

The Gazette

Newspaper for Carlstadt • E. Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie • Rutherford • Teterboro • Wood-Ridge
Published Monthly. Issued the first week of the month. Distributed via U.S. Postal Service and available at select locations.
Every issue is FREE online in PDF format at: www.The-Gazette-Newspaper.com RSS feed available.

VOL. 10, No. 9

September 2013

★★★★★



There may be a million points of light, but this one rekindled the hearts of a community.
See story on pages 17-19.

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Rebirth

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Torch Run

On Tuesday, August 6, 2013, the Boys & Girls Clubs of Lodi/Hackensack and Garfield, kicked-off their 12th Annual Summer Olympic Games and their 4th Annual Ceremonial Torch Run from Summit Avenue in Hackensack to their Club parking lot in Lodi.

The opening ceremonies were held in their parking lot and attended by several Bergen County officials. The program

began with the singing of the National Anthem followed by speeches and a \$5,000 check presentation by Pascack Community Bank. Officials lit the Olympic torch to begin the festivities.

Over 300 children donning commemorative "T" shirts participated. Following the ceremonies, kids enjoyed inflatable amusements, games and plenty of food and refreshments. ###



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Moonachie Summer Rec 2013 Annual Closing Day BBQ

On Friday, July 26, 2013, the Moonachie Summer Recreation Program held their Closing Day at the R. L. Craig School. The event included a BBQ, talent show by the kids, sculptured balloons, hot dogs, hamburgers, ice cream, etc. The five week program was enjoyed by about 150 kids, with a staff of 11 counselors and director providing supervision. ###

Service Dog Awareness Day **Sat., Sept. 14 • 11 a.m. to 2 p.m.**

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Families Enjoy Open Cockpit Day

On Saturday, July 27, 2013, the Aviation Hall of Fame and Museum opened all aircraft and their cockpits to the public for visitors of all ages to sit in and pretend to fly.

The featured aircraft is the recently refurbished Grumman OV-1 Mohawk, an armed military observation and attack

aircraft designed for battlefield surveillance and light strike capabilities.

Additional aircraft include a Cobra Gunship helicopter, a one-of-a-kind 1950 Martin 202 airliner and a rare Lockheed-designed 402-2 Bush Master. Plus, a "Little-Cut-Up" demonstrator with working con-

trols. Guides were available to explain each aircraft.

The next Open Cockpit Day is scheduled for September 7 from 10 a.m.-4 p.m. Admission is \$7 for adults and \$5 for seniors and children under 12. For more information, call 201-288-6344 or visit their website at: www.njahof.org ###



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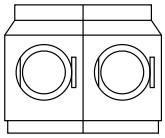
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First Lesson FREE

Rutherford Hosts 38th Annual Labor Day Antique and Craft Fair September 2nd

For 38 years, Rutherford has been hosting a very special street fair, featuring antique and collectible dealers and craft vendors from all over the east coast.

This year visitors can expect to find over 250 vendors lining the streets, parks and plazas throughout the downtown area.

Local restaurants will be out in force, along with some of the area's non-profit groups that are planning food-related fund raising – all doing their part to make sure that festival goers can keep up their energy throughout the day. Other area non-profits will have booths to provide information, engage in fundraising, and recruit volunteers.

The Street Fair runs from 10 a.m. to 5 p.m. Musical entertainment will be held at the Hutzel Memorial Band Shell in Rutherford's Lincoln Park starting at 11 a.m. (*including String Theory; The Rum Runners; and The Kootz Band*).

Other music will be held at the corner of Park Avenue and Ridge Road, on the lawn of the Presbyterian Church (including performances by Lise Avery (*host of WFDU radio's show Anything Goes*) and Grupo Yuri Jazz (*featuring the music of Yuri Turchyn*).

The Art Association of Rutherford members will be selling their paintings on the lawn of the Borough Hall.

Political candidates for local and state elections will be there to meet the public and answer questions. There will also be a Blood Mobile at the event, to serve anyone who wishes to donate blood that day.

Everyone is invited to join in this fun day, which last year attracted over 35,000 people.

A few spaces are still available for antique, craft and non-profit vendors. Call 201-321-2756 for information and applications. ###

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HH Garden Club Meets Sept. 19

The HH Garden Club will be meeting on Thursday, September 19, 2013 at 6:30 p.m.

The Club meets on the third Thursday of the month, except December, July and August. The meetings are held in The Large Conference Room of The Library located on the second floor of the Borough Hall at 320 Boulevard.

Membership is open to all Hasbrouck Heights residents and the surrounding towns. There is ample parking with lots on the side of the Borough Hall and across the street on Central Avenue.

This spring they started a new program called, "The Garden of the Season Contest." The only requirement is that your garden must be a home garden. The volunteers went around HH and voted on gardens that were thought to be unique.

Mr. David Jackson was chosen as the first recipient of this program. His garden was chosen for its variety, color and design. Mr. Jackson received a plaque to display in his garden for the season. He will be attending the September meeting to explain his gardening methods.

Throughout the year the Club has very interesting speakers who offer their advice on different gardening subjects with questions and answers to follow.

Of course the Garden Club is still involved with the Boulevard in Bloom project which has received many compliments from the townspeople.

The Chamber of Commerce, Garden Club, DPW, Merchants and all the volunteers who water and weed help make this project a great success.

Currently they are working on a web site for people to access information about the Garden Club.

Join them in September to learn more. Refreshments will be served at 6:30 p.m. For further information contact Judy at 201-288-2615. ###

**September Flower
Aster**



Call for Artists – Art in the Park 2013

The 49th Annual Bergen County Art in the Park Show and Concert is scheduled for Saturday, October 12, 2013, from 11 a.m. - 3:30 p.m., at Van Saun County Park, Paramus. It will be held in Lot 4, area F. The rain date is Sunday, October 13.

It is a free show sponsored by the Bergen County Department of Parks, Division of Cultural and Historic Affairs.

Approximately 100 adult visual artists will be featured in this exhibition representing an exciting wide scope of artistic diversity found within northern New Jersey. This juried show is judged in five categories with cash prizes in each: Acrylics/Oils; Drawings/Prints/Pastels; Mixed Media; Watercolors; and Photography (Digital & Traditional). First Place/\$150; 2nd Place/\$125; 3rd Place/\$75 and Best in Show: \$500.

A special jazz performance will be presented by The Loren Daniels Quartet from 12:30 p.m. to 3 p.m. with breaks. Loren's professional experience as a jazz pianist/vocalist spans over 25 years. The Loren Daniels Quartet consists of Loren Daniels - piano, Mike Richmond - bass, Jonathon Peretz - drums and Jackie Jones - vocals.

For more information or if you are a visual artist and would like to exhibit your work, please 201-336-7292. Registrations are due by October 3, 2013. Registrations are accepted on a first come, first serve basis; the show has a tendency to fill up fast. ###



*Remember to Fly Your
Flag September 11th*

September 11th Remembrance Services

• **Hasbrouck Heights** will hold a short service at 7 p.m. on September 11, at the Firemen's 9-11 Memorial at The Circle.

• **Moonachie** will hold a service on September 11, at 6:30 p.m. at the Memorial located at Borough Hall. Rain or shine.

• **Wood-Ridge** is conducting a ceremony at Veterans Memorial Park located on Valley Boulevard on September 11, at 8 p.m. ###

LF Safari & Fireworks

Little Ferry will hold a Safari themed Family Fun Day on Saturday, September 21, 2013, at Lakeview Field.

A flea market will be held from 10 a.m. to 5 p.m.; rides, petting zoo, food, family fun and games from 1 p.m. to 5 p.m. The event continues at 6:30 with musical entertainment and ends with fireworks. Free admission for all Little Ferry residents. Non-residents, \$25 entry fee per family. Rain Date is Sunday, September 22. Event sponsored by the Little Ferry Recreation Committee. ###

HH Town Day

Hasbrouck Heights organizations should mark their calendar for participation in Town Day scheduled for Saturday, September 28, 2013, from 10 a.m. to 3 p.m., in Woodland Park. Rain date is October 5. Contact the Recreation Department at 201-288-4143 to reserve your table/space. ###

Legion Picnic September 14

On Saturday, September 14, 2013, American Legion Post 310, Little Ferry will hold their 31st Annual Picnic from 1 to 5 p.m.

Ticket donation is \$25 pp. Children under 12 free.

Menu includes hamburgers, hot dogs, sausage & peppers, corn on the cob, clam chowder, clams on the half shell, salads with beer and soda included. Music by DJ Jack Jam. Bring your lawn chair and have some fun. ###

Beefsteak Sept. 7

On September 7, 2013 a beefsteak dinner is being held at the Boys and Girls Club of Lodi from 6 p.m. to 10 p.m. Proceeds go to Alicia Rodrigues who is battling breast cancer. Donations are \$45 each. Call 973-473-7410 x113 for ticket info.

Rummage Sale

Start collecting all those "treasures," knick-knacks, books, linens, small furniture, baby items, clothes, etc.

It's time for the First Reformed Church, Guild for Christian Services, Annual Fall Rummage Sale.

The sale will be on October 24, 2013, from 7 to 9 p.m. and October 25 and 26, 2012, from 9:30 a.m. to noon. Proceeds go to the Church projects and missions. For more information call the Church office at 201-288-1122. ###

Pontoon Boat Tour of Meadowlands

The Woman's Club of Carlstadt, Inc., invites you to enjoy a guided pontoon boat tour of New Jersey Meadowlands on Saturday, September 21, 2013, from 5 - 7 p.m. A donation of \$15 is suggested.

The tour will be provided by the New Jersey Meadowlands Commission. The NJMC operates a fleet of pontoon boats, staffed by experts on the natural and human history of the region and certified in boating through programs by the U.S. Coast Guard and the State of New Jersey.

Pontoon boats are a leisurely way to experience the Hackensack River. Learn about shore birds, salt marshes, the Lenni Lenape Indians, pirates and history along the banks of the River.

The pontoon boats feature comfortable seating for 12. Adults and children ages 10 and up are welcome. Call 201-939-5163 to reserve your seat. ###

Indoor Fall Flea Market Nov. 16

The Parish Social Life Committee of Saint Margaret of Cortona Roman Catholic Church is sponsoring an Indoor Fall Flea Market on Saturday, November 16, 2013. Tables are \$25 each. For information and contracts, call Ellie at 201-641-0883. ###

Lieberman September 22

On Sunday, September 22, 2013, VFW Post 4591 in Hasbrouck Heights, will host an afternoon with Peter Lieberman from noon to 4 p.m. Cost is \$15 advance ticket and \$20 at the door. Refreshments included. Call Gladys at 201-288-9074. ###



The Victorian Tea House Café

Need a unique setting for a special treat? Relax in a true 1880 Victorian setting with freshly brewed tea, scones, clotted cream, finger sandwiches and more. Seating from 2 to 18. Custom menu available. Call for reservations at 201-488-6651.

Art Association of Rutherford September Meeting

The Art Association of Rutherford will hold their monthly meeting on Thursday, September 12, 2013, at 7:30 p.m. at the Tamblyn Civic Center, 30 Woodland Avenue, Rutherford, NJ.

There is a guest artist at each meeting, who performs a demonstration of their art for our members.

The Art Association is open to all artists, amateur and professional. Members are presented with the opportunity to meet with fellow artists and find out about opportunities for showing their artwork in various venues.

For further information e-mail <carin_peace@yahoo.com> ###

POW/MIA Service Sept. 20

The VFW Post 809 will sponsor a POW/MIA service on September 20, 2013 at 7:30 p.m.

The Post Home is located at 100 Main Street, Little Ferry.

The public is encouraged to attend. ###

Grocery Bingo

The VFW Little Ferry Ladies' Auxiliary to Post 809 will sponsor a Grocery Bingo on Friday, September 27, 2013, starting at 6 p.m. at the Post Home, 100 Main Street, Little Ferry. Call Adele at 201-641-2298 for more information. ###

Saint Margaret of Cortona Parish Family Picnic

Saint Margaret of Cortona Roman Catholic Church in Little Ferry is celebrating the close of 100 years with a Parish Family Picnic. The Parish Social Life Committee has scheduled the picnic for Saturday, September 7, 2013, from 11 a.m. to 4 p.m.

Tickets are \$10 and children under 12 free. Tickets must be ordered in advance. For tickets or information, please call Ellie at 201-641-0883. ###

Harvest Moon Charity Ball

The 3rd Annual Harvest Moon Charity Ball will be held Wednesday, September 25, 2013, from 6:30 to 10:30 p.m., at Seasons in Washington Township, NJ.

The event is sponsored by The Children's Dyslexia Centers of NJ, and will honor Ill. Verdon R. Skipper, 33°, Past Scottish Rite Deputy for NJ.

The menu features cocktail hour, open bar, premium liquors, choice of entree -- Roasted Prime Rib of Beef, Chicken Francaise or pan seared Norwegian Salmon with lava cake and ice cream desert. Dance the night away with "Magic Moments Productions."

Black Tie is optional. Donation is \$90 pp. Reservations due September 6. For information call Barbara and Kyle at 201-440-9425, or e-mail banurge@aol.com ###

Soup and Sandwich Social

The VFW Little Ferry Ladies' Auxiliary to Post 809 will sponsor a Soup and Sandwich Social on Monday, October 21, 2013, starting at 11:30 a.m. at the Post Home, 100 Main Street, Little Ferry.

Various soups will be made by members of the Auxiliary. Ticket donation is \$10 pp. Call Adele at 201-641-2298 or Diane at 201-440-6678. A prize will be awarded for the most patriotic ensemble. Join them for a fun afternoon. ###

Harvest Moon

The September full moon appears on Thursday, September 19, 2013, at 7:12 a.m. It is called the "Full Harvest Moon."

According to "The Farmer's Almanac," this full moon occurs closest to the autumn equinox. The Harvest Moon usually comes in September, but in some years it occurs in October. At the peak of harvest, farmers can work late into the night by the light of this moon. Corn, pumpkins, squash, beans and wild rice, the chief Indian staples, are now ready for gathering. It was also called the "Full Corn Moon" or "Full Barley Moon."

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

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Carlstadt Family Picnic

American Legion Post 69 is sponsoring a family picnic on September 7, 2013, from noon to 6 p.m. at the Washington Avenue Firehouse, 460 Washington Avenue, Carlstadt.

A \$25 donation includes music, food, clams, beer and soda, with plenty of door prizes and 50/50.

Tickets are available at Post 69, 412 Third Street, Carlstadt. For information call 201- 460-9665. Event proceeds to benefit Veterans. ###

Lodi Feast

The 99th Annual Feast of St. Joseph will be held Labor Day Weekend from August 30 to September 2, 2013.

For more information go to: www.saintjosephsociety.org ###

FOCAS Dog Show

FOCAS will hold their Annual Dog Show on Sunday, October 6, 2013, at the American Legion Post, 100 Liberty Street, Little Ferry, rain or shine.

All dogs on a leash are welcome. All shots must be up-to-date.

Registration begins at 12:30 p.m. and judging begins at 1:30 p.m.

Admission is \$5 for the first dog and \$3 for each additional dog. For additional information, call 201-943-4019.

Proceeds benefit the FOCAS Angel Fund that provides veterinary medical care for sick homeless and abandoned animals. ###

Turkey Dinner October 12

Bring your friends and enjoy a delicious homemade dinner including turkey, stuffing, cranberry relish, mashed potatoes, candied sweets, vegetable du jour, pumpkin dessert, coffee, tea, and cold drinks on Saturday, October 12, 2013, from 5:30 p.m. to 7 p.m.

The buffet style, all-you-can-eat dinner is sponsored by The Guild for Reformed Church Women of the First Reformed Church. Cost is \$15 for adults and \$5 for children under 10.

