

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
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May 2016

★★★★★



Personal Best

Although you are part of a team, you know that this is about your personal performance and pride in your athletic abilities. Yes, there were try-outs, training, coaching and practice, plus developing the concentration, motivation and positive imagery to be the Winner. The mental skill-set to be a Star!

There is that critical moment that tests being your best. When at that difficult moment, you are exhausted, want to quit -- reach down into your soul -- draw from your inner strength -- persevere at the toughest moment. Don't quit. Just keep going. Make that extra effort. Maintain focus. Perform at your peak. Be at one with yourself, and be the Winner you really are.

See more photos on pages 18-19.

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"An Enchanted Forest," Juniors, Omar Abdelhamid (Rutherford) and Regina Yoo (River Edge).



"Under Construction," Seniors, Daniella Presti (Hasbrouck Heights) and her partner Jeremy Rick (Dumont), earned one of the top awards given by the Chocolate Competition Judges: "Extraordinary Effort."

Sweet Success

On March 24, 2016, Bergen County Academies in Hackensack hosted its 18th Annual Chocolate Competition. Over thirty students demonstrated their impressive baking, pastry arts and artistic skills. They developed exquisite, edible pieces of art using chocolate as the medium.

Junior and senior students worked diligently during their free periods devising imaginative themed masterpieces that

were judged by industry professionals and visiting dignitaries.

The competition was conceived to encourage the students' creative visions, while applying the skills and techniques they learned in the Academy for Culinary Arts and Hospitality Administration.

The competition was under the supervision of culinary teachers Chef Mary Beth Brace and Chef John Branda. ###

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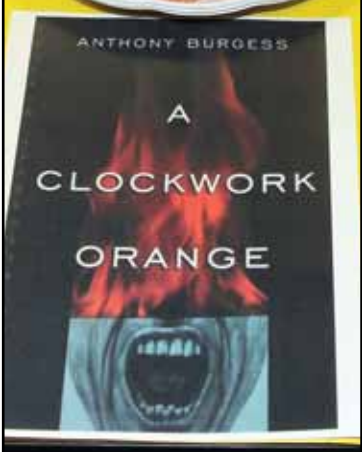
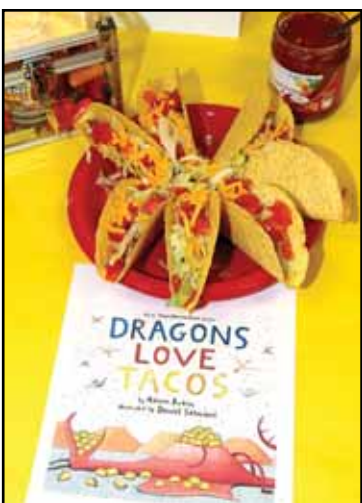
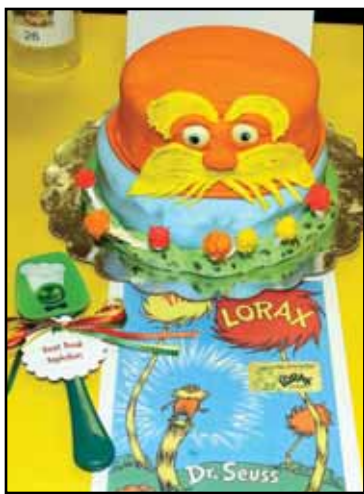
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\$679,000



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2 BR, 2F/1H Baths

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L. Agent: V. Viola, R. Boscarino,
G. Cangiamila



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L. Agent: R. McCullough



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Edible Book Festival

The Friends of The Library of Rutherford hosted their 2nd Annual Edible Book Festival at The Rutherford Public Library on Saturday, April 2, 2016. Any person, family, or group could enter by designing a cake or confection inspired by a book. The entire community was invited to enjoy refreshments, buy basket raffle tickets, and then buy and cast votes for their favorite creations. ###

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Mother's Day May 8

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“Bye Bye Birdie” Returns to WRHS

The students of Wood-Ridge Jr/Sr HS bring the timeless musical “Bye Bye Birdie” to life on April 29, 30 and May 1, 2016 at the Wood-Ridge High School auditorium. The

cast has done a fabulous job preparing for the show. The cast and crew includes a total of 32 students from Grades 7 to 12, including 12 seniors leading the cast.

These talented and dedicated students are not only involved in the musical, but a multitude of sports, as well as many other school-based activities. They are so lucky to have

such a talented cast and crew! They are thrilled to present this wonderful, fun-filled show to the Wood-Ridge-Moonachie community.

Tickets are available at the door - \$10 for general admis-

sion and \$5 per child/ student.

Performance times are as follows : Friday 4/29 and Saturday 4/30 at 7:30 p.m. and Sunday 5/1 at 2 p.m. They hope to see you at the show and thank you for your support! ###

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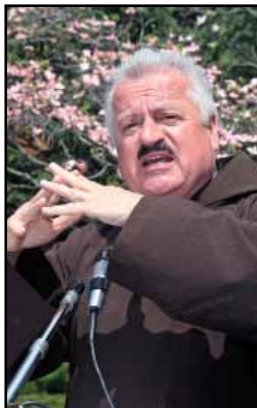
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Felician Community Celebrates Earth Day

The 46th Anniversary of Earth Day was commemorated at the Felician Sisters' Peace Site on Friday, April 22, 2016.

About 100 ICHS students, resident Sisters, teachers, elected officials, and others, joined in prayer and enthusiastic singing during the half hour program.

Students from the Felician College Child Care Center led everyone in an animated song medley, directed by Sister Mary Joellen Zajac.

The opening prayer and comments were given by Rev. Michael Marigliano, OFM,

CAP., with scripture reading by Sister Maria.

Sister Mary Milena Pociask, C.S.S.F., spoke about the environmental concerns in Poland and provided guitar accompaniment.

Sonia Gross, former ICHS student and NJ attorney for legacy environmental clean-ups, spoke about the next generation who will lead the fight in upgrading our world using high efficiency lights, sustainable manufactured products, lowering CO2 emissions, etc.

This was their 8th Annual Earth Day Celebration. It was

led by Sister Mary Virginia Tomasiak and organized by Members of the Felician Sisters' Justice and Peace Committee.

The Peace Site has been in existence for over 25 years and is located at the Felician Sisters' Complex in Lodi.

All were invited to join in the spirit of St. Francis of Assisi, Patron Saint of the Environment, to strive for a deeper commitment to a peaceful co-existence with the earth and all its creatures. For additional information, please contact Sister Mary Virginia at 973-473-7447 ext 114. ###

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AGENTS OF THE MONTH!



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Justin Smith



Joyce Powell

Congratulations!!



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Mother's Day: Give A Blanket

Once again, the Guild of Reformed Church Women of First Reformed Church, Hasbrouck Heights, invite you to participate in their annual Blanket of Honor Sunday project. These \$10 donations per blanket, in honor of or in memory of any or all the significant women in your life, will be accepted through May 5, 2016, for inclusion in the Mother's Day bulletin, May 8.

The proceeds will be used by Church World Service to provide new blankets to be distributed to families wherever and whenever a disaster occurs, whether natural or man-made.

These blankets are used in a multitude of ways, not just for warmth. They provide a measure of dignity, a refuge, a source of protection, a means of carrying all one's belongings, a message that someone cares for them, wherever they may be in the world.

Mail your check (\$10 per blanket) to First Reformed Church of Hasbrouck Heights, PO Box 66, Hasbrouck Heights, NJ 07604. Include the name(s) of the women you wish to honor or remember. The Guild women appreciate your assistance. ###

St. John's Annual Plant Sale

Mark your calendars! Spring is just around the corner and it is time to start planning your gardens.

Nursery grown plants and flowers and hanging pots will

Mother's Day Flower Sale

The Parish Social Life Committee is sponsoring a Mother's Day flower sale.

Orders must be placed by May 1. Pick-up at St. Margaret of Cortona, 31 Chamberlain Avenue, Little Ferry on May 7 and May 8, 2016. Many sizes and flower choices are available. Contact Ellie at 201-641-0883 for flower choices and to place your order. ###

Recycled Regatta

Teams sought for the Third Annual Recycled Regatta event

Hackensack Riverkeeper announces the Third Annual EarthFest Overpeck Recycled Regatta, an event in which teams build paddle craft out of ordinary household trash.

Teams are asked to also provide some information around the materials they used. The mantra being, "Reduce, Reuse, Recycle," the event is held to help raise awareness on the importance of recycling.

Honors will be presented in several categories, including the Leaky Bucket, Floating Van Gogh, and Show Boat awards.

The event will take place at Overpeck County Park, in Ridgely Park, NJ on Saturday, May 14, 2016. Rain date is May 15.

Entry is \$25 per team, payable to Hackensack Riverkeeper. Deadline for entry is May 10, 2016. Rules are available at www.hackensackriverkeeper.org or by calling 201-968-0808. ###

Heights Satellite Recycling Drop-off

The Hasbrouck Heights Recycling Program coordinator reminds residents of the Satellite Recycling drop-off located at the The Boulevard and Central Avenue parking lot.

It is available the first Saturday of every month from 7 a.m. to noon.

This disposal site collects the following items for recycling: bottles, cans, plastic bottles, newspapers, cardboard, magazines, junk mail, and E-waste such as computer equipment and TVs. For more information, call 201-288-1072. ###

be available for pick-up just in time for Mother's Day at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 6, 2016. There will not be any plants available on Saturday.

Only pre-orders for the 37th Annual St. John's Plant Sale are being accepted and due by Monday, May 2, 2016.

Flats which contain one kind/one color are \$11.50.

Pre-order forms are available by calling 201-288-0002 and leave a message, or download order from www.saint-johnthedivine.com

All plants are of the highest quality. As in previous years, all plants are hand picked at the nursery by experienced gardeners. There will be other plants available along with pots of plants when pre-orders are picked up. ###

Keep W-R Beautiful Day June 5

The "Keep Wood-Ridge Beautiful" Committee will hold its 17th downtown clean up day on Sunday, June 5, 2016, between the hours of 1 and 4 p.m.

Volunteers are once again needed to help clean the shopping districts and raise awareness of the effects of litter in the community.

Last year over 140 volunteers participated! Both adults and children are welcome. The Bergen County Board of Health will provide cleaning utensils, gloves, brooms and bags. Volunteers are asked to meet at the Wood-Ridge Civic Center at 1 p.m.

Pizza and other refreshments will be served after the clean up. To sign up please call-Borough Hall at 201-939-0202 (ext. 110) and leave your name and how many adult or children's shirts should be ordered.

For further information, please contact Council President Ezio Altamura 201-531-0259. Thank you! ###

Rinse out bottles and cans before recycling

Are You Ready to Catch the Buzz?

The Hasbrouck Heights Garden Club and the Public Library will be welcoming Frank Mortimer, President, of Northeast NJ Beekeepers Association.

NNJBA is a not-for-profit, all-volunteer chapter of the NJBA. It is dedicated to the promotion and support of all aspects of beekeeping in NJ, and their mission is to educate the general public on the benefits and importance of beekeeping. Members learn how to become better beekeepers. The NNJBAspires to dispel myths and misinformation regarding the honeybee.

Frank has been interested in bees since an early age and has kept bees for over seven years. He is passionate about educating the public about all the benefits of honeybees.

On Thursday, May 19, 2016, at 6:30 p.m. in the Senior Center, Mr. Mortimer will be discussing the ABCs of Honeybees.

He will provide an overview of the exciting and fact-filled world of bees and beekeeping. His presentation will include why honeybees are so important to us, the latest buzz surrounding honeybees, as well as dispel common myths and misconceptions surrounding bees.

This is a free program. All are welcome. Refreshments will be provided by The Friends of The HH Library. Children must be accompanied by an adult. Registration is required. Contact The Library at 201-288-0488 or website:hasbrouckheights.bccls.org ###

Shred-it Event

The Hasbrouck Heights DPW, in conjunction with the BCUA, will host a Shred It event from 9 a.m. to 1 p.m. on Saturday, April 30, 2016, at the Central Avenue parking lot. Call 201-288-1072 for details. ###

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Funding has been made possible in part by a grant administered by the Bergen County Department of Parks, Division of Cultural and Historic Affairs from funds granted by the New Jersey State Council on the Arts.

VOTE JUNE 7

Last day to register for Primary Election is May 17.
Check with your Borough Clerk for details.

Container Garden Workshop

Care on The Corner (COTC) will host a Container Garden workshop on Saturday, May 7, 2016 at 333 Franklin Avenue, Hasbrouck Heights.

Join and learn how to make a beautiful container garden that you can enjoy throughout the summer.

Container Gardens:

- Allow for a movable garden
- Good if you have limited space, poor soil, not enough sun, limited mobility
- Container gardening is a great way introduce children to gardening

The cost is \$20 per container/\$35 for 2 containers in the same family. Applications can be obtained by calling 201-288-9460 or go to: careonthe-corner.org

Applications should be returned by April 30, 2016. If you have any questions, please call Carol at 201-288-9460. ###

Full Flower Moon

The May Full Moon will appear on Saturday, May 21, 2016, at 5:15 p.m. It is called the “Full Flower Moon.”

According to The Farmer’s Almanac, in most areas, flowers are abundant everywhere during this time. Thus, the name of this moon.

Other names include the “Full Corn Planting Moon” or the “Milk Moon.”

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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Chamber/Garden Club Boulevard in Bloom

Help Keep the Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for over 10 years.

The Hasbrouck Heights Chamber of Commerce, in co-operation with the Hasbrouck Heights Garden Club, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting will be done by the Garden Club at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season. After the summer, the DPW will collect

the flower pots and store them for the winter.

The Beta Club from the Hasbrouck Heights Middle School will lend a hand over-seeing and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604.

Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

Farmers’ Market Continues

The **Hasbrouck Heights Farmers’ Market** is scheduled to begin on June 14, 2016 and continue every Tuesday from noon to 6 p.m. until late September, at the corner of The Boulevard and Central (*municipal parking lot*).

This Farmers’ Market is scheduled to host over a dozen vendors this year, and George is back! There may be a food truck.

Vendors, crafters, local artists, musicians, etc., are welcome. According to Chamber President Ray Vorisek, Hasbrouck Heights businesses and community organizations are invited to set up a free table for one Tuesday afternoon at

the 2016 Market. Limited positions are available. Call Ray at 201-288-5464 for more information.

During Farmers’ Market days, Boulevard businesses are permitted to take advantage of “Sidewalk Sale” opportunities and set up tables in front of their stores. Businesses will organize a town-wide sale on the third Tuesday of each month.

Rutherford

The Rutherford Farmers Market is held at One Williams Plaza on Park Avenue weekly from June through October, rain or shine, on Wednesdays from 11 a.m. to 6 p.m. and Saturday from 9 a.m. to 2 p.m. ###

Community Garden Project May 21

Care on The Corner (COTC) is happy to announce a new Community Garden project starting May 21, 2016.

The Care on the Corner Community Garden was developed with support of City Green and Bergen County Master Gardeners.

The Community Garden will help to teach responsibility, teamwork, respect for others, nature and promote healthier eating habits. They are hoping this will enrich people’s lives as they learn to appreciate locally grown food sources.

Community gardens provide fresh produce and plants as well as a way to share land with others in a common cause.

It will be both a traditional garden and a raised bed garden which will help children participate in the project and will require less work for those with limited mobility.

Children helping to work in the Community Garden will be given the opportunity to reconnect with nature and enjoy being outside. The cost is \$10 per person participation fee for the entire season- starting on Saturday, May 21, 2016 at 10 a.m. Applications can be obtained by calling the Care Center at 201-288-9460. They are also available at the COTC website (careonthe-corner.org) and should be returned to the Care on the Corner, 333 Franklin Avenue, Hasbrouck Heights, NJ 07604.

If you have any questions, please contact Carol Haefele at 201-288-9460. ###

Free Lunch Saturday

Everyone is invited to the First Presbyterian Church of Moonachie for the “Free Lunch Saturday” program, which will be held on May 7, 2016, at 11:30 a.m. This hot lunch features pasta and meatballs.

This program is an expansion of the Church’s ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy’s got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###

Baked Ham Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, May 10, 2016, in the Community Hall, Third Street, Carlstadt.

Baked ham dinners will be served from 11:30 a.m. to 1 p.m. Donation is \$10 for adults and \$5 for children/students. For take out orders call 201-438-5526.

There will be Jewelry and “This and That” tables. ###

Mother’s Day Dinner Dance May 14

The Hasbrouck Heights Elks Lodge #1962 will host a Mother’s Day Dinner Dance on Saturday, May 14, 2016 from 6:30 to 11:30 p.m. Tickets are \$25. Music by DJ Nick.

Please reserve a table for large parties. Call Cathy for more information at 1-386-852-4881. ###

Heller Memorial Concert May 13

The Rutherford Community Band, will perform a Raymond L. Heller Memorial Concert on Friday, May 13, 2016, starting at 8 p.m. at the Rutherford High School Auditorium. He was the RCB Director from 1963 to 2015.

The Rutherford Community Band was founded in 1941 as a musical outlet for adults and entertainment for the community. The band is composed of brass, woodwind and percussion and performs a wide variety of musical pieces. Marches, showtunes, popular standards and classical arrangements are always on the program. For more information go to: rutherfordcommunityband.com ###

Trip to the Sands Casino May 16

Come and enjoy a lovely excursion to the beautiful Sands Casino & Luxury Shopping Outlet Stores!

The bus will leave from in front of Most Sacred Heart of Jesus Church, Wallington, at 9 a.m. sharp, and from The Sands Casino at 4 p.m. The price is \$35 and includes bus transportation, a \$20 free slots play, and a \$5 food voucher.

Payment is due at the time of the reservation. Checks should be made payable to “MSH Rosary Confraternity,” placed with the reservation form in an envelope marked “Sands Trip,” and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington 07057.

Note: Guests must present valid state or federal issued photo id in order to obtain their Sands Players Club Card or any motor coach incentive.

