

# The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie  
Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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October 2022

★★★★★



## The Band

The stirring sounds and choreographed moves of high school marching bands mark the beginning of autumn. Our hearts fill with pride when band members, in their impressive uniforms, pass in review. The tap-tap-tap cadence of drums strikes the soul. Horns in harmony, capture the magic. • Admire the student who studies an instrument, practices constantly, joins the marching band, masters complex formations with precision that transform football fields into magical arenas. Appreciate their commitment, tenacity and resolve. • Hail to the band director whose infinite patience -- trains a new marching band each year. • Decades later, former marching band members smile as they relive the camaraderie of that life experience.

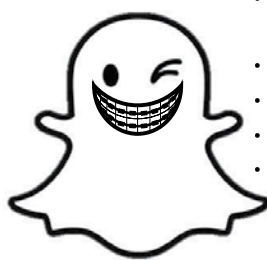
The beat goes on! See story on page 13. ###

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Rates as of Sept. 22, 2022





## AL Picnic

American Legion Post 310 held its 40th Annual Picnic on Saturday, September 10, 2022, from 3 to 7 p.m., at American Legion Post 310, 100 Liberty Street, Little Ferry.

All you can eat, BBQ chicken, baby back ribs, hamburgers, hot dogs, sausage and peppers, clams on a half shell, corn on the cob, Manhattan Clam Chowder, salads, draft beer and soda were included.

Entertainment by DJ Jack Jam. There was a 50/50 drawing. All proceeds go to support Veterans and children's programs. ###



• *The Village Halloween Parade in New York City is the largest Halloween parade in the United States. The parade includes 50,000 participants and draws over 2 million spectators.*



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# East Rutherford Fall Festival

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Please send photos as attachments.



Ragamuffin  
Parades

*At press time, several communities have yet to firm up their events. Check with your Borough clerk or town website for current status. ###*

Little Ferry

The Annual Rag-A-Muffin Halloween Parade sponsored by the VFW Auxiliary and Post 809 in Little Ferry is scheduled for October 29, 2022. Line up starts at 12:45 at the Post home on 100 Main Street and starts at 1 p.m. Refreshments and prizes will be awarded at the VFW grounds. ###

American Legion Post 310 will host their 3rd Annual Trunk or Treat at their Post Home, 100 Liberty Street, Little Ferry on Sunday, October 30, 2022, starting at 1 p.m.

All are welcome to this free event. For more information call 201-807-0470. ###

Rutherford

The Annual Halloween Parade will be held at 10 a.m. on October 29, 2022 and will start at the RHS and walk to Lincoln Park. ###

Wood-Ridge

The Wood-Ridge Ragamuffin Parade is unknown at press time. The Trunk & Treat event is unknown at press time. Check web-site for details. ###

LF Pumpkin  
Pick Oct. 15

The Borough of Little Ferry will host their Annual Pumpkin Pick on Saturday, October 15, 2022, from 10 a.m. to 12:30 p.m. at Willow Lake Park (Main & Pickens Street).

In case of inclement weather, the event will be relocated to the First Aid Building at 195 Main Street. For more information, call 201-641-9234 ext. 650. ###

Candy Corn Tidbits

•Candy corn has been made with the same recipe by the Jelly Belly Candy Company since around 1900.

• What's in that recipe, exactly? Sugar, corn syrup, and marshmallow.

• One serving (about 30 pieces) has 140 calories, the equivalent of three miniature Hershey bars.

• The National Confectioners Association reports that more than 35 million pounds were manufactured in 2005, amounting to almost 9 billion kernels. ###

Pumpkin People in the Park

The Woman's Club of Rutherford is proud to announce its Annual Pumpkin People in the Park exhibit, slated for October 15 – October 26, 2022.

This family-friendly event is a great way to show off your creativity and add some autumn flair to Lincoln Park, while supporting the many worthwhile endeavors of the Woman's Club.

The cost of entry is \$50 which includes an 8 ft. x 10 ft. pumpkin patch spot in Lincoln Park, a bale of hay and a pumpkin sign. You supply the

pumpkin and your imagination to create any theme you wish. Your display will remain in Lincoln Park for 12 days, offering a pleasant, family-friendly experience to our Rutherford residents. Each space will be clearly labeled with your business, organization, family or individual name.

You will be required to set up on Saturday, October 15 or Sunday, October 16 and remove the display on Wednesday, October 26.

For more information, please contact: Leslie Beck 908-625-5344 or Cherie Moss 201-370-9210. ###

Scarecrow Day October 15

On Saturday, October 15, 2022 (rain date: Oct. 16), from 1-3 p.m., families and friends are invited to build a scarecrow on the Meadowlands Museum lawn!

All supplies will be provided (scarecrow stand, old clothes, and hay) but feel free to bring special items that will make your scarecrow unique!

Come dressed for the weather. Reservations of scarecrows are recommended.

Cost is \$20 per family (or group up to 6) per scarecrow. For more information, call 201-935-1175 or go to www.meadowlandsmuseum.com. ###

The museum is located at 91 Crane Avenue.

Displays will be up four to six weeks.

This year, we will also have a People's Choice award for the public's favorite scarecrow. The prize will be awarded on Saturday, November 19, at 3 p.m., based on the ballots (\$1 each) that are cast in person and on the Museum's website. Voting deadline is noon on Saturday, November 19. Winner receives a restaurant gift certificate. All proceeds will help support the Museum, a volunteer-run 501(c)3 non-profit organization. ###

Halloween in the Park

Woodland Park will be invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Tuesday, October 18, 2022 (rain date Thursday, October 20).

Unfortunately, this event was not held last year due to Covid.

Halloween in the Park will begin at 6:15 p.m. and conclude at 9:30 p.m.

Every 15 minutes, two hayride trailers will take turns collecting riders at the Harrison Avenue end of the pavilion and go around to the back section of the park where they will be frightened by a variety of terrifying citizens of the night.

Youngsters should sign up for the earlier time slots as the fright station will be less scary.

After the horrific experience ride, they can escape at the Roosevelt Avenue end of the pavilion — where they will be treated to cider and cookies.

The pavilion fireplace will be warm and glowing. Al DeAngelo and Pantophobia Haunted Attractions will assist in this event.

Organizations are invited to “set-up” and operate a fright station. Call Rob Brady at 201-288-4143 for details.

The event is sponsored by the Hasbrouck Heights Recreation Department. Tickets are \$5. Children under 10 must be accompanied by an adult. For tickets, email hhrec@aol.com. For more information, call 201-288-4143. ###

Kip Center  
Halloween Party  
October 29

The fun begins at 10:30 a.m. with "Batty Bingo" followed by a ghoulish lunch at noon. At 1 p.m. Rutherford High School students will join for a Monster Mash with live entertainment. Reservations required by Tuesday, October 25. For details, call 201-460-1600. ###

October Birthstone  
Opal

Boulevard Window  
Painting Contest Returns

Area residents can stroll The Boulevard in Hasbrouck Heights during late October 2022. Local businesses, in conjunction with the three grammar school PTAs, will sponsor the Annual Halloween Window Painting Contest.

On Sunday, October 16, 2022 from 10 a.m. to 4 p.m. (rain date October 23), almost 400 3rd, 4th and 5th Grade students will paint a Halloween-themed illustration on a

space provided by Boulevard businesses. Graphics will be judged upon originality and artistic expression.

Winners from each Grade will receive 1st, 2nd and 3rd Place Ribbons. All the window painting participants receive ribbons.

Event is sponsored by: Hasbrouck Heights Regional Chamber of Commerce, in cooperation with 2022 Home School Association (Corpus Christi), and Lincoln and Euclid PTAs. ###

Carved Pumpkins

Are your children begging to carve pumpkins? Make Halloween safety a family affair.

• Decorate with markers or paint. Let young children draw faces on pumpkins with washable markers or child-friendly paint. Leave any carving to an adult.

• Consider using a flashlight or glow stick instead of a candle to light your pumpkin. If you do use a candle, a votive candle is safest.

• Candlelit pumpkins should be placed on a sturdy table, away from curtains and other flammable objects, and should never be left unattended. ###

Trunk or Treat  
October 30

American Legion Post 310 will host their 3rd Annual Trunk or Treat at their Post Home, 100 Liberty Street, Little Ferry on Sunday, October 30, 2022, starting at 1 p.m.

All are welcome to this free event. For more information, call 201-807-0470. ###

• Jack-o-lanterns are an Irish tradition. In Ireland, oversized rutabagas, turnips and potatoes were hollowed-out, carved into faces and illuminated with candles to be used as lanterns during Halloween celebrations. ###

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# Open Cockpit Experience Oct. 8

As part of their 50th Anniversary, the Aviation Hall of Fame will host Open Cockpit Day on October 8, 2022, from 10:30 a.m. to 4 p.m. Last admission is 2:45 p.m.

Outdoor event. No reservations required. Masks optional.

Visitors will have the opportunity to sit in the cockpit of a very rare Lockheed Bushmaster plane, a M\*A\*S\*H Bell 47 helicopter made famous during the Korean War.

Explore the cabin of the world's only surviving restored cockpit of the Martin 202 airliner.

You can also visit inside the HH52A, U.S. Coast Guard rescue helicopter. Also, on display are the Bell AH-1 Cobra helicopter and the OV-1A Mohawk observation/attack aircraft, as well as other aviation cockpits including our newest exhibits: a General Aviation Trainer

(G.A.T-1) and a Glider recently donated by Jersey Ridge Soaring.

Also popular with young people is our official Airport Rescue Firefighter Truck! For young astronauts, we have our working display of the International Space Station (ISS) along with uniforms and items used by the many Astronauts like Buzz Aldrin, Scott and Mark Kelly, to name just a few.

Admission: \$15 for adults, \$12 for seniors and children under 12. No discounts, Library Passes or Membership Passes can be used on Open Cockpit Days.

The Museum is located at 400 Fred Wehran Drive, adjacent to the Teterboro Control Tower. Come see why our Museum has been named as "One of the 10 Best Museums in the State of NJ." For more information call 201-288-6344 or go to: [www.njahof.org](http://www.njahof.org) ###

# Dinner Honors Aviation Pioneers

The Aviation Hall of Fame and Museum of New Jersey invites you to attend their 47th Hall of Fame Induction Dinner on Tuesday, November 1, 2022 at the Fiesta.

Cost is \$125 per person. Cash bar at 6 p.m. with dinner at 7 p.m. For tickets call 201-288-6344 or email: [info@njahof.org](mailto:info@njahof.org).

The 2022 inductees are:

- **Dr. Eugene Richardson**, one of the last surviving Tuskegee Airmen. After retiring from the Army Air Corps, he dedicated his life to aviation education. He is still active, helping to tell the story of America's Tuskegee Airmen and their WWII heroics.

- **Dorothy Johanna Fulton (Slinn)**, one of NJ's first WASP's who flew many single and several multi-engine aircraft with many deliveries made coast to coast. She flew the twin-engine A-20, B-25, B-26, C-47 and the single engine pursuit P-38, P-39, P-40, P-47 and P-63.

- **LTC Edward Ballonco**,

was essential in implementing the "Wild Weasel" program during Desert Storm. He flew 18 F-4G Wild Weasel combat missions, employing the AGM-88 High Speed anti-Radiation Missile (HARM).

- **Michael Castania**, dedicated his life to education. He is active in the Civil Air Patrol leadership. He is Commander, Sussex Skylands Composite Squadron (NJ-110), Group 221 Deputy Commander, Deputy Commander Falcon Flight Encampment, Creator: NJWG Glider Orientation Flight.

- **William Thomas Watkinson Jr.**, is a decorated WWII pilot who has been honored in multiple ceremonies for his aviation military service. He joined Eastern Airlines in 1950 and flew with them until he retired in 1982.

A special tribute will be made to honor **LTC Stephen Riethof** (1930-2022). After a distinguished USAF career, he dedicated his life to flight instruction and training. He was Certified Master Flight Instructor. He was a member of the NJ Aviation Educational Council, long time trustee, past president and Inductee in the Aviation Hall of Fame & Museum of NJ. ###

# MomLife Event October 27

Our MomLife group is like a mommy timeout! You connect with other moms, hear encouraging words and share lots of laughs. Moms with children in the womb through Sixth Grade from any town can join us! Limited KidLife childcare available by reservation only. RSVP by October 25. Event hosted by **Bible Baptist Church**, 31 Passaic Avenue, Hasbrouck Heights.

For more info: [hasbrouckhtsmomlife@gmail.com](mailto:hasbrouckhtsmomlife@gmail.com); 862-239-6677; Fb – Hasbrouck Heights MomLife ###

# Car Show October 15

The Hasbrouck Heights Veterans Car Show 2022 is Saturday, October 15, 2022, (rd Oct. 22), from 9 a.m. to 3 p.m., at St. Francis de Sales Church, 125 Union Street, Lodi, NJ.

Event features custom, stock, military, motorcycles, electric vehicles. There will be vendor tables, trophies and more. Pre-registration is \$15. On-site is \$20. For more information: [VetCarShow2022@gmail.com](mailto:VetCarShow2022@gmail.com) ###

# Mum Sale October 1

The Moonachie First Aid & Rescue Squad will be holding its 17th Annual Mum Sale on Saturday, October 1, 2022, from 8 a.m. to 4 p.m., at 121 Moonachie Avenue, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$9 each, 3 for \$22.

