugs that usually feed on the other. To keep bugs from roses -- plant onion and garlic alongside. Morning glories require corn or melons next to them. Petunias keep bugs away from beans. Parsley can be planted near asparagus, celery or leeks. Dill works with cabbage. Peas and tomatoes work together. To keep worms and flies from tomato plants, plant basil. Oregano works with most garden crops. Marigolds keep virtually everything away. ###

artists, musicians, etc., are welcome. According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon at the 2016 Market. Limited positions are available. Call Ray at 201-288-5464 for more information.

During Farmers’ Market days, Boulevard businesses are permitted to take advantage of “Sidewalk Sale” opportunities and set up tables in front of their stores. Businesses will organize a town-wide sale on the third Tuesday of each month.

Rutherford

The Rutherford Farmers Market is held at One Williams Plaza on Park Avenue weekly from June through October, rain or shine, on Wednesday from 11 a.m. to 6 p.m. and Saturday from 9 a.m. to 2 p.m. ###

Planning Your Garden

Keep a diagram and notebook for your garden, noting planting and maturity dates. This is a good time to plan for next year’s garden. ###

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Rutherford Fireworks Celebration

Rutherford Borough Officials announced the return of fireworks to the Borough on Friday, July 1, 2016, at Memorial Park. Activities start at 7 p.m. with music and food vendors, followed by the 9:15 p.m. presentation of fireworks. *Inclement weather: next clear day.*

Residents intending to attend the fireworks celebration are reminded that no coolers, back packs, pets, alcoholic beverages and fireworks, including sparklers, are allowed at the celebration. Lawn chairs, blankets and portable seating is permitted.

Limited port-a-john facilities will be available. Residents should access the Borough’s web site at www.rutherford-nj.com for updates and possible cancellation of the event, prior to heading to the celebration. ###

Rutherford Annual Baby Parade

The 85th Annual Baby Parade will take place on the 4th of July from 10 to 11 a.m. in Lincoln Park. Check-in is at 9:30 a.m. In case of rain, event will move to 55 Kip Center.

Rutherford residents, ages newborn through 5 years old, are welcome to participate in this adorable Rutherford tradition.

Residents wishing to participate in the contest portion of the parade are encouraged to decorate their child’s stroller, bike, wagon, etc., with patriotic or other themes. Parents are also encouraged to have their children dress for the role. This is a wonderful community event that showcases the artistic talent of parents and the incredible cuteness factor here in Rutherford children.

The Grand Prize winner will receive a \$100 Savings Bond. Runners-up will receive \$50 Savings Bonds.


Registration forms to participate in the parade will be accessible on the Borough website: www.Rutherford-NJ.com or available in the Rutherford Rec office. Event sponsored by The Rutherford Recreation Department. For additional information, call 201-460-3015. ###

VOTE JUNE 7

Check with your Borough Clerk for details.

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Fireworks are Illegal in NJ

While people want to display their patriotism more than ever this 4th of July, the Hasbrouck Heights Police Department reminds residents and visitors that all fireworks including Chinese firecrackers, Roman candles, M80’s, cherry bombs, salutes, M100’s, etc., are illegal to possess, use or sell.

Sparklers, which can reach temperatures above 1,200 degrees Fahrenheit, can cause serious burns or set clothing on fire.

Only paper and plastic caps, like those for toy guns, are allowed in New Jersey.

The HHPD stated that residents should leave fireworks displays to professionals who have a municipal permit and insurance as well as experience in handling these dangerous devices.

The Hasbrouck Heights Police Department noted that the vast majority of illegal fireworks are brought into New Jersey by adults and, as a result of such irresponsible actions, a disproportionate number of children suffer injuries.

In an effort to prevent injuries and property damage, state and local authorities have stepped up enforcement activities during the summer “fireworks season” confiscating illegal fireworks wherever found.

In any given year, the State Police confiscate between 500 and 1,000 cases of illegal fireworks or approximately six to eight tons of illegal explosives.

Possession of illegal fireworks is a disorderly person offense and is punishable by a fine of up to \$1,000 and/or up to 30 days in jail.

Possession with intent to sell is a Fourth Degree crime, punishable by fine of up to \$10,000 and/or up to 18 months in jail. ###

AHOF Open Cockpit Weekend June 18/19

The Aviation Hall of Fame will host an “Open Cockpit Weekend” on Saturday, June 18 and Sunday, June 19, 2016, from 10 a.m. till 4 p.m.

Visitors can sit in the cockpits of a TWA Convair 880 jetliner, a rare Lockheed-designed Bush Plane, a Cobra gunship helicopter, an HH-52A Coast Guard helicopter, an OV-1A Mohawk close support aircraft, a Bell 47 helicopter, a “Little-Cut-Up” aircraft control demonstrator, and the control cab of a real Airport Rescue and Fire-Fighting truck.

People, young and old can learn how the flight systems work. Qualified pilots will help guests understand the instruments and controls of these special aircraft.

Additionally, experience their new multimedia international space station and “Buzz” Aldrin exhibits.

Admission: \$10 adults, \$8 seniors and children, under 12, free.

For more information go to: www.njahof.org, e-mail njahof@verizon.net or call 201 288 6344. ###

Mind Blowing

Join The East Rutherford Memorial Library on Monday, July 18, 2016 at 6:30 p.m. for a mind blowing event!

No fooling! Flavian, the mind reader, will entertain and astound you and even reveal in a most amazing way what’s on your mind!

Enjoy this invigorating, inspirational performance which includes active audience participation, a lot of fun and laughter.

Flavian has performed at Lincoln Center, Caesars Palace and Caroline’s Comedy Club in New York. Registration is required as space is limited. Participants can register online at eastrutherford.bccls.org or call 201-939-3930. ###

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Old Style Circus June 14/15

Little Ferry Fire Department Hose Company #1 will host the Kelly Miller Circus. This old fashioned Circus will roll into Little Ferry on Tuesday and Wednesday, June 14 and 15, 2016, with performances at 4:30 and 7:30 p.m. Rain or shine.

Celebrating its 78th year, “America’s One Ring Wonder” “will be at the H-Mart/Value Fair parking lot, 250 Bergen Turnpike.

Everyone is invited to watch the elephant and a variety of animals being unloaded and fed; witness the raising of the giant big top.

Activities will begin early circus morning and the tent will be raised at approximately 9 a.m. Guides will be furnished for school groups and anyone attending.

Advance tickets: adult \$12, children (2-11) \$6. (*Day of event \$16/\$8.*) Proceeds benefit LF Hose Company #1 to defray recovery cost associated with Super Storm Sandy.

Event is handicap accessible. For more details call Frank, 201-641-8112 or 201-403-4816. About the circus: www.kelly-millercircus.com ###

German Music June 11

The Free Public Library of Hasbrouck Heights is pleased to continue its focus on its Multicultural Celebration Series with a spotlight on Germany and Austria.

A colorful, rich and lively performance by the Austrian Boys Band on Saturday, June 11, 2016, from 2 to 3 p.m., will take place in the Senior Center located at 320 Boulevard.


The band, founded forty years ago, carries on the tradition of distinctive regional Austrian-German music here in the U.S which includes accordion, brass, percussion, guitars and group vocals creating a high energy sound which is sure to make you want to dance.

A tasting of traditional German food will be included in this cultural experience.

Registration is requested. Admission is free. To register, please call 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

June Flower

Rose



Build Your Business

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Free Lunch Saturday

Everyone is invited to the First Presbyterian Church of Moonachie for the “Free Lunch Saturday” program, which will be held on June 4, 2016, at 11:30 a.m. This hot lunch features a BBQ.

This program is an expansion of the Church’s ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy’s got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached!

NOTE: There are no lunch programs during July and August. See you in September! ###

Turkey Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, June 14, 2016, in the Community Hall, Third Street, Carlstadt.

Turkey dinners will be served from 11:30 a.m. to 1 p.m. Donation is \$10 for adults and \$5 for children/students. For take out orders call 201-438-5526. ###

Lodi KC Pancake Breakfast June 12

The St. Michael’s Council of the Knights of Columbus is having its monthly buffet-style Family Breakfast on Sunday, June 12, 2016, 8:30 a.m. to noon, at 39 Washington Street, Lodi.

Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French toast (*to order*), sausage, bacon, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea. Adults: \$6; children over 6: \$4; children 6 and under: free. Profits to benefit local charities. ###

Casino Bus Trip

The HH VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$35 paid in advance; includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games, prizes and a movie make the travel time pass quickly. For details-call Andy at 973-773-1812, Susan at 973-641-6562 or the Post at 201-288-1112. ###

American Wine Society Meadowlands Meets June 16

American Wine Society Meadowlands Chapter is pulling out all the corks for the upcoming June 16, 2016 meeting!

This is going to be an awesome tasting with another acclaimed speaker, Monika Elling; an expert in creating global wine marketing programs. She has spent fifteen years in import and distribution and most recently was Director of Public Relations at Lauber Imports, America’s largest wholesaler. In simpler terms, she knows wine!

Is there any wonder why the Meadowlands chapter is the fastest growing AWS chapter in NJ and is now the largest in North Jersey, all possible because of their involved members? Thank you to all members. Isn’t it time for you to get on the wine train?

This tasting is going to cover “Obscure Varietals for the Adventurous Palate” those tough to find wines, wines you may have overlooked at your favorite wine store. In addition to the sampling of wines, there will be tasty snacks and of course fun times with their members. They are the largest

Touchdown Club Beefsteak June 4

The Hasbrouck Heights Touchdown Club will hold a Beefsteak on Saturday, June 4, 2016, from 6 p.m. to 11 p.m. at VFW Post 4591, 513 Veterans Place, Hasbrouck Heights.

The Touchdown Club will be honoring the 1997 Football team. Proceeds to support the Aviators.

Donation \$50 pp before the event; \$60 pp at the door. For tickets call Nick at 201-956-1429, Fran at 201-638-9504, Frank at 201-739-5314, Scott at 917-673-0753 or Michael at 201-694-6378. ###

HH Little League Picnic

The Hasbrouck Heights Little League will hold its Annual Picnic on Saturday, June 18, 2016, starting at 11 a.m. at the Little League Complex. Rain date is June 19. Families can enjoy plenty of grilled foods, Italian ices and cold drinks. There will be several inflatable amusements.

It’s a nice way to end the regular season. The event is open to all Hasbrouck Heights families participating in the 2015 season. The Hasbrouck Heights Little League was established in 1953. ###

AWS chapter in NJ, well what you are waiting for?

So why not come to their-June 16th meeting starting at 6:30 p.m. at the award winning wine school “Make Wine With Us” located at 21 Currie Street, Wallington, NJ. Have some wine, learn some fun facts and be part of the largest and fastest growing AWS chapter in NJ.

You can follow them at <http://wineclub201.blogspot.com> for more details about this group, and soon to be on Face Book. To ensure that they have enough seating please RSVP to wineclub201@gmail.com. Thank you. Chapter President Angel Martinez. Cheers & Salute! ###

Luau Party June 25

American Legion Riders Post 310 is hosting a Luau Party on Saturday, June 25, 2016, 1 p.m. to 6 p.m. at American Legion Post 310, 100 Liberty Street, Little Ferry.

Open to the public. Rain or shine. Cost \$18 per person and includes DJ Jack, hamburgers, hot dogs, chicken kabobs, salads, desserts, non-alcoholic refreshments, and lots more.

Come out and support the Riders -- this is their first fundraiser! All proceeds benefit programs for Veterans and children.

For more information call 201-641-9774. ###

Art Association of Rutherford

The June meeting of the Art Association of Rutherford will be 7:30 p.m., Thursday, June 9, 2016, at Tamblyn Civic Center at 30 Woodland Avenue, Rutherford. They will have their annual critique of members’ artwork. Bring a piece of art, or just come and watch. All are welcome! Free for visitors. Snacks provided. ###

Summer Fling June 11 With Lieberman

The Hasbrouck Heights Elks Lodge #1962 will host a Summer Fling Dinner Dance on June 11, 2016 from 6:30 to 11:30 p.m. Music by Peter Lieberman. Cost is \$25 per person. For more information, call Cathy at 386-852-4881. ###

Good manners
are always in style

AL Pig Roast July 16

American Legion Squadron 310 is hosting their Art Jensen Annual Pig Roast on-Saturday, July 16, 2016, from 3 p.m. to 7 p.m., American Legion Post 310, 100 Liberty Street, Little Ferry, NJ.

Cost \$25 per person for “All you can eat” hamburgers, hot dogs, london broil, BBQ chicken, 100 lb. pig, mussels, fresh corn on the cob, salads, draft beer and soda. Children under 12 eat for free.

Music by the “Woodpeckers.” All proceeds go to Veterans and children’s programs. ###

Garfield FD Beefsteak June 10

Garfield Fire Department Truck 4 will host a Beefsteak Dinner Dance and Tricky Tray on Friday, June 10, 2016 at Three Saints Russian Orthodox Church Cultural Center, 474 Outwater Lane, Garfield. Doors open at 6:30. The event features New Jersey’s favorite oldies group “The Cameos.”

Tickets are \$75 pp. Beer and soda included. Cash bar. Call 973-478-8334 or email: gfdtruckfour@gmail.com ###

VFW Pig Roast & BBQ July 16

VFW Post 809, 100 Main Street, Little Ferry, is hosting a Pig Roast and Bar-B-Que on Saturday, July 16, 2016 from 1 p.m. to 6 p.m.

There will be roast pig, hamburgers, hot dogs, sausage, corn-on-the-cob, watermelon, beer, soda, etc.

Cost is \$25 pp, children 12, \$15 and under 8 free for food, drinks, games and entertainment. For tickets call 201-641-9759 or stop by the Post.

Bring your lawn chair for sun and fun! ###

HH Lions Sponsor Fireworks Program June 28, 2016

The Lions Club 32nd Annual Fireworks are tentatively scheduled for June 28, 2015, at Depken Field (*Route 17 & Franklin Avenue*). Rain dates: June 29/30.

Admission is \$5 for adults and \$3 for children. Under 5 free.

Only blankets will be allowed on the field (no chairs). Water will be allowed, but no food. ###

Wood-Ridge School Spring Concerts

Come one, come all. Admission is free and open to the general public. Here are the dates for all the schools in the district.

• The Wood-Ridge Intermediate School (Grades 4-6) will host their Spring Concert on June 2, 2016 at 1:30 p.m. in the John H. Bischoff Memorial Gymnasium at Wood-Ridge Intermediate School.

• Wood-Ridge Jr./Sr. High School (Grades 7 - 12) will be having their annual Visual & Performing Arts Spring Concert on Thursday, June 2, 2016 at 7 p.m. in the Wood-Ridge High School Auditorium.

• Catherine E. Doyle Elementary School (Grades Pre-K - 3rd) will be on June 8, 2016 at 9 a.m. in the All Purpose Room

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Warriors Run June 12

American Legion Post 170, 33 West Passaic Street, Rochelle Park is sponsoring their 3rd Annual Motorcycle Run for our Military on Sunday, June 12, 2016.

Registration is from 8 to 9:30 a.m. with a departure at 10 a.m. sharp. Cost is \$25 a rider, \$15 for pasenger, \$10 walk-in.

Free T-shirts to first 400 registrations. Includes after party food, entertainment, K9 demo, vendor booths.

For more information go to www.warriorsrunnj.com ###

Park Avenue Toastmasters

Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career?

Toastmasters International is a world leader in communication and leadership development. The Park Avenue Toastmasters will meet at The Wood-Ridge Memorial Library on Monday, June 6 and and Monday, June 20, 2016 from 6:30 to 8:15 p.m. Questions? Contact Diane of Toastmasters at 201-396-0532. ###

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Hasbrouck Heights Lions Club 32nd Annual Fireworks Extravaganza

Tuesday • June 28

7 p.m. • Depken Field

DJ Music by Funtime Entertainment
Dunk Tank • Bounce House
Brief Program • 50-50 Raffle
Spectacular Fireworks

Tickets are available at the door.
Cost is \$5 for adults and \$3 for children
(children under 5 are free).



RD: June 29 • Extended RD: June 30

Only blankets will be allowed on the field
(no chairs). Water will be allowed, but no food.



Wallington Town-wide Garage Sale June 11

The Borough of Wallington will be holding its Annual 2016 Town Wide Garage Sale on Saturday June 11, 2016.

A resident may hold a sale from 8 a.m. to 7 p.m. on this day without applying for a town permit.

