

The Gazette

Newspaper for Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge

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October 2010

★★★★★



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Bright days will behold luminescent leaf tapestries, majestic in grandeur. Leaves will silently begin to float, flutter and dance and blanket manicured lawns. The scent of fireplaces will waft through the crisp air, while inside, harvest warms with the taste of apple cider and the smell of baking pumpkin pie. Those brief moments of autumn delights are to cherish.

Autumn Delights

Pumpkin patch located at The Corner Nursery, 449 Main Street, Lodi, NJ

MDA Telethon at VFW Page 2	Band Ready to Take the Field Page 3	It will be Very Spooky Pages 12-13	Fire Department News Pages 14-15	September 11th Remembered Page 18	20,000 Attend St. Joseph Festival Pages 30-31
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MDA Labor Day Telethon Volunteers @ VFW Post

The 45th Muscular Dystrophy Telethon began Sunday, September 5, 2010, at 9 p.m. and ran through Monday, September 6th until 6:30 p.m.

Despite the effects of an uncertain economy, contributions and pledges raised about \$59 million.

The regional pledge center, located at VFW Post 4591, has served Northern NJ, Monmouth and Ocean Counties, Manhattan and Staten Island for 39 years, and accepted \$202,714 in pledges for 2010.

About 400 volunteers answered 100 phones, stuffed and

mailed letters ... there was a job for everyone!

Refreshments were donated by local businesses and served by the VFW.

The event has been held at the VFW Post 4591 since 1972. In 1966, the first year, it was held in Newark; from 1967 to 1971, at the Wood-Ridge VFW.

Pledges & contributions will enable the MDA to fund both service and research programs. www.mda.org/telethon/

The Jerry Lewis Muscular Dystrophy Telethon has been a tradition since 1954. ###



Members of the VFW Post 4591 Ladies Auxiliary presenting a check during the MDA Telethon.



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Ready to Take The Field

The Hasbrouck Heights High School Marching Band prepared for this year's show during Band Camp at the High School's Hitchcock Field, August 23 through 27, 2010.

The 50 members, consisting of the band and color guard, took this week to learn marching band basics, the music and the moves making up the routines for this year's show.

The marching band consists of Hasbrouck Heights students in Grades 7 through 12. About 17 are new band members.

This year's selections, chosen by the Director, Joe Ascolese, draw from classic rock. The selections are: "Reeling in the Years," "Run, Run, Away," and "A Whiter Shade of Pale." The drill design and instructor is Michael Coppola.

This year's Drum Major is Amanda Drozdowski. Captain of the Color Guard is Samantha Salerno.

All band members are Heights kids, although some attend the Academy and Bergen Tech. The marching band practices about four hours a week.

They used to go away to camp at a cost of \$200 per member. The cost of at home band camp is \$35 each for refreshments and lunch. The Hasbrouck Heights Music Parents Association organizes the food and refreshments. Donna Wipper is president of the Music Parents Association.

The marching band performs at all home and away football games and town parades. They also compete in US Scholastic Band Association Band Competitions. The marching band's first performance this season was September 11, 2010. ###



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Little Ferry
Crime Alert

Little Ferry Chief of Police Ralph C. Verdi advises residents of several burglaries that have occurred in the area of Summit Circle. They have occurred between 6 p.m. and 10 p.m. on Monday and Tuesday evenings, when residents left their homes for only a few hours.

The Chief asks that you keep a vigilant check on your home as well as your neighbors' homes. If you see anything that is suspicious, please call the Little Ferry Police at 201-641-2770 or dial 9-1-1.

Chief Verdi advises that when you leave your home, set the alarm, put lights on both inside and out, and make sure that all doors are locked.

If you have a sliding rear door, place an object in the track to prevent it from being forced open. Trim back any bushes in the rear to prevent hiding spots and to clear a view from the street. ###

Hunter's Moon

The October full moon appears on Saturday, October 23, 2010, at 01:38. It is called the "Full Hunter's Moon."

According to "The Farmer's Almanac," with the leaves falling and the deer fattened, it is time to hunt. Since the fields have been reaped, hunters can easily see fox and other animals which have come out to glean.

Other names for this moon include "Full Travel Moon," and "Full Dying Grass Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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Kearny Federal Savings Bank is currently offering their 2010-2011 Holiday Club account.

This account is a convenient and easy way to save money for next year's holiday expenses while earning interest. With as little as \$5 a week, a Holiday Club account can help ease the stress of holiday shopping for the following year. Automatic weekly deductions are available from a KFS checking, savings or money market account.

So hurry into the nearest KFS branch, open your 2010-2011 Kearny Federal Savings Holiday Club and have the money you'll need next Holiday Season. What could be better?

Kearny Federal Savings' Holiday Club starts October 4th, so stop in the office nearest you to open your account today! Call 1-800-273-3406 or visit www.kearnyfederalsavings.com, for more information.

FOCAS
Dog Show

FOCAS will hold their Annual Dog Show on Sunday, October 3, 2010 at the American Legion Post, 100 Liberty Street, Little Ferry, rain or shine.

All dogs on a leash are welcome. All shots must be up-to-date.

Registration begins at 12:30 p.m. and judging begins at 1:30 p.m.

Admission is \$5 for the first dog and \$3 for each additional dog. For additional information, call 201-943-4019. ###

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FDIC

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October Flower
Calendula

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The NJ Aviation Hall of Fame Presents a

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November 7, 2010

Sunday • 11 a.m. to 11:30 a.m.

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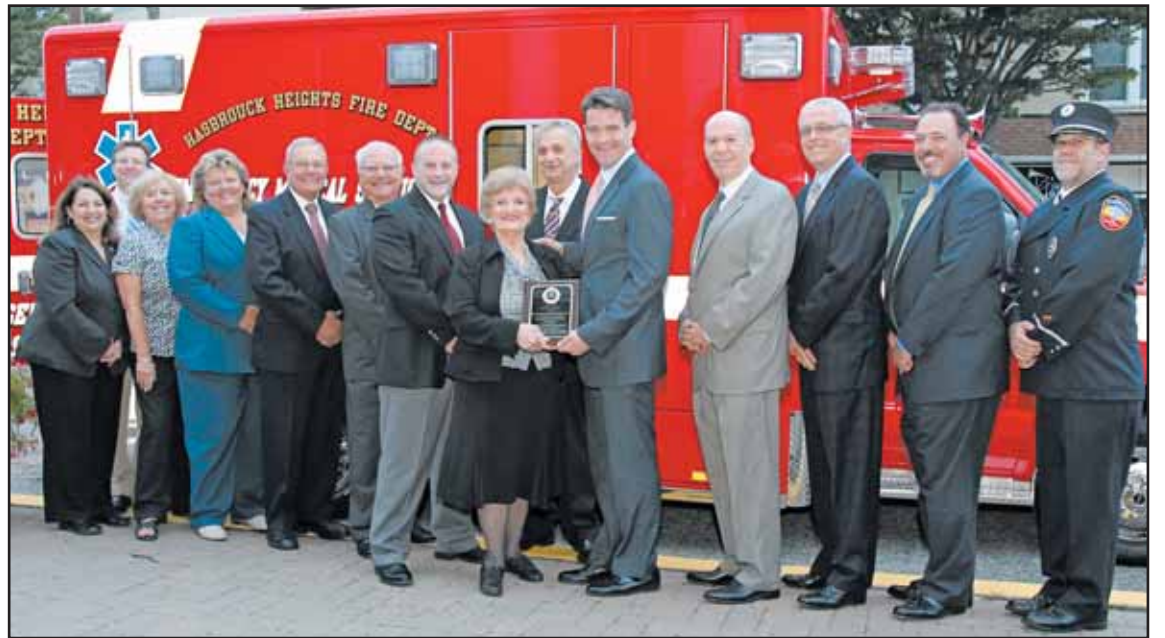
The brief ceremony will be held at the Museum parking lot on Fred Wehran Drive. Park in the Dassault FalconJet lot with short walk to Museum. Limited handicap parking available. Inclement weather-- Ceremony held inside Museum

Memorial Wreaths should be delivered Saturday, November 6th

The Museum will re-open to the public at noon.

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(l-r) Councilwoman Sonya Buckman, Borough Administrator Michael Kronyak, Borough Clerk Rose Marie Sees, Councilpersons Pamela J. Link, Justin A. DiPisa, Russell A. Lipari, David Gonzalez, Mayor Rose Heck, Councilman John Dingertopadre, Deputy Executive Director of the Port Authority of NY & NJ Bill Baroni, New Jersey Airports General Manager John Jacoby, Teterboro Airport Manager Richard Heslin, Assistant Director, Aviation Public Affairs Ralph Tragale, Hasbrouck Heights Fire Department EMS Lieutenant John Riordan. Not shown: EMS Captain Liz Waring. ###

PA Helps Heights Get New Ambulance

On August 24, 2010, members of the Port Authority of NY/NJ officially presented a check for \$80,000 towards the purchase of a new ambulance.

The is a replacement for old Ambulance 603: a 1998 Ford E-450 Type III ambulance. with about 56,000 miles, used as the trade-in. The usual life of an ambulance is five to ten years.

It took about two years to spec out this unit. The new ambulance was ordered in December 2009, delivered August 2010 and operational in September 2010.

The new 603 is a similar rig with some newer features

to include:

- Higher inside -- can stand up.
- Handles inside are anti-microbial.
- UV lamp inside a venting fan.
- Airbag in patient area.
- All LED lights inside and out.
- Power call siren.
- Back-up camera.
- Built in navigation (GPS).
- Conforms to current state standards.

Funding as follows:

Capital ordinance was adopted May 12, 2009 in the amount of \$175,000.00.

\$80,000.00 was a grant from the Port Authority of New York and New Jersey, \$15,000.00 was from available funds for down payment and \$80,000.00 was authorized to be borrowed.

The unit was purchased from VCI Emergency Vehicle Specialists, Berlin, New Jersey with a bid of \$180,945.82, less \$17,000.00 trade in allowance, for a net cost of \$163,945.82.

There will be additional costs for the purchase of radios and equipment in the approximate cost of \$7,500.00.

New 603 was outfitted by transferring equipment and supplies from the old rig. ###

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Little Ferry Police Replace 2 SUVs

Little Ferry Chief of Police Ralph C. Verdi announced the recent acquisition of two new Cherokee Jeep SUVs.

These four-wheel drive vehicles are outfitted with lights,

radios, sirens, medical gear (oxygen, etc.), weapons, ballistic shields, LFPD striping, etc.

Outfitted, they cost about \$56,000 and were funded by Borough bonds. They were

purchased through state contract for police vehicles.

They replaced two utility vehicles that had over 100,000 miles each, which resulted in high maintenance costs. The estimated life for these types of vehicles is about five years.

The same three to four officers are assigned to each.

LFPD currently has four four-wheel drive vehicles. Chief Verdi stated these types of vehicles are needed because of the flooding/ponding of water, mostly at the Route 46 Circle and River Street, and snow events, where patrol cars are not practical. ###

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5K Walk Oct. 9th at Depken Field

The 32nd Masonic Learning Center for Children, located at 301 Division Avenue, will sponsor its 5th Annual Hasbrouck Heights 5K Walk to Help Dyslexic Children, on Saturday, October 9, 2010, at Depken Field (*Franklin & Route 17*).

The course is 5K (*3.1 miles*). Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register prior to the event will receive a commemorative "T" shirt at registration. Donations are accepted.

Turkey Dinner
October 9th

Bring your friends and enjoy a delicious homemade dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 9, 2010, from 5:30 p.m. to 7:00 p.m.

The buffet style, all-you-can-eat dinner is sponsored by The Guild for Reformed Church Women of the First Reformed Church. Cost is \$15.00 for adults and \$5 for children under 10.

For reservations, call Estella at 201-288-0378. Takeouts are available upon request.

The First Reformed Church is located at Washington and Burton and is handicap accessible. ###

Event will be held rain or shine. Registration starts at 9 a.m. Walk starts at 10 a.m. Refreshments will be available.

Proceeds will go directly to the cost of training tutors and tutoring children.

Make checks payable to CLC Dyslexia Walk and send them to Ms. Joey Dobbs, Hasbrouck Heights Learning Center, 301 Division Avenue, Hasbrouck Heights, NJ 07604. For more information, call 201-288-1183 or go to: www.dyslexiawalk.org ###

FOCAS Flea
Market Oct. 23

FOCAS will hold a Flea Market on Saturday, October 23, 2010, from 10 a.m. to 4 p.m. and Sunday, October 24, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

For additional information call 201-943-4019, or visit www.focasnews.org ###

Wood-Ridge
Mayor's 5K

Wood-Ridge Mayor Paul Sarlo and the Borough are sponsoring a USATF-NJ Certified 5K run on Sunday, October 10, 2010, at 10 a.m. with a start/finish at the Wood-Ridge High School. This inaugural year "10-10-10" event also includes a Kids Fun Run: under 5 years/50 yards, 6-9 years/100 yards and 10 years and older/ 1/4 mile.

Awards for the top three male/female overall, first Wood-Ridge male/female finishers, 14 age division gift certificates, finisher medals for Fun Run participants, and team awards in three categories (*corporate, emergency services and school*).

There will be Super-Tech "T" shirt, live music and Outland DJs. Walkers & families welcome.

Cost for the 5K is \$20 (\$18 USATF), race-day registration is \$25, and Fun Run is \$5.

Proceeds to benefit Cystic Fibrosis Foundation.

To register on-line go to: www.raceforum.com/wood-ridge. For more information call 551-486-6805 or visit www.njwoodridge.org/5krace ###

WALK
Facing Traffic
BIKE
With Traffic

Tricky Tray, Jazz Music & Dancing Oct. 14

Care on the Corner, an outreach ministry of St. John the Divine, will be holding its Annual Jazz Music and Dancing with Tricky Tray on October 14, 2010 at The Fiesta. Doors open at 6 p.m.

Music features the "Big Easy Trio" with Mark Wright and special guest, Ruth Bris-

bane, vocalist with the Harlem Blues and Jazz Band.

The cost is \$45 which includes dinner, door prize and some gaming tickets. Limited seating. Call 201-288-9460 for reservations. ###

HH Garden Club
Meets October 21

Are you planning to plant bulbs this fall? Come to the Garden Club meeting on October 21, 2010. The speaker for the evening is Debbie Brock from Holland Acres.

They grow tulips, hyacinths, amaryllis and paper whites. She will lecture on planting bulbs outside, and forcing and layering bulbs in planters.

The meeting will be held at the Municipal Building located at 320 Boulevard on the second floor in the Library Meeting Room. Please come, the public is always welcome. Bring a friend. For further information contact Judy at 201-288-2615. ###

Blessing of
The Animals

St. John The Divine in Hasbrouck Heights will be having Blessing of the Animals on Sunday, October 17, 2010, at the 11 a.m. service, followed by a "Critter Nibbles and Coffee Hour." All Critters and creatures are welcome!

A collection of dog and cat food, Milkbones, old blankets, clean sheets, will be taken for the Bergen County Animal Shelter.

Everyone is invited to bring your live and stuffed critters to be blessed during the liturgy. St. John's invites our neighbors and friends to participate. ###


The Energy Corner

Should you upgrade your equipment?