For reservations, call Nancy at 201-288-3963 or Church office at 201-288-1122. Take-outs are available upon request.

The First Reformed Church is located at Washington and Burton, Hasbrouck Heights, and is handicap accessible. ###

FOCAS Flea Market

FOCAS will hold a Flea Market on Saturday, September 21, and Sunday, September 22, 2013, from 10 a.m. to 3 p.m., at the American Legion, 100 Liberty Street, Little Ferry.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, electronics, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations are gratefully accepted. They may be dropped off at the American Legion on Friday from 4 to 6 p.m. and Saturday (all day) of the Flea Market weekend.

They are not able to accept TVs, PC monitors, exercise equipment, clothes or magazines.

For additional information call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

Seat Belts Save Lives

Grandparent's Day Brunch

On Sunday, September 8, 2013, from noon - 2 p.m., The Junior Friends of The Hasbrouck Heights Library will be hosting the First Annual Grandparent's Day Brunch at the Crow's Nest Restaurant.

The cost for a three course meal for an adult is \$25 with a choice of two appetizers, five entrees and dessert and children under 12 is \$11 with a choice of three entrees and dessert. All meals include coffee, tea or soda and the gratuity is included.

You can also order a corsage for your guest for an extra \$5. This can be presented the day of the event. A free message will be announced to your guest by a Friends member.

Don't miss this opportunity to spend the afternoon with a favorite grandparent, aunt, uncle or parent and share great memories as a family while enjoying good food and fine conversation. For more information, please call The Hasbrouck Heights Library at 201-288-0488. Tickets are limited and will not be sold at the door. ###

Verismo Opera Open House

The public, singers, actors, and people interested in volunteering are welcome to attend an open house to learn more about Verismo Opera on Saturday, September 7, 2013, 1 p.m., at 44 Armory Street in Englewood, New Jersey.

They will discuss the opportunities to perform with Verismo Opera. Operas will be fully staged and performed in costume accompanied by an orchestra.

Auditions for the chorus will be held on Wednesdays, September 11, 18 and 25, 2013, at 7 p.m. An appointment is required. Call 201-886-0561.

Opportunities to perform as a supernumerary (extra) in non-speaking and non-singing roles or volunteer with the company behind the scenes will also be presented. For information call 201-224-2809.

Verismo Opera is the only professional opera company in northern New Jersey.

The organization provides performing opportunities for young musicians and artists and sponsors an annual vocal competition held in November.

The company also organizes opera workshops and concerts and offers affordable, highly professional operatic productions.

For more information about Verismo Opera, visit its web site, www.verismoopera.org, or call 201-886-0561. ###

2nd Annual Chili Cook-Off, Dessert Sugar Slam and Vendor/Craft Fair

Ridgefield Park Junior Senior High School All Sports Booster Association will be hosting their 2nd Annual Chili Cook-Off, Dessert Sugar Slam and Vendor/Craft Fair on Saturday, September 28, 2013 from 1 p.m. to 3 p.m.

The event will take place at Ridgefield Park Junior Senior High School parking lot around the circle. The cost to enter the event is \$5 per person and you will be able to sample all the chili and desserts as well as vote for the People's Choice. Event will be held rain or shine.

If you would like to compete in the Chili Cook-Off or the Dessert Sugar Slam, the cost is \$20 which includes 1 table, plates, bowls, spoons, forks and napkins. No electricity is provided. Trophies and cash prizes will be awarded!

If you are a vendor or sell crafts, spaces are \$20 a table. Sponsorships for businesses, alumni or residents are also available. For more details on this event, please email RPS-SPORTSBOOSTERS@aol.com or call 201-694-3068.

Proceeds benefit the RPJSHS Scarlet athletes. ###

Safe Harbors

Brighten up your evening at the Arnault/Bianchi House, 111 First Street in Wood-Ridge. On Wednesday, September 25, 2013, at 7 p.m., The Wood-Ridge Historical Society will sponsor a program featuring Kevin Woyce.

Since ancient times to the present, lighthouses have guided sailors to safe harbors.

Please join Society members for an enjoyable presentation as Kevin explores THE HISTORY OF LIGHTHOUSES from days of old to the present. Four books on lighthouses are credited to Woyce, author, photographer and lecturer.

A lifelong resident of New Jersey, Kevin, the eldest of fifteen siblings, grew up in East Rutherford. He now lives in Lyndhurst with his wife, Carin.

Refreshments will be served following the program. There is no admission, however, donations to the Society will be gratefully accepted. ###

Shredding Event

On October 5, 2013, the DPW of Lodi is hosting its second shredding event at the Richmond Street facility from 9 a.m. to 1 p.m. ###

September Birthstone Sapphire

Pork Lunch September 10

The Ladies' Aid Society of the First Presbyterian Church of Carlstadt will sponsor their monthly luncheon on Tuesday, September 10, 2013, in the Community Hall, Third Street, Carlstadt.

Roast pork dinners will be served from 11:30 a.m. to 1 p.m. For take-out orders call 201-438-5526. Cost is \$8 for adults and \$5 for children/students. ###

Halloween Trunk or Treat

Ridgefield Park Junior Senior High School All Sports Booster Association will be hosting a Halloween Trunk or Treat on Saturday, October 26, 2013 from 1 p.m. to 3 p.m. at the Ridgefield Park Junior Senior High School parking lot around the circle. Rain date will be Sunday, October 27, 2013.

Pre-registration is necessary. \$10 reserves a parking space and allows you to give out candy. Must have enough candy for approximately 200 children. Only store brought candy allowed, no homemade candy permitted! \$2 per person at the entrance lets you "Trunk or Treat" from car to car.

Trophies and prizes will be given to the best decorated car and best costume! For more details on this event, please email RPS-SPORTSBOOSTERS@aol.com or call 201-694-3068. All proceeds benefit the RPJSHS Scarlet athletes. Please come support our athletes! ###

Festive Holiday Musical Revue November 16

The Woman's Club of Carlstadt, Inc., invites you to enjoy a festive holiday musical revue at the Hunterdon Hills Playhouse.

An ensemble cast of multitalented performers celebrate Christmas in an original holiday song and dance fest featuring traditional carols, classic and contemporary Yuletide compositions, humorous skits, and spectacular dance numbers, all backed by a live on-stage orchestra.

Since 1981, the Hunterdon Hills Playhouse has captured the hearts and imaginations of millions of people. Hunterdon Hills Playhouse offers excellent food, great service and the best in live theatre.

Tickets are available for Saturday, November 16, 2013, for \$63. The price includes the revue, lunch and transportation. To reserve your ticket please call 201-939-5163. Don't delay--book it today! ###

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Homework Club

Care on the Corner announces the Homework Club for children in Kindergarten through 5th Grade.

Students are asked to bring their homework assignments in which help is needed: Reading, Spelling and Phonics, Math, Social Studies and Science (*other than experiments*).

Students are divided between Grade levels with one teacher/assistant per three (3) to four (4) students; allowing for more individualized teaching and attention.

Children are given supplemental assignments (*including educational games*), targeting their areas they need help with.

The Homework Club aims to:

- Be less structured environment in which children receive educational guidance
- Assure that homework assignments are completed and more importantly understood.
- Help children understand the importance of learning and acquiring good study skills.
- Help students understand that Learning is Fun and like sports you need to practice – hence the need for homework

Homework Club - Fall 2013 Session (10 weeks)

Children in Kindergarten to 5th Grade, Thursdays from 3:30 – 5:00 p.m., September 19 – November 21 (*classes will not be held on holidays*) at the Care Center, at 333 Franklin Avenue, Hasbrouck Heights.

Call the Care Center at 201-288-9460 to register (\$15 registration fee). Scholarships are available and Jean R. Giaratana (NJ Certified Teacher) is the coordinator. ###

Kidz Fitness

Care On the Corner® Community Service Center offers the next session of “KidZ Fitness BeatZ Corner” (KFBC), toddler & youth fitness program!.

KidZ Fitness BeatZ Corner, a dance fitness and dance activity-based program geared toward children ages 3-5, runs for 6 weeks on Thursdays, September 19 to October 24, 2013 from 10 a.m. – 11 a.m.

KidZ Fitness BeatZ class format encourages parental/guardian participation in the dance fitness program and has a little something extra fitness-wise for the accompanying adult participant with a little Zumba Fitness® flare, as class is taught by a Licensed Zumba/ZumbAtomic Fitness Instructor, Lynn Weimer.

Call Care on the Corner® at 201-288-9460 to register. The class fee is \$35 for the six sessions. Scholarships are available. Class space is limited. ###

Communicating With Your Hands

Care on the Corner will be offering a sign language course called, “Communicating with Your Hands” starting in September.

Students will learn the fundamentals of sign language in Signed Exact English (EE) in a strategic and fun fashion. By the end of the course you will be amazed at the hundreds of signs that you will have been taught.

Sign language benefits toddlers, children, and adults as well. In toddlers, sign language helps them recognize words if they are connected to a sign - the act reinforces the words. The child is also using more than one sense, audio, visual and touch. The same principle holds true for adults and can increase self esteem and confidence. It is also proven that children who acquire the language tend to increase their IQ by 8-12 points.

For older adults, sign language helps them with motor skills, cognitive and memory. This may also help with the onset of Alzheimer disease. It is important for older adults to continue using their memory skills and to keep using their brain.

Children who have special needs such as Down syndrome, autism, cerebral palsy, aphasia, and other language delays and impairments can benefit from sign languages so that they can better communicate with others. Many parents use sign language to communicate with their children, mental health and many in the medical professions use sign language to communicate with their patients who warrant the language.

Communicating with your Hands - Fall Session 2013 (*10 week program*) in on Mondays starting September 23 – November 25 from 7 p.m. – 9 p.m. at the Sanctuary of St. John’s Episcopal Church, 229 Terrace Avenue, Hasbrouck Heights, NJ.

A non-refundable materials/registration fee of \$50 includes manual and weekly handouts. For more information please call the Care Center at 201-288-9460.

A registration form, accompanied by the fee, must be completed for each student by the deadline, Friday, September 20, 2013. ###

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NewARTS Kids

Care on the Corner announces the Fall 2013 Session of NewARTS Kids, an art program for children in Grades 2-5.

Do you have an aspiring young artist in the family? This five week course will cover a new artist each week (Monet, O’Keeffe, Van Gogh, & Picasso).

Each week students will learn a little bit about the artist from the series of books Getting to Know the World’s Greatest Artists and/or Discovering Great Artists: Hands on Art for Children in the Style of the Great Masters.

The goal is for each child to create two pieces of artwork for each class. The first piece your child will create by following step by step directions is creating their own masterpiece that depicts a particular piece of work made by the famous artist. The second piece of artwork should be inspired by the style and technique of the artist, but should allow the student to create something unique.

The Fall Session 2013: September 13 – October 11 (5 weeks) on Fridays from 4 – 5 p.m.

The group meets in the Parish Hall of St. John the Divine, the corner of Terrace and Jefferson Avenues, Hasbrouck Heights. Call the Care Center at 201-288-9460 to register.

There is a \$25 materials fee. Scholarships are available. ###

Fall Adult ESL Classes

Registration and Testing will take place on Wednesday September 11 and 18, 2013, at 7 p.m. in the Parish Hall, at 229 Terrace Avenue (*corner of Terrace and Jefferson Avenues*) in Hasbrouck Heights, NJ.

All new and returning students must be registered to take the classes. New students must take a language assessment evaluation.

Fall 2013 ESL Classes (11 weeks) Session: September 25 –December 11 on Wednesday nights from 7 p.m. – 9:30 p.m. at the Parish Hall of St. John the Divine, 229 Terrace Avenue and Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, NJ.

The ESL classes will provide English language instruction at beginner, intermediate, and advanced levels, as well as one-to-one instruction, to people from other countries and other language backgrounds.

For more information about the adult ESL program or to register a student, please call the Care Center office at 201-288-9460.

A registration form, accompanied with a non-refundable \$10 registration fee, must be completed for each student. Books will be available for purchase at the time of registration. Financial assistance is available. ###

Fall Citizenship Preparation Classes

Registration and testing will take place on Wednesday, September 11 and 18, 2013, at 7 p.m. in the Parish Hall, at 229 Terrace Avenue (*corner of Terrace and Jefferson Avenues*) in Hasbrouck Heights, NJ.


Students must bring their green card at the time of registration. Level 3 or Level 4 English is a pre-requisite for these classes.

Fall 2013 Preparatory classes for U.S. Citizenship (6 weeks) Session: October 21–November 25) on Monday nights from 7:30 p.m. – 9:30 p.m. at Care on the Corner, 333 Franklin Avenue in Hasbrouck Heights, NJ.

The population served comes mainly from Central and Northern New Jersey. Members of the population benefit by learning all aspects of the English language through the ESL program, they receive education on obtaining employment, and how to address housing, immigration, and citizenship issues from their workshops.

For more information about the U. S. Citizenship class, or to pre-register, please call the Care on the Corner office, at 201-288-9460.

Each student must complete a registration form, accompanied with a non – refundable \$10 registration fee. Books will be available for purchase at the time of registration. Financial assistance is available. ###



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Gymnastics

American Sokol is offering gymnastic classes for children of all ages beginning September 17, 2013, at Sokol Hall, Main and Garden Streets in Little Ferry. Registration is on Tuesday, September 10, from 6 to 8 p.m.

The Sokol gymnastics program focuses on tumbling, trampoline, and apparatus such as balance beam, hi-bar, parallel bars, etc. No experience is required to join.

• Tiny Tots (3-4) is held on Tuesday from 5 to 6 p.m.

• Co-ed Tots (4-5) is held on Tuesday from 6 to 7 p.m.

• Co-ed Children (6-12) is held on Tuesday from 7 to 8 p.m.

• Advanced Children and Teens (8-17) is held on Wednesdays evenings from 6 to 7 p.m. and 7 to 8 p.m.

For more information and registration call Blanche at 973-365-1111. ###

Mum and Garage Sale

The Moonachie First Aid & Rescue Squad will be holding its 9th Annual Mum Sale on Saturday, September 28, 2013, from 8 a.m. to 4 p.m., at 121 Moonachie Avenue, Moonachie, NJ. Beautiful 8" pot size mums in assorted colors will be on sale for \$8 each, 3 for \$15.

Advance orders welcome. Will deliver larger orders.

Together with the mum sale, the Squad will also be hosting a garage sale featuring housewares, toys, clothes, books, etc. Baked goods will also be available.

Donations welcome. Drop off at the Squad building the night before. For oversized items, call 201-641-9094.

All proceeds go directly to the Squad for operating expenses. ###

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Felician Offers Reading Improvement Program

The Felician Reading Center will offer a Fall Reading Improvement Program for students in Grades 2, 3, 4 or 5.

The program will begin on September 23, 2013, and end on December 19, 2013. The classes are held twice a week - Mondays and Wednesdays or Tuesdays and Thursdays from 3:30 to 5:00 p.m.

The program will aim to increase reading with primary emphasis on the improvement of "phonics, vocabulary and comprehension skills."

Testing will be required for placement and a weekly fee for services rendered. The Felician Reading Center is located at 260 South Main Street in Lodi, New Jersey.

For more information, call Sister Mary Andrew at 973-473-7447, extension 123. ###

AHOF Marks 40th Anniversary of NASA Skylab August 30

In celebration of the 40th Anniversary of the beginning of the Skylab Program, the Aviation Hall of Fame announced that on Friday, August 30, 2013, at 7 p.m., Joe Lennox, human spaceflight expert, will present a multi-media retrospective at the museum.

