

The Gazette

Newspaper for Carlstadt • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

Published Monthly. Issued the first week of the month. Distributed via U.S. Postal Service and available at select locations.
Every issue is FREE online in PDF format at: www.The-Gazette-Newspaper.com RSS feed available.

VOL. 9, No. 3 March 2012 ★★★★★



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As area Fire Departments reorganize for 2012, Fire Chiefs express the goal of a safe year for their Departments.

Vision For A Safe Year

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Corpus Christi Students Learn About Service Dogs

On Monday, January 30, 2012, Corpus Christi students were introduced to nine year old Lindsey Parete and her service dog, Blaze. Michele Meli, of Mickey's Kids Foundation, began with the introduction of the Canine Assistants program which breeds and trains dogs to assist children in need. As a spokesperson for Canine Assistants, Lindsey's mom, Karen, wanted to share their story and educate students about service dogs. Karen then explained that Lindsey has epilepsy. Blaze was trained by Canine Assistants as a seizure response dog and to bark if there is a seizure. Karen told the students that there was a two year wait list. They went to Georgia where the dogs are trained, and that the dog picks the child. On May 9, 2010, Blaze, who was 18 months at the time, became part of the family. Blaze is now three years old. She explained that Lindsey and Blaze go everywhere together with few exceptions such as lunch, gym class and recess (which is Blaze's down-time).



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Lindsey is a 4th Grader at Jefferson Township School. The Corpus Christi students collected donations during "Spirit Day" to benefit Mickey's Kids goal of raising \$25,000 to fund another service dog. Mickey's Kids annual gala event will be held March 16, 2012, at Il Villaggio in Carlstadt, with proceeds benefitting Canine Assistants. Cost is \$125 per person and includes cocktail hour, dinner and entertainment. Ashley, from American Idol, will sing and there will be "Dancing Under the Stars" professional dancers. For more information contact steamboatwillie1@verizon.net ###

2012 Street Fair Sponsors Invited

The Hasbrouck Heights Mayor's Business Community Committee announced the 4th Annual Street Fair is scheduled for Sunday, May 20, 2012. Last year, an estimated 18,000 attended. This event is rapidly becoming one of the premier events in New Jersey. The committee welcomes sponsor commitments. Sponsorships send a message that you are a leader and active participant in meaningful community initiatives. Those seeking sponsorship to this spectacular regional street fair should call 201-288-0195. ###

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"A Raisin in the Sun"

On January 19, 2012, the Wood-Ridge High School theater class put on an amazing rendition of "A Raisin in the Sun." The talented cast of nine students gave the packed audience a glimpse into the life of the Younger Family.

It was a grand time for all when the audience was treated to complimentary dinner and a show. The play itself depicts the life of an African-American Family that is about to receive an insurance check for \$10,000 from the late Mr. Younger's insurance policy.

Each member of the family has his/her own idea about what he/she would like to do with that money; their hopes range from investing in a liquor store to buying a dream house with a little garden, or using it for medical school.

Each cast member put on a performance that inspired the audience to believe that one should never give up on one's dreams.

The class rehearsed for four months under the direction of Mrs. Roberta Blender and Ms. Kimberly Millar. The whole cast would like to thank Mr. Colarusso and Steve Louvretin for lighting and sound.

The cast list is as follows: Stefanie Baroutoglou, Mama Lena Younger; Anthony Rispoli, Walter Younger; Amanda DeLiberto, Ruth Younger; Francesca Cafarella, Beneatha Younger; Ryan Cinelli, George Murchinson. Joshua Buscema, Joseph Linder; Daniela Pedulla, Karl Linder; Gabriel Blanco, Bobo. *Story by Stefanie Baroutoglou, photo provided by WRHS. ###*



Frank Feroldi with Becton coach Roger Kotlarz

Becton Coach Feroldi Honored

The Maxwell Football Club president, Ron Jaworski, announced the 2011 Mini Max High School Award winners in the state of New Jersey. Congratulations to Frank Feroldi of Becton Regional High School for being this year's recipient. Feroldi was one of 49 players from New Jersey schools that were nominated by their coaches. The players were evaluated based on a criteria that includes: academics, football performance, and community service. A dinner was held on January 15, 2012 at The Heldrich to honor all Mini Max winners. *Photo courtesy of Wildcat Sideline Club. ###*



WRHS Debate Team Honored

It is with great pride that Dr. Sue DeNobile, Principal of Wood-Ridge High School, announces the outstanding accomplishments of their students. Three members of the Wood-Ridge High School Debate Team recently received the following honors:

Bishoy Awadalla and Panagia Bouliga won a 2nd Place Trophy at the Bergen County Debate League – Fort Lee Tournament on November 18,

2011.

Erick Santo was named Most Valuable Judge at the Bergen County Debate League – Becton Tournament on December 16, 2011.

The students and Mrs. Stephanie Gaven, Debate Team Advisor, are commended for their achievements. All were publicly recognized at the January 18, 2012 Wood-Ridge Board of Education meeting. *Story and photo provided by WRHS. ###*

Carlstadt Fitness Unit

The students in Carlstadt Public School, under the direction of Physical Education teacher Kim Johnson, have been working on a fitness unit in class.

The goal has been to help the students understand what fitness is, how you can get physically fit, and why it is important to be healthy and stay fit.

Throughout the fitness unit, students worked at stations performing various exercises and were instructed about the muscle groups that they were working on. Students also participated in a number of fitness activities that work their cardio vascular system (*heart and lungs*). Throughout the unit students have been introduced to key fitness terminology such as Max Heart Rate, Resting Heart and Target Heart.

Students have taken both their resting and target heart rates throughout the unit to note the difference between them.

The culminating activity



of the unit was to create a fitness activity and present their activity to the class. During the presentations, the students also had to stop twice and have the students check their pulse to make sure the class was in the target heart rate zone.

During the fitness unit there was a strong emphasis on "fun" as part of staying healthy. Ms. Johnson plans many lessons aimed at helping the students understand what it means to be healthy for now and for a lifetime. *Story and photo provided by Carlstadt Public School. ###*

Performing Arts Program

Care on the Corner announces Kids on the Corner, a performing arts program for Grades 2 – 5.

Under the direction of Cindy Summers, choreography by Joan Columbo and the production manager, Catherine Wrede, participants will tell the story of "The Emperor's New Clothes."

The group meets on Fridays from 3:30 p.m. – 6 p.m. beginning March 23.

Everyone is invited to the performance of these stories on Friday, May 11 at 7:30 p.m. The group meets at the Parish Hall of St. John the Divine at 229 Terrace Avenue, Hasbrouck Heights, NJ.

Call the Care Center at 201-288-9460 to register. There is a \$25 registration fee. Scholarships are available. ###



Gingerbread Contest Grand Prize Winners

The Carlstadt Public School Fourth and Fifth Grade science clubs, under the direction of Mary Anderson and Michael Signorella, were awarded the grand prize for the Annual Gingerbread Contest sponsored by United Water Company. Their submission depicted a gingerbread village including a train and reservoir. Certificates were presented to all those who participated. *Story and photo provided by Carlstadt Public School. ###*

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Homework Club

Care on the Corner announces the Homework Club for children in grades Kindergarten – 5. Classes will be offered on Thursdays from 3:30 p.m. – 5:00 p.m. (*classes will not be held on school holidays*).

Students are asked to bring current Language Arts (*Reading, Spelling and Phonics*), Math, Social Studies and Science (*other than experiments*) homework assignments in which help is needed.

The group meets at the Care Center, 333 Franklin Avenue, Hasbrouck Heights. Call the Care Center at 201-288-9460 to register.

There is a \$15 registration fee. Scholarships are available. Jean R. Giarratana (*NJ Certified Teacher*) is the coordinator. ###

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Fletcher PSE&G Grant Recipient

Esther Fletcher, mathematics teacher in the Carlstadt Public School, is one of nine recipients of the PSEG Environmental Education Grant Award.

Mrs. Fletcher will be working with her students on a paper conservation project involving both Seventh and Eighth Grade students over a two-year period. The project goal is to demonstrate the environmental and financial benefits of conservation through interdisciplinary studies, focusing on mathematical representations.

Mrs. Fletcher hopes that every student involved in this project will realize their impact on the environment. A slight reduction in paper usage can have a large impact over time. Mrs. Fletcher is proud to accept the award in the amount of \$2,400 to support the project stating, "Our children should feel empowered to make a difference." *Story provided by Carlstadt Public School. ###*

Corpus Christi School Participates in the Lenten Season and Prepares for Terra Nova Testing

Corpus Christi faculty and students march along the month of March and the Lenten Season with quiet reflection and prayer.

Throughout the Lenten Season students will attend Mass with their class every week concluding with the final prayer service on Wednesday, April 4, 2012.

Corpus Christi will host their annual Book Fair on February 29 and March 1.

First Friday Mass will be March 2 with a noon dismissal.

Terra Nova Testing will start on Monday, March 5 and conclude on Friday, March 9.

Spirit Day, on March 16 will allow the students to wear green in honor of St. Patrick's Day for a donation of \$1. Donations collected will be donated to benefit muscular dystrophy.

A Home School meeting is scheduled for March 21.

School will be closed on March 23 for a Deanery In-Service.

Registration for the 2012/2013 school year for PreK3 through 8th Grade is ongoing. Please call 201-288-0614 for class availability and enrollment information or go to www.corpuschristischool.net for additional information on any of these events. *Story by Maria Grace Billings. ###*



Klondike Derby Tests Scouting Skills

The Klondike Derby for Three Rivers District of Boy Scouting was held on Saturday, January 28, 2012, at Campgaw Reservation in Mahwah, NJ. Scouts from Troop 17 and Cub Pack 17 of Hasbrouck Heights were in attendance.

A Klondike Derby is an annual event held by the Boy Scouts of America districts during the winter months and is based on the heritage of

the Klondike Gold Rush. The Boy Scouts have been running Klondike Derbies since 1949.

The Klondike Derby consists of stations where patrols must test their Scouting skills and their leadership abilities, earning points towards a total score. The equipment must be transported on a homemade sled and pulled by the Scouts. *Scribe, Troop 17. ###*



Troop 17 Holds Winter Court of Honor

The Winter Court of Honor was held on Wednesday, December 17, 2011 for Boy Scout Troop 17 of Hasbrouck Heights. It was held at Corpus Christi ECLC. The Cub Scout Pack 17 Webelos II were in attendance.

It was their introduction to the Boy Scout Court of Honor. Merit Badges were awarded to qualifying Scouts and Rank Awards were also given out.

The Webelos II will be bridging into Scouts in March of 2012. *Scribe Troop 17. ###*

Scouts Display History and Accomplishments



Boy Scout Troop 17 and Cub Pack 17 of Hasbrouck Heights has a display of Scout

Memorabilia set up in the display cases at the Hasbrouck Heights Library for the month of February 2012. Included are some of the Scouts history as well as some of the new activities that the Scouts participate in. Patches and trophies that the Scouts have acquired are also on display. *Scribe, Troop 17. ###*

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Stash the Trash

The 4th Annual Stash the Trash Community Clean Up is scheduled for April 21, 2012, at 10 a.m., at the Moonachie Civic Center.

The 2011 event was overshadowed by pouring rain, but in 2010 over 56 people signed in to pick up trash and another eight volunteers who set up, gave things out, and cooked and served the food; not to mention a DJ who played wonderful music.

In a small town, these community events preserve the integrity of their sense of togetherness. Keeping Moonachie clean is a year round job, and your involvement would be greatly appreciated.

This event is sponsored by the Moonachie Clean Communities and the South Bergen Rotary Club. The event will run from 10 a.m. until noon. Community groups are encouraged to sign up – all materials for clean-up will be provided, as will a bar-b-que lunch.

If you would like to sign up, please email mlyons@moonachie.us. Groups will be able to apply for a mini-grant from the town. If you have any questions, ask at the above email address, or call 201-376-8382. ###

Full Worm Moon

The March full moon will appear on Thursday, March 8, 2012, at 04:41. It is called the “Full Worm Moon.”

According to the Farmer’s Almanac, as the temperature begins to warm and the ground begins to thaw, earthworm casts appear, heralding the return of the robins.

Northern tribes also referred to this Moon as the “Full Crow Moon” when the cawing of crows signaled the end of winter; or the “Full Crust Moon,” because the snow cover becomes crusted from thawing by day and freezing at night.

The “Full Sap Moon” marks the time of tapping maple trees in another variation. To settlers, it was also known as the “Lenten Moon” and was considered the last full moon of winter.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Things to Do in Your Garden This Month

- Remove winter mulches
- Clean up the garden/weed
- Have soil tests run
- Improve soil with organic matter and pre-plant incorporation of fertilizer
- Rake & aerate lawn
- Apply lime if needed
- Reset perennials that have frost-heaved
- Start vegetables and flowers from seed
- Sow seeds outdoors of hardy annuals, such as poppies and cornflower
- Plant sweet peas and garden peas on St. Patrick's Day, if soil is workable
- Plant cold-tolerant vegetables such as onions and peas (mid to late month)

- Look for and remove cedar apple rust galls on Eastern red cedar
- Plant or transplant trees and shrubs when soil is workable
- Fertilize trees and shrubs (late)
- Prune trees, shrubs that do not flower in spring (*unless renovation pruning*)
- Clean out all of your bird-houses now, so that they will be ready when the birds return.
- Repair any fencing, arbors, or trelliswork that is weak or has broken over the winter.
- Check the plants under the eaves of the house and under tall evergreens to see that they have sufficient moisture. ###

Safeguard Your Home

BCUA Collects Household Hazardous Waste

While most people are interested in safeguarding their homes, many dangerous and environmentally unsafe materials gather dust in garages and basements, such as batteries, paints, and insecticides.

Hazardous waste can safely be removed from homes and be recycled or disposed of properly at the Bergen County Utilities Authority (BCUA) Household Hazardous Waste Collections.

BCUA will collect household hazardous waste on Saturday, March 10, 2012, from 9:00 a.m. to 3:00 p.m., at the BCUA (*foot of Empire Boulevard*) in Moonachie -- rain or shine. This service is free of charge for Bergen County residents -- ID is required.

A partial list of acceptable materials for collection includes: aerosol cans, anti-freeze, batteries, blacktop seal-

ers, disinfectants, fertilizer, fire extinguishers, herbicides, insecticides, mercury switches, paints, pesticides, propane gas cylinders (*1 lb. & 20 lb. only*), solvents and thinners, used motor oil, varnishes.

A partial list of unacceptable materials includes: unlabeled wastes or containers with unknown contents, regulated medical wastes, radioactive materials and explosives, containers larger than five gallons, compressed cylinders (*oxygen or acetylene*), pressure treated lumber or railroad ties, computers, electronics and tires.

For detailed information log onto www.bcu.org or call 201-807-5825.

(*Businesses must pre-register prior to attending BCUA sponsored collection events. A disposal fee will be charged and collected. Call 201-807-8696 for details.*) ###

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Chamber/Garden Club Boulevard in Bloom

Help Keep the Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for the past seven years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the HH Garden Club, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting will be done by the Garden Club at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season. After the summer, the DPW will collect the flower pots and store them for the winter.

The Beta Club from the Hasbrouck Heights Middle School and the Jr. Girl Scout Troop #438 will lend a hand planting and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

The funding has become

dangerously low. Your generosity is especially appreciated this year.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604.

Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

Hasbrouck Heights Garden Club

Come and join them on March 15, 2012, at 320 Boulevard on the second floor in the Library Meeting Room.

The speaker will be Suzie Ludwig who will show how to make your own terrariums, what containers can be used, and what plants are compatible with each other.

Refreshments will be served at 6:45 p.m., followed by the speaker. Interested people from all neighboring towns are welcome. For further information please contact Judy, 201-288-2615. ###

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"Spring Forward" March 11

Daylight Saving Time will commence on the second Sunday in March and end on the first Sunday in November.

At 2 a.m., on March 11, 2012, clocks should be set forward one hour ahead of standard time (*spring forward*).

