

The Gazette

Newspaper for Carlstadt • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Teterboro • Wood-Ridge
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September 2012

★★★★★



It was a blazing hot July afternoon, when the Moonachie Fire Department sprayed a cooling water mist for kids to relish. It was a refreshing treat ending the Moonachie Summer Recreation Program Closing Day Barbecue. *See story on page 3.*

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Summer's Over.. Get Ready For Fall

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Olympians All

On Monday, August 6, 2012, the Boys & Girls Clubs of Lodi/Hackensack kicked-off their Annual Summer Olympic Games with a ceremonial Torch Running from Summit Avenue in Hackensack to their Club in Lodi.

About 300 participated and were assembled into teams representing over 15 countries.

A sampling of the week long contests included: Kinect bowling, NOK hockey, ping pong, volleyball, rock wall, etc.

On Tuesday, at Memorial Park, there were 50, 100 and 200 yard dashes, tug-of-war and home run derby.

There were various swimming events in their Olympic

size pool and scooter, wheel barrow and 3-legged races, basketball free throw, etc., on Wednesday.

On Thursday, the contestants held the team soccer double elimination tournament in the gym. ###



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Moonachie Summer Rec 2012 Annual Closing Day BBQ

On Friday, July 27, 2012, the Moonachie Summer Recreation Program held their Closing Day at the R. L. Craig School. The event included a BBQ, magic show, talent show by the kids, sculptured balloons, hot dogs, hamburgers, ice cream, etc. The five week program was enjoyed by about 150 kids, with a staff of 13 providing supervision. ###



Enchanting

They packed their sleeping bags, brought their toothbrush, invited a friend and joined for a Midsummer Night's Sleepover at The Hasbrouck Heights Free Public Library.

Entrance into an enchanted fairy tale forest promised a night of fun for the whole family. The program ran from 7 p.m. on Friday, August 3, 2012, and lasted until 8 a.m. the next day.

Special guest appearances by costumed characters joined guests throughout the evening.

Several screenings of "Mirror, Mirror" were played in the movie theatre.

Darren Liebman of "Didgeridoo Down Under" gave a high energy Australian-themed show in the performance area.

Every half hour at the Mad Hatter's Tea Party, refreshments were served including chocolate covered strawberries, grapes, watermelon stars, yellow tea cakes, brownie bites, orange crisps, chocolate wafer sticks, finger sandwiches with lemonade, fruit punch, unsweetened iced tea and ice

water.

At the Hansel & Gretel Emporium, a program, "Welcome to the World of Nocturnal Animals," with live animals was presented to include a baby armadillo, sugar glaser, albino hedgehog, etc. A candy buffet was also served in this room.

Wii gaming, games, crafts, game show and other fun activities were ongoing, and before sleep time there was story telling around a Camp Fire in the Performance area.

Over 250 attended the 6th Annual Library summer event, and 2nd sleepover. Under candlelight (*flameless*), about 44 slept over. Youngsters and parents in the performance area, teens slept in the Hansel and Gretel Emporium. A breakfast was provided. Over 30 volunteers worked this program's preparation.

All were welcome to this program which was made possible through the generous support and funding provided by The Hasbrouck Heights Friends of The Library. ###

Lodi Library Expands Hours of Operation

As of September 4, 2012, Lodi Library will be open six additional hours per week, with expanded hours every Monday and Thursday, from 9:30 a.m. to 8 p.m.

The Lodi Library Board of Trustees voted to increase hours on the busiest days to better serve the community.

From September to mid-June 2013, Lodi Library will be open Monday through Saturday, with evening hours on Monday, Tuesday and Thursday. For the daily schedule, visit lodi.bccls.org, call 973-365-4044 or pick up a schedule bookmark at The Library. ###

Free Movies

Lodi Library will be showing films in September for their Wednesday Movie Matinee, as well as a Spanish-speaking movie in honor of Spanish Heritage Month. Free popcorn and soda will be provided. The following movies are scheduled:

- "The Vow" (PG-13): Wednesday, September 5, 1:30 p.m.-3:30 p.m.
- "Vertigo" (PG): Wednesday, September 12, 1:30 p.m.-3:30 p.m.
- "Snow White and the Huntsman": Wednesday, September 19, 1:30 p.m.-3:30 p.m. ###

Star Wars Day Volunteers Needed

On September 28, 2012, from 3:30-4:30 p.m., Lodi Library will host a meeting for volunteers ages 12 and up who want to assist on Star Wars Reads Day on October 6.

The Library is seeking volunteers to help with games, crafts, and a costume contest. No registration needed. If you would like to help but can't attend, please contact lodilibrary@bccls.org or call 973-365-4044 x7. ###

Computer Classes

Lodi Memorial Library is offering free computer class workshops in September 2012 for adults, including computer basic skills and Microsoft Office program training. Classes have limited seating, so a refundable deposit of \$5 is required to register. Classes are scheduled as follows:

- Computer Basics: September 4, Tuesday, 1:30-3 p.m.
- Microsoft Word 2007 Basics: September 6, Thursday, 1:30-3 p.m.
- Internet Computer Skills Basics: September 11, Tuesday, 1:30-3 p.m.
- Microsoft Excel 2007 Basics: September 25, Tuesday, 1:30-3 p.m.
- Microsoft Word 2007 Intermediate (*Requires basic skills in MS Word*): September 27, Thursday, 1:30-3 p.m. ###

Kindle Fire Sweepstakes

In September, Lodi Library celebrates Library Card Sign-Up Month with a Kindle Fire Sweepstakes.

The drawing is open to Lodi residents ages 18+ who sign up as new Library card holders or who reactivate their expired or blocked card.

To apply for a card, bring in a driver's license or bill as proof of address.

The Kindle drawing will be on October 1, 2012. Lodi Library cardholders enjoy free wifi and computer access in The Library and can check out books, music, movies and video games from 74 local BCCLS libraries.

Cardholders can also download free ebooks and audiobooks and take free computer classes at Lodi Library.

For more information, please visit Lodi Library, call 973-365-4044, or go to lodi.bccls.org ###

Lego Building

On Tuesday September 18, 2012, from 3:30-5 p.m., Lodi Library hosts freestyle Lego and Duplo building for children ages 4 to Grade 8.

Legos are provided by The Library and all structures created will be put on display at The Library.

No registration needed but adult supervision is required for children in Grade 5 and under. For more information, call 973-365-4044 or visit lodi.bccls.org ###

Hunger Games

In September 2012, Lodi Library celebrates Suzanne Collins' best seller, "The Hunger Games" with three special events.

On Saturday, September 15, from 2-4:30 p.m., ages 12 and up, are invited to a free screening of "The Hunger Games" movie.

On Friday, September 21, 3:30-4:30 p.m., Lodi Library hosts a Hunger Games Trivia Challenge for teens.

On Monday, September 24, 3:30-4:30 p.m., Hunger Games crafts for Grades 3-8 are featured.

No registration is required. For more information, call 973-365-4044 or visit lodi.bccls.org ###

Book Bingo

On Thursday, September 27, 2012, from 4-4:30 p.m., Lodi Library hosts Book Bingo games with prizes for children in Grades 6-12. No registration needed. For more information, call 973-365-4044 or visit lodi.bccls.org ###

Preschool Playgroup

Starting September 5, 2012, Lodi Library hosts a weekly Wednesday play group from 10:30 a.m.-11:15 a.m. for children ages 2-5 years with their parents or guardians.

Children enjoy free play with toys and games, an opportunity to play with other preschoolers and to color. To register or for more information, call 973-365-4044 or visit lodi.bccls.org ###

Youth Programs at the Wood-Ridge Memorial Library

The Wood-Ridge Memorial Library will offer a variety of programs for children of all ages this school year.

- Story times will include Toddler Time (ages 0-2), Thursdays, 10:30-11:15 a.m., Preschool Pals (ages 3-5), Mondays or Tuesdays, 12:30-1:15 a.m., After-school Stories (*preschool-elementary students*), September 14, 3:30-4:30 p.m., and Bedtime Tales (*preschool-elementary students*), September 26, 7:00-7:45 p.m.

- Children have the opportunity to read to a therapy dog during PAWS for Reading, September 17, 6-7: p.m.

- Thoughtful competition can be found at Chess Club, Wednesdays, starting September 12, 3:30-4:30 p.m. and Game Time, September 27, 3:30-5 p.m.

- Older students may appreciate Crafts (*Grades 4 and up*), September 28, 3:30-4:30 p.m., or the Youth Advisory Team (*middle and high school students*), September 6 and 20, 4-5 p.m.

- All ages are welcome to Movie Night, September 12, 6-8 p.m., where participants may enjoy "The Lorax" and some popcorn.

For more information or to register, please email Molly at wrldgchild@bccls.org or call The Library at 201-438-2455. "Like" Wood-Ridge Memorial Library on Facebook or check out <http://www.woodridge-memoriallibrary.org/> to get information about upcoming events. ###

New Toddler Storytime

Beginning Monday, September 10, 2012, from 10:30 a.m.-11 a.m., Lodi Library presents a new weekly Toddler Storytime for children ages 18 months to 3 years to enjoy with their parents or guardians.

There will be stories, songs, fingerplays and movement games led by Ms. Holly, children's librarian. To register or for more information, call 973-365-4044 or visit lodi.bccls.org. ###

Edible Book Contest

Are you looking for a chance to merge your baking and literary passions?

The Wood-Ridge Memorial Library will hold an Edible Book Contest on Saturday, September 15, 2012, at the Wood-Ridge Senior Center.

Participants will showcase baked creations that can be a pun on a title, refer to a scene or character, or look like a book.

A panel of judges will decide winners of different categories, including Best Elementary School Creation, Best Middle-High School Creation, Best Adult Creation, Most Pun-derful, and Most Beautiful; participants and attendees will get to vote for the People's Choice Award. Prizes will be awarded.

The event is open to BCCLS library cardholders of all ages. Reading has never been so sweet! For more information or to register for this event, call Molly at 201-438-2455. ###

The Big Band Era

On Wednesday, September 19, 2012, from 6:30-7:30 p.m., The Friends of Lodi Memorial Library present "The Big Band Era," a multimedia talk by Dr. Stephen F. Marcone, Professor of Music at William Paterson University.

Dr. Marcone will discuss styles of the great Big Bands of the 1930s, with music and video examples from Duke Ellington, Count Basie, Benny Goodman and more.

This free program is funded by the Horizons Speakers Bureau of the New Jersey Council for the Humanities, with the support of The Friends of Lodi Library. To register, or for more information, call 973-365-4044. ###

Rutherford Library Sold

On Monday, September 24, 2012, at 6:30 p.m., the Monday Evening Book Group will meet to discuss "Sold" by Patricia McCormick.

Seabiscuit

On Friday, September 28, at 1:30 p.m., the Kip Center Book Group will meet at the Kip Center, 55 Kip Avenue, Rutherford, to discuss "Seabiscuit: An American Legend" by Laura Hillenbrand. Copies of the books are available at The Rutherford Public Library, 150 Park Avenue, Rutherford.

Of Mice and Men

On Tuesday, September 25 at 6:30pm, The Friends of The Library of Rutherford will present a free screening of "Of Mice and Men," starring John Malkovich and Gary Sinise. The film will be shown in The Library Auditorium. ###

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Turkey Dinner October 13

Bring your friends and enjoy a delicious homemade dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 13, 2012, from 5:30 p.m. to 7 p.m.

The buffet style, all-you-can-eat dinner is sponsored by The Guild for Reformed Church Women of the First Reformed Church. Cost is \$15 for adults and \$5 for children under 10.

For reservations, call Nancy at 201-288-3963 or Church office at 201-288-1122. Take-outs are available upon request.

The First Reformed Church is located at Washington and Burton, Hasbrouck Heights, and is handicap accessible. ###

Rummage Sale

Start collecting all those "treasures," knick-knacks, books, linens, small furniture, baby items, clothes, etc.

It's time for the First Reformed Church, Guild for Christian Services, Annual Fall Rummage Sale.

The sale will be on October 18, 2012, from 7 to 9 p.m. and October 19 and 20, 2012, from 9:30 a.m. to noon. Proceeds go to the Church projects and missions. For more information call the Church office at 201-288-1122. ###

Indoor Fall Flea Market Nov. 17

The Parish Social Life Committee of Saint Margaret of Cortona Roman Catholic Church is sponsoring an Indoor Fall Flea Market on Saturday, November 17, 2012. Tables are \$25 each. For information and contracts, call Ellie at 201-641-0883. ###

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Gymnastic Classes

American Sokol Little Ferry will hold registration for the fall season on September 11, 2012, at the American Sokol Hall, from 7 to 8 p.m.

Gym classes begin Tuesday, September 18 and Thursday, September 20. For registration forms and information call Joyce at 201-641-1626. ###

Casino Night

The 2nd Annual 55 Kip Center Casino Night will be held on Friday, September 21, 2012, at The Landmark in East Rutherford.

Pre-admission ticket price is \$65 per person (\$75 at the door). Admission includes hot and cold buffet, four hour open bar and \$200 in "Kip Kash."

Proceeds will help sustain the vital programs and services that keep older adults active and independent. For more information call 201-460-1600 or visit their web site at www.55kipcenter.org ###

HH Garden Club Meets Sept. 20

Attention Gardeners

The Hasbrouck Heights Garden Club will have their meeting on September 20, 2012, at 6:45 p.m., in The Library Meeting Room on the second floor of the Borough Hall located at 320 Boulevard. Refreshments will be served.

The HHGC meets September thru June, excluding December, every third Thursday of the month. Throughout the year they have several speakers, day trips and workshops for everyone's enjoyment. The public is always welcome.

Stop at their table on Town Day, September 29, at Woodland Park. For further information, please contact Judy at 201-288-2615. ###

Mum and Garage Sale

The Moonachie First Aid & Rescue Squad will be holding its 7th Annual Mum Sale on Saturday, October 6, 2012, from 8 a.m. to 4 p.m., at 121 Moonachie Avenue, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$8 each.

Advance orders welcome. Will deliver larger orders.

Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available.

Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094.

All proceeds go directly to the Squad for operating expenses. ###

Harvest Moon

The September full moon appears on Saturday, September 29, 2012, at 11:18 p.m. It is called the "Full Harvest Moon."

