

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
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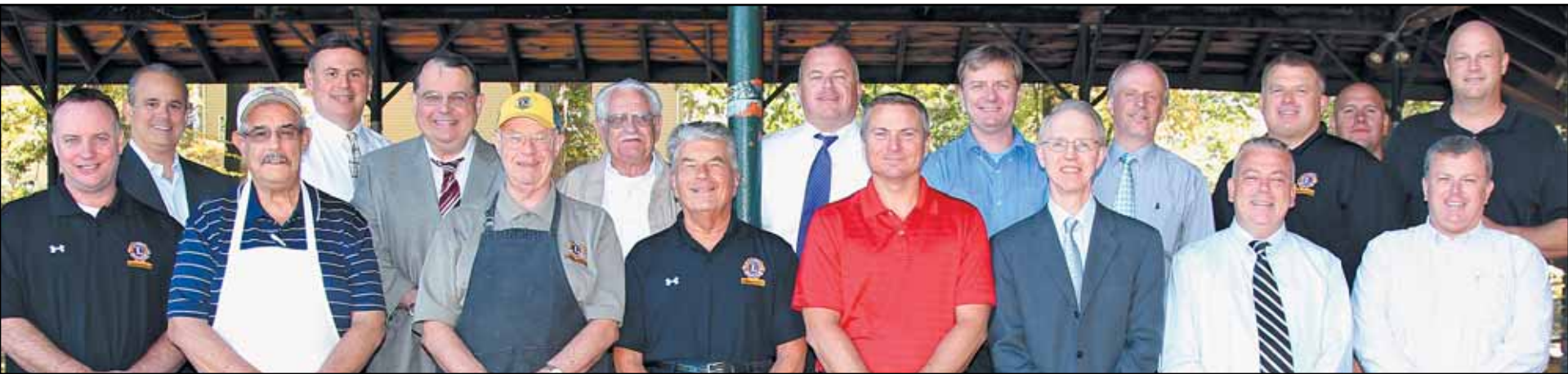


Many local communities held celebrations where neighbors got together and had some fun, enjoyed food, took rides, played games, listened to live music and even got to operate a real fire hose. See pages 18-21.

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Celebrating Communities

Seasonal Calendar Pages 5-8	Community Happenings Pages 10-17	Wood-Ridge 5K Run Page 23	Aviation Recognition Page 24	Veterans Activities Pages 28-29	Fire Department News Pages 37-39
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Hasbrouck Heights Lions Club Enjoys a Picnic Meeting

On Tuesday, September 25, 2012, the Hasbrouck Heights Lions Club held their regular meeting in Woodland Park. Lion Tom King was the chef, serving grilled steaks, hamburgers and hot dogs -- plus featuring his special-recipe

clam chowder.

Lion Tom Mason recalled his uncle, Lion James W. Mason's thoughts about Woodland Park: The history of Woodland Park is that the Borough owned all but 22 lots of the entire tract.

The Lions Club of Has-

rouck Heights started an effort to acquire all the said lots for the purpose of a Borough park by paying off tax liens, outright solicited gifts, etc.

The Lions Club installed a comfort station and pavilion. An area was cleared for a field

to be used as an all-purpose area for picnics, games, etc.

The Mayor and Council built one large stone barbecue, several small stoke fireplaces, picnic benches and provided support labor for clearing and maintenance.

These improvements were completed in the 1955 time frame. These were the only improvements to be made from the original concept. The balance of acreage was to be left wooded. ###



Let's Paint a Church

On Friday, September 28, 2012, about 15 members of the South Bergen Rotary and the Meadowlands office of Ernst & Young, LLP (as part of EY Connect Day Volunteer Program), painted the dining room and kitchen of the Moonachie Presbyterian Church in support of the Hunger Ministries. ###



Gail Fitzgerald Recognized

On September 27, 2012, the Mayor and Council of the Borough of Moonachie recognized the efforts of Gail Fitzgerald as editor of the Moonachie Centennial Journal.

Themed "100 Years of Pride • A Century of Community," the project reflects a year of work collecting historical photos and stories, editing and producing a 282 page historical keepsake.

Additionally, it documents the many commemorative activities held during the Centennial year -- from the Kick-off Brunch to the Parade of the Century. Ms. Fitzgerald's work also incorporates the 100th Anniversaries of the Moonachie Fire Department and R. L. Craig School.

Free copies of the Centennial were distributed to each household. ###

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5K Walk for Dyslexic Children Held at Depken Field

The 32nd Masonic Learning Center for Children, located at 301 Division Avenue, held its 6th Annual Hasbrouck Heights 5K Walk to Help Dyslexic Children on Saturday, October 6, 2012, at 10:00 a.m., at Depken Field (*Franklin & Route 17*). Walkers received a “T” shirt. Refreshments were available. Proceeds go directly to the cost of training tutors and tutoring children.

The Masonic Learning Centers for Children have taken the lead nationally in tutoring children with dyslexia at no cost. The learning centers are open to all children regardless of economic status, race, religion, or Masonic affiliation. There are 43 centers in 14 states. Dyslexia is an inherited neurological disorder that affects the way people learn to

read and speak, as well as how they process things mathematically. Some of the world’s most famous artists, innovators and leaders were and are dyslexic, including Leonardo da Vinci, Albert Einstein, Thomas Edison, Agatha Christie, William Hewlitt, Winston Churchill, Tom Cruise, Cher, Jay Leno, and Charles Schwab. Dyslexia affects one out of every five people, and af-

fects boys and girls in equal numbers. Children left with untreated dyslexia often suffer devastating personal consequences. It’s the number one reason teenagers drop out of school, and is a primary factor in juvenile delinquency. Dyslexia is, however, a

treatable condition. Children with dyslexia need professional help, and the earlier they receive it, the greater their chances of achieving normal, fully functional lives. Call 973-694-8976 for more information. ###



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Kiwanis Club Celebrates 60 Years, and Disbands

The Kiwanis Club of Hasbrouck Heights celebrated its 60th Anniversary on September 30, 2012 at the Maywood Inn. This was a bittersweet occasion. At the brunch, the Club officially disbanded – a victim of declining membership in an era when fewer people have time to volunteer.

“It’s disbanding because of a decline in membership,” said Dr. Burnett Eglow, who has been the club president for the past four years. “Many of our members have chaired the same activities for many years; there are no new members to take over. Some members have moved away, some have gone in different directions, some have

poor health, some have passed away, some don’t attend meetings but only pay their dues, and some are just getting tired.” Dr. Eglow has been with the Kiwanis for the past 60 years and is a Charter member.

Forty-four year member Peter Gallo stated that “This struggle to obtain new members is not unique to the Kiwanis Club alone; when you get down to so few members, you can’t possibly do the projects. The part that upsets me the most is what this community is going to lose because we do not have a Kiwanis Club - we gave a tremendous amount back to the community.”

Past President Colleen Jar-

vis was the mistress of ceremony for the occasion. She called upon Past President Peter Gallo to review the history of the club and Treasurer Marie Gallo to talk about the Rainbow Fund. She then read a tribute to President Dr. Eglow who was one of the Club organizers and presented him with a gift from all the members.

During the course of the afternoon, many residents from Hasbrouck Heights praised the virtues of the Kiwanis Club. Councilman Russell Lipari read a proclamation commending the Club for all its service to the community. Also extending their thanks were Fran Visco, on behalf of the Student

Loan Fund, Marie Joyce and Ivette Pujades, on behalf of The Library, and Tom Meli on behalf of Mickey’s Kids. Also extending their gratitude were New Jersey District Kiwanis Governor Joseph Teti, Kiwanis Lieutenant Governor Celeste Werfel and Past Kiwanis Lieutenant Governor Frank Pinto.

Also present were Past NJ Kiwanis District Governor Barrie Werfel, and Past Hasbrouck Heights Kiwanis Presidents Anthony Niosi, Louis Castellitto, and Barbara Smith, as well as present members of the Kiwanis Club and their friends. *Photo and story provided by Marie and Peter Gallo Jr. ###*

Hackensack Riverkeeper Celebrates 15th Anniversary

On October 4, 2012, the staff, Trustees and supporters of Hackensack Riverkeeper celebrated the organization’s Fifteenth Anniversary at their Annual Awards Dinner and Sustainable SeafoodFest.

Over two hundred people joined Captain Bill Sheehan and crew at the Holiday Inn of Hasbrouck Heights to celebrate fifteen years’ worth of achievements, honor the work of friends, and recommit to making the Hackensack River a “fishable and swimmable” river as the Clean Water Act says it should be.

“I never could have imagined anything like this fifteen years ago,” recalled Captain Sheehan. “Although I knew we were on the side of the angels, I had no idea just how many “angels” were actually going to show up to help make the Hackensack River a clean, productive waterway from headwaters to Bay.”

Each year’s event singles out and honors individuals and institutions that have assisted Hackensack Riverkeeper in its mission to protect, preserve and restore the Hackensack River. ###

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Ecumenical Thanksgiving Services

First Presbyterian Church of Moonachie will host the Annual Ecumenical Thanksgiving Service of Worship on Sunday, November 18, 2012.

Rev. Kimberly Chastain, Pastor of First Presbyterian Church of Moonachie and the South Bergen Larger Parish will be preaching. A freewill offering will be taken in support of Family Promise of Bergen County, formerly the Interreligious Fellowship for the Homeless.

After the Service, The First Presbyterian Church of Moonachie invites community members to gather for a "Potluck Thanksgiving Feast." Turkey and bread will be provided. Bring a side dish or dessert to share. All **Gazette Newspaper** readers are welcome. ###

Kids Create an Autumn Wreath

On Tuesday, November 20, 2012, at 3:45 p.m., children ages 5 and older are invited to create an autumn wreath at The Rutherford Public Library. Five, six, and seven-year-olds are asked to bring a grownup to assist with making the project. To register, please visit or call the Children's Department at 201-939-8600, ext. 6. ###

Thanksgiving Story Hour

The Junior Women's Club of Hasbrouck Heights and The Hasbrouck Heights Free Public Library will co-sponsor a Thanksgiving themed story hour on Thursday, November 15, 2012, from 7 p.m. to 7:45 p.m.

This event will take place at The Hasbrouck Heights Free Public Library and is open to children 3-8 years of age. Children will enjoy stories, crafts and light refreshments.

In the spirit of Thanksgiving, all attendees are asked to donate a non-perishable food item or \$1 for the Hasbrouck Heights Food Pantry. To register or for more information, call 201-288-0485. ###

ReMax Winter Clothing Drive

ReMax Trading Places is collecting gently used blankets, sweaters, hats, gloves and scarves (*no coats*) for the benefit of The Franciscan Sisters of the Renewal of Our Lady Queen of Angels in East Harlem.

Donations may be dropped off at the ReMax Trading Places office at 339 Boulevard, Hasbrouck Heights, between 9 a.m. and 5 p.m., Monday thru Friday until Wednesday, November 21, 2012. ###

Buy-A-Ribbon Feed The Hungry

As well as "Brightening The Boulevard," this annual appeal has generated thousands of dollars every year to benefit area food banks.

A \$10 contribution buys a bright red ribbon with your name on it, placed along the Boulevard beginning Thanksgiving until Valentine's Day.

Contributors simply complete the "Buy-A-Ribbon -- Feed The Hungry" form, listing their name, family, memorial, etc., with a limit of up to 30 characters. Forms are available at **Bill O'Shea's Florist** and **Bruce's Floral Design**.

Most ribbons are \$10, but generous folks can make a \$50 donation which provides a special breakfast and traditional dinner for Christmas or Hanukkah for a family in our neighborhood. Corporate donations of \$100 or more will receive a unique ribbon.

Ribbon placement in Hasbrouck Heights is done by the Knights of Columbus: Msgr. Fitzpatrick Council 7041. Placement along Valley Boulevard in Wood-Ridge is done by the Knights of Columbus: St. Anthony's Council 11585. ###

Thanksgiving Proclamation, November 29, 1623

TO ALL YE PILGRIMS

Inasmuch as the great Father has given us this year an abundant harvest of Indian corn, wheat, beans, squashes, and garden vegetables, and has made the



forests to abound with game and the sea with fish and clams, and inasmuch as He has protected us from the ravages of the savages, has spared us from pestilence and disease,

has granted us freedom to worship God according to the dictates of our own conscience; now, I, your magistrate, do proclaim that all ye Pilgrims, with your wives and little ones, do gather at ye meeting house, on ye hill, between the hours of 9 and 12 in the day time, on Thursday, November ye 29th of the year of our Lord one thousand six hundred and twenty-three, and the third year since ye Pilgrims landed on ye Pilgrim Rock, there to listen to ye pastor, and render thanksgiving to ye Almighty God for all His blessings.

William Bradford, Ye Governor of ye Colony

Your Fire Chiefs Offer These Safety Tips

- Thanksgiving is the peak day for home cooking fires.
- Three-fifths (59%) of reported home cooking fire injuries occurred when victims tried to fight the fire themselves.
- A CPSC study found that 83% of frying fires began in the first 15 minutes of cooking.
- Keep anything that can catch fire - *potholders, towels or curtains* - away from your stovetop.
- Have a "kid-free zone" of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.

Happy Thanksgiving



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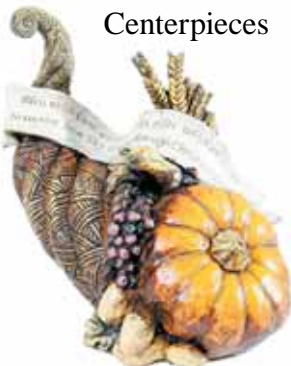
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Santa Visits the AHOF

Santa is scheduled to depart the North Pole at Midnight and is expected to arrive by helicopter at 11 a.m. on Saturday, December 8, 2012, (*rain date December 9*), at the Aviation Hall of Fame. Santa will have candy and gifts for the kids.

Bring your camera for this photo opportunity! Children under 6 (*six*) years of age will be able to meet and greet Santa Claus inside the museum free of charge, when accompanied by an adult.

The museum will open at 10:00 a.m. to accommodate expected interest in this special event, and the public is advised to arrive early in order to obtain good parking.

The visit of Santa Claus is presented annually by the New Jersey Aviation Hall of Fame & Museum, located at 400 Fred Wehran Drive, Teterboro, NJ. For more info call 201-288-6344. ###

Don't leave lit
candles or fireplaces
unattended.

Santa Comes To Town

The spirit of kids from 1 to 92 are bright as the traditional Holiday Parade travels along The Boulevard on Friday evening, November 23, 2012.

As folks get ready to enjoy the parade, they can visit one of the several hot chocolate stations that will be located along The Boulevard including the Municipal Complex, **Century 21 Eudan Realty, ReMax Trading Places**, etc.

Floats, bands, community groups, antique cars, fire trucks, plus Santa will meet at Williams Avenue at 7:00 p.m. and march along The Boulevard to Henry Street.

Immediately after the parade, Santa will meet with children at The Senior Center (320 Boulevard), for photos and treats sponsored by **Heights**

AARP Collects Cancelled Stamps

The AARP Chapter 418 collects cancelled stamps, trimmed to ¼ inch around the stamps. Drop off or send to: **The Gazette Newspaper**, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

Flower Shoppe.

At press time, the parade line-up is as follows:

The Hasbrouck Heights Police Department Color Guard will lead the Parade, along with Color Guards from the Hasbrouck Heights Fire Department and the Boy Scouts.

Local Officials, Boy Scouts, Girl Scouts and various sport teams on small floats, provided by **Lenox Towing**, will follow.

The excitement continues with the Park Ridge High School Marching Band, and antique cars from Reliable Relics.

The Hasbrouck Heights High School Marching Band will lead Santa's personal float (*sponsored by Otterstedt Insurance Agency*) down The Boulevard. The Hasbrouck Heights Fire Department will then follow with their equipment and personnel.

The event is sponsored by the Hasbrouck Heights Chamber of Commerce. Would you like to be part of the excitement? The Chamber welcomes volunteers to help with the parade. Call Ray at 201-288-5464 for more information. ###

HH Men's Association Christmas Tree Sale

The Hasbrouck Heights Men's Association will be selling Christmas Trees again this Holiday Season at St. John the Divine, at the corner of Franklin and Terrace.