**Advance orders encouraged. Will deliver larger orders.** Call 201-641-9094 or Email: [fsmfac1@yahoo.com](mailto:fsmfac1@yahoo.com) or [contact@moonachieems-rescue.com](mailto:contact@moonachieems-rescue.com)

All proceeds go directly to the Squad for operating expenses. ###

# Wind Creek Trip Oct. 10

On October 10, 2022, the Kip Center will sponsor a bus trip to the Wind Creek Casino in Bethlehem, PA. The cost is \$30 (*paid in advance*). The bus leaves the center at 9 a.m. and returns by 6:30 p.m. For information, call 201-460-1600. ###

# Giant 50/50

The Kip Center is having its 3rd Annual Giant 50/50. Tickets are \$10 each. Drawing is on Saturday, December 10, 2022. Call 201-460-1600 for details. ###

# Bergen County LGBTQ Seniors Meet Oct. 11, 21

Bergen County LGBTQ+ Alliance (BCLA), a new non-profit organization, hosts a seniors (60+) group that meets on the second Tuesday of each month in person and the third Friday virtually.

The next meetings are on Tuesday, October 11 at 11:30 a.m. and Friday, October 21, 2022, at 11:30 a.m. The Tuesday meeting will be held at The Rutherford Pancake House, 40 Park Avenue, Rutherford. Refreshments will be served.

Contact us at [Nick@bergencountyLGBTQ.org](mailto:Nick@bergencountyLGBTQ.org) or 201-470-8946 for info and/or the link. ###

# Art Association of Rutherford

The Art Association of Rutherford will hold its October meeting on October 13, 2022 at 7:30 p.m.

The Kip Center is our new home! We will be making ornaments for our Kip Center tree. The meeting will be at the Kip Center, 55 Kip Avenue, Rutherford, NJ. A non-mandatory \$3 donation is suggested for non-members, but all are welcome! Especially since we have a lot of ornaments to make!

For more information or questions, contact Lissanne at [lissanneart@gmail.com](mailto:lissanneart@gmail.com) ###

# Casino Night October 14

The Kip Center is hosting a Vegas Style Casino night on Friday, October 14, 2022, from 7 to 11 p.m., at the Fiesta, in Wood-Ridge.

Roll the dice at our craps table, play roulette, try your hand or take a spin on the Special Prize Wheel.

Tickets are \$85 per person and include \$200 Kip "Kash" (*play money*) if purchased by October 1. Includes hot & cold buffet, 4 hour open bar. Call 201-460-1600 for more information and tickets. ###

# Caesars Bus Trip Oct. 17

October 17, 2022 Caesars Atlantic City Bus Trip is hosted by ER Seniors Club. Bus departs at 9:30 a.m. sharp, from CVS parking lot on Paterson Avenue. \$35 pp includes \$30 slot play. Call 201-803-4708 for details. ###

Lock Your Car Doors

# Wind Creek Trip Oct. 26

On October 26, 2022, the Hasbrouck Heights VFW Post 4591 will sponsor a bus trip to the Wind Creek Casino in Bethlehem, PA. The cost is \$40 (*paid in advance*). Enjoy a continental breakfast from 9 a.m. to 9:30 a.m. Bus leaves from the VFW parking lot at 10 a.m. Play Bingo, 50/50 and enjoy a movie or a TV show. For information, call Gladys at 201-288-9074 or Diane at 201-475-8898. ###

# Caesars AC Casino Trip October 8

The Wood-Ridge Lions Club is hosting a bus trip to Caesars in Atlantic City on Saturday, October 8, 2022. Bus will depart Wood-Ridge High School at 9 a.m. Cost is \$40 per person and you will receive a \$10.00 casino voucher.

Reservations are on a first come basis and payment is due when reservations are made. Send payments to Wood-Ridge Lions Club, P.O. Box 166, Wood-Ridge, NJ 07075. For more information, call Angelo at 201-779-7681 or email [janpro911@aol.com](mailto:janpro911@aol.com) ###

# Resorts World Catskills Bus Trip Oct. 23

American Legion Auxiliary Unit #142 is accepting reservations for a bus trip to Resorts World Catskills, Monticello, NY, October 23, 2022.

Bus departs 9:15 a.m., 135 East Passaic Street, Maywood, NJ. Cost is \$40. Get back \$25 slots, \$15 food. For tickets, call 551-587-3699. ###

# Resorts Casino Bus Trip October 26

American Legion Post 310, 199 Liberty Street, Little Ferry, is hosting a bus trip to the Resorts Casino in Atlantic City on Wednesday, October 26, 2022.

Cost is \$40 pp, paid in advance. Casino will give back \$18 slot play.

A light breakfast will be served at 8 a.m. Bus departs Post at 9:30 a.m.

Contact Commander Sophia Dmoch for payment and more info at 201-859-0921. ###

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Wallington  
Shredding Event

On October 22, 2022, from 9 a.m. to 1 p.m., at the DPW Building, 96 Hathaway Street. Rain or shine. Shredding is for Wallington residents only.

Personal documents with or without paper clips, staples and paperboard binder covers will be accepted.

Hardcover books, Magazines, Newspapers, Photographs and X-rays will not be accepted. Residents will be limited to 4 bags/boxes per vehicle.

Residents will pull up alongside the truck. The shred truck operator and resident will dump their documents into 95 gallon garbage containers. When the container is full, it gets immediately processed and shredded on-site, the container comes out empty and gets reused throughout the day. The objective is to keep the line moving and not have residents wait and watch. ###

HH Fall  
Clean-up Oct. 22

The Hasbrouck Heights Green Team will be hosting a Borough-wide Fall cleanup to help beautify our parks, business district and other public spaces. The event will take place on Saturday, October 22, 2022, 9 a.m. to 12 p.m. Meet up at the Madison Avenue side of the Municipal Building.

Cleanup materials will be provided. Visit hhgreenteam.org to register. Groups, families, students and individuals are welcome to participate. For more information, email: hhgreenteam@gmail.com ###

Rutherford  
Farmers' Market

The Rutherford Farmers' Market concludes its 25th season. The Farmers' Market is at Williams Center Plaza on Park Avenue on Wednesdays, 11 a.m. to 4 p.m., and Saturdays, 8 a.m. to 2 p.m. The market season concludes October 29, 2022.

The market is sponsored by the Borough of Rutherford.

For general information contact: Laurie Gentile, 201-460-3000 ext. 3114 Email: lgentile@rutherfordboronj.com ###

• *The Ouija Board ended up outselling the game of Monopoly in its first full year at Salem. Over two million copies of the Ouija Board were shipped.*

FOCAS Holds  
Flea Market

FOCAS Flea Market is on Saturday, October 22, 2022, from 10 a.m. to 4 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

Note that 2022 Flea Markets will be Saturday only events.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations of clean, gently used or new items are gratefully accepted. *(Not accepted are TVs, PC monitors, golf bags and clubs, exercise and sports equipment, clothes or magazines or any items that are broken or not working).*

They may be dropped off at the American Legion on Friday from 3 to 6 p.m. only. All proceeds benefit homeless animals. For additional information, call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org FOCAS adheres to COVID compliance guidelines. ###

Vendor Fair  
October 15

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will be sponsoring a Vendor Fair on Saturday, October 15, 2022, at the Community Hall on Third Street, in Carlstadt, from 10 a.m. till 4 p.m.

There will be a variety of vendors to shop from. Hot dogs, chili, sauerkraut, chips, drinks, and a variety of desserts will be available for purchase as well as 50/50 tickets which will be sold at the door.

For more info, call 201-438-5526 from 10 a.m. till 1 p.m. weekdays. If you are a vendor and would like more info, send an e-mail to: mhu164@aol.com ###

Fall Fest  
October 15

Lodi will host "Fall Fest" on October 15, 2022, on Memorial Drive. Starts at 3 p.m.

Free event includes food trucks, beer garden, arts, crafts, local shops, fireworks and more! Check website for more details. www.lodi\_nj.org ###

Gift Auction  
November 13

On Sunday, November 13, 2022, The Church of The Transfiguration, at 135 Hathaway Street, Wallington, will hold a Gift Auction. Admission \$10, tickets are sold at the door and include 1 sheet of tickets, coffee and cake. Doors open at 1 p.m. Auction starts at 2:30 p.m. For information, call Linda at 201-791-9272. Proceeds to benefit Church maintenance fund. ###

Lodi Summer  
Concerts

"Summer Concert Series" concludes on Saturday, October 15 with "The Glimmer Twins" starting at 7 p.m. to 8:30 p.m., at the Lodi Memorial Park Amphitheater, weather permitting. Please bring your own chairs. For more information, call 973-859-7425 or go to: www.lodi\_nj.org ###

Friday Night  
Dancing

The Hasbrouck Heights Elks Lodge 1962, 128 Baldwin Avenue, Hasbrouck Heights, will host dancing every Friday night from 7:30 to 11:30 p.m. with DJ Gerri. Cost is \$10 at the door. Coffee included. Cash bar. For more information, call Cathy at 1-386-852-4881. ###

Craft Fair  
November 12

On Saturday, November 12, 2022, from 10 a.m. to 5 p.m., the Friends of the Hasbrouck Heights Library is hosting a craft fair in the Senior Center. For information, call 201-288-0484. ###

• *Scarecrows, a popular Halloween fixture, symbolize the ancient agricultural roots of the holiday.* ###

**Casino  
Bus Trips**

VFW Post 4591 Casino Trips  
Wind Creek • Bethlehem  
October 26 • \$40  
Continental breakfast  
from 9 to 9:30 a.m.  
Bingo • Movie • 50/50  
513 Veterans Pl., Hasbrouck Heights  
Call Diane at 201-475-8898 or  
Gladys at 201-288-9074 for reservations

Holiday Harvest  
Craft Fair Oct. 29

The First Reformed Church of Hasbrouck Heights will host a Holiday Harvest Craft Fair on Saturday, October 29, 2022, from 9 a.m. to 3 p.m.

Hand-crafted treasures on two floors including Granny's Attic's treasures and surprises for sale at reasonable prices. Hourly raffles donated by crafters. Entrance is \$4, \$2 for seniors and no charge for children under 16. Vendors welcome. \$40 table fee, minimum 6 foot.

First Reformed Church is located at Burton Avenue and Washington Place. Handicapped-accessible. For more information, call 201-288-1122 or email: firstrefhh@optonline.net ###

Doo Wop  
October 2

On Sunday, October 2, 2022, 1:30 p.m., at the Wood-Ridge Senior Center, the Wood-Ridge Historical Society will host a free performance by Party of Five, a 1950s and 60s Doo Wop style singing group. Light refreshments will be served afterwards. ###

Gaming Night  
October 27

American Legion Post 310, is hosting a free Children's Gaming Night on Thursday, October 27, 2022 starting at 5 p.m., at their Post home, 100 Liberty Street, Little Ferry.

It consists of a gaming truck, laser tag, gaming bus, face painting, hamburgers and hot dogs.

The event is open to Little Ferry community children and Legion family members.

ER Fall Festival

The East Rutherford Fall Festival runs October 7, 8, and 9, 2022. It starts from Park Avenue and Orchard Street to railroad tracks. Park Avenue will be closed until approximately 11 p.m. for the Fall Festival. The event includes live music, food vendors, merchandise vendors, 50/50, beer garden, games, rides, a petting zoo, pony rides and more.


The event is sponsored by The East Rutherford Civic Pride Association. For more information visit www.ercpa.org, email: theercpa@gmail.com or call 201-893-7034. ###

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Taste of Southern Bergen County  
October 20

The Woman's Club of Rutherford invites members and friends to enjoy a sample of foods from a selection of Southern Bergen County restaurants! The event takes place at their clubhouse at 201 Fairview Avenue, Rutherford, NJ on Thursday, October 20, 2022 from 6:30 p.m. to 9 p.m. Tickets are \$30 per person.

Coffee, tea and water are included. BYO wine or beer (*no hard liquor allowed*).

Proceeds will benefit local supported charities as well as the restoration of their historic Carriage House.

All tickets must be purchased in advance (*no "day of" tickets available*). Please mail check payable to "The Woman's Club of Rutherford," 201 Fairview Avenue, Rutherford NJ 07070.

For more information, contact Kathy at 201-678-8947.

Enjoy the company of friends while partaking of the best food Southern Bergen County has to offer! *L. Beck.* ###

Scouting for Food

Troop 17 and Cub Pack 17 of Hasbrouck Heights will be taking part in the National Scouting For Food program. Scouts will be collecting donated food and non-perishable items for the local food bank. Please leave items in shopping bags on the front steps of your home for collection on November 12, 2022, from 10 a.m. to noon.

Bags may also be brought to the Hasbrouck Heights Food Bank. This program provides community service within our own neighborhood and is part of the Good Turn for America, "helping others at all times" program. Please consider making a donation. For further information, call 201-739-7628. or 201-370-0308. ###

Yield to Pedestrians

Roast Beef  
November 8

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will sponsor a Roast Beef Luncheon on Election Day, Tuesday, November 8, 2022, in the Community Hall on Third Street, Carlstadt.

Roast Beef dinners will be served from 11:30 a.m. until 1 p.m. Donation is \$12 for adults and \$5 for children/students. Please call the Church office at 201-438-5526 from 9:30 a.m. till 12:30 p.m. M-F for further info. Take out orders are available. ###

Social Tea  
October 1

The Hasbrouck Heights Friends of the Library is hosting a Social Tea on October 1, 2022, from 1 to 2 p.m. in the Library.

The event features a string quartet. Light refreshments will be served. Free event. Registration requested. Call 201-288-0484.

The Friends will meet on October 19 in the Library. All are welcome. ###

AWS Holiday  
Party Dec. 3

The American Wine Society, Meadowlands Chapter, Social Event of the Year with their Annual Holiday Party, Saturday, December 3, 2022 from 6:30 to 11:30 p.m. at The Elan, 111 Route 46W, Lodi, NJ.

Cost is \$70 for members and \$90 for guests and includes full buffet dinner, soda and wine. You are permitted to bring your best wine to share with your table. Cash bar.

There will be door prizes, gift baskets, DJ music and a special performance by Phil Miuccio.

