

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
Published Monthly. Issued the first week of the month. Distributed via U.S. Postal Service and available at select locations.
Every issue is FREE online in PDF format at: www.The-Gazette-Newspaper.com RSS feed available.

VOL. 12, No. 5

May 2015

★★★★★



Although you are part of a team, you know that this is about your personal performance and pride in your athletic abilities. Yes, there were try-outs, training, coaching and practice, plus developing the concentration, motivation and positive imagery to be the Winner. The mental skill-set to be a Star!

There is that critical moment that tests being your best. When at that difficult moment, you are exhausted, want to quit -- reach down into your soul -- draw from your inner strength -- persevere at the toughest moment. Don't quit. Just keep going. Make that extra effort. Maintain focus. Perform at your peak. Be at one with yourself, and be the Winner you really are.

See more photos on pages 20-21.

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Personal Best

Community Happenings	Library Calendar	Student Activities	Sports Action	Senior Moments	Veterans Affairs	Garden Center
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Teen Center Opens

On Thursday, April 2, 2015, local officials cut the ribbon on the newly renovated state-of-the-art, Teen Center at the Boys & Girls Club of Lodi.

Speakers attending the ribbon cutting included Freeholders Joan Voss and Maura DeNicola, Lodi Mayor Bruce Masopust, Executive Director Mike Nardino, board members, Keystone Club members, etc.

This Teen Center, known as "The Club," will be a supervised and fun safe haven for high school teenagers. It is a place for teens to be themselves, and is an alternative to

being out alone in potentially hazardous situations.

The Club is located on the second floor and has been furnished with diner booths, snack bar, multiple flat-screen TV's, etc.

The concept was developed by Joe Licata. Work included combining two rooms, new ceiling and lightings, new floor, electrical work, etc.

The renovations were made possible through donations from PSE&G (\$45,000) and the 2014 Super Bowl Snowflake Foundation (\$90,000), plus various contractors and other volunteers. ###

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Wood-Ridge Mayor Paul Sarlo, along with W-R Councilmen Ed Marino, Phil Romero, Ezio Altamura, Joe DiMarco, officially welcomed **Luigi Meats** to the community with a ribbon cutting ceremony on April 11, 2015. Offering the finest fresh meats, cheeses, cold cuts and platters, they are located at 261 Valley Boulevard. Stop by and say hello! ###



New Name; Enhanced Team

During a ribbon cutting ceremony and open house on April 7, 2015, Prudential Merendino Realty officially joined the Berkshire Hathaway HomeServices Real Estate Network. Broker/Owner Aldo Merendino stated, “The same great brokerage that has proudly served Bergen County for 17 years is now part of Berkshire Hathaway HomeServices, a brand inspired by world-renowned Berkshire Hathaway Inc. We couldn’t be more excited for our future as our new brand is fresh, intelligent and ideally suited for our team.” Berkshire Hathaway HomeServices Merendino Realty will remain at 236 Boulevard, retain the same phone number 201-288-4222, but will have a new web address of www.bhhsMerendinoRealty.com ###



"Under the Sea," Daniella Presti, Junior, Hasbrouck Heights



"King Slime," Brendan Weng, Senior, Lyndhurst

Sweet Success

On March 23, 2015, Bergen County Academies in Hackensack hosted its 17th Annual Chocolate Competition, with students demonstrating their best baking, pastry arts and decorative skills. All junior and senior students participated in producing highly imaginative creations that were judged by industry professionals and visiting dignitaries. ###



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Mother's Day: Give A Blanket

Once again, the Guild of Reformed Church Women of First Reformed Church, Hasbrouck Heights, invite you to participate in their annual Blanket of Honor Sunday project. These \$5 donations per blanket, in honor of or in memory of any or all the significant women in your life, will be accepted through May 7, 2015, for inclusion in the

About Mother's Day

Origin of Mother's Day goes back to the era of ancient Greek and Romans. But the roots of Mother's Day history can also be traced to UK where a Mothering Sunday was celebrated much before the festival began in US.

However, the celebration of the holiday as it is seen today is a recent phenomenon and not even one hundred years old.

Thanks to the hard work of the pioneering women of their times, Julia Ward Howe and Anna Jarvis, the day came into existence.

Today Mother's Day is celebrated across 46 countries (though on different dates) and is a hugely popular affair.

Millions of people across the globe take the day as an opportunity to honor their mothers, thank them for their efforts in giving them life, raising them and being their constant support and well wisher. ###

Thanks Mom

Mother's Day bulletin, May 10. The proceeds will be used by Church World Service to provide new blankets to be distributed to families wherever and whenever a disaster occurs, whether natural or man-made.

These blankets are used in a multitude of ways, not just for warmth. They provide a measure of dignity, a refuge, a source of protection, a means of carrying all one's belongings, a message that someone cares for them, wherever they may be in the world.

Please mail your check (\$5 per blanket) and send to First Reformed Church of Hasbrouck Heights, PO Box 66, Hasbrouck Heights, NJ 07604. Please include the name(s) of the women you wish to honor or remember.

The Guild women appreciate your assistance, as do the recipients, whether locally, nationally or world-wide. ###

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Pinwheels for Prevention

On Tuesday, April 7, 2015, The Hasbrouck Heights Contemporary Club participated

in "Pinwheels for Prevention®, Prevent Child Abuse America," by creating a pinwheel garden at the base of the announcement sign at Borough Hall.

Pinwheels have become the national symbol for child abuse prevention. It is a reflection of hope, health and safety.

According to Prevent Child Abuse America, pinwheels are to remind people of child-like notions and "stand for the chance at a healthy, happy and full lives all children deserve."

Pinwheels for Prevention began as a grassroots campaign in just a few states, and grew into a nationwide effort in 2008. The organization is now using the pinwheel symbol

to "transform awareness into action" to "prevent the abuse and neglect of our nation's children," according to www.pinwheelsforprevention.org.

Part of the Pinwheels for Prevention effort also is to help kids build up their self-esteem, so they can learn to speak up for themselves when something isn't right.

It's important for the children to know that there are adults out there that are concerned and that care about what happens to them,

April is Child Abuse Prevention Month. For more information go to: www.preventchildabuse.org/ or www.preventchildabuse.org/ ####



Sweet Treats For Canines

On Friday, March 27, 2015, Alexa Papasavas held a Sweet Treats Bake and Plush Animals Sale at **Heights Specialty Pharmacy** on The Boulevard to raise funds for Canine Assistants. There was a special guest appearance by "Liberty" and Axle." For more information go to: www.canineassistants.org ####



Spring Open House

On Palm Sunday, March 29, 2015, **Bill O'Shea's Florist** held an "Open House" to begin the Easter and Spring Seasons. Refreshments were available as well as special purchases. ####



Was it Trash or Treasure?

On Saturday, April 18, 2015, expert, Mr. Alan G. Snyder, a certified antiques and estate appraiser, was at The East Rutherford Memorial Library to advise if that family heirloom has more than just sentimental value. And what are your items are worth. Could they be trash or valuable treasure? Everyone found the program very informative. ####

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www.The-Gazette-Newspaper.com

Celebrating the community experience!

Czech Pork Dinner May 17

American Sokol in Little Ferry will host a Czech Pork Dinner on Sunday, May 17, 2015, from noon to 1:30 p.m. Take out available starting at 11:30 a.m.

Menu includes roasted pork, dumplings, sauerkraut, applesauce, homemade cake, bread and butter, and coffee or tea. Beer, wine or soda included.

Tickets are \$20 adults, \$18 members and \$9 children. Reservations only -- no donations will be accepted at the door. For tickets, call Blanche at 973-365-1111 before May 14, 2015. ###

First Saturday Free Luncheon

Everyone is invited to the First Presbyterian Church of Moonachie on May 9, 2015, at 11:30 a.m. for the “First Saturday Free Lunch” program.

This program is an expansion of the Church’s ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy’s got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###

Roast Pork Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, May 12, 2015, in the Community Hall, Third Street, Carlstadt.

Roast Pork dinners will be served from 11:30 a.m. to 1 p.m. Donation is \$10 for adults and \$5 for children/students. For take out orders call 201-438-5526. ###

Proceeds Night May 27

The Woman’s Club of Carlstadt will sponsor a Proceeds Night at Stinger’s Restaurant located at 413 Paterson Avenue, Wallington, on Wednesday, May 27, 2015, from 11 a.m. until closing.

Stop by for lunch or dinner and mention the The Carlstadt Woman’s Club. The Woman’s Club will realize 20% of your total charges made for the day. ###

Mother’s Day Breakfast May 3

The Hasbrouck Heights Elks Lodge #1962 will host a Mother’s Day Breakfast on May 3, 2015 from 8:30 to 11:30 a.m. Tickets are \$7 adults and children 5 and under \$5. Moms are FREE. Walk-ins welcome. Please reserve a table for large parties. Call Cathy for more information at 386-852-4881. ###

Legion Pancake Breakfast May 17

Rochelle Park American Legion Post 170 and Lodi American Legion Post 136 will host a pancake breakfast on Sunday, May 17, 2015, at the Rochelle Park Post at 33 W. Passaic Street, from 8 a.m. to 11:30 a.m.

Breakfast includes pancakes, scrambled eggs, sausage, juice, coffee, tea, crumb cake (*while it lasts*) and fruit cocktail for \$4. Children under 10 free. Proceeds to benefit Autism. ###

Lodi KC Pancake Breakfast May 10

The St. Michael’s Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, May 10, 2015, 8:30 a.m. to noon, at 39 Washington Street, Lodi.

Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French toast (*to order*), sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$6; children over 6: \$4; children 6 and under: free. Profits to benefit local charities. ###

HH Little League Picnic

The Hasbrouck Heights Little League will hold its Annual Picnic on Saturday, June 20, 2015, starting at 11 a.m. at the Little League Complex. Rain date is June 21. Families can enjoy plenty of grilled foods, Italian ices and cold drinks. There will be several inflatable amusements.

It’s a nice way to end the regular season. The event is open to all Hasbrouck Heights families participating in the 2015 season. The Hasbrouck Heights Little League was established in 1953. ###

Curb Your Dog

FOCAS Holds Flea Market

FOCAS Flea Market is, Saturday, May 16, and Sunday, May 17, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (*Not accepted are TVs, PC monitors, exercise equipment, clothes or magazines.*)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, or visit www.focasnews.org ###

HH Town-wide Garage Sale

The Mayor’s Committee on Community Celebrations invites all residents of Hasbrouck Heights to clean out your attic or basement and be part of the Hasbrouck Heights Annual Town-wide Garage Sale.

This event is scheduled for Saturday and Sunday, May 30 and May 31, 2015, between the hours of 9 a.m. and 4 p.m. (*Rain or Shine!*)

There is a \$10 permit fee which will be donated to D.A.R.E. or The Free Public Library.

Registration dates are May 6 and 7 from 7 to 9 p.m. and May 13 and 14 from 7 to 9 p.m. at the main entrance of Borough Hall, 320 Boulevard.

For apartment renters and fundraising organizations, there will be limited space available at the Central Avenue Parking Lot. You will need to bring your own table.

This sale does not count toward the two garage sales permitted per year.

The deadline to register is May 28, to get your name on the map. Free Maps will be available on the day of the sale at the Borough Hall Senior Center on Central Avenue. For more information, please call the Borough Clerk’s office at 201-288-0195. ###

Blood Drive

The Little Ferry First Aid Corps-Emergency Medical Services will host a Blood Drive on Friday, May 22, 2015 at the Little Ferry Senior Center (*corner of Main and Pickens*) from 2:30 to 7 p.m. ###

Indoor Garage Sale May 9

The Rutherford Congregational Church at 251 Union Avenue will be holding an Indoor Garage Sale on Saturday, May 9, 2015, from 10 a.m. to 3 p.m. Tables are available for \$25 each. Hanging racks are available for \$10 each.

They will set up the tables and advertise. Sellers are responsible for bringing their items to sell, conducting all personal sales, and removing all items left after sale is over.

Contact the Church office at 201-438-6324 for details. ###

Spring Clothing Drive May 9

Take this opportunity to spring clean your closets and in turn, help out the St. Mary High School with their clothing/household drive.

Drop off is in front of St. Mary High School, 64 Chestnut Street, Rutherford, on Saturday, May 9, 2015, from 9 a.m. until 1 p.m. They will be there to help unload your car: *just drive up and unload your unwanted items!*

They accept books, toys, stuffed animals, blankets, bikes. Hard toys can be no larger than a 24x24x21.

They cannot accommodate strollers, high chairs, car seats, cribs, bouncers, walkers or swings. Shoes should be packed separately. ###

Trip to the Sands Casino May 7

Come and enjoy a lovely excursion to the beautiful Sands Casino & Luxury Shopping Outlet Stores!

The bus will leave from in front of Most Sacred Heart of Jesus Church, Wallington, at 9 a.m. sharp, returning at approximately 6:30 p.m. The price is \$35 and includes bus transportation, a \$20 free slots play, and a \$5 food voucher.

Payment is due at the time of the reservation. Checks should be made payable to “MSH Rosary Confraternity,” placed with the reservation form in an envelope marked “Sands Trip,” and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington 07057.

Note: Guests must present valid state or federal issued photo id in order to obtain their Sands Players Club Card or any motor coach incentive.

For information, call Ginny at 201-715-2087. ###

May Birthstone
Emerald

Pasta Night June 6

The Little Ferry First Aid Corps-Emergency Medical Services is hosting a Pasta Night on Saturday, June 6, 2015, from 5 to 9 p.m. at the Little Ferry VFW on 100 Main Street.

Cost is \$10 for adults and seniors and children under 12 - \$6.

Advance tickets may be purchased at The Pet Spa, 252 Liberty Street, Monday-Friday from 10 a.m. to 4 p.m.

Pasta by Star Ravioli. ###

Cat Show and Tricky Tray

FOCAS will hold its Annual Cat Show and Tricky Tray Auction on Sunday, June 7, 2015, at the American Legion, 100 Liberty Street, Little Ferry, NJ.

Stop by with your feline companion. Don’t have a feline companion? Stop by anyway to join in the fun and participate in the Tricky Tray Auction. Refreshments served.

Registration begins at 12:30 p.m. Program and auction begin at 1:30 p.m. All cats must be six months or older, in carriers and current on all shots. The admission fee is \$5 per cat.

Cat Show and Tricky Tray Auction proceeds enable FOCAS to continue its work to provide humane services, programs and extraordinary medical care to shelter animals and our Feral/Stray Cat Spay or Neuter Program.

For additional information call the FOCAS Help Line at 201-943-4019, or visit www.focasnews.org ###

A Night At The Races

St. Mary High School PTO will host “A Night At The Races” as their final fundraiser of the year on Friday, May 8, 2015 from 6:30 to 10:30 p.m. at the High School.

Wager on videos of previously run horse races, for the opportunity to win prizes.

Tickets are \$30 and include admission, a light supper of sandwiches, wraps, salads, soft drinks and dessert. BYOB.

Adults only. Limited seating. For information contact Judy at: carljudy@verizon.net ###

Reduce
Reuse
Recycle

Primary Elections -- June 2
Polls will be open from 6 a.m. to 8 p.m.
Last day to register to vote is May 12, 2015.

Wounded Warrior Benefit May 16

VFW Post 4591 is sponsoring their 2nd Annual Wounded Warrior Benefit with live entertainment on May 16, 2015, from 7 to 11 p.m. Doors open at 6:30 p.m.

Tickets are \$50 and include buffet dinner, beer, wine and soda. Tickets are available at **Bill O'Shea's Florist**, Lovey's Pizza, Minuteman Press (HH) and Visentini Brothers (Lodi) or call the Post at 201-288-1112 between 9 and 11 a.m. ###

Lieberman June 20

On Saturday, June 20, 2015, VFW Post 4591, in Hasbrouck Heights, will host an afternoon with Peter Lieberman from 12 to 4 p.m. Cost is \$15 advance ticket and \$20 at the door. Hot pasta meal with coffee and cake included. Call Andy at 973-773-1812, or the Post at 201-288-1112 between 9 and 11 a.m. ###

Theme Park Tickets Available

The Rutherford Recreation Department has a variety of Theme Park Tickets for sale to include: Hershey Park, Diggerland – USA, Dorney Park, Hurricane Harbor, Great Adventure, Action Park, IPLAY America, and Crayola Experience!! For more information go to www.Rutherford-NJ.com and select the Recreation Department. ##

High Tide Homicide

On Sunday, June 7, 2015, The Friends of the Hasbrouck Heights Library will be having a fund raiser called "High Tide Homicide."

Come join the crew of the S.S. Mackerel for a 3-hour "cruise" to hilarity and murder! It's hi-jinx on the high seas when you climb aboard for adventure and help solve a mystery!

The fundraiser will be held at the Holiday Inn, located at 283 Route 17 South, Hasbrouck Heights. The doors will open at 12:30 p.m. Included with the show will be a 4-course meal for \$60. A cash bar will be available. Contact The Hasbrouck Heights Library at 201-288-0488. Come and join a fun filled afternoon. All monies raised will go to the benefit of The Hasbrouck Heights Free Public Library! ###

Carlstadt Mixed Chorus

The 84th Music Festival will be held Sunday, May 3, 2015, at 3:30 p.m. at the Carlstadt Turn Hall (500 Broad Street, Carlstadt, NJ). Donation is \$20. It features the Chorus, under Music Director Johanna Teubner-Prussak, and guest soloists, accompanied by a Chamber Orchestra. Dance music by "Bud and Linda." Kitchen and bar will be open. For reservations call 201-652-0968 or 973-777-6677. ###

Free Spring Concert May 8

The Rutherford Community Band, directed by Raymond Heller, will perform a free Spring Concert on Friday, May 8, 2015, starting at 8 p.m. at the Rutherford High School Auditorium.