They will be carrying an array of trees of various sizes and prices. This sale has been a Hasbrouck Heights holiday tradition for over twenty years.

The money raised goes to the HHMA Scholarship Fund that benefits graduating high school seniors from Hasbrouck Heights who want to attend college. The Hasbrouck Heights Men's Association wants to thank area residents for their on-going support of their sale and they wish everyone a Happy Holiday Season. ###

Jr. Women's Club Pizza With Santa

The Hasbrouck Heights Junior Women's Club is sponsoring Pizza with Santa on Friday, December 14, 2012, from 6:30 p.m. to 8:30 p.m., at the Elf Building, 320 Boulevard. Cost is \$8 per person and includes photo opportunity with Santa (*don't forget to bring your cameras*), craft, goody bag, pizza, refreshments, entertainment, and raffle. For tickets, call Jen at 201-919-8136 or Ronnell at 973-393-8008. Proceeds benefit local charities and scholarships. ###

Holiday Decoration And Display Contest

Ho. Ho. Ho. Hop in your sleigh and join the fun. Check out Hasbrouck Heights' festive displays on The Boulevard and in your neighborhood with yards, homes, lamp posts and doors seasonally dressed for the holidays.

Judging is Saturday and Sunday, December 15 and 16, 2012, from 6 to 10 p.m., with final review on December 17, 2012 at 7 p.m. This annual tradition is sponsored by the Mayor's Celebrations Committee. ###

Community Tree Lightings

Carlstadt will hold their Tree lighting at Borough Hall on December 6, 2012, at 6:30 p.m. ###

East Rutherford will hold their Tree Lighting at Borough Hall on November 30, 2012 at 7 p.m.

The **Hasbrouck Heights** Annual Tree Lighting at The Circle will be held immediately after the Annual Holiday Parade on November 23, 2012. There will be plenty of hot cocoa and snacks. ###

Little Ferry will hold their Tree Lighting on December 5, 2012, 6 p.m. to 8 p.m. in the Borough Hall parking lot. Santa will be available in the Municipal Building lobby. Bring your camera.

Lodi will host its Annual

tree lighting on Friday, November 30, 2012, starting at 7 p.m. at Borough Hall. Holiday music will be provided by the Lodi HS Band and Choir.

Moonachie will hold their Annual Tree Lighting event (*rain or shine*) on Saturday, December 8, 2012, at 7 p.m., at Borough Hall. R. L. Craig students will sing Christmas Carols. Refreshments and photos with Santa will follow at the Firehouse. ###

Wood-Ridge Annual Tree Lighting is on November 23, 2012, at Veterans Park, starting at 7 p.m. Christmas Carols will be sung by Middle and High School Chorale. Santa will be at The Gazebo to hear special secret wishes. Refreshments will be served. ###

Pet Photos with Mrs. Claus

FOCAS (*Friends of the County Animal Shelter, Inc.*) will be hosting holiday pet pictures with Mrs. Claus and a Special Holiday Gift Fair on Sunday, December 2, 2012, at the American Legion, 100 Liberty Street, Little Ferry, from 12 p.m. to 4 p.m. The cost

per photo is \$5. All pets are welcome. Pets should be up-to-date on all shots and appropriately restrained. There will be refreshments, fabulous holiday gifts on sale for pets and people and a drawing each hour. Let FOCAS put some "cheer" in your holiday! ###

Holiday Carnivale

Hey Kids • Join the Fun • Bring your Friends to the Pre-Parade Holiday Carnivale
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Photos from previous Pre-Parade Carnivale

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Christmas Concert

A Christmas Concert, featuring the Mark Howell Singers, glorifying God through Music, will be held Saturday, December 15, 2012, at 1:30 p.m. at the St. Joseph Church, 40 Spring Street, Lodi.

Cost is \$10 per ticket, \$15 at the door and \$25 for a family of four. For more information call 973-779-0643.

Proceeds to benefit of St. Joseph Church and Adorno Fathers. ###

Holiday Craft & Vendor Show

On Sunday, November 18, 2012, from 9 a.m. to 3 p.m., the Ladies Auxiliary of VFW Post 4591 will host a Holiday Craft and Vendor Show at the Post, 513 Veterans Place, Hasbrouck Heights. Over 50 vendors and artists. Admission is free. Refreshments and door prizes. ###

Indoor Fall Flea Market Nov. 17

The Parish Social Life Committee of Saint Margaret of Cortona Church, at the corner of Liberty St. and Chamberlain Ave., Little Ferry, NJ will host an Indoor Flea Market on November 17, 2012, from 9 a.m. to 4 p.m. Vendors can request contract by calling Ellie at 201-641-0883. Tables are 8 ft by 30 inches at \$25. Tables and chairs are supplied. Breakfast and lunch will be available. ###

Heights Seniors Holiday Party

The Annual Holiday Party, sponsored by the Leisure Club, open to all Heights seniors, is scheduled for Monday, December 3, 2012, at the **Fiesta**, from noon to 4 p.m. Tickets are \$39 per person.

Payment should be made as soon as possible. Tickets are available at the November Leisure Club meeting. Call Dotty at 201-288-0525 for details. ###

Friendly Neighbors Needs Your Help

But especially at the Holiday Season — you can help. Friendly Neighbors has been assisting the welfare of Hasbrouck Heights and helping our neighbors in need for over 60 years. All information is confidential.

Please send your generous contribution to: Pat Boer, Treasurer, 307 Roosevelt Ave., Hasbrouck Heights. Friendly Neighbors is sponsored by the HH Council of Churches.

Florists' Open Houses Herald Holiday Season

Once again, Hasbrouck Heights florists are holding their annual Open Houses this Holiday Season.

Bill O'Shea's Florist Open House is November 18, 2012 and **Heights Flower Shoppe** Open House is December 2, 2012.

These very popular Open Houses kick off the Holiday Season with free flowers, balloons, music, prizes and refreshments. In addition, they offer special discounts on selected gift items.

They will offer a huge selection of wreaths and grave blankets/pillows, as well as other holiday decorating items. All are welcome. ###

Story Hour With Santa

On Monday, December 3, 2012, families are cordially invited to The Hasbrouck Heights Free Public Library Story Time with Santa.

From 7-8 p.m., they will hear holiday stories, sing songs, and even meet St. Nick himself.

Bring your cameras for this unique photo opportunity to kick off this cheerful holiday season.

The Friends of The Hasbrouck Heights Library will be on hand to give children a special gift. Registration is required, and can be done in person, online, or by calling 201-288-0485. ###

Christmas Carols Performed by Renowned Trio

The presentation and performance of Christmas Carols and holiday songs will be provided by the City Winds Trio. The concert will be held on Saturday afternoon, December 1, 2012, from 1:30 to 2:30 p.m.

It will include traditional carols, selections from the Nutcracker, and popular holiday songs. The whole family is invited to get into the holiday spirit. This free program will be held in the Senior Center meeting room at 320 Boulevard, Hasbrouck Heights.

The City Winds Trio is a distinguished classical music ensemble that performs concerts up and down the East Coast. They create a unique sound because of the unusual combination of instruments. The members include Crispian Fordham, flute; Meredyth Coleman, oboe; and Yuki Higashi, bassoon.

Bring the whole family. To register please call The Library at 201-288-0488. ###

Rutherford Lions Holiday Fruit Sale

The Lions Club of Rutherford announced their Annual Holiday Fruit Sale.

Available are red grapefruit and navel oranges in both 4/5 and 2/5 bushel boxes and tangerines in 2/5 bushel boxes and 2/5 bushel variety pack, which includes all 3 items.

Delivery is direct from Florida by refrigerated trucks from the Golden Harvest Packing House.

Orders received by November 30, 2012, should be received the weekend of December 15. The Lions will notify you of the exact date and pick-up times and location.

To place your order go to: www.LionsClubOfRutherford.org ###

Holiday Bazaar

It's that time of year again! Come join in the fun at the Annual Church Bazaar on Saturday, November 10, 2012, from 9 a.m. to 3 p.m., at First Presbyterian Church of Moonachie. You never know what treasures you might find - which friends you might see — what delightful holiday foods you might take home to your table! Kitchen available. Call 201-641-0625 for more information. ###

Blue Christmas

Remembering your losses this year, Pastor Kimberly wanted to be sure you knew about the opportunity to be with others who have lost loved ones, and to lift your feelings, whatever they may be, to the Lord.

On Sunday, December 9, 2102, at 12:30 p.m., they will be gathering at First Moonachie (corner of Moonachie Road and Carol Place) for a Service in Remembrance of Those We Love and Miss At Christmas Time.

The service is focused on creating a sacred space for people who are living through dark times. Worship has a quiet, meditative feeling, holding out healing and hope through scripture reading, music, and candle lighting.

A special gift of memorial ornaments. Linda Van Kampen will be inscribing names and memorial dates on the ornaments for presentation during the service.

If you would like to receive a memorial ornament, please note your loved one's name and date of birth and date of death, and return the information to the parish office at 190 Valley Boulevard, Wood-Ridge, NJ 07074. ###

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Benjamin Franklin Visits Wood-Ridge

Benjamin Franklin was in Wood-Ridge on September 23, 2012. To be exact he was at the Bianchi House meeting with the members and friends of the Wood-Ridge Historical Society. It wasn't an early Halloween ghost. It was Jack Sherry, a history teacher and part-time actor who has been researching and impersonating the Founding Father for the past eight years.

As we all remember from our history classes, Benjamin Franklin was not only one of the Founding Fathers of the United States, he was a leading writer, publisher, inventor, diplomat, scientist, and philosopher.

He is well-known for his experiments with electricity and lightning, and for publishing "Poor Richard's Almanac" and the "Pennsylvania Gazette." However, there is so much more to be discovered about this great humorist and ladies man.

Mr. Sherry's uncanny resemblance to Mr. Franklin made the visual effect believable. Franklin was 5'11," a very good swimmer and lifted weights when younger. The pictures we see of him are when he was in his late 60s or even 80s.

We learned that Mr. Franklin was the 15th child of seven-

teen children in a Puritan Family. He served as Postmaster General under the Continental Congress and is credited with inventing the lightning rod, the Franklin Stove and bifocals.

We also learned that he was deeply active in the public affairs of his adopted city, Philadelphia. He helped launch a lending library, hospital and a college.

During the American Revolution, he served in the Second Continental Congress and, he, along with Thomas Jefferson, John Adams, Robert Livingston and Roger Sherman helped draft the Declaration of Independence in 1776.

He also negotiated the 1783 Treaty of Paris that ended the Revolutionary War (1775-83). In 1787, in his final significant act of public service, he was a delegate to the convention that produced the U.S. Constitution.

Mr. Sherry is constantly reading books on Ben Franklin in an effort to make his portrayal as convincing as possible.

He loves to share some of Franklin's best stories and puns from "Poor Richard's Almanac." His goal is to have all who encounter him learn something new about Benjamin Franklin that they didn't know before.

Here are some puns from "Poor Richard's Almanac:" "Three may keep a secret, if two of them are dead," "No gains without pains," "God helps them that help themselves," "Glass, China, and Reputations, are easily crack'd, and never well mended," "Haste makes Waste," and "A good Example is the Best Sermon." Photo by Marie Gallo and Story by Peter Gallo Jr. ###

Keep Fire Hydrants Cleared of Snow

Area Fire Departments ask that when it snows, residents and businesses should make an effort to keep fire hydrants clear and accessible. ###

Mid-Bergen Rotary Hosts Beefsteak Dinner and Charity Fundraiser

The Mid-Bergen Rotary Club will hold their Annual Beefsteak and Charity Fundraiser on Wednesday, December 5, 2012, at The Hasbrouck Heights Holiday Inn. The public is invited.

The doors open at 6:30 p.m. for Tricky Tray ticketing of auction prizes.

At 8 p.m., participants enjoy a beefsteak dinner, music, dancing and prizes galore. Tickets are \$50 per person.

This is their 2012 Annual Fall Fund Raiser for the Gift of Life and other community projects such as the Dictionary Project (awarding dictionaries to local 3rd Grade students), Habitat for Humanity (Paterson), Bergen County Boy Scouts, Faith Foundation (Hackensack, NJ Advocate

Sands Casino Trip November 10

Rosary Confraternity is sponsoring a trip to the Sands Casino in Bethlehem, PA, on Saturday, November 10, 2012.

Come and enjoy a day at the beautiful Sands Casino and Luxury Shopping Outlet Stores! It's your choice of how you spend your day...playing the wide variety of casino games, doing some Christmas shopping at luxury outlets such as Lenox, Chico's, Coach, Nine West (and more!), or a little bit of both!

The bus will leave from in front of Most Sacred Heart of Jesus Church at 9 a.m. sharp, returning at approximately 6 p.m. The price is \$32 and includes bus transportation, a \$20 free slots play, and a \$5 food voucher.

Payment is due at the time of the reservation. Checks should be made payable to "MSH Rosary Confraternity," placed with the reservation form in an envelope marked "Sands Trip," and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington 07057.

Note: Guests must present valid state or federal issued photo id in order to obtain their Sands Players Club Card or any motor coach incentive.

For information, call Ginny at 201-715-2087. ###

Grocery Bingo

The VFW Ladies' Auxiliary to Post 809 will sponsor a Grocery Bingo on Monday, November 5, 2012, at the Post, 100 Main Street, Little Ferry. Doors open at 12 p.m.

There will be a variety of desserts for refreshments. Donation is \$10. All are welcome. Call Adele for tickets at 201-641-2298. ###

for the local homeless), Clean Water Projects (helping needy countries have fresh drinking water), etc.

Cash and gift item donations of \$25 or more are welcome. For ticket information or to arrange a donation pick up, call Charlie at 201-288-9600, ext. 7700, Ruth at 973-699-7419, or Carl at 201-896-4800. The Mid-Bergen Rotary Club meets 12:15 p.m. every Tuesday at the Holiday Inn, 283 Route 17S, Hasbrouck Heights, NJ. ###

Rummage Sale

St. John the Divine, 229 Terrace Avenue, Hasbrouck Heights, will host a Rummage Sale on Saturday, November 10, 2012, from 9 a.m. to 2 p.m.

All donations of clothing, shoes, pocketbooks and linens (no household items please) can be dropped off on Thursday, November 8, 2012, from 2 to 4 p.m. and 6 to 8 p.m. For additional information call Coby at 201-288-4038. ###

Rutherford Community Chest Seeks Donations

The 66th Annual Drive of the Community Chest of Rutherford which supports local non-profit organizations began in October.

The Rutherford Boy and Girl Scouts, Rutherford Food Pantry, Rutherford Social Services, The Meadowlands Museum, Bridge Builder and Star Fish of Rutherford all currently benefit. Every dollar contributed stays in Rutherford.

Send donations to: The Community Chest of Rutherford, Inc., PO Box 263, Rutherford, NJ 07070. ###

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FOCAS Flea Market

FOCAS will hold a Flea Market on Saturday, November 17, and Sunday, November 18, 2012, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

They are not able to accept TVs, PC monitors, exercise equipment, clothes or magazines. For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Beaver Moon

The November full moon appears on Wednesday, November 28, 2011, at 9:47 a.m. and is called the "Full Beaver Moon." According to "The Farmer's Almanac," this is the time to set beaver traps before the swamp freezes, to ensure a supply of warm winter furs.

Another interpretation suggests that the name "Full Beaver Moon" comes from the fact that the beavers are now actively preparing for winter. Other names for this moon include "Full Frost Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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Scouting for Food

Troop 17 and Cub Pack 17 of Hasbrouck Heights will be taking part in the National Scouting program of Scouting For Food on Saturday, November 10, 2012, from 9 a.m. till noon. Scouts will be coming around to collect donated food and non perishable items for the local food bank. Please leave items in shopping bags on front steps of your homes. Bags may also be brought to the Hasbrouck Heights Food Bank. This program provides community service within our own neighborhood and is part of the Good Turn for America, "helping others at all times" program. Please consider making a donation. Story by Scribe, Troop 17. ###

HH Garden Club Meets Nov. 15

Ray Vorisek, from Heights Flower Shoppe, will be the guest speaker to the HH Garden Club and talk about "Table Floralscaping for the Holidays."

