

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge

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March 2013

★★★★★



During their annual installation dinner, the Moonachie Fire Department expressed appreciation to the many friends that assisted them during Superstorm Sandy. Moonachie Ex-Chief Philip Miuccio gave special recognition to Moonachie Ex-Chief Justin Derevyanik, recognizing his "above and beyond" diligence and behind the scenes efforts for his meeting the extraordinary challenges during Superstorm Sandy. Miuccio stated, "With no job proving to be too small or too large, Justin's coordinating abilities and efforts pooled assets from many different sources. This helped enable Chief Migliorino, and all of the MFD, to concentrate on rescue efforts for the residents." (l-r) Moonachie Fire Chief Victor Migliorino, Moonachie Ex-Chief Justin Derevyanik and Moonachie Ex-Chief Philip Miuccio. (See story on pages 18-19)

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Puppy Bowl Gets Four Players from BC Animal Shelter

Hasbrouck Heights High School Cheerleaders led a Puppy Bowl Pep Rally on Friday, February 1, 2013, at The Bergen County Animal Shelter and Adoption Center in support of Bergen's very own four German Shepherd/pit bull mixes named Cruz, Prince, Tuck and Eli from the Bergen County Animal Shelter.

During the pep rally, they were joined by Bergen County Executive Kathleen Donovan who presented "Super Star" Certificates of Commendation to two of the owners attending this rally, Kathleen Pruta and Kerry Dunn, with appreciation for adopting and welcoming "Puppy Bowl IX Draft Picks" into their home and family.

These four pups appeared on Animal Planet's "Puppy Bowl" on Super Bowl Sunday, February 3, 2013, at 3 p.m. Tuck and Eli made the starting line up.

On a cold night in October, a litter of six puppies that were 6-7 weeks old were abandoned in a crate outside the shelter.

The shelter examined and vaccinated the pups and placed them into foster care until they were old enough to be spayed and micro chipped.

During their stay, four of the six were selected to participate in this annual event.

Luckily for Cruz, Prince, Tuck and Eli, all have found loving homes with families.

This year, the cast of 84 included 63 puppies from 23 shelters and 21 kittens from a New York shelter (and nine baby hedgehogs). Casting was done by petfinder.com who contacted the shelter about available dogs.

Puppy Bowl was filmed at a studio in the West Fifties in November. Because of the shelter's proximity, it made it easier to get the dogs to the studio. They filmed 90 hours and edited to two hours.

"The Puppy Bowl" mimics a football game with puppies in the role of the players and baby hedgehogs as cheerleaders.

"Puppy Bowl" is not a game of strategy. Players

compete, ten at a time, on a three-by-six yard field, littered with balls and chew toys.

There are no teams and everyone is a running back. Scoring is when a puppy crosses the goal line with a toy - usually unknowingly. There is even a

"Most Valuable Pup" award.

Animal Planet's halftime show features a kitten scrimmage, with hedgehog cheerleaders dressed in tutus.

Last year, almost 9 million watched the "Puppy Bowl."

For the last eight years, this

precursor to the Super Bowl has aired to raise awareness of local animal shelters.

There are many more animals looking for loving forever homes at the Bergen County Animal Shelter and Adoption Center. ###



Hasbrouck Heights High School Cheerleaders led the "Puppy Bowl Pep Rally" at the Bergen County Animal Shelter.

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Four small images showing people exercising: a woman on a blue ball, a man lifting weights, a woman in a yellow shirt, and a woman on a treadmill.



Facing north, view of fence work being done under Route 46 underpass on February 7, 2013. Box indicates former Williams Avenue entrance. Inset is fence work under both sides of Rt. 46 overpass.



View of walkway at Park Avenue from Rutherford Train Station towards East Rutherford. Note pedestrian crossing gates at each side of the double tracks at this heavily traveled walkway.



View facing Williams Avenue and Route 17 from the train stop before fence was built. (Photo circa 2008 after the major rail line expansion was completed in October 2007.)

The Big Fence

Without notice or signage, fencing went up at the Teterboro train stop of the expanded NJ Transit Pascack Valley line, blocking access from Williams Avenue in Hasbrouck Heights.

Citing safety concerns, NJ Transit spent \$100,000 to build a 300 foot-long, eight foot high fence.

By taking this short-cut, commuters were trespassing -- "breaking the law" according to NJ Transit. The only legal and safe way to access the Teterboro train stop is from Green Street.

In addition to crossing a pedestrian unfriendly Route 17, Hasbrouck Heights commuters must now walk (night and day) about a mile along hazardous Route 46 and ramps to reach the rail stop.

It was observed that the slender walkway along Rt. 46 was covered and impassible after the recent "Nemo" snow storm.

There is a small parking lot at the train stop which costs \$480 a year, but there is a long waiting list.

Alternate solutions considered were:

- A pedestrian crossing w/ crossing gate and flashing train signal similar to the Rutherford Train Station.
- Opening one train door on the Heights side with a monitored conductor present.
- Alternate boarding from each side: requires engineering, legal issues and construction costs.
- A pedestrian flyover: there is no federal money.

The unintended consequences of this fence adds hardship to those who depart busses at Route 17 and cross over the tracks to work in Teterboro.

Commuters have started a petition: go to: <http://www.ipetitions.com/petition/njtransit-pascack-valley-teterboro-access/>

Comments that were made include:

- This stop was a major reason for buying our home.
- This fence has created many commute problems for me. I now have to walk on the highway in the cold and dark.
- Please improve access before you get someone killed on Route 46.

The Teterboro train stop is not a station. It is a concrete slab with a very small open shelter, a ticket kiosk and a bike rack.

Area residents had hoped that with Teterboro Landing (Bendix property), a real train station would be constructed.

Although about 100 commuters use this stop, considerably more patrons would use this service if there was a real station and it was patron-friendly.

Teterboro has limited stop service, requiring local residents to use the Wood-Ridge train station during off-hours.

Pascack Valley train service was expanded in October 2007. See *The Gazette Newspaper*, February 2008, pages 14-15. This article is available free online at: www.the-gazette-newspaper.com ###



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Brunch with the Bunny

The Junior Women's Club of Hasbrouck Heights presents their annual Brunch with the Bunny on Saturday, March 23, 2013, from 11 a.m. to 1 p.m.

This event will be held at the Hasbrouck Heights Municipal Building.

Tickets are \$8 per person and include the following: brunch, coffee, dessert, entertainment, and treat.

Bring your camera for a photo with the Easter Bunny. For tickets and more information, please call Lori at 201-321-5274.

Due to limited seating capacity, tickets will NOT be sold at the door. All children must be accompanied by a paying adult.

Proceeds for this event will be used to benefit local charities and scholarships. ###

Rice Cake & Butter Lamb Sale

The Rosary Confraternity of Most Sacred Heart of Jesus Parish in Wallington will be holding its annual Rice Cake and Butter Lamb Sale on Saturday, March 16, 2013.

Rice Cake, as well as Butter Lambs will be sold while supplies last. Note: advance orders will be honored first!

Prices are:
• Rice Cake: \$5 per pound
• Rice Cake: Whole \$30
• Butter Lambs (salted or unsalted): \$5 each

If you would like to place an advance order, please drop off your order at the rectory or call no later than March 2, 2013. Checks are to be made payable to "MSH Rosary Confraternity." Purchases may be picked up on Saturday, March 16 only between the hours of 12 p.m. through 5 p.m. in the school cafeteria.

For additional information or to place an order, call Ginny at 201-715-2087 or MaryJane at 201-939-8576. ###

About The Easter Bunny

Hares and rabbits have long been symbols of fertility. The inclusion of the hare into Easter customs appears to have originated in Germany, where tales were told of an "Easter hare" who laid eggs for children to find.

German immigrants to America -- particularly Pennsylvania -- brought the tradition with them and spread it to a wider public. They also baked cakes for Easter in the shape of hares, and may have pioneered the practice of making chocolate bunnies and eggs. *Source: www.factmonster.com* ###

Area Easter Egg Hunts

Carlstadt

The Annual Breakfast with the Easter Bunny is scheduled for 9:30 a.m. to 11 a.m. on Saturday, March 23, 2013, at the Civic Center.

East Rutherford

Breakfast with the Easter Bunny is scheduled for 9 a.m. to 11 a.m. on Saturday, March 23, 2013, at the Civic Center. Bring your camera.

Hasbrouck Heights

The Annual Easter Egg Hunt is scheduled for line up at 9:30 a.m. with a 10:00 a.m. start on Saturday, March 23, 2013, at Depken Field. Rain Date is March 30. The Easter Bunny is scheduled to visit and hand out candy.

The event is open to all Heights Pre-schoolers (age 4-5) through Third Graders. Children should bring a basket. All children must wear rubber soled shoes, preferably sneakers. No parents or underage children are allowed on the field. Tickets are distributed through the elementary schools. Tickets are also available at the Borough Clerk's Office at 320 Boulevard. This event is sponsored by the Mayor's Celebration Committee.

Little Ferry

The Little Ferry visit by the Easter Bunny is scheduled for Saturday, March 23, 2013, at Borough Hall, from 11 a.m. to 2 p.m., for resident children up to age 12. Bring your camera.

A magic show and face painting are scheduled. Event is rain or shine. This event is sponsored by the Recreation Committee.

Moonachie

The Moonachie Annual Egg Hunt will be held 11 a.m., Saturday, March 23, 2013, at Robert L. Craig School Gymnasium, rain or shine. Refreshments will be served and the Easter Bunny will be there. Be sure to bring your camera. The event is open to all children.

Wood-Ridge

The Knights of Columbus St. Anthony Council 11585 will hold their Annual Easter Egg Hunt after the "Blessing of the Baskets," at noon on Saturday, March 30, 2013, on the Assumption Church grounds for Pre-K through 3rd Grade. Tickets may be obtained at the rectory. In case of rain, the event will be held indoors. Refreshments follow. ###

Wood-Ridge Memorial Library will be hosting an Easter Egg Hunt for children ages 4 to 7 years old on March 23 at noon. Registration is required due to limited space. Preference is given to Wood-Ridge residents. To register, call The Library at 201-438-2455. ###

About Easter

Easter, Pascha, or Resurrection Day, is the most important religious feast in the Christian liturgical year. It celebrates the resurrection of Jesus, which Christians believe occurred on the third day after his crucifixion some time in the period A.D. 27 to 33.

Many pagan elements have become part of the celebration, and those aspects are often celebrated by many Christians and non-Christians alike.

Easter also refers to the season of the Church year called Eastertide or the Easter Season. Traditionally, the Easter Season lasted for the forty days from Easter Day until Ascension Day, but now officially lasts for the fifty days until Pentecost. The first week of the Easter Season is known as Easter Week or the Octave of Easter.

Easter is termed a movable Christian holy day because it is not fixed in relation to the civil calendar. Easter falls at some point between late March and late April each year (*early April to early May in Eastern Christianity*), following the cycle of the moon.

Easter is linked to the Jewish Passover, not only for much

of its symbolism, but also for its position in the calendar.

The Last Supper shared by Jesus and his disciples before his crucifixion is generally thought of as a Passover meal, based on the chronology in the Gospels.

Some, however, interpret "Passover" in John 18:28 as a single meal and not a seven-day festival. Interpretation of the Gospel of John differs from the Synoptic Gospels by placing Christ's death at the time of the slaughter of the Passover lambs, which would put the Last Supper slightly before Passover, on 14 Nisan of the Bible's Hebrew calendar.

According to the Catholic Encyclopedia, "In fact, the Jewish feast was taken over into the Christian Easter celebration." *Source: Wikipedia.org* ###

Preparing Your Garden

Before digging, test for dampness. Soil should be fairly dry and crumble when rubbed between your fingers. Lift soil in chunks, turn and shatter with spade or pitchfork. Follow fertilizer instructions remembering less is better. Rake surface smooth. ###

Easter Egg Hunt and Blessing of Eggs

On Easter Sunday, March 31, 2013, for the second year in a row, members of the Holy Trinity Lutheran Church at 92 Burton Avenue, HH, will join their Orthodox sisters and brothers in the meaningful tradition of blessing the Easter eggs that will nourish us and adorn our Easter tables in our homes.

A continental Easter breakfast will be available at 10:15 a.m.

Children will hunt for eggs on the front lawn and can bring the eggs they find to the service at 11 a.m. for a blessing. You are invited to bring your Easter eggs and join in this Easter tradition.

Please visit their website at holyltrinityhasbrouckheights.com to view their complete Holy Week calendar. ###

Transplanting Seedlings

Poke hole in mixture. Fill with water. Gently lift seedling with spoon and place in new mixture 3 inches apart. Make sure roots are firmly planted. Fill the remaining hole with mixture. Make sure there is sufficient air circulation and sunlight. ###

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"Spring Forward" March 10

Daylight Saving Time will commence on the second Sunday in March and end on the first Sunday in November.

At 2 a.m., on March 10, 2013, clocks should be set forward one hour ahead of standard time (*spring forward*).

Daylight Saving Time allows us to use less energy in lighting our homes by taking advantage of the longer and later daylight hours.

Daylight Saving Time was instituted in the United States during World War I in order to save energy for war production by taking advantage of the later hours of daylight between April and October.

During World War II, the federal government again required the states to observe the time change. Between the wars and after World War II, states and communities chose whether or not to observe Daylight Saving Time.

In 1966, Congress passed

the Uniform Time Act which standardized the length of Daylight Saving Time.

Daylight Saving Time is four weeks longer since 2007 due to the passage of the Energy Policy Act in 2005.

The Act extended Daylight Saving Time by four weeks from the second Sunday of March to the first Sunday of November, with the hope that it would save 10,000 barrels of oil each day through reduced use of power by businesses during daylight hours.

Unfortunately, it is exceedingly difficult to determine energy savings from Daylight Saving Time and based on a variety of factors, it is possible that little or no energy is saved by Daylight Saving Time.

The idea of daylight saving was first conceived by Benjamin Franklin in 1784.

A study by the U.S. Law Enforcement Assistance Administration found that crime

was consistently less during periods of Daylight Saving Time than during comparable standard time periods. Data showed violent crime down 10 to 13 percent. It is clear that for most crimes where darkness is a factor, such as muggings, there are many more incidents after dusk than before dawn, so light in the evening is most welcome. ###

Online calendars can help your computer update automatically. When it's time to spring forward or fall back, many people just change their clocks before going to bed, or reset them in the morning when they wake up, rather than changing the clocks exactly at 2:00 in the morning.

Be careful when changing your clocks before bed, though - some clocks are smart enough to change the time automatically for DST. If you change the time manually, you may end up an hour off. ###

March Flower
Daffodil

Felician College Students Offer Free Tax Preparation

Members of Felician College's Young Entrepreneur's Club are once again partnering with The Rutherford Public Library and the Internal Revenue Service to offer free tax preparation service to those who qualify.

The students met several times over the semester break to take part in the Internal Revenue Service's Volunteer Income Tax Assistance (VITA) program.

Through the program, IRS personnel train community volunteers to prepare uncomplicated tax returns.

The volunteers in turn provide free income tax preparation assistance to low income, elderly, disabled and limited-English-speaking community members.

Under the guidance of Felician College professor Joseph A. Lizza, MBA, CPA, all

volunteers have been trained and tested in current tax law through a rigorous program provided by the Internal Revenue Service.

The program will run on the following Saturdays: March 2, 9, 16, 23 and 30, from 10:30 a.m. to 2 p.m., at The Rutherford Public Library, 150 Park Avenue.

The VITA volunteers will prepare the following:

- Forms 982, 1040EZ, 1040A, 1040
- Schedule A, B, EIC and R
- Forms 1040-V and 1040-ES
- Form 2441 (Child and Dependent Care Credit)
- Form 5405
- Form 8863 (Education Credits)
- Form 8812 (Additional Child Tax Credit)
- Form 8888 (Direct Deposit)

Preparation of corresponding New Jersey forms will also be available. People who need assistance with other forms and complicated returns should see a paid preparer.

For more information on the VITA program, please call 201-559-3321. ###

Planning Your Garden
Plant rows running north to south so plants won't shade each other. Keep corn at the north end, or separately, to avoid shading smaller crops. ###

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HHJWC
St. Pat's Party!

Kick off St. Patrick's Day with the Junior Women's Club of Hasbrouck Heights annual party at the Hasbrouck Heights Elks Club, on March 9, 2013, at 7 p.m.

Come on your own or make their party your party and reserve a table. Tickets are \$45 per person. Ticket includes Irish dinner (*corned beef or chicken*), beer, wine, Step dancing, DJ, and door prize. There is also a Tricky Tray and 50/50.

Must be 21 or older to attend. Proceeds to benefit Junior Woman's charities and local scholarships.

For tickets please visit www.hhjuniors.org and click on Events or call Cara: 201-288-0479. ###

St. Patrick's Day
Dinner-Dance

Get ready! The Knights of Columbus and the Holy Name Society are holding their annual St. Patrick's Day dinner-dance on Saturday March 16, 2013, starting at 7 p.m., at St. Joseph's School auditorium, 120 Hoboken Road, East Rutherford.

The best home cooked corned beef and cabbage in town. Dance to the music of DJ Chris Sammels and be entertained by the Davis Academy of Irish Dancers. Bring your own bottle; mixers and beer included in your ticket price.

Tickets are \$25 each. A word of warning, tickets sell out early so if you wish to attend don't wait too long. No tickets will be sold at the door. For tickets or more information contact Joe at 201-842-9262.

They look forward to seeing you on the night when everyone is Irish, so wear your green and come out for a great night. ###

St. Patrick's
Day Dinner

American Sokol Little Ferry (*Main and Garden Streets*) will host a St. Patrick's Day Dinner featuring corned beef and cabbage served family style on Sunday, March 17, 2013, starting at 6 p.m. Cost is \$20 adults, \$9 children and under 5 free. Beer, wine and soda included.

Send checks made to American Sokol Little Ferry, Inc. to: Blanche Bidnik 479 Grove Street, Clifton, NJ 07013-3134 by March 14. ###

W-R Knights Corned
Beef Dinner March 16

The St. Anthony Council 11585, Knights of Columbus invites all to celebrate with them on Saturday, March 16, 2013.

The Knights will host their 5th Annual Corned Beef Dinner, from 7 p.m. to 10 p.m., at the Father Patrick Morris Hall, located in the basement of the Assumption Church in Wood-Ridge.

The dinner will be catered. Admission is \$15 per person. Tickets may be purchased at the door or from any member of the Knights of Columbus. PG ###

Corned Beef &
Cabbage Dinner

The Hasbrouck Heights Knights of Columbus will be hosting their Annual Corned Beef and Cabbage Dinner on Sunday, March 10, 2013, from 5 p.m. to 7 p.m., in the Corpus School Christi Cafeteria. Dinner will include soft drinks, coffee, tea and dessert. Event will include a very large Tricky Tray and 50-50 raffle. Call 201-707-3554 for tickets. ###

*March comes in like a lion
and goes out like a lamb.*

St. Patrick's Day
Craft Time

On Monday, March 11, 2013, at 3:45 p.m., children ages 5 and older are invited to create a St. Patrick's Day doorknob hanger at The Rutherford Public Library.

