

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
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VOL. 9, No. 10 October 2012 ★★★★★



Harvest display located at The Corner Nursery, 449 Main Street, Lodi, NJ

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The days are shorter. The nights are cooler. The dog days of summer are passing into memory with brisk, frosty mornings. The leaves turning colorful, iridescent with the sun's rays as we behold luminescent leaf tapestries, majestic in grandeur. With a light wind, their rustling sings the song of a coming barren winter. Leaves silently begin to float, flutter and dance and blanket manicured lawns. Welcoming doorways are decorated with mums, gourds, kale, corn stalks and bales of hay. The scent of fireplaces wafts through the crisp air, while inside, harvest warms with the taste of apple cider and the smell of baking pumpkin pie. The winter is long. Spring unfolds. Summer last. But those brief moments of autumn delights are to cherish.

Harvest Time

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Kiwanis Recognizes Good Neighbors

At a reception held at the Senior Center on September 5, 2012, the Kiwanis Club of Hasbrouck Heights/Teterboro presented its 2012 Good Neighbor Awards.

They were selected by their neighbors as “Good Neighbors” -- people who do not seek rewards but only the pleasure of helping others. There are also groups of people who do a lot in our community.

They assist those who need help: whether it is for food, clothing or medical assistance; and there are others who work making our community safer and more attractive. In every case, “Good Neighbors” are people or groups of people who are there for others.

“The Kiwanis Good Neighbor Awards” were presented to Paul Barcia, Estella Hackel, Joseph Costa, owner of the IHOP, Donald Rodriguez, Assistant Vice President Branch Manager of the Wood-Ridge Branch of Kearny Federal Savings, William Lenox, Patricia Link and Stephen Maisch. The award recipients were nominated by their friends or neighbors.

• **Paul Barcia**, a Lodi resident, approached The Hasbrouck Heights Free Public Library in January of 2012 and offered to conduct free classes for the general public to learn about Tai Chi. Paul was a student of a famous master and has practiced for over 15 years. The Library began with a series of three two-hour classes back in February 2012. The response by the community was well beyond expectations. The Library had a waiting list of over 30 people. At the end of this series, participants requested more. So, Paul volunteered to come once a month and hold classes. These have been going on since March and will continue indefinitely.

• **Estella Hackel** has completed decades of service to the First Reformed Church of Hasbrouck Heights. She has served as an Elder, a Deacon, a Sunday School Teacher, a member of the Church choir and helps serve Communion the first Sunday of every month. She has also been a member of the First Reformed Church consistory.

Estella has also been very active in the Ladies Guild of the Reformed Church. She is their president. The guild sponsors two dinners and two rummage sales each year. Her leadership and tireless efforts have made these fund raising activities successful. She treats all those who she works with on these activities with respect and dignity.

• **Joseph Costa**. The **Hasbrouck Heights IHOP** has demonstrated throughout the years that it wants to be an important part of its community. Joseph Costa, the owner, has always made sure that his restaurant demonstrates that it cares for the residents of Hasbrouck Heights and is ready to help out when asked.

When the Hasbrouck Heights Lion’s Club has their annual fireworks display, the IHOP makes a substantial donation for the purpose of purchasing the fireworks. When the Borough has held its annual street fair, again the IHOP has contributed to cut down their expenses.

The IHOP also supports many clubs and organizations by placing ads in their ad books or on their place mats. They allow local groups to run Can Shakes as fundraisers at the entrance of the restaurant; and for the past four years they have allowed the Kiwanis Club to place a canister on their counter for donations to help people with developmental disabilities and special needs.

• **Donald Rodriguez**. The **Kearny Federal Savings Bank** is truly committed and involved in its communities. They have supported the fundraiser activities of many local, civic, cultural and religious groups and organizations. Their support varies from the printing of tickets, taking out ads, donating gifts, supplying pens and/or bags and making financial donations.

The one person designated to represent them in meeting the needs of all groups or organizations is Wood-Ridge AVP/Branch Manager Donald Rodriguez. He has been affiliated with the Kearny Federal Savings Bank for 32 years. He has been the contact person for all of the donations. He is well

informed and knows what is available and follows through to make the contacts within the bank obtaining the needed approvals.

• **Bill Lenox** is the owner of **Lenox Corporation** which is the third oldest towing firm in the nation. This is a third generation towing and recovery firm located in Hasbrouck Heights and Moonachie. He and his father have been working with the Teterboro Airport since the 50s. Bill has been a friend of The Aviation Hall of Fame for many years. He has transported, at cost, a 36 foot long, 12,500 lb. forward fuselage of a Convair 880 from Atlantic City Airport to The Aviation Hall of Fame. He has assisted the Museum in fund raising activities and has provided the Museum with free snowplowing. Bill currently handles incidents that may occur at Teterboro Airport which include aircraft stuck in

the mud, gear failure, flat tires etc. Notably, Lenox handled a G4 that went off a runway 300 yards in December 2005. During all recovery efforts his main issue is safety on the scene.

For many years, Bill has donated the use of his flatbed trucks to transport groups in the Holiday and Memorial Day Parades. He also has been active with the Men’s Association and has chaired the Annual Bizik Memorial Golf Tournament; and co-chaired the Hasbrouck Heights Street Fair. Behind the scenes Bill has supported many other organizations.

• **Patricia Link**, a lifelong resident of Hasbrouck Heights, has served more than forty years on the Mayor’s Celebration Committee; thirty-two years as an active member of the Contemporary Club; twenty-three years as Secretary of the Recreation Commission and five years on the Zoning Board of Adjustment.

She has coordinated the Annual Easter Egg Hunt, Children’s Fourth of July Parade, Children’s Halloween Parade, Holiday Tree Lighting and Holiday House Decorating Judging. As a member of the Contemporary Club, Pat has served three terms as its president and has served on many of the Club’s out-reach committees such as gathering food for the local food pantry; raising

funds to support scholarships for graduating seniors and raising funds for Gilda’s Club, Autism Research and Family Promise of Bergen County, to name a few. In the early stages of the Recreation Commission’s Halloween in the Park, Pat also found the time to act as a ghost/goblin for the children to enjoy. Pat is also an asset to the Republican Club where, for many years, she has coordinated their Annual Breakfast and has assisted at their Annual Picnics and all fundraisers.

• **Stephen Maisch**. He helps set up the tables, chairs and food, at weekly dances, greets new guests and cleans up, putting everything back in their place after the dance. Steve also sets up the nets and takes them down at community volleyball groups which meet twice a week. Most people just show up for these activities and then just leave. Steve is dependable and has been called on to assist a neighbor who had problems with big ticket items such as the central air conditioning unit, the stove exhaust fan, and the damage done by last year’s October Nor’easter. He spent an entire day chopping up two humongous branches that fell from one of her trees. The logs were cut so neatly and precisely that they were stacked in front of her house for people to take for their fireplaces, which they did! *Photo by Marie Gallo and story by Peter Gallo Jr. ###*

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Signature Signs \$20,000 Check

On August 23, 2012, Signature Flight Support Teterboro and their parent company, BBA Aviation, presented a check for \$20,000 to The Aviation Hall of Fame & Museum.

The presentation was made by Jackie Vibbert, Signature Flight Support Teterboro General Manager and Larry Jorash, VP Operations, Signature

Flight Support Corporation, with other Signature representatives in the Museum's Great Room, to the Museum's Executive Director, Shea Oakley and President Rick Alimonti and several AHOF Trustees.

Ms. Vibbert stated, "The Aviation Hall of Fame and Museum and its staff embody the very essence of our company's

goals and the Museum's efforts, aligns itself with those core BBA values -- contributing positively to society, investing in people through training and education, and providing them with opportunity for rewarding careers. The Aviation Hall of Fame and Museum is everything that is good and pure about aviation history and our

industry. We are proud to be associated with the Museum and its wonderful staff."

Mr. Jorash added, "In 2010, BBA Aviation launched its Charitable Giving Program, which is a group-wide initiative throughout BBA Aviation's operating companies, of which Signature Flight Support is one."

He added, "We are pleased to know that this donation will assist the Museum in continuing its fine efforts for the community."

Also attending were Teterboro Airport Manager Renee Spann and AvPort officials John Panarello, John Kastens and Gabriel Andino. ###



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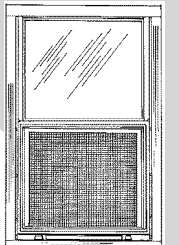
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Kids on the Corner Performing Arts Program

Care on the Corner announces the Fall 2012 program for Kids on the Corner, a performing arts program for Grades 2 – 5.

Under the direction of Cindy Summers, participants will tell one of the stories of "The Wizard of Oz." Cindy Summers is a 2006 graduate of the New Jersey School of Dramatic Arts acting program. She has been working with children for more than ten years and has been teaching for five years. She spent six years working in a preschool for children with special needs and she has taught the Ready, Set, Act!, program at New Jersey School of

Dramatic Arts for the last three years. In 2010, she introduced the Young Actors Workshop to help further the effectiveness of the children's program.

Catherine Wrede is the Production Manager for "The Wizard of Oz." Catherine graduated in May of 2012 with a BA in Studio Arts and a minor in Art History and Literature from Fairleigh Dickinson University, Madison.

The group meets on Fridays from 3:30 p.m. to 6 p.m. beginning October 12, 2012. Everyone is invited to the performance of this story on Friday, November 16 at 7:30 p.m. The group meets at the Parish Hall of St. John the Divine at 229 Terrace Avenue, Hasbrouck Heights. Call the Care Center at 201-288-9460 to register. There is a \$25 registration fee. Scholarships are available. ###

ICHS Homecoming and Vendor Fair

All alumnae, faculty/staff, students, parents, friends, and members of the community are invited to attend Immaculate Conception High School's Homecoming Celebration and Vendor Fair on Sunday, October 21, 2012, from 11:30 a.m. to 3 p.m.

The day will begin with a prayer service at 11:30 a.m.

Following the prayer service there will be class gatherings and tours of the school, bowling, pumpkin painting, MAC makeup demonstrations, ICHS choir performances, a vendor fair and more throughout the day. A light lunch will be available. All members of the community are invited to attend. Vendor applications are now being accepted and vendor tables are \$20.

For more information call Nadine at 973-472-7231 or nmooers@ichslodi.org ###

Homework Club

Care on the Corner announces the Homework Club for children in Grades Kindergarten – 5. Classes will be offered on Thursdays from 3:30 p.m. – 5 p.m., until December 6 (classes will not be held on school holidays).

Students are asked to bring current Language Arts (*reading, spelling and phonics*), math, social studies and science (*other than experiments*) homework assignments in which help is needed.

Call the Care Center at 201-288-9460 to register. There is a \$15 registration fee. Scholarships are available. Jean R. Giarratana (*NJ Certified Teacher*) is the coordinator. ###

ICHS Open House

Immaculate Conception High School, in Lodi, is hosting a Fall Open House for Sixth, Seventh and Eighth Grade students and their parents on Sunday, October 14, 2012, beginning promptly at noon.

Each open house begins with a "Meet & Greet" to give attendees a chance to check-in and spend a little time with the faculty, staff, and coaches for conversations about academics, extracurricular activities, and athletic teams.

After a brief presentation, ICHS student ambassadors will then provide tours of the campus and answer specific questions while the faculty offers presentations in each of the academic departments. A question and answer session will round out the day.

If you have any questions about the Open House, please call Jones Gonzales at 973-773-2665.

For more information, please go to www.ichslodi.org ###

WRHS Class of 1967 Reunion

65, 66 & 68 Welcome

The Wood-Ridge High School Class of 1967 is planning a reunion on Saturday, November 10, 2012, at The Fiesta in Wood-Ridge. Also invited are alumni from 1965, 1966 and 1968. Please call Jack Nagel at 201-641-2803 or e-mail janpro911@aol.com for more information and a reservation form. They are still looking for a number of classmates. Any help would be appreciated. ###



School Pictures and Comedy Night are on the October Calendar for CC School

After the busy first month, Corpus Christi School students are in the swing of things and are looking forward to an exciting new school year.

The month starts off with a First Friday Mass on October 5, 2012, at 9:00 a.m., followed by a noon dismissal. A Faculty Meeting will take place in the afternoon.

School will be closed on October 8 in observance of Columbus Day and school pictures will be taken on October 9 for the Kindergarten through Grade 7 students.

Back to School Night for the Preschool Parents is scheduled on Wednesday, October 10.

Corpus Christi's monthly Spirit Day will be held on October 11 and students are asked to wear pink and donate \$1 to go toward Breast Cancer Awareness.

Corpus Christi will also be hosting a comedy night at Banana's Comedy Club in Hasbrouck Heights on October 12. This evening is sure to have you laughing!

A Home School meeting is scheduled for the parents of Kindergarten through 2nd Grade on October 17. These meetings offer a great opportunity to make suggestions, ask questions and be involved.

One of the best ways to get a true feel for a school is by visiting and Corpus Christi School invites you to do just that during our Preview Day on October 25 from 9 to 11 a.m. and again from 1 to 2 p.m. School tours will be available for interested families to see the school "in action" before formal class registration starts at the end of January.

School will be closed on Friday October 26 for Deanery Faculty In-service.

The month ends with a Halloween Parade on October 31 for the children in Pre-K through 2nd Grades.

For more information about any of these events, please call the school office at 201-288-0614 or go to the school website at www.corpuschristischool.net Photo and story provided by Maria Grace Billings. ###

Danson Jewelers Expands Showroom In Time for The Holidays



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Columbus Day Parade

The 5th Annual Columbus Day Parade of North Jersey will be held on Sunday, September 30, 2012, beginning at noon at Sears on Main Street, Hackensack and proceed down Main Street to the Bergen County Courthouse.

The parade features marching bands, organizations and recreational teams as well as police and fire departments.

The parade is followed by a quaint festival on The Green with vendors, arts and crafts, face painting, treats, music, giveaways, etc.

For more information visit www.columbusdayparadeof-northjersey.org or call 201-488-5795. ###

Hackensack Street Festival

The 7th Annual Hackensack Street Festival is scheduled for Saturday, October 6, 2012, from 10 a.m. to 6 p.m., on Main Street between Atlantic and Passaic Street. Rain or shine.

Venue provides lots of food, entertainment, rides, etc. Last year, an estimated 25,000 attended. Event sponsored by the Upper Main Alliance. ##

ER Columbus Day Parade

The Columbus Day Parade will take place on Saturday, October 6, 2012, at 9 a.m., marching East on Paterson Avenue from Herman Street Fire House to Park Avenue, ending at the entrance to the festival located at Park and Orchard. The festival will be in operation on October 6 and 7. ###

St. Joseph Parish Carnival Sept. 28-30

All are invited to the St. Joseph's Parish Carnival at 120 Hoboken Road in East Rutherford, celebrating their 140th Anniversary September 28 through 30, 2012. Times are: Friday and Saturday, 6-10 p.m. and Sunday, 4 to 8 p.m.

There will be rides, games, food and fun. For more information call 201-939-0457. ###

Assumption Parish Picnic

Our Lady of Assumption Parish in Wood-Ridge will hold their annual parish picnic on Sunday, October 21, 2012. The Knights of Columbus of St. Anthony's Council 11585, under the direction of Council President Gary Lepore, will be serving up hot dogs, burgers, as well as hero sandwiches, salads and other trimmings and refreshments.

The picnic will begin at approximately 12:30 following the rededication of the statue of Our Blessed Mother Mary in front of the Fr. Hayes Center. This ceremony will begin after the completion of the 11a.m. Mass. They plan on having face painters and a clown making balloon animals to entertain the children. The football fans will have the game on TV.

Also, the annual 50/50

drawing will be held at the picnic. Tickets are \$10 each and are available each weekend at all Masses in front of the Church. First prize is expected to be over \$3,500.

Thanks to the ongoing generosity of Mr. John Podesta of Kohler Funeral Home, there will not be any charge to attend the picnic. You may bring items such as cakes, cup cakes, brownies, cookies or other finger desserts for the dessert table.

Reservations are requested for the picnic so the proper amount of food is available. A reservation form is in the weekly bulletin for this purpose.

Call raffle and picnic chairman Jack Nagel at 201-641-2803 with any questions or to make reservations. ###

Long Range Winter Forecast Outlook

Well, here we are in October and our current weather pattern is more normal for this time of year.