Come and join them and get a head start on your holiday decorating. The meeting will be on Thursday, November 15, 2012, at 6:45 p.m. in the Municipal Building on the second floor in The Library Meeting Room.

Refreshments will be served followed by a short meeting. Guests are always welcome. For further information contact Judy at 201-288-2615. ###

Art Association Meeting Nov. 8

The Art Association of Rutherford will meet on Thursday, November 8, 2012, at 7:30 p.m. at the Tambllyn Civic Center, located at the corner of Woodland and Wilson Avenues in Rutherford.

Interested amateurs and professionals are cordially invited to join for a demonstration and to learn about upcoming opportunities to show and share work.

For further information, e-mail carin peace@ yahoo.com. ###

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Beefsteak Dinner

The Carlstadt PBA Local #312 will hold its Annual Beefsteak Dinner on Saturday, November 10, 2012, from 7 to 11:30 p.m. at The Carlstadt Turn Hall, located at Broad and Monroe.

Cost is \$50 per person and includes beer, wine and soda, DJ, comedy entertainment, door prizes. Separate 50-50 and prize raffles. Event catered by The Brownstone. Call 201-438-4300 for tickets and more information. ###

Roast Beef Luncheon

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, November 6, 2012, in the Community Hall, Third Street, Carlstadt.

Roast beef dinners will be served from 11:30 a.m. to 1 p.m. Donation is \$8 for adults and \$5 for children/students. For take out orders call 201-438-5526. ###

Free Lunch

Everyone is invited to the First Presbyterian Church of Moonachie on November 3, 2012, at 11:30 a.m. for the "First Saturday Free Lunch" program.

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy's got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###



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Taste of Moonachie II

Taste of Moonachie II will be held on Wednesday, November 28, 2012, starting at 6 p.m. at The Graycliff in Moonachie. Taste delicious and varied cuisine offered from the neighborhood. Businesses and residents are invited to share an evening of fun, food, and fellowship.

There will be a 50-50 raffle to benefit the Moonachie Scholarship Fund and a Tricky Tray to benefit the RLC Class of 2014.

Tickets are \$30 for adults and \$15 for children age 7-12 and under 6, free. For tickets call 201-206-3054 and leave your name and number or email: taste2012@moonachie.us Make checks payable to Moonachie Scholarship Fund. ###

St. Mary High School Fashion Show Nov. 8

Rutherford's St. Mary High School PTO will be holding their 2012 Annual Fashion Show and Raffle on Thursday, November 8, 2012. This year's event, "A Red Carpet Event" will be held at The Graycliff, 122 Moonachie Avenue, Moonachie, New Jersey, and will include dinner, Tricky Tray, prizes and raffles.

The entrance fee is \$40 per adult and \$25 per student. All tickets must be purchased in advance; there will not be any availability at the door on the evening of the event. Doors open at 6 p.m. and dinner service will begin at 7 p.m. For tickets, please call Joanie at 201-394-8676 or you can email at smhspres@verizon.net.

Any donations toward the prize pool may be dropped off at the Main Office at St. Mary High School, 64 Chestnut Street, Rutherford, New Jersey, 07070, or arranged for pick up at your convenience, 201-394-8676. ###

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Beefsteak Dinner November 9

Our New Journey will hold a Beefsteak dinner on Friday, November 9, 2012, from 7 p.m. to 11 p.m. at the VFW in Hasbrouck Heights.

Tickets are \$45 pp, and include prize drawings, entertainment and giveaways.

For tickets and additional information contact Anne Ciavaglia McManon at 201-288-2867, or go to: www.ournew-journey.org

Our New Journey assists families of the elderly faced with the onset of illness or disability. They provide a free service, supported by individual donors and various fundraising activities. ###

Open Cockpit Day Nov. 3

On Saturday, November 3, 2012, The Aviation Hall of Fame and Museum will open all aircraft and their cockpits for visitors to sit in, pretend to fly and experience real "hands on" cockpit understanding.

People, young and old, learn from qualified pilots; the history of these special aircraft, how the flight systems work, how pilots fly and what the controls and instrumentations do.

Aircraft include the cockpits of a unique 1950 Martin 202 airliner, a rare Lockheed-designed Bush Plane, a Cobra gunship helicopter, a Sikorsky Coast Guard rescue helicopter and the control cab of an Airport Rescue and Fire-Fighting truck.

Admission is adults: \$7, children and seniors \$5. ###

Afternoon with Peter Lieberman

VFW Post 4591 is hosting an afternoon with Peter Lieberman on Sunday, November 11, 2012, from 12 to 4 p.m., at the Post.

Cost is \$15 if paid in advance, and \$20 at the door. Hot meal, coffee and cake are included.

Call Pete at 201-638-4294 or the Post at 201-288-1112 for tickets and more information. ###

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Boys (l to r) Connor Di Corcia, Alexander Hodulik, Jesse Diaz, Anthony Traina, and Christopher Golio. Also present were Principal Linda Simmons and Guidance Counselors Katherine Stevenson and Lindsey Busse.

2012 Boys State Delegates Honored

On September 21, 2012, Jesse Diaz, Connor Di Corcia, Christopher Golio, Alexander Hodulik and Anthony Traina, all seniors at Hasbrouck Heights High School, received a "Certificate of Appreciation and Participation" for attending the American Legion Boys State in June, 2012. The five boys were delegates sponsored by the Capt. James B. Scarr American Legion Post 106. Local Boys State chairman Peter J. Gallo, along with Legionnaire Melvin Thompson, presented the certificates to the seniors. Also present were Principal Linda Simmons and Guidance Counselors Katherine Stevenson and Lindsey Busse.

American Legion Jersey

Boys State (ALJBS) is a mythical fifty-first state organized and administered for citizenship training purposes under the auspices of the American Legion Department of New Jersey. A session of Jersey Boys State has been held annually since the first session in 1946. Held at Rider University every year beginning on Father's Day, ALJBS has a strong tradition of education, patriotism and excellence in the development of tomorrow's leaders at the weeklong hands-on program. Only high school juniors are eligible for the program. Each delegate is sponsored by an American Legion post throughout the state of New Jersey. They expect about 900

delegates to attend the 68th Session of New Jersey Boys State at Rider University in June, 2013. More information can be obtained on line by going to <http://www.aljbs.org>. Guidance counselors stress that college admissions officers are impressed with applicants who have special achievements such as being a Boys State Delegate, an Eagle Scout, etc. Mr. Gallo stated that the American Legion is presently looking for 11th Grade boys who reside in Hasbrouck Heights and have a desire to attend Boys State 2013. Interested boys should contact him at 201-288-0276. *Story and photo provided by Peter Gallo Jr. ###*



Troop 181 working the water station on Fritsch and Valley Boulevard during the Wood-Ridge Mayor's 5K Run held on October 7, 2012. Photo provided by Troop 181. ###

Pink Socks and Bows

October is Breast Cancer Awareness Month. To support this cause, the Wood-Ridge Moonachie Junior Football and Cheering Program asked all football players at the recreation level and high school team to purchase and wear the pink socks that they were selling. The Cheerleaders wore pink bows in their hair. "We are also reaching out to the coaches, volunteers, parents and fans to wear pink. Our objective is to change our town's color to pink and blue for one special night," stated Alyssa Marchitelli, parent and volunteer. A portion of proceeds were donated in the name of the Wood-Ridge/Moonachie Junior Football and Cheerleading program to The YSC (Young Survival Coalition of Northern New Jersey) at the PeeWee game at halftime. ###



Gone Fishing

Wood-Ridge Boy Scout Troop 181 went on a Fishing and Camping trip from September

28 until September 30, 2012. The Troop stayed at Camp Yaw Paw in Mahwah, NJ. The boys shopped for the trip, planned their own meals, cooked their own meals, and cleaned up after themselves. We all went fishing at the lake and had a great time. The Troop slept in lean-tos. One of the younger patrols set up their own tent and slept in it which is one of many Scout requirements. *Story and photo provided by John Marasciulo. ###*



Several Glen Rock Junior Girl Scouts recently worked on their Flower Badge at Bill O'Shea's Florist. Photo provided by O'Shea's Florist. ###

Don't Drink and Drive



Pack #168 and the Rutherford Police Department got together in October to learn about riding safety. The Scouts had a great time learning the do's and don'ts of riding safety! They gave a great big THANKS to the Rutherford Police Department for their support. *Provided by Kelly Sanzo. ###*

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Little Cool Music School

The Rutherford Public Library will host Little Cool Music School on Friday, November 2 and Friday, November 30, 2012, from 11 – 11:30 a.m., for children of all ages. Guitar Bob will teach children to sing a wide variety of songs, and perform creative movements and dances. No advance registration is required. ###

Juggling Hoffmans

On Friday, November 16, 2012, at 3:45 p.m., the Juggling Hoffmans will visit The Rutherford Public Library to present tricks and silly stunts in their exciting, fun-filled show. All children age four and up and their caregivers are invited to attend. No advance registration is required. The program will be held in The Library auditorium and is being funded by The Friends of the Library of Rutherford. ###

Thunderheart

On Tuesday, November 27, 2012, at 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of "Thunderheart," starring Val Kilmer, Sam Shepard, and Graham Greene. The film will be shown in The Library Auditorium. ###

Investor Seminar

Would you like to learn how to invest? Do you think you have been the victim of an investment fraud? Do you need to know your legal options? The Rutherford Public Library will be presenting a program to answer these and other securities questions on Tuesday, December 4, 2012, at 6:30 p.m. in The Library's auditorium. The program, sponsored by a grant from FINRA Investor Education Foundation, is being presented by Seton Hall University School of Law. Rutherford Public Library is located at 150 Park Avenue, Rutherford, NJ. No pre-registration is required. ###

Days of Knights

On Saturday, November 3, 2012, from 2-3 p.m., The Wood-Ridge Memorial Library will present Days of Knights, an event that will bring the age of chivalry to life!

Knights in full armor will reenact a medieval legend and demonstrate a sword fight.

Children will have the opportunity to get their hands on replicas of armor and learn about medieval arms.

This high-energy, interactive, and entertaining show is free for the community. For more information or to register, please email Molly at wrdgcchild@bccls.org or call The Library at 201-438-2455. "Like" Wood-Ridge Memorial Library on Facebook or check out their website at <http://www.woodridgememoriallibrary.org/> to get information about upcoming events. ###

Paws to Read Therapy Dog Program

On Saturday, November 3, 2012, at 2 p.m., Rodney, a registered therapy dog, and his owner, will visit The Rutherford Public Library. Children who would like to practice their reading skills may reserve a 20-minute time slot to read to Rodney. Gain confidence in your reading ability and make a new friend at the same time! For ages 5-11. To register, please visit or call the Children's Department at (201) 939-8600, ext. 6. ###

Kip Center Book Group

On Friday, November 30, 2012, at 1:30 p.m., the Kip Center Book Group will meet at the Kip Center, 55 Kip Avenue, Rutherford, to discuss "Hotel on the Corner of Bitter and Sweet" by Jamie Ford. Copies of the books are available at the Circulation Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, November 7, 2012, at 6:30 p.m. to discuss "The Postmistress" by Sarah Blake. The meeting will be held in The Library Auditorium. All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the book are available at the Circulation Desk. For more information, e-mail Peg Mellett at mellett@bccls.org.



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23rd Annual Leggo My Lego

The 23rd Annual Leggo My Lego Building Contest will take place at The Hasbrouck Heights Public Library on Friday, November 2, 2012, from 7-9 p.m. All ages are welcome, but children must be accompanied by an adult.

There will be professional architects and local “celebrities” on hand to judge the contest. All entries must be original (*no instructions or kits*) and built in The Library on Lego Night. Participants may work in groups of up to 6 people, and will be judged in several age categories. Participants must bring their own Lego or building blocks.

Entertainment, refreshments, and prizes are being provided by The Friends of The Hasbrouck Heights Library. You can register by phone, in person, or online at – <http://hasbrouckheights.bccls.org/>

Don’t miss this night of creativity and family fun! ###

Digital Storytelling with PhotoStory

On Monday, November 26, 2012, from 4-5 p.m., Lodi Library offers a workshop for teens on how to use Microsoft PhotoStory 3. Students will create a slideshow presentation with special effects using digital photos. For ages 12-18 and no registration required. For more information, visit lodi.bccls.org or email lodilibrarynj@gmail.com ###

Rangoli Folk Craft Program

On Monday, November 5, 2012, from 4-5 p.m., Lodi Library offers a crafts workshop on Rangoli, a decorative Indian folk art. Participants will use patterns provided or create their own. For all ages. No registration required. For more information, visit lodi.bccls.org or lodilibrarynj@gmail.com ###

Free Movies at Lodi Library

Lodi Memorial Library will be showing the following movies in November 2012 from 1:30 to 3:30 p.m., for their Adult Movie Matinee program:

- Wednesday, November 7: "People Like Us," rated PG-13
- Wednesday, November 14: "Michael Clayton," rated R
- Wednesday, November 28: "Queen of Versailles," rated PG

All movies are free and free refreshments will be available. ###

Book & Bake Sale Saturday and Sunday, November 17 and 18

The Friends of The Free Public Library of Hasbrouck Heights is pleased to hold its Fall Book & Bake Sale on Saturday & Sunday, November 17 and 18, 2012, in the Senior Center located on the first floor of Borough Hall. Entrance is on Central Avenue. Gently used books and media along with delicious homemade baked goods will be available for purchase. Hours are as follows: Saturday: 9 to 4 p.m. and Sunday: 11 to 4 p.m. Hardcover/Trade paperback books \$1, Paperback books \$.50, Media \$1 and some specialty items are individually priced.

Donations of books in good condition are cheerfully being accepted. Call The Library for details at 201-288-0488. ###

Adult Book Group

Join in on the conversation and see what others are reading each month. Here’s an opportunity to meet new people, learn from others, talk about books, and introduce yourself to titles you may not have normally picked. Light refreshments will be served. The group meets each month at 7 p.m. at The Hasbrouck Heights Library. To register or to reserve a copy of the book, please call 201-288-0488.

- November 20 -- "Unbroken" by Lauren Hillenbrand
- December 27 -- "Little Bee" by Chris Cleave ###

Practice English Conversation

English language learners are invited to attend the English Conversation Group on Tuesdays and Thursdays from 10-11:30 a.m. at The Rutherford Public Library. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. For information, please call 201-939-8600, ext. 7. ###

Food For Fines at Lodi Library

From November 1 to 17, 2012, The Lodi Library is collecting donations of non-perishable food and paper goods for Faith Reformed Church and St. Francis de Sales Church in Lodi.

The Library will clear the fine for one overdue item of a Lodi patron for each unexpired item donated. For more information and a list of items needed, stop in to The Library, visit lodi.bccls.org or call 973-365-4044. ###

Food for Fines

The Wood-Ridge Memorial Library will once again be holding their Food for Fines Program. During the month of November 2012, The Library will be collecting non-perishable food items to benefit the Assumption Food Pantry.

Fines for Wood-Ridge materials of up to \$5 will be forgiven with the donation of a food item.

The program will run from November 1 until November 30, 2012. ###

Retirement Planning

The Wood-Ridge Memorial Library will be hosting a program on Retirement Planning on November 26, 2012, at 7 p.m. at the Wood-Ridge Civic Center (upstairs).

Marc Bautis, founder of Bautis Financial, is a Wealth Manager specializing in working with retirees and those nearing retirement who want to protect their principal and ensure their money lasts.

Please register in advance at The Library, by calling 201-438-2455 or emailing Christine Hartigan at hartigan@bccls.org ###

Chess Club

On November 15 and December 20, 2012, starting at 3:30 p.m., students ages 7 - 12 are invited to The Hasbrouck Heights Free Public Library for an hour of chess. Volunteers will be on hand to assist players who are new to the game.

Registration is required and can be done online, in person or by calling 201-288-0485. First preference is given to Hasbrouck Heights students. ###

Indian Dance Troupe at Lodi Library

On Tuesday, November 13, 2012, from 6:30-7:30 p.m., Lodi Library hosts a special South Asian storytime and dance program during the Diwali Festival of Lights.

The Arya Dance Academy of Paramus, led by Sandy Amin-Clarke, presents a special Bollywood Dance and music program featuring students ages 4-12.

