The Gazette

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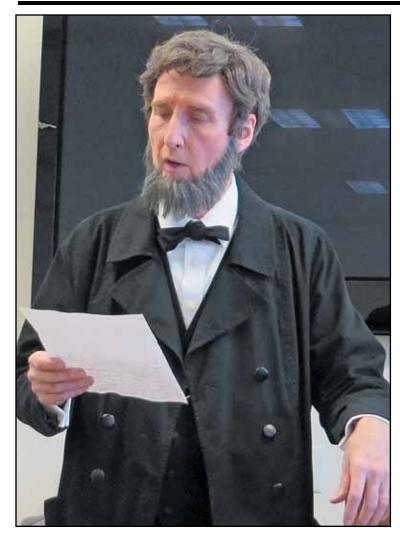


PRSRT STD U.S. POSTAGE **PAID** PERMIT 280 LANC., PA 17604 On February 13, 2014, atop a foot of hard-packed snow, a Nor'easter dumped about 16 more inches of snow. A winter wonderland, however ...a state of emergency was declared. The temperature rose above freezing. Sleet, drizzle and rain followed. With the sunfed melts and warm air, fluffy snow became slush. Snow blowers jammed. Plowed snow blocked driveways and cars. Hand shoveling was strenuous. There were ponding, high winds, lightning and thunder. About a dozen buildings collapsed in the region. Then temperatures fell below freezing. Treacherous ice formed under the snow. Mother Nature delivered another couple of inches of snow that night. It was a tough 24 hours. It was bright and sunny on February 14. Delayed openings, offices, schools and stores reopened. Roads cleared with snow mountains and ice canyons to traverse. And just when you thought it was safe, the weatherman, with an evil smirk, warned of more snow in the forecast. On February 15, it was 20 degrees and 2+ inches of snow was added. Since the fall, 55.6 inches of snow has fallen - the fourth highest total recorded by mid-February -- almost double the average. Five major snowstorms this year (2014) with the coldest January in a decade. See February 14th photos on pages 18-19.

Winter Blast

Community Calendar Pages 2-9 **Library Calendar**Pages 10-12

Student Information Pages 13-15 Super Bowl Super Build Pages 16-17 Sports Action Pages 20-21 Invisible Army Pages 34-35



Bringing Lincoln to Life

For one hour on February 1, 2014, Abraham Lincoln visited The Hasbrouck Heights Free Public Library.

He looked pretty good for a man who is 205 years old. He was there to discuss his life and enable the audience to experience the depth of his heart as well as the quick wit and wisdom of his mind.

The room was filled to its capacity with an audience whose ages ranged from teen age to septuagenarian (70s), octogenarian (80s) and one nonagenarian (90s).

The nonagenarian refused to take his picture with Lincoln. He feared that all would see the photo and would be saying

Dancing Under The Stars VII

Mickey's Kids Foundation will be hosting its Seventh Annual Gala to benefit Canine Assistants. The gala, "Dancing Under the Stars - Act VII," will be held on Friday, March 28, 2014, at Il Villaggio in Carlstadt.

Featured guest will be Anthony Liguori, "Elvis -- One Night With You."

There will be a professional dance team, Russ and Katusha Wilder, who have competed internationally.

There will be encore performaces by children, soloists, and dancers to enchance this event. Music will be Paul Anthony Entertainment. There will be a silent auction and raffles,

Tickets are \$125. For more information, please contact mickeyskidsfoundation@verizon.net ###

"I knew he was old but never thought he was that old!"

Lincoln was resurrected by actor/historian Bob Gleason of the American Historical Theatre. Mr. Gleason's Lincoln was a convincing portrayal of the self-made man who rose from poverty to become President of the United States.

Lincoln (Gleason) talked about his formative years, his education, his many jobs, his courtship and marriage, his political career and his many struggles. Throughout his talk the audience experienced the down-to-earth humor and wisdom of our 16th President.

Mr. Gleason holds a degree in Theater Arts from West Chester University and is a devoted historian. He has participated in more than 50 plays and musicals. He has been with the American Historical Theatre since 1991.

Throughout his 22 years, Gleason has potrayed the following characters: John Bartram, Alexander Graham Bell, Christopher Columbus, Thomas Edison, Galileo Galilei, William Howe, Patrick Henry, Abraham Lincoln, Samuel Morse, Thomas Paine, Charles Willson Peale, William Penn, Edgar Allan Poe, David Rittenhouse, Benjamin Rush, Gilbert Stuart, Baron von Steuben, Mark Twain, John Wanamaker, James Wilson, John Witherspoon, and Frank Lloyd

The program was offered through the Horizons Speakers Bureau of the New Jersey Council for the Humanities, a state partner of the National Endowment for the Humanities. *Photo and story by Marie and Peter Gallo Jr.* ###



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Fish & Chips March 8

Saint Margaret of Cortona's Parish Social Life Committee is sponsoring their 11th annual Fish and Chips Dinner on Saturday, March 8, 2014.

Cooking will be done by Tastefully British. Dinner will be served from 5:30 - 8 p.m. at the St. Margaret's Auditorium on Chamberlin Avenue. Little Ferry (wheelchair accessible.)

Cost is \$15 per meal, and includes Fish, Chips, Cake, Coffee and Tea. No tickets will be sold at the door. Takeout orders are available. For information, call Ellie at 201-641-0883. ###

Lasagna Dinner & Tricky Tray

The women of the Rosary Society will again be hosting their popular Meatless Lasagna Dinner in the Corpus Christi school cafeteria on Friday, April 4, 5:30 to 7:30 p.m.

The menu includes the lasagna entrée, salad, bread, tea/ coffee, soft drinks, and dessert (Ziti will be available. It is asked that you make this request when purchasing tickets.)

The dinner donation is \$10 for adults and \$5 for children 12 and under (toddlers free).

There will be a special raffle for a flat screen television, a Tricky Tray (children's items only), and a 50/50 drawing.

To purchase tickets, please call Karen at 201-288-5738. Walk-ins are welcome. Takeout is available. ###

Fish & Chips March 27

The GFWC Contemporary Club of Hasbrouck Heights will hold their Annual Fish and Chips Dinner on Thursday, March 27, 2014, from 5:30 to 7 p.m., at Holy Trinity Lutheran Church, located at the corner of **Burton and Hamilton Avenues** in Hasbrouck Heights.

Tastefully British Caterers will prepare the best Fish and Chips you ever tasted! Tickets are \$14 for adults and \$8 for children under 10 years of age.

Pre-paid take-out is available. No tickets will be sold at the door. Contact Marge at 201-288-8933 for reservations. Proceeds will benefit scholarships and other service projects.

The Contemporary Club is a member of the New Jersey State Federation of Women's Clubs, serving communities one project at a time. For more information, contact Helen at 201-288-5116. ###

Fish & Chips March 5

The Rosary Altar Society of St. Joseph's Church, East Rutherford, is sponsoring a Fish and Chips dinner to be held on Ash Wednesday, March 5, 2014, from 5 to 7 p.m., in the St. Joseph's School cafeteria.

Tickets are \$13 for adults and \$9 for children under 12 years of age. Take out is available. Dessert and beverage are included. No tickets will be sold at the door. For tickets call Marge at 201-933-2796 or Janet at 201-438-5892. ###

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W-R Knights Corned Beef Dinner **Honors 2 Saints**

The meal is strictly Irish, but the entertainer is all Italian. To celebrate the Feast of St. Patrick and the Feast of St. Joseph, the Knights of Columbus at the Assumption Parish in Wood-Ridge have planned an evening to recognize both saints.

The festivities will take place on Saturday, March 15, 2014, at 7 p.m. in the Father Patrick Morris Hall, which is located in the basement of the Assumption Church.

The cost is \$20 per person. The meal will be catered by Lucky Larry's Caterers in Wood-Ridge. The menu will consist of mouth watering tender corned beef with flavored potatoes and cabbage.

This will be served with Irish soda bread, rye bread, beer, wine, soda, coffee, tea and dessert is included.

Entertainer Mike Gintella will include in his selections, Irish Songs, Italian Songs and many other familiar standards.

Tickets are available from members of the Knights of Columbus or at the door. PG ###

St. Patrick's **Day Party**

On March 15, 2014, the American Legion Post 310, located at 100 Liberty Street, Little Ferry, will host their annual St. Patrick's Day Party from 6 to 11 p.m.

Cost is \$5 for a delicious corned beef, cabbage and potato dinner, plus dessert. All proceeds to benefit Veterans and children's programs. For more information call 201-641-9774. ###

Erin Go Bragh

is a Gaelic phrase used to express allegiance to Ireland. It is most often translated as "Ireland Forever."

St. Patrick's Day HHJWC **Dinner-Dance**

Get ready! The Knights of Columbus and the Holy Name Society are holding their annual St. Patrick's Day dinnerdance on Saturday March 15, 2014, starting at 6:30 p.m., at St. Joseph's School auditorium, 120 Hoboken Road, East Rutherford.

The best home cooked corned beef and cabbage in town. Dance to DJ music and be entertained by the Davis Academy of Irish Dancers. Bring your own bottle; mixers and beer included in your ticket price.

Tickets are \$25 each. A word of warning, tickets sell out early so if you wish to attend don't wait too long. No tickets will be sold at the door. For tickets or more information contact Joe at 201-842-9262.

They look forward to seeing you on the night when everyone is Irish, so wear your green and come out for a great night. ###

Wacky St. Patrick's **Day Celebrations**

For many, St. Patrick's Day, celebrated on March 17, is a day to celebrate the patron saint of Ireland with some corned beef and a pint of Guinness. But some places have their own peculiar celebrations.

Did you know that the Chicago River is dyed green every year on St. Paddy's Day?

In Hot Springs, Arkansas, you can find the world's shortest St. Patrick's Day parade -- a whopping 98 feet down Bridge Street. Marchers include Irish Elvis impersonators and a middle-age troupe called Lards of the Dance.

Residents of New London, Wisconsin get into the spirit by dressing as leprechauns and changing town signs to say "New Dublin." Green beer and an Irish Elvis -- now that's a celebration! SPM Wire. ###

St. Pat's Party!

Kick off St. Patrick's Day with the Junior Women's Club of Hasbrouck Heights' annual party. Make their party your party and invite your friends.

This year's celebration will take place at the Hasbrouck Heights Elks Club on Saturday, March 8, 2014, at 7 p.m. Ticket price is \$55 per person and includes Irish dinner (corned beef or chicken), beer and wine. Irish Step Dancing, Bagpipers and DJ entertainment will also be provided as well as a fabulous selection of raffle prizes.

Attendees must be 21 or older to attend. All proceeds will benefit Junior Women's Club charities and local scholarships. To purchase tickets, please go to www.hhjuniors. org and or call Cara at 201-288-0479. ###

Sokol Corned Beef & Cabbage **Dinner March 15**

American Sokol Little Ferry will host a corned beef and cabbage dinner on Saturday, March 15, 2014, starting at 6 p.m. at Sokol Hall, Main and Garden Streets, Little Ferry.

Cost is \$20 per person, children \$9 and under 5 free. Menu includes corned beef and cabbage, potatoes, Irish soda bread, dessert, coffee or tea, beer wine or soda. Served family style.

For reservations call Laurie at 201-807-1228 or Blanche at 973-365-1111. ###

Irish Blessing

May the road rise to meet you, *May the wind be always* at your back, May the sun shine warm upon your face, The rains fall soft upon your fields and, Until we meet again. May God hold you in the palm of His hand.

Leprechaun -- a creature in Irish mythology.

In Irish mythology, a leprechaun (Modern Irish: leipreachán) is a type of male faerie said to inhabit the island of Ireland.

Leprechauns and other creatures of Irish mythology are often associated with "faerie forts" or "faerie rings" - often the sites of ancient (Celtic or pre-Celtic) earthworks or drumlins.

They usually take the form of old men who enjoy partaking in mischief.

Their trade is that of a cobbler or shoemaker. They are said to be very rich, having many treasure crocks buried.

Corned Beef & Cabbage Dinner

The Hasbrouck Heights Knights of Columbus will be hosting their Annual Corned Beef and Cabbage Dinner on Sunday, March 16, 2014, from 5 p.m. to 7 p.m., in the Corpus School Christi Cafeteria. Dinner will include soft drinks, coffee, tea and dessert. Hot dogs available.

Cost is \$15 adult, \$5 for **Irish** children and under 5 free.

Event will include a very large Tricky Tray and 50-50 raffle. Call 201-707-3554 for tickets. ###

St. Patrick's Day Party

On March 15, 2014, VFW Post 809, 100 Main Street, Little Ferry will host a St. Patrick's Day dinner starting at 6 p.m. A \$5 donation to help Veterans is how you can get in. Come out and have some corned beef and cabbage. There will be no takeout-plates. Call 201-641-9759 for details. ###

According to legend, if anyone keeps an eye fixed upon one, he cannot escape, but the moment the eye is withdrawn he vanishes.

> Leprechauns rarely appear in what would be classed as a folk tale; in almost all cases the interest of these stories centers around a human hero.

> > Stories about leprechauns are very brief and have local names and scenery attached to them.

In most tales and stories, leprechauns are depicted as harmless creatures who enjoy solitude and live in remote locations, although opinion is divided as to if they ever enjoy the company of other spirits.

Although rarely seen in social situations, leprechauns are supposedly very well spoken and, if ever spoken to, could make good conversation.

The modern image of the leprechaun is depicted wearing an emerald green frock coat, and bestowed with the knowledge of the location of buried treasure, often in a crock of gold. ###

Dancing

On Wednesday, March 5, 2014, from 7-8 p.m. The Carlstadt Public Library will host "Irish Dancing! by Ridgewood Irish Dance School."

Celebrate St. Patrick's Day by attending a performance of traditional Irish dancing! RID Family Boosters sponsors this event, which will feature the talented dancers from Ridgewood Irish Dance School.

Refreshments will be served, and all are welcome to attend! For more info go to: http://carlstadt.bccls.org/adults. shtml. ###

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Feast of St. Joseph

St. Joseph Table will be held on Saturday, March 15, 2014, at 6 p.m.

On Wednesday, March 19, 2014, at 7:30 p.m., St. Joseph Parish in Lodi will be honoring the Feast of Patron Saint, St. Joseph, with a bi-lingual Italian-American Solemn Mass. All are invited to join in this celebration. ###

Dinner and Fashion Show April 7

The VFW District 2 Ladies Auxiliary will hold their Annual Dinner and Fashion Show on Monday, April 7, 2014, at the Fiesta, Route 17 South, Wood-Ridge, starting at 7 p.m.

Tickets are \$30 and include choice of beef, chicken and fish entrees. Fashions provided by the Dress Barn in Hackensack.

The public is invited. For reservations and tickets, please call Louise at 201-797-8759. ###

Roast Pork Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, March 11, 2014, in the Community Hall, Third Street, Carlstadt.

Roast Pork dinners will be served from 11:30 a.m. to 1 p.m. Donation is \$8 for adults and \$5 for children/students. For take out orders call 201-438-5526. ###

Tricky Tray March 7

The annual Hasbrouck Heights MS/HS PTSA Tricky Tray is Friday, March 7, 2014, from 7 to 11 p.m., at the Hasbrouck Heights Holiday Inn. Doors open at 6 p.m.

Cost is \$38 per person (no one under 21). Price includes: appetizers, dinner, soda, coffee, dessert and one sheet of white tickets. Cash bar.

Call Francine at 201-638-9504 or Lisa at 201-906-9222 for more information and tickets. ###

Dinner and Fashion Show

Carlstadt Mixed Chorus presents the Annual Dinner and Fashion Show at the Fiesta, Rt. 17 South in Wood-Ridge, on March 3, 2014, at 6:30 p.m. Donation \$40. Fashions presented by The Fig Leaf, Maywood, NJ.

For reservations call Maryetta at 973-777-6677. ###

PBA Beefsteak Tricky Tray

Wood-Ridge PBA Local #313 is hosting a Beefsteak Dinner and Tricky Tray on Saturday, March 22, 2014, from 6:30 to 11 p.m., at the **Fiesta.**

There will be prizes and 50/50. Cost is \$50 per person. No tickets will be sold at the door. For tickets call 201-939-0476. ###

Scouting for Food

Troop 17 and Cub Pack 17 of Hasbrouck Heights will be taking part in the National Scouting program of Scouting For Food on Saturday, March 15, 2014 from 9 a.m. until noon.

Scouts will be coming around to collect donated food and non-perishable items for the local food bank.

Please leave items in shopping bags on front steps of your homes. Bags may also be brought to the Hasbrouck Heights Food Bank.

This program provides community service within our own neighborhood and is part of the Good Turn for America, "helping others at all times" program. ###

Carlstadt/ER Lions Pancake Breakfast March 2

Carlstadt/East Rutherford Lions Club will hold its Annual Pancake Breakfast event on March 2, 2014, from 8 a.m. to noon at the the East Rutherford Civic Center, Vreeland Avenue, East Rutherford.

Price per ticket for an adult is \$5 and children under 5 are free. For tickets call 201-306-0987. Walk-ins are welcome.

The Carlstadt/East Rutherford Lions Club meets on the first and third Wednesday of the month at the Park Tavern Restaurant on Park Avenue in East Rutherford. Meeting time is 6 p.m. and held over dinner. New members are always welcome. ###

Bunco Night

The Woman's Club of Carlstadt is holding a Bunco Night on Friday, March 21, 2014, from 7 p.m. to 11 p.m. The evening of fun will be held at the First Presbyterian Church's Community Hall located on Third Street in Carlstadt.

Tickets are \$10; in addition, each participant must bring an unwrapped gift item worth \$10 (gift cards welcome). Everyone will go home with a gift. Knowledge of the game is not necessary. Seats are limited. Contact Dee McGuire at 201-939-5163 for tickets. ###

Lodi Little League Pancake Breakfast and Mini-Tricky Tray

The Lodi Little League will host its annual Pancake Breakfast on Sunday, May 4, 2014, from 8 a.m. to noon at the Lodi High School Cafeteria. Pancakes, eggs, sausage, coffee, tea and juice will be served. Cooking will be done by the Lodi Moose Lodge No. 1971. A mini-Tricky Tray will also be included.

Donation is \$5 and will support the two Annual High School Scholarships awarded by the Little League each year. Questions can be directed to 973-591-1137. ###

Trip to Mt. Airy Lodge & Casino

Enjoy a day at the beautiful Mt. Airy Lodge & Casino on Monday, March 3, 2014. The bus will leave from in front of MSH Church at 9 a.m. sharp, returning at approximately 5:30 p.m. The price of \$33 includes bus transportation, a \$25 free slots play, and a \$10. food voucher.

Payment is due when the reservation is booked. Checks should be made payable to "MSH Rosary Confraternity," placed with the reservation form in an envelope marked "Mt. Airy Trip," and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington 07057.

Note: Guests must present valid state or federal issued photo id in order to obtain their Mt. Airy Players Club Card or any motor coach incentive.

For information, call Ginny at 201-715-2087. ###

Pancake Breakfast

Knights of Columbus #286, 39 Washington Street, Lodi, is sponsoring a Pancake Breakfast every second Sunday of the month from 8 a.m. to noon.

Donation is \$6 per person and kids under 8 years old are free. ###

Bockbeer Fest March 29

Carlstadt Turn Hall, 500 Broad Street, Carlstadt, NJ, celebrates BOCKBEER FEST Saturday, March 29, 2014, from 7:30 p.m. to 11:30 p.m.

Donation of \$35 pp includes live music by Bernie's Orchestra, food and drink, coffee and cake.

For reservation call: 973-777-6677 or 201-652-0968. ###

Just Desserts

Come join The Friends of The Library and the HH Garden Club on Sunday, May 4, 2014, from 7 - 9 p.m., for "some delicious desserts." Tickets will be available at The Hasbrouck Heights Library for \$12 per person. Children must be accompanied by adults. The event will be held in The Library on the second floor. ###

Casino Bus Trip

The VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$30; it includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games and prizes and a movie make the travel time pass quickly. Call Mel at 201-933-9937 or the Post for more information at 201-288-1112. ###

Grocery Bingo

The VFW Post 809 Ladies Auxiliary will host a Grocery Bingo on March 23, 2014. It will begin at 6:30 p.m. The entrance fee is \$10 and held at the Post, 100 Main Street, Little Ferry. Call 201-641-9759 for details. ###

Flea Market Apr. 12

VFW Post 809, 100 Main Street, Little Ferry will host an Easter Egg Hunt and a Flea Market on April 12, 2014. If you want a table outside the cost is \$20, inside is \$25. All these events are at the address above. Call 201-641-9759 for details. ###

Shrove Tuesday Pancake Supper

The First Presbyterian Church of Moonachie, located at 221 Moonachie Road, is hosting a pancake supper from 5 to 7 p.m., on March 4, 2014.