Daylight Saving Time allows us to use less energy in lighting our homes by taking advantage of the longer and later daylight hours.

Daylight Saving Time was instituted in the United States during World War I in order to save energy for war production

by taking advantage of the later hours of daylight between April and October.

During World War II, the federal government again required the states to observe the time change. Between the wars and after World War II, states and communities chose whether or not to observe Daylight Saving Time.

In 1966, Congress passed the Uniform Time Act which standardized the length of Daylight Saving Time.

Daylight Saving Time is four weeks longer since 2007 due to the passage of the Energy Policy Act in 2005.

The Act extended Daylight Saving Time by four weeks from the second Sunday of March to the first Sunday of November, with the hope that it would save 10,000 barrels of oil each day through reduced use of power by businesses during daylight hours.

Unfortunately, it is exceedingly difficult to determine energy savings from Daylight Saving Time and based on a variety of factors, it is possible that little or no energy is saved by Daylight Saving Time.

The idea of daylight saving was first conceived by Benjamin Franklin in 1784.

A study by the U.S. Law

Enforcement Assistance Administration found that crime was consistently less during periods of Daylight Saving Time than during comparable standard time periods. Data showed violent crime down 10 to 13 percent. It is clear that for most crimes where darkness is a factor, such as muggings, there are many more incidents after dusk than before dawn, so light in the evening is most welcome. ###

Beware the Ides of March

Those familiar with history or William Shakespeare's play "Julius Caesar," recognize the reference to March 15, the day of Julius Caesar's assassination in 44 B.C. after declaring himself dictator of Rome for life.

"Beware the Ides of March" is the soothsayer's message to Julius Caesar, warning of his death and has forever imbued that date with a sense of foreboding.

After Caesar's untimely exit, superstitious Romans may well have avoided launching a business, marriage or other important venture on a date so cloaked in doom it eventually entered the lexicon as a metaphor for impending catastrophe.

But in Roman times the expression "Ides of March" did not necessarily evoke a dark mood—it was simply the standard way of saying "March 15."

A Roman saying, "four Ides," (*meaning four days before Ides*), would be just as clear to other Romans as someone saying March 11.

For ancient Romans, an Ides was merely one of several common calendar terms used to mark monthly lunar events. The Ides simply marked the appearance of the full moon.

Each month has an Ides (*usually the 15th*) and this date wasn't significant in being associated with bad luck or doom. ###

Brunch with the Bunny

The Junior Women's Club of Hasbrouck Heights presents their annual Brunch with the Bunny on Saturday, March 31, 2012, from 11 a.m. to 1 p.m.

This event will be held at the Hasbrouck Heights Municipal Building.

Tickets are \$8 per person and include the following: brunch, coffee, dessert, entertainment, and treat.

Bring your camera for a photo with the Easter Bunny. For tickets and more information, please call Lori at 201-321-5274.

Due to limited seating capacity, tickets will NOT be sold at the door. All children must be accompanied by a paying adult.

Proceeds for this event will be used to benefit local charities and scholarships. ###

New Mailing Address for REACH Contributions

The REACH Helpline no longer has a Post Office box at the Hasbrouck Heights Post Office.

Donations and contributions to this service may be sent to REACH c/o Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights, NJ 07604.

Residents who are in need of transportation to medical and dental appointments are asked to call REACH at 201-441-3350 early in the morning of the day on which they need this service.

Volunteers are badly needed so this program can continue. Anyone who can give one day a month to receive calls at home or drive residents to appointments can call Ethel Ball at 201-288-3611. ###

Area Easter Egg Hunts

Hasbrouck Heights

The Annual Easter Egg Hunt is scheduled for line up at 9:30 a.m. with a 10:00 a.m. start on Saturday, March 31, 2012, at Depken Field. Rain Date is April 7. The Easter Bunny is scheduled to visit and hand out candy.

The event is open to all Heights Pre-schoolers (age 4-5) through Third Graders. Children should bring a basket. All children must wear rubber soled shoes, preferably sneakers. No parents or underage children are allowed on the field. Tickets are distributed through the elementary schools. Tickets are also available at the Borough Clerk's Office at 320 Boulevard. This event is sponsored by the Mayor's Celebration Committee.

Little Ferry

The Little Ferry visit by the Easter Bunny is scheduled for Saturday, March 31, 2012, at Borough Hall from 11 a.m. to 2 p.m. for resident children up to age 12. Bring your camera.

Event is rain or shine. This event is sponsored by the Recreation Committee.

Moonachie

The Moonachie Annual Egg Hunt will be held 11 a.m., Saturday, March 31, 2012, at Robert L. Craig School Gymnasium, rain or shine. Refreshments will be served and the Easter Bunny will be there. Be sure to bring your camera. The event is open to all children.

Wood-Ridge

The Knights of Columbus St. Anthony Council 11585 will hold their Annual Easter Egg Hunt after the "Blessing of the Baskets," at noon on Saturday, April 7, 2012, on the Assumption Church grounds for Pre-K through 3rd Grade. Tickets may be obtained at the rectory. In case of rain, the event will be held indoors. Refreshments follow. ###

Wood-Ridge Memorial Library will be hosting an Easter Egg Hunt for children ages 4 to 7 years old on April 7 at 11 a.m. Registration is required due to limited space, and preference is given to Wood-Ridge residents. To register, contact Molly at wrdgcild@bccls.org or by calling The Library at 201-438-2455. ###

Online calendars can help your computer update automatically. When it's time to spring forward or fall back, many people just change their clocks before going to bed, or reset them in the morning when they wake up, rather than changing the clocks exactly at 2:00 in the morning.

Be careful when changing your clocks before bed, though - some clocks are smart enough to change the time automatically for DST. If you change the time manually, you may end up an hour off. ###

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Fish ‘N Chips

The Contemporary Club of Hasbrouck Heights (*a Federated Woman’s Club*) will hold their Annual Fish and Chips Dinner on Thursday, March 22, 2012, from 5:30 until 7 p.m., at Holy Trinity Lutheran Church, located at the corner of Burton and Hamilton Avenues in Hasbrouck Heights.

Tastefully British Caterers will again be catering the event. Tickets are \$14 for adults and \$8 for children under 10 years of age and must be purchased in advance. No tickets will be sold at the door.

Pre-paid take-out is available. For reservations, please contact Marge at 201-288-8933; deadline is March 16. Proceeds will benefit Club projects. ###

Guild Assembles Health Kits

The Guild of Reformed Church Women will collect and assemble Health Kits as a Lenten project for Church World Service from February 26 to April 8, 2012.

These kits consist of washcloth, hand towel, bath-size soap, toothbrush (*in original packaging*), nail clipper, wide-tooth comb and 6 band-aids.

Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service. Cash donations to assist in the shipping and handling of these kits are always welcome. All items/kits may be brought to the Church Tuesday through Friday and Sunday morning. Call 201-288-1122 or Estella 201-288-0378 for more info. ###

Clean, Gently Used Clothing Wanted

South Bergen Larger Parish collects clean, gently used clothing for their Lyndhurst Thrift Store.

The thrift store is in the United Presbyterian Church of Lyndhurst, but you can donate clothing to the parish office at First Presbyterian Church of Wood-Ridge during office hours, Monday through Friday from 9:00 -- noon, or to any of the Parish Churches on Sunday mornings before or after worship, or to the First Presbyterian Church of Moonachie during the First Saturday free lunch program.

For more information about the thrift store, or to make a donation, please call the parish office at 201-438-8966. ###

Fish & Chips March 10

Saint Margaret of Cortona’s Parish Social Life Committee is sponsoring their 9th Annual Fish and Chips Dinner on Saturday, March 10, 2012.

Cooking will be done by Tastefully British. Dinner will be served from 6:15 – 7:30 p.m. in Marnell Hall in the Parish Center at the corner of Liberty St. and Chamberlain Ave., Little Ferry.

Cost is \$15 per meal, and includes fish, chips, cake, coffee and tea. No tickets will be sold at the door. Take-out orders are available. For information, call Ellie at 201-641-0883. ###

Lasagna Dinner & Tricky Tray

The Rosary Society of Corpus Christi Church is hosting a Lasagna Dinner on Friday, March 2, 2012, from 5:30 to 7:30 p.m., in the Corpus Christi School cafeteria.

A delicious dinner of meatless lasagna (*to observe Friday abstinence during Lent*), salad, bread, tea/coffee, soft drinks, and dessert will be served.

To make the menu family friendly, ziti with sauce will be prepared for the children. It is asked that you make this request when purchasing tickets. Take-out is available.

The evening will include a 50/50 drawing. The dinner donation is \$10 for adults and \$5 for children 12 and under (*toddlers free*). To purchase tickets, please call Karen at 201-288-5738. ###

All-You-Can-Eat Dessert Party

The Friends of Wood-Ridge Memorial Library have set the date for the 18th Annual Dessert Party fundraiser on Monday, April 16, 2012, at 6:30 p.m., in the Wood-Ridge Senior Center at the corner of Hackensack Street and Highland Avenue, adjacent to The Library. Admission is \$10 at the door for the homemade all-you-can-eat desserts. Coffee and tea will also be served. Tickets can be purchased at The Library or through Friends of the Library. For more information, call Madeline at 201-438-7737. ###

Don’t Text and Drive

IHOP Flips for Charity -- Gives Away Free Pancakes

IHOP in Hasbrouck Heights will offer guests a free short stack of buttermilk pancakes in an effort to raise awareness and funds for “Children’s Miracle Network” on National Pancake Day, Tuesday, February 28, 2012, from 7 a.m. to 10 p.m.

For every delicious short stack of pancakes served on National Pancake Day, IHOP guests are invited to make a donation to the “Children’s Miracle Network.”

National Pancake Day, also known as Mardi Gras or Shrove Tuesday, has been celebrated for centuries in England, with a tradition and lore all its own.

The English have “flipped” for pancakes in celebration of Shrove Tuesday, which heralds the beginning of fasting during Lent.

Long ago, strict rules prohibited the eating of all dairy products during Lent, so pancakes were made to use up the supply of eggs, milk, butter and other dairy products ... hence the name Pancake Day.

This is IHOP’s 7th National Pancake Day Celebration. The program benefits “Children’s

Miracle Network,” a non-profit organization dedicated to saving and improving the lives of children by raising funds for children’s hospitals throughout the United States.

Proceeds from IHOP in Hasbrouck Heights will benefit Children’s Specialized Hospital in Mountainside, NJ and Robert Wood Johnson University Hospital in New Brunswick.

IHOP’s goal is \$10 million in 10 years. Since starting its National Pancake Day celebration in 2006, IHOP has raised more than \$8 million to support local charities. ###

Meatless Pasta Dinners

Saint Margaret of Cortona’s Parish Social Life Committee is sponsoring meatless Pasta Dinners on Fridays during Lent, March 2, 16, 23 and 30, 2012. Dinners will be served from 5:30 – 7 p.m. in Marnell Hall in the Parish Center at the corner of Liberty St. and Chamberlain Ave., Little Ferry. Cost is \$6 for adults and \$3 for children under 10. For information, call Ellie at 201-641-0883. ###

Rice Cake & Butter Lamb Sale

The Rosary Confraternity of Most Sacred Heart of Jesus Parish in Wallington will be holding its annual Rice Cake and Butter Lamb Sale on Saturday, March 24, 2012.

Rice Cake, as well as Butter Lambs will be sold while supplies last. Please note that advance orders will be honored first!

Prices are:
• Rice Cake: \$5 per pound
• Rice Cake: Whole \$30
• Butter Lambs (Salted) \$5 each
• Butter Lambs (Unsalted) \$5 each

If you would like to place an advance order, please call no later than March 9, 2012. Purchases may be picked up on Saturday, March 24 only between the hours of 12 p.m. through 5 p.m. in the school cafeteria.

For additional information or to place an order, call Mary-Jane 201-939-8576. ###

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Friday, March 30 at 8pm
Saturday, Sunday March 31 & April 1 at 4pm
Thursday, Friday April 5 & 6 at 8pm



Dance the Night
Away Beefsteak

The Care on the Corner of Hasbrouck Heights will be holding their Annual Dance the Night Away Beefsteak Dinner on Saturday, March 3, 2012, at the Hasbrouck Heights VFW, 513 Veterans Place, at 7 p.m. The cost of the dinner is \$45 which includes dinner, soda, beer, wine and D.J. “Rocky.”

The proceeds will benefit the many educational programs which includes ESL program, children's theatre group and American Sign Language.

For tickets and more information, call 201-288-9460 or at their website www.careonthe-corner.org. ###

Fashion Show
and Tricky Tray

Wood-Ridge High School Class of 2012 Fashion Show and Tricky Tray will be held on Thursday, April 12, 2012, starting at 6:30 p.m. at The Fiesta, Wood-Ridge. Tickets are \$40 per person.

Doors open at 5:30 p.m. to preview Tricky Tray and baskets and to place your tickets.

Dinner choices are chicken, roast beef, fish or vegetarian.

Reserve your table early! Payment for 6 tickets reserves a table. Table size: 10-12 people

For tickets or info call Janet at 201-707-4261 (therobes133@msn.com) or Michelle at 201-965-9509 (mtimpson@gate-waytohomes.com) ###

March Flower
Daffodil

W-R Lions
Pancake Breakfast

The Wood-Ridge Lions Club is sponsoring their annual pancake breakfast. Started in 1961, this is believed to be the longest continuous community event in the Borough.

Come to the High School All Purpose Room on Sunday, April 1, 2012, between 8 a.m. and noon, to enjoy a delicious breakfast of hot buttered pancakes with syrup or fruit toppings, sausage, orange juice, coffee or tea. Tickets are available from any Club member or at the door for \$4 each. Children under 3 are free. ###

LF First Aid Squad
Pancake Breakfast

The Little Ferry First Aid Squad will be hosting their 2nd Annual Pancake Breakfast on Sunday, March 25, 2012, from 8 a.m. to noon at the VFW at 100 Main Street.

The breakfast will consist of pancakes, eggs, sausage, coffee, tea, juice and milk. Tickets may be purchased in advance from any First Aid Member or at The PetSpa at 252 Liberty Street in Little Ferry during the business hours Tuesday-Saturday, 8 a.m. to 4 p.m. Ticket prices are \$6 for Adults and \$5 for Seniors and Children. Tickets may also be purchased the morning of the breakfast and take-out is also available. The Easter Bunny will be present for picture taking as well.

Please come out and support the local First Aid Squad so they may continue to help the community during their time of need. ###

Dinner and
Fashion Show

Carlstadt Mixed Chorus presents the Annual Dinner and Fashion Show at The Fiesta, Rt. 17 South in Wood-Ridge, on March 5, 2012, at 6:30 p.m. Donation \$35. Fashions presented by "Dress Barn," Rt. 4 East, Paramus, NJ.

For reservations call 201-652-0968 or 973-777-6677. ###

Ziti Dinner Night
March 14

The Lodi High School Band will be hosting a Ziti Dinner Night, featuring Karaoke! The event will take place on Wednesday, March 14, 2012, from 6-9 p.m., at the Lodi High School Cafeteria.

The menu will include pasta and salad prepared by the Lodi Moose, as well as beverages and dessert. Tickets are \$8. A gift card raffle will also be held. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext. 40. Tickets may also be purchased at the door. All proceeds will benefit the music scholarship fund. ###

Lodi HS Band
Beefsteak

The Lodi High School Band will be hosting a Beefsteak on Thursday, April 26, 2012, from 6-9 p.m., at the Lodi High School Cafeteria.

In addition to a full beefsteak dinner, the evening will feature performances by professional jazz musicians, accompanied by members of the Lodi High School Jazz Band. Tickets are \$35. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext.40. All proceeds will benefit the music scholarship fund. ###

Bockbeer Fest
March 24

Carlstadt Turn Hall, 500 Broad Street, Carlstadt, NJ, celebrates BOCKBEER FEST Saturday, March 24, 2012, from 8 p.m. to 12 p.m.