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 - Replace a tankless coil boiler with a tank-type indirect water heater and cold start boiler combination and you save an additional 5% to 10% and have much more hot water, and no more coil cleaning.

Call for a FREE analysis of your heating system. See if upgrading your equipment is right for you. There is no cost or obligation.

Call John Depken if you have any questions that you would like answered in this column






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Lodi Little League
To Host 2010
Awards Brunch

The Lodi Little League will host its annual Awards Brunch at The Excelsior Restaurant, Route 46 East, Saddle Brook on Sunday, November 14, 2010.

Each baseball or softball player who sold their required box of fund raising candy will receive a free ticket. All others will be required to pay a \$25 admission fee.

Tickets may be picked up at the Little League Club House at 72 Church Street, Lodi, on the following dates: October 11th, 13th, 15th, 18th, 20th, 22nd, 25th, 27th and 29th. Additional dates are November 1st, 3rd and 5th. Final sale date is November 5th. Questions can be directed to 973 591-1137. ###

Lodi Little League
To Hold Early
Registration For 2011

The Lodi Little League will hold an early registration for the 2011 Baseball and Softball season. Early registration will take place on Saturday, October 2nd, between 10 a.m. and 12 p.m. and on October 4th, 6th and 8th, between 6 p.m. and 8 p.m.

Cost is \$50 for the 1st child and \$40 for a 2nd child, plus a \$25 refundable volunteer fee. This fee is refunded after the parent does refreshment stand duty for 1 game. The cost will increase to \$75 per child after October 29, 2010.

A copy of the child's birth certificate and proof of residency is required for any child not previously registered. ###

Knights Pasta
Night Oct. 22

The St. Michael's Council Knights of Columbus will hold a pasta night on Friday, October 22, 2010, from 6 p.m. to 9 p.m., at 39 Washington Street, Lodi. Cost is \$8 per person. Menu includes pasta, meatballs, salad, coffee/tea, and dessert. Tickets sold at the door or call Jim at 201-575-9508. ###

"Senior Freeze"
Applications Deadline
Extended to Nov. 1

The deadline for filing 2009 Senior Freeze (Property Tax Reimbursement) applications has been extended to November 1, 2010.

The State Budget permits applicants who received a reimbursement last year to get a check in 2010, provided their 2009 income was \$70,000 or less and they meet all other eligibility requirements. However, the budget limits reimbursement payments to the amount the applicant received last year.

Information is available on the Division of Taxation's website at www.state.nj.us/treasury/taxation/2009ptr_seniorfreeze.shtml or call 1-800-882-6597. ###

Holiday Excursion
To Mt. Airy Lodge
December 15th

The Rosary Confraternity of Most Sacred Heart of Jesus Church in Wallington is hosting a wonderful holiday excursion to the Mt. Airy Lodge and Casino on December 15, 2010!

Enjoy a scenic ride to the Poconos, \$35 casino bonus, and a matinee production of "Halos and Holly," a heartwarming story in which angels are sent from above to rescue a mother-and-daughter scam artist team from their dead end road just days before Christmas... a holiday classic filled with all your favorite Christmas songs!

The price of \$55 includes bus transportation, a \$30 slots play bonus, a \$5 food bonus and the matinee ticket. Special luncheon discounts are also offered to seniors 55+!

The bus will depart from the front of the Church on Paterson Avenue at 10:00 a.m. ###

Real Estate Insight

By Mary Ellen Courtney



Low Rates Could Make
Re-Fi Sense

According to Bankrate.com, mortgage interest rates -- currently at 4.36% for 30 year fixed -- are the lowest they've been in over 5 decades. Should you consider refinancing?

People refinance home loans for many reasons. Some homeowners want to reduce payments or acquire a lower interest rate. Others refinance for debt consolidation or to fund major home renovations. Whatever your reason, today's incredibly low mortgage rates make refinancing a viable option.

Weigh the cost of refinancing to determine whether a new mortgage will ultimately save you money. If you plan to move in a year or two, the cost of refinancing your home may not make it worth the expense.

Should you refinance? Reducing the interest rate by a single point can make your payment more affordable. To quickly figure out the difference, note the savings between your current mortgage payment and the proposed new payment. Ask for a basic closing cost figure from the bank. Divide the closing costs by the savings between the two payment amounts. The resulting figure indicates the number of months required to break even to cover refinancing expenses.

What makes refinance worth it? It depends on the homeowner. For some people,

saving \$150 per month is imperative. For others, \$300 or more makes the expense worth it.

Remember that many lenders include closing costs in the new loan to limit upfront expenses to customers.

Where to refinance? Call your current mortgage company first to check refinancing options. Don't blindly assume they have the best rate. Investigate interest rates through the Internet and other banks. Some banks offer very low rates and extremely high closing costs. The flip side also features banks with no fees and a high interest rate. Check for loans that don't require the payment of points (one percent of mortgage value) to buy down the interest rate.

What are reasonable refinancing fees? Basic mortgage fees include application costs ranging from \$250 to \$400. Home appraisal fees run from \$300 to \$500. A title search allows the mortgage company to determine your legal right to the property. Lender fees also include origination fees at 1 percent of the loan amount and attorney fees to cover the full loan process.

For further information call your local Realtor or contact Bill Eckerson, the in-house mortgage expert here at our office.

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

Concerned about your mortgage?

Care on the Corner Community Service Center will be hosting a workshop addressing one of the most pressing problems facing Americans across the country.

On Thursday, November 4, 2010, attorneys Laura Russell and Rose Marie Canntano will be the facilitators for a workshop that will cover what to do when having trouble paying the mortgage as well as different home ownership options. Specific topics include understanding mortgages, home affordable

programs, and options instead of foreclosure, loan modifications, selling short sales of homes, and re-financing possibilities.

Laura Russell is a licensed attorney who has handled real estate matters and taught classes on home ownership, credit, bankruptcy and debt. She currently handles foreclosure defense cases.

Rose Marie Cantanno is a licensed attorney who has specialized in real estate matters for over a decade. She handles closings, foreclosure defense, modifications and refinances.

The workshop will take place from 7-9 p.m. on November 4, 2010 at the Care on the Corner offices located at 333 Franklin Avenue, Hasbrouck Heights, NJ.

There is no charge for the workshop but registration is required. To register or for further information call 201-288-9460. ###

Oktoberfest

On Saturday, October 16, 2010, from 8 p.m. to midnight, the Carlstadt Turn Verein will sponsor Oktoberfest.

Donation is \$35 per person and includes Musik by Bernie's Orchestra, food and drink. Kitchen opens at 7:30 p.m.

Call 201-652-0968 or 973-777-6677 for reservations. ###

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The Hasbrouck Heights Fire Prevention Bureau recommends that you periodically check the US Consumer Product Safety Commission's web site for recent recalls and product safety news at: www.cpsc.gov

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Corpus Christi School Students Look Forward To The New School Year

On Wednesday September 8, 2010, Corpus Christi welcomed families of new and old students back to school, and with nearly a month of school already behind them, Corpus Christi students are all settled in their routines and are looking forward to the challenging new school year.

The October Home School meeting is scheduled on Wednesday, the 20th at 7:00 p.m. As always, parents are encouraged to attend these meetings and use this opportunity to make suggestions and ask questions.

The month ends with a Halloween Parade on October 29th for the children in Pre-K through 2nd Grade.

Looking forward to November, Corpus Christi will be hosting a comedy night at Bananas Comedy Club in Hasbrouck Heights on November 5th.

For more information about any of these events, please call the school office at 201-288-0614 or go to the school website at www.corpuschristischool.net. ###

Corpus Christi School Holds Preview Day

Middle States Accredited Corpus Christi School, 215 Kipp Avenue, Hasbrouck Heights, will be holding its annual Preview Day on Thursday, October 21, 2010, from 9:00 a.m. – 11:00 a.m. and 1:00 and 2:30 p.m.

This special Open House allows parents to come in and ask questions, tour the buildings, and see this vibrant school “in action.”

From PreK3 to Grade 8, Corpus Christi’s challenging academic program uses both traditional and contemporary teaching tools in a nurturing and spiritual environment.

For more information, please call the school office at 201-288-0614. ###

Wood-Ridge Library Book Discussion Group

The book to be discussed is "Stone Cold" (2007) by David Baldacci, on Tuesday, October 19, 2010, at 7:15 p.m. All are welcome.

The Camel Club, led by Oliver Stone, is keeping a vigilant watch over leaders in Washington, D.C. While the Camel Club is trying to protect Annabelle Conroy, honorary member of the Club and the greatest con artist of her generation, danger is coming from another side as men from Stone’s shadowy past keep turning up dead. ###

Lodi Library Friends Hold Book Sale

The Friends of The Lodi Memorial Library will be holding their semi-annual used book sale on Saturday, October 23, 2010, between 10 a.m. and 4 p.m.

Proceeds from these sales have made it possible for The Friends to donate scholarships to eligible Lodi High School graduates, sponsor children's summer reading programs, contribute to the Bergen County Cooperative Library System's (BCCLS) scholarship fund and donate special equipment to The Lodi Library.

All gently read book donations would be appreciated. Please bring them to The Lodi Library during regular hours: Monday - Wednesday 12:30 to 8 p.m., Thursday - Saturday 9:30 a.m. to 5 p.m.

Please call The Library at 973-365-4044 for additional information or visit The Library at: <http://lodi.bccls.org> and click on "Friends of the Library" for information on how to join The Friends of The Lodi Memorial Library. ###

W-R Friends Book Sale

On Saturday, October 9, 2010, from 10 a.m. to 3 p.m., The Friends are holding a Book Sale at the Wood-Ridge Senior Center, adjacent to The Library.

The selection is large and varied; the quality is superb; and the prices are always low at The Friends’ Book Sale.

The Friends will hold meetings at The Library on Mondays at 7:30 p. m. on October 18, 2010 and November 15, 2010. All are welcome. ###

Teen Read Week October 17-23

The Hasbrouck Heights Public Library will be joining the more than 5,000 librarians and educators across the United States who will celebrate Teen Read Week, October 17-23, 2010.

This year's theme is "Books with Beat @ Your Library," which encourages teens to read poetry, audiobooks, books about music, and more.

Libraries across the world celebrate Teen Read Week with a variety of special events and programs aimed at encouraging teens to read for pleasure and to visit their libraries for free reading materials.

To conclude the celebration, The Library will show a movie on Friday, October 22, 2010, at 3 p.m. ###

Learn to Blog

Are you interested in starting a blog or just want to know what it's all about?

You’ll learn some basics: how to create a new blog and publish posts, modify blog design, how to make money with your blog, and more.

This seminar is for individuals wanting to start, build, improve or maintain a blog for personal or business use.

Author and Blogger, Heather Wright-Porto, will present how to become a blogger using Google Blogger.

Heather will provide this free introduction to Google Blogger on Tuesday, October 26, 2010, from 7 to 8:30 p.m., at The Free Public Library of Hasbrouck Heights.

Heather Wright-Porto has a Master's Degree in Computer Information Systems and has had her own computer consulting company since 1995 (*Premier Computer Solutions*). She has trained clients on Microsoft Office, and other applications. Wright-Porto’s business blogs may be seen at www.BlogsByHeather.com. Heather is the author of the book, “Beginning Google Blogger.” The book offers step-by-step instructions and visual aids which walk you through both the basics of Blogger and the advanced features it offers. It will be available for sale after the seminar and is also in The Library collection.

To register, please call (201) 288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

Hasbrouck Heights Book & Bake Sale

The Friends of The Free Public Library of Hasbrouck Heights is pleased to announce its Fall Book & Bake Sale on Saturday & Sunday, November 20 & 21, 2010, in the Senior Center located on the first floor of Borough Hall. Entrance is on Central Avenue.

Gently used books and media along with delicious homemade baked goods will be available for purchase. Hours are as follows: Saturday: 9 to 4 p.m. and Sunday: 11 to 4 p.m. Hardcover/Trade paperback books \$1.00, Paperback books \$.50, Media \$1.00 and some specialty items individually priced. Donations of books in good condition are now being accepted. Call The Library for details at 201-288-0488. ###

HH Health Fair Expo

The 8th Annual Health Fair Expo will be held in the Hasbrouck Heights Senior Center on October 16, 2010, from 11 a.m. to 2 p.m. For more information, call 201-288-1636. ###

21st Annual Lego Contest

The Free Public Library of Hasbrouck Heights is celebrating its 21st year of "Leggo my Lego," a building contest for families. This special annual event will be held on Friday, November 5, 2010, from 7-9 p.m., in The Library at 320 Boulevard. All ages are welcome, but children must be accompanied by an adult.

There will be professional architects and local “celebrities” on hand to judge the contest. All entries must be original (*no instructions or kits*) and built in The Library on Lego Night. Participants may work in groups of up to 6 people, and will be judged in several age groups. Participants must bring their own Lego or building blocks.

Entertainment, refreshments, and prizes are being provided by The Friends of the Hasbrouck Heights Library. Registration for the program begins on Friday, October 29 at 10 a.m. Don’t miss this night of creativity and family fun! You can register by phone, in person, or online at – <http://hasbrouckheights.bccls.org/> ###

Lodi Library Fall Programs

The Lodi Memorial Library announced that the fall program schedule includes weekly young adult book club, story time, playgroup, book bingo and bedtime story time.

Library special events include "Ever Taste a Rainbow?" (*a story time session on nutrition for preschoolers*), a Halloween Spooktacular and Christmas Bedtime Stories.

Registration is required for all programs. Call 973-365-4044 x6 for more details. ###

Teens Learn Bridge

The Hasbrouck Heights Public Library will be offering free bridge lessons to teens in Grades 7-12 on Tuesday afternoons, from 3:00-4:30 p.m., for an eight session series, beginning on October 12, 2010.

Widely regarded as the greatest sport of the mind, bridge has been well received for its value in developing thinking, math, and social skills as well as improving memory and concentration.

The North Jersey Bridge Association, an affiliate of the American Contract Bridge League, is sponsoring this program.

The series will be taught by Eileen Whitney, an ACBL accredited teacher. Registration is required by October 11 and a minimum of eight students is needed. To register, please call The Library at 201-288-0484; email dodwell@bccls.org; or logon to the calendar on The Library’s website at <http://hasbrouckheights.bccls.org>. ###

FREE Day at Zoo

Enjoy a day at the Bergen County Zoo with FREE admission for Bergen County residents on October 8, 2010 from 10 a.m. to 4:30 p.m. Proof of residency is required. (*There is a charge for the train and carousel.*) The Bergen County Zoological Park, which recently celebrated its 50th Anniversary, is located at the north end of Van Saun County Park in Paramus and River Edge. The Zoo features approximately 500 animals of 90 different species of wildlife found in North, Central and South America. ###

October Birthstone
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Kids on the Corner Theater Workshop

The fall Kids on the Corner theater arts workshop will feature folk tales from the book, "Grandmother Spider Brings The Sun." Participants will study folk tales from around the world as they learn acting techniques and have fun creating sets and props.

Directed by stage singer and actress, Corinna Sowers-Adler, from Nicosi Studios in Bloomfield, classes will take place from 3:30-6:00 p.m. on October 15, 22, 29, and November 12 and 19, 2010. The workshop performance will take place on Friday, November 19th at 7:00 p.m., with a reception following.

