

# The Gazette

Newspaper for Carlstadt • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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VOL. 8, No. 11

November 2011

★★★★★



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The "Field of Flags," honoring the memory of the 6,270 soldiers who have died in Afghanistan and Iraq, was dedicated on October 8, 2011. The "Field of Flags" is a silent, patriotic and poignant reminder of the cost of war. The Flags honor those who have given their lives, and demonstrate that they are remembered in prayer. A bugler played "Taps" each day at 1700 hours. The Flags were displayed until October 27 at the First Presbyterian Church of Moonachie. The "Field of Flags" program was initiated on October 23, 2005 by the Somers Congregational Church in Somers, Connecticut. The program is only available to Churches. *See story on pages 20-21.*

## Field of Flags

<b>Halloween Fun</b> Pages 3-5	<b>Communities Celebrate</b> Pages 17-19	<b>Fire Prevention Week</b> Page 22	<b>WRFD Inspection</b> Page 23	<b>Aviators Soccer</b> Page 38	<b>WR Mayor's 5 K Run</b> Page 39
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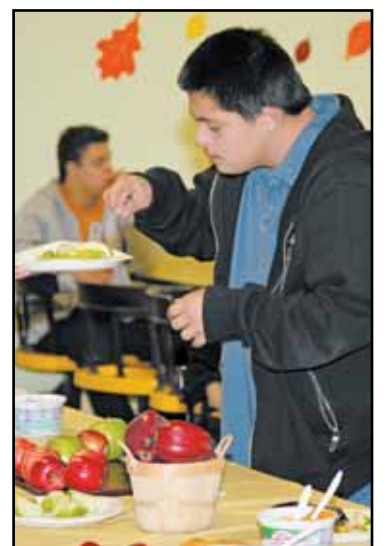
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## Harvest Garden Party

On a bright and sunny October 7, 2011, a "Harvest Garden Party" was held on the front lawn of The Felician School for Exceptional Children.

The party was hosted by coordinator Mary Anne Protzo, music teacher Barbara Giaquinto, and Physical Ed. teacher Edna Johansen -- with the help of teachers and staff.

The "Party" featured a sing-a-long, pumpkin pick-

ing, scavenger hunt, square dancing, etc. There was an apple tasting contest featuring granny smith, golden delicious and gala apples.

The kids enjoyed lots of fun food such as pumpkin cream cheese dip, apple hermits cookies, harvest-time pumpkin bars and apple cider.

Each student took home their pumpkin and a bag of trail mix. ###





Little Ferry Pumpkin Patch

On Saturday, October 15, 2011, the Little Ferry Mayor and Council Recreation Committee held their annual Pumpkin Pick at the Memorial School. Kids picked and decorated their pumpkin. Each child also received a jelly apple, popcorn and goodie bag. ###



HH JWC Pumpkin Patch

On Sunday, October 16, 2011, the Hasbrouck Heights Junior Women's Club held their first Pumpkin Pick at Woodland Park. This event re-places their annual Munchkin Mash. Kids, many dressed in costume, picked and decorated their pumpkin, enjoyed sand art and crafts and facepaint- ing. There were refreshments. HHPD Officer Jarett Cooke spoke with the children about Halloween Safety. ###

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# Halloween In The Park

Woodland Park was invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Thursday, October 20, 2011. About 600 participated in this event.

Halloween in the Park began at 6 p.m. and concluded at 9:30 p.m.

Every 15 minutes, two hayride trailers took turns collecting riders at the Harrison Avenue end of the pavilion and went around to the back section of the park where they were frightened by a variety of terrifying citizens of the night.

After the horrific experi-

ence ride, they escaped at the Roosevelt Avenue end of the pavilion — where they were treated to crafts, cider and cookies. The event was sponsored by the Hasbrouck Heights Recreation Department. For more information call 201-288-4143. ###





Veterans Dance  
November 4

VFW Post 809 and American Legion Post 310 will host a Veterans Dance on Friday, November 4, 2011, from 7 p.m. to 2 a.m. Tickets are \$25 per person and include DJ, food, beer, wine and soda. The event will be held at the VFW Post 809, 100 Main Street, Little Ferry.

Here is an opportunity to meet one another and for the community to thank those who helped protect our country. For more information call 201-641-9740 or 201-641-9774. ###

Pasta Dinner

The Little Ferry First Aid Corps lost everything in their ambulance building due to Hurricane Irene.

To rebuild, they are hosting a Pasta Dinner, November 19, 2011, from 5 to 9 p.m. at the Little Ferry VFW, 100 Main Street, Little Ferry.

Donation is \$10 adults/\$6 seniors and children under 12. Tickets available at PetSpa, 252 Liberty Street, any ambulance corps member or the VFW. ###

Rockin' Benefit

A Rockin' Benefit will be held at **Redd's Restaurant**, Saturday, November 19, 2011, from 8 to 11 p.m.

Admission is \$50 and includes 3 hour open bar, appetizers, door prizes and live music by Big Daddy.

Event benefits Putting the Pieces Together, a non-profit organization providing sports and socialization programs for children with special needs.

For information and tickets call Redd's at 201-933-0015 or Ron at 201-370-3892. ###

Hand Held Cell  
Phone and Texting  
While Driving  
is Prohibited

Rotary Holds Beefsteak & Auction

The Mid-Bergen Rotary Club will hold their Annual Beefsteak and Charity Fund-raiser on Thursday, November 17, 2011, at The Hasbrouck Heights Holiday Inn. The public is invited.

The doors open at 6:30 p.m. for Tricky Tray ticketing of auction prizes. Last year's prizes included televisions, DVD players, household items, food baskets, artwork, gift certificates, computers, etc.

At 8 p.m., participants enjoy a beefsteak dinner, music, dancing and prizes galore. Tickets are \$50.00 per person. This is their 2011-2012

Beefsteak  
Dinner

The Carlstadt PBA Local #312 will hold its Annual Beefsteak Dinner on Saturday, November 12, 2011, from 7 to 11:30 p.m. at The Carlstadt Turn Hall, located at Broad and Monroe.

Cost is \$50 per person and includes beer, wine and soda, DJ, comedy entertainment, door prizes. Separate 50-50 and prize raffles. Event catered by The Brownstone. Call 201-438-4300 for tickets and more information. ###

Jonah Musical  
March 17, 2012

The Rosary Confraternity of Most Sacred Heart of Jesus Parish in Wallington is hosting a trip to the Sight & Sound Theatre in Lancaster, Pennsylvania to see the new Biblical musical, "JONAH" on March 17, 2012.

The price of the trip includes bus transportation, theatre ticket and dinner at the famous "Good and Plenty" Amish Restaurant.

Ticket prices are \$140 for adults, \$120 for teens and \$85 for children.

For more information or ticket purchase, call Ginny at 201-715-2087. ###

Annual Fall Fund Raiser for the Gift of Life and other community projects such as the Dictionary Project (*awarding dictionaries to local 3rd Grade students*), Habitat for Humanity (*Paterson*), Bergen County Boy Scouts, Faith Foundation (*Hackensack, NJ Advocate for the local homeless*), Clean Water Projects (*helping needy countries have fresh drinking water*), etc.

Cash and gift item donations of \$25 or more are welcome. For ticket information or to arrange a donation pick up, call Charlie Paduch at 201-288-9600 ext. 7700, Ruth Nebiar at 973-699-7419, or Carl Hassett at 201-896-4800.

The Mid-Bergen Rotary Club meets 12:15 p.m. every Tuesday at the Holiday Inn, 283 Route 17S, Hasbrouck Heights, NJ. ###

St. Mary High School  
Fashion Show Nov. 10

Rutherford's St. Mary High School PTO will be holding their 2011 Annual Fashion Show and Raffle on November 10, 2011. This year's event, "A Winter Wonderland" will be held at The Graycliff, 122 Moonachie Avenue, Moonachie, New Jersey, and will include dinner, Tricky Tray, prizes and raffles.

The entrance fee is \$40.00 per adult and \$25 per student. All tickets must be purchased in advance, there will not be any availability at the door on the evening of the event. Doors open at 6 p.m. and dinner service will begin at 7 p.m. For tickets, please call Joanie at 201-394-8676 or you can email at smhsPRES@verizon.net.

Any donations toward the prize pool may be dropped off at the Main Office at St. Mary High School, 64 Chestnut Street, Rutherford, New Jersey, 07070, or arranged for pick up at your convenience, 201-394-8676. ###

FOCAS  
Flea Market

FOCAS will hold a Flea Market on Saturday, November 19, 2011, from 10 a.m. to 4 p.m. and Sunday, November 20, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (*all day*) of the Flea Market weekend. For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Indoor Fall Flea  
Market Nov. 19

The Parish Social Life Committee of Saint Margaret of Cortona Church, at the corner of Liberty St. and Chamberlain Ave., Little Ferry, NJ will host an Indoor Flea Market on November 19, 2011, from 9 a.m. to 4 p.m. Vendors can request contract by calling Ellie at 201-641-0883. Tables are 8 ft by 30 inches at \$25. Tables and chairs are supplied. Breakfast and lunch will be available. ###

Holiday Craft &  
Vendor Show

On Sunday, November 20, 2011, from 10 a.m. to 4 p.m., the Ladies Auxiliary of VFW Post 4591 will host a Holiday Craft and Vendor Show at the Post, 513 Veterans Place, Hasbrouck Heights. Admission is free. Refreshments and door prizes. ###

Rummage Sale

First Reformed: Nov. 3-5

Start collecting all those "treasures," knick-knacks, CDs, books, linens, small furniture, baby items, clothes, etc.

It's time for the First Reformed Church, Guild for Christian Services, Annual Fall Rummage Sale.

The sale will be on November 3, from 7 to 9 p.m. and November 4 and 5, 2011, from 9 a.m. to noon. Proceeds go to the Church projects and missions. ###

St. John the Divine: Nov. 5

The Women of St. John the Divine (WOSJ) will hold their annual Rummage Sale on November 5, 2011, from 9 a.m. to 2 p.m.

Items on sale are clothes, shoes, pocketbooks, linens, drapes and curtains. The proceeds raised from the sale helps support the programs of the WOSJ.

St. John the Divine is located at 229 Terrace Avenue, Hasbrouck Heights. ###

Holiday Bazaar

It's that time of year again! Come join in the fun at the Annual Church Bazaar on Saturday, November 12, 2011, from 9 a.m. to 3 p.m., at First Presbyterian Church of Moonachie. You never know what treasures you might find - which friends you might see - what delightful holiday foods you might take home to your table! Kitchen available. Call 201-641-0625 for more information. ###

Hasbrouck  
Heights Residents  
Zone 2

The Hasbrouck heights DPW announced that garbage will be collected on Tuesday, November 8, 2011, Election Day.

However, no garbage will be collected on Tuesday, November 11, Veterans Day. ###



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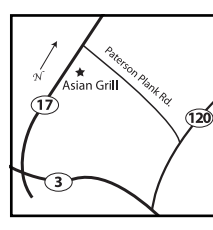
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“Dare to Dream”  
Disney Princess  
comes to Hasbrouck  
Heights Library

Calling all young readers, The Free Public Library of Hasbrouck Heights is pleased to present a once in a lifetime opportunity to meet a favorite Disney Princess as well as professional skaters from Disney on Ice’s newest production-- "Dare to Dream" on Monday, November 21, 2011, from 3:30 to 4:30 p.m. at the Senior Center of Borough Hall, entrance will be on Central Avenue.

During this Library visit, children will be treated to a reading of a fairytale story followed by a special meet and greet with an enchanted Disney Princess.

Starting November 1, stop by the Children’s Department and fill out a raffle ticket to enter to win a Family Four Pack of tickets to the opening night of the show at the IZOD Center on Tuesday, November 22. Deadline for entries is November 19.

Seating is limited. In-person registration is required at The Library. For more details, please call the Children’s Department at 201-288-8911. ###

November Birthstone  
Topaz

Go Batty with  
Bats, Bats, Bats  
from the Wildlife  
Conservation Center

On Thursday, November 17, 2011, at 6:45 p.m., at The Hasbrouck Heights Public Library, come and be entertained by Joseph D’Angeli, known as the Jersey Batman.

He will explain the vital role bats play in our environment. His lecture will include a slide presentation and live bats. The entire family is welcome to attend. Young children must be accompanied by an adult.

This program is sponsored in collaboration with the Hasbrouck Heights Garden Club and The Public Library located at 320 Boulevard. Light refreshments will be served.

Please call The Library at 201-288-0488 to reserve your seat. For further information, please contact Judy at 201-288-2615. ###

Children's Programs  
at Lodi Library

Lodi Memorial Library offers free weekly programs for ages 2-5, with storytime and crafts every Thursday from 10:30 a.m.-11 a.m. and weekly playgroup on Friday mornings from 10:30 a.m.-11:15 a.m.

For Grades K and up, The Library offers Board Game Bash every Wednesday from 3:30-4:30 p.m. Adult supervision required for children in Grades 5 and younger for programs.

To register or for more information, call The Library at 973-365-4044, email lodilibrary@bccls.org or visit the website at http://lodi.bccls.org The Library is located at One Memorial Drive in Lodi with adjacent parking. ###

THINK  
GREEN

Your Fire Chiefs Offer These Safety Tips

- Thanksgiving is the peak day for home cooking fires.
- Three-fifths (59%) of reported home cooking fire injuries occurred when victims tried to fight the fire themselves.
- A CPSC study found that 83% of frying fires began in the first 15 minutes of cooking.
- Keep anything that can catch fire - *potholders, towels or curtains* - away from your stovetop.
- Have a “kid-free zone” of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.

Are you a FRIEND yet?

By becoming a FRIEND of the Hasbrouck Heights Public Library, not only are you supporting the Library, but you are entitled to special discounts. Stop by and speak with a staff member to sign up. The Public Library is located at 320 Boulevard—2nd Floor of Municipal Building. Call (201) 288-0488 for more information.

10% discount	15% discount
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Color With Me <sup>(1)</sup> (All Workshops) 166 Franklin Ave	Envision Video 201-288-7228 www.Envisionvideoservices.com
Fisher's Café 245 Boulevard	Happy Days 280 Terrace Avenue
Francesca's Nail Emporium 209 Franklin Avenue	Heights Flower Shoppe 209 Boulevard
Heights Pizzeria 313 Boulevard	Houlihan's 5 State Route 17S
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	Heights Bar & Grill 165 Boulevard
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## The Hasbrouck Heights Free Public Library is Now Closed on Sunday

In order to close a budget deficit this year, the Board decided to close The Library on Sundays effective October 16, 2011. The regular open schedule remains the same:

- Monday – Thursday  
10 a.m. – 9 p.m.
- Friday & Saturday  
10 a.m. – 5 p.m.