According to "The Farmer's Almanac," this full moon occurs closest to the autumn equinox. The Harvest Moon usually comes in September, but in some years it occurs in October. At the peak of harvest, farmers can work late into the night by the light of this moon. Corn, pumpkins, squash, beans and wild rice, the chief Indian staples, are now ready for gathering. It was also called the "Full Corn Moon" or "Full Barley Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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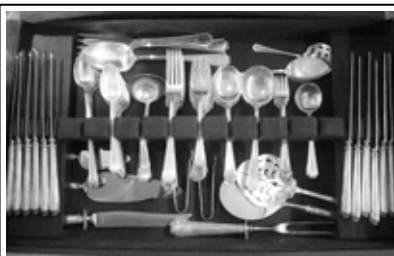


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Moonachie Annual Town-Wide Food Drive

First Presbyterian Church of Moonachie joyfully announces its 7th Annual Town-wide Food Drive, to be held at the Church on October 12 and 13, 2012.

In a time when so many people are in need, it is good to find ways to help out, and even a single can or boxed item can make a difference in fighting hunger.

According to the workers at the Center for Food Action, the need is higher than ever this year, and they are having a hard time keeping enough food on the shelves.

Most needed items include: canned meat, canned tuna, canned chicken, canned beef stew, Parmalat, 100% fruit juice, macaroni and cheese, canned pasta, peanut butter and jelly, canned fruit, pancake mix, and syrup, canned soup, rice, baked beans, clean-

ing supplies, paper goods and large-size disposable diapers.

Bring your contributions to the First Presbyterian Church of Moonachie on October 12 and 13, 2012, between 10 a.m. and 2 p.m. You may also drop items off at the parish office, 190 Valley Boulevard in Wood-Ridge, any weekday between 9 a.m. and noon. Or, if you would like to donate but do not have transportation, please call Tina at 201-438-8966. ###

Picnic at Woodland Park

On Saturday, September 8, 2012, from 1 - 4 p.m., the Hasbrouck Heights Republican Club will host their annual picnic in Woodland Park.

Picnic is open to the public and includes food, fun, and entertainment. Menu includes clam chowder, sausage sandwiches and delicious corn on the cob served with gusto. Ticket donations: \$10 pp, family of 4, \$30, senior: \$8 and children under 5, no charge. For tickets call Dennis at 201-655-5460 or Tony, 201-288-6685. ###

65th Annual Juried Art Show

Celebrating the 65th year since its official organization in 1947, The Art Association of Rutherford announces its Annual Juried Exhibition.

All New Jersey artists 18 years or older are cordially invited to submit one original piece.

Artists may submit a work in one of the following categories: Oil and Acrylic, Watercolor, Photography, Other Media, which includes pastel, pencil, mixed media and charcoal, and for the first time, Computer Manipulated Art. Ribbons and cash prizes will be awarded. Nature or the environment is strongly encouraged as the subject or theme of entries.

The deadline for applications is Friday, September 14, 2012. Those interested may request information and a complete list of specifications from the association's Event Coordinator, Carin Loeffel, by e-mailing carin_peace@yahoo.com

The Meadowlands Environmental Center at 1 Dekorte Plaza in Lyndhurst will host the show. The artwork will hang in their Flyway Gallery throughout October and November.

The 2012 juror Director of the Art Galleries at Montclair State University, Teresa Rodriguez, will select Best in Show, first, second, third places and honorable mentions. ###



Remember to Fly Your Flag September 11th

September 11th Remembrance Services**• Hasbrouck Heights**

will hold a short service at 6:30 p.m. on September 11, at the Firemen's 9-11 Memorial at The Circle.

• Little Ferry

will have a moment of silence during the regularly scheduled Mayor and Council meeting on September 11.

• Moonachie

will hold a service on September 11, at 6:30 p.m. at the Memorial located at Borough Hall. Rain or shine.

• Wood-Ridge

is conducting a ceremony at Veterans Memorial Park located on Valley Boulevard on Sunday, September 9, 2012, at 10 a.m. ###

Blood Drive

On Sunday, September 9, 2012, following the Wood-Ridge 9-11 Service at Veterans Memorial Park on Valley Boulevard, the Knights of Columbus Saint Anthony's Council 11585 will sponsor a blood drive.

The Community Bloodmobile will be stationed there from 11 a.m. 3 p.m. ###

PTO Carnival October 6 & 7

On Saturday, October 6, and Sunday, October 7, 2012, from 2 p.m. to 10 p.m., the R.L. Craig School PTO will host a Carnival at the Redneck Avenue Fields. There will be rides, games, food, baked goods, etc.

Entertainment will include bands "Fastforward" and "Calm B4 the Storm" from 5 p.m. to 7 p.m. All day ride bracelets are available. ###

Rolie Polie Guacamole Family Concert

On Friday, September 21, 2012, at 3:45 p.m., Rolie Polie Guacamole will present their high energy, interactive family concert at The Rutherford Public Library.

The show is a mix of funk, rock and folk music mashed into original tunes about natural living, eating healthy and staying active. Children of all ages and their grownups are invited to attend. No advance registration is required. ###

Library Card Sign-up Month

September is National Library Card Sign-Up Month and your local Library is reminding everyone to get one. Having a library card will open up a world of opportunities—no matter what your age. This card will give you access to nearly everything online and in print plus DVDs, internet access, exciting programs, etc.

Librarians are on hand to help recommend materials suitable for various ages and interests and help develop literacy skills.

Library cards are FREE to any resident. Visit your local library and sign up. A library card is the most important school supply a parent can give their child to help them perform better in the classroom. ###

Chicken and Chips Dinner

A Chicken and Chips Dinner will be sponsored jointly by The GFWC Contemporary Club of Hasbrouck Heights and Holy Trinity Lutheran Church on Tuesday, October 23, 2012, from 5:30 until 7 p.m.

Tastefully British Caterers will again provide the food to be served at Holy Trinity fellowship hall, located at the corner of Burton and Hamilton Avenues. Tickets are \$14

for adults and \$8 for children under 10. Reservations are a must. Pre-paid take-outs are also available.

The New Jersey State Federation of Women's Clubs (*of which The Contemporary Club is a member*) chooses a special project during each administration. The 2012-14 project is to raise funds/awareness for Family Promise, a non-profit organization that strives to help New Jersey's homeless and low-income families. Holy Trinity provides meals for the homeless through this same organization. All proceeds from the dinner will be used for programs of Family Promise.

For more information, please contact Marge at 201-288-8933.

Holy Trinity Lutheran Church is located on the corner of Burton and Hamilton Avenues, Hasbrouck Heights. ###

Hasbrouck Heights JWC Holds Beautiful Baby Contest

The Junior Women's Club is sponsoring its annual Beautiful Baby Contest, which will be held on Town Day, Saturday, September 29, 2012. The contest is open to all residents of Hasbrouck Heights under the age of two.

Send a picture of your Beautiful Baby to Hasbrouck Heights Junior Women's Club, P.O. Box 68, Hasbrouck Heights, NJ 07604.

Include the child's name, birth date, parents' names and phone number on the back of the photo and a stamped, self-addressed envelope, so the picture can be returned.

The winner will receive a savings bond and may have their picture in a newspaper. All entries must be received on or before Wednesday, September 26.

Vote during Town Day in Woodland Park between 10 a.m. and 2 p.m. Votes are \$1 each and the proceeds benefit the "Valerie Fund" program, which supports health care of children with cancer and blood disorders.

The Hasbrouck Heights Junior Women's Club is a non-profit organization made up of volunteers interested in helping those in need and providing fun opportunities for the children of Hasbrouck Heights. Meetings are on the second Thursday of each month at 8 p.m. at the First Reformed Church from September-June. New members are welcome. ###

Pasta Night

American Legion Unit #415, 302 Midland Ave., Saddle Brook, NJ, is hosting a pasta night on September 15, 2012, from 6 - 9 p.m.

Cost is \$8 pp and includes pasta, meatballs, salad, bread/butter, coffee and cake.

For advanced tickets or more details call Debe at 201-925-4389 or Theresa 201-522-7619. ###

FOCAS Dog Show

FOCAS will hold their Annual Dog Show on Sunday, October 7, 2012, at the American Legion Post, 100 Liberty Street, Little Ferry, rain or shine.

All dogs on a leash are welcome. All shots must be up-to-date.

Registration begins at 12:30 p.m. and judging begins at 1:30 p.m.

Admission is \$5 for the first dog and \$3 for each additional dog. For additional information, call 201-943-4019. ###

FOCAS Flea Market Resumes

FOCAS will hold a Flea Market on Saturday, September 22, and Sunday, September 23, 2012, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

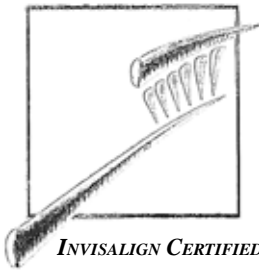
Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

They are not able to accept TVs, PC monitors, exercise equipment, clothes or magazines.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

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70s Disco Fever & Fireworks

Little Ferry will hold a 70s Disco Fever themed Family Fun Day on Saturday, September 22, 2012, at Lakeview Field.

A flea market will be held from 10 a.m. to 5 p.m.; rides, petting zoo, food, family fun and games from 1 p.m. to 5 p.m. The event continues at 6:30 with live music and ends with fireworks.

Free admission for all Little Ferry residents. Non-residents, \$25 entry fee per family. Rain Date is Sunday, September 23. Event sponsored by the Little Ferry Recreation Committee.

Vendors Wanted: Craft Fair & Flea Market at Little Ferry Family Fun Day, September 22, Rain Date September 23, 10 a.m. – 5 p.m., Lakeview Field. Call 201-641-9234 for an application. ###

Flea Market

The Petersilge-Velock VFW Ladies' Auxiliary to Post 809 will sponsor a Flea Market on Saturday, September 29, 2012, from 9 a.m. to 4 p.m. at the Post Home at 100 Main Street, Little Ferry. Refreshments will be available. Donations accepted on Saturday. Vendors welcome -- call Tracy at 201-417-0255. ###

Pasta Dinner September 15

The First Presbyterian Church of Moonachie is hosting a Pa-Pa-Pasta Time on Saturday, September 15, 2012 from 5 p.m. to 7 p.m. Enjoy their famous desserts, coffee and tea. Promises to be a night of good food and fun.

Cost is adults \$8, and children under 10, \$5. Advance tickets only. No tickets will be sold at the door. For more information call Carol at 201-933-8045. ###

Saint Margaret of Cortona Parish Family Picnic

Saint Margaret of Cortona Roman Catholic Church in Little Ferry is celebrating their 100th Anniversary with a Parish Family Picnic. The Parish Social Life Committee has scheduled the picnic for Saturday, September 15, 2012, from noon to 4 p.m.

Tickets are \$10 and children under 12 free. Tickets must be ordered in advance. For tickets or information, please call Ellie at 201-641-0883. ###

HH Town Day

Hasbrouck Heights organizations should mark their calendar for participation in Town Day scheduled for Saturday, September 29, 2012, from 10 a.m. to 3 p.m., in Woodland Park. Rain date is October 6. Contact the Recreation Department at 201-288-4143 to reserve your table/space. ###

Harvest Moon Charity Ball

The Harvest Moon Charity Ball will be held Friday, September 14, 2012, from 7 to 11 p.m., at North Jersey Country Club in Wayne, NJ.

The event is sponsored by The Children's Dyslexia Centers of NJ, and will honor Maria Torres-Kimmins, Director of the Children's Dyslexia Center of Hasbrouck Heights.

The menu features Butler Passed Hors D'oeuvres and champagne, Tuscan antipasto and Artisanal Cheese Displays, open bar with premium liquors and signature martinis, three course meal with an entree choice of Filet Mignon or Salmon (*with light dill sauce*), served with seasonal vegetables, potatoes au gratin. Assorted pastries and tempting desserts follow.

Dance the night away with "The Brass Tacks Orchestra."

Black Tie is optional. Donation is \$125 pp, \$225 couples. Reservations due September 7. For more information call Barbara and Kyle Nurge at 201-440-9425, or e-mail banurge@aol.com ###

Afternoon with Peter Lieberman

VFW Post 4591 is hosting an afternoon with Peter Lieberman on Sunday, September 16, 2012, from 12 to 4 p.m., at the Post.

Cost is \$15 if paid in advance, and \$20 at the door. Hot meal, coffee and cake are included.

Call Pete at 201-638-4294 or the Post at 201-288-1112 for tickets and more information. ###

The Adorno Fathers Trips

• Italy - In the Footsteps of St. Francis Caracciolo, October 8-18, 2012. \$2,995 pp/dbl. occ. (*Airfare and transfers incl.*)

• The Holy Land, "Walk in the Footsteps of Jesus," November 11-20, 2012. \$2,798 pp/dbl. occ. (*Airfare and taxes incl.*)

For more information call Fr. Nony Villaluz, CRM or St. Joseph Church, Lodi, at 973-779-0643. ###

Lodi Feast

The 98th Annual St. Joseph Festival opens Friday, August 31, 2012, at 6 p.m. to 10 p.m., with rides, games, entertainment, hourly 50-50, a Super 50-50 and the "Best Italian Food." The Feast continues Saturday, and Sunday and Monday, from 4 p.m. to 10 p.m. and Monday from 2 p.m. to 10 p.m.

On September 1 and 2, from 10 a.m. to 2 p.m., the St. Joseph Society, accompanied by the Metropolitan Feast Band, will march with a banner of Saint Joseph throughout Lodi, Garfield and Hasbrouck Heights. The Feast will then open at 2 p.m.

On Labor Day, at 2 p.m., there will be a Solemn Mass followed by the Procession with the Statue of St. Joseph throughout Lodi.

New Procession Route

The streets that will be covered are: East Place, Liberty Street, Prospect Street, James Street, Woodside Avenue, Hunter Street, Prospect Street, Kipp Avenue, Roosevelt Avenue, Central Avenue, Hillcrest Avenue, Grove Street and Spring Street.

Entertainment Schedule

• Friday: DJ Dennis; Accordion Player Paul Belanich, and Metropolitan Festival Band strolling through the Feast

• Saturday: Moving Faith Band; I Forestieri - Accordion and Guitar Players

• Sunday: DJ and live singers; I Forestieri - Accordion and Guitar Players

• Monday: DJ Express Entertainment; Mandolin Player Nick Todaro

Note that all entertainment is in the evening at 7 p.m.

Approximately 25,000 attend. Last year's Super 50-50 winner received over \$10,000. This program benefits the St. Joseph Church operating fund. For more information go to: www.saintjosephsociety.org ###

Soup and Sandwich Social

The VFW Little Ferry Ladies' Auxiliary to Post 809 will sponsor a Soup and Sandwich Social on Monday, October 8, 2012, from noon to 3 p.m. at the Post Home, 100 Main Street, Little Ferry.

