

# The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge  
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VOL. 10, No. 10

October 2013

★★★★★



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Citizens across our area paused to mark the 12th Anniversary of the 9-11 terrorist attacks. Each reflected on the moments they heard the news. They pledged never to forget the nearly 3,000 souls who perished when jetliners crashed into the World Trade Center, the Pentagon and a Pennsylvania field. Communities held remembrance ceremonies at granite markers and WTC Steel with prayers, Veterans and first responder salutes, calling out the names of those lost from their community, patriotic songs, speakers and concluding with bugler’s “Taps” and piper’s “Amazing Grace.” *Photos on pages 18-19.*

# Remember

Postal Patron

<b>Halloween Headquarters</b> Pages 5-7	<b>Community Calendar</b> Pages 8-12	<b>Library Events</b> Pages 13-14	<b>Back to School</b> Pages 15-17	<b>Sandy Update</b> Pages 20-21	<b>POW/MIA Remembered</b> Page 23	<b>Fire Service News</b> Page 34-35
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On September 14, 2013, Tom and Michele Meli held a Service Dog Awareness Day at Shadow's Food Mart on the Boulevard. They provided information about Mickey's Kids and Canine Assistants. They were joined by Mickey's Kids 2013 Recipient, 11 year old Gabriel Sims, his service dog, Fanta and parents, Lola and Cedric Sims. ###

**Rutherford 5th Annual Family Festival Sept. 28**

On Saturday, September 28, 2013, from 11 a.m. to 6 p.m., Rutherford will host its 5th Annual Fall Family Festival in Rutherford West End at Union Avenue.

This festival is a celebration of fall and families joining together to enjoy a wonderful day of outdoor activities. There will be free rides and amusements as well as live entertainment, festival foods, vendors, costume characters, and many other wonderful attractions.

The event will be held rain or shine. ###

**Chamber Fall Networking Breakfast Meeting**

The Hasbrouck Heights Chamber of Commerce cordially invites all local businesses from around the area to come and network on Wednesday, October 16, 2013, at The Hasbrouck Heights Free Public Library located at 320 Boulevard starting at 7:30 a.m. till 9:30 a.m.

To reserve your seat, please call The Library at 201-288-0488 or go to -- <http://hasbrouckheights.bccls.org> and go to calendar. ###

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On Saturday morning, September 7, 2013, Hasbrouck Heights sponsored a "Shred-it Event" at the Central Avenue parking lot on The Boulevard. Residents could witness their confidential documents professionally shredded. Additionally, the Hasbrouck Heights DPW had their Satellite Recycling drop-off container to collect items for recycling to include: bottles, cans, plastic bottles, newspapers, cardboard, magazines, junk mail, and E-waste such as computer equipment and TVs.

This recycling container is available, the first Saturday of every month from 7 a.m. to noon at the Central Avenue parking lot for residents convenience. For more information, call 201-288-1072. ###

## Moonachie Annual Town-Wide Food Drive

First Presbyterian Church of Moonachie joyfully announces its 8th Annual Town-wide Food Drive, to be held at the Church on October 11 and 12, 2013, between 9 a.m. and 3 p.m.

In a time when so many people are in need, it is good to find ways to help out, and even a single can or boxed item can make a difference in fighting hunger.

According to the workers at the Center for Food Action, the need is higher than ever this year, and they are having a hard time keeping enough food on the shelves.

Most needed items include: canned meat, canned tuna, canned chicken, canned beef stew, Parmalat, 100% fruit juice, macaroni and cheese, canned pasta, peanut butter and jelly, canned fruit, pancake mix, and syrup, canned soup, rice, baked beans, cleaning supplies, paper goods and large-size disposable diapers.

Bring your contributions to the First Presbyterian Church of Moonachie or you may drop items off at the parish office, 190 Valley Boulevard in Wood-Ridge, any weekday between 9 a.m. and noon. Or, if you would like to donate but do not have transportation, please call Tina at 201-438-8966. ###

## Mum and Garage Sale Sept. 28

The Moonachie First Aid & Rescue Squad will be holding its 9th Annual Mum Sale on Saturday, September 28, 2013, from 8 a.m. to 4 p.m., at 121 Moonachie Avenue, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$8 each, 3 for \$15.

Advance orders welcome. Will deliver larger orders.

Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available.

Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094.

All proceeds go directly to the Squad for operating expenses. ###

## VOTE

**Special General Election for U.S. Senate Wednesday, October 16, 2013**

## Get an extra hour of sleep!

"Fall back" one hour to Standard Time on Sunday, November 3, 2013



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## Market Share Report

Listing and Selling Statistics Company Share from 1/1/13 to 9/17/13

Area: Lodi, Wood-Ridge, Hasbrouck Heights • Property Type: Residential, 2-4 Family, Condo/Coop/Townhouse, Rental/Residential

Rank	Name	Transactions	Volume	Average	% Total
1	<b>RE/MAX Trading Places, LLC</b>	<b>38</b>	<b>\$12,706,750</b>	<b>\$334,388</b>	<b>9.46</b>
2	Real Living Gateway Realtors	34	\$11,812,500	\$347,426	8.80
3	Prudential Merendino Realty	26	\$11,458,500	\$440,712	8.53
4	Coldwell Banker	29	\$9,731,315	\$335,563	7.25
5	C21 Eudan Realty	28	\$9,501,400	\$339,336	7.08

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# Ragamuffin Parades

## Hasbrouck Heights

On Saturday, October 26, 2013, at 1 p.m., the Annual Hasbrouck Heights Ragamuffin Parade will depart from the Public Safety Building on Hamilton Avenue and march along The Boulevard to the Municipal Complex at Central Avenue for a “boo-ti-ful good time.” *(In the event of rain, go directly to the Senior Center.)*

Funtime Entertainment will delight the children with games, music and other fun things. Juice and cookies will be served. Event sponsored by Mayor’s Celebration Committee. ###

## Little Ferry

The VFW Ladies’ Auxiliary Post 809 is sponsoring their 53rd Annual Ragamuffin Parade for all Little Ferry children through Grade 8 on Saturday, October 26, 2013, starting at 12:30 p.m.

The parade route is: VFW grounds to Pickens Street to Washington Avenue to Marshall Avenue to Main Street and returning to the VFW grounds.

Bring out your little monsters and have some Halloween fun. ###

## Moonachie

On Saturday, October 26, 2013, at 11:30 a.m., the Moonachie Ragamuffin Parade will be held, rain or shine, at the Robert L. Craig School Gymnasium. Refreshments and goody bags will be provided. Trick or Treat Bags will also be provided by Moonachie Municipal Alliance. Parents and residents are invited to dress in their spookiest and most beautiful costumes. Bring your camera. ###

## Rutherford

The annual Halloween Parade will be held on Saturday, October 26, 2013, at 9:30 a.m. The parade begins outside the Rutherford High School auditorium and ends at Lincoln Park. Costume judging, prizes and treats will be distributed at Lincoln Park. In the event of rain, the parade will be held in the High School Auditorium. ###

## Wood-Ridge

On Sunday, October 27, 2013, at 1 p.m., the Wood-Ridge Ragamuffin Parade will line up at The Boulevard and Sussex Road with the parade starting at 1 p.m. and proceeding to the Doyle School Field. *(In case of rain, go directly to the the Doyle School.)* Tickets are necessary and are available at the Civic Center. ###

# The Phantom of the Opera

On Wednesday, October 23, 2013, from 7-8 p.m., The Carlstadt Public Library will host “The Phantom of the Opera with Live Music!”

Enjoy the original silent film “The Phantom of the Opera” from 1925, presented on a big screen, with live piano accompaniment by George Tuzzeo.

Refreshments will be served, and all are welcome to attend! For more info visit: <http://carlstadt.bccls.org/adults.shtml> or call 201-438-8866. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

# Trunk or Treat October 27

**Bible Baptist Church** invites the community to its 10th Annual “Trunk or Treat” on Sunday, October 27, 2013.

From 4 p.m. to 6 p.m., the Church will close its parking lot for this free event providing a safe, fun alternative to trick-or-treating.

Children up to the 6th Grade will have the opportunity to walk through the parking lot full of decorated automobile trunks and fill their bags with goodies and special treats.

Due to the nature of this event NO masks, blood, guts, gore or evil costumes will be permitted.

For more information please call 201-288-4139 x12. The Bible Baptist Church is located at 31 Passaic Avenue, Hasbrouck Heights. ###

# Halloween Craft Event for Teens and Adults

The Free Public Library of Hasbrouck Heights will sponsor a fun-filled afternoon for teens and adults to create a special Halloween-themed craft on Wednesday, October 16, 2013, from 3-4:30 p.m.

The group will make bewitching witch’s hats. Halloween wouldn’t be Halloween without a witch’s hat to wear - and this one will be whatever your imagination brews up.

You’ll add embellishments of all sorts, creating a wizard’s hat, a centerpiece, or making part of your costume. To join in this event, please register by calling 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

*Halloween originated in Ireland over 2,000 years ago. Ireland is typically believed to be the birthplace of Halloween.*

# Halloween Magic Show

On Friday, October 18, 2013, at 3:45 p.m., entertainer Brian Richards will return to The Rutherford Public Library to present a Halloween Magic Show. All children ages four and up and their caregivers are invited to attend. No advance registration is required. This program is funded by The Friends of The Library of Rutherford. ###

# Pumpkin Pick

On October 19, 2013, from 10 a.m. to 1 p.m., Little Ferry children up to Grade 4 can pick, paint and take home a pumpkin at the Memorial School basketball court.

In case of inclement weather, the event will be held at the First Aid Building at 195 Main Street.

Event is free for Little Ferry residents and includes a candy apple and goody bag. Rain or shine. Sponsored by the Mayor and Council. ###

# American Legion Halloween Party

On Saturday October 12, 2013, American Legion Post 310 Little Ferry, NJ, will host a Halloween Party from 7 p.m. until??? Top three prizes for best costumes.

Ticket donation \$20 per person and includes food, beer, wine and soda. Music by DJ Jack Jam. ###

# Halloween Trunk or Treat

Ridgefield Park Junior Senior High School All Sports Booster Association will be hosting a Halloween Trunk or Treat on Saturday, October 26, 2013 from 1 p.m. to 3 p.m. at the Ridgefield Park Junior Senior High School parking lot around the circle. Rain date will be Sunday, October 27, 2013.

Pre-registration is necessary. \$10 reserves a parking space and allows you to give out candy. Must have enough candy for approximately 200 children. Only store brought candy allowed, no homemade candy permitted! \$2 per person at the entrance lets you “Trunk or Treat” from car to car.

Trophies and prizes will be given to the best decorated car and best costume!

For more details on this event, please email [RPS-PORTSBOOSTERS@aol.com](mailto:RPS-PORTSBOOSTERS@aol.com) or call 201-694-3068. All proceeds benefit the RPJSHS Scarlet athletes. Please come support our athletes! ###

# Halloween In The Park

Woodland Park will be invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Tuesday, October 15, 2013 *(rain date Thursday, October 17).*

Last year, over 600 participated in this event.

Halloween in the Park will begin at 6 p.m. and conclude at 9:30 p.m.

Every 15 minutes, two hayride trailers will take turns collecting riders at the Harrison Avenue end of the pavilion and go around to the back section of the park where they will be frightened by a variety of terrifying citizens of the night.

Youngsters should sign up for the earlier time slots as the fright station tableaux will be less scary.

After the horrific experience ride, they can escape at the Roosevelt Avenue end of

the pavilion — where they will be treated to cider and cookies.

The pavilion fireplace will be warm and glowing. Music and movies will be provided by Fun Time Entertainment. Nightmares Haunted Attractions assists in this event.

Organizations are invited to “set-up” and operate a fright station. Call Rob Brady at 201-288-4143 for details.

The event is sponsored by the Hasbrouck Heights Recreation Department. Tickets are \$5. Children under 10 must be accompanied by an adult. For tickets email [hhrec@aol.com](mailto:hhrec@aol.com). For more information call 201-288-4143. ###

*Jack o’Lanterns originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.*

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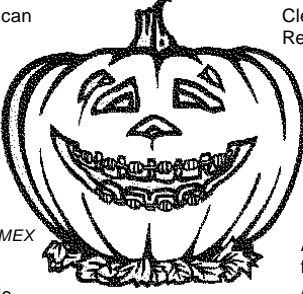
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# 20th Annual Boulevard Window Painting Contest

Area residents can stroll The Boulevard in Hasbrouck Heights during late October 2013 where local businesses, in conjunction with the three grammar school PTAs, will sponsor the 20th Annual Halloween Window Painting Contest.

On Wednesday, October 16, 2013 (rain date October 17), over 300 3rd, 4th and 5th Grade students will paint a Halloween themed illustration on a space provided by Boulevard businesses.

Graphics will be judged upon originality and artistic expression.

Winners from each grade will receive 1st, 2nd and 3rd Place Ribbons. All participants receive ribbons.

Event is sponsored by:

*Fifty percent of kids prefer to receive chocolate candy for Halloween, compared with 24% who prefer non-chocolate candy and 10% who prefer gum. ###*

Hasbrouck Heights Chamber of Commerce, Bill O’Shea’s Florist, in cooperation with the 2013 Home School Association (*Corpus Christi*), and Lincoln and Euclid PTAs. ###

## Pumpkin Patch October 20

The Junior Women’s Club of Hasbrouck Heights invites all to attend the Pumpkin Patch, on Sunday, October 20, 2013, from 1 p.m. to 3 p.m. in Woodland Park. Rain date is October 27.

Children up to age 9 (in costumes or Halloween attire), can pick and decorate a pumpkin. There will be trick or treat stations, face painting, crafts, refreshments, etc.

Cost is \$10 per child. Ticket required to participate. Contact Tara at 917-664-4297 or email hhjuniors@gmail.com.

All proceeds help fund local charities and scholarships. ###

## Legend of the Jersey Devil

The Free Public Library of Hasbrouck Heights is pleased to celebrate Halloween with the entire community by presenting the “Legend of the Jersey Devil.”

This program will be held on Thursday, October 10, 2013, at 7 p.m.

The presenter of the spooky tale will be Professor Angus Gillespie of Rutgers University.

The Jersey Devil is a legendary creature said to inhabit the Pine Barrens of Southern New Jersey. The creature is often described as a flying biped with hooves, but there are many different variations.

It has been reported to move quickly and often is described as emitting a “blood-curdling scream.” Come and hear the facts about New Jersey’s very own “monster.”

In a talk illustrated by many photographs, drawings, and maps, Professor Gillespie brings together different reports of this legendary creature.

The Junior Friends of The Hasbrouck Heights Library is sponsoring this program as the first in the ongoing “Family Programming Series.”

To register please call 201 288-0488. ###

## Meet Edgar Allan Poe

Take the opportunity to become acquainted with Edgar Allan Poe as portrayed by Robert Gleason.

The Wood-Ridge Historical Society invites you to enjoy Mr. Gleason’s presentation at 4 p.m., on October 26, 2013, in the Arnault/Bianchi House, 111 First Street, Wood-Ridge.

Get into the Halloween spirit with Poe’s vivid images, terrifying tales and heart-thumping excitement brought to you through Gleason’s portrayal.

Robert Gleason was trained in Theater at West Chester University and has served as a member of the Army’s Special Services Unit.

His long list of credits include performances at the White House Visitor’s Center, Ford’s Theater, the Library of Congress, Independence Hall, Betsy Ross House and the Freedoms Foundation of Valley Forge.

In-depth historical research and audience interactivity have become hallmarks of Mr. Gleason’s historical portrayals.

Refreshments will be served, and there is no admission charge. Donations to the Society in support of future programs will be gratefully accepted. ###

Public Safety Officials wish you a safe, fun Halloween!

# Halloween Safety

Halloween is a cherished tradition, but the excitement of the night can cause children to forget to be careful.

There is no real “trick” to making Halloween a real “treat” for the entire family.

The major dangers are not from witches or spirits but rather from falls and pedestrian/car crashes.

Both children and adults need to think about safety on this annual day of make-believe.

The Wood-Ridge Fire Department passes along these safety suggestions for a safe Halloween.

### Parental Tips

- Make sure that an adult or an older responsible youth will be supervising the outing.
- Do not use open flame candles in jack-o-lanterns. Commercially available battery lights are much safer and do not pose a fire hazard.
- Parents should never let their children carve a pumpkin unsupervised.
- Do not hand out home-made or unwrapped candies to children.
- Parents should plan a route for their child to use while trick-or-treating and set an early return time for them.
- To welcome trick-or-treaters, switch on your porch lights or any exterior lights.

### Trick or Treat Tips

- Do not go inside anyone’s house. Remain on the stoop or porch at all times.
- Do not go into a stranger’s automobile.
- Walk, do not run, from house to house. Do not cross yards and lawns where unseen objects or the uneven terrain can present tripping hazards.
- Do not take shortcuts through backyards, alleys, or parks.
- When crossing the street look both ways. Do not cross between cars.
- Always use the sidewalk.
- Trick-or-treat on well-lit streets within your neighborhood.
- Children should always travel in a group.
- Use the buddy system, and make sure you have at least one buddy with you the entire evening.
- When you return home, have an adult examine and discard all candies that are not factory sealed or wrapped by the candy manufacturer. Never eat homemade or unwrapped treats.
- Children should carry spare change or cell phone in case of an emergency or if they

need to call home.