For your convenience, materials may be returned in The Library's book drop located in back of Borough Hall located at 320 Boulevard. Any materials returned after 7:30 a.m. will be considered returned on current business day. For more information please call 201-288-0488. ###

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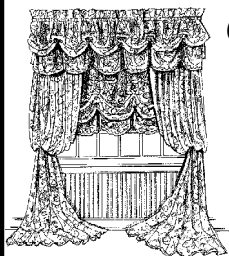
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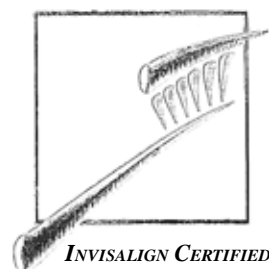
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## Career Transition Support and Networking Group

Lodi Memorial Library will be hosting a Career Transition Support and Networking Group, called Neighbors-Helping-Neighbors, every Monday night from 7 p.m.-8 p.m.

Neighbors-Helping-Neighbors is a weekly support and networking group for people conducting job searches that meets at local public libraries around Bergen County.

For more information, please email John Fugazzie, the group coordinator, at johnfugazzie@aol.com, or call the Library Director at 973-365-4044 ext. 7. ###

## Carlstadt Library "Country Hoedown"

The Carlstadt Public Library will hold a "Country Hoedown" on Wednesday, November 16, 2011, at 3:30 p.m. This event will include banjo, dancing, and cowboy rope tricks! ###

## Cooking with Miss Nina at The Carlstadt Library

For young adults, The Carlstadt Public Library will host "Cooking with Miss Nina" on Tuesday, November 15, 2011 at 7 p.m. Registration is required. ###

## Reiki

The Wood-Ridge Memorial Library is pleased to invite you to attend a program on Reiki on November 9, 2011, at 7 p.m. to be held at the Wood-Ridge Senior Center.

Reiki is a Japanese technique that uses "laying of the hands" to promote spiritual healing and wellness. Anna Gramlich, a certified Reiki practitioner, will explain the benefits of this technique.

Register by calling The Library at 201-438-2455 or send an e-mail to hartigan@bccls.org ###

## Lodi Library Hosts Family Fright Night

On Friday October 28, 2011, from 6:30-8 p.m., Lodi Memorial Library welcomes all ages to its annual free Fright Night. For younger children, there will be Halloween games, face painting and visits with fun costumed characters. For ages 10 and up, The Library's teen volunteers will offer a guide through a scary haunted house. Free refreshments provided and no registration is necessary. Come in costume and you could win a prize. Lodi Memorial Library is located at One Memorial Drive in Lodi with parking nearby. For more information, call 973-365-4044 or visit lodi.bccls.org ###

## 22nd Annual Lego Contest

The Free Public Library of Hasbrouck Heights is celebrating its 22nd year of "Leggo my Lego," a building contest for families. This special annual event will be held on Friday, November 4, 2011, from 7-9 p.m., in The Library at 320 Boulevard. All ages are welcome, but children must be accompanied by an adult.

There will be professional architects and local "celebrities" on hand to judge the contest. All entries must be original (no instructions or kits) and built in the Library on Lego

Night. Participants may work in groups of up to 6 people, and will be judged in several age groups. Participants must bring their own Lego bricks.

Entertainment and prizes are being provided by The Friends of The Hasbrouck Heights Library. Registration for the program began on September 19. You are welcome to register in person, by phone 201-288-0488 or online at [www.hasbrouckheights.bccls.org](http://www.hasbrouckheights.bccls.org).

Don't miss this night of creativity and family fun! ###

## Teen Reader's Club Dates are Set

Teens who are enrolled in Grades 7 through 12 are invited to participate in the Teen Reader's Club at The Hasbrouck Heights Public Library.

This Club meets on the fourth Tuesday of the month from 7-8:30 p.m. and provides teens with an opportunity to

talk about books, eat snacks, play games, and make new friends.

• November 22 – "Nation" by Terry Pratchett

• December 27 – "What I Saw and How I Lied" by Judy Blundell

For further information or to sign up, please contact Catherine Dodwell at 201-288-6653 or [dodwell@bccls.org](mailto:dodwell@bccls.org).###

## Hasbrouck Heights Book & Bake Sale

The Friends of The Free Public Library of Hasbrouck Heights is pleased to announce its Fall Book and Bake Sale on Saturday and Sunday, November 19 and 20, 2011, in the Senior Center located on the first floor of Borough Hall. Entrance is on Central Avenue.

Gently used books and media along with delicious homemade baked goods will be available for purchase. Hours are as follows: Saturday: 9 to 4 p.m. and Sunday: 11 to 4 p.m. Hardcover/Trade paperback books \$1.00, Paperback books \$.50, Media \$1.00 and some specialty items individually priced.

Donations of books in good condition are now being accepted. Call The Library for details at 201-288-0488. ###

## Thanksgiving Story Hour

The Junior Women's Club of Hasbrouck Heights and The Hasbrouck Heights Free Public Library will co-sponsor a Thanksgiving themed story hour on Thursday, November 17, 2011, from 3:45 p.m. to 4:30 p.m.

This event will take place at The Hasbrouck Heights Free Public Library and is open to children 3-8 years of age. Children will enjoy stories, crafts and light refreshments.

In the spirit of Thanksgiving, all attendees are asked to donate a non-perishable food item or \$1 for the Hasbrouck Heights Food Pantry. To register or for more information, call 201-288-8911. ###

## Little Ferry Public Library Children's Fall Programs

• Story Hour - Ages 3 - 5 Years, Tuesdays at 1:30 p.m., September 27 to November 15

• Story Hour - Grades K -3, Thursdays at 3:45 p.m., September 29 to November 17

• Mommy & Me - 0 - 2 Years, Wednesdays at 11:00 a.m., September 28 to November 16

• Game Days, Wednesdays at 3:45 p.m., October 5, November 9

• Kids Movie, Wednesday at 3:45 p.m., October 12, November 2

• Halloween Sidewalk Art, Tuesday - October 25 at 3:45 p.m.

• Halloween Craft - Grades K-4, Wednesday - October 26 at 3:45 p.m.

• Thanksgiving Craft - Grades K-4, Wednesday - November 22 at 3:45 p.m.

Registration required for all programs except movies and games at The Library or call 201-641-3721. ###

## Keep Curbs Free From Leaves

Rake leaves off the top of the curb and fully into the street.

It is advised that providing a drainage space between the leaf pile and the curb will allow a better flow of rain water to storm drains. Keep raked leaves at least 10 feet from storm drains. ###

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On October 1, 2011, **Heights Flower Shoppe** held their Annual Fall Festival. They also held their grand opening of the Victorian Tea House. ###

## Community Tree Lightings

**Carlstadt** will hold their Tree lighting at Borough Hall on December 1, 2011, at 6:30 p.m. ###

The **Hasbrouck Heights** Annual Tree Lighting at The Circle will be held immediately after the Annual Holiday Parade on November 25, 2011. There will be plenty of hot cocoa and snacks. ###

**Little Ferry** will hold their Tree Lighting on December 2, 2011 in the Borough Hall parking lot. Santa will be available in the Municipal Building lobby. Bring your camera.

**Lodi** Annual Tree Lighting is December 2, 2011, starting at 7:30 p.m. The program starts as the Lodi Fire Department escort Santa to Borough Hall. The Lodi High School Choir will sing and after a short program, Santa will be available in the Borough Hall

lobby. Bring your camera.

**Moonachie** will hold the Annual Tree Lighting event (rain or shine) on Saturday, December 3, 2011, at 7 p.m., at Borough Hall. R. L. Craig students will sing Christmas Carols. Refreshments and photos with Santa will follow at the Firehouse. ###

**Wood-Ridge** Annual Tree Lighting is on November 25, 2011, at Veterans Park, starting at 7 p.m. Christmas Carols will be sung by Middle and High School Chorale. Santa will be at The Gazebo to hear special secret wishes. Refreshments will be served. ###

**Don't leave  
lit candles or  
fireplaces  
unattended.**

*Thanksgiving Proclamation, November 29, 1623*

## TO ALL YE PILGRIMS

Inasmuch as the great Father has given us this year an abundant harvest of Indian corn, wheat, beans, squashes, and garden vegetables, and has made the forests to abound with game and the sea with fish and clams, and inasmuch as He has protected us from the ravages of the savages, has spared us from pestilence and disease, has granted us freedom to worship God according to



the dictates of our own conscience; now, I, your magistrate, do proclaim that all ye Pilgrims, with your wives and little ones, do gather at ye meeting house, on ye hill, between the hours of 9 and 12 in the day time, on Thursday, November ye 29th of the year of our Lord one thousand six hundred and twenty-three, and the third year since ye Pilgrims landed on ye Pilgrim Rock, there to listen to ye pastor, and render thanksgiving to ye Almighty God for all His blessings.

*William Bradford, Ye Governor of ye Colony*

## Florists' Open Houses Herald Holiday Season

Once again, Hasbrouck Heights florists are holding their annual Open Houses this Holiday Season.

**Bill O'Shea's Florist** Open House is November 20, 2011 and **Heights Flower Shoppe** Open House is December 4, 2011.

These very popular Open Houses kick off the Holiday Season with free flowers, balloons, music, prizes and refreshments. In addition, they offer special discounts on selected gift items.

They will offer a huge selection of wreaths and grave blankets/pillows, as well as other holiday decorating items. All are welcome. ###

## Keep Fire Hydrants Cleared of Snow

Area Fire Departments ask that when it snows, residents and businesses should make an effort to keep fire hydrants clear and accessible. ###



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**Bill O'Shea's Florist provides corporate interior and exterior decorating services as well as Holiday Parties!**



Annual Ecumenical Thanksgiving Services

First Presbyterian Church of Moonachie will host the Annual Ecumenical Thanksgiving Service of Worship on Sunday, November 20, 2011, at 4 p.m.

Rev. Kimberly Chastain, Pastor of First Presbyterian Church of Moonachie and the South Bergen Larger Parish will be preaching. A freewill offering will be taken in support of Family Promise of Bergen County, formerly the Interreligious Fellowship for the Homeless.

At 1 p.m. The First Presbyterian Church of Moonachie invites community members to gather for a "Thanksgiving Dinner." Baked ham and turkey will be provided. For more information, or to reserve a spot, please call the parish office at 201-438-8966.

All Gazette Newspaper readers are welcome to attend. ###

Jr. Women's Club Pizza With Santa

The Hasbrouck Heights Junior Women's Club is sponsoring Pizza with Santa on Friday, December 9, 2011, from 6:30 p.m. to 8:30 p.m., at the Elf Building, 320 Boulevard. Cost is \$8 per person and includes photo opportunity with Santa (don't forget to bring your cameras), craft, goody bag, pizza, refreshments and raffle. For tickets, call Kristin at 201-288-6339 or Cara at 201-288-0479. Proceeds benefit local charities and scholarships. ###

Curb Your Dog

Heights Seniors Holiday Party

The annual Holiday Party, sponsored by the Leisure Club, open to all Heights seniors, is scheduled for Monday, December 5, 2011, at the Fiesta, from noon to 4:00 p.m. Tickets are \$39 per person.

Payment should be made as soon as possible. Tickets are available at the November Leisure Club meeting. Call Dotty at 201-288-0525 for details. ###

Story Hour With Santa

On Monday, December 5, 2011, families are invited to The Hasbrouck Heights Free Public Library for a special Santa Story Time. From 7-8 p.m., hear holiday stories, sing holiday songs, and even meet the man himself.

Bring your cameras for a special photo opportunity to kick off this holiday season.

The Friends of the Hasbrouck Heights Library will be on hand to give children a special prize. Registration is required, and can be done in person, online, or by calling 201-288-8911. ###

Holiday Decoration And Display Contest

Ho. Ho. Ho. Hop in your sleigh and join the fun. Check out Hasbrouck Heights' festive displays on The Boulevard and in your neighborhood with yards, homes, lamp posts and doors seasonally dressed for the holidays.

Judging is December 16, 17 and 18, 2011, with final review on December 19, 2011. This annual tradition is sponsored by the Mayor's Celebrations Committee. ###

Heights Food Bank Seeks Donations

The shelves are a little sparse this holiday season.

The Hasbrouck Heights Food Pantry welcomes donations. Needed items include: beans, canned fruit, juices, pasta sauce, gravies, paper products, all kinds of soaps and cleaning products, shampoo, toiletries, jelly, coffee, tea, cereal, powdered milk, crackers, cookies and snacks.

The Food Bank is supported by food drives held at the Churches, schools, the Scouts, The Library and special programs, the monetary donations that buy food store gift cards and those who drop off bags of groceries at the Borough Clerk's Office.

The 15-20 families who need help are very fortunate to be able to have a place to come if needed. Borough Clerk Rose Marie Sees said, "A great big thank you for your generosity. It is overwhelming and very much appreciated."

For more information, call the Borough Clerk's Office at 201-288-0195. ###

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## Gazette Photos Available

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<http://gazette-newspaper.smugmug.com/>

## Christmas Tree Sale

The Moonachie First Aid & Rescue Squad will be offering a variety of trees ranging from 4 foot to 9 foot Balsams, Douglas and Fraser firs as well as "Charlie Brown Trees." They will also be selling decorated Christmas wreaths.

Bring the kids for fun with arts & crafts. There will be an assortment of Santa hats, stockings and ornaments for your kids to design and customize.

The Christmas Tree Sale is located at the squad building, 121 Moonachie Road and runs through December 24th. Elves are waiting 24 hours per day/7 days per week for your convenience. Delivery available upon request.

Proceeds will benefit the upkeep of the building and equipment. ###

## Santa Comes To Town

The spirit of kids from 1 to 92 are bright as the traditional Holiday Parade travels along The Boulevard on Friday evening, November 25, 2011.

As folks get ready to enjoy the parade, they can visit one of the several hot chocolate stations that will be located along The Boulevard including the Municipal Complex, **Century 21 Eudan Realty**, etc.

Floats, bands, community groups, antique cars, fire trucks, plus Santa will meet at Williams Avenue at 7:00 p.m. and march along The Boulevard to Henry Street.

Immediately after the parade, Santa will meet with children at The Senior Center (320 Boulevard), for photos and treats sponsored by **Heights Flower Shoppe**.

At press time, the parade

line-up is as follows:

The Hasbrouck Heights Police Department Color Guard will lead the Parade, along with Color Guards from the Hasbrouck Heights Fire Department and the Boy Scouts.

Local Officials, Boy Scouts, Girl Scouts and various sport teams on small floats, provided by **Lenox Towing**, will follow.

The excitement continues with the Park Ridge High School Marching Band, and antique cars from Reliable Relics.

The Hasbrouck Heights High School Marching Band will lead Santa's personal float (*sponsored by Otterstedt Insurance Agency*) down The Boulevard.