Admission is \$8 for adults, \$5 for children and under 12 free. For more information call 201-933-8045. ###

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FREE Pancake Day March 4 - Ask for details

"Spring Forward" March 9

Daylight Saving Time will commence on the second Sunday in March and end on the first Sunday in November.

At 2 a.m., on March 9, 2014, clocks should be set forward one hour ahead of standard time (spring forward).

Daylight Saving Time allows us to use less energy in lighting our homes by taking advantage of the longer and later daylight hours.

Daylight Saving Time was instituted in the United States during World War I in order to save energy for war production by taking advantage of the later hours of daylight between April and October.

During World War II, the federal government again required the states to observe the time change. Between the wars and after World War II, states and communities chose whether or not to observe Daylight Saving Time.

In 1966, Congress passed the Uniform Time Act which standardized the length of Daylight Saving Time.

Daylight Saving Time is four weeks longer since 2007 due to the passage of the Energy Policy Act in 2005.

The Act extended Daylight Saving Time by four weeks from the second Sunday of March to the first Sunday of November, with the hope that it would save 10,000 barrels of oil each day through reduced use of power by businesses during daylight hours.

Unfortunately, it is exceedingly difficult to determine energy savings from Daylight Saving Time and based on a variety of factors, it is possible

that little or no energy is saved by Daylight Saving Time.

The idea of daylight saving was first conceived by Benjamin Franklin in 1784.

A study by the U.S. Law Enforcement Assistance Administration found that crime was consistently less during periods of Daylight Saving Time than during comparable standard time periods. Data showed violent crime down 10 to 13 percent. It is clear that for most crimes where darkness is a factor, such as muggings, there are many more incidents after dusk than before dawn, so light in the evening is most welcome. ###

Online calendars can help your computer update automatically. When it's time to spring forward or fall back, many people just change their clocks before going to bed, or reset them in the morning when they wake up, rather than changing the clocks exactly at 2:00 in the morning.

Be careful when changing your clocks before bed, though - some clocks are smart enough to change the time automatically for DST. If you change the time manually, you may end up an hour off. ###

The Jesus Story

Twenty-four years ago a small group of Christians dramatized the passion of Christ through the presentation of a play titled "The Jesus Story" at Bible Baptist Church in Hasbrouck Heights, New Jersey.

The play started out in the small Church sanctuary, which it quickly outgrew. An addition was built to accommodate all who came to see. Props and actors, singers and dancers were added to the play as it drew more and more people each year. It wasn't long after its construction that they outgrew the addition as well.

The Church prayed as what to do and God answered the prayer by having the Community Affairs Department of Felician College partner with Bible Baptist by offering the Breslin Theater to this growing ministry.

"The Jesus Story" has become the largest outreach ministry of Bible Baptist Church and has grown to perform annually to crowds numbering over 8,000.

The entire production task force has grown to over 100 committed Christian volunteers who use their God given gifts to share God's message of Salvation.

"The Jesus Story" is a musical drama that has changed the lives of people by crossing denominational barriers and reminding us of the love and concern God has for each of us.

In the New Testament book of 1 Corinthians 13:8, Paul tells us that "Love never fails." How great it is to know that our Lord did not fail us. Jesus came, as God's perfect sacrifice so that we may live forever.

The purpose of this play has not been to entertain, but to present a clear picture of the Gospel (the Good News of salvation through Jesus Christ) to a lost and dying world. John 3:16 tells us, "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him will not perish, but have everlasting life."

Bible Baptist Church will continue what began twentyfour years ago by presenting the 25th Anniversary Performance of "The Jesus Story."

Performances have been scheduled at Felician College's Breslin Theater, 262 S. Main St. Lodi, NJ.

The dates are: Saturday and Sunday, April 5, 6 at 4 p.m.; Friday, April 11 at 8 p.m.; Saturday and Sunday, April 12, 13 at 4 p.m.; Thursday and Friday, April 17, 18 at 8 p.m.

For more information visit www.Biblebaptist.net or call 201-288-4139 ext. 2. ###

March Flower Daffodil

Beware the Ides of March

Those familiar with history or William Shakespeare's play "Julius Caesar," recognize the reference to March 15, the day of Julius Caesar's assassination in 44 B.C. after declaring himself dictator of Rome for life.

"Beware the Ides of March" is the soothsayer's message to Julius Caesar, warning of his death and has forever imbued that date with a sense of foreboding.

After Caesar's untimely exit, superstitious Romans may well have avoided launching a business, marriage or other important venture on a date so cloaked in doom it eventually entered the lexicon as a metaphor for impending catastrophe.

But in Roman times the expression "Ides of March" did not necessarily evoke a dark

mood—it was simply the standard way of saying "March 15."

A Roman saying, "four Ides," (meaning four days before Ides), would be just as clear to other Romans as someone saying March 11.

For ancient Romans, an Ides was merely one of several common calendar terms used to mark monthly lunar events. The Ides simply marked the appearance of the full moon.

Each month has an Ides (usually the 15th) and this date wasn't significant in being associated with bad luck or doom. ###

March Birthstone
Aquamarine or
Bloodstone
(Heliotrope)







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Chamber/Garden Club Boulevard in Bloom

Help Keep the Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for the past 10 years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the Hasbrouck Heights Garden Club, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting will be done by the Garden Club at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season. After the summer, the DPW will collect the flower pots and store them

for the winter.

The Beta Club from the Hasbrouck Heights Middle School will lend a hand overseeing and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604.

Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

Things to Do in Your Garden

- Remove winter mulches
- Clean up the garden/weed
- Have soil tests run
- Improve soil with organic matter and pre-plant incorporation of fertilizer
 - Rake & aerate lawn
 - Apply lime if needed
- Reset perennials that have frost-heaved
- Start vegetables and flowers from seed
- Sow seeds outdoors of hardy annuals, such as poppies and cornflower
- Plant sweet peas and garden peas on St. Patrick's Day, if soil is workable
- Plant cold-tolerant vegetables such as onions and peas (mid to late month)

- · Look for and remove cedar apple rust galls on Eastern red cedar
- Plant or transplant trees and shrubs when soil is work-
- Fertilize trees and shrubs (late)
- Prune trees, shrubs that do not flower in spring (unless renovation pruning)
- Clean out all of your birdhouses now, so that they will be ready when the birds return.
- Repair any fencing, arbors, or trelliswork that is weak or has broken over the winter.
- Check the plants under the eaves of the house and under tall evergreens to see that they have sufficient moisture. ###

N.Y. Star Barber Shop 440-1A Boulevard • Hasbrouck Heights • 201-257-8836 Across from Dunkin Donuts All Styles of Haircuts

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Safeguard Your Home HH Garden

BCUA Collects Household Hazardous Waste

While most people are interested in safeguarding their homes, many dangerous and environmentally unsafe materials gather dust in garages and basements, such as batteries, paints, and insecticides.

Hazardous waste can safely be removed from homes and be recycled or disposed of properly at the Bergen County Utilities Authority (BCUA) Household Hazardous Waste Collections.

BCUA will collect household hazardous waste on Saturday, March 8, 2014, from 9 a.m. to 3 p.m., at the BCUA (foot of Empire Boulevard) in Moonachie -- rain or shine. This service is free of charge for Bergen County residents -- ID is required.

A partial list of acceptable materials for collection includes: aerosol cans, antifreeze, batteries, blacktop sealers, disinfectants, fertilizer, fire extinguishers, herbicides, insecticides, mercury switches, paints, pesticides, propane gas cylinders (1 lb. & 20 lb. only), solvents and thinners, used motor oil, varnishes.

A partial list of unacceptable materials includes: unlabeled wastes or containers with unknown contents, regulated medical wastes, radioactive materials and explosives, containers larger than five gallons, compressed cylinders (oxygen or acetylene), pressure treated lumber or railroad ties, computers, electronics and tires.

For detailed information log onto www.bcua.org or call 201-807-5825.

(Businesses must pre-register prior to attending BCUA sponsored collection events. A disposal fee will be charged and collected. Call 201-807-8696 for details.) ###

National Poison Prevention Week

Carlstadt Public Safety children. officials remind area residents to observe National Poison Prevention Week, March 16-22, 2014, which is designated to highlight the dangers of poisonings and how to prevent them.

Most poisonings occur when parents or caregivers are home, but not paying attention.

The most dangerous potential poisons are medicines, cleaning products, antifreeze, windshield wiper fluid, pesticides, furniture polish, gasoline, kerosene and lamp oil.

• Store medicine, cleaners, paints/varnishes and pesticides in their original packaging in locked cabinets or containers, out of sight and reach of

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- Install a safety latch that locks when you close the door - on child-accessible cabinets containing harmful products.
- Purchase and keep all medicines in containers with safety caps. Discard unused medication.
- as "candy" or another appealing name. • Check the label each time

• Never refer to medicine

- you give a child medicine to ensure proper dosage. • Never place poisonous
- products in food or drink con-• Maintain working smoke

and carbon monoxide detec-

Treatment: If your child is unconscious, not breathing, or having convulsions or seizures due to poison, contact or ingestion, call 911. If your child has come in contact with poison, and has mild or no symptoms, call your poison control center at 1-800-222-1222. ###

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Club News

In collaboration with The Hasbrouck Heights Library, the Garden Club welcomes Bruce Crawford on Thursday, March 20, 2014, with a program for both adults and children.

Mr. Crawford, Director of Rutgers Garden has been a frequent guest to the meetings. You do not have to be a member of the Garden Club to attend.

Spring is a time when both adults and children are eager to get out into the garden. Bruce will provide a snapshot of how our trees and shrubs awaken in spring.

He will than give a hands on demonstration on how to properly sow your vegetable seeds and how best to care for the plants once they have germinated.

For children, a guardian or parent needs to assist their child with the planting tasks. Everyone will leave with a better understanding of plants and containers planted with vegetable seeds.

The meeting will be held at 320 Boulevard on the second floor in The Library Meeting Room. There is ample parking, an elevator and meetings are over by 8:45 p.m. Registration is required. You can visit The Library or call at 201-288-0488 or visit on line at http://hasbrouckheights.bccls.org and go to the calendar.

The Club always welcomes guests to their meetings. Bring a friend. For more information call Judy at 201-288-2615. ###

Full Worm Moon

The March full moon will appear on Sunday, March 16, 2014, at 1:10 p.m. It is called the "Full Worm Moon."

According to the Farmer's Almanac, as the temperature begins to warm and the ground begins to thaw, earthworm casts appear, heralding the return of the robins.

Northern tribes also referred to this Moon as the "Full Crow Moon" when the cawing of crows signaled the end of winter; or the "Full Crust Moon," because the snow cover becomes crusted from thawing by day and freezing at night.

The "Full Sap Moon" marks the time of tapping maple trees in another variation. To settlers, it was also known as the "Lenten Moon" and was considered the last full moon of winter.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Postcard & Paper Ephemera Show

The Community Chest of Rutherford announced the 12th annual Postcard and Paper Ephemera Show and Sale will be held on March 23, 2014 at 55 Kip Center, 55 Kip Avenue, Rutherford, NJ. For more information call Virginia at 201-939-8782.

The event benefits Rutherford Boy and Girl Scouts, Bridge Builders, Rutherford Community Food Pantry, Rutherford Social Services, Meadowlands Museum, Starfish of Rutherford, etc. ###

Created Equal: America's Civil Rights Struggle

The Newark Museum and the Rutgers Institute on Ethnicity, Culture and the Modern Experience will present Created Equal: America's Civil Rights Struggle, A Festival of Film and Community Conversation on April 10; June 25; and October 1, 8, and 15 to celebrate historic anniversaries in the long civil rights movement and encourage public conversations about the changing meanings of freedom and equality in America.

For further information, visit www.newarkmuseum.org.

The Newark Museum is one of 473 institutions across the country awarded a set of four films chronicling the history of the civil rights movement.

The documentaries — "Slavery by Another Name," "The Loving Story," "Freedom Riders" and "The Abolitionists" — present an opportunity for people of diverse backgrounds to come together to mark the 150th anniversary of the Emancipation Proclamation.

To encourage dialogue within the community, the Newark Museum will host nationally recognized scholars and filmmakers to lead conversations following each screening

Each of the films was produced with NEH support, and each tells the stories of individuals who challenged the social and legal status quo of deeply rooted institutions, from slavery to segregation.

Created Equal programs bring communities together to revisit a shared history and help bridge deep racial and cultural divides in American civic life. Visit www.neh.gov/createdequal for more information.

The Newark Museum is located at 49 Washington Street, Newark. For general information, call 973-596-6550 or visit: http://www.NewarkMuseum.org ###

Mozartean Echoes: An Orchestral Showcase

The Adelphi Chamber Orchestra (ACO) continues its celebration of its 60th anniversary season with a concert titled Mozartean Echoes: An Orchestral Showcase conducted by Grammy Award Winning Conductor Eric Dudley.

The program is Mozart's Overture to Don Giovanni and Divertimento for Strings in F major, K 138.

Also on the program is Tchaikovsky's Suite for Orchestra No. 4 in G major, Op. 61 Mozartiana and Straus's Serenade for Winds in E flat major, Op. 7.

The Concert starts at 4 p.m. on Sunday, March 23, 2014, at the River Dell Regional High School, 55 Pyle Avenue, Oradell, NJ.

Admission is free with a suggested tax-deductible donation of \$20. All donations received prior to March 17 will be listed in the concert program.

For more information call 201-477-0406 or go to: www. aconj.org ###

Carlstadt Historical Society

The Carlstadt Historical Society, Inc. meets the third Wednesday of each month at 7 p.m. at the Carlstadt Community Center on Fourth Street, Carlstadt.

Prospective members are always welcome as well as members of The Little Ferry Historical Society.

Exhibits of new acquisitions from the Museum will be on display as well as articles from 1914 newspapers concerning Carlstadt life.

The film "Alan Pinkerton, America's First Detective" will be the program on Wednesday, March 19.

The Carlstadt Historical Society Museum is located in the "circa 1919" former Firehouse on Sixth and Division.

It is open on the last Sunday of each month from 2 to 4 p.m. and to groups by appointment. It houses an interesting collection of Carlstadt related exhibits.

For more information contact Arlene Kretz, Borough Historian c/o Carlstadt Borough Hall, 500 Madison Street, Carlstadt, NJ 07072-1549. ###

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AHOF Open Cockpit Weekend

On Saturday, March 29 and Sunday March 30, 2014, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

- The featured aircraft is the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack aircraft designed for battlefield surveillance and light strike capabilities. It is of twin turboprop configuration, and carried two crewmenbers with side by side seating.
- A Cobra Gunship Helicopter was recently outfitted with sound to enhance the "pilot" experience.
- Additional aircraft include a one-of-a-kind 1950 Martin 202 airliner and a rare Lockheed-designed 402-2 Bush Master.
- Plus, a "Little-Cut-Up" demonstrator with working controls
- People, young and old can learn how the flight systems work. Qualified pilots will help guests understand the instruments and controls of these special aircraft.
- The control cab of an Airport Rescue and Fire-Fighting truck will also be open.

Admission: Adults \$8, children (under 12) and seniors \$6. Pay one admission -- covers both days.

For more information, call 201-288-6344 or visit their website at: www.njahof.org

The museum is open Tuesday through Sunday from 10 a.m. to 4 p.m. Group tours, birthday parties and Dare-to-Fly Programs are available.

Founded in 1972, the Aviation Hall of Fame and Museum of New Jersey is dedicated to the preservation of the Garden State's distinguished, two-century aviation and space heritage.

The men and women, whose outstanding aeronautical achievements have brought worldwide recognition to the state, are enshrined in the Hall of Fame. ###



Model Trains March Displays

The excitement and romance of railroads comes alive in Carlstadt with almost 4,000 square feet of train layouts in realistic scenic dioramas.

"O" Scale layout is 40 feet x 70 feet with almost 20 scale miles of train track. The "HO" scale layout is about 30 feet x 45 feet.

The New York Society of Model Engineers 88th Anniversary Exhibition is located at 341 Hoboken Road, Carlstadt.

It will be open weekends: March 7, 8, 9; March 14, 15, 16 and March 21, 22, and 23, 2014. Hours are: Fridays from 7 to 10 p.m.; Saturdays and Sundays, 1 to 6 p.m. Admission is \$5 for adults and \$1 for children. For more information call 201-939-9212 or go to: www.ModelEngineers.org ###

W-R Lions Pancake Breakfast

The Wood-Ridge Lions Club will hold their annual pancake breakfast on Palm Sunday, April 13, 2014, at the High School All Purpose Room. This is the longest running event of this type in the community. Come out and meet your neighbors and "kick off" spring in Wood-Ridge.

You will enjoy your breakfast of orange juice, hot buttered pancakes (with fruit toppings and syrup), sausage, and plenty of coffee or tea. The breakfast begins at 8 a.m. and runs though noon.

Tickets are \$4 each (children under 3 are free) and may be purchased from any Club member or at the door. ###

Yield to Pedestrians



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Czech Pork Dinner May 18

American Sokol in Little Ferry will host a Czech Pork Dinner on Sunday, May 18, 2014, from noon to 1:30 p.m. Take out available starting at 11:30 a.m.

Menu includes roasted pork, dumplings, sauerkraut, applesauce, homemade cake, bread and butter, and coffee or tea. Beer, wine or soda included.

Tickets are \$20 adults, \$18 members and \$9 children. Reservations only -- no donations will be accepted at the door. For tickets, call Blanche at 973-365-1111 before May 9, 2013. ###

FOCAS Holds Flea Market

FOCAS kicks-off its 2014 Flea Market season, Saturday, March 22, and Sunday, March 23, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (Not accepted are TVs, PC monitors, exercise equipment, *clothes or magazines.)*

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@ focasnews.org, or visit www. focasnews.org ###



Copy for the **April Issue** is due March 7th.

Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

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Ziti Dinner Night Lodi HS Band March 12

The Lodi High School Band will be hosting a Ziti Dinner Night, featuring Karaoke! The event will take place on Wednesday, March 12, 2014, from 6:30-9 p.m., at the Lodi High School Cafeteria.

The menu will include pasta and salad prepared by the Lodi Moose, as well as beverages and dessert. Tickets are \$8. A gift card raffle will also be held. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext. 40. Tickets may also be purchased at the door. All proceeds will benefit the music scholarship

Passion Among the Clutter

A MOPS (Mothers of Preschoolers) group is a special place you can come, just as you are, to be refreshed and inspired.

Hasbrouck Heights MOPS invites all Moms-to-be and Moms with children through Kindergarten age to "Passion Among the Clutter" Thursday, March 27, 2014, at 7 p.m. at Bible Baptist Church, 31 Passaic Ave, Hasbrouck Heights.

Free MOPPETS childcare provided by reservation only. For more info and calendar of events, please contact: hasbrouckhtsmops@gmail.com or 862-239-MOPS. ###

Rutherford Taxpayers Association

The Rutherford Taxpapyers Association (RTA) holds monthly meetings at Rutherford Borough Hall on the first Wednesday of each month at 7:30 p.m. The RTA presents information in a non-political form through monthly meetings and newsletters. Open forums are frequently held on topics of local interest.

Membership is \$10 per year and is open to all Rutherford residents and property owners regardless of political affiliation. Send check to RTA, PO Box 361, Rutherford, NJ 07070 ###

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Beefsteak

The Lodi High School Band will be hosting a Beefsteak on Thursday, May 8, 2014, from 6-9 p.m., at the Lodi High School Cafeteria.

In addition to a full beefsteak dinner, the evening will feature performances by professional jazz musicians, accompanied by members of the Lodi High School Jazz Band. Tickets are \$35. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext.40. All proceeds will benefit the music scholarship fund. ###

W-R: Reflection of a Small Neighborhood Community with Big **Old-fashioned Values**

Wood-Ridge has grown and made many improvements over the 14 years my family and I moved to Madison Street.

We have a new middle school, Wesmont Station, new recreational areas, newly paved roads, sidewalks and tree-lined streets.

All the things people look for when researching a new neighborhood for their family.

It wasn't until June, 2013, when my husband passed away suddenly, that I experienced another quality of Wood-Ridge: our residents' immeasurable compassion for a neighbor in need.

My neighbors have come out and have been a team of silent helpers and a great support network. My lawn was mowed for months until I finally got a landscaper, my snow is cleared, packages accepted when I'm not home, gifts of fresh tomatoes, basil and zucchini were received, and my trash is taken out/in when I frequently forget. My dog even gets some treats and regular visitors. I know who some of my silent helpers are, but not all.

Wood-Ridge is a rare community of people really caring for each other. I wouldn't trade this community and its values for anywhere else. I've received an overwhelming amount of emotional and manual support. As most of you who knew Ray, Ray took care of everything for me. I just wanted to extend my gratitude to my neighbors on Madison Street and Anderson, to local police and firemen who have all been here to help me during this difficult time.