### Costume Tips

- Only purchase and use flame retardant costumes.
- Children should wear white, reflective clothing, or use reflective tape and carry either a flashlight or glow stick.
- Costumes should fit properly; avoid loose or baggy costumes.
- Costumes should not be so long that they are a tripping hazard. (*Falls are the leading cause of injuries on Halloween.*)
- If children are allowed out after dark, outfits should be made with light colored materials. Strips of retro-reflective tape should be used to make children visible.
- Avoid any type of open flame while wearing a costume.
- Encourage children to wear face paint as opposed to a mask. Face paint should be non-toxic and meet FDA standards.
- If a mask is worn, make sure that the eye, mouth and nose openings are large enough to ensure adequate breathing and full range of vision.
- Materials made of 100% polyester or modacrylics are best for making homemade costumes. They are less flammable. 100% polyester and modacrylics may be purchased at most local fabric stores.
- **REMEMBER** – A flame-retardant costume does not mean that it is fire proof. Always keep your costume away from any types of open flame or other heat sources.
- Accessories**
  - Knives, swords and other accessories should be made from cardboard or flexible materials. Do not allow children to carry sharp objects.
  - Bags or sacks carried by youngsters should be light-colored or trimmed with retro-reflective tape if children are allowed out after dark.
  - Carrying flashlights will help children see better and be seen more clearly.
- Motorists**

The Hasbrouck Heights Police Department Traffic Bureau urges motorists to be especially alert on Halloween.

  - Watch for children darting out from between parked cars.
  - Watch for children walking on roadways, medians and curbs.
  - Enter and exit driveways and alleys carefully.
  - At twilight and later in the evening, watch for children in dark clothing. ###

## Halloween Tips About Treats

The FDA offers these tips for parents about treats:

- Children shouldn’t snack while they’re out trick-or-treating. They should wait until they get home and parents have had a chance to inspect the goodies.
- To help prevent children from munching, give them a snack or light meal before they go -- don’t send them out on an empty stomach.
- Tell children not to accept -- and, especially, not to eat -- anything that isn’t commercially wrapped.

- When children bring their treats home, discard any home-made candy or baked goods. Parents of young children should also remove any choking hazards such as gum, peanuts, hard candies or small toys.
- Inspect commercially wrapped treats for signs of tampering, such as an unusual appearance or discoloration, tiny pinholes, or tears in wrappers.
- When in doubt, throw it out. ###



Neighborhood children from grades 1 thru 6 are invited to our Annual Trunk or Treat

A safe environment to collect treats and have fun  
Bounce House—Slide—Hot Cocoa—Cookies



**Sunday October 27, 2013**  
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call (201) 288-4139 ext. 12 or visit [www.Biblebaptist.net](http://www.Biblebaptist.net)



**Due to the nature of this event NO SCARY OR BLOODY costumes will be permitted.**





Indoor Fall Flea Market Nov. 16

The Parish Social Life Committee of Saint Margaret of Cortona Roman Catholic Church is sponsoring an Indoor Fall Flea Market on Saturday, November 16, 2013. Tables are \$25 each. For information and contracts, call Ellie at 201-641-0883. ###

Fall-Holiday Flea Market

On October 26, 2013, VFW Post 809 and the Little Ferry Hook and Ladder will host a Fall-Holiday-Flea Market at 100 Main Street, Little Ferry. It will take place from 9 a.m. to 4 p.m. Tables for vendors can be rented for \$20 outside and \$25 inside. Tables are limited, call 201-641-9759. ###

Cortona 4th Annual Fall Tricky Tray

St. Margaret of Cortona Parish will celebrate their 4th Annual Fall Tricky Tray on Saturday, November 2, 2013. Doors open at 6:30 and tickets are \$25 each. The event will be held in the Parish center which is located at 31 Chamberlain Avenue in Little Ferry. Any questions or to purchase tickets please contact Cheryl at 201-641-9440. ###

FOCAS Flea Market

FOCAS will hold a Flea Market on Saturday, October 19, and Sunday, October 20, 2013, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry. This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available. Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend. They are not able to accept TVs, PC monitors, exercise equipment, clothes or magazines.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Don't Text and Drive

Soup and Sandwich Social

The VFW Little Ferry Ladies' Auxiliary to Post 809 will sponsor a Soup and Sandwich Social on Monday, October 21, 2013, starting at 11:30 a.m. at the Post Home, 100 Main Street, Little Ferry. Various soups will be made by members of the Auxiliary. Ticket donation is \$10 pp. Call Adele at 201-641-2298 or Diane at 201-440-6678. A prize will be awarded for the most patriotic ensemble. Join them for a fun afternoon. ###

Turkey Lunch October 8

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, October 8, 2013, in the Community Hall, Third Street, Carlstadt. Turkey dinners will be served from 11:30 a.m. to 1 p.m. For take-out orders call 201-438-5526. Cost is \$8 for adults and \$5 for children/students. ###

Oktoberfest

On Saturday, October 12, 2013, from 7:30 p.m. to 11:30 p.m., the Carlstadt Turn Verein, 500 Broad Street, Carlstadt, will sponsor Oktoberfest. Donation is \$35 per person and includes music by Bernie's Orchestra, food and drink, coffee and cake. Kitchen opens at 7 p.m. Call 201-652-0968 or 201-909-0808 for reservations. ###

AC Bus Trip

The VFW Post 4591 sponsors Atlantic City Bus Trips on the last Wednesday of each month. Bus departs at 10 a.m. The cost is \$30; it includes a continental breakfast from 9 a.m. to 10 a.m., a casino voucher and a goody bag on your trip home. Games and prizes and a movie make the travel time pass quickly. Call Mel at 201-933-9937 or the Post for more information at 201-288-1112. ###

October Birthstone Opal

Turkey Dinner October 5

Bring your friends and enjoy a delicious homemade dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 5, 2013, from 5:30 p.m. to 7 p.m. The buffet style, all-you-can-eat dinner is sponsored by The Guild for Reformed Church Women of the First Reformed Church. Cost is \$15 for adults and \$5 for children under 10. For reservations, call Nancy at 201-288-3963 or Church office at 201-288-1122. Take-outs are available upon request. The First Reformed Church is located at Washington and Burton, Hasbrouck Heights, and is handicap accessible. ###

Rutherford Lions Spaghetti Dinner

The Rutherford Lions Club will be hosting their Annual Spaghetti Dinner on Monday, October 28, 2013, from 5 to 8 p.m., at 55 Kip Center, 55 Kip Avenue, Rutherford. Donation is \$7 pp. For tickets call 201-390-6734 or visit www.lionsclubofrutherford.org Tickets are available at the door. ###

Columbus Day Pasta Dinner

Don't cook Sunday night, October 13, 2013. Come and have supper with us! The Knights of Columbus will hold their Annual Pasta Dinner in the Corpus Christi School Cafeteria from 5 p.m. to 7:30 p.m. Donation: \$12 for adults and \$6 for children under 12 years old. This dinner features a generous helping of pasta, freshly made sauce, meatballs, soda, cake and coffee. Event includes Tricky Tray and 50/50 raffle. All proceeds go to support Knights of Columbus charities. Call Warren 201-896-8999 for tickets. ###

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Art Association of Rutherford Meeting October 10

The Art Association of Rutherford will hold their monthly meeting on Thursday, October 10, 2013, at 7:30 p.m. at the Tamblyn Civic Center, 30 Woodland Avenue, Rutherford, NJ. This month members will create holiday ornaments for the association tree to be exhibited at the Kip Senior Center and then raffled off to support the Center. Bring your own materials or use those provided. The Art Association is open to all artists, amateur and professional. Members are presented with the opportunity to meet with fellow artists and find out about opportunities for showing their artwork in various venues. For further information e-mail <carin\_peace@yahoo.com>

PTO Carnival October 19

On Saturday, October 19, 2013, from noon to 10 p.m., the R.L. Craig School PTO will host a Carnival at the Redneck Avenue Fields. There will be bounce-rides, games, food, baked goods, entertainment, etc. All day ride bracelets are available. ###

WRFD Breakfast October 20

The Wood-Ridge Fire Department will host a breakfast from 8 a.m. to noon at Fire Headquarters on October 20, 2013. Menu includes eggs, sausage, rolls, juice, coffee, etc. Cost is \$5 pp. There will be a 50/50 and a big screen TV raffle. Open to the public. Tickets available at the door. ###

2nd Annual Chili Cook-Off, Dessert Sugar Slam and Vendor/Craft Fair


Ridgefield Park Junior Senior High School All Sports Booster Association will be hosting their 2nd Annual Chili Cook-Off, Dessert Sugar Slam and Vendor/Craft Fair on Saturday, September 28, 2013 from 1 p.m. to 3 p.m. The event will take place at Ridgefield Park Junior Senior High School parking lot around the circle. The cost to enter the event is \$5 per person and you will be able to sample all the chili and desserts as well as vote for the People's Choice. Event will be held rain or shine. If you would like to compete in the Chili Cook-Off or the Dessert Sugar Slam, the cost is \$20 which includes 1 table, plates, bowls, spoons, forks and napkins. No electricity is provided. Trophies and cash prizes will be awarded! Spaces are \$20 a table. Sponsorships for businesses, alumni or residents are available. For more details, email RPSPORTSBOOSTERS@aol.com or call 201-694-3068. Proceeds benefit the RPJSHS Scarlet athletes. ###

Toastmasters Meet Saturday Mornings

Learning to speak in public has now been made easy! The Toastmasters Club which meets in Rutherford has scheduled a weekly program for 2013 which provides "hands on" public speaking and leadership training to anyone interested in improving themselves. The Fairleigh Early Birds Toastmasters Club meets every Saturday morning at 9:30 to 11:30 a.m. at The Rutherford Library downstairs auditorium. All are invited to attend. Simply stop in as a guest! For more information go to:www.feb-tm.org ###

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## FOCAS Dog Show

FOCAS will hold their Annual Dog Show on Sunday, October 6, 2013, at the American Legion Post, 100 Liberty Street, Little Ferry, rain or shine.

All dogs on a leash are welcome. All shots must be up-to-date.

Registration begins at 12:30 p.m. and judging begins at 1:30 p.m.

Admission is \$5 for the first dog and \$3 for each additional dog. For additional information, call 201-943-4019.

Proceeds benefit the FOCAS Angel Fund that provides veterinary medical care for sick homeless and abandoned animals. ###

## Lions Beefsteak October 18

The Carlstadt/East Rutherford Lions Club proudly announces their Annual Beefsteak Dinner with entertainment by special guest, Uncle Floyd.

The October 18, 2013 event features all the filet mignon you can eat, salad, fries and dessert. Beer is also included along with soft drinks, coffee and tea. The price is still \$40 per person. Tables of ten can be reserved.

The dinner begins at 7:30 p.m. in the East Rutherford Civic Center, 37 Vreeland Avenue, East Rutherford.

For tickets or to donate prize baskets please call 201-306-0987.

All tickets must be purchased in advance. ###

## ER Columbus Day Parade

The Columbus Day Parade will take place on Saturday, October 12, 2013, at 9 a.m., marching East on Paterson Avenue from Herman Street Fire House to Park Avenue, ending at the entrance to the festival located at Union and Park Avenues.

The festival will be in operation on Saturday, October 12 from 1 p.m. to midnight and Sunday, October 13, 2013 from noon to 7 p.m.

The event is sponsored by the East Rutherford Civic Pride Association and East Rutherford Mayor and Council. ###

## Mt. Airy Trip Columbus Day October 14

Come and enjoy a day at the beautiful Mt. Airy Lodge & Casino on Columbus Day, Monday, October 14, 2013!

The bus will leave from in front of the Church at 9 a.m. sharp, returning at approximately 5:30 p.m. The price of \$32 includes bus transportation, a \$25 free slots play, and a \$10 food voucher.

Payment is due when the reservation is booked. Checks should be made payable to "MSH Rosary Confraternity," placed with the reservation form in an envelope marked "Mt. Airy Trip," and delivered to the Sacred Heart Rectory, 127 Paterson Avenue, Wallington 07057.

Note: Guests must present valid state or federal issued photo id in order to obtain their Mt. Airy Players Club Card or any motor coach incentive. For information, call Ginny at 201-715-2087. ###

## Touch-A-Truck

The 9th Annual Touch-A-Truck event will be held on Sunday, September 29, 2013, in the parking lot of Rutherford Memorial Park. Children ages 3 - 12 are welcome to this free event that begins at 1 p.m. This event is sponsored by Nick's Towing. ###

## Festive Holiday Musical Revue November 16

The Woman's Club of Carlstadt, Inc., invites you to enjoy a festive holiday musical revue at the Hunterdon Hills Playhouse.

An ensemble cast of multi-talented performers celebrate Christmas in an original holiday song and dance fest featuring traditional carols, classic and contemporary Yuletide compositions, humorous skits, and spectacular dance numbers, all backed by a live on-stage orchestra.

Since 1981, the Hunterdon Hills Playhouse has captured the hearts and imaginations of millions of people. Hunterdon Hills Playhouse offers excellent food, great service and the best in live theatre.

Tickets are available for Saturday, November 16, 2013, for \$63. The price includes the revue, lunch and transportation. To reserve your ticket please call Dolores at 201-939-5163. Don't delay--book it today! ###

## Chamber Concert

The Adelphi Chamber Orchestra opens its 60th season with "Prometheus Splendor - Aspiring Young Artist Showcase" at 4 p.m., October 20, 2013, at River Dell Regional High School in Oradell. [www.aconj.org](http://www.aconj.org) ###

## A Saturday in Spain

Celebrate Hispanic Heritage Month. Come see brightly colored dresses, beautiful shawls and fans. You will hear intricate music accented by sounds made by footwork, castanets, and handclapping.

The Free Public Library of Hasbrouck Heights is pleased to host the Alborada Spanish Dance Theater on Saturday, October 19, 2013, from 2 to 3 p.m.

The Alborada Spanish Dance Theater has achieved recognition as New Jersey's premier flamenco and Spanish dance company.

This family event promises to provide the charm and splendor of Spain's artistic heritage in the form of live music and dance. The whole family is invited.

This FREE program will be held on the first floor in the Senior Center at 320 Boulevard. To register please call 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###

## Call for Artists – Art in the Park 2013

The 49th Annual Bergen County Art in the Park Show and Concert is scheduled for Saturday, October 12, 2013, from 11 a.m. - 3:30 p.m., at Van Saun County Park, Paramus. It will be held in Lot 4, area F. The rain date is Sunday, October 13.

It is a free show sponsored by the Bergen County Department of Parks, Division of Cultural and Historic Affairs.

Approximately 100 adult visual artists will be featured in this exhibition representing an exciting wide scope of artistic diversity found within northern New Jersey. This juried show is judged in five categories with cash prizes in each: Acrylics/Oils; Drawings/Prints/Pastels; Mixed Media; Watercolors; and Photography (Digital & Traditional). First Place/\$150; 2nd Place/\$125; 3rd Place/\$75 and Best in Show: \$500.

A special jazz performance will be presented by The Loren Daniels Quartet from 12:30 p.m. to 3 p.m. with breaks. Loren's professional experience as a jazz pianist/vocalist spans over 25 years. The Loren Daniels Quartet consists of Loren Daniels - piano, Mike Richmond - bass, Jonathon Peretz - drums and Jackie Jones - vocals.

For more information or if you are a visual artist and would like to exhibit your work, please 201-336-7292. Registrations are due by October 3, 2013. Registrations are accepted on a first come, first serve basis; the show has a tendency to fill up fast. ###

## Square and Compass Day

Euclid Lodge No. 136 of Hasbrouck Heights will be holding an open house on Saturday, October 12, 2013.

The event will be from 11 a.m. to 2 p.m. and there will be light refreshments available.

This would be a great time to learn about Free Masonry, the largest and oldest fraternity in the world.

There will be Brother Masons on hand to provide tours of the Lodge and answer and questions that you have about Free Masonry.

The Lodge is located at 200 Division Avenue (corner of Division and the Boulevard). ###

## Shredding Event

On October 5, 2013, the DPW of Lodi is hosting its second shredding event at the Richmond Street facility from 9 a.m. to 1 p.m. ###

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HH Garden Club  
Meets October 17

The HHGC of Hasbrouck Heights will be meeting at 6:45 p.m. on October 17, 2013. The meeting will be held at the Borough Hall located at 320 Boulevard on the second floor in the Library Meeting Room.

The speaker for this month will be Celeste Stapleton , who has worked for Rohsler’s Allendale Nursery, in Allendale for 12 years.

Celeste is a Master Gardener and will speak to everyone about pruning shrubs. This should be very interesting due to all the different periods of time that we prune our gardens.

Refreshments are always served prior to the meeting. The public from Hasbrouck Heights and surrounding towns who have an interest in gardening are always welcome to join. There is ample parking for all and the meetings are over by 8:45 p.m.

For further information contact Judy at 201-288-2615. ###

Hunter’s Moon

The October full moon appears on Friday, October 18, 2013, at 7:37 p.m. It is called the “Full Hunter’s Moon.”

According to “The Farmer’s Almanac,” with the leaves falling and the deer fattened, it is time to hunt.

