

The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie
Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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October 2023

★★★★★



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The Band

The stirring sounds and choreographed moves of high school marching bands mark the beginning of autumn. Our hearts fill with pride when band members, in their impressive uniforms, pass in review. The tap-tap-tap cadence of drums strikes the soul. Horns in harmony, capture the magic. • Admire the student who studies an instrument, practices constantly, joins the marching band, masters complex formations with precision that transform football fields into magical arenas. Appreciate their commitment, tenacity and resolve. • Hail to the band director whose infinite patience -- trains a new marching band each year. • Decades later, former marching band members smile as they relive the camaraderie of that life experience.

The beat goes on! *See story on page 13.* ###

Support Ukraine Freedom

Meet Pumpkin People in the Park

The Woman's Club of Rutherford will hold its 9th annual Pumpkin People in the Park event from October 14 to October 26, 2023 in Lincoln Park, Rutherford, NJ.

This family-friendly event is a great way to show off your creativity and add some autumn flair to the community.

The cost to create a display is \$50, which includes an 8 ft by 10 ft. "pumpkin patch" in Lincoln Park, a bale of hay, and a pumpkin display sign clearly labeled with your business, organization, family or individual name. You supply the pumpkins and the imagination to create any theme you wish.

Set-up will take place on Saturday, October 14 after 11 a.m., or Sunday, October 15. All displays **MUST** be removed by you on or before Thursday, October 26.

All are invited to view the displays for free during the 12 days they are up.

You must reserve your spot by Friday, October 6. Make checks payable to The Woman's Club of Rutherford, 201 Fairview Avenue, Rutherford, NJ 07070.

For more information
please contact Leslie Beck,
201-933-1790 or Cherie Moss,
201-370-9210. ###

Halloween in the Park

Woodland Park will be invaded by ghosts, goblins, aliens and assorted scary characters on the evening of Tuesday, October 17, 2023 (*rain date Thursday, October 19*).

Halloween in the Park will begin at 6:15 p.m. and conclude at 9:30 p.m.

Every 15 minutes, two hayride trailers will take turns collecting riders at the Harrison Avenue end of the pavilion and go around to the back section of the park where they will be frightened by a variety of terrifying citizens of the night.

Young children should sign up for the earlier time slots (6:15 p.m. to 7 p.m.) as the fright

station will be less scary.

After the horrific experience ride, they can escape at the Roosevelt Avenue end of the pavilion — where they will be treated to cider and cookies.

The pavilion fireplace will be warm and glowing. Al DeAngelo and Pantophobia Haunted Attractions will assist in this event.

Organizations are invited to “set-up” and operate a fright station. Call Rob Brady at 201-288-4143 for details.

The event is organized and operated by the Hasbrouck Heights Recreation Department. Tickets are \$5. There must be adult supervision on EVERY wagon. ###

Boulevard Window Painting Contest Returns

Area residents can stroll The Boulevard in Hasbrouck Heights during late October 2023. Local businesses, in conjunction with the three grammar school PTAs, will sponsor the Annual Halloween Window Painting Contest.

On Sunday, October 15, 2023 from 10 a.m. to 4 p.m. (*rain dates October 20 & 22*), almost 400 3rd, 4th and 5th Grade students will paint a Halloween-themed illustration

on a space provided by Boulevard businesses. Graphics will be judged upon originality and artistic expression. Winners from each grade will receive 1st, 2nd and 3rd Place Ribbons. All the window painting participants receive ribbons. Event is sponsored by: Hasbrouck Heights Regional Chamber of Commerce, in cooperation with 2023 Home School Association (*Corpus Christi*), and Lincoln and Euclid PTAs. ###

LF Pumpkin Pick Oct. 21

The Borough of Little Ferry will host their Annual Pumpkin Pick on Saturday, October 21, 2023, from 10 a.m. to 12 p.m. at Willow Lake Park (*Main & Pickens Street*).

In case of inclement weather, the event will be relocated to the First Aid Building at 195 Main Street. For more information, call 201-641-9234 ext. 650. ###

Lodi Fall Fest
October 14

Lodi will host "Fall Fest" on October 14, 2023, on Memorial Drive. Starts at 1 p.m.

Free event includes car show, food trucks, beer garden, arts, crafts, local shops and more! Features The B Street Band at 4 p.m. Fireworks display at dark.

Check website for more
details: www.lodi.nj.org ###

- *Jack-o-lanterns are an Irish tradition. In Ireland, oversized rutabagas, turnips and potatoes were hollowed-out, carved into faces and illuminated with candles to be used as lanterns during Halloween celebrations. ###*

**Scarecrow
Day Oct. 21**

On Saturday, October 21, 2023 (*rain date: Oct. 22*), from noon to 3 p.m., families and friends are invited to build a scarecrow on the Meadowlands Museum lawn in Rutherford!

All supplies will be provided (*scarecrow stand, old clothes, and hay*) but feel free to bring special items that will make your scarecrow unique!

Come dressed for the weather. Reservations of scarecrows are recommended.

Cost is \$20 per family (*or group up to 6*) per scarecrow. For more information, call 201-935-1175 or go to www.meadowlandsmuseum.com. All proceeds will help support the Museum, a volunteer-run 501(c)3 non-profit organization. The museum is located at 91 Crane Avenue. ###

Adult Trick-or-Treat

- Four-in-ten (41%) adults admit that they sneak sweets from their own candy bowl.

- 62% of adults will be handing out candy because "it's a personal favorite" or it's a household tradition (55%)

- 43% of grown-up celebrants cite costumes as one of the most indispensable parts of the holiday. ###



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*Kennedy & Co., LLC. FDU Survey of Admitted Students (2021).

SEIZE THE MOMENT AND CHANGE YOUR WORLD™



The Knights of Columbus Saint Anthony Council 11585, with the help of BSA Troop 181 of Wood-Ridge, placed about 2,977 American flags outside Our Lady of Assumption Church in remembrance of the people lost in the 9/11 attacks. *Provided by Ben Walsh. ###*

Making the Best of It

American Legion Post 310 held its 41st Annual Picnic on Saturday, September 9, 2023, from 3 p.m. to 7 p.m., at American Legion Post 310, 100 Liberty Street, Little Ferry.

Heavy rain did not dampen the spirits, they just moved the event inside.

It was all you can eat, BBQ chicken, Baby Back spareribs,

hamburgers, hot dogs, sausage and peppers, clams on a half shell, corn on the cob, Manhattan Clam Chowder, salads, draft beer and soda included.

Entertainment by DJ Jack Jam. There was a 50/50 drawing. All proceeds went to support Veterans and children's programs. For additional information, call 201-807-0470. ###





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Free Lunch Saturday

The First Presbyterian Church of Moonachie for the "Free Lunch Saturday" program, will be held October 7, 2023 at 11:30 a.m.

October lunch is ham (*while supplies last*).

We also now provide a grocery table for guests to fill a bag of staple items: cereal, pasta (*boxed & canned*), sauce, tomato products, rice, beans, canned prepared pasta meals, Hamburger Helper, tuna. All donations are gladly accepted (*but please avoid glass jars*).

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts. If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ###

Farmers' Market

The Rutherford Farmers' Market has returned for its 21st season. The market will be held in the Williams Center Plaza, Park Avenue, on Saturdays, from 8 a.m. to 2 p.m., and Wednesdays, 11 a.m. to 4 p.m. Market will conclude on October 28. There will be new vendors. The market is sponsored this year by the Borough of Rutherford.

For more information: rutherfordboronj.com/farmers-market ###

Make Your Own Fresh Mozzarella November 19

Join a fun afternoon and take home your culinary masterpiece.

American Legion Auxiliary Unit 310, 100 Liberty Street, Little Ferry, NJ 07643, is holding a "Make Your Own Fresh Mozzarella with the Queens of Mozzarella, T&R Mootz Makers!!"

Sunday, November 19, 2023, at 2 p.m. Cost is \$25 pp.

Must bring your own stainless 4-quart metal bowl with wooden spoon.

Reservations required. Contact Theresa at 201-522-7619 to reserve your spot!! ###

Elks Breakfast 1st Sunday

Elmwood Park/Paterson Elks Lodge 60, 192 Market Street, Elmwood Park, will host a breakfast, the first Sunday of every month, 8 a.m.-11:30 a.m. \$10 pp. Children 6-10, \$5. Free for children under 6. Open to the public.

Breakfast includes: juice, eggs, pancakes, bacon, sausage, hash browns, toast, hot and cold cereal, muffins and bagels, hot chocolate, coffee or tea. Reservations preferred. Call Dennis at 201-791-6149. ###

October Flower
Calendula

Beefsteak November 18

The Wood-Ridge Fire Department is hosting a full Beefsteak Dinner with beer, wine, soda and dessert on Saturday, November 18, 2023, at the W-R Intermediate School, 151 First Street. Seating starts at 6 p.m.

Cost \$60 pp. There will be door prizes, Tricky Tray prizes, 50/50 raffle and music.

Food presented by "World Famous Nightingale Catering--The King of the Beef Steak." Email ticket requests to: wrfire125@gmail.com ###

Beefsteak November 4

The Wallington Youth Soccer League presents "Game Over" Beefsteak and Tricky Tray on Saturday, November 4, 2023 at Hillside S.A.C., 22 First Street, Wallington, NJ.

Cost \$55 pp. No tickets will be sold at the door. Doors open at 5:30 p.m. Dinner at 7 p.m. Calling of prizes starts at 8 p.m.

For tickets and info call Joe Brunacki at 973-632-3845. ###

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2023 Ragamuffin Parades

Little Ferry
• The Annual Rag-A-Muffin Halloween Parade sponsored by the VFW Auxiliary and Post 809 in Little Ferry on October 28, 2023. Line up starts at 11:45 at the Post on 100 Main Street and starts at noon. Refreshments and prizes will be awarded.
• American Legion Post 310 will host their 3rd Annual Trunk or Treat at their Post Home, 100 Liberty Street, Little Ferry on Sunday, October 30, 2022, starting at 1 p.m. All are welcome to this free event. For more information call 201-807-0470. ###

Lodi
Lodi will have a Trunk or Treat on October 31, 2023 from 6:30 to 8:30 p.m. Check website for details.