Mr. Lennox will be using his unique film and audio footage, models and space hardware to tell the story of the nine American astronauts who set early records for time spent living in orbit.

Mr. Lennox has one of the largest private space collections and has given many presentations throughout the New York metro area.

Admission to the event will be \$7.00 for adults, \$5.00 for seniors and children under 12. ###

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Hasbrouck Heights JWC Holds Beautiful Baby Contest

The Junior Women's Club is sponsoring its annual Beautiful Baby Contest, which will be held on Town Day, Saturday, September 28, 2013. The contest is open to all residents of Hasbrouck Heights under the age of two.

Send a picture of your Beautiful Baby to Hasbrouck Heights Junior Women's Club, P.O. Box 68, Hasbrouck Heights, NJ 07604.

Include the child's name, birth date, parents' names and phone number on the back of the photo and a stamped, self-addressed envelope, so the picture can be returned.

The winner will receive a savings bond and may have their picture in a newspaper. All entries must be received on or before Wednesday, September 25.

Vote during Town Day in Woodland Park between 10 a.m. and 2 p.m. Votes are \$1 each and the proceeds benefit the "The Seeing Eye" program.

The Hasbrouck Heights Junior Women's Club is a non-profit organization made up of volunteers interested in helping those in need and providing fun opportunities for the children of Hasbrouck Heights. Meetings are on the second Thursday of each month at 8 p.m. at the First Reformed Church from September-June. New members are welcome. ###

WRHS 1983 Class Reunion

The Wood-Ridge High School Class of 1983 will hold their 30th Reunion on October 19, 2013, at Redds Restaurant in Carlstadt from 7 to 11 p.m. Cost is \$60 per person and includes buffet, open bar and DJ entertainment.

Graduates from 1982 and 1984 are welcomed.

Please pass this information on to any classmates that you may keep in contact with.

For more information call Gayle at 201-803-5972 or email: gaylecoz@aol.com ###

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Lodi Library
Computer Classes

Lodi Library offers free small group computer classes for Lodi residents on Tuesday afternoon from 1 p.m.-2:15 p.m.

- September 3: Computer Basics
- September 10: Internet Basics
- September 17: Word Basics
- September 24: Excel Basics

Registration and payment of a \$5 refundable deposit per class is required. For more information, visit lodi.bccls.org or call 973-365-4044. ###

Carlstadt Library
Computer Classes

Computer classes are back! All sessions give you hands-on experience with a computer, and each session is limited to six students. You must have a valid library card to register, and preference is given to Carlstadt residents. We reserve the right to cancel registrations for any students that consistently miss classes without notifying us at least 24 hours in advance. The following schedule applies, if there is at least one Carlstadt student in attendance.

- Intro to the Computer: Wednesday, September 4, 6:30-8 p.m and Tuesday, September, 2:30-4 p.m.
- Intro to the Internet: Wednesday, October 2, 6:30-8 p.m. and Tuesday, October 22, 2:30-4 p.m.
- Email Basics: Wednesday, October 30, 6:30-8 p.m. and Tuesday, November 12, 2:30-4 p.m.
- Intro to MS Word 2010: Wednesday, November 20, 6:30-8 p.m. and Tuesday, December 3, 2:30-4 p.m.
- Intro to MS Excel 2010: Tuesday, December 10, 2:30-4 p.m. and Wednesday, December 18, 6:30-8 p.m.

Please call 201-438-8866 ext. 204 for more information or go to, <http://carlstadt.bccls.org/adults.shtml>. The Carlstadt Public Library is located at 420 Hackensack Street, Carlstadt, NJ. ###

Book Donations
Welcome at Lodi Library

From September 16 to October 16, 2013, Lodi Memorial Library welcomes donations of new and gently used books, dvds, cds, and videogames for the Friends' Fall Book Sale on October 19.

Donations should be brought to the front desk and an IRS tax receipt is available. For donation guidelines, visit lodi.bccls.org or call 973-365-4044. ###

Fall ESL Class
Registration at Lodi Library

From September 4-18, 2013, registration is open for Lodi Memorial Library's free fall ESL class. This beginner class will be held every Wednesday and Thursday morning until mid-December, and is open to Lodi residents.

Interested students must come to Lodi Library to complete an application. For more information, visit ESL Programs at lodi.bccls.org ###

Free ESL
Writing Class

Lodi Library welcomes new Lodi students to its free weekly ESL writing class on Thursday evenings from 6:30-7:30 p.m.

This intermediate-level class is taught by a certified ESL instructor and offers weekly written feedback plus discussion of writing assignments. For more information, visit ESL Programs at lodi.bccls.org or call 973-365-4044. ###

ESL Classes

English language learners are invited to register for Basic ESL Instruction at The Rutherford Public Library.

Beginning September 9, 2013, evening classes will be held on Mondays from 6–7:30 p.m.; the course will run for 12 weeks.

Beginning September 10, morning classes will be held on Tuesdays from 10 – 11:30 a.m., the course will run for 12 weeks.

Class size is limited and registration is required. To register or for information, please call 201-939-8600, ext. 7. ###

English
Conversation Group

Starting September 11, 2013, English language learners are invited to attend the English Conversation Group at The Rutherford Public Library on Wednesdays and Thursdays from 10-11:30 a.m. The group provides a good opportunity to practice spoken English in an informal setting. This is a free program and all are welcome. No registration is required. For information, please call 201-939-8600, ext. 7. ###

Chamber Concert

The Adelphi Chamber Orchestra opens its 60th season with "Prometheus Splendor - Aspiring Young Artist Showcase" at 4 p.m., October 20, 2013 at River Dell Regional High School in Oradell. www.aconj.org ###

Bollywood Movies

The Lodi Memorial Library will continue to show Bollywood movies starting in September. They will be showing "Jolly LLB" on September 7, 2013, at 1:30 p.m. Please continue to check their website (lodi.bccls.org) for future movie dates and other exciting programs. ###

September Movies
at Lodi Library

Lodi Library presents free, new-to-DVD release movies on Wednesdays starting at 1:30 p.m. September 4, "The Great Gatsby;" September 11, "The Place Beyond the Pines;" September 18, "Now You See Me;" and September 25, "Star Trek Into Darkness." For more information, visit lodi.bccls.org or call 973-365-4044.

Jindabyne

On Tuesday, September 24, 2013, at 6:30 p.m., The Friends of The Library of Rutherford will present a free screening of "Jindabyne," starring Laura Linney and Gabriel Byrne. The film will be shown in The Library Auditorium. ###

Indian Folk Dance:
Raas-Garba from Gujarat

On Wednesday, September 25, 2013, from 7-8 p.m. The Carlstadt Library will present "Indian Folk Dance: Raas-Garba from Gujarat."

Enjoy Explore India will demonstrate the folk traditions from the state of Gujarat in this fun and festive workshop.

Wear beautiful Indian costumes, twirl the dandiya, and enjoy the rhythmic clapping as you learn the Raas-Garba dance!

Refreshments will be served, and all are welcome to attend. For more info go to: <http://carlstadt.bccls.org/adults.shtml> ###

ER Library Offers
Polish Book Collection

The East Rutherford Library has added a collection of books in Polish to its collection. Sixty titles have been added with more to come.

East Rutherford is now the only Library in the BCCLS system to offer books in Polish. The collection includes translations of bestsellers by Stephen King, Harlan Coben, Tess Gerritsen and others, as well as books by Polish authors like Manuela Gretkowska.

There are also biographies and books on history. Please call The Library at 201-939-3930 for more information. ###

Knit, Read and
Discuss

The Knit One, Read Two knitting/book discussion group at The Rutherford Public Library will meet on Wednesday, September 11, 2013, at 6:30 p.m., to discuss "My Ántonia" by Willa Cather.

The meeting will be held in The Library Auditorium.

All those who knit or crochet are warmly invited to bring their needlework and join the discussion. Copies of the books are available at the Circulation Desk. For more information, e-mail Peg Mellett at mellett@bccls.org. ###

One Thousand
White Women

On Wednesday, September 11, 2013, from 7-8 p.m., The Carlstadt Library monthly Book Discussion Group will discuss "One Thousand White Women" by Jim Fergus. May Dodd and a colorful assembly of pioneer women travel to the western prairies in 1875 to intermarry among the Cheyenne Indians, which becomes the adventure of their lifetime. Copies of the book are available at The Library for patrons to take out. Refreshments will be served, and all are welcome to attend! ###

Monday Evening
Book Group

On Monday, September 16, 2013, at 6:30 p.m., the Monday Evening Book Group will meet to discuss "Just Kids" by Patti Smith. Copies of the books are available at the Circulation Desk. The meeting will be held in the Glass Room on the main floor of The Rutherford Library. ###

A Saturday
in Spain

The Free Public Library of Hasbrouck Heights is hosting Alborada Spanish Dance Theater on Saturday, October 19, 2013, from 2 to 3 p.m.

This family event promises to provide the charm and splendor of Spain's artistic heritage in the form of live music and dance. The whole family is invited to this free program.

You will see brightly colored dresses, beautiful shawls and fans. You will hear intricate music accented by sounds made by footwork, castanets, and handclapping.

The Alborada Spanish Dance Theater has achieved recognition as New Jersey's premier flamenco and Spanish dance company.

To register call 201-288-0488. ###

Crafts-to-Share
Club Continues

The Free Public Library of Hasbrouck Heights will continue to sponsor the popular Crafts-to-Share Club for 2013-14.

The craft club is held on the first Tuesday evening of the month from 6:30 -8:30 p.m. and the third Wednesday afternoon of every month from 1:30 – 3:30 p.m.

The next evening meeting will be September 3 and the next afternoon meeting will be September 18.

Here's your chance to share your talents or develop some new ones and enjoy the camaraderie. Special craft programs are also planned in celebration of selected holidays. New participants are always welcome.

This Club has adopted a philosophy of giving to the community. Some of the participants have been donating hand made items, such as Afghans and caps, to the patients of Hackensack University Medical Center, Tomorrow's Children's Fund, and our troops overseas. The Library would be pleased to accept donations of yarn on behalf of the Crafts-to-Share Club. Call 201-288-0488 for more details. No registration is required. ###

Legend of the
Jersey Devil

The Free Public Library of Hasbrouck Heights is pleased to celebrate Halloween with the entire community by presenting the "Legend of the Jersey Devil."

This program will be held on Thursday, October 10, 2013, at 7 p.m.

The presenter of the spooky tale will be Professor Angus Gillespie of Rutgers University.

The Jersey Devil is a legendary creature said to inhabit the Pine Barrens of Southern New Jersey. The creature is often described as a flying biped with hooves, but there are many different variations.

It has been reported to move quickly and often is described as emitting a "blood-curdling scream." Come and hear the facts about New Jersey's very own "monster."

In a talk illustrated by many photographs, drawings, and maps, Professor Gillespie brings together different reports of this legendary creature.

The Junior Friends of The Hasbrouck Heights Library is sponsoring this program as the first in the ongoing "Family Programming Series."

To register please call 201-288-0488 or log on to <http://hasbrouckheights.bccls.org> and go to calendar. ###



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Be A Good Neighbor -- Donate Food!

“Get it Sold” Seminar for Home Sellers

The Free Public Library of Hasbrouck Heights is hosting a seminar on how to go about preparing to sell your home and get the most money for it.

This information-filled seminar is scheduled for Tuesday, September 24, 2013, from 7 to 8:15 p.m. You will learn about current pricing guidelines, critical maintenance issues, and proven home staging theory and techniques.

The current real estate market is moving fast – especially in this area where inventory is limited. But you must know what it takes to get the most money possible.

Topics include what repairs must be addressed prior to coming on the market, understanding what home staging is, de-personalizing, de-cluttering and organizing for your move, showing off your home’s space and architectural features, etc.

Presenters include Bernadette Flaim of The Flaim Group, Jean Marie Herron of POSSE, Maria Rini of RE/MAX Ltd. Bernadette Flaim, founder of The Flaim Group, offers creative and affordable design advice. Bernadette is also an Accredited Staging Professional.

Please call The Library at 201-288-0488 for more details and to sign up or go online at <http://hasbrouckheights.bccls.org> and go to calendar. ###

The Orphan Train Author to Visit WR Library

The Wood-Ridge Memorial Library will be holding an author visit on September 17, 2013 at 7 p.m. at the Wood-Ridge Senior Center.

Christina Kline Baker, author of “The Orphan Train,” will be speaking.

Set in present-day Maine and Depression-era Minnesota, “Orphan Train” highlights the real-life story of the trains that, between 1854 and 1929, carried more than 200,000 abandoned children from the East Coast to the Midwest.

Kline imagines the journey of one such child, Vivian Daly, an Irish immigrant whose fate is determined by luck and chance.

“Orphan Train” is the story of an unlikely friendship between 91-year-old Vivian Daly, whose experiences are far behind her, and Molly Ayer, a 17-year-old Penobscot Indian girl whose own troubled adolescence leads her to seek answers to questions no one has ever asked.

Registration is required. Please contact Christine at hartigan@bccls.org, call 201-438-2455. ###

Guitar Bob

The Rutherford Public Library invites children up to the age of 6 to an interactive music program with Guitar Bob.

The program will be held on Fridays, September 20 and 27, 2013, from 11:15 – 11:45 a.m. It will incorporate singing, creative movement, instruments and cooperative games. No advance registration is required. This program is funded by The Friends of The Library of Rutherford. ###

Children’s Friday Afternoon Matinee

On Friday, September 27, 2013, at 3:45 p.m. all children ages 5 and up are invited to a free movie screening of “Super Buddies” at The Rutherford Public Library. This film is rated G. No advance registration required.

An adult caregiver must remain with any child under the age of seven for the duration of the film. For more information, please call the Children’s Department at 201-939-8600, ext. 6. ###

Storytime with Songs and Craft

On September 30, 2013, from 6-6:30 p.m., Lodi Library presents a special storytime with local author/musician Marguerite Sansone. There will be a story, songs and a special craft celebrating “Sammy the Snake.” For more information, visit lodi.bccls.org. ###

Teen Café Wednesdays

The Teen Café meets at The Lodi Memorial Library on Wednesdays from 4 – 4:30 p.m.

Always wondered how to place a photo image exactly where you want it in a word document, or how to get an e-book on your computer? For these answers and other great tips stop by the Teen Café in the conference room Wednesdays, September 4, 11, 18 and 25. ###

Free Practice SAT Test at Lodi Library

On Saturday September 14, from 10 a.m.-2 p.m., high school students can take a free complete practice SAT test at Lodi Library. KaplanTest Prep will provide your scores and a detailed results analysis. To register, call 973-365-4044 or email lodilibrarynj@gmail.com ###

September is Library Card Sign-Up Month

Lodi Library September Events

• **PJ Storytime** Every Monday evening from 6:00 – 6:30 p.m. Children ages two to six along with their parents are invited to bring their favorite stuffed toy, wear their pajamas and enjoy an evening of stories.

• **Craft Mondays** 3:30 – 4:30 p.m.

September 16: make a movie thaumatrope – one of the first original moving image scopes. Get creative and make your first movie on your very own thaumatrope.

September 23: make a paint-chip bookmark with all your favorite colors.

• **Craft Tuesdays** 3:30 – 4:30 p.m.

September 3: Get ready for school and make a splash with your personal alphabet pencil topper.

September 10: Make your very own teddy bear, with buttons and ribbons so beary cute!

September 17: The Lodi Memorial Library bookmark contest. Kids make their best bookmarks as Library members vote. Winner will be announced on September 23 at 4:30 p.m.

• **Craft Thursdays** 3:30 – 4:30 p.m.

September 5: Get ready for school with cute Pipe Cleaner pals.

September 12: Get organized with a tin can caddy and pencil holder.