Since the fields have been reaped, hunters can easily see fox and other animals which have come out to glean.

Other names for this moon include “Full Travel Moon,” and “Full Dying Grass Moon.”

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Community Chest  
of Rutherford

As the Community Chest of Rutherford prepares for the 68th Annual Campaign, Stanley Kopacki was recently elected to the Board of Directors. A retired Science teacher at Kearny High School, he is a long time Rutherford resident and joins six Trustees at Large as well as seven representatives of local non-profit agencies benefiting from The Chest.

They include Boy & Girl Scout units, Bridge Builders, Meadowlands Museum, Rutherford Food Pantry, Rutherford Social Services and Starfish of Rutherford.

A donation to the Chest at Rutherford, P.O. Box 253, will help support these agencies as every dollar contributed stays in Rutherford. ###

St. Mary High  
School Fashion  
Show 2013

Rutherford’s St. Mary High School PTO will be holding their 2013 Annual Fashion Show and Raffle on November 7, 2013.

This year’s event, “An Evening in Paris,” will be held at The Graycliff, 122 Moonachie Avenue, Moonachie, NJ, and will include dinner, Tricky Tray, prizes and raffles.

The entrance fee is \$45 per adult and \$25 per student. Due to high demand, all tickets must be purchased in advance by November 1.

There will not be any availability at the door on the evening of the event. Doors open at 6 p.m. and dinner service will begin at 7 p.m. For tickets, please call Joanie at 201-394-8676 or email smhsPRES@verizon.net.

Any donations toward the prize pool are greatly appreciated. These donations may be dropped off at the Main Office at St. Mary High School, 64 Chestnut Street, Rutherford, New Jersey, 07070; or items can be arrange for pick up at your convenience (phone number listed above). ###

St. Mary High  
School Fall  
Clothing Drive

On Saturday, October 26, 2013, from 9 a.m. to noon, St. Mary High School will be holding a fall clothing drive.

Items can be dropped off in front of the High School (at 64 Chestnut Street in Rutherford) between the times listed above. You don’t even have to leave your car...someone will be there to unload it for you!

Please note that shoes should be packed separately please. We will be glad to accept small household items, books, toys, stuffed animals and blankets as well.

Any questions can be directed to Lorena Munoz at (551) 574-1558 or email lorena.munoz55@gmail.com ###

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Free Lunch  
Continues

Starting October 5, 2013, at 11:30 a.m., the First Saturday Free Lunch continues at the Moonachie Presbyterian Church, 221 Moonachie Road at Carol Place.

They are entering the fifth year of this ministry with joy in their hearts—not only because of the ways they have been able to serve the community, but the ways in which people have been ministering to them, as well!

They have had community members bring food to share... folks offer to cook for a month, or to help sponsor a meal for others.

People reach out to first-time attendees to make them feel welcome... watch out for each other and ask if they don’t see the “regulars.”

Volunteers drop off meals to absent friends or to home-bound folks who can use a pre-cooked meal or just a friendly face at the door!

Their hope is that this year they will continue to grow and to see new faces, even as the familiar faces keep coming back. If you haven’t had a chance to experience the fun, come and join them sometime.

If the economy’s got you down, or you want to share a meal with others, come on the first Saturday of every month. There is no charge and there are no strings attached. ###

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## Minimum Wage: Forum on New Jersey's November Ballot Question

The League of Women Voters of Northern Valley will hold a forum, "The Effect of the Minimum Wage on the Economy," on Wednesday, October 9 at 7 p.m., at the Closter Public Library Community Room, 280 High Street, Closter, New Jersey.

The forum will provide voters with information to make an informed decision about the New Jersey Minimum Wage Increase Amendment, Public Question 2 (SCR1) that will appear on the November 5, 2013 ballot.

The event is free and open to the public. For further information, call 201-391-5617 or send an e-mail to lwvno.valley@gmail.com. For directions, contact the Closter Public Library at 201-768-4197. ###

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## Heights Food Bank Seeks Donations

The shelves are a little sparse for this holiday season.

The Hasbrouck Heights Food Pantry welcomes donations. Needed items include: beans, canned fruit, juices, pasta sauce, gravies, paper products, all kinds of soaps and cleaning products, shampoo, toiletries, jelly, coffee, tea, cereal, powdered milk, crackers, cookies and snacks.

The Food Bank is supported by food drives held at the Churches, schools, the Scouts, The Library and special programs, the monetary donations that buy food store gift cards and those who drop off bags of groceries at the Borough Clerk's office

The 15-20 families who need help are very fortunate to be able to have a place to come if needed. Borough Clerk Rose Marie Sees said, "A great big thank you for your generosity. It is overwhelming and very much appreciated."

For more information, call the Borough Clerk's office at 201-288-0195. ###

Yield to Pedestrians

## Riverkeeper's 14th Annual Awards Dinner

Hackensack Riverkeeper's Annual Awards Celebration & Sustainable SeafoodFest is scheduled for Wednesday, October 23, 2013, at Florentine Gardens in River Vale from 6:30 p.m. to 10 p.m.

The event emcee is NBC News4New York correspondent Brian Thompson. Tickets are \$125 and include a cocktail reception with open bar, gourmet dinner, Tricky Tray and Super 50/50 drawing and available by calling 201-968-0808.

This year's celebration honors:

- The Hon. James L. Cassella, Mayor of East Rutherford, NJ – Excellence in Public Service Award

Mayor Cassella is being honored for his many years of public service to the citizens of his community as well as the people of the Meadowlands District. Nine years ago, his early and vocal support of the historic 2004 Meadowlands Master Plan helped assure its adoption.

- United Water New Jersey – Corporate Environmental Stewardship Award

United Water is being recognized for its role as an environmentally responsible corporate citizen, especially as regards its stewardship of the upper Hackensack River Watershed. Despite an early relationship marked by conflict and strong disagreements, the company and Riverkeeper have since joined forces to promote public access and good watershed citizenship. ###



## Celtic Woman Christmas Show December 4

Celtic Woman Christmas Show will be held at the Sands Casino in Bethlehem, PA on Wednesday, December 4, 2013.

Beloved global sensation, Celtic Woman, returns this December 2013 for its critically-acclaimed Christmas Celebration Symphony Tour.

This holiday spectacular presents a dynamic live music experience that showcases the celestial voices of Chloë Agnew, Lisa Lambe, Susan McFadden, along with vibrant inventiveness from Celtic Violinist Máiréad Nesbitt.

Christmas bells will ring as Celtic Woman performs all of your holiday favorites underscored by the stirring sound of a full symphony orchestra.

The price of \$98 includes bus transportation, show ticket, a \$20 free slots play, and a \$5 food voucher.

The bus will leave from in front the Most Sacred Heart Church at 2 p.m. Doors to the theater open at 7 p.m., which leaves plenty of time for a little shopping at the outlets at Sands, casino play and dinner.

Payment is due when the reservation is booked. Checks should be made payable to "MSH Rosary Confraternity," placed with the reservation form in an envelope marked "Celtic Woman," and dropped off or mailed to the Rectory at 127 Paterson Avenue, Wallington 07057.

Note: Guests must present valid state or federal issued photo id in order to obtain their Sands Players Club Card for any motor coach incentive.

For additional information, call Ginny at 201-715-2087. ###

## BC 3rd Annual "Bluegrass & Cider" Concert

An autumn afternoon of "Bluegrass & Cider," 1:30-3:30 p.m., Sunday, October 6, 2013, will take place at the Wortendyke Barn Museum, a County Historic Site, in Park Ridge.

Music will be performed by the outstanding bluegrass musicians Kenny Kosek, Barry Mitterhoff and Joe Selly.

This outdoor concert is free and will be held rain or shine. Limited seating is available; people are welcome to bring chairs and blankets. The museum will open to visitors at noon before the concert.

The Wortendyke Barn has been a Pascack Valley landmark since its construction on 500 acres of land bought by the Wortendyke Family in 1735. It was used continually as a barn well into the 20th century and is one of only six pure Dutch barn types in Bergen County.

This New World Dutch Barn showcases Bergen County's history through unique, educational exhibits designed to let you explore farm life.

In 1997 the barn opened as a museum with exhibits on agriculture that include 18th and 19th century farm implements and tools, and the history of the Wortendyke Family farm.

The main feature of the museum is the barn itself, an outstanding example of the vernacular architecture referred to as a New World Dutch Barn.

This accessible pre-Revolutionary museum, located at 13 Pascack Road in Park Ridge, is open on Sunday afternoons from noon to 4:00 p.m. ###

*The discontented man finds no easy chair. B.F.*

## Local Video Studio Wins International Awards

Envision Video Services of Hasbrouck Heights, a franchise of Home Video Studio, recently won four International Hanley awards at the 13th annual Home Video Studio(HVS) Getaway in Las Vegas, NV.

The Hanley Awards, HVS' version of the Oscars, recognize achievement in the video industry. Home Video Studio is the largest international video production services franchise with studios located in the United States, Canada, Sweden and Finland.

Studio owner Peter Gallo submitted his studio's video work in several of the thirty-three Hanley award categories. Studio owners from across the world entered to win Best Video Production, Best Documentary, and Best of Show, to name a few types of honors.

The Hanley's, named after Robert Hanley, the founder and president of Home Video Studio, are in recognition of a studio owner's work during the past year.

Home Video Studio – Hasbrouck Heights won for its work in the Best TV/Web Commercial, Best use of Motion Graphics and Best Sports Scholarship categories.

In addition, Gallo's studio was awarded with the Seven Stars Award for Excellence – the highest honor a studio can receive.

This award is limited to a select group of seven studios throughout the world each year for their commitment to quality, service and excellence. The addition of these 4 awards now brings Gallo's total since inception in 2005 to 21.

"We couldn't be more

pleased that our work was recognized by our peers," says Gallo. "We strive to produce the best work for our customers and it's nice to know that other professional video studio owners are impressed as well."

In addition to being an honored guest at the gala black-tie Hanley Awards ceremony, Gallo and his team attended several days of intense course-work in all aspects of video production - including shooting, editing, green screen technology and motion graphics.

HVS studio owners provide at least 27 different types of professional video services. Some of those services include video to DVD transfers, photo/video montage keepsakes, home movie transfers, videotape duplication, video editing, legal video services, and sports or music scholarship videos.

Gallo's Studio is located at 224 Boulevard in Hasbrouck Heights and he can be reached at 201-288-7228 or by visiting [www.EnvisionVideoServices.com](http://www.EnvisionVideoServices.com) ###

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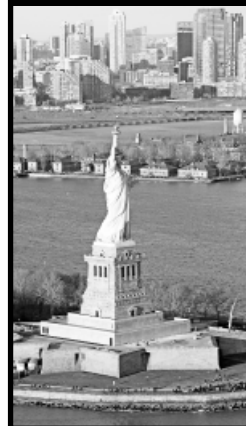
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## Informal Business Networking Breakfast

*Presented by The Hasbrouck Heights Chamber of Commerce & Free Public Library*

## Business Meet, Greet and Eat

Wednesday, October 16, 2013 • 7:30 a.m. to 9:30 a.m.  
**Hasbrouck Heights Library, 320 Boulevard**

**Continental breakfast • Free event.**

**Reservation requested. Please call 201-288-8844.**

**Open to all area businesses.**



# Knit, Read and Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, October 9, 2013, at 6:30 p.m., to discuss “Lisey’s Story” by Stephen King.

The meeting will be held in the Library Auditorium.

All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the books are available at the Circulation Desk. For more information, e-mail Peg Mellett at mellett@bccls.org ###

## Monday Evening Book Group

On Monday, October 21, 2013, at 6:30 p.m., the Monday Evening Book Group will meet to discuss “To Kill a Mockingbird” by Harper Lee. Copies of the books are available at the Circulation Desk. The meeting will be held in The Rutherford Library Glass Room on the main floor. ###

## The Ashford Affair

On Wednesday, October 9, 2013, from 7-8 p.m., The Carlstadt Library Book Discussion Group will discuss “The Ashford Affair” by Lauren Willig. Manhattan lawyer Clementine Evans has suffered a broken engagement and, at thirty-four, she feels her life crumbling around her.

Then the family gathers for her grandmother’s ninety-ninth birthday, and a relative hints about a long-buried family secret, leading Clemmie on a journey that could change everything. Copies of the book are available at The Library for patrons to take out. Refreshments will be served, and all are welcome to attend!

Please call 201-438-8866 for more information or visit www.carlstadt.bccls.org. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

## W-R Library Hosts Speaker from Skylands New Jersey Botanical Gardens

Come learn about the Garden of the Garden State.

From the delicate shades of a tiny wildflower to the vibrant colors of massed annual plantings, Skylands is a place of beauty in any season.

Come and learn all that this hidden gem has to offer. From nature walks to garden workshops to fall fun days, you are sure to find something you and your family will enjoy!

The event will take place at the Wood-Ridge Senior Center on Wednesday, October 16, 2013, at 7 p.m.

The program is free. Registration is required. Please stop by, call 201-438-2455 or email to Chris Hartigan at hartigan@bccls.org ###

## English Conversation Group

English language learners are invited to attend the English Conversation Group at The Rutherford Public Library on Wednesdays and Thursdays from 10:00-11:30 a.m.

The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, please call 201-939-8600, ext. 7. ###

## Fund Raising Opportunity for The Library

On Tuesday evening, October 8, 2013, The Friends of The Hasbrouck Heights Library will be introducing an interesting way to fund raise for their Library.

Boiling Springs Savings Bank will send a representative to explain their “Community Alliance Program” that has helped many non-profit groups in the area to raise money without effort to support their organization.

All fund raising is to benefit programs for adults and children, refreshments, the Summer Bash, Lego Night, prizes, movies and other programs sponsored by The Library.

All are welcome at 7 p.m. in The Library Meeting Room located on the second floor, at 320 Boulevard. Refreshments will be served. ###

## Carlstadt Library Computer Classes

Computer classes are back! All sessions give you hands-on experience with a computer, and each session is limited to six students. You must have a valid library card to register, and preference is given to Carlstadt residents. They reserve the right to cancel registrations for any students that consistently miss classes without notifying us at least 24 hours in advance. The following schedule applies, if there is at least one Carlstadt student in attendance.

- Intro to the Internet: Wednesday, October 2, 6:30-8 p.m. and Tuesday, October 22, 2:30-4 p.m.

- Email Basics: Wednesday, October 30, 6:30-8 p.m. and Tuesday, November 12, 2:30-4 p.m.

- Intro to MS Word 2010: Wednesday, November 20, 6:30-8 p.m. and Tuesday, December 3, 2:30-4 p.m.

- Intro to MS Excel 2010: Tuesday, December 10, 2:30-4 p.m. and Wednesday, December 18, 6:30-8 p.m.

Please call 201-438-8866 ext. 204 for more information or go to, <http://carlstadt.bccls.org/adults.shtml>. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

## Computer Classes at Lodi Library

The Lodi Library offers free, small group computer classes for Lodi residents on Tuesday afternoons from 1 p.m.-2:30 p.m. The October classes are:

- October 1 - Computer Basics

- October 8 - Internet Basics

- October 15 - Facebook Basics

- October 22 - Word Basics

- October 29 - E-mail Basics

Registration and payment of a \$5 refundable deposit per class is required. For more information, visit lodi.bccls.org or call 973-365-4044. ###

## Food for Fines

The Wood-Ridge Memorial Library will once again be holding their Food for Fines Program. During the month of October The Library will be collecting non-perishable food items to benefit the Assumption Food Pantry.

Fines for Wood-Ridge materials of up to \$5 will be forgiven with the donation of a food item.

The program runs from October 1 through October 31, 2013. ###

## October Movies at Lodi Library

The Lodi Library presents free movies on Wednesdays starting at 1:30 p.m.

- October 2 “Iron Man 3”
- October 9 “This is the End”

- October 16 “Amour”
- October 23 “Before Midnight”

- October 30 Hitchcock classic “The Birds”

For more information, visit lodi.bccls.org or call 973-365-4044. ###

## Somewhere in Time

On Tuesday, October 29, 2013, at 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of “Somewhere in Time,” starring Christopher Reeve and Jane Seymour. The film will be shown in The Rutherford Library Auditorium. ###

## Money Management Workshop

On Friday October 11, 2013, from 1:30 p.m. to 2:30 p.m., Lodi Memorial Library presents a free workshop featuring Money Management Tips from Spencer Bank of Lodi.

Spencer Manager, Amy Kaminski, leads a fun and informative interactive presentation on how to manage and protect your money from scams and identity theft.

There will be free refreshments, giveaways and prizes. For more information or to register, call 973-365-4044 or contact lodilibrarynj@gmail.com ###

## Keeping Your Mind Sharp Seminar

The Free Public Library of Hasbrouck Heights is presenting a seminar on cognitive fitness.

Come learn what you can do to protect your brain and enhance your abilities on Tuesday, October 15, 2013, from 7 to 8:15 p.m.

Presenter, Mary Morris, is a therapist at Kessler Institute for Rehabilitation. She will give an overview of the types of physical exercise, diet, and brain stimulating activities that can help improve cognitive functioning and keep your mind sharp.