Payment required by November 28. Zelle payments to: wineclub201@gmail.com

AWS blog: <https://wineclub201.blogspot.com/> ###

Soup and Sandwich Social  
October 10

Back by popular demand, the VFW Little Ferry Auxiliary to Post 809 will sponsor a Soup and Sandwich Social on Monday, October 10, 2022, from noon to 3 p.m., at the Post Home, 100 Main Street, Little Ferry.

Enjoy delicious homemade soups and sandwiches. Coffee and cake will be served. Cost is \$12 pp. Call Diane at 201-440-6678 for tickets. Wear your most patriotic clothes and jewelry to enter to win a prize for the most patriotic attire. Join them for a fun afternoon. ###

Chicken BBQ  
October 8

On Saturday, October 8, 2022, from 4 to 6 p.m., the Polish National Catholic Church of The Transfiguration, 135 Hathaway Street, Wallington, will host a Chicken BBQ. Take out or tentative eat-in, (*reservations only*).

Deadline for reservations October 5, 2022. Donation \$15. Includes 1/2 chicken, coleslaw, baked potato, homemade dessert, beverage (*coffee, tea and soda*).

For information, call Chickeneer Ed at 973-773-4090 or the Rectory, Very Reverend Gregory Mludzik, 973-779-4329. ###

Pasta & Meatball Dinner  
October 19

Pasta and Meatball dinner is scheduled for October 19, 2022, from 4 to 7 p.m. at 37 Vreeland Avenue, East Rutherford. Cost is \$10 pp. Walk-ins welcome. For tickets call John at 201-951-5189. Proceeds to benefit East Rutherford Seniors. Sponsored by Family Balance Concepts and Mr. Pizza of East Rutherford. ###

Turn Verein  
Oktoberfest  
October 16

On Sunday, October 16, 2022, from 2 p.m. to 6 p.m., the Carlstadt TurnVerein, 500 Broad Street, Carlstadt, will sponsor Oktoberfest.

Donation is \$45 per person and includes live music by Bernie's Orchestra, food and drink, coffee and cake. For reservations, call 201-355-6389. ###

Lodi KC Pancake  
Breakfast Oct. 9

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, October 9, 2022, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French Toast (*to order*), sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$10; children over 6: \$5; children 6 and under: free. Profits to benefit local charities. For more information, call Joe at 201-805-4576. ###

Fish & Chips  
September 30

VFW Post 809 will host their 10th Annual Fish & Chips (*or chicken and chips*) prepared by Tastefully British on Friday, September 30, 2022, from 5 to 7:30 p.m. at their Post home, 100 Main Street, Little Ferry.

Coleslaw, dessert, coffee, soda included. Eat in or take out. Donation is \$20.

Advance tickets only. Call Carlos at 917-545-1472. ###

Free Lunch  
Saturday

With too many people getting sick from colds, the flu and Covid, the First Presbyterian Church of Moonachie "Hot Lunch Saturday" program is October 1, 2022, at 11:30 a.m.

This event will re-assess opening the building for successive lunches.

We will serve "To Go," while supplies last. This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts.

There are no strings attached. A free-will offering is taken. ###

HH Leisure Club  
Christmas Party

The Leisure Club of Hasbrouck Heights will hold its annual Christmas Party on December 7, 2022, at The Venetian, in Garfield, from 12:30 to 4:30 p.m. The cost is \$55 for members and \$70 for non-members. Tickets will go on sale at the September 14, 2022 meeting. No tickets will be sold after November 9, 2022. Mark your calendars. Details to follow. *Provided by Gladys Gamble.* ###

Fish & Chips  
Take-Out  
October 6

The GFWC Contemporary Club of Hasbrouck Heights will sponsor a take-out/drive-by Fish and Chips Dinner on Thursday, October 6, 2022, from 4:30 to 6:30 p.m., at the Municipal Parking Lot located at the corner of Central Avenue and the Boulevard.

Tastefully British Caterers will prepare the best Fish and Chips you ever tasted!

Dinners will be placed in your trunk/back seat as you drive through the parking lot. Please do not enter Central Avenue from the Boulevard!

Tickets are \$18 and can be ordered from Marge at 201-288-8933 or from Pat at 201-288-0495 before September 30.

Proceeds will benefit scholarships and other service projects.

The Contemporary Club is a member of the New Jersey State Federation of Women's Clubs, serving the community one project at a time. ###

Pasta Party  
October 8

BSA Troop 1 of Carlstadt will host their 19th Annual Pasta Party on Saturday, October 8, 2022, from 4 to 8 p.m. at the First Presbyterian Church, 3rd Street and Disivion Avenue, Carlstadt.

Tickets are \$12 pp. Call Tom at 201-538-4387, Joe at 201-939-1445 or Mike at 201-933-6465. ###

Elks Breakfast  
1st Sunday

Elmwood Park/Paterson Elks Lodge 60, 192 Market Street, Elmwood Park, will host a breakfast, the first Sunday of every month, 8 a.m.-11:30 a.m. \$10 pp. Children 6-10, \$5. Free for children under 6. Open to the public.

Breakfast includes: juice, eggs, pancakes, bacon, sausage, hash browns, toast, hot and cold cereal, muffins and bagels, hot chocolate, coffee or tea. Reservations preferred. Call Dennis at 201-791-6149. ###

*According to Irish legend, Jack O'Lanterns are named after a stingy man named Jack who, because he tricked the devil several times, was forbidden entrance into both heaven and hell. He was condemned to wander the Earth, waving his lantern to lead people away from their paths.* ###

Donate to your community food bank.

Care on the Corner presents the Annual  
**Tricky Tray**  
Thursday, October 20, 2022 at The Fiesta  
Doors open at 6:00 p.m.  
**Featuring Live Entertainment with Mark Wright**  
**Tickets: \$50 ea. • Call 201-288-9460**  
*Limit 200 tickets -- Call early for reservations*  
Ticket includes dinner, door prize & some gaming tickets  
All monies go to support the programs  
of Care on the Corner • [www.careonthecorner.org](http://www.careonthecorner.org)



# HH Garden Club News

The Garden Club will be meeting on Wednesday, October 19, 2022! Meetings are held at the Boro Hall in the Library Meeting Room located at 320 Boulevard on the second floor. There is ample parking and an elevator available for use.

Refreshments are served at 5:30 p.m. followed by the meeting beginning at 6 p.m.

The speaker for the evening will be Marc E. Zukovich, President of Sterling Horticultural Service and Adjunct Professor of Horticulture, County College of Morris.

We have had Marc as our speaker before and he has always given helpful information and interesting facts on gardening.

His subject for the evening will be proper pruning techniques and practices as well as correct timing to achieve the best blooming performance of your plant material. Pruning tool selection will be discussed and methods demonstrated. Questions will be answered and there will be printed handouts available.

All are welcome to join us at our meetings! *Provided by Judy Mascis. ###*

# HH Town-wide Garage Sale Oct. 8 & 9

A Hasbrouck Heights town-wide garage sale is scheduled for October 8 and 9, 2022 from 9 a.m. to 4 p.m.

Participation in this sale does not count towards the "two garage sales" per year ordinance. Sign up dates to come. There is a \$10 fee.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

# HH Music Parents Association Fresh Wreath Fundraiser

The Hasbrouck Heights Music Parents Association will be holding the Fresh Wreath Fundraiser for the 2022 holiday season! The Annual Wreath Fundraiser is the largest fundraiser of the year which supports scholarships for graduating music seniors.

Sale runs from September 29 to October 26, 2022. The beautiful, fresh mixed greens wreaths are 22 inches in diameter and cost \$25 each.

To order by mail, include your name, address, cell phone number, and email along with your check payable to: the HH Music Parents Association.

Do not mail cash. Mail to HHMPA, P.O. Box 71, Hasbrouck Heights, NJ, 07604.

Patrons will be contacted to arrange pickup. Contact: hhmusicparents@gmail.com, subject line: Wreath Fundraiser if you have any questions. ###

# Kip Center 29th Annual Festival of Trees, Wreaths and Centerpieces

The Annual Festival of Trees and Wreaths, a favorite tradition in the community, will run from November 8 to December 10, 2022.

The Kip Center Festival of Trees fundraiser, is the perfect venue to enjoy a beautiful holiday display of trees, wreaths, and centerpieces that are decorated by local individuals, organizations, businesses, artists, children etc.

Raffle tickets go on sale November 13; 26 tickets for \$20. The winning tickets will be pulled on December 10. For more information, call Cathy at 201-460-1600. ###

**October is National Breast Cancer Awareness Month**

NBCAM.ORG

# Fire Engine Rides Coming to W-R October 9

Fire Chief Ken Schulz invites you to join the Wood-Ridge Fire Department on Sunday, October 9, 2022, from 1 to 4 p.m., at the Wood-Ridge Firehouse located at 85 Humboldt Street.

Children, ages 3-13, will be treated to donuts and a beverage. A Life Safety House will be on site where the Fire Department will have lessons on fire prevention. And then take a ride on the inside of an actual fire truck around town!

A parent or guardian will have to be present the day of the event to sign a permission slip for their child to participate. Masks are mandatory for adults and children when entering the firehouse and riding the fire trucks!!

Call Councilman Ezio Altamura if you have any questions, at 201-531-0259. ###

# LFFD 100th Anniversary

Little Ferry Hose Company #1 is celebrating its 100th anniversary with a challenge coin commemorating its 1922 American LaFrance Fire Engine (1922-2022).

Coins are \$20 each, while supplies last. Free local delivery. Shipping available for an additional fee.

To purchase this limited edition coin, call or text: 908-801-6175 or via email: lfhoose1fundraising@gmail.com ###

# HHFD Fund Drive

The Hasbrouck Heights Fire Department began their annual fund drive by delivering their appeal letters to each household starting Sunday, September 25, 2022. Please mail your donation by sending a check in the enclosed return envelope.

Residents not receiving an appeal letter may send their contribution to HHFD, P. O. Box 492, Hasbrouck Heights, NJ 07604. Thank you. ###

# Rutherford Fire Engine Co. #2 Golf Outing

On Saturday, October 1, 2022, the 7th Annual Louis S. Eberspacher Memorial Golf Outing will be held at Flanders Valley Golf Course, 81 Pleasant Hill Road, Flanders, NJ.

Registration and continental breakfast starts at 10 a.m., tee time is at noon (*shotgun start*).

Cost is \$175 per golfer, package includes: Grille lunch, golf cart, greens fees, range balls, \$5 voucher for Pro Shop, three drink tickets, dinner back at the firehouse with awards and prizes. Sponsorships available.

For information, call Bob at 201-522-9939 or Justin 848-459-2609. Register online at: www.thelouieopen.com ###

# Antique Fire Truck Muster October 8

Little Ferry Hose Co. #1, in celebration of their 1922 American La France, is hosting an Antique Fire Truck Muster on October 8, 2022, from 12 to 4 p.m., at 95 Main Street (*rd October 9*).

All fire trucks are welcome with awards for fire trucks 1985 and older.

For more information, call 908-801-6175 or email: antiquemuster@gmail.com

There will be food trucks, DJ, T-Shirts, challenge coins for sale, vendors, beer garden, etc. Event is open to the public. ###

# WRFD Inspection October 1

The Wood-Ridge Fire Department will hold their Annual Inspection, 5:30 p.m., on Saturday, October 1, 2022.

The Department will be in full dress uniform. The equipment and Fire Headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

# WRFD 125th Memorabilia Available

Thanks to all who attended our 125th Anniversary celebration on July 9, 2022.

We have memorabilia items for sale: "T" Shirts \$15, Challenge Coins \$15, Ceramic Mug \$25, Plastic 10 oz. Mug \$3, WRFD 125 Year History Journal \$5.

Available for sale on Sunday mornings at the WR Firehouse on Sundays, October 2, 9, 16, and 23.

The Wood-Ridge Fire Department thanks you for your generous and continued support. ###

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# Repair Café October 1

The Rutherford Green Team will hold its Fourth Repair Café on Saturday, October 1, 2022, from 12 to 4 p.m. (RD October 2) in Lincoln Park.

Area residents are invited to bring broken or non-functioning items on a first-come, first-served basis, they will be assisted and advised in making repairs. Participants register at the reception table. Limit two items at a time.

Expert volunteers will have the necessary tools and may have some spare parts available for a nominal fee, but participants are encouraged to obtain the necessary parts.

Rutherford's repair café will have the following stations: bicycles, clothing, sewing machine repair, small appliances, computers, lamps, furniture, small engines (lawnmowers), knife sharpening, and jewelry.

There will be coffee, tea, and homemade baked goods, as well as a craft table (where adults and children will make art out of trash and recyclables).

To volunteer or for more information, contact Brian Hanson-Harding at brianhansonharding@gmail.com ###

**RECYCLE**

# Training for Clown Volunteers

If you like to make people smile, now is your chance to join "Call-Us-Clowns, Inc."

We are a group of Caring Clowns who volunteer at area hospitals, nursing homes, senior centers, day care centers, schools, and various charitable events.

No experience is needed and training is provided when you join. You must have the time and desire to serve the community as a clown volunteer.

The next training course begins late October 2022 and will meet for five to six weeks on Mondays, from 12:30 p.m. to 3:30 p.m., in Hackensack. The course is required for new members and is designed to teach you skills to become a working member of our troupe. For more information or to apply, email us at: info@callusclowns.org with your contact information. Enroll now! Class space is limited!!

This course is staffed by experienced clowns. You will learn about clown make-up, costume, the clown persona, clown history, as well as clown movement, balloon sculpture, face painting, juggling, magic and other tools and skills of the caring clown.

For more information go to: www.callusclowns.org ###

# Fall Tutoring

Did your child fall behind over months of remote learning? Does your child need a refresher course after a summer of non-academic activities? Then come and join our fall tutoring sessions and get back into it! Confidence = Competence.