Various soups will be made by members of the Auxiliary. Ticket donation is \$10 pp. Call Adele at 201-641-2298 or Diane at 201-440-6678. A prize will be awarded for the most patriotic ensemble. Join them for a fun afternoon. ###

**September Birthstone
Sapphire**

Pots for Kids

Care on the Corner announces the Fall 2012 Session of NewARTS Kids, an art program for children in Grades 2-5.

Come and experience "Pots for Kids," a four week program where kids can come and play with clay. Wear old clothes and get your hands dirty. Experiment with clay building techniques: pinch a bowl, slab a plate, and coil a pot.

Paint a plate with your own design. The group, under the direction of Diane Casella, will meet on Fridays, September 14, 21, 28 and October 5, from 3:30 pm – 6 p.m.

Diane has been making pots for over 35 years. Her passion is art. She loves to share in creativity. She sees pottery, her mode of expression in creativity, as a functional craft. No matter how many pots she makes, it always feels new to her.

The group meets in the Parish Hall of St. John the Divine, the corner of Terrace and Jefferson Avenues, Hasbrouck Heights. Call the Care Center at 201-288-9460 to register. There is a \$25 materials fee. Scholarships are available. ###

Gymnastics

American Sokol is offering gymnastic classes for children of all ages beginning September 18, 2012, at Sokol Hall, Main and Garden Streets in Little Ferry. Registration is on Tuesday, September 11, from 6 to 8 p.m.

Tot classes for boys and girls (4-5) are held on Tuesday evenings from 6 to 6:45 p.m. Gym classes for boys and girls (6-12) are held on Tuesdays and Thursdays from 7 to 8 p.m. Teenagers meet on Thursdays from 7 to 8 p.m. Adult group meets on Thursdays. For more information and registration call Blanche at 973-365-1111. ###

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Homework Club

Care on the Corner announces the Homework Club for children in Grades Kindergarten – 5.

Classes will be offered on Thursdays from 3:30 p.m. – 5 p.m.; beginning September 20 – December 6 (*classes will not be held on school holidays*).

Students are asked to bring current Language Arts (*reading, spelling and phonics*), math, social studies and science (*other than experiments*) homework assignments in which help is needed.

Call the Care Center at 201-288-9460 to register. There is a \$15 registration fee. Scholarships are available. Jean R. Giarratana (*NJ Certified Teacher*) is the coordinator. ###

Communicating With Your Hands

On Monday nights, starting September 24, 2012, Care on the Corner will be offering a sign language course, "Communicating with Your Hands." Classes will be held in the sanctuary of St. John's Episcopal Church, 229 Terrace Avenue, Hasbrouck Heights, NJ.

Classes will be held each Monday night, from 7 p.m. – 9 p.m., for ten weeks. The final class is scheduled for Monday, November 26, 2012.

Students will learn the fundamentals of sign language in Signed Exact English (EE). There is a non-refundable materials/registration fee of \$50. This includes a manual, created by the instructor and weekly handouts.

For more information about the Communicating with Your Hands course, call 201-288-9460. A registration form, accompanied by the fee, must be completed for each student, by Friday, September 21, 2012. ###

Adult ESL Classes

At 7 p.m., on Wednesdays, September 12 and 19, 2012, students will register and be tested for the Fall session of Adult ESL Classes at Care on the Corner, 229 Terrace Avenue (*corner of Jefferson and Terrace Avenues*) Hasbrouck Heights.

All new and returning students must be registered to take the classes. All students must take a language assessment evaluation. Classes start Wednesday, September 26, 2012, from 7 p.m. – 9 p.m. and will continue each Wednesday, until December 12. No classes will be held on October 31 and November 21.

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as one-to-one instruction, to people from other countries and other language backgrounds.

For more information about the adult ESL program call 201-288-9460.

A registration form, accompanied with a non-refundable \$15 registration fee, must be completed for each student.

Books will be available for purchase at the time of registration. Financial assistance is available. ###

B&G Club Service Awards Dinner

On October 11, 2012, the Boys & Girls Club of Lodi/Hackensack will host its 2012 "Salute to Community Service Awards Dinner" at The Venetian from 6 p.m. to 11 p.m. The Club's signature fundraiser for 2012 includes a full cocktail hour, premium open bar, three course dinner and dessert.

For more information call 973-473-7410 or go to: www.bgcoflodi.org ###

Registration for Citizenship Preparation Classes Sept. 12 & 19

Preparatory classes for U.S. Citizenship will start on Monday, October 15, 2012, and continue for six weeks from 7:30 p.m. – 9:30 p.m. Classes will be held at Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, NJ.

Registration and testing will take place on Wednesdays, September 12 and 19, 2012 at 7 p.m. in the Parish Hall, at 229 Terrace Avenue (*corner of Terrace and Jefferson Avenues*), Hasbrouck Heights, NJ.

Students must bring their green card at the time of registration. Level 3 or Level 4 English is a pre-requisite for these classes.

For more information about the U. S. Citizenship class, or to pre-register, call 201-288-9460.

Each student must complete a registration form, accompanied with a non-refundable \$15 registration fee. Books will be available for purchase at the time of registration. Financial assistance is available. ###

The Kootz Band

Get ready to jam! Hasbrouck Heights Public Library will sponsor the free performance of Rock'n'Roll band, The Kootz, on Saturday, October 6, 2012, at 2 p.m. in the Senior Center, located at 320 Boulevard. People of all ages are welcome. The Friends of The Library make this performance possible. No registration is required. ###

Get Organized

The Hasbrouck Heights Public Library is hosting a seminar on how to get organized in all aspects of your life. The theme is "Back to Basics-No More Excuses!"

This information-filled and entertaining seminar is scheduled for Thursday, September 27, 2012, from 7 to 8:30 p.m. You will get tips and techniques from professional organizer and designer Bernadette Flaim of the firm--The Flaim Group.

Call the Library at 201-288-0488 to sign up. ###

Ghosts

The South Jersey Ghost Research Team is coming to The Hasbrouck Heights Library on Tuesday, October 9, 2012, from 7 to 8:15 p.m. The lecture includes video, EVP (*ghost voices*), a presentation on real paranormal investigations, photo displays, and a question and answer session with Certified Ghost Investigators.

Their goal is to aid individuals having problems dealing with or understanding a haunting. They do this by researching the situation and educating the occupants as to the true nature of their haunting. They also provide information and understanding to create a livable solution for the person and the spirit. It is these experiences that provide the content for this lecture. The content of this program is age appropriate for teens and adults. Call 201-288-0488 to register. ###

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Carlstadt
Lt. Walter Beese of Carlstadt Police Department reports that there are 20 crossing guards posted throughout the Borough on all school days from 7:45 a.m. – 9:00 a.m. and 2:45 p.m.– 4:00 p.m. Please obey the directions of the crossing guards in those areas.

There are approximately 600 students that are dropped off and picked up at Carlstadt Public Schools every school day. Please observe the following rules.

- Do not park in the drop-off zones. They are for dropping off and picking up of students only.
- Parents can use the auxiliary parking lot located at the north/west corner of the school, which can be entered from Garden Street.
- Please do not turn left from Washington Street onto Summit Avenue, when dropping off and picking up students. This disrupts the flow of traffic.

Hasbrouck Heights
As the new school year begins, Ptl. Ian Robertson reminds drivers: “There are 15 school crossing locations in town. All have advance school crossing signs which are lime green in color.”

School crossing guards are present during school days between 7:45 a.m. to 8:45 a.m.; and 2:30 p.m. to 3:30 p.m. School crossing guards wear lime green vests and hold portable stop signs. Additionally, there are four walking school bus routes with a large number of students. Drivers should exercise caution at these locations, especially during inclement weather

and periods of sun glare.
Dropping students off at Heights schools:

- At schools, Ptl. Ian Robertson reminds drivers not to park in the yellow zones or double park -- especially during inclement weather, letting off or taking on passengers in moving traffic.
- Do not park in designated drop-off zones at dismissal time.
- At Corpus Christi School, don’t park in the Shadow’s Food Mart lot.

- When dropping off or picking up students at the Jr./Sr. High School main entrance at The Boulevard, do not park in the yellow zone, at the bus stop or double park on The Boulevard.
- At the LaSalle Avenue entrance, no parking, dropping off or picking up students in the yellow zone where no parking or no standing signs are posted. This violation creates a hazard for students and impedes Boulevard/LaSalle traffic flow.
- Use the specially designated drop off zone in the morning that is clearly marked by traffic cones from 7:30 a.m. to 8:30 a.m.
- Paterson Avenue entrance, no double parking. No “K” turns to avoid Paterson/Boulevard intersection.

Little Ferry
Students and parents are reminded to cross only at designated areas where school crossing guards are located and to cross only when instructed to do so by the crossing guard.

- The Borough of Little Ferry has 14 designated school crossing locations throughout the Borough. School crossing guards are present school days

from 7:45 a.m. to 8:45 a.m. and 3 p.m. to 4 p.m.

- Parents are reminded to be extra vigilant when dropping off and picking up students.
- Drivers are warned that the Little Ferry Police Department has a ZERO TOLERANCE POLICY for motorists who violate motor vehicle laws in a designated school zone.

Moonachie

- Students are reminded to cross only at intersections where crossing guards are present and to only cross when instructed to by the crossing guard.
- Crossing guards are present on all school days from 7:30 a.m. to 9:30 a.m., and 2:30 p.m. to 4 p.m. Crossing guards are posted at Metropolitan Trailer Park from 6:45 to 8:45 a.m. and from 2:00 to 3:30 p.m.
- Parents are reminded that when dropping off children at the Robert L. Craig School the driveway is for drop off only, there is no parking in the circular driveway.
- When picking up children after school there is still no parking allowed in the driveway and when parking you should park in a marked parking spot. Do not double park or block another car that is parked in a spot.
- Please drive with extra care and follow the directions given by the school crossing

guards.

- New Jersey State law requires that all passengers under 8 years old or under 80 lbs. be secured in a Child Passenger Restraint System or a booster in the rear seat. All passengers 8 years old or over 80 lbs., as well as the driver and the front seat passenger of an automobile, must wear a properly adjusted and fastened safety belt system.
- All drivers are reminded to drive with extra caution in all areas where children are.
- Buckle up and drive safely.

Wood-Ridge
Lt. Witkowski, Wood-Ridge Traffic Officer, reports that there are 8 crossing guards posted throughout the Borough with the hours being 7:30 a.m. to 8:30 a.m. and 2:15 p.m. to 3:25 p.m. Additionally, Auxiliary Officer and Crossing Guard, Kevin Metcalfe, is posted in front of the W-R High School.

- Utilize the drop-off zone on Windsor Road for Ostrovsky School.
- Do not park in Kohler Funeral Home parking lot.
- The Catherine E. Doyle School now has three drop-off zones to improve flow around the school. They are located at Wood-Ridge Avenue, Twelfth Street and Highland Avenue. The traffic flow is currently being evaluated and residents will be notified.

- Please obey the directions of the crossing guards in those areas.
- An agreement has been reached with the Bergen County Vocational School located on Valley Boulevard. They will have an employee of the school monitor the bus parking in that area. No longer will buses be permitted to park 25 feet from an intersection or 50 feet from a stop sign. This will be a great help in the traffic flow around the school for W-R residents.

“School’s Open-- Drive Carefully!”
Traffic officials also stated that, “The greatest threat children face today is motor vehicle crashes.” To help protect children, motorists should follow these safety tips:

- Slow down near schools and in residential areas.
- Drive with your headlights on - even during the day - so children and other drivers can see you.
- Look for clues such as School Safety Patrollers, bicycles and playgrounds that indicate children could be in the area.
- Scan between parked cars and other objects for signs of children.
- Practice extra caution in bad weather.
- Always stop for school busses that are loading or unloading students. ###

Heights Continues Walking School Bus

Ptl. Scott Adamo of the Hasbrouck Heights Police Department announced that the “Walking School Bus” program will be begin on Wednesday, September 5, 2012, and will run every day, Monday through Friday, rain or shine. Children walk to school in a supervised group along a set route, picking up additional kids at each block along the way. Children can wait at any intersection along the specified route. The School Crossing Guard will then pick-up students as the Walking School Bus passes along the route. Each walking school bus has at least one school crossing guard “driver,” with adults, who walk with the kids. The routes established for this year are as follows.

Euclid School

- 8 a.m.: Starts at Summit and Lincoln and walks north towards Euclid.
- 8 a.m.: Starts at Jefferson and Burton and walks south

towards Euclid.

- Euclid School Students will meet their School Crossing Guard at dismissal time in front of the school for the return trip. The last drop off points will be Summit/Lincoln Avenue and Jefferson/Burton, respectively.

Lincoln School

- 8 a.m.: Starts at Jefferson and Burton and walks north towards Lincoln.
- 8 a.m.: Starts at Myers and Burton and walks south towards Lincoln.
- Lincoln School Students will meet their School Crossing Guard at dismissal time in front of the school for the return trip. The last drop off points will be Myers/Burton and Jefferson/Burton, respectively.


Corpus Christi School

- 7:45 a.m.: Starts at Jefferson and Burton to Kipp Avenue to the School.
- No Dismissal.

Any student who has not been picked up by a parent/

guardian on the last stop on the return trip will be walked back to the school by the School Crossing Guard. For single session days, the Walking School Bus schedule will be adjusted accordingly. Officials stated that this program alleviates a lot of traffic and congestion around the schools, and makes it safer to walk. Students enjoy meeting their friends along the way. The program also offers the additional benefits of exercise and learning valuable pedestrian safety skills. Parents like it because they don’t have to chauffeur their kids to school. For more information go to: www.hhpdc.com or <http://hh-schools.org/> Consult with your PTA “Walking School Bus” coordinator about volunteering to assist in supervising the “Bus.” Parents may also call Ptl. Scott Adamo at 201-288-1114. For information about the Walking School Bus program go to: www.walkingschoolbus.org ###

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RLC Back to School Night Sept. 13

Parents and guardians are invited to attend the Robert L. Craig “Back to School Night” on Thursday, September 13, 2012.

The evening enables attendees to learn about the curriculum that will be taught over the course of the school year, to meet the teachers, and to hear about each teacher’s goals, expectations, and special plans for the year.

The program will begin at 6 p.m. with an opportunity to meet Superintendent/Principal

Dr. Jill Mortimer and Supervisor of Curriculum and Instruction Lauren Odoksta.

Beginning at 6:20 p.m., attendees can meet the PreK through Grade 5 teachers in their classrooms.

From 6:50 p.m. to 7:20 p.m., the specialists will be available in the Gym. At this time, parents/guardians can talk to the Child Study Team members, the Resource Room teachers, the Basic Skills teachers, the School Nurse, the new Media Specialist/Librar-

ian, and teachers of Physical Education, Music, Art, and Technology.