The cost for the workshop is \$25 per child with a \$50 cap per family. Scholarships are available. There are only 16 openings for this workshop. Pre-registration is required. Please contact 201-288-9460 to get more information and to register. ###

Rummage Sale October 22 & 23

Start collecting all those "treasures," knick-knacks, tapes, books, linens, small furniture, baby items, clothes, etc.

It's time for the First Reformed Church, Guild for Christian Services, Annual Fall Rummage Sale.

The sale will be on October 22 and 23, 2010, from 9:30 a.m. to noon. Proceeds go to the Church projects and missions. ###

Imaginations Take Flight at AHOF Open Cockpit Day

On Saturday, October 16, 2010, the Aviation Hall of Fame and Museum will open all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

Aircraft include Martin 202 Airliner, Cobra Gunship Helicopter, Coast Guard Rescue Helicopter and a Lockheed 402-2 Bush Master. Guides will be available to explain each aircraft.

Founded in 1972, the Aviation Hall of Fame & Museum of New Jersey is dedicated to the preservation of the Garden State's aviation and space

heritage. The men and women, whose outstanding aeronautical achievements have brought world-wide recognition to the state, are enshrined in the Hall of Fame. The recently expanded museum offers visitors an opportunity to view historic air and space equipment and artifacts, photographs, fine art and an extensive model collection.

The Museum in open Tuesday through Sunday from 10 a.m. to 4 p.m. Group tours, birthday parties and Dare-to-Fly Programs are available. For more info, call 201-288-6344, or go to: www.njahof.org ###

Kiwanis Club Holds Pancake Breakfast

The Kiwanis Club of Hasbrouck Heights & Teterboro Annual Pancake Breakfast has been a tradition in our community for more than 30 years.

This year's breakfast is scheduled for Sunday, November 21, 2010, from 8:00 a.m. till noon, at the Corpus Christi cafeteria. Tickets are \$7.00 each, and children under 5 years of age are admitted free. There will be plenty of pancakes and sausages, and a chance to participate in the gift basket and 50/50 drawings. All proceeds will benefit community projects.

Tickets can be purchased from any member or at the door. For more information contact Marie at 201-288-0276. ###

Columbus Day Pasta Dinner October 10th

Don't cook Sunday night, October 10, 2010. Come and have supper with us! The Knights of Columbus will hold their Annual Pasta Dinner in the Corpus Christi School Cafeteria from 5:00 p.m. to 7:00 p.m. Donation: \$10 for adults and \$5 for children under 12 years old.

This dinner features a generous helping of pasta, freshly made sauce, meatballs, soda, cake and coffee.

Event includes tricky tray and 50/50 raffle.

All proceeds go to support Knights of Columbus youth, Right to Life and Catholic charities. Call Mike 201-707-3554 for tickets. ###

Afternoon with Peter Lieberman

VFW Post 4591 will present an afternoon with Peter Lieberman on Sunday, November 7, 2010 from 1 to 4 p.m.

Cost is \$15 per person. A hot lunch will be provided. Call the Post at 201-288-1112 between 9 a.m. and 11 a.m. Ask for Pete or Andy. ###

Knights Pancake Breakfast Oct. 17

The St. Michael's Council Knights of Columbus will hold a pancake breakfast on Sunday, October 17, 2010, from 8:30 a.m. to noon, at 39 Washington Street, Lodi. Cost is \$6 per person. Menu includes pancakes, eggs, sausage, juice, coffee/tea. For tickets, call Frank at 973-778-0796 or Lou at 973-472-7741. ###

MFD Beefsteak

The Moonachie Fire Department will hold a Beefsteak Dinner at Fire Headquarters, Saturday, November 20, 2010, from 7 p.m. until midnight.

Entertainment features stand-up comedian/ventriloquist John Pizzi. Menu includes salad, beefsteak dinner, dessert, soda, adult beverages, door prizes and DJ for dancing.

There will be a 50/50, gift basket raffles, etc. Tickets are a \$40 donation to the MFD. For more information and tickets contact any MFD member or call 201-641-2097. ###

WRFD Breakfast October 24

The Wood-Ridge Fire Department will host a traditional ham and egg breakfast from 7 a.m. to 1 p.m. at Fire Headquarters, 84 Humboldt Street. Cost is \$5 per person. ###

Discover the Freemasons' Secrets

The Euclid Masonic Lodge will hold a Square and Compass Day, Saturday, October 9, 2010 from 11 a.m. to 3 p.m. (rain or shine).

Come participate in this State-wide open house of Masonic Lodges. Find out the "secrets" of Freemasons. Find out "What a Mason is and what do they do?"

Masonry has an incredible history going back into ancient times and many traditions have been passed down unchanged for centuries, especially their goal of providing a brotherhood for men of character who seek continued self improvement.

According to Lodge Master Bruce Werner Jr., "Masonry does have its secrets, but there is much we can and will share with visitors."

This charitable, worldwide fraternity invites good men and their wives to attend. Tour the building. Enjoy light refreshments. Meet neighborhood Masons. Ask questions.

The Euclid Masonic Lodge is located at 200 Division Avenue (corner of The Boulevard), Hasbrouck Heights.

For more information, call The Lodge at 201-288-2060. ###

Indoor Fall Flea Market Nov. 20

The Parish Social Life Committee of Saint Margaret of Cortona Roman Catholic Church is sponsoring an Indoor Fall Flea Market on Saturday, November 20, 2010. Tables are \$25 each. For information and contracts, call Ellie at 201-641-0883. ###

Friends Membership Drive the latest happening in Town.

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Enroll Today & Your Membership Expires 12/31/2011!
Membership Drive will be going on during the Month of October and the remainder of this year. Please stop by the Library to pick up a form and thank you for being a "Friend."

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320 Boulevard—2nd Floor of Municipal Building
Call (201) 288-0488 for details.

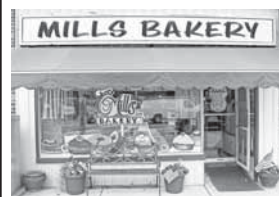
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Fire Prevention Week October 3 - 9

Smoke Alarms: A Sound You Can live With

In an effort to better educate communities throughout the U.S. about smoke alarm recommendations, the nonprofit National Fire Protection Association (NFPA) is promoting "Smoke Alarms: A Sound You Can Live With!" as the theme for this year's Fire Prevention Week campaign, October 3-9, 2010, which area fire officials are supporting. NFPA has been the official sponsor of Fire Prevention Week for 88 years.

"Many homes in our area may not have any smoke alarms, not enough smoke alarms, alarms that are too old, or alarms that are not working," says Hasbrouck Heights Fire Chief Joseph Taylor.

"We want residents to understand that working smoke alarms are needed in every home, on every level (*including the basement*), outside each sleeping area and inside each bedroom. And, if a smoke alarm is 10 years old or older, it needs to be replaced," stated Wood-Ridge Fire Chief Paul Clemente.

According to Moonachie Fire Chief Justin Derevyaniuk, smoke alarms can mean the difference between life and death in a fire. NFPA statistics show that working smoke alarms cut the chance of dying in a fire nearly in half. But they must be working properly to do so. The Association's data shows that many homes have smoke alarms that aren't working or maintained properly, usually because of missing, disconnected or dead batteries. Roughly two-thirds of all home fire deaths result from fires in homes with no smoke alarms or no working smoke alarms.

The Lodi Fire Depart-



ment will be hosting activities such as Open House on October 8 at the Kennedy Drive Firehouse, during Fire Prevention Week to promote "Smoke Alarms: A Sound You Can Live With!" locally, and to help area residents understand NFPA's smoke alarm recommendations. Through these educational, family-oriented activities, residents can learn more about the power of smoke alarms, newer options for installing and maintaining them properly, and ultimately, how to better protect their loved ones from fire.

NFPA and the Little Ferry Fire Department agree that interconnected smoke alarms offer the best protection; when one sounds, they all do. This is particularly important in larger or multi-story homes, where the sound from distant smoke alarms may be reduced to the point that it may not be loud enough to provide proper warning, especially for sleeping individuals.

"Most people have a sense of complacency about smoke alarms because they already have one in their homes. Fire Prevention Week provides an excellent opportunity to re-

educate people about smoke alarms, new technologies and expanded options for installation and maintenance," says Lodi Fire Marshal Paul W. Wanco. "Ultimately, we want this year's campaign to serve as a call to action for households nationwide to inspect their homes to ensure that their families have the full smoke alarm protection that's recommended," added Lodi Fire Chief Greg Telep.

Area Fire Officials offer the following tips for making sure smoke alarms are maintained and working properly:

- Test smoke alarms at least once a month using the test button, and make sure everyone in your home knows their sound.
- If an alarm "chirps," warning the battery is low, replace the battery right away.
- Replace all smoke alarms, including alarms that use 10-year batteries and hard-wired alarms, when they're 10 years old (or sooner) if they do not respond properly when tested.
- Never remove or disable a smoke alarm.

To find out more about Fire Prevention Week programs and activities in our area, please contact your Fire Department.

To learn more about "Smoke Alarms: A Sound You Can Live With!," visit NFPA's Web site at www.firepreventionweek.org. ###

Fire Escape Planning

How much time do you have to get out of a fire? Not as much as you think.

Lodi Fire Chief Greg Telep said, "Real fires are hot, smoky and dark. You may have only a few minutes to safely escape from fire.

If you're ever in a fire, don't spend time getting dressed or trying to gather valuables. Just get out and stay out. Then call the fire department from a neighbor's telephone."

Lodi Fire Marshal Paul Wanco added, "If you have a fire tonight, will you get out safely?"

You'll have a better chance of getting out safely if you plan ahead. Know ahead of time what to do if there's a fire.

Develop a fire escape plan and practice it with the whole family. Everyone should know two ways out of each room and know where to meet outside.

Make sure everyone understands that getting out is the first priority. And remember, once you're outside, stay out." ###

Public Safety Officials wish you a safe, fun Halloween!

Halloween Safety

Halloween is a cherished tradition, but the excitement of the night can cause children to forget to be careful.

There is no real "trick" to making Halloween a real "treat" for the entire family.

The major dangers are not from witches or spirits but rather from falls and pedestrian/car crashes.

Both children and adults need to think about safety on this annual day of make-believe.

The Wood-Ridge Fire Department passes along these safety suggestions for a safe Halloween.

Parental Tips

- Make sure that an adult or an older responsible youth will be supervising the outing.
- Do not use open flame candles in jack-o-lanterns. Commercially available battery lights are much safer and do not pose a fire hazard.
- Parents should never let their children carve a pumpkin unsupervised.
- Do not hand out homemade or unwrapped candies to children.
- Parents should plan a route for their child to use while trick-or-treating and set an early return time for them.
- To welcome trick-or-treaters, switch on your porch lights or any exterior lights.

Trick or Treat Tips

- Do not go inside anyone's house. Remain on the stoop or porch at all times.
- Do not go into a stranger's automobile.
- Walk, do not run, from house to house. Do not cross yards and lawns where unseen objects or the uneven terrain can present tripping hazards.
- Do not take shortcuts through backyards, alleys, or parks.
- When crossing the street look both ways. Do not cross between cars.
- Always use the sidewalk.
- Trick-or-treat on well-lit streets within your neighborhood.
- Children should always travel in a group.
- Use the buddy system, and make sure you have at least one buddy with you the entire evening.
- When you return home, have an adult examine and discard all candies that are not factory sealed or wrapped by the candy manufacturer. Never eat homemade or unwrapped treats.
- Children should carry spare change or cell phone in case of an emergency or if they

need to call home.

Costume Tips

- Only purchase and use flame retardant costumes.
- Children should wear white, reflective clothing, or use reflective tape and carry either a flashlight or glow stick.
- Costumes should fit properly; avoid loose or baggy costumes.
- Costumes should not be so long that they are a tripping hazard. (*Falls are the leading cause of injuries on Halloween.*)

• If children are allowed out after dark, outfits should be made with light colored materials. Strips of retro-reflective tape should be used to make children visible.

- Avoid any type of open flame while wearing a costume.
- Encourage children to wear face paint as opposed to a mask. Face paint should be non-toxic and meet FDA standards.

• If a mask is worn, make sure that the eye, mouth and nose openings are large enough to ensure adequate breathing and full range of vision.

• Materials made of 100% polyester or modacrylics are best for making homemade costumes. They are less flammable. 100% polyester and modacrylics may be purchased at most local fabric stores.

• **REMEMBER** – A flame-retardant costume does not mean that it is fire proof. Always keep your costume away from any types of open flame or other heat sources.

Accessories

- Knives, swords and other accessories should be made from cardboard or flexible materials. Do not allow children to carry sharp objects.
- Bags or sacks carried by youngsters should be light-colored or trimmed with retro-reflective tape if children are allowed out after dark.
- Carrying flashlights will help children see better and be seen more clearly.

Motorists

The Hasbrouck Heights Police Department Traffic Bureau urges motorists to be especially alert on Halloween.

- Watch for children darting out from between parked cars.
- Watch for children walking on roadways, medians and curbs.
- Enter and exit driveways and alleys carefully.
- At twilight and later in the evening, watch for children in dark clothing. ###

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17th Annual Boulevard Window Painting Contest

Area residents can stroll The Boulevard during late October 2010 where local businesses, in conjunction with the three grammar school PTAs, will sponsor the 17th Annual Halloween Window Painting Contest.

On October 20, 2010 (rain date October 21), over 300 3rd, 4th and 5th Grade students will paint a Halloween themed illustration on a space provided by Boulevard businesses.

Graphics will be judged upon originality and artistic expression.

Winners from each grade will receive 1st, 2nd and 3rd Place Ribbons. All participants receive ribbons.

Event is sponsored by: Hasbrouck Heights Chamber of Commerce in cooperation with the 2010 Home School Association (*Corpus Christi*), and Lincoln and Euclid PTAs. ###

Halloween In The Park

Woodland Park will be invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Tuesday, October 19, 2010 (rain date Thursday, October 21).

Last year, over 600 participated in this event.

Halloween in the Park will begin at 6 p.m. and conclude at 9:30 p.m.

Every 15 minutes, two hayride trailers will take turns collecting riders at the Harrison Avenue end of the pavilion and go around to the back section of the park where they will be frightened by a variety of terrifying citizens of the night.

Youngsters should sign up for the earlier time slots as the fright station tableaux will be less scary.

After the horrific experience ride, they can escape at the Roosevelt Avenue end of the pavilion — where they will be treated to cider and cookies.

The pavilion fireplace will be warm and glowing. Music will be provided by “Fun Time Entertainment.”

Organizations are invited to “set-up” and operate a fright station. Call Rob Brady at 201-

288-4143 for details.

The event is sponsored by the Hasbrouck Heights Recreation Department. Tickets are \$5. Children under 10 must be accompanied by an adult. Tickets were available during Town Day.

For more information call 201-288-4143. ###

Munchkin Mash October 24

The Junior Women’s Club of Hasbrouck Heights invites all to attend the 6th Annual Munchkin Mash, on Sunday, October 24, 2010. This tiny tot dance party is geared towards the age of 7 and under.

Cost of the tickets is \$5 and includes a D.J. and light refreshments. The Munchkin Mash will be held at the Munchkin Building from 1 p.m. to 3 p.m.