Five, six, and seven-year-olds are asked to bring a grown-up to assist with making the project. Registration is required. Please visit or call the Children's Department at 201-939-8600, ext. 6. This program is funded by The Friends of the Library of Rutherford. ###

Wacky St. Patrick's
Day Celebrations

For many, St. Patrick's Day, celebrated on March 17, is a day to celebrate the patron saint of Ireland with some corned beef and a pint of Guinness. But some places have their own peculiar celebrations.

Did you know that the Chicago River is dyed green every year on St. Paddy's Day?

In Hot Springs, Arkansas, you can find the world's shortest St. Patrick's Day parade -- a whopping 98 feet down Bridge Street. Marchers include Irish Elvis impersonators and a middle-age troupe called Lards of the Dance.

Residents of New London, Wisconsin get into the spirit by dressing as leprechauns and changing town signs to say "New Dublin." Green beer and an Irish Elvis -- now that's a celebration! *SPM Wire*. ###

St. Patrick's Day Party

On March 16, 2013, the American Legion Post 310, located at 100 Liberty Street, Little Ferry, will host their annual St. Patrick's Day Party from 6 to 11 p.m.

Cost is \$5 for a delicious corned beef, cabbage and potatoes dinner. For more information call 201-641-9774. ###

Leprechaun -- a creature in Irish mythology.

In Irish mythology, a leprechaun (Modern Irish: leipreachán) is a type of male faerie said to inhabit the island of Ireland.

Leprechauns and other creatures of Irish mythology are often associated with "faerie forts" or "faerie rings" -- often the sites of ancient (*Celtic or pre-Celtic*) earthworks or drumlins.

They usually take the form of old men who enjoy partaking in mischief.

Their trade is that of a cobbler or shoemaker. They are said to be very rich, having many treasure crocks buried.

According to legend, if anyone keeps an eye fixed upon one, he cannot escape, but the moment the eye is withdrawn he vanishes.

Leprechauns rarely appear in what would be classed as a

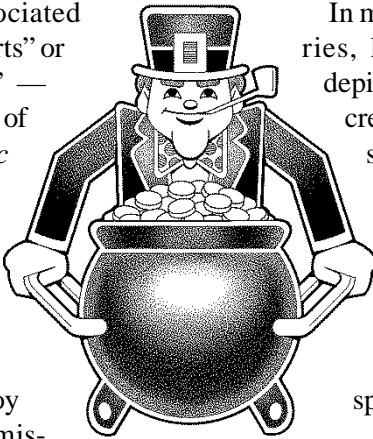
folk tale; in almost all cases the interest of these stories centers around a human hero.

Stories about leprechauns are very brief and have local names and scenery attached to them.

In most tales and stories, leprechauns are depicted as harmless creatures who enjoy solitude and live in remote locations, although opinion is divided as to if they ever enjoy the company of other spirits.

Although rarely seen in social situations, leprechauns are supposedly very well spoken and, if ever spoken to, could make good conversation.

The modern image of the leprechaun is depicted wearing an emerald green frock coat, and bestowed with the knowledge of the location of buried treasure, often in a crock of gold. ###



Beware the Ides of March

Those familiar with history or William Shakespeare's play "Julius Caesar," recognize the reference to March 15, the day of Julius Caesar's assassination in 44 B.C. after declaring himself dictator of Rome for life.

"Beware the Ides of March" is the soothsayer's message to Julius Caesar, warning of his death and has forever imbued that date with a sense of foreboding.

After Caesar's untimely exit, superstitious Romans may well have avoided launching a business, marriage or other important venture on a date so cloaked in doom it eventually entered the lexicon as a metaphor for impending

catastrophe.

But in Roman times the expression "Ides of March" did not necessarily evoke a dark mood—it was simply the standard way of saying "March 15."

A Roman saying, "four Ides," (*meaning four days before Ides*), would be just as clear to other Romans as someone saying March 11.

For ancient Romans, an Ides was merely one of several common calendar terms used to mark monthly lunar events. The Ides simply marked the appearance of the full moon.

Each month has an Ides (*usually the 15th*) and this date wasn't significant in being associated with bad luck or doom. ###

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Chamber/Garden Club Boulevard in Bloom

Help Keep the Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for the past nine years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the Hasbrouck Heights Garden Club, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting will be done by the Garden Club at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season. After the summer, the DPW will collect the flower pots and store them for the winter.

The Beta Club from the Hasbrouck Heights Middle School will lend a hand overseeing and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604.

Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

HH Garden Club News

The members are having a workshop for the March 21, 2013 meeting. Donna Cornelius will be instructing on how to make ladybugs, bumble bees and frogs as decorations for your garden.

Come for a fun evening. They will meet at Borough Hall, 320 Boulevard, Hasbrouck Heights on the second floor in The Library Meeting Room. Plenty of parking is available.

Refreshments will be served at 6:45 p.m., followed by a short meeting and then the workshop. They are usually done by 8:45 p.m.

They always welcome guests to their meetings. Bring a friend. For more information call Judy at 201- 288-2615. ###

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Lodi Shredding Event April 6

The Borough of Lodi, in conjunction with the Bergen County Utilities Authority and Nexcut, Inc., will be hosting its first Shredding Event on Saturday, April 6, 2013, from 9 a.m. until 1 p.m. at the Lodi Memorial Park.

At no cost, Borough residents may bring any unwanted paper to this on-site shredding truck for proper disposal and recycling. ###

Full Worm Moon

The March full moon will appear on Wednesday, March 27, 2013, at 3:59 p.m. It is called the "Full Worm Moon."

According to the Farmer's Almanac, as the temperature begins to warm and the ground begins to thaw, earthworm casts appear, heralding the return of the robins.

Northern tribes also referred to this Moon as the "Full Crow Moon" when the cawing of crows signaled the end of winter; or the "Full Crust Moon," because the snow cover becomes crusted from thawing by day and freezing at night.

The "Full Sap Moon" marks the time of tapping maple trees in another variation. To settlers, it was also known as the "Lenten Moon" and was considered the last full moon of winter.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

FOCAS Holds Flea Market

FOCAS kicks-off its 2013 Flea Market season, Saturday, March 16, and Sunday, March 17, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (Not accepted are TVs, PC monitors, exercise equipment, clothes or magazines.)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Things to Do in Your Garden

- Remove winter mulches
- Clean up the garden/weed
- Have soil tests run
- Improve soil with organic matter and pre-plant incorporation of fertilizer
- Rake & aerate lawn
- Apply lime if needed
- Reset perennials that have frost-heaved
- Start vegetables and flowers from seed
- Sow seeds outdoors of hardy annuals, such as poppies and cornflower
- Plant sweet peas and garden peas on St. Patrick's Day, if soil is workable
- Plant cold-tolerant vegetables such as onions and peas (mid to late month)

- Look for and remove cedar apple rust galls on Eastern red cedar
- Plant or transplant trees and shrubs when soil is workable
- Fertilize trees and shrubs (late)
- Prune trees, shrubs that do not flower in spring (unless renovation pruning)
- Clean out all of your birdhouses now, so that they will be ready when the birds return.
- Repair any fencing, arbors, or trelliswork that is weak or has broken over the winter.
- Check the plants under the eaves of the house and under tall evergreens to see that they have sufficient moisture. ###

Safeguard Your Home

BCUA Collects Household Hazardous Waste

While most people are interested in safeguarding their homes, many dangerous and environmentally unsafe materials gather dust in garages and basements, such as batteries, paints, and insecticides.

Hazardous waste can safely be removed from homes and be recycled or disposed of properly at the Bergen County Utilities Authority (BCUA) Household Hazardous Waste Collections.

BCUA will collect household hazardous waste on Saturday, March 9, 2013, from 9 a.m. to 3 p.m., at the BCUA (foot of Empire Boulevard) in Moonachie -- rain or shine. This service is free of charge for Bergen County residents -- ID is required.

A partial list of acceptable materials for collection includes: aerosol cans, anti-freeze, batteries, blacktop seal-

ers, disinfectants, fertilizer, fire extinguishers, herbicides, insecticides, mercury switches, paints, pesticides, propane gas cylinders (1 lb. & 20 lb. only), solvents and thinners, used motor oil, varnishes.

A partial list of unacceptable materials includes: unlabeled wastes or containers with unknown contents, regulated medical wastes, radioactive materials and explosives, containers larger than five gallons, compressed cylinders (oxygen or acetylene), pressure treated lumber or railroad ties, computers, electronics and tires.

For detailed information log onto www.bcu.org or call 201-807-5825.

(Businesses must pre-register prior to attending BCUA sponsored collection events. A disposal fee will be charged and collected. Call 201-807-8696 for details.) ###

National Poison Prevention Week

Carlstadt Public Safety officials remind area residents to observe National Poison Prevention Week, March 17-23, 2013, which is designated to highlight the dangers of poisonings and how to prevent them.

Most poisonings occur when parents or caregivers are home, but not paying attention.

The most dangerous potential poisons are medicines, cleaning products, antifreeze, windshield wiper fluid, pesticides, furniture polish, gasoline, kerosene and lamp oil.

Store medicine, cleaners, paints/varnishes and pesticides in their original packaging in locked cabinets or containers, out of sight and reach of children.

Install a safety latch - that locks when you close the door - on child-accessible cabinets

containing harmful products.

- Purchase and keep all medicines in containers with safety caps. Discard unused medication.

- Never refer to medicine as "candy" or another appealing name.

- Check the label each time you give a child medicine to ensure proper dosage.

- Never place poisonous products in food or drink containers.

- Maintain working smoke and carbon monoxide detectors.

Treatment: If your child is unconscious, not breathing, or having convulsions or seizures due to poison, contact or ingestion, call 911. If your child has come in contact with poison, and has mild or no symptoms, call your poison control center at 1-800-222-1222. ###

Feast of St. Joseph

St. Joseph Table will be held on Saturday, March 16, 2013, at 6 p.m.

On Tuesday, March 19, 2013, at 7:30 p.m., St. Joseph Parish in Lodi will be honoring the Feast of Patron Saint, St. Joseph, with a bi-lingual Italian-American Solemn Mass. All are invited to join in this celebration. ###

All-You-Can-Eat
Dessert Party

The Friends of Wood-Ridge Memorial Library have set the date for the 19th Annual Dessert Party fundraiser on Monday, April 15, 2013, at 6:30 p.m., in the Wood-Ridge Senior Center at the corner of Hackensack Street and Highland Avenue, adjacent to The Library. Admission is \$10 at the door for the homemade all-you-can-eat desserts. Coffee and tea will also be served. Tickets can be purchased at The Library or through Friends of the Library. For more information, call Madeline at 201-438-7737. ###

Roast Beef Dinner
Saturday, April 27

The Guild of Reformed Church Women will hold their Annual Roast Beef Dinner on Saturday, April 27, 2013, from 5:30 p.m. to 7 p.m., at The First Reformed Church, Hasbrouck Heights. Cost is \$15 for adults and \$5 for children under 10. Take-outs are available upon request. For reservations call Nancy at 201-288-3963 or the Church office at 201-288-1122 before April 25. ###

Czech Pork
Dinner May 19

American Sokol in Little Ferry will host a Czech Pork Dinner on Sunday, May 19, 2013, from noon to 1:30 p.m. Take out available starting at 11:30 a.m.

Menu includes roasted pork, dumplings, sauerkraut, applesauce, homemade cake, bread and butter, and coffee or tea. Beer, wine or soda included.

Tickets are \$20 adults, \$18 members and \$9 children. Reservations only -- no donations will be accepted at the door. For tickets, call Blanche at 973-365-1111 before May 9, 2013. ###

AARP Collects
Cancelled Stamps

The AARP Chapter 418 collects cancelled stamps, trimmed to ¼ inch around the stamps. Drop off or send to: **The Gazette Newspaper**, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

W-R Lions
Pancake Breakfast

The Wood-Ridge Lions Club will hold their annual pancake breakfast on Palm Sunday, March 24, 2013, at the High School All Purpose Room. This is the longest running event of this type in the community. Come out and meet your neighbors and “kick off” spring in Wood-Ridge.

You will enjoy your breakfast of orange juice, hot buttered pancakes (*with fruit toppings and syrup*), sausage, and plenty of coffee or tea. The breakfast begins at 8 a.m. and runs though noon.

Tickets are \$4 each (*children under 3 are free*) and may be purchased from any club member, at Siegel’s Hardware, or at the door. ###

A Spring
Dinner Dance

The Lay Association of Saint Francis Caracciolo presents "A Spring Dinner Dance" on Saturday, April 20, 2013, at 7 p.m., at St. Joseph School Gymnasium in Lodi.

Ticket cost is \$25. Call 973-779-0643 for reservations. No tickets will be sold at the door. Event benefits the Adorno Fathers. ###

Rummage Sale

The Guild of Reformed Church Women will hold their Spring 2013 Rummage Sale at the First Reformed Church, Hasbrouck Heights, on Thursday, April 11, from 7 to 9 p.m., Friday, April 12, and Saturday, April 13 from 9:30 a.m. to noon.

Items for sale include clothing, shoes, toys, books and household items. Donations welcome. Proceeds will go to Church projects and missions. The Guild holds rummage sales every spring and fall. For more information, call Estella at 201-288-0378. ###

Ziti Dinner Night
March 13

The Lodi High School Band will be hosting a Ziti Dinner Night, featuring Karaoke! The event will take place on Wednesday, March 13, 2013, from 6-9 p.m., at the Lodi High School Cafeteria.

The menu will include pasta and salad prepared by the Lodi Moose, as well as beverages and dessert. Tickets are \$8. A gift card raffle will also be held. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext. 40. Tickets may also be purchased at the door. All proceeds will benefit the music scholarship fund. ###

Lodi HS Band
Beefsteak

The Lodi High School Band will be hosting a Beefsteak on Thursday, May 2, 2013, from 6-9 p.m., at the Lodi High School Cafeteria.

In addition to a full beefsteak dinner, the evening will feature performances by professional jazz musicians, accompanied by members of the Lodi High School Jazz Band. Tickets are \$35. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext.40. All proceeds will benefit the music scholarship fund. ###

Roast Beef Dinner
Saturday, April 27

The Guild of Reformed Church Women will hold their Annual Roast Beef Dinner on Saturday, April 27, 2013, from 5:30 p.m. to 7 p.m., at The First Reformed Church, Hasbrouck Heights.. Cost is \$15 for adults and \$5 for children under 10. Take-outs are available upon request. For reservations call Nancy at 201-288-3963 or the Church office at 201-288-1122 before April 25. ###

Sandy Relief
Fundraiser

A fund-raiser to benefit Little Ferry Hose Company, Little Ferry Hook & Ladder and Little Ferry EMS is scheduled for February 28, 2013 at The Empire Club.

Cost is \$40 pp with beer and wine included. Cocktail hour from 6:30 to 7:30 p.m. followed by a sit-down dinner with live entertainment featuring comedian John Pizzi.

There will be a silent auction, vendor flea market, and 50/50.

For more information go to: www.helprebuildf.eventbrite.com ###

HH Town-wide
Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for June 1 and 2, 2013, from 9 a.m. to 4 p.m.

Participation in this sale does not count towards the “two garage sales” per year ordinance. Sign up dates to be announced.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants’ addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor’s Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

Lions Annual
Pancake Breakfast

The Carlstadt-East Rutherford Lions Club will hold its annual pancake breakfast event on Sunday, March 3, 2013, from 8 a.m.-noon at the East Rutherford Civic Center, located on Vreeland Avenue in East Rutherford. Price per ticket for an adult is \$5 and free for children under 5. For tickets, call 201-306-0987. Walk-ins are welcome.

The Carlstadt/East Rutherford Lions Club meets on the first and third Wednesday of the month at the Park Tavern Restaurant on Park Avenue in East Rutherford. Meeting times are at 6 p.m. and held over dinner. New members are always welcome. ###

Model Trains

The excitement and romance of railroads comes alive in Carlstadt with almost 4,000 square feet of train layouts in realistic scenic dioramas.

"O" Scale layout is 40 feet x 70 feet with amost 20 scale miles of train track. The "HO" scale layout is about 30 feet x 45 feet.

The Society of Model Engineers 87th Anniversary Exhibition is located at 341 Hoboken Road, Carlstadt. It will be open weekends: March 8, 9, 10; March 15, 16, 17 and March 22, 23, and 24, 2013. Hours are: Fridays from 7 to 10 p.m.; Saturdays and Sundays 1 to 6 p.m. Admission is \$5 for adults and \$1 for children. For more information go to: [www. ModelEngineers.org](http://www.ModelEngineers.org) ###

Dancing Under The Stars

Mickey's Kids Foundation will be hosting its Sixth Annual Gala to benefit Canine Assistants. The gala, "Dancing Under the Stars - Act VI," will be held on Friday, March 22, 2013, at Il Villaggio in Carlstadt. There will be professional dancers and singers along with students from local grammar schools. Tickets are \$125. For more information, please contact mickeyskidsfoundation@verizon.net ###

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Fish & Chips March 19

The GFWC Contemporary Club of Hasbrouck Heights will hold their Annual Fish and Chips Dinner on Tuesday, March 19, 2013, from 5:30 to 7 p.m., at Holy Trinity Lutheran Church, located at the corner of Burton and Hamilton Avenues in Hasbrouck Heights.

Tastefully British Caterers will prepare the best fish and chips you ever tasted! Tickets are \$14 for adults and \$8 for children under 10 years of age.

Pre-paid take-out is available. No tickets will be sold at the door. Contact Marge at 201-288-8933 for reservations. Proceeds will benefit scholarships and other service projects.

The Contemporary Club is a member of the New Jersey State Federation of Women's Clubs, serving communities one project at a time. For more information, please contact Helen at 201-288-5116. ###

Rosie the Riveter

On Wednesday, March 20, 2013, the Wood-Ridge Historical Society will sponsor a presentation by Penny Colman, award winning author and popular speaker.

Her program about "Rosie the Riveter: Women Working on the Home Front in World War II," will take place at 7:00 p.m. in the Arnault/Bianchi House, 111 First Street in Wood-Ridge.

Refreshments will be served following the program. There is no admission charge. Donations to the Society to support future programs will be gratefully accepted. ###

AC Bus Trip

The VFW Post 4591 sponsors Atlantic City Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$30; it includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games and prizes and a movie make the travel time pass quickly.

Call Mel at 201-933-9937 or the Post for more information at 201-288-1112. ###

Art Club Meets

The Art Association of Rutherford will hold its first meeting of the spring on Thursday, March 14, 2013, at 7:30 p.m. at the Tamblyn Civic Center, at the corner of Woodland and Wilson Avenues, Rutherford, NJ.

