

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
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VOL. 12, No. 3

March 2015

★★★★★



The hours and hours of practice. The wrong notes. The missed beats. The frustration. I want to quit. More practice. Will I ever learn this? More practice. Then one day, some of it starts making some sense. My confidence grows. I can do this. Not perfect, but a start. More practice. Then I get a tune together -- rough, but recognizable. Practice becomes more tolerable. Then it gets better and better. Maybe I do a little more practice on my own. My friends and I play together. Maybe I could join the band. I hold my own. Actually, I sound pretty good. Practice becomes enjoyable. The band sounds better and better as a group. My part of the band performance is awesome because I practiced! Just 15 minutes of practice a day, provides a skill and personal satisfaction that will last a lifetime. On February 6, 2015, the Wood-Ridge and Moonachie Schools held their 5th Annual Band Festival where students practiced, then showcased their skills. They did a great job. *See photos on pages 18-19.*

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Noteworthy

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Making, Tinkering and STEM-based Learning

Lodi Library is participating in the First Annual NJ Makers Day on Saturday, March 21, 2015, starting at 10:30 a.m.

NJ Makers Day is designed to be a statewide single-day event that celebrates, promotes, and in many cases may introduce maker culture, as well as the values associated with making, tinkering and STEM-based learning.

Popular equipment includes 3D printers, single board microcontrollers like Arduino and Raspberry Pi, robotics, digital media production, computer programming, textile and handicrafts and more.

Programs include:

- Makey Makey kits for children that interface with laptops in creative ways.
 - spinBots.
 - play with squishy circuits.
- A conductive and insulating dough, that when combined with simple LED lights can “light them up”!
- brushbots, made from toothbrushes and batteries.
 - TinkerCad and 3D printing workshop.

Lodi Library will continue with Makers programs on Saturday March 7, 14, and 28. Check Library for details.

For more information, call Lodi Library at 973-365-4044. Find out more about NJ Makers Day at www.njmakersday.org

Don't Text and Drive

Healthy Homes and Safety Workshop

The Free Public Library of Hasbrouck Heights is pleased to sponsor a seminar entitled “Healthy Homes.”

The seminar is being presented by members of the organization, Partnership for Maternal and Child Health of Northern New Jersey. This free seminar will be held on Tuesday, March 31, 2015, from 7 to 8:30 p.m., in The Library conference room. All attendees will receive a free healthy homes tool kit.

You will learn about the seven principles of a healthy home and cover topics including identification of home health hazards, reduction in the risk of allergy and asthma symptoms, making contaminant free cleaning products, protecting yourself during water damage cleanup, mold remediation, pest management and more.



The Partnership for Maternal and Child Health of Northern New Jersey received a grant from the New Jersey Department of Health to conduct these programs aimed at increasing knowledge about maintaining a healthy home. It is a non-profit organization of health care professionals and consumers dedicated to providing education and increasing community awareness for the delivery of high quality coordinated maternal and child health care.

To register please call 201 288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

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Easter Sunday

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**EGGstravaganza
in Woodland Park**

The Junior Women's Club of Hasbrouck Heights presents their 2nd Annual "EGGstravaganza" in Woodland Park, Sunday, March 22, 2015, 11 a.m. to 1 p.m.

Join the Junior Women's Club for fun and exciting children's activities to celebrate Easter. There will be snacks, an egg hunt, crafts and a special

visit by the Easter Bunny!

Tickets are \$10 per child. Remember your camera for a photo with the Easter Bunny. To purchase tickets or for more information go to www.hh-juniors.org under the events section.

All proceeds used to benefit local charities and scholarships. ###

**Easter Egg Hunt
and Blessing of Eggs**

On Easter Sunday, April 5, 2015, for the third year in a row, members of the Holy Trinity Lutheran Church at 92 Burton Avenue, HH, will join their Orthodox sisters and brothers in the meaningful tradition of blessing the Easter eggs that will nourish us and adorn the Easter tables in our homes.

An Easter brunch will be available at 9:15 a.m.

Children will hunt for eggs on the front lawn and can bring the eggs they find to the service at 10:30 a.m. for a blessing. You are invited to bring your Easter eggs and join in this Easter tradition. Please visit their website at holyltrinity-hasbrouckheights.com to view their complete Holy Week calendar. ###

88 percent of adults carry on the Easter tradition of creating Easter baskets for their kids and 90 percent of adults hope for their own treat from the Easter Bunny.

**Rice Cake &
Butter Lamb Sale**

The Rosary Confraternity of Most Sacred Heart of Jesus Parish in Wallington will be holding its 11th Annual Rice Cake and Butter Lamb Sale.

Rice Cake, as well as Butter Lambs will be sold while supplies last. Note: advance orders only!

Prices are:

- Rice Cake (*Plain or Raisin*): \$5 per pound
- Rice Cake: Whole (*Plain or Raisin*) \$30
- Butter Lambs (*salted or unsalted*): \$5 each

Advance orders with payment must be received by Friday, March 6, 2015. Orders must be picked up on Saturday, March 21 between 1 and 3 p.m. in the school cafeteria. Checks are to be made payable to "MSH Rosary Confraternity."

For additional information or to place an order, call Ginny at 201-715-2087, MaryJane at 201-939-8576 or Carol at 201-935-0273. ###

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Easter Egg Hunts

East Rutherford
Continental breakfast with the Easter Bunny is scheduled for 9 a.m. to 11 a.m. on Saturday, March 28, 2015, at the Civic Center. Bring your camera.

Hasbrouck Heights
The Annual Easter Egg Hunt is scheduled for line up at 9:30 a.m. with a 10 a.m. start on Saturday, March 28, 2015, at Depken Field. Rain Date is April 4. The Easter Bunny is scheduled to visit with a treat.

The event is open to all Hasbrouck Heights Pre-schoolers (age 4-5) through Third Graders. Baskets will be provided. Children should NOT bring a basket. All children must wear rubber soled shoes, preferably sneakers. No parents or underage children are allowed on the field. Tickets are distributed through the elementary schools. Tickets are also available at the Borough Clerk's Office at 320 Boulevard. This event is sponsored by the Mayor's Celebration Committee.

Little Ferry
The Easter Bunny visit is scheduled for Saturday, March 28, 2015, at Borough Hall, from 11 a.m. to 2 p.m., for resident children up to age 12. Bring your camera.

A magic show and face painting are scheduled. Event is rain or shine. This event is sponsored by the Recreation Committee.

Moonachie
The Moonachie Annual Egg Hunt will be held 11 a.m., Saturday, March 28, 2015, at

Wallington FD Breakfast with Bunny

Wallington Fire Department Park Row Hose Company #3 is hosting their annual "Breakfast with the Easter Bunny" on Palm Sunday, March 29, 2015, at Wallington Civic Center, 24 Union Boulevard, Wallington, from 8:30 a.m. until noon.

Ticket donations are \$10 for adults and \$5 for children (ages 4 - 12). Tickets are available at the door or from any Company member. Pictures with the Easter Bunny will be available. ###

Q-tip Bunny

The Free Public Library of Hasbrouck Heights will sponsor a fun-filled afternoon for teens and adults to create a Q-tip bunny in time for Spring. This project is guaranteed to be fun and to call upon one's creative talents. It will be on Wednesday, March 18, 2015, from 3 to 4:30 p.m., in the conference room. Stop by to see a sample. Register by calling 201-288-0488. ###

Robert L. Craig School Gymnasium, rain or shine. Refreshments will be served and the Easter Bunny will be there. Be sure to bring your camera. The event is open to all children.

Rutherford
Annual Holiday Egg Hunt Sunday, March 29, 2015, (rain date April 4) at Tryon Field for Rutherford children ages 1 through Kindergarten at 1 p.m.; children 1st through 3rd Grade at 1:45 p.m. Peter Cottontail will be available.

Flashlight Egg Hunt: Friday, March 27 at 7:30 p.m. at Tamblin Field, Rutherford residents Grades 4-6 are invited for a fun-filled evening of hunting for eggs in the dark. Refreshments follow in the Civic Center. Bring your own flashlight. Rain date is April 2.

Wood-Ridge
The Knights of Columbus St. Anthony Council 11585 will hold their Annual Easter Egg Hunt after the "Blessing of the Baskets," at noon on Saturday, April 4, 2015, on the Assumption Church grounds for Pre-K through 3rd Grade. Tickets may be obtained at the rectory. In case of rain, the event will be held indoors. Refreshments follow. ###

Easter Basket Collection

FROM THE PORCH:
Thank you to all who continue to leave food donations in the box at Holy Trinity Lutheran Church. The area food pantries are always particularly grateful. Unfortunately, hunger knows no season.

In addition to food donations, from February 1 to March 15, 2015, they will be collecting items for Easter baskets.

Lutheran Social Ministries of New Jersey distributes these baskets to the many needy children in our state, sharing the joy of Easter with those whose lives are often stressful and difficult.

They are asking for donations of Easter candy, plastic eggs, small toys or craft items that can be fun for both boys and girls – coloring books, small stuffed animals, yo-yos, bubbles, etc. Please avoid items such as guns, action figures or other toys with violent themes.

SWIM (Single Women in Mission) of Holy Trinity thanks you for your help with their projects. In so many small ways we can each make a difference as we reach out together From the Porch to Those in Need.

For more information call 201-288-6889 or visit www.holytrinityhasbrouckheights.com. ###

Guild Assembles Health Kits

The Guild of Reformed Church Women will collect and assemble Health Kits as a Lenten project for Church World Service from February 22 to April 5, 2015.

These kits consist of washcloth, hand towel, bath-size soap, toothbrush (in original packaging), nail clipper, wide-tooth comb and 6 band-aids.

Donations of any of these products in any quantity would be appreciated. These items are assembled in zippered plastic bags and distributed by Church World Service. Cash donations to assist in the shipping and handling of these kits are always welcome. All items/kits may be brought to the Church Monday through Thursday and Sunday morning. Call 201-288-1122 or Estella 201-288-0378 for more info. ###

Easter has been named after Eastre, an Anglo-Saxon goddess. Apart from English and German, the name of 'Easter' has been derived from Pesach, the Hebrew name of Passover festival.

Spring Cleaning

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Leprechaun -- a creature in Irish mythology.

In Irish mythology, a leprechaun (Modern Irish: leipreachán) is a type of male faerie said to inhabit the island of Ireland.

Leprechauns and other creatures of Irish mythology are often associated with “faerie forts” or “faerie rings” — often the sites of ancient (Celtic or pre-Celtic) earthworks or drumlins.

They usually take the form of old men who enjoy partaking in mischief.

Their trade is that of a cobbler or shoemaker. They are said to be very rich, having many treasure crocks buried.

According to legend, if

anyone keeps an eye fixed upon one, he cannot escape, but the moment the eye is withdrawn he vanishes.

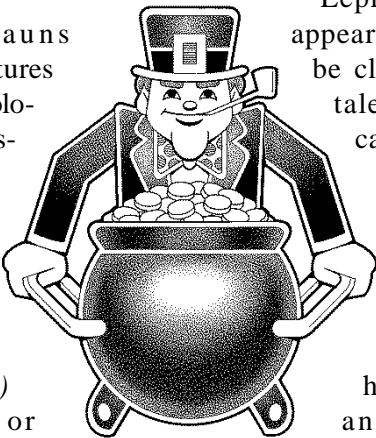
Leprechauns rarely appear in what would be classed as a folk tale; in almost all cases the interest of these stories centers around a human hero.

Stories about leprechauns are very brief and have local names and scenery attached to them.

In most tales and stories, leprechauns are depicted as harmless creatures who enjoy solitude and live in remote locations, although opinion is divided as to if they ever enjoy the company of other spirits.

Although rarely seen in social situations, leprechauns are supposedly very well spoken and, if ever spoken to, could make good conversation.

The modern image of the leprechaun is depicted wearing an emerald green frock coat, and bestowed with the knowledge of the location of buried treasure, often in a crock of gold. ###



Corned Beef & Cabbage Dinner

The Hasbrouck Heights Knights of Columbus will be hosting their Annual Corned Beef and Cabbage Dinner on Sunday, March 15, 2015, from 5 p.m. to 7 p.m., in the Corpus Christi School Cafeteria. Dinner will include soft drinks, coffee, tea and dessert. Hot dogs available.

Cost is \$15 adult, \$5 for children and under 5 free.

Event will include a very large Tricky Tray and 50-50 raffle. Call 201-707-3554 for tickets. ###

Irish Blessing

May the road rise to meet you,
May the wind be always
at your back,
May the sun shine warm
upon your face,
The rains fall soft upon
your fields and,
Until we meet again,
May God hold you
in the palm of His hand.

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HHJWC

St. Pat's Party!
March 13

Kick off St. Patrick's Day with the Junior Women's Club of Hasbrouck Heights' annual party.

This year's celebration will take place at the Hasbrouck Heights VFW Post 4591 on Friday, March 13, 2015, at 7 p.m. Ticket price is \$55 per person and includes Irish dinner (corned beef or chicken), beer and wine. The Connolly Brothers Band will be featured as well as a fabulous selection of raffle prizes. Attendees must be 21 or older to attend. All proceeds will benefit Junior Women's Club charities and local scholarships.

To purchase tickets, go to www.hhjuniors.org or call Cara at 201-288-0479. Make their party your party and reserve a table of 10! ###

St. Patrick's Day Party

American Legion Post 310, 100 Liberty Street, Little Ferry is hosting their Annual St. Patrick's Day Party on Saturday, March 14, 2015, from 5 p.m. to 11 p.m.

Donation is \$8 per person and includes Corned Beef, cabbage, potatoes, coffee and dessert. For more information call 201-641-9774. Proceeds to benefit Veterans and children. ###

St. Patrick's Day Dinner-Dance

Get ready! The Knights of Columbus and the Holy Name Society are holding their annual St. Patrick's Day dinner dance on Saturday March 14, 2015, at 7 p.m. at St. Joseph's School Auditorium, 120 Hoboken Road, East Rutherford.

The best home cooked corn beef and cabbage in town. Dance to the music of DJ Dennis Zimmerman and be entertained by the Admore Irish Dancers. Bring your own bottle. The mixers, beer and soda are included in your ticket price.

Tickets are \$25 each and they can accommodate any amount at a table. A word of warning -- they sell out early so order your tickets early. No tickets will be sold at the door. For ticket information contact Joe at 201-842-9262. Looking forward to seeing you on the night that everyone is Irish, so put on your green and come out for a great night. ###

THINK GREEN

As Irish as Corned Beef and Cabbage?

Every St. Patrick's Day, thousands of pounds of corned beef are consumed by Americans in the mistaken belief that they are partaking of the food of their ancestors in Ireland. Yet, one would be hard pressed to find this dish in many parts of the Emerald Isle.

The Irish, for over three hundred years, have immigrated to America.

The first St. Patrick's Day parade was not held in Dublin but in New York City in 1762. However, the largest contingent came in the 1840/50s because of the "Potato Famine" or, as it is called in Ireland, the "Great Hunger."

Many immigrants settled in the poorer sections of New York City such as Hell's Kitchen and the Five Points section of lower Manhattan.

From these locations came the vast majority of men who made up the famous 69th New York Infantry Regiment. The regiment was the cause of an international incident in 1860 when their commander, Col. Michael Corcoran, refused to parade the regiment in honor of the Prince of Wales' visit to New York on October 11, 1860. Col. Corcoran was placed under arrest but with the outbreak of the Civil War, all charges were dropped.

A green flag honoring their actions in defiance of the Prince was presented by the Irish citizens of New York. This flag was carried at the Battle of First Bull Run. Confederate General Robert E. Lee was so impressed with their bravery and devotion to duty when he faced them on many battlefields, that he called them "The Fighting Irish."

The 69th was again called to war in 1917. They had their regimental number changed at this time to 165th Infantry regiment of the New York National Guard and has served in WWI, WWII, Iraq and Afghanistan.

While pork was the meat that these immigrants were most familiar with, it was rather more expensive than the abundant beef here in America.

Their dealings with Eastern European Jewish immigrants in their New York neighborhood introduced them to a cheap cut of meat called corned beef.

This reminded them of Irish bacon; a smoked cured meat similar to Canadian bacon. The corned beef could be cooked in one pot with the cabbage and potatoes.

The popularity of this dish soon spread to other Irish enclaves in Boston, Philadelphia, Chicago and the rest of

America. By the 1860s the dish was so popular that it was served at President Lincoln's inauguration dinner.

The Irish assimilation into American society was marked by their interaction with the other ethnic groups that cohabitated in these slums.

This was not always done in a civil manner. The perpetrators of the "DRAFT RIOTS of 1863" were in large part the inhabitants of Hell's Kitchen who felt the draft was a way the rich could buy their way out of serving in the Army.

As poor men they would be forced into the Army. Orange-men parading up 8th Avenue in July of 1881 were showered with "Irish Confetti" (bricks, cobble stones, full chamber pots, etc.) from the roof tops.

This led to a full blown riot. Shillelagh law was all the rage. The local police could not stop the mayhem. The Militia was called and fired in to the mob killing thirty and wounding hundreds more before the riot ended.

There were two things that they were denied in Ireland but were readily utilized here in America.

As poor Irish tenant farmers they had no access to an education. In America, education was open to all.

Here, as new citizens of The United States, they had the right to vote. In Ireland only landed gentry could vote. They took advantage of both.

The term "Narrow Back" was applied to first generation Irish Americans. This indicated that because they were able to educate themselves and improve their station in life, they would not be forced to do menial work as their "Broad Shouldered" parents did.

It was the willingness of these immigrants to work hard to improve their lot and offer loyalty to their adopted country. They advanced to the point in 1961 that an American of Irish descent, John F. Kennedy, became President of The United States.

So when you partake of this dish, think not only of St. Patrick but also of all the men and women of Irish descent who have helped to make America great. Story by James Halloran. ###

Since its inception as a month, March has always had 31 days. Yet originally it was the first month of the year. This was probably because of its association with the first day of spring. The vernal equinox falls during this month - the 20th or 21st. ###

Fish & Chips March 7

Saint Margaret of Cortona’s Parish Social Life Committee is sponsoring their 11th annual Fish and Chips Dinner on Saturday, March 7, 2015.

Cooking will be done by Tastefully British. Dinner will be served from 6:15 to 7:30 p.m. at the St. Margaret’s Auditorium on Chamberlain Avenue, Little Ferry (*wheel chair accessible*).

Cost is \$15 per meal, and includes Fish, Chips, Cake, Coffee and Tea. No tickets will be sold at the door. Take-out orders are available. For information, call Ellie at 201-641-0883. ###

Lasagna Dinner March 6

The Rosary Society Annual Lasagna Dinner is scheduled for Friday, March 6, 2015, 5:30 to 7:30 p.m., in the Corpus Christi school cafeteria, Kipp Avenue, Hasbrouck Heights.

A delicious dinner of meatless lasagna (*to observe Friday abstinence during Lent*), salad, bread, tea/coffee, soft drinks and dessert will be served, and ziti will also be on the menu.

Ticket price is \$10 for adults and \$5 for children under 12 (*toddlers free*). Take out is available. The evening will include a Tricky Tray and 50-50 drawing. For ticket information, call Jackie Mazza at 201-288-2767. ###

Fish Fry April 3

American Legion Post 310, 100 Liberty Street, Little Ferry, is hosting their Annual Fish Fry on Friday, April 3, 2015, starting at 5 p.m.

Donation is \$8 per person and includes fried flounder, potato salad, coleslaw, dinner rolls, coffee and dessert. For more information call 201-641-9774. Proceeds to benefit Veterans and children. ###

Bunco Night

The Woman’s Club of Carlstadt is holding a Bunco Night on Friday, March 13, 2015, from 7 p.m. to 11 p.m. The evening of fun will be held at the First Presbyterian Church Community Hall located on Third Street in Carlstadt.

Tickets are \$10; in addition, each participant must bring an unwrapped gift item worth \$10 (*gift cards welcome*). Everyone will go home with a gift. Knowledge of the game is not necessary. Seats are limited. There will be snacks, raffles and lots of fun. Contact Janet at 201-438-5892 for tickets. ###

Fish & Chips March 26

The GFWC Contemporary Club of Hasbrouck Heights will hold their Annual Fish and Chips Dinner on Thursday, March 26, 2015, from 5:30 to 7 p.m., at Holy Trinity Lutheran Church, located at the corner of Burton and Hamilton Avenues in Hasbrouck Heights.