September 19: The Lodi Memorial Library bookmark contest. Kids make their best bookmarks as Library members vote. Winner will be announced on September 23 at 4:30 p.m.

• **Gaming Mondays**

September 9: Wii gaming

September 30: Board games for children K and up. May the best gamer win!

• **Legos**

Future architects and engineers come on Tuesday, September 24 for a Legos family build at 3 – 4:30 p.m. They supply the Legos and you supply the imagination! ###

Drop-In Storytime

The Rutherford Public Library will host a morning and afternoon drop-in storytime program on Wednesdays, September 11, 18, and 25, 2013, from 10:30 – 11 a.m. and repeated from 2 – 2:30 p.m.

The same storytime will also be presented on Thursdays, September 12, 19, and 26, 2013, from 10:30 – 11 a.m.

All children from infants to 5-year-olds and their caregivers are warmly invited to stop by for stories and fun. Make some new friends and get ready for reading! No advance registration required. ###

Heights Continues Walking School Bus

Sgt. Scott Adamo of the Hasbrouck Heights Police Department announced that the “Walking School Bus” program will begin on Wednesday, September 4, 2013, and will run every day, Monday through Friday, rain or shine.

Children walk to school in a supervised group along a set route, picking up additional kids at each block along the way.

Children can wait at any

intersection along the specified route.

The School Crossing Guard will then pick-up students as the Walking School Bus passes along the route.

Each walking school bus has at least one school crossing guard “driver,” with adults, who walk with the kids.

The routes established for this year are as follows.

Euclid School

- 8 a.m.: Starts at Summit and Lincoln and walks north towards Euclid.

- 8 a.m.: Starts at Jefferson and Burton and walks south towards Euclid.

- Euclid School Students will meet their School Crossing Guard at dismissal time in front of the school for the return trip.

The last drop off points will be Summit/Lincoln Avenue and Jefferson/Burton, respectively.

Lincoln School

- 8 a.m.: Starts at Jefferson and Burton and walks north towards Lincoln.

- 8 a.m.: Starts at Myers and Burton and walks south towards Lincoln.

- Lincoln School Students will meet their School Crossing Guard at dismissal time in front of the school for the return trip.

The last drop off points will be Myers/Burton and Jefferson/Burton, respectively.

Corpus Christi School

- 7:45 a.m.: Starts at Jefferson and Burton to Kipp Avenue to the School.

- No Dismissal.

Any student who has not been picked up by a parent/guardian on the last stop on the return trip will be walked back to the school by the School Crossing Guard.

For single session days, the Walking School Bus schedule will be adjusted accordingly.

Officials stated that this program alleviates a lot of traffic and congestion around the schools, and makes it safer to walk.

Students enjoy meeting their friends along the way.

The program also offers the additional benefits of exercise and learning valuable pedestrian safety skills.

Parents like it because they don’t have to chauffeur their kids to school.

For more information go to: www.hhpd.com or <http://hh-schools.org/> Consult with your PTA “Walking School Bus” coordinator about volunteering to assist in supervising the “Bus.” Parents may also call Sgt. Scott Adamo at 201-288-1114.

For information about the “Walking School Bus” program go to: www.walking-schoolbus.org ###

Moonachie Announces Grand Re-Opening of the Robert L. Craig School

The Moonachie Board of Education, in conjunction with the Mayor & Borough Council, announced that they will officially re-open the Robert L. Craig School at a community event in concert with the school’s “Back to School Night” on Thursday, September 12, 2013 at 6 p.m.

School Superintendent Frank Scarafile added that the Board and town fathers will cut a ceremonial ribbon and invite the community for a tour of the building.

At 6:30 p.m., parents will have an opportunity to meet the new Superintendent/Principal and the new Supervisor of Curriculum and Instruction, Allison Stager.

Beginning at 7 p.m., attendees can meet the Pre-K through Grade 5 teachers in their classrooms.

From 7:20 p.m. to 7:40 p.m., the specialists will be available in the Gym. At this time, parents/guardians can talk to the Child Study Team members, the Resource Room

teachers, the Basic Skills teachers, the School Nurse, the Media Specialist/Librarian, and teachers of Physical Education, Music, Art, and Technology.

Finally, starting at 7:50 p.m., parents/guardians of students in Grades 6-8 can meet with the Language Arts, Math, Science, Social Studies and Spanish teachers.

The new administration will be available to discuss your child’s educational needs and goals for the school year.

Back to School Night runs from 6:30 p.m. to 8:30 p.m.

The purpose is for the parents to get a clear understanding of the curriculum and what is expected of the students in their new grade levels.

Superintendent Scarafile adds that he hopes to move the district forward under his leadership. ###

Collaborative Parents Committee Meets October 15

The next Collaborative Parents Committee (CPC) meeting will be Tuesday, October 15, 2013, at 7:30 p.m. at the Media Center in the Hasbrouck Heights High School, 365 Boulevard in Hasbrouck Heights NJ .

This month parents are invited to lead the discussion with any questions or concerns they may have. There will be a guest speaker at their next meeting on November 19, 2013.

The CPC is a parent organized group that provides support, advocacy and education for parents of children with special needs in the Hasbrouck Heights school district.

For more information go to: <http://www.hhschools.org/SpecialServices/SitePages/Home.aspx> ###

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Rutherford 201-939-2224
342 Union Ave
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Contact: Libera Schilare
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Wood-Ridge Colonial
\$679,000
4 BR, 2.5 Bath
Contact: Jean Zeppieri
@ 201-895-1820



Rutherford Townhouse
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4 BR, 3 Full & 2 Half Bath
Contact: Deborah Balchan
@ 201-741-1648



Hasbrouck Heights 2 Family
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201-288-5533/201-939-2224



Rochelle Park Cape Cod
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4 BR, 2 Bath
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@ 201-394-7131



Rutherford Colonial
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Driver Caution: Obey School Traffic Patterns

Officials Urge: Use seat belts & child safety seats • Do not use cell phone/text while driving

Carlstadt
Lt. Beese of Carlstadt Police Department reports that there are 20 crossing guards posted throughout the Borough on all school days from 7:45 a.m.– 9 a.m. and 2:45 p.m.– 4 p.m. Please obey the directions of the crossing guards in those areas.

There are approximately 600 students that are dropped off and picked up at Carlstadt Public School every school day. Please follow the following rules.

- Do not park in the drop off zones. They are for dropping off and picking up of students only.
- Parents can use the auxiliary parking lot located at the north/west corner of the school, (*next to the basketball courts*) which can be entered from Garden Street.
- Please do not turn left from Washington Street on to Summit Avenue, when dropping off and picking up students. This disrupts the flow of traffic.
- Please do not park within 25 feet of a crosswalk or 50 feet of a stop sign. This makes it difficult for the crossing guards to see moving vehicles clearly and be able to safely cross the children.

Hasbrouck Heights
As the new school year begins, Sgt. Ian Robertson reminds drivers: “There are

15 school crossing locations in town. All have advance school crossing signs which are lime green in color.”

School crossing guards are present during school days between 7:45 a.m. to 8:45 a.m.; and 2:30 p.m. to 3:30 p.m.

School crossing guards wear lime green vests and hold portable stop signs.

Additionally, there are four walking school bus routes with a large number of students.

Drivers should exercise caution at these locations, especially during inclement weather and periods of sun glare.

Dropping students off at Heights schools:

- At schools, Sgt. Ian Robertson reminds drivers not to park in the yellow zones or double park -- especially during inclement weather, letting off or taking on passengers in moving traffic.
- Do not park in designated drop-off zones at dismissal time.
- At Corpus Christi School, don’t park in the Shadow’s Food Mart lot.
- When dropping off or picking up students at the Jr./Sr. High School main entrance at The Boulevard, do not park in the yellow zone, at the bus stop or double park on The Boulevard.
- At the LaSalle Avenue entrance, no parking, dropping off or picking up students in the yellow zone where no parking

or no standing signs are posted. This violation creates a hazard for students and impedes Boulevard/LaSalle traffic flow.

- Use the specially designated drop off zone in the morning that is clearly marked by traffic cones from 7:30 a.m. to 8:30 a.m.
- Paterson Avenue entrance, no double parking. No “K” turns to avoid Paterson/Boulevard intersection.

Little Ferry
Students and parents are reminded to cross only at designated areas where school crossing guards are located and to cross only when instructed to do so by the crossing guard.

- The Borough of Little Ferry has 14 designated school crossing locations throughout the Borough. School crossing guards are present school days from 8 a.m. to 9 a.m. and 3 p.m. to 4 p.m.
- Parents are reminded to be extra vigilant when dropping off and picking up students.
- Drivers are warned that the Little Ferry Police Department has a ZERO TOLERANCE POLICY for motorists who violate motor vehicle laws in a designated school zone.

Lodi
There are 17 school crossing guards posted throughout the Borough. All guards will be present during school days from 7:30 a.m. until 9 a.m., 11:15 a.m. until 1 p.m. and 2:30 p.m. until 3:45 p.m.

Both parents and students are to cross ONLY at intersections where guards are posted. When picking up or dropping off students do not park in the Drop-off Zone.

Special attention at Wilson School: The drop off zone is located on Liberty Street ONLY. No students should be dropped off on Prospect Street.

This is both a danger to students and backs up traffic on Union Street.

DO NOT Park next to curbs that are painted yellow for student safety reasons. Vehicles parked in the yellow curb area obstruct the vision of oncoming vehicles.

On Borig Street at the intersection of Main Street there is a No Left Turn Sign posted. Left turns there create a danger to students crossing at the intersection of Main Street and Garibaldi Avenue.

There will be Police Officers posted at all the schools when students are present both before and after school. This Borough will have ZERO TOLERANCE for any motor

vehicle infractions in posted school areas.

“Let’s make this a safe school year,” stated Sgt. Russell Inserra, Traffic Division.

Moonachie
• Students are reminded to cross only at intersections where crossing guards are present and to only cross when instructed to by the crossing guard.

• Crossing guards are present on all school days from 7:30 a.m. to 9:30 a.m., and 2:30 p.m. to 4 p.m. Crossing guards are posted at Metropolitan Trailer Park from 6:45 to 8:45 a.m. and from 2:00 to 3:30 p.m.

• Parents are reminded that when dropping off children at the Robert L. Craig School the driveway is for drop off only, there is no parking in the circular driveway.

• When picking up children after school there is still no parking allowed in the driveway and when parking you should park in a marked parking spot. Do not double park or block another car that is parked in a spot.

• Please drive with extra care and follow the directions given by the school crossing guards.

• New Jersey State law requires that all passengers under 8 years old or under 80 lbs. be secured in a Child Passenger Restraint System or a booster in the rear seat. All passengers 8 years old or over 80 lbs., as well as the driver and the front seat passenger of an automobile, must wear a properly adjusted and fastened safety belt system.

• All drivers are reminded to drive with extra caution in all areas where children are.

• Buckle up and drive safely.

Rutherford
Rutherford Traffic Coordinator Detective William Gumbman reports that:

• Students are reminded to cross only at intersections where crossing guards are present and to cross only when directed to do so

• Parents are reminded that the areas adjacent to the schools are for drop off/ pick up ONLY. Do not park your vehicle in these areas

• The Borough of Rutherford has 19 designated school crossing locations throughout the Borough.

School crossing guards are present school days from 7:45 a.m. to 8:45 a.m., 11:00 a.m. to 1:00 p.m. and 2:30 p.m. to 4:00 p.m.

• Drivers are warned that the Rutherford Police Depart-

ment has a ZERO TOLERANCE POLICY for motorists who violate motor vehicle laws in designated school zones.

Wood-Ridge
Lt. Witkowski, Wood-Ridge Traffic Officer, reports that there are 10 crossing guards posted throughout the Borough with the hours being 7:30 a.m. to 8:30 a.m. and 2:15 p.m. to 3:25 p.m.

Additionally, Auxiliary Officer and Crossing Guard, Kevin Metcalfe, is posted in front of the W-R High School.

• Utilize the drop-off zones on First and Second Streets for the Wood-Ridge Intermediate School (*previously known as Assumption School*).

• Utilize the drop-off zone on Windsor Road for Ostrovsky School.

• Do not park in Kohler Funeral Home parking lot.

• The Catherine E. Doyle School now has three drop-off zones to improve flow around the school. They are located at Wood-Ridge Avenue, Twelfth Street and Highland Avenue. The traffic flow is currently being evaluated and residents will be notified.

• Please obey the directions of the crossing guards in those areas.

• An agreement has been reached with the Bergen County Vocational School located on Valley Boulevard. They will have an employee of the school monitor the bus parking in that area. No longer will buses be permitted to park 25 feet from an intersection or 50 feet from a stop sign. This will be a great help in the traffic flow around the school for W-R residents.

“School’s Open-- Drive Carefully!”
Traffic officials also stated that, “The greatest threat children face today is motor vehicle crashes.”

To help protect children, motorists should follow these safety tips:

- Slow down near schools and in residential areas.
- Drive with your headlights on - even during the day - so children and other drivers can see you.
- Look for clues such as School Safety Patrollers, bicycles and playgrounds that indicate children could be in the area.
- Scan between parked cars and other objects for signs of children.
- Practice extra caution in bad weather.
- Always stop for school busses that are loading or unloading students. ###

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It’s Hurricane Season -- *Be Prepared*

Hurricanes can cause catastrophic damage. Hurricanes can produce winds exceeding 155 miles per hour as well as tornadoes and microbursts.

Additionally, hurricanes can create storm surges along the coast and cause extensive damage from heavy rainfall.

Floods and flying debris from the excessive winds are often the deadly and destructive results of these weather events. Flash flooding can occur due to intense rainfall.

Know the Difference

Hurricane Watch—Hurricane conditions are a threat within 48 hours.

Review your hurricane plans, keep informed and be ready to act if a warning is issued.

Hurricane Warning—Hurricane conditions are expected within 36 hours. Complete your storm preparations and leave the area if directed to do so by authorities.

Prepare Your Home/Property

- Bring in or secure anything that can be picked up by the wind (bicycles, lawn furniture).
- Trim loose/dead branches from trees.
- Secure windows with storm shutters/plywood (pre-drill holes).
- Remove satellite dishes/antennae/roof turbines.
- Clean out gutters.
- Stack sandbags around exterior door frames.
- Close windows, doors and hurricane shutters. If you do not have hurricane shutters, close and board up all windows and doors with plywood.
- Turn the refrigerator and freezer to the coldest setting and keep them closed as much as possible so that food will last longer if the power goes out.
- Turn off propane tanks and unplug small appliances.
- Talk with members of your household and create an evacuation plan. Planning and practicing your evacuation plan minimizes confusion and fear during the event.
- Securely moor or move your watercraft to a safe location.

Don’t Forget

- Fill your vehicle with gas well in advance.
- Know how to turn off your home’s gas, electricity and water.
- Prep generator to assure proper operation.
- Do NOT plan on using propane heaters indoors as these are a health hazard and a fire hazard when used

indoors. Same story -- do not use candles.

Have On Hand

- Tools (hammer, screw-driver, chainsaw, etc.).
- Plastic tarp (roof/window repair).
- Clean up supplies (for yard and home).
- Camera to document before/after.

Basic Disaster Supplies Kit

A basic emergency supply kit could include the following recommended items:

- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both.
- Flashlight and extra batteries.
- First aid kit.
- Moist towelettes, garbage bags and plastic ties for personal sanitation.
- Prescription Medications (*7-day supply*), medical information and medical items (*hearing aids with extra batteries, glasses, contact lenses, syringes, cane*).
- Baby supplies (bottles, formula, baby food, diapers).
- Pet supplies (*collar, leash, ID, food, carrier, bowl*), and vet records.
- Extra cash or traveler’s checks and change.
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Sleeping bag or warm blanket for each person.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Rain gear.
- Extra set of car keys and house keys.
- Insect repellent and sunscreen.
- Fire extinguisher.
- Matches in a waterproof container.
- Books, games, puzzles or other activities for children.