Interested amateurs and professionals are cordially invited to join them for a demonstration and information about upcoming opportunities to show and share work. For further information e-mail: carin_peace@yahoo.com ###

White Elephant Sale

The Rosary Confraternity of Most Sacred Heart of Jesus Church, 127 Paterson Avenue, Wallington, is sponsoring a "White Elephant (Rummage) Sale" on Saturday, March 2, 2013, from 9 a.m. to 3 p.m. in the "great hall" (*parish auditorium*). Donations of gently used books; useable, clean clothing and household goods can be brought to the "great hall" on Friday, March 1, between 3:30 p.m. and 8 p.m. ONLY. No car seats or baby furniture will be accepted.

For additional information, please contact Carol at 201-935-0273 or Pat at 201-438-0636. ###

Hasbrouck Heights 5th Annual Street Fair May 19

The Hasbrouck Heights Mayor's Business Community Committee announced the 5th Annual Street Fair is scheduled for Sunday, May 19, 2013 along The Boulevard.

The Hasbrouck Heights Street Fair is rapidly developing into one of the premier events in New Jersey.

Attractions include concerts, children's entertainment, street performers, fun foods, rides, craft, antique and speciality vendors.

The committee welcomes sponsor commitments. Those seeking sponsorship to this spectacular regional street fair should call 201-288-0195. ###

THINK
GREEN

Lasagna Dinner & Tricky Tray

The Rosary Society of Corpus Christi Church is hosting a Lasagna Dinner on Friday, March 1, 2013, from 5:30 to 7:30 p.m., in the Corpus Christi School cafeteria.

A delicious dinner of meatless lasagna (*to observe Friday abstinence during Lent*), salad, bread, tea/coffee, soft drinks, and dessert will be served.

To make the menu family friendly, ziti with sauce will be available. It is asked that you make this request when purchasing tickets. Take-out is available.

The evening will include a 50/50 drawing. The dinner donation is \$10 for adults and \$5 for children 12 and under (*toddlers free*). To purchase tickets, please call Karen at 201-288-5738. ###

Beefsteak Tricky Tray

Wood-Ridge PBA Local #313 is hosting a Beefsteak Dinner and Tricky Tray on Saturday, March 2, 2013, from 6:30 to 11 p.m., at the Fiesta.

There will be comedians, prizes and 50/50. Cost is \$50 per person. No tickets will be sold at the door. For tickets call 201-939-0476. ###

Dinner & Fashion Show March 25

The VFW District 2 Ladies Auxiliary will hold their Annual Dinner and Fashion Show on Monday, March 25, 2013, at the Fiesta, Route 17 South, Wood-Ridge, starting at 6:30 p.m.

Tickets are \$30 and include choice of beef, chicken and fish entrees. Fashions provided by the Dress Barn in Hackensack NJ.

The public is invited. For reservations and tickets, please call Louise at 201-797-8759. ###

Just Desserts

Come join The Friends of The Library on Friday, April 5, 2013, from 7 - 9 p.m., for "some delicious desserts." Tickets will be available at The Hasbrouck Heights Library for \$12 per person. Children must be accompanied by adults. The event will be held in The Library on the second floor. ###

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Dinner and Fashion Show

Carlstadt Mixed Chorus presents the Annual Dinner and Fashion Show at the Fiesta, Rt. 17 South in Wood-Ridge, on March 4, 2013, at 6:30 p.m. Donation \$35. Fashions presented by "The Fig Leaf," Maywood, NJ.

For reservations call 201-652-0968 or 201-909-0808. ###

Fish & Chips March 9

Saint Margaret of Cortona Parish Social Life Committee is sponsoring their 10th Annual Fish and Chips Dinner on Saturday, March 9, 2013.

Cooking will be done by Tastefully British. Dinner will be served from 5:30 – 9:30 p.m. at the VFW Post 809, 100 Main Street, Little Ferry.

Cost is \$15 per meal, and includes Fish, Chips, Cake, Coffee and Tea. No tickets will be sold at the door. Take-out orders are available. For information, call Ellie at 201-641-0883. ###

Afternoon with Peter Lieberman

VFW Post 4591 is hosting an afternoon with Peter Lieberman on Sunday, March 3, 2013, from 11:45 to 4 p.m., at the Post.

Cost is \$15 if paid in advance, and \$20 at the door. Hot meal, coffee and cake are included.

Call Pete at 201-638-4294 or the Post at 201-288-1112 for tickets and more information. ###

Roast Beef Luncheon March 12

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, March 12, 2013 in the community Hall, Third Street, Carlstadt.

Roast Turkey dinners will be served from 11:30 a.m. to 1 p.m. For take-out orders call 201-438-5526.

Cost is \$8 for adults and \$5 for children/students. In case of inclement weather call 201-438-5526. ###

Is it
Sauce or Gravy
Voting Results
57% Sauce
43% Gravy

Guild Assembles Health Kits

The Guild of Reformed Church Women will collect and assemble Health Kits as a Lenten project for Church World Service until March 31, 2013.

These kits consist of washcloth, hand towel, bath-size soap, toothbrush (*in original packaging*), nail clipper, wide-tooth comb and 6 band-aids.

Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service. Cash donations to assist in the shipping and handling of these kits are always welcome. All items/kits may be brought to the Church Tuesday through Friday and Sunday morning. Call 201-288-1122 or Estella 201-288-0378 for more info. ###

Carlstadt Mixed Chorus

The 82nd Music Festival will be held Sunday, May 5, 2013, at 3:30 p.m. at the Carlstadt Turn Hall (*500 Broad Street, Carlstadt, NJ*). Donation is \$20. It features the Chorus, under Music Director Johanna Teubner-Prussak, and guest soloists, accompanied by a Chamber Orchestra. Dance music by Bud Gramer. Kitchen and bar will be open. For reservations call 201-652-0968 or 201-909-0808. ###

Tricky Tray March 15

The annual Hasbrouck Heights MS/HS PTSA Tricky Tray is Friday, March 15, 2013, from 7 to 11 p.m., at the Hasbrouck Heights VFW Post 4591, 513 Veterans Place, Hasbrouck Heights. Doors open at 6 p.m.

Cost is \$30 per person (*no one under 21*.) Price includes: appetizers, beer, wine, soda, coffee, dessert and one sheet of white tickets. You may bring your own snacks.

Call Francine at 201-638-9504 or Mary at 201-396-0737 for more information and tickets. ###

Bockbeer Fest March 23

Carlstadt Turn Hall, 500 Broad Street, Carlstadt, NJ, celebrates BOCKBEER FEST Saturday, March 23, 2013, from 7:30 p.m. to 11:30 p.m.

Donation of \$35 pp includes live music by Bernie's Orchestra, food and drink, coffee and cake.

For reservation call: 973-777-6677 or 201-652-0968. ###

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\$2 OFF
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Coupon is not valid for Lunch Special
In-store only • Offer expires 3/30/13
\$3 OFF
With purchase of \$25 or more
Coupon is not valid for Lunch Special
In-store only • Offer expires 3/30/13

CC School Celebrates 85th Anniversary

Corpus Christi School will be celebrating their 85th Anniversary on April 21, 2013. Mass will be celebrated at noon at the Corpus Christi Chapel followed by a celebration at the Elan in Lodi, from 1:30 p.m. to 6:30 p.m. Donation is \$75 pp and includes cocktail hour, beer, wine and soda, sit down dinner and dancing with the live band, Magic Moments, cake, coffee, Tricky Tray and 50-50. Reservation due by March 15. For tickets call 201-288-0614. ###

Life is Sweet

Wood-Ridge High School Class of 2013 Fashion Show and Tricky Tray will be held on Thursday, April 11, 2013, starting at 6:30 p.m. at the Fiesta, Wood-Ridge. Tickets are \$40 per person. Doors open at 5:30 p.m. to preview Tricky Tray and baskets and to place your tickets. Reserve your table early! Payment for 6 tickets reserves a table. Table size: 10-12 people For tickets or info call Kellie at 201-697-1361, Cindy at 201-438-4270 or Doreen at 201-914-7928. ###

Post Card & Paper Show

The Community Chest of Rutherford 11th Annual Post-card and Paper Show will be Sunday, March 24, 2013, at 55 Kip Senior Center. The show will feature prominent dealers from the Tri-State area. Hours are 10 a.m. to 4 p.m. Adult admission is \$2. In addition to vintage and contemporary post cards, a wide variety of paper collectibles will be available. Staffed by Chest Trustees and volunteers from the local non-profit agencies which benefit from the Show as part of the Chest's 66th Annual Drive. They include Rutherford Boy & Girl Scouts, Bridge Builders, Rutherford Community Food Pantry, Rutherford Social Services, Starfish of Rutherford and The Meadowslands Museum. For more information call Virginia at 201-939-8782. ###

Trip to Mt. Airy Casino April 13

Enjoy a day at the beautiful Mt. Airy Lodge and Casino on Saturday, April 13, 2013! The bus will leave from in front of MSH Church at 9 a.m. sharp, returning at approximately 5:30 p.m. The price of \$32 includes bus transportation, a \$25 free slots play, and a \$10 food voucher. Payment is due when the reservation is booked. Checks should be made payable to "MSH Rosary Confraternity," placed with the reservation form in an envelope marked "Mt. Airy Trip," and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington, NJ 07057. Note: Guests must present valid state or federal issued photo ID in order to obtain their Mt. Airy Players Club Card or any motor coach incentive. For information, call Ginny at 201-715-2087. ###

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Free Tai Chi Workshops

The Free Public Library of Hasbrouck Heights sponsors workshops focused on Tai Chi Short Form. These workshops are free and people of all ages are encouraged to attend.

They are held once a month in The Library's conference room located at 320 Boulevard, from 7 to 8:30 p.m., on the third Monday of every month.

The next session will be March 18. No registration is required. For details, please call 201-288-6653. ###

Teen Advisory Board

Are you a teen in Grades 6 thru 12, attend school in Hasbrouck Heights, and want to make a difference in your community?

Come join the Library Teen Advisory Board. They meet on the second Thursday of each month from 3:15-4:30 p.m. Here's a great opportunity to have a voice and contribute in a meaningful way in helping your Library and community to grow. The next meeting will be held on Thursday, March 14, 2013. For more details or to sign up, please contact Claire at 201-288-6653. ###

Art of Fly Tying

The Free Public Library of Hasbrouck Heights is pleased to sponsor a free seminar about the "how to" of fly tying.

The basics will be discussed by avid fly fisherman, Doug Penna, a member of the New Jersey Trout Unlimited Club. He will make equipment available for hands-on experience.

This program will take place in The Library's Conference Room located at 320 Boulevard on Thursday, March 7, 2013, from 7 to 8:30 p.m.

Trout Unlimited's mission is to conserve, protect, and restore North America's trout and salmon fisheries and their watersheds. It is a private, non-profit organization with 125,000 members in 500 chapters nationwide.

The whole family is welcome to attend. To register, please call 201-288-0488. ###

Go Green with Style

The Free Public Library of Hasbrouck Heights is hosting a seminar on how to go green in your home. This information-filled and entertaining seminar is scheduled for Thursday, March 14, 2013, from 7 to 8:15 p.m.

You will get tips and techniques from professional organizer and designer Bernadette Flaim of the firm, The Flaim Group.

The audience will be shown some low-stress steps to take around the house to reduce one's carbon footprint and to create a stylish and healthier home while lowering one's monthly bills.

To sign up for this program, please call The Library at 201-288-0488. ###

Stuffed Animal Sleepover and Breakfast

The Free Public Library of Hasbrouck Heights will hold a Stuffed Animal Sleepover on Friday, March 15, 2013, from 6:30-7:15 p.m.

Members of The Library's Teen Advisory Board will be on hand to help children ages 3-7 with a craft and tuck their animals in after a story.

On Saturday, March 16, from 10:30 a.m. to noon, the Jr. Friends of The Library will host a light breakfast where children can pick up their stuffed animal and enjoy photos of what the toys get up to do when The Library closes...

Registration is required. First preference is given to residents and students of Hasbrouck Heights. Register in person, or by calling 201-288-0485. ###

Les Paul and Mary Ford Musical Tribute

On Saturday, April 20, 2013, The Free Public Library of Hasbrouck Heights is pleased to host a musical tribute to Les Paul and Mary Ford performed by Tom Doyle and Sandy Cory.

This concert will feature guitar, flute, percussion and vocals. The husband and wife duo of Les Paul and Mary Ford could be found at the top of the pop music charts throughout the 1950s.

Their biggest hits included "Tennessee Waltz," "How High the Moon," "Lady of Spain," and "I'm Sitting on Top of the World."

This free concert will be held in the Senior Center located on the first floor of the Municipal Building at 320 Boulevard from 2 to 3 p.m. All family members are welcome. For details, please call 201-288-6653. ###

Teen Tech Week

Calling all Teens in Grades 6-12. On Monday, March 11, 2013, from 3:30 – 5 p.m., participate in computer competitions, play games, and much more! You'll have a great time doing everything from creating memes to playing charades!

Do you like texting and watching movies? Come on Friday, March 15, 2013, from 1-3:30, to watch the newest James Bond movie, "Skyfall." You'll be able to have your texts show up on the TV screen, like subtitles, as you watch the movie!

Refreshments will be provided. To register contact Claire at 201-288-6653. ###

Bunco Night

The Women's Club of Carlstadt is holding a Bunco Night on Friday, March 22, 2013, from 7:00 p.m. to 11:00 p.m.

This evening of fun will be held at the First Presbyterian Church Community Hall located on Third Street in Carlstadt.

Tickets are \$10, plus each participant must bring an unwrapped gift item worth \$10.00 (*gift cards welcome*). Everyone goes home with a gift. Knowledge of the game is not necessary. Seats are limited. Contact Dee at 201-933-5163 for tickets. ###

Irish Blessing

*May the road rise to meet you,
May the wind be always
at your back,
May the sun shine warm
upon your face,
The rains fall soft upon
your fields and,
Until we meet again,
May God hold you
in the palm of His hand.*

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Bowling for Books

When is the last time you took the family bowling? Why not get out and have a fun, family day and help The Library at the same time?

The Wood-Ridge Memorial Library will be hosting a fundraiser for The Library at Wallington Lanes, located at 299 Paterson Avenue, Wallington, on Sunday, March 10, 2013 at 11 a.m.

They are offering 2 hours of bowling for just \$17 per person including shoe rental. A portion of this fee will go to support their materials budget for the year 2013. Feel free to invite any friends or family who would enjoy this event.

Advance registration is required and payment is required at time of registration. Please see Christine Hartigan or leave your name and fee at the Circulation Desk. ###

Teen Readers Club

Calling all teens that are enrolled in Grades 7-12 and attend school in HH!

You are invited to participate in the Teen Reader's Club at The Hasbrouck Heights Public Library! This Club meets on the fourth Tuesday of the month from 7-8:30 p.m. and provides teens with an opportunity to talk about books, eat snacks, play games, and make new friends. They will be reading the following titles:

- March 26 – "All These Things I've Done" by Gabrielle Zevin
- April 23 – "Dragon's Keep" by Janet Lee Carey
- May 28 – "Anya's Ghost" by Vera Brosgol

Copies of the monthly selections are available for pick-up at the Circulation Desk. For further information or to sign up, please contact Claire Santoro at 201-288-6653. ###

Create an Email Account

The Wood-Ridge Memorial Library is offering patrons a "create an email account" event.

Want to connect with your friends and family, but don't know how?

On Wednesday, March 20, 2013, from 11 a.m. to noon, come to The Library and learn how to set up and use an email account. Knowledge of basic computer skills is requested.

Space is limited and advanced registration is required. Please call The Library at 201-438-2455 or email Christine Hartigan at hartigan@bccls.org ###

Computer Classes at Lodi Library

Lodi Library offers free small group computer classes for Lodi residents on Friday mornings starting at 10 a.m.

- March classes are:
- Computer Basics (3/8),
 - Internet Basics (3/15) and
 - Email Basics (individual sessions on 3/22).

Registration and payment of a \$5 refundable deposit per class is required. For more information, call 973-365-4044. ###

Free Movies at Lodi Library

Lodi Library presents free movies on Wednesdays starting at 1:30 p.m. The March 2013 schedule is as follows:

- March 6 "Skyfall" (Bond)
- March 13 "Rear Window" (1955 Hitchcock)
- March 27 "Lincoln" (2012)

For more information, call 973-365-4044. ###

Paws to Read Therapy Dog Program

On Saturday, March 23, 2013, at 2 p.m., Rodney, a registered therapy dog, and his owner will visit The Rutherford Public Library.

Children who would like to practice their reading skills may reserve a 20-minute time slot to read to Rodney.

Gain confidence in your reading ability and make a new friend at the same time! For ages 5-11.

To register, please visit or call the Children's Department at 201-939-8600, ext. 6. ###

Readathon

On March 1 and 2, 2013, Lodi Library celebrates Read Across America (*Dr. Seuss's birthday*) with their first readathon.

Come to The Library to read and checkout books to help them surpass their circulation record. All ages are welcome.

Readers will receive Dr. Seuss goodies plus a free kid's meal coupon from Houlihan's in Hasbrouck Heights. Details at lodi.bccls.org ###

How to Write Your Memoir

On Tuesday, March 26, 2013, from 6 p.m.-7:30 p.m., learn how to write your memoir at Lodi Library. Louis G. Alexander, author of "Echoes from a Small Country Town," will lead a free workshop on how to record your special memories in a personal narrative as a family legacy.

In a one night session, learn step-by-step procedures to get started on your story and become a published author.

Light refreshments will be served. To register, call 973-365-4044 or email lodilibrarynj@gmail.com ###

Drop-In Storytime

The Rutherford Public Library will host morning and afternoon drop-in storytime programs on Wednesdays, March 6, 13, 20, and 27, 2013, from 10:30 – 11 a.m. and repeated from 2 – 2:30 p.m.

The same storytime will also be presented on Thursdays, March 7, 14, 21, and 28 from 10:30 – 11 a.m. All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###

Family Fun Friday

To celebrate National Nutrition Month, on Friday, March 15, 2013, at 3:45 p.m., The Rutherford Public Library is hosting the "Healthiest Show on Earth-Fit for Kids!"

Superheroes Muscle Man Mike and Soccer Sue will present games, music, exercise, and much more!

This will be an extraordinary experience for children to learn the importance of health and fitness in a super fun and exciting way. All children ages four and up and their caregivers are invited to attend. No advance registration is required. This program is being funded by The Friends of The Library of Rutherford. ###

A slip of the foot you may soon recover, but a slip of the tongue you may never get over. B.F.