The Rutherford Community Band was founded in 1941 as a musical outlet for adults and entertainment for the community. The band is composed of brass, woodwind and percussion and performs a wide variety of musical pieces. Marches, showtunes, popular standards and classical arrangements are always on the program. For more information go to: rutherfordcommunityband.com ###

Classic Car and Motorcycle Show May 3

On Sunday, May 3, 2015, the Nam Knights of America will host their 23rd Classic Car and Motorcycle Show at 197 Washington Avenue, Carlstadt. Rain date is May 17. Gates open 9 a.m. for entries. Show starts at 11 a.m.

Admission for show participants is \$15. Spectators \$5. Children under 12 free. Free admission for disabled Veterans and police officers. Food and soda/water is available. No alcoholic beverages or pets.

For more information call 201-438-4068 or go to www.namknights.org ###

Wine Tasting

American Wine Society is hosting a wine tasting on Thursday, May 21, 2015, from 7 to 9 p.m. It will take place at the award winning wine school, Make Wine With Us, located at 21 Currie Avenue, Wallington.

Each month's meeting is an adventure as they explore and review new world or old world wines regions and themes.

For more information contact AWS Meadowlands team at wineclub201@gmail.com for more details of upcoming meetings. ###

Luau Party June 27

American Legion Auxiliary Unit 310 is hosting a Luau Party fundraiser. Come and have some fun on Saturday June 27, 2015, from 1 p.m. to 6 p.m.

There will be DJ, hamburgers, hot dogs, chicken kabobs, salads, desserts and lots more. Cost \$15.00 per person. All proceeds to benefit Veterans and children's programs. For more information call 201-641-9774.

The American Legion Post 310 is located at 100 Liberty Street, Little Ferry. All are welcome, the event is open to the public. ###

Heights Town Meeting May 9

A special town meeting will be held on Saturday, May 9, 2015 from 10 a.m. to 11:30 a.m. at the HH Library Meeting Room, 320 Boulevard.

The meeting will provide information on Recreation Programs and Parks. ###

Car Wash

The R. L. Craig School 8th Grade Class of 2016 is holding a car wash on Saturday, June 6, 2015 at the Moonachie Civic Center from 9 a.m. to 3 p.m. Donation is \$5. Proceeds support 8th Grade Washington Class Trip. Rain date is June 13. ###

TEB Noise Complaint Line
201-288-8828

TEB Noise Office: 201-393-0399

AHOF Open Cockpit Weekend

On Saturday, May 16 and Sunday, May 17, 2015, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

- The featured aircraft is the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack aircraft designed for battlefield surveillance and light strike capabilities. It is of twin turbo-prop configuration, and carried two crew members with side by side seating.
- A Cobra Gunship Helicopter was recently outfitted with sound to enhance the "pilot" experience.
- Additional aircraft include a one-of-a-kind 1950 Martin 202 airliner and a rare Lockheed-designed 402-2 Bush Master.
- Plus, a "Little-Cut-Up" demonstrator with working controls.
- People, young and old can learn how the flight systems work. Qualified pilots will help guests understand the instruments and controls of these special aircraft.
- The control cab of an Airport Rescue and Fire-Fighting truck will also be open.

Admission: Adults \$8, children (under 12) and seniors \$6. Pay one admission -- covers both days.

For more information, call 201-288-6344 or visit their website at: www.njahof.org

The Museum is open Tuesday through Sunday from 10 a.m. to 4 p.m. Group tours, birthday parties and Dare-to-Fly Programs are available.

Founded in 1972, the Aviation Hall of Fame and Museum of New Jersey is dedicated to the preservation of the Garden State's distinguished, two-century aviation and space heritage.

The men and women, whose outstanding aeronautical achievements have brought worldwide recognition to the state, are enshrined in the Hall of Fame. ###

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Artful Thinking

By Artie Maglionico • Lodi Historian

Laura Hendricks Cima’s earliest memories of Lodi began when as an 8 year old, and new to the community, she became lost on Prospect Street.

She recalls knocking on someone’s door frightened and with eyes overflowing with tears. “An Italian women took me in,” recalls Laura. She calmed me down and gave me cookies and milk and called my mother, who came to pick me up. From that moment on Laura fell in love with the town of Lodi and has been a contributing member of the community ever since.

“Lodi was a tight knit town” says Laura. “It has an intense Italian culture with charming traditions. Being of German/English descent, I was always made to feel like one of the family.” Laura went on to state that in her experience, the people of Lodi remain conscientious about the welfare of their children.

Laura arrived in Lodi with her parents, Gladys and Ray, and brothers William and Edward, in 1959.

The family put down roots on Autumn Street and immediately became an active part of their new found community.

“I was 8 years old,” recalls Laura. “I entered Lincoln Grammar School and graduated in 1963.”

Laura’s grammar school friends included Lorraine DiGuilo, Barbara Fochi and Joan Emiliano. Her favorite teachers were Mr. Tom Palumbo and Mr. Philip Mosca.

In September of 1963 Laura Hendricks entered those sacred halls of Lodi High School and was overwhelmed by both the size of the building and the number of students who rushed seemingly out of control. “It was nerve racking to see all these kids crowding the hallways,” says Laura.

“I was immediately intimidated by all the seniors, but after the initial fright wore off I soon felt comfortable.” It wasn’t long before the dazzled freshman began making what would prove to be lasting friendships.

Laura joined forces with

fellow students Molly Hanna, Toni Menetti, Barbara Fochi, Marie Pesenti, Linda Ferrara, Pat Costello, Alanna Novatney, Joyce Romano, Carol Cardaci, Lorrain DeProspero, and Elain Tangora.

Laura’s most influential teacher was the legendary Mr. Philip Gross. Laura recalls having to read a book a week plus numerous research papers. “He really prepared me for college,” says Laura. “Mr. Gross gave me a great educational background and healthy work ethic.”

Among those who have had a lasting influence on Laura were her parents, both of which had a radio show in Pittsburgh after WW II. “My mom was a professional pianist who cut a record with pianist Earl Garner,” says Laura. “My parents had musical backgrounds.” Laura’s granddad, William Harper, also handed down a piece of valuable information that she carries with her even now. “He told us that if you had a million dollars someone could take it away, but no one can take away what’s in your head,” recalls Laura. “It served me and my brothers well.”

It was during her senior year at LHS when Laura chose to become a nurse.

By then, Miss Hendricks had become established as a top notch member of the HS community both in and outside the classroom. “My friends and I joined a sorority that was handed down to us by the Class of 1965,” recalls Laura.

“The name was the DEA SAGGIO’S. Members included Molly Hanna, Lorainne DeGuilio, Judy Kollorik, Barbara and Olivia Fochi and Marie Pesenti. After her H.S. graduation Laura entered The Hackensack Hospital School of Nursing. “I graduated in 1970 and immediately afterwards began working there,” says Laura. The work ethic learned during the early years came into fruition for Laura as she rose to the top of her profession.

After becoming a nurse, Laura was promoted to nurse manager. Her climb up the ladder at Hackensack Hospi-

tal Director of Nursing, Vice President of Nursing, Vice President of Clinical Operation and Chief Nursing Officer at Hackensack UMC at Pascack Valley Hospital.

“What my teachers and grandparents taught me paid off,” says Laura. “I owe much of my success to them.” Laura retired in 2013. She has a master’s degree in business administration from Fairleigh Dickinson.

In 2014 Laura Hendricks Cima received a PhD at Seton Hall and is currently serving us an Assistant Professor at Felician College in Lodi. “I co-edited two books for the joint commission of the accreditation of hospitals,” says Laura. “The subject was medication safety.”

In 1970 Laura married her high school boyfriend. The couple had three children; Jacqueline, Paul and Jeanne. “We divorced in 1981,” says Laura. In 1984, I married William Cima. In 2011, Laura entered the Lodi political area where she currently serves as a member of the City Council.

Cima has ten grandchildren, Stephan Barat, Justin Barat, Daniel Limnios, Derek Glynn, Mark Glynn, Sean Glynn, Kasey Glynn and Anna Marie, Kathleen and Cicelia Schmidig.

“Lodi is a great place to grow up,” says Laura. “Community values influenced my life in many positive ways. Along the way I have met some wonderful people.”

I hope I’m one of them. ###

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**Multicultural
Festival May 16**

The 12th Annual Rutherford Multicultural Festival, is scheduled for Saturday, May 16, 2015, from noon to 7 p.m., with rain date set for May 17, at Lincoln Park. The event is hosted by the Rutherford Civil Rights Commission. Admission is free.

There will be continuous entertainment including Irish, India and Samba dancers, Biwanko Japanese Drummers, Shula the belly dancer, Broadway bound talent, etc.

This year they will welcome Filipino and Ecuadorian cultural groups as well as Colombian and American Bands.

Rutherford Girl Scout Troop 5919, Washington, Lincoln and Pierrepont School will also perform.

There will be international food, arts and crafts vendors and a children's activity center from around the world. For more information go to: www.Rutherfordtogether.com ####

**HH Lions Sponsor
Fireworks Program
June 30, 2015**

The Lions Club 31st Annual Fireworks are tentatively scheduled for June 30, 2015, at Depken Field (Route 17 & Franklin Avenue). Rain Date is July 1 and Ext. RD is July 2.

Admission is \$5 for adults and \$3 for children. Under 5 free.

Only blankets will be allowed on the field (*no chairs*). Water will be allowed, but no food. ####

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**Carlstadt
Historical Society
Meets May 20**

The Carlstadt Historical Society Inc., meets on the third Wednesday of each month at the Carlstadt Civic Center on Fourth Street, at 7 p.m.

A representative from the Botto House will be the guest speaker at the May 20, 2015 meeting.

The American Labor Museum is located in the historic Botto House National Landmark, 83 Norwood Street, Haledon, NJ.

Prospective members are always welcome, both old time residents who can share memories or newcomers curious about their community,

Exhibits of new acquisitions from the Museum will be on display as well as copies of 1915 newspaper articles concerning Carlstadt life. The Museum is located in the "circa 1919" former Firehouse on Sixth and Division Streets. It is open on the last Sunday of each month from 2 to 4 p.m.

Prospective members are always welcome including old time residents who can share memories or newcomers curious about their community.
Virginia Marass. ###

**HHFD Annual
Inspection May 9**

The public is invited to attend The Hasbrouck Heights Fire Department Annual Inspection, at 7:00 p.m., on Saturday, May 9, 2015.

Department personnel will be in full dress uniform. The equipment and fire headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. ####

**Brahms
Requiem
May 3**

The Adelphi Orchestra (AO) presents its final concert of its 61st season under the baton of conductor Jason Tramm.

The Seton Hall University Choir will be joining the orchestra in the Brahms Requiem. The featured soloists are Daniel Lickteig, Baritone and Mary Katherine McNamara, Soprano.

Also on the program is Brahms Tragic Overture.

The Concert starts at 4 p.m. on Sunday, May 3, 2015, at the River Dell Regional High School located at 55 Pyle Avenue in Oradell, NJ.

Admission is free with a suggested tax-deductible donation of \$20.

If you are interested in becoming a patron or for additional information about the AO, please visit adelphiorchestra.org ####

Lunchtime Yoga

Lunchtime yoga will be held at the East Rutherford Memorial Library on Wednesdays in May at 12 p.m. Come for a calming hour of stretches and strengthening for your body and mind with Yoga Instructor, Becca Walker. She is an experienced instructor and will present a beginner-level program. Participants should bring a mat and towel. Register online by visiting eastrutherford.bccls.org or call 201-939-3930. ####

Shred-it Event

The Hasbrouck Heights DPW, in conjunction with the BCUA, will host a Shred It event from 9 a.m. to 1 p.m. on Saturday, May 9, 2015, at the Central Avenue parking lot. Call 201-288-1072 for details. ####

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Tiffany Amariuta: Making a Dream Step from MIT to Harvard

Spring 2015: Tiffany Amariuta, senior student at the Massachusetts Institute of Technology (MIT), received the momentous news that she was admitted into the PhD program at Harvard University Medical School, in a specialty with a less than 3% admission rate.

Such a remarkable and rare achievement is, without a doubt, rooted in Tiffany's long held desire to make a contribution to her world. During the four years of intense studies at MIT, Tiffany distinguished herself not only as a star student, but also as a prolific researcher. She made her mark on HIV research at MIT, as well as on genetic pathways prone to cause the onset of Diabetes at the Polytechnic University of Lausanne, Switzerland.

In the fall she will embark on her new adventure toward a doctoral degree in Bioinformatics and Integrative Genomics at Harvard. Harvard University is the preeminent global leader in medical and genetics education, a distinction leveraged by an exceptional power to attract brilliant graduate students from all over the world. Even more, the prestige of the Harvard Medical School is propelled by an astounding number of over 11,000 faculty members and an unrivaled \$35 billion university endowment. As a crowning statistic, Harvard University also tops the science and educational universe with the highest number of Nobel Prize Laureates from its ranks.

During her PhD program, Tiffany will be focusing on the exciting world of gene regulation through computational and statistical analysis of genomic data, next-gen sequencing, especially whole-genome sequencing, gene expression, DNA methylation, and mutation sequencing. Tiffany is embarking on this research path with the ultimate goal of translating scientific discoveries into medicines that will eradicate disease and improve health throughout our world.



In her own words: "I truly feel honored to have been given the opportunity to work and study at MIT - the top engineering school in the world. Now, I am humbled to have been selected to continue my education at Harvard and fulfill my desire to leave an everlasting impact on science by improving the lives of people across the globe. I dream that my research will illuminate areas of science and medicine that are plagued by unanswered questions and unsolved problems. It is exciting to know that the field of science by which I am fascinated has the potential to dramatically improve how we understand life and care for living beings."

Although physically away from home for almost four years, Tiffany remains warmly connected to Hasbrouck Heights. Her love for our community, her high school teachers, and her family is evident. Her regular and cheerful visits to our high school, every time she comes home, are a source of inspiration for new generations of students, spurring them to believe in themselves and to dare to dream.

Tiffany Amariuta is scheduled to graduate MIT in June 2015 with a major in Biological Engineering and a minor in Foreign Languages, with a concentration in French and Russian. Tiffany is 21 years old and the daughter of Dr. and Mrs. Ion Amariuta of Hasbrouck Heights, NJ. ###

Summer Leadership Program Planned for Middle and High School Students

The Volunteer Center of Bergen County will be offering two sessions of a one-week summer service and leadership program for students at the Volunteer Center in Hackensack from 9 a.m. to 3 p.m. daily.

The program, Ready Set Serve, is scheduled for June 22-25, 2015, for students entering 9th or 10th Grade this September, and August 31-September 3 for students entering Grades 6, 7 or 8.

Ready, Set, Serve is a challenging summer program that will immerse you in a week of interactive, interesting and fun activities, learning leadership skills.

Students will participate in exercises including community needs analysis, goal setting, team building, project planning, decision making and other dynamic leadership skills.

Participants will continue to meet monthly from September through March to discuss and work on individual or group service projects. A graduation and project presentation will be held in April 2016.

The fee is \$350. Application due May 31. Call 201-489-9454 Ext. 118 or go to: www.bergenvolunteers.org for more information. ###

Wood-Ridge School Spring Concerts

Come one, come all to celebrate the Performing and Visual Arts in Wood-Ridge. Admission is free and open to the general public. Here are the dates for all the schools in the district.

• The Wood-Ridge Intermediate School will host their Spring Concert on Tuesday, May 19, 2015 at 1:30 p.m. in the John H. Bischoff Memorial Gymnasium at Wood-Ridge Intermediate School.

• Wood-Ridge Jr./Sr. High School (Grades 7th - 12th) will be having their annual Visual & Performing Arts Spring Concert on Tuesday, June 2, 2015, at 7 p.m. in the Wood-Ridge High School Auditorium.

• Catherine E. Doyle Elementary School (Grades Pre-K - 3rd) will hold their annual Spring Concert on Thursday, May 21, 2015, at 9 a.m. in the Doyle Gym. ###

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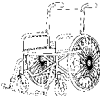
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W-R Knights Scholarship

The Knights of Columbus, St. Anthony Council #11585 will be awarding a \$500 scholarship to any graduating 8th Grader (*public or parochial school*) who will be attending a Catholic High School next September.

The candidate must be a parishioner of the Church of the Assumption of Our Blessed Lady, Wood-Ridge, NJ. Applications are available in the Church Friary. The deadline for submission of the application is Friday, May 9, 2014, at 3:30 p.m. PG ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it.

Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information.

Send these details at least 45 days prior to the event to: info@hasbrouck-heights.net or drop them off at: **The Gazette Newspaper**, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

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Carlstadt PBA Scholarship

Carlstadt PBA Local 312 is currently accepting applications for its 2015 scholarships. To be eligible, you must be a Carlstadt resident who is graduating High School in 2015 and attending a two or four year college.