All garage or yard sale items, tables, displays and signs must be removed from the premises at the end of the sale day.

No food or beverages may be sold or offered free at a yard or garage sale.

A resident is permitted to post 5 signs around the Borough and must abide by rules according to the Borough Ordinance.

The Borough will be posting the participating addresses received by noon Wednesday, June 8, 2016 at www.wallingtonnj.org

Any questions or to post your Wallington home address to csinisi@wallingtonnj.org

Car Wash June 11

The R. L. Craig School 8th Grade Class of 2017 is holding a car wash on Saturday, June 11, 2015 at the Moonachie Civic Center from 10 a.m. to 3 p.m. Donation is \$5. Proceeds support 8th Grade Washington, DC Class Trip. Rain or shine. ###

Cruisin’ the Avenue June 28

Rutherford EMS 2nd Annual Classic Car Show “Cruisin’ the Avenue” will be held on Tuesday, June 28, 2016 from 5 p.m. to 10 p.m. at Park Avenue between Highland and Ames. Line up starts at 4 p.m. Rain date June 29.

- Classic Car Show with proceeds to benefit Rutherford Ambulance Corps. Trophies will be awarded.
- Dining Under the Stars at local restaurants
- Music, games. Movie in Lincoln Park.

For more information go to Rutherfordems.org or email: rutherfordcarshow@gmail.com ###

Boulevard Stroll June 23

Discover the Boulevard. Enjoy a leisurely stroll with friends and family on Thursday, June 23, 2016 from 5 to 8 p.m. Rain or shine.

Several activities are planned to include free live entertainment, fine dining, classic cars, art show, movies, etc.

The Boulevard Stroll is organized by the Hasbrouck Heights Chamber of Commerce. To participate, call Ray at 201-288-5464. For current information go to: www.BoulevardStroll.com ###

Woman’s Club of Carlstadt Meets June 7

The Woman’s Club of Carlstadt will hold the final meeting of the 2015-2016 Club year on Tuesday, June 7, 2016 at the First Presbyterian Church Community Hall located on Third Street, Carlstadt.

Their program is the Brown Bag Auction. A gift in a brown bag valued at \$10 will be auctioned. Come out and join them at 7:30 p.m. Guests are welcome. ###

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FOCAS Holds Flea Market

The FOCAS Flea Market is Saturday, June 11, and Sunday, June 12, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (*Not accepted are TVs, PC monitors, exercise equipment, clothes or magazines.*)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Cat Show and Tricky Tray

FOCAS will hold its Annual Cat Show and Tricky Tray Auction on Sunday, June 5, 2016, at the American Legion, 100 Liberty Street, Little Ferry, NJ.

Stop by with your feline companion. Don’t have a feline companion? Stop by anyway to join in the fun and participate in the Tricky Tray Auction. Refreshments served.

Registration begins at 12:30 p.m. Program and auction begin at 1:15 p.m. All cats must be six months or older, in carriers and current on all shots. Please do not bring cats on leashes or held in arms. The admission fee is \$8 per cat.

Cat Show and Tricky Tray Auction proceeds enable FOCAS to continue its work to provide humane services, programs and extraordinary medical care to shelter animals and our Feral/Stray Cat Spay or Neuter Program.

For additional information call the FOCAS Help Line at 201-943-4019, or visit www.focasnews.org ###

Thanks
Dad

Outdoor Flea Market June 18

Vendors are wanted for an outdoor flea market on June 18, 2016 from 10 a.m. to 3 p.m. at the American Legion Post 301, 100 Liberty Street, Little Ferry.

Event is rain or shine. Fee is \$25. Registration required. Applications available at the Post and are due by June 5.

You must bring everything you need to sell your items. For more information call 201-807-0470. Proceeds to benefit Veterans and Children’s programs. ###

Appraisal Fair June 4

The Lyndhurst Historical Society will host an Antiques Road Show-Style Appraisal Fair on Saturday, June 4, 2016 from noon to 5 p.m. at the Lyndhurst Senior Center, located at 250 Cleveland Avenue, Lyndhurst.

Jon Felz, senior vice president, RZM Fine Arts & Antiques, Inc., will be on hand to provide an informal appraisal of the many items that are expected to appear.

A reservation is \$15 and includes the appraisal of two items. Light refreshments will be served. For more information call Lois at 201-935-7575 or email info@lyndhursthistoricalsociety.org.

The Lyndhurst Historical Society preserves the Little Red Schoolhouse Museum. For more information visit www.lyndhursthistoricalsociety.org ###

Benefit Concert June 11

The Bogota VFW will host a benefit concert on Saturday, June 11, 2016, from 6:30 p.m. to midnight at 240 Leonia Avenue, Bogota. Hot buffet dinner included from 6:30 to 8 p.m.

The concert features live music by London Calling (*a Beatles Tribute Band*), and That 60s Band.

Donation is \$20 advance and \$30 at the door. For tickets and advertising, call 201-343-9693 or stop by from 5 to 10 p.m. at 241 West Shore Avenue.

All profits to benefit the Bogota VFW and New Milford Police Detective Lieutenant Brian Long in his fight to beat cancer. ###

Don't Block
Intersections

TSA Pre-Check: A Must for Air Travelers

This summer, more than thirty million people will be flying to their favorite destinations.

Since the events of September 11, 2001, airport security has never been tighter. No dangerous weapons, no gels or liquids over three ounces, and the removal of shoes have painted a dark picture in travelers' minds.

Vacations have to start with a long, grueling cue line to clear airport security.

On a daily basis, travelers are persistently patted down, wand, and placed through the infrared scanner.

However, having to remove belts, shoes, and sometimes jewelry can nearly dampen the fun of a vacation well before it gets off the ground.

Whether going or returning, travelers have to remove their shoes, belts, and so forth. It is appalling for them to be standing in line while the TSA screeners treat them like criminals.

Enroll in the TSA Pre-Check. TSA Pre-Check greatly reduces the frustration, agony, and the growing impatience that a traveler has to put up with every trip.

It is simple. It is the best investment any traveler can make.

There are plenty of locations to enroll in the TSA Pre-Check program. Travelers can visit [Identogo.com](http://www.identogo.com). make an appointment.

Identogo has locations in eighteen states, including New York, New Jersey, and District of Columbia.

In North Jersey, travelers can enroll in Newark, NJ at 532 Raymond Boulevard and in Paramus, NJ at 299 Forest Avenue; 1st Floor; Suite B.

How does the enrollment process work? It is very easy. First, travelers should make their appointment online. It is most recommended to do so, to avoid long wait times via phone.

Next, travelers need to bring their appointment confirmation to the enrollment location.

There, travelers' digital fingerprints are taken. Their contact information will also

be confirmed.

To be granted TSA Pre-Check enrollment, every traveler is subjected to a strict background check.

Finally, travelers are asked to answer a few security questions, enter a PIN number, and accept the terms of the program. Payment is accepted on location. Credit cards are accepted. The cost of enrollment is \$85.

Travelers will receive an email regarding the results of their application and within a week to ten days, receive a letter in the mail indicating that they've been approved.

Printed in the letter, is the Known Traveler Number or KTN. It is comprised of letters and numbers. At no time should the letter be misplaced. There is no TSA Pre-Check card. It is imperative that travelers treat the letter like it is gold.

How does the Known Traveler Number (KTN) work? When booking airline reservations, travelers enter their number so that it will be printed on their tickets. When the TSA screener sees "TSA Pre-Check" printed on the ticket, he/she will direct those passengers to the TSA Pre-Check line. TSA Pre-Check is valid for a period of five years and is allowed for domestic flights only.

For travelers wishing to fly internationally, Global Entry costs an extra \$15.

Whether traveling for pleasure or business, frustration and anguish should never be a part of anyone's trip. Being enrolled in the TSA Pre-Check program avoids this nightmare.

The TSA Pre-Check program is the best \$85 investment travelers can make. It is a five-year investment which travelers will discover being worth the while. Travelers can easily and conveniently pass through airport security and proceed to their boarding area without having their nerves rattled.

Enrolling in TSA Pre-Check begins by visiting [Identogo.com](http://www.identogo.com). It saves travelers' time and energy. Most-of-all, and at best, it spares travelers' sanity.

Provided by travel author and lecturer David Kriso. ###

W-R School District Honors Teachers of the Year

On Monday evening, June 13, 2016, the Wood-Ridge Board of Education will formally recognize the school district recipients of the 2016 Bergen County Teacher/Educational Support Professionals Recognition Program. According to the guidelines set for the program, "The Teacher Recognition Program" was developed in 1985 for the purpose of acknowledging teachers who exhibit outstanding perfor-

Mindful Moppets

Care on the Corner announces the Mindful Moppets, a one hour circle of activities for children ages 3 - 5. The session includes songs, listening skills, movement, yoga, stories, and imaginative visualizations to experience inner peace and discovery of innate wisdom and joy.

The program is designed to promote awareness for children in today's stressful world and focus on the present moment. It offers a place where children can pause, reflect and be seen and heard while developing respect and compassion form themselves and others.

The first session will meet on Tuesdays from 10 a.m. – 11 a.m., June 14 - 28, 2016.

Mary Steinberg will direct the Moppets. Ms. Steinberg is a certified teacher with 10 years of experience working with three, four and five year olds.

The group meets at Care on the Corner, 333 Franklin Avenue, Hasbrouck Heights, NJ. Call 201-288-9460 to register or download an application form from www.careonthecorner.org. There is a \$20 registration fee. Scholarships are available. ###



The Victorian Tea House Café

Need a unique setting for a special treat? Relax in a true 1880 Victorian setting with freshly brewed tea, scones, clotted cream, finger sandwiches and more. Seating from 2 to 18. Custom menu available. Call for reservations at 201-488-6651.

Help Win a Playground

Please help the Catherine Doyle Elementary School in Wood-Ridge win a playground.


The Wood-Ridge Public Education Foundation has entered a contest with Colgate, ShopRite, and TerraCycle®.

The Playground contest is giving a school the opportunity to win a brand new playground! You can help by voting once per day using your email address and selecting Catherine Doyle.

Each vote will count as one (1) Playground Credit for that school. The school that earns the most Playground Credits by June 12, 2016 will win! Currently, the Catherine Doyle is in First Place.

The grand prize winner wins a plastic playground plus installation for a \$50,000 value.

Please vote at: <http://www.terracycle.com/en-US/contests/colgateshopriteplayground2016> ###



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Summer Hours

Hasbrouck Heights Borough Offices
will be observing summer hours
-- 8 a.m. to 3:30 p.m. --
from May 31 thru September 2

Regular hours of 9 a.m. to 4:30 p.m. will go into effect on Tuesday, September 6, 2016.

Perfect Summer Treat

The Victorian Tea House Café

Need a unique setting for a special treat? Relax in a true 1880 Victorian setting with freshly brewed tea, scones, clotted cream, finger sandwiches and more. Seating from 2 to 18. Custom menu available. Call for reservations at 201-488-6651.

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Student Leadership Program

Ready Set Serve, a one-week summer service and leadership program, is scheduled for June 27-30, 2016, for students entering 6 through 10th Grades in September 2016 at the Volunteer Center in Hackensack from 9 a.m. to 3 p.m.

Students will be immersed in a week of interactive, interesting and fun activities, learning leadership skills.

A state-of-the-art curriculum includes both classroom instruction and experiential training, students will participate in challenging exercises including community needs analysis, goal setting, team building, project planning, decision making and other dynamic leadership skills.

Participants will continue to meet regularly from September through May to discuss and work on individual or group service projects.

The fee is \$350 per student. The deadline for application is May 31. Call 201-489-9454 Ext. 202 or email demery@bergenvolunteers.org for more information. ###

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Meadowlands YMCA Musical Theater Summer Camp 2016

The Meadowlands Area YMCA is running 2 Musical Theater Camps open for all ages 5 - 14 at the Civic Center in Wood-Ridge, NJ.

All campers can have a solo, lines and dance! It is a blast and they truly enjoy teaching it! Please pass this along to anyone that is interested.

The first session is June 27 - July 8, 2016 - a Broadway Variety Show. Students will engage in all aspects of Musical Theater. They will be broken down by age and will create their own skit, learn a musical theater dance and sing musical theater songs.

The second session is July 11 - July 29 - "The Pinocchio Show" (*The story of Pinocchio*.) The second session has auditions, but all campers will receive a part with lines and solos. All camp/show times are 1 p.m - 4 p.m.

Cost: Session 1: YMCA member - \$279; YMCA non member - \$293; Session 2: YMCA member \$406; YMCA non-member \$420; Both session: YMCA member \$617; YMCA non-member \$642.

All classes will be held at the Wood-Ridge Civic Center, 495 Highland Avenue, Wood-Ridge, NJ. The last 2 classes of each session (*the final rehearsal & performance*) will be

held at Felician College, Lodi, NJ - John J. Breslin Theater.

Admission to the shows is free and campers can invite anyone to come. It seats over 1,000. Hope your family and/or friends can join them!

If you have questions, go to: www.YMCAinfo.org, email: jhirschman@meadowlandsymca.org or mayvas@gmail.com.

About Mrs. Melissa Ayvas-Manolakakis: This is Melissa's 8th summer directing the YMCA Musical Theater Camp. She is excited about how the program began as 2 weeks and now grew into a 5 week program.

She currently teaches Music/Choir at Wood-Ridge Jr./Sr. High School, and has operated her own private voice and piano studio for the past 13 years.

In addition, she has taught at Broadway Bound, Lyndhurst NJ (5 years); Director of the Wood-Ridge Recreation Program 2009-2011. She is a graduate of Wood-Ridge High School - 1999; Bachelors in Music: Major Music Education and Vocal Performance - 2003 from The College of New Jersey; Masters in the Art of Teaching from Mary Grove College in 2007. Melissa has oodles of musical performance experience! ###

College and Scholarship eBooks

Searching for college scholarships? If you have a Rutherford Public Library card, you can consult the brand new edition of Scholarships, Fellowships and Loans 2016 which is available as an ebook in the Gale Virtual Reference Library (GVRL) on The Library's website.

One of the books in Rutherford Library's online database, it can be viewed from home with a Rutherford Library card. It is also available within The Library by anyone who uses a Library computer. The book provides detailed information on sources of financial aid sponsored by private organizations and companies.

To access the book, log on to rutherfordlibrary.org and click on RPL Databases Quick Links. Choose the blue button with the words "Gale Virtual Reference Library" and type in your Rutherford Library card number.

You will then be able to search for this book and other titles such as the College Blue Book. For questions, please call The Rutherford Library at 201-939-8600. ###

CPS Pre-K and Kindergarten Progrms

It is not too late to register for Carlstadt Public School's Pre-Kindergarten and Kindergarten programs!

Pre-Kindergarten is a tuition program costing \$1,750 per student for residents and for non-resident students is \$2,500 for the 2016-17 school year. Tuition is payable in two payments due July 1st and December 1st. The child must be 4 years of age.

Call Mrs. Eckert at 201-672-3000 ext. 3038, to schedule an appointment to register your child, or you can come into the Main Office to pick up a packet. Documentation is needed at time of registration. ###

Rutherford Recreation Preschool Registration!

Registration is now open for The Rutherford Recreation Department Preschool program. It will be held at Tamblyn Field Civic Center. There is a \$50 registration fee. Payments are bi-monthly.

- The Rutherford Recreation Department's Preschool program for 3 year olds will be held on Tuesday and Thursday from 8:30 a.m. - 11:15 a.m. The bi-monthly fee is \$320.

- The Preschool Program for the 4 year olds is held on Monday, Wednesday and Friday from 8:30 a.m. - 11:30 a.m. at the Tamblyn Field Civic Center. The bi-monthly tuition is \$480. There is an after school program for an additional fee from 11:15 a.m. - 1:15 p.m. on Monday, Wednesday and Friday.

Call the Recreation Department at 201-460-3015 for more information. ###

Rutherford Recreation Day Camp

The Rutherford Recreation Department Day Camp will be held June 29 until August 7, 2016 for resident children ages 3-8th Grade. Children will enjoy 6 fun-filled weeks of sports, arts and crafts, special events, and theme days. Campers receive T-shirts.

- Ages 3-1st Grade; Kinder Camp, Tamblyn Field Civic Center. Fees: \$217.50; Half-day, \$435 Full Day per camper.

Morning: 8:30 a.m. to noon/Afternoon; noon-3:30 p.m.

- Grades 2-5 Junior Camp, Washington School Full Day: Fee: \$435 per camper. 8:30 a.m. - 3:30 p.m.