For information, call Ginny at 201-715-2087. ###

Casino Bus Trip

The HH VFW Post 4591 sponsors Casino Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$35 paid in advance; includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games, prizes and a movie make the travel time pass quickly. For details-call Andy at 973-773-1812, Susan at 973-641-6562 or the Post at 201-288-1112. ###

Multicultural Festival May 21

Rutherford’s Civil Rights Commission will be holding the 13th Annual Rutherford Multicultural Festival on Saturday, May 21, 2016 (rain date May 22), at Lincoln Park from noon to 7 p.m.

The Festival will feature food, dancing and music from around the world. People with disabilities will have priority for all events and there will be a bathroom and quiet room for families.

For more information, updates or would like to assist or be a sponsor, visit www.rutherfordtogether.com ###

Carlstadt Mixed Chorus 85th Music Festival

The Carlstadt Mixed Chorus will host their 85th Music Festival at the Carlstadt Turn Hall, 500 Broad Street, Carlstadt, at 3:30 p.m. on Sunday, May 1, 2016.

The program will feature the Chorus, guest soloists accompanied by a Chamber Orchestra; Johanna Teubner-Prussack, Music Director. Dance music by “The Adlers.” The kitchen and bar will be open. Donation is \$20. For reservations, call 201-652-0968 or 973-777-6677. ###

American Wine Society Meadowlands Meets May 19

The American Wine Society Meadowlands will meet at 6:30 p.m. on May 19, 2016, with a tasting that explores wines grown in volcanic soils.

Presented by Dave Falchek, a certified wine Judge with AWS, he writes a weekly wine column for the Times Shamrock newspapers and is on the national board of directors of the American Wine Society.

No soil is simultaneously cooler -- and hotter -- than volcanic soil. See what makes these soils so great with a sampling from the world’s best-known volcanic soils.

They will try a Sicilian white wine produced in the shadow of Mt. Etna; Soave Classico from the Monteforte, the heart of the Soave region; a red blend from Priorat—the most exciting red wine region in Spain; a nebbiolo from (of all places) Washington, grown on an ancient lava flow in Naches Heights AVA; and a wine called Eruption from Lake County, California, home to an extinct

Fish & Chips April 30

The East Rutherford Fire Department Ladies Auxiliary will host a fish and chips dinner on Saturday, April 30, 2016, from 5 to 7 p.m. at the East Rutherford Civic Center. Cost is \$14 adults and \$7 for children under 8. For tickets call Helene at 201-939-5840. ###

Wounded Warrior Benefit May 21

Hasbrouck Heights VFW Post 4591 is sponsoring their 3rd Annual Wounded Warrior Benefit with live entertainment on May 21, 2016, from 7 to 11 p.m. Doors open at 6:30 p.m.

Tickets are \$50 and include Italian buffet dinner, beer, wine and soda. There will be live entertainment and a raffle. Tickets are available Wednesday, Thursday and Friday at the Post from 4 to 9 p.m. or call 201-288-1112 between 9 and 11 a.m. ###

Lodi KC Pancake Breakfast May 8

The St. Michael’s Council of the Knights of Columbus is having its monthly buffet-style Family Breakfast on Sunday, May 8, 2016, 8:30 a.m. to noon, at 39 Washington Street, Lodi.

Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French toast (to order), sausage, bacon, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea. Adults: \$6; children over 6: \$4; children 6 and under: free. Profits to benefit local charities. ###

Baseball Fundraising Dinner May 13

The Carlstadt Little League, in conjunction with Becton High School Baseball, will host their annual Baseball Fundraising Dinner on Friday, May 13, 2016, from 7:30 to 11:30 p.m. at the First Presbyterian Church in Carlstadt, 500 Third Street, Carlstadt. Music by Starlite DJ.

Tickets are \$40 pp (adults only). Call Joe at 201-803-6748, Beth at 201-906-6131 or Maria at 201-888-1116. ###

Art Association of Rutherford

The May meeting for the Art Association of Rutherford will be 7:30 p.m., Thursday, May 12, 2016, at Tamblyn Civic Center at 30 Woodland Avenue, Rutherford. They will be having a guest artist demo and teach painting technique. All are welcome! Free for visitors. Snacks provided. ###

HH Lions Sponsor Fireworks Program June 28, 2016

The Lions Club 32nd Annual Fireworks are tentatively scheduled for June 28, 2015, at Depken Field (Route 17 & Franklin Avenue). Rain dates: June 29/30.

Admission is \$5 for adults and \$3 for children. Under 5 free.

Only blankets will be allowed on the field (no chairs). Water will be allowed, but no food. ###



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Church Indoor Sale May 7

Grace Church, 128 W. Passaic Avenue, Rutherford, will be holding an Indoor Sale on Saturday, May 7, 2016 from 9 a.m.-3 p.m. Use the Wood Street entrance.

Items for sale include household items, tools, furniture, electronics, books, toys, clothes, Baby Grand Piano (*asking \$750*), a room full of vintage costume jewelry and much more.

Tour their Church, which has some of the most beautiful stained glass windows in the area. Visit www.grace-rutherford.dioceseofnewark.org ###

William Carlos Williams Permanent Exhibit Unveiled

The Board of Trustees, The Staff and Volunteers of the Meadowlands Museum announced the opening of the permanent exhibit on William Carlos Williams on Thursday, April 7, 2016, at the Meadowlands Museum, 91 Crane Ave., Rutherford, NJ 07070

The new permanent exhibit contains objects never before displayed to the public, once displayed by the Rutherford Public Library, including the Williams figure by sculptor Frances Hulmes, the trademark hat worn by the poet, and equipment from Dr. Williams' office.

Dr. Neil Baldwin, Professor of Theater and Dance, director of The Creative Research Center at Montclair State University, Montclair, NJ, a Williams biographer and scholar, spoke at the event and signed copies of his book entitled: "To All Gentleness William Carlos Williams the Doctor Poet," reprinted in 2008.

For more information about the Museum call 201-935-1175 or go to: www.meadowlands-museum.com ###

Lyndhurst Street Fair May 14

Cliffhanger Productions is pleased to announce that, in association with the Township of Lyndhurst, they will produce Lyndhurst's 1st Annual Spring Fair on Saturday, May 14, 2016, on Court and Delafield Avenues, from 10-6:00 p.m. (*Rain Date: May 15*).

The fair will feature FREE live music all day long as well as children's entertainment, rides and amusements, vendor display plus all the great festival food favorites.

Many of the area merchants will also be on hand to showcase their wares.

Live music will be featured in Town Hall Park with music from The Shots featuring the Bergen County Firefighters Pipe Band; Big House, and other surprises.

Cliffhanger Productions is proud to add Lyndhurst to its existing list of local street fairs and festivals and looks forward to a wonderful family event.

The festival sponsor for this event is BCB Bank of Rutherford. For information or if you are interested in participating as a vendor or sponsor for this festival, please call 201-460-8335. ###

HH Town-wide Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for May 21 and May 22, 2016, from 9 a.m. to 4 p.m.

Participation in this sale does not count towards the "two garage sales" per year ordinance. Sign up dates May 10 and 12 from 7 to 9 p.m. in the Municipal Building. There is a \$10 fee. Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

Outdoor Flea Market June 18

Vendors are wanted for an outdoor flea market on June 18, 2016 from 10 a.m. to 3 p.m. at the American Legion Post 301, 100 Liberty Street, Little Ferry.

Event is rain or shine. Fee is \$25. Registration required. Applications available at the Post and are due by June 5.

You must bring everything you need to sell your items. For more information call 201-807-0470. Proceeds to benefit Veterans and Children's programs. ###

Spring Sale April 30

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor a Spring Sale on Saturday, April 30, 2016 in the Community Hall, 500 Third Street, Carlstadt from 9 a.m. to 2 p.m.

The sale will feature jewelry, books, linens, small appliances, household items, games, etc.

Hot dogs, chili, hot and cold drinks and cakes will be sold at noon. ###

Indoor Garage Sale May 14

An Indoor Garage Sale will be held at Rutherford Co-operative Day Nursery (RCDN) 32 Ridge Road, Rutherford, on Saturday, May 14, 2016, from 9 a.m. to 1 p.m.

Multi-family sale including baby and children's items, household items, clothing and much more. All proceeds will benefit the RCDN pre-school program. For more information visit www.rcdnschool.com ###

Craft/Vendor Day May 7

East Rutherford Emergency Squad and Engine Company 1 are holding a Craft/Vendor Day on Saturday, May 7, 2016 from 9 a.m. to 6 p.m. at the East Rutherford Civic Center, 37 Vreeland Avenue. Donations go to training and equipment.

For more information email: jswiston@erfd.net or jswift@erfe.net. ###

Postcard & Paper Ephemera Show

The Community Chest of Rutherford announced the 14th Annual Postcard and Paper Ephemera Show and Sale will be held on Sunday, May 22, 2016 at Kip Center, 55 Kip Avenue, Rutherford, NJ.

As May 1-7 is National Postcard Week, they will have special prgrams and contest during that week. For more information, call Virginia at 201-939-8782.

The event benefits Rutherford Boy and Girl Scouts, Rutherford Community Food Pantry, Rutherford Social Services, Meadowlands Museum, Starfish of Rutherford, etc. ###

Tricky Tray May 22

The Hasbrouck Heights Elks Lodge #1962 will host a Tricky Tray on Sunday, May 22, 2016 from 1:30 to 6 p.m. Admission is \$15 and includes coffee, cake and door prize ticket. Call Linda for more information at 973-980-4773. ###

Indoor Garage Sale May 7

The Rutherford Congregational Church at 251 Union Avenue will be holding an Indoor Garage Sale on Saturday, May 7, 2016, from 9 a.m. to 3 p.m. Tables are available for \$25 each. Hanging racks are available for \$10 each.

They will set up the tables and advertise. Sellers are responsible for bringing their items to sell, conducting all personal sales, and removing all items left after sale is over.

Contact the Church office at 201-438-6324 for details. ###

Carlstadt Historical Society Meets May 18

The May meeting for the Carlstadt Historical Society will be 7 p.m., Wednesday, May 18, 2016, at the Carlstadt Civic Center on 4th Street. They will be having an interesting program. All are welcome! Free for visitors. Membership is \$10 per year. Refreshments served. ###

FOCAS Holds Flea Market

The FOCAS Flea Market is Saturday, May 21, and Sunday, May 22, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. (*Not accepted are TVs, PC monitors, exercise equipment, clothes or magazines.*)

They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Cat Show and Tricky Tray

FOCAS will hold its Annual Cat Show and Tricky Tray Auction on Sunday, June 5, 2016, at the American Legion, 100 Liberty Street, Little Ferry, NJ.

Stop by with your feline companion. Don't have a feline companion? Stop by anyway to join in the fun and participate in the Tricky Tray Auction. Refreshments served.

Registration begins at 12:30 p.m. Program and auction begin at 1:15 p.m. All cats must be six months or older, in carriers and current on all shots. Please do not bring cats on leashes or held in arms. The admission fee is \$8 per cat.

Cat Show and Tricky Tray Auction proceeds enable FOCAS to continue its work to provide humane services, programs and extraordinary medical care to shelter animals and our Feral/Stray Cat Spay or Neuter Program.

For additional information call the FOCAS Help Line at 201-943-4019, or visit www.focasnews.org ###

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AHOF Open Cockpit Weekend May 21/22

The Aviation Hall of Fame will host an “Open Cockpit Weekend” on Saturday, May 21 and Sunday, May 22, 2016, from 10 a.m. till 4 p.m.

Visitors can sit in the cockpits of a TWA Convair 880 jetliner, a rare Lockheed-designed Bush Plane, a Cobra gunship helicopter, an HH-52A Coast Guard helicopter, an OV-1A Mohawk close support aircraft, a Bell 47 helicopter, a “Little-Cut-Up” aircraft control demonstrator, and the control cab of a real Airport Rescue and Fire-Fighting truck.

People, young and old can learn how the flight systems work. Qualified pilots will help guests understand the instruments and controls of these special aircraft.

Additionally, experience their new multimedia international space station and “Buzz” Aldrin exhibits.

Admission: \$10 adults, \$8 seniors and children, under 12, free.

For more information go to: www.njahof.org, e-mail njahof@verizon.net or call 201 288 6344. ###

Mindful Moppets

Care on the Corner announces the Mindful Moppets, a one hour circle of activities for children ages 3 - 5. The session includes songs, listening skills, movement, yoga, stories, and imaginative visualizations to experience inner peace and discovery of innate wisdom and joy.

The program is designed to promote awareness for children in today’s stressful world and focus on the present moment. It offers a place where children can pause, reflect and be seen and heard while developing respect and compassion form themselves and others.

The first session will meet on Tuesdays from 10 a.m. – 11 a.m., June 14 - 28, 2016.

Mary Steinberg will direct the Moppets. Ms. Steinberg is a certified teacher with 10 years of experience working with three, four and five year olds.

The group meets at Care on the Corner, 333 Franklin Avenue, Hasbrouck Heights, NJ. Call 201-288-9460 to register or download an application form from www.careonthecorner.org. There is a \$20 registration fee. Scholarships are available. ###

Classic Car and Motorcycle Show May 1

On Sunday, May 1, 2016, the Nam Knights of America will host their 24th Classic Car and Motorcycle Show at 197 Washington Avenue, Carlstadt. Rain date is May 15. Gates open 9 a.m. for entries. Show starts at 11 a.m.

Admission for show participants is \$15. Spectators \$5. Children under 12 free. Free admission for disabled Veterans and police officers. Food and soda/water is available. No alcoholic beverages or pets.

For more information call 201-438-4068 or go to www.namknights.org ###

Buckshot Band Backyard Party May 22

Sponsored by the Wood-Ridge Historical Society, The Buckshot Band, featuring Tommy Roberts, Dave Frost and Dave Rimalas, are ready to entertain you.

Enjoy their performance at an old fashioned backyard party on the grounds of the Arnault/Bianchi House, 111 First Street, on May 22, 2016 at 1:30 p.m. Light refreshments will be served, and there is no admission charge.

Donations to the Society in support of future events will be gratefully accepted. Uncooperative weather will move the program indoors. DD ###

Music for All

The Adelphi Orchestra continues its 62nd season of “Music for All” with a free concert entitled “Wagner Masterworks,” 2 p.m., Sunday, May 8, 2016, at River Dell Regional High School.

The program features Richard Wagner’s Masterpieces Tristan und Isolde: Prelude and Liebestod and Die Walkure - Act 1.

To learn more about the orchestra and its programs visit <http://adelphiorchestra.org/> ###

The Box

The First Presbyterian Church of Rutherford will host a special one-night performance of “The Box” on Saturday, May 21, 2016, at 7 p.m. to benefit the Rutherford Community Pantry.

“The Box” is a one-man tragicomic play about a homeless Vietnam Veteran who suffers from PTSD.

“Jack” is a philosopher, a theologian, a humorist, a lover, a fighter and a survivor who lives and sleeps in a box in the secluded woods of St. Augustine, Florida.

Seating is limited. Tickets are \$20 and must be purchased in advance. For tickets call 201-438-3569. For more information visit www.fpcrutherford.org.

All proceeds from the event will benefit the Rutherford Community Pantry. Additional cash donations and donations of unexpired food and toiletries are also welcomed. ###

Wood-Ridge School Spring Concerts

Come one, come all. Admission is free and open to the general public. Here are the dates for all the schools in the district.

• The Wood-Ridge Intermediate School (Grades 4-6) will host their Spring Concert on June 2, 2016 at 1:30 p.m. in the John H. Bischoff Memorial Gymnasium at Wood-Ridge Intermediate School.

• Wood-Ridge Jr./Sr. High School (Grades 7 - 12) will be having their annual Visual & Performing Arts Spring Concert on Thursday, June 2, 2016 at 7 p.m. in the Wood-Ridge High School Auditorium.

• Catherine E. Doyle Elementary School (Grades Pre-K - 3rd) will be on June 8, 2016 at 9 a.m. in the All Purpose Room

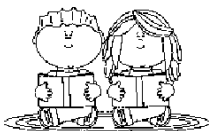
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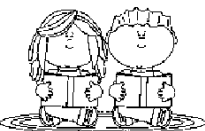
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Meadowlands YMCA Musical Theater Summer Camp 2016

The Meadowlands Area YMCA is running 2 Musical Theater Camps open for all ages 5 - 14 at the Civic Center in Wood-Ridge, NJ.

All campers can have a solo, lines and dance! It is a blast and we truly enjoy teaching it! Please pass this along to anyone that is interested.

The first session is June 27 - July 8, 2016 - a Broadway Variety Show. Students will engage in all aspects of Musical Theater. They will be broken down by age and will create their own skit, learn a musical theater dance and sing musical theater songs.

The second session is July 11 - July 29 - "The Pinocchio Show" (*The story of Pinocchio.*) The second session has auditions, but all campers will receive a part with lines and solos. All camp/show times are 1 p.m - 4 p.m.

Cost: Session 1: YMCA member - \$279; YMCA non member - \$293; Session 2: YMCA member \$406; YMCA non-member \$420; Both session: YMCA member \$617; YMCA non-member \$642.

All classes will be held at the Wood-Ridge Civic Center, 495 Highland Avenue, Wood-Ridge, NJ. The last 2 classes of each session (*the final rehearsal & performance*) will be held at Felician College, Lodi, NJ - John J. Breslin Theater.

Admission to the shows

Felician Reading Center Offers a Summer Camp

The Felician Reading Center will offer a Summer Camp for children ages 6 to 9 years old.

The program will begin on Monday, July 11, 2016 and end on Friday, July 22, 2016. The program will be held Monday through Friday mornings and will begin at 9 a.m. sharp and end at noon.

The program will consist of a variety of activities and hands on. The fee will be \$100 per week.

Each child will provide a snack and drink for themselves in order to stay safe because of different allergies.

