

The Gazette

Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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March 2011

★★★★★



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The Robert L. Craig School was selected as one of the 300 NJ schools to receive a special visit from NJEA's "The Cat in the Hat" on February 17, 2011. Students from Pre-K to Second Grade were treated to a Dr. Seuss "Green Eggs and Ham" breakfast, followed by a visit from "The Cat" who met with the 123 children. The story "Green Eggs and Ham" followed. This event promoted reading and was a kick-off for "Read Across America" Day (*Dr. Seuss's Birthday - March 2*). More photos on page 12.

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Going for the Gold

On Sunday, February 6, 2011, the Hasbrouck Heights Recreation Department hosted their 5th Annual Invitational Wrestling Tournament.

Participating were recreation department teams from: Hackensack, Hasbrouck Heights, Hawthorne, Garfield, Lodi, Paramus, Saddle Brook, Waldwick, Wayne, Woodcliff Lake/Montvale and Wood-Ridge.

The Tournament was formerly the Andy Feintuch Wrestling Tournament, but the name has since been transferred to the Andy Feintuch District 5 Championship.

This wrestling event was held at the Hasbrouck Heights High School Gym on February 20, 2011. This event was open to the public.

Winners from the February 20th meet, hosted by Hasbrouck Heights Recreation, will advance to the North Jersey Regional Championships in Hackensack, Sunday, February 27, 2011.

Concession were staffed by Recreation Wrestling Parents, organized by Marilyn DalCortivo.

For more information go to: www.hasbrouckheightsrecwrestling.com ###



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Disney Princess Belle Visits HH Library



Young readers at The Hasbrouck Heights Free Public Library had the chance to meet a favorite Disney Princess as well as professional skaters from "Disney on Ice Princess Wishes."

During the visit, on January 25, 2011, children were treated to a reading of a fairy tale princess story followed by a special meet and greet with the enchanting Disney Princess, Belle.

About 150 children were treated to a photo opportunity with the Princess.

Mayor Rose Heck, Library Director Mimi Hui, Trustee president Lisa Traina and Superintendent of Schools, Dr. Mark Porto, had the Princess sign a bookplate and placed the book in The Library.

The visit was in anticipation of the performances of Disney on Ice Princess Wishes at the IZOD Center. ###



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Why Consider a Traditional IRA?

A traditional IRA (individual retirement account) is a critical retirement planning opportunity. Tax-deferred growth and a potential tax deduction are among its most important features. Traditional IRA considerations include:

• **Earned Income and Your IRA**

The amount you are permitted to contribute to an IRA is limited to your earned income. Earned income includes wages and self-employment earnings, but does not include interest or dividends. If you are married, your combined contribution limit is restricted to the total of your combined earned income.

• **IRA Contribution Limits**

The 2010 IRA contribution limits are unchanged. Since 2008, the limit you may contribute to a regular IRA has been \$5,000. However, if you will be 50 or older by the end of the year, you can contribute an extra \$1,000, for a \$6,000 total contribution limit. These limits apply to both regular and Roth IRAs. Although you may be eligible to contribute to both plans, your combined contribution to both accounts cannot exceed your above limit (\$5,000 or \$6,000).

• **Contribution Deadlines for IRAs**

Each IRA contribution relates to a specific calendar year. You can make a contribution from January 1 of that year until the filing deadline of your tax return. You don't have to make the entire \$5,000 contribution at once; you can make many smaller contributions, as long as the total contributed does not exceed \$5,000.

• **Will Your IRA Be Tax Deductible?**

Many individuals receive a tax deduction for their traditional IRA contributions. Unfortunately, not everyone qualifies for the deduction. If you are eligible to participate in a workplace retirement plan (such as a 401(k) plan) and your income exceeds certain levels, you may not deduct your IRA contribution. This is true even if you do not actually participate in your company's 401(k) plan.

• **An IRA Provides Tax-Deferred Growth**

Regardless of whether you

receive a tax deduction for your contribution, every traditional IRA grows tax-deferred. You do not have to pay any taxes on the earnings in the account. In fact, you do not even report the income to the IRS. It is not until you take your money out of the IRA, ideally during retirement, that you owe taxes.

Why Consider a Roth IRA
• **Roth IRAs Offer Tax-Free Earnings and Flexibility**

Roth IRA contributions are never tax deductible. But, there are other benefits, both before and after retirement, that may make this the right IRA for you.

• **Tax-Free Earnings**

This may be the greatest benefit. If the account is at least five years old and you are at least age 59½, you may withdraw your earnings tax free and penalty free at any time. You may also withdraw contributions tax free and penalty free

at any time.
• **Multiple Uses**
As with the Traditional IRA, you are allowed to take the same special purpose withdrawals from a Roth IRA under specific conditions.
• **No Required Minimum Distributions**

You are not required to take money out of your Roth IRA at any age. With a traditional IRA, the IRS requires you to take a minimum distribution from your IRA each year beginning at age 70½, or you will owe a 50% penalty tax on the amount you did not take. You also can contribute to a Roth IRA as long as you have earned income.

• **No Income Tax for Your Beneficiaries**

The beneficiaries of your Roth IRA will not have to pay income tax on the assets in your account if it was open for at least five years. ###

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Chip Dee Music Academy holds Open Mike Night every Friday evening from 7 to 9 p.m. in their studio at 195 Boulevard, Hasbrouck Heights. Jam, sing or just stop by to enjoy the talent. No cost. Call 201-288-8245 for details. ###

Fish ‘N Chips

The Contemporary Club of Hasbrouck Heights (*a Federated Woman’s Club*) will hold their Annual Fish and Chips Dinner on Thursday, March 24, 2011, from 5:30 until 7:00 p.m., at Holy Trinity Lutheran Church, located at the corner of Burton and Hamilton Avenues in Hasbrouck Heights.

Tastefully British Caterers will again be catering the event. Tickets are \$14.00 for adults and \$8.00 for children under 10 years of age and must be purchased in advance. No tickets will be sold at the door.

Pre-paid take-out is available. For reservations, please contact Marge at 201-288-8933; deadline is March 18. Proceeds will benefit Club projects. ###

Dinner and Fashion Show

Carlstadt Mixed Chorus presents the Annual Dinner and Fashion Show at The Fiesta, Rt. 17 South in Wood-Ridge, on March 7, 2011, at 7 p.m. Donation \$35.00. Fashions presented by The Dress Barn.

For reservations call 201-652-0968 or 973-777-6677. ###

Dinner & Fashion Show March 28

VFW District 2 Ladies Auxiliary will be holding their Annual Dinner & Fashion Show on Monday, March 28, 2011, at The Fiesta, Route 17 South, Wood-Ridge, NJ, starting at 6:30 p.m.

Tickets are \$30 and include choice of Roast Beef, Capon or Fish entrees. Fashions will be presented by The Dress Barn.

The public is invited. For reservations and tickets, call Louise at 201-797-8759. ###

Meatless Pasta Dinners

Saint Margaret of Cortona’s Parish Social Life Committee is sponsoring 5 meatless Pasta Dinners on Fridays during Lent, March 18, 25, April 1, 8 and 15, 2011. Dinners will be served from 5:30 – 7 p.m. in Marnell Hall in the Parish Center at the corner of Liberty St. and Chamberlain Ave., Little Ferry.

Cost is \$6 for adults and \$3 for children under 10.

For information, call Ellie at 201-641-0883. ###

Roast Beef Dinner Saturday, April 2

The Guild of Reformed Church Women will hold their Annual Roast Beef Dinner on Saturday, April 2, 2011, from 5:30 p.m. to 7:00 p.m., at The First Reformed Church.

Cost is \$15 for adults and \$5 for children under 10. Take-outs are available upon request.

For tickets and reservation call Estella at 201-288-0378 or the Church office at 201-288-1122 before March 26th. ###

Pasta Night at Assumption

The St. Anthony Council 11585 Knights of Columbus is hosting a Pasta Night on Ash Wednesday, March 9, 2011 in the school cafeteria.

There are three seatings: 4:30 p.m., 5:30 p.m., and 6:30 p.m. Tickets are \$5.00. Tickets are available for advance purchase by contacting Peter, 201-288-0276, or at the door. Take out is available. All proceeds to benefit council activities. Assumption School is located at 151 First Street, Wood-Ridge. PG ###

Lions Annual Pancake Breakfast

Carlstadt/East Rutherford Lions Club will hold its Annual Pancake Breakfast event on March 6, 2011, from 8:00 a.m. to noon at the East Rutherford Civic Center, Vreeland Avenue, East Rutherford. Price per ticket for an adult is \$5.00 and children under 5 are free. For tickets, call 201-306-0987. Walk-ins are welcome.

The Carlstadt/East Rutherford Lions Club meets on the first and third Wednesday of the month at the Park Tavern Restaurant on Park Avenue in East Rutherford. Meeting times are at 6:00 p.m. and held over dinner. New members are always welcome. ###

Scouting for Food

Troop 17 and Cub Pack 17 of Hasbrouck Heights will be taking part in the National Scouting program of Scouting For Food on Saturday, March 19, 2011, from 9 a.m. until 12 noon.

Scouts will be coming around to collect donated food and non-perishable items for the local food bank.

Please leave items in shopping bags on front steps of your homes. Bags may also be brought to the Hasbrouck Heights Food Bank.

This program provides community service within our own neighborhood and is part of the Good Turn for America, "helping others at all times" program. Please consider making a donation. *Scribe, Troop 17.* ###

Fish & Chips March 12

Saint Margaret of Cortona’s Parish Social Life Committee is sponsoring their 8th annual Fish and Chips Dinner on Saturday, March 12, 2011.

Cooking will be done by Tastefully British.

Dinner will be served from 6:15 – 7:30 p.m. in Marnell Hall in the Parish Center at the corner of Liberty St. and Chamberlain Ave., Little Ferry.

Cost is \$13 per meal, and includes Fish, Chips, Cake, Coffee and Tea. No tickets will be sold at the door. Take-out orders are available.

For information, call Ellie at 201-641-0883. ###

Rummage Sale

The Guild of Reformed Church Women will hold their Spring 2011 Rummage Sale at the First Reformed Church on Friday, April 15, and Saturday, April 16 from 9:30 a.m. to noon.

Items for sale include clothing, shoes, toys, books and household items. Donations welcome. Proceeds will go to Church projects and missions. The Guild holds rummage sales every spring and fall. For more information, call Estella at 201-288-0378. ###

Garageless Garage Sale

Tired of winter and not being able to go “Garage Sale-ing?” Want to get out of the house on Saturday morning? Come to St. John’s “Garageless Garage Sale” on Saturday, March 26, 2011, starting at 9 a.m. Shop and browse through attic treasures and mildly used items.

Donations welcome. Set-up is Thursday, March 24, 2011. For more information, call the Church office at 201-288-0002. St. John’s is located at the corner of Terrace and Jefferson Avenues, Hasbrouck Heights. ###

FOCAS Holds Flea Market

FOCAS kicks-off its 2011 Flea Market season, Saturday, March 26, from 10 a.m. to 4 p.m. and Sunday, March 27, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

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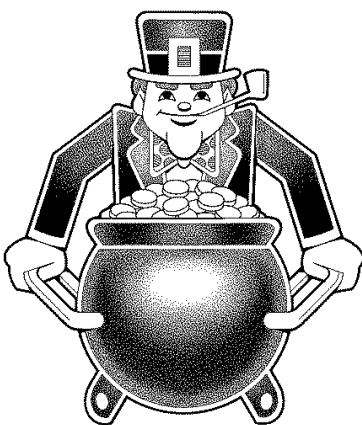
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For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.
~John 3:16

Corned Beef & Cabbage Dinner

The Hasbrouck Heights Knights of Columbus will be hosting their Annual Corned Beef and Cabbage Dinner on Sunday, March 13, 2011, from 5 p.m. to 7 p.m., in the Corpus School Christi Cafeteria.

Dinner will include soft drinks, coffee, tea and dessert. Event will include a very large tricky tray and 50-50 raffle. Call 201-707-3554 for tickets and more information. ###



Leprechaun -- a creature in Irish mythology.

In Irish mythology, a leprechaun (Modern Irish: leipreachán) is a type of male faerie said to inhabit the island of Ireland.

Leprechauns and other creatures of Irish mythology are often associated with “faerie forts” or “faerie rings” — often the sites of ancient (*Celtic or pre-Celtic*) earthworks or drumlins.

They usually take the form of old men who enjoy partaking in mischief.

Their trade is that of a cobbler or shoemaker. They are said to be very rich, having many treasure crocks buried.

According to legend, if anyone keeps an eye fixed upon one, he cannot escape, but the moment the eye is withdrawn he vanishes.

Leprechauns rarely appear in what would be classed as a folk tale; in almost all cases the interest of these stories centers around a human hero.

Stories about leprechauns are very brief and have local names and scenery attached to them.

In most tales and stories, leprechauns are depicted as harmless creatures who enjoy solitude and live in remote locations, although opinion is divided as to if they ever enjoy the company of other spirits.

Although rarely seen in social situations, leprechauns are supposedly very well spoken and, if ever spoken to, could make good conversation.

The modern image of the leprechaun is depicted wearing an emerald green frock coat, and bestowed with the knowledge of the location of buried treasure, often in a crock of gold. ###

HH JWC St. Pat's Party!

Kick off St. Patrick's Day with the Junior Women's Club of Hasbrouck Heights annual party at the Hasbrouck Heights VFW Post 4591, on March 5, 2011, at 7 p.m.

Come on your own or make our party your party and reserve a table. Tickets are \$40 per person. Ticket includes Irish dinner (*corned beef or chicken*) and dessert, beer, wine, Step dancing, DJ, and door prize. There is also a tricky tray and 50/50. Must be 21 or older to attend. Proceeds to benefit Junior Women's charities and local scholarships.

For tickets please call Cara: 201-288-0479. ###

About St. Patrick

Saint Patrick was not actually Irish. Historical sources report that he was born around 373 A.D. in either Scotland (*near the town of Dumbarton*) or in Roman Britain (the Romans left Britain in 410 A.D.).

His real name is believed to be Maewyn Succat (*he took on Patrick, or Patricus, after he became a priest*).

He was kidnapped at the age of 16 by pirates and sold into slavery in Ireland. During his 6-year captivity (*he worked as a shepherd*), he began to have religious visions, and found strength in his faith.

He finally escaped (*after voices in one of his visions told him where he could find a getaway ship*) and went to France, where he became a priest (*and later a bishop*).

When he was about 60 years old, St. Patrick traveled to Ireland to spread the Christian word. It's said that Patrick had an unusually winning personality and that helped him win converts.

He used the shamrock, which resembles a three-leafed clover, as a metaphor to explain the concept of the Trinity (*father, son, Holy Spirit*).

Legend has it that Saint Patrick drove all the snakes out of Ireland. They all went into the sea and drowned. The snake was a revered pagan symbol, and perhaps this was a figurative tale alluding to the fact that he drove paganism out of Ireland. ###

Bockbeerfest Welcomes Spring

The Carlstadt Turnverein, Inc. will sponsor a Bockbeerfest and dance on Saturday, March 26, 2011, at the Turn Hall, 500 Broad Street, Carlstadt. Bockbeer is a special beer brewed to welcome spring and summer.

Donation of \$35 includes a platter of food, coffee and cake. Drinks are available at the bar. Kitchen opens at 7:30 p.m. Starting at 8 p.m., Bernie's Orchestra will play until 12 a.m. for your dancing pleasure.

For reservations call 201-652-0968 or 973-777-6677. ###

Beware the Ides of March

Those familiar with history or William Shakespeare's play “Julius Caesar,” recognize the reference to March 15, the day of Julius Caesar's assassination in 44 B.C. after declaring himself dictator of Rome for life.

“Beware the Ides of March” is the soothsayer's message to Julius Caesar, warning of his death and has forever imbued that date with a sense of foreboding.

After Caesar's untimely exit, superstitious Romans may well have avoided launching a business, marriage or other important venture on a date so cloaked in doom it eventually entered the lexicon as a metaphor for impending catastrophe.

But in Roman times the expression “Ides of March” did not necessarily evoke a dark mood—it was simply the standard way of saying “March 15.”

A Roman saying, “four Ides,” (*meaning four days before Ides*), would be just as clear to other Romans as someone saying March 11.