Students of Henry P. Becton Regional High School can pick up applications at the Guidance Office. Carlstadt students that attend other high schools can pick up applications at the Carlstadt Police Department desk.

All applications are due back to the Guidance Office, for Becton students, or Carlstadt Police Department, (*Attention Lt. Beese*), by May 4, 2015. ###

CFD Auxiliary Scholarship

The Carlstadt Fire Department Auxiliary is offering a scholarship to a Carlstadt resident receiving a diploma with this year's graduating class from an accredited secondary school and furthering their education.

Applications are available at Becton Regional Guidance Office and the Bureau of Fire Safety at Carlstadt Borough Hall.

Applications must be received by May 15, 2015. ###

Rock Band Concert and Student Craft Fair June 2

The Felician School for Exceptional Children will host a Rock Band Concert and Student Craft Fair on June 2, 2015, from 12:30 p.m. to 1:30 p.m., on their front lawn on Main Street, Lodi. Rain Date is June 9. This free event is open to the public. ###

Musical Theatre

Melissa Ayvas-Manolakakis is directing the YMCA Theater Camp. She is a teacher at W-R Jr./Sr. High School and has operated her own voice and piano studio for the past 12 years.

- Session I - Variety show from June 29 to July 10, 2015.
- Session II - "Golly Gee Whiz" from July 13 to July 31.

Sign up now. For details call 201-955-5300. ###

RCDN Pre-school Registration

The Rutherford Cooperative Day Nursery School in Rutherford, NJ is accepting applications for the 2015-2016 school year.

Pre-K 3 and Pre-K 4 classes are offered in a unique cooperative setting where the parents help to run the school by assisting in the classroom and working on a committee.

The Pre-K 3 program is held on Tuesdays and Thursdays from 9:00-11:45 a.m. and the Pre-K 4 program is held on Monday, Wednesday and Friday from 9:00 -1:30 p.m.

Children must be 3 and 4 years of age by the public school cut off date for Kindergarten of the town in which you reside.

For more information, please visit rcdnschool.com or call 201-438-0899. ###

U Text Drive Pay

Rotary Builds Business

Area Rotary Clubs band together for special “Rotary Builds Business” event on May 7, 2015, 5:30-7:30 p.m. at Five Star Premier Residences of Teaneck, 655 Pomander Walk, Teaneck, New Jersey.

Although Rotary is the largest international service club in the world with 1.2 million members, many people don’t know that it was founded by a businessman, Paul Harris, in order to promote ethics in business. The Teaneck, South Bergen, Mid Bergen, Hackensack, and Bergenfield/Dumont Rotary Clubs are coming together to host a business networking event and educate area business owners about Rotary and how it can help build their businesses through associations with fellow Rotarians and through avenues of service – both locally and globally.

Members from the various Clubs will be on hand to talk about Rotary and various projects will be displayed to give attendees an understanding of the tremendous reach of the organization. Light refreshments will be served.

Anyone interested is asked

to RSVP to Maria Rini at 201-615-4783 or Maria@Bergen-Houses.com

About Rotary

Rotary brings together a global network of volunteer leaders dedicated to tackling the world’s most pressing humanitarian challenges. Rotary connects 1.2 million members of more than 34,000 Rotary Clubs in over 200 countries and geographical areas. Their work impacts lives at both the local and international levels, from helping families in need in their own communities to working toward a polio-free world. For more information, visit www.Rotary.org ###

HH Chamber Organizing 2015 Parade Committe

The Hasbrouck Heights Chamber of Commerce is preparing the 2015 Holiday Parade. The Chamber requests that community organizations provide a coordinator for planning purposes. Contact Ray at 201-288-5464 or Peter at 201-288-7228. ###

Toastmasters Meet Monday Evenings

Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career?

Toastmasters International is a world leader in communication and leadership development.

Meets 1st, 3rd (and 5th, if there is one) Monday of the month (*excluding holidays*) from 6:30 p.m. to 8:30 p.m. at The Wood-Ridge Memorial Library.

Questions? Contact Diane Rose of Toastmasters at 201-396-0532. ###

Toastmasters Meet Saturday Mornings

Learning to speak in public has now been made easy! The Toastmasters Club, which meets in Rutherford, has weekly programs which provide “hands on” public speaking and leadership training to anyone interested in improving themselves.

The Fairleigh Early Birds Toastmasters Club meets every Saturday morning at 9:30 to 11 a.m. at The Rutherford Library downstairs auditorium. All are invited to attend. Stop in as a guest! For details: <http://4229.toastmastersclubs.org/###>

Don’t Text
and Drive

The Hasbrouck Heights Chamber of Commerce meets 8 a.m. on the first Wednesday of the month at The Hasbrouck Heights Library. ###

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T-REX Roams Newark Museum on May 2

Jurassic Park comes to the Newark Museum when the "Mighty T-Rex" headlines a day of activities at the 8th annual Dinosaur Day on Saturday, May 2, 2015, from noon to 4:30 p.m.

Dinosaur Day engages children through hands-on experiences, games, performances and presentations. Children will meet and interact with the "Mighty T-Rex," a 15-foot long mechanical dinosaur.

Other activities include making fossil rubbings, digging for fossils, hunting for GEO treasures, creating dinosaur origami and sluicing for gemstones.

There will also be a meet and greet with Diego, the Nick-elodeon action-adventure hero; a display of life-size dinosaur fossils; a fossil touch table; and a Tsunami Tank. Admission to a Hurricane Simulator with winds up to 80 mph is offered for an additional fee.

The shows Dinosaur Prophecy, Zula Patrol 2, Pluto Patrol and From Dream to Discovery: Inside NASA will take place in the Dreyfus Planetarium. Unless otherwise noted, Dinosaur Day activities are FREE with suggested Museum admission: \$12 for adults, \$7 for seniors, children and students.

For more information, visit the Museum's web site, www.NewarkMuseum.org ###

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Italian-American Immigration Discussed at The Carlstadt Library

Author, lecturer and book editor, Maryanne Christiano-Mistretta, presented a program entitled, "The Italian American Story: Family, Food and Community" at the Carlstadt Library on April 1, 2015.

She stated that during the time period from 1820 to 2004 over fifty-five million Italians immigrated to the United States.

Those immigrants, mostly artisans and peasants, represented all regions of Italy. The majority were laborers, mostly agricultural, without much experience in industry. They faced economic as well as eth-



nic prejudices upon entering the labor force in America.

Ms. Mistretta discussed their struggles to be accepted into the country and, finally, how they advanced themselves into society and to careers in politics, sports, entertainment, etc. By 1973 over seventeen million people with Italian ancestry lived in the United States.

Throughout her presentation, the audience was encouraged to share their thoughts and experiences. This interaction added to the discussion on Italian customs, family gatherings, food served and prepared, etc.

Ms. Mistretta did an excellent job of presenting her program in one hour. She copy edits and ghost writes books, and presents lectures at libraries, schools, and assisted living facilities. She is also the author of "On the Guest List: Adventures of a Music Journalist." Photo and story by Marie and Peter Gallo Jr. ###

Tibet Uncovered

The Newark Museum is presenting an exhibition on missionaries and mystics who traveled to Tibet in the early part of the 20th century.

The exhibition will be on view until June 26, 2015. "Tibet Uncovered" explores this intriguing country through the works of individuals who wanted to convert the Buddhists, and others who converted to Buddhism.

Through books, images, and objects, the story of missionaries and mystics is introduced providing insight into the transmission of cultural ideas from West to East and from East to West, an interplay that has influenced – and continues to influence – Tibetans and Americans, as well as others in our global community.

For more information go to: www.newarkmuseum.org ###

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Casino Bus Trip

The VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$30; it includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games, prizes and a movie make the travel time pass quickly. Call Mel at 201-933-9937 or the Post for details at 201-288-1112. ###

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Meet the Author May 5

On May 5 at 7 p.m., The Carlstadt Library welcomes local author Dave White as he discusses his latest book, “Not Even Past -- A Jackson Donne Novel.” His book now available for check out.

Light refreshments will be served. No registration is required. All are welcome. ###

Monday Evening Book Group

On Monday, May 11, 2015, at 6:30 p.m., the Monday Evening Reading Group will meet at The Rutherford Public Library Glass Room to discuss “Dark Star Safari,” by Paul Theroux. Copies of the book are available at the circulation desk. ###

The Cat’s Table

On Friday, May 22, 2015, at 1:30 p.m., the Daytime Reading Group will meet at The 55 Kip Center to discuss “The Cat’s Table,” by Michael Ondaatje. Copies of the book are available at The Rutherford Library circulation desk. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, May 6, 2015, at 6:30 p.m., to discuss “Mambo in Chinatown” by Jean Kwok. The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. For more information, e-mail Peg Mellett at mellett@bccls.org ###

Carlstadt Evening Book Club

The Carlstadt Evening Book Club will discuss “The Language of Flowers,” by Vanessa Diffenbaugh on May 13, 2015, at 7 p.m. Light refreshments will be served. New members are always welcome! ###

Home Brewing May 4

The East Rutherford Memorial Library offers an introduction to the joys of Home Brewing with David Woods, Monday, May 4, 2015, at 6 p.m. An awarding-winning Belgian Ale Brewer, he will discuss his experience with brewing beer, mead and hard cider. Registration is requested. Call 201-939-3930 for details. ###

Birdman

On Tuesday, May 26, 2015, 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of “Birdman.” In this black comedy, a middle-aged actor, famous for his blockbuster superhero films, attempts to revive his career and his life via his Broadway debut.

Starring Michael Keaton, Edward Norton and Emma Stone. Winner of the 2015 Academy Award for Best Picture. The film will be shown in The Library Auditorium. ###

Movie Tuesdays at Carlstadt Library

Let Carlstadt “take” you to the movies every second and fourth Tuesday of the month for a feature film. Movies begin at 1:30 p.m.! Popcorn and beverages will be provided. No registration required for this free event!

Please call call 201-201-438-8866 ex. 204 or visit www.carlstadt.bccls.org for further details on this month’s movie selections. ###

ER Library Friday Matinee Movies

The East Rutherford Memorial Library will host Friday Matinees at 2 p.m. All movies are free of charge, for adults only. Some of the movies include “Chef” and “Jersey Boys.” Coffee and snacks will be provided. For more information call 201-939-3930. ###

Spring Film Festival

The East Rutherford Memorial Library will be hosting a free spring film festival consisting of 2015 Oscar-nominated films. The films will be shown on Saturdays in May and June at 12:30 p.m. Adults only. The final film on June 13 will be “Selma.” Call 201-939-3930 for more information. ###

Free Movies

On Wednesdays, starting at 1:30 p.m., free movies will be shown at The Lodi Memorial Library. For more information, call 973-365-4044. ###

Lunchtime Yoga

Lunchtime yoga will be held at the East Rutherford Memorial Library on Wednesdays in May at 12 p.m. Come for a calming hour of stretches and strengthening for your body and mind with Yoga Instructor Becca Walker. She is an experienced instructor and will present a beginner-level program. Participants should bring a mat and towel. Register online by visiting eastutherford.bccls.org or call 201-939-3930. ###

Hotter Than a Pepper Sprout

For an upbeat, fun and entertaining night, join Nina Etcetera and her band performing traditional American music featuring the songs of Johnny Cash, Elvis, the Carter Family, Patsy Cline, Peggy Lee, Ray Charles and many others on May 6, 2016 at 7 p.m. at The Carlstadt Library on 420 Hackensack Street. Light refreshments will be served. No registration is required. ###

Crochet Club

The East Rutherford Memorial Library will host a Crochet Club twice a month. All skill levels are welcomed. The Club will meet on the 1st and 3rd Thursdays of the month, from 6:30-8 p.m. in The Library. This is not a class, but rather a Club. Beginners are welcome. Please bring your own supplies. Come share your passion and make some friends! Any questions call 201-939-3930. ###

One-on-One Computer Classes

The East Rutherford Memorial Library is now offering one-on-one computer workshops. Sign up for individual sessions in basic computer skills; Internet navigation; e-mail accounts; and free eBooks, digital magazines (Zinio), and on line language-learning (Mango). To register, contact Cindi at 201-939-3930 or stop by The Library. ###

Art Museum Pass

East Rutherford Memorial Library now offers a museum pass to the “Montclair Art Museum.” For more information please visit <http://eastutherford.bccls.org/museum-pass-policy.html> or stop by the front circulation desk to reserve your tickets. ###

W-R ESL Classes

The Wood-Ridge Memorial Library holds ESL classes three times a week, every Monday, Wednesday and Friday morning at 10:15 a.m. No registration is required. ###

ER ESL Classes

The East Rutherford Memorial Library has ongoing ESL with Ms. Wanda for beginner to intermediate level students on Tuesday and Thursday, through May 19, 2015. For more information, call 201-939-3930. ###

Basic ESL

The Rutherford Public Library has ongoing Basic English as a Second Language classes taught by a certified ESL instructor. The classes are intended for beginner to intermediate level students and will be held on Monday and Wednesday evenings from 6 – 7:30 p.m. and Tuesday and Thursday mornings from 10 – 11:30 a.m. Students may register at the Reference Desk. For more information, please call 201-939-8600, ext. 7. ###

Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library on Mondays, from 10-11:30 a.m. and on Thursdays, from 1-2:30 p.m., to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, call 201-939-8600, ext. 7. ###

W-R Chess Club

The Wood-Ridge Memorial Library hosts a free Chess Club every Wednesday, from 3:30 p.m. – 4:30 p.m. for children and 4:30 p.m. – 5 p.m. for adult beginners only (*adults must register*). Designed for children of all ages and ability levels, the Chess Club is led by a coach who can teach new chess players the basics, and help experienced children sharpen their skills. ###

Teen Cafe

On Wednesdays, May 6, 13 and 27, 2015, starting at 3:45 p.m., The Lodi Memorial Library offers teens (*age 12 to 18*) an opportunity to meet and talk about technology, fashion, movies, music and books. For more information, call 973-365-4044. ###

Practice Tests

The Lodi Memorial Library offers practice tests for high school students.

- Combo SAT/ACT test on May 2, 2015 at 11 a.m.
- SAT test on May 30, 2015 from 11 a.m. to 3 p.m.

Register by email to: Lupita.Obrien@lodi.bccls.org ###

The Lodi Friends of the Library will host their Spring Book Sale, Saturday, May 16, 2015, from 10 a.m. to 4:30 p.m. at The Lodi Library. Donations welcome. ###

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Music With Miss Fran

Miss Fran will present her preschool music program on Friday, May 1, 8, 15, 22 and 29, 2015, from 11:15 – 11:45 a.m., at The Rutherford Public Library. She will bring her guitar and play favorite familiar children’s songs for dancing and fun. No advance registration is required. This program is funded by The Friends of The Library of Rutherford. ###

Friday Afternoon Children’s Matinee

On Friday, May 15, 2015, from 3:45 to 5:20 p.m., children ages 4 and up are invited to a free movie screening of “Alexander and the Terrible, Horrible, No Good, Very Bad Day,” at The Rutherford Public Library. Bring a snack and a friend and have some afternoon fun to end the school week.

No advance registration required. An adult caregiver must remain with any child under age 7 for the duration of the film. For more information call 201-939-8600, ext. 6. ###

Lodi Library Gaming Days

Children, from Kindergarten age and up, can play a variety of games.

Minecraft, Tuesdays, May 5, 12, 19, and 26, 2015, from 4:45 to 5:45 p.m., children learn a little bit of geology, geometry and electrical circuits while socializing and team building.

On Monday May 4, 11 and 18, 2015, from 6 to 7 p.m., it’s Wii Gaming.

Fun Friday Board Games, children, with their families, have an opportunity to play and try out different board games together from 4 p.m. to 4:50 p.m. on Friday May 1, 8, 15, 22 and 29, 2015. For more information, call 973-365-4044. ###

Food Bank

The Hasbrouck Heights Food Pantry is open Mondays from 9:00 a.m. to 11:00 a.m. for residents. Donations are always welcome. Call Borough Clerk’s Office for more information at 201-288-0195. ###

Friday Family Fun Time

The Rutherford Public Library is excited to present Jason Didner and the Jungle Gym Jam on Friday, May 29, 2015, at 4 p.m.

Jason has performed at Turtle Back Zoo and numerous outdoor festivals. His Parents Choice approved album, “Everyone’s Invited,” has been listed as an editor’s pick on CD Baby as it climbed their Kids/Family music chart and became one of the top ten recordings. This kids-and-family oriented rock and roll band not only entertains, but imparts subtle lessons as well.

This program is for children of all ages and their caregivers, and no registration is required. Funded by The Friends of The Library of Rutherford. ###

Legos Build

The Lodi Memorial Library invites future architects and engineers, Kindergarten age and up, for a Legos Build on Tuesday, May 12, 2015, from 3 to 4:30 p.m.

They supply the Legos, you supply the imagination. For more information, call 973-365-4044. ###

ER Lego Club

The East Rutherford Memorial Library has a Lego Club on the second and fourth Mondays of every month from 3:30 to 4:30 p.m. for children ages 5 and up. Legos are provided. For more information call 201-939-3930. ###

Lodi Storytime

The Lodi Memorial Library invites children, ages two to six and their parents to dance, sing, stretch, listen to stories. Music and Storytime Thursday, May 7 and 14, 2015, from 3:30 to 4:15 p.m. For more information, call 973-365-4044. ###

Libraries Are Fun!