All ages welcome and no registration required for this free program sponsored by The Friends of Lodi Memorial Library. For more information, visit lodi.bccls.org or call 973-365-4044. ###

WALK
Facing Traffic
BIKE
With Traffic

Computer Classes at Lodi Library

Lodi Memorial Library will be offering the following computer classes, for Lodi residents only, in November 2012:

- Computer Basics: Thursday, November 1, 10-11:15 a.m.
- Internet Basics: Thursday, November 8, 10-11:15 a.m.
- Microsoft Word Basics: Thursday, November 15, 10-11:15 a.m.
- Microsoft Excel Basics: Thursday, November 29, 10-11:15 a.m.

To register for a class, stop by Lodi Library with a \$5 deposit, to be refunded on the day of class. Please call 973-365-4044 ext.5 for more information. ###

Ultimate Gaming Day at Lodi Library

On Wednesday, November 28, 2012, from 3:30-4:30 p.m., Lodi Library hosts a special video game event for teens ages 12+.

Try out Xbox, Kinect and Wii games in a video gaming lounge at The Library set up by Gamers Paradise. The event is free and no registration is required. For more information visit lodi.bccls.org or lodilibrarynj@gmail.com ###

International Games Day at Lodi Library

On Saturday, November 3, 2012, from 2-3:30 p.m., Lodi Library will be one of 2,000 libraries around the world celebrating the fifth annual Gaming Day sponsored by the American Library Association.

Ages 5 and up are invited to come test their skills in new and classic board games, puzzles and bingo. No registration required. For more information, visit lodi.bccls.org or the National Gaming Day page on Facebook. ###

Youth Programs at W-R Library

The Wood-Ridge Memorial Library will offer a variety of story times and other engaging programs for children and families this November.

- Toddler Time (ages 0-2, Thursdays, 10:30-11:15) and Preschool Pals (ages 3-5, Mondays or Tuesdays, 12:30-1:15) will start a new session during the first week of November.
- After-school Stories (preschool-elementary students, November 2, 3:30-4:30) and Bedtime Tales (preschool-elementary students, November 14, 7:00-7:45) are special story times that better accommodate for school-age children and working parents.
- Children have the opportunity to read to a therapy dog

Teen Programs @ HH Library

The Hasbrouck Heights Public Library is proud to sponsor the following activities for teens in Grades 6 thru 12 each month:

- Gaming Club – Meets Every Tuesday 4-6 p.m.
Come and play cool card and board games! Role playing card games, such as Dungeons and Dragons and Magic: The Gathering and more can be enjoyed! This club welcomes new and experienced players.
- Teen Advisory Board – Meets the Second Thursday 3:15-4:30 p.m. (*the next one is November 8.*)

Join and have a say at what happens at your library. Refreshments will be provided. Here’s a wonderful opportunity to make a difference and get involved with community projects.

- Teen Readers Club (TRC) – Meets the Fourth Tuesday 7-8:30 p.m.

Come participate in a book discussion group. You will get a chance to talk about books, eat, play games and make new friends! Stop by and pick up a copy of the book and start reading. Here are the meeting dates:

- November 27— "Squashed" by Joan Bauer
 - December 18— "M is for Magic" by Neil Gaiman
 - January 22— "Last Treasure" by Janet S. Anderson
- For more details, call 201-288-6653. ###

Got Books for Teens

On Thursday, November 1, 2012, from 4-4:30 p.m., Lodi Library offers "Got Books?" Teens in Grades 9-12 are invited to talk about books they like to read while enjoying snacks. No registration required. For more information, visit lodi.bccls.org or call 973-365-4044. ###



Professional Ghost Hunters Visit Hasbrouck Heights Library

Through movies, television, magazines and books we have been exposed to ghosts -- Ghost Hunters, Ghostbusters, Ghost Whisperers, and Ghost Riders. What is fact and what is fiction?

Have you ever asked yourself the question, "Are Ghosts Real?" The South Jersey Ghost Research, a professional research group, presented a program at The Hasbrouck Heights Free Public Library on October 9, 2012, to prove that ghosts do exist. The SJGH was founded in 1955 with the sole purpose of helping those people who are frightened of or just curious about possible ghost activity in their home or business.

The SJGH are everyday people who have many years of experience in the investigation of paranormal activities. Presently the group has 25 members. They break down in

teams so that they can be at different locations servicing more people. They do their work on weekends and have a one year waiting list of locations still to be seen. They do not charge for their services.

They use the latest scientific methods and paranormal research equipment and techniques as well as psychic investigators in their research. They have been successful in contacting ghosts and presented evidence by showing a video of them at work making these contacts. They also had many photographs in which ghosts are visible.

Are ghosts real? They hope that their ghost pictures and paranormal videos help you to believe in the existence of ghosts and other paranormal activities. *Photo and story by Marie and Peter Gallo Jr. ###*



Star Wars at Lodi Library

Lodi Library's Star Wars Reads Day extravaganza was one of 1,200 libraries and bookstores nationwide participating in this first time event supporting literacy, sponsored by Lucasfilm and children's publishers.

Lodi Library's event was attended by more than 200 Star Wars fans of all ages, with many in costume. The event was supported by 15 teen volunteers from Lodi Library and the Boys & Girls Club of Lodi.

Activities included Lego Star Wars Wii gaming, origami crafts, a special storytime, a trivia contest and photos with Darth Vader.

The festivities culminated in a costume parade led by Lodi librarian, Ms. Reina Huerta, as Princess Leia, complete with light saber. *###*



Jamming with the Kootz Band

Rock and roll rules when The Kootz jams! Covering the spectrum from Don McLean to the Who, from Otis Redding and Jackson Browne to the Grateful Dead, Bruce Springsteen and the Rolling Stones, this band puts together favorite rock songs with their own distinctive sound. Members

of the band have been playing music together since 1993, and in 2001, organized as The Kootz Band playing songs of the baby-boomer era from the 60s to 80s. The free event was held at The Free Public Library of Hasbrouck Heights on Saturday, October 6, 2012. *Photo by Marie Gallo. ###*

Danson Jewelers Expands Showroom In Time for The Holidays



Danson Jewelers, long time fixture at the Boulevard and Williams Avenue, recently held a re-dedication ceremony, commemorating their newly expanded showroom. Danson Jewelers offers an exquisite line of diamond, gold, silver, platinum jewelry and watches. Lay-a-way available. Repairs.

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Halloween In The Park

Woodland Park was invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Tuesday, October 16, 2012. About 600 participated in this event.

Halloween in the Park began at 6 p.m. and concluded at 9:30 p.m.

Every 15 minutes, two hayride trailers took turns collecting riders at the Harrison Avenue end of the pavilion and went around to the back section of the park where they were frightened by a variety of

terrifying citizens of the night.

After the horrific experience ride, they escaped at the Roosevelt Avenue end of the pavilion — where they were treated to crafts, cider and cookies. The event was sponsored by the Hasbrouck Heights Recreation Department, Rob Brady, Recreation Director, organized the volunteers. Hasbrouck Heights resident Al DeAngelo from NightMares Haunted Attractions assisted in creating this spooky event. For more information call 201-288-4143. ###



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Painting the Boulevard

Area residents could stroll The Boulevard in Hasbrouck Heights late October where local businesses, in conjunction with the three grammar school PTAs, sponsored the 19th Annual Halloween Window Painting Contest.

Over 275 3rd, 4th and 5th Grade students painted a Halloween themed illustration on a space provided by Boulevard businesses on Wednesday October 17, 2012.

Graphics were judged upon originality and artistic expression. Winners from each grade received 1st, 2nd and 3rd Place

Ribbons. All participants received ribbons.

Parents commented, "On behalf of Corpus Christi, Euclid and Lincoln Schools, we would like to thank all of the merchants who participated in our Annual Halloween Window Painting Contest.

This tradition is one that the children look forward to. It is wonderful to watch them as they create their masterpieces while bringing color and life to our Boulevard." This annual event is funded by the Hasbrouck Heights Chamber of Commerce. ###



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St. Joseph Celebrates 140th Anniversary
The St. Joseph's Parish Carnival at 120 Hoboken Road in East Rutherford, celebrated their 140th Anniversary September 28 through 30, 2012, with a carnival behind the Church. There were rides, games, food and fun. About 100 volunteers worked the event. An estimated 2,000 attended. This was their first carnival in 30 years. ###



Fall Fest Fun PTO Carnival
On October 6, and October 7, 2012, from 2 p.m. to 10 p.m., the Moonachie R.L. Craig School PTO hosted a Carnival at the Redneck Avenue Fields. There were rides, games, food, baked goods, etc. Entertainment included bands "Calm B4 the Storm," "Fastforward" and "No Exception." All day ride bracelets were available. Band photo provided by Ron Spadavecchia. ###





Rutherford Fall Family Festival

On Saturday, September 29, 2012, Rutherford held their 4th Annual Fall Family Festival from 11 a.m. to 5 p.m. in front of Union School on Union Avenue (*Rutherford's West End*).

Highlight of the event was the pumpkin patch where kids selected their favorite pumpkin, then decorated it.

There was entertainment, trackless train, games, amusements, fun foods, magic, stilt-walker, face painting, character revue, etc., along with 35 vendors. Live music from

"The Retrocasters," Joe Amato, NJ's top Frank Sinatra Tribute Impersonator and DJ Music by Prestige 3.

The West End Fire Department featured great food, an opportunity for kids to use the fire hose, and presentation of fire apparatus.

An estimated 8,000 attended this free event presented by the Borough of Rutherford and Meadowlands Area YMCA and organized by Cliffhanger Productions. ###

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community. Photos by Dennis K

Little Ferry Disco 70s

Little Ferry held a Disco 70s -- Family Fun Day on Saturday, September 22, 2012, at Lakeview Field from 10 a.m. to 5 p.m. A flea market was held, from 10 a.m. to 5 p.m., just outside the field.

There were mechanical rides, rock climbing tower, several inflatable amusements, petting zoo, tattoos, free snow cones, games, etc. Groups such as the Scouts, as well as the sponsors, set up displays.

The oldies band, "The Jersey Surecats Band," played live music in the afternoon.

Due to inclement weather, the 20 minute fireworks display costing \$5,000 was postponed to Sunday evening.

The event was organized by the Little Ferry Recreation Committee. The event was free to Little Ferry residents, completely funded by sponsors. Little Ferry has been holding town days since 1994, its Centennial year. ###

Community Experience



Bus Festival

Bus Day Parade on Saturday, October 6, and continuing on October 7. There were many organizations showcasing their products.



Hasbrouck Heights Town Day

Hasbrouck Heights Town Day was held on Saturday, September 29, 2012, in Woodland Park. Admission was free.

Highlights included free food and drinks, free give-aways, inflatable amusements, etc.

A concert, featuring Carla Culkin and "Double Tap," was held in the pavilion. The Jr. Women's Club of Hasbrouck Heights ran their annual Beautiful Baby Contest to benefit needy children.

The event showcased Hasbrouck Heights organizations. This event was sponsored by the Hasbrouck Heights Recreation Department. ###

Moonachie Held Annual Town-Wide Food Drive

First Presbyterian Church of Moonachie held its 7th Annual Town-wide Food Drive, at the Church on October 12 and 13, 2012.

Church members distributed door hangers to every resident, announcing the program. The drive netted over 50 bags of food and \$1,000 in cash donations for The Center for Food Action.

The Church dedicated the offering in a special service of Thanksgiving and Celebration on October 14. On October 15, they took the food to the Bergen County Center for Food Action.

The "Little White Church" on Moonachie Road has been ministering in the community

for over one hundred years. They are grateful to all those who have helped expand their ministry in the community, and given good news to tell about the giving hearts in Moonachie, New Jersey.

The Church collects food for the CFA year round.

In a time when so many people are in need, it is good to find ways to help out, and even a single can or boxed item can make a difference in fighting hunger, according to Pastor Kimberly Chastain.

According to the workers at the Center for Food Action, the need is higher than ever this year, and they are having a hard time keeping enough food on the shelves. ###



The Moonachie First Aid & Rescue Squad held its 7th Annual Mum Sale on Saturday, October 6, 2012, at 121 Moonachie Avenue, Moonachie, NJ. Over 100 beautiful 8" pot size mums in assorted colors were on sale. Together with the mum sale, the Squad also hosted a garage sale featuring housewares, toys, clothes, books, etc. Baked goods were also available. All proceeds go directly to the Squad for operating expenses. ###



Christmas in July

On July 23, 2012, members of the NJ Police Honor Legion hosted "The Christmas in July Program" for pediatric patients (some who may not have their Christmas in December) at the Joseph M. Sanzari Children's Hospital at HUMC. Over

\$27,000 in electronic gifts and toys were distributed. The Christmas in July program was inspired by 2nd VP Timothy A. Sullivan, a BC Sheriff's Officer and W-R Fire Department first responder, who came down with a cancer related illness during his rescue efforts during the 911 attack. ###

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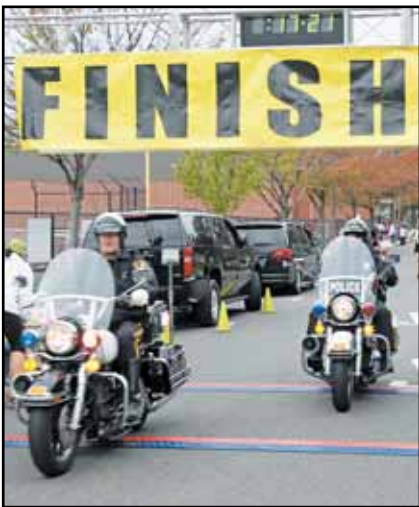
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Wood-Ridge Mayor's 5K

About 450 registered in the Wood-Ridge Mayor Paul Sarlo and the Borough sponsored USATF-NJ Certified 5K Run on Sunday, October 7, 2012, with a start/finish at the Wood-Ridge High School.

This third annual event also included a Kids Fun Run: under 5 years/50 yards, 6-9 years/100 yards and 10 years and older/1/4 mile.

Top three male finishers were Rudi Trivigno, 43, Wood-Ridge, NJ, with 17:25.49, Ryan Arnold, 21, Rutherford, NJ, with 17:53.66 and Hugo Vaddillo, 44, Wood-Ridge, NJ, with 17:54.51.

Top three female finishers were Jennifer Beck, 45, Red

Bank, NJ, with 21:13.49, Jess Vitale, 30, Hasbrouck Heights, NJ, with 21:46.97 and Jessica Simao, 24, Rutherford, NJ, with 22:11.82.

Youngest finishers were Cole Christiana, 8, Wood-Ridge, NJ, with 32:19.91 and Michelle Murray, 9, Wood-Ridge, NJ, with 37:36.99.

Oldest male finisher was Tom Gonnella, 69, Wood-Ridge, NJ, with 46:05.71 and female was Sandra Azanedo, 73, Hasbrouck Heights, with 40:55.12.

Awards were presented for the top three male/female overall, first Wood-Ridge male/female finishers, 14 age division gift certificates, finisher medals

for Fun Run participants, and team awards.

For more race results visit www.njwoodridge.org/5krace

There were Super-Tech "T" shirts, refreshments, live music by **Chip Dee Music Academy** and Outland DJs. Scoring was done by Compuscore.

Proceeds to benefit Cystic Fibrosis Foundation and Tomorrows Children's Fund. It was estimated that the race netted over \$10,000.

Supporting this event were about 100+ volunteers, the WRPD, WR DPW, WRFD and members of the Moonachie EMS/Rescue Squad. ###



Aviation Contributors Recognized at AHOF Dinner

On October 9, 2012, the Aviation Hall of Fame and Museum of New Jersey held its 40th Anniversary Dinner at the **Fiesta**.

The Dinner Chairman and Master of Ceremonies was past president W. Timothy McSwain. He introduced the Museum Executive Director, Shea Oakley, who gave welcoming remarks.

There was the Presentation of the Colors by the Civil Air Patrol Honor Guard, followed by the Pledge of Allegiance.

Pastor Tim Barnes gave the Invocation.

Frederick P. Alimonti, President of the Board of Trustees, gave a report on the Museum.

Presentations were made. Kathryn M. Chandler, Esq. received the Distinguished Service Plaque for years of her tireless work on Wings & Wheels.