Moonachie
The Annual Halloween Parade will be held at 10 a.m. on October 28, 2023 at RLC School. ###

Rutherford
The Annual Halloween Parade will be held at 10 a.m. on October 28, 2023 and will start at the RHS and walk to Lincoln Park. ###

Lodi KC Pancake Breakfast Oct. 8

The St. Michael’s Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, October 8, 2023, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French Toast (to order), bacon, sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.
Adults: \$10; children over 6: \$5; children 6 and under: free. Profits to benefit local charities. For more information, call Joe at 201-805-4576. ###

Chicken BBQ October 7

The Polish National Catholic Church of the Transfiguration, 135 Hathaway Street, Wallington, is hosting a Chicken BBQ on Saturday, October 7, 2023 from 4 to 6 p.m. Take-out or eat-in.
Admission is \$15 pp and includes 1/2 chicken, coleslaw, baked potato, homemade dessert, and beverage of iced tea, soda. Reservations only. Deadline is October 4.
Contact "Chickeneer" Edmund Kotula at 973-773-4090 or the Very Reverend Gregory Mludzik at 973-779-4329 (Rectory). ###

Roast Turkey Lunch October 10

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will be sponsoring a Turkey luncheon on Tuesday October 10, 2023 at the Community Hall on Third Street in Carlstadt. Roast turkey with gravy, mashed potatoes, a vegetable, cranberry sauce, coleslaw, beverages, coffee, tea and dessert will be served from 11:30 a.m. until 1 p.m. Cost is \$12 for adults and \$7 for children. For more info call 201-438-5526 from 9:30 a.m. till 1:30 p.m. weekdays. ###

Fish & Chips Take-Out October 5

The GFWC Contemporary Club of Hasbrouck Heights will sponsor a take-out/drive-by Fish and Chips Dinner on Thursday, October 5, 2023, from 4:30 to 6:30 p.m., at the Municipal Parking Lot located at the corner of Central Avenue and the Boulevard.
Tastefully British Caterers will prepare the best Fish and Chips you ever tasted!
Dinners will be placed in your trunk/back seat as you drive through the parking lot. Please do not enter Central Avenue from the Boulevard!
Tickets are \$20 and can be ordered from Marge at 201-288-8933 or from Pat at 201-288-0495 before September 30. Proceeds will benefit scholarships and other service projects.
The Contemporary Club is a member of the New Jersey State Federation of Women’s Clubs, serving the community one project at a time. ###

Woman’s Club of Carlstadt Meets Oct. 3

The Woman’s Club of Carlstadt will hold their October meeting on Tuesday, October 3, 2023, at 7:30 p.m., at the First Presbyterian Church Community Hall on Division Avenue and Third Street.
Our program will be a speaker from New Jersey Mission of Honor for Cremins of America Veterans. Their mission is to locate, identify and inter orphaned and abandoned cremains, accomplishing it through the joint efforts of various Veterans’ organizations, in order to provide honor and respect to those who have served this country in time of peace and conflict.
Come to our meetings to learn more about this worthwhile organization. Guests are always welcome. Provided by Janet Drogo. ###

Food Drive Nov. 4 to 18

Starting November 4, 2023 until November 18, 2023, Friends of the Library of Wood Ridge will be collecting non-perishable goods such as canned vegetables, canned fruits, canned soups, rice, peanut butter, cereal, dried pasta, honey, canned tuna, coffee/tea, Parmalat, paper towels, sanitary products.
Please be sure to check expiration dates since food pantry does not accept expired non-perishable goods. All collections will be donated to the Assumption Church of Wood-Ridge food pantry.
Please drop items off at Wood-Ridge Library no later than November 18.
The Friends of the Library of Wood-Ridge is an organization of volunteers whose purpose is to heighten community awareness to the needs, service and resources of the Wood-Ridge Library to simulate its use and to support the Library in developing its programs and facilities for the dissemination of education and culture.
For more information or questions, contact Randi Petruzzella, Friends President at Friends@woodridge.bccls.org ###

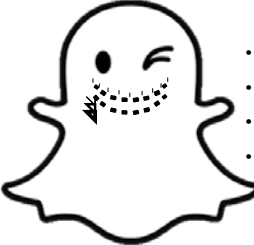
Friday Night Dancing

The Hasbrouck Heights Elks Lodge 1962, 128 Baldwin Avenue, Hasbrouck Heights, will host dancing every Friday night from 7:30 to 11:30 p.m. with DJ Gerri. Cost is \$12 at the door. Coffee included. Cash bar. For more information, call Cathy at 1-386-852-4881. ###

Turnverein Oktoberfest




On Sunday, October 15, 2023, from 2 p.m. to 6 p.m., the Carlstadt Turnverein, 500 Broad Street, Carlstadt, will sponsor Oktoberfest.
Donation is \$50 per person and includes live music by Bernie's Orchestra, food and drink, coffee and cake. For reservations, call 973-777-6677. ###

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Fried Ravioli
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Fire Engine Rides
Coming to W-R
October 15

Fire Chief Ken Schulz invites you to join the Wood-Ridge Fire Department on Sunday, October 15, 2023, from 1 to 4 p.m., at the Wood-Ridge Firehouse, 85 Humboldt Street.

Children, ages 3-13, will be treated to donuts and a beverage. A Life Safety House will be on site where the Fire Department will have lessons on fire prevention. And then take a ride inside of an actual fire truck around town!

A parent or guardian will have to be present the day of the event to sign a permission slip for their child to participate. Call Councilman Ezio Altamura if you have any questions, at 201-531-0259. ###

WRFD Inspection
October 7

The Wood-Ridge Fire Department will hold their Annual Inspection, 5:30 p.m., on Saturday, October 7, 2023.

The Department will be in full dress uniform. The equipment and Fire Headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

HHFD Open
House Oct. 28

The Hasbrouck Heights Fire Department will host an open house, October 28, 2023 at 248 Hamilton Avenue from 1 to 3 p.m. Tour Headquarters, check out the equipment and meet your volunteer firefighters. There will be displays and demonstrations.

Their annual fund drive appeal letters were delivered. Send your contribution to HHFD, P. O. Box 492, Hasbrouck Heights, NJ 07604. ###

Car Show
October 14

A Veterans Car Show is scheduled for Saturday, October 14, 2023 (rd October 15), from 9 a.m. to 3 p.m., along Memorial Drive, Lodi, NJ.

Custom, stock, military, motorcycles, electric vehicles along with vendor tables, trophies and more. Pre-register \$15. On-site \$20. For more information: VetCarShow2023@gmail.com

Event is part of the Lodi Festival which starts at noon and concludes with fireworks. ###

Antique Fire Truck
Muster Canceled

Little Ferry Hose Co. #1 Antique Fire Truck Muster scheduled for October 14, 2023, has been canceled. ###

Gift Auction
November 12

The Church of the Transfiguration, 135 Hathaway Street, Wallington is hosting a gift auction on Sunday, November 12, 2023. Doors open at 1 p.m. Auction starts at 2:30 p.m.

Addmision is \$10 and includes 1 sheet of tickets, coffee and cake. Tickets are sold at the door.

For additional information call Linda at 201-791-9272. Proceeds benefit Church maintenance. ###

Rutherford Fire
Engine Co. #2
Golf Outing

On Saturday, October 7, 2023, the 8th Annual Louis S. Eberspeacher Memorial Golf Outing (Louie Open) will be held at High Point Golf Club, 342 Shore Road, Montague, NJ.

Registration at 10:30 a.m., BBQ lunch at 11 a.m. and tee time is at noon (shotgun start).

Cost is \$175 per golfer, package includes: BBQ lunch, 18 holes of golf, golf cart, two drink tickets, Prime Rib dinner with awards, prizes and 50/50. Sponsorships available.

Prize opportunities for a hole-in-one at each of the four Par 3 holes including a chance to win a new car for a hole-in-one of the 5th hole.

Awards for lowest team scores, lowest individual scores, closest to the pin and longest drive. For information, call Bob at 201-522-9939 or Justin 848-459-2609. ###

Oktoberfest
October 15

Township of South Hackensack will present Oktoberfest Biergarten on October 15, 2023 at Veterans Park, South Hackensack.

There will be craft beer from Brix City Brewing, food from local food trucks, vendor fair and live music by "The Rummies." ###

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HH Music Parents Association Fresh Wreath Fundraiser

The Hasbrouck Heights Music Parents Association will be holding the Fresh Wreath Fundraiser for the 2023 Holiday Season! The Annual Wreath Fundraiser is the largest fundraiser of the year which supports scholarships for graduating music seniors. Sale runs from September 16 to October 26, 2023. The beautiful, fresh mixed greens wreaths are 22 inches in diameter and cost \$25 each. Delivery before Thanksgiving. To order by mail, include your name, address, cell phone number, and email along with your check payable to: the HH Music Parents Association. Do not mail cash. Mail to HHMPA, P.O. Box 71, Hasbrouck Heights, NJ, 07604. Payment can be made via CheddarUp. Patrons will be contacted to arrange pickup. Contact: hhmusicparents@gmail.com, subject line: Wreath Fundraiser if you have any questions. ###

Patrons will be contacted to arrange pickup. Contact: hhmusicparents@gmail.com, subject line: Wreath Fundraiser if you have any questions. ###

Casino Night October 6

The Kip Center is hosting Casino Night October 6, 2023, from 7 to 11 p.m., at the Fiesta. Tickets are \$90 pp. Includes \$200 Kip Kash (\$100 after October 1), hot and cold buffet, 4-hour open bar. Call 201-460-1600 for tickets and sponsorships. ###

Vendor Fair October 14 Open Cockpit Experience October 8

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will be hosting a Vendor Fair on Saturday, October 14, 2023 in the Church Community Hall on Third Street in Carlstadt from 9 a.m. to 3 p.m. If you are a vendor and would be interested in renting a space at the fair, please contact mhu164@aol.com for more info or for an application. ###

Resorts Casino Monticello, NY October 24

On Tuesday, October 24, 2023, the Hasbrouck Heights VFW Post 4591 will sponsor a bus trip to Resorts Casino Monticello, NY. The cost is \$40 (paid in advance). Continental breakfast from 9 a.m. to 9:30 a.m. Upon arrival a slot voucher will be given. To help the travel time pass, there will be 50/50, Bingo and a movie. For further details call Diane at 201-475-8898 or Gladys at 201-288-9074. ###

- The Village Halloween parade in New York City is the largest Halloween parade in the United States. The parade includes 50,000 participants and draws over 2 million spectators.
- Halloween is the second highest grossing commercial holiday after Christmas.

The Aviation Hall of Fame will host Open Cockpit Day on Sunday, October 8, 2023, from 10 a.m. to 4 p.m. Visitors will have the opportunity to sit in the cockpit of a very rare Lockheed Bushmaster plane, a M*A*S*H Bell 47 helicopter made famous during the Korean War. Explore the cabin of the world's only surviving restored cockpit of the Martin 202 airliner. You can visit inside the HH52A, U.S. Coast Guard rescue helicopter. Also, on display are the Bell AH-1 Cobra helicopter and the OV-1A Mohawk observation/attack aircraft, as well as other aviation cockpits. New exhibits include: a General Aviation Trainer (G.A.T-I) and a Glider recently donated by Jersey Ridge Soaring. Also popular with young people is our official Airport Rescue Firefighter Truck! For young astronauts, we have our working display of the International Space Station (ISS) along with uniforms and items used by the many Astronauts like Buzz Aldrin, Scott and Mark Kelly, to name just a few. Admission: \$20 for adults, \$12 for seniors and children under 12. No discounts, Library Passes or Membership Passes can be used on Open Cockpit Days. The Museum is located at 400 Fred Wehran Drive, adjacent to the Teterboro Control Tower. Come see why our Museum has been named as "One of the 10 Best Museums in the State of NJ." For more information call 201-288-6344 or go to: www.njahof.org ###

Admission: \$20 for adults, \$12 for seniors and children under 12. No discounts, Library Passes or Membership Passes can be used on Open Cockpit Days. The Museum is located at 400 Fred Wehran Drive, adjacent to the Teterboro Control Tower. Come see why our Museum has been named as "One of the 10 Best Museums in the State of NJ." For more information call 201-288-6344 or go to: www.njahof.org ###