Drop-In Storytime

The Rutherford Public Library will host a morning and afternoon drop-in storytime program on Wednesdays, May 6, 13, 20 and 27, 2015, from 10:30 – 11 a.m. and repeated from 2 – 2:30 p.m.

The Wednesday afternoon session is geared specifically to children up to the age of 24 months. The story and rhyme portion of the afternoon session lasts 20 minutes and is followed by a play/social time for approximately 15 minutes.

Storytime will also be held in the morning only on Thursday, May 7, 14, 21 and 28 from 10:30-11 a.m.

All children, from infants to 5-year-olds and their caregivers, are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###

Morning Storytime!

Join The Carlstadt Library every Thursday at 10:30 a.m., for stories, rhymes and wiggles! Children of all abilities up to age 4 and their caregivers are encouraged to sing and play along. Story time is a wonderful, interactive way for caregivers to learn about Library services and how to interest children in books. Check their website for more details. ###

W-R Storytime for Preschool Pals and Toddler Time

• Preschool Pals: Every Tuesday, at 12:30 p.m., children ages 4-5 can enjoy weekly themed story time, songs, and a craft.

• Toddler Time: Every Thursday, at 10:30 a.m., children ages 3 and under can come in for weekly themed story time, songs, and a craft.

Registration is required; space is limited. Call 201-438-2455 to register. ###

Good manners are always in style

Paws to Read

The Rutherford Public Library welcomes back Rodney, a registered therapy dog, for the Read to a Dog Program. Rodney will be at The Library with his owner on Monday, May 18, 2015, from 4 – 5 p.m. Children who are able to read a little bit and would like to be able to practice their reading skills are invited to sign up for a 15 minute time slot with Rodney. He loves to listen to stories and never complains if it is not a perfect reading.

Parents may accompany their child during their time with Rodney. Registration is required and should be done by contacting Miss Jane at 201-939-8600, ext. 6 or by email at jane.tarantino@rutherford.bccls.org ###

Paws for Reading

Young Readers Wanted! On May 4 and 18, 2015, from 6 p.m. to 7 p.m., come to The Wood-Ridge Memorial Library and sharpen your reading skills by reading to the wonderful certified therapy dogs, Rodney and Teddy.

Children ages 5 and older sign up for a 15-minute session to read to a friendly dog.

Therapy dogs, provide a safe, nurturing experience for beginning and struggling readers to practice their reading skills. All readers are invited.

A variety of books will be provided, but feel free to bring your own. Registration is required. Call 201-438-2455. ###

HH Library Spring Computer Classes

The Hasbrouck Heights Free Public Library offers Saturday computer training in Microsoft Office 2010 for Excel, PowerPoint, Computer Basics, Introduction to the Internet/E-Mailing and iPad/Tablet Basics. A \$40 refundable deposit is required. Pre-registration is required. For details, call 201-288-0488. • May 2 & 9: Internet/E-Mail Basics

• May 16 & 23: Introduction to the iPad/Tablet
• June 6 & 13: Introduction to MS Excel 2010
• June 20 & 27: Knowing More—MS Excel 2010* ###

Crafty Kids

On Friday, May 6, 2015, at 3:45, children ages 6 and older are invited to create a flower bouquet at The Rutherford Public Library. Registration required. Call 201-939-8600 x 6. ###

Preschool Craft Corner

On Monday, May 4, 2015, at 3:45 p.m., children ages 3, 4, and 5 are invited to make a Mother’s Day gift at The Rutherford Public Library.

Children are asked to have an adult accompany them in order to assist with the making of the project. Registration is required. For more information, please call the Children’s Department at 201-939-8600, ext. 6. ###

Lodi Crafts and Science Mondays

On Mondays, May 4, 11, and 18, 2015, at 4 p.m., The Lodi Memorial Library offers parents and children Kindergarten age and up, to share and make crafts together, or experience science experiments. For more information, call 973-365-4044. ###

Creative Crafts Ages 4 and Up

Make a unique craft from things found at home or from a local craft supply center. Create a gift or make something just for you! The Carlstadt Public Library invites children 4 and up to participate. Younger children will need assistance from a caregiver. Supplies and space are limited on a first come, first serve basis. Crafts are held most Wednesdays at 3:30 p.m. ###



Copy for the June Issue is due May 5th.

Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com

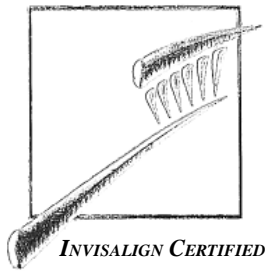
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The Blooming Flowers

The Hasbrouck Heights Free Public Library launched a multicultural celebration focused on Asian influences including China, Korea, Tibet, and India.

On April 11, 2015 they highlighted Korean culture.

It was an afternoon of traditional entertainment and refreshments to celebrate the arrival of spring.

There was a performance by Donghwa Cultural Foundation. The troupe performed five dance and drum sets before a packed house.

Donghwa Cultural Foundation, Inc. is a non-profit organization that strives to promote Korean and East Asian culture within American society through educational programs on traditional Korean music,

arts, dance, and food.

They provide classes, programs, and events and offer a hands-on approach to learning, which helps provide an authentic taste of traditional values and characteristics. For more information, go to <http://www.donghwaculture.org>.

The first multicultural event was the Chinese celebration on February 15, 2015. (See April 2015 *Gazette Newspaper*).

In June, they will celebrate Buddha's birthday and highlight Tibetan culture and, in September, present Indian history, current events and reflect on its Bollywood industry.

These events are made possible by a grant from the New Jersey Council for the Humanities. ###



Rabbits Herald the Spring Season

Rabbits that appeared in Hasbrouck Heights, Little Ferry, Lodi, Moonachie and Rutherford during their annual Easter Egg Hunt events.





Footloose Shakes Things Up at WRHS

On April 17, 18 and 19, 2015, the musical “Footloose” erupted on the Wood-Ridge High School stage.

This is the perfect musical for any high school and the cast at Wood-Ridge High School did it proud.

The plot is loosely based on events that took place in the small, rural, and extremely religious farming town of Elmore City, Oklahoma in 1978.

Dancing had been banned for nearly 90 years until a group of high school teenagers chal-

lenged it.

The 1984 movie version of “Footloose” was nominated for two Academy Awards, a Golden Globe, and a Grammy. The 1998 Broadway version received four Tony Award nominations. Footloose was remade into a movie in 2011. This was one of the most explosive movie musicals to be set on the stage.

The plot of the play follows a high school boy, Ren, played by Gabe Blanco and his mother, Ethel, played by Joelle Buscema. They moved from Chicago to the small farming

town.

Ren is unprepared for rigorous local edicts, such as a ban on dancing, instituted by the town’s Preacher, Shaw Moore, played by Nick Sancilio, whose son died in an automobile accident after attending a dance.

The Reverend’s daughter, Ariel, played by Paige Conti, sets her sights on the newcomer which upsets her roughneck boyfriend, Chuck, played by Ethan Torio.

This causes problems with Ariel’s friends, played by Alexa

Rosado, Kelly Concepcion, Maggie Mele and Sandra Kaldas. Ariel’s supportive mother, Vi, played by Christina Kavanagh, tries to mediate and pacify the rocky relationship between Ariel and her father.

Other town members played by seniors Jazmin Mercado, Yovany Tamargo and Sara Dahnoun, seem to have a lot to say about this new member of the community. Senior, Evan Lewis, who plays the role of Willard Hewitt, is one of the few townspeople that support Ren in his endeavor to change

the law.

The cast of “Footloose” consists of students in Grades Seven through Twelve.

This heartfelt story is of a father longing for the son he lost and a young man aching for the father who walked out on him. “Footloose” celebrates the wisdom of young people guiding them with a warm heart and an open mind.

The Wood-Ridge High School production was filled with fun, energy and great dancing. *Story by Peter Gallo Jr. ###*

Delighting Area Children





Troop 17 Hikes Jockey Hollow/ Visits Washington’s Headquarters

On March 28, 2015, Boy Scout Troop 17 hiked the Jockey Hollow Trail in Morristown. This 10 mile trail tours the 1779-80 winter encampment of Washington’s Continental Army. The Scouts watched a short film about the encampment and visited replica log huts that 10,000 men of the Continental Army built and sheltered in that winter. After a short car ride, the Troop toured the museum and Ford Mansion where Washington lived that winter. The Troop was given the honor of retiring the flag for the day by the National Park Service Ranger.

Troop 17 is chartered by Corpus Christi Church. Any boy, middle and high school age interested in Scouting, is invited to attend a meeting on Wednesdays at 7:30 p.m. at the Corpus Christi ECLC. *Scribe, Troop 17. ###*



Traveling to the Food Bank

The Rutherford Recreation 7th Grade Girls’ Travel Basketball Team recently raised money to benefit the Rutherford Community Pantry. Shown here as they presented their donation to the Pantry are, front l to r, Mia Capobianco, Delany Manning, Emila McCarthy; back row, l to r, Tierra Sherlock, Jenn Netelkos, Erin Augusterfer, Regina Maslag, Jenna Rogers, and Jonathan Bigley, President of the Rutherford Community Pantry Board. Not pictured, Lucia Carpignano, Rokaya Abdelhamid, and Coach Lori Rogers. *Provided by Pat Yenkosky. ###*



Girl Scout Brownies Receive First Aid Badge

Girl Scouts of Northern NJ Girl Scout Brownie Troop 95994 visited the Wood-Ridge Fire Department and met with EMT Captain Anthony Pennisi. The Brownies were given a tour of an ambulance, a lesson of basic first aid and a demonstration of equipment used in the ambulance. The girls had been working on their First Aid Badge, which was completed with this visit. *Kim Lange. ###*



Drug-free Poster Winners Honored by BOE

Four Fourth Grade students from McKenzie School, in East Rutherford, were recently honored at the Board of Education meeting. These students were selected to represent their school in the annual poster contest in conjunction with the Partnership for a Drug-Free New Jersey that was facilitated by Mrs. Speer, Art Teacher and Mrs. Puig, Guidance Counselor. Pictured are Alicia Rutkowski, Anesushe Chinogwenya, Vannessa Chan, and Kyla Groh. *Provided by Karen Dey. ###*



Book Blizzard

Recently, a Book Blizzard hit the Third Grade classrooms at McKenzie School in East Rutherford. Third Graders came prepared for a day of independent and partner reading, listened to read-alouds, and enjoyed a relaxing in-school “snow day!” Parent volunteers shared stories with the classes. *Provided by Karen Dey. ###*



The Future is Here

The Lodi Library has a 3D printer to assist patrons in hands-on learning. In collaboration with area resources, they offer technology “tinker” tools and “makerspaces” to explore the possibilities. The “Maker Movement” is no longer just a hobby, it’s having a significant impact. NJ Maker Day was celebrated in March to promote and introduce the maker culture as well as the values associated with making, tinkering and STEM based learning. Maker spaces provide access to people, information, resources and tools that facilitate making to a wide variety of skill levels. Popular equipment in these spaces include 3D printers, single board micro controllers like Arduino and Raspberry Pi, robotics, digital media production, computer programming, textile and handicrafts and more. Lodi Library expanded “maker” into its regular programming. Check out the future at <http://lodi.bccls.org> *###*

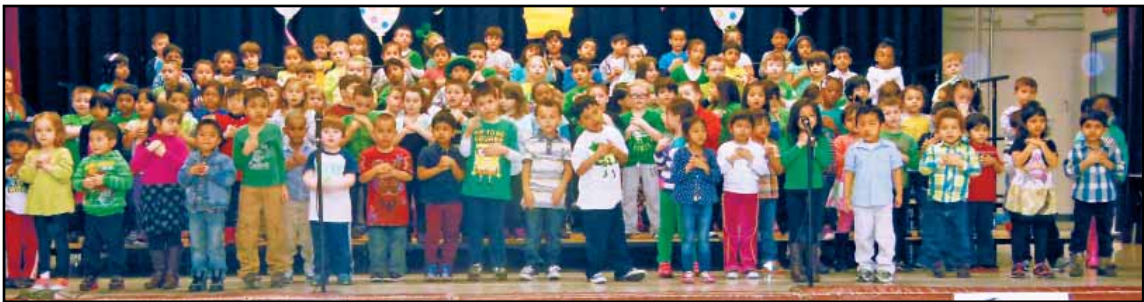


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Girl Scouts Visit Ambulance Corps

On April 1, 2015, the Carlstadt Girl Scout Troop visited the Ambulance Corps headquarters to take a first aid class and tour of the ambulance. They got to see the equipment used in emergency situations and an explanation of how it is used. The Ambulance Corps is always looking for new members and is hopeful that these young ladies may become junior members at age 16. *Provided by Carlstadt Volunteer Ambulance Corps. ###*



The Pre-K and Kindergarten students at McKenzie School in East Rutherford recently entertained the student body, as well as their parents, at their annual music concert under the direction of Mrs. Alvarez. The concert was entitled “Look What I Can Do” and featured four Pre-K songs, five Kindergarten songs, and a grand finale featuring both groups. Kindergarten speakers provided the narration for the concert. *Provided by Karen Day. ###*



The 2014-2015 Carlstadt Fire Poster Winners were recognized on March 16, 2015. Jong ther students were Deputy Fire Chief Steve Caputano, Battalion Chief Brian Cervasio, CPS Superintendent Stephen Kollinok, Principal Kenneth Foy and Fire Inspector Robert Moore. Winners were: Division 1, Grade 2, Marina Scalcione, Division 2, Grade 5, Camille Bello and Division 3, Grade 8,Dakota Boyd. *Photo by Dennis Kronyak Sr. ###*



Students Display Their Art

On March 26, 2015, students from the Felician School for Exceptional Children displayed their creativity with the opening of the new Art Studio. Their artistic skills were presented as drawing with various media, painting to music, photography, lessons on various art styles, self portraits, etc. The ICHS collaborated with the students in creating additional artwork. The program was coordinated by Mary Anne Protzo. ###



“Keep Rosie Alive”

Allison Kronyak, Wood-Ridge Girl Scout Troop 585, was recently honored by Wood-Ridge Mayor Paul Sarlo and the Borough Council for receiving Girls Scouts’ highest honor, the Gold Award for her 80 hour project, “Keep Rosie Alive.” Her project taught 5th and 6th Graders about women’s part in the war effort and Wood-Ridge history. Pictured are Allison, with Mayor Sarlo and parents, Christine and Michael. *Photo by Dennis Kronyak Sr. ###*



2015 Memorial Foundation Dinner

The 2015 Wood-Ridge Memorial Foundation Honorees (l-r Paul Clemente, Angelo and Sandy Urato, Tony Albro, Robin Woods and Ed Garrett) with their engraved crystal flame awards at the Annual Dinner Dance held at the Fiesta on Friday, March 27, 2015. They were honored by 240 family, friends and co-workers at this annual event that helps support the Memorial Foundation. Established in 1962, the Foundation has now awarded over a million dollars to students of the community. The Trustees are sincerely grateful to the many residents of Wood-Ridge that continually support this effort and to the families that create memorial awards. For information regarding the establishment of a memorial award, please contact Foundation Executive Director Jack Nagel at 201-641-2803. ###



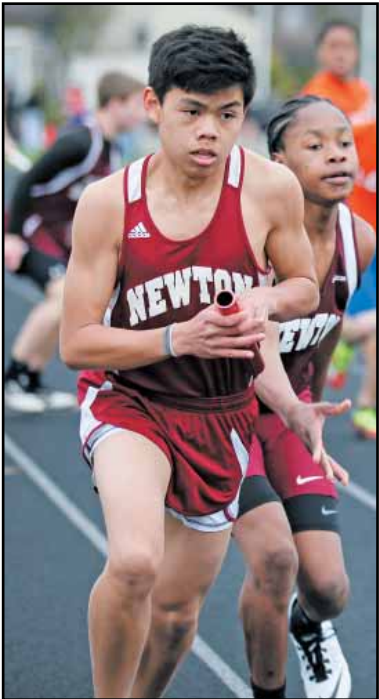
The Brubaker Family ready to enjoy their pancakes!
W-R Lions Pancake Breakfast

The Wood-Ridge Lions Club held their Annual Pancake Breakfast on Sunday, March 29, 2015, in the W-R High School all purpose room. A crowd of over 325 once again enjoyed the pancakes prepared by the Lions Club members. Over \$3,500 was raised that will be used to fund the Club’s many sight projects. The members wish to thank all of their supporters that have made this the longest running fund raising event in the community. *Provided by Jack Nagel. ###*



Elder statesman of the Wood-Ridge Lions Club, Phil Rottini, with ticket chairman, Jack Nagel, ready to greet the hungry patrons at the annual breakfast. ###

Heights Hosts 8th Avia



On Friday, April 10, 2015, at Gary Depken Athletic Field, the Hasbrouck Heights Jr./Sr. High School hosted the Aviator Invitational Relays. About 40 high schools and 1,200 athletes participated.

This is the 8th major invitational championship meet to be held at Depken Field since the new facilities were installed. (The event used to be called the

Twin-Borough Relays.) During opening ceremonies, at the "Wall of Fame Honorees," Mike Renna (2008), Dan D'Amato (2007), Chris Onorato (2005), Kaitlyn Gianni (2007) and Nicole Weingartner (2007) were recognized for their Track and Field accomplishments.