The Hasbrouck Heights Fire Department will then follow with their equipment and personnel.

The event is sponsored by the Hasbrouck Heights Chamber of Commerce. Would you like to be part of the excitement? The Chamber welcomes volunteers to help with the parade. Call Ray at 201-288-5464 for more information. ###

## Santa Visits the AHOF

Santa is scheduled to depart the North Pole at Midnight and is expected to arrive by helicopter at 11 a.m. on Saturday, December 3, 2011, (*rain date December 10*), at the Aviation Hall of Fame. Santa will have candy and gifts for the kids.

Bring your camera for this photo opportunity! Children under 6 (*six*) years of age will be able to meet and greet Santa Claus inside the museum free of charge, when accompanied by an adult.

The museum will open at 10:00 a.m. to accommodate expected interest in this special event, and the public is advised to arrive early in order to obtain good parking.

The visit of Santa Claus is presented annually by the New Jersey Aviation Hall of Fame & Museum, located at 400 Fred Wehran Drive, Teterboro, NJ. For more info call 201-288-6344. ###

## Pet Photos with Mrs. Claus

FOCAS (Friends of the County Animal Shelter, Inc.) will be hosting holiday pet pictures with Mrs. Claus and a Special Holiday Gift Fair on Sunday, December 4, 2011, at the American Legion, 100 Liberty Street, Little Ferry, from 12:00 p.m. to 4:00 p.m. The cost per photo is \$5.00.

All pets are welcome. Pets should be up-to-date on all shots and appropriately restrained.

There will be refreshments, fabulous holiday gifts on sale for pets and people and a drawing each hour for a FREE surprise gift.

Let FOCAS put some "cheer" in your holiday! This is an annual FOCAS event. Donations will go to benefit sick, homeless and abandoned animals. For information call the FOCAS Help Line at 201-943-4019. ###

**WALK**  
Facing Traffic  
**BIKE**  
With Traffic

## HH Men's Association Christmas Tree Sale

The Hasbrouck Heights Men's Association will be selling Christmas Trees again this Holiday Season at St. John the Divine, at the corner of Franklin and Terrace.

They will be carrying an

array of trees of various sizes and prices.

This sale has been a Hasbrouck Heights holiday tradition for over twenty years.

The money raised goes to the HHMA Scholarship Fund that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. The Hasbrouck Heights Men's Association wants to thank area residents for their on-going support of their sale and they wish everyone a Happy Holiday Season. ###

Use caution with holiday decorations and whenever possible, choose those made with flame-resistant, flame-retardant or non-combustible materials.

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Moonachie School District 100 Years of Pride

(Editor's Note: In celebration of the Robert L. Criag School's 100th Anniversary, over the course of the next few issues, The Gazette Newspaper is providing a multi-part reflection. The following is a reflection by Phil Facendola, serving the district from 1972 to present.

Moonachie Shines Time After Time

I remember a time when there were still a few little farms in Moonachie. When neighbors crossed the street with their children to tend the community gardens. A time when families turned out in droves for town events. Students took class trips to their classmates homes to see model trains during the holidays, and went back to grow plants in the Spring. Teachers got together

on the weekends for dinner parties. The school functioned as an extended family. The students in my gym class only had a few basketballs to share. Because they had to cooperate, they didn't only learn the game of basketball, they learned important values that they could take with them into the game of life. Even now, Moonachie is a town where neighbors give true meaning to the lyrics of the Moonachie song, "going one extra yard ... " They can be seen snow blowing from corner to corner and mowing the lawns past the property lines. I now teach the children of my former students. Many

of the amazing people I had the privilege of teaching are now the adults who volunteer, coach, offer helping hands, and are leading the new generation at the Robert L. Craig School. Fortunately, the students no longer have to share the same few basketballs because with the added support of the townspeople, they now each have access to their own basketball, hockey stick, and even computer. It is a testament to the people of Moonachie that Al Weissman's song still rings true. I can only hope that the town will continue to be a beacon for future generations, guiding them home to kind, familiar faces. ###

ICHS Students Learn the Challenges of Being Homeless

As part of week-long events to commemorate its Franciscan Heritage and to experience a night of solidarity with the poor, 25 students and 6 chaperones at Immaculate Conception High School in Lodi participated in, "A Night On The Street." The night began on October 7, 2011, at 7:00 p.m. and concluded with a donated breakfast at 7:00 a.m. on Saturday, October 8. This unforgettable overnight experience in the back parking lot of Immaculate Conception HS taught the girls what it might feel like to be homeless, living on the street. The girls slept outdoors for one night, with a single cardboard box as shelter—creating a "Box Village," and using only a sleeping bag or blanket to keep

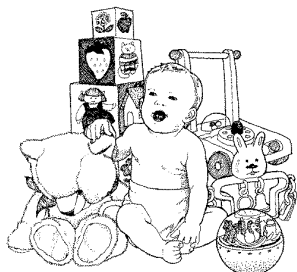
warm on the cold night. The girls didn't have access to have cell phones, iPods, or any other electronic devices. No food or drinks were allowed either. Throughout the evening the girls learned about life on the street, and they explored their own feelings about being homeless. They heard a collection of stories by homeless people from different news articles and magazines. A few members of the Garfield Ambulance Corps told the girls about what they have seen and experienced working with the homeless, and what the dangers are when living out on the streets. For more information about Immaculate Conception High School, please call Nadine M. Mooers at 973-472-7231. ###

Road Courtesy is Contagious

Corpus Christi School Gets Ready for a Busy Novembrrrrr

As the leaves fall and the wind blows, Corpus Christi students have settled into their routines and switched into their winter uniforms. On November 1, 2011, Corpus Christi 3rd Graders will participate in one of the most treasured traditions at Corpus Christi, the All Saints Procession. They will research a saint, and then dress up as their chosen saint for a presentation to their family and friends in the Chapel. On November 9, the 2nd, 3rd, 4th, and 5th Graders will put on a Fall/Thanksgiving Concert in the school gym. Spirit Day, November 11, will honor Veteran's Day. On this day the school will collect \$1 from the students in exchange for being allowed to wear "street" clothes in Red, White and Blue and will donate the proceeds to a charity. Also on November 11, Corpus Christi 8th Graders will take the Coop Exam. This test, along with their middle school grades will assist them in getting into the Catholic High School of their choice.

On November 16, the 4th and 7th Grades will be taking a writing assessment. The purpose of this assessment is to provide the teachers and administrators an objective rating of the students writing proficiency to evaluate the effectiveness of writing programs and the instructional needs of the students. Parent/teacher conferences will take place on November 21 and 22. These conferences offer a great opportunity to communicate with your child's teacher and find out areas in which your child excels and get specific ideas of how to improve your child's performance in others. November comes to an end with the celebration of the Thanksgiving holiday. It starts with a Prayer Service at 9 a.m. on November 23 followed by a noon dismissal. School will resume again on Monday, November 28. For more information about any of these events, please call the school office at 201-288-0614 or go to the school website at www.corpuschristischool.net. Story by Maria Grace Billings. ###



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## Imaginations Took Flight at AHOF Open Cockpit Day

On Saturday, October 1, 2011, the Aviation Hall of Fame and Museum opened all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

After years of work by museum volunteers, the recently refurbished Grumman OV-1 Mohawk was unveiled to the public during this event.

It is an armed military observation and attack aircraft, designed for battlefield surveillance and light strike capabilities. It is of twin turbo-prop configuration, and carried

two crewmembers with side by side seating. The Mohawk was intended to operate from short, unimproved runways in support of United States Army maneuver forces.

Additional aircraft included Martin 202 Airliner, Cobra Gunship Helicopter, Coast Guard Rescue Helicopter and a Lockheed 402-2 Bush Master. Guides were available to explain each aircraft.

The next Open Cockpit Day is scheduled for November 12, 2011.

The Aviation Hall of Fame & Museum of New Jersey is dedicated to the preservation of the Garden State's aviation and space heritage. The museum offers visitors an opportunity to view historic air and space equipment and artifacts, photographs, fine art and an extensive model collection.

The Museum is open Tuesday through Sunday from 10 a.m. to 4 p.m. Group tours, birthday parties and Dare-to-Fly Programs are available. For more info, call 201-288-6344, or go to: [www.njahof.org](http://www.njahof.org) ###



## Art Through Fun

Care on the Corner is offering an art program for children in Grades 2 – 5.

Art Through Fun, imaginative and colorful projects, do not require good drawing or cutting skills.

Learn about mixing colors; create masks, tissue collages and cityscapes. The program will develop better art skills and confidence.

Preview of projects are on display at the Care Center, 333 Franklin Avenue, Hasbrouck Heights, NJ. The group meets on Fridays from 3:30 p.m. – 6 p.m. through November 18.

Everyone is invited to the exhibition on Friday, November 18, 2011, at 7:30 p.m. The group meets at the Care Center. Call the Care Center at 201-288-9460 to register. There is a \$25 materials fee. Scholarships are available. ###

## Beaver Moon

The November full moon appears on Thursday, November 10, 2011, at 15:18 and is called the "Full Beaver Moon." According to "The Farmer's Almanac," this is the time to set beaver traps before the swamp freezes, to ensure a supply of warm winter furs.

Another interpretation suggests that the name "Full Beaver Moon" comes from the fact that the beavers are now actively preparing for winter. Other names for this moon include "Full Frost Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

## Kids Learn About Being Perfect Without Being Flawless

*Newly released book leaves you smiling, believing in yourself, and maybe even believing in small miracles*

Author Frederick Alimonti has just released his newest, thought-provoking children's book, "The Fix-It Shop: A Story of Music, Magic, a Baseball Bat, and a Toaster."

The Fix-It Shop takes us to "Taconic, New York," a sleepy upstate town. In fact, it's practically dead. Tommy Jameson wonders what has happened to "his town." One day, an odd little man opens Ed's Fix-It Shop.

Ed Lunden, its mysterious owner, seems able to fix everything – even a hopelessly cracked baseball bat is returned to Tommy's best friend "better than new." These amazing repairs seem to defy any ordinary explanation.

After getting to know Ed and his very unusual Fix-It Shop, Tommy, who has cerebral palsy, becomes convinced that Ed can even fix Tommy right "out of his wheelchair."

Ed insists that he can do no such thing and that Tommy "does not need any fixing in the first place." Tommy refuses to believe him and wakes up every morning expecting a miracle cure from Ed and the Fix-It Shop.

Tommy's life will indeed be altered dramatically by the close of the story. In fact, the whole town undergoes some



subtle transformations. Magic? Miracle? In the end, it's up to the reader to decide.

As noted in the book's introduction, "maybe kindness, trust, and friendship together is the most powerful magic of all, for it has the power to unleash the magic in all of us."

The Fix-It Shop is available online from all major sellers and directly from Tate Publishing. You can also learn more about Alimonti and his books [alimontibooks.com](http://alimontibooks.com). Order now for the holidays.

Title: The Fix-It Shop: A Story of Music, Magic, a Baseball Bat, and a Toaster. Author: Frederick Alimonti; Genre: Children's Books; ISBN: 978 1-61777-212-2; Publication Date: August 2011; Pages: 116; Price: \$10.99; Publisher: Tate Publishing. ###

## Looking for something interesting to do?



## Imaginations Take Flight

The NJ Aviation Hall of Fame Museum includes "The Great Room" filled with historic air and space equipment and artifacts, photographs, fine art and an extensive model collection.

Several boardable aircraft including a Martin 202A, Coast Guard Sikorsky helicopter, Lockheed "Bushmaster," Cobra gunship, are on the Museum grounds. This is the place for "Imaginations to Take Flight."

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**Ask about our "Dare To Fly" Program**

## Food Bank

The Hasbrouck Heights Food Pantry is open Mondays from 9:00 a.m. to 11:00 a.m. for residents.

Donations are always welcome. Call Borough Clerk's office for more information at 201-288-0195. ###

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## Santa Will Visit IHOP

Santa will be visiting **Hasbrouck Heights IHOP** several times in the weeks before Christmas, including Saturday, November 26, from 8 a.m. to 11:30 a.m. and Sunday, November 27, 2011, from 8:30 a.m. to 10 a.m.

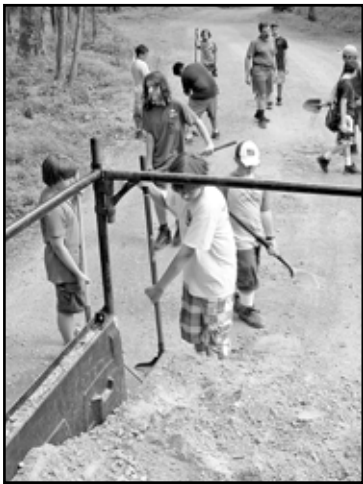
To find out the other times that Santa will be visiting IHOP, join the Kris Kringle Fan Club on Facebook or visit his local website at [www.SantaNJ.com](http://www.SantaNJ.com) ###





## Scouts do Road Work

Members of Boy Scout Troop 17 in Hasbrouck Heights attended Camp NoBeBosco the last week in July 2011. Along with earning various merit badges, the Troop completed a community service project by helping to repair the main camp road. This falls under the Scout "Leave no Trace" motto, in which Scouts learn to leave an area better than they found it. *Photos and story by Scribe, Troop 17. ###*



## Scouting for Food

Troop 17 and Cub Pack 17 of Hasbrouck Heights will be taking part in the National Scouting program of Scouting For Food on Saturday, November 12, 2011, from 9 a.m. til noon. Scouts will be coming around to collect donated food and non perishable items for the local food bank. Please leave items in shopping bags on front steps of your homes. Bags may also be brought to the Hasbrouck Heights Food Bank. This program provides community service within our own neighborhood and is part of the Good Turn for America, "helping others at all times" program. Please consider making a donation. *Story by Scribe, Troop 17. ###*

## Buy-A-Ribbon Feed The Hungry

As well as "Brightening The Boulevard," this annual appeal has generated thousands of dollars every year to benefit The Center for Food Action.

A \$10 contribution buys a bright red ribbon with your name on it, placed along the Boulevard beginning Thanksgiving until Valentine's Day.

Contributors simply complete the "Buy-A-Ribbon -- Feed The Hungry" form, listing their name, family, memorial, etc., with a limit of up to 30 characters. Forms are available at Bill O'Shea's Florist and Bruce's Floral Design.

Most ribbons are \$10, but generous folks can make a \$50 donation which provides a special breakfast and traditional dinner for Christmas or

Hanukkah for a family in our neighborhood.

Corporate donations of \$100 or more will receive a unique red and gold ribbon.

Ribbon placement in Hasbrouck Heights is done by the Knights of Columbus: Msgr. Fitzpatrick Council 7041.

