

The Gazette

Newspaper for Hasbrouck Heights • Lodi • Moonachie • Teterboro • Wood-Ridge

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Mardi Gras

Reeds danced. Drums and keyboard echoed Mardi Gras. Ruth Brisbane stirred our souls with inspiring, timeless Gospel and cool Jazz vocals. It was a hot time in the old town when area Churches sponsored a Mardi Gras celebration featuring authentic New Orleans cuisine and music. See photos and story on pages 14 and 15.

News • Information • Features
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File of Life

The Community Awareness Access For All Committee invites all Hasbrouck Heights residents to pick up a "File of Life" packet.

"File of Life" packets include a front door sticker, a medical information card and a magnet holder to place the card on the refrigerator door.

This information is used in case of a medical emergency.

Police and ambulance personnel will be able to access medical information from this card such as medications, medical conditions, allergies and emergency contacts.

"File of Life" packets are available free at Police Headquarters, Fire Department, Borough Clerk's Office, Police Department sub-station in the Municipal Complex and Commerce Bank.

The Community Awareness Access for All Committee meets 7:30 p.m. on the first Tuesday of the month in the Municipal Complex. All Hasbrouck Heights residents are welcome to attend. ###

St. John's Annual Plant Sale & Flea Market

Mark your calendars!! Spring is just around the corner and it is time to start planning our gardens.

This year St. John's plant sale will be held on Saturday, May 3rd from 10 a.m. to 3 p.m. on the lawn. As in previous years, all our plants are hand picked at the nursery by our experienced gardeners.

Flowering plants, hanging pots, and vegetable plants will be offered for sale. Pre-order forms are available by calling Gale at 201-288-0002 and leaving a message. All plants are reasonably priced and of the highest quality. ###

Chamber Meeting

The Hasbrouck Heights Chamber of Commerce has scheduled a general meeting at 7 p.m., March 5th, at The Free Public Library. The public is welcome to attend. ###

Town-wide Garage Sale is Back

A Hasbrouck Heights town-wide garage sale is scheduled for May 31, 2008 from 9:00 a.m. to 4:00 p.m. -- with a rain date of June 1st.

There is a \$10 permit fee that will be donated to charity. Participation in this sale does not count towards the "two garage sales" per year ordinance. Sign up dates to be announced.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers.

This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more info call the Boro Clerk at 201-288-0195. ###



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School Board & Budget Elections are scheduled for April 15, 2008 from 2 p.m. to 9 p.m. (Teterboro: 5 p.m. to 9 p.m.)

Residents must register before March 25th. The Borough Clerk's Office will be open late that night (except Teterboro).

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The Energy Corner

If Your Oil Burner Were A Car

If your oil burner were a car, it would travel 640,000 miles in 20 years. The average oil burner uses at least 800 gallons a year at 1 gallon an hour. The average speed driven for the average car trip is 40 mph. 800 hours times 40 mph equals 32,000 miles a year -- times 20 years equals 640,000 miles. What would a 20-year-old Dodge Dart with over 600,000 miles look like? Would you hop in that car and drive back and forth from New York to LA (that's 32,000 miles) 5.5 times this winter without giving it a second thought?

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Call John Depken if you have any questions that you would like answered in this column



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Meet Richard Heslin – Teterboro Airport Manager

Rich Heslin was appointed as the **Port Authority's** new manager at Teterboro Airport last July upon the retirement of Lanny Rider. For almost three months, Rich split his time between Teterboro and Newark airports, until his job at EWR was filled. He has been in his new position full time for a few months.

Rich joined the Port Authority of New York and New Jersey in 1971 as an employee of its subsidiary The Port Authority Trans-Hudson Corporation (PATH).

During his PATH career,

he held various engineering, field supervisory and management positions.

He was the Manager of PATH's Way & Structures Division in 1999, when he left PATH and joined the Port Authority's Aviation Department as the Assistant Manager of the Airport Facilities Division at Newark Liberty International Airport.

As the Assistant Manager, and then as the Manager of the Division, Rich managed the PA's maintenance activities at the airport, developed and implemented the Port Authority's

capital improvement programs for both Newark and Teterboro airports and approved all tenant construction at both airports.

As the Manager of Teterboro Airport, his responsibilities include managing all aspects of the airport's operations, maintenance, security, and safety programs. He coordinates those programs with various federal, state and local agencies.

In addition, Rich is already actively working with the surrounding communities on various mutual issues.

Rich is a lifelong resident

of Bergen County, growing up in New Milford. He attended Saint Joseph's grammar school and Bergen Catholic High School, both in Oradell. He obtained a bachelor's degree in Civil Engineering from Manhattan College in New York City. Rich and his wife, Susan, have lived in Teaneck for the last 16 years.

Rich hopes to build on the efforts of the previous airport manager, Lanny Rider, in making the airport quieter, safer and more secure.

He noted that complaints about airport noise, as well as noise level readings from the airport's noise monitors, have both been decreasing.

Rich also noted that the Engineered Material Arresting System (EMAS) that is designed to stop aircraft that overrun a runway has already been installed at the north end of Runway 6-24 and that the design of the installation of an EMAS on the south end of Runway 1-19 is continuing. He expects to start construction on it later this year.

Rich also indicated that additional steps are being taken to improve security at the airport.

Rich stated that reinforcing and enhancing the cooperative

working relationships with the communities surrounding the airport are his top priorities.

He has met representatives of the communities through the quarterly Teterboro Aircraft Noise Abatement Advisory Committee (TANAAC) as well as at other smaller meetings and looks forward to getting to know the communities and their issues better.

The communities' interests and issues are a primary factor to be considered in his decision-making process at Teterboro Airport.

Rich thinks that former Teterboro Airport Manager Lanny Rider left some big shoes to fill.

Lanny worked hard to open a dialogue between the Port Authority and the surrounding communities, while at the same time devoting considerable effort on cleaning-up the airport's appearance, and making repairs, improvements, or replacements of the aged physical facilities he found upon the Port Authority's return to the facility in 2000.

Lanny certainly left the airport in a better condition than he found it in all areas of his responsibility and Rich hopes to continue to do the same. ###





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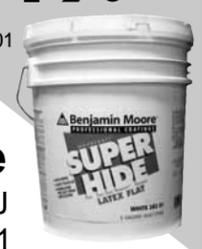
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Understanding Today's Mortgage Market

If you're like most Americans, you've seen a lot of alarming news about the state of the mortgage industry. Headlines about the "sub-prime meltdown" and "liquidity crisis" have been hard to miss, and you may be asking yourself, what exactly does this mean to me?

The mortgage industry is undergoing a shakeout, and the turbulence we're seeing may continue for some time. And yet, interest rates are still at historically low levels, and tens of thousands of borrowers are getting good, competitive mortgage loans every day. Credit is still available and lenders are, of course, still making loans.

The landscape has undoubtedly changed, but it's not time to panic. It's simply time to get informed. This article is intended to help you understand what's going on in the market and will help you borrow smarter.

So what exactly is going on? Today, most of the banks and lenders that make mortgage and other home-related loans sell those loans into a secondary market of investors. The turmoil in the mortgage market is being driven by a liquidity crunch, which simply means that there's less money available from those investors to buy loans from banks and lenders. The effect is that lenders are being more conservative about the types of loans they will underwrite and how much risk they will accept. Certain types of loan products are being eliminated, and gone are the days when a borrower with less-than-perfect credit could get a mortgage with no proof of income and no money down.

Is it still possible to get a loan in today's market? You may worry that you can't get a home loan right now. The fact is, many homes are being purchased and refinanced, many loans are being funded, and many borrowers are finding great, competitive deals. If you're in the market for a home loan, here's what you can do:

1. Don't panic – If you're a prime borrower looking to buy a home or refinance your mortgage, you're in a strong position because lenders are clamoring for your business. What does "prime" mean? If your credit score is 700 or higher, if you can document your income and assets, and if you're able to put at least 10% down, you're considered among the least risky of borrowers and you shouldn't have a problem. The same holds true if you're in the market to refinance your existing mortgage. Make sure you have a good credit score, that you can document your income, and that you have some

equity in your home before you shop for a new loan.

2. Check your credit – It's vital to know both your credit score and what's on your credit report before you shop for a loan. Go to www.annualcreditreport.com to get a free copy of your credit report from each of the three big credit monitoring agencies. It's also a good idea to pay the small fee to get your credit score. If you're looking to buy a home or to refinance, the money is well spent because you need to understand how lenders view your credit worthiness. If you have a lower credit score (below 660), think about how you can improve it before you apply for a loan. The availability of loans for those with lower credit scores is shrinking.

3. Shop your loan – Now more than ever it's critical to do your homework and shop your loan with multiple lenders. This is really the only way to make sure you're getting the best rate and terms. Some borrowers mistakenly believe that working with multiple lenders (who pull credit reports) will hurt their credit scores. The fact

is you have a 14-day window to talk with as many lenders as you like without impacting your score. So make sure you engage with multiple lenders who will compete for your business.

4. Anticipate the true costs of homeownership – Owning a home costs more than just the mortgage payment. When you think about what you can afford, you must consider your property taxes, homeowner's insurance and maintenance costs. Be realistic about your budget to determine what you can afford before you begin house or mortgage shopping. Also keep in mind, today's market conditions will require a down payment and documentation of your income and assets. The days of 100% financing are basically gone.

5. Know the workings of your loan – If you're seeking to refinance (out of an adjustable rate mortgage, for instance), first make sure you understand the mechanics of your existing loan. When is your rate due to adjust? What kind of increase should you expect? Does your loan carry a pre-payment pen-

alty? Before you start talking to lenders, learn about the different types of mortgage products. Weigh the pros and cons of a long term fixed rate loan

vs. a shorter term, adjustable rate mortgage to decide which loan is right for you. Once you engage with lenders, make sure you are prepared. ###

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Free Health Consultation

The Hasbrouck Heights Health Department advises residents over 18 years old that free health consultations are scheduled to be held at the Municipal Complex, on March 27, 2008 from 10:00 a.m. until 1:00 p.m.

No appointment is necessary. Services include: health history evaluation, blood pressure measurements, height & weight measurements, individualized counseling and education, referral and follow-up and a confidential consultation with a Public Health Nurse.

For information, call Laura French at 201-288-1636. ###

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2008 AHOF Inductees Announced

The New Jersey Aviation Hall of Fame announced the 2008 Inductees into the Aviation Hall of Fame. They include:

• Dr. W. E. Cox Jr.: Founder and longtime President of United States Overseas Airlines (U.S.O.A.), once America's second largest supplemental airline, based at Cape May, U.S.O.A. was the biggest NJ-based airline prior to Peoplexpress. Cox was also a Captain for American Export Airlines on flying boats during the 1940's and a Navy Ensign flying PBY's during the war.

• Ken Forester Sr.: Pilot, mechanic and business owner at Teterboro continuously since 1946. WWII Army Air Corps test pilot (including P-80 jet). Owner of Mallard Aviation at TEB, founder of Million Air (now Meridian). Won 2000

Wehran Award.

• George Mennen Sr.: General aviation pioneer in the 1930's and one of the few owners of the famous Spartan Executive, perhaps the first purpose built executive aircraft (his was the last of 34 built). Part-owner of Chatham Aviation, a long-time FBO at Morristown Airport. Founder of NJ-based toiletries giant, Mennen Co.

• Colonel Stephen F. Riethof: Master Flight Instructor, FAA, CFI of the Year Eastern Region, 2003, FAA Safety Counselor, Representative AOPA Air Support Network, 29 year USAF veteran, former Executive Director, current Vice President of NJ AHOF, aviation educator.

The new inductees will receive their bronze plaques at the 35th Annual Induction Dinner on May 21, 2008 at the Fiesta Ballroom in Wood-Ridge. The public is invited to attend.

The New Jersey Aviation Hall of Fame was founded in 1972 and was the first state aviation hall of fame in the nation.

Its goal is the preservation of the Garden State's 214 years of aviation and space heritage.

For more information please call 201-288-6344. ###

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We wish Dave Rushfield

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The Liberty gift card may be used alone or in combination with the Visa card for travel to any of Liberty's great destinations, which may be scheduled up to one year after the drawing on April 5, 2008.

Only one thousand tickets will be sold at \$35 each and are available on a first come, first served basis.

For tickets, contact Gale at 201-288-9460 or stop by Care on the Corner's office at 333 Franklin Avenue in Hasbrouck Heights.

Care on the Corner is a not for profit organization which provides Youth Arts Programs, ESL and Citizenship classes, and Computer Literacy training, and a variety of other free or low cost programs to the people of Bergen County and the surrounding area.

The proceeds from this raffle will be used entirely to support the programs of Care on the Corner. ###

HH Little League Pancake Breakfast

The HH Little League will hold its 13th Annual Pancake Breakfast on Sunday, April 13th, from 8 a.m. to 1 p.m. at the VFW Hall on Veterans Place.

The menu includes pancakes, sausage, sweet rolls, crumb cake, bagels, juice, milk and coffee.

This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5, child \$3 and under 4 free.

The Chinese-style sports

memorabilia auction will follow from noon to 1 p.m.

Winners do not have to be present at the time of the drawing to win.

Proceeds will be used towards concession stand expansion and new (*handicapped accessible*) bathroom facilities.

Businesses are invited to place their business card size ad on the placemats for \$40. Deadline is March 9th.

Call Gary at 201-615-5864 for more information. ###

Hasbrouck Heights Little League Opening Day April 12 at 9:00 a.m.

Managers Wanted

Hasbrouck Heights Little League needs people who are willing to Manage on all levels (T-Ball, Minor A, Minor B, Major's and Girl's Softball) for the 2008 Season.

If you would like to Manage a Team, please e-mail Mark Dulhagen @ apooltable@aol.com. ###

Soccer Registration March 12 & April 2

The Hasbrouck Heights Soccer Association (HNSA) will hold registration on March 12th and April 2nd from 7 p.m. to 9 p.m.