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988 Suicide and Crisis Lifeline 24/7

FOCAS Holds Flea Market October 21

FOCAS Flea Market will be held Saturday, October 21, 2023, 10 a.m. to 4 p.m., at the American Legion, 100 Liberty Street, Little Ferry. Note that 2023 Flea Markets will be Saturday only events. This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available. Flea Market merchandise donations of clean, gently used or new items are gratefully accepted. (Not accepted are TVs, PC monitors, golf bags and clubs, exercise and sports equipment, clothes or magazines or any items that are broken or not working.) They may be dropped off at the American Legion on Friday from 3 to 6 p.m. All proceeds benefit homeless animals. For additional information, call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org FOCAS adheres to COVID compliance guidelines. ###

Flea Market merchandise donations of clean, gently used or new items are gratefully accepted. (Not accepted are TVs, PC monitors, golf bags and clubs, exercise and sports equipment, clothes or magazines or any items that are broken or not working.) They may be dropped off at the American Legion on Friday from 3 to 6 p.m. All proceeds benefit homeless animals. For additional information, call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org FOCAS adheres to COVID compliance guidelines. ###

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Holiday Harvest Craft Fair Nov. 18

The First Reformed Church of Hasbrouck Heights will host a Holiday Harvest Craft Fair on Saturday, November 18, 2023, from 9 a.m. to 3 p.m. Hand-crafted treasures on two floors, including Granny's Attic's treasures and surprises for sale, at reasonable prices. Hourly raffles donated by crafters. Entrance is \$4, \$2 for seniors and no charge for children under 16. Craft and non-craft vendors welcome. \$40 table fee, minimum 6 foot. First Reformed Church is located at Burton Avenue and Washington Place. Handicapped-accessible. For more information, call 201-288-1122 or email: firstrefhh@optonline.net ###

NOW OPEN Aviation Museum Aviation Hall of Fame Wednesday - Saturday 10:30 am to 4 pm \$15 Adults • \$12 Seniors & Children 3-12 Check website for current details 400 Fred Wehran Drive, Teterboro 201-288-6344 • www.njahof.org Volunteers Welcome

Repair Café October 14

The Rutherford Green Team will hold its fourth Repair Cafe on Saturday, October 14, 2023, from 11:30 a.m. to 3:30 p.m. in the basement of the Rutherford Public Library, 150 Park Avenue, Rutherford. Go to the back of the Library and enter through the rear courtyard. Area residents are invited to bring broken or non-functioning items on a first-come, first-served basis. They will be assisted and advised in making repairs. Participants are limited to one item or two knives. Expert volunteers will have the necessary tools and may have some spare parts available for a nominal fee, but participants are encouraged to obtain the necessary parts. Rutherford's Repair Café will have the following stations: bicycles, clothing, sewing machine repair, small appliances, computers, lamps, furniture, small engines (lawnmowers), woodworking (picture frames) and knife sharpening. There will be coffee, tea, and homemade baked goods, as well as a craft table (where adults and children will make art out of trash and recyclables). To volunteer or for more information, contact Brian Hanson-Harding at brianhansonharding@gmail.com ###

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To volunteer or for more information, contact Brian Hanson-Harding at brianhansonharding@gmail.com ###

ERHS Reunion October 7

A second annual Alumni Reunion for all former students who attended East Rutherford High School up until its closing in June of 1971 is being planned for Saturday, October 7, 2023. The event will be held at Redd's Bar and Restaurant in Carlstadt at 6 p.m. The cost of \$75 per person includes buffet, open bar and DJ. Hotel rooms have been reserved at the Holiday Inn Express in Carlstadt. For information contact Ralph LaTesta, '58 at 201-906-0424, Janie Grindler Feinberg, '66 at 201-410-0637, or Renee Davis Engelhardt, '69 at 201-403-6442. ###

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Volunteers Welcome

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AARP Chapter #2015 Lodi

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Citizens Building, 22 Walnut Place. Each meeting will have either a speaker or entertainment as well as light refreshments. New members are welcome. 2023 dues are \$10 for the calendar year (*January 1 to December 31*). National AARP membership is also required. For membership information contact Stan at 973-779-8544 or email to aarp.2015.lo di.nj@gmail.com

- October 17, 2023: Regular monthly meeting. Cash food drive. Refreshments.
 - November 21, 2023: Regular monthly meeting. Refreshments.
 - December 19, 2023: Holiday celebration.
- Provided by Kathleen Zalski. ###*

Senior Helpline
201-336-7400

Bergen County Department of Human Services
Division of Senior Services

ER Seniors

Any East Rutherford senior resident, 50 years or older, is welcome to join the Club. Meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. There are special events and parties for members.

Free blood-pressure screenings - on the 4th Tuesday of the month beginning at 11:30 a.m. Membership is \$15 per year. Contact Debbie for membership at 201-803-4708 and Raynette for trips at 201-726-3604. Payment must be received 2 weeks prior to an event. All trips leave and return to CVS Parking Lot, Paterson Avenue, East Rutherford.

- October 5: Octoberfest. the Shore Club, Spring Lake. Luncheon and Entertainment. Bus leaves CVS parking lot at 9:30 a.m. sharp. \$68.
- October 16: Caesars Atlantic City Bus Trip. Bus leaves CVS parking lot at 9:30 sharp. \$35 pp. \$30 back slot play.
- November 9: Tribute to the Four Tops. Wind Creek Casino. Show. Lunch is on your own. \$30 back for slot play. \$53 pp. Bus leaves 9 a.m. ###

Carlstadt Senior Friendship Club

Senior Friendship Club, Inc. meets at the Civic Center Building, every first and third Wednesday of each month. Every Thursday, from 1 p.m. to 5 p.m., card games and Mexican Train/dominos.

We have interesting events at our regular meeting days with guest speakers and entertainment. We follow protocols of CDC. We are planning for more varieties of programs, such as cultural events, hands on arts and crafts, musical events and much more.

Trips

All trips leave from the parking lot at Broad and Orchard Streets. Arrive 15 minutes before. Call Helene at 201-463-3000 for details.

- October 11: Krucker's. Octoberfest. Breakfast, lunch, dinner, music, dance, drink, games. Bus leaves 9:30 a.m. Returns 5 p.m.
- November 11: Wind Creek Casino. \$4. Bring ID. \$25 slots. Bus leaves 9 a.m.
- December 8: Shore Club. Radio City Tribute. Chicken/Beef/Fish, Cocktail Hour. Comedian. Music. \$72 pp. ###

Bergen County LGBTQ Seniors Meet Oct. 10, 16, 20

Bergen County LGBTQ+ Alliance (BCLA), a new non-profit organization, hosts a seniors (60+) group that meets on the second Tuesday and the third Monday of each month in person and the third Friday virtually. All meetings begin at 11:30 a.m.

The next meetings are on Tuesday, October 10, Monday, October 16 and Friday, October 20. The Tuesday meeting will be held at The Rutherford Pancake House, 40 Park Avenue, Rutherford and the Monday meeting will be held at CoZie Café, 14-25 Plaza Road N (*Radburn Plaza Building*), Fair Lawn. Light lunch will be served at the in person meetings.

Contact us at Nick@bergen countyLGBTQ.org or 201-470-8946 for info and/or the link. ###

TEB Noise Complaint Line
201-288-8828

TEB Noise Office: 201-393-0399

Little Ferry Seniors Club

Meetings are the second Thursday of each month at 1 p.m., refreshments are served. Bingo is the 2nd and 4th Tuesday of each month at 12 p.m.

All meetings and games are held at Litte Ferry Seniors Center at 95 Main Street. New Members always welcome and dues are \$10 per year. Call Mary for further information at 201-686-8424. *Provided by Nilda Rojas. ###*

HH Leisure Club Christmas Party

The Leisure Club of Hasbrouck Heights will hold its annual Christmas Party on December 6, 2023, at The Fiesta, from 1 to 5 p.m. The cost is \$60 for members and \$65 for non-members.

No tickets will be sold after November 8, 2023. Mark your calendars. Details to follow. For more information, call Astrid at 201-288-5612. ###

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Progressive Rock Festival Oct. 6-8

ProgStock Festival, The American Northeast's Only International Progressive Rock Festival, will take the stage October 6th - 8th, 2023, at the Williams Center, Rutherford, New Jersey.

Mainstage performers: AD ASTRA, Travis Larson Band, The Mahavishnu Project, Erik Norlander, Aziola Cry, Randy McStine, Matt Dorsey Band, Rachel Flowers, Dave Kerzner Band, Dave Bainbridge & Sally Minnear, Mystery, Unitopia, and special guests: Patrick Moraz of YES and The Moody Blues, Michael Sadler of SAGA, and Joe Deninzon of Kansas.

The Bob Moog Foundation will host an outdoor live music experience led by Robeone and a special exhibit dedicated to the life and career of Patrick Moraz.

Fine art exhibits will be provided by Paul Whitehead, album cover artist for Genesis; Annie Haslam of Renaissance, Intuitive Abstract Expressionist; Michael Bennett, surrealist and album cover artist; and Deane Arnold, world-renowned pumpkin sculptor featured on the Food Network.

There will be a separately ticketed show on Thursday, October 5, 8:30 p.m., featuring the Dave Kerzner Band opening for the Argentinian Genesis tribute band, Genetics, just off their recent tour backing Steve Hackett in South America.

Use the promo code TREES50 for 50% off a regular 3-day pass at ProgStock. simpletix.com/

For more information contact: Ann Rinaldi, marketing@progstock.com, 252-402-5395, ProgStock.com ###

• *Halloween was influenced by the ancient Roman festival Pomona, which celebrated the harvest goddess of the same name. Many Halloween customs and games that feature apples (such as bobbing for apples) and nuts date from this time. In fact, in the past, Halloween has been called San-Apple Night and Nutcrack Night.*

Casino Bus Trips

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Call Diane at 201-475-8898 or Gladys at 201-288-9074 for reservations

"One Night With You," A Las Vegas Style Elvis Show October 26

"One Night with You," a Las Vegas Style Elvis Show featuring Anthony Liguori as Elvis, with Bill Turner & the Blue Smoke Band, is scheduled for Thursday, October 26, 2023 at 6:30 p.m. at Elan Catering, Lodi.

Cost is \$65 for general admission and \$85 for VIP admission.

The event features a cocktail reception, hors d'oeuvres, cold appetizer display, hot stations, a carving station, an assortment of pastries & cookies, beer, wine, and soft drinks.

A VIP option includes an open bar and preferred seating.

Proceeds will support the BGCLBC programs. Sponsorship opportunities are available.

To purchase tickets, a digital advertisement, become a sponsor, or learn more, please visit <https://bgclbergen.org/elvis/>. For additional questions, contact Melissa McKinney at Melissa.mckinney@bgcoflodi.org or 974-473-7410, ext. 104. ###

Hasbrouck Heights Garden Club Update

The Garden Club will be meeting on Wednesday, October 18, 2023! Our meetings are held at the Hasbrouck Heights Public Library on the second floor of the Borough Hall located at 320 Boulevard.

Refreshments will be served at 5:30 p.m. followed by a short meeting at 6 p.m. to discuss any upcoming events and questions asked by membership and guests. The meetings are over by 7:45 p.m.