Care on the Corner announces Fall Tutoring for students in Grades 1 to 4. Three sessions will be offered this fall on Thursdays: Session 1 September 22 to October 13; Session 2 October 27 to November 17; Session 3 December 1 to 15.

The children and teachers meet from 3:30 to 4:30 p.m. at the Care Center, 333 Franklin Avenue, Hasbrouck Heights. Call the Care Center at 201-288-9460 to register. There is a \$75 fee for each of the first two sessions and a \$65 fee for the third session. Scholarships are available. Nichole Rucci (NJ Certified Teacher) will be the coordinator. ###

• Stephen Clarke holds the record for the world's fastest pumpkin carving time: 24.03 seconds, smashing his previous record of 54.72 seconds. The rules of the competition state that the pumpkin must weigh less than 24 pounds and be carved in a traditional way, which requires at least eyes, nose, ears, and a mouth. ###

# NewARTS Kids

Care on the Corner is excited to announce NewARTS Kids for children ages 5 through 11! Do you have an aspiring young artist in the family?

Under the direction of Debra M. Cook, young artists will have fun while creating "Be Kind Artwork." Students will explore different mediums each week that will stimulate their imaginations and creative expression. They will be using acrylics, Pen & Ink, markers, oil pastels, and watercolors.

The group meets in the Care Center at 333 Franklin Avenue, Hasbrouck Heights. Call the Care Center at 201-288-9460 to register. Space is limited to 12 children per class. Tuition is \$80 and includes all materials. Scholarships are available.

**Session Dates:**

- October 4: Be Kind to the Environment T-Shirts.
- October 11: Be Kind to Animals Paintings using Watercolors and Pen & Ink.
- October 18: Be Kind to Others using Watercolors and Oil Pastels

Tuesdays 4 to 5 p.m., 5 to 7-year-olds  
Tuesdays 5 to 6 p.m., 8- to 11-year-olds

Debra M. Cook is returning to teach these classes. Debra has been teaching ART to children for over 25 years. Her classes are so much fun She works to help each student develop the artist within them. Together they work on developing an understanding of the elements of art and explore how they can be used with a variety of art media. ###

# Adult ESL Classes

Fall 2022 ESL Classes starting on September 28, 2022, for 10 weeks, ending December 7 (no class November 23), Wednesday nights from 7 to 8:30 p.m., at Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, NJ.

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as one-to-one instruction, to people from other countries and other language backgrounds.

For more information about the adult ESL program or to register a student, please call the Care Center office at 201-288-9460. A registration form, accompanied with a non-refundable \$15 registration and materials fee, must be completed for each student. Financial assistance is available. ###

# Sip for Safety

Sip for Safety: A Wine Tasting in Memory of Michele Sabia, is scheduled for Sunday, October 9, 2022, 4:30 to 7:30 p.m. at the Williams Center, 1 Williams Plaza, Rutherford.

Sip for Safety is a wine tasting event to honor the memory of Michele Sabia, who was a teacher at Rutherford's Washington School at the time of her death in 2016, when she was fatally shot by her husband.

Her father, Pete Miragliotta, is a Center for Hope & Safety board member and advocate for domestic violence prevention and awareness.

Please join us to continue Center for Hope & Safety's mission of fostering healing and change for adults and children throughout Bergen County who are victims and survivors of domestic violence. Artwork from survivors of domestic violence will also be on display.

To purchase tickets, ads, or sponsorships, contact Liz at elizabeth@hopeandsafetynj.org or call 201-527-6201. ###

# W-R Soccer Parade Kicks Off Season

On Saturday, September 10, 2022, Wood-Ridge Recreation Soccer hosted its annual opening day parade at the Wood Ridge Athletic Complex (WRAC).

The celebration began at 10 a.m., with a short parade of all teams marching from the south end of the complex onto the soccer field.

This was an exciting time for all of our 387 athletes and families who are connected to this soccer program.

Following the parade, there was a fun-filled afternoon for the families, bringing the Red Bulls Street Team to the field, as well as providing bouncy houses for the children.

In conjunction with celebrating the official start of our soccer season, we were excited to celebrate the 40th Anniversary of the Recreation Soccer Program (1982-2022).

During the ceremony we honored a few of the original members that were involved with the program back in 1982.

Mayor Paul Sarlo spoke at the event and ceremoniously kicked in the first goal of the season. Provided by Ed Monti, President, Wood-Ridge Recreation Soccer. ###


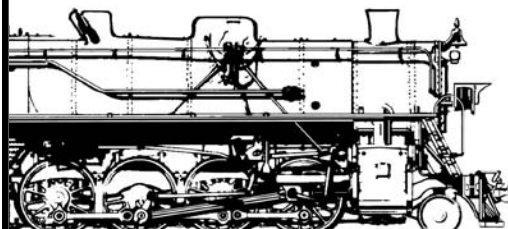
• The Village Halloween Parade in New York City is the largest Halloween parade in the United States. The parade includes 50,000 participants and draws over 2 million spectators. ###

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## Italian Wines Part 2

The American Wine Society Meadowlands Chapter is hosting a wine tasting meeting on Friday, October 14, 2022, from 6:30 to 9 p.m., at the award-winning wine school, Make Wine with Us, located at 21 Currie Avenue, Wallington, NJ.

"It started with the Greeks." In the 8th century the Greeks brought grapevines to Italy and the rest as they say is history.

Italy has been making wine for over 2800 years. With 20 wine regions, and over 500 documented different kinds of grapes in circulation, and with a total number of over 2,000 grape varieties, Italy certainly has earned the title of "Land of the Grapevines."

To say that wine has not been at the center of life in Italy, would be an understatement. Find a picture of an Italian dinner without wine on the table, go ahead I dare you.

Italy is the top country in wine production in the world, the country with the 2nd most is France, but they are behind Italy by over 600,000 liters.

So, grab your glass, it's time to enjoy a trip to the Italian Vineyards as we celebrate regional wines of Italy with "Mamma Mia..... Questo è un sacco di vino part du!" "Mamma Mia.....That's a lot of wine part 2"!

To try and sample all of the regions of Italian wines is impossible, but we are sure going

to have fun trying.

Our very own Damon Falcone, newly AWS certified wine judge, will guide once again through another region of Italy, tasting and sharing his knowledge and personal experience from his many trips to his homeland Italy in this class.

Damon, if you missed him the first time you don't want to miss this one as he will delight us all with his quick wit, smile and details of his love of wine. Yea he is pretty cool too!

We will sample various varietals and Damon will guide us as we taste and compare the regions. This will prove to be a wonderful evening of Italian wines; Magnifico!

Please come and check out what the rave is all about regarding our chapter, AWS-Meadowlands, the fastest growing chapter in NJ.

Wines, delicious savory and sweet snacks, and YES of course, Denise will be bringing her world-famous chocolate covered grapes. All of this enjoyed with the company of some fun-loving people. \$20for AWS members and \$25 for guests. Such a Deal!

Seating is limited. Contact [wineclub201@gmail.com](mailto:wineclub201@gmail.com) to reserve your seats. Ask us about our upcoming Wine events.

"Age and Glasses of wine should never be counted."

*Philip Miuccio AWS Meadowlands Vice chapter chair, the other good wine guy. ###*

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Front (l-r) Ann Marie McCarthy, Micki Prokop. Back l-r) : Laura O'Connor, Debra Mania, RoseMarie Woodruff, Noelle Martello, Kanta Tailor, Renuka Pinto, Pat Ferro and Gerry Primiano. ###

The Woman's Club of Rutherford recently served lunch to the seniors at 55 Kip Center at 55 Kip Avenue in Rutherford. 55 Kip Center is a community focal point where older adults find crucial resources, programs and services that will meet their ever-changing needs. The Woman's Club of Rutherford is proud to support 55 Kip Center in its mission. *Provided by Leslie Beck.* ###

## Cancelled Stamps Wanted

The TUBFRIM, is a Norwegian organization located in Brooklyn that collects stamps along the east coast – Maine to Florida. The organization is still the Sons of Norway with a branch in Brooklyn. They also use the money from the sale of stamps to aid physically and mentally challenged children and youth.

If you would like to help the Leisure Club of Hasbrouck Heights in collecting cancelled stamps, please trim the stamps to 1/4 inch around the stamps.

Old envelopes and post-cards are also being collected. If envelopes, postcards etc., are more than 40 years old, please do not cut off the stamps, but save the whole envelope/postcard.

The stamps can be dropped off or sent to: The Gazette Newspaper, 345 Boulevard, Suite 5, Hasbrouck Heights, NJ 07604 or bring them to a Leisure Club meeting. ###

### October is National Domestic Violence Awareness Month

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### Clever Costumes

- The brighter the better. Whether you buy a costume or make one yourself, choose bright colors and flame-retardant materials. If your child will be trick-or-treating outdoors after dark, attach reflective tape to his or her costume.
- Size it right. In case it's chilly outdoors, make sure your child's costume is loose enough for warm clothing to be worn underneath — but not long enough to cause tripping. Avoid oversized shoes and high heels.
- Skip the masks. A mask can obstruct your child's vision, especially if it slips out of place. Use kid-friendly makeup instead.
- Limit accessories. Pointed props — such as wands, swords and knives — may pose safety hazards. ###

*Harry Houdini (1874-1926) was one of the most famous and mysterious magicians who ever lived. Strangely enough, he died in 1926 on Halloween night. ###*

# NEIGHBORS DAY

Sat. Oct 29 1:00 pm – 4:00 pm

As our community has been getting out and about more often in recent months, and before the nice weather ends,

**Bible Baptist Church invites you to  
“Neighbors Day”**

31 Passaic Avenue rear parking lot @ Henry St & Woodside Ave

**18 Foot Bounce House/Slide**

**Trunk or Treat** (up to 6<sup>th</sup> grade no bloody or scary costumes please)

**Hot Dogs, Refreshments and more**

Come say hello.  
Get to know us and what we offer the community.



Samaritan’s Purse provides humanitarian aid throughout the United States and the world. They also deliver Christmas shoe boxes to less fortunate children in other countries. It’s called **Operation Christmas Child**. If you’d like to help us in preparing shoe boxes this year you can. Just bring an age appropriate item for girls and/or boys ages 5-9.

**Some suggested items are:** Soccer ball (deflated w/hand pump), toy truck, doll, toy boat, stuffed animal, musical instrument (harmonica, woodwind recorder), toothbrush, underwear, socks, flip flops, wash cloths, backpack, pencils, notebooks, erasers, etc.)





## The Right Stuff

The Hasbrouck Heights High School Marching Band prepared for this year's show during Band Camp at the High School's Hitchcock Field, August 22 through 26, 2022.

The 40 members, consisting of the band and color guard, took the week to learn marching basics, the music and the moves making up the routines for this year's show.

The marching band consists of Hasbrouck Heights students Grades 7 through 12. About 10 are new band members.

This year's selections, chosen by Director, Joe Ascolese, are "The Contender," "One Way Or Another" and "We Are Young."

This is Ascolese's 28th year. The drill design and instructor is Michael Coppola.

This year's Drum Majors are Gaea DePass and Angela

Ndocaj. Captains of the Color Guard are Alejandra Afanador and Leeyana Marcelo.

All band members are Heights kids. The marching band practices about four hours a week.

They used to go away to camp at a cost of \$200 per member. The cost of at home Band Camp is \$40 each for refreshments and lunch. This is the 16th year the Band Camp has been held at HHHS.

The Hasbrouck Heights Music Parents Association organizes the food and refreshments. Jennifer Ober is president of the Music Parents Association.

The marching band performs at all home and away football games and town parades.

The marching band's first performance this season was September 9, 2022. ###





# Scenes from Carlstadt 9-11 Memorial Service

The community of Carlstadt held a brief remembrance service on the Village Green on Sunday, September 11, 2022. Mayor Bob Zimmerman led the program. Cornerstone Church Pastor John A. Pra provided the prayers and Sharon Dunn played the bagpipes. *Photos by Dennis Kronymak Sr. ###*



Scenes from Carlstadt Opening Day Soccer Parade on September 10, 2022. *Photos by Dennis Kronymak Sr. ###*



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## Moonachie Remembrance Service

The community of Moonachie held a remembrance service at 11 a.m. on September 11, 2022 at the Memorial Garden at Borough Hall.

Mayor Dennis Vaccaro led the program. Invocation and Benediction was given by Fr. Michael Otuwurunne and Pledge of Allegiance by Joanna Romero.

RLC School singers sang "The National Anthem" and "God Bless America." RLC students Jayden Cruz and Briana Cerna each read a poem.

Speakers included RLC Superintendent James Knipper and Ashante Johnson from Congressman Pascarelli's office.

The Memorial Wreath was placed by 1st Assistant Fire Chief Bill Hunt Sr. and First Aid & Rescue Lt. Chris Yushasz. ###







**Corpus Christi Parish Picnic**

The Corpus Christi family invited the community to their Parish Picnic, celebrating their 125th Anniversary on Saturday, September 10, 2022, on the parish grounds.

There were outdoor games, delicious free food cooked by their Knights of Columbus Council, DJ, evening live music, clowns, face painting, ballooning, children's gift raffle, 50/50 raffle, Tricky Tray, dunk tank, service dogs and town emergency vehicles for tour. See page 7 of the September Gazette Newspaper for a brief history of Corpus Christi Church. ###





Year 2022 Service Award Recipients (Name & Years): Andrew Lavenziano (5), John R. Schwedhelm (5), Dylan Francavilla (5), Leo Morolla (15), Robert Aitken Jr. (15), Anthony DiBlasio (25), Joseph Montelone (25), John Ruff (30), Paul Schwedhelm (30), Ronald Anzalone (45). Also LFFD Active Member certificates to John T. Garland, Bryan Reinhardt, Andrew Vitale. ###



# LFFD Inspection/Memorial

The Little Ferry Fire Department held their Annual Inspection and Memorial Service on Saturday, September 10, 2022. This continued tradition took place at the Little Ferry Firemen’s Monument plaza, located center-of-town, at the crossroads of Kavrik Street and Marshall Avenue.