Computer Classes at Carlstadt Library

The Carlstadt Public Library offers free adult computer classes during the winter and spring. Classes are limited to 6 people, so call ahead to reserve your spot! Preference is given to Carlstadt residents.

- MS Word 2010 Pt 1: Monday, March 4, 2:30–4 p.m., Tuesday, March 12, 2:30–4 p.m.; Wednesday, March 20, 6:30–8 p.m.

- MS Word 2010 Pt 2: Tuesday, April 2, 2:30–4 p.m., Thursday, April 11, 2:30–4 p.m.; Wednesday, April 17, 6:30–8 p.m.

- MS Word 2010 Mail Merge: Wednesday, April 24, 6:30–8 p.m.; Monday, April 29, 2:30–4 p.m.

- MS Excel 2010 Pt 1: Monday, May 6, 2:30–4 p.m., Thursday, May 9, 2:30–4 p.m.; Wednesday, May 15, 6:30–8 p.m.

- MS Excel 2010 Pt 2: Thu, May 16, 2:30–4 p.m., Monday, May 20, 2:30–4 p.m.; Wednesday, May 22, 6:30–8 p.m.

- MS PowerPoint 2010 Pt 1: Wednesday, May 29, 6:30–8 p.m., Tuesday, June 4, 2:30–4 p.m.; Monday, Jun 10, 2:30–4 p.m.

- MS PowerPoint 2010 Pt 2: Thu, June 13, 2:30–4 p.m., Monday, June 17, 2:30–4 p.m.; Wednesday, June 19, 6:30–8 p.m.

Call 201-438-8866 for more information or check our website, www.carlstadt.bccls.org. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

Wreck-It Ralph

On Friday, March 22, 2013, at 3:45 p.m. all children ages 5 and up are invited to a screening of "Wreck-It Ralph" at The Rutherford Public Library. The movie is rated PG. No advance registration required. An adult caregiver must remain with any child under the age of seven for the duration of the film. ###

Computer Classes at HH Library

The Hasbrouck Heights Free Public Library is offering Saturday computer training classes for beginners in Microsoft Office 2010 for Excel, PowerPoint, Word, and Computer Basics.

Each class meets for two (2) hour sessions from 10 a.m. - noon in The Library.

A \$40 refundable deposit is required. Due to limited seating, pre-registration is required.

Some classes have prerequisites. For details, please call 201-288-0488 or visit online at <http://hasbrouckheights.bccls.org/>

The 2013 Spring Schedule is as follows:

- March 2 and 9: Computer Basics
- March 16 and 23: Introduction to MS Word
- April 6 and 13: Introduction to MS Excel
- April 20 and 27: Knowing More: MS Excel
- May 4 and 11: Introduction to MS PowerPoint
- May 18 and 25: Knowing More: MS PowerPoint
- June 8 and 15: Computer Basics ###

Songs with Ms. Fran


Children and their caregivers are invited to register for a brand new children's program at The Rutherford Public Library. Thanks to an anonymous donation for the benefit of Rutherford children, Ms. Fran Roesemann will teach music classes for children up to the age of 5 years old. The classes will be held on Tuesday, March 5 and Tuesday, March 12, 2013, from 3-3:30 p.m.

Ms. Fran will bring her guitar, and scarves, beanbags, shakers, bells, and rhythm sticks for the children in attendance.

Registration is required. To register, please visit or call The Library at 201-939-8600, ext. 6. ###

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National Pig Day

The Rutherford Public Library invites children ages 4 and up to celebrate National Pig Day by making pig cookies at The Library!

The festivities will take place on Friday, March 1, 2013, from 3:45 – 4:15 p.m. Children ages 4-7 are asked to bring a grown-up to assist.

Advance registration is required. To register, please visit the Circulation Desk or call the Children's Department at 201-939-8600, ext. 6. ###

Little Cool Music School

The Rutherford Public Library will host Little Cool Music School for children up to the age of six on the following Fridays: March 1, 8, 15, 22; April 12, 2013, from 11:15 – 11:45 a.m.

Guitar Bob will teach children to sing a wide variety of songs, perform creative movements and dances, play instruments, and take part in cooperative games.

No advance registration is required. This program is funded by The Friends of the Library of Rutherford. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, March 6, 2013, at 6:30 p.m, to discuss "The Beach House" by James Patterson.

The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the books are available at the Circulation Desk. For more information, e-mail Peg Mellett at mellett@bccls.org ###

Kip Center Book Group

On Friday, March 22, 2013, at 1:30 p.m., the Kip Center Book Group will meet at the Kip Center, 55 Kip Avenue, Rutherford, to discuss "Brooklyn" by Colm Tóibín. Copies of the books are available at the Circulation Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

Freedom Writers

On Tuesday, March 26, 2013, at 6:30pm, the Friends of The Library of Rutherford will present a free screening of "Freedom Writers," starring Hilary Swank. The film will be shown in The Library Auditorium. ###

Carlstadt Library Youth Activities

The Carlstadt Public Library Young Adult events:

- March 12, 2013 starting at 7:30 p.m. is Wii Game Nite
- April 16, 2013, at 7 p.m. it's Cooking With Miss Nina
- May 14, 2013 at 6:30 p.m. enjoy popcorn and a movie
- Every Wednesday it's crafts starting at 3:30 p.m. Registration is required.
- Lapsit story time for babies/toddlers on Tuesdays at 10:30 a.m. with drop in story-time on Thursdays at 1 p.m. All are welcome. ###

Juggling Hoffmans

At The Carlstadt Public Library on Wednesday, April 17, 2013, at 3:30 p.m., your jaw will drop when you see objects flying through the air, wishing you could do that too! ###

Celebrate Chinese Culture

On Tuesday, March 5, 2013, from 6:30-7:30 p.m., Lodi Library hosts the Shen Yun Arts group in a celebration of 5,000 years of Chinese culture with a multimedia slide show and mini tea ceremony.

Free refreshments provided and all ages welcome as we celebrate the Year of the Snake. For more information, visit lodi.bccls.org or call 973-365-4044. ###

College Planning Workshop

The Rutherford Public Library will be hosting a College Planning Workshop on Monday, April 29, 2013, at 6:30 p.m.

This workshop, designed for college-bound students and their parents, will include topics such as: how to select the right college, how colleges use the SAT and ACT scores, how to pay for college, the college application, and the different types of financial aid.

Presented by the College Benefits Research Group (CBRG), the workshop is free. Please call 888-802-2740 or visit www.CBRG.info to reserve a seat. ###

English Conversation

English language learners are invited to attend the English Conversation Group on Tuesdays and Thursdays, from 10-11:30 a.m., at The Rutherford Public Library. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. For information, please call 201-939-8600, ext. 7. ###

Libraries Are Fun!



Youngsters Learn About Architecture

On January 23, 2013, about 37 youngsters signed up for The Carlstadt Public Library second Lego event.

Architect Stacey Ruhle Kliesch (AIA) gave an overview of architecture, its role in the environment and about creating structures with the health, safety and welfare of people using the buildings.

Providing the parameters and rules of the project, she then commissioned participants to build a community center in one hour.

Working in 2-3 person teams or individually, they had access to six tubs of Legos.

Assisted by Joyce Raspa (AIA), these professional architects continually coached,

instructed and encouraged the children in their construction.

At the conclusion, each child had the opportunity to explain their creation.

The American Institute of Architects (AIA) has been offering this free program for about 11 years in Northern New Jersey and does about 10 Lego competition programs each year. ###

Carlstadt Scholarships

The Carlstadt PTA announced scholarships. Eligibility includes: must be a Carlstadt resident, graduate of The Carlstadt Public School System and must have attended Carlstadt schools for a minimum of three years prior to graduating. Applications are available at The Carlstadt Public Library until April 14, 2013. Applications must be postmarked no later than April 15, 2013. For additional information email: kronyakb@gmail.com ###

W-R Lions Scholarships

Applications for the three scholarships the Club offers are now available. There will be two awards to Wood-Ridge students in the amount of \$2,500 each. One is given in the name of Lion Vinny Pascale and all Charter Club Members, the second is given in the name of Lion Jim Love Sr. and Phil Rottini.

The Moonachie award is for \$1,500 and is given in the name of Lion William J. Nagel. Any Wood-Ridge or Moonachie graduating senior from any accredited public or private high school may apply for these scholarships. Applications are available at the Wood-Ridge High School and Moonachie Guidance Departments and the at all of the Parochial High Schools and the Bergen County Academy. They are also available at Siegel's Hardware in Wood-Ridge, and Jan Promotions (50 Moonachie Road) in Moonachie.

These awards are separate from the Wood-Ridge and Moonachie Memorial Fund scholarship awards. Separate applications are needed for each. The Lion Club judges look at scholastic records and give very strong consideration to service achievements. ###

W-R Knights Scholarship

The Knights of Columbus, St. Anthony Council #11585 will be awarding a \$500 scholarship to any graduating 8th Grader (public or parochial school) who will be attending a Catholic High School next September. The candidate must be a parishioner of the Church of the Assumption of Our Blessed Lady, Wood-Ridge, NJ. Applications are available in the Church Friary. The deadline for submission of the application is Thursday, May 9, 2013, at 3:30 p.m. PG ###

RLC Pre-K and Kindergarten Open Registration

Preschool and Kindergarten registrations are currently being held for children new to the Robert L. Craig School. Call Mrs. Monforte at 201-641-5833 between 8 a.m. – 2 p.m. to schedule a time to complete the registration process. Children who will be 4 years old on or before October 1, 2013 are eligible for Preschool. Children who will be 5 years old on or before October

Wood-Ridge Kindergarten Registration

Registration for the 2013/2014 Kindergarten classes will be held at the Catherine E. Doyle School from 8:30 a.m. to 1:30 p.m. on Wednesday, March 6 and Thursday, March 7, 2013, by appointment only. Children must accompany parents for registration. Children are eligible if they turn five [5] years old on or before October 1, 2013. There are no exceptions to this policy.

The State Commissioner of Health Office requires parents of any child attending public or private school to provide proof of a current physical examination and immunizations.

On the day of registration, bring the completed forms, together with the child's original birth certificate and proof of residency (gas & electric or phone bill). All medical requirements must be completed no later than June 7, 2013.

Please contact Mrs. Tiesi at 201-933-6777 for list of immunizations, registration and medical forms. ###

American Legion Scholarship Deadline March 15, 2013

The annual James B. Scarr Post 106 Scholarship, American Legion, \$1,000 scholarship deadline is March 15, 2013. Scholarship applications are available on line at the Hasbrouck Heights High School web site. Applicants must be high school seniors residing in Hasbrouck Heights and who are a direct descendant, i.e., child, grandchild, great-grandchild or a legally adopted child, of a U.S. Veteran who has been Honorably Discharged. The scholarship is based on scholarship, service and need. Proof of this service must be submitted. If you are unable to obtain the application from the web site, phone 201-288-0276 to have one sent to you. Story by Peter Gallo Jr. ###

1, 2013 are eligible for Kindergarten. Parents are required to bring: their child, his/her birth certificate, record of immunization for D.P.T. measles, mumps, and rubella (MMR), Hepatitis B vaccine, varicella as well as all boosters and name, address, and phone number of an emergency contact. If these records are not available at the time of registration, parents should register their child and submit complete records to the school as soon as possible. No Preschool or Kindergarten child can enter in September 2013 unless all school record requirements are complete. Parents must also bring proofs of residency. You are required to bring originals of the following: a local tax bill or, if you rent, a signed copy of the lease, your PSE&G bill and a credit card, or telephone bill, or any other bill showing your name and address. ###

Collaborative Parents Committee Meeting March 19

The next Collaborative Parents Committee (CPC) meeting will be Tuesday, March 19, 2013, at 7:30 p.m., at the Media Center in the Hasbrouck Hts High School, 365 Boulevard in Hasbrouck Heights NJ. They will be discussing ways that parents can help their special needs child improve their self-esteem and cope with stress.

The CPC is a parent organized group that provides support, advocacy and education for parents of children with special needs in the Hasbrouck Heights school district. Their extensive Resource table will be available during the meeting and refreshments are always served. The next meeting will be April 16. Elementary School Teacher, Kara Doyle, will be the guest speaker discussing Reading Strategies.

For more information go to: <http://www.hhschools.org/SpecialServices/SitePages/Home.aspx> ###

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Corpus Christi School Participates in the Lenten Season and Prepares for Terra Nova Testing

Corpus Christi faculty and students march along the month of March and the Lenten Season with quiet reflection and prayer. Throughout the Lenten Season students will attend Mass with their class every week, concluding with prayer service on Holy Thursday, March 28, 2013. First Friday Mass will be on March 1 with a noon dismissal. Terra Nova Testing will start on Monday, March 4 and conclude on Friday, March 8. Spirit Day will be on March 11 and will allow the students to wear green in honor of St. Patrick's Day for a donation of \$1. Donations collected will be donated to benefit Muscular Dystrophy and the Epilepsy Foundation. A Home School meeting is scheduled for Wednesday March 20th, for the 6th, 7th, and 8th Grade families. School will be closed on Friday, March 22 for a Deanery In-Service. A Lenten Prayer Service will take place on Holy Thurs-

day, March 28 at 9 a.m. with a noon dismissal to start Easter recess. School reopens on Monday, April 8. Registration for the 2013/2014 school year is ongoing. Please call 201-288-0614 for class availability and enrollment information or go to www.corpuschristischool.net for additional information on any of these events. Story by Maria Grace Billings. ###

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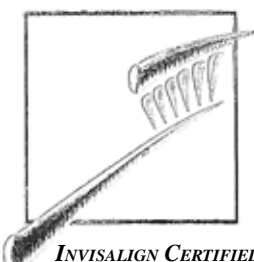
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AHOF Open Cockpit Day

On Saturday, March 30, 2013, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

- The featured aircraft is the recently refurbished Grumman OV-1 Mohawk.

- A Cobra Gunship Helicopter with sound to enhance the "pilot" experience.

- Additional aircraft include a one-of-a-kind 1950 Martin 202 airliner and a Lockheed-designed 402-2 Bush Master.

- "Little-Cut-Up" demonstrator with working controls.

- The control cab of an Air-Port Rescue and Fire-Fighting truck will also be open.

Admission: Adults \$7, children (under 12) and seniors \$5. For more information, call 201-288-6344 or visit their website at: www.njahof.org ###

W-R Scouts Holiday Party Announces Plans for 2013

Wood-Ridge Cub Scout Pack 183 held its annual holiday party on December 14, 2012, with the Scouts and their families enjoying caroling, treats, crafts and — most memorably — a visit from Santa.

The Cub Scouts celebrated the season inside the Wood-Ridge Senior Center, as parents and siblings were also invited to join in the fun. All children enjoyed a visit with Santa and received a gift.

The Cubs Scouts' gifts geared them up for a busy year of scout activity. Tiger Cubs (*First Graders, the youngest Cub Scouts*) received flashlights. Wolf Scouts (*Second Graders*) received a book on tying knots. The Bears (*Third Graders*) received canteens. Webelos 1 (*Fourth Graders*) enjoyed compasses, while the Webelos 2 (*Fifth Graders*,

and the oldest boys in the Cub Scouts) received Scout pocket knives.

The children (and adults) got into the holiday spirit by singing a few Christmas carols, from "Rudolph the Red-Nosed Reindeer" to "Jingle Bells." But the fun crafts, including ornament making and creative cookie decorating, proved to be among the evening's most popular activities.

Wood-Ridge Cub Scout Pack 183 has planned an active 2013, with the Northern New Jersey Council District Pinewood Derby homemade racing car competition in March, Webelos camping trips this spring, "Swim-Gym" night and other fun Scout activities, as well as monthly pack meetings and twice a month den meetings.

The Cub Scouts meet from September through June and always welcome new Scouts and adult volunteers to join the pack. Boys from First through Fifth Grade are eligible to join the Cub Scouts, while boys Grades Six through 12 can enroll in Wood-Ridge's Boy Scout troop.

For more information about becoming a Scout, call Barry Goldman at 201-507-1708 or email BandDGold@aol.com *Story by Beth Bayer. ###*



Carlstadt Brownie Troop 4491 visits Bill O'Shea's Florist.



Hasbrouck Heights Cub Scouts Pinewood Derby

Hasbrouck Heights Cub Scouts (Pack 17) hosted their annual Pinewood Derby on Saturday, February 2, 2013.

With the history of the Derby dating back to May 1953, Cub Scout packs around the country compete for town and regional honors in building and racing their cars.

The tradition was originally started by Cub Master Don Murphy of Manhattan Beach, CA. Don set up a race for his son who was unable to compete in a local gravity-powered car competition.

By 1955 it was embraced by the national organization and has since grown to one of the top activities for nearly all Cub Scout programs.

The purpose of the Scouting program attempts to avoid events with a single winner.

After all, the Cub Scout motto is "Do Your Best." Therefore the focus of the Derby is on three specific ar-

eas: sportsmanship and good citizenship, personal achievement through the creation of the car, and family understanding while working with their parents on developing the vehicle.

Hours are invested into choosing a design, cutting out and sanding the car from a single block of wood and artfully painting the final product.

There were some extraordinarily creative cars such as Perry the Platypus, a slithering snake, a realistic box of Crayola crayons, and several sticks of dynamite (*wiring, fuses and all*). Others were simply built for speed with sleek aerodynamic designs and eye-catching paint jobs. Nearly forty boys and their siblings participated in the event!

Thanks to all for their contributions, creativeness and good sportsmanship. *Photos and story submitted by Adam Tegge. ###*

Come and Celebrate Corpus Christi School 85th Anniversary April 21, 2013

Mass Celebrated at Noon
Corpus Christi Chapel

Celebration at ELAN Follows
(111 Route 46W • Lodi, NJ)
1:30 p.m. to 6:30 p.m.

Cocktail Hour • Beer, wine and soda
Sit down dinner and dancing
Live Band - *Music by Magic Moments*
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\$75 Donation

For tickets call 201-288-0614 by March 15

Visit Danson Jewelers Showroom for the Perfect Gift of Love



Danson Jewelers, long time fixture at the Boulevard and Williams Avenue, recently held a re-dedication ceremony, commemorating their newly expanded showroom. Danson Jewelers offers an exquisite line of diamond, gold, silver, platinum jewelry and watches. Lay-a-way available. Repairs.

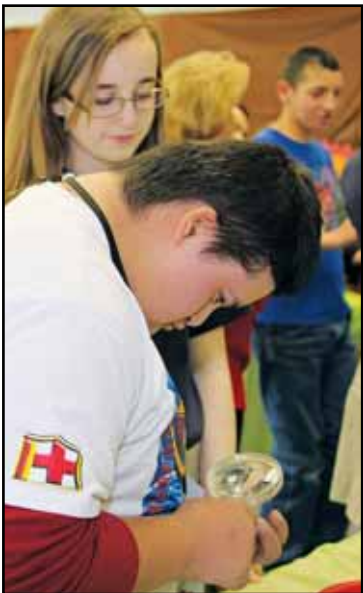
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Students Become Paleontologists

On Friday, February 1, 2013, eight students at The Felician School for Exceptional Children became paleontologists for the day.