Tastefully British Caterers will prepare the best Fish and Chips you ever tasted! Tickets are \$15 for adults and \$8 for children under 10 years of age.

Pre-paid take-out is available. No tickets will be sold at the door. Contact Marge at 201-288-8933 for reservations by March 19. Proceeds will benefit scholarships and other service projects.

The Contemporary Club is a member of the New Jersey State Federation of Women's Clubs, serving communities one project at a time. For more information, contact Pat at 201-288-0495. ###

Feast of St. Joseph

St. Joseph Table will be held on Saturday, March 21, 2015, at 6 p.m.

On Thursday, March 19, 2015, at 7:30 p.m., St. Joseph Parish in Lodi will be honoring the Feast of Patron Saint, St. Joseph, with a bi-lingual Italian-American Solemn Mass. All are invited to join in this celebration. ###

Dinner and Fashion Show March 22

The VFW District 2 Ladies Auxiliary will hold their Annual Dinner and Fashion Show on Sunday, March 22, 2015, at the Graycliff, Moonachie, starting at 11:30 a.m.

Tickets are \$35, includes dinner. Fashions provided by the Avenue Fashions. The public is invited. Tickets are available at the door. For reservations and tickets, please call Louise at 201-797-8759. ###

First Saturday Free Luncheon

Everyone is invited to the First Presbyterian Church of Moonachie on March 7, 2015, at 11:30 a.m. for the “First Saturday Free Lunch” program.

This program is an expansion of the Church’s ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy’s got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###

Ziti Dinner Night March 11

The Lodi High School Band will be hosting a Ziti Dinner Night, featuring Karaoke! The event will take place on Wednesday, March 11, 2015, from 6 to 9 p.m., at the Lodi High School Cafeteria.

The menu will include pasta and salad prepared by the Lodi Moose, as well as beverages and dessert. Tickets are \$8. A gift card raffle will also be held. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext. 40. Tickets may also be purchased at the door. All proceeds will benefit the music scholarship fund. ###

Lodi HS Band Beefsteak

The Lodi High School Band will be hosting a Beefsteak on Thursday, April 30, 2015, from 6 to 9 p.m., at the Lodi High School Cafeteria.

In addition to a full beefsteak dinner, the evening will feature performances by professional jazz musicians, accompanied by members of the Lodi High School Jazz Band. Tickets are \$35. For tickets contact Mrs. Macri at Lodi High School, 973-478-6100, ext.40. All proceeds will benefit the music scholarship fund. ###

Final Four Beefsteak

The Hasbrouck Heights Lions Club will hold their 10th Annual Final Four Beefsteak, starting at 7 p.m. on Monday, April 6, 2015, at the VFW in Hasbrouck Heights. Nightingale Catering will be catering this event. Cost is \$50 per person and includes beer and soda. Cash bar. For details, call Tom at 201-288-1511.

This is the sixth time for this event at the VFW. It was previously held at the Pioneer Club. ###

Czech Pork Dinner May 17

American Sokol in Little Ferry will host a Czech Pork Dinner on Sunday, May 17, 2015, from noon to 1:30 p.m. Take out available starting at 11:30 a.m.

Menu includes roasted pork, dumplings, sauerkraut, applesauce, homemade cake, bread and butter, and coffee or tea. Beer, wine or soda included.

Tickets are \$20 adults, \$18 members and \$9 children. Reservations only -- no donations will be accepted at the door. For tickets, call Blanche at 973-365-1111 before May 14, 2015. ###

Carlstadt/ER Lions Pancake Breakfast March 1

Carlstadt/East Rutherford Lions Club will hold its Annual Pancake Breakfast event on March 1, 2015, from 8 a.m. to noon at the the East Rutherford Civic Center, Vreeland Avenue, East Rutherford.

Price per ticket for an adult is \$5 and children under 5 are free. For tickets call 201-306-0987. Walk-ins are welcome.

The Carlstadt/East Rutherford Lions Club meets on the first and third Wednesday of the month at the Park Tavern Restaurant on Park Avenue in East Rutherford. Meeting times are at 6 p.m. and held over dinner. New members are always welcome. ###

W-R Lions Pancake Breakfast March 29

The Wood-Ridge Lions Club will hold their annual pancake breakfast, on Sunday, March 29, 2015, from 8 a.m. to noon, at the High School All Purpose Room. This is the longest running event of this type in the community.

Come out and meet your neighbors and “kick off” spring in Wood-Ridge. You will enjoy your breakfast of orange juice, hot buttered pancakes (*with fruit toppings and syrup*), sausage, and plenty of coffee or tea. Tickets are \$4 each and may be purchased from any Club member in advance or at the door.

Proceeds will benefit Lions Club projects. ###

Pancake Breakfast March 15

Rochelle Park American Legion Post 170 and Lodi American Legion Post 136 will host a pancake breakfast on Sunday, March 15, 2015, at the Rochelle Park Post at 33 W. Passaic Street, from 8 a.m. to 11:30 a.m.

Breakfast includes pancakes, scrambled eggs, sausage, juice, coffee, tea, crumb cake (*while it lasts*) and fruit cocktail for \$4. Children under 10 free. Proceeds to benefit Autism. ###

Bockbeer Fest March 21

Carlstadt Turn Hall, 500 Broad Street, Carlstadt, NJ, celebrates BOCKBEER FEST Saturday, March 21, 2015, from 7:30 p.m. to 11:30 p.m.

Donation of \$35 pp includes live music by Bernie's Orchestra, food and drink, coffee and cake.

For reservation call: 973-777-6677. ###

Tricky Tray March 26

The Moonachie First Aid and Rescue Squad is hosting a Tricky Tray at the Graycliff on Thursday, March 26, 2015, from 6 to 11 p.m.

Admission price is \$45 and includes a sit down dinner and one sheet of tickets. For tickets call MFARS at 201-641-9094 or Debi at 201-376-0770. ###

PBA Beefsteak Tricky Tray

Wood-Ridge PBA Local #313 is hosting a Beefsteak Dinner and Tricky Tray on Saturday, March 14, 2015, from 6:30 to 11 p.m., at the Fiesta.

There will be prizes and 50/50. Cost is \$50 per person. No tickets will be sold at the door. For tickets call 201-939-0476. ###

Tricky Tray March 13

The South Bergen Rotary Club will host their 2015 Annual Tricky Tray Dinner on Friday, March 13, 2015 at the Graycliff in Moonachie. Doors open at 6 p.m. Event honors Janet Sharma as “Outstanding Community Member of the Year.”

Cost is \$50 and includes four course dinner, Venetian Table, open bar and a raffle ticket for a \$200 VISA gift card.

Event benefits Local Snack Pack Program and other humanitarian projects.

For more information contact Cathy at: cvjv2@optonline.net or go to www.SouthBergenRotary.com ###

Tricky Tray March 7

The Columbus School PTO will host a Tricky Tray on March 7, 2015, at the school gym, 370 Westervelt Place, Lodi.

Admission is \$15 and includes coffee, dessert and one sheet of level 1 tickets. Doors open at 6 p.m., with first call at 7:30 p.m.

For more information call Kerry at 201-321-0691 or email: columbuscougars2ndvp@gmail.com

Proceeds to benefit educational programs. ###

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Spring Indoor
Flea Market
April 18

The Parish Social Life Board of Saint Margaret of Cortona Church will be hosting their annual Spring Indoor Flea Market. This year they will have Special Mother's Day gifts, mostly crystal, available at the Church tables.

The Flea Market will be April 18, 2015, from 9 a.m. to 4 p.m. in Saint Margaret's Marnell Hall, Liberty St. and Chamberlain Avenue, Little Ferry. Vendors can request a contract by calling Ellie at 201-641-0883. Tables at 8 ft. by 30 inches and cost \$25. Tables and chairs are supplied.

Breakfast and lunch will be available for purchase. ###



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Garummage
Sale April 18

The First United Methodist Church, Hasbrouck Heights, will hold its annual Garummage Sale on Saturday, April 18, 2015, from 9 a.m. to 2 p.m. (rain or shine).

There will be a huge selection of household items, indoor and outdoor toys, jewelry, collectibles, electronics, etc.

The Church is located at the corner of Division and Burton Avenue in Hasbrouck Heights. Event entrance on Division Avenue. For further information call Elsie at 201-288-0324. ###

Brunch at Fiesta
March 1

Carlstadt Mixed Chorus invites you to a Sunday Brunch at the Fiesta, Rt. 17 South in Wood-Ridge, on March 1, 2015, from 11 a.m. to 3 p.m. Music by Werner Goebel. Donation \$40. For reservations call 201-652-0968 or 973-777-6677. ###

Italian Buffet
April 18

St. Michael's Knights of Columbus, 39 Washington Street, Lodi, will host an Italian buffet style dinner dance, on April 18, 2015; from 7 p.m. to 11 p.m., featuring The Cameos. Event to benefit Knights of Columbus charities. Cost is \$45.00 per person with beer and wine included. For more info contact Carl at 201-774-0534. ###

Roast Turkey
Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, March 10, 2015, in the Community Hall, Third Street, Carlstadt.

Roast Turkey dinners will be served from 11:30 a.m. to 1 p.m. Donation is \$10 for adults and \$5 for children/students. For take out orders call 201-438-5526.

In case of inclement weather, call 201-438-5526. ###

Lodi Little League
Pancake Breakfast
and Mini-Tricky Tray

The Lodi Little League will host its annual Pancake Breakfast on Sunday, April 26, 2015, from 8 a.m. to noon at the Lodi High School Cafeteria. Pancakes, eggs, sausage, coffee, tea and juice will be served. Cooking will be done by the Lodi Moose Lodge No. 1971. A mini-Tricky Tray will also be included.

Donation is \$5 and will support the two Annual High School Scholarships awarded by the Little League each year. Questions can be directed to 973-591-1137. ###

Annie Oakley
March 3

On March 3, 2015, at 8:30 p.m. at the First Presbyterian Church on Third Street, Carlstadt, the Woman's Club of Carlstadt will present a program entitled "Annie Oakley-Aim for a High Mark."

The speaker, Kim Hanley, with the Horizons Speakers Bureau of the New Jersey Council for the Humanities, will portray and present a biographical program about Annie Oakley, the legendary sharpshooter.

This program is open to the general public and there is no admission charge. Refreshments will be available after the program. EC. ###

Film on WWI
March 18

The Carlstadt Historical Society, Inc. meets on the third Wednesday of each month at the Carlstadt Civic Center on Fourth Street at 7 p.m.

A film on World War I will be the program for the March 18, 2015 meeting.

Exhibits of new acquisitions from the museum will be on display as well as 1915 newspaper articles concerning Carlstadt life.

Prospective members are always welcome, both old time residents who can share memories or newcomers curious about their community.

The Carlstadt Historical Society Museum is located in the 'circa 1919' former Firehouse on Sixth and Division Streets. It is open on the last Sunday of each month from 2 to 4 p.m. and to groups by appointment. It houses an interesting collection of Carlstadt history and vintage exhibits. Contact Carlstadt Borough Hall regarding group visits. Virginia Marass. ###

American Wine
Society Meadowlands
Meets March 26

The next meeting of the Meadowlands Chapter of the American Wine Society will be held at Make Wine with Us, 21 Currie Street, Wallington, on March 26, 2015, from 7 to 9 p.m.

Their ongoing mission is to promote the appreciation of wine through education. The local NJ Meadowlands chapter provides a venue for the novice and other wine lovers to learn about wine in a fun, social environment.

At monthly meetings, they review different regions or themes as they discuss attributes about the wines appearance, aroma, flavor, and origin.

This month's meeting they will be exploring wines from Italy, featuring brands from wine producer, Ruffino.

Ruffino is a wine producer based in the Tuscany region of Italy founded in 1877. They will be tasting wines from the Northern, Central and Southern regions of Italy. Should be a tasty and fun meeting. Join them and bring a friend.

For more information contact AWS Meadowlands at wineclub201@gmail.com ###

Drummer and/or
Guitarist Wanted

St. Joe's Church in E. Rutherford is seeking experienced proficient or professional drummer and/or guitarist for their noon Sunday contemporary Mass.

Contact Director of Music at: StJoesMusicBel@gmail.com or call the office at 201-939-0457 and leave a message. Stipend will be offered. ###

Mayor Heck at
Library on Saturday

Hasbrouck Heights Mayor Rose Heck is available at The Hasbrouck Heights Free Public Library every Saturday from 10 a.m. to noon to meet with the public. No appointment is necessary. ###



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Artful Thinking

By Artie Maglionico • Lodi Historian

Magical Past

By the late 1960s the very complexion of Lodi was changing. The days of innocence, not only for our town but for the entire country were fast approaching the end of the trail. Soon the young people would be traveling down a road they didn't know.

Beatle music had gone from those harmless "Yeah, Yeah, Yeah," to the thought provoking lyrics of "Lucy in the Sky with Diamonds," "Strawberry Fields" and "Revolution." Soon the boys from Lodi would be facing the unimaginable.... War!

For now though, they were still huddled down on Main Street's lot or at Carvel's wiping the smudges off of their fast cars and waving to the pretty girls as they walked by. My cousin Anthony "Tony" Maglionico was among them.

The seats of the silver 1964 Grand Prix shined like a freshly polished pair of black feather weight shoes. The aluminum wheels accented the sexy contours of the body. Standing next to that car gave him instant status.

Like all those kids from Nutchie's Service Station, Anthony was one of them with his car. While his Chevy rested in the sanctuary of his dad's garage next to my Uncle Phil's paint cans, he basked in the glory of his silver Grand Prix.

Down at Nutchie's Tommy Palumbo and Joe "Monk" Anichiarico were most likely helping fellow racing enthusiast Joe Guido change the oil on his now legendary 1968 Chevy Nova.

The engine in the Blue Streak boasted 327 and 27 fire breathing cubic inches. It housed a 4-barrel carburetor with a 4-speed manual transmission... what else!

It is that when the car pulled into the Goodies parking lot on Rte. 46 the girls who worked at The Grill, upon hearing Joe

rev up the engine, used to put three extra burgers between the bun with extra fries and a few Cokes for his buddies.

They would then serve it all to Joe with the hopes of going for a ride in the souped-up Nova. Not only didn't they set foot in the car, Goodies soon went out of business. I wonder why? They say that's how the Whopper was born.

Other hot spots to showcase a bad machine was Wetson's down on Essex Street, Rutt's Hut in Clifton and of course the famous "Lot" on Main Street.

The boys from Nutchie's were known to drive through, rev up their engines, excite the girls and away they went.

I doubt very much if the girl's parents approved of their "hanging out" with these young hot rodders from Nutchie's gas station.

When the Beatles wrote the song "Baby You Can Drive My Car," it wouldn't be surprising if they had the girls of Lodi in mind.

Beth Manzo was one of those gals...My cousin Anthony let her drive the silver Grand Prix of his and the next thing he knew he was married with two children.

Both the racing car and the Grand Prix have long since been driven into oblivion.

Let's see now. Who else was there? Oh yeah, the cute little gal from Grove Street Joanne Conti. Let her drive my Nash Rambler a few times but she wound up marrying someone else. Panama's was a popular meeting place in the late 60s and very early 70s. When it wasn't under 14 feet of water, a kid could find some shelter there.

Though the guys with the fast cars cruised the strip in Hackensack and scorched the pavement on the Hasbrouck Heights Boulevard, they always returned home to Lodi. Either that or they were running low on gas. ###

Volunteer Management Workshop

How to Create and Run a Successful Program

The Volunteer Center of Bergen County is offering a comprehensive, six-hour course "Essentials of Volunteer Management: From Development to Achievement" on Friday, March 20, 2015, from 8:30 a.m. to 3 p.m. at the Center at 64 Passaic Street, Hackensack. The \$100 registration fee includes breakfast, lunch and curriculum binder.

Class size is limited; registration deadline is March 6, 2015. Participants will be enrolled on a first-come, first-served basis.

Participants will "learn the ropes" of volunteer management which will cover: Planning, Recruitment and Placement, Orientation and Training, Supervision and Recognition and Evaluation of the Program

Best practices and new trends in volunteer management will be discussed, including how to use social media and traditional media to market to volunteers and other supporters, how to engage leadership-level volunteers, and how to target recruitment efforts to specific demographics.

For more information or to register e-mail: demery@bergenvolunteers.org or call Debbie Emery at (201) 489-9454 Ext. 118. ###

NJ State Fruit
Blueberry

Postcard & Paper Ephemera Show March 15

As part of the 69th Annual Drive, the Community Chest of Rutherford announced the 13th annual Postcard and Paper Ephemera Show and Sale will be held on from 10 a.m. to 4 p.m., Sunday, March 15, 2015 at 55 Kip Center, 55 Kip Avenue, Rutherford. Admission is \$2 for adults. Hourly door prizes are planned.

In addition to the always popular post cards, a large selection of vintage paper collectibles will be displayed. These items range from stamps and first day covers, photos, sheet music, business cards, calendars and other advertising items.

The "Country Cafe" will be staffed by Girl Scout leaders and volunteers from other local non-profits which benefit from the Chest.

Proceeds as well as donations made to the Chest, PO Box 263, Rutherford, remain in Rutherford to benefit Rutherfordians. For more information, call Virginia at 201-939-8782.

The event benefits Rutherford Boy and Girl Scouts, Bridge Builders, Rutherford Community Food Pantry, Rutherford Social Services, Meadowlands Museum, Starfish of Rutherford, etc. ###

Every gun that is made,
every warship launched, every
rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.--
General Dwight D. Eisenhower

Rutherford Taxpayers Meet March 4

The Rutherford Taxpayers Association will meet 7:30 p.m. on Wednesday, March 4 2015, at the Rutherford Borough Hall.

Rod Leith, Rutherford Borough Historian since 2002, is author of the History Chest articles in the South Bergenite. He will present a historical view of local government.

Members are reminded that dues of \$10 are now due for the 2014-2015 year.

Prospective members are always welcome as the RTA presents information to local citizens in a non-political form. This is done through the regular monthly meetings, open forums on a particular topic as well as newsletters mailed to members. Payment may be made by mail to RTA, PO Box 361, Rutherford NJ. 07070. *Provided by Virginia Marass. ###*

Just like Passover which is dependent on the phases of the moon and has different dates each year, Easter is also a movable feast.

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Comedy Night March 14

A Comedy Night event to benefit the Volunteer Center of Bergen County will be held on Saturday, March 14, 2015, at Banana’s Comedy Club, Hasbrouck Heights.

Doors open at 6:30 for the 7:30 p.m. show; tickets are \$35 per person with one drink or food purchase minimum.

Tickets can be obtained by calling 201-489-9454 before March 14, or purchase online at www.bergenvolunteers.org.

Funds raised at this event will support the work of the Volunteer Center of Bergen County. ###

Adelphi Orchestra Concert March 22

The Adelphi Orchestra’s third concert of its 61st season is Romantic Impressionists under the baton of conductor Richard Owen.

On the program is Wagner’s Prelude to Die Meistersinger von Nürnberg, Debussy’s Petite Suite, and Dvorak: Symphony No. 9 “From the New World”

The Concert starts at 4 p.m., Sunday, March 22, 2015, at the River Dell Regional Middle School, 230 Woodland Avenue in River Edge.

Admission is free with a suggested tax-deductible donation of \$20. Donations received prior to Monday, March 17 will be listed in the concert program.

For more information call 201-477-0406 or go to: www.adelphiorchestra.org ###

HH Chamber Organizing 2015 Parade Committe

The Hasbrouck Heights Chamber of Commerce is preparing the 2015 Holiday Parade. The Chamber requests that community organizations provide a coordinator for planning purposes. Contact Ray at 201-288-5464 or Peter at 201-288-7228. ###

Model Trains March Displays

The excitement and romance of railroads comes alive in Carlstadt with almost 4,000 square feet of train layouts in realistic scenic dioramas.

"O" Scale layout is 40 feet x 70 feet with almost 20 scale miles of train track. The "HO" scale layout is about 30 feet x 45 feet.

The New York Society of Model Engineers March Exhibition is located at 341 Hoboken Road, Carlstadt.

It will be open every weekend in March 2015 from 1 to 6 p.m. Admission is \$7 for adults and \$1 for children. For more information call 201-939-9212 or go to: www.ModelEngineers.org ###

Westchester Broadway Dinner Theatre March 15

One of history’s greatest love stories. Lerner and Loewe’s timeless masterpiece. King Arthur and his new queen, Guinevere, rule their kingdom with ideals of chivalry and peace, but the arrival of Sir Lancelot threatens the foundation of the realm in one of the most fabled love triangles of all time.