Still some days a bit above normal temperature-wise but we have seen some cool air outbreaks already that have come down from Canada. These cool air outbreaks are normal for this time of year as we head into October. Actually, some swings in temperature for mid September is what is to be expected now.

And, we will have this up and down temperature pattern for the next 10-14 days. There will be some decent cool air outbreaks making it our way over next week to 10 days. Some heavy rainfall at times will accompany the leading edge of some of the more significant cool air outbreaks.

The question on everyone's mind is, how will the winter be. There is NO correlation of a cool October or even snow in October (remember last October 29th! with heavy snow here) to mean that we will have a cold or snowy winter.

Look at last year, one of the earliest snowfalls on October 29 then the rest of the winter was mild with little snowfall!

For now (*and this is subject to change until I update this*

in late October or November) this winter in our area will be near normal or slightly above normal, temperature-wise. This is good news for most people but bad news for the energy or heating companies.

Snowfall???? You can very well have above normal snowfall in a mild temperature winter but the odds are, we are looking at a winter coming up as near normal snowfall, in other words, lots more snow than last winter!

We average around 28" of snow for the winter here in Bergen County. I am forecasting higher than normal storms but many of those will be snow changing to rain. BUT, some of them will be all snow ...so, expect a fairly active winter with probably a total snowfall of 26" to 32". This can be a bust of a forecast if we get that one biggy that dumps 2 feet of snow but those are impossible to forecast this far in advance.

More specifics in my next long range forecast which will be in a later edition.

Either way, enjoy the winter, whatever it brings! ###

Hasbrouck Heights resident Dan Ventola is a meteorologist and President of The National Weather Station with its main location at Teterboro Airport.

For information on how to subscribe to the service (if you are a DPW, contractor, private company) contact Dan Ventola at dan@nationalweatherstation.com or call him at 201-288-1824.

Company information: www.nationalweatherstation.com ###

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Ragamuffin Parades

Hasbrouck Heights

On Saturday, October 27, 2012, at 1 p.m., the Annual Hasbrouck Heights Ragamuffin Parade will depart from the Public Safety Building on Hamilton Avenue and march along The Boulevard to the Municipal Complex at Central Avenue for a “boo-ti-ful good time.” *(In the event of rain, go directly to the Senior Center.)*

Funtime Entertainment will delight the children with games, music and other fun things. Juice and cookies will be served. Event sponsored by Mayor’s Celebration Committee. ###

Little Ferry

The VFW Ladies’ Auxiliary Post 809 is sponsoring their 52nd Annual Ragamuffin Parade for all Little Ferry children through Grade 8 on Saturday, October 27, 2012, starting at 1 p.m.

The parade route is: VFW grounds to Pickens Street to Washington Avenue to Marshall Avenue to Main Street and returning to the VFW grounds. ###

Moonachie

On Saturday, October 27, 2012, at noon, the Moonachie Ragamuffin Parade will be held, rain or shine, at the Robert L. Craig School Gymnasium. Refreshments and goody bags will be provided. Trick or Treat Bags will also be provided by Moonachie Municipal Alliance. Parents and residents are invited to dress in their spookiest and most beautiful costumes. Bring your camera. ###

Wood-Ridge

On Sunday, October 28, 2012, at 1 p.m., the Wood-Ridge Ragamuffin Parade will line up at The Boulevard and Sussex Road with the parade starting at 1 p.m. and proceeding to the Doyle School Field. *(In case of rain, go directly to the the Doyle School.)* Tickets are necessary and are available at the Civic Center. ###

Halloween In The Park

Woodland Park will be invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Tuesday, October 16, 2012 *(rain date Thursday, October 18)*.

Last year, over 600 participated in this event.

Halloween in the Park will begin at 6 p.m. and conclude at 9:30 p.m.

Every 15 minutes, two hayride trailers will take turns collecting riders at the Harrison Avenue end of the pavilion and go around to the back section of the park where they will be frightened by a variety of terrifying citizens of the night.

Youngsters should sign up for the earlier time slots as the fright station tableaux will be less scary.

After the horrific experience ride, they can escape at the Roosevelt Avenue end of

the pavilion — where they will be treated to cider and cookies.

The pavilion fireplace will be warm and glowing. Music will be provided by Fun Time Entertainment.

Organizations are invited to “set-up” and operate a fright station. Call Rob Brady at 201-288-4143 for details.

The event is sponsored by the Hasbrouck Heights Recreation Department. Tickets are \$5. Children under 10 must be accompanied by an adult. For more information call 201-288-4143. ###

Pumpkin Patch October 21

The Junior Women’s Club of Hasbrouck Heights invites all to attend the Pumpkin Patch, on Sunday, October 21, 2012, from 1 p.m. to 3 p.m. in Woodland Park. Rain date is October 28.

Children up to age 7 *(in costumes or Halloween attire)*, can pick and decorate a pumpkin. There will be trick or treat stations, face painting, crafts, refreshments, etc.

Vote for your favorite dog in costume. To enter your Halloween Pooch, send your JPEG picture to babydriver72@optonline.net or mail to HHJWC, PO Box 68, Hasbrouck heights, NJ 07604. All proceeds to benefit "The Seeing Eye" \$1 donation to vote which will take place at the event. Dog pictures only.

Cost is \$10 per child. Ticket required to participate. Contact Lisa at 201-805-9733 or Cara at 201-923-6365.

All proceeds help fund local charities and scholarships. ###

Trunk or Treat October 28

Bible Baptist Church invites the community to its 9th Annual “Trunk or Treat” on Sunday, October 28, 2012.

From 4 p.m. to 6 p.m., the Church will close its parking lot for this free event providing a safe, fun alternative to trick-or-treating.

Children up to the 6th Grade will have the opportunity to walk through the parking lot full of decorated automobile trunks and fill their bags with goodies and special treats.

Due to the nature of this event NO masks, blood, guts, gore or evil costumes will be permitted.

For more information please call 201-288-4139 x12. The Bible Baptist Church is located at 31 Passaic Avenue, Hasbrouck Heights. ###

Yield to Pedestrians

19th Annual Boulevard Window Painting Contest

Area residents can stroll The Boulevard in Hasbrouck Heights during late October 2012 where local businesses, in conjunction with the three grammar school PTAs, will sponsor the 19th Annual Halloween Window Painting Contest.

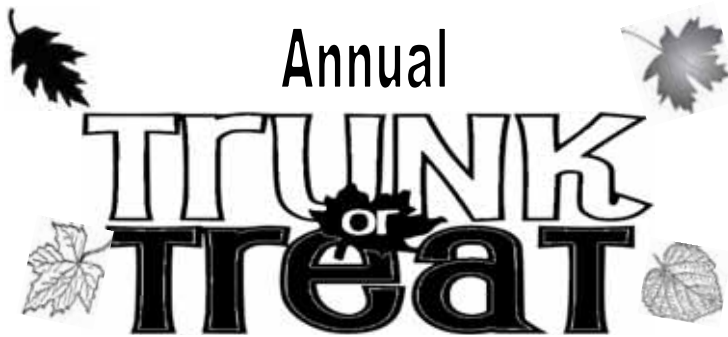
On Wednesday, October 17, 2012 *(rain date October 18)*, over 300 3rd, 4th and 5th Grade students will paint a Halloween themed illustration on a space

provided by Boulevard businesses.

Graphics will be judged upon originality and artistic expression.

Winners from each grade will receive 1st, 2nd and 3rd Place Ribbons. All participants receive ribbons.

Event is sponsored by: Hasbrouck Heights Chamber of Commerce in cooperation with the 2012 Home School Association *(Corpus Christi)*, and Lincoln and Euclid PTAs. ###



Neighborhood children from grades 1 thru 6 are invited to our

9th Annual Trunk or Treat

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Due to the nature of this event NO SCARY OR BLOODY costumes will be permitted.



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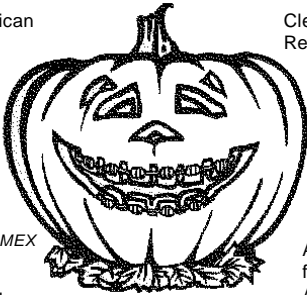
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Carlstadt Library Halloween Party

The Carlstadt Public Library will host a Halloween Costume Party on Tuesday, October 30, 2012, at 7 p.m., for young adults (*6th Grade and up*). You may bring a guest. Come in costume if you dare! Registration is required.

A Halloween Party for kids thru age 6, will be held on Friday, October 29, 2012 at 3:30 p.m. Registration is required. ###

Sokol's Haunted Hall

Be scared... every Halloween the Hall becomes even more gruesome and dangerous than before. Down the twisting corridors of the Lost Maze, Deadly Dungeon, Swamp of Bodies and the new Dark House....you may never return. *Note: This Halloween event may not be suitable for young children.*

The event is scheduled for October 27, 28, 30, and 31, 2012, from 7:30 p.m. – 10 p.m. at American Sokol Hall, 14 Garden Street, Little Ferry. Further information, call 201-641-2233. ###

Ghosts

Get ready for Halloween! The South Jersey Ghost Research Team is coming to The Hasbrouck Heights Library on Tuesday, October 9, 2012, from 7 to 8:15 p.m. The lecture includes video, EVP (*ghost voices*), a presentation on real paranormal investigations, photo displays, and a question and answer session with Certified Ghost Investigators.

The goal of The South Jersey Ghost Research Group is to aid individuals having problems dealing with or understanding a haunting in their home or business.

They do this by researching the situation and educating the occupants as to the true nature of their haunting. They also provide information and understanding to create a livable solution for the person and the spirit. It is these experiences that provide the content for this lecture. *The content is age appropriate for teens and adults.*

To register, please call 201-288-0488 or visit online at <http://hasbrouckheights.bccls.org> and go to calendar. ###

Pumpkin Pick

On October 20, 2012, from 10 a.m. to 1 p.m., children up to Grade 4 can pick, paint and take home a pumpkin at the Memorial School basketball court. Event is free for Little Ferry residents and includes a candy apple and goodie bag. Rain or shine. Sponsored by the Mayor and Council. ###

ER Halloween Party

On Saturday, October 27, 2012, a Halloween Party will be held at the East Rutherford Civic Center starting at 6 p.m. East Rutherford residents from K to Grade 8 are welcome. Event features a costume judging contest and includes hot dogs, candy, refreshment and DJ. Event is sponsored by the East Rutherford Recreation Department. For information call Nancy at 201-438-8526. ###

Halloween Craft Event

The Free Public Library of Hasbrouck Heights will sponsor a fun-filled afternoon for teens and adults to create a special Halloween-themed craft.

Using mini-pumpkins as a base, you will create imaginative winged creatures, called bat-o-lanterns.

Halloween treats will be on hand to provide energy for our crafters. The craft project will be held on Wednesday afternoon, October 17, 2012, from 3:30 to 4:30 p.m. in the Library's conference room.

Halloween is right around the corner so here is an opportunity to get in the mood. This craft activity for teens and adults will immediately follow the regularly scheduled "Crafts-to-Share" Club.

Please register by calling 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

Sleepy Hollow

On Tuesday, October 30, 2012, at 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of "Sleepy Hollow," starring Johnny Depp, Christina Ricci, and Christopher Walken. The film will be shown in The Library Auditorium. ###

Hunter's Moon

The October full moon appears on Monday, October 29, 2012, at 3:50 p.m. It is called the "Full Hunter's Moon."

According to "The Farmer's Almanac," with the leaves falling and the deer fattened, it is time to hunt.

Since the fields have been reaped, hunters can easily see fox and other animals which have come out to glean.

Other names for this moon include "Full Travel Moon," and "Full Dying Grass Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Fright Night Festivities at Lodi Library

On Friday October 26, 2012, from 6:30-7:30 p.m., Lodi Memorial Library welcomes all ages to come in costume and enjoy spooky fun and treats at the Library's Annual Fright Night party.

There will be Halloween stories, games, crafts and face painting for children. For those who dare, scares and surprises lurk upstairs. There will be a costume parade and contest for children up through Grade 6.

This event is free and no registration is required. For more information or if you can volunteer, call 973-365-4044 or visit lodi.bccls.org ###

Preschool Halloween Party at Lodi Library

On Monday October 29, 2012, at 10:30 a.m., The Lodi Library Children's Room hosts a Halloween costume parade and party for children ages 18 mos - 5 years and their families.

Everyone is invited to come in costume for stories, songs, treats and fun! No registration required. For more information, call 973-365-4044 or visit lodi.bccls.org ###

Create Ghostly Door Decorations

On Tuesday, October 30, 2012, at 3:45 p.m., children ages 5 and older are invited to create a ghostly door decoration at The Rutherford Public Library. Five-, six-, and seven-year-olds are asked to bring a grownup to assist with making the project.

Registration will begin on September 28. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

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General Election is
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PTO Carnival October 6 & 7

On Saturday, October 6, and Sunday, October 7, 2012, from 2 p.m. to 10 p.m., the R.L. Craig School PTO will host a Carnival at the Redneck Avenue Fields. There will be rides, games, food, baked goods, etc. Entertainment will include bands "Fastforward" and "Calm B4 the Storm" from 5 p.m. to 7 p.m. All day ride bracelets are available. ###

Rutherford Lions Spaghetti Dinner

The Rutherford Lions Club will be hosting their Annual Spaghetti Dinner on Monday, October 22, 2012, from 5 to 8 p.m., at 55 Kip Center, 55 Kip Avenue, Rutherford. Donation is \$7 pp. For tickets call 201-390-6734 or visit www.lionsclubofrutherford.org. Tickets are available at the door. ###

HH Garden Club Meets October 18

The HH Garden Club will meet on October 18, 2012, at 6:45 p.m. in the Borough Hall located at 320 Boulevard. The meeting will be held in the Library Meeting Room on the second floor across from The Library. The speaker for the evening will be Debbie Korwan, discussing, "Closing your Garden and Restoration for Spring." Refreshments will be served followed by a short meeting at 7 p.m. Anyone who is interested in gardening is welcome. So come join in and meet a great group of gardeners and house plant lovers! Meetings are concluded by 8:45 p.m. For further information contact Judy at 201-288-2615. ###

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Rummage Sale

St. John the Divine, 229 Terrace Avenue, Hasbrouck Heights, will host a Rummage Sale on Saturday, November 10, 2012, from 9 a.m. to 2 p.m. All donations of clothing, shoes, pocketbooks and linens (*no household items please*) can be dropped off on Thursday, November 8, 2012, from 2 to 4 p.m. and 6 to 8 p.m. For additional information call Coby at 201-288-4038. ###

Rummage Sale

Start collecting all those "treasures," knick-knacks, books, linens, small furniture, baby items, clothes, etc. It's time for the First Reformed Church, Guild for Christian Services, Annual Fall Rummage Sale. The sale will be on October 18, 2012, from 7 to 9 p.m. and October 19 and 20, 2012, from 9:30 a.m. to noon. Proceeds go to the Church projects and missions. For more information call the Church office at 201-288-1122. ###

Soup and Sandwich Social

The VFW Little Ferry Ladies' Auxiliary to Post 809 will sponsor a Soup and Sandwich Social on Monday, October 8, 2012, from noon to 3 p.m. at the Post Home, 100 Main Street, Little Ferry. Various soups will be made by members of the Auxiliary. Ticket donation is \$10 pp. Call Adele at 201-641-2298 or Diane at 201-440-6678. A prize will be awarded for the most patriotic ensemble. Join them for a fun afternoon. ###

**Be sure to
lock your
car doors
at night.**

Mum and Garage Sale

The Moonachie First Aid & Rescue Squad will be holding its 7th Annual Mum Sale on Saturday, October 6, 2012, from 8 a.m. to 4 p.m., at 121 Moonachie Avenue, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$8 each. Advance orders welcome. Will deliver larger orders. Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available. Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094. All proceeds go directly to the Squad for operating expenses. ###

Evening of Jazz Music and Dancing

Care on the Corner presents the annual Evening of Jazz and Dancing, featuring "The Big Easy Trio" with Mark Wright on Thursday, October 18, 2012, at the Fiesta. The evening also includes a Tricky Tray auction. Doors open at 6 p.m. Tickets are \$45 each and include dinner, door prize and some gaming tickets. Call 201-288-9460. ###

**B&G Club Service
Awards Dinner**

On October 11, 2012, the Boys & Girls Club of Lodi/Hackensack will host its 2012 "Salute to Community Service Awards Dinner" at The Venetian from 6 p.m. to 11 p.m. The Club's signature fundraiser for 2012 includes a full cocktail hour, premium open bar, three course dinner and dessert. For more information call 973-473-7410 or go to: www.bgcoflodi.org ###

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Chamber Fall Networking Breakfast Meeting

The Hasbrouck Heights Chamber of Commerce cordially invites all local businesses from around the area to come and network on Friday, October 12, 2012, at The Hasbrouck Heights Public Library located on 320 Boulevard starting at 7:30 a.m. till 9:30 a.m.