They dug up fossils, learned about petrified wood, amber, herbivores, carnivores and omnivores.

They listened and performed dinosaur sound effects and did a dinosaur dance.

They also made their own fossil necklaces.

Assisting in the event were members of the Corpus Christi Girl Scout Troop #1189 led by Ann Grace.

The Dinosaur Fossil Dig was coordinated by Mary Anne Protzo with teachers Barbara Giaquinto and Edna Johansen.

The Felician School for Exceptional Children serves students ages 3 to 21 with mild to severe cognitive impairment,

multiple disability, behavioral disorders and autism.

Their mission is to prepare students for an independent and productive life.

From pre-school to job training, the curriculum focuses on six essential skill areas: functional academics, socialization, independent living development, personal/family life skills, pre-vocational skills development and vocational/job training.

All teachers and therapists are NJ certified and several hold advanced degrees or multiple certification. All classrooms are staffed with a certified teacher plus 1-2 full-time assistants.

The school is located at 260 South Main Street, Lodi, NJ. For more information call Sister Rose Marie at 973-777-5355. ###



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We Can Customize Your Baskets

MFD and LFD are Finalists in Kitchen Makeover Contest

Area Residents Encouraged to Vote by March 30

The Little Ferry Hose Co. #1 and the Moonachie Fire Department have been selected as two of the top five finalists in The Family Handyman Rescue Remodel Contest, sponsored by IKEA.

Moonachie Fire Department had its kitchen completely destroyed and the Little Ferry Fire Department Hose Co. #1 kitchen was severely damaged by Superstorm Sandy.

During the storm, these Departments focused on rescuing local residents even though their own homes were in peril.

The kitchen renovation would not only be a testimony to these Departments' tremendous efforts, but also enable the stations to return to its role as both a firehouse and community center.

Voting is open to the public until March 30, 2013, at www.RescueRemodel.com.

The organization with the

most votes will receive a fully customized kitchen makeover valued at \$25,000, featuring smart, functional IKEA designs.

The renovation will be carefully constructed to suit the needs of the deserving group and better equip them to serve their community.

A winner will be selected on April 12, and the completed kitchen will be unveiled in The Family Handyman's September issue and on its website, as well as on www.RescueRemodel.com.

Consumers can vote once a day for the group they feel is most deserving of the renovation. Those who participate will be entered for a chance to win a \$100 IKEA gift card.

Entry is open only to legal residents of the U.S., age 18 or older. For official rules and to cast a vote, visit www.RescueRemodel.com ###

Assistance with Sandy Repairs

Rebuilding Together Bergen County is a non-profit organization that provides free home repairs to low-income homeowners throughout the county.

Currently, the organization is repairing homes and community buildings in areas hard-hit by Sandy, especially Little Ferry and Moonachie.

Re-building Together's mission is to bring volunteers and communities together to improve the homes and lives of homeowners, by allowing them to live in warmth, safety, and independence.

Residents who need help rebuilding a storm-damaged home may be able to get assistance with sheetrock and flooring installation, appliance replacement, electrical or plumbing repairs, or painting.

To qualify for Rebuilding Together's assistance, Bergen County homeowners must meet certain income guidelines (available on RTBC's website) and intend to live in the home, as their primary residence, for at least five years after repairs are completed.

An application for assistance is available at <http://www.rebuildingtogetherbergen.org/> or by calling 201-447-8886.

Rebuilding Together is currently refurbishing the Little Ferry Hook & Ladder Company and will also be repairing the Little Ferry Hose Company. Rebuilding Together volunteers are also working on private homes in Moonachie.

About Rebuilding Together Bergen County - Founded in 1998, Rebuilding Together Bergen County has provided assistance to more than 200 homeowners in 45 towns.

Its core home-repair work focuses on home safety, energy efficiency, and accessibility for seniors, the disabled, veterans, families with children, and victims of natural disasters. In addition, Rebuilding Together Bergen County renovates community centers and non-profit facilities that serve similar populations.

For more information, call 201-447-8886 or visit <http://www.rebuildingtogetherbergen.org/> ###

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Moonachie Fire Department



The Moonachie Fire Department held their Annual Installation Dinner on January 18, 2013, at The Graycliff.

The Master of Ceremonies was former Moonachie Fire Department Chief Philip Miuccio, who introduced the 2013 officers.

Second Assistant Chief Franklin Smith Jr. led the Pledge of Allegiance, followed by a prayerful moment of silence.

Former MFD member Rev. Kenneth Reihl provided the invocation.

The Oath of Office was given to the Officers by Mayor Dennis Vaccaro, with the Bible held by Fire Chief Victor Migliorino's parents.

The 2013 Officers are: Chief Victor Migliorino, First Assistant Chief William D. Hunt, Second Assistant Chief Franklin Smith, Captains Frank Tamargo and Louis Cappadonna, and Lieutenants Dave Kaneshige and Ryan O'Neill.

There was an introduction and recognition of honored guests.

Miuccio then handed the program to Ex-Chief Justin Derevyaniuk who, along with the Department officers, expressed their gratitude to those who assisted Moonachie during the Sandy Disaster.

It was said that as the unexpected water was starting to inundate Moonachie, Chief Victor was calling out for help from South Bergen Zone 2 Coordinator Jarrett Milligan, Victor said, "The whole town is flooding... We need help now."

And help did come!

In recognition for the enormous assistance received that night and the days that followed,

presentations were made.

Here are some highlights:

- Zone 2 Mutual Aid Coordinator Jarrett Milligan worked with Chief Victor at the command center and Ronald Salzano at Bergen County OEM assisted in coordination of marine assets on the local and state level.

- Montville Fire Department in grateful appreciation of your generous donation of your 1989 Pierce Pumper. When MFD received the pumper there was a fire axe on board. They thought it appropriate to mount it on this plaque and present it.

- Lyndhurst Fire Chief Steven Passamano coordinated gift card donations with various fire departments to assist MFD members who had damage to their homes.

- Wyckoff Fire Company #3 President Todd Graham coordinated a donation of an ice machine, refrigerators, etc.

- The Fort Lee Fire Department donated 50 sets of turn-out gear and hose.

- William Lynch Jr. of Mid-Atlantic Rescue Systems, donated a 14 Zodiac Rescue boat.

- Yolanda Denson of Home Depot Lodi facilitated a donation of tools and materials.

- Moonachie Councilman Manuel Martinez took his personal boat and joined in rescue efforts.

- Friend of the Department, Chris Halloran, assisted by guiding NJ State Police boat throughout the center of town.

- South Bergen Strong, led by Lodi and Wallington members, put together a Beefsteak to benefit Moonachie and Little Ferry emergency services.

- Wood-Ridge PBA, Englewood FD and Wayne FD for their



holiday toy donations (*estimated at 4,000 toys*) that were distributed to the children of Moonachie.

The Moonachie Mayor and Council presented the Moonachie Volunteer Fire Department with a plaque recognizing their outstanding and heartfelt assistance during Superstorm Sandy in 2012 given to all the citizens of Moonachie Borough.

After MFD appreciation awards were presented, Miuccio made special recognition to Justin, recognizing his "incredible acts of citizenship placing the needs of the citizens of Moonachie before his own and continuing the brotherhood of Fire Service. For these reasons and many others, I, Ex-Chief Miuccio present this award."

A slide show, created by Captain Frank Tamargo and Metropolitan Exposition, highlighting The Department, was presented, followed by the dinner. ###



Moonachie Fire Department Honors Those Who Helped

Organizations/people that assisted during Sandy

Carlstadt FD
Wallington FD Rescue
E. Rutherford FD
Rutherford FD
New Milford FD
Oradell FD
Washington Twp. FD
Rochelle Park FD
Wallington Engine 203
River Vale FD
Ridgefield FD
Bergen County Police
NJ State Police
NJ Task Force 1
Jarrett Milligan
Ronald Salzano
Nick Melfi
Paul Squeo (*Carlstadt DPW*)
J. Wilkerson (*Carlstadt DPW*)
Manuel Martinez
Chris Halloran
Michael Thomasey
Nick Alcuri

Fire Truck Donation

Montville FD

Donations after Sandy

Lyndhurst FD
Wyckoff FD Company 3
Rochelle Park FD
Oakland FD
Fort Lee FD
Harrington Park FD
Mahwah Company #1/2/4
Washington Twp. FD
Englewood FD
Lyndhurst FD
Hillsdale FD
Hillsdale FD Ladies Auxiliary
Garfield FD Company 3
Rivervale FD
E. Rutherford FD
Bogota FD
Harrington Park FD
Saddle Brook FD Co. 2
Ridgefield Park FD
Wood-Ridge FD
East Newark FD
Oradell FD
New Milford FD
Wood-Ridge PBA
Kohler Funeral Home
(*Hon. Member John Podesta*)
Yolanda Denson
(*Home Depot Lodi*)
Metropolitan Exposition

Anyone else who assisted in the Sandy Relief efforts, MFD regrets if your name is missing.

ent Expresses Appreciation



rtment elped

Ronnie Viola
William Lynch Jr.
Bobby Lee
Jerry Schreck
Deborah Pfeiffer
Shelia Sondervan
Todd Gram
Costa Memorial Home
Inoac Crest Foam
The Graycliff
Segovia Restaurant
Bad to the Bone
Hooters
First Due Detailing
Hometown Auto Parts (NAPA)
Ins. Restoration Specialties Inc.
Go Games
Signal One Fire
Waldwick Lions Club
Tau Kappa Epsilon
(Saint Joseph University
Philadelphia)
The Chive (KCCO)

People who helped MFD throughout the year

Caroline Sansevere
Erik Velez
James Telesmatic
Fritz Rethage
...ing. We greatly appreciate your help.





Reality Check: Now What?

A 91 year old widow with medical problems, sits in a chair and stares at the home where she and her husband had lived and raised a family since 1946. The first floor walls are stripped bare. There is no heat or hot water. There is no kitchen or bathroom. There are no possessions. Just shock.

In a home that never flooded before, Sandy's visit delivered over three feet of water on the first floor.

In the darkness four months ago, at 1 a.m., rescuers took her and her daughter to the emergency shelter at Teterboro Detention Center, then moved them to the shelter in Mahawh. They slept on cots for 12 days.

The widow came down with pneumonia, spent 7 days in a hospital, 32 days in rehab and 5 more days at the hospital -- her caretaker daughter stayed at her side. Both of them have since moved in with relatives in Little Ferry.

The brick home is esti-

mated to be about 125 years old and was originally heated with a stove. There is no foundation, only a crawl space. A utility room is at ground level.

Samaritan's Purse and Operation 195 gutted the first floor.

Contractors estimated that \$65,000 is needed for home repairs. Even using their life savings will not be enough.

According to her daughter, FEMA gave the maximum of \$31,900 for reconstruction, possessions, new furnace and housing. They may receive additional mitigation funds to raise the furnace.

The insurance adjuster gave them \$400 for the food lost during the power outage. Nothing else.

Apparently, there is no other help from any government agency, or anyone else.

Now they were told to raise their home eight feet or face \$31,000 annually for flood insurance. Contractors said that the home can't be raised. ###



As with many homes in Moonachie and Little Ferry, the view of the exterior does not reflect the full extent of the devastation.

Moonachie Residents: Important Information

- **Moonachie Borough Hall is back in business:**
The Borough Hall and the Police Department have resumed operations at 70 Moonachie Road in temporary buildings behind the brick Borough Hall. Hours are from 9 a.m. until 4:30 p.m., Monday through Friday. All phone numbers remain the same. Please pay all Borough transactions with a check, if possible.

Borough Hall is closed Good Friday, March 29, 2013.
- **The Moonachie Court** and the office that accepts payment for tickets are located temporarily at the Borough of Teterboro Borough Hall, 510 Route 46 West. Hours are Mon.-Fri., 8:30 a.m. to 3:30 p.m. The office is closed for lunch from 12:30 to 1:30 p.m. For court business call 201-641-5589.
- **Garbage collection:**
Household garbage is collected on Mondays and Thursdays. You may put out large items on Thursdays. We have stopped collecting storm debris at the curb.

Metal and electronics are still collected every Thursday. The collection fee for refrigerators and freezers and air conditioners is suspended until March 1, 2013.

Paper bags of yard waste and bundled sticks and twigs are picked up on Wednesdays. Bags will be available after April 1, 2013.

Recycling collection is on Tuesdays. Commingled materials (*cans, bottles, and jars*) will be picked on March 5 and March 19. Paper and cardboard will be picked up on March 12 and March 26.
- **Annual Easter Egg Hunt:**
The Easter Egg Hunt will be held in the R.L. Craig School gym on March 23, 2013, at 11a.m. Bring your camera.
- **Sign up on Nixle.com for alerts on your cell phone:**
HELP US HELP YOU. Keep up-to-date on important information regarding road closures and other issues. It is a free service that allows the Borough to send you a text message or an email with important information.
- **Superstorm Sandy Presentation:**
The New Jersey Meadowlands Commission will make a presentation to the Mayor and Council regarding the events of October 29th. The presentation will be held in the R.L. Craig multi-purpose room – February 28 at 8 p.m.



Mayor Dennis Vaccaro
Council Members: President Bruce Surak
Bob Bauer • Maureen Flynn • Kathy Kinsella
Manny Martinez • Lucille Millar



Little Ferry CERT in Action

On Saturday, October 27, 2012, with Hurricane Sandy on the horizon, Little Ferry CERT volunteers (*Community Emergency Response Team*) held a meeting at Borough Hall to discuss opening the shelter at St. Margaret's, and preparing for the usual storm related activities. They also assisted emergency management personnel with the distribution of sand bags (*three per resident*).

On Sunday, CERT volunteers prepared the St. Margaret Church gym as a shelter by setting up cots.

On Monday, they opened up the shelter by 10 a.m. and were placed on standby. At about 6 p.m., they started cooking for about 15 people.

With Sandy's hurricane force winds, the expected power outages began at about 7 p.m. Power at the shelter went off, then back on, and then they lost complete power at about 10 p.m. At this time the shelter started to get evacuees from the lost power. CERT volunteers signed them in and helped them get comfortable. The Little Ferry Fire Department set up lights, so the shelter was still operational at this point.

The usual areas of Little Ferry began to flood from the rain, and evacuees were brought to the shelter by the town bus and first aid squad.

At about 10:30 p.m., the CERT team coordinator, Craig Hartless, watched as unexpected water was coming fast up on Chamberlain Avenue. He knew that this was not the usual storm event, especially considering the small amount of rain. Craig was concerned about mass hysteria if the evacuees saw this. His concern was to keep everyone calm during this growing uncertainty.

About three inches of water was now at the shelter door. Due to the scope of the event, CERT decided to abandon the St. Margaret's shelter and transfer operations to Borough Hall. Using the town bus, they relocated about 30 evacuees and 15 CERT Volunteers. At shelters, concern is for security and medical support.

Five volunteers remained at the shelter. While waiting for the bus to return, a family of four arrived. Cold water was now about knee deep outside the shelter. Lighting was by Fire Department generator and was still operational. Craig was in constant communication with the Little Ferry Police Department with radio and cell phone. Due to the extraordinary event, there was too much radio chatter and the cell phone worked better. Then the cell

phones failed.

The rising water started to come through the cracks in the doors. They used floor carpets, runners and stuff to slow water from coming in the gym door.

Every time they looked out the window into the darkness it got worse. That fateful night, the issue was fear and the uncertainty of not knowing how deep the water would get. It was fast becoming an OMG moment. To avoid panic they kept evacuees away from seeing the rapid rising water. There was a lot of anxiety, crying and shock with evacuees as CERT volunteers consoled them.

Although CERT volunteers still did not know the scope of the event (no one did at this time), they began to realize that their own homes and possessions were also being destroyed, but they continued their efforts.

The bus picked up a recent surgery victim on the return trip to the shelter and arrived to complete the evacuation. By the time the bus arrived, there was about 4 feet of water against the door. It took three people to open the door. There was a rush of very cold water. CERT turned off the generator, shut everything down and abandoned the shelter.

At Borough Hall there was at least 3 inches of water in the lobby, but no flood water in council chambers or police operations. Due to the continuing uncertainty of Sandy's wrath, CERT had to abandon the Borough Hall shelter which had over 100 evacuees. The town bus, CERT members, EMS and BC Sheriffs Department moved them to Teterboro's Bergen County Vocational School, which was set up as a regional shelter at about 4 a.m.

Meanwhile, Little Ferry Fire Department continued doing search and rescue throughout the night, taking evacuees first to Borough Hall, then to the Teterboro shelter.

The event was too overwhelming. CERT volunteers could not go on, and suspended their operations. During down time, CERT volunteers returned to their homes and families to re-organize themselves. As with many others, they also lost their homes, cars, possessions and their families were equally distressed. In their training, they are told that "your family and property are your priority before volunteering."

FYI: In order to reopen Teterboro Vocational School for education, evacuees were then transferred to the yet



A reorganized Little Ferry CERT setting up food pantry at St. Margaret's Gym on Saturday, morning, November 3, 2012.

unopened Bergen County Juvenile Detention Center on North Street in Teterboro. From the Detention Center, evacuees went to Bergen Community College until the power went out, then evacuees were moved to the Law and Public Safety Complex at Mahwah on Thursday. For displaced Moonachie and Little Ferry residents, this constant moving was very disruptive, adding to their anxiety. (Some were in shelters for 2-3 weeks.) Some CERT Volunteers did visit the shelters to console evacuees.

Craig Hartless now shifted positions to Little Ferry OEM deputy coordinator. On Tuesday, he went to a 6 a.m. State Police briefing at the Technical School. At morning light, it was apparent that 80% of Little Ferry was flooded. Water levels were more than the storm of 1992. Although the water level was stabilized, it was not withdrawing. BC OEM put additional resources on standby. Joining the ongoing rescue efforts, the National Guard started evacuations immediately after briefing.

On Tuesday morning, mutual aid Water Search and Rescue teams began going door to door to make sure everyone was safe. In Little Ferry, work was done in neighborhoods, under direction of Fire Chief Floyd Novak Jr.

The water started going down on late Tuesday afternoon. There was still no power, although Little Ferry Borough Hall was under limited generator power and finally got power on Wednesday.

Both Little Ferry schools were affected by the flood water. Because of the damage, they were not suitable as shelters.

On Wednesday, CERT regrouped and went back to St. Margaret's to begin recovery operations. Contracted cleaners from LF BOE chipped in the clean up, where the water and mud went across the gym floor.