The Fred L. Wehran Aviation Achievement Award was presented by Carol Wehran Green to the Eagle Flight Squadron of East Orange, NJ. Commander Rev. Russell White founded this nonprofit educational organization more than 25 years ago as an approach to neighborhood poverty by providing flight instruction, career development, social interaction and an appreciation for discipline, dignity, honesty and integrity.

Three notables were inducted into the 2012 Hall of Fame. Prior to each presentation, the audience saw a short slide show, summarizing the



W. Timothy McSwain, Kathryn M. Chandler, Esq. recipient of the Distinguished Service Plaque, with Frederick P. Alimonti.



W. Timothy McSwain, Rev. Russell White, Eagle Flight Squadron, recipient of the Fred L. Wehran Aviation Achievement Award and Carol Wehran Greene.

inductee's career.

The 2012 Awardees are:

- Susan M. Baer -- Port Authority Director of Aviation. Masterminded the moving and restoration of historic "Building 1" at Newark Airport.
- Henry M. Rowan - Long time pilot, early proponent of NJ business aviation. Founder of Inductotherm in Rancocas, NJ, which owns and operates its own airport.
- Robert H. Widmer - Famed military aircraft designer. Lead designer for, among other aircraft, the B-58, F-111, F-16 and the Tomahawk Cruise Missile. His family received these honors.



Susan M. Baer
The large plaque with the inductees' sculpture was placed in the Museum's Hall of Fame and each received a plaque commemorating the honor.



Henry M. Rowan, W. Timothy McSwain and Rowan Family members.



W. Timothy McSwain, Gail Widmer Landreth (daughter), Robert L. Widmer (son) and Edward Landreth (grandson), with Frederick P. Alimonti.

Founded in 1972, the Aviation Hall of Fame and Museum of New Jersey (AHOFNJ) is dedicated to the preservation of the Garden State's distinguished aviation and space heritage.

The men and women whose outstanding aeronautical achievements have brought world-wide acclaim to the state, are enshrined in the AHOFNJ.

AHOF is located at 400 Fred Wehran Drive, Teterboro Airport, Teterboro, NJ The Museum is open Tuesday - Sunday

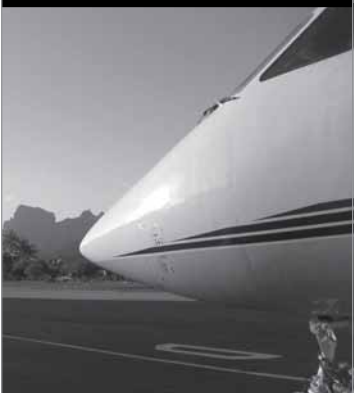
from 10 a.m. to 4 p.m. Main building is handicap accessible.

For more information call 201-288-6344 or go to: www.njahof.org ###

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(l-r) Timothy P. Middleton, Assistant Manager, TEB Noise Abatement Office, accepting representatives for Barnes & Noble Inc., SBJ Aviation LLC, AB Flying, Renee Spann, TEB Airport Manager and Gabriel Andino, Manager, TEB Noise Abatement Office.

Teterboro Airport Acknowledges Good Neighbors

On Thursday, October 4, 2012, the Teterboro Airport Noise Abatement Office and the Port Authority of New York and New Jersey held a luncheon to present the 2011 Good Neighbor Awards to 13 Teterboro Airport operators.

Teterboro Airport Annual Good Neighbor Noise Abate-

ment Awards recognizes those operators that are either based at the Teterboro Airport, or have operated more than 100 operations without incurring a noise violation or warning, adhered to not operating Stage 2 aircraft, have ceased operations between the hours of 11 p.m. and 6 a.m. Teterboro Airport

launched the Good Neighbor Awards in 2004.

The program began with welcoming remarks by Airport Manager Renee Spann.

The presentations were made by Noise Abatement Office Manager Gabriel Andino, and Assistant Manager Timothy P. Middleton.

The 2011 awardees were: AB Flying, Barnes & Noble, Instant Aviation, James Oliver Sterling, Jon A. Wurtzburger, M&M Baron Corporation, Meisinger Aviation, Meredith Corporation, Meridian Air Group, NCR Corporation, SBJ Aviation, Unum Provident and White Mountains Capital. ###

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The Wizard of Oz

Care on the Corner announces the Fall 2012 program for Kids on the Corner, a performing arts program for Grades 2 – 5.

Under the direction of Cindy Summers, participants will tell one of the stories of "The Wizard of Oz."

Everyone is invited to the performance of this story on Friday, November 16 at 7:30 p.m. at the Parish Hall of St. John the Divine at 229 Terrace Avenue, Hasbrouck Heights. Call the Care Center at 201-288-9460 for details ###

Homework Club

Care on the Corner announces the Homework Club for children in Grades Kindergarten – 5. Classes will be offered on Thursdays from 3:30 p.m. – 5 p.m., until December 6 (classes will not be held on school holidays).

Students are asked to bring current Language Arts (reading, spelling and phonics), math, social studies and science (other than experiments) homework assignments in which help is needed.

Call the Care Center at 201-288-9460 to register. There is a \$15 registration fee. Scholarships are available. Jean R. Giarratana (NJ Certified Teacher) is the coordinator. ###

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The 2012 Celebration Season Begins at Corpus Christi School

With Halloween over, the Holiday Season is in full gear at Corpus Christi this November. The month begins with students switching into their winter uniforms and features the Third Graders celebrating Saints and the Eighth Graders taking very important tests.

Traditionally, November 1, at 9 a.m., the Third Grade class participates in the All Saints Day Mass and Procession. The children pick a Saint that they want to learn about, do the research on that Saint, including the clothing they would have worn and come to the Mass dressed accordingly. As part of the procession they then say a few words to their family and friends about "their" chosen Saint.

There is a noon dismissal on November 2.

On November 9, the Eighth Grade will take the COOP (Co-operative Admissions Examination Program). It is this test, along with their middle school grades and activities that will help them to get into Catholic high school. They will get notification of their acceptance in January, with registration to their chosen school during the first week in February. The first Pizza Night social for the Middle School students will also be held on November 9.

Spirit Day will be on November 12 and will honor Veterans Day. On this day, for \$1.00 the students will be allowed to wear "street" clothes

in Red, White and Blue and Corpus Christi School will donate the proceeds to a charity.

On November 13, Grades 4 and 7 will be taking a writing assessment. The purpose of this assessment is to provide the teachers and administrators an objective evaluation of the student's writing proficiency.

On November 16, the little ones in Pre-K3 and Pre-K4 will be in their finest school clothes for their school pictures.

Parent/teacher conferences will take place on November 16, 19 and 20. These conferences offer a great opportunity to communicate with your child's teacher and find out areas in which your child excels and get specific ideas of how to improve your child's performance in others. There is a noon dismissal on each of these days.

The month of November comes to an end with the celebration of the Thanksgiving holiday. It starts with a Prayer Service at 9 a.m. on November 21 followed by a noon dismissal. School will resume again on Monday, November 26.

For more information about any of these events, please call the school office at 201-288-0614 or go to the school website at www.corpuschristischool.net Story by Maria Grace Billings. ###

ICHS Alumnae Memorial Liturgy

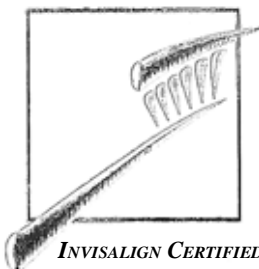
Immaculate Conception High School in Lodi will hold an Alumnae Memorial Liturgy for its alumnae and family of alumnae on Sunday, November 4, 2012, at 9 a.m. at the Felician Sisters' Convent Chapel located at 260 South Main Street in Lodi.

A continental breakfast will be held at Immaculate Conception High School immediately following the Mass.

Please contact Nadine Mooers, Director of Institutional Advancement at 973-472-7231 or nmooers@ichslodig.org for more information or to register. ###

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Leisure Club Treated to Mental Magic



At the last meeting of the Leisure Club, October 10, 2012, the members were treated to an ultimate entertainment experience. Mentalist Flavian put on a show or was it a demonstration of his ability to read minds. Members of the Leisure Club were asked to think of a phone number or a birthday or of a pet's first name or who they gave their first kiss to or what famous person they would like to be with or where they would like to go out on a romantic date. Flavian dazzled the members with his ability to correctly

answer every question asked. Flavian whose complete name is Flavian Petrulio, hails from Caldwell, New Jersey. He has appeared at Caesars Palace in Las Vegas, Caroline's Comedy Club in New York City and Uncle Floyd's TV Show to name a few. He also has his own TV show "Mind Play" in New Jersey. A few of the highlights of his performance were when he asked four members to each select a number, in order to put together a four digit number then he was able to correctly

deliver the four digit number. He asked a member to select the card which contained the winning bingo number that he needed to win. He also had a member turn the handle of his wrist watch and stop it on the actual time Harry Houdini died. Assisting Flavian were club members Rosemarie Filomeno, Kathy Murray, Janice Trivisonno and Peter Gallo. During the meeting, the Nominating Committee presented the following slate of officers that they recommend to take over January 1, 2013, President Peter Gallo Jr., Vice President Kathleen Murray, Secretary Marilyn deRussy and Treasurer Dorothy Fitzin. The election will take place at the November 14 meeting. Vocalists Johnny B & Barb will provide the entertainment for that meeting. The members were reminded that the Annual Holiday Party will cost \$39 and is scheduled for Monday, December 3 at the **Fiesta**. They were also informed that there is a waiting list for the trip to Colucci's Ristorant for the Luncheon/ Uncle Floyd's Christmas Show scheduled for November 15. *Photo and story by Marie and Peter Gallo Jr. ###*

Mentalist Flavian Bedazzles AARP

At the October 12, 2012 meeting of the Central Bergen Chapter 418 of AARP, the members were treated to an ultimate entertainment experience by mentalist Flavian. Some members saw him when he entertained the Leisure Club at their meeting two days earlier. However, this time Flavian turned the spotlight on the members of the audience as they become the stars of the show! He had Marie Gallo help him guess a four digit flight number from numbers given to her from the members. From information obtained by Dorothy Gumbrecht from questions asked of 10 members, he correctly gave their responses. Linda Sproviero assisted Flavian with his next demonstration. He had her hold a board which had nine hooks on it. Without seeing the numbers on nine discs, he asked a different member to tell him where to place each disc in a row. They were asked to move them around as they pleased. He turned each disc over to reveal their assigned number. Before he started this demonstration he gave Peter Kepsel an envelope containing a number. He asked Peter to add the numbers in each of the three

columns which were given by the members. The total added was the same total in the envelope. Flavian asked Jerry Hackel to take a deck of cards, mix them up and then place them in the box they were originally in. Then Jerry took a knife and put it in the box and took the cards out of the box and held on to the card the knife had landed on. Flavian then took a place mat which had all the cards in the deck printed on one side and the backs of each card on the reverse side of the mat. He then gave the mat to Susanne Kepsel to hold. Flavian then asked Jerry to identify the card and Susanne to look at the mat. The same card Jerry was holding was the only one that appeared on the side of the mat which had the backs of all the other cards. During the meeting, the members were informed that the November 9 program will feature Kevin Woyce who will give a visual presentation on the NJ State Parks. On December 14, the Annual Christmas Party will take place at the Crow's Nest. On January 11, 2013, Elaine Winter will provide a program discussing the help available to patients and caretakers of Alzheimer's disease.

AARP Chapter 418 meetings are second Friday of the month, at the M & M Building, 116 Holt Street, Hackensack. Refreshments are served from noon to 12:30 p.m. followed by the meeting. Seniors who have AARP membership and live in Hackensack, Hasbrouck Heights, Little Ferry, Maywood, Rochelle Park, and South Hackensack are welcomed. *Story by Peter Gallo Jr. ###*

November Birthstone
Topaz

November 2012 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, November 5, 12, 19, 26
10:00 a.m. to 1:00 p.m. Games, cards & coffee
11:00 a.m. Mahjong
10:00 a.m. to 3:00 p.m. Senior Lounge open
Tuesday, November 13, 20, 27
10:00 a.m. Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Card Game Night
Wednesday, November 21, 28
10:00 a.m. Games, cards & coffee
2:00 p.m. Senior Aerobics \$1.00
10:00 a.m. to 2:00 p.m. Senior Lounge open
Thursday, November 1, 8, 15, 29
10:00 a.m. Games, cards & coffee
11:00 a.m. Mahjong
2:00 p.m. Senior Yoga \$1.00
10:00 a.m. to 2:00 p.m. Senior Lounge open
Friday, November 2, 16, 30
10:00 a.m. Games, cards & coffee
10:00 a.m. to 3:00 p.m. Senior Lounge open
Friday, November 9, 30
10:00 a.m. Fun Bingo
10:00 a.m. to 3:00 p.m. Senior Lounge open
Check Center Bulletin Board for any changes

November 6 is Election Day -- the Senior Center is closed. The building is open and activities may be held in the Community Room.

The Municipal Building will be closed Thursday, November 22 and Friday, November 23. No garbage pick up on those days.

CLUB MEETING SCHEDULE

Wednesday, November 7
10:00 a.m. Leisure Club Executive meeting
Wednesday, November 14
12:30 p.m. Monthly meeting. Entertainment provided by Johnny B & Barb

UPCOMING EVENTS

OPEN TO ALL SENIORS

Trip to Colucci's Ristorant
Thursday, November 15
\$48 pp. Transportation, luncheon, show. Uncle Floyd's "A Crazy Christmas."
Call Cathy at 201-288-6651
Annual Christmas Party
Monday, December 3, Noon to 4 p.m.
\$39 pp. the **Fiesta**. Call Dorothy at 201-288-0525.

Lodi Seniors Club Seeks New Members

The Lodi Senior Citizens Club is open every Thursday for recreational purposes to anyone 55 or older who lives in Bergen County, including all neighboring towns. Recreational choices are senior yoga from 11 a.m. to noon, followed by Bingo at 1 p.m. Line dancing starts at 1 p.m. Games, ping pong, billiards, cards, or bocce in season or, you can just sit and chit chat. For members, the charge for a Thursday visit is 50 cents. The membership fee is \$10 per year. The cost for the day is \$2 pp. Refreshments are served. You do not have to be a member. Details for the December 7, 2012 Christmas Party are being planned. For more information about the Club, call Rosalie at 973-340-9091. If you need a ride, call Reini at 201-982-0051. ###



Pharmacist Corner

Medicare Part D 2013 Important Changes

It is time to start shopping and enrolling in a 2013 Medicare Part D plan. The open enrollment period begins October 15th and will continue until December 7th. The Part D plan coverage, whether you stay on the same plan or change to another, starts anew on January 1, 2013.

This year there are 29 Medicare Part D (PDP) plans. Monthly premiums range from a low of \$15 to a high of \$116.70. The least expensive plan without the \$325 deductible (last year it was \$320), costs \$29.10 monthly.

The donut hole or coverage gap starts when the total cost of what you pay and the insurance company pays equals \$2,970.

The good news this year is there is less out of pocket exposure during the gap coverage. After reaching the \$2,970 amount, you pay 47.5% of the

cost of brand name prescriptions and 79% of the cost of generic prescriptions. After a total expenditure of \$6,733.75, catastrophic coverage starts where the copay is a max of 5% of the total cost of the drug.

Selecting a plan is a very individualized process. I have many couples that are on different plans because they are on different drugs. The most important factor in choosing the right plan is making sure the drugs you take are covered by the Part D plan. The next factor is what is the copay you are responsible for on top of the monthly premium paid to the plan. The last factor is adding in whether the plan has a deductible or not. All those combined will lead you to picking the right plan.

Since Medicare Part D started I have guided many people, more than 400 each year over the past 3 years, in determining which plan best meets their prescription needs.

There are a few tricks that plans use to entice people to choose their plan. The best way since day 1 to choose the right plan has been to enter your drugs into the Medicare Plan Finder website.

