

The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie
Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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★★★★★



The Gazette Newspaper/Justin Derevyaniuk File Photo

Never Forget

The price of freedom cannot be measured. It can only be illustrated in a collection of narratives. On **Independence Day**, we celebrate the fruits of our sacrifices; Freedoms, such as Speech, Religion and the Press. On **Veterans Day**, we recognize those millions that served, came home, resumed their interrupted lives. Their experiences influence and strengthen the fabric of our society. On **Memorial Day**, we recognize our Patriots who shed blood and died for our freedom's ideals. How does one reflect on that incalculable loss? Men and women whose lives are unfulfilled dreams, Gold Star Mothers who live with the vacuum and society's lost contributions. Those who served strive to keep their memory alive. They have a deeper appreciation that freedom is not free, and that red, white and blue is not a casual decoration. It's a heavy burden. A privilege to carry. A legacy to be treasured.

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Wallington Lions Contribution Helps Break Guinness World Record

On May 1, 2022, New Jersey Lions established a Guinness World Record for the most eyeglasses in a chain that was more than eight miles long at Liberty State Park's Green Bell section.

This chain consists of 100,000 pairs of perfect eyeglasses, with ten pairs of glasses on a cardboard section.

The Wallington Lions Club "Team S," led by Lion Kathy Gaspar Schiro, contributed

5,000 pairs that took close to 45 hours to assemble the glasses on cardboard sections. It was the only team from 55 Clubs in the Northern District that committed to prepare the glasses for this competition.

Now linking and judging is complete and the record achieved, these 100,000 pairs of glasses are getting prepared to fill the needs of visually impaired people, from all over the world that can't afford a pair.
Provided by Kathy Schiro. ###

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Woman's Club of Carlstadt Prepare 50 Gift Bags

The Woman’s Club of Carlstadt, Inc. is celebrating 95 years of service to the community. The Club was organized in January, 1927, and in February of the same year, became a member of the New Jersey Federation of Women’s Clubs. They enjoy working together as a Club and take pride in our accomplishments. The Club recently assembled 50 Gift Bags for the women at the Paramus Veterans Home.

Pictured from the left are Vickie O’Brien, Louise Newsbaum, President, Cat Blumschheim, Carol Ann Dalessandro, Public Issue Chair, Janet Drogo and Diane DeBiase. *Provided by Janet Drogo. ###*

St. John’s Successful Plant Sale

Almost 300 flats of nursery grown plants, flowers and hanging plants were available at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 6, 2022 by appointment only. Only pre-orders for the 43rd Annual St. John’s Plant Sale were accepted. As in previous years, all plants were of the highest quality and hand picked at the nursery by experienced gardeners. ###



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Memorial Day Remembrance
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Curriculum Expo at RLC

Moonachie residents are invited to attend the Robert L. Craig School Curriculum Expo on Wednesday, June 1 2022, from 6:30 p.m. to 7:30 p.m.

This year's theme is "It Takes a Village!"

The Curriculum Expo showcases projects by Pre-K through 8th Grade in all subject areas. Parents and children can view art exhibits throughout the school and cafeteria.

This event is designed to build pride and spark enthusiasm and support for the school by bringing together students, parents, teachers and neighbors. ###

D-Day June 6

• On this historic day in 1944, Allied troops invaded the beaches of Normandy, France. It is the largest amphibious assault in world history. This massive, bloody battle was the turning point of the war in the European Theater.

• On this day, 156,000 troops from the United States, Great Britain and Canada stormed five beaches. American troops landed on Omaha and Utah Beach. At the same time, British troops landed on Gold and Sword Beach. And Canadian forces landed on Juno Beach. 4,000 Allied troops died on these beaches on D-Day, 2,000 of them were American.

• Please take a moment of silence today, and thank the many soldiers who fought and died for our country on D-Day. ###

Flag Day

That the Philadelphia seamstress Betsy Ross sewed the first American flag at the behest of the Founding Fathers is a myth. This story first surfaced in 1870 when her grandson made this claim at a meeting of the Pennsylvania Historical Society -- and soon was regarded as truth. While Betsy Ross did sew flags for the PA Navy, there is no proof of her grandson's claims. No one is sure who designed the flag. The best guess is that the flag's design is derived from a military banner carried during the American Revolution. ###

Practice
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of Kindness

HH Street Fair June 5

On Sunday, June 5, 2022, the Hasbrouck Heights Chamber of Commerce will once again sponsor the New Hasbrouck Heights Street Fair. The event will be held along the Boulevard, from 10 a.m. to 5 p.m., rain or shine.

The street will be transformed into a giant block party. They are expecting to attract thousands of people from the community and other neighboring towns. They hope that you'll consider joining them for a fun-filled day.

• **A Special Kids Traveling Shindig** section will be brimming with all kinds of fun stuff to do. There will be kiddie rides, pony rides, petting zoo, trackless train ride, face painting, sand art, temporary tattoos, and much more.

• **Come Hungry.** Some of the local eateries will be participating, with outdoor dining, along with a variety of gourmet food trucks and food vendors serving gyro, shishkabobs, zeppoles, funnel cakes, fried Oreos, sausage/peppers, cheese steaks, empanadas, kettle corn, ice cream, lemon ice, candy and nuts, sweet breads, jams, sticky buns, pizza, burgers, fried hot dogs, pulled pork, steak sandwiches, tacos, and more.

• **Shopping.** This fair will feature over 100 exhibitors and local merchants selling products, new items, crafts and collectibles. If you like shop-

ping outdoors, then this is the place to be.

• **Live Entertainment.** Don't miss entertainment that is planned with music, dance and demonstrations from the local dancing schools, karate clubs and more. There will be chairs set up so you can relax, eat and enjoy the shows all day long.

JC Promotions is seeking singers, dancers, any demonstrations, etc., to perform at the local performance area.

• Local shops and organizations. Contact JC Promotions for more info on how you can participate. Please call or email JC at 201-998-1144 or events@jcpromotions.info. ###

Rutherford Farmers' Market

The Rutherford Farmers' Market is returning for its 25th season. The 2022 Rutherford Farmers' Market will be held at Williams Center Plaza on Park Avenue on Wednesdays, 11 a.m. to 4 p.m., beginning July 6 and Saturdays, 8 a.m. to 2 p.m., beginning July 9. The market season concludes October 29, 2022.

The market is sponsored by the Borough of Rutherford.

For general information contact: Laurie Gentile, 201-460-3000 ext. 3114 Email: lgentile@rutherfordboronj.com ###

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Publicity chair: Send your event press releases to:
gazettenewspaper@gmail.com
Please send photos as attachments.

Open Cockpit Experience June 18

As part of their 50th Anniversary, the Aviation Hall of Fame will host Open Cockpit Day on June 18, 2022, from 10 a.m. to 4 p.m.

Visitors will have the opportunity to sit in the cockpit of a very rare Lockheed Bushmaster plane, a M*A*S*H Bell 47 helicopter made famous during the Korean War.

Explore the cabin of the world's only surviving restored cockpit of the Martin 202 airliner.

You can also visit inside the HH52A, U.S. Coast Guard rescue helicopter. Also, on display are the Bell AH-1 Cobra helicopter and the OV-1A Mohawk observation/attack aircraft, as well as other aviation cockpits including our newest exhibits: a General Aviation Trainer (G.A.T-1) and a Glider recently donated by Jersey Ridge Soar-

ing.

Also popular with young people is our official Airport Rescue Firefighter Truck! For young astronauts, we have our working display of the International Space Station (ISS) along with uniforms and items used by the many Astronauts like Buzz Aldrin, Scott and Mark Kelly, to name just a few.

Admission: \$15 for adults, \$12 for seniors and children under 12. No discounts, Library Passes or Membership Passes can be used on Open Cockpit Days.

The Museum is located at 400 Fred Wehran Drive, adjacent to the Teterboro Control Tower. Come see why our Museum has been named as "One of the 10 Best Museums in the State of NJ." For more information call 201-288-6344 or go to: www.njahof.org ###

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The Moonachie Board of Education will be participating in the 2022 Summer Food Service Program

The Moonachie Board of Education will be participating in the 2022 Summer Food Service Program from June 20, 2022 to July 29, 2022.

The Summer Food Service Program is a federal program of the Food and Nutrition Services, United States Department of Agriculture. This program provides all children 18 years of age and under with the same free meal in accordance with a menu approved by the state agency.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, and reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
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- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov

Primary Election: VOTE June 7

Fish & Chips Dinner June 11

The American Legion Murray-Hodge Post 453, in Rutherford is hosting a take-out Fish & Chips (*chicken optional*) on Saturday, June 11, 2022, from 2 to 4 p.m., at the Felician University parking lot on Montross Avenue, Rutherford, NJ 07070.

Cost is \$15 for adults and \$8 for children under 10. Catered by Tastefully British.

For tickets, call Charles Gunn at 201-939-2346, Bryan Carter at 201-438-0006, Martin Kless at 973-248-7731 or William Galloway at 201-693-5813. ###

Indoor Yard Sale June 11

The Grace Episcopal Church in Rutherford is holding an Indoor Yard Sale at 128 West Passaic Avenue, Rutherford, NJ 07070, on Saturday, June 11, 2022, from 9 a.m. to 3 p.m.

This Yard Sale features jewelry, housewares, books, toys, games, clothing, home décor, and much, much more!! For more information, call 201-438-8623. ###



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Knights Annual Father's Day Breakfast June 19

On Father's Day, June 19, 2022, the St. Anthony Council Knights of Columbus, from Wood-Ridge, will be holding their 13th Annual Father's Day Communion Breakfast.

Members of the Knights of Columbus, their friends and families, will attend the 9:30 a.m. Mass at the Assumption Church. The breakfast will take place at the Fiesta following the Mass.

For tickets, contact a member of the Wood-Ridge Knights of Columbus. ###

Wallington Little League Pasta Dinner

On Saturday, June 4, 2022, the Wallington Little League will be holding an Annual Family Pasta Dine-out Tricky Tray event. Tickets are \$15 pp. Player and children under 12 \$10. All of the monies that are raised will be given back in special baseball and softball outings, programs, and clinics.

Please donate an item or service to be raffled off. Gifts can be mailed to: Wallington Little League, c/o Joe/Adele Mulvaney, 2 Elizabeth Place, Wallington, NJ 07057.

If an item needs to be picked up, call Adele at 973-773-0951 or Joe at 973-632-3845. ###

Free Lunch Saturday

With too many people getting sick from colds, the flu and Covid, the First Presbyterian Church of Moonachie "Free Lunch Saturday" program will be held on June 4, 2022, at 11:30 a.m., before taking a summer vacation.

We will serve "To Go" with "catering" from a local restaurant to support our community. This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts. If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ###

Resorts World Casino Trip June 29

On June 29, 2022, the Hasbrouck Heights VFW Post 4591 will sponsor a bus trip to Resorts World Casino, Catskills, NY.

The cost is \$40 (*paid in advance*) and will include a continental breakfast from 9 a.m. to 9:30 a.m. A \$25 slot voucher and a \$15 food voucher will be given upon arrival.

To help the travel time pass, there will be a 50/50, Bingo and a movie. For further details, call Diane at 201-475-8898 or Gladys at 201-288-9074. ###

FOCAS Holds Flea Market

FOCAS Flea Market is on Saturday, June 18, 2022, from 10 a.m. to 4 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

Note that 2022 Flea Markets will only be Saturday events.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations of clean, gently used or new items are gratefully accepted. (*Not accepted are TVs, PC monitors, golf bags and clubs, exercise and sports equipment, clothes or magazines or any items that are broken or not working*).

They may be dropped off at the American Legion on Friday from 3 to 6 p.m. All proceeds benefit homeless animals. For additional information, call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org. FOCAS adheres to COVID compliance guidelines. ###

Bergen County LGBTQ Seniors Meet June 14, 17

Bergen County LGBTQ Alliance (BCLA), a new non-profit organization, is initiating a seniors (60+) group that will meet on the second Tuesday of each month in person and the third Friday virtually.

The next meetings are on Tuesday, June 14, 2022, at 11:30 a.m. and Friday, June 17 at 11:30 a.m. The Tuesday meeting will be held at The Rutherford Pancake House, 40 Park Avenue, Rutherford. Refreshments will be served.

Contact us at Nick@bergencountyLGBTQ.org or 201-470-8946 for info and/or the link. ###

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WRHS Class of 1972

Wood-Ridge High school Class of 1972 is planning a casual reunion and tour of the High School on Thursday, June 9, 2022. The tour begins at 3 p.m., in front of the High School, followed by dinner at 6:30 p.m. at Amici's, 28 W. Pleasant Avenue, Maywood, NJ. Cost is \$50 pp. BYOB. RSVP Rich at RcmK@aol.com, Carol at Cmcev35936@hotmail.com or Sandy at and.ercolano@verizon.net ###

Gift Auction June 5

On Sunday, June 5, 2022, Church Of The Transfiguration, located at 135 Hathaway Street, Wallington, will host a gift auction. Doors open at 1 p.m., auction starts at 2:30 p.m. Admission is \$10. Admission includes 1 sheet of tickets, coffee and cake. For information, call Linda at 201-791-9272. Proceeds to benefit Church maintenance fund. ###

Last Man Standing Raffle

American Legion Auxiliary Unit #142 is hosting a Last Man Standing 50-50. 200 tickets to be sold. Winner will receive \$2,000. Donation is \$20. Winner need not be present. No substitution of prize. Drawing is September 24, 2022, at 7 p.m., at the Post, 135 East Passaic Street, Maywood. Bring your own food. Cash bar. Doors open at 6:30 p.m. For tickets, call Debbie at 551-587-3699. ###

Friday Night Dancing

The Hasbrouck Heights Elks Lodge 1962, 128 Baldwin Avenue, Hasbrouck Heights, will host dancing every Friday night from 7:30 to 11:30 p.m. with DJ Gerri. Cost is \$10 at the door. Coffee included. Cash bar. For more information, call Cathy at 1-386-852-4881. ###

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Tools Of Hope

The Women’s Guild, through Church World Service (CWS), is again sponsoring Tools of Hope Sunday on Father’s Day, a day on which we honor and/or remember all the significant men in our lives. CWS offers a program, Tools of Hope, to help people throughout the world to become self-sufficient in maintaining the lives of their families and communities.