- Grades 6-8; Senior Camp, the Pavilions at Memorial Park; Fee: \$200. 8:30 a.m. - 3:30 p.m.

Four great trips a week for Seniors! Lunch is provided on most trips.

Day Trips are offered to Kinder, Junior and Senior Campers for additional fees. Trips are first come—first serve—there are limited reservations. Transportation available for Junior Campers— additional \$75 per camper.

Aftercare until 6 p.m. will be available for an additional fee.

Call Rutherford Recreation Department at 201-460-3015 for full details, or visit www.Rutherford-NJ.com ###

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Yield to Pedestrians

Lodi Library June Computer Classes

Lodi Memorial Library offers introductory-level computer classes on Tuesday and Saturday, 1:30 – 3 p.m. Pre-registration is required. Call 973-365-4044.

• Tuesday, June 7 – Intro to Word 2010: Learn to create, save, edit and format a document. Basic computer and keyboard typing skills are required.

• Saturday, June 4 – Internet & Email Basics: Learn how to search for websites, use browser settings and apps, organize emails and send attachments.

• Tuesday, June 14 – Intro to Microsoft Excel 2010: Learn to create, edit and format a spreadsheet, enter numeric and text information and basic formulas.

• Tuesday, June 21 -- Microsoft Word 2010 Intermediate: Learn more formatting and editing options.

• Tuesday, June 21 -- Microsoft Excel 2010 Intermediate -- Worksheet formatting options, sheet tabs, autofill; freeze panes; work with formulas, sort data, print options.

Space is limited. Register by placing \$5 refundable deposit for each class at Lodi Memorial Library. The deposit is forfeited for no-shows. Lodi residents have priority for registration.

All classes are held in the 1st floor Conference Room at Lodi Memorial Library, One Memorial Drive.

One-on-one 30-minute sessions with the instructor are also available, for assistance with setting up email and other topics on request. Call 973-365-4044 to make an appointment.

For a computer class brochure, call 973-365-4044. ###

Tech Tutor

Looking to maximize free content for your tablet, Kindle, or smart phone?

The Rutherford Public Library is offering appointment-based Tech Tutor services to provide personalized instruction on downloading free e-books, e-magazines, audiobooks, music, and movies to personal devices.

Librarians can also assist with research, setting up e-mail accounts, and basic computer instruction. For an appointment or for more information, please call 201-939-8600 and ask for Reference. ###

Drive Responsibly

Suffragette

On Tuesday, June 28, 2016, at 6 p.m, The Friends of the Library of Rutherford will present a free screening of “Suffragette.”

In the 19th century, a working-class laundress in London becomes involved with a group of women organizing to obtain the vote for women. Starring Carey Mulligan, Helena Bonham Carter, Brendan Gleeson, Anne-Marie Duff, Ben Whishaw, Meryl Streep. The film will be shown in the Library Auditorium. ###

Friday Matinees

The East Rutherford Memorial Library will be hosting Friday Matinees at 2 p.m. All movies are free of charge, for adults only. Coffee and snacks will be provided. For any additional questions please call 201-939-3930. ###

Movie Tuesdays

Let Carlstadt Library “take” you the movies every second and fourth Tuesday of the month at 1:30 p.m. for a feature film. This month we will be showing ...

• “Trumbo:” June 14, 2016, 2 hr 5 m, Rated R

• “The Finest Hour:” June 28, 2016, 1 hr 57 m, Rated PG-13

Popcorn and beverages will be provided. No registration required for this free event!

Please call Rebecca at 201-438-8866 ex. 204 for more information about this month’s selections. *Movies are subject to change. ###

Free Movies

Lodi Library shows newly released movies every Wednesday starting at 1:30 p.m. For more information on which movies are showing each week, visit <http://lodi.bccls.org/> or come into The Lodi Library or call 973-365-4044. ###

W-R ESL Classes

The Wood-Ridge Memorial Library holds English as a Second Language classes for adults at no charge. Classes meet every Monday, Wednesday, Friday and Saturday morning at 10:15 a.m. No registration is required. For more information, please call The Library at 201-438-2455. ###

ER Craft Circle

The East Rutherford Memorial Library Craft Circle meets 6:30 to 8 p.m. the 1st, 3rd and 5th Thursday of every month. Beginners welcome. For more information, call Chris at 201-939-3930. ###

Summer Reading Kickoff at the Village Green

The Carlstadt Library will kick-off their reading program for adults, teen and children on Wednesday June 22, 2016, 6:30-8:30 p.m., with a very special concert in the park with the family friendly band, The Kootz! The concert starts at 7 p.m.

There is something for all ages! Teen fun making buttons with Miss Nina, crafts for the kids, and a night of awesome music for all!

Rain date is Monday, June 27. Call Rebecca at 201-438-8866 ex. 204 for further information. ###

Museum Passes

The Wood-Ridge Memorial Library is lending free admission passes to 12 NJ and NYC museums. Museums include the American Museum of Natural History, the Aviation Hall of Fame & Museum of New Jersey, the Museum of Modern Art, the Intrepid Sea, Air & Space Museum, Grounds for Sculpture, and Imagine That.

Each pass offers free admission for multiple guests; some passes offer additional discounts at the museum’s gift shop. Passes may be borrowed by any Wood-Ridge resident, age 18 and older, with a Library card in good standing. Passes are loaned for three days and may be reserved online through the Library’s website at WoodRidgeMemorialLibrary.org. For more information or to reserve a pass by phone, please call The Library at 201-438-2455. ###

East Rutherford Memorial Library announced that museum passes are available for “Imagine That!” and Aviation Hall of Fame and Museum.” For more information, stop by the front circulation desk. ###

Lodi Friends Seek Donations

The Friends of The Lodi Memorial Library is seeking donations of gently used books, DVDs, children’s books, music CDs, puzzles and games for The Friends Ongoing Book Sale and Spring Book Sale.

Please no magazines, encyclopedias, trade or text books, VHS tapes or damaged materials. Drop off donations at the Circulation Desk. Your donations support Library programming. If there are any questions, visit The Lodi Memorial Library or call 973-365-4044. ###

Zero Day

On Tuesday, June 21, 2016, at 7:15 p.m., join your neighbors and friends at The Wood-Ridge Memorial Library to discuss “Zero Day” by David Baldacci. Copies of the books are available at the Circulation Desk. All are welcome. ###

Winter Garden

This month The Carlstadt Evening Book Club will be discussing “Winter Garden,” by Kristen Hannah, on Wednesday, June 8, 2016 at 7 p.m.

Light refreshments will be served. New members always welcome!

Please call Rebecca at 201-438-8866 ex. 204 for further information. ###

Monday Evening Book Group

On Monday, June 13, 2016, at 6:30 p.m., the Monday Evening Reading Group will meet at The Rutherford Public Library to discuss “The Kitchen God’s Wife,” by Amy Tan. Copies of the book are available at the circulation desk. ###

Monday Afternoon @ The Library Seminars

The Free Public Library of Hasbrouck Heights will kick off their “Monday Afternoon @ The Library” series of seminars in The Library’s conference room from 3 to 4 p.m.

The subject matter will vary but emphasis will be on learning, laughing, and sharing. Participants will be encouraged to suggest topics and speakers for future meetings. The focus is on adults, especially for seniors. These meetings will be held the third Monday of every month

A sneak peek to see what will be June 20th’s topic -- “Armchair Art Tours: Ancient Olympics.” Learn about the original Olympics Games through art of the ancient Greeks. Just in time for the Summer Olympics!

Call 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library to discuss “Death of the Black-Haired Girl,” by Robert Stone. The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. For more information and the June meeting date, call 201-939-8600. ###

Daytime Reading Group

On Friday, July 1, 2016, at 1:30 p.m., The Rutherford Public Library Daytime Reading Group will meet at the 55 Kip Center to discuss “Madam Bovary,” by Gustav Flaubert. Copies of the books are available at the Circulation Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

Cookbook Club

The Lodi Memorial Library Cookbook Club is meeting Saturday May 7, 2016 at 2 p.m. They try new recipes, share their results, and discuss what they liked and what they would change. Call The Library the week before for suggested cookbooks to use. New members are always welcome. Cooking is welcome but not required!

For more information, visit our website (<http://lodi.bccls.org/>), visit The Library or call us at 973-365-4044. ###

The Rosie Project

Lodi Library Book Club meets the 2nd Tuesday of the month at 7 p.m. June’s book is “The Rosie Project” by Graeme Simsion. Light refreshments are served. Book Club meets in the 1st floor Conference Rm.

For more information on upcoming books for the year, visit <http://lodi.bccls.org/tuesday-night-book-club.html>, visit The Library or call 973-365-4044. ###

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W-R Children’s Summer Program

On your mark, get set, read! The Wood-Ridge Memorial Library will host a Summer Reading Club for children from birth through age 12.

Participants are encouraged to read, or be read to, for 30 minutes per day and will earn prizes for every 10 days of reading.

Registration for the Summer Reading Club and for The Library’s special summer programs for kids will begin on Monday, June 13, 2016.

For more details, please call The Library at 201-438-2455 or visit the library’s website at WoodRidgeMemorial-Library.org ###

W-R Storytime for Preschool Pals and Toddler Time

• **Preschool Pals** will meet at the Bianchi House, 111 First Street, Wood-Ridge on Tuesday, June 7, 14, 21, and 28, 2016 at 10:30 a.m. Children, ages 4 and 5 years, prepare for Kindergarten with weekly themed stories, songs, and a craft.

• **Toddler Time** will meet at the Bianchi House, 111 First Street, Wood-Ridge on Thursday, June 2, 9, 16, and 23, 2016 at 10:30 a.m. Children ages 3 and under enjoy weekly themed stories, songs, rhymes and movement. Registration is required; space is limited. Please call The Library at 201-438-2455 to register. ###

Summer Reading Kickoff Party and Registration

On your mark, get set, READ! Register at The Hasbrouck Heights Public Library for their Summer Reading Club for students in Grades K-6!

Keep your brains busy this summer by reading and collecting prizes. Come into The Library for more details.

After you register, stay to enjoy a storytelling performance by Cheryl Anne as she mesmerizes all by telling two short stories while creating colorful animal balloon sculptures!

Refreshments will be served. Join them on Monday, June 20 at 3 pm. Registration is required. Please call 201-288-0485 or visit us online at <http://hasbrouckheights.bccls.org> ###

Heights Library Children’s Programs

Here’s a list of exciting children’s programs taking place at the Hasbrouck Heights Public Library for the month of June 2016. Registration is required. Please call and speak with a staff member at 201-288-0485 or visit online at <http://hasbrouckheights.bccls.org> –

• Lego Club

Show off your architectural talents and come create with them. Legos will be provided, but feel free to bring your own. Next meeting dates will be Tuesday, June 7 and 21 starting at 3:30 p.m. for ages 5-12.

• Craft Club for Tweens

Calling all Tweens in Grades 4-6, Monday Night Craft Club is back. Next session is June 13 at 7 p.m., come have fun and get crafty.

• Chess Club

For students ages 7-12, come test and improve your skills at monthly Chess Club meetings. Members must have some knowledge of chess as there are a limited number of instructors. Next meeting is Thursday, June 16 at 3:30 p.m.

• Little Artist

For students in Grades 2-5, come learn about an artist or type of art and recreate a famous work or make your own masterpiece. No experience is necessary. There are no mistakes in art! Join in Thursday, June 23 at 3:30 p.m.

• Fill’em up Fridays!

Come in every Friday in June and for every 10 items you check out of the Children’s Department, you will be given a ticket to enter in a raffle drawing for a chance to win \$25 Movie Theater Gift Cards. ###

HH Summer Story Time Registration

Start your summer mornings with stories! Hasbrouck Heights residents can register starting on Monday, June 20, 2016. Classes begin Tuesday, July 5. Registration is required. Please call 201-288-0485 or visit us online at <http://hasbrouckheights.bccls.org>.

• **Tiny Tots for Ages:** Birth to 2 1/2 and their caregiver. Tuesday, 10:30-11:15 a.m.

• **Drop In for Ages:** 2 1/2 to 6, Wednesday, 10:30-11:15 a.m.

• **Preschool for Ages:** 3 1/2 to 6, Thursday, 10:30-11:15 a.m. ###

Summer Activities for Teens @ HH Library

Calling All Teens entering Grades 7-12! The Hasbrouck Heights Public Library will be offering a lot of fun activities this summer, including volunteer opportunities.

Join them on Monday, June 20, 2016, for a welcome party where teens can start registering for their summer programs.

Refreshments will be served from noon until 2:30 p.m. in the large meeting room, but stop by anytime that day to sign up.

From July 5th - August 12th, the average week will look like this:

• **Mugs & Movies Monday:** From 3-5 p.m., they will have weekly movie viewings. The kick is that teens will get their own mugs to decorate, and then create recipes using a microwave!

• **Talk it Up Tuesday:** Teens entering 7, 8, and 9th Grades can join a weekly book group, Talk it Up. To be held from 3:00-4:30 in the afternoon on Tuesdays. Books will be announced closer to the startup date.

• **Board Game Wednesday:** Want to play board games like Apples to Apples? In the Teen Area they will set up games for anyone to come by and play on Wednesday nights from 7-8:30 p.m.

• **Speak Out Thursday:** Teens entering 10, 11 and 12th Grades can participate in our other weekly book group, Speak Out. To be held from 3 -4:30 in the afternoon on Thursdays. Books will be announced closer to the startup date.

• **Fitness Friday:** Between 3-4 p.m., teens will be able to participate in a fitness club, where they will do Zumba, Yoga, Pilates and more. Come dressed in comfy clothing!

More programs TBA, so make sure to check the website and flyers posted around the library!

Questions? Call or email the Teen Librarian, Elysse Fink at 201-288-6653 or elysse.fink@hasbrouckheights.bccls.org

W-R Chess Club

On Wednesday, June 1 and 15, 2016, The Wood-Ridge Memorial Library will host a free Chess Club for learners of all ages. Children meet from 3:30 p.m. – 4:30 p.m. and adult beginning players meet from 4:30 p.m. – 5 p.m.

Designed for all ability levels, the Chess Club is led by a coach who can teach new chess players the basics, and help experienced players sharpen their skills. ###

Lodi Children’s June Events

Lodi Memorial Library offers events for children ages 4 and up in June 2016.

• **Wii Gaming**, Monday, June 13, 27, 4 – 5 p.m. Super Mario Bros., FIFA15, Angry Birds, Just Dance are just a few of the dozens of games you can play (Grades K & up)!

• **Kids crafts** (ages 4 & up): Tuesday - June 21, at 4:00 p.m. - Best Buddies with Dad; June 28, at 2 p.m. - Soccer Ball

• **LEGO build**, Tuesday, June 14, 28, 3 – 4:30 p.m.. (Grades K and up)

• **Board games**, Wednesday at 3:30 p.m. (Grades K and up).

• **Minecraft gaming**, Monday, 4 – 5 pm, (Grades K-4).

• **Minecraft gaming**, Thursday June 2, 9, 16, 23, 4 – 5 p.m., (Grades 5-8).

• **Minecraft gaming**, Thursday June 30, 4- 5 p.m, (Grades 2 and up).

Laptops are first-come first-served; gamers should arrive on time to guarantee a spot.

• **Teen Movie**, “Like Mike” (2002), Monday, June 20, 4 – 5:45 p.m. (Grades 7 – 12). When a bolt of lightning hits a pair of old sneakers with the initials “MJ,” 14-year-old hoopster Calvin gets superstar powers and the chance of a lifetime to play pro basketball. With: Shad Moss, Morris Chestnut. ###

Lodi Babies and Toddlers

Lodi Memorial Library offers events for its youngest patrons in June. Events are geared to babies and toddlers, 18 months – 2 years. Join for story-time, crafts and playtime!

• **Toddler crafts**, Wednesday, June 22, 29, 10:30 a.m.

• **Story Time**, Friday, June 3, 10, 17, 24; 10:30 – 11 a.m.

• **Playgroup** Friday, June 3, 10, 17, 24; 11 – 11:45 a.m.; with toys and puzzles (ages 18 months. – 2 years.)###

Paws for Reading

Young readers wanted! On Monday, June 6 and Monday, June 20, 2016 at 6 p.m., children are invited to the Wood-Ridge Memorial Library to read to Rodney. Rodney, a certified therapy dog, loves to listen to stories!