If you would like to meet with me for a FREE consultation, at worst just for peace of mind, call **Heights Specialty Pharmacy** at 201-288-0404 to schedule an appointment. ###

Sam Papasavas, RPh, is owner and Pharmacist at Heights Specialty Pharmacy and Gifts, 450 Boulevard, Hasbrouck Heights, NJ, 201-288-0404. ###

Program Helps Adults Self-Manage Chronic Diseases

The Program called "Take Control of Your Health in New Jersey" was developed by the School of Medicine at Stanford University in California as the Chronic Disease Self-Management Program (CDSMP) and is recognized internationally as a premiere, evidence-based health promotion and disease prevention program.

"Take Control of Your Health" is a community workshop held for 2 1/2 hours once a week for six weeks. Workshops are provided at no cost and will be offered on Mondays from 2 p.m. to 4:30 p.m. beginning Monday, November 5, 2012. The meetings will be held at The Free Public Library of Hasbrouck Heights in the conference room.

During workshops, participants learn strategies for managing symptoms, working with health care professionals, setting weekly goals, problem-solving, relaxation techniques, handling difficult emotions, eating well, and exercising safely and easily.

People who have completed the course report improvements in physical activity, stamina and pain control, better communication with their health care providers, and reduced doctor and hospital visits. The program has grown in New Jersey since 2006. There are over 3,000 people who have completed a community workshop.

Registration is required. Spaces are limited. To register please log on to <http://hasbrouckheights.bccls.org> and go to calendar or call The Free Public Library of Hasbrouck Heights at 201-288-0488. This community workshop series is sponsored by the Hasbrouck Heights Health Department in conjunction with the Health Awareness Regional Program of HackensackUMC. The program is free. Participants are expected to attend all of the sessions and to purchase a companion class book for \$20. ###



Filling You In

By Jeffrey E. Mason, D.M.D.

A Burning Feeling

More than 10 percent of Americans experience the burning and discomfort of heartburn every day. What many don't know is that heartburn, or acid indigestion, is a common symptom of chronic acid reflux, also known as gastroesophageal reflux disease (GERD).

What is acid reflux and GERD?

Acid reflux occurs when muscles of the lower esophagus relax and allow stomach acids to flow upward into the esophagus and even the mouth.

These stomach acids can cause irritation and inflammation of the esophagus while negatively impacting your oral health.

Acid reflux may progress further, developing into GERD. In patients who have GERD, the esophageal muscles are unable to keep stomach acids from flowing upward, causing corrosion of the esophageal lining and the uncomfortable burning sensation associated with heartburn.

Signs and symptoms

Though often times difficult to detect, GERD can be associated with the following signs and symptoms:

- Heartburn
- Difficulty swallowing
- Regurgitation
- Burning sensation in mouth
- Sore throat
- Nausea, vomiting, belching
- Chronic coughing
- Erosion of tooth enamel
- Tooth sensitivity
- Chipping, discoloration of teeth
- Bad breath

How does GERD affect your oral health?

In addition to damaging the esophagus and increasing your risk of esophageal cancer, over time GERD can erode tooth enamel.

Research indicates tooth enamel begins to erode at a pH, or acid level, of 5.5. With a pH of less than 2.0, your stomach acid can easily damage tooth

enamel and cause increased tooth sensitivity, decay, discoloration, and chipping.

Treatments and lifestyle modifications

GERD can be diagnosed by your physician using a variety of tests, including pH monitoring, x-rays, or endoscopy. Though GERD is a chronic condition, its symptoms can be treated using medications and lifestyle modifications. In addition to taking over-the-counter antacids and prescription H-2 receptor blockers, you can reduce GERD symptoms by:

- Avoiding trigger foods and beverages, including chocolate, spicy/greasy foods, tomato based foods, alcohol, and coffee.
- Quitting smoking
- Refraining from eating several hours before bed or lying down two to three hours after eating.
- Losing weight if you are over weight or obese.
- Avoiding tight clothing

Protect your teeth against acid reflux

Practicing good oral hygiene is the best way to prevent acid reflux or GERD from damaging your teeth and causing decay. In addition to brushing twice a day, you can take the following steps to ensure GERD doesn't impact your oral health:

- Visit your dentist regularly for tooth enamel evaluation.
- Use dentin-sensitive toothpaste.
- Rinse your mouth with water following acid reflux episodes.
- Do not brush teeth for 60 minutes after consuming acidic foods or drinks.
- Dissolve baking soda in water and swish around the mouth after acid reflux occurs.
- Receive fluoride treatments to strengthen your teeth.
- Avoid over-the-counter antacids, especially at night, that have a high sugar content.

If you believe you may be at risk for acid reflux or GERD, speak with your dentist or physician. Though GERD can be incredibly damaging to your oral health, lifestyle modifications and treatment can help ensure your teeth remain safe and healthy.

Ref: 2012, Academy of General Dentistry patient education publications.

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Carlstadt Senior Friendship Club

The Carlstadt Senior Friendship Club meets on the first and third Wednesdays of the month at the Civic Center. Refreshments are served at 1 p.m., with the meeting commencing at 1:30 p.m.

The Carlstadt Borough Nurse was at the October 17, 2012 meeting to take blood pressure readings and administer flu shots to members who requested it. The nurse will be

at all the Senior Club meetings held on the third Wednesdays.

Also on October 17, a speaker from the Fire Department talked about fire prevention. On November 7, a speaker will talk about resolving the clutter problem.

As a reminder, October 30 is a bus trip to Caesar's in Atlantic City. Call Dolores at 201-939-5163. ###

Vic's Hoofers Auxiliary

The Vic's Hoofers Auxiliary is a women's social club that meets the first Thursday of the month at the Carlstadt Civic Center. Meetings are held at 7:30 p.m. and an evening of fun and games are enjoyed. This month's fun game is Scattergories. Refreshments are served and new members from Carlstadt, Wood-Ridge, East Rutherford, Wallington and surrounding towns are invited. Call Dolores 201-939-5163 for details. ###



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It's Flu Season
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Veterans Today

By Thomas Marshall

Applebee's on Ridgewood Avenue in Paramus is hosting a Flapjack Fundraiser breakfast to support The Vietnam Veterans Chapter 800 on November 4, 2012, from 8 to 10 a.m. The cost for the breakfast is \$8.00. For tickets call 201-641-9740. Come out to Applebee's and support our Vietnam Veterans.

Veterans Day is on November 11. Little Ferry will host a Ceremony at 11a.m. at the schools on Liberty Street. Come out and attend the ceremony. Refreshments will be served afterwards.

November is also the month we celebrate Thanksgiving. We have come to know it to be on the fourth Thursday of the month in November. Also, it has become known as the start of the holiday shopping season.

This was not always the case. You see, the Pilgrims that settled in Massachusetts were struggling to survive in the new world. It was their custom after victory in battle or surviving a famine or sickness, even bad storms, to proclaim a day of Thanksgiving. Setting aside a day to thank God for the good fortune they received.

The Virginia Colonists proclaimed that the day of their arrival by ship was to be celebrated by a day of Thanksgiving, basically thanking God for their safe arrival to the new world. So as you can see, it was not necessarily set in one month on one Thursday. They could be declared by the local governor at any time of the year.

So it was in 1621 the Pilgrims and the Wampanoag Tribe of Native Americans sat down to a harvest feast. The Pilgrims were grateful to the Tribe that aided them in hard times. They ate together to celebrate a successful harvest on that year and also enjoyed the fruits of their labor. This was a harvest feast and was celebrated after every harvest that went well. This was not necessarily a Thanksgiving, but this is what we attach the roots of the holiday to today.

That's not the whole story with Thanksgiving though. During the Revolution in 1777 Congress declared the 18th day of December of that year to be a day of Thanksgiving and Praise to thank God for the victory at the battle of Saratoga. They also wished to use the day to confess sins and ask for God's blessing on the governments of the States and ask Him to give us independence and peace.

President George Washington proclaimed a day of Thanksgiving on Thursday the 26th day of November 1789 to

be devoted by all citizens in one voice to thank God for the many blessings bestowed upon our young country. He also declared a Thanksgiving in 1795.

President Adams declared a day of Thanksgiving in 1798 and 1799. President Madison did so in 1814 to mark the end of the War of 1812. President Lincoln declared the last Thursday of November to be a day of Thanksgiving, to thank God for our good fortune and to ask Him to heal the nation and end the Civil War. This became the date of tradition for many years.

In 1939 President Roosevelt moved Thanksgiving back a week because in that year, November had five Thursdays. He wanted to extend the Christmas shopping season to help the stores make money during the depression.

This upset a lot of people because the nation was used to the last Thursday like Lincoln had proclaimed. Many states ignored him and held it on the fourth Thursday anyway. To settle the problem, Congress decided to set Thanksgiving on the fourth Thursday of November every year.

National Thanksgiving days were used to thank God for his blessings and also for the people to repent their sins.

So, as a result many actually fasted on Thanksgiving days. I couldn't picture that in modern times but doctors and scientists say we are overweight as a Nation; maybe some fasting is in order. Let me think about that. No it wouldn't work for me. One whiff of

cooking turkey and the fasting is out. Don't judge me, I know I'm not alone.

The food tradition of the holiday comes from the original harvest festival the Pilgrims had with the Wampanoag's. They had squash, pumpkin, corn, fish, poultry, clams, venison, onions, lobster, and peas all on the menu. This changes with different cultures but the meaning is the same. Families get together and are reminded and grateful for all the good things in their lives and enjoy good food.

Football enters the picture on the Thanksgiving Holiday because many high schools mark the end of the season on that day. The NFL took advantage of everyone having the day off and decided to schedule games. So there you have it, food, football and naps. I don't think that's what the Pilgrims had in mind but I'm a long way from Plymouth Rock.

Ever since the 19th century it has come to be a custom for the President to receive a gift of a choice turkey to be used by the first family. When I say choice turkey I mean 25 lbs. of feathers and meat. That's one big bird. There is a presentation ceremony and a press conference. It has also become the custom for the President to pardon the bird and spare it from the dinner table. If you like turkeys don't vote for me. I couldn't promise a pardon.

Have a safe and Happy Thanksgiving. Remember our Soldiers, Airmen, Marines and Sailors that help to make it possible to enjoy all our holidays. Don't forget to vote -- it's your duty as a citizen. ###

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Happy Thanksgiving

Veterans Day Services

On Saturday, November 10, 2012, **Wood-Ridge** Veterans will have a Mass at Assumption Church at 7:30 a.m., followed by a light breakfast at the Senior Center. The Veterans Service will be held at the Monument at 10 a.m.

On Sunday, November 4, 2012, **The NJ Aviation Hall of Fame and Museum** will hold a regional "Salute To Veterans" program at 11 a.m. in their parking lot, 400 Fred Wehran Drive, Teterboro, NJ. Parking is available at Dassault/FalconJet, 200 Riser Road, Little Ferry, with a short walk to the Museum.

Carlstadt, Hasbrouck Heights, Lodi, and Moonachie will each hold brief Veterans Day services on Sunday, November 11, at 11 a.m., at their respective monuments.

Little Ferry will hold brief Veterans Day services on Sunday, November 11, at 11 a.m., at the Washington School monuments. Refreshments follow. Their VFW and American Legion will have services at their Posts at 10 a.m.

Origins: In 1921, an unknown World War I American soldier was buried in Arlington National Cemetery. Similar ceremonies occurred earlier in England and France, where an unknown soldier was buried in each nation's highest place of

honor (*in England, Westminster Abbey; in France, the Arc de Triomphe*).

These memorial services took place on November 11, the anniversary of the end of World War I at 11:00 a.m., November 11, 1918 (*the 11th hour of the 11th day of the 11th month*), which became known as Armistice Day.

Armistice Day officially became a holiday in the US in 1926, and a national holiday 12 years later. On June 1, 1954, the name was changed to Veterans Day to honor all U.S. Veterans. In 1968, new legislation changed Veterans Day to the fourth Monday in October. Since November 11 was a date of historic significance to many Americans, in 1978, Congress returned to its traditional date.

Official national ceremonies for Veterans Day center around the Tomb of the Unknowns. To honor these men, symbolic of all Americans who gave their lives in all wars, an Army Honor Guard, the 3rd U.S. Infantry (*The Old Guard*), keeps day and night vigil.

At 11 a.m. on November 11, a combined color guard of all military services executes "Present Arms" at the tomb. The nation's tribute is symbolized by the laying of a Presidential wreath and the playing of "Taps." ###

**Honor Those Who Served --
Fly Your Flag November 11th**



The NJ Aviation Hall of Fame Presents a

Regional Salute to Veterans

November 4, 2012

Sunday • 11 a.m. to 11:30 a.m.

This Ceremony is Open to All

**Honor Those Who Served
We Owe Them Everything**

The brief ceremony will be held at the Museum parking lot on Fred Wehran Drive. Park in the Dassault FalconJet lot with short walk to Museum. Limited handicap parking available. Inclement weather-- Ceremony held inside Dassault FalconJet.

Memorial Wreaths should be delivered Saturday, November 3rd

The Museum will re-open to the public at noon.

**Aviation Hall of Fame
& Museum of NJ**

400 Fred Wehran Drive, Teterboro Airport
201-288-6344 • www.njahof.org

Get Out the Vote

The Auxiliary sponsored a "Get Out the Vote Program" during Little Ferry's Family Fun Day on September 22, 2012. They provided voter registration, name or address change and absentee ballots, table decorations, posters, etc.

They gave out small American Flags and a gift bag containing patriotic symbols tied with a Buddy Poppy to children. *Story and photo by Adele Rovito. ###*



dren. *Story and photo by Adele Rovito. ###*

Gold Star Mothers Remembrance Service

The John H. Gertz Unit 310 Auxiliary in Little Ferry is searching for Gold Star Mothers in the Moonachie, Little Ferry, South Hackensack and surrounding areas.

The Unit conducted a Gold Star Mother's Day service on September 30, 2012, at the Legion Home Post with readings, lighting candles and placing a Gold Star at the American Legion Memorial Monument.

The last Sunday in September has been designated by Congress as Gold Star Mother's Day. Gold Star Mothers Inc. was formed shortly after World War I to provide support for mothers who lost sons or daughters. Additionally, to give loving care to hospitalized Veterans confined in government hospitals far from home.

The Members of Unit 310 are deeply grateful to the Gold Star Mothers whose sons or daughters gave the supreme sacrifice in the line of duty and would like to contact them to offer support and recognition.

If you are interested, please contact Madeline at 201-641-9274, Diane at 201-440-6678 or

Beatrice at 201-641-3098. You do not have to be a member of the Auxiliary Unit. They just

want to know who you are and sincerely say "Thank You." *Story by Beatrice Stoft. ###*



The Auxiliary members opened with the singing of the "Star Spangled Banner," a prayer was delivered, a history of the Gold Star Mothers was provided. Two poems were read, "The Gold Star Mothers Prayer" was recited and the final roll call given. Photos by Adele Rovito. ###

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American Legion Post 106 Installs 2012-2013 Leaders



The members of the James B. Scarr Post 106, American Legion were all decked out in their new official short sleeved white shirts with a bolo tie for the occasion of their 93rd Anniversary. The luncheon was held on September 29, 2012 at Al Di La Ristorante in East Rutherford. Bergen County's American Legion Commanders Robert Salvini was on hand to administer the oath of Office to the 2012-2013 officers.

The following elected officers were installed: Commander, Michael J. Cahill; Adjutant, Frank Zabransky; Finance Officer, Gilbert A. Hunt; First Vice Commander, Patrick McCarthy; Second Vice Commander, Joseph T. Cavalli; Chaplain, Stephan Herinya; Judge Advocate, Robert Riker Sr.; Sergeant At Arms, Joseph F. Romano; Americanism Chairman, Joseph P. DePalma; Publicity/Historian, James White; Rehabilitation Chairman, Melvin Thompson; Membership Chairman, Robert J. Burns; Service Officer, Melvin Thompson and Boys State

Chairman Peter J. Gallo Jr.

Also present were State Department Vice Commander Roger Gengaro, Bergen County's American Legion Vice Commander Maenard Burgess, Bergen County's American Legion Trustee, Frank Jiosi Sr., and also the members of the Post and the wives of past and present Post members.

Commander Cahill was re-elected for the 15th time. He

reminded all that along with the installation of officers the Post was celebrating its 93rd Anniversary. He then reviewed the many accomplishments made by the Post during the past year and highlighted the Legion's consistent support for local boys to attend New Jersey Boys State Program, the annual high school essay contest, the high school scholarship, the coordination of the Annual Memorial Day Parade and Veterans Day Services, and the many donations the Post has made to local and state Veteran programs and projects.