Hunger makes headlines when millions face starvation through famines caused by drought or brought about by war. However, lives of quiet desperation are routinely lived out by one in eight people who do not have an adequate share of the food resources of the earth. Tools of Hope offers the opportunity to place the right

tool in the right hands—those who are eager and willing to work! Not only are actual tools—saws, hammers, hoes—provided, but also tree seedlings, wells, small loans, beehives, sewing machines, and even renewed skills. Hope can be brought on our part to these willing hands with a suggested donation of \$10 for each mention!

Please see a Guild member to submit your donations and completed forms starting today through Sunday, June 12.

You may also mail the form and your check to the Church office. First Reformed Church of Hasbrouck Heights, P.O. Box 66, Hasbrouck Heights, NJ 07604. Checks should be made payable to: Guild of Reformed Church Women. ###

About Father's Day

Sunday, June 19, 2022

Father’s Day is celebrated worldwide to recognize the contribution that fathers and father figures make to the lives of their children. This day celebrates fatherhood and male parenting.

Although Father's Day is not a federal holiday, many people make a special effort for their fathers or father figures. Father's Day is a relatively modern holiday, so different families have different traditions. These can range from a simple phone call, greeting card, gifts, to large parties honoring all father figures in an extended family. Father figures can include fathers, step-fathers, fathers-in-law, grand-fathers, great-grandfathers and even other male relatives.

There are some sugges-

tions that the idea of Father's Day may originate in pagan sun worship. Some branches of paganism see the sun as the father of the universe. The June solstice occurs around the same time of year as Father's Day so some people see a link between the two.

Like most holidays that go way back, the origin is hard to trace but most people will agree that Sonora Dodd played a big part in starting the holiday.

Sonora Louise Smart Dodd first brought up the idea of a Father's Day in 1909 to honor her father, William Smart. When Sonora's mother died in childbirth with her sixth child, William was left to raise the newborn and five other children by himself on a farm in Washington State. As an adult, Sonora realized how strong and unselfish her dad had been rais-

ing his kids as a single parent. Sonora wanted Father's Day to be celebrated on the first Sunday in June, because it was close to her dad's birthday. Instead, the first Father's Day celebration took place on June 19, 1910 in Spokane, Washington. President Woodrow Wilson wished to make the holiday official, speaking at the 1916 celebration in Spokane, but its commercial nature caused Congress to not pass the bill. President Coolidge also made an attempt. It was not until Margaret Chase Smith, a senator from Maine, stated that it was unfair to honor mothers and not fathers in 1957. In 1966, President Lyndon Johnson made the third Sunday of June, Father's Day. It wasn't until 1972 that President Richard Nixon made Father's Day a national holiday - about 60 years after Mother's Day had been made a national holiday. Source: timeanddate.com

Memorial Day 2022 Services

Carlstadt

On May 30, 2022, starting at 9 a.m., at the American Legion, Veterans will march along 3rd Street and end at Berrylawn Cemetery. Wreaths will be placed at Borough Hall and at Memorial Park on Hackensack Street.

Hasbrouck Heights

No Memorial Day Parade. Veterans Service at 11 a.m. The annual service at the Firemen's Memorial follows. Refreshments at VFW.

Lodi

May 30 service schedule: 8:30 a.m. Ambulance Corps, 9:15 a.m. Fire Department (*Kennedy Drive*), 10:15 a.m. VFW, 11 a.m. American Legion, 11:45 Police. Walkway for Peace Ceremony follows.

Little Ferry

On Saturday, May 28, 2022, at 9 a.m., there will be a placing of the wreath in the Hackensack River at the end of Washington Avenue.

At 10 a.m., both the VFW and American Legion will have ceremonies at their respective posts.

On Saturday, May 28, 2022, at 11 a.m., a combined community ceremony will be held at Washington and Memorial Schools, hosted by

American Legion. Refreshments follow.

Moonachie

On Saturday, May 28, 2022, Municipal Memorial Day services will be held at the Municipal Building at 10:30 a.m. Rain or shine.

The event will be live streamed through the Moonachie Fire Department and Moonachie Borough's Facebook page.

Rutherford

On Monday, May 30, 2022, there will be a small Memorial Service at 8:30 a.m. at the Union Memorial Bridge followed by "Taps" Salute at Sunset Park.

A parade will begin at 9 a.m. up Union Avenue to the front of Borough Hall.

Wallington

On May 30, 2022 the parade will start at VFW at 10 a.m., march down Union Boulevard to the Monument for a brief service. Mark Tomko is Grand Marshal. Service supported by Wallington HS Band and Choir.

Wood-Ridge

The Fire Department will hold their Memorial Services on Wednesday, May 25, 2022, at 7 p.m., at Fire Headquarters. ###

Holiday “Road Trip” Tips

Suggestions for Safe Holiday Travel

- Before leaving, be sure to secure your house. Lock all doors and windows, and don't forget to set the alarm.
- Also, give your home that lived-in look to repel potential burglars by having a friend collect your mail, setting lights on timers and not leaving details of your trip on the answering machine.
- Don't leave valuables in your car. Pack all items, especially brightly wrapped packages, in the trunk. If afraid of squashed bows, wait until you arrive to wrap the gifts.
- One tip for packing lighter is to ship your gifts to your destination ahead of time. Allow at least two to three weeks for your package to arrive, for the holidays are hectic times for courier services like UPS and Federal Express.

Plan Ahead

Holiday travelers are at a

higher risk for accidents. Avoid peak travel days.

People leave on long trips on the last workday before the holiday to visit family and friends in what can be a stressful time – increasing the potential for fatigue.

- Plan enough travel time for your trip to include breaks.
- Plan your route before you leave and take along a map or GPS so you are prepared if you need to take a detour or alternate route due to road conditions or accidents.
- Travel information Web sites and 5-1-1 telephone services provide estimated travel times, road and weather conditions, accident reports and other helpful information.
- Don't leave on a long trip after eating a large meal. Never drink and drive.

Drive Safely

- Buckle up and use child safety seats properly.

- Once on the road, drive carefully, patiently and stifle road rage. Indicate lane changes and give everyone plenty of room. Be forgiving when someone drives recklessly.
- Don't text or use your cell phone when driving.
- Obey speed limits.
- Don't tailgate. Be patient.
- Stay alert and minimize distractions.
- Avoid sudden stops and starts. Slow down when driving on snowy or icy roads where stopping distances are much longer. Leave more distance between your vehicle and the one ahead.
- Overall, try to make driving fun, and view it as part of the holiday, not as a chore. If traveling with children, get everyone involved by singing or reminiscing about favorite past holidays. The ride will be over before you know it, and you'll actually look forward to the drive back home. ###

Gas Mileage Tips

Drive Sensibly

Aggressive driving (*speeding, rapid acceleration and braking*) wastes gas. It can lower your gas mileage by 33 percent at highway speeds and by 5 percent around town. Sensible driving is also safer for you and others, so you may save more than gas money.

- Fuel Economy Benefit: 5–33%
- Equivalent Gasoline Savings: \$0.19–\$1.23/gallon ###

Remove Excess Weight

Avoid keeping unnecessary items in your vehicle, especially heavy ones. An extra 100 pounds in your vehicle could reduce your MPG by up to 2 percent. The reduction is based on the percentage of extra weight relative to the vehicle's weight and affects smaller vehicles more than larger ones.

- Fuel Economy Benefit: 1–2%/100 lbs
- Equivalent Gasoline Savings: \$0.04–\$0.07/gallon ###

Keep Your Engine Properly Tuned

Fixing a car that is noticeably out of tune or has failed an emissions test can improve its gas mileage by an average of 4 percent, though results vary based on the kind of repair and how well it is done.

Fixing a serious maintenance problem, such as a faulty oxygen sensor, can improve your mileage by as much as 40 percent.

- Fuel Economy Benefit: 4%
- Equivalent Gasoline Savings: \$0.15/gallon ###

Notable Dates

- Battle of Midway begins June 4, 1942
- D-Day June 6
- Flag Day - June 14
- Start of Korean War June 25, 1950

YMCA Golf
Outing June 14

On Tuesday, June 14, 2022, the Meadowlands YMCA will hold its 21st Anniversary Charity Golf Outing at The Forest Hill Field Club, 9 Belleville Avenue, Bloomfield, NJ. Shotgun start at 12:30 p.m. and scramble format.

All funds raised during the event will support the Meadowlands YMCA. This year they are focusing on driving out hunger and proceeds will benefit our newly established food pantry.

The price is \$500 per person and \$2,000 per foursome. Sponsorships are available for the golf outing, such as presenting sponsor, individual holes, dinner, lunch, and others.

For information, call Amanda Scully, ascully@meadowlandsymca.org or call 201-955-5300. To register or sponsor go to: MeadowlandsYMCA.org/golf ###

HH Lions Golf
Outing June 17

The 55th Annual Tournament is scheduled for Friday, June 17, 2022, at the Meadows Club, Bridges Road in Lincoln Park. Fee is \$125 and includes golf, cart, lunch and dinner with beverages, plus prizes. 10 a.m. shotgun start.

The event is sponsored by the Hasbrouck Heights Lions Club. All proceeds to benefit various community charities.

If you are interested in playing or being a sponsor please call Kevin Mullins at 201-665-4442. ###

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David at Sight
& Sound July 9

"David," with spectacular special effects, massive sets and live animals will be performed at Sight & Sound, Pennsylvania Amishlands, Saturday, July 9, 2022.

Cost is \$195 pp and includes performance, smorgasbord meal, shopping as time allows, taxes & meal gratuities and motorcoach transportation. Call Joan Winant at 201-696-1159 for availability. ###

Resorts World
Catskills Bus
Trip Oct. 23

American Legion Auxiliary Unit #142 is accepting reservations for a bus trip to Resorts World Catskills, Monticello, NY, October 23, 2022.

Bus departs 9:15 a.m., 135 East Passaic Street, Maywood, NJ. Cost is \$40. Get back \$25 slots, \$15 food. For tickets, call 551-587-3699. ###

LF Fishing
Derby June 18

On June 18, 2022, the Fishing Derby will take place at Indian Lake at Lakeview Park, sponsored by the Little Ferry Police Activities League. Registration is 8:30 a.m. and fishing begins at 9 a.m. to noon. No fishing license needed for anyone under 15. Please bring your own bait and tackle. Limited bait, tackle and fishing poles are available on a first come basis. There will be prizes awarded to each age. Open to Little Ferry residents only. Children must be accompanied by an adult. ###

When not in use,
turn off the juice.

Wood-Ridge
Town Day
June 12

On Sunday, June 12, 2022, Wood-Ridge will host Town Day, from 2 to 7 p.m., on Valley Boulevard from Wood-Ridge Avenue to Windsor Road. Rain or Shine.

There will be rides, food, tiki bar and live performance by "The BStreetband," a tribute to the Boss. The event is sponsored by the Wood-Ridge Mayor and Council. ###

Rutherford Holds
First LGBTQ+
Pride Fest June 4

Rutherford Pride Alliance, an organization dedicated to promoting and fostering LGBTQ+ inclusivity, visibility, and advocacy in the Rutherford, NJ area, will hold its first Pride Fest on Saturday, June 4, 2022 (RD June 5).

The festival is open to the public from 12 p.m. to 4 p.m. at Rutherford's Lincoln Park.

It will feature art activities, vendor tables, food trucks, a beer garden, and kids' activities.

The event also features live entertainment with Co-Hosts Harmonica Sunbeam and Honey Marie, remarks by Garden State Equality, and musical performances including Daniel Shevlin from Well Strung.

The festival will be co-hosted by the Rutherford Arts Council. Sponsors include American Dream Mall and Variance Films.

Rutherford Pride Alliance was founded in 2018. The RPA organized the first raising of the rainbow Pride Flag at Rutherford's Borough Hall in June 2019. For more information, see the website RutherfordPrideAlliance.org ###

Yield to
Pedestrians

AL Legion Riders
Motorcycle Run
June 25

American Legion Riders Chapter 310 is hosting their 3rd Annual Motorcycle Run to raise funds for Serenity Paws Animal Rescue Inc. on Saturday, June 25, 2022. Donation is \$20 pp.

Riders meet up at 9 a.m., at American Legion Post 310, 100 Liberty Street, Little Ferry, NJ, 07643.

Kickstands up at 11 a.m. Return at 1 p.m. with party to follow. Music, food and draft beer included.

• Serenity Paws Animal Rescue Inc. is a 501c(3) non-profit organization dedicated to reducing the number of unwanted animals through fundraising endeavors for the purpose of assisting in low cost spay and neuter programs.

Their goal is not raise only funds but to raise awareness of the tragedy of unwanted litters born every day.

They create an "oasis of serenity" for those most in need where they can live out the rest of their lives in contentment. Portion of the proceeds will go directly to Serenity Paws. This is a fundraiser! ###

Elks Breakfast
1st Sunday

Elmwood Park/Paterson Elks Lodge 60, 192 Market Street, Elmwood Park, will host a breakfast, the first Sunday of every month, 8 a.m.-11:30 a.m. \$10 pp. Children 6-10, \$5. Free for children under 6. Open to the public.

Breakfast includes: juice, eggs, pancakes, bacon, sausage, hash browns, toast, hot and cold cereal, muffins and bagels, hot chocolate, coffee or tea. Reservations preferred. Call Dennis at 201-791-6149. ###

Civility

AL Pig Roast
July 16, 2022

American Legion Squadron 310 is hosting their Art Jensen Jr. Annual Pig Roast on Saturday, July 16, 2022, from 3 p.m. to 7 p.m., American Legion Post 310, 100 Liberty Street, Little Ferry, NJ. 201-807-0470.