To register, please call Sister Mary Andrew at 973-473-7447 ext 123. ###

is free and campers can invite anyone to come. It seats over 1,000. Hope some your family and/or friends can join them!

If you have questions, go to: www.YMCAinfo.org, email: jhirschman@meadowlandsymca.org or mayvas@gmail.com.

About Mrs. Melissa Ayvas-Manolakakis: This is Melissa's 8th summer directing the YMCA Musical Theater Camp. She is excited about how the program began as 2 weeks and now grew into a 5 week program.

She currently teaches Music/Choir at Wood-Ridge Jr./Sr. High School, and has operated her own private voice and piano studio for the past 13 years.

In addition, she has taught at Broadway Bound, Lyndhurst NJ (5 years); Director of the Wood-Ridge Recreation Program 2009-2011. She is a graduate of Wood-Ridge High School - 1999; Bachelors in Music: Major Music Education and Vocal Performance - 2003 from The College of New Jersey; Masters in the Art of Teaching from Mary Grove College in 2007. Melissa has oodles of musical performance experience! ###

Student Leadership Program

Ready Set Serve, a one-week summer service and leadership program, is scheduled for June 27-30, 2016, for students entering 6 through 10th Grades in September 2016 at the Volunteer Center in Hackensack from 9 a.m. to 3 p.m.

Students will be immersed in a week of interactive, interesting and fun activities, learning leadership skills.

A state-of-the-art curriculum includes both classroom instruction and experiential training, students will participate in challenging exercises including community needs analysis, goal setting, team building, project planning, decision making and other dynamic leadership skills.

Participants will continue to meet regularly from September through May to discuss and work on individual or group service projects.

The fee is \$350 per student. The deadline for application is May 31. Call 201-489-9454 Ext. 202 or email demery@bergenvolunteers.org for more information. ###

Rutherford Recreation Preschool Registration!

Registration is now open for The Rutherford Recreation Department Preschool program. It will be held at Tamblyn Field Civic Center. There is a \$50 registration fee. Payments are bi-monthly.

- The Rutherford Recreation Department's Preschool program for 3 year olds will be held on Tuesday and Thursday from 8:30 a.m. - 11:15 a.m. The bi-monthly fee is \$320.
- The Preschool Program for the 4 year olds is held on Monday, Wednesday and Friday from 8:30 a.m. - 11:30 a.m. at the Tamblyn Field Civic Center. The bi-monthly tuition is \$480. There is an after school program for an additional fee from 11:15 a.m. - 1:15 p.m. on Monday, Wednesday and Friday.

Call the Recreation Department at 201-460-3015 for more information. ###

Rutherford Recreation Day Camp

The Rutherford Recreation Department Day Camp will be held June 29 until August 7, 2016 for resident children ages 3-8th Grade. Children will enjoy 6 fun-filled weeks of sports, arts and crafts, special events, and theme days. Campers receive T-shirts.

- Ages 3-1st Grade; Kinder Camp, Tamblyn Field Civic Center. Fees: \$217.50; Half-day, \$435 Full Day per camper. Morning: 8:30 a.m. to noon/Afternoon; noon-3:30 p.m.
- Grades 2-5 Junior Camp, Washington School Full Day: Fee: \$435 per camper. 8:30 a.m. - 3:30 p.m.
- Grades 6-8; Senior Camp, the Pavilions at Memorial Park; Fee: \$200. 8:30 a.m. - 3:30 p.m.

Four great trips a week for Seniors! Lunch is provided on most trips.

Day Trips are offered to Kinder, Junior and Senior Campers for additional fees. Trips are first come—first serve—there are limited reservations. Transportation available for Junior Campers— additional \$75 per camper.

Aftercare until 6 p.m. will be available for an additional fee.

Call Rutherford Recreation Department at 201-460-3015 for full details, or visit www.Rutherford-NJ.com ###

Carlstadt Police PBA College Scholarships

Carlstadt PBA Local 312 is currently accepting applications for its 2016 scholarships. To be eligible, you must be a Carlstadt resident who is graduating High School in 2016 and attending a two or four year college.

Students of Henry P. Becton Regional High School can pick up applications at the Guidance Office. Carlstadt students that attend other high schools can pick up applications at the Carlstadt Police Department desk.

All applications are due back to the Guidance Office, for Becton students, or Carlstadt Police Department, (*Attention: Lt. Beese*), by May 4, 2016. ###

Michael A. Schwarz Memorial Scholarship

Engine Company Two of the Carlstadt Fire Department established a scholarship in memory of Michael A. Schwarz, a 20 year old Marine killed in action November 2006 in Iraq. He was a member of the Carlstadt Fire Department and a 2004 graduate of Becton Regional High School.

The scholarship is open to all Carlstadt residents graduating from High School this spring and furthering their education. It will be awarded to students who show dedication and service to their school and community.

Applications are available at Carlstadt Borough Hall and must be returned by May 15, 2016. For more information or to make a contribution, contact the Carlstadt Fire Department at 201-460-3942. ###

CFD Auxiliary Scholarship

The Carlstadt Fire Department Auxiliary is offering a scholarship to a Carlstadt resident receiving a diploma with this year's graduating class from an accredited secondary school. Once a year, a grant will be awarded based on the applicant's personal qualities, character and leadership ability. Applications are available at Carlstadt Borough Hall.

Completed applications are to be forwarded to your school principal or guidance counselor. The school will return the applicaton with your secondary school record.

Applications must be received by May 15, 2016. For more information call Dyan at 201-460-7324. ###

College and Scholarship eBooks

Searching for college scholarships? If you have a Rutherford Public Library card, you can consult the brand new edition of Scholarships, Fellowships and Loans 2016 which is available as an ebook in the Gale Virtual Reference Library (GVRL) on The Library's website.

One of the books in Rutherford Library's online database, it can be viewed from home with a Rutherford Library card. It is also available within The Library by anyone who uses a Library computer. The book provides detailed information on sources of financial aid sponsored by private organizations and companies.

To access the book, log on to rutherfordlibrary.org and click on RPL Databases Quick Links. Choose the blue button with the words "Gale Virtual Reference Library" and type in your Rutherford Library card number.

You will then be able to search for this book and other titles such as the College Blue Book. For questions, please call The Rutherford Library at 201-939-8600. ###

Museum Passes

The Wood-Ridge Memorial Library is lending free admission passes to 12 NJ and NYC museums. Museums include the American Museum of Natural History, the Aviation Hall of Fame & Museum of New Jersey, the Museum of Modern Art, the Intrepid Sea, Air & Space Museum, Grounds for Sculpture, and Imagine That.

Each pass offers free admission for multiple guests; some passes offer additional discounts at the museum's gift shop. Passes may be borrowed by any Wood-Ridge resident, age 18 and older, with a Library card in good standing. Passes are loaned for three days and may be reserved online through the Library's website at WoodRidgeMemorialLibrary.org. For more information or to reserve a pass by phone, please call The Library at 201-438-2455. ###

East Rutherford Memorial Library announced that museum passes are available for "Imagine That!!" and Aviation Hall of Fame and Museum." For more information, stop by the front circulation desk. ###

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Lodi Library May Computer Classes

Lodi Memorial Library offers introductory-level computer classes on Tuesday and Saturday, 1:30 – 3 p.m. Pre-registration is required. Call 973-365-4044.

• Tuesday, May 10 – Intro to Word 2010: Learn to create, save, edit and format a document. Basic computer and keyboard typing skills are required.

• Saturday, May 14 – Internet & Email Basics: Learn how to search for websites, use browser settings and apps, organize emails and send attachments.

• Tuesday, May 17 – Intro to Microsoft Excel: Learn to create, edit and format a spreadsheet, enter numeric and text information and basic formulas.

• Tuesday, May 24 -- Microsoft Word Intermediate: Learn more formatting and editing options.

• Saturday, May 28 -- Google Drive and More Apps: Learn a suite of “cloud” tools for file management, collaborative work, word processing, spreadsheet, presentations, research and more.

• Tuesday, May 31 -- Microsoft Excel Intermediate -- Worksheet formatting options, sheet tabs, autofill; freeze panes; work with formulas, sort data, print options.

Space is limited. Register by placing \$5 refundable deposit for each class at Lodi Memorial Library. The deposit is forfeited for no-shows. Lodi residents have priority for registration.

All classes are held in the 1st floor Conference Room at Lodi Memorial Library, One Memorial Drive.

One-on-one 30-minute sessions with the instructor are also available, for assistance with setting up email and other topics on request. Call 973-365-4044 to make an appointment.

For a computer class brochure, call 973-365-4044. ###

Tech Tutor

Looking to maximize free content for your tablet, Kindle, or smart phone?

The Rutherford Public Library is offering appointment-based Tech Tutor services to provide personalized instruction on downloading free e-books, e-magazines, audiobooks, music, and movies to personal devices.

Librarians can also assist with research, setting up e-mail accounts, and basic computer instruction. For an appointment or for more information, please call 201-939-8600 and ask for Reference. ###

W-R Library Book Club

On Tuesday, May 17, 2016, at 7:15 p.m., join your neighbors and friends at The Wood-Ridge Memorial Library to discuss “11/22/63” by Stephen King. Copies of the books are available at the Circulation Desk. All are welcome. ###

In the Unlikely Event

This month The Carlstadt Evening Book Club will be discussing “In the Unlikely Event” by Judy Blume on Wednesday, May 11, 2016 at 7 p.m.

Light refreshments will be served. New members always welcome!

Please call Rebecca at 201-438-8866 ex. 204 for further information. ###

Monday Evening Book Group

On Monday, May 9, 2016, at 6:30 p.m., the Monday Evening Reading Group will meet at The Rutherford Public Library to discuss “The Lifeboat,” by Charlotte Rogan. Copies of the book are available at the circulation desk. ###

Daytime Reading Group

On Friday, May 27, 2016, at 1:30 p.m., The Rutherford Public Library Daytime Reading Group will meet at the 55 Kip Center to discuss “Suite Francaise (Dolce),” by Irene Nemirovsky. Copies of the books are available at the Circulation Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

Dance the Night Away May 4

The Carlstadt Library welcomes Shawn Rawls and Emotions Physical Theater as they perform a dance showcase about the North American roots of dance, Ballet, Jazz, and Musical Theatre.

Watch as they perform, “Sugar Plum and Cavalier” (*ballet pas deux*), “Sleeping Beauty” (*ballet pas deux*), “Singing in the Rain,” Gene Kelly, Debbie Reynolds (*duet*), “Unforgettable” by Nat King Cole (*duet*) and “Gameface” by Count Basie.

No registration required. A night you won’t want to miss!

Call Rebecca for more information at 201-438-8866 ex. 204. Carlstadt Library is located at 420 Hackensack Street, Carlstadt. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, May 4, 2016, at 6:30 p.m., to discuss “Leaving Time,” by Jodi Picoult. The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. For more information call 201-939-8600. ###

Cookbook Club

The Lodi Memorial Library Cookbook Club is meeting Saturday May 7, 2016 at 2 p.m. They try new recipes, share their results, and discuss what they liked and what they would change. Call The Library the week before for suggested cookbooks to use. New members are always welcome. Cooking is welcome but not required!

For more information, visit our website (<http://lodi.bccls.org/>), visit The Library or call us at 973-365-4044. ###

Book Bingo May 25

Enjoy a good game, a little competition? Then you are sure to enjoy a fun game of Bingo at Carlstadt Library on May 25, 2016 at 7 p.m.! They will give away small prizes at their Bingo. There will be no cash prizes. No registration required. ###

The New York Times Online

Now you can read the New York Times online whether you are in The Library or at home!

The Rutherford Public Library is providing access within The Library to anyone who is logged on to The Library’s Wi-Fi.

You must register or log in to the Times for access. Rutherford residents who wish to read the Times at home may do so by visiting www.nytimes.com/redeemaccess, but first will need a code provided by The Library.

Pick up a copy of the code at the Rutherford Public Library or email reference@rutherford.bccls.org with your name and address for the access code.

For more information, please call The Library at 201-939-8600 and ask for Reference. ###

Libraries Are Fun!

I Am Malala The 33

Lodi Library Book Club meets the 2nd Tuesday of the month at 7 p.m. May’s book will be “I am Malala” by Malala Yousafzai. Light refreshments served. Book Club meets in the 1st floor Conference Room.

“Co-written with Christina Lamb, a veteran British journalist who has an evident passion for Pakistan and can render its complicated history with pristine clarity, this is a book that should be read not only for its vivid drama but for its urgent message about the untapped power of girls... It is difficult to imagine a chronicle of a war more moving, apart from perhaps the diary of Anne Frank. With the essential difference that we lost that girl, and by some miracle, we still have this one.” (*Marie Arana, Washington Post*)

For more information on upcoming books for the year, visit <http://lodi.bccls.org/tuesday-night-book-club.html>, visit The Library or call us at 973-365-4044. ###

Basic ESL

The Rutherford Public Library has ongoing Basic English as a Second Language classes taught by a certified ESL instructor. The classes are intended for beginner to intermediate level students and will be held on Tuesday and Thursday morning at 10 a.m. Students may register in person at the Reference Desk. For more information, please call 201-939-8600, ext. 7. ###

Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library on Monday, from 10-11:30 a.m. and on Thursday, from 1-2:30 p.m., to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, call 201-939-8600, ext. 7. ###

W-R ESL Classes

The Wood-Ridge Memorial Library holds English as a Second Language classes for adults at no charge. Classes meet every Monday, Wednesday, Friday and Saturday morning at 10:15 a.m. No registration is required. For more information, please call The Library at 201-438-2455. ###

Drive Responsibly

On Tuesday, May 31, 2016, at 6 p.m, The Friends of the Library of Rutherford will present a free screening of the Academy Award Nominated film “The 33.”

In 2010, the eyes of the world turned to Chile, where 33 miners had been buried alive by the catastrophic explosion and collapse of a 100-year-old gold and copper mine.

Over the next 69 days, an international team worked night and day in a desperate attempt to rescue the trapped men as their families and friends, as well as millions of people globally, waited and watched anxiously for any sign of hope. The film will be shown in The Library Auditorium. ###

Friday Matinees

The East Rutherford Memorial Library will be hosting Friday Matinees at 2 p.m. All movies are free of charge, for adults only. Coffee and snacks will be provided. For any additional questions please call 201-939-3930. ###

Movie Tuesdays

Let Carlstadt Library “take” you the movies every second and fourth Tuesday of the month at 1:30 p.m. for a feature film. This month we will be showing ...

• **Lady in the Van:** May 10, 2016, Running time: 1 hr 46 m, Rated PG-13

• **Joy:** May 24, 2016, Running time: 2 hr 4 m, Rated PG-13

Popcorn and beverages will be provided. No registration required for this free event!

Please call Rebecca at 201-438-8866 ex. 204 for more information about this month’s selections. *Movies are subject to change. ###

Free Movies

Lodi Library shows newly released movies every Wednesday starting at 1:30 p.m. For more information on which movies are showing each week, visit <http://lodi.bccls.org/> or come into The Lodi Library or call 973-365-4044. ###

ER Craft Circle

The East Rutherford Memorial Library Craft Circle meets 6:30 to 8 p.m. the 1st, 3rd and 5th Thursday of every month. Beginners welcome. For more information, call Chris at 201-939-3930. ###

May Birthstone Emerald

Rutherford Drop-In Storytime

The Rutherford Public Library will host a morning and afternoon drop-in storytime program on Wednesday, May 4, 11, 18, and 25, 2016 from 10:30 – 11 a.m. and from 2 – 2:30 p.m.

Storytime will also be conducted in the morning at 10:30 a.m. on Thursday, May 5, 12, 19, and 26.

All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###

W-R Storytime for Preschool Pals and Toddler Time

• Preschool Pals will meet at The Wood-Ridge Memorial Library on Tuesday, May 3, 10, 17, 24 and 31, 2016, at noon. Children ages 4 and 5 years prepare for Kindergarten with weekly themed stories, songs, and a craft.

• The Wood-Ridge Memorial Library will host Toddler Time on Thursday, May 5, 12, 19 and 26 at 10:30 a.m. Children ages 3 and under enjoy weekly themed stories, songs, rhymes and movement. Registration is required; space is limited. Please call The Library at 201-438-2455 to register. ###

Friday Family Fun May 6

On Friday, May 6, 2016, at 4 p.m., at The Rutherford Library, Kit’s Interactive Theatre will present “Cinderella’s Fairy Godmother,” for children ages 5 and up.

Storyland – Cinderella is about to marry the Prince, but her Fairy Godmother appears with a riddle to be solved first. Join various fairytale characters in the hilarious search for the answer. Sing, dance, hide from the Giant and become a pixie in Fairy Godmother’s magical Storyland.

No registration is required. This show is being funded by The Friends of The Library of Rutherford. As close as you will get to being at or on a real TV game show for kids.###

Crafty Kids

On Tuesday, May 3, 2016 at 3:45 p.m., children ages 6 and older are invited to create butterfly sand art at The Rutherford Public Library. Registration is required. For more information, call the Children’s Department at 201-939-8600, ext. 6. ###

Preschool Craft

On Tuesday, May 17, 2016 at 3:45 p.m., children ages 3, 4, and 5 are invited to make a sun and rainbow craft at The Rutherford Public Library. Children are asked to have an adult accompany them in order to assist them with the making of the project. Registration is required. For more information, please call the Children’s Department at 201-939-8600, ext. 6. ###

Paws to Read

The Rutherford Public Library welcomes back Rodney, a registered therapy dog, for its read-to-a-dog program.

Rodney will be at The Library with his owner on Monday, May 23, 2016 from 4 – 5 p.m. Children who are able to read at least a little bit and would like to be able to practice their reading skills are invited to sign up for a 15 minute time slot with Rodney.

He loves to listen to stories and never complains if it is not a perfect reading. Parents may of course accompany their child during their time with Rodney.