All children must be accompanied by a paying adult. For tickets, call Janet at 201-288-1979. Join the fun and come in costume! All proceeds help fund local charities and scholarships. ###

Trunk or Treat October 31st

Bible Baptist Church invites the community to its 7th Annual “Trunk or Treat” on Sunday, October 31, 2010.

From 5 p.m. to 7 p.m., the Church will close its parking lot for this free event providing a safe, fun alternative to trick-or-treating.

Children up to the 6th Grade will have the opportunity to walk through the parking lot full of decorated automobile trunks and fill their bags with goodies and special treats.

Due to the nature of this event NO masks, blood, guts, gore or evil costumes will be permitted.

For more information please call 201-288-4139 x17. The Bible Baptist Church is located at 31 Passaic Avenue, Hasbrouck Heights. ###

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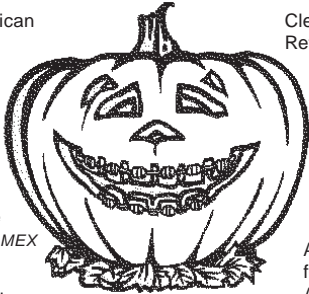
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The Garden of the Dead

Haunted Hill House is the largest backyard Halloween walk-thru and performance in the area featuring live actor volunteers and students from area high schools. This year's theme is "The Garden of the Dead."

Admission to the walk-thru is \$5 to benefit the Wood-Ridge Historical Society.

Visitors are welcome to come in costume, but not allowed to bring prop weapons or wear masks. The experience is altered for all ages on a group-by-group basis. Due to the increased performance-based nature of this year's event, par-

ents should use discretion when bringing very small children into the walk-through. Video-taping is prohibited.

The Haunted Hill House is located at 111 First Street, Wood-Ridge, NJ. The dates for 2010 are Friday, October 22 and Saturday, October 23 from 7 to 9 p.m. The rain date is Sunday, October 24 from 7-9 p.m.

The event has hosted about 1,500 visitors since it began in 2007. Haunted Hill House is produced by Jeff Fucci and Joe Cutalo. For current information go to: www.iwontbeafraid.com ###

Halloween Costume Party

The VFW Ladies Auxiliary Post 4591 will hold their Annual Costume Party Dinner Dance, October 30, 2010, from 7:30 p.m. until 11:30 p.m., at the Post, 513 Veterans Place. Costumes are optional, but encouraged!

Cost is \$30 per person and includes live music by Breezin Music, hot buffet, beer, wine, soda, coffee and dessert.

Reservations are requested by October 16th. For reservations or more information, call Rita at 201-933-3440, Lorraine at 973-484-0051 or the Post at 201-288-1112. Dinner dances sponsored by the Post are always open to the the public. ###

Halloween Craft Event at Library

The Free Public Library of Hasbrouck Heights will sponsor a fun-filled afternoon for teens and adults to create a special Halloween-themed craft. The craft project will be held on Wednesday afternoon, October 20, 2010, from 3:30 p.m. to 4:30 p.m.

Halloween is right around the corner: here is an opportunity to get in the mood. This craft activity for teens and adults will immediately follow the regularly scheduled "Crafts-to-Share" Club.

To join in this event, please register by calling 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

Ghosts in the Cemetery: A Photographic Journal

Get ready for Halloween! "Ghosts in the Cemetery," which is a photographic journal of visiting spirits, will be presented by author and photographer, Stuart Schneider.

Stuart will discuss the photographs, the history of cemeteries, ghost photography, and how this all came together as the book, "Ghosts In the Cemetery." Stuart will be at The Free Public Library of Hasbrouck Heights on Thursday, October 14, 2010, from 7 to 8:30 p.m.

Stuart Schneider is a local author of over 20 books, two of which are unlike any other ghost books.

He is an accomplished cemetery photographer who scouts cemeteries in the day

Ghost, Monster and Horror Stories

It's a Thriller on Wood-Ridge Radio (1580 AM) Halloween, Sunday, October 31, 2010, from 3:00 p.m. to 10:00 p.m.

Have some Fun and take a journey back in time to listen to the Old-time Ghost, Monster and Horror Radio Shows.

They are also planning to rebroadcast old-time radio shows for Thanksgiving, Thursday, November 25, 2010, and Christmas Day, Saturday, December 25, 2010 at the same time slot.

Due to their Curtiss-Wright location, Wood-Ridge Radio can be heard in parts of Carlstadt, Hasbrouck Heights, Lodi, Garfield, Wallington and Wood-Ridge. For more information and reception tips go to: www.woodridgeradio.com ###

and sees and senses what is there. He returns at night to capture his images.

The books are collections of photos which are shot in a pictorialist style (*sort-of looks like a painting*), emphasizing the textures found in the cemetery. Original ghost stories accompany each cemetery visited and their resident apparitions which are captured in the photographs. Haunted cemeteries include those in New York, New Jersey, Pennsylvania, and others.

Stuart will have a selection of his photographs on display at The Library for the month of October. He will be available for book signing after the ghostly seminar.

To register please call 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

Halloween Tips About Treats

- Children shouldn't snack while they're out trick-or-treating. They should wait until they get home and parents have had a chance to inspect the goodies. To help prevent children from munching, give them a snack before they go.

- When children bring their treats home, discard any home-made candy or baked goods. Parents of young children should also remove any choking hazards.

- Inspect commercially wrapped treats for signs of tampering.

- When in doubt, throw it out. ###

Ragamuffin Parades

Hasbrouck Heights

On Saturday, October 30, 2010, at 1 p.m., the Annual Hasbrouck Heights Ragamuffin Parade will depart from the Public Safety Building on Hamilton Avenue and march along The Boulevard to the Municipal Complex at Central Avenue for a "boo-ti-ful good time." (*In the event of rain, go directly to the Senior Center.*)

DJ Enrico Ventola will entertain the children with games, music and other fun things. Juice and cookies will be served. Event sponsored by Mayor's Celebration Committee. ###

Little Ferry

The VFW Ladies' Auxiliary to Post 809 is sponsoring their 50th Annual Ragamuffin Parade for all Little Ferry children through Grade 8 on Sunday, October 31, 2010, starting at 1 p.m.

The parade route is: VFW grounds to Pickens Street to Washington Avenue to Marshall Avenue to Main Street and returning to the VFW grounds. ###

Lodi

A Halloween Costume Contest will be held on Friday, October 29, 2010 at Memorial Park Soccer Field at 3:45 p.m. sharp. There will be tricks, treats and refreshments. Various prizes will be awarded to Pre-K through - 5th Grades.

In case of torrential rain, please go the The Boys and Girls Club of Lodi.

The event is sponsored by the Lodi Recreation Department. For more information, call 973-365-4005 x-425. ###

Moonachie

On Saturday, October 30, 2010, at 11 a.m., the Moonachie Ragamuffin Parade will be held, rain or shine, at the Robert L. Craig School Gymnasium. Refreshments and goody bags will be provided. Trick or Treat Bags will also be provided by Moonachie Municipal Alliance. Parents and residents are invited to dress in their spookiest and most beautiful costumes. Bring your camera. ###

Wood-Ridge

On Sunday, October 31, 2010, at 12:30 p.m., the Wood-Ridge Ragamuffin Parade will line up at The Boulevard and Sussex Road with the parade starting at 1 p.m. and proceeding to the Doyle School Field. (*In case of rain, go directly to the the Doyle School.*) Tickets are necessary and are available at the Civic Center. ###

Bible Baptist Church Invites the Community to

The 7th Annual Trunk or Treat

Sunday, October 31, 2010
5 p.m. to 7 p.m.



This FREE event provides a safe, fun-filled, ONE STOP alternative to trick-or-treating. Come see a variety of decorated car trunks filled with goodies for children up to Sixth Grade.

Due to the nature of this event
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Friday's Fire on Sunday

A call came in to Wood-Ridge Fire Department on August 29, 2010, at 17:36 with a report of a smoke condition at T.G.I. Friday's. All equipment was dispatched. Friday's management evacuated the building.

Upon arrival, Fire Chief Paul Clemente assumed command. Due to a heavy smoke condition and fire on the exit side (*south side of building*), he called for a F.A.S.T. Team from East Rutherford, Ladder Truck from Hasbrouck Heights and EMS/Rescue from Moonachie.

Wood-Ridge Engine 905 was first on the scene and laid in a 5-inch line from the hydrant. Wood-Ridge Ladder positioned at the front of the building, and Heights Ladder positioned on the north side of the building.

Wood-Ridge Engine 905 tied into the building sprinkler system and set two 2-inch lines - advancing one into the building and the other on the outside.

The fire was under control in 15 minutes and quickly extinguished. Firefighters checked for extensions in the wall as well as cutting a hole in the canopy of the roof.

The call ended at 19:50. Approximately 50 personnel worked the scene. No injuries were reported.

The fire is under investigation but appears to have started on the outside and worked into the wall. The establishment was closed until the Board of Health inspected -- which is standard procedure for all eatery fire incidents. It reopened the following day. *Photos by Justin Derevyaniuk. ###*



Rollover and Extrication on Franklin Avenue

On August 21, 2010, at about 17:38, Hasbrouck Heights Fire Department responded to a roll-over on a front lawn and entrapment at Franklin and Field Avenue (near Route 17). HHFD Engine, Rescue

614, EMS 603 and 604, Wood-Ridge Rescue 903 and paramedics also responded. Rescue workers stabilized the vehicle, immobilized the victim before extrication and transported to HUMC.

Bergen County Police assisted Heights Police in traffic control. One summons was issued. Lenox Corp. towed the vehicle from the scene. *Photo by Justin Derevyaniuk. ###*



MVA Requires Extrication

A two car motor vehicle accident, with one person trapped, occurred on Main Street, near ShopRite in Lodi, on August 23, 2010, at about 3:40 p.m. Lodi Fire Department Rescue extricated one person. Lodi and Hasbrouck Heights EMS transported the patients to HUMC with paramedics. *Photo by Rob Knobloch. ###*



On September 13, 2010, at about 17:39, Hasbrouck Heights Police and EMS responded to a motorcycle and car accident at The Boulevard and LaSalle Avenue. The motorcycle rider was transported to HUMC. ###

HHFD Starts Fund Drive

The Hasbrouck Heights Fire Department began their annual fund drive late September 2010. Fire Department members delivered their appeal letters to each household. Donations may be made by sending a check in the enclosed return envelope.

Residents not receiving an appeal letter may send their contribution to HHFD, PO Box 492, Hasbrouck Heights, NJ, 07604. This is the Department's only fund drive. ###

WRFD Inspection October 2nd

The Wood-Ridge Fire Department will hold their Annual Inspection, 5:30 p.m., on Saturday, October 2, 2010. The Department will be in full dress uniform. The equipment and Fire Headquarters will be presented for inspection.

Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

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LFFD Inspection

The Little Ferry Fire Department held their annual inspection on Saturday, September 11, 2011 at the Fireman's Memorial Park.

Led by a bagpiper and Color Guard, Firefighters marched to Memorial Park.

The program began with an Invocation by Rev. Veronica M. Pearson, Pastor, Evangel Christian Church.

The Pledge of Allegiance was recited.

A bell tolled during the remembrance for departed members. Wreaths were lain by the Ladies Auxiliary and Fire Officers.

Service awards were presented. New members were introduced.

Mayor Mauro D. Raguseo remembered 9-11. Chief William Holley and Deputy Chief Robert Cordasco spoke. Rev. Veronica M. Pearson gave the Benediction.

There was an inspection of personnel and equipment (*new and vintage*) by the Mayor and-Council and attending Mutual Aid Fire Chiefs. ###

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Lodi Fire Prevention Bureau Holds Open House October 8

The Lodi Fire Prevention Bureau is hosting their Annual Open House on October 8, 2010, from 6 p.m. to 9 p.m. at the Kennedy Drive Firehouse in Lodi.

Many local, county and state agencies are expected at Lodi's Fire Prevention Week close-out ceremony.

There will be many interactive demonstrations, displays, free information, etc.

This year's fire prevention theme is "Smoke Alarms: A Sound You Can Live With."

The public is welcome. This event usually draws about 750 per year. For more information, call 973-859-7428.

See last year's Open House at: **The Gazette Newspaper**, November 2009, page 6. ###

Aviation History Comes A



Alive at Teterboro Airport



There was magic in the air, with a puff of smoke, when the B-17 Flying Fortress cranked-up the distinctive sound of each of their four Wright-R Cyclone turbo supercharged radial engines (made at Curtiss-Wright, Wood-Ridge).

The Yankee Air Museum (www.yankeeairmuseum.org), based in Michigan, flew into Teterboro with the Yankee Lady, a World War II B-17 Flying Fortress bomber. For a fee of \$425, the B-17 offered unforgettable rides to 11 "crew members" at a time. When not flying, visitors had the opportunity to go on board and explore this heavy bomber.

American Air Power Museum (www.americanairpower-museum.com) presented:

- A B-25 Mitchell twin engine bomber, famous for the Doolittle Raid over Tokyo.
- An Army Air Force P-47 Thunderbolt fighter used in all operational theaters of WWII.

The P-47 gained notoriety not only in air-to-air combat but as a ground-attack fighter with the firepower of eight 50-caliber machine guns.

P-47s flew more than 546,000 combat sorties between March 1943 and August 1945, destroying 11,874 enemy aircraft, some 9,000 locomotives, and about 6,000 armored vehicles and tanks.

- A C-47 Dakota troop carrier, painted in Normandy inva-

sion stripes, was open to the public.

- An Army Air Force P-40 Warhawk fighter used by most allied powers (15 countries) during WWII. Its nose was made famous by The American Volunteer Group, The Flying Tigers, while serving in China.

Additional aircraft included: Navy SNJ Trainer, Tri-Pacer, two Bell TH-57 Helicopter, Defiant aircraft, etc.

Numerous other VLJ (very light jet,) antique, classic, experimental and military aircraft also fielded the ramp.

At every display, a representative was available to answer any questions. Additionally, AHOF organized informative walking tours of the displayed aircraft, etc.

Many exhibits were inside Hangar One:

- The Army Air Forces Historical Association provided an extensive educational display which was dedicated to preserving the history of the United States Army Air Forces during World War II.

Various organizations provided displays to include Civil Air Patrol, U.S. Naval Sea Cadet Corps, Paramus Flying Club, Great Dane Rescue, Custom & Border Protection (Global Access), etc.

There were also a variety of aviation and military memorabilia vendors, etc.

The Port Authority of NY

& NJ displayed their crash/foam truck and runway maintenance equipment.

On display were street rods, old school gassers, classic cars, and military vehicles: M-35, Vietnam era 151 Jeep, etc. Race cars included: American Three Quarter Midget Racing Association, stock cars, vintage stock cars, and Wall Stadium modifieds. Kids of all ages enjoyed the BIG Wheel Races! with 25 races per day and trophies for all the winners.

The Hasbrouck Heights Men's Association provided refreshments. The Hasbrouck Heights Fire Department EMS was there for any emergency.

The Civil Air Patrol, NJ Wing, Teterboro Composite Squadron and U.S. Naval Sea Cadet Corps, Iwo-Jima (LHD-7) Division provided extensive perimeter security and parking management.