Registration will take place at the Hasbrouck Heights Senior Center located at 320 Boulevard -- Central Avenue entrance.

All Hasbrouck Heights children with a birth date before Dec. 31, 2003 are eligible.

Registration forms are available at: hnsoccer.com Forms must be accompanied with small picture of the child and copy of birth certificate.

Cost schedule is: first child in family \$75 (\$90 after June 1), second child in family \$65, and no charge for any additional children in family. Only checks and cash are accepted.

The HNSA is looking for volunteers in the following areas: coach, referee, field maintenance, fund raising, booster, entertainment, parade, etc. ###

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HH Little League Field Clean Up

The Hasbrouck Heights Little League reminds parents that the annual field clean up and maintenance is scheduled from 8 a.m. to 3 p.m. on Saturday, March 22 and March 29. Field maintenance is mandatory for all managers and coaches. Bring a rake. Continental breakfast provided. ###

Babe Ruth Registration

The Hasbrouck Heights Babe Ruth Association is now accepting registration for their 2008 spring baseball season. All residents age 13 through 15 on May 1st are eligible to participate.

Roster sizes will be limited to ensure playing time for all. All players registered by March 1 will be guaranteed a roster spot. Managers, coaches, and board members are needed.

For more information contact Ed at 201-393-7113, or send and e-mail to hhbaberuth@aol.com ###

Benefit Volleyball

Volleyball games between the Hasbrouck Heights Police Department, Hasbrouck Heights Fire Department, Hasbrouck Heights HHHS faculty and HHHS students will be held February 29, 2008 in both the new and old High School Gyms starting at 7 p.m.

Cost is \$5 for adults and \$3 for students/seniors. Proceeds to benefit HHHS Project Graduation for each grade level, 9-12.

For more information email: warrenm@hhschools.org ###

Moonachie Benefit Volleyball has been Rescheduled

Moonachie Cub Scouts Pack 2 parents and the Moonachie First Aid and Rescue Squad members have rescheduled their benefit volleyball game to March 28th at 7 p.m. in the R. L. Craig School gym. Refreshments available.

All proceeds to benefit the Moonachie Cub Scouts and Moonachie First Aid and Rescue Squad programs. The event is sponsored by the Moonachie Alliance. Donation is \$5. For tickets call Joanne at 201-296-0341. ###

Benefit Softball

Moonachie Scouts Pack #2 vs. Moonachie First Aid & Rescue Squad square off at 1 p.m., Saturday, April 26, for a benefit softball game.

The match-up will be at Tucci Field on Redneck Avenue. Donation is \$5. Proceeds support "Autism Speaks."

There will be contests, games, prizes and music provided by Z100 Party Patrol. ###

5K Run/1 Mile Walk April 13

On April 13, 2008 the Hasbrouck Heights Education Association will sponsor its tenth annual five kilometer and one mile run/walk to raise money for their scholarship fund.

The 5k run is called the Rau-Fitzgerald Memorial Run and the 1 mile walk is the Cheryl Terlemezian 1 Mile Fun Run/Walk.

The event begins at Hasbrouck Heights High School at 365 Boulevard. Check-in starts at 8:00 a.m. The 5k Run/Walk starts at 9:30 a.m. 5K awards will be presented at 10:15 a.m. with medals for top male and female, and medals for top three males and females in these categories: 18 and under, 19-29, 30-39, 40-49 and 50 and over.

The 1 mile Walk/Run starts at 10:30 a.m. Kiddy races (ages 2-8) begin at 10:45 a.m.

Pre-registration is \$18 (*with day of race \$20*), children under 18 for 5K \$10 and 1 mile \$5. Kiddy Race is \$5. There is a \$50 family rate.

Amenities include: "T" shirt, timing system, awards, post-race refreshments, restrooms and parking.

This event is to benefit Hasbrouck Heights students. Corporate sponsorships and donations are welcomed.

Registration form and additional information is available at: <http://hhschools.org/raufitz08.html> For more information call Barbara at 201-288-1426 or email: Babsbiz@optonline.net ###

AHOF Open Cockpit Day

On Saturday, April 12, 2008, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

Aircraft include Martin 202 Airliner, Cobra Gunship Helicopter, Coast Guard Rescue Helicopter and a Lockheed 402-2 Bush Master. Guides are available to explain each aircraft.

Admission: Adults \$7, Children (*under 12*) & Seniors \$5.

Founded in 1972, the Aviation Hall of Fame & Museum of New Jersey is dedicated to the preservation of the Garden State's distinguished, two-century aviation and space heritage. The men and women, whose outstanding aeronautical achievements have brought world-wide recognition to the state, are enshrined in the Hall of Fame.

The recently expanded museum offers visitors an opportunity to view historic air and space equipment and artifacts, photographs, fine art and an extensive model collection.

The AHOF is available for birthday parties and group tours. Call 201-288-6344 for a copy of their new brochure, or visit their web site: www.njahof.org ###



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Xcel Tae Kwon Do Students Win Winter National Championship

The 2008 Winter National Tae Kwon Do Championship was held on January 20th at the West Orange High School in West Orange, New Jersey.

Xcel Tae Kwon Do Center from Hasbrouck Heights sent a team of well-trained athletes to compete at this event. The team performed exceptionally well, earning 17 combined trophies and medals.

First time competitor, Emily Gaige, impressed everyone by winning a seven foot 1st Place trophy, while returning gold medalist, Morgan McCabe, once again won the top prize. Following the footsteps of his big sister Brittany, a six time NJ State Champion, Keith Gudanowski won his very first

gold medal.

When asked how he felt about his victory, he stated how grateful he was for having a big sister who helped him become a champion like her. Returning champion, Rachael Dallara won 2nd Place, Gloria Glavan took home 1st Place; Anthony Siega had a great match to win 3rd.

Michael Cangialosi once again delighted everyone with his skills winning 1st Place and 2nd Place, while his brother, Matthew, fought a close match in the finals with an opponent who seemed to have outweighed him by 20 pounds to finish 2nd.

Jake Colon and Akshay Swaminathan won 2nd Place,

Brian Murphy Jr. won 3rd Place, Lisa Rose McCabe won 1st and Brittany Gudanowski won two 2nd Place medals while Valentina Glavan won the bronze. Anthony Mirkovic, Connor McCabe and Anthony Glavan performed great, giving it their best.

All of the students from Xcel Tae Kwon Do Center prepared themselves for this championship by putting in extra hours of training. Master Steven Lee, the head instructor and a 5 time US National Team Member, always points out to his students that preparation is the key to success.

The team from Xcel did succeed with truly impressive results. They now look forward to the upcoming tournament season with much enthusiasm and are very eager for more success.

Congratulations to the team from Xcel Tae Kwon Do Center of Hasbrouck Heights.

(Not pictured in the photo Anthony Mirkovic, Valentina Glavan, Anthony Glavan.) Story and photo provided by Xcel Tae Kwon Do Center. ###



Jersey Girl Wins Title

Tiffany Amariuta, 14 year-old daughter of Dr. and Mrs. Ion Amariuta of Hasbrouck Heights, NJ, entered the 2007 Miss Teen America National Competition and won the following top prizes:

- The National 1st Alternate Title for Miss Jr. Teen America
- The National Visibility Award
- The National Outstanding Student of the Year Award
- The 2007 Top Essay National Award
- The Platform Essay Award, and
- The 2007 National Volunteer Service Award.

Tiffany was already holding the Miss New Jersey Title from a different program she had won earlier in the year prior to entering the Miss Teen America program.

To avoid any conflict of interest in New Jersey, Tiffany graciously agreed to compete for a state title in a different state.

She selected Massachusetts, the birthplace of her grandfather, and won the State's Title and Crown in July 2007.

With this new title, Tiffany entered the Miss Teen America National Competition, where she performed brilliantly, as the above national prizes indicate.

In the Jr. Teen Ameri-

ca Scholarship Program, the candidates are judged on the following criteria: academic achievement, writing skills, talent, service to community, public speaking, leadership qualities, grace, poise, and elegance in floor length evening gown, modeling, and physical fitness.

Tiffany was invited to perform on the piano, as an honored guest, at the 2007 Ms. America Pageant, as well as several other program functions during the year. The new title will provide Miss Amariuta with a forum to express her talent, and to be heard on important issues facing young people in our society.

Tiffany is a 9th Grade student at Hasbrouck Heights High School and her favorite extracurricular activities are dance, music, and swimming. ###

Wood-Ridge Radio Broadcasts at 1580 AM

A new low-power AM radio station, "Wood-Ridge Radio - 1580 AM," plays music from the 50's thru 80's.

The station broadcasts from the old Curtiss-Wright plant and serves the Wood-Ridge area including parts of Carlstadt, Hasbrouck Heights, Lodi, and Wallington. For more information go to: www.woodridgeradio.com ###

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6th Annual One Book Contest

Children throughout the state of New Jersey will be reading the same book in the "One Book New Jersey" reading event. This year's choice for the younger group, from babies to grade school children up to Grade 2, is "Anansi and the Moss-covered Rock," by Eric A. Kimmel. The choice for Grades 3-6 is "The Fairy Tale Detectives," by Michael Buckley. You may check the books out at The Library.

For the younger group, take the book home and read or listen to it, draw a picture of your favorite part, or color a picture supplied by The Library. When you bring them back to The Library, you will get a craft to make at home, and a small prize

For the older group, take the book home to read, write 4 to 6 sentences telling whether or not you like the book and why. When you return the index card, you will win a small prize, and get a chance to win a \$20.00 gift certificate to Borders in the "One Book New Jersey" lottery.

The program runs from Monday, March 3 to Wednesday, April 30. The lottery drawing will be held on Thursday, May 1. Call the Children's Room at 201-288-8911 if you have questions.

Be a part of this statewide event! ###

The Color of Water

Wood-Ridge Memorial Library hosts a book discussion group every third Tuesday of the month at 7:15 p. m.

The book to be discussed on Tuesday, March 18, 2008 is James McBride's "The Color of Water: A Black Man's Tribute to His White Mother" (1996), the utterly unique and moving story of Ruth McBride Jordan, the two good men she married, and the 12 good children she raised. Copies of this book are available at The Library. All are welcome. ###

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Please call for more information.

Jackie Mazza, Director/Teacher

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44 Students Get The BUG

Forty-four students in Grades 4 and 5 of our local schools received the BUG Award from the Kiwanis Club of Hasbrouck Heights and Teterboro.

The Bug Program (*Bring UP Grades*) is a program designed to encourage students to bring up one or more grades one level in English, Reading, Language Arts and/or Mathematics without going down in any of these subjects.

The students receive a "BUG" pin to wear, a pencil and a certificate to take home. Students who receive straight "A's" in these subjects will receive an Excellent Eagle Certificate or a Laudable Leopard Certificate from their principal.

Fifteen Fourth Graders and twenty-nine Fifth Graders received the "BUG" award. One student raised his grades in four subjects; one in three subjects; eleven in two subjects; and thirty-one in one subject.

Twenty-two of the students went up a grade in Writing; fourteen in Mathematics; thirteen in Grammar; and eleven in Reading.

This is the third year the Kiwanis Club has distributed these awards. The Kiwanis Club will continue this program for each marking period for the remainder of this school year. BUG Chairman, Dr. Burnett Eglow and Kiwanis President, Barbara Smith, made the presentations. *Story by Peter Gallo Jr. ###*

HHPD Reminds Drivers About School Traffic Safety

At schools, Lt. Archer reminds drivers not to park in the yellow zones or double park -- especially during inclement weather, letting off or taking on passengers in moving traffic.

Do not park in designated drop off zones at dismissal time.

At Corpus Christi School, do not park in the Minit-Mart lot.

When dropping off or picking up students at the Jr./Sr. High School main entrance at The Boulevard, do not park in the yellow zone, at the bus stop or double park on The Boulevard.

At the LaSalle Avenue entrance, no parking, dropping off or picking up students in the yellow zone where no parking or no standing signs are posted. This violation creates a hazard for students and impedes Boulevard/LaSalle traffic flow.

Use the specially designated drop off zone in the

morning that is clearly marked by traffic cones from 7:30 a.m. to 8:30 a.m.

Paterson Avenue entrance, no double parking. No "K" turns to avoid Paterson/Boulevard intersection.

Drivers should exercise caution at these locations, especially during inclement weather and periods of sun glare. ###



(l-r) Timothy Gerity, Kiwanis Lt. Governor District 9, Frank Pinto, Hasbrouck Heights/Teterboro Kiwanis Club President Barbara Smith, John DeVoe.

Staying Safe in Cyberspace

Detectives John DeVoe and Timothy Gerity of the Bergen County Prosecutor's Office Computer Crimes Unit gave an in-depth presentation on Internet Safety on February 7, 2008 at the Hasbrouck Heights Municipal Complex.

The program, hosted by the Kiwanis Club of Hasbrouck Heights and Teterboro, was entitled, "Staying Safe in Cyberspace -- Internet Safety for Parents." It was a comprehensive examination of today's Internet and the dangers that lurk inside chat rooms, instant messages, e-mail and blogs. Children were not permitted to attend.

The detectives' goals were to provide parents with a general understanding of the basic function of the Internet; to highlight current Internet trends and to illustrate the associated risks facing children of all ages.

Through programs like this they hope to raise parents' awareness of online predators and the dangerous content that is only a mouse-click away

from their child's grasp.

They used vivid graphics and streaming video clips to educate parents about the seedier side of the Internet.

The detectives discussed the shocking dangers associated with online communication; they also discussed preventative measures and effective solutions to protect children, many of whom know more about computers than the average parent.