Children ages 5 and older may register for a 15-minute session. Therapy dogs provide a safe, nurturing experience for emergent readers to practice their literacy skills. To register, please call the Library at 201-438-2455. ###

Carlstadt Library Children’s Programs

June Children’s Events at The Carlstadt Library:

• **Yoga for Kids**, Monday in June, 6:15 p.m.

The Carlstadt Library presents a Yoga class for ages five and up! They’ve got a certified yoga instructor to help kids learn, move, and get healthy! Registration and permission slips are required. Space is limited.

• **Crafternoon**, Wednesday in June, 3:30 p.m.

Miss Nina presents Craft-ernoons at The Library! They create all kinds of amazing make and take craft projects. For children ages five and up.

• **Story Time**, Thursday in June, 10:30 a.m.

Come one, come all and have a ball at Story Time! They sing, dance, clap, wiggle, jiggle and sometimes even craft the morning away in a convivial (*and kidfriendly!*) atmosphere. Babies to age five are welcome to attend with caregivers.

• **Lego Club**, June 9 at 3:30 p.m.

Everything is awesome, everything is cool when you’re part of a team! Come do a team Lego build with them. Sometimes, there is a theme, and sometimes they just create their own, but they always have fun doing it!

• **Mad Science: Marvels in Motion**, June 30 at 3 p.m.

Mad Science presents an interactive look at the physics of movement! Hands-on fun for scientists ages five and up. No registration required for this special Summer Reading Club event! ###

My Superhero Grandpa Book Signing June 12

Michele McAvoy, long time Wood-Ridge resident and author of the children’s picture book, “My Superhero Grandpa,” will be selling and signing her new book at the Hayes Center, 2nd Street, Wood-Ridge on Sunday, June 12, 2016 from noon to 2 p.m.

“My Superhero Grandpa” is a story about a grandpa who watches over his young grandson from Heaven. The book likens angels to superheroes and is a sweet uplifting tale to help children cope with the passing of a loved one. “My Superhero Grandpa” is a great book in advance of Father’s Day for families whose grandpa is in Heaven.

For more information on the book please visit www.mysuperherograndpa.com ###

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W-R Memorial Foundation Honors Six

The Wood-Ridge Memorial Foundation held their annual dinner dance at The Fiesta on Friday May 6, 2016. The Foundation recognized 6 individuals for their contributions to the school or the community. Pictured are l-r front: Norman and Midge Pettersen, Maria Barrows. Back row l-r: Me-

lissa Ayvas Manolakakis, Phil Romero, Ed Pfeifer.

The proceeds from the dinner will be used to help fund the \$35,000.00 in awards that will be presented to 16 graduating Wood-Ridge Seniors in June.

The Foundation which was established in 1962 has now awarded over a million dollars to more than 850 students. The trustees are grateful for the

continued support received from the community.

Donations in any amount may be sent to the Wood-Ridge Memorial Foundation P.O. Box 166 W-R 07075. If you would like information for establishing a memorial award in your name or the name of a loved one, please contact Foundation Executive Director Jack Nagel at 201 641-2803. ###



Carlstadt Friendship Club Breakfast was held at the Civic Center on April 27, 2016. Photo by Dennis Kronyak Sr. ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell “everybody” about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information. Send these details at least 45 days prior to the event to: fritz@hasbrouck-heights.com or drop them off at: **The Gazette Newspaper**, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

Flag Day

That the Philadelphia seamstress Betsy Ross sewed the first American flag at the behest of the Founding Fathers is a myth. This story first surfaced in 1870 when her grandson made this claim at a meeting of the Pennsylvania Historical Society -- and soon was regarded as truth. While Betsy Ross did sew flags for the PA Navy, there is no proof of her grandson's claims. No one is sure who designed the flag. The best guess is that the flag's design is derived from a military banner carried during the American Revolution. ###

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 <p>Carlstadt Colonial \$689,000 4 BR, 3.5 Bath Contact: Judy Bellina @ 201-803-7535</p>	 <p>Rutherford Colonial \$525,000 4 BR, 1.5 Bath Contact Our Offices @ 201-939-2224/201-288-5533</p>	 <p>Kearny Two Family \$419,000 4 BR, 3 Bath Contact: Ana Maggy Oti @ 201-538-0692</p>	 <p>Little Ferry Condo Unit \$220,000 Reduced! 2 BR, 2 Bath Contact: James Campbell @ 201-394-7131</p>	AGENTS OF THE MONTH!  <p>Arletta Correia</p>  <p>Justin Smith</p>  <p>Manal Amer</p> <p>Congratulations!!</p>
 <p>Wallington Two Family \$479,000 6 BR, 3 Bath Contact: Deborah Balchan @ 201-741-1648</p>	 <p>Fair Lawn Cape Cod \$288,000 Reduced! 2 BR, 1 Bath Contact Our Offices @ 201-288-5533/201-939-2224</p>	 <p>Carlstadt Split Level \$379,900 4 BR, 2 Bath Contact: Judy Bellina @ 201-803-7535</p>	 <p>Rutherford Colonial \$494,000 Reduced! 3 BR, 2 Bath Contact: James Farrell @ 201-394-0276</p>	



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First Annual Walk-a-Thon

Family, friends, students and staff, along with several volunteers from on and off campus, joined Felician School for Exceptional Children on their First Annual Walk-a-Thon on Saturday afternoon, May 7, 2016.

Shirts were designed by T. J. Pugliese and printed at school by one of the Adult Prep

classes.

They started their walk with a warm-up led by Blink Fitness of Lodi, walked 2 full circles of the campus (*approximately 1 mile*). Following the walk they came to University cafeteria where participants had the opportunity to sample Jersey Mike's Subs and smoothies made by ShopRite

(*Inserra Supermarkets*) nutritionists/dieticians. At the end of the event they had a fun Zumba class led by a Zumba Gold instructor.

They are very grateful to have had the support of the community for this event and look forward to planning next year's walk. *Provided by Barbara J. Beaman. ###*



HH Library Recognized for Multicultural Programming

On May 18, 2016, New Jersey State Librarian Mary Chute honored three New Jersey Libraries for conducting outstanding multicultural programs to engage cultural and ethnic communities in meaningful and effective partnerships during a breakfast at the New Jersey Library Association Annual Conference.

"As State Librarian, I am extremely pleased to recognize our award recipients," said Chute. "These programs are exceptional examples of Libraries developing partnerships and delivering exceptional comprehensive cultural programming and promotion to their communities."

Free Public Library of Hasbrouck Heights received an award for their Multicultural Celebration- Focus on Asian Cultures. Previous celebrations in 2015 included: Chinese/February, Korean/April, Tibetan/June, and Indian/September.

A Ukrainian celebration was held on April 16, 2016 (*see pages 18-19*). On June 11 they will celebrate Germany with authentic Austrian/German American music with the Austrian Boys Band.

On September 17 they will celebrate Italy with a light opera by the Hudson Lyric Opera.

Other winning Libraries were: Atlantic City Free Public Library - Atlantic City Experience: La Ciudad Atlantica, and South Brunswick Public Library - Cultural Conversations. Each Library received a \$1,000 award. ###



Hasbrouck Heights Library Director Mimi Hui accepting the award from New Jersey State Librarian Mary Chute. ###



Wood-Ridge Mayor and Council welcomed **Mister Bagel** to 257 Valley Boulevard on May 14, 2016. Open 7 days. Provides catering. Check their deli selection at www.misterbagelnj.com ###



The Men's Association of Hasbrouck Heights held their Annual Dinner on March 12, 2016. They honored John Kosakowski of **Bill O'Shea's Florist** as Man of the Year. They also honored their out-going President John Brady, for his years of service as President. *Provided by Justin Watrel. ###*



Patrons attending the lecture at The Friends of **The Lodi Memorial Library Open House** on April 14, 2016, which attracted over 250 people. They had a karate demonstration, a lecture from the Drug Alliance, free give-aways from local businesses and a refreshment table sponsored by Inserra Supermarkets. *Photo provided by Justin Watrel. ###*



Mrs. Narkiewicz's East Rutherford Kindergarten students enjoying their field trip to the James A. McFaul Environmental Center in Wyckoff, NJ. *Provided by Cory Scelsa. ###*



Art Show at Felician School was held for T. J. Pugliese. He drew portraits of every staff member in the school. The class set up an art show to display them all. He also designed a school shirt and the Walk-a-Thon shirt this year. Classmates had sparkling cider, cheese and crackers, music, a raffle for art supplies, and a place for autographs. *Provided by Barbara J. Beaman. ###*



The Place Was a Zoo

Felician University Child Care Center in Lodi, held a Kid's Day party on Friday morning, May 6, 2016. The theme was "Animal Kingdom." The lively entertainment included hands-on audience participation with an assortment of exotic live animals from Outragehiss Pets.

There were games and activities from 9-10 a.m.; the animals were presented from 10 a.m. to 11 a.m.,

Lunch and snacks were served from 11 a.m. to noon.

###



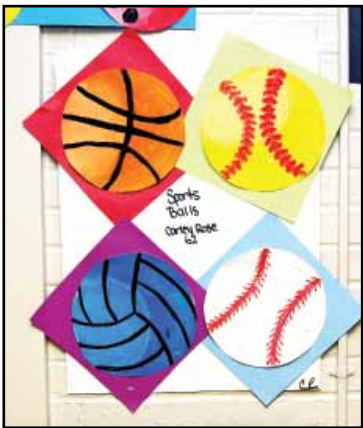
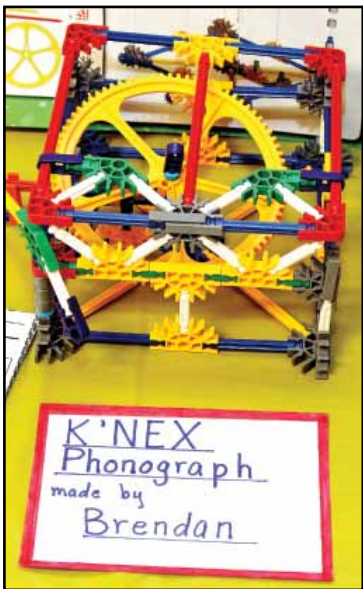
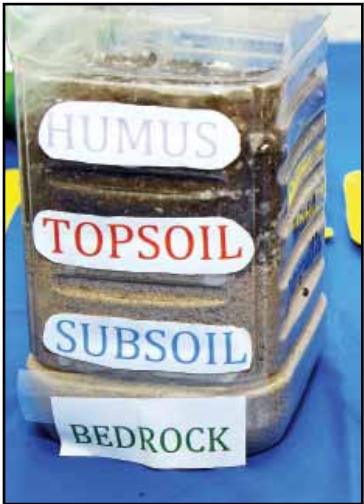
Curriculum Expo at RLC

Moonachie residents were invited to attend the Robert L. Craig School Curriculum Expo on Thursday, April 21, 2016, from 6:30 p.m. to 7:30 p.m.

The Curriculum Expo showcased projects by Pre-K through 8th Grade in all subject areas. Parents and children viewed art exhibits throughout the school and cafeteria.

You could try computer coding in The Library. There was a wind/p-bone ensemble performance with Mr. Santoro on the cafeteria stage. The PTO held a book fair in the gym. The Drama Club held a bake sale in the gym lobby.

This event is designed to build pride and spark enthusiasm and support for the school by bringing together students, parents, teachers and neighbors. ###



Dance Ensemble Showc



On Saturday, April 16, 2016, The Friends of The Free Public Library of Hasbrouck Heights presented a Ukrainian Dance Ensemble, "Iskra."

The afternoon included traditional food (*pierogi*, *kielbasa*, *pastry*) and folk dance. The program was led by Andrij Cybyk (*American by birth, Ukrainian by heritage and gypsy at heart.*)

Andrij welcomed the audience. At each segment he explained the music costumes and provided background about each dance. At the conclusion of the program he answered questions from the audience.

The program segments were:
• Ukrainian Mosaic. With a traditional greeting of bread and salt followed by a tour of the 5 regions of Ukraine, showing the variety and beauty of every style.

• Gossips. Lively dance set to a Moldovian folk tune.

• Hopak. Symbolizes Ukrainian folk dancing with swirling couples, the athleticism of the men and beauty and grace of the women left the audience with a feeling of exhilaration.

• Bereznianka. A dance for young couples in the springtime, the sticks, the men carry represent the maypole and the dance itself is a courtship for marriage.

This program is part of The Library's continuing multicultural celebration series.

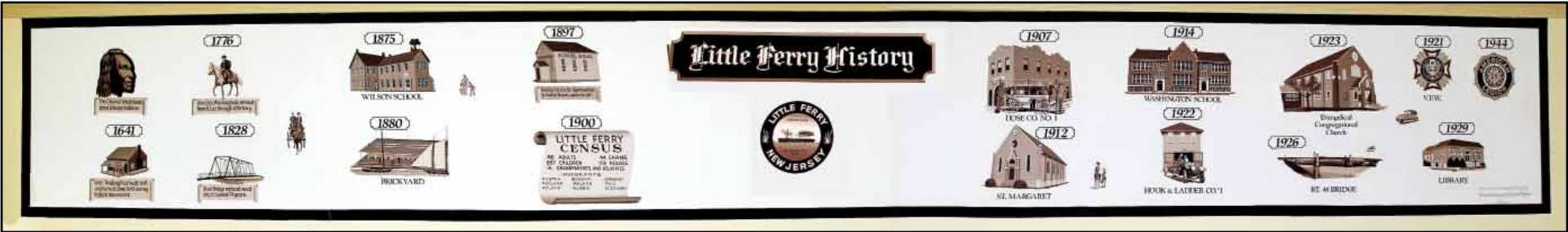
On June 11 they will be celebrating Germany with authentic Austrian/German American music with the Austrian Boys Band.

On September 17 they will be celebrating Italy with a light opera preformed by the Hudson Lyric Opera.

Previous celebrations in 2015 included: Chinese/February, Korean/April, Tibetan/June, and Indian/September. ###

ases Ukrainian Culture





Riedel Receives Key to Borough of Little Ferry

On Saturday, April 30, 2016, Mayor Mauro Raguseo presented Bill Riedel Sr. with a plaque bearing the Ceremonial Key to the Borough of Little Ferry for his artistic contributions the Borough of Little Ferry in painting a large local history mural on the long wall of the Reference Room at The Library.

The Little Ferry Local History Society had commissioned 88 year old Riedel to do this work. With about 35 guests in attendance, the mural was unveiled, followed by a reception. Speakers included Mayor

Raguseo, Frank Zabransky, President of the Little Ferry Historical Society and Karen Kaner, President of The Library Council. The mural is five feet by 40 feet. It represents key elements of the Borough's history. The work was done off-premise in five sections using special easels. It took about two weeks to create and about three days to hang. It was painted on canvas. Riedel has been painting murals for over 40 years. Mr. Riedel also designed the Borough logo. ###

Project Kid Care ID Program

Since the 1970s, the Hasbrouck Heights Police Department, in conjunction with the Hasbrouck Heights Lions Club, has conducted the "Project Kid Care ID Program" for all Corpus Christi, Euclid and Lincoln School 2nd Graders, beginning in April and ending in June. Over 100 students participated this year. Each Kid Care Photo ID Kit includes a standardized head-and-shoulders ID photo, fingerprints, child's vital statistics, valuable emergency information, and the rules of safety.

The kit also includes two wallet IDs. These photo IDs are used for missing children. Sgt. Alan Baker emphasized, "Kits are kept by the family. The digital photo and fingerprints are purged after the session and are not saved on the system. If the ID is lost, the process must be repeated." Since 2007, the kits were prepared digitally. The Hasbrouck Heights Police Department prepares the kits electronically, using their "Livescan" fingerprinting system and a digital camera.



Once the child is fingerprinted and photographed, the kit is assembled on a computer and a color printout is made for the family.

Police Chief Michael Colaneri stated, "This digital system is cleaner than the inked fingerprints. Sometimes fingerprinting a fidgeting youngster

was difficult. With this digital ID program, the quality of each fingerprint is validated immediately." ###

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Still Plenty of Work to Do

On Saturday, April 30, 2016, Rebuilding Together Bergen County marked its 18th Annual National Rebuilding Day. Volunteers provided critical home repairs and modifications, some as remnants of Super Storm Sandy.

Volunteer teams worked at homes on Franklin Avenue, Hasbrouck Heights; Stanley Place, Hackensack; Third Street, Hackensack and Sedita Place in Moonachie.

There were volunteers from sponsor Boiling Springs Savings Bank and from Ponds Reformed Church, Oakland.