Finally, starting at 7:20 p.m., parents/guardians of students in Grades 6-8 can meet with the Language Arts, Math, Science, Social Studies and Spanish teachers.

The school administration has a strong commitment to improving student achievement, and many new practices for enhancing it are being put in place. ###

CC School Starts New Year

It feels like the summer just flew by. Wasn’t it just yesterday that the students from Corpus Christi School poured out of the building on that last day of school, faces bursting with smiles, planning long, lazy days at the pool and just hanging out with friends?

That excitement has now been replaced with the nervous anticipation of a new school year. The students’ new backpacks are filled with fresh supplies and their casual summer attire has given way to crisp uniforms as Corpus Christi School students and faculty look forward to another productive school year.

The Faculty will meet on September 4, 2012, to review their classes and plans. School officially opens for Grades 1-8 on September 5 with a noon dismissal during this first week.

All students are required to wear the full school uniform beginning the first day of school.

The Kindergarten orienta-

tion will also take place that day. Pre-K4 Orientation and First Day will be on September 6 at the Early Childhood Learning Center while Pre-K3 Orientation will be on Wednesday, September 12.

On September 10, full day sessions begin for Pre-K4-8th Grades. The Extended Care Programs also begin on September 10. On September 11 there will be a Back to School Mass at 9 a.m.

High School Information Night will take place on the evening of September 12. All 8th Grade parents are encouraged to attend this important meeting where the process for applying for the Catholic High School Co-op exams will be explained.

Back to School Night is scheduled for Wednesday, September 26 for Grades K-8.

Looking ahead into October, Corpus Christi will be hosting their Annual Preview Day on October 25. *Story by Maria Grace Billings. ###*

RLC School Named “High Performing”

During the 2011-2012 school year, the Moonachie School District underwent the Quality Single Accountability Continuum (QSAC) district performance review.

QSAC is the New Jersey Department of Education’s monitoring and evaluation system for public school districts.

Based on the results of that review, Department of Education Commissioner Chris Cerf has deemed the district to be “high performing,” meaning it is providing a thorough and efficient system of education.

Specific scores were as follows: Instruction and Program 88%, Fiscal management 100%, Governance 100%, Operations 100%, and Personnel 80%.

All school districts in the state go through the formal QSAC evaluation process every three years and submit annual Statements of Assurance that certain practices are being followed. ###

Teens 'Do Something' to Collect School Supplies for Lodi Boys & Girls Club

DoSomething.org and Staples are teaming up with teen actress and recording artist Bella Thorne for the 5th Annual Staples for Students national school supply drive, to help kids in need (www.staplesforstudents.org).

The drive encourages Bergen County young people to collect school supplies and drop them off at their nearest Staples store through September 15.

All school supplies and donations will be given locally to the Boys & Girls Clubs of Lodi/Hackensack to ensure

they get into the hands of underserved youth just in time for the new school year. Boys & Girls Clubs of America’s mission is to enable all young people, especially those who need it most, to reach their full potential as productive, caring, responsible citizens.

Staples customers can get involved by donating \$1 or more at any Staples store, with 100 percent of the proceeds benefiting local Boys & Girls Clubs of Lodi/Hackensack students in need. ###



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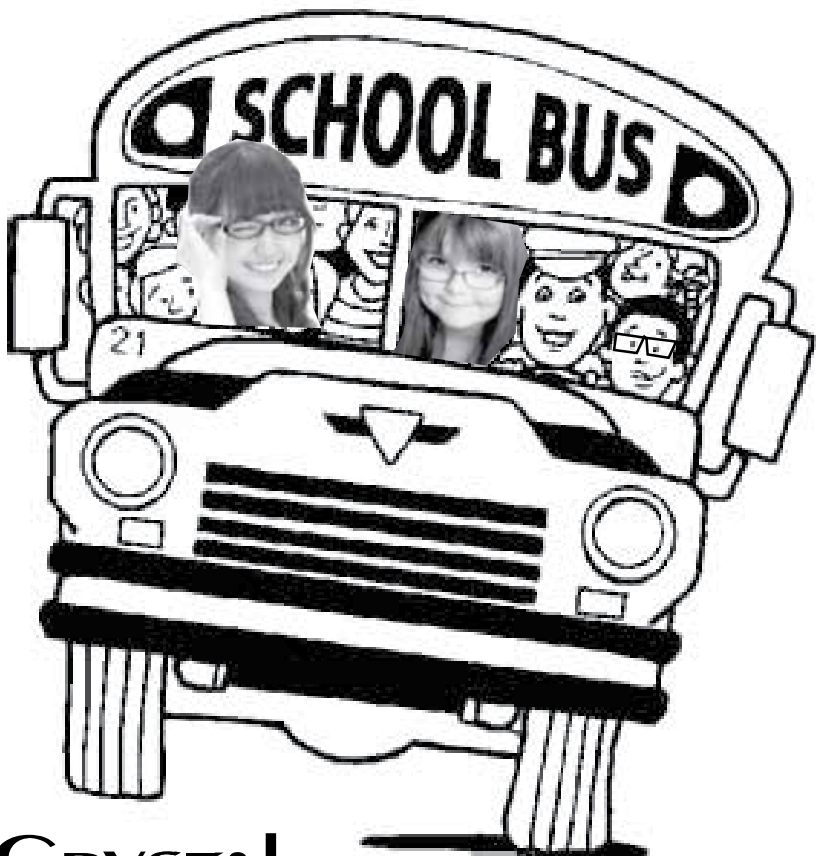
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Troop 181 Summer Camp

Troop 181 of Wood-Ridge went to summer camp this past July, for the 12th year. Assistant Scoutmaster Mike Sweeney led the way again.

This year, 21 scouts, 3 parents of scouts, and one Eagle Scout (who is an Assistant Scoutmaster and college student) joined Mr. Sweeney for a week sleeping in tents, eating in a dining hall, swimming and boating in a lake, and working on merit badges. This was the largest group to go to summer camp from Wood-Ridge ever. They were the third largest troop in camp that week.

This week was a first time at summer camp for many of them, as well as two parents attending for the first time. The two first-time parents were our new Assistant Scoutmasters: Chris Cupo and John Marasciulo. They learned the ropes (both literally and figuratively) from veterans Mike Sweeney, Elizabeth Agudelo, and Daniel Albano.

Matthew Cu, one of our first-time summer campers, had this to say about camp: "It was very exciting to get to take part in and learn about all different merit badges. In my free time I got to swim in the lake and hang out with my friends. We had campfires at night, sang, and performed skits. My favorite merit badge was wood carving because I made a neckerchief slide that I am able to wear. I'm looking forward to going again next year!" (It should be noted that writing this information for the newspaper is a requirement for Communications merit badge, which Matthew is working on.)

Ryan got an award for winning a chess tournament. Jared was the only boy from our troop to earn the Marksman award and one of the few in the entire camp to earn it. Matthew Cu passed the BSA swim test. Vinnie and Matt Cu did "First Class Adventure." Matt K. earned the Mile Swim Award. Gerard, Dylan and William were all elected to the

Order of the Arrow, an honor society within the Boy Scouts of America. Chris Cupo and John Marasciulo should have received the Wood Carving award...but they were too old!

The merit badges the Scouts earned are:

- Andrew (1st Year camper) Rifle Shooting, Mammal Study, Orienteering, First Aid, Chess
- Anthony (1st Year camper) Swimming, Chess
- Chris (2nd Year camper) Mammal Study, Rifle Shooting, Geology
- Cory (3rd Year camper) Archaeology, Wood Carving, Art, Kayaking
- Dylan (Veteran 5+ years camper) Indian Lore, Art, Nature, Kayaking
- Francis (5th Year camper) Art, Indian Lore
- Gerard (Veteran 5+ years camper) Citizenship in the World, Communications, Citizenship in the Community, Swimming, Citizenship in the Nation, Chess
- Jared (2nd Year camper) Archaeology, Rifle Shooting, Art, Wood Carving
- Julio (4th Year camper) Art, Citizenship in the Nation, Citizenship in the World, Communications, Kayaking
- Louis (3rd Year camper) Art, Archaeology, Kayaking, Wood Carving
- Matthew Cu (1st Year camper) Wood Carving, Bas-

ketry

- Matthew Cu (1st Year camper) Art, First Aid, Wood Carving, Archaeology, Basketry
 - Matt K (3rd Year camper) Camping, Orienteering, Life-saving, Environmental Science
 - Matthew R (5th Year camper) Emergency Preparedness, Environmental Science, Mammal Study, Communications, Citizenship in the World, Citizenship in the Community, Orienteering
 - Nick (2nd Year camper) Art, Indian Lore, Kayaking
 - Robert (1st Year camper) Art, Kayaking, Wood Carving, Archaeology
 - Thomas (1st Year camper) Archaeology, First Aid, Art
 - Ryan (2nd Year camper) Kayaking, Small Boat Sailing, Rifle Shooting, Chess
 - Vincent (1st Year camper) Basketry, Wood Carving
 - William (5th Year camper) Chess, Swimming, Communications
 - Yovany (5th Year camper) Indian Lore, Art, Nature, Kayaking
- Please visit us at our website: <http://wood-ridge-boyscoutstroop181.webs.com> or look us up on Facebook.

Story and photo submitted by Elizabeth Agudelo, Chris Cupo, John Marasciulo and Matthew Cu. ###



(l-r) Maher Hatoum, Andrew Rojas and Sean Porteous.


Dunking Kicks for Cancer Research

Sean Porteous collected old sneakers to complete his Eagle Scout project at the Wood-Ridge Senior/Civic Center parking lot on Sunday, August 12, 2012. Each pair of sneakers collected provided \$1 towards Juvenile Cancer Research through Max Cure Foundation. Sneakers are sent overseas to impoverished countries. Prior to this collection, Sean picked up about 80 pairs from local seniors. For more information, call Sean at 201-661-3036. ###




Liberty Makes Some New Friends

On Sunday, August 12, 2012, Liberty met with members of Brownie Troop 4745, Girl Scout Troops 1386 and 498. They read to Liberty and in turn, Liberty did some tricks for them. Liberty is a certified Therapy/Spokesdog given to Mickey's Kids by Canine Assistants and is being trained to serve in hospitals for therapy and schools to help with reading programs. ###



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AHOF Open Cockpit Day

On Saturday, July 28, 2012, the Aviation Hall of Fame and Museum opened all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

The featured aircraft were the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack aircraft designed for battlefield surveillance and light strike capabilities. It is of twin turbo-prop configuration, and carried two crew members with side by side seating.

A Cobra Gunship Helicopter was recently outfitted with sound to enhance the "pilot" experience. Additional aircraft included a one-of-a-kind 1950 Martin 202 airliner and a rare Lockheed-designed 402-2 Bush Master. Plus, a "Little-Cut-Up" demonstrator with working controls.

Qualified pilots helped guests understand the instruments and controls of these special aircraft.

The control cab of an Airport Rescue and Fire-Fighting truck was also open.

Guides were available to explain each aircraft.

For more information, call 201-288-6344 or visit their website at: www.njahof.org

The museum is open Tuesday through Sunday from 10 a.m. to 4 p.m. Group tours, birthday parties and Dare-to-Fly Programs are available.

Founded in 1972, the Aviation Hall of Fame and Museum of New Jersey is dedicated to the preservation of the Garden State's distinguished, two-century aviation and space heritage.

The men and women, whose outstanding aeronautical achievements have brought worldwide recognition to the state, are enshrined in the Hall of Fame. ###



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Runners Take Off A



At 8:30 a.m., on a pleasant Saturday, July 21, 2012, the 15th Annual Teterboro Airport 5K Run was held at the Jet Aviation facility. Teterboro Airport suspended flight operations on Runway 1-19 for the race.

This event featured: \$10,000 Random Prize Giveaway, \$1,000 Super Random Grand Prize, ChronoTrack D-Tag Scoring, food, "T" shirts and DJ.

The course was flat out and back with only five turns, two water stops and mile clocks on the runway. The course was certified and the race sanctioned by USA Track & Field and is a Grand Prix Series Race. Run is USATF-NJ NBGP 500 points.

This year's top finisher, male, was Youssef Rochdi, Morris Plains, NJ, with a time of 15:12.57, and female, Heather Gracie, Peapack, NJ, with a time of 19:14.74. The youngest male, Tommy Carney, Denville, NJ (9), at 24:39.14 and female, Isabella Barros, Wyckoff, NJ (7), at 26:07.58. The oldest male, Nathaniel Finestone, Mountainside, NJ, (83) at 30:58.88 and the oldest female, Toshike Delia, Ridgewood, NJ, (82) at 49:03.30.

According to Compuscore, 820 crossed the finish line, with

29 year old Von Marie Vazquez, Elizabeth, NJ, bringing up the pack at 52:55.50.

"United Way Mini-flyer Dashes" (25-200 yards) for children 2 through 12 followed the 5K event. Children wore a #1 tag. Each child was a top finisher and received a blue ribbon.

There were plenty of water stations throughout the race area. Nourishment was available upon the race conclusion. Runners received a "goody bag" upon departing the race.

The Moonachie EMS/Rescue Squad provided emergency and first aid services attending to a few runners on site, with one transport.

This event was organized by Bergen County United Way and PSE&G and benefits the Bergen County United Way Compassion Fund which provides direct financial assistance to people facing a crisis.

Since its inception, the race has raised over \$450,000 for Bergen County United Way and NJ 211.

The race director was Mark Zenobia (*On Your Mark Productions*). Results are posted at www.compuscore.com. ###



At Teterboro Airport



Riethof Granted Master Instructor Emeritus Status

Master Instructors LLC takes great pride in announcing a significant aviation accomplishment on the part of Stephen F. Riethof.

Recently, Steve, a 4-time Master and charter SAFE member (*Society of Aviation and Flight Educators*), was granted the title of Master Instructor Emeritus (*MIE/MCFI-E*) by Master Instructors LLC, the international accrediting authority for the Master Instructor designation as well as the FAA-approved "Master Instructor Program."

He first earned this national professional accreditation in 2000 and is one of only 47 worldwide to earn the credential four times.

To help put this achievement in its proper perspective, there are approximately 96,000 CFIs (*Certified Flight Instructors*) in the United States. Fewer than 700 of them have achieved Master status thus far.

Steve is one of only 10 New Jersey aviation educators to earn this prestigious "Master" title and is one of only 17 worldwide to be granted Emeritus status.

Emeritus status is an honorary title that may be conferred upon an individual Master in recognition of his years of dedication and commitment to excellence, professional growth, and service to the aviation community.