Track events started at 4 p.m. and finished at 8:30 p.m. They included: 6,400 meter

relay, 400 meter relay, intermediate hurdle relay, 800 meter relay, 3,200 meter relay, sprint medley, shuttle hurdle relay, distance medley relay and 1,600 meter relay.

Field events started at 4 p.m. and concluded at 9 p.m. They included: pole vault, high jump, shot-put, discus, javelin, triple jump and long jump.

Participating in the All

North Jersey NJSIAA Group 1 & 2 meet were 21 teams from: Bogota, Cliffside Park, Cresskill, Dwight-Englewood, Fort Lee, Garfield, Hasbrouck Heights, Hawthorne, Lodi, Lyndhurst, Midland Park, New Milford, Newton, North Arlington, Park Ridge, Pascack Hills, Ramsey, Saddle Brook, Wallington, West Essex, and Wood-Ridge.

The event was headed by

Rob Brady who has been the HHHS Head Track Coordinator for 21 years (and associated with the track program for 25 years).

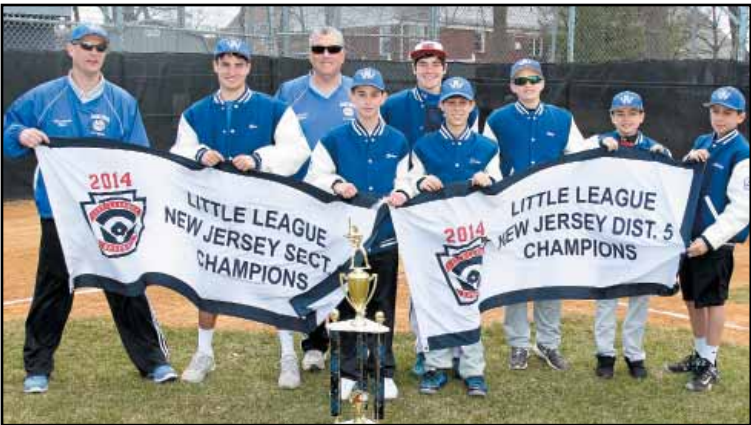
HHHS Director of Athletics, Mike Sculla, helped organize this meet with officials, team entries, etc.

All proceeds from the meet went to the Hasbrouck Heights Track Program. ###

Senior Invitational Relays



W-R/Moonachie Little League Opening Day



Established in 1951, The Wood-Ridge/Moonachie Little League started their 63rd Opening Day with a parade from the CVS Pharmacy to the 6th Street Field on Saturday, April 11, 2015.

Little Leaguers lined the infield and the program began with the National Anthem.

Little League President for the past 22 years, Phil Romero, officiated and thanked the sponsors, managers/coaches, and others who help make the League a success.

He stated that all coaches were certified in CPR. A defibrillator was donated by the WRPD. He also thanked the Borough of Wood-Ridge for the major clean-up.

Presentations were made. Moonachie Mayor Dennis Vaccaro and Wood-Ridge Mayor Paul Sarlo threw out the first pitches -- starting the official season. ###

Hasbrouck Heights Little League Opening Day



Spirits were high as the The Hasbrouck Heights Little League held its 62nd Opening Day Ceremony on Saturday, April 11, 2015.

The event began as Little Leaguers and their families marched from the club house, along the Swim Club parking lot, across Oldfield Avenue, down onto the Major League Field and assembled along the perimeter of the infield.

The National Anthem was sung by Alexis Mason.

Hasbrouck Heights Little League President Pat Fass officiated, and thanked the sponsors, managers/coaches, and others who help make the League a success.

The Little League Pledge was given by Dylan VanRyn. Vincent Costa, of **Costa Memorial Home**, threw out the first pitch and a Little Leaguer then called out, "play ball," starting the official season. ###



Carlstadt Little League Opening Day

The Carlstadt Little League held its Opening Day Parade on April 11, 2015. At about 12:30 p.m., they marched from Borough Hall to the Little League Field located on 9th Street, followed by the Carlstadt Fire Department.

The Clubhouse was named in honor of James Crifasi. The first pitch(es) were thrown by his wife, Dorothy, and their son, Joe. Established in 1951, they are celebrating their 63rd Anniversary. *Photo by Dennis Kronyak Sr. ###*



"Batter's Up"

The HH Little League held its 19th Annual Pancake Breakfast on Sunday, April 12, 2015, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu included pancakes, sausage, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

The Tricky Tray sports memorabilia auction followed from noon to 1 p.m. Proceeds will be used towards renovating restrooms, concession stand and batting cage. ###

Rutherford Relay for Life

In the fight against cancer, silence is the last thing we need. Relay for Life of Rutherford is a great place to take action.

This event symbolizes hope and the goal of ending a disease that threatens the lives of so many people we love.

This event is an opportunity

to honor survivors, remember those we have lost, and raise funds and awareness to fight back and help cancer research.

Relay for Life Event at Tryon Field in Rutherford - May 8 and 9, 2015. (*Corner of Washington Avenue and Darwin Avenue.*)

Join Rutherford Mayor Joe De Salvo's Wellness Team - register on line at www.relayforlife.org/RutherfordNJ

For more information contact Kaitlin at 201-457-3418 x 2218 or email kaitlin.chieco@cancer.org ###

American Legion Yankee Game Benefit June 19

Bergen County American Legion is sponsoring an evening at Yankee Stadium to benefit American Legion Baseball in Bergen County on Friday, June 19, 2015.

The Yankees will be playing the Detroit Tigers. The game starts at 7:05 p.m. Tickets regularly priced at \$48 are being sold for \$32. Bus transportation (*yellow school bus*) from Post 170 to Yankee Stadium and return is available for an additional \$10 per seat.

For ticket orders and bus transportation send a check made out to Bergen County American Legion Baseball

Fund to Bob Salvini, 54 Thiem Avenue, Rochelle Park, NJ 07662. Include contact name and number and address to send the tickets to. Deadline to order tickets is May 5, 2015. ###

The Law Enforcement Special Olympics Torch Run will be held on Friday, June 12, 2015 with each Department running the same leg as in previous years. Please send donations to your local Police Department -- Memo line: Special Olympics



Step up to the plate!

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Rutherford 7th Grade Boys -League Champs

The Rutherford Recreation 7th Grade Boys Travel Basketball Team captured the championship of the North Jersey Junior Basketball League for the 2014-2015 season. After winning the North Arlington Christmas Tournament, the boys started league play with a 1-2 record, but won their last 12 regular season games. After playoff wins against Saddle Brook and Upper Saddle River, it was on to the League championship against a tough Pequannock squad. After a tight first half, the boys pulled it together, and came away with a 54-41 victory to capture the title.

Pictured: Kneeling L-R: Eric Wernicki, Nick Smith, Danny Onorato, Ben Crowley

Standing: L-R: Jack Carr, Chris Avramidis, Antonio Callegari, Coach Manny Avramidis, Jacob Shin, Brendon Nestor, Coach Dan Onorato, and Josh Glatman. *Provided by Barbara Bennett. ###*



Rutherford U14 Girls Basketball Team Wins South Bergen League Championship

The Rutherford U14 Girls Travel Basketball Team had another successful season taking home the trophy as Champions of the South Bergen Basketball League. The championship game held on March 22, 2014, was a tight game with Rutherford beating out Lyndhurst 45-40. The Lady Bulldogs finished their season with an impressive 13-1 record. Pictured are:

Back row (left to right): Coach Tom Griggs, Coach Jenn Rienzi, Jillian Griggs, Caroline Fisher, Allison Abrom, Jena De-Salvo, Erin Cartwright, Coach John Sasso, Coach Greg Abrom.

Kneeling (left to right): Veronica Kan, Emma Guzman, Kristen Sasso, Katrina Binder, and Gianna Suriano. *Photo by K. Sasso. ###*

W-R Lions Golf Outing May 1

The Wood-Ridge Lions Club will be holding their annual golf outing on Friday, May 1, 2015 at The Farmstead Golf Course. Cost is \$145 per golfer. Registration includes continental breakfast, lunch, greens fees, cart and souvenir gift. For reservations please call Ed Garrett at 201-641-2803 or e-mail at janpro911@aol.com

Proceeds will fund Lions Club projects. ###

Lindsey Meyer 5K May 3

The Lindsey Meyer Teen Institute 5K Challenge features a 5K Run, 1 Mile Walk and a Kids' Fun Run on Sunday, May 3, 2015, at Memorial Field, Monona Avenue in Rutherford.

Pre-registration \$25 (student \$15.) Late registration \$30 (student \$20.) Registration is 8:30 a.m., race starts at 10 a.m. For more information go to: www.Lmteeninstitute.org ###

Wood-Ridge Mayor and Council Recognized Soccer Champions on March 24, 2015



The 2014 U12 Girls Wood-Ridge Strikers competed in the Northern Counties Soccer League and won their division by finishing with 9 wins, 0 losses and 1 tie. *Photo by Dennis Kronyak Sr. ###*



It was a tough season that cast the team as the lower seed. But Wood-Ridge United, U12 Boys South Bergen League Championship was won after overtime ties during a series of shoot-out penalty kicks. *Photo by Dennis Kronyak Sr. ###*

Act Now: Limited number of memberships available!



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We are currently accepting members from Wood-Ridge and Hasbrouck Heights on a first come first served basis.

There aren't that many memberships still available, so if you are thinking about joining the Swim Club, **act now.** Go to our website hhsimclub.com for details and an application:

Kristin Schaffer, President, Hasbrouck Heights Swim Club
Email: hhsimclub@gmail.com

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Ketcho's Father-Son Golf Classic

The Ketcho's 8th Annual Father-Son Golf Classic will be held on Saturday, July 25, 2015 at Glen Brook Golf Club, Stroudsburg, PA.

Shotgun start is 7:30 a.m. Cost is \$125 per player and includes continental breakfast starting at 6:30 a.m., 18 holes of Championship golf, cart, greens fees, with barbecue awards/raffle ceremony all afternoon. Event hosted by The Ketcho Boys.

Make checks payable to The Carl Inserra Leukemia Fund and send to: 303 Ottawa Avenue, Hasbrouck Heights, NJ 07604. Checks due by May 1.

Sponsorships available. For more information call 201-220-7831 or email: ketcho@aol.com ###

MOH Golf Outing May 27

NJ Mission of Honor Golf Outing is scheduled for Wednesday, May 27, 2015 at the Black Bear Golf Club, 138 Route 23, Franklin, NJ.

Proceeds to benefit NJ's Mission of Honor for Creains of American Veterans. Details will be available at www.njs-missionofhonor.org ###

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HHMA Memorial Golf Tournament May 20, 2015

The Hasbrouck Heights Men's Association will be holding their Annual Bizik-Hughes Memorial Golf Outing on Wednesday, May 20, 2015, at Meadows Golf Club, 79 Two Bridges Road, Lincoln Park.

All money raised will be awarded as scholarships to qualified graduating seniors of Hasbrouck Heights.

Cost is \$125 and includes: round of golf, cart, plus cash contest of longest drive, closest to pin, pot of gold and features a \$10,000 hole in one -- plus 50/50 and raffle.

Registration starts at 7:30. Shotgun start at 9 a.m. and format will be best ball.

Hot and cold breakfast buffet starts at 7:30 a.m., with lunch buffet to follow after golf.

Sponsorships are available. Contributions are welcome.

For more information, call 201-396-0750 or email Tom at TNTTwister@aol.com ###

HH Lions Golf Outing May 15

The 51st Annual Tournament is scheduled for May 15, 2015, at the Meadows Club in Lincoln Park. Fee is \$125 and includes golf, cart, lunch and dinner with beverages, plus prizes.

The event is sponsored by the Hasbrouck Heights Lions Club. All proceeds to benefit various community charities.

If you are interested in playing or being a sponsor please contact Kevin Mullins at 201-665-4442 or Joe Luongo at 201-410-7593. ###

Matt Fenton Memorial 5K June 7

On Sunday, June 7, 2015, at 9 a.m., the Fifth Annual Matt Fenton Memorial 5K Run/Walk at Willow Lake Park, will start at the Little Ferry Public Safety Building/Senior Center at 95 Main Street, Little Ferry, NJ.

This USATF sanctioned Grand Prix Event is 500 points. Pre-registration is \$20 with day of race \$25, starting at 7:30 a.m.

Register online until June 5 at www.raceforum.com/little-ferry or register by mail before June 3. For race information, go to www.littleferrynj.org or email: Moses.racedirector@gmail.com

Awards for top 3 male/female overall medals, gift certificates to top 3 male/female in 5-year age-groups up to 80+, top male/female Little Ferry resident prizes, and top male/female First Responder prize.

Amenities include refreshments, DJ, B-Tag scoring by Compuscore, and T-shirts to first 700 runners. Event also includes awards ceremony, random prizes and family fun and kids activities.

Proceeds will be used to support the emergency response services and programs throughout Little Ferry.

In addition, a contribu-

Care Walk May 3

The Cooley's Anemia Foundation (CAF) (*dedicated to battling the genetic blood disorder thalassemia a.k.a. Cooley's Anemia*), will hold the 4th Annual Care Walk at Van Saun Park, Pavilion I, in Paramus on Sunday, May 3, 2015 from 10 a.m. to 2 p.m., featuring a BBQ, face painting and DJ music. For details call Lisa at 201-306-2951. ###

tion will be made to the Fisher House Foundation, which provides support services for injured and ill service members, Veterans and their families.

• Lost to us on May 5, 2006, Sgt. Matthew J. Fenton was a larger than life figure to those who were blessed to know him. Fatally injured while conducting combat operations in Iraq, Sgt. Fenton's service to our Country shall not be forgotten.

Sgt. Fenton was with the Forces Reserve's Inspector and Instructor Staff, 1st Battalion, 25th Marine Regiment, 4th Marine Division, Fort Devens, Massachusetts.

At his funeral, Sgt. Fenton was made an honorary Little Ferry Police Officer, the job which he was to hold upon his return to Little Ferry. ###

Carlstadt PBA 312 Golf Outing May 29

Carlstadt P.B.A. Local 312 will be having their 28th annual Golf Outing on Friday, May 29, 2015 at The Knoll Country Club in Parsippany, NJ.

The cost is \$175 and includes greens fees, cart, continental breakfast, BBQ at the turn, buffet luncheon with open bar, golfer's gift, on-course beverages, and awards.

P.B.A. Local 312 is looking for Hole Sponsors for \$200 and Tee Sponsors for \$100. Checks can be made payable to Carlstadt P.B.A. Local 312 and mailed to PO Box 306, Carlstadt, NJ 07072. Contact John Sanzari, James Winand, or Steve Ondrof at 201-438-4300, for more information. ###

TEB 5K Run July 18

The 18th Annual PSE&G Bergen County United Way Teterboro Airport 5K Run is scheduled for 8:30 a.m., on July 18, 2015, at Jet Aviation (*Moonachie Avenue*).

Last year's event attracted about 600 runners and this year even more are expected.

Well known as a "must-run" summer race, the course is certified and sanctioned by USATF and is a Grand Prix Series Race.

The course is flat out and back with only five turns, two water stops and mile clocks on the runway. Run is 500 USATF-NJ NBGP points.

Over \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, Chrono-Track B-Tag Scoring, United

Way Mini-Flyer Dashes, Food, DJ, etc.

Registration fee is \$25 before July 13, and \$30 on race day. Early registration is advised. Registration site - www.raceforum.com/teterboro.

Security will be tight. Two forms of ID are required. All bags are subject to be searched. No one will be allowed entry to the airport and race staging area after 7:55 a.m.

Proceeds will be used to provide direct services to the most vulnerable residents in our community.

Race director is Cheryl Moses. Results will be at: www.compucore.com. For more information go to: www.bergenunitedway.org ###

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Knights Annual Father's Day Breakfast June 21

On Father's Day, June 21, 2015, the St. Anthony Council Knights of Columbus from Wood-Ridge will be holding their 8th Annual Father's Day Communion Breakfast.

This year's breakfast will be a special one for two reasons. First, because the Council will be celebrating its 20th Anniversary; it was organized in 1995 and, secondly, they will have as their guest speaker the Provincial Minister of the Holy Name Province Very Rev. Kevin Mullen, OFM.

The Holy Name Province is the largest of seven provinces in the United States belonging to the Order of Friars Minor.

Our Lady of the Assumption of our Blessed Lady Church in Wood-Ridge is the only Church left in the Archdiocese of Newark serviced by the Holy Name Province.

Members of the Knights of Columbus, their friends and families, will attend the 9:30 a.m. Mass at the Assumption Church. The breakfast will take place at the Fiesta following the Mass.

Tickets are \$18 per adult and \$16 for children 9 and under. For tickets, contact a member of the Wood-Ridge Knights of Columbus. *Story by Peter Gallo Jr. ###*

PRAYER TO ST. JUDE

Oh Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near knisman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to who God has given such great power to come to my assistance. Help me in my urgent petition. In return I promise to make your name known and cause you to be invoked. Say three Our Fathers, Hail Marys and Glorias.