Some prep work to these homes was done in advance.

Photos: Work on the Moonachie home included electrical repairs (*replacing some fixtures, outlets floodlights,*) prepping/painting walls, fixing doors and trim around windows, yard and house clean-up.

To sponsor a project or to volunteer, e-mail info@RebuildingTogetherBergen.org or call 201-447-8886. ###



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Xcel Tae Kwon Do Martial Arts Sets a Record at the Atlantic Tae Kwon Do Championship!

The 2016 Atlantic Tae Kwon Do Championship was held on April 24, 2016, at Shore Regional High School in Oakhurst, New Jersey. This annual tournament gathers together martial artists from all over the Northeast to test their skills against each other.

Xcel Martial Arts Center of Hasbrouck Heights sent sixty-seven students to compete at this championship and won an unprecedented one hundred and thirty trophies and medals.

With ages varying from 4 year olds to teenagers, the team from Xcel all shared the same goal, which was to be prepared, be confident and be at their best.

After months of extra training, everything fell into place as they set the tournament record for the most awards ever won by a school by kicking, jumping and smashing their way to the top of the medal podium.

Master Steven Lee, head coach of Xcel Martial Arts and a former captain of the U.S. National Tae Kwon Do Team, stated that he was delighted but not surprised how well his students performed because of the amount of time and dedication they put into their training. "This type of individual competition truly shows your work ethic, due to the fact that the more you train the better you will perform," said Master Lee. He also stated "being out on the competition floor all alone, you are not able to rely on anyone else but yourself, which says a lot about one's confidence".

There were many great performances by Team Xcel Martial Arts. However, the youngest students at four years old, Trey Peele and Brody McCotter surprised everyone at their very first tournament by winning 1st Place. Their slightly nervous parents were

with them every step of the way, never losing faith.

Another memorable performance was from Alexander Rodriquez of Hasbrouck Heights winning his 5th Gold medal in the sparring competition, making it five years in a row, but first time as a black belt.

Brand new black belts, Meghan Stellhorn and Megan Aurigemma, also made their mark in the tougher black belt division as they received 1st and 2nd Places.

Team Xcel consisted of: Carlene Sideco, Kelis Guzman, Vinnie Urgola, Isabella Jorge, Victoria Quizhpilema, Matthew Macchia, Jayden Torres, Nicole Nieto, Trey Peele, Shayna Peele, Alexander Rodriquez, Amaya Rodriquez, Brody McCotter, Madeline McCotter, Oliver Jasinski, Jacob Mcallister, Nathalie Deguzman, Dylan Taylor, Jenna Korteling, Manny Rodriguez, Melanie Martinez, Max Iskra, Anna Repasy, Tyler Bergman, Chloe Bergman,

Golf Outing June 20

Knights of Columbus #4524 is hosting a golf outing at Apple Mountain Golf Club, Belvidere, NJ, on Monday, June 20, 2016.

Breakfast 8 to 8:45 a.m. with shotgun start at 9 a.m.

Cost is \$90 and includes greens fees, carts, breakfast, hotdogs and beer at the turn with barbeque buffet at the 19th hole. Cash bar.

Prizes (men & ladies) for longest drive, closest to pin and team score.

Payment is due by June 13. Space is limited. Contact Wayne at 201-531-0632 (Wayne4524@comcast.net) or Pat at 201-638-0309 (landollgimpy@aol.com) ###

Matthew Cornelius, Thelma Flowers, Megan Aurigemma, Tyler Cappadona, Samantha Robinson, Marcus Kelly, Ethan Espinas, Meghan Stellhorn, Valeria Gonzalez, Valentina Gonzalez, Nicholas Prince, Heidi Castillo, Nathaniel Napoli, Kayla Santiago, Adarsh Thakur, Silvia Andrade, A.J. Scarnaty, Joanna Rosario, Luca Herrera, Alex Marcano, Faith Marcano, Jadelyn Sisco, Elijah Maru, Kayleigh Rose Maru, Douglas Kwon, Emily Kwon, Alexis Hoffman, John Jaramillo, Addison Passarella, Brynn Passarella, Ashleigh Collins, Anastasia Georgas, Caylie Daniels, Jake Daniels, Michael McGurran, Charlotte Liu, Emily Brand, Malgorzata Kielska and Christopher Schweizer. Assistant coaches were Miss Emily Gaige, Mr. Filip Checko, Mr. John Wagner and Miss Oliva Wicki.

Now having completed

Hope & Safety Golf Classic June 2

Center For Hope And Safety will hold its Golf Classic on Thursday, June 2, 2016 at the Edgewood Country Club in River Vale, NJ.

Player registration and sponsorship includes 18 holes of golf, lunch, cocktails, dinner, prizes and silent auction.

Cost per Golfer \$375; Foursome \$1,375. Cocktails/ Dinner Only \$100.

Various sponsorships available.

For more information visit www.hopeandsafetynj.org or Jean at 201-498-9247. Proceeds from this outing will be used to benefit Center For Hope And Safety's commitment to provide services to individuals who are affected by domestic violence. ###

such a great task, the most important lesson Master Lee emphasized to his students was to take this experience of achievement and apply it to whatever challenges they may face in the future. Medals and trophies are nice things to hold and to look at, but all the students of Xcel Martial Arts Center learned the feeling of

accomplishment that will make them champions for life.

Congratulations to all the competitors from Xcel Tae Kwon Do Martial Arts Center of Hasbrouck Heights for the record setting performance!

Story by Christine Desantis. Photo by Xcel Tae Kwon Do Martial Arts Center. ###

Library Walking Challenge

"I'm Going to Walk to Hasbrouck Heights Library!" is this year's theme for the Adult Summer Reading program. In an effort to promote healthier living styles and awareness of the benefits of regular exercise, its purpose is to encourage patrons to walk a total of 50,000+ steps by the end of August.

You do not need to be a resident to participate; the program is open to all Library patrons. Beginning Monday, June 20, 2016, patrons who are 18 years old or older can visit the circulation desk and sign up to receive a free pedometer.

Patrons are asked to visit The Library each week to have their readings recorded. The patron who walks the most steps by the end of August 26 will win a three month gym membership, while two runner ups will win a \$25 gift card to a sporting goods store. Patrons are also eligible to enter a weekly raffle for a water bottle.

For an alternative challenge for those with physical disabilities, or for general questions and details about this challenge, please call the 201-288-0484 and ask for Laura. ###

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Babe Ruth Baseball Action Heats Up

With twenty-one teams spread over seven towns, the 13 – 15 year old Babe Ruth League has had a great start to its season.

Wood-Ridge is leading the way in the National League and in the 13 year old Pioneer League.

The National League reached the mid-point of the 2016 season with three Wood-Ridge teams in a heated race for first place. Segovia leads the pack with a record of 7 wins and no losses. Right behind them are Cinelli's at 6 -1 and Graycliff at 5 wins and 1 loss. Each team has at least 8 games remaining, meaning that there is plenty of time left for the standings to change. Right behind that pack is Hasbrouck Heights American Legion Post 106 with a record of 3 wins and 5 losses. Rounding out the National League are Carlstadt/East Rutherford Cardinals, Hasbrouck Heights Stan's Sports, Hasbrouck Heights Fire and the Carlstadt/East Rutherford Pirates.

Cinelli's opened the season by winning its first five games, including an 8 – 1 win over the Cardinals in which Shane Herford threw four scoreless innings and Noah Leone went 4 for 4 including a triple. Then undefeated Cinelli's took on undefeated Segovia and Cinelli's fell by that same score of 8 – 1.

Segovia was led by the pitching of Liam Winslow and Eric Drotos. Segovia's hitting has been led by Drew Packen who also has had a 4 for 4 game. The defense is anchored by Mike Fischkelta at first base, Mike Giancaspro at shortstop and Kyle Taylor in the outfield. In five of their games, the opposition has scored 3 or fewer runs.

Hasbrouck Heights American Legion Post 106 started off the season slowly but found the right gear and ran off a three game winning streak. The team

has shared the pitching among Victor Barris, Mario Gomez, JC Pagan and Daniel Behrens. The winning streak positioned the team for crucial showdowns with Graycliff and Cinelli's. In the Graycliff game, American Legion Post 106 lost a nail biter 10 – 9. Craig Temes, Aleksey Rega and Mike Araujo had multi-hit games. This was followed by a hard fought 5 – 2 loss to Cinelli. Mario Gomez pitched five innings and held Cinelli to their fewest runs scored all year.

In a battle for first place atop the 13 year old Pioneer League, Wood-Ridge faced Little Ferry.

A 5 run first inning powered Wood-Ridge to a 12 – 8 win and a record of 7 wins 2 losses. Wood-Ridge was led by the pitching of Michael Kaseman and Brian Albert. Nick Hansen paced the offense with 4 RBIs and Nick Parmi rounded everything out with spectacular defense.

While Wood-Ridge sits atop the Pioneer League, Little Ferry at 5 wins 2 losses and the Carlstadt/East Rutherford Cardinals at 4 wins 2 losses are not far behind.

The mid-season leader of the American League is the Rutherford PBA also with a record of 7 wins and no losses.

Playoffs are scheduled to begin on June 10. For the current standings and game schedule, please visit the league website at www.rutherford-baberuth.com Story by Pat Kinzler. ###

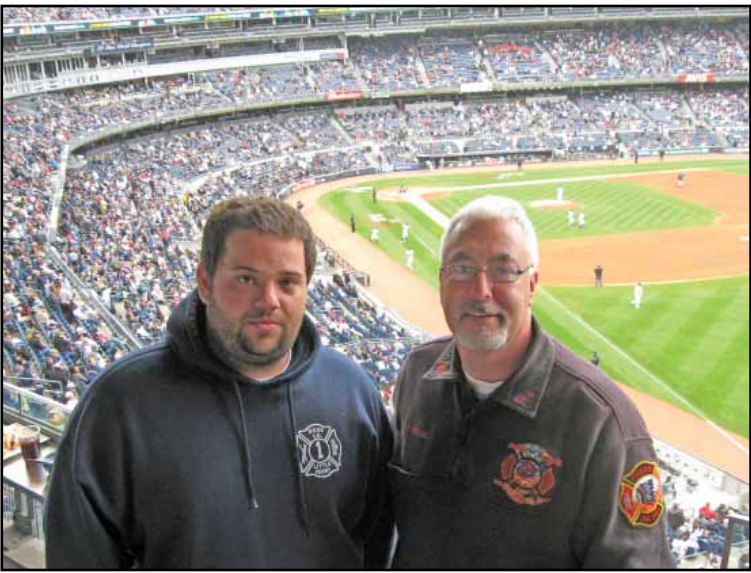
Pro Wrestling At W-R June 3

The Wood-Ridge Public Education Foundation, in partnership with Wood-Ridge Recreation Wrestling, presents a Live Pro Wrestling Event on June 3, 2016 at Wood-Ridge Jr/Sr High School Gym. Doors open at 7 p.m.

WWE Hall of Famer "Rikishi" and former WWE Star "The Patriot" are featured plus numerous other professional wrestlers will provide an entertaining evening battling each other, as well as Wood-Ridge community members!

Only 60 \$35 VIP tickets available to Wood-Ridge residents. \$25 Ringside seats and \$20 general admission seats are available.

Proceeds will benefit the students of the Wood-Ridge Public Schools and Wood-Ridge Recreational Wrestling. Contact cheri@wrpef.org for details. ###



W-R Lions Express Gratitude

Pictured in a luxury box suite at the May 15, 2016 game at Yankee Stadium are Little Ferry Fireman Leo Morolla (left) and Moonachie Fireman Fred Dressel Jr. The two volunteer firemen were seriously injured fighting a fire at a Moonachie home in early April.

They were the guests of the Wood-Ridge Lions Club who have rented a suite at the stadium for the past several years as a fund raiser. When learning of the injuries of the two firemen,

the Board of Directors wanted to recognize the sacrifice of these two firemen and to thank them for their service.

Club President Rich McCullough stated that "we are grateful that these two dedicated firemen are on the road to a full recovery. As a service organization, we gratefully acknowledge their service and the service of all of the volunteer firefighters, EMS and first responders that serve our community." Provided by Jack Nagel. ###



Elks Hoop Shoot Champ

Luke Gaccione, who won the NJ State Elks Hoop Shoot contest, with Rich Tabachuk NJ Elks State President, from Rutherford Lodge 547.

Luke won the Ortega Hoop Shoot in Rutherford, advanced to South Plainfield, advanced to regionals in Wilkes Barre, PA, where he took Third Place.

He was honored at a recent Rutherford Mayor and Council meeting. Provided by Barbara Bennett. ###

Matt Fenton Memorial 5K June 5

On Sunday, June 5, 2016, at 9 a.m., the 6th Annual Matt Fenton Memorial 5K Run/Walk at Willow Lake Park, will start at the Little Ferry Public Safety Building/Senior Center at 95 Main Street, Little Ferry, NJ.

This USATF sanctioned Grand Prix Event is 500 points. Pre-registration is \$20 with day of race \$25, starting at 7:30 a.m.

Register online until June 3 at www.raceforum.com/little-ferry or register by mail before June 1. For race information, go to www.littleferrynj.org or email: Moses.racedirector@gmail.com

Awards for top 3 male/female overall medals, gift certificates to top 3 male/female in 5-year age-groups up to 80+, top male/female Little Ferry resident prizes, and top male/female First Responder prize.

Amenities include refreshments, DJ, B-Tag scoring by Compuscore, and T-shirts to first 700 runners. Event also includes awards ceremony, random prizes and family fun and kids activities.

RACE PROCEEDS will support local first responders, as well as the Semper Fi Fund, which provides services for wounded and critically

ill service members from all branches of the United States Armed Forces (www.sempersfund.org)

• Lost to us on May 5, 2006, Sgt. Matthew J. Fenton was a larger than life figure to those who were blessed to know him. Fatally injured while conducting combat operations in Iraq, Sgt. Fenton's service to our Country shall not be forgotten.

Sgt. Fenton was with the Forces Reserve's Inspector and Instructor Staff, 1st Battalion, 25th Marine Regiment, 4th Marine Division, Fort Devens, Massachusetts.

At his funeral, Sgt. Fenton was made an honorary Little Ferry Police Officer, the job which he was to hold upon his return to Little Ferry. ###

TEB 5K Run July 16

The 19th Annual PSE&G Bergen County United Way Teterboro Airport 5K Run is scheduled for 8:30 a.m., on Saturday, July 16, 2015, at Jet Aviation (Moonachie Avenue).

Last year's event attracted almost 600 runners and this year even more are expected.

Well known as a "must-run" summer race, the course is certified and sanctioned by USATF and is a Grand Prix Series Race.

The course is flat out and back with only five turns, two water stops and mile clocks on the runway. Run is 500 USATF-NJ NBGP points.

Over \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, Chrono-Track B-Tag Scoring, United

Way Mini-Flyer Dashes, Food, DJ, etc.

Registration fee is \$25 before July 13, and \$30 on race day. Early registration is advised. Registration site – www.raceforum.com/teterboro.

Security will be tight. Two forms of ID are required. All bags are subject to be searched. No one will be allowed entry to the airport and race staging area after 7:55 a.m.

Proceeds will be used to provide direct services to the most vulnerable residents in our community.

Race director is Cheryl Moses. Results will be at: www.compucore.com. For more information go to: www.bergenunitedway.org ###



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American Baseball in Cuba

The East Rutherford Memorial Library will be hosting American Baseball in Cuba, on Wednesday, June 29, 2016, at 6:15 pm with presenter, Rick Feingold.

He has presented this lecture as part of the Cooperstown Symposium on Baseball and American Culture at the National Baseball Hall of Fame.

Registration is required as space is limited. Participants can register online at eastrutherford.bccls.org or call 201-939-3930. ###



Filling You In

By Jeffrey E. Mason, D.M.D.

Eating Disorders

Eating disorders are real, complex, and often devastating conditions that can have serious consequences on your overall health and oral health. Telltale early signs of eating disorders often appear in and around the mouth. A dentist may be the first person to notice the symptoms of an eating disorder and to encourage his or her patient to get help.

What are the different types of eating disorders?