Ribbon placement along Valley Boulevard in Wood-Ridge is done by the Knights of Columbus: St. Anthony's Council 11585. ###

# Fall Back November 6

## Change Your Clock, Change Your Battery

Our area Fire Chiefs urge residents to adopt a simple, yet crucial habit of changing smoke alarm and carbon monoxide detector batteries when changing clocks back to Standard Time on November 6, 2011.

Warnings from smoke alarms can provide those critical extra seconds people need to get out of their homes safely.

Even though 96 percent of American homes have at least one smoke alarm, 19 percent of those households' detectors are not working, mostly due to missing or dead batteries.

In the U.S., roughly 80 percent of fire deaths result from fires in homes without working smoke alarms. Half of the home fire deaths resulted from fires in the small percentage of homes (five percent) without any smoke alarms. 83% of all civilian fire-related deaths are a result of home fires.

Fire deaths peak in winter months — December through February.

"The peak time for home fire fatalities is between 10 p.m. and 6 a.m. when most families are sleeping," said Hasbrouck Heights Fire Chief Kevin Todd.

"Smoke alarm maintenance is a simple, effective way to reduce home fire deaths. Children and senior citizens are most at risk, and a working smoke alarm can give them the extra seconds they need to get out safely," stated Wood-Ridge Fire Chief Paul Clemente.

Moonachie Fire Chief Victor Migliorino added, "Tragi-

cally, many people mistakenly believe they'd be awakened by the smell of smoke in time to escape. Clinical experiments have found the sense of smell actually lessens when people are asleep. Therefore, when smoke enters a bedroom, it does not always awaken the individual."

Lodi Fire Chief Anthony Maiolo added, "Smoke disorients people and dulls their senses, making it less likely other cues, such as cries for help, will awaken them. This is why working home smoke alarms are so important."

Carlstadt Fire Chief Robert Moore said, "Children are particularly vulnerable during home fires. Children ages five and under are twice as likely as the population as a whole to die in home fires. Adults ages 65 and older are two times more likely to die in a home fire; those ages 75 and older

are three times more likely and those ages 85 and older are 4.5 times more likely to die in a home fire. Many older adults need assistance and cannot escape by themselves in time."

Little Ferry Fire Chief Rob Cordasco stated, "Working smoke alarms cut the risk of dying in a home fire nearly in half by providing an early warning and critical extra seconds to escape."

In addition to changing smoke alarm and carbon monoxide batteries, smoke alarms should be replaced every 10 years.

The National Fire Alarm Code recommends a minimum of one smoke alarm on each level of a home, including one inside each bedroom for new construction and one outside each sleeping area. Homes should also have at least one working carbon monoxide detector. ###



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**PTO Carnival**  
On Saturday, October 15, 2011, from 2 p.m. to 10 p.m., the R.L. Craig School PTO hosted a Carnival behind the gym. There were rides, games, food, baked goods, pumpkin decorating, etc. Entertainment included bands "Fastforward" and "Calm B4 the Storm." ###

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**Copy for the December Issue is due Nov. 10th.**

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*Hasbrouck  
Heights  
Town Day*

Hasbrouck Heights Town Day was held on its rain date, Saturday, October 1, 2011, from 10:30 a.m. to 3 p.m., in Woodland Park. Admission was free. Highlights included free food and drinks, free give-aways, inflatable amusements, etc.



A concert, featuring Carla Culkin and “Double Tap,” was held in the pavilion. The Jr. Women’s Club of Hasbrouck Heights ran their annual Beautiful Baby Contest to benefit needy children.



The event showcased Hasbrouck Heights organizations to include: Police Department, Fire Department, Garden Club, Scouts, Leisure Club, Contemporary Club, Friends of The Library, Euclid and Lincoln School PTAs, community Church groups, Community Awareness Access for All Committee, Teterboro Civil Air Patrol, plus many more civic groups. This event was sponsored by the Hasbrouck Heights Recreation Department. ###







## Little Ferry Groovy 60s

Little Ferry held a Groovy 60s -- Family Fun Day on Saturday, October 1, 2011, at Lakeview Field from 10 a.m. to 5 p.m. A flea market was held, from 10 a.m. to 5 p.m., just outside the field.

Because of the recent rains, the field was unusable and the event was set up on Indian Lake Road. From 1 p.m. to 5 p.m., there were mechanical rides, rock climbing tower, several inflatable amusements, tattoos, free snow cones, games, etc. Groups such as the Scouts,

as well as the sponsors, set up displays.

The oldies band, "In Harmony," played live music in the afternoon.

From 6:30 p.m. to 8:15 p.m. there was musical entertainment and free popcorn, followed by a 20 minute fireworks display costing \$5,000. The event was organized by the Little Ferry Recreation Committee. The event was completely funded by sponsors.

Little Ferry has been holding town days since 1994, its Centennial year. ###



# Every Flag



On Friday morning, October 7, 2011, about 50 volunteers quietly placed about 6,270 American Flags in carefully measured rows on the grounds of the First Presbyterian Church of Moonachie. Each flag represented an American soldier who was killed in Iraq and Afghanistan. Each flag represented the family, friends, neighbors, co-workers and circle of acquaintances of a soldier killed. Each flag represented a prayer. This was the 52nd presentation of the Field of Flags.

Under a 20' x 30' American Flag suspended from Little Ferry Fire Department Ladder Company and the symbolic "Riderless Horse" (provided by the BC Sheriff's Department) nearby, a dedication of the Field of Flags was held on Saturday morning at 10 a.m., October 8. A program was distributed which listed New Jersey soldiers who were killed in these conflicts.

On the Bergen County Parks stage were Gold Star Families, Veterans and local officials. Welcoming remarks were made by

Rev. Donald Pitches, First Presbyterian Church of Carlstadt. The invocation was led by Rev. Kimberly P. Chastain, First Presbyterian Church of Moonachie. The "Star Spangled Banner" was sung by soloist Edward F. Nepil. The Nam Knights MC George Rivera, Committee Chair and Fred Reiman, President, Nam Knights of America MC were introduced. "Hero" was sung by soloist Ann Clair Macalintal. County, local officials, VFW and American Legion Posts were recognized, as were the Gold Star families. Rev. Pitches read the poem "Is My Name There?" and Ms. Macalintal sang "Proud to Be an American." John Huettemann, co-chair, recognized and thanked the committee. "Taps" was played by Bobby Krupinski and Rev. Chastain gave the Benediction.

Each Gold Star Family was given an American Flag, a rose and escorted by the committee so that they could place a Flag in the Field, and have a private moment to honor their loss. Rev. Pitches gave each of the Gold

Star Families a flag that had previously flown in the "Field of Flags."

The "Field of Flags" remained until October 27, 2011. Each day "Taps" was played at 1730 hours. A laminated board listing those killed, was also part of the display.

This memorial is sponsored by the First Presbyterian Church of Moonachie, First Presbyterian Church of Carlstadt and the Nam Knights MC.

The original "Field of Flags" program was dedicated on Sunday, October 23, 2005, at the Somers Congregational Church in Somers, Connecticut. Members of their Memorial Garden Committee placed 2,231 American flags, one-by-one, for each American casualty in Iraq and Afghanistan.

The flags were placed to honor those who have given their lives and to demonstrate that they are remembered in prayer.

"Field of Flags" is a silent, patriotic and poignant reminder of the cost of war. Each flag represents not simply one casualty,

but all the family members and friends who have been touched by that life now gone.

They represent our respect for those who have served and are currently serving in the military and our hope for peace in the future, for a time when no one is called upon by our country to give the greatest sacrifice.

Please continue to pray for the safety of all of our troops and for the families of the fallen heros.

Although the Somers Congregational Church provides the expertise, tools and equipment that are needed, the set-up and dismantling is done by local volunteers.

The next location of this tribute will be at the Preakness Baptist Church in Wayne, starting November 5, 2011.

This program is only available to Churches. It has been displayed in eight states from Florida to Maine and out to Tennessee. There is a two year waiting period for Churches interested in this traveling memorial. ###



# is a Prayer







## CFD Fire Prevention Week Event

On Sunday, October 2, 2011, the Carlstadt Fire Department held an open house at Headquarters to educate the public about fire safety.

In addition to displaying their equipment, they showed how to use a fire extinguisher, shoot a fire hose, etc.

Using the Bergen County Fire Academy Fire Safety Demo Trailer, equipped with kitchen and bedroom, DVD movies, smoke machine, they educated visitors about stove and fireplace safety, hot door knobs, smoke detectors and escaping through a window.

The Rescue Company, with EMS assistance, cut apart a car and extricated a victim.

The NJ Fire Sprinkler Advisory Board gave a live burn demonstration on how quickly a fire can grow and the effectiveness of a sprinkler system.

Kids received a goodie bag containing fire safety information, etc.

About 200 attended the event. Free refreshments included hot dogs, chips, soda and water.

The Carlstadt Fire Department was established in 1872 and has 84 members and about 20 members in the Ladies Auxiliary. ###



## W-R Kids Enjoy Fire Engine Rides

On Sunday, October 2, 2011, from 1-4 p.m., at the Wood-Ridge Fire Department firehouse, children ages 5-13 were treated to donuts and apple cider, saw a short film on fire prevention and then took a ride around town on an actual fire truck! *Selected photos by Dennis Kronyak Sr. ###*



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As with all Fire Department Inspections, members spend many hours cleaning their Headquarters and equipment. Photo by Dennis Kronyak Sr. ###

# WRFD Annual Inspection

The Wood-Ridge Fire Department held their Annual Inspection on October 1, 2011. Department personnel were in full dress uniform. The program began with the Salute to the Flag, Invocation by Deacon Nicholas Valdez, Assumption Church,

roll call by Department Secretary Gregory Gorab, remarks by Fire Chief Paul Clemente, Borough Administrator Chris Eilert on behalf of Mayor Paul A. Sarlo and Councilman and Fire Commissioner Thomas C. Gonnella.

The equipment and head-

quarters were presented for inspection and Department personnel were available to answer any questions. The program concluded with a Benediction by Deacon Nicholas Valdez. The Department was dismissed and light refreshments were served. The event was attended by local officials, as well as Fire Chiefs from mutual aid towns. ###



Kitchen staff preparing eggs, sausage, home fries, juice, coffee, etc., at the Wood-Ridge Fire Department breakfast held on October 16, 2011. Photo by Dennis Kronyak Sr. ###



Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

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Sparky Assists Lodi Fire Department During Fire Prevention Week  
Matthew Ciarocco, with Sparky, the Lodi Fire Department mascot during the 2011 Fire Prevention Week. ###



## Oops Goes the Milk Truck

On September 29, 2011, a milk delivery truck negotiating construction of Hackensack Street in Carlstadt, inadvertently struck a telephone guide wire, bringing down the pole. Recovery work was completed by **Lenox Towing**. Photo by Dennis Kronyak Sr. ###





## Assumption Church Changes Pastors

Our Lady of the Assumption Church in Wood-Ridge recently held two parish events. The first was on Saturday, September 24, 2011, when former pastor Fr. Brian Cullinane returned for his formal good-bye party.

Following the 5:30 mass where Fr. Brian spoke not only of his days at Assumption but also explained his new duties up in Boston, a reception was held in the Fr. Patrick Morris Hall. Over 160 attended the party and listened intently as Fr. Brian expressed his sincere gratefulness to all of the parishioners that participated in the various ministries of the parish. It was a wonderful evening and a fitting good-bye to Fr. Brian.



On Sunday October 2nd, new pastor, Fr. Rich Mucowski, was installed by Bishop John W. Flesey at the 11:30 mass. The Church was filled with family, friends and parishioners as Fr. Rich was warmly welcomed to his new post.

Following the mass, over 300 attended the barbeque

party where members of the Knights of Columbus served up hot dogs and burgers. It was a great way to begin Fr. Rich's tenure as pastor. He is eager to work with everyone to make the parish a thriving Franciscan community. *Story by Jack Nagel. Photos by Marie Gallo. ###*



## Assumption Church Events

Our Lady of the Assumption Parish Wood-Ridge is planning a parish celebration.

• The next event will be the good-bye and thank you party for Fr. Paul Sinnema who retired in June. He had been at Assumption for 14 years serving in many capacities.

Following the 11:00 Mass on November 20, 2011, he will meet and greet his many friends in the Fr. Pat Hall where coffee, juice, cake and buns will be served.

At 1:00 a pasta luncheon will be served in the school cafeteria by the Knights of Columbus. This luncheon will be limited to 200 guests. Tickets will be distributed on a first request basis.

The committee is looking forward to overseeing these events. Committee members are Deacon Nick Valdez, Deacon Frank Materia, Letty Materia, Bree Meaney, Don and Ellen Boman, Elaine McBreen, Patsy Baghdo, Erin Morano, Don Callahan, Russell Petrocelli, Joe Masbeth, Denise Love Nagel and committee chairman Jack Nagel.

Additional adult volunteers (*barbeque cooks, set up help, etc.*), for the actual events are needed. We also encourage any Confirmation candidates or Catholic high school students that need project volunteer hours to contact Jack Nagel 201-641-2803, e-mail janpro911@aol.com or any other committee member.

Obviously, in order to properly plan, we need to have some idea as to how many

people will be attending. Please make your reservations by contacting the above or by simply dropping off a note at the Friary indicating the event and the number of people. Additional details and reservation forms will be published in the weekly bulletin. The committee expresses their sincere thanks to John Podesta of Kohler Funeral Home for his generous financial support of these events. *Story by Jack Nagel. ###*

## Clean, Gently Used Clothing Wanted

South Bergen Larger Parish collects clean, gently used clothing for their Lyndhurst Thrift Store.

The thrift store is in the United Presbyterian Church of Lyndhurst, but you can donate clothing to the parish office at First Presbyterian Church of Wood-Ridge during office hours, Monday through Friday from 9:00 -- noon, or to any of the Parish Churches on Sunday mornings before or after worship, or to the First Presbyterian Church of Moonachie during the First Saturday free lunch program.

For more information about the thrift store, or to make a donation, please call the parish office at 201-438-8966. ###

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## Veterans Day Services

On Saturday, November 12, 2011, **Wood-Ridge** Veterans will have a Mass at Assumption Church at 8 a.m., and a Veterans Service at the Monument at 10 a.m.

On Sunday, November 6, 2011, **The NJ Aviation Hall of Fame and Museum** will hold a regional "Salute To Veterans" program at 11 a.m. in their parking lot, 400 Fred Wehran Drive, Teterboro, NJ. Parking is available at Dassault/FalconJet, 200 Riser Road, Little Ferry, with a short walk to the Museum.

**Carlstadt, Hasbrouck Heights, Little Ferry, Lodi, and Moonachie** will each hold brief Veterans Day services on Friday, November 11th, at 11 a.m., at their respective monuments.