Cost \$25 pp in advance. At the door \$30 pp. Last day to purchase advance tickets will be Tuesday, July 12.

Menu is "All you can eat" hamburgers, hot dogs, London Broil, BBQ chicken, 2-100 pound plus pigs, mussels, fresh corn on the cob, salads, draft beer and soda. Children under 12 eat for free.

The Pig Roast is rain or shine. No refund.

Music by "DJ Bill Reagan." All proceeds go to Veterans and children's programs.

The bar will be closed that day for non-ticket holders. Reminder, this is a fundraiser! ###

AL Picnic
Sept. 10

American Legion Post 310 will hold its 40th Annual Picnic on Saturday, September 10, 2022, from 3 to 7 p.m., at American Legion Post 310, 100 Liberty Street, Little Ferry.

Cost is \$30 per person at the door or \$25 in ADVANCE. Kids under 12 eat free.

All you can eat, BBQ chicken, baby back ribs, hamburgers, hot dogs, sausage and peppers, clams on a half shell, corn on the cob, Manhattan Clam Chowder, salads, draft beer and soda included. The bar will be closed for non-ticket holders.

Entertainment by DJ Jack Jam. There will be a 50/50 drawing. Rain or shine. Please bring your lawn chair. Large Pavilion on site and tents in case of inclement weather.

All proceeds go to support Veterans and children's programs. Last day to purchase advance tickets will be Tuesday, September 6.

For additional information, call 201-807-0470. ###

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**Flag Day
June 14, 2022**

HH Garden Club News

The Garden Club will be meeting on Wednesday, June 15, 2022, in the Library Meeting Room located on the second floor of the Boro Hall. This will be the last gathering until September. Refreshments will be served at 5:30 p.m., followed by a short meeting discussing what we have accomplished and also to discuss the upcoming year. All are welcome to join us and meet with our President Maria Russo and the membership.

The Boulevard in Bloom project has again been accomplished thru the hard work of Ann Lustberg, and for several years, Kate Hoffman. They choose the plants and the members help plant them in the pots for distribution on the Boulevard.

Our DPW stores the pots during the winter months after they have been collected and emptied by the members.

Then in spring they deliver all the planters and water them throughout the summer and early fall. Several of our members volunteer to make sure they are well taken care of while they are on the Boulevard. They are also watered by some of our merchants in town. The Chamber of Commerce helps fund this project thru the merchants and our community.

The Garden of the Seasons for the Summer Contest, headed by Audrey Gall, has begun and will continue until August 27. The Garden Club members will be searching for contest candidates during this time period. If you wish to enter your garden, please call Audrey at 201-288-8943. The Garden Club will resume meeting in September! *Provided by Judy Mascis. ###*

HH Library Friends News

In anticipation of Hasbrouck Heights Friends of the Library **Annual Book Sale** in September 2022, the Friends are accepting donations of gently used books the last week of the remaining months until August. The books may be dropped off at the Library. ###

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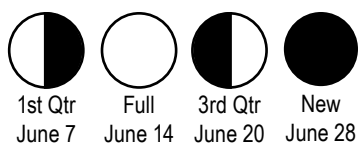
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Garden of Seasons Summer Contest

The Hasbrouck Heights Garden Club will be resuming the “Garden of the Seasons Contest” beginning May 28 thru August 27, 2022. If you wish to enter the contest, please leave a message for Audrey Gall at 201-288-8943 for an application.

In addition, The Garden Club members will ride through town searching for contest candidates during the contest dates. We will carry Garden Club signage. Our members will leave an application at your home if you have a qualifying garden. Your name and address will not be published in any publication. We will only share the winner with our members at our regular meeting following each contest.

The Garden Club is open to all and meets on the third Wednesday of each month (*except July and August*) at 6 p.m., with refreshments served at 5:30. Please join us and bring a friend. *Provided by Judy Mascis. ###*



Strawberry Moon

The June full moon appears on Tuesday, June 14, 2022, at 7:52 a.m. It is called the “Full Strawberry Moon.”

This year it is a Supermoon. In the evening of Tuesday, June 14—just after sunset—look towards the southeast to watch the Full Moon rise gently above the horizon. There, it will appear large and golden hued.

According to the Farmer’s Almanac, this name was universal to every Algonquin tribe. The name reflects the relatively short season for harvesting strawberries that comes each year during June. Other names include the “Full Hot Moon,” or in Europe, the “Full Rose Moon.”

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Keep W-R Beautiful/ Shredding Event June 5

The “Keep Wood-Ridge Beautiful” Committee will hold its 22nd annual downtown cleanup day on Sunday, June 5, 2022, between the hours of 11:30 a.m. and 3 p.m.

Volunteers are once again needed to help clean our shopping districts and raise awareness of the effects of litter in our community.

During our last “Keep Wood-Ridge Beautiful Day” over 250 volunteers participated!! Both adults and children are welcome.

The Bergen County Board of Health will provide cleaning utensils, gloves, brooms and bags. Volunteers will be contacted and assigned certain time periods prior to the event and will be asked to meet at the Wood-Ridge Civic Center.

To sign up, please call Borough Hall at 201-939-0202 (ext. 109) and leave your name, telephone number and how many adult or children’s T-shirts should be ordered by size. This year’s event will be held with all safety protocols in place.

Do you have stuff to shred? Bring it to the Civic Center that day from 9 a.m. to 1 p.m. (*no hardcover books, photographs or X-rays*). For further information, please contact Councilman Ezio Altamura 201-531-0259. ###

June Flower
Rose

June Birthstone
Pearl

Copy for the July Issue is due June 5th.

All previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

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Cancelled Stamps Wanted

Sixteen years ago, in 2004, the Kiwanis Club of Hasbrouck Heights started a project collecting cancelled stamps. They came upon a letter from a Sister Ann Mary, a retired Carmelite Sister who was collecting cancelled stamps and selling them to dealers in foreign countries.

The money helped children at St. Benedict’s Day Nursery and Infant Hospital of Georgetown, St. Vincent of the West Indies. She collected stamps until 2008 when the Kiwanis Club disbanded. In 2008, the AARP Hackensack Chapter took this project as one of their own.

In August of 2008, the chapter found another organization that was collecting stamps. After a phone call to them (*Ulseth Lodge Sons of Norway NLC*) in Calumet, MI, they decided to send the cancelled stamps to them.

The Lodge collects and sends the stamps to a facility where they are sorted and packaged to sell to collectors and dealers. The proceeds are donated to the Norwegian Health System to aid physically and mentally challenged children and youth.

In June 2015, the AARP Hackensack Chapter disbanded. The Leisure Club of Hasbrouck Heights then took over the project. In 2019 the AARP Garfield Chapter, also started to contribute to this project.

All collected stamps were sent to Marie Gallo who supervised the trimming of the stamps, sorting of the stamps and finally packaging and then sending out. Marie, a member of the Kiwanis Club, Hackensack AARP, Leisure Club and Garfield AARP, has been in

charge of this project since its inception. She has made all the contacts with the organizations collecting the stamps.

In February 2020, the Lodge they were working with suggested that they work with another Norwegian Lodge closer to them. The TUBFRIM, a Norwegian organization located in Brooklyn that collects stamps along the east coast – Maine to Florida. The organization is still the Sons of Norway with a branch in Brooklyn. They also use the money from the sale of stamps to aid physically and mentally challenged children and youth. On April 28, 2020, fifteen pounds of cancelled stamps were mailed to Brooklyn.

If you would like to help the Leisure Club of Hasbrouck Heights in collecting cancelled stamps, please trim the stamps to 1/4 inch around the stamps.

Old envelopes and postcards are also being collected. If envelopes, postcards etc., are more than 40 years old, please do not cut off the stamps, but save the whole envelope/postcard.

The stamps can be dropped off or sent to: The Gazette Newspaper, 345 Boulevard, Suite 5, Hasbrouck Heights, NJ 07604 or bring them to a Leisure Club meeting. ###

Center for Food Action

CFA provides emergency food packages, rental and utility assistance, advocacy, and other essential services to those in need living in northern New Jersey. You make it possible! Go to: cfanjanj.org ###

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Summer Solstice 2022

The First Day of Summer

In 2022, the June solstice is Tuesday, June 21, at 5:13 a.m. EDT. This date marks the official beginning of summer in the Northern Hemisphere, occurring when Earth arrives at the point in its orbit where the North Pole is at its maximum tilt (*about 23.5 degrees*) toward the Sun, resulting in the longest day and shortest night of the calendar year. (*By longest “day,” we mean the longest period of sunlight.*) At the June solstice, the Northern Hemisphere receives sunlight at the most direct angle of the year.

In the Northern Hemisphere, the June solstice (*aka summer solstice*) occurs when the Sun reaches both its highest and northernmost points in the sky. It marks the start of summer in the northern half of the globe. (*In contrast, the June solstice in the Southern Hemisphere is when the Sun is at its lowest point in the sky, marking the start of winter.*)

The word “solstice” comes from Latin solstitium—from sol (*Sun*) and stitium (*still or stopped*), reflecting the fact that on the solstice, the Sun appears to stop “moving” in the sky as it reaches its northern- or southernmost point (*declination*) for the year, as seen from Earth.

After the solstice, the Sun appears to reverse course and head back in the opposite direction. The motion referred to here is the apparent path of the Sun when one views its position in the sky at the same time each day, for example at local noon. Over the year, its path forms a sort of flattened figure eight, called an analemma. Of course, the Sun itself is not moving (*unless you consider its own orbit around the Milky Way galaxy*); instead, this change in position in the

sky that we on Earth notice is caused by the tilt of Earth’s axis as it orbits the Sun, as well as Earth’s elliptical, rather than circular, orbit.

The timing of the June solstice is not based on a specific calendar date or time; it all depends on when the Sun reaches its northernmost point from the equator. Therefore, the solstice won’t always occur on the same day. Currently, it shifts between June 20, 21, and 22.

The Summer Solstice is the day with the longest period of sunlight. Notice how the Sun appears highest in the sky at the solstice; its rays strike Earth at a more direct angle, causing the efficient warming we call summer. Because the Sun is highest in the sky on this day, you’ll notice that your shadow is the shortest that it will be all year. *almanac.com* ###

Midsummer Day June 24

Historically, this day marks the midpoint of the growing season, halfway between planting and harvest. It is traditionally known as one of four “quarter days” in some cultures. Folks celebrated by feasting, dancing, singing, and preparing for the hot summer days ahead.

Summer Solstice Folklore

- Deep snow in winter, tall grain in summer. –Estonian proverb
- When the summer birds take their flight, goes the summer with them.
- If it rains on Midsummer’s Eve, the filbert crops will be spoiled. –Unknown
- One swallow never made a summer.

- Easterly winds from May 19 to the 21 indicate a dry summer.
- If there are many falling stars during a clear summer evening, expect thunder. If there are none, expect fine weather.

Solstice Traditions

Many cultures, both ancient and modern, celebrate the sunlight with rituals and holidays.

- Every year on the summer solstice, thousands of people travel to Wiltshire, England, to Stonehenge—a mysterious prehistoric monument.
- In Sweden, people traditionally celebrated the beginning of summer by eating the first strawberries of the season. They also celebrated—and still celebrate—a holiday known as Midsummer’s Day, which is one of the four ancient quarter days of the year.
- Eating strawberries is the perfect way to celebrate the June solstice, since June’s full Moon is also known as the Full Strawberry Moon. It typically coincided with the ripening of strawberries in what is now the northeastern United States.

There are many northern people like the Swedes who celebrate Midsummer’s Eve, too, dancing around the bonfire on the shortest night of the year. After all, these northern people have emerged from some long, dark winters! In the Austrian state of Tyrol, torches and bonfires are lit up on mountainsides.

According to ancient Latvian legend, Midsummer Even (*St. John’s Eve*) on June 23 is spent awake by the glow of a bonfire and in pursuit of a magical fern flower—said to bring good luck—before cleansing one’s face in the morning dew. *almanac.com* ###



Real Estate Insight

By Mary Ellen Courtney

Thoughts On Inflation

Last month, inflation hit a new 40 year high at 8.5%.

We’re seeing the economy shift rapidly since the start of the year, as COVID precautions have eased, the Fed has raised interest rates and Russia’s invasion of Ukraine has given global markets a serious set of the jitters.

So what is inflation, after all? Simply put, it’s essentially an increase in the prices consumers pay for goods and services.

A small amount of inflation is considered normal, but the rate of inflation lately has been rising fast. It’s affecting everything from how much you pay at the pump to the listing prices of homes.

As we in the business see it, rising mortgage rates haven’t been doing much to push prices down. Although much higher now this year than last, the current percentage remains historically low. On average, mortgage rates in the past averaged closer to 8 percent compared to today’s roughly 5 percent.

Rather it’s the persistent limited number of homes for sale that keeps prices going up ever higher.

Taken together, these conditions are favorable for sellers, who are still receiving many offers above asking price. The fact is, if you’re looking to sell your home right now, you shouldn’t have much trouble.

The real issue could be what happens on the other side of the transaction. When you go to buy your next place to live, you’ll be joining a mob of eager buyers competing for a limited number of available properties – and now likely obtaining a new mortgage at a higher rate, to boot. Overall though, it’s a great time to sell – most experts think we’re near the top of the market in terms of prices.

The story is vastly different for buyers. The market is extremely frustrating for today’s home buyers who continue to struggle to make the

winning bid.

But even in this crazy market, you can still snag a great house if you’re patient, diligent and make sure the numbers work for you. There’s never a perfect time to buy a house, so it really comes down to what you’re comfortable with.

What’s important is that you get your finances in order so you’re in as strong a position as possible to make the best offer.

