

Newspaper for Carlstadt • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge Published Monthly. Issued the first week of the month. Distributed FREE via U.S. Postal Service and available at select locations.

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VOL. 8, No. 9

#### September 2011

### $\star \star \star \star \star$



PRSRT STD US Postage PAID Hackensack, NJ Permit # 451

Threading experiments with a story line, "Sciencetellers" made science exciting for youngsters. See story on page 16.

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Tour

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**LF Police Night Out** Page 38



# You'll find the apple of your eye with our sensational new apple creations!

### Caramel Apple

Pancakes Two fluffy buttermilk pancakes topped with roasted apples, rich caramel sauce and creamy whipped topping.

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Meadowlands:	October 3	_	December 23
Hackensack:	October 26	_	December 23

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### September 11th **Remembrance Services**

On the 10th Anniversary of September 11th:

Carlstadt/East Rutherford will hold a memorial program at Riggin Field in East Rutherford on Sunday at 7 p.m. The program includes school children from both Boroughs, Bergen County Firefighters Bagpipe Band, community choir and special concert program by Sgt. Dan Clark, the acclaimed "Singing Trooper."

• Hasbrouck Heights will begin with a candlelight procession (light sticks provided) starting 7 p.m., at Corpus Christi Church, proceed along Burton, to Passaic, then to the Firemen's Memorial at The Circle. During the walk, Church bells will toll as the procession passes.

A Service with the theme "Remember, Reflect, Respect" will then be held. Paul Carris (a Twin Towers survivor) is the featured speaker. A six minute slide show with images of the Twin Towers and recovery will be presented, with the Firemen's Bell tolling 10 times and a short one-line reflection stated. Community choirs and

Speakers will include recent HHHS Graduate Lee Ciocia who will present his award winning essay.

Memorial red, white and blue "9-11 We will Never Forget" bracelets to assist in the renovations are available for \$5 at Heights Flower Shoppe, Borough Hall and The HH Library, etc.

The HH Junior Women's Club is sponsoring a September 11th poster contest.

• Little Ferry is planning a ceremony. Details unavailable at press time.

• Lodi Fire Company will host a dedication ceremony on September 10, at 10:30 a.m. for a piece of steel that was recovered from the WTC at the Westervelt Place Fire House. Refreshments follow.

There will be a 9-11 service at the Lodi Old Timers/Little League at 72 Church Street at 11 a.m. on September 11.

• Moonachie will hold a memorial service at 6 p.m at the Memorial located at Borough Hall.

• Wood-Ridge will hold a 10 year Anniversary Memorial





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additional details are being arranged.

There will be a dedication of two eight-foot beams from the Twin Towers in the newly renovated Firemen's Memorial Park.

Service at Veterans Memorial Park on Sunday, September 11 at 10 a.m. The Knights of Columbus Saint Anthony's Council 11585, will sponsor a Blood Drive prior to and after the service from 9 a.m. to noon. ###

#### Bergen County Remembrance Ceremony

Bergen County plans a Remembrance Ceremony on Sunday, September 11, 2011 at the 9-11 Memorial in Overpeck Park, 48 Fort Lee Road, Leonia, at 3:00 p.m.

Families and friends of victims, first responders, elected officials and all Bergen County residents are invited and encouraged to join and participate in this Remembrance Ceremony, remembering the day and celebrating the lives of the over 3,000 victims of those tragic terrorist attacks.

For more information please contact the office of the Bergen County Executive, 201-336-7403 or email CountyExecutive@co.bergen.nj.us ###

# **Used Right, Debit Cards Can Save You Money**

has confused some consumers regarding which is the better brand of plastic -- debit or credit.

All in all, growth in the use of debit cards is a positive development. Each debit card purchase represents a balance that is not being financed on a credit card. Every year, scores of holiday purchases linger on a credit card statement long after the holiday cheer has subsided, generating finance charges throughout the new year, and possibly longer.

With the debt load of many American consumers rising and job losses mounting, the use of debit cards restricts the purchases to those items consumers can pay for right now.

#### **Drop the Debt Habit** With Debit

For those carrying a debt load, debit cards are a wise choice. Using a debit card requires some discipline -- some forced and some not. For starters, the money must actually be in the account prior to the purchase.

Second, just as with ATM withdrawals, the consumer must be particularly diligent

### Harvest Moon

The September full moon appears on Monday, September 12, 2011, at 05:27. It is called the "Full Harvest Moon."

According to "The Farmer's Almanac," this full moon occurs closest to the autumn equinox. The Harvest Moon usually comes in September, but in some years it occurs in October.

At the peak of harvest, farmers can work late into the night by the light of this moon. Corn, pumpkins, squash, beans and wild rice, the chief Indian staples, are now ready for gathering. It was also called the "Full Corn Moon" or "Full Barley Moon." The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

in their check registers. Failure to do so will eventually result in a bounced check and trigger the nasty nonsufficient funds (NSF) fee.

In addition to avoiding finance charges, the consumer is likely to rein in spending by foregoing the "buy now, pay later" attitude. Further, the majority of institutions do not charge for debit card transactions, making this a no-cost way to practice some financial discipline. Such attributes make using debit instead of credit a sensible, and moneysaving, alternative.

#### **Other Debit Card** Advantages

No need to carry cash. Just about every merchant accepts debit card purchases includ-

The growth of debit cards about noting such purchases ing dollar stores and some thrift shops. You do not need to worry about losing cash or misplacing it in a pair of jeans only to find it two months later. If your purse or wallet is stolen, your money is safe since the perpetrator would need your PIN number to access your funds

> You do not need to make a trip to the bank every time you need cash. You can use your card anywhere you go or access your funds at any ATM machine any time of day or night.

> Under the Electronic Fund Transfer Act, your liability is capped at \$50 if you notify your bank about fraudulent use of your debit card within two business days of learning that your debit card was stolen. If you wait longer, you could be liable for \$500. ###

# The Gazette

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# State -

### LF Fire Department Inspection Sept. 10

The Little Ferry Fire Department will hold their Annual Inspection, at 5 p.m., September 10, 2011 at the Fireman's Monument on Marshall Avenue. The Department will be in full dress uniform and available to answer any questions.

The equipment will be presented for inspection. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

### WRFD Inspection October 1

The Wood-Ridge Fire Department will hold their Annual Inspection, 5:30 p.m., on Saturday, October 1, 2011.

The Department will be in full dress uniform. The equipment and Fire Headquarters will be presented for inspection.

Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

### Free Smoke Detectors

The Hasbrouck Heights Fire Department has started a program, in conjunction with the State of New Jersey, to supply smoke detector(s) to families who can't afford to buy them. If you can't afford a smoke detector, call the Fire Chief's Office at 201-288-0082. ###

### WRFD Breakfast October 16

The Wood-Ridge Fire Department will host a breakfast from 7:30 a.m. to noon at Fire Headquarters on October 16, 2011. Menu includes eggs, sausage, home fries, juice, coffee, etc. Cost is \$5 pp. Open to the public. Tickets available at the door. ###

### HHFD Holds Drill at Swim Club,

On July 27, 2011 at about 7 p.m., Hasbrouck Heights Fire Department EMS/Rescue members participated in a drill at the Hasbrouck Heights Swim Club. The exercise focused on rescuing a person in the water. *Photos by Matt Albanese.* ###











Mutual Aid Response: Wood-Ridge garage/house fire December 23, 2010. Photos by Dennis Kronyak Sr.

## Looking for interesting and exciting work? JOIN THE TEANS Join the action today.

Join your Fire Department!

### **MFD Beefsteak**

The Moonachie Fire Department will host their Annual Beefsteak Dinner on Saturday, October 22, 2011, from 7 p.m. to 12 a.m. at the Moonachie Road Fire House. Cost is \$40 pp. Entertainment by Comedian/Ventriloquist John Pizzi. ###





### Car Crashes into Boulevard Building

On July 31, 2011, at about 3:15 p.m., the Hasbrouck Heights Fire Department was called to a Boulevard location for a vehicle that went up a sidewalk and struck a building. HHPD Officers Jeffrey Werner and Jarett Cooke responded along with HHFD EMS. There was minor damage to the building. No injuries were reported. A tow truck removed the vehicle from the scene. ###

# **Chris Halloran wins EMMY**

Hasbrouck Heights resident, Chris Halloran, was recently awarded an EMMY for Outstanding Technical Team Remote by the National Academy of Television Arts and Sciences for his work as a video engineer for CBS Sports on work including the Barclays at the Ridgewood Country Club in Paramus, NJ.

During his time as a freelance video engineer, Chris has worked on many other sports programs including broadcasts of the Giants, Jets, Yankees, Mets, Rangers, Islanders, Devils, Knicks, Nets, the MLB Home Run Derby, the World Series, NBA Playoff Finals and college sports, including the Army-Navy game, Rose Bowl and the BCS National Championship.

Other programs include the Presidential Debates, the Presidential Inauguration and the State of the Union Address from Washington, DC.

In addition to sports and news events, he often works the Late Show with David Letterman and many concerts, including Bruce Springsteen, Rolling Stones, Willie Nelson, and Wynton Marsalis, to name a few.

His duties as a video engineer include the planning, implementing and troubleshooting of all video feeds before the event.

During the telecast he is responsible for the integrity of the image from various feeds including hue and brightness of the color.

He can also adjust the softness or sharpness of the image. The intent is to keep all images uniform so that the television viewer cannot detect any difference from one video feed to another.

The feeds are then sent to the director who makes the determination as to what feed is broadcast at any given moment.

His most challenging broadcast to date was the Presidential Inauguration.

Chris was responsible for all camera feeds from the top of the Washington Monument, along the parade route, the President's and Vice President's motorcades and the area around 1600 Pennsylvania Avenue, including the Presidential reviewing stand. His feeds went into a video pool used by all networks covering this event.

Chris is an alumnus of Hasbrouck Heights High School. There he became interested in a television career. Chris was encouraged by teachers Mr. Robert Fitzgerald and Mrs. Erin Schneeweiss and then Superintendent Howard Herbert.

At that time he was able to get advice on a television career from Heights resident and EMMY recipient, Mr. Greg Ciccone.

Mr. Ciccone, then at ABC Sports, gave Chris a to ur of the television operations at the Belmont Stakes race in New York.

Chris graduated from the University of Massachusetts, Amherst, Cum Laude. While there he was influenced by Professor George Parks. During his time at UMass, he worked in the university's academic television studio.

After graduating he moved to the Boston area to advance his television career. At first, he worked games of the Pawtucket Red Sox and other minor league and NCAA events.

Soon he started to work major league games of the Boston Red Sox, Celtics and Bruins.

In 2003, Chris felt it was time to enter the New York television market and moved back



to Hasbrouck Heights.

In his free time he is a member of the Hasbrouck Heights Volunteer Fire Department. Chris is Captain of the Heavy Rescue Truck and Chairman of the Department's Public Education Program. He enjoys making presentations on fire safety to school, scout, and other civic groups. *Story by Jim Halloran.* ###

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Shadow's Food Mart Holds Grand Opening

It was all smiles with Mayor Rose Heck and Councilwoman Pamela Link assisting Tom and Michele Meli and staff during their ribbon cutting ceremony at Shadow's Food Mart on Saturday, August 13, 2011.

During the day, Canine Assistants volunteers were selling "T" shirts, stuffed animals, etc., to benefit Mickey's Kids Foundation. Note in photo below, pup "Shadow" nonchalantly supervising the activities. ###



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### **WWII Vets:** Free Trip to DC

The Fort Lee Rotary is sponsoring a free trip to Washington, DC for WWII Veterans to visit the WWII Memorial, Iwo Jima, Korean and Vietnam Memorials on Thursday, September 15, 2011.

The Fort Lee Rotary will provide the bus, snacks, box lunch and soft drinks.

The bus departs at 7:30 a.m. from the VFW Headquarters (corner of Center Avenue and Main Street, Fort Lee).

The bus will depart Washington at approximately 3:30 and arrive in Fort Lee at about 8 p.m. The bus is equipped with comfortable seats, music and a bathroom.

Limited seating. Reservations required. Contact Jim Viola at 201-394-1308 for details. Donations to help defray costs are welcome. Call John at 201-294-4921 or Lillian at 201-566-8985. ###

### Post 106 Celebrates 92nd Anniversary

The James B. Scarr Post 106, American Legion located in Hasbrouck Heights, will celebrate its 92nd Anniversary at a luncheon to be held on September 17, 2011, at Al Di Là Ristorante in East Rutherford. ###

#### **Vietnam Veterans of America Meetings**

Vietnam Veterans of America Chapter 800, 100 Main Street, Little Ferry, NJ, cordially invites you to attend their general meetings held on the third Monday of each month at 8 p.m. (excluding August). They welcome any Veteran and non-Veteran who would like to become a member of the Vietnam Veterans of America Chapter 800. For more information go to: http:// www.vvachapter800.org/ or email: als69vet@optonline. net ###

### **Hire A Vet**

### Local Post Offices Being **Reviewed For Closure**

Carlstadt. East Rutherford. Hasbrouck Heights, and Wood-Ridge Post Offices are among 13 North Jersey branches being reviewed for closure to cut costs.

On April 27, 2011, The Carlstadt Post Office was rededicated to honor fallen hometown heroes National Guard Staff Sergeant Frank T. Carvill and Marine Lance Corporal Michael A. Schwarz. (See Gazette Newspaper, June 2011, page 24.)

The Postal Service has placed 3,653 local offices, including 50 in New Jersey, on a study for a list of potential closure, which is more than 1 in 10 of its retail outlets.

New Jersey would be hit hardest in its northern urban and suburban municipalities. Only a handful of the proposed 50 closures are in southern New Jersey.

The branches' fate will be decided over the next several months. Closings are expected to begin by January.

The public will have several weeks to file comments on the issue. The reviews can be as short as two months or as long as a year or more.

The Postal Service plans to factor in, among other things, town demographics, market data, and the effect on the community and the office's employees and will take into consideration whether the closure makes sense in a larger financial picture.

Community leaders are also concerned that the closure of an office may leave a hole in downtown with the vacancy of prime real estate.

Customers worry about long lines and longer travel distances if the branches close.

Postal officials are counting on an existing network of supermarkets, bodegas, and other stores to pick up most of the slack if many post offices do close. Already, some 70,000

In 2009, the Postal Service announced a restructuring of northern New Jersey's maildistribution system and closed a Whippany center in January, laying off 45 workers.

The Postal Service now faces a \$20 billion gap that officials aim to close by 2015. The agency lost \$8 billion last year.

The potential closures represent the latest in years of costsaving efforts by the agency, which does not receive tax funds for its operations.

Over the last four years, the Postal Service has cut its staff by about 130,000 and reduced costs by \$12 billion. Officials have also sought permission from Congress to eliminate Saturday mail delivery. ###

### LF Post Office to be Dedicated to **Michael Fenton**

On July 29, 2011, a bill to honor the late Marine Sergeant Matthew J. Fenton, introduced by Congressman Steve Rothman, passed the House of Representatives by a voice vote.

The entire New Jersey Congressional delegation joined Congressman Rothman as co-sponsors of H.R. 789.

This bill will rename the post office in Little Ferry, NJ in honor of the memory of Marine Sergeant Matthew J. Fenton, who was a resident of Little Ferry and died in the Iraq war.

"Marine Sergeant Matthew J. Fenton is a true American hero and represents the best of our county," said Congressman Rothman. "It is a humbling privilege for me to play a small part in honoring Marine Sergeant Fenton by naming the post office in his home town of Little Ferry, NJ, the 'Sergeant Matthew J. Fenton Post Office.' This post office will stand as a testament to his bravery and sacrifice." At 24 years of age, Marine Sergeant Matthew J. Fenton made the ultimate sacrifice for our country. It happened during his service in Iraq's Al Anbar province in 2006. Marine Sergeant Fenton was struck by shrapnel after alerting his comrades to the presence of a suicide bomber. All of them escaped harm except for Marine Sergeant Fenton. He passed away nine days later at the national naval medical center in Bethesda, Maryland – a day after receiving a purple heart for his selfless bravery.

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### **26th Annual Steven R. Bizik Memorial Golf Tournament** Wednesday, September 14, 2011 Valley Brook Golf Club in Rivervale, NJ Check-in: 7:30 a.m. • Shotgun Start: 8:30 a.m.

Cost is \$140 and includes: 18 holes of golf with cart, Continental Breakfast, Gourmet Luncheon, 2 hour open bar, entry into prize drawings, beverages, gifts.

Prizes: for skill events \$10,000 hole-in-one • 50/50 raffle Sponsorships are available

Deadline for registration & payment is September 1, 2011 Call 201-288-0752 or 201-952-9488 for more details.

Event Benefits HHHS Scholarship Programs

The inaugural Matt Fenton Memorial 5KRun/Walk was held on June 5, 2011. See The Gazette Newspaper, July issue, page 13. ###

#### No MDA Telethon Service at VFW Thank You Party Scheduled for Sept. 4

The 46th Muscular Dystrophy Telethon is getting ready to squeeze 21-1/2 hours into six prime-time hours on Sunday night, September 4, 2011, from 6 p.m. to midnight.

MDA is converting their regional phone pledge service to a central location -- thus eliminating the need for the VFW Post 4591 operation which has served Northern NJ, Monmouth and Ocean Counties, Manhattan and Staten Island for 40 years.

The Ciavaglia Family and VFW Post 4591 will be hosting a "Thank You" farewell party on September 4 from 4 to 12 p.m. The Ciavaglia Family invites everyone who has volunteered in the past to attend and meet old friends. Call 201-288-2867 for details. ###

### Turkey Dinner October 15

Bring your friends and enjoy a delicious homemade dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 15, 2011, from 5:30 p.m. to 7:00 p.m.

The buffet style, all-youcan-eat dinner is sponsored by The Guild for Reformed Church Women of the First Reformed Church. Cost is \$15.00 for adults and \$5 for children under 10.

For reservations, call Nancy at 201-288-3963 or Church office at 201-288-1122. Takeouts are available upon request.

The First Reformed Church is located at Washington and Burton and is handicap accessible. ###

### Mum and **Garage Sale**

### Meets Sept. 15

**Attention Gardeners** 

HH Garden Club

The Hasbrouck Heights Garden Club will be having their meeting on September 15, 2011, at 6:45 p.m., in the Library Meeting Room on the second floor of the Borough Hall located at 320 Boulevard. Refreshments will be served.