- Anorexia nervosa is a serious, potentially life-threatening eating disorder characterized by self-starvation and excessive weight loss.
- Bulimia nervosa is a serious, potentially life-threatening eating disorder characterized by a cycle of bingeing and compensatory behaviors (*i.e., self-induced vomiting, use of laxatives, diuretics, or enemas*) designed to undo or compensate for the effects of binge eating.
- Binge eating is an eating disorder characterized by recurrent episodes of uncontrollable eating without the regular use of compensatory measures to counter the effects of excessive eating. Binge eating may occur on its own or in the context of other eating disorders.
- Pica is an eating disorder that is described as “the hunger or craving for non-food substances.” It involves a person persistently mouthing and/or ingesting non-nutritive substances (*i.e., coal, laundry*

Health Tip Go Meatless

Not everyone is able to make the transition to a vegetarian lifestyle. That's perfectly fine. But, try to go meatless at least once a week.

The decrease in meat consumption will help you to become healthier. Lower cholesterol and lower blood pressure are great side effects to a lower meat diet.

Start with one meal at a time and when you get used to that, cut meat from another meal. You can also cut back on the amount of meat served in a meal by using half of the meat called for in a recipe or by substituting beans or a soy product for part of the meat called for.

By starting off gradually, the reduction in the amount of meat that you eat will be hardly noticeable to you and your family. And the health benefits are wonderful. ###

starch, plaster, pencil erasers, and so forth) for at least a period of one month at an age when this behavior is considered developmentally inappropriate.

How do eating disorders affect health?

Eating disorders can rob the body of adequate minerals, vitamins, proteins, and other nutrients needed for good health.

Without the proper nutrition, gums and other soft tissue inside your mouth may bleed easily.

Frequent vomiting may affect teeth as well. Repeated exposure to strong stomach acid can cause much of a tooth's outer covering (*enamel*) to be lost, resulting in changes to the teeth's color, shape, and length. The edges of teeth may become thin and break off easily. Eating hot or cold foods or drinks may become uncomfortable. Repeated vomiting also can cause mouth sores, dry mouth, cracked lips, and bad breath.

How do dentists detect eating disorders?

Changes in the mouth are often the first physical signs of an eating disorder. Bad breath, sensitive teeth, and tooth erosion are just a few of the signs that may indicate whether a patient might be suffering from an eating disorder. A dentist who determines that a patient has an eating disorder can refer the patient to the appropriate medical personnel, as well as teach the patient about how to minimize the oral effects of the eating disorder.

Can a person recover from an eating disorder?

Yes. Professional help, nutritional counseling, and having a good support network all play a crucial role in the recovery process.

For more information, talk to your dentist or physician.

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



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Mosquito Season is Abuzz

Standing water means you could be raising mosquitoes!

Many generations of mosquitoes can breed right in your own yard. All mosquitoes need water to complete their life cycle. Mosquitoes also are not known to travel long distances from their water source.

Some mosquitoes lay their eggs in standing water where they hatch in just a day or two. They can do this in water that has been standing for as little as four days.

Other mosquitoes may lay their eggs in old tires, tin cans, or other water-holding containers including bird baths, wading and small swimming pools, ornamental ponds, clogged gutters, flowerpots or the drip plates beneath them, cups, glasses, drink cans, etc.

The eggs may remain unhatched for weeks or even months until they are covered with water!

Yard and home checklist:

- Get rid of old tires, tin cans, buckets, drums, bottles, or any water holding containers
- Fill in or drain any low

places (puddles, ruts) in yard

- Keep drains, ditches, and culverts clean of weeds and trash so water will drain properly

- Cover trash containers to keep out rain water

- Repair leaky pipes and outdoor faucets

- Empty plastic wading pool at least once a week and store it indoors when not in use

- Make sure your backyard pool is properly cared for while on vacation

- Fill in tree rot holes and hollow stumps that hold water with sand or concrete

- Change the water in bird baths and plant pots or drip trays at least once a week

- Keep grass cut short and shrubbery well trimmed around the house so adult mosquitoes will not hide there

- Keep gutters clean and free of debris and leaves.

- Store boats covered or upside down.

Protect yourself

from mosquito bites

- If possible, avoid being

outdoors in the early morning or in the evening.

- If you must go out, wear long-sleeved shirts, long pants and socks.

- The EPA and CDC advise the use of a mosquito repellent, following the instructions on the label.

- Check with your pediatrician before using a repellent on children.

- Keep windows and doors closed or covered with screens to prevent mosquitoes from entering the house.

- Repair screens on windows, doors, porches, and patios.

- Some mosquito control methods do not do a very good job. For example, bug zappers do not work well to control biting mosquitos since they do not emit carbon dioxide.

- Various birds and bats will eat mosquitos, but there is little evidence that this cuts down on the number of mosquitos around homes.

- Electronic mosquito repelling devices don't stop mosquitos biting people either. ###

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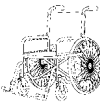
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Beloved Padre Pio, Saint of Pietrelcina, today I come to add my prayer to the thousands of prayers offered to you everyday by those who love and venerate you. They ask for cures and healings, earthly and spiritual blessings, and peace for body and mind. Because of your friendship with the Lord, He heals those you ask to be healed, and forgives those you forgive.

As we lovingly recall the wounds that pierced your hands, feet and side, we not only remember the blood you shed in pain, but your smile and the invisible halo of sweet smelling flowers that surrounded your presence, the perfume of sanctity.

In your kindness, please help me with my own special request: *(mention here your petition, and make the sign of the Cross.)* MR ###

PRAYER TO ST. JUDE

Oh Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to who God has given such great power to come to my assistance. Help me in my urgent petition. In return I promise to make your name known and cause you to be invoked. Say three Our Fathers, Hail Marys and Glorias.

Publication must be promised. St. Jude, pray for us all who invoke your aid, Amen. This novena has never been known to fail. This novena must be said for nine consecutive days. MR ###

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Taizé Evening
Prayer Service
June 7

You are invited for 30 peaceful minutes of simple chant, prayer, and silence on Tuesday, June 7, 2016.

Taizé services are meaningful and moving, and are based upon silent and spoken prayer, special music and moments of contemplation. This service is for anyone who finds that the hectic pace of life is drowning out God's voice in their life.

Started in France after WWII, Taizé prayer is a beautiful practice that can open hearts and minds toward God through singing simple chants, scripture readings, times of quiet contemplation, and intercessory prayer.

The service will begin at 7:30 p.m. at Holy Trinity, 92 Burton Avenue, Hasbrouck Heights. This will be the last evening prayer service before the summer break.

They will resume again in October and are held on the first Tuesday of every month.

If you have questions, please visit holyltrinityhasbrouckheights.com, or call 201-288-6898. *Story by Judy Danilchick.* ###

Guitarist Needed!

St. Joseph's Church (*East Rutherford*) is urgently seeking an experienced, proficient or professional guitarist to join our vibrant music ministry team! Sunday 10 a.m. and/or 12 p.m. Mass, plus opportunity for feast days and other services.

Contact Director of Music at StJoesMusicBel@gmail.com or call the rectory office and leave a message 201-939-0457.

Good stipend offered and this is a continuing gig with flexibility. No rehearsals required with independent preparation. Great mix of traditional, contemporary, gospel styles. ###

*Every gun that is made,
every warship launched, every
rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.--
General Dwight D. Eisenhower*

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THE GAZETTE NEWSPAPER
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Knights Annual
Father's Day
Breakfast
June 19

On Father's Day, June 19, 2016, the St. Anthony Council Knights of Columbus from Wood-Ridge will be holding their 9th Annual Father's Day Communion Breakfast.

Members of the Knights of Columbus, their friends and families, will attend the 9:30 a.m. Mass at the Assumption Church. The breakfast will take place at the Fiesta following the Mass.

Tickets are \$18 per adult and \$16 for children 9 and under. For tickets, contact a member of the Wood-Ridge Knights of Columbus. *Story by Peter Gallo Jr.* ###

Tools Of Hope

Once again the Guild of Reformed Church Women of First Reformed Church will celebrate Father's Day, Sunday, June 19, 2016, by offering Tools of Hope donations as testimony to all our Dads as well as any and all men folk in our lives.

Your gifts of pride and joy in honor of, or in memory of, these special "guys" will be many-pronged.

Each \$10 donation will enable Church World Service to assist men (*and women*) around the world with proper tools and training for many skills from planting seeds to feeding a family, repairing buildings to return families to their homes, providing animals for milking and breeding, to learning to dig wells to provide clean water for many families.

Church World Service is a well known organization that works locally, nationally and internationally for the good of the common people. They often are the first to respond to natural disasters; they are also active in many famine-stricken areas, working hand-in-hand with local disaster units. For further information, check out churchworldservice.org.

Send contributions to First Reformed Church, PO Box 66, Hasbrouck Heights, NJ, 07604 by Sunday, June 12. Make checks payable to Guild RCW. For more information, call First Reformed Church at 201-288-1122 or Estella at 201-288-0378. ###

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Leisure Club Holds Busy Meeting

Eighty-five seniors attended the meeting of the HH Leisure Club held on May 11, 2016. This was no ordinary afternoon meeting. It contained the election of officers, entertainment by the Apache Twins, a pizza party and an opportunity for the members to honor Veterans and reflect on the significance of Memorial Day.

After President Peter Gallo called the meeting to order, he asked all the Veterans present to stand up. American Legion Commander Michael Cahill then discussed the significance of Memorial Day.

Seniors Plan Two Summer Day Trips

The Hasbrouck Heights Leisure Club will host two day-long trips.

- The first is schedule for Thursday, July 21, 2016 featuring a 1-1/2 hour cruise aboard the River Lady along the Toms River and Barnegat Bay followed by a luncheon at the Captain's Inn Waterfront Restaurant and concluding with a visit to Delicious Orchards (a 60,000 square foot farm and country retail food market).

The trip will depart from the Senior Center at 9:15 a.m. and return at approximately 6:30 p.m. The \$80 fee covers everything including transportation and tip for the driver. For more information contact Dorothy at 201-288-9537.

- The second day-long trip is scheduled for Wednesday, August 3, 2016 to Krucker's Catering and Picnic Grove nestled within the Ramapo Mountains in Pomona, NY.

The package includes buttermilk biscuits and coffee at arrival at 10:30 a.m.; franks, sauerkraut, grilled hamburgers/cheeseburgers, sausage, peppers and onions, French fried potatoes, tossed garden salad, and Manhattan style clam chowder from 11:30 a.m. to 1:30 p.m.; watermelon and ice pops at 1 p.m., ending with dinner at 4 p.m.

Soft drinks, coffee, beer and wine will be available until 5 p.m.

Some of the day activities are bocce ball, horseshoes, swimming, dancing and Bingo.

The \$55 fee covers everything including transportation and tip for the driver. For more information contact Dorothy at 201-288-9537. *Story by Peter Gallo Jr. ###*

Bingo is held every second and fourth Tuesday of the month at the **Little Ferry Senior Center**, 95 Main Street, at 12:30 p.m. ###

During the business portion of the meeting, two revisions to the Club Bylaws were presented. The first defined how honorary member's status would be granted and the second defined how life member's status would be granted. These two amendments will be voted upon at the Installation meeting on June 8, 2016.

The Club elected the following officers to serve a two year term, President Peter Gallo, Vice President Dorothy Fitzin, Secretary Marilyn deRussy, Treasurer Frances Visco and Assistant Treasurer June Raymond.

Mayor Jack DeLorenzo will install them in June at the Venetian.

At the conclusion of the business meeting the Apache Twins treated all to a first-rate performance. The twins (*Joe and Charles Nicklus*) reside in Garfield. In fact, they are graduates of Garfield High School. They specialize in country/oldies songs. Songs that are well known to everyone; in fact, many members sang along with the duo.

The members were served pizza and soda while they enjoyed the entertainment. *Story by Peter Gallo Jr. ###*

Lodi AARP 2015 Program Schedule

The AARP Chapter 2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Boys & Girls Club. New members are welcome. Dues are \$10 a year.

For membership information contact Stan at 973-779-8544. The upcoming meetings and events scheduled include:

- June 21, 2016: Regular meeting with Father's Day luncheon to be held at the Lodi Senior Center on Walnut Street.
- July 13, 2016: Shawnee Playhouse and Lunch show "Honky Tonk Angels" \$40 for members; \$45 for non-Lodi AARP members. For info contact Kathy at 973-779-8544.
- July 19, 2016: Regular meeting. Entertainment by "The Apache Twins" to be held at the Lodi Senior Center on Walnut Street. ###

Friendship Club

The Carlstadt Senior Friendship Club meets on the 1st and 3rd Wednesdays of the month. On the 3rd Wednesday a visiting nurse is available to take blood pressure readings of all Carlstadt residents, not only members of the club.

Several trips are planned: June 21 Sands Casino in PA; July 14 to Westchester Theater; August 24 the Villa in Mt. Lakes; September 27-28 to Sight & Sound in Lancaster, PA; October 31 Stony Hill; and November 10 Thayer Hotel at West Point and December 10 a New Year's celebration at the Brownstone. Call 201-933-6949.

An invitation is extended to all Carlstadt residents to join the club for good information and entertaining meetings. Bingo follows all meetings.

After a summer hiatus, in September they will have Capt. Sheehan, the Hackensack River Keeper join them with an interesting program. *Provided by Eleanor Costa. ###*

Sight & Sound in Lancaster, PA

An overnight trip is scheduled for September 27-28, 2016 to Lancaster, PA to see the new Sight & Sound production of "Samson."

The trip is coordinated by the Carlstadt Senior Friendship Club. Included is the show, dinner, overnight in a local motel, with breakfast the next day, a 3-hour tour of the Amish countryside, a visit to Kettle Kitchen, a wonderful shopping experience. Cost of \$207 per person (*taxes and gratuities are included*).

Call Bruce at 201-953-4988 for details. ###

Vic Hoofers

The Vic Hoofers is a ladies social club open to anyone from the surrounding towns who want to enjoy an evening of refreshments and a special game. Each meeting is held on the first Thursday of the month at the Carlstadt Civic Center at 7 p.m. *Provided by Eleanor Costa. ###*

June 2016 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, June 6, 13, 20, 27
10:00 a.m. to 3:00 p.m. Games, cards & coffee
11:00 a.m. Mahjong
10 a.m. to 3 p.m. Senior Lounge open to all

Tuesday, June 7 Senior Center Closed --Election
Tuesday, June 14, 21, 28
10:00 a.m. Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Card Game Night

Wednesday, June 8, 15, 22, 29
10:00 a.m. Games, cards & coffee
10:00 a.m. Mahjong
2:00 p.m. Senior Aerobics \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all

Thursday, June 2, 9, 16, 23, 30
10:00 a.m. Games, cards & coffee
11:00 a.m. Mahjong
2:00 p.m. Senior Yoga \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all

Friday, June 3, 17
12 p.m. Zumba Gold \$1.00
1 p.m. to 3 p.m. Games, cards & coffee

Friday, June 10, 24
10:00 a.m. Fun Bingo
Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday, June 1
10:30 a.m. Executive Board Meeting

Wednesday, June 8
Noon to 4 p.m. Leisure Club Installation Luncheon The Venetian in Garfield

TRIP SCHEDULE

Thursday, July 21 - Boat Cruise, Delicious Orchards
Cost: \$80 for members; \$85 non-members
Contact Dot at 288-9537

Wednesday, August 3 - Krucker's Picnic Grove
Cost: \$80 for members; \$85 non-members
Contact Dot at 288-9537

Annual Senior Picnic
Thursday, July 14 from Noon to 3 p.m.
To be held at the Senior Center. Open to all HH senior residents. Sign up at the Senior Center or Borough Clerk. Town bus available for those who request it.

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Lodi Senior Club News

The Lodi Senior Citizens Club meets the 2nd and 4th Tuesday of the month, for members only. Lodi residents over the age of 55 are welcome. Membership is \$13 per year.

Every Thursday the Club opens 10:30 a.m. to 3 p.m. with non-members welcome. Programs include: Senior Exercise 11 a.m. to 12 p.m.; Line Dancing 1 p.m. to 2 p.m.; Bingo 12:45 p.m. to 2 p.m.

The Club has a pool table, a shuffle board, cards, art center, a Library, games, Chit-Chat and bocce (*in season*). Refreshments are served. For information, call during open hours at 973-472-6994. For bus, call Kim between 8 a.m. and 4 p.m. The Lodi Senior Club 2016 events include:

- June 15: Shrimp Box Luncheon and Cruise
- August 17: Mt. Airy Casino Trip, PA
- October 12: Peddler's Village, PA, Luncheon and Show
- December 9: Christmas Party, Venetian ###

Learn About the Kip Center

New members and those who wish to learn about the Kip Center, 55 Kip Avenue, Rutherford, and various programs for older adults in Rutherford and surrounding communities are invited to stop in to tour the center, meet the staff and learn about the many programs and services. For more info, call Cathy 201-460-1600. ##

Lodi AARP Hears More About Skin Cancer

Ms. Joanne Wendolowski, MS, RN, BC, Public Health Nurse Supervisor at Hackensack University Medical Center was the guest speaker at the Lodi AARP Chapter #2015 held on April 19, 2016. Her topic was "Skin Cancer."