Stephen F Riethof is a retired USAF Lt. Colonel, a vice president and recent inductee into the Aviation Hall of Fame and Museum of New Jersey, as well as a representative in the FAA's Teterboro Flight Safety District Office area. ###

NJ Hall of Fame Holds 40th Induction Dinner

The New Jersey Aviation Hall of Fame announced the 2012 Inductees into The Aviation Hall of Fame.

The new inductees will receive their bronze plaques at the 40th Annual Induction Dinner on October 9, 2012, at The Fiesta Ballroom, in Wood-Ridge.

The 2012 inductees include:

• **Susan Baer:** Former General Manager, NJ Airports for the Port Authority and is currently the Director of Aviation for the entire organization. She was the mastermind behind the moving and restoration of the historic "Building 1" at Newark Airport.

• **Hank Rowan:** Founder of Rowan University, long-time pilot, and early proponent of business aviation in NJ.

He is President of Inductotherm which owns and operates Inductotherm Airport in Rancocas, NJ. He was also instrumental in building the Inductotherm Airport in Rancocas, NJ, and is president of Inductotherm which owns and

operates the facility.

• **Robert Widmer:** Military aircraft designer for Consolidated/Convair/General Dynamics, lead designer for among other aircraft, the B-58, F-111, RB-57 and the Tomahawk Cruise Missile. Earlier he was involved in the design of PBY Catalina and B-24.

The public is invited to attend. Dinner tickets are \$100 each. There will be a cash bar. For tickets or more information, please call 201-288-6344.

The New Jersey Aviation Hall of Fame was founded in 1972 and was the first state aviation hall of fame in the nation. Its goal is the preservation of the Garden State's 220 years of aviation and space heritage.

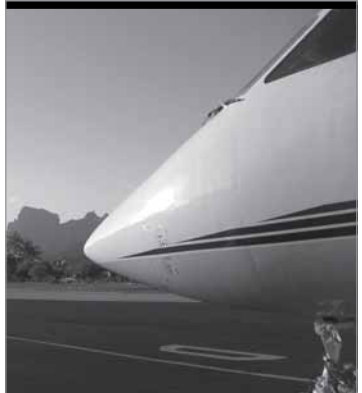
The Aviation Hall of Fame & Museum of New Jersey is located at Teterboro Airport. It is open Tuesday through Sunday from 10 a.m. to 4 p.m. ###

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A Feast to Behold!

On Saturday, July 21, 2012, from 3 p.m. to 7 p.m., The Sons of American Legion Post 310, in Little Ferry, held a "Pig Roast," in their grove. A full menu to include freshly cooked pork, London broil, hamburgers, hot dogs, salads, ice cream, etc., was provided.

About 200 attended, to include Veterans from both

the Veterans Memorial Homes of Menlo Park and Paramus, who were special guests. Live entertainment was provided by "TJ Jack and The Wood Peckers."

The American Legion Post 310 will be hosting a picnic on September 8, 2012 from 1 to 4 p.m. Donation is \$25 a ticket. Call Post at 201-641-9774 for details. ###



Veterans Today

By Thomas Marshall

On September 8, 2012, at 1 p.m., the American Legion Post 310 at 100 Liberty Street, Little Ferry, will host a barbecue picnic.

There is a donation of \$25, should you like to go. Come out and enjoy good food and fun.

September 17 marks the 150th anniversary of the Battle of Antietam. A battle that stands out among the others not only for its high casualty lists but, also the many odd turn of events that shaped this battle.

General Lee wanted to bring his Army of Northern Virginia north into Maryland to help draw recruits for his army and also to relieve the Virginia farmers of having their crops taken by the Army of the Potomac.

Numbers vary in different books but it is estimated that the Confederate Army had somewhere about 55,000 men. The Union Army had somewhere about 76,000 men.

The first strange thing we come across is the fact that General Lee knowing that he is outnumbered and moving into enemy territory, sends part of his army to take Harpers Ferry.

General Longstreet tells us in his memoirs that he advised Lee not to make this move in the face of a large enemy force. He did so anyway.

He moved his army into a defensive position with a creek in front of his army near Sharpsburgh, Maryland. His men would have some high ground but it is strange because he had the Potomac River behind him. If anything goes

wrong they have nowhere to go.

Not odd or crazy enough? Two soldiers from the Union Army find three cigars wrapped in a note that contained the layout of Lee's Army. It's everything General McClellan could have hoped for. He decided to attack the left side of the Confederate Army to collapse their flank, and destroy Lee's Army.

Early on the morning of the 17th, General Joseph Hooker led his 1st Corps through the creek and into the east woods north of the town. Then they advanced into a cornfield. Hooker, seeing Confederates in the cornfield, used cannon to try and drive them out.

It wasn't too long before both sides were shooting point blank at each other. Bayonetting and stabbing and clubbing one another with their rifles, in what was described as absolute savagery in the cornfield. Hooker's men were pushed back into the woods after taking and losing the cornfield many times. To help relieve Hooker, General McClellan attacked the center of the Confederate line.

John Gordon of Alabama was a Colonel in command of the area of the center known as the sunken road.

It was an old road that was a natural defensive position. In his memoirs he says he received the strangest orders from General Lee that morning. He was told he may not advance and he may not retreat. He must stay where he was.

If he thought this was bad luck, he must have felt cursed,

when over the rise in front of the sunken road, he and his men saw Old Glory and the unmistakable green banner, signifying the presence of the Irish Brigade bearing down upon his position.

The terrain of the Antietam field with rolling hills meant that you had to get up close to shoot the enemy. Long range firing was useless because you could not see your target.

The Union troops marched up to the center and poured point blank musketry into the Confederates. Archeology showed that the Irish Brigade used buck and ball loads here. That is one big round and several smaller rounds together like a shot gun.

Union troops broke the center but didn't keep it. Numbers of the dead and wounded on both sides were high. It was said that, the dead were piled four deep in some spots of the sunken road. Gordon was hit multiple times and was told he would have drowned in his own blood, except a bullet hole in his hat drained the blood out.

General Burnside was ordered to cross the creek south of the town and engage the Confederate Right. If breakfast in the Cornfield went bad and lunch at the sunken road no better, dinner would prove to be more of the same.

His men struggled to get across the bridge that was in his location. They took heavy losses there, and when they finally got across, they were pushed back by Confederates newly arrived from Harpers Ferry.

Twenty-three thousand men would be killed or wounded on this battlefield. The Confederates crossed back over the Potomac. They buried more men in Maryland then they recruited, but they would survive to fight another day.

America's bloodiest day, was claimed as a victory by both Armies at the time. Historians called it a draw. President Lincoln used the battle to issue the Emancipation Proclamation, which as we all know, outlawed slavery.

147 years after the battle a tourist found a bone sticking up out of a ground hog hole on the battlefield. Investigators recovered a skeleton of a Soldier. We know only three things about this Soldier. He was about 19 when he was killed. Uniform buttons found show he was from New York. Last but not least, he gave his life freeing generations of Americans and helped to bring Liberty to people that will never know his name. He was interred at the Saratoga National Cemetery in New York. ###

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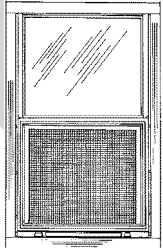
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Hire A Vet



Over 50 Moonachie seniors enjoyed a party at the Civic Center on Friday July 27, 2012. Featured entertainment was a comedy/magic show by Tommy Hilcken (www.tommymagic.com), provided by the Municipal Alliance. (l-r) Mr. K, Buddy Evers, Tommy Hilcken, Mayor Dennis Vaccaro and Phil Facendola. ###

Hasbrouck Heights Leisure Club to Resume Activities

After taking the usual July and August time off, the Leisure Club will hold its next regular meeting on Wednesday, September 12, 2012. Present members as well as new members are invited to attend this meeting.

Meetings are always held on the second Wednesday of each month from September through June. They are held at the Senior Center and begin at 12:30 p.m. The agenda for each meeting is a short business meeting followed by a program and refreshments. Dues for the year are \$12.

Ms. Rhonda Denet, a New York City based vocalist, songwriter and band leader will provide the entertainment for the September meeting. At the October 10 meeting, the members will be treated to an ultimate entertainment experi-

ence; mentalist Flavian will demonstrate his ability to read minds. His performance relies on his involvement with his audience. At the November 14 meeting the entertainment will be provided by Johnny B & Barb. They will bring back the great sounds of the 50s, 60s, 70s, 80s, and Doo-Wop. On December 3, the Annual Christmas Party will be held at The Fiesta.

On Tuesday, October 30, a trip to the world famous Culinary Institute of America in Hyde Park, NY has been planned. It will include a dinner prepared by the students and served at the St. Andrew's Café. The price is \$65 per person. Contact person is Cathy at 201-288-6651.

All senior citizens living in Hasbrouck Heights are invited to all their activities. Story by Peter Gallo Jr. ###

Central Bergen Chapter AARP to Resume 2012 Activities

During the past summer, members of the AARP Central Bergen Chapter #418 have been meeting to make final plans for meetings, programs, and trips. President Marie Gallo announced that the Program Committee, the Trip Committee and the Hospitality Committee are well on their way for another exciting year. The new fiscal year begins on Friday, September 14, 2012

President Marie encourages all seniors who are members of the National AARP to take part in the AARP Central Bergen Chapter's activities. They are welcome to attend any of the Chapter's meetings, attend programs that interest them, participate in planned trips and become a member of the AARP Central Bergen Chapter #418.

Program Chairperson Marion Davidowicz announced the schedule for the next three months. In September, Linda Cross from the Bergen County

Division of Senior Services will review current changes to Medicare Part D. On October 12, 2012, Flavian will entertain us with his ability to read minds. On November 9, 2012 Kevin Woyce, author and photographer will provide the entertainment and in December, the Annual Christmas Party will be held.

Central Bergen Chapter #418 AARP meets the second Friday of each month except during July and August. They meet at 12:30 p.m. at the M&M Building, 116 Holt Street, Hackensack.

Membership is open to seniors who are members of AARP and who reside in Hackensack, Hasbrouck Heights, Maywood, Rochelle Park, Little Ferry or South Hackensack. New members are always welcomed. The next meeting is Friday, September 14, 2012. Story by Peter Gallo Jr. ###

Fitness Classes

The best kept secret in South Bergen County is the unbelievable fitness classes that are available at 55 Kip Center.

The center, located at 55 Kip Avenue in Rutherford, offers Aerobics, Body Strengthening, Floor Exercise, Zumba, Tai Chi Chih, Men's Fitness, Dancercise and much more.

The 16 week fall session will begin Tuesday, September 4, 2012, and run until Friday, December 21. For more information call Cathy at 201-460-1600. ###

W-R Health Consultations

The Borough of Wood-Ridge offers free health consultations at the Wood-Ridge Senior Center from 11 a.m. to 1 p.m. on the 1st and 2nd Thursday of every month.

Services include health history evaluation, blood pressure check, height and weight measurements, counseling and education, referral, consultation, etc. For more information call 201-935-8852. This program is sponsored by Community Development in cooperation with the Bergen County Department of Health. ###

HH Annual Senior Wellness Luncheon

The Hasbrouck Heights Board of Health is sponsoring an Annual Senior Wellness Luncheon on Thursday, September 20, 2012, at the Borough Hall Senior Center, 320 Boulevard, from 11 a.m. – 2 p.m. No registration required.

This is an invitation to all senior residents of Hasbrouck Heights. The free lunch is provided by Care-One of Wallington of Hackensack. Guest speaker will be Carol Brush from the Health Awareness Regional Program of HUMC. If you have any questions please call 201-288-1636. ###

September 2012 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, September 10, 17, 24

10:00 a.m. to 1:00 p.m. Games, cards & coffee
11:00 a.m. Mahjong
10:00 a.m. to 3:00 p.m. Senior Lounge open

Tuesday, September 4, 11, 18, 25

10:00 a.m. Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Card Game Night

Wednesday, September 19, 26

10:00 a.m. Games, cards & coffee
2:00 p.m. Senior Aerobics \$1.00
10:00 a.m. to 2:00 p.m. Senior Lounge open

Thursday, September 6, 13, 20, 27

10:00 a.m. Games, cards & coffee
11:00 a.m. Mahjong
2:00 p.m. Senior Yoga \$1.00
10:00 a.m. to 2:00 p.m. Senior Lounge open

Friday, September 7, 21

10:00 a.m. Games, cards & coffee
10:00 a.m. to 3:00 p.m. Senior Lounge open

Friday, September 14, 28

10:00 a.m. Fun Bingo
10:00 a.m. to 3:00 p.m. Senior Lounge open
Check Center Bulletin Board for any changes

CLUB MEETING SCHEDULE

Wednesday, September 5

10:00 a.m. Leisure Club Executive meeting

Wednesday, September 12

12:30 p.m. Monthly meeting. Entertainment provided by Rhonda Denet.

UPCOMING EVENTS

OPEN TO ALL SENIORS

Trip to Culinary Institute of America

Tuesday, October 30: Trip includes transportation, luncheon prepared by students and tour of the Institute. Price is \$65pp. Bus leaves at 7 a.m. Call Kathy at 201-288-6651.

Carlstadt Senior Friendship Club

The Carlstadt Senior Friendship Club meets on the first and third Wednesdays of the month at 1:30 p.m. at the Civic Center. All Carlstadt seniors are encouraged to attend. Scheduled trip is September 11, 2012, Mt. Airy Casino. Call Eileen at 201-933-6949. ###

Vic's Hoofers Auxiliary

The Vic's Hoofers Auxiliary is a woman's social club that meets the first Thursday of the month at the Carlstadt Civic Center. Meetings are held at 7 p.m. and an evening of fun and games are enjoyed. Refreshments are served and new members from Carlstadt, Wood-Ridge, East Rutherford, Wallington and surrounding towns are invited. Call Dolores 201-939-5163. ###

Lodi Seniors Club Seeks New Members

The Lodi Senior Citizens Club announced the Club will be open every Thursday to anyone 55 or older who lives in Bergen County, including all neighboring towns. Recreational choices are senior yoga from 11 a.m. to noon, followed by Bingo at 1. Line dancing starts at 1 p.m. Games, ping pong, billiards, cards, or bocce in season or, you can just sit and chit chat. For members, the charge for a Thursday visit is 50 cents. The membership fee is \$10 per year. The cost for the day is \$2 pp. Refreshments are served. You do not have to be a member. For more information call the Club on Thursdays at 973-472-6994. ###

Seniors are Squeezed Between Higher Costs and Fixed Incomes

Twenty-Five Percent of the State's Senior Population Can't Cover Basic Needs, Such as Food

TRENTON, NJ - August 7, 2012 – In just two short years, the cost of living for seniors on a fixed income in New Jersey has increased 8 percent, according to statistics recently released by the New Jersey Foundation for Aging (NJFA). Grace Egan, executive director of the NJFA, said seniors on fixed incomes have been plagued in recent years with rising expenses for housing, transportation and health care. Most concerning has been senior hunger.