Origins: In 1921, an unknown World War I American soldier was buried in Arlington National Cemetery. Similar ceremonies occurred earlier in England and France, where an unknown soldier was buried in each nation's highest place of honor (*in England, Westminster Abbey; in France, the Arc de Triomphe*).

These memorial services took place on November 11, the anniversary of the end of World War I at 11:00 a.m., November 11, 1918 (*the 11th hour of the 11th day of the 11th month*), which became known as Armistice Day.



Armistice Day officially became a holiday in the US in 1926, and a national holiday 12 years later. On June 1, 1954, the name was changed to Veterans Day to honor all U.S. Veterans. In 1968, new legislation changed Veterans Day to the fourth Monday in October. Since November 11 was a date of historic significance to many Americans, in 1978, Congress returned to its traditional date.

Official national ceremonies for Veterans Day center around the Tomb of the Unknowns. To honor these men, symbolic of all Americans who gave their lives in all wars, an Army Honor Guard, the 3rd U.S. Infantry (*The Old Guard*), keeps day and night vigil.

At 11 a.m. on November 11, a combined color guard of all military services executes "Present Arms" at the tomb. The nation's tribute is symbolized by the laying of a Presidential wreath and the playing of "Taps." ###



*The NJ Aviation Hall of Fame Presents a*

## Salute to Veterans

### November 6, 2011

### Sunday • 11 a.m. to 11:30 a.m.

*This Regional Ceremony is Open to All*

The brief ceremony will be held at the Museum parking lot on Fred Wehran Drive. Park in the Dassault FalconJet lot with short walk to Museum.

Inclement weather -- Ceremony held indoors.

**Keynote speaker** is Robert deHaven, WWII B-24 nose gunner and bombardier who flew 15 missions over Germany and was stationed in England with the Eighth Air Force.

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## Salute to Veterans Nov. 6

In recognition of Veterans Day, the New Jersey Aviation Hall of Fame and Museum will conduct a brief ceremony honoring all Veterans and those on active duty. The event will be held Sunday, November 6, 2011, from 11 a.m. to 11:30 a.m. This program will recognize and thank all Veterans, past and present for their service and dedication to our country.

The keynote speaker is Robert deHaven, WWII B-24 nose gunner and bombardier who flew 15 missions over Germany and was stationed in England with the Eighth Air Force.

Under the 12 x 18 Amer-

ican Flag suspended from Moonachie Fire Department Ladder Truck, the program will begin as the drum line from the Hasbrouck Heights High School Band welcomes several Color Guards presenting the Colors. Patriotic songs will be sung by Melissa Ayvas Manolakakis. Elizabeth Ferry will play "Taps," and Bagpiper Ronald Phillips Jr. will play "Amazing Grace."

Vietnam Veterans of America Chapter 800 will provide a 21 Gun Salute. There will be an Invocation and Benediction. The Sea Cadets and Civil Air Patrol Cadets will support the ceremony as well.

Upon conclusion of this program, the Army Air Forces Historical Association will present a 20 minute radio-style program, "A Wing and a Prayer."

The public is invited. The ceremony will be held in the museum's parking lot at Teterboro Airport, 400 Fred Wehran Drive, located next to the FAA tower.

There will be parking available in the nearby Dassault FalconJet lot. Limited handicap parking is available. Ceremony will be held, rain or shine. Indoor facilities will be available if it rains. ###



## American Legion Post 106 Honors Past Commanders

A plaque with the names of the 54 men who served as commanders of the James B. Scarr Post 106, American Legion now hangs in the Hasbrouck Heights Municipal Building. The plaque is a visible reminder of the Post's 92 years of history in the community.

Post Commander Michael Cahill and some of the long time Post members assembled at the plaque on October 3, 2011, to formally dedicate it.

The American Legion, es-

established in 1919, was founded to benefit those Veterans who served during a wartime period as defined by Congress. The group has nearly three million members in over 14,000 Posts worldwide.

In addition to organizing commemorative events and volunteer Veteran support activities, the American Legion is active in lobbying on behalf of the interests of Veterans and service members, including support for Veterans benefits

such as pensions and the Veterans Affairs hospital system.

Post 106 has financially supported many groups, organizations, as well as hospitals, that help Veterans as well as men and women presently serving in the military.

It offers a scholarship to a local student, conducts an essay contest on Americanism and also participates in the New Jersey Boys State Program. *Story and photo by Peter Gallo Jr. ###*

## 2011 Boys State Delegates Honored

Richard DeLuca from Bergen Catholic High School, Patrick Lorfink from Queen of Peace High School, Austin Dillkes from Henry P. Becton Regional High School and Daniel Mangieri, Michael Pikowski, Alex Sisco and John Viola from Hasbrouck Heights High School each received a "Certificate of Appreciation and Participation" for attending the American Legion Boys State in June 2011. The seven boys were delegates sponsored by the Capt. James B. Scarr American Legion Post 106. Local Boys State chairman Peter J. Gallo, along with Commander Michael Cahill, presented the certificates to the seniors.

American Legion Jersey Boys State (ALJBS) is a mythical fifty-first state organized and administered for citizenship training purposes under the auspices of the American Legion Department of New

Jersey. A session of Jersey Boys State has been held annually since the first session in 1946. Held at Rider University every year beginning on Father's Day, ALJBS has a strong tradition of education, patriotism and excellence in the development of tomorrow's leaders at the weeklong hands-on program.

Only high school juniors are eligible for the program. Each delegate is sponsored by an American Legion Post throughout the state of New Jersey. They expect about 900 delegates to attend the 67th Session of New Jersey Boys State at Rider University in June 2012. More information can be obtained on line by going to <http://www.aljbs.org>.

Guidance counselors stress that college admissions officers are impressed with applicants who have special achievements such as being a Boys State Delegate, an Eagle Scout, etc.

Mr. Gallo stated that the American Legion is presently looking for 11th Grade boys who reside in Hasbrouck Heights and have a desire to attend Boys State 2012. Interested boys should contact him at 201-288-0276. ###

## Vietnam Veterans of America Meetings


Vietnam Veterans of America Chapter 800, 100 Main Street, Little Ferry, NJ, cordially invites you to attend their general meetings held on the third Monday of each month at 8 p.m. (*excluding August*).

At the meetings they welcome any Veteran and non-Veteran who would like to become a member of the Vietnam Veterans of America Chapter 800.

For more information go to: <http://www.vvachapter800.org/> or email: [als69vet@optonline.net](mailto:als69vet@optonline.net) ###



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Fr. Athanasius K. Farag: 201-487-4586  
Fr. Bishoy Lamie: 202-747-4106

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120 Hoboken Rd., East Rutherford • www.stjosepher.com  
Parish Office: 201-939-0457 • Emergency: 201-939-0391  
Rev. Joseph J. Astarita, Pastor  
Rev. Arokia doss Raji, Parochial Vicar  
Sr. Marigene Kennedy, OSF  
Sunday Obligation Masses:  
5:30 p.m. Saturday/Vigil  
8:00 a.m., 10:00 a.m., Noon  
Daily Masses: (Church)  
Mon. - Fri., 7:30 a.m., 12:05 p.m. • Sat.: 8:30 a.m.  
Confession: Sat. 11:00 - 12:00 p.m.

Hasbrouck Heights

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www.biblebaptist.net  
Rev. Bill Hegedus, Pastor  
Sunday  
8:00 a.m. Prayer Partners Meet  
8:30 a.m. Early Worship Service (Traditional)  
9:30 Discipleship Hour for all ages  
11:00 a.m. Morning Worship Service (Contemporary)  
Evening Service as announced

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Rev. Msgr. Lewis V. Papera, Pastor  
Rev. Raymond M. Holmes  
Rev. Msgr. Martin O'Brien  
Deacon Vincent DeFedele  
Deacon Paul Carris  
Sunday Obligation Masses:  
5:00 p.m. Saturday (Chapel)  
8 a.m., 10 a.m., 12 noon, and 6:00 p.m.  
Daily Masses:  
Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m.  
Reconciliation (Confession): Sat. 4-4:45 p.m.  
Corpus Christi Church/School Websites  
Parish: www.rc.net/newark/corpuschristi/index.html  
School: www.corpuschristischool.net

Hasbrouck Heights

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www.saintjohnthedivine.com  
www.careonthecorner.org  
Sunday - 9:30 a.m. Holy Eucharist Rite II  
HH: Sept., Nov. • St. Martin's Maywood: Aug., Oct. Dec.  
Check website for holidays



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Burton & Washington Place, HH  
Church Office: 201-288-1122  
Rev. Dr. Dianna L. Smith, Pastor  
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Sunday  
8:45 a.m. Sunday School  
10:00 a.m. Worship Service, Fellowship Hour  
follows Worship Service. Child care provided.



FIRST UNITED METHODIST CHURCH  
57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773  
Church and Nursery School Office: 288-4636  
Pastor Iraida Ruiz de Porras  
Sunday  
10:00 a.m. - Worship Service  
Thursday - 7:00 p.m. - Bible Study



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92 Burton Avenue, HH • 288-6889  
Rev. Susan Nelson-Colaneri, Pastor  
www.holytrinityhasbrouckheights.com  
Sunday  
9:45 a.m. - Sunday Church School  
11:00 a.m. - Holy Communion



THE COMMUNITY UNITED CHURCH OF CHRIST  
Boulevard & Charlton Ave., HH • 288-0622  
Rev. Edward J. Glasser, Assoc. Minister  
Sunday - 10:00 a.m. Morning Worship  
Communion- First Sunday of the month



Little Ferry

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165 Main Street • Office: 201-440-0470  
Rev. Veronica M. Pearson, Pastor  
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Children/Teens Sunday School meet during Worship Service  
Wednesday - 7:30 p.m. Bible Study



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Sr. Dorothy A. Donovan, S.S.J., Pastoral Associate  
Sunday Masses:  
Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon  
Weekday: Mon., Novena Mass 7 p.m., Tues., Wed., Fri. 8 a.m.  
Saturday, and Civic Holidays: 9 a.m.  
Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Lodi

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Rev. Timothy Ippolito, Pastor  
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Rev. Jason S. Gaganap, C.R.M., Parochial Vicar  
Rev. Anastacio "Nony" Villaluz, C.R.M., In Residence  
Rev. Mr. Steve Marchese, Deacon  
Sunday Obligation Masses:  
6 p.m. Saturday  
7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.  
Daily Masses: 7:00 a.m., Noon • Holy Day Mass Eve: 7 p.m.  
Reconciliation (Confession): Sat. 4:30 - 6:00 p.m.  
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE  
221 Moonachie Road  
Church Office: 201-641-4919  
Rev. Kimberly Chastain, Pastor  
Sunday  
9:30 a.m. Children's Sunday School  
11:00 a.m. Worship Service



Wood-Ridge

ASSUMPTION R.C. CHURCH  
143 First Street, Wood-Ridge • Rectory: 201-438-5555  
Center: 201-933-6118 • www.assumption-parish.org  
Fr. Richard Mucowski, OFM, , EdD, PhD, Pastor  
Fr. Julian Jagudilla, OFM, M.Div., Pastor Vicar  
Br. Paul Keenan, OFM, MSW, Pastor Associate  
Fr. Francis K. Kim, OFM, M.Div., In Residence  
Deacon Nicholas Valdez  
Deacon Francis Materia  
Sunday Obligation Masses:  
5:30 p.m. Saturday  
8:00 a.m., 9:30 a.m., 11:00 a.m.  
Daily Masses: (Church)  
Mon.-Sat.: 7:30 a.m. • Holy Hour: Fri. after 7:30 a.m. Mass  
Sacrament of Penance: Sat. 11:00 - 12:00 p.m.



FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE  
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MEEL AL PRESBYTERIAN  
CHURCH OF NJ  
Rev. Changsik Jang, Pastor  
Sunday Worship 12:00 • Wednesday Worship 8:30 p.m.  
Tuesday - Saturday 6:00 a.m. Morning prayer meeting  
201-727-1201



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W-R • 201-438-8333  
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Sundays - 9:30 a.m., Episcopal Eucharist (BCP Rite II)  
2nd & 4th Sun. - 11 a.m. Anglican CSI Malayalam Srv.







## Reflections

### Thanksgiving

Deacon Francis Materia  
Assumption (RC) Church, Wood-Ridge

As we approach the Thanksgiving holiday let us keep in mind what this holiday represents.

When our forefathers came to this country to escape religious persecution they endured many hardships. They relied on the Native Americans for advice on planting in this new land. When it was time for the harvest, they shared their bounty with them and gave thanks.

Today should be no different; as we are all brothers and sisters regardless of which

religion we call our own: Christian, Buddhism, Islam, Jewish etc. We all have much to be thankful for.

This economic turbulence has brought about our own modern day hardships. There are many amongst us who go hungry, even though we are one of the richest countries in the world.

Even some of our neighbors are quietly trying to find a way to get through this rough patch.

We should be mindful of how this nation was found-

ed.....religious freedom.... and turn to our God and pray that we too can turn to each other in brotherly love and help out by sharing if we are so able to.

Our sharing can come in ways that we may or may not think of besides helping our food banks, which are strained.

We also should look at donating blood and help give the gift of life to those that need it. Volunteer to help out in a hospital if you have the time available. Go to a soup kitchen and help there so that those that are constantly there can get a break. Look out for our elderly for they sometimes may need assistance getting to a store or doctor.

These small things can mean so much to someone else if we try. We all may have burdens to carry but just think how good you will feel if you help someone in need.

So when we all sit down for our Thanksgiving, let us truly give thanks for our bounty, not just food but our religious freedoms, our health, our families and friends.

Let us also thank God for our soldiers and support staff that may not be with their families. They are giving so much to protect our freedoms and rights. We owe them so much.

Don't forget the volunteers at hospitals, nursing homes, as well as our police, firefighters, and EMS personnel, for they are always there when we need them most.

So gather your families close and be thankful for what we have and give thanks to God and ask for us to persevere during these tough times.

May you all have a blessed and Happy Thanksgiving! ###

### Pray for Peace

## Rosary Society News

### Corpus Christi RC Church

The next General Meeting of the Rosary Society is Thursday, November 10, 2011, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel celebrated by our Moderator, Reverend Raymond Holmes.

Here are some reminders for the November meeting: (1) Please bring your gifts (*new and unwrapped*) for our annual Christmas Stocking project for the benefit of local children.

The list of the children's ages and sizes was distributed at the October meeting, but if you have any questions or need a list, call Karen at 201-288-5738. (2) Donations (new items) for the Christmas Gathering raffle will be collected.

We invite the women of the parish to join us for our Christmas Gathering - always an enjoyable start to the holiday season.