Through a visual and oral presentation she answered the following questions, "What are the three most common skin cancers?" "What are the warning signs of skin cancer?" "What are the treatments for skin cancer?" What are some of the risk factors?" and "What can we do to protect ourselves from the sun?"

Skin cancer is usually found on the sun-exposed areas of the skin. Sun exposure can damage your skin during any season, but summer rays are more harmful.

Skin cancer may develop if one is exposed to ultraviolet radiation, has fair skin, uses an indoor tanning bed, has multiple blistering sunburns, has had prior skin cancer diagnosis, or may be the result of the use of some medication.

Joanne stated that to protect ourselves from the sun we should use sunscreen daily; apply sunscreen liberally and reapply at least every two hours and after swimming or sweating; wear sunglasses, use SPF15-30 lip balm and reapply often; wear sun-protective clothing; minimize sun exposure between 10 a.m. and 4 p.m.; avoid tanning bed use; and see your dermatologist for a yearly full body skin exam.

After her presentation, the members of the Thomas Jefferson Middle School mixed chorus performed two numbers for the members of AARP. Story by Peter Gallo Jr. ###

Kip Center Casino Trip

The Kip Center hosts a Sands Casino Trip the second Monday of every month, Bus leaves at 8:30 a.m. from the Kip Center, 55 Kip Avenue, Rutherford. The cost is \$30.

You will get \$30 back when you arrive. 55 Kip Members first priority, but spaces are generally available for your friends. Reserve early.

New to the Kip Center? Give it a try, there is always something going on! Call 201-460-1600 for more information. ###

ER Seniors

The East Rutherford Seniors will hold their June meetings on the 2nd and 4th Tuesday of the month at the Senior Ctr., Vreeland Avenue, East Rutherford. Meetings start at 1 p.m. with coffee/dessert, socializing and bingo to follow.

Free blood pressure screenings at 11:30 a.m. for all East Rutherford residents.

A community bus is available to all residents for local shopping and malls and to club meetings. You do not have to be a club member.

Contact Carole at 201-655-3149 for bus schedule and if you are interested in joining the senior Club. ###

Trips:

- Caesar's Atlantic City, Monday, June 20, 2016, \$27 with \$30 slot return. Bus leaves CVS lot, Paterson Avenue, East Rutherford at 9 a.m. Must have player's card or photo i.d. Contact Carole 201-655-3149 for reservation. Early payment requested to secure booking.

- River Belle Cruise, Point Pleasant, NJ, Wednesday, July 13, 2016. Waterfront luncheon at The Shrimp Box, then board the River Belle for a cruise on the Manasquan River, Point Pleasant Canal and Barnegat Bay. Cost \$49 Contact Barbara 201-438-6595 or Carole 201-655-3149 for reservations and bus details. ###

Moonachie Seniors Going Places

The following is the Moonachie Senior trip schedule through July, and you are invited to join them.

- The next trip will be at Li Greci's Staaten on Staten Island to see "Nashville in New York" starring Bill Haley and The Comets on Wednesday, June 8. The bus leaves at 9:45 a.m. and the cost is \$54 per person.

- On Thursday, July 7, they are going to Mt. Haven in Milford, PA to see the "Joey Vincent Show." The best one man show you will ever see. Breakfast and dinner, your choice of Bingo or a movie and an open bar starting at 12 p.m. the cost is \$45 per person and the departure time is at 9 a.m.

The busses leave from the Moonachie Senior Center on Moonachie Road behind the First Aid Squad. For more information and meal selections please contact group leader, Audrey Evers at 201-641-4334. Provided by Charles R. Pal-las. ###

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Fire Department Offers Summer Safety Tips

The Hasbrouck Heights Fire Department offers these summer safety tips regarding hazardous materials.

- Store gasoline in safety cans manufactured and labeled for that purpose.
- Gasoline should never be stored inside your home because vapors can travel to a flame source and ignite. Gasoline should be stored outside, or in a well ventilated shed.
- Don't refuel lawn mowers, trimmers, edgers or other gasoline powered equipment while hot because the fumes may ignite and start a flash fire. Allow the equipment to cool. Use a funnel to prevent spills.
- Keep fertilizers and pool

chemicals away from gasoline, oil and fuels. Pool chemicals (*chlorites*) and fertilizers (*nitrates*) are strong oxidizers and react violently with fuel vapors (*hydrocarbons*).

- Powdered and pellet chlorine should be kept in a cool, dry place. If water enters a chlorine container, it can react and possibly explode.
- Never add water to chlorine -- add chlorine to water to prevent a splash or violent reaction. Pesticides should not be accessible to children or pets and should be kept in tightly closed containers in a cool, dry place.

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and application. If exposed to pesticides, rinse the affected materials off immediately and seek emergency treatment. Bring the container with you to the medical facility if possible. ###



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Real Estate Insight

By Mary Ellen Courtney



And Now, A Word from our Sponsor...

Warren Buffett, whose mega company HSF Affiliates operates Berkshire Hathaway Home Services, Prudential Real Estate and – “the jewel in the crown” – the Real Living Real Estate franchise has assured us all that the housing market today is on stable footing. “I don’t see a nationwide bubble in real estate right now at all” the legendary Sage of Omaha declared recently.

We in the real industry (nearly a third of us work now under Warren’s corporate umbrella) are just as interested as everybody else in what may be looming on the horizon.

Particularly out of concern for our home buyers; we wouldn’t want happening to them what befell those who purchased just before the crash in 2008, when prices plummeted leaving thousands upside-down in their mortgages (or, worse, scarred by foreclosure).

And while nobody can predict the market perfectly, there are indicators that can tell us what kind of market we are in today giving us a better idea of where things are headed. And

who better to ask about this particular financial market, real estate, than the Oracle himself?

Speaking to thousands of shareholders at the Berkshire Hathaway annual meeting last month in Omaha, Buffett responded to the question of whether real estate and/or mortgaging could present the same challenges for the economy as they did in 2008. He said: “I don’t think we will have a repeat of that.”

But home prices are definitely going up and in some areas of the country they’re rising way too fast.

In Dallas and Denver, prices have surpassed their prior peak and have risen over the past two years by 18% and 20% respectively. Similar gains have been recorded in Seattle and San Francisco.

Elsewhere – like here in our Bergen County, NJ area – it’s more on the order of 10-12%. But with wages still lagging and credit standards easing up... is it a sustainable trend or one that’s bound to collapse?

Others besides Buffett think also that any suggestion of a new bubble is misplaced. Leading economist Lawrence Yun, notes that credit has definitely eased; the move now is from overly stringent conditions to not-so overly stringent conditions.

Mortgage applicants and those of us who help them will attest to the exorbitant documentation requirements and headaches in getting approvals.

Credit is more accessible today versus last year but still, it can be said to be tight. Today, mortgage credit scores on Fannie Mae-backed mortgages are hovering near 740 to 750.

During the bubble years, they were down to around 700.

As for FHA mortgages, the current approval loan credit score is near 690-to-710 compared to 650/660 before the crash.

Additionally, those weird private-market label subprime mortgages, with no documentation and breathe-on-the-mirror credit requirements are non-existent today.

Lawrence Yun says further that although home prices are climbing faster than many peoples’ income levels, today’s low mortgage rates have meant that homebuyer budgets aren’t nearly as overstretched as they were pre-Recession.

The monthly mortgage payment for someone making a 20% down-payment at today’s interest rates will require 15% of that person’s gross income. During the bubble years it was reaching 25% of income. The long-term historical average is around 20%. In other words: a middle-income household does not need to strain their budget at all these days to buy a typical home.

Those are just a few of many reasons Buffett is probably so bullish on real estate these days and why his company HSF Affiliates – with, already, a standing army of 44,000+ agents in 480 offices across the country – continues to scoop up real estate agencies left and right.

After nearly 50 years – amassing an incredible fortune in buying companies, analyzing/acting on data in a multitude of markets – he still claims that the best investment he ever made (besides his two wedding rings) was the \$31,500 house he bought in 1958...

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

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The U.S. Small Business Administration announced on December 2, 2015 that federal disaster loans are available to small businesses, and most private nonprofit organizations of all sizes located in New Jersey as a result of Hurricane Sandy. SBA’s disaster loans are also available to homeowners and renters.

SBA disaster business and home loans are available for Hurricane Sandy survivors for disaster-related uncompensated losses whether they previously applied or never applied.

Interest rates are as low as 4 percent for businesses, 3 percent for non-profit organi-

zations, and 1.688 percent for homeowners and renters with terms up to 30 years.

Loan amounts and terms are set by the SBA and are based on each applicant’s financial condition.

Applicants may apply online using the Electronic Loan Application (ELA) via SBA’s secure website at <https://disasterloan.sba.gov/ela>.

The filing deadline to return applications for physical property damage and economic injury applications is December 1, 2016. For more information about the SBA’s Disaster Loan Program, visit: www.sba.gov/disaster. ###

Artful Thinking

By Artie Maglionico • Lodi Historian

It seems that no matter how much I try I cannot help but to return, over and over again, to that cozy little haven of my youth ...Westervelt Place.

You have traveled down that side street with me on many occasions and by now you're most likely ready to move on.

You know something folks? As much as I hate to admit it, I agree with you and what better time to change direction than the month of June when school days are over and life as we know it takes a well-deserved vacation.

Speaking of vacations, (*how's that for a sneaky segue?*) and since we are leaving Westervelt Place for the summer, I thought I'd tell you about my family vacation circa 1963 at a quaint little Shore town in South Jersey called Lavallette.

Back in the early 60s, Lavallette was a vacation paradise for a kid from the sun baked streets of Lodi whose only relief from the intense heat and humidity of summer was to cool down in Lou Albano's walk in meat freezer at the corner store.

Either that or have someone squirt you with the garden hose, which was risky especially when the hose was lying out in the sun for a few hours.

I'll tell you folks that by the time the water hit your skin it was all steam. One shot of that stuff and you were headed for that meat freezer in a hurry.

So there I was with my entire family on the beaches of Lavallette far from the kids from Westervelt place enjoying every sun soaked minute of it.

Surfing, thanks to the Beach Boys, catching on big time and it wasn't long before I realized that in order to meet those beautiful "beach babies" I heard so much about up north, I'd have to at least play the part of the Big Kahuna.

I couldn't stand on a surf board on dry land without falling off, let alone balancing myself on an actual wave but hey I was only there for two weeks and by the time the other kids knew I was faking it, I'd be long gone.

Now my kid cousin, Laurie, who made friends easily, had no trouble making her way into the surfing in crowd.

After only two days on the beach she was the center of attraction and it wasn't long before she was surrounded by beach blankets, tanned bodies and surf boards.

I saw this as a chance to meet girls but first I had to get my hands on a surf board.

My cousin, Laurie, became friendly with this 12 year old kid from Brooklyn whose family was renting the bungalow across the street from us and who had a surf board.

After a few hours of begging and a couple of ice cream sodas at a teen hang out called the Cozy Nook, my kid cousin agreed to ask the boy if I could borrow his surf board for an hour or two.

The next morning I was on the beach sitting on my bath towel with the surf board sticking up right in the sand for all to see.

I admit I didn't look like your typical surf dog. While the rest of the kids had the bushy blonde hair and tanned swimmers bodies, I had a slick hair style kept in place by my mother's Aqua net hair spray and sun burned torso that spelled "tourist" in bold unmistakable letters.

Still the surf board standing next to me covered a multitude of shall we say "un-truths" and it wasn't long before I was part of the surfing scene.

The girls loved me while the guys remained suspect. They knew something was not right and were constantly asking me surfing questions that I somehow double talked my way through.

As far as the actual act of surfing, man that was a tense situation one that I had to talk myself in and out of without ever getting my feet wet.

The girls were buying it since every time they gathered around me I was either just coming out of the water or just about to go in...right after lunch.

Either way I made sure I had my towel draped over my shoulders to make it look like something big just happened or it was about to happen.

The fact that my hair never got messed took some explaining, but I always managed to change the subject... "hey look at that wave" or "see you later girls I have to wax my board."

It was lame, but it was

working. The kid from Lodi was fast becoming the Big Kahuna of Lavallette and was savoring every minute of it.

I didn't know what Kahuna meant but if it meant big thrower of the bull, then I was it.

Meanwhile my cousin Laurie, who up until then was keeping her distance and pretended not to know me, was urging me to return the board to the kid from Brooklyn before he came looking for it.

I ignored her request and continued to keep the scam going after all this was my ticket to "chickville" and I wasn't about to cash it in while till I reached my destination...

Little did I know that I was headed for trouble for no sooner did I finish telling the girls about the waves I surfed earlier the morning when who comes walking up behind me? My mother and the sobbing kid who owned the surf board.

"Do you have this boy's surf board?" growled my Mom.

I looked around wishing there was a hole I could jump in.

The kid pointed to the board standing next to me and cried to my mom.

"That's my surfboard!" he shouted. "I want it back."

"Give this boy his surf board now and don't ever do this again, dear boy," shouted my mom.

She wasn't finished for as I was about to bury my head in the sand she yelled out, "And stop using all of my hair spray. Go buy your own!"

I imagined having to spend the remainder of my vacation at the bay, splashing around like a 3-year old in my new Mickey Mouse water wings. ###

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Veterans Today

By Thomas Marshall

Today, the video games have kids fighting on battlefields with all kinds of equipment.

Their character can have any type of weapon needed. Night vision goggles, bazookas, rocket propelled grenades, hand grenades, machine guns, and rifles for the sniper. That certainly doesn't leave out claymores and land mines, tank and air support.

Video games can do that. Kids just click away and receive whatever is needed for the situation they are faced within this computer generated battle. If their character gets hit or wounded, they can click a button and they are healed instantaneously.

That sure is different from the days when a soldier received a wound that mangled his leg and it was sawed off, tossed out the window onto a pile of other limbs from the previous patients.

Games are fun. If it doesn't go well, the player can reset the level and try again. It can be fun and entertaining but it isn't reality.

Real battles are messy. The best laid plans generally always have a mistake and something goes wrong. No matter how many times you go over the plan, somebody somewhere blows the whole thing. There was a battle in June that teaches us that if it could go wrong it did.

During the War of 1812, America invaded Canada. Canada at the time was under

British rule so it became a fair game. Taking it would be a tough thing to do as history shows us.

The American Army crossed the Niagara River and entered Ontario to attack Fort George. The plan went well, and by May of 1813, the American Army captured Fort George. This was great news for us.

Major General Henry Dearborn started the campaign with an early success. British General John Vincent gathered up the remaining troops from the area and retreated to Burlington Heights.

Now many may ask why let Vincent and his men escape? Why not chase him down when you had him and his men on the run?

History shows that for whatever reason Dearborn chose to consolidate his force at Fort George. Some say he was slow because of his age. He was a Veteran of the Revolution and he was getting up in years, so some speculate that this was the cause. Maybe he was cautious. Either way the British troops, although in retreat at the moment, received a piece of luck.

Major General Dearborn assigned Brigadier General William Winder to take his brigade and chase down General Vincent and his men.

Now Winder is a political appointment. This was common in those days. A man is popular at home and elected to office. That's fine, but for some reason when war comes

they think he will make a good officer.

That always seemed odd to me. I'd rather trust my troops under someone that had some type of formal military training, but I'm just thinking out loud.

Winder didn't think he had enough troops with just his brigade so he waited for reinforcements at Forty Mile Creek.

Brigadier John Chandler arrived with his brigade and now the American Army had 3,400 troops ready to chase down the British Army. They made camp at Stoney Creek, on the western side of Lake Ontario, on June 5, 1813.

Now General Vincent wanted intelligence on the approaching American force. He sent Lieutenant Colonel John Harvey on a scouting mission to see what the Americans were up to.

He came back and reported that the Americans had made an error in placing their forces, meaning that Chandler and Winder could not come to each other's aid if attacked. He also reported that the camp was not guarded properly. These were costly errors in enemy territory.

General Vincent decided to attack the American camp. He wanted a surprise attack, so he chose a night assault. Night assaults are difficult in any age. There were no night vision goggles kids.