Many sponsors, Teterboro Airport FBOs, AvPorts, Port Authority, etc., provided much support to make this event a huge success.

About 10,000 attended the Aviation Hall of Fame and Museum Wings & Wheels Expo 2010 held at Teterboro Airport on September 25 & 26, 2010.

This year's event was a "Salute to Veterans." Veterans wearing their VFW or American Legion cap were admitted free. ###

September 11th Remembered

Moonachie residents held a service at 11:00 a.m. at the the 9-11 Memorial located at Borough Hall in remembrance of the victims and in support of our troops around the world.

Opening remarks were made by Mayor Fred Dressel followed by an Invocation by Rev. Kimberly Chastain, and the Pledge of Allegiance.

Ed Nepil, First Presbyterian Church, sang the "Star Spangled Banner."

Bergen County Executive Dennis McNerney was the guest speaker.

Francesca Macalintal sang "Hero," followed by a Patriotic Message by Past VFW Commander Bud Evers.

Francesca Macalintal and Michael Spadavecchia performed "America the Beautiful."

First Assistant Fire Chief Victor Migliorino, Second Assistant Fire Chief William D. Hunt and First Aid & Rescue Squad Captain Frank Smith placed the Memorial Wreath.

"Proud To Be An American" was sung by Anne Claire Macalintal. Rev. Kimberly Chastain gave the Benediction and Mayor Dressel made concluding remarks. ###

With FireDepartment Members serving as the Honor Guard, **Hasbrouck Heights** residents held their service at the Firemen's Memorial at The Circle at 7 p.m.

"On Eagle's Wings" was led by Joann DeCongelio and the Corpus Christi Church Choir.

MC Mayor Rose Heck led in the "Pledge of Allegiance" and Paul Fitzpatrick sang the "Star Spangled Banner."

Rev. Msgr. Lewis Papera, Corpus Christi Church, gave the Invocation.

Reflections were given by Police Commissioner Justin DiPisa, Fire Commissioner David Gonzalez, Thomas Meli and Edward Sees.

"Amazing Grace" was led by Joanna Kowalska and the Corpus Christi Church Choir.

Benediction was given by Rev. Iraida Ruiz DePorras, First United Methodist Church Pastor. The program concluded with Corpus Christi Choir leading with "God Bless America." ###

Wood-Ridge residents held their service at Veterans Park at 11 a.m.

MC was Councilman Thomas C. Gonnella. Father Brian Cullinane, Assumption Church Pastor, gave the Invocation, Wood-Ridge Fire Department posted the colors and the Pledge of Allegiance was led by the Boy Scouts and Girl Scouts.

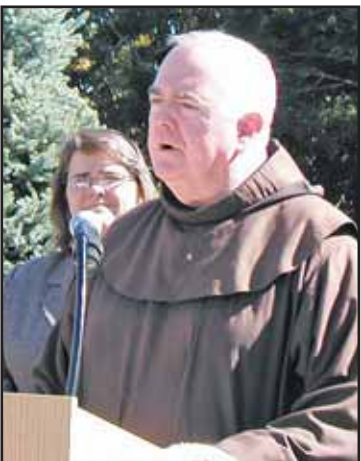
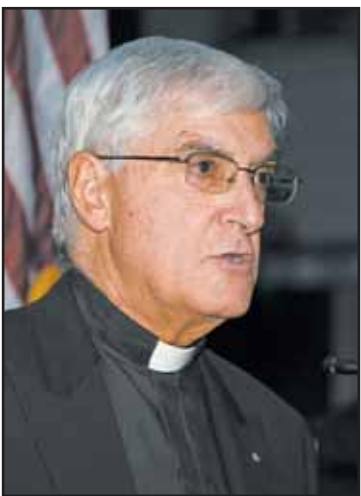
The "National Anthem" was sung by Melissa Plaza. Mayor Paul A. Sarlo introduced dignitaries. The WRFD ceremoniously rang the fire truck bell in the "Striking of the Four Fives." Melissa Plaza sang "Amazing Grace."

Recognition was given to VFW 3616, American Legion Post 197 and the VFW Ladies Auxiliary.

Recognition was given to the Fire Department Chief Paul Clemente, Police Department Chief Joseph Rutigliano, Acting DPW Superintendent Chris Eilert, Emergency Management Paul Dahl and Shade Tree Commissioner George Meglio.

The keynote address was given by Mayor Paul A. Sarlo, followed by Borough children laying the Wreath. Ms. Plaza led those attending in the singing of "God Bless America," Tish Ferry played "Taps" and the program concluded with Father Brian giving the Benediction. The WRFD retired The Colors.

During this service, the Knights of Columbus sponsored a blood drive, with about 30 pints of blood collected. *Photos by Marie Gallo.* ###



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Back to School Cuts



Boys State Delegates Honored

Luigino F. Alosco and Mark G. Ellebracht from Bergen Catholic High School and Kevin T. Condal, Steven DeNichilo, Alex Gangozza, Andrew P. Hodulik and Richard J. Mills from Hasbrouck Heights High School each received a "Certificate of Appreciation and Participation" for attending the American Legion Boys State in June 2010. The seven boys were delegates sponsored by the Capt. James B. Scarr American Legion Post 106. Local Boys State chairman Peter J. Gallo Jr., along with Commander Michael Cahill, presented the certificates to the seniors.

American Legion Jersey Boys State (ALJBS) is a mythical fifty-first state organized and administered for citizenship training purposes under the auspices of the American Legion Department of New Jersey. A session of Jersey Boys State has been held annually since the first session in 1946. Held at Rider University every year beginning on Father's Day, ALJBS has a strong tradition of education, patriotism and excellence in the development



of tomorrow's leaders at their week long hands-on program.

Only high school juniors are eligible for the program. Each delegate is sponsored by an American Legion post throughout the state of New Jersey. They expect about 900 delegates to attend the 66th Session of New Jersey Boys State at Rider University in June 2011.

Guidance counselors stress that college admissions officers

are impressed with applicants who have special achievements such as being a Boys State Delegate, an Eagle Scout, etc.

Mr. Gallo stated that the American Legion is presently looking for 11th Grade boys who reside in Hasbrouck Heights and have a desire to attend Boys State 2011. Interested boys should contact him at 201-288-0276. *Story and photos provided by Peter Gallo Jr. ###*



Am. Legion Donates Shavers to Veterans

On Thursday, September 9, 2010, members of the Captain James B. Scarr Post 106, American Legion from Hasbrouck Heights, donated thirty electric shavers to be distributed to Veterans housed at the New Jersey Veterans Memorial Home in Paramus.

The gifts were accepted on behalf of the Veterans by Department of Military and

Veterans Affairs, Brigadier General Frank R. Carlini, Paramus Veterans Home CEO Doris Neibart and Director of Volunteer Services at Paramus, Susan Pettigrano.

The members of Post 106 who attended were Commander Michael Cahill, Adjutant Frank Zabransky and Post Boys State Chairman Peter Gallo Jr. *Story and photo provided by Peter Gallo Jr. ###*

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Is Your Child Safe?

On September 18, 2010, Police Officers conducted a free child car seat check at The Fiesta parking lot from 10 a.m. to 2 p.m. A sign was posted on Route 17 South notifying parents of this free inspection.

This was the first large scale inspection involving several Departments in this area. Many officers donated their time. Officers from Carlstadt, East Rutherford, Hasbrouck Heights, Moonachie, Little Ferry, Lyndhurst, North Arlington, Rutherford, South Hackensack, and Wood-Ridge participated.

Wood-Ridge Chief Joseph T. Rutigliano stated, "Our Police Departments are working together and sharing manpower to better serve our communities at no additional cost."

Sponsors included the Bergen County Police Chief's Association and The Fiesta. Free hot dogs and refreshments were available for parents while they waited. During this inspection, if a child seat failed inspection, a new seat was provided.

Officers offered parents safety tips and literature.

What You Can Do To Make Your Child Safer In The Car

Seat all children under 13 years old in the back seat. Be sure they are properly restrained every time they ride in a motor vehicle—even during those quick trips to the corner market.

Read both the car seat instruction manual and your vehicle owner's manual to make sure you are properly installing and using the seat.

Send in your car seat registration card so that the manufacturer can contact you about any recalls. You can also call the National Highway Traffic Safety Administration Auto Safety Hotline, 888-327-4236, to find out about recalls.

When choosing a child safety seat, it is important to find one that is age and size appropriate and fits in your car.

Refer to the maximum height or weight limit mandated by the child safety seat manufacturer. *(This information can be found on the label affixed to the seat and in the seat owner manual.)*

Rear Facing Only -- Until

at least 1 year old and 20 lbs.

Convertible/Forward facing/high back booster with harness -- minimum age of 1 year old and at least 20 lbs. up to at least 40 lbs.

Children should start using a booster seat when they grow out of their child safety seats *(usually when they weigh about 40 pounds)*. They should continue to ride in a booster seat until the lap/shoulder belts in the car fit properly up until 8 years of age and/or 80 lbs., child must be in a booster seat.

Children require a lap and shoulder belt combination when riding in a vehicle. Belt-positioning booster seats raise children up so that this belt combination fits correctly.

Belt-positioning boosters -- These seats are intended for

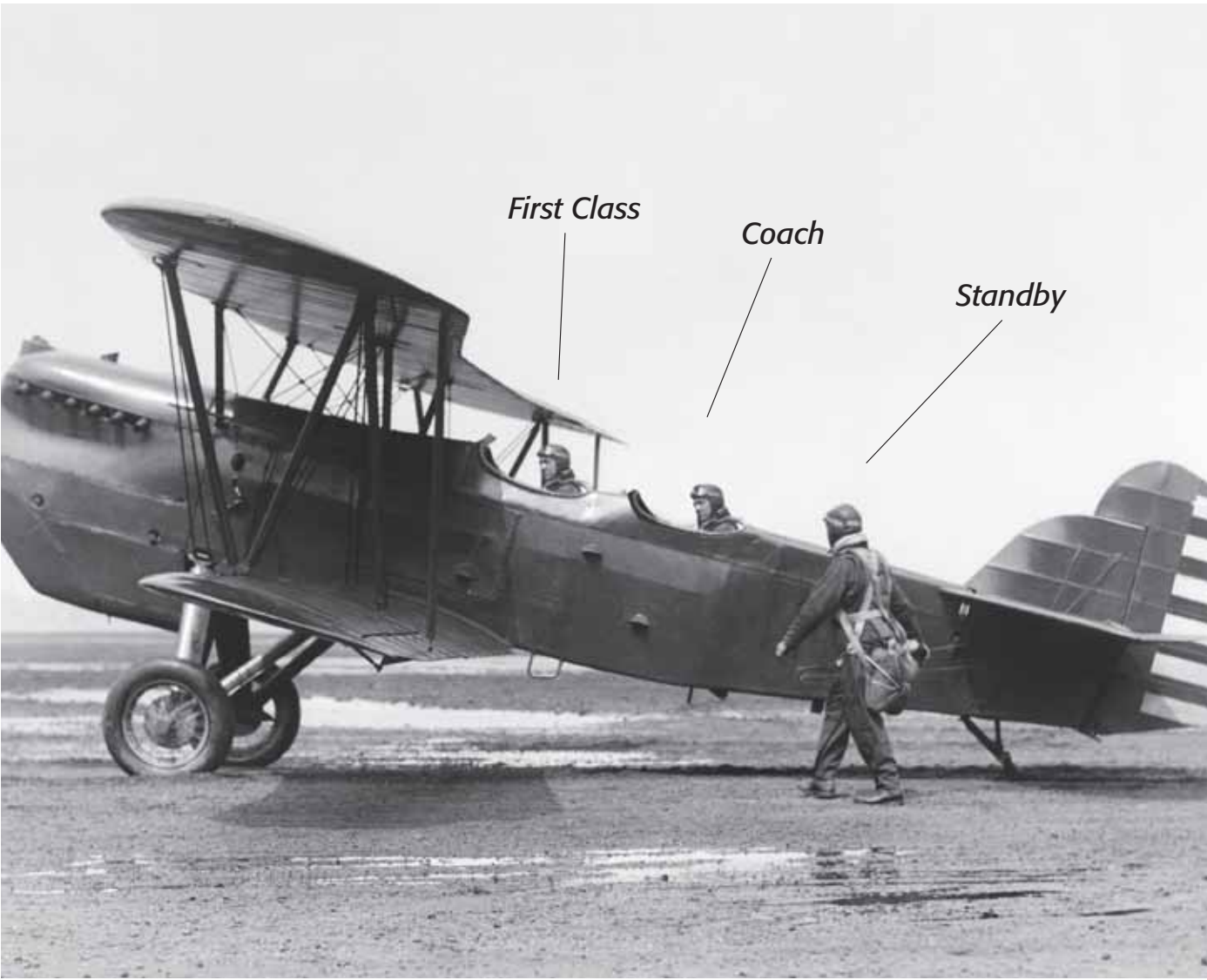
older children. The seat is used as a transition from a convertible seat to the adult seat belt.

These booster seats offer the best upper body protection for children weighing from about 40 up to 80 or more pounds.

Booster seats should be used until the child fits the vehicle's lap and shoulder belt.

Belt-positioning boosters are also designed to help lap and shoulder belts fit better. Backless boosters can be used in vehicles with proper head restraints, high-back boosters provide appropriate head support.

Booster seats have been shown to reduce injury risk by 59% compared to safety belts alone, for children ages 4 to 7 years. ###



Visit the Aviation Hall of Fame and show the kids how far flying has come.

Teterboro Airport and The Port Authority of New York and New Jersey have been your neighbors for more than 50 years. We're a proud partner of the Aviation Hall of Fame Museum and invite visitors of all ages to enjoy an interactive experience and share in New Jersey's pioneering role in aviation history. For more information visit us at panynj.info or call the museum at 201-288-6344.

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panynj.info

ATTENTION PARENTS

The next FREE Child Seat Inspection is Friday, December 3, 2010 from 8:30 to noon at The Fiesta

THE PORT AUTHORITY OF NY & NJ

Officials Reinforce Importance of School Zone Safety

On Thursday, September 9, 2010, Pam Fischer, NJ Director of Division of Highway Traffic Safety, held a press conference to promote school zone safety at the Catherine E. Doyle Elementary School in Wood-Ridge, before Wood-Ridge crossing guards, Fifth Grade students, some wearing lime green stripes signifying safety patrol volunteers at the school.

Ms. Fischer promoted a new, 10-minute video entitled, "School Zone -- Danger Zone," which highlights the importance of parents knowing and adhering to school drop off procedures, obeying the instructions of school crossing guards and other officials and serving as positive role models when behind the wheel.

This public awareness video will help parents learn the critical role they play in ensuring their children's safety. It provides information on the function of crossing guards, and the importance of always

following their direction, as well as that provided by other school and law enforcement personnel who may be assisting children as they move in and through school zones.

She commented that children younger than ten years of age are still developing the auditory localization skills needed to hear and anticipate oncoming traffic, making them more vulnerable when walking or bicycling.