Directed and choreographed by Broadway’s Richard Sabellico, this new production focuses on the dynamic and rich, intense characters in this most regal of American musicals.

The price of \$120 includes transportation, dinner and show package, including entrée, salad, vegetable, potato or pasta, rolls and corn muffins, Chef’s Choice dessert, coffee, decaffeinated coffee or regular tea prior to the performance.

The bus departs from-Most Sacred Heart of Jesus Church, Wallington, at 3:45 p.m. Dinner is at 5:15 p.m., with show time at 7 p.m. Call Pat at 201-438-0636 or Ginny at 201-715-2087 for information and reservations. ###

Lieberman March 22

On Sunday, March 22, 2015, VFW Post 4591 in Hasbrouck Heights, will host an afternoon with Peter Lieberman from 1 to 4 p.m. Doors open at noon. Cost is \$15 advance ticket and \$20 at the door. Buffet included. Line dancing.

Call Andy at 973-773-1812, Artie at 973-789-4860, Mel at 201-933-9937, or the Post at 201-288-1112. ###

Beefsteak/Comedy Night April 18

A Beefsteak/Comedy Night event to benefit Lodi Fire Department Hose Company #2 will be held April 18, 2015, from 6 to 10 p.m. at the Lodi Boys & Girls Club. There will be a 50/50 and prize raffle. Tickets are \$45 and available at the door or call Joe at 973-885-4901. ###

FOCAS Holds Flea Market

FOCAS kicks-off its 2015 Flea Market season, Saturday, March 21, and Sunday, March 22, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (*Not accepted are TVs, PC monitors, exercise equipment, clothes or magazines.*)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

AHOF Open Cockpit Weekend

On Saturday, March 28 and Sunday, March 29, 2015, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

- The featured aircraft is the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack aircraft designed for battlefield surveillance and light strike capabilities. It is of twin turbo-prop configuration, and carried two crew members with side by side seating.

- A Cobra Gunship Helicopter was recently outfitted with sound to enhance the “pilot” experience.

- Additional aircraft include a one-of-a-kind 1950 Martin 202 airliner and a rare Lockheed-designed 402-2 Bush Master.

- Plus, a “Little-Cut-Up” demonstrator with working controls.

- People, young and old can learn how the flight systems work. Qualified pilots will help guests understand the instruments and controls of these special aircraft.

- The control cab of an Air-port Rescue and Fire-Fighting truck will also be open.

Admission: Adults \$8, children (*under 12*) and seniors \$6. Pay one admission -- covers both days.

For more information, call 201-288-6344 or visit their website at: www.njahof.org

The museum is open Tuesday through Sunday from 10 a.m. to 4 p.m. Group tours, birthday parties and Dare-to-Fly Programs are available.

Founded in 1972, the Aviation Hall of Fame and Museum of New Jersey is dedicated to the preservation of the Garden State’s distinguished, two-century aviation and space heritage.

The men and women, whose outstanding aeronautical achievements have brought worldwide recognition to the state, are enshrined in the Hall of Fame. ###

Plastic Models Show March 15

A tri-state plastic models show is scheduled for Sunday, March 15, 2015, from 10 a.m. to 3 p.m., at the Aviation Hall of Fame and Museum of NJ, Teterboro Airport.

Vendors will display and sell plastic model aircraft, ships, cars, trucks, armor, sci-fi items, etc. They will also offer paints, air brush accessories, etc. Vendor table cost, \$30.

Admission is \$8 adults and \$6 children/seniors and includes access to the museum.

For additional information call 201-288-6344 or go to: www.njahof.org or www.finescale.com ###

Casino Bus Trip

The VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$30; it includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games, prizes and a movie make the travel time pass quickly. Call Mel at 201-933-9937 or the Post for details at 201-288-1112. ###

Dancing Under The Stars Act 8 April 17

Mickey's Kids Foundation will be hosting its Eighth Annual Gala to benefit Canine Assistants. The gala, "Dancing Under the Stars Act 8," will be held on Friday, April 17, 2015, at Il Villaggio in Carlstadt.

The guest of honor is Erin Bischoff and her service dog “Gauge.” There will be a professional dance team, and encore performances by children, soloists, and dancers to enhance this event. There will be a silent auction and raffles.

Tickets are \$125. For more information, please contact mickeyskidsfoundation@verizon.net ###



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March Flower
Daffodil

The Hasbrouck Heights Chamber of Commerce meets 8 a.m. on the first Wednesday of the month at The Hasbrouck Heights Library. ###

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A Most Wanted Man

On Tuesday, March 31, 2015, 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of “A Most Wanted Man,” starring Chadwick Boseman.

When a half-Chechen, half-Russian, brutally tortured immigrant surfaces in Hamburg’s Islamic community, both German and U.S. security agencies take notice.

Starring Philip Seymour Hoffman in his final screen performance. Based on the spy novel by John le Carré. The film will be shown in The Library Auditorium. ###

Free Movies

On Wednesdays, starting at 1:30 p.m., free movies will be shown at The Lodi Memorial Library. For more information, call 973-365-4044. ###

ESL Classes

The Wood-Ridge Memorial Library holds ESL classes three times a week, every Monday, Friday and Saturday morning at 10:15 a.m. No registration is required. ###

Basic ESL Classes

The Rutherford Public Library has ongoing Basic English as a Second Language classes taught by a certified ESL instructor. The classes are intended for beginner to intermediate level students and will be held on Monday and Wednesday evenings from 6 – 7:30 p.m. and Tuesday and Thursday mornings from 10 – 11:30 a.m. Students may register at the Reference Desk. For more information, please call 201-939-8600, ext. 7. ###

English Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library. The group will meet on Monday, from 10-11:30 a.m. and on Thursday, from 1-2:30 p.m. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, call 201-939-8600, ext. 7. ###

ER Library Starts New Saturday Hours

E. Rutherford Memorial Library announced that starting in March 2015, they will have new hours on Saturdays from 10 a.m. - 4 p.m. ###

A Love Affair With the Movies

On Wednesday, March 25, 2015, at 7 p.m., The Carlstadt Library presents “A Love Affair With the Movies.”

This musical performance features accomplished musical duo, Francine Evans and Joel Zelnik, and includes the magical songs from many of Hollywood’s most memorable productions. See the website for more info: <http://carlstadt.bccls.org/adults.shtml> or call 201-438-8866 ex. 204. ###

The Kootz March 4

Get ready to rock out with THE KOOTZ, Wednesday, March 4, 2015 at The Carlstadt Public Library starting at 7 p.m. Enjoy the singing hits from the 1960s to 90s. No registration required! Don’t miss this toe tappin’ good time! ###

What’s Cookin’

On Tuesday, March 10, 2015, at 11 a.m. in the Wood-Ridge Senior Center, learn about old-fashioned cooking techniques through hands-on examination of cooking utensils and food-related artifacts from the Museum’s collection.

The program concludes with participants reminiscing about favorite recipes and food and cooking memories. Registration required. The program is for adult/seniors only. The program is sponsored by The W-R Memorial Library. ###

1:30 p.m. Movies at Carlstadt Library

On the second and fourth Tuesday of the month The Carlstadt Public Library will present a feature film.

- March 10, 1:30 p.m. “The Judge,” starring, Robert Downey Jr. and Robert Duvall
- March 24 at 1:30 p.m. “Alexander and the Terrible, Horrible, No Good, Very Bad Day,” starring Steve Carell and Jennifer Garner

Popcorn and beverages provided. No registration required. ###

HH Library Spring Computer Classes

The Hasbrouck Heights Free Public Library is offering Saturday computer training classes for beginners in Microsoft Office 2010 for Excel, PowerPoint, Computer Basics, Introduction to the Internet/E-Mailing and iPad/Tablet Basics.

Each class meets for two (2) hour sessions from 10 a.m. to noon in The Library.

A \$40 refundable deposit is required. Due to limited seating, pre-registration is required. Some classes have prerequisites*. For details, please call 201-288-0488 or visit us online at <http://hasbrouckheights.bccls.org/>

The Spring schedule is as follows:

- March 7 & 14: Introduction to MS Excel 2010
- March 21 & 28: Knowing More— MS Excel 2010*
- April 4 & 11: Introduction to MS PowerPoint 2010
- April 18 & 25: Computer Basics
- May 2 & 9: Internet/E-Mail Basics
- May 16 & 23: Introduction to the iPad/Tablet
- June 6 & 13: Introduction to MS Excel 2010
- June 20 & 27: Knowing More—MS Excel 2010* ###

March Computer Classes at Lodi Library

Lodi Library offers free, small group computer classes for Lodi residents from 1 to 2:30 p.m. March 2015 classes are:

- Computer Basics - March 3
- Internet Basics - March 10
- Introduction to Microsoft Word 2010 - March 17
- Facebook Basics - March 24
- Intro to Microsoft Excel - March 31

Registration and a \$5 refundable deposit per class is required. For more information, call 973-365-4044. ###

Read to Your Child

Monday Evening Book Group

On Monday, March 9, 2015, at 6:30 p.m., the Monday Evening Reading Group will meet at The Rutherford Public Library Glass Room to discuss “Eleni,” by Nicholas Gage. Copies of the book are available at the circulation desk. ###

Leaving Home

On Friday, March 27, 2015, at 1:30 p.m., the Daytime Reading Group will meet at The 55 Kip Center to discuss “Leaving Home,” by Anita Brookner. Copies of the book are available at The Rutherford Library circulation desk. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, March 4, 2015, at 6:30 p.m., to discuss “Inferno” by Dan Brown.

The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the books are available at the Circulation Desk. For more information, please e-mail Peg Mellett at mellett@bccls.org ###

Carlstadt Evening Book Club

The Carlstadt Evening Book Club will discuss “The Glass Castle: A Memoir” by Jeannette Walls on March 11, 2015, at 7:00 p.m. Light refreshments will be served. New members are always welcome! ###

Libraries Are Fun!

Tax Forms and Tax Guides are available at your Library for selected federal tax forms, booklets, and tax guides. Assistance is available for printing tax forms on the internet.

Teen Cafe

On Wednesdays, March 4, 11, 18 and 25 2015, starting at 3:45 p.m., The Lodi Memorial Library offers teens (*age 12 to 18*) an opportunity to meet and talk about technology, fashion, movies, music and books. For more information, call 973-365-4044. ###

ACT Test

On March 27, 2015 from 11 a.m. to 3 p.m., The Lodi Memorial Library offers high school students the Kaplan Test Prep Practice ACT and SAT test. For more info, call 973-365-4044. ###

Teen Tech Week March 9-14

Do you remember vinyl records, table top arcade games, 8-track cassettes?

During the month of March, The W-R Library presents a technology display that spans from the early 1900s through the year 2000.

This Flashback Tech Display is for the entire month of March. During Teen Tech Week (*March 9-14*), you will have the opportunity to win a brand new wi-fi tablet by entering the trivia contest. The person with the most correct answers will win. If more than one entry has the same number of correct answers, there will be a drawing. ###

Crochet Club

The East Rutherford Memorial Library will host a Crochet Club twice a month. All skill levels are welcomed. The Club will meet on the 1st and 3rd Thursdays of the month, from 6:30-8 p.m. in The Library. This is not a class, but rather a Club and beginners are welcome. Please bring your own supplies. Come share your passion and make some friends! Any questions call 201-939-3930. ###

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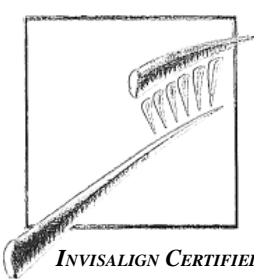
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Carlstadt YA Club

The Carlstadt Public Library YA Club will meet for an evening of Yoga on March 10, 2015, at 7 p.m. There will be a cooking program on March 17 at 7 p.m. These events are for kids 5th Grade and up. For future events and times, please check calendar of events on their website! ###

Chess Club – Children and Beginner Adults

The Wood-Ridge Memorial Library hosts a free Chess Club every Wednesday, from 3:30 p.m. – 4:30 p.m. for children and 4:30 p.m. – 5 p.m. for adult beginners only (*adults must register*).

Designed for children of all ages and ability levels, the Chess Club is led by a coach who can teach new chess players the basics, and help experienced children sharpen their skills. For more information, call 201-438-2455. ###

Music With Miss Fran

Miss Fran will present her preschool music program on Monday, March 2, 2015, from 11:15 – 11:45 a.m. at The Rutherford Public Library. She will bring her guitar and play favorite familiar children’s songs for dancing and fun. No advance registration is required. This program is funded by The Friends of The Library of Rutherford. ###

Guitar Bob

The Rutherford Public Library welcomes back Guitar Bob on Fridays, March 13, 20, and 27, 2015, from 11:15 – 11:45 a.m., for preschool children.

Guitar Bob will play original and also favorite familiar children’s songs for dancing and fun. No registration is required. This program is funded by The Friends of The Library of Rutherford. ###

Friday Afternoon Children’s Matinee

On Friday, March 20, 2015, from 3:45 to 5:30 p.m., children ages 5 and up are invited to a free movie screening of “Ducktales: Treasure of the Lost Lamp,” at The Rutherford Public Library. Bring a snack and a friend and have some afternoon fun to end the school week.

No advance registration required. An adult caregiver must remain with any child under age 7 for the duration of the film. For more information call 201-939-8600, ext. 6. ###

Friday Family Fun Time

The Rutherford Public Library is excited to announce a children’s concert on Friday, March 27, 2015, at 4 p.m.

Tommy Gardner, singer-songwriter of the well-known Uncle Brothers, loves performing for kids and will be joined by Axel for a duo performance.

His award-winning original music has important character education themes such as anti-bullying, kindness, and respect.

This program is for children of all ages and their caregivers, and no registration is required. Thanks to The Friends of The Library of Rutherford for their generous funding of this program. ###

Legos Build

The Lodi Memorial Library invites future architects and engineers, Kindergarten age and up, for a Legos Build on Tuesday, March 17, 2015, from 3 to 4:30 p.m.

They supply the Legos, you supply the imagination. For more information, call 973-365-4044. ###

Lodi Storytime

The Lodi Memorial Library invites children, ages two to six and their parents to move, stretch, listen to stories.

Music and Storytime Thursday, March 5, 12, 19 and 26, 2015, from 5 to 5:45 p.m. For more information, call 973-365-4044. ###

Mark the Magician!

On Thursday, March 26, 2015, at 4 p.m., come join magician Mark Zacharia with his interactive magic show as he demonstrates that The Carlstadt Library really is the most magical place on earth.

Please sign up for this event in the Children’s Room! If you are not signed up, you will not be admitted to this event! Check the website for more details. ###

Read Across America with HHJWC

The Hasbrouck Heights Junior Women’s Club will be announcing the winners of their Annual Read Across America Puzzle contest at The HH Public Library on Monday, March 2, 2015, at their story time, in honor of Dr. Seuss’s Birthday, featuring a special guest who will read to the children from 3:30-4:30 p.m. For more info, go to: www.hhjuniors.org ###

Afternoon Storytime

On Tuesday, March 24, 2015, at 3:45 p.m. children ages 4 and up are invited for stories and a craft at The Rutherford Public Library. Registration is required. For more information, please call the Children’s Department at 201-939-8600, ext. 6. ###

Drop-In Storytime

The Rutherford Public Library will host a morning and afternoon drop-in storytime program on Wednesdays, March 4, 11, 18, and, 2015, from 10:30 – 11 a.m. and repeated from 2 – 2:30 p.m.

The Wednesday afternoon session is geared specifically to children up to the age of 18 months. The story and rhyme portion of the afternoon session lasts 20 minutes and is followed by a play/social time for approximately 15 minutes.

Storytime will also be held in the morning only on Thursday, March 5, 12, 19 and 26 from 10:30-11 a.m.

All children, from infants to 5-year-olds and their caregivers, are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###

Morning and Afternoon Storytime!

Join Miss Kate at The Carlstadt Library every Thursday at 10:30 a.m., then again at 1:30 p.m. for stories, rhymes and wiggles! Children of all abilities up to age 4 and their caregivers are encouraged to sing and play along. Story time is a wonderful, interactive way for caregivers to learn about Library services and how to interest children in books. Check their website for more details. ###

W-R Storytime for Preschool Pals and Toddler Time

- Preschool Pals: Every Tuesday, at 12:30 p.m., children ages 4-5 can enjoy weekly themed story time, songs, and a craft.

- Toddler Time: Every Thursday, at 10:30 a.m., children ages 3 and under can come in for weekly themed story time, songs, and a craft.

Registration is required; space is limited. Call 201-438-2455 to register. ###

Paws to Read

The Rutherford Public Library welcomes back Rodney, a registered therapy dog, for the Read to a Dog Program. Rodney will be at The Library with his owner on Monday, March 30, 2015, from 4 – 5 p.m. Children who are able to read a little bit and would like to be able to practice their reading skills are invited to sign up for a 15 minute time slot with Rodney. He loves to listen to stories and never complains if it is not a perfect reading.

Parents may accompany their child during their time with Rodney. Registration is required and should be done by contacting Miss Jane at 201-939-8600, ext. 6 or by email at jane.tarantino@rutherford.bccls.org ###

Paws for Reading

Young Readers Wanted! On March 2 and 16, 2015, from 6 p.m. to 7 p.m., come to The Wood-Ridge Memorial Library and sharpen your reading skills by reading to the wonderful therapy dogs, Rodney and Teddy!

Children ages 5 and older sign up for a 15-minute session to read to a friendly dog.

Dogs are certified through the Delta Society and Bright and Beautiful Therapy Dogs Inc. Therapy dogs provide a safe, nurturing experience for beginning and struggling readers to practice their reading skills. All readers are invited.

A variety of books will be provided, but feel free to bring your own. Registration is required. Call 201-438-2455. ###

Lodi Library Gaming Days

Children from Kindergarten age and up can play a variety of games.

Minecraft, Tuesdays, March 3, 10, 17, 24 and 31, 2015, from 4:45 to 5:45 p.m., children learn a little bit of geology, geometry and electrical circuits while socializing and team building.

On Monday March 2, 9, 23 and 30, 2015, from 6 to 7 p.m., it’s Wii Gaming.

Fun Friday Board Games, children with their families have an opportunity to play and try out different board games together from 4 p.m. to 4:50 p.m. on Friday March 6, 13, 20 and 27, 2015. For more information, call 973-365-4044. ###

Children’s Crafty Kids

On Thursday, March 12, 2015, at 3:45 p.m. children ages 6 and older are invited to create a St. Patrick’s Day Charm Bracelet at The Rutherford Public Library. Registration is required. For more information, please call the Children’s Department at 201-939-8600, ext. 6. ###

Children’s Preschool Craft Corner

On Monday, March 16, 2015, at 3:45 p.m., children ages 3, 4, and 5 are invited to make a Leprechaun Magnet at The Rutherford Public Library.

Children are asked to have an adult accompany them in order to assist with the making of the project. Registration is required. For more information, please call the Children’s Department at 201-939-8600, ext. 6. ###

Lodi Crafts and Science Mondays

On Mondays, March 2, 9, 16, 23 and 30, 2015, at 5 p.m., The Lodi Memorial Library offers parents and children Kindergarten age and up, to share and make crafts together, or experience science experiments. For more information, call 973-365-4044. ###

Craft-to-Go Bag Ages 8 and Up

During the month of March, come into The Wood-Ridge Memorial Library and pick up a craft-to-go bag and have fun creating your own surprise craft at home.

When you have completed your craft, you can take a picture of it, and they will display it in The Library. Ages 8 and up (*supplies are limited, first come basis*). ###

Creative Crafts Ages 4 and Up

Make a unique craft from things found at home or from a local craft supply center. Create a gift or make something just for you!

The Carlstadt Public Library invites children 4 and up to participate. Younger children will need assistance from a caregiver.

Supplies and space are limited on a first come, first serve basis. Crafts are held most Wednesdays at 3:30 pm. Check their website for more details. ###

When not in use, turn off the juice.

Hasbrouck Heights
7th Annual Street
Fair May 17

The Hasbrouck Heights Mayor's Business Community Committee announced the 7th Annual Street Fair is scheduled for Sunday, May 17, 2015 from 10 a.m. to 5 p.m. along The Boulevard, rain or shine.