Also attending the program, were Hasbrouck Heights Police Chief Michael Colaneri and Juvenile Officer, Detective Joseph Rinke and Substance Abuse Counselor, Barbara Christianson. *Story by Peter Gallo Jr. ###*

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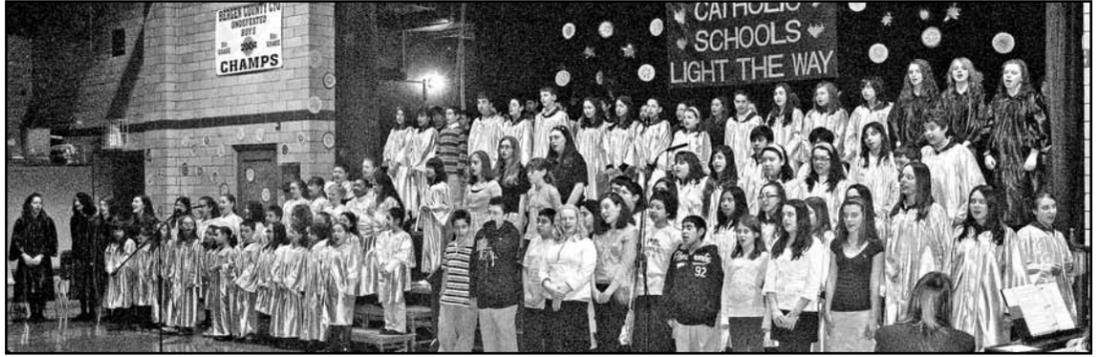
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The Lenten Season at Corpus Christi School



This March, the Lenten Season at Corpus Christi School is a time for reflection and prayer after the non-stop celebration and activity of Catholic Schools Week and many evenings of CYO basketball throughout February.



March starts off with several days of Terra Nova Testing from the 3rd to the 7th. The week ends with a First Friday Mass, a 12:00 dismissal and Pizza Night for the upper grades.



Spirit Day, on March 11th, will allow the students to wear green instead of their school uniforms for \$1 with funds to be donated toward the MS Walk (*Multiple Sclerosis*).

quently meet the five established criteria of scholarship, leadership, service, citizenship, and character."

Although having an excellent academic record is necessary to apply for membership, it is also important that the other standards be met as well before the committee approves the new applicants.



After a Lenten Prayer Service on Wednesday, the 19th, the Easter recess will begin with students returning back to school on Monday, the 31st.

Registration for the 2008/2009 school year for PreK3 through 8th Grade is ongoing. Please call 201.288.0614 for the status of class availability and enrollment forms. *Story by Sonya Buckman. Photos provided by Corpus Christi School. ###*



The National Junior Honor Society will have their Induction Ceremony during March.

This organization is, according to their by-laws, "open to all students who choose to apply themselves and conse-



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Corpus Christi D.A.R.E.

On February 13, 2008, Corpus Christi Fifth Graders held a D.A.R.E. Culmination Program.

were awarded, followed by the "Pledge to Be Drug Free," with closing remarks by Lt. Shawn Mullins. The 5th Grade teacher is Mary Ellen Scanlon and the Music Director is Mrs. Geraldine Mendoza. Refreshments followed. *Photos by HHPD and Dennis Dzugar. ###*

The program began with the Pledge of Allegiance, and "America the Beautiful" with the HHPD Honor Guard.

Fr. Lewis V. Papera said the opening prayer, Principal Michelle Murillo welcomed Mayor Rose Marie Heck and Chief of Police Michael J. Colaneri. The Corpus Christi 5th Graders stated "Eight Ways to Say NO." The essay winners were Mary Katherine Scalone and Richard Neumann. Certificates



Spring Forward March 9

This year, Daylight-Saving Time will commence on the second Sunday in March and end on the first Sunday in November.

At 2 a.m., on March 9, clocks should be set forward one hour ahead of standard time ("spring forward.")

Daylight-Saving Time allows us to use less energy in lighting our homes by taking advantage of the longer and later daylight hours.

Daylight-Saving Time was instituted in the United States during World War I in order to save energy for war production by taking advantage of the later hours of daylight between April and October.

During World War II, the federal government again required the states to observe the time change. Between the wars and after World War II, states and communities chose whether or not to observe Daylight-Saving Time.

In 1966, Congress passed the Uniform Time Act which standardized the length of Daylight-Saving Time.

The idea of daylight saving was first conceived by Benjamin Franklin in 1784.

A study by the U.S. Law Enforcement Assistance Administration found that crime

was consistently less during periods of Daylight-Saving Time than during comparable standard time periods. Data showed violent crime down 10 to 13 percent. It is clear that for most crimes where darkness is a factor, such as muggings, there are many more incidents after dusk than before dawn, so light in the evening is most welcome.

Oil Conservation

Following the 1973 oil embargo, Congress extended Daylight-Saving Time to 8 months, rather than the normal six months. During that time, the U.S. Department of Transportation found that observing Daylight-Saving Time in March and April saved the equivalent in energy of 10,000 barrels of oil each day - a total of 600,000 barrels in each of those two years.

In 1986, Daylight-Saving Time moved from the last Sunday in April to the first Sunday in April. No change was made to the ending date of the last Sunday in October. Adding the entire month of April to Daylight-Saving Time is estimated to save the U.S. about 300,000 barrels of oil each year.

Today, approximately 70 countries utilize Daylight-Sav-

ing Time in at least a portion of the country. Japan and India are the only major industrialized countries that do not observe some form of daylight saving. ###

Full Worm Moon

The March full moon will appear on Thursday, March 21, 2008, at 18:41. It is called the "Full Worm Moon."

According to the Farmer's Almanac, as the temperature begins to warm and the ground begins to thaw, earthworm casts appear, heralding the return of the robins. Northern tribes also referred to this Moon as the "Full Crow Moon" when the cawing of crows signaled the end of winter; or the "Full Crust Moon," because the snow cover becomes crusted from thawing by day and freezing at night. The "Full Sap Moon" marks the time of tapping maple trees in another variation. To settlers, it was also known as the "Lenten Moon" and was considered the last full moon of winter.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###



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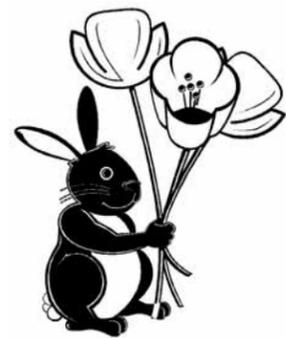
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Fish 'N Chips Dinner March 27

The Contemporary Club of Hasbrouck Heights will host its Annual Fish 'N Chips Dinner, Thursday, March 27, 2008 (*Easter Week*), from 5:30 p.m. to 7:00 p.m. at the Holy Trinity Lutheran Church.

Menu will include clam chowder, fish, chips and cole slaw prepared by Tastefully British Caterers, homemade desserts and beverage.

Adults \$13. Children under 10 \$8. Pre-ordered take-out available. No tickets will be sold at the door.

Proceeds will be used for various service projects sponsored by the Club.

For reservations call Marge at 201-288-8933.

The Contemporary Club is a member of The New Jersey State Federation of Women's Clubs of The General Federation of Women's Clubs, the largest international women's volunteer organization. ###

"Brunch with the Bunny"

The Junior Women's Club of Hasbrouck Heights invites all to attend its Annual Brunch with the Bunny on Saturday, March 8th from 11 a.m. to 1 p.m. in the Senior Center at the Municipal Building.

This tiny tot event is geared towards the age of 7 and under. Cost of the tickets is \$8 and includes a sandwich buffet and light refreshments.

Every child will have a moment with the Easter Bunny, an instant photo memory and a goody bag.

All children must be accompanied by a paying adult. For tickets, please call Dee at 201-727-0844. All proceeds help fund local charities and scholarships. ###

**When not in use,
turn off the juice.**

Area Easter Egg Hunts

Hasbrouck Heights

The Annual Easter Egg Hunt is scheduled for 10:00 a.m., Saturday, March 15, 2008, at Depken Field. Rain Date is March 22nd.

The event is open to all Heights pre-schoolers (age 4-5) through Third Graders. Children should bring a basket. No parents or underage children are allowed on the field. The Easter Bunny is scheduled to visit and hand out candy.

Tickets are distributed through the elementary schools. Tickets are also available at the Boro Clerk's Office at 320 Boulevard. This event is sponsored by the Mayor's Celebration Committee.

Moonachie

The Moonachie Annual Egg Hunt will be held 11 a.m., Saturday, March 15, at Robert L. Craig School. The event is open to K through the 3rd Grade.

Wood-Ridge

The Knights of Columbus St. Anthony Council 11585 will hold their Annual Easter Egg Hunt noon, Saturday, March 22, on the Assumption Church grounds for Pre-K through 3rd Grade. Tickets may be obtained at the rectory. In case of rain, the event will be held indoors. Refreshments follow.

Wood-Ridge

A Spring Egg Hunt is scheduled for March 15, from 10 a.m. to noon, at the Catherine Doyle Elementary School. Event is for Doyle School students. Program includes contests. In case of rain, the Hunt will be held indoors. This activity is sponsored by the Wood-Ridge PTA. ###

Fish and Chips

Saint Margaret of Cortona's Parish Social Life Committee is sponsoring the 5th Annual Fish and Chips Dinner on Saturday, March 8, 2008. Cooking will be done by Tastefully British.

Dinner will be served from 6:15 p.m. to 7:45 p.m. in Marnell Hall in the Parish Center at the corner of Liberty St. and Chamberlain Ave., Little Ferry. Cost is \$12 per meal, and includes fish, chips, cake, coffee and tea. No tickets will be sold at the door. Take-out orders are available. For information call Ellie at 201-641-0883. ###

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Lutheran Holy Week Schedule

Holy Trinity Lutheran Church, Hasbrouck Heights, will celebrate The Three Days (*Maundy Thursday, March 20; Good Friday, March 21; and Easter Eve, March 22*) with the Churches of its "constellation"--the Greater Evangelical Lutheran Parish of Hasbrouck Heights, Garfield, and Maywood. The congregations will observe the Three Days as a pilgrimage to each of the Churches.

The Maundy Thursday Liturgy will be held at the Lutheran Church of the Redeemer, Maywood and Taplin Avenues, Maywood. The Good Friday Liturgy will be held at Zion Lutheran Church, 111 Midland Avenue, Garfield; and the Vigil of Easter will be held at Holy Trinity Lutheran Church, Hasbrouck Heights. All the liturgies will begin at 7:30 pm.

This is the second year that the three congregations have joined together to give common witness to the central event of Christian faith--the death and resurrection of Jesus of Nazareth. ###



IHOP Flipped for Charity -- Gave Away Free Pancakes

IHOP in Hasbrouck Heights offered guests a free short stack of buttermilk pancakes in an effort to raise awareness and funds for the Children's Miracle Network on National Pancake Day, Tuesday, February 12.

Although Shrove Tuesday is February 5th, and respecting that many states hosted their presidential primaries on Super Tuesday, IHOP celebrated National Pancake Day on February 12th.

For every delicious short stack of pancakes served on National Pancake Day, IHOP guests were invited to make a donation.

This year, IHOP in Hasbrouck Heights gave out 681 orders and received \$789 in donations. Proceeds from IHOP in Hasbrouck Heights will benefit Children's Specialized Hospital in Mountainside, NJ and Robert Wood Johnson University Hospital in New Brunswick.

Pancake Day, also known as Mardi Gras or Shrove Tuesday, has been celebrated for centuries in England, with a tradition and lore all its own.

The English have "flipped" for pancakes in celebration of Shrove Tuesday, which heralds

the beginning of fasting during Lent.

Long ago, strict rules prohibited the eating of all dairy products during Lent, so pancakes were made to use up the supply of eggs, milk, butter and other dairy products ... hence the name Pancake Day.

This is IHOP's Third National Pancake Day Celebra-

tion.

On Pancake Day in 2007, IHOP nationally served 1.1 million free pancakes on National Pancake Day. All of these free pancakes would create a stack more than eight miles high. Pancake lovers donated more than \$625,000 to children's charities. *Photo by Marie Gallo. ###*

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Burton Avenue at Hamilton Avenue
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11:00 a.m. Festival Holy Communion

THE COMMUNITY UNITED CHURCH OF CHRIST
Boulevard & Charlton Avenue • 201-288-0622
10:00 a.m. Worship Service

The Ecumenical Good Friday Service will be on Friday, March 21, at Noon at First Reformed Church

Join us this Easter Sunday for exciting worship, inspiring study, moving liturgy and wonderful fellowship

The Jesus Story

The Bible Baptist Church will present the 19th annual "The Jesus Story" at Felician College, 262 South Main Street, Lodi.

The 2008 schedule is Saturday and Sunday, March 8-9 at 4:00 p.m., Friday, March 14, at 8:00 p.m., Saturday and Palm Sunday, March 15-16, at 4:00 p.m., Thursday and Good Friday, March 20-21 at 8:00 p.m.

FREE admission is being offered with over 1,000 seats available on a first come basis. There will be no reserved seats and no ticket required. The ministry wants to make the play available to all who would come. A free will offering will be taken.

Eighteen years ago a small group of Christians presented a meager glimpse of the Passion of Christ through a Passion Play. Since that time the production outgrew the staging at the Church.

A volunteer cast and technical crew of over 100 men, women and children commit to bringing this heart changing true story to thousands of people.

Through the collaboration of the Cultural & Community Affairs Division of Felician College, "The Jesus Story" has affected the lives of all who have come to see it.

This year's rendition will

tug at your heartstrings through the lives of the women that surrounded Jesus.

You'll see the Angel Gabriel bring the announcement to a teenage peasant girl (*the Virgin Mary*), that she would give birth to the Son of God, as well as scenes with Mary and her older sister Salome.

As they follow Jesus through His ministry years, you will catch a glimpse of Jesus' love and forgiveness with the woman at the well, and His many miracles, including the raising from the dead of a widow's only child.

Bill Hegedus, Pastor of Bible Baptist Church, and director of "The Jesus Story" insists that the purpose of the play is not to entertain, but to present the love of God for a lost and dying world.