The HHGC meets September thru June, excluding December, every third Thursday of the month. Throughout the year they have several speakers, day trips and workshops for everyone's enjoyment. The public is always welcome to the meetings and join the club.

Come and stop at their table on Town Day, September 24, at Woodland Park.

For further information, please contact Judy at 201-288-2615. ###

### Rummage Sale First Reformed: Nov. 3-5

Start collecting all those "treasures," knick-knacks, tapes, books, linens, small furniture, baby items, clothes, etc.

It's time for the First Reformed Church, Guild for Christian Services, Annual Fall Rummage Sale.

The sale will be on November 3, from 7 to 9 p.m. and November 4 and 5, 2011, from 9 a.m. to noon. Proceeds go to the Church projects and missions. ###

### Harvest Moon **Charity Ball**

The Harvest Moon Charity Ball will be held Friday, September 23, 2011, from 7 to 11 p.m. at North Jersey Country Club in Wayne, NJ.

The event is sponsored by The Children's Dyslexia Centers of NJ, and will feature former NJ Assemblywoman and Hasbrouck Heights Mayor Rose Heck.

The menu features Butler Passed Hors D'oeuvres and champagne, Tuscan antipasto and Vintners' Cheese Displays, open bar with premium liquors and signature martinis, four course meal with an entree choice of Filet Mignon or Salmon (with light dill sauce), served with vegetable medlev and red roasted potatoes. Assorted pastries and tempting desserts follow.

### Sokol Beefsteak FOCAS Flea September 17

American Sokol Little Ferry is hosting their 8th Annual Beefsteak at the American Sokol Hall, Main and Garden Streets, Little Ferry, on Saturday, September 17, 2011, from 7 to 11 p.m.

Menu includes all the sliced filet mignon you can eat, relish tray, ziti, waffle fries, fresh fruit and dessert. Beer, wine or soda is included. There will be music for dancing. Cost is \$38 per person and will be catered by Giresi's Caterers.

Reservations and payment are requested by September 10. Make checks payable to American Sokol, and send to Laurie Romano, 17 Elizabeth Court, Little Ferry, NJ 07643. For more information call 201-641-3330. ###

### **Veterans Dance** November 4

VFW Post 809 and American Legion Post 310 will host a Veterans Dance on Friday, November 4, 2011, from 7 p.m. to 2 a.m. Tickets are \$25 per person and include DJ, food, beer, wine and soda. The event will be held at the VFW Post 809. 100 Main Street, Little Ferry.

Here is an opportunity to meet one another and for the community to thank those who helped protect our country.

For more information call 201-641-9740 or 201-641-9774. ###

#### **Indoor Fall Flea** Market Nov. 19

The Parish Social Life Committee of Saint Margaret of Cortona Roman Catholic Church is sponsoring an Indoor Fall Flea Market on Saturday, November 19, 2011. Tables are \$25 each. For information and contracts, call Ellie at 201-641-0883. ###

### **WRHS Reunion**

# Market Resumes

FOCAS will hold a Flea Market on Saturday, September 24, 2011, from 10 a.m. to 4 p.m. and Sunday, September 25, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend. For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews. org, or visit www.focasnews. org ###

### **Tricky Tray** October 13

Care on the Corner will present their annual Tricky Tray on Thursday, October 13, 2011, at The Fiesta. Doors open at 6 p.m.

The event features jazz music and dancing by "The Big Easy Trio" with Mark Wright.

Tickets are \$45. Ticket includes dinner, door prize and some gaming tickets. Limit 200 tickets so call early at 201-288-9460 for reservations. ###

### Afternoon with Peter Lieberman

VFW Post 4591 is hosting an afternoon with Peter Lieberman on Sunday, September 18, from 1 to 4 p.m., at the Post.

Cost is \$15 if paid in advance, \$20 at the door. Hot meal, coffee and cake are included.

Call Pete at 201-638-4294 or the Post at 201-288-1112 for

### FOCAS **Dog Show**

FOCAS will hold their Annual Dog Show on Sunday, October 2, 2011 at the American Legion Post, 100 Liberty Street, Little Ferry, rain or shine.

All dogs on a leash are welcome. All shots must be up-to-date.

Registration begins at 12:30 p.m. and judging begins at 1:30 p.m.

Admission is \$5 for the first dog and \$3 for each additional dog. For additional information, call 201-943-4019. ###

### **PTO** Carnival October 15

On Saturday, October 15, 2011, from 2 p.m. to 10 p.m., the R.L. Craig School PTO will host a Carnival behind the gym. There will be rides, games, food, baked goods, pumpkin decorating, etc.

Entertainment will include bands "Fastforward" and "Calm B4 the Storm." ###

### **Tricky Tray** October 6

On Thursday, October 6, 2011, from 6 to 10 p.m. at The Empire Club, the Robert L. Craig School Class of 2012 will host a tricky tray.

Cost is \$40 and includes buffet dinner, wine and soda. For tickets call Laurie at 201-926-5973 or Bonnie at 201-694-8055. ###

### **Gymnastic** Classes

American Sokol Little Ferry will hold registration for the fall season on September 13, 2011, at the American Sokol Hall, from 7 to 8 p.m.

Gym classes begin Tuesday, September 20 and Thursday, September 22. For registration forms and information

The Moonachie First Aid

& Rescue Squad will be holding its 6th Annual Mum Sale on Saturday, September 24, 2011, from 8 a.m. to 4 p.m., at 121 Moonachie Road, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$8 each.

Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available. Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094. All proceeds go directly to the Squad for operating expenses. ###

Dance the night away with "The Brass Tacks Orchestra."

Black Tie is optional. Donation is \$120. Reservations due September 9. For more information call Barbara and Kyle Nurge at 201-440-9425, or e-mail banurge@aol.com

**Class of 1976** 

Wood-Ridge High School Class of 1976 will hold their 35th reunion on Friday, November 25, 2011, at the Fiesta. The cocktail hour is from 7 to 8 p.m. and dinner, dancing and DJ is from 7 p.m. to midnight.

Cost is \$75 per person and due by November 1. Make checks payable to Mary Tomat, 78 Hackensack Street, Wood-Ridge NJ, 07075.

Any question call Mary at 201-933-2361, or email: mine-4ev@aol.com ###

Road Courtesy is Contagious

tickets and more information. ###

call Joyce at 201-641-1626. ###



Tuesday-Friday: 12 p.m. to 3 p.m.

#### Dinner

Tuesday-Thursday: 4 p.m. to 9:30 p.m. Fri.-Sat.: 4 p.m. to 10:30 p.m. • Sunday: 1 p.m. to 9 p.m.

269 Hackensack St., Wood-Ridge • 201-933-4276 234 Lafayette Ave., Hawthorne • 973-423-4345 Closed Monday • www.justinsristorante.com

### **Discover the CAP** Cadet Program

The public is invited to the Civil Air Patrol, Teterboro Squadron, Open House on September 13, 2011, from 7:30 to 9 p.m., at 90 Moonachie Avenue, Teterboro, NJ.

The CAP is a non-profit volunteer organization with an aviation-minded membership that includes cadets 12 to 18 years old, as well as senior members, 18 years or older.

It performs three congressionally assigned key missions: Emergency Services, which includes Search and Rescue (by air and ground); Disaster Recovery Operations and Aerospace Education for youth and the general public and the Cadet Program for teenage youth. For additional information, e-mail: Maj. Kevin Sands at: k\_sands@msn.com ###

#### **Discover the Freemasons' Secrets**

The Euclid Masonic Lodge will hold a Square and Compass Day, Saturday, October 15, 2011, starting from 11 a.m. to 3 p.m. (rain or shine).

Come participate in this State-wide open house of Masonic Lodges. Find out the "secrets" of Freemasons. Find out "What's a Mason and what do they do?"

This charitable, worldwide fraternity invites good men and their wives to attend. Tour the building. Enjoy light refreshments. Meet neighborhood Masons. Ask questions.

The Euclid Masonic Lodge is located at 200 Division Avenue (corner of The Boulevard), Hasbrouck Heights.

For more information, call Bob at 201-288-7244 or The Lodge at 201-288-2060. ###

### Groovy 60s & Fireworks

Little Ferry will hold a Groovy 60s themed Family Fun Day on Saturday, September 24, 2011 at Lakeview Field.

A flea market will be held from 10 a.m. to 5 p.m.; rides, food, games and entertainment from 1 p.m. to 5 p.m. Musical entertainment and free popcorn starting at 6:30 p.m. Fireworks start at 8:15 p.m.

Free admission for all Little Ferry residents. Non-residents, \$25 entry fee per family. Rain Date is Sunday, September 25. Event sponsored by the Little Ferry Recreation Committee.

Flea market vendors welcome. A 10' x 20' space costs \$25. Contact Pat at 201-641-4833 for details. ###

#### Saint Margaret of **Cortona Parish Picnic**

Saint Margaret of Cortona Roman Catholic Church in Little Ferry is celebrating their 99th Anniversary with a Parish Picnic. The Parish Social Life Committee has scheduled the picnic for Saturday, September 10, 2011, from noon to 4 pm.

Tickets are \$10 for Adults, \$8 for Seniors, and \$6 for Children. Tickets must be ordered in advance. For tickets or information, please call Ellie at 201-641-0883. ###

#### **Workplace Tips**

Sitting all day at a desk can lead to backaches. Here's a few tips to avoid problems: Don't sit with legs stretched out in front of you; too much pressure is placed on the lower spine. Don't cross your legs as this places a strain on the lower back.

Change positions every so often, and take a moment to relieve neck strain by rotating your head in a circular direction 10 seconds one way, 10 seconds the other way.

Even a few deep breaths and some concentrated relaxation will reduce muscle tension.

Don't carry a heavy briefcase (or heavy purse) around, especially if you carry it in the same hand all the time. This alone can sway your spine up to 15%. ###

### Lodi Feast

The 97th Annual St. Joseph Festival opens Friday, September 2, 2011, at 6 p.m. to 10:30 p.m., with rides, games, entertainment, hourly 50-50, a Super 50-50 and the "Best Italian Food." The Feast continues Saturday, and Sunday and Monday, from 4 p.m. to 10:30 p.m. and Monday from 2 p.m. to 10 p.m.

On September 3 and 4, starting at 10 a.m., and September 5, at 9 a.m., the St. Joseph Society, accompanied by the Metropolitan Feast Band, will march with a banner of Saint Joseph throughout Lodi, Garfield and Hasbrouck Heights. The Feast will then open at 2 p.m.

On Labor Day, at 3 p.m., there will be a Solemn Procession with the Statue of St. Joseph throughout Lodi, followed by Benediction.

#### **New Procession Route**

The streets that will be covered are: East Place, Liberty Street, Prospect Street, James Street, Woodside Avenue, Hunter Street, Prospect Street, Kipp Avenue, Roosevelt Avenue, Central Avenue, Hillcrest Avenue, Grove Street and Spring Street.

#### **Entertainment Schedule**

• Friday: DJ Express Entertainment; Paul Belanich - Accordion Player, and Metropolitan Festival Band strolling through the Feast

• Saturday: Moving Faith Band; I Forestieri - Accordion and Guitar Players

• Sunday: DJ Express Entertainment; I Forestieri - Accordion and Guitar Players

• Monday: DJ Express Entertainment; Hoboken's Frank Sinatra Idol - Eric De Lauro

Note that all entertainment is in the evening at 7:00 p.m.

Approximately 25,000 attend. Last year's Super 50-50 winner received over \$10,000. This program benefits the St. Joseph Church operating fund. For more information go to:

### **HH** Town Day

Hasbrouck Heights organizations should mark their calendar for participation in Town Day scheduled for Saturday, September 24, 2011, from 10 a.m. to 3 p.m., in Woodland Park. Rain date is October 1. Contact the Recreation Department at 201-288-4143 to reserve your table/space. ###

#### Hasbrouck Heights JWC Holds Beautiful **Baby Contest**

The Junior Women's Club is sponsoring its annual Beautiful Baby Contest, which will be held on Town Day, Saturday, September 24, 2011. The contest is open to all residents of Hasbrouck Heights under the age of two.

Send a picture of your Beautiful Baby to Hasbrouck Heights Junior Women's Club, P.O Box 68, Hasbrouck Heights, NJ 07604.

Include the child's name, birth date, parents' names and phone number on the back of the photo and a stamped, selfaddressed envelope, so the picture can be returned.

The winner will receive a savings bond and may have their picture in a newspaper. All entries must be received on or before Wednesday, September 21.

Vote during Town Day in Woodland Park between 10 a.m. and 2 p.m. Votes are \$1 each and the proceeds benefit the "Valerie Fund" program, which supports health care of children with cancer and blood disorders.

The Hasbrouck Heights Junior Women's Club is a nonprofit organization made up of volunteers interested in helping those in need and providing fun opportunities for the children of Hasbrouck Heights. Meetings are on the second Thursday of each month at 8 p.m. at the First Reformed Church from September-June. New members are welcome. ###

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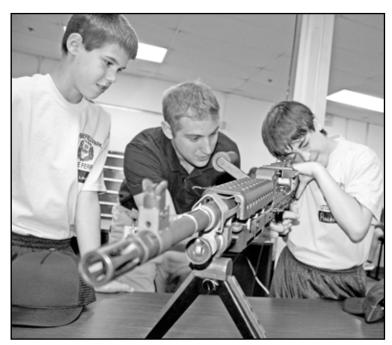
### **RP/LF Combined Jr. Police Academy**

During the week of June 27- July 1, 2011, the Little Ferry and Ridgefield Park Police Departments held the 8th annual Junior Police Academy.

Fifty-five children participated in the week's activities.

Highlights included demonstrations from LFPD K-9 Laszlo, tactical driving demonstrations, mock crime scene investigation, and field trips to Naval Weapons Station Earle and West Point. Photos provided by the LFPD and RPPD. ###





# Moonachie School District **100 Years of Pride**

(Editor's Note: In celebration of the Robert L. Criag Schools 100th Anniversary, over the course of the next few issues, The Gazette Newspaper is providing a multi-part reflection. The following highlights the many accomplishments achieved by the Board of Education during Mark Solimo's 11 year tenure (2000-2011) with *the district.*)

The Moonachie School District since September 2000 has been a culturally diverse school district with the primary goal of ensuring all its students are provided the opportunity for an exemplary educational experience and are challenged to a high level of performance.

During the past eleven years, the Moonachie School District has developed a strong school community finely attended to the needs, values, talents, and interests of the students.

The district has always been on student learning, where education fosters independent thinking, exploration, and experimentation as a lifelong process.

As I reflect back, here are highlights of the many accomplishments completed by the Moonachie Board of Education during the past eleven years:

In September 2000, the district developed the Parent/ Teacher Advisory Panel. The purpose of the Parent/Teacher

Advisory Panel is to develop strategies to cultivate parent support for higher academic standards. Meetings are held at the school nine times per year.

In October 2000, the district established the School-Wide Committee. The goal of the School-Wide Committee is to generate resources for school projects aimed at enhancing the quality of education and educational opportunities for Moonachie students.

The School-Wide Committee is a vehicle for individuals, business, and organizations to assist the district in providing quality instructional and support services.

Between September -March 2001 twenty-three staff members attended twenty-one workshops addressing curriculum.

On November 17, 2000, Susan Barrise, Supervisor, Elementary Education met with Wood-Ridge High to develop a curriculum articulation strategy, and on December 8, 2000 the first Wood-Ridge/Moonachie Articulation Meeting was conducted by Dr. Brockel, Wood-Ridge Superintendent, Dr. Mermer, High School Principal, and Wood-Ridge support staff to increase collaboration between Robert L. Craig and the High School.

During the 2000-2001 school year the district de-

Continued on page 11









veloped Social Studies K-8 curriculum guide through the Goals 2000 grant, conducted a series of meetings with staff to address Reading Strategies, developed rubrics for assessment of math journals, and developed Language Arts rubrics to assess students' writing.

Also, on November 30, 2000, teachers submitted writingskills strategies, and developed guidelines for use of math journals.

In 2000-2001 curriculum maps were developed in Math and Language Arts. Mapping is looking at curriculum and content and how it is implementing by grade level over time during the school year.

A rubric is a list of standards by which a performance product or outcome demonstration will be developed and communicated.

The following teachers worked on curriculum maps that were implemented during the 2001-2002 school year: Mrs. Ipolysagi - Spanish, Mr. Kersnowski - Art, Mrs. Zanko - Health, Mr. Brice - Music and Mr. Facendola - Physical Education.

Furthermore, the Moonachie School District during the 2000 - 2001 year developed Project Teams made up of staff members to address such areas as peer tutoring, school store, science/technology fair and conflict resolution; and increased staff resources to the basic skills program.

Students in Grades 2 through 8 who were eligible for basic skills instruction met two times per week. Dr. Sobol, School Psychologist, and Ms. Lender, School Social Worker, conducted 10 sessions each per week of individual/group counseling to non disabled students and the district and increased



ESL services from 1/2 time instruction to full time.

In addition, the School-Wide Behavior Management Program was implemented in September 2000, consisting of a token economy (school store) and Level system (privilege system) consistent with the newly developed Student Code of Conduct.

School-Wide Common Planning Time was introduced in September 2001. During daily common planning sessions, teachers between 8:10 a.m. - 8:40 a.m. participated in staff training, curriculum development, articulation meetings, and provide additional assistance to students.

The purpose of common planning time is to develop techniques in order to increase student achievement. The district as a cost savings measure in 2001 designed the first Linkage Agreement with the South Bergen Jointure Commission.

In 2001-2002 the district increased the provision of support services in the district. CST services were increased for the School Psychologist and School Social Worker from four days per week to five.

Workplace readiness classes were initiated in Grades 5-8, and after school programs were facilitated with the YMCA. Peer Tutoring and Peer Mentoring was provided as an additional support to struggling students in the mainstream setting and assistance to classified students in the special education setting.

Seventh and Eighth Grade students volunteered their time and give up their participation in non-academic subjects, specials, and afternoon activities to work with students on a one-to-one basis.

In September 2001, the district also offered a Character Education Program at Robert L. Craig. Character Education is provided to students in Grades 1-8 and is designed to foster the development of values, which function as the cornerstone of ethical behavior.

Furthermore, in 2001, the district implemented the following enrichment programs: After School Cooking Program, After School Music Program, and Student Council, and developed and disseminated the following 2001-2002 surveys to assess needs: Parent/ Guardian Survey, Staff Survey,

and Community Survey.

In 2002, the Robert L. Craig School established two self-contained special education classrooms, and implemented an Adult ESL Program. A new student database system was initiated resulting in the utilization of computerized report card.