Also, our speaker will be Janet Schulz, a Master Gardener. Janet has joined us for several years and has always given us great ideas on outdoor gardening. Her topic for the evening "PREPARING OUR GARDENS FOR THE WINTER".

The Garden Club always welcomes guests to all our meetings! There is plenty of parking available and the building is barrier free for those who have trouble with stairs.

Come and join us for an informative evening and invite a friend to join you! *Provided by Judy Mascis.* ###

Moonachie Free Rabies Clinic October 25

Moonachie's Free Rabies Clinic will be held on Wednesday, October 25, 2023, from 7 p.m. to 8 p.m., at the Moonachie Civic Center, 125 Moonachie Road.

You do not have to be a resident of Moonachie to attend the Clinic. Cats and dogs only. Pre-registering is preferred, and can be done online at Moonachie.us/board-health/2023-rabies-signup If you have more than two pets to be vaccinated, contact the Board of Health directly at 201-641-1813 ext. 6.

Moonachie Residents must have a 2023 Dog License.

They can be purchased for \$10 (*spayed/neutered*) or \$13 (*not spayed-neutered*) via check or money order payable to the Borough of Moonachie. Cash is not accepted. ###

MomLife Event October 26

It's a night out with the girls! Lot of laughs, hugs and genuine concern for our daily struggles as mothers. Moms of kids ages 0-11 from any town are welcome to attend. Next event on Thursday, October 26, 2023, 7 to 9 p.m. Please RSVP by October 24.

Event hosted by Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights. Limited KidLife childcare available by RSVP only. Monthly get together and outings, too.

For more info: hasbrouckhtsmomlife@gmail.com; Fb – Hasbrouck Heights MomLife ###

Art Association of Rutherford

The Art Association of Rutherford will hold its October meeting on October 12, 2023, at 7:30 p.m. This is our annual paint ornaments for the Kip Christmas Tree meeting. Christmas Trees are raffled off to support the Kip Center, and ours is always one of the most popular! Supplies are provided. Visitors are encouraged to participate! The meeting will be at the KIP Center, 55 Kip Avenue, Rutherford, NJ. All are welcome, no skill necessary!

For more information or questions, contact Lissanne at lissanneart@gmail.com ###

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Scenes from Little Ferry & Carlstadt 9-11 Memorial Services



The community of Little Ferry held a remembrance service at Shannon Dalton Field (*Mehrhof Road*) on Monday, September 11, 2023. Mayor Mauro D. Raguseo led the program. Rev. Paul Bruno, Pastor, Evangel Christian Church provided the Invocation and Benediction. Speakers included Congressman Bill Pascrell, Bergen County Commissioners Tracy S. Zur and Germaine M. Ortiz. Memorial wreaths were placed. Taps was provided by VFW Post 809. The event was attended by Superintendent of Schools Matthew A. Perrapato and the 8th Grade students of Memorial School. ###



The community of Carlstadt held a brief remembrance service in the Borough Hall Council Chamber on Monday, September 11, 2023. Mayor Bob Zimmerman led the program. Cornerstone Church Pastor John A. Pra provided the prayers and Sharon Dunn played the bagpipes. *Photos by Dennis Kronyak Sr.* ###

Carlstadt Recreation Complex Dedicated



On September 9, 2023, Carlstadt Soccer Opening Day did begin with the traditional parade, but this year, the destination was a new Recreation Complex at the corner of Broad and Garden Streets (formerly Sun Chemical).

Upon arrival, youngsters and coaches lined the field perimeter while officials began a dedication program led by Mayor Bob Zimmerman and Council members. The U.S. Flag was raised for the first time. The National Anthem was sung by Kayla Rivera.

Comments were made. The ribbon was cut. NJ State Senator Paul Sarlo kicked the first soccer ball.

The new complex includes a soccer field, a walking/running track, dog park, vehicle parking and common areas for residents to enjoy.

The facility was funded in part with a \$2,000,000 contribution by the State of New Jersey as represented by NJ Senator Paul Sarlo, Assemblyman Gary Schaer and Clinton Calabrese. *Photos by Dennis Kronyak Sr. ###*



8th Annual FREE Backpack/ School Supplies Give-Away

On August 30, 2023, the Evangel Christian Church, 165 Main Street, Little Ferry, ran its 8th Annual FREE Backpack/ School Supplies Give-Away Event. With 19 Church volunteers, 202 students from K-3 though 12th Grade received a box of full supplies, they were then able to pick out a backpack, receive a week's worth of snacks for lunches, take a fun picture, and finally the family could receive prayer support from a group of volunteers. Many thanks to the Little Ferry Police Department for their fine work in directing the large crowd. Evangel would like to wish all the students a wonderful and safe school year. *Provided by Evangel Christian Church. ###*



(l to r) Maria Georghalli, Nancy Grillo, Karen Boelsche, Yong Ying Wang, Qiu Dan Chi, Scott Schmidig, John Huettemann, Stanley Kersnowski. ###

Moonachie Presbyterian Thanks Jumbo Garden

Wanting to express their gratitude to Jumbo Garden for their generosity, members of the First Presbyterian Church of Moonachie presented the local restaurant with a Certificate of Appreciation for donating the entire hot meal for the Church's August 2023 Hot Lunch ministry. Once a month, Moonachie Presbyterian offers a free complete hot meal to the community. Jumbo Garden's generous donation is an inspiring example of neighbors helping neighbors. Moonachie Presbyterian strives to be a place where body, mind, and soul are fed. Community partners like Jumbo Garden help make that happen. The next free Hot Lunch is Saturday October 7, 2023 from 11:30 a.m. to 12:30 p.m. and will be both Dine-In and To Go. *Provided by Martha Day. ###*

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Library Staff & ALL the
Volunteers who made this
extraordinary event possible.

• Scarecrows, a popular Halloween fixture, symbolize the ancient agricultural roots of the holiday. ###

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The Right Stuff

The Hasbrouck Heights High School Marching Band prepared for this year's show during Band Camp at the High School's Hitchcock Field, August 28 through September 1, 2023.

The 50 members, consisting of the band and color guard, took the week to learn marching basics, the music and the drill making up the routines for this year's show.

The marching band consists of Hasbrouck Heights students Grades 7 through 12. About 24 are new band members.

This year's selections, chosen by Director, Joe Ascolese, are "Magical Mystery Tour/Lady Madonna," "Eleanor Rigby" and "Sgt. Pepper's Lonely Hearts Club Band."

This is Ascolese's 29th year. The drill design and instructor is Michael Coppola.

This year's Drum Majors are Isabella Reyes and Patrick Sari. Captain of the Color Guard is Victoria Kokoszka.

All band members are Heights kids. The marching band practices about four hours a week.

They used to go away to camp at a cost of \$200 per member. The cost of at home Band Camp is \$40 each for refreshments and lunch. This is the 17th year the Band Camp has been held at HHHS.

The Hasbrouck Heights Music Parents Association organizes the food and refreshments. Tiffany Connelly is President of the Music Parents Association.

The marching band performs at all home and away football games and town parades.

The marching band's first performance this season was September 8, 2023. ###





Scouts Visit West Point

Go Army! And they did!! It was no contest. Army beat Delaware State 57-0. Troop 17 enjoyed a day at West Point enjoying the parade of cadets, touring the grounds, football game and even seeing a paratrooper jump and helicopter fly over! Scout Day at West Point was a success! *Provided by Craig Birth. ###*



The Knights of Columbus Saint Anthony Council 11585 annual 9/11 Blood Drive held on 9/11/2023 was a great success. The Knights of Columbus has been running this drive for years and plan on doing so for years to come. A big Thank You to all who came out despite the weather to donate. *Provided by Ben Walsh. ###*

Candy Corn Tidbits

- Candy corn has been made with the same recipe by the Jelly Belly Candy Company since around 1900.
- What's in that recipe, exactly? Sugar, corn syrup, and marshmallow.
- One serving (about 30 pieces) has 140 calories, the equivalent of three miniature Hershey bars.
- The National Confectioners Association reports that more than 35 million pounds were manufactured in 2005, amounting to almost 9 billion kernels. ###



Young marching troopers were seen on August 23, 2023. Carlstadt Police Sergeant James Ross ran the Jr. Police Academy program. *Photos by Dennis Kronyak Sr. ###*

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Clever Costumes

- The brighter the better. Whether you buy a costume or make one yourself, choose bright colors and flame-retardant materials. If your child will be trick-or-treating outdoors after dark, attach reflective tape to his or her costume.
- Size it right. In case it's chilly outdoors, make sure your child's costume is loose enough for warm clothing to be worn underneath — but not long enough to cause tripping. Avoid oversized shoes and high heels.
- Skip the masks. A mask can obstruct your child's vision, especially if it slips out of place. Use kid-friendly makeup instead.
- Limit accessories. Pointed props — such as wands, swords and knives — may pose safety hazards. ###



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- Are your children begging to carve pumpkins? Make Halloween safety a family affair. Decorate with markers or paint. Let young children draw faces on pumpkins with washable markers or child-friendly paint. Leave any carving to an adult. ###

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October is National Breast Cancer Awareness Month

NBCAM.ORG



Real Estate Insight

By Mary Ellen Courtney

On Avoiding Cover-Ups

It's hurricane season! As I
write this, the latest – 'Lee' – is
looming offshore, a category 4.

Do you recall Sandy and
its impact to real estate in our
area? I do. Here's a small
cautionary tale for home sellers
who might have the misfortune
of dealing with the aftermath
of Lee or other increasingly
frequent storm threats.

Shortly after Sandy I spoke
to a homeowner whose house
was already under contract.
Because of the hurricane, how-
ever, the inspections were
delayed. She told me that they
hadn't had any real damage
except for some leaking that
had caused a ring on a bedroom
ceiling. She was willing to fix
the ceiling but wasn't about to
replace the roof which was less
than 10 years old. Everything
seemed to be dried out now.
Should she disclose the leak, or
simply repaint the ceiling and
let it go at that...?

My advice to her was sim-
ple and emphatic: Disclose,
disclose disclose!!!

Attitudes and laws regard-
ing disclosure have shifted over
the years. Where once buyers
had to assume the responsibil-
ity of uncovering defects under
the principle of "caveat emp-
tor," or "buyer beware," now
the reverse can be true.

In New Jersey, and most
other states, sellers must inform
buyers of any known mate-
rial defects—and that includes
balky toilets, broken furnaces,
and yes, leaky roofs.

The goal is to provide con-
sumers with a realistic idea
of the condition of homes,
especially regarding items that
affect safety or health.

So your duty to disclose
defects exists even if you have
listed your home in "as-is"
condition, and it lasts until you
turn over the keys. But there are
other reasons to disclose every-
thing you know about the home
beyond the legal obligation.

First, it is unlikely that a
recent ceiling repainting will
escape the attention of a good
home inspector, who is always

on the lookout for just such
cover-ups; but even if he does
miss it, he likely will find signs
of recent moisture intrusion in
your attic. Because a roof leak
causes rot and insect infesta-
tions, it is far more important
that you deal with this issue
promptly than the water spot
on the bedroom ceiling.

If there's damage to your
roof or flashing, you will need
to have the damage repaired or
offer the buyer a credit at clos-
ing to have this done.