For ancient Romans, an Ides was merely one of several common calendar terms used to mark monthly lunar events. The Ides simply marked the appearance of the full moon.

Each month has an Ides (*usually the 15th*) and this date wasn't significant in being associated with bad luck or doom. ###

Don't Drink and Drive

In America, Saint Patrick's Day is basically a time to wear green and party. The first American celebration of Saint Patrick's Day was in Boston, Massachusetts, in 1737. As the saying goes, on this day "everybody is Irish!" Over 100 U.S. cities now hold Saint Patrick's Day parades, the largest is held in New York City.

Green is associated with Saint Patrick's Day because it is the color of spring, Ireland, and the shamrock. Leprechauns are also associated with this holiday, although no one is sure why. Leprechauns of legend are actually mean little creatures, with the exception of the Lucky Charms type guy. He was probably added later on because he looks nice on greeting cards.

W-R Knights Corned Beef Dinner March 19

This year, St. Patrick's Day falls on a Thursday; however, the St. Anthony Council 11585, Knights of Columbus invites all to celebrate with them on Saturday, March 19, 2011 (*St. Joseph's Day*). The Knights will host their Third Annual Corned Beef Dinner, from 7 p.m. to 10:00 p.m., at the Father Patrick Morris Hall, located in the basement of the Assumption Church in Wood-Ridge.

The dinner will be catered by Jahn's Delicatessen and the admission is \$15.00 per person. Tickets may be purchased at the door or from any member of the Knights of Columbus. PG ###

Fish & Chips March 18

Rutherford's St. Mary High School PTO is sponsoring a fish and chips dinner on Friday, March 18, 2011, from 6 to 8 p.m. Tickets are \$14; children under 12 are \$9, and must be purchased in advance. Take out is available. For more information call Doreen at 201-288-0322 or e-mail at dms320@hotmail.com ###

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Police Chief Warns of Scams

Hasbrouck Heights Police Chief Michael Colaneri reminds residents that as spring approaches, residents should be aware of warm weather scams.

Questionable people usually prey upon senior citizens and people living alone, because they would rather deal with a lone decision maker.

With no one to confer with, it makes it easier for them to weave their web of deception.

The Chief said, "They prey on senior citizens because they have the time, they're home, and they're mellow in their older age. They try to see the good in everybody."

People should be suspicious of unsolicited work of-

fers. "The day of door-to-door salesmen is over," Chief Colaneri said.

"If you've got somebody going door to door for house repairs, the chance is good that it's some kind of scam."

They say they are doing the house down the street and offer a discount.

Sometimes they will try to scare their prospects by bringing up dangerous situations that must be corrected immediately. But most often, nothing is wrong or just a minor repair would be needed.

One of the more common scams is to knock on the door and tell the homeowner that they do roofing, and when pass-

ing by they noticed that the roof is badly damaged.

They explain how the home is being damaged even before leaks become visible.

They use high pressure, aggressive tactics and convince the homeowner that the roof needs immediate attention.

They ask for cash and say they will need to get some supplies and be right back. That's the last time you will see them or your money.

Always remember to use common sense and think about it for a minute. How can these strangers show up and tell you about a serious problem that you are unaware of?

In another variation of this scam, workers will begin a home repair job such as repaving a driveway, take the deposit, and never return to finish the work.

The bogus contractor will begin the job and tell the resi-

dent that the damage was worse than originally estimated, so he or she will have to pay more money.

The best way to avoid becoming a victim of a home repair scam is not to allow people to do repairs unsolicited.

On some occasions, scammers have been known to work in tandem, gaining access into the home on the pretense of using the bathroom. While one of them has the attention of the homeowner, one of the other men or women will quickly search for cash and valuables to steal.

Never let any of these people in your home under any circumstances.

Chief Colaneri said, "Most people are inherently good. Most businesses are legitimate and provide good services at fair prices.

However, the consumer should be suspicious of any

cold call or visit to your door without an appointment.

Anyone coming to your door should be able to identify themselves with proper I.D., company uniform or commercial vehicle (*it is required to be lettered with the name and base town of the company*).

Most importantly, do not be pressured by anyone. Follow your instincts; if you are uneasy, lock your door and call a neighbor or the police."

If senior citizens ever suspect a problem, the most important thing to do is call the police at 201-288-1000.

"If they feel that they have been scammed, there's a good chance that they're not the first one and we need to know about it," Chief Colaneri said. "The more reports we have, the better chance we have of catching them." ###

Safeguard Your Home

BCUA Collects Household Hazardous Waste

While most people are interested in safeguarding their homes, many dangerous and environmentally unsafe materials gather dust in garages and basements, such as batteries, paints, and insecticides.

Hazardous waste can safely be removed from homes and be recycled or disposed of properly at the Bergen County Utilities Authority (BCUA) Household Hazardous Waste Collections.

BCUA will collect household hazardous waste on Saturday, March 12, 2011, from 9:00 a.m. to 3:00 p.m., at the BCUA (*foot of Empire Boulevard*) in Moonachie -- rain or shine. This service is free of charge for Bergen County residents -- ID is required.

A partial list of acceptable materials for collection includes: aerosol cans, anti-freeze, batteries, blacktop seal-

ers, disinfectants, fertilizer, fire extinguishers, herbicides, insecticides, mercury switches, paints, pesticides, propane gas cylinders (*1 lb. & 20 lb. only*), solvents and thinners, used motor oil, varnishes.

A partial list of unacceptable materials includes: unlabeled wastes or containers with unknown contents, regulated medical wastes, radioactive materials and explosives, containers larger than five gallons, compressed cylinders (*oxygen or acetylene*), pressure treated lumber or railroad ties, computers, electronics and tires.

For detailed information log onto www.bcu.org or call 201-807-5825.

(*Businesses must pre-register prior to attending BCUA sponsored collection events. A disposal fee will be charged and collected. Call 201-807-8696 for details.*) ###

"Spring Forward" March 13

Daylight Saving Time will commence on the second Sunday in March and end on the first Sunday in November.

At 2 a.m., on March 13, 2011, clocks should be set forward one hour ahead of standard time (*spring forward*).

Daylight Saving Time allows us to use less energy in lighting our homes by taking advantage of the longer and later daylight hours.

Daylight Saving Time was instituted in the United States during World War I in order to save energy for war production by taking advantage of the later hours of daylight between April and October.

During World War II, the

federal government again required the states to observe the time change. Between the wars and after World War II, states and communities chose whether or not to observe Daylight Saving Time.

In 1966, Congress passed the Uniform Time Act which standardized the length of Daylight Saving Time.

Daylight Saving Time is four weeks longer since 2007 due to the passage of the Energy Policy Act in 2005.

The Act extended Daylight Saving Time by four weeks from the second Sunday of March to the first Sunday of November, with the hope that it would save 10,000 barrels of oil

each day through reduced use of power by businesses during daylight hours.

Unfortunately, it is exceedingly difficult to determine energy savings from Daylight Saving Time and based on a variety of factors, it is possible that little or no energy is saved by Daylight Saving Time.

The idea of daylight saving was first conceived by Benjamin Franklin in 1784.

A study by the U.S. Law Enforcement Assistance Administration found that crime was consistently less during periods of Daylight Saving Time than during comparable standard time periods. Data showed violent crime down 10 to 13 percent. It is clear that for most crimes where darkness is a factor, such as muggings, there are many more incidents after dusk than before dawn, so light in the evening is most welcome. ###

National Poison Prevention Week

Wood-Ridge Public Safety officials remind area residents to observe National Poison Prevention Week, March 20-26, 2011, which is designated to highlight the dangers of poisonings and how to prevent them.

Most poisonings occur when parents or caregivers are home, but not paying attention.

The most dangerous potential poisons are medicines, cleaning products, antifreeze, windshield wiper fluid, pesticides, furniture polish, gasoline, kerosene and lamp oil.

• Store medicine, cleaners, paints/varnishes and pesticides in their original packaging in locked cabinets or containers, out of sight and reach of children.

• Install a safety latch - that locks when you close the door - on child-accessible cabinets containing harmful products.

• Purchase and keep all medicines in containers with safety caps. Discard unused medication.

• Never refer to medicine as "candy" or another appealing name.

• Check the label each time you give a child medicine to ensure proper dosage.

• Never place poisonous products in food or drink containers.

• Maintain working smoke and carbon monoxide detectors.

Treatment: If your child is unconscious, not breathing, or having convulsions or seizures due to poison, contact or ingestion, call 911. If your child has come in contact with poison, and has mild or no symptoms, call your poison control center at 1-800-222-1222. ###

Online calendars can help your computer update automatically. When it's time to spring forward or fall back, many people just change their clocks before going to bed, or reset them in the morning when they wake up, rather than changing the clocks exactly at 2:00 in the morning.

Be careful when changing your clocks before bed, though - some clocks are smart enough to change the time automatically for DST. If you change the time manually, you may end up an hour off. ###

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Moonachie Centennial Parade/Picnic/Fireworks Planned for May 14, 2011

On Saturday, May 14, 2011, the community of Moonachie will hold a parade throughout the town, with picnic followed by fireworks at the Redneck Avenue recreation fields.

The Centennial parade is being organized by the Moonachie Centennial Committee.

Parade staging area will be on Empire Boulevard, with judging between 10 a.m. and 2 p.m.

The parade will include floats, antique cars, fire trucks, as well as presentations by many Moonachie civic organizations.

The parade will begin at 3

p.m. and travel up Moonachie Road to Broad Street to Frederick Street to Joseph Street to Redneck Avenue and concludes at the Ball Fields. The Grandstand will be on Joseph Street.

Trophies will be awarded and dash plaques given to parade vehicles.

The grounds will be filled with amusements, lots of food, games, refreshments, etc., with the Fire Department hosting a "beer tent" for adults.

At dusk, a significant fireworks display is scheduled.

Rain or shine, this free 100th Celebration is open to the public. ###

Parade Shirts Available

Join Moonachie's Centennial Celebration by ordering Commemorative shirts.

This quality shirt will have colorful graphics on both sides to reflect the Community's 100th Celebration of the Borough, the R.L. Craig School and the Fire Department.

Pre-orders are recommended and must be made by March 11, 2011. Shirts will be ready for the Parade date of May 14, 2011.

A wide range of sizes are

available ranging from (YM) for \$15 to (XXXL) for \$17. (*Note that youth shirts are available by pre-order only.*)

Order forms are available at the Moonachie Borough Hall or the Moonachie Fire House.

A limited supply of these shirts will be available on the day of the parade at the Redneck Avenue Ball Fields.

For more information call Kevin at 201-921-9247 or Frank at 201-522-7922. ###

2011 Street Fair is May 15, 2011 Sponsors Invited

An estimated 30,000 folks enjoyed the Hasbrouck Heights Second Annual Street Fair on The Boulevard, Sunday, May 16, 2010.

Two stages featured continuous live entertainment. The dunk tank was a big hit. There were amusements, inflatables, trackless train, etc., as well as face painting. A stilt walker, mime and costumed characters delighted the youngsters.

Over 150 vendors provided lots of fun, festival food like cotton candy, hot dogs, pizza, sausage & peppers, ice cream, etc.

This free event was provided by the generosity of many sponsors. This included many Hasbrouck Heights businesses who set up tables and displays to sell wares, food, provide give-a-ways, raffle drawings... even hair styling!

Many community organizations participated. The event was sponsored by The Borough of Hasbrouck Heights and The Mayor's Business Community Committee, who contracted Cliffhanger Productions.

Call 201-288-0195 to be part of this spectacular event on May 15, 2011. ###

March Flower
Daffodil

Wood-Ridge Memorial Foundation Annual Dinner Dance March 26

Wood-Ridge Memorial Foundation President Paul Calocino is pleased to announce the selection of Dr. Louis Napolitano, Dennis Brubaker and Geri Berhain as the Foundation's honorees for 2011.

All three have had a great impact on the community and students of the Borough and are well deserving of this honor!

Dr. Napolitano is celebrating his 50th year as a practicing, caring physician in the community. He has over these many years contributed in many ways (*often anonymously, behind the scenes*) to many residents.

Dennis Brubaker has served the community and students for well over 20 years as a member of the Wood-Ridge Recreation Commission. He has been an active member of many community functions and can always be found "helping" someone.

Geri Berhain has been a teacher in the Wood-Ridge Public School system for more than 25 years. Currently teaching at the Ostrovsky Middle School, she has touched the lives of hundreds of students in a very positive way.

The dinner will be dedicated to former Foundation

President A. John Borresen, who died in November last year.

His leadership and dedication enabled the Foundation to grow beyond anything that could have been imagined when the Foundation was initially formed.

The dinner will be held on Saturday evening, March 26, at The Fiesta.

Tickets and ad journal information are available by contacting event chairman Jack Nagel at P.O. Box 166, W-R. Phone 201-641-2803 or email janpro911@aol.com *Story by Jack Nagel. ###*

Scholarship Available to Class of 2011

The James B. Scarr Post 106, American Legion, is seeking applicants for its scholarship to be awarded to a student who will pursue his or her education after high school. It was established last year as the post celebrated its 91st Anniversary.

The \$1,000 scholarship will be awarded to a deserving young man or woman who is a resident of Hasbrouck Heights and who is in the Class of 2011, at either a public or private

school. The applicant must be a child, grandchild, great-grandchild or a legally adopted child of a U.S. Veteran who has been Honorably Discharged. The award is to be applied to the cost of continuing education at any technical school or degree granting college or university within the United States.

Applications can be obtained in the following manner: seniors who are attending a school outside the district

should contact Mr. Peter Gallo, 201-288-0276, and have one sent to them; and seniors who are attending Hasbrouck Heights High School can obtain one from their Guidance Department.

Applications must be completed and returned to the American Legion by May 2, 2011. *Story by Peter Gallo Jr. ###*

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Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

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Things to Do in Your Garden This Month

- Remove winter mulches
- Clean up the garden/weed
- Have soil tests run
- Improve soil with organic matter and pre-plant incorporation of fertilizer
- Rake & aerate lawn
- Apply lime if needed
- Reset perennials that have frost-heaved
- Start vegetables and flowers from seed
- Sow seeds outdoors of hardy annuals, such as poppies

- and cornflower
- Plant sweet peas and garden peas on St. Patrick's Day, if soil workable
 - Plant cold-tolerant vegetables such as onions and peas (mid to late month)
 - Look for and remove cedar apple rust galls on Eastern red cedar
 - Plant or transplant trees and shrubs when soil workable
 - Fertilize trees and shrubs (late)
 - Prune trees, shrubs that do not flower in spring (*unless renovation pruning*)
 - Clean out all of your bird-houses now, so that they will be ready when the birds return.
 - Repair any fencing, arbors, or trelliswork that is weak or has broken over the winter.
 - Check the plants under the eaves of the house and under tall evergreens to see that they have sufficient moisture. ###

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Chamber/Garden Club Boulevard Beautification

Donations Sought

Beautiful flowering planters have adorned The Boulevard for the past five years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the HH Garden Club, invites businesses and residents to sponsor a flowered planter to be placed along The Boulevard during 2011, by making a donation.

A donation of \$40 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

The funding has become dangerously low. Your generosity is especially appreciated this year.

The work will be done by the Garden Club at the DPW after the May 15th frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants

during the season. After the summer, the DPW will collect the flower pots and store them for the winter.

Green thumb volunteers are welcome to help with the initial planting. Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

March Tours: NJBG/Skylands Manor

- March 6 (Sunday), 11 am-3 p.m.: Skylands Manor Tours. Historic tours guided by NJBG docents. Please call for details and availability. Adults: \$5; Seniors: \$3; Ages 6-18: \$1; Under 6: free.
 - March 19 (Saturday), 10 a.m.: End-of-Winter Tree Walk. Join Rich Flynn, the Garden's Head Landscape Designer, as he leads this perennial favorite. Learn the differences among trees and how to tell them apart in this special tree walk. Rain/snow date: March 26, 10 am. FREE.
 - March 20 (Sunday), 1 p.m.: Family Woodland Walk. Join Rich Cahayla-Wynne on an easy, kid-friendly walk in the Garden's woodlands. Learn about the plants, animals and geology around you in a walk designed to fit the group. Wear sturdy shoes, meet at the Carriage House. Rain cancels. FREE.
- For more information call 973-962-9534 or visit www.njbg.org/###

Hasbrouck Heights Garden Club

Would you like to grow a fig tree or are you having problems with your fig tree?