Commander Cahill also announced that the new official legion shirts will be worn proudly at all memorial services, parades, Post social functions and ceremonies. *Story and photo provided by Peter Gallo Jr. ###*



Congratulations to the Nemec Sisters who chaired the Buddy Poppy Program for the VFW Ladies Auxiliary Post 809. They entered the winning poppy display at the VFW Bergen County District 2 official visit, held in Elmwood Park. (l-r) Kathie Nemec, Donna Tutuian, State Conductress, Kathleen Marshall, State President, Deborah McLendon, State Sr. VP and Roseann Nemec. Story and photo by Adele Rovito. ###

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8:00 a.m., 10:00 a.m., Noon
Daily Masses: (Church)
Mon. - Fri., 7:30 a.m., 12:05 p.m.
Confession: Sat. 11:00 - 12:00 p.m.

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9:30 Discipleship Hour for all ages
11:00 a.m. Morning Worship Service (Contemporary)
Evening Service as announced

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Rev. Juan Camilo Restrepo
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Deacon Paul Carris
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8 a.m., 10 a.m., 12 noon, and 6:00 p.m.
Daily Masses:
Mon.-Sat. - 8:00 a.m.
Reconciliation (Confession): Sat. 4-4:45 p.m.
Corpus Christi Church/School Websites
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School: www.corpuschristischool.net

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7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
Filipino Mass, 3rd Sunday of the month at 1:15 p.m.
Daily Masses: M-F 7:00 a.m., Noon • Sat. 7:30 a.m.
Holy Day Mass Eve: TBA
Reconciliation (Confession): Sat. 4 p.m.
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

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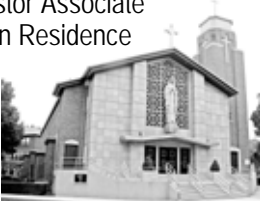
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Fr. Francis K. Kim, OFM, M.Div., In Residence
Deacon Francis Materia
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8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
Mon.,-Sat.: 7:30 a.m. • Holy Hour: Fri. after 7:30 a.m. Mass
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Reflections

A Time for Reflection and Open Hearts

By Fr. John J. Galeano, Pastor
St. Francis de Sales, Lodi

Each day a priest has the opportunity to reflect, in a special way, on the Word of God.

Whenever we celebrate Mass, the Eucharist, we not only reflect upon God's word in the homily but we are open to the transformative power of that word through the action of the Holy Spirit. "Lord, cleanse my heart and my lips that I might worthily proclaim your gospel" with those words the priest or the deacon prepares himself to proclaim the gospel in the liturgy.

I often think of the power of those words – that prayer for cleansing is a prayer to be open to the power of God's love and the means by which God changes our hearts and draws us closer to himself – it is a prayer that the priest offers for all of those who hear the gospel message.

The Liturgy for the month of October provided several feasts that emphasize the transformative power of God's love and action in our lives:

- On October 2 we celebrated the Feast of the Holy Guardian Angels, which commemorates God's personal care for each of our lives through the ministry of angels and reminds us that when we care for one another we are doing God's work;
- On October 4 the Feast of Saint Francis of Assisi is celebrated, Saint Francis is perhaps the most beloved saint

in the Catholic Church, as we celebrate his feast we become more mindful that, like Saint Francis, God must be first in our lives so that we can become "instruments of peace," as the Prayer of Saint Francis so wisely directs us;

- On October 7 we celebrated the Feast of Our Lady of the Holy Rosary, directing us to live in imitation of the Blessed Virgin Mary, who was singularly and perfectly open to God's word.

Meditation upon the mysteries of the Holy Rosary, the Joyful, Sorrowful, and Glorious, as well as the Mysteries of Light, recently added to the Rosary by Blessed John Paul II, draws us more deeply into the truths of our faith that we strive to live by and which we hope and trust will lead us to eternal life with the Lord.

- On October 28, we observed the feast of Saint Jude Thaddeus, Apostle to impossible causes. Saint Jude has so many devotees because so many are convinced that God will never abandon those in need. They are right. But Saint Jude also challenges us to be apostolic ourselves in our commitment to be messengers of God's love to others.

October is always a special month for Catholics – filled with joyous feasts. But this October is especially important.

- On October 11, Catholics

began the "Year of Faith" called for by Our Holy Father, Pope Benedict XVI, in commemoration of the fiftieth anniversary of the beginning of the Second Vatican Council. Vatican II renewed the Church's emphasis on the universal call to holiness of all of the faithful and sought to renew Church life – a renewal that is ongoing.

Thankfully, our reflection in the liturgy in the month of October seeks to create in us an interior renewal by remaining close to our heavenly friends, like the Virgin Mary, the Guardian Angels, Saint Francis and Saint Jude who assures us that God directs and guides our lives.

As we close October on the 31st we observe what seems like a secular celebration today, motivated by consumerism, but Halloween has roots that link it to the next month – November – on November 1 we celebrate the Feast of All Saints – on the 31st of October we really might think not as one more chance to buy and sell merchandise but as an opportunity to remember that we are linked to all of the saints who are our friends and who are a light in darkness freeing us from fear. ###

Holy Trinity Lutheran Elects Moser as New Minister of Music

Holy Trinity Lutheran Church in Hasbrouck Heights announced the election of George W. Moser as their new Minister of Music.

A graduate of Westminster Choir College, Mr. Moser served as Director of Music and Organist at St. John's Lutheran Church in Summit, NJ, from September 1996 until October 2012, where he directed a program of singing and handbell ringing choirs.

Prior to coming to Summit, Mr. Moser served Churches in Newark, Ohio; Battle Creek, Michigan; and Clearwater, Florida. While at Westminster Choir College, Mr. Moser was an organ major, studying with Gale Enger and William Whitehead. His Post-Graduate organ study was with G. Dene Barnard in Columbus, Ohio. He was commissioned as an Associate in Ministry of the ELCA in June 1986.

Mr. Moser has over 20 years of piano teaching experience. He is a member of the Harmonium Choral Society, a 100-voice semi-professional chorus based in Morristown, NJ.

Mr. Moser will also serve as Minister of Music for The Lutheran Church of the Redeemer in Maywood. ###

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Columbus Day Pasta Dinner

On Sunday night, October 7, 2012, the Knights of Columbus held their Annual Pasta Dinner in the Corpus Christi School Cafeteria from 5 p.m. to 7:30 p.m. This dinner featured a generous helping of pasta, freshly made sauce, meatballs, soda, cake and coffee. Event included Tricky Tray and 50/50 raffle. All proceeds go to support Knights of Columbus charities. ###



Turkey Dinner at Reformed Church

Neighbors enjoyed a delicious homemade dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 13, 2012. The buffet style, all-you-can-eat dinner was sponsored by The Guild for Reformed Church Women of the First Reformed Church. Take-outs were also available. ###

Rosary Altar Society of Assumption Parish

The Society also has some wonderful events that are not only fun but rewarding in the spirit of giving and support of those in need. Events such as a spectacular baby shower for the Birthright organization for moms in need. In addition, we have a cake sale, they also enjoy celebrations together at an annual Communion Breakfast, Christmas Party and annual picnic in June. The San Alfonso Retreat is an amazing experience that many of the Rosarians also participate in.

They honor Mary in the month of May with an evening of reflection and the Coronation of the Blessed Mother with the assistance of the First Communicants.

The Rosary Altar Society is more than just the ladies responsible for the altar linens. Don't be fooled though, they are passionate about the care of the altar linens. Above all, our love and dedication to the Blessed Mother is our ultimate bond. We begin each meeting by praying the Rosary together and celebrating Mass as a family followed by refreshments and conversation. All women

of the parish are always welcome and encouraged to join, especially now at a time when life can seem stressful and demanding. Meetings are the first Tuesday of each month from September to June at 6:45 p.m. in the Hayes Center. *Story by Rose Lepore. ###*

SWIM Announces Fall Project

During November, Holy Trinity's From the Porch Ministry will be collecting new or handmade men's scarves, hats, gloves or mittens, and socks. These will be shared with the men at St. John's Shelter in Hoboken as well as with those who are fed by the lunchtime ministry at St. Matthew's Lutheran Church, also in Hoboken.

Please leave any winter items you would like to contribute in the bins on the porch at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. If you need additional information, please call 201-288-6889 and visit their website at holytrinityhasbrouckheights.com. ###

Rosary Society of Corpus Christi Church

The next General Meeting of the Rosary Society is Thursday, November 8, 2012, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Church

Here are some reminders for the November meeting: (1) Please bring your gifts (new and unwrapped) for our annual Christmas Stocking project for the benefit of local children. The list of the children's ages and sizes was distributed at the October meeting, but if you have any questions or need a list, call Karen at 201-288-5738.

Donations (new items) for the Christmas Gathering raffle will be collected.

We invite the women of the parish to join for our Christmas Gathering - always an enjoyable start to the holiday season. It will be at The Graycliff in Moonachie on Wednesday, December 5, at 6 p.m. Ticket price is \$40 and includes hors d'oeuvre, a full-course dinner with three entrée choices, dessert and coffee. Tickets will be available at the November meeting. For reservations and information, please call Kathy at 201-288-6651 or Linda at 201-288-1246.

We encourage the women of the parish to join the Rosary Society in prayer and service to the parish. Members are required to say one decade of the Rosary daily, attend monthly meetings, pray the Rosary for deceased members, and participate whenever possible in various service projects. Call Membership Chairperson Dee Sullivan 201-288-7415 for further information. *Story by Carol Viceconte. ###*

Ministry Fair November 10-11

Assumption Parish of Wood-Ridge will be having a Ministry Fair following all Masses on Saturday, November 10 and Sunday, November 11, 2012.

The Ministry Fair will take place in the Father Patrick Morris Hall. New Parish members are encouraged to visit the fair and become familiar with what our Parish has to offer.

This is a perfect opportunity to explore the many ways you can fulfill your calling to offer your time and talent. Joining a Ministry is a wonderful way to enrich your life while sharing your gifts.

There will be a children's table with crafts and fall fun as well as refreshments served. For more information please contact Rose at 201-933-6118 or email at assumptionrose@yahoo.com ###



HH Contemporary Club Attends Conference

Hasbrouck Heights Contemporary Club members Helen O'Shea, Marge Heeren Pat Link attended the Mid Atlantic Conference in Lancaster, Pennsylvania. The conference is made up of four states: New York, New Jersey, Pennsylvania and Delaware.

Women from each state gather and discuss issues during the conference on topics such as: (Healthcare) and Welfare, Good (Leadership) Qualities,

Finding & Maintaining Members (Membership) and (Fundraising) - finding ways to make the money needed for the various projects

There were workshops and meetings where the members listened to speakers and asked questions on these topics.

The conference was interesting and they learned and shared ideas with each other. Pictured are Pat, Helen and Marge at the banquet dinner. *Provided by Pat Link. ###*

Grief Support Group to Start

My Journey With Grief is a mutual support group sponsored by South Bergen Larger Parish and led by Lay Pastor Linda Van Kampen. The Group will meet every 2-3 weeks for 7 sessions, beginning on November 4, 2012. Anyone who has experienced a loss is invited to attend, no matter how recent or distant the loss.

Charlie Brown, the cartoon character created by George Schultz, popularized this phrase, "Good Grief!" For most of us, however, grief seems anything but good! Yet if we explore our thoughts, emotions and experiences within a caring, supportive community, some of the pain will fade away and we will see our experience with a new perspective.

Everyone is affected by life and by death, but no two experiences are quite the same. Take advantage of this opportunity to share and grow!

Contact the Larger Parish office at 201-438-8966 to register. There is no charge and everyone is welcome, but for planning purposes, please call. ###

Food Bank

The Hasbrouck Heights Food Pantry is open Mondays from 9:00 a.m. to 11:00 a.m. for residents. Donations are always welcome. Call Borough Clerk's office for more information at 201-288-0195. ###

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Eat, Live & Love

By Philip Miuccio



Thanksgiving Horror Missing Lasagna!

While I was growing up in NYC, during the course of the year, there were many fond memories that always held a special place in my heart.

A time when family and friends would gather at someone's home and enjoy food, wine, music, laughter and above all each other's company at BBQ's, pool parties, birthdays, anniversary parties, weddings, christenings and holidays like Memorial Day, 4th of July and Labor Day celebrations. I am sure that for many of you, your best memories, like mine, are centered around special occasions such as these as well. But the one that remains the most special was, to this day, Thanksgiving.

Thanksgiving has always been my most favorite holiday. A real family and friend holiday without all the stress of trying to figure out what gift to buy someone. A holiday in its simplest form to give thanks and be grateful for what we have and for having friends and family to share it with.

In our home this event was planned in advance for what seems like 6 months. From the guest list to the menu no detail was overlooked. My brother Michael and I would sit at the dinner table at night and listen to my Mother, Gloria and Father, Sebastiano begin the process of organizing "The Holiday:" "Benny," her nickname for him, "I think we should invite the Bronx this year."

Now I have to tell you that my relatives were referred to by where they were living at the time. While the family was

not that large, we did spread out to areas of the Bronx, Manhattan, Long Island, Connecticut, South Jersey, Hudson, Bergen Counties, Moonachie and Wood-Ridge. If the family was any larger they no doubt would have headed west but the thought of Italian style Tex-Mex food sounds a bit troubling.

Once the group of attendees were selected the menu was discussed in great detail, you see, Thanksgiving in an Italian household meant not only the turkey but many other courses as well. The "pre-game" always started with antipasto, followed by fried vegetables, stuffed mushrooms, artichokes, salad and of course the star of the menu, not the turkey but the pasta course, Mom's specialty, "The Lasagna."

Mom took great pride in her lasagna and everyone who ate it truly enjoyed it. A lot of time and effort went into this one dish alone. My brother and I would help Mom with some of the other dishes, stuffing the mushrooms and the artichokes, preparing vegetables for frying, putting the salad together, all so Mom could devote more of her time to "The Lasagna".

First, a sauce was made with beef and pork and meatballs; yes it is sauce, we discussed this already, so get over it! After that the pasta was cooked al dente, a cheese mixture with ricotta was made as was a meat mixture.

Once these were done the assembling of this masterpiece could begin. A little sauce on the bottom of the pan followed by the pasta sheets, next came some of the meat mixture, then the cheese mixture, a little more sauce followed by another

layer of pasta sheets. This was repeated several times until it was almost busting out over the pan and was then finished off with a healthy amount of fresh mozzarella cheese.

The task of checking "The Bird" by Mom was always met with her standard Thanksgiving statement, "That bird is waving at me." However, the real reason to open the oven was to check on the progress of "The Lasagna." Once the edges started to curl up a bit and get golden brown and crisp, it was done. The smell was intoxicating.

By now guests were arriving and exchanging smiles, kisses and hugs. Some brought wine, special bread from the Bronx, (*is there any one kind*), pastries and whatever else they could think of, as there was a fear that there would not be enough food. That never happened; in fact it never even came close!

Anyway, the meal would start with the antipasto which was a tease as everyone was waiting for the big hitter, "The Lasagna." Of course, after having "The Lasagna" there was no room for anything else....for at least 3 hours...which is the time it took for everyone to regroup after taking naps in the living room.

Well, one year, while Mike and I left for early Mass, there was already a fabulous smell in the house; of turkey in the oven and the pot of sauce, YES SAUCE DAMN IT, simmering on the stove.

After Mass we returned home to get our "Breakfast of Champions," a small dessert bowl of one slice of Italian bread covered in sauce with a meatball cut in half with a sprinkling of grated cheese on top, after all you had to save room for the main meal.

As the family sat down to begin the feast, imagine the look of shock and disbelief as the meal started and we were presented with ziti!!! Holy Crap what the hell happened!

There was no discussion about this, my brother and I looked in amazement.

Years later when the movie "The Christmas Story" came out and I saw the scene where Ralphie is flipping out over the turkey dinner that was devoured by the Bumkus hound dogs, it brought back the same horror to me as when I learned there was no lasagna!.