Publication must be promised. St. Jude, pray for us all who invoke your aid, Amen. This novena has never been known to fail. This novena must be said for nine consecutive days. FOR ###

News From the Porch

Collecting new baby items

During May, in honor of mothers everywhere, the "From the Porch Ministry" will be collecting new baby items.

They will be participating with "Operation Top Knot," a program of Soldiers' Angels, which provides baby showers for military families. Military deployment always brings loneliness but particularly when a new child is born and families are separated.

New mothers or expectant spouses of service members deployed as well as active duty female members of our Armed Services will receive these gifts as a reminder of our gratitude and support.

Any new items you would normally bring to a baby shower – clothing, rattles, pacifiers, bibs, etc., can be given. New handmade items are also particularly appreciated – blankets, quilts, hats, booties, etc.

Please leave your gifts on the porch at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights.

If you have any questions, please call 201-288-6889 or visit holytrinityhasbrouck-heights.com ###

Anointing Mass May 16

All are invited to attend a Mass of the Anointing at Most Sacred Heart of Jesus Church in Wallington on Saturday, May 16, 2015 at 11 a.m.

Come and experience healing, peace and comfort for your mind, body, heart and soul through community prayer and anointing. Light refreshments will be served in the parish Great Hall immediately following the service. For more information, call Ginny at 201-715-2087. ###

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.-- General Dwight D. Eisenhower

Jersey Jubilation Handbell Choir Concert May 1

The Jersey Jubilation Handbell Choir will perform at the First United Methodist Church, 57 Burton Avenue, Hasbrouck Heights on Friday, May 1, 2015 at 8 p.m. Tickets are \$12.

The choir was established in September 2004 as a not-for-profit performance level community choir whose purpose is to bring the unique sound of handbells to audiences in the area as well as to educate audiences of the musical techniques involved with handbells and handchimes.

The twelve ringers come from Bergen, Passaic, Hudson, Morris and Salem counties in New Jersey as well as New York City.

The choir presents a wide variety of music including arrangements of sacred, classical, folk songs and spirituals and secular music in addition to original works for handbells. This year will feature a few songs from the movies.

The concert will take place in the Church sanctuary, followed by complimentary gourmet desserts and coffees in Fellowship Hall. For tickets or further information, call Elsie at 201-288-0324 or Arleen at 201-797-7121. ###

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May 2015 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, May 4, 11, 18

10:00 a.m. to 3:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

10 a.m. to 3 p.m. Senior Lounge open to all

Tuesday, May 5, 12, 19, 26

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Card Game Night

Wednesday, May 20, 27

10:00 a.m. Games, cards & coffee

10:00 a.m. Mahjong

2:00 p.m. Senior Aerobics \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

Thursday, May 7, 14, 21, 28

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

10 a.m. to 2 p.m. Senior Lounge open to all

Friday, May 1, 15, 29

1 p.m. to 3 p.m. Games, cards & coffee

12 p.m. Zumba Gold \$1.00

Friday, May 8, 22

10:00 a.m. Fun Bingo

12 p.m. Zumba Gold \$1.00

1 p.m. to 3 p.m. Games, cards & coffee

Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday, May 6

10:00 a.m. Executive Board Meeting

Wednesday, May 13

12:30 p.m. Leisure Club Meeting

Program: Rhonda Denet, Blues Singer

Wednesday, June 10

12:30 p.m. Leisure Club Meeting

Program: Flavian - Mentalist

UPCOMING EVENTS

Trip to Woodloch Pines

Thursday, October 15, 2015

Luncheon and entertainment. \$60 per person.

Contact Dorothy at 201-288-9537

**The Hasbrouck Heights Municipal Building
will be closed on Monday, May 25, 2015
in observance of Memorial Day.**

Lodi Senior Club News

The Lodi Senior Citizens Club has meetings on the second and fourth Tuesday of the month for members only. New members are welcome. Any Lodi resident over the age of 55 is welcome. The cost of membership is \$10 per year.

Every Thursday, the Club opens at 10:30 a.m. to 3 p.m. and non-members are welcome.

Programs include: Senior exercise at 11 a.m. to 12 p.m.; line dancing 1 p.m. to 3 p.m.; Bingo, 1 p.m. to 2 p.m.

They also have a pool ta-

ble, a 16 foot shuffleboard, card playing, a small library, games, chit-chat and bocce (*in season*).

Refreshments are served.

For information, call the Club during the times it is open at 973-472-6994. A senior bus is available for those requiring transportation. For bus information call Kim at 973-332-1331 between 8 a.m. and 4 p.m.

Scheduled 2015 Trips:

• June 17: Mt. Haven, PA - Italian Feast/show

• August 12: Renault Winery Luncheon/AC Casino

• October 7: Villa Roma, PA, Luncheon/show

• December 4: Christmas at the Venetian ###

Moonachie Seniors

The next Moonachie senior trip will be at Doolan's in Spring Lake on Wednesday, May 13. The show is called Legends in Music, featuring the hit songs of Patsy Cline, Judy Garland and Neil Diamond. The cost is \$52. The bus leaves at 9:30 a.m.

Following that, they will be going to Mt. Haven on Tuesday, June 16. It will be the Joey Vincent Show, the best one man show you will ever see. Upon arrival, you will enjoy an all you can eat breakfast, followed by your choice of Bingo or a movie, a buffet dinner, and a four hour open bar. The cost is only \$45. The bus leaves at 9 a.m.

On Wednesday, July 8, the seniors will be going to the beautiful Hunterdon Hills Playhouse to see a very entertaining production entitled, "Twist and Shout." It will feature the music of Burt Bacharach, the Beatles and the Four Seasons.

The menu of delicious meals and desserts are always sure to please your palate. The cost is \$59. The bus leaves at 9:30 a.m.

The prices for all trips include taxes and gratuities. The buses leave from the Moonachie Center on Moonachie Road, behind the First Aid Squad.

Join your friends for a day filled with entertainment, fun, feasting and having a chance to win some prizes. For more information and meal selections, contact group leader Audrey at 201-641-4334. *Provided by Charles R. Pallas. ###*

Carlstadt Senior Friendship Club

On May 6, 2015, Ms. Rhonda Benjamin will speak at the Club about elder law. A trip to Doolan's in Spring Lake is scheduled for May 19; Papermill Playhouse on June 18 and an extended trip to Woodloch Pines in Pennsylvania for May 11-15.

Carlstadt seniors are encouraged to join the Club and participate in its activities. Call Vinnie at 201-933-4733.

The Carlstadt Senior Friendship Club meets on the 1st and 3rd Wednesday of the month at 1:30 at the Civic Center, with coffee and refreshments served at 1 p.m. Good information and humor are part of their programs.

Please feel free to join. Bingo is played at each meeting with a Jackpot Bingo giving out \$25. You may be a winner if you come to the meetings and play. *Eleanor Costa. ###*

Yield to Pedestrians

Apache Twins Entertain at AARP Meeting

On the afternoon of April 10, 2015, the Central Bergen Chapter #418 of AARP where treated to a first-rate performance by the Apache Twins.

The twins (*Joe and Charles Nicklus*) reside in Garfield. In fact, they are graduates of Garfield High School. They specialize in Country/Oldies songs. Songs that are well known to everyone; in fact, many members sang along with the duo.

Out of thousands of duos that auditioned in Nashville in January 2008, they were selected to be flown out by CMT to Nashville to appear on CMT - CAN YOU DUET-TV Show. That same year, the Apache Twins were considered to be one of the top 100 country duos in the country.

Today they entertain and sing for the handicapped, dances and concerts, hospitals, nursing homes, senior clubs



throughout the New York and New Jersey area bringing joy and happiness to all.

During the meeting portion of the afternoon, President Marie Gallo encouraged the members to attend the June Luncheon. It will be held at the Maywood Inn on Friday, June 12. The luncheon will be Marie's last meeting as president of the Chapter after serving in this office for the last eight years. *Photo and story by Marie and Peter Gallo Jr. ###*



Leisure Club Celebrates 65th Anniversary

Sixty-five years ago a group of Hasbrouck Heights women decided that the community needed an organization for senior citizens. Thanks to their efforts, the Leisure Club of Hasbrouck Heights was founded. At their monthly meeting on April 8, 2015, eighty-two members of the Club formally celebrated the Club's anniversary.

Mayor Rose Heck was on hand to read and present a Proclamation to the Club recognizing its service to the senior citizens of the community and its growth during the last 65 years. Mayor Heck did extensive research to identify the names of the women responsible for the birth of the Leisure Club. The Proclamation was presented to current president Peter J. Gallo Jr. On hand were past presidents Michael Cahill and Rose Mulle.

The members were treated to a pizza party. The pizza, which everyone enjoyed, was obtained from **Vivianna's Pizza** located on Williams Avenue. The anniversary cakes

(*one chocolate and one vanilla*) were donated by CareOne at Wellington located in Hackensack. The members also were served soda, coffee and tea.

The entertainment for the afternoon was provided by Art Maglionico and Jack Sepede better known as "Two for the Road." They are two great entertainers who add comedy to their act. They sang and joked around for almost two hours allowing all members to enjoy their pizza and cake.

During the meeting portion of the afternoon, it was announced that Vice President Kathy Murray will be relocating to South Carolina by June 2015. Treasurer Dorothy Fitzin will be moving up from Treasurer to Vice President and Frances Visco will move up from Assistant Treasurer to Treasurer. At this time no one has been selected to assume the Assistant Treasurer's position. *Photos and story by Marie and Peter Gallo Jr. ###*

aarp.org • ssa.gov
medicare.gov

Senior Insurance

By Robert N. Frank



Medicare: Steps to Take Towards Enrollment

Every day 10,000 individuals turn 65 years old and Medicare Parts A & B become available.

But, how does one decipher the difference of what your personal needs are when you are inundated with a plethora of information? Information which comes not only from Centers of Medicare but also directly from the insurance companies as well.

It can be a very overwhelming and daunting experience. How do you break down all this information where it is tailored to your requirements and you are making sound decisions about your health needs?

There is no secret on how to go about it; it is called being prepared when the time comes and definitely planning ahead (*which is the most critical part of the process*).

Planning ahead before you reach age 65 requires several steps on your part. While you are still at the age of 64; 3 months prior to your 65th birthday or 3 months past it, you need to contact Social Security to enroll in Medicare for Parts A & B, this can be done by either going to your local Social Security office or online to www.ssa.gov.

If you are already receiving Social Security or Railroad Benefits, you are automatically enrolled in Part A and B coverage on the day you turn 65. Please note, if you do not sign up for Part A, Part B or both when you are eligible, there is an open enrollment period between January 1 to March 31st every year, however, you may be required to pay a penalty for late enrollment and this becomes an annual addition to your Medicare, unless you qualify for low income subsidy (LIS) or a state funded pharmaceutical assistance plan, like PAAD NJ.

If you decide to continue

to work and have a group insurance policy through your employer or spouse's employer, you may be able to delay Medicare enrollment; this will require you to seek out how the group plan synchronizes and aligns with Medicare.

If you are paying into the company plan and exceed what would be paid with Medicare with either an Advantage Plan or Supplemental Plan, it might behoove you to move into Medicare Part A and B.

If you wish to delay your Medicare enrollment, you may sign up without penalty after your employment or coverage ends, whichever comes first.

This is usually completed during an eight-month period beginning the month after your employment or coverage ends.

- What if I have COBRA health plan for another form of coverage, will I still be qualified for a special enrollment period once it ends?

That question has emanated throughout many individuals' lives, specifically Medicare eligible individuals. To answer the question, COBRA plans are not considered creditable coverage based on current employment and are not eligible for the special enrollment period when that coverage ends.

Researching the plans available is the other part to being prepared for Medicare. Part A covers hospital, Part B covers medical, however, it only pays 80% of the Medicare approved amount leaving the individual to pay the balance.

- What are some of the programs available to you which cover the balance or perhaps no balances? There are several types of policies the individual can avail themselves to: Medigap which are called Medicare Supplemental Insurance policies.

They cover the health care costs that original Medicare does not, for example: co-pays, coinsurance, and deductibles. With Medigap policies the

plans are standardized according to federal and state laws, however the premiums can vary substantially from one carrier to the other.

The second type of policies available are HMO's, PPO's which are considered Medicare Advantage plans. These plans are offered by private insurance companies only approved by Medicare. Generally there are premiums with these plans but, but many offer low to zero premium options.

They provide Part A and Part B coverage and many include prescription drugs unlike Original Medicare where you would have to purchase a stand-alone drug plan. These policies usually have co-payments to primary doctors, specialists and prescriptions.

One other main issue is that you need to know if your doctor accepts assignment, the benefit to assignment is that you will not have to pay up-front for treatment, file a claim form, and or have to wait for reimbursement, the health care provider does all these services for you.

If your doctor does not take assignment he/she may charge something called Medicare Excess or 15% above the Medicare allowable charges. Another

option available is if you qualify based on income, there are prescription assistance plans offered by some states, Rx manufacturers and other programs which allow you to have either discounted or zero co-pays for your prescriptions.

Sound confusing? Sound daunting? How about overwhelming? It is, and the way to navigate through this plethora of information and decision making is to consult a knowledgeable licensed Health Care Advisor.

One who is a General Agency who carries all the products and is truly interested in you and your needs,

not just interested in a sale. They can research your doctors as to whether or not they accept Medicare, look up all the prescriptions you are taking, understand your health and financial concerns and guide you towards the policy that makes sense for you and one that meets your personal needs.

By working with someone you can trust, will set you on a path where you can transition into Medicare with ease and comfort of knowing there are people who have your back.

Robert N. Frank, Absolute Insurance Management, 164 Route 45 E, Lodi, 973-4700-8333, www.AimMedicare.com

Vic Hoofers

Vic's Hoofers will meet on Thursday, May 7, 2015, at the Carlstadt Civic Center at 7 p.m. and the activity will be "Ain't It A Shame." Planning Committee and officers should bring three wrapped gifts, which could include some fun gifts. Refreshments will be served by Eleanor, Cookie and Dottie Crifasi. Ladies from the surrounding towns are invited to join this fun social club. Dues are \$15 per year, due this month. Call Lucinda -201-933-1643. ###

Little Ferry Senior Trip

The Little Ferry Seniors are going to the Rocking Horse Ranch, from Monday, June 15, to Friday, June 19, 2015. The price is \$609 per person double occupancy, single \$729 each and triple is \$599 each.

Please contact Ann at 201-641-6298 for more details. *Ann Caniano. ###*

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Spring Allergies

Spring is the time of year that we normally think of when it comes to seasonal allergies.

As the trees start to bloom and the pollen gets airborne, allergy sufferers begin their annual ritual of sniffing and sneezing. Each year, 35 million Americans fall prey to seasonal allergic rhinitis, more commonly known as hay fever.

What causes spring allergies?

The biggest allergy trigger is pollen -- tiny grains released into the air by trees, grasses, and weeds for the purpose of fertilizing other plants. When pollen grains get into the nose of someone who's allergic, they send the immune system into overdrive.

The immune system, mistakenly seeing the pollen as foreign invaders, releases antibodies -- substances that normally identify and attack bacteria, viruses, and other illness-causing organisms. The antibodies attack the allergens, which leads to the release of chemicals called histamines into the blood. Histamines trigger the runny nose, itchy eyes, and other symptoms of allergies.

Pollen can travel for miles. The higher the pollen count, the greater the misery. The pollen count measures the amount of allergens in the air in grains per cubic meter. You can find out the daily pollen count by watching your local weather forecast. Allergy symptoms tend to be particularly high on breezy days when the wind picks up pollen and carries it through the air. Rainy days, on the other hand, cause a drop in the pollen counts because the

rain washes away the allergens.

How are spring allergies diagnosed?

If you've never been formally diagnosed with spring allergies but you notice that your eyes and nose are itchy and runny during the spring months, see your doctor. Your doctor may refer you to an allergist for tests.

What's the treatment for spring allergies?

Doctors treat spring allergies with a number of over-the-counter and prescription drugs.

Even though you can buy these allergy drugs without a prescription, it's a good idea to talk to your doctor first to make sure you choose the right medication.

If over-the-counter remedies don't help allergies, your doctor may recommend a prescription medication or allergy shots.

Allergy shots expose your body to gradually increasing doses of the allergen until you become tolerant of it. They can relieve your symptoms for a longer period of time than oral and nasal allergy medications. Although they don't work for everyone, in people who do see a response, allergy shots can stave off symptoms for a few years.

How to manage spring allergies

It's nearly impossible to completely avoid spring allergies if you live in an area where plants grow. However, you can ease sniffing, sneezing, and watery eyes by avoiding your main allergy triggers. Here are a few tips.

Try to stay indoors whenever the pollen count is very high (pollen counts usually peak in the mornings).

Keep your doors and windows closed whenever possible during the spring months to keep allergens out. An air purifier may also help. *Source: www.webMD.com* ###



Filling You In

By Jeffrey E. Mason, D.M.D.

Allergic Reactions

Allergic reactions are sensitivities to a specific substance, called an allergen, that makes contact with the skin, or is inhaled into the lungs, swallowed, or injected.

Some allergic reactions are mild, while others can be severe and life-threatening. Allergic reactions often occur more frequently in people with a family history of allergies.

Substances that don't bother some people (*including certain medications*) can trigger allergic reactions in others.

What might cause an allergic reaction in the dental office?