"This is the population in New Jersey that can least afford the trend in rising expenses," Egan said. "The result is a widening of the gap between household expenses and their income, our report shows."

The NJFA develops an "Elder Index" that details how seniors are faring in the slow economy. The latest data shows that 250,000 seniors over the age of 65 in New Jersey – representing 25 percent of single and elderly couples living in the community – do not have the money to cover their basic costs. Sixty-four percent of this

demographic is women.

Food insecurity is a focus. If seniors participated in congregate nutrition programs, the USDA Farmers Market Coupon Program and SNAP (Food Stamps), NJFA conservatively estimates a senior could have an additional \$600 to cover basic expenses.

Working with several partners, NJFA has seen a growth in senior enrollment in SNAP of more than 36,000 eligible seniors over the past three years. It is estimated that another 130,000 seniors are eligible as well so more work is needed.

In Bergen County, a project was funded through the Pascack Valley Meals on Wheels Program to bring services to elders of the Ramapough Lenape Nation.

Founded in 1998, the NJFA is working to improve and ex-

pand the delivery of services statewide to senior citizens, helping ensure they can live independently in the community for as long as possible. The foundation supports worthy projects through its grant program – such as the urban gardens – that help fulfill the mission.

"More important than any one isolated service is the interplay and integration of the services in an effective combination to keep older adults as independent as possible and integrated in our communities for as long as possible," Ms. Egan said.

Besides senior hunger, the foundation focuses on addressing key issues of concern for the elderly, access to community based services, caregiving, transportation, employment, and economic security including chronic illnesses affecting seniors, she noted.

For the facts of this study go to: www.njfoundationforaging.org ###



Filling You In

By Jeffrey E. Mason, D.M.D.

A Sore Subject Canker and Cold Sores

Cold sores--commonly known as oral herpes or fever blisters--tend to have a cruel sense of humor.

These wicked, little social-spoilers are painful, unsightly, and seem to have a predisposition to pop up just before a first date, job interview, dance, high school reunion or wedding.

Cold sores are groups of often-painful blisters filled with fluid that appear around the lips and sometimes under the nose.

Cold sores are caused by herpes simplex virus 1 (HSV-1) living inside the nerve tissue. Other causes include ill-fitting dentures, braces, the sharp edge of a broken tooth or bacteria, according to an article in AGO Impact, the Academy of General Dentistry's (AGO) monthly newsmagazine.

The National Institutes of Health reports that HSV-1 infects more than half of the U.S. population by the time they reach their 20s.

A person usually experiences his or her first cold sore infection in childhood, according to AGO spokesperson Maharukh E. Kravich, DDS.

"The first time a person gets the lesions it can be quite painful-especially in babies," she says. "The child should be taken to the doctor immediately when this is evident."

Once a person has had a cold sore, the virus stays in the body and can become active throughout the person's life.

Infection tends to recur when the virus is reactivated by a trigger such as decreased immune response, lack of sleep, stress or trauma. Dr. Kravich says that "the important thing is to not spread the virus when it is in this active stage to other sites of the body or to another

person."

Cold sores are highly contagious and can be transmitted orally or genitally by intimate physical contact with others and sharing eating utensils, toothbrushes, towels and razors.

If the virus is transmitted or contracted, sores usually develop anywhere from two to 12 days after exposure to an infected person. Other persons with a primary infection may have flu-like symptoms such as a high fever, sore throat, swollen neck glands and mouth soreness.

Cold sores are common and rarely cause complications. Outbreaks are usually mild and do not last longer than two weeks; however, Dr. Kravich advises, "Should the lesions be spread to a wide area and/or spread down the throat and affect swallowing, eating, or drinking, then the patient should contact their dentist and physician."

If a cold sore causes discomfort, your dentist might prescribe antiviral medications to reduce the frequency, duration and severity of outbreaks.

Most importantly, it is best to see your dentist so that he or she can accurately diagnose cold sores and base treatment on important factors such as age, overall health, medical history and tolerance for specific medications.

How to minimize recurrent outbreaks:

- Eat foods high in lysine (an amino acid found in red meats, fish, and dairy products) or take supplements
- Apply sunscreen to the face and lips before going outdoors
- Shave with a disposable razor during an outbreak
- Replace your toothbrush
- Engage in relaxing activities to reduce stress

Ref: Dentalnotes, Fall 2008, Academy of General Dentistry

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

W-R Health Department Annual Blood Screening

The Wood-Ridge Board of Health is offering the Annual Blood Screening Program at the Senior Center, on Tuesday, September 25, 2012, from 7:30 a.m. to 10 a.m.

It will consist of a CBC, CHEM 23 and Lipid Profile, with results sent to your private medical doctor. Cost is \$20.

A T4 (thyroid) blood test is \$5. A Homocysteine level, an amino acid that, when elevated, may lead to blockage in the arteries, is \$30. PSA testing

(male), a blood screening tool for detection of prostate cancer, is \$30.

All payments must be made in cash. No checks accepted. No blood test additions or substitutions permitted.

This program is open to all adults 18 years or older. Minors may be tested with parental consent.

Appointments must be made in advance on Tuesdays or Thursdays from 9 a.m. to noon. Sign-ups will be held at the Municipal Building, 85 Humboldt Street starting now.

At the time of registration, bring two large, stamped envelopes -- one with your name and address, the other with your medical doctor's name and address (mandatory).

A 12 hour fast prior to your appointment time is required. Refreshments will be served.

Call the Health Department for sign-up times and dates at 201-939-2161. ###

Food Bank

The Hasbrouck Heights Food Pantry is open Mondays from 9:00 a.m. to 11:00 a.m. for residents. Donations are always welcome. Call Borough Clerk's office for more information at 201-288-0195. ###



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Eat, Live & Love

By Philip Miuccio



As far back as I can remember, my childhood was a journey that contained many smells and tastes, that brings back a rush of fond memories.

Through good times and bad times, loved ones of long ago are remembered through the smell and taste of certain recipes.

Memories so strong you would think you are actually smelling and tasting the dish while you are enjoying the company of that person or persons as if they are sitting right next to you.

For as long as you keep them in your mind and heart they are not truly gone.

My goal is to share with you these stories/recipes and hopefully thru my humble recounting, you may also remember your loved ones and their recipes that you hold near and dear to your heart. *Mangia, Viva, Amore. Eat, Live & Love.*

The Best Linguini with Clam Sauce

In the 1960s, my father, Sebastiano, would travel from East Harlem, NY, every November to Bronx, NY, to help his Aunt cover her fig trees to survive the winter. This “covering of the fig trees” is a tradition of many Italians and Mediterranean immigrants. The “old timers” brought cuttings of fig trees with them when they came to America to start a new life, bringing a bit of the old country with them.

Every year my father would bring me and my brother, Michael, with him to assist with this task. The young would help the old, a trait that, sad to say, has fallen by the wayside. This was hard work as branches were carefully tied together and then wrapped with blankets and stuffed with leaves to protect the tender tree from the cold winter weather.

The top was proudly fitted with a garbage pail. Many a street in every neighborhood could identify the “Old Timers” seeing who had these “trees of honor” in their yards.

My Great Aunt would call me “Fegia me-a” which means “son of mine.” No one could leave her house without getting something to eat, even a visit which did not require work, was met with many kisses and a hot meal of simple yet delicious dishes that she learned from her Mother and Grandmother in Italy.

While my Mom was a good cook, she did not make that type of sauce. The first time I had linguini with clams was

in NYC at a friend’s house. The sauce came from a can and the sauce had a bitter taste and was not very good. So my experience with this dish was not good.

But since this was my Great Aunt and back in that time you ate what was set in front of you, I was prepared to see how different hers was.

As she served me the plate of pasta the first thing I noticed was the smell of citrus, basil, garlic, tomatoes and a sweetness I could not describe.

As my father was cutting some bread to dip, yes carbs with carbs, I twirled my pasta and took a bite.

To my amazement, the taste was fabulous, I should have known better. The clams were tender, sweet and meaty and leftover sauce was scooped up with the crusty Italian bread and savored.

As I was enjoying every bite, my Aunt asked me how it was. I told her it was fantastic, and delicious. I then asked her, what can she got the clams from to make the sauce.

She looked at me with a look of astonishment and asked, “Cana, whata you meana cana. You only use fresha clams.” She then showed me the shells in the bag that she threw away to prove to me that they were indeed fresh.

She started talking to my Dad in Italian rather fast, and I could not get all the words she was saying. But I was able to pick up the fact that she was complaining about who in their right mind would use canned clams. To her this was a crime, old school through and through.

I learned a valuable lesson that day. Use the best ingredients that you can afford but make sure they are fresh and all your dishes will always come out great. If you could not do that, then go visit your Aunt who still cooks the “Old Dishes” the old way and enjoy.

Till next time, Mangia, Viva, Amore.

Ingredients

- 1 lb thin Linguini pasta, can be fresh or good quality dry
- 8 oz white wine, use white wine you would drink
- 2 cups of water
- 2 lbs clams, little necks work great, clean shells well to remove sand and grit
- 2-5 large garlic cloves minced fine, use as little or as much as you like
- ¼ stick of butter
- Fresh oregano
- Fresh basil
- Juice of 1 lemon

- Some lemon zest
- ½ cup olive oil
- 1 teaspoon crushed red pepper flakes - optional
- Salt and pepper to taste

Follow instructions on pasta package for cooking.

In a pot, put in 2 cups of water, bring to boil, salt and pepper to taste. When water boils, add clams. When they open, they are done. Remove from heat drain, saving the water.

Once the shells are cool enough to handle, remove meat and place in bowl, and discard shells. Bring clam broth back to boil, add wine and reduce a little.

In a pan on medium heat, add butter and oil, once melted add garlic and soften, add basil, oregano and pepper flakes, then add to clam broth, taste and adjust seasoning.

After pasta is cooked put a little sauce on them, toss to keep them from sticking.

Serve in bowl and pour some clam sauce over, garnish with some chopped basil, sprinkle with the toasted bread crumbs.

Serve with crusty Italian bread for sopping up the sauce and pour a glass of your favorite wine and enjoy!

Keep in mind this is a guide, you could use mussels, shrimp, if you like or add them to the clams as well. Add some fresh mint for bold taste.

Toasted bread crumbs

- 1 cup dry seasoned bread crumbs
- ½ stick butter
- 3-4 tablespoons olive oil
- 1/4 teaspoon anchovy paste optional
- ½ teaspoon crushed red pepper flakes - optional

Get a pan screaming hot; then add your butter and olive oil, this will add flavor and keep the butter from burning. Add red pepper flakes and anchovy pasta and stir into butter oil mixture.

Add your bread crumbs and keep stirring the mixture until it is golden brown, if you like it darker make it so. Just make sure you do not burn it.

When done remove from heat by taking out of the pan and placing in bowl. Sprinkle on your pasta dish. If you wish to use this for a non-fish dish, then add some of your favorite grated cheese to the mixture after it has cooled.

Brings a whole other profile to the meal. Please use the good stuff, whatever you can afford, better to buy a little of the high quality than buy cheap stuff and have it wreck your dish. *Enjoy. ###*

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5 Tips for First-time Home Buyers

Buying a home can be thrilling and nerve-racking at the same time, especially for a first-time homebuyer. It's difficult to know exactly what to expect. The learning curve can be steep, but most of the issues can be resolved by doing a little financial homework. Take these five steps to help make the process go more smoothly.

Check your credit

The credit score of the buyer may be the most important factor when it comes to qualifying for a loan these days. To get a sense of where your credit stands, go to AnnualCreditReport.com to get your free credit report from each of the three credit bureaus. Scour the reports for mistakes, unpaid accounts or collection accounts. Repairing damaged credit takes time and money if you owe more than lenders would prefer to see relative to your income. Remember to begin this process at least six months before shopping for a home.

Evaluate assets and liabilities

So you don't owe too much money and your payments are up to date. But how do you spend your money? Do you have piles of money left over every month or are you on a shoestring budget? A first-time homebuyer should have a good idea of what is owed and what is coming in.

Additionally, buyers should have an idea of how lenders will view their income, and that requires becoming familiar with the basics of mortgage lending. Concisely, how you receive and report income as well as how you write off expenses can make a difference to lenders.

Organize documents

The documents homebuyers must produce to be considered for a home mortgage, are those which authenticate their income and taxes. Typically, mortgage lenders will request two recent paystubs, the previ-

ous two years' W-2s, tax returns and the last two months of bank statements -- every page, even the blank ones.

Qualify yourself

Ideally, first-time homebuyers would know how much they can afford to spend before the mortgage lender tells them how much they qualify for. By calculating their debt-to-income ratio and factoring in a down payment, buyers should have a good idea of what they can afford to invest, both upfront and on a monthly basis, when it comes to their home. Though there's not a fixed debt-to-income ratio that lenders require, the old standard dictates that no more than 28 percent of your gross monthly income be devoted to housing costs, called the front-end ratio. Including all debts with housing costs is the back-end ratio, and lenders prefer this to be under 41 percent.

Figure out your down payment

Scraping up that initial down payment takes some effort. Though FHA loans require a less substantial down payment than conventional loans, it can still be a huge chunk of money for a young person or couple.

Some borrowers working with a state housing finance agency can use the tax credit for a down payment. However, not all state agencies are offering interest-free or low interest loans to be paid back with the tax credit funds. Other programs can assist buyers with qualifying incomes and situations.

Speak with mortgage lenders when you're starting the process. Check with friends, co-workers and neighbors to find out which lenders they enjoyed working with and ask them questions about the process and what other steps first-time homebuyers should take. ###

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Reflections

Lord of the Storm

By Rev. Timothy Ippolito, Pastor
Faith Reformed Church, Lodi

In the lazy days of summer it's not uncommon for a sunny and pleasant day to be suddenly rocked by a late-afternoon thunder storm.

We expect them from time to time and often welcome them for the refreshing rain and coolness they bring.

However, it seems lately that devastating storms have been on the increase - tornados in the Midwest, wildfires in the far west and even the freak snow storm last October that downed trees and left many including myself without power for days.

But as I think of these storms, I also think about the storms that occur in people's lives every day. A conflict at work, financial trouble, or job loss. Maybe you are struggling with poor health or a challenging relationship. Storms that are private and personal, but just as destructive.