Please call The Library at 201-288-0488 for more details and/or to sign up by visiting online at <http://hasbrouck-heights.bccls.org> and go to calendar. ###

# Book Sales

## Lodi Library

On Saturday October 19, 2013, from 9:30 a.m. to 4 p.m., The Friends of Lodi Memorial Library host their fall book sale. The sale offers a large selection of gently used books, DVDs and CDs for all ages.

Sale proceeds support Library programs and services and technology purchases. Donations welcome until October 16. For more information, call 973-365-4044 or lodi.bccls.org

Donations should be brought to the front desk and an IRS tax receipt is available. For donation guidelines, visit lodi.bccls.org or call 973-365-4044. ###

## Rutherford Library

The Friends of The Library of Rutherford will hold a Book Sale at the Rutherford Public Library on Saturday, October 26, 2013, from 10 a.m.-4 p.m.; on Monday-Wednesday, October 28-30, from 11 a.m.-7 p.m.; and on Thursday, October 31, from 11 a.m.-5 p.m.

The Library will gratefully accept donations of gently used books and DVDs during regular hours until October 19.

Donors are asked to review the condition of donations prior to bringing them to The Library, as only books in good to excellent condition can be accepted.

The Library cannot accept magazines, VHS or audio cassettes, encyclopedias or textbooks. ###

## W-R Library

The Friends of The Wood-Ridge Memorial Library are pleased to invite you to their annual Autumn Book Sale to be held at the Wood-Ridge Senior Center on Saturday, October 5, 2013, from 10 a.m. to 2:30 p.m.

They will have a wide selection of materials, including hardcover and paperback, fiction and non-fiction, adult and children’s items and some large print editions.

There will also be some music CDs, some DVDs available and a few VHS tapes.

All items are very reasonably priced, so please come and help The Wood-Ridge Library while you pick up some good reading material to curl up with on those chilly fall evenings.

**Volunteers are needed** on October 4, from 6:30-8 p.m. and on October 5 from 2:30-3:30 p.m. If you are interested, please call Christine Hartigan at 201-438-2455 or email to hartigan@bccls.org.###

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## Guitar Bob

The Rutherford Public Library invites preschool children up to the age of 6 to an interactive music program with Guitar Bob.

The program will be held on Fridays, October 4, 11, 18 and 25, 2013, from 11:15 – 11:45 a.m. It will incorporate singing, creative movement, instruments and cooperative games. No advance registration is required. This program is funded by The Friends of The Library of Rutherford. ###

## Children's Friday Afternoon Matinee

On Friday, October 25, 2013, at 3:45 p.m. all children ages 5 and up are invited to a free movie screening at The Rutherford Public Library. Movie title to be announced.

No advance registration required. An adult caregiver must remain with any child under the age of seven for the duration of the film. For more information, please call the Children's Department at 201-939-8600, ext. 6. ###

## Paws to Read Therapy Dog Program

On Saturday, October 26, 2013, at 2 p.m., Rodney, a registered therapy dog, and his owner, will visit The Rutherford Public Library.

Children who would like to practice their reading skills may reserve a 20-minute time slot to read to Rodney.

Gain confidence in your reading ability and make a new friend at the same time! For ages 5-11. To register, please call the Children's Department at 201-939-8600, ext. 6. ###

## Lodi Library Legos

Lodi Library welcomes future architects and engineers, Tuesday, October 22, 2013, for a Legos family build at 3 – 4:30 p.m. They supply the Legos and you supply the imagination! ###

## Lodi Library October Crafts

- Mondays 3:30 – 4:30 p.m.**
- October 15: Make a balloon ghost and help decorate the children's area
  - October 21: Craft tick spider web
  - October 29: Make scary cardboard mummies
- Tuesdays 3:30 – 4:30 p.m.**
- October 1: Make paper bead bracelets and necklaces
  - October 8: Make a special glitter pencil for you or someone special
  - October 15: Make a ghoulish balloon ghost
  - October 29: Make cardboard mummies
- Thursdays 3:30 – 4:30 p.m.**
- October 3: Jumping paper frog craft
  - October 10: Bat masks
  - October 17: Prepare for Halloween by making a scary skeleton. ###

## Lodi Library Gaming Mondays

The Lodi Library presents gaming Mondays on October 7, 2013, for Wii gaming and October 14 and 28 for board games for children K & up. May the best gamer win! ###

## Teen Café Wednesdays

The Teen Café meets at The Lodi Memorial Library on Wednesdays from 4 – 4:30 p.m. Always wondered how to place a photo image exactly where you want it in a word document, or how to get an e-book on your computer? For these answers and other great tips stop by the Teen Café in the conference room Wednesdays, October 2, 9, 16, 23 and 30. ###

*Halloween is the second most commercially successful holiday, with Christmas being the first.*



Bill O'Shea's Florist promoted Good Neighbor Day on Thursday, September 12, 2013. Owner John Kosakowski said that they gave out about 150 bunches of roses with the stipulation recipients keep one rose and pass along the others. During the event, food donations were collected for the Hasbrouck Heights Food Bank, netting about 90 bags of food. ###

## Star Wars Reads Day

On Saturday October 5, 2013, from 3-4:30 p.m., The Lodi Memorial Library celebrates "National Star Wars Reads Day" with "Star Wars" storytime and crafts plus games and a trivia contest to win "Star Wars" prizes.

At 4 p.m., there will be a costume parade and contest for children and adults. No registration is required. For more information, visit lodi.bccls.org or call 973-365-4044. ###

*Both Salem, Massachusetts, and Anoka, Minnesota, are the self-proclaimed Halloween capitals of the world.*

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*"At Xcel, the teachers are very patient and extremely motivated to help each individual child. We could not have found a better school for all three of our kids." Mrs. McCabe*



## Performing Arts Program

Care on the Corner announces the Fall 2013 program for Kids on the Corner, a Performing Arts Program for children in Grades 2 – 5.

The goal of Kids on the Corner is to educate and enlighten children in different art forms and cultural experiences. The children are offered opportunities to learn about history, culture, visual arts, theater production, set design, costume design and acting.

The Performing Arts group meets on Fridays from 3:30 pm – 6:00 p.m. beginning October 18 to November 22, 2013.

Under the direction of Cindy Summers, participants will tell the story of “The King’s Three Daughters.” All are welcome to see the performance of

this story on Friday, November 22 at 7:30 p.m.

The Director, Cindy Summers, is a 2006 graduate of the New Jersey School of Dramatic Arts acting program. She has been working with children for more than ten years and teaching for five years. She spent six years working in a preschool for children with special needs and she has taught the Ready, Set, Act! program at New Jersey School of Dramatic Arts for the last three years.

The group meets at the Parish Hall of St. John the Divine at 229 Terrace Avenue, Hasbrouck Heights, NJ. Call the Care Center at 201-288-9460 to register. There is a \$25 registration fee. Scholarships are available. ###

### Preview Day Corpus Christi School PreK3-Grade 8



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## ICHS Open House

Immaculate Conception High School, in Lodi, is hosting a Fall Open House for Sixth, Seventh and Eighth Grade students and their parents on Sunday, October 20, 2013, beginning promptly at noon.

Each open house begins with a “Meet & Greet” to give attendees a chance to check-in and spend a little time with the faculty, staff, and coaches for conversations about academics, extracurricular activities, and athletic teams.

After a brief presentation, ICHS student ambassadors will then provide tours of the campus and answer specific questions while the faculty offers presentations in each of the academic departments. A question and answer session will round out the day.

If you have any questions about the Open House, please call Sara at 973-773-2665.

For more information, please go to [www.ichslodi.org](http://www.ichslodi.org) ###

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## Collaborative Parents Committee Meets October 15

The next Collaborative Parents Committee (CPC) meeting will be Tuesday, October 15, 2013, at 7:30 p.m. at the Media Center in the Hasbrouck Heights High School, 365 Boulevard, Hasbrouck Heights, NJ.

This month, parents are invited to lead the discussion with any questions or concerns they may have. There will be a guest speaker at their next meeting on November 19, 2013.

The CPC is a parent organized group that provides support, advocacy and education for parents of children with special needs in the Hasbrouck Heights school district.

For more information go to: <http://www.hhschools.org/SpecialServices/SitePages/Home.aspx> ###

## Homework Club

Care on the Corner announces the Homework Club for children in Kindergarten through 5th Grade.

Students are asked to bring their homework assignments in which help is needed: Reading, Spelling and Phonics, Math, Social Studies and Science (*other than experiments*).

Students are divided between grade levels with one teacher/assistant per three (3) to four (4) students; allowing for more individualized teaching and attention.

Children are given supplemental assignments (*including educational games*), targeting the areas they need help with.

The Homework Club aims to:

- Be a less structured environment in which children receive educational guidance.
- Assure that homework assignments are completed, and more importantly, understood.
- Help children understand the importance of learning and acquiring good study skills.
- Help students understand that Learning is Fun and like sports you need to practice – hence the need for homework.

Homework Club - Fall 2013 Session (*10 weeks*).

Children in Kindergarten to 5th Grade, Thursdays from 3:30 – 5:00 p.m., September 19 – November 21 (*classes will not be held on holidays*) at the Care Center, at 333 Franklin Avenue, Hasbrouck Heights.

Call the Care Center at 201-288-9460 to register (\$15 registration fee). Scholarships are available. Jean R. Giaratana (NJ Certified Teacher) is the coordinator. ###

*Tootsie Rolls were the first wrapped penny candy in America.*

## Parenting Series

The Rutherford Public Library is pleased to launch a series of free monthly programs for parents in the community.

### Parenting with Purpose

On Tuesday, October 15, 2013, at 7 p.m., Peggy Fitzpatrick, an educator and PCI Certified Parent Coach, will present Parenting with Purpose: Calm, Consistent, and Connected. Become a calming authority in your home and build the healthy, positive relationships you want! Advance registration is requested. To register, please call 201-939-8600, ext. 7.

### Consuming Kids Documentary

On Tuesday, November 19, 2013, at 7 p.m., The Rutherford Public Library will host a screening and discussion of the documentary film, “Consuming Kids: The Commercialization of Childhood.”

Drawing on the insights of health care professionals, children’s advocates, and industry insiders, the film focuses on the explosive growth of child marketing in the wake of deregulation, showing how youth marketers have used the latest advances in psychology, anthropology, and neuroscience to transform American children into one of the most powerful and profitable consumer demographics in the world.

No registration required. For more information, please call Peg Mellett at 201-939-8600, ext. 7 or e-mail [mellett@bccls.org](mailto:mellett@bccls.org)

### Cyberbullying and Internet Safety Workshop

On Tuesday, December 10, 2013, at 7 p.m., Sgt. Tom Rich, a certified police officer and internet safety expert, will present “Always Connected,” to inform parents of issues raised by social networking and share solutions that encourage positive, moderate use of technology by youth.

Topics covered will include cyberbullying, texting/sexting, Facebook, Twitter, and Snapchat.

Sgt. Rich was recently featured on Good Morning America and has spoken to over 150,000 people in the last five years regarding internet safety issues. No registration required. For more information, please call Peg Mellett at 201-939-8600, ext. 7 or e-mail [mellett@bccls.org](mailto:mellett@bccls.org) ###

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# Wood-Ridge Students Start New Year in a New School

At 8:30 a.m. on September 3, 2013, Wood-Ridge Mayor Paul Sarlo, the Council and School Board Trustees held a dedication ceremony for the new Wood-Ridge Intermediate School at the front entrance of First Street.

Before classes began, parents took a walk-through of the building and met in the gym to view a pre and post construction video.

The Wood-Ridge Intermediate School will serve about

280 -- 4th, 5th and 6th Graders.

The approximately \$6 million facility had nearly a complete makeover during the summer.

The building was gutted and refurbished with new windows and blinds, new ceiling, new colorfully-tiled floors, new cabinets, HVAC system, redesigned front and rear entrances, an elevator, state-of-the-art technology, security systems and cameras throughout the building.

The new school features 12 classrooms, two small group instruction rooms, a media center, art room, music room, central offices, a fully-renovated cafeteria and gym. The gym will be available to recreation, Assumption Church and the community.

Every classroom has a

smartboard. Every student has a computer for in-school use.

Additional details, such as some bookcases and hallway display cases are yet to be installed.

The Borough purchased the Our Lady of Assumption School from Assumption Par-

ish for \$2.8 million in 2012, with funding from Wesmont Station redeveloper Somerset Development. It was reported that taxes will not be immediately affected.

The new school will help with overcrowding in the elementary and middle school. ###



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Mobile classrooms being dismantled as the RLC school operations returned to their restored facilities.



## R.L. Craig School Grand Re-Opening

Superstorm Sandy swamped the R. L. Craig School with about 23-inches of water, making it unusable. For most students, classes were then held in Wood-Ridge. After the Christmas break, the students then moved into the 40+ mobile classrooms installed in the field behind the RLC School, while restorations were being made.

It took about three months for the gym and cafeteria to

be refurbished so they could be used for the balance of the school year. The rest of the school was sealed off from students, while repairs were made. Due to FEMA and insurance restrictions, the Moonachie Board of Education's goal was to restore to pre-storm conditions, not re-mediate/upgrade, the facility.

With 23-inches of water, the drywalls were stripped an additional two feet.

All classroom furniture, including library book shelves (and books), were replaced. New floors were installed. New phone lines and internet connections were installed. The recently updated boilers, with electrical connections were replaced.

Rest rooms were thoroughly sanitized. The computers were sent out for special cleaning. Some lost computer equipment was replaced by the South Bergen Rotary Club.

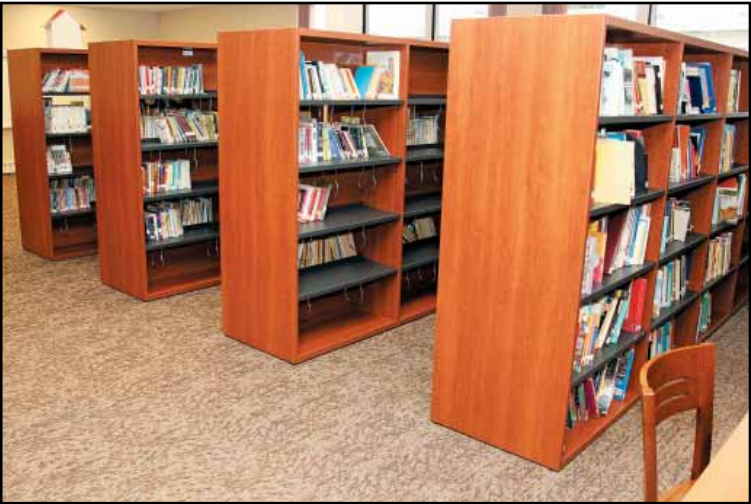
Costs for the clean-up, repairs, rentals, etc., was approximately \$8 million, and expected to be paid for by FEMA and insurance.

After about eight months, the R. L. Craig School was operational for students on September 5, 2013. At the end of the first day, Governor Chris Christie visited the students in the gym (see photo on page 21).

On Thursday, September 12, 2013, the Moonachie Board of Education, in conjunction with the Mayor and Borough Council, officially re-opened the Robert L. Craig School with a ribbon cutting ceremony, and community tour of the building.

The event was in concert with the school's "Back to School Night."

Parents could meet the new Superintendent/Principal, teachers, and staff and get a clear understanding of the curriculum and what is expected of the students in their new grade levels. ###



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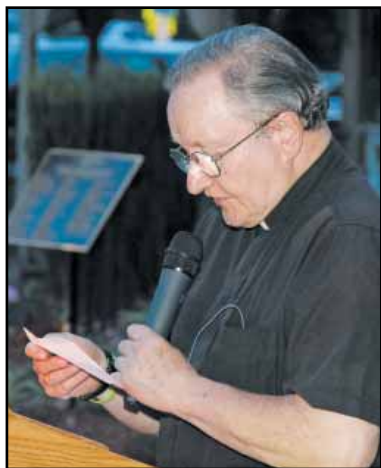
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## Now Open Weekends

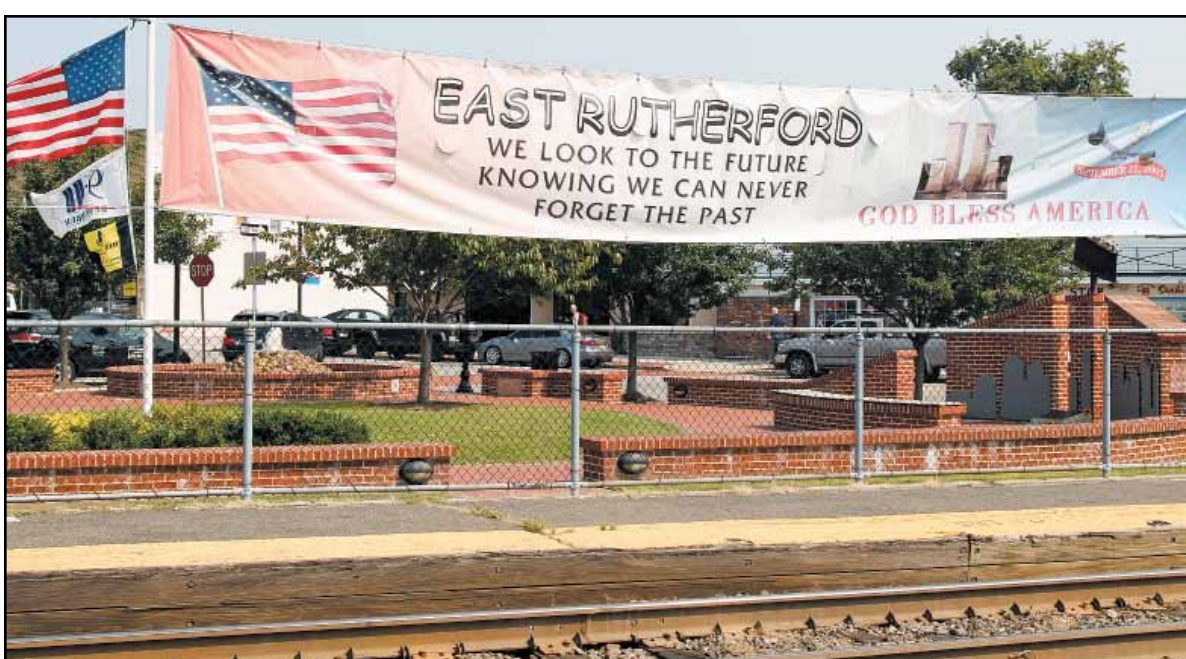


# Commemorating the 12





# 2th Anniversary of 9-11





## Bergen County Storm Recovery Information Center Now Available by Appointment Only

Located at Moonachie First Presbyterian Church, VOAD is a clearinghouse that offers a network of 50+ voluntary organizations ready to help you with your Superstorm Sandy recovery needs.