Food/Water

Consider the following things when putting together your emergency food supplies:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation.
- Store at least a three-day supply of non-perishable food.
- Choose foods your family will eat.
- Remember any special dietary needs.
- Avoid foods that will make you thirsty.
- Choose salt-free crackers, whole grain cereals and canned foods with high liquid content.
- Mess kits, paper cups,

plates, paper towels and plastic utensils.

- Manual can opener for food.

Following a disaster, there may be power outages that could last for several days. Stock canned foods, dry mixes and other staples that do not require refrigeration, cooking, water or special preparation.

What do I do After a Hurricane?

- Drive only if necessary and avoid flooded roads and washed-out bridges.
 - Keep away from loose or dangling power lines and report them immediately to the power company.
 - Stay out of any building that has water around it.
 - Inspect your home for damage. Take pictures of damage, both of the building and its contents, for insurance purposes.
 - Use flashlights in the dark. Do NOT use candles.
 - Avoid drinking or preparing food with tap water until you are sure it’s not contaminated.
 - Check refrigerated food for spoilage. If in doubt, throw it out.
 - Wear protective clothing and be cautious when cleaning up to avoid injury.
 - Watch animals closely and keep them under your direct control.
 - Use the telephone only for emergency calls.
- For more information go to www.redcross.org/prepare/disaster-safety-library

Flood Insurance

Because standard home owners insurance doesn’t cover flooding, it’s important to have protection from the floods associated with hurricanes, tropical storms, heavy rains and other conditions that impact the U.S. For more information on flood insurance, please visit the National Flood Insurance Program Web site at www.FloodSmart.gov.

Dealing With Flood Water

If you experience flooding, take immediate steps to protect yourself, your family, your home and your business.

For an overview of steps you can take, go online to: www.the-gazette-newspaper.com and check out the January 2013 issue, page 25.

Additional References

- www.redcross.org/prepare/disaster-safety-library
- www.ready.gov
- www.FloodSmart.gov.

Flash Flood Driving Tips

Flash flooding can occur after only a few minutes of heavy rainfall or after hours of significant precipitation. Safety officials offer the following flood safety tips.

- During foul weather, be sure to turn on your lights. Remember, it’s the law.
- Never drive around barricades at water crossings.
- Do not drive through standing water on roads or in parking lots. This could cause you to hydroplane and lose control of your vehicle. If you do experience aquaplaning, hold the steering wheel lightly and lift off the throttle until the tires regain grip.
- Don’t try driving through fast-moving water, such as at a flooded bridge approach - your car could easily be swept away.

If no alternate route exists and you have no other reasonable alternative but to drive through standing water --

- Remember that six inches of water will reach the bottom of most car doors. One foot of water will float most vehicles and two feet of water will carry most vehicles away.
- There is no way to tell if flooded roads have been washed out by swift-moving waters. Roads covered by water are prone to collapse.
- Watch for debris in the roadway, such as downed trees or limbs.
- Avoid driving in water that downed electrical or power lines have fallen in — electric current passes through water easily.
- Do your best to estimate the depth of the water (if other cars are driving through, take note of how deep the water is).
- Drive slowly and steadily to avoid creating a bow wave.
- Driving fast through

standing water can cause expensive damage - the air intake on many cars is low down at the front of the engine bay and it only takes a small quantity of water sucked into the engine to cause serious damage. All engines are affected but turbo-charged and diesel engines are most vulnerable.

- Drive in the highest section of the road if it is safe to do so.
 - Just like in winter weather, try to keep a little more distance between your vehicle and the vehicle in front of you.
 - Do not drive through flood water if a vehicle is travelling in the opposite direction.
 - Watch and be prepared for spray from larger vehicles like trucks.
 - Be especially careful at night as it can be difficult to see water and it’s depth across the roadway.
 - If your vehicle stalls in the deep water, you may need to restart the engine to make it to safety. Keep in mind that restarting may cause irreparable damage to the engine.
 - If you can’t restart your vehicle and you become trapped in rising water, immediately abandon it for higher ground.
 - Try to open the door or roll down the window to get out of the vehicle.
 - Have a device (hammer) to break a window from inside your vehicle. (*A seat-belt cutter window breaker emergency escape tool is available on Amazon for under \$10.*)
- If you find yourself stranded in flood waters remain calm. Call 9-1-1 from the top of your vehicle or higher ground.
- Test your brakes thoroughly after leaving the flood water. ###

How to Get Emergency Notifications

The Hasbrouck Heights Police Department, (*as with many other police departments in our area*), in conjunction with the Bergen County Office of Emergency Management, is advising area residents of a free emergency notification service.

You can now register all your phone numbers for up to date information with regards to emergency notifications within the Borough of Hasbrouck Heights. Follow these instructions.

Go to WWW.BCOEM.ORG and click "Swift911" link.

Fill in your information and you are all set to receive the most up to date information on emergency situations. ###

• **nixle.com** -- Additionally, many police departments provide current information via “nixle”. To sign-up go to nixle.com For mobile alerts, text your zip code to 888777. ###



On August 17, 2013, Rotary District 7490 officers, on behalf of the Walter D. Head Foundation, presented a check for \$33,000 towards the rebuilding cost of the Moonachie Senior Center to Mayor Dennis Vaccaro. ###



On Friday afternoon, July 26, 2013, Moonachie Seniors enjoyed hot dogs, hamburgers, refreshments and ice cream during the summer recreation BBQ.

The magician was assisted by the Senior club officers, Mayor Dennis Vaccaro and Brenda Lapadat, Branch Manager, Valley National Bank, Moonachie. ###

Rutherford Lions Club News

At the recent installation meeting of the Rutherford Lions Club, outgoing President William Galloway presented the Lion of the Year Award to Lion Laura O'Connor. Laura, who is a past President of the Club, was chair of the Sight Screening committee of the Club and was instrumental in the Club purchasing a Spot by Pediavision vision screening device which the Club is using to screen preschoolers for amblyopia (lazy eye) and other vision problems so that they can be caught and treated at an early age.

During the meeting, five new members were installed: Nanda Bhatia, Arun Bhatia,



Judy Stabile and Victor Monteiro, and Justin Smith.

For information on the Rutherford Lions Club visit www.RutherfordLionsClub.com Photo and story by Glenn Elliot. ###

Wood-Ridge Lions To Dedicate Gazebo To Charter Members

To begin the year long celebration of their 75th anniversary, the Wood-Ridge Lions Club will dedicate the gazebo in Veterans Park on the Boulevard to the 19 Charter Members of the Club.

The dedication will take place on Sunday September 29, 2013 (rain date October 6), at 1 p.m. in the park.

Club President, Dave Gotha, is extremely proud that this will be his first official function as president. Wood-Ridge Mayor and State Senator Paul Sarlo, who is also a Club member, will preside over the dedication.

After the brief ceremony complimentary hot dogs and refreshments will be served.

The Club, which was chartered in 1939, has a long history of service to those in need. Primarily involved with five major sight projects, the club also supports mentally challenged adults, local scholarships, charter sponsor of the Wood-Ridge Little League, The Wood-Ridge PBA Vest Fund, The American Legion, Thanksgiving Food Drive and other projects as needed.

The year long celebration will culminate with a super gala dinner dance at the **Fiesta** on Friday, October 17, 2014. Story by Jack Nagel. ###

Free Lunch is Back at First Presbyterian

Everyone is invited to the "First Saturday Free Lunch Program" at the First Presbyterian Church on Moonachie Road, Moonachie, on Saturday, September 7, 2013 at 11:30 a.m.

If the economy's got you down, or you want to share a meal with others, come on the first Saturday of every month. There is no charge and there are no strings attached. ###



On July 27, 2013, the Moonachie branch of the Valley National Bank held a paper shredding event. The Moonachie Police Department was on hand to discuss identity theft protection. ###



At the Moonachie Civic Center on Saturday morning, August 17, 2013, the DPW arranged for residents to safely shred their important documents. ###



A Touch of Vegas

"Vegas in the Heights" is the latest fund-raiser the Mid Bergen Rotary Club is gambling on to help them continue funding their many community outreach programs.

The event is being held on Saturday, September 28, 2013, starting at 6:30 p.m. at the VFW Post 4591, 513 Veterans Place, Hasbrouck Heights.

Tickets are \$50, which includes a buffet meal, wine, beer and soft drinks, as well as \$200 in gambling chips. Tickets can be obtained by emailing Tom at tcollatti@minutemanpress.com, or calling Yvonne at 201-896-4800. ###



The Wood-Ridge Council honored three students from Bergen County Academies for their extraordinary academic achievements at a ceremony during the July 2013 Borough Council meeting. (l-r) Jessica Bowman, Alexa Perucci and Gabriella Costa, with Councilman Ezio Altamura and Council President Catherine Cassidy. Photo provided by Brian F. Costa. ###

Bible Baptist Church
85th Anniversary
Service on Sunday, September 29th
Time: 10:30am to 1pm
Felician College
Breslin Theatre - 262 S. Main Street, Lodi, NJ

Church Anniversary Service

1928 - 2013

Glen Rock Resident Helps Hurricane Sandy Victims

Sandy Related Legal Help Available

Glen Rock resident Naomi Gamorra recently helped survivors of Hurricane Sandy by hosting a successful Tool Distribution for Little Ferry and Moonachie survivors of Superstorm Sandy.

The drive was sponsored by the Bergen County VOAD (Voluntary Organizations Active in Disaster) and the Glen Rock Poverty Awareness Project, and was hosted at the Recovery Information Center in Moonachie.

Gamorra initiated a Tool Drive in her town of Glen Rock when, as a VOAD Volunteer, she realized that a significant number of Little Ferry and Moonachie residents lost their valued tools during Hurricane Sandy. Many residents are dependent on their tools for a living and many had stored their tools in sheds and garages, which were not covered by FEMA and insurance.

The community of Glen Rock responded with some gently used tools including

drills, power saws and lawn tools. Some Glen Rock community members donated money towards the purchase of basic home tools such as screwdrivers, hammers, pliers, etc.

Rotary members donated Home Depot gift cards which went towards the purchase of gardening kits, shovels and other lawn tools. Support for the drive also came from Glen Rock Paint and Hardware, storing and accepting donations.

Bergen VOAD Volunteers assembled a list of Little Ferry and Moonachie community members that indicated loss of their tools during the initial intake done at the Recovery Information Center. ###

Several legal service resources are available to those affected by Superstorm Sandy.

• If you have legal issues arising out of Superstorm Sandy, you are eligible to receive free legal counsel and advice and brief services from volunteer attorneys of Volunteer Lawyers for Justice.

Call 855-301-2525 for information. All issues must relate to Superstorm Sandy.

• NNJLS provides free legal assistance to low-income, senior and disable residents affected by Superstorm Sandy.

NNJLS can provide assistance with issues related to:

- Denial of FEMA or National Flood Insurance claims
- Housing as a result of storm damage

- Public benefits including denial of rental assistance, TANF, food stamps or unemployment benefits
- Claims arising from fraudulent service or storm-related scams

NNJLS also provides eligible residents with:

- Evictions, illegal lockouts and landlord/tenant issues
- SSI/SSDI and other state and local public benefits issues
- Immigration issues for Legal Permanent Residents

- Bankruptcy and debt collection
- Domestic violence
- Federal income tax issues
- Civil legal issues faced by senior residents aged 60 or older

For more information contact Northeast New Jersey Legal Services, 190 Moore Street, Hackensack. Call 201-487-2166, email: nnnjls@lsnj.org or go to www.lsnj.org/nnjls ###

Protect your health and property.
Contact VOAD for a FREE mold inspection. Funding is available for residential mold remediation

Bergen County Storm Recovery Information Center

Located at Moonachie First Presbyterian Church, VOAD is a clearinghouse that offers a network of 50+ voluntary organizations ready to help you with your Superstorm Sandy recovery needs.

Services are provided on a case-by-case basis to renters, homeowners, and small businesses.

Services include information and referral, case management, mold inspections and mold remediation, tear-outs, debris removal, storm related repairs, financial assistance, donated goods, etc.

Walk-ins welcome.

Tuesday 11 a.m. to 5 p.m.
Wednesday 11 a.m. to 5 p.m.
Thursday 11 a.m. to 7 p.m.
Friday 11 a.m. to 5 p.m.
Saturday 9 a.m. to 2 p.m.
Sunday Closed
Monday Closed
Hours subject to change

This facility serves all of Bergen County. For more information call: 201-470-3143 or visit: www.bergenvod.org ###

- Sandy Reference Links
- sandyhelp.nj.gov
 - fema.gov/hurricane-sandy
 - sandynjrelieffund.org/
 - state.nj.us/dca/divisions/sandyrecovery/splash.shtml
 - nj.gov/njbusiness/
 - bergenvolunteers.org/
 - redcross.org
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Cortona Devastated. Cortona Revitalized.

As Sandy loomed on Monday, October 29, 2012, Little Ferry CERT (*Community Emergency Response Team*) volunteers were preparing the St. Margaret of Cortona gymnasium as a emergency shelter with cots in place and food cooking.

At about 10:30 p.m., unexpected water began coming fast up Chamberlain Avenue, and the shelter was abandoned.

On Wednesday, CERT regrouped and went back to St. Margaret's to begin the recovery operations of cleaning up the mud layered on the gym floor.

CERT became operational again and set up a food pantry and disaster relief center. This center was open until Friday, November 9, 2012.

That wall of storm surge water also damaged the Church, rectory and parish offices.

The Church was closed and services were held in the gym since December. (*The Church doors were opened for a public wake for its longtime pastor, the Rev. Arthur Humphrey, who*

died November 24.)

Despite personal losses at homes and businesses, parishioners began the arduous task of clean-up and recovery.

The new pastor, Rev. Kevin Carter, arrived February 1, 2013, and supervised the massive renovation of the Church.

Structurally, the building was sound.

But inside the Church, the flood waters rose as high as the pew seats. The oak wainscoting on the walls buckled. The altar floor and carpets were destroyed. The pipe organ was destroyed. Electrical work needed to be done as well as sanitizing and mold remediation. The Altar, which is made out of marble, was not damaged.

After the clean-up, reconstruction began. Vinyl tiles, with a marble-like veneer, replaced the carpets. Pews were refinished. The organ was sent to a Paterson piano company to be salvaged.

Contractors cut marble and placed it on the altar's Sanctuary, painted walls and ap-

plied stain to the thick wooden beams on the soaring arched ceiling. A new sound system was installed. Pretty much everything was new.

With new white circular light fixtures with gold trims hanging from the ceiling, the Church seemed brighter than it had been before the storm. The Church was completely revitalized!

Estimated recovery costs could reach \$1 million, but a final tally is still unknown.

Donations from the Knights of Columbus, archdiocesan parishes (especially the local deanery), individuals, etc., helped defray some of the cost, and insurance is expected to reimburse some of the expenses.

Although there was more detail work to be done, the Church was dedicated and reopened on Sunday, August 4, 2013. (*See story on page 18-19.*)

The gym, rectory and Marnell Hall parish offices, are still months away from completion. *Photos provided by Henry F. Ballone. ###*



Dedication and Re-opening



On Sunday, August 4, 2013, parishioners gathered at the gym which served as their Church for over nine months, as Auxiliary Bergen County Bishop John Flesey and Rev. Kevin E. Carter led a procession to the altar for a brief closing ceremony.