Storms are very much a part of life. The Bible records a story of a particular storm that came up suddenly and with great furor on a day when Jesus and his disciples were traveling on the Sea of Galilee.

The storm was so violent that it threatened to capsize the boat. The peculiar thing about this situation is that while the disciples were freaking out, fearful of dying, Jesus was asleep in the boat. What a contrast. How could he be sleeping while the storm raged? How could Jesus find time to take a nap while his disciples were scared out of their wits? How could there be a demonstration of peace and tranquility in the midst of roaring winds and waves?

That was the same question the disciples asked. "Teacher, don't you care if we drown?" If we are honest, one of the first things many of us do when a storm arises in our lives is to ask, "Why God? or "God, don't you care?"

Our emotions are raw and we feel as though God is also asleep on us. Jesus responds to the disciples...and to us, "You of little faith, why are you so afraid?" I suppose what Jesus is getting at is this, "Don't you know who's in the boat with you? I'm the one who made the water and the winds. I am the Lord of this storm."

Psalms 23 has brought comfort to generations of people because of those beautiful

words of the psalmist whose God promised to be with them in the middle of their storm. "Even though I walk through the darkest valley, I will fear no evil, for you are with me."

God with us - in the storm - comforting us and leading us through the storm.

Someone rightly said, "Peace is not the absence of trouble, but the presence of God." It's peace through the storm. That's why Jesus rebuked the disciples. In essence he's saying, "As long as I'm in the boat I've got your back."

Nevertheless, Jesus, "got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm."

Amazing! In doing so he demonstrated he was no ordinary man. Usually when some have tried to change the weather they have evoked the names of gods asking them to alter the situation, but here Jesus speaks directly into the storm, "Quiet! Be still." And it was completely calm. No ordinary man, indeed.

And if the disciples were afraid as the storm raged, the Bible says now they "were terrified" and ask "Who is this? Even the wind and the waves obey him!" Yes, he's the Lord of the storm... in the boat with us. ###

Rally Day

Holy Trinity Lutheran Church in Hasbrouck Heights and The Lutheran Church of the Redeemer at 475 Maywood Avenue, Maywood, are holding a joint service and Rally Day celebration on Sunday, September 9, 2012.

At 10:30 a.m., on the front lawn at Redeemer in Maywood, there will be an outdoor service of Holy Communion and a blessing of teachers, students and backpacks.

Immediately following the service there will be a picnic, petting zoo, games and pony rides, etc. In case of rain, worship and picnic will be indoors.

All are welcome. Let them know that you are coming by calling 201-288-6889; or 201-845-8779. There will be no services at Holy Trinity in Hasbrouck Heights on September 9. ###

Pray for Peace

Rosary Society of Corpus Christi Church

The Rosary Society of Corpus Christi Church is preparing for a new year. Members have received a letter outlining the upcoming meeting dates, programs, and special events.

The first General Meeting is Thursday, September 6, 2012, in the school cafeteria. The meeting follows recitation of the Rosary at 7:15 p.m. and Mass in the Chapel celebrated by our Moderator, Reverend Raymond Holmes. They are hoping to get off to a running start, and urge all Rosarians to come to the meeting and bring a friend!

The schedule for the upcoming months includes the following:

- Saturday, September 15 – Visit to Bergen Regional Medical Center for recitation of the Rosary with residents.

- Sunday, October 7 – Annual Communion Breakfast at the Fiesta following ten o'clock Mass in the Chapel. Reverend Juan Camilo Restrepo, the new Parochial Vicar, will be the Guest Speaker. The donation for the breakfast is \$18 and tickets will be available at the September 6 meeting.

- Thursday, October 11 – General Meeting (*Brown Bag Auction*)

- Thursday, November 8 – General Meeting (*preparation of Christmas Stockings for local children – new and unwrapped gifts*)

- Wednesday, December 5 – Christmas Gathering at The Graycliff in Moonachie. The donation is \$40. Details will be discussed at our General Meeting.

They encourage the women of the parish to join the Rosary Society in prayer and service to the parish. Members are required to say one decade of the Rosary daily, to attend monthly meetings (*first Thursday after the first Sunday of the month*), to pray the Rosary for deceased members, and to participate whenever possible in various service projects. Simply come to a General Meeting or call Membership Chairperson Dee Sullivan 201-288-7415 for further information. *Story by Carol Viceconte. ###*

Holy Trinity Fall Events

Members and friends of Holy Trinity Lutheran Church at 92 Burton Avenue, Hasbrouck Heights, are looking forward to a very busy fall schedule: beginning with Rally Sunday on September 9 in Maywood, and the start of Sunday Church School on September 16.

Holy Trinity is looking forward to a new fall Sermon Series on the Letter of James, God's Grace and Faith's Response, beginning on September 16.

- September men's gathering with theme, "Living Faithfully, Not Perfectly," which will be a pool party on September 22, from 10 a.m. to 1 p.m.

- Bell choir rehearsals with the Joyful Noise Ringers on September 20, at 7 p.m.

- Bible study series entitled "Living Faithfully" (*The Ten Commandments for Today's World*) on Wednesdays in October from 6:30-8:30 p.m.

- A special Blessing of the Animals and Commemoration of St. Francis service on October 7, beginning at 12:30 p.m.

- The showing of the 1998 PG-Rated American Comedy-Drama film, "Simon Birch," with a meal beginning at 5:30 p.m.

- A Chicken and Chips Dinner, catered by Tastefully British, for the benefit of Family Promise on October 23, from 5:30 to 7 p.m.

- Confirmation classes begin on October 1.

- Beginning October 7, Sunday morning Adult Forums (9:45 – 10:45 a.m.) are scheduled: October 14 -- "Living Faithfully"; November 18th -- "Renewing Hope"; and December 16, "Sharing God's Love."

- December 1st, Saturday morning rehearsals begin for a children's pageant, "Stars! Angels! Shepherds! Kings!"

Holy Trinity welcomes you to participate in any or all of the events that capture your interest. Check out their website at www.holytrinityhasbrouckheights.com for a complete calendar, or call the Church office at 201-288-6889 for more information. ###

Homecoming Sunday at St. John's September 16

The Episcopal Church of St. John the Divine, corner of Terrace and Jefferson Avenues in Hasbrouck Heights, invites you to join them as they celebrate Homecoming on September 16, 2012, with Holy Eucharist at 10 a.m.

After morning service, there will be a BBQ on the Church grounds with games, prizes, balloons, etc..

No one is ever too old to have a fun filled day. Church School registration will also be held at this time.

Mark your calendars! Join them as theycelebrate the Life of Christ and their Homecoming. ###

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AWANA Begins

AWANA begins Wednesday September 12, 2012, 7 to 8:30 p.m. at **Bible Baptist Church**, 31 Passaic Avenue, Hasbrouck Heights in the Multipurpose Room and the Children's Area.

AWANA clubs make kids winners and provides an exciting evening of fun and learning for children four years old through Sixth Grade.

Kids get excited about the games, awards, and friends they make. Along the way they discover a relationship with their greatest friend... Jesus.

Parents get excited about the growth they see in their children socially, emotionally, and especially spiritually. For more information please contact Joe Hegedus at MrJoeProv226@yahoo.com or by calling 201-288-4139 ext. 17. ###

Maywood Temple Hosts Welcome Picnic

Reconstructionist Temple Beth Israel (RTBI) of Bergen County, located at 34 West Magnolia Avenue in Maywood, will host its annual welcome picnic event on Sunday, September 9, 2012, from 1 to 4 p.m.

Anyone interested in learning more about the synagogue, or its Hebrew school (*Children's Learning Center*) are invited to attend, free of charge.

A potluck picnic lunch will be provided and guests may tour the historic building while getting acquainted with members and the new Student Rabbi, Ellen Jaffe-Gill.

Reservations are strongly encouraged and may be made by calling and leaving a message at 201-845-7550 ext. 1 (special events), or visit www.rbti-online.org ###

Pre-Cana for Engaged Couples to be Held in W-R

Assumption Church in Wood-Ridge will be offering a full day pre-cana program on Sunday, October 28, 2012.

Engaged couples who participate will attend the 11 a.m. Mass where their engagement rings will be blessed. At the end of the Mass they go to the Hayes Center where a light lunch will be served.

Throughout the remainder of the afternoon the couples will have an opportunity to discuss honestly with each other their strengths and weaknesses in family living, communication, finances, Christian sexuality, problem solving, the Sacrament of Matrimony and their role in the Church and society, all under the supervision of married couples.

The pre-cana program ends at approximately 7 p.m. All engaged couples who will be married within the next year should consider attending.

If you need more information or wish to sign up, please contact Marie at 201-288-0276. ###

Assumption Ministry Fair

Stop by after Mass on September 9, 2012, at the Father Patrick Morris Hall in the W-R Assumption Church. There will be members available from various ministries to let you know what they do and the ways you can participate and become a member. Joining a Ministry can be a very fulfilling and spiritual way to connect with both the parish and community. ###

Presbyterian Sunday School Starts Sept. 9

Children from preschool through elementary school are welcome to come and learn about Jesus, explore the Bible, and learn to serve God and others on September 9, 2012, at 9:30 a.m.

At First Moonachie, the Sunday School hour is before the regular worship service, and families are invited to stay for worship at 11:00 a.m.

At First Wood-Ridge, families gather at 9:30 a.m. in the sanctuary for the main worship service and praise time, and children will go to class with their teacher after the "Time for the Young At Heart" by the Pastor.

There is no charge, but pre-registration would be helpful. Please call the parish office at 201-438-8966. ###

Holy Moly

Holy Trinity Lutheran Church in Hasbrouck Heights at 92 Burton Avenue announces that Sunday Church School classes will start on September 16, 2012, from 9:45 a.m. to 10:45 a.m.

This year, Sunday School teachers will be introducing a new curriculum from Augsburg Fortress called "Holy Moly!" Each "Holy Moly" lesson starts with an animated Bible story retelling and an activity to jump start kids' imaginations about what they'll see and do. This curriculum helps kids engage in Bible stories in a variety of ways and gives them a chance to relate the stories to their everyday lives.

On the second Sunday of each month beginning in November, Pastor Susan Nelson-Colaneri will lead Sunday School and children's worship. Parents are invited to join.

To enroll your child or children in Sunday School go to: www.holytrinityhasbrouckheights.com or call the Church office for a registration form. Please bring or mail the registration form to the Church office or bring it with you on September 16, the first day of classes. ###

Water, water everywhere...

Vacation Bible School at Holy Trinity Lutheran Church found children having great fun as they "Splashed in God's Word."

They heard stories of a flood and a promise (*Noah's Ark*), how Jonah was saved from the big fish so he could tell God's story to others, how Peter's trust in Jesus brought him back to the safety of the boat (*Walking on Water*), how Jesus welcomes all people to talk to him and tell Him of their needs (*Woman at the Well*), and of Lydia who welcomed people into her home to be baptized reminding us that everyone is welcome in God's family.

Games and art activities centered around the theme, "Splash in God's Word," and included lots of water games, relay races, parachute fun, making colorful water droplets with melted crayons, spin art, putting their own pictures in the "belly" of a "big fish" frame, placing a seashell in their own hand-made purple cloth pouches as a remembrance of their baptism, and cooperating in the creation of a graphic novel entitled "Walking on Water." You are invited to catch a glimpse of the week's activities on our interactive website, www.holytrinityhasbrouckheights.com ###

Rosary Altar Society of Assumption Parish

The Rosary Altar Society is looking for new members. Being a Rosarian is a great way to connect to the Blessed Mother through the way of the Rosary. It is also one of the most flexible and convenient ways to become more involved with the parish.

Meetings are the first Tuesday of each month from September to June. The Society also has some wonderful events that are not only fun but rewarding in the spirit of giving and support of those in need.

Events such as our spectacular baby shower for the Birthright organization for moms in need. In addition, we have a cake sale, annual Communion Breakfast, Christmas Party and annual picnic in June.

The San Alfonso Retreat is an amazing experience that many of the Rosarians also participate in.

We honor Mary in the month of May with an evening of reflection and the Coronation of the Blessed Mother with the assistance of the First Communicants.

The Rosary Altar Society is more than just the ladies responsible for the altar linens. Don't be fooled though, we are passionate about the care of the altar linens.

Above all, our love and dedication to the Blessed Mother is our ultimate bond. We begin each meeting by praying the Rosary together and celebrating Mass as a family followed by refreshments and conversation.

All women of the parish are always welcome and encouraged to join, especially now at a time when life can seem stressful and demanding. So, put down your iPhones, turn off Facebook, and come hang out with a wonderful group of women. Remember... Mary is waiting for you. *Story provided by Rose Lepore.* ###

Assumption Religious Education Program

The Religious Education Program officially kicks off September 16, 2012, and is sure to be a fun and faith filled program. Volunteers are always needed for Catechists, Aides, Curb Officers and Substitutes.

Classes are held in The Hayes Center and in the Father Patrick Morris Hall in Church. For more information please contact the Religious Education Office at 201-933-6118 or email at arewrnj@yahoo.com ###

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Real Estate Insight

By Mary Ellen Courtney



Have you got what it takes to be a FSBO?

Before you head down the path of reading this article, you need to know that I think it's great that people try and sell their own homes when they feel that they can.

I am not an anti-FSBO kind of agent. I equate it with people who choose to do their own taxes vs. hiring a CPA. Some people want to do it on their own and some people want to hire it out.

Bashing FSBO's is in poor taste. So if you are looking for a "pro real estate agent, you can't live without me" type of article, just stop now.

In this still relatively down market here in the Hasbrouck Heights/Wood-Ridge area, many sellers are trying to decide whether or not to take on the sale of their home themselves or hire it out.

What choice you make depends on....

- a) What kind of time you have to devote to the sale of your home
- b) What skills you have
- c) Whether or not you understand the real estate process in New Jersey.

Some sellers are perfectly capable of selling their home on their own. Absolutely! There's no denying it! Some people

really can do it themselves. People who are successful in selling their own home tend to do the following:

1. Be internet savvy. They understand the power of marketing on the internet and take advantage of that.
2. Read the laws. That's right...just because you are selling it yourself does not mean that you are exempt from local real estate laws.
3. Have sold a home before. It is really hard to sell your home FSBO (*not saying you can't, just harder,*) when you haven't been through the process before.
4. Are patient. Most FSBO's take a little longer to sell. You tend to get fewer showings because you are harder to find, but you will get them. You just have to be patient.
5. Ignore the propaganda. As a FSBO, you will be inundated with calls, emails,

letters, etc., about your home. These will mostly be real estate agents. Your ability to sell FSBO depends on your ability to set aside the slick "scripts" that agents are taught in order to "convert" you into a client.