So, after two years of hearing real estate buzz words like “unprecedented,” “historic,” “white-hot,” etc., we now add the term ‘inflation.’

Actually, it’s a well-documented fact that real estate remains profitable when inflation affects the economy.

One reason for it is that landlords can always pass their cost increases off to their tenants. But the real reason here is the age-old axiom that ‘scarcity creates value.’ So, instead of seeing the record-low number of housing inventory as something to steer clear of, it means that while there may be much competition in home buying, that’s because of the value of being a homeowner.

Inflationary pressures are expected to eventually cause many homeowners to sell and, instead, rent. The increase in rental costs and demand will create opportunities for others looking to get into the housing market.

As a result, experts expect rents to increase 7% by the end of 2022, more than double the predicted year-over-year growth in home prices of 3%, once again proving (*as we realtors constantly preach*) that homeownership is always a more reliable use and investment of your money.

There’s always much to consider when buying, selling or renting a home. For expert guidance, contact Mary Ellen Courtney, Broker-Manager at Terrie O’Connor Realtors Gateway Group, 201-288-0004. She and her professional team will help maximize your efforts’ success! ###

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Pentecost -- June 5, 2022

Pentecost, also known as White Sunday, is a religious holiday that celebrates the coming of the Holy Spirit upon the early followers of Jesus Christ and also recognizes the day that the Church was established.

Pentecost is the Jewish Festival of Weeks, which can be found in the Hebrew Bible. Shavuot is called the Festival of Weeks and is also called the Festival of Reaping or Harvest. (See May 2022 Gazette Newspaper, page 11).

Jews traditionally read the Book of Ruth at Pentecost as the story links with the grain harvest theme of the festival.

Pentecost 2020, as a Christian feast, dates back to the first century. It occurs 50 days after Easter Sunday and falls on the ancient Jewish festival called the "Feast of Weeks."

In the New Testament,

Juneteenth

Juneteenth for the year 2022 is celebrated/observed on Sunday, June 19.

Originating in Galveston, Texas, Juneteenth is observed each year commemorating the emancipation of the enslaved African Americans. It has been celebrated annually on June 19 in various parts of the United States since 1865. President Joe Biden signed the Juneteenth National Independence Day Act into law on June 17, 2021.

Back on January 1, 1863, then President Abraham Lincoln issued the Emancipation Proclamation outlawing slavery in the original Confederate States.

On June 19, 1865 Union Army General Gordon Granger, under the General Order No. 3, enforced the freedom of enslaved people in the last hold-out state in the Confederacy, Texas. ###

Pray for Peace

Pentecost was the occasion of the descent of the Holy Spirit upon the Apostles and other followers of Jesus Christ and therefore became a feast commemorating this occasion. The English word "Pentecost" comes from the ancient Christian expression pentekoste hemera, which means fiftieth day (therefore applicable to the 50 days after the Resurrection of Christ). But Christians did not invent the phrase "fiftieth day." Rather, they borrowed it from Greek-speaking Jews who used the phrase to refer to a Jewish holiday.

Across denominational lines, Pentecost 2020 has been an opportunity for Christians to honor the role of the Holy Spirit in their lives, and celebrate the birth of the Church.

The traditions differ between Church dominations, with some celebrating the holiday more significantly than others.

Some Churches decorate with the color red to repre-

sent the "power and fire of the Spirit." Churches often welcome new members or confirm existing members on Pentecost through baptisms and confirmations, and somewhat explains why some refer to the day as "White Sunday" in reference to the white clothing commonly worn for baptism. Additionally there are religious (Church) services, festive meals, Processions and Ordinations.

Pentecost always occurs seven weeks after Easter Sunday; therefore 50 days after Easter (inclusive of Easter Day). In other words, it falls on the eighth Sunday (counting Easter Day). calendar-12.com ###

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.-- General Dwight D. Eisenhower



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Wine Dinner June 9

AWS Meadowlands Chapter will be holding a Wine Dinner on Thursday, June 9, 2022, at Gelone Italian Restaurant, 650 Ridge Road, in Lyndhurst, NJ.

We will have sparkling wine, both red and white wine on the table and since this is a BYOB, you may also bring a wine of your choosing.

Cost is \$50 pp. The menu includes: hot and cold appetizers (*Fried Calamare, Eggplant Rollatini, Clams Oreganata, Mussels, Bruschetta and Caprese*), pasta & salad, a choice

of 3 main dishes, chicken, veal & fish, cappuccino, espresso, coffee, desserts and soda.

Seating is limited so please contact us at wineclub201@gmail.com to reserve your seats, we are expecting a full house. Visit our blog at <http://wineclub201.blogspot.com> for full details and other news about upcoming wine events.

Proceeds will be going towards the Holiday Party and to the AWS Education Scholarship Fund.

So come and enjoy an evening of good food, good drink with your wine friends. Looking forward to seeing you there. Trust in Wine. Thank you. AWS Vice Chapter Chair Philip Miuccio, the other good wine guy. ###

TEB Noise Complaint Line 201-288-8828

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Carlstadt FD Celebrates 150th Anniversary

On Saturday, June 11, 2022, from 1 to 5 p.m., at the Jefferson Street Firehouse, the Carlstadt Fire Department will celebrate their 150th anniversary.

There will be food, beer, soda and fun for the whole family. Entertainment by Lifespeed. ###

LFFD 100th Anniversary

Little Ferry Hose Company #1 is celebrating its 100th anniversary with a challenge coin commemorating its 1922 American LaFrance Fire Engine (1922-2022).

Coins are \$20 each, while supplies last. Free local delivery. Shipping available for an additional fee.

To purchase this limited edition coin, call or text: 908-801-6175 or via email: lfhose1fundraising@gmail.com ###

WRFD 125th Anniversary

The Wood-Ridge Fire Department, an all-volunteer organization, has served our Community for the past 125 years and during this time has seen much growth and advancement in terms of both personnel and equipment.

On July 9, 2022, the WRFD will be commemorating this milestone event with a monumental celebration reflecting on the rich history over the past 125 years of service to our families, friends, and neighbors within the Borough of Wood-Ridge and also to our surrounding communities.

To commemorate this event, we wish to invite all of you to attend the social event of the year! It will take place at the W-R Firehouse at 85 Humboldt Street on Saturday, July 9, 2022, from 1 p.m.

to 5 p.m., with a rain date of Sunday, July 10, 2022.

There will be plenty of activities for you and your family to enjoy, including live music by the Andrea Nies Band, food, drink, water slide, bounce house and rides for the kids. "Family fun for all."

In addition, T-shirts, mugs, and challenge coins commemorating this event will be available.

So come join us on this special day and participate in the celebration with your family, friends, and neighbors and spend some time getting to know your volunteers.

This is our way of saying thanks for all of your support over the past 125 years from all of us at the WRFD. It is and always will be our HONOR to serve You. ###

WRFD Historical Journal

The Wood-Ridge Fire Department has experienced a rich history during this time and to commemorate this event we have compiled a Historical Journal of the history of the WRFD. This journal includes stories and pictures of the Department's humble beginning to its current time, by providing fire protection to our community for 125 years.

We are offering this journal at \$5 to help defray the costs associated with the upcoming event in July. We would appreciate your help in assisting us to present this once in a lifetime event.

You may place an order

by sending us an email to wrfire125@gmail.com and we will make arrangements to deliver a journal to you once we receive them.

We have a couple of options for payment, make check payable to WRFD and mail to: Wood-Ridge Fire Department, PO Box 3, Wood-Ridge, NJ 07075.

We look forward to seeing you and your family spend time with us at the Humboldt Street Firehouse on July 9, 2022. Thank you for your anticipated support. Be well and stay safe.

Regards, Wood-Ridge Fire Department, 125th Anniversary Committee. ###

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Volunteers Help Lodi Family

As part of "April is National Rebuilding Month," on Saturday, April 30, 2022, at a Lodi home, Rebuilding Together North Jersey organized volunteers from the Greater Bergen Association of Realtors. They made free repairs, making it safe and healthy for the homeowner. Volunteers from IBEW Local 164 also made repairs to the home's electrical systems.

Generally, RT focuses on repairs that will keep homeowners safe, warm, and dry. This can include accessibility modifications for people with disabilities and/or physical limitations, repair of safety hazards in the home, energy-efficiency improvements and roof repair,

Factors include the homeowner's needs, the condition of the home, the availability of funding and the skills of volunteers.

Low-income or disabled homeowners that need repairs should call 201-447-8886. For more information go to: Rt-northjersey.org ###





Wallington Fire Department Annual Memorial Service

Wallington Fire Department held its Annual Memorial Service and Inspection on Saturday, April 30, 2022, at the Park Row Firehouse on Steve Tomko Plaza, at 5 p.m.

The National Anthem was sung by East Rutherford FF Josh Novello. The Invocation was given by FD Chaplain Mark Tomko.

Welcoming remarks and introductions were given by

Department President Robert Ventura, followed by the company roll call and placement of flags/vases/wreath.

The Department once again remembered all the members who have answered their last alarm, especially those during the last year. The bell was tolled.

Wallington Council President Susan Preinfalk and Fire Chief Brian Batchelor made

remarks. Presentations were made.

Families and friends of the departed received flags and flowers to remember their loved ones. The Department was dismissed.

Mutual Aid Chiefs inspected the apparatus following the service. For more information, contact Mark Tomko at 201-983-3249. ###





Rutherford Clean Up Day

The Rutherford Volunteer Community Clean-Up Day was held on Saturday, April 30. This Borough-wide cleanup helped beautify Rutherford parks, business districts and other

public spaces by picking up litter and debris left behind after the snow and ice has melted. The event was coordinated by the Rutherford Green Team and Volunteer Committee with

over 70 volunteers to include local Girl Scouts, Cub Scouts, Pride Alliance, local businesses, local political representatives, Historic Preservation, Streetscape Committee, Green

Team and individual families and residents. *Provided by Kim Bogosian. Photos provided by William Neumann Photography. ###*

Wallington Lions Received Their 7th Green Bench by Saving 500 Pounds of Plastic

Former King Lion Kathy Gaspar-Schiro contacted TREX, based in Virginia, about getting the salvaged plastic to use in products they make out of recycled plastic.

She then brought the TREX challenge to the attention of members to partake in a joint project with another service group.

Schiro was a member of Mid-Bergen Rotary, as well as a Wallington Lion, so she coordinated a joint effort to keep 500 plus pounds of plastic film out of the landfill and oceans, every 6 months.

Items collected were plastic newspaper bags, bubble wrap, clothes cleaners plastic, food packaging, etc. The group managed to reach the 500 pound goal.

Within 6 months, TREX offered them an incentive to keep up this task, with a bench made from recycled plastic material.

The first joint effort resulted in Mid-Bergen Rotary Club obtaining a black bench for Hasbrouck Heights.

Once that goal was achieved, Mid-Bergen then helped Wallington Lions obtain a bench, which was placed by a Douglas Fir the Lions donated a few years ago to the Mount Pleasant Avenue Park.

Additional benches were placed at: Wallington Church



of Transfiguration's Memorial Garden, two at the Wallington Civic Center, Holy Trinity Church (*Garfield*). Planned are the Wallington Police Station, New Public Library.

Although no longer a joint project, the Wallington Lions continue to exceed the 500 pounds every 6 months with the help of their fellow coworkers, places of worship, family, friends and neighbors.

It takes approximately 88 plastic grocery bags to make one pound (44,000 bags to reach the 500 pound goal), it takes a lot of team work.

TREX estimates it uses 2,250 bags to make one 2x6 board that is 16 feet long.

Anyone wanting to donate their bubble wrap, newspaper plastic sleeves, grocery bags, to Wallington Lions, e-mail kbschiro@aol.com *Provided by Kathy Schiro. ###*



Woman's Club of Carlstadt Holds Anniversary Celebration

The Woman's Club of Carlstadt held their 95th Anniversary Celebration and Installation Dinner on May 10, 2022, at the Fiesta in Wood Ridge, NJ. Our new officers for the 2022-2023 Club year from right: Jill Hediger, President; Rosalie Bepalko, Vice President; Nancy Ferretti, Corresponding Secretary; Rose Ravennati, Recording Secretary; Carolyn Daniele, Treasurer; Louise Newsbaum, Federation, Secretary and Jean Kimak, Installing Officer. *Provided by Janet Drogo. ###*

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And so it begins...

After many years of promoting patriotism and community service, Wallington VFW Pavlick Koster Post 2640 on Main Street, is transitioning into the John F. Kennedy Memorial Library.

On November 11, 2021, the official ground breaking ceremony was held. (See The Gazette Newspaper, December 2021, page 27).

On April 27, 2022, the Post home was demolished.

Background

The John F. Kennedy Memorial Library has been temporarily located in tight facilities above the DPW since 1964. For 53 years it has provided basic services 1,200 to 1,500 patrons.

For years they wanted to be a full-service Library with enhanced services and programming.

A decade after a \$30,000 feasibility study and \$10,000 in architectural renderings were completed to relocate to the VFW, the town bought the property in 2006 for \$235,000 a fraction what the Veterans were offered.

Due to storms Irene and Sandy, the study and drawings had to be redone to adjust for the flood plain.

The Veterans agreed as long as their monument be maintained, naming rights and a dedicated Veteran's Memorial Room for the Post's memorabilia commemorating their contributions to our country..

Arcari + Iovino Architects designed the 6,000 square foot Library as a light-filled open space that can be easily reconfigured for a variety of uses. Dedicated spaces for children, young adults, quiet reading, and computer areas will allow The Library to expand its array of services to the community.

This project is supported by funds from the New Jersey Library Construction Bond Act, administered by the New Jersey State Library.

For more information go to: <https://www.wallingtonpubliclibrary.org/> ###



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Passing of the Mic



Wood-Ridge Lion Jack Nagel ending his longtime role as Lions Beefsteak Dinner Chair and Emcee, turning over the microphone to new MC Ken Turtoro.