### Assumption RC Church

The women of the Rosary Altar Society of Assumption Parish are on a mission to recruit new members. Being a Rosarian is a great way to connect to the Blessed Mother through the way of the Rosary. It is also one of the most flexible and convenient ways to become more involved with the parish. Meetings are the first Tuesday of each month from September to June.

The Society also has some wonderful events that are not only fun but rewarding in the spirit of giving and support of those in need. Events such as our spectacular baby shower for the Birthright organization for moms in need and our well known annual cake sale.

The Rosary Altar Society is more than just the ladies

It will be at The Graycliff in Moonachie on Wednesday, December 7, 2011, at 6:00 p.m. Ticket price is \$40 and includes hors d'oeuvres, a full-course dinner with three entrée choices, dessert and coffee. Tickets will be available at the November meeting. For reservations and information, please call Gloria 201-288-7218.

We encourage the women of the parish to join the Rosary Society in prayer and service to the parish. Members are required to say one decade of the Rosary daily, attend monthly meetings, pray the Rosary for deceased members, and participate whenever possible in various service projects.

Simply come to a General Meeting or call Membership Chairperson Dee Sullivan 201-288-7415 for further information. *Story by Carol Viceconte.* ###

responsible for the altar linens. Don't be fooled though, we are passionate about the care of the altar linens. In addition, we also enjoy celebrations together at our annual Communion Breakfast, our Christmas Party and our annual picnic in June. The San Alfonso Retreat is an amazing experience that many of the Rosarians also participate in. But above all, our love and dedication to the Blessed Mother is our ultimate bond. We begin each meeting by praying the Rosary together and celebrating Mass as a family. We honor Mary in the month of May with an evening of reflection and the Coronation of the Blessed Mother.

All women of the parish are always welcome and encouraged to join, especially now at a time when things seem so stressful and demanding. So, put down your Blackberry, turn off Facebook, find a sitter if you have children and come hang out with a wonderful group of women. Mary is waiting for you! *Story by Rose Lepore.* ###

### Free Lunch

Everyone is invited to the First Presbyterian Church of Moonachie on November 5, 2011, at 11:30 a.m. for the "First Saturday Free Lunch" program.

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy's got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###

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## Chore Program Helps Seniors and Disabled Persons

Since 1977, the Chore Volunteer Handyman Service of the Volunteer Center of Bergen County has been helping elderly and/or disabled people, by performing minor household repairs that clients cannot

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The Chore Service assists in improving the quality of life of older people who are living independently.

Chore's services include installing grab bars and railings, smoke and carbon monoxide detectors; repairing leaky faucets or toilets, replacing broken door locks, installing weather-stripping, changing screens and storms, replacing light bulbs, fixing broken lamps and switches, installing simple electrical fixtures or replacing existing electric outlets and switches.

There are some jobs that are beyond Chore's capacity. Chore cannot service emergencies, and does not do outdoor work, painting, work requiring high ladders, tiling, door or window replacements, heavy lifting, new wiring or appliance repairs, cosmetic repairs or interior decorating.

Chore serves Bergen County residents who are at least age sixty (60) or who are permanently disabled of any age.

Chore provides service without charge; the only cost to the client is for parts necessary to complete the repair.

To schedule a repair, or become a Chore Service volunteer, call 201- 489-7790. ###

### Read the Label

Don't be fooled by bread labeling. If the package reads whole wheat flour, cracked wheat or wheat bread it is probably made from white flour, not 100% whole wheat or whole grain flour. ###

## Felician Sisters Memorial Service November 6

The Felician Sisters of Lodi, New Jersey, will celebrate the lives of the Sisters who have completed their journey on this earth with a memorial service Sunday, November 6, 2011.

The service will begin at 1:30 p.m. in the Immaculate Conception Chapel at the Central Convent. The chapel is located at 260 South Main Street in Lodi, New Jersey.

Weather permitting, the conclusion of the prayer service will be a procession to the convent cemetery. Following this memorial ceremony, Sisters and guests will return to Saint Ann's Dining Hall in the main convent for light refreshments.

Mr. Raymond Adametz will accompany the procession to the cemetery with bagpipe music.

During the service, prayers are said for all of the faithful departed, but in a special way. The Felician Sisters who have died since the last memorial service are commended to the mercy of God:

- Sister Mary Amadeus Lewicka (December 14, 2010)
- Sister Mary Colette Misiewicz (January 4, 2011)
- Sister Mary Nora Cebula (January 21, 2011)
- Sister Mary Joannette Miescier (February 5, 2011)
- Sister Mary Joanne Ustaszewska (March 23, 2011)
- Sister Mary Loretta Borkowski (April 3, 2011)
- Sister Mary Claudia Rosstek (April 27, 2011)
- Sister Mary Paulinette Drabik (April 28, 2011)
- Sister Mary Angelita Miescier (May 19, 2011)
- Sister Mary Stephanie Wlazlowski (May 28, 2011)
- Sister Mary Aquinata Kowalewska (July 17, 2011)

Relatives, friends, colleagues, co-workers, students of the deceased Felician Sisters and all who know the Felician Sisters are invited to this ceremony which is an annual event held on the first Sunday of each November.

For further information, please call Sister Mary Virginia at 973-473-7447 or e-mail her at [sistervirginia@feliciansisters.org](mailto:sistervirginia@feliciansisters.org). ###



## Seniors Enjoy Oktoberfest; Learn About LifeScan

Forty-two members of the Leisure Club traveled to Staten Island to celebrate Oktoberfest at the LiGreci's Staaten on October 13, 2011. Trip coordinator Kathy Murray made all the arrangements.

The group enjoyed an outstanding German/American meal and was entertained by a four piece Bavarian Band.

Comic Chris Monty, a very talented comedian, had his jokes coming one after another. His material was mostly about his family and relationships. His performance was the perfect climax to a great afternoon out.

At the meeting of the Club held on October 12, 2011, many important topics were discussed.

Rob Brady discussed the Senior Halloween Party scheduled for October 27. Lisa Schneider, from Cardiac Scan, discussed the LifeScan services provided by her group. She stated that the LifeScan procedure is a simple, painless, non-invasive ultrasound package that can evaluate a person's risk for cardiovascular disease. This screening will be available at the Municipal Building on October 26 and 27 for a fee.

The Hasbrouck Heights Police Department has implemented a telephone chain to ensure the welfare of elderly citizens within the Borough. Dorothy Fitzin encouraged all senior citizens who are living alone to complete the "Senior Telephone Chain."

This form will be kept at the police station in case of emergency. It will provide the police with information as to family members or neighbors who have a key to a senior's residence so that police can render assistance.

Also discussed were the

planned trips to Atlantic City and the Royal Manor and also the Christmas Party which will be held at the Fiesta. *Photos and story by Marie and Peter Gallo Jr. ###*

## Moonachie Seniors

The Moonachie Seniors are hosting a Pennsylvania Thanksgiving -- A Day in the Country, Mount Haven, PA, Friday, November 18, 2011. Departure time is 9 a.m. from the Senior Center. Buffet of Thanksgiving Dinner and all the trimmings. Open bar. Movie and bingo. Cost is \$37 per person. For more information call Audrey at 201-641-4334. ###

### Cancelled Stamps Wanted

The Kiwanis Club of Teterboro/Hasbrouck Heights collects cancelled stamps, trimmed to ¼ inch around the stamps. Drop off or send to: **The Gazette Newspaper**, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

### Road Courtesy is Contagious



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# November 2011 Heights Senior Calendar

*Open to All Hasbrouck Heights Seniors*

## SENIOR ACTIVITIES

**Monday**, November 7, 14, 21, 28

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

**Tuesday**, November 1, 8, 15, 22, 29

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Game Night

**Wednesday**, November 9, 23, 30

10:00 a.m. Games, cards & coffee

2:00 p.m. Senior Aerobics \$1.00

**Thursday**, November 3, 10, 17

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

**Friday**, November 4, 18

10:00 a.m. Fun Bingo

*Check Center Bulletin Board for any changes*

### Senior Center will be closed:

Friday, November 11 -- **Veterans Day**

Thursday, November 24 -- **Thanksgiving**

Friday, November 25 -- **Thanksgiving Recess**

## CLUB MEETING SCHEDULE

**Wednesday**, November 2

10:00 a.m. Leisure Club Executive meeting

**Wednesday**, November 16\*

1 p.m. Monthly meeting (\*Note: for this month only, the monthly meeting will be on the third Wednesday -- not the second Wednesday)

### Trip to Royal Manor

**Thursday**, November 10, 11 a.m. For \$50 per person, enjoy a full course meal, one hour open bar, and the Ace in the Hole production, "An Evening with Fanny Brice." The Royal Manor is in Garfield. Limited transportation will be available for those who do not drive. Contact Kathy at 201-288-6651.

### Annual Christmas party

**Monday**, December 5, 2011, at the Fiesta from noon to 4 p.m. Music by Peter Leiberman. \$39 per person. Contact Dot at 201-288-0525.



## Area Seniors Visit Nashville

A group of Hasbrouck Heights seniors traveled with the Senior Citizens Club of Maywood to Nashville, Tennessee from September 19-23, 2011.

The members on the trip were Mary D'Andrea, David Davidowicz, Marion Davidowicz, Marie Gallo, Peter Gallo, Dolores Jones, Sarah Luminello, Maria Lundquist, Mary Olobardi, Ellie Thompson, Tripta Warfield and Janet

Wright.

The visit included a trip to Grand Ole Opry, the Country Music Hall of Fame, the Texas Troubadour Theatre, and the Nashville Nightlife Theatre. They also rode and were entertained on the General Jackson Showboat and visited the Opryland Hotel where they explored the hotel and rode on Delta River Flatboats along the scenic indoor river and through the beautiful lush

gardens of the hotel. The trip also included a tour of the Belle Meade Plantation, the Frontier Culture Museum in Virginia and Monticello, the home of Thomas Jefferson.

Many Hasbrouck Heights seniors have joined trips from neighboring Senior Citizens groups. Trips are regularly scheduled from Garfield, Carlstadt, Rochelle Park and Maywood. *Story by Peter Gallo Jr. ###*

## AARP Learns About Medicare Part D Changes

Linda Cross from the Division of Senior Services in Bergen County was the guest speaker at the last meeting of the Central Bergen Chapter 418 of AARP held on October 14, 2011. Ms. Cross is an expert on all current information related to Medicare.

The primary focus of her presentation was on the changes that will take place in 2012 affecting Medicare Part D. Medicare open enrollment runs from October 15, 2011 to December 7, 2011. During that time, anyone can join, switch or drop a Medicare drug plan. The change will take effect on January 1, 2012 as long as the plan gets requested by December 7, 2011.

Ms. Cross asked all seniors to be informed that their present provider company must send out a package of their plans for 2012. Seniors will also receive unsolicited mail from other providers with the hope to have you sign up with them. She suggested seniors complete a Drug Worksheet and send it to her. Her office will help seniors find the best



three plans that meet their individual prescription needs.

For 2012, there will be 33 Part D plans available. When selecting a plan, seniors must check that the plan covers the most expensive drugs you take; check that all or most of the drugs you must take are covered by the plan; and check that the plan offers coverage to further reduce out-of-pocket costs in the donut hole.

Finally, Ms. Cross advised against paying providers by having the monthly payments automatically deducted from Social Security checks. She said that they could receive help by using the computer to go on line at [www.medicare.gov](http://www.medicare.gov) or phone 1-800-633-4227.

She said that her office would be available at 201-336-7400.

Central Bergen Chapter #418 AARP meets the second Friday of each month except for July and August. They meet at 12:00 p.m. at the M&M Building, 116 Holt Street, Hackensack. Membership is open to seniors who are members of AARP and who reside in Hackensack, Hasbrouck Heights, Maywood, Rochelle Park, Little Ferry or South Hackensack. New members are always welcomed. Their next meeting is Friday, November 4th. *Photo and story by Marie and Peter Gallo Jr. ###*

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## Moonachie Held Annual Town-Wide Food Drive

First Presbyterian Church of Moonachie held its 7th Annual Town-wide Food Drive, at the Church on October 14 and 15, 2011.

Church members distributed door hangers to every resident, announcing the program. The drive netted over 50 bags of food for The Center for Food Action.

The Church dedicated the offering in a special service of Thanksgiving and Celebration on October 16, and on October 17, and took the food to the

Bergen County Center for Food Action.

The "Little White Church" on Moonachie Road has been ministering in the community for over a hundred years. They are grateful to all those who have helped expand their ministry in the community, and given us good news to tell about the giving hearts in Moonachie, New Jersey.

The Church collects food for the CFA year round.

In a time when so many

people are in need, it is good to find ways to help out, and even a single can or boxed item can make a difference in fighting hunger, according to Pastor Kimberly Chastain.

According to the workers at the Center for Food Action, the need is higher than ever this year, and they are having a hard time keeping enough food on the shelves. ###

### Yard Work Tips

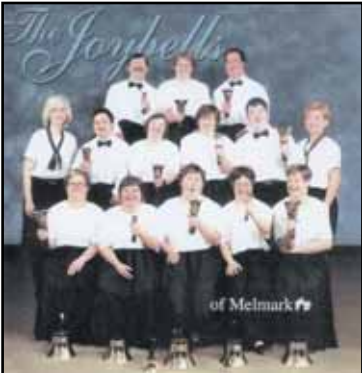
- When lifting heavy bags of mulch, use a wheelbarrow when possible, and remember to lift with your legs, not with your back.
- Be careful when pruning. Pruning from a ladder is

- especially dangerous.
- To avoid blisters when doing yard work, wear gloves.
  - If you are doing a lot of raking, try an ergonomic rake, which can be found at most hardware stores and garden centers. ###

### Chimney Safety Tips

Chimney maintenance is vital to your family's safety. The Hasbrouck Heights Fire Department offers these tips:

- Have your chimney inspected and cleaned on a regular basis.
- When possible, burn seasoned woods (*dryness of the wood is more important than hard wood versus soft wood*).
- Smaller, hotter fires will burn more completely and produce less smoke than larger fires.



### Joybells

Sister Mary Ramona Borkowski, Director of the Felician School for Exceptional Children in Lodi, New Jersey, invited the JOYBELLS of Melmark campus in Berwyn, Pennsylvania to perform for the school community on September 27, 2011.

The group travels in a tour bus and performs in many locations. Their program is about an hour long. They sang songs, then accompanied a story with sound effects and finally told their own stories.

The Joybells enjoyed lunch with the FSEC Community. They were truly an inspiration to all who met them and a great role model for the FSEC students.

Melmark is a campus with schools and workshops for the developmentally disabled community. It houses schools for younger students, but also has day programs for adults, including wood shop, stenciling, fiber workshop (*knitting, etc.*) and lunch service (where the adults help serve lunches). ###



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## Borough Thanks 9-11 Committee

During the Hasbrouck Heights Mayor and Council Meeting on October 11, 2011, Mayor Rose Heck presented Certificates of Appreciation to community members who worked on the 9-11 Memorial Dedication and Service.