With about 10 to 15 CERT volunteers, CERT became operational again and set up a food pantry and disaster



Volunteers from CrossFit A.C.T. from Saddle Brook assist in unloading a Wal-Mart trailer filled with donated water on November 3, 2012.

relief center. Also assisting were about 60 volunteers from other area groups -- teachers, students, etc., and unaffected residents. By Saturday they started receiving donations of food, clothing, blankets, etc.

The scope of the disaster was incomprehensible. Flood waters destroyed cars, homes, possessions. Residents were in a state of shock. The CERT shelter distributed food, clothing, etc., to assist in the immediate recovery. Some just asked for food to get through the day. One man just wanted a pair of socks.

The CERT disaster relief center was open until Friday November 9, 2012. Donations were then used to restock St. Margaret's pantry, then re-donated to various organizations. Operations were concluded.

CERT works under OEM under Homeland Security. CERT is made up of community volunteers. They go through an 8 week training program (20 hours of training). Training for disaster preparedness, disaster medical (*mass casualty triage*), fire suppression, disaster psychology, terrorism awareness, etc.

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue,

team organization, and disaster medical operations.

Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community.

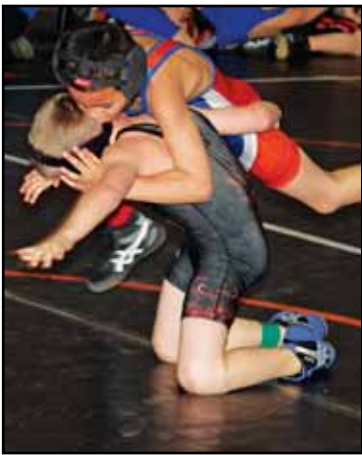
In Little Ferry, Craig Hartless and John Schwedhelm have completed the CERT Instructors/Trainers course, so training is done in house.

The Little Ferry CERT team started in 2005, has about 50 members and volunteers about 1,000 hours per year. To maintain unit preparedness, they participate in Little Ferry community activities such as Family Fun Day, Fenton 5K Run, LFPD Night Out, Holiday Tree Lighting, Easter Egg Hunt, etc.

They are starting a CART program (*Community Animal Response Team*) to deal with animals during disasters.

For more information about CERT call Craig Hartless at 201-641-2770 or email chartless@littleferrypd.org or go to: <https://www.citizen-corps.gov/cert/>

East Rutherford, Rutherford and Carlstadt also operate CERT programs. ###



Going for the Gold

On Sunday, February 3, 2013, the Hasbrouck Heights Recreation Department hosted their 7th Annual Invitational Wrestling Tournament.

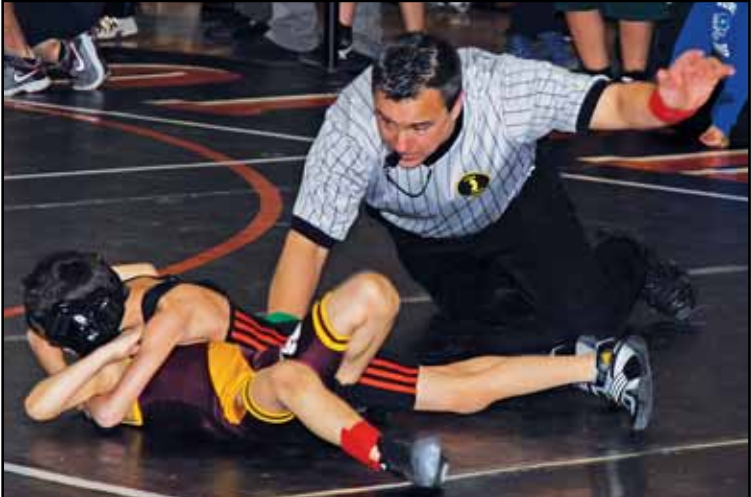
Participating were 10 recreation department teams from: Hasbrouck Heights, Lodi, Ridgefield Park, Paramus, Union City, Garfield, Saddle Brook, Wood-Ridge, Hawthorne and Hackensack.

The Tournament was formerly the Andy Feintuch Wrestling Tournament, but the name was transferred to the Andy Feintuch District 5 Championship in 2010. This wrestling event was held at the Hasbrouck Heights High School Gym on February 17, 2013. The event was open to the public.

Winners from the February 17 meet, hosted by Hasbrouck Heights Recreation, will advance to the North Jersey Regional Championships in Hackensack, Sunday, February 24, 2013.

Concessions were staffed by Recreation Wrestling Parents, organized by Coleen Rinke. For more information call Recreation Director Robert Brady at 201-288-4143.

The Twin County Junior Wrestling League was co-founded by Andy Feintuch in 1976-77 with seven teams. Today there are over 55 teams competing in Northern NJ. These are all recreation and town teams and no club teams on the local level. For more information go to: www.tcjwl.com ###



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**HH Little League
Field Clean Up**

The Hasbrouck Heights Little League reminds parents, managers and coaches that the annual field clean up and maintenance is scheduled from 9 a.m. to 3 p.m. on Saturday, March 9, March 16, and March 23, 2013. Bring a rake. ###

**HH Little League
Pancake Breakfast**

The HH Little League will hold its 18th Annual Pancake Breakfast on Sunday, April 7, 2013, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu includes pancakes, sausage, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5, child \$3 and under 4 free.

The Tricky Tray sports memorabilia auction will follow from noon to 1 p.m. Win-

ners do not have to be present at the time of the drawing to win.

Proceeds will be used towards upgrading the facilities.

Businesses are invited to place their business card size ad on the place mats for \$40. Deadline is March 5. Call Pat at 201-755-4986 for more information. ###

**Hasbrouck Heights
Little League
Opening Day
April 6 at 9 a.m.**

**Little Ferry/
South Hackensack
Little League Opening
Day April 13
Ceremony starts
at 11 a.m.**

**W-R • Moonachie
Little League/Softball
Opening Day April 6
Parade starts at
CVS at 11 a.m.**

**KidZ Fitness
BeatZ Corner**

"March into March 2013 or perhaps DANCE into March 2013, with a new fitness prep and with the KIDS in tow!!

Care On the Corner® presents the "KidZ Fitness BeatZ Corner" (KFBC), toddler and youth fitness program!

KidZ Fitness BeatZ Corner, is a 6 week pilot program, from March to April 2013, geared toward children ages 3-4, and is a dance fitness and dance activity-based program. KidZ Fitness BeatZ class format encourages parental/guardian participation in the dance fitness program and has a little something extra fitness-wise for the accompanying adult participant with a little Zumba Fitness® flare.

The class is taught by a Licensed Zumba Fitness Instructor and professional dancer, Darlene Marshall.

KidZ Fitness BeatZ classes begin on March 6, 2013, a Wednesday, from 10 a.m. - 11 a.m. Classes will take place on Wednesdays until April 10, 2013. Call Care On the Corner® at 201-288-9460 to register. There is a \$30 fee for the classes. Class space is limited, so be swift! ###

**Adult Zumba
Fitness Class**

"Ditch the Workout™ and Join the PARTY!!" DANCE into 2013, with a whole new fitness groove!

Care on The Corner presents, the Zumba Fitness dance fitness program on Saturdays at 8 a.m. and Thursdays at 7 p.m. under the instruction of a licensed Zumba Fitness Instructor.

Class is \$10. Bring water, a smile and prepare to have FUN!!!

If you have any fitness resolutions for the new year you want to meet, here's your chance to get the jump, bump, shake, quake and burn out of it AND have FUN doing it!! For more info call Care On The Corner at 201-288-9460. ###

**HHMA Memorial
Golf Tournament
May 22**

The Hasbrouck Heights Men's Association is sponsoring their Memorial Golf Tournament on Wednesday, May 22, 2013, at the Minebrook Golf Club in Hackettstown, NJ.

All money raised will be given to the Hughes Family to help offset the cost of college tuition.

Cost is \$125 and includes: round of golf, cart, plus cash contest of longest drive, closest to pin, pot of gold and features a \$10,000 hole in one -- plus 50/50 and prizes. Players receive one sleeve of golf balls, bag of tees, and divot tool.

Registration starts at 7:30. Shotgun start at 9 a.m. and format will be Texas Scramble.

A hot and cold breakfast buffet starts at 7:30 a.m., hamburgers and hot dogs at the turn, with lunch buffet to follow.

Sponsorships are available. Contributions are welcome.

For more information, call 201-396-0750 or email Tom at TNTTwister@aol.com ###

**W-R Lions
Golf Outing**

The 4th Annual Wood-Ridge Lions Club golf outing will be held on Monday, April 29, 2013, at the River Vale Golf Club.

Hot breakfast starts at 7:15 a.m. Shot gun start is at 8:30 a.m. (best ball format). There will be a hot lunch with a carving station, two hour open bar, Event includes awards for longest drive, closest to the pin, door prizes and a gift for every golfer. Cost \$165 single and \$660 for a foursome.

Contact Lion Ed at 201-641-2803 or e-mail janpro911@aol.com for reservations or questions. All proceeds will go to Lions Charities. ###

Zumba Gold Party

Come to the Zumba Gold Party Wednesday mornings from 9 a.m.-9:45 a.m. at the Boys & Girls Club of Lodi/Hackensack, 460 Passaic Avenue, Lodi.

This 10 week program runs from February 27 to May 15, 2013.

Zumba Gold is designed to welcome everyone from new exercisers to mature adults.



The instructor is licensed by Zumba and a certified Therapist.

Contact Mildred or Rosa at 973-473-7410, ext 101. ###

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Cheers!

This is the Mini-team (2nd Grade and under), Junior team (7th Grade and under) and Senior team (12th Grade and under) at Saint John Vianney competition on February 10, 2013.

The Mini-team won First

Place and are undefeated. The Junior team placed Second and the Senior team took First Place.

They are headed to Nationals in Ocean City, Maryland on February 23, then the seniors are heading to a second na-

tionals in Virginia Beach on March 22.

They will host a "Welcome to the Jungle Cheer Challenge" on March 2 at Henry P. Becton Regional High School.

These girls have brought the Carlstadt/East Rutherford name all around the State of New Jersey and make their towns proud with their dedication, talent and sportsmanship. They couldn't be more proud of these girls!

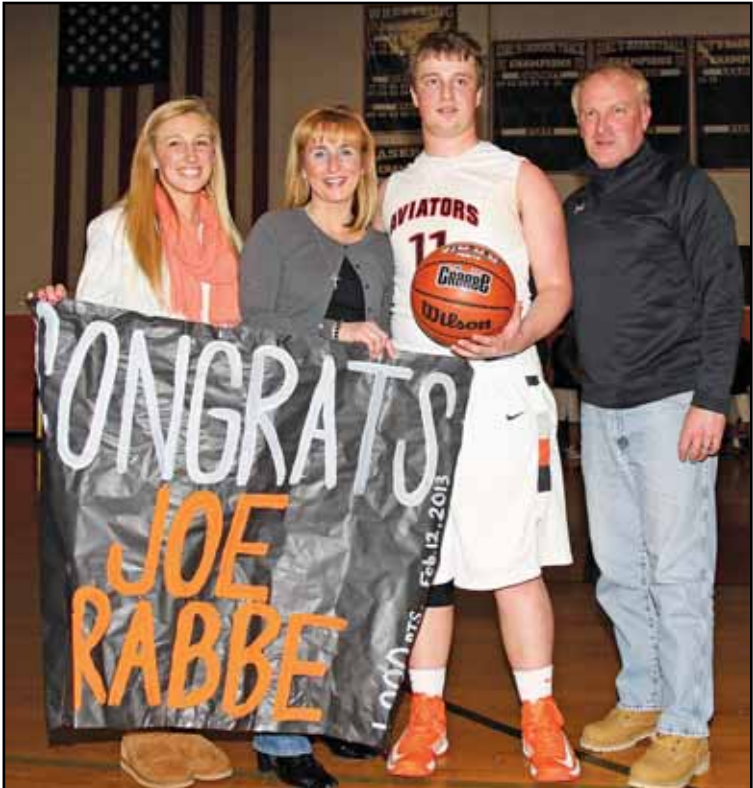
The mini coaches are Emily Kronyak, Erin Esposito, Gianna Feroldi, Kirsten Kennedy and Kristine Emerson.

The junior coaches are Jennifer Henkleman, Taylor Henkleman, and Linnette Farina.

The senior coaches are Catherine DuHaime and Brittany Rood. All of these coaches gave countless hours in preparing these ladies for the competitions and are to be commended for their dedication and commitment to the Wildcat family. Photo by Natalie Grskovic and story by Mariann Kronyak. ###



The JR-1 Level 2 Cheerleading team from the Cheer House captured the 1st Place recently in Atlantic City in the "Battle of the Nationals Championship." They also secured a paid bid to compete in the USA Cheerleading National Finals in Rhode Island. Congratulations. Photo by Mirna Lopez. ###



1,000 Points

Joey Crabbe scored his 1,000th point during the first half of a basketball game with Wood-Ridge on February 12, 2013. The high school senior becomes the 12th member of the Hasbrouck Heights Basketball 1,000 Point Club. After receiving a standing ovation, he was given a balloon bouquet, hugs by his sister, Lisa Marie, mother, Anna and father, Tim, and tribute by his friends. ###

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W-R Knights Ribbons Help Food Pantries

Local food pantries were the beneficiaries of \$950 raised by the Annual Buy-A-Ribbon program run in Wood-Ridge by the Knights of Columbus St. Anthony Council 11585.

Local residents donated \$10 or more to the Knights of Columbus to have a ribbon with their name on it placed on trees along Valley Boulevard in Wood-Ridge. The bright red ribbons were donated by Bruce Ferda of **Bruce's Floral Design** in Carlstadt.

The ribbons made an at-

tractive decoration during the Holiday Season; and because of their color and also to extend the spirit of love, kindness and compassion, the ribbons remained up until Valentine's Day.

Program Chairman Past Grand Knight Angelo Urato, extends his thanks to all who purchased ribbons and especially to Bruce's Floral Design for their generosity in preparing and donating all the ribbons. *Story by Peter Gallo Jr.* ###



Reflections

The Origins of the Easter Egg and Blessing of the Easter Foods

Rev. Susan Nelson-Colaneri, Pastor
Holy Trinity Lutheran Church, Hasbrouck Heights

Everyone knows that eggs that have been specially decorated are given out, eaten, or displayed to celebrate Easter—but it seems that there is a controversy among scholars and historians as to whether or not the tradition of Easter eggs originated with Christians or was it a Pagan tradition that was Christianized by the early Church.

Myths coming down to us from long ago show that humanity's relationship with the egg is a very deep-seated one.

"All life comes from an egg" is a very old Latin proverb. Moreover, eggs are laid throughout all corners of the world and there are many ancient myths from nations of every continent that claim that the entire universe was created out of an egg.

Nearly every ancient culture has viewed eggs as an emblem or symbol of life.

Nevertheless, there is no solid evidence that Easter Eggs were originally pagan symbols.

So, how did eggs come to be associated with Easter?

We don't know precisely, however, it is interesting to think of the following religious and cultural connections that may be the roots of the Easter egg tradition.

The first is a connection with the Passover Seder. One of the foods eaten during the Seder is a hard-boiled egg dipped in salt water which symbolizes new life born out of the tears (*salt water*) shed by the Israelite slaves.

Another interesting connection is the ancient Persian practice of painting eggs for Nowrooz—the Persian new year celebration which begins on March 20, the Spring Equinox. This ancient Persian tradition continues to this day in modern-day Iran.

The Christian tradition of Easter eggs, however, probably began as a celebration to the end of the privations of Lent.

In Medieval times, during the 40 days of Lent, a strict fast was observed by the Church and eggs were forbidden.

Christians viewed eggs as a symbol of new life, just as a chick might hatch from the egg, which appeared to be lifeless from the outside. Any eggs that were laid during the 40 days of Lent were often boiled

or otherwise preserved.

During Easter, the fast was lifted and the consumption of eggs resumed. Eggs were thus a mainstay of Easter meals, and a prized Easter gift for children and servants. This is the most convincing reason for how eggs came to be associated with Easter.

Orthodox Christians in Slavic countries like Poland are known for the development of elaborately decorated eggs and for the practice of presenting their Easter eggs, the first eggs appearing at the table on Easter Day, for thanksgiving and a blessing.

Among the Polish people, along with Easter eggs, a lamb molded out of butter or pastry is also blessed during the Easter service and then given a place of honor on the festive Easter table at home.

This year, Holy Trinity Lutheran Church at 92 Burton Avenue in Hasbrouck Heights will join our Orthodox sisters and brothers in this meaningful tradition of blessing the Easter eggs that will nourish us and adorn our Easter tables in our homes.

So, bring your Easter eggs on Easter Day, March 31, at 11 a.m., for a blessing. And, we invite you to bring the children at 10:15 a.m. Easter morning and join us for an Easter Egg Hunt and a continental breakfast.

Children will hunt for eggs on the lawn and can bring the eggs they find for a blessing.

Please feel free to visit our website at www.holytrinity-hasbrouckheights.com to view our complete calendar, hear our weekly meditations and to learn more about who we are. ###

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The Jesus Story 2013

The Passion Play Drama Ministry of Bible Baptist Church in Hasbrouck Heights will be hosting its 24th annual presentation of the Jesus Story.

You won't want to miss this musical drama centered on the life and ministry of Jesus Christ. Discover how Jesus changes the lives of His disciples and their families.

More than 100 men, women, and children in an all-volunteer cast, along with the assistance of the Community Affairs Division of Felician College, join together to bring this performance to the community.

Although worthy of the price of an admission ticket, FREE admission is being offered to make this life-changing story available to all. There are over 1,000 seats available on a first-come basis. A free-will offering will be taken in order to cover the expenses of

this first quality production.

Pastor Bill Hegedus, the director of the play, insists this is not for entertainment purposes, but to depict God's love for us and how that love motivated Jesus' actions and teaching. This is a story that crosses denominational barriers and reminds us of the love God has for us in that "Whoever believes in Jesus will not perish, but have everlasting life," (John 3:16)

All seven performances will be held in the Breslin Theater of Felician College located at 262 South Main Street. Lodi, NJ.

The dates and times are Saturday and Sunday, March 16, 17 at 4 p.m.; Friday, March 22 at 8 p.m.; Saturday and Sunday, March 23, 24 at 4 p.m.; Thursday and Friday, March 28, 29 at 8 p.m.

For more information please visit www.Biblebaptist.net or call 201-288-4139 ext. 2. ###

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8:00 a.m., 10:00 a.m., Noon
Daily Masses: (Church)
Mon. - Fri., 7:30 a.m., 12:05 p.m.
Confession: Sat. 11:00 - 12:00 p.m.