"Long ago, even before He made the world, God loved us and chose to adopt us into His family by bringing us to Himself through the death of His Son on the cross.

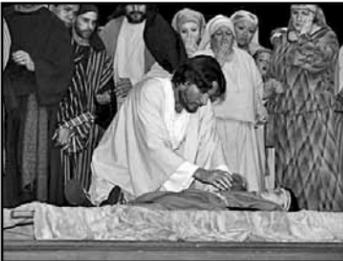
God sent His Son to earth and offered Him as a perfect sacrifice for our sins.

The Bible says that whoever believes this and accepts this will live forever with Him in Heaven."

"Jesus is the only power in the world that has been given to save people. We must be saved

through Him"- Acts 4:12.

You may visit their web-site at www.biblebaptist.net for more information. Click on Events. Those with no internet access may call 201-288-4139, press 2. ###



World Day of Prayer March 7

Women and men from local congregations will join those in more than 170 countries to celebrate World Day of Prayer 2008 (WDP) on Friday, March 7, 2008.

All are invited to the 1 p.m. Ecumenical prayer service at The Community United Church of Christ, located at the corner of The Boulevard and Charlton Avenue, Hasbrouck Heights.

Each year, a different country and theme are highlighted. Last year, the country of Paraguay was featured with the theme "United Under God's Tent." (See *The Gazette*, April 2007, page 23.)

This year, WDP will feature the women of Guyana, a South American nation, who developed the theme of "God's Wisdom Provides New Understanding" to express the awesomeness of God's creation.

The service, written by Guyana's women, calls us to care for all of creation and invites us to rejoice with them at the astonishing natural beauty of Guyana.

"Come with us as we acknowledge the Wisdom of God in the marvelous works of creation." The women of Guyana call upon wisdom as we join with them in rejoicing in God's inhabited world.

As WDP 2008 is observed, billions of God's people are suffering from violence, neglect, poverty and political injustice.

Women and children, especially, are denied basic human rights and are victims of those who would exploit them and abuse them.

For more information about this service, contact Joan at 201-825-4923. ###

Smoke Detectors Save Lives

About

World Day of Prayer

World Day of Prayer is a worldwide movement of Christian women of many traditions who come together to observe a common day of prayer each year.

Throughout the entire day, we collectively pray all over the world, beginning with the first sunrise and ending at the last sunset. Our prayers follow the sun's path around the globe.

WDP's motto "Informed prayer leads to prayerful action," affirms that prayer and action are inseparable and that both have immeasurable influence.

World Day of Prayer:

- is a movement initiated and carried out by women in more than 170 countries and regions.

- is a movement symbolized by an annual day of celebration -- the first Friday of March -- to which all people are welcome.

- is a movement which brings together women of various races, cultures and traditions in closer fellowship, understanding and action throughout the year.

Through World Day of Prayer, women are encouraged:

- to become aware of the whole world and no longer live in isolation.

- to be enriched by the faith experience of Christians of other countries and cultures.

- to take up the burdens of other people and pray with and for them.

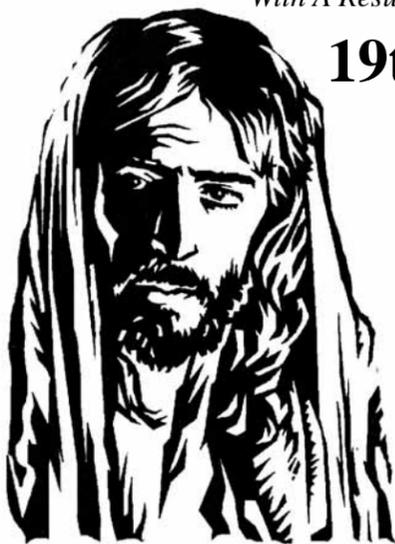
- to become aware of their talents and use them in the service of society.

For more information go to: www.wdpusa.org ###

Bible Baptist Church Passion Play Ministries presents in 2008

"The Jesus Story"

Tracing Jesus' Steps Through The Eyes And Heart Of Mary, His Mother,
This True Story Is Sure To Have An Effect On Your Life...
With A Result That Can Be Everlasting.



"For God So Loved the world that He gave His only Son" John 3:16

Performances are held at:
Felician College
262 S. Main Street
Lodi, NJ 07644

19th Annual Presentation

Saturday.....	March 8	4:00 p.m.
Sunday.....	March 9	4:00 p.m.
Friday.....	March 14	8:00 p.m.
Saturday.....	March 15	4:00 p.m.
Palm Sunday....	March 16	4:00 p.m.
Thursday.....	March 20	8:00 p.m.
Good Friday.....	March 21	8:00 p.m.

We are pleased to present
this year's Passion Play

FREE

No Ticket Required
Over 1,000 seats available
on a first come basis

For information and directions visit the web-site: www.biblebaptist.net
No internet access? Call 201-288-4139, Press 2

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Jazzy New Orleans-Style



Area Churches presented a Mardi Gras Celebration on Tuesday evening, February 5, 2008. The event was held at the Episcopal Church of St. John the Divine, at 229 Terrace Avenue, Hasbrouck Heights.

Masks and beads were provided. Fr. Joe Pickard made a brief introduction and blessed the meal.

The first part of the celebration -- a feast of Gumbo, rice, salad and French bread -- was prepared by the Lenten team and enjoyed by all ... while "The Big Easy Trio" jammed.

At 8:00 p.m., a concert of gospel music and New Orleans spiritual music was held upstairs in the Church.

Authentic New Orleans music was provided by "The Big Easy Trio" with John Russell, drums, Paul Boehmke, reeds, and Mark Wright, keyboard.

Mark Wright has been going to New Orleans for 30 years and plays at Preservation Hall whenever he is in New Orleans.

Between numbers, Mark would elucidate on the musical piece and provide New Orleans Mardi Gras anecdotes.

The "Big Easy Trio" was

joined by Ruth Brisbane, renowned Broadway/off-Broadway actress and singer, whose credits include "The Wiz," "Raisin" (the musical), "Grind" (with Ben Vereen), "One More Time" (at the Village Gate for three years), and has toured Europe.

She is currently a vocalist with the "Harlem Blues and Jazz Band." She sings both Jazz and Gospel.

After the concert, Fr. Joe collected old palms and rang the Church bell, signifying the end of Mardi Gras and the beginning of Lent.

Church decorations were taken down and replaced with Lenten colors.

All adjourned to the front steps of the Church for the burning of old palms. These ashes will be used for Ash Wednesday next year, once they are pulverized and mixed with oil blessed by the Bishop.

St. John the Divine Church held Mardi Gras celebrations previously, but suspended them for the Ecumenical Epiphany Walk which was held for about 7 years. The Mardi Gras Celebration was resurrected as an Ecumenical event this year. ###



Mardi Gras Celebration





Reflections

What is Faith?

Fr. Thomas Wisniewski
Corpus Christi Church

There is nothing that better defines faith than the Easter event. What really went on that fateful early Easter morning?

It doesn't have the descriptive grandeur of the Christmas Nativity. Instead, it's a quiet pre-dawn event. Depending on which depiction you read, there is either one or a few women who come to a tomb to be with someone they love. There's a practical side to their visit, namely, anointing the body but even that act is done out of love and respect.

What do they find, but an empty tomb, a mystery something beyond human comprehension? Now some 2000 + years later we have a whole theology of resurrection with millions of believers coming to their houses of worship to honor their risen Savior.

By now, there are many things we take for granted. Yet, if we analyze what went on that Easter morning, it reminds us of what faith is really about.

It is about the mysterious, the unexplainable, things too great for the human mind to fully understand. This is good.

When I was growing up we used to come up with questions that only children could think of and when the adults in our lives could not come up with a suitable answer we were merely told it's a mystery, believe it. Today, I look back and laugh at that response but the more I think about it, the more we need to acknowledge mystery today.

We live in a day and age of incredible knowledge. The internet alone has put almost innumerable facts and pieces of data at our disposal in seconds. In many scientific fields, most notably medicine, there are incredible breakthroughs almost daily. Despite all of the above, it is intellectual arrogance to even begin to suggest that we know everything.

There are many mysteries we cannot solve. There is love and romance, life and death, as well as good and evil, that challenges the human mind. God never answers all the questions posed in the Scriptures, but rather poses questions back.

Do we really think we can understand all there is involved in the entire universe? Is there not something greater than we and how did we get here, why

in 2008 are we here, why in Hasbrouck Heights NJ, why do we have the families we have and the list goes on.

The bottom line is there are many things that are part of our lives of which we have had no say, control is nothing more than illusion. The mystery and power of Easter teaches us that.

Yet, there's something even more essential to the Easter message. It is about hope and transformation. For the believing Christian, no moment could have been darker than Good Friday afternoon about 3 o'clock, when Jesus breathed his last.

For anyone present that day the experience had to be one of total pain and defeat. The one we put all our trust and faith in was executed in brutal fashion. What good could ever come from it? The answer was only 3 days away.

Easter morning teaches us that all things are indeed possible with God. It tells us that no matter what pain or tragedy or darkness we are currently experiencing there is a hope that springs eternal.

We can't always see it and sometimes it's pretty hard to understand, but that's why they call it faith. There are many things we can see and prove and know. But thank God there's more to life than that. Faith is, as it sounds something we cannot see or prove or know, but Easter morning reminds us it's just as real. Happy Easter to all. ###

Ecumenical Prayer Breakfast March 9th

The men of the First Reformed Church of Hasbrouck Heights are sponsoring their 18th Annual Men and Boys' Ecumenical Prayer Breakfast on Sunday, March 9, 2008, from 7:00 a.m. to 9:00 a.m. at the First Reformed Church located at Washington Place and Burton Avenue.

There will be prayer and worship in the Church Sanctuary, followed by breakfast in Fellowship Hall. The guest speaker is cardiologist Dr. Edward G. Williams, M. D.

This program is open to all men in the area. Tickets are \$5.00 per person. For more information call Gil at 201-288-4608. ###

Corpus Christi Rosary Society News

The next General Meeting of the Rosary Society is Thursday, March 6 in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and celebration of Mass in the Chapel.

Our program for the evening will be Bingo to support our Child in Need project. Members are reminded to bring donations of household cleaning products which we are collecting for The Friendly Neighbors of Hasbrouck Heights.

Plans for the spring include a Scholarship Fundraiser to support the awarding of scholarships to two Corpus Christi School Eighth Grade students who will be attending Catholic High Schools.

The Annual Baby Shower for the benefit of Birthright is scheduled for our June meeting. The Rosary Society has been an active supporter of this charity for over 30 years. Details on specific baby needs will be released closer to the shower date.

We remind our members and the Corpus Christi parish community of our continuing project to collect toiletries for the homeless in Hackensack. Please drop your donations in the designated box in the vestibule of the Chapel.

The Rosary Society encourages the women of the parish to join us. Members are required to say one decade of the Rosary daily, to attend monthly meetings (*first Thursday after the first Sunday of the month*), to pray the Rosary for deceased members, and to participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan (201-288-7415) for further information. Carol Viceconte ###

Guild Assembles Health Kits

Through March 23rd, The Guild of Reformed Church Women will be collecting and assembling items for health kits.

These kits consist of washcloth, hand towel, soap, toothbrush, toothpaste, nail file, comb and band-aids. Donations of any of these products in any quantity would be appreciated.

These items are assembled in zippered plastic bags and distributed by Church World Service throughout the world wherever the need arises due to forced relocation of families because of disasters. Cash donations always welcome.

Call 201-288-1122 or 201-288-0378 for more info. ###

Go to Church more often. Church Schedules Hasbrouck Heights

BIBLE BAPTIST CHURCH

31 Passaic, HH • 288-4139

www.biblebaptist.net

Rev. Bill Hegedus, Pastor

Sunday

8:00 a.m. Prayer Partners Meet

8:30 a.m. Early Worship Service (Traditional)

9:30 Discipleship Hour for all ages

11:00 a.m. Morning Worship Service (Contemporary)

Evening Service as announced



CORPUS CHRISTI R.C. CHURCH

Boulevard & Kipp, HH •

Offices: 288-4844 • School: 288-0614

Rev. Lewis V. Papera, Pastor

Rev. Raymond M. Holmes

Rev. Thomas Wisniewski

Rev. Msgr. Martin O'Brien

Deacon Vincent DeFedele

Sunday Obligation Masses:

5:00 p.m. Saturday (Chapel)

7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),

12 noon (Chapel) and 6:00 p.m.(Chapel)

Daily Masses: (Church)

Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m.

Reconciliation (Confession): Sat. 4-4:45 p.m.

Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html

School: www.corpuschristischool.net



CHURCH OF ST. JOHN

THE DIVINE (EPISCOPAL)

Terrace & Jefferson, HH • 288-0002

Rev. Joseph Pickard, Vicar

Erik Soldwedel, Deacon

www.saintjohnthedivine.com

www.careonthecorner.org

Sunday - 10:00 a.m., Holy Eucharist Rite II - Church School

Monday - 7:30 p.m., N.A. Women's Meeting

Tuesday & Friday - 12 noon, N.A. Meeting



FIRST REFORMED CHURCH

Burton & Washington Place, HH

Church Office: 201-288-1122

Rev. Dianna L. Smith, Pastor

www.churches.rca.org/firstrefhh/

Sunday

9:00 a.m. Sunday School

10:00 a.m. Worship Service

Fellowship Hour follows Worship Service. Child care provided



FIRST UNITED METHODIST CHURCH

57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773

Church and Nursery School Office: 288-4636

Pastor Iraida Ruiz de Porras

Sunday

10:00 a.m. - Worship Service

Thursday - 7:30 p.m. - Bible Study



THE CROSS KOREAN UMC

57 Burton Avenue • 393-7890

HOLY TRINITY LUTHERAN CHURCH

92 Burton Avenue, HH • 288-6889

The Reverend George W. Yoder, Pastor

http://users.churchserve.com/nj/htrlc/index.html

Saturday

5:00 p.m. Communion Contemporary Setting

Sunday

9:45 a.m. Sunday Church School/Adult forum

11:00 a.m. Holy Communion

Tuesday: 7:30 p.m. Bible Study



THE COMMUNITY

UNITED CHURCH OF CHRIST

Boulevard & Charlton Ave., HH • 288-0622

Rev. Edward J. Glasser, Assoc. Minister

Sunday - 10:00 a.m. Morning Worship

Communion-- first Sunday of the month



Church Schedules: Lodi

FAITH REFORMED CHURCH

95 Washington Street, Lodi • 973-778-4529

IMMACULATE CONCEPTION CONVENT

143 South Main Street, Lodi
Mass: Sunday 9 a.m. • **Daily** (M-F) 7:00 a.m. • **Sat.** 8 a.m.

ST. FRANCIS De SALES

125 Union Street, Lodi • 973-779-4330

ST. JOSEPH R.C. CHURCH

40 Spring Street, Lodi • Rectory: 973-779-0643
 Rev. Hector Di Nardo, C.R.M., Pastor
 Rev. Americo Salvi, C.R.M., Assistant
 Rev. Mr. Steve Marchese, Deacon
Sunday Obligation Masses:
 6 p.m. Saturday
 7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
Daily Masses: 7:00 a.m., Noon • **Holy Day Mass Eve:** 7 p.m.
Reconciliation (Confession): Sat. 4:30 - 6:00 p.m.
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Church Schedules: Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE

221 Moonachie Road
 Church Office: 201-641-4919
 Rev. Kimberly Chastain, Pastor
Sunday
 11:00 a.m. Worship Service



Church Schedules: Wood-Ridge

ASSUMPTION R.C. CHURCH

143 First Street, Wood-Ridge • Rectory: 201-438-5555
 Center: 201-933-6118 • School: 201-933-0239
 Fr. Brian Cullinane, OFM, Pastor
 Fr. Paul Sinnema, OFM
 Fr. Thomas Kelly, OFM
 Fr. Cassian Miles, OFM
 Deacon Nicholas Valdez
Sunday Obligation Masses:
 5:30 p.m. Saturday
 8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
 Mon.-Fri.: 7:00 a.m., 8:00 a.m. • Sat. - 8:00 a.m.
Reconciliation (Confession): Sat. 11:00 - 12:00 p.m.
Assumption Church/School Websites
 Parish: www.assumption-parish.org
 School: www.assumptionschoolwr.org



FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE

190 Valley Boulevard • Office: 201-438-5559 • 201-438-8966
 Rev. Kimberly Chastain, Pastor
Sunday
 9:30 a.m. Worship Service



MYUNG SUNG CHURCH OF NJ (KOREAN)

Rev. David Suh
Sunday 12:00 • **Thursday** 8:30 p.m. meeting
Monday - Friday 6:00 a.m. meeting
 201-681-0773

ST. PAUL'S EPISCOPAL CHURCH/RESURRECTION

Center & Humboldt Streets, W-R • 201-438-8333
 Rev. Jacob David, Rector
1st Sunday - 9:30 a.m., Combined CSI & Healing Service
3rd Sunday - 9:30 a.m., Combined Episcopal Eucharist
2nd & 4th Sunday - 11:00 a.m. Malayalam Service
 Vestry Meeting: 2nd Sat. 10:00 a.m.



“The Saint Joseph Table” About Easter

The Saint Joseph Society of Lodi will be hosting “The Saint Joseph Table” on Saturday, March 15th, at 7 p.m., in the School Gym (located on Spring Street across from Saint Joseph’s Church, Lodi.)

Tickets are \$10.00. For tickets or more information, contact Antonino Pollaro – President of the St. Joseph Society at 201-615-8924 or the Church Rectory at 973-779-0643. ###

A brief history of the “Tavolata di San Giuseppe” (“Saint Joseph Table”)

The “Saint Joseph Table” was founded in Sicily back during the Middle Ages.

History tells us that Sicily had been in severe drought for an extended period of time. No crops grew and countless people died of famine.

The peasants prayed to Saint Joseph to intercede with God on their behalf to bring much needed rain to the island. Their promise in return was to have a special feast honoring Saint Joseph.

About Easter Cards

According to American Greetings, Easter is now the fourth most popular holiday for sending cards, behind Christmas, Valentine’s Day, and Mother’s Day. Easter cards began in Victorian England, when a stationer added a greeting to a drawing of a rabbit. ###

By miracle, the rains came and the peasants were able to plant their crops. With the harvest, the people prepared a feast of foods from their crops which has become known as the “Tavolata di San Giuseppe” (“The Saint Joseph Table”).

This Feast would take place on or about the actual Saint Day of Saint Joseph, March 19th.

This tradition is still alive and well among Italian-Americans across the United States.

Many churches, societies, and family homes have annual “Saint Joseph Tables.”

Some of the traditional foods that make up the celebration are the “Saint Joseph Pasta” (*bucatini -long pasta, sardines, toasted bread crumbs, fennel, in a red sauce*), St. Josephs Day Cream Puffs (*Sfingi di San Giuseppe – an Italian Pastry, a large cream puff traditionally filled with Ricotta*), and many different Italian Breads (*Pane di San Giuseppe*).

In addition to the traditional foods, many people bake or cook something to bring for what is known as the sharing table at many “Saint Joseph Tables.”

Many who host a Saint Josephs Table have a sharing table in which all are welcomed to contribute a food item of their choice to be shared among all. *Story by Antonino Pollaro* ###

Easter, Pascha, or Resurrection Day, is the most important religious feast in the Christian liturgical year. It celebrates the resurrection of Jesus, which Christians believe occurred on the third day after his crucifixion some time in the period A.D. 27 to 33.

Many pagan elements have become part of the celebration, and those aspects are often celebrated by many Christians and non-Christians alike.

Easter also refers to the season of the Church year called Eastertide or the Easter Season. Traditionally, the Easter Season lasted for the forty days from Easter Day until Ascension Day but now officially lasts for the fifty days until Pentecost. The first week of the Easter Season is known as Easter Week or the Octave of Easter.

Easter is termed a movable Christian holy day because it is not fixed in relation to the civil calendar. Easter falls at some point between late March and late April each year (*early April to early May in Eastern Christianity*), following the cycle of the moon.

Easter is linked to the Jewish Passover not only for much of its symbolism but also for its position in the calendar.

The Last Supper shared by Jesus and his disciples before his crucifixion is generally thought of as a Passover meal, based on the chronology in the Gospels.

Some, however, interpreting “Passover” in John 18:28 as a single meal and not a seven-day festival, interpret the Gospel of John as differing from the Synoptic Gospels by placing Christ’s death at the time of the slaughter of the Passover lambs, which would put the Last Supper slightly before Passover, on 14 Nisan of the Bible’s Hebrew calendar.

According to the Catholic Encyclopedia, “In fact, the Jewish feast was taken over into the Christian Easter celebration.” *Source: Wikipedia.org* ###

About The Easter Bunny

Hares and rabbits have long been symbols of fertility. The inclusion of the hare into Easter customs appears to have originated in Germany, where tales were told of an “Easter hare” who laid eggs for children to find.

German immigrants to America -- particularly Pennsylvania -- brought the tradition with them and spread it to a wider public. They also baked cakes for Easter in the shape of hares, and may have pioneered the practice of making chocolate bunnies and eggs. *Source: www.factmonster.com* ###

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Graduations	Ordination	Holidays

Police Chief Warns of Scams

Hasbrouck Heights Police Chief Michael Colaneri reminds residents that as spring approaches, residents should be aware of warm weather scams.

Questionable people usually prey upon senior citizens and people living alone because they would rather deal with a lone decision maker.

With no one to confer with, it makes it easier for them to weave their web of deception.

The Chief said, "They prey on senior citizens because they have the time, they're home, and they're mellow in their older age. They try to see the good in everybody."

People should be suspicious of unsolicited work offers. "The day of door-to-door salesmen is over," the Chief said

"If you've got somebody going door to door for house repairs, the chance is good that it's some kind of scam."

They say they are doing the house down the street and offer a discount.

Sometimes they will try to scare their prospects by bringing up dangerous situations that must be corrected immediately, but most often, nothing is wrong or minor repairs would be needed.

One of the more common scams is to knock on the door and tell the homeowner that they do roofing, and when passing by they noticed that the roof is badly damaged.

They explain how the home

is being damaged even before leaks become visible.

They use high pressure, aggressive tactics and convince the homeowner that the roof needs immediate attention.

They ask for cash and say they will need to get some supplies and be right back. That's the last you will see them or your money.

Always remember to use common sense and think about it for a minute. How can these strangers show up and tell you about a serious problem that you are unaware of?

In another variation of this scam, workers will begin a home repair job such as repaving a driveway, take the deposit, and never return to finish the work.

The bogus contractor will begin the job and tell the resident that the damage was worse than originally estimated, so he or she will have to pay more money.

The best way to avoid becoming a victim of a home repair scam is not to allow people to do repairs unsolicited.

On some occasions scammers have been known to work in tandem, gaining access into the home on the pretense of us-

ing the bathroom. While one of them has the attention of the homeowner, one of the other men or women will quickly search for cash and valuables to steal.

Never let any of these people in your home under any circumstances.

The Chief said, "Most people are inherently good. Most businesses are legitimate and provide good services at fair prices.

However, the consumer should be suspicious of any cold call or visit to your door without an appointment.

Anyone coming to your door should be able to identify themselves with proper I.D., company uniform or commercial vehicle (*it is required to be lettered with the name and base town of the company*).

Most importantly, do not be pressured by anyone. Follow your instincts; if you are uneasy, lock your door and call a neighbor or the police."

If senior citizens ever suspect a problem, the most important thing to do is call the police at 201-288-1000.

"If they feel that they have been scammed, there's a good chance that they're not the first one and we need to know about it," Chief Colaneri said. "The more reports we have, the better chance we have of catching them." ###

BC Animal Shelter Free Rabies Clinic

The Teterboro Animal Shelter will be issuing free Rabies Vaccines for cats and dogs of New Jersey residents on March 6th and March 20th 2008 between 4 and 5:30 p.m. Pets must be in carriers or on leash and accompanied by an adult. ###

Dog Behavioral Problems?

FOCAS holds a FREE seminar, "Resolving Common Canine Behavior Problems," the first Wednesday of every month at **Oradell Animal Hospital** from 7 p.m. to 8:30 p.m. The seminar is conducted by professional dog trainer, Eileen Haley, Professional Member of Pet Dog Trainers and founder of Second Chances, Inc.

Play-biting, jumping, destructive chewing, house training and other common puppy and adult dog behavior problems are discussed.

Learn how to use positive reinforcement based training to create a well-mannered pet!

Come join us in a relaxed environment for an informal and informative evening. You'll be surprised what you will learn! Great for first-time pet guardians or adopters of shelter dogs.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

FOCAS Holds Flea Market

FOCAS kicks-off its 2008 Flea Market season, Saturday, March 29, from 10 a.m. to 4 p.m. and Sunday, March 30, from 10 a.m. to 3 p.m. at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on the Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Chamber/Garden Club Boulevard Beautification

The Hasbrouck Heights Chamber of Commerce, in cooperation with the HH Garden Club, invites businesses and residents to sponsor a flower pot with planting to be placed along The Boulevard during 2008.

Cost is \$150 and includes the purchase of a fiberglass pot, soil, mulch and plantings.

The work will be done by the Garden Club at the DPW after the May 15th frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and

has agreed to water the plants during the season. After the summer, the DPW will collect the flower pots and store them for the winter.

Green thumb volunteers are welcome to help with the initial planting.

Recognition for sponsors will be located in the Municipal Complex.

Call Ray for more info at 201-288-5464. ###

Earth Day is April 22, 2008



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Garden Club Blooms in Hasbrouck Heights



By Marie E. Morales

On Sunday afternoon, January 13th, the Hasbrouck Heights Garden Club celebrated their 10th anniversary at A Fresh Affair, with a very yummy desert baked by **Dolce Adragna Bakery**.

During our celebration, we took a look back over the past 10 years.

On April 23, 1997, The Hasbrouck Heights Free Public Library sponsored a program facilitated by Rose Marie Casale about Garden Borders.

Following the program, Michele Maiullo, Library Director at the time, thought it would be a benefit to the community to have a Garden Club.

She presented the idea to Rose Marie who agreed to help get the ball rolling. The first meeting took place on January 29, 1998 in The Library's children's room. We had 27 attendees.

At this meeting we decided to convene on the third Thursday of the month, donate \$1.00 per person at each meeting, and to keep the meetings informal. Officers were elected, and they were:

Chairperson: Rose Marie Casale, Secretary: Noreen Postman, Treasurer: Magda Vanek, Membership: Judy Mascis, Programs: Rose Marie Casale, Elisabeth Moser and Sarina Martino, Correspondence: Marie Morales, Hospitality: Barbara Rudd and Mary Zimmerman.

Over the past 10 years, the Garden Club has had many excellent professional speakers.

Two of our very own home grown professionals: Rose Marie Casale and John Beirne have shared their expertise.

Rose Marie taught us, among many other things, how to properly prune our trees and shrubs, deadhead, water our garden and how to amend our soil, and the best way to prepare the area we will be planting.

Also, she impressed upon us to use the Latin botanical names for plants. It's the

system growers and nurseries use to definitively identify a plant. This system is used world wide.

John taught us how to grow tropical plants in our climate. His secret was to have two parties a year. In the spring, your friends help you cart the plants out into your garden, and in the autumn they help you bring them back to your garage/basement for storage.

Joe Lelinho, Bee Keeper for the Allaire State Park in Monmouth County, taught us about bees. He even brought a LIVE hive to the meeting.

Janet Schultz, an expert on hostas and shade gardening, taught us that not every plant has to have a flower; there is beauty in the simplicity of the different shades of green and plant texture.