Registration is required Contact Miss Jane at The Library at 201-939-8600, ext. 6 or by email at jane.tarantino@rutherford.bccls.org ###

Paws for Reading

Young readers wanted! On Monday, May 9 and Monday, May 16, 2016, at 6 p.m., children are invited to The Wood-Ridge Memorial Library to read to Rodney.

Rodney, a certified therapy dog, loves to listen to stories! Children ages 5 and older may register for a 15-minute session.

Therapy dogs provide a safe, nurturing experience for emergent readers to practice their literacy skills. To register, please call The Library at 201-438-2455. ###

Heights Library Children’s Programs

Here’s a list of exciting children’s programs taking place at The Hasbrouck Heights Public Library for the month of May 2016. Registration is required. Please call 201-288-0485 or visit online at http://hasbrouckheights.bccls.org --

• **Join the Lego Club**
Show off your creations. Legos will be provided, but feel free to bring your own. Next meeting dates will be Tuesday, May 3 and 17 starting at 3:30 p.m. for ages 5-12.

• **Mother’s Day Craft and Story Time**

Join for a Mother’s Day Craft and Story Time on Thursday, May 5 at 3:30 p.m. for children in Grades K-3. Great books will be read and children will get an opportunity to do a craft to take home.

• **Shopkins Party!**

Everyone’s favorite little collectables are going to be at The Library for a very special program. Come create your very own as a craft, play Bingo with all of your favorite crafters and much more! Join them on Tuesday, May 24 at 3:30 p.m.

• **Chess Club**

For students ages 7-12, come test and improve your skills at the monthly Chess Club Meetings. Members must have some knowledge of chess as there are a limited number of instructors. Next meeting is Thursday, May 19 at 3:30 p.m.

• **Craft Club for Tweens**

Calling all Tweens in Grades 4-6. Monthly Monday Night Craft Club is back. Starting May 23 at 7 p.m. Come and get crafty and meet others that are just like you.

• **Little Artist**

For students in Grades 2-5, come learn about an artist or type of art and recreate a famous work or make your own masterpiece. No experience is necessary. There are no mistakes in art! Join them Thursday, May 26 at 3:30 p.m. ###

Music With Miss Fran

Music with Miss Fran will be on Friday, May 20, 2016 from 11:15 a.m. – 11:45 a.m., for babies, toddlers, and preschoolers. Come to The Rutherford Public Library for singing, dancing, and fun!

No advance registration is required. For more information, please call the Children’s Department at 201-939-8600. ###

HELP WANTED

Looking for teacher assistants in day-care. Wood-Ridge NJ. Call 201-460-7070.

Lodi Children May Events

Lodi Memorial Library offers events for young patrons from toddler to teen in May.

Join them for storytime, crafts, playtime, movies and more!

• Kids craft on Tuesday, May 3, 4:00 p.m., Jewelry Box for Mom (ages 4 and up).

• Toddler craft on Wednesday, May 4, 10:30 a.m.

• Story Time, Fridays, 10:30 a.m.

• Playgroup Fridays, 11 a.m.; with toys and puzzles.

• Wii Gaming, Mondays, 4 – 5 p.m.

• Minecraft gaming, Thursdays, 4 -5 p.m., (Grades 2 and up).

Lodi Teen May Events

Lodi Memorial Library offers events for teens in Grades 6 – 12. Join for crafts, movies, book club and volunteer hours!

• Sharpie Tie-Dye T-Shirt, bring an old T-shirt to decorate. Monday, May 9, 4-5 p.m.

• Teen movie on Monday, May 16, 4:00 p.m. – “Avengers Age of Ultron”

• Booksters Teen Book Club meets Saturday, May 21, 12 – 1:30 p.m. Recommended books for May are: “The Color Purple” by Alice Walker, “Tutored” by Allison Whittenberg, “The Women Who Raised Me” by Victoria Rowell, “When the Black Girl Sings” by Bil Wright, “X,” by Ilyasah Shabazz, “Tyrell” by Coe Booth. Read as few or as many as you like.

• Calling all artists! The Library is looking for kids and teens to fill the display case with items which showcase their talents (*drawing, photography, jewelry, etc.*). If you make it, they would like to display it. See Ms. Jen to sign up.

• Volunteer Opportunities: Teens looking to fill community service hours by volunteering at The Library can use their knowledge to teach a class to other kids. Whether it be sports, sewing, languages, or computer coding, put your talents to use and fill those community service hours. See Ms. Jen to sign up. ###

Lodi Library Readers Theatre

Lodi Memorial Library debuts Readers Theatre for children in Grades 3 and up, Wednesday, May 11, 18 and 25, 3-4 p.m. Participants will read from a script based on the wild and wacky Wayside School stories by Louis Sachar, decorate costumes and create their own props. Side-splitting fun for all! ###

Carlstadt Library Children’s Programs

May Children’s Events at The Carlstadt Library:

• **Crafternoon --** Wednesdays in May, 3:30 p.m.

Miss Nina presents Craft-ernoons at The Library! Create all kinds of amazing make and take craft projects. For children ages five and up.

• **Story Time --** Thursdays in May, 10:30 a.m.

Come one, come all and have a ball at Story Time! Sing, dance, clap, wiggle, jiggle and sometimes even craft the morning away in a convivial (*and kid friendly!*) atmosphere. Babies to age five are welcome to attend with caregivers.

• **Crafty Crafters/Crafternoon Mash-Up --** Monday, May 2 at 6 p.m.

Welcoming kids and adults to attend our Crafty Crafters/Crafternoon Mash-Up event! Parents and caretakers, create an awesome adult craft, while they entertain the kids with a craft of their very own. All crafts are make and take, so bring your creativity and they supply the rest!

• **Wilderness Skills --** Tuesday, May 3 at 3:30 p.m.:

Mr. Mike Dennis is going to teach all about how to get along in the great outdoors. He presents courses on wilderness survival for kids ages five and up. Whether you’re earning a Scout badge or just planning to camp this summer, you can be sure you’ll learn something useful and fun!

• **Lego Club --** Thursday, May 12 at 3:30 p.m.:

Everything is awesome, everything is cool when you’re part of a team! Come do a team Lego build. Sometimes, use a theme, and sometimes just create your own, but always have fun doing it!

• **Young Adult Game Night --** Tuesday, May 17 at 7 p.m.:

Stop in for some wholesome (*and competitive*) fun with the selection of classic and contemporary board games. Challenge yourselves and each other to see who’s the ultimate board game player! This event is for Fifth Grade and up.

• **Checkers for Kids --** Thursday, May 19 at 3:30pm: Checkers for Kids- We provide the checkerboards for this no holds barred match of checkers skills. Children ages five and up are welcome to participate.

• **Young Adults Cook with Miss Nina --** Tuesday, May 24 at 7 p.m.:

Join to create some scrumptious dishes and get the basics on how to cook. They supply the food, so come hungry! ###

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Monday Afternoon
@ The Library
Seminars

The Free Public Library of Hasbrouck Heights will kick off their “Monday Afternoon @ The Library” series of seminars in The Library’s conference room from 3 to 4 p.m.

The subject matter will vary but emphasis will be on learning, laughing, and sharing. Participants will be encouraged to suggest topics and speakers for future meetings. The focus is on adults, especially for seniors. These meetings will be held the third Monday of every month, beginning May 23, 2016.

The first guest speaker will be Donna Atkins, known as the “The Life Story Lady.”

Would you like to create a written record of your life for your family and friends? If so, this workshop is for you. Through examples, guided activities and interactive exercises and constructive feedback, you’ll delve into memories with ease. Come trigger your creativity and be part of the joyful experience of committing your life to paper. This is a workshop, so the seating is limited. Registration is required.

A sneak peek to see what will be June 20th’s topic -- “Armchair Art Tours: Ancient Olympics.” Learn about the original Olympics Games through art of the ancient Greeks. Just in time for the Summer Olympics!

Call 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

HH Library
Book & Bake Sale
May 21 & 22

The Hasbrouck Heights Friends of The Library will hold its Spring Book & Bake Sale on Saturday, May 21, 9 a.m. to 4 p.m. and Sunday, May 22, 2016, 11 a.m. to 4 p.m. in the Senior Center located on the first floor of Borough Hall.

Gently used books and media along with delicious homemade baked goods will be available for purchase. The Friends are going to have a table to sell costume jewelry and holiday decorations.

Hardcover/Trade paperback books \$1.00, Paperback books \$.50, Media \$1.00 and some specialty items are individually priced.

Donations of books in good condition are now being accepted along with any gently or new costume jewelry or holiday decorations. Please no encyclopedias, magazines, Readers Digest, or text books.

Call The Library for details at 201-288-0488. ###

Lodi Friends
Seek Donations

The Friends of The Lodi Memorial Library is seeking donations of gently used books, DVDs, children’s books, music CDs, puzzles and games for The Friends Ongoing Book Sale and Spring Book Sale in May.

Please no magazines, encyclopedias, trade or text books, VHS tapes or damaged materials. Drop off donations at the Circulation Desk. Your donations support Library programming. If there are any questions, visit The Lodi Memorial Library or call 973-365-4044. ###

About the
Jersey Shore

On May 12, 2016, at 6:30 p.m., The Lodi Library will present travel author David Kriso’s program: “The New Jersey Shore: A coastline of lifestyle, leisure, and living color.”

The NJ shore program gives a detailed traveler’s guide to the major beach areas from Sandy Hook to Cape May.

Topics will include a geographic profile, highlights of popular beach areas (including Sandy Hook, Pt. Pleasant Beach, Seaside Heights, and Wildwood), hotels, restaurants, and transportation tips. ###

About Amtrak

On May 3, 2016, at 6:30 p.m., The Lodi Library will present travel author David Kriso’s program: “Amtrak: Staying on ‘track’ with America’s railroad.”

The Amtrak passenger railroad carrier presentation will include a historical profile, notable routes, travel tips, recent and ongoing projects, and the advantages of Amtrak’s Guest Rewards Program. ###

W-R Chess Club

On Wednesday, May 4 and 18, 2016, The Wood-Ridge Memorial Library will host a free Chess Club for learners of all ages. Children meet from 3:30 p.m. – 4:30 p.m. and adult beginning players meet from 4:30 p.m. – 5 p.m.

Designed for all ability levels, the Chess Club is led by a coach who can teach new chess players the basics, and help experienced players sharpen their skills. ###

VOTE JUNE 7

Last day to register for Primary Election is May 17.
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Market Share Report • 1st Quarter 2016

Listing and Selling Statistics Office Share from 1/1/16 to 4/1/16 • Bergen County
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Rank	Name	Transactions	Volume	Average	% Total
1	RE/MAX Trading Places, LLC	7	\$3,520,000	\$502,857	15.22
2	Berkshire Hathaway Home Services	6	\$2,782,000	\$463,667	13.04
3	Coldwell Banker	6	\$2,258,400	\$376,400	13.04
4	Century 21 Eudan Realty	3	\$1,254,000	\$418,000	6.52
5	Young Agency	2	\$1,300,000	\$650,000	4.35
6	DeSimone Prestige Realty, LLC	2	\$1,136,000	\$568,000	4.35
7	Real Living Gateway Realtors	2	\$902,000	\$451,000	4.35

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The Borough of Little Ferry employees accepting a Gold Award for 2015. ###

Municipalities Recognized for Safety Efforts

On Wednesday, March 23, 2016, the South Bergen County Municipal Joint Insurance Fund held a Safety Awards and Kickoff Breakfast meeting at the Stony Hill Inn. The guest speaker was NJ State Senator Paul A. Sarlo.

Of the 23 participating municipalities, 13 received safety incentive awards:

Gold Awards were presented to: Little Ferry, Fort Lee and North Arlington.

Silver Awards were presented to Fairview, Edgewater, Rutherford, Moonachie, Maywood.

Bronze Awards were presented to Ridgefield Park and Rochelle Park.

Certificates of Achievement were presented to Lodi, Englewood Cliffs, Wood-Ridge, Elmwood Park and South Hackensack.

Prior to the awards presentation, an overview of South

Bergen County Municipal Joint Insurance was given.

- 2015 highlights: Met with over 50 department managers, regional trainings to prevent workplace hostile behaviors, and incident investigations for supervisors, hosted a “Fast Track to Safety” Expo.
- Review of classroom and online training attendance.
- 669 Counselor Suite courses completed to include playground, aquatics and trip/

transportation safety; child sexual abuse and bullying prevention.

- “Managing technology risk through technological proficiency” and “CyberRisk” for municipal employees.
- Online safe patient lifting training for police, fire and EMS. (*Emergency responder back sprains and strains are some of the most severe claims.*)
- Review of 12 online safety-related classes available

online

- It was emphasized that safety starts with great leadership

Joint Insurance Funds are not insurance companies; instead they are construed to be public entities. They offer a range of insurance coverage to include: general liability, auto liability, worker’s compensation, etc.

For more information go to: <http://www.sbjif.org/> ###



Pinwheels for Prevention

At 11 a.m. on Saturday, April 16, 2016, Hasbrouck Heights GFWC-Contemporary Club and the HH Junior Women’s Club planted a pinwheel garden in front of the HH Municipal Building on the Boulevard to help show support for National Child Abuse Prevention Month.

Members wore purple in honor of National Child Abuse Prevention month.

While they planted pinwheels the General Federation of Women’s Clubs planted

1,200 pinwheels on the National Mall in Washington, DC.

Other places planting pinwheel gardens included Chicago and New York City planted on April 12.

The pinwheels were adopted in 2008 as the official symbol of Child Abuse Prevention. The GFWC joined the Prevent Child Abuse America project in October 2015.

Pinwheels have become the national symbol for child abuse prevention. It is a reflection of hope, health and safety.

According to Prevent Child Abuse America, pinwheels are to remind people of child-like notions and “stand for the chance at healthy, happy and full lives all children deserve.”

Pinwheels for Prevention began as a grassroots campaign in just a few states, and grew into a nationwide effort in 2008. The organization is now using the pinwheel symbol to “transform awareness into action” to “prevent the abuse and neglect of our nation’s children,” according to [www.](http://www.pinwheelsforprevention.org)

[pinwheelsforprevention.org](http://www.pinwheelsforprevention.org).

Part of the Pinwheels for Prevention effort also is to help kids build up their self-esteem, so they can learn to speak up for themselves when something isn’t right.

It’s important for the children to know that there are adults out there that are concerned and that care about what happens to them,

April is national Child Abuse Prevention Month. For more information go to: www.preventchildabuse.org/ or www.preventchildabuse.nj.org/ GFWC – an International

Women’s Organization dedicated to community improvement by enhancing the lives of others through community service.

NJSFWC – which stands for New Jersey State Federation of Women’s Clubs – is the largest volunteer Women’s Organization in the state and it is part of the General Federation of Women’s Clubs located in Washington, DC, provides opportunities for education, leadership training and community service through participation in local clubs, enabling members to make a difference in the lives of others, one project at a time. ###



Englewood Friends President Ella Urdang, BCCLS Executive Director Marie Coughlin, HH Library Trustee Rose Heck, HH Friends President Judy Mascis, Library Director Mimi Hui, BCCLS Library Services Director Arlene Sahraie, and Author Peter Danish

Peter Danish Speaks to Library Friends

On Monday, April 11, 2016, The Free Public Library of Hasbrouck Heights hosted a gathering of Friends of The Library groups that make up the 77 libraries of the Bergen County Cooperative Library System (BCCLS) to celebrate National Library Week (April 10 thru 16).

Special guest speaker was Peter Danish, an award-winning author, educator and marketing consultant. His public-speaking book, "I'll Give You Exactly Five Minutes," was a #1 Amazon.com Business Best Seller.

His novel, "The Tenor," won the ReadersFavorite.com Best Historical Fiction Book

and received an Honorable Mention for Best Historical Fiction Book from the New England Festival of Books.

His newest novel, "Medjugorje," takes us on a journey to a holy shrine, in a war-torn country. It is a mystery about an American filmmaker visiting Medjugorje" to research a film about the extraordinary goings-on there.

Peter captivated the audience with his tales of how he became an aspiring writer. If you want to know more about this author or would like to read any of his three books, visit your local Library today or reserve your copy online by surfing over to www.bccls.org ###



The Felician School for Exceptional Children held a "Welcome Spring/Easter Egg Festival" at their campus on March 22, 2016. The students made hats, headbands and ties to wear in the Easter Parade. They had their picture taken with the Easter Bunny. They had an egg hunt, painted eggs, a bunny zip line, sack race, pin the tail on the bunny and ring toss. Every student received a gift. The program was organized and coordinated by Mary Anne Protzo. ###



Union School Celebrates STEM Night

On Thursday March 31, 2016, Union School in Rutherford held STEM Night. Students and their families were invited to a night of fun building and viewing exciting displays. Grade Eight teachers Nicole Zayatz and Christopher Viola organized the event.

Students and their families completed many hands-on activities, such as building bridges out of candy and toothpicks, building a boat of foil and then testing how many pennies it could hold, engineering a puppet to move, and exploring binary code through beads.

Over thirty Grade Eight students served as volunteers to

help make the night successful. Eighth Grader Alexandria Szmacinski, one of the volunteers, said, "It was fun communicating with the younger students of the school and teaching them how to build the shock absorber. Nikita Batra, another volunteer added, "Watching the children work and their having creative and different ideas was fun and entertaining." The event was very successful and the teachers hope to make it even bigger next year!

Photo: Students are building a shock absorber system to mimic astronauts landing on the moon. *Provided by JoAnn Hughes.* ###



CFD Fish Fry

On March 25, 2016, Carlstadt Fire Department Engine 702 held a fish fry. *Photo by Dennis Kronyak.* ###

Showcase

The East Rutherford Faust School Drama Club students presented a Showcase Production on April 1st and 2nd. Faust's Showcase followed the theme of Mantras with inspiring and entertaining numbers such as "Hakuna Matata," "Put on a Happy Face," and "Shake it Off."

The Drama Club actors and crew received well-deserved accolades for their enjoyable performance.