Allergic reactions that occur in the dental office may be caused by materials or medications. These allergens may include:

- Latex. Latex can be found in many medical or dental supplies and devices, such as masks, gloves, and syringes.

Unlike some consumer goods made from synthetic latex, natural rubber latex is derived from a milky substance found in rubber trees. Some individuals have developed hypersensitivity to proteins derived from natural rubber latex, which can cause allergic reactions.

If you are allergic to latex, ask your dentist if he or she has latex-safe products available for use during a dental procedure or surgery.

- Local anesthetic. Local anesthetics are used to numb your mouth and gums when you undergo certain dental treatments.

Although allergic reactions to local anesthetics are rare, they can occur. If you have had reactions to local anesthesia in the past, be sure to tell your dentist before you undergo any treatment.

Your dentist can find alternative ways to anesthetize you to prevent any adverse

reactions.

What are the symptoms of an allergic reaction?

A person who is allergic can experience a range of symptoms, including itchy, swollen eyes; a runny nose; and sneezing.

Hives, dermatitis (skin rash), and asthma also are common reactions. The most severe allergic reaction is the potentially fatal condition known as anaphylactic shock, which is characterized by the following symptoms: generalized flushing of the skin; hives; mouth and throat swelling; difficulty in swallowing or speaking; changes in heart rate; abdominal pain; nausea and vomiting; anxiety; a sudden feeling of weakness (*due to a drop in blood pressure*); and unconsciousness.

What should I do if I am allergic?

If you have allergies, be sure to tell your dentist and dental staff, and make sure that the information is included in your patient chart.

If you have had severe allergic reactions, you should consider carrying an epinephrine kit (EpiPen®) and use a medic alert bracelet that clearly states your allergy. You also may want to carry a letter of explanation from your physician.

If you have allergic symptoms following a dental procedure, consult your dentist and physician immediately. If you experience a severe allergic reaction after a dental procedure, you should go immediately to the hospital emergency department where you can be closely monitored and treated.

If you have questions about allergies and allergic reactions, talk to your dentist.

If you have allergies, be sure to tell your dentist and dental staff, and make sure that the information is included in your patient chart. *Ref: Academy of General Dentistry, 2013*

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



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Help REACH

Help Our Citizens

REACH is an ecumenical group of volunteers formed more than 20 years ago by interested persons from the Churches in Hasbrouck Heights to help our residents by transporting them to and from medical services when no other means of transportation are available. This service is generally provided Monday, Wednesday and Friday from 9 a.m. to 5 p.m., excluding holidays.

People needing this service should call REACH at 201-441-3350 before 9 a.m. on the day of their appointment to request the service.

The inside volunteer receives the requests and provides the driver of the day with names, telephone numbers, time and destinations requested.

The volunteer driver will call the person needing the service to confirm the information provided. The driver will arrange for a return trip while transporting to the destination.

Both the inside volunteers and drivers serve one day at a time on a pre-scheduled basis which approximates once a month.

The Churches of Hasbrouck Heights collectively support this service, together with voluntary contributions from those being helped.

Anyone willing and able to act as either an inside volunteer or driver for this important service to Hasbrouck Heights is cordially requested to call Regina at 201-288-1283.

Please help REACH to help our community. PG ###

Yoga is Back

The Carlstadt Library offers yoga classes every Saturday from 10:30 a.m. – 12 p.m. beginning May 2, until June 27, 2015. No class Memorial Day weekend, May 23.

Registration can be made by phone or in person. Preference given to Carlstadt patrons. Space is limited to 10 people. Call 438-8866 ex. 204 www.carlstadt.bccls.org for details. ###

ThyCa Meetings

Thyroid Cancer Survivors' Association, Inc. meets the first Thursday of every month from 6 to 8 p.m. at the W-R Memorial Library. All are welcome. No registration required. Call Kerrie at 860-938-6996 for more information. ###

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Don't Text and Drive

NJ State Flag

The next time you pass a public building, take a look at the New Jersey Flag. It is not only a nice looking flag, it is also a symbol of our great heritage. Why is it that color and who was responsible for picking that color? What do the symbols on the flag stand for?

The color of the New Jersey Flag dates from 1779. General George Washington was directed by the Continental Congress to assign uniforms for regiments of the Continental Line. General Washington ordered that regiments from New Jersey would wear blue with buff facings. The Continental War Offices directed, effective February 28, 1780, all regiments should carry two flags; one to be the Flag of the United States and the other the color of their uniform facings. Buff has been the color of the state flag for over two hundred-thirty years. The flag bears the Coat of Arms of the State of New Jersey.

In September of 1776, the two houses of the New Jersey Legislature appointed a joint committee to design a seal for the state. The committee returned on October 3, 1776, and proposed that three plows be displayed on a shield. This was to represent agriculture. The shield was to be topped with a helmet which denoted

sovereignty and a crest of a horse's head. The horse is the official state animal. The shield is supported by two goddesses. Liberty is the one on the left. She holds a staff in her right hand. Atop the staff is a red cap with a blue band. On the band are six white stars. Ceres, the Roman goddess of the harvest, is standing on the right. In her left hand is a cornucopia bearing apples, plums and grapes. The two goddesses stand on a three part scroll. The two upper folds have the words "Liberty and Prosperity." The lower fold has the date "1776."

There were a number of versions of the flag until 1896 when a joint resolution of the State Legislature made the current design official. Shortly after 1900, the color blue became the predominant color on the arms. *Story by James Halloran. ###*

VFW Post 4591 Meeting Schedule

VFW Post 4591 in Hasbrouck Heights holds their general membership meetings on the first Tuesday of the month at 7:30 p.m. Veterans are welcome.

Officers meetings are held on the last Thursday of the month at 7 p.m. For more information call the Post at 201-288-1112 between 9 to 11 a.m. ###

DAV Meets

The Disabled American Veterans, Bergen County Chapter 15 invites Veterans who have incurred disabilities as a result of their service in the Armed Forces to attend monthly meetings 7:30 p.m. the third Tuesday of the month (*except July and August*) at VFW Post 809, 100 Main Street, Little Ferry, NJ.

Chapter Service Officers are available to file claims for compensation on your behalf. For additional information call Commander Ignazio Valente at 201-421-5922 or email: davchap15@yahoo.com ###

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Veterans Today

By Thomas Marshall

Tomb of the Unknown Soldiers

At the end of World War I in 1918, the grief over the loss of so many lives was great. It is bad enough to know when a family member or a friend was killed in battle, but what made it worse for many was the fact that many of the dead could not be identified.

Many of our fellow countrymen at the time wanted to honor those that could not be traced or identified.

They pushed Congress to select one soldier from the War and have him entombed in a place of honor. He would represent all the Unknown Soldiers from America's past conflicts and wars.

So it was, as ordered by the people, so it was done by our Congress. In 1921, a resolution was passed and an order was given to the U.S. Army Quartermaster Corps to select one Unknown Soldier for the honor of internment in Arlington National Cemetery.

Four Unknown Soldiers were selected from four battlefields, the Aisne-Marne, Meuse-Argonne, Somme and St. Mihiel cemeteries.

Great care was taken to prove they were Americans by uniform, location of death and original internment.

The four caskets were taken to the Hotel de Ville and one had to be selected. On the morning of October 24, 1921, with the Quartermaster General and the Commanding General of U.S. Forces in Germany and many other dignitaries, Sergeant Edward Younger was ordered to select one.

He slowly entered the room, circled the caskets three times and placed white flowers on the third casket from the left. He then came to attention and saluted. The selection was made. The casket with the Unknown Soldier lay in state in the city of Chalons with an Honor Guard of U.S. and French troops.

French citizens came to pay their respects and placed flowers at the casket. It was then transported by caisson to the rail station where it was taken to Le Havre where it was placed on board the USS Olympia for the journey home.

As the Olympia slowly pulled away from the pier, French Destroyers fired gun salutes to the Unknown Soldier. When the Olympia pulled into

the Navy Yard in Washington, D.C. on November 9, 1921, the casket was escorted to the Rotunda of the U. S. Capitol and lay in state.

Thousands of people came to pay their respects to the Unknown Soldier that paid the ultimate price for liberty. On November 11, 1921, the casket was placed upon a caisson and under military escort as well as the President and Vice President; it was taken on procession to Arlington National Cemetery.

Once it arrived at the Memorial Amphitheater, the Unknown Soldier was given a funeral accompanied by Military Honors and an address by President Warren G. Harding.

The President presented the Medal of Honor to the Unknown Soldier. He was given a 21 gun salute as well as the playing of "Taps" and was placed in the marble crypt.

This doesn't end the story of the Tomb of the Unknown Soldier. In 1923 someone with no respect for the dead, damaged the tomb with graffiti. With this lack of respect a civilian guard was posted to watch over the Tomb. In 1926 the U.S. Army took over the duty of guarding the Tomb. Also, funds were allocated to build a sarcophagus using marble from Colorado. It was built and it appears as you see it today.

After World War II, the people once again ordered Congress to select an Unknown Soldier for internment from World War II. Congress then ordered the Secretary of War to select one for internment on Memorial Day in 1951. This was put on hold due to the outbreak of the Korean War in 1950.

Once the ceasefire of 1953 was declared, it was decided to bury an unknown from World War II and the Korean War. The selection process was complicated by the fact World War II happened in two theatres, the Pacific and in Europe.

Four Unknown Soldiers were exhumed from the Philippines and two Unknowns from the National Memorial Cemetery of the Pacific in Hawaii.

The four Unknowns from the Philippines were flown to Hickam AFB on April 29, 1958. There they joined the other two caskets.

Once it was determined that no possible identification of these remains was possible

the six caskets were taken to a grassy knoll under the water tower at Hickam AFB to await the final selection process.

Colonel Glenn T. Eagleston of the U.S. Air Force was selected to choose. He picked up a lei and approached the caskets. He placed the lei on the casket of his choice. Prayers were offered as a dedication, the National Anthem was played. The Pacific Unknown Soldier had been selected.

At the Epinal American Cemetery and Memorial in France, Unknown Soldiers' remains were assembled to choose a candidate from the European Theatre.

Thirteen caskets were assembled and Army Major General Edward Joseph O'Neil was designated to make the final selection. A Chaplain gave a prayer for guidance and Major General O'Neil moved to the caskets.

He paused at each one in a solemn salute. He then picked up a red, white and blue wreath and started at his original position. He then placed the wreath in front of the 5th casket from the east and saluted.

The European Theatre's candidate was selected. The remains were placed onboard the USS Blandy to begin their final journey home.

Four caskets were exhumed from the National Cemetery in Hawaii. Each casket held an Unknown Soldier from the Korean War. They were taken to the Army's Mortuary at the Kapalama Basin.

There Master Sargent Ned Lyle, a recipient of the Distinguished Service Cross for action in Korea selected the Korean War's Unknown Soldier. He paused as he looked at each casket. He then walked over to the end one on his left and placed a wreath and delivered a hand salute. On May 17, 1958, the Korean War Unknown and World War II's Pacific Unknown were transported to a U.S. cargo plane and flown to Guantanamo Bay, Cuba. In Cuba, the caskets were put on board the USS Boston and went to rendezvous with the Blandy.

Once the two ships met at sea off of Virginia, the European remains were sent by highline to the USS Boston.

Honors were rendered as the ships paid their respects to the dead and now the three caskets were together on the Boston.

One final selection had to be made. The Boston rendezvoused with the USS Canberra where all three caskets were sent by highline, to the Canberra.

Hospital Corpsman First Class William R. Charette, a recipient of the Medal of Honor, was given the task of selecting between the Pacific Theatre

and the European Theater caskets. He paused and stood silent for a long moment, looking at the caskets. He started to his left, then turned right placed a wreath on the right casket and saluted. The selection was now complete. The casket selected, along with the Korean War Unknown was sent back to the Blandy.

The casket not selected was buried with Military Honors at sea. The USS Blandy took the two selected caskets up the Potomac River. The Blandy, in accordance with U.S. Naval tradition, rendered Honors as they passed Mount Vernon, the Home of President George Washington and brought the remains to the Capitol on May 28, 1958.

Once in Washington, D.C. the caskets lay in state at the Capitol Rotunda.

There, Vice President Richard Nixon, who presided over the Senate, placed a wreath at the two caskets.

On May 30, 1958, the U.S. School of Music Band sounded attention. Military and civilians joined in the procession to Arlington National Cemetery. At the Washington Monument, cannon fired a 21 gun salute as the caskets were moved to the cemetery. Once there, the caskets were placed in front of President Dwight Eisenhower and Vice President Richard Nixon.

The President presented both unknowns the Congressional Medal of Honor. The National Anthem was played, along with Taps. Prayers were offered and the Unknowns were placed on each side of the World War I Unknown and entombed.

Unfortunately, these would not be the last ones buried from a far off war. Nine years after the end of the Vietnam War the remains of a soldier found near a stream in An Loc back in 1972, and known only as X-26, was chosen by Sergeant Major Allan Kellogg Jr., a Marine that had received the Congressional Medal of Honor, to be the Vietnam War's Unknown Soldier.

The Unknown Soldier was given a ceremony at Pearl Harbor and placed on board the USS Brewton and taken across the Pacific to the Alameda Naval Base in California. There it was taken to Travis Air Force Base and flown to Washington.

When the casket arrived General Westmorland and many dignitaries were there to welcome the Unknown home. The casket was taken to the Capitol Rotunda and lay in State.

On May 28, 1984, the funeral procession for the Unknown Soldier began. The procession of military and civilians along with Veterans of all organizations marched to

Arlington National Cemetery as an escort for the Unknown Soldier.

They paused at the Vietnam Memorial to receive a salute from Vietnam Veterans from all the states and Territories of the U.S. President Ronald Reagan, as Presidents had done before, bestowed upon the Unknown Soldier the Congressional Medal of Honor.

There he was entombed with his comrades of the past three wars. This Unknown Soldier had a different outcome though. With the science of DNA, he was exhumed and able to be identified. He was returned to his family in St. Louis, Missouri.

Today the Vietnam Tomb lies empty. It is hoped that all the Missing and Unknown Soldiers will one day be identified.

Every Memorial Day, the President places a wreath at the Tomb of the Unknown Soldiers. People go and watch the Honor Guard as they go through the drill of marching back and forth.

Impressive as it is, sometimes we forget exactly why they are there going through those motions.

This information is placed here to remind us all about the price of liberty. It can be found at <https://tombguard.org> for anyone that would like to see photos and the full story of these great and brave men.

To me they are not unknown. We know who they are, they are our countrymen, and a representation of the best our society produces. May they forever rest in peace. ###

Loyalty Day Service May 3

The Petersilge-Velock V.F.W. Ladies Auxiliary and Post 809 will sponsor a Loyalty Day Program, on May 3, 2015 at 6 p.m. Open to the public.

The program will be held at the V.F.W. Post 809, 100 Main Street, Little Ferry.

They will also pay tribute to all the students of Moonachie and Little Ferry Schools that were winners in their Americanism Contests.

The Auxiliary has chosen Lynda Hayes as America's Best Education Teacher. The Principal speaker will be Maura De Nicola, Bergen County Freeholder.

You are cordially invited to attend and show the community's support to all the winners. Any questions call Adele 201-641-2298. ###

whitehouse.gov/joiningforces
woundedwarriorproject.org

vfw.org
legion.org
kwva.org
vva.org

Memorial Day 2015 Services

The public is encouraged to participate in these patriotic events.

Carlstadt
On May 25, 2015, starting at 9 a.m., at the American Legion, Veterans will march along 3rd Street and end at Berry Lawn Cemetery. Wreaths will be placed at Borough Hall at Memorial Park on Hackensack Street.

Hasbrouck Heights
The Annual Memorial Day Parade is scheduled to start at 10 a.m., on May 25, 2015, at Williams Avenue, march along Terrace Avenue and conclude at Memorial Park at Passaic Avenue, followed by services at the Firemen's Memorial at The Circle.
This annual event is co-sponsored by the James B. Scarr Post 106 American Legion and the Veterans of For-

eign Wars Post 4591. Refreshments at the VFW Post Hall follow.

Lodi
On May 25, 2015, memorial ceremonies will take place as follows: Lodi Ambulance Corps Headquarters at 8:45 a.m., Lodi Fire Department, Kennedy Drive, at 9:15 a.m., VFW 10 a.m., American Legion 10:30 a.m. and the Lodi Police Department at 11 a.m.

Little Ferry
On Saturday, May 23, 2015, at 11 a.m., a ceremony will be held at Washington and Memorial Schools, hosted by VFW Post 109. Refreshments at the Post home at 100 Main Street will follow.

Moonachie
On May 17, 2015, at 7 p.m., a Community Memorial Veterans Service will be held at The First Presbyterian Church of Moonachie. all Veterans and emergency services personnel are most welcomed.

On Saturday, May 23, 2015, Municipal Memorial Day services will be held at the Municipal Building at 10:30 a.m. rain or shine.

Rutherford
On Monday, May 25, there will be a Memorial Service at the Union Avenue Memorial Bridge followed by "Taps" Salute at Sunset Park.
A Parade will start at 9 a.m. at Union and Darwin to Borough Hall where a Service will take place.

Wood-Ridge
The Fire Department will hold their Memorial Services on Wednesday, May 20, 2015, at 7 p.m., at Fire Headquarters.
On May 25, an 8 a.m. Mass will be said at Assumption Church.