Additionally, she noted, "In the past decade, crashes involving school crossing guards increased nearly 65%." (*Little Ferry Crossing Guard Joseph Dotterman was fatally struck on January 20, 2010. See The Gazette Newspaper, March 2010, page 15.*)

"This should prompt parents to pause and think about their own driving behaviors. For instance, ask yourself, 'Am I driving too fast as I enter or exit the school zone?' If the answer is yes, consider



this: a pedestrian struck by a vehicle traveling 20 mph, has a 95% chance of survival, as compared to 55% and 15%, respectively, when the vehicle is traveling 30 or 40 mph."

It was noted that our first line of defense is our crossing guards. Crossing guards are hired and trained by local police departments, not school districts. The main reason behind accidents:

- More children are driven to school.
- Crossing guards are ag-

ing.

- Traffic has become more aggressive.

Fischer urged parents to put down their cell phones.

The State Parent Teacher Association (PTA) is partnering with the Division to let parents know about the availability of the video. "The NJ PTA has information on its web site regarding safety around our schools while parents are dropping off their children, we have also include this in our newsletter, and we are providing our

County PTAs for distribution. We urge all parents to make school zone safety a priority." said State PTA President Judy Hyde.

The press conference included representatives of AAA automobile club, the state's police chiefs association and video producers Municipal Excess Liability Joint Insurance Fund (MEL).

The video can be viewed at: www.nj.gov/oag/hts/downloads/video/Crossing_08062010.wmv ###

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Reflections

Life Unfolds

Fr. Placid Stroik, OFM
Chaplain, Felician Sisters, Lodi, NJ;
Chaplain, Covenant House, New York City

Indeed life unfolds, evolves. But how? According to a well developed plan and design? According to circumstances and situations that emerge by chance?

David Brooks, a New York Times Op-Ed writer in his piece, August 3, 2010, stimulated many responses to his presentation of these 2 well considered approaches, i.e., a) The well planned self and b) The summoned self.

Some of the characteristics of the well planned self are:

- investing a lot of time finding a clear purpose for one self.
- thinking about why God put me on this earth.
- frequently asking the question: “what should I do?”
- pinpointing strategies to achieve the purpose of my life.

Some of the characteristics of the summoned self are:

- the landscape of life needs to be explored.
- commitments to family, faith, nation and causes come before choice.
- what are my circumstances asking me to do?
- what is needed in this place?
- what is the most useful social role before me?
- readiness of the self to dissolve into a larger purpose and cause.

In a recent discussion with Covenant House youth in New York City, some quickly said they work out of the well-planned self approach. Others said: the summoned self approach.

In discussing the lives of some great leaders in life, the youth saw that these leaders started out with a well-planned self approach, but circumstances took them to the second

approach: the summoned self.

Some time ago when I was in an administrative/sales position, I asked some advice from a professional sales person. I got it and followed it religiously: “Plan your work... Work your plan.” Clearly, a well-planned self approach.

And from executive strategists, I recall the clear advice of the “well-planned self approach”: “Before you retire for the night, make your list of tasks for the next day, jump into that list in the morning and don’t rework your list until the evening time.”

Parental instinct often impels fathers and mothers to take a well planned approach regarding their children. It goes something like this: “As soon as your child begins pre-school, that is the time to begin negotiations about what university your child will attend.”

In the 13th Century, the father of Francis of Assisi, Peter

Bernadone, a wealthy merchant, did all he could to plan a life of wealth and military status for his son.

Francis took to it, embraced it and loved it until circumstances: a stint as a prisoner of war; an encounter with lepers, the marginalized people of 13th century; a voice from a cross; a few lines from the Gospel of Jesus Christ ... until all these events summoned him to become the icon of peace, love, pardon, faith, hope, light and joy he is to millions of people to this day.

He did all this in communion with all people, his brothers and sisters; the world was his cloister; he preached the Gospel always and used words only if necessary. He did have the constant inspiration and encouragement of the equally summoned woman, Clare of Assisi.

800 years later, Francis and Clare of Assisi continue to summon people to lives lived for others with simplicity and joy and with total gratitude for this beautifully created universe.

Even the groans of creation were for them and continue for us to be a summons, calling all people back to the well planned design of original innocence, full of grace, and goodness, described in the book of Genesis, Chapter 1. ###

Church Schedules: Hasbrouck Heights

BIBLE BAPTIST CHURCH

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Rev. Bill Hegedus, Pastor

Sunday

8:00 a.m. Prayer Partners Meet

8:30 a.m. Early Worship Service (Traditional)

9:30 Discipleship Hour for all ages

11:00 a.m. Morning Worship Service (Contemporary)

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Rev. Raymond M. Holmes

Rev. Jerzy R. Zaslon

Rev. Msgr. Martin O’Brien

Deacon Vincent DeFedele

Sunday Obligation Masses:

5:00 p.m. Saturday (Chapel)

7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel),

12 noon (Chapel) and 6:00 p.m.(Chapel)

Daily Masses: (Church)

Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m.

Reconciliation (Confession): Sat. 4-4:45 p.m.

Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html

School: www.corpuschristischool.net



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Monday - 7:30 p.m., N.A. Women’s Meeting

Tuesday & Friday - 12 noon, N.A. Meeting



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10:00 a.m. - Worship Service

Thursday - 7:00 p.m. - Bible Study

Friday - 7 p.m. Contemporary Family Service

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Rev. Susan Nelson-Colaneri, Pastor

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Sunday

10:30 a.m. - Sunday Church School

11:00 a.m. - Holy Communion



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Rev. Edward J. Glasser, Assoc. Minister

Sunday - 10:00 a.m. Morning Worship

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Church Schedules: Little Ferry

EVANGEL CHRISTIAN CHURCH

165 Main Street • Office: 201-440-0470

Rev. Veronica M. Pearson, Pastor

Sunday - 9:00 a.m. Adult Bible Study • 10:30 Worship

Children/Teens Sunday School meet during Worship Service

Wednesday - 7:30 p.m. Bible Study



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Church Schedules: Lodi

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Rev. Jason S. Gaganap, C.R.M, Parochial Vicar
Rev. Anastacio “Nony” Villaluz, C.R.M, In Residence
Rev. Mr. Steve Marchese, Deacon
Sunday Obligation Masses:
6 p.m. Saturday
7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
Daily Masses: 7:00 a.m., Noon • **Holy Day Mass Eve:** 7 p.m.
Reconciliation (Confession): Sat. 4:30 - 6:00 p.m.
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

Church Schedules: Moonachie

FIRST PRESBYTERIAN CHURCH OF MOONACHIE
221 Moonachie Road
Church Office: 201-641-4919
Rev. Kimberly Chastain, Pastor
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9:30 a.m. Children’s Sunday School
11:00 a.m. Worship Service



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Sr. Dorothy A. Donovan, S.S.J, Pastoral Associate
Sunday Obligation Masses:
Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon
Daily Masses: Mon., Novena 7 p.m., Tues., Wed., Fri. 8 a.m.
Saturday, Memorial Day, July 4th, Thanksgiving: 9 a.m.
Rosary for Peace: First Saturdays after 9 a.m. Mass
Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

Church Schedules: Wood-Ridge

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Center: 201-933-6118 • School: 201-933-0239
Fr. Brian Cullinane, OFM, Pastor
Fr. Paul Sinnema, OFM
Deacon Nicholas Valdez
Sunday Obligation Masses:
5:30 p.m. Saturday
8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
Mon., Fri., Sat.: 8 a.m. • Tues., Wed., Thurs.: 7:30 a.m.
Holy Hour: Friday after 8 a.m. Mass
Sacrament of Penance: Sat. 11:00 - 12:00 p.m.
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Parish: www.assumption-parish.org
School: www.assumptionschoolwr.org



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Rev. Kimberly Chastain, Pastor
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Rev. Changsik Jang, Pastor
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Tuesday - Saturday 6:00 a.m. Morning prayer meeting
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3rd Sunday - 9:30 a.m., Combined Espiscopal Eucharist
2nd & 4th Sunday - 11:00 a.m. Malayalam Service
Vestry Meeting: 2nd Sat. 10:00 a.m.



“From the Porch” to Those in Need

Thank you to all who have supported “From the Porch” ministries at Holy Trinity Lutheran Church, located at the corner of Burton and Hamilton Avenues in Hasbrouck Heights. Through your sharing and generosity they have been able to provide shoes for Haiti, care packages to bring a little fun to our soldiers overseas, and school supplies, underwear and socks for orphanages in earthquake-damaged areas of Haiti.

This October, and November, SWIM (*Single Women in Mission*) is sponsoring a ministry to the homeless in partnership with BRIDGES Outreach in Summit, New Jersey. BRIDGES is committed to bringing the housed and homeless together. Their volunteers make weekly visits to both sheltered and unsheltered homeless in New York City, Newark and Irvington. Their volunteers deliver more than 100,000 lunches, 40,000 breakfast bags, toiletry bags, clothing and other necessities yearly.

Holy Trinity will be collecting items for packaging breakfast bags and toiletry kits.

Suggested items for donation include:

- For breakfast bags: oatmeal packages, granola bars, cereal bars, apple sauce cups, fruit cups, small boxes of raisins, juice boxes, tea bags, hot chocolate packets, and single serve instant coffee.

- For toiletry kits: travel or hotel size soap, shampoo, shaving cream, hand lotion, deodorant, toothpaste, toothbrush, lip balm, and wash cloths.

Donations may be left on the porch at Holy Trinity on Sundays from 10 a.m. to 12 noon, or on weekday mornings (*Monday through Thursday*) until 12 noon. You are welcome to join worship at 11 a.m., or just stop in for coffee.

Together, in small ways, we are making a big difference to those in need.

If you would like more information about SWIM or about Holy Trinity, please call 201-288-6889 or visit the website at www.holytrinityhasbrouckheights.com

Story provided by Judy Danilchick. ###

Moonachie Annual Town-Wide Food Drive

First Presbyterian Church of Moonachie joyfully announces its 5th Annual Town-wide Food Drive, to be held at the Church on October 8 & 9, 2010.

Letters have gone out to local businesses. Volunteers will walk the town and give an invitation to every household.

In a time when so many people are in need, it is good to find ways to help out, and even a single can or boxed item can make a difference in fighting hunger.

According to the workers at the Center For Food Action, the need is higher than ever this year, and they are having a hard time keeping enough food on the shelves. Most needed items include: canned meat, canned

tuna, canned chicken, canned beef stew, Parmalat, 100% fruit juice, macaroni and cheese, canned pasta, peanut butter and jelly, canned fruit, pancake mix and syrup, canned soup, rice, baked beans, cleaning supplies, paper goods and large-size disposable diapers.

Bring your contributions to the First Presbyterian Church of Moonachie on October 8 or 9 between 10:00 a.m. and 2:00 p.m. You may also drop items off at the parish office, 190 Valley Boulevard in Wood-Ridge, any weekday between 9:00 a.m. & noon. Or, if you would like to donate but do not have transportation, please call Pete at 201-933-8045 or Linda at 201-641-1272. ###

Rosary Society News

The next General Meeting of the Rosary Society is Thursday, October 7, 2010, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel celebrated by our Moderator, Reverend Raymond Holmes.

The evening will include a “Brown Bag Auction” and members are reminded to bring an auction item (*minimum five dollar value*) in a sealed bag, attaching a note with clues as to its content. Guess the contents and bid on the package!

Proceeds of the auction will be donated to our Child in Need project. We will also distribute the list of gift items needed for our Christmas Stocking project to benefit local children. Donations (*new and unwrapped*) will be collected at our November meeting.

PLEASE MARK YOUR CLAENDARS: The Rosary Society is hosting a reception following the eleven o’clock Healing Mass on Saturday, October 30.

Our annual Christmas Gathering is Wednesday, December 1, at 6:00 p.m. at The Graycliff in Moonachie. Ticket price is \$40 and includes hors d’oeuvres and a complete dinner. We invite the women of the parish to join us for a very enjoyable evening.

We encourage the women

of the parish to join the Rosary Society in prayer and service to the parish. Members are required to say one decade of the Rosary daily, attend monthly meetings, pray the Rosary for deceased members, and participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan (201-288-7415) for further information. *Story by Carol Viceconte. ###*

Free Lunch

Everyone is invited to the First Presbyterian Church of Moonachie on October 2, 2010, at 11:30 a.m, for the “First Saturday Free Lunch” program.

This program is an expansion of the Church’s ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy’s got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###

Prayerful Reflection

Silent Retreat

Christus Rex Catholic men’s silent retreat is scheduled for the week-end of October 22-24 at the Jesuit Loyola Retreat House in Morristown, NJ. Free will offering. Retreat house details at: www.loyola.org. Call 201-288-8656 for more information. *You owe it to yourself to attend at least one silent retreat in your lifetime.*



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Holy Trinity Celebrates Rally Day with Worship and Picnic in Woodland Park

Members and friends of Holy Trinity Lutheran Church gathered at Woodland Park in Hasbrouck Heights on September 12, 2010, to worship outdoors, bless teachers and students, and share fellowship with their sister congregation, The Lutheran Church of the Redeemer in Maywood.

Rally Day – a day when congregations everywhere get together to celebrate the beginning of the new educational term and the end of summer activities and vacations – for Holy Trinity and Redeemer this year was truly an intergenerational event.

People of all ages participated, not only in worship, but also in hula hoop and parachute games, face painting, art activities and more. Worship, fellowship, good food and fun were the order of the business

for the day.

It was a cloudy day, but the rains held off and this group had much to smile about.

You are invited to visit Holy Trinity's new website, www.holytrinityhasbrouckheights.com, or call the Church office at 201-288-6889 to find out more about Holy Trinity. *Story by Judy Danilchick. Photo by Arnold Steinhaufl.* ###



Copy for the November Issue is due Oct. 10th.

Previous Issues of The Gazette Newspaper are available on-line at: The-Gazette-Newspaper.com
RSS Feed Available

Conserve Energy
When not in use, turn off the juice.

Rosary Altar Society of Assumption Parish

The women of the Rosary Altar Society of Assumption Parish are on a mission to recruit new members.

Being a Rosarian is a great way to connect to the Blessed Mother through the way of the rosary. It is also one of the most flexible and convenient ways to become more involved with the parish.

Meetings are the first Tuesday of each month from September to June.

The Society also has some wonderful events that are not only fun but rewarding in the spirit of giving and support of those in need.

Events such as our spectacular baby shower for the Birthright organization for Moms in need, our well known Cake sale and our visit to Bergen Regional Medical Center to spread cheer and support.

The Rosary Altar Society is more than just the ladies responsible for Altar Linens. Don't be fooled though, we are passionate about the care of the Altar Linens.

In addition, we also enjoy celebrations together at our annual Communion Breakfast, our Christmas Party and our annual picnic in June.

The San Alfonso Retreat is an amazing experience that many of the Rosarians also participate in.

But above all, Our love and dedication to the Blessed Mother is our ultimate bond. We begin each meeting by praying the Rosary together and Celebrating Mass as a family. We honor Mary in the month of May with an evening of reflection and the Coronation of the Blessed Mother.

All women of the parish are always welcome and encouraged to join, especially now at a time when things seem so stressful and demanding, so put down your Blackberry, turn off the Facebook, find a sitter if you have children and come hang out with a wonderful group of women.