THANK YOU from the bottom of my heart. Words are not enough to extend my gratitude. I couldn't ask for better neighbors and I'm very proud to call Wood-Ridge my home. Submitted by: Diane Pattin. ###

Day at the Beach Tricky Tray

Rutherford's St. Mary High School PTO will be holding their 2014 Annual Tricky Tray on Friday, April 11, 2014.

This year's event, "A Day at the Beach Tricky Tray" will be held at the St. Mary High School gymnasium, 64 Chestnut Street, Rutherford, NJ 07070.

The entrance fee is \$15. Refreshments can be purchased. Doors open at 6 p.m. For tickets, please call Joanie at 201-394-8676 or emailsmhspres@ verizon.net. No tickets will be available at the door.

Any donations toward the prize pool are greatly appreciated. These donations may be dropped off at the Main Office at St. Mary High School; or items can be arranged for pick up at your convenience (phone number listed above). ###

Garummage Sale April 5

The First United Methodist Church, in Hasbrouck Heights, will hold its annual Garummage Sale on Saturday, April 5, 2014, from 9 a.m. to 2 p.m. (rain or shine.)

There will be a huge selection of household items, indoor and outdoor toys, jewelry, collectibles, electronics, etc.

The Church is located at the corner of Division and Burton Avenue in Hasbrouck Heights.

For further information please contact the Church office 201-288-4636 from 8:30 a.m. to 12:30 p.m. ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it.

Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information.

Send these details at least 45 days prior to the event to: info@hasbrouck-heights.net or drop them off at: The Gazette Newspaper, 343 Boulevard, Hasbrouck Heights, NJ 07604.

RECYCLE

SAVES your town the cost of waste disposal. **EARNS** your town income by sale of recycled materials.

ICHS Hosts"A Taste Of...2014" April 10

The Alumnae Association of Immaculate Conception High School in Lodi is sponsoring "A Taste Of...2014" culinary event where local restaurants and bakeries provide samplings of their signature dishes and delicious desserts, on Thursday, April 10, 2014, in the high school cafeteria. Tickets are now on sale.

To compliment the evening gift certificates from many local restaurants and themed gift baskets will be raffled, and silent auction items will be available to bid on. Tickets are \$30. Reserved table of 10 is \$250. Special advertising and sponsorship opportunities

For more information call Nadine Mooers, Director of Institutional Advancement at 973-472-7231. ###

Hasbrouck Heights 6th Annual Street Fair May 18

The Hasbrouck Heights Mayor's Business Community Committee announced the 6th Annual Street Fair is scheduled for Sunday, May 18, 2014 from 10 a.m. to 5 p.m. along The Boulevard, rain or shine.

Attractions include concerts, children's entertainment, street performers, fun foods, rides, craft, antique and specialty vendors.

They are seeking additional craft, antique dealers and specialty/collectibles vendors.

The Hasbrouck Heights Street Fair is rapidly developing into one of the premier events in New Jersey.

The committee welcomes sponsor commitments. Those seeking sponsorship to this spectacular regional street fair should call 201-288-0195, 201-460-8335 or email info@cliffhangerproductions.com. ###

Toastmasters Meet Saturday Mornings

Learning to speak in public has now been made easy! The Toastmasters Club which meets in Rutherford has scheduled a weekly program for 2014 which provides "hands on" public speaking and leadership training to anyone interested in improving themselves.

The Fairleigh Early Birds Toastmasters Club meets every Saturday morning at 9:30 to 11:30 a.m. at The Rutherford Library downstairs auditorium. All are invited to attend. Simply stop in as a guest! For more information go to:www.feb-tm. org ###

Curb Your Dog

The Chaperone

On Wednesday, March 12, 2014, from 7-8 p.m, The Carlstadt Public Library will hold its monthly Book Discussion Group meeting. This month they will discuss "The Chaperone" by Laura Moriarty.

Accompanying a future famous actress from her Wichita home to New York, chaperone Cora Carlisle shares a lifechanging five-week period with her ambitious teenage charge during which she discovers the promise of the 20th century and her own purpose in life. Refreshments will be served. All are welcome to attend!

Call 201-438-8866 for more information or check www.carlstadt.bccls.org. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

Goin' Over

The Lodi Memorial Library presents local author, Joe Dell, on Thursday, March 6, 2014, from 6 to 7:30 p.m.

Mr. Dell will be discussing his new book, "Goin' Over" which takes place in Lodi and the surrounding areas. Mr. Dell was born and raised in Lodi.

He is looking forward to talking about his book, life experiences and answering questions that people have for him. ###

The Oranges

On Tuesday, March 25, 2014, at 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of "The Oranges," starring Hugh Laurie. The film will be shown in The Rutherford Library Auditorium. ###

March Movies at Lodi Library

Lodi Library presents free movies on Wednesdays starting at 1:30 p.m.:

- March 5 "Nebraska"
- Dark World"
- March 19 "The Grandmaster"
- March 26 "Mandela: Long Walk to Freedom"

For more information, visit http://lodi.bccls.org/movieevents.html or call 973-365-4044. ###

AARP Collects Cancelled Stamps

The AARP Chapter 418 collects cancelled stamps, trimmed to ¼ inch around the stamps. Drop off or send to: The Gazette Newspaper, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

Resume Writing Workshop

On Tuesday, March 18, 2014, at 7 p.m., join Paula Rueger, Certified Professional Resume Writer and owner of Get to Work Resumes at The Rutherford Public Library for a look at how to create a strong, dynamic resume that will support you in your career goals and prepare you for the next great opportunity!

The workshop will be held in The Library Auditorium. To register, please call 201-939-8600, ext. 7 or e-mail rutherfordpubliclibrary@gmail.com

Basic ESL Classes

The Rutherford Public Library is offering adult students free classroom instruction of Basic English as a Second Language taught by a certified ESL instructor.

The classes are intended for beginner to intermediate level students. Evening classes are being held on Monday and Wednesday evenings from 6 – 7:30 p.m.; the course will run through June 18, 2014.

Morning classes are being held on Tuesday and Thursday mornings from 10:00 – 11:30 a.m.; the course will run through June 19. Class size is limited and in-person registration is required. Students may select either morning or evening classes and may register at the Reference Desk during regular Library hours. ###

English Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library on Mondays from 10:00-11:30 a.m. and on Thursdays from 2:00-3:30 p.m.

The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. No registration • March 12 "Thor: The is required. For information, please call 201-939-8600, ext.

Free Access

Whether you are a job seeker looking for resources to land a new job, a parent looking for free activities for children or a student searching for your next favorite book, you are welcome at your Library.

Your library card gives you access to nearly everything online and in print. They provide personal assistance to help locate the information you need and offer a variety of programs. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, March 12, 2014, at 6:30 p.m., to discuss "Gone Girl" by Gillian Flynn.

The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the books are available at the Circulation Desk. For more information, please e-mail Peg Mellett at mellett@bccls.org ###

Crocheting Club

Bring your crocheting or knitting and join in the fun!

This club meets in The Carlstadt Public Library meeting room on the 1st and 3rd Thursdays of every month from 7-8 p.m. Only crocheting help is available at this time for those who need assistance. Please call 201-438-8866 ext. 204 to register, or email: carlref@bccls.org. Anyone with a valid library card is welcome to attend! ###

In the Time of Butterflies

On Monday, March 17, 2014, at 6:30 p.m., the Monday Evening Book Group will meet to discuss "In the Time of Butterflies" by Julia Alvarez. Copies of the books are available at the Circulation Desk. The meeting will be held in the Glass Room on the main floor of The Rutherford Library. ###

Peace Like a River

On Friday, March 28, 2014, at 1:30 p.m., the Daytime Reading Group will meet at the 55 Kip Center to discuss "Peace Like a River" by Leif Enger. Copies of the books are available at the Circulation Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford.

Drive Responsibly

Computer Classes at HH Library

The Hasbrouck Heights Free Public Library is offering Saturday computer training classes for beginners in Microsoft Office 2010 for Excel, PowerPoint, and Computer Basics.

Each class meets for two (2) hour sessions from 10 a.m. to noon in The Library.

A \$40 refundable deposit is required. Due to limited seating, pre-registration is required. Some classes have prerequisites.

For details, please call 201-288-0488 or visit http:// hasbrouckheights.bccls.org/

The 2014 Spring schedule is as follows:

- March 1 and 8: Knowing More—MS PowerPoint 2010
- March 22 and 29: Computer Basics
- April 5 and 12: Introduction to MS Excel 2010
- April 26 & May 3: Knowing More—MS Excel 2010
- May 10 and 17: Introduction to MS PowerPoint 2010
- May 31 and June 7: Knowing More—MS Power-Point 2010 ###

E-Magazines now online

Rutherford Public Library is now offering patrons free online access to e-magazines.

The service, called Zinio, is available to Library patrons who have a Rutherford Public Library card and a computer, tablet, or smart phone.

With 100 popular titles to choose from, patrons can either download the magazines onto a computer or read them using the Zinio app on a mobile device.

Best of all, there are no checkout periods, no holds, and no limit to the number of magazines that can be downloaded! Back issues are also available.

The digital magazines appear in full color and are interactive. Sample titles include Bloomberg Business Week, Car and Driver, Every Day with Rachael Ray, Esquire, Family Circle and more. Visit www.rutherforlibrary.org to get started! ###

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Cell: 201-739-9878 E-Mail:DRZACHO@MSN.COM

Computer Classes at Lodi Library

Lodi Library offers free, small group computer classes for Lodi residents on Tuesday afternoons from 1 p.m.-2:30 p.m. The March 2014 classes

- Computer Basics March
- Internet Basics March 11
- Introduction to Microsoft Word 2010 - March 18
- Introduction to Microsoft Excel 2010 March 25

Registration and payment of a \$5 refundable deposit per class is required. For more information, visit lodi.bccls.org or call 973-365-4044. ###

Computer Classes at Carlstadt Library

Computer classes are back! All sessions give you hands-on experience with a computer, Each session is limited to six students. You must have a Library card to register. Preference given to Carlstadt residents. They reserve the right to cancel registrations for any students that consistently miss classes without notification of at least 24 hours in advance. The following schedule applies, if there is at least one Carlstadt student in attendance.

- Intro to the Computer: March 4, 2:30-4 p.m. and March 19, 6:30-8 p.m.
- Intro to the Internet: March 26, 6:30-8 p.m. and April 1, 2:30-4 p.m.
- Email Basics: April 16, 6:30-8 p.m. and April 22, 2:30-4 p.m.
- Intro to MS Word 2010: April 30, 6:30-8 p.m. and May 6, 2:30-4 p.m.
- Intro to MS Excel 2010: May 13, 2:30-4 p.m. and May 21, 6:30-8 p.m.

Please call 201-438-8866 ext. 204 for more information. The Carlstadt Public Library is located at 420 Hackensack Street. ###



The Victorian Tea House Café

Need a unique setting for a special treat? Relax in a true 1880 Victorian setting with freshly brewed tea, scones, clotted cream, finger sandwiches and more. Seating from 2 to 18. Custom menu available. Call for reservations at 201-488-6651.

Paws for Reading

Young Readers Wanted!! March 3 and 17, 2014. Come to the Wood-Ridge Memorial Library and sharpen your reading skills by reading to the wonderful therapy dogs Rodney and Teddy!

Children ages 5 and older sign up for a 15-minute session to read to a friendly dog.

Dogs are certified through the Delta Society and Bright and Beautiful Therapy Dogs Inc. Therapy dogs provide a safe, nurturing experience for beginning and struggling readers to practice their reading skills. All readers are invited.

A variety of books will be provided, but feel free to bring your own.

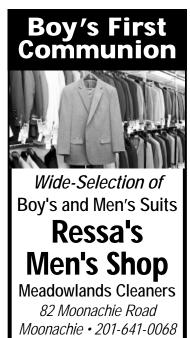
Registration is required. Contact Ms. M, the Youth Librarian at wrdgchild@bccls.org or 201-438-2455. ###

Paws to Read Therapy Dog Program

On Saturday, March 22, 2014, at 2 p.m., Rodney, a registered therapy dog, and his owner, will visit The Rutherford Public Library. Children who would like to practice their reading skills may reserve a 15-minute time slot to read to Rodney. Gain confidence in your reading ability and make a new friend at the same time! For ages 5-11. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

Lodi Dog Tales

Children (Kindergarten and up) can read to a single therapy dog, that is selected for its calmness and gentleness around children. Children select a book from the table or one of their favorites and read out loud to the patient puppies at The Lodi Memorial Library on Thursday, March 13, 2014 from 4 to 5:30 p.m. ###



St. Patrick's Craft Corner

On Friday, March 7, 2014, at 3:45 p.m., three, four, and five-year-old children are invited to make a St. Patrick's Day decoration at The Rutherford Public Library.

Registration is required and is in progress. To register, please visit or call the Children's Department at 201-939-8600, ext. 6. ###

Teen Craft Hour

Spring is on the way (we hope)! Come create something beautiful to celebrate St. Patrick's Day at The Wood-Ridge Memorial Teen Craft Hour. March 6, 2014, from 3-4 p.m.

Let your imagination flow and enjoy trying something new. Ages 9 and up welcome. Registration is required. Contact Ms. M, the Youth Librarian at wrdgchild@bccls.org or 201-438-2455 by March 3 to sign up. ###

Science Days at The Lodi Library

Parents and children are invited to participate and learn new things about the world around them with a bi-monthly science experiment where they observe, hypothesize, test and draw conclusions with fun science experiments at The Lodi Memorial Library.

Join them from 3:30 - 4:30 p.m. for science experiments and the exploration of luminescence on March 11, 2014 and water molecules on March 24. ###

Smurfs 2

On Friday, March 28, 2014, at 3:45 p.m. all children ages 5 and up are invited to a free movie screening of "Smurfs 2" at The Rutherford Public Library. This film is rated PG. No advance registration required. An adult caregiver must remain with any child under the age of seven for the duration of the film. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###



Guitar Bob D The Rutherford Public S

The Rutherford Public Library invites preschool children up to the age of 6 to an interactive music program with Guitar Bob.

The program will be held on Fridays, March 7, 14, 21, and 28, 2014, from 11:15 – 11:45 a.m. It will incorporate singing, creative movement, instruments and cooperative games. No advance registration is required. This program is funded by The Friends of the Library of Rutherford. ###

Game Break

Wood-Ridge Memorial Library invites kids of all ages to come to The Library, March 21, 2014, from 3-4 p.m. to play games.

Enjoy Wii Games along with games of checkers, Uno, Clue, Monopoly, Life and more. Contact Ms. M, the Youth Librarian at wrdgchild@bccls.org or 201-438-2455 by March 20 to sign up. ###

Crafty Kids

On Friday, March 21, 2014, at 3:45 p.m., children ages 6 and up are invited to make a turtle tissue paper craft at The Rutherford Public Library.

To register, please visit or call the Children's Department at 201-939-8600, ext. 6. ###

Legos Build

On Tuesday, March 18, 2014, from 3-4:30 p.m., Lodi Memorial Library offers Legos Build for children Kindergarten age and up.

Future architects and engineers come for a Legos family build where we supply the Legos and you supply the imagination! ###

Great Big Seusses!

On Friday, March 14, 2014, at 4 p.m., artist Paul Merklein will visit The Rutherford Public Library to present an art program for children ages 6 and up.

Watch in amazement as he draws familiar characters from favorite Dr. Seuss books. Paul combines dynamic art, comedy and audience participation as the characters gradually take shape. He is a magic marker wizard!

No registration required. This program is sponsored by The Friends of The Library of Rutherford. ###

Drop-In Storytime

The Rutherford Public Library will host a morning and afternoon drop-in story-time program on Wednesdays, March 5, 12, 19 and 26, 2014, from 10:30 - 11 a.m. and repeated from 2 - 2:30 p.m.

The same storytime will also be presented on Thursdays, March 6, 13, 20, and 27, 2014, from 10:30 – 11 a.m.

All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###

Storytime for Fours, Fives and Sixes

On Monday, March 10, 2014, at 3:45 p.m., four, five, and six-year-old children are invited to storytime at The Rutherford Public Library.

Registration is required and is in progress. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

PJ Storytime at The Lodi Library

Every Monday evening from 6-6:30 p.m., children ages two to six along with their parents are invited to bring their favorite stuffed toy, wear their pajamas and enjoy an evening of stories at the Lodi Library. ###

Readers' Theater

Experience the fun of acting and performing without the pressure of memorizing, at Lodi Memorial Library's new Readers' Theater for 1st Grade and up, on Wednesdays, March 5, 12, 19, 2014, from 3:15 to 3:45 p.m. and Friday, March 28 from 3:30 to 4:30 p.m. ###

Teen Cafe

On Wednesdays, from 4 - 4:30 Teen Cafe (ages 12 - 18) meets to talk about what you're doing, technology tips, fashion, movies, music and books you are reading or want to read at The Lodi Memorial Library. ###

ACT Practice Test

On Saturday March 8, 2014, from 11 a.m. to 3 p.m., a Kaplan ACT practice test will be held. Contact the Youth Services Librarian at Lupita. OBrien@bccls.org to register for a free PSAT practice test at The Lodi Memorial Library. ###

Stuffed Animal Sleepover and Breakfast

The Free Public Library of Hasbrouck Heights will hold its annual Stuffed Animal Sleepover on Friday, March 14, 2014, from 6:30-7:15 p.m.

Members of the Library's Teen Advisory Board will be on hand to help children ages 3-7 with a craft and tuck their animals in after a story.

On Saturday, March 15, from 10:30 a.m. to noon, The Friends of The Library will host a light breakfast where children can pick up their stuffed animal and enjoy photos of what the toys do when The Library closes up for the night.

Registration is required. First preference is given to residents and students of Hasbrouck Heights. Register in person, online at http://hasbrouckheights.bccls.org/, or by calling 201-288-0485. ###

Heights Teens

Ongoing Programs Just for Teens

The Free Public Library of Hasbrouck Heights warmly invites teens in Grades 6 thru 12 to register early and join in on the fun:

- Teen Advisory Board Takes place on the second Thursday of every month from 3:15-4:30 p.m.
- Teen Readers' Club For students in Grades 7 thru 12. Meet on the fourth Tuesday of every month from 7-8:30 p.m. Pick up book in advance at circulation desk.
- Level Up! Gaming Club -Every Tuesday from 4 – 6 p.m. No registration required.

Celebrate Teen Tech Week

- Digital Library Scavenger Hunt Explore what our Library collection has to offer! Tuesday, March 11 from 3:30-5 p.m.
- Texting and a Movie While watching a movie, have your texts appear on the screen! Friday, March 14 from 1 3 p.m.

Future Events

- Card Game Challenge -Come play your favorite card games for prizes! Thursday, April 24 from 3:30-5 p.m.
- Tie Dye Tees Make wearable tie dye T-shirts for the summer! Thursday, May 15 from 3 5:30 p.m.

Please call Claire at 201-288-6653 for further details. Registration can be done by phone, in person, or online at http://hasbrouckheights.bccls.org/###

New Director at Lodi Library

On November 1, 2013 the Lodi Library Board of Directors hired a new Executive Director. Siobhan (pronounced Shavon) Koch, a graduate of Iona College of New Rochelle New York, replaced Director Barbara Hauck-Mah.

Ms. Koch's interest in The Library began as early as a teenager at Dumont High School. "I began working at the school Library." said Siobhan "I then decided to pursue it as a career."

During college Siobhan became employed at the Norwood Public Library. While working there she received her Master's Degree in Library Science from St. John's University. Siobhan spent the last four of her fifteen year stay at Norwood Library as a full time Director. "I was seeking new career opportunities for growth and expansion." Said Siobhan at a recent interview at the Lodi facility. "The Lodi Memorial Library has allowed me the chance to meet new challenges with a fresh and positive attitude."

Among those challenges are embracing the ever changing technological demands of the community and to expand the collection of DVDs, CDs and audio books.

"I'm hoping to organize a historical collection so that people will have access to the history of Lodi." Said Siobhan, "I also plan to have new and interesting author events."

Also on the agenda are children's programs such as the readers' theater for Grades 1 and up. Here the children will act out a play with the lines displayed on a screen. The program will serve as a confidence builder as well as a creative means for self expression. It's a way to involve students in reading aloud various scripts from grade level books or stories. The Children's programs, which are organized by Children's Librarian, Miss Lupita, include a new session which is to get children in the mood for summer reading. "The theme this year is fiz, boom, read." Said Siobhan,"It will be all about Science."

The Library is now offering over 100 magazines for free digital download through "Zinio" for Lodi Library card

For more information on Library programs check out the web page at lodi.bccls.org

Any resident of Lodi regardless of age can now get a Library card. There is now an opportunity to join The Friends of The Library which is a group that has been invaluable in their support and generosity.

"I want to get to know the people of Lodi." Said Siobhan, "Also the businesses and organizations. It will be the best way to understand and to serve the community." Story by Arthur Maglionico. ###

New Director at W-R Library

The Wood-Ridge Library is pleased to announce the appointment of Kassundra Miller as the new Director.