Mr. Muzychko is the founder and owner of Bill's Figs located in Hunterdon County, NJ. He has developed a system that not only eliminates the need to "bury" fig trees during the winter but also increases crop output. He has over 230 varieties of fig trees. So come and find out how you too can be successful.

The meeting is on March 17, 2011, at 6:45 p.m. at the Library Meeting Room. Refreshments will be served. The public is always welcome! For further information, please contact Judy at 201-288-2615. ###

Earth Day 2011

A Billion Acts of Green

In recognition of the power of millions of individual actions, April 22, Earth Day 2011, will be organized around A Billion Acts of Green®: Personal, organizational and corporate pledges to live and act sustainably.

At over 42 million actions to date, the Billion Acts of Green® campaign – the largest environmental service campaign in the world – is steadily building commitments by individuals, corporations, and governments in honor of Earth Day.

A Billion Acts of Green® inspires and rewards both simple individual acts and larger organizational initiatives that further the goal of measurably reducing carbon emissions and supporting sustainability.

The goal is to register one billion actions in advance of the Earth Summit in Rio in 2012.

A Billion Acts of Green® demonstrates the kind of environmental impact that can be made when millions of people, corporations and organizations make commitments, both small and large, to better their environment. For more information go to: www.earthday.org.###

Trees for the Earth:

In 2010, Earth Day Network planted over 1 million trees in 16 countries under the Avatar Home Tree Initiative.

In 2011, EDN will continue that effort with another 1 million trees in large-scale, sponsor supported tree-planting projects in partnership with non-profit organizations throughout the world.

Locations where reforestation is most urgently needed include Haiti, Brazil, Mexico and urban areas of the US.

Help green our future, one million trees at a time. ###

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St. John's Annual Plant Sale & Flea Market

Mark your calendars! Spring is just around the corner and it is time to start planning our gardens.

Flowering plants, hanging pots, and vegetable plants will be offered for sale. As in previous years, all plants are hand picked at the nursery by experienced gardeners.

Pre-orders for the St. John's Plant Sale are due by Sunday, May 1, 2011.

Pre-order forms are available by calling 201-288-0002 before Sunday, April 24, 2011 and leave a message. All plants are reasonably priced and of the highest quality. ###

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Real Estate Insight

By Mary Ellen Courtney



Home Sellers' New Year's Resolutions 2011

If it's your New Year's resolution to sell your home in 2011, then you've got some work to do. In case you don't know, there's a lot of inventory out there and, in a buyer's market like this one, getting an offer on a home can be challenging. Still, for the committed seller willing to do some prep work and come to terms with the current value of his/her home, locking in a buyer is not mission impossible.

By listing in these winter months, you might be able to catch some of those early birds who start browsing with an eye to getting installed before school starts in the fall. Many buyers, we've found, started their searches online right after Christmas. Activity, in fact, has been fairly brisk in our Hasbrouck Heights/Wood-Ridge area this month and last.

To give your home the best chance to get noticed – and sold – in 2011, consider the following tips....

Price it Right from the Start. It's always best to consult with a real estate agent to ensure your house is priced competitively and well-staged. As we in the business know, there are always three factors to getting a home sold – location, price and condition.

Of these, only two are under your control: price and condition. And of these two, price is most significant (*price will correct bad condition, but condition will never overcome a bad price*).

A frank and honest CMA (*comparative market analysis*) obtained from your Realtor is extremely important.

Get the House Ready.

Most sellers know they need to de-clutter, paint in neutral colors and generally stage the home as best as they can to help buyers envision themselves in the home. Again, your expert real estate agent should be able to give you good advice here (*essentially, the closer your house gets to looking like something out of a Pottery Barn catalog, the better!*)

It's also a good idea to have a home inspector look over the property shortly before putting it up for sale. He can identify any major defects that will need to be corrected before the buyer does his due diligence.

Provide as Much Information as Possible. Compile a list of updates and energy bills and give it to the agent for prospective buyers to see.

Buyers are always curious about how old the roof may be, how many layers it has, how old the mechanicals are, when the addition was added... the more information you can

furnish on the house, the better. A floor plan also would be useful, showing the basic layout with room dimensions so buyers won't need to make return visits to determine how their furniture will work.

Make it Easy to Show. The more available you can make your home for showings, the better; if you can't be there, make it easy for your real estate agent to access and show the property. Viewings and first impressions are critical – you never know if you're going to get a second chance.

Be Flexible. Buyers are still in the driver's seat these days. They know they can make all sorts of unusual requests without risking the deal. We all know of buyers who want to bring 10 family members over to check out the house; buyers who make offers asking you to throw in the kitchen table and chairs, the snow blower, the lawn mower... Best to bite your tongue and think twice before telling them to take a hike!

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

IHOP Flips for Charity -- Gives Away Free Pancakes

IHOP in Hasbrouck Heights will offer guests a free short stack of buttermilk pancakes in an effort to raise awareness and funds for "Children's Miracle Network" on National Pancake Day, Tuesday, March 1, 2011, from 7 a.m. to 10 p.m.

For every delicious short stack of pancakes served on National Pancake Day, IHOP guests are invited to make a donation to the "Children's Miracle Network."

While IHOP's National Pancake Day typically takes place on Shrove Tuesday, this year, the company will host its free pancake event one week earlier on Tuesday, March 1, to build buzz and excitement prior to Shrove Tuesday.

National Pancake Day, also known as Mardi Gras or Shrove Tuesday, has been celebrated for centuries in England, with a tradition and lore all its own.

The English have "flipped" for pancakes in celebration of Shrove Tuesday, which heralds

the beginning of fasting during Lent.

Long ago, strict rules prohibited the eating of all dairy products during Lent, so pancakes were made to use up the supply of eggs, milk, butter and other dairy products ... hence the name Pancake Day.

This is IHOP's Sixth National Pancake Day Celebration. The program benefits "Children's Miracle Network," a non-profit organization dedicated to saving and improving the lives of children by raising funds for children's hospitals throughout the United States.

Proceeds from IHOP in Hasbrouck Heights will benefit Children's Specialized Hospital in Mountainside, NJ and Robert Wood Johnson University Hospital in New Brunswick.

In 2010, IHOP nationally raised more than \$2.1 million on National Pancake Day. Since starting its National Pancake Day celebration in 2006, IHOP has raised more than \$5.35 million to support local charities. ###

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Scouts Practice Ice Rescue

On January 14-16, 2011, members of Boy Scout Troop 17 and Cub Pack 17 spent the weekend at Camp NobeBosco. They participated in many outdoor activities, including practicing safety drills. Pictured here are Scouts practicing an ice rescue. This is part of the Scout motto, "Be Prepared." *Provided by Scribe, Troop 17. ###*



HH Scouts Attend Adventure Base 100

Adventure Base 100 was attended by the Scouts of Troop 17 and Cub Pack 17 of Hasbrouck Heights in November 2010. The traveling Scout Museum and Rope Course activities were set up at Morris County Community College as part of the 100 year Celebration of Scouting. *Provided by Scribe, Troop 17. ###*

Scouts Learn About Religious Beliefs

On Sunday, February 13, 2011, members of Cub Pack 17 and Troop 17 of Hasbrouck Heights traveled to Newark, NJ to the Cathedral Basilica of the Sacred Heart to receive several Catholic Religious Awards.

A Troop member was awarded the Ad Altare Dei Award, Cub Pack members received Light of Christ and Parvuli Dei Awards. This is part of the National Scouting Program of Religious Awards.



This enables the Scout to learn more about his religious beliefs. Other Cub Pack 17 religious awards earned this year were the Hindu Dharma Award and Baptist Awards God & Me, and God & Family. *Provided by Scribe, Troop 17. ###*



The Carlstadt/East Rutherford Senior Cats won first place at the 9th Annual Bears Invitational on February 5, 2011 at David Brearley High School, Kenilworth, NJ. The event was open to HS, Grammar/Rec and All Star squads. *Recreation Department photo provided by Hernan Lopez. ###*

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See cover story on page 1.



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Stepping Back into the Middle Ages

Students from Robert L. Craig's Gifted and Talented program spent the day exploring the world through exhibits at the Metropolitan Museum of Art where they connected recent studies in world cultures to the many magnificent artifacts found there. Students were most impressed by the Temple of Dendur, the ancient Sculpture Gallery and of course, the Medieval exhibits. *Story and photo provided by Val Kenny. ###*



Tried to Beat the Gamer

Michael Spadavecchia relishes the moment as he watches a group of friends try to beat him at his own game..... literally. Michael's Norse Mythology Board Game was created as the final project following a unit of independent study of Mythology at Robert L. Craig's G&T program. Each member of the class was responsible for creating their own original game based upon their individual studies. The results were creative, colorful and very entertaining! *Story and photo provided by Val Kenny. ###*

HH Library Teen Readers' Club

Teens who are enrolled in Grades 7 through 12 are invited to participate in the Teen Readers' Club at The Hasbrouck Heights Free Public Library. This Club meets on the fourth Tuesday of the month from 7-8:30 p.m. and provides teens with an opportunity to talk about books, eat snacks, play games, and make new friends.

Here's what the teens will be reading in 2011:

- March 22 -- "Hate List" by Jennifer Brown

- April 26 -- "The Smoky Corridor" by Chris Grabenstein

- May 24 -- "Incarceron" by Catherine Fisher

Copies of the monthly selections are available for pick-up at the Circulation Desk. For further information or to sign up, please contact Young Adult Librarian Catherine Dodwell at 201-288-6653 or dodwell@bccls.org. ###

Unlucky Cinderella

The Kids on the Corner Spring 2011 program will feature "Unlucky Cinderella" under the directorship of Corinna Sowers-Adler.

Workshop dates are Fridays, March 4, 11, 18, 25 and April 1 and 8, 2011. Performance is Friday, April 8, 2011 at 7:30 p.m.

Fee is \$25 per child with a cap of \$50 per family. Scholarships are available upon request. Space is limited. For information and registration call 201-288-9460. ###

Brunch with the Bunny

The Junior Women's Club of Hasbrouck Heights presents their annual Brunch with the Bunny on Saturday, April 16th, 2011, from 11 a.m. to 1 p.m.

This event will be held at the Hasbrouck Heights Municipal Building.

Tickets are \$8 per person and include the following: brunch, coffee, dessert, entertainment, and treat.

Bring your camera for a photo with the Easter Bunny. For tickets and more information, please call Briana at 201-728-8798.

Donations of new children's pajamas and slippers for NJ Foster and Adoptive Family Services will be collected.

Due to limited seating capacity, tickets will NOT be sold at the door. All children must be accompanied by a paying adult.

Proceeds for this event will be used to benefit local charities and scholarships. ###



National Geographic Geography Bee Held at RLC

On Friday, February 4, 2011, twelve students from the Robert L. Craig School in Moonachie participated in the annual National Geographic Geography Bee.

Participants included four representatives from Grades Six through Eight. Contestants were selected from preliminary contests held in their Social Studies classes. Participants included Christina Giammona, Arber Hasangjekaj, Sandra Kaldas, Brittney Loesner, Jason Mohr, Francesca Morra, Frank Miller, Sarah Reyes, Marino Roa, Zachary Sellers, Michael Spadavecchia, and Matthew Veltri.

Students had to answer

questions relating to the U.S., world, culture and geography, and were eliminated after getting three wrong questions. The last two remaining contestants competed in a final round, where they both received the same questions. The runner-up in the school wide competition was Sixth Grader Arber Hasangjekaj. The 2011 Robert L. Craig School National Geographic Geography Bee Champion was Eighth Grader Matthew Veltri. Congratulations, Matt! A special thanks goes out to Mr. Greg P. Keelen for coordinating the Bee. *Story and photo provided by Val Kenny. ###*

Corpus Christi School Marches Along

With the excitement and activities of Catholic Schools Week now just a memory, Corpus Christi faculty and students shift their focus to Terra Nova Testing and the Lenten Season.

Corpus Christi starts March 2011 with their annual Book Fair on March 2 and 3. Every year, Corpus Christi School hosts a book fair to support the school's reading efforts.

Students, parents, and teachers love the book fair because it provides the students with easy access to a wide assortment of books.

It gives the kids a choice in what they want to read which inspires them to read more and demonstrates to kids that reading is important.

First Friday Mass will be on the 4 with a 12:00 dismissal.

HH Youth Center

The Hasbrouck Heights Recreation Center is open every Friday and Saturday evening from 7 to 10 p.m. for 6, 7 and 8th Graders at the Youth Center in Borough Hall.

Cost is \$30 per year. Hasbrouck Heights residents only. Call 201-288-4143, press option 4 to check if center is open. ###

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GO GREEN
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Moonachie Fire Department 's 100th Anniversary



Photo above is the Washington Park Hose Co. No. 2. on May 30, 1923. (l-r) Top Row: Leonard Graziano, unknown, Frank Molinari, Edward Scharfenberg, Charles Zarubnickey, (unknown). Middle Row: Christian Kleber, Frank Adam, Louis Rettino, Richard Van Sadlers, Louis Faul, Mr. Fiorenzo. Bottom Row: Unknown, unknown, Thomas Rettino, John Lally and Thomas Smith. Photo provided by the Moonachie Centennial Committee (Ken Izzo Collection).

(Editor's Note: In celebration of the Moonachie Fire Departments 100th Anniversary, over the course of the next few issues, **The Gazette Newspaper** is providing a multi-part series. The following is reprinted as written from the 90th Anniversary Journal.)

Part One The Tradition Continues

The 100th Anniversary marks yet another milestone in the many accomplishments of the Moonachie Fire Department's dedicated service to the Borough and its residents. Long in tradition and commitment, the Department strives to always be the best as "The Protectors of Life and Property."

From its simple beginnings to the complexities and

demands of today, we take a moment to reflect on its history. As we turn back time...

The First 50 Years

The year, 1911, the place, a small farm area in southern Bergen County, known as the Borough of Moonachie.

In the winter months of January and February, two meetings held by some of the local residents will mark the birth of the Moonachie Fire Department.

These two meetings will serve as the "birthplace" of the two present day fire companies which make up the Fire Department, today.

Friendship Engine and Hose Co. No. 1

On January 31st, 21 local residents, mostly farmers, held the first meeting to start what is known today as the Friendship

Engine and Hose Co. No. 1.

Shortly after the organization of the fire company was complete, one of the members donated land on Redneck Avenue to construct the first firehouse.

The first fire apparatus Hose Co. 1 utilized in its infant years, was a horse drawn hose cart. And sometime afterward, a horse-drawn steamer-pumper was acquired.

Some of the "old-timers" used to tell stories of when the fire gong rang, the farmers' horses, used to pull the wagons, would charge down the road to the firehouse, sometimes with the plows still bouncing behind.

The mid-1920's brought the first motor driven fire apparatus to Hose Co. 1, and this piece of equipment served the company until the early 1930s, when a 1916 model pumper was

acquired.

In 1946, the members of Hose Co. 1 found themselves in need of a replacement pumper to serve the community. Until this time, the firemen provided all equipment and furnishings themselves.

It was during this time that the Borough started contributing financial support to the Fire Company. But, this was still not enough to buy the needed apparatus. The members loaned the money to the Company to purchase a 1916 model Ahrens-Fox pumper, formerly owned by the township of Bryn Mawr, PA.

This grand piece of equipment was well known for its ability to out perform many of the other fire pumpers in the area at that time. It was a real prize to the Fire Department, and always appeared in the annual firemen's parades in the area.

A real "eye-catcher" because of its unusual color, at the time of its purchase it was green and the funds were insufficient to paint it red, until 1948.

1953 marked the beginning of modernization for that time period. The purchase of a brand new G.M.C. - Ahrens-Fox pumper, by the Borough, with the help of matching funds from the Civil Defense, gave the Fire Company the latest in firefighting technology.

Although the needs of modern times were here, a sense of sadness was felt in the Fire Company and the Borough, as they said farewell to the 1917 "work-horse" pumper.

Around 1954, Hose Co. 1 found themselves on the verge of being homeless, as their firehouse on Redneck Avenue eventually fell to the mercy of the Port Authority's expansion. So, they took up residence in the rear of the present Borough Hall, and operated out of that location, until 1969.