The musical Showcase was directed by teachers, Ms. Cerny and Ms. Valeo, with artistic assistance from Mrs. Velasquez, and with the support of Principal Regina Barrale and Superintendent Joseph Abate. *Provided by Jessica Gerity.* ###



The Friends of The Lodi Memorial Library sponsored The First Day of Spring Event on March 21, 2016.

Almost 40 children and about 40 adults attended this two hour event that included a story time, craft, a visit by "Lodi Larry the Rabbit" and "Yurtle the Turtle," a talk about Backyard Animals and Wild and Crafty Critters with demos on the life of animals in the wild in Bergen County.

This program was a partnership between the Bergen County Zoo, The Friends of The Lodi Memorial Library and the Lodi Memorial Library. *Photo: Friends with members of the Zoo and "Lodi Larry the Rabbit." Provided by Justin Watrel.* ###



Brooke Biamonte, the winning artist and Dawn Marcano, AVP/Wood-Ridge Branch Manager

Young Artists Display Artwork

Kearny Bank’s Wood-Ridge Office recently offered its wall space to the local Junior/Senior High School art program for a display of paintings created by its young artists.

For the duration of the art display, bank visitors and community members alike, cast their votes for their favorite work of art.

The local residents and bank customers voted Brooke Biamonte’s (7th Grade) painting “The Eye” as their favorite art piece.

The second place goes to Tiffany Perez (11th Grade) for “The Bridge” and the third place goes to Jenna Wollerman (12th Grade) for “The Still Art” painting. ###



Mayor James Cassella Reads to Children

Mayor James Cassella came to East Rutherford Memorial Library on March 24, 2016 for a special story time. More than 25 children and family members attended. They loved listening to the three books he read. They not only got to listen to several stories, but they took pictures and received a special bookmark for their attendance. *Provided by Maria Russo. ###*



Chief Minda Kicks Off Monthly Police Story Time

East Rutherford Police and The East Rutherford Library have teamed up to have a monthly police story time. Police Chief Larry Minda kicked things off and read a sweet story, entitled “Hannah and Sugar,” a tale about a young girl overcoming her fear of a neighborhood dog. *Provided by Maria Russo. ###*



Caring and Sharing This Easter Season

Bright Girl Scout Smiles abound as GSNNJ Troop 94037 Wood-Ridge welcomed spring with a donation of Easter Goodies to the Center for Hope and Caring. *Provided by Sandra O’Byrne. ###*



Rutherford Students Enjoy Learning with Minecraft

Union School’s 5th Graders in Mrs. Lyons and Mrs. Lamba’s class are excited to use the computer game Minecraft to apply their classroom learning. The students first used the program to create replicas of the early American colonies, and now they are using Minecraft to find the volume of historical landmarks. The students are having fun while gaining a deeper understanding of the curriculum, developing their problem-solving and technology skills, and learning to work as a member of a group.

Back row: Lucas Almeida, Joshua Cha, Gabriel Castillo, Zoe LaBow. Front row: Tatiana Woodside, Caroline Gemelli, Catherine Bardzell, Katherine Bononno. Provided by JoAnn Hughes. ###



Rutherford High School Students Succeed at FCCLA State Leadership Conference

RHS students competed in Family and Consumer Science events as well as participating in many leadership workshops at the FCCLA Conference held in March in Cherry Hill, NJ.

Pictured in the front row from left to right: Erza Balidemaj (Food Innovations, bronze medal), Catherine Carton (Fashion Runway Sports-wear, silver medal), Shannon Clare (Interpersonal Communication, silver medal), HaeSu Kim (Life Event Planning, gold medal), Joanne Na (Sports Nutrition, gold medal).

Back row from left to right: Megan Chow (Food Innovations, bronze medal), Larissa Nam (Illustrated Talk, gold medal), Kinza Siddiqui (Illustrated Talk, gold medal), Euri Kim (Personal Patchwork, gold medal), teacher Geraldine Howard, Peggy Martin (Sports Nutrition, gold medal), Christopher Chow (Interpersonal Communication, silver medal), and Jillian Davis (Cake Decorating, silver medal).

Teacher Geraldine Howard received the 2016 NJFCCLA Distinguished Service Award. *Provided by JoAnn Hughes. ###*

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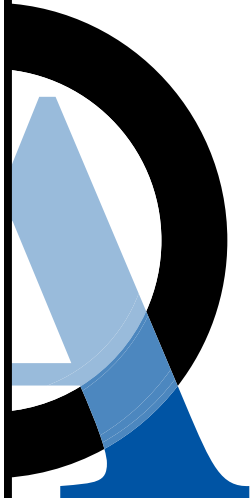
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Heights Hosts 9th Avia



Aviator Invitational Relays



On Friday, April 15, 2016, at Gary Depken Athletic Field, the Hasbrouck Heights Jr./Sr. High School hosted the Aviator Invitational Relays. About 40 high schools and 1,200 athletes participated.

This is the 9th major invitational championship meet to be held at Depken Field since the new facilities were installed. (The event used to be called the Twin-Borough Relays.)

During opening ceremonies, at the "Wall of Fame Honorees," Jenn Nass (2011), Marissa Romano (2011), Pat Cole (2011), and Kevin Condal (2011) were recognized for their Track and Field accomplishments.

Track events started at 4 p.m. and finished at 8:30 p.m. They included: 6,400 meter relay, 400 meter relay, intermediate hurdle relay, 800 meter relay, 3,200 meter relay, sprint medley, shuttle hurdle relay, distance medley relay and 1,600 meter relay.

Field events started at 4 p.m.

and concluded at 9 p.m. They included: pole vault, high jump, shot-put, discus, javelin, triple jump and long jump.

Participating in the All North Jersey NJSIAA Group 1 & 2 meet were 21 teams from: Bogota, Cresskill, Dwight-Englewood, Emerson, Fort Lee, Garfield, Glen Rock, Hasbrouck Heights, Hawthorne, Lodi, Lyndhurst, Midland Park, New Milford, Newton, North Arlington, Park Ridge, Saddle Brook, Secaucus, Science Park, Verona, Waldwick, Wallington, West Essex, and Wood-Ridge.

The event was headed by Rob Brady who has been the HHHS Head Track Coordinator for 22 years (and associated with the track program for 26 years).

HHHS Director of Athletics, Mike Sculla, helped organize this meet with officials, team entries, etc.

All proceeds from the meet went to the Hasbrouck Heights Track Program. ###





Carlstadt Little League Opening Day

The Carlstadt Little League postponed its Opening Day Parade to Sunday April 10, 2016. At about 12:30 p.m., they marched from Borough Hall to the Little League Field located on 9th Street, followed by the Carlstadt Fire Department.

Before the Opening Day Ceremonies began, the passing of long time board member, coach and friend, Fred Willms, was noted.

Fred was a leader who led by example. He instilled the Little League culture with building teamwork, friendships and guidance.

He supported both the Carlstadt and District 5 Little League programs for over 40 years. A leader who led by example. He attended the games as a spectator throughout the district, as well as to see his grandchildren play the game.

The Opening Day Ceremonies began with thanking all of the coaches and volunteers, the

Little League Board, the Mayor and Council, DPW, Police and Fire Departments, Ambulance Squad, contributions from various businesses and organizations.

Congratulations were given for last year's championships.

In the Girls Softball division that was partnered with the Wallington Girls Softball for 9 and 10 year old girls, the team finished the Post season with 1-2 record. They were undefeated in the District, Sectional and State Tournaments and finished in the regional tournament 2-2.

Board members and coaches were introduced. Fred Willms' son threw out the 1st pitch. The National Anthem was played, followed by "Play Ball!"

Established in 1951, they are celebrating their 65th Anniversary. *Photo by Dennis Kronyak Sr. ###*

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Hasbrouck Heights Little League Opening Day



Following a parade from Borough Hall to the Major League Field (*first time in about 15 years*), the Hasbrouck Heights Little League held its 63rd Opening Day Ceremony on Saturday, April 16, 2016.

HH Little League President Ken DeBaun officiated, and thanked the sponsors, managers/coaches, etc., who make the League a success.

The National Anthem was sung by Lauren Cappadona. Pat and Liz Fass were recognized for their years of service as well as Thomas Mason. Mayor Jack DeLorenzo threw out the first pitch.

The Little League Pledge was given by Tommy Capozzi, Jake Diaz, Ryan Connolly and Trey Armonaitis. The League has 33 teams and over 360 kids. ###



“Batter’s Up”

The HH Little League held its 21st Annual Pancake Breakfast on Sunday, April 17, 2016, from 8 a.m. to 1 p.m., at the VFW Hall on Veterans Place.

The menu included pancakes, sausage, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts.

The Tricky Tray sports memorabilia auction followed from noon to 1 p.m. Proceeds to benefit remodeling of dug-outs and minor field back stop. ###

W-R/Moonachie Little League Opening Day

Despite threatening weather, The Wood-Ridge/Moonachie Little League started their 65th Opening Day with a parade from the CVS Pharmacy on Valley Boulevard, to the 6th Street Field on Saturday, April 9, 2016.

Little Leaguers lined the infield and the program began with the National Anthem. Little League President for the past 23 years, Phil Romero, officiated and thanked the sponsors, managers/coaches, and others who help make the

League a success. He stated that all coaches were certified in CPR. He also thanked the Borough of Wood-Ridge for the major renovations and clean-up. Tom Schmidt and his son, Tom, read the Little League

Pledge. Moonachie Mayor Dennis Vaccaro and Wood-Ridge Mayor Paul Sarlo threw out the first pitches -- starting the official season. The League was started in 1951. ###

Immediately following the Little League opening day ceremonies, Borough officials went to The Girls Softball League field on Union Street to dedicate the extensive renovations and to mark opening day. ###



Rutherford Relay For Life

The American Cancer Society is recruiting teams from the area to participate in the annual Relay For Life of Rutherford on May 6-7, 2016 at Tryon Field, Rutherford.

The Relay For Life movement unites communities across the globe to celebrate people who have battled cancer, remember loved ones lost, and take action to finish the fight once and for all.

Last year, more than 900 people participated in the Relay For Life of Rutherford and raised over \$76,000.

Visit relayforlife.org/rutherford to learn more and to sign up. ###

HHMA Memorial Golf Tournament May 25, 2016

The Hasbrouck Heights Men's Association will be holding their Annual Bizik-Hughes Memorial Golf Outing on Wednesday, May 25, 2016, at Meadows Golf Club, 79 Two Bridges Road, Lincoln Park.

All money raised will be awarded as scholarships to qualified graduating seniors of Hasbrouck Heights.

Cost is \$125 and includes: round of golf, cart, plus cash contest of longest drive, closest to pin, pot of gold and features a \$10,000 hole in one -- plus 50/50 and raffle. Registration starts at 7:30. Shotgun start at 9 a.m. Best ball format. Breakfast buffet starts at 7:30 a.m., with lunch buffet to follow after golf. For more information, call 201-725-2917. ###

Care Walk May 1

The Cooley's Anemia Foundation (CAF) (*dedicated to battling the genetic blood disorder thalassemia, a.k.a. Cooley's Anemia*), will hold the 5th Annual Care Walk at Knights of Columbus, Saddle Brook Park, on Sunday, May 1, 2016 from 10 a.m. to 2 p.m., featuring a BBQ, face painting and DJ music. For details, call Lisa at 201-306-2951. ###

Carlstadt PBA Golf May 20

Carlstadt P.B.A. Local 312 will be having their 29th Annual Golf Outing starting at 7 a.m. on Friday, May 20, 2016 at The Knoll Country Club in Parsippany, NJ.

The cost is \$175 and includes greens fees, cart, continental breakfast, BBQ at the turn, buffet luncheon with open bar, golfer's gift, on-course beverages, and awards.

P.B.A. Local 312 is also looking for hole sponsors for \$200 and tee sponsors for \$100.

Checks can be made payable to Carlstadt P.B.A. Local 312 and mailed to PO Box 306, Carlstadt, NJ 07072. Contact Steve, Jonathan, or Felix at 201-438-4300, for more information. ###

W-R Lions Golf Outing May 2

The Wood-Ridge Lions Club will be holding their annual golf outing on Monday, May 2, 2016 at The Farmstead Golf Course. Cost is \$145 per golfer. Registration includes continental breakfast, lunch, greens fees, cart and souvenir gift. For reservations please call Ed Garrett at 201-641-2803 or e-mail at janpro911@aol.com. Proceeds will fund Lions Club projects. ###

Matt Fenton Memorial 5K June 5

On Sunday, June 5, 2016, at 9 a.m., the 6th Annual Matt Fenton Memorial 5K Run/Walk at Willow Lake Park, will start at the Little Ferry Public Safety Building/Senior Center at 95 Main Street, Little Ferry, NJ.

This USATF sanctioned Grand Prix Event is 500 points. Pre-registration is \$20 with day of race \$25, starting at 7:30 a.m.

Register online until June 3 at www.raceforum.com/littleferry or register by mail before June 1. For race information, go to www.littleferrynj.org or email: Moses.racedirector@gmail.com

Awards for top 3 male/female overall medals, gift certificates to top 3 male/female in

5-year age-groups up to 80+, top male/female Little Ferry resident prizes, and top male/female First Responder prize.

Amenities include refreshments, DJ, B-Tag scoring by Compuscore, and T-shirts to first 700 runners. Event also includes awards ceremony, random prizes and family fun and kids activities.

RACE PROCEEDS will support local first responders, as well as the Semper Fi Fund, which provides services for wounded and critically ill service members from all branches of the United States Armed Forces(www.sempertifund.org)

• Lost to us on May 5, 2006, Sgt. Matthew J. Fenton was a larger than life figure to those who were blessed to know him. Fatally injured while conducting combat operations in Iraq, Sgt. Fenton's service to our Country shall not be forgotten.

Sgt. Fenton was with the Forces Reserve's Inspector and Instructor Staff, 1st Battalion, 25th Marine Regiment, 4th Marine Division, Fort Devens, Massachusetts.

At his funeral, Sgt. Fenton was made an honorary Little Ferry Police Officer, the job which he was to hold upon his return to Little Ferry. ###

HH Lions Golf Outing May 20

The 52nd Annual Tournament is scheduled for Friday, May 20, 2016, at the Meadows Club in Lincoln Park. Fee is \$125 and includes golf, cart, lunch and dinner with beverages, plus prizes.

The event is sponsored by the Hasbrouck Heights Lions Club. Proceeds to benefit various community charities. For more information call Kevin at 201-665-4442 or Joe at 201-410-7593. ###

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Filling You In

By Jeffrey E. Mason, D.M.D.

E-cigarettes

Smoking—a proven harmful and deadly habit—is an addiction shared among an estimated 42.1 million adult Americans.

Now, more and more smokers, including adolescents, are turning to the increasingly popular electronic cigarettes, or e-cigarettes. Read on for more information about the risk of e-cigarette use.

What is an e-cigarette?

An e-cigarette is a battery-operated device that converts the liquid chemical propylene glycol, as well as nicotine, flavoring, and other additives, into a vapor that you can inhale. This practice is known as “vaping.”

Who uses e-cigarettes?

As of July 2014, as many as 2.5 million Americans were using e-cigarettes, and these devices have become especially popular in urban areas and among teenagers. Research also shows that in 2013, more than a quarter million middle and high school students who had never before smoked conventional cigarettes had used an e-cigarette—three times as many as in 2011.

What are the risks of e-cigarette use?

Smoking conventional cigarettes is known to lead to a multitude of health problems, as well as dental problems, including gum disease and oral cancer. However, there currently isn’t much research on how smoking e-cigarettes may affect your health in the long term.

What experts do know is that if you smoke e-cigarettes, then you are inhaling nicotine, which is highly addictive and the most common form of chemical dependence in the U.S. When it comes to your oral health, nicotine can harm

your teeth and gums, and it also may contribute to gingivitis, dry mouth, and gum disease, among other conditions.

What are recommended alternatives to smoking?

If you’re interested in quitting smoking, instead of picking up an e-cigarette, try the following:

- Ask your health care provider about nicotine replacement therapy. Nicotine nasal sprays and inhalers are available with a prescription, as are smoking cessation medications like Zyban™ and Chantix®. Speak with your physician if you’re interested in trying this type of therapy. Patches, gum, and lozenges to help with smoking cessation also are available over the counter.
- Reach out. Quitting smoking often requires support. Find a friend you can count on to help you stick to your smoking cessation goals. Or, join a support group. Health professionals, such as your dentist or physician, can suggest groups for you to join.
- Focus on relaxation. Some people smoke to reduce stress. Instead, try meditation or deep breathing exercises, or take a yoga class.
- Exercise. Thirty minutes of physical activity each day may help reduce your desire for a cigarette. So, if you’re feeling the urge to smoke, try hitting the gym instead.

Quitting smoking is difficult and may take more than one try, so don’t become discouraged if you’re not completely successful the first time.

If you’re already a user of either e-cigarettes or conventional cigarettes, it’s never too late to quit. Talk with your dentist or another health care provider for more information.

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

TEB 5K Run July 16

The 19th Annual PSE&G Bergen County United Way Teterboro Airport 5K Run is scheduled for 8:30 a.m., on Saturday, July 16, 2015, at Jet Aviation (*Moonachie Avenue*).

Last year’s event attracted almost 600 runners and this year even more are expected.

Well known as a “must-run” summer race, the course is certified and sanctioned by USATF and is a Grand Prix Series Race.

The course is flat out and back with only five turns, two water stops and mile clocks on the runway. Run is 500 USATF-NJ NBGP points.

Over \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, Chrono-Track B-Tag Scoring, United Way Mini-Flyer Dashes, Food, DJ, etc.

Registration fee is \$25 before July 13, and \$30 on race day. Early registration is advised. Registration site – www.raceforum.com/teterboro.

Security will be tight. Two forms of ID are required. All bags are subject to be searched. No one will be allowed entry to the airport and race staging area after 7:55 a.m.

Proceeds will be used to provide direct services to the

most vulnerable residents in our community.