The cadre of clergy then proceeded from the altar to the back of the Church, leading a procession of choir, parishioners and local officials across the parking lot to the entrance of St. Margaret of Cortona R.C. Church.

At the entrance, trustee Regina T. Coyle symbolically presented The Most Reverend John W. Flesey, Auxiliary Bishop of Newark, with the architect blueprints and the keys to the

refurbished Church.

Rev. Carter unlocked the Church doors and the procession ceremoniously continued inside with the choir singing, "Let Us Go Rejoicing," followed by the assembly.

Bishop Flesey began the solemn rededication service by blessing the Holy Water at the Baptismal font, then moved throughout the Church sprinkling the people, and purifying the walls and altar of the new Church.

The Old Testament was read followed by the responsorial psalm. Epistle and Gospel were read, with homily by the Bishop who said, "I have good news for you, St. Margaret of Cortona Church has been raised from the

dead. Our hearts are filled with gratitude and joy and the Lord."

The congregation stated the "Profession of Faith" followed by the "Litany of Saints."

Bishop Flesey moved to the altar and prayed the "Prayer of Dedication." He then anointed the white marble altar with the sacred chrism (rubbing it with consecrated oil), after which assisting priests living at St. Margaret's anointed the walls.

With a bowl of lit incense on the altar, the Bishop imposed incense on the altar swinging a thurible, purifying the altar of prayer, followed by assisting clergy blessing the Church walls and congregation with incense.

The altar was cleaned and covered by ladies from the Ro-



of St. Margaret of Cortona

sary Society, and flowers were placed by the Vorisek Family.

The candles were lit for the first time for the Celebration of the Eucharist by the Deacons of the Mass.

The Mass continued with gifts presented, the bread and wine were consecrated, and the choir singing as the communion was served to the congregation for the first time in their refurbished Church.

The consecrated Eucharist was blessed with incense and following a procession, was reposed in the Tabernacle for the Inauguration of the “Blessed Sacrament Chapel.”

The sanctuary lamp above the Tabernacle was lit, completing the “Rite of Dedication” of

St. Margaret of Cortona R.C. Church.

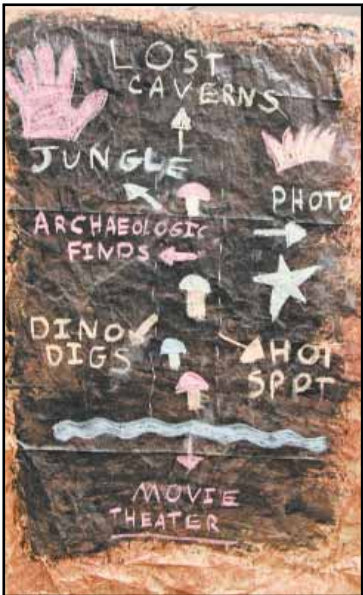
The dean read the letter of appointment presenting the Pastor-elect. The Bishop commended Fr. Carter as the Pastor of Saint Margaret of Cortona Church.

Carter, who came to the parish in February, was officially installed as pastor. Remarks were made by Pastor Carter, followed by the final blessing and dismissal.

As the choir sang, “All Creatures of Our God and King,” a procession of clergy, worshipers and guests exited.

Fr. Carter met with the parishioners outside the Church. Light refreshments followed in the Parish Hall. ###





Taking a Journey to the Center of the Earth

On Friday, August 2, 2013, from 6:30 to 1 a.m., The Hasbrouck Heights Public Library held their 7th Annual Library Bash, "Take a Journey to the Center of the World."

With imaginative graphics and bold displays, The Library was transformed into a world of new discovery.

There was a great line-up of activities to enjoy:

- Special guest appearances of costumed characters
- Movie screening of "Oz the Great & Powerful"

- Karaoke singing
 - Eugene Show -- family concert performance by award winning children's recording artist, Yosi
 - Discover the World of Cave Animals
- Throughout the evening there were various activities for the entire family to do together – going on a dino dig exploration, making your own fossil, learning from the Boy Scouts how to survive the wilderness of Middle Earth, and going on

a scavenger hunt.

The Newark Museum provided an interactive archaeological table display.

Unique refreshments included fossil cookies, dirt cup, mushroom salad, pterodactyl wings, gourmet bugs, caterpillar kabob, ladybug-cake-pop, ants-on-a-log, etc.

This program was made possible through the generous support and funding provided by The Hasbrouck Heights Friends of The Library. ###

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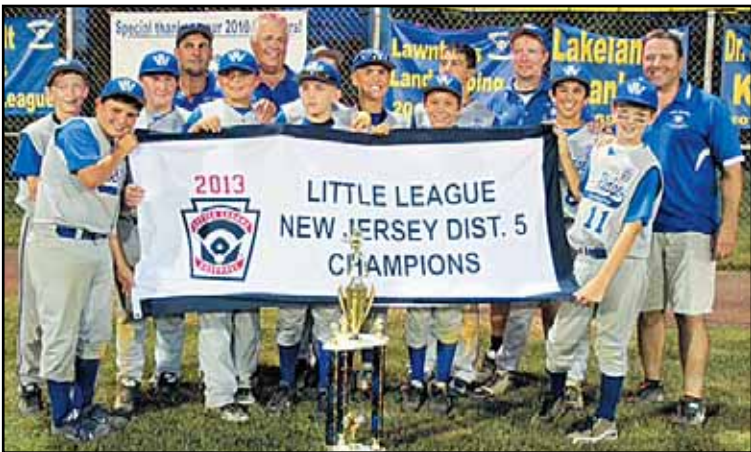
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This is the 12 year Williamsport Tournament. The 2013 Wood-Ridge team became only the 5th team in the 60 year history of Wood-Ridge Little League to win a District title and advance to the Sectionals. Wood-Ridge was one of 20 out of over 300 teams that advance to the Sectionals in hopes of advancing further to have a shot at the crown jewel of Little League Baseball, Williamsport 12 year old tournament. The team went 9-0 in pool play and semifinals to advance to the championship game.



The previous ten year old District 5 champion, 2013 Wood-Ridge 11 year olds, came back strong this year and won the Districts and Sections and advanced to Cherry Hill for the state tournament.

Wood-Ridge/Moonachie Little League Complete Historic 2013 Season

The Little League and Babe Ruth teams of Wood-Ridge and Moonachie completed the greatest season ever in 2013, a season like no other. Overall, the town's teams combined to win five district banners and three playoff championships. League president Phil Romero considers this season to be a huge accomplishment and one that he will never forget.

The first playoff championship belongs to the 16 through 19 year olds Senior Babe Ruth team, who captured the Bergen County Senior Babe Ruth playoff championship. The 10 and 11-year-old Little League All-Stars won their second consecutive District 5 Championship and the Section 2 State Championship to compete for the New Jersey State Championship in Cherry Hill, NJ for the first time in their history.

In the State Championship, they played teams from Erial, NJ, Old Bridge, NJ, and Randolph, NJ from August 7 through 12, 2013. Unfortunately, the team lost its opening game to Erial 19 to 6 and then elimination game against Old Bridge that followed by a score of 5 to 4 which knocked them out of the running. Despite the early exit in the tournament, the 10 and 11-year olds still made the towns of Wood-Ridge and

Moonachie proud.

As for district championships, five banners were won in all including the Senior Babe Ruth team and 10 and 11-year-old Little League All-Stars. Also achieving district banners were the 12 year olds winning the District Five championship, the 13-year-old Babe Ruth team winning District Four, and the 15 year olds also winning District Four.

Not to be forgotten are the teams that made it to their respective championship games but came up one game short of adding to an already impressive list of titles. The 8-year-old All Star teams were runners up in tournaments taking place in Paramus and Lyndhurst. The 9-year-olds took second place in their championship game in Lodi.

This incredible season saw the Wood-Ridge and Moonachie Little League and Babe Ruth teams win more titles than ever had before. League president Phil Romero is very proud of all of the teams, stating that the season was phenomenal and every coach and player worked very hard to win.

Photos by Karyn Ochiuzzo. Story by John Cross with contributions by Phil Romero and Robert Packen. ###

Troop 181 Summer Camp

Boy Scouts Troop 181 attended Summer Camp in Blairstown, New Jersey for the 13th year.

Scoutmaster Mike Sweeney, along with Assistant Scoutmasters Christopher Cupo, John Marasciulo and Dan Albano, led the troop. Mr. Biamonte, Carlstadt Scoutmaster with over 30 years experience, also joined us.

This year, two Scouts from Troop 1 from Carlstadt joined 15 Scouts from Troop 181.

Our troop met at the Bianchi House to gather our camping supplies and departed for Camp No-Be-Bo-Sco on Sunday, July 7.

Upon arriving, we were given a brief tour of the range and all Scouts were required to take a swim test in order to have access to any swimming activities.

The lake is named Sand Pond Lake aka Camp Crystal Lake from the Friday the 13th film. We played a lot of field games such as Frisbee, football, and baseball.

On Wednesday, we had Troop games where we competed with other Troops also camping at No-Be-Bo-Sco.

This year's camp theme was "The Lost City of Gold". Our Troop won 1st place in this year's dress-up event.

The scouts worked together in camp wide activities and games. Our troop members Vincent M. and Dan Albano dressed up as explorers searching for the Lost City of Gold.

We also took 1st place in the most comfortable throne

built for our King played by Jessie P. of Carlstadt Troop 1.

Our new Senior Patrol Leader, Nick S. who did a great job all week, led the boys. Matthew K. earned the mile swim award, which he also earned last year. Thomas C., Andrew R., Vincent M., Matthew Co and David all passed the BSA swim test for the first time.

We also had two boys who have gone to camp for the last time and will be missed next year; they are Gerard L. and Matthew R.

These Scouts are working on becoming Eagle Scouts. This year, Thomas C. made a commemorative plaque, which was signed by Troop 181 Scouts and will be displayed at the camp dining hall.

Camp No-Be-Bo-Sco offers scouts numerous opportunities to complete merit badges towards advancement in the troop.

Our troop participated in various activities to fit each individual scout's level of interest.

Scouts had to attend daily lessons beginning at 9 a.m. and ending at 5 p.m. There were over 40 merit badge activities offered at camp this year.

Our Scouts worked and completed the following merit badges:

- Anthony A: Art, Geology, Environmental Science, First Aid
- Thomas C: Camping, Archery, Wood Carving, Rifle Shooting, Basketry, Environmental Science
- Matthew Co: Camping,

Rifle Shooting, Archaeology, Geocaching, Geology

- Matthew Cu: Camping, Archery, Swimming, Environmental Science

- Jared K: Leather Making, Archery, First Aid

- Matthew K: Wilderness Survival, Archaeology, Kayaking, Mammal Study, Pioneering

- Gerard L: Soil and Water Conservation, Kayaking, Fish and Wildlife Management, Emergency Preparedness, Environmental Science

- Vincent M: Camping, Archaeology, Forestry, Environmental Science, First Aid

- Louis M: Camping, Climbing, Environmental Science, First Aid

- Chris M: Swimming, Archery, First Aid

- Andrew R: Camping, Weather, Emergency Preparedness, Environmental Science

- Matthew R: Weather, American Heritage, Cooking, Hiking

- William R: Partial Completion of Cooking Badge

- Nick S: Camping, Climbing, Environmental Science, First Aid

- Ryan Z: Camping, Geocaching, Astronomy, First Aid

- Jesse: Swimming, Camping

- David: First Class Adventure

Thomas C. and Andrew R. completed this article as a requirement towards earning the Communications Badge. Photos were submitted by Christopher Cupo. ###



Runners Take Off At Teterboro Airport

It was 85 degrees with humidity at 65 percent, but a slight overcast and light wind kept athletes from running in a furnace.

At 8:30 a.m., on Saturday, July 20, 2013, the 16th Annual Teterboro Airport 5K Run was held at the Jet Aviation facility. Teterboro Airport suspended flight operations on Runway 1-19 for the race.

This event featured: \$10,000 Random Prize Give-away, \$1,000 Super Random Grand Prize, ChronoTrack D-Tag Scoring, food, mini-Flyer Dashes, food, “T” shirts and DJ.

The course was flat out and back with only five turns, two water stops and mile clocks on the runway. The course was certified and the race sanctioned by USA Track & Field and is a Grand Prix Series Race. Run is USATF-NJ NBGP 500 points.

This year’s top finisher,

male, was John Pusols, Hackensack, NJ (19), with a time of 16:40.02, and female, Lyndsay McMeen, Morristown, NJ (33), with a time of 19:10.51.

The youngest male, Bobby Tommaney, Ramsey, NJ (12), at 26:16.43 and female, Emma Goshin, Glen Rock, NJ (10), at 26:38.33.

The oldest male, Nathaniel Finestone, Mountainside, NJ, (84) at 35:13.62 and the oldest female, Melva Murray, Bedminster, NJ, (81) at 53:58.88.

According to Compuscore, 629 crossed the finish line, with 34 year old Teena Kochukosky, Bergenfield, NJ, bringing up the pack at 55:54.70.

“United Way Mini-flyer Dashes” (25-200 yards) for children 2 through 12 followed the 5K event. Children wore a #1 tag. Each child was a top finisher and received a blue ribbon.

There were plenty of water stations throughout the race

area. Nourishment was available upon the race conclusion. Runners received a “goody bag” upon departing the race.

The Moonachie EMS/Rescue Squad provided emergency and first aid services attending to a few runners on site, with one transport.

This event was organized by Bergen County United Way and PSE&G and benefits the Bergen County United Way Compassion Fund to be used to provide direct services to the most vulnerable residents in our community and to develop programs and financial resources to address unmet needs.

Since its inception, the race has raised over \$500,000 for Bergen County United Way and NJ 211.

The race director was Mark Zenobia (*On Your Mark Productions*). Results are posted at www.compuscore.com ###



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W-R Soccer Annual Family Fun Day September 7

Wood-Ridge Soccer is hosting its first Annual Family Fun Day on September 7, 2013, from 12 - 4 p.m.

It will be loaded with lots of fun for the kids including bounce houses, obstacle courses, slides and games with vendors selling food, snacks, team apparel, and lots of other goodies. Admission is free.

They have an arrangement with the New York Red Bulls that for each ticket sold to their September 14 game, they will donate money to support their organization. If 100 tickets are sold they will send the Red Bulls Street Team to perform at Family Fun Day and if 150 tickets are sold, they will send a player to sign autographs.

To purchase tickets, please go to the following website: <http://www.newyorkredbulls.com/tickets> and reference promo code: RBNY914 ###

Lodi Little League 2014 Registration

The Lodi Little League will hold baseball and softball registration for the 2014 season beginning Monday, September 9, 2013, at the Little League Clubhouse at 72 Church Steet between 6 p.m. and 8 p.m. every Monday, Wednesday and Friday through September 30.

Any child that played last year is required to sign up by September 30 and return their uniform from last season.

Fees are \$75 for the 1st child, \$50 for a 2nd child and \$35 for a 3rd child. A refundable \$25 volunteer fee will be added and be refunded after a parent completes volunteer work. After September 30, the registration fee will rise to \$100.

For new enrollees, a copy of the child's birth certificate and proof of Lodi residence is required.

Tickets for the 2013 Annual Awards Brunch will also be available on these dates.

For more information, please call 973-591-1137 or 973-908-9395 or visit www.LodiLittleLeague.com. ###



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Moonachie Mystery 5K Run

The South Bergen Rotary Club is gearing up for its 2nd Annual Moonachie Mystery Run to be held Saturday, October 26, 2013. Starting line will be right outside the ball fields on Redneck Road.

Check in begins at 7 a.m., race starts 9 a.m. and "Fun Run" starts at 10 a.m.