Washington Park Hose Co. No. 2

On February 10, 1911, the second eventful meeting was held in the cellar of the home of Richard Oltman on Joseph St. This meeting would result in the formation of the second present day fire company, by a group of 15 residents operating as Washington Park Hose Co. 2.

Hose Co. 2 purchased its first piece of fire equipment, a two-wheel hose cart in 1912 for a price of \$45. This hose cart was pulled by hand whenever the alarm sounded.

The first firehouse consisted of a barn on the Oltman property where the hose cart was stored, and was used until 1913 when the first real firehouse for the company was constructed. The new firehouse was a sheetmetal building built on the Stanley Kucera property, on the corner of Moonachie Road and Joseph Street. This was later known as the Kemick property, where that family operated a luncheonette/soda-shop and post office. Today, it's the location of Bazzarelli's Restaurant.

Hose Co. 2 operated from 1911 until April 1919 as an independent, unrecognized fire company to the Borough. At that time, they were recognized as a regular part of the Moonachie Fire Department, but still retained their independent identity.

The 1920's brought quite a bit of activity for Hose Co. 2, starting with the construction of the second permanent firehouse at the same location where the present one stands today. Ernest Bruno, a local builder, donated a lot for the firehouse, and the members bought a second one for \$100.

Part Two will appear in the April 2011 **The Gazette Newspaper**.

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Moonachie Fire Department 2011 Installation Dinner

The Moonachie Fire Department held their annual Installation Dinner on January 21, 2011, at The Graycliff.

The Master of Ceremonies was former Moonachie Fire Department Chief Philip Miuccio. First Assistant Chief William D. Hunt led the Pledge of Allegiance, followed by a prayerful moment of silence.

There was the introduction of the 2011 Officers, followed by the Oath of Office given by Mayor Dennis Vaccaro, with the Bible held by Jamie Migliorino.

The 2011 Officers are: Chief Victor Migliorino, First Assistant Chief William D. Hunt, Second Assistant Chief Frank Smith, Captains James O'Neill and Frank Tamargo, Lieutenants Dennis Williams and James Scott.

Ex-Chief Justin Derevyaniuk pinned the Chief's badge on Victor Migliorino.

John Podesta, of Kohler

Funeral Home, was made an honorary member of the Department.

With a standing ovation, former Mayor Frederick Dressel was presented with the "honorary white helmet."

Former Chief Justin Derevyaniuk thanked the community and Borough Administration and Department members for their support during his two-year tenure.

Derevyaniuk received presentations from the Department officers and members, Fire Company #2, Mayor and Council, Police Chief Michael Maguire, visiting Mutual Aid Fire Chiefs, and the MFD Ladies Auxiliary Company 1 and 2.

Captain Frank Tamargo and Lieutenant James Scott were presented their badges.

A slide show, created by Second Assistant Chief Frank Smith, highlighting the Department, was presented following the dinner. ###

Weary Winter Seek



ks Delightful Spring



More Than Enough!

The 20 plus inches of snow kicking off the New Year were delightful. Even the foot and a half of snow that blanketed our area the third week in January was okay -- despite the three, four and five foot snow banks along the curbs narrowing roads and making parking very challenging.

The six weeks culminating in five feet of accumulated, snow-blower-breaking snow became wearisome. But being

capped with the half-inch ice storm -- well, that became tiresome quickly. :-)

Warmer mid-February weather melted away that record memorable "winter wonderland," leaving a bleak, "will spring ever come" landscape.

Those emerging crocuses, daffodils, tulips and budding fruit trees with the first robin sighting -- and the first call of "play ball" -- cannot come too soon. :-) ###





Hasbrouck Heights Hosts Relay For Life

Over one hundred fifty people attended the Kick-Off for the American Cancer Society's 2011 Relay for Life, which was held Wednesday night, February 9, 2011, at the Dr. Eglow Media Center.

The local event will take place at the Depken Field in Hasbrouck Heights on June 11 through 12. Co-chairs for the event are Lillian Romano, Josephine Ciocia, Amanda Kistner and Abbe Lewites.

Each had an opportunity to speak, along with Jenn Widder, American Cancer Society staff partner and Denise Andersen, the Regional Vice President of the Northern New Jersey American Cancer Society.

The Relay for Life is the American Cancer Society's signature fundraising event held throughout the United States. It brings together more than four million people to celebrate the lives of those who battled cancer, remember loved ones lost to the disease and fighting back against the disease. The goal is to raise funds to provide research.

At the Relay, teams of people camp out at the stadium and take turns walking or running around a track or path. Each team is asked to have a representative on the track at all times during the event. Because cancer never sleeps, Relays are overnight events up

to 24 hours in length.

The goal for the Hasbrouck Heights event is to raise \$50,000 this year. There will be entertainment and other activities, the touching of the Survivor Lap, the Luminaria Ceremony and Fight Back Ceremony throughout the event.

The Kick-Off event was to celebrate the lives of cancer survivors and their families. The reason to Relay is to "Celebrate." Cindy Schwalb is a local cancer survivor. She spoke about her family being supportive of her and how her husband Bob was her strong support, especially when she was going through chemo followed by radiation. Bob would take Cindy out as he called it her "dusting and airing" trips.

On one Cindy's trips to a yarn store a customer named Tracey introduced herself to Cindy. Tracey said she was on a team and walked 39 miles in honor of her sister who had cancer. She wanted Cindy to be on a team with her. Cindy was skeptical; she knew that she got out of breath just walking from her couch to her bathroom and would not commit to the walk.

One month later, when Cindy ended up in the hospital really feeling low, Tracey appeared with baked ziti, brownies and her knitting bag.

Tracey has now become a close friend to Cindy.

Months later Cindy did the walk with Tracey's Team. Her goal was to walk four miles and cross over the Brooklyn Bridge. Her four mile goal turned into 20 miles. Together their team walked 215 miles and raised over \$13,000.

Another young girl spoke about her mother's courageous battle with cancer. She fought hard but her mother lost her battle on Christmas Day. It was a very touching moment.

The other survivors were asked to stand, as well as the caregivers. Cupcakes with candles on them were given to the survivors celebrating another cancer free birthday. They were all thanked. The audience was asked to crack their glow sticks when honoring mothers, fathers, husbands, wives, brothers, sisters, sons, daughters, grandparents, aunts, uncles, cousins and other relatives as well as friends and neighbors.

There will be a Team Captain Meeting, March 23, 2011, at 7:30 p.m. in the High School Cafeteria. *Story and photo by Marie Gallo. ###*

HH Little League Pancake Breakfast

The HH Little League will hold its 16th Annual Pancake Breakfast on Sunday, April 10, 2011, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu includes pancakes, bacon, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5, child \$3 and under 4 free.

The tricky tray sports memorabilia auction will fol-

low from noon to 1 p.m. Winners do not have to be present at the time of the drawing to win.

Proceeds will be used towards building new ADA restrooms, concession stand and batting cage.

Businesses are invited to place their business card size ad on the placemats for \$40. Deadline is March 5th. Call Steve at 201-725-2917 for more information. ###

HH Little League Field Clean Up

The Hasbrouck Heights Little League reminds parents, managers and coaches that the annual field clean up and maintenance is scheduled from 9 a.m. to 3 p.m. on Saturday, March 19, March 26, and April 2, 2011. Bring a rake. ###

**Hasbrouck Heights
Little League
Opening Day
April 9 at 9:00 a.m.**

Father-Son Golf

The Ketcho's 4th Annual Father-Son Golf Classic will be held on Friday, June 24, 2011 at Shawnee Inn & Golf Resort.

Start is at 6:30 a.m. with tee off at 8:30 a.m. Cost is \$100 per player and includes full breakfast, 18 holes of Championship golf, cart, greens fees, afternoon barbecue, etc.

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W-R Lions 26th Beefsteak Raises over \$26,000

The Wood-Ridge Lions Club celebrated its 26th Annual Beefsteak Sports Night on Friday, February 4, 2011, at the Three Saints Russian Orthodox Cultural Center in Garfield. This year's event raised \$26,323, which brings to total over \$374,000 raised at this single event since its 1985 in-

ception. The monies raised help support charities for the blind and visually impaired, as well as for community needs. Also, three sizeable scholarships are annually presented to graduating high school seniors. One of the highlights of this year's event was the presentation of a check to Captain Paul Goscin-

ski of the Wood-Ridge Police Department for the purchase of a protective vest. Approximately 600 hearty eaters attended the February 4th event, enjoying an evening of good food and fun and games. The Grand Prize of the night was a 7-day Cruise, but there were plenty of other prizes and some "klinkers" to be handed out. Prizes included a large screen TV with Blu-Ray, an iPad, an expensive watch, Yankee tickets, Devils tickets, and signed Sports Memorabilia items. Emcee Jack Nagel held court with his special version of "Let's Make A Deal," where some would-be winners' hopes quickly faded as their chosen box contained a whiffle ball and the traditional accompanying T-Shirt declaring "I've Been Hosed." Those picking the prize boxes went home happy with game tickets or dinners for two or some extra money in their pockets. The Football Toss and Super Bowl

Trivia were earlier games of interest and challenge, just adding to the fun of the evening. The Wood-Ridge Lions Club, currently with 50 members, supports the following blind charities - Concord House at St. Joseph's School for the Blind, NJ Camp for the Blind (Camp Marcella), Foundation For Fighting Blindness, and the NJ Blind Citizens Association (Camp Happiness). The Club also supports the Lions Eye Bank of NJ, Hoehne Fienman

Center for Retarded Citizens (ARC), Special Olympics, DARE, and Juvenile Diabetes. The Club also donates annually to the Wood-Ridge Public Library, sponsors a Little League team and each Thanksgiving donates food baskets to the less fortunate, as well as collecting eyeglasses for recycling to Third World countries. The Wood-Ridge Lions Club is proud to live up to the motto, "We Serve." *Story by Dennis Brubaker. ###*

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W-R Lions Golf Outing

Wood-Ridge Lions Club will be hosting their Second Annual Golf Outing on April 29, 2011. This year's outing will be held at River Vale Golf Club, River Vale, NJ. Hot breakfast starts at 7:15 a.m. Shot gun start is at 8:30 a.m. (*best ball format*). There will be a hot lunch with carving station with a two hour open bar. Event includes trophies, prizes and giveaways. Cost is \$165 single and \$660 for a foursome. Call Ed at 201-641-2803 or George at 201-527-5126 for more information. All proceeds will go to the Wood-Ridge Lions Club and 100% of the profits will go directly to Lions Charities. ###



Police Captain Paul Goscinski receives a check from Club President Ken Turtoro for the purchase of a protective vest for the Wood-Ridge Police Department. Photo provided by Dennis Brubaker. ###



Grand Prize winner Dan Figaro is handed his Cruise voucher from Lion Jimmy Love, as emcee Jack Nagel wraps up the evening's festivities. Photo provided by Dennis Brubaker. ###

HH Lions Celebrate 80th Anniversary

On Thursday, March 10, 2011, from 7 p.m. to 11 p.m., the Hasbrouck Heights Lions Club will be hosting a dinner/dance at Biagio's Ristorante, 299 Paramus Road, Paramus, New Jersey.

The cause for this event is to celebrate the 80th Anniversary of the Charter of the Hasbrouck Heights Lions Club.

They are proud to be the 4th oldest Lions Club in District 16-A having been chartered on March 19, 1931.

Additionally, they wish to recognize the legacy of departed Hasbrouck Heights Lions whose good works made Heights a better place to live and raise a family.

The event is open to the general public. Folks affiliated with Hasbrouck Heights Church congregations, all civic organizations, youth leagues, current and former Hasbrouck Heights residents are invited to attend.

The cost per ticket is \$50 and entitles each ticket holder to an "All you can eat" buffet and an "open bar."

Tickets are available on a "first come, first serve basis" and must be paid in advance.

Contact Tom at 201-483-9160 to RSVP. Send a check payable to the Hasbrouck Heights Lions Club, P.O. Box 38, Hasbrouck Heights, NJ 07604. ###

A Brief History

Organized in 1931 by a distinguished group of 20 local professionals and businessmen under the leadership of Dr. Clarence Hitchcock, the Superintendent of Schools, the Hasbrouck Heights Lions Club was the first service club in Hasbrouck Heights. Their Charter Night was held on May 23, 1931 at the Swiss Chalet in Rochelle Park, NJ.

Today, over forty members constitute a fourth generation of Lions who carry on the mission began by charter members.

The motto of the Lions International is "Help the Lions, help the blind" but locally the

Lions Club never stopped there.

For eight decades they have raised funds through the efforts and significant talents of Club members not only helped the blind but were responsible for causes and projects that benefited the people of Hasbrouck Heights.

The selfless efforts of the Heights Lions are responsible for notable projects and accomplishments which include but are not limited to:

- Woodland Park (see story on page 21)

- Over the last twenty five years, tens of thousands of people have enjoyed the Lions' annual Independence Day fireworks display and celebration at the Athletic Field.

The Lion credited with initiating this event, which is now considered a Heights tradition, is the late Dr. Gustave C. Bickert. Upon Dr. Bickert's untimely death, Lion Fritz Rethage enthusiastically coordinated the annual production of this huge undertaking for more than a decade and a half before passing the baton to Lion Thomas Mason.

- Annual financial support to Camp Marcella which is located in western New Jersey and operates a retreat for blind children;

- Annual financial support to the St. Joseph School for the Blind;

- Sponsorship of the National Honor Society and one of the founding groups of the Hasbrouck Heights Student Loan Fund;

- The first playground at the Athletic Field;

- The organization of the first Hasbrouck Heights Softball League wherein teams made up of town folk competed in games that began right after supper;

- The historical monument which sets forth the history of the "ridge" that includes Terrace Avenue and is located on Terrace Avenue between Harrison and Cleveland Avenues;

- The installation of the original flood lights at the Ath-

letic Field which allowed our town to enjoy the distinction of being the first high school in New Jersey to host night football games;

- Raising a significant portion of the funds used by the HHFD to purchase thermal imaging equipment. Such high tech equipment makes the dangerous tasks of our firefighters safer and aids their ability to save the lives of our citizens;
- The installation of the new message board which fronts the high school;

- In addition, annual Lions efforts, the community blood bank, execution of free dental screenings for students, sponsor little league baseball teams;
- The Hasbrouck Heights Free Public Library recently installed a Freedom Scientific TOPAZ 19" LCD Desktop Video Magnifier in the reference area.

This device is suitable for people with macular degeneration, diabetic retinopathy and other forms of low vision. The magnification dial adjusts from three to 82 times the actual size. The LCD monitor controls and reading table are easy to use. The Hasbrouck Heights Lions Club donated the \$2,500 for the cost of the unit. (November 2008);

- Lions Club presented Corpus Christi School Principal Michelle Murillo with a donation for the purchase of a state of the art LCD projector. This projector represents an invaluable tool which will enhance the efforts of Corpus Christi's dedicated faculty and better the educational experience of their students;

The Lions' donation is made, in part, in memory of the late Monsignor Francis Mulquin who, for more than

two decades, was beloved as a mentor, teacher, basketball coach and friend to countless local youths without regard to which Church they happened to attend on Sunday mornings;

- James W. Mason Scholarships in order to help local students with the ever increasing costs of a college education;

- Regular fundraisers such as the Lions/Kiwanis Golf outing, World Series and Final Four beefsteak dinners;

- "White Cane" campaigns significantly enable the Lions to support the blind;


It is important to note that the Lions International's constitution prohibits discussion of politics, religion and business matters at all Lions functions. Lions have one agenda and that is to serve others without qualification. *Story by Thomas Mason. ###*



Lions Club members making a donation for the first Thermal Imaging Camera (black & white) which was delivered to the Hasbrouck Heights Fire Department in 1998. Photo by Bob Major.



Lions Club members during a picnic meeting at Woodland Park in November 1979. Photo taken by Spiess Studio.



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Lions Hold Picnic Meeting at Woodland Park

Reprinted from
The Gazette Newspaper.

On Tuesday, October 10, 2006, the Hasbrouck Heights Lions Club held their regular meeting in Woodland Park. Lion Tom King was the chef, serving grilled steaks, hamburgers and hot dogs.