Veterans services will begin at the Walk of Freedom at the Senior Center at 10:30 a.m., with the parade beginning at 11:30 a.m. at the Veterans Walk of Freedom.

The parade will step-off from the corner of Hackensack Street and Highland Avenue (Senior Center) and head South on Hackensack Street then turn right onto Union Ave heading west. The parade will continue North on Valley Boulevard. The parade procession will end at Windsor Road.

The conclusion of the parade will take place at Veterans Park where festivities will

include refreshments (*hot dogs & ice cream*), strolling musicians, military vehicles and involvement from many local merchants.

USS Ling
A Memorial Day Service will be held at the New Jersey Naval Museum, located at the USS Ling, on Sunday, May 24, 2015, starting at 13:00 hours.

Tours of the USS Ling and refreshments will follow. ###



Honor Those Who Served -- Fly Your Flag May 25

The Boulevard Mall

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Real Estate Insight

By Mary Ellen Courtney



Is War Threatening?

Two months ago, the National Association of Realtors (NAR) announced that the number of homes in the US had reached a low not seen since 1999.

More homes have hit the market since then, but Lawrence Yun, NAR's chief economist, said in March that in many areas around the nation, the inventory of homes for sale is unlikely to keep up with the number of interested buyers.

He's right! We're seeing it here in our south central Bergen County area where new listings are coming in way too slowly and far too infrequently. Growing buyer demand is being stretched.

Yun goes on to say: "Buyer traffic is 40% above a year ago, so there is plenty of demand but insufficient inventory to improve sales more strongly."

We've transitioned into a seller's market in much of the country." He concludes: We expect a seasonal rise of inventory this spring, but it may be insufficient to avoid more frequent incidences of multiple bidding and faster-than-normal price growth."

For us on the front lines, this year's real estate market may end up resembling a brawl.

Bidding wars were commonplace in the early years of this century when buyers, frustrated by the slow trickle of new listings, pounced whenever any attractive property in their price range came onto the market.

It's beginning to look like that all over again as the ques-

tion increasingly becomes not whether a new listing will get multiple bids but how many it will get.

Some definitions may be useful here. A "multiple offer situation" is where a seller receives two or more written offers on the property. A "bidding war," in contrast, refers to oral negotiations between the listing agent and two or more buyer's agents.

A bidding war typically erupts, if at all, after the seller has received several written offers. The listing agent shops - for lack of a better word - the best offer in an attempt to negotiate the absolutely best contract possible.

Some multiple offer situations escalate when buyers are notified that the seller will look at all offers on a particular date in the future. Buyers are invited to make their 'highest & best' proposals: a higher price, of course, but also maybe the waiver of some or all of the usual contingencies (*inspection, financing, title and/or more*).

Sometimes, the seller might counter one of the buyers in an effort to get slightly better terms. If it stops there, it's not a bidding war. But if the seller - or more accurately the listing agent - then calls another buyer's agent and gives that buyer the chance to beat the first buyer...well then, now we've declared 'WAR'!

Needless to say, it's really disappointing to lose a multiple offer situation. For losing buyers, of course, but also for their agents who invested time and effort in a totally frustrating and unpaid endeavor. Bidding wars are inherently unfair, as not every buyer is included in the bidding war negotiations. And so, many buyers and their agents frequently cry "foul!" when they are subjected to a bidding war.

But is it a 'foul' for the seller to instigate a bidding war? No, it's not. A real estate broker owes very few legal duties to the other parties to the transaction. And he has no legal obligation to keep the

amount or the terms of any offer confidential.

Can a listing agent legally shop an offer? Absolutely. Can a listing agent legally call one buyer's agent, then another, revealing details along the way in order to extract the best offer possible for his client? Again, absolutely!

Frankly speaking though, despite no legal or professional obligation to avoid a bidding war, there are still strong informal professional ethics in play, as well as personal ethics. Most folks just have a general distaste for this sort of ruthless negotiating. And moreover, it very often isn't in the seller's best interests.

That said, it promises to be a very interesting season...

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

Rutherford Taxpayers Meet May 6

The Rutherford Taxpayers Association will meet 7:30 p.m. on Wednesday, May 6, 2015, at the Rutherford Borough Hall.

William D. Galloway will reminisce on "Growing Up in Rutherford from the 1930's." Always active in civic affairs with the Civil Rights, Preservation and WWI Committees, he is presently commander of Murray Hodge Americal Legion Post 453.

The RTA presents information to local citizens in a non-political form. This is done through the regular monthly meetings, open forums on a particular topic as well as newsletters mailed to members.

Dues of \$10 for the 2014-2015 term may be mailed to: RTA, PO Box 361, Rutherford NJ. 07070. *Provided by Virginia Marass. ###*

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Heights 7th Annual Street Fair

The Hasbrouck Heights Mayor's Business Community Committee pleased to announce that the 7th Annual Hasbrouck Heights Street Fair will be held on Sunday, May 17, 2015, from 10 a.m. to 5 p.m., rain or shine, on the Boulevard from Washington Place to Raymond Street.

This event offers something for everyone and is a fabulous community celebration with fun for the whole family.

Mark your calendars and join one of Bergen County's first big festivals of the season with over 150 antique, craft, collectibles, and specialty vendors expected.

Also, many of Hasbrouck Heights' established businesses will be on hand showcasing their products and services.

The Mayor's Business Community Committee has been working with Cliffhanger Productions to bring a variety

of vendors to The Boulevard along with fun for the whole family.

Included in the day's events will be many free attractions and fun-filled activities:

- The main stage will feature Total Soul, William Pompeo and The Pros, plus special guests.
- Free rides and amusements will be presented including a 24-foot hydraulic rock climbing wall, bungee trampoline, trackless train, and a variety of inflatables.
- Children's Stage featuring a variety of children's entertainment, including a choreographed costume character revue featuring the most popular costume TV/Film characters, who will be strolling the street fair, magic show, exhibitions by local talent, and much more!
- Walk-Around Entertainment – everything from clowns and mimes to stiltwalkers and jugglers.
- Facepainters, Tattoo, and Balloon Artists.
- Fun Festival Foods – popcorn, cotton candy, pucker powder, shish-kebobs, kettle korn, ice cream, plus specialty food vendors (sausage and peppers, barbecue, gyros, pizza, hamburgers, and more) and, of course, food from all of your favorite restaurants and eater-

ies you know and love on The Boulevard.

This FREE event is made possible to the community through the generosity of our sponsors. Without the generosity and support of the local businesses, this wonderful event would not exist.

The festival is in its 7th year and has become part of the beautiful landscape that is synonymous with The Boulevard and Hasbrouck Heights.

Mayor Rose Heck noted that sponsorships of Gold, Silver, and Bronze are still available. For further information and to obtain a sponsorship packet, please contact the Mayor's Office through the Borough Clerk, Rose Marie Sees, at: rmsees@bergen.org.

For further information on sponsorship opportunities or if you wish to participate as a vendor, contact **Cliffhanger Productions** at 201-460-8335, or visit the website: www.cliffhangerproductions.com.

"Our initial two goals in putting together this event were to attract more people to our business district and to give people a day of family fun and entertainment. Hasbrouck Heights strives to be a family-friendly town and I believe this is just one of the ways in which we show it," said the Mayor. ###

Farmers' Market Continues

The **Hasbrouck Heights Farmers' Market** is scheduled to begin on June 16, 2015 and continue every Tuesday from noon to 6 p.m. until late September, at the corner of The Boulevard and Central (*municipal parking lot*).

This Farmers' Market is scheduled to host over a dozen vendors this year, and George is back! There may be a food truck.

Vendors, crafters, local artists, musicians, etc., are welcome. According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon at the 2015 Market. Limited positions are available. Call Ray at 201-288-5464 for more information.

During Farmers' Market days, Boulevard businesses are permitted to take advantage of "Sidewalk Sale" opportunities and set up tables in front of their stores. Businesses will organize a town-wide sale on the third Tuesday of each month. ###



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Published Monthly. Issued the first week of the month.
Distributed via U.S. Postal Service and available at select locations.
All issues are available online FREE in pdf format.

343 Boulevard, Hasbrouck Heights, NJ 07604
201-288-8656 • Fax: 201-288-7215
www.The-Gazette-Newspaper.com
Email: advertise@The-Gazette-Newspaper.com
Member: New Jersey Press Association

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Dennis Kronyak Sr.	Contributing Photographer
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Deadlines are: Editorial copy due 7th day of month preceding issue, and completed ad material due 10th day of month preceding issue. Issued about the first week of the month. © 2015 All Rights Reserved. Published by The Iron Horse Advertising and Marketing Company, Inc. Reproduction of any photos requires permission. Photos are available @ <http://gazette-newspaper.smugmug.com/>
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Keep W-R Beautiful Day June 7

The “Keep Wood-Ridge Beautiful” Committee will hold its sixteenth downtown clean up day on Sunday, June 7, 2015, between the hours of 1 and 4 p.m.

Volunteers are once again needed to help clean the shopping districts and raise awareness of the effects of litter in the community.

Last year over 100 volunteers participated! Both adults and children are welcome. The Bergen County Board of Health will provide cleaning utensils, gloves, brooms and bags. Volunteers are asked to meet at the Wood-Ridge Civic Center at 1 p.m.

Hot dogs and other refreshments will be served after the clean up. To sign up please call-Borough Hall at 201-939-0202 (ext. 108) and leave your name and how many adult or children’s shirts should be ordered.

For further information, please contact Council President Ezio Altamura 201-531-0259. Thank you! ###

Learn About Container Gardening

Care on the Corner (COTC) invites you to a Container Garden Workshop 10 a.m., on Saturday, May 2, 2015, in the yard of the Care Center, 333 Franklin Avenue, Hasbrouck Heights.

Create your very own Container Garden that you will bring home to enjoy. Container gardening is a great way to introduce children to gardening. This is also a fun solution for a small garden if you have limited space, poor soil, or not enough sun in your own yard. The Container Garden Workshop is for all ages.

The cost is \$20 per person or \$35 for two family members.

Applications can be obtained by calling the Care Center at 201-288-9460.

If you have any questions, please contact Carol at 201-288-9460. ###

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Virginia Lamb Visits the Hasbrouck Heights Garden Club

Virginia Lamb will be the guest speaker on May 21, 2015 at 7 p.m.

Virginia ahs been an Environmental Educator for over 20 years. She will speak about Vegetable Gardening this summer and explain how quickly and simply to get a garden going even if the beds are not prepared. Emphasis will be on raised bed gardens and soil preparation using no till. Seed selection will also be discussed, as well as succession planting and starting crops in late summer for the fall.

The meeting will be held at

320 Boulevard in The Library Meeting Room located on the second floor.

Elevator is available in the building and parking is behind the building and across the street on Central Avenue. Refreshments will be served at 6:30 p.m.

If you wish to find out more about the Garden Club you are welcome to stay for a short meeting to be held after the speaker has presented her program. The meetings are over by 8:45 p.m. For further information contact Judy at 201-288-2615. ###

Community Garden Project

Care on The Corner (COTC) announced a new Community Garden project starting May 30, 2015. The Care on the Corner Community Garden was developed with support of City Green and Bergen County Master Gardeners.

Community gardens provide fresh produce and plants as well as a way to share land with others in a common cause.

It will be both a traditional garden and a raised bed garden which will help children participate in the project and will require less work for those with limited mobility.

Children helping to work in the Community Garden will be given the opportunity to reconnect with nature and enjoy being outside. The cost is \$15 per person for the entire season starting on Saturday, May 30, 2015 at 10 a.m. Applications can be obtained by calling the Care Center at 201-288-9460. They are also available at the COTC website (careonthecorner.org) and should be returned to Care on the Corner, 333 Franklin Avenue, Hasbrouck Heights.

If you have any questions, please contact Carol at 201-288-9460. ###

Chamber/Garden Club Boulevard in Bloom

Help Keep the Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for over 10 years.

The Hasbrouck Heights Chamber of Commerce, in cooperation with the Hasbrouck Heights Garden Club, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting will be done by the Garden Club at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season. After the summer, the DPW will collect the flower pots and store them for the winter.

The Beta Club from the Hasbrouck Heights Middle School will lend a hand overseeing and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

You can send donations to:

Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604.

Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

Full Flower Moon

The May Full Moon will appear on Sunday, May 3, 2015, at 11:42 p.m. It is called the “Full Flower Moon.”

According to The Farmer’s Almanac, in most areas, flowers are abundant everywhere during this time. Thus, the name of this moon.

Other names include the “Full Corn Planting Moon” or the “Milk Moon.”

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

May Flower
Lily of the Valley



Grocery Bag/Earth Day

Lodi hosted a town-wide Grocery Bag/ Earth Day coloring event on Saturday, April 11 and 18, 2015 from 10 a.m. to 2 p.m. Children from Grades Pre-K - 5th Grade throughout the Lodi area met at The Lodi Memorial Library to decorate a brown paper bag with the focus on Earth Day and send out a message to the community on how important it is to care for our Planet.

Shop-Rite in Lodi donated the grocery bags and when the event was over, the bags were returned to Shop-Rite and placed at the end of each register for their patrons.

Every child that decorated a bag was invited to a Science Assembly at Columbus Elementary School on Monday, April 20, from 5 p.m.-6 p.m. For more information call Jennifer Costello at 973-478-0514. ###

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 Wood Ridge Colonial \$629,000 Reduced! 4 BR, 2.5 Bath Contact: Cheryl Gugliotti @ 201-370-0107	 Kearny Colonial \$524,999 5 BR, 2.5 Bath Contact: Sandra Brady @ 201-394-0784	 Wallington Split Level \$429,900 Reduced! 3 BR, 2 Bath Contact: Brett Hoffman @ 201-981-4088	 Rutherford Colonial \$479,000 Reduced! 4 BR, 2 Bath Contact: Grace Rosas @ 201-615-9191

AGENTS OF THE MONTH!

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Manal Amer

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Stash the Trash

The 7th Annual Stash the Trash Moonachie Community Clean Up was held on Saturday, April 18, 2015 at 10 a.m. About 40 volunteers met at the Moonachie Road ball fields for area assignments. They included: Moonachie EMS, Moonachie DARE, Bergen

Tech Rotary Club, South Bergen Rotary, Moonachie Municipal Alliance, Moonachie Athletic Association, Moonachie residents and employees of Moonachie. The volunteers concentrated on roadside pickup; after the snowy winter, a lot of debris

was deposited on the curb lines during snowplowing. The Craig School and the Redneck Avenue Ballfields were also cleaned. Twenty-four bags of litter and 20 bags of recycling were collected. The clean up was sponsored by Moonachie Clean

Communities, South Bergen Rotary, and Bergen County Clean Communities. All materials for clean-up were provided, as well as a bar-b-que lunch at the conclusion. For more information, call 201-376-8382. ###

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Christie Speaks in Heights

On April 16, 2015, NJ Governor Chris Christie interrupted his New Hampshire visit to host his 135th Town Hall Meeting at VFW Post 4591 in Hasbrouck Heights. The Governor was introduced by Mayor Rose Heck.

He made a presentation about his proposed budget and reform initiatives. He stated that to off-set the pension and

health benefit deficit, sales taxes would need to increase to 10 percent, or increase income tax by 29 percent. He opened the meeting to answer unscripted questions and discuss his positions with the audience.

Outside the building, over one hundred protesters made their presence known. There were no "You Tube" incidents. ###





Lodi Fire Draws Two-Alarms

On Saturday morning, April 4, 2015, the Lodi Fire Department responded to a fire alarm of a 2-1/2 story wood frame home on Liberty Street in Lodi.

About 45 firefighters battled the exterior blaze for the two-alarmer. The first floor kitchen was being renovated. It was reported that firefighters found garbage bags filled with stain and solvent rags and a

paint thinner can along the east side of the house.

Officials suggested that there was the possibility that vapors might have heated to their ignition point and caused the fire.

Due to smoke and water damage to the interior, the building was deemed uninhabitable and the family of three adults was displaced. *Photo by Damien Danis. ###*



On April 1, 2015, the Wood-Ridge Fire Department responded to Park Place West for a gas pipe leak under the train tracks and bubbling in Berry's Creek. Trains were halted while the issue was resolved. *Photos by Dennis Kronyak Sr. ###*



On April 3, 2015, The Carlstadt Fire Department responded to a truck that pulled down power lines and snapping a pole. *Photo by Dennis Kronyak Sr. ###*



Carlstadt FD Recognition Sunday



On Sunday, March 22, 2015, The First Presbyterian Church, led by Pastor Donald M. Pitches, held their 21st Annual Fire Department Recognition Sunday Service for the Carlstadt Fire Department and Auxiliary.

Bagpiper Sharon Dunn led the Carlstadt Fire Department into the Church. The service was open to area mutual aid departments.

Pastor Pitches' theme was "The Call."

There was recognition and presentation of symbols of

service with Pastor Pitches presenting Carlstadt Fire Chief Thomas Sabia with a symbolic key. *(In the 1800s, before whistles and pagers and plectrons, fire chiefs were given the Church key to ring the bells for a fire alarm.)*

The program provided a brief history of the Department, and recognized the 2015 Fire Officers and Former Chiefs of the Department.

Following the service, brunch in the Community Hall was provided by the Department. *Photos by Dennis Kronyak Sr. ###*





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