The Firemen's Memorial Park (located at The Circle), was upgraded to include in-

stallation of electricity, irrigation system, new sidewalks, special lighting, landscaping, refurbishing the Firemen's Bell, etc.

This work was funded with an \$18,000 County open space grant, plus an additional \$20,000 contributed by the Borough. Some of the Borough's funding was offset by

about \$5,000 with the sale of commemorative bracelets inscribed "9-11 We Will Never Forget" donated by **Heights Flower Shoppe** and sold by Junior Women's Club and Chic Charity Club.

The Borough acquired two, 8-foot, 350 pound steel beams retrieved from the WTC site. Steve Daus, from the DPW, fabricated a 300 lb. base and on August 19, 2011, the twin beams were installed at the Park.

The JWC sponsored a September 11th Memorial Poster Contest. The theme is "Reflect, Respect, Remember."

Over several months, the 9-11 committee planned the Memorial Service.

Using light sticks provided by the Kiwanis Club, a procession led by the HHFD Honor Guard and bagpiper, began at Corpus Christi Church, along Burton Avenue, passing Churches which rang out 10 bells as the procession moved to The Circle.

An estimated 1,500 gath-

ered at the Memorial where Deacon Paul Carris, survivor of the WTC attacks, gave the keynote address. Music was provided by the Borough's Church Choirs. Lee Ciocia presented his award winning essay. Officials spoke. The bagpiper played "Amazing Grace."

The program featured a slide show representing the passage from "the pile" to today's reconstruction. As the slides were viewed, 10 members of the community made brief statements and the Firemen's Bell was tolled. ###



Scene at the conclusion of the 9-11 Memorial Service.



## HHFD Honors Former Fire Chief James A. Murray

On Sunday, October 16, 2011, the Hasbrouck Heights Fire Department officially dedicated a Norway red maple tree in Woodland Park in memory of James A. Murray, who served as Chief from 1931-1933. The ceremony was led by Assistant Chief Richard Giar-

ratana. He unveiled a plaque covered by an American Flag and replaced it with his white gloves. Department Chaplain Deacon Vincent DeFede provided the invocation. Each firefighter paid their respects.

Marcella DeLeeuw, a lifelong resident of Hasbrouck Heights passed away in 2009.

She left instructions that a Norway red maple tree be planted in the park to keep her father's memory alive. Representing the family at this dedication was Peter Banta, Esq., executor, who explained her wishes of a donation to the Fire Department, having this tree planted in her father's honor. ###

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# Filling You In

By Jeffrey E. Mason, D.M.D.

## Seniors' Oral Health Keep Natural Teeth Longer with the Proper Oral Care

Maintaining good oral health is not only vital to systemic health-it can keep one smiling well into retirement.

Due to advances in medicine and an increase in prolonged life expectancy, the number of older people will continue to increase worldwide.

Brushing at least twice a day with fluoridated toothpaste and a soft-bristle brush is as important as ever.

Flossing is very important, too-it helps to remove plaque from between teeth and below the gum line that a toothbrush cannot reach.

As a person ages, the likelihood of developing gingivitis increases. Gingivitis is caused by the bacteria found in plaque that attacks the gums. Symptoms of gingivitis include red, swollen gums and bleeding when you brush. See a dentist to treat these symptoms.

Gingivitis can lead to periodontal disease if problems persist. In the worst cases, bacteria form in pockets between the teeth and gums, weakening the bone and causing the gums to recede, pulling back from teeth. This can lead to tooth loss if left untreated.

As people age, changes in salivary flow and content may further lead to gingivitis, as well as cavities. Because approximately 80 percent of all American adults suffer from some form of gingivitis, it's important to see a dentist twice a year for regular cleanings and checkups.

As a person ages, he or she may develop dry mouth. Dry mouth (xerostomia) happens when salivary glands fail to work due to disease, certain medications, or cancer treatment. The condition can make it hard to eat, swallow, taste, and speak.

Stanley Markovits, DDS, MAGD, spokesperson for the AGO, has noticed a disturbing trend among his senior patients

that can have an adverse affect on their oral health. "Elderly patients will suck on hard candies and cough drops in an effort to increase saliva flow," he says. "The sugar in these candies can cause disaster for their mouths - and eventually, will cause cavities. Drinking lots of water and avoiding sweets, tobacco, alcohol and caffeine are the best ways to fight dry mouth." A dentist also can prescribe medications to ease the symptoms of severe dry mouth.

If arthritis makes brushing too difficult, certain dental products designed to make dental care less painful are available.

It is sometimes recommended that people with arthritis try securing their toothbrush to a wider object, such as a ruler, to ease arthritic hand pain while brushing.

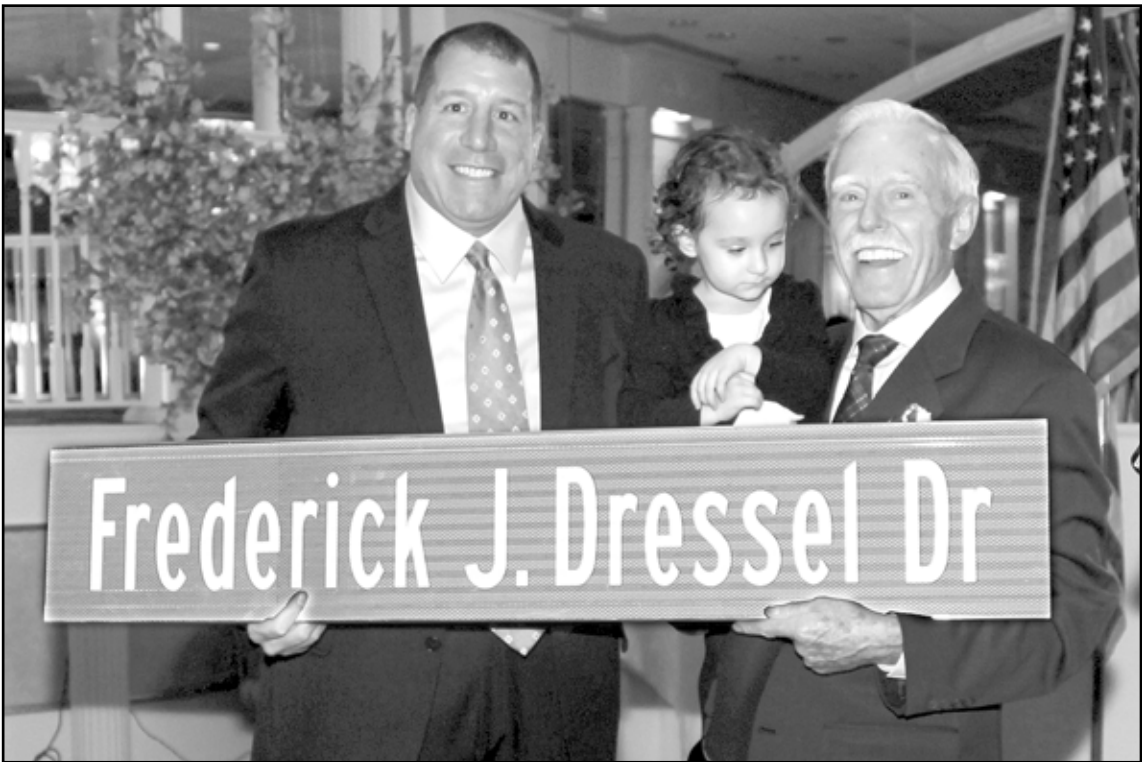
Electric toothbrushes also can help by doing some of the work for you. Ask a dentist for other suggestions. If regular oral care becomes too difficult to maintain, a dentist can provide alternatives to aid in brushing and flossing.

Studies have shown that maintaining a healthy mouth may keep your body healthier and help you to avoid diabetes, heart disease, and stroke.

Older patients who are planning to enter a nursing home should inquire about on-site dental care.

People who do not have teeth still need to visit the dentist regularly, since many aspects of oral health, such as adjusting dentures and oral cancer screenings, can be handled during routine dental visits. The best way to achieve good oral health is to visit a general dentist at least twice a year. *Ref: Dental Notes, Academy of General Dentistry*

*Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com*



## Tributes and Accolades for Dressel

On September 30, 2011, a tribute was held at The Graycliff to honor former Moonachie Mayor Fred Dressel. He held that office for 26 years.

The Master of Ceremonies was Philip Miuccio. Councilwoman Maureen Flynn gave the toast. A slide show highlighting aspects of Mayor Dressel's political career was produced by Frank Smith, Captain of the Moonachie EMS.

Councilwoman Kathy Kinsella presented the Congressional Commendation that was sent by Congressman Rothman.

State Senator and Wood-Ridge Mayor Paul Sarlo presented a State Legislative Award signed by Senator Sarlo, and Assemblymen Shearer and Ryan.

The County Presentation was delivered by County Executive Kathleen Donovan, and presented by Freeholder David Ganz and Surrogate Judge Michael Dressler.

Little Ferry Councilwoman Roberta Henriquez made a presentation for the Borough of Little Ferry. Past mayor of South Hackensack, Jim Anzevino, gave Mayor Dressel a presentation from South Hackensack.

The Moonachie Police Department and PBA, represented by Chief Maguire, presented a plaque to the Mayor.

Councilwomen Maureen Flynn, Kathy Kinsella, Lucille Millar, and Mayor Dennis Vaccaro presented the Mayor a plaque on behalf of the Moon-

achie Democratic Club.

Mayor Dennis Vaccaro then gave the former Mayor a new street sign to rename Edstan Drive "Frederick J. Dressel Drive."

Finally, Daniel Dressel, Fred's youngest son, did a family tribute.

The grandchildren were featured in a comprehensive slide show done by his grandson, Kenneth.

Mayor Dressel spoke, thanking everyone for their support. *Story by MaryEllen Lyons. ###*

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## Pharmacist Corner

### Changing the Foods You Eat Can Help You Quit Smoking and Change Your Life

With the Great American Smokeout coming this November 17th, maybe the smokers out there can get a head start on the goal to be one of many that stop smoking this year.

You've probably heard all the reasons to stop, such as the health, social, and financial reasons.

You've been told the dangerous effects smoking has on others and the various health risks involved.

You've also been inundated (*and may have even tried a few*) with countless ways to stop smoking from patches to hypnosis.

But if all this information swarming around you hasn't stopped you from lighting up that cigarette, perhaps the approach has to come literally

from left field.

Maybe what has to be done is a change in lifestyle, kind of a total body make over.

People do it when their cholesterol is too high, when they've been diagnosed with diabetes, and even when there's a new baby in the household.

So if all these are important enough to switch gears and turn your life around, with the intention of prolonging it, so should the goal of quitting smoking be one of them!

To get started, according to a study at Duke University, there are some foods that make cigarettes taste terrible, such as fruits, vegetables, and dairy products.

Now, take a step back and think about this -- these are the same foods recommended in order to live a healthy life according to the USDA Food Pyramid.

So you can start on your quest by trying to eat these

items around the same time that you would ordinarily smoke, like break time, at a party, or just during your relaxation time. Once you see how bad they make the cigarettes taste, you'll put down the cigarettes and forge forward into healthy eating habits.

Another concern that people who want to quit have is that eating will take the place of smoking.

That's fine, especially if you started replacing horrible tasting cigarettes with fresh fruits and vegetables.

Some studies show that a gain of 10 lbs. is average, but this has not been studied when healthy foods have been increased in contrast to junk foods, sweets, and fats.

The same Duke University study showed that foods like meats, coffee, and alcoholic beverages make cigarettes taste better. These are the ones that need to be **HIGHLY** avoided when you are trying to quit.

To continue, just a few tidbits about why it's important to eat those fruits and vegetables post-quit time.

Smokers tend to lose a lot of Vitamin C because the

body exchanges Vitamin C for some unnatural elements from nicotine.

Natural Vitamin C from oranges, lemons, and pomegranates are some of the best defenses against nicotine dependence on a much more natural level.

Celery, zucchinis, eggplant, beans, and cucumber consumption also help with decreasing nicotine dependence.

Here are a few words about the wonder vegetable, broccoli. It has been shown to be very helpful in lowering the risks of lung disease, including lung cancer; however, this beneficial quality is negated by nicotine in people that smoke cigarettes.

Now that you are on the road to putting down that nasty habit, let's look at the rest of the lifestyle change picture.

You have to fill the time where you ordinarily would be sitting around smoking with other activities to keep your mind and body occupied.

It doesn't have to be all jogging and push-ups, but increased exercise of any sort like maybe swimming at the local YMCA, dancing, or socializing in places that don't allow smoking like a museum, mall, or theater. Some other

activities would be gardening, or volunteering in a hospital, nursing home, or Veteran's retirement community, fishing, learning to knit, or playing an instrument and so much more.

Just think about the financial burden that will be gone and you can save for something extra special!

While you're doing all this, you will be able to breathe deeply without coughing. Your lungs will thank you!

Next you will start to notice your teeth getting whiter just from quitting. Your clothes and home will become fresher looking and smelling. In the words of Martha Stewart, it's a good thing.

I hope this inspires you to quit before or on November 17. Any other information that I can help you with, please stop by and I will be happy to help. I also hope that anyone that starts this journey comes in and tells me how you're doing. I would love to cheer you on! Sources: [www.cancer.org](http://www.cancer.org), [www.webmd.com](http://www.webmd.com), [MyPyramid.gov](http://MyPyramid.gov) ###

*Linda E. Stumper, RPh, is a Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ. 201-288-0404, [www.bejaydrugs.com](http://www.bejaydrugs.com) ###*

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We are collecting non-perishable food, personal care and paper products for the HH Food pantry. Your continued support is appreciated.

## W-R Seasonal Influenza Program

The Wood-Ridge Board of Health will be sponsoring an Influenza Program, Thursday, November 10, 2011, from 2:30 to 4 p.m. and Monday, November 28, from 5:30 to 6:30 p.m. The program will be held at the Senior Center, 495 Highland

Avenue.

Adults 65 years of age and older are required to bring their Medicare B card in order to receive their free immunization. Clients covered by a HMO (Managed Care) should go to their medical provider or pay \$25. The cost of the immunization is \$25 cash for adults age 18 and over. No appointment necessary.

If you have any questions, please call the Health Department on Tuesdays and Thursdays between 9 a.m. and 12 p.m. at 201-939-5066. ###

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## Real Estate Insight

By Mary Ellen Courtney



### Finance Your Way to the Perfect Home

Bill Eckerson, our in-house mortgage expert, laid out some interesting programs that might be just the ticket for a lot of home purchasers who are frustrated, looking at houses that don't measure up to what they have envisioned for themselves.