He took 700 men with him and set out on the night of June 5 at around 11:30 p.m. The soldiers were told to take the flint out of their muskets to prevent accidental firing so as to not alert the Americans.

They moved quietly through the darkness until they came to the camp. It was now

after 2 a.m. on the morning of June 6, 1813. They had learned the password to the camp.

This is a mystery as to how they obtained this information. The local story is they got the password from a kid that lived nearby and the kid gave the information to the British.

Like the old saying goes, loose lips sink ships. It was another costly error in enemy territory. The British got close to the sentries and killed them.

On a good note, during the day the U.S. 25th Infantry Regiment moved their camp from where it was in the daytime. They felt it was too exposed to attack.

When the British Soldiers moved in they found no one there. It was a piece of luck for the Americans. The British used Canadian Indians with them on this battlefield and when some of them attacked an American outpost the element of surprise was lost.

The Americans manned the cannons and soon had them firing on the attacking enemy. This caused many casualties on the British.

Although turning back several attacks, the artillery was left unsupported when General Winder ordered the U.S. 5th Infantry to the left side of the battlefield.

General Chandler was riding to the right side of the battlefield when, in the dark his horse fell from under him. He was knocked unconscious and was no longer able to command for a while.

The British seeing the cannons without infantry support, quickly attacked them, overwhelmed the gun crew and captured them.

When General Chandler

heard the fighting near the cannon after recovering his senses, he rushed to see what was happening only to become a prisoner of the British. General Winder was also captured soon thereafter. Now at this point you would think that the bad night could not get worse, but it did.

With the Generals in enemy hands, overall command fell to Colonel James Burn. Burn wanted to change the momentum of the battle. He led his men forward in the darkness and attacked the U.S. 16th Infantry Regiment. Hard to tell friend from foe in the darkness and confusion, friendly fire caused many casualties.

The Americans were forced to withdraw into the darkness back to Forty Mile Creek. Eventually, they would go back to Fort George. Any chance of taking Canada was lost.

The British too did not stay on the battlefield. They didn't want the Americans to see their small numbers so they too retreated back to Burlington Heights. The Battle of Stoney Creek took about 45 minutes. The British had won a victory over our forces. That will happen in war. You can't win them all. They had heavy casualties with 23 killed in action; 136 wounded and 53 captured. Three of their men went missing. We lost 16 killed, 38 wounded and 100 captured.

This battle is not remembered today, but it should be. Even though we didn't win there is a lot to learn from it. So many errors and mistakes in enemy territory guaranteed a loss. Unlike the video games, you can't reset the board and start over. ###

The Jersey Blues

This is not about music or even those crabs caught in New Jersey waters. It is about the men and women who have for the past three hundred and forty-three years defended America's freedom.

The call went out in 1673 to form a company "To repel foreign Indians who come down from upper Pennsylvania and western New York (in summer) to our shores and (fill themselves) with fishes and clams and on the way back make a general nuisance of themselves by burning hay stacks, corn fodder and even barns." The company was soon filled. And at a later date it was expanded to a regiment.

In 1732, the regiment was sent to Barbados to put down an uprising. This was the first time a militia regiment was

sent not only out of a province but to a foreign land.

In 1743, they were mustered to fight in the French and Indian War. By now they were known as "The Jersey Blues." They wore a blue coat with red lapels and cuffs and wore blue breeches or leggings. General Braddock called them "my beloved Blues." The Blues were in the thick of the battles and took many losses. Most of the troops captured at Fort William Henry were from the regiment. This was immortalized in the book, "The Last of the Mohicans." However, the regiment was re-mustered in 1758 and was stationed on the New York Frontier. They would later take part in the capture of Fort Carrillon (Fort Ticonderoga) from the French.

1762 saw the regiment again sent out of the country as part of an expedition against Havana, Cuba.

The 1st New Jersey Regiment, better known as the famed "Jersey Blues," was authorized on October 9, 1775 by the Continental Congress to be raised for service in the Continental Army. In 1777, they were known as the 1st New Jersey Regiment of Continental Line. Their battle honors include such battles as Harlem Heights, Valcour Island, Monmouth and Yorktown. While at Valley Forge, they guarded General Washington's headquarters.

After the war, they were called by President Washington to put down the Whiskey Rebellion. During the War of 1812, they were, at first guarding the entrance to the

Port of New York from Sandy Hook and the Brooklyn side and later were the only victorious troops in the invasion of Canada.

The next call to arms was in the Civil War. They were mustered in as the 8th New Jersey Volunteer Infantry and fought in eighteen battles from Bull Run, Gettysburg to Appomattox. By this time, all units from New Jersey were known as "The Jersey Blues."

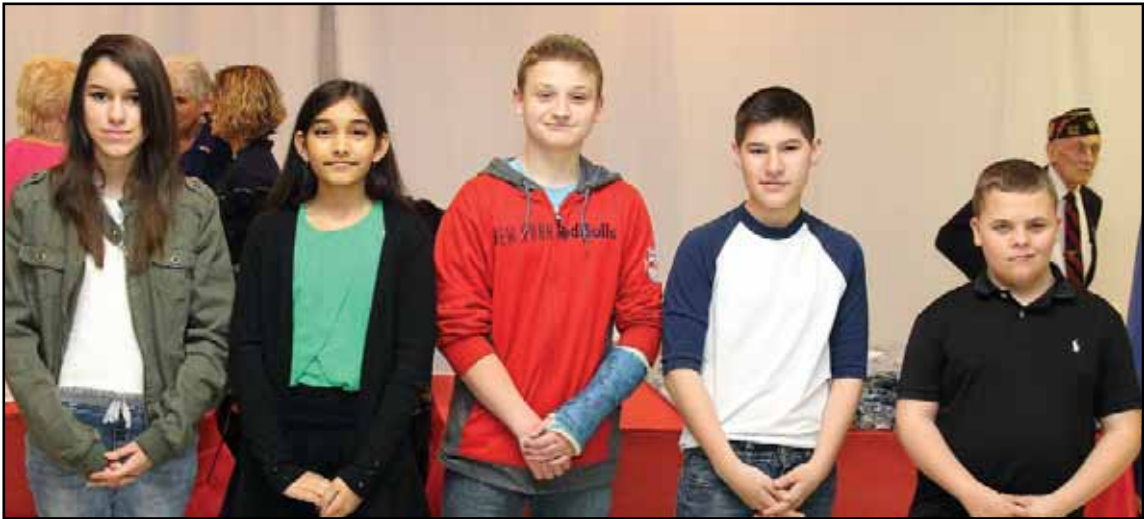
During the Spanish American War, they were again mobilized but only got as far as Key West before the war ended.

The unit was federalized during the First World War. They fought in the Meuse Argonne as part of the 29th Division.

In 1921, the U.S. Army changed their designation to

the 113th Infantry Regiment of the New Jersey Army National Guard. As such they became part of the 44th Division in 1940. During World War 2 they took part in the invasion of Europe and campaigned in France, Holland and Germany to the end of the war.

In 1946, the 113th was made part of the 50th Armored Division, which was called "The Jersey Blues." In 1993, the 50th Armored Division was disbanded and the 113th became part of the 42nd Division as the 50th Infantry Brigade Combat Team. This unit has taken the name "Jersey Blues" as their official title. The Brigade has served in Iraq and Afghanistan. *Story by James Halloran. ###*



VFW Post 809 Loyalty Day

The Petersilge-Velock VFW Post 809 and its Ladies' Auxiliary presented "A Tribute to Loyalty Day" on May 1, 2016.

The MC was Carolyn Rovito, Loyalty Day Chairwoman. The opening prayer was given by Mary Beth Antivo, followed by the Pledge of Allegiance led by Joseph Wisneski, Post Commander.

Bill Weber made welcoming remarks. The principal speaker was Joseph Bagonis, Desert Storm combat medic.

The presentation of awards was made by Carolyn Rovito and Karen Roberts. The judges were recognized for their difficult charge of selecting winners.

The topic of the Patriot's Pen Essay Contest was "What Freedom Means to Me." Several top winners from Sixth, Seventh and Eighth Grades

from Moonachie and Little Ferry read their essays.

Patriotic Creativity contest winners from Moonachie and Little Ferry were given presentations.

The Patriotic Art Contest winner was Alexis Gonzales.

The Patriotic Coloring contest from Pre-K through Second Grade received recognition.

Outstanding Teacher Award winners, Cathy Allen and Terri Ciccone, from Bogota, were recognized.

2016 Eagle Scout Recipient Andrew Severino was honored.

2016 Fire Department John Schwedhelm and 2016 Police Department Scott Kral were honored.

Little Ferry Mayor Mauro Raguseo spoke.

Light refreshments were served. ###





Essay winners (Front row l-r) Essay winners Keira Tellado, Trinity Hansen, Zuzanna Gozdz and Narrator - Jordan Schmidt. (Back row l-r) P.O. S. Ondrof, Superintendent Steve Kollinok, Lt. D. Kimak, A.P. Rory Wells, OCPO, Deputy Chief T. Berta, Chief T. Nielsen, Mayor Craig Lahullier, Det. Sgt. J. Cleary, Retired Deputy Chief F. Schmidt and Lt. W. Beese. ##

CPD L.E.A.D. Culmination Program

On Monday, May 2, 2016, the Carlstadt Police Department held their L.E.A.D. Graduation at Carlstadt Public School gym.

For many years, the CPD used the D.A.R.E. (Drug Abuse Resistance Education) program, but now is one of the first Police Departments in New Jersey to use L.E.A.D. (Law Enforcement Against Drugs).

Both programs are similar

and targeted to 5th Graders, but the CPD believes that the new program best suits their goals and objectives.

The program began with welcoming remarks by Lt. Denise Kimak. Jordan Schmidt was the narrator.

The assembly participated in the Pledge of Allegiance.

Superintendent Stephen Kollinok and Principal Kenneth Foy made remarks.

The guest speaker was Rory Joseph Wells, Assistant Prosecutor, Community Relations, Ocean County.

The L.E.A.D. essay winners read their submissions. Graduation certificates were presented, followed by a video and closing remarks.

The Fifth Grade teachers are Mrs. Laura Wilkinson, Mr. Mark Dolaghan, Mrs. Jill Schwerd and Mrs. Mariann Kronyak. ###

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343 Remembered

Thomas Mulvaney, a member of the Moonachie Fire Department, always looks for a new challenge; whether it is obstacle races or training with fellow Department members.

While searching for something new and exciting, he came across an opportunity that could not be passed up – climbing 72 flights of stairs at 4 World Trade Center while wearing full turnout gear and SCBA, the average combined weight ranging from 40-45 pounds.



In order to prepare, he would go to the firehouse, put on his gear, and simply climb the stairs leading from the first to the second floor.

When asked why not train somewhere else, perhaps the local 5 story office building, he would simply respond, “(the firehouse) was the most convenient location and did not require lugging gear anywhere or confuse any employees of the building why a fireman was walking up and down the stairs.”

After a few months of training and fundraising the day finally came to climb on Sunday, March 13, 2016.

Accompanying him would be his girlfriend and soon-to-be member of Moonachie Fire Department Ladies’ Auxiliary, Precious Espiritu.

Despite some logistical issues the day of the event, everything went smoothly and he would finish in just over 30 minutes.

Aside from the overwhelming exhaustion, he felt accomplished, not only by completing this difficult task but helping Veterans along the way.

Participants helped raise

over \$70,000 for Team Red White and Blue, an organization dedicated to connecting Veterans with their community through social and physical activity. But the event was more than just climbing stairs and raising money.

No more than 343 active firefighters could participate and each climber had the honor to represent a firefighter who entered the World Trade Center and never returned.

Thomas would represent FDNY Battalion 49 Chief John Michael Moran. When asked about the honor, Thomas would simply respond, “that added responsibility meant a lot, I wasn’t just representing myself and my Department, I felt more motivated to finish the climb. One of his last words were ‘we’re going up there to see if we can do some good’ and I have been trying to follow that motto.”

The fire service is nothing new for the Mulvaney Family, current members who belong to Moonachie include his Grandfather (former Chief and current Life Member), Uncle (former Lieutenant), and Brother (former Captain and current Lieutenant).

Thomas would like to thank everyone who donated to his climb including: Moonachie Fire Department, Moonachie Fire Department Company 2, Ressa’s Dry Cleaning, and Chief Justin Derevyanik.

Any members of the fire service wishing to participate in next year’s stair climb may contact Thomas Mulvaney (tommulv@gmail.com). Provided by MFD. ###



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Extrication Competition

The 4th Annual Rutherford Rescue 5 Extrication Competition and Family Fun Day was held on April 30, 2016 over a six hour period in the parking lot of the Meadow Office Complex.

Two set ups per heat. Two judges per team. Scoring was team based, with points added or deducted on procedure evolution, practicing safe techniques,

use of tools and taking care of two “patients” (dummies) from a vehicle. After each heat, the vehicles were removed and the area was swept of debris.

Twelve departments competed: 1st Place Franklin Lakes, 2nd Place Ho-Ho-Kus and 3rd Place Garfield, For more information email RFDRescue5@verizon.net ###

Fully Involved

Carlstadt Fire Department responded to a maintenance garage fire on Commercial Avenue on May 12, 2016, at about 7:54 a.m.

Employees who were working were able to escape safely. The Department found a fully involved fire upon arrival. The fast moving four-alarm blaze took over 70 firefighters about 1-1/2 hours to extinguish.

A tank of oxygen or acetylene stored in the garage exploded. Firefighters were able to remove other tanks. Several vehicles were destroyed.

Departments responding included: Carlstadt, Hasbrouck Heights, Moonachie, Passaic, Rutherford, Wallington and Wood-Ridge. Additionally, Bergen County HAZMAT responded. Two Carlstadt Volunteer Ambulance Squad rigs and Moonachie EMS were on the scene.

One firefighter was taken to the hospital for observation, complaining of dizziness. No serious injuries were reported. The cause of the fire is under investigation. Photos by Denis Kronyak Sr. ###



HHFD Holds Annual Inspection

With personnel in full dress uniform and equipment clean and polished, The Hasbrouck Heights Fire Department conducted its Annual Inspection, at 7:00 p.m., on Saturday, May 14, 2016. Due to threatening weather, the ceremony was conducted inside the fire bays.

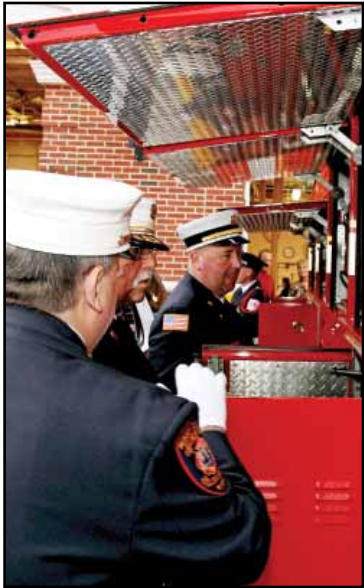
The program began with Firefighter Thomas Rubino calling the Department to attention, the presentation of the Honor Guard, and the Pledge of Allegiance. Edith Avella sang "God Bless America."

Deputy Fire Commissioner Russell A. Lipari gave the invocation, Mayor Jack DeLorenzo, Fire Commissioner David Gonzalez and Fire Chief Patrick Hayes made comments.

Secretary Justin Watrel gave roll call.

The Department is contracted to provide fire and ambulance service to the Borough of Teterboro, and has done so for over 60 years. In 2015, they responded to 1,257 ambulance calls and 318 fire calls and other emergencies.

Its rolling stock includes two pumpers, 110 ft. ladder, heavy rescue truck, two ambulances and three chief vehicles. These assets are owned by the Borough of Hasbrouck Heights, but maintained by the volunteers. The Department is a member of the South Bergen Fire Chiefs Mutual Aid Association. The Department was established in 1896. ###



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April 2016

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Our franchise, Real Living, is a part of HSF Affiliates LLC, an entity of the Warren Buffett / Berkshire Hathaway group. With a network of over 44,000 real estate professionals across the US, Real Living is the only national real estate company that gives buyers and sellers the power to grade, through a third-party survey company, the service they receive (i.e. how our agents perform). While this dedication and commitment has resulted recently in a national 96% Customer Satisfaction rating for the brand overall (the best in the country!), we at Real Living Gateway Realtors were able to achieve locally a rating of 99.6%!! No other real estate company can claim that!

Real Living Gateway Realtors. Service you deserve. People you trust.