Lion Tom Mason recalled his uncle, Lion James W. Mason's thoughts about Woodland Park:

The post World War II years witnessed developers break ground on a large number of building projects and, thus, eliminate most of the remaining open space in Hasbrouck Heights. In response, the Lions

embraced efforts which would preserve and protect one of the few remaining open spaces in town as a "wood land." It was intended that such an area would be enjoyed by the people of Hasbrouck Heights for generations to come. The accomplishment of this goal would be realized through two stages.

The first was to acquire ownership of the land. To this end, the fund raising efforts of the Lions Club enabled them to purchase a tract of land which was, in turn, donated to the Borough. This tract of land would become a part of what is now Woodland Park.

In addition, certain Lions

Club members successfully endeavored to locate, contact and persuade owners of adjacent lots to donate their land to the Borough and, therefore, increase the area of the park.

These land owners were often real estate speculators who resided in other states. The rest of the lots which make up the park were, for the most part, acquired by the Borough via property tax sales.

"The history of Woodland Park is that the borough owned all but 22 lots of the entire tract as we know it today.

The Lions Club of Hasbrouck Heights, with the approval and understanding of the

Mayor and Council, started an effort to acquire all the said lots for the purpose of a Borough park.

Lion Chris Heller donated, and deeded to the Borough, four lots on September 4, 1951. Lion Bob Rafford, then the Borough Clerk, advised the Club of ownership of lots not owned by the Borough.

Through Rafford, Heller and other Lions, lands were acquired by paying off tax liens, outright solicited gifts, etc., until the tract was complete, which came about in the 1954-1955 time frame.

Further discussions between Lion members and the

Mayor and Council outlined the intent and future use.

The second step was the construction of facilities which would enhance recreational use of the park.

An area was cleared for a field to be used as an all-purpose area for picnics, games, etc.

Under the supervision of Lion Joseph Torre, the Lions Club erected the pavilion as we know it today. Both the comfort station, pavilion, hearth and cost of some land acquisition were donated by the Lions.

The Mayor and Council built one large stone barbecue, several small stoke fireplaces, picnic benches and provided support labor for clearing and maintenance.

These improvements were completed in the 1955 time frame. These were the only improvements to be made for the original concept. The balance of acreage was to be left wooded, to be utilized by Boy Scouts, Girl Scouts, nature lovers, tree buffs and the like in its pristine state."

And so stated Lion James W. Mason in 1997. ###

The Energy Corner

If Your Oil Burner Were A Car

What would a 20-year-old Dodge Dart with over 600,000 miles look like? Would you hop in that car and drive back and forth from New York to LA (that's 32,000 miles) 5.5 times this winter without giving it a second thought?

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Call John Depken if you have any questions that you would like answered in this column



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Heights Lions' Donations Roar

Reprinted from
The Gazette Newspaper.

On Tuesday, September 29,

2009, the Hasbrouck Heights Lions Club presented an \$847 check to Corpus Christi School

for 12 student Boreal Microscopes for the new science lab being created for the 6th through 8th Graders.

Following this presentation, the Lions Club held their Autumn picnic in Woodland Park where they showcased their recent contributions.

Two new backstops for baseball and softball, to give boys and girls the opportunity to practice and rediscover the joy of sandlot ball.

The Lions also donated a completely rebuilt natural blue stone BBQ at the pavilion. These gifts to the community were approximately \$7,000. ###



(l-r) Thomas Mason, John Pietrowitz, Eric Mason and Vince Kane outside the Lodi ShopRite on Friday night, Nov. 16, 2007.

Help the Lions -- Help the Blind

Reprinted from
The Gazette Newspaper.

The Hasbrouck Heights Lions Club held their White Cane Day on November 16 and 17, 2007, at the entrance to the Lodi ShopRite.

Neighbors were asked to give a donation and, in return, received a miniature "White Cane."

One hundred percent of the money collected goes to

the Lions' visually impaired projects. The White Cane program publicizes the needs of the blind and visually impaired.

The familiar white cane with a red band at the bottom is a simple device invented in 1930 by George A. Bonham, a member of the Lions Club in Peoria, IL. Today, blind and visually impaired people throughout the world use Bonham's invention. ###



Apollo 14 Moon Mission Retrospective Presented at AHOF

In celebration of the 40th Anniversary of the Apollo 14 historic eighth manned mission and the third to land on the moon, space historian and Education Specialist expert, Joe Lennox, gave a multi-media retrospective on the Apollo 14 mission at the NJ Aviation Hall of Fame on February 11, 2011, starting at 7 p.m.

Mr. Lennox used his unique film footage, models and hardware to tell the story of the mission that put the first American in space back in space after being grounded for nearly ten years by a medical condition.

Commander Alan Shepard, Command Module Pilot Stuart Roosa, and Lunar Module Pilot Edgar Mitchell launched on their nine-day mission on January 31, 1971. Shepard and Mitchell made their lunar landing on February 5 in the Fra Mauro formation; this had originally been the target of the aborted Apollo 13 mission.

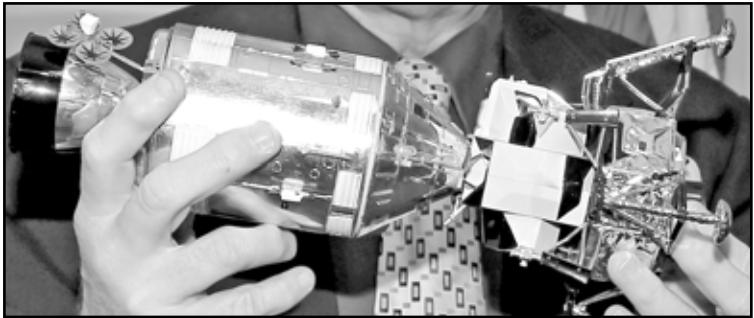
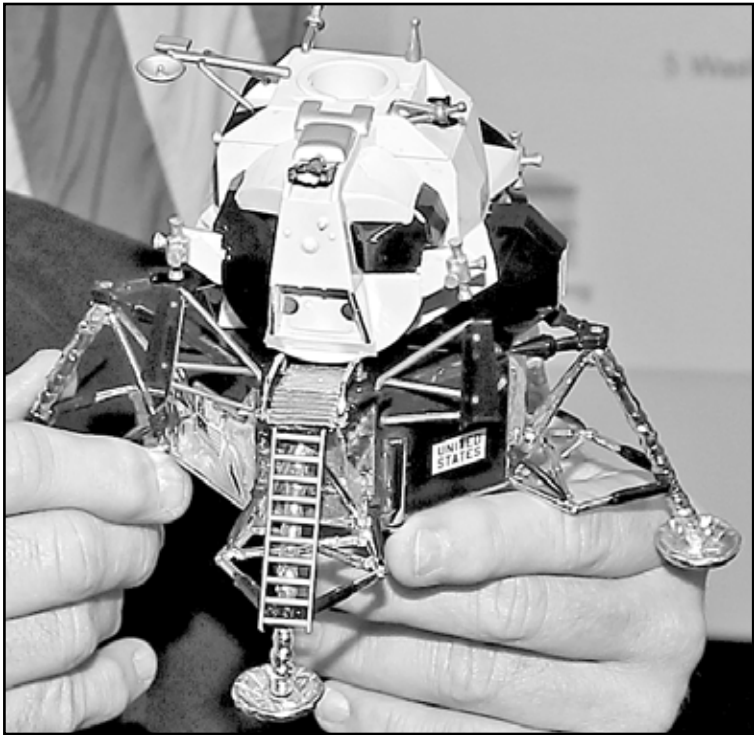
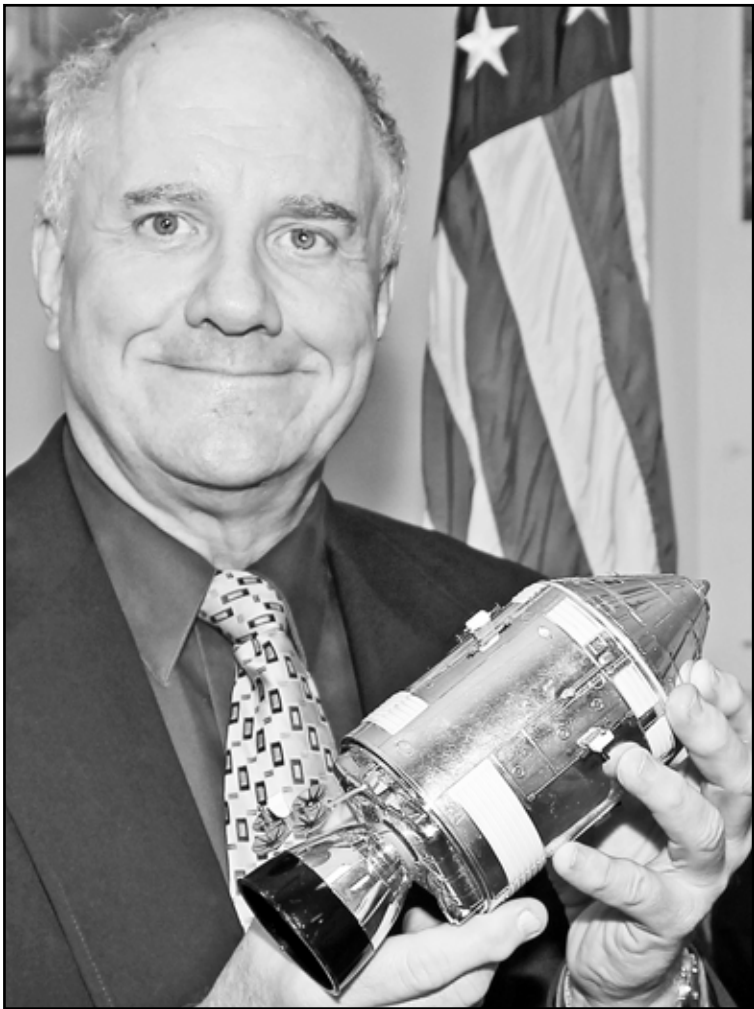
This mission was the last of the "H missions," targeted landings with two-day stays on the Moon with two lunar EVA's, or moonwalks. About 33 hours were spent on the moon, with about 9 1/2 hours on EVA.

During the two lunar EVA's, 93 lbs. of Moon rocks were collected and several surface experiments were carried out.

Commander Alan Shepard famously hit two golf balls on the lunar surface with a make-shift club.

Mr. Lennox has one of the largest private space collections and has given many space lectures throughout the New York metro area.

Mr. Lennox provides space science, history and technology programs designed for various age groups, and has written two books, "The ABC's of Space Exploration" and "Vision for Space." His website is: space-class101.com For more information, call 201-288-6344, or go to www.njahof.org ###



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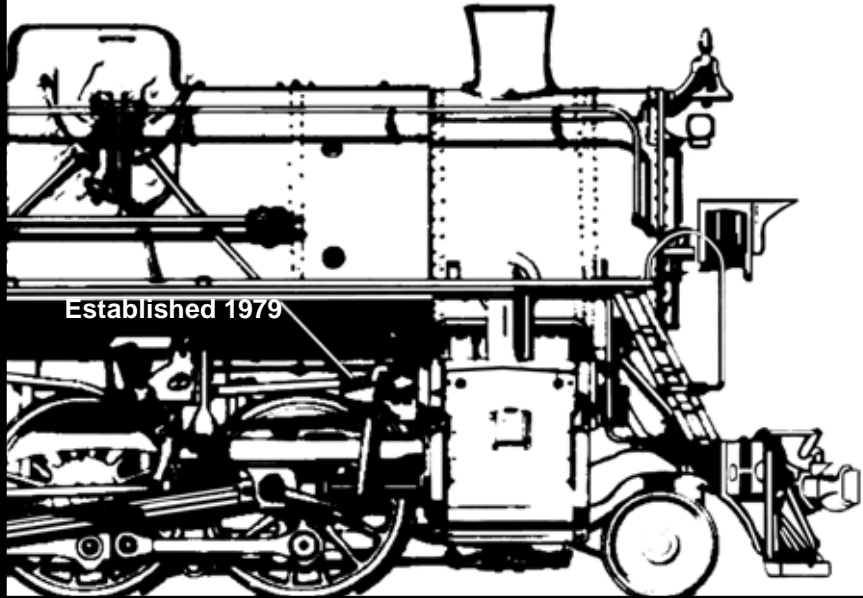
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March 2011 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, March 7, 14, 21, 28

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

Tuesday, March 1, 8, 15, 22, 29

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Game Night

Wednesday, March 16, 23, 30

10:00 a.m. Wii Bowling League

Thursday, March 3, 10, 17, 24, 31

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

Friday, March 4, 18

10:00 a.m. Fun Bingo

Friday, March 11, 25

10:00 a.m. Games, cards & coffee

Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday, March 2

10:00 a.m. Leisure Club Executive Meeting

Wednesday, March 9

1 p.m. Monthly meeting

Program: Mike Gintella - Entertainer

HH High School Musical: Bye Bye Birdie

Wednesday, March 23, 1 p.m. Kiefer Auditorium

Complimentary Senior Citizens' Matinee

The musical/comedy concerns a rock singer who travels to a small Ohio town to make his "farewell" television performance and kiss his biggest fan before he is drafted.

Lodi Seniors

The Lodi Senior Citizens Club is planning a trip on April 27 to Mt. Haven, PA, to include a luncheon & show, "Laughing Out Loud."

The Club meets on the first and third Tuesdays of the month. Every Thursday of the month the Club opens at 11:00 a.m. for recreational purposes, including senior yoga, card playing, billiards, ping pong,

bingo, line dancing, bocce (in season), chit chat, etc.

Refreshments are served. For information, call the Club during the times it is open at 937-472-6994.

A senior bus is available for those that do not have transportation to and from the club. For information on the bus route, call Rene at 201-982-0051.

They are looking for new members. Any Lodi resident over the age of 62 is welcome. The membership fee is \$10. Membership Secretary is available on the Tuesday meeting dates outlined above for new or renewed memberships. ###

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Surrogate Judge and Local Ombudsman Address Leisure Club

At the February 9, 2011 meeting, President John Fitzin informed the group of Mayor Heck's recent appointment of Councilman Russell Lipari as the Senior Citizen Ombudsman for the year 2011.

Councilman Lipari then introduced himself and then explained his role as ombudsman. He will act as a trusted intermediary between the Leisure Club and the Hasbrouck Heights Council. Mr. Lipari stated that he would attend all meetings of the Leisure Club and be available to any senior who wishes to discuss any issues they feel the Borough should be aware of.

Bergen County Surrogate Court Judge Mike Dressler was the next speaker. Surrogate Dressler was elected to this position in 1996 and began his 5-year term on January 1, 1997. He was re-elected in 2001 and again in 2006. He will seek his fourth term this November.

Surrogate Dressler's duties include the probating of wills, appointing of estate administrators, supervising the appointment of guardians and administering adoptions. He has established and expanded programs that directly assist those



involved with Surrogate Court issues. Surrogate Dressler created the first Guardianship Monitoring Program in Bergen County. The Guardianship Program, utilizing volunteers recruited with the help of the AARP, monitors the work of the Court appointed guardians making sure they care for the frail and elderly as they promised they would.

Surrogate Dressler also spearheaded the creation of the Surrogate Court's Satellite Office Program in which the services of the Surrogate Court are brought directly to municipalities such as Fort Lee, Ridgewood, Wallington, Norwood and Park Ridge. Utilizing municipal offices and libraries in those towns, Surrogate Court employees are able to bring services such as probating of wills and administering estates

to those who cannot make the trip to the Surrogate Court in Hackensack. These innovative and helpful programs are operated and maintained at no additional taxpayer cost.

To demonstrate that the duties and the responsibilities of the Surrogate Court Judge extend beyond the walls of his office, he has embarked on an unprecedented speaking tour covering every town in Bergen County addressing civic groups and service organizations informing people about the importance of wills, administering of estates, guardianship of minors, adoptions, living wills and estate planning.

After his presentation, the members were treated to cherry danishes from a local bakery. *Photos and story by Marie and Peter Gallo Jr. ###*

Ichabod Crane to Attend AARP Meeting

The Central Bergen Chapter 418, AARP will host a program featuring Ichabod Crane impersonator Neill Hartley of the American Historical Theatre of Philadelphia. The performance will take place on Friday, March 11, 2011, at 1:00 p.m.