Donation of \$35 pp includes live music by Bernie's Orchestra, food and drink, coffee and cake.

For reservation call: 973-777-6677 or 201-652-0968. ###

Mt. Airy Lodge
& Casino Bus Trip

Come and enjoy a day at the beautiful Mt. Airy Lodge & Casino! The bus will leave from in front of MSH Church, Wallington, at 9:30 a.m. sharp, returning at approximately 5:30 p.m. The price of \$30 includes bus transportation, a \$25 free slots play, and a \$10 food voucher.

Payment is due when the reservation is booked. Checks should be made payable to “MSH Rosary Confraternity,” placed with the reservation form in an envelope marked “Mt. Airy Trip,” and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington, no later than Friday, March 16. Note: Guests must present valid state or federal issued photo id in order to obtain their Mt. Airy Players Club Card or any motor coach incentive.

For additional information, call Ginny at 201-715-2087. ###

AC Bus Trip
February 26

Carlstadt Republican Club Atlantic City bus trip to Showboat on Sunday, February 26, 2012, leaving Sun Chemical, Carlstadt, at 9 a.m. and returning 7:30 p.m. Donation is \$35 and receive back \$30 from casino. Call Joe at 201-933-5630 or e-mail jcrifasi@verizon.net ###

A Taste of...

The Alumnae Association of Immaculate Conception High School in Lodi is sponsoring "A Taste of..." – culinary event where local restaurants provide samplings of their signature dishes, on Thursday, March 22, 2012, in the high school cafeteria.

To complement the evening, gift certificates from local restaurants and themed gift baskets will be raffled, and silent auction items will be available to bid on. Tickets are \$25. For more information or to purchase tickets please call Nadine Mooers, Director of Institutional Advancement at 973-472-7231. ###

FOCAS Holds
Flea Market

FOCAS kicks-off its 2012 Flea Market season, Saturday, March 24, from 10 a.m. to 4 p.m. and Sunday, March 25, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (*Not accepted are TVs, PC monitors, exercise equipment, clothes or magazines.*)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

AC Bus Trips

The VFW sponsors Atlantic City Bus Trips on the last Wednesday of the month. Bus departs at 10:30 a.m. and returns at about 9:00-9:30 p.m.

Proceeds are used to help defray building expenses. Call the Post for more information at 201-288-1112. ###

Comedy Night at
The Brownstone

The Lodi Chapter of UNICO will host their 12th Annual Comedy Night on February 24, 2012. Tickets for this fun filled evening are \$75 per person and include cocktail hour, dinner, open bar and lots of laughs.

For more information and tickets, call Tom at 973-517-2436 or Michael at 973-747-6234. ###

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Deadlines are: Editorial copy due 10th day of month preceding issue, and completed ad material due 15th day of month preceding issue. Issued about the first week of the month. © 2012 All Rights Reserved. Published by The Iron Horse Advertising and Marketing Company, Inc. Reproduction of any photos requires permission. Photos are available @ <http://gazette-newspaper.smugmug.com/> “The Gazette” may represent “The Gazette Newspaper for Carlstadt, Hasbrouck Heights, Little Ferry, Lodi, Moonachie, Teterboro and Wood-Ridge.” Press releases welcomed. Photo submission of original and unpublished photos are accepted for exclusive use in The Gazette and/or www.hasbrouck-heights.net. Email original jpg (under 5 meg) and include photo details. Names should be listed left to right. Publisher reserves the right to accept or refuse any advertising. Advertisers assume all liability for all content of advertisements. The Publisher is not responsible for any loss claimed by advertiser in cases of errors or omissions.
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Irish Music with
Ian Gallagher

On Wednesday, March 7, 2012, from 7-8 p.m., The Carlstadt Public Library will host "Irish Music with Ian Gallagher."

In preparation for St. Patrick's Day, Ian will treat the audience to an evening of Irish music and entertainment. Refreshments will be served, and all are welcome to attend. ###

Get Your
Irish On!

Carlstadt Post 69 American Legion at 412 3rd Street, will host a St. Patrick's Day Corned Beef Dinner on Saturday, March 3, 2012, from 3 to 8 p.m.

Cost is \$10 pp and includes corned beef, cabbage, potatoes, coffee, tea and dessert. Take out is available. No deliveries. ###

W-R Knights Corned
Beef Dinner March 17

The St. Anthony Council 11585, Knights of Columbus invites all to celebrate with them on Saturday, March 17, 2012 (*St. Patrick's Day*). The Knights will host their 4th Annual Corned Beef Dinner, from 7 p.m. to 10 p.m., at the Father Patrick Morris Hall, located in the basement of the Assumption Church in Wood-Ridge.

The dinner will be catered by Jahn's Delicatessen and the admission is \$15 per person. Tickets may be purchased at the door or from any member of the Knights of Columbus. PG ###

Corned Beef &
Cabbage Dinner

The Hasbrouck Heights Knights of Columbus will be hosting their Annual Corned Beef and Cabbage Dinner on Sunday, March 11, 2012, from 5 p.m. to 7 p.m., in the Corpus School Christi Cafeteria.

Dinner will include soft drinks, coffee, tea and dessert. Event will include a very large Tricky Tray and 50-50 raffle. Call 201-707-3554 for tickets and more information. ###

HHJWC
St. Pat's Party!

Kick off St. Patrick's Day with the Junior Women's Club of Hasbrouck Heights annual party at the Hasbrouck Heights Elks Club, on March 10, 2012, at 7 p.m. Come on your own or make their party your party and reserve a table. Tickets are \$45 per person. Ticket includes Irish dinner (*corned beef or chicken*) and dessert, beer, wine, step dancing, DJ, and door prize. There is also a Tricky Tray and 50/50. Must be 21 or older to attend. Proceeds to benefit Junior Women's charities and local scholarships.

For tickets please call Cara: 201-288-0479. ###

About St. Patrick

Saint Patrick was not actually Irish. Historical sources report that he was born around 373 A.D. in either Scotland (*near the town of Dumbarton*) or in Roman Britain (the Romans left Britain in 410 A.D.). His real name is believed to be Maewyn Succat (*he took on Patrick, or Patricus, after he became a priest*).

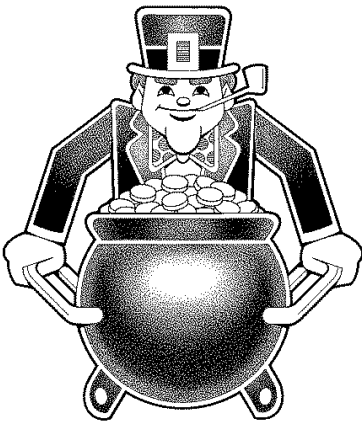
He was kidnapped at the age of 16 by pirates and sold into slavery in Ireland. During his 6-year captivity (*he worked as a shepherd*), he began to have religious visions, and found strength in his faith.

He finally escaped (*after voices in one of his visions told him where he could find a get-away ship*) and went to France, where he became a priest (*and later a bishop*).

When he was about 60 years old, St. Patrick traveled to Ireland to spread the Christian word. It's said that Patrick had an unusually winning personality and that helped him win converts.

He used the shamrock, which resembles a three-leafed clover, as a metaphor to explain the concept of the Trinity (*father, son, Holy Spirit*).

Legend has it that Saint Patrick drove all the snakes out of Ireland. They all went into the sea and drowned. The snake was a revered pagan symbol, and perhaps this was a figurative tale alluding to the fact that he drove paganism out of Ireland. ###



Leprechaun -- a creature
in Irish mythology.

In Irish mythology, a leprechaun (Modern Irish: leipreachán) is a type of male faerie said to inhabit the island of Ireland.

Leprechauns and other creatures of Irish mythology are often associated with "faerie forts" or "faerie rings" — often the sites of ancient (*Celtic or pre-Celtic*) earthworks or drumlins.

They usually take the form of old men who enjoy partaking in mischief.

Their trade is that of a cobbler or shoemaker. They are said to be very rich, having many treasure crocks buried.

According to legend, if anyone keeps an eye fixed upon one, he cannot escape, but the moment the eye is withdrawn he vanishes.

Leprechauns rarely appear in what would be classed as a folk tale; in almost all cases the interest of these stories centers around a human hero.

Stories about leprechauns are very brief and have local names and scenery attached to them.

In most tales and stories, leprechauns are depicted as harmless creatures who enjoy solitude and live in remote locations, although opinion is divided as to if they ever enjoy the company of other spirits.

Although rarely seen in social situations, leprechauns are supposedly very well spoken and, if ever spoken to, could make good conversation.

The modern image of the leprechaun is depicted wearing an emerald green frock coat, and bestowed with the knowledge of the location of buried treasure, often in a crock of gold. ###

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Lions Annual Pancake Breakfast

Carlstadt/East Rutherford Lions Club will hold its Annual Pancake Breakfast event on March 4, 2012, from 8 a.m. to noon at the East Rutherford Civic Center, Vreeland Avenue, East Rutherford (behind St. Joseph Church). Price per ticket for an adult is \$5.00 and children under 5 are free. For tickets, call 201-306-0987. Walk-ins are welcome.

The Carlstadt/East Rutherford Lions Club meets on the first and third Wednesday of the month at the Park Tavern Restaurant on Park Avenue in East Rutherford. Meeting times are at 6 p.m. and held over dinner. New members are always welcome. ###

Lodi KC to Host Dinner Dance March 23

The Knights of Columbus of Lodi is hosting their 70th Anniversary and 5th Annual Scholarship Dinner Dance on March 23, 2012, from 6 p.m. to 10 p.m., at The Elan.

A \$50 donation includes cocktail hour, dinner, dessert, beer, wine and soda. Cash bar.

For more information call Bill at 201-803-0449. Event benefits the two scholarships that will be awarded to high school seniors. ###

Hire A Vet

Dinner & Fashion Show March 26

VFW District 2 Ladies Auxiliary will be holding their Annual Dinner & Fashion Show on Monday, March 26, 2012, at The Fiesta, Route 17 South, Wood-Ridge, NJ, starting at 6:30 p.m.

Tickets are \$30 and include choice of Roast Beef, Capon or Fish entrees. Fashions will be presented by The Dress Barn.

The public is invited. For reservations and tickets, call Louise at 201-797-8759. ###

Broadway

Amira Mor Performing Arts Center is hosting a benefit for the Hasbrouck Heights Fire Department on March 25, 2012, from 2 to 6 p.m. at Michele's & Milan, 32 Passaic Street in Garfield.

Cost is \$42 for dinner and show. \$50 at the door. Call 201-257-8710 for tickets. ###

Roast Beef Dinner Saturday, April 28

The Guild of Reformed Church Women will hold their Annual Roast Beef Dinner on Saturday, April 28, 2012, from 5:30 p.m. to 7 p.m., at The First Reformed Church, Hasbrouck Heights.. Cost is \$15 for adults and \$5 for children under 10. Take-outs are available upon request. For reservations call Estella at 201-288-0378 or the Church office at 201-288-1122 before April 25. ###

Scouting for Food

Troop 17 and Cub Pack 17 of Hasbrouck Heights will be taking part in the National Scouting program of Scouting For Food on Saturday, March 17, 2012, from 9 a.m. until noon.

Scouts will be coming around to collect donated food and non-perishable items for the local food bank.

Please leave items in shopping bags on front steps of your homes. Bags may also be brought to the Hasbrouck Heights Food Bank.

This program provides community service within our own neighborhood and is part of the Good Turn for America, "helping others at all times" program. Please consider making a donation. Scribe, Troop 17. ###

Rummage Sale

The Guild of Reformed Church Women will hold their Spring 2012 Rummage Sale at the First Reformed Church, Hasbrouck Heights, on Thursday, April 19, from 7 to 9 p.m., Friday, April 20, and Saturday, April 21 from 9:30 a.m. to noon.

Items for sale include clothing, shoes, toys, books and household items. Donations welcome. Proceeds will go to Church projects and missions. The Guild holds rummage sales every spring and fall. For more information, call Estella at 201-288-0378. ###

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eBook classes

The Lodi Library will demonstrate how to download free ebooks from The Library catalog and the internet onto on Amazon Kindle device on March 5, 2012, from 6:30 to 7:30 p.m, and onto an iPod and iPad on March 19 from 6:30 to 7:30 p.m.

The workshops are free, open to ages 18+ and no registration is required. Bring your device if you have one.

A valid library card and email address are needed to access library ebooks. For more information, call 973-365-4044. Lodi Library is located at One Memorial Drive in Lodi. The snow date for the Kindle program is March 12 at 6:30 p.m. and March 26 for the iPad program. ###

Internet Freebies and Cheapies Class

On Friday March 9, 2012, from 1:30-2:30 p.m., Lodi Library presents a workshop on where to find free items and great deals on the web, as well as how to be a savvy internet consumer. The class is open to ages 18+ and no registration is required. A handout of recommended sites will be provided. For more information, call 973-365-4044 or go to <http://lodi.bccls.org> The Library is located at One Memorial Drive in Lodi. ###

Kindles & Video Games Available

The Wood-Ridge Memorial Library announced that they now have Kindles and video games available for loans. They have added 4 Kindle e-readers to their collection for Wood-Ridge residents to check out, preloaded with many best-sellers including “The Help” by Kathryn Stockett, “The Hunger Games” trilogy by Suzanne Collins, “Kill Alex Cross” by James Patterson, and many more.

They have also added video games for the Wii and Xbox 360 to their collection, including titles such as Just Dance 3, Kirby’s Epic Yarn, Mario Sports Mix, and Mario & Sonic at the London 2012 Olympic Games for the Wii and Dance Central 2, Fifa Soccer 12, Sonic Generations, and Wipeout – In the Zone for Xbox 360.

Stop by and check out what’s new! ###

Photo Editing is a "Picnik"

Learn how to edit your photos quickly and easily with the free website "Picnik." The class will meet in the conference room of the Lodi Memorial Library on March 23, 2012 from 1:30 to 2:30 p.m. ###

Computer Classes at Carlstadt Library

The Carlstadt Public Library is pleased to offer free computer classes for adults during the winter and spring.

Classes are limited to 6 people, so call ahead to reserve your spot! Preference is given to Carlstadt residents.

Classes include: Facebook, Twitter, Google, MS Word, MS Excel, MS PowerPoint, MS Mail Merge, etc.

Please call 201-438-8866 ext. 204 for more information or to register, or check our website, www.carlstadt.bccls.org. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

Lodi Library Children and Teen Programs

• **Lego & Duplos Building**, Wednesday, March 7, 2012 from 3:30-5 p.m. Legos provided by library. All structures created will be put on display at The Library. Adult supervision required for children in 5th Grade and younger.

• **Saturday Matinee Movie**, March 17 from 2:30-4:45 p.m. "Hugo" (2011, PG, 126 mins.) After the death of his father, Hugo lives in the walls of a train station, trying to fix the automaton his father left him. While hiding from the station master and assisting a gruff toymaker, Hugo investigates the mystery surrounding the strange automaton. Snacks will be provided. No advanced registration needed. Adult supervision is required for children in 5th Grade and younger.

• **Teen Craft: Duct Tape Wallet**, March 21 from 3:30-4:30 p.m. Learn how to make a wallet out of duct tape. Grades 6-12 only. No registration required.

• **Club Penguin Fans Get-together**, Tuesday, March 27, 3:30-4:30 p.m. On the last Tuesday of the month, gather in The Library meeting room to share tips, favorite stories and use the computers to go online to Disney’s Club Penguin. Ages 10+ and must have Club Penguin account already. Adult supervision required for children in 5th Grade and younger.

• **Pajama Story Time**, Tuesdays, March 6, 13, 20, and 27 from 6:30-7:00 p.m. Come in your pajamas and snuggle up with your favorite stuffed toy while listening to stories. No registration required. Adult supervision is required for children in 5th Grade & younger.