Mrs. Miller came to Wood-Ridge from The Wharton Public Library where she effectively managed The Library as its Director.

In addition, she was responsible for overseeing Friends of The Library fund raisers, and developed a book delivery service to a local senior living facility.

In September 2013, the New Jersey State Library awarded her the first ever scholarship to attend the Association of Rural and Small Libraries Conference, a national conference that was held in Omaha,

Prior to that, she worked at The Montclair Public Library for 15 years, serving a diverse patron population in various positions, starting as a circulation desk library assistant, continuing as a library technician/cataloger, to a reference librarian and book group leader, and finally the supervisor of the

The Board of Trustees at technical services department.

Miller brings to The Library extensive experience in library management, technical services, and Integrated Library Systems, as well as technology experience such as website development and other electronic resources to provide services to library patrons.

A graduate of Caldwell College, Miller earned a Bachelor's Degree in English, with a minor in Communicative Arts. Caldwell College is where her interest in libraries began, working at the Jennings Library as a student employee. She was honored as the Student Employee of the year and upon graduating, she became a fulltime employee of The Library. Miller later obtained a Master of Library and Information Science Degree from the School of Communication, Information and Library Studies at Rutgers University.

She is excited to be the new director at The Wood-Ridge Memorial Library and is looking forward to serving the community. Story provided by Kris Millecam Montes. ###

Library Databases Available 24/7

Working on a research paper? Need some authoritative reference sources?

If you have a Rutherford Public Library card, you have a quick and easy way to find what you need. Just go to www. rutherfordlibrary.org and click on "Books, ebooks, and Audiobooks."

There you'll find the link to the Gale Virtual Reference Library, a database of reference books in electronic format. Many of these same books are on The Library shelves in print. Using your Rutherford Library card, type in your card number and you're good to go!

Have a tablet or iPad? You can hold the whole book in your hands - or at least have access to it.

These eBooks are not downloaded to your computer in their entirety, as with eBooks downloaded through the the eBCCLS site.

Instead, these books feature the entire reference work, and allow you to search just for the portion that you need. You can then choose to see the pages in pdf (book) format or as text (html).

The Library has just added 5 new reference ebooks to this

- MacMillan Science Library - Computer Sciences
- Grzimek's Animal Life Encyclopedia: Extinction
- Junior Worldmark Encyclopedia of the States
- St. James Encyclopedia of Popular Culture
- The UXL Complete Health Resource

Curious about endangered species? Want to read up on fads? Need to know about New Jersey? These are just a few of the topics you can read about using this free database. Check it out! ###

Job Search

Neighbors-Helping-Neighbors is a free and highly successful peer-led volunteer support group for people who are actively looking for work and would like to begin or reinvigorate their job search.

Group members assist each other in techniques and suggestions to improve job search strategies, offer support, and help with networking opportunities.

They meet at The Hasbrouck Heights Free Public Library on Mondays, from 12:15 to 1:30 p.m. ###

Hand Held Cell Phone and Texting **Use While Driving** is Prohibited

Free CPR Course

The Free Public Library of Hasbrouck Heights is pleased to host a course for CPR. This free training will be provided by our local Mid-Bergen Rotary Club. The one hour course will be held on Tuesday, March 11, 2014, from 7 to 8 p.m. in the second floor conference room at 320 Boulevard.

CPR stands for cardiopulmonary resuscitation. CPR saves lives. It is an emergency procedure for manually preserving brain function until further measures are taken to restore circulation and breathing in a person who is in cardiac arrest.

You will learn the basic CPR skills using a method called Hands-only CPR.

You will also learn to recognize the signs of a heart attack and stroke and how to react quickly to possibly save a life. You can make a difference.

One of the objectives of the Rotary is to encourage and foster community service. Members are encouraged to find ways to improve the quality of life for people in their communities and to serve the public interest.

We are grateful to the Mid-Bergen Rotary Club for providing this free life saving training for the community. Both teens and adults are encouraged to participate. Anyone interested in learning more about the Rotary Club are welcome to come.

Seating is limited, so registration is required. To register, please call 201 288-0488 or log on to http://hasbrouckheights. bccls.org and go to calendar.

Felician College Students Offer Free Tax Preparation

Members of Felician College's Young Entrepreneur's Club offer free tax preparation services to those who qualify.

Through this initiative known as VITA (Volunteer Income Tax Assistance), select Felician College students have become IRS Certified Community Volunteers.

The VITA volunteers will provide free tax preparation and e-filing for basic income tax returns. Under the guidance of Felician College professor Joseph A. Lizza, MBA, CPA, all volunteers have been trained and tested in current tax law through a rigorous program provided by the Internal Revenue Service.

This year's Rutherford location will be held on the Felician College Rutherford Campus.

The program will run on the following Saturdays: March 1, 8, 22, 2014 from 10 a.m. to 2 p.m. at the Felician College Business Library, Blessed Mary Angela Hall, One Felician Way (a cross-street of Felician College at 201-559-

West Passaic Ave between Montross Ave & Wood St.), Rutherford, NJ.

If you have any questions, call Professor Lizza's office at Felician College at 201-559-

prepare the following: • Forms: 982, 1040EZ,

The VITA volunteers will

- 1040A, 1040
 - Schedule A, B, EIC and R
- Forms 1040-V and 1040-
- Form 2441 (Child and Dependent Care Credit)
 - Form 5405
- Form 8863 (Education Credits)
- Form 8812 (Additional Child Tax Credit)
- Form 8888 (Direct Deposit)

Preparation of corresponding New Jersey forms will also be available. People who need assistance with other forms and complicated returns should see a paid preparer.

If you have any questions, call Professor Lizza's office at 3321. ###

Tax Forms and Tax Guides are available at your Library for selected federal tax forms, booklets, and tax guides. Assistance is available for printing tax froms on the internet.

Planning on Buying or Selling Real Estate?



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Legion Selects 2014 **Boys State Delegates**

Seven boys from the Hasbrouck Heights High School Junior Class have been selected to attend American Legion Boys State this June. The seven delegates will be sponsored by the Captain James B. Scarr, American Legion Post 106. The 75th Boys State Session will be held on the campus of Rider University in Lawrenceville from June 22 to June 27, 2014.

The boys, Patrick Hughes, Andrew Kalmowitz, Richard Newmann, Nathaniel Onorato, David Sembrano, Anthony Stefanelli and David Terreri will participate in a unique summertime educational program focused on their participation and personal experiences in a model state, complete with governmental bodies and elected public officials.

The program is designed to mirror the structure and operation of its respective state government, while providing training in practical citizenship, leadership and character development through a non-

Seat Belts Save Lives

partisan perspective.

To prepare them for this week long experience, they must attend two orientation meetings. The meetings are designed to answer all of their questions so that they will be prepared once they arrive.

The meetings are scheduled for Wednesday, May 14, and Wednesday, May 28 at 7 p.m. at the Elmwood Park Post. Story by Peter Gallo Jr. ###

Carlstadt Scholarships

The Carlstadt PTA announced scholarships. Eligibility includes: must be a Carlstadt resident, graduate of The Carlstadt Public School System and must have attended Carlstadt schools for a minimum of three years prior to graduating.

Applications are available at The Carlstadt Public Library until April 15, 2014. Applications must be postmarked no later than April 15, 2014.

For additional information email: kronyakb@gmail. com ###

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Keep your family safe! Make sure your vehicle is properly maintained with our **FREE** safety check.

W-R Lions **Scholarships**

Applications for the three scholarships the Club offers are now available. There will be two awards to Wood-Ridge students in the amount of \$2,500 each.

One is given in the name of Lion Vinny Pascale and all Charter Club Members, the second is given in the name of Lion Jim Love Sr. and Phil Rottini.

The Moonachie award is for \$1,500 and is given in the name of Lion William J. Nagel.

Any Wood-Ridge or Moonachie graduating senior from any accredited public or private high school may apply for these scholarships.

Applications are available at the Wood-Ridge High School and Moonachie Guidance Departments and at all of the Parochial High Schools and the Bergen County Academy. They are also available at Siegel's Hardware in Wood-Ridge, and Jan Promotions (50 Moonachie Road) in Moonachie.

These awards are separate from the Wood-Ridge and Moonachie Memorial Fund scholarship awards. Separate applications are needed for each. Applications are available late March. The Lions Club judges look at scholastic records and give consideration to service achievements. ###

Moonachie Scholarships

• The Moonachie Scholarship Fund will be sending out its requirements and applications for awards to all high school Guidance Counselors in late March/early April.

Please see that your son or daughter gets the application from their Guidance Counselor.

The application must be completed and returned to the guidance office by Friday, April 25, 2014, in order to be eligible for the program awards.

• The Moonachie Municipal Alliance Committee for the Prevention of Drug and **Alcohol Abuse** will again be offering a Scholarship Award of \$250.

Students are required to submit a five-page typed paper on drug and alcohol problems and include an action plan for resolution at the college level. To qualify, papers are due in Borough Hall by Friday, April

If you have a high school senior at home, please see that they apply and take advantage of this program.

For more information call the Borough Hall at 201-641-1813 and leave a message for the Scholarship Committee.

W-R Knights **Scholarship**

The Knights of Columbus, St. Anthony Council #11585 will be awarding a \$500 scholarship to any graduating 8th Grader (public or parochial school) who will be attending a Catholic High School next September.

The candidate must be a parishioner of the Church of the Assumption of Our Blessed Lady, Wood-Ridge, NJ. Applications are available in the Church Friary. The deadline for submission of the application is Friday, April 25, 2014, at 3:30 p.m. PG ###

W-R Memorial **Foundation Scholarships**

Applications for the 2014 Wood-Ridge Memorial Foundation annual scholarship awards will be available in mid-March.

The Foundation will be presenting between 14 and 16 awards to graduating seniors totaling in excess of \$30,000 this coming June.

Applicants must be residents of Wood-Ridge and graduating this spring from Wood-Ridge High School, any private/parochial high school or other type of accredited high school program.

Applications will be sent to the guidance departments of all of the local high schools. They will also be available at Kearny Federal Savings Bank in Wood-Ridge. The applications will also be available on the town website.

Please call Foundation Executive Director, Jack Nagel, 201-641-2803, with any questions. ###

American Legion Scholarship Deadline March 15, 2014

The annual James B. Scarr Post 106 Scholarship, American Legion, \$1,000 scholarship deadline is March 15, 2014. Scholarship applications are available on line at the Hasbrouck Heights High School web site.

Applicants must be high school seniors residing in Hasbrouck Heights and who are a direct descendant, i.e., child, grandchild, great-grandchild or a legally adopted child, of a U.S. Veteran who has been Honorably Discharged.

The scholarship is based on scholarship, service and need. Proof of this service must be submitted. If you are unable to obtain the application from the web site, phone 201-288-0276 to have one sent to you. Story by Peter Gallo Jr. ###

Audrey L. Nagel **Scholarship**

Applications are now available at The Assumption Friary in Wood-Ridge for the Audrey L. Nagel Scholarship.

This scholarship is \$1,000 and will be awarded to an Eighth Grade graduating parochial school student of Assumption Parish who has shown a commitment to their education. school and the parish, and will be attending a Catholic High School in the fall.

Audrey loved her time at Assumption School and felt that this is where the foundation for both her education and overall development were set.

Audrey was an inspiration to many people. Audrey set examples for others in her professional work and through her involvement with her community and parish. She was a shining example of grace as both a wife and mother. She truly can serve as a role model for students. This application is separate from any other scholarships being awarded. Deadline is May 18, 2014. ###

Scholarship and **Financial Aid** Information

Looking for up-to-date information on scholarships and financial aid?

The Rutherford Public Library has the 2014 electronic edition of the reference book: Scholarships, Fellowships & Loans: A Guide to Education-Related Financial Aid Programs for Students and Professionals. This resource provides details on over 5,700 awards from 3,500 sponsoring organizations with a state-bystate listing of agencies.

This one-stop resource provides information on all levels of financial aid from full scholarships to internships.

Visit www.rutherfordlibrary.org and click on the blue icon at the bottom of the page which says Gale Virtual Reference Library (GVRL). Log in with your library card number and then search by subject or go straight to the electronic version of the book.

Information includes the name of the sponsoring organization, its web site, the type of assistance available, and the number of awards offered. The book is only available as an online resource, although it is exactly the same as the printed edition.

There are other useful resources on this GVRL database, such as the College Blue Book, which lists internships.

Questions? Contact the Reference Desk at Rutherford Public Library 201-939-8600, ext 7. ###

Parent Workshop Homework Club -- Cyberbullying & Internet Safety

On Tuesday, March 11, 2014, at 7 p.m., Sgt. Tom Rich, a certified police officer and internet safety expert, will present a parent workshop at The Rutherford Library to discuss issues raised by social networking and to share solutions that encourage positive, moderate use of technology by youth.

Topics covered will include cyberbullying, texting/ sexting, Facebook, Twitter, and Snapchat.

Sgt. Rich was recently featured on Good Morning America and has spoken to over 150,000 people in the last five years regarding internet safety issues. To register, please call 201-939-8600, ext. 7 or email rutherfordpubliclibrary@ gmail.com. ###

Child Care for Residents Affected by Sandy

The program is sponsored by the Bergen County Office for Children for Bergen County residents affected by Sandy!

Do you need help paying for child care as a result of Super Storm Sandy?

Did you live in Bergen County on October 29, 2012?

Is your child, aged 13 or younger (up to age 19 for special needs children), a US citizen or has qualifying alien

If your answer is "yes" to the questions above, the Bergen County Office for Children has a program for your family. Complete a Child Care Eligibility form and a Child Care Parent Certification form and submit it to the Office for Children. If you are eligible you will receive funding for up to 6 months of child care in the regulated child care setting of your choice!

Restrictions apply. Applications are available at Meadowlands Family Success Center - 100 Washington Avenue, Little Ferry or Bergen VOAD/ LTRC Recovery Information Center - 221 Moonachie Road, Moonachie.

For more information, call the Bergen County Office for Children at 201-336-7170. ###

An old saying about March goes, "In like a lion, out like a lamb." This, of course, refers to the weather. Because of the variable elements of this month it is often described as a battle between old man winter and the young warrior of spring. Inevitably, the young defeats the failing, but still powerful old man. Youth will have its

Care on the Corner announces the Homework Club for children in 1st through 5th

Students are asked to bring their homework assignments in which help is needed: Reading, Spelling and Phonics, Math, Social Studies and Science (other than experiments).

Students are divided between grade levels with one teacher / assistant per three (3) to four (4) students; allowing for more individualized teaching and attention.

Children are given supplemental assignments (including educational games), targeting the areas they need help with.

The Homework Club aims

- · Be a less structured environment in which children receive educational guidance.
- · Assure that homework assignments are completed and, more importantly, understood.
- Help children understand the importance of learning and acquire good study skills.
- Help students understand that learning is fun and like sports you need to practice hence the need for homework.

Homework Club - Spring 2014 Session is 10 weeks, from January 23rd - April 3rd (classes will not be held on holidays) for children in 1st to 5th Grade on Thursdays from 3:30 - 5:00p.m., at Care Center, at 333 Franklin Avenue, Hasbrouck Heights.

Call the Care Center at 201-288-9460 to register (\$25 registration fee). Scholarships are available. Jean R. Giarratana (NJ Certified Teacher) is the Director. ###

Collaborative Parents Committee Meets March 18

The next Collaborative Parents Committee (CPC) meeting will be Tuesday, March 18, 2014 at 7:30 p.m. at the Media Center in the Hasbrouck Heights High School, 365 Boulevard, Hasbrouck Heights.

The CPC is a parent organized group that provides support, advocacy and education for parents of children with special needs in the Hasbrouck Heights school district. Their extensive resource table will be available during the meeting. Refreshments are aways

For more information see: http://www.hhschools.org/SpecialServices/SitePages/Home.

How few there are who have courage enough to own their faults, or resolution enough to mend them. B.F.

Carlstadt PreK Open to Non-Residents

The Carlstadt Board of Education operates a tuition based Pre-Kindergarten program.

A limited number of nonresident students may attend the 2014-2015 school year.

A fully certified teacher and classroom teacher aide conduct the class five days per week for a two and one-half hour session.

The cost for non-resident students is \$2,500 for the school year to be paid in two installments. The program will follow the 2014-2015 Carlstadt Public School calendar.

The morning session would be from 8:35-11:10 a.m. The afternoon session would be from 12:25-3 p.m. There is no guarantee that there will be an a.m. and p.m. session. This will be determined by the number of children that enroll.

If you are interested in this Pre-Kindergarten program, you will need to pick up a registration packet in the Main Office of the Carlstadt Public School. Registration will be on Tuesday, March 25, 2014 from 9 to 11 a.m. Please call the Main Office 201-672-3000, should you have any questions. ###

W-R Kindergarten Registration

Registration for the 2014/2015 Kindergarten classes will be held at the Catherine E. Doyle School from 8:30 a.m. to 1:30 p.m. on Wednesday, March 5 and Thursday, March 6, 2014, by appointment only.

Children must accompany parents for registration. Children are eligible if they turn five (5) years old on or before October 1, 2014.

Proof of a current physical examination, immunizations and residency are required.

Please contact Mrs. Tiesi at 201-933-6777 for specific details. ###

W-R Pre-School Registration

The Wood-Ridge Board of Education has expanded Pre-School Instructional program for the 2014/2015 school year to be held in the Catherine E. Doyle School.

Registration for the 2014/2015 full day and part day program began February 24, 2014. Children are eligible if they turn three or four (3 or 4) years old on or before October 1, 2014.

Proof of a current physical examination, immunizations and residency are required.

Please contact Mrs. Tiesi at 201-933-6777 for specific details. ###

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THE GAZETTE NEWSPAPER

Celebrating the Community Experience











Cub Scout Pinewood Derby

One of the most anticipated and well recognized events of the Cub Scout season is the annual Pinewood Derby.

On February 1, 2014, nearly 50 Scouts and siblings from Pack 17 in Hasbrouck Heights took part in the competition.

Designs ranged from sleek aerodynamic models, military tank, traditional Scout canoe, to a small yellow Minion character from the movie "Despicable Me." All included eye-catching paint jobs custom designed by the boys.

The well known tradition dates back to May 1953, when the first race was held by Cub Master Don Murphy of Manhattan Beach, CA.

He had established the race for his son who was unable to compete in a local gravitypowered car competition.

By 1955 it was embraced by the national organization

and has since grown to one of the top activities for nearly all Cub Scout programs.

As per the Cub Scout motto "Do Your Best," the Scout program attempts to avoid events which result in a single winner. Instead the focus of the Derby is on three specific areas: sportsmanship and good citizenship, personal achievement through the creation of the car, and family understanding while working with their parents on developing the vehicle.

Parents and Scouts work together tirelessly over several hours in designing, cutting out, and sanding the car from a single block of wood and then artfully painting the final product.

Congratulations to everyone that participated and "Did Their Best"! *Photos and story* provided by Adam Tegge. ###







Kids: Ready, Set, Act!

Care on the Corner announces the Spring 2014 program for Kids on the Corner, a Performing Arts Program for children in Grades 2-5.

The goal of Kids on the Corner is to educate and enlighten children in different art forms and cultural experiences. The children are offered opportunities to learn about history, culture, visual arts, theater production, set design, costume design and acting.

The Performing Arts group meets on Fridays, from 3:30 p.m. – 6 p.m., April 4 to May 16, 2014. Under the direction of Cindy Summers, participants will tell the story of "Tales from Under the Giving Tree." All are welcome to see the performance on Friday, May 16, 2014 at 7:30 p.m.

Director Cindy Summers is a 2006 graduate of the New Jersey School of Dramatic Arts acting program. She has been working with children for more than ten years and has been teaching for six years.

She spent six years working in a preschool for children with special needs and she has taught the program at New Jersey School of Dramatic Arts for the last four years. In 2010, she introduced the Young Actors Workshop to help further the effectiveness of the children's program.

The group meets at the Parish Hall of St. John the Divine at 229 Terrace Avenue, Hasbrouck Heights. Call the Care Center at 201-288-9460 to register. There is a \$25 registration fee. Scholarships are available. ###



(l to r) Emily Gardella, Brittany Lyons, Brooke Biamonte, Loreanna Caputi, Mrs. Raquel Ciliotta, Nicole Kikkert, Tommy Schmidt, Hayden Sassaman, Samantha Eckert.

While most were gearing up for the Super Bowl, the Student Council members of W-R Intermediate were busy collecting cans of soup for the local Wood-Ridge Food Pantry. Under the direction of Mrs. Raquel Ciliotta, Advisor, students delivered over 150 cans of soup and canned items to the pantry for locals in need. *Photo and story provided by Raquel Ciliotta.* ###



My Wood-Ridge Intermediate class was awarded the JSS Solar Sprint Car Grant.

This was a STEM (Science, Technology, Engineering, & Math) project and my Gifted & Talented Math class was asked to build solar operated cars.