It did happen and it came in two's -- the 37th Wood-Ridge Lions Beefsteak Dinner was held this year, and marked a milestone as longtime Wood-Ridge Lion Jack Nagel did not emcee the event, for which he chaired and manned the microphone for 35 years.

This Annual Beefsteak Dinner, is the Club's major fund-raiser to help to support its blind and sight-related charities, during which Nagel, as Chair, raised over \$591,000. In 2021, the dinner could not be held due to Covid-19. The Club solicited donations from previous attendees of the dinner and

over \$13,000 was raised.

The dinner has been traditionally held the Friday before the Super Bowl game. Due to pandemic concerns, the event could not be done at that time and had to be re-scheduled for Friday, April 8th. As in many past years, the dinner was held at the Three Saints Cultural Center in Garfield. This year, meals were served by Nightingale Catering.

The MC role was now placed in the capable hands of Past President Ken Turtoro, who also chaired the event with Past President Mike Roman. As Co-Chairs, they continued

to include the popular evening entertainment with games and giveaways, all of which were first introduced and annually hosted by Nagel, especially the "football throw" that has become one of the highlights of the night.

Having another successful dinner, the Wood-Ridge Lions wish to thank all of those who joined us for this special evening, as well as to those who have supported this event over the years and to the many sponsors who have contributed prizes. *Provided by Dennis Brubaker. ###*



Wood-Ridge Lions Pancake Breakfast Kitchen Crew -- Jimmy Love, John Marino, Bob Valente, John Podesta, and King Lion Bob Caruso flipping the pancakes.



The Wood-Ridge Lions Club had a very busy weekend with their Beefsteak Dinner on Friday night and the Pancake Breakfast on Palm Sunday at the Wood-Ridge High School All-Purpose Room. A good public turnout for the breakfast of pancakes and sausage made the effort all worthwhile. In addition, egg coloring was enjoyed by all of the children attending. *Provided by Dennis Brubaker. ###*

Historical Society Seeks Members

The Wood-Ridge Historical Society is actively seeking to expand Society membership. Anyone interested in the history of the Borough and surrounding communities is invited to join the Society and offer new insight and assistance in activities and programs that will broaden that interest.

It is not necessary to be a Wood-Ridge resident and there are no dues. High school students seeking community service would be sincerely welcomed.

To become a member, simply submit your name, address, telephone number and email address to ccassidy@njwoodridge.org, and you will receive notification of meetings and events. *###*

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HH Leisure Club Meets Remi & Ryker

On April 13, 2022, President June Raymond welcomed everyone and called the meeting to order. The Club members said the Pledge of Allegiance, followed by the National Anthem, a prayer was read by Fran Visco. The Leisure Club officers gave their reports and the minutes were taken.

Meetings are held the second Wednesday of each month at the Municipal senior center, Boulevard, Hasbrouck Heights and welcomes new members. The yearly dues are \$15.

The highlight of the afternoon was the presence of Detective Chris Nichols, with the K-9 canine unit from Maywood, Remi, a Bloodhound and Ryker, a German Shepherd.

Chris went into great detail



describing each dogs function. The members had many questions and listened to Chris with interest. He also told the sometimes funny stories about the canines.

At the conclusion, June thanked Detective Nichols for his enthusiastic and informative presentation and, on behalf of the Club, presented a donation to the K-9 Unit Maywood. *Provided by Gladys Gamble. ###*



Rutherford Receives Preservation Award

On Thursday, May 5, 2022, Rutherford was awarded a 2022 Bergen County Historic Preservation Award from the Bergen County Historic Preservation Advisory Board for efforts to preserve the Rutherford World War I Monument located on Park Avenue.

Thanks to all the Rutherford Borough employees, professionals and former and current members of the Rutherford Historic Preservation Committee for the many years of hard work put in to preserving this important monument in the heart of our town.

(l-r) HPC Chair Ed Gajda, Joanna S. Pietruszewski (*Art Conservator from Aegis Restaura LLC, who was responsible for the preservation aspects of the project*), William Neumann (*center-Historian, Photographer, past Member*), Councilwoman and HPC Liaison Maria Begg-Roberson and Sandeep Sikka (*far right-Historic Preservation Architect*) of Architectural Preservation Studio, DPC, who oversaw and took responsibility for the entire project. *Provided by Kim Bogosian. Related stories in The Gazette Newspaper, December 2017, pages 20, 21, and July 2020, page 8. ###*

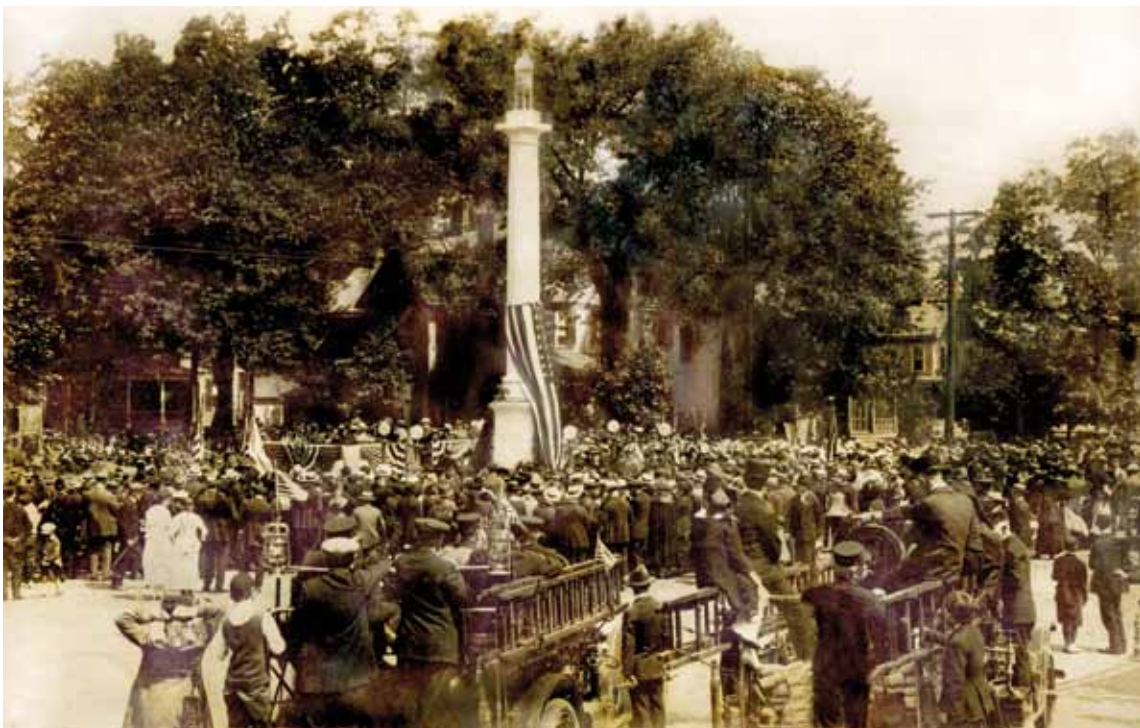


Photo Credit: John Melfa for the original and William Neumann Photography for the photo restoration. ###

Facts About Fatherhood

- While Mother's Day holds the record for most phone calls, Father's Day has the most collect calls.

- In America, observers spend over \$1 billion every year buying gifts for their father.

- Hallmark considers Father's Day to be the fifth largest card giving holiday.

- Children whose fathers are involved in their life in a beneficial way tend to do better in school and stay out of trouble.

- Scientists polled over a thousand adults to find that 28% felt that their fathers had the most influence on their lives, 53% chose their mothers

and 15% credited both parents the same amount.

- About 80% of post WWII children grew up with two biological married parents.

Source wilstar.com ###

Favorite Sayings by Dads

- Go ask your mother!
- Just wait until I get you home!
- When I was your age....
- My father used to tell me...
- I used to walk to school in the snow!
- Be home early.
- Do you think I'm made of money?
- Were you raised in a barn?
- If your friend jumped off a cliff, would you do the same? ###

Bible Baptist Church Supports Ukraine Refugees

Our trip to Poland came about because of an email from missionaries in Poland. **Bible Baptist Church** of Hasbrouck Heights, has been supporting missionaries in Poland for almost 25 years. They sent us an email asking for prayer and support as they were housing people from Ukraine displaced because of the war with Russia.

They have an excellent facility in Zgierz, built mainly for hosting youth camps. With refugees pouring in, they opened their facility to house and feed Ukrainian refugees.

I emailed our missionary and asked if they could use some physical support there in Poland. They responded with an immediate yes. On April 2, 2022, three of us (*Alvin Abella, Dominic Leuci and Eric Dammann*) flew out to Poland to stay there for 10 days. We brought with us \$8,550 dollars to help because of the generosity of the people of Bible Baptist Church.

Our trip was one of sup-

port, mainly that of helping with maintenance.

On our second day we made a 3 ½ hour trip to a small Church near the border. We dropped off a van full of food, clothing and medical supplies.

We took a short 15 minute drive to the border entry point. There we met a family who hadjust crossed the border. They had nothing but a suitcase and a car. We gave them \$600 in Polish currency and took them back to the little Church to sleep and eat.

We left the small Church with 5 women and a baby in our van and drove them to our missionaries' place in Zgierz.

What stood out the most about this trip was seeing the looks of hopelessness on their faces and hearing the stories of escaping under gunfire and losing everything because of this evil war. Many left with just the clothes on their backs.

While there we shared with them the hope that Jesus offers,

even in the midst of horrible circumstances He is the God of hope.

A lady named Viktoriia Yurchenko translated for us. She and her husband, Andri, lost their home during the first Russian invasion of 2015 and now, for a second time, have lost everything due to Russian invading Ukraine. It is an utterly heart breaking story, one of only millions for the people of Ukraine.

Our Church has committed to bringing Viktoriia, Andri and their 11 year old daughter, Angelina, to America. We are committed to housing and providing for them till they can do so on their own. Please pray for them as they seek to make a new home here in America. If you are interested hearing more about our trip or helping with supporting the Yurchenkos, email us at info@biblebaptist.net *Provided by Pastor Eric Dammann. ###*

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Let's Go Traveling!

By Rick Ardis

Hungary

When travelers are contemplating a trip to Europe, the first countries that usually come to mind may be Italy, England, France, or Ireland. With over forty nations, the region is a smorgasbord of cultures and experiences. Amongst all the options, a land that is rising in popularity is Hungary. Hungarians are a friendly people who will welcome you to their country with open arms and a big smile.

Buoyed by its capital city, Budapest, tourism has experienced an explosive growth over the last decade. Known as the Queen of the Danube, many river cruises commence or end in this Central European capital. Beginning here, river cruises sail downriver towards the Black Sea through Croatia, Serbia, Romania, and Bulgaria. Sailing upriver, riverboats will take guests through Slovakia, Austria, Germany, and beyond.

This Central European nation has multiple levels of history. Hungary was established as a nation in 896 by the Magyar

people who had settled in this area from their original home in central Asia. Over the years there have been several realms overseeing the Hungarians. These peoples included the Celts, Romans, German tribes, Huns, and the Ottomans. After the founding of the Kingdom of Hungary, the nation joined with the Habsburgs to form the Austro-Hungarian Empire. Following World War I and the dissolution of the empire, a sizeable chunk of territory was lost to other nations.

After World War II, Hungary spent decades behind the Iron Curtain. With the fall of Communism in 1989, the nation was once again a free country and has since joined the European Union.

Many of the landmark buildings in Budapest were constructed for Millennial Celebration in 1896. The first subway line on the European continent is called the Millennium Underground Railway. This M1 Line connects the heart of the city with a large park built for the 1000th anniversary of Hungary's founding.

Within the park are Heroes Square, notable museums, and the Szechenyi Thermal Baths. Hungary is one of the top five countries for thermal waters, boasting over 1500 natural springs with two hundred certified medicinal waters across the national landscape.

Before joining together as one, Budapest was two separate cities flanking the Danube River. Buda is on the hilly western bank and Pest lies on the flat eastern bank. The two sides are connected by numerous bridges spanning the river. The most famous of these is the Szechenyi Chain Bridge. This suspension bridge is currently under rehabilitation, having been first completed in 1849. It reopened one hundred years later in 1949 after being destroyed during World War II.

The city is a cornucopia of architecture. The neo-Gothic Hungarian Parliament Building is one of the most photographed houses of government in the world. Another prevalent building style throughout the city is Renaissance Revival. Examples of this are the spectacular Saint Stephen's Basilica and the Hungarian State Opera House. The opera house has just reopened after a lengthy process to restore its beautiful interior. I had the pleasure of attending the Strauss opera

Die Frau ohne Schatten (The Woman Without a Shadow) during my recent visit. Hungarians will boast that the building is more beautiful than its counterpart in Vienna. Other styles of architecture abound in the heart of the city. These include Baroque, Art Nouveau, and Art Moderne along with Turkish architecture from the time of the Ottoman Empire. A recent phenomenon has been the establishment of popular Ruin Bars in edifices yet to be renovated.

In the intervening ten years between my first and most recent visits, investment in renovation and restoration has been remarkable. Luxurious hotels have opened in structures that were previously office buildings, shopping arcades, and government buildings. Outside the city center is where you will find more modern buildings and vestiges of the communist era. There is even a park where all the statues of Soviet leaders have been exiled.

Hungarian cuisine is a highlight of any visit. Paprika and sour cream are often featured in local dishes, the most famous being Goulash. When properly made, the meal is prepared as a soup rather than a stew. Other delicacies are Chicken Paprikash served with pasta, fish soup, crepes filled

with various meats, a pork stew, and a variety of sausages and salamis. There is a long history of winemaking throughout the country, with over twenty-one distinct growing regions. Vintages are of excellent quality at affordable prices. The café culture of Vienna is also prevalent in Budapest.