Services are provided on a case-by-case basis to renters, homeowners, and small businesses.

Services include information and referral, case management, mold inspections and mold remediation, tear-outs, debris removal, storm related repairs, financial assistance, donated goods, etc.

In an effort to streamline their service delivery system to effectively and efficiently serve their client's long term recovery needs, they will no longer accept walk-ins.

New intakes will be done

by appointment only. To schedule an appointment, call 201-470-3143 or email [disasterresponse@bergenvolunteers.org](mailto:disasterresponse@bergenvolunteers.org) and provide your name, phone number and address. New intakes shall be done within the allotted time frame of your appointment.

This facility serves all of Bergen County. For more information call: 201-470-3143 or visit: [www.bergenvoad.org](http://www.bergenvoad.org)

### Existing Clients (with case manager)

Clients with assigned case manager shall only be seen by their assigned case manager with prior appointment. Unannounced drop-ins are not permitted.

### Case Manager

After the initial intake, a

case manager to help you with your Sandy-related needs shall be assigned. Assignments shall be prioritized on a case by case basis depending on need and available resources.

### Crisis Counselor

A crisis counselor from Hope and Healing is always on premises to provide emotional support to residents affected by Sandy.

### Agencies Involved

The work is collaborative, so your case manager might be from another agency such as the American Red Cross, Catholic Charities, Jewish Family Services and the Salvation Army. All case managers have access to the same resources. ###

### Sandy Reference Links

- [sandyhelp.nj.gov](http://sandyhelp.nj.gov)
- [fema.gov/hurricane-sandy](http://fema.gov/hurricane-sandy)
- [sandynjrelieffund.org/](http://sandynjrelieffund.org/)
- [state.nj.us/dca/divisions/sandyrecovery/splash.shtml](http://state.nj.us/dca/divisions/sandyrecovery/splash.shtml)
- [nj.gov/njbusiness/](http://nj.gov/njbusiness/)
- [bergenvolunteers.org/](http://bergenvolunteers.org/)
- [redcross.org](http://redcross.org)
- [usa.gov](http://usa.gov)

## Superstorm Sandy Free Legal Clinic

If you have a legal issue(s) arising out of Supersorm Sandy, you are eligible to receive free legal counsel and advice and brief services from volunteer attorneys of Volunteer Lawyers for Justice.

Persons needing more involved assistance may, if financially eligible, be referred back to VLJ for placement with an attorney.

Upcoming clinic dates are October 17 and October 27, 2013 from 6 to 8 p.m. at the Recovery Information Center, Moonachie Presbyterian Church, 221 Moonachie Road, Moonachie.

To receive services, all issues must be related to Superstorm Sandy (*NJ matters only*).

### Sandy Art

Almost one year after Hurricane Sandy, local residents will convey their experiences through art during an exhibition in Gallery Bergen, the visual arts exhibition space at Bergen Community College in Paramus, 400 Paramus Road.

The mixed-media show, "Sandy: Artists Respond to a Once and Future Superstorm," will be on view from October 1 to December 4, 2013.

The exhibition features the photographs, paintings, prints, assemblage and video of 13 diverse area artists. ###

Documents to bring include: Correspondence with FEMA, insurance policies and correspondence with insurers, leases and correspondence with landlords and mortgages and recent mortgage statements.

If you cannot attend a clinic in person, call VLJ's toll free disaster hotline at 855-301-2525. ###

### Flood Insurance and Mitigation Helpline is Available

New Jersey residents with questions about the National Flood Insurance Program and mitigation techniques have a helpline to call to get the most up-to-date information.

The number is 1-877-287-9804 for people who need information about flood insurance, the latest maps, or other mitigation topics and issues. Policyholders with questions or concerns about their claims may also speak with NFIP specialists.

The helpline operates from 8 a.m. to 4:30 p.m., Monday-Friday. Additional information is available at [www.floodsmart.gov](http://www.floodsmart.gov).

More information on New Jersey disaster recovery is available online at [www.fema.gov/disaster/4086](http://www.fema.gov/disaster/4086) or [www.state.nj.us/njoem](http://www.state.nj.us/njoem) ###



### Moonachie Fire Department Gets Some Help

Moonachie volunteer firefighters, working to put their firehouse back together, got a welcome gift from another group of volunteers in honor of the September 11 National Day of Service.

Superstorm Sandy damaged the Moonachie firehouse, causing tens of thousands of dollars in damage. While repairs to the building are underway, replacement of items lost in the firehouse are not covered, including furniture and kitchen items.

A group of young adults from around the country, spending a year of service in the Americorps National Civilian Community Corps (NCCC), spent their September 11 helping the firefighters replace some of those items.

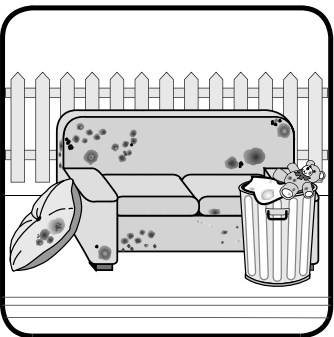
Based in Maryland, the NCCC team was assigned to Bergen County for a six-week deployment to assist in storm recovery efforts.

The team delivered the first part of the fire department's "wish list," including a leather couch, microwave, and other kitchen items. The items were donated by Corvelli Services of Whippany, Lanni Appliances of Rutherford, IKEA Paramus, and Bergen County's United Way.

The donations were coordinated by the Bergen County Long Term Recovery Committee, a coalition of 40+ organizations working to help residents recover from Superstorm Sandy. *Photo and story provided by Mariedyth Gayas, Bergen County VOAD.* ###

## Get Rid of Mold

After a flood, mold will grow in your house. It can make you sick. You will need to clean your house.



Take things that were wet for 2 or more days outside.

Things that stayed wet for 2 days have mold growing on them even if you can't see it.

Take out stuff made of cloth, unless you can wash them in **hot** water. Also take out stuff that can't be cleaned easily (like leather, paper, wood, and carpet).

Use bleach to clean mold off hard things (like floors, stoves, sinks, certain toys, countertops, flatware, plates, and tools).

Follow these steps:

- Never mix bleach with ammonia or other cleaners.
- Wear rubber boots, rubber gloves, goggles, and N-95 mask.
- Open windows and doors to get fresh air when you use bleach.
- Mix no more than 1 cup of bleach in 1 gallon of water.
- Wash the item with the bleach and water mixture.
- If the surface of the item is rough, scrub the surface with a stiff brush.
- Rinse the item with clean water.
- Dry the item or leave it out to dry.

**Protect your health and property.  
Contact VOAD for a FREE mold  
inspection. Funding is available for  
residential mold remediation.**





R. L. Craig students got a surprise visitor to welcome them back on their first day in their refurbished school on September 5, 2013. Governor Chris Christie met with the students, faculty and administrators in the gym, encouraged students to do their best in school and fielded their questions. ###

Moonachie Accomplishments

The Borough of Moonachie announced these accomplishments:

- Sanitary pump stations have been repaired.
- Burger King pump station has been repaired.
- The Bergen County Mosquito Commission has begun de-snagging the creeks, ditches and waterways.
- The Senior Center and Civic Center have re-opened.
- ADA playground repairs have been completed.
- Emergency vehicles have been replaced.
- Park repairs are ongoing.
- Four days of cleaning storm drains have been completed since May 1.
- Firehouse work has been started. ###

Stronger NJ Business Grants

The \$260 million Stronger NJ Business Grant Program is available to help small businesses and non-profits that have been damaged by Superstorm Sandy.

Under this program, grants and forgivable loans of up to \$50,000 per impacted location are available; businesses with multiple impacted locations may be eligible for an award of up to \$250,000.

Eligible costs for reimbursement under this program may include: working capital (operating expenses), inventory, equipment, machinery, furnishings, and prospective construction.

**Who is eligible?**

To be eligible, a business must meet at least the following:

- Have been in existence on the date of Superstorm Sandy, October 29, 2012
- Have at least one location in NJ and be registered to do business in NJ
- Have less than \$1 million in liquid assets
- Be a small business with annual revenues of at least \$25,000
- Have sustained a minimum of \$5,000 in Superstorm Sandy-related physical damage per location seeking assistance, which may include damage to real property or non-perishable, non-consumable inventory.

Please visit [njeda.com](http://njeda.com) or call 1 (855) Sandy-BZ or 1 (855) 726-3929. ###

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## Families Enjoy Open Cockpit Day

On Saturday, July 27, 2013, the Aviation Hall of Fame and Museum opened all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

The featured aircraft was the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack aircraft designed for battlefield surveillance and light strike capabilities.

Additional aircraft included a Cobra Gunship helicopter,

a one-of-a-kind 1950 Martin 202 airliner and a rare Lockheed-designed 402-2 Bush Master. Plus, a "Little-Cut-Up" demonstrator with working controls. Guides were available to explain each aircraft.

**The next Open Cockpit Day is scheduled for November 2 from 10 a.m.-4 p.m.** Admission is \$7 for adults and \$5 for seniors and children under 12. For more information, call 201-288-6344 or visit their website at: [www.njahof.org](http://www.njahof.org) ###



## Anniversary Dance Party

On Saturday, September 7, 2013, Edie's Dance Factory held an Open House Dance Party to celebrate their 40th Anniversary. There were dance demonstrations, dress-up booth, stage make-up demonstrations, arts and crafts, face painting and goody bags. *Photo by Marie Gallo. ###*

**Welcome Back!**  
**We Appreciate Your Patience.**

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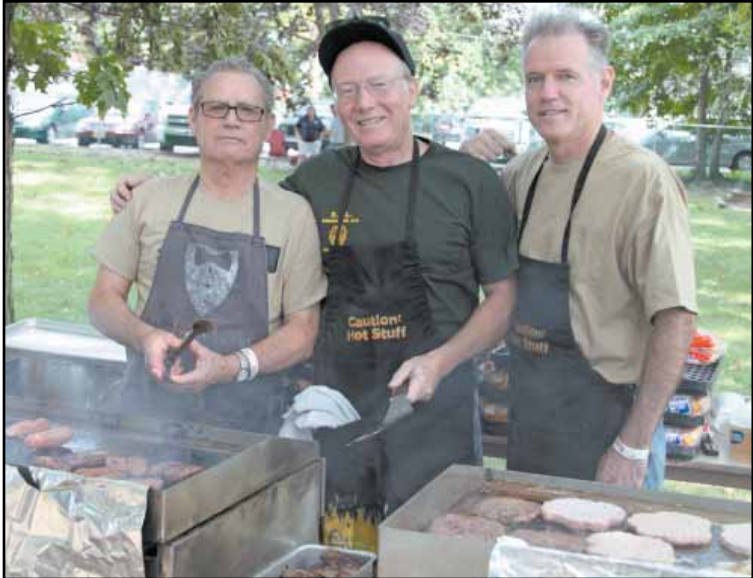
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## American Legion Picnic

On Saturday, September 14, 2013, American Legion Post 310 in Little Ferry, held their 31st Annual Picnic from 1 to 5 p.m.

About 200 enjoyed a menu including hamburgers, hot dogs, sausage and peppers, corn on the cob, clam chowder, clams on the half shell, and salads, with beer and soda included. Special guests included

Veterans from the Menlo Park Veterans Home. Music by DJ Jack Jam. ###



## Remembering POWs and MIAs

The VFW Post 809 held a POW/MIA remembrance service on September 20, 2013.

During WWII, Germany took 95,500 prisoners who suffered food shortages and unsanitary conditions. Japan took 27,465 prisoners and subjected them to murder, beatings, forced labor, medical experimentation, etc. An estimated 33% would die in captivity.

In the Korean War, those captured were subjected to torture and executions, malnutrition and diseases. It was reported that 900 were never given back to the United States.

In Vietnam, POWs were subjected to torture, starvation, beatings and murder. Like Korea, there is speculation as to whether we received all of our

men back when the War ended.

The War in Afghanistan and Iraq brought new horror. Without reason or compassion, they executed prisoners (*civilian and military*) and put the execution on the internet. They have hung our countrymen from bridges and thrown their bodies into rivers.

In WWII, 400,000 lost their lives, but forgotten are the 73,000 who went missing in action. In Korea, 53,000 lost their lives, but forgotten are the 7,500 who went missing in action. In Vietnam, 58,000 lost their lives, but 1,600 went missing in action. During the Cold War, 126 are missing in action. To date, seven are missing in action from the Middle East.

Master of Ceremonies

Thomas Marshall noted that, "we must not forget the sacrifices of these comrades ... they must remain alive in our minds and hearts and we must continue to give our moral support to their families who continue to suffer."

To the thousands of POWs that have survived captivity, we can never repay you for your suffering. We are forever grateful for your services. To our missing comrades, know that we continue our search to account for each one of you. We will never stop our search."

An Altar was prepared where Post Officers placed their symbolic tributes. A table, filled with symbolism, was set by the Ladies Auxiliary, in their honor. ###





# Veterans Today

By Thomas Marshall

On October 21, 2013, the Ladies Auxiliary will host a Soup “N” Sandwich from 10-4 p.m. at VFW Post 809 on 100 Main Street, Little Ferry. Try-out different soups and sandwiches and enjoy the company of some of your neighbors.

On October 26, VFW Post 809 will host their Annual Ragamuffin Parade at the Post Home. Line-up is at 12:30 p.m. Bring out your little monsters and have some Halloween fun.

Also on October 26, VFW Post 809 and the Little Ferry Hook and Ladder will host a Fall-Holiday-Flea Market at 100 Main Street, Little Ferry.

It will take place from 9 to 4 p.m. Tables for vendors can be rented for \$20 outside and \$25 inside. Tables are limited call 201-641-9759.

I would like to correct a mistake I made last month. The Battle of Fort McHenry was in 1814 not 1813. I made an error in research and hope it didn't cause any confusion.

## Tecumseh

Tecumseh was a Shawnee Indian Chief that was born along a river in Ohio in 1768. Born in a world of warfare and violence, it became a part of his life at an early age.

His father was killed by white settlers. His mother left him in the care of an older sister to travel west to move away from the people moving into the lands taken by the settlers.

As a young warrior he was involved in raiding the flat boats coming up the Ohio River. A story about one of the raids is interesting in that it showed his character. He broke away from the other raiders, apparently, when one of the white prisoners was taken and burned at the stake, he ordered his band of raiders to never torture a prisoner in front of him again.

Tecumseh traveled south in 1779 with his older brother and raided near Nashville, Tennessee. His older brother was killed and he assumed command of the raiding party there.

He went back to the Ohio area in 1790 and took part in the Battle of Fallen Timbers where another of his older brothers was killed. Tecumseh didn't want to make peace. He had cultivated a strong hatred of the settlers moving in on the ancestral Indian lands. The Indians signed the Treaty of Greenville in 1794, but he walked out and never signed it.

William Henry Harrison was the Governor of the Illinois territory. He made treaties with the Indians and bought land

from them. He bought land from the Miami Tribe with the treaty of Fort Wayne.

They sold 3 million acres to the United States. By this time Tecumseh was well known throughout the frontier as a great speaker.

He wanted to get all the tribes in the United States to oppose any more land deals and westward movements of settlers onto anymore Indian land. He spoke out against the “Peace Chiefs” of the Miami Tribe that just sold the land of the Shawnee to the whites.

Governor Harrison asked Tecumseh to meet with him to clear the air and discuss the matter.

In August 1810, Tecumseh showed up at the meeting with a large group of warriors. Harrison didn't miss the threat.

He spoke to Tecumseh and told him he bought the land from the chiefs and the deal was lawful. Tecumseh went into a long speech about how the deal was not lawful and should be nullified.

A story of the meeting comes down to us that a Shawnee Indian that was friendly to Harrison pulled the hammer back on his pistol.