Mary is waiting for you!
Story by Rose Lepore. ###

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October 2010 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, October 4, 11, 18, 25

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

Tuesday, October 5, 12, 19, 26

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Games, cards & coffee

Wednesday, October 20, 27

10:00 a.m. Wii Bowling League

2:00 p.m. Senior Paced Aerobics \$1.00

Thursday, October 7, 14, 21, 28

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

Friday, October 1, 15

10:00 a.m. Fun Bingo

1:00 p.m. Movies

Check Center Bulletin Board for listings

Friday, October 8, 22, 29

10:00 a.m. Games, cards & coffee

CLUB MEETING SCHEDULE

Wednesday, October 6

10:30 a.m. Leisure Club Executive Meeting

Wednesday, October 13

1:00 p.m. Monthly meeting

UPCOMING EVENTS

Christmas at the Hunterdon Hills Playhouse

Monday, November 8 Bus leaves the Senior Center at 9:30 a.m. \$60 per person. Full course meal, assorted desserts. Live orchestra and Musical Comedy Revue. Contact Joe at 201-288-1246.

Annual Leisure Club Holiday Party

Wednesday, December 8 at the Elks Lodge. More information will be presented at the monthly meeting.



Seniors Get Update on Medicare

Colleen Imbert, Sales Representative for United Health Care, presented an informative program at the Leisure Club meeting held on September 8, 2010. Her topic was Medicare.

All seniors know that Medicare is a federal health insurance program that covers seniors age 65 and older. It also covers some younger persons with specific disabilities.

Although Medicare has many parts or plans, Colleen focused in on Part A, Part B, Part C and Part D.

Briefly, Part A pays for inpatient hospital stays and some home health care service; Part B pays for outpatient care such as doctor visits; Part C is for those seniors who did not

sign up for Part B when they were first eligible, may have to pay a late Medicare Advantage; and Part D is Medicare prescription drug coverage which is available to everyone with Medicare. To get Medicare drug coverage, you must join a Medicare drug plan.

Colleen spent much time discussing deductibles, co-pay responsibilities; coverage gap, donut hole, catastrophic coverage and the time a senior may join, change, switch or drop Medicare Advantage and Medicare Prescription Drug coverage which is from November 15th to December 31st. The new enrollment period for 2011 is from January 1, 2010 to February 15, 2010.

The seniors who attended this meeting had a wealth of information presented to them. They were advised that to get up to date information they should view the "medicare.gov" web-site.

During the meeting of the Leisure Club, the members were advised that the executive board had appointed Marilyn deRussy to fill the vacant secretarial position.

The election of new officers will take place in November 2010. Officers elected serve a two year term. Rumor has it that if asked, the present officers will accept the nomination to serve again. *Story by Peter Gallo Jr. Photo by Marie Gallo. ###*

AARP Learns More About Our Meadowlands

The program presented at the September 10, 2010 meeting of the Central Bergen Chapter #418, AARP focused on the history of the Meadowlands and the programs available at the Meadowlands Environment Center.

Dr. Victoria Madden presented the members with a program that was both visual and hands on. She was assisted by Ms. Lori Yanowitz and Ms. Laura Rodrigues. They all work for the NJ Meadowlands Commission as part of a team of educators from Ramapo College. The New Jersey Meadowlands Commission and Ramapo College of New Jersey entered into a partnership in 2003 to develop a comprehensive environmental education program for schools and the general public.

Dr. Madden discussed the history of the meadowlands, covering the periods of glaciers, the melt down, the big drain, the pig farms and finally when it was used as a site



where garbage was dumped as a landfill. Towards the end of her program, she distributed many items retrieved from the garbage and had members try to identify them.

Dr. Madden and her associates then discussed the many events and programs available to citizens whose ages range from Kindergarten to senior citizen. They have educational programs, programs for the public, hikes up Laurel Hill, walking tours to glimpse the wildlife, and canoe and pontoon boat trips. They also have a museum and a 20 inch diam-

eter telescope at the William D. McDowell Observatory. Some of the activities are free.

During the meeting portion of the day, Estella Hackel informed the members about two trips that have been scheduled.

The first trip is on November 16, 2010 to the Royal Manor in Garfield. The luncheon/show will be Uncle Floyd's Spaghetti Western. The cost is \$50.

The second trip will take place on April 12, 2011 to Doolan's in Spring Lake. The luncheon/show will be "The Best of Broadway." The cost will be announced at the next meeting. *Story by Peter Gallo Jr. Photo by Marie Gallo. ###*

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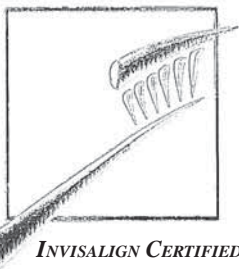
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Fitness Tips

By Joann Glussich

Your Self-Guided Kitchen Raid

Your kitchen will make or break your weight loss results. A kitchen stocked with the makings for healthy meals and snacks will keep you on track, even when late-night cravings strike. On the flip side, a kitchen filled with unhealthy munchies will derail your weight loss efforts every single time. So what should your cupboards hold and what should be off limits? I've designed this self-guided kitchen raid to help you sort out the good from the bad.

The Refrigerator

Let's start with the fridge, the heart of your kitchen. If you find something in your fridge that is on the "Dump this" list, then you know what you have to do. Get that garbage bag ready.

- Dump this: Beverages with high fructose corn syrup or sugar. Drinking calories is one of the quickest ways to gain weight.
- Replace with: Water. Keep plenty of cold water on hand for proper hydration.
- Dump this: Rich dairy products. I know that cream cheese tastes amazing, but fat-filled dairy products are extremely high in calories and should not reside in your fridge. Eliminate high-fat cheese, milk and yogurt from your kitchen.

- Replace with: Fresh Vegetables. Veggies are filled with fiber, vitamins and nutrients and are a vital part of a healthy well-rounded diet.
- Dump this: Fatty meats. It is important that you be selective about the meats that you eat.
- Replace with: Lean meats. Skinless chicken breast, lean ground turkey, white fish - there are numerous choices when it comes to lean meats.
- Dump this: Fruit-flavored yogurt. More than 50% of the calories in fruit-flavored yogurt come from sugar.

Replace with: Plain low-fat yogurt, Greek yogurt, or low-fat cottage cheese. If you love yogurt, then get the low-fat plain version. You can even chop up some fresh fruit and stir it in.

The Freezer

- Dump this: Ice cream.
- Replace with: Frozen fruit. Throw an assortment of frozen fruit into the blender and whip up a healthy fiber-filled smoothie.
- Dump this: Frozen Pizza. Ban frozen pizza from your home and watch as your waist starts to shrink.
- Replace with: Turkey or Veggie Patties. Serve on a bed of brown rice or on a whole grain bun.
- Dump this: TV Dinners. Turn the package over and read the nutritional facts. You will be shocked by the staggering

number of calories and less-than-healthy ingredients.

Replace with: Home-made Portioned Meals. Cook up healthy meals, and then freeze them in portioned containers. Simply reheat and enjoy.

- Dump this: Frozen Breakfast Food. French toast, waffles and pancakes are popular items in the freezer aisle. These items are highly processed and contain loads of unnecessary sugar.
- Replace with: Sprouted Whole Grain Bread and Muffins. It is just as easy to throw a slice of sprouted, whole grain bread into the toaster. Spread with some natural peanut butter and pair it with a piece of fruit. Now that's a much healthier breakfast.

The Pantry

This may be the most painful part of your kitchen raid, since most junk food ends up here. So take a moment to give yourself a pep talk before grabbing that garbage bag and opening your pantry.

- Dump this: Sugar-filled cereal. Sugar-filled cereal is basically another form of junk food, and will only add inches to your waist.
- Replace with: Whole Grain Oatmeal. There is a huge difference between instant, sugar-filled oatmeal and whole grain oatmeal.
- Dump this: Refined/White Bread/Rice/Pasta. Do not buy "white" bread, rice or pasta - especially if you want to lose weight.
- Replace with: Whole Grain Bread/Rice/Pasta. Whole grain is the best choice you can make. It is filled with healthy fiber,

and is less likely to contain harmful, waist-expanding ingredients.

- Dump this: Chips/Crackers. While refined chips and crackers are fun to munch on, the extra calories will quickly add up.
- Replace with: Almonds. Practice portion control, place a handful of almonds into individual bags for pre-portioned snacks.
- Dump this: Packaged Sweets. It's one thing to enjoy a dessert once in a while, it is quite another to routinely eat processed sweets at home.
- Replace with: Dried Fruit. When you want to munch on something sweet, turn to a bag of dried fruit. Make sure that you purchase dried fruit

that does not contain added sugars.

Raid your kitchen every couple of months as a way of keeping yourself on track. Talk with your family members about the healthy changes that you're making, and try to get everyone's support.

You know that weight loss comes as a result of healthy eating and consistent, challenging workouts. Get started on a fitness program that will get you on the fast-track to your best body ever.

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Pharmacist Corner

How to Care for Diabetic Feet
By Judith Salazar & Christina Magaldi of BeJay Drugs

Foot care is very important for every person with diabetes. Keeping your blood glucose under control and taking care of your feet every day can help you avoid serious foot problems. Here are some helpful tips on how to care for your feet:

- 1. Inspect your bare feet daily.**
- Check for cuts, blisters, red spots, swelling, & infected toenails.
 - Make sure to call your physician if a cut, sore, blister or bruise on your foot does not begin to heal after one day.

- Use a mirror to check the bottom of your feet if you have trouble seeing.

- 2. Wash your feet daily.**
- Wash your feet in warm NOT hot water.
 - Do not soak your feet.
 - Dry your feet well especially in between your toes.

- 3. Keep the skin on your feet soft & smooth.**
- Rub a thin coat of lotion over the tops & bottoms of your feet but NOT in between your toes because this may cause an infection.

• You may gently use a pumice stone to smooth corns & calluses after bathing or showering. (**** Must consult with physician first ****)

- Do NOT cut corns & calluses.
- Do NOT use razors, corn plasters, or liquid corn & callus removers because they can damage your skin.

- 4. Trim your toenails weekly or when needed.**
- Trim your toenails straight across after washing & drying your feet.

• Have a podiatrist trim your toenails if you can't see well, if you can't reach your feet, if your toenails are thick & yellowed, or if your nails curve and grow into the skin.

- 5. Wear shoes & socks at all times.**
- Do NOT walk barefoot, not even indoors, because it's easy to hurt your feet.
 - Always wear socks, preferably white cotton, seamless, or lightly padded to help avoid blisters and sores.
 - Check the inside of your shoes before you put them on to be sure the lining is smooth and that there are no objects in them.
 - Wear shoes that fit well; preferably no sandals.


Therapeutic footwear is available to help reduce risks of serious foot conditions.

The proper shoe can help relieve pain, accommodate fixed deformities, transfer forces from sensitive to tolerant areas, limit motion of painful, inflamed or unstable joints, & improve foot function overall. It is very important for diabetics to take the necessary precautions to prevent all foot related problems.

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We will continue to collect for the Hasbrouck Heights Food Pantry!
Your continued support and generosity is greatly appreciated.



Filling You In

By Jeffrey E. Mason, D.M.D.

Dental implants were developed to provide effective replacements for missing teeth. Most missing teeth are recommended to be replaced to prevent further dental problems and improve function. Spaces created by lost teeth can reveal embarrassing gaps which can lead to tooth decay, gum disease, bone damage, and TMJ disorders.

Dental implants do not move and shift like dentures do and you do not have to remove them at night. These natural looking restorations allow you to eat as comfortably as real teeth.

When a tooth is replaced

in this manner, the titanium implant is placed into the gums and bonds to the bone. This process is called osteointegration. The crown which is attached to the implant is custom fitted to the patient's other teeth and bite.

If you have gaps from lost teeth or want to consider getting rid of your removable dentures, then dental implants may be a healthy, safe, natural looking alternative for you. ###

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



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(l-r) First row: Jerry Hackel, Ronald Monteleone, Archie Mason, Peter Gallo Jr., Anthony Travisano, Jack Delaney, Al Masch, Harry Maisch, Jack Ball. Top row: Jim Petersen, Dave Davidowitz, Anthony Niosi, Herbert Weissner, Bert Heeren, Dr. Burnett Eglow, Carl Therkildsen and his grandson, Wally Lowenstein, Harold Jacobus, Vinnie Monahan. Also attending, but not pictured: Don Molzon, Jerry Dinallo, George Spagnola, Jack Delaney and Mike Cahill. ###

First Monday Club Holds Picnic at Woodland Park

On September 13, 2010, a beautiful autumn day, the First Monday Club held their annual after-summer picnic at Woodland Park. The menu began with Jerry's Famous Clam Chowder and included sausage & pep-

pers, hamburgers, hot dogs and refreshments. Chartered in 1973, this social club is open to all retired men who gather the first Monday of the month for lunch and fellowship. There are no dues, or no political/religious

affiliations. The unique attraction of this club is that members look forward to the meetings because they want to, rather than have to. The club welcomes new members. Anyone interested is welcome to attend the

next meeting on October 4, 2010, at the Crow's Nest.. The club makes a donation to the Hackensack University Medical Center Tomorrows Children's Fund in the name of deceased members. ###

Kiwanis Awards Good Neighbors

At a reception held at the Senior Center, the Kiwanis Club of Hasbrouck Heights/Teterboro recognized the efforts of five citizens from our community. They were selected by their neighbors as "Good Neighbors;" neighbors who do not seek rewards but only the pleasure of helping others. One writer wrote "We are all blessed to know Our Good Neighbors."

"The Kiwanis Good Neighbor Awards" were presented to Anne Finn, Michael Cahill, Gerard Hackel, Cindy Schwalb and Michele Syvertsen. The award recipients were nominated by their friends or neighbors for their efforts throughout the year or past years.

Anne Finn was nominated by Colleen Jarvis. Colleen stated that "Anne has been a neighbor to me since I first moved to town 32 years ago and continues to be a good neighbor to this day!"

She further wrote "Since the death of my husband, her friendship has been truly tested and has passed with flying colors." Recently Colleen had a medical problem so she phoned Anne in the middle of the night. Anne took her to the emergency room, stayed with her until she was assigned a bed and visited her daily during her hospital stay.

Michael Cahill was nominated by Peter Gallo Jr. Mike has been a driving force behind the local American Legion. He has been active in planning many Veteran and Memorial Day services and parades; therefore, keep-



ing alive the sacrifices made by many citizens to preserve the freedom we have in this country. Upon the death of the commander fifteen years ago, Mike became commander, a position no one wanted to fill. He wrote a series of articles about the history of the Captain James B. Scarr Post 106 for **The Gazette Newspaper.**

Through his leadership, the post home was sold, the cannon which was in front of the post was placed at a new location in Veteran's Memorial Park, and many monetary donations have been made to community and state Veteran groups. This year is the 90th anniversary of the post and Mike was instrumental in increasing the local essay prizes from a one \$50 bond to three cash awards. The post now also offers a \$1,000 scholarship to a local resident in the 12th Grade.

Gerard Hackel was nominated by Marie Gallo. Marie, in referring to Jerry, wrote "Sometimes what a person does is often overlooked because they do the task with such ease that you forget the efforts they have put into doing it; and also for the importance of what they are doing."