Attractions include concerts, children's entertainment, street performers, fun foods, rides, craft, antique and specialty vendors.

They are seeking additional craft, antique dealers and specialty/collectibles vendors.

The Hasbrouck Heights Street Fair is rapidly developing into one of the premier events in New Jersey.

The committee welcomes sponsor commitments. Those seeking sponsorship of this spectacular regional street fair should call 201-288-0195, 201-460-8335 or email info@cliffhangerproductions.com. ###

Be A
Clown

If you like to make people smile, now is your chance to join "Call-Us-Clowns, Inc". They are a group of Caring Clowns who volunteer at area hospitals, nursing homes, libraries, senior centers, day care centers, schools, and various charitable events. No experience is needed and training is provided.

The next training course begins mid-March 2015 and will meet once weekly for eight (8) weeks on Mondays from 12:30 p.m to 3:30 p.m. in Hackensack.

This course is staffed by experienced clowns. You will learn about clown make-up, costume, the clown persona, clown history, as well as clown movement, balloon sculpture, face painting, juggling, magic and other tools and skills of the caring clown.

Call-Us-Clowns, Inc. (*World Clown Association Alley #326*) is a not-for-profit, award winning charitable troupe of Caring Clowns based in Bergen County.

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Felician College Students
Offer Free Tax Preparation

Members of Felician College Young Entrepreneur's Club are once again partnering with the Internal Revenue Service to offer free tax preparation services to those who qualify. Through the IRS's Volunteer Income Tax Assistance (VITA) Program, Felician students have been trained by IRS personnel to prepare uncomplicated tax returns. Under the guidance of Felician College professor Joseph A. Lizza, MBA, CPA, CGMA, these student volunteers will provide free income tax preparation assistance to low income, elderly, disabled and limited-English-speaking community members.

The VITA volunteers will

LHS Presents
Mame

The Lodi High School Drama Club is presenting the musical play, "Mame" on March 6, 7, 13 and 14, 2015 starting at 7 p.m. at LHS, 99 Putnam Street, Lodi. Admission is \$10 for students and \$12 for adults. Tickets can be purchased at the door or in advance at: <http://lodi.booktix.com>

For more information call 973-478-6100. ###

VFW Ladies
Auxiliary Spring
Auction April 17

The Petersilge-Velock V.F.W. Ladies Auxiliary to Post 809 will sponsor a Spring Auction (Tricky Tray) on Friday, April 17, 2015, at the Post Home, 100 Main Street, Little Ferry. The event is open to the public.

The doors will open at 6:30 p.m. Donation \$10 for tickets. Call Irma at 201-489-2390 or Adele at 201-641-2298.

The proceeds from this event will be used to take care of the needs of our Veteran men and women who reside at Veterans homes and assisting and caring for all Feterans and their families. ###



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- Form 5405
- Form 8863 (*Education Credits*)
- Form 8812 (*Additional Child Tax Credit*)
- Form 8888 (*Direct Deposit*)

Preparation of corresponding New Jersey forms will also be available. People who need assistance with other forms and complicated returns should see a paid preparer.

The program will run on the following Saturdays on a first come, first served basis: March 7, 14, 21, and 28, 2015, from 10 a.m. to 2 p.m. at the Felician College Business Library, Blessed Mary Angela Hall, One Felician Way (*a cross street of West Passaic Avenue, between Montross Avenue and Wood Street*), Rutherford, NJ 07070.

"The Young Entrepreneur's Club is very excited to continue working with the community in providing this vital service as an outreach program and learning experience," said Matthew Kmetz, President of the Young Entrepreneur's Club. The Felician College Young Entrepreneur's Club is pleased to announce that volunteers this year will not only come from Felician College, but also Ramapo College and Rutgers University.

If you have any questions, please call Professor Lizza at 201-559-3321. ###

MOPS - March 26

Do you need an escape, a space to rejuvenate, a moment of inspiration and a little mom sugar? Hasbrouck Heights MOPS invites area moms to "Courage to Love & Be Loved," Thursday, March 26, 2015, from 7 to 9 p.m. at Bible Baptist Church. Free MOPPETS childcare provided by reservation. For more info: hasbrouckhtsmops@gmail.com; 862-239-MOPS; hasbrouckhtsmops.blogspot.com ###

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Farmers' Market Continues

The Hasbrouck Heights Farmers' Market is scheduled to begin on June 16, 2015 and continue every Tuesday from noon to 6 p.m. until late September, at the corner of The Boulevard and Central (*municipal parking lot*).

This Farmers' Market is scheduled to host over a dozen vendors this year, and George is back! There may be a food truck.

Vendors, crafters, local artists, musicians, etc., are welcome. According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon at the 2015 Market. Limited positions are available. Call Ray at 201-288-5464 for more

information.

During Farmers' Market days, Boulevard businesses are permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. Businesses will organize a town-wide sale on the third Tuesday of each month. ###



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Celebrating the Community Experience



Belly Dancing

Care on the Corner will be starting a spring session of Middle Eastern Dancing (*aka: Belly Dancing*) classes starting on March 24, 2015.

The classes will be held Tuesday nights, from 7:30 to 8:30 p.m. for five (5) weeks at a fee of \$35. The session runs on March 24, 31, April 14, 21, 28, 2015 (*no class on April 7, 2015*).

Through this Ancient Dance form, you will learn the basics of the dance while strengthening your abs, tone your muscles and learn a simple piece of choreography.

Students will be instructed by Elly Marco, who is currently the Director of the Haslo Dance Troupe. She performs throughout Northern NJ and NYC. She also teaches Middle Eastern dance in senior centers and other adult school education programs.

All classes will be located at: Care on the Corner in the Parish Hall of St. John the Divine, 229 Terrace Avenue in Hasbrouck Heights, NJ. To register call the Care Center at 201-288-9460 before March 18, 2015. ###

Wine Tasting Fundraiser

The Rutherford Education Foundation will host its annual "Grape Adventure" Wine Tasting Fundraiser on Saturday, March 21, 2015, 7:30 - 10:30 p.m. at the Rutherford Elks Lodge, Rutherford. Tickets in advance only, \$75 per person. Includes over 100 wines, along with craft beers and vodka tastings. Silent Auction, 50/50 Raffle and great prizes!

Sponsored by Boiling Springs Savings Bank. Presented by Mason's Cellar, hors d'oeuvres by Matera's on Park.

Tickets available at Mason's Cellar, Matera's on Park, from REF Board Members, and online at Eventbrite.com. For more information, contact REF@RutherfordSchools.org ###

W-R Pre-School Registration

The Wood-Ridge Board of Education is holding registration for a Pre-School (*Age 4*) Instructional program for the 2015/2016 school year for Wood-Ridge residents.

The program will be at the Catherine E. Doyle School, 20 students max in each class, from 8:15 a.m. – 2:50 p.m. daily. Yearly tuition (*10 months*) is \$5,000.

Registration will be held at the Catherine E. Doyle School from 9 a.m. to 12 p.m. daily beginning on Monday, March 2, 2015. Registration on a first come, first served basis. Children are eligible if they turn four (4) years old on or before October 1, 2015.

Proof of a current physical examination, immunizations and residency are required.

Please contact Mrs. Tiesi at 201-933-6777 for specific details, or visit www.woodridgeschools.org

W-R Knights Scholarship

The Knights of Columbus, St. Anthony Council #11585 in Wood-Ridge, will again be awarding a \$500 scholarship to any graduating 8th Grader (*Public or parochial school*) who will be attending a Catholic High School next September.

The candidate must be a parishioner of the Church of the Assumption of Our Blessed Lady, Wood-Ridge, NJ. Applications will be judged on need, scholarship and service

Applications are available in the Church Friary. The deadline for submission of the application is 3 p.m. Thursday, April 23, 2015. PG ###



Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

W-R Memorial Foundation Scholarships

Applications for the 2014 Wood-Ridge Memorial Foundation annual scholarship awards will be available in mid-March.

The Foundation will be presenting between 14 and 16 awards to graduating seniors totaling in excess of \$30,000 this coming June.

Applicants must be residents of Wood-Ridge and graduating this spring from Wood-Ridge High School, any private/parochial high school or other type of accredited high school program.

Please call 201-641-2803, for details. ###

W-R Lions Scholarships

Applications for the Wood-Ridge Lions Club annual scholarships (*totaling a minimum of \$6,000*) are now available. There will be a minimum of three awards.

The number of awards and the dollar amounts will be determined by the selection committee. One award is given in the name of Lion Vinny Pascale and all Charter Club Members, the second is given in the name of Lion Jim Love Sr. and Phil Rottini and the third is given in the name of Lion William J. Nagel.

Any Wood-Ridge or Moonachie resident senior graduating from an accredited high school may apply for these scholarships. For details, e-mail janpro911@aol.com. ###

Stuffed Animal Sleepover and Breakfast

The Free Public Library of Hasbrouck Heights will hold its annual Stuffed Animal Sleepover on Friday, March 13, 2015, from 6:30-7:15 p.m.

Members of The Library's Teen Advisory Board will be on hand to help children ages 3-7 with a craft and tuck their animals in after a story.

On Saturday, March 14 from 10:30 a.m to noon. The Friends of The Library will host a light breakfast where children can pick up their stuffed animal and enjoy photos of what the toys do when The Library closes up for the night.

Registration is required. First preference is given to residents and students of Hasbrouck Heights. Register in person, online at <http://hasbrouckheights.bccls.org> or by calling 201-288-0485. ###

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"Spring Forward"

Daylight Saving Time will commence on the second Sunday in March and end on the first Sunday in November.

At 2 a.m., on March 8, 2015, clocks should be set forward one hour ahead of standard time (*spring forward*).

Daylight Saving Time allows us to use less energy in lighting our homes by taking advantage of the longer and later daylight hours.

Daylight Saving Time was instituted in the United States during World War I in order to save energy for war production by taking advantage of the later hours of daylight between April and October.

During World War II, the federal government again required the states to observe the time change. Between the wars and after World War II, states and communities chose whether or not to observe Daylight Saving Time.

In 1966, Congress passed the Uniform Time Act which standardized the length of Daylight Saving Time.

Daylight Saving Time is four weeks longer since 2007 due to the passage of the Energy Policy Act in 2005.

The Act extended Daylight Saving Time by four weeks from the second Sunday of March to the first Sunday of November, with the hope that it would save 10,000 barrels of oil each day through reduced use of power by businesses during daylight hours.

Unfortunately, it is exceedingly difficult to determine

energy savings from Daylight Saving Time and based on a variety of factors, it is possible that little or no energy is saved by Daylight Saving Time.

The idea of daylight saving was first conceived by Benjamin Franklin in 1784.

A study by the U.S. Law Enforcement Assistance Administration found that crime was consistently less during periods of Daylight Saving Time than during comparable standard time periods. Data showed violent crime down 10 to 13 percent. It is clear that for most crimes where darkness is a factor, such as muggings, there are many more incidents after dusk than before dawn, so light in the evening is most welcome. ###

Online calendars can help your computer update automatically. When it's time to spring forward or fall back, many people just change their clocks before going to bed, or reset them in the morning when they wake up, rather than changing the clocks exactly at 2:00 in the morning.

Be careful when changing your clocks before bed, though - some clocks are smart enough to change the time automatically for DST. If you change the time manually, you may end up an hour off. ###

Beware the Ides of March

Those familiar with history or William Shakespeare's play "Julius Caesar," recognize the reference to March 15, the day of Julius Caesar's assassination in 44 B.C. after declaring himself dictator of Rome for life.

"Beware the Ides of March" is the soothsayer's message to Julius Caesar, warning of his death and has forever imbued that date with a sense of foreboding.

After Caesar's untimely exit, superstitious Romans may well have avoided launching a business, marriage or other important venture on a date so cloaked in doom it eventually entered the lexicon as a metaphor for impending catastrophe.

But in Roman times the expression "Ides of March" did

not necessarily evoke a dark mood—it was simply the standard way of saying "March 15."

A Roman saying, "four Ides," (*meaning four days before Ides*), would be just as clear to other Romans as someone saying March 11.

For ancient Romans, an Ides was merely one of several common calendar terms used to mark monthly lunar events. The Ides simply marked the appearance of the full moon.

Each month has an Ides (*usually the 15th*) and this date wasn't significant in being associated with bad luck or doom. ###

HH Garden Club News

On March 19, 2015, the Garden Club, along with The Library, will be presenting Rick Mikula at their meeting.

Rick is the owner and operator of Hole-In-Hand Butterfly Farm and MonaMe Kennel. Rick is the President of the International Butterfly Breeders Association and Vice President of Education for the Canadian Butterfly Breeders and Exhibitors Association.

He is instrumental in initiating the Tiger Swallowtail in becoming the NJ state butterfly.

Rick is the co-founder of Butterfly website.com, which is the oldest and largest butterfly web site in the world. He has written many books on butterflies, writes regular columns for several magazines and is personally featured in hundreds of newspapers worldwide.

Rick is an internationally recognized lecturer and in the last 24 years has conducted thousands of high energy and fast paced presentations for all types of groups from Pre-K daycare to college.

His "Spread Your Wings and Fly" seminars have trained hundreds of people to become professional butterfly producers.

Everyone is invited to come and meet this knowledgeable and interesting person.

This program is open to all! Refreshments will be served. The meeting will be held at 7 p.m. in the Senior Center located at 320 Boulevard, Hasbrouck Heights. The Senior Center is located on the corner of Central Avenue. There are two parking lots available for the building located on Central Avenue.

Registration is required. Children must be accompanied by an adult. Call The Library at 201-288-0488. ###

Preparing Your Garden

Before digging, test for dampness. Soil should be fairly dry and crumble when rubbed between your fingers. Lift soil in chunks, turn and shatter with spade or pitchfork. Follow fertilizer instructions remembering less is better. Rake surface smooth. ###

Chamber/Garden Club Boulevard in Bloom

Help Keep the Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for over 10 years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the Hasbrouck Heights Garden Club, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting will be done by the Garden Club at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season. After the summer, the DPW will collect

the flower pots and store them for the winter.

The Beta Club from the Hasbrouck Heights Middle School will lend a hand overseeing and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604.

Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

Things to Do in Your Garden

- Remove winter mulches
- Clean up the garden/weed
- Have soil tests run
- Improve soil with organic matter and pre-plant incorporation of fertilizer
- Rake & aerate lawn
- Apply lime if needed
- Reset perennials that have frost-heaved
- Start vegetables and flowers from seed
- Sow seeds outdoors of hardy annuals, such as poppies and cornflower
- Plant sweet peas and garden peas on St. Patrick's Day, if soil is workable
- Plant cold-tolerant vegetables such as onions and peas (mid to late month)
- Look for and remove cedar apple rust galls on Eastern red cedar

- Plant or transplant trees and shrubs when soil is workable
- Fertilize trees and shrubs (late)
- Prune trees, shrubs that do not flower in spring (*unless renovation pruning*)
- Clean out all of your birdhouses now, so that they will be ready when the birds return.
- Repair any fencing, arbors, or trelliswork that is weak or has broken over the winter.
- Check the plants under the eaves of the house and under tall evergreens to see that they have sufficient moisture. ###

March Birthstone
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Mayor Paul Sarlo presented Diane with a Senate Resolution.



On behalf of the Mayor, Borough Council, Borough Administrator, Borough Attorney and CFO, Council President Ezio Altamura presented Diane with a gift of appreciation.

Wood-Ridge Borough Clerk Diane Thornley Retires

A retirement ceremony was held in honor of Borough Clerk Diane Thornley at the January 28, 2015 Council meeting, which was attended by current and former elected officials and employees of the Borough. Diane served as Borough Clerk for 18 years. She retired after 25 years of employment with the Borough on February 1, 2015. *Photos by Rich Domansky. ###*



Celebrating 5 Years on The Boulevard

Mayor Rose Heck joined Chip Degaard and staff of **Chip Dee Academy of Music** on January 25, 2015, to commemorate their 5th Anniversary as a music studio at 195 Boulevard in Hasbrouck Heights. For more than 30 years, owner, Chip Dee, has been a professional musician and certified music educator. The Academy provides music lessons, special needs classes, song writing/recording workshops, etc. Your first music lesson is free. For more information go to: www.chipdeeademyofmusic.com. ###





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Freeholder David L. Ganz and Freeholder Chairwoman Joan M. Voss, Hasbrouck Heights Mayor Rose Heck, Councilwoman Pamela J. Link and Councilman David Gonzalez were given a tour of the new facility by Dr. Mia Frezzo.

Ribbon Cutting at New Animal Hospital

With a ribbon cutting ceremony on January 31, 2015, Dr. Mia K. Frezzo officially opened the **Animal Hospital of Hasbrouck Heights** at 180 Boulevard.

Located at the former Borough Exxon Service Station, the completely renovated building is now a state of the art Animal Hospital providing on-site comprehensive veterinary care,



surgery, dental, hospitalization, pharmacy, in-house laboratory, etc. For more information go to: www.vetinheights.com ###



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RLC Student Receives International Recognition

Robert L. Craig School's own Katelyn Spadavecchia (*8th Grader*) has been selected as one of the 23 National Merit Award Winners in the International Lions Club Peace Poster Contest.

Ms. Lee Ten Hoeve, art educator, has been participating in this contest for years, but this is the first time we have had a student place nationally. It should be noted Katelyn won for all of New Jersey before she moved to the national level a few weeks ago, which in and of itself is remarkable.

Mr. Rich McCullough (*the Lions Club representative*) arrived at the school to read Katelyn her award letter. She will be presented with a \$500 cash prize and be honored at three events hosted by the Lions Club.

The posters were judged



at Club, district and multiple district levels before reaching the international level, at which point they had been narrowed down to 132 posters.

Based on creativity, originality and portrayal of the theme, "Peace, Love and Understanding," Katelyn's poster was chosen out of 400,000 entries to be one of the 23 Na-

tional Merit Award recipients!

Only four other USA entries won merit recognition. Other award winners came from various countries including China, Columbia, India, Italy, Sweden, Thailand, Finland, Indonesia, Philippines, Romania, Slovenia and Taiwan.

This is a really amazing achievement and a great success for this small school and community to be recognized on a national level! They commend Katelyn for her efforts and extraordinary talent.

Please note all drawing was done by hand and there were no digital components or tracing allowed. The piece is mainly colored pencils and watercolors. *Provided by Ms. Lee Ten Hoeve, Robert L. Craig School Art Educator, and Dennis Brubaker, W-R Lions Club. ###*



Congratulations to Rutherford High School's Competition Team for clinching Second Place at the 3rd Annual Barrons X-Treme Spirit Challenge held at Woodbridge High School in New Jersey on Sunday, January 25, 2015.

Pictured in back row, left to right: Florencia Cocoz, Lavinia Eugene, Sabrina Maestra, Deena Oltar, Natalie Else, and Aaliyah Jordan.

Front row, left to right: Kayla Barnes, Julia McNeily, Hayley Waldron, Colleen Foley, Madison Van Der Laak, and Bryana McCourt. *Provided by JoAnn Hughes. ###*



RHS 1985 State Championship Team Celebrated

The 1985 State Championship Boys Basketball team from Rutherford High School recently celebrated their 30 Year Anniversary. On January 10, 2015, eight team members and head coach, Bill Whitney, were honored at halftime of the game against Bergen Tech. All members of the team were introduced and received a piece of the gym floor they played on. Following the game, a reception was held with all the honorees, coaches, and players from this year's team.

Pictured above: Members of the 1985 State Championship RHS Boys Basketball team with the current RHS Boys Basketball team. *Provided by JoAnn Hughes.*



Environment Through the Artist's Eyes

The Fourth Grade enrichment students, under the direction of Mrs. Dey, enrichment teacher, and Mrs. Speer, art teacher, recently participated in the annual art convocation, The Environment Through the Artist's Eyes, run by the Meadowlands West Gifted and Talented Consortium. On the first day of their two day experience, the group analyzed works of art at the Newark Museum. On the following day, they sketched outdoors at the Meadowlands Environment Center in Lyndhurst and then created their own art masterpieces using various media. *Provided by Karen Dey. ###*

Captions: Fourth Grader Jayden Alvizio analyzes a work of art at the Newark Museum as part of the art convocation, The Environment Through the Artist's Eyes.

• Fourth Grader Damon Foster sketches at the Meadowlands Environment Center in Lyndhurst as part of the art convocation, The Environment Through the Artist's Eyes.