Over the years, we have had over 50 gardening professionals speak at our meetings and we learned about plants from African Violets (*Saintpaulia ionantha*) to Zinnias (*Zinnia elegans*).

One of the most important lessons we learned from each other—there is usually more than one way to accomplish a gardening goal. Our shared personal methods have proven helpful within our group and “if at first you don't succeed, try, try again.”

We've taken many day trips together. Our first adventure was a Friends of The Library sponsored bus trip to Longwood Gardens in Kennett Square, PA.

In New York, we've been to the New York Botanical Garden, Wave Hill, the Brooklyn Botanic Garden and Boscobel. In New Jersey, we've been to the Doris Duke Estate and Gardens, the Garden for Sculpture, Skylands, and Leonard J. Buck Rock Gardens. We've also attended several of the Ridgewood Gardens Tours.

Of all the places we have visited, the best garden experiences have been when we tour the gardens of our own volunteer members approximately

every other June.

As a Club we've been involved in a few projects. The first was the raised flower bed by the old library.

Each spring we would plant annuals and take turns watering and deadheading them over the summer.

One year, at the request of two members, Sarah Chiha and Diane Calabrese, we planted annuals in two planters in front of the Corpus Christi Learning Center on the Boulevard.

Our next venture was the “Boulevard In Bloom Program” which was the great idea of two Garden Club members, Ann Lustberg and Elisabeth Moser. This took a year to come together with the efforts of the Mayor and Council, Department of Public Works, Chamber of Commerce, and the Garden Club all closely working together.

During the year, the Hasbrouck Heights Garden Club planned, made presentations to the Mayor and Council and the Chamber of Commerce, solicited contributions, purchased pots, soil and plants.

On May 6, 2006, members from the Garden Club and Chamber of Commerce met at the Hasbrouck Heights DPW and planted 40 planters. They were placed on the Boulevard by the DPW in time for

Mother's Day.

In 2007, we placed 50 planters on the Boulevard. We were also privileged to receive the help of the Hasbrouck Heights Junior High School's BETA Club to water, weed, and deadhead the plants throughout the summer months.

We are now going into our third season for this program and we will meet our original goal to place 60 planters on The Boulevard this year.

We have participated in Town Day for the past several years. Our own members grow the plants we sell so that we may defray the cost of the very expert speakers we have at our meetings.

We also place an abundance of helpful handouts for your gardening questions.

This year was the third time we had a “Guess The Weight Of The Pumpkin” free contest and kids of all ages entered with great expectation.

Since September 2007, members of the Garden Club have volunteered to loan a plant a month from their own collection to The Library.

You can see these plants on the table by the photocopier with literature about the plant and which member loaned it.

We would like to take this opportunity to thank Mimi Hui, Hasbrouck Heights Free Public

Library Director, and the staff for generously allowing us to meet in the community room every month, for their very able assistance whenever needed, and especially for their abundant patience when our meetings pass the witching hour of 9:00 p.m.

We also wish to heartily thank the Mayor and Council, Tom Meli, William Spindler and the DPW crew, the Chamber of Commerce President, Ray Vorisek, the town businesses, and last, but not least, the citizens who contributed to the “Boulevard In Bloom Program.”

We also thank Amy, the proprietor of Corwin's Florist in Warwick, NY. She starts the canna for the planters and over winters them for us. We also purchase the other plants used in the planters from her. This program would not be possible without these very generous organizations and individuals!

Fast forward to 2008. Presently we have 24 members, nine of which are original members, we elect officers every other year, and we now have \$25.00 yearly dues.

Who knows what the future brings? Let's hope for at least another 10 years of involvement, meeting new people and visiting new places through gardening -- Rock (*garden*) on!

We extend an invitation to everyone. You don't have to be a resident of Hasbrouck Heights. If you are interested in gardening, you are welcome to come to one of our meetings and experience the fun we have together while we learn how to make a better living space.

Try it, you'll like it! We meet at 6:45 p.m. in The Hasbrouck Heights Free Public Library's Community Room on the third Thursday of the month, except December, July and August. *Photos provided by The Hasbrouck Heights Garden Club. ###*





Lonnie Allgood Meets with Mid-Bergen Rotary

On Tuesday, February 5, 2008, retired NFL Player, Lonnie Allgood, spoke at the Mid-Bergen Rotary meeting at the Holiday Inn. (Seated l-r) Judy Messineo, Patricia Gallagher, Frank Gallipoli, Lonnie Allgood, Myrna Gallipoli, Vicky Oller, Debby Amicucci. (Standing l-r) George Gold, Mia Villon, Calisto Bertin, Ruth Nebiar, Holly Schult, Zbiggy Karsky, Jeff Olenick, Joe Lauren.



Assumption School



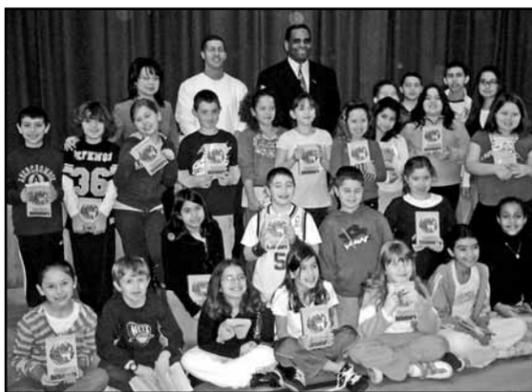
Corpus Christi School



R. L. Craig School



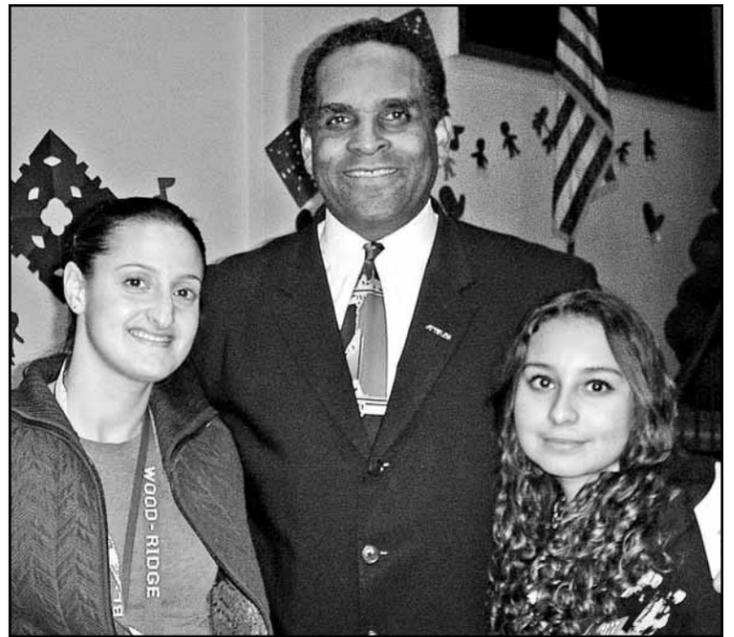
Memorial Elementary School



Catherine E. Doyle Elementary School



Catherine E. Doyle Elementary School



(l-r) WRHS Physical Education teacher/Interact Advisor, Lucia DiNapoli, retired NFL player Lonnie Allgood, and Stephanie Gallipoli, Wood-Ridge High School student, Stephanie Gallipoli, the Founder and President of the WRHS Interact Club.

Lonnie Allgood Meets WRHS Interact Club -- Plans Benefit Basketball Game March 14th

Retired NFL player, Lonnie Allgood, spoke the the Wood-Ridge High School Interact Club meeting on December 19, 2007 about making decisions and life goals.

Mr. Allgood plans to bring his NFL team of 10 football players to play six different teams from the Wood-Ridge community in a Dare to Dream Charity Basketball Game.

The charity event is scheduled for March 14, 2008, in the Wood-Ridge High School Gymnasium. Doors open at 6 p.m. and game tip-off at 7 p.m. Only 560 tickets will be sold. Advance tickets are \$7 students/children and \$10 adults; \$11 at the door, if available.

There will be an autograph session, Pros for Kids NFL Store, tricky tray auction, food, face painting, music, a sports memorabilia raffle and more!

For tickets please contact Myrna Gallipoli at 201-803 - 6024 or ezdesigns@optonline.net

The proceeds for this event

will be used for the Gift of Life Program, to provide life saving heart operations to children with congenital heart disease.

The WRHS Interact Club's goal is to raise money to sponsor children from the Gift of Life Foundation (\$3,000 per child).

Lonnie Allgood is a former NFL player for the Cincinnati Bengals, New Orleans Saints, and Buffalo Bills. He is the CEO/founder of a non-profit organization called "Dreams for Kids," and a member of the Red Bank Rotary Club.

Wood-Ridge Interact Club is sponsored by the Mid-Bergen Rotary Club (www.midbergenrotary.org) Photo provided by Frank Gallipoli ###

Mid-Bergen Rotary Teams Up With Allgood on Dictionary Project

On January 16th, 2008 the Mid-Bergen Rotary Club visited local schools to donate dictionaries to the Third Graders. These local schools include Catherine E. Doyle Elementary and Our Lady of Assumption in Wood-Ridge, Robert L. Craig Elementary in Moonachie, Memorial Elementary in South Hackensack, and Corpus Christi Elementary in Hasbrouck Heights.

Each year, the Rotary Club

donates dictionaries to the surrounding schools, but this year, fellow Rotarian, Myrna Gallipoli, asked Lonnie Allgood, former NFL player, to join the Rotarians in this annual project.

The schools visited that day were excited to receive dictionaries and to meet and learn from a former NFL player, Mr. Allgood, and the Rotarians.

The Third Graders learned how to use a dictionary, and

were taught the Rotary Four-Way Test. The Four-Way Test is a method used by Rotarians to make decisions.

It states: Is it the truth? Is it fair to all concerned? Will it build good will and better friendships? Will it be beneficial to all concerned? ###

The Mid-Bergen Rotary meets at the Hasbrouck Heights Holiday Inn every Tuesday and noon.

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How to Sell on eBay

The Free Public Library of Hasbrouck Heights sponsored a unique opportunity to learn the basics of selling on eBay, as well as the strategies the pros use.

The seminar was held on January 28, 2008 and was conducted by representatives from the United States Postal Service. Over 160 people came to learn how to turn their treasures into cash.

Highlights of the course included opening a seller's ac-

count, researching and creating a listing, writing descriptions and photographing items, setting prices and using PayPal to accept payments.

eBay calls itself "The World's Online Marketplace." It enables trade on a local, national and international basis.

With a diverse community of individuals and small businesses, eBay offers an online platform where millions of items are traded each day.

The United States Postal

Service (USPS) enjoys a special relationship with eBay.

They are qualified to proactively educate eBay users on the use of both eBay and how the Post Office may better serve the eBay community.

The certified instructors from USPS were Robert Fenimore and Dave Sparano. Also present from the Post Office were Ronald Bemby, Manager, Customer Services of the Hasbrouck Heights Post Office and Kathy Monaco, Regional Marketing Manager.

Everyone who attended received a CD entitled "Selling



on eBay Made Easy" sponsored by the USPS.

In addition to learning how to sell on eBay, participants learned benefits of dealing with USPS regarding shipping of items.

Topics included how to print labels, pay for postage, buy USPS Insurance, and request carrier pick-up with the USPS. Free co-branded boxes can also be delivered direct to

your home. For more information go to ebaysupplies.usps.com.

For further reading, there are books available at The Library on this subject and price guides for anyone wanting to know the current market value of collectibles. Stop by and see a research librarian to get started.

For more information contact Melissa at 201-288-6653. ###



How Sweet it is!

With loving hands and a creative imagination, adults and teens made decorative Valentine gift boxes filled with sweets at the February 5th

Crafts Club meeting.

The Craft Club meets the first Tuesday evening of the month from 6:30 - 8:30 p.m. and the third Wednesday afternoon of every month from 1:30 - 3:30 p.m. at The Hasbrouck Heights

Free Public Library.

The Crafts-to-Share Club has adopted a philosophy of giving to the community. Some of the participants have been donating handmade items, such as afghans and caps, to the patients of Hackensack University Medical Center. ###

"Rowdy Philosophers" Come to Hasbrouck Heights Library

The three authors of "101 Most Influential People Who Never Lived" are coming to The Free Public Library of Hasbrouck Heights on Tuesday evening, March 18, 2008, from 6:30 pm to 8:30 pm.

The three self-described "rowdy philosophers" from New Jersey — Allan Lazar, Dan Karlan and Jeremy Salter — have ranked the 101 "most influential people." The catch is they are fictional characters.

Come prepared to hear stories of characters of myth, legend, television, and movies and how they have "shaped our society, changed our behavior, and set the course of history."

This free seminar will be held in The Library's conference room at 320 Boulevard.

The co-authors of this unusual book treat the reader to an amusing short essay about each of the 101 fictional characters they deem to be the most sig-

nificant in American cultural history.

But even better, the authors will be at The Library to tell you these stories. So come prepared to thoroughly enjoy yourselves and learn a great deal about the real stories behind our fictional heroes/villains.

Be prepared to get answers to questions such as: How was World War II started by an opera? How many people will die because of a successful ad campaign? What do Archie Bunker, Hercules, Nancy Drew, and Santa Claus have in common?

A few more examples of these famous people include Big Brother, King Arthur, Santa Claus, Hamlet, Dr. Frankenstein's Monster, Dr. Jekyll and Mr. Hyde, Lady Chatterley, and many more. To get a preview of all of the famous, yet fictional characters, visit the web site <http://www.101influential.com/>.

The Library will have the book available for sale if you choose to purchase a copy. The authors will make themselves available after the seminar to sign the books. To register please call 201 288-0484 or log on to <http://hasbrouckheights.bccls.org> ###



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Pharmacist Corner

How Did A Once Rare Condition Like Depression Become So Common?

In this month's article, I want to inform the readers on the state of where we are as a nation when it comes to depression and its medical supervision.