Course is USATF Certified and Sanctioned with Compuscore bar-code scoring.

Registration fee is \$25 per runner until October 19, and \$30 day of race, \$5 per fun runner until October 19, and \$7 day of race.

Prizes for top male and female overall, and top three finishers in each age group. Also, prizes for best costumed male and female runner plus there will be three prize winners for "Best Decorated House on the Course." There will be "T" shirts, food, DJ and great goodie-bags.

Proceeds will benefit Parent Project Muscular Dystrophy (www.parentprojectmd.org) and other local charities.

Details and registration at compuscore.com, www.moonachiemysteryrun.com or southbergenrotary.org. ###

5K Walk Oct. 5 at Depken Field

The Children's Dyslexia Center of NJ, located at 301 Division Avenue will sponsor its 7th Annual Hasbrouck Heights 5K Walk to help support Dyslexic children on Saturday, October 5, 2013, at Depken Field.

The course is 5K (3.1 miles).

The Walkathon will be held rain or shine. Registration starts at 9 a.m. and the Walk begins at 10 a.m. Registration is \$15 for adults and \$5 for children under 12 years of age. Participants who register prior to the event will receive a commemorative "T" shirt at registration. Refreshments will be available.

Proceeds go directly to the cost of training tutors and tutoring children. Make checks payable to: Children's Dyslexia Center of NJ, indicating Hasbrouck Heights on the memo line. Send to Hasbrouck Heights Learning Center, 301 Division Ave., Hasbrouck Heights, NJ 07604 or call 201-288-1183. ###

Learn Tai Chi Workshops

The Free Public Library of Hasbrouck Heights will sponsor workshops focused on Tai Chi Short Form.

These workshops are free and people of all ages are encouraged to attend. They will be held once a month in the Library's conference room at 320 Boulevard from 7 to 8:30 p.m. on the third Monday of every month.

These workshops will teach you what Tai Chi is, how to perform the basic movements, and how you benefit from it. The next workshop will be Monday, September 16, 2013. No registration is required.

The instructor, Paul Barcia, has been practicing Tai Chi for over 15 years. He is a local businessman with a passion for Tai Chi and desire to spread his knowledge and experience. For details, please call The Library at 201-288-0488. ###

Soccer Shoot Out

The Knights of Columbus Council 4524 will hold its third annual soccer shoot out on Saturday, September 28, 2013, at McKenzie Field, East Rutherford NJ at 9 a.m. till 12 noon.

It is open to all boys and girls ages 10 to 14. Each child must have a parent or guardian to sign a permission slip in order for a child to participate. Trophies will be awarded for each age group. ###

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Wood-Ridge Mayor's 5K

Wood-Ridge Mayor Paul Sarlo and the Borough are sponsoring their 4th Annual USATF-NJ Certified 5K run on Sunday, October 13, 2013, at 10 a.m. with a start/finish at the Wood-Ridge High School. This event also includes a Kids Fun Run: under 5 years/50 yards, 6-9 years/100 yards and 10 years and older/ 1/4 mile dashes.

Awards for the top three male/female overall, first Wood-Ridge male/female finishers, 15 age-division gift certificates, finisher medals for Fun Run participants, and team participation awards.

There will be Super-Tech "T" shirt, and entertainment. Walkers & families welcome.

Cost for the 5K is \$20 (\$18 USATF), race-day registration is \$25, and Fun Run is \$5.

Proceeds to benefit local charities.

To register on-line go to: www.raceforum.com/wood-ridge. For more information call 551-486-6805 or visit www.njwoodridge.org/5krace ###

W-R Health Department Annual Blood Screening

The Wood-Ridge Board of Health is offering the Annual Blood Screening Program at the Senior Center, on Tuesday, September 24, 2013, from 7:30 a.m. to 10 a.m.

It will consist of a CBC, CHEM 23 and Lipid Profile, with results sent to your private medical doctor. Cost is \$20.

A T4 (*thyroid*) blood test is \$5. A Homocysteine level, an amino acid that, when elevated, may lead to blockage in the arteries, is \$30. PSA testing (*male*), a blood screening tool for detection of prostate cancer, is \$30.

All payments must be made in cash. No checks accepted. No blood test additions or substitutions permitted. This program is open to all adults 18 years or older. Minors may be tested with parental consent.

2013 Senior Flu Shots

Adult influenza vaccine injections are provided to residents over 65 years of age. Adults 65 years and older are required to bring their Medicare card (Part B). Residents who are covered by Managed Care Plans (HMO) are requested to see their private physicians for the vaccine. No pre-registration is required.

Adults under 65 and/or those who do not have a Medicare Part B card will be charged a fee for the Flu Vaccine. Limited vaccine is available for those under 65 years old.

For more information and details call your Health Department.

- Carlstadt: Monday, September 23, from 2 to 4 p.m. at Borough Hall.
- East Rutherford: Tuesday, October 15 from 2 to 3 p.m. at the Civic Center.
- Hasbrouck Heights: Tuesday, September 24 from 10 a.m. to noon at the Senior Center.
- Moonachie: Wednesday, October 2 from 10:30 to 11:30 at the Civic Center.
- Wood-Ridge: Tuesday, October 8 from 1:30 to 3 p.m. and Thursday, November 7 from 5:30 to 6:30 p.m. at the Senior Center. ###

Blood Drive

On Wednesday, September 11, 2013, at Veterans Memorial Park on Valley Boulevard, the Knights of Columbus Saint Anthony's Council 11585 will sponsor a blood drive.

The Community Bloodmobile will be stationed there from 3 p.m.-7 p.m. ###

Appointments must be made in advance, Monday through Friday, from 9 a.m. to noon. Sign-ups will be held at the Municipal Building, 85 Humboldt Street starting now.

At the time of registration, bring two large, stamped envelopes -- one with your name and address, the other with your medical doctor's name and address (*mandatory*).

A 12 hour fast prior to your appointment time is required. Refreshments will be served.

Call the Health Department for sign-up times and dates at 201-939-2161. ###

Off to College: Even Healthy Young Adults Need Vaccines

The Bergen County Department of Health Services is participating in National Immunization Month.

To recognize the importance of immunizations throughout life and to help remind young adults that they need vaccines too. This is the perfect opportunity to make sure young adults are protected against diseases like flu, whooping cough, tetanus, HPV and meningitis.

Getting ready for college means making sure you are up-to-date on all doses of the recommended vaccines -- both to protect yourself and others around you.

Because some diseases can spread quickly in settings like college dorms and classrooms, many colleges and universities have vaccination entry requirements.

Young women and men who have not started or finished the HPV vaccine series may be vaccinated through age 26.

Meningococcal vaccine is recommended for young adults, especially students who will be living in dorms.

Your need for other vaccines depends on factors such as your childhood vaccination history, travel plans, personal health status and risks.

For further information, contact the Bergen County Department of Health Services at 201-634-2709 for a copy of the brochure, Meningitis on Campus: Don't Wait Vaccinate, and the fact sheet, Meningococcal Disease and the Vaccine: What College Students Need to Know.

For further information, contact the Centers for Disease Control and Prevention at <http://www.cdc.gov/vaccines/default.htm> ###



Filling You In

By Jeffrey E. Mason, D.M.D.

What is bruxism?

Bruxism is the technical term for grinding and clenching that abrades teeth and may cause facial pain. People who grind and clench, called bruxers, unintentionally bite down too hard at inappropriate times, such as in their sleep. In addition to grinding teeth, bruxers also may bite their fingernails, pencils and chew the inside of their cheek. People usually aren't diagnosed with bruxism until it is too late because so many people don't realize they have the habit. Others mistakenly believe that their teeth must touch at all times. About one in three people suffer from bruxism, which can easily be treated by a dentist.

Can bruxism cause harm?

People who have otherwise healthy teeth and gums can clench so often and so hard that over time their teeth become sensitive. They experience jaw pain, tense muscles and headaches along with excessive wear on their teeth. Forceful biting when not eating may cause the jaw to move out of proper balance.

What are the signs?

When a person has bruxism, the tips of the teeth look flat. Teeth are worn down so much that the enamel is rubbed off, exposing the inside of the tooth which is called dentin.

When exposed, dentin may become sensitive. Brux-

ers may experience pain in their temporomandibular joint (TMJ) - the jaw - which may manifest itself as popping and clicking. Women have a higher prevalence of bruxism possibly because they are more likely to experience tissue alterations in the jaw resulting from clenching and grinding. Tongue indentations are another sign of clenching.

Stress and certain personality types are at the root of bruxism. For as long as humankind has existed, bruxism has affected people with nervous tension. Anger, pain and frustration can trigger bruxism. People who are aggressive, competitive and hurried also may be at a greater risk for bruxism.

What can be done about it?

During regular dental visits, the dentist automatically checks for physical signs of

bruxism. If the dentist or patient notices signs of bruxism, the condition may be observed over several visits to be sure of the problem before recommending and starting therapy.

The objective of therapy is to get the bruxer to change behavior by learning how to rest the tongue, teeth and lips properly. When some people become aware of their problem, simply advising them to rest their tongue upward with teeth apart and lips shut may be enough to change their behavior and relieve discomfort. However, the dentist can make a plastic mouth appliance, such as a night guard that's worn to absorb the force of biting. This appliance can prevent future damage to the teeth and helps change the patient's destructive behavior.

Ref: sources and compilations, the Academy of General Dentistry. Dental patients reference information.

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



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Blood Pressure Check

The Carlstadt Health Department, in conjunction with the Health Awareness Regional Program of HackensackUMC, offers a free blood pressure program on the third Wednesday of every month, from 11 a.m. to 1 p.m., at the Carlstadt Senior Civic Center.

Program includes information: prevent and manage blood pressure, body fat composition, manage stress, nutrition for healthy living, community health resources, etc. For more information call 551-996-2038. ###

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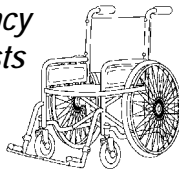
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Artful Thinking

By Artie Maglionico • Lodi Historian

At an AARP meeting held at the Boys and Girls Club of Lodi on June 16, 2013, Membership Chairperson Frank Corso Jr. read the names of those active members who are 90 plus years old. No Frank is not among them...or is he?

There are 23 life members who fit that description, among them are Estelle Salatino 98 years young and Vivian De Falco also 98. In attendance was 96 year old Ann Luciano who was given much deserved recognition for her years of community service in the town of Lodi.

It is safe to say, at least in this case that your Artful thinker was the youngest person there which is why I attend the meetings.

Speaking at the meeting was Lodi Library executive director Barb Hauck Mah who introduced the 1st AARP partnership program.

The newly formed program includes safety driving courses as well as safety tips for those seniors who are still cruising around town.

The hard working Director also spoke about her adult reading program, children's crafts, the book buddies program, and the English as a second language courses that will be beginning this fall.

Among Barb's successful endeavors is the ever popular free movie project which takes

place on Wednesday afternoons at 1:30. The program is a favorite among Lodi Senior citizens since the movies are of high quality and the price is right.

Speaking of Lodi Seniors Gloria Sysak, program director at the Senior Club on Park Place, is reminding members that on September 10, 2013, there will be a free...there's that magic word again...eye exam at the facility compliments of Phillips Eye center from 10:30 a.m. to 1:30 p.m. There will also be a Pasta Party on October 8th...see Gloria for details.

Hey folks before I forget...the AARP entertainment committee headed by President Connie Galdo and Etta Yarmula are featuring the musical duo "Two for the Road" at their August 20 meeting. The singing sensation, which by the way, consists of yours truly and Jack Sepede, brought down the house at their last appearance.

Luckily the building was empty at the time which seems to be the norm for one of our gigs. I shouldn't say that folks...last year we performed in front of 50 people. Unfortunately we showed up at the wrong place and were duly asked to leave. We did, however manage to get through one song before realizing we were in the wrong place. I tell you folks that is the last time we play at a funeral! Come on...It's a joke...laugh

a little.

Attention health enthusiasts there's a new Gym about to open next to Kmart called Blink Fitness. From what I've heard it's featuring all the latest state of the art equipment. All that work out stuff that's been collecting dust down your cellar of late can now be passed up without feeling guilty... Now you're heading for Blink Fitness. There is no glamour in working out alone next to a pile of dirty socks and funky sweat pants that are lying on top of the washing machine. Now you can work out in pleasant surroundings...but hey wash those socks first!

I can't believe the way the Borough of Lodi is growing. We have shopping centers like Shop Rite, shoe stores, clothing stores, Dunkin Donuts, laundromats and a plethora (*I love that word*) of hair salons.

The only thing we don't have yet is our own movie theater. We did at one time folks... more years ago than I care to remember and it was called the American Theater.

In the 1920s it was known as the Lodi Show and was the home of both Vaudeville and Minstrel shows. Many of the productions were run by a young Minstrel entertainer from Clifton, NJ by the name of William "Billy" Rink.

Appearing at the show were some of the hottest names on the circuit. Comedy teams like the Fontal Brothers, European street singers, and a magician named Lawrence Crane who called himself "The Irish Wizard."

The Lodi Theater was the

mecca of entertainment and was known throughout the tri-state area for its productions.

In the late 20s the theater was purchased by the Basile Family who changed the name to the American Theater. It was among the first "movie shows" to feature talking movies.

At the rate Lodi is growing we might have our own theater after all. We might even bring back Vaudeville.

As you read this The Lodi High School Football Rams and their celebrated coach Pat Tirico are set to "kickoff" their 2013 grid season.

Since taking over as head coach in the mid 80's Tirico has won three state championships and a string of playoff berths that reach from here to Kalamazoo. In the process Coach Tirico has carved out a niche for himself as the Rams "winningest" coach. In 1938 The football Rams celebrated its first championship season by going undefeated, untied, and unscored upon. Their record remains intact:

- Lodi 10-Haverstraw 0
- Lodi 33-Park Ridge 0
- Lodi 32-St. Mary's 0
- Lodi 6-Westwood 0
- Lodi 25-St. Agnes 0
- Lodi 7-Manasquan 0
- Lodi 16-Dumont 0
- Lodi 7-Harrison 0
- Lodi 38-Hasbrouck Heights 0

The coaches were Stan Piella and Frank Gaciofano. Team captains were Sam Adamo and Mike Cottone. Team Manager was Carl Dvorchak.

This past Labor Day weekend marked the 99th year of the much heralded St. Joseph Feast.

The age old tradition includes Italian food, games, raffles, and entertainment galore. The event draws Lodi transplants young and old from across the USA." Viva San Giuseppe" is the vocabulary of the weekend as the town of Lodi celebrated this famous end of summer bash.

Overseeing the event is Pastor, Father Michael Marotta and Committee Chairman Steve Lo Iacono.

The St. Joseph Feast is among the biggest of its kind in the area and is visited by thousands of people throughout the area. It has become, over the years, a gathering place for those seeking to rekindle friendships, meet new people, embrace memories, play games of chance or to have one of those legendary sausage and pepper sandwiches...oh and don't forget the Zepoli.

NOTE-- In February 2013, Lupita O'Brien joined Lodi Memorial Library as a bilingual youth services librarian.

Lupita traces her love of libraries back to when she helped her school librarian put plastic cellophane book covers on new books. She attended college to pursue a fine arts career, and returned to school to become a programmer and systems manager for Merrill Lynch. But her librarian roots kept calling her. When she had an opportunity to go back to school, she earned her Masters degree in Library and Information Science from Rutgers University.

Lupita and the Lodi librarians have created very popular summer programs with story-times and incentive prizes to reward children and adults for reading.

Lodi Library offers about 25 free children's programs every month. Recent programs include a Princess Party, a children's fashion show and unique crafts such as cave painting, dinosaur dioramas, and snake puppets.