They may find properties in the perfect neighborhood but are disappointed once they see the inside. The carpeting is old, the kitchen and baths are badly in need of an update. What they see is far from "the perfect home."

Bill spoke of mortgage options that can address this problem. The search for the perfect home can end by finding the right type of financing.

Fannie Mae and Freddie Mac, he says, have rehab mortgages that allow you to purchase a home and refurbish it with one mortgage. But, because mortgage insurance companies won't insure these loans, they are only available with a 20% down-payment.

However, FHA has two more attractive versions of the program. The FHA 203(k) is available both as a "streamline" loan and as a full rehab product.

The beauty of the program is that it follows the standard

FHA guidelines, so that you only need 3.5% down.

With this loan, you will need a 3.5 investment, calculated on the purchase price PLUS the costs of renovation.

So, if the cost of the home is \$300,000 and the costs of the renovations are an additional \$50,000, then your investment is \$12,250 based on 3.5% of the acquisition cost of \$350,000.

If the work needed is mostly cosmetic (*no structural work is allowed*) and the total cost is under \$35,000, it is eligible to be a streamlined renovation and the inspection process is greatly simplified.

If the work required is more extensive or structural, this becomes a traditional 203(k) the lender will want to see (*and approve*) detailed plans and costs for the project from a licensed contractor.

These plans are also necessary for the appraiser, because the FHA appraisal will be based on the value after completing the work.

In the case of the streamlined FHA 203(k), the work can start once the settlement has taken place.

If the traditional FHA 203(k) program is used, the construction costs will be escrowed and doled out as the job progresses.

In addition to the construction costs, you can include the cost of architect drawings, inspections and permits, as well as mortgage payments if the property is unlivable while the work is performed.

There is a small add-on to the regular FHA rate but is

usually no more than ¼ % over regular rates.

So, according to Bill, where FHA purchases are priced out at 4.125%, the FHA 203(k) would cost 4.375%.

This means the renovations will be included in your mortgage, where the interest will be fully tax-deductible, instead of on credit cards, where we know the interest will get no preferential tax treatment and will be at a considerably higher rate.

With this loan, buyers can have the funds available at settlement to renovate the home to their specifications. In other words, they can have the home of their dreams – the perfect house (*or something close to it*)!

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

## Moonachie Leaf Collection

Starting October 3, 2011, for the leaf season, free leaf bags were given out to Moonachie residents at Borough Hall. The DPW will no longer pick up piles of raked or loose leaves.

Moonachie residents can put their leaves out in paper bags or garbage cans. No leaves will be picked up in plastic bags. Leaves are not to be blown or raked into the street. Delbros will pick up on Wednesdays until November 30, 2011.

Twigs and branches must be bundled into 4 foot lengths and kept separate from leaves. The DPW will pick up the bundles on Wednesdays. ###

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# 3 Ways to Get a Small Business Loan

The rough economic environment has made it difficult for small businesses to obtain loans. Overall lending plunged 7.5% in the past two years, the largest decline since 1942, according to the Federal Deposit Insurance Corp.

However, companies with sound business strategies still can borrow. Options include loans from traditional banks and institutions affiliated with the Small Business Administration, as well as financing from Internet-based lenders.

**Bank Loans:** The best place to get a small-business loan is still a bank. Banks typically offer the lowest interest rates and many have established reputations as trustworthy lenders.

But today, small businesses must expand their search to find a bank willing to lend. A more persistent approach has better odds of success.

The key to success with banks today is to show past profitability, and to describe a well thought-out plan for future profits. If you aren't making a profit now, you must be able to tell the bank how you will change that in the short term, or you really won't be able to get a loan.

Remember to start small in your loan requests. The bigger the loan request, the harder it is to get it approved.

**SBA Loans:** Another way

to find a bank loan is through the Small Business Administration, or SBA. The SBA can direct you to banks that offer loans guaranteed by the agency. This way, you'll have the advantage of approaching banks specifically interested in lending to small businesses.

Interested businesses should contact the SBA office nearest to them, which can be found on the agency's Web site. Businesses should seek a bank that is an experienced SBA lender.

Banks granting SBA loans are placing increased emphasis on business plans, cash flow and profit forecasts in deciding whether to lend. The SBA can also refer businesses to free counseling centers to improve their performance.

**Online Opportunities:** The Internet is another great source for loans. There are several sites where businesses can seek alternative lenders such as individuals and small companies.

Loans made on such sites range from \$10,000 to \$2 million. Interest rates range from 8 percent to 15 percent. While that's generally more than a bank will charge, it's much less than what you'll have to pay on many credit cards.

Companies that use these internet sites usually pay a one-time fee while other sites are free, although their costs

are likely to be reflected in loan rates.

If you're going to list your company on one of these sites,

describe your business in clear and concise language. You can't have typos that will turn off whoever is looking. Make sure

you don't give away any proprietary information and consider using pictures or videos. ###



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## 5K Walk for Dyslexic Children Held at Depken Field

The 32nd Masonic Learning Center for Children, located at 301 Division Avenue, held its 6th Annual Hasbrouck Heights 5K Walk to Help Dyslexic Children on Saturday, October 15, 2011, at 10:00 a.m., at Depken Field (*Franklin & Route 17*).

Walkers received a “T” shirt. Refreshments were available. Proceeds go directly to the cost of training tutors and tutoring children.

The Masonic Learning Centers for Children has taken the lead nationally in tutoring children with dyslexia at no

cost. The learning centers are open to all children regardless of economic status, race, religion, or Masonic affiliation. There are 43 centers in 14 states.

Dyslexia is an inherited neurological disorder that affects the way people learn to read and speak, as well as how they process things mathematically. Some of the world’s most famous artists, innovators and leaders were and are dyslexic, including Leonardo da Vinci, Albert Einstein, Thomas Edison, Agatha Christie, William

Hewlitt, Winston Churchill, Tom Cruise, Cher, Jay Leno, and Charles Schwab.

Dyslexia affects one out of every five people, and affects boys and girls in equal numbers. Children left with untreated dyslexia often suffer

devastating personal consequences. It’s the number one reason teenagers drop out of school, and is a primary factor in juvenile delinquency.

Dyslexia is, however, a treatable condition. Children with dyslexia need profes-

sional help, and the earlier they receive it, the greater their chances of achieving normal, fully functional lives.

Event chairs were Judy Beasley and Gilbert Hunt. Call 973-694-8976 for more information. ###

## Welcome to the Neighborhood



Above: The Wood-Ridge Council welcomed **Fujian Chinese Food and Sushi** located at 282 Valley Boulevard, Wood-Ridge on October 20, 2011. They are open 7 days, convenient hours, free delivery, accept major credit cards. ###



Right: Hasbrouck heights Mayor Rose Heck welcomed **Curly's Ice Cream**, located at 459 Rt. 17S, (*near Williams Avenue*), Hasbrouck Heights. A family business, Curly's features homemade ice cream, cakes, specialty desserts and take home treats. ###



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### Aviators Girls U-14 Bring Home Championship Trophy

The Aviators Girls U-14 team capped off a very successful day with a 2 - 0 victory in the championship game over a very tough host Monroe-Woodbury Blaze squad.

Felicia Cascone scored the winning goal in the champion-

ship game. Felicia's great run from 45 yards finished with a strong shot into the corner of the net to beat the M-W Blaze goalie.

Meanwhile, the Aviators girls defense held strong all day yielding only one goal. The defense anchored by Bailey Wyrstek in goal, Brittany Larsen and Kristen Kahrer in central defense, and Casey King, Marissa Pinto, and Melissa Isquierdo in outside defense held Monroe-Woodbury, Ridgefield Park and Emerald Soccer Clubs at bay all day.

The second and clinching goal in the championship game was scored by midfielder Jillian DiGiacinto, who also finished a long, craft y run from the center line with a cheeky poke past a diving goalie into the corner of the net to seal the victory.

All day, the midfield of Morgan Kurz, Adriana Saab, Maria Montosinos, and Jillian DiGiacinto worked tirelessly

to control play and push the ball forward to the strikers. Forwards Felicia Cascone, McKayla Newsome, Meghan O'Leary, Nicole Vega and Sidney Burone continued to push past the opposition to create opportunities for shots on goal.

The Aviators U-14 team added new players to the squad this year due to the departure of a number of girls to graduation.

Head coaches Juergen Hofheinz and John DiGiacinto stated that it normally takes a team a while to come together, but these fine young ladies have integrated into a strong team and began working as a unit from the beginning of the season. The team did miss the play of Guilia Gargano and Destiny Foster, who could not join the team for the tournament.

The team opened the Columbus Day Tournament against M-W Blaze. Meghan O'Leary opened the scoring for the day on a centering feed from Felicia Cascone.

The Aviators held onto the 1 - 0 lead until well into stoppage time, when an unfortunate bounce sprang a speedy M-W Blaze forward, who made an excellent shot to tie the game just before the whistle.

The Aviators rebounded well to handily beat Ridgefield Park Soccer Association 3 - 0 and finished up with a 1 - 0 hard fought victory over Emerald SC setting up a rematch with Monroe-Woodbury for the championship trophy.

In the championship game, Bailey Wyrstek came up big with some fabulous saves particularly during crucial moments in the first half, when the field of play was against the Aviators.

With the score 0 - 0 at the half, the Aviators then took advantage of the field and scored their two goals within the first 6 minutes of play in the second half.

In the second half, the defense and midfield combined to keep M-W Blaze scoreless by forcing play away from goal and yielding very few opportunities that Bailey easily dispatched. The team's fine play should position the team for the remainder of the Fall Northern Counties Soccer Association schedule. The team currently resides in 4th place in the 10-team NCSA "C" flight. *Story and photo provided by Mark Kahrer. ###*



### Aviators Boys U-12 Bring Home Tournament Championship Trophy

The Aviators Boys U-12 team won their group in the two day, four game, Pequannock Tournament held over this past Columbus Day Weekend, outscoring their opponents 15-4 and posting a 3-0-1 record. In Game One against host team Pequannock, the two teams traded goals, with the Aviators clinging to a one goal lead with only seconds remaining. Pequannock scored, just before the final whistle sounded resulting in a 3-3 draw. Goals were scored by Matthew Moretto, Diego Aponte and Aarav Supekar. The second game on Saturday brought about the Rockaway Dragons. The Aviators came out firing and were lead by their midfielders Joseph Terreri, Stjepan Lucic, Stephen Byrne, Nick Fontana and Ryan Moots along with wingers Aarav Supekar, Donovan Moore, Eric Gonzalez and Marc Cruz. Controlling the flow and tempo of the game as well as the passing attack, the Aviators would cruise to a 5-0 win, limiting their opponent to two shots. Christopher Mascis and Bharadwaj Chirravurri split the game in goal, sharing the shut out. Goals were scored by Moore, Gonzalez and three by Moretto. Assists came from Terreri, Aponte, Moore and Gonzalez.

As Sunday morning dawned, the boys readied themselves for another 9 a.m. game, this time against Pompton Lakes/Riverdale. Jared Beerman started and finished the game in goal and even had an assist with a long punt to Moretto that led to the first goal. The defense, lead by

Andrew Macera, Mascis, and Lucic along with Antony Markanovic, Davor Babic blanketed the opponent's offense and permitted just one goal.

In the championship game, the defense shut down the Kinnelon attack during the opening ten minutes of the first half, when the field of play was against the Aviators. Chirravurri, in goal, denied shot after shot, finishing the game with 6 saves. With the score 0 - 0 at the half, the Aviators then took advantage of the defensive formation of sweeper/stopper as Kinnelon's defense focused on Moretto in the middle, guarding him with two defenders. The midfield attacked from the wings with Gonzalez, Supekar and Moore with passes from Terreri, Byrne and Beerman. Their speed and relentless attack forced the defense to loosen on Moretto and lead to a silky pass from Aponte as Moretto slotted the ball past the keeper. Gonzalez drilled home the second goal on a penalty kick awarded due to a handball in the box. Kinnelon's counter attack was thwarted in the second half by Terreri, Moots, Beerman and Byrne in the midfield and Lucic cleaning up any stragglers that wandered through. Moretto finished the tournament with ten goals scored.

The team's fine play should position the team for the remainder of the Fall Northern Counties Soccer Association schedule. The team currently resides in third place in the 11-team NCSA "C" flight with a 3-2-0 record. *Photo and story provided by the Aviators Soccer Club. ###*

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# Wood-Ridge Mayor's 5K

About 450 registered for the Wood-Ridge Mayor Paul Sarlo and the Borough sponsored USATF-NJ Certified 5K run on Sunday, October 9, 2011, with a start/finish at the Wood-Ridge High School.

This second annual event also included a Kids Fun Run: under 5 years/50 yards, 6-9 years/100 yards and 10 years and older/1/4 mile.

Top three male finishers were Timothy Duwhite, 20, Passaic, NJ, with 16:59.09, Carlos Sanchez, 18, Hackensack, NJ, with 18:07.96 and Elvis Cole, 26, Hackensack, NJ, with 18:21.47.

Top three female finishers were Season Lyons, 31, Nut-

ley, NJ, with 21:42.81, Melike Ayan, 40, Clifton, NJ, with 22:50.68 and Jessica Simao, 24, Wood-Ridge, NJ, with 22:51.57. Placing 4th & 5th from Wood-Ridge were Amanda Spethmann, 20, at 23:08.99 and Malory Garvin, 25, at 23:25.60.

Youngest finishers were Erica Dimarco, 9, Wood-Ridge, NJ, with 38:30.59 and Madylin Marino, 9, Wood-Ridge, NJ with 39:26.97.

Oldest male finisher was Mike Machuca, 72, River Edge, NJ, with 26:22.93 and female was Sandra Azanedo, 72, Hasbrouck Heights, with 46:33.22.

Awards were presented for the top three male/female overall, first Wood-Ridge male/fe-

male finishers, 14 age division gift certificates, finisher medals for Fun Run participants, and team awards.

For more race results visit [www.njwoodridge.org/5krace](http://www.njwoodridge.org/5krace)

There were Super-Tech "T" shirts, refreshments, live music by Fast Forward and Outland DJs. Scoring was done by Compuscore.

Proceeds to benefit Cystic Fibrosis Foundation and Tomorrows Children's Fund. It was estimated that the race netted over \$8,500.

Supporting this event were about 100+ volunteers, the WRPD, WR DPW, WRFD and members of the Moonachie EMS/Rescue Squad. ###





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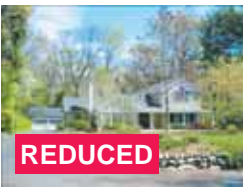
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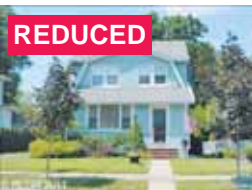
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