• **Lucky St. Patrick’s Day Craft**, Monday, March 5 from 3:30-4:30 p.m. Create a St. Patrick’s Day Themed Craft. Adult supervision is required for children in 5th Grade and younger. Grade K-8.

Computer Workshops

Lodi Memorial Library will be offering free computer workshops to Library patrons through the month of March. Workshops are from 1 p.m. to 2:30 p.m. To register, please contact Christina Park at 973-365-4044 ext. 5; a \$5 refundable deposit is required for registration. The following is their upcoming class schedule:

- Computer Basics, Tuesday, March 6, 2012
- Internet Computer Skills Basics, Tuesday, March 20.
- Email Computer Skills Basics, Thursday, March 8 and Tuesday, March 13.
- Microsoft Word 2007 Basics, Thursday, March 22.
- Microsoft Excel 2007 Basics, Tuesday, March 27. ###

• **Springtime Craft**, Monday, March 19 from 3:30-4:30 p.m. Come to The Library and create a Spring themed craft. Adult supervision is required for children in 5th Grade and younger. Grade K-8.

• **Wednesday Board Game Bash**, Wednesdays, March 14 and 28 from 3:30-4:30 p.m. Play against your friends in games like Trouble, Battleship and Chess. No registration required. Adult supervision is required for children in 5th Grade and younger. Grade K and up.

• **“Thursday Story Time,”** Thursdays, March 1, 8, 15, 22, and 29 from 10:30-11 a.m.

Join us for stories, music and coloring. Adult supervision required. Ages 2-5.

• **“Friday Playgroup,”** Fridays, March 2, 9, 16, 23, from 10:30-11:15 a.m.

Join for some fun at The Library! Children will have an opportunity for free play and a chance to work on socialization skills followed by coloring. Adult supervision required. Ages 2-5. ###

Free Movies

Lodi Memorial Library will be showing free movies every Wednesday from 1:30 p.m. to 3:30 p.m. during the month of March. Free popcorn and soda will be provided. The following is their upcoming movie schedule:

- Wednesday March 7, 2012: "Tower Heist," Rated PG-13
- Wednesday March 14: "RED," Rated PG-13
- Wednesday March 21: "My Week With Marilyn," Rated R
- Wednesday March 28: "Tinker Tailor Soldier Spy," Rated R ###

Libraries Are Fun!

Broadband Technology Opportunity Program

The Wood-Ridge Memorial Library is offering 2 sessions of computer training for the purpose of helping patrons with their job searching skills.

Offered as part of the NJ State Library Broadband Technology Opportunity Program, the goal of the program is to help in the economic recovery of the state by giving libraries the tools they need to expand services to the unemployed and underemployed, including training for patrons.

These sessions will be conducted on April 3 and April 10, 2012, from 10:30 a.m. to 2:30 p.m. Laptops will be provided.

You are encouraged to attend both sessions, if possible.

• Day 1 - Part 1 – Web-based email (2 hours); Part 2 – Job searching on the Internet (2 hours).

• Day 2 - Part 1 – Introduction to Word 2010 (2 hours); Part 2 – Creating resumes and cover letters with Word (2 hours).

Participants must have a web-based email account. If not, please come in advance to learn how to obtain one.

Bring a flash drive to Day 2 if you would like to learn how to use one.

Space is limited to 10 students, so RSVP as soon as possible to Christine Hartigan, Director at hartigan@bccls.org, call 201-438-2455 or stop in. ###

Attention Gamers

The Carlstadt Library's collection has recently been expanded to include Xbox 360 and Wii games, as well as several games for Xbox 360 Kinect.

These games will circulate for one week and will be available to anyone with a valid library card who walks in the door. This collection is not currently listed in their online catalog, so come in and check out their growing game selection!

Call 201-438-8866 for more information or go to: www.carlstadt.bccls.org. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

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Save Me

On Wednesday, March 14, 2012, from 7-8 p.m., The Carlstadt Public Library will host its Book Discussion Group meeting. This month we will discuss "Save Me" by Lisa Scottoline.

While volunteering at her daughter's school, Susan rescues her daughter's bully, Amanda, from an explosion. But when Amanda re-enters the flaming building and is injured, Susan is denounced as a villain.

Copies of the book are available at The Library for patrons to take out. Refreshments will be served, and all are welcome to attend! ###

Evening Book Club

Lodi Library welcomes new members to its Book Club which reads popular recent fiction and nonfiction.

The group meets one Wednesday evening per month at The Library. On Wednesday March 7, 2012, from 7 to 8 p.m., the group will discuss "Winter Garden" by Kristin Hannah.

For more information or to borrow the upcoming book, please call 973-365-4044 or email lodilibrary@bccls.org. The 2012 reading list is available at <http://lodi.bccls.org/book-club.html> ###



Model Ship Display a Success

Forty years ago, Don Otis, an English Teacher at Hackensack High School, decided to pursue graduate studies towards a doctorate in philosophy. His wife rebelled and stated that if he was out of the house one more night she would change the locks on the doors.

It was then that Don decided to take up a hobby. The hobby was model ship building.

The results of this hobby recently were on display at The Hasbrouck Heights Library. Participating in a hobby can reduce stress, lower blood pressure, and sharpen the mind.

Don is now retired, yet he

still is very active in the Ship Model Society of Northern New Jersey. His models are excellent replicas of all types of vessels. They have been on display at many locations throughout Northern New Jersey. *Story and photo by Peter Gallo Jr. ###*

Free Intrepid Museum Pass

Lodi Memorial Library lends a free pass to the Intrepid Sea Air & Space Museum to adult library card holders.

The free pass allows up to 6 people to visit for free as a group on a weekend. Reservations can be made over the phone or in person at Lodi Library.

For details, call 973-365-4044, or visit the Information for Parents page at <http://lodi.bccls.org>. The Library is located at One Memorial Drive in Lodi. ###



Tai Chi Workshops

The Free Public Library of Hasbrouck Heights will sponsor introductory level workshops focused on Tai Chi Short Form. These workshops are free and people of all ages are encouraged to attend. They will be held in The Library from 12:30 to 2 p.m. on Saturday, March 3, and March 31, 2012. You may attend any one or all workshops.

Tai Chi has been referred to as "yoga in motion." It is an exercise system that combines slow, graceful movement with calm regular breathing. Tai Chi has many styles and has become very popular as a means of maintaining good health and feelings of relaxation. Originally developed in ancient China for self-defense, Tai Chi evolved into a graceful form of exercise. It is now used

for stress reduction, balance and coordination, and to help with a variety of other health conditions. These workshops will teach you what Tai Chi is, how to perform the basic movements, and how you benefit from it.

The instructor, Paul Barcia, has been practicing Tai Chi for over 15 years. He is a local businessman with a passion for Tai Chi and desire to spread his knowledge and experience. He studied under a well-recognized teacher, B. P. Chan. Class size is limited so registration is required. To register, please call 201 288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to our calendar. ###

Cash for Gold Fundraiser

The Wood-Ridge Memorial Library is hosting a Cash for Gold Fundraiser at The Wood-Ridge Senior Center (*next to Library*) on Thursday, March 29, 2012, 6:30 p.m. to 8:30 p.m. Refreshments will be served.

How It Works:

- Bring your unwanted or broken jewelry (10k, 14k, 18k gold, platinum, sterling silver)
- A certified appraiser will evaluate and quote a price for your items based on that day's closing value. Gold and Platinum are at a 28 year high, selling at over \$1,700 an ounce!
- Must be 18 or over and have a valid state or government identification.
- If you choose to sell your items, you will be paid cash on the spot.

Proceeds benefit Wood-Ridge Memorial Library. For more information call 201-438-2455. ###

HIRE A VET

JWC to Collect Used Eyeglasses, Hearing Aids

During March and April 2012, the Hasbrouck Heights Jr. Women's Club will be collecting used eyeglasses, reading glasses and sunglasses, estate or costume jewelry; watches; and hearing aids at Borough Hall, 320 Boulevard or Heights Eye Center 227½ Boulevard, Hasbrouck Heights. The donated glasses and other items will be sent to New Eyes for the Needy (www.neweyesfortheneedy.org). For more information call Andrea at 201-288-1109. ###



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• Pilgrimage to the Holy Shrines of Canada, Memorial Day Weekend, May 26-28, 2012. \$460 pp/dbl. occ., \$575 pp/single occ. (*Bus fare, lodging, taxes included.*)

• Italy - In the Footsteps of St. Francis Caracciolo, October 8-18, 2012. \$2,995 pp/dbl. occ. (*Airfare and transfers incl.*)

• The Holy Land, "Walk in the Footsteps of Jesus," November 11-20, 2012. \$2,798 pp/dbl. occ. (*Airfare and taxes incl.*)

• Greece: In the Footsteps of Paul the Apostle, Cruise. April 17-27, 2013. Inside cabin dbl \$3,549 pp, single \$4,049 pp; outside cabin dbl., \$3,649 pp, single \$4,249 pp.

For more information call Fr. Nony Villaluz, CRM or St. Joseph Church, Lodi, at 973-779-0643. ###

Keep your family safe: Check for product recalls

The Hasbrouck Heights Fire Prevention Bureau recommends that you periodically check the US Consumer Product Safety Commission's web site for recent recalls and product safety news at: www.cpsc.gov



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A fluffy pancake with blueberries in a crispy waffle cone, topped with blueberry compote and sprinkled with powdered sugar.

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Truffula Chip Pancakes:
Whole wheat pancakes filled with rainbow sprinkles, topped with more sprinkles and a creamy strawberry yogurt sauce.

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Green Eggs & Ham -- made with one scrambled egg and creamed spinach -- served with a ham quarter. 4.99

SERVED WITH YOUR CHOICE OF:

Rooty Tooty Bar-Ba-Looty Blueberry Cone Cake:
A fluffy pancake with blueberries in a crispy waffle cone, topped with blueberry compote and sprinkled with powdered sugar.

or

Truffula Chip Pancakes:
Whole wheat pancake filled with rainbow sprinkles, topped with more sprinkles and a creamy strawberry yogurt sauce.

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W-R Historical Society Learns More About Our Presidents

Sid Frank, author of "The Presidents: Tidbits and Trivia," was guest speaker at the February 12, 2012 get-together of the Wood-Ridge Historical Society.

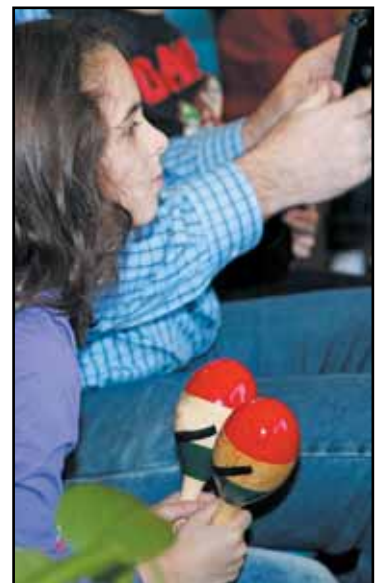
He has been active in public relations and journalism as well as theatre and the recording business. Presently he is an educator for the Liberty Hall Museum at Kean University.

His program centered on the many unusual anecdotes and information concerning the lives and habits of the U. S. Presidents and their families.

Some of the areas covered were Franklin D. Roosevelt's famous speech in response to attacks on his pet dog "Fala," Grover Cleveland's campaign response to newspaper attacks

which maintained that he had an illegitimate son with a Buffalo woman; the body of John Scott Harrison, whose father and son both were elected president, was stolen by grave robbers and sold to the Ohio Medical College for use in teaching dissection and anatomy at the college. John Tyler had 15 children, eight with his first wife and seven with his second wife -- she had the band play "Hail to the Chief" when he entered a room.

These and many more interesting facts were shared by Mr. Frank with the audience which filled the Bianchi House meeting room to its capacity. *Photo and story by Marie and Peter Gallo Jr. ###*



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Family Drumming Workshop

On Saturday January 28, 2012, Pamela Ward of Arts Forward, presented a free "world drumming" workshop for all ages at Lodi Memorial Library.

She displayed a wide variety of drums to include African, Caribbean, etc., and

explained drumming styles.

Everyone was given a drum and learned how to play as part of a drumming group.

Participants were given the materials and shown how to make a drum from a tin can and inexpensive shipping tape. ###

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Happy St. Patrick's Day

Commemorating the E



The following is a program summation presented by VFW District 2 Commander, Tom Marshall, at VFW Post 809 in Little Ferry on January 27, 2012.

Prior to the service, a video was played that summarized the conflict.

Commander Marshall then provided his remarks:

"Thirty nine years ago today, January 27, 1973, The Paris Peace Accord was signed. This accord ended further U.S. involvement in the Vietnam War.

The Peace accord didn't end the War. Then again, most people don't even know when it began.

Here is a brief history of the war. The conflict would be fought in Vietnam, Laos, and Cambodia from November 1955 to the fall of Saigon in April 1975.

It would be fought between North Vietnam and its communist allies and South Vietnam and her American allies. America viewed involvement in the war as a way to prevent a communist takeover of South Vietnam as part of their wider strategy of containment.

American military advisors arrived in what was then French Indochina beginning in 1950. The advisors would remain until the end of the war. U.S. involvement escalated in the early 1960's with troop levels tripling in 1961 and again in 1962.

The War would escalate even further for the U.S. on March 2, 1965 when the Marine barracks at Pleiku was attacked.

In response, The National Security Council recommended

a three stage bombing mission of North Vietnam. Operation Flaming Dart, Operation Rolling Thunder and Operation Arc Light commenced. This campaign would last for three years and was designed to destroy the infrastructure of North Vietnam and lift the morale of the South Vietnamese.

From 1965 to 1968, Rolling Thunder would drop a million tons of rockets, missiles and bombs on North Vietnam.

In response, the North Vietnamese targeted the U.S. Air Force bases and, after several attacks, 3,500 U.S. Marines were deployed on March 8, 1965 to help guard the bases. This would ultimately escalate the ground war in Vietnam. In January of 1968 after moving his forces into Khe Sanh in Quang Tri Province, General Westmoreland, Commanding General of all U.S. forces in Vietnam was surprised by a large scale ground assault during the Lunar New Year. Known as Tet, the Lunar New Year holiday was normally accompanied by a traditional truce. In 1968 though, the Communist forces of the North Vietnamese army attacked over 100 cities as well as the U. S. Embassy in Saigon.

Originally surprised by the attack, American and South Vietnamese forces would counter attack and decimate the North Vietnamese Army and the Viet Cong at Huê City during the Tet offensive, would enter into the annals of Marine Corps history.

Vietnam was known for its dense jungles with booby traps and ambushes by Viet Cong but

at Huê it would be house to house and street by street. In some of the fiercest fighting of the war the Marines would repel the attack and keep the City of Huê under U.S. control.

Khe Sanh would be under siege during the offensive but with supplies coming in from the air, U.S. forces were able to hold out and force the enemy back.

The Tet Offensive would cost the enemy thousands of troops and the North Vietnamese army would never launch another attack on that scale again.

After Tet, President Nixon began the process of removing troops from Vietnam and starting the process of Vietnamization, that is, to turn over the defense of South Vietnam to the South Vietnamese.

The war would continue even as troop strength would be reduced. This process would be tested by the NVA's Easter offensive in 1972.

The attack pressed the South Vietnamese forces but was driven back by U.S. airpower.

Operation Linebacker 2 would halt the attack but it became clear that South Vietnam would not survive without U.S. airplanes.

Despite this, the last U.S. ground forces were removed in August. The Paris Peace Accord would be signed in January of 1973.

The South Vietnamese would fight on, but ultimately they were over taken and Saigon would fall in April of 1975.

In the end it is estimated that 1 to 3 million Vietnamese would lose their lives. America would

lose 58, 220 Service men in the war. Their names are forever enshrined on the Vietnam Wall Memorial in Washington, DC.

After their service, many Vietnam Veterans would struggle with events that transpired from the war.

Many of the people at home didn't agree with the war. They were angry with the policy of the Government and blamed the Soldiers instead of thanking the troops for their service.