Bill Loges of ReferenceUSA is once more making a special guest appearance to demonstrate how one can cultivate the growth of one's business.

Seating is limited. There is no charge to attend, but registration is required. To reserve

your seat, please call The Library at 201-288-0488 or go to -- <http://hasbrouckheights.bccls.org> and go to calendar. ###

Oktoberfest

On Saturday, October 20, 2012, from 8 p.m. to midnight, the Carlstadt Turn Verein will sponsor Oktoberfest.

Donation is \$35 per person and includes Music by Bernie's Orchestra, food and drink, coffee and cake. Kitchen opens at 7:30 p.m. Cash bar until 8 p.m.

Call 201-909-0808 or 201-652-0968 for reservations. ###

Mid-Bergen Rotary Hosts Beefsteak Dinner and Charity Fundraiser

The Mid-Bergen Rotary Club will hold their Annual Beefsteak and Charity Fundraiser on Wednesday, December 5, 2012, at The Hasbrouck Heights Holiday Inn. The public is invited.

The doors open at 6:30 p.m. for Tricky Tray ticketing of auction prizes.

At 8 p.m., participants enjoy a beefsteak dinner, music, dancing and prizes galore. Tickets are \$50 per person.

This is their 2012 Annual Fall Fund Raiser for the Gift of Life and other community projects such as the Dictionary Project (*awarding dictionaries to local 3rd Grade*

students), Habitat for Humanity (*Paterson*), Bergen County Boy Scouts, Faith Foundation (*Hackensack, NJ Advocate for the local homeless*), Clean Water Projects (*helping needy countries have fresh drinking water*), etc.

Cash and gift item donations of \$25 or more are welcome. For ticket information or to arrange a donation pick up, call Charlie at 201-288-9600, ext. 7700, Ruth at 973-699-7419, or Carl at 201-896-4800. The Mid-Bergen Rotary Club meets 12:15 p.m. every Tuesday at the Holiday Inn, 283 Route 17S, Hasbrouck Heights, NJ. ###

Turkey Dinner October 13

Bring your friends and enjoy a delicious homemade dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 13, 2012, from 5:30 p.m. to 7 p.m.

The buffet style, all-you-can-eat dinner is sponsored by The Guild for Reformed Church Women of the First Reformed Church. Cost is \$15 for adults and \$5 for children under 10.

For reservations, call Nancy at 201-288-3963 or Church office at 201-288-1122. Take-outs are available upon request.

The First Reformed Church is located at Washington and Burton, Hasbrouck Heights, and is handicap accessible. ###

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Moonachie Annual Town-Wide Food Drive

First Presbyterian Church of Moonachie joyfully announces its 7th Annual Town-wide Food Drive, to be held at the Church on October 12 and 13, 2012, between 10 a.m. and 2 p.m.

In a time when so many people are in need, it is good to find ways to help out, and even a single can or boxed item can make a difference in fighting hunger.

According to the workers at the Center for Food Action, the need is higher than ever this year, and they are having a hard time keeping enough food on the shelves.

Most needed items include: canned meat, canned tuna, canned chicken, canned beef stew, Parmalat, 100% fruit juice, macaroni and cheese, canned pasta, peanut butter and jelly, canned fruit, pancake mix, and syrup, canned soup, rice, baked beans, cleaning supplies, paper goods and large-size disposable diapers.

Bring your contributions to

the First Presbyterian Church of Moonachie or you may drop items off at the parish office, 190 Valley Boulevard in Wood-Ridge, any weekday between 9 a.m. and noon. Or, if you would like to donate but do not have transportation, please call Tina at 201-438-8966. ###

Taste of Moonachie II

After the success of the 2010 Taste of Moonachie, a Taste of Moonachie II will be held on November 28, 2012, at The Graycliff in Moonachie. Local restaurants and food production companies will offer samples of their cuisine.

Businesses and residents are invited to share an evening of fun, food, and fellowship. There will be a 50-50 raffle to benefit the Moonachie Scholarship Fund and a Tricky Tray to benefit the RLC Class of 2013/2014. Tickets are \$30 for adults and \$15 for children age 7-12 and under 6, free. Tickets will be available at the Municipal Building. For more information, please call 201-641-1813. ###

Fall Bazaar October 20

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will sponsor their Fall Bazaar on Saturday, October 20, 2012, in the Community Hall, Third Street, Carlstadt from 9 a.m. to 2 p.m.

Tables will feature Christmas crafts, jewelry, collectables, house-hold items, toys, appliances and books.

Hot dogs, chili, hot and cold drinks and cake will be sold at noon. ###

Columbus Day Pasta Dinner

Don't cook Sunday night, October 7, 2012. Come and have supper with us! The Knights of Columbus will hold their Annual Pasta Dinner in the Corpus Christi School Cafeteria from 5 p.m. to 7:30 p.m. Donation: \$10 for adults and \$5 for children under 12 years old.

This dinner features a generous helping of pasta, freshly made sauce, meatballs, soda, cake and coffee.

Event includes Tricky Tray and 50/50 raffle.

All proceeds go to support Knights of Columbus charities. Call Warren 201-896-8999 for tickets. ###

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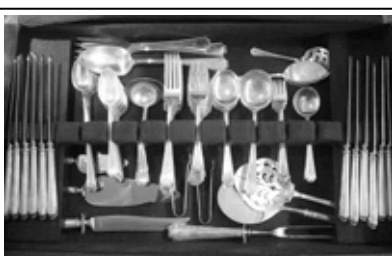
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FOCAS
Dog Show

FOCAS will hold their Annual Dog Show on Sunday, October 7, 2012, from 12:30 p.m. to 3:30 p.m. at the American Legion Post, 100 Liberty Street, Little Ferry, rain or shine.

All dogs on a leash are welcome. All shots must be up-to-date. Registration begins at 12:30 p.m. and judging begins at 1:30 p.m.

Sumptuous raffle baskets, prize-winning ribbons. Great fun for pets and people alike!

Admission is \$5 for each-dog. For additional information, call 201-943-4019. ###

FOCAS Flea
Market

FOCAS will hold a Flea Market on Saturday, October 20, and Sunday, October 21, 2012, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

They are not able to accept TVs, PC monitors, exercise equipment, clothes or magazines. For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Art Association of
Rutherford Meeting
Open to the Public

The Art Association of Rutherford will meet on Thursday, October 11, 2012, at 7:30 p.m. at the Tamblin Civic Center, at the corner of Woodland and Wilson Avenues, Rutherford, NJ.

Interested amateurs and professionals are cordially invited to join them for a demonstration and information about upcoming opportunities to show and share work. For further information e-mail: carin_peace@yahoo.com ###

St. Mary High School
Fall Clothing Drive
October 6

On Saturday, October 6, 2012, between 8:30 a.m. to noon, St. Mary High School will be holding a fall clothing drive. Please take the opportunity to clean out unused items from your home. Items can be dropped off in front of the High School (at 64 Chestnut Street in Rutherford) between the times listed above. You don't even have to leave your car...someone will be there to unload it for you!

Please note that shoes should be packed separately please. Small household items, books, toys, stuffed animals and blankets are accepted.

Any questions, call Patti at 732-996-2192. ###

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People, young and old, learn from qualified pilots; the history of these special aircraft, how the flight systems work, how pilots fly and what the controls and instrumentations do.

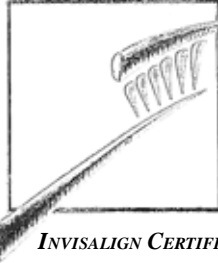
Aircraft include the cockpits of a unique 1950 Martin 202 airliner, a rare Lockheed-designed Bush Plane, a Cobra gunship helicopter, a Sikorsky Coast Guard rescue helicopter and the control cab of an Airport Rescue and Fire-Fighting truck.

Admission is adults: \$7, children and seniors \$5. ###

Holiday Craft
& Vendor Show

On Sunday, November 18, 2012, from 9 a.m. to 3 p.m., the Ladies Auxiliary of VFW Post 4591 will host a Holiday Craft and Vendor Show at the Post, 513 Veterans Place, Hasbrouck Heights. Over 50 vendors and artists. Admission is free. Refreshments and door prizes. ###

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Beefsteak Dinner
November 9

Our New Journey will hold a Beefsteak dinner on Friday, November 9, 2012, from 7 p.m. to 11 p.m. at the VFW in Hasbrouck Heights.

Tickets are \$45 pp, and include prize drawings, entertainment and giveaways.

For tickets and additional information contact Anne Ciavaglia McManon at 201-288-2867, or go to: www.ournew-journey.org

Our New Journey assists families of the elderly faced with the onset of illness or disability. They provide a free service, supported by individual donors and various fundraising activities. ###

Roast Pork
Luncheon

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, October 9, 2012, in the Community Hall, Third Street, Carlstadt from 11:30 a.m. to 1 p.m.

Menu features roast pork. Cost is \$8 adults and \$5 children/students. For takeout orders call 201-438-5526. ###

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Chicken and Chips Dinner

A Chicken and Chips Dinner will be sponsored jointly by The GFWC Contemporary Club of Hasbrouck Heights and Holy Trinity Lutheran Church on Tuesday, October 23, 2012, from 5:30 until 7 p.m.

Tastefully British Caterers will again provide the food to be served at Holy Trinity Fellowship Hall, located at the corner of Burton and Hamilton Avenues. Tickets are \$14 for adults and \$8 for children under 10. Reservations are a must. Pre-paid take-outs are also available.

The New Jersey State Federation of Women's Clubs (of which The Contemporary Club is a member) chooses a special project during each adminis-

tration. The 2012-14 project is to raise funds/awareness for Family Promise, a non-profit organization that strives to help New Jersey's homeless and low-income families. Holy Trinity provides meals for the homeless through this same organization. All proceeds from the dinner will be used for programs of Family Promise.

For more information, please contact Marge at 201-288-8933.

Holy Trinity Lutheran Church is located on the corner of Burton and Hamilton Avenues, Hasbrouck Heights. ###

Beefsteak/Auction
October 12

The Annual Carlstadt Soccer Benefit Fundraiser Beefsteak/Auction will be held on Friday, October 12, 2012, starting at 7 p.m. at The First Presbyterian Church in Carlstadt.

Tickets are \$45 pp. For more information call Joe at 973-868-3772 or Kelly at 973-747-9433. ###

Indoor Fall Flea
Market Nov. 17

The Parish Social Life Committee of Saint Margaret of Cortona Roman Catholic Church is sponsoring an Indoor Fall Flea Market on Saturday, November 17, 2012. Tables are \$25 each. For information and contracts, call Ellie at 201-641-0883. ###

Free Lunch

First Saturday Free Lunch continues at the Moonachie Presbyterian Church, 221 Moonachie Road: for information please call 201-438-8966

They are entering the fourth year of this ministry with joy in their hearts—not only because of the ways they have been able to serve the community, but the ways in which people have been ministering to US, as well!

They have had community members bring food to share... folks offer to cook for a month, or to help sponsor a meal for others.

People reach out to first-time attendees to make them feel welcome... watch out for each other and ask if they don't see the "regulars." Volunteers drop off meals to absent friends or to homebound folks who can use a precooked meal or just a friendly face at the door!

Their hope is that this year they will continue to grow and to see new faces, even as the familiar faces keep coming back. If you haven't had a chance to experience the fun, come and join them sometime. ###

Get Ready to Jam
with the Kootz Band

The Free Public Library of Hasbrouck Heights is pleased to sponsor the performance of Rock'n'Roll band, The Kootz. This FREE concert will take place on Saturday, October 6, 2012, at 2 p.m. in the Senior Center located at 320 Boulevard. People of all ages are welcome. No registration is required.

Rock and roll rules when The Kootz jams! Covering the spectrum from Don McLean to the Who, from Otis Redding and Jackson Browne to the Grateful Dead, Bruce Springsteen and the Rolling Stones, this band puts together many of your favorite rock songs with their own distinctive sound.

Members of the band have been playing music together since 1993. It wasn't until in 2001, when band leader Glenn Taylor assembled his Essex and Union County friends into an organized band that The Kootz started playing songs of the baby-boomer era from the 60s 70s, and 80s.

Special thanks to The Friends of The Hasbrouck Heights Library for making this performance possible. For details, please call 201-288-0488. ###

Tai Chi
Workshops

The Free Public Library of Hasbrouck Heights is proud to sponsor workshops focused on Tai Chi Short Form. These workshops are free and people of all ages are encouraged to attend. They are held once a month in The Library's conference room at 320 Boulevard from 7 to 8:30 p.m. on the third Monday. Next meeting date will be October 15, 2012.

Tai Chi is an exercise system that combines slow, graceful movement with calm regular breathing. There are many styles and has become very popular as a means of maintaining good health and feelings of relaxation. These workshops will teach you what Tai Chi is, how to perform the basic movements, and how you benefit from it. No registration is required.

The instructor, Paul Barcia, has been practicing Tai Chi for over 15 years. He is a local businessman with a passion for Tai Chi and desire to spread his knowledge and experience. He studied under a well-recognized teacher, B. P. Chan.

Please call for details at 201-288-0488. ###

Libraries Are Fun!

Saturday Computer
Training Classes

The Hasbrouck Heights Free Public Library is offering Saturday computer training classes for beginners in Microsoft Office 2010 for Excel, PowerPoint, Word, and Computer Basics. Each class meets for two (2) hour sessions from 10 a.m. - noon in The Library. A \$40 refundable deposit is required. Due to limited seating, pre-registration is required. Some classes have prerequisites. For details, please call 201-288-0488 or visit <http://hasbrouckheights.bccls.org/>

The Fall Schedule is as follows:

- October 6 & 13: Knowing More—MS Excel
- October 27 & November 3: Introduction to MS PowerPoint
- November 10 & 17: Knowing More—MS PowerPoint
- December 1 & 8: Computer Basics
- December 15: MS Word Bootcamp ###

Book & Bake Sale
Saturday and Sunday,
November 17 and 18

The Friends of The Free Public Library of Hasbrouck Heights announced its Fall Book & Bake Sale on Saturday and Sunday, November 17 and 18, 2012, in the Senior Center located on the first floor of Borough Hall. Entrance is on Central Avenue.

Gently used books and media, along with delicious homemade baked goods, will be available for purchase.

Hours are as follows: Saturday: 9 to 4 p.m. and Sunday: 11 to 4 p.m. Hardcover/Trade paperback books \$1, Paperback books \$.50, Media \$1 and some specialty items are individually priced.

Donations of books in good condition are cheerfully being accepted. Call The Library for details at 201-288-0488. ###

Teen Read Week

The Hasbrouck Heights Public Library will be celebrating Teen Read Week, October 14-20, 2012.

This year's theme is "It Came from the Library," which dares teens to read for the fun of it! Libraries across the country celebrate Teen Read Week with a variety of special events and programs aimed at encouraging teens to visit their local public libraries and explore the various reading materials and media available to them.

Mark your calendars, stop by and check them out at <http://hasbrouckheights.bccls.org/> ###

23rd Annual
Leggo my Lego

The Hasbrouck Heights Public Library is proud to sponsor the 23rd Annual Leggo my Lego Building Contest on Friday, November 2, 2012, from 7-9 p.m. in The Library located at 320 Boulevard. All ages are welcome, but children must be accompanied by an adult.

There will be professional architects and local "celebrities" on hand to judge the contest. All entries must be original (*no instructions or kits*) and built in The Library on Lego Night. Participants may work in groups of up to 6 people, and will be judged in several age categories. Participants must bring their own Lego or building blocks.