Race director is Cheryl Moses. Results will be at: www.compuscore.com. For more information go to: www.bergenunitedway.org ###

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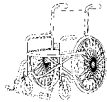
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We are currently accepting members from Wood-Ridge and Hasbrouck Heights on a first come first served basis.

There aren’t that many memberships still available, so if you are thinking about joining the Swim Club, **act now**. Go to our website hhs swimclub.com for details and an application:

Kristin Schaffer, President, Hasbrouck Heights Swim Club
Email: hhs swimclub@gmail.com

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Swim Club Kicks-off its 55th Season

The Hasbrouck Heights Swim Club, a private pool club open to 425 families from Hasbrouck Heights and Wood-Ridge, will open for its 55th summer season Memorial Day Weekend, May 28, 2016. “We look forward to another year of family fun for our members,” says Kristin Schaffer.

The many activities and enjoyable social events during the swim season include Summer Kick-off, Family Float Day, Sundae Sunday, Teen Night and Family Fun Night.

The Club offers daily activities to members, including an aquasize class, and swim lessons for children of Club members.

The facilities include a kiddie pool, a water slide, dive boards, lap lanes, basketball courts and a picnic area.

The Club boasts an award

winning swim team and dive team which practice daily and compete with local clubs. The teams are coached by staff members and open to kids ages 5 to 16.

The Club also sponsors a life guard training course at the beginning of the summer, for those aged 15 and up who wish to gain Red Cross certification and lifeguard at the pool.

Said one twenty year plus member, Val Giancaspro, “for less cost than a week’s vacation at the shore, a family can spend the entire summer at the Swim Club, right in our own backyard.”

As of this date there are a handful of memberships for the 2016 season still available. For more information, please go to the Club’s web site at www.hhswimclub.com ###

Nurse’s Station Spring Allergies

Spring is the time of year that we normally think of when it comes to seasonal allergies.

As the trees start to bloom and the pollen gets airborne, allergy sufferers begin their annual ritual of sniffing and sneezing. Each year, 35 million Americans fall prey to seasonal allergic rhinitis, more commonly known as hay fever.

What causes spring allergies?

The biggest allergy trigger is pollen -- tiny grains released into the air by trees, grasses, and weeds for the purpose of fertilizing other plants. When pollen grains get into the nose of someone who’s allergic, they send the immune system into overdrive.

The immune system, mistakenly seeing the pollen as foreign invaders, releases antibodies -- substances that normally identify and attack bacteria, viruses, and other illness-causing organisms. The antibodies attack the allergens, which leads to the release of chemicals called histamines into the blood. Histamines

trigger the runny nose, itchy eyes, and other symptoms of allergies.

Pollen can travel for miles. The higher the pollen count, the greater the misery. The pollen count measures the amount of allergens in the air in grains per cubic meter. You can find out the daily pollen count by watching your local weather forecast. Allergy symptoms tend to be particularly high on breezy days when the wind picks up pollen and carries it through the air. Rainy days, on the other hand, cause a drop in the pollen counts because the rain washes away the allergens.

How are spring allergies diagnosed?

If you’ve never been formally diagnosed with spring allergies but you notice that your eyes and nose are itchy and runny during the spring months, see your doctor. Your doctor may refer you to an allergist for tests.

What's the treatment for spring allergies?

Doctors treat spring aller-

gies with a number of over-the-counter and prescription drugs.

Even though you can buy these allergy drugs without a prescription, it’s a good idea to talk to your doctor first to make sure you choose the right medication.

If over-the-counter remedies don’t help allergies, your doctor may recommend a prescription medication or allergy shots.

Allergy shots expose your body to gradually increasing doses of the allergen until you become tolerant of it. They can relieve your symptoms for a longer period of time than oral and nasal allergy medications. Although they don’t work for everyone, in people who do see a response, allergy shots can stave off symptoms for a few years.

How to manage spring allergies

It’s nearly impossible to completely avoid spring allergies if you live in an area where plants grow. However, you can ease sniffing, sneezing, and watery eyes by avoiding your main allergy triggers. Here are a few tips.

Try to stay indoors whenever the pollen count is very high (pollen counts usually peak in the mornings).

Keep your doors and windows closed whenever possible during the spring months to keep allergens out. An air purifier may also help. *Source: www.webMD.com* ###

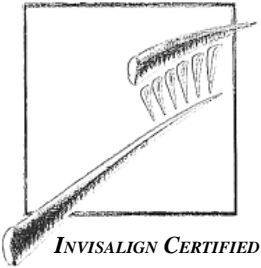
HHFD Annual Inspection May 14

The public is invited to attend The Hasbrouck Heights Fire Department Annual Inspection, at 7 p.m., on Saturday, May 14, 2016, at Fire Headquarters, 248 Hamilton Avenue.

Department personnel will be in full dress uniform. The equipment and fire headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. ###

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Memorial Day 2016 Services

The public is encouraged to participate in these patriotic events.

Carlstadt
On May 30, 2016, starting at 9 a.m., at the American Legion, Veterans will march along 3rd Street and end at Berry Lawn Cemetery. Wreaths will be placed at Borough Hall and at Memorial Park on Hackensack Street.

Hasbrouck Heights
The Annual Memorial Day Parade is scheduled to start at 10 a.m., on May 30, 2016, at Williams Avenue, march along Terrace Avenue and conclude at Memorial Park at Passaic Avenue, followed by services at the Firemen's Memorial at The Circle.
This annual event is co-sponsored by the James B. Scarr Post 106 American Le-

gion and the Veterans of Foreign Wars Post 4591. Refreshments at the VFW Post Hall follow.

Lodi
On May 30, 2016, memorial ceremonies will take place as follows: Lodi Ambulance Corps Headquarters at 8:45 a.m., Lodi Fire Department, Kennedy Drive, at 9:15 a.m., VFW 10 a.m., American Legion 10:30 a.m. and the Lodi Police Department at 11 a.m. followed by a service at the “Walkway for Peace.”

Little Ferry
On Saturday, May 28, 2016, at 11 a.m., a combined community ceremony will be held at Washington and

Memorial Schools, hosted by Ameriical Legion. Refreshments follow. At 10 a.m., both the VFW and Americal Legion will have ceremonies at their respective posts.

Moonachie
On May 22, 2016, at 7 p.m., a Community Memorial Veterans Service will be held at The First Presbyterian Church of Moonachie. All Veterans and emergency services personnel are most welcomed.
On Saturday, May 28, 2016, Municipal Memorial Day services will be held at the Municipal Building at 10:30 a.m. Rain or shine.

Rutherford
On Monday, May 30, there

will be a Memorial Service at the Union Avenue Memorial Bridge followed by "Taps" Salute at Sunset Park.

A Parade will start at 9 a.m. at Union and Darwin to Borough Hall where a Service will take place.

Wood-Ridge
The Fire Department will hold their Memorial Services on Wednesday, May 25, 2016, at 7 p.m., at Fire Headquarters.
On May 30, an 8 a.m. Mass will be said at Assumption Church.

Veterans services will begin at the Walk of Freedom at the Senior Center at 10 a.m., with the parade following at 11:30 a.m. at the Veterans Walk of Freedom.

The parade will step-off from the corner of Hackensack Street and Highland Avenue (Senior Center) and head South

on Hackensack Street to Union Avenue heading west to Valley Boulevard. The parade procession continue north and will end at Windsor Road. *Free flags and novelties will be distributed along the parade route.*

The conclusion of the parade will take place at Veterans Park where festivities will include refreshments (*hot dogs & ice cream*), strolling musicians, military vehicle rides and involvement from many local merchants.

USS Ling
A Memorial Day Service may be held at the New Jersey Naval Museum, located at the USS Ling, on Sunday, May 29, 2016, starting at 13:00 hours. Refreshments follow. Due to emergency repairs, please call 201-342-3268 to confirm. ###

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Real Estate Insight

By Mary Ellen Courtney



On Having Second Thoughts...

You're in the market to buy a new home and have viewed a good number of properties.

You've found one that fits the bill and you finally bite the bullet. You make an offer on it. Your offer is accepted! You and your family go to bed that night elated and excited. You're buying a home!

But the next morning, it begins. You start asking yourself troubling questions. Did I spend too much? Is this the right place? Do I even want to move?

This is Buyer's Remorse and it's something that nearly every new buyer experiences.

We, in the real estate business, know well its symptoms

and will try to warn our clients about it ahead of time. But why does it even happen at all?

Well, let's face it: buying a home is likely the largest purchase you will make in your entire lifetime. It's a lot of money, a lot of responsibility and a lot of debt. It's also a long-term decision that locks you into one location - there's a loss, hypothetically, of flexibility, of options, etc.

And after all, people can get buyer's remorse when buying a pair of shoes - so you might indeed expect second thoughts on a purchase of this scale. It's human nature...

Realtors can help here. A good buyer's agent will endeavor to know in advance what your deal-breakers are, what you must have in a home versus what you want to have.

It's useful, therefore, to make a list of details - large to small - that will help you and your agent assess those needs and wants.

Paired with this list, you should know exactly how much you can afford. You should determine monthly payments, maximum mortgage affordability, your down payment, etc., etc.

You might need a four bedroom home but can only afford a three in the area you're exploring. Instead of stretching your finances to meet that 4 bedroom house then regretting it later, reassess - either downsize or find a 4 bedroom in a less expensive neighborhood.

Buyer's remorse is particularly acute and widespread in a competitive seller's market like the one we're now experiencing here in Bergen County.

We're seeing situations where two or more buyers, in-

terested in the same property, will make increasingly higher offers of the price they are willing to pay for it.

The bidding always occurs at fast pace requiring potential buyers to make less thought-out decisions than they normally might.

Consequently, though a bidding war may be a seller's dream come true, it can often result in a serious case of remorse to the buyer.

In these situations, an honest realtor would advise: "Set a number in your head where you say, 'Over that, I don't feel comfortable buying it.' If that number has been breached, walk away."

Real estate is often such an emotional investment that many people get caught up in a bidding war that they can't afford.

But perhaps more importantly is advice that you give to yourself; that - to some degree or other - it's going to happen. Before you put in an offer, even while you're looking at homes, it's good to remind yourself that you will feel some remorse, even if you absolutely love the property.

The more you acknowledge that buyer's remorse is going to occur, the less surprised and affected you'll be when you actually experience it.

Buyer's remorse isn't a pleasant feeling and it often takes a lot of inner confidence to overcome. Typically, however, people get over these feelings in the first couple of days, once they realize that, despite their worries, they're quickly facing a truly exciting future.

Then they can focus on moving, dreaming of improvements to the property and starting a brand new life in their new home. ###

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

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The U.S. Small Business Administration announced on December 2, 2015 that federal disaster loans are available to small businesses, and most private nonprofit organizations of all sizes located in New Jersey as a result of Hurricane Sandy. SBA's disaster loans are also available to homeowners and renters.

SBA disaster business and home loans are available for Hurricane Sandy survivors for disaster-related uncompensated losses whether they previously applied or never applied.

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zations, and 1.688 percent for homeowners and renters with terms up to 30 years.

Loan amounts and terms are set by the SBA and are based on each applicant's financial condition.

Applicants may apply online using the Electronic Loan Application (ELA) via SBA's secure website at <https://disasterloan.sba.gov/ela>.

The filing deadline to return applications for physical property damage and economic injury applications is December 1, 2016. For more information about the SBA's Disaster Loan Program, visit: www.sba.gov/disaster. ###

Artful Thinking

By Artie Maglionico • Lodi Historian

For the past six months, I have been recuperating from total hip replacement surgery. I'm happy to announce that I'm well on the road to complete recovery and have been making strides toward returning to life I knew before the surgery.

A large part of my therapy has been to lace up my sneakers and to simply walk. Many of you who haven't seen me since my surgery are noticing that I'm walking minus that agonizing limp that has plagued me for what seemed like an eternity.

Anyone out there who has had a similar problem knows only too well what I'm talking about.

I know that there are a lot of you out there because everyone I talk to, of late, either had the procedure done or knows someone who did. Some of you had both hips replaced and what's even more remarkable, a few of you had them both done at the same time.

Today we are all walking around with a spring in our step and a smile on our faces. I for one am quite giddy about the whole thing but let me tell you folks the days leading up to my surgery were among the most panic stricken days of my life. Believe me I wasn't laughing.

What caused the deterioration of my hip remains, at least for the most part, a mystery of sorts.

Thirty years of running no doubt contributed to the malady but in all honesty I must tell you that I never saw it coming. It wasn't a gradual thing rather a sudden jolt of pain that stopped me in my tracks and got progressively worse as time went on.

I recall running up the Arnot street hill when I felt an unfamiliar pain emanating from the right side of my lower back. I attempted to run through it hoping that the pain would ease up as was usually the case with other pulls and strains...not this time!

By the time I reached Corabelle Avenue the pain was so intense that, for the first time in my running life, I had to stop dead. I had to hobble all the way home which at the time was up on Hillside Place near Route 46.

Surprisingly enough, after a few days' rest, I began running again which in retrospect was a monumental mistake since the motion wore away what was left of the cartilage until all that was left was bone on bone. I always prided myself on being in the best

physical condition possible and tested myself by entering 10k races posting some pretty impressive times and beating more than a few opponents in the process.

Once I passed you I never looked back since I had a tremendous kick that took me across that finish line in a blaze of glory.

Am I getting too dramatic folks? Hey you never know...a Hollywood producer could be reading this and might decide to make a movie out of it. Who would they get to play me? Why me of course! Who else?

I forgot what I was talking about...no seriously folks...give me a moment to gather myself. The dream of stardom is intoxicating but reality hits like a bad hangover. Anyone got an Advil?

Anyway "reality" paid me a visit when I entered the Ridgewood Memorial day race a few years ago. My pace was so slow (*everybody...How slow was it?*) they needed a calendar to post my time.

What was even more humiliating was watching helplessly as all the runners I taunted down at the park where I used to train passed me up one by one.

With my self-esteem completely shattered and racked with excruciating pain I crossed the finish line. It was my last race.

From there it only gets worse and to be honest with you folks it is not for the faint of heart. Those of you who saw me limping through town know how severe my condition was...

Ask my cousin Anthony...I know I usually say that jokingly but this time I mean it sincerely.

By April of 2015 the pain was so intense that I could hardly take a step without wincing in pain.

By then friends and relatives were pleading with me to see a doctor but because of fear, never having been in a hospital other than as a visitor, and the foolish belief that the hip would heal itself their pleas

went unheeded.

It was when people began calling me Amos McCoy (*the character in the TV series The Real McCoy's played by Walter Brennan...he walked with a severe limp...by the way if there are any young people reading this ask your grandparents*) that's when I finally decided to find a solution to this dilemma.

Also some of the runners I used to humiliate were spreading it around the racing community that I looked like a 90 year old man. The saddest part about that observation was that I knew a few 90 year olds who were in better shape than I was...yea I knew it was time!

On August 19, 2015, after what was the worse summer of my entire life, I paid a visit to the Hartzband Group in Paramus, NJ where an Orthopedic Surgeon by the name of Dr. Ari Seidenstein took one look at my x ray and in the blinking of an eye had me scheduled for hip replacement surgery for the following September 19.

The days in between were wrought with panic attacks, hyper ventilation, sleepless nights, denial, utter fear of the unknown, cold sweats, the inability to hold down food, arguments with God all of which I lost and yes dreadful pain.

Finally in the early morning hours of September 19, I was at the Hackensack University Medical Center getting prepped for surgery.

Just as I was ready to be wheeled into the operating room Dr. Seidenstein stopped by and assured me that I was in good hands and I believed him. As he spoke he took out a black marker and autographed my right hip ...the one he was about to operate on.

He was leaving nothing to chance. After all the tests, all the times I was asked what hip it was and there were many, all the x rays, scans and repeated questions all of which were directed to my injured right hip it all came down to his signature.

Well folks thanks to the grace of God and the gifted hands of the good Dr. Seidenstein I'm walking around pain free and as giddy as a school boy on a Saturday morning. ###

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Veterans Today

By Thomas Marshall

Every nation has a capital city. A capital city usually is at the center of the nations' affairs. It contains politics, business and a lot of people strolling and bustling about to conduct either one. It's nothing new. Since the earliest days of Rome, it was also common that when an opposing army attacked and took your capital it was a sign that the war is lost. So naturally, the capital is always a target for the enemy.

America changed this in many ways. When Philadelphia, the capital of America at the time, was taken in the American Revolution, the British occupiers spent the winter there. Then realizing that it didn't stop the war in America they left.

Again during the War of 1812 the British captured Washington, D.C. They burnt the White House down. Even ate President Madison's dinner. But once again, Americans refused to yield. The war continued. By the way, in modern times, when they strip all the paint off the White House during times of repainting the burn marks from the fire of 1813 can still be seen on the foundation.

So, we now come to the Civil War in America. As the War began in 1861, plans were made to stop the rebellion in the South. As is customary with war, the Confederate capital became a target of high importance.

Major General George McClellan commanded the Army of the Potomac in 1862 and he had with him 105,000 soldiers under his command. President Lincoln ordered him in February to move and end the rebellion.

McClellan decided to take Richmond, Virginia. He was looking to avoid a long overland route that could cost him many troops like the first battle of Bull Run had done.

In April of 1862, he decided to take his army by ship and land them at the southern tip of the Virginia Peninsula. Once on the Peninsula, Major General McClellan would find that if attacking the Confederates from the North was bad, attacking the from the East could be worse.

The Peninsula is the body of land in between the Potomac River and the James River. A smaller river known as the Chickahominy runs down the middle. The Confederates destroyed the bridges and made crossing any river difficult for the Army of the Potomac.

McClellan's plans were to use the rail line on the penin-

sula to bring in his heavy siege guns, and to lay siege to Richmond and force its surrender.

Commanding the Army of Northern Virginia in 1862 was General Joseph E. Johnston. Johnston had the home field advantage. His troops knew the land, and because he also knew his 60,000 man army was outnumbered, he had to choose a defensive position against such a large army.