Depression is a very serious illness that not only does the individual suffer with, but also the people around them. This article is merely a brief overview on its mismanagement.

A study of antidepressant use in private health insurance plans found that 43 percent of those who had been prescribed antidepressants had no psychiatric diagnosis or any mental health care beyond the prescription of the drug.

We know that women are prescribed twice as many psychiatric drugs than men and surprisingly, one out of every three office visits by women involved the prescription for an antidepressant.

The issue that I have is that family doctors are much more likely to write these prescriptions and not psychiatrists and therefore, follow-up counseling is not as thorough as it should be or maybe even non-existent.

One in five Americans have asked for a drug after they have seen it advertised. So doctors now have these added requests and often feel pressured to comply even if they have some reservations about the choice of drug or the diagnosis.

What then happens is that the doctor doesn't spend much time talking to the patient about the nature of the drug or the side effects.

A recent study showed that two thirds of doctors said nothing to the patient about how long to take the medication and only about a third of the time did doctors talk about side effects.

This is where the doctor and pharmacist should work together to monitor the patient's progress in the weeks and months after starting the medication, especially since the risk of suicidal behavior is increased in the first month after starting antidepressants. Now worst of all, there is no

need to even go to a doctor since all these drugs are readily available online with only a credit card and without a prescription.

Think about how happy this makes insurance companies if they only have to pay for the drug and not expensive therapy with a psychiatrist. After starting antidepressants and taking them for three months, three quarters of adults and more than half of children do not see a doctor specifically for mental health care.

Lines between distress and disease have gotten blurrier as the antidepressant market has gotten bigger. A generation or two ago, the onset of depression occurred around the age of 35 and the lifetime prevalence in the population was between 10 and 15 percent. Today, the initial bout of depression occurs around the age of 14 with a lifetime prevalence of about 40 percent.

A true diagnosis of major depression involves some combination of most of the following: inability to feel pleasure, loss of interest in everything, extreme self-hatred or guilt, inability to concentrate or do the simplest things, sleeping all the time or not sleeping at all, dramatic weight gain or loss, and suicidal thoughts or suicide attempts.

To make a very simple analogy, today's usage of antidepressants for life stress compared to true depression is like a gentle spring rain versus a hurricane.

We have made great strides in the acceptance of depression and that alone has increased its diagnosis, mainly for the better. Previous generations shunned those with mental health issues and the phrase "just snap out of it" was given as a solution.

It is broadly accepted today that everyone is depressed at least some of the time, but to start a six to nine month regimen of antidepressants without trying therapy or counseling initially, which has been proven to be highly effective, is not the right first step. ###

Sam Papasavas, RPh, is owner and Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ, 201-288-0404, www.bejaydrugs.com ###



"Suzie's Ques"

Practical Tips for a Healthier You

You know when you have a headache, sore throat, a cold or the flu. But do you know if you have chronic kidney disease (CKD), a potentially fatal condition that's often called "the silent disease" because it frequently isn't detected until it has reached the later stages?

March is National Kidney Month, the perfect time to take this test from the National Kidney Foundation by checking any of the statements below that apply to you:

- You have diabetes
- You have high blood pressure
- You have a family history of chronic kidney disease
- You are 60 years of age or older
- Your ethnic background is African-American, Hispanic, Asian or Pacific Islander

According to the National Kidney Foundation, one in nine Americans has CKD, but

many don't know it. Another 20 million are at increased risk of developing the disease, says "the foundation."

The leading causes of CKD are diabetes and high blood pressure. Diabetes increases pressure inside the kidneys filters. Over a period of time, this pressure damages the filters, which then leak protein into the urine. High blood pressure, or hypertension, means that the pressure of your blood against the walls of your blood vessels increases. If left untreated, hypertension can lead to CKD, heart attacks and strokes.

More clues as to whether or not you may have CKD are the following symptoms:

- Fatigue, a loss of energy
- Poor appetite
- Difficulty sleeping
- Dry, itchy skin
- Muscle cramping at night
- Swollen feet and ankles

- Puffiness around the eyes, particularly in the morning
- The need to urinate more often, especially at night
- Unexpected weight loss or gain

If you have any of the risk factors or symptoms here, or don't know whether or not you have any of the risk factors mentioned, see your doctor immediately for tests, including blood and urine tests that can determine how your kidneys are functioning

If left unchecked, CKD can lead to cardiovascular disease, among other serious health problems, as well as kidney failure. It can even be fatal.

Remember to consult your doctor for more information!

See you next month!

Got a question? Email me SuzanneKinzler@yahoo.com

Hasbrouck Heights resident Suzanne Kinzler is a Health/Physical Ed Certified Educator and author of, "A Multicultural Approach to Physical Education," 2002 Human Kinetics Publishing Co. ###

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BeJay Drugs thanks everyone who donated new blankets, food for the Back Pack Program and contributed to the Blood Drive!

March 2008 Heights Senior Calendar

Open to All Borough Seniors

SENIOR ACTIVITIES

Monday, March 3, 10, 17, 24, 31

10:00 a.m. Games, cards & coffee

Tuesday, March 4, 11, 18, 25

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, March 5, 19, 26

2:00 p.m. Senior Paced Aerobics \$1.00

Thursday, March 6, 13, 20, 27

10:00 a.m. to 2:00 p.m.

Games, television, & social activities

2:00 p.m. Senior Yoga \$1.00

Friday, March 7

10:00 a.m. Fun Bingo

Friday, March 21

Center closed for Good Friday

Friday, 7, 14, 28 -- 1:00 p.m. Movies

Check Center Bulletin Board for listings

CLUB MEETING SCHEDULE

Wednesday, March 5

10:00 a.m. Leisure Club Executive Meeting

Wednesday, March 12

1:00 p.m. Leisure Club Regular Meeting

Entertainer: Don Anthony

UPCOMING EVENTS

Wednesday, March 26

1:00 p.m. in Kiefer Auditorium "Babes in Arms"

Complimentary Senior Citizens Matinee

Wednesday, April 23, Brownstone Restaurant

Comedy: "Family Reunion Fiasco"

1 hour open bar -- Family Style Dinner,
\$55 per person. Call Joe at 201-288-9150 or
Charlie at 201-869-8215

The Leisure Club welcomes all Hasbrouck Heights Senior Citizens, 60 years of age or older. Annual membership is \$12 per year.

IHOP Gives Seniors Discount Cards

The snowstorm prior to the February meeting of the Leisure Club kept many of the members away; however, those that did attend enjoyed the afternoon out.

Joseph Costa, manager of the **Hasbrouck Heights IHOP** was the guest. He was there to notify the members that his restaurant has given the seniors a discount card to be used only at his establishment.

The discount cards are in the possession of President John Fitzin to distribute to seniors at the March 13th meeting.

The card has three sections, each of which can be used only once. When used it will be detached from the card. One section offers \$5.00 off on any bill \$15.00 or over; another lets you purchase one meal and receive a free second meal of equal or lesser value; and the last section offers you a 20% discount on any large group meals.

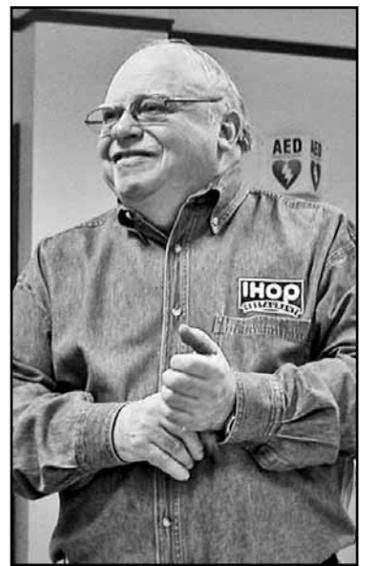
During the business portion of the meeting, the members were informed that all Borough seniors were invited to a free matinee performance of the Hasbrouck Heights High School Musical, "Babes in Arms." The show will take place on Wednesday, March 26th at 1:00 p.m. in the Kiefer Auditorium.

A trip to The Brownstone Restaurant has been scheduled for Wednesday, April 23rd. The \$55.00 price includes a one hour open bar and a full course dinner. The group will be entertained by the comedy of Uncle Floyd Vivino and Laura Roth in a skit entitled, "Family Reunion Fiasco." Interested seniors should call Joe at 201-288-9150 or Charlie at 201-896-8215.

Seniors also have an opportunity to spend a day at the High School on Thursday, April 10th. All interested seniors must sign up at the Senior Citizens Center. Seniors are to arrive between 8:45 a.m. and 9:00 a.m. and assemble in the Eglow Media Center. Breakfast and lunch will be provided. Se-

niors will have an opportunity to meet the school and district school leaders; tour the building; sit-in on classes; and view the state-of-the-art equipment available to the students. The day will end with student entertainment.

At the March meeting, Leisure Club members will be given an opportunity to vote on a proposed amendment to the By-Laws. The new amendment will allow officers to hold the same office for more than four consecutive years. *Story by Peter Gallo Jr. ###*



Bankers Talk to AARP Members

At the February meeting of the Central Chapter 418 of AARP, members of Greater Community Bank presented a program which covered the importance of joint accounts; trust funds; securing assets; and the many services provided by their bank.

The speakers were Debby Amicucci, Assistant Vice President and Branch Manager at Hasbrouck Heights, Monica Vanegas, Assistant Treasurer and Branch Manager at Hack-

ensack and Joseph DeCandia, Senior Vice President.

The members of AARP Chapter 418 meet at 12:30 p.m. on the second Friday of each month at the M & M Building located at 116 Holt Street in Hackensack. Future programs include Harpist Ardis Cavin in March, Attorney Michael Manna in April and David Kennedy, who will give a one-man performance as Mark Twain in May. PG ###

Harpist to Entertain at AARP Meeting

One of the rarest and most fascinating instruments in the New Jersey area will be heard on Friday, March 14th, when Ardis Cavin brings her Irish harp and songs to the next Central Bergen Chapter 418, AARP meeting.

Ms. Cavin will present a program of international songs which she accompanies with the unusual small harp. Not only is this harp very rare in the United States today, but Ms. Cavin's harp is an antique which dates from the late 1800's. Crafted of burlled maple, oak and pine, it has just thirty strings and is hand painted with green and gold shamrocks.

Ms. Cavin has performed extensively in the New York and New Jersey area and has been featured in the Hecksher Oval in Lincoln Center and the Donnell Music Library in New York City.

For her AARP performance, Ms. Cavin will present a program of traditional Irish songs and music played on the Irish harp. She will also relate surprising stories and the sto-

ries behind certain songs.

The Central Bergen Chapter 418, AARP meets at the M & M Building located at the corner of Holt and Lodi Streets in Hackensack. A short meeting at 12:30 p.m. will proceed the 1:00 p.m. performance. PG ###

Tax Preparation for Senior Citizens

Wood-Ridge Memorial Library is taking appointments for income tax preparation for senior citizens by the AARP on Wednesdays beginning February 6th through April 9th at the Wood-Ridge Senior Center (corner of Hackensack Street and Highland Avenue).

Appointments may only be taken by calling The Library at 201-438-2455. No one will be accommodated without an appointment. Once a senior has an appointment, he/she should bring last year's tax return, any reportable income, real estate taxes, and his/her 1099 Social Security year-end statement. ###



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Car Runs Into Heights Home

On February 18, 2008 at about 2:37 p.m., a Springfield Avenue home was struck by a vehicle traveling north on Woodland Drive.

A young man, apparently traveling at an unsafe speed, drove through the intersection of Woodland Drive and Springfield Avenue.

The vehicle struck the curb, drove up the front lawn, sheared a large bush and struck the front steps which pushed in the foundation. The air bag was deployed.

The Hasbrouck Heights Fire Department responded with Rescue Truck, both ambulances and Engine One.

The Department immediately surveyed the basement for structural damage. As a precaution, the residents were evacuated and the car was pulled away from the home.

The building inspector was called in to do an evaluation of the structure. The front foundation wall was damaged and will need to be rebuilt, but not to the extent as to condemn the home. The residents were permitted to return home that evening.



Hasbrouck Heights Police Department responding officers included Deputy Chief Robert Kroncke, Lt. Shawn Mullins, Officer Brian Donohue and Officer Jeffrey Werner.

The driver was issued a summons for careless driving. No injuries were reported. The accident is under investigation. ###

Household Hazardous Waste

Bergen County Utilities Authority (BCUA) will collect household hazardous waste on Saturday, March 8, 2008, from 9:00 a.m. to 3:00 p.m., at the BCUA (foot of Empire Boulevard) in Moonachie -- rain or shine. This service is free of charge for Bergen County residents -- ID is required.

A partial list of acceptable materials for collections includes: aerosol cans, anti-freeze, batteries, blacktop sealers, disinfectants, fertilizer, fire extinguishers, herbicides, insecticides, mercury switches, paints, pesticides, propane gas cylinders (1 lb. & 20 lb. only), solvents & thinners, used motor oil, varnishes.

A partial list of unacceptable materials includes: unlabeled wastes or containers with unknown contents, regulated medical wastes, radioactive materials and explosives, containers larger than five gallons, compressed cylinders (oxygen or acetylene), pressure treated lumber or railroad ties, computers, electronics and tires.

Computer and electronics can always be delivered to the BCUA Computer Recycling Center in Moonachie by appointment only.

For detailed information log onto www.bcua.org or call 201-807-5825.