The program, "Ichabod Crane, Washington Irving and the Legend of Sleepy Hollow," is free and open to the public, and is offered through the Horizons Speakers Bureau of the Council for the Humanities, a state partner of the National Endowment for the Humanities.

Mr. Hartley first portrays Washington Irving, and then introduces you to his work, "The Legend of Sleepy Hollow." He then enters the story, becoming his alter ego, Ichabod Crane. He is mesmerizing as Ichabod Crane: tall and slim like Ichabod, he also shares

many other attributes of the character making for a perfectly eerie entertaining event.

Mr. Hartley has performed his one-man adaptation of Washington Irving's story hundreds of times, narrating, playing five characters, and recreating Ichabod Crane's famous and frightful ride one autumn night. But there are no effects or stage trickery in-

volved. He brings the script, the costume and the acting props to his performances of "The Legend of Sleepy Hollow," and it's up to the audience to bring some imagination.

The 40-minute adaptation — which is followed by a talk and a question-and-answer session — features much of Irving's language. *Story by Peter Gallo Jr. ###*

Chore Program Helps Seniors and Disabled Persons

Since 1977, the Chore Volunteer Handyman Service of the Volunteer Center of Bergen County has been helping elderly and/or disabled people, by performing minor household repairs that clients cannot perform themselves.

The Chore Service assists in improving the quality of life of older people who are living independently.

Chore's services include installing grab bars and railings, smoke and carbon monoxide detectors; repairing leaky faucets or toilets, replacing broken door locks, installing weather-stripping, changing screens and storms, replacing light bulbs, fixing broken lamps and switches, installing simple electrical fixtures or replacing

existing electric outlets and switches.

There are some jobs that are beyond Chore's capacity. Chore cannot service emergencies, and does not do outdoor work, painting, work requiring high ladders, tiling, door or window replacements, heavy lifting, new wiring or appliance repairs, cosmetic repairs or interior decorating.

Chore serves Bergen County residents who are at least age sixty (60) or who are permanently disabled of any age. Chore provides service without charge; the only cost to the client is for parts necessary to complete the repair.

To schedule a repair, or become a Chore Service volunteer, call 201- 489-7790. ###

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Rave On!

On Sunday, April 10, 2011, at 2 p.m., The Free Public Library is pleased to present Rave On!, a Buddy Holly tribute band. The group will bring its musical homage to Buddy Holly and Rock and Roll.

The performance will be held in the Senior Center at 320 Boulevard in Hasbrouck Heights. All ages are invited to this free event celebrating the beginning of National Library Week. Expect some nonstop Rock & Roll.

Band lead singer Chris Roselle came up with the idea for a Buddy Holly tribute band in 2008. "The response we have been getting has been huge," said lead singer Chris Roselle. Roselle formed a band with drummer Don Guinta and bass player Pete Farley, and settled on one of Holly's songs, "Rave On," as a band name.

Buddy Holly was a pioneering rock and roll musician with such hits as "Peggy Sue" and "That'll Be the Day."

But on February 3, 1959, he, along with rock musicians The Big Bopper and Ritchie Valens, were killed in a plane crash during a blizzard. Holly was 23. Since then, February 3 has been dubbed "The Day the Music Died," made famous by the Don McLean song "American Pie."

Roselle said, "though Holly died young, his musical legacy can be seen in artists like Paul McCartney and Eric Clapton as they publicly continue to site Holly as a musical influence." Regardless, Roselle is happy to keep Holly's music for younger generations. ###

Ticket2Ride; Beatles and Beyond

Beatles tribute band, Ticket2Ride: Beatles & Beyond, will perform a concert of classic Beatles and other rock favorites on Saturday, March 12, 2011, at 8:00 p.m. at Reconstructionist Temple Beth Israel (RTBI), 34 West Magnolia Avenue in Maywood, N.J.

Tickets are \$18 in advance (before March 7) and \$25 after the early-bird deadline or at the door. Seats for children ages 12 and under are \$5.

Ticket2Ride members are Fair Lawn natives, childhood friends, and long-time music collaborators and band mates Larry Gates, Larry Hochman and Jeff Kaye; and Bergenfield natives Lennie Del Duca and Russ T. Blades, who have played music together since high school.

They came together as Ticket2Ride immediately after the Hurricane Katrina disaster, and have played numerous benefit concerts to raise money for the victims of Katrina, local residents in need, as well as many area charitable causes and non-profit organizations, including the Avon Walk for the Cure.

Attendees are encouraged to wear 60s attire. Tickets are available by calling the RTBI office at 201-845-7550, ext. 7 or by email to event coordinator Caryn Starr-Gates at carynstarr@yahoo.com. The payment deadline for the \$18 ticket price is March 7. Refreshments will be sold during the intermission and CDs will be available as well. ###

Famed Wagner College Choir to Perform on February 27th

Holy Trinity Lutheran Church at 92 Burton Avenue in Hasbrouck Heights invites you to attend Wagner College Choir's Send-Off Concert which marks the beginning of their 2011 tour in Florida.

On February 27, 2011, at 4 p.m., under the leadership of Dr. Roger Wesby, the college's director of choral activities, and accompanied by Barbara Wesby at the piano, the choir will be offering a very diverse repertoire.

Included will be selections from Bach, Haydn, Mozart, Beethoven, Debussy, Poulenc, Eric Whitacre, Samuel Sebastian Wesley, Frank Martin, Dan Forrest, with traditional music adapted by Harry Belafonte and Bobby McFerrin, a tribute to John Lennon on his 70th birthday, folk music and jazz.

The concert is free and open to the public. A freewill offering will be taken.

For more information, please call 201-288-6889 or e-mail hlthch@aol.com. or visit the website at www.holytrinity-hasbrouckheights.com. Please feel free to attend and bring a friend as well for a very special performance. ###

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Copy for the April Issue is due March 10th.

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Dog Walks Man

Journalist and author John Zeaman has created a masterpiece of humor and contemplation in the book “Dog Walks Man: A Six Legged Odyssey.”

Mr. Zeaman will present what he learned “at the end of a leash” on Thursday, March 31, 2011, at 7 p.m. at The Free Public Library of Hasbrouck Heights. A book signing will follow. Anyone who has a dog or just loves animals will want to share in his stories.

Humorous, thought-provoking, and playful, “Dog Walks Man” takes you on a journey from a round-the-block fraternity of “dog-walking dupes”—suburban fathers who indulged their children’s wish for a dog—to a strange and forbidden wilderness at the edge of town, the New Jersey Meadowlands.

Woven into the narrative are musings on such familiar dog-walking issues as the war of nerves that precedes each walk (or “w-a-l-k” if your dog is in earshot), the problem of dog-walking monotony, and why dog walkers are always the ones to discover dead bodies.

John Zeaman writes an arts column for Design NJ magazine and reviews art for The Record and the Star-Ledger. He has won numerous journalism awards, and is the author of a series of children’s books called “Before They Were Pets.” Zeaman’s young adult book, “Overpopulation,” was selected for the New York Public Library’s “Books for the Teen Age” list. He has been nominated several times for a Pulitzer Prize. He lives in Leonia, New Jersey.

To register please call 201 288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

W-R Library Story Times

Wood-Ridge Memorial Library will offer weekly story times for young children between April 1 and 29, 2011.

“Toddler Time” for children ages one and two years old will be held on Tuesdays at 12:30 p.m., beginning April 5.

“Pre-school Pals” for children ages three through five years old will be held on Fridays at 12:30 p.m., beginning April 1.

Space is limited for these programs, and preference will be given to Wood-Ridge residents. Registration begins March 23. For more information or to register, e-mail Emily at wrldchild@bccls.org or call The Library at 201-438-2455. ###

HH Library Children's Programs

The Free Public Library of Hasbrouck Heights announced registration for its 2011 Spring Story Time session.

- Tiny Tots Playgroup is a program for babies from birth to age 2 ½ and their parents or caregivers. It meets Tuesdays or Thursdays from 10:30-11:15.
- Mommy and Me is for children ages 2 ½ to 3 ½ and their parents or caregivers. It meets Wednesdays or Fridays from 10:30-11:15.
- Building Blocks is for preschoolers ages 3 ½ to 5. It meets Mondays or Thursdays from 1:15-2:00.

Registration begins Monday, February 28 at 10 a.m., either by phone, in person, or online. Story Times start Monday, March 7. Preference is given to residents of Hasbrouck Heights.

The Library is located at 320 Boulevard. Call 201-288-8911 for more information or to register. You can register online at <http://hasbrouckheights.bccls.org>. ###

Mix & Mash @ Teen Tech Week

Local teens will be tuning in as the Hasbrouck Heights Free Public Library celebrates the Third Annual Teen Tech Week March 6-12, 2011.

They join thousands of other libraries and schools across the country celebrating this year’s theme, “Mix and Mash @ Your Library.”

Teen Tech Week is a national initiative of the Young Adult Library Services Association (YALSA) aimed at teens, their parents, educators and other concerned adults.

The purpose of the initiative is to ensure that teens are competent and ethical users of technology, especially the types offered through libraries. Teen Tech Week encourages teens to use libraries’ non-print resources for education and recreation, and to recognize that librarians are qualified, trusted professionals who can help them navigate new developments in technology.

Catherine Dodwell, Teen Librarian, feels that “Getting teens into libraries is essential. Offering gaming, access to computers, and online homework help is important, and letting them know that we can help educate them on how to use these resources will get them in the door. Once they’re in the door, we can show teens that with technology at The Library, anything is possible.”

Teens are encouraged to celebrate Teen Tech Week by participating in two programs that are designed to increase teen technology literacy. Catherine Dodwell will present “Library at Desktop/Laptop” featuring online resources that are available from the BCCLS website on Tuesday, March 8 at 3:00 p.m.

Heather Wright-Porto will introduce teens to blogging using Google Blogger on Thursday, March 10 at 3:00 p.m. This interactive workshop will demonstrate the basics in creating new blogs, publishing posts, modifying blog design, and other topics.

Teen Tech Week is held annually the second week of March. For an updated list of sponsors and supporting organizations, visit www.ala.org/teentechweek. ###



Year of The Rabbit

The Friends of The Hasbrouck Heights Free Public Library welcomed in the Year of the Rabbit with a Chinese New Year Celebration on Sunday, February 6, 2011, at the Asian Grill Restaurant in East Rutherford.

Eighty-eight (*a good luck number in Chinese*) guests attended this popular event. This is the fourth time that the Friends have celebrated the Chinese New Year as a Library fundraiser and the second time at the Asian Grill.

The entertainment, a Southern Chinese Lion Dance, performed by the Chinese Community Center of New Jersey Youth Group from River Edge, led by President of the group, Albert Chin, performed the dance with Buddha leading and teasing the lion around the restaurant.

Chairman Justin Watrel ended the dance by offering the lion a head of lettuce with a monetary donation to symbolize good luck in the New Year.

The dinner followed the tradition of Yin and Yang with a combination of sweet, crispy and savory dishes. Many of the

dishes had symbolic meanings such as noodles to symbolize longevity, fish to symbolize prosperity, chicken to symbolize good marriage and the coming together of family and spring rolls to represent wealth because their shape is similar to gold bars.

After dinner, Library Director Mimi Hui gave a talk on the background of the lion dance and the meaning of the Year of the Rabbit. Tradition says that a monk prayed and asked the gods how he could prevent the evils and sorrows from plaguing his land. A lion, the gods said, would protect them. Never seeing what a lion looked like before, the monk thought about and combined all the lucky or magical animals he could think of and created a lion. The Year of the Rabbit is represented by a Rabbit which is the 12th sign in the Chinese Zodiac. Those born under the sign of the Rabbit are said to be talented, virtuous, reserved and kind. Rabbits are also prosperous and fashionable, enjoying the finer things in life. *Story by Justin Watrel. Photo provided by Mimi Hui. ###*

Children's Dyslexia Centers of NJ

The Hasbrouck Heights Learning Center has a new name: Children’s Dyslexia Centers of NJ.

“The name change, effective January 1, 2011, allows us to better represent our mission which is to give dyslexic children the tools they need to develop their ability to read. Our goal at the Children’s Dyslexia Centers of NJ in Hasbrouck Heights and four other New Jersey sites is, and has always been, to offer free one-on-one multisensory tutoring to children with dyslexia,” said Gil Hunt, chair of the Board of Governors.

The five New Jersey centers are part of a network of 52 dyslexia centers in the northeast and north central states. The organization is a nonprofit 501 c (3) that currently depends almost entirely on fundraising.

Since it opened in 2001, the center has operated in the former home of The Hasbrouck Heights Free Public Library. Prior to that, it was housed briefly in the Hasbrouck Heights High School.

“We currently have 30 active students as well as a long waiting list,” said Maria Kimmins, director of the Hasbrouck Heights Center.

According to the International Dyslexia Association, dyslexia is a lifetime condition that can be remediated by a multi-sensory approach known as Orton Gillingham. The students benefit from twice-weekly lessons tailored especially for them by a professional teacher. The tutoring helps the students increase their phonemic awareness, develop vocabulary and increase their reading fluency.

To meet its goals, the nonprofit group is planning several fundraisers this year. The group’s Harvest Moon Charity Ball will be held on September 23, 2011 at the North Jersey Country Club in Wayne, NJ.

To learn more about the Children’s Dyslexic Centers of NJ, please log onto mlcnj.org, or email Ms. Joey Dobbs at masoniclearningcenters@verizon.net ###

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Reflections

Change is Up to Me

Rev. Carole J. Suraci
Community United Church of Christ, Hasbrouck Heights

The change we seek in our lives can only come from changing what we allow in our consciousness. Are we going to be here for ourselves or others or are we going to be here for God?

We can only change our lives for the better as we change and expand our horizons. As we change our thoughts we change our lives. Our mind is the garden for God's harvest of Love, peace, joy, order and harmony to dwell. By holding or beholding the Presence of God as in meditation and contemplation where we endeavor to quiet our thinking, calculating mind, we rise up to that place beyond our ego mind. We raise our attention to viewing life from the highest perspective.

God desires us to be a place

Mid-Week Lenten Service

Lent is a journey. It is a journey to the Cross with Jesus who is the Way, the Truth and the Life. Lent is a journey of renewal, of opening our lives to new creation. Lent, like all of life, is a walk of faith. Come join us on a Lenten pilgrimage, along the road less traveled.

Holy Trinity Lutheran Church in Hasbrouck Heights, will have Lenten Services on Wednesday evenings, beginning March 16 through April 13, 2011, at 7:30 p.m.

At each mid-week Lenten Evening Prayer, Pastor Susan will present a brief study of one of the readings of the Easter Vigil.

The theme is "Walking by Faith: A Lenten Pilgrimage."

What is faith? The text from Hebrews 11:1 defines it in this way: "Now faith is the assurance of things hoped for, the conviction of things not seen." This series focuses on the book of Hebrews, especially the eleventh chapter.

The first four weeks provide a journey through the faith of the Old Testament figures, especially Noah, Abraham, Moses, and the Israelites. The fifth week brings us to Jesus, "the perfecter of our faith," and his path to the cross. Simple Lenten Suppers (*soup and bread*) will be provided at 7 p.m. There is no cost for suppers (*free will offering*). All are welcome. ###

where his thoughts manifest in our consciousness. In the Old Testament we read, "The thoughts I think toward you are good ..." And, "My thoughts are higher than your thoughts" and "My ways higher than your ways." There is no duality. In God Mind there is, no good and evil -- only Good. "God's eyes are too pure to behold iniquity." As we turn our attention from judging by appearances and instead direct our attention toward the all-knowing Mind of God, listening for inner guidance and direction which comes into our mind and heart in peace, we realize that we have "Let that Mind which was in Christ Jesus be in us."

Jesus said, "It is not I but the Father within me who does the work." And, "I hear and then I speak." He was listening all the time to the inspiration and impartations coming to him from the Divine Mind, the Mind of Love.

We are made in God's im-

age and likeness, the image and likeness of Love. In order to realize this we need to keep our minds open and receptive to this Higher Mind. St. Paul said, "Be ye transformed by the renewing of your mind."

We have heard the Way, now let us walk in the Light. "The people who have walked in darkness have seen a great light." Have you seen? Have you heard?