Hasbrouck Heights

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8:30 a.m. Early Worship Service (Traditional)
9:30 Discipleship Hour for all ages
11:00 a.m. Morning Worship Service (Contemporary)
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8 a.m., 10 a.m., 12 noon, and 6:00 p.m.
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11:00 a.m. - Holy Communion



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Sun: 7:30 a.m., 9:30 a.m. (Italian), 11:30 a.m., 6 p.m.
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Weekday Masses: M, W, F: 7 a.m., tu & Th. 8:30 a.m.
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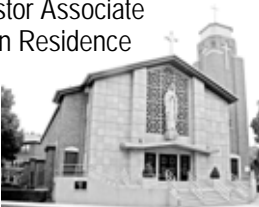
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Rosary Society of Corpus Christi Church

The next General Meeting of the Rosary Society is Thursday, March 7, 2013, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel.

Members are reminded to bring the household cleaning supplies to be distributed by the Friendly Neighbors of Hasbrouck Heights.

The meeting will include the formation of a Nominating Committee for next year's officers and Pocket Change Bingo for the benefit of the Women Helping Women project of the National Council of Catholic Women.

The "Bakeless Cake Sale" fundraiser was generously supported by our membership enabling us to award two scholarships to Corpus Christi Eighth Grade students going on to Catholic high schools.

The Lasagna Dinner is scheduled for Friday, March

2, 5:30 to 7:30 p.m. in the school cafeteria. Tickets are still available (\$10/adults and \$5/children under 12-toddlers free). Call Karen at 201-288-5738 to purchase your tickets. Walk-ins are welcome.

We extend a warm invitation (ladies only) to our traditional CALENDAR PARTY planned for Thursday, April 4 at 6 p.m. in the school cafeteria.

The theme for the party is "States" and will include tables for Florida (*Captain Karen McDowell* - 288-5738), Hawaii (*Captain Irene Drzewiecki* - 288-2787), Louisiana (*Captain Susan Jarocki* - 288-0538), and Massachusetts (*Captain Pat Fitzpatrick* - 288-1674).

The ticket price of \$30 includes a catered hot and cold buffet and special theme drinks and desserts. The evening will include a Tricky Tray and 50-50 Raffle. Just pick your state and call the captain to reserve your place. This is always an evening of great fun, so come to the party and bring a friend!

We remind our members and the Corpus Christi community of our continuing collection of toiletries for the homeless in Hackensack. Please drop your donations in the designated box in the vestibule of the Chapel. *Story by Carol Viceconte. ###*

From The Porch... To Children in Need

Through March 10, 2013, in addition to continuing their collection of non-perishable food items for area food banks, SWIM (*Single Women in Ministry*) at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights, will be collecting items for Easter baskets.

Lutheran Social Ministries of New Jersey will distribute these baskets to needy children in our state, sharing the joy of Easter with those whose lives are often stressful and difficult.

Easter candy, plastic eggs, small toys or craft items that can be fun for both boys and girls -- such as coloring books, small stuffed animals, yo-yos, etc. -- and anything else that seems appropriate for an Easter basket are needed to fill those baskets.

They ask that items such as guns, action figures or other toys with violent themes not be included.

With your contributions, together, we are able to continue making a difference as we reach out "From the Porch" to children in need.

If you wish additional information about Holy Trinity and its ministries, please call 201-288-6889 or visit our website at www.holytrinityhasbrouckheights.com ###

Coffee Break Bible Study

Rev. Chastain hosts a "Coffee Break Bible Study." Structured as a brief exploration of the Bible. Coffee and tea will be provided. Everyone is welcome, whether you are a first-time explorer or a long-time believer. To help us plan, call 201-438-8966. ###

World Day of Prayer March 1

"I was a stranger and you welcomed me."

On Friday, March 1, 2013, at 1:30 p.m., World Day of Prayer Ecumenical Services will be held at Holy Lutheran Trinity Church, 92 Burton Avenue, Hasbrouck Heights. Coffee hour will follow. The facilities are handicapped accessible. For more information, contact Ursula at 201-288-6042.

This year's theme, "I was a stranger and you welcomed me," was prepared by the women of France. The World Day of Prayer Committee of France has looked closely at their society in order to truly see the least among them. They name a stranger, the migrant and the foreigner, and present the people's search to find a new home.

Invite your friends, families and communities of faith to join the women of France in prayer and song and support women's ecumenical ministries towards peace and justice.

World Day of Prayer (WDP) is a worldwide ecumenical movement of women of many faith traditions who come together to observe a common day of prayer each year on the first Friday in March -- all are welcome.

Throughout the entire day, women in more than 170 countries and regions, collectively pray all over the world, beginning with the first sunrise and ending at the last sunset. These prayers follow the sun's path around the globe. WDP's motto is "Informed prayer leads to prayerful action."

This year's prayerful actions is: "Pray for God to make you open to welcoming strangers. Ask that God remove judgment from your heart and help you see each person as a human being, a child of God, worthy of respect and dignity. Pray for all without a home in their country of origin, all who have had to leave their home for one reason or another, all who live in a place that is strange or frightening to them. Lift up these prayers personally and add them to prayers read and spoken in your Church on Sunday."

Through World Day of Prayer, women affirm that prayer and action are inseparable and that both have immeasurable influence in the world. WDP brings together women of various races, cultures and traditions in closer fellowship, understanding and action throughout the year, becoming aware of the world and no longer living in isolation. A different country is represented each year. For more details go to: www.wdpusa.org ###

"Noah"

Come and see "Noah," the beloved Biblical musical at the Sight & Sound Theatre in Lancaster, PA, on June 29, 2013.

Join the millions of people from all over the world who have seen this one of a kind, awe-inspiring, family experience.

Embark on a journey with Noah and his family as they uphold the call of God to build a boat in a land that has never seen rain!

Then watch as hundreds of animals enter and live inside the great ark that surrounds the audience on three sides of a 300-foot-stage. 40-foot-tall sets, toe-tapping songs, professional actors and a message of hope make Noah a must see!

The day's activities will include a leisurely ride to the Amish country, a brief morning stop at the Kitchen Kettle Village for shopping and snacks (*time and weather permitting*), a family style lunch at the famous "Good 'n Plenty" Restaurant, and the performance of "Noah."

Limited availability. All reservations are due no later than Friday, May 3, 2013! Cost: adults \$138 per person, teens, \$110 per person, and children, \$85 per person. Call Ginny at 201-715-2087 for information and reservations. ###

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Real Estate Insight

By Mary Ellen Courtney



It's Almost Time for Spring Cleaning

There's a foot of snow outside now; the result of yesterday's "Blizzard of '13" (*don't you just love the TV hype!?*)

By the time this article hits the newsstands, however, we'll all be enjoying an early spring. Hopefully, that is.

We Realtors love spring-time; it's the season when homebuyers' juices really start coursing. And - if only to make our jobs easier - it should be the reason home sellers do their spring cleaning early...

So, here are some spring cleaning tips that can help sell your home....and also refresh and brighten your life while you're still living in it.

Start by identifying your problem areas, and then form a plan of attack. Having a plan will keep you focused on each area until it's done, especially if you're the kind of cleaner who starts in one room, then finds something that should go in another room only to go back

and forth until you're totally worn out.

The key is breaking tasks down into manageable sizes. If you tell yourself to clean the kitchen; it's hard to know where to begin. Instead, focus on specific tasks for each room. List things you can work on like...

• Kitchen: 1) organize the pantry; 2) throw out old food; 3) polish the fixtures until they shine.

• Little Billy's or Sarah's room: 1) box outgrown toys and clothes for donation; 2) clean under the bed; 3) let Billy help and choose what to give away.

Put small tasks on your to-do list as well as big tasks like cleaning windows. Narrowing down your goals and knocking out a few little tasks will actually have a big impact on your living space and keep you motivated.

You may prefer to do the same tasks all at once, such as clean under all the beds, or shampoo all the carpets, or clean the closets. When the closets are finished, move on to another task.

How you organize your

spring cleaning isn't so important as simply getting motivated to get it done. If spring cleaning seems daunting, remember that any effort you put toward it will be an improvement, and sometimes all it takes is improvement to stay motivated. Don't give up; your list will keep you aware of where you've been and what's been done. It helps to accept that your home may take more than a day, so keep the finish line in mind.

The last step in your plan is figuring out how to get rid of all that stuff you don't want or don't use anymore. If you're a pack-rat (like me), just remember that 'one's man's trash is another man's treasure' and that there are 3 basic options when dealing with junk: recycle or throw it away; donate or give it away; sell it. Keeping it is not an option! Check with neighbors to see if they have any needs that your stuff can fulfill, or you can collaborate on a yard sale together!

Spring cleaning is lot of work, but as you revitalize and renew your home you'll be amazed at how a simple list and sticking to it will improve your home's attractiveness and utility. Salability, too!

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

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Valley National Bank Appoints Carlos Vargas to District Sales Manager of Bergen District

Valley National Bank announced the appointment of Carlos Vargas as District Sales Manager/Vice President of the Bergen District.

Mr. Vargas joined Valley in 2009 and brings 18 years of banking, residential mortgage and financial planning experience to his new position.

Prior to his promotion, he served as the Branch Sales Manager of the Richfield branch located in Clifton, New Jersey.

As a District Sales Manager, Mr. Vargas will work extensively to strengthen the Bank's ties with businesses throughout Bergen County.

His team will focus on developing and expanding financial relationships by offering an extensive line of convenient products with exceptional, personalized service.

"Carlos is an active and visible member of the local communities he serves," said Executive Vice President Bernadette Mueller. "His experience and expertise will be criti-



cal as we continue to enhance our personal and business relationships throughout the Bergen District."

Mr. Vargas received a Bachelor's Degree from the University of South Florida and is a Certified Financial Planner. He serves on the board for the North Jersey Regional Chamber of Commerce and he is also a member of the Clifton Rotary Club. He can be reached at 201-807-1878 or by email at cvargas@valleynationalbank.com.

Mr. Vargas is a resident of Jersey City. ###

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Filling You In

By Jeffrey E. Mason, D.M.D.

The Mouth and Heart Connection

Cardiovascular disease is a class of disease that affects the heart and/or blood vessels. It is estimated that more than 80 million people in the United States have one or more forms of cardiovascular disease; these forms include high blood pressure, coronary heart disease (*acute heart attack and angina pectoris*), stroke, and heart failure.

Studies have shown that there is a link between cardiovascular disease and periodontal (*gum*) disease, the chronic inflammation and infection of the gums and surrounding tissue. Forms of gum disease, such as gingivitis (*gum inflammation*) and periodontitis (*bone loss*), can be indicators for cardiovascular problems, which is why it is important for individuals at risk for cardiovascular disease to visit a dentist on a regular basis, practice good oral hygiene, and keep their dentist informed of any oral and overall health issues.

How are periodontal disease and cardiovascular disease connected?

It has been suggested that the inflammatory proteins and bacteria associated with gum disease enter a person's bloodstream and can cause various effects on the cardiovascular system. A study published in the February 2005 issue of "Circulation" examined the presence of the bacteria known to cause periodontitis and the thickening of the blood vessel wall typically seen in heart disease. After examining samples from more than 650 participants, the investigators concluded that the presence of the same bacteria known to cause periodontitis was associated with an increased level of blood vessel thickening.

Blood Pressure Check

The Carlstadt Health Department, in conjunction with the Health Awareness Regional Program of HackensackUMC, offers a free blood pressure program on the third Wednesday of every month, from 11 a.m. to 1 p.m., at the Carlstadt Senior Civic Center. Program includes information: prevent and manage blood pressure, body fat composition, manage stress, nutrition for healthy living, community health resources, etc. For more information call 551-996-2038. ###

What can I do to keep my gums and heart healthy?

Practicing proper oral hygiene is essential to maintaining healthy gums. This includes flossing regularly, brushing twice a day with antibacterial toothpaste, and visiting a dentist at least every six months. A healthy diet and regular exercise can help improve both your cardiovascular health and your overall health.

What do my physician and dentist need to know?

It is important to keep all medical professionals up-to-date on your oral and overall health issues. Inform your physician if you have been diagnosed with a form of periodontal disease or are experiencing any issues with gum inflammation. Likewise, inform your dentist if you have been diagnosed with any form of cardiovascular disease, have experienced any cardiovascular problems, or have a family history of cardiovascular disease.

What other risk factors are associated with cardiovascular disease?

Individuals who are most at risk for cardiovascular disease include those over age 65, African-Americans, Hispanics, and males. While these particular factors cannot be changed, there are some risk factors that you can change through lifestyle management and/or medical treatment to reduce your risk for cardiovascular disease.

These risk factors include smoking, high cholesterol, high blood pressure, physical inactivity, obesity, excessive alcohol consumption, and stress. Questions? Be sure to ask your physician and dentist. Ref: *Academy of General Dentistry*, copyright 2009

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



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How to Avoid Elder Fraud

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Older is Better

Felician College's "Older is Better" program kicked off its Spring 2013 lecture series with a presentation on the musical works of George Gershwin. Dr. Barbara Gordon, Assistant Professor of Music, was the guest lecturer. "Gershwin was such an important part of and is still an influence on American music," said Dr. Gordon. "You can spend hours and hours just on this topic." Dr. Gordon discussed the early life of the prolific songwriter and treated the audience to recordings of some of Gershwin's most well known compositions, including "Swanee" and "Rhapsody in Blue." "Older is Better" is an open membership program for men and women 55 and older. The program meets Friday afternoons at Felician College. There is a \$3 fee to attend the lectures, which vary in topic. For more information or for a schedule of events, contact Elizabeth Barca at 201-559-6085. ###

Vic's Hoofers Auxiliary

Ladies Auxiliary of Vic's Hoofers meets on the first Thursday of the month at 7 p.m. at the Carlstadt Civic Center on 4th Street. Ladies from surrounding towns of East Rutherford, Wallington, Rutherford and Wood-Ridge are encouraged to join. On March 7, 2013, the game LCR will be played. Join them for an evening of fun and refreshments. Call Dolores 201-939-5163. ###

Moonachie Seniors Ride Again

The weather will soon be getting warmer, and the period of hibernation will also be over soon. The Moonachie seniors can't wait to get out of their houses and spring into action. The first trip of the Club is scheduled for March 15, 2013, to the Doolan's Surf Club in Spring Lake. Entertainment will include a St. Patrick festival entitled "From Ireland to America," featuring Irish tenor, Mike Byrne and the Green Derby Show Band, dancing and a comedian. A full course meal will be served, including your choice of corned beef and cabbage, 1/2 roasted chicken or herbal salmon. In addition to a one hour open bar, wine and soda will also be on the table. The cost is only \$48 per person, which includes taxes and gratuities. Some lucky people will also have a chance to win some prizes. The bus will leave at 9:30 a.m. from behind the First Presbyterian Church parking lot on Moonachie Road and Carol Place. You don't have to be a member of the Club, a resident of Moonachie, or even Irish. If you have any questions, please call Audrey at 201-641-4334. Join them and you will be singing "Happy Days Are Here Again," with an Irish dialect. *Story by Charles Pallas. ###*

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March 2013 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, March 4, 11, 25

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

10:00 a.m. to 3 p.m. Senior Lounge open to all

Tuesday, Tuesday 5, 12, 19, 26

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Card Game Night

Wednesday, March 20, 27

10:00 a.m. Games, cards & coffee

2:00 p.m. Senior Aerobics \$1.00

10:00 a.m. to 2 p.m. Senior Lounge open to all

Thursday, March 7, 14, 21, 28

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga with John \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

Friday, March 1, 15

10:00 a.m. Games, cards & coffee

10:00 a.m. to 1 p.m. Senior Lounge open to all

1:00 p.m. Zumba Gold \$1, New fun & fit

Friday, March 8, 22

10:00 a.m. Fun Bingo

10:00 a.m. to 3 p.m. Senior Lounge open to all

Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday, March 6

10:00 a.m. Executive Board meeting

Wednesday, March 13

12:30 p.m. Monthly meeting. Pianist Arnie Abrams will perform. He is an expressive and energetic piano performer who will design his music selections to capture the spirit of the St. Patrick's Holiday.

UPCOMING EVENTS

Open to all seniors

Trip to Brownstone: Thursday, March 21, 2013

Jersey Dreamers present "St. Joseph's Feast."

Featuring the Chessmen and the Best More Italian Food Ever. (Waiting list)

Trip to Tropicana Casino: Wednesday, April 3

Cost is \$25. You will receive \$25 slot play and a voucher to be used for lunch at Carmine's legendary family style Italian Restaurant. Contact: Kathy at 201-288-6651

The Municipal Building will be closed on
Friday, March 29: Good Friday
No garbage pick up on that day

Kevin Woyce Entertains Leisure Club Members

All who attended the Leisure Club meeting on February 13, 2013 were treated to an outstanding presentation about the Statue of Liberty.

Author, photographer and lecture, Kevin Woyce, presented a historical slide show to explain how the statue was built and what she symbolizes.

The slide show included many original photographs of the Statue of Liberty, Ellis Island, and New York Harbor views, plus vintage images of historic people, places, and events.

He also introduced some of the people involved in the creation of the Statue of Liberty. He concluded the program with brief histories of Ellis Island and Liberty State Park.

During the business portion of the meeting, President Peter Gallo discussed the future programs and activities planned for the next two months.

Pianist Arnie Abrams will provide the entertainment at the March 13 meeting. He will sing many Irish songs to celebrate St. Patrick's Day.

On Thursday, March 21, the Club has sponsored a trip to



the Brownstone to celebrate St. Joseph's Day; and, on Wednesday, March 20, all seniors have been invited to a complimentary performance of the Hasbrouck Heights High School

musical, "Bugsy Malone."

At the April 10 meeting, Councilman Justin Di Pisa will address the members on the topic "Medication and Food – What's Good? What's Bad?" On Wednesday, April 3, members will have the opportunity to gamble at the Tropicana Casino and lunch at Carmine's. The trip is co-hosted by Care One at Wellington in Hackensack and the Leisure Club.

The Leisure Club also approved By-Laws changes, which changed the calendar year from January 1 to December 31 to the fiscal year July 1 to June 30. The next election will now take place in May 2014. *Photo and story by Marie and Peter Gallo Jr. ###*



Snow Storm Cancelled AARP Meeting

The first blizzard of 2013 cancelled the plans of many people. It also cancelled the meeting scheduled by Central Bergen Chapter 418, AARP. The decision to cancel was not a difficult one to make. President Marie Gallo made it early in the afternoon on Thursday, February 7, 2013. She started the phone chain so that all members would know that there would be no meeting on Friday.

Ms. Nancy Ellison, Coordinator for the Center for Healthy Living at the Holy Name Hospital was to be speaker at the meeting. She rescheduled her talk for the May 10 meeting. Her topic will be "Honoring Our Mothers." It is more of a mental health/wellness topic and a good opportunity for reflection on our Moms (*pluses and minuses*).