The Time to Read Program, in collaboration with Time Warner Cable, was also initiated in 2002. Time to Read volunteers served as mentors and tutored students to build stronger reading skills.

A Pre-K Inclusive Program was established during the 2003-2004 school year. Also during this year the district passed 7 year State Department of Education Monitoring.

The computers in the library were updated and the district purchased its first mobile computer lab. By 2003 100% of the computers had internet access with a total of 99 computers in classrooms.

By 2004 new windows were installed at Robert L. Craig, the driveway was paved, and a new HVAC system was installed in the gym with air conditioning.

Also, the district refinanced the 1999 long term debt, saving \$230,000 and refinanced early refinance debt saving \$100,000.

In 2004-2005, the Moonachie School District established a Comprehensive Pre-School Disabled Program. Academic services were expanded to seven periods per week. Reading and World Language classes were also increased.

By the 2005-2006 school year, Robert L. Craig was providing morning tutoring services to approximately 125 students per month. The school maintained the Preventing Academic Failure (PAF) Reading Program as a Pull-Out program for students in Grades 3 and 4 and incorporated it in the general education setting in Grades 1 and 2. The GEP A and NJ ASK Prep Program was introduced to improve student performance on statewide

raised criteria for inclusion in the Basic Skills program, and provided Skill Group (Tracking) in the 7th Grade Math program.

In 2006-2007 the district split Language Arts into separate Language Arts and Reading classes for Grades 5-8, and provided one extra period Reading for Grades 5 and 6 and provided one extra period of Language Arts for Grades 5 and 6. The Lindamood-Bell Reading Program was implemented in the Special Education setting.

Also, in 2006-2007, the heating system was upgraded and the Board facilitated a roof project over the gym.

In 2007, the school upgraded to a new gym floor, and increased security by installing eight cameras throughout the building. A new Student Data System (Genesis) was initiated and 2007 was the start of utilizing the Global Connect Communication System.

The 2007-2008 school year began the use of formative and summative assessments to guide instruction. A Multiply Disabled Program was developed to enhance special education services.

2007-2008 began the use of SmartBoards at Robert L. Craig and today, most of the teachers have Smartboards mounted in their classrooms.

In 2008-2009 the district piloted On Line Lesson Planning program, including links to content standards and teacher webpages, and links for parents to view homework.

The district once again successfully passed State Department Monitoring (NJQSAC) and was designated as a"high performing district." Facility upgrades were completed for the HVAC and system, cafeteria, and playground equipment to ensure student safety.

Revenues in the amount of \$490,000 were generated from out of district tuition.

The Moonachie School District in September 2009 initiated the Reading Workshop Program.

individual students, personalizes instruction, and keeps records of student progress. (http://www.saskschools. cal~bestpractice/readerlindex. html)

A second kindergarten was added during the 2009-2010 school year, and the district selected mathematics textbook series for Grades K-5 in accordance with NJ Core Curriculum Content Standards; directed Curriculum Mapping in Social Studies, Science, Art Music, Health, Physical Education, World Languages; teamed with Wood-Ridge to create a Master Curriculum Map for middle school mathematics; managed implementation of new World Language curriculum: Rosetta Stone & Muzzy; strengthened the "Every Classroom is a Library" initiative, including social studies and science classroom; administered Honors Biology Screening Test for qualifying 8th Graders entering Wood-Ridge High School; and provided staff development in the Curiosity Corner curriculum for preschool teachers.

In September 2010, the Writing Workshop was provided as an organizational framework for teaching writing. In a writing workshop, students develop most of their writing projects.

Teachers push for authority and purpose: students writing with passion about what they know and care about, for reasons they believe in.

During genre studies, students choose their own subjects, themes, and approaches. The teacher's mini-lessons grow from his observations of what students don't know or will need to know to produce excellent, literacy writing.

Teachers meet with individuals to confer about their writing; they focus on content, style, and structure. (Atwell, Lessons That Change Writers)

The Moonachie School District during the past 100 years, and certainly during the past eleven years, has been committed to creating a safe, positive, and stimulating environment that accorded all students dignity and respect, provided equal opportunities to learn, encouraged excellence, and produced responsible citizens who are life-long learners in a challenging society. May you continue during the next 100 years to prepare young people for the future, and teach children the skills they need to be successful in life. Submitted by Mark Solimo, 2000-2011 Superintendent/ Principal. ###

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Also, in 2005, the Kindergarten Inclusive Program was developed to meet the educational needs of students in the Special Education Program and to offer support to general education students.

An Extended Year Program for special need students was created during the summer of 2006 to maintain and further educational progress for preschool students.

Furthermore, in 2005-2006, the district installed outside lighting, upgraded the gym lighting, and changed school cleaning products to replace traditional products with natural ones.

In addition the district

Reading Workshop is an organizational framework for teaching reading. It is designed to foster a love for reading within our students, and to differentiate, or personalize instruction in order to accommodate the learning needs of all students.

In Reading Workshop, the students take more responsibility for their learning, choose books that appeal to them and are at their own instructional level, respond to the text they are reading, and share thoughts and ideas within small groups.

In Reading Workshop, the teacher teaches mini-lessons based on observations of student needs, conferences with



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### **Meet Moonachie's New Superintendent**

School in Moonachie opens on September 7, a new face will be waiting to greet the staff and students.

Dr. Jill Mortimer began her position as the Superintendent/ Principal of the Moonachie School District on July 1, 2011.

She replaces Mark Solimo as head of the one-school district. Solimo retired after 11 years of service.

Dr. Mortimer has an Ed.D. in Educational Leadership from College of St. Elizabeth, an M.A.T. in English Language and Literature, and a Bachelor's degree in Psychology from Fairleigh Dickinson University.

She has a total of 19 years of experience in public education. She began her career as a high school teacher in Elizabeth, high school English and Psychology in Midland Park, Tenafly K-12 Staff Developer and K-12 Regional Director of Curriculum and Instruction for Allendale, Ho-Ho-Kus, Upper Saddle River, and Northern Highlands for the past 11 years.

Dr. Mortimer is a member of the Wyckoff Board of Education.

This summer, Dr. Mor-

**RLC New Supervisor** of Curriculum

When the Robert L. Craig timer developed the district goals for 2011-2012, analyzed the district's State test scores, revised the district's webpage, and learned about district operations.

> The district implemented the Teachers College Reading and Writing Project for students two years ago.

> This Columbia University program has no textbooks. Students choose books at their reading level and study.

> Mortimer stated that she implemented that program in her last job and has seen it work with students.

> "I am delighted to join the Moonachie community, and I look forward to sustaining a vision of continuous improvement. Student achievement is my top priority. I want to do as much as we can for the students and collaborate and work together. I want to develop a partnership with the parents and the whole community." Mortimer said.

> She will earn \$135,000 annually and has a four-year contract. She lives in Wyckoff with her husband, Peter, and 11-year-old son. ###

#### tember 10 and 11 at Teterboro Airport. Various aircraft are currently being scheduled for this event to include the B-17 (Yan-

On behalf of the Hasbrouck Heights Lions Club, Past President Robert Searle presented Hasbrouck Heights Library Director Mimi Hui with a check for \$500 on August 16, 2011. The donation will be used towards The Library's "large print" section. ###

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Lauren Odoksta recently started as the new Supervisor of Curriculum and Instruction for the school.

She previously taught in the Upper Saddle River School District, where her experiences included teaching First and Second Grades, as well as Enrichment and Basic Skills. She headed the District Professional Development Committee and served on several other district and school committees.

Ms. Odoksta has a Master of Arts in Teaching, Elementary Education and a Master of Education in Educational Leadership.

Upon completing the Educational Leadership program at William Paterson University,



she received the 2010 M.Ed. in **Educational Leadership Honors** Award. Ms. Odoksta has attended Advanced Institutes on the Teaching of Reading and Writing at Teachers College of Columbia University and is eager to apply her skills and knowledge in the Moonachie School District. ###

Dakota, B-25 Mitchell, F-4U Corsair, military aircraft such as the F/A-18, etc.

kee Lady), E-2C Hawkeye, P-47

Care on the Corner an-

Classes will be offered on

Students are asked to bring

The group meets at the

9460 to register. There is a \$15 registration fee. Scholarships

are available. Jean R. Giar-

ratana (NJ Certified Teacher)

will be the coordinator. ###

School Busses

As the new school year be-

gins, Hasbrouck Heights Police

Department Lt. Thomas Archer

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The Expo will feature a replica of Amelia Earhart's L-10 Electra with a Cord car alongside.

The Expo anticipates an extensive array of exotic, antique and custom cars and military vehicles.

The Army Air Force Historical Association will again provide an extensive display. Additional attractions will include vendors/exhibitors.

Both days, a stage show will feature Elvis, American Belles, etc., along with several WWII guest speakers. On 9-11, a special ceremony will take place at 2 p.m. ###





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safety tips:

can see vou.

the area.

children.

bad weather.

Lt. Archer also stated that,

To help protect children,

• Slow down near schools

• Drive with your headlights on - even during the day

• Look for clues such as

Scan between parked cars

Practice extra caution in

• Always stop for school

busses that are loading or un-

loading students. ###

- so children and other drivers

School Safety Patrollers, bi-

cycles and playgrounds that

indicate children could be in

and other objects for signs of

• An agreement has been

### **Driver Caution: Obey School Traffic Patterns** Officials Urge: Use seat belts & child safety seats • Do not use cell phone/text while driving

#### Carlstadt

Lt. Walter Beese of Carlstadt Police Department reports that there are 20 crossing guards posted throughout the Borough on all school days from 7:45 a.m. - 9:00 a.m. and 2:45 p.m.- 4:00 p.m. Please obey the directions of the crossing guards in those areas.

There are approximately 600 students that are dropped off and picked up at Carlstadt Public Schools every school day. Please observe the following rules.

• Do not park in the dropoff zones. They are for dropping off and picking up of students only.

• Parents can use the auxiliary parking lot located at the north/west corner of the school, which can be entered from Garden Street.

• Please do not turn left from Washington Street onto Summit Avenue, when dropping off and picking up students. This disrupts the flow of traffic.

#### **Hasbrouck Heights**

As the new school year begins, Lt. Thomas Archer reminds drivers: "There are 15 school crossing locations in town. All have advance school crossing signs which are lime green in color."

School crossing guards are present during school days between 7:45 a.m. to 8:45 a.m.; and 2:30 p.m. to 3:30 p.m.

School crossing guards wear lime green vests and hold portable stop signs.

Additionally, there are four walking school bus routes with a large number of students.

Drivers should exercise caution at these locations, especially during inclement weather and periods of sun glare.

Heights schools:

• At schools, Lt. Archer reminds drivers not to park in the yellow zones or double park -- especially during inclement weather, letting off or taking on passengers in moving traffic.

• Do not park in designated drop-off zones at dismissal time.

• At Corpus Christi School, don't park in the Shadow's Food Mart lot.

• When dropping off or picking up students at the Jr./ Sr. High School main entrance at The Boulevard, do not park in the yellow zone, at the bus stop or double park on The Boulevard.

• At the LaSalle Avenue entrance, no parking, dropping off or picking up students in the yellow zone where no parking or no standing signs are posted. This violation creates a hazard for students and impedes Boulevard/LaSalle traffic flow.

• Use the specially designated drop off zone in the morning that is clearly marked by traffic cones from 7:30 a.m. to 8:30 a.m.

• Paterson Avenue entrance, no double parking. No "K" turns to avoid Paterson/ Boulevard intersection.

#### Little Ferry

Students and parents are reminded to cross only at designated areas where school crossing guards are located and to cross only when instructed to do so by the crossing guard.

• The Borough of Little Ferry has 14 designated school crossing locations throughout the Borough. School crossing guards are present school days from 7:45 a.m. to 8:45 a.m. and 3 p.m. to 4 p.m.

• Parents are reminded to



Dropping students off at be extra vigilant when dropping off and picking up students.

> • Drivers are warned that the Little Ferry Police Department has a ZERO TOLER-ANCE POLICY for motorists who violate motor vehicle laws in a designated school zone.

#### Moonachie

• Students are reminded to cross only at intersections where crossing guards are present and to only cross when instructed to by the crossing guard.

· Crossing guards are present on all school days from 7:30 a.m. to 9:30 a.m., and 2:30 p.m. to 4 p.m. Crossing guards are posted at Metropolitan Trailer Park from 6:45 to 8:45 a.m. and from 2:00 to 3:30 p.m.

· Parents are reminded that when dropping off children at the Robert L. Craig School the driveway is for drop off only, there is no parking in the circular driveway.

• When picking up children after school there is still no parking allowed in the driveway and when parking you should park in a marked parking spot. Do not double park or block another car that is parked in a spot.

• Please drive with extra care and follow the directions given by the school crossing guards.

• New Jersey State law re-

quires that all passengers under 8 years old or under 80 lbs. be secured in a Child Passenger Restraint System or a booster in the rear seat. All passengers 8 years old or over 80 lbs., as well as the driver and the front seat passenger of an automobile, must wear a properly adjusted and fastened safety belt system.

• All drivers are reminded to drive with extra caution in all areas where children are.

• Buckle up and drive safely.

#### Wood-Ridge

Sgt. Witkowski, Wood-Ridge Traffic Officer, reports that there are eight crossing guards posted throughout the Borough with the hours being 7:30 a.m. to 8:30 a.m. and 2:15 p.m. to 3:25 p.m.

Additionally, Auxiliary Officer and Crossing Guard, Kevin Metcalfe, is posted in front of the W-R High School.

• Utilize the drop-off zone on Windsor Road for Ostrovsky School.

• Do not park in Kohler Funeral Home parking lot.

• The Catherine E. Doyle School now has three drop-off zones to improve flow around the school. They are located at Wood-Ridge Avenue, Twelfth Street and Highland Avenue. The traffic flow is currently being evaluated and residents will be notified.

• Please obey the directions

### Heights Continues Walking School Bus

Lt. Thomas Archer of the Hasbrouck Heights Police Department announced that the "Walking School Bus" program will be begin on Wednesday, September 7, 2011, and will run every day, Monday through Friday, rain or shine.

Children walk to school in a supervised group along a set route, picking up additional kids at each block along the way.

towards Euclid.

• Euclid School Students will meet their School Crossing Guard at dismissal time in front of the school for the return trip.

The last drop off points will be Summit/Lincoln Avenue and Jefferson/Burton, respectively.

#### Lincoln School

guardian on the last stop on the return trip will be walked back to the school by the School Crossing Guard.

For single session days, the Walking School Bus schedule will be adjusted accordingly.

Officials stated that this program alleviates a lot of traffic and congestion around the schools, and makes it safer to walk.

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Children can wait at any intersection along the specified route.

The School Crossing Guard will then pick-up students as the Walking School Bus passes along the route.

Each walking school bus has at least one school crossing guard "driver," with adults, who walk with the kids.

The routes established for this year are as follows.

#### **Euclid School**

• 8 a.m.: Starts at Summit and Lincoln and walks north towards Euclid.

• 8 a.m.: Starts at Jefferson and Burton and walks south

8 a.m.: Starts at Jefferson and Burton and walks north towards Lincoln.

• 8 a.m.: Starts at Myers and Burton and walks south towards Lincoln.

• Lincoln School Students will meet their School Crossing Guard at dismissal time in front of the school for the return trip.

The last drop off points will be Myers/Burton and Jefferson/Burton, respectively.

#### **Corpus Christi School**

• 7:45 a.m.: Starts at Jefferson and Burton to Kipp Avenue to the School.

• No Dismissal.

Any student who has not been picked up by a parent/

Students enjoy meeting their friends along the way.

The program also offers the additional benefits of exercise and learning valuable pedestrian safety skills.

Parents like it because they don't have to chauffeur their kids to school.

For more information go to: www.hhpd.com or http:// hhschools.org/ Consult with your PTA "Walking School Bus" coordinator about volunteering to assist in supervising the "Bus." Parents may also call Lt. Archer at 201-288-1114.

For information about the Walking School Bus program go to: www.walkingschoolbus. org ###



### Meet the Wood-Ridge **School Superintendent**

Many people enter the field of education because of experiences they had as students. They complete a formal teacher preparation program at an accredited college or university.

Others decide to change their careers and enter the field of education by taking the alternate route which is a nontraditional teacher preparation program to become a New Jersey certified teacher. Dr. Beth Ebler, the new Superintendent of the Wood-Ridge School District did this.

Dr. Ebler's primary career was in Medical Technology and Research. Through a chance assignment to visit a school in Newark and demonstrate to the students how science works, she became convinced that she should become a teacher and decided to enter the field through the alternate route.

She first taught science at Eastside High School in Newark. Through her experiences at the high school level, she realized that many of her students were not well prepared in the field of science and mathematics, so she requested to be assigned to an elementary school. Her request was honored and she was assigned to teach science to second graders.

Dr. Ebler also taught mathematics and engineering parttime at New Jersey Institute of Technology.

With her husband, and through the assistance of the LASER Institute in Washington DC, they set up the first Science Center in the state of New Jersey. It is located in Newark and services 45,000 students. She also worked for the New Jersey State Department. During all of this time Dr. Ebler obtained a Master's Degree and a Doctorate Degree. In the three years that Dr. Ebler has been employed by the Wood-Ridge Board of Education she has advanced first as Assistant Principal then Principal of the Wood-Ridge High School and now as the district's Superintendent. As she looks forward to her new position, Dr. Ebler understands that her profession is constantly changing and evolving to meet the ever

changing needs of the students and community.

She believes in the saying, "be the change." Mahatma Gandhi first made this statement when he said "Be the change you want to see in the world." This year, emphasis will be made on teacher and student accountability. She encourages families to be involved with the education of their children and to contact her, the building principals and teachers, to learn more about the schools and goals.

To this end the school district had its first Administrators' Retreat this summer which included not only the school administrators but also teacher union representatives. They set the goals and an agenda for the school year. Future retreats are planned for the members of the Board of Education and the Mayor and Borough Council.

Dr. Ebler praised the teachers in Wood-Ridge. She also stated that with her efforts the Wood-Ridge community, staff, and students will no longer be the best kept secret. Story by Peter Gallo Jr. ###

### RLC Back to School Night Sept. 29

Parents and guardians are invited to attend the Robert L. Craig "Back to School Night" on Thursday, September 29, 2011.

The purpose of the evening is to enable parents to learn about the curriculum that will be taught over the course of the school year, to meet the teachers, and to hear about each teacher's goals, expectations, and special plans for the year.