Let us walk in the Light, the Christ of God, which brings about a change in us as we let this Light radiate from within us out into our world to be both blessed and a blessing.

God bless. Have a happy spring! ###

Free Lunch

Everyone is invited to the First Presbyterian Church of Moonachie on March 5, 2011, at 11:30 a.m, for the "First Saturday Free Lunch" program.

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy's got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###

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Church Schedules: Hasbrouck Heights

BIBLE BAPTIST CHURCH

31 Passaic, HH • 288-4139
www.biblebaptist.net
Rev. Bill Hegedus, Pastor


Sunday
8:00 a.m. Prayer Partners Meet
8:30 a.m. Early Worship Service (Traditional)
9:30 Discipleship Hour for all ages
11:00 a.m. Morning Worship Service (Contemporary)
Evening Service as announced



CORPUS CHRISTI R.C. CHURCH


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Offices: 288-4844 • School: 288-0614
Rev. Msgr. Lewis V. Papera, Pastor
Rev. Raymond M. Holmes
Rev. Jerzy R. Zaslona
Rev. Msgr. Martin O'Brien
Deacon Vincent DeFede

Sunday Obligation Masses:
5:00 p.m. Saturday (Chapel)
7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),
12 noon (Chapel) and 6:00 p.m.(Chapel)
Daily Masses: (Church)
Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m.
Reconciliation (Confession): Sat. 4-4:45 p.m.
Corpus Christi Church/School Websites
Parish: www.rc.net/newark/corpuschristi/index.html
School: www.corpuschristischool.net



CHURCH OF ST. JOHN THE DIVINE (EPISCOPAL)

Terrace & Jefferson, HH • 288-0002
Rev. Joseph Pickard, Vicar
www.saintjohnthedivine.com
www.careonthecorner.org
Sunday - 11:00 a.m. Holy Eucharist Rite II - Church School
Monday - 7:30 p.m., N.A. Women's Meeting
Tuesday & Friday - 12 noon, N.A. Meeting



FIRST REFORMED CHURCH

Burton & Washington Place, HH
Church Office: 201-288-1122
Rev. Dianna L. Smith, Pastor
www.churches.rca.org/firstrefhh/

Sunday
8:45 a.m. Sunday School
10:00 a.m. Worship Service
Fellowship Hour follows Worship Service. Child care provided




FIRST UNITED METHODIST CHURCH

57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773
Church and Nursery School Office: 288-4636
Pastor Iraida Ruiz de Porras

Sunday
10:00 a.m. - Worship Service
Thursday - 7:00 p.m. - Bible Study
Friday - 7 p.m. Contemporary Family Service

THE CROSS KOREAN UMC


57 Burton Avenue • 393-7890



HOLY TRINITY LUTHERAN CHURCH

92 Burton Avenue, HH • 288-6889
Rev. Susan Nelson-Colaneri, Pastor
www.holytrinityhasbrouckheights.com


Sunday
11:00 a.m. - Sunday Church School
11:00 a.m. - Holy Communion



THE COMMUNITY UNITED CHURCH OF CHRIST

Boulevard & Charlton Ave., HH • 288-0622
Rev. Edward J. Glasser, Assoc. Minister

Sunday - 10:00 a.m. Morning Worship
Communion-- first Sunday of the month




Church Schedules: Little Ferry

EVANGEL CHRISTIAN CHURCH

165 Main Street • Office: 201-440-0470
Rev. Veronica M. Pearson, Pastor

Sunday - 9:00 a.m. Adult Bible Study • 10:30 Worship
Children/Teens Sunday School meet during Worship Service
Wednesday - 7:30 p.m. Bible Study



Church Schedules: Lodi

FAITH REFORMED CHURCH
95 Washington St., Lodi • 973-778-4529 • www.lodifaith.net
Rev. Timothy Ippolito, Pastor
Sunday: 10:30 a.m. Worship and KIDZ Church (Ages 4-10)

IMMACULATE CONCEPTION CONVENT
143 South Main Street, Lodi
Mass: Sunday 9 a.m. • Daily (M-F) 7:00 a.m. • Sat. 8 a.m.

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40 Spring Street, Lodi • Rectory: 973-779-0643
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Rev. Americo Salvi, C.R.M., Parochial Vicar
Rev. Jason S. Gaganap, C.R.M, Parochial Vicar
Rev. Anastacio “Nony” Villaluz, C.R.M, In Residence
Rev. Mr. Steve Marchese, Deacon
Sunday Obligation Masses:
6 p.m. Saturday
7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
Daily Masses: 7:00 a.m., Noon • **Holy Day Mass Eve:** 7 p.m.
Reconciliation (Confession): Sat. 4:30 - 6:00 p.m.
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Church Schedules: Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE
221 Moonachie Road
Church Office: 201-641-4919
Rev. Kimberly Chastain, Pastor
Sunday
9:30 a.m. Children’s Sunday School
11:00 a.m. Worship Service



ST. MARGARET OF CORTONA (Little Ferry/Moonachie)
31 Chamberlain Ave., Little Ferry • Office: 201-641-2988
Rev. Arthur Frank Humphrey, Pastor
Sr. Dorothy A. Donovan, S.S.J, Pastoral Associate
Sunday Obligation Masses:
Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon
Daily Masses: Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m.
Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m.
Rosary for Peace: First Saturdays after 9 a.m. Mass
Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

ASSUMPTION R.C. CHURCH
143 First Street, Wood-Ridge • Rectory: 201-438-5555
Center: 201-933-6118 • School: 201-933-0239
Fr. Brian Cullinane, OFM, Pastor
Fr. Paul Sinnema, OFM
Deacon Nicholas Valdez
Sunday Obligation Masses:
5:30 p.m. Saturday
8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
Mon., Fri., Sat.: 8 a.m. • Tues., Wed., Thurs.: 7:30 a.m.
Holy Hour: Friday after 8 a.m. Mass
Sacrament of Penance: Sat. 11:00 - 12:00 p.m.
Assumption Church/School Websites
Parish: www.assumption-parish.org
School: www.assumptionschoolwr.org



FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE
190 Valley Boulevard • Office: 201-438-5559 • 201-438-8966
Rev. Kimberly Chastain, Pastor
Sunday
9:30 a.m. Worship Service
MEEL AL PRESBYTERIAN CHURCH OF NJ
Rev. Changsik Jang, Pastor
Sunday Worship 12:00 • Wednesday Worship 8:30 p.m.
Tuesday - Saturday 6:00 a.m. Morning prayer meeting
201-727-1201



ST. PAUL’S EPISCOPAL CHURCH/RESURRECTION
Center & Humboldt Streets,
W-R • 201-438-8333
Rev. Jacob David, Rector
1st Sunday - 9:30 a.m., Combined CSI & Healing Service
3rd Sunday - 9:30 a.m., Combined Espiscopal Eucharist
2nd & 4th Sunday - 11:00 a.m. Malayalam Service
Vestry Meeting: 2nd Sat. 10:00 a.m.



The Saint Joseph Table

The Saint Joseph Table (*La Tavolata di San Giuseppe*), will be held on Saturday, March 19, 2011, at 7:00 p.m. Ticket cost is \$15.00. Location will be at the school gymnasium, across from the Church on Spring Street in Lodi.

Tickets will be sold after each Mass at Saint Joseph’s Church in Lodi the weekends of February 26/27 and March 5/6. Be sure to get your tickets early as last year’s event was sold out. No tickets will be sold at the door.

The menu will consist of the traditional food items: “St. Joseph’s Pasta,” bread in honor of Saint Joseph, and the “Saint Joseph Zeppole.”

There will also be a sharing table. Anyone attending the event is welcomed to bring an appetizer (*non-meat item*) or a dessert item that will be divided up and shared with all guests.

On Friday, March 18, the actual feast day of Saint Joseph, there will be a solemn Mass celebrated at Saint Joseph’s Church at 7:00 p.m. This will be a bi-lingual Mass in Italian

CC Rosary Society News

The next General Meeting of the Rosary Society is Thursday, March 10, 2011, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel.

Members are reminded that the household items for distribution by the Friendly Neighbors of Hasbrouck Heights will be collected at the March meeting.

The “Bakeless Cake Sale” fundraiser was generously supported by our membership enabling us to award two scholarships to Corpus Christi Eighth Grade students going on to Catholic high schools.

Plans for a Lasagna Dinner on Friday, April 15 are underway. A dinner of meatless Lasagna (*to observe Friday abstinence during Lent*), salad, bread, tea/coffee, soft drinks, and dessert will be served. Ziti with sauce will be prepared for the children. Mark your calendars and watch for further details in the April issue.

We encourage the women of the parish to join the Rosary Society in prayer and service. Members are required to say one decade of the Rosary daily, to attend monthly meetings, to pray the Rosary for deceased members, and to participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan 201-288-7415 for further information. *Story by Carol Viceconte. ###*

and English and celebrated by Auxiliary Bishop Thomas Donato. All are welcomed.

In keeping with tradition, the Society will be handing out bread in honor of Saint Joseph to all parishioners on March 18, 19, and 20 after each Mass.

For more information, please contact Antonino Polaro, President of the Saint Joseph Society, at 201-615-8924 or visit www.saintjosephsociety.org ###

Bibe Baptist Church Hosts Creation Series

Bible Baptist Church will host a three-part message series on Creation and other Big Questions. On Sunday, February 27, 2011, 8:30 a.m. and 11 a.m. the topic is "Design, Deluge & Dilemma." At 6 p.m. the topic is "Leaving Your Brains at the Church Door?" On Monday, February 28, 2011. 7 p.m. the topic is "Real Science Supports the Bible" plus a Q & A period.

The guest speaker will be Dr. Jonathan Sarfati, PhD, from Creation Ministries International, in Atlanta, GA.

For more information call Len at 201-288-4139 x 12 or go to: www.biblebaptist.net. ###

Clean, Gently Used Clothing Wanted

South Bergen Larger Parish collects clean, gently used clothing for their Lyndhurst Thrift Store.

The thrift store is in the United Presbyterian Church of Lyndhurst, but you can donate clothing to the parish office at First Presbyterian Church of Wood-Ridge during office hours, Monday through Friday from 9:00 -- noon, or to any of the Parish Churches on Sunday mornings before or after worship, or to the First Presbyterian Church of Moonachie during the First Saturday free lunch program.

For more information about the thrift store, or to make a donation, please call the parish office at 201-438-8966. ###

Navigating the Prayer Service

Reconstructionist Temple Beth Israel (RTBI) in Maywood hosts an adult education series on Aspects of the Jewish Sabbath Service titled “Navigating the Prayer.”

The series will be led by Rabbi Jarah Greenfield on the last Saturday of the month from January through April, from 9:00 to 10:00 a.m.

The classes are free and open to the public; a light breakfast will be served. Advance registration for each class is required for proper planning; no walk-ins please. Reservations are made by email to Rabbi Greenfield at rabbi@rtbi-online.org.

Each stand-alone session will cover a different facet of the Jewish prayer service so that congregants may better understand the “how” and “why” when attending services; attendance at all four sessions is not required. The community’s Shabbat morning service will immediately follow at 10:00 a.m. All are welcome and encouraged to attend. The adult education classes at RTBI are as follows:

Saturday, March 26, 2011, – “Why Don’t You Slow Down?” in which Greenfield examines the halacha, or Jewish law, surrounding the service. Registration deadline is Friday, March 18.

Saturday, April 30 – “Moving with Spirit,” a look at the choreography of Shabbat services. Registration deadline is Friday, April 22.

RTBI, located at 34 W. Magnolia Avenue in Maywood, off Maywood Avenue, is the only Reconstructionist synagogue in Bergen and Rockland counties. It offers a contemporary look at tradition through its Sabbath and holiday services, adult education courses, religious school and family-friendly events throughout the year.

As a Reconstructionist synagogue, RTBI is an open and inclusive community that welcomes Jews from all walks of life and embraces diversity. For more information, call 201-845-7550. ###

Kidz of Faith

Faith Reformed Church in Lodi holds an after school Kidz of Faith Bible Club, Monday through Friday, 3-6 p.m. They desire to see each child grow mentally, physically, emotionally, socially and spiritually in God. Activities include snack, Bible Study, arts and crafts, homework help, quiet time & prayer. To register or for more information call 973-778-4529 or email kidz@lodifaith.net ###

Food Bank

The Hasbrouck Heights Food Pantry is open Mondays from 9:00 a.m. to 11:00 a.m. for residents. Donations are always welcome. Call Borough Clerk’s office for more information at 201-288-0195. ###



Pharmacist Corner

Chase Winter Blues Away and Welcome Spring with Exercise!

Snow piles got you down? Watching icicles form your favorite pastime? Get up from that chair and exercise those blues away!

When you exercise, your body releases chemicals called endorphins. These chemicals give you a sense of “well-being” or a positive feeling. Endorphins also act as analgesics thereby reducing the perception of pain.

Now don’t think that if you run in place for 5 minutes your arthritis will go away instantly but with regular exercise there are certain health benefits.

It can help reduce stress, anxiety, feelings of depression, and improve sleep. Some added benefits are strengthening your heart, increasing energy levels, lowering your blood pressure, improving muscle tone and strength, strengthening and building bones, reducing body

fat, improving your current state of health and make you look and feel like a million bucks! But first, please speak to your physician about your personal limits to exercise due to your health status and before starting any kind of regimen, no matter how “basic” or “low impact” it may be.

While exercise starts you on your way to a new and improved positive attitude, remember that you may stick with an exercise plan much longer if you join a group or have a few friends to exercise with. Each person in the group can rely on the others for support.

Exercise can be implemented into any lifestyle. Once again, please check with your physician before starting any exercise no matter how easy it may sound.

There are exercises called “armchair” or “wheelchair” exercises tailored for those whose lower extremities have their limits. These help improve circulation, muscle tone and

strength.

Exercise occurs in everyday life and can be tweaked to burn a few more calories or tone up a muscle or two.

When going to the store, don’t keep driving around looking for the closest parking spot. Try parking a little further away. By doing this, you’ve added a few more steps into your exercise regimen.

How about when you come home from the store? Do you try to carry all 10 bags in at once? Try making a few trips to the car, again adding more steps to your regimen.

This brings us to an item called a pedometer. A pedometer is a device you wear to count the number of steps you take.

Did you know that 10,000 steps equals about 5 miles? This is a good way to start a walking plan. You don’t have to start at doing 10,000 steps but start with a smaller goal and slowly go up.

Since walking is part of an exercise plan, let’s just mention

a few important guidelines. First, remember to hydrate yourself by carrying some water with you.

Second, start out by walking a block or two a day and gradually move up to longer, tolerable distances.

Third, try to walk on an even pavement to prevent injuries due to falls or ankle twists.

Fourth, try to walk with someone for safety sake; if you can’t, take your cell phone with you.

Fifth, don’t push yourself to exhaustion! Know your limitations.

Exercise can help chase those blues away, increase your times with friends, make you feel better about yourself and improve your health. That sounds like a great plan for the upcoming spring...So get going!!

References: www.Webmd.com; www.thewalkingsite.com; www.mayoclinic.com

Linda E. Stumper, RPh, is a Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ. 201-288-0404, www.bejaydrugs.com ###

Medication and Food: What’s Good, What’s Bad

The Free Public Library of Hasbrouck Heights is sponsoring a seminar entitled “Medication and Food: What’s Good for You and What’s Bad for You.”

The speaker is Justin A. DiPisa, a pharmacist/educator and past adjunct professor at Monmouth University and St. John's University. He has spoken at many health forums all over the tri-state area.

This free seminar will be held on Thursday, March 10, 2011, from 7 to 8:30 p.m. in The Library’s conference room.

The presentation provides practical approaches to prevention of food-medication inter-

actions. Mr. DiPisa will discuss the benefits of taking medication properly and to maximize the good effects and reduce the side effects of certain medications. He will discuss the foods that benefit us most and contain the nutrients which protect our immune system. Mr. DiPisa provides practical ways to enhance the nutritional value of everyday meals with ideas on vitamin/mineral sources readily available to everyone.