This misguided group subjected troops returning home to insults and protests.

To make matters worse, many of the Veterans had to deal with injuries -- physical and mental -- not only from battle wounds but also from chemicals used to cut back the plant life around the perimeter of bases.

The most famous was Agent Orange. This chemical has produced many side effects damaging to the Veterans' health. Diabetes, heart disease and many forms of cancer are some of the ailments attributed to exposure to Agent Orange.

Despite all the hardships, the Vietnam Veteran has had to endure, they have still prevailed to lead the Community in every aspect, from policeman to scientist, from sports star to Senator. Vietnam Veterans have led the way.

They demanded a full accounting of the POW/MIAs, not only for the Vietnam War, but for all Foreign Wars America has been in.

Through their efforts to date, over 700 Americans that were missing in action in Vietnam

have been repatriated to the United States. There are still 1,700 still unaccounted for from the War.

The Vietnam Veteran did not settle for the old world nicknames for troops that have been mentally affected from war. Shell shock, battle fatigue was replaced by what many Veterans suffer from all wars, post traumatic stress syndrome.

Through the efforts of the Vietnam Veteran, this condition has been recognized and treatment is now available.

We here today thank the Vietnam Veteran for his service to our nation.

He is the one that didn't tear up his draft card, he wasn't one of the 125,000 that ran across the Canadian border, he didn't get a deferment. When our nation called him he went and did his duty. For that we are forever grateful.

Honored guests, comrades, sisters and friends, the members of District 2 Veterans of Foreign Wars of the United States, are assembled here to remember comrades who served our country during the Vietnam War.

We must not forget the sacrifices these comrades have made and endured for our way of life. They must remain alive in our minds and hearts for they were on the front lines stopping communism from spreading across Asia and the world.

I have the honor to say to you, we will now remember our Vietnam Veterans."

Commemorative Service
Commander Marshall's re-

End of the Vietnam War



marks were followed by a short service:

The Officer of the Day prepared an Altar, followed by a salute to our Nation's Flag.

The Chaplain delivered the opening prayer: *"Heavenly Father, we are gathered here to commemorate those among Your servants who served our country during the Vietnam War."*

"Because of their dedication to duty we still enjoy the freedoms we inherited from our forefathers. Because they served well, we are proud to call them our own. We ask that, following in their footsteps, we may continue in Your service until Your summons comes."

"Then, in the knowledge that we have striven to observe Your councils and precepts, we may be worthy to be united with them and with You forever. Amen."

The Pledge of Allegiance followed the invocation.

Commander Marshall continued, "Before you is the Flag of the United States, The Flag of our Country for which our Comrades and Countrymen served and perished defending in Vietnam. Look closely upon this beautiful symbol and listen to the words of our officers as they present their symbolic tributes."

• The Junior Vice Commander and Madam Junior Vice President: "The Flag of the United States reflects our Comrades that served in Vietnam."

The red stripes reflect their courage and willingness to sacrifice, even their lives if necessary. The red of our country's flag has been made redder by their heroism. Therefore, we place

these red flowers to symbolize their courage and gallantry, at this Altar."

• The Senior Vice Commander and Madam Senior Vice President: "The white stripes symbolize the purity of purpose that our Vietnam Veterans have in serving under this beautiful flag. The white becomes more stainlessly pure by the motives which impel them. We place these white flowers as a reminder of their unselfish devotion to duty, at this Altar."

• The Officer of the Day and Madam Conductress: "The blue of our flag symbolizes truth and fidelity and represents the desire of our comrades for peace and happiness throughout the world. Therefore, we place these blue flowers to symbolize the great love that our comrades have for our flag and our country, at the Altar."

• Chaplain and Madam Chaplain: "As the Flag symbolizes undying love for our country, this evergreen tribute whose color is a symbol of life everlasting signifies our undying love for our Countrymen and Comrades that perished in Vietnam."

• Commander Marshall and Madam President: "As the Flag of the United States symbolizes victory over oppression for the living, so this laurel wreath symbolizes victory over death for those who have made the supreme sacrifice. Therefore, we place this last token of affection in honor of our Vietnam Veterans who have gone to their final reward. A wreath was placed at the Altar."

The Ladies Auxiliary read

a poem. The guest speakers were Vietnam Veterans of America Region 2 Director Herb Worthington and Chester Lehmann, VVA Chapter 800, who fought at Que Son.

The Chaplain gave the closing prayer: *"Almighty God, we praise Thee, glorify Thee and we thank Thee for sparing us from the grasp of our enemies. Grant us full understanding of the suffering endured by our comrades who served in Vietnam. We ask Thy blessings upon them, that whatever comforts were denied, whatever evil they must have endured, may rebound to their everlasting happiness. Especially do we seek Thy support for their loved ones. May Thy grace be with them always giving them the strength to do their daily tasks and the courage to meet the problems of life."*

"We pray for those Veterans who have been called to Thy bosom that whatever justice they have been denied in this life has been granted them a hundred-fold. Amen."

The National Anthem was sung by Lovette Brawtner.

Commander Marshall concluded: "To Vietnam Veterans everywhere I say to you **welcome home**. I thank you for your service. I also must remind you all. There is a new generation of Veterans coming back from war. They could sure use your firsthand experience when it comes to assimilating back to civilian life. There is no one more qualified than you. You have been there. You know the difficulties. We honor the dead by helping the living." ###



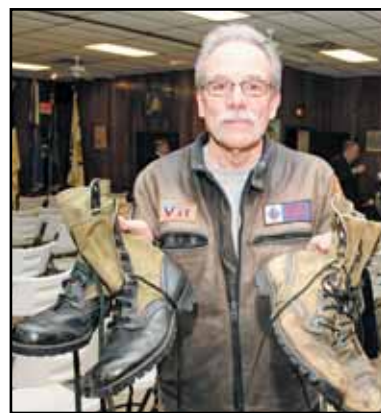
Pat DeLaura served with the 4th Division MP Co. at Pleiku, Vietnam from 1966-1967.



Chester Lehmann fought at Que Son with the 3rd Battalion, 5th Marines. Above: showing a booby trap that he stepped on and didn't explode. Called "Thumpers" because that was the sound it made, a 40 mm shell from a M-79 Grenade Launcher was placed inside. A nail was the "firing pin" that was activated when you stepped on it. The nail was loose, so it didn't fire and he got to tell the story. Below: You were given two sets of boots. You only wore one pair. They had a superstition that the day you wore the second pair is the day you died.



James Sylvestri was an Air Crew Chief on a B-52 during the Arc-Light Operations. He was with the 70th Bomb Wing Oklahoma, Stateside Base serving in Okinawa and Thailand from 1968 to 1969. The 70th Bomb Group directly supported the Khe Sahn Siege.



Willie Johnson (left), served with the 4th Division in Vietnam from 1967 to 1968 at Pleiku and Anthony Finocchio (right), served with the 1st Cavalry Division, 1/12, from 1966 to 1967, displaying a North Vietnam Army Flag and a SKS Bayonet.

Lodi B&G Club Grand Re-Opening



On January 27, 2012, the Boys & Girls Club of Lodi held a Grand Re-Opening of their facilities located on the banks of the Saddle River, rebounding from the devastating 2011 spring floods of Hurricane Irene and Tropical Storm Lee.

The program began with Master of Ceremonies Joe Licata making introductions and leading in the Pledge of Allegiance.

Executive Director Michael J. Nardino made remarks and lavished praise for the staff. He said, more than 20 feet of water poured into the building destroying floors, walls and ceilings. The club's pool filled with sewage, mud covered the first floor, and furniture and equipment were ruined.

He said that they were getting ready for the next one by using epoxy on the gym floor, cinder block walls instead of wall board, outfitting with special doors that prevent water from entering, raising transformers above the flood line, etc.

Remarks were made by Congressman Steve Rothman, Deputy Mayor and long-time

supporter Marc N. Schrieks.

County Executive Kathy Donovan and Bergen County Freeholders presented a check for \$10,000, which will go towards repairing the broken escalator. Presentations were made to the Junior League of Bergen County and Harrington Park 5K for their support.

The program concluded with a tour and refreshments.

The facility was 97% completed at the time of the grand re-opening.

There was over \$1,000,000 in damage inside. Insurance covered \$597,000. Grants provided \$70,000. Cash donations were at about \$30,000 plus donated labor and materials.

The SBA provided an \$833,000 low-interest loan,

which will be applied to the exterior and flood mitigation.

Renovations included a new entrance way, bathrooms, security system, etc.

A Galaxy room was created with new interactive computer games donated by Wal-mart.

Additionally, the pool area, gym, game room, computer room, media room, art room, kindergarten, teen center, homework/meeting room, lunchroom and kitchen were also refurbished.

It was noted that during renovations, the cornerstone from the original building was discovered in the computer room. For over two months during renovations, the kids went to Lodi Roosevelt and Columbus Schools. ###

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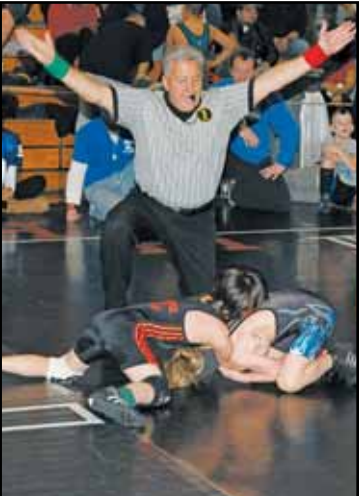
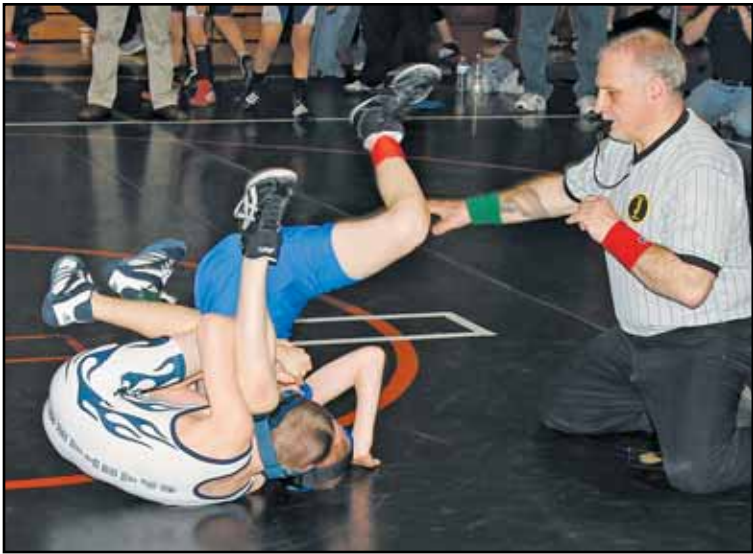
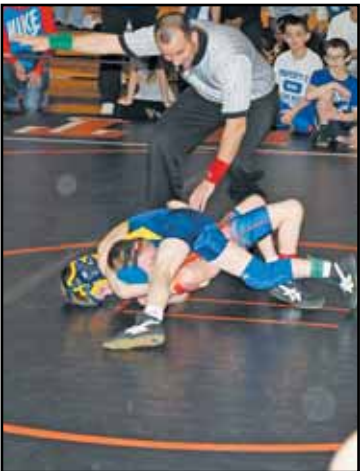
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Going for the Gold

On Sunday, February 5, 2012, the Hasbrouck Heights Recreation Department hosted their 6th Annual Invitational Wrestling Tournament.

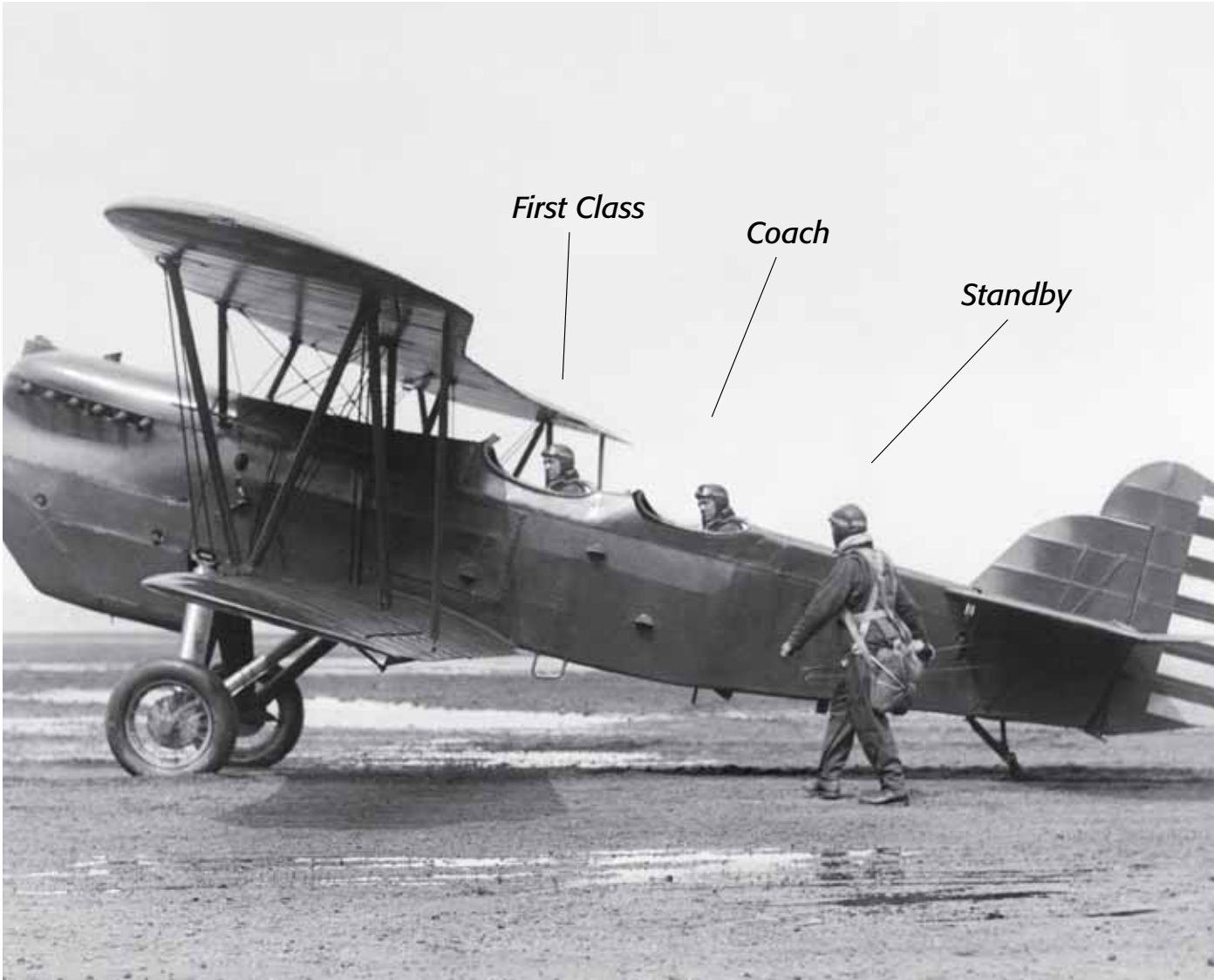
Participating were 11 recreation department teams from: Hasbrouck Heights, Lodi, Ridgefield Park, Paramus, Union City, Garfield, Saddle Brook, Wood-Ridge, Waldwick, Hawthorne and Hackensack.

The Tournament was formerly the Andy Feintuch Wrestling Tournament, but the name has since been transferred to the Andy Feintuch District 5 Championship. This wrestling event was held at the Hasbrouck Heights High School Gym on February 19, 2012. The event was open to the public.

Winners from the February 19 meet, hosted by Hasbrouck Heights Recreation, will advance to the North Jersey Regional Championships in Hackensack, Sunday, February 26, 2012.

Concessions were staffed by Recreation Wrestling Parents, organized by Marilyn DalCortivo.