As tradition prevailed, the LFFD Honor Guard presented the colors as Firefighters stood in line formation. The program began with the Pledge of Allegiance led by Brian Busico, Secretary to the Board of Fire Officers, followed by the playing of our National Anthem. An invocation was delivered by Hose Co. #1 Ladies Auxiliary President Donna Kral.

Fire Chief Steven P. Iurato welcomed Department members and guests, introduced the 2022 Fire Officers and recognized retired LFFD Life

Members who had served in the Department for 25 Years or more. Year 2022 new Member Certificates and Service Year Awards were presented to a number of active members for their years of dedication and service. Among this year’s honorees with 45 years of service was active Life Member, Ex-Chief and current Fire Commissioner Ronald Anzalone.

Chief Iurato read the “LFFD Honor Roll” of departed members, which was followed by the sounding of the Firemen’s “Third Alarm,” playing of Taps and concluded with a Departmental hand salute. Memorial wreaths were placed at the Firemen’s Monument in loving memory of all departed Little Ferry Fire Department & Ladies Auxiliary members.

Chief Iurato led an inspection of assembled firefighters and the Fire Department’s

apparatus. He thanked all who support the LFFD and gave special thanks to the members’ families who make sacrifices which allow members to be firefighters. Fire Department Chaplain Paul Bruno provided a closing prayer and services were concluded. *Provided by Brian Busico. ###*







# Artful Thinking

By Artie Maglionico • Lodi Historian

## Artful October 2022

This past summer, while jogging through the side streets of Lodi, I heard the urgent blast of sirens a block or two away. I looked and noticed plumes of billowing black smoke rising into the sky coating the atmosphere and blocking out the morning sun. Then there was fire, fierce demonic flames crashing through windows and threatening neighboring homes with its relentless, all-consuming inferno. Thankfully, there were no casualties.

Within minutes the entire area was surrounded by Lodi Police officers, Fire Department members from Lodi, Hasbrouck Heights, Hackensack, and Wallington.

Also on the scene was Lodi's Fire Marshall Paul Wanco. After twenty years of service the Lodi native has seen his share of fire and, along with his staff, has prevented countless tragedies along the way.

Fire Marshall Wanco, a 1973 graduate of Lodi High School, had aspirations of entering fire service even as a child at Washington Grammar School. "I became a certified fire inspector after receiving my official license through Civil Service," said Paul at a recent interview at his Lodi office. "There was an opening in town and I have been here ever since."

The primary function of Fire Inspectors is to look for violations in homes, apartments and businesses throughout the community. They operate under the New Jersey fire code which is second only to California when it comes to having the strictest laws. "We inspect non owner residents, one and two family homes. Also, multifamily homes three families and up regardless if the owner lives there or not," said Paul. "It's a yearly inspection."

As for local businesses, if they fail inspection they are given a form stating the violation. The owner is then given 15 to 30 days to comply. "We do

approximately 30 inspections a year." Said Paul, "Both initial and re-inspections."

Absentee landlords of one and two family homes must be registered and inspected on a yearly basis.

Included in the inspection, both in and out, are meters, electrical cords, lights and outlets. Among those items on the inspector's check list are extension cords, power strips with circuit breakers, electrical panels, gas meters and smoke and carbon monoxide detectors.

"In my opinion," said Fire Marshall Wanco, "carbon monoxide detectors should be placed lower to the floor about the same height as an electrical socket. Carbon monoxide, unlike smoke, is heavier than air and stays lower to the ground. Batteries should be changed at least every six months."

Much needed seminars at schools and senior centers as well as educational briefings at fire houses were put temporarily on hold due to the Covid-19 pandemic. Hopefully, those extremely important functions will be starting up again in the near future.

The more we know the better are we prepared and the safer we become. The key word is safety. "We fire inspectors are in this for life safety," said Wanco. "People are sometimes unaware of what fire prevention is all about. It's our job to make sure they know."

Fire Marshall Paul Wanco is a certified arson and explosion investigator and certified vehicle fire inspector. His staff includes inspectors Michael Barkley, Thomas Rielly, Captain Charles Guarino Jr. and Fire Prevention Bureau Administrative Secretary Deborah Citro.

With the holiday season fast approaching, and that includes Halloween, Fire Marshall Wanco reminds us to make certain that our decorations both in and out of the home are at least 15 feet away from any combustible material

or structure. Be attentive to the Christmas tree. Be sure to keep it hydrated at all times and check for safe lighting. Never leave the tree unattended. As you leave the house turn off all decorative lighting. "Be careful of extension cords" warns Paul.

If you smell natural gas or electrical problems, don't hesitate to call 911 immediately. At our office, preventing a possible tragedy is priority one."

October is Fire Prevention month, so let's all follow the rules and go beyond the call of duty when it comes to practicing safety. As Fire Marshall Paul reminds us, "It's better to be safe than sorry and do not play with matches."

In the meantime have a happy and safe Halloween. Many of your decorations are rivaling those of Christmas. Some of them look like they belong on a Hollywood movie set. All designed to make us pleasantly frightened. It's Halloween, folks. It's okay to get scared if only a little. See you all next month and while we're at it, God Bless America and our men and women of the Military past, present and future. ####

Lodi Fire Department Chaplain Pete Christiana offers his prayerful message to fire fighters throughout the USA.

### The Fireman's Prayer

Author unknown

When I am called to duty God  
Wherever flames may rage.  
Give me the strength to save  
a life  
Whatever be its age.  
Help me to embrace a little  
child  
Before it is too late.  
Or to save an older person  
From the horror of that fate.  
Enable me to be alert  
And to hear the weakest shout.  
And to quickly and efficiently  
Put the fire out.  
I want to fill my calling  
And to give the best in me  
To protect my every neighbor  
And their property.  
If according to my fate  
I am to lose my life  
Please bless with your  
protective hand  
My children and my wife.

Fini



Congrats are in order for Lodi Fire Department members Phil Alberti and Richard "Archie" Dowson for 50 years of dedicated service to their community. ####

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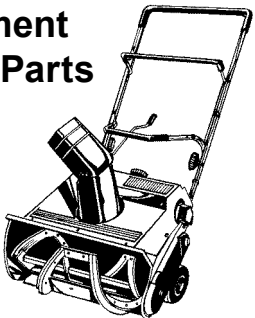
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## Historically Speaking

By James J. Halloran



### Big Plans -- Big Planes

Frederick Kuhnert had big plans. He purchased 20 acres in Hasbrouck Heights to build an “aerodrome.” This was in 1910. He planned to build a 14-passenger airplane. At this time airplanes could barely get aloft with two people. In 1912, the plane did fly, but only in pieces. At that time the aerodrome was hit by a tornado and destroyed

the plane before it could fly.

Walter C. Teter also had big plans. In 1917, Mr. Teter purchased about 700 acres of marshland from Moonachie, Little Ferry and Lodi Township (now South Hackensack).

His plans were to develop the reclaimed marshland, to build a racetrack, 18-hole golf course and an airport. This be-

came the Borough of Teterboro on March 26, 1917. In 1918, additional land was annexed from Hasbrouck Heights.

A dirt air strip was built on the site. There was development during the First World War. A company set up operations in 1918. This was the Wittemann – Lewis Aircraft Company. The Wittemann – Lewis Training Tractor (T-T 1), a two seat, training biplane was produced in 1918.

The US Army awarded a contract to the company, in 1921, to build two XNBL-1 (Experimental Night Bomber, Long Range) Barling Heavy Bombers. They also received a contract to modify 25 De Havilland DH 4, day bombers, for the US Postal Service, for air mail service.

US Army Air Service, General William “Billy” Mitchell asked Walter Barling, who had worked for the Royal Aircraft Factory, during WW I, to design a large bomber, that could carry a 5,000 Lb. bomb load at 100 MPH and at a height of 10,000 feet.

Only one Barling bomber was built. The Army canceled the second aircraft because of cost overruns. By the time it was completed the cost had risen to \$525,000 for one bomber. The original contract was for \$375,000 for two bombers. When the bomber was completed, it was shipped to Wright Field in Ohio. The plane was assembled and flown on August 23, 1923. At the time it was the largest plane in the world.

It was in a Tri-Plane configuration and had six Liberty engines of 420 hp. each. These engines were housed in four nacelles. The inboard nacelles held two engines. This was a push pull arrangement. The plane had a crew of seven. It was 65 ft long with a wing span of 120 ft. Maximum speed was 100 MPH and had a service ceiling of 7,725 ft.

Anthony Fokker was born in Holland and built his first airplane there. Before the First World War, he moved to Germany. He designed and built aircraft for the German air service. His more notable designs were the DR 1, tri-plane of Baron Manfred von Richthofen, AKA “The Red Baron”, and the D VII, biplane fighter. The D VII was so respected by the Allies, that it was specifically banned by the Treaty of Versailles.

Fokker returned to Holland after the war and started an aircraft company. He decided to expand his company to America. Fokker purchased the Wittemann factory in Teterboro. ###

**Yield to Pedestrians**



## Real Estate Insight

By Mary Ellen Courtney

### On Real Estate TV Shows

Turn on the TV any night and – guaranteed! – you are likely to find some show or other dedicated to real estate.

Most of these shows concentrate on flipping and rehabs and they’re a great motivating factor for many new and adventurous investors.

The story lines may be dramatized for effect but, if you can see past the drama, there are quite a few lessons you can take away from watching these shows. Here are just a few you can learn...

• **Every Deal Has Its Challenges.** There’s no such thing as an easy real estate deal. Every phase – from purchase to closing – has potential potholes and you can get a small taste of the issues on these shows. Sure, they may be played up for effect but they are very real and often unavoidable.

Contract negotiations, the results of home inspection reports, the costs of obtaining financing... all present some form of crisis, usually at critical junctures of the transaction. The lesson is: you can’t freeze up and do nothing; action is required, hopefully in the mold of well-informed decisions.

• **The Need For Hard Work.** If there’s one lesson to take away from sitting on your couch watching real estate TV, it’s that it takes hard work to be successful in the field.

In a market place like the one we’ve been experiencing for some time now, finding a deal and securing its purchase can involve weeks of searching, viewing and – frustratingly – failed attempts.

The buying process is often much more difficult than it looks on TV these days. As much as they inject drama on-screen, you can expect it to be twice as vivid in real life.

• **The Importance Of A Good Team.** Every buyer, investor or group that you see on TV has a good team to support them. Starting with the quest and ultimate acquisition,

• *Halloween was influenced by the ancient Roman festival Pomona, which celebrated the harvest goddess of the same name. Many Halloween customs and games that feature apples (such as bobbing for apples) and nuts date from this time. In fact, in the past, Halloween has been called San-Apple Night and Nutcrack Night. ###*

they rely on their real estate agent for guidance and market knowledge. They seek advice from contractors and other sources to get a better understanding of the costs of repairs with respect to their budget.

The nuts and bolts of the deal are provided by other team members, the attorney, the mortgage broker, the title representative, etc.

Real estate on TV runs smooth with many people, who may not agree on everything all of the time, but who share the same common goal of aiding the buyer make their deal. So it is in the real world, as well.

• **Market Knowledge.** TV buyers are successful because they seem always to fully understand the market they’re investing in. They don’t overpay for properties or underestimate the end sales price target. They’re familiar with all the local town codes.

This type of knowledge takes months of research and commitment to attain; most buyers – those who are not professional real estate investors (or TV actors pretending to be) – avail themselves of just enough information to complete a one-off purchase. But whatever its level, an education of local market conditions is always helpful.

• **Work/Life Balance.** Again, this applies mainly to professional investors as we see them represented on TV and sometimes in real life. But in today’s hectic market, it isn’t uncommon to encounter buyers who obsess over the time and effort required to find a suitable property.

In the TV shows there are moments that aren’t related wholly to real estate because, as we know, one can’t be at work all the time. The lesson here is: it’s easy to get frustrated and burnt out unless you’re sensible enough to take time off, clear your mind and regroup your thoughts.

Purchasing real estate is a complex process. If you’re a couch potato and have an interest in learning, real estate centered TV shows might offer you some valuable entertainment.

There’s always a lot to consider when buying, selling or renting a home. For expert guidance, contact Mary Ellen Courtney, Broker-Manager at Terrie O’Connor Realtors’ Gateway Group, 201-288-0004. She and her professional team will help maximize your efforts’ success! ###



Astra Aero-Fokker F-VII-B 3-m (CH190)



Fokker F.32 left front LAéronautique December, 1929



Barling Bomber in flight, Witteman-Lewis XNB-1, Wikipedia

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Please send photos as attachments.



ER Seniors

Upcoming Events  
Time and Prices TBA

- October 5: Octoberfest 2022 and Folk Dancers, Krucker's Farm, Pomona, NY. Upon arrival, coffee & scone biscuits. Soup, Sauerbraten, pork loin, dessert, coffee, tea. Bus leaves CVS 9:30 a.m. and departs event at 4 p.m. \$63 pp.
- November 17: American Bandstand - Live Band Entertainment, La Reggia, Secaucus. 2 complimentary drinks, 4 course luncheon served family style. Departs CVS Parking Lot at 10:30. Departs event 3:30 p.m. \$65 pp.

Any East Rutherford senior resident, 50 years or older is welcome to join the Club. Meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. There are special events and parties for members throughout the year.