Entertainment, refreshments, and prizes are being provided by The Friends of The Hasbrouck Heights Library. Registration for this program begins October 15. You can register by phone, in person, or online at – <http://hasbrouckheights.bccls.org/>

Don't miss this night of creativity and family fun! ###

W-R Book Sale

The Friends of the Wood-Ridge Memorial Library are pleased to invite you to their annual Autumn Book Sale to be held at the Wood-Ridge Senior Center (*next door to the Library*) on Saturday, October 13, 2012, from 10 a.m. to 2:30 p.m.

They will have a wide selection of materials, including hardcover and paperback, fiction and non-fiction, adult and children's items and some large print editions. There will also be some audio books on CD, music CDs and DVDs available.

All items are very reasonably priced, so please come join us and help the Wood-Ridge Library while you pick up some reading material you can cuddle up with during the upcoming snowy days of winter! ###

Friends of Lodi
Library Book Sale

On Saturday October 13, 2012, from 9:30 a.m.-4 p.m., The Friends of Lodi Memorial Library will host a Fall Book Sale with all funds to benefit Lodi Library.

Donations of gently used books and media are welcome at Lodi Library until October 10. For more information, visit lodi.bccls.org or call 973-365-4044. ###

RECYCLE

The Charmer

On Wednesday, October 24, 2012, from 7-9 p.m., join authors Richard Muti and Charles Buckley at The Carlstadt Public Library as they discuss their book "The Charmer," which reveals the true story of Bergen County native, Robert Reldan - rapist, murderer and millionaire.

Many of the events in this book occurred right here in Bergen County, and the authors are both former career trial prosecutors, who were directly involved with this case.

Copies of the book will be available for purchase at this event, and the authors have generously agreed to donate \$5 to The Library for each copy that is sold. Refreshments will be served, and all are welcome to attend. Please call 201-438-8866 for more information. ###

Their Eyes Were
Watching God

On Wednesday, October 10, 2012, from 7-8 p.m., join a Carlstadt Public Library monthly Book Discussion Group meeting. This month they will discuss "Their Eyes Were Watching God" by Zora Neale Hurston.

Independent and articulate, Janie Crawford sets out to be her own person - no mean feat for a black woman in the 30s. Janie's quest for identity takes her through three marriages and into a journey back to her roots. Copies of the book are available at The Library for patrons to take out.

Refreshments will be served, and all are welcome to attend.

Please call 201-438-8866 for more information or check their website, www.carlstadt.bccls.org. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

Computer Classes at
Carlstadt Library

The Carlstadt Public Library is pleased to offer free computer classes for adults during the fall. Classes are limited to 6 people. Preference is given to Carlstadt residents.

- Intro to the Computer: Wed., October 3, 6:30-8 p.m. and Thu., October 4, 2:30-4 p.m.
- Intro to the Internet: Tue., October 9, 2:30-4 p.m. and Mon., October 15, 2:30-4 p.m.
- Email Basics: Wed., October 17, 6:30-8 p.m., Mon., October 22, 2:30-4 p.m. and Tue., October 23, 2:30-4 p.m.
- Facebook: Mon., October 29, 2:30-4 p.m., Wed., October 31, 6:30-8 p.m. and Mon., November 5, 2:30-4 p.m.
- Twitter: Thu., November 15, 2:30-4 p.m., Mon., November 19, 2:30-4 p.m. and Wed., November 28, 6:30-8 p.m.
- Google: Mon., December 3, 2:30-4 p.m., Thu., December 13, 2:30-4 p.m. and Wed., December 19, 6:30-8 p.m.


Call 201-438-8866 for more information. The Carlstadt Public Library is located at 420 Hackensack Street. ###

Adult Book Group

Join in on the conversation and see what others are reading each month. Here's an opportunity to meet new people, learn from others, talk about books, and introduce yourself to titles you may not have normally picked. Light refreshments will be served. The group meets each month at 7 p.m. at The Hasbrouck Heights Library. To register or to reserve a copy of the book, please call 201-288-0488.

- October 25 -- "Midwives" by Chris Bohjalian
- November 20 -- "Unbroken" by Lauren Hillenbrand
- December 27 -- "Little Bee" by Chris Cleave ###

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Star Wars Read Day

On Saturday, October 6, 2012, from 3-4:30 p.m., Lodi Memorial Library joins 1,200 libraries and stores nationwide in celebrating Star Wars Reads Day, a literacy event sponsored by Lucasfilm and publishers including Scholastic, DK and Chronicle Books.

This event is free and all ages are encouraged to come as their favorite Star Wars character. The event features Star Wars giveaways, crafts, games, a children's storytime, trivia and a photo with Darth Vader. There will be a costume parade and contest for children and adults at 4 p.m. No registration is required. For more information, call 973-365-4044 and visit lodi.bccls.org or the Star Wars Reads page on Facebook for updates. ###

ESL Classes

The William E. Dermody Free Public Library, 420 Hackensack Street in Carlstadt, NJ, is offering free ESL classes. Classes are on Monday and Wednesday mornings 10:30 a.m. - 12 p.m. or Tuesday and Thursday evenings 7-8:30 p.m.

Registrants are expected to attend both morning or evening classes each week. Class size will be limited and a valid library card is required to register. Preference is given to Carlstadt residents. For registration and further information, please call 201-438-8866 or check our website, www.carlstadt.bccls.org ###

Practice English Conversation

English language learners are invited to attend the English Conversation Group on Tuesdays and Thursdays from 10-11:30 a.m. at The Rutherford Public Library. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. For information, please call 201-939-8600, ext. 7. ###

"I took the shot, now what?"

The Wood-Ridge Memorial Library is hosting "I Took The Shot, Now What?"

This is part two of the Digital Camera Series hosted by Walter Choroszewski.

Walter will demonstrate basic photo editing techniques using popular commercial software and will offer tips and tricks for emailing and printing photos.

Class will be held at the Wood-Ridge Senior Center, 495 Highland Avenue, Wood-Ridge, NJ on October 23, 2012, at 7 p.m. Be sure to bring your cameras.

Registration is required and the class is FREE! Please contact Christine Hartigan at hartigan@bccls.org, 201-438-2455 or stop in The Library. ###

Little Cool Music School

The Rutherford Public Library will host Little Cool Music School on Fridays, October 5, 12, 19, and 26, 2012, from 11 - 11:30 a.m., for children of all ages.

Guitar Bob will teach children to sing a wide variety of songs, perform creative movements and dances, play instruments, and take part in cooperative games. No advance registration is required. ###

Drop-In Storytime for 4 & 5 Year Olds

The Rutherford Public Library will host a drop-in storytime program for 4- and 5-year-olds on Thursdays, October 4, 11, 18, and 25, 2012, from 10:30 - 11 a.m.

The program is designed to instill a life-long love of literature; both classic stories and new favorites will be shared with related finger-plays and songs. Caregivers are welcome to attend, or may enjoy some "down time" in the main area of The Library while storytime is presented. No advance registration is required. ###

Computer Classes at Lodi Library

Lodi Library will be offering free computer classes for Lodi residents during October 2012. Please register at the Library with a refundable \$5 deposit, or call 973-365-4044 ext. 5 for more information.

The October class schedule is as follows:

- Friday, October 12, 10 a.m.-11:15 a.m., Microsoft Word Beginner
- Friday, October 19, 10 a.m.-11:45 a.m., Individual sessions with instructor to set up an Email account (*cell phone required for session*)
- Friday, October 26, 10 a.m.-11:15 a.m., Microsoft Excel Beginner ###

Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, October 3, 2012, at 6:30 p.m., to discuss "Sarah's Key" by Tatiana de Rosnay. The meeting will be held in The Library Auditorium.

All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the books are available at the Circulation Desk. For more information, e-mail Peg Mellett at mellett@bccls.org ###

The Siege

On Monday, October 15, 2012, at 6:30 p.m., The Rutherford Public Library *Monday Evening Book Group* will meet to discuss "The Siege" by Helen Dunmore. Copies of the books are available at the Circulation Desk. ###

Prayers for Sale

On Friday, October 26, 2012, at 1:30 p.m., the Kip Center Book Group will meet at the Kip Center, 55 Kip Avenue, Rutherford, to discuss "Prayers for Sale" by Sandra Dallas.

Copies of the books are available at the Circulation Desk of The Rutherford Public Library, 150 Park Avenue, Rutherford. ###

Children's Friday Afternoon Matinee

On Friday, October 26, 2012, at 3:45 p.m., all children ages 5 and up are invited to a screening of "Beverly Hills Chihuahua 3" at The Rutherford Public Library. The movie is rated G. No advance registration required. An adult caregiver must remain with any child under the age of seven for the duration of the film. ###

Free Movies at Lodi Library

Lodi Memorial Library will be showing free movies in October every Wednesday from 1:30 p.m. to 3:30 p.m. for their Movie Matinee for Adults program. Free popcorn and soda are provided. The schedule will be as follows:

- October 3: "The Lucky One," rated PG-13
- October 10: "Tower Heist," rated PG-13
- October 17: "Think Like a Man," rated PG-13
- October 24: "Best Exotic Marigold Hotel," rated PG-13
- October 31: "Psycho," not rated ###

Perfected By Girls Author Event at W-R Library

The Wood-Ridge Memorial Library will host an Author Event with Alfred C. Martino for Teen Read Week on Tuesday, October 16, 2012, from 3:30-4:30 p.m.

Mr. Martino's latest book, "Perfected By Girls," addresses issues of gender equity, sports, and the challenges of teenage life through the eyes of a female high school wrestler.

"Perfected By Girls" is available for check out in The Library in both paperback and audio book, and The Library will offer two autographed copies as door prizes for Author Event participants.

In addition to discussing the book, Mr. Martino will share his experiences as a writer and address any other questions that participants may have.

For more information or to register, please email Molly at wrdgcchild@bccls.org or call The Library at 201-438-2455. "Like" Wood-Ridge Memorial Library on Facebook or check out our website at http://www.woodridgememoriallibrary.org/ to get information about upcoming events. ###

Using LinkedIn for Your Job Search

On Thursday October 18, 2012, from 1:30-2:30 p.m., Lodi Library Director Barb Hauck-Mah will share tips on optimizing your LinkedIn profile, using groups, recommendations and contacts to facilitate your job search.

Registration is required for this free workshop. Attendees must sign up for a free LinkedIn account before class, and are welcome to bring a laptop or tablet to the workshop. For more information, call 973-365-4044 or visitl lodi.bccls.org ###

Carlstadt Library Youth Programs

• CRAFTS every Wednesday, 3:30 - 4:15 p.m.

• STORYTIME Lapsit - Tuesdays at 10:30 a.m.

Storytime Thursdays at 10:30 a.m.

Storytime Pre-K Thursdays at 1 p.m.

• HALLOWEEN PARTY! Friday, October 29, 2012, 3:30 p.m. at The Carlstadt Library, for kids thru age 6. Registration is required.

• BATS, BATS, BATS! Learn about and see live bats! November 14 at 3:30 p.m. All are welcome!

YA EVENTS! (*6th Grade and up*) May bring a guest. Registration required

• Traditional Halloween Party, October 30 (*Come in costume if you dare!*)

• Game Nite November 20 (*Assorted Board Games & Wii*)

• Shrunken Apple Heads, November 27

Please check their website for times and further information www.carlstadt.bccls.org or call Miss Nina at 201-438-8866 x203. ###

Retirement Planning Workshop

On Tuesday October 2, 2012, from 6:30-7:30 p.m., Lodi Library presents a free retirement planning workshop by NJ wealth manager and author, Marc Bautis. In this workshop, you will learn strategies for minimizing your expenses and maximizing your income despite market volatility. No registration required. For details call 973-365-4044. ###

Shopping Event

Support The Friends of The Hasbrouck Heights Library by shopping for the latest fashions at Lord & Taylor's Shopping Event on Thursday, October 4, 2012, from 9 a.m. to 11 p.m., located at the Fashion Center, Rt. 17N in Ridgewood. Tickets are \$5 and may be purchased at The Library. For details, call 201-288-0488. ###

Drop-In Storytime Infants to 5 Years Old

The Rutherford Public Library will host a morning and afternoon drop-in storytime program on Wednesdays, October 3, 10, 17, 24, and 31, 2012. from 10:30-11 a.m. and repeated from 2-2:30 p.m. All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###



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NJ Hall of Fame Holds 40th Induction Dinner

The New Jersey Aviation Hall of Fame announced the 2012 Inductees into The Aviation Hall of Fame.

The new inductees will receive their bronze plaques at the 40th Annual Induction Dinner on October 9, 2012, at The Fiesta Ballroom, in Wood-Ridge.

The 2012 inductees include:

• **Susan M. Baer.** Susan Baer, of Montclair, NJ, earned degrees at Barnard College and New York University and began her distinguished career with the Port Authority of New York & New Jersey in 1976 as an analyst. In the 1980s she became the first woman to manage the Lincoln Tunnel and, later, the Port Authority Bus Terminal in Manhattan.

In 1988 Baer joined the Port's Aviation Department becoming General Manager of Aviation Customer and Marketing Services. By 1994 she was General Manager of La Guardia Airport and during the next 13 years became the only person in Port Authority history to manage all three major NY and NJ airports including Newark Liberty and Kennedy International. In 2009 Baer was made Director of Aviation, the first woman to hold that position. As Director she is responsible for the safe and efficient operation of all five of the agency's airports-Kennedy, Newark, La Guardia, Teterboro and Stewart, which together make up the world's busiest airport system.

Baer is active in the communities surrounding the airports she oversees, serving on the boards of Vaughn College and the Newark Museum. She is also on the U.S. Department of Transportation's Future Aviation Advisory Committee and the FAA's NextGen Advisory Committee. Baer has been honored by, among others, the NJ AFL-CIO; the Newark International Airport Airline Managers Association; the Newark Regional Business Partnership; Barnard College, The YWCA, and the Boy Scouts.

• **Henry M. Rowan.** Hailing from Ridgewood, NJ, Henry "Hank" Rowan's lifelong involvement with aviation began in 1943 when he enlisted as a U.S. Army Air Force Cadet with a desire to learn to fly as a U.S.A.A.F. pilot during World War II. While the war ended before he was able to fly combat missions, Rowan was checked out on six aircraft including both the B-17 Flying Fortress and the B-29 Superfortress.

After the war he earned a degree in electrical engineering from M.I.T. where he graduated with honors. In the early 1950s Rowan designed and built his first induction furnace in his NJ home's garage. He soon created Inductotherm Industries Inc. Today, more than half of all induction melting systems in the world are Inductotherm furnaces, some of which are used in aerospace applications.

Rowan was one of the first chief executives of a NJ company who saw the potential for business aviation. He built Inductotherm's airport at the firm's Rancocas headquarters. Later, when local opposition to the airport mounted, Rowan was personally able to save the facility from the threat of closure. By 1990 he was a Learjet-qualified pilot, and just two years later the company fleet had reached 10 aircraft.

Rowan is perhaps best known for his 100 million dollar donation to Glassboro State College in 1992, the largest gift to a public college up to that time. In gratitude the school was renamed "Rowan

University."

• **Robert H. Widmer.** Born in Hawthorne, Widmer received his training to become an aircraft designer at Rensselaer Polytechnic Institute and Caltech. At Rensselaer he was named the best aeronautical engineer in his class after designing and building his own bi-plane as a thesis project. Widmer worked for Consolidated-Vultee (*later Convair*) during World War II and helped refine the airfoil for the most produced military aircraft in U.S. history, the legendary B-24 Liberator. After the war he went on to play a pivotal role in the design of the largest American Bomber ever flown, the eight-engined B-36 Peacemaker. Perhaps his greatest creation was the Convair B-58 Hustler, our nation's first supersonic bomber, an aircraft capable of reaching twice the speed of sound and an altitude of over 75,000 feet.

As Widmer's career progressed, he was responsible for the design of the General Dynamics F-111 Aardvark, F-16 Fighting Falcon and the Toma-

hawk cruise missile. Later, working for Lockheed and its corporate successor, Lockheed-Martin, he was instrumental in creating a number of still highly classified aircraft designs. During this period he was one of the few civilians working for national defense contractors who received federal protection.