• Fourth graders Jaden McClarnon and Alicia Rutkowski work on their own artistic creations at the Meadowland Environment Center in Lyndhurst as part of the art convocation, The Environment Through the Artist's Eyes. *###*



Collection Drive for Center for Hope and Safety

Under the direction of the Fourth Grade teachers and Mrs. Puig, Guidance Counselor, the Fourth Grade students at McKenzie School in East Rutherford spearheaded a collection drive for the Center for Hope and Safety. The collection reinforced the character education themes of Compassion and Generosity. Pictured are McKenzie Fourth Graders Christopher Garcia, Adrian Acosta, and Anna Pamula with some of the donated items. *Provided by Karen Dey. ###*



Meadowlands Rotary Club Continues to Give Dictionaries to Third Graders

The Meadowlands Rotary Club of Carlstadt and East Rutherford recently presented dictionaries to the Third Graders at McKenzie School in East Rutherford. The Rotary Club has given dictionaries to the Third Graders of East Rutherford since 2004 as part of the organization's focus to promote world literacy. *Provided by Karen Dey. ###*

A large group of approximately 30 people, including students and staff, are posed for a group photo in front of a building entrance. The group is arranged in several rows, with some individuals kneeling or sitting in the front. They are dressed in casual winter attire, such as jackets, sweaters, and scarves. The background shows a brick building with a set of stairs leading up to a doorway.



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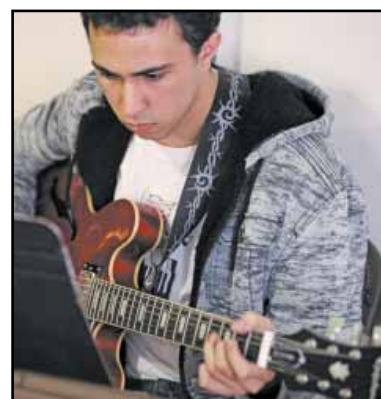

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Wood-Ridge/Moonachie S



In conjunction with “March is Music in our Schools” month, the Wood-Ridge Jr./Sr. High School, the W-R Intermediate School Band and the R. L. Craig School from Moonachie had a day of music making on Friday, February 6, 2015.

About 123 students participated in the 5th Annual Wood-Ridge and Moonachie Schools Band Festival 2015. This is the first time that the Moonachie band joined in on the fun.

These young musicians attended individual instrument workshops in the morning, then assembled in the auditorium for group practice. They put on a combined performance for the public at 12:30 p.m. All the band

students in the district participated in the band performance. There were many parents in the audience.

The W-R Jr./Sr. HS Band began with “Star Spangled Banner.” The program concluded with all bands together playing “We Will Rock You.”

Sets included flute ensemble, flute quintet, clarinet ensemble, W-R Jr. Sr. HS Band, directed by Mrs. Toni Baumgartner, Moonachie Wind Ensemble, directed by Mr. Michael Santoro and W-R Intermediate School Band, directed by Ms. Caitlin Payne.

The Intermediate School musicians are in Grades 4-6. Students study their instrument and take lessons during the

school day. They also have full band practices monthly.

It was noted that each of the elementary schools have a formal band program built into the school day. The Jr./Sr. High School students have 3 classes of Band that are offered during the day and also practice after school as a club. Most band members of this club participate in the school concert band, pep rallies and football games. The WR Jr/Sr HS Band had a small but mighty Marching Band last fall and these players form the nucleus of the Concert Band.

99% of the instrumental students in the Wood-Ridge Jr./Sr. High School Band take Band as a class each and every day.

School-wide Band Festival



They also offer a half period called “Lunch Band” where the students rehearse half a period and eat lunch the other half.

This new arrangement allows students to accomplish much, and improve their musical skills.

The event’s goal was to continue the excitement of the Wood-Ridge music program. Aware of all the cuts going on around the state, they would like to share the importance of music in schools.

Leonardo Leuci, 11th Grader, was selected to perform at Bergen County Choir and Band Festival in January 2015.

This Band Festival was under the direction of Mrs. Toni

Baumgartner (*Jr/SrHS Band Director*), Ms. Caitlin Payne (*Intermediate Band Director*), Mrs. Melissa Ayvas-Manolakakis

(*Choir and Glee Club Director*), Mr. Michael Santoro (*Music Director, R. L. Craig School, Moonachie*). ###

Wood-Ridge School Spring Concerts

Come one, come all to celebrate the Performing and Visual Arts in Wood-Ridge. Admission is free and open to the general public. Here are the dates for all the schools in the district.

- The Wood-Ridge Intermediate School will host their Spring Concert on Tuesday, May 19, 2015 at 1:30 p.m. in the John H. Bischoff Memorial Gymnasium at Wood-Ridge Intermediate School.

- Wood-Ridge Jr./Sr. High School (*Grades 7th - 12th*) will be having their annual Visual & Performing Arts Spring Concert on Tuesday, June 2, 2015, at 7 p.m. in the Wood-Ridge High School Auditorium.

- Catherine E. Doyle Elementary School (*Grades Pre-K - 3rd*) will hold their annual Spring Concert on Thursday, May 21, 2015, at 9 a.m. in the Doyle Gym ###



Going for the Gold

On Sunday, February 8, 2015, the Hasbrouck Heights Recreation Department hosted their 9th Annual Invitational Wrestling Tournament at the Hasbrouck Heights High School Gym. The event was open to the public.

Participating were 9 recreation department teams from: Hasbrouck Heights, Lodi, Paramus, Union City, Garfield, Saddle Brook, Wood-Ridge, Hawthorne and Hackensack.

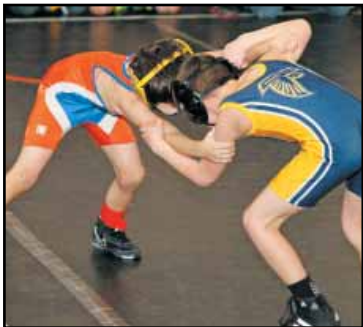
Winners advanced to the February 22, 2015 tournament, formerly the Andy Feintuch Wrestling Tournament, but the name was transferred to the Andy Feintuch District 5 Championship in 2010.

The top two finishers in each weight class will moved on to the the North Jersey Regional Championships in Hackensack, Sunday, March 21, 2015.

• Hasbrouck Heights coaches were Mike Sculla, Jim Ryan, Andrew Nass, Tony Dussault, plus several volunteer fathers who coached.

Concessions were staffed by Recreation Wrestling Parents, organized by Coleen Rinke. For more information call Recreation Director Robert Brady at 201-288-4143.

The Twin County Junior Wrestling League was co-founded by Andy Feintuch in 1976-77 with seven teams. Today there are over 55 teams competing in Northern NJ. These are all recreation and town teams and no Club teams on the local level. For more information go to: www.tcjwl.com ###



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(l-r) Deputy Mayor Patricia Ann Licata, Councilwoman Paula Fiduccia, Mayor Bruce T. Masopust, Councilwoman Laura E. Cima and Councilman Emil Carafa.

Lodi Mid-term Reorganization

A mid-term reorganization meeting was held on February 10, 2015, due to Mayor Marc Schrieks resigning effective January 31, to serve as Bergen County Executive James Tedesco's deputy chief of staff for government affairs and

constituent service.

Replacing Schrieks as Mayor, is senior Lodi Councilman Bruce Masopust who served on the Council from 1986 to 1995 and from 2007 to present. He previously served as Lodi Mayor from July 2009

to June 2010 and July 2011 to June 2012. He will serve as Mayor until June 2015. He is employed as an attendance counselor at Lodi High School.

Former Councilman Emil Carafa was chosen to fill Schrieks' Council term. He

served on the Council from 1986 to 1991. He is employed as principal of Washington Elementary School.

All five Council Members' four-year terms expire on June 30. Under the 1923 Municipal Manager Law, Council Members are nonpartisan and elected to four-year terms.

Council Members then choose one of their members to serve as Mayor for one year. Lodi's municipal year starts on July 1.

The regular municipal election will be held on Tuesday, May 12, 2015 for the election of five Council Members. The deadline for filing candidate petition is March 9, 2015. ###

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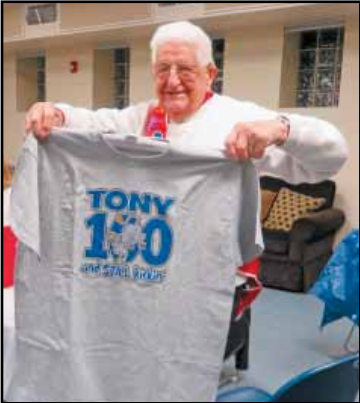
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Photo by Rich Domansky.



Celebrating a Century of Life

Tony Giuseffi was given a surprise 100th Birthday Party by the members of the Contemporary Club of Wood-Ridge. The affair took place at the Wood-Ridge Senior Center on January 22, 2015. Even though the party was held in the evening, more than ninety per cent of the members of the Club attended.

Four generations of the Giuseffi Family were on hand to celebrate with him. A family Birthday Party was planned for the date of his actual birthday, January 31st.

Tony was born in Passaic in 1915, when Woodrow Wilson was President. He attended Passaic grammar school, Saint Mary's High School (*where he had a successful football career*) and went on to graduate from Stevens Institute of Technology. Tony met the love of his life, Virginia Willian, while in high school. They were married on June 13, 1940.

In March, 1942, Tony and Virginia bought their house in Wood-Ridge and were happily married for sixty-two years until her death in 2002.

They raised five children, Gail, Claire, Jeri, James and Tom, 9 grandchildren and 13 great grandchildren. Tony still lives in the same house, does his own cooking and is very active in his community.

After graduating from college, Tony started his career as a production and inventory control clerk for Walter Kidde & Company in Belleville. They manufactured firefighting and life-saving equipment, but when World War II broke out they focused solely on defense equipment. While there, Tony was promoted to Assistant Director of Aerospace Systems.

In 1967, Tony left Walter Kidde and opened his own consulting firm that offered engineering and technical prospects to large manufacturers. He also started Administrative Technical Consultants in Totowa. This

was a search firm that provided administrative and technical services to companies. The business thrived. Tony was able to sell it and retire in 1980 at 65 years of age.

During his 73 years in Wood-Ridge, Tony has served his community as a member of the Wood-Ridge Police Marshalls, County Committee for the Democratic Party, Welcoming Committee, and Juvenile Conference Committee.

At his Church, Our Lady of the Assumption, he is a past president of the Holy Name Society, Assumption Players, Lectors and Eucharistic Ministers. He is a charter member of the St. Anthony Council, Knights of Columbus.

He is active today as a Eucharistic Minister, officer in the Knights of Columbus, member of the Contemporary Club and attends a senior aquatic fitness class at the Boy's and Girl's Club of Lodi.

When commenting at his Birthday Party he said, "You all have the same opportunity to reach 100, just keep breathing."

His advice on how to live a long life is "Live one day at a time and do the best you can to please God."

Tony was also honored by the Wood-Ridge Mayor and Council for his service to the community.

At the 11 a.m. Mass held at Assumption Church on February 2, 2015, Tony was awarded the Holy Name Province Francis Medal by Pastor Rev. Richard Mucowski. Many family members and past priests who served at the Church were in attendance.

The Holy Name Province Francis Medal was established in 1998 by then Provincial Minister John Felice, OFM. Recipients are people who display an uncommon contribution to the advancement of the ideals and values of St. Francis. *Photos and story by Marie and Peter Gallo Jr. ###*

AARP Members are Entertained by Acoustic Duo

For the meeting held on February 13, 2015, the day before Valentine's Day, the Central Bergen Chapter of AARP decided they wanted something special for their entertainment.

Knowing that there are hundreds of different ways to express affection on Valentine's Day; they decided that sometimes a special song can do it best. The right song can bring back many fond memories of happy days with someone special.

Jeff and Karen, Acoustic Duo was selected. The duo had entertained the chapter four times in the last ten years. They had never let the chapter down in the past and they did not this year.

They sang sixteen love songs, many familiar, but each having a way of touching the members. Some of the songs were "The Rose," "Love Potion # 9," "Stupid Cupid," "You Light up my Life," "Crazy," and "The Wind Beneath my Wings." Their selections included ballads, pop, country, rock, hip-hop and novelty songs.

Singer/songwriter Jeff Penque and songstress, Karen Fairweather performing as Jeff & Karen -Acoustic Duo have been singing together since



they met eleven years ago.

Since that meeting they have sung in coffee houses, wineries, restaurants, etc. throughout the state of New Jersey. They have also performed in New York, and Massachusetts. They perform a memorable musical performance with their solos and

harmonizing.

They did a great job at the AARP meeting. Most of the time they worked together and at times Karen circulated throughout the audience while singing. She also passed out candy kisses while circulating. *Photo and story by Marie and Peter Gallo Jr. ###*



Seniors Take an Imaginary Trip to New Orleans

With a grand piano, Mark Wright entertained the members of the Leisure Club on February 11, 2015. To say he entertained would not do justice to his presentation. Mark touched all with his enthusiastic, from the heart comments of his love of jazz music.

Let's start at the very beginning. Before he retired, Mark Wright was a teacher at Northern Valley Regional High School in Demarest. He taught English, Humanities, Film and Creative Writing. But his love for music had him spend many of his summers in New Orleans - exploring the origins and traditions of the rhythm of the city.

He listened to the great jazz players, bought their recordings and learned how to play their music. Eventually, he was given

the opportunity to join them at the piano and played in their band. This opportunity was spread over 30 years. It should be noted that Mark does not read music, he plays by ear.

During his presentation he played many familiar selections. First, as we may have heard them, and then with the New Orleans' jazz interpretation. He went into great detail describing what the city of New Orleans looks like and zeroed in on the festivities of the Mardi Gras. Mark is a dynamic, knowledgeable speaker who enjoys his topic and provides a number of valuable insights about New Orleans jazz. The audience loved every minute of his presentation. *Photo and story by Marie and Peter Gallo Jr. ###*

Lodi AARP Activities

The Lodi AARP Chapter 2015 is having a regular meeting on March 17, 2015, with a cash food drive.

On March 25, there is a trip to Mount Airy Casino with free members bus ride. Call Etta at 201-845-8821 for details.

A reminder that they are having an installation dance on May 29, 2015 at The Venetian. Music will be by Peter Lieberman. Cost is \$45 per person. Call Ann at 201-641-6298 for details. ###

Vic Hoofers

The Vic Hoofers ladies social club meets on the 1st Thursday of the month at 7 p.m. at the Carlstadt Civic Center on 4th Street. Ladies from the surrounding towns are invited to join for an evening of entertainment and fun and games. On March 5, 2015, they will be playing LCR, a very simple dice game..you don't have to remember any details! Each person attending must bring 6 dimes to participate. They will also have a Hat Surprise Nite when every member should be wearing a hat, funky, beautiful or silly. If you do not wear a hat, you will be assessed \$3. Come prepared. EC. ###

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Senior Insurance

By Robert N. Frank



Hospital Observation vs. Being Admitted Could Cost you Dearly!

We hear stories frequently of those on Medicare entering the hospital and returning home only to find large medical bills waiting for them in their mailbox. Many seniors are shocked when they find out that being in a hospital for days does not always mean they were actually admitted.

What is Observation Care?

Hospitals provide observation care when patients are not well enough to go home but not sick enough to be admitted. Centers for Medicare & Medicaid Services (CMS) recognizes observation status as outpatient care, like seeing a patient in a walk-in-clinic even though you may stay as long as several days. Unlike New York and Maryland that have passed laws to inform you of your status while in the hospital, NJ leaves it up to the patient to find out how they have been classified.

How do I know if I've been

assigned observation status or inpatient status?

Since observation patients are a type of outpatient, some hospitals have a special wing of the hospital for those patients. But, many hospitals put their observation patients in the same rooms as their inpatients.

It is difficult for you to determine if you're an inpatient or an observation patient. You cannot assume that, just because you're in a regular hospital room that you are an inpatient.

Nor can you assume since you have been in the hospital for a few days you're an inpatient. Although observation is usually for short periods of time, it does not always work that way.

What effect does this have on me?

If you have Traditional Medicare or a Supplement Plan you must be in admitted in the hospital for 3 days before Medicare & Supplement Plan will pick up the tab for the first 20 days in the skilled nursing

facility. So for that knee or hip operation that you have coming up make sure you are admitted and not being observed or you may be paying the bill for the rehab and medications during your stay.

Most Commercial and Medicare Advantage Plans do not have the 3 day rule to have care covered.

Legislation has been introduced (not voted on yet) in Congress that would count observation days as part of the 3 hospital days required for nursing home coverage and Skilled Nursing Facilities. Medicare officials announced new rules last year requiring doctors that expect their patients to be in the hospitals more than 2 days be admitted and not be classified under observation.

What can I do to be proactive?

Rule of Thumb – Be an educated patient, be more involved with your healthcare decisions and ask lots of questions! For help, see the “Self Help Packet for Medicare Observation Status” at medicareadvocacy.org.

Robert N. Frank, Absolute Insurance Management, 164 Route 45 E, Lodi, 973-4700-8333, www.AimMedicare.com

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March 2015 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

- Monday, March 2, 9, 16, 23, 30**
10:00 a.m. to 3:00 p.m. Games, cards & coffee
11:00 a.m. Mahjong
10 a.m. to 3 p.m. Senior Lounge open to all
- Tuesday, March 3, 10, 17, 24, 31**
10:00 a.m. Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Card Game Night
- Wednesday, March 18, 25**
10:00 a.m. Games, cards & coffee
10:00 a.m. Mahjong
2:00 p.m. Senior Aerobics \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all
- Thursday, March 5, 12, 19, 26**
10:00 a.m. Games, cards & coffee
11:00 a.m. Mahjong
2:00 p.m. Senior Yoga \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all
- Friday, March 6, 20**
1 p.m. to 3 p.m. Games, cards & coffee
12 p.m. Zumba Gold \$1.00
- Friday, March 13, 27 10:00 a.m. Fun Bingo**
12 p.m. Zumba Gold \$1.00
1 p.m. to 3 p.m. Games, cards & coffee
Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

- Wednesday, March 4**
10:00 a.m. Executive Board Meeting
- Wednesday, March 11**
12:30 p.m. Leisure Club Meeting
Program: Mark Wright, Musician

UPCOMING EVENTS

- Trip to Brownstone**
Wednesday, March 18, 2015
Enjoy the Feast of St. Joseph. The cost is \$60. More information will be available at the March meeting. Contact is VP Kathy at 201-288-6651. Make checks payable to Leisure Club of Hasbrouck Heights.
- Trip to Lancaster, PA**
Wednesday, June 3, 2015
Attend the production of JOSEPH at the Sight & Sound Theater. Enjoy a smorgasbord luncheon at Millers. The cost is \$120 and includes everything. Contact Kathy at 201-288-6651.

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Lodi Seniors

The Lodi Senior Citizens Club has meetings on the second and fourth Tuesday of the month for members only. New members are welcome. Any Lodi resident over the age of 55 is welcome. The cost of membership is \$10 per year.

Every Thursday, the Club opens at 10:30 a.m. to 3 p.m. and non-members are welcome.

Programs include: Senior exercise at 11 p.m.; line dancing 1 p.m. to 3 p.m.; Bingo, 1 p.m. to 2 p.m.

They also have a pool table, a 16 foot shuffleboard, card playing, a small library, games, chit-chat and bocce (*in season*).

Refreshments are served. For information, call the Club during the times it is open at 973-472-6994.

A senior bus is available for those requiring transportation. For bus information call Kim at 973-332-1331 between 8 a.m. and 4 p.m.

Scheduled 2015 Trips:

- April 15: LaNeves - Luncheon/Jersey Dreamers Show.
- June 17: Mt. Haven, PA - Italian Feast/show
- August 12: Renault Winery Luncheon/AC Casino
- October 7: Villa Roma, PA, Luncheon/show
- December 4: Christmas at the Venetian

Little Ferry Senior Trip

The Little Ferry Seniors are going to the Rocking Horse Ranch, from Monday, June 15, to Friday, June 19, 2015. The price is \$609 per person double occupancy, single \$729 each and triple is \$599 each.

Please contact Colette at 201-641-4973 for more details. *Ann Caniano. ###*

Seniors Trip to Sight and Sound Theatre

The Leisure Club of Hasbrouck Heights is hosting a bus trip to Sight and Sound Theatre in Lancaster, PA, Wednesday, June 3, 2015, to see the play “JOSEPH.”