For more information call Recreation Director Robert Brady at 201-288-4143. ###



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W-R Lions 27th Beefsteak Raises over \$27,000

The 27th Annual Wood-Ridge Lions Club Beefsteak Sports Night Dinner, held on Friday, February 3, 2012, was a huge success.

Over \$27,000 was raised that will be used by the Club to help Saint Joseph's School for the Blind, Camp Marcella, The Gus Hoene Rehabilitation Center, The Juvenile Diabetes Foundation, The Foundation for Fighting Blindness, their scholarship funds and for others in need.

The Club also made a donation of \$2,000 to the Wood-Ridge PBA bullet proof vest fund. This is the fifth vest that the Club has purchased for the members of the Wood-Ridge Police Force.

Always held on the Friday night before the Super Bowl, attendance has grown from 171 in year one at the Assumption School Gym and moved in 1995 to the Three Saints Cultural Center in Garfield. Ticket sales have now reached the sold out capacity of 600 tickets.

Over the 27 years the Club has raised in excess of \$401,000 with this event, making it one of the most successful Lions Club fund raising activities in the entire state of New Jersey.

The Club members are extremely grateful for the support received from residents of Wood-Ridge, the surrounding communities and from around the state that have made this event so popular and successful! ###

Gary's Night Out Beefsteak

The Lodi Volunteer Fire Department will be hosting a beefsteak fundraiser entitled "Gary's Night Out" at the Lodi Boys and Girls Club on April 7, 2012 starting at 6 p.m.

Cost is \$50 per person. Proceeds will benefit Fire-fighter Gary Gaurino who was stricken ill with an inoperable brain tumor.

For tickets call Lou at 973-332-1336, Anthony at 973-445-3119, Ron at 201-602-7519 or Adam at 973-332-1333. ###

Beefsteak Tricky Tray

Wood-Ridge PBA Local #313 is hosting a Beefsteak Dinner and Tricky Tray on Saturday, April 28, 2012, from 6:30 to 11 p.m., at The Fiesta.

There will be comedians, prizes and 50/50. Cost is \$50 per person. No tickets will be sold at the door. For tickets call 201-939-0476. ###


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W-R Lions Golf Outing

The Third annual Wood-Ridge Lions Club golf outing will be held on Monday, April 30, 2012, at the River Vale Golf Club.

Hot breakfast starts at 7:15 a.m. Shotgun start is at 8:30 a.m. (best ball format). There will be a hot lunch with a carving station, two hour open bar, Event includes awards for longest drive, closest to the pin, door prizes and a gift for every golfer. Cost \$165 single and \$660 for a foursome.

Contact Lion Ed at 201-641-2803, or Lion George at 201-527-5126 or e-mail jan-pro911@aol.com for reservations or questions. All proceeds will go to Lions Charities. ###



**For information
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Lodi Oldtimers Little League Announces 2012 Scholarship Programs

The Lodi Oldtimers have announced the opening of their annual Scholarship Program for 2012 and the annual Pam Panagiotou Scholarship Award Program. The scholarships are open to high school seniors who have participated in any of the Lodi Little League baseball or softball programs for a minimum of 3 years.

Three five-hundred dollar scholarships will be awarded. The Oldtimers will award one scholarship to a male and one to a female. The Pam Panagiotou Scholarship Award Program will award one scholarship and is open to both males and females. All applicants must meet the criteria set by the Lodi Oldtimers Little League:

1. Applicants must complete a scholarship application in full.
2. A 500 or more word essay must accompany the application stating what their Little League experience has meant to them and what their most memorable event was.
3. The most recent high school transcript, including the fall of 2011 semester must be attached.
4. Applicants must supply a copy of their acceptance letter from a college of their choice.
5. Proof of residency must be included.

The deadline for applying is April 20, 2012. Winners will be announced in June 2012. Applications can be picked up at the high school Guidance Office or at the Little League at 72 Church St., Lodi, NJ. Questions can be directed to the Little League at 973-591-1137. ###

**Hasbrouck Heights
Little League
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HH Little League Pancake Breakfast

The HH Little League will hold its 17th Annual Pancake Breakfast on Sunday, April 15, 2012, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu includes pancakes, bacon, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5,

Bizik/Hughes Memorial Golf Tournament May 23

The Hasbrouck Heights Men's Association is sponsoring the Bizik/Hughes Memorial Golf Tournament on Wednesday, May 23, 2012, at the Minebrook Golf Club in Hackettstown, NJ.

Cost is \$125 and includes: round of golf, cart, plus cash contest of longest drive, closest to pin, pot of gold and features a \$10,000 hole in one -- plus 50/50 and prizes. Shotgun start at 9 a.m. and format will be best ball.

A hot breakfast starts at 7:30 a.m., hamburgers and hot dogs at the turn, with lunch buffet to follow.

Sponsorships are available. Contributions are welcome.

Proceeds benefit the Hasbrouck Heights Men's Association Scholarship Fund. Scholarships are given to Hasbrouck Heights graduating students. Deadline is May 1. For more information, call 201-396-0750 or email Tom at TNTTwister@aol.com ###

child \$3 and under 4 free.

The Tricky Tray sports memorabilia auction will follow from noon to 1 p.m. Winners do not have to be present at the time of the drawing to win.

Proceeds will be used towards building new ADA restrooms, concession stand and batting cage.

Businesses are invited to place their business card size ad on the placemats for \$40. Deadline is March 5th. Call Steve at 201-725-2917 for more information. ###

HH Little League Field Clean Up

The Hasbrouck Heights Little League reminds parents, managers and coaches that the annual field clean up and maintenance is scheduled from 9 a.m. to 3 p.m. on Saturday, March 17, March 24, and March 31, 2012. Bring a rake. ###

Father-Son Golf

The Ketcho's 5th Annual Father-Son Golf Classic will be held on Saturday, July 21, 2012 at Shawnee Inn & Golf Resort.

Start is at 6:30 a.m. with tee off at 8:30 a.m. Cost is \$100 per player and includes full breakfast, 18 holes of Championship golf, cart, greens fees, afternoon barbecue, etc. Checks due by June 15.

For more information call 201-220-7831 or email: ketcho@aol.com ###



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Filling You In

By Jeffrey E. Mason, D.M.D.

Baby Bottle Tooth Decay

What's baby bottle tooth decay? Baby bottle tooth decay is caused by the frequent and long-term exposure of a child's teeth to liquids containing sugars. Among these liquids are milk, formula, fruit juice, sodas, and other sweetened drinks.

The sugars in these liquids pool around the infant's teeth and gums, feeding the bacteria that cause plaque. Every time a child consumes a sugary liquid, acid attacks the teeth and gums. After numerous attacks, tooth decay can begin.

The condition also is associated with breast-fed infants who have prolonged feeding habits or with children whose pacifiers are frequently dipped in honey, sugar or syrup. The sweet fluid left in the mouth increases the chances of cavities while the infant is sleeping.

How can I prevent baby bottle tooth decay? Never allow children to fall asleep with

a bottle containing milk, formula, juice or other sweetened liquids. Clean and massage the baby's gums to help establish healthy teeth and to aid in teething. Wrap a moistened gauze square around the finger and gently massage the gums and gingival tissue. This should be done once a day.

Plaque removal activities should begin upon eruption of the first baby tooth.

When brushing a child's teeth, use a soft toothbrush and pea-shaped amount of fluoride toothpaste. Parents should first bring their child to the dentist when the child is between six and 12 months old.

Will changes in my child's diet help prevent baby bottle tooth decay? Preventing baby bottle tooth decay involves changes in a child's diet. A series of small changes over a period of time is usually easier, and eventually leads to better oral health.

To incorporate these changes:

- Gradually dilute the bottle contents with water over a period of 2-3 weeks.
- Once that period is over, if you give a child a bottle, fill it with water or give the child a clean pacifier recommended by a dentist. The only safe liquid to

put in a bottle to prevent baby bottle tooth decay is water.

- Decrease consumption of sugar, especially between meals.
- Children should be weaned from the bottle as soon as they can drink from a cup, but the bottle should not be taken away too soon, since the sucking motion aids in the development of facial muscles, as well as the tongue.

Why should I be worried about baby bottle tooth decay? Giving an infant a sugary drink at nap or nighttime is harmful because during sleep, the flow of saliva decreases, allowing the sugary liquids to linger on the child's teeth for an extended period of time.

If left untreated, pain and infection can result. Severely decayed teeth may need to be extracted.

If teeth are infected or lost too early due to baby bottle tooth decay, your child may develop poor eating habits, speech problems, crooked teeth and damaged adult teeth.

Healthy baby teeth will usually result in healthy permanent teeth.

Ref: sources and compilations, the Academy of General Dentistry. Dental patients reference information. ###

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

10 Must-know IRA Terms

An individual retirement account is an excellent resource for growing your retirement portfolio. You enjoy the benefits of compounding growth and tax savings. But with nearly a dozen varieties of IRAs available it can get a bit confusing. Understanding these terms will give you an investing head start.

- **AGI (Adjusted Gross Income)** - Used to calculate federal income tax, AGI includes all the income you received over the course of the year such as wages, interest, dividends and capital gains minus things such as business expenses, contributions to a qualified IRA, moving expenses, alimony and capital losses.

- **Contribution - IRA** contributions are limited to \$5,000 a year for those younger than 50 and \$6,000 a year for those 50 and older. Contributions are classified as either tax deductible or nondeductible.

- **Deductible/nondeductible** - Contributions to a traditional IRA are tax deductible if you are not covered by your employer's retirement plan. Even if you do participate in a company pension or 401(k) plan, you still may be able to deduct contributions to a traditional IRA depending upon your income and filing status. Contributions to a Roth IRA are not deductible.

Education IRA - In 2001, these plans were renamed the Coverdell Education Savings Account in honor of the late U.S. Sen. Paul Coverdell. There are contribution limits for taxpayers based on the contributor's Modified Adjusted Gross Income. The money contributed to a Coverdell account doesn't count against the \$5,000 (\$6,000 if 50 and older) annual total individuals may contribute to their combined individual IRAs. The earnings and withdrawals from a Coverdell account are tax-free, but you can't deduct the contributions from your income tax. Contribution limit for Coverdell Education Savings Account is \$2,000 a year.

- **IRA (Individual Retirement Account)** - IRAs are retirement accounts with tax advantages. Individuals may contribute up to \$5,000 (\$6,000 if 50 or older) annually to an IRA as long as they have

earned \$5,000 in that year (i.e., you can't contribute with unearned money). The investment grows tax-free until it's withdrawn, usually after age 59½. Money withdrawn before age 59½ will usually get a 10% penalty, but there are some exceptions.

- **MAGI (Modified Adjusted Gross Income)** - For the purpose of determining your contribution limit some people use their AGI increased by certain exclusions from your income. Examples of exclusions to income include foreign-earned income and housing costs of U.S. citizens or residents living abroad and income from sources within Puerto Rico, Guam or American Samoa.

- **Required minimum distribution** - Generally, a traditional IRA owner must begin taking money out of the account by April 1 of the year after he or she turns 70½. The amount is a minimum distribution determined by the account holder's age and life expectancy. The IRS has established simplified tables that a traditional IRA owner can use to figure the required distribution. If required payments are not made on time, the IRS will collect a 50% excise tax. Roth IRAs aren't subject to minimum distribution requirements until after the Roth owner dies.

- **Rollover** - This is the term used when moving funds from one tax-deferred retirement plan to another. The rollover process is a two-step process whereby the IRA funds are paid or distributed to the IRA holder and then redeposited or reinvested into another IRA plan.

- **Roth IRA** - The most notable thing about a Roth is withdrawals are tax-free if the account has been open for at least five years and you're at least 59½ when you start to withdraw money. Contributions to a Roth are not tax deductible. The Roth is named for Sen. William Roth Jr., chairman of the Senate Finance Committee.

Tax and penalty-free withdrawals - You can take money out of your IRA tax-free and penalty-free as long as you repay the full amount within 60 days. You can only do this once every 12 months. ###

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Jonah Musical March 17, 2012

The Rosary Confraternity of Most Sacred Heart of Jesus Parish in Wallington is hosting a trip to the Sight & Sound Theatre in Lancaster, Pennsylvania to see the new Biblical musical, “JONAH” on March 17, 2012.

The price of the trip includes bus transportation, theatre ticket and dinner at the famous “Good and Plenty” Amish Restaurant.

Ticket prices are \$140 for adults, \$120 for teens and \$85 for children.

For more information or ticket purchase, call Ginny at 201-715-2087. ###

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Rev. Msgr. Lewis V. Papera, Pastor
Rev. Raymond M. Holmes
Rev. Msgr. Martin O'Brien
Deacon Vincent DeFede
Deacon Paul Carris
Sunday Obligation Masses:
5:00 p.m. Saturday (Chapel)
8 a.m., 10 a.m., 12 noon, and 6:00 p.m.
Daily Masses:
Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m.
Reconciliation (Confession): Sat. 4-4:45 p.m.
Corpus Christi Church/School Websites
Parish: www.rc.net/newark/corpuschristi/index.html
School: www.corpuschristischool.net

Hasbrouck Heights

CHURCH OF ST. JOHN THE DIVINE (EPISCOPAL)
Terrace & Jefferson, HH • 288-0002
www.saintjohnthedivine.com
www.careonthecorner.org
Sunday - 9:30 a.m. Holy Eucharist Rite II
Hasbrouck Heights: March
Check website for holidays



FIRST REFORMED CHURCH
Burton & Washington Place, HH
Church Office: 201-288-1122
Handicapped accessible.
Sunday
8:45 a.m. Sunday School
10:00 a.m. Worship Service, Fellowship Hour
follows Worship Service. Child care provided.



FIRST UNITED METHODIST CHURCH
57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773
Church Office: 288-4636
Pastor Iraida Ruiz de Porras
Sunday
9:30 a.m. - Worship and Praise
Thursday - 7:00 p.m. - Bible Study



THE CROSS KOREAN UMC
57 Burton Avenue • 393-7890

HOLY TRINITY LUTHERAN CHURCH
92 Burton Avenue, HH • 288-6889
Rev. Susan Nelson-Colaneri, Pastor
www.holytrinityhasbrouckheights.com
Sunday
9:45 a.m. - Sunday Church School
11:00 a.m. - Holy Communion



THE COMMUNITY UNITED CHURCH OF CHRIST
Boulevard & Charlton Ave., HH • 288-0622
Rev. Edward J. Glasser, Assoc. Minister
Sunday - 10:00 a.m. Morning Worship
Communion- First Sunday of the month



Little Ferry

EVANGEL CHRISTIAN CHURCH
165 Main Street • Office: 201-440-0470
Rev. Veronica M. Pearson, Pastor
Sunday - 9:00 a.m. Adult Bible Study • 10:00 a.m. Worship
Children/Teens Sunday School meet during Worship Service
Wednesday - 7:30 p.m. Bible Study



ST. MARGARET OF CORTONA (Little Ferry/Moonachie)
31 Chamberlain Ave., • Handicapped Accessible
Parish Ctr.: 201-641-2988 • Religious Ed.: 201-641-3937
Very Rev. Arthur F. Humphrey, V.F., Pastor and Dean
Sr. Dorothy A. Donovan, S.S.J., Pastoral Associate
Sunday Masses:
Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon
Weekday: Mon., Novena Mass 7 p.m., Tues., Wed., Fri. 8 a.m.
Saturday, and Civic Holidays: 9 a.m.
Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Lodi

FAITH REFORMED CHURCH
95 Washington St., Lodi • 973-778-4529 • www.lodifaith.net
Rev. Timothy Ippolito, Pastor
Sunday: 10:30 a.m. Worship and KIDZ Church (Ages 4-10)

Lodi

IMMACULATE CONCEPTION CONVENT
143 South Main Street, Lodi
Mass: Sunday 9 a.m. • Daily (M-F) 7:00 a.m. • Sat. 8 a.m.