This was an opportunity provided to us by Montclair State University (PRISM) Professional Resources in Science and Math Division. *Photo provided by Kim Diaz.* ###



Euclid Student Council Participates in Pennies for Patients Fundraising

The Student Council of Euclid School learned a valuable civic lesson. By collecting coins, the students learned they can make a contribution to helping a community. The students collected over a thousand dollars for the Leukemia and Lymphoma Society. They felt powerful in raising money for this worthy cause. The Leukemia and Lymphoma Society leads the way in cancer research. It has found many cures and therapies that are saving the lives of patients, right now. *Photo provided by Pat McSweeney* ###

What's for Dinner?

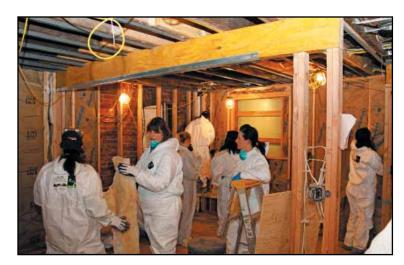


Pictured are Fifth Graders completing lab reports and performing dissections.
Students eagerly await the surprise inside!

Fifth Grade students at the Wood-Ridge Intermediate School discovered that owls have weak digestive systems. Their systems don't allow them to fully process all of their daily food, and they regurgitate undigested fur, bones, and feathers into wet slimy pellets. Using the scientific method, students hypothesized, observed, and finally dissected these pellets. The students were surprised to find a number of bones from rodents and birds which were largely intact skeletal remains. *Submitted by Mrs. Monique Koernig.* ###







NFL Super Bowl

Kickoff to Rebuild, a Super Bowl XLVIII-sanctioned event. was held in Moonachie on Friday, January 31, 2014.

Kickoff to Rebuild is an annual NFL sanctioned event hosted by Rebuilding Together. For 19 years, Rebuilding Together has partnered with the NFL and the local Rebuilding Together affiliate in Super Bowl cities across the country, rebuilding houses and bringing together neighborhoods, homeby-home, block-by-block.

In October 2013, they mobilized hundred of volunteers to provide critical repairs to 13 homes in the Borough of Moonachie, NJ. In January 31, 2014 they brought more volunteers to complete the work.

Working alongside Rebuilding Together Bergen County and Lowe's, Kickoff to Rebuild's presenting sponsor, more than 150 volunteers from other sponsors, past and present NFL players, celebrities and community leaders completed home repairs.

Volunteers also revitalized two community spaces as part of continued rebuilding efforts in communities affected by Superstorm Sandy.

Finishing touches to St. Joseph's Park playground were completed with Carter Oosterhouse, founder of the Carter's Kids Foundation. Constuction of the playground began in October pre-event.

Carter's Kids was founded by Carter Oosterhouse of **HGTV's Million Dollar Rooms** and Celebrity Motor Homes, to increase the activity level of kids by building and developing community parks and neighborhood playgrounds.

Moonachie, where six of every ten homes were damanaged following Super Storm Sandy and many residents remained displaced today is located minutes from MetLife Stadium in East Rutherford where the Super Bowl took Place.

Nearly 150 volunteers from sponsors such as Lowe's and other community partners, including Governor Chris Christie and First Lady Mary Pat Christie, Chair of the Hurricane Sandy New Jersey Relief Fund stopped by for a photo opportuinty by moving furniture into a home. The Governor signed autographs and made comments during a brief (no questions) press conference.

Members of the NFL included former NY Giants player Rodney Hampton, Current NY Giants Player, Damontre Moore and former Chicago

Bears and Denver Broncos player Ricardo McDonald. Emily Shah, Miss New Jersey USA 2014 and Stefani Vara, recording artist, also attended.

Due to the weather, the kick-off to Rebuild Project Welcome began at St. Margaret of Cortona and concluded with lunch there after the event.

From 10 a.m. to noon a community resource fair at the Moonachie Civic Center was held in conjunction with the Kickoff To Rebuild event.

Community partners were available to provide information with health and social services, legal assistance, disaster recovery and more.

Work continued between the warm-weather kick-off and this event. Rebuilding Together work still continues.

See November 2013 Gazette Newspaper, pages 20-21 for the Super Bowl kick off.











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AGENTS OF THE MONTH!







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Wood-Ridge Colonial \$665,000 4 BR, 2.5 Bath Contact Jean Zeppieri @ 201-895-1820



Lyndhurst Colonial \$299,000 3 BR, 1 Full & 2 Half Bath Contact Deborah Balchan @ 201-741-1648



Ridgefield Park Co-op \$49,000 1 BR, 1 Bath Contact Grace Rosas @ 201-615-9191



\$549,900 4 BR, 2 Bath Contact Libera Schilare @ 201-280-7236



Wallington Two Family \$239,900 5 BR, 3 Bath Contact Gloria Barnet @ 201-320-0767



North Arlington Cape Cod

\$349,000

Carlstadt Ranch \$345,000 2 BR, 2 Bath



Contact Eleanor Williams @ 201-638-4905



Daniel Simone

Libera Schilare





Joyce Powell

Congratulations!!

























Deborah Balchan

Sandra Brady

Huffman

Broker/Manager

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Assists Rebuilding Moonachie















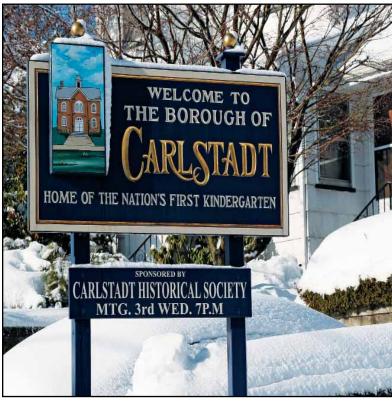
About~500~free~LED~light bulbs~(value~over~\$24~each)~were~distributed~in~Moonachie.

Winter's 24 Hour Wrath: S





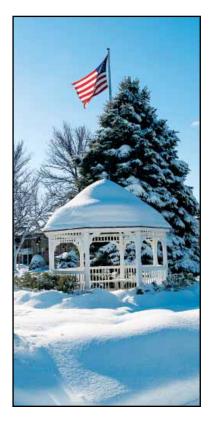










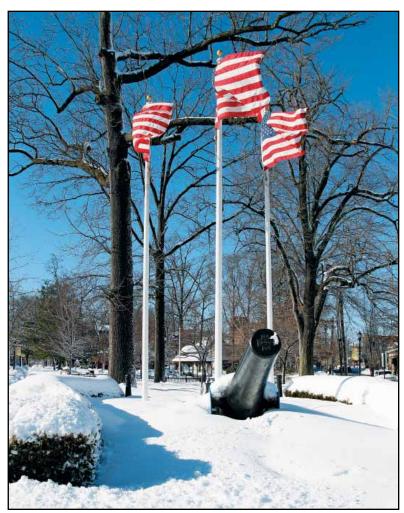






now, Sleet, Rain, Ice, Fog...























NFL Supports ConTACT at Becton Press Conference

On Monday, January 27, 2014, as Super Bowl kicked off, Congressman Bill Pascrell, Jr. and Senator Robert Menendez, accepted the National Football League's public endorsement of legislation "ConTACT Act" they have introduced to help protect student-athletes from the dangers of sports-related concussions.

The Concussion Treatment and Care Tools (ConTACT) Act authorizes a five-year grant program for \$5 million for the first year and such sums as necessary for the remaining four years.

Grants will be awarded to states to provide professional development for athletic trainers and coaches and ensure schools have adequate medical staff coverage to implement best practices in concussion diagnosis, treatment, and management.

Grant guidelines will be based off recommendations from the CDC's Pediatric Mild Traumatic Brain Injury Expert Panel.

During the press conference at Becton Dickenson Regional High School, with student athletes attending, Sen. Menendez said, "The NFL deserves credit for efforts to improve player safety in its game and beyond, but there is of sport." still much that needs to be done for our younger athletes." He continued, "That is why I have pushed for national safety standards in youth sports, as well as federal funding to ensure that every child who takes the field is properly protected and that their parents have peace of mind."

"I've made the protection of our athletes from the devastating effects of sports-related concussions a priority because they deserve the safest environment possible in which to compete," said Rep. Pascrell, Co-founder and Co-chair of the Congressional Brain Injury Task Force. "By providing additional resources to schools and coaches and creating new federal safety guidelines, this legislation will move us one step closer to ensuring the safety of our youngest athletes on the playing field."

"The NFL is proud to support the ConTACT Act," announced Adolpho Birch, the league's Senior Vice President of Labor Policy and Government Affairs. "We commend Senator Menendez and Congressman Pascrell for their efforts to further our shared goal of ensuring the health and safety of athletes at all levels

According to the CDC, each year, U.S. emergency departments (EDs) treat an estimated 173,285 sports- and recreation-related mild Traumatic Brain Injuries (mTBIs), including concussions among children and adolescents from birth to 19 years.

Many of these mTBIs are suffered by middle and high school students participating in athletics, but many schools do not have the resources to adequately diagnose and treat these injuries.

As a result, studies have shown that as many as 41 percent of high school athletes return to the field before their brain has an opportunity to heal from a previous concussion.

The consequences of returning to activity too soon cannot be overstated.

A repeat concussion — one that occurs before the brain recovers from a previous concussion — cannot only slow recovery, it also increases the likelihood of having long-term problems.

Repeat concussions can result in second impact syndrome, which can be marked by brain swelling, permanent brain damage, and even death.

Sen. Menendez and Rep. Pascrell were both primary sponsors of the ConTACT Act in the Senate and House, respectively, following the tragic death of Montclair High School football player Ryne Dougherty in October 2008.

The original legislation, which passed the U.S. House of Representatives in September 2010, provided for national protocols to be established for managing sports-related concussions for student athletes from the 5th Grade to the 12th Grade.

In response to Sen. Menendez's and Rep. Pascrell's request in February 2011, the Centers for Disease Control and Prevention (CDC) notified the lawmakers that it would convene the Pediatric Mild Traumatic Brain Injury Expert Panel, which will establish the national protocols.

The guidelines and recommendations are expected to be finalized in 2015. Photo by Dennis Kronyak Sr. ###



Northern Counties U14 Soccer Champions

Rutherford's U14 Soccer Team coached by Melissa Robin and Joe Kelly received Recognition certificates from Rutherford Mayor & Council on Tuesday, January 28, 2014. Only 3 goals were scored against them all season! Congratulations. Photo provided by the Rutherford Recreation Department. ###

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Sports Night Beefsteak Dinner a Success

added to the Super Bowl weekend festivities with their 29th Annual Sports Night, held on the Friday before the big game at Three Saints Russian Orthodox Cultural Center in Garfield.

For the 29th consecutive year, Lion Jack Nagel emceed this popular event, which annually draws 550 attendees including representatives from neighboring Lions Clubs and District Lions officials and supporters from throughout the county and state.

In addition to the beef-

W-R Lions Golf Outing

The 4th Annual Wood-Ridge Lions Club golf outing will be held on Monday, April 29, 2013, at the River Vale Golf Club.

Hot breakfast starts at 7:15 a.m. Shot gun start is at 8:30 a.m. (best ball format). There will be a hot lunch with a carving station, two hour open bar,

Event includes awards for longest drive, closest to the pin, door prizes and a gift for every golfer. Cost \$165 single and \$660 for a foursome.

Contact Lion Ed at 201-641-2803 or e-mail janpro911@ aol.com for reservations or questions. All proceeds will go to Lions Charities. ###

Wood-Ridge Lions Club steak entree, the evening was filled with numerous contests, including Super Bowl trivia, pick-a-box, and a very popular football throw. C.J. Turtoro of Wood-Ridge was a winner, managing to throw a Nerf ball thru a small hole in a board from the length of a basketball court, a rare achievement in this annual contest.

> The Sports Night Beefsteak Dinner is the Wood-Ridge Lions largest fund-raiser, and the total raised to date is \$551,000.

The 52-member Wood-Ridge Lions is active in the community, annually awarding three high school scholarships, conducting eye-screening for young children, and donating to many eyesight-related charities.

To name a few, annual significant donations are made to Camp Marcella Camp for Blind Children, Concordia House at St. Joseph's School for the Blind, Lions Eye Bank of NJ, Foundation for Fighting Blindness, NJ Blind Citizens Association, as well as August Hoehne Rehabilitation Center-ARC and Juvenile Diabetes.

The Wood-Ridge Lions Club, chartered in 1939, will be celebrating its 75th Anniversary on Friday, October 17, 2014 at the Fiesta. It is expected to be a very special evening, and more information will be forthcoming. Story provided by Dennis Brubaker. ###

HHMA Memorial Golf Tournament May 21

The Hasbrouck Heights Men's Association will be holding their Annual Bizik-**Hughes Memorial Golf Outing** on Wednesday, May 21, 2014, at Meadows Golf Club, 79 Two Bridges Road, Lincoln Park.

All money raised will be given to the Hughes Family to help offset the cost of college tuition.

Cost is \$125 and includes: round of golf, cart, plus cash contest of longest drive, closest to pin, pot of gold and features a \$10,000 hole in one -- plus 50/50 and prizes.

Breakfast and registration starts at 7:30. Shotgun start at 9 a.m. and format will be Texas Scramble.

A hot and cold breakfast buffet starts at 7:30 a.m., hamburgers and hot dogs at the turn, with lunch buffet to follow.

Sponsorships are available. Contributions are welcome.

For more information, call 201-396-0750 or email Tom at TNTTwister@aol.com ###

YMCA Offers **Red Cross** Lifeguard Courses

The YMCA of Greater Bergen County will offer American Red Cross Lifeguard Courses in March, April and May 2014.

Participants must be 16 years or older and be able to complete a pre-swim test in order to register.

Register for the Pre-Swim Test at the YMCA, the fee is \$10. Once the pre-swim test is passed then participants can register for the course.

Lifeguard course fee is \$350 and participants must be able to attend all classes. For more information download a flyer at www.ymcagbc.org, click on Programs & Schedules then Water Safety Certifica-

- Course 02: March 1-15
- Course 03: April 5-16
- Course 04: May 3-17
- Course 05: May 4-18

For more information contact Ashley Mallette, Aquatic Director at amallette@ymcagbc.org or 201-487-6600 x 213.

HH Little League Pancake Breakfast

The HH Little League will hold its 19th Annual Pancake Breakfast on Sunday, April 6, 2014, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans

The menu includes pancakes, sausage, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5, child \$3 and under 4 free.

The Tricky Tray sports memorabilia auction will follow from noon to 1 p.m. Winners do not have to be present at the time of the drawing to win.

Proceeds will be used to-

wards upgrading the facilities.

Businesses are invited to place their business card size ad on the place mats for \$40. Deadline is March 5. Email patfass@juno.com for more information. ###

HH Little League Field Clean Up

The Hasbrouck Heights Little League reminds parents, managers and coaches that the annual field clean up and maintenance is scheduled from 9 a.m. to 3 p.m. on Saturday, March 8, March 15, and March 22, 2014. Bring a rake. ###

Hasbrouck Heights 2nd Annual 5K Run/Walk

The Hasbrouck Heights 30-39; 40-49 and 50 and over. Board of Health, in conjunction with the Junior Women's Club of Hasbrouck Heights, is sponsoring the second annual 5K Run/Walk and Health Fair on Sunday, April 27, 2014, to benefit high school senior scholarships to town residents and the JWC's State Project for Seeing Eye Dogs.

Check-in starts at 8 a.m. at Hasbrouck Heights Borough Hall, the run/walk starts at 9 a.m and 5K awards at 10:15.

Medals will be given for the top three male and female runners in the following categories: 18 and under; 19-29;

Amenities include: T-shirt, timing systems, and post-race

refreshments.

Entry fees: \$60 per family max, pre-registration is \$25 (ends April 15); day of race \$30, children 18 and under are \$15. The 1 mile Fun Run/Walk is \$10.

You can sign up online at www.runsignup.com or at the Hasbrouck Heights Health Department, 320 Boulevard, Hasbrouck Heights, 201-288-1636.

For more information on the 5K Run contact Tina Louise Dowd at 201-370-3826 or email tldowd@gmail.com. ###

Pitch, Hit & Run Competition

Bergen County American Legion will host a free Major League Baseball Pitch, Hit & Run Competition for area youth on April 19, 2014. Time 12:30 p.m. (complete registration process) with competition starting at 1 p.m. at Matthews Field located in Rochelle Park.

Pitch, Hit & RunTM is the official skills competition of Major League Baseball. This grassroots program is designed to provide youngsters with an opportunity to compete, free of charge, in a competition that recognizes individual excellence in core baseball/softball

Boys and girls are divided into four age divisions: 7/8, 9/10, 11/12, 13/14, and have the chance to advance through four levels of competition, including Team Championships at Major League ballparks and the National Finals at the 2014 MLB All-Star Game.

The individual Pitching, Hitting and Running Champions, along with the All-Around Champion in each age and gender group at the Local Competition will be awarded and advance to the Sectional Level of Competition.

All participants must bring a copy of their birth certificate and have their parent or guardian fill out a registration/waiver form prior to the start of the competition (these must be submitted to Bob Salvini NLT March 31, 2014).. For questions concerning the competition, please contact your Local Coordinator, Bob Salvini at bobsalvini@att.net. For more information about the program and to download a copy of the registration/waiver form go to http://www.bcnjal.org/docs/ MLBPitchHitandRun2014###

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Hometown News • Information • Features

Mike Delights Seniors

Members who attended the Leisure Club meeting on February 12, 2014, had many different reasons to attend.

Some were just pleased to get out and be with their peers; some were looking forward to sharing recent experiences; some wanted to hear about who was ill or in the hospital, or moved or who was now in a special care facility; some wanted to complain about the weather and world affairs; and some just were looking forward to enjoying the entertainment that always follows the Leisure Club meetings.

Yes, the Leisure Club has always been a place for local seniors to meet, relax and enjoy an afternoon with their friends.

That afternoon they were not disappointed. The meeting

Lodi Senior News

On January 9, 2014, after a long 6-week closure due to ice and snow, the Lodi Senior Citizens Club is open.

On their first meeting January 14, the Club's new president Donald J. Stein and the new officers were sworn in by Lodi Boro Manager Tony Luna. After the meeting there was cake and coffee and entertainment by the Duo of Arti and Jack.

The Lodi Senior Center is open every Thursday for recreational purposes to anyone 55 or older who lives in Bergen County, including all neighboring towns.

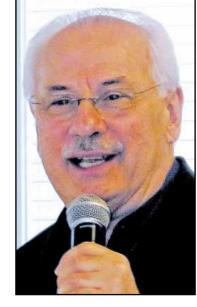
Recreational choices are senior yoga from 11 a.m. to noon, followed by Bingo at 1 p.m. Line dancing starts at 1 p.m. Games, ping pong, billiards, cards, or bocce in season or, you can just sit and chit chat.

For members, the charge for a Thursday visit is 50 cents. The membership fee is \$10 per year. The cost for the day is \$2 pp. Refreshments are served in the afternoon. You do not have to be a member.

Scheduled activities include April 11 - Installation Dinner at the Venetian, April 23 - casino trip, June 16-19 trip to Rocking Horse Resort in New York, July 8 - Kentucky Fried Chicken luncheon at the Club, August 14 - Mohegan Sun Casino, October 15 - Platzl Brauhaus, Pomona, NY Oktoberfest and December 12 - Christmas Party at the Venetian.

For more information about the Club, call 973-472-6994 on Thursdays when the Club is open. For transportation call-Rebecca at 973-367-4068. ###

Curb Your Dog



was short, informative and at times funny. The cheese Danish that was served after the program was delicious and the entertainer was great.

Singer, entertainer Mike Gintella was back again for the sixth consecutive year and sang all familiar songs dealing with love, and relationships. His program was geared to Valentine's Day.

Mike's interpretation and phrasing of each of the songs he sings makes all believe that he owns the song. There are singers who when they sing a song you just hear words. When Mike sings you can feel his emotions and his audience senses that the song is important to him.

When Mike begins to sing, every eye is riveted on him. There is not a sound in the room because he is in utter command of the audience. He is a baritone singer. He sings in the relaxed style of Dean Martin, Frank Sinatra, and Perry Como.

One of the members of the Leisure Club summed it up perfectly. She stated that she enjoyed Mike because he always has the members participating in many of the songs. It relaxed her and for that time makes her forget any of her problems and ailments.

All seniors who live in Hasbrouck Heights are welcomed to join the Leisure Club. The meetings are held on the second Wednesday of each month and start at 12:30 p.m. The next meeting is Wednesday, March 12. The entertainer for that day is Folk Singer Ian Gallagher, another singer who puts expression into his songs. Photo and story by Marie and Peter Gallo Jr. ###

Mother Nature Does It Again!

She forced the Central Bergen Chapter of AARP to cancel another meeting. This is the second month in a row that this has happened this year. She was also the reason that the chapter had to cancel two meetings last year.