Harrison didn't understand the language of the Shawnee. The click of the hammer was a signal that things were breaking down. Harrison drew his sword and prepared to fight. Calmer heads prevailed and the Indians left. Tecumseh told him that if the deal was not nullified he would get the Indians to join the English.

Tecumseh traveled south to gain support for his Confederacy. While he was gone, Governor Harrison took 1,000 soldiers as a show of force to the Tippecanoe River near Battle Ground Indiana, to get the Shawnee to comply with the land deal.

Tecumseh's brother Tenskawatawa was known as a prophet. He told the Indians that his magic will make the soldier guns fail and turn their bullets into mud. He said he would lead them on a surprise attack the next morning.

On November 7, 1811, the Indians surrounded the soldiers. A picket spotted the Indians and fired his musket. The surprise failed, and so did Tenskawatawa's magic. The Indians were repulsed with heavy losses.

When the War of 1812 began, true to his word, Tecumseh and his Confederacy of Indian Tribes sided with the British.

In August 1812, he helped the British Army in the siege

of Detroit. He marched his warriors around and circled to march again in view of the defenders of Detroit.

The defenders thinking they were outnumbered surrendered. Although things were looking up for Tecumseh they wouldn't stay that way. A battle took place in which he was not part of that would change the course of history.

On September, 13, 1813 the Battle of Lake Erie took place. It was a naval engagement and the British were defeated.

Control of the Lake now shifted back to the Americans. The British could not supply Detroit so they decided to abandon it.

Colonel Henry Procter of the British Army began his retreat across Ontario, Canada. Tecumseh was furious because the Tribes had now lost all protection the British and Indians provided.

Governor Henry Harrison pursued his enemy close behind. Tecumseh after several days on retreat had had enough.

He told Colonel Procter that he and his Indians would retreat no more. If the Colonel wanted to run then leave the guns and ammunition for the Indians to use.

On October 5, 1813 Procter did stop and they got ready for battle along the Thames River near today's Chatham Kent, Ontario.

He choose a swampy area to give his outnumbered men protection. Procter's error here is that he never took into account the American Calvary.

When Harrison arrived with his Army he sent his Calvary into battle first. They rode over the British line and get behind them. Then they dismounted and used rifles to shoot the British from behind. The British scattered and hundreds were taken prisoner.

Tecumseh and his warriors fought on for a couple of more hours but when word was passed along that Tecumseh was killed the Indians broke off the fight. William Henry Harrison won an incredible Victory.

Tecumseh's death is still a mystery. No one really knows what happened to his body. Some said he was shot with a rifle and he walked into the woods to die. Some said he was killed and skinned for souvenirs.

What we do know is that although he was no friend to America, he was a brave and outspoken enemy. Perhaps that is why his memory is still with us today. ###

*He that is of the opinion money will do everything may well be suspected of doing everything for money. B.F.*

# A Sign of Desperate Times

There are blue signs marked “Washington's Army Retreat Route 1776” that are located around South Bergen County. There are signs, at least, at three locations in Hasbrouck Heights: Williams and Collins, Woodside between LaSalle and Madison, and on Passaic by the Bible Baptist Church.

On the evening of November 19, 1776, British General Lord Cornwallis and about 2,500 men crossed the Hudson River in an effort to attack and capture Fort Lee on the New Jersey side of the river.

It was his intention to surprise the forces under General George Washington here.

Because of some confusion on the location of the landing site, General Cornwallis did not land until dawn.

His men had to climb to the top of the Palisades and drag their artillery up along a four foot wide path. Because of this delay they were not ready to march south to Fort Lee until 2 p.m.

By this time the British had been detected and word reached General Washington who was then at the Peter Zabriskie House in Hackensack.

He sent word to Fort Lee to retreat and then went to oversee his men as they fell back.

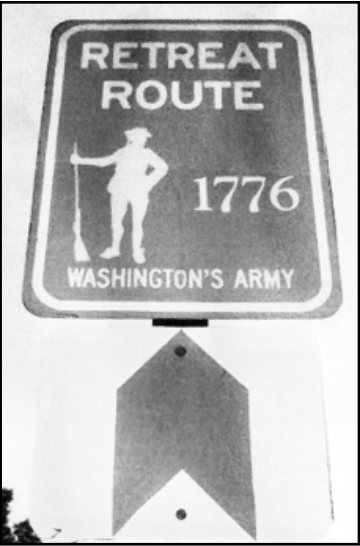
There were about 936 men at Fort Lee at this time. Washington and most of his men crossed the Hackensack River at New Bridge. He ordered that the planks be taken up after they crossed.

## Vietnam Veterans of America Meetings

Vietnam Veterans of America Chapter 800, 100 Main Street, Little Ferry, NJ, cordially invites you to attend their general meetings held on the third Monday of each month at 8 p.m. (*excluding August*).

They welcome any Veteran and non-Veteran who would like to become a member of the Vietnam Veterans of America Chapter 800.

For more information go to: <http://www.vvachapter800.org/> or email: [als69vet@optonline.net](mailto:als69vet@optonline.net) ###



A small part of his command went south and crossed at Little Ferry by boat. Both groups reunited at Hackensack. Here the men spent a cold and damp night without tents as they left them at Fort Lee.

Early the next morning the troops started their long retreat that would end at Valley Forge in Pennsylvania.

They at first went west on what is now Essex Street, then south to Polifly Road to Terrace Avenue in Hasbrouck Heights.

They then turned west in the area of Williams Avenue. On what is now Woodside Avenue, they turned south to Passaic Street and Terhune Avenue in Wood-Ridge and Lodi.

At Main Street they went into Wallington, which is now Main Avenue.

At the Passaic River they crossed over the Acquackanonk Bridge. Washington ordered this bridge to be burned. Washington and his men traveled to Newark and Trenton where they crossed the Delaware River. The British followed at a leisurely pace.

During the next five years Bergen County was subjected to a number of raids from both sides for supplies and reprisals for personal agendas.

In March of 1781, a British force sailed up the Hackensack River and landed at Moonachie but were routed by the local militia.

Also, in 1781 there were again the movements of two armies through the state, however this time it was the French and American Armies on their way to trap General Cornwallis at Yorktown. *Story by James Halloran. ###*

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# Artful Thinking

By Artie Maglionico • Lodi Historian

On September 1, 2013, a Labor Day weekend breakfast was held at the home of Caterina Vara of 106 Arnot Street in conjunction with the annual St. Joseph Feast.

In attendance were Caterina, children Bella and Nick Vara, niece Fran Guido, children Janelle, Jeffry, and Joe, Catherine Vara Soloman, husband Roger, children Jacklin, Josh and Justin.

The guest list included his Honor Mayor Mark Shrieks, school board members Mike Nardino and wife Mary Ann, Carol D' Amico and husband Joe. Special guests were the Saint Joseph Society Marching Band.

The breakfast is a 52 year old Vara family tradition that began as buttered rolls and

coffee for members of the band of which Caterina's husband Frank Vara was a member carrying the St. Joseph Banner. "My husband was a member of the Saint Joseph Society and marched with the band during the Feast." Says Caterina, "He invited the band to have breakfast the day before Labor Day. From there it has grown into a community get together...a Lodi tradition like the Feast."

Frank Vara passed away on June 21, 2012 but his close knit family honors his memory by keeping the tradition that he started 52 years ago alive. The food, most of which was prepared by Caterina and family, included scrambled eggs and bacon, fresh ham, buttered rolls, French toast, pancakes and delicious crumb cake that went well with the juice and hot coffee. It was all blessed, guests included, by Pastor Father Michael Marotta of The St. Joseph Church. A marvelous time was had by all.

Thirteen year old Singer/Guitar Player Brittany Ann Vander Groef of Lodi performed at a Senior Club Luncheon on Tuesday, August 27 2013.

Her rendition of "The Sun Will Come Out Tomorrow," from the play Annie, and "How Great Though Art" wowed the audience which included her grandmother, Dolores Mc Clarin. Brittany Ann is a member of the Saint Joseph Choir

under the directorship of Millie Connely.

At that same luncheon accolades were given to member Jenny Spatuzza whose son, Joseph, a Port Authority officer, stopped a loose tractor trailer tire from crashing into a number of cars that were stopped at a traffic light. Spatuzza reportedly wedged the tire against the guard rail with his car with only minutes to spare.

On the 9th of July our busy Seniors held a "make your own sundae" ice cream party. Members dove onto their favorite flavor, (*which by the way included vanilla, chocolate, strawberry, and butter pecan*), to create a sundae that lasted well into mondae...I mean Monday! The Bill Nunno Law Office donated a cool \$150 for the ice cream fest in honor of mother-in-law Marie Insera.

Hey folks if you couldn't make it to Atlantic City this past summer hold onto your money belt. On the 19th of October the Boys and Girls club of Lodi is presenting "Casino Night." The event begins at 6:30 p.m. and will cost you \$60 per ticket...\$50 each for a group of six. The evening includes a festive buffet, beer, soda and your favorite game of chance...good luck.

While we are on the subject of gambling, the Lodi Seniors are at it again. On the 30th of October they have scheduled a bus ride to Mount Airy Casino in Pennsylvania.

You might want to check this trip out folks and here is why...The bus ride is \$ 20 per person but you get back \$25 for play money as well as a \$10

meal ticket. If you lose your money at least you won't go hungry.

I'll tell you I need all the good luck I can find...Last week I went to the race track and bet on a horse that went off at fifteen to one...it came in at a quarter past two!

Oh by the way...for you folks going on that Mount Airy trip let me remind you that the 30th of October is "All Hallows Eve."

You'd better arrive home before the witching hour or your bus might turn into a jack o'lantern. If you happen to see program director Gloria Sysak tell her to please return my broom!

Halloween has always been a favorite of mine. Unfortunately it's probably the only "holiday" in America where you still have to go to school unless of course it happens to fall on the weekend which hardly ever happened at least during my own child hood.

It was a night of frolicking about with ghosts, Frankenstein monsters (*which always scared the heck out of me*) vampires and goblins of all shapes and sizes.

The following is a children's poem I wrote about Halloween. It is taken from a book of children's poems I wrote, yet unpublished, a few years ago. It's called, appropriately enough:

## The Night Called Halloween

Ghosts and Goblins are coming to town

And soon will be roaming the streets.

Wolves will be howling and Ghouls will be prowling

Scaring us out of our seats.

The old wicked witch will arrive on her broom

Casting her spells in the night.

Jack O Lantern is there to tell us "beware"

Cause we're certainly in for a fright.

The moon will be spying from up in the sky

At the mischief that's happening below

Our hearts will be beating while tricking or treating

Watch out for that funny scare crow.

Yes Ghosts and Goblins are coming to town

Their magic is sure to be seen.

So let's get prepared to be pleasantly scared

On the night that we call Halloween.

*fini*

Have a happy and safe Halloween

Not too much candy corn!

Alright...let's see... what else is going on in our enchanted little hamlet of Lodi, NJ.?

Oh, before I forget, Mike Nardino, skipper of the Boys and Girls Club of Lodi, wants to remind you that registration for the after school program is still open.

The program continues to be a safe place for a kid to come home to. They even get to enjoy a well balanced dinner. I heard that Nardino is doing the cooking. ###

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Real Estate Insight

By Mary Ellen Courtney

Working In Real Estate And Loving It, Too!

A few months ago, Career-Bliss.com released its list of jobs with the highest and lowest 'Happiness Index'. It analyzed reviews from more than 70,000 employees in 2012.

Based on its findings, Forbes published a report outlining the 'Happiest and Unhappiest Jobs in America'.

Of the 10 unhappiest jobs in the US, Associate Attorney is #1, with the low joy score of 2.06.

So, what's the happiest? Real Estate Agent! A veritable

bliss score of 4.46. Fact is, for most of us in the business, the news isn't surprising. We love what we do! But what is it exactly that makes real estate agents so happy in their chosen profession? I decided to query a number of career associates in our office and share with you their opinions on the subject...

**Q. Why did you become a real estate agent?**

• Sue R: This career allows you to basically set your own destiny, that's what attracted me. The possibilities are endless. Some people are happy selling 3 houses a year, others are happy selling 100 houses a year. You make of it what you want. And I like the flexibility. I like that I'm my own boss. I can be working hard, searching homes, buyers...and I'm sitting in my kitchen!

**Q. What do you like being an agent?**

• Michelle T: I love when I help my clients achieve their dreams, whether it's buying or selling. Real estate is going to be the most expensive investment these people make in their life. When I can find a buyer's dream home or get a fantastic offer on the sale of a seller's home... it's like such a high! I love it when I can achieve the goals on both sides of the table.

• Kate P: It's fast moving, fast paced, ever changing. You're never doing the same thing twice. Each home is different, each buyer is different. There are so many variables: the economy, home prices, interest rates, etc. I love the

challenges of listings and the creativity involved in marketing a home. The pay is great, the upsides are great!

**Q. What are the best parts of the job?**

• Rob F: A good percentage of my clients become my friends; my wife and I will go to dinner with them, we'll go to their BBQs, to their kids' birthday parties, ball games, and so on. I'm at a point in my career where a good part of my business is referrals of past clients. These friendships and relationships that I've developed in real estate would never have happened if I were still in the corporate world, sitting in a cubicle, working from 9 to 5.

**Q. For whom is real estate not right?**

• Mariann R: People who want or must have weekends off. People who don't like spontaneity. People who don't like engaging in conversation. People who don't like people! In my job you need to have empathy. There are days when I feel like a therapist because it's not uncommon to have sellers that are divorcing.

• Maria B: Introverts. You have to be open. You have to be willing to talk to people. You have to be willing to put yourself out there. You have to be comfortable selling because you're selling all the time. And you really have to be genuine about what you're doing because people see right through it if you're not.

And there you have what we realtors think of this business. To paraphrase Archie Bunker: "In 50 years (selling real estate), he never worked a day. To him, 9 to 5 was odds on a horse." ###

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

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The Rosary Society of Corpus Christi Church schedule for the upcoming months includes:

- Sunday, October 6 – Annual Communion Breakfast at the **Fiesta** following ten o'clock Mass in the Chapel. The donation for the breakfast is \$18.
- Thursday, October 10 – General Meeting – Induction of New Members and Brown Bag Auction.
- Thursday, November 7 – General Meeting – Collection of Christmas gifts for local children (*new and unwrapped gifts*). Christmas Gathering tickets will be available.
- Wednesday, December 4 – Christmas Gathering at the Graycliff in Moonachie, 6 to 10 p.m. Details will be discussed at our General Meeting.

We encourage the women of the parish to join the Rosary Society. Members are required to say one decade of the Rosary daily, to attend monthly meetings (*first Thursday after the first Sunday of the month*), to pray the Rosary for deceased members, and to participate whenever possible in various service projects.

Simply come to a General Meeting or call Membership Chairperson Maria DeFedele at 201-727-0820 for further information. *Story by Carol Viceconte. ###*

Pre-Cana for  
Engaged Couples  
to be Held in W-R

Assumption Church in Wood-Ridge will be offering a full day pre-cana program on Sunday, October 27, 2013.

Engaged couples who participate will attend the 11 a.m. Mass where their engagement rings will be blessed. At the end of the Mass they will report to the Hayes Center where a light lunch will be served.

Throughout the remainder of the afternoon the couples will have an opportunity to discuss honestly with each other their strengths and weaknesses in family living, communication, finances, Christian sexuality, problem solving, the Sacrament of Matrimony and their role in the Church and society, all under the supervision of married couples.

The pre-cana program ends at approximately 7 p.m. All engaged couples who will be married within the next year should consider attending.

If you need more information or wish to sign up, please contact Marie at 201-288-0276. *PG. ###*

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and The Mystery  
of Suffering

The Book of Job is regarded as one of the world's literary masterpieces. It contains some of the finest, most expressive poetry in the Bible.

It is also generally regarded as a study of the mystery of evil, but Christian theologian, Richard Rohr, writes that he prefers to look at the Book of Job as "the anatomy of a conversion." Rohr reads the Book of Job as a "journey into an ever-deepening encounter with God."

The Book of Job can help us face life's greatest pains and losses. It helps us see suffering and the wounds we all bear as sacred.

This study of the Book of Job will include an exploration of Psalms of Lament and the book of Lamentations.

We invite you to come and participate in a discussion of the passionate testimony of an innocent man who went from being a victim to being a survivor.

Four sessions will be held on Tuesday evenings in the multi-purpose room at Holy Trinity, 92 Burton Avenue in Hasbrouck Heights at 7 p.m. from October 15 to November 5, 2013. For more information, contact Pastor Susan at pastorsusannj@aol.com or at 201-288-6889. *JD. ###*

Adult Care Brief  
Bank Seeks Drive  
Hosts and Donations

The Adult Care Brief Bank, in conjunction with the Caregivers Coalition and Center for Food Action of Bergen County, is seeking donations of adult diapers and bed pads and asking Bergen County residents to host adult care brief bank drives and spread the word at their place of employment or worship or their school, gym, etc.

More than one million New Jersey residents are over the age of 65 and over 25 million older Americans experience some form of incontinence.

However, the NJ Foundation for Aging reports that 25% of the state's senior population cannot afford basic needs, including adult diapers and bed pads.

Adult diapers and bed pads cost seniors an average of \$100 a month. With access to adult diapers, seniors can remain active, mobile, and productive.