If you can't have the roof
repaired before the inspector
arrives, at least get a reputable
roofer's estimate as to what it
would cost to fix the leak, so
you'll have a realistic price that
you can use in negotiations
with the buyers. You should
share this information with
the home inspector. (*The good
news: If the roof damage was
caused by the wind or hail,
it's probably covered by your
homeowner's insurance.*)

Another important reason
to be upfront with your buyers
is that it builds goodwill and
trust. That's important because
no house is perfect. In the first
year or so after the new buyers
will move in, they will inevi-
tably find flaws that either you
didn't think to mention or the
home inspector missed. If you
are above-board with them
now, the new owners will be
more inclined to give you the
benefit of the doubt later and
assume the cost of the fixes.

But if they think you've
been sneaky, they might as-
sume you covered up every
problem that they find, and may
have more of an incentive to
speed-dial their lawyer to make
you pay...

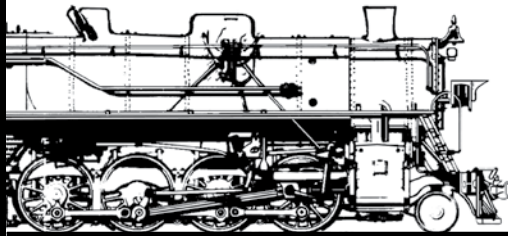
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Artful Thinking

By Artie Maglionico • Lodi Historian

Halloween Tale Part 2

We were met on the front porch with an overwhelming display of hugs, kisses and sentimental reminders as to how long it had been since last we were together.

Of course, John and Angelina, our Grandparents, got the first wave of unbridled emotion. Then it was our parents who prolonged the love fest by returning the favor with their own barrage of emotional outbursts.

By the time the physical and verbal out pouring trickled down to us our cousins barely had enough energy left to pinch our cheeks and brush their hands across the top of our heads like they were sweeping crumbs off the breakfast table. After the initial enthusiasm of greeting one another dissipated the Maglionico Family was ready to settle in for a soft and cozy weekend in the country.

After enjoying a hardy breakfast of pancakes and sausage, our cousin, Kenny, invited the five of us upstairs to his bedroom where we listened, like it or not...mostly not...to the clangorous blasts of his trumpet as it forced out the ill-fated tune Venus in Blue Jeans. The notes shot out of his horn like poison darts that ricocheted off the walls and sent a spasm through our ears in their passing.

Having survived that ordeal, Kenny escorted us to what was to be our bedroom for the next couple of days. The room as I recall, consisted of four WWII Army cots equipped with pillows and sheets and a bed with a large dark blue pillow with an embroidered Roy

Rogers and Dale Evans bed spread.

Cousin Kenny informed us that his parents once rented the room to a 50 year old field hand when the farm was still thriving. When his dad told him the bad news about the closing of the dairy farm the poor guy, with little money and nowhere else to live, became despondent and began drinking heavily.

One evening Kenny's Dad came up there to drive him to the train station. He knocked on the door which was slightly ajar. He called out to the man but there was no answer. He entered to find the poor guy lying face down on the bed with an empty bottle of whisky still in his hand.

They said the cause of death was a heart attack but Kenny's Dad said that he probably drank himself to death.

The five of us looked at one another in disbelief. I was waiting for Kenny to laugh and tell us that he was only kidding. It never happened! Just then his Mother called us downstairs to say hello to yet another cousin of ours, Mildred, who lived and worked at a resort a few miles away.

We went down the stairs dreading the eventuality of having to walk back up. The afternoon, however, found the five of us and my Dad, Vito, frolicking through the open fields tripping over the remnants of the cows that once grazed there.

Then, as my Dad shook the landscape with his signature Johnny Weissmuller Tarzan calls, minus Jane and an Elephant or two, we sauntered over to the weather worn Barn. The inside was home to memories of a time gone by with a scatter-

ing of farm equipment, rusted tools and bales of hay that were neatly stacked next to an old tractor whose usefulness had succumbed to age and neglect.

The entire barn, inside and out, was shrouded in a melancholy mist the heftiness of which was soon felt by the rest of us. What made matters worse were the approaching shadows of the setting sun. My Dad, bless his soul, was the first to suggest that we head back to the house before it got dark. The five of us were out of the barn before he finished the sentence. The ill effects of that gloom riddled barn followed us home. Meanwhile there was still that dimly lit bedroom and the person who died in there that we had to contend with.

That evening, after dinner, everyone gathered out on the front porch to relax and enjoy one another's company.

In the middle of the exchange my cousin Johnny saw fit to ask about the bedroom incident and the poor soul who was found dead in there. "Who told you about that?" asked Cousin Helen. Without hesitation we all pointed to Kenny who was just about to curse our ears with another strain from his horn. Helen gave her son a dirty look and told us that the story was true and that it happened five years ago.

We had to listen to the entire story again since the rest of the family was hearing it for the first time. Helen's version was even more gruesome than her sons. By the time we were ready to turn in the five of us were so frightened that as an alternative to going to bed we sought yet another vibrating blast from Kenny's trumpet. Cousin Anthony suggested that Kenny's trumpet playing would chase away evil spirits either that or wake up the dead. We considered the latter and went to bed.

No sooner did we walk in

the room when we brought up the dreaded question as to who was going to sleep in that bed.

We all dove for the nearest Army cot like the frightened soldiers we were. Hey for all we knew that was the same bed the guy died in Roy Rogers bed spread and all.

The raucous forced a visit from Cousin Helen who insisted that the bed was not the one the guy was found dead in. With that having been said she shut the light, walked out and closed the door behind her.

Moments later the light went on again. At the switch was Cousin Johnny still in his street clothes as were the rest of us. "Okay "he whispered "Who's gonna sleep in the bed?" Since Johnny was making the rules, as usual, it was a forgone conclusion that it wasn't going to be him.

We'd take turns starting with the youngest and up. Johnny escorted Richie to the bed like an outlaw being led to the gallows. Then out went the lights. No sooner did we prepare ourselves for a long and sleepless night a thud was heard.

On went the lights. We all surfaced from under the covers at the same time. There was Richie standing by the door with his fingers still on the light switch. "What happened?" asked Cousin Johnny. "Did you fall out of bed?" Richie stood there with a fear stricken look

on his face and insisted that someone or something pushed him out of bed.

Then coming from down the hallway, we heard the broken English call of our Grandfather telling us to shut the light. Granddad's unwavering demand was repeated several times during the course of that dreadful night.

Then, during the wee hours we were awakened from a fitful sleep by the sound of someone getting into bed. We all surfaced from under the covers at the same time and in the dimness of that moonlit night we saw a ghostly presence sitting at the edge of the bed staring at us.

Observing that the image on the bed did not belong to any of us we bolted out of the room in a chaotic, fear stricken frenzy.

We tumbled down the stairs like rocks down the side of a hill waking up the entire household in the process. In the end, much to our embarrassment, the "ghostly presence" turned out to be our Grandfather who entered the room during the night to keep us in line and to keep that darn light shut!

Have a happy and safe Halloween. ###

• Halloween was brought to North America by immigrants from Europe who would celebrate the harvest around a bonfire, share ghost stories, sing, dance and tell fortunes.





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Footnotes

By Dr. Kenya Lazovik, DPM

Embracing Autumn Sports: Footwear and Safety Tips for All Ages

As the crisp, autumn breeze sets in, it ushers in a perfect season for sports enthusiasts of all ages. The daytime warmth invites outdoor activities, while the cool

evenings prevent overheating during training sessions.

Moreover, it's also the time when our choice of footwear undergoes a transformation, shifting from flip-flops and sandals to more season-appropriate walking shoes, flats, and boots.

Amidst these seasonal changes, including the mesmerizing foliage, it presents an excellent opportunity to invest in new footwear.

Children and Their Love for Fall Sports

Fall is the season when school and town leagues come alive with a flurry of sporting events. Kids enthusiastically

participate in soccer, football, cross-country, and tennis, striving to score points for their teams. However, it's essential for parents and guardians to take a moment to inspect their children's equipment, with a particular focus on their footwear, to ensure their safety during play.

Footwear Matters - Tailored to the Sport

Each sport typically demands a specific type of footwear designed to accommodate the unique movements involved.

Soccer and football, for instance, often require cleats to provide traction on grassy fields. For children prone to ankle injuries, high-top cleats offer added ankle support.

On the other hand, sports like cross-country and tennis necessitate supportive and cushioned sneakers, which protect the feet and ankles during impacts and lateral movements. Wearing the wrong shoes can increase the risk of injury or result in accidents that may force a young athlete out of the game for the season.

Inspecting Equipment - Safety First

Certain sports require protective equipment as an integral part of the uniform.

Football players don shoulder pads and helmets, while shin guards are essential in other impact-prone sports. It's crucial to regularly inspect this gear to ensure it's in good condition and capable of providing the necessary protection against impacts that could lead to fractures or injuries.

Fall Sports for Adults

Fall sports aren't just for kids. Numerous adult leagues, aside from professional organizations like the NFL and MLS, offer opportunities for recreation and competition.

Adults should also prioritize safety by ensuring they have the appropriate protective gear and footwear. In addition to the more traditional fall sports, activities like hiking and marathons gain popularity during this season. Even as adults, we're not immune to the risk of injury, so protective gear is a must.

For runners, it's vital to train in supportive, well-cushioned sneakers to reduce the risk of injuries. Hikers should opt for boots that are "broken-in" before embarking on their first hike, coupled with a thorough stretching and warm-up routine for the feet, ankles, and legs.

Prioritize Foot Health

For those with pre-existing injuries or foot/ankle issues who still wish to participate in fall sports, we strongly recommend scheduling an appointment with a local podiatrist before engaging in any activities that could exacerbate these problems.

Your foot health should always be a priority, ensuring you can enjoy the autumn sports season safely and enthusiastically.

For further information about ankle fractures and sprains or other foot and ankle problems, contact Dr. Lazovik, Dr. Dayana Sawh or Dr. Rana Moses at North Jersey Foot & Ankle Center at 862-233-8438. www.NJfootandankle.com ####

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Filling You In

By Jeffrey E. Mason, DMD, FAGD.

Smile for Halloween

As children, we can all remember the advice from our parents, "don't take candy from strangers." Except, the reality is that on one day per year children are encouraged and permitted to seek and ask for as much candy from others regardless if they know them.

Parents can help ensure the safety of their little costumed trick or treaters by celebrating within their costumes at a party or other group function. A controlled environment may mitigate some of the risk when trick or treating to strangers.

Another risk from the Halloween treats is the effect on the teeth. Sugary treats can cause

cavities in teeth and result in pain, infections, and tooth loss. Proper brushing and flossing can reduce the affects of sugar on teeth. Some treats are better and some are worse as listed below.

Better

1. Sugar-free lollipops and hard candies: These treats stimulate saliva, which prevents dry mouth. A dry mouth allows plaque to build up on teeth faster, leading to an increased risk of cavities.

2. Sugar-free gum: Chewing gum can actually prevent cavities, not only because it helps to dislodge food particles from the teeth, but also because it increases saliva. Saliva works to neutralize the acids of the mouth and prevent tooth decay.