No Lasagna, no left over lasagna, no little lasagna bites, it was Gone ALL GONE! Now while the sauce was great as was the ziti it certainly was not lasagna. Listen Ziti, I knew lasagna; I was friends with lasagna, Ziti you are no lasagna!

Finally one of the relatives spoke up. "Cu-ma-da Gloria, Ma what-a Happen-a No lasa-

gna this-a year-a"? My Mom smiled and simply said "Oh who has time for that, it is too much work."

Now how could anyone argue with that simple statement, but this was almost too much of a shock to take. A tradition cut off at the knees or the lasagna pan if you will.

The next few years, we would have raviolis which was Mom's way of softening the blow, but that finally gave way to not having pasta as a first course at Thanksgiving at all. Mom did make the lasagna a few more times after that but sad to say never again on Thanksgiving.

Fast forward to the first Thanksgiving held in my house in Wood-Ridge circa 1988, I was determined to bring "The Lasagna" back!

As I started to lay out the plan of the "return of the Thanksgiving Lasagna" I explained all the details of the preparation of the lasagna with my wife, Carmen, who finally became the voice of reason by stating the obvious, that this dish needed to be prepared alone without the added pressures of the entire Thanksgiving meal.

I now understood why Mom was so exhausted and was amazed that she used to make this dish with everything else for the holiday meal.

I realized that "there was just not enough time Michael; not enough time," to pull this feat off. So at the start of the meal with Mom and Dad present, the family sat down to eat the first course of.....ravioli. Mom looked at me with a little smile and said "What happened no Lasagna" To which I replied with a smile, "Oh who has time for that, it is too much work." Mom looked at me and said "Son now you understand." Of course my first attempt at the family holiday was not without its own problems like the 30 lb turkey and 6 different pies for dessert but that is a story for another day.

A Peaceful and Happy Thanksgiving to you and your family.

Till Next time, Mangia, Viva, Amore!

Lasagna Recipe

1- Box lasagna sheets; follow the cooking instructions on the box

Toss with a little olive oil to keep from sticking together

Cheese mixture

1 container whole milk ricotta 16 oz

½ cup grated parmesan or Pecorino, if using pec cut down on the salt

4 eggs

Basil, at least 12 nice size leaves, minced

Salt to taste

Pepper to taste

Crushed red pepper 1/8 teaspoon, optional

Combine all ingredients and mix well

Meat Mixture - use the meat from the sauce

12 meatballs

4-6 pieces beef

4-6 pieces pork

4-6 sausage hot or sweet can mix

12 – Nice size basil leaves minced

Cut or break by hand or mash all meat into small pieces, mix a little sauce in to help with the mixing. You want everything mixed together but do not over mix, better to under mix it.

Now comes the fun part, the assembling of the lasagna. Get a large pan made for lasagna or a roasting pan if you do not have one; just make sure it is at least 3 inches in height. Take ½ teaspoon olive oil on bottom of pan and spread over the bottom and sides of the pan.

Take a little sauce, not much, and place on bottom just to cover -- should be about ½ a ladle. Next cover the bottom with pasta sheets, let them hang over the sides and if you have to cut some to fit the bottom it is not a problem. You are going to flip the sides up at the end. Next take a ladle of meat and spread over the pasta sheet, then cheese mixture, some shredded mozzarella, a little sauce and then another layer of pasta sheets, do not overlap these on the sides now, just cover the section to the edges, then repeat, meat, cheese, mozzarella, sauce and pasta sheets. You want to try to do at least 5 layers. On the last one flip the pieces that are over-hanging and then cover this with sauce and shredded mozzarella.

Cover the pan with aluminum foil. Place this pan on a large sheet pan just in case of it spilling, it will go on the pan instead of the oven. Bake at 350°-375° for 1 hour, after hour remove foil and leave uncovered for ½ hour, if the top is not brown enough place under broiler for 5-10 minutes but watch carefully.

After it is cooked remove from oven and place on counter or top of stove and lightly cover with foil and let stand for 20 to 30 minutes before cutting into it.

Cut out a wedge and serve with a little more sauce on it and grated cheese. Some basil to garnish. Tip: after you have made the cut of the piece you want to go to the left or right and make another cut, when you go to pull the piece you want out it should come out a little easier with the extra cut.

Savor and eat slowly, and enjoy Mangia, Viva, Amore. ###

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By Mary Ellen Courtney

**Buyer's Paralysis:
A Treatable Disorder**

We in the real estate business know these cases: they've looked at dozens of homes, letting one great home after another pass them by. They can't make a decision; it's like they're paralyzed. And you're ready to tear your hair out with frustration dealing with them...

Yet, to some degree, you understand and empathize with them. When looking to buy a home, you can sometimes become overwhelmed by all the choices and decisions that you'll need to make. And any one of them can mean serious financial consequences.

A home, after all, is hardly a liquid asset. Nor is it a growth investment, according to Wall Street definitions. It's your greatest financial debt, even while it puts a roof over your head. As it appreciates, it will also need repairs and maintenance....

But, you really do want to buy a home. You know that few purchases will provide you the quality of life that a home of your own does.

There are plenty of advantages, as well – tax breaks, rising real estate values (*they'll be back!*), a stable environment for the family, to name only a few. So you stifle your worries and keep looking at homes. You just can't find the one that's just right for you.

Face it! You've got home buyer's paralysis! Question is:

what can you do to get over it?

A good way to get over this feeling is to list what you are looking for in a home and divide the list further into "wants" and "needs."

These things could include your preferred location, type, size, features, proximity to friends, work, shopping and so on.

Keep this list handy when looking at potential homes. Then spend some time creating a list of each aspect of the buying process and proceed to work through each item by listing the options and what you hope to get out of each stage.

For example, detail the type of professionals you will need to consult, such as (*of course!*) your real estate agent, as well as lawyers, mortgage brokers, engineers, architects, etc. Then write down what advice or help you are looking for from each. Expect to make compromises on your "ideal" abode.

Then there's the little question of money. It's certainly easy to feel overwhelmed by the financial aspects of home buying, particularly when trying to determine what you can afford to spend and how large a mortgage you should apply for.

The best way to address both of these issues is to assess factors like your income, assets and liabilities. Also estimate future sources of income such as your likely salary in the coming years. Look at the costs involved in purchasing and maintaining your new

home, including tax and insurance rates.

Then apply what is known as the 20/28/36 rule. The '20' indicates that you should aim for a 20% down payment. The '28' means that your monthly home repayment should not exceed 28% of your gross monthly income. The '36' refers to monthly expenses, which should not be more than 36% of your gross monthly income. However, this is only a suggested approach and it's always best to consult a financial advisor.

Feeling paralyzed when buying a home is perfectly understandable. Overcoming it can be a life changing experience!

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

**Go Green at
Home with Style**

The Free Public Library of Hasbrouck Heights is hosting a seminar on how to go green in your home and save money to boot. The theme is "Go Green with Style."

This information-filled and entertaining seminar is scheduled for Tuesday, November 13, 2012, from 7 to 8:15 p.m. You will get tips and techniques from a professional organizer and designer Bernadette Flaim of the firm, The Flaim Group.

It seems everybody knows you can help the planet—and save yourself some cash—with big changes. But there are lots of simpler, lower-cost ways to improve your eco-scorecard, too. Bernadette will propose some low-stress steps to take around the house to reduce your carbon footprint, create a healthier home, do it stylishly and lower your monthly bills.

Call The Library at 201-288-0488 for details and to sign up or register online at <http://hasbrouckheights.bccls.org> ###

Chimney Safety Tips

Chimney maintenance is vital to your family's safety. The Hasbrouck Heights Fire Department offers these tips:

- Have your chimney inspected and cleaned on a regular basis.
- When possible, burn seasoned woods (*dryness of the wood is more important than hard wood versus soft wood*).
- Smaller, hotter fires will

burn more completely and produce less smoke than larger fires.

- Do not burn cardboard boxes or trash, as they can spark a chimney fire.

- Install stovepipe thermometers, which help monitor flue temperatures where wood stoves are in use, then adjust burning practices as needed.

###

Cold Weather Tip

Be sure to turn off your exterior water faucet.

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Home Equity Loan vs. Line of Credit

Both are sometimes referred to as second mortgages, because they're secured by your property, just like your original (first) mortgage. Home equity loans and lines of credit are usually for a shorter term than first mortgages. The most common type of mortgage runs 30 years, while equity loans typically have a life of 5 to 15 years.

The loan

A home equity loan, sometimes called a term loan, is a one-time lump sum that is paid off over a set amount of time, with a fixed interest rate and the same payments each month. Once you get the money, you cannot borrow further from the loan.

The line

A home equity line of credit (HELOC) works more like a credit card. You are allowed to borrow up to a certain amount for the life of the loan -- a time limit set by the lender.

During that time you can withdraw money as you need it. As you pay off the principal, your credit revolves and you can use it again.

Let's say you have a \$10,000 line of credit. You borrow \$5,000, but then pay back \$3,000 toward the principal. You now have \$8,000 in available credit. This gives you more flexibility than a fixed-rate home equity loan. Credit lines have a variable interest rate that fluctuates over the life of the loan. Payments will vary depending on the interest rate and how much credit you have used. When the life span of a line of credit has expired everything must be paid off. A lender may or may not allow a renewal.

Lines of credit are accessed by specially issued checks or a credit card. Lenders often require you to take an initial advance when you set up the loan, withdraw a minimum

amount each time you dip into it and keep a minimum amount outstanding. Financial institutions negotiate a home equity loan just like they do a mortgage: You have to pay off the loan or line of credit when you sell the house.

Which type should you choose?

The answer to this question is seldom black and white. To help you determine which loan best suits your needs, ask yourself:

- When do I need the money?
- For how long do I need the money? Is it for a short-term purpose, or a long-term?
- How long do I need to pay it off?
- How big a monthly payment can I handle?
- Would a line of credit tempt me to use the money carelessly because it works similar to having a charge card or checking account?

Ask your lender:

- How long is the term of the closed-end loan?
- What is the life span of a line of credit?
- How large a line of credit do I qualify for?
- Is my line of credit renewable when the life of the loan expires?
- What are the interest rates?
- Do I have to use my credit line right away? (If you're opening a credit line for future or emergency needs, you'll want one that doesn't require a minimum draw at closing.)
- Under what circumstances can you freeze, reduce or demand full payment of my loan?
- Can I lease my house during the time of the loan?
- Will you loan to me if my house is on the market (and at what rate)?
- If interest rates go down, how low will my loan go? ###

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Term	Rate	APR*	Payment (per month, per \$1000 borrowed)	Term	Rate	APR*	Payment (per month, per \$1000 borrowed)
5 years	3.625	3.625	\$ 18.25	15 years	4.250	4.250	\$ 7.52
10 years	4.000	4.000	\$ 10.12	20 years	4.750	4.750	\$ 6.46

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Agent of the Month
September, 2012



Jean Zeppieri



Hackensack Cape Cod
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LA: Cheryl Gugliotti
@ 201-370-0107



Carlstadt Colonial
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LA: Judy Bellina
@ 201-803-7535



Lodi Colonial
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LA: James Campbell
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Belleville Split Level
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Fireman's Wedding

On Saturday, October 6, 2012, the Lodi Fire Department provided their Honor Guard for the wedding of Ex-Chief Michael Panasiuk and Linda Tempio at St. Francis de Sales Church in Lodi. Upon arriving in a stretch limo, each of the bridesmaids and the bride were escorted into the Church by Honor Guard members. At the conclusion of the service, with pomp and circumstance as sabres were drawn, the Bride and Groom were ceremoniously led to Lodi Engine 615, and transported to the reception. ###

7 Injured During Chemical Explosion Decontamination Procedures Used

No threat to public

On October 9, 2012, at about 1:20 p.m., firefighters responded to an explosion inside a Sun Chemical US Ink plant on Central Avenue, East Rutherford.

Reports stated as workers were mixing carbon black with other components used in newspaper ink for the New York Times it ignited, causing an explosion or flash fire in the pre-mix room of the plant.

A fire extinguisher was used to put out the flames from the mixing vat. The fire and chemicals spread to other workers. As the worker used the fire extinguisher, the contamination spread from two workers to five more.

The carbon-based chemical covered the victims in a black, powdery substance.

Burn victims and firefighters were decontaminated by washing in a mixture of water and light detergent.

Seven people were injured and taken to HackensackUMC. Three with burns to the face and hands were transferred to the burn unit at St. Barnabas.

Firefighters also extinguished a small fire inside the factory dust collection system. It was under control by 1:45 p.m.

ER Tower was sent to the roof to investigate as a precaution and problems were found.

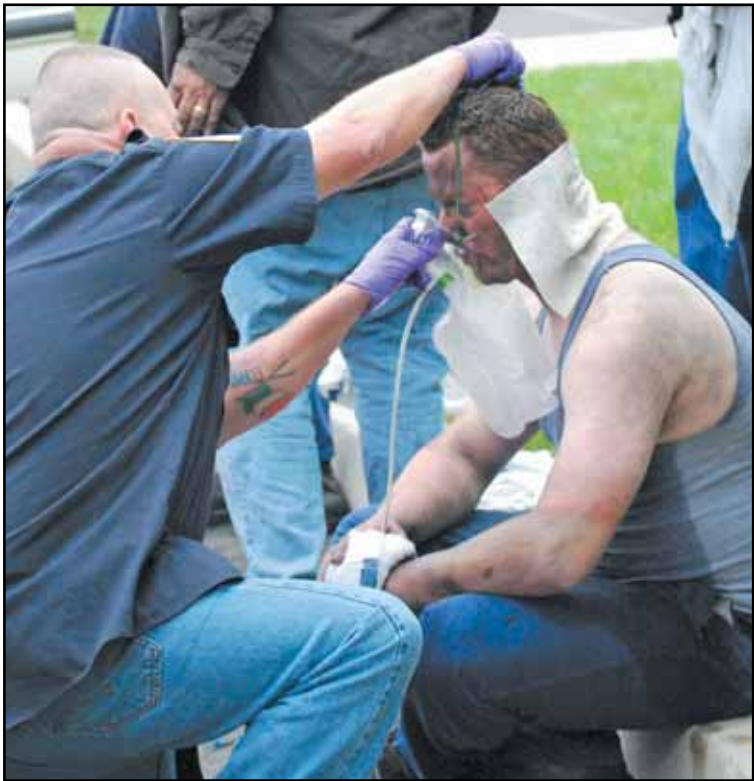
Although no firefighters were exposed, several shed their gear to be cleaned by a contractor as a precaution.

Between 40 and 50 firefighters and emergency EMS personnel responded. Several South Bergen Mutual Aid Units assisting East Rutherford included Garfield, Lyndhurst, Moonachie, Passaic, Wood-Ridge and Wallington, as well as two Advanced Life Support units.

Garfield Hazmat assisted with Bergen County Hazmat to decontaminate anyone exposed to include other workers and emergency responders.

The incident and subsequent fire suppression water was completely contained inside the building. There was no danger to anyone off site, nor any external or environmental contamination as a result.

The incident is under investigation. *Photos by Dennis Kronyak Sr. ###*



Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

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You will be part of the "army of protection" of the South Bergen Fire Chiefs Mutual Aid Association which includes: Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, Wallington and Wood-Ridge



W-R Kids Enjoy Fire Engine Rides

On Sunday, October 14, 2012, from 1-4 p.m., at the Wood-Ridge Fire Department firehouse, over 100 children ages 5-13 and adults were treated to donuts and apple cider, saw a short film on fire prevention and then took a ride around town on an actual fire truck! ###



WRFD Annual Inspection

The Wood-Ridge Fire Department held their Annual Inspection on October 6, 2012. Department personnel were in full dress uniform.

The program began with the Salute to the Flag, Invocation by Deacon Nicholas Valdez, Assumption Church, roll call by Department Secre-

tary Gregory Gorab, remarks by Fire Chief Paul Clemente, Borough Administrator Chris Eilert on behalf of Mayor Paul A. Sarlo and Councilman and Fire Commissioner Thomas C. Gonnella.

The equipment and headquarters were presented for inspection and Department personnel were available to answer any questions. The program concluded with a Benediction by Deacon Nicholas Valdez. The Department was dismissed and light refreshments were served. The event was attended by local officials, as well as Fire Chiefs from mutual aid towns. ###



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