The officers are hoping that no other meetings will be cancelled this year. They are looking forward to the March 14, 2014 meeting where they will be entertained by harpist and story teller, Ardis Cavin.

Estella Hackel, Trip Chairperson has announced the following trips for the coming year; May 15, The Magic of Mario; June 19 "Can't Smile Without You;" and October 22 Comedy Special. All luncheon shows will take place at the Stony Hill in Hackensack. Participants are to provide their own transportation. The cost for each show is \$50. Twenty seats are available for each

Dues are \$12 per year. Refreshments are served after the meeting Story by Peter Gallo Jr. ###

Carlstadt Senior Friendship Club

The Carlstadt Senior first and third Wednesdays of the month at 1:30 p.m. at the Civic Center.

Refreshments are served at 1 p.m. prior to the meeting. All Carlstadt residents are invited to join. Jumbo Bingo is played at each meeting.

On March 11, 2014, the Seniors will celebrate their 35th Anniversary with dinner and music at the Graycliff banquet hall from 6-10 p.m.

Monthly trips are scheduled for the year. On March 17 they are going to Doolan's in Spring Lake; April 8 "Sight & Sound" in Pennsylvania; May 1 Harlem in NYC; June 10 Bethwood in Totowa. An extended trip to Wildwood is scheduled for May 27-30.

Deposit for this trip is Friendship Club meets on the needed now. Call Eileen 201-933-6949. Story by Eleanor Costa. ###

Vic Hoofers

The Vic Hoofers is a ladies social club (not a dancing group) who meet on the first Thursday of the month at 7 p.m. at the Carlstadt Civic Center on Fourth Street.

All ladies from the surrounding towns are invited to join them for camaraderie, refreshments and fun.

On March 6 They will play TOSS UP, a fun game that does not require any great talent!

Yearly dues of \$12 will be collected at this meeting. Call Lucinda at 201-933-1643. ###

March 2014 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, March 3, 10, 24, 31

10:00 a.m. to 3:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

10 a.m. to 3 p.m. Senior Lounge open to all

Tuesday, March 4, 11, 18, 25

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Card Game Night

Wednesday, March 19, 26

10:00 a.m. Games, cards & coffee

10:00 a.m. Mahjong

2:00 p.m. Senior Aerobics \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

Thursday, March 6, 13, 20, 27

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga with John \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

Friday, March 7, 21

10:00 a.m. Games, cards & coffee

10 a.m. to 1 p.m. Senior Lounge open to all

Friday, March 14, 28

10:00 a.m. Fun Bingo

10 a.m. to 1 p.m. Senior Lounge open to all Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday March 5

10:00 a.m. Executive Board meeting

Wednesday, March 12

12:30 p.m. Leisure Club meeting. Program: Ian Gallagher, singer

UPCOMING EVENTS

St. Patrick's Day Celebration Monday, March 17

Transportation, meal, two complimentary drinks and entertainment by Irish Tenor Dan Yates and The Jersey Dreamers. Cost \$60 pp. Bus leaves at 10 a.m. For details call Kathy at 201-288-6651.

Hunterdon Playhouse Thursday, May 15

Transportation, great meal, including outstanding assortment of desserts followed by the hilarious comedy/mystery, "Busybody." Limited seating. Cost \$70 pp. For details call Kathy at 201-288-6651.

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Help Reach to Help **Our Citizens**

REACH is an ecumenical group of volunteers formed more than 20 years ago by interested persons from the Churches in Hasbrouck Heights to help our residents by transporting them to and from medical services when no other means of transportation are available. This service is generally provided Monday, Wednesday and Friday from 9 a.m. to 5 p.m., excluding holidays.

People needing this service should call REACH at 201-441-3350 before 9 a.m. on the day of their appointment to request the service.

The inside volunteer receives the requests and provides the driver of the day with names, telephone numbers, time and destinations requested.

The volunteer driver will call the person needing the service to confirm the information provided. The driver will arrange for a return trip while transporting to the destination.

Both the inside volunteers and drivers serve one day at a time on a pre-scheduled basis which approximates once a

The Churches of Hasbrouck Heights collectively support this service, together with voluntary contributions from those being helped.

Anyone willing and able to act as either an inside volunteer or driver for this important service to Hasbrouck Heights is cordially requested to call Regina at 201-288-1283.

Please help REACH to help our community. PG ###

Norman Rockwell Free Pops Choral Exhibit at Newark Concert April 12 Museum

An important exhibition that explores Norman Rockwell's unparalleled role as an American icon-maker and storyteller will be on view at the Newark Museum through May 26, 2014.

The exhibition American Chronicles: The Art of Norman Rockwell is organized by Norman Rockwell Museum. Stockbridge, Massachusetts.

Norman Rockwell (1894-1978) painted the best of America, creating indelible images of the lives, hopes and dreams of Americans in the 20th century.

Expertly weaving both narrative and painterly images, he was a consummate visual storyteller with a finely honed sense of what made an image successful in the new, rapidly changing era of mass media.

Rockwell's unique artistic legacy, established during 65 years of painting, offers a personal chronicle of 20th century life and aspirations.

All of the original works on view in American Chronicles are drawn from the permanent collection of the Norman Rockwell Museum, including such beloved and well-known images as "Triple Self-Portrait" (1960), "Girl at Mirror" (1954), "Going and Coming" (1947), and "Art Critic" (1955).

The exhibition will include materials from the Norman Rockwell Museum's archives demonstrating how Rockwell worked, proceeding from preliminary sketches, photographs, color studies and detailed drawings to the finished painting. For information, call 973-596-6550 or visit http:// www.NewarkMuseum.org ###

The Free Public Library of Hasbrouck Heights is pleased to sponsor the presentation and performance of pops songs provided by the Chanteurs of the New Jersey Choral Society.

The concert will be held on Saturday, April 12, 2014, from 2 to 3 pm. It will include selected show tunes from "Wicked," "Chicago," "Phantom of the Opera" and more. The whole family is invited to this free program at the Senior Center meeting room located at 320 Boulevard.

The NJCS Chanteurs is a vocal ensemble (15-20 singers) of the New Jersey Choral Society that performs musical entertainment concerts in the community.

The New Jersey Choral Society is one of the most prestigious choral groups in the state, well known for presenting outstanding and unique programs. They have performed at the White House and Carnegie Hall and have given performances around the world including Germany, Austrilia, Vienna, China and Shanghai, London and more.

So bring the whole family and join this very special event. To register call 201 288-0488.

Rutherford **Community Chest** Seeks Donations

The 68th Annual Drive of the Community Chest of Rutherford, which supports local non-profit organizations, welcomes donations.

The Rutherford Boy and Girl Scouts, Rutherford Food Pantry, Rutherford Social Services, The Meadowlands Museum, Bridge Builder and Star Fish of Rutherford all currently benefit. Every dollar contributed stays in Rutherford.

Send donations to: The Community Chest of Rutherford, Inc., PO Box 263, Rutherford, NJ 07070. ###

Yard Work Tips

The Hasbrouck Heights Fire Department EMS offers these safety tips for tackling fall clean up.

- When lifting heavy bags of mulch, use a wheelbarrow when possible, and remember to lift with your legs, not with your back.
- Be careful when pruning. Pruning from a ladder is especially dangerous.
- To avoid blisters when doing yard work, wear gloves.
- If you are doing a lot of raking, try an ergonomic rake, available at most hardware stores and garden centers. ###

Chore Program Helps Seniors and Disabled Persons

Since 1977, the Chore Vol-switches. unteer Handyman Service of the Volunteer Center of Bergen County has been helping elderly and/or disabled people, by performing minor household repairs that clients cannot perform themselves.

The Chore Service assists in improving the quality of life of older people who are living independently.

Chore's services include installing grab bars and railings, smoke and carbon monoxide detectors; repairing leaky faucets or toilets, replacing broken door locks, installing weather-stripping, changing screens and storms, replacing light bulbs, fixing broken lamps and switches, installing simple electrical fixtures or replacing existing electric outlets and

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ance repairs, cosmetic repairs or interior decorating. Chore serves Bergen County residents who are at least age sixty (60) or who are permanently disabled of any

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lifting, new wiring or appli-

Chore provides service without charge; the only cost to the client is for parts necessary to complete the repair.

To schedule a repair, or become a Chore Service volunteer, call 201-489-7790. ###

Police Chief Warns of Scams

Chief Michael Colaneri reminds residents that as spring approaches, residents should be aware of warm weather scams.

Questionable people usually prey upon senior citizens and people living alone, because they would rather deal with a lone decision maker.

With no one to confer with, it makes it easier for them to weave their web of deception.

The Chief said, "They prey on senior citizens because they have the time, they're home, and they're mellow in their older age. They try to see the good in everybody."

People should be suspicious of unsolicited work offers. "The day of door-to-door salesmen is over," Chief Colaneri said.

"If you've got somebody going door to door for house repairs, the chance is good that it's some kind of scam."

They say they are doing the house down the street and offer a discount.

Sometimes they will try to scare their prospects by bringing up dangerous situations that must be corrected immediately. But most often, nothing is wrong or just a minor repair would be needed.

One of the more common scams is to knock on the door and tell the homeowner that they do roofing, and when passing by they noticed that the roof is badly damaged.

They explain how the home is being damaged even before leaks become visible.

They use high pressure, aggressive tactics and convince the homeowner that the roof needs immediate attention.

They ask for cash and say they will need to get some supplies and be right back. That's the last time you will see them or your money.

Always remember to use common sense and think about it for a minute. How can these strangers show up and tell you about a serious problem that you are unaware of?

In another variation of this scam, workers will begin a home repair job such as repaving a driveway, take the deposit, and never return to finish the work.

The bogus contractor will begin the job and tell the resident that the damage was worse

> Be sure to lock your car doors at night.

Hasbrouck Heights Police than originally estimated, so he or she will have to pay more money.

> The best way to avoid becoming a victim of a home repair scam is not to allow people to do repairs unsolicited.

On some occasions, scammers have been known to work in tandem, gaining access into the home on the pretense of using the bathroom. While one of them has the attention of the homeowner, one of the other men or women will quickly search for cash and valuables

Never let any of these people in your home under any circumstances.

Chief Colaneri said, "Most people are inherently good. Most businesses are legitimate and provide good services at fair prices.

However, the consumer should be suspicious of any cold call or visit to your door without an appointment.

Anyone coming to your door should be able to identify themselves with proper I.D., company uniform or commercial vehicle (it is required to be lettered with the name and base town of the company).

Most importantly, do not be pressured by anyone. Follow your instincts; if you are uneasy, lock your door and call a neighbor or the police."

If senior citizens ever suspect a problem, the most important thing to do is call the police at 201-288-1000.

"If they feel that they have been scammed, there's a good chance that they're not the first one and we need to know about it." Chief Colaneri said. "The more reports we have, the better chance we have of catching them." ###

Heights Satellite Recycling Drop-off

The Hasbrouck Heights Recycling Program coordinator reminds residents of the Satellite Recycling drop-off located at the The Boulevard and Central Avenue parking lot.

It is available the first Saturday of every month from 7 a.m. to 12 noon.

This disposal site collects the following items for recycling: bottles, cans, plastic bottles, newspapers, cardboard, magazines, junk mail, and E-waste such as computer equipment and TVs. For more information, call 201-288-1072.

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Blood Pressure Check

The Carlstadt Health Department, in conjunction with the Health Awareness Regional Program of HackensackUMC, offers a free blood pressure program on the third Wednesday of every month, from 11 a.m. to 1 p.m., at the Carlstadt Senior Civic Center. Program includes information: prevent and manage blood pressure, body fat composition, manage stress, nutrition for healthy living, community health resources, etc. For more information call 551-996-2038. ###



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Live More, Weigh Less!

The Lodi Memorial Library will host a free health presentation, Live More, Weigh Less!, by Eileen Z. Fuentes on Monday, March 24, 2014 at 6:30 p.m.

Ms. Fuentes is a Wellness Coach, a Breast Cancer Survivor and a Natural Foods Cook. She was a presenter at TEDMED 2013 and has been featured in Latina Magazine.

Ms. Fuentes will give a presentation on discovering a safe way to get healthy, be energized and how to set realistic goals. She will explore weight loss problems in America and she will discuss why diets don't work. For more information, please visit www.theSPEACH. com ###

> 'Tis easier to prevent bad habits than to break them. B.F.

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W-R Health **Consultations**

The Borough of Wood-Ridge offers free health consultations at the Wood-Ridge Senior Center, from 11 a.m. to 1 p.m., on the first and second Thursday of every month.

Services include health history evaluation, blood pressure check, height and weight measurements, counseling and education, referral, consultation, etc.

For more information call 201-935-8852. This program is sponsored by Community Development in cooperation with the Bergen County Department of Health. ###

Moonachie Health **Consultations**

Free health consultations are available at the Moonachie Civic Center on the 1st (10:30 a.m. to 12:30 p.m.) and 3rd (11 a.m. to 1 p.m.) Wednesdays of the month.

Confidential services include: health history evaluation, blood pressure measurement, height and weight measurement, individualized counseling and education, referral and follow-up with a public health nurse.

This program is sponsored by Community Development in cooperation with the Bergen County Department of Health Services. ###

Health Tip Get Moving

Exercise is important, not just for weight loss but for the healthy running of your body. Do something every day to get your body moving.

This can be as simple as walking an extra block on your way to work, getting up and walking around the living room during commercials or going outside to play with your kids or dog on the weekend.

Start off small and incorporate this exercise into your daily life. As your body gets used to moving more, you can add more exercise and start a real routine.

The more you move your body, the more you can do. ###

Filling You In

By Jeffrey E. Mason, D.M.D.

Sensitive Teeth

What is dentin hypersensitivity? Dentin hypersensitivity, more commonly referred to as sensitive teeth, can be defined as short, sharp pains that come from exposed dentin (the layer of tissue found beneath the hard enamel that contains the inner pulp).

Individuals with sensitive teeth may find that the pain can be triggered by hot, cold, sour, or sweet beverages or foods, forceful brushing or flossing, or even by cold air.

What causes the sensitivity? Tooth sensitivity is caused by the movement of fluid within tiny tubes (pores) located in the dentin, which results in nerve irritation. When the hard enamel of a tooth is worn down or gums have receded, the surfaces of these tiny tubes can become exposed, resulting in pain while eating or drinking certain foods, such as ice cream or hot coffee.

How common is this con**dition?** Dentin hypersensitivity is one of the most common complaints among dental patients. One in five people in the United States experience dentin hypersensitivity at some point in his or her life.

How can I avoid dentin hypersensitivity? Excessive consumption of acidic beverages, such as orange juice or cola, can wear down hard enamel and put you at risk for dentin hypersensitivity. Limiting your consumption of acidic foods and beverages can prevent the erosion of hard enamel. Conditions such as bulimia nervosa and acid reflux also can have similar erosive effects on tooth enamel.

Abrasion of the enamel from aggressive use of a toothbrush also can lead to dentin hypersensitivity. Notify your dentist if you experience tooth sensitivity. He or she can monitor the condition and can help remedy the sensitivity.

I have dentin hypersensitivity. What can I do to

prevent pain? Using a softbristled toothbrush and brushing in a circular motion will minimize enamel abrasion and thus reduce sensitivity. Using toothpaste containing a desensitizing agent that protects exposed dentin by blocking the tubes connected to nerves can alleviate pain.

In-office treatments, such as topical agents or sealants, can be applied by a dentist to help reduce sensitivity. Of course, limiting your intake of acidic foods and beverages is always recommended.

Ref: Academy of General Dentistry April 2013

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Tai Chi Workshops

The Free Public Library of Hasbrouck Heights is proud to sponsor workshops focused on Tai Chi Short Form.

These workshops are free. People of all ages are encouraged to attend. They will be held once a month in The Library's conference room located at 320 Boulevard from 7 to 8:30 p.m. on the third Monday of every month.

Starting in March, it will resume the third Monday evening of every month. No registration is required.

Tai Chi has been referred to as "yoga in motion." It is an exercise system that combines slow, graceful movement with calm regular breathing. Tai Chi has many styles and has become very popular as a means of maintaining good health and feelings of relaxation. These workshops will teach you what Tai Chi is, how to perform the basic movements, and how you benefit from it.

The instructor, Paul Barcia, has been practicing Tai Chi for over 15 years. He is a local businessman with a passion for Tai Chi and desire to spread his knowledge and experience. He studied under a well-recognized teacher, B. P. Chan. ###

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Veterans Today

By Thomas Marshall

VFW Post 809, 100 Main Street, Little Ferry has several events coming up.

On March 15, 2014, there will be a St. Patrick's Day dinner starting at 6 p.m. A \$5 donation to help Veterans is how you can get in. Come out and have some corned beef and cabbage. There will be no takeout-plates.

The Ladies Auxiliary will host a Grocery Bingo on March 23. It will begin at 6:30 p.m. The entrance fee is \$10.

809 will also host an Easter Egg Hunt and a Flea Market on April 12. If you want a table outside the cost is \$20, inside is \$25. All these events are at the address above. Call 201-641-9759 for details.

Game Changer

In every game or contest there is a moment where the issue changes for one side or the other. It's the folded hand in cards you should have played. It's the move in chess you shouldn't have made. It's the field goal kick with no time left on the clock that delivers a win or a loss. You get the point.

During the American Revolution one of these moments happened.

General Nathaniel Greene had his army on the move. After the Battle of Cowpens, General Morgan brought in all the supplies and prisoners he had captured at the battle. Cowpens was a great American victory, but Greene needed more men and supplies and right behind General Morgan was the entire British Army under the Command of General Earl Charles Cornwallis.

He wanted to capture Morgan's force before he made the connection with Greene. He wanted the supplies and more importantly, he wanted the prisoners Morgan captured. He didn't catch up to Morgan's force, but that didn't slow him down.

General Greene didn't think he had enough men to handle Cornwallis' army.

He decided to leave North Carolina and make for Virginia where he could resupply and obtain more men.

Greene aimed for the Dan River, Cornwallis aimed for General Greene. He wanted to destroy the American southern army and put an end to the war in the south.

Cornwallis had burnt unnecessary baggage and wagons to make his army faster on the march. Many have criticized this move but Cornwallis wanted to unburden the army as much as possible. Now this is late January of 1781. Cold rain fell on muddy roads. The two armies marched for miles through those roads and swamps.

To screen his army, General Greene had Colonel Otho Williams from Maryland Command a force of Dragoons to cover his march north.

Williams played cat and mouse with the front of the British Army, always keeping himself and his men between the two armies.

Fighting and falling back, never giving full battle. Horses were rode to death. Men were starved. Veterans later would say they were glad to get a piece of alligator to eat. Alligator at the time was considered dog food.

Williams was superb in his efforts. General Greene won the race to the Dan River. On the 14th of February 1781, the army crossed over into Virginia. Cornwallis' army with no boats turned south and camped.

Cornwallis sent letters to his superiors, letting them know he chased the American army out of the Carolinas.

No matter how he dressed up the letters to sound good, the fact remained that the American southern army was intact and still a danger to his overall position in North Carolina.

He also destroyed a lot of his own supplies chasing the Americans to the Dan River and never catching up.

General Nathaniel Greene was correct in going to Virginia. He found supplies and more importantly more soldiers for his army. He now had about 4,500 men. This would put him at great advantage because the British had about 2,100 effective fighting men.

Greene took his army back across the Dan River and reentered North Carolina. He wanted Cornwallis to attack him. He felt he could finally do some damage to the British army and was hoping General Cornwallis would accept the challenge.

Greene chose a wooded hill at Guilford Courthouse, North Carolina. This hill sloped down onto a plantation. The road that ran from Salisbury to Hillsboro passed through the plantation and up to the top of the hill where the courthouse stood.

At the plantation was a clearing in the woods were a picket fence stood. The fence ran along a cornfield and was interrupted where the road passed through it.

Greene put his first line of North Carolina Militia at this picket fence. He also put riflemen in the woods to the left and right of this first line so they could harass the British as they tried to move forward. There were two cannons put in the road along this front line.

His second line was 300 yards behind the first. This line had no cannon and was held by Virginia Militia. Like the first line, it also crossed the road to slow the British down.

The third and final line was off to the left and up on the heavy wooded slope. Virginia, Maryland and Delaware Continental troops held this line. They had two cannons with them.

On the morning of March 15, 1781, Greene sent out Lt. Col. Henry Lee out with his Dragoons to pick a fight.

He and his men rode down the main road and after a few miles ran into Lt. Col Tarleton's Dragoons. After a brisk sharp fight Lee rode back to the American position.

Now if you are Cornwallis, should you wait for the possibility of gathering reinforcements? Let Greene attack on a ground of your choosing? The Revolution rides on the decision.

General Cornwallis took the bait. He put his army on the road to meet the Americans in battle at Guilford Courthouse.