ST. FRANCIS De SALES
125 Union Street, Lodi • 973-779-4330

ST. JOSEPH R.C. CHURCH
40 Spring Street, Lodi • Rectory: 973-779-0643
Rev. Michael Marotta, C.R.M., Pastor
Rev. Americo Salvi, C.R.M., Parochial Vicar
Rev. Anastacio "Nony" Villaluz, C.R.M., Parochial Vicar
Rev. Mr. George Ochoa, Deacon
Sunday Obligation Masses: 6 p.m. Saturday
7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
Filipino Mass, 3rd Sunday of the month at 1:15 p.m.
Daily Masses: M-F 7:00 a.m., Noon • Sat. 7:30 a.m.
Holy Day Mass Eve: TBA
Reconciliation (Confession): Sat. 5 p.m.
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE
221 Moonachie Road
Church Office: 201-641-4919
Rev. Kimberly Chastain, Pastor
Sunday
9:30 a.m. Children's Sunday School



Wood-Ridge

ASSUMPTION R.C. CHURCH
143 First Street, Wood-Ridge • Rectory: 201-438-5555
Center: 201-933-6118 • www.assumption-parish.org
Fr. Richard Mucowski, OFM, , EdD, PhD, Pastor
Fr. Julian Jagudilla, OFM, M.Div., Pastor Vicar
Br. Paul Keenan, OFM, MSW, Pastor Associate
Fr. Francis K. Kim, OFM, M.Div., In Residence
Deacon Nicholas Valdez
Deacon Francis Materia
Sunday Obligation Masses:
5:30 p.m. Saturday
8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
Mon.,-Sat.: 7:30 a.m. • Holy Hour: Fri. after 7:30 a.m. Mass
Sacrament of Penance: Sat. 11:00 - 12:00 p.m.



FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE
190 Valley Boulevard • 201-438-5559 • 201-438-8966
Rev. Kimberly Chastain, Pastor
Sunday 9:30 a.m. Worship Service
Monday 10 a.m. ESL Bible Study
Tues. 10 a.m. Coffee Break Study
ONE COMMUNITY CHURCH OF NJ
Rev. Dr. Andres Yi, Pastor
Sunday Worship 12:00 • **Sunday School** 12:00
Wed. Worship 8 p.m. • **Morning prayer** Tue. - Sat. 6 a.m.
Bible Studies: 10 a.m. Mon., 8 Tue.
201-669-7528 • www.onecomchurch.org



JEHOVAH'S WITNESSES CONGREGATION
9 Hackensack St., Wood-Ridge • 201-939-3340

ST. PAUL'S RESURRECTION EPISCOPAL CHURCH
Center & Humboldt Streets,
W-R • 201-438-8333
Rev. M. Mathew Zacharia, Rector
Sundays - 9:30 a.m., Episcopal Eucharist (BCP Rite II)
2nd & 4th Sun. - 11 a.m. Anglican CSI Malayalam Srv.



The Jesus Story 2012

Passion Play Drama Ministries of Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights, NJ, will be presenting the 23rd annual performance of The Jesus Story.

The presentation is a musical drama centered around the life, death and resurrection of Jesus Christ. This year's presentation will look at the life and ministry of Jesus through the eyes of Mary and her family.

A volunteer cast and technical crew of over 100 men, women and children, along with the assistance of the Cultural and Community Affairs Division of Felician College, come together to bring this life changing story to our community.

FREE admission is being offered with over 1,000 seats available on a first come basis. The ministry desires to make the play available to all who

would desire to attend. A free will offering will be taken.

Pastor Bill Hegedus, the director of the play, continues to insist that the purpose of the play is not to entertain, but to present the love of God for a lost and dying world. That love was manifested in God giving "His Beloved Son" as the perfect sacrifice for our sins that "Whosoever believes in Him who should not perish but have everlasting life." (John 3:16)

The dates for the performances are Saturday and Sunday – March 24, 25 at 4 p.m.; Friday – March 30 at 8 p.m., Saturday – March 31 and Sunday – April 1 at 4 p.m.; and Thursday and Friday - April 5 and 6 at 8 p.m. at Felician College in the Breslin Theater located at 262 South Main Street, Lodi, NJ.

You may visit the web-site at www.biblebaptist.net for more information or call 201-288-4139 ext. 2. ###



Reflections

Reflection on The Lenten Journey

Richard J. Mucowski, OFM, PhD

Pastor at Assumption RC Church in Wood-Ridge

As sure as we are about day following night, so we religious people who find solace in faith based practices that help us put our lives into perspective, allow us to change a negative direction in our lives for one which is more positive.

Our Jewish brothers and sisters celebrate their new year with Rosh Hashana and Yom Kippur, a day of atonement.

Our Muslim brothers and sisters celebrate a month of fasting called Ramadan.

We Christians celebrate Lent, a time of prayer, fasting and perhaps doing additional works of charity, in preparation for Holy Week and Easter.

As Christians we begin our Lent by signing ourselves with ashes to remind us that 'we are dust and to dust we shall return.'

Those Christians who use ashes as a reminder of this spiritual Lenten journey bear the outward sign of of a desire to change the heart, to make it more sensitive to the presence of the Divine.

If we are deliberate about this journey, making time for God to reveal Himself to us can give us the chance to cleanse ourselves of what is dead and refocus within us our life's purpose and revitalize our commitment to serve God and our neighbor. We do this journey with Jesus Christ who is our model, our guide and our comforter when we lose our

way or get discouraged.

A powerful film is titled "The Way" that starred Emilio Estevez who also directed it and his father Martin Sheen who became the central figure in a journey of faith.

The story begins with a disagreement between father and son. Emilio was to finish his studies and get on with his life. Instead he insisted in going on a pilgrimage to the Shrine of St. James in a remote part of Spain. Father and son separate in discord.

Sheen receives word that his son dies in attempting to do the pilgrimage. Sheen returns to Europe to claim his son's body. Once there Sheen decides to take up his son's journey placing some of the son's ashes by each stop along the journey.

Sheen meets a woman and two younger men who join him in the pilgrimage. Each member of the group learns about themselves and each other's shortcomings. They learn acceptance and they learn to give and receive forgiveness.

Along the way a teenager from a gypsy family steals Sheen's son's ashes from his knapsack. This violation of his beloved son's ashes sends him into a tailspin.

Soon, word of theft reaches the father of the teen who demands his son return the ashes and make amends. He tells Sheen that he must continue

his son's pilgrimage beyond the Shrine of St. James and pour the remaining ashes by the sea where his spirit will finally complete its journey.

This film becomes an allegory for our Lenten journey that begins with the ashes with which many of us will mark ourselves on February 22 and continue for 40 days until we celebrate in liturgy the journey of Christ on the back of a beast of burden into the City of David, Jerusalem.

It is there that the political forces of power, greed, selfishness, fear of change and sin call for the taking of an innocent life in the person of Jesus Christ.

We who follow in Jesus' footsteps as His disciples today watch through the eyes of faith many of the same forces would take innocent lives in the world today whether because of political oppression, greed, power or sheer blindness to the cries of those in need.

May we use the time of this Lenten journey to quiet and cleanse our own selves so that we might be open to the healing of Christ or to allow the God to whom we pray and with whom we journey bring us to a new heart and new life. ###

Rosary Society of Corpus Christi Church

The next General Meeting of the Rosary Society is Thursday, March 8, 2012, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel.

Members are reminded that the household items for the Friendly Neighbors will be collected at the March meeting. Also on the agenda is the formation of a Nominating Committee for next year's officers.

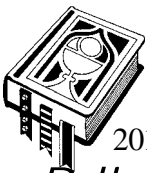
The "Bakeless Cake Sale" enabled awarding two scholarships to Corpus Christi Eighth Grade students going on to Catholic high schools.

The Lasagna Dinner is Friday, March 2, 5:30 to 7:30 p.m.' in the school cafeteria. Ticket are \$10 for adults and \$5 for children under twelve (toddlers free). Call Karen at 201-288-5738 for tickets. Walk-ins are welcome.

Spring plans include a visit to Bergen Regional Medical Center for recitation of the Rosary and the Annual Baby Shower in June for the benefit of Birthright.

Women of the parish are encouraged to join the Rosary Society in prayer and service. Members are required to say one decade of the Rosary daily, to attend monthly meetings, to pray the Rosary for deceased members, and to participate in various service projects. Call Membership Chairperson Dee Sullivan 201-288-7415. *Story by Carol Viceconte. ###*

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Ecumenical World Day of Prayer March 2

*“Let everything that has
breath praise God.”*

On Friday, March 2, 2012, at 1:00 p.m., World Day of Prayer Ecumenical Services will be held at First United Methodist Church, Hasbrouck Heights. Light refreshments will follow. The facilities are handicapped accessible. For more information, contact Elsie at 201-288-0324.

World Day of Prayer (WDP) is a worldwide ecumenical movement of women of many faith traditions who come together to observe a common day of prayer each year on the first Friday in March -- to which all people are welcome.

Throughout the entire day, women in more than 170 countries and regions, collectively pray all over the world, beginning with the first sunrise and ending at the last sunset. These prayers follow the sun's path around the globe. WDP's motto is "Informed prayer leads to prayerful action."

Through World Day of Prayer, women affirm that prayer and action are inseparable and that both have immeasurable influence in the world. WDP brings together women of various races, cultures and traditions in closer fellowship, understanding and action throughout the year, becoming aware of the whole world and no longer living in isolation. A different country is represented each year. For more information go to: www.wdpusa.org ###

Come Follow Me!

The Archdiocese of Newark, in conjunction with Corpus Christi R.C. Church in Hasbrouck Heights, is sponsoring a Catholic Men's Conference on March 10, 2012.

This special event offers a structure of fellowship and support to deepen men's faith and relationship with Jesus Christ, their families, and society.

The Conference will be held at Seton Hall University, 400 South Orange Avenue, South Orange, NJ.

Highlight of the day will be the Celebration of Mass by Archbishop John J. Myers, Archbishop of Newark.

Ticket prices are adults \$25; students and seniors \$20. Continental breakfast and lunch are included. To register or for more information visit www.rcan.org/menscommission, E-mail: CatholicMen@rcan.org or call 973-497-4545. ###

First Presbyterian Church to Honor 50-year Members

In a small town like Moonachie, relationships last a long time. And the little white Church on Moonachie Road has been a part of the town's life for a long time.

The congregation celebrated its 100th anniversary ten years ago (*it was formed nine years before the formal incorporation of the town*). At that time, a plaque was put on the wall with the names of all of the members who had been a part of the congregation for fifty years or more.

Ten years later, on March 18, 2012, they will have a special service to celebrate membership and fellowship, and will honor three more people who have been part of the congregation for 50 years or more: Linda Pasquino, Charlotte Boelsche, and Joyce Thomson. All three women have been part of the life and leadership of the Church during their whole membership: they have raised their children in the Church, served on the Church council, been ordained as elders, participated in the whole range of activities offered by the Church, and continue to be a vital presence in the life of the Church today.

The special worship service will begin at 11 a.m. and will be followed by a time of fellowship. ###

Feast of St. Joseph

On Monday, March 19, 2012, at 7:30 p.m., St. Joseph Parish in Lodi will be honoring the Feast of Patron Saint, St. Joseph, with a Solemn Mass celebrated by Bishop De Cunha. All are invited to join in this celebration. ###

Palm Sunday April 1
Good Friday April 6
Easter April 8

PRAYER OF APPLICATION TO THE HOLY SPIRIT

"Holy Spirit, you who solve all problems, who light all roads so that I can attain my goal. You who give me the divine gift, forget all evil against me and who in all instances of my life are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you even in spite of all material illusion. I wish to be with in eternal glory. Thank you for your mercy toward me and mine."

Repeat this prayer three consecutive days. After three days, the favor will be granted even though it may appear difficult. This prayer must be published immediately after the favor is granted without mentioning the favor. Only your initials would appear the bottom. L.A.R.

Rotary Sponsors First Saturday Free Lunch

The South Bergen Rotary Club called the kitchen ministry of First Presbyterian Church of Moonachie with an exciting offer: they wanted to help provide community meals on the first Saturday of every month for the next six months.

Rotarians will provide food, help with serving, and join together with the guests to enjoy the chance to be together at the table. Restaurants like Provo Italian Eatery and Berry's Creek have joined the fun, and will be sponsoring months separately.

Tina Williams, the coordinator of the program, says, "Can you believe it? We reach so many people this way... I hope that this will also allow us to welcome children as well as adults."

We keep looking for ways to reach families, and the Rotary Club is offering us support that will allow us to expand our program."

This program, started in 2009, offers a free meal and a chance to share it with friendly people, to anyone who walks through the doors on the first Saturday of every month between 11:30-12:30. It started as a very small group of friends, but has been growing as the word gets out.

The original intention was to build up the community as well as to reach people in need, and it has become an important gathering place both for the volunteers and the guests. ###

Lodi Seniors Club Seeks New Members

The Lodi Senior Citizens Club, located on Walnut Street, Lodi, New Jersey, has announced that the Club will be open every Thursday to anyone 55 or older who lives in Bergen County. Included are all neighboring towns.

The Club has many recreational choices on Thursdays which everyone will enjoy, including senior yoga from 11 a.m. to noon, followed by Bingo at 1:00. If you prefer not to play Bingo, line dancing also starts at 1 p.m.

If you prefer to play games, ping pong, billiards, cards, or bocce in season, these are also available. Or, you can just sit and chit chat for the afternoon. For members, the charge for a Thursday visit is 50 cents. The membership fee is only \$10 per year.

Refreshments are served during the course of the afternoon with coffee or tea available. The cost for the day is \$2 per person. You do not have to be a member. For more information call the club on Thursdays at 973-472-6994. ###



(l-r) Yolande Hrzic, Jerry Lawler, driver John Solimine and Mary Moyse

Carlstadt Gets New Bus

A brand new, shiny Community Bus was delivered to the Borough of Carlstadt recently and is getting nothing but high praise from passengers and drivers alike.

The Borough provides wonderful bus transportation services to its citizens. On Mondays and Fridays service is available in the morning to shopping malls on an alternating schedule. Tuesdays and Thursdays this same bus goes to local supermarkets. All free of charge. Tommy Whitlow and John Solimine are our friendly, kind and competent drivers. *Story and photo provided by Joanne Kearney. ###*

Pray for Peace

Giuseffi Celebrates 97th Birthday

Tony Giuseffi from Wood-Ridge is now 97 years old. He was born on January 31, 1915. All his friends from his senior aquatic fitness class at the Boy's and Girl's Club of Lodi treated him to a luncheon on February 7, 2012, at Maria's Kitchen in Hasbrouck Heights. The group, who get together twice a week for their exercise, had nothing but praise for their friend.

Tony, who was born when Woodrow Wilson was president, wore a birthday hat in the shape of a cake with candles. He lives each day to its fullest, enjoys being with people and getting involved.

Tony is active in his Church and in the Wood-Ridge Senior Group and Knights of Columbus. He has three daughters and two sons, 12 grandchildren and 15 great-grandchildren. *Story by Peter Gallo Jr. ###*

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March 2012 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, March 5, 12, 19, 26

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

Tuesday, March 6, 13, 20, 27

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Game Night

Wednesday, March 21, 28

10:00 a.m. Games, cards & coffee

2:00 p.m. Senior Aerobics \$1.00

Thursday, March 1, 8, 15, 22, 29

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

Friday, March 9, 23

10:00 a.m. Games, cards & coffee

Friday, March 2, 16, 30

10:00 a.m. Fun Bingo

Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday, March 7

10:00 a.m. Leisure Club Executive meeting

Wednesday, March 14

1 p.m. Monthly meeting. A representative from the County will discuss available benefits for seniors and Veterans.

UPCOMING EVENTS

OPEN TO ALL SENIORS

HHHS Musical "CURTAINS"

Wednesday, March 28: 1 p.m. in Kiefer Auditorium. Complimentary senior matinee.

Trip to Mount Airy Casino

Tuesday, April 3: \$30 pp, bus leaves at 9 a.m. \$27 Slot play, \$10 food coupon. Call Dorothy at 201-288-0525.