The program will begin at 6 p.m. with an opportunity to meet the specials teachers (i.e., Physical Education, Art, Music, ELL), the Resource Room teachers, and members of the Child Study Team. From 6:35 p.m. to 7:05 p.m., parents can meet with the Pre-K through Grade 4 teachers in their classrooms.

Attendees will then have an opportunity to meet the new Superintendent/Principal, Dr. Jill Mortimer, and the new Supervisor of Curriculum and Instruction, Lauren Odoksta, from 7:10 p.m. to 7:30 p.m.

Then, parents and guardians of older children will meet in two larger groups. There will be one presentation for 5th and 6th Grade programs, and another for 7th and 8th Grade programs. The evening will conclude at 8:15 p.m.

One of the highlights of the event will be the unveiling of the district's newly revised webpage. The new design will enable parents and guardians to have unprecedented access to



### The Internet -- A Learning **Tool For Your Child**

For children to succeed today, they must be able to use the Internet. Here are some suggestions for helping your child

learn to do so properly:

work or that relate to their interests.

Monitor the amount of time that your child spends online as Internet surfing can be just as time consuming as watching TV. Don't let it take over your child's life. Place a clock near the computer and keep track of how much time he spends online. Teach your children rules for using the Internet safely. Let them know that they should never do the following: tell anyone-including their friendstheir computer password; use bad language or send cruel, threatening or untrue e-mail messages; give out any personal information, including their name or the names of family members, home address, phone number, age, school name; or arrange to meet a stranger that they have "talked" with in an online "chat room." ###

information about the school. The content of the webpage can be translated into more than 50 languages, so all community members will benefit from the information that is posted. Parents/guardians will have their own district-assigned password, which will enable them to see only their students' grades. This enhanced avenue of communication will foster a strong partnership between the school and the families.

Next month's edition of The Gazette Newspaper will feature an article about the district and school goals for the 2011-2012 school year, along with information about each new teacher. The new administration has a strong commitment to maximizing student achievement, and many new practices for enhancing it are being put in place. With its small class size, individualized instruction, and talented teaching staff, the Moonachie School District is positioned to be a model of excellence in Bergen County. ###



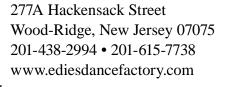
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Spend time online with your child. If you don't have a computer at home, use the computers at your Library.

Learn along with your child. If you're not familiar with computers or with the Internet, ask the librarian to help you and your child learn together.

If your child knows about computers, let him teach you. Ask him to explain what they are doing. Ask him to show you his favorite web-sites and tell you what he likes about them. This will help build self-confidence and pride in his abilities.

Make sure your child understands what you think are appropriate web-sites. Point them in the direction of sites that can help them with home-

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### **Boys State Delegates Return to School**

Eight hundred eighty boys are entering their senior class after experiencing a week at American Legion Jersey Boys State (ALJBS).

They were delegates to the 66th session of ALJBS held at Rider College from June 19 to June 24, 2011. Ninety of the boys live in Bergen County and twenty-one of them live in the area in which this newspaper is distributed,

The boys are Joseph Bocage, Austin Dilkes and Robert Zimmerman from Carlstadt; Richard Deluca, Patrick Lorfink, Michael Pikowski, Daniel Mangieri, Alex Sisco and John Viola from Hasbrouck Heights; Kyung Baek, Steven Linde and Julio Sabangan from Little Ferry; Frank Borrelli, David Garcia and Kevin Joza from Lodi; Lucas Boettcher and Anthony Cirincione from Moonachie; and Edward Cox, Mark Frattarelli, Craig Jasionek and Todd Muoio from Wood-Ridge.

Don't Text

and Drive

They were sponsored by the American Legion Post located in Carlstadt, Fair Lawn, Hasbrouck Heights, Little Ferry, Lodi, Lyndhurst, Rutherford and Wood-Ridge.

Their week at Rider College gave them the opportunity to grow as people, and to govern and interact with some of the top high school juniors from across the State of New Jersey.

They had the unique opportunity to not only learn about, but try to find solutions to the real life problems facing our municipalities, counties and the state as a whole. The boys also heard councilmen, mayors, freeholders, county executives, assemblymen, senators, and Governor Chris Christie who all discussed the issues of their positions.

They return to their high schools remembering the educational and social values of their life changing experiences and also after creating bonds with new friends throughout the State whose friendships will last forever. Story by Peter Gallo Jr. ###



On Friday, July 29, 2011, the Moonachie Summer Recreation Program held their Closing Day at the R. L. Craig School. The event included a BBQ, magic show by "Ferris the Great," talent show by the kids, sculptured balloons, ice cream, etc. This year's theme was "Forget the Brakes, Step on the Gas, Make Way for Summer" and "In the Fast Lane to Fun." The five week program was enjoyed by about 125 kids, with a staff of 12 providing supervision. ###







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Cruise Around Manhattan Sailing out of the 14<sup>th</sup> Street Pier in Hoboken, New Jersey.

### Donation \$200 per ticket

All proceeds used to further the programs at the Boys & Girls Clubs of Garfield, Hackensack, Hawthorne, & Lodi SPONSORSHIP OPPORTUNITIES AVAILABLE For Tickets or Sponsorships

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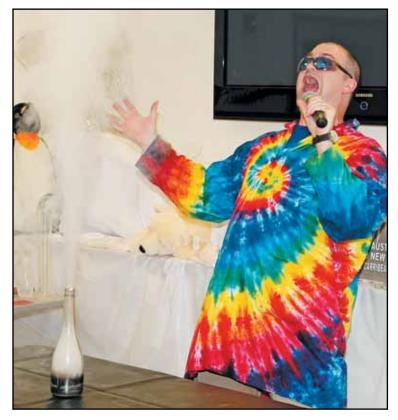
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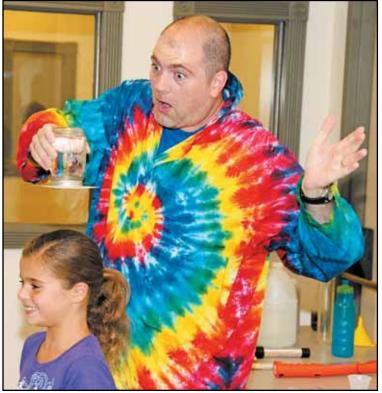
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# Wizards - The Race Around The World















About 30 children and 20 adults were dazzled by Andrew Piccirillo of Sciencetellers who combined science experiments, storytelling and audience participation of "Wizards - The Race Around the World," in an exciting presentation on Monday, August 15, 2011 at The Hasbrouck Heights Free Public Library.

Threading a magical story sequence, Mr. Piccirillo performed eight optical illusion and special effects with the assistance of the children.

They included: which was larger optical illusion (*they* were the same size), flash paper, surface tension with an open jar of water upside down, catching and holding bubbles demonstrating dirt and grease, a prism effect with fireworks paper, and a  $CO_2$  cannon misting water.

He demonstrated the Bernoulli Principle of higher and lower pressure lift force (*as in an aircraft wing*) -- with a small leaf blower on two young ladies putting their hair in flight. To demonstrate the principle, using the blower he unrolled toilet paper on a line of kids.

He concluded by creating a vapor (*do not try this at home*) with magnesium dioxide and hydrogen peroxide.

For more information about Sciencetellers go to: www.sciencetellers.com. The program was funded by The Friends of The Library. ###

September Birthstone Sapphire







### **Gazette Photos Available**

Did you see yourself or your child published in **The Gazette Newspaper**? The EXACT images used in **The Gazette Newspaper** are now available as photographic prints and may be purchased at: http://gazette-newspaper.smugmug.com/

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On July 23, 2011, Jungle Jon of the Lizard Guys visited the Wood-Ridge Senior Center in a program sponsored by The Wood-Ridge Memorial Library. Children and adults were introduced to several animals, including Freddy the tree frog, and learned about their native environments and habits. Jungle Jon also allowed each member of the audience to touch the animals, much to the enjoyment of the children present. In addition to Freddy, Jungle Jon brought an albino corn snake, an Australian bearded dragon, a Madagascar hissing cockroach, an Eastern box turtle, and a 7 foot, 20 pound Columbian boa constrictor named Cuddles. Story and photo provided by the W-R Library. ###

### Learn to Chart Your Family Tree

Those interested in charting their family trees are invited to attend two special lectures on genealogy at The Free Public Library of Hasbrouck Heights. You are welcome to attend one or both sessions. All programs will take place 7 – 8:45 p.m.

 Introduction to Genealogy -- Tuesday, September 13.

This session is designed for those who are new to genealogy. You will learn how to research and procure family records when you have limited information and time for research. Records such

#### Go frost a grape

Choose some really nicesized grapes, wash and dry them thoroughly. Dip them in a solution of 1/2 cup of granulated sugar and 1/2 cup of ice water. Freeze until ready to use. Don't freeze for more than one day for best results. ###

as birth, marriage, and death are discussed, as well as Federal census and passenger ship manifests.

#### Navigating Genealogy Websites -- Tuesday, September 27.

This program will explore and discuss genealogy records and information that are available online.

The programs will be led by guest lecturer, Anthony Lauriano. He is a graduate of University of Florida and St. Francis College, Brooklyn. He has been lecturing since 2007 to bring his life long love of history and genealogy research to the public.

These events are free and open to all. The seminars will be held in The Library conference room at 320 Boulevard. To register, please call 201-288-0488 or log on to http:// hasbrouckheights.bccls.org and go to calendar. ###

### "SkateKey"

Author and Professor, Jennifer Ranu. has created a masterpiece of nostalgia and humor in the book, "SkateKey."

Ms. Ranu will present some of the childhood stories by men and women connected by a metal gadget, the skatekey, a tool used to make roller skates fit onto a skater's feet.

The reading will take place on Monday, September 19, 2011, from 3 to 4 p.m., at The Free Public Library of Hasbrouck Heights. A book signing will follow. An afternoon with Jennifer Ranu is guaranteed to arouse nostalgia and trigger your memory of happy times from your youth.

"SkateKey" is a collection of memoirs and emphasizes diversity-multicultural and religious family backgrounds.

Each roller-skating story takes place during a specific time period in American history: The Great Depression-1920s-1930s, World War II-The 1940s, The 1950s, The Civil Rights Movement-1960s, and The 1970s.

Jennifer Ranu is a professor in the Department of Curriculum and Teaching at Montclair State University in New Jersey where she is a teachers' teacher. She has served as an educator in urban and suburban school districts in New Jersey for thirty-five years.

"SkateKey" marks Jennifer's debut as a book author. She is currently writing her memoir, "Teacher's Teachers" and is the CEO of Jennifer Lee Creations.

To register, please call 201-288-0488 or log on to http:// hasbrouckheights.bccls.org and go to calendar. ###

#### **Job Seekers** Support Group

Lodi Memorial Library is hosting a weekly support and networking group for job seekers on Monday nights called "Neighbors-Helping-Neighbors." Join the new group at Lodi Memorial Library on Monday evenings from 7-8 p.m. For more information or to join, please email John Fugazzie, the group coordinator, at johnfugazzie@aol.com. ###

### Computer Workshops

Lodi Memorial Library is now offering one hour computer class workshops for beginner and intermediate computer users. Workshops will start the last week in August and be offered weekly on Tuesday and Thursday afternoons to small groups.

Classes will be held in the Conference Room and will be limited to four spots per workshop, with priority given to Lodi residents.

To register for workshops, please leave a \$5 deposit with Christina Park at the Reference Desk. Deposits will be refunded on the day of the class upon attendance.

For more information or to join a workshop, contact Christina Park at 973-365-4044 ext.5. Computer Workshop schedule is as follows:

• Tuesday, August 30, 1-2 p.m.: Microsoft Word 2007 **Basics** 

• Tuesday, Sept. 6, 1-2 p.m.: Microsoft Word 2007 Basics

• Thursday, Sept. 8, 1-2 p.m.: Microsoft Word 2007 Basics

• Tuesday, Sept. 13, 1-2 p.m.: Computer Basics

• Thursday Sept. 15, 1-2 p.m: Computer Basics

• Tuesday, Sept. 20, 1-2 p.m.: Email Computer Skills **Basics** 

• Thursday Sept. 22, 1-2 p.m.: Internet Computer Skills Basics ###

#### **Children's Display Cases at Hasbrouck Heights Library**

The Children's Room at The Free Public Library of Hasbrouck Heights invites youngsters to show off their collections for one month in our display cases.

Kids can be a star by exhibiting their art work, crafts, or collections. Collections can be anything from erasers to postcards to sea shells, the possibilities are endless. The cases lock to provide security for your special pieces. Please call the Children's Room at 201-288-8911 to reserve your month. ###

### Children's Fall **Programs**

The Hasbrouck Heights Free Public Library is pleased to announce registration for Fall children's programs will begin on September 19, 2011. It can be done in person, online, or by calling the Children's Room. Programs will begin on September 26.

They offer the following:

• Story times for children from birth to age 6.

• Book groups for children in Kindergarten through Grade 6.

• Children in Grades 4-6 are invited to a monthly craft program.

• Special events will include pumpkin painting, Lego Night, Thanksgiving Story Time, Story Time with Santa, and Winter Break Fun.

A full calendar of these events will be available online starting September 7. The Library is located at 320 Boulevard. Please call for details at 201-288-8911 or visit us at http://hasbrouckheights.bccls. org ###

#### Local Band Night at Lodi Library

Lodi Memorial Library will be hosting an outdoor performance by the band Los Huevos on Wednesday night, September 14, 2011, from 6:30-7:30 p.m. as part of their Local Band Night performance series. Los Huevos is a local Blues/Funk/Soul band that performs shows all over the Tri-State Area.

The show is free and refreshments will be provided. No registration is necessary. For more information, please call Christina Park at 973-365-4044 ext. 5. ###

#### Matinee Films at Lodi Library

Lodi Memorial Library will be running Wednesday Matinee Films for Adults in September, featuring free movies and refreshments. No registration is necessary. The film calendar is as follows: • Wednesday, September 7, 1:30 p.m.-3:30 p.m.: "Barney's Version," Rated R

### Xcel Tae Kwon Do

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Mrs. Dallara

"Xcel has given my daughter the confidence she needs to succeed in school and in every day life. She is a straight A 229 Boulevard student and a State Champion!" Hasbrouck Heights "At Xcel, the teachers are very patient and extremely moti-201-288-8033 vated to help each individual child. We could not have foun www.XcelTKD.com *a better school for all three of our kids.*" Mrs. McCabe

Care on the Corner presents the Annual Tricky Tray

Thursday, October 13, 2011 at The Fiesta Doors open at 6:00 p.m.

### Jazz Music and Dancing

Featuring "The Big Easy Trio" with Mark Wright

#### Tickets: \$45 ea. • Call 201-288-9460

Limit 200 tickets -- Call early for reservations Ticket includes dinner, door prize & some gaming tickets

· Wednesday, September 21, 1:30 p.m.-3:30 p.m.: "Bridesmaids," Rated R. ###

### **AC Bus Trips**

The VFW sponsors Atlantic City Bus Trips on the last Wednesday of the month. Bus departs at 10:30 a.m. and returns at about 9:00-9:30 p.m.

Proceeds are used to help defray building expenses. Call the Post for more information at 201-288-1112. ###





### **Grand World Tour**"

About 400 attended the Depp and Isla Fisher. "Grand World Tour" held at The Free Public Library of Hasbrouck Heights on Friday, August 5, 2011, from 7 p.m. until 1 a.m.

Passports were issued upon entrance to the magical trip. If they were stamped at Australia, Asia, Antarctic, Times Square, United Nations, Caribbean Oasis, European Piazza and Characters -- a gift was presented.

The Library was decorated with world-wide decorations featuring "Greco-Roman" statues.

The trip included: Caribbean beauty make overs, photos with Aladdin, Jasmine, Dora the Explorer and Diego, Karaoke in the Heart of NYC's Time Square. Featured performances: Singable Stories Around the World by: Beth & Scott and Friends.

In the Antarctic Movie Theatre were screenings of: "Rio," starring Jesse Eisenberg and Anne Hathaway, 8:30 p.m. and "Rango," starring Johnny

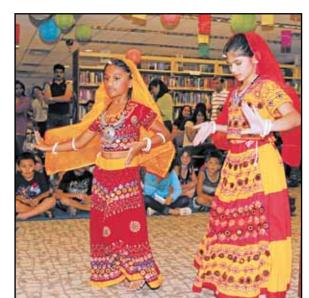
Bollywood Dancers from the Kulture Kool Center demonstrated music and dance of India, followed by African Drummers performing West African Drum, Dance & Song by Marafanyi.

"World Trivia" game show tested everyone's knowledge.

World-wide refreshments included Apple Dippers w/caramel sauce, German black forest cake, hummus & pita bread, Mei Fun (thin rice noodle w/ vegetables), nachos & cheese, pizza bites, Capri Sun juice pouches in fruit punch, Pacific cooler, strawberry kiwi and wild cherry flavors.

About 40 volunteers and staff worked the event. This program was made possible through the generous support and funding provided by The Friends of the Hasbrouck Heights Free Public Library.

This was the 5th Annual Family Fun Night activity at The Library. ###

















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### SonSurf Beach Bash

About 50 kids participated in The Faith Reformed Church vacation bible school, August 8 through 12, 2011. This year's program was "SonSurf Beach Bash," a week of fun in the Son!

Kids participated in a week of fun-filled activities, and had a great time with lively songs, hilarious skits, creative crafts, Bible stories, exciting games, and tasty snacks, all the things that make vacation Bible school

so much fun.

Admission was free. Call 973-778-4529 for more information. Faith Reformed Church is located at 95 Washington Street, Lodi, NJ ###



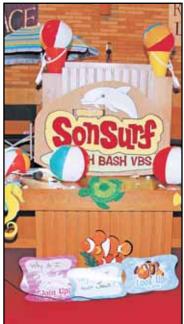




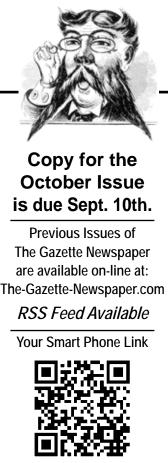
Kid's Meal with each adult entrée purchase.











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### All of our Just for Kids entrées are under 600 calories.

# **Runners Blaze Down Te**









At 8:30 a.m., Saturday, July NY, with a time of 15:07.06, and ribbon. 16, 2011, under a hot, sunny sky, female, Muliye Grumu, Bronx,

There were plenty of water









the 14th Annual Teterboro Airport 5K Run was held at the Jet Aviation facility. Teterboro Airport suspended flight operations on Runway 1-19 for the race.