Without reconnaissance he deployed his army when he came near the picket fence.

He put the 23rd under Webster and the Hessian Jaegers on the left supported by the Grenadiers and the 2nd Guard under O'Hara.

On the right side of the road he placed the 33rd under Leslie with another group of Hessians.

On the road he placed Tarleton with his Dragoons and two cannons.

Cornwallis ordered an attack and forward they marched until they came to within 50 feet of the fence. There the British paused. They saw all the Americans with rifles aimed and ready. Lt. Col. Webster rode up and said "Come on my brave Fusiliers" and forward they went.

The Americans fired and men began to fall. The British fired back and used the bayonette to force the Americans back. Greene wanted his men to fire three times and fall back to the second line. As they pulled back some of them went into the woods others ran for the second line.

The British climbed over the fence and the Americans shooting from the woods on the left and right flank of the British caused severe havoc.

Cornwallis ordered a change in front to drive off the riflemen in the woods. After some time he reassembled his men in formation and headed straight for the second line.

Here the Virginians gave them a fight. The action was more severe. Hidden in the trees on this line the Virginians killed and wounded many of the enemy. Slowly the right side of the line began to give way and the Americans were pushed back.

The left side of the line held for a while longer until Cornwallis himself led a charge and force the men of the second line to fall back to the third and final line.

As the Grenadiers passed over the area of the second line some of the wounded Americans played dead. Many of the wounded that were still moving received a bayonette.

The Grenadiers and the 2nd Guard moved out into an open area and saw some Continental soldiers in a small clearing. They attacked and the Continentals were driven back into the woods.

The British followed and ran into the 1st Maryland Regiment. As they fought, the Dragoons of Lt. Col. William Washington charged into the fight.

Slashing and cutting down any British soldier they could. Cornwallis seeing the horsemen ordered the cannons to fire on friend and foe alike to regain control of the battle.

General Greene might have ordered a bayonette charge to seal a victory but, he chose not to risk the army and ordered an orderly retreat.

The Battle of Guilford Courthouse was over. Greene was overjoyed. He knew he bloodied the enemy and the enemy paid a high price.

The British camped on the battlefield that night. The British had 93 dead and over 400 wounded.

The Americans lost 70 dead and about 180 wounded. The cries of the wounded that night would haunt the British through the night.

Cornwallis sent out letters again but even he couldn't make his victory sound good. He lost one quarter of his army and he needed supplies. To get those supplies he would be forced to Yorktown, Virginia. There he would get surrounded and he eventually would surrender.

The Revolutionary War was basically over. The Battle of Guilford Court House changed the game in our favor.

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The Vietnam Veterans of America (VVA) hold their meetings at this Post the third Monday of the month starting at 7:30 p.m.

The Disabled American Veterans (DAV) hold their meetings at this Post on the third Tuesday of the month starting at 7:30 p.m. ###

Vietnam Veterans of America Meetings

Vietnam Veterans of America Chapter 800, 100 Main Street, Little Ferry, NJ, cordially invites you to attend their general meetings held on the third Monday of each month at 8 p.m. (excluding August).

They welcome any Veteran and non-Veteran who would like to become a member of the Vietnam Veterans of America Chapter 800.

For more information go to: http://www.vvachapter800. org/ or email: als69vet@optonline.net ###

DAV Meets

The Disabled American Veterans, Bergen County Chapter 15 invites Veterans who have incurred disabilities as a result of their service in the Armed Forces to attend monthly meetings 7:30 p.m. the third Tuesday of the month (except July and August) at VFW Post 809, 100 Main Street, Little Ferry, NJ. Chapter Service Officers are available to file claims for compensation on your behalf. For additional information call Commander Ignazio Valente at 201-421-5922 or email: davchap15@ yahoo.com ###

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Artful Thinking

By Artie Maglionico • Lodi Historian

Remember Drive-in movies? Do they still exist?

For those of you who are too young to remember, there used to be a drive-in movie on the west bound side of Route 46 in Saddle Brook where now stands Walmart.

I'm talking about the 50s when, aside from television which was still in its infant stages, families didn't have much to look forward to when it came to entertainment.

Reluctant fathers packed the wife and kids into the car and off they went to the "out door theater."

It was a family outing like a picnic with a built in TV screen. Mothers used to dress the kids in their pajamas so her little sleeping beauties could be carried into the bedroom without as much as a stir.

Many were the times kids would wake up in the middle of the night thinking they were still at the drive-in wondering when the cartoon was going to show.

During the movie it was a common practice for parents to have the children huddled in the back seat an arm's length away from an eventual ear pulling.

In my case my mother didn't have to turn around since she had eyes in the back of her head. At least that's what I was lead to believe and for good reason. Lena was capable of taking a few well placed swings in my direction without having to turn around. If she happened to connect it was all the better...for her that is!

Meanwhile my father, Vito, had problems of his own. First of all folks he didn't want to be there, which made for less than a favorable start for all concerned.

He'd much rather have been at home lying on the couch...yes we called it a couch in those days not a sofa...in his stocking feet watching a Yankee game.

To make matters worse he had to settle for a crummy parking place after an agonizing 20 minutes of riding up and down those hills and valleys in the dark looking for a suitable spot to make camp. Watching my dad search for a decent spot among a sea of cars was, for me at least, more entertaining than the movie.

Across that muddy terrain my determined father set out to find his loved ones the best parking place on the lot.

I can still recall the jeers coming from the other cars who were long since nestled in and were trying to enjoy the feature. If their venomous outbursts weren't enough they would begin blowing their horns row by row in an effort to drive us off the premises once and for all. Then, as if by divine intervention, appeared the "perfect parking place."

First row, near the refreshment stand and a safe yet convenient distance from the rest rooms. There was nothing between us and that giant screen but God and the wild blue yonder. Meanwhile alarms were going off in my mother's head.

"That's odd isn't it Vito?" She asked.

"What's odd Lena?" he sarcastically replied.

"Odd that a space as good as this is still open." She answered "Awe come on will ya Lena?" groaned my dad "what do ya wanna jinx me? We got lucky for a change!"

So there we were settled in like a family of cozy bears in winter time ready to watch a movie from the best spot in the State of New Jersey.

Life for my dear old dad was good until, that is, he attempted to adjust the sound on the speaker...there wasn't any. All that was heard emanating from our car was the sound of Vito's voice asking God why he couldn't catch a break. "You had to jinx me huh Lena?" he asked as he threw the dead speaker out the window.

"Oh nobody jinxed you... don't be ridiculous!" insisted my mother who as well as having eyes in the back of her head was never wrong.

On that particular night we found ourselves in the last row. We were so far away from the refreshment stand that we could have ran home and grabbed something out of the refrigerator in less time.

Worse yet we wound up behind a station wagon filled with kids whose dog was left to roam free only to leave his steamy calling card under the car window...on my father's

Luckily for me and my cousin Anthony Maglionico, who came along with us on occasion, were already out of the car making that long trek to the refreshment stand.

We followed the scent of those fried in one year old bacon grease hot dogs and those slabs of ketchup covered shoe leather called hamburgers.

The smell of those gastronomical delights coated the hot sticky air and remained on our skin until our next bath which hopefully was the next morning.

On that big screen the food was made to look irresistible. It looked so delicious that the memory of how bad it tasted the last time you ate it was erased from your mind. Now me and my cousin Anthony were back on line again wanting more of the same.

The French fries were so saturated in grease that you had to wring them dry before you actually ate them. It took all of a watered down Coke to wash that stuff down. It was the worse food I ever tasted...God how I loved it!

Remember the Drive-in Movie folks? I'll bet you have some wonderful memories of your own, huh? Well now is a good a time as any to sit down over that cup of coffee and let your mind take you back to what were among the happiest moments of your life...I'll meet you there.

Oh before I forget...Happy St. Patrick's Day!

Silence is not always a sign of wisdom but babbling is ever a mark of folly. B.F.

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Home sellers who adore their pets – and I, with 2 small dogs, count myself among the most irrational of pet lovers – have a hard time imagining the negative attitudes others harbor against our animal housemates.

Real Estate Insight

By Mary Ellen Courtney

So, while this might be a bitter pill to swallow, if you want to get top dollar for your home, you should really consider how much you might lose with a dog or cat in residence.

Why don't home buyers like your pets? Well, for starters, many buyers are afraid of your animals.

No matter how friendly and playful they are to you, there's a significant segment of the population that finds them terrifying.

Sometimes it comes from being attacked by a pet as a child; other times it might be cultural where they are unaccustomed to animals in the home.

Or, as in my own case, they can have violent reactions to pet allergens (the whites of my eyes go bonkers when I'm around cats!).

Another reason buyers don't like pets is - well, let's face it – they're not always clean.

And, obviously, you want your home to be spotless when you list it for sale. If you have pets, I'd strongly recommend asking your agent (or a friend) to give your house the sniff test.

If there are strong pet odors that you no longer smell, maybe get the carpets cleaned and wash any pet bedding. Keep litter boxes and dog potty pads impeccably clean.

Nothing turns off buyers faster than opening the door to the laundry room and being greeted by the stench of a cat box! (Cat urine is the worst. *Without question. The. Worst.)*

Put away as much evidence of the pets as you can. You don't need large boxes of toys or empty food bowls sitting around.

The more you downplay the fact that pets live in the home, the better off you are in appealing to non-pet lovers.

Agents, too, can be put off by showing houses where pets are known to reside. I'm sure many local sales people will recall the infamous 'house of ferrets' that was for sale here in Heights not that long ago (I won't go into describing it). But more mundane scenarios are too often typical.

Like approaching the front door of a house, ringing the bell and hearing a large canine going berserk on the side.

I would not, under any circumstances, enter with clients when I don't know the dog's nature or intentions. My own dogs are about as cute and friendly as they come, but they're totally territorial at home and I would never have them loose around strangers.

Besides, the whole point is that you want buyers to be totally focused on evaluating your home.

Distractions are never a good idea, whether they're photos of pets on the refrigerator or the animal itself trying to get the buyers' attention.

So, what's the preferred pet solution? You're not going to like this but I'll say it anyway fully realizing that this excellent piece of advice is likely to fall on deaf ears.

The best thing to do to ensure top price for your home is to relocate your pets while your home is on the market.

Let a friend care for them; board them at a kennel; send them on a vacation. If, however, this isn't possible (or you prefer to shrug off my professional advice) then at least do everything to minimize the objections and nuisance factors [real or imagined].

Selling a home when you have pets can be a challenge, but the more you plan for it, the quicker you can get your home sold and the whole process over with for Fluffy and Rover.

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

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gram has a cap of \$5,000 per household. Funds are paid directly to the vendor. The program does not provide reimbursement for repairs already

Restrictions apply. The application is filled out at the Recovery Information Center. If the client has mobility issues, the VOAD/LTRC staff will conduct a home visit to fill out the application.

To Apply: clients must register at the Bergen VOAD/ LTRC Recovery Information Center at 221 Moonachie Road in Moonachie. Please call 201-470-3143 for an appointment for intake. ###

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About Easter

Easter, Pascha, or Resurrection Day, is the most important religious feast in the Christian liturgical year. It celebrates the resurrection of Jesus, which Christians believe occurred on the third day after his crucifixion some time in the period A.D. 27 to 33.

Many pagan elements have become part of the celebration, and those aspects are often celebrated by many Christians and non-Christians alike.

Easter also refers to the season of the Church year called Eastertide or the Easter Season. Traditionally, the Easter Season lasted for the forty days from Easter Day until Ascension Day, but now officially lasts for the fifty days until Pentecost. The first week of the Easter Season is known as Easter Week or the Octave of Easter.

Easter is termed a movable Christian holy day because it is not fixed in relation to the civil calendar. Easter falls at some point between late March and

Easter, Pascha, or Resurion Day, is the most imtant religious feast in the tianity), following the cycle of ristian liturgical year. It the moon.

> Easter is linked to the Jewish Passover, not only for much of its symbolism, but also for its position in the calendar.

> The Last Supper shared by Jesus and his disciples before his crucifixion is generally thought of as a Passover meal, based on the chronology in the Gospels.

Some, however, interpret "Passover" in John 18:28 as a single meal and not a sevenday festival. Interpretation of the Gospel of John differs from the Synoptic Gospels by placing Christ's death at the time of the slaughter of the Passover lambs, which would put the Last Supper slightly before Passover, on 14 Nisan of the Bible's Hebrew calendar.

According to the Catholic Encyclopedia, "In fact, the Jewish feast was taken over into the Christian Easter celebration." *Source: Wikipedia. org ###*

Corporate Volunteer Week Planned in Bergen County

Being successful in business is about more than doing well - it's also about doing good. And in April - during National Volunteer Week - local businesses will have the opportunity to spread good deeds and make an impact in and around Bergen County.

Business Volunteer Connect, a program of the Volunteer Center of Bergen County, will present All in a Day's Work, a week-long, county-wide day of service for volunteers from businesses large and small. TD Bank is the presenting sponsor for the week's activities.

All in a Day's Work will take place from Monday, April 7 to Friday, April 11, 2014. There are dozens of projects from which to choose, from roll-up-your sleeves landscaping, clean-up and painting to client interaction with seniors and children.

Participating companies

can sponsor one or more projects and choose the day or days that work best for the company. Business Volunteer Connect will customize and manage a project for up to 15 employee volunteers (additional volunteers can be accommodated for an additional fee). Sponsorship of a project also includes lunch, publicity and the sponsor's logo on businessvolunteerconnect. org.

"Interest in our past oneday corporate volunteer events was so positive that we are expanding the event to an entire week this year," says Amanda Missey, Senior Director, Civic and Community Engagement at the Volunteer Center. "If your company has considered community service, but no one is quite sure how to begin, this is a great opportunity to participate in a high-profile, areawide event where we do all the planning and implementation - you just send the volunteers. Your employees will have a great time giving back, your company will be recognized as a good neighbor, and your team will enjoy the team building experience."

Interested companies should contact Ellen Lutvak, Corporate Engagement Specialist, at elutvak@bergenvolunteers.org or 201-489-9454 x133. Projects are awarded on a first-come, first-served basis; deadline for registration is March 21, 2014.

The Volunteer Center of Bergen County strengthens the community by connecting people through service and developing civic leaders. ###

Pray for Peace

Area Annual Easter Egg Hunts

East Rutherford

Continental breakfast with the Easter Bunny is scheduled for 9 a.m. to 11 a.m. on Saturday, April 12, 2014, at the Civic Center. Bring your camera.

Hasbrouck Heights

The Annual Easter Egg Hunt is scheduled for line up at 9:30 a.m. with a 10 a.m. start on Saturday, April 12, 2014, at Depken Field. Rain Date is April 19. The Easter Bunny is scheduled to visit and hand out a treat.

The event is open to all Heights Pre-schoolers (age 4-5) through Third Graders. Children should bring a basket. All children must wear rubber soled shoes, preferably sneakers. No parents or underage children are allowed on the field. Tickets are distributed through the elementary schools. Tickets are also available at the Borough Clerk's Office at 320 Boulevard. This event is sponsored by the Mayor's Celebration Committee.

Little Ferry

The Little Ferry visit by the Easter Bunny is scheduled for Saturday, April 12, 2014, at Borough Hall, from 11 a.m. to 2 p.m., for resident children up to age 12. Bring your camera.

A magic show and face painting are scheduled. Event is rain or shine. This event is sponsored by the Recreation Committee.

Moonachie

The Moonachie Annual Egg Hunt will be held 11 a.m., Saturday, April 12, 2014, at Robert L. Craig School Gymnasium, rain or shine. Refreshments will be served and the Easter Bunny will be there. Be sure to bring your camera. The event is open to all children.

Rutherford

Annual Holiday Egg Hunt Sunday, April 13, 2014, (rain date April 19) at Tryon Field for Rutherford children ages 1 through Kindergarten at 1 p.m.; children 1 through 3rd Grade at 1:45 p.m. Peter Cottontail will be available.

Flashlight Egg Hunt: Friday, April 11 at 7:30 p.m. at Tamblyn Field, Rutherford residents Grades 4-6 are invited for a fun-field evening of hunting for eggs in the dark. Refreshments follow in the Civic Center. Bring your own flashlight.

Wood-Ridge

The Knights of Columbus St. Anthony Council 11585 will hold their Annual Easter Egg Hunt after the "Blessing of the Baskets," at noon on Saturday, April 19, 2014, on the Assumption Church grounds for Pre-K through 3rd Grade. Tickets may be obtained at the rectory. In case of rain, the event will be held indoors. Refreshments follow. ###

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Meet Pastor Eric

In 2013, the family of Bible Baptist Church in Hasbrouck Heights said goodbye to their pastor and friend, Rev. William Hegedus.

Rev. Hegedus and his wife, Diane, came to New Jersey in 1989. They faithfully served while raising their seven children in Hasbrouck Heights for 25 years.

They touched and changed thousands of lives in the time God had them here. Rev. Hegedus will be remembered for his faithful and steadfast teaching of God's truth. Before leaving for North Carolina in September, he assisted the Church's Pastoral Search Committee as they prayerfully sought the next Pastor.

sumes, interviews and much prayer, God made His choice clear when the committee unanimously presented a man to the Church.

In July 2013, the Church voted 98 percent in favor of extending the call of Pastor to Eric Dammann who gladly accepted.

Pastor Eric was born in Morristown, New Jersey and grew up in Dover, New Jersey. He attended Birchwood Heights C&MA Church as a child. He later went on to serve at the Philadelphia Church in Oak Ridge, New Jersey and also in New City Gospel in New City, New York.

For the past 12 years he served as the Associate Pastor After eight months of re- of Calvary Baptist Church in Warwick, New York.

While serving he received his B.A. from Nyack College in Philosophy with a minor in Bible. He attended Alliance Theological Seminary for one semester and transferred to Reformed Theological Seminary's Virtual Campus where he is currently completing his Masters in Theology.

Pastor Eric met his wife. Eileen, in the summer of 1999 and they were married on March 18, 2000. They have five children, John, Eric Jr., David, Dana and Caleb.

He enjoys baseball, hunting, fishing and being with his family. They moved into the Church parsonage in September and Pastor Eric began his ministry at Bible Baptist on October 1.

Pastor Eric said, "We have received a warm welcome from the people of Hasbrouck Heights and our neighbors. We are excited to begin a new chapter at Bible Baptist Church and the plans God has for us and our community."

Bible Baptist Church is located at 31 Passaic Avenue, Hasbrouck Heights. For more information, call 201-288-4139 ext. 17, or visit:www.biblebaptist.net ###

Holy Communion Rice Cake & Preparation/ Instruction

During the weeks of Lent, Pastor Susan Nelson-Colaneri will teach a preparation/instruction course on the sacrament of Holy Communion for students in the 1st through 3rd Grades at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights.

All children are welcome to attend this class whether or not they are Lutheran and/or members of Holy Trinity.

Classes will be held on Sunday mornings, from 9:30 to 10:30 a.m. The class is for those students who are already receiving Holy Communion or those who wish to receive their First Communion on Easter Day.

Classes begin on Sunday, March 16, 2014, with a family orientation session. Please contact Pastor Susan at 973-980-2367 or by e-mail at pastorsusannj@aol.com if you would like to register your child(ren) for this class.

To find out more about Holy Trinity, please visit: holytrinityhasbrouckheights. com or leave a message at the Church office, 201-288-6889, and someone will get back to you as soon as possible. ###

Butter Lamb Sale

The Rosary Confraternity of Most Sacred Heart of Jesus Parish in Wallington will be holding its annual Rice Cake and Butter Lamb Sale on Saturday, April 5, 2014.

Rice Cake, as well as Butter Lambs will be sold while supplies last. Note: advance orders will be honored first!

Prices are:

- Rice Cake: \$5 per pound
- Rice Cake: Whole \$30
- Butter Lambs (salted or unsalted): \$5 each

If you would like to place an advance order, please drop off your order at the rectory or call no later than March 28, 2014. Checks are to be made payable to "MSH Rosary Confraternity." Purchases may be picked up on Saturday, April 5, only between the hours of 12 p.m. through 5 p.m. in the school cafeteria.

For additional information or to place an order, call Ginny at 201-715-2087. ###

Men's Breakfast With Pastor Dreyman

The next Men's Breakfast sponsored by Holy Trinity Lutheran Church in Hasbrouck Heights will take place on Saturday, March 22, 2014.

The breakfast will be held at the Arena Diner on the corner of Essex and Hackensack Streets in Hackensack.

The presentation, "Financial Planning and the Pitfalls to Avoid" will be given by William O'Doherty. William is the Thrivent Financial representative for the congregation and is a Financial Consultant with the Westbury Group in Montvale.

If you need more information and/or to register, please call the Church office at 201-288-6889 and leave a message for Pastor Dreyman or Charlie Davis. Advance registration would be helpful but it is not a requirement. ###

Heights Food Bank Seeks **Donations**

The shelves are a little sparse and t he Hasbrouck Heights Food Pantry welcomes donations. Needed items include: beans, canned fruit, juices, pasta sauce, gravies, paper products, all kinds of soaps and cleaning products, shampoo, toiletries, jelly, coffee, tea, cereal, powdered milk, crackers, cookies and snacks.