3. Dark Chocolates: Chocolates are loaded with sugar, but studies have shown that antioxidants in dark chocolate can be good for the heart and may

even lower blood pressure. Just be sure to eat it in moderation.

Worse

1. Sugary snacks: Candy corn, cookies, and cake all contain a high amount of sugar which can cause tooth decay.

2. Chewy/ sticky sweets: Gummy candies, taffy, and even dried fruit can be difficult for children and adults to resist, but they are a serious source of tooth decay, particularly when they get stuck in the crevices between teeth and make it nearly impossible for saliva to wash away.

3. Sour candies: High acid levels in these treats can break down tooth enamel quickly. Saliva slowly restores the natural balance of the acid in the mouth.

Be certain to brush and floss after consuming any of the sugary treats. Your dentist may offer other strategies to reduce the risk of tooth decay.

Ref: Academy of General Dentistry 2014

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

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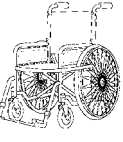
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Mass of Anointing October 14

Most Sacred Heart Share and Care cordially invites all parishioners, families, friends and visitors to celebrate a Mass of Anointing at Most Sacred Heart of Jesus Church, 127 Paterson Avenue, Wallington, on Saturday, October 14, 2023, at 11 a.m. Come experience the beautiful serenity, peace and comfort for mind, body and soul offered at this Mass of Anointing.

If you have never received this Sacrament before, the Mass of Anointing consists essen-

tially in the placing of hands by the priest on the head of the person and then anointing of the forehead and hands of the person. As the priest is anointing the person, he is asking for the special grace provided by this sacrament.

Light refreshments will be served in the Great Hall immediately after the service. The Church and Great Hall are handicapped accessible.

For additional information, please call MaryJane at 201-939-8576. ###

PRAYER TO THE BLESSED VIRGIN

(Never known to fail) Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are some that can withstand your power. Oh, show me herein you are my mother.

Oh Mary, conceived without sin, pray for us who have recourse to thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal.

You who gave me the gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine.

The person must say this prayer three consecutive days. After three days, the request will be granted. This prayer must be published after the favor is granted. P.M. ###

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Grief Support

GriefShare is a support group that meets weekly to offer help and encouragement after the death of a spouse, child, family member or friend.

They meet Monday evenings at 7 p.m. at Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights.

For more information call 201-288-4139, ext. 2, email BBCGriefShare@gmail.com or go to: www.griefshare.org ###

Blessing of the Animals

Holy Trinity Lutheran Church of Hasbrouck Heights will hold its annual Blessing of the Animals service on Sunday, October 1, 2023 at noon. Weather permitting, the service will be held on the front lawn. (will be in the Church sanctuary in case of rain). Free-will donation benefits the Totowa Animal Shelter. ###

Taizé Evening Prayer Service

The next evening Taizé prayer service will take place Tuesday, October 3, 2023, at 7 p.m., at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights.

The Taizé service includes 30 minutes of prayer, simple chant and silence; a peaceful respite to the busy demands of everyday life. Prayers for healing and renewal, with laying on of hands, conclude each service. ###



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11:30 am Fellowship Hour Weekly
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Presbyterian



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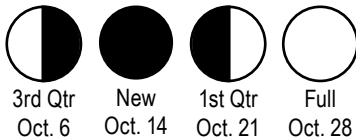
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Hunter's Moon

The October full moon appears on Saturday, October 28, 2023, at 4:24 p.m. It is called the "Hunter's Moon."

It will be below the horizon, so you will have to wait until sunset to watch it rise and take its place in the sky.

As the Moon drifts over the horizon around sunset, it may appear larger and more orange—how perfect for the fall season!

The orange color of a moon near the horizon is a true physical effect. It stems from the fact that, when you look toward the horizon, you're looking through a greater thickness of Earth's atmosphere than when you gaze up and overhead.

This particular full Moon is commonly referred to as the full Hunter's Moon. It is believed that this name originates from the fact that it was a signal for hunters to prepare for the upcoming cold winter by going hunting. This is because animals were beginning to fatten up in preparation for the winter season. Moreover, since fields had recently been cleared out under the Harvest Moon, hunters could easily spot deer and other animals that had come out to search for remaining scraps. Additionally, foxes and wolves would also come out to prey on these animals.

The earliest use of the term "Hunter's Moon," cited in the Oxford English Dictionary, is from 1710. Other names for this moon include "Full Travel Moon," "Full Dying Grass Moon," "Blood Moon" or "Sanguine Moon." ###

Stitch One,
Share One

Stitch One, Share One group will meet on the fourth Sunday of each month, from 2 to 5 p.m., at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights.

Our group extends an invitation to join us anytime and meet women who enjoy sharing their talents and who will become friends.

Come to learn to knit or crochet; come to advance your skills – come to help work on one of our charitable projects or you are welcome to come and work on your own project. Barrier-free facility. ###

Good manners
are always in style

Fall NewARTS

Care on the Corner is offering a new set of classes for NewARTS Kids! Our Fall 2023 Program for children ages 5 through 11 began on September 26.

Under the direction of Debra M. Cook, young aspiring artists will discover the masters. They will have fun while being creative. Students will explore different mediums each week that will stimulate their imaginations and creative expression. They will be using tempera paint sticks, acrylics, oil pastels, and watercolors.

Session Dates:

• Piet Mondrian: Abstract Drawing & Painting with Primary Colors (September 26), Mondrian was a Dutch painter who is regarded as one of the greatest artists of the 20th century.

• Georgia O'Keeffe: Flower Drawing & Painting (October 3), O'Keeffe was an American modernist painter for over seven decades. Her primary subjects were flowers and landscapes.

• Clementine Hunter: Zinnias in Copper Pot Painting (October 10), Hunter was a famous folk artist, who lived and worked on Melrose Plantation, Louisiana. She was the first African American woman artist to have a solo art exhibition.

Tuesdays 4 to 5 p.m., 5 to 7-year-olds

Tuesdays 5 to 6 p.m., 8 to 11-year-olds

The group meets in the Care Center at 333 Franklin Avenue, Hasbrouck Heights.

Call 201-288-9460 to register. Space is limited to 12 children per class.

Tuition is \$80 and includes all materials. Scholarships are available. ###

Rutherford
Community
Pantry

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service.

Recipient eligibility is determined by local pastors, social services and other designated organizations. A completed and approved referral is required. Limitations apply. For more information go to: www.rutherford-nj.com/pantry ###

Fall 2023
ESL Classes

Sessions starting September 27 for 10 weeks, ending December 6 (no class on November 22).

Wednesday nights from 6:45 p.m. to 8:15 p.m. at Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, NJ

Register by calling the Care Center at 201-288-9460. All new and returning students must be registered to take the classes. New students must take a language assessment evaluation. These classes are open to high school aged children and adults.

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as one-to-one instruction, to people from other countries and other language backgrounds.

For more information about the ESL program or to register a student, please call the Care Center office at 201-288-9460. A registration form, accompanied with a non-refundable \$15 registration and materials fee, must be completed for each student. Financial assistance is available. ###

Cancelled
Stamps Wanted

The TUBFRIM, is a Norwegian organization located in Brooklyn that collects stamps along the east coast – Maine to Florida. The organization is still the Sons of Norway with a branch in Brooklyn. They also use the money from the sale of stamps to aid physically and mentally challenged children and youth.

If you would like to help the Leisure Club of Hasbrouck Heights in collecting cancelled stamps, please trim the stamps to 1/4 inch around the stamps.

Old envelopes and postcards are also being collected. If envelopes, postcards, etc., are more than 40 years old, please do not cut off the stamps, but save the whole envelope/postcard.

The stamps can be dropped off or sent to: The Gazette Newspaper, 345 Boulevard, Suite 5, Hasbrouck Heights, NJ 07604 or bring them to a Leisure Club meeting. ###

• The ancient Celts thought that spirits and ghosts roamed the countryside on Halloween night. They began wearing masks and costumes to avoid being recognized as human. ###

Library Fun!

Bergen County Cooperative Library System • <https://www.bccls.org/>
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Carlstadt Public Library

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. bccls.org or www.carlstadtlibrary.org Registration required unless noted.

- **Beginner Yoga with Onika.** Mondays, October 2, 16, 23 and 30 at 10:15 a.m. Bring a yoga mat. Space is limited. Register for each session.
- **Movie Madness.** Sit back, relax for a showing of the film "Jules" starring Ben Kingsley, Tuesday, October 3 at 1 p.m. Seating is limited.
- **Author Visit.** Calling fellow bookworms! Join acclaimed author, Martha Hall Kelly, Wednesday, October 4 at 7 p.m. to discuss her New York Times best-selling novel "The Golden Doves." On Zoom. The

Wallington Public Library

Wallington JFK Memorial Library, 92 Hathaway St. Wallington, NJ 07057. 973-471-1692. www.wallingtonpubliclibrary.org
Registration required for all programs unless stated.
The Library resumed its regular Saturday hours from 10 a.m to 4 p.m.

- **Children's Craft: Autumn Book Trees.** Thursday, October 5 at 3 p.m. Create an autumn themed tree picture by painting, cutting, and recycling. Open to ages 6-12. Registration is required.
- **Children's Yoga Time.** Tuesday, October 10 at 4 p.m. Bring some water and a yoga mat or towel with you! Open to ages 6-12.
- **Coloring Therapy.** Wednesday, October 11, at 1 p.m. Adult chill time: think calming tunes, tea, and coloring pages and books ready for you to color. Supplies provided, but feel free to bring your own. Registration is encouraged.
- **Meeting and Ready to Ollie!** Friday, October 13, at 12:30 p.m. Children of all ages, read a book to Ollie, a fun loving therapy dog! No registration required.
- **Monday Afternoon Book Club.** October 16, at 2 p.m. Discuss "Last Summer at the Golden Hotel" by Elyssa Friedland. New members welcome!
- **Navigating College Admissions.** Tuesday, October 17 at 7 p.m. (Virtual.) A Zoom

Zoom link will be emailed after registration. Copies at the Circulation Desk. Can also access the e-book or audiobook on Hoopla and Libby!

- **Parenting in the Age of Technology - Special Presentation.** A parenting workshop, Thursday, October 5 at 7 p.m. Explore the impact of technology on mental health. Manage your child's screen time. Registration required.
- **Bingocize.** Fridays at 10:30 a.m. through December. Bingocize is designed to benefit older adults who want to improve their balance, flexibility and strength while socializing and meeting new friends.
- **Career Development Series Part 2 of 4.** Using LinkedIn for Employment Opportunities and Branding on Tuesday, October 10 at 7 p.m. Employment coach, Sunny Desai, MBA, provides guidance

presentation to help families understand and navigate college admissions. Registration is required.