This event featured: \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, \$2,000 Prize Money, Champion Chip Scoring, food, "T" shirts and DJ.

The course was flat out and back with only five turns, two water stops and mile clocks on the runway. The course was certified and the race sanctioned by USA Track & Field and is a Grand Prix Series Race. Run is USATF-NJ NBGP 500 points.

923 entrants raced this year. This year's top finisher, male, was Derese Deniboba, Bronx,

NY, with a time of 17:57.43.

The youngest male, David Lysenko (14), Fair Lawn, NJ, at 19:01.23 and female, Emma Goshin (8), Glen Rock, NJ, at 26:12.52. The oldest males, Nathaniel Finestone, Mountainside, NJ, at 30:49.16 and Joe Burns, Edgewater, NJ, at 32:42.04 -both 82 years old. The oldest female, Sachiko Kawamura,

Wycoff, NJ, (72) at 38:55.09.

According to Compuscore, 838 crossed the finish line, with 30 year old Anna Maria Lazzizzer, Bloomfield, NJ, bringing up the pack at 53:54.80.

"Mini-flyer Dashes" (25-200 yards) for children 2 through 12 followed the 5K event. Children wore a #1 tag. Each child was a top finisher and received a blue

stations throughout the race area. Nourishment was available upon the race conclusion. Runners received a "goody bag" upon departing the race.

The Moonachie EMS/Rescue Squad provided emergency and first aid services attending to about 17 runners on site, but there were no transports.

This event was organized by Bergen County United Way and PSE&G. The 2011 5K Run benefitted 2-1-1, United Way's statewide free, 24-hour information and referral service connecting people with social services and community programs.

The race director was Mark Zenobia (On Your Mark Productions). Results are posted at www.compuscore.com. ###

# terboro Airport Runway

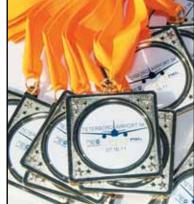


























Joe Lennox with model of Lunar Roving Vehicle. Note: Apollo 15 patch on his shirt.

### **Apollo 15 Re-Discovered**

Noted space-flight historian and educator, Joe Lennox, presented an exciting multimedia look back on the Apollo 15 mission to the Moon on the occasion of the flight's 40th anniversary on Friday, July 29, 2011, at the Aviation Hall of Fame and Museum of NJ.

It was the ninth manned mission of the Apollo space program and the fourth to land on the moon. NASA called it the most successful manned flight ever achieved.

It was the first of what were termed "J missions," long duration stays on the Moon with a greater focus on science. It was also the first mission where the Lunar Roving Vehicle was used.

Apollo 15 launched on a Saturn V rocket on July 26, 1971, and returned to Earth on August 7.

Commander David Scott and Lunar Module Pilot James Irwin spent three days on the Moon and a total of 18<sup>1</sup>/<sub>2</sub> hours outside the spacecraft on lunar extra-vehicular activity.

The Lunar Roving Vehicle, or Rover, had been in development since May 1969. It folded into 5 ft. by 20 in. space and weighed 460 lbs. When carrying two astronauts and their equipment, it weighed 1,500 lbs.

Each wheel was independently driven by a 1/4 horsepower electric motor and traveled at speeds up to 6 to 8 mph. It could be driven by either astronaut, but the Commander always drove.

They collected 170 lbs. of lunar surface material.

At the same time, Command Module Pilot Alfred Worden orbited the Moon, using a Scientific Instrument Module (SIM) in the Service Module to study the lunar surface and environment in great detail with a panoramic camera, gamma ray spectrometer, mapping camera, laser altimeter, mass spectrometer, plus a lunar sub-satellite which was deployed at the end of Apollo 15's stay in lunar orbit (an Apollo program first). ###



(l-r) John Panarello, Teterboro Community Benefit Fund Co-chairman, Jackie Vibbert, Signature Flight Support Teterboro General Manager, Larry Jorash, Regional VP Signature Flight Support Corporation (Northeast), John Harden, Teterboro Community Benefit Fund Chairman, and Rich Heslin, Golf Committee Member.

### Signature Donates \$20,000 to TEB Community Benefit Fund

On July 27, 2011, Signature Flight Support TEB received \$20,000 for its charity, Teterboro Airport Community Benefit Fund, from BBA Aviation's Charitable Giving Program.

In 2010, BBA Aviation launched its Charitable Giving Program, a Group-wide initiative. The program complements the many existing charitable giving and community involvement programs that are supported throughout BBA Aviation's operating companies. "The aim of the program is to bring BBA Aviation's mission and values to life by making a real and sustainable difference to the industries in which we operate and a positive and lasting influence on the communities in which we live and work," a key component of BBA Aviation's commitment to Corporate Social Responsibility.

The BBA Aviation Charitable Giving Committee, which reviews applications to the

BBA Aviation Charitable Giving Program, has selected Signature Flight Support Teterboro to receive a financial donation in the amount of \$20,000 for their locally supported charity, Teterboro Airport Community Benefit Fund.

For well over a decade, Signature Flight Support Teterboro has participated, along with the Airport Community, in the fund raising efforts for this worthwhile cause. The Benefit Fund was founded in 1986 for the sole purpose of helping high school students of Teterboro, New Jersey and surrounding communities of Teterboro Airport to pursue higher education. Scholarships are given to high school students in connection

with career goals in Aviation/ Aerospace, Engineering, Math and Science, etc. The highlight of Signature Flight Support Teterboro's participation is the Annual Awards Luncheon held at Teterboro Airport. At this event, Signature TEB's staff and the Airport community have the opportunity to meet scholarship winners, their parents and guidance counselors.

"It is gratifying to know that this endowment will assist The Teterboro Airport Community Benefit Fund to extend the scope of scholarship benefits to local high schools." – Jackie Vibbert, Signature Flight Support Teterboro, General Manager. ###



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**Owen J. Harris** Merchant Marine - WWII DOB November 27, 1897 DOD April 28, 1977 Neil Krisch U.S. Army - WWII DOB November 1, 1917 DOD October 27, 1978 John F. Bannon U.S. Army - WWII DOB May 7, 1924 DOD November 17, 1993 Ralph M. Dorsch U.S. Army - WWII DOB November 14, 1920 DOD April 19, 2003 Andrew Fachet Jr. U.S. Army - WWII DOB April 4, 1904 DOD September 18, 1977 Michael Begosh U.S. Army - WWII DOB November 7, 1917 DOD November 30, 1991 Arthur W. Harty U.S. Navy - WWII DOB September 3, 1924 DOD January 31, 1985 Frank Fryer U.S. Army - WWI DOB October 10, 1901 DOD August 26, 1979 Arthur J. C. Omdal U.S. Army - WWII DOB June 3, 1909 DOD July 2, 1981 **Robert M. Hults** U.S. Army - WWII DOB January 14, 1917 DOD November 2, 1973 George Davis U. S. Army - WWII DOB April 26, 1904 DOD May 25, 1982 John Barry

U.S. Army - WWII DOB April 9, 1904 DOD March 23, 1999











**Mission of Honor** 





#### The Service

A military ceremony was held at the VFW Post #2867 in Garfield, NJ, on Thursday, August 4, 2011 to eulogize American cremated American Veterans who served our Country.

These cremains have been retrieved from funeral homes throughout New Jersey.

The program began with the Pledge of Allegiance, the National Anthem and opening remarks by Al Lucente, Bergen County Mission of Honor Coordinator. Remarks were made by Francis Carrasco, Chairman, New Jersey Mission of Honor, followed by Kathleen Donovan, Bergen County Executive. The Eulogy was presented by Chaplain Jerry Skorch, NJ Mission of Honor. A 21 Gun Salute was presented by Vietnam Veterans and Associate Members, with Taps played by "The Lone Bugler, First Sergeant (Ret.) Richard Pinter.

to the transport vehicle by dignitaries and Veterans for transport.

The NJ State Police led the procession of motorcycles and escort vehicles to the Brigadier General William C. Doyle Veterans Memorial Cemetery, Wrightstown, NJ, for the Interment Ceremony.

The Ceremony began at 1 p.m. with a Call to Order by NJMOH Vice Chairman Ron Hathaway. The Colors were



#### About the MOH

The Mission of Honor is an organization representing various Veterans and non-profit groups whose state-wide mission is to identify and collect orphaned, abandoned or forgotten Veteran cremated remains (once a year has passed since their death and the funeral home has not been able to reach the next of kin), and provide a military funeral.

The Mission expects that it will take years to research every hospital, funeral home, crematorium, senior home, Veteran home and institution in New Jersey. The remains are stored in cans or boxes with little or no identification that they are Veterans. The Mission has established a protocol with the NJ State Funeral Directors Association to insure correct national, state and local laws are followed in the identification, claiming process and that proper interment procedures have been followed. The law restricts burials be handled only by Brigadier General William C. Doyle State Veteran's Cemetery (www.state.nj.us/ military/veterans/doyle.html).



The NJ Aviation Hall of Fame Presents a

Salute to Veterans November 6, 2011

Sunday • 11 a.m. to 11:30 a.m. This Regional Ceremony is Open to All

### Honor Those Who Served We Owe Them Everything

The brief ceremony will be held at the Museum parking lot on Fred Wehran Drive. Park in the Dassault FalconJet lot with short walk to Museum. Limited handicap parking available. Inclement weather--Ceremony held inside Dassault FalconJet.

Memorial Wreaths should be delivered Saturday, November 5th

The Museum will re-open to the public at noon.

# Aviation Hall of Fame & Museum of NJ

400 Fred Wehran Drive, Teterboro Airport 201-288-6344 • www.njahof.org Francis Carrasco made closing remarks.

The cremains in their service urns, with their companion American Flag, were taken

posted and the Pledge of Allegiance was given.

NJMOH Vice Chairman, assisted by Bob Lecato, received the Cremains.

Representing Governor Chris Christie was Major General Glenn K. Rieth, who spoke along with other dignitaries.

A Cremains Prayer and Eulogy was given by Chaplain Jerry Skorch, NJ Mission of Honor. There was a 21 Gun Salute, Taps played by "The Lone Bugler, First Sergeant (Ret.) Richard Pinter and Military Honors of the Flag.

For the First Mission of Honor Ceremony and details about this program go to: **The Gazette Newspaper**, June 2009, page 13. ###

### **Bergen** County Senior Picnic

The Bergen County Annual Senior Picnic will be held Wednesday, September 14, 2011, from 10 a.m. to 3 p.m., at Van Saun County Park, Paramus. The rain date is Wednesday, September 21.

Event includes music, dancing, a craft fair and lunch. For more information call

201-336-7400. ###

### Carlstadt Seniors

The Carlstadt Seniors are hosting a trip to Hunts Landing on September 13, 2011.The show will be "Golden Age of TV." Cost is \$37. Menu includes cranberry cocktail, salad, roast sirloin of beef w/mushrooms, or roast chicken, penne pasta, vegetable, rolls, dessert, coffee or tea. Cash bar. Depart at 9:15 a.m.

An extended trip is planned to Villa Roma Resort, NY, for September 19-23.

For more information call Rose at 201-438-9182. ###

#### **Crafts-to-Share Club Continues for 2011**

The Free Public Library of Hasbrouck Heights will continue to sponsor the popular craft club for 2011. The ongoing club, now in full swing, is called the Crafts-to-Share Club.

The craft club is held the first Tuesday evening of the month from 6:30 -8:30 p.m. and the third Wednesday afternoon of every month from 1:30 – 3:30 p.m. The next evening meeting will be September 6, 2011, and the next afternoon meeting will be September 21.

Craft members have adopted the name "Crafts-to-Share" because it captures the essence of the club. This is a chance to share your talents or develop some new ones and enjoy the camaraderie. Special craft programs are also planned in celebration of selected holidays. New participants are always welcome. The Crafts-to-Share Club has adopted a philosophy of giving to the community. Some of the participants have been donating handmade items, such as Afghans and caps, to the patients of Hackensack University Medical Center, Tomorrow's Childrens Fund, and our troops overseas. The Library would be pleased to accept donations of yarn on behalf of the Crafts-to-Share Club. Please call The Library at 201-288-0488 for more details and to sign up or go online at http://hasbrouckheights.bccls. org and go to calendar. ###

### **Central Bergen Chapter #418 Resumes Activities**

President Marie Gallo announced that the first meeting of the Central Bergen Chapter #418, AARP, since the summer recess, will be held on Friday September 9, 2011.

Program Chairpersons Marion Davidowicz, along with her committee members, Ellie Thompson and Peter Gallo, have scheduled the following programs for the remainder of 2011; September 9 The Garden State Harmonica Club. Inc. will entertain the group; October 14, Linda Cross will discuss Medicare Updates; and November 4, Kevin Woyce will make a presentation about the Hudson River Lighthouse.

On December 14, the chapter will hold its Annual Christmas Party at the Crow's Nest in Hackensack.

President Marie encour-

ages all seniors who are members of the National AARP to take part in the AARP Central Bergen Chapter's activities.

They are welcome to attend any of the chapter's meetings, attend programs that interest them, participate in planned trips and become a member of the chapter.

Membership is open to all AARP members who reside in the surrounding areas of Hackensack, Hasbrouck Heights, Maywood, Rochelle Park, Little Ferry, South Hackensack, Wood-Ridge, Moonachie and Lodi.

The chapter meets the second Friday of each month except during July and August. They meet at 12:30 p.m. at the M&M Building, 116 Holt Street, Hackensack. Story by Peter Gallo Jr. ###

### **Chore Program Helps** Seniors and Disabled Persons

Since 1977, the Chore Volunteer Handyman Service of the Volunteer Center of Bergen County has been helping elderly and/or disabled people, by performing minor household repairs that clients cannot perform themselves.

The Chore Service assists in improving the quality of life of older people who are living independently.

Chore's services include installing grab bars and railings, smoke and carbon monoxide detectors; repairing leaky faucets or toilets, replacing broken door locks, installing weather-stripping, changing screens and storms, replacing light bulbs, fixing broken lamps and switches, installing simple electrical fixtures or replacing existing electric outlets and switches.

There are some jobs that are beyond Chore's capacity. Chore cannot service emergencies, and does not do outdoor work, painting, work requiring high ladders, tiling, door or window replacements, heavy lifting, new wiring or appliance repairs, cosmetic repairs County residents who are at least age sixty (60) or who are permanently disabled of any age.

Chore provides service without charge; the only cost to the client is for parts necessary to complete the repair.

To schedule a repair, or become a Chore Service volunteer, call 201- 489-7790. ###

### Free Lunch

Everyone is invited to the First Presbyterian Church of Moonachie on September 3, 2011, at 11:30 a.m. for the "First Saturday Free Lunch" program.

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts, and continues on the first Saturday of every month. If the economy's got you down, or you want to share a meal with others, come and be a part of this celebration of the Moonachie community. There is no charge and there are no strings attached! ###

### September 2011 **Heights Senior Calendar**

**Open to All Hasbrouck Heights Seniors** SENIOR ACTIVITIES

Monday, September 12, 19, 26 10:00 a.m. to 1:00 p.m. Games, cards & coffee 11:00 a.m. Mahjong **Tuesday**, September 6, 13, 20, 27 10:00 a.m. Line Dancing \$1.00 2:00 p.m. Adv. Chair Yoga \$1.00 6:00 p.m. Game Night Wednesday, September 21, 28 10:00 a.m. Games, cards & coffee 2:00 p.m. Senior Aerobics \$1.00 Thursday, September 1, 8, 15, 22, 29 10:00 a.m. to 1:00 p.m. Games, cards & coffee 11:00 a.m. Mahjong 2:00 p.m. Senior Yoga \$1.00 Friday, September 9, 23

10:00 a.m. Fun Bingo Friday, September 2, 16, 30

10:00 a.m. Games, cards & coffee Check Center Bulletin Board for any changes

### **CLUB MEETING SCHEDULE**

Wednesday, September 7

10:00 a.m. Leisure Club Executive meeting Wednesday, September 14

1 p.m. Monthly meeting

#### Trip to Li Greci's Staaten

Thursday, October 13, 10 a.m. For \$55 per person, enjoy a full course meal, one hour open bar, and a fabulous "Oktoberfest" show which includes a comedian. Transportation and all tips included. Reservations will be assured for those who pay early. Bring your checks to the next meeting. Contact Kathy 201-288-6651.

#### **Trip to Royal Manor**

Thursday, November 10, 11 a.m. For \$50 per person, enjoy a full course meal, one hour open bar, and the Ace in the Hole production, "An Evening with Fanny Brice." The Royal Manor is in Garfield. Limited transportation will be available for those who do not drive. Contact Kathy at 201-288-6651.

### Lodi Senior Programs

The Lodi Senior Citizens month the Club opens at 11:00 Club's 2011 itinerary is as fola.m. for recreational purposes, lows: including senior yoga, card • September 21 - Royal playing, billiards, ping pong, Manor, luncheon and show bingo, dancing, chit chat, etc.

or interior decorating. Chore serves Bergen

When not in use, turn off the juice. "San Gennaro Festival."

The Club meets on the first and third Tuesdays of the month. Every Thursday of the

Refreshments are served. For information, call 937-472-6994. ###

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### **Bernice Baker Retires**

Bernice Baker, Assistant to the Hasbrouck Heights Borough Clerk for over 31 years, retired on August 1, 2011. She was joined by close to 100 family, friends and coworkers at a reception in her honor in the Hasbrouck Heights Senior Center on Wednesday, August 10, 2011. She is the wife of former Hasbrouck Heights Police Chief Howard (Buddy) R. Baker Jr., and her son, Alan, is a Detective in the Police Department. Before returning to the work force, she raised eight children in the community. She is the grandmother of 19 grandchildren. ###



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# **Announcement in Heights**

On Monday, August 1, 2011, at the Hasbrouck Heights Senior Citizen Housing on Hamilton Avenue, Governor Chris Christie announced that approximately 135,000 senior and disabled households throughout New Jersey will receive help with home cooling expenses this summer in addition to winter home heating assistance through the Low Income Home Energy Assistance Program (LIHEAP).

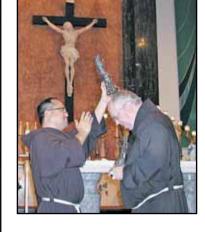
Those New Jerseyans who need it most will soon receive an emergency \$100 supplemental benefit to help cope with the recent heat wave.