Trip to Sight & Sound Theatre

Tuesday, May 15: \$130 pp, bus leaves at 7 a.m. Musical Productions of "JONAH." Dinner included. Call Kathy at 201-288-6651.

Surrogate Judge Dressler Addresses AARP Members

Bergen County Surrogate Court Judge Mike Dressler was the guest speaker at the Central Bergen Chapter 418, AARP meeting on February 10, 2012. Surrogate means "one who speaks for another." The Surrogate Judge is the only judge in New Jersey that must be elected by the people.

Surrogate Dressler was elected to this position in 1996 and began his 5-year term on January 1, 1997. He was re-elected in 2001, again in 2006 and recently in 2011.

Surrogate Dressler's duties include the probating of wills, appointing of estate administrators, supervising the appointment of guardians and administering adoptions.

He has established and expanded programs that directly assist those involved with Surrogate Court issues. Judge Dressler created the first Guardianship Monitoring Program in Bergen County.

The Guardianship Program, utilizing volunteers recruited with the help of the AARP, monitors the work of the Court appointed guardians making sure they care for the frail and elderly as they promised they would.



Judge Dressler also spearheaded the creation of the Surrogate Court's Satellite Office Program in which the services of the Surrogate Court are brought directly to municipalities.

Anyone can make an appointment to meet with a Surrogate's Court representative at any of the following Satellite Office locations: Cresskill, Emerson, Fair Lawn, Fort Lee, Norwood, Park Ridge, Ridgewood, River Vale, Rutherford, and Wallington.

Utilizing municipal offices, senior centers and libraries in those towns, Surrogate Court

employees are able to bring services such as probating of wills and administering estates to those who cannot make the trip to the Surrogate Court in Hackensack.

These innovative and helpful programs are operated and maintained at no additional taxpayer cost. After his presentation, Judge Dressler answered all questions directed to him by the AARP members.

To demonstrate that the duties and the responsibilities of the Surrogate Court Judge extend beyond the walls of his office, Judge Dressler has embarked on an unprecedented speaking tour covering every town in Bergen County addressing senior groups and service organizations informing people about the importance of wills, administering of estates, guardianship of minors, adoptions, living wills and estate planning.

Peter Gallo, program committee member, announced that for the March 9 meeting, Irish singer, Ian Gallagher, will perform. He encouraged the members to bring their friends to this special St. Patrick's Program. *Photo and Story by Marie and Peter Gallo Jr. ###*

Leisure Club Plans 2012 Activities

At the February 8, 2012 meeting of the Leisure Club, the members were entertained by Frank Fattrosso. Frank, a versatile performer, sang, played the guitar, played the drums and told jokes. His performance also included anecdotes about his family. His renditions of some of the Frank Sinatra standards were excellent.

During the business portion of the meeting, Cathy Murray spoke about two trips planned for this year. The first is scheduled for March 15. It is to celebrate St. Patrick's Day at the Platzl Brauhaus in Pomona, New York. The \$60.00 cost includes transportation, luncheon, entertainment and all tips. The members will depart from the Senior Center at 9:30 a.m.

The second trip is scheduled for May 15. It will be to the Sight and Sound Theatre in Lancaster, Pennsylvania. It is to see the Biblical Musical, "Jonah". The \$130 cost includes transportation, the performance of Jonah, and dinner at the famous Miller Restaurant, a stop at Kettle Village and an opportunity to browse the unique shops in Lancaster. Cathy still has room for more who wish to join this

trip. She may be contacted at 201-288-6651.

Russell Lipari announced that a trip to Mount Airy Casino has been planned for April 3. The \$30 ticket will include transportation, \$27 slot play time and a \$10 food coupon. The bus will leave the Senior Center at 9:00 a.m. There are still seats available for this trip. If interested contact Dorothy at 201-288-0525.

Estella Hackel, from the local AARP announced a trip to Doolan's in Spring Lake for Tuesday, April 24. The \$60.00 cost includes transportation, luncheon, entertainment: "The Best of Broadway" and all tips. The bus will leave from the M

& M Building in Hackensack at 9:30 a.m. There are still seats available for this trip. If interested contact Estella at 201-288-0378.

All seniors are invited to be guests at the Hasbrouck Heights High School presentation of the musical "Curtains." The complimentary senior matinee will be held on Wednesday, March 28 at 1:00 p.m. in the Kiefer Auditorium.

At the March 14 meeting of the Leisure Club, a representative from the county will discuss the many benefits available to Seniors and Veterans. All seniors are welcomed. *Photo and story by Marie and Peter Gallo Jr. ###*

Carlstadt Senior Friendship Club

The Carlstadt Senior Friendship Club meets on the first and third Wednesdays of the month at the Civic Center. Refreshments are served at 1 p.m., with the meeting commencing at 1:30 p.m. Any Carlstadt senior is invited to join the meetings.

Future trips for the Club are: March 16 -- The Staaten, April 10 -- Lakeside Manor, May 3 -- NJPAC -- "West Side Story," with lunch at Iberia. Call Eileen at 201-933-6949 for details. ###

Vic Hoofers Auxiliary

The Vic Hoofers Auxiliary is a woman's social club who meets the first Thursday of the month at the Carlstadt Civic Center.

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The Energy Corner

Retention Oil Burners

Every non-flame retention burner, and most pre-1985 first generation flame retention burners, should be replaced. Boilers or furnaces installed after 1980 will run much better with a new burner.

If a new boiler or furnace was installed before 1970, it is better to replace the system than to just put in a new burner. New burners with their white-hot flame may “kill” the old unit quicker.

Replacing an old inefficient boiler or furnace is one of the best investments you can make. It will pay for itself in a few years and will continue providing savings for years to come.

Call for a FREE analysis of your heating system. See if upgrading your equipment is right for you. There is no cost or obligation.

Call John Depken if you have any questions that you would like answered in this column



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Real Estate Insight

By Mary Ellen Courtney



A Home Seller's Number 1 Worst Mistake

We have a saying in the real estate business: To succeed in life, you want to be....

- The first child
- The second spouse
- The third Realtor

There is definitely truth in that statement, as we agents who pick up listings after sellers have made major mistakes will attest.

Proof of this was recently made in a study conducted by HomeGain, an online industry newsletter. It states that 76% of home owners believe their home is worth more than their agent's recommended listing price (*up 3% from last year*). Concurrently, the same study showed that 68% of home buyers think that homes, in general, are overpriced. Almost a third of buyers believe that homes are more than 10% overpriced.

According to Louis Cammarosano, general manager of HomeGain: “home buyers and sellers continue to remain apart as to home valuations with the vast majority of home owners thinking their homes are worth more than their agents and the market are telling them.”

That's the sad reality of today's real estate market. Sad, because an overpriced home on the market today can actually cost a seller a lot of money. Homes sell for Fair Market Value (FMV) – what a ready, willing and able buyer is willing to pay for a home. Priced above the FMV, many homes

end up getting sold for even less than FMV down the road.

This was borne out by noted New Jersey appraiser, Jeffrey Otteau, who wrote about the dangers of sellers who ‘test the market’ with a high price. In a declining market, they usually end up with a lower price than those who price realistically.

The statistical proof showed that in a market where a home that was listed for \$599,900 (FMV) and which sold for \$599,000 (almost full listed price within 30 days), a comparable house that was overpriced at \$634,900 actually sold for \$585,000 months later when the market had declined a little more.

When a home first goes into the MLS and is advertised at that price, the seller has an opportunity to reach a small percentage of buyers who may be interested, who can afford it

and who are ready to do so now. Put off by the price, they will look elsewhere. And (sadly), it's a proven fact that buyers rarely come back to look at the same house again even after the price has been reduced. As a practical matter, a seller has one shot at each buyer.

And for those sellers who say: “I'm in no hurry to sell. If it doesn't sell, I can hang on to it until prices go back up.”, I say: don't waste your time and effort. Hoping you get lucky and find an uninformed buyer who will pay more than your home's true FMV is pretty much a pipe dream these days. If you want more (and are optimistic & patient), then you're better off waiting until prices actually do appreciate to your desired level. But if you sincerely want to sell now, my best advice is, don't overprice. In this slow market, you can lose a lot of money by the time you end up being compelled to sell for less.

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

National Poison Prevention Week

Wood-Ridge Public Safety officials remind area residents to observe National Poison Prevention Week, March 18-24, 2012, which is designated to highlight the dangers of poisonings and how to prevent them.

Most poisonings occur when parents or caregivers are home, but not paying attention.

The most dangerous potential poisons are medicines, cleaning products, antifreeze, windshield wiper fluid, pesticides, furniture polish, gasoline, kerosene and lamp oil.

- Store medicine, cleaners, paints/varnishes and pesticides in their original packaging in locked cabinets or containers, out of sight and reach of

children.

- Install a safety latch - that locks when you close the door - on child-accessible cabinets containing harmful products.

- Purchase and keep all medicines in containers with safety caps. Discard unused medication.

- Never refer to medicine as “candy” or another appealing name.

- Check the label each time you give a child medicine to ensure proper dosage.

- Never place poisonous products in food or drink containers.

- Maintain working smoke and carbon monoxide detectors.

Treatment: If your child is unconscious, not breathing, or having convulsions or seizures due to poison, contact or ingestion, call 911. If your child has come in contact with poison, and has mild or no symptoms, call your poison control center at 1-800-222-1222. ###

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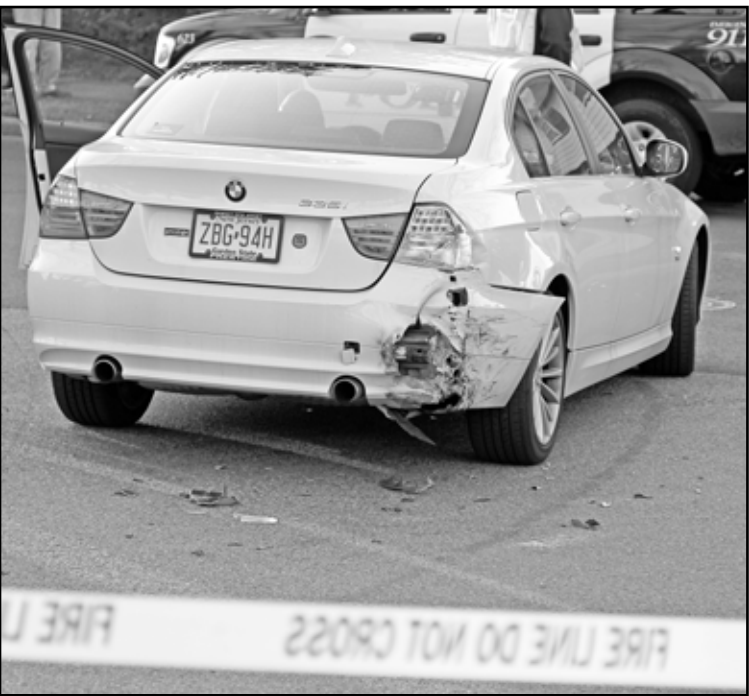
Wet MVA with Minor Injuries

On January 14, 2012, Little Ferry firefighters and EMTs responded to the Hackensack River Bridge for a motor vehicle accident where a car went through a parking lot, hitting a tree and going down an embankment landing in the water. Firefighters removed the victim from the car using a Stokes basket and ropes. Little Ferry EMS treated and transported the victim to Hackensack Hospital with minor injuries. *Photos by Rob Knobloch. ###*



Fighting a Brush Fire at BCUA

Little Ferry firefighters battled a brush fire on the Bergen County Utilities Authority property at the foot of Mehrhof Road on February 7, 2012. *Photos by Rob Knobloch. ###*



Fatal MVA Under Investigation

At about 3:59 p.m., on February 3, 2012, a Hasbrouck Heights man driving a Chevy Impala was driving west on Washington Place in Hasbrouck Heights and struck a stopped BMW sedan planning to make a left turn onto Woodside Avenue in Lodi.

The Impala crossed the border into Lodi hitting the brick foundation of a house at Woodside Avenue in Lodi. The driver was pronounced dead at the scene. Witnesses stated that his head was bleeding and his car began to smoke seconds after the impact.

Residents, home at the time, were not injured and the house was declared safe.

The driver of the BMW was taken to Valley Hospital in Ridgewood for minor injuries.

According to authorities, the accident is under investigation. An autopsy was performed by the Bergen County Medical Examiner, but results were not available.

Responding to the incident were Lodi and Hasbrouck Heights Police and Fire Departments, Bergen County

Medical Examiner and Fatal Accident Investigation Unit of the Bergen County Prosecutor's Office. ###



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Lodi Fire Department Chief's Dinner Honors Chief Darren Yuhas

On Saturday, February 4, 2012, the Lodi Fire Department held the Annual Chief's Dinner honoring Chief Darren Yuhas and his 3 Assistant Chiefs. The dinner was held at the Valley Regency in Montclair, NJ.

Emcee Robert Cassiello asked First Assistant Chief Matteo Lombardi to lead everyone in the Pledge of Allegiance. A toast to Chief Darren Yuhas was given by Dean Anzalone, ex-member of the

Lodi Fire Department and longtime friend of the Chief.

There was an introduction of out of town Chiefs and Borough officials. Mayor Bruce Masopust spoke. There was the presentation of gifts to Chief Yuhas, who then gave concluding remarks.

Everyone in attendance had an amazing time. There was a special thanks to their mutual-aid coverage. *Photos courtesy of Damien Danis. ###*

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Moonachie Fire Department 2012 Installation Dinner

The Moonachie Fire Department held their Annual Installation Dinner on January 20, 2012, at The Graycliff.

The Master of Ceremonies was former Moonachie Fire Department Chief Philip Muccio who introduced the 2012 officers.

First Assistant Chief William D. Hunt led the Pledge of Allegiance, followed by a prayerful moment of silence.

Rev. Kenneth Reihl provided the invocation.

The Oath of Office was given to the Officers by Mayor Dennis Vaccaro, with the Bible held by Jamie Migliorino.

The 2012 Officers are: Chief Victor Migliorino, First Assistant Chief William D. Hunt, Second Assistant Chief Franklin Smith, Captains Frank Tamargo and Louis Cappadonna, and Lieutenant Dave Kaneshige.

There was an introduction and recognition of honored

guests.

There was a presentation to honorary member and Moonachie Fire Base Communications Officer Caroline Sansevere, followed by the presentation of Chief's Award for highest percentages for 2011.

Ex-Chief William Hunt was recognized for his 50 years of service.

The highlight of the evening was the presentation of awards to Life Members Franklin Smith who joined in February 1990, Dennis Williams who joined in September 1990, William D. Hunt who joined in March 1992 and Jason Jaconetta who joined in April 1992.

Captain Frank Tamargo and Lieutenant Dave Kaneshige were presented their badges.

The toast was given by 2nd Assistant Chief Franklin Smith.

A slide show, created by Second Assistant Chief Franklin Smith, highlighting the Department, was presented following the dinner. ###



Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

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HHFD 2012 Installation Dinner

The Hasbrouck Heights Fire Department held their Installation Dinner for Chief Richard Giarratana and the Department Officers at The Graycliff on Saturday, February 4, 2012.

Master of Ceremonies was James Halloran. First Assistant Chief Patrick Hayes led the Pledge of Allegiance. The Invocation was given by Fire Department Chaplain, Deacon Vincent DeFedele. The traditional toast was made by Second Assistant Chief Angelo Roccamo.

Mayor Rose Heck, Fire Commissioner David Gonzalez

and Chief Giarratana spoke. Kevin Todd was presented with his ex-Chief badge and received recognition by the Department, his fire company and visiting Fire Chiefs.

Floral bouquets were presented to the Chiefs' wives and Fire Chief's Secretary, Nancy Halloran.

HHFD and EMS officers were recognized for their service. Mutual Aid Departments were acknowledged. Borough officials and other dignitaries were in attendance.

Music was provided by Black Magic Entertainment. ###

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