- **Music with Miss Nita.** Wednesday, October 18 at 1 p.m. Join Miss Nita for singing, dancing, and more! Open to children ages 0 - 5 and caregivers.
- **Adult Craft: Zentangle Art with Mimsipirations.** Thursday - October 19, at 6:30 p.m. Zentangle Method: an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Registration required.
- **"Beyond the Bookshelf" Book Club.** Monday - October 23, at 5 p.m. For adults and older teens. Discuss "The Ex Hex" by Erin Sterling. Check out Libby for a digital version. New members welcome! Registration required.
- **Spooky Origami and Paper Crafts.** Wednesday - October 25 at 3 p.m. Children, ages 6 to 12, Spooky fun! We'll be doing some creepy crawly origami and paper crafts to get into the Halloween spirit! Registration is required.
- **Reading to Rosie.** Friday, October 27 at 3:30 p.m. Rosie, our favorite therapy dog, loves reading, hugs, and belly rubs! Open to children of all ages.
- **Halloween Fun!** Tuesday, October 31, all day. Children of all ages, stop at the Library while you are trick-or-treating (or earlier) to get some candy and fun prizes!
- **Children's Take Home Craft Kits** will be available the 1st and 3rd Friday of the month! Grab one while supplies last! ###

on a variety of career development topics.

- **Halloween Cookie Decorating.** Decorate cookies like a pro on Wednesday, October 11 at 7 p.m. Materials supplied.
- **Piano Concert - A Celebration of Classical Music.** Thursday, October 12 at 7 p.m. Elizabeth Bratko will play a selection of music including Bach, Beethoven and Mozart. Light refreshments served.
- **Mediumship Demonstration.** A mediumship demonstration with renowned Bergen County author and medium, RoseMarie Rubineti Cappello, Tuesday, October 17 at 7 p.m. Space is limited.
- **Cook the Books!** The Cookbook Club meets Wednesday, October 18 at 7 p.m. A different cookbook is selected each month. Participants prepare a dish for members to sample. This month's club pick is a surprise! Cookbooks are available at the Circulation Desk. Space is limited.
- **Nutrition Award Ceremony & Food Tasting.** On Saturday, October 21 at 10:30 a.m. the Carlstadt Library will be presented with a nutrition award for its community efforts during National Nutrition Month. Registered Dietitian Marla Klein from the Bergen County Department of Health Services will present the award and will also create a delicious harvest smoothie and nut-free trail mix. Space is limited and registration is required.

- **Fall Bulb Planting at Carlstadt Community Garden.** The Carlstadt Library and the Carlstadt Community Garden are hosting their annual Fall Bulb Planting on Sunday, October 22 at 12 p.m. Volunteers plant bulbs for a beautiful burst of color next spring. Garden Care Specialist, Jen Sarzo, will share tips on winterizing your garden and cutting back perennials. Bring your gardening gloves and tools. The Carlstadt Community Garden is at 7th Street and Division Avenue.
- **As the Page Turns - Adult Book Club.** Discuss the novel "The Reading List" by Sara Nisha Adams on Wednesday, October 25 at 7 p.m. New members are always welcome!
- **Caregiver Support Group.** In partnership with the Mid-Bergen Regional Health Commission, attend a free caregiver support group, on Saturday, October 28 at 10:30 a.m. Strategies for coping and self-care will be discussed, as well as healthcare information. Light refreshments provided.
- **Storytime at the Library with Miss Risa.** Wednesdays, October 4, 18 and 25 at 11 a.m. for ages 6 months to 5 years. Registration is required.
- **Music with Miss Nita.** Music with Miss Nita will be held at the Carlstadt Library on Thursdays, October 5, 12, 19, and 26 at 10:15 and 11 a.m. Babies, toddlers and preschool children will enjoy songs, rhymes, movement and instrument play.
- **Jewelry Making Class.** For children, ages 9 and up, on Tuesday, October 17 at 4 p.m. Create a beaded charm necklace. All materials supplied.

- **Sewing Workshop.** For children Grades 4 and up on Thursday, October 19 at 4 p.m., attend a 2-hour sewing workshop. Ms. Ellen, owner of Sew It! Workshop, will teach participants how to sew a crossbody bag, complete with a pocket and working zipper. No sewing experience required. All materials supplied.
- **Mason Jar Jack O'Lantern Craft.** Children ages 6 and up are invited on Tuesday, October 24 at 4 p.m. to design a pumpkin luminary using tissue paper and Mod Podge. All materials supplied.
- **Diamond Painting Bookmark.** Children, ages 9 years and up, Thursday, October 26 at 4 p.m. Design a sparkly bookmark using the diamond painting technique. All materials supplied.
- **Pop-up Storytime at Master Pizza.** Children ages 3 years and up are invited to Master Pizza at 401 Hackensack Street, Carlstadt on Saturday, October 28 at 12:30 p.m. for a few stories, pizza and soda with Miss Risa. Space is limited.
- **Halloween Graphic Novel Book Club.** Children, Grades 4 through 7, on Monday, October 30 at 6 p.m. Read "Ghosts" by Raina Telgemeier. Enjoy some pizza, soda. Copies of "Ghosts" available beginning October 2.
- **Take-It-and-Make-It Crafts for Kids.** The Carlstadt Library invites children of all ages to pick up a monthly take-it-and-make-it craft. This month's craft is a scratch art mask. Craft kits will be available at the Library from October 1 through October 31, while supplies last. ###

Lodi Memorial Library

Lodi Memorial Library, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. <http://lodi.bccls.org/>

- **Tuesday Night Book Club.** Tuesday, October 10, 6:30 to 7:30 p.m. October's book is "The Paris Showroom" by Juliet Blackwell—451 pages. Contact director@lodi.bccls.org for more information about our book club meetings.
- **Semi-Monthly Movie.** Afternoon movies twice a month at the Library. "Are You There God? It's Me Margaret" on October 11 at 1 p.m. and "About My Father" on October 25 at 1 p.m.
- **Adult Crafts.** October's craft will be Fall flower baskets. Craft will be held in-person on Wednesday, October 18 at 1:30 p.m. Registration required. Register online at lodi.bccls.org or call the Library to reserve your spot - 973-365-4044 ext 2.
- **Color Your Stress Away.** Friday, October 13, 2023, 2

p.m. A coloring club just for adults! Join us the 2nd Friday of each month for a relaxing hour of coloring, complete with meditative music and refreshments. Materials will be provided, but feel free to bring your own crayons or colored pencils.

- **Paint Night.** Thursday, October 19, 2023, 6 p.m. Join Libby Norris for a fun pumpkin-themed paint night. Registration required.
- **Navigating College Admissions - Virtual.** Tuesday, October 17, 7 p.m. A Zoom presentation led by Stand Out For College, LLC designed to help families navigate the current college admissions landscape. Register online at lodi.bccls.org to receive the Zoom link.
- **Adult Coloring Pages, Mazes and Community Puzzle.** Always available for adults. Come to the Library to de-stress with our free coloring materials, fun mazes, and beautiful puzzles. ###

Children Special Programs

- **Anime Club.** – Grades 6-12, In-person, Wednesday, October 4, 3:30 to 4:30 p.m. Watch a movie, get some snacks, and make a craft. Registration required.
- **Lodi Game Club.** All ages (12 and under must be accompanied by an adult). Join us for all kinds of games every Thursday from 3:30 to 4:30 p.m. No registration necessary.
- **High School Hang-out.** Grades 9-12. Every Tuesday from 6 to 7:30 p.m. in the conference room for games, movies, and other fun activities.
- **Grab & Go Craft – Grades Pre K - 2.** A new grab & go project will be available each Monday! While supplies last. No registration.
- **Legos.** – All ages. Tuesdays from 4 to 5 p.m. in the Children's Room. Make your own creations with Legos. No registration necessary.
- **Storytime.** Every Tuesday and Friday at 11 a.m. No registration necessary. ###

Hasbrouck Heights
Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Free Public Library of Hasbrouck Heights is open. For the most up-to-date information and guidelines, visit us online. Call 201-288-0488 to speak with a staff member or email hashcirc@bccls.org.

The Library's fall hours of operation are as follows: Mondays 10 a.m. to 6 p.m., Tuesdays through Thursdays 10 a.m. to 8 p.m., Fridays from 10 a.m. to 5 p.m., Saturdays from 10 a.m. to 2:30 p.m.

Return Library materials in our book box at the rear of the Municipal Building. Registration is required for all programs unless otherwise noted.

• **Edward Black Tea & Social.** Sunday, October 29 at 1 p.m. Commemorate our Library's founder, Edward G. Black, and join us for the Friends of the Library Second Annual Edward Black Tea & Social! Enjoy the festive sounds of Brazilian and classical jazz on a fall afternoon while sipping on a warm cup of tea! Guest performance by the American Federation of Musicians Local 16-248.

Refreshments will be served. Registration is encouraged.

For CHILDREN

• **Move & Groove with Miss Jolie.** Wednesday, November 1, 11 a.m. to 12 p.m. Come sing, dance, and play with Miss Jolie for a morning of fun! Registration is limited.

• **What's Out There: A Planetarium Experience.** Saturday, November 18, 12 p.m. How did the Native Americans explain the origins of the Earth? They viewed the same groupings of stars as the Greeks, yet they had their own legends. November is Native American Heritage month, so join us and spend time among the stars as we learn about mythology of the night sky! Registration is limited.

• **In-Person Storytimes Return!** Fall Session runs through October 26 (6 weeks) Tiny Tots (*ages 6 months - 2 ½ years*)

Choose ONE session:

Session 1: *NEW* Mondays, 11 to 11:30 a.m., October 23 (*except Oct. 9*).

Session 2: Tuesdays, 11 to 11:30 a.m., through October 24.

Session 3: Thursdays, 11 to 11:30 a.m., through October 26.

Stories, songs, and socialization for our littlest patrons and their caregiver.

Book Buddies (*ages 2 ½ - 3 ½ years*) Wednesdays, 11 to 11:30 a.m., through October 25.

Stories, fingerplay, activities and a simple craft.

• **After-School Game Lounge Open Play.** Tuesdays and Thursdays, 3:30 to 5 p.m. Reservations requested.

Our Nintendo Switch game lounge will be open for after-school play with friends! Multi-player games include MarioKart and Super Smash Bros.

• **Read-to-a-Dog.** Thursday, October 5, 6 to 7 p.m. Our furry friend Oscar is ready to listen! Come on by and get some reading practice in, bring one of your books or choose from ours.

• **Lego Club.** Wednesdays, October 11 and 25. 4 to 5 p.m. All builders are invited! We'll free-build and have a chance to hang out and discuss all things Lego with fellow fans. We'll provide the bricks, you supply the ideas!

• **Saturday Storytime.** Saturday, October 14, 11 to 11:30 a.m. Registration is limited.

• **Little Artists: Fall Paper Pumpkin Craft.** Friday, October 20, 3:30 p.m., best for ages 7 and up. Make a fall paper pumpkin craft. Registration is limited.

• **Let's Make: No-Bake Cereal Bars.** Monday, October 16, 4:30 to 5:30 p.m. Make your own snack bars with a few ingredients and a microwave - perfect for those after-school munchies! Program for tweens

and teens in Grades 5 and up.

• **Halloween Family Storytime.** Tuesday, October 31, 6 p.m. Wrap up the day of tricks and treats with some holiday-themed books! Wear your costumes one last time and come with the family for a nighttime storytime. Registration is limited.

For TEENS

• **"Mean Girls" Day.** Tuesday, October 3, 5 p.m. "On October 3rd, he asked me what day it was." It's movie watching day! Come enjoy a snack while watching this comedy classic. Rated PG-13.

• **Teen Book Club.** Monday, October 30, 5 p.m. Middle & High School students are invited to join us once-a-month for book chat, activities, snacks, and more. This month we're reading "Paper Girls" by Brian K. Vaughn. Stop by the Library to pick up your copy and join us at Book Club!