Among many honors Widmer earned during his over fifty year career were the Spirit of St. Louis Medal, the Reed Aeronautics Award and induction into the Rensselaer Alumni Hall of Fame.

The public is invited to attend. Dinner tickets are \$100 each. There will be a cash bar. For tickets or more information, please call 201-288-6344.

The New Jersey Aviation Hall of Fame was founded in 1972 and was the first state aviation hall of fame in the nation. Its goal is the preservation of the Garden State's 220 years of aviation and space heritage.

The Aviation Hall of Fame & Museum of New Jersey is located at Teterboro Airport. It is open Tuesday through Sunday from 10 a.m. to 4 p.m. ###

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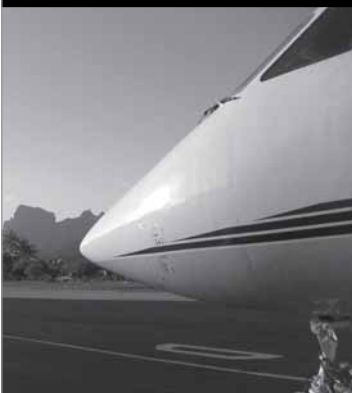
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Saint Margaret of Cortona Parish Family Picnic

Saint Margaret of Cortona Roman Catholic Church in Little Ferry celebrated their 100th Anniversary with a Parish Family Picnic on Saturday, September 15, 2012.

Under two huge tents, about 350 enjoyed plenty of great food, birthday cakes from "Cake Boss" and "Uniquely Yours," "NJ Batman" displayed exotic animals, and lots of children's activities, etc. ###



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98th St. Joseph Festival

Over 25,000 attended the 98th Annual St. Joseph Festival Labor Day Weekend, 2012, with rides, games, entertainment, hourly 50-50, a Super 50-50 and the "Best Italian Food."

On September 1 and 2, from 10 a.m. to 2 p.m., the St. Joseph Society, accompanied by the Metropolitan Feast Band, marched with a banner of Saint Joseph throughout Lodi, Garfield and Hasbrouck Heights.

On Labor Day, there was a Solemn Mass followed by

the Procession with the Statue of St. Joseph throughout Lodi.

The Society removes the St. Joseph statue from the Church and secures it on an ornate hand carved base constructed in 1915. The float is pulled by the Society. Float handling positions have been passed down generations.

Proceeds collected from the Processions go toward helping the less fortunate, Scholarship Fund, Food Pantry, among many other charities.

The Festival has been a

parish affair since the 70s. The food court, games and raffles are organized and operated by the parishioners. These booths have been family operated for generations. There are a few outside vendors and the amusements are contracted.

This year's Super 50-50 winner received over \$10,000. This program benefits the St. Joseph Church operating fund. For more information go to: www.saintjosephsociety.org ###



Rutherford Street Fair

On September 3, 2012, Rutherford held its 37th Annual Labor Day Street Fair along Park Avenue, featuring over 150 antique and craft vendors, food, community groups, art show, children's activities and musical entertainment. ###



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Getting Ready to



o Take The Field



The Hasbrouck Heights High School Marching Band prepared for this year's show during Band Camp at the High School's Hitchcock Field, August 20 through 24, 2012.

The 51 members, consisting of the band and color guard, took this week to learn marching band basics, the music and the moves making up the routines for this year's show.

The marching band consists of Hasbrouck Heights students in Grades 7 through 12. About 16 are new band members.

This year's selections, chosen by the Director, Joe Ascolese, are "Magical Mystery

Tour," "Lady Madonna," "Eleanor Rigby," "Blackbird," "Yesterday," and "Sgt. Pepper's Lonely Hearts Club Band." This is Ascolese's 18th year. The drill design and instructor is Michael Coppola. The volunteer Color Guard instructor is Nicole Iappelle.

This year's Drum Major is Chris Jackson. Captain of the Color Guard is Frairee Delafuente.

All band members are Heights kids, although some attend the Academy. The marching band practices about four hours a week.

They used to go away to

camp at a cost of \$200 per member. The cost of at home band camp is \$35 each for refreshments and lunch. The Hasbrouck Heights Music Parents Association organizes the food and refreshments. This is the sixth year the band camp has been held at HHHS. Ruth Feehan is president of the Music Parents Association.

The marching band performs at all home and away football games and town parades. They also compete in US Scholastic Band Association Band Competitions. The marching band's first performance this season was September 7, 2012. ###

Scenes from Hasbrouck Heights, Moonachie and Wood-Ridge 9-11 Memorial Services





On September 20, 2012, John and Linda Kosakowski, of **Bill O'Shea's Florist**, sponsored Good Neighbor Day by giving away about 200 bunches of colorful roses. They also collected over 70 bags of groceries to benefit the Hasbrouck Heights Food Bank. ###



On September 8, 2012, 200 plus attended the 30th Annual Little Ferry American Legion Post 301 picnic. There were plenty of hot dogs, hamburgers, clams, mussels, chili, corn on the cob, sausage and peppers, etc., to enjoy. About 25 special guests from the Paramus Veterans Home attended. Proceeds benefited Post activities and scholarships to local high school students. ###



The Windsor Road Secret is Out

For the past 18 years, on the Sunday before Labor Day, the residents of Windsor Road in Wood-Ridge have openly kept a secret. At about 1 p.m. they place road blocks from Valley Boulevard to 7th Street closing their street to all vehicle traffic. Then tables, chairs and a grill are brought out. Food prepared at home and food ready to be cooked is brought out as the residents of Windsor Road get together for their annual block party of hot dogs, hamburgers, sausage, chicken, pasta, salads, watermelon, desserts and beverages.

This event gives them the opportunity to relax, have fun and get to know each other better. Their children can ride their bikes, play games and socialize

within the boundaries of their street.

Chris and Kendal Garvin and Carol Haggerty handle all the arrangements for the thirty-five families that participate. This year they were planning to have a special 100th birthday party for the patriarch of Windsor Road, Anthony Giuseffi. But Tony informed them that they would have to put it off for another two years because he was only 98.

The past 18 years have given them the opportunity to bond with each other; to welcome new neighbors; and to know that in time of need they have many people close by that they can turn to for assistance. *Photos by Marie Gallo and story by Peter Gallo Jr. ###*

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Hasbrouck Heights Leisure Club Resumes Activities

On September 12, 2012, the Leisure Club of Hasbrouck Heights resumed its activities after taking the summer off for vacation. This was not an ordinary meeting! The highlight of the afternoon was a performance by vocalist Rhonda Denet.

Miss Denet's program was entitled "Jazz to Soul." She captivated her audience with her rendition of songs made famous by Ella Fitzgerald, Billie Holiday, Nancy Wilson, Nina Simone, Etta James, Martha and The Vandellas, Diana Ross, Aretha Franklin, and Gladys Knight and the Pips.

Such songs as "A-Tisket, A-Tasket," "Blue Skies," "Lullaby of Birdland," "Cheek to Cheek," "I Wish You Love," "My Baby Just Cares for Me," "Dancing in the Street," "Baby Love" and "Midnight Train to Georgia."

Miss Denet has her own style of performing. She has an excellent voice and her performance was phenomenal. She expresses each of her songs



with great emotion.

A tribute to her performance was evident with the response she received from her audience. You could hear a pin drop it was so quiet.

During the business portion of the meeting, Trip Chairperson Cathy Murray reviewed three trips that are being planned. A trip to Atlantic City's Caesar's Casino which will take place on Wednesday, October 17 – this trip is being sponsored by Care One at Wellington in Hackensack; another trip is scheduled for

Tuesday, October 30 to the Culinary Institute of America and the last trip before Christmas is planned for Thursday, November 15. It is a luncheon at Colucci's Ristorante with a show presented by Uncle Floyd.

Specific information about all of these trips can be obtained by contacting Cathy at 201-288-6651. For information about the Atlantic City Trip please contact Dorothy at 201-288-0525.

Treasurer Dorothy Fitzin announced that the Annual Christmas Party will be held at the Fiesta on Monday, December 3. The cost is \$39.00 per person.

All Hasbrouck Heights Seniors are welcome to attend Leisure Club meetings, to get a feel for the Club and hopefully to join the Club. The next meeting is Wednesday, October 10 at 12:30 p.m. in the Senior Center. The entertainment will be mentalist, Flavian, who will shock members with his ability to read minds. *Story by Peter Gallo Jr. ###*

AARP Members Updated on 2013 Medicare Part D Program

Linda Cross from the Division of Senior Services in Bergen County was the guest speaker at the last meeting of the Central Bergen Chapter 418 of AARP held on September 14, 2012. Ms. Cross is an expert on all current information related to Medicare.

The primary focus of her presentation was on the changes that will take place in 2013 affecting Medicare Part D. Medicare open enrollment runs from October 15, 2012 to December 7, 2012. During that time, anyone can join, switch or drop a Medicare drug plan. The change will take effect on January 1, 2013, as long as the plan gets requested by December 7, 2012.

Ms. Cross asked all seniors to be informed that their present provider company must send out a package of their plans for 2013. Seniors will also receive unsolicited mail from other providers with the hope to have you sign up with them. She suggested seniors complete a Drug Worksheet and send it to her. Her office will help seniors find the best three plans that meet their individual prescription needs.

When selecting a plan, seniors must check that the plan covers the most expensive drugs you take; check that all or most of the drugs you must take are covered by the plan; and check that the plan offers cov-



erage to further reduce out-of-pocket costs in the donut hole.

Finally, Ms. Cross advised against paying providers by having the monthly payments automatically deducted from Social Security checks. She said that they could receive help by using the computer to go on line at www.medicare.gov or phone 1-800-medicar. Her office would be available

at 201-336-7400.

Central Bergen Chapter #418 AARP meets the second Friday of each month except for July and August. They meet at 12:00 p.m. at the M&M Building, 116 Holt Street, Hackensack. There is a brief meeting from 12:30 p.m. to 1:00 p.m. followed by a program. Membership is open to seniors who are members of AARP and who reside in Hackensack, Hasbrouck Heights, Maywood, Rochelle Park, Little Ferry or South Hackensack. New members are always welcomed. Their next meeting is Friday, October 12th. Flavian will provide the entertainment for the afternoon. He will turn the spotlight on the members of his audience and amaze all with his power to read minds. *Photo by Marie Gallo and story by Peter Gallo Jr. ###*

Carlstadt Senior Friendship Club

The Carlstadt Senior Friendship Club meets on the first and third Wednesdays of the month at 1:30 p.m. at the Civic Center. All Carlstadt seniors are encouraged to attend. Call Eileen at 201-933-6949. ###

Vic's Hoofers Auxiliary

The Vic's Hoofers Auxiliary will hold their anniversary party on October 4, 2012, at Michael's in Lyndhurst. Vic's Hoofers is a woman's social club that meets the first Thursday of the month at the Carlstadt Civic Center. Meetings are held at 7 p.m. and an evening of fun and games are enjoyed. Refreshments are served and new members from Carlstadt, Wood-Ridge, East Rutherford, Wallington and surrounding towns are invited. Call Dolores 201-939-5163 for details. ###

October 2012 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, October 1, 15, 22, 29

10:00 a.m. to 1:00 p.m. Games, cards & coffee

11:00 a.m. Mahjong

10:00 a.m. to 3:00 p.m. Senior Lounge open

Tuesday, October 2, 9, 16, 23, 30

10:00 a.m. Line Dancing \$1.00

2:00 p.m. Adv. Chair Yoga \$1.00

6:00 p.m. Card Game Night

Wednesday, October 17, 24, 31

10:00 a.m. Games, cards & coffee

2:00 p.m. Senior Aerobics \$1.00

10:00 a.m. to 2:00 p.m. Senior Lounge open

Thursday, October 4, 11, 18

10:00 a.m. Games, cards & coffee

11:00 a.m. Mahjong

2:00 p.m. Senior Yoga \$1.00

10:00 a.m. to 2:00 p.m. Senior Lounge open

Friday, October 5, 19

10:00 a.m. Games, cards & coffee

10:00 a.m. to 3:00 p.m. Senior Lounge open

Friday, October 12, 26

10:00 a.m. Fun Bingo

10:00 a.m. to 3:00 p.m. Senior Lounge open

Check Center Bulletin Board for any changes

The center will be closed on Monday, October 8, in observance of Columbus Day. Garbage will not be picked up on that day.

CLUB MEETING SCHEDULE

Wednesday, October 3

10:00 a.m. Leisure Club Executive meeting

Wednesday, October 10

12:30 p.m. Monthly meeting. Entertainment provided by mentalist, Flavian.

UPCOMING EVENTS

OPEN TO ALL SENIORS

Annual Halloween Party

Thursday, October 25, Noon to 3 p.m.

The annual Halloween Costume Party for all Hasbrouck Heights Seniors will take place at the Senior Center. Please sign up if you plan to attend. Event sponsored by the Hasbrouck Heights Recreation Department.

Trip to Culinary Institute of America

Tuesday, October 30: Trip includes transportation, luncheon prepared by students and tour of the Institute. Price is \$65pp. Bus leaves at 7 a.m. Call Kathy at 201-288-6651.

Lodi Seniors Club Seeks New Members

The Lodi Senior Citizens Club is open every Thursday for recreational purposes to anyone 55 or older who lives in Bergen County, including all neighboring towns.

Recreational choices are senior yoga from 11 a.m. to noon, followed by Bingo at 1 p.m. Line dancing starts at 1 p.m. Games, ping pong, billiards, cards, or bocce in season or, you can just sit and chat.

For members, the charge for a Thursday visit is 50 cents. The membership fee is \$10 per year. The cost for the day is \$2 pp. Refreshments are served. You do not have to be a member.

An Oktoberfest trip to the Brownstone is planned for October 30, 2012. Details for the December 7, 2012 Christmas Party are being planned. For more information call the Club on Thursdays at 973-472-6994. ###

Blood Pressure Check

The Carlstadt Health Department, in conjunction with the Health Awareness Regional Program of HackensackUMC, offers a free blood pressure program on the third Wednesday of every month, from 11 a.m. to 1 p.m., at the Carlstadt Senior Civic Center.

Program includes information: prevent and manage blood pressure, body fat composition, manage stress, nutrition for healthy living, community health resources, etc.

For more information call 551-996-2038. ###

W-R Health Consultations

The Borough of Wood-Ridge offers free health consultations at the Wood-Ridge Senior Center from 11 a.m. to 1 p.m. on the first and second Thursday of every month.

Services include health history evaluation, blood pressure check, height and weight measurements, counseling and education, referral, consultation, etc. For more information call 201-935-8852. This program is sponsored by Community Development in cooperation with the Bergen County Department of Health. ###

October is National Domestic Violence Awareness Month

Bergen County
24-hour Crisis Hotline
201-336-7575

Shelter Our Sisters
Hotline
201-944-9600

HH Annual Blood Screening Program

The Hasbrouck Heights Board of Health will be offering their Annual Blood Screening Program on Thursday, October 4, 2012, from 7 a.m. to 9 a.m. in the Senior Room at Borough Hall.

The program is an excellent opportunity to check on your body's internal wellness. The cost is \$20 cash only for a Blood Chemistry Profile, which will consist of a Chem. 23, Lipid Profile, CBC and T4 (thyroid). A copy of the results will be sent directly to your private medical doctor and another mailed to the participant.

Additional screenings will be available; PSA (*Prostates Specific Antigen*), a blood-screening tool for detection of prostate cancer will be an option for all male participants at a cost of \$30 (*cash*) and a Vitamin D25, OH, Total Screening at a cost of \$30.

This program is available to everyone. Registration and payment must be made in advance at the Hasbrouck Heights Health Department, 320 Boulevard, Monday through Friday 10 a.m. to 3:30 p.m. At the time of registration please bring two large stamped envelopes, your name and address on one and your physician's name and address on the other. A 12-hour fasting period is required prior to your time. Refreshments will be served. If you have any questions please call the Health Department at 201-288-1636. ###

School's Open Drive Carefully

Are You Ready for Flu Season?

Flu vaccine is available on Monday, October 1, 2012, from 2 p.m. to 4 p.m. at the Carlstadt Municipal Building.