(Businesses must pre-register prior to attending BCUA sponsored collection events. A disposal fee will be charged and collected. Call 201-807-8696 for details.) ###

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Pasta Night in Moonachie

About 250 attended a pasta night fundraiser to support the Moonachie Cub Scouts Pack 2 and the Moonachie First Aid and Rescue Squad that was held at the Moonachie Fire Department Building on Saturday, February 16 from 5:30 to 9:30 p.m. The Graycliff sponsored the dinner consisting of rigatoni w/tomato sauce and penne a 'la vodka, mini-meatballs, salad with dressing, cake and cookies, coffee, tea and soda. DJ music was provided by Tom DeLorenzo. The evening included a 50/50 raffle and tricky tray auction. ###



Happy Valentine's Day: The 21 members of Lodi Rescue Truck #1 held their 2nd Annual Valentine's Day rose sale fund drive on February 14th. They sold about 600 bunches from a tent set up in their headquarters parking lot on Main Street. ###

Woman's Club Hosts Golden Age of Radio

Dave Zwengler will present his "Golden Age of Radio" show at the Woman's Club at 1:30 p.m. on Tuesday, March 4, 2008, in the Senior Center of the Hasbrouck Heights Municipal Building, at 320 Boulevard.

Program Chair Rose Heck noted, "You can watch and listen to Dave Zwengler, the man of a thousand voices, as he recreates a magical day from the broadcast annals of old time radio."

The afternoon brings the comedy of Fred Allen, Edgar Bergen and Charlie McCarthy, along with the voice of Hasbrouck Heights' own Arthur Godfrey. He will also conjure up the Shadow, Inner Sanctum and the Lone Ranger."

A special segment will feature local talent presenting a script directed by Zwengler from a soap opera.

Woman's Club President, Audrey Ascione, invites the public "to come enjoy this special program. It blends the modern era with the greats from radio's golden past."

Both men and women are invited. RSVP to 201-288-0195, or Rose at 201-288-2158. Refreshments will be served after the program, keeping St. Patty's Day as the theme. ###

Identity Theft - What You Need to Know

The Kiwanis Club of Hasbrouck Heights-Teterboro will be hosting The Bergen County Sheriff's Office will provide a presentation on Identity Theft on March 6th, at 7:00 p.m., at the Hasbrouck Heights Free Public Library Meeting Room.

The presentation will discuss the most common forms of identity theft and provide specific recommendations to consumers to help reduce the likelihood of becoming a victim, and describe action-steps to take should identity fraud occur.

According to statistics, identity theft is the nation's fastest growing crime. Attend and learn how you can protect yourself. For more information contact Barbara at 201-288-0562. ###

PD5 Due April 1

Tax Collector Conchita C. Parker reminds those property owners who receive the Annual Post Tax Year Income Statement for qualified NJ residents, senior citizens, disabled persons or surviving spouses that the PD5 Forms must be returned to the Tax Collector's office by April 1.

If the PD5 form is not returned by that date, the Tax Collector will mail a Notice of Disallowance for the 2007 Property Tax Deduction.

For additional information call 201-288-1152. ###

Senior Citizen Tax Deduction

This notice is for those 65 and over. If you meet the income limit and qualify, you might be eligible for a senior citizen deduction on your real property tax.

Please call the Tax Office for more information at 201-288-1152. ###

AARP Plans Trip to Staten Island

The Central Bergen Chapter 418 of AARP has scheduled a trip to Le Greci's Staaten in Staten Island for Thursday, March 20, 2008. The theme for the day's festivities is the "Italian Feast of St. Joseph."

The day will feature an Italian celebration with great food along with Sinatra stylist, Steve Maglio, from the Carnegie Club in New York, plus Joe Arcanti & the Gondoliers Snowband and a great Italian-American comedian, Chris Monty.

There will be a one hour open bar. The meal will include a fresh garden salad,

either pasta or soup de jour and a choice of London Broil, Chicken Parmesan or Flounder Oregano. Wine and soda will be served during the dinner. A dessert with coffee or tea is also included.

The price for this fun day is \$62.00. Members of AARP Chapter 418 will be charged \$60.00. Payment is due by March 1st. Contact person is Julia at 201-288-1693.

The departure will be from the M & M Building located at the corner of Lodi and Holt Streets in Hackensack. Bus will arrive at 10:00 a.m. and will depart at 10:15 a.m. PG ###

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Hasbrouck Heights Garden Club Meeting

The Hasbrouck Heights Garden Club will be meeting at the Municipal Building on the second floor on March 20th. Refreshments will be served at 6:45 p.m. and the meeting begins at 7 p.m.

The speaker for the evening is Margo Renolds, a certified NJ Horticulturist.

Ms. Renolds was employed by the Monmouth County Park Systems and created the "Deep Cut Gardens" behind the Garden State Art Center. Her subject for the evening will be "Japanese Inspired Gardens."

The public is always welcome! For further information please call Judy at 201-288-2615. ###

Garageless Garage Sale

Tired of winter and not being able to go "Garage Sale-ing?" Want to get out of the house on Saturday morning? Come to St. John's Garageless Garage Sale on Saturday, March 15th, from 9:00 a.m. to 2:00 p.m. Shop and browse through our attic treasures and mildly used items for the house and you. St. John's is located at the corner of Terrace and Jefferson Avenues, Hasbrouck Heights. ###

Fashion Show Monday, March 3rd

The Carlstadt Mixed Chorus will present its Annual Fashion Show Monday, March 3rd, at 7:00 p.m., at The Fiesta in Wood-Ridge.

The \$30 donation includes a full course dinner. Fashions will be presented by The Dress Barn. For reservations call 201-652-0968 or 201-909-0808. ###

Rummage Sale

The Guild for Christian Services will hold their Spring Rummage Sale at the First Reformed Church on April 18th and 19th from 9:30 a.m. to noon.

Items for sale include clothing, shoes, toys, books and household items. Donations welcome. Proceeds will go to Church projects and missions. The Guild holds rummage sales every spring and fall. ###

Chinese Auction

The Woman's Club of Hasbrouck Heights is holding a Chinese Auction and light lunch at noon on April 16, 2008 in the Senior Center. Donation is \$15. Lots of prizes to bid on and a fun time for all. Handicap access and parking available. This event is to raise funds for their High School Scholarship and other donations. ###

Corned Beef & Cabbage Dinner

The Hasbrouck Heights Knights of Columbus will be hosting their Annual Corned Beef and Cabbage Dinner on Sunday, March 9th, from 5 p.m. to 7 p.m. in the Corpus Christi Cafeteria.

Tickets are \$10.00 for adults and \$5.00 for children 12 and under.

Dinner will include soft drinks, coffee, tea and dessert. Please call 201-462-0220 for tickets and more information. ###

Dinner & Fashion Show April 7th

VFW District 2 Ladies Auxiliary will be holding their Annual Dinner & Fashion Show on Monday, April 7th at The Fiesta, in Wood-Ridge, starting at 7:00 p.m.

Tickets are \$25 and include choice of Roast Beef, Chicken, or Fish entrees. Fashions will be presented by The Dress Barn.

The public is invited. For reservations and tickets call Louise at 201-797-8759. ###

Roast Beef Dinner Saturday, March 29

The Guild of Reformed Church Women will hold their Annual Roast Beef Dinner on Saturday, March 29, 2008, from 5:30 p.m. to 7:00 p.m., at The First Reformed Church.

Cost is \$12.00 for adults and \$5.00 for children under 12. Take-outs are available upon request. For tickets and reservations, call Pat at 201-288-0534 or Estella at 201-288-0378 before March 27. ###

St. Patty's Day Dinner-Dance

VFW Post 4591 is holding their Annual St. Patty's Day Dinner-Dance on Saturday, March 15, from 7:00 p.m. to 11:30 p.m. The event is open to the public.

Dinner includes green pea soup, salad, pasta, corned beef & cabbage, boiled red bliss potatoes, dessert and open bar. There will be live music by "Joe Caroselli." Cost is \$30 per person.

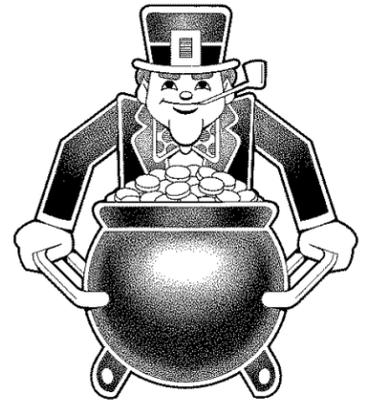
Reservations are requested by March 5th so that the appropriate amount of food can be ordered. Call Mike at 201-288-3654, Deborah at 201-330-2023, Andrew at 973-1812 or the Post at 201-288-1112. ###

Party with the Jr. Women's Club St. Patrick's Day

The Junior Women's Club of Hasbrouck Heights invites you to attend its St. Patrick's Day Party on March 15, at the Pioneer Club located at 208 Jefferson Avenue from 7 to 11 p.m. Must be 21 or older to attend. Public is invited.

Tickets are \$40 each, which includes an Irish Dinner, chicken, beer, wine, soda, dessert, coffee and tea. DJ entertainment, 50/50 Raffle, and door prizes.

To reserve a table for you and your friends, call Cara 201-342-3032. Proceeds to benefit JWCHH local charities and scholarships. ###



Leprechaun -- a creature in Irish mythology.

In Irish mythology, a leprechaun (Modern Irish: leipreachán) is a type of male faerie said to inhabit the island of Ireland.

Leprechauns and other creatures of Irish mythology are often associated with "faerie forts" or "faerie rings" — often the sites of ancient (Celtic or pre-Celtic) earthworks or drumlins.

They usually take the form of old men who enjoy partaking in mischief.

Their trade is that of a cobbler or shoemaker. They are said to be very rich, having many treasure crocks buried.

According to legend, if anyone keeps an eye fixed upon one, he cannot escape, but the moment the eye is withdrawn he vanishes.

Leprechauns rarely appear in what would be classed as a folk tale; in almost all cases the interest of these stories centers around a human hero.

Stories about leprechauns are very brief and have local names and scenery attached to them.

In most tales and stories, leprechauns are depicted as harmless creatures who enjoy solitude and live in remote locations, although opinion is divided as to if they ever enjoy the company of other spirits.

Although rarely seen in social situations, leprechauns are supposedly very well spoken and, if ever spoken to, could make good conversation.

The modern image of the leprechaun is depicted wearing an emerald green frock coat, and bestowed with the knowledge of the location of buried treasure, often in a crock of gold. ###

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Hasbrouck Heights \$529,000
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This 3 BR Cape Cod features nice size LR, large FDR w/hardwood floors & sliding doors to back covered patio. Basement has finished room and laundry room. Amenities include central air, one car garage. Residential location near park. Tour at: www.gatewaytohomes.com/2806776



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Lodi \$560,000
4 BR, 2.5 bath Colonial completely renovated inside & out. Boasts hardwood & ceramic tile floors, granite counter tops, beautiful deck & park-like back yard. Amenities: 2 zone C/A, gas heat, paver driveway and patio, quiet area & more! Tour at: www.gatewaytohomes.com/2738417



Hasbrouck Heights \$499,000
Custom brick Cape on large lot. LR w/fireplace, FDR, den, sun porch. Four BR, 2 baths, att. garage, finished base., in-ground pool. Tour at: www.gatewaytohomes.com/2804613



Hasbrouck Heights \$595,000
Large 3 BR, 2 bath Split Level home located on quiet dead end street. Offers tiled entry foyer, bright sunny LR with hardwood floors, tiled formal DR w/entrance to patio & modern eat-in-kitchen w/tile floors & Corian counters. Lower level: FR & full bath. Features include a finished basement, C/A & attached garage. Tour at www.gatewaytohomes.com/2736904



Moonachie \$399,999
Well maintained 3/4 BR home on quiet cul-de-sac. Not your typical Cape. The living room, kitchen, and bath are very large and all the bedrooms are a nice size. There is also a laundry room, two car tandem garage, and a nice deck for entertaining. The taxes are very low and property is 60 x 150. Tour at www.gatewaytohomes.com/2743608



Lodi \$330,000
Estate Sale - Priced to go! Spacious Ranch has LR w/fireplace, DR, updated EIK. Finished basement w/wet bar, summer kitchen and full bath. Home boasts C/A/C, a deep lot, and garage. One year home warranty included with sale! Hurry! Great for starter or downsizing. Tour at www.gatewaytohomes.com/2803168



Little Ferry \$289,000
Lovely Condo very convenient to NYC transportation in intimate gated complex. Very unique design w/open loft and skylights. 1.5 newer bathrooms, C/A/C, intercoms, patio, dishwasher, laundry and much more. Better than renting. Why wait, buy while rates are still low! Tour at: www.gatewaytohomes.com/2748612



Wood-Ridge \$379,000
Lovely Cape set on corner lot has 3 bedrooms with the potential for a 4th. This completely renovated home has new hardwood floors, carpet, kitchen, recessed lighting, & furnace. Amenities include: fireplace in living room and one car garage. Tour at www.gatewaytohomes.com/2745364



Lodi \$679,000
Young 2 Family on dead end street near Hilltop School! This gorgeous home features a stunning 6 room, 3 BR, bath, owner apartment with attic, finished basement w/fpl., bath and wet bar. C/A/C, granite counters, center island, garage, deck, pool and more. Spacious 2 BR rental unit. Separate utilities. This home is really priced to sell!! Tour at: www.gatewaytohomes.com/2803162



Hasbrouck Heights \$498,900
Beautiful, spacious 3 BR, 1.5 Bth Col. set on large 75 x 123 lot. Fabulous park-like setting. Large living room, den, formal dining room, new custom kit. w/brkfst room overlooking deck. Finished basement w/ family room plus den, bath and laundry area, oversized garage and driveway. Tour at www.gatewaytohomes.com/2745744



Little Ferry \$549,000
Two Family on 80 x 100 property. Driveway for each apartment. Main apartment has LE, MEIK, 3 BR's, plus finished basement w/summer kitchen, FR, bath and more. 2nd floor apartment is a large 2 BR. Separate electric and gas, detached garage and convenient location. Tour: www.gatewaytohomes.com/2801456



Hasbrouck Heights \$549,900
Well maintained 3 bedroom, 1.5 bath home on dead end street. Features hardwood floors, updated bath, vinyl siding, finished basement, patio and central air. Plus, a large, flat 120 X 100 double lot. Tour at: www.gatewaytohomes.com/2805734

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