To hold a drive contact Marlene at 201-725-8928. For more information visit cfanjan.org ###

Blessing of  
the Animals

St. Francis of Assisi is remembered not only as a friend of animals, but primarily as a renewer of the Church, urging the Church to be faithful to the Gospel.

Francis, the son of a wealthy cloth merchant, renounced his wealth and future inheritance and devoted himself to the poor. He said that all followers of Christ had the task to preach the Gospel and to "use words if necessary."

In commemoration of St. Francis, you are invited to join on Sunday, October 6, 2013, at 12:30 p.m. at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. Bring your pets for a brief, but maybe raucous, special blessing of the animals service. *JD. ###*

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Prayerful Reflection

## Silent Retreat

Christus Rex Catholic men's silent retreat is scheduled for the weekend of October 18-20, 2013, at the Jesuit Loyola Retreat House in Morristown, NJ. Free will offering.

Retreat house details at: [www.loyola.org](http://www.loyola.org). Call 201-288-8656 for more information.

*You owe it to yourself to attend at least one silent retreat in your lifetime.*

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## Assumption Parish Picnic

Our Lady of Assumption Parish in Wood-Ridge will hold their annual parish picnic on Sunday, October 20, 2013. The Knights of Columbus of St. Anthony's Council 11585, under the direction of Council President Gary Lepore, will be serving up hot dogs, burgers, hero sandwiches, salads and other trimmings and refreshments. The picnic will begin at 12:30 following the rededica-

tion of the statue of Our Blessed Mother Mary in front of the Fr. Hayes Center. This ceremony will begin after the completion of the 11 a.m. Mass. They plan on having face painters and a clown making balloon animals to entertain the children. The football fans will have the game on TV.

The annual 50/50 drawing will also be held at the picnic. Tickets are \$10 each and available each weekend at all Masses. First prize is expected to be over \$3,500.

Thanks to the ongoing generosity of Mr. John Podesta of Kohler Funeral Home, there will be no charge to attend the picnic. You may bring items such as cakes, cupcakes, brownies, cookies or other finger desserts for the dessert table.

Reservations are requested for the picnic. A reservation form is in the weekly bulletin. Call raffle and picnic chairman Jack Nagel at 201-641-2803 with any questions or to make reservations. ###

## Family Communion Breakfast Oct. 13

Rosary Altar Society of Saint Joseph's Church in East Rutherford and the Holy Name Society is sponsoring a Family Communion Breakfast on Sunday, October 13, 2013, immediately following the 10 a.m. Mass. It will be held at the **Fiesta** in Wood-Ridge. The guest speaker will be Fr. Richard Husted, O.F.M.

Donation is \$18. For tickets call Dolores at 201-939-5163. ###

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Annual Blood Screening Program

The Hasbrouck Heights Board of Health will be offering their Annual Blood Screening Program on Thursday, October 3, 2013, from 9 a.m. to 11 a.m. in the Senior Room at Borough Hall.

The program is an excellent opportunity to check on your body's internal wellness. The cost is \$20 cash only for a Blood Chemistry Profile, which will consist of a Chem. 23, Lipid Profile, CBC and T4 (thyroid).

A copy of the results will be sent directly to your private medical doctor and another mailed to the participant.

Additional screenings will be available; PSA (*Prostates Specific Antigen*), a blood-screening tool for detection of prostate cancer will be an op-

tion for all male participants at a cost of \$30 (*cash*) and a Vitamin D25, OH, Total Screening at a cost of \$30.

This program is available to everyone. Registration and payment must be made in advance at the Hasbrouck Heights Health Department, 320 Boulevard, Monday through Friday 10 a.m. to 3:30 p.m.

At the time of registration please bring two large stamped envelopes, your name and address on one and your physician's name and address on the other.

A 12-hour fasting period is required prior to your time on October 3. Refreshments will be served. If you have any questions please call the Health Department at 201-288-1636. ###

2013 Senior Flu Shots

Adult influenza vaccine injections are provided to residents over 65 years of age. Adults 65 years and older are required to bring their Medicare card (Part B). Residents who are covered by Managed Care Plans (HMO) are requested to see their private physicians for the vaccine. No pre-registration is required.

Adults under 65 and/or those who do not have a Medicare Part B card will be charged a fee for the Flu Vaccine. Limited vaccine is available for those under 65 years old.

For more information and details call your Health Department.

• East Rutherford: Tuesday, October 15 from 2 to 3 p.m. at the Civic Center.

• Moonachie: Wednesday, October 2 from 10:30 to 11:30 at the Civic Center.

• Wood-Ridge: Tuesday, October 8 from 1:30 to 3 p.m. and Thursday, November 7 from 5:30 to 6:30 p.m. at the Senior Center. ###

Learn Tai Chi Workshops

The Free Public Library of Hasbrouck Heights sponsors workshops focused on Tai Chi Short Form. Workshops are free and people of all ages are encouraged to attend. They are held in The Library, 320 Boulevard, from 7 to 8:30 p.m. on the third Monday of every month. These workshops will teach you what Tai Chi is, how to perform the basic movements, and how you benefit from it. No registration is required. For details, please call The Library at 201-288-0488. ###

Moonachie Health Consultations

Free health consultations are available at the Moonachie Civic Center on the 1st (10:30 a.m. to 12:30 p.m.) and 3rd (11 a.m. to 1 p.m.) Wednesdays of the month.

Confidential services include: health history evaluation, blood pressure measurement, heights and weight measurement, individualized counseling and education, referral and follow-up with a public health nurse.

This program is sponsored by Community Development in cooperation with the Bergen County Department of health Services. ###

Blood Pressure Check

The Carlstadt Health Department, in conjunction with the Health Awareness Regional Program of HackensackUMC, offers a free blood pressure program on the third Wednesday of every month, from 11 a.m. to 1 p.m., at the Carlstadt Senior Civic Center.

Program includes information: prevent and manage blood pressure, body fat composition, manage stress, nutrition for healthy living, community health resources, etc. For more information call 551-996-2038. ###



Filling You In

By Jeffrey E. Mason, D.M.D.

More About Bruxism

Bruxism is the technical term for grinding and clenching of the teeth that may cause facial pain. People who grind and clench their teeth, called bruxers, unintentionally bite down too hard at inappropriate times, such as in their sleep. In addition to grinding teeth, bruxers also may bite their fingernails, pencils and chew the inside of their cheek.

People usually aren't diagnosed with bruxism until it is too late, as many people don't realize they have the habit.

Others mistakenly believe that their teeth must touch at all times. About one in three people suffer from bruxism, which can easily be treated by a dentist.

Causes

People who have otherwise healthy teeth and gums can clench so often and so hard that over time their teeth become sensitive. They experience jaw pain, tense muscles and headaches along with excessive wear on their teeth. Forceful biting when not eating may cause the jaw to move out of proper balance.

Bruxism is triggered by people with certain types of personalities. They may have nervous tension and a hard time handling stress. Anger, pain and frustration can cause people to start showing the beginning signs of bruxism without them even knowing it. People who are aggressive, competitive and hurried also may be at a greater risk for bruxism.

What Are the Signs?

When a person has bruxism, the tips of the teeth look flat. Teeth are worn down so much that the enamel is rubbed off, exposing the inside of the tooth, which is called dentin. When exposed, dentin may cause the tooth to become sensitive. Bruxers may experience pain in their temporomandibular joint (TMJ), which may manifest as popping and clicking of the jaw. Tongue indentations are another sign of clenching.

What Can be Done?

Your general dentist automatically checks for physical signs of bruxism and if it seems to be present the condition may be observed over several visits before recommending and starting therapy.

The objective of therapy is to get the bruxer to change behavior by learning how to rest the tongue, teeth and lips properly. When some people become aware of their problem, simply advising them to rest their tongue upward with teeth apart and lips shut may be enough to change their behavior and relieve discomfort.

However, the dentist can make a plastic mouth appliance, such as a night guard, that's worn to absorb the force of biting. This appliance can prevent future damage to the teeth and helps change the patient's destructive behavior.

If teeth grinding is due to stress, a bruxer may be able to prevent the problem with counseling or strategies that promote relaxation, such as exercise and meditation. Biofeedback is used to treat daytime clenchers by using an electronic device to measure muscle activity and to teach patients how to reduce muscle activity when the biting force becomes too great.

Source: Academy of General Dentistry Reviewed: January 2012

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

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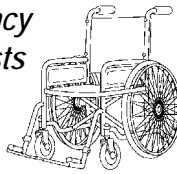
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*The Museum will re-open to the public at noon.*

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## Rutherford PBA Halloween Foot Pursuit

On Saturday, October 26, 2013, at 10 a.m., Rutherford PBA 300 will sponsor its 2nd Annual 5K/1 mile walk beginning at Memorial Park in Rutherford.

Course is sanctioned and certified by USATF-NJ. Timing and scoring is done by "Elite Racing Systems," with results posted at: [www.eliteracingsystems.com](http://www.eliteracingsystems.com)

There will be monetary awards for top three overall male and female finishers and best adult costume and best children's costume.

"T" shirts and race packets are available while they last.

Check-in begins at 7:45 a.m. Costume contest judging at 9:30. 10 a.m. 5k run begins. 10:05 1 mile walk begins. 11 a.m. BBQ and activities begin. 11:30 a.m. ceremony/costume awards.

Day of race registration is \$30. To register go to: [rutherfordpba.com](http://rutherfordpba.com). Proceeds to benefit Rutherford PBA Local 300 and Angelwish. ###

## Lodi Little League To Host 2013 Awards Brunch

The Lodi Little League will host its annual Awards Brunch at The Elan Restaurant, 111 Route 46 West, Lodi on Sunday, October 20, 2013, starting at 10 a.m.

Each baseball or softball player who sold their required box of fund raising candy will receive a free ticket and a trophy. Parents will be required to pay a \$30 admission fee. Children who did not participate in the Little League program or who did not sell their required fund raising candy will pay \$25.

Tickets may be picked up at the Little League Club House at 72 Church Street, Lodi, any Monday, Wednesday or Friday evenings from 6 to 8 p.m. Players are also required to turn in their uniforms from the 2013 season.

Baseball and softball registration for the 2014 season will also take place at this time.

Questions can be directed to 973-591-1137. ###

## Moonachie Mystery 5K Run

The South Bergen Rotary Club is gearing up for its 2nd Annual Moonachie Mystery Run to be held Saturday, October 26, 2013. Starting line will be right outside the ball fields on Redneck Road.

Check in begins at 7 a.m., race starts 9 a.m. and "Fun Run" starts at 10 a.m.

Course is USATF Certified and Sanctioned with Compuscore bar-code scoring.

Registration fee is \$25 per runner until October 19, and \$30 day of race, \$5 per fun runner until October 19, and \$7 day of race.

Prizes for top male and female overall, and top three finishers in each age group. Also, prizes for best costumed male and female runner plus there will be three prize winners for "Best Decorated House on the Course." There will be "T" shirts, food, DJ and great goodie-bags.

Proceeds will benefit Parent Project Muscular Dystrophy ([www.parentprojectmd.org](http://www.parentprojectmd.org)) and other local charities.

Details and registration at [compuscore.com](http://compuscore.com), [www.moonachiemysteryrun.com](http://www.moonachiemysteryrun.com) or [southbergenrotary.org](http://southbergenrotary.org). ###

## 5K Walk Oct. 5 at Depken Field

The Children's Dyslexia Center of NJ, located at 301 Division Avenue, will sponsor its 7th Annual Hasbrouck Heights 5K Walk to help support Dyslexic children on Saturday, October 5, 2013, at Depken Field. The course is 5K (3.1 miles).

The Walkathon will be

held rain or shine. Registration starts at 9 a.m. and the Walk begins at 10 a.m. Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register prior to the event will receive a commemorative "T" shirt at registration. Refreshments will be available.

Proceeds go directly to the cost of training tutors and tutoring children. Make checks payable to: Children's Dyslexia Center of NJ, indicating Hasbrouck Heights on the memo line. Send to Hasbrouck Heights Learning Center, 301 Division Ave., Hasbrouck Heights, NJ 07604 or call 201-288-1183. ###

## Felician College Annual Golf Classic on October 8

The 28th Annual Felician College Golf Classic will be held on October 8, 2013, at the Glen Ridge Country Club, 555 Ridgewood Avenue, Glen Ridge, NJ.

Registration and lunch begin at 11 a.m., with a 1 p.m. shotgun tee-off. Cocktail reception, dinner and award presentation are at 6 p.m.

Cost is \$350 per player, \$1,400 for a foursome. Cocktails and dinner only is \$150.

New to golf? The Felician College Golf Team and the Glen Ridge Country Club PGA pro will be conducting a clinic to teach you the basics of the game. Cost is \$200 per person and cocktail reception and dinner are included.

Cart, hole and event sponsor opportunities are available. Visit <http://alumni.felician.edu/golfclassic> for more information and to register. ###

## Wood-Ridge Mayor's 5K

Wood-Ridge Mayor Paul Sarlo and the Borough are sponsoring their 4th Annual USATF-NJ Certified 5K run on Sunday, October 13, 2013, at 10 a.m. with a start/finish at the Wood-Ridge High School. This event also includes a Kids Fun Run: under 5 years/50 yards, 6-9 years/100 yards and 10 years and older/ 1/4 mile dashes.

Awards for the top three male/female overall, first Wood-Ridge male/female finishers, 15 age-division medals and gift certificates, finisher medals for Fun Run participants, and team participation awards.

There will be Super-Tech "T" shirt, with live music and Outland DJs. Walkers & families welcome.

Cost for the 5K is \$20 (\$18 USATF), race-day registration is \$25, and Fun Run is \$5.

Proceeds to benefit Cystic Fibrosis Foundation and Tomorrows Children's Fund.

To register on-line go to: [www.raceforum.com/wood-ridge](http://www.raceforum.com/wood-ridge). For more information call 551-486-6805 or visit [www.njwoodridge.org/5krace](http://www.njwoodridge.org/5krace) ###

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**Moonachie Seniors  
Enjoy Picnic**

On Wednesday, September 18, 2013, over 50 Moonachie seniors enjoyed a picnic at the Senior Center.

There was dancing to Peter Leiberman, plenty of food and good times. ###



**Moonachie is Still Running**

If you are interested in spending a day with friends filled with entertainment, fun, dancing, feasting and having a chance to win some prizes, all you have to do is join the Moonachie Seniors on their trip to Mt. Haven Resorts on Thursday, November 14, 2013.

Upon your arrival, you will enjoy an all you can eat breakfast buffet, followed by our choice of bingo or a movie, a four hour open bar, and the Joey Vincent Show, the best one man show you will ever see.

Then you will enjoy a tasty, all you can eat, dinner buffet -- a Pennsylvania Thanksgiving, plus dessert.

The price is only \$42 per person, which includes tax and gratuities.

The bus will leave at 9:15 a.m. from the Moonachie Senior Center on Moonachie Road.

The last trip of the year will be to the beautiful Hunterdon Hills Playhouse, a Branson

**LF Seniors  
AC Bus Trip**

The Little Ferry Seniors are sponsoring an AC bus trip to The Atlantic on Tuesday, October 29, 2013. The bus departs at 8:30 a.m. from the Senior Center. Cost is \$25 with \$25 back. For more information call 201-440-4815. ###

style Country Christmas, starting the Tim Gillis Band and comedian Crazy Elmer.

Audiences can expect the best in live country music and a unique “country spin” on plenty of Christmas classics.

The menu choice of delicious meals is always sure to please your palate as well as the desserts galore.

The cost is \$53 per person, which includes tax and gratuities.

For more information and reservation contact group leader Audrey at 201-641-4334. *Story by Charles Pallas.* ###

**Wallington AARP  
Chapter #4115  
Welcomes Members**

AARP Chapter #4115 meets on the third Tuesday of the month at the Civic Center at 24 Union Boulevard in Wallington at 1:30 p.m.

An informative meeting is held, followed by coffee and refreshments, after which Bingo will be played. They are looking for current members to attend as well as new members from the surrounding towns to join. They look forward to greeting you. *Story by Eleanor Costa.* ###

**Wallington Seniors  
to Host 6th Annual  
“Dance for a Cure”**

Wallington - Senior adults from Bergen County’s Senior Activity Center in Wallington are ready to dance their way to a cure on behalf of the American Cancer Society.

Their 6th annual fundraiser, which includes popular raffles for prizes, is scheduled for Friday, October 11, 2013, at 10 a.m. at the Wallington Senior Activity Center located at 24 Union Boulevard, Wallington. Please call 973-777-5815 at least two days in advance.

All checks must be made payable to the American Cancer Society as all proceeds for the “Dance for a Cure” event will be directed to the ACS.