- Participants 6 months of age and older are welcome.
- Participants 6 months-64 years of age, there is a \$20 fee for vaccination.
- Participants 65 years of age or over must bring their Medicare Part B number or pay a fee.
- Participants 65 years and over who also have an HMO must go to their primary care physician.

For more information call 201-531-7182. This program is sponsored by the Carlstadt Health Department, and the Mid Bergen Regional Health Commission in conjunction with the Health Awareness Regional Program of HackensackUMC. ###

W-R Flu Shots

The Wood-Ridge Board of Health will be sponsoring an Influenza Program on Wednesday, October 24, 2012, from 1 to 2:30 p.m. and Tuesday, November 13, 2012, from 5:30 to 6:30 p.m. at the Senior Center, 495 Highland Avenue.

Adults 65 years of age and older are required to bring their Medicare B card in order to receive their free immunization. Clients who are covered by an HMO Managed Care should go to their medical provider or pay \$25. The cost of the Immunization is \$25 cash for adults over age 18. No appointment is necessary. For more information call 201-939-0202 x1. ###

It's Flu Season

Cover Your Cough

Wash Your Hands



Filling You In

By Jeffrey E. Mason, D.M.D.

People with Diabetes at Higher Risk for Developing Gum Disease

According to the U.S. Centers for Disease Control and Prevention, diabetes affects nearly 24 million people in the United States. The Academy of General Dentistry encourages those with diabetes to pay extra attention to their oral health.

Studies have shown that those with diabetes are more susceptible to the development of oral infections and periodontal (*gum*) disease than those who do not have diabetes. In addition, oral infections tend to be more severe in people with diabetes than in those who do not have the condition.

"We urge individuals with diabetes to take care of their mouths and have dental infections treated immediately," says AGO spokesperson E. Mac Edington, DDS, MAGD, ABGD. "People who receive good dental care and have good insulin control typically have a better chance at avoiding gum disease."

Because diabetes reduces the body's resistance to infection, the gums are at risk for gingivitis, an inflammation usually caused by the presence of bacteria in plaque. Plaque is the sticky film that accumulates on teeth both above and below the gum line. "Without regular dental checkups, gum disease may result if gingivitis is left untreated. Gingivitis also can cause inflammation and destruction of tissues surrounding and supporting teeth," says Dr. Edington.

To prevent problems with bacterial infections in the mouth, a dentist may prescribe antibiotics, medicated mouthrinses, and more frequent cleanings to a patient

with diabetes.

The established connection between oral health and systemic health suggests that diet and exercise may be the most important changes that people with diabetes can make to improve their quality of life and oral health. People with diabetes should be sure that their medical and dental care providers are aware of their medical history and periodontal status. To keep teeth and gums strong, people with diabetes should be aware of their blood sugar levels and have their triglycerides and cholesterol levels checked on a regular basis, as these factors may have a direct correlation with their risk for gum disease.

"People with diabetes who do not have good control over their blood sugar levels tend to have more oral health problems," says Dr. Edington. "If your blood sugar is not under control, talk with both your dentist and physician about the possibility of receiving dental treatment beyond routine checkups and cleanings."

It is recommended that patients with diabetes schedule their dental appointments for the morning hours, because blood glucose levels tend to be under better control at that time of day. Patients should eat and take their medications as directed prior to a dental appointment. *Ref: 2010 Academy of General Dentistry. ###*

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Fitness Classes

The best kept secret in South Bergen County is the unbelievable fitness classes that are available at 55 Kip Center.

The center, located at 55 Kip Avenue in Rutherford, offers Aerobics, Body Strengthening, Floor Exercise, Zumba, Tai Chi Chih, Men's Fitness, Dancercise and much more.

The 16 week fall session runs until Friday, December 21. For more information call Cathy at 201-460-1600. ###



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Eat, Live & Love

By Philip Miuccio



Sauce vs. Gravy

For as long as I can remember there has been a very strong and often loud discussion around the dinner table on what to call one of Italy’s most iconic recipes, of course, I am referring to the topping we use on pasta, is it Sauce or Gravy!

The fact that sauce is red and gravy is brown does not matter; it’s what you were taught when you were growing up.

Some people may say that it depends on what part of Italy you and your relatives are from. However, there are people from different parts of Italy that will argue for the one they believe is correct, but to simply say that Sicilians say Sauce, and Neapolitans say Gravy, would be too simple as the region you come from does not matter.

Proof of this, take my family, both my Mother, Gloria and Father, Sebastiano, are Sicilian as is the rest of the family with the exception of the few relatives that married other Italians from Naples, Bari, Umbria and, of course, those who married into families of other proud heritages, Polish, Irish and Germans. Since we all enjoy pierogies, corned beef and bratwurst, they get a pass.

Anyway, the point is that some of my Sicilian relatives from Hudson County call it Gravy while others in Hudson County call it Sauce. I know the long standing argument is that if the Sauce has meat in it, it’s called Gravy or “Sunday Gravy.” No meat, which typically was used during the week, was called Sauce.

I can recall my Mom, at a family gathering, getting into a heated exchange with her relatives from Hudson County that they did not know and I quote, “What the hell they were talking about.” “It’s Sauce and that’s all it ever will be.”

Because this is a family publication I have sanitized her comment. My Aunt Sandy, Mom’s sister-in-law, was on her side on this, but was a little more tactful in explaining it than my Mom was. Mom was willing to be the peace maker and even went as far as calling the sauce made with meat as “Sunday Sauce” but that was as far as she was going to take it.

My cousins, Joann and Phyllis, are firmly on the side of Sauce while my cousins Camille, Anthony and Patty call it Gravy. My wife, Carmen’s family, all call it Sauce and even her Mother, Kathleen, born and raised in Ireland before coming to America 35 years ago, calls it Sauce and

without a doubt makes the best Sauce after my Father and Mother, in that order, I have ever tasted.

But even my own immediate family can not escape “the shame” as my younger brother Michael, who, after marrying into a family of “Gravy-ers,” has slipped on several occasions and has referred to it as Gravy instead of Sauce. “La vergogna, say it ain’t so Michael!”

My brother-in-law, Dr. Chris Trause and his cousin John and the rest of their family, Michael’s side through marriage, are firmly on the side of, if there is meat it’s Gravy, no meat in it then it’s Sauce. I guess having a PhD doesn’t make you an expert on the fine nuances of Sauce does it Dr. Trause?

Mind you, this slight disagreement isn’t solely attached to my family, no there are plenty of other Italian families and non-Italian families for that matter who have this same discussion and are equally passionate about it.

In this debate there are no clear cut winners. However, the most beautiful part is that when we bring this debate of Sauce/Gravy up for discussion again, you see we never let things rest unless it’s dough for making pizza or bread, it always reminds us of loved ones that have long since gone and which side they would have been on this discussion. It would often bring smiles to everyone’s faces as stories of those relatives would start being told and many laughs and memories are remembered and enjoyed with much laughter and tears as if they were sitting right next to you.

Which really is the point isn’t it? As I write this, I have a tear in my eye, I can see and hear my Father Sebastiano saying in broken English “ma you crazy, ma is-a red-a, is-a call-a Sauce-a”!

Where does my allegiance in this battle lay you ask? Well since you must always respect your parents that one is easy, it’s Sauce and it always will be Sauce, unless of course, I am eating dinner at one of the other relative’s homes who call it Gravy, then I will simply call it delicious!

So sit down have some wine and enjoy a nice meal, of Pasta or is that Macaroni. Oh well that is debate for another day.

Till Next Time. Mangia, Viva, Amore!

Sebastiano’s Sunday Sauce

2 - 28 oz cans San Marzano whole plum tomatoes (they do make a difference).

1 - 28 oz can crushed tomato.

1 to 3 small cans tomato paste (will explain later).

Bunch of fresh basil, to your taste.

4 – 6 cloves garlic thinly sliced or minced finely, as much as you like.

Salt & Pepper to taste. Sea salt and grinding your own pepper works best.

8 oz Red wine, only use wine that you can drink.

¼ cup Olive oil.

1 lb of pork bones back/neck or pork ribs.

1 lb beef bones back/neck or beef ribs.

12 Meatballs, your own recipe please, Benny’s meatballs are a recipe for another day.

Stock or water, just enough to cover.

Notes:
You need some pork in your Sauce, I’m just saying. If using pork, remember that with pork the Sauce will be on the thinner side, so if you want a thicker Sauce add more tomato paste to make it as thick as you like it.

Making this sauce the day before will only intensify the flavors.

Instructions:
Get a very large stock pot, biggest you have, we are making Sauce here and you will have leftovers that you can use during the week or freeze for another time. Slice or mince your garlic as fine as possible, heat oil, when it gets hot add your garlic in and stir; do not let it burn, you are looking for a very light golden color.

Now remove from heat add your wine and tomato paste. Hint: place your paste in a mixing bowl whisk in your wine and add this mixture in the pot together, it is easier to add it this way, trust me.

Put back on the heat and add your crushed tomato, in a large bowl place your whole plum tomato and crush them by hand. You can use crushed tomato only, but I find that the whole plum crushed by hand gives your Sauce a better mouth feel.

Add these to the pot, some salt and pepper to taste and after it comes to boil reduce to a simmer.

While your Sauce is coming to a boil, brown your meat in a pan. After they have all been browned put them in the sauce pot. Do the same with the meatballs and also add to the pot.

After all meat has been

browned add another ½ cup of wine and deglaze the pan you browned the meat in, scrape the bottom getting all that goodness off the bottom, and add that to the pot.

Add the basil, in whole attached to the stems. Just make sure you clean them and stir. Now make sure that there is enough liquid to cover all the meat; add water if you must or stock, beef works best but you can use chicken. Of course, more wine never hurt anyone.

Let simmer for 2 hours, taste and adjust the seasoning.

If making the day before, take off the heat and let cool, bring to room temperature, at least 4 hours before placing it in the fridge over night.

The next day, open the lid and skim whatever layer of fat is on top. Return to heat and bring to boil, and then reduce to a simmer for 45 minutes to an hour. Check your seasoning. When done, remove meat, to a platter. The ribs and bones should have very little meat left on them, pull off whatever remains and return the meat to the pot or serve the rib meat and meatballs separately.

Cook your favorite pasta and top with Sauce. Add grated cheese and enjoy. I like to finish mine with a topping of good finishing olive oil; the uncooked olive oil gives it a great taste. Serve some crusty bread and a salad with the meat. Pour a glass of wine, relax, eat slowly and enjoy. ###

VOTE

Is it Sauce or is it Gravy?

Go to: www.the-gazette-newspaper.com/vote12.htm
Comments welcome -- Be civil.
Results will be published in the February 2013 issue.

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Moonachie Mystery 5K Run

The South Bergen Rotary Club is gearing up for its 1st Annual Moonachie Mystery Run to be held Saturday, October 27, 2012. Starting line will be right outside the ball fields on Redneck Road.

Check in begins at 7 a.m.,
race starts 8 a.m. and "Fun
Run" starts at 9 a.m.

Course is USATF Certified and Sanctioned with Compuscore bar-code scoring.

Registration fee is \$20 per runner until one week prior and \$25 day of race, \$5 per fun runner until 1 week prior and \$7 day of race.

Prizes for top male and female overall, and top three finishers in each age group. Also, prizes for best costumed male and female runner plus there will be three prize winners for "Best Decorated House on the Course." There will be food, DJ and great give-a-ways.

Proceeds will benefit Parent Project Muscular Dystrophy (www.parentprojectmd.org) and other local charities.

Details and registration
at www.compuscore.com and
www.southbergenrotary.org
###

Wood-Ridge Mayor's 5K

Wood-Ridge Mayor Paul Sarlo and the Borough are sponsoring a USATF-NJ Certified 5K run on Sunday, October 7, 2012, at 10 a.m. with a start/finish at the Wood-Ridge High

School. This event also includes a Kids Fun Run: under 5 years/50 yards, 6-9 years/100 yards and 10 years and older/1/4 mile dashes.

Awards for the top three male/female overall, first Wood-Ridge male/female finishers, 15 age-division gift certificates, finisher medals for Fun Run participants, and team participation awards.

There will be Super-Tech
"T" shirt, and entertainment.
Walkers & families welcome.

Cost for the 5K is \$20 (\$18 USATF), race-day registration is \$25, and Fun Run is \$5.

Proceeds to benefit Cystic Fibrosis Foundation and Tomorrow's Children.

To register on-line go to:
www.raceforum.com/woodridge. For more information
 call 551-486-6805 or visit
www.njwoodridge.org/5krace
 ###

Correction

The Aviation Hall of Fame of NJ bio about 2012 Inductee Hank Rowan that appeared in September issue should have read:

"Hank Rowan – Benefactor of Rowan University, and long-time pilot. He was an early proponent of New Jersey business aviation. Hank founded Inductotherm, which owns and operates a small airport in Rancocas, New Jersey, which still today, houses a fleet of airplanes used for business purposes." The Aviation Hall of Fame regrets the error. ###

***5K Walk Oct. 6
at Depken Field***

The Children's Dyslexia Center of NJ, located at 301 Division Avenue will sponsor its 7th Annual Hasbrouck Heights 5K Walk to help support Dyslexic children on Saturday, October 6, 2012, at Depken Field. The course is 5K (*3.1 miles*).

The Walkathon will be held rain or shine. Registration starts at 9 a.m. and the Walk begins at 10 a.m. Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register prior to the event will receive a commemorative "T" shirt at registration. Refreshments will be available.

Proceeds go directly to the cost of training tutors and tutoring children. Make checks payable to: Children's Dyslexia Center of NJ, indicating Hasbrouck Heights on the memo line. Send to Hasbrouck Heights Learning Center, 301 Division Ave., Hasbrouck Heights, NJ 07604 or call 201-288-1183. ###

Zumba Gold Exercise

The American Sokol, 14 Garden Street, Little Ferry is offering a Zumba Gold Exercise Program on Wednesdays from October 10 through December 12, 2012 from 9 to 9:45 a.m.

Zumba Gold is designed for mature adults interested in exercising to the fun musical technique while adapting to their own needs, as well as those who are just starting to exercise or who have never done Zumba before. Cost is \$30 for the entire 10 week class or \$6 per class.

The instructor is Debra Rodriguez, M.S. For details call 917-538-7274. ###

BC Art Show

The 48th Annual Bergen County Art in the Park Show and Concert is scheduled for Saturday, October 6, 2012, from 11 a.m. - 4:00 p.m., at Lot 4, Area F, Van Saun County Park, Paramus. Rain date is Sunday, October 7.

Approximately 100 adult visual artists will be featured in this exhibition representing the exciting wide scope of artistic diversity found within northern New Jersey.

This juried show is judged in five categories with cash prizes in each: Acrylics/Oils; Drawings/Prints/Pastels; Mixed Media; Watercolors; and Photography (Digital & Traditional). First Place/\$150; 2nd Place/\$125; 3rd Place/\$75 and Best in Show: \$500.

For additional information,
call 201-336-7292. ###

Yoga Classes

The Carlstadt Public Library is pleased to offer a second session of free yoga classes for adults on Saturdays, from 10:30 a.m.-12 p.m., beginning November 10, 2012.

Preference will be given to those who did not already attend session one. Since each session consists of 9 classes, the first class is intended to give those interested a chance to try out the class before committing to the full session.

Registration for the first introductory class on November 10 will begin Monday, October 15, and the first session will run from November 10 through January 26. There will be no yoga class on November 24, December 22 or December 29.

Preference is given to Carlstadt residents up until a week before the introductory class, and participants must have a valid library card to register. Please bring a yoga mat or a large towel with you to class, and please dress comfortably.

Please call 201-438-8866 ext. 204 for more information or to register, or check our website, www.carlstadt.bccls.org. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###



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8:00 a.m., 10:00 a.m., Noon
Daily Masses: (Church)
Mon. - Fri., 7:30 a.m., 12:05 p.m.
Confession: Sat. 11:00 - 12:00 p.m.