Free blood-pressure screenings - on the 4th Tuesday of the month beginning at 11:30 a.m. Membership is \$15 per year. Contact Debbie for membership at 201-803-4708 and Josephine for trips at 201-981-6284. Payment must be received 2 weeks prior to the event. ###

Historical Society Seeks Members

The Wood-Ridge Historical Society is actively seeking to expand Society membership. Anyone interested in the history of the Borough and surrounding communities is invited to join the Society and offer new insight and assistance in activities and programs that will broaden that interest.

It is not necessary to be a Wood-Ridge resident and there are no dues. High school students seeking community service would be sincerely welcomed.

To become a member, simply submit your name, address, telephone number and email address to ccssidy@njwoodridge.org, and you will receive notification of meetings and events. ###

• *Teng Chieh or the Lantern Festival is one Halloween festival in China. Lanterns shaped like dragons and other animals are hung around houses and streets to help guide the spirits back to their earthly homes. To honor their deceased loved ones, family members leave food and water by the portraits of their ancestors.* ###

Carlstadt Senior Friendship Club

Senior Friendship Club, Inc. meets at the Civic Center Building, every first and third Wednesday of each month. Every Thursday, from 1 p.m. to 5 p.m., card games Mexican Train/dominos.

Senior Club Meetings are 1st and 3rd Wednesdays of the month. We have interesting events at our regular meeting days with guest speakers and entertainment. We follow protocols of CDC. We are planning for more varieties of programs, such as cultural events, hands on art and craft, musical events and much more.

**Trips**

- October 12: Li Greci's, Octoberfest, Gene Wojna, food, music, dance, drink. \$70 pp. 9:30 a.m. to 3 p.m.
- November 30: Brownstone. Home for the Holidays. Food, music, dance, one drink. \$58 pp.

Call Helene at 201-463-3000 for details. ###

Lodi Seniors

Rose Benti, president of the Senior Citizen Club of Lodi, is inviting residents ages 55 and over to become active members of the Club.

It's a great place to establish new friendships, share a laugh or two over a cup of coffee and take part in the various programs that the Club has to offer. There are numerous trips, parties, top flight entertainment, Bingo games, Billiard tournaments, shuffle board and more.

If you want to keep fit and energized you can take part in the Club's exercise classes led by certified personal trainer, Lisa Cuba, of Cubafit. The class, held each Thursday at 11.30 a.m., includes body toning, strength training and balance coordination.

For more information on how to become a member, contact Rose Benti or Don Stein on Thursdays between 10 a.m. and 3 p.m. 973-472-6994. *Provided by Artie Maglionico* ###

LF Seniors

Meetings are second Thursday of each month at 1 p.m. Refreshments are served. Bingo is the 2nd and 4th Tuesday of each month at 12 p.m., Pokeno is every Friday at 12:30 p.m. All meetings and games are held at Little Ferry Senior Center, 95 Main Street. New members always welcome. Dues are \$10 per year. Call Mary for further information at 201-686-8424. ###

Hydrate

Moonachie Senior Club

Any seniors living in Moonachie, who are at least 60 years young, may join our Club. The dues are only \$10 a year, payable at our first meeting in January of every year.

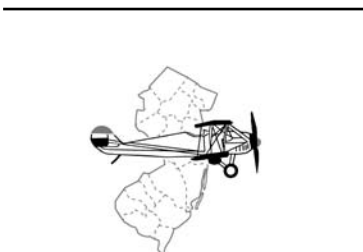
At several of our meetings, we will have speakers on interesting topics and some form of entertainment. After every meeting, you will receive a small, tasty Club sandwich, a cup of tea or coffee, and some pastry. At the end of the year, you will also enjoy a Christmas party, at a local restaurant.

Anyone from Moonachie who might be interested in joining our Club, please call Roxane at 201-807-1085. *Provided by Charles Pallas.* ###

Vic's Hoofers

The Vic's Hoofers, a ladies social group, meets on the first Thursday of the month at the Carlstadt Civic Center on 4th Street at 7 p.m. Women from surrounding towns are invited to join. Dues are \$15 per year.

So put down those electronic gadgets and join us for some good old fashion fun and laughter. Refreshments are served and fun activities are planned for each month. New members welcome. Call Alice at 201-933-8561. ###



Enjoy Meeting People? Become a Volunteer!

The Aviation Hall of Fame and Museum at Teterboro Airport is seeking Volunteers who enjoy meeting people.

There are 3 different Volunteer activities to choose from, tour guides, maintenance people to work on projects and new displays and computer associates to work in our rich library. We offer flexible hours and free training and support.

Visit [www.njahof.org](http://www.njahof.org) and check out the self guided tour of our Museum. For additional information call Ralph at 201-288-6344 or email: [ralph.villecca@njahof.org](mailto:ralph.villecca@njahof.org) ###

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Holy Trinity Lutheran Church Activities

- **Annual Blessing of the Animals** and Commemoration of St. Francis will be held on the front lawn of Holy Trinity Lutheran Church, 92 Burton Avenue, at noon on Sunday, October 9, 2022. Bring your pet to receive a blessing and join our celebration of creation and the life of St. Francis of Assisi. All are welcome!
- **Bible Study.** On Thursdays at 2:30 p.m. on Zoom, Pastor Susan Nelson-Colaneri will lead a study of the last book of the Bible, Revelation. Many regard Revelation as not just the most difficult book in the New Testament but also the most bizarre. True, it is full of strange, lurid, bizarre and violent imagery.

To join the conversation and study, contact Pastor Susan at [htlchhpastor@gmail.com](mailto:htlchhpastor@gmail.com) to receive the weekly Zoom link. ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information. Send these details at least 45 days prior to the event to: [fritz@hasbrouck-heights.com](mailto:fritz@hasbrouck-heights.com) or drop them off at: **The Gazette Newspaper**, 345 Boulevard, Hasbrouck Heights, NJ 07604. ###

Memorial Announcements

Format shown below. Size is 4" x 4". Deadline: 30 days before issue date. Cost is \$200. Payment with order. Typesetting included. Email contact info, copy & photo and month to be published to: [gazettenewspaper@gmail.com](mailto:gazettenewspaper@gmail.com)

Deadline for December issue is November 1, 2022

*In Memoriam*

**Name of Loved One**

Special date(s) listed here

Black & white photo inserted here

*Sample size and format*

*Appropriate comments with family names listed here.*

*Limit 15 words.*

*Prayerful Reflection*

**Silent Retreat**

Christus Rex Catholic men's silent retreat is scheduled for the week-end of October 14-16, 2022, at the Loyola Jesuit Center in Morristown, NJ. Free will offering. During this quiet week-end, you can develop your spiritual experience within the framework of prayer and scripture ... in quiet, tranquil surroundings.

Retreat house details at: [www.loyola.org](http://www.loyola.org)  
Call 973-539-0740 for more information.

*You owe it to yourself to attend at least one silent retreat in your lifetime.*

Rutherford Community Pantry

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service. Recipient eligibility is determined by local pastors and social services. A completed and approved referral is required. Limitations apply. For more information go to: [www.rutherford-nj.com/pantry](http://www.rutherford-nj.com/pantry) ###





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# Religious Directory

## Baptist



**BIBLE BAPTIST CHURCH**  
31 Passaic Ave., Hasbrouck Heights  
288-4139 • www.biblebaptist.net  
Rev. Eric Dammann, Pastor  
8:30 am Prayer  
Services 10:30 am and 6 pm  
email: info@Biblebaptist.net

## Presbyterian



**CARLSTADT FIRST PRESBYTERIAN CHURCH**  
The Community's Church  
Sunday Worship @ 10 am  
Division Avenue @ Third Street  
201-438-5526 • cfpchurch.org & FB  
Pastor Debbie Gargiulo

## Reformed



**FIRST REFORMED CHURCH IN HASBROUCK HEIGHTS**  
300 Washington Pl. @ Burton Ave.  
201-288-1122 • firstrefh@optonline.net  
Sun. 9 am School • 10 am Worship  
Rev. Debbie Rundecker, Pastor  
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## Presbyterian



**FIRST PRESBYTERIAN CHURCH OF MOONACHIE**  
221 Moonachie Road  
Parish Office: 201-939-7920  
Sun. Worship Service: 11:30 am  
Linda Van Kampen, Pastor, 201-410-7522  
Martha Day, Pastor, 201-755-1612

## Catholic P.N.C.C.



**TRANSFIGURATION OF OUR LORD PARISH**  
135 Hathaway St., Wallington 07057  
973-779-4329 • frgregory11@verizon.net  
Very Rev. Gregory Mludzik, Pastor  
www.transfigurationpncc.org  
Sun. 9:30 am English • 11 am Polish

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## Methodist



**CHRIST FIRST UNITED METHODIST CHURCH**  
57 Burton HH • 201-288-4636  
Rev. Kim, Pastor • 201-240-7811  
www.facebook.com/CFUMCHH  
Sun. 10:15 am • Worship & Sun School  
11:30 am Fellowship Hour Weekly  
Thurs. 7 pm Bible Study

## Assembly



**TRANSFORMATION LIFE CHURCH**  
190 Valley Blvd. • Wood-Ridge  
201-935-4719 • www.tlcassembly.org  
Worship Services:  
Saturdays @ 6pm  
Sundays @ 11am  
Online Services @ 11am  
Rev. Jim Armpriester, Jr., Pastor  
Email: info@tlcassembly.org

## Roman Catholic



**ASSUMPTION OF OUR BLESSED LADY**  
143 1st St. Wood-Ridge, NJ 07075  
201-438-5555  
Fr. Ronnie Nombre, Pastor  
Masses: Saturday 5:30 p.m.  
Sun: 8, 9:30, 11 a.m.

## Yom Kippur: Sunset Oct. 4 to Nightfall Oct. 5, 2022

**Yom Kippur** means "Day of Atonement." This is the holiest Jewish holiday of the year and ends the ten days of High Holidays or "Days of Awe," which begin with Rosh Hashanah. Jews refrain from work. Adults fast from sundown the evening before Yom Kippur until nightfall the next day.

This day is about asking God to forgive sins, reflecting on past mistakes accepting repentance, and praying.

Fasting is a way to cleanse and purify the body and soul.

Many will wear all-white clothing to also symbolize purity.

On the day itself, there are many traditional prayers. One of the most important prayers describes the atonement ritual performed by high priests during ancient times.

Yom Kippur ends with a single shofar blast.

Traditions include: The day

before Yom Kippur, a special meal is enjoyed, ending with candle lighting. Many remember those who passed. Some visit cemeteries on this day before Yom Kippur. Another tradition leading up to Yom Kippur is to perform charitable acts. After Yom Kippur, a festive "break-the-fast" meal is served with lots of satisfying breakfast foods such as bagels and spreads, kugel, blintzes, and egg dishes. *Source Almanac.com* ###

## What is Sukkot?

The first day of Sukkot 2022 begins the evening of Sunday, October 9 and ends on the evening of Sunday, October 16, 2022.

Sukkot (*Feast of Booths or Tabernacles*) is one of the three biblically based pilgrimage holidays known as the shalosh regalim.

It is an agricultural festival that originally was considered

a thanksgiving for the fruit harvest. Sukkot are hut-like structures that the Jews lived in during the 40 years of travel through the wilderness after the exodus from Egypt.

As a temporary dwelling, the sukkah also represents the fact that all existence is fragile, and therefore Sukkot is a time to appreciate the shelter of our homes and our bodies.

## How is Sukkot celebrated?

Sukkot is celebrated by, first of all, building a sukkah. Jews are required to eat in the sukkah for eight days (*seven days in Israel*), and some even sleep in the sukkah for the duration of the holiday.

The sukkah is decorated and the first day is considered a holy day in which most forms of work are forbidden.

The rabbis dictated that arbat ha'minim (*four species*) should be held together and waved during the holiday. These are based on four plants mentioned in the Bible, and the rabbinic version includes the following: etrog (fruit of the citron tree), lulav (palm frond), hadas (leaves from the myrtle tree), and aravah (leaves from the willow tree). This waving ceremony was performed at the Temple in the ancient world.

The seventh day of Sukkot is called Hoshanah Rabah. On that day in the synagogue Jews circle the room seven times while the arbat ha'minim are held and special prayers are recited. *Source: https://toriavey.com/* ###

• *Halloween is the 2nd most commercially successful holiday, with Christmas being the first.* ###

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Hasbrouck Heights  
Free Public Library

**Hasbrouck Heights Free Public Library**, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Free Public Library of Hasbrouck Heights is open. Face masks are optional.

For the most up-to-date information and guidelines, visit us online. Please call 201-288-0488 to speak with a staff member or email us at [hashcirc@bccls.org](mailto:hashcirc@bccls.org).

Fall hours of operation are: Mondays, 10 a.m. to 6 p.m., Tuesdays thru Thursdays, 10 a.m. to 8 p.m., Fridays, 10 a.m. to 5 p.m., Saturdays 10 a.m. to 2:30 p.m. Return Library materials in our book box located in the rear of the Municipal Building.

Registration is required for all programs unless otherwise noted.

• **The Edward Black Tea Social & Concert.** Saturday, October 1, 1 to 2 p.m. in the Library. Join us for a delightful woodwind quintet concert and tea social. Guest performance by the American Federation of Musicians Local 16-248 in celebration of their 125th Anniversary in keeping the music alive for the enjoyment of all. Refreshments served. Registration is encouraged.

For WHOLE FAMILY

• **PumpkinPalooza.** Pumpkins available while supplies last. Help fill our Children’s Room with Jack o’Lanterns! Pick up a foam pumpkin at the Children’s Desk - create your favorite book character, decorate, carve, paint - the choice is yours! Bring back by Monday, October 17. Pumpkins will be displayed until Halloween. Returned decorated pumpkin will go in a raffle for prizes! (*One pumpkin per person please*).

For CHILDREN  
In-Person Storytimes  
Return!

Fall Session: week of October 3 through week of November 7.