For ADULTS

ONGOING PROGRAMS

• **Friday Movie Matinee: "A Man Called Otto."** Friday, October 20, 1 to 3 p.m. Light refreshments provided. Synopsis: Based on the comical and moving New York Times bestseller, it tells the story of Otto Anderson, a grumpy widower whose only joy comes from criticizing and judging his exasperated neighbors. When a

lively young family moves in next door, he meets his match in quick-witted and very pregnant Marisol, leading to an unexpected friendship that will turn his world upside down.

• **Crafts-to-Share Club.** Tuesday, October 10, 6 to 8 p.m. and Wednesday, October 25, 1 to 3 p.m. Drop in to chat and work on a crafty project! Enjoy getting to know other crafters in your community while you knit, crochet, embroider or craft anything! We have donated yarn for any crafters looking to create for a good cause. In-person and on Zoom by request.

• **Adult Book Club.** 4th Tuesday of every month, In-Person & via Zoom. October 24, 7 p.m. "The Shell Seekers" by Rosamunde Pilcher. Join an evening of fun, literary discussion! Pick up a copy at the Library, use the Hoopla or Libby app or eAudiobook on your smartphone or tablet.

• **English Conversation Practice Group.** Intermediate Level or above. No Drop-Ins. MUST apply before attending.

Feel more confident when speaking English by practicing in a relaxed and supportive environment with volunteers that care about developing your English skills, and other learners with similar goals. Patrons must fill out an application. ###

Rutherford
Public Library

Rutherford Public Library, 150 Park Avenue, Rutherford NJ. 201-939-8600. rutherfordlibrary.org, [facebook.com/rutherfordpubliclibrary](https://www.facebook.com/rutherfordpubliclibrary) and [twitter@Rutherford_pl](https://twitter.com/Rutherford_pl).

Hours: Monday-Wednesday 10 a.m. to 8 p.m, Thursday and Friday 10 a.m. to 6 p.m, Saturdays 10 a.m. to 4 p.m. The Library is closed on Monday, October 9.

• **Virtual Mindfulness.**

Miranda Lee of Find That Pause will lead virtual mindfulness sessions focusing on exploring radical acceptance in your life. Friday mornings starting October 6 at 9:15 a.m.

• **Repair Cafe.** The Rutherford Green Team will hold their Repair Cafe at the Library auditorium Saturday, October 14, from 11 a.m. to 3 p.m. Vol-

unteers fix household items for the public.

• **Wish Upon a Star: A Musical Celebration of Animation.** Saturday, October 21, 2 p.m. for a 60-minute musical event perfect for all ages! Celebrate 100 years of Disney as pianist and vocalist, Jay Daniels, brings a concert with treasured favorites for the young and the young at heart. Jay will also share some of the stories behind them and their composers. Registration is required.

• **Art Kids Academy**, a series of art workshops on Thursday, October 5, 12, 19, and 26, 4 to 5 p.m. For ages 7-11. Registration is required and is needed for each session.

• **Killer Soundtracks: The Effects of Music in Horror Movies.** From hidden voices to dissonant chords, tritones to infrasound, music in horror movies is meant to do more than just

set the mood. Composers such as Harry Manfredini (*"Friday The 13th"*) and Charles Bernstein (*"A Nightmare On Elm Street"*) use certain tricks in their scores which can literally shake you to the core. Explore the spine-tingling effects of how music in horror films keeps you on your toes and forces you to sleep with one eye open. This program will meet virtually on Thursday, October 26 at 7 p.m. Registration is required.

Some of our regular resources:

• **Creativebug Live Craft Classes and How-to Videos.** Rutherford patrons can now access creativebug, an innovative resource for all craft projects, for free. Featuring live classes, how-to videos, links, and resources for needlepoint, sewing, paper crafts, jewelry making, woodwork, leather, and more.

• **Virtual Author Talks.**

- "European Travel Tips and Tools" with Guidebook Author Rick Steves, Tuesday, October 10 at 4 p.m.

- "Master of Suspense: An Author Talk with Ruth Ware," Wednesday, October 18 at 2 p.m.

- A Lifetime of Writing: A Conversation with Inter-

national Bestselling Author of "The World According to Garp," John Irving on Thursday, October 26 at 7 p.m.

Registration required: If you are interested in one of our Author Talks but can't attend, register for the event to receive a link to the recording after. Past Author Talks are also available.

• **Grab & Go Doorside Pickup.** Order books from the BCCLS catalog at www.bccls.org or submit a Grab & Go form (*from our website*) for either the adult or children's collection! If you don't have access to a computer, call 201-939-8600 and our team will order items for you!

• **In-Person and On-Demand Yoga.** An Adult Yoga in-person class, Monday, October 23 at 6:30 p.m. Registration is required. Patrons can enjoy yoga 24/7, anywhere with an internet connection. Brought to you by Bold Yoga and the Bendy Bookworm, this video database has class offerings and meditation tapes for all ages and experience levels; and story time for children. New classes are added all the time! Send an email to reference@rutherford.bccls.org with your name and Library card number and we will send you the information you need to access

virtual yoga lessons online.

• **ESL In-Person and Virtual Classes.** In-person ESL meets Tuesday and Thursday mornings. Virtual ESL classes are held Mondays through Thursdays. Registration for in-person classes must be done in person at the circulation desk.

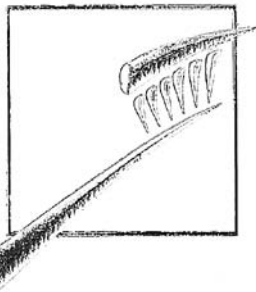
• **Monthly Movie.** Join us for a monthly movie screening on the last Tuesday of the month at 6 p.m., sponsored by the Friends of the Library. No registration necessary.

• **Regular Features.**

Every month we hold a regular Monday Night Book Group, Cook-a-Book Book Club, Spice Club cooking event, Read 'Em & Eat Book Club, and YA Book Talk in addition to our special programs. We feature Story Time with Miss Jane most Wednesdays at 10:30 a.m.

• **Teen Volunteers & Programs.** Every month for teens, we host a Teen Book Talk, Teen Game Time (*Fridays at 3:30 p.m.*), Community Service Club (*Thursdays at 3 p.m.*), Doodling to De-Stress, Fantasy Map Makers, and a teen craft – at a minimum! Plus, we have so many opportunities for students to volunteer. For more information, email Teen Librarian Marion at marion.johnson@rutherford.bccls.org

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LFFD Inspection/Memorial

The Little Ferry Fire Department held their Annual Inspection and Memorial Service on Saturday, September 9, 2023.

Due to inclement weather this year's event took place indoors at Little Ferry's Public Safety Building at the corner of Main & Pickens Street.

As tradition prevailed, the LFFD Honor Guard presented the colors as Firefighters stood in line formation.

The program began with the Pledge of Allegiance led by Brian Busico, Secretary to the Board of Fire Officers, followed by the singing of our National Anthem by LFFD Junior firefighter Lily Schwedhelm.

An invocation was delivered by Fire Department Chaplain Paul Bruno.

Fire Chief John C. Schwedhelm welcomed Department members and guests, introduced the 2023 Fire Officers and recognized retired LFFD Life Members who had served in the Department for 25 Years or more. Year 2023 new Active Member Certificates (*Abigail Schwedhelm, Michael Lewis, Matthew Loesner, Bruce Ru-*

elas, John R. Garland) and Service Year Awards were presented to several members for their years of dedication and service.

Deputy Chief Leo Morolla read the "LFFD Honor Roll" of departed members, which was followed by the sounding of the Firemen's "Third Alarm," playing of "Amazing Grace" by a Bagpiper team (*Daniel O'Beirne and Ron Phillips Jr.*) and concluded with a Departmental hand salute.

Following the indoor services, Memorial wreaths were placed at the Firemen's Monument in loving memory of all departed Little Ferry Fire Department and Ladies Auxiliary members.

Chief Schwedhelm led an inspection of assembled firefighters. He thanked all who support the LFFD and gave special thanks to the members' families who make sacrifices which allow members to be firefighters.

Chaplain Bruno provided a closing prayer and services were concluded. *Provided by Brian Busico. ###*

Fire Prevention Week October 8-14 Cooking Safety Starts With You

South Bergen Fire Departments are teaming up with the National Fire Protection Association® (NFPA®), the official sponsor of Fire Prevention Week™ (FPW) for more than 100 years, to promote this year's FPW campaign, "Cooking safety starts with YOU. Pay attention to fire prevention™."

Hasbrouck Heights Fire Chief Michael Greco stated "the campaign works to educate everyone about simple but important actions they can take when cooking to keep themselves and those around them safe."

Wood-Ridge Fire Chief Kenneth Schulz said, "cooking is the leading cause of home fires and home fire injuries in the United States." Rutherford Fire Chief Thomas Riser stated, "Unattended cooking is the leading cause of cooking fires and deaths."

East Rutherford Fire Chief Harold Tilt said, "Year after year, cooking remains the leading cause of home fires by far, accounting for half (49 percent) of all U.S. home fires." Moonachie Fire Chief Justin Derevyanyk stated, "These numbers tell us that there is

still much work to do when it comes to better educating the public about ways to stay safe when cooking."

Little Ferry Fire Chief John C. Schwedhelm encourages all residents to embrace the 2023 Fire Prevention Week theme, "Cooking safety starts with you."

Lodi Fire Chief Michael Lortz said, "A cooking fire can grow quickly. I have seen many homes damaged and people injured by fires that could easily have been prevented."

Carlstadt Fire Chief John J. Harr offers these key safety

tips to help reduce the risk of a cooking fire:

1. Watch what you heat. Always keep a close eye on what you are cooking. Set a timer to remind you that you are cooking.
2. Turn pot handles toward the back of the stove. Always keep a lid nearby when cooking. If a small grease fire starts, slide the lid over the pan and turn off the burner.
3. Have a "kid- and pet-free zone" of at least 3 feet (1 meter) around the stove or grill and anywhere else hot food or drink is prepared or carried."

Several Fire Departments are hosting a series of events in support of this year's FPW campaign. To find out more about FPW programs and activities, please contact your Fire Department.

Wallington Fire Chief Shawn Tilt said: For more general information about Fire Prevention Week and cooking safety, visit www.fpw.org.

South Hackensack Fire Chief Carmine Maceri noted, "For fire safety fun for kids, visit sparky.org" ###

Emergencies: Call 9-11



Fire Toast Car

On September 8, 2023, the Hasbrouck Heights Fire Department responded to Route 46 and Huyler Street, Teterboro for a fully involved vehicle fire with live wires down on top on it. No injuries reported. Little Ferry Fire Department assisted. Provided by HHFD. ###



Garbage Truck Overturns on Rt. 17

On August 24, 2023 a Hasbrouck Heights garbage truck overturned at Franklin Avenue and Route 17N, closing all northbound lanes for hours. As the truck traveled onto Route 17, a load shift may have caused the vehicle to overturn. The driver had exited the cab and was walking around when the police arrived. He was taken to the hospital for evaluation. Bergen County Hazmat, police and fire personnel were at the scene. Photos provided by HHFD. ###



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