While Budapest is a great starting point of any visit to Hungary, day trips and overnight stays radiating out into the countryside abound. Leading the list of popular locales is Szentendre, where galleries proliferate throughout this city. Another prominent city is Visegrad, which dates to the Middle Ages with and showcases King Matthias' summer palace. Lake Balaton is Central Europe's largest lake and a popular recreation spot.

While it is now part of the European Union, Hungary retains the Forint as its currency. By not switching to the Euro, the exchange rate allows a vacation here to remain a more affordable destination. This value for the Dollar, along with its people, sites, and food, make Hungary an ideal European experience.

Rick Ardis is the owner of Ardis Travel -- established in 1981. 201-939-9135 • www.ardistravel.com • rick@ardistravel.com ###

Historically Speaking

By James J. Halloran



About Memorial Day

Monday, May 30, 2022, Memorial Day, is a national holiday. This day has been set aside to honor those Americans who made the ultimate sacrifice in defense of our American way of life. The concept of honoring the heroic dead goes back to Greek and Roman civilizations.

Memorial Day, as we know it, has its roots in the American Civil War. Various communities, both North and South, would hold ceremonies to honor their war dead. However, the first call for a national day to decorate the graves of these Veterans was an order issued by Major General John A. Logan, a Civil War Veteran and

first commander of the Grand Army of the Republic (GAR). The GAR was an organization made up of Union Veterans. At its height, membership numbered over four hundred thousand Veterans.

General Logan ordered that the GAR would decorate graves of their fallen comrades on May 30, 1868. The first large assembly was held at Arlington National Cemetery that year. It was attended by over five thousand, including General and Mrs. Ulysses S. Grant, family members of the deceased soldiers and fellow Veterans. Graves of both Union and Confederate soldiers were

decorated with flowers and American Flags.

This practice was continued every May 30, then known as Decoration Day, by the GAR and by their successor, The Sons of Union Veterans of the Civil War. By the end of the nineteenth century, it was honored nationwide. Both the Army and Navy held ceremonies at their installations.

After World War I, Veterans' graves of all wars, were decorated, and the name Memorial Day was used interchangeably with Decoration Day. Memorial Day would become the official name in 1967, when it became a federal holiday. It was held on May 30, that year. In 1968, Congress passed the Uniform Monday Holiday Act. This Act proscribed that Memorial Day would be held on the last Monday in May.

Every year, members of the US Army's Third Infantry Regiment, "The Old Guard,"

place American Flags at the graves in Arlington National Cemetery. Other Veterans and patriotic groups do the same around the nation. Local communities hold parades and ceremonies to honor fallen Veterans. It is customary to fly the American Flag at half-staff until noon, then the Flag is

raised to full staff.

This Memorial Day, take time to reflect on the sacrifice these Americans have made to insure the freedoms we enjoy are protected and passed down to our children. Remember "FREEDOM IS NOT FREE!" ###

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Artful Thinking

By Artie Maglionico • Lodi Historian

Artful June 2022 Part 1 of 3

What's not to like about the month of June especially if you're a kid like me who was counting the days till summer vacation since last fall.

December, with the promise of the Christmas respite, was a welcomed month. A scattering of snow days was always a pleasant surprise, but unfortunately the snow eventually stopped which made having to go to school the next day even more painful.

The month of March, though it brought with it the early signs of spring, was a throw away month. The weather was miserable and there were no days off, unless you were sick and no kid wanted that to happen. No matter how much I disliked school, I would rather be in the classroom than to be bed sick.

The only thing good about March was that April followed. There was always a sigh of relief when I saw the month April appear on the calendar.

The days were longer, the weather was getting nicer and you were able to go outdoors and play with your friends.

Even school was more tolerable since on Fridays, Mr. Dell our gym teacher, took us outside and let us frolic around for a while in our sneakers. All of that and a day off on Good

Friday. Not hard to take!

Come the merry month of May I began to sense that the end of the school year was definitely drawing to a close.

The birds were chirping, the flowers were in bloom, TV commercials were about Palisades Amusement Park (*swings all day and after dark*), Oscar Mayer hot dogs, garden supplies and, of course, baseball was in full swing (no pun intended). Also you could go to school in a light jacket instead of a cumbersome winter mackinaw. Top it all off with the Memorial Day weekend and before you know it you've made it into the month of June. "We called out during winter's hush." June, what kept thee?"

Shadows of Time

By Artie Maglionico

Those mid-June mornings
The Saturday rush
Awakened by angels
From winter's hush.
Celestial music,
A childhood serenade
Beating the drums of life
as we played.
There playing box ball
Neath a westervelt sky
Chasing our runaway dreams
On the fly.
We were the poetry.
Each separate rhyme
Recited forever
In the shadows of time.
Fini

Come that first morning of summer vacation I was out of bed at first light and ready to conquer the world as I knew it.

It seemed like only the day before when my Mother needed a bugle and a fork lift to get me out of bed in time for school. In fact it was the day before. To me, however, the very thought of school was like a dark cloud threatening the marshmallow roast that was forever going on in my mind.

By the time I finished my corn flakes it was as if school never existed. I mean it hardly existed while I was there. Now it was completely erased from my memory. Can anyone out there relate to this?

By the way speaking of corn flakes what was your favorite cereal? It wasn't shredded wheat was it? To me it was like trying to swallow splintered balsa wood.

My Mother insisted that it was a healthy breakfast but after I'd bury it in sugar and drown it in milk she thought it healthier to go back to the tried and true...Corn Flakes!

Oatmeal was another short lived staple. An entire bowl of sugar and a half gallon of milk wasn't enough to wash that tasteless plaster down. As it hardened I'd carve my initials into it and use it as a paper weight.

Bring on the Taylor Ham and eggs, sunny side up of course, and throw a handful of diced potatoes into the mix, heavy on the ketchup. It may not have been the breakfast of champions, but a victory over oatmeal sure made me feel like a winner. Now what was I talking about? Oh yea school. Thanks for reminding me Beth.

Now don't get me wrong folks, I didn't actually mind going to school. It was getting there that bothered the heck out of me.

On the way I'd meet my friends John Leto, Irwin Stolz, Johnny Rannou and a few other kids from the Lodi hill. Of course we'd laugh and clown around as if we had not a care in the world, meanwhile I was dying inside especially if there was a math test in the offing.

Whoever made up that saying "half the fun is getting there" could not have been on the way to school.

For me if half the fun was getting there then the other half was on my way home. What made the school room tolerable were my classmates, both boys and girls.

If there was even a modicum of pleasantry it was sharing my childhood with these marvelous kids. I was happy just being around them. They were, in so many ways, an extension of my family. As much as I hemmed and hawed over having to go to school, when I didn't go I missed them. I miss them even now though it was a lifetime ago. Many of them are gone, but definitely not forgotten.

But this was the first day of summer and there was no time for getting sentimental. I'd wolf down my corn flakes, lace up my brand new sneakers (*they had to be Keds or you weren't cool*) and walk briskly down to the corner store to meet up with those Pepsi sipping, potato chip smuggling, ball bouncing, wise cracking kids from Westervelt Place. We never saw that much of one another during the school year since the daylight hours were short and homework stifled any prospect of socializing.

At least it did for my Mother and older brother who spent many an arduous night studying for my math test. Forgive me folks I'm laughing even as I write this. Again, can any of you relate to this? I think it's funny now but there were times when I thought my Mom and brother weren't going to make it to the next grade. It was cause

for many a sleepless night. They kept me awake yelling at one another as to who had the correct answer. I'd shout from my bedroom "you mind keeping it down? I've got a math test in the morning."

But any way...Where was I? Oh yea! The first day of summer on the street of dreams: Westervelt Place.

It was all ahead of us and we were going to make the most of it. There was so many ways to entertain ourselves even if we chose to do nothing it was still fun. In those days even nothing was something for there was never "nothing" to do. Does that make any sense?

I guess you had to live it to understand it. There were no computers, no video games, no cell phones and no email or texting the kid who is standing three feet from you. We had none of that.

What we lacked in technology we more than made up for in raw imagination. We had to be resourceful and we were good at it. If one of us had just finished inhaling a popsicle we'd lay down the popsicle stick in the middle of the sidewalk, break out a rubber ball (*there was always a rubber ball handy*) and play a game called "Hit the Stick." It was like a tennis match only different.

The first one to hit the stick 10 times was the champ. Before you knew it there were kids crowded around the sidewalk wanting to play the winner.

We would spend an entire afternoon hitting a popsicle stick with a rubber ball. Later that same ball was used for a heated game of single, double, triple, which I'll tell you more about in Part Two.

Oh yea folks, one more thing before I sign off. We had our own secret passwords as well. The word "Kaddidle" was blurted out whenever we saw a car approaching during the evening hours sporting one headlight.. I'm pretty sure that it was of Westervelt Place origin, then again I might be wrong. You'll have to ask my cousin Anthony. I think he invented it...Until next month "Kaddidle" everyone.

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Hasbrouck Heights Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Free Public Library of Hasbrouck Heights is open for in-person browsing and computer use. Face masks are optional.

The Public Library has many services available to meet your needs. For the most up-to-date information and guidelines, visit us online. Please call 201-288-0488 to speak with a staff member or email us at hashc@bccls.org.

Spring hours of operation are: Mondays, 10 a.m. to 6 p.m., Tuesdays thru Thursdays, 10 a.m. to 8 p.m., Fridays, 10 a.m. to 5 p.m., Saturdays, 10 a.m. to 2:30 p.m.

Return Library materials in our book box located in the rear of the municipal building.

Registration is required for all programs unless otherwise noted.

For the FAMILY

- **Summer Reading is Coming!** This year's theme is OCEAN of POSSIBILITIES - come explore the world of books and reading that's as vast and varied as the sea!
- Our summer reading program for kids, tweens/teens, and adults will begin on Monday, June 27, and run through Sunday, August 28.
- Prizes can be earned by reading and logging in! Visit hhlibrary.readsquared.com to register beginning June 27.
- Join us for a fun-filled family kickoff party with magician and storyteller, Brian Richards, on Tuesday, June 28 at 4:30 p.m., in-person in the Library. Registration required.
- **Reduce, Reuse, Recycle (RRR) – From the Earth to the Moon.** Tuesday, July 26 at 6 p.m. Presented by Laura Jean Checki, Environmental Specialist of Educational Programs for the Bergen County Department of Health. This lecture will illuminate the reasons why RRR is so important in keeping our oceans and food supply healthy and plastic-free, while also detailing NASA's goals for 2024.

For CHILDREN

- **Fresh Air Storytime at Central Ave Playground.** Wednesdays, June 8 and 22 at 11 a.m. Outdoor storytime continues. Join us for storytime, songs, and the amazing bubble machine in-person at the small Central Avenue playground. Bring a blanket, mat, or chair for your child. Subject to cancellation due to inclement weather. Registration is limited.
- **Little Artists Grab & Go -- Teacher "Thank You" Ruler Frame.** Friday, June 10 / Saturday, June 11. The end of the school year is almost here. This month make a ruler frame to give to a special teacher! Pick up inside the Library on Friday or Saturday. Best for Grades K-5.
- **Wednesday Workshop: Penny Spinner.** Wednesday, June 15, 3:30 to 4 p.m., in-person. We love things that spin! Make your own penny spinner top out of simple materials. Best for Grades 2 and up. Registration is limited.
- **Oceans of Possibilities Kick-off.** Tuesday, June 28 at 4:30 p.m., in-person for the whole family. Using magic, comedy, story-telling, puppets, and more, entertainer, Brian Richards, will get you excited about reading and the Library. You'll meet Sando The Pelican, who has a great appetite for seafood and an even greater appetite for books, and you'll be on the edge of your seat as you see amazing tricks that will get you laughing with joy. Most importantly, you'll be motivated to take advantage of our great Library! Registration is limited.
- **Oceans of Fun Trivia -and- Game Lounge Open House.** Thursday, June 30 from 3-5 pm, in-person for ages 7 and up. How much do you know about oceans and sea creatures? Come play trivia using Kahoot and see if you can beat your friends. We'll also introduce you to our Game Lounge (*featuring Nintendo Switch*) which will be open for gameplay on select days during the summer. Registration required.

For TEENS

- **Teen Craft-to-Go: Striped Beach Luminary.** Tuesday, June 21. Pick up from 2 to 8 p.m. Summer's almost

here and it's getting harder not to think about the beach! Bring a little bit of that feeling home with a beach-themed mason jar luminary craft to go, with pickups between 2 to 8 p.m. Program limited to 15 participants.

For ADULTS

- **Library of Things.** A collection of non-traditional Library items available for borrowing. We have four different kinds of collections that fall under the Library of Things umbrella: Mobile Hotspots, Museum Passes, Puzzle Sets, and iPads. Each of these collections has its own policies and rules, and is available to borrow for at-home use!
- **Learn Online.** Learn something new from the comfort of your home! You have access to Rosetta Stone, Kanopy, and Hoopla. Use Rosetta Stone to learn new languages; Kanopy to access The Great Courses lecture series, and Hoopla to hone your craft skills via Craftsyl! See a staff member for more information or a demo.

ONGOING

- **Crafts-to-Share Club.** Tuesday, June 14, 6 to 8 p.m., Wednesday, June 22, 1 to 3 p.m. Drop in to chat and work on a crafty project! Enjoy getting to know other crafters while you knit, crochet, embroider or craft anything! We have donated yarn for any crafters looking to create for a good cause. In-person and on Zoom.
- **Adult Book Club.** 4th Tuesday of every month, In-Person and via Zoom. June 28 at 7 p.m. - "The Lions of Fifth Avenue" by Fiona Davis. Join us for an evening of fun, literary discussion! Pick up a copy at the Library or use the Hoopla or Libby app to enjoy the ebook or eAudiobook on your smartphone or tablet. ###

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Volunteers Welcome

Lodi Memorial Library

Lodi Memorial Library, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. <http://lodi.bccls.org/>

The Lodi Memorial Library is open to the public! Check out our outdoor and Grab & Go programs for children and teens. More programming information can be found online on our Facebook page and Website.