An additional 47,000 households that received medically-required cooling assistance will also receive a \$100 supplemental benefit to address the hot summer temperatures and higher electric utility bills. The benefits were to begin distribution in mid-August.

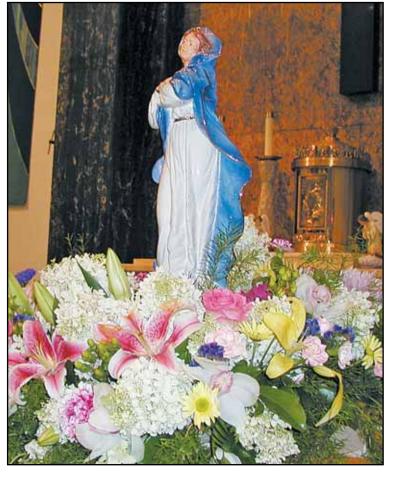
To be eligible for LIHEAP benefits, a household must be responsible for home heating or cooling costs, either directly or included in the rent, and have a gross income at or below 200% of the federal poverty level. ###

# Weather Does Not Stop Church Celebration









In the Roman Catholic religion August 15th has been designated the feast day of the Assumption of Mary, which celebrates the day that the Virgin Mary ascended into Heaven following her death.

Since this feast fell on a Monday this year, the Assumption Church in Wood-Ridge held a special celebration on Sunday, August 14, 2011.

An outdoor procession following the 11 a.m. Mass with Benediction was planned.

However, due to the heavy rain, the event was held in the Church. Representatives from many of the Church groups, as well as loyal parishioners filled the Church. A new statue of Mary was displayed on a beautiful wooden platform and decorated elegantly with flowers.

The 11 a.m. Mass was celebrated by Fr. Julian Jagudilla with the assistance of Deacons Nicholas Valdez and Francis Materia. Also participating in the Mass were seven Altar servers and the Assumption Music Worship Team. Fr. Julian's sermon was focused on Mary's active part in the life of Her Son, Jesus. There was also a special prayer card which was handed out and prayed at all the Masses for the past nine days as a novena to Mary. At the end of the Mass, members of the Church's Rosary Society led all in the recitation of the Rosary. Appropriate songs were sung before each decade of the rosary. The Benediction was done by the two deacons followed by blessing each parishioner individually by Fr. Julian, the two deacons and Brother Paul Keenan. Photos and story by Marie and Peter Gallo Jr. ###

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### **Good Neighbor Day**

Thursday • September 15 **Donate Food Free Roses** 

Join us in being a Good Neighbor -- help replenish the Hasbrouck Heights Food Bank. Bring in non-perishable food and hygiene items for the Hasbrouck Heights Food Bank and receive free roses -- with the stipulation that you keep one rose and give the others away. While supplies last. No cost or obligation. Doors open at

8 a.m. No purchase necessary.



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### Assumption Church Events

Our Lady of the Assumption Parish Wood-Ridge is planning three big parish celebrations for early fall 2011.

• The first is scheduled for Saturday evening September 24 when former pastor Fr. Brian Cullinane will return for his belated good-bye party.

Scheduling conflicts did not permit the party to be held before his departure in June, so it was decided to invite him back and give him a proper send off!

The party will be held in the Fr. Patrick Morris Hall (which was one of the first things Fr. Brian created after *he became pastor*) following the 5:30 Mass. Buffet dinner will be provided by the Market Basket. Beer, wine and soda will also be available as well as DJ entertainment. All parishioners are invited (please no children) and members of all of the parish organizations and ministries are encouraged to attend. We will not be having a separate parish appreciation night this year.

• The following Sunday, October 2, Fr. Richard Mucowski will be formally installed as the new pastor of Our Lady of the Assumption Church at the 11:00 Mass. Following mass we will have the annual blessing of the animals followed by a parish barbecue. Hot dogs, hamburgers and other assorted "goodies" will be served in the Fr. Pat Hall. All



parishioners (*especially chil-dren*) are invited to celebrate the official beginning of Fr. Rich's tenure as our pastor.

• The final event will be the good-bye and thank you party for Fr. Paul Sinnema who retired in June. He had been at Assumption for 14 years serving in many capacities.

Following the 11:00 Mass on November 20, 2011, he will meet and greet his many friends in the Fr. Pat Hall where coffee, juice, cake and buns will be served.

At 1:00 a pasta luncheon will be served in the school cafeteria by the Knights of Columbus. This luncheon will be limited to 200 guests. Tickets will be distributed on a first request basis and will be available after October 8.

The committee is looking forward to overseeing these events. Committee members are Deacon Nick Valdez, Deacon Frank Materia, Letty Materia, Bree Meaney, Don and Ellen Boman, Elaine McBreen, Patsy Baghdo, Erin Morano, Don Callahan, Russell Petrocelli, Joe Masbeth, Denise Love Nagel and committee chairman Jack Nagel.

Additional adult volunteers (*barbeque cooks, set up help, etc.*), for the actual events are needed.

We also encourage any Confirmation candidates or Catholic high school students that need project volunteer hours to contact Jack Nagel 201-641-2803, e-mail janpro911@aol.com or any other committee member.

Obviously, in order to properly plan, we need to have some idea as to how many people will be attending. Please make your reservations by contacting the above or by simply dropping off a note at the Friary indicating the event and the number of people. Additional details and reservation forms will be published in the weekly bulletin. The committee expresses their sincere thanks to John Podesta of Kohler Funeral Home for his generous financial support of these events. Story by Jack Nagel. ###

### Help NJ Kids in Need Get Ready For School

During September, Holy Trinity Lutheran Church in Hasbrouck Heights invites you to join with SWIM (Single Women in Mission) and WEL-CA (Women of the Evangelical Lutheran Church in America) in their collection of school supplies for children in need.

This year, the school supplies you donate will be assembled in backpacks and given to Lutheran Social Ministries of New Jersey for distribution to children in need throughout the state of New Jersey.

The backpacks will reach the homeless in family shelters, those who are victims of abuse and placed in foster care, and others identified to be at risk or in need.

Returning to class or arriving at a new school can be so much easier for a child when they are prepared with a backpack and the necessary school supplies -- just like all the other children. School supplies needed include the backbacks, spiral notebooks, construction paper, rulers, pencil sharpeners, number 2 pencils, ball point pens, washable markers, erasers, crayons (16-24 to a box), composition books, etc.

Teaming with the community enables us to service even more children in need than we would be able to reach on our own and your help in supplying these items is always very gratefully appreciated.

Your donations for the children may be left on the porch at Holy Trinity, 92 Burton Avenue, in the bin provided. Your donations will be picked up between the hours of 8 a.m. to 12 noon weekdays and between 10 a.m. and 1 p.m. on Sundays. Please also visit our website at holytrinityhasbrouckheights. com. A complete listing of the items needed will be posted on the website during the month of September. *Story by Judy Danilchick. ###* 

### insurance agency

TRUSTED INSURANCE ADVISOR SINCE 1919 417 BOULEVARD, HASBROUCK HEIGHTS 201-288-8844

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Change your watch battery • Starting at \$3.99 WEBUY WEBUY BUY BUY BUY Constant of Blvd.) Hasbrouck Heights • 201-393-7076 Danson Jewelers paid FIVE TIMES more than "Cash for Gold" as seen

on Ch. 12 News by Alicia Vitarelli

### Chicken and Chips Dinner is Back!

Church will host a Chicken and Chips Dinner on Monday, October 3, 2011, from 5:30 p.m. until 7 p.m.

Tastefully British Caterers will again prepare the tastiest chicken you ever had!

Tickets are \$14 per person (\$8 for children under 10).

Seating is limited, so make your reservation by contacting

Holy Trinity Lutheran Marge at 201-288-8933 ASAP. Pre-paid take-out is available, but no walk-ins, please

> (deadline is September 28). Proceeds will benefit the youth trip to the Youth Gathering in New Orleans in 2012.

> Holy Trinity Lutheran Church is located on the corner of Burton and Hamilton Avenues, Hasbrouck Heights, ###



### Gianna's

Repast menus start at \$17.95 Includes coffee, tea & soda 843 Washington Ave., Carlstadt, NJ 201-460-7997 • www.giannas.biz



www.aldilabistro.com

3 Course Meal w/soda, coffee & tea included 117 Moonachie Road, Moonachie www.bazzarellirestaurant.com



# You are always welcomed here -- Please visit us!

#### Carlstadt

CARLSTADT CHRISTIAN ASSEMBLY 307 Washington Street, Carlstadt • 201-460-0995

CARLSTADT FIRST PRESBYTERIAN CHURCH 457 Division Avenue Carlstadt • 201-438-5526 Rev. Donald Pitches, Pastor • www.cfpchurch.org

CORNERSTONE CHURCH 535 Broad Street, Carlstadt • 201-438-2830

RHEMA EVANGELICAL MISSION 301 Hoboken Road, Carlstadt • 201-438-5800

### East Rutherford

CHRIST UNITED METHODIST CHURCH Main & Boiling Springs, East Rutherford • 201-438-4844

IMMANUEL LUTHERAN CHURCH 78 Washington Place, East Rutherford • 201-939-2386

JOHN WESLEY METHODIST CHURCH 186 Van Winkle St., East Rutherford • 201-939-3574

ST. ANTONIOUS & ST. MINA (COPTIC) 147 Park Ave., East Rutherford • www.StAntoniousStMina.org Fr. Athanasius K. Farag: 201-487-4586 Fr. Bishoy Lamie: 202-747-4106

#### ST. JOSEPH CHURCH

120 Hoboken Rd., East Rutherford • www.stjosepher.com Parish Office: 201-939-0457 • Emergency: 201-939-0391 Rev. Joseph J. Astarita, Pastor Rev. Arokiadoss Raji, Parochial Vicar Sr. Marigene Kennedy, OSF Sunday Obligation Masses: 5:30 p.m. Saturday/Vigil 8:00 a.m., 10:00 a.m., Noon Daily Masses: (Church) Mon. - Fri., 7:30 a.m., 12:05 p.m. • Sat.: 8:30 a.m.

### **Hasbrouck Heights**

**BIBLE BAPTIST CHURCH** 31 Passaic, HH • 288-4139 www.biblebaptist.net

Confession: Sat. 11:00 - 12:00 p.m.

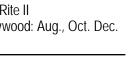
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#### **Hasbrouck Heights**

CHURCH OF ST. JOHN THE DIVINE (EPISCOPAL) Terrace & Jefferson, HH • 288-0002 Rev. Joseph Pickard, Vicar www.saintjohnthedivine.com www.careonthecorner.org Sunday - 9:30 a.m. Holy Eucharist Rite II HH: Sept., Nov. • St. Martin's Maywood: Aug., Oct. Dec. Check website for holidays

#### FIRST REFORMED CHURCH

Burton & Washington Place, HH Church Office: 201-288-1122 Rev. Dr. Dianna L. Smith, Pastor Handicapped accessible. Sunday



8:45 a.m. Sunday School 10:00 a.m. Worship Service, Fellowship Hour follows Worship Service. Child care provided.

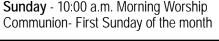
FIRST UNITED METHODIST CHURCH 57 Burton Ave. at Division Ave. • Parsonage: 201-257-8773 Church and Nursery School Office: 288-4636 Pastor Iraida Ruiz de Porras Sunday 10:00 a.m. - Worship Service Thursday - 7:00 p.m. - Bible Study

THE CROSS KOREAN UMC 57 Burton Avenue • 393-7890

HOLY TRINITY LUTHERAN CHURCH 92 Burton Avenue, HH • 288-6889 Rev. Susan Nelson-Colaneri, Pastor www.holytrinityhasbrouckheights.com

Sunday 11:00 a.m. - Holy Communion

THE COMMUNITY UNITED CHURCH OF CHRIST Boulevard & Charlton Ave., HH • 288-0622 Rev. Edward J. Glasser, Assoc. Minister Sunday - 10:00 a.m. Morning Worship



#### Little Ferry

#### Lodi

IMMACULATE CONCEPTION CONVENT 143 South Main Street, Lodi Mass: Sunday 9 a.m. • Daily (M-F) 7:00 a.m. • Sat. 8 a.m.

**ST. FRANCIS De SALES** 125 Union Street, Lodi • 973-779-4330

#### ST. JOSEPH R.C. CHURCH

40 Spring Street, Lodi • Rectory: 973-779-0643 Rev. Michael Marotta, C.R.M, Pastor Rev. Americo Salvi, C.R.M., Parochial Vicar Rev. Jason S. Gaganap, C.R.M. Parochial Vicar Rev. Anastacio "Nony" Villaluz, C.R.M, In Residence Rev. Mr. Steve Marchese, Deacon

Sunday Obligation Masses: 6 p.m. Saturday

7:30 a.m., 9:00 a.m. (Italian), 10:30 a.m., Noon, 6 p.m. Daily Masses: 7:00 a.m., Noon • Holy Day Mass Eve: 7 p.m. Reconciliation (Confession): Sat. 4:30 - 6:00 p.m. Friday Adoration of Blessed Sacrament: 11 a.m. to Noon

#### Moonachie

#### FIRST PRESBYTERIAN CHURCH OF MOONACHIE

221 Moonachie Road Church Office: 201-641-4919 Rev. Kimberly Chastain, Pastor



9:30 a.m. Children's Sunday School 11:00 a.m. Worship Service



#### ASSUMPTION R.C. CHURCH

143 First Street, Wood-Ridge • Rectory: 201-438-5555 Center: 201-933-6118 • www.assumption-parish.org Fr. Richard Mucowski, OFM, , EdD, PhD, Pastor Fr. Julian Jagudilla, OFM, M.Div., Pastor Vicar Br. Paul Keenan, OFM, MSW, Pastor Associate

Fr. Francis K. Kim, OFM, M.Div., In Residence

Deacon Nicholas Valdez Deacon Francis Materia Sunday Obligation Masses: 5:30 p.m. Saturday 8:00 a.m., 9:30 a.m., 11:00 a.m. Daily Masses: (Church)



Mon.,-Sat.: 7:30 a.m. • Holy Hour: Fri. after 7:30 a.m. Mass Sacrament of Penance: Sat. 11:00 - 12:00 p.m.





#### Rev. Bill Hegedus, Pastor Sunday

8:00 a.m. Prayer Partners Meet 8:30 a.m. Early Worship Service (Traditional) 9:30 Discipleship Hour for all ages 11:00 a.m. Morning Worship Service (Contemporary) Evening Service as announced

CORPUS CHRISTI R.C. CHURCH Boulevard & Kipp, HH Offices: 288-4844 • School: 288-0614 Rev. Msgr. Lewis V. Papera, Pastor Rev. Raymond M. Holmes Rev. Msgr. Martin O'Brien Deacon Vincent DeFedele **Deacon Paul Carris** Sunday Obligation Masses: 5:00 p.m. Saturday (Chapel)



7:30 a.m. (Church), 9:00 a.m. (Chapel), 10:30 a.m. (Chapel), 12 noon (Chapel) and 6:00 p.m. (Chapel) Daily Masses: (Church) Mon.-Fri. 6:30 a.m., 8:00 a.m. • Sat. - 8:00 a.m. Reconciliation (Confession): Sat. 4-4:45 p.m.

Corpus Christi Church/School Websites

Parish: www.rc.net/newark/corpuschristi/index.html School: www.corpuschristischool.net

#### EVANGEL CHRISTIAN CHURCH

165 Main Street • Office: 201-440-0470 Rev. Veronica M. Pearson, Pastor Sunday - 9:00 a.m. Adult Bible Study • 10:30 Worship Children/Teens Sunday School meet during Worship Service Wednesday - 7:30 p.m. Bible Study

#### ST. MARGARET OF CORTONA (Little Ferry/Moonachie)

31 Chamberlain Ave., • Handicapped Accessible Parish Ctr.: 201-641-2988 • Religious Ed.: 201-641-3937 Very Rev. Arthur F. Humphrey, V.F., Pastor and Dean Sr. Dorothy A. Donovan, S.S.J, Pastoral Associate Sunday Masses:

Saturday: 5:30 p.m. • Sunday: 8 a.m., 10:00 a.m., Noon Weekday: Mon., Novena Mass 7 p.m., Tues., Wed., Fri. 8 a.m. Saturday, and Civic Holidays: 9 a.m.

Reconciliation (Confession): Mon. 6:15 - 6:45 p.m.

#### Lodi

#### FAITH REFORMED CHURCH

95 Washington St., Lodi • 973-778-4529 • www.lodifaith.net Rev. Timothy Ippolito, Pastor

Sunday: 10:30 a.m. Worship and KIDZ Church (Ages 4-10)



#### FIRST PRESBYTERIAN CHURCH OF WOOD-RIDGE

190 Valley Boulevard • 201-438-5559 • 201-438-8966 Rev. Kimberly Chastain, Pastor

Sunday 9:30 a.m. Worship Service MEEL AL PRESBYTERIAN CHURCH OF NJ



Rev. Changsik Jang, Pastor

Sunday Worship 12:00 • Wednesday Worship 8:30 p.m. Tuesday - Saturday 6:00 a.m. Morning prayer meeting 201-727-1201

#### JEHOVAH'S WITNESSES CONGREGATION 9 Hackensack St., Wood-Ridge • 201-939-3340

#### ST. PAUL'S EPISCOPAL CHURCH/RESURRECTION Center & Humboldt Streets, W-R • 201-438-8333 Rev. Jacob David, Rector



1st Sunday - 9:30 a.m., Combined CSI & Healing Service 3rd Sunday - 9:30 a.m., Combined Episcopal Eucharist 2nd & 4th Sunday - 11:00 a.m. Malayalam Service Vestry Meeting: 2nd Sat. 10:00 a.m.



# Reflections

### Live by Our Principles

Deacon Nicholas Valdez Assumption Church of Wood-Ridge

"We're in a fight for our principles and our first responsibility is to live by them... Freedom and fear, justice and cruelty have always been at war and we know that God is not neutral between them.

Fellow citizens, we'll meet violence with patient justice, assured of the rightness of our cause and confident of the victories to come. In all that lies before us, may God grant us wisdom."

President George W. Bush to a Joint Session of Congress. September 20, following the 9/11 attacks.

Many of the words President Bush spoke 10 years ago were visionary. Many were profoundly Christian.

He said of the nation that "we're in a fight for our principles and our first responsibility is to live by them."

We could say the same of Christianity: we're in a fight for our Christian principles and

our first responsibility is to live by them.

Why is this our first responsibility?