This event is free and open to all. To register, please call 201 288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

Keep your family safe by checking for product recalls

The Hasbrouck Heights Fire Prevention Bureau recommends that you periodically check the US Consumer Product Safety Commission’s web site for recent recalls and product safety news at: www.cpsc.gov

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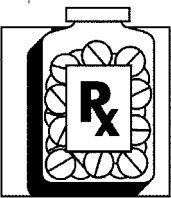


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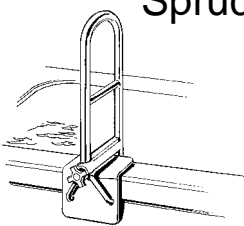


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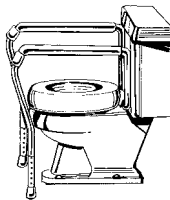
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Filling You In

By Jeffrey E. Mason, D.M.D.

Do You Have Sensitive Teeth?

Cracked teeth, lost teeth and decaying teeth are among the complaints a patient may present to his or her dentist for treatment. Each of those oral health troubles comes with a list of options the dentist may use to fix it; for example, implants, fillings or bonding. Although the most common patient complaint is sensitive teeth, no one desensitizing agent is ideal to manage this uncomfortable condition, according to an article in the March/April 2009 issue of General Dentistry, the Academy of General Dentistry's (AGO) clinical, peer-reviewed journal.

Dentin hypersensitivity is caused by both the loss down of tooth enamel covering the dentin and exposure of the root surface, which may expose the nerve endings inside the teeth or gum tissue.

Common actions such as brushing too hard, using an abrasive toothpaste, drinking too many acidic drinks and grinding of the teeth all can contribute to loss or flaking of enamel, which produces many uncomfortable effects on a person's oral health.

"Depending on its intensity, the increased sensitivity can affect eating, drinking, and breathing," says Sergio Uma Santiago, DDS, MS, PhD, one of the study's lead authors. "It can also hinder one's ability to control dental plaque effectively, which causes an increase in

the probability that the patient will develop cavities."

Thankfully, treatment for this dental condition begins with a simple conversation with a dentist. Dentists have a variety of regimens to manage tooth hypersensitivity, including both in-office treatments and patient-applied products for home use.

"A dentist may prescribe a fluoride gel or over-the-counter desensitizing toothpaste," says AGO spokesperson Dave Tecosky, DMD, MAGO. "Sealants, other protective coatings and even fillings may help, which block transmission of sensation from the outside of the tooth to the nerve," Dr. Tecosky adds. "However, all patients are different and what works for one may not work for another. Describing what a patient is feeling and when the sensitivity occurs is a great way to help the dentist decide on the right treatment plan."

How to treat sensitivity:

- Use desensitizing toothpaste.
- Ask a dentist to apply sealants or other filling materials, such as fluoride.
- Decrease intake of acid-containing food and drink (especially sodas).
- Avoid using hard-bristled toothbrushes and brushing teeth too hard. ###

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Moscow Rules

Wood-Ridge Memorial Library hosts a Book Discussion Group every third Tuesday of the month at 7:15 p.m.

The book to be discussed on Tuesday, March 15, 2011, at 7:15 p.m., is "Moscow Rules" (2008) by Daniel Silva. Israeli spy Gabriel Allon heads to Russia, where he finds that, in terms of spycraft, even he has something to learn if he wants to prevent a former KGB colonel from delivering Russia's most sophisticated weapons to al-Qaeda.

Copies of this book will be made available to all those participating. All are welcome, whether you have participated in such a group before or not. ###

Baby Boomers Social Security Planning

A free educational seminar "Maximize Retirement Income: Social Security Planning Essentials for Baby Boomers" is scheduled for 7 p.m. on Wednesday, March 30, 2011, at Wood-Ridge Public Library. Call Christine at 201-438-2455 for details. ###

Grant Writing Workshop Mar. 22

Care on the Corner is presenting a Grant Writing Workshop on Tuesday, March 22, 2011, starting at 7 p.m.

The workshop is being presented by Susan Caruso-Green, CEO of the Resource Development Network, LLC, a company that prepares grant proposals for nonprofit organizations in the tri-state area. She also serves as Grant Specialist for a three-school district consortium in Union County, NJ.

She has served as the grants manager for the United Way of Passaic County for the past four years.

The workshop fee is to write one grant for Care-on-the-Corner plus write one grant for your organization -- both within one year. For information and registration call 201-288-9460. The workshop will be held at 333 Franklin Avenue, Hasbrouck Heights, NJ. ###



Students Adopt "Baby Delaney"

Catholic Schools Week celebrates the dedication and the hard work that is put into giving quality education and service to communities everywhere.

St. Mary of the Assumption High School in Elizabeth took this year's theme, "A+ For America's Catholic Schools," and wanted to do something special with it.

Since Monday's theme was "A+ For Our Community," the Student Council went around every morning to collect money which was to be given to a charity. When the Student Council took a vote as to where the money should go, the majority voted for "Baby Delaney."

"Baby Delany," as she is lovingly called at St. Mary's, is a 7 month old baby who was diagnosed with cancer not long after she was born.

She was first introduced to the St. Mary's family during

the fall Law class by teacher, Deacon Nick Valdez. The family is a member of Assumption Church, the parish that Deacon Nick belongs to.

Around the time Deacon Nick baptized "Baby Delaney," the Law class adopted her and sent cards and letters of well wishes to her and the family.

On Friday, February 4, 2011, Deacon Nick, along with Student Council Advisor Ms. Regina Fernandez, Student Body President Barrny Leiva, Secretary Kafilatu Tiamiyu, Treasurer Nikita Maignan, and Freshman Representative Jade Benjamin, went to the home of "Baby Delaney" and presented her mother, Caitlin Kurdyla, with a check from the money raised from the St. Mary's family during Catholic Schools Week. *Story and photo provided by Deacon Nick Valdez. ###*

CFA Gets \$900 From HH Holiday Ribbons



On February, 3, 2011, Linda and John Kosakowski of Bill O'Shea's Florist presented Thelma Fedele, Center for Food Action, a check for \$900 from the Annual Boulevard Holiday Ribbon Program. ###

(l-r) Linda and John Kosakowski, Thelma Fedele CFA

Thermal Imaging Cameras Donated to Lodi Fire Prevention Bureau

The Roger I. and Ruth B. MacFarlane Foundation, and their subsidiary, Frank Buonanno of 500 For Life, which are charitable organizations dedicated to saving the lives of potential fire victims and firefighters, recently donated Thermal Imaging Cameras to the Lodi Fire Prevention Bureau.

In a fire, smoke makes it impossible to see. Thermal Imagers allow firefighters to see in a fire. They are able to find victims and identify dangerous situations. This allows them to get to victims faster and safer.

Without a Thermal Imager, 60% of the time firefighters were unable to locate the victim, and more than 30% of the time firefighters couldn't find their way out of the burning house before running out of air. By utilizing a Thermal Imager, 99% of the time, firefighters were able to locate the victim, and 100% of the time, firefighters found their way out of the burning house. ###



Hasbrouck Heights Mayor Rose Heck and Councilman Russell Lipari joined co-directors Christina Carter and Sonia Fermin and their families at the ribbon-cutting of their art studio "Color With Me," on Sunday, February 13, 2011. ###



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Spring Craft Event
for Teens & Adults

The Free Public Library of Hasbrouck Heights will sponsor a fun-filled afternoon where teens and adults can create a springtime barnyard centerpiece. It will be held on Wednesday afternoon, March 16, 2011, from 3:30 to 4:30 p.m.

Spring is right around the corner. Here is an opportunity to get in the mood. Just using a few common grocery items such as marshmallows, jelly beans, and food coloring you will make a colorful and delicious centerpiece comprised of barnyard animals including sheep, pigs, and chicks.

To register, call 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

March Birthstone
Aquamarine or
Bloodstone
(Heliotrope)

Guild Assembles
Health Kits

The Guild of Reformed Church Women will collect and assemble Health Kits as a Lenten project for Church World Service from March 8 to April 24, 2011.

These kits consist of wash-cloth, hand towel, bath-size soap, toothbrush (*in original packaging*), nail clipper, wide-tooth comb and 6 band-aids.

Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service. Cash donations to assist in the shipping and handling of these kits are always welcome.

Any and all items/kits may be brought to the Church Tuesday through Friday and Sunday morning. Call 201-288-1122 or 201-288-0378 for more info. ###

All-You-Can-Eat
Dessert Party

The Friends of Wood-Ridge Memorial Library have set the date for the 17th Annual Dessert Party fundraiser on Monday, April 11, 2011, at 6:30 p.m., in the Wood-Ridge Senior Center at the corner of Hackensack Street and Highland Avenue, adjacent to The Library. Admission is \$10 at the door for the homemade all-you-can-eat desserts. Coffee and tea will also be served. Tickets will not be sold in advance. For more information, call Madeline at 201-438-7737. ###

Shrove Tuesday
Pancake Supper

The First Presbyterian Church of Moonachie is hosting a Shrove Tuesday Pancake Supper on March 8, 2011, from 5 to 7 p.m. Tickets are \$12 for adults, \$5 for children 12 and under. For more information call 201-933-8045. ###

Beefsteak/Comedy
Show April 16

Wood-Ridge PBA Local 313 is presenting their Annual Tricky Tray Beefsteak/Comedy Show, Saturday, April 16, 2011, from 6:30 p.m. to 11:30 p.m., at the Assumption School Gymnasium, Wood-Ridge.

A fun evening of prizes, comedians and 50/50, catered by The Brownstone. Cost is \$45 per person. For tickets, call 201-939-0476 or contact any Wood-Ridge Police Officer. No tickets will be sold at the door. ###

ICHS Alumnae
Sponsors "Taste of ..."

Immaculate Conception High School Alumnae Association is sponsoring "A Taste Of..." on Monday evening, March 28, 2011.

Join them for tastings of the specialties of local restaurants and food establishments. Gift certificates from local restaurants and food inspired gift baskets will be raffled. Tickets are \$25. Contact Neisenberg@ichslodi.org or 973-773-2400 ex 23. Proceeds to benefit The Alumnae Scholarship Fund. ###

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Buttermilk-Battered Fish & Chips
Two buttermilk-battered Alaskan Pollock lightly fried until golden brown. Served with seasoned fries, coleslaw, tartar sauce, malt vinegar and your choice of soup, house or Caesar salad. **8.99**



Spinach & Garlic Chicken
A grilled, juicy, rosemary-garlic chicken breast atop a spinach dip. Served with garlic-herb rice, two tomato slices and garlic bread. Plus, your choice of soup, house or Caesar salad. **9.99**

Offer expires March 31, 2011

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Mardi Gras Celebration March 8

22nd Annual Presentation of “The Jesus Story”

First Reformed Church, Hasbrouck Heights, will host a Mardi Gras Celebration with a Gumbo (*chicken and sausage -- not spicy*), rice, salad and French bread dinner cooked by the Lenten team, on Tuesday evening, March 8, 2011, from 6 p.m. to 9 p.m.

After dinner, enjoy the sounds of New Orleans Jazz and Gospel music featuring Ruth Brisbane, accompanied by The Big Easy Trio.

Ruth is a career vocalist with the Harlem Blues and Jazz Band. She sang her way across the NYC stage in The Wiz, and One Mo Time in London. She has performed at the new Orleans Jazzfest. the Big Easy Trio has performed and recorded in New Orleans.

At 8:00 p.m. there will be a concert of gospel music and New Orleans spiritual music upstairs in the Church.

Costumes are appropriate. Masks and beads will be provided. All are welcome.

Seating for dinner limited. Advance ticket prices are \$15; \$17 at the door. Children ages 6-12 are \$10. Phone 201-288-1122 or 201-288-0002 for your reservation by March 1st.

A Good Will Offering the night of the event to benefit the Hasbrouck Heights Food Pantry will also be collected.

The event is co-sponsored by St. John The Divine Episcopal Church and The First Reformed Church. ###

Passion Play Drama Ministries of Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights, NJ, will be presenting The Jesus Story.

This will be its 22nd annual performance of the presentation of the life, death and resurrection of Christ. Told through the lives of a family in Bethany, a bold and impetuous fisherman named Peter, as well as the life of a Roman soldier.

The dates for the 2011 performances are Saturday and Sunday - April 9th, 10th at 4 p.m, Friday - April 15th at 8 p.m, Saturday and Sunday - April 16th and 17th at 4 p.m. and Thursday and Friday - April 21st and 22nd at 8 p.m. at Felician College located at 262 South Main Street, Lodi, NJ.

FREE admission is being offered with over 1,000 seats available on a first come basis. The ministry wants to make the play available to all who would come. A free will offering will be taken.

A volunteer cast and technical crew of over 100 men, women and children commit to bringing this heart changing true story to thousands of people. Through the collaboration of the Cultural & Community Affairs Division of Felician College, The Jesus Story has affected the lives of all who have come to see it.

Reverend William Hegedus, Pastor of Bible Baptist Church, and director of The Jesus Story insists that the purpose of the play is not to entertain, but to present the love of God for a lost and dying world. Long ago, even before He made the world, God loved us and chose to adopt us into His family by bringing us to Himself through the death of His Son on the cross. God sent His Son to earth and offered Him as a perfect sacrifice for our sins. The Bible says that whoever believes this and accepts this will live forever with Him in Heaven. “Jesus is the only power in the world that has been given to save people. We must be saved through Him”- Acts 4:12

Please visit the web-site at www.biblebaptist.net for more information and directions, as well as some pictures and video clips from past performances. Those with no internet access may call 201-288-4139, press 2. ###

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Ecumenical World Day of Prayer

March 4 at Corpus Christi Chapel

“How many loaves have you?”

On Friday, March 4, 2011, at 1:00 p.m., World Day of Prayer Ecumenical Services will be held at Corpus Christi Chapel (entrance on Kipp Avenue), Hasbrouck Heights. Light refreshments will follow. The facilities are handicapped accessible.

World Day of Prayer is an ecumenical celebration of informed prayer. Women, men and children in more than 170 countries and regions will celebrate World Day of Prayer.

The women of Chile have written the service around the theme "How many loaves have you?" They ask us to enter a process that draws us into the Bible, into the context of Chile and into the real situations of our lives and communities.

Together, we are asked to respond to what we have and how we can share it with others. In this past year, Chile has been challenged by a devastating earthquake and the collapse of a mine in which many miners were trapped.

Again we are reminded to share our bread and to receive the bread that is shared with us. On March 4, 2011, let us reach out our hands and hearts to touch the lives of sisters and brothers in Chile and around the world.

Invite your friends, family and communities of faith to join the women of Chile in prayer and song to support women's ecumenical ministries toward justice, peace, healing and wholeness.

The annual offering will support the work of World Day of Prayer USA and help meet the needs of families who are victims of many forms of poverty, violence and human trafficking.

Through World Day of Prayer, women affirm that prayer and action are inseparable and that both have immeasurable influence in the world. WDP brings together women of various races, cultures and traditions in closer fellowship, understanding and action throughout the year, becoming aware of the whole world and no longer living in isolation.

A different country is represented each year. For more information go to: www.wd-pusa.org ###

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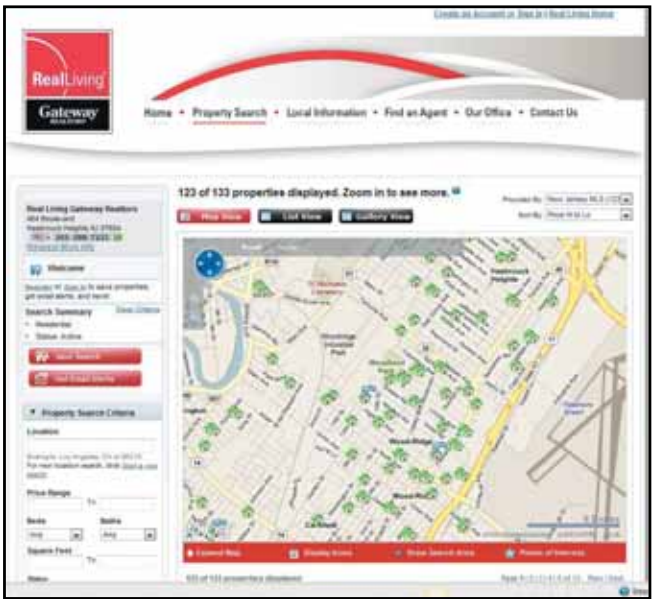
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