Special Programs

- **Chair Yoga is Back!** A six-week yoga class for people experiencing joint pain and stiffness. Students use chairs rather than yoga mats. Welcome our new instructor, Priti Dhariwal. See our website at lodi.bccls.org for instructor's background. Classes on Tuesdays 1:30 to 2:30 p.m. Class dates are May 31, June 7, 14. Registration required for each session. Sponsored by The Friends of Lodi Memorial Library.
- **Technology Scams – How to Avoid Them.** Wednesday, June 29, 2022, 1 p.m. in the Library. A presentation for adults and seniors on common technology scams and how to avoid them. Come learn some important information to protect yourself and your loved ones. Call to register: 973-365-4044 ext 2.
- **Adult Grab & Go Craft.** Confetti Bowl. Create a beautiful and colorful bowl with a balloon, Mod Podge glue, and pieces of colored confetti paper! Supplies are limited. Register by Friday, June 10. Pick up craft starting June 15. Call to register: 973-365-4044 ext 2.
- **Tuesday Night Book Club.** Tuesday, June 14, 2022 6:30 to 7:30 p.m. June's book is "Klara and the Sun" by Kazuo Ishiguro – 320 pages. Contact director@lodi.bccls.org for more information.
- **Semi-Monthly Movie.** We are now showing movies twice a month at 1 p.m. June movies will be "Cyrano" June 1

and "House of Gucci" June 15.

- **Adult Coloring Pages, Mazes and Community Puzzle.** Always available for adults. Come and de-stress with our free coloring materials, fun mazes, and beautiful puzzles. ###
- Children Special Programs**
- **Tasty Treats for Kids.** Pickup starts Thursday, June 9. Take home a tasty treat you can put together yourself! This grab & go program is open to kids in Grade Pre-K-3rd. Registration is required.
- **In person or Grab & Go Crafts.** Pick up Monday, June 13, 3:30-4:30 p.m., Kids and teens in Grades 3-12 can register for June craft project. This month we are making tea light candle holders. Registration is required.
- **Creative Cooking Grab & Go.** Pickup starts Thursday, June 16. Each month we have a different recipe for you create! Open to Grades 4-12. Registration is required. Please call 973-365-4044.
- **Summer Reading.** Registration for Summer Reading program "Oceans of Possibilities," starts June 23.
- We are launching this year's program with a Super Bubble Show from Currier's Magical Mania on June 23 at 2 p.m. Registration is required.
- On-going:**
- **Weekly Grab & Go Kids Crafts.** Each week the Library will have a new craft that you can take home and make! Bags are first come, first served so be sure to show up early in the week. Toddlers to Grade 2. No registration required.
- **In-Person Storytime.** Join Miss Emily every Friday morning at 11 a.m. at the Library. Please call 973-365-4044 x2 to register. ###

Read to Your Child

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Publicity chair: Send your event press releases to:
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Please send photos as attachments.

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If your organization is having an event that is open to the public, we can help you tell “everybody” about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information. Send these details at least 45 days prior to the event to: fritz@hasbrouck-heights.com or drop them off at: **The Gazette Newspaper**, 345 Boulevard, Hasbrouck Heights, NJ 07604. ###



Enjoy Meeting People? Become a Volunteer!

The Aviation Hall of Fame and Museum at Teterboro Airport is seeking Volunteers who enjoy meeting people.

There are 3 different Volunteer activities to choose from, tour guides, maintenance people to work on projects and new displays and computer associates to work in our rich library. We offer flexible hours and free training and support.

Visit www.njahof.org and check out the self guided tour of our Museum. For additional information call Ralph at 201-288-6344 or email: ralph.villecca@njahof.org ###

Rutherford Public Library

Rutherford Public Library, 150 Park Avenue, Rutherford NJ. 201-939-8600. rutherfordlibrary.org, [facebook.com/rutherfordpubliclibrary](https://www.facebook.com/rutherfordpubliclibrary) and [twitter@Rutherford_pl](https://twitter.com/Rutherford_pl).

Hours: Monday-Wednesday 10 a.m. to 8 p.m., Thursday and Friday 10 a.m. to 6 p.m., and Saturday 10 a.m. to 4 p.m. The Library will closed at 5 p.m. beginning June 17. The Library will be closed June 20 in honor of Juneteenth.

• **Grab & Go Doorside Pickup.** We continue to offer daily Grab & Go doorside pickup services for those who may not want to enter the building. Patrons are invited to order books from the BCCLS catalog by visiting www.bccls.org or fill out a Grab & Go form for either the adult or children’s collection, and our team will choose items for you based on what you like! These forms are available on our website.

If you don’t have access to a computer, we encourage you to call the Library at 201-939-8600 and have our team order items for you! You tell us what you want and when you’d like to pick your items up, and we’ll have them ready for you.

Upcoming Programs

• **Summer Reading Club.** Registration is going on now and the program will continue until September. Small prizes are awarded for continued

reading-- the more you read, the more you earn! Registration must be done online, please see our website for details.

• **ESL In-Person Classes.** These will be in addition to our virtual ESL classes. The in-person classes meet Tuesday and Thursday mornings. Registration is required and must be done in person at the circulation desk.

• **Tech Tutor.** In-person one-on-one tech tutor to our technology lineup. Our tech Librarian will be available by appointment for tech help or lessons. To make an appointment, fill out our online form or email marion.johnson@rutherford.bccls.org.

• **Poster Printing.** We have a Canon eColor+ poster printer for Posters up to 24” x 36” on matte or glossy paper. Acceptable file types include PDFs, JPGs, and PNGs. Poster printing is conducted by Library staff and may be arranged by emailing ruthcirc@bccls.org or calling 201-939-8600.

• **Downloadable Collections.** Cardholders may access e-books, e-audiobooks, and popular magazine issues through the Libby app, powered by Overdrive. The Hoopla Digital mobile app also provides cardholders with e-books and e-audiobooks, as well as streaming music and video content. Downloadable content returns automatically. For help accessing these resources, please stop by or phone the Library. ###

Carlstadt Public Library

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. carlstadt.bccls.org or www.carlstadtlibrary.org

• **Small Space Gardening with Bracco Farms.** On Wednesday, June 1, at 7 p.m., join Anthony Bracco of Bracco Farms at the Carlstadt Community Garden, located on the corner of 7th Street and Division Avenue. Learn growing methods that can be applied to small spaces such as terraces, patios and decks. A folding chair is recommended. Registration is required. This event is weather-permitting.

• **Movie Madness.** Sit back and relax for a showing of the film “Marry Me” starring Jennifer Lopez and Owen Wilson on Tuesday, June 7 at 1 p.m. or Wednesday, June 8 at 6 p.m. Seating is limited. Registration is required. One showing per person.

• **Taste of Korea - Virtual Cooking Class.** Join the Korean Spirit and Culture Promotion Project via Zoom on Wednesday, June 15, at 7 p.m., for an at-home cooking class. Learn to make the Korean dish, Japchae (*glass noodles with mixed vegetables*). Visit www.kscpp.net and www.tasteofkorea.com for more information about KSCPP. Registration required. Zoom link provided.

• **As the Page Turns - Adult Book Club.** Calling fellow bookworms! Discuss “The Storied Life of A.J. Fikry” by Gabrielle Zevin on Wednesday, June 22 at 7 p.m. at the Village Green Park. Copies are available at the Circulation Desk, e-book or audiobook. Bring a chair. Registration required.

• **Crafts for Crafters - Floral Arrangements.** Join John from **Bill O’Shea’s Florist** for a craft night on Wednesday, June 29 at 7 p.m. Learn the art of flower arranging. Supplies provided. Registration required. A Zoom access code will be e-mailed.

• **Take-It-and-Make-It - Crafts for Kids.** This month’s craft is a DIY Airplane. Kits available from June 1 through June 30, while supplies last.

• **Storytime at the Playground with Miss Risa.** On Wednesday, June 1, 8, 15, 22, 29 at 11. a.m. at the playground at Second and Broad Streets. For ages 6 months to 5 years.

• **Music with Miss Nita - LIVE!** The Carlstadt Library welcomes Miss Nita at the Carlstadt Village Green on Thursday, June 9, 16, 23, 30 at 10:30 a.m. for songs, rhymes, movement and instrument play. In the case of inclement weather, enjoy this event on the Carlstadt Facebook page. Look for a virtual class with Miss Nita on the Carlstadt Library’s Facebook page on Thursday, June 2. For ages 6 months to 5 years. Register for each session. ###

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Lodi Seniors Carlstadt Senior Friendship Club

Rose Benti, president of the Senior Citizen Club of Lodi, is inviting residents ages 55 and over to become active members of the Club.

It's a great place to establish new friendships, share a laugh or two over a cup of coffee and take part in the various programs that the Club has to offer. There are numerous trips, parties, top flight entertainment, Bingo games, Billiard tournaments, shuffle board and more.

If you want to keep fit and energized you can take part in the Club's exercise classes led by certified personal trainer, Lisa Cuba, of Cubafit. The class, held each Thursday at 11.30 a.m., includes body toning, strength training and balance coordination.

For more information on how to become a member, contact Rose Benti or Don Stein on Thursdays between 10 a.m. to 3 p.m. 973-472-6994. *Provided by Artie Maglionico. ###*

Kip Center Monthly Casino Trip

Note: Due to COVID, check the Kip Center for current status.

The Kip Center hosts a Sands Casino Trip the second Monday of every month. Bus leaves at 9 a.m. from the Kip Center, 55 Kip Avenue, Rutherford. The cost is \$35.

55 Kip Members first priority, but spaces are generally available for your friends. Reserve early. New to the Kip Center? Give it a try, there is always something going on. Call 201-460-1600 for information. ###

Rutherford Community Pantry

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service.

Recipient eligibility is determined by local pastors, social services and other designated organizations. A completed and approved referral is required. Limitations apply. For more information go to: www.rutherford-nj.com/pantry ###

ER Seniors

June 20, 2022 Caesars Atlantic City Bus Trip is hosted by ER Seniors Club. Bus departs at 9:30 a.m. sharp, from CVS parking lot on Paterson Avenue. \$35 pp includes \$30 slot play. Call 201-803-4708 for details.

Upcoming Events Time and Prices TBA

- June 9: DOO WOP Tribute Show. Villa Roma Resort, Callicoon, NY. Welcome coffee and cake, fruit cup and soup, Roast Loin of Pork, Chicken Parm, Flounder Francaise, dessert, wine and use of facilities. Leaves CVS at 8:30 a.m. Departs event 3:30 p.m. \$60 pp.
- July 28: THE DRIFTERS - UNDER THE BOARDWALK, Caesars Casino, Atlantic City. Leaves CVS Parking Lot 10 a.m. Departs event 5:45 p.m. \$57 pp, includes \$25 Slot Play and \$15 food voucher.
- August 4: ESCAPE TO MARGARITAVILLE, SurfFlight Theatre and lunch at The Black Whale, Beach Haven, NJ. Lunch: Soup or salad, Fish and Chips, cheeseburger, Salmon, BLT, sausage sandwich, Pasta Primavera, dessert, coffee, tea. Bus departs CVS Parking Lot, 9 a.m. Departs event 3:30 p.m. - \$60 pp.

Trips

- June 9: Paper Mill Playhouse. \$95 pp. Sister Act. Sofia's Italian Restaurant.
- July 13: Bucks County Playhouse, Kinky Boots. Lunch. Cost TBA.

Call Helene at 201-463-3000 for details. ###

Moonachie Senior Club

Any seniors living in Moonachie, who are at least 60 years young, may join our Club. The dues are only \$10 a year, payable at our first meeting in January of every year.

At several of our meetings, we will have speakers on interesting topics and some form of entertainment. After every meeting, you will receive a small, tasty Club sandwich, a cup of tea or coffee, and some pastry. At the end of the year, you will also enjoy a Christmas party, at a local restaurant.

Anyone from Moonachie who might be interested in joining our Club, please call Roxane at 201-807-1085. *Provided by Charles Pallas. ###*

Chore Program Helps Seniors and Disabled Persons

Since 1977, the Chore Volunteer Handyman Service of the Volunteer Center of Bergen County has been helping elderly and/or disabled people, by performing minor household repairs that clients cannot perform themselves.

The Chore Service assists in improving the quality of life of older people who are living independently.

Chore's services include installing grab bars and railings, smoke and carbon monoxide detectors; repairing leaky faucets or toilets, replacing broken door locks, installing weather-stripping, changing screens and storms, replacing light bulbs, fixing broken lamps and switches, installing simple electrical fixtures or replacing

existing electric outlets and switches.

There are some jobs that are beyond Chore's capacity. Chore cannot service emergencies, and does not do outdoor work, painting, work requiring high ladders, tiling, door or window replacements, heavy lifting, new wiring or appliance repairs, cosmetic repairs or interior decorating.

Chore serves Bergen County residents who are at least age sixty (60) or who are permanently disabled of any age. Chore provides service without charge; the only cost to the client is for parts necessary to complete the repair.

To schedule a repair, or become a Chore Service volunteer, call 201- 489-7790. ###

Vic's Hoofers

The Vic's Hoofers, a ladies social group, meets on the first Thursday of the month at the Carlstadt Civic Center on 4th Street at 7 p.m. Women from surrounding towns are invited to join. Dues are \$15 per year.

So put down those electronic gadgets and join us for some good old fashion fun and laughter. Refreshments are served and fun activities are planned for each month. New members welcome. Call Alice at 201-933-8561. ###

LF Seniors

Meetings are second Thursday of each month at 1 p.m. Refreshments are served. Bingo is the 2nd and 4th Tuesday of each month at 12 p.m., Pokeno is every Friday at 12:30 p.m. All meetings and games are held at Little Ferry Senior Center, 95 Main Street. New members always welcome. Dues are \$10 per year. Call Mary for further information at 201-686-8424. ###

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Filling You In

By Jeffrey E. Mason, DMD, FAGD.