• **Tiny Tots** (*ages 6 months - 2 ½ years*) Choose ONE session:

*Session 1:* Tuesdays 11-11:30 a.m., begins October 4 through November 8

*Session 2:* Thursdays 11-11:30 a.m., begins October 6 through November 10. *Stories, songs, and socialization for our littlest patrons and their*

*caregiver.*

• **Book Buddies** (*ages 2 ½ - 3 ½ years*) Wednesdays, 11-11:30 a.m., begins October 5 through November 9. *Stories, fingerplay, activities and a simple craft.*

*PreK* (*ages 3 1/2 and up*) Thursdays, 1 p.m., begins October 13 through November 10 (*no session Oct. 6*) *Stories and songs.*

Registration is required.  
• **After-School Game Lounge Open Play.** Tuesdays and Thursdays in October, 3:30-5:30 p.m. Our Nintendo Switch game lounge will be open for after-school play with friends! Multi-player games are offered, including MarioKart and Super Smash Bros.

• **Little Artists: Halloween Craft.** Friday, October 14, 3:30 p.m. for ages 7 and up. Come make a witch paper craft and get ready for Halloween. Best for Grades 2 and up. Registration is limited.

• **Creepy Escape Room.** Wednesday, October 19 3:30 p.m. OR 5 p.m., choose one session (*5th Grade and up*). Team up and use your wits to solve puzzles and find clues! Race against time and unravel mysteries in order to escape from before time runs out! Can you do it?!

• **Fall Lego Challenge.** Wednesday, October 26. 3:30 p.m. Calling all brickologists! Do you have what it takes to conquer a few fall-themed Lego challenges? Bring some friends and see if you’ve got the skills!

• **Friday at the Movies.** (*for Kids!*) “Hotel Transylvania” (*rated PG*) Friday, October 28, 3 p.m. Get the weekend’s treats started early with a snack and family-friendly Halloween movie on our big screen TV.

For TWEENS & TEENS

• **Mindfulness Mondays.** October 3 and 17 anytime between 3:30-5:30 p.m. for 8th Grade and up. Need some time to detach and unwind? Come and relax by listening to serene music, do some journaling, color, or just take a nap. Journal prompts and coloring supplies provided. Light refreshments.

• **Teen Advisory Board (TAB) Meeting.** Wednesday, October 12, 4 p.m. What do you want in your Library? Crafts, activities, gaming, book club? Be a part of the TAB and help plan out the year. All tweens and teens in Grade 6 and up are invited and snacks will be served. TAB meetings are also eligible to earn volunteer hours.

• **Tween & Teen Hangout and Craft.** Tuesday, October

25, 6 p.m. Halloween’s around the corner - we’re going to up-cycle and create altered books, make some Halloween snacks and watch a few videos. Registration limited to ten teens.

For ADULTS

• **Shoprite Presents: “The Benefits of Chocolate.”** Monday, October 3, 2 to 3 p.m. Join Shop Rite of Lodi’s Registered Dietitian Julianne Gallo at the Library to learn about the benefits of chocolate. Samples and light refreshments provided.

• **Movie Matinee.** Friday, October 14, 1 to 3 p.m. Light refreshments provided. October’s movie pick will be “Elvis.” Limited seating.

• **Cross Gen Crafts - Creepy Candles.** Monday, October 17, 3 to 5 p.m. For teens and adults. Create the perfect Halloween decorations using toilet paper rolls, hot glue, paint and tea light candles! Cross Gen Crafts is an opportunity to create community across generational lines, and make art in the process. Every session of Cross Gen Crafts features a new craft, with supplies provided. In-person in the Large Meeting Room.

• **Conversation Circle.** Mondays 5 to 6 p.m. - No Drop-Ins; MUST apply before attending.

For anyone wishing to improve speaking English. Feel more confident when speaking English by practicing in a relaxed and supportive environment with tutors that care about developing your English skills, and other students with similar goals. Conversation circle topics can range from basic everyday communications, learn vocabulary, pronunciation help, and more. Patrons must fill out an application; see Library calendar for details.

• **Crafts-to-Share Club.** Tuesday, October 11, 6 to 8 p.m. Wednesday, October 26, 1 to 3 p.m. Enjoy getting to know other crafters in your community while you knit, crochet, embroider or craft anything! We have donated yarn for any crafters looking to create for a good cause. In-person and on zoom by request.

• **Adult Book Club.** 4th Tuesday of every month, In-Person & via Zoom, October 25, 7 p.m. “Nine Perfect Strangers” by Liane Moriarty. Join us for an evening of fun, literary discussion! Pick up a copy at the Library or use the Hoopla or Libby app to enjoy the eBook or eAudiobook on your smartphone or tablet. ###

**Rutherford Public Library**  
**Rutherford Public Library**, 150 Park Avenue, Rutherford NJ. 201-939-8600. [rutherfordlibrary.org](http://rutherfordlibrary.org), facebook.com/rutherfordpubliclibrary and twitter@Rutherford\_pl.

Hours: Monday-Wednesday 10 a.m. to 8 p.m., Thursday 10 a.m. to 6 p.m., Friday 10 a.m. to 5 p.m.

• **Grab & Go Doorside Pickup.** We continue to offer daily Grab & Go doorside pickup services. Patrons are invited to order books from the BCCLS catalog by visiting [www.bccls.org](http://www.bccls.org) or fill out a Grab & Go form for either the adult or children’s collection, and our team will choose items for you based on what you like! These forms are available on our website.

If you don’t have access to a computer, we encourage you to call the Library at 201-939-8600 and have our team order items for you! You tell us what you want and when you’d like to pick your items up, and we’ll have them ready for you.

• **ESL In-Person Classes.** In-person ESL classes will be in addition to our virtual ESL classes. The in-person classes meet Tuesday and Thursday mornings. Registration required and done in person at the circulation desk.

• **Monthly Movie.** Join us for a monthly movie screening on the last Tuesday of the month at 6 p.m., sponsored by the Friends of the Library. No registration necessary.

• **Teen Volunteers.** Rutherford Library has started accepting volunteers. Teens can help with shelf reading, writing book reviews, or assisting in program prep. See the circulation desk for the required forms.

• **Coding Club.** Looking for something to do after school this year? Why not join the Coding Club! This Club is for students in Grades 9-12 in Bergen County. You can sign up to learn to code or be a part of the Outreach Team. Club meetings will be 90 minutes long and will begin soon. Please see our website to sign up.

• **Tech Tutor.** Our tech librarian will be available by appointment for tech help or lessons. To make an appointment, fill out our online form or email [marion.johnson@rutherford.bccls.org](mailto:marion.johnson@rutherford.bccls.org).

• **Poster Printing.** We have a Canon eColor+ poster printer for Posters up to 24” x 36” on matte or glossy paper. Acceptable file types include PDFs, JPGs, and PNGs. Restrictions apply. Poster printing is conducted by Library staff and may be arranged by emailing [ruthcirtc@bccls.org](mailto:ruthcirtc@bccls.org) or calling 201-939-8600.

• **Summer Reading Program.** Summer Reading Club is going strong! Registration is going on now and the program will continue until September 24. Small prizes are awarded for continued reading-- the more you read, the more you earn! Registration must be done online, please see our website for details.

• **Digital Newspaper Access.** The Rutherford Public Library is happy to announce a new digital subscription to The Washington Post for Rutherford cardholders. This joins our existing digital subscription to The Wall Street Journal. If interested, send an email to [reference@rutherford.bccls.org](mailto:reference@rutherford.bccls.org) with your Library card number and we will send you the information you need to access either publication online!

• **Downloadable Collections.** Cardholders may access e-books, e-audiobooks, and popular magazine issues through the Libby app. The Hoopla Digital mobile app also provides cardholders with e-books and e-audiobooks, streaming music and video content. Downloadable content returns automatically. For help accessing these resources, stop by or phone the Library. ###

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### • Fall Baking Series Part 1 - Cookie Decorating.

The Carlstadt Library in-  
vites adults to attend Part 1  
of its Fall Baking Series with  
Stephanie from Steph's Baking  
Boutique. Learn how to deco-  
rate cookies like a pro and leave  
with some delicious treats. The  
workshop will be held in the Li-  
brary on Wednesday, October 5  
at 6:30 p.m. All materials will  
be supplied. Space is limited  
and registration is required.

• **Movie Madness.** Sit back  
and relax for a showing of the  
film "Where the Crawdads  
Sing" starring Daisy Edgar-  
Jones on Tuesday, October 11 at  
1 p.m. or Wednesday, October  
12 at 6 p.m. Seating is limited.  
Registration is required. One  
showing per person.

• **Learn to Sew Work-  
shop.** The Carlstadt Library  
welcomes adults to a sewing  
machine class with Ellen from  
Sew It! Workshop. Ellen will  
teach sewing machine basics and  
help participants create a Fall  
themed project. The workshop  
will be held on Satur-  
day, October 15 from 10:30  
a.m. until 1:30 p.m. Sewing  
machines and all materials will  
be provided. Space is limited.  
Registration is required.

• **As the Page Turns -  
Adult Book Club.** Calling  
fellow bookworms! Discuss the  
novel "Code Name Helene" by  
Ariel Lawhon on Wednesday,  
October 26 at 7 p.m. at the  
Carlstadt Library. Copies are  
available at the Circulation  
Desk. Carlstadt residents can  
also access the e-book or au-  
diobook on Hoopla and Libby!  
Please register.

• **Fall Bulb Planting at  
Carlstadt Community Gar-  
den.** The Carlstadt Library  
and the Carlstadt Community  
Garden are hosting their annual  
Fall Bulb Planting on Sunday,  
October 23 at 11 a.m. At this  
family-friendly event, volun-  
teers will plant bulbs to pre-  
pare the Carlstadt Community  
Garden, 7th Street and Division  
Avenue, for a beautiful burst of  
color next spring. Garden Care  
Specialist, Jen Sarzo, will also  
share tips on winterizing your  
garden and cutting back peren-  
nials. Bring your gardening  
tools. Please register.

• **Take-It-and-Make-It  
- Crafts for Kids.** Children  
of all ages for a monthly take-  
it-and-make-it craft -- a Hal-  
loween Magnet. Kits will be  
available during October while  
supplies last.

• **Music with Miss Nita -  
LIVE!** at the Carlstadt Village  
Green on Thursday, October 6,  
13, 20 and 27 at 10:30 a.m. for  
songs, rhymes, movement and  
instrument play. The Village  
Green Park is located at the  
corner of 3rd and Broad Streets.  
This event is weather permit-  
ting. In the case of inclement  
weather, enjoy this event on the  
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Public Safety Officials wish you a safe, fun Halloween!

# Halloween Safety

Halloween is a cherished tradition, but the excitement of the night can cause children to forget to be careful.

There is no real “trick” to making Halloween a real “treat” for the entire family.

The major dangers are not from witches or spirits but rather from falls and pedestrian/car crashes.

Both children and adults need to think about safety on this annual day of make-believe.

The Wood-Ridge Fire Department passes along these safety suggestions for a safe Halloween.

### Parental Tips

- Make sure that an adult or an older responsible youth will be supervising the outing.
- Do not use open flame candles in jack-o-lanterns. Commercially available battery lights are much safer and do not pose a fire hazard.
- Parents should never let their children carve a pumpkin unsupervised.
- Do not hand out homemade or unwrapped candies to children.
- Parents should plan a route for their child to use while trick-or-treating and set an early return time for them.
- To welcome trick-or-treaters, switch on your porch lights or any exterior lights.

### Trick or Treat Tips

- Do not go inside anyone’s house. Remain on the stoop or porch at all times.
- Do not go into a stranger’s automobile.
- Walk, do not run, from house to house. Do not cross yards and lawns where unseen objects or the uneven terrain

can present tripping hazards.

- Do not take shortcuts through backyards, alleys, or parks.

- When crossing the street look both ways. Do not cross between cars.

- Always use the sidewalk.
- Trick-or-treat on well-lit streets within your neighborhood.

- Children should always travel in a group.

- Use the buddy system, and make sure you have at least one buddy with you the entire evening.

- When you return home, have an adult examine and discard all candies that are not factory sealed or wrapped by the candy manufacturer. Never eat homemade or unwrapped treats.

- Children should carry spare change or cell phone in case of an emergency or if they need to call home.

### Costume Tips

- Only purchase and use flame retardant costumes.
- Children should wear white, reflective clothing, or use reflective tape and carry either a flashlight or glow stick.
- Costumes should fit properly; avoid loose or baggy costumes.
- Costumes should not be so long that they are a tripping hazard. *(Falls are the leading cause of injuries on Halloween.)*
- If children are allowed out after dark, outfits should be made with light colored materials. Strips of retro-reflective tape should be used to make children visible.
- Avoid any type of open flame while wearing a costume.
- Encourage children to wear face paint as opposed

to a mask. Face paint should be non-toxic and meet FDA standards.

- If a mask is worn, make sure that the eye, mouth and nose openings are large enough to ensure adequate breathing and full range of vision.

- Materials made of 100% polyester or modacrylics are best for making homemade costumes. They are less flammable. 100% polyester and modacrylics may be purchased at most local fabric stores.

- **REMEMBER** – A flame-retardant costume does not mean that it is fire proof. Always keep your costume away from any type of open flame or other heat sources.

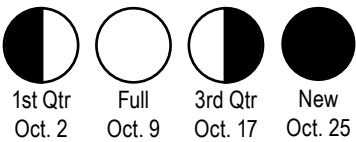
### Accessories

- Knives, swords and other accessories should be made from cardboard or flexible materials. Do not allow children to carry sharp objects.
- Bags or sacks carried by youngsters should be light-colored or trimmed with retro-reflective tape if children are allowed out after dark.
- Carrying flashlights will help children see better and be seen more clearly.