For further details, please contact Senior Activity Director Agata Stasoulakis at 973-777-5815. ###

**Lodi Seniors Club  
Seeks New Members**

The Lodi Senior Citizens Club is open every Thursday to anyone 55 or older who lives in Bergen County, including all neighboring towns. Refreshments are served. For more information call Rosalie at 973-340-9091. ###

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**October 2013  
Heights Senior Calendar**

- Open to All Hasbrouck Heights Seniors*
- SENIOR ACTIVITIES**
- Monday, October 7, 14, 21, 28**  
10:00 a.m. to 3:00 p.m. Games, cards & coffee  
11:00 a.m. Mahjong  
10 a.m. to 3 p.m. Senior Lounge open to all
- Tuesday, October 1, 8, 15, 22, 29**  
10:00 a.m. Line Dancing \$1.00  
2:00 p.m. Adv. Chair Yoga \$1.00  
6:00 p.m. Card Game Night
- Wednesday, October 2**  
2:00 p.m. Senior Aerobics \$1.00
- Wednesday, October 23, 30**  
10:00 a.m. Games, cards & coffee  
10:00 a.m. Mahjong  
2:00 p.m. Senior Aerobics \$1.00  
10 a.m. to 2 p.m. Senior Lounge open to all
- Thursday, October 3, 10, 17, 31**  
10:00 a.m. Games, cards & coffee  
11:00 a.m. Mahjong  
2:00 p.m. Senior Yoga with John \$1.00  
10 a.m. to 2 p.m. Senior Lounge open to all
- Thursday, October 24**  
12 to 3 p.m. Annual Halloween Party  
Open to all Seniors. Dress up in your favorite costume.
- Friday, October 11, 25**  
10:00 a.m. Games, cards & coffee  
10 a.m. to 1 p.m. Senior Lounge open to all
- Friday, October 4, 18**  
10:00 a.m. Fun Bingo  
10 a.m. to 1 p.m. Senior Lounge open to all
- Check Center Bulletin Board for any changes*

*The Center will be closed on  
Wednesday, October 16 for  
Special Election to elect a US Senator*

**CLUB MEETING SCHEDULE**

- Wednesday, October 2**  
10:00 a.m. Executive Board meeting
- Wednesday, October 9**  
12:30 a.m. Leisure Club Meeting

**UPCOMING EVENTS**

- Trip to LiGreci’s Staaten Octoberfest:**  
**Thursday, October 10**  
Bus will be at the Senior Center at 9:45 a.m. and depart at 10 a.m.
- Trip to Tropicana Casino:**  
**Thursday, October 17**  
Trip to Tropicana Casino sponsored by Care One at Wellington in Hackensack. Bus departs from the Senior Center at 8:15 a.m. Breakfast at Center from 7:30 a.m. to 8 a.m. cost is \$20. You will get \$25 slot play. Contact Dot M. at 201-288-0515.
- Thanksgiving Luncheon**  
**Wednesday, November 13**  
Luncheon provided by **Costa Family**. Paid members of the Leisure Club are invited. You must obtain a ticket in advance. Secretary Marilyn deRussy will distribute the tickets at the October meeting.
- Annual Christmas Party**  
**Monday, December 2**  
Luncheon at the **Fiesta** starts at 12 p.m. Tickets are \$39. Contact Treasurer Dot F. at 201-288-0525.



# Alzheimer's Disease Program Motivates Seniors

In the absence of the Leisure Club President, Vice President Kathy Murray welcomed back the members of Hasbrouck Heights Leisure Club, after the summer break. After meeting agenda for September 11, 2013, was completed, Kathy introduced the speaker for the day.

Ms. Elaine M. Winter, Associate Director of the Greater New Jersey Chapter of the Alzheimer's Association presented a very informative program about Alzheimer's disease.

She touched briefly on each aspect of the disease and noted that many facts can disrupt memory and mental functions. Some facts include depression, thyroid, poor diet, vitamin deficiencies, other medications and alcohol use. Ms. Winter stated that some people recognize changes in themselves before others notice. Other times, friends and family are the first to observe these changes.

After noticing changes, early detection matters. Dementia is the general term for the loss of memory and other intellectual abilities serious enough to interfere with daily life. Alzheimer's is the most common form of dementia and accounts for 60 to 80 percent

of dementia cases. Ms. Winter then explained and presented a slide show to illustrate how the disease affects the brain and nerve cells.

Individuals who notice such changes should follow up on the symptoms and find a doctor they feel comfortable with. In many cases, the doctor may refer the patient to a specialist such as a Neurologist, Psychiatrist or Psychologist to evaluate the patient as there is no single test to prove Alzheimer's.

The last part of her presentation was to explain the many stages of the disease from Stage 1 to Stage 7.

In closing, Ms. Winter noted that currently there is no cure for the disease and no way to stop the underlying death of brain cells. She further noted that on the bright side, drugs and non drug treatments may help with both cognitive and behavioral symptoms.

Following her presentation, the members asked many questions after which Ms. Winter reviewed the many opportunities available from her organization. The Alzheimer's Helpline is 1-800-272-3900. *Story by Marilyn deRussy, Leisure Club Secretary. ###*



Nancy Parisi & Cynthia Weiler -- 90 years young

## Fall Fun at the Carlstadt Senior Friendship Club

The Carlstadt Seniors started off the fall season celebrating birthdays and anniversaries.

Two of our beautiful, young at heart members, Cynthia Weiler and Nancy Parisi, celebrated a momentous milestone birthday - 90 years young.

Celebrating anniversaries at the September meeting were Ann and Bill Westdyk (67 years) and Marge and Bill Stallone (54 years). Congratulations to all.

To continue the celebration, entertainer Mike Gintella performed for them. The membership really, really had fun with Mike. He sang and played music from 40s, 50s and 60s. There was a lot of audience participation and sing-a-longs.

Some of their dancing members couldn't stay in their seats any longer and joined in with impromptu dancing. I don't know who had more fun - the members or Mike. They will definitely be asking him back again.

The Carlstadt Senior Friendship Club meets on the 1st and 3rd Wednesdays of the month at 1:30 p.m. at the Civic Center. Future trips scheduled are October 15 to Octoberfest at the Villa Roma for \$34 and November 21 to the Pines Dinner Theater for \$49. Call Eileen 201-933-6949. n.

*Story and photo provided by Joanne Kearney. ###*

## Vic Hoofers Auxiliary

The Vic Hoofers meet on the first Thursday of the month at the Carlstadt Civic Center at 7 p.m. All Aboard for the Mexican Train game! This group is open to all ladies in the surrounding towns who wish to have fun and refreshments. Come join. Call Dolores 201-939-5163. ###

## AARP Collects Cancelled Stamps

The AARP Chapter 418 collects cancelled stamps, trimmed to ¼ inch around the stamps. Drop off or send to: **The Gazette Newspaper**, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###



## Local Seniors Visit Branson

Twenty-five seniors from Carlstadt, Hasbrouck Heights and Wood-Ridge joined thirteen seniors from other parts of the state to take a nine day Senior Tour to Branson, Missouri.

The nine day tour took place from September 8, 2013 to September 16, 2013. The group visited seven states, New Jersey, Pennsylvania, West Virginia, Ohio, Indiana, Illinois and Missouri.

During their round trip they stopped at the Gateway Arch in St. Louis, Missouri and the National Museum of the US Air Force in Dayton, Ohio.

The Gateway Arch is the nation's tallest monument, reaching 630 feet. The National Museum displays many rare and one-of-a-kind aircraft and aerospace vehicles and thousands of historical items that chronicle the evolution of military flights from the Wright Brothers to today's stealth aircraft.

Branson, located in the Ozark Mountains, is the Music Capital of the World. There are almost eighty shows presenting live entertainment daily. Many feature country/gospel and western music. In almost all shows the emphasis is on God, Family and Country. During the week the seniors were there, all shows recognized the sacrifices made by all military Veterans.

The seniors had the opportunity to attend performances at nine shows. Some of the shows they saw were "Grand Jubilee" which featured Branson's "Quartet of the Year," the New South; "Red, Hot & Blue" which highlighted dancing thru the decades.

Over 60 hit songs were sung and danced to. The seniors took a trip on the Showboat 'Branson Belle'.

Trip included a luncheon and an exciting show, "Made in the USA." There was an aerial violinist, a singing group, a comedian/magician and rockin' band.

The next show is a staple at Branson; it is the famous "Shoji Tabuchi Show." This

famous violinist is joined by his wife and daughter who are also accomplished violinists. "Down Home Country" was a show featuring traditional country music.

The remaining shows were "The Hughes Brothers Show" which featured the five Hughes brothers and their children, a total of 35 entertainers of all ages; "Twelve Irish Tenors," a dynamic group of 12 guys with great voices; "Pierce Arrow," featuring American Idol finalist Luke Menard and Tim Storms, who is in the Guinness Book of World Records for singing the lowest note; and the "Presleys' Country Jubilee" which is recognized as Branson's First Family of entertainment.

In every show, there were lots of laughs from comics who entertained with good wholesome jokes.

The deluxe motor coach was driven by Willard. Our guide, John, provided complimentary cocktails, soft-drinks, snacks, fun games, movies and good times for all.

All Senior Tours are fully-escorted motor coach tours. *Photos and story provided by Marie and Peter Gallo Jr. ###*

## Older is Better

October 2013 Programs for the Older is Better Club at Felician College. Programs are held in Obal Hall on the Lodi Campus, 262 South Main Street, Lodi.

For more information contact Mary at 201-559-6072.

- October 4: Art Students Trip to Rome.
- October 11: Mindful relaxation - How to Lower your Stress Level.
- October 18: Yoga for Seniors.
- October 25: Mental Health Issues in Adults.

The Older is Better is an open membership program designed for men and women 55 and older.

The program meets Friday afternoons at Felician College. Members and their guests celebrate Mass at 11:30 a.m. and attend an informational program at 1 p.m. followed by coffee and conversation in the Goya Dining hall.

There is a \$3 fee to attend each program or ask about annual membership dues. ###

# AARP Members Recall the Comedy of Sid Caesar

At the September 13, 2013 meeting of the Central Bergen Chapter #418, AARP, the members were treated to a program called "Hail Caesar" presented by Bill Levy. The program featured the comedy of the Sid Caesar TV Show which took place in the 1950s.

Bill showed several episodes of the show including "This is Your Story" which was a spoof on "This is Your Life." Another episode was a spoof on the movie "From Here to Eternity" featuring Sid Caesar and Imogene Coca. In all, four episodes were shown. All kept the members of AARP laughing out loud. They represented the good clean humor that was shown on TV during the 1950s and 1960s.

Some of the writers for the Sid Caesar TV series "Your Show of Shows" were Mel Brooks, Neil Simon, Danny Simon, Mel Tolkin, and Carl

Reiner. Larry Gelbart wrote for the program "Caesar's Hour" and Woody Allen worked on several of Sid Caesar's TV specials.

On September 8, 2013, Sid Caesar turned 91. Bill Levy is an author, film and media historian, humorist and entertainer. He was born in California, raised on Long Island, and has been a resident of New Jersey for more than forty years. He is a retired special education teacher who now devotes himself to freelance writing and speaking engagements.

He is an author of many books. He has been publishing his humor columns (Levy's Wry) since 1980 and his movie columns "Forgotten Gems" on overlooked/overshadowed vintage films of the 1930s, 1940s, and 1950s for New Jersey's monthly senior publication, Fifty Plus, since 2001.

For the past ten years, Bill Levy has been offering diverse one-hour programs to libraries, seniors, men and women's organizations, and other audiences. These presentations help to bring back memories of classic films, movie stars and TV entertainers. *Story by June Raymond. ###*



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# Prevent Kitchen Fires

## Fire Prevention Week October 6 - 12

According to Wood-Ridge Fire Chief Scott Russo; It's time for Fire Prevention Week, October 6-12. Area fire departments are joining forces with the nonprofit National Fire Protection Association (NFPA) to remind local residents to 'Prevent Kitchen Fires.'

During this year's fire safety campaign, firefighters and safety advocates will be spreading the word about the dangers of kitchen fires--most of which result from unattended cooking—and teaching local residents how to prevent kitchen fires from starting in the first place.

Hasbrouck Heights Fire Chief Richard Giarratana said, "The kitchen is the leading area of origin for home fires and most kitchen fires are caused by cooking. On average, there are roughly 3,000 reported kitchen fires per day in the United States."

Moonachie Fire Chief Victor Migliorino reminds us that according to the latest NFPA research, cooking is the leading cause of home fires. Two of every five home fires begin in the kitchen—more than any other place in the home. Cooking fires are also the leading cause of home fire-related injuries.

"Often when we're called to a fire that started in the kitchen, the residents tell us that they only left the kitchen for a few minutes," said Lodi Fire Chief Matt Lombardi.

Little Ferry Fire Chief John Ruff said, "Sadly, that's all it

takes for a dangerous fire to start. We hope that Fire Prevention Week will help us reach folks in the community before they've suffered a damaging lesson."

Carlstadt Fire Chief Jarrett Milligan recommends the following the safety tips that firefighters and safety advocates will be emphasizing:

- Keep an eye on what you fry! Stay in the kitchen while you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- When you are simmering, baking, or roasting food, check it regularly, stay in the home, and use a timer to remind you.
- If you have young children, use the stove's back burners whenever possible. Keep children and pets at least three feet away from the stove.
- When you cook, wear clothing with tight-fitting sleeves.
- Keep potholders, oven mitts, wooden utensils, paper and plastic bags, towels, and anything else that can burn, away from your stovetop.
- Clean up food and grease from burners and stovetops.
- Be alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.

Rutherford Fire Chief Fred Liller reminds you to "Check your smoke detectors frequently."

East Rutherford Fire Chief Harold Tilt emphasized that, "Smoke Detectors Save Lives."

For more information go to: <http://www.fireprevention-week.org> ###

### WRFD Inspection

The Wood-Ridge Fire Department will hold their Annual Inspection, 5:30 p.m., on Saturday, October 5, 2013.

The Department will be in full dress uniform. The equipment and Fire Headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

### HHFD Fund Drive

The Hasbrouck Heights Fire Department began their annual fund drive by delivering their appeal letters to each household. Please mail your donations by sending a check in the enclosed return envelope. Residents not receiving an appeal letter may send their contribution to HHFD, PO Box 492, Hasbrouck Heights, NJ, 07604. This is the Department's only fund drive. ###

### Chimney Safety Tips

Chimney maintenance is vital to your family's safety. The Hasbrouck Heights Fire Department offers these tips:

- Have your chimney inspected and cleaned on a regular basis.
- When possible, burn seasoned woods (*dryness of the wood is more important than hard wood versus soft wood*).
- Smaller, hotter fires will burn more completely and produce less smoke.
- Do not burn cardboard boxes or trash, as they can spark a chimney fire.
- Install stovepipe thermometers, which help monitor flue temperatures where wood stoves are in use, then adjust burning practices as needed. ###

**All Emergencies  
Dial 911**



## Cooking Incident Causes Serious Burns

On Sunday, September 15, 2013, at about 3 p.m., the Hasbrouck Heights Fire Department responded to a call on Ottawa Avenue for a woman who was burned while cooking.

First on the scene were

Police Officers Brad Dussault, Mike DeSimone, Detective Jeff Werner and Fire Captain Robert Knobloch.

It was reported that a woman was pouring oil into a pan on an active stove. The oil spilled and was ignited by the flames of other burners, causing a flash fire. The flash back seriously burned the woman's face, torso and arms.

The police officers used fire extinguishers to control

the flames, which extended to the walls.

When the fire department arrived, the flames were under control. They drew a two inch line into the kitchen, checked for extensions and vented the house of smoke.

Moonachie EMS and medics treated the victim at the scene, then transported her to HUMC.

Assisting departments included Lodi and Wood-Ridge. ###

## Fire Engine Rides Coming to W-R

Join the Wood-Ridge Fire Department on Sunday, October 6, 2013, from 1-4 p.m. at the Wood-Ridge firehouse located at 85 Humboldt Street.

Children ages 5-13 will be treated to donuts and apple cider, see a short film on fire prevention and then take a ride around town inside of an actual fire truck!

The Bergen County Fire Prevention trailer will be on-site so that children can experience a "smoke-filled" environment.

A parent or guardian will have to be present the day of the event to sign a permission slip for their child to participate.

For more information call 201-531-0259.

Join your neighbors for a day of fun that your child will never forget! ###



## Dryer Fire Could Have Been Worse

On Friday, September 13, 2013, at about 8:30 p.m., the Hasbrouck Heights Fire Department responded to a call on Ottawa Avenue. The source was determined to be a dryer fire which began to ignite the walls. The blaze was quickly extinguished and firefighters checked for extensions. Assisting fire departments included Lodi, Moonachie and South Hackensack. ###



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Join your Fire Department!

You will be part of the "army of protection" of the South Bergen Fire Chiefs Mutual Aid Association which includes: Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, Wallington and Wood-Ridge





# LFFD Inspection

The Little Ferry Fire Department held their annual inspection on Saturday, September 7, 2013 at the Fireman's Memorial Park.

Led by Bergen County Firefighters Pipe Band and Honor Guard, Firefighters marched to Memorial Park.

The program began with an Invocation by Department Chaplain Rev. Veronica M. Pearson, Pastor, Evangel Christian Church. The Pledge of Allegiance was recited.

A bell tolled during the remembrance for departed

members. Wreaths were placed by the Ladies Auxiliary and Fire Officers.

Service awards were presented. New members were introduced.

Mayor Mauro D. Raguseo Chief John Ruff, Deputy Chief Marty Loesner and Fire Commissioner Roberta Henriquez spoke. Rev. Veronica M. Pearson gave the Benediction.

There was an inspection of personnel and equipment by the Mayor and Council and attending Mutual Aid Fire Chiefs. ###







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