Jerry has single handedly worked on many of the picnics held in this community. Recently, he ran the picnic for the Central Bergen Chapter #418, AARP in which Marie is the president. It was at that time that Marie realized the importance of a man like Jerry Hackel. His ability to plan a picnic, get merchants to donate, purchase the items needed and cook the food are unequalled. He is able to keep costs down, and also raise money for the group holding the picnic. Jerry is a Good Neighbor because he gives freely of his time and everyone knows that he will be there when called upon.

Cindy Schwalb was nominated by Colombia (Candy) Diego. Candy has known Cindy for the past 43 years. When her husband was dying from ALS (Lou Gehrig's disease) she told Cindy, and Cindy packed a bag and stayed with her until the end.

Since then Cindy has been her major source of transportation because Candy does not drive. She has re-arranged her schedule without being asked to be available to Candy. Recently in the early eve-

ning, Cindy was called upon to take Candy to the emergency room. She stayed with her until her release at 3:00 a.m. Candy wrote "I know this help has been a great sacrifice for her due to the fact that she has been having major health problems which include major surgery during that past year."

Candy also is grateful that Cindy has included her in many of her family's activities ranging from dinners, barbeques, holidays and family get togethers, etc.

Michele Syvertsen was nominated by Ketty Cruz. Ketty wrote "Michele is always there for me as well as other neighbors in the community. She has driven me to the doctor's office, picked up medications, supported me

through numerous surgeries, fed me during recoveries, and taken me food shopping as well as advised and helped me when I need it." Michele has been a resident of Hasbrouck Heights for the past 21 years living at the Grandview Manor. There she has organized a summer potluck BBQ so that new and old neighbors can get to know each other. She loves flowers and has planted them around the grounds and takes beautiful care of them. She makes the Manor grounds very warm and homey. Ketty writes "Michele does all of this and more without asking for anything in return. She has a huge heart filled with love and care for people." *Story and photos by Marie and Peter Gallo Jr. ###*

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Spindler Returns

With beaming smiles, Spindler's Bake Shop kicked off their Grand Reopening on bright, sunny September 10, 2010, with a ribbon cutting ceremony. (l-r) Hasbrouck Heights Chamber of Commerce President Ray Vorisek, Councilman Russell Lipari, Bob Spindler, Mayor Rose Heck, Ginny, Tracy and Bobby Spindler. ###

Rotary Holds Beefsteak & Auction

The Mid-Bergen Rotary Club will hold their Annual Beefsteak and Charity Fund-raiser on Thursday, November 11, 2010, at The Hasbrouck Heights Holiday Inn. The public is invited.

The doors open at 6:30 p.m. for Tricky Tray ticketing of auction prizes. Last year's prizes included televisions, DVD players, household items, food baskets, artwork, gift certificates, computers, etc.

At 8 p.m., participants enjoy a beefsteak dinner, music, dancing and prizes galore. Tickets are \$50.00 per person.

This is their 2010-2011 Annual Fall Fund Raiser for the Gift of Life and other community projects such as the

Dictionary Project (awarding dictionaries to local 3rd Grade students), Habitat for Humanity (Paterson), Bergen County Boy Scouts, Faith Foundation (Hackensack, NJ Advocate for the local homeless), Clean Water Projects (helping needy countries have fresh drinking water), etc.

Cash and gift item donations of \$25 or more are welcome. For ticket information or to arrange a donation pick up, call Charlie Paduch at 201-288-9600 ext. 7700, or Carl Hassett at 201-896-4800.

The Mid-Bergen Rotary Club meets 12:15 p.m. every Tuesday at the Holiday Inn, 283 Route 17S, Hasbrouck Heights, NJ. ###

Oasys Spa Holds Event for Domestic Violence Awareness Month

Oasys Day Spa, in collaboration with Faith and Hope, LLC, a Domestic Violence Prevention Program, is hosting a special event to bring awareness to Domestic Violence Awareness Month.

One in four women will become a victim of domestic violence in their lifetime.

Enjoy a treatment trio of customized mini facial, chair massage and makeup application for only \$25. A portion of the proceeds will be donated to a local domestic violence agency that offers services to victims and survivors.

This event will take place October 21, 2010, from 4 p.m. to 8 p.m. at Oasys Day Spa, 225 Valley Road, Wood-Ridge, NJ. Please RSVP to 201-728-4212. ###

Buy-A-Ribbon Feed The Hungry

As well as "Brightening The Boulevard," this annual appeal has generated thousands of dollars every year to benefit The Center for Food Action.

A \$10 contribution buys a bright red ribbon with your name on it, placed along the Boulevard beginning Thanksgiving until Valentine's Day.

Contributors simply complete the "Buy-A-Ribbon -- Feed The Hungry" form, listing their name, family, memorial, etc., with a limit of up to 30 characters. Forms are available at **Bill O'Sheas Florist**.

Most ribbons are \$10, but

generous folks can make a \$50 donation which provides a special breakfast and traditional dinner for Christmas or Hanukkah for a family in our neighborhood.

Corporate donations of \$100 or more will receive a unique red and gold ribbon.

Ribbon placement in Hasbrouck Heights is done by the Knights of Columbus: Msgr. Fitzpatrick Council 7041.

Ribbon placement along Valley Boulevard in Wood-Ridge is done by the Knights of Columbus: St. Anthony's Council 11158. ###

Shred-it Event October 23rd

A free shred-it event will be held on Saturday, October 23, 2010, from 9 a.m. to noon, at the Valley National Bank, Little Ferry Branch, 100 Washington Avenue.

Area residents may bring their confidential documents which will be shredded in their presence.

The event will include a free raffle, free Valley promo gifts, refreshments and account and mortgage specials. For more information, call Mike at 201-641-6755. ###



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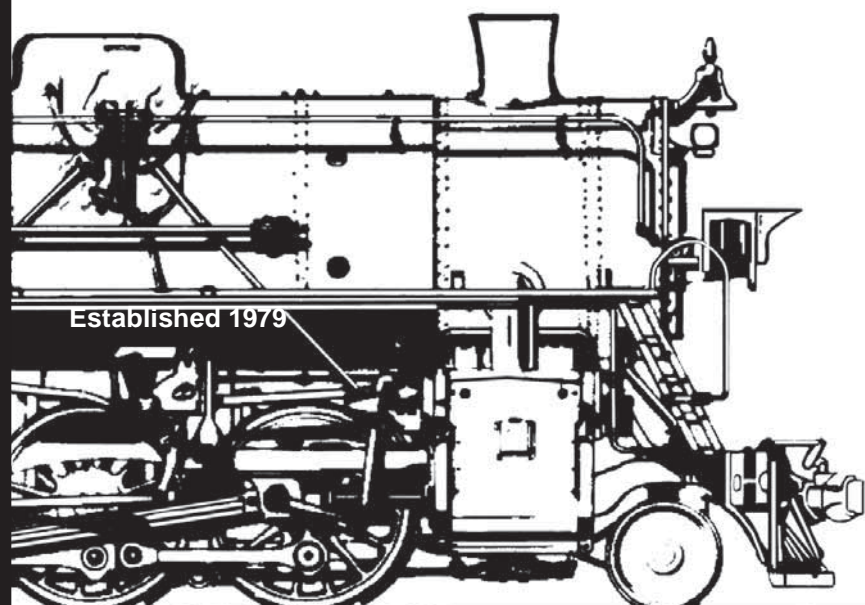
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St. Joseph Festival



A unique religious and family fun experience

The 96th Annual St. Joseph Festival in Lodi, NJ, opened Friday, September 3, 2010, at 6 p.m., with rides, games, entertainment, hourly 50-50, a Super 50-50 and the "Best Italian Food."

The feast continued Saturday and Sunday from 4 p.m. to 10:30 p.m. and Monday from 2 p.m. to 10:30 p.m.

On September 4th and 5th, starting at 10 a.m., and September 6th at 9 a.m., the St. Joseph Society split into three groups accompanied by the The Metropolitan Feast Band.

Each group went out with a "stenardo" (banner) of Saint Joseph and held Processions starting at various points in Lodi, covering a majority of the streets in Lodi and surrounding towns such as Garfield and Hasbrouck Heights.

Each door bell at every house was rung and the band would play favorite songs such as "Mamma," "Oh Marie," "Santa Lucia," etc. The festival then opened at 2 p.m.

On Labor Day, at 3 p.m., members of The Society removed the St. Joseph statue from the Church and secured it on an ornate hand carved base constructed in 1915.

From 1915 to 1937, the statue was supported by long poles and carried on the shoulders by the Society.

Since 1937, the base and statue sit on a float surrounded with flowers, ribbons to hold donations, and children in First Communion dress.

The float is pulled by the Society. Float handling positions have been passed down generations.

This year, the Procession began with five thousand fire-crackers and the release of dozens of balloons.

Patron Saint banners were from Lodi - Immaculate Conception Society, Garfield - Saint Anthony, Padre Pio, Sacred Heart Society, Hackensack

- Padre Pio Society, Newark - Saint Gerard Society, Queens - Padre Pio Society, Nutley - Padre Pio Society, etc.

The procession also included the festival band, K of C St. Michael's Council 2861, Clergy, the St. Joseph statue float, followed by hundreds of faithful praying out loud in Italian, the Solemn Procession, moved throughout Lodi.

Some make this devotion barefoot. Traditionally, during the Procession, two homes at Arnot and at Hunter Street, set out refreshments.

The Processions concluded with a Benediction in the Church.

Organizers stated that over 20,000 attended this family oriented festival and there were no incidents.

The Festival was originally founded by the Society and then passed onto the parish in the 1970s as a result of not enough Society members to run the event alone.

The Society today is still responsible for the Processions throughout the weekend, and the Solemn Procession with statue on Labor Day.

Proceeds collected from the Processions go toward helping the less fortunate, Scholarship Fund, Food Pantry, among many other charities.

The Festival has been a parish affair since the '70s. The food court, games and raffles are organized and operated by the parishioners, with all of the profits donated to the Church.

These booths have been family operated for generations. There are a few outside vendors and the amusements are contracted.

The Super 50-50 winner won over \$11,000.

This annual program benefits the St. Joseph Church operating fund.

For more info: www.saint-josephsociety.org ###

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Franklin Lakes \$1,298,000
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Waldwick \$888,000
Young, open, bright 4 BR Contemporary Colonial set on 165' deep lot, 2 story EF, LR w/fpl., FDR, beau. h/w floors, lge. Gourmet EIK, MBR suite w/fpl. 3 full & 2 half baths, fin. bsmnt., C/A, cen. vac., hot tub & ingrnd. pool. Tour at: www.gatewaytohomes.com/1034181



Wood-Ridge \$499,900
Beautiful remodeled 4 BR, 2 bath Custom Colonial FLR, FDR, Young EIK w/maple cabinets & granite, master suite w/cath. ceil. & master bath w/jetted tub & granite, spa room w/spa, full fin bsmnt, C/A, garage. Tour at: www.gatewaytohomes.com/1034102



Lodi \$439,000
Lovely 4 BR, 3 bath Colonial set on quiet dead end street. Offers LR, DR, MEIK. h/w floors, fin. bsmnt. w/kitchen, full bath & separate ent. Lge. attic for storage, C/A, gas baseboard heat & att. garage w/lge. driveway. Tour at: www.gatewaytohomes.com/1034209



Hasbrouck Heights \$379,000
Bright & sunny 3 BR, 2 bath Ranch on quiet dead end street w/60' x 120' lot. Offers lge. LR, MEIK, polished h/w floors, finished bsmnt., oversized garage, C/A, yng. hot water BBD gas heat. Tour at: www.gatewaytohomes.com/1035781



Wood-Ridge \$405,000
Nice custom 4BR, 2.5 bath Cape Cod set on 125 ft. deep lot offers EF, FLR, DR w/door to large deck, updated kit. w/granite, h/w floors, fin. bsmnt. with summer kit, FR & full bath, gas heat, fenced yard, att. garage. Tour at: www.gatewaytohomes.com/1037162



Hasbrouck Heights \$395,000
Lovely, large Expanded Colonial with 125 ft. deep prop. 3 BRs, 2.5 baths, EF, LR, DR, den, large MEIK w/ vaulted ceil., skylights & sliders to deck. Walk-up attic w/3 fin. rooms, fin. bsment, convenient location. Tour at: www.gatewaytohomes.com/1025116



Wood-Ridge \$299,000
Charming Tudor Colonial set on 154' deep property on quiet tree-lined street. LR w/gas fpl., dining area, EIK, 2 BRs, full basement, gas heat, det. garage, low taxes, lots of potential. Tour at: www.gatewaytohomes.com/1037833



Little Ferry \$279,000
Room for Extended Family on grade level w/LR, EIK & full bath. First & second floors offer LR, DR w/sliders to deck overlooking 200 ft. deep fenced yard. MEIK, 3 BRs and bath. Tour at: www.gatewaytohomes.com/1033845



Hasbrouck Heights \$399,000
Custom Expanded Cape offers 3 BRs, 2.5 baths, EF, FLR/fpl., FDR, MEIK, huge Great Room, fin. bsmnt. w/sum. kit., rec. room, office and bath, h/w floors, 2 car gar. Nice size property on great street. Tour at: www.gatewaytohomes.com/1004636



Wood-Ridge \$295,000
Charming Colonial in an ideal location offers bright LR, FDR, nice size kitchen w/pantry, h/w floors, 3 good sized BRs, 1 bath, access to floored attic, full basement, garage. Needs updating. Tour at: www.gatewaytohomes.com/1035993



Hasbrouck Heights \$499,900
Lovely expanded 4 BR, 2 bath Cape offers LR w/ gas fpl., FDR, kit. w/sliders to yard, bath w/whirlpool tub, finished basement w/fam. room, wet bar, gas fpl. & full bath. C/A, sprinklers, sec. sys. & att. garage. Tour at: www.gatewaytohomes.com/1031633



Hasbrouck Heights \$429 - \$540,000
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Lodi \$549,000
Exceptional 2 Family set on 121 ft. dp. prop. Offers 3 BRs each floor plus LR & EIK. 2nd floor w/Lndry hk-up, 1st floor has access to bsmnt. w/ext. family suite & Lndry., sep.util., ingrnd. pool & covered patio. Tour at: www.gatewaytohomes.com/1032929



Wood-Ridge \$345,000
Lovely, well maintained 3 BR, 2 bath Colonial with open front porch offers EF, FLR, FDR, updated kit. w/brkfst. nook. Fin. bsmnt., patio, fenced yard & 2 car gar. Nice location, gas heat, very low taxes! Tour at: www.gatewaytohomes.com/1038179



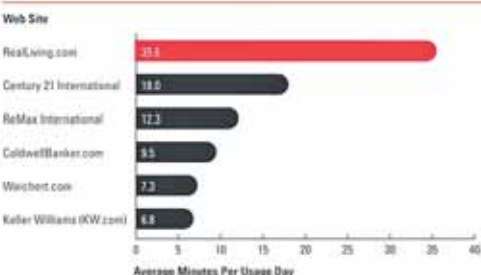
Wood-Ridge \$269,000
Opportunity and potential offered in this 3 BR Tudor Colonial. Set in quiet location on tree-lined street. LR, DR, kitchen, hardwood floors, walk-up attic, full basement, garage, and low taxes! Tour at: www.gatewaytohomes.com/1037928

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