The price includes bus, ticket for the show and a buffet luncheon at Millers Smorgasbord. The bus leaves the Hasbrouck Heights Senior Center parking lot at 7 a.m. The cost is \$120 (*gratuities included*).

Interested participants should call Kathy at 201-288-6651. PG ###

Friendship Club

The Carlstadt Senior Friendship Club meets March 4, 2015. An Anniversary Party will be held on March 17 at 1 p.m. at the Fiesta. No bus service will be provided. Call Vinnie at 201-933-4733. ###



Filling You In

By Jeffrey E. Mason, D.M.D.

Why are minerals and nutrients important for oral health?

What is Fluoride?

Fluoride is a compound of the element fluorine, which is found universally throughout nature in water, soil, air and food. Existing abundantly in living tissue as an ion, fluoride is absorbed easily into tooth enamel, especially in children’s growing teeth.

Once teeth are developed, fluoride makes the entire tooth structure more resistant to decay and promotes remineralization, which aids in repairing early decay before the damage is even visible. Two forms of fluoride protect the teeth: systemic fluoride and topical fluoride.

What is systemic fluoride?

Systemic fluoride is ingested into the body when added to public and private water supplies, soft drinks and teas and is available in dietary supplement form.

Once systemic fluoride is absorbed via the gastrointestinal tract, the blood supply distributes it throughout the entire body. Most fluoride not excreted is deposited in bones and hard tissues like teeth.

What’s topical fluoride, and when should I use it?

Topical fluoride is applied directly to the teeth. It is found in products containing strong concentrations of fluoride to fight tooth decay, such as toothpastes and mouth rinses. These products are then expectorated or rinsed from the mouth without swallowing.

Dentists recommend brushing with a fluoride toothpaste at least twice a day or after every meal, combined with a regimen of flossing and regular dental checkups.

Professionally administered topical fluorides such as gels or varnishes are applied by a dentist and left on for about four minutes, usually during a cleaning treatment.

For patients with a high risk of cavities, the dentist may prescribe a special gel for daily home use, to be applied with or without a mouth tray for up to

six weeks.

Why is drinking water fluoridated?

Fluoridated water protects against cavities and root caries – a progressive erosion of adult root surfaces caused by gum recession – and helps remineralize early carious lesions.

Thanks to these preventive benefits, public water fluoridation is considered the most efficient and cost-effective cavity prevention measure available.

More than 144 million United States residents in more than 10,000 communities drink fluoridated water, most from public water supplies with artificially added fluoride. A small percentage get water from private wells with naturally fluoridated water.

The Environmental Protection Agency (EPA) has determined that the accepted “optimal” range of fluoride in water lies between 0.7 and 1.2 parts per million (ppm) or milligram per liter.

The limit allowed by the EPA in public water is 4 ppm. Backed by results from more than 140 documented studies undertaken in 20 different countries over the past several decades, fluoridated water adhering to these standards has been scientifically established as safe for drinking. Water fluoridation is endorsed by nearly every major health and safety-related organization. Fluoridation of community water supplies is the single most effective public-health measure to prevent tooth decay and to improve oral health for a lifetime. United Water Company in northern New Jersey does not provide fluoride in the water supply. Dentists and Pediatricians prescribe fluoride vitamins to children which offers a source of systemic fluoride. It is important for parents to discuss fluoride supplementation with their Dentist and Pediatrician. *Source: Academy of General Dentistry Reviewed: January 2012*

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



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HH Little League Pancake Breakfast

The HH Little League will hold its 20th Annual Pancake Breakfast on Sunday, April 12, 2015, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu includes pancakes, sausage, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

Admission is -- adult \$5, child \$3 and under 4 free.

The Tricky Tray sports memorabilia auction will follow from noon to 1 p.m. Winners do not have to be present at the time of the drawing to win. Proceeds will be used to-

wards upgrading the facilities. Businesses are invited to place their business card size ad on the place mats for \$40. Deadline is March 5. Email patfass@juno.com for more information. ###

HH Little League Field Clean Up

The Hasbrouck Heights Little League reminds parents, managers and coaches that the annual field clean up and maintenance is scheduled from 9 a.m. to 3 p.m. on Saturday, March 7, March 14, and March 21, 2015. Bring a rake. ###

Team Bischoff to Participate 5K Walk April 12

On April 12, 2015, members of the Wood-Ridge Education Association will walk in the NJ Sharing Network's Annual 5K Walk to honor their former colleague, John Bischoff, who saved the lives of others through organ donation.

Last year, the team raised \$1,280 for the NJ Sharing Network and was named one of the top teams. The NJ Sharing Network's mission is to increase the number of lives saved through education, research, donor family support, and public awareness about the life saving benefits of organ and tissue donation and transplantation.

To join the team or make a donation, go to www.NJSharingNetwork.org. For more information, contact Linda Radulich at lradulich@woodridgeschools.org ###

HH Lions Sponsor Fireworks Program June 30, 2015

The Lions Club 31st Annual Fireworks are tentatively scheduled for June 30, 2015, at Depken Field (Route 17 & Franklin Avenue).

Admission is \$5 for adults and \$3 for children. Under 5 free.

Only blankets will be allowed on the field (no chairs). Water will be allowed, but no food. ###

Sports Night Beefsteak Dinner a Success

The Wood-Ridge Lions Club's largest fund-raiser for its support of blind and visually-impaired organizations, as well as community projects, began 30 years ago in the Lady of Assumption Church basement.

As its popularity grew and a larger venue was required, the event was moved to the Three Saints Cultural Center in Garfield, where the event has continued to draw about 600 attendees each year.

For all this time, Lion Jack Nagel has presided over the event as organizer and emcee, while his fellow Lions actively promote the many prizes to win during the evening's activities.

In earlier years, the main event was a guest sports figure as speaker. When the Club

decided to take a different approach, a Football Toss was introduced, and it became the more popular alternative and is now a tradition along with Super Bowl Trivia and a special rendition of "Let's Make A Deal." The main draw, however, is the main course -- the beefsteak.

For the very first Sports Night, 171 tickets were sold and now that number is nearing 15,000 tickets sold with over \$473, 000 raised in the 30 year span.

The Wood-Ridge Lions thanks the many who have supported this event over the three decades and especially to those who continue to enjoy this special night. *Provided by Dennis Brubaker. ###*

Wood-Ridge Top Shooters Advance

Eight youths were the top shooters in the St. Anthony Council #11585 Knights of Columbus local Free Throw Contest held Sunday, February 1, 2015. The youths, all from Wood-Ridge, now have advanced to the District Championship, which will be held on March 1 at the Queen of Peace High School in North Arlington. The local winners are Alison Gardella, age 9, Jordyn Bozewski and Gianluca Phelam, age 10, Jennifer Kemple and Robert Esposito, age 11, Philip Forte and Angela Picheo, age 12 and Anthony D'Amico, age 13.

Local Knights chairman Jerry Cala stated that the Knights of Columbus Free Throw Championship is held annually and is for boys and girls between the ages of 9 and 14. The championship is set up to have the contestants compete within their own gender and age group. All competition starts at the local level. Winners move on to the district, regional, and state or provincial levels. From there, some make it to the international level for championship competition in their group. Since its beginning in 1972, over 2.5 million youths have participated in the contest. *Story by Peter Gallo Jr. ###*

Aviators Track Meet April 10

The Hasbrouck Heights Track and Field Team will host 40 high schools in the Aviators' Invitational on Friday, April 10, 2015, starting at 4 p.m. at Depken Field. This is the 8th track invitational on the new field. The public is welcome. Admission is \$5. ###

HHMA Memorial Golf Tournament May 20, 2015

The Hasbrouck Heights Men's Association will be holding their Annual Bizik-Hughes Memorial Golf Outing on Wednesday, May 20, 2015, at Meadows Golf Club, 79 Two Bridges Road, Lincoln Park.

All money raised will be awarded as scholarships to qualified graduating seniors of Hasbrouck Heights.

Cost is \$125 and includes: round of golf, cart, plus cash contest of longest drive, closest to pin, pot of gold and features a \$10,000 hole in one -- plus 50/50 and raffle.

Registration starts at 7:30. Shotgun start at 9 a.m. and format will be best ball.

Hot and cold breakfast buffet starts at 7:30 a.m., with lunch buffet to follow after golf.

Sponsorships are available. Contributions are welcome.

For more information, call 201-396-0750 or email Tom at TNTTwister@aol.com ###

HH Lions Golf Outing May 15

The 51st Annual Tournament is scheduled for May 15, 2015, at the Meadows Club in Lincoln Park. Fee is \$125 and includes golf, cart, lunch and dinner with beverages, plus prizes.

The event is sponsored by the Hasbrouck Heights Lions Club. All proceeds to benefit various community charities.

If you are interested in playing or being a sponsor please contact Kevin Mullins at 201-665-4442 or Joe Luongo at 201-410-7593. ###

MOH Golf Outing May 27

NJ Mission of Honor Golf Outing is scheduled for Wednesday, May 27, 2015 at the Black Bear Golf Club, 138 Route 23, Franklin, NJ.

Proceeds to benefit NJ's Mission of Honor for Remains of American Veterans. Details will be available at www.njs-missionofhonor.org ###

W-R Lions Golf Outing May 1

The Wood-Ridge Lions Club will be holding their annual golf outing on Friday, May 1, 2015 at The Farmstead Golf Course. Cost is \$145 per golfer. Registration includes continental breakfast, lunch, green fees, cart and souvenir gift. For reservations please call Ed Garrett at 201-641-2803 or e-mail at janpro911@aol.com

Proceeds will fund Lions Club projects. ###

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3:30 **Passion** (Choir) • 6 p.m. **Living Stations**
Holy Saturday: 9 a.m. Prayer • 8 p.m. Easter Vigil (Choir)
Easter: 8, 10, Noon / Choir at 10 and Noon Mass

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www.biblebaptist.net
Rev. Eric Dammann, Pastor
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8:00 a.m. Prayer Partners Meet
8:30 a.m. Early Worship Service (Traditional)
9:30 Discipleship Hour for all ages
11:00 a.m. Morning Worship Service (Contemporary)
See our Passion Week Services ad on Page 3



CORPUS CHRISTI R.C. CHURCH
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Offices: 288-4844 • School: 288-0614
Rev. Patrick Mulewski, Pastor
Rev. Raymond M. Holmes
Rev. Juan Camilo Restrepo
Deacon Vincent DeFedele
Deacon Paul Carris
Fridays: During Lent: Stations of Cross, 7 p.m. Church
Mon. March 23: Communal Penance 7:30 p.m. Church
Palm Sun.: Sat. 5 pm; 8, 10, 12, 6 (*Passion/Palm at all*)
Holy Thur.: Liturgy 7:30 pm • Adoration 9:30-Midnight
Good Friday: Lord's Passion 3 p.m. Chapel
Living Stations of the Cross 7:30 pm/Assumption W-R
Holy Saturday: Blessing of the Food Noon/Church
Easter Vigil 8:30 p.m. Chapel (*no 5 p.m. Mass*)
Easter Sunday: 7:30, 9, 10:30, Noon (*no 6 p.m. Mass*)
Divine Mercy Sunday (*April 12*) 3 p.m. Service (*Church*)
Consult Church Bulletin for more details



**CHURCH OF ST. JOHN
THE DIVINE (EPISCOPAL)**
Terrace & Jefferson, HH • 288-0002
www.saintjohnthedivine.com
Palm Sunday - 10 a.m. at Christs Church, Hackensack
Maundy Thursday - 7 p.m.
Good Friday - Solemn Collects 7:30 p.m.
Easter Sunday - 10 a.m.



Hasbrouck Heights

FIRST REFORMED CHURCH
Burton & Washington Place, HH
Church Office: 201-288-1122
Rev. Debbie Rundecker, Pastor
Palm Sunday: Palm Distribution 10 a.m.
Maundy Thur.: 6:30 pm Family Comm. Service/Supper
Easter Sunday: 7 a.m. Sunrise Service on Church lawn
9 am - Sun. School • 10 am Worship w/Hallelujah Chorus
11:15 - Children's Easter Egg Hunt



FIRST UNITED METHODIST CHURCH
57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773
Church Office: 288-4636
Pastor Iraida Ruiz de Porras
Sunday
9:30 a.m. - Worship and Praise
Wed.- 7 p.m. - Bible Study at Parsonage
Cornerstone: 57 Burton Avenue



HOLY TRINITY LUTHERAN CHURCH
92 Burton Avenue, HH • 288-6889
Rev. Susan Nelson-Colaneri, Pastor
Rev. Dr. E. W. Dreyman, Pastoral Assoc.
www.holytrinityhasbrouckheights.com
Palm Sunday: 10:30 Holy Communion
Maundy Thursday: 7:30 p.m.
Good Friday: 10 a.m. Children's Holy Week Walk
7:30 p.m. Service of Darkness and Light
Easter Sunday: 9:15 a.m. Easter Brunch & Egg Hunt
10:30 a.m. Festival Eucharist w/Blessing of Easter Eggs
Special music by Joyful Noise Ringers and brass quartet



THE COMMUNITY UNITED CHURCH OF CHRIST
Boulevard & Charlton Ave., HH • 825-4923
Rev. Edward J. Glasser, Assoc. Minister
Sunday - 10:00 a.m. Morning Worship
Communion- First Sunday of the month



Little Ferry

EVANGEL CHRISTIAN CHURCH
165 Main Street • Office: 201-440-0470
Rev. Veronica M. Pearson, Pastor
Sunday - 9:00 a.m. Adult Bible Study • 10:30 Worship
Children/Teens Sunday School meet during Worship Service
Wednesday - 7:30 p.m. Bible Study



ST. MARGARET OF CORTONA (Little Ferry/Moonachie)
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Sr. Dorothy A. Donovan, S.S.J. Pastoral Associate
Weekday: Mon., Mass 7 p.m., Tues.- Fri. 8 a.m.
Reconciliation (Confession): Sat. 1 p.m.
Palm Sunday: Mass 8, 10, Noon
Holy Thursday: Mass 7 p.m.
Good Friday: Stations of Cross Noon, Mass 7 p.m.
First Sat.: Mass 8:15 p.m. **Easter:** Mass 8, 10, Noon

Lodi

FAITH REFORMED CHURCH
95 Washington St., Lodi • 973-778-4529 • www.lodifaith.net
Rev. Timothy Ippolito, Pastor
Sunday: 11 a.m. Worship. KIDZ Church (Ages 4-11) 11 a.m.

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Fr. John J. Galeano, Pastor

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www.stjoelodi.org
Sat: Mar. 28, 3:15-4:15 Confessions, Vigil Mass 5 pm
Palm Sun: Mass 7:30 am, 9:30 (Italian), 11:30 a.m., 6 p.m.
Wednesday, April 1: Confessions 8 p.m. - 9 p.m.
Holy Thurs., Mass 7 p.m.; Adoration 8 pm to Noon Fri.
Good Friday: Service of Passion 3 p.m.; Stations 7 p.m.
Holy Sat.: Confess. 4-6 pm; Mass of Resurrection 8:30
Easter: Mass 7:30 am, 9:30 (Italian), 11:30 a.m., 6 p.m.

Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE
221 Moonachie Road
Church Office: 201-641-4919
Sunday
11 a.m. Worship Service



Rutherford

ABUNDANT GRACE CHRISTIAN CHURCH
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Steve Hannett, Sr. Pastor
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Tue.: 7 p.m. Bible Study
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CHURCH OF ST. MARY
91 Home Avenue • www.stmaryrutherford.org
Church Office: 201-438-2200 • Fax: 201-438-1098
Sunday Obligation Masses: Sat.: 5 p.m.
7:30 a.m., 9 a.m., 10:30 a.m., 12 p.m.
Weekday Masses: M, W, F: 7 a.m., Tue. & Th. 8:30 a.m.
Reconciliation (Confession): Sat. 4 p.m.

CONGREGATION BETH EL OF RUTHERFORD
185 Montross Avenue • 201-438-4931
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Breakfast and learning follows.
Megillah Reading/Hamentach Eating March 4, 7:30 pm
Purim: March 5, 5 p.m. (call for details)
April 3: **Passover** begins at Sunset
April 4: **Service** at 9:30 a.m., **Torah Class** 5 to 6 p.m.
8 pm **Public Communal Seder** (call for details)
Apr. 5: 9:30 am Service: Apr. 10 & 11: Services at 9 am

FIRST PRESBYTERIAN CHURCH OF RUTHERFORD
1 East Passaic (Corner of Park & Ridge)
Church Office: 201-438-3569 • www.fpcrutherford.org
Rev. Peter Wilkinson, Pastor
Sunday
8 a.m., Chapel • 10 a.m. Sanctuary • Fellowship follows
Church School: Sundays, 10 a.m. - Parish House

GRACE EPISCOPAL CHURCH
128 West Passaic Avenue • 201-438-8623
www.grace-rutherford.dioceseofnewark.org
Rev. Robert F. Browning, Jr.
Sunday: 10 a.m. Service & Holy Eucharist
Wednesday: 10 a.m. Healing & Holy Eucharist
Palm Sunday: 10 a.m. Palm Blessing/Procession
Good Fri.: Noon Community Service • 7 p.m. Eucharist
Easter Sunday: 10 a.m. Festive Sung Eucharist

RUTHERFORD CONGREGATIONAL CHURCH
251 Union Avenue • www.rccucc.com
Int. Pastor: Ronald E. Verblauuw • Office: 201-438-6324
Sunday Service: 10:30 a.m. • Communion is 1st Sunday

RUTHERFORD UNITED METHODIST CHURCH
56 West Passaic • www.rutherfordumc.org
Church Office: 201-438-4486
Sunday
10 a.m., 11 a.m. • Adult Bible School Sun. 9:30 a.m.
Sunday Children's Class: 10:15 a.m.
Daily Prayer Service: 6 a.m., 6:30 a.m., Fri. 8 p.m.

ST. JOHN'S EVANGELICAL LUTHERAN CHURCH
145 Mortimer Avenue • www.stjohnsnj.org
Rev. Walters • Church Office: 201-438-0840
Sunday 10:15 a.m.

Wood-Ridge

ASSUMPTION R.C. CHURCH
143 First Street, Wood-Ridge • Rectory: 201-438-5555
Center: 201-933-6118 • www.assumption-parishwr.org
Fr. Richard Mucowski, OFM, , EdD, PhD, Pastor
Fr. Paul Keenan, OFM, Parochial Vicar
Fr. Allen W. Weber, OFM, PhD, Parochial Vicar
Deacon Francis Materia
Stations of the Cross: Friday 7:30 p.m. during Lent
Taize Franciscan Prayer Service March 26 at 7:30 p.m.
Palm Sunday: Sat. 5:30; Sun: 8 am, 9:30 am,11 am
Holy Thursday: 9 am Morning Prayers; 7:30 p.m Mass
Blessed Sacrament Exposition until Midnight at Hayes
Good Friday: 9 am Prayers; 3 pm Liturgy of the Passion
Saturday: 9 am Prayers; Noon: Blessing food/baskets
Easter Vigil: Mass 8 pm • Adoration to Midnight follows
Easter Mass: 8 a.m., 9:30 a.m., 11 a.m.

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2nd & 4th Sun. - 11 a.m. Anglican CSI Malayalam Srv.



Cross Connection
Announces Sunday
Morning Services

Cross Connection North Jersey, a new Church plant from the Calvary Chapel fellowship of Churches, to announced that Sunday services are being held in Hasbrouck Heights at 11 a.m. at the First Reformed Church of Hasbrouck Heights.

Cross Connection is a new and intimate Church, which

is centered on the systematic teaching of the Bible. Worship services have a mix of contemporary and traditional music and the teachings are designed to help you grow in your understanding of God and the application of His word to your life.

For more information visit www.crossconnectionnj.org, email: info@crossconnection-nj.org or call 201-298-3314. ###

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Ecumenical Service • Everyone is Welcome
World Day of Prayer March 6

Jesus said to them, “Do you know what I have done to you?”

On Friday, March 6, 2015, at 1 p.m., World Day of Prayer Ecumenical Services celebrating the Bahamas will be held at First Reformed Church, at the corner of Washington and Burton Avenues, Hasbrouck Heights. Coffee hour will follow. The facilities are handicapped accessible. For more information, contact Estella at 201-288-1122. All are welcome. ###

• The March 6, 2015 worship celebration was written by WDP Bahamas

The Bahamas is a place of beauty. The beautiful colors gifted by nature are reflected in the worship service and the artwork.