Dental Injuries

Dental injuries can occur any time, but are most common when participating in sports or other recreational activities. Not all dental injuries are the same and are very likely treated differently. This guide is meant to be informative and give examples of several types of injuries. In all cases, it is important to contact your dentist as soon as possible. Also, if there are other injuries in addition to the mouth, be sure to seek appropriate medical attention for those injuries. Not all hospitals have dentists on staff and therefore may not be able to help with the dental injuries. If your dentist is unavailable, Hackensack UMC has dental residents on call 24/7.

Avulsion is a term used for the injury when a tooth or teeth are completely forced out of the tooth socket (*knocked out*). When a tooth is avulsed, there is a 30-minute window of opportunity to re-implant a tooth into its socket, so get to a dentist immediately. The chance of successful re-implantation is reduced significantly after half an hour. In the meantime:

- Do not attempt to sterilize

or brush the tooth, and do not handle it by the root. If there is debris on the tooth, gently rinse it with water.

- If the patient is alert, re-implant the tooth. Then stabilize it and control bleeding by biting down on a towel or handkerchief.

- If unable to re-implant the tooth, transport it in saline, milk or saline-soaked gauze. If the patient is alert, the tooth may be placed in the side of the cheek.

- Tooth Fracture is when a tooth is cracked or broken into two or more pieces. If a tooth or teeth become fractured you may follow these suggestions:

- If the tooth is broken in half, find and save the broken piece. Transport it to the dentist using the same techniques used for an avulsion.

- Bite down on a towel or handkerchief to stabilize the tooth and control bleeding.

- If extreme pain is present, prevent the injured tooth from coming in contact with air, liquid or other teeth.

- Tooth luxation is a term used to describe the displacement of a tooth out or away from its natural position. If a tooth is luxated, the patient needs to see a dentist as soon as

possible. There are three types of luxation, and each requires a slightly different technique:

(1) **Extruded Tooth** — an upper tooth that hangs down or a lower tooth that extends up from the gums.

Emergency care:

- Use your finger to firmly reposition the tooth in its socket. Bite down gently on a handkerchief or towel to stabilize the tooth.

- See a dentist immediately.

(2) **Lateral Displacement** — a tooth that is pushed back or pulled forward.

Emergency care:

- Use your finger to reposition the tooth in its socket; if it is painful, skip this step.

- Bite down gently on a handkerchief or towel to stabilize the tooth.

- See a dentist immediately.

(3) **Intruded Tooth** — a tooth that has been pushed up or down into the gums. The tooth will look short.

Emergency care:

- Do NOT attempt to reposition the tooth.

- Do nothing to treat the injury yourself.

- Get to a dentist immediately.

Ref: Academy of General Dentistry 2019

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

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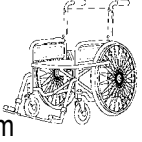
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Blood Screening Program June 18

The Wallington Health Department will be holding its Annual Blood Screening Program on Saturday, June 18, 2022, from 7 a.m. to 11 a.m., at the Wallington Civic Center, 24 Union Boulevard, by appointment only (*No walk-ins*).

The screening program is open to all adults 18 years of age or older. A 12 hour fast is required prior to your appointment. Please drink water only.

The tests offered:

- CBC/Chemistry/Lipid - \$ 22
- CBC/Chemistry/Lipid +

PSA (*men over age 50*) - \$40

For an additional fee the following tests can be added:

- TSH (*women over 50*) - \$22
- Hemoglobin A1-C (diabetes) - \$17

Check or Money Order only. No cash.

For an appointment please call the Wallington Health Dept. at 973-777-0318 x214 or email: health@wallingtonnj.org. When making your appointment please have your doctor's information available: name/address/phone number. ###

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BBQ Grill Safety

The backyard barbecue is a summer tradition enjoyed by many Hasbrouck Heights residents. The Fire Department urges outdoor chefs to be cautious when cooking outdoors.

Keep a fire extinguisher handy. Grills should not be placed next to your home's wall, underneath porches or overhangs, and never indoors.

Be sure to monitor active grills. Wear protective mitts or gloves while barbecuing.

Do not store gasoline or other flammable substances in the grill's vicinity.

Never move a grill or cover a grill if it is still hot. Always keep curious children away from hot grills. When a gas grill is not in use, remove control knobs and store them inside, away from children.

Lighting a charcoal grill requires caution. Use only the

appropriate amount of lighter fluid, and NEVER substitute gasoline, kerosene or other flammable liquids for lighter fluid.

Adding starter fluid after the grill fire has been ignited is extremely hazardous as flames may jump out.

Charcoals should be left to burn out in your grill. Do not dispose of charcoals in trash cans or bring them indoors. Soak coals in water to ensure they are out.

Routinely clean ashes from the grill and inspect for holes or loose fittings.

Lighter fluids and "quick-start" charcoal should be stored outside and away from the home.

Gas grills should be cleaned at least once each season. Spiders often make their homes inside the components,

and their webs can block off gas intake and damage your grill.

Use only a gas cylinder designed to store propane and only use a reputable propane supplier to fill it. If a new cylinder is being filled for the first time, tell your supplier so air can be removed.

Most gas grill accidents are caused when propane tanks are hooked up incorrectly. Make sure the cylinder is equipped with an OPD (Over-Pressure Device). When changing propane cylinders, test the connection for leaks with soapy water and tighten as necessary.

Propane gas is odorless. A "rotten egg" odor is put into the gas so that it's easy to detect if a leak occurs.

If you smell the "rotten egg" odor near or around your propane gas cylinder, immediately contact the Fire Department.

When not in use, keep the valve tightly closed and plugged with the "POL" left handed thread plug. This will seal the propane gas cylinder and help prevent leaks if the service valve is accidentally opened.

Never store propane gas cylinders inside an enclosed structure -- store and use outdoors only.

Handle cylinders gently -- dents, gouges and rust can weaken cylinders.

Always keep cylinders upright and, when transporting, secure it in position. Keep your vehicle well ventilated when transporting cylinders.

Don't leave cylinder in a vehicle -- sitting in a hot vehicle can cause the safety relief valve to discharge gas!

No propane gas cylinder

should be scrapped, destroyed, cut with a torch, punctured or have the service valve removed by the public.

Disposal in the municipal solid waste stream is prohibited. Hasbrouck Heights no longer accepts propane cylinders for disposal and/or recycling. ###



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Caution on Fertilizer Pesticide Combinations

Many homeowners and lawn care companies routinely combine fertilizer and pesticides in a series of applications throughout the year.

These multi-step programs are promoted as the sure and easy path to the perfect lawn. The pressure to have a perfect lawn, however, has clouded a number of issues and literally mixed ingredients that should be kept separate. Areas of caution include:

- Routine insecticide applications: Most insects found on a lawn are beneficial, and insecticides can harm beneficial insects, as well as birds, pets and people.
- Research indicates that only about one lawn in 200 will need an insecticide application in a given year. Even on lawns where harmful insects exist, natural controls or better lawn care will reduce the threat.
- Routine herbicide applications: Weeds are not the cause of an unhealthy lawn, they are the result. The best defense against weeds is a thick healthy lawn that comes from proper watering, fertilizing and mowing. Routine herbicide applications are unnecessary and their effects can be misleading.

For example, products are widely used to kill dandelions in spring, when the flowers are so noticeable. The curling weeds seem to indicate that the herbicide has been effective, but in fact the herbicide may kill only the top of the weed, not the root.

- Unnecessary nutrient applications: Most commercial fertilizers contain phosphorus, a major water pollutant. Yet many soils already contain enough phosphorus. Low phosphorus or phosphorus-free fertilizers can provide nutrients while avoiding the threat to water quality.

In short, applying unneeded pesticides and nutrients in a generic, multi-step fertilizer program can be expensive for the homeowner and harmful to the environment. ###

Mowing That Great Lawn of Yours

- No other power equipment is as intimately associated with and essential to landscaping as the lawn mower.

You need to have one that will consistently get the job done without any hassles throughout the lawn mowing season. And you should also know how to use one to your best advantage.

Mowing the lawn all summer can be tiring enough, right? When your unit is stubborn about starting up, that can be a sign that it needs a tuneup.

Have your mower tuneup each year. Call **Rob's Automotive** in Lodi at 973-471-7348 or **Heights Boulevard Service** in Hasbrouck Heights at 201-288-5959. Or you could just buy a new lawn mower.

- "What's there to know about lawn mowing? You just push the lawn mower, and it cuts the grass, right?"

At the most basic level, Yes. If lawn mowing is merely a mindless chore and you don't care much about the health of your grass, then you needn't know any more about it.

However, if you do care about the health of your grass, there's a bit more to lawn mowing than just keeping your grass short enough to prevent the neighborhood from thinking you abandoned your house.

- The right time and wrong times to mow the lawn

You should not mow the lawn when the grass is wet (*under which conditions disease can be introduced, plus you incur the risk of slipping and getting injured*), for example.

So the period just after a rainstorm would be a wrong time to mow, as would a time (*early morning*) when the grass is still covered with dew. During the late morning (*after the dew has evaporated*) of a dry day, however, is an example of a right time to mow the lawn.

But deciding on when to cut the grass goes beyond waiting for dry conditions.

Mowing when the sun is pounding down on your grass, as it would during the afternoon of a hot summer's day, puts a lot of stress on the lawn. Cutting grass in the evening, instead, would put less stress on it. On the other hand, you don't want to cut the grass too late in the day, after darkness starts to fall, as this is a period of reduced visibility (*which increases the chances for a mowing mishap*). All else being equal, the early evening of a dry day may be the right time for mowing lawns. *the spruce.com ###*



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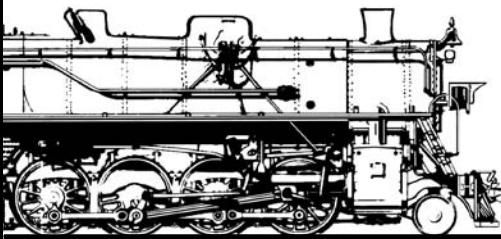
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WRFD Responds to East Coast Toyota Fire

On April 22, 2022, the Wood-Ridge Fire Department responded to a fire alarm at East Coast Toyota on Route 17. The Police Department, upon arrival, reported a working fire inside the rear of the building.

Due the location of the fire, Chief Schulz ordered Engine 901 to drop 700 feet of 5" hose.

and then stretch two 2 1/2" attack lines to fight the fire. The fire was contained to four bays.

Thermal imaging cameras and ground ladders were used to check for extensions.

This also triggered an immediate second alarm to the scene to include: Carlstadt, Hasbrouck Heights, Little Ferry, Lodi, Moonachie, S. Hack-

ensack and Wallington Fire Departments, for both manpower and town-wide cover during the two hour event.

Moonachie and Carlstadt
EMS provided rehab.

One lane of Route 17S was closed. No injuries were reported. The incident is under investigation. *Photos by Dennis Kronyak Sr. ###*

Working Basement Fire

On April 27, 2022, the Wood-Ridge Fire Department responded to a working house fire in the basement on Sussex Road.

The owner closed the basement door and exited the building with his family. By closing the door, he prevented the fire from gaining headway, which allowed firefighters to put the fire out quickly.

A 5" supply line was con-

connected to Engine 901, which fed two 2 3/4" attack lines.

Thermal imaging cameras were used to check for any extension throughout the home.

Mutual Aid response included Carlstadt, Hasbrouck Heights and Wallington Fire Departments to the scene. The remaining second alarm companies provided coverage. No injuries reported. *Photos by Dennis Kronyak Sr. ###*

The advertisement features a yellow background with a large black silhouette of a house roof. The company name "A&I GUTTERS LLC." is in the top left, with "NJ LIC. VH04645800" below it. In the top right, "\$500 OFF Complete Roofing Siding" is displayed above five horizontal dashed lines. Centered on the roof silhouette is the text "General Contracting". Below this, "ROOFING & SIDING" and "FLAT ROOF SPECIALIST" are written in large white letters. Further down, services like "TORCH DOWN • COLD PROCESS • EPDM • B-DECKING REPAIRS" and "Seamless Gutters • Siding • All Repairs" are listed. A detailed list of services follows, including Silver Coating, Power Washing, Leaf Guards, Gutter Cleaning, Driveway Sealer, Paver Sealer, Window Cleaning, Decks, Railings, Cupola Overhangs, Yankee Gutter, Additions, Renovations, and Add-A-Level. At the bottom, the phone number "201.481.1582" and website "airoofingandguttersnj.com" are shown next to logos for VISA, MasterCard, DISCOVER, and AMERICAN EXPRESS CARD.

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On April 26, 2022, the Wood-Ridge Fire Department responded to a car fire at the Wood-Ridge High School parking lot. One attack line using tank water was used to put the fire out. No injuries were reported. Photos by Dennis Kronyak Sr. ###

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TERRIE O'CONNOR
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Desanka Apostolka is a consummate professional and holds an MBA from Stevens Institute of Technology in Hoboken, NJ. She has a strong background in customer experience and corporate finance. Desanka works around the clock to deliver best in class service to her clients and ensures their needs are met. She is a longtime resident of Bergen and Essex Counties and is passionate about the community that she lives in. Desanka brings her own personal knowledge of real estate investments.

Dina Marie Licata became a licensed realtor in NJ in 2020. The job's flexibility offers her an ideal way to raise her children while helping her clients through the often complicated real estate process. Previously, Dina worked for the Borough of Lodi for 19 years, first in the Building, Zoning and Health Departments and then in the Police Department as the Records Clerk. Dina grew up in Lodi and currently resides in North Haledon with her family.



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