### Motorists

The Wood-Ridge Police Department Traffic Bureau urges motorists to be especially alert on Halloween.

- Watch for children darting out from between parked cars.
- Watch for children walking on roadways, medians and curbs.
- Enter and exit driveways and alleys carefully.
- At twilight and later in the evening, watch for children in dark clothing. ###



## Hunter’s Moon

The Hunter’s Moon will reach peak illumination at 4:54 p.m. Eastern Time on Sunday, October 9, 2022. It will be below the horizon at this time, so we’ll have to wait until sunset to watch it take its place in the sky.

Like September’s Harvest Moon, the Hunter’s Moon rises around the same time for several nights in a row, so start looking for it on Saturday, October 8.

As the Moon drifts over the horizon around sunset, it may appear larger and more orange—how perfect for the fall season! But don’t be fooled by the “Moon Illusion,” which makes the Moon appear bigger than it really is.

The orange color of a moon near the horizon is a true physical effect. It stems from the fact that, when you look toward the horizon, you’re looking through a greater thickness of Earth’s atmosphere than when you gaze up and overhead.

The atmosphere scatters blue light – that’s why the sky looks blue. The greater thickness of atmosphere in the direction of a horizon scatters blue light most effectively, but it lets red light pass through to your eyes.

So a full moon near the horizon – any full moon near the horizon – takes on a yellow or orange or reddish hue.

For decades, the Almanac has referenced the monthly full Moons with names tied to early Native American, Colonial American, and European folklore. Traditionally, each full Moon name was applied to the entire lunar month in which

it occurred and through all of the Moon’s phases—not only the full Moon.

The Harvest Moon and the Hunter’s Moon are unique in that they are not directly related to this folklore, nor necessarily restricted to a single month. Instead, they are tied to an astronomical event: the autumnal equinox!

The Harvest Moon is the full Moon which occurs nearest to the date of the autumnal equinox (*September 22, 2022*). This means that either September or October’s full Moon may take on the name “Harvest Moon” instead of its traditional name. Similarly, the Hunter’s Moon is the first full Moon to follow the Harvest Moon, meaning that it can occur in either October or November.

This year, the Harvest Moon occurred on September 10, so the Hunter’s Moon will follow it one lunar cycle later, on October 9.

It is believed that this full Moon came to be called the full Hunter’s Moon because it signaled the time to go hunting in preparation for the cold winter ahead. Animals are beginning to fatten up ahead of winter, and since the farmers had recently cleaned out their fields under the Harvest Moon, hunters could easily see the deer and other animals that had come out to root through the remaining scraps (*as well as the foxes and wolves that had come out to prey on them*).

The earliest use of the term “Hunter’s Moon,” cited in the Oxford English Dictionary, is from 1710. Some sources suggest that other names for the Hunter’s Moon include “Full Travel Moon,” “Full Dying Grass Moon,” “Blood Moon” or “Sanguine Moon.” either associated with the blood from hunting or the color of the changing autumn leaves. ###

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To apply for assistance or receive more information, call 201-447-8886 or email [info@rtnorthjersey.org](mailto:info@rtnorthjersey.org)

You can also learn more or apply to the program online by visiting [rtnorthjersey.org](http://rtnorthjersey.org) ###



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# Filling You In

By Jeffrey E. Mason, DMD, FAGD.

## Smile for Halloween

As children, we can all remember the advice from our parents, “don’t take candy from strangers.” Except, the reality is that on one day per year children are encouraged and permitted to seek and ask for as much candy from others regardless if they know them.

Parents can help ensure the safety of their little costumed trick or treaters by celebrating within their costumes at a party or other group function. A controlled environment may mitigate some of the risk when trick or treating to strangers.

Another risk from the Halloween treats is the affect on the teeth. Sugary treats can cause cavities in teeth and result in pain, infections, and tooth loss. Proper brushing and flossing can reduce the affects of sugar on teeth. Some treats are better

and some are worse as listed below.

### Better

1. Sugar-free lollipops and hard candies: These treats stimulate saliva, which prevents dry mouth. A dry mouth allows plaque to build up on teeth faster, leading to an increased risk of cavities.

2. Sugar-free gum: Chewing gum can actually prevent cavities, not only because it helps to dislodge food particles from the teeth, but also because it increases saliva. Saliva works to neutralize the acids of the mouth and prevent tooth decay.

3. Dark Chocolates: Chocolates are loaded with sugar, but studies have shown that antioxidants in dark chocolate can be good for the heart and may even lower blood pressure. Just be sure to eat it in moderation.

### Worse

1. Sugary snacks: Candy corn, cookies, and cake all contain a high amount of sugar which can cause tooth decay.

2. Chewy/ sticky sweets: Gummy candies, taffy, and even dried fruit can be difficult for children and adults to resist, but they are a serious source of tooth decay, particularly when they get stuck in the crevices between teeth and make it nearly impossible for saliva to wash away.

3. Sour candies: High acid levels in these treats can break down tooth enamel quickly. Saliva slowly restores the natural balance of the acid in the mouth.

Be certain to brush and floss after consuming any of the sugary treats. Your dentist may offer other strategies to reduce the risk of tooth decay.

Ref: Academy of General Dentistry 2014

*Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, [www.DrJeffreyMason.com](http://www.DrJeffreyMason.com)*

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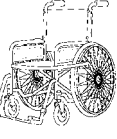
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Heading back to school is an exciting time of year for students and families. As students go back to school, it is important that they eat healthy and stay active, are up to date on their immunizations, and know the signs of bullying for a healthier and safer school year.

• **Eat healthy and stay active.** Our children spend the vast majority of their day at school, so it's a place that can have a big impact in all aspects of their lives. Schools can help students learn about the importance of eating healthier and being more physically active, which can lower the risk of becoming obese and developing related diseases.

• **Prevention works.** The health of students—what they eat and how much physical activity they get—is linked to their academic success. Early research is also starting to show that healthy school lunches may help to lower obesity

rates. Health and academics are linked – so time spent for health is also time spent for learning.

The Dietary Guidelines for Americans recommend that children and adolescents limit their intake of solid fats, cholesterol, sodium, added sugars, and refined grains. Eating a healthy breakfast is associated with improved cognitive function.

Young people aged 6-17 should participate in at least 60 minutes of physical activity every day. Research shows that physical activity can help cognitive skills, attitudes, concentration, attention and improve classroom behavior – so students are ready to learn.

• **Get vaccinated.** Getting your children and teens ready to go back to school is the perfect time to make sure they are up-to-date with their immunizations. Vaccination protects students from diseases and keeps them healthy.

• **Heads Up: Concussions.** Each year, U.S. emergency departments treat an estimated 173,285 sports– and recreation-related traumatic brain injuries, or TBIs, including concussions, among children and teens, from birth to 19 years. A concussion is a type of TBI, caused by a bump, blow, or jolt to the head that can change the way your brain normally works. Concussions can also occur from a fall or a blow to the body that causes the head and brain to move quickly back and forth. Children and teens are more likely to get a concussion and take longer to recover than

adults. Concussion symptoms may appear mild, but the injury can lead to problems affecting how a person thinks, learns, acts, and/or feels. Concussions can occur outside of sports or during any sport or recreation activity, so all parents need to learn the signs and know what to do if a concussion occurs with the ABC's of concussions: Assess the situation, Be alert for signs and symptoms, and Contact a healthcare professional.

• **Bullying** is a form of youth violence and can result in physical injury and social and emotional distress.

In 2011, 20% of high school students reported being bullied on school property and 16% reported being bullied electronically (*cyberbullying*).

Victimized youth are at increased risk for mental health problems, including depression and anxiety, psychosomatic complaints such as headaches, and poor school adjustment.

Youth who bully others are at increased risk for substance use, academic problems, and violence later in adolescence and adulthood. The ultimate goal is to stop bullying before it starts. Some school-based prevention methods include a whole school anti-bullying policy, promoting cooperation, improving supervision of students, and using school rules and behavior management techniques in the classroom and throughout the school to detect and address bullying and providing consequences for bullying. *Source: cdc.gov*





At about 4:12 a.m., on August 27, 2022, the Lodi Fire Department responded to house fire on Blue Ridge Road, Lodi.

Upon arrival, there was heavy fire at the rear of the home that extended into the home. A second alarm was called. No injuries reported.

Mutual Aid on scene included Wallington, Hasbrouck Heights, Saddle Brook, Rochelle Park, Garfield and Carlstadt. Companies covering were from Wood-Ridge, Maywood and Elmwood Park, along with Hackensack EMS and county wide rehab.

Lodi Fire Prevention is investigating the cause, which appears to have begun on the outside of the home. *Photos by Damien Danis. ###*



On August 29, 2022, the East Rutherford Fire Department responded to a smoke condition on Hackensack Street. Carlstadt and Wallington fire companies assisted. *Photo by Dennis Kronyak Sr. ###*



On September 17, 2022, at 16:17 hours, the Wood-Ridge Fire Department was dispatched to a home on Wilson Lane (Wesmont), for a vehicle into a building.

The driver and passenger self extricated the vehicle, were treated by EMS and refused transportation to the hospital.

A private company was tasked with shoring up the building and making repairs. The home was unoccupied at the time of the incident.

The Wood-Ridge Police Department is handling the investigation of the accident.

The WRFD was assisted



on scene by the Wood-Ridge Police, Hasbrouck Heights Police, Hasbrouck Heights, Carlstadt, Hackensack Fire Departments, Holy Name and HUMC EMS, Wood-Ridge and Hasbrouck Heights Building Departments. *Photos by Dennis Kronyak Sr. ###*



Photo by Tony Greco Photography. ###

At about 9:30 a.m., on September 1, 2022, Lodi Fire Department was dispatched to a Union Avenue tire shop.

Heavy smoke was issuing from the inside of the building and from the roof.

The fire was located in the cockloft area. Companies had opened the truss roof to get to the source.

The stubborn two-alarm blaze forced firefighters to three bells for manpower.

The fire was knocked down within 45 minutes. A firefighter was treated for a minor injury.

Mutual Aid at the scene or in coverage included: Garfield, Hasbrouck Heights, Little Ferry, Lodi, Rochelle Park, Saddle Brook, Wallington and Wood-Ridge. Hackensack Air unit and County wide canteen were at the scene.

The fire is under investigation by the Lodi Fire Prevention Bureau. *Photos by Damien Danis. ###*

Note: On August 5, 2022, there was a fire behind this building. See September Gazette Newspaper, page 23. ###







Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photo by Dennis Kronyak Sr.

# Fire Prevention Week October 9-15

## Fire Won't Wait. Plan Your Escape

South Bergen Fire Departments are teaming up with the National Fire Protection Association® to celebrate the 100th anniversary of Fire Prevention Week, October 9-15, 2022.

According to Hasbrouck Heights Fire Chief Timothy Moots, "this year's FPW campaign, "Fire won't wait. Plan your escape," works to educate everyone about simple but important actions they can take to keep themselves and those around them safe from home fires."

Wood-Ridge Fire Chief Kenneth Schulz said, "Today's homes burn faster than ever. You may have as little as two minutes (or even less time) to safely escape a home fire from the time the smoke alarm sounds."

East Rutherford Fire Chief Kevin Felten said, "Your ability to get out of a home during a fire depends on early warning from smoke alarms and advance planning."

Moonachie Fire Chief Jus-

tin Derevyaniuk encourages all residents to embrace the 2022 Fire Prevention Week theme.

"It's important for everyone to plan and practice a home fire escape. Everyone needs to be prepared in advance, so that they know what to do when the smoke alarm sounds. Given that every home is different, every home fire escape plan will also be different," said Little Ferry Fire Chief Steven Iurato.

"Have a plan for everyone in the home. Children, older adults, and people with disabilities may need assistance to wake up and get out. Make sure that someone will help them!"

Lodi Fire Chief Nelson Garzon, wants to share this key home fire escape planning tip:

- "Make sure your plan meets the needs of all your family members, including those with sensory or physical disabilities."

Carlstadt Fire Chief Matt Moran added this safety tip:

- "Smoke alarms should be installed inside every sleeping

room, outside each separate sleeping area, and on every level of your home. Smoke alarms should be interconnected so when one sounds, they all sound."

Wallington Fire Chief Brian Batchelor said:

- "Know at least two ways out of every room, if possible. Make sure all doors and windows open easily."

- Have an outside meeting place a safe distance from your home where everyone should meet."

South Hackensack Fire Chief Carmine Maceri noted,

- "Practice your home fire drill at least twice a year with everyone in the household, including guests. Practice at least once during the day and at night."

- Rutherford Fire Chief Thomas Twist III stated, "for more general information about Fire Prevention Week and fire prevention in general, visit fpw.org and sparky.org" ###

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# JOIN THE TEAM

Join Your Fire Department!

You will be part of the "Army of Protection" of the South Bergen Fire Chiefs Mutual Aid Associations which includes: Carlstadt, East Newark, East Rutherford, Garfield, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Maywood, Moonachie, North Arlington, Nutley, Rochelle Park, Rutherford, Saddle Brook, Secaucus, Wallington and Wood-Ridge.



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Did you know that E-waste is the fastest growing municipal waste source in America, according to the EPA?

Join us on Sunday, October 16th from 11am to 2pm to help reverse this trend. Drop off your home or office E-waste at Terrie O'Connor Realtors Gateway Group, 464 Boulevard, Hasbrouck Heights. The Junkluggers, an eco-friendly furniture and junk removal company, will have a truck and volunteers to unload your trunk. No need to get out of your vehicle.

This community event is free and open to all. Bring a friend and bring anything "with a plug." All E-waste will be properly recycled and proceeds benefit The Grace Foundation, (a 501c organization).

For more information, please call Jean Marie Herron at 201-406-9643 or Mary Ellen Courtney at 201-288-0004.



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