He drew his army back and placed his right flank at Drenth's Bluff on the James River, and the other flank up against the Chickahominy River.

He didn't pass the Chickahominy because he knew the spring rains caused the ground to be a marshy mess east of Richmond and maneuvering would be difficult for large amounts of troops and cannon.

Johnston didn't like the idea of waiting to be surrounded and he considered options while he waited for the approach of McClellan.

McClellan moved the Army of the Potomac up the Peninsula. They set up supply bases as they went. Gathering intelligence, most of which was faulty anyway, they slowly moved.

Three Corps of the Army was placed on the north side of the Chickahominy while two Corps was placed on the south side.

The V Corps under Brig. General Fitz Porter, the VI Corps under Brig. General William Franklin, and the 2nd Corps under Brig. General Edwin Sumner were on the north side of the river to protect the rail lines for the army and to protect the approach of a division ordered to reinforce the army.

On the south side of the Chickahominy were the IV Corps under Brig. General Erasmus Keyes and the III Corps under Brig. General Samuel Heintzelman. The Army of the Potomac, now in Fair Oaks, County Virginia, got close enough to Richmond to hear the Church bells ring.

The Confederates, as stated, did not wish to wait to be surrounded. General Johnston waited and now saw McClellan's mistake.

He saw the Army of the Potomac on two sides of a rain swollen river. By splitting his army on the north and south side of the river cut McClellan's ability to bare down on the Confederates with his entire 105,000 men.

The river would also delay any reinforcements from helping either side if Johnston

decided to attack. So Johnston decided to attack. But which side of the river is best to attack? Johnston wanted to hit the north side that had the three army Corps. This would cause more damage but he realized crossing his own men over the river would also be difficult. He decided to attack the two on the south side.

The III Corps and the IV Corps had somewhere in the number of 33,000 men as they moved up the Chickahominy. Johnston had the ability to outnumber his opponent now and planned to hit them with 51,000 Confederate infantry.

Johnston ordered General A.P. Hill and General Magruder to distract the Federal Corps on the north side of the river by engaging them.

The South side of the river would be the main attack and it would be under Major General James Longstreet who would have 10 infantry brigades to crush the III and IV Corps. Johnston's plan had the brigades attacking three separate points on the Federal line.

This would require good timing to execute. Timing was not with the Confederates though; it rained on the night of May 30, 1862.

On May 31, 1862, the rain muddied the roads making marching difficult. Also for some reason many of Johnston's generals had not coordinated their timing or the roads to travel on.

Longstreet and his men made a wrong turn and missed meeting up with General Huger who was supposed to add more numbers to Longstreet's men.

The attack was supposed to start at dawn but 5 hours later they had not engaged. Confederate Major General D.H. Hill became impatient with no news as to what was taking so long and why the delays, ordered his men forward.

At around 1 p.m., General Hill's Division crashed into the Union Division of Brigadier General Silas Casey.

Virginians, Alabamians and some Floridians fought against those from New York, Pennsylvania and Maine.

The battle went well at first for the Confederates. Casey's Division was not accustomed to battle yet and was new. So when the attack began, many fled but not all of them ran.

Many of the Union troops put up a fierce resistance to the attackers and were able to stall D. H. Hill's men. Hill's impatience sealed any hope for a surprise coordinated attack.

The plan called for engaging the entire Union line. This didn't happen. Hill didn't have enough men to do that and many of the Union troops were not engaged.

The Confederates didn't

bring the assault down with the power they could have.

Brigadier General Casey asked for more troops to help his own. Keyes, his Commander, didn't send help in time. The Confederate attack pushed Casey's men out of their earthworks and they ran to a second line of defense near a crossroad known as Seven Pines, because it had seven large pine trees in the center.

Oddly enough science takes a turn in this battle. McClellan had no idea the battle was even taking place.

His entire staff had fallen victim to an acoustic shadow. This phenomenon occurs when topographical features can block sound waves. They were close to the battle but heard nothing so they had no idea a battle was on.

Around 4:30 p.m., the Confederates attacked the second line of defense. Hill now had reinforcements from Longstreet and he ordered his men to attack. Keyes' Corps needed help and McClellan sent it.

He ordered Brigadier General Edwin Sumner to send a division over from the north side of the river to reinforce Keyes' men. Brigadier General John Sedgwick with his division was picked to make the crossing on a rickety bridge damaged by the rain swollen river.

General Hill wanted to crush the Union line, so he sent Colonel Micah Jenkins with four regiments to attack the Union right flank. It worked.

The line collapsed and fell back to the Williamsburg Road. Sedgwick's Division held up an attack from the northern part of the battlefield. Had he not shown up with his division it could have been a total disaster.

Nighttime brought the fighting to a close. The battle was renewed on June 1st, but with both sides reinforced the Union troops fought from a stronger position and actually pushed the Confederate line back.

When the Confederates fell back the Union troops did not follow up. The Battle of Seven Pines was over. The Confederates call this the Battle of Fair Oaks.

The historian, David Sears, attributes this to the South fighting well in Fair Oaks on the 31st of May, while the North fought well at Seven Pines on June 2nd. Either name is fine for historical purposes.

The North had over 5,000 killed or wounded and the South had over 6,100 killed or wounded.

So, who won? As it turned out, both sides claimed victory. Although I would have to say the Confederates did over all. They stopped the Union Army from taking Richmond.

That was the whole goal of the campaign to begin with. Also, one of the casualties that day was General Joseph Johnston. He rode up to the front to manage things and to see what was happening. He was shot and apparently took a piece of shell fragment to the chest in the evening time on the 31st. His right shoulder blade was broken and he had some broken ribs. So he had to leave the Army. In his place the Command of the Army of Northern Virginia fell to General Robert E. Lee.

Richmond wouldn't fall to Union hands until the end of the War. When General Ulysses Grant decided that the Confederate Army should be the main objective, and not the capital.

As the Army goes, so does the capital. Only one question remains. Why is capital city spelled with the letter a before the letter "i", but when you refer to where Congress sits its Capitol Hill? Why is there an "o" before the letter "i". I went to school. Must have been taught on a day when I fell victim to an acoustic shadow. ###

Veteran Medals Available

The Bergen County American Legion is working with DMAVA to hold a Veterans Awards Ceremony and Veterans Out-Reach at the Paramus Mall, May 24-26, 2016, with the Medal Ceremony at 11 a.m. on May 24.

If you have not been awarded your NJ Distinguished Service Medal, NJ Vietnam Service Medal, NJ Meritorious Medal, NJ Korean Service Medal or NJ POW/MIA Service Medal (*requirements are contained with the application*) then complete the application (<http://bcnjal.org/wp-content/uploads/2016/02/application.pdf>). Please return the application to Victor Ruggiero, BCAL Service Officer, 14 Christina Street, Little Ferry, NJ 07643 or bobsalvini@att.net

If you have any questions email bobsalvini@att.net. ###

Vietnam Veterans of America Meetings

Vietnam Veterans of America Chapter 800, 100 Main Street, Little Ferry, NJ, cordially invites you to attend their general meetings held on the third Monday of each month at 8 p.m. (*excluding August*).

They welcome any Veteran and non-Veteran who would like to become a member of the Vietnam Veterans of America Chapter 800.

For more information go to: <http://www.vvachapter800.org/> or email: als69vet@optonline.net ###

Yoga

The First Presbyterian Church of Rutherford's successful Yoga program has grown to eight classes weekly plus a night class. The program is open to the community. Walk-ins are always welcomed.

• Free Sunday Slow Flow with free childcare is held at the Karen Kaiser Parish House from 9-9:45 a.m. There is no charge, however, a donation of unexpired food for the Rutherford Community Pantry is welcomed.

• Donation-based weekday classes are located in their beautiful chapel at 1 E Passaic. A suggested donation of \$8 per class is appreciated.

No prior experience in yoga or meditation is required, modifications throughout class will be offered. Participants should plan to bring their own yoga mat, wear comfortable clothing and arrive 5-10 minutes prior to class to quietly set up and prepare for meditation.

Full schedule and class descriptions are located at <http://fpcrutherford.org/connect/yoga>, or call 201-438-5369. ###

Guitarist Needed!

St. Joe's Music Ministry (East Rutherford) is seeking an experienced, proficient or professional guitarist to join their vibrant music ministry team! 12 p.m. or 10 a.m. Mass or both. Contact Director of Music at StJoesMusicBel@gmail.com or call the rectory office and leave a message at 201-939-0457. Good stipend offered. Continuing gig. No rehearsals required if independent preparation. ###

Rutherford Community Pantry

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service. Recipient eligibility is determined by local pastors, social services and other designated organizations. A completed and approved referral is required. Limitations apply. For more information go to: www.rutherford-nj.com/pantry ###

Marian Evening of Reflection

The Rosary Confraternity of Most Sacred Heart of Jesus Church in Wallington will host a Marian Evening of Reflection on Wednesday, May 18, 2016. All are invited to join in an evening of song, prayer and meditation guided by Sister Marilyn Minter.

Light refreshments will be served in the Great Hall immediately following the service. Both the Church and Great Hall are handicapped accessible.

For more information, contact Ginny at 201-715-2087. ###

Communion Breakfast May 7

The Women's Association Communion Breakfast will sponsor a Communion Breakfast on Saturday, May 7, 2016 in the Community Hall, 500 Third Street, Carlstadt. The Worship service begins at 9:30 a.m., with communion breakfast to follow. ###

Cinco de Mayo Party May 7

The Deacon's Cinco de Mayo Party will be held on May 7, 2016 from 7 to 11 p.m. in the Community Hall, 500 Third Street, Carlstadt.

Tickets are \$25 and include special Mexican buffet, music, dancing, etc. There will also be a Mexican side dish contest (chili, guacamole, empanadas, etc.) Call 201-438-5526 for details. ###

Knights Annual Father's Day Breakfast June 19

On Father's Day, June 19, 2016, the St. Anthony Council Knights of Columbus from Wood-Ridge will be holding their 9th Annual Father's Day Communion Breakfast.

Members of the Knights of Columbus, their friends and families, will attend the 9:30 a.m. Mass at the Assumption Church. The breakfast will take place at the Fiesta following the Mass.

Tickets are \$18 per adult and \$16 for children 9 and under. For tickets, contact a member of the Wood-Ridge Knights of Columbus. Story by Peter Gallo Jr. ###

7 Keys to a Healthy and Victorious Life April 30

The First Presbyterian Church of Rutherford will host a free seminar entitled 7 Keys to a Healthy and Victorious Life on Saturday, April 30, 2016 at 10 a.m.

Led by Lisa Buldo, Certified Health Coach, Nutrition Expert, Author, Speaker and Television Host, the program includes a discussion on smart food decisions for the whole family (both at the grocery store and in meal preparation), losing weight without dieting (and keeping it off), preventing and even reversing disease, increasing energy naturally, enhancing digestion, obtaining radiant and glowing skin, reducing stress and anxiety, and finding power in words for victory.

All are welcome. Admission is free. Registration begins at 9:30 a.m. Seating is limited so attendees are encouraged to arrive early. For more information call 201-438-3569. Becca Walker. ###

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.-- General Dwight D. Eisenhower

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Summer Hours

Lodi Borough Offices
will be observing summer hours
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from July 1 thru September 6

Regular hours of 9 a.m. to 4:30 p.m. will go into effect on Tuesday, September 6, 2016.





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Lodi Senior Club News

The Lodi Senior Citizens Club meets the 2nd and 4th Tuesday of the month, for members only. Lodi residents over the age of 55 are welcome. Membership is \$13 per year.

Every Thursday the Club opens 10:30 a.m. to 3 p.m. with non-members welcome. Programs include: Senior Exercise 11 a.m. to 12. p.m.; Line Dancing 1 p.m. to 2 p.m.; Bingo 12:45 p.m. to 2 p.m.

The Club has a pool table, a shuffle board, cards, art center, a Library, games, Chit-Chat and bocce (*in season*). Refreshments are served. For information, call during open hours at 973-472-6994. For bus, call Kim between 8 a.m. and 4 p.m. The Lodi Senior Club 2016 events include:

- June 8: Shrimp Box, NJ Luncheon and Cruise
- August 17: Mt. Airy Casino Trip, PA
- October 12: Peddler’s Village, PA, Luncheon and Show
- December 9: Christmas Party, Venetian ###

Senior Scams

Educate yourself and learn how to protect yourself from scam artists. The East Rutherford Memorial Library will be hosting an informative program about senior scams, presented by Lt. Keith Delaney of the Bergen County Prosecutor’s Office on Monday, May 9, 2016 at 6:30 p.m. ###

Good manners
are always in style

Lodi AARP Learns about the Aging Brain

At their monthly meeting held on March 15, 2016, the Lodi Chapter 2015 of AARP, heard from Caryn Graboski, a representative of the Kessler Rehabilitation Center in Saddle Brook.

Ms. Graboski, healthcare provider and Speech-Language Pathologist at the center first discussed the services offered at Kessler. She also stressed the opportunity to receive these services at the many rehabilitation center locations throughout the state.

The main focus of her presentation was to discuss the “Cognition in the Aging Brain.”

Simply stated, that as we get older changes take place in our brain. These changes affect our mental action or process of acquiring knowledge and understanding through thought, experience, and the senses.

Most commonly our speed to react slows down in our speech, attention, and memory. This is normal, but can be compounded by medical problems such as hearing, vision, etc. Normal changes don’t impair our ability to perform daily activities.

Ms. Graboski recommended that to prevent these changes senior should engage in intellectual activities, social activities and physical activities. She emphasized, “Exercise is medicine,” “Keep learning” and “Use it or lose it”.

The AARP Chapter 2015 of Lodi meets the third Tuesday of every month at noon at the Lodi Boys and Girls Club. New members are welcome. Dues are \$10 per year.

Upcoming meeting schedule:

- May 17, 2016: Regular meeting with special Mother’s Day Luncheon. *Story by Peter Gallo Jr.* ###

Kip Center Casino Trip

The Kip Center hosts a Sands Casino Trip the second Monday of every month, Bus leaves at 8:30 a.m. from the Kip Center, 55 Kip Avenue, Rutherford. The cost is \$30.

You will get \$30 back when you arrive. 55 Kip Members first priority, but spaces are generally available for your friends. Reserve early.

New to the Kip Center? Give it a try, there is always something going on! Call 201-460-1600 for more information. ###

Emergencies: Call 9-11

ER Seniors

The East Rutherford Seniors will hold their May meetings on Tuesday, May 10 and 24, 2016, at 1 p.m. Coffee, dessert and bingo to follow meetings.

- A bus trip to Tropicana Casino, Atlantic City is scheduled for Monday, May 9. Cost: \$39 includes buffet lunch, “Sounds of Motown” Show and \$15 slot play. Contact Barbara for reservation and bus details 201-438-6595.
- A bus trip to Caesar’s Atlantic City is scheduled for Monday, May 23. Cost \$27 with \$30 slot return.

Bus leaves CVS lot, Paterson Avenue, East Rutherford at 9:15 a.m. Contact Carole 201-655-3149.

Must have player’s card or photo i.d. Inquire about our other monthly trips to casinos and entertainment venues. You do not have to be a Club member to participate in trips. ###

Moonachie Seniors Going Places

Spring is finally back and so is the urge to again enjoy life. The following is the Moonachie Senior trip schedule thorough July, and you are invited to join them.

- They will be going to Stony Hill in Hackensack on Wednesday, May 11 to see “Broadway Show-stopper.” The cost is \$48 per person and the bus leaves at 10:15 a.m.
- The next trip will be at Li Greci’s Staaten on Staten Island to see “Nashville in New York” starring Bill Haley and The Comets on Wednesday, June 8. The bus leaves at 9:45 a.m. and the cost is \$54 per person.
- On Thursday, July 7, they are going to Mt. Haven in Milford, PA to see the “Joey Vincent Show.” The best one man show you will ever see. Breakfast and dinner, your choice of Bingo or a movie and an open bar starting at 12 p.m. the cost is \$45 per person and the departure time is at 9 a.m.

The busses leave from the Moonachie Senior Center on Moonachie Road behind the First Aid Squad. For more information and meal selections please contact the group leader Audrey Evers at 201-641-4334. *Provided by Charles R. Pal-las.* ###

Bingo is held every second and fourth Tuesday of the month at the **Little Ferry Senior Center**, 95 Main Street, at 12:30 p.m. ###

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Meadowlands Day Trips

At the April 13, 2016 meeting, the Leisure Club members were overwhelmed by an excellent presentation about the history of the Meadowlands. Brian Aberback, Public Information Officer for the New Jersey Sports & Exposition Authority, gave the talk.

Mr. Aberback’s presentation was visual. Throughout his talk he stressed the fact that if one is looking for a day trip close to home; one that will give you the opportunity to appreciate the outdoors; one that will not put a strain on your wallet; and one that is relaxing, educational and enjoyable—look no further than the New Jersey Meadowlands.

The Meadowlands provides opportunities for river cruises, canoe tours, bird walks, trail walks, nature programs, an art gallery, an observatory and weekend events. Most of the activities take place at the DeKorte Park in Lyndhurst.

Mr. Aberback invited all to attend the Seventh Annual Butterfly Day on Saturday, July 30 from 10 a.m. to 3 p.m. On site experts will help identify the various butterflies and there will be plenty of free kids’ activities. *Photo and story by Marie and Peter Gallo Jr. ###*

Estate Planning Seminar May 10

Benjamin D. Eckman, elder law attorney, presents an elder law and estate planning seminar at Lodi Memorial Library, Tuesday, May 10, 2016 at 6:30 p.m.

If you would like to learn how to ensure that your assets will be left to your loved ones, this seminar will cover how to safeguard your assets from taxes, probate and nursing home costs.