The next meeting for the Chapter will be Friday, March 8, 2013. The program will feature harpist, Ardis Cavin, who will present "A Bit O'Blarney;" songs and tidbits about Irish heritage. *Story by Peter Gallo Jr. ###*

*He that is rich need not
live sparingly, and he that can
live sparingly
need not be rich. B.F.*

Carlstadt Senior Friendship Club

Club members have been busy with lots of activities.

In December they held their annual Christmas Party and the installation of officers at the Landmark Restaurant.

Mayor William Roseman installed the officers for 2013: Walt Siri, President, Vinny Caltegrone and Joanne Kearney, First and Second Vice Presidents, respectively, Joyce Siri, Treasurer, Phyllis Donofrio, Corresponding Secretary and Sophie Stagg, Recording Secretary.

They had two visitors from the Bergen County Sheriffs K-9 Unit. Officer Smaldone and his sidekick, Zero, demonstrated the techniques used by them to search for illegal drugs. Officer Smaldone explained to the Club how Zero was trained for this important work and about their unique partnership.

January was a quiet month but things picked up again in February with their first trip of 2013. They visited Hunterdon Hills for a delicious lunch and saw a delightful production of "Butterflies are Free."

They had a great visit from "Call Us Clowns." Lots of

laughs and audience participation - some unexpected. They were wonderful.

On March 11, the Club is going to Doolan's in Spring Lake. Call Eileen at 201-933-6949 for a reservation.

On March 13, the Club will celebrate their anniversary at the Graycliff in Moonachie, from 12-4 p.m. Members should make their reservations at the next meeting.

Next up is the Club's first breakfast and their new semi-monthly Jackpot Bingo but, as always, the time spent together in Friendship is the most important part of all.

The Carlstadt Senior Friendship Club meets on the first and third Wednesdays of the month at the Civic Center. Refreshments are served at 1 p.m., with the meeting commencing at 1:30 p.m.

The Carlstadt Borough Nurse will be at all the Senior Club meetings and will administer blood pressure readings free of charge. For more information call Dolores at 201-939-5163. *Story and photos provided by Joanne Kearney. ###*

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The program runs Sunday, June 16, 2013 – Friday, June 21, 2013, at Rider University

Open to Little Ferry and Moonachie Male High School Juniors. Candidates interested in attending Boys State should submit a resume to: Little Ferry American Legion Post 310, 100 Liberty Street, Little Ferry, NJ, 07643. All resumes must be received by February 28, 2013.

For more information call 201-641-9774. ###

Post 106 Boys State
Delegates Selected

Six delegates will be sponsored to attend Boys State this year by American Legion Post 106. They are Darien Cheng, Stephen Hodulik, Benjamin Ker, Connor McCabe, Robert Spangler and Christopher Verdi.

The 74th Boys State Session will be held on the campus of Rider University in Lawrenceville from June 16 to June 21, 2013.

The program educates youth in the duties, rights, and responsibilities of American citizenship. Participants learn the practical mechanics of government by actually performing the functions of local and state government. Applications of the principles of democratic government are made in every possible way. *Story by Peter Gallo Jr. ###*

Legion Post 310
Monthly Meeting

John H. Gertz American Legion Post 310 holds their monthly meetings on the second Tuesday of each month at the Post, 100 Liberty Street, Little Ferry, NJ 07643 starting at 8 p.m.

New members are always welcomed at the meetings. Stop by anytime after 3 p.m. during the week and call for weekend hours at 201-641-9774 since they open earlier on those days.

They are an active post, if you can't make the meetings you can come down and participate in any of the many activities they have going on. Come on down and be part of the "Legion Family." ###

*Think of three things:
Whence you came, Where you
are going, And to whom you
must account. B.F.*



Veterans Today

By Thomas Marshall

Recently the President signed into law the “Burn Pit Registry Act.”

This Act was designed to register all those Veterans from the Iraq and Afghanistan Campaigns that worked with burn pits.

Burn pits were used to burn trash and other items and apparently made many Veterans sick with lung problems, brain damage and asthma.

This Registry will allow the VA system to keep track of all those that may have been exposed to the toxic fumes of the burn pits. Those on the Registry will receive updated information on the study of the effects of the burn pits. This will allow the VA to treat all those affected much faster.

I was recently asked about the human waste that is and was being burned at military camps in the war zones and if this is also part of the Burn Pit Registry.

For anyone that doesn't know, human waste is burned at the latrines in Afghanistan and I know human waste was burned in Iraq and Vietnam. It is the only way to keep the camps sanitized when there is no plumbing.

The Senate news release didn't say whether or not this was included with the Burn Pit Registry. There could be Veterans out there that stirred and burned the waste, and may have developed breathing problems from the fumes, but I do not see it listed, so I don't think it is part of this Act at this time. Contact your local VA office and ask about the Registry. This Act of Congress is new but it should be up and running shortly.

Boston Massacre

Private Hugh White didn't draw latrine duty on the evening of March 5, 1770. He was given the task to stand watch at the Customs House on King Street in Boston. That's the life of a private, all the miserable jobs the higher ranks don't want, soon fall to the privates.

Had he known what was going to happen during his watch, he would've preferred the latrine. He was about to put himself into the history books as only an international incident can do. You can't put a private in charge of anything.

There had been a lot of trouble with the American Colonists that lived in Boston. They didn't want to be taxed and they didn't want British Troops stationed in the city. There were fist fights, insults, and rock throwing almost on a

daily basis between the citizens and the King's Troops.

Edward Garrick was an apprentice to a wigmaker.

He and a friend walked by Private White and complained to him that a British Officer didn't pay for his haircut on a visit he made. Why White even entertained the argument is not clear.

He was a private and there is no way he could answer Garrick for the actions or bills of an Officer. He was on watch at the Customs House and He should have left it at that. But you don't make history being quiet. He soon got into heated words with young Edward and knocked him out with a swing from his musket.

Garrick's friend now was screaming at White and a crowd was building up. Private White was now hopelessly outnumbered.

His only friend was his Brown Bess musket. He loaded it. The Americans were now throwing pieces of shells, snowballs, and rocks. Things were quickly getting out of hand.

Captain Preston was told by a messenger that his private on watch was facing a mob. Preston ordered a Non-commissioned Officer and six privates from the 29th Regiment to aid White and take him out of there. Preston and his squad forced their way in between Private White and the hostile crowd. The crowd was getting larger and more snowballs and rocks filled the air.

There was a story about this night in which a man in a red cloak was urging the crowd on and sending more people to the scene at the Custom House. His identity is a mystery and will forever remain so. His actions threw gas on a fire because he escalated the tension between soldier and citizen.

The yelling and screaming was deafening. Some in the crowd now had sticks and Private Hugh Montgomery was struck by one of these sticks and was knocked to the ground.

He got up and after picking up his musket he fired into the crowd. Soon the other men of the squad fired at the crowd.

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Eleven citizens were hit. Three were dead where they lie and two more would die a short time later.

The crowd moved back onto side streets while Captain Preston called out the rest of the 29th Regiment to guard the Customs House and regain control.

Lt. Governor Hutchinson told the crowd he would have an inquiry into the matter. On the following morning Captain Preston and his squad, along with Private White were placed under arrest for the crime of murder.

Now the soldiers needed a lawyer and there were plenty of sympathetic Loyalist lawyers in Boston at the time. They just couldn't find any that would take the case.

To defend British soldiers for shooting unarmed civilians would have been bad for business and more likely their health.

The Loyalist apparently, knew all about the Sons of Liberty and declined the unspoken challenge.

A letter went to a lawyer who was known as a Patriot to the American cause asking him to take the case.

His name was John Adams. Yes, that John Adams, our second President of the United States. He was a lover of Liberty and Freedom but he also felt a strong duty for Justice. Even for British soldiers. He took the case.

Captain Preston was put on trial first. The whole case was centered around the question of did he or did he not order his men to fire the muskets.

He said he did not give the order to fire and no credible witness came forward to say he did. So the jury acquitted him of the charge of murder.

The soldiers' case was much more difficult. If Captain Preston did not give the order to fire then the soldiers did on their own accord.

This was a problem Adams had to go through. He gathered every witness that could describe the actions of the crowd.

He proved through eyewitness testimony that the crowd was dangerous and had assaulted the soldiers on the night of March 5th.

The key witness in the case was Patrick Carr's doctor. Patrick Carr was one of the men that was killed on that night but, lived long enough to tell his doctor that he forgives the soldiers because they were just defending themselves. The jury believed him.

Adams was successful and six of the soldiers were acquitted and spared the gallows. Private Hugh Montgomery and Private Mathew Kilroy were convicted of murder because they fired directly into the crowd and the jury figured that they could have restrained from shooting. Montgomery also fired first and without orders.

You can't do that in the British Army. They then pleaded "Right of Clergy" and had their punishment of death reduced to a branding on the hand and sent back to England.

The English called it the "Incident on King Street." The Americans called it a massacre and used it for great propaganda for the American cause. We now call it the "Boston Massacre."

It is the main reason we have the Third Amendment to the Constitution. "No soldier shall, in a time of peace, be quartered in any house, without the consent of the owner, or in a time of war, but in a manner prescribed by law."

If you think this Amendment is outdated that would be because no one put two regiments in your town and then have your house used for quarters. There is a reason for everything in the Constitution.

It was a crazy night that left many questions. Why was John Adams not attacked or had his house burned down by the Sons of Liberty? Everyone in town wanted to hang the soldiers.

I have always felt that the answer is Samuel Adams. He was John Adams' cousin and he was heavily involved with the Sons of Liberty.

No doubt he put the word out that John was not to be harmed. I am also willing to bet that if you look in Samuel Adams' closet, deep in the back you would probably find a red cloak. He didn't want to share his house with the King's troops either. ###

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How to Get Emergency Notifications

The Hasbrouck Heights Police Department, in conjunction with the Bergen County Office of Emergency Management, is advising area residents of a free emergency notification service. You can now register all your phone numbers for up to date information with regards to emergency notifications within the Borough of Hasbrouck Heights. Follow these instructions. Go to WWW.BCOEM.ORG and click "Swift911" link. Fill in your information and you are all set to receive the most up to date information on emergency situations. ###

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East Rutherford Fatal Blaze

A fast-moving fire killed a 77-year-old resident and injured two firefighters. A woman who also lived in the house escaped unharmed. There was heavy fire on

the first floor of the three-story multi-family home on High Street in East Rutherford when firefighters arrived at about 11:15 a.m. on January 29, 2013. A second-alarm was quickly transmitted for mutual aid fire companies and a Fire-fighter Assist and Search Team (FAST).

Firefighters located a resident in a first-floor bedroom, and removed him from the building where firefighters and police officers performed CPR. He was transported to Hackensack University Medical Center where he was pronounced D.O.A.

Fire quickly rose to the upper floors and broke through the roof. "Hoarder" conditions inside the building impeded firefighting operations.

All members were ordered out of the structure and a defensive operation was established. The roof collapsed. The cold weather froze a fire hydrant forcing firefighters to call in a second water source.

Carlstadt Firefighter Richard Bartlett was setting up a secondary water supply when he was hit by a hose ring after a vehicle drove over the five-inch supply hose.

He suffered a broken collarbone and shattered bones in his elbow and wrist area. He was in surgery for five hours. An East Rutherford firefighter suffered minor injuries and was released from the hospital.

Fire officials declared the fire under control around 2 o'clock.

About 75 firefighters from Carlstadt, Moonachie, Wallington, East Rutherford and Lyndhurst responded to the scene.

The cause of the fire remains under investigation. The consumed home will likely be torn down. Photos by Dennis Kronyak Sr. ###



Trapped!

On Saturday February 2, 2013, members of the Hasbrouck Heights, Little Ferry and Wood-Ridge Fire Departments gathered at the Hasbrouck Heights firehouse, to conduct a training seminar.

All Hands Fire Equipment brought three instructors to teach the firefighters how to rescue themselves if they get trapped in a building and how to call out for help in an emergency.

Firefighters were taught how to bail out a second floor window head first and spin themselves around on a ladder.

Firefighters had to go through an obstacle course that simulated 5 different ways to be trapped, including a floor collapse that dropped them into a pit of foam. *Photos and story by Rob Knobloch. ###*



At about 12:48 p.m., on February 11, 2013, a vehicle traveling east on MacArthur Avenue towards The Boulevard, struck a parked car and overturned. Hasbrouck Heights Engine 2, Rescue and EMS 603 responded. The driver was taken to HUMC and was issued a summons. ###



The South Bergen Rotary, with the help of the Rotary District, donated a new Stryker stretcher to re-outfit the Moonachie EMS in the wake of Sandy. ###

CFD Ladies Auxiliary Seeks New Members

The Carlstadt Fire Department Ladies Auxiliary is always seeking new members.

To become a member of the Auxiliary you must be a resident of Carlstadt or related to a member of the Carlstadt Fire Department. Meetings are held once a month at the Jefferson Street Firehouse. For more information please contact Susan at 201-697-6058 or davesue427@comcast.net ###



Copy for the April Issue is due March 10th.

Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

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Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

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These volunteer organizations were devastated by Sandy. Financial donations are appreciated. Send checks to:

Little Ferry First Aid Corps, PO Box 147, Little Ferry, NJ 07643
Little Ferry Fire Department, 215-217 Liberty Street, Little Ferry, NJ 07643
Moonachie EMS/Rescue, 121 Moonachie Road, Moonachie, NJ 07074
Moonachie Fire Department, 70 Moonachie Road, Moonachie, NJ 07074

American Legion Post 310, 100 Liberty Street, Little Ferry, NJ 07643
VFW Post 809, 100 Main Street, Little Ferry, NJ 07643

Moonachie/Little Ferry Relief Fund, PO Box 77, Wood-Ridge, NJ 07075
(This fund is an independent charity chartered under the auspices of the First Presbyterian Church of Wood-Ridge. 100% of donations are used for direct service to people in need.)



HHFD 2013 Installation Dinner

The Hasbrouck Heights Fire Department held their Installation Dinner for Chief Richard Giarratana and the Department Officers at The Graycliff on Saturday, January 26, 2013.

Master of Ceremonies was James Halloran, who acknowledged Borough officials and visiting dignitaries who were in attendance.

First Assistant Chief Patrick Hayes led the Pledge of Allegiance. The Invocation was given by Jean Giarratana and Diane Agapito.

There was the introduction of The Department officers followed by the traditional toast given by Second Assistant Chief Angelo Roccamo.

Mayor Rose Heck, Fire Commissioner David Gonzalez and Chief Richard Giarratana spoke.

Floral bouquets were pre-

sent to the Chiefs' wives and Fire Chief's Secretary, Nancy Halloran.

A plaque was presented by NJ Aviation Hall of Fame Trustee Fritz Rethage to The Department, recognizing their continuing support. Mutual Aid Departments made presentations. Engine Company 1 presented Edmund Carter III a plaque for his service as Captain from 2010 to 2012.

The highlight of the evening was the recognition of Department members who had given 25 years of service.

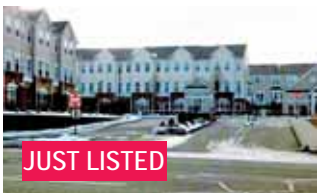
They include: Edmund Carter Jr., Laurence Donohue, Patrick Hayes, Robert Jones, Michael Ratkowski, Mark Rista, Angelo Roccamo, Thomas Rubino, Christian Semencz, Joseph Taylor, Jr., Robert Thomasey and Kevin Todd. Music was provided by Black Magic Entertainment.

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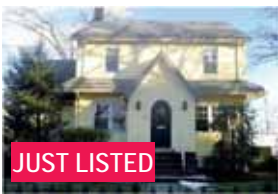
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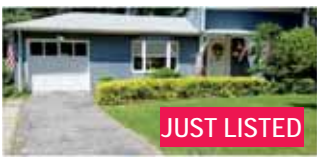
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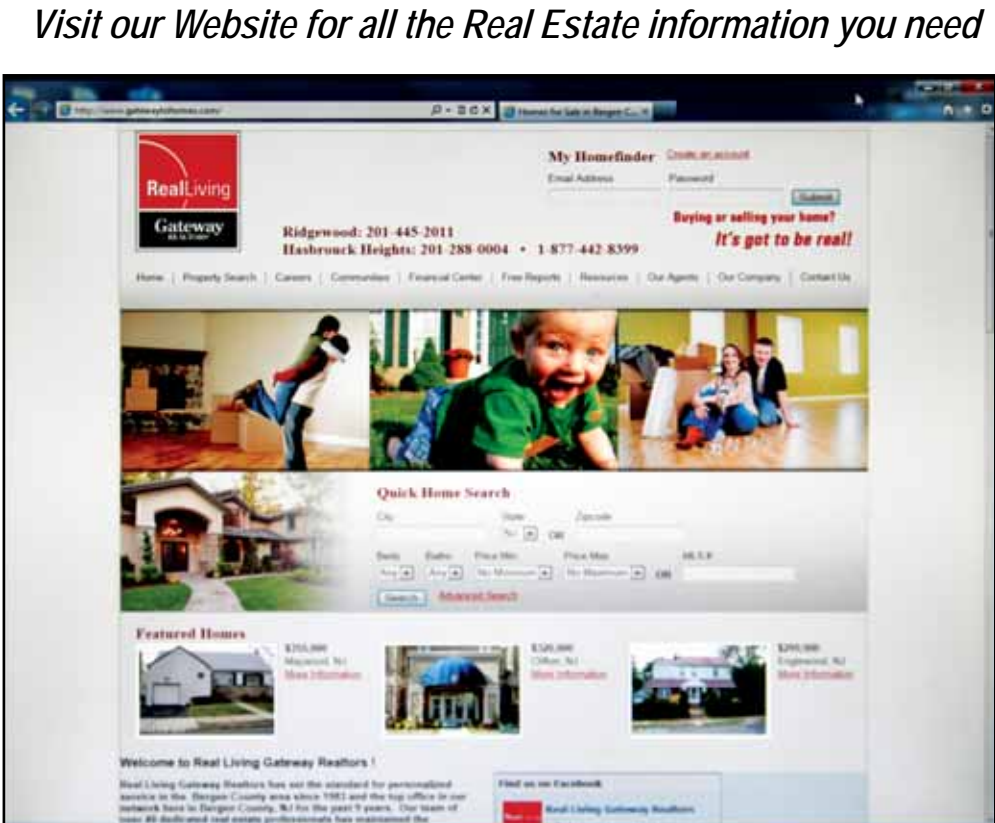
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HACKENSACK
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\$375,000



WOOD-RIDGE
Colonial on Double Lot
\$550,000



WOOD-RIDGE
3 BR Colonial
\$309,000



ROCHELLE PARK
4 BR, 2 Bath Cape
\$379,000



MAYWOOD
Move-in Cape
\$355,000



HASBROUCK HEIGHTS
4 BR, 2 Bath Colonial
\$349,000



WOOD-RIDGE
Large Family Room
\$454,900



GARFIELD
Enormous Custom 2 Family
\$499,000



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