Hasbrouck Heights

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31 Passaic, HH • 288-4139
www.biblebaptist.net
Rev. Bill Hegedus, Pastor
Sunday
8:00 a.m. Prayer Partners Meet
8:30 a.m. Early Worship Service (Traditional)
9:30 Discipleship Hour for all ages
11:00 a.m. Morning Worship Service (Contemporary)
Evening Service as announced

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Rev. Raymond M. Holmes
Rev. Juan Camilo Restrepo
Deacon Vincent DeFedele
Deacon Paul Carris
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5:00 p.m. Saturday (Chapel)
8 a.m., 10 a.m., 12 noon, and 6:00 p.m.
Daily Masses:
Mon.-Sat. - 8:00 a.m.
Reconciliation (Confession): Sat. 4-4:45 p.m.
Corpus Christi Church/School Websites
Parish: www.rc.net/newark/corpuschristi/index.html
School: www.corpuschristischool.net

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Thursday - 7:00 p.m. - Bible Study

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www.holytrinityhasbrouckheights.com
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9:45 a.m. - Church School
1:00 a.m. - Holy Communion

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Rev. Veronica M. Pearson, Pastor
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Children/Teens Sunday School meet during Worship Service
Wednesday - 7:30 p.m. Bible Study

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Weekday: Mon., Novena Mass 7 p.m., Tues., Wed., Fri. 8 a.m.
Saturday, and Civic Holidays: 9 a.m.
Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

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7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m.
Filipino Mass, 3rd Sunday of the month at 1:15 p.m.
Daily Masses: M-F 7:00 a.m., Noon • Sat. 7:30 a.m.
Holy Day Mass Eve: TBA
Reconciliation (Confession): Sat. 4 p.m.
Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

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Church Office: 201-438-2200 • Fax: 201-438-1098
Rev. Peter Wilkinson, Pastor
Sunday Obligation Masses: Sat.: 5 p.m.
7:30 a.m., 9 a.m., 10:30 a.m., 12 p.m.
Weekday Masses: M, W, F: 7 a.m., tu & Th. 8:30 a.m.
Reconciliation (Confession): Sat. 4 p.m.

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Church Office: 201-438-6324
Sunday Service: 10:30 a.m.

RUTHERFORD UNITED METHODIST CHURCH
56 West Passaic • www.rutherfordumc.org
Church Office: 201-438-4486
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10 a.m., 11 a.m. • Adult Bible School Sun. 9:30 a.m.
Sundays Children's Class: 10:15 a.m.
Daily Prayer Service: 6 a.m., 6:30 a.m., Fri. 8 p.m.

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Fr. Francis K. Kim, OFM, M.Div., In Residence
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8:00 a.m., 9:30 a.m., 11:00 a.m.
Daily Masses: (Church)
Mon.,-Sat.: 7:30 a.m. • Holy Hour: Fri. after 7:30 a.m. Mass
Sacrament of Penance: Sat. 4 - 5 p.m.

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Monday 10 a.m. ESL Bible Study
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Holy Trinity Fall Events

Members and friends of Holy Trinity Lutheran Church at 92 Burton Avenue, Hasbrouck Heights, are looking forward to a very busy fall schedule.

- Bible study series entitled "Living Faithfully" (*The Ten Commandments for Today's World*) on Wednesdays in October, from 6:30-8:30 p.m.

- A special Blessing of the Animals and Commemoration of St. Francis service on October 7, beginning at 12:30 p.m.

- The showing of the 1998 PG-Rated American Comedy-Drama film, "Simon Birch," with a meal beginning at 5:30 p.m.

- A Chicken and Chips Dinner, catered by Tastefully British, for the benefit of Family Promise on October 23, from 5:30 to 7 p.m.

- Confirmation classes begin on October 1.

- Beginning October 7, Sunday morning Adult Forums (9:45 – 10:45 a.m.) are scheduled: October 14 -- "Living Faithfully"; November 18th -- "Renewing Hope"; and December 16, "Sharing God's Love."

- December 1, Saturday morning rehearsals begin for a children's pageant, "Stars! Angels! Shepherds! Kings!"

Holy Trinity welcomes you to participate in any or all of the events that capture your interest. Check out their website at www.holytrinityhasbrouckheights.com for a complete calendar, or call the Church office at 201-288-6889 for more information. ###

Blessing of the Animals Holy Trinity Church Sunday, October 7

St. Francis of Assisi is remembered not only as a friend of animals, but primarily as a renewer of the Church, urging the Church to be faithful to the Gospel. Francis was the son of a wealthy cloth merchant who renounced his wealth and future inheritance and devoted himself to the poor. In commemoration of St. Francis, please join them on Sunday, October 7, 2012, at 12:30 p.m. and BRING YOUR PETS for a brief, but maybe raucous, special Blessing of the Animals service.

Holy Trinity is located at 92 Burton Avenue in Hasbrouck Heights. If you have any questions, please do not hesitate to call the Church office at 201-288-6889, or visit www.holytrinityhasbrouckheights.com ###

**October Birthstone
Opal**



Reflections

A Time To Pray

By Rev. Veronica M. Pearson, Pastor
Evangel Christian Church, Little Ferry

I recently read a novel (*I love mysteries*) where one of its main characters had a super-human brain. He was capable of absorbing and analyzing a myriad of detail from various intelligence agencies without experiencing any detrimental effects on his mental health.

Unfortunately, most of us, including myself, are not gifted with such super human abilities. Yet day after day we are bombarded with a super abundant amount of information over which we have little to no control.

What do we do with all of this information? Unlike the character in the book, we worry about it.

I am not claiming to be qualified in any way to diagnose mental health disorders; however, statistics show that anxiety disorders are the most common mental illness in America. Apparently we are the "worry warts" of the world.

Unemployment, retirement funds, relationships, children and family issues as well as wars and natural disasters fill our minds every day. So much so that we have a tendency, as my mother used to say, "To carry the world on our shoulders."

We are not created to be able to do that. We have been given the privilege of carrying our joys and sorrows, our fears and our desires to a God who is as the Scripture says, "Is able to do exceedingly abundantly above all that we ask or think."

I am reminded of the words of William Walford's hymn, "Sweet hour of prayer! Sweet hour of prayer! That calls me from a world of care, and bids me at my Father's throne make all my wants and my wishes known. In seasons of distress and grief my soul has often found relief... by thy return sweet hour of prayer."

How many of us who say we believe in the power of prayer really do pray?

I like the question that Melvin Newland, a Minister of Kansas, OK, asked of his congregation, "Do we really believe that we need to earnestly pray? If we get sick we can call the Doctor or go to the ER. If we run out of money, we can use plastic. If we have relationship problems, we can go to a counselor. If a natural calamity destroys our property, we have insurance."

Perhaps we have difficulty

making time to pray. If we have time to take the actions stated above, we have time to pray for a good God's intervention and help in our circumstances!

Jesus made time for prayer. The New Testament tells us that He often took time away from the crowds of people clamoring for his teaching and healing to pray and spend time with His Heavenly Father.

Perhaps in this day and age many don't really believe that God will demonstrate His love and power in answer to prayer. Really?

Ask the addicts whose mothers or grandmothers never stopped praying for them and saw them released from their addiction.

Ask the parents of a sick child who recovered beyond medical expectations whose family and Church family prayed unceasingly for them.

Ask the young woman who lost her custody of her children because of her addiction and who because of earnest prayer now has her children and husband restored to her.

No time to pray! With all that is going on in the world around us and with our own problems here in the US, we cannot afford not to pray. The scripture says it all, "If my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and forgive their sin and heal their land."

The character in my novel was able to analyze all the data and come up with all the answers without assistance.

I don't know about you, but I cannot carry that burden. I need to give it to the One who can.

The power is not in the prayer itself but in the God who listens and answers prayer. ###

**To cool a
hot attitude,
apply nice.
To melt a
cold attitude,
address
warmly.**

Rosary Altar Society
of Assumption Parish

The Rosary Altar Society is eagerly looking for new members. Being a Rosarian is a great way to connect to the Blessed Mother through the way of the Rosary. It is also one of the most flexible and convenient ways to become more involved with the parish. ALL WOMEN OF THE PARISH ARE WELCOME.

The Society also has some wonderful events that are not only fun but rewarding in the spirit of giving and support of those in need.

Events such as our spectacular baby shower for the Birthright organization for moms in need. In addition, we have our cake sale, we also enjoy celebrations together at our annual Communion Breakfast, our Christmas Party and our annual picnic in June. The San Alfonso Retreat is an amazing experience that many of the Rosarians also participate in.

We honor Mary in the month of May with an evening of reflection and the Coronation of the Blessed Mother with the assistance of the First Communicants.

The Rosary Altar Society is more than just the ladies responsible for the altar linens. Don't be fooled though, we are passionate about the care of the altar linens. Above all, our love and dedication to the Blessed Mother is our ultimate bond. We begin each meeting by praying the Rosary together and celebrating Mass as a family followed by refreshments and conversation.

All women of the parish are always welcome and encouraged to join, especially now at a time when life can seem stressful and demanding. Meetings are the first Tuesday of each month from September to June at 6:45 p.m. in the Hayes Center.

Remember...Mary is waiting for you. *Story provided by Rose Lepore. ###*

Prayerful Reflection

Silent
Retreat

Christus Rex Catholic men's silent retreat is scheduled for the week-end of October 19-21, 2012, at the Jesuit Loyola Retreat House in Morristown, NJ. Free will offering.

Retreat house details at: www.loyola.org. Call 201-288-8656 for more information.

You owe it to yourself to attend at least one silent retreat in your lifetime.

Pre-Cana
for Engaged
Couples to be
Held in W-R

Assumption Church in Wood-Ridge will be offering a full day pre-cana program on Sunday, October 28, 2012.

Engaged couples who participate will attend the 11 a.m. Mass where their engagement rings will be blessed. At the end of the Mass they go to the Hayes Center where a light lunch will be served.

Throughout the remainder of the afternoon the couples will have an opportunity to discuss honestly with each other their strengths and weaknesses in family living, communication, finances, Christian sexuality, problem solving, the Sacrament of Matrimony and their role in the Church and society, all under the supervision of married couples.

The pre-cana program ends at approximately 7 p.m. All engaged couples who will be married within the next year should consider attending.

If you need more information or wish to sign up, please contact Marie at 201-288-0276. ###

Ministry Fair
November 10-11

Assumption Parish of Wood-Ridge will be having a Ministry Fair following all Masses on Saturday, November 10 and Sunday, November 11, 2012. Please be sure to come by after Mass. The Ministry Fair will take place in the Father Patrick Morris Hall.

New Parish members are encouraged to visit the fair and become familiar with what the Parish has to offer. This is a perfect opportunity to explore the many ways you can fulfill your calling to offer your time and talent.

Joining a Ministry is a wonderful way to enrich your life while sharing your gifts.

There will be a children's table with crafts and fall fun as well as refreshments served. For more information please contact Rose at 201-933-6118 or email at assumptionrose@yahoo.com

Rosary Society of
Corpus Christi Church

The Rosary Society of Corpus Christi Church in Hasbrouck Heights is preparing for a new year. Members have received a letter outlining the upcoming meeting dates, programs, and special events.

The schedule for the upcoming months includes the following:

- Sunday, October 7 – Annual Communion Breakfast at the Fiesta following ten o'clock Mass in the Chapel. Reverend Juan Camilo Restrepo, the new Parochial Vicar, will be the Guest Speaker. The donation for the breakfast is \$18.

- Thursday, October 11 – General Meeting (*Brown Bag Auction*)

- Thursday, November 8 – General Meeting (*preparation of Christmas Stockings for local children – new and unwrapped gifts*)

- Wednesday, December 5 – Christmas Gathering at The Graycliff in Moonachie. The donation is \$40. Details will be discussed at our General Meeting.

Women of the parish are encouraged to join the Rosary Society in prayer and service to the parish. Members are required to say one decade of the Rosary daily, to attend monthly meetings (*first Thursday after the first Sunday of the month*), to pray the Rosary for deceased members, and to participate whenever possible in various service projects.

Simply come to a General Meeting or call Membership Chairperson Dee Sullivan 201-288-7415 for further information. *Story by Carol Viceconte. ###*

Doorjam for
New Doors

Join the United Presbyterian Church of Lyndhurst for dinner and a concert by Doorjam on Saturday, October 6, 2012, as a way to raise money for their new back doors! For information please call 201-438-8966. ###

October Flower
Calendula

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SWIM Announces
Fall Project

As we head into fall, the cooler weather and changing leaves remind us that winter will soon be here. This is one of the most difficult times for those who are homeless and in need. Much of their time is spent outdoors, regardless of the weather. Most of us will never experience how cold and uncomfortable that can really be.

During the months of October and November, Holy Trinity's From the Porch Ministry will be collecting new or handmade men's scarves, hats, gloves or mittens, and socks. These will be shared with the men at St. John's Shelter in Hoboken as well as with those who are fed by the lunchtime ministry at St. Matthew's Lutheran Church, also in Hoboken.

Holy Trinity thanks everyone in the community for their continued support of their projects. Without you, they would be unable to help so many in need. Whether it was shoes for Haiti, clothes for Japan, or breakfast bags for the homeless, you have always responded; and you are always a very vital part of the ministry.

Please leave any winter items you would like to contribute in the bins on the porch at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. If you need additional information, please call 201-288-6889 and visit our website at holytrinityhasbrouckheights.com. ###

Living Faithfully

A new Bible study series entitled "Living Faithfully" (*The Ten Commandments for Today's World*) will take place on Wednesdays in October from 6:30-8:30 p.m. and will begin on October 3, 2012, at Holy Trinity Lutheran Church, 92 Burton Avenue in Hasbrouck Heights. A simple meal will be provided from 6:30 to 7 p.m. and will be followed by conversation from 7 to 8:30 p.m.

The goal of Connections is to help participants meet God in their everyday lives. Weekly discussions based around Martin Luther's Large Catechism are designed to help us connect faith and daily living by moving back and forth between God and self, self and others, world and Word. Connections provides a safe place where we can ask difficult questions and consider answers within the framework of Christian faith. It is hoped that our weekly conversations will help us "connect with" or "make connections" with others as we talk about ways the Christian faith is intertwined with our everyday lives — how faith and life make sense.

If you are interested in attending "Living Faithfully," please call the Church office at 201-288-6889 to let them know you are coming on October 3 at 6:30 p.m. For more information about Holy Trinity, you can visit the interactive website at www.holytrinityhasbrouckheights.com ###

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ABC's of Home Equity

What is a home equity loan?

It's a loan that uses your home as collateral. Your home equity is the part of your home that you actually own and this is the guarantee for your loan. A home equity loan, often called a second mortgage, reduces your equity or ownership in your home. If you default on the payments, you can lose your home.

Advantages and Disadvantages of a Home Equity Loan

A lower interest rate and tax deductions are the two major advantages home equity loans have over other types of debt.

Since a home equity loan is secured by your home, it poses less risk to a lender than a non-secured personal loan or credit cards. This lower risk is passed on to you in the form of a lower interest rate.

The second major advantage is that regardless of the way a home equity loan is used, the interest you pay on the first \$100,000 you borrow is tax deductible. Credit cards and other types of non-secured loans do not have this tax benefit. This means that if you pay \$3,000 in interest on your home equity loan, you will reduce your taxable income by \$3,000 at the end of the year. You should consult a tax advisor about the specific tax benefits available to you.

The biggest drawback of a home equity loan is the fact that your home is on the line and you could lose it if you default on your payments. In addition to interest you will

pay on the loan, there are also costs associated with taking out a home equity loan - these costs are similar to the costs you paid when you bought your home. Be aware of the unfavorable loan terms.

Pre-payment Penalty

Pre-payment penalty is a one-time penalty fee paid to the lender if you pay off a home equity loan early. A pre-payment penalty provision in a home equity loan is very expensive and a penalty of 10% of the loan amount is not uncommon. This means that on a loan of \$50,000, you could pay \$5,000 if you pay off the loan early.

Credit Insurance

Credit insurance on a home equity loan is always optional - ask if your loan includes credit insurance. Credit insurance can include items such as credit life insurance, disability insurance and unemployment insurance. If you do think you need credit insurance, your lender is probably not the best place to get it. Check with insurance providers and also consider alternatives such as traditional life insurance - a life insurance policy is usually a cheaper alternative to credit life insurance.

Interest Rate Increase in Cases of Default

A loan may have a provision for an increase in interest rates if you miss a payment or pay late. The increased interest rate will apply to the rest of the loan term. This can be a very expensive consequence if for any reason you miss a loan payment. ###

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Veterans Today

By Thomas Marshall

The Ladies Auxiliary of VFW Post 809 will host a Soup "N" Sandwich on October 8, 2012. The time will be from noon till 3 p.m. The cost will be \$10.