It is our first responsibility because it is what Jesus Christ did. Jesus lived by the word of God. He lived by the principles of sacrificial love. Jesus could have abandoned His way of love at any step, but He did not. He could have spoken up when interviewed by Pilate and saved himself, but he did not. He lived by the principle He preached: sacrificial love.

It is ironic that, on the 10th anniversary of 9/11 the theme of our readings is forgiveness.

Given all that has happened to our nation, given the loss of so many in our military, given the many attempts to bring terrorism to our shores, forgiveness is very difficult.

To forgive to the degree that Jesus insists upon seems altogether impossible.

The teachers of Judaism in

Jesus' day taught that the duty to forgive was fulfilled only if a person forgave an offender three times.

Jesus' rule to forgive "seventy times seven" lets us know that there is no limit to the number of times we must forgive those who offend or harm us. The reason there is no limit is that there is no limit to God's forgiveness of us.

Sirach tells us that "wrath and anger are hateful things, yet the sinner hugs them tight."

Sirach goes on to say that "the vengeful will suffer the Lord's vengeance. Forgive your neighbor's injustice; then when you pray, your own sins will be forgiven."

It we do not forgive, we cannot be forgiven. President Bush told us that if we are to win the war on terror, we must live by our American principles. Sirach says practically the same thing. If we desire forgiveness, we must forgive.

There are no easy answers to many of the questions that followed 9/11.

But our first responsibility is to pray for those who died in the 9/11 attacks. We must pray for everyone who lost loved ones. We must pray for our military who died in the war on terror and their families.

We must always remember that we are to live by our principles is our first and best weapon against evil. ###

**Food Bank** 

Heights Food Pantry is

open Mondays from 9:00

a.m. to 11:00 a.m. for resi-

welcome. Call Borough

Clerk's office for more

information at 201-288-

dents.

0195. ###

The Hasbrouck

Donations are always

### **Rosary Society News**

The Rosary Society of Corpus Christi Church is preparing for a new year. Members have received a letter outlining the upcoming meeting dates, programs, and special events.

The first General Meeting is Thursday, September 8, 2011, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel celebrated by our Moderator, Reverend Raymond Holmes. Our theme for the evening is Welcome Back to our current members, and it would be our pleasure to welcome any women of the parish who are interested in learning more about the Rosary Society. We are hoping to get off to a running start, so we urge all Rosarians to come to the meeting and bring a friend!

Our Annual Communion Breakfast is Sunday, October 2, at the Fiesta following ten o'clock Mass in the Chapel. We are privileged to have as our Guest Speaker Reverend Monsignor John A. Radano who has recently returned from Rome

### **Prayerful Reflection** Silent Retreat

Christus Rex Catholic men's silent retreat is scheduled for the weekend of October 21-23 at the Jesuit Loyola Retreat House in Morristown, NJ. Free will offering. Retreat house details at: www.loyola.org. Call 201-288-8656 for more information. You owe it to yourself to attend at least one silent retreat in your lifetime.

where he served for more than 23 years on the Vatican's Pontifical Council for Promoting Christian Unity. Monsignor is currently an Adjunct Professor of Systematic Theology at the Immaculate Conception Seminary School of Theology of Seton Hall University.

The donation for the Communion Breakfast is \$18, and tickets will be available at the September meeting. We invite the women of the parish to join us for what promises to be an informative and inspiring experience. Please call Chairperson Dee Sullivan at 201-288-7415 to reserve your place.

Please mark your calendars for our fall General Meetings: October 6 (induction of new members and our Brown Bag Auction for the benefit of the programs of the National Council of Catholic Women) and November 10 (preparation of Christmas Stockings for local children - new and unwrapped gifts). Our Christmas celebration is scheduled for December 7 at six o'clock at the Graycliff in Moonachie. The donation for the dinner is \$40 and details will be discussed at our General Meeting. Please also note that on Saturday, October 8, the Rosarians will be going to Bergen Regional Medical for the recitation of the Rosary and refreshments with the residents.

We encourage the women of the parish to join the Rosary Society in prayer and service to the parish. Members are required to say one decade of the Rosary daily, to attend monthly meetings (first Thursday after the first Sunday of the month), to pray the Rosary for deceased members, and to participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan 201-288-7415 for further information. Story by Carol Viceconte. ###





### **Costa Memorial Home**

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#### Worship Service and **Rally Day Picnic**

A joint outdoor Worship Service and Rally Day Picnic will be held on Sunday, September 25, 2011, at 10:30 a.m. on the front lawn of the Lutheran Church of the Redeemer, 471 Maywood Avenue, Maywood. There will be a Blessing of students, teachers and backpacks. A picnic follows the worship service.

No worship service will be held at Holy Trinity (Hasbrouck Heights) that morning. For more information, people can contact the Church office or the website: www.holytrinityhasbrouckheights.com ###

### **Moonachie Annual** Town-Wide Food Drive

of Moonachie joyfully announces its 7th Annual Townwide Food Drive, to be held at the Church on October 14 and 15, 2011.

In a time when so many people are in need, it is good to find ways to help out, and even a single can or boxed item can make a difference in fighting hunger.

According to the workers at the Center for Food Action, the need is higher than ever this year, and they are having a hard time keeping enough food on the shelves. Most needed items include: canned meat, canned tuna, canned chicken, canned

First Presbyterian Church beef stew, Parmalat, 100% fruit juice, macaroni and cheese, canned pasta, peanut butter and jelly, canned fruit, pancake mix and syrup, canned soup, rice, baked beans, cleaning supplies, paper goods and large-size disposable diapers.

> Bring your contributions to the First Presbyterian Church of Moonachie on October 14 and 15, 2011, between 10:00 a.m. and 2:00 p.m. You may also drop items off at the parish office, 190 Valley Boulevard in Wood-Ridge, any weekday between 9:00 a.m. and noon. Or, if you would like to donate but do not have transportation, please call Linda at 201-641-1272. ###

### **AWANA Begins**

Bible Baptist Church of Hasbrouck Heights located at 31 Passaic Avenue will begin its 2011-2012 AWANA program on Wednesday September 14, 2011, at 7:00 p.m.

Each week, more than 1.5 million children and youth, 250,000 volunteers and 170plus field staff take part in Awana in more than 12,000 U.S. Churches with programs in all 50 states and also in over 10,000 Churches in 109 other countries.

For more information visit www.biblebaptist.net. You may also contact the AWANA Director Joe Hegedus at 201-288-4139 x17 or at MrJoeProv226@ yahoo.com. ###

#### Homecoming Sunday at St. John's September 25

The Episcopal Church of St. John the Divine, corner of Terrace and Jefferson Avenues in Hasbrouck Heights, invites you to join them as they celebrate Homecoming on September 25, 2011, with Holy Eucharist at 9:30 a.m.

After morning service, there will be a BBQ on the Church grounds with games, prizes, balloons, etc.. No one is ever too old to have a fun filled day. Church School registration will also be held at this time. Mark your calendars! Join them as they celebrate the Life of Christ and their Homecoming. ###

### **Rally Day** Worship

Members and friends of Holy Trinity Lutheran Church in Hasbrouck Heights and the Lutheran Church of the Redeemer in Maywood will celebrate RALLY DAY by gathering for worship and a picnic in Woodland Park, Hasbrouck Heights, beginning 10:30 a.m., on Sunday, September 25, 2011.

The Reverend Susan Nelson-Colaneri, Pastor of both congregations, will preside. Special music has been planned. Fun, food and fellowship for everyone of every age is the order of the day - RAIN **OR SHINE!** 

Both Holy Trinity and Redeemer are congregations of the Evangelical Lutheran Church in America. Please visit their new web-site at www. holytrinityhasbrouckheights. com for more information. ###

### Presbyterian Sunday School Starts Sept. 18

Children from preschool through elementary school are welcome to come and learn about Jesus, explore the Bible, and learn to serve God and others on September 18, 2011, at 9:30 a.m.

### Free Adult ESL Course

At 7:00pm, on Wednesday, September 14th, 2011 and Wednesday, September 21st, 2011, students will register and be tested for the Fall session of Adult ESL Classes at Care on the Corner, 229 Terrace Avenue (corner of Jefferson and Terrace Avenues) in Hasbrouck Heights.

All new and returning students must be registered to take the classes. All students must take a language assessment evalution.

Classes start Wednesday, September 28, 2011, from 7:00 p.m. - 9:00 p.m. and will continue each Wednesday, until December 7, 2011.

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as one-to-one instruction, to people from other countries and other language backgrounds.

For more information about the adult ESL program or to register a student, please call the office at 201-288-9460. A registration form, accompanied with a non-refundable \$15 registration fee, must be completed for each student. Books will be available for purchase at the time of registration. Financial assistance is available. ###

### Pre-Cana for Engaged Couples to be Held in W-R

Assumption Church in Wood-Ridge will be offering a full day pre-cana program on Sunday, October 16, 2011.

Engaged couples who participate will attend the 11 a.m. Mass where their engagement rings will be blessed. At the end of the Mass they go to the Hayes Center where a light lunch will be served.

Throughout the remainder of the afternoon the couples will have an opportunity to discuss honestly with each other their strengths and weaknesses in family living, communication, finances, Christian sexuality, problem solving, the Sacrament of Matrimony and their role in the Church and society, all under the supervision of married couples. The pre-cana program ends at approximately 7 p.m. All engaged couples who will be married within the next year should consider attending.

### *Communicate* With Your Hands

On Monday nights, starting September 26, 2011, Care on the Corner will be offering a sign language course, "Communicating with Your Hands". Classes will be held in the sanctuary of St. John's Episcopal Church, 229 Terrace Avenue, Hasbrouck Heights, NJ.

Classes will be held each Monday night, from 7:00pm -9:00 p.m., for ten weeks. The final class is scheduled for Monday, November 28, 2011.

Students will learn the fundamentals of sign language in Signed Exact English (EE). There is a non-refundable materials/registration fee of \$50. This includes a manual, created by the instructor and weekly handouts.

For more information about the Communicating with Your Hands course, please call the Care Center 201-288-9460. A registration form, accompanied by the fee, must be completed for each student, by Friday, September 24, 2011. ###

#### **Curb Your Dog**

#### **Citizenship Classes** Start Sept. 26

Preparatory classes for U.S. Citizenship will start on Monday, September 26, 2011 and continue for six weeks from 7:30 p.m. – 9:30 p.m. Classes will be held at Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, N.J.

**Registration and Testing** will take place on Wednesday, September 14, 2011 and Wednesday, September 21, 2011 at 7:00 p.m. in the parish hall, at 229 Terrace Avenue (corner of Terrace and Jefferson Avenues) in Hasbrouck Heights, NJ.

Students must bring their green card at the time of registration. Level 3 or Level 4, English required.

For more information about the U.S. Citizenship class, or to pre - register, please call the Care on the Corner office, at 201-288-9460. Each student must complete a registration form, accompanied with a non - refundable \$15 registration fee. Financial assistance is available. ###

# The Energy Corner

### If Your Oil Burner Were A Car

What would a 20-year-old Dodge Dart with over 600,000 miles look like? Would you hop in that car and drive back and forth from New York to LA (that's 32,000 miles) 5.5 times this winter without giving it a second thought?

If your oil burner were a car, it would travel 640,000 miles in 20 years. The average oil burner uses at least 800 gallons a year at 1 gallon an hour. 800 hours at 40 mph equals 32,000 miles a year -times 20 years equals 640,000 miles.

Replacing an old inefficient boiler or furnace is one of the best investments you can make.

Call for a FREE analysis of your heating system. See if upgrading your equipment is right for you. There is no obligation.

#### WIN \$500 toward a new heating system upgrade!

How would you like a \$500 credit toward a new boiler, furnace or water heater? Visit EnergyExpertsNJ.com/contest and give us your email address. Every month we pick one respondent

God will let you get away with it until suddenly ...

At First Moonachie, the Sunday School hour is before the regular worship service, and families are invited to stay for worship at 11:00 a.m.

At First Wood-Ridge, families gather at 9:30 a.m. in the sanctuary for the main worship service and praise time, and children will go to class with their teacher after the "Time for the Young At Heart" by the Pastor.

There is no charge, but preregistration would be helpful. Please call the parish office at 201-438-8966. ###

If you need more information or wish to sign up, please contact Marie at 201-288-0276. ###

Go to Church

in a random drawing and award that lucky person their \$500 credit. It's that simple. Enter Today!

Call John Depken if you have any questions that you would like answered in this column



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Little Ferry/South Hackensack 9 & 10 Year Old Girls Softball District 6 Champs; Runner up in Sectionals

Pictured: Falynn Gilchrist, Rebecca Grater, Alexa Regan, Crystal Mudry, Kaylee Gatto, Dorian Capurso, Angela Arragon, Casey Calabrese, Autumn Thorpe, I-Asiah Christmas, Gianna Sarlo. Not Pictured: Marissa Pelikan. *Photo provided by Lori Mudry*. ###



(l-r) Top row: Rob Carcich, John Behr, Beau Buraus, Dick Tort, Mike Carcich, Ash Wrenn, Tom Groh, Tommy Mansfield, Chris Follmer. Bottom row: Sean Mansfield, Anthony Rossillo, Dave White, Pat Mason, Frank D'Amico, Andrew Nass, Dave Menne.

### **Boys Will Be Boys**

The 2011 Hasbrouck Heights Men's Softball League Champions, "The Boys," defeated "Lovey's Pizza" in the championship which makes them 2009, 2010, 2011 threepeat champions.

The "Boys" have a three year combined record of 48 wins and 7 losses. The Hasbrouck Heights Men's Softball League, featuring modified pitching, is the oldest existing softball league in New Jersey. *Photo by Lauren D'Amico.* ###

### Lodi Little League to Begin Baseball and Softball Registration for the 2012 Season

Sign up dates are: September 12, 14, 16, 19, 23, 26, 28 and 30, 2011. Additional dates are October 1, 3, 5, 7, 8, 10, 12 and 14. Please note that October 1 is a Saturday.

All signups will be at the Little League Clubhouse at 72 Church Street between 6 p.m. and 8 p.m. October 1 hours are 10 a.m. to 12 p.m. Any child that played last year is required to sign up by September 30 and return their uniform from last season. tional child. A refundable \$25 volunteer fee will be added and be refunded after a parent completes volunteer work for the duration of 1 game.

Saturday.For new enrollees, a copyAll signups will be at the<br/>le League Clubhouse at 72<br/>arch Street between 6 p.m.of the child's birth certificate<br/>and proof of Lodi residence is<br/>required.8 p.m. October 1 hours are<br/>a.m. to 12 p.m.Additionally, they expect<br/>to have a Farm League this

### Wood-Ridge Mayor's 5K

Wood-Ridge Mayor Paul Sarlo and the Borough are sponsoring a USATF-NJ Certified 5K run on Sunday, October 9, 2011, at 10 a.m. with a start/ finish at the Wood-Ridge High School. This event also includes a Kids Fun Run: under 5 years/50 yards, 6-9 years/100 yards and 10 years and older/ 1/4 mile dashes.

Awards for the top three male/female overall, first Wood-Ridge male/female finishers, 15 age-division gift certificates, finisher medals for Fun Run participants, and team participation awards.

There will be Super-Tech "T" shirt, live music and Outland DJs. Walkers & families welcome.

Cost for the 5K is \$20 (\$18 USATF), race-day registration is \$25, and Fun Run is \$5.

Proceeds to benefit Cystic Fibrosis Foundation.

To register on-line go to: www.raceforum.com/woodridge. For more information call 551-486-6805 or visit www.njwoodridge.org/5krace ###

### Lodi UNICO 2011 Golf Tournament September 19

The Lodi UNICO is sponsoring their 2011 Golf Tournament Monday, September 19 at the Black Bear Golf Club, 138 Route 23 North, Franklin, NJ.

Cost is \$175 per participant and includes a round of golf, cart, lunch, dinner, beverages, prizes and "a loaf of Italian bread."

Schedule is registration at 11 a.m., lunch at noon, shotgun start at 1 p.m., dinner at 6 p.m. and awards and prizes at 6:30 p.m.

Fun and games include low gross, low net, closest to pin, longest drive and raffle tickets. Two mulligans may be purchased for a \$10 each donation. Sponsorship opportunities available.

Their goal is to raise \$10,000 for various UNICO funded charities, medical sponsorships and many neighborhood scholarships.

For more information, call Tom at 973-517-2436 or Sal at 201-906-0503. ###

Don't Drink and Drive

#### Felician College Classic Sept. 26

The 26th Felician College Classic will be held Monday, September 26, 2011 at the Arcola Country Club, Paramus, NJ, featuring former NJ Giants Punter Jeff Feagles.

Cost is \$550 per player, \$2,200 for a foursome and includes golf fees, golf cart and caddie, special promotional merchandise.

Schedule is 11 a.m. registration and lunch on the Patio, 1 p.m. shotgun tee-off, and at 6:30, cocktail reception, dinner, awards and raffle drawings.

Deadline is September 9, but this golf classic sells out, so reserve early.

Many sponsorships available with extensive acknowledgement.

Event benefts the Student Scholarship Fund at Felician College.

For details contact Leigh Anne at 201-355-1304 or email at sorokal@felician.edu ###





Fees are \$50 for the 1st child and \$40 for each addi-

For more information, please call 973-591-1137 or 973 908-9395 or visit www. LeagueLineUp.com/LodiNJ. ###

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### 5K Walk Oct. 15 at Depken Field

Center of NJ, located at 301 Division Avenue will sponsor its 6th Annual Hasbrouck Heights 5K Walk to help support Dyslexic children on Saturday, October 15, 2011, at Depken Field. The course is 5K (3.1 miles).

The Walkathon will be



The Children's Dyslexia held rain or shine. Registration starts at 9 a.m. and the Walk begins at 10 a.m. Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register prior to the event will receive a commemorative "T" shirt at registration. Refreshments will be available.

> Proceeds go directly to the cost of training tutors and tutoring children. Make checks payable to: Children's Dyslexia Center of NJ, indicating Hasbrouck Heights on the memo line. Send to Ms Joey Dobbs, Hasbrouck Heights Learning Center, 301 Division Ave., Hasbrouck Heights, NJ 07604 or call 201-288-1183. ###

**Teterboro Airport Scholarship Golf Classic Sept. 12** Teterboro Airport is holdest drive, hole-in-one, etc.

ing its 27th Annual Airport Scholarship Golf Classic on Monday, September 12, 2011, at the Wild Turkey Golf Club, Crystal Springs Resort (Hamburg, NJ). This Classic is open to the public.