6. Can be objective. You HAVE to be able to look at your home objectively and see what is good about it and what is bad about it. (*Are you a \$50 box of chocolates in a \$5 world?*)

7. Are reasonable. If you are a reasonable person you can have a very smooth real estate transaction. FSBO sales tend to go awry, when one party attempts to bully the other party into submission.

Selling your home yourself - especially in this market - will be a long process. You need to ask yourself, whether or not you have the patience for the process. Lacking that, it may make better sense to call in the services of a good, skilled professional....

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

Kiwanis Club to Celebrate 60 Years of Service

For 60 years the Kiwanis Club of Hasbrouck Heights and Teterboro has been a quiet force behind many charitable projects taking place throughout Hasbrouck Heights. They donated money to the public Library to purchase youth books and to the Reach Program to help them meet their financial responsibilities.

They annually donate to the Friendly Neighbors at Christmas time to assist residents who are in need. At Easter time the Club obtains \$50 gift cards that can be used at Shop Rite. These are given to the Friendly Neighbors for distribution to the needy. Bill O'Shea's Florist also sends along a plant to accompany the gift cards. Club members purchase Christmas gifts for children who have been identified by the Friendly Neighbors.

The Kiwanis Club has sponsored a Little League Team; has given out scholarships to graduating seniors; and for the past 45 years, has donated to the Student Loan Fund.

For the last 17 years they have donated to special education programs that benefit local and county students. They have also supported many other local, national and international causes.

President Dr. Burnett Egloff recently stated, "There are a lot of things we do that the public in general doesn't know about because we haven't put labels on them."

Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time. On September 30, 2012, the Kiwanis Club will celebrate its 60th year of service at a brunch which will be held at the Maywood Inn. Story by Peter Gallo Jr. ###

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Schools Open - Drive Carefully

W-R Police Chief's Golf Outing Sept. 28

The 12th Annual Wood-Ridge Police Chief's Golf Outing is Friday, September 28, 2012, at the Apple Greens Golf Club in Highland, NY.

Cost is \$150 per golfer (*dinner only is \$75*), and includes breakfast, hot dog cart, beverage cart, golf w/cart, hole-in-one contest, gifts, prizes, etc. Shotgun start at 11 a.m./scramble format. Starting at 6:30 p.m., there is an open bar, cocktail hour, buffet dinner and

comedy show at the Fiesta.

The event is sponsored by the Wood-Ridge PBA Local 313 and is a fundraiser for the police body armor vest fund and various W-R recreation programs. The W-R PBA will be hiring two 50-passenger tour buses leaving the Fiesta at 8 a.m. -- available on a strictly first-come-first-served basis. Please RSVP by September 20, 2012. For more information, call 201-939-2497. ###

Moonachie Mystery 5K Run

The South Bergen Rotary Club is gearing up for its 1st Annual Moonachie Mystery Run to be held Saturday, October 27, 2012. Starting line will be right outside the ball fields on Redneck Road.

Check in begins at 7 a.m., race starts 8 a.m. and "Fun Run" starts at 9 a.m.

Course is USATF Certified and Sanctioned with Compuscore bar-code scoring.

Registration fee is \$20 per runner until one week prior and \$25 day of race, \$5 per fun runner until 1 week prior and \$7 day of race.

Prizes for top male and female overall, and top three finishers in each age group. Also, prizes for best costumed male and female runner plus there will be three prize winners for "Best Decorated House on the Course." There will be food, DJ and great give-a-ways.

Proceeds will benefit Parent Project Muscular Dystrophy (www.parentprojectmd.org) and other local charities.

Details and registration at www.compuscore.com and www.southbergenrotary.org ###

5K Walk Oct. 6 at Depken Field

The Children's Dyslexia Center of NJ, located at 301 Division Avenue will sponsor its 7th Annual Hasbrouck Heights 5K Walk to help support Dyslexic children on Saturday, October 6, 2012, at Depken Field. The course is 5K (3.1 miles).

The Walkathon will be held rain or shine. Registration starts at 9 a.m. and the Walk begins at 10 a.m. Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register

prior to the event will receive a commemorative "T" shirt at registration. Refreshments will be available.

Proceeds go directly to the cost of training tutors and tutoring children. Make checks payable to: Children's Dyslexia Center of NJ, indicating Hasbrouck Heights on the memo line. Send to Hasbrouck Heights Learning Center, 301 Division Ave., Hasbrouck Heights, NJ 07604 or call 201-288-1183. ###

Wood-Ridge Mayor's 5K

Wood-Ridge Mayor Paul Sarlo and the Borough are sponsoring a USATF-NJ Certified 5K run on Sunday, October 7, 2012, at 10 a.m. with a start/finish at the Wood-Ridge High School. This event also includes a Kids Fun Run: under 5 years/50 yards, 6-9 years/100 yards and 10 years and older/1/4 mile dashes.

Awards for the top three male/female overall, first Wood-Ridge male/female finishers, 15 age-division gift certificates, finisher medals for Fun Run participants, and team participation awards.

There will be Super-Tech

"T" shirt, and entertainment. Walkers & families welcome.

Cost for the 5K is \$20 (\$18 USATF), race-day registration is \$25, and Fun Run is \$5.

Proceeds to benefit Cystic Fibrosis Foundation and Tomorrow's Children.

To register on-line go to: www.raceforum.com/wood-ridge. For more information call 551-486-6805 or visit www.njwoodridge.org/5krace ###

Teterboro Airport Scholarship Golf Classic Sept. 10

Teterboro Airport is holding its 28th Annual Teterboro Airport Scholarship Golf Classic on Monday, September 10, 2012, at the Wild Turkey Golf Club, Crystal Springs Resort (Hamburg, NJ). This Classic is open to the public.

Cost is \$940 per foursome and includes lunch, golf and dinner. Dinner only is \$95 per person.

Schedule is: check-in 11:00 a.m. to 12:30 p.m.; lunch buffet 11:30 a.m. to 12:45 p.m.; shotgun start 1:00 p.m. (*scramble format*) -- cocktail/dinner (*casual attire*) 5:45 p.m.

Contests include closest to pin, longest drive, straightest drive, hole-in-one, etc. Outing includes two beverage carts, driving range, golf carts and goodie bags. Tournament may be limited to 144 players. Reservations must include payment. For more information contact Tom at 201-288-1875. Sponsorships welcome.

Proceeds to benefit Teterboro Airport Scholarships to local area high school students who intend to pursue higher education in one of the following fields: aviation/aerospace, engineering (all disciplines), environmental studies, mathematics, physics, chemistry and science. Through 2011, 171 scholarships totaling \$164,750 have been awarded. ###

Zumba Classes

Care on the Corner announces Fitness on the Corner, a program which will feature ZUMBA Fitness® Classes on Thursdays from 7 p.m. – 8 p.m. and on Saturdays from 8 a.m. – 9 a.m. Saturday classes will focus on beginners and seniors.

The Zumba classes meet in the Parish Hall of St. John the Divine, the corner of Terrace and Jefferson Avenues, Hasbrouck Heights. Call the Care Center at 201-288-9460 to register and for more information. Classes are \$10 each.

The instructor, Darlene Fulton Marshall, has been a Certified Fitness Trainer/Group Exercise Instructor for 15 years, a professional dancer (*ballet, jazz, tap and African Dance*) for 25 years and continues to dance and choreograph. ###

Felician College Classic Sept. 24

The 27th Felician College Classic will be held Monday, September 24, 2012 at the Arcola Country Club, Paramus, NJ, featuring former NJ Giants Punter, Jeff Feagles.

Cost is \$550 per player, \$2,200 for a foursome and includes golf fees, golf cart and caddie, special promotional merchandise.

Schedule is 11 a.m. registration and lunch on the Patio, 1 p.m. shotgun tee-off, and at 6:30, cocktail reception, dinner, awards and raffle drawings.

This golf classic sells out, so reserve early.

Many sponsorships available with extensive acknowledgement.

Event benefits the Felician College Scholarship Fund. For details contact Leigh Anne at 201-355-1304 or email at sorokal@felician.edu ###

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DamienDanis Photos



Photo by Erik Velez



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Fatal Rt. 17S Crash

On Saturday morning, July 28, 2012 at about 6:49 a.m., a Land-Air Express tractor trailer was traveling on Rt. 17 South. According to the police report, the vehicle struck a guardrail and Rt. 46 bridge column. The vehicle continued south on Rt. 17 for 263 feet and then struck a guard rail. The vehicle broke through the guard rail and ran off the highway to the right, and then proceeded for another 220 feet as it ran over guard rail posts, shrubbery and then into a parking lot of 500 Rt. 17 South where it struck the building.

The cab of the vehicle was under the building in the ground-level garage parking area, where it wrapped around a concrete column supporting the building.

It was reported that no skid marks were found on the highway and police don't believe speed was a factor. The building was unoccupied at the time.

The truck's diesel tank exploded a few seconds after impact. The vehicle's cab and north side of 500 Rt. 17 South were fully engulfed in flames

when Hasbrouck Heights Police officers arrived on the scene.

Hasbrouck Heights Fire Department arrived and extinguished the blaze in about 25 minutes according to Fire Chief Richard Giarratana, who called in a 4th alarm.

Stationed on Rt. 17S, Heights Ladder and Little Ferry Tower were raised to check the roof.

Giarratana said that the sprinklers worked and the fire was contained to the north side of the building.

Responding police and firefighters then recovered the driver who was pronounced dead. There were no other injuries.

Route 17N was clear throughout the incident and one lane on Route 17 South was open by noon.

There were conflicting reports that the tractor-trailer was carrying hazardous materials. Residents were ordered inside for a period while crews tested for toxic fumes. Responding firefighters were checked for exposure.

The trailer contents were

off loaded and the site was cleaned up by Ken's Marine Service, Bayonne, NJ, under the supervision of Bergen County Hazardous Materials Unit and the NJ State Department of Transportation.

The vehicle was removed by Polifly Towing.

Hasbrouck Heights Construction Officials were at the scene to inspect the integrity of the heavily damaged north side of the building.

Fire Departments at the Hasbrouck Heights scene: Wood-Ridge Fire Department, Moonachie Fire Department, Moonachie EMS, Wallington Fire Department, Lodi Fire Department, Carlstadt Fire Department, Little Ferry Fire Department, Teaneck Box 54 Unit.

Agencies at the scene: Bergen County Hazmat, DEP, County and State OEM, Medical Examiner, ALS.

Standing by at HHFD HQ: Rochelle Park Fire Department, Hackensack Fire Department, So. Hackensack Fire Department. ###



DamienDanis Photos



Photo by Erik Velez



Carlstadt House Fire Draws 3 Alarms

On Saturday, July 28, 2012, at 0923 hours, the Carlstadt Fire Department was dispatched to a reported house fire on First Street.

Upon arrival of first responding Fire Chief Dan Eckert, the fire was located along the exterior B side of the building. Chief Eckert requested the first due Engine company attach to a hydrant and attack the fire using 2 preconnect handlines.

As fire crews began their exterior attack, a team was sent inside to check for fire extension into the home, and discovered the fire had begun to extend into the dwelling through a window.

Interior crews were able to prevent the fire from entering any further into the dwelling and exterior crews were able to contain the fire to the exterior B side of the building.

Mutual Aid Crews from East Rutherford, Little Ferry, Moonachie, Passaic, Wallington and Wood-Ridge responded to the scene to assist in the overhaul process.

The Bergen County Arson Squad was called to the scene to assist in determining the cause of the fire. It was declared undetermined, and its origin was thought to be in the area of a children's playhouse located near the B side of the structure. *Photo by Erik Velez.* ###



CFD Joins 4th Alarm

On August 10, 2012, Carlstadt firefighters assisted in battling a 4 alarm heavily involved fire damaging three houses on Central Avenue in Passaic. *Photo by Rob Knobloch.* ###

W-R Wetdown

The Wood-Ridge Fire Department will host a wetdown to christen Truck 904, 2012 Sutphen SL100, on October 20, 2012 from 1 p.m. to 6 p.m. at Fire Headquarters, 85 Humboldt Street, Wood-Ridge, NJ. There will be food, music, beverages, mugs, "T" shirts, etc. ###

WRFD Inspection

The Wood-Ridge Fire Department will hold their Annual Inspection, 5:30 p.m., on Saturday, October 6, 2012.

The Department will be in full dress uniform. The equipment and Fire Headquarters will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###



Smoke Alarms Wake Family

A fire alarm came in at 4:35 a.m. on August 5, 2012, for Anderson Avenue, Moonachie. Chief 80 arrived on scene, assumed command and confirmed a working fire.

Chief requested a Carlstadt Fast Team, Wood-Ridge Engine and a Little Ferry ladder.

Engine 803 arrived and stretched a hose line to the basement to start extinguishing fire. Ladder 805, with assistance of Little Ferry Ladder, vented windows and roof.

Fire burned through the first floor, where companies used another handline and began to extinguish.

After fire was knocked down, South Hackensack Engine, Heights Engine and Little Ferry Engine were brought to scene to assist with overhaul. The fire was brought under control in 30 minutes.

Moonachie EMS provided rehab. Two firefighters were injured and taken to the hospital; one with an ankle injury, and another, heat related. The homeowner was treated for a cut arm.

Fire officials stated the people in the home were awakened by smoke alarms, which saved their lives. If they did not have working smoke alarms, it could have been a different outcome. *Story by Justin Derevyaniuk. Photo by Erik Velez.* ###

HHFD Ex-Chief Smith Passes

Former Hasbrouck Heights Fire Department Chief, William C. Smith, passed away on August 1, 2012.

Bill was a member of Hasbrouck Heights Fire Department Hook and Ladder Company 1 for thirty-six years, and served as Fire Chief from 1969-1971.

He was a member of the Exempt Firemen's Association, the South Bergen Fire Chiefs' Aid Association and the New Jersey Fire Chief's Association.

During visitation at Costa Memorial Home on August 6, 2012, a brief service was conducted by Hasbrouck Heights Fire Department Chaplain Deacon Vincent DeFede, with Hasbrouck Heights Fire Department members paying their last respects in full dress uniform. The Hasbrouck Heights Fire Department Honor Guard was posted at the casket during viewing hours.

Bill is survived by his wife, Ruth, and children, Mark, Kevin, Gregg, Robin, their spouses and his grandchildren. ###

LF Fire Department Inspection Sept. 8

The Little Ferry Fire Department will hold their Annual Inspection, at 5 p.m., September 8, 2012 at the Fireman's Monument on Kavrik and Marshall Avenues. The Department will be in full dress uniform and available to answer any questions.

The equipment will be presented for inspection. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###

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