The annual Ragamuffin Parade will be held on October 27, 2012, at VFW Post 809. Bring your little monsters out for some Halloween fun. Parade kicks off at noon.

Major Patrick Ferguson was an Officer in General Cornwallis' British Army in 1780. He was wounded during the battle of Brandywine Creek. At that battle he was testing his design for a breech loading weapon that would allow a soldier to load his rifle without being exposed to enemy fire. In those days you had to stand up and ram gunpowder and a musket ball down the barrel of the gun. His rifle would allow you to reload the gun without standing up.

He had demonstrated the rifle for King George III. The King wanted to see how they did in combat. So around 100 were made and sent to America to see how they stood up in battle.

Luck was on our side, because the Major was wounded and the experiment was over. From what I read, his rifles worked well, but Ferguson was the driving force of the new technology. When he was injured his riflemen were dispersed, along with his rifles.

Recovered from his wound, the Major was given the task of commanding militia in Cornwallis' Army.

Lord Cornwallis had the main body of his Army at Charlotte, North Carolina and sent his militia west into the back country, to raise more recruits for the militia and to guard the left flank of his Army.

Ferguson, in charge of the militia of over 1000 men, went west and set up a camp at Gilbert Town, North Carolina.

Here he issued a threat to the locals. Put down your arms or he would "lay waste to their country with fire and sword." This proclamation would prove to be a disaster for him and his militia.

The people that lived in the back country at that time were strong willed, hardy people that carved out a life in the wilderness with their bare hands.

Many of them wanted no part of the war, they were content going along with their lives, focusing on their own survival.

The proclamation changed everything. They were going to defend themselves and defend they did.

Isaac Shelby and John Sevier decided to lead a group of militia to stop Ferguson. They asked William Campbell to bring his Virginia militia to aid them. When all was said and done, South Carolina, North Carolina, Georgia, Tennessee and Virginia sent men to help.

Known as The Overmountain Men, their numbers reached around 1,400 or so, when they began the march against Ferguson.

When he got word of a large Patriot force moving against him, Ferguson decided to retreat back to the main body in Charlotte. He got to the Broad River and issued another proclamation. He called for the local Tories to join him.

He sent a message back to Lord Cornwallis asking for reinforcements to come to his aid. Many British Veterans argued that Cornwallis could have sent help to Ferguson. Reality tells us that he was too far away. By the time the General received the request, Ferguson was already dead.

Major Ferguson made a camp on top of Kings Mountain, South Carolina. The Overmountain Men caught up to him and his militia and surrounded the encampment.

On the afternoon of October 7, 1780, the Patriots yelled as they charged up to the top.

Ferguson ordered several bayonette charges to drive them off. It worked to push them back, but the Patriots would rally and charge again. The Patriots used trees and rocks for cover and shot down as many Loyalists they could -- killing and wounding hundreds of them.

The Patriot Militia after some time of heavy fighting, reached the top and drove back some of the Loyalists. Some of the Loyalists began to surrender and Ferguson, on his horse, sword in hand, hacked away the white flags they started to wave. He rode back and forth trying to rally his Loyalist force, but was cut down by a storm of musket balls.

Once the Major was dead, his men surrendered. The battle of Kings Mountain was now over.

His entire force was killed, wounded or taken prisoner. This battle would cost Cornwallis over 1,000 men. Men he could not afford to lose. This was the first disaster he would face that would lead his Army to Yorktown and his final surrender.

The Overmountain Men held court martial proceedings for local Loyalists that were serving with Ferguson. Many were found guilty of treason and hanged. Most of the Patriots went back over the Appalachian Mountains, back to their homes, back over the mountain from whence they came.

Today, high atop Kings Mountain, buried beneath a Scottish Cairn as is customary to his ancestry, lie the mortal remains of Major Patrick Ferguson. Remembered more for his collectible and highly prized breech loading rifles than the battles he fought. He was ahead of his time. Breech loading rifles would have to wait for another age, another time, another war.

Have a safe and happy autumn. My curse on you if you're the guy that rakes your leaves into the storm drains. You are helping to flood our basements by clogging the system. ###

Del Rosso Awarded French Legion of Honor

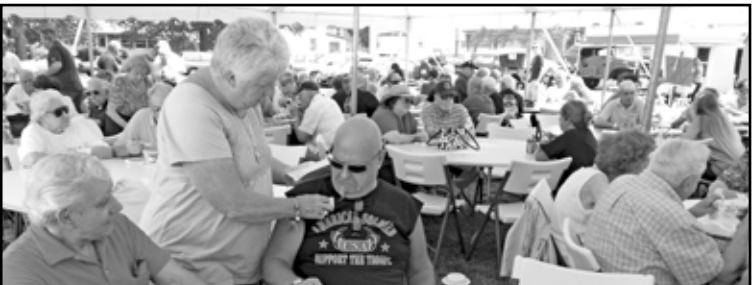
John L. Del Rosso, formerly of Wood-Ridge, was recently inducted into the American Society of the French Legion of Honor and was awarded the French Legion of Honor Medal for his service during WWII. The Ceremony took place in Boynton Beach FL, on July 10, 2012.

The Consul General of France, Gaël de Maisonneuv stated, "Your decision to fight for freedom during World War II was an admirable act, demonstrating your courage and selflessness. The solidarity you lent our country and

people as a soldier will never be forgotten; be assured that we are eternally grateful.

He continued, "Without your bravery, and that of those who fought alongside you, France and Europe might have never been liberated from the barbarity of Nazi occupation. Your efforts are both admirable and an example to follow and it is our pleasure to award you France's highest military distinction."

Mr. Del Rosso is a lifetime member of the Schmidt Hoeger VFW Post 3149 in Carlstadt and now resides in Cape Coral, FL. ###



The Petersilge-Velock VFW Ladies' Auxiliary distributed over 100 teardrop stickers during the VFW District 2 picnic held on Post grounds on August 25, 2012, to raise awareness of Military Suicide Awareness. The helpline number is 800-273-8255. Photo by Adele Rovito. ###



The Petersilge-Velock VFW Ladies' Auxiliary held a 9-11 Memorial Service and a POW-MIA Program during their September 4, 2012 meeting. Photo by Adele Rovito. ###



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The brief ceremony will be held at the Museum parking lot on Fred Wehran Drive. Park in the Dassault FalconJet lot with short walk to Museum. Limited handicap parking available. Inclement weather-- Ceremony held inside Dassault FalconJet.

Memorial Wreaths should be delivered Saturday, November 3rd

The Museum will re-open to the public at noon.

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Fire Engine Rides Coming to W-R

Join the Wood-Ridge Fire Department on Sunday, October 14, 2012, from 1-4 p.m. at the Wood-Ridge firehouse located at 85 Humboldt Street.

According to Fire Commissioner and Councilman Tom Gonnella, children ages 5-13 will be treated to donuts and apple cider, see a short film on fire prevention and then take a ride around town on an actual fire truck!

A parent or guardian will have to be present the day of the event to sign a permission slip for their child to participate.

Join your neighbors for a day of fun that your child will never forget! ###

MFD Beefsteak

The Moonachie Fire Department will host their Annual Beefsteak Dinner on Saturday, October 20, 2012, from 7 p.m. to 12 a.m. at the Moonachie Road Firehouse. Cost is \$45pp. Entertainment by Comedian Vic. ###

W-R Wetdown

The Wood-Ridge Fire Department will host a wetdown to christen Truck 904, 2012 Sutphen SL100, on October 20, 2012, from 1 p.m. to 6 p.m., at Fire Headquarters, 85 Humboldt Street, Wood-Ridge, NJ. There will be food, music, beverages, mugs, "T" shirts, etc. ###

**Don't leave
lit candles or
fireplaces
unattended.**



Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

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WRFD Inspection

The Wood-Ridge Fire Department will hold their Annual Inspection, 5:30 p.m., on Saturday, October 6, 2012.

The Department will be in full dress uniform. The equipment and Fire Headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

HHFD Fund Drive

The Hasbrouck Heights Fire Department began their annual fund drive by delivering their appeal letters to each household. Please mail your donations by sending a check in the enclosed return envelope. Residents not receiving an appeal letter may send their contribution to HHFD, PO Box 492, Hasbrouck Heights, NJ, 07604. This is the Department's only fund drive. ###

Chimney Safety Tips

Chimney maintenance is vital to your family's safety. The Hasbrouck Heights Fire Department offers these tips:

- Have your chimney inspected and cleaned on a regular basis.
- When possible, burn seasoned woods (*dryness of the wood is more important than hard wood versus soft wood*).
- Smaller, hotter fires will burn more completely and produce less smoke.
- Do not burn cardboard boxes or trash, as they can spark a chimney fire.
- Install stovepipe thermometers, which help monitor flue temperatures where wood stoves are in use, then adjust burning practices as needed. ###



Ambulance Struck on Terrace

On Tuesday, September 11, 2012, at about 14:31, a Fuchs EMS Medical Transport ambulance, with lights and siren activated, and traveling north on Terrace Avenue, slowed down at the intersection of Franklin and Terrace Avenue; the driver stated that they looked both ways and then proceeded north on Terrace.

A gray Toyota Camry, trav-

eling west on Franklin, sped up to turn right on red, then collided with the ambulance.

The ambulance then proceeded to strike a white Chrysler Town & Country that was stopped on Terrace Avenue facing southbound, to allow the ambulance to pass through the intersection.

The Camry driver turning right on Terrace was trans-

ported to the hospital. The ambulance driver, EMS employee and emergency patient were also transported to the hospital. The passenger inside the Town & Country was transported to the hospital.

Responding were Hasbrouck Heights Fire Department Rescue, EMS 603, WRFD EMS and two Moonachie EMS rigs. ###

Have an Escape Plan Fire Prevention Week October 7 - 13

It's 3 a.m. You and your family are sound asleep and awake to the beeping smoke alarm.

You know you need to get to safety, but when you head for the front door, you find that escape route is blocked by fire that is spreading by the second. What do you do?

While this scenario is one Fire Chiefs hope you never have to encounter, the statistics tell us that many people do every day.

According to the nonprofit, National Fire Protection Association (NFPA), one home structure fire was reported every 85 seconds in 2010. That added up to 369,500 home structure fires, which caused 13,350 injuries and 2,640 deaths. We also know that most fatal fires kill one or two people. However, in 2010, 19 home fires killed five or more people, resulting in 101 deaths.

Hasbrouck Heights Fire Chief Richard Giarratana said, "The numbers are scary, but there is something you can do to help ensure your family's safety should a fire break out in your home: "Have Two Ways Out!"

Area Fire Departments are teaming up with NFPA during Fire Prevention Week, October

7-13, 2012, to urge residents to "Have Two Ways Out!" This year's theme focuses on the importance of fire escape planning and practice.

According to Wood-Ridge Fire Chief Paul Clemente, "Only one-third of Americans have both developed and practiced a home fire escape plan. And of the three-quarters of Americans who do have an escape plan, less than half actually practiced it. Fire is unpredictable. Seconds and minutes can mean the difference between life and death. Area Fire Chiefs want to ensure that residents know what to do if a fire breaks out in their home."

Moonachie Fire Chief Victor Migliorino reminds us, preparation is an important part of being able to deal with an emergency and it is crucial you take steps to prepare your family for the potential of a home fire by having an escape plan and practicing it."

Lodi Fire Chief Darren Yuhas added, "Although preparing for the unexpected is difficult, reviewing the information below and taking action based on it to plan for a fire could save lives."

Carlstadt Fire Chief Daniel Eckert recommends the following tips for planning your family's escape: "If you have children and want to make this a family activity:

- Make a map of your home. Mark a door and a window that can be used to get out of every room.
- Write the emergency telephone number for the Fire Department on your escape plan.

- Sound the smoke alarm and practice your escape drill with everyone living in your home.
- Keep your escape plan on the refrigerator and practice the drill twice a year or whenever anyone in your home celebrates a birthday."

Little Ferry Fire Chief Floyd Novak said, "If your family is all adults:

- Walk through your home and identify two ways out of each room.
- Choose a meeting place outside in front of your home. This is where everyone can meet once they've escaped.
- Make sure everyone knows the emergency number for your local Fire Department.
- Practice your escape drill twice a year."

Rutherford Fire Chief John P. Melfa reminds you to "Check your smoke detectors frequently."

East Rutherford Fire Chief Kevin Felten emphasized that, "Smoke Detectors Save Lives."

Area Fire Departments will be hosting activities during Fire Prevention Week to promote "Have Two Ways Out!" Through these educational, family-oriented activities, residents can learn more about the importance of fire escape planning and practice, as well as the power of prevention.

To find out more about Fire Prevention Week programs and activities, please contact your Fire Department.

To learn more about "Have Two Ways Out!" visit NFPA's Web site at www.firepreventionweek.org ###

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A Fireman's Funeral

Eulogy given by Doug Tobin during Funeral Mass at St. Margaret of Cortona Church, Little Ferry, on Friday, September 14, 2012.

Douglas A. Jansen, best known as "Chico," was a 40 year volunteer firefighter with the Little Ferry Fire Department Hook & Ladder Company #1. In addition he was Fire Chief in 1993 and 2001.

Doug was the "Go-To" guy for any questions related to the fire service and when something needed repairs, he always had the right tool for the job.

Doug was always at the firehouse, whether it was working on the fire trucks or one of the member's personal vehicles. He always got the job done.

As a family man, Doug was a devoted husband to Cathy and a loving father to Ashley.

Doug was also survived by his mother, Ann, brothers Dennis and David, and sister, Diane. Doug was also expecting his first grandchild next month and had planned a surprise baby shower for his daughter Ashley on the day he passed away.

As his nephew I was proud and honored to called him Uncle. Doug was like a father to me.

I had so many great memories with him. Growing up, I was always involved in an adventure with him whether it was working with him on his truck repair business, going to

parades, and fire department related events. He always made me laugh.

Doug was famous for eating his M&M's or Twizzlers and drinking a can of YooHoo. One could say he always had a sweet tooth.

Doug was always the guy playing a joke on you, but when it was done to him, you got it back twice as bad, but always in good faith.

Now that Doug is in Heaven, I know that he is watching over me and our family and will give us the strength to live the life he did. Once again, I am honored and proud to call him MY Uncle Doug. May he rest in peace. ###



- The coffin was carried on Moonachie's 1953 GMC Ahrens Fox Engine No. 1.
- Flowers were carried on Little Ferry's 1957 Mack Engine and Little Ferry Tower 307.
- Hackensack Fire Departments 15' x 30' American Flag was suspended from Moonachie Tower 805 and Ridgfield Park Ladder Truck #2.





LFFD Holds Annual Inspection

Due to inclement weather, the Little Ferry Fire Department held their annual inspection on Saturday, September 8, 2012, in the Mayor and Council Chambers.

The Department was in full dress uniform and available to answer any questions.

The program began with the Honor Guard leading the Firefighters into the Chambers, followed by the Pledge of Allegiance, and Invocation.

Fire Chief Floyd Novak Jr. made welcoming remarks, introduced the 2012 Fire Officers and acknowledged the Department's 11 retired Life Members.

Wreaths were presented in memory of the departed members of the Ladies Auxiliary by MaryAnn Schwedhelm and Donna Kral, and for members of the Little Ferry Fire Department by Fire Chiefs Floyd Novak, John Ruff and Marty Loesner.

The names of the departed members were read by Deputy Chief John Ruff, followed by a Department Hand Salute, playing of "Taps" and ringing the bell three times.

Service awards were presented. New members were introduced.

Silent prayers were made while "America the Beautiful" was played.


Fire Chief, Borough officials and visiting Fire Chiefs inspected the members while "Stars and Stripes" was played.

On behalf of Mayor Mauro D. Raguseo, Fire Commissioner Roberta Henriquez made comments, followed by a closing prayer. "God Bless America!" was played and The Department was dismissed.

###


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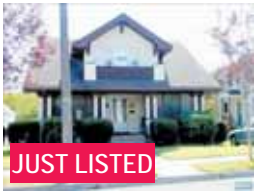
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