The Food Bank is supported by food drives held at the Churches, schools, the Scouts, The Library and special programs, the monetary donations that buy food store gift cards and those who drop off bags of groceries at the Borough Clerk's office.

The 15-20 families who need help are very fortunate to be able to have a place to come if needed. Borough Clerk Rose Marie Sees said, "A great big thank you for your generosity. It is overwhelming and very much appreciated."

For more information, call the Borough Clerk's office at 201-288-0195. ###

> WALK Facing Traffic BIKE With Traffic



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PRAYER TO ST. JUDE

Oh Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to who God has given such great power to come to my assistance. Help me in my urgent petition. In return I promise to make your name known and cause you to be invoked. Say three Our Fathers, Hail Marys and Glorias.

Publication must be promised. St. Jude, pray for us all who invoke your aid, Amen. This novena has never been known to fail. This novena must be said for nine consecutive days. F.O.R. ###

World Day of Prayer March 7

Ecumenical Service • All Area Residents are Welcome

On Friday, March 7, 2014, at 1 p.m., World Day of Prayer Ecumenical Services will be held at Episcopal Church of St. John the Divine, at the corner of Terrace and Jefferson Avenues, Hasbrouck Heights. Coffee hour will follow. For more information, contact Ethel Ball at 201-288-3611.

The World Day of Prayer USA promotes justice and equality for women through prayer, partnership, service and celebration. Please attend this very meaningful service.

This year's theme, "Streams in the Desert," was prepared by the women of Egypt.

Egypt: A place where history flows across every location like the Nile River flows through its land. A place where history speaks to us calling us to remember our past.

Egypt has been both a place of exile and a place of refuge. It is a place where streams flow through desert lands bringing with them the fertile nutrients needed for plants, trees, and all forms of life to flourish.

However, these streams are not only the physical rivers that we can dip our feet into. In the 2014 service we are invited to seek the streams of living water which Jesus offers.

We come to sit by a well in Samaria where a woman will meet Jesus and, in meeting him, will meet God. It was at this well that she was offered the life giving waters that became "in her a spring of water welling up to eternal life." It is in her meeting that we too are offered this living water. Come, let us dive into those waters and see what may come of our encounter.

We are invited to think about our own lives and where we recognize streams in our own deserts; places and moments where God is actively at work.

To reflect on times when we, like the Samaritan woman, have gone to the well looking for one thing and then discovered Christ offering us what we never expected. We will come not only to learn what this spring of living water is, but how we can, like the Samaritan woman, carry it back to our communities.

To see the transformation that can happen when we share our stories of encountering the living God. So come, drink your fill of the waters that God has to offer.

Invite your friends, families and communities of faith to join the women of Egypt in prayer and song and support women's ecumenical ministries towards peace and justice.

World Day of Prayer (WDP) is a worldwide ecumenical movement of women of many faith traditions who come together to observe a common day of prayer each year on the first Friday in March -- all are welcome.

Throughout the entire day, women in more than 170 countries and regions, collectively pray all over the world, beginning with the first sunrise and ending at the last sunset. These prayers follow the sun's path around the globe. WDP's motto is "Informed prayer leads to prayerful action." A different country is represented each year. For more details go to: www.wdpusa.org ###

Rosary Society of Corpus Christi Church

The next General Meeting of the Rosary Society is Thursday, March 6, 2014, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel.

Continuing our focus on the Blessed Mother and various aspects of our devotion, the topic for this meeting is the Rosary. Members are reminded to bring their donations for the Children's Tricky Tray and the household cleaning supplies for distribution by the Friendly Neighbors of Hasbrouck Heights.

The women of the Rosary Society will again be hosting their popular Meatless Lasagna Dinner in the Corpus Christi school cafeteria on Friday, April 4, 5:30 to 7:30 p.m. There will be a special raffle for a flat screen television, a Tricky Tray (children's items only), and a 50/50 drawing. The menu

includes the lasagna entrée, salad, bread, tea/coffee, soft drinks, and dessert (ziti will be available). The dinner donation is \$10 for adults and \$5 for children 12 and under (tod-dlers free). To purchase tickets, please call Karen McDowell at 201-288-5738. Walk-ins are welcome and take-out is available.

They encourage the women of the parish to join the Rosary Society in prayer and service to the parish and community.

Members are required to say one decade of the Rosary daily, to attend monthly meetings, to pray the Rosary for deceased members, and to participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan 201-288-7415 for further information. *Story by Carol Viceconte.* ###

Guild Assembles Health Kits

The Guild of Reformed Church Women will collect and assemble Health Kits as a Lenten project for Church World Service from March 9 to April 20, 2014.

These kits consist of wash-cloth, hand towel, bath-size soap, toothbrush (in original packaging), nail clipper, widetooth comb and 6 band-aids.

Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service. Cash donations to assist in the shipping and handling of these kits are always welcome. All items/kits may be brought to the Church Tuesday through Friday and Sunday morning. Call 201-288-1122 or Estella 201-288-0378 for more info. ###

Ash Wednesday
March 5

Palm Sunday April 13

Good Friday April 18

Easter Sunday April 20



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Felician Sisters Celebrate 100th Anniversary





The Felician Franciscan Sisters celebrated their presence in Lodi from 1913 through 2013, and thanked God for "A Century of Blessings" during a Solemn Celebration of the Eucharist in the Immaculate Conception Convent Chapel, followed by a festive dinner at The Venetian in Garfield, on Sunday, December 8, 2013.

Archbishop John J. Myers of The Archdiocese of Newark co-celebrated Mass with his Co-Adjutor Archbishop Bernard Hebda and the head of the Metuchen Diocese, Bishop Paul G. Bootkoski, plus more than a dozen priests and friends of the Felician Sisters.

During the Mass, the Sisters praised God -- for the protection of the patroness of the Lodi Province and Mary under the title of the Immaculate Conception of the Blessed Virgin Mary.

They also remembered the courage of the founders of the province: Sister Mary Sigismunde, Sister Mary Pancratia, and Sister Mary Augusta. The renewal of the vows and the singing of the Magnificat were heartfelt expressions of the gratitude of the Sisters.

In his homily, Archbishop Myers thanked the Felician Franciscan Sisters for their dedicated ministries and how much he, and the people of the Newark Archdiocese, appreciate their prayerful presence.

The music ministry was the foundation for congregation in praising God in song.

It was wonderful to hear both choir and congregation sing wholeheartedly during the Celebration of the Eucharist, accompanied by pipe organ, trumpet, flute percussion, chimes and piano.

After the Mass, all were invited to The Venetian for a

wonderful buffet luncheon.

Sister Mary Rebecca Piatek, mistress of ceremonies for the brief introductory program, welcomed all to the celebration and made special mention of the clergy, the members of the General and Provincial Administrations, the contingent of Sisters from Enfield, Connecticut.

The Rev. Joel Szydlowski, OFM, their Franciscan chaplain, gave the invocation. The Rev. Felix Marciniak, Pastor of Most Sacred Heart Church in Wallington, offered the toast.

A live orchestra played familiar favorites which encouraged many Sisters to the dance floor.

Many Sisters were involved in the preparation and work for this historic day, a once-in-alifetime experience!

Since many of the Sisters residing in the infirmary were unable to attend the events of December 8, there was a special Mass and dinner to mark the Centennial on Monday, December 9, Feast of the Immaculate Conception of the Blessed Virgin Mary.

Presider at the Mass was the Rev. Leonard Stunek. The choir came for the Mass and, once again, the music ministry was a splendid blend of choir and congregation.

In God's eyes one hundred years is just a breath of time.

But for the Felician Sisters of the former Immaculate Conception of the Blessed Virgin Mary Province in Lodi, New Jersey, God has bestowed countless spiritual and material gifts that sustained them during the first century and give them hope for the new century.

Story provided by SM Virginia Tomasiak. Photos provided by Sport Shots & Rod Bolten Photography, Midland Park, NJ. ###



























This Invisible Army Was Ready

The security and transit preparations for Super Bowl at MetLife Stadium were well publicized.

But, as East Rutherford (ER) was the host city, Fire Department Chiefs John Giancaspro, Justin Lahullier, Michael Felten, Michael Falco and their committee, spent three years planning for Super Bowl Sunday.

This included two trips to previous Super Bowl cities to meet with their Super Bowl committees. They gathered information that was used in conjunction with the 25-person Meadowlands Fire Brigade, which is the lead agency for fire protection at the Meadowlands Complex.

East Rutherford Fire Chief John Giancaspro and his team held several meetings, giving up their nights and weekends, to create a 45-page Incident Action Plan (IAP) covering incidents ranging from fires to terrorism related incidents.

The IAP was devised, submitted and approved by all other related agencies, to include NJ State Police, etc.

The plan included mobilizing an ER engine, a truck, Clifton decontamination unit, 12 firefighters, plus command structure of Fire Chief John Giancaspro, Assistant Chiefs Justin Lahullier and Michael Felten and Mutual Aid Coordinator Jarrett Milligan, and stationing them at Meadowlands, to augment the Meadowlands Fire Brigade for the day as the first alarm.

The command structure also served as the link between local Fire Departments and the New Jersey State Police and Federal authorities.

An elaborate communication link was set up between the Meadowlands Command, State Police Public Safety Compound, the East Rutherford Fire Operations Center/Dispatch and participating mutual aid.

Assistant Fire Chief Justin Lahullier of East Rutherford spent two years working with State and Federal authorities in developing the intricate network of radio frequencies.

If the Meadowlands Complex needed a second or third alarm, standby units staged in East Rutherford and Carlstadt Fire Departments would respond.

Should there be a fire call in ER, these units would be deployed to the Borough of ER -- thus the standby units would be serving double duty.

All of these resources were dedicated to this three-alarm, 12 hour event. This circumstance creates a potential issue if there is fire call in the

The security and transit remaining of the South Bergen parations for Super Bowl Mutual Aid.

Game Day

What was not commonly known, was that there was an invisible army -- prepared to act if needed.

Building upon ERFD approved action plan, the South Bergen Fire Chiefs Mutual Aid Association (SBFCA) coordinators and active fire chiefs, spent six months developing the support plan for Super Bowl Sunday. Organizing assets. Preparing resources. Confirming manpower and equipment readiness. Prepared to ramp up and meet any area emergency.

This invisible army -- the South Bergen Fire Chiefs Mutual Aid Association (SBFCA) -- mission is to help coordinate multi-department responses to large-scale incidents.

The South Bergen Fire Chiefs Association has over 80 years of experience harnessing the combined resources of Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, South Hackensack, Wallington and Wood-Ridge.

The South Bergen Association is comprised of three zones with two coordinators for each zone; Ron Phillips is the SBFCA Chief Coordinator.

Preparation

This was the first all volunteer fire service to support a Super Bowl. Previous Super Bowls were held in cities with paid fire departments.

After the ER Super Bowl Sunday plan was completed, Chief Phillips devised a comprehensive companion plan to redistribute fire service resources as needs dictate.

Working with his zone coordinators and active Mutual Aid Fire Chiefs, Phillips set up a Mutual Aid "Super Bowl Event Alarm Card," due to ERFD deployment. (Fire Departments normally have alarm cards to automatically access neighboring resources, modified alarm cards were established for Super Bowl Sunday, to avoid relying upon phantom resources.)

Phillips requested additional help through Bergen County Chief Coordinator Larry Rauch for additional three special task force units (outside of South Bergen) to be "on alert." (A special task unit is one ladder, two engines, one rescue, one ambulance, one chief and one county coordinator.)



(l-r) Glenn Mohring, South Bergen Active Chiefs Secretary, and Ron Phillips, South Bergen Mutual Aid Chief Coordinator.



Bryan Hennig, South Bergen Zone One Coordinator and Bergen County Fire Marshal.

Operational

Within the East Rutherford Fire Department's Operations Center at Herman Street, Phillips set up a South Bergen Mutual Aid Command Center where his staff monitored every fire call in the South Bergen district.

Phillips had multiple and redundant communications capability. Herman Street Operations watched on screen in real-time, a law enforcement/fire service incident call log, generated by Meadowlands Command operations center.

Phillips was prepared to reallocate mutual aid resources to cover any emergency call at the stadium and beyond -- large or small fire, motor vehicle accident, HazMat incident, etc.

At 10:50 a.m., the Lodi Fire Department responded to a house fire. The call turned out to be a malfunctioning boiler.

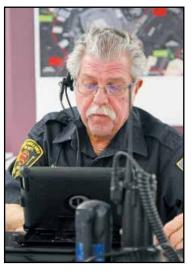
Command monitored a Hasbrouck Heights fire call. It turned out to be unattended cooking.

These calls proved to be good communications tests.

Game Time

By noon, South Bergen Mutual Aid Command was ready with 300 firefighters, 35 engine companies, 13 ladder companies, 13 rescue trucks and 2 decon units at full alert with their coordinators.

Additionally, six fire de-



Larry Rauch, Bergen County Chiefs Mutual Aid Coordinator.

partments went on standby alert for Super Bowl Sunday.

Never has a Mutual Aid been at this state of readiness in advance for this long.

No catastrophic events occurred at MetLife Stadium or the surrounding area. No major house or commercial fire. No major motor vehicle accidents occurred. No HazMat incident. It was a quiet Sunday.

By 2 a.m., all Mutual Aid operations returned to normal status.

But it was comforting to know, behind the scenes, an army was "at the ready."

About Mutual Aid

In an emergency, a Fire Chief can draw upon the combined resources of the 20 communities with 1,500 firefighters, 22 ladders, 70 engine companies, 15 rescue, many EMS and numerous special teams such as multiple hazmat, dive teams, foam units, etc.

Based on utilization and needs, the SBFCA is a flexible network that has extremely versatile capabilities in availability and duration. They are large enough to share the load of an immediate event.

Additionally, the zone coordinators insure that a vacuum is not created, by covering a fire department's community.

If required, they can go outside the system through Bergen County for additional resources.

This integrated system can ramp up to a county and state level.

Synergy

Chief Coordinator Ron Phillips stated that the strength of mutual aid is the large pool of highly trained and experienced volunteer manpower with a broad range of experiences. Benefits include:

- 1. At large scale incidents, fire fighters can rotate through a staging area allowing fresh hands to work, and the weary to rest, which helps to reduce injuries.
- 2. Expanded capabilities by developing specialized resources.

Other examples include:

- Mass casualty. See **The Gazette Newspaper**, January 2008, pages 16 & 17.
- Mass decontamination. See http://www.hasbrouckheights.com/hhfd/decon/deconl.shtml

Additionally, for the past 20 years, SBFCA has developed task force and strike teams.

Upon a request, a task force is deployed from each zone to meet at a central location and dispatched anywhere. The package has a coordinator, task force commander, one or two ladder trucks, three to five engine companies, rescue company/command post and ambulance.

A strike force is the same without ladder trucks, and focuses on long term relay pumping 5" hoses and working in rotating 12 hour shifts.

These task force and strike teams are now part of FEMA Planned Procedures.

The SBFCA is also available to respond to other parts of Bergen County and throughout the state under the State's Deployment Act.

Fire Chief Support

During an event, the Fire Chief of the affected community is "in-charge." Period.

As incident commander, that Fire Chief can draw upon these mutual aid resources. Proven protocols are in place for an organized ramping up.

When a call comes in, a Fire Chief can request additional support from neighboring towns.

As the needs grow, a zone coordinator assists the incident commander by supplying whatever resources are necessary.

As the size increases, so does staff and command. Mutual aid chiefs are assigned to strategic operations of the fire. For example: command for all

Continued on page 35



Lodi Fire Officers Take Oath of Office: After several snow delays, the Lodi Volunteer Fire Department officers were sworn into office during the Mayor and Council meeting on Tuesday, February 18, 2014. The Lieutenants and Captains took their oath each as a group. The Chiefs were sworn in individually. (l-r) Lieutenants Michael Zaherniak, Greg Alberts, Bart Giaconia, Justin Ricco; Third Assistant Chief John Funk and Fire Chief Keith Bruining; Captains Patrick Licata, Mark Molinares, Steven Cassiello. (Not shown: First Assistant Chief Adam Bene, Second Assistant Chief Michael Varrecchia and Captain Nelson Garzon.) ###

This Invisible Army

Continued from page 34

four sides of the fire, staging, water management, etc.

This allows the Fire Chief in-charge, the ability to focus on "putting out the fire."

A few examples of this mutual aid concept in action include: 7 alarm 1977 fire Champion Building Products in Hasbrouck Heights; 4 alarm 1995 Napp Technologies chemical fire in Lodi; 7 alarm 1999 Borough Hall Fire in Hasbrouck Heights; 6 alarm plus a strike force from Mid-Bergen mutual aid 1997 National Liquidators in Lodi; 3 alarm 2002 Strawberry Warehouse plane crash in Teterboro; 4 alarm 2008 Yes Press in Little Ferry, etc.

Most recently, the 3 alarm June 23, 2009 industrial building fire in Lodi -- see pages 14-15 of this issue for details.

(A typical alarm is 2 engine companies, 1 ladder company, 1 rescue.)

United we stand, divided we fail.

Chief Phillips stated, "What is interesting is the shared service concept that has been talked up lately as a way to save money. The mutual aid fire service has been doing just that for over 80 years.

The mutual aid system can augment any town during their time of need.

There is, however, another part of the plan that, without it, mutual aid would not work.

Fire departments receive their funding from each town's Mayor and Council who represent their community.

Most, if not all, Mayors and fire commissioners work very closely with their respective fire department officers to discuss funding -- both short and long term.

Governing bodies should understand with apparatus maintenance programs, the life expectancy of major equipment (i.e., ladder, pumper and rescue trucks) runs 20+ years.

Phillips stressed, "It is very important that the mutual aid towns keep up with their equipment replacements."

He said, "However, should a town opt out of buying replacement apparatus, such as a ladder truck, then assume they could then call another town for a ladder truck... eventually the mutual aid system would break down.

Mutual aid is just that. We work together fair and square. I'll cover you and you cover me. Not, you cover me because I don't want to spend the money.

Mutual aid is the shared service concept in action. Working together the mutual aid system can augment any town during their time of need.

United we stand, divided we fail, and public safety is at risk."

SBFCA History

This integrated mutual aid support just didn't happen.

Back in 1933, when times were still rough, the County was struggling back from the Great Depression.

Fire service was no exception. Fire fighting equipment was hard to come by. Many fire companies and departments owned their own equipment and firehouse. When they couldn't meet their payments, they turned to their towns to pick them up. Back then, certain towns lacked equipment or manpower. Assistance had to be found to safely protect their residents.

Town fire chiefs and ex-fire chiefs thought if all the resources were put together, and proper planning and training was established, no area would be left unprotected in the South Bergen County area.

This blossomed into one of the strongest and largest mutual aid organizations in New Jersey.

The first point of order was to have action plans in place in the event of a major fire or disaster -- or if a town was short on manpower or its equipment was out of service.

It was decided to establish zones, with a group in each area for initial response. An organization was formed with SBFCA officers elected and operational zone coordinators assigned. More towns joined SBFCA, further strengthening it.

Through WWII, the Chiefs met regularly and importantly so, since many towns were shorthanded due to department members serving in the armed forces. Mutual aid plans were used on many occasions.

Through the years, changes were made to include Task Force and Strike Teams formed, F.A.S.T. Team procedures and other plans updated, etc.

Active Fire Chiefs meet every two months to discuss firematic situations and look for ways to improve skill levels with insights based on experience. With so many major fires in the South Bergen area, they have honed their skills.

Chief Coordinator Ron Phillips concluded, "80 years is a long, long time and the South Bergen Fire Chiefs Association proudly continues, carrying on the great traditions of fire fighting: the protection of life and property of all our citizens."

Additional sources include South Bergen Fire Chiefs 75th Anniversary Journal. ###



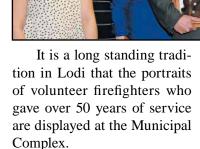
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You will be part of the "army of protection" of the South Bergen Fire Chiefs Mutual Aid Association which includes: Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, Wallington and Wood-Ridge



During the Mayor and Council Meeting on Tuesday, February 18, 2014, Mayor Marc Schrieks presented Ex-Chief Ebele H. Bruining the portrait that will be displayed.

Chief Bruining has been with the Department for over 52 years and is currently a firefighter in Hose Company #1.

He was President, Treasurer, Captain and Lieutenant of Rescue Truck Company #1.

He served as Lodi Fire Department Chief in 1992 and is currently the Department Treasurer.

He is married to Joyce and has four children and four grandchildren.

His son, Keith, follows in his father's footsteps and is currently serving as Fire Chief of the Department. Keith also served as Fire Chief 2004-2005. ###



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