The islands give voice to the people of The Bahamas who invite the world to “come and be washed in God’s ever-flowing ocean of grace: to bask in the iridescent light of Christ’s love, and to be embraced by [God’s] Holy Spirit with the cooling trade-winds of transformation.”

Radical love is the theme that weaves together all the components of the worship resources.

They eloquently tell us that Jesus is God’s presence of radical love in the world. Following

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Jesus’ example of washing his disciple’s feet, we are asked to continue the gesture of love in The Bahamas and in our own communities. That is how the spiral of informed prayer and prayerful action moves around the globe.

As we listen to our Bahamian sisters throughout the worship service, we realize that transformation is seen when a teen mother does not feel alone as she finds support to continue her education and to raise her child, when a breast cancer survivor or people living with HIV and AIDS find strength to live out their journey, when the chains of oppression and enslavement are broken.

Also, let’s not forget the call for responsible stewardship of God’s creation shared by all; whether it is those who step in the pink sand or swim in turquoise water of the archipelago, or those who enjoy whatever natural beauty has been gifted by God to your corner of the world.

Jesus said to them “Do You Know What I Have Done to You?”

World Day of Prayer is a global, ecumenical movement of Christian women joined together to observe a common day of prayer each year on the first Friday of March.

The World Day of Prayer USA promotes justice and equality for women through prayer, partnership, service and celebration.

Throughout the entire day, women in more than 170 countries and regions, collectively pray all over the world, beginning with the first sunrise and ending at the last sunset.

These prayers follow the sun’s path around the globe. WDP’s motto is “Informed prayer leads to prayerful action.” A different country is represented each year. For more details go to: www.world-dayofprayer.net ###

Pray for Peace

Relics of the
Passion March 5

Most Sacred Heart of Jesus Church, 127 Paterson Avenue, Wallington, will host the Relics of the Passion program on Thursday, March 5, 2015 at 7 p.m.

The event is sponsored by Most Sacred Heart of Jesus Church in collaboration with the Apostolate for Holy Relics. The Apostolate is guardian for more than 1,200 relics organized into special collections, such as the 8 rare relics that make up Relics of the Passion.

The Relics have been venerated in many archdioceses and dioceses throughout the world. Tours are generally scheduled only during the Lenten season and are limited by the travel availability of the members of the Apostolate. A presentation of the Relics of the Passion may only be seen in a given geographic area once, and very less likely twice or more times, in a lifetime.

The 8 relics include: a piece of the True Cross; a piece of the table from the room where the Last Supper took place; a piece of the Column of Flagellation; a piece of the Crown of Thorns; a replica fashioned using the filings from the true nails of the cross; a relic from the head of St. Longinus, the centurion who pierced the side of Christ while he was hanging on the cross; a picture of (the effigy of) the Veil of Veronica; and the final relic is Sindonis D.N.J.C., which is the exterior wrapping that the Shroud of Turin was rolled in when it was being venerated.

Everyone is invited to attend this very memorable and moving program. For additional information, please contact Carol Puzio at 201-935-0273. ###

Purim • March 5

Palm Sun. • March 29

Holy Thursday • April 2

Passover • April 3

Good Friday • April 3

Seder • April 4

Holy Saturday • April 4

Easter Sunday • April 5

Divine Mercy • April 12

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Pascrell Announces \$4.58 Million in Federal Funds to Replace Moonachie Borough Hall

On February 11, 2015, U.S. Rep. Bill Pascrell, Jr. (D-NJ-09) announced that the Borough of Moonachie will receive \$4,582,662 in Federal Emergency Management Agency funds to repair the borough hall that was destroyed by Hurricane Sandy.

The federal funds are a result of nearly a year of negotiations regarding an appeal to the previous replacement cost of \$1.1 million reached in an agreement between FEMA and the Borough of Moonachie - significantly higher than FEMA's original estimate of \$68,000.

"More than two years following Sandy's devastation, these federal funds mark a significant step toward making

Moonachie whole again," said Rep. Pascrell. "After many months of negotiations, I am pleased to have worked with FEMA to help deliver this federal investment in Moonachie that will build a stronger Borough Hall in order to be better prepared against future disasters. This is a clear example of the federal government and the local community working together to make the rebuilding process work. I would like to commend Mayor Vaccaro and his team in Moonachie for the hard work to obtain a positive result."

Hurricane Sandy caused a devastating tidal surge from the Hackensack River to inundate Moonachie and Little Ferry, leaving sections of both

communities under water. As a result, Moonachie Borough Hall, which also houses the police department, sustained significant damage, forcing municipal officials and police officers to be temporarily relocated to trailers.

FEMA provided an original estimate of only \$68,000 for the damage to Borough Hall, significantly less than the costs required to repair the destroyed structure. In March 2012, Rep. Pascrell helped negotiate an agreement between FEMA and the Borough on a replacement cost of \$1.1 million for the municipal building, still far less than the actual cost. Moonachie appealed the decision, with FEMA now approving \$4.58 million to repair and elevate Borough Hall.

"After fighting for more than two years for the resources we need to rebuild, I am thrilled Moonachie will finally receive

the federal funds we deserve," said Moonachie Mayor Dennis Vaccaro. "The dedicated employees, police, office workers and professionals who have borne the stress of temporary surroundings will be able to offer municipal services in a location that will be the heart of the community, with the least amount of burden to the taxpayers. Many people and many hours have made this possible.

"These federal funds will help strengthen our municipal

operations, and ensure that our brave first responders have the resources they need to keep our community safe. The new Borough Hall will be the permanent symbol of the resiliency and strength of the people of Moonachie. I thank Congressman Pascrell for his leadership and persistence in helping to make this federal funding possible as well as his continued commitment to the people of Moonachie," concluded Vaccaro. ###

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Real Estate Insight

By Mary Ellen Courtney



Stormy Weather: No Matter!

2015 is already shaping up to be a strong year for the housing market. Last month (*It's February as I write this*) our sales agents reported already fierce buyer demand for home tours and offers, with busy open houses and even bidding wars involving a half dozen competing offers.

With demand surging, the question is: should you get your home on the market now, or follow the conventional wisdom and wait for more clement weather and springtime?

Indeed, many people choose to do the latter and either let their listing expire, or pull their home off the market during the winter months.

The thinking is – among many sellers and even some agents – that it's better to take a home off the market in winter in order to 'refresh' it and then re-list in the spring, since more homes sell at that time of year anyway.

Listing clients typically ask: "Isn't it a waste of time? Won't my house just sit on the market and become shopworn? Maybe the market will be better next quarter..." Well, I'm here to tell you: If you're serious about wanting to sell your house, don't wait. It should be on the market now!

Here are a few reasons why...

• **Less Competition.** One way that you can tell the spring real estate market has arrived is by driving down the street in

any of our communities once the weather has warmed a bit. For Sale signs up all over the neighborhood!

Now – with still a foot of snow outside my window and temperatures in the 20s – there's a lot less competition.

In fact, as I alluded to earlier, there's currently a dearth of available inventory in our south-central Bergen County area.

Simply put, it's the supply and demand theory. Not only will less competition increase the probability for showings, but it will also increase the probability that an offer will be received and you'll get the maximum amount of money for your home.

• **Serious Buyers Are Out There.** Homes are bought and sold 365 days a year, rain or shine! Many homeowners believe that buyers aren't out there during the fall and winter months.

Not true! Serious buyers are always out there! Some buyers may stop their home search during these months, but serious buyers will continue to look at homes, no matter what time of year it is.

• **Mortgage Rates Are Low.** If you've read a newspaper or watched news on TV lately, it's likely you're aware that mortgage rates are very low. Historically low! How long they'll remain so low is anybody's guess. But if the rates increase while you're waiting for the lawn to come back, well, demand for your home may not be nearly as strong. Bottom line: take advantage of selling your home while rates are this low.

• **Quicker Transactions.** Right now, there are, admittedly, fewer real estate transactions than there will be in the spring. The lesser number of transactions means the mortgage lenders have fewer loans to process, attorneys have fewer closings to do, and home inspectors have fewer inspections to do. All of this should translate to a quicker, smoother, more seamless closing for all parties. And a quicker transaction is going to be less stress for you.

• **The Best Agents Are Always Working Hard.** Any real estate who tells you that fall and winter are bad times to sell is simply not someone you want selling your home! A great agent knows how to adapt to the current season and market his/her listings to reflect that. Great agents are creative at making suggestions, giving useful tips on how to sell a home in foul weather as well as fair.

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

Volunteer Handy Persons Wanted

Want to enjoy a really rewarding experience? Help Bergen County's senior citizens and disabled people remain safe in their own homes.

The Chore Service, sponsored by the Volunteer Center of Bergen County, performs minor household repairs that senior citizens and disabled persons can neither do themselves nor get anyone else to do.

A Chore Handyperson volunteer goes on service calls one day a week from 8:30 a.m. to 2 p.m. Volunteers enjoy being part of a crew of two to four people who ride in specially equipped Chore vans. Each crew is assigned 4-5 service calls each weekday.

Last year, Chore volunteers visited over 2,000 homes and performed 4,000 repairs for grateful citizens. This year, the request for service is even greater, and additional volunteers will be needed to fill new and existing shifts.

Volunteering with a Chore crew offers an opportunity to get out, meet new people, stay connected with the broader world and share handyman skills.

Prospective volunteers should be able to perform minor household repairs such as those that able-bodied homeowners must do. Ideally, volunteers will be available on a regular basis so Chore can schedule a regular day with the same crew. Volunteer van drivers/handy-people are especially needed.

For more information call Maureen at 201-489-7790 or go to www.bergenvolunteers.org ###

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Selected excerpts from East Rutherford Mayor James L. Cassella's Annual Address given on January 1, 2015



Mayor James L. Cassella

Good afternoon and thank you all for being here on this, the first day of 2015.

- 2014, in some respects, was a turning point in our financial position which is much more positive than it has been in recent years. This governing body, in 2014, worked hard to control spending, as did our employees and that, along with the Giants training facility settlement with the New Jersey Sports and Exposition Authority, has put us on a path to financial stability.
- Although we are still not where we need to be, we have progressed and hopefully, that will continue into 2015 and beyond but that will only happen if we do not let ourselves revert back to some of the things that put us into the position we found ourselves in and we are able to overcome the obstacles we have to deal with that are not of our doing.
- In my very first New Year's address 19 years ago I spoke about how important financial stability was when trying to address the many issues facing us and that without it, success would not be obtainable.
- I am proud of the fact that we have the lowest average property taxes for home owners, except for Teterboro, in Bergen County. As members of this governing body we are obligated, on behalf of the tax payers in East Rutherford, to try to maintain that status along with providing a positive quality of life for all our residents but even if we succeed in controlling our spending and are able to increase our revenues that still may not be enough because of these many obstacles we face that are not of our own doing.
- It is not easy to achieve the balance we need between stable taxes and quality services, especially when the people running our state government come up with costly mandates and laws that find ways to divert monies to Trenton, monies that are rightfully ours, so they

- can use it to close their budget gaps.
- They saddle us, the municipalities, with these laws but exempt themselves from having to abide by them.
- We have to contend with archaic property assessment laws. Some Supreme Court decisions have also made it more difficult for us. Then, of course, there are increases in some expenses that we have no control of but no matter what the obstacles are that we have to deal with, it is certainly worth the effort to work through them and it is still our job to try to achieve this balance on behalf of the taxpayers of East Rutherford.
- This past year a tax appeal was filed by the Federal Reserve Bank which our attorneys and tax experts are diligently defending but this is an unusual situation. Because of it being federal property, the appeal was filed in the federal courts.
- Our professionals believe we are in a strong position but it is harder to gauge because it is being heard in federal court as opposed to State Tax Court.
- We are also dealing with a judgment from the state court that ordered us to lower the assessment of the office building on Route 3 to seventy five million dollars but then it sold for one hundred nine million dollars, close to what we had it assessed for, which adversely affects our ratio and thus raises our tax rate, hurting every other tax payer.
- I have recommended, on behalf of the taxpayers, that we file an appeal arguing that that assessment should reflect the true market value. Unfortunately, it not just tax court decisions that create budget problems for us.
- Insurance premiums have increased 13%. A family plan now costs us over \$24,000 dollars a year. Even single coverage, approaching \$10,000 a year, is escalating at an alarming rate.
- Putting this into prospective, if we hired someone for an annual salary of \$30,000 and they had a family, it would actually cost us \$54,000 dollars plus dental, prescription, eye glass and our share of the pension payment.
- The question we have to ask ourselves is how do we fund this without raising taxes? This is why we have to be careful that any hiring we do is absolutely necessary.
- Our insurance consultants are looking for ways we could reduce health benefits

- costs but right now the NJ Health Benefits are still the best option.
- You have been hearing about it for the last 12 years, you have read about it and yes, I have talked about it pretty much in every New Year's address I have given during those years; Xanadu/American Dream.
- This year I had hoped to have something more positive to say but unfortunately all I can tell you is that we are still negotiating an agreement along with continuing to discuss, as we have from day one, the possibility that a State authority, such as the NJSEA, issue the non-recourse bonds. Our professional team with our municipal attorney Dick Allen, in the lead, continues to do a great job for us.
- The same issues that we have spoken about for a while are still not agreed upon, such as insurance which would give us added protection and sewer agreements along with some other issues.
- Because false information, at times, has been circulated which has resulted in people not completely understanding or being confused about this issue, I have to emphasize once again that these negotiations have not cost the tax payers a dime; never will and East Rutherford tax payers will never be at risk.
- If these two requirements are not met, along with a deal that will be financially beneficial for East Rutherford, then there is no deal.
- This is not something we asked for nor even wanted; however, we always must keep in mind that after 40 years of dealing with the NJSEA, we should know that whether or not we approve of a NJSEA project, when it is in their jurisdiction they pretty much find ways to do what they want and if we just say we are against it, it does not matter.
- They will find a way to do it which could result in the project being done and we being left with nothing to show for it.
- Right now, from the financial aspect of this, the proposed agreement with Triple Five would be financially beneficial. East Rutherford would be receiving well over one hundred million dollars plus other budget reductions.
- Currently, more than at anytime in the past, it does seem that it may actually open. Leases have been signed and some construction work has

been started. We can only hope that this American Dream issue is resolved one way or another in 2015.

- Another community event, even with the weather issues, that was successful was the Columbus Day parade and street festival.
- And, of course, who could forget the day of the Super Bowl in East Rutherford. The "Tailgate" party on Park Avenue attracted close to seven thousand people who had a great time, was financially beneficial for our businesses and most importantly, it created a very positive image for East Rutherford.
- People are still talking about it. I have to thank the Civic Pride Committee for the great job they did in organizing these two events. I do believe events like these are important to a community with the positive effect they generate.
- The reason why the preferred approach to addressing the issues in these areas is redevelopment is because we still have a number of under used contaminated properties throughout the municipality and by incorporating them into redevelopment plans it helps us to bring in needed ratables plus it gives us and our residents an opportunity to have more control and say over what type of development will be allowed in these areas; however, we must also keep in mind that in a democracy property owners have right to develop their property just as we have a right to control what is built on that property but we do not have the right to deny development unless we buy the property which we cannot afford to do.
- A new generator was installed at the sewer pump station. Because it was damaged during Sandy, we were eligible for FEMA money. Thanks to the work of John Giancaspro we will be receiving close to the total amount of what it cost us. Another generator is being installed at the civic center which should be completed the early part of 2015 and a third, with the help of a \$75,000 grant, is planned for Engine Company 2.
- The discussions with Rutherford and Norfolk Southern about acquiring the former railroad line that borders East Rutherford and Rutherford between Maple Street and the Passaic River are ongoing. We have done the appraisals and now are looking to have another meeting, hopefully sometime this month. Councilman Lahullier has taken the lead with this project.
- Much has been said about

- sharing services and consolidation and how it can save a municipality money which sounds great but when you start delving into it a little deeper you start to find that the savings aren't as great as some portend them to be plus there is always the possibility you could see a reduction in services.
- A recent report claimed that, in most cases, consolidation does not provide the savings that many have claimed it would. That is why the process takes so long.
- Along with the American Dream project three other Meadowlands issues we need to stay on top of in 2015 are the proposed merging of the NJSEA with the NJMC; residential development in the Meadowlands and the push for casinos and/or a convention center in East Rutherford.
- We have to make sure that any merger or absorption of one agency into the other does not affect any of our agreements with the NJSEA or create any other adverse effects.
- Obviously, as far as the other issues, we need to monitor the effect these initiatives will have on East Rutherford and to make sure that we have a seat at the table when any of these proposals are introduced.
- Unfortunately, so far, from everything I have heard or read, it does not seem very promising that common sense will be at the forefront of the Casino discussions.
- This past year the police department and fire department both received the recognition they so well deserved for their outstanding work leading up to and the day of the Super Bowl.
- All the various federal and state agencies had nothing but praise for both our departments which presented a positive image for East Rutherford. Also without the help of our police and fire departments and DPW along with all the volunteers, our 2014 Meadowlands Tailgate Party, held on Super Bowl Sunday, would not have achieved the success it had.
- It is an honor for me to serve on this governing body and I thank the people of East Rutherford for the opportunity to have served them for so many years.
- To all of you; to all our residents and to all who are associated with our great community may you have a happy, healthy and prosperous 2015.
- Happy New Year and God Bless You.
- The complete address is available at the Borough Clerk's office.*



Veterans Today

By Thomas Marshall

I wonder at times if I am alone. Feels like it when no one talks anymore.

Did you ever notice that there are so many forms of communication, we no longer communicate? Let's see, Twitter, email, Instagram, texting, and Facebook.

All created in a way, to avoid face to face meetings and long conversations.

Everyone typing in pieces and incomplete sentences, using codes like omg, lol, lmao, brb, that can be nothing more than a confusing jumble of letters for those that don't know what they stand for. Not that these things are necessarily bad.

Sometimes you don't have the time to speak for a long time. What I noticed is that society has shifted to use these things and meaning is sometimes lost in the delivery, while the user mutilates the English language.

Penmanship and letters are also a thing of the past. My English teacher would be sick to her stomach if she saw the world now. She would also slap me for my bad grammar.

I am not of the new world. I don't wear sunglasses because I always thought it impolite to speak to people when they can't see my eyes.

I hate the phone calls when you need something and all you get is redirected to an answering machine or a computer. I hate elevator music. When will a living person pick up the

other end?

I miss the days when people spoke up and you actually talked to someone in person. I miss the days in which you can watch a great speech, when you can see the speaker come alive during the speech and get emotional.

You can see and realize they are passionate about what they are saying. You can see they are not lying about what they are saying. They believe in it, even if you do not. America once had these people. Allow me to present one.

I know not what course others may take; but as for me, give me liberty or give me death!

Patrick Henry was born in Virginia in 1736. He worked on the family farm as a kid and went to several schools while also being tutored by his father.

He married in 1754 and received land of his own for a wedding gift. He worked hard on the farm but it never yielded a profit for him and his family.

Tobacco was grown there before he received it and tobacco depletes the ground to the point that nothing of profit can come of it. All wasn't lost.

He was still studying to be a lawyer. He worked the farm until 1760 when he met all qualifications and finally achieved his goal. He was now a lawyer. Now at this time many of you know Britain ruled in America and we were colonies of the

mother country.

Patrick Henry was never shy about saying what he thought. He spoke his mind and let you know where you stood.

He gets noticed by the public for his defense of the County of Louisa in Virginia in 1763.

He was asked to speak on behalf of the county in a case in which the British Parliament overruled a law in Virginia.

It dealt with the price of tobacco. Some of the money on the tobacco was paid to the clergy for their services.

Virginia law set the price but when Parliament overruled it, a local Reverend sued for back wages. The Reverend won his case and a jury was listening to arguments on what he should be paid.

Henry rose to speak before the jury. He said clerics that challenge Virginia's laws are "enemies to the community." He stated that any King that annulled good laws was a "tyrant" and "forfeits all right to his subjects' obedience." He told the jury to make an example of the Reverend. The jury deliberated and awarded the Reverend one cent.

In 1765, Patrick Henry was elected to the House of Burgesses in Virginia. While he served there he had seen many times how the Parliament and the Crown kept trying to tax the colonies.