Learn about the laws that affect inheritance as well as government benefit programs, and procedures to follow. Mr. Eckman will cover topics including wills and living wills, trusts, powers of attorney, guardianship, probate, Medicaid planning, Veterans’ benefits and estate tax planning. Q & A will follow the presentation.

For more information about Library events, visit <http://lodi.bccls.org/>, visit The Library or call 973-365-4044. ###

Lodi AARP 2015 Program Schedule

The AARP Chapter 2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Boys & Girls Club. New members are welcome. Dues are \$10 a year.

For membership information contact Stan at 973-779-8544. The upcoming meetings and events scheduled include:

- May 17, 2016: Regular meeting with special Mother’s Day luncheon.
- May 20, 2016: Installation luncheon at the Venetian
- June 21, 2016: Regular meeting with Father’s Day luncheon
- July 13, 2016: Shawnee Playhouse and Lunch show “Honky Tonk Angels”
- July 19, 2016: Regular meeting. Entertainment by “The Apache Twins.” ###

Learn About the Kip Center

New members and those who wish to learn about the Kip Center, 55 Kip Avenue, Rutherford, and various programs for older adults in Rutherford and surrounding communities are invited to stop in to tour the center, meet the staff and learn about the many programs and services. For more info call Cathy 201-460-1600. ##

Friendship Club

The Carlstadt Senior Friendship Club meets on the 1st and 3rd Wednesday of the month at 1:30 p.m. at the Civic Center preceded by refreshments. An informative and interesting meeting is held, covering many local issues. Bingo is played after each meeting. On the third Wednesday, a visiting nurse is available to all Carlstadt residents, not just Club members, to have their blood pressure taken at no cost. Carlstadt seniors are invited to join this Club and enjoy the camaraderie of your neighbors and maybe even meet some new neighbors.

An event is scheduled for June 2, Mt. Airy Casino.

A tentative trip is scheduled for June 29 to Radio City Music Hall for the Spring Extravaganza, with bus transportation, Orchestra seats, and lunch at Carmine’s in NYC, at a cost of \$105 per person.

They also have an extended trip to Woodloch Pines from May 9 to 13. Call Bruce 201-953-4988 for further information. *Provided by Eleanor Costa. ###*

Sight & Sound in Lancaster, PA

An overnight trip is scheduled for September 27-28, 2016 to Lancaster, PA to see the new Sight & Sound production of “Samson.”

The trip is coordinated by the Carlstadt Senior Friendship Club. Included is the show, dinner, overnight in a local motel, with breakfast the next day, a 3-hour tour of the Amish countryside, a visit to Kettle Kitchen, a wonderful shopping experience. Cost of \$207 per person (*taxes and gratuities are included*).

Call Bruce at 201-953-4988 for details. ###

Vic Hoofers

The Vic Hoofers is a ladies social club open to anyone from the surrounding towns who want to enjoy an evening of refreshments and a special game. Each meeting is held on the first Thursday of the month at the Carlstadt Civic Center at 7 p.m. *Provided by Eleanor Costa. ###*

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May 2016 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, May 2, 9, 16, 23
10:00 a.m. to 3:00 p.m. Games, cards & coffee
11:00 a.m. Mahjong
10 a.m. to 3 p.m. Senior Lounge open to all
• Monday, May 30: Building closed Memorial Day

Tuesday, May 3, 10, 17, 24, 31
10:00 a.m. Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Card Game Night

Wednesday, May 18, 25
10:00 a.m. Games, cards & coffee
10:00 a.m. Mahjong
2:00 p.m. Senior Aerobics \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all

Thursday, May 5, 12, 19, 26
10:00 a.m. Games, cards & coffee
11:00 a.m. Mahjong
2:00 p.m. Senior Yoga \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all

Friday, May 6, 20
12 p.m. Zumba Gold \$1.00
1 p.m. to 3 p.m. Games, cards & coffee

Friday, May 13, 27
10:00 a.m. Fun Bingo
Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday, May 4
10:30 a.m. Executive Board Meeting

Wednesday, May 11
12:30 p.m. Leisure Club Meeting
Program: Apache Twins - Pizza Party \$1

TRIP SCHEDULE

- May 17 - Sands Casino in PA. Departs at 8:15 a.m. Cost: \$5 members first. Contact Pete at 288-0276
- May 19 - Renault Winery & Smithville Village Cost: \$55 for members; \$60 non-members Contact Dot at 288-9537
- July 21 - Boat Cruise, Delicious Orchards Cost: \$80 for members; \$85 non-members Contact Dot at 288-9537
- August 3 - Kricher’s Catering & Picnic Grove Contact Dorothy at 201-288-9537

Leisure Club Installation Luncheon
Wednesday, June 8, 2016 from Noon to 4 p.m.
The Venetian in Garfield
\$45 per members, \$50 for non-members.
Contact Marilyn at 201-288-4762

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Stars For Heros

On the evening of March 31, 2016, A Hero's Welcome - NNJ Chapter, hosted a "Star Cutting Ceremony" at VFW Post 4591. Volunteers assembled over 600 packets. The stars are cut from retired American Flags and presented to "Our Heros" at welcome home events, deployments, hospitals, Veterans, etc. For more information about this patriotic organization, call Rose at 201-240-4440. ###

Summer Clothing Drive to Support Homeless Vets

Until May 15, 2016, Rochelle Park American Legion Post 170, 33 W. Passaic Street, will be a collection point for Project Help; a spring and summer clothes drive to help homeless Veterans and their families.

Items collected for men, women and children include baseball caps, shorts, T shirts, underwear, socks, diapers, sun screen, toiletries, shoes, business attire, etc.

Project Help is a support mechanism for homeless Veterans and their families whereby they can shop at any one of their SOS Vets Closets in three counties and take what they need at no cost. They have hair dressers and seamstresses/tailors on call.

Thousands of Veterans

and their families suffer and many die every year because they don't have the most basic necessities available to them.

Mission: to collect clothing and survival gear for winter and summer, for Veterans and their families.

These items are donated to the Vets Closets opened and serviced by Catholic Charities. They also collect funds and do events to support the Unmet Needs Fund administered by Catholic Charities. 100% of funds collected are made available to the Vets and their families with no administrative costs taken by Catholic Charities.

For more information call 201-843-9683. For more about project help, go to: www.projecthelp.us ###



Service Officers Available to Assist Vets

On April 12, 2016, the Disabled American Veterans Chapter 15, along with the National Service Officers, were available at the VFW Post 809, 100 Main Street, Little Ferry to review and accept claims from Veterans who have incurred disabilities as a result of their

service in the Armed Forces.

The Disabled American Veterans, Bergen County Chapter 15, invites Veterans who have incurred disabilities as a result of their service in the Armed Forces to attend monthly meetings, 7:30 p.m., the third Tuesday of the month

(except July and August) at VFW Post 809.

Chapter Service Officers are available to file claims for compensation on your behalf.

For additional information call Commander Ignazio Valente at 201-421-5922 or email: davchap15@yahoo.com ###

Vets Looking for Small Business Opportunities

Veterans who want to start, expand or purchase a small business are invited to a free 2-day "Boots to Business Program," sponsored by The American Legion, Veterans Business Outreach Centers and the SBA. It will be held at American Legion Post 170, 33 W. Passaic Street, Rochelle Park on Wednesday, May 11 and Thursday May 12, 2016.

Registration is required. Call Gene at 972-645-2427 or email: Eugene.Spillane@sba.gov ###

Loyalty Day Program May 1

The VFW Auxiliary to Petersilge-Velock Post 809 will sponsor a Loyalty Day program 4 p.m., May 1, 2016 at the Post, 100 Main Street, Little Ferry.

They will honor students who won their various Americanism contests for Little Ferry and Moonachie school districts. They will pay tribute to teachers who won their national Citizenship Education Teachers Contest and others who care about America.

For more information, call Carolyn at 201-233-7010. The program is open to the public. ###

The Moving Wall To Visit Bergen County

The Vietnam Memorial Moving Wall will be at Overpeck Park, Challenger Road, Ridgefield Park, from May 19 through May 23, 2016, from 7 a.m. to 10 p.m.

The Military Appreciation Ceremony will be on Thursday, May 19 at 5:30 p.m. at the Amphitheater at Overpeck Park.

This will be a tremendous event honoring the 188 Bergen County Veterans who made the ultimate sacrifice in Vietnam.

The Division of Veterans Services, County of Bergen, is sponsoring "The Moving Wall Visits Bergen County."

This is the first time the wall has been here since 2006, and the only time the wall will

be here this year in the tri-state area.

The Moving Wall is a half-size replica of the Vietnam Veterans Memorial in Washington, D.C. It was devised by John Devitt after he attended the 1982 annual commemoration ceremonies celebrated in Washington for Vietnam Veterans. He felt that he needed to share his experience with those who did not have the opportunity to go to Washington. Devitt, Norris Shears, Gerry Haver, and other Vietnam Veterans volunteered to build the Wall. It went on display for the first time in Tyler, Texas, in October 1984.

Two structures of The

Moving Wall now travel the United States from April through November, spending 5 or 6 days at each site. Veterans' organizations contact his company, Vietnam Combat Veterans, Ltd., to arrange local visits.

By 2006, the structure had made more than 1,000 visits. On its visits, the Moving Wall is often escorted by state troopers or volunteer organizations such as the Patriot Guard Riders, who accompany the memorial on motorcycles.

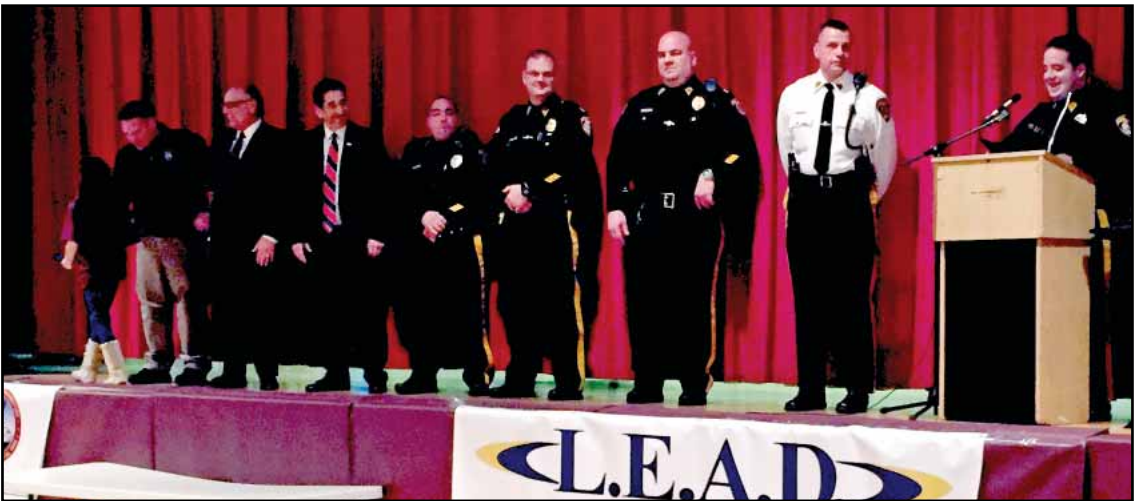
For more information call Fred Hayo, Bergen County Veterans Services, 201-336-6330 or go to: www.themovingwall.org/ ###



During a special meeting on March 22, 2016, the Little Ferry Mayor and Council made several promotions in the Little Ferry Police Department. These were the first promotions in the Department since 2006. From the rank of Sergeant to Lieutenant: James Walters, Joseph Gutierrez, and Christopher Boel. From the rank of Patrolman to Sergeant: Michael Derwin, Frank Sciacca, Ronald Klein, Jr. and Thomas Egan. ###



On March 15, 2016, Lodi Police Department Dominic Miller and Mark Corrado were sworn in as Sergeants. Photo by John Calabrese. ###



The 5th Grade students at Faust School would like to give special thanks to Chief Minda and Officer Alberta of the East Rutherford Police Department for dedicating their time to teach the Law Enforcement Against Drugs (LEAD) Program. Over an 8 week period, the 5th Grade students learned about ways they can handle some of the challenges of adolescence. Students were educated about the dangers of alcohol and substance abuse and the lessons focused on empowering students to make positive decisions now, and in their teenage years, to live a happy and healthy lifestyle. Provided by Jessica Gerity. ###



On March 31, 2016, emergency personnel responded to a motor vehicle accident at the corner of Hoboken Road and 1st Street in Carlstadt. Two injuries were reported, with transportation to HUMC. Photos by Dennis Kronyak Sr. ###



On April 18, 2016 at about 4:30 p.m. emergency personnel responded to a motor vehicle accident at Hoboken Road and 9th Street in Carlstadt. Photo by Dennis Kronyak Sr. ###

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Rutherford Fire Draws Four Alarms

At about 10:45 a.m. on April 20, 2016, a porch fire was reported at a 135 Francisco Avenue home, and with windy conditions, quickly engulfed the structure and spread to an adjoining home at 131 Francisco.

The “135” fire was so fierce that it was fought with an external attack on the ground and with aerial. The home was gutted. The heat deployed air bags of a car in the driveway, which was also was burned. The extreme heat could be felt across the street.

At the adjoining home at “131,” firefighters were able to attack the blaze from inside. The roof was vented.

Neither home was occupied at the time, but a dog,

“Lamb Chop,” was rescued by Rutherford police officers from the kitchen of the “135” home. Officers also took a dog out of 123 Francisco Avenue because of embers in the backyard.

The fire was declared about noon. The fire is under investigation, although no foul play is suspected. No serious injuries were reported. An estimated six residents were displaced.

About 50 firefighters worked the scene. Two ladders were deployed.

Assisting Departments included a Wallington FAST Team, Carlstadt, East Rutherford, Hasbrouck Heights, Lyndhurst, North Arlington, Moonachie, Secaucus, Wood-Ridge. *Photos by Dennis Kromyak Sr. ###*



Three-Alarm Garage Fire Extends to Home Exterior

At about 4 p.m. on Thursday, March 31, 2016, members of Moonachie Fire Department and South Bergen Mutual Aid operated at Jackson Place for a three-alarm blaze of a detached garage.

Heavy fire on arrival was knocked down with deck gun and multiple handlines. The companies were able to keep the fire from extending into the house, keeping the majority of damage to the exterior. It was under control in about 45 minutes.



Two firefighters were injured from a fall when one slipped off a fire engine and fell on the second. Both were treated at Hackensack UMC; a concussion and two fractured vertebrae and another with a concussion.

It was reported that the fire started in the electrical wiring of the garage door opener.

Companies remained on scene for 2 hours until the investigation was complete.

Mutual Aid Fire Departments assisting included Carlstadt, Hasbrouck Heights, Little Ferry, Wallington, and Wood-Ridge, along with EMTs from Carlstadt and Moonachie. *Photos by Justin Derevyanyk and Chris Tuttle. ###*

Fire Departments Fight Basement Blaze



On April 19, 2016 at about 11 a.m., there was a report of flames in the basement of a Boulevard home in Hasbrouck Heights. A 5” hose was was connected to Heights Engine 2, which fed three attack lines in the rear of the structure. Another attack was made in the front entrance. Heights Ladder and Moonachie Tower were staged.

Mutual Aid Fire Departments assisting included Little Ferry, Lodi, Moonachie, Wallington and Wood-Ridge. Carlstadt and Moonachie assisted Heights EMS for rehab. No injuries were reported. ###



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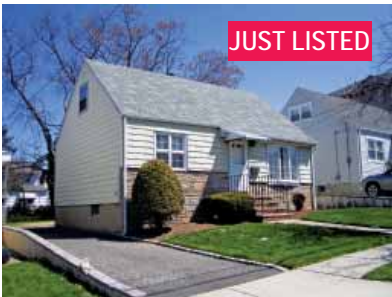
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Outstanding Raised Ranch! Quiet cul-de-sac neighborhood. LR, DR, MEIK, 3 BRs, 2 full baths. Possible lower level in-law suite (2nd kitchen). 2 car garage. Won't last!



MOONACHIE
\$239,000

Great Starter Colonial in mixed-use area! LR, DR, MEIK, den, 4 BRs, bath on large 75 x 125 property. Low taxes. Possible opportunity for on-site home + business!



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\$324,000

Absolutely Move-In Ready Ranch! Features LR, DA, MEIK, 3 BRs, fam room, 2 full baths, and finished basement. Lovely, private yard. Quiet area, Saddle Brook border.



HASBROUCK HEIGHTS
\$619,000

Original Custom Ranch Completely Re-Designed! In one of the best neighborhoods of Heights with LR, DR, MEIK, 4 BRs, 2.5 baths and full finished basement. True Class! A bona-fide Dream Home!



WOOD-RIDGE
\$349,000

Pristine Home – the Perfect Starter! LR, MEIK, Family Room, 2 full baths & BRs on all 3 levels. Great yard w/patio, deck & gazebo. Walk to commute!



HASBROUCK HEIGHTS
\$489,000

Big, Beguiling Bi-Level! Features stunning entrance foyer, LR, DR, MEIK, 3 BRs (MBR w/ bath), 3 full baths, family room. Skylights, walk-in closets, 2 car garage...much more!



MAYWOOD
\$350,000

Ultra Chic Colonial! All spacious rooms: LR, DR, beautiful MEIK, 3 large BRs, 2 full baths, full, partially finished basement, rear enclosed porch...all lovingly maintained!



WOOD-RIDGE
\$359,000

All Brick Classic Colonial boasting LR w/fpl, FDR, MEIK, enclosed porch, 3 bedrooms, 2 full baths, full finished basement, 2 car garage and terrific location near all!



LODI
\$289,000

On a quiet street near the Hasbrouck Heights border, a Picture Perfect Cape! Features 3 BRs, LR, cozy kitchen, updated bath and full, finished basement. Fenced yard w/shed & privacy!



HASBROUCK HEIGHTS
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Magnificent 10 Room Storybook Colonial! Completely renovated & expanded to become 'better than new' construction. Lavish, sophisticated interiors – impossible to describe. Must see!



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