Cost is \$940 per foursome and includes lunch, golf and dinner. Dinner only is \$95 per person.

Schedule is: check-in 11:00 a.m. to 12:30 p.m.; lunch buffet 11:30 a.m. to 12:45 p.m; shotgun start 1:00 p.m. (scramble format) -- cocktail/dinner (casual attire) 6 p.m.

Contests include closest to pin, longest drive, straightOuting includes two beverage carts, driving range, golf carts and goodie bags. Tournament may be limited to 144 players. Reservations must include payment. For more information contact Tom at 201-288-1875. Sponsorships welcome.

Proceeds to benefit Teterboro Airport Scholarships to local area high school students who intend to pursue higher education in one or more of the following fields: aviation/ aerospace, engineering (all disciplines), environmental studies, mathematics, physics, chemistry and science. Through 2010, 161 scholarships totaling \$151,250 have been awarded. ###

#### W-R Police Chief's Golf Outing September 16

The 11th Annual Wood-Ridge Police Chief's Golf Outing is scheduled for Friday, September 16, 2011, at the Apple Greens Golf Club in Highland, NY.

Cost is \$140 per golfer and \$560 for foursome entry (dinner only is \$75), and includes bus transportation (reservation only), breakfast, golf w/ cart, hole-in-one contest, gifts, prizes, etc. Shotgun start at 11 a.m./scramble format.

Starting at 6:30 p.m., there is an open bar, cocktail hour, buffet dinner and comedy show at the Fiesta.

The event is sponsored by the Wood-Ridge PBA Local 313 and is a fundraiser for the police body armor vest fund and various W-R recreation programs.

Please RSVP by September 3, 2011. For more information, call 201-939-2497. ###

### **Bizik Memorial Golf Tournament** September 14

The Hasbrouck Heights Men's Association is sponsoring the 26th Annual Bizik Memorial Golf Tournament on Wednesday, September 14, 2011, at the Valley Brook Golf Club in Rivervale, NJ.

Check-in is at 7:30 a.m. and shotgun start is at 8:30 a.m. Cost is \$140 and includes: a round of golf, cart, continental breakfast, gourmet luncheon and two hour open bar.

There will be prizes for skill events, hole-in-one prize of \$10,000 and a 50/50.

Sponsorships are available. Contributions are welcome.

Proceeds benefit the Hasbrouck Heights Men's Association Scholarship Fund. Scholarships are given to Hasbrouck Heights graduating students. Deadline is September 1. For more info, call 201-288-0752 or 201-952-9488. ###

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Saturday, September 10, 2011 • 9 a.m. to 5 p.m. Sunday, September 11, 2011 • 9 a.m. to 4 p.m. A brief service to commemorate the 10th Anniversary of September 11, 2001, will be held at 11 a.m.

### Vintage Aircraft and Auto Show features B-17 "Yankee Lady" (Rides Available) **Previous event aircraft included:** F-4U Corsair • TBM Avenger P-47 Thunderbolt • B-25 Mitchell • C-54 Spirit of Freedom

Additional exhibits and vendors expected: various modern, vintage and unique aircraft, Army Air Forces Historical Association, Paramus Flying Club, Port Authority, US Army, US Air Force, exotic, antique, custom, race cars, and military vehicles PLUS Big Wheel Races, etc.

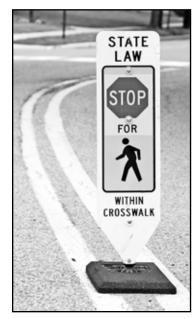
Show cars by invitation only. For details e-mail: showcars@optimum.net

Admission: Adults: \$12 • Seniors & Children under 12: \$7 • Under 3 FREE. • Event proceeds benefit AHOF Free Admission: Veterans wearing VFW or American Legion Cap • Active duty military personnel (with ID)

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(l-r) Tom Meli, Samantha Ackerson, OAH, Michele Meli, Danny Garafalo, recipient, Angela Lenzo Mickey's Kids Director, Kim Loos, Director -- KD Lang, service dog.

### **Oradell Animal Hospital Donates Care**

Mickey's Kids Foundation held its annual gala on March 18, 2011. The proceeds from the fund-raiser sponsored a service dog for 9 year old Danny from Middlesex, who has Duchene's Muscular Dystrophy and is wheelchair dependent.

KD, Danny's service dog, is provided by Canine Assistants, Alpharetta, GA. Canine Assistants breed and train dogs for children and adults with disabilities. KD has changed Danny's life. She knows over 90 commands such as open cabinet, get sneakers, etc.

**Oradell Animal Hospital** has graciously donated lifetime veterinary care for KD. Dr. John DeVries explained that Oradell Animal Hospital will take care of all of KD's veterinary needs.

The next Mickey's Kids Foundation fund-raiser is March 16, 2012. *Photos provided by Michelle Meli.* ###

Health is offering the Annual

Blood Screening Program at

the Senior Center, on Tuesday,

September 20, 2011, from 7:30

CHEM 23 and Lipid Profile,

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amino acid that, when elevated,

may lead to blockage in the

arteries, is \$30. PSA testing

(male), a blood screening tool

for detection of prostate cancer,

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medical doctor. Cost is \$20.

It will consist of a CBC,

A T4 (thyroid) blood test is

a.m. to 9:30 a.m.

is \$30.



### BC Offers Free Disability Awareness Guide

The Department of Human Services Division on Disability Services had compiled a Disability Awareness Guide. This guide disseminates information on various disabilities, dispels myths and seeks to further facilitate communication.

"This Guide serves as a useful tool on many fronts," said Kathleen A. Donovan. "It provides education to providers and facility staff as to the different aspects and challenges involved with different disabilities and how to facilitate better communication."

"We are proud to share that this new guide is now being used by staff of the Division of Family Guidance and Office for Children," said Jim Thebery, M.A., CSW, Director of the Division on Disability Services. "It is also used as a teaching tool by the National Park Services at the FDR Library in Hyde Park, N.Y. and the Thomas Edison Laboratory Museum in West Orange" he said. For a free copy of this guide, or information on any Division Programs, please contact the Division on Disability Services at 201-336-6500 or 201-336-6505 (TTY for the Deaf/Hearing Impaired). ###

### W-R Health Department Annual Blood Screening

The Wood-Ridge Board of Humboldt Street starting now.

At the time of registration, bring two large, stamped envelopes -- one with your name and address, the other with your medical doctor's name and address (mandatory).

A 12 hour fast prior to your appointment time is required. Refreshments will be served.

Call the Health Department for sign-up times and dates at 201-939-2161. ###

#### **Dog Tips**

Freshen your dog's bedding by sprinkling on dry baking soda and letting it set at least 15 minutes before vacuuming



(l-r) Ron Joy and Judy Heinsohn with Holly, Alastair McIndoe; Maywood Fire Police and Companion Animal Advocates volunteer, Frank Smith Jr., Captain of Moonachie First Aid and Rescue Squad, and members of the Squad. ###

#### Pet Oxygen Masks Donated to Moonachie First Aid and Rescue Squad

Judy Heinsohn and her husband, Ron Joy, residents of Moonachie, recently donated a set of pet oxygen masks to the Moonachie First Aid and Rescue Squad on behalf of Companion Animal Advocates (CAA). The masks come in three sizes for large, medium and small dogs/cats. These specially sized masks will enable firefighters or EMTs to deliver oxygen to pets in need and, in some cases, save their lives.

If you are interested in donating a set of oxygen masks to your community, please contact Christine at CAA at 201-706-7666.

Companion Animal Advocates (CAA) is a 501(c)(3) non-profit organization based in Bergen County, NJ. CAA is dedicated to the welfare of companion animals within their community through programs designed to keep pets in their homes and reduce pet overpopulation. For further information, please contact Christine at Christine@CompanionAnimalAdvocates.org, visit www.CompanionAnimalAdvocates.org and sign up for their newsletter or contact them at 201-706-7666. ###



All Emergencies Dial 911 cepted. No blood test additions or substitutions permitted.

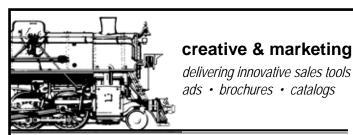
All payments must be

This program is open to all adults 18 years or older. Minors may be tested with parental consent.

Appointments must be made in advance on Tuesdays or Thursdays from 9 a.m. to noon. Sign-ups will be held at the Municipal Building, 85

<sub>s</sub> it up. ###





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#### Diagnosis: Diabetes..... What Can I Eat Now?

If you, a loved one, or a friend has been diagnosed with diabetes, one of the next 100 questions you have for your doctor, nurse, or pharmacist is "What can I eat now that I have this disease?"

While it seems overwhelming to absorb all the information being thrown at you, one thing you can rely on is your plate - yes, your dinner plate.

It's still going to be there when you have your meals. It might have fancy pictures of roosters on it or flowers or it may be a simple white plate, but it's yours. It's yours to fill with good foods to help you live a more healthful life with your diabetes. You just have to learn a different way of filling it.

The American Diabetes Association has several suggestions on how to eat a "rainbow" of foods in order not only to achieve a healthy balance on



behalf of diabetes, but also to keep the other important blood levels and systems of your body in balance, as well as looking really good on your plate!

You can pick from the red/ purple/blue category that includes strawberries, tomatoes, and kidney beans. Then go onto the orange/yellow group that has sweet potatoes, mangoes, carrots, pineapples, and peaches to name a few. The green group is probably the most popular and most recognizable like broccoli, pears, green peppers, and green onions, but also includes parsley, herbs, and kiwis. Lastly is the white category with its members of the vegetable family like cauliflower and mushrooms and other white foods like yogurt and fish.

So while you wouldn't want a plate of cauliflower, mushrooms, and fish for dinner (boring looking!) you might want to switch out the cauliflower for a tomato salad with herbs and some steamed broccoli with toasted sesame seeds.

Oh, and for dessert, a piece of plain cake with a few strawberries on top and a spoonful of yogurt. So see, it can be made colorful and healthy and within the diabetic guidelines.

Watching portion size is very important because this in turn counts your carbohydrates, which are what makes your blood sugars stay on course or go all over the place.

Portion size is the key and this is where your old friend the plate comes in. Imagine a line down the center of your plate. Then, imagine another line dividing one of the halves in half so that in total you have 3 separations on your plate.

Now the largest portioned area is for your vegetables (sorry, not for that huge steak you've been dreaming of), and be sure it's vegetables that are non-starchy (basically not corn, peas or potatoes). One of the smaller portioned areas is for your lean meat, poultry, or fish. The other smaller area is for your starch, like beans, potatoes, pasta, etc. Now you've dressed your plate! You're on your way to eating healthy with diabetes!

So, keep in mind that the more you keep to healthy foods, in turn this keeps the rest of your body's systems working well and your diabetes in check.

To find out more information on diabetes, go to www.diabetes.org which is the homepage for the American Diabetes Association. Also, you can subscribe to their magazine Diabetes Forecast, just sign up at www.forecast.diabetes.org. Better yet, become a member of the American Diabetes Association.

Linda E. Stumper, RPh, is a Pharmacist at BeJay Drugs, 450 Boulevard, Hasbrouck Heights, NJ. 201-288-0404, www.bejaydrugs.com ###



#### A Sore Subject Canker and Cold Sores

Cold sores--commonly known as oral herpes or fever blisters--tend to have a cruel sense of humor. These wicked, little social-spoilers are painful, unsightly, and seem to have a predisposition to pop up just before a first date, job interview, dance, high school reunion or wedding.

Cold sores are groups of often-painful blisters filled with fluid that appear around the lips and sometimes under the nose.

Cold sores are caused by herpes simplex virus 1 (HSV-1) living inside the nerve tissue. Other causes include ill-fitting dentures, braces, the sharp edge of a broken tooth or bacteria, according to an article in AGO Impact, the Academy of General Dentistry's (AGO) monthly newsmagazine. The National Institutes of Health reports that HSV-1 infects more than half of the U.S. population by the time they reach their 20s.

A person usually experiences his or her first cold sore infection in childhood, according to AGO spokesperson Maharukh E. Kravich, DDS.

"The first time a person gets the lesions it can be quite painful-especially in babies," she says. "The child should be taken to the doctor immediately when this is evident." Once a person has had a cold sore, the virus stays in the body and can become active throughout the sites of the body or to another person."

Cold sores are highly contagious and can be transmitted orally or genitally by intimate physical contact with others and sharing eating utensils, toothbrushes, towels and razors.

If the virus is transmitted or contracted, sores usually develop anywhere from two to 12 days after exposure to an infected person. Other persons with a primary infection may have flu-like symptoms such as a high fever, sore throat, swollen neck glands and mouth soreness.

Cold sores are common and rarely cause complications. Outbreaks are usually mild and do not last longer than two weeks; however, Dr. Kravich advises, "Should the lesions be spread to a wide area and/or spread down the throat and affect swallowing, eating, or drinking, then the patient should contact their dentist and physician."

If a cold sore causes discomfort, your dentist might prescribe antiviral medications to reduce the frequency, duration and severity of outbreaks.

Most importantly, it is best to see your dentist so that he or she can accurately diagnose cold sores and base treatment on important factors such as age, overall health, medical history and tolerance for specific medications.

How to minimize recurrent

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Infection tends to recur when the virus is reactivated by a trigger such as decreased immune response, lack of sleep, stress or trauma. Dr. Kravich says that "the important thing is to not spread the virus when it is in this active stage to other



Please Patronize Gazette Newspaper Advertisers. outbreaks:

• Eat foods high in lysine (an amino acid found in red meats, fish, and dairy products) or take supplements

• Apply sunscreen to the face and lips before going outdoors

• Shave with a disposable razor during an outbreak

• Replace your toothbrush

• Engage in relaxing activities to reduce stress

Ref: Dentalnotes, Fall 2008, Academy of General Dentistry

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com









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dation, sprinkler system, stair towers, etc.

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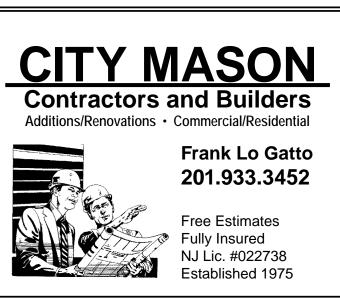


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### **Real Estate Insight**

By Mary Ellen Courtney

#### Some Irksome **Homeseller** Traits

These are stressful times for home sellers. It's been a tough market for a long time now. Home prices have fallen and continue to fall and sellers, understandably, want to get as much money as possible from, probably, their biggest investment.

And we agents feel their pain; we're on their side. But sometimes, sellers do things that make it harder for an agent to sell his home for what it's worth. Let me give you a few examples of the types I'm talking about....

### **Test Your Alarm for Life!**

According to Moonachie Fire Chief Victor Migliorino, "Working smoke alarms give us early warning of a fire, providing extra time to escape safely. But they can't do their job if we haven't done ours monthly testing to make sure they're working. Test all the smoke alarms in your home, for the life of the alarm and for the lives of your loved ones."

Don't gamble with your life and assume your smoke alarms are working. Test each one, every month, so you'll know they'll be ready to protect you and your family if there's a fire.

In a fire, you'll need every second to get out safely, and the early warning from a smoke alarm can make the difference between surviving a fire and dying in one. ###

• "The property's unique - I should get more money." Everyone's home is special; we know that. It represents maybe a lifetime of blood, sweat and tears and heart-felt memories. Agents understand that.

But, when it comes down to cold, objective reality, most properties are not that "uniquely" outstanding. And, when a seller becomes fixated on a personal notion of his property's value - unmindful of his agent's careful research and knowledge of the market - the result is predictably long, frustrating and disappointing.

Priced too high, the home will sit for months and will ultimately end up selling for less than what would have been the appropriate value at the start.

• "Please overlook the mess." Every showing opportunity is critically important. Buyers really need to feel that a home is clean and wellmaintained, otherwise, they're likely to pass and move on to the next. So, Sellers: please make an extra effort in the house keeping area! It's for your own good, really.

• "We won't be in the way." Open houses: they are best conducted when the seller is absent from the premises.

While the seller may be perfectly friendly and agreeable, he can often alienate potential buyers and make them feel uncomfortable without even knowing it.

The viewing can seem to the buyer like an intrusion and would likely inhibit any frank, useful interaction that might otherwise take place between

is to vacate for those few hours. • "OK, tell them we'll split

the difference." I'm talking here about sellers who hold out for extra money at the last minute. Say a buyer made an offer that was \$50,000 less than what the seller wants.

agent and buyer. Best advice

The agent and the buyer's agent have gone back and forth with a series of counter offers.

The seller is only \$5,000 from his dream price but he insists on trying to squeeze another few thousand out of the buyer.

Well, trust me: it will come back to bite him. During escrow, the buyer will find a reason to ask for that money or more back in credits anyway.

In demanding more money, the seller may be creating bad will as well as stressing those involved in the purchase. Playing hardball and squeezing every last dollar may actually cost the seller more in the end.

• "Hey, they can probably use this." These are sellers who don't fully clean house before turning over the keys.

They should stop and imagine themselves in the buyer's shoes. Would they really want to walk into their new home to find a dozen cans of old paint in the garage, assorted lumber in the basement or a sofa in the attic?

The tip to sellers here is to make the home as spotless as possible for the new owners because they will certainly do a final inspection and may delay closing until things are made "in broom-swept condition." Moreover, it's the right thing to do (and your agent will love you for it). ###

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www. GatewayToHomes.com ###

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### **Little Ferry Police Hold National Night Out**

About 500 attended The Little Ferry Police Department 8th Annual National Night Out. The program was held on August 2, 2011, in the municipal parking lot, from 7 p.m. to 9 p.m.

There were plenty of refreshments of hot dogs, soda, watermelon, Rita's Ice, etc. There was a water ride, boounce house and pitching.

K-9 Laszlo gave demonstrations. The Department displayed their Lightweight Assault Rifle.

Little Ferry's 46 member EMS squad provided tours of the ambulance, information on File of Life, when to call 911, obtaining social services, etc., provided cooling stations with misting fans, etc.

The Little Ferry Fire Department and Rescue Squad displayed their apparatus.

The Department set up mats, had several members in turn out gear with wax paper

covering their masks to block their vision and did and exhibition of a search and rescue drill.

According to Little Ferry Police Chief Ralph Verdi, National Night Out is a community building campaign designed to: heighten crime prevention awareness; generate support for, and participation in, local anti-crime programs; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals letting them know that neighborhoods are organized and fighting back. ###







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