The colonies opposed all of these and sent petitions to the Parliament. No matter what the colonists said the Parliament insisted they had a right to tax the colonies. England sent troops and ships to America to enforce their will.

By 1775 many of the colonists had had enough but didn't know what else could be done.

Some still had hoped to reconcile with England. Massachusetts was already considered by England to be in a state of rebellion.

What side of the fence would Virginia fall? Would she side with Massachusetts or with Mother England? British soldiers were in Massachusetts and the English Fleet in the Boston Harbor.

Henry knew Virginia would eventually have to make a decision. Succumb to English authority or break from the

mother country.

On March 23, 1775, Patrick Henry rose in front of the House of Burgesses. The meeting was held in the St. John's Church in Richmond, Virginia.

He began his speech complimenting the men that spoke before him but he said he had a different view of the troubles with England. Then he moved to the point of what he wanted to say.

"The question before the House is one of awful moment to this country. For my own part, I consider it as nothing less than a question of freedom or slavery; and in proportion to the magnitude of the subject ought to be the freedom of the debate."

"It is only in this way that we can hope to arrive at truth, and fulfill the great responsibility which we hold to God and our country."

"Mr. President, it is natural to man to indulge in the illusions of hope. We are apt to shut our eyes against a painful truth. Is this the part of wise men, engaged in a great and arduous struggle for liberty?"

Henry was on a roll and now he questioned the reactions of England to colonial petitions and he questioned England's notions of peace as they present an armed force in the colonies.

"I know of no way of judging of the future but by the past. And judging by the past, I wish to know what there has been in the conduct of the British ministry for the last ten years to justify those hopes with which gentlemen have been pleased to solace themselves and the House."

He continued, "Ask yourselves how this gracious reception of our petition comports with those warlike preparations which cover our waters and darken our land. Are fleets and armies necessary to a work of love and reconciliation?"

"Let us not deceive ourselves, sir. These are the implements of war and subjugation," the last arguments of which kings resort."

Patrick Henry then attacked arguments against reconciliation. "And what have we to oppose to them? Shall we try argument? Sir we have been trying that for the last ten years. Have we anything new to offer upon the subject? Nothing. We have held the subject up in every light of which it is capable; but it has been all in vain."

Henry spoke about the

strength of the colonies. He told them they would never be stronger than now. He knew there was nothing left to do but to join Massachusetts in a struggle for liberty.

"Gentlemen may cry, Peace, Peace-but there is no peace. The war is actually begun! The next gale that sweeps from the north will bring to our ears the clash of resounding arms! Our brethren are already in the field! Why stand we here idle? What is it that gentlemen wish? What would they have? Is life so dear, or peace so sweet, as to be purchased at the price of chains and slavery? Forbid it, Almighty God! I know not what course others may take; but as for me, give me liberty or give me death!"

Witnesses said the effect of Henry's speech shook the House to the foundation.

Not long after his speech the House voted to mobilize and go to war to fight for liberty.

He is remembered now as being the man that had the guts to say in public what almost everybody else was thinking. America can use his example today. How times have changed in the last 240 years. I doubt his speech would have had the same effect if he tweeted it. ###

Veterans Workshop to Create Small Business

Felician College is partnering with the New Jersey Veteran Business Outreach Center to sponsor a "VETERAN ADVANTAGE" workshop for Veterans interested in creating a small business on Thursday, March 5, 2015, from 9 a.m. to 1 p.m., in Obal Hall on Felician's Lodi campus.

This nuts and bolts program will show you how to turn your passion and experience into profits; how to do business in New Jersey; financial sources and resources; create a business plan, etc.

This event is free to all veterans, but pre-registration is required. Please contact Diane Sedlmeir at sedlmeird@felician.edu or 201-559-6102 for more information or to register.

Rutgers Business School and the U.S. Small Business Administration are co-sponsors of this workshop. ###



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While most people are interested in safeguarding their homes, many dangerous and environmentally unsafe materials gather dust in garages and basements, such as batteries, paints, and insecticides.

Hazardous waste can safely be removed from homes and be recycled or disposed of properly at the Bergen County Utilities Authority (BCUA) Household Hazardous Waste Collections.

BCUA will collect household hazardous waste on Saturday, March 7, 2015, from 9 a.m. to 3 p.m., at the BCUA (*foot of Empire Boulevard*) in Moonachie -- rain or shine. This service is free of charge for Bergen County residents -- ID is required.

A partial list of acceptable materials for collection includes: aerosol cans, anti-freeze, batteries, blacktop seal-

ers, disinfectants, fertilizer, fire extinguishers, herbicides, insecticides, mercury switches, paints, pesticides, propane gas cylinders (*1 lb. & 20 lb. only*), solvents and thinners, used motor oil, varnishes.

A partial list of unacceptable materials includes: unlabeled wastes or containers with unknown contents, regulated medical wastes, radioactive materials and explosives, containers larger than five gallons, compressed cylinders (*oxygen or acetylene*), pressure treated lumber or railroad ties, computers, electronics and tires.

For detailed information log onto www.bcua.org or call 201-807-5825.

(*Businesses must pre-register prior to attending BCUA sponsored collection events. A disposal fee will be charged and collected. Call 201-807-8696 for details.*) ###

National Poison Prevention Week

Children Act Fast, So Do Poisons

South Bergen Public Safety officials remind area residents to observe National Poison Prevention Week, March 15-21, 2015, which is designated to highlight the dangers of poisonings and how to prevent them.

More than 2 million poisonings are reported each year to the 57 poison control centers across the country. More than 90 percent of these poisonings occur in the home. The majority of non-fatal poisonings occur in children younger than

six years old. And, poisonings are one of the leading causes of death among adults.

Most poisonings occur when parents or caregivers are home, but not paying attention.

The most dangerous potential poisons are medicines, cleaning products, antifreeze, windshield wiper fluid, pesticides, furniture polish, gasoline, kerosene and lamp oil.

- Store medicine, cleaners, paints/varnishes and pesticides in their original packaging in locked cabinets or containers, out of sight and reach of children.

- Install a safety latch - that locks when you close the door - on child-accessible cabinets containing harmful products.

- Purchase and keep all medicines in containers with safety caps. Discard unused medication.

- Never refer to medicine as "candy" or another appealing name.

- Check the label each time you give a child medicine to ensure proper dosage.

- Never place poisonous products in food or drink containers.

- Maintain working smoke and carbon monoxide detectors.

Treatment: If your child is unconscious, not breathing, or having convulsions or seizures due to poison, contact or ingestion, call 911. If your child has come in contact with poison, and has mild or no symptoms, call your poison control center at 1-800-222-1222. For more information go to: www.poisonpreventions.org ###

Full Worm Moon

The March full moon will appear on Thursday, March 5, 2015, at 1:05 p.m. It is called the "Full Worm Moon."

According to the Farmer's Almanac, as the temperature begins to warm and the ground begins to thaw, earthworm casts appear, heralding the return of the robins.

Northern tribes also referred to this Moon as the "Full Crow Moon" when the cawing of crows signaled the end of winter; or the "Full Crust Moon," because the snow cover becomes crusted from thawing by day and freezing at night.

The "Full Sap Moon" marks the time of tapping maple trees in another variation. To settlers, it was also known as the "Lenten Moon" and was considered the last full moon of winter.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Riverkeeper Petitions EPA to List Hackensack River as Superfund Site

On February 12, 2015, Hackensack Riverkeeper formally petitioned the United States Environmental Protection Agency (EPA) to study whether the main stem of the Hackensack River should be listed under the federal Superfund law.

The drastic action was taken on behalf of the tidal reaches of river that stretch for twenty-two miles from Van Buskirk Island in Oradell, NJ to the river's terminus at Newark Bay.

Bottom sediments throughout that area are contaminated with a long list of toxic chemicals and heavy metals.

Captain Bill Sheehan, Riverkeeper and executive director, filed the petition with EPA Region 2, which now has one year to complete a "preliminary assessment" in the case.

The purpose of the preliminary assessment is for the Agency to determine whether and to what extent the river is eligible for Superfund designation.

For over two hundred years, industrial interests used the Hackensack River as a convenient dumping ground.

As a result, there are five current Superfund sites on the river or its tributaries, and literally hundreds of sites within its watershed (*drainage basin*) that

the New Jersey Department of Environmental Protection (DEP) lists as "Known Contaminated Sites."

In DEP's list of state waters unsafe for fishing or swimming, the Hackensack is cited as unacceptably contaminated with toxins including DDT, PCBs, Dioxin, Chromium, Copper, and Mercury among other pollutants.

Hackensack Riverkeeper submitted its petition after meeting with both DEP and EPA numerous times over previous years.

Both agencies agreed that some level of listing is appropriate for the river, but did not agree on the specifics.

EPA has favored listing the river in its entirety, whereas DEP has favored extending Superfund jurisdiction from an existing Superfund site such as the former Ventron/Velsicol property adjacent to Berry's Creek in Wood-Ridge, NJ. The Department and Agency have been unable to bridge their divide.

"We filed this petition because we simply cannot wait any longer for the EPA and DEP to resolve their bureaucratic differences," said Captain Sheehan. "Our river has been unsafe for fishing and swimming for generations, and its never going to improve until we

stop arguing and get to work."

Because Hackensack Riverkeeper believes that the EPA approach is superior to DEP's, the organization filed its petition. Unlike in the nearby Passaic River, the Hackensack pollution is not dominated by the contributions of one industrial site (i.e., the former Diamond Shamrock site in Newark), so extending jurisdiction from an existing site would be unfair and inefficient. Also, by listing the entire river, the remediation can be done holistically to reduce the risk of recontamination as much as possible.

The preliminary assessment will gather data on the extent and severity of contamination within the river's sediments. Once the preliminary assessment is completed, the EPA will decide whether the river qualifies for Superfund designation. If it is added to the Superfund list, the EPA will have broad powers to require responsible parties to pay to restore the river.

"Our petition is the first step on a very long path," said Sheehan "but you can't come to the end of a long hike until you start walking." ###

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(l-r) are Councilman David Gonzalez, Councilman Justin A. DiPisa, Ptl. Jarett R. Cooke, Ptl. John Behr, Ptl. Brad Dussault, Ptl. Dominick D'Amico, Lt. Alan Baker, Chief Michael J. Colaneri, Capt. Joseph Rinke, Sgt. Jeff Werner, Ptl. Nicholas Brunetti, Lt. Ian Robertson, Lt. Michael Colaneri, Jr., and Mayor Rose Heck

HHPD Officer Honored by Mayor and Council

During the January 13, 2015, Hasbrouck Heights Mayor and Council meeting, Mayor Heck, Chief Colaneri, Councilman DiPisa and Councilman Gonzalez presented Certificates of Recognition to the following Police Officers:

• **Life Saving CPR:** Det. Sgt. Werner, Ofc. Loos and Dussault were dispatched on December 22, 2013 when a call was received requesting an ambulance for an unresponsive male. The Officers responded and found the victim on the floor with no pulse, performed CPR and continued until relieved by the HHFD and Medics. Due to their actions along with EMS and Medics, the victim survived.

• **Life Saving CPR:** Det. Armeli and Officer D'Amico were dispatched on May 31, 2014 when a call was received requesting an ambulance for an unresponsive female.

They responded and found the victim with no pulse, shocked the victim with the AED and began CPR continuing until relieved by HHFD and

Medics. Due to the actions of the Police Officers, EMS and Medics, the victim survived. Both Officers are also HHPDs CPR instructors.

• **Excellent Police Service Award:** The Bergen County Prosecutor's office started a Heroin Initiative requesting local departments assign an Officer to work with the County Narcotics Task Force and other local Officers from Bergen, Passaic and Sussex Counties. Officer Dussault was assigned and through the three months his Squad was responsible for 40 arrests of suspected drug dealers and users as well as the recovery of five stolen guns.

In addition, a large amount of CDS including decks of heroin, large amounts of crack cocaine and numerous pills were seized. The County Prosecutor praised Ofc. Dussault and all the members of this initiative.

• **Unit Citation Awards:** Reports were received of armed robberies of Rite Aid on March 15, 2014 and Minit Mart on March 16, 2014. Detectives began investigation and deter-

mined that the same individual was responsible for both robberies.

They began to work with Detectives from Lodi, Garfield and Elmwood Park resulting in two suspects being identified and charged with numerous armed robberies throughout the area. Det./Lt. Colaneri, Det./Sgt. Werner, Det. John Behr and Det. Joseph Armeli arrested two suspects for armed robbery, unlawful possession of a firearm and theft of moveable property.

• **Unit Citation Awards:** On February 17, 2014, Det. Armeli, Det./Lt. Colaneri and Det. Behr arrested two male parties for possession of three ounces of marijuana while in a motor vehicle.

• **Unit Citation Awards:** Det./Lt. Colaneri working undercover made three purchases of cocaine from a suspect on three separate dates resulting in over \$1,200 seized from the suspect who was charged with distribution of CDs, distribution of CDs in a school zone and park.

Also working together were Capt. Rinke, Lt. Robertson, Det./Sgt. Werner, Det.

Armeli, Det. Behr, Ofcs. Cooke and Dussault who received unit citations. Det./Lt. Colaneri received an Outstanding Police Service Award.

• **Excellent Police Service Awards:** On December 12, 2014, a call was received reporting two victims of a stabbing. Det./Lt. Colaneri, Det./Sgt. Baker, Det./Sgt. Werner, Det. John Behr received Excellent Police Service Awards for arresting a suspect for Domestic Violence, Aggravated Assault and Burglary.

• **Unit Citation Awards/Excellent Police Service Awards:** On June 5, 2007 a call was received from a resident of Columbus Avenue of a possible burglary in progress.

All Hasbrouck Heights officers on duty were detailed and confirmed a burglary had just taken place.

They cordoned off the area and one suspect was spotted on foot by Det./Sgt. Baker who gave pursuit on foot. Chief Colaneri located the suspect hiding in a shed and effected the arrest with Lt. Lesho and Det./Sgt. Baker.

A second suspect was located in a parked vehicle. The

suspects, a father and son team, were found to have committed numerous residential burglaries in southern Bergen. Capt. Rinke and Det./Sgt. Werner were awarded Unit Citation Awards. Chief Colaneri, Lt. Lesho and Det./Sgt. Baker were awarded Excellent Police Service Awards.

• **Excellent Police Service Award/Meritorious Police Service Award:** On April 26, 2014, Ofc. Brunetti, while off duty, observed an individual walking on Terrace Avenue pointing to cars and pretending he was shooting.

Ofc. Brunetti reported the incident with Det. Behr responding. The suspect ran and Det. Behr chased after him and observed the suspect attempt to pull a handgun from his waist band.

He tackled the suspect and held him until other units arrived. The suspect was found to be in possession of a handgun loaded with hollow point bullets. Ofc. Brunetti was awarded the Excellent Police Service Award. Det. Behr was awarded the Meritorious Police Service Award.

Photo provided by Hasbrouck Heights. ###

HHPD Collectable Trading Cards

The Hasbrouck Heights Police Department is again offering their "trading cards" program. They have offered this program twice before, the last was in 2007.

Kids must approach an officer for their baseball-style trading card. When they collect a complete set, they are awarded a prize.

Sponsors are welcome. Your business, organization or personal name will be printed on the back of Law Enforcement Collectable Trading Cards. Cost is \$80.

Gold Sponsors will be provided cards of the sponsored member of the Hasbrouck Heights Police Department.

The cards can be displayed and distributed to the youth members of the community who will be

frequenting their establishments in order to collect that particular card to complete the collection of the 1st Edition Set.

These cards will also be possessed by Patrol Officers who will have interaction with youth members of the community during the course of their routine patrol duties.

Silver Sponsorships are available to those making a contribution to defray costs or any gift certificates, discount coupons or other items which will help to serve as prizes for the participating youth members of our community who have collected the entire set of Hasbrouck Heights Police Department Trading Cards.

For more information call 201-288-1000. ###



(l-r) Councilman Bruce Masopust, PO Danyelle Blocker, PO Ahmet (Matt) Kulaksiz, PO Nora Berrio, PO Andrew Mikhail, Mayor Marc Schrieks, and Lodi Police Chief Vincent Quatrone.

Lodi Hires New Police Officers

On January 30, 2015, four new police officers were sworn in by Lodi Mayor Marc Schrieks. Another patrol officer, Philip Nobile, will be hired in March.

According to Lodi Police Department spokesperson, Danyelle Blocker, Ahmet Kulaksiz, Nora Berrio and Andrew Mikhail, are joining the Department as patrol officers. They are transfers from departments in other counties in the state. They are replacing retired officers.

Berrio and Blocker join two other female officers on the force. Blocker is the Department's first female African American officer and its fourth African American officer. Three are bilingual: Kulaksiz speaks Turkish and Russian. Berrio speaks Spanish and is the Department's seventh officer of Hispanic heritage. Mikhail speaks Arabic. Photo provided by the Lodi Police Department. ###



Three Alarm Fire Destroys Lodi Home

On February 7, 2015, at about 1:30 a.m., the Lodi Fire Department responded to a Columbia Avenue two-family home. The three-alarm fire was declared under control by 5 a.m.

It was reported that the fire began on a sun porch in back of the home and was briefly fed by a ruptured gas line.

Residents got out safely. The home was destroyed. Lodi's fire marshal and demolition crew were at the scene that morning.

The three alarms were supported by Garfield, Hackensack, Hasbrouck Heights, Rochelle Park, Saddle Brook and Wallington Fire Departments, with Rutherford and East Rutherford companies providing mutual aid.

The cause has not been determined and is under investigation.

No serious injuries reported, although a firefighter was hit in the face with a water stream and taken to HUMC. *Photos by Damien Danis. ###*



The Hasbrouck Heights Fire Department responded to 329 Route 17 on January 27, 2015, at 8:21 p.m., for a reported grease fire at McDonald's. First arriving units found a fire in the deep fryer and vent system. Chief Pat Hayes transmitted a second alarm. The fire was quickly extinguished. Mutual aid from Wood-Ridge, Lodi, and Wallington assisted. *Photo by Damien Danis.*



WRFD Recent EMT Graduates

On Thursday, January 29, 2015, Thersa Ayala, Dennis P. Kronyak III and Colleen Cribben graduated from the NJ Emergency Medical Technician (EMT) Program. They are members of the WRFD and therefore members of the WRFD Emergency Squad. Theresa and Dennis are also firefighters and Colleen is an EMS member. The course required that students complete 200-250 class hours, 10 hours of duty time, written exams, practical evolutions and a final NJ State examination. *Photo by Dennis Kronyak Sr. ###*



Carlstadt Brownies Tour Carlstadt Volunteer Ambulance HQ

On the afternoon of Thursday January 22, 2015, Carlstadt Brownie Troop 5492 stopped by the Carlstadt Volunteer Ambulance building for a First Aid Class and a tour of CVAC headquarters and the ambulances. The class was given by EMT Kristen Llewellyn and Captain Henry Collette.

The girls were learning first aid to obtain their first aid badge. Each Brownie made a first aid bag prior to coming to visit CVAC during their last meeting. At the end of the class, each girl was presented with a first aid activity book and emergency information cards for their first aid kits. *Provided by Matt Kronyak. ###*



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You will be part of the "army of protection" of the South Bergen Fire Chiefs Mutual Aid Association which includes: Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, Wallington and Wood-Ridge



Moonachie Fire Department 2015 Installation Dinner

On January 23, 2015, the Moonachie Fire Department held its annual Dinner at the Graycliff honoring Fire Chief Justin Derevyani.

Ex-Chief Victor Migliorino was Master of Ceremonies. Second Assistant Chief Frank Tamargo led the Pledge of Allegiance.

Former member, Rev. Kenneth Reihl, provided the Invocation. A presentation was given to Caroline Sansevere, recognizing her contribution to the Department.

Chief Justin Derevyani made his remarks and recognized attending Mutual Aid Departments, the continued support of the Moonachie Mayor and Council, and the efforts of Moonachie Fire Department members and Ladies Auxiliary. Mayor Dennis Vaccaro and Councilwoman Kathleen Kinsella presented a plaque to Chief Derevyani.

Second Assistant Chief Frank Tamargo led in the traditional toast. A slide show was presented. ###



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HASBROUCK HEIGHTS
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GARFIELD
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HAWTHORNE
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HASBROUCK HEIGHTS
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All Brick Ranch
\$315,000



HASBROUCK HEIGHTS
3 BR Colonial
\$300,000



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