Lupita has developed a large and dedicated group of teen volunteers who prepare and help out with children's activities.

For teens, Lupita created a Job Readiness workshop and a weekly Teen Café where teens share technology tips and discuss current events.

Lupita is very appreciative of the opportunity to work closely with Lodi families and to be a part of The Library's excellent staff. ###

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Local AARP Chapter Announces Programs for 2013-2014

On September 13, 2013, the Central Bergen Chapter #418, AARP will resume its activities after taking the summer off for vacations.

The Chapter is open to all AARP members who live in Hasbrouck Heights, Hackensack, South Hackensack, Little Ferry, Rochelle Park and Maywood.

The group meets on the second Friday of each month from September to June. They meet at 12:30 p.m. at the M&M Building, 116 Holt Street, Hackensack, NJ. Their president is Marie Gallo from Hasbrouck Heights.

Program Chairperson Marion Davidowicz, along with her committee, has planned an exciting list of programs for the 2013-2014 year.

Some programs were selected to entertain the members and others to educate them. It is hoped that the programs will encourage seniors to attend our meetings and become members of the Chapter.

The following programs have been scheduled:

- September 13, 2013 – Bill Levy will present a visual program highlighting the career of comedian Sid Caesar. The program is entitled “Hail Caesar: Comedy of Sid Caesar.”
- October 11, 2013 – A representative from Bergen County’s Division of Senior

Leisure Club Resumes Activities

The Hasbrouck Heights Leisure Club will resume its activities on Wednesday, September 11, 2013, after taking time off for a summer break. The Club meets the second Wednesday of each month except for July and August. They meet at the Senior Center at 12:30 p.m.

The program for the first meeting will be Ms. Elaine M. Winter, Associate Director of the Alzheimer’s Association, Greater New Jersey Chapter. She will enlighten the members about this horrible disease that strikes someone every 70 seconds. She also plans to explain the needs of Alzheimer’s victims; the needs of caregivers and what help is available to both.

At the first meeting, members will be able to sign up for the Thanksgiving Luncheon and the Christmas Party. Information about the Annual Halloween Party, the Senior Wellness Luncheon and the Annual Flu Vaccine program for Hasbrouck Heights Seniors will also be discussed. *Story by Peter Gallo Jr. ###*

Services will discuss the latest updates to Medicare Part D.

- November 8, 2013 – Author Penny Colman will discuss the importance of women during World War II. This will be a visual presentation with highlights from her book “Rosie the Riveter.”
- December 13, 2013 – Annual Christmas Party.
- January 10, 2014 – Dr. Christal Charbonnet, Podiatrist will discuss foot problems as well as proper care.
- February 14, 2014 – Acoustic Duo Jeff and Karen will present a Valentine’s Day Program of romantic songs.
- March 14, 2014 – Harpist will present a tribute to the Irish.
- April 11, 2014 – Attorney Michael Manna will present a program “What Seniors Should be Aware of and How to Protect Themselves.”
- May 9, 2014 – Author Kevin Woyce will present a program dealing with the history of New Jersey.

Hasbrouck Heights Annual Senior Wellness Luncheon

The Hasbrouck Heights Board of Health will be sponsoring their Annual Senior Wellness Luncheon on Thursday, September 19, 2013 at the Borough Hall Senior Center, 320 Boulevard, from 11 a.m. – 2 p.m. no registration required.

This is an invitation to all senior residents of Hasbrouck Heights. Come and enjoy a free lunch, provided by Care-One of Wellington of Hackensack. Guest speaker will be Carol Brush from the Health Awareness Regional Program of Hackensack UMC. For more information call 201-288-1636. ###

Moonachie Senior Trip

The next Moonachie Senior trip is scheduled for Thursday, September 12, 2013, to Doolan’s in Spring Lake, featuring a tribute to Dorsey, Miller, Goodman and Ella. If you have any questions, call Audrey at 201-641-4334. ###

Lodi Seniors Club Seeks New Members

The Lodi Senior Citizens Club is open every Thursday to anyone 55 or older who lives in Bergen County, including all neighboring towns. Refreshments are served. For more information call Rosalie at 973-340-9091. ###

- June 13, 2014 – Installation Luncheon with entertainment. *Story by Peter Gallo Jr. ###*

Carlstadt Senior Friendship Club

The Carlstadt Senior Friendship Club meets on the 1st and 3rd Wednesdays of the month at 1:30 p.m. at the Civic Center. Future trips scheduled are September 24, 2013, to the Delaware Water Gap trolley for \$36; October 15 to Octoberfest at the Villa Roma for \$34 and November 21 to the Pines Dinner Theater for \$49. An extended trip to Branson for September 8-16 is also available. Call Eileen 201-933-6949. ###

Vic Hoofers Auxiliary

The Vic Hoofers meet on the first Thursday of the month at the Carlstadt Civic Center at 7:00 PM. Our first meeting for the season will be on September 5th.

All Aboard for the Mexican Train game! This group is open to all ladies in the surrounding towns who wish to have fun and refreshments. Come join us. Call Dolores 201-939-5163. ###

AARP Chapter #4115 Meets Sept. 17

AARP Chapter #4115 meets on the third Tuesday of the month at the Civic Center at 24 Union Boulevard in Wallington at 1:30 p.m.

An informative meeting is held, followed by coffee and refreshments, after which Bingo will be played. They are looking for current members to attend as well as new members from the surrounding towns to join. The first meeting of the new season will be on September 17, 2013. They look forward to greeting you.

The Executive Board will meet at 1:00 p.m. on September 3. *Story by Eleanor Costa. ###*

AARP Collects Cancelled Stamps

The AARP Chapter 418 collects cancelled stamps, trimmed to ¼ inch around the stamps. Drop off or send to: **The Gazette Newspaper**, 343 Boulevard, Hasbrouck Heights, NJ 07604. ###

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September 2013 Heights Senior Calendar

Open to All Hasbrouck Heights Seniors

SENIOR ACTIVITIES

Monday, September 9, 16, 23, 30
10:00 a.m. to 1:00 p.m. Games, cards & coffee
11:00 a.m. Mahjong
10 a.m. to 3 p.m. Senior Lounge open to all

Tuesday, September 3, 10, 17, 24
10:00 a.m. Line Dancing \$1.00
2:00 p.m. Adv. Chair Yoga \$1.00
6:00 p.m. Card Game Night

Wednesday, September 4
2:00 p.m. Senior Aerobics \$1.00

Wednesday, September 18, 25
10:00 a.m. Games, cards & coffee
10:00 a.m. Mahjong
2:00 p.m. Senior Aerobics \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all

Thursday, September 5, 12, 19, 26
10:00 a.m. Games, cards & coffee
11:00 a.m. Mahjong
2:00 p.m. Senior Yoga with John \$1.00
10 a.m. to 2 p.m. Senior Lounge open to all

Friday, September 6, 20
10:00 a.m. Games, cards & coffee
10 a.m. to 1 p.m. Senior Lounge open to all

Friday, September 13, 27
10:00 a.m. Fun Bingo
10 a.m. to 1 p.m. Senior Lounge open to all
Check Center Bulletin Board for any changes

*The Center will be closed on
Monday, September 2 for Labor Day*

CLUB MEETING SCHEDULE

Wednesday, September 4
10:00 a.m. Executive Board meeting

Wednesday, September 11
12:30 a.m. Leisure Club Meeting

UPCOMING EVENTS

Open to all seniors

Annual Wellness Luncheon:
Thursday, September 19
The free luncheon is open to all resident seniors at the Senior Center from 11 a.m. to 2 p.m. The luncheon is provided by Care-One of Wellington of Hackensack.

Annual Flu Shots
Tuesday, September 24
No pre-registration required. Seniors 65 or older must bring their Medicare Card (Part B). Seniors without this card will be charged \$20.

Trip to LiGreci’s Staaten Octoberfest:
Thursday, October 10
Cost is \$50 for members and \$55 for non-members. Includes transportation, German and American food, music for dancing and a fabulous comedian. Limited seating; no seats are guaranteed unless payment is received. Contact: Kathy at 201-288-6651 to make payment.

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A Year Later, And I'm Still Missing You

I can't stop thinking about that fateful day, you had to leave, you went away.

A sadness filled me up inside, Emotions that I could not hide.

Tears, they came, sadness too, All my emotions, just for you.

Time will heal, so I was told, but time could never fill this hole.

But in my heart there is a place, you're always there, keeping us safe.

It's filled with love & happy times, It's never dark, your light it shines.

In heaven now you do reside, to watch over us with Love & Pride.

I know one day, we'll meet again just know how much we all miss you and you are always with us. Always!

Love, Your Baby Sister

Joyful Noise Ringers Resume Rehearsals

Bell choir rehearsals with The Joyful Noise Ringers will resume on Wednesday, September 25, 2013, at 7 p.m.

The bell choir performs several times during the year at both Holy Trinity Lutheran Church at 92 Burton Avenue in Hasbrouck Heights and its sister congregation, The Lutheran Church of the Redeemer at 475 Maywood Avenue in Maywood.

If you have an interest in ringing with us, the start of the new season is a great time to begin and you are invited to come, meet us and learn with us. Music reading is helpful, but not required — we will teach you. Please let us know of your interest by calling our Minister of Music, George Moser, at the Church office, 201-288-6889. Rehearsals will continue on Wednesdays at 7 p.m. unless notified. ###

Pre-Cana for Engaged Couples to be Held in W-R

Assumption Church in Wood-Ridge will be offering a full day pre-cana program on Sunday, October 27, 2013.

Engaged couples who participate will attend the 11 a.m. Mass where their engagement rings will be blessed. At the end of the Mass they will report to the Hayes Center where a light lunch will be served.

Throughout the remainder of the afternoon the couples will have an opportunity to discuss honestly with each other their strengths and weaknesses in family living, communication, finances, Christian sexuality, problem solving, the Sacrament of Matrimony and their role in the Church and society, all under the supervision of married couples.

The pre-cana program ends at approximately 7 p.m. All engaged couples who will be married within the next year should consider attending.

If you need more information or wish to sign up, please contact Marie at 201-288-0276. PG. ###

Reconstructionist Synagogue Announces High Holiday Schedule

Reconstructionist Temple Beth Israel (RTBI), will offer a variety of services during the High Holidays to create a unique, inclusive spiritual experience for members and visitors.

As a Reconstructionist synagogue, RTBI fuses Jewish tradition into its contemporary, participatory services and programming during the High Holy Days and all year 'round.

The openhearted, diverse congregation is LGBT-friendly, and welcomes interfaith and interracial families, Jews by choice, and those considering conversion to Judaism.

All services will be led by Student Rabbi Ellen Jaffe-Gill, who is entering her final year at the Reconstructionist Rabbinical College. Jaffe-Gill, who is also a certified cantor, has served as RTBI's spiritual leader for the past year. She will lead High Holiday services in dual roles as rabbi and cantor. She will be assisted by lay leaders and members of Team Torah, a dedicated group of congregants who have learned to chant Torah.

Key changes to traditional High Holiday services are noted in the calendar below.

Men's Breakfast Invitation

Holy Trinity Lutheran Church in Hasbrouck Heights and their sister congregation, The Lutheran Church of the Redeemer in Maywood, will hold their first men's breakfast of the season on Saturday, September 21, 2013.

The men meet at the Arena Diner in Hackensack between 10 and 11:30 a.m. and invite you to come, introduce yourself and join them for some good food and conversation.

One of the topics on the agenda for the morning is data security. To register, please call the Church office at 201-288-6889 and leave a message for Charlie Davis. Although registration is helpful, it is not required. ###

Those who have attended services at other synagogues may recognize other changes within the service, such as different reading selections or more streamlined sections.

The RTBI High Holiday schedule is as follows:

• Wednesday, September 4, at 8 p.m. — Erev Rosh Hashanah.

• Thursday, September 5 at 10 a.m. — Rosh Hashanah service with Torah readings; tashlich immediately following.

• Friday, September 6, at 10 a.m. — Alternative Rosh Hashanah service featuring an interactive Torah discussion in lieu of full Torah service.

• Friday, September 13, at 6:30 p.m. — Kol Nidre and kabbalat Shabbat service.

• Saturday, September 14, at 10 a.m. — Alternative Yom Kippur service with Jaffe-Gill performing an inspirational cantorial selection in place of the traditional haftarah; Shabbat service.

Free seats for first-time attendees are available; reservations are required and may be made by calling RBTI, 201-845-7550, ext. 1.

A form is available in the summer newsletter, which is posted on the website, www.rtbi-online.org. College students with valid i.d. may also attend for free. Details are available online or by calling the synagogue.

RTBI is located at 34 West Magnolia Avenue in Maywood, off Maywood Avenue and near Routes 4 and 17. ###

Back to Church Sunday

The Carlstadt First Presbyterian Church "Back to Church Sunday" will be Sunday, September 15, 2013, at 10 a.m. All are welcome to join in the services and stay and enjoy coffee hour afterwards in Community Hall. The First Presbyterian Church is located on Third Street in Carlstadt. We hope to see you there. ###

AWANA Begins

AWANA begins Wednesday, September 11, 2013, 7 to 8:30 p.m. at **Bible Baptist Church**, 31 Passaic Avenue, Hasbrouck Heights in the Multipurpose Room and the Children's Area.

AWANA clubs make kids winners and provides an exciting evening of fun and learning for children four years old through Sixth Grade.

Kids get excited about the games, awards, and friends they make. Along the way they discover a relationship with their greatest friend... Jesus.

Parents get excited about the growth they see in their children socially, emotionally, and especially spiritually. For more information please contact Joe Hegedus at MrJoeProv226@yahoo.com or by calling 201-288-4139 ext. 17. ###

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Rosary Society of Corpus Christi

The Rosary Society of Corpus Christi Church is getting off to a great start for 2013-14 under the leadership of new officers: President Jackie Mazza, Vice President Maria DeFedele, and Secretary Phyllis Mink. Peggy Corcoran will continue in her role as Treasurer. Members have received a letter outlining the upcoming meeting dates, programs, and special events.

The first General Meeting is Thursday, September 5, 2013, in the school cafeteria following the recitation of the Rosary at 7:15 p.m. and Mass in the Chapel.

They will get off to a running start as they welcome back all Rosarians and also non-members who would like to learn about the Rosary Society.

The first meeting will include a discourse on the Miraculous Medal, and throughout the year we will focus on the apparitions of the Blessed Mother and various aspects of our devotion to the "Lady of the Rosary" as she called herself at Fatima.

The schedule for the upcoming months includes:

- Saturday, September 21 – Recitation of the Rosary with the residents at Bergen Regional Medical Center.
- Sunday, October 6 – Annual Communion Breakfast at the **Fiesta** following ten o'clock Mass in the Chapel. The donation for the breakfast is \$18 and tickets will be available at the September 5 meeting.
- Thursday, October 10 – General Meeting – Induction of New Members and Brown Bag Auction
- Thursday, November 7 – General Meeting – Collection of Christmas gifts for local children (new and unwrapped gifts). Christmas Gathering tickets will be available.
- Wednesday, December 4 – Christmas Gathering at the Graycliff in Moonachie, 6 to 10 p.m. Details will be discussed at our General Meeting.

We encourage the women of the parish to join the Rosary Society. Members are required to say one decade of the Rosary daily, to attend monthly meetings (*first Thursday after the first Sunday of the month*), to pray the Rosary for deceased members, and to participate whenever possible in various service projects.

Simply come to a General Meeting or call Membership Chairperson Maria DeFedele at 201-727-0820 for further information. *Story by Carol Viceconte. ###*

Pray for Peace

Christmas-at-Sea, From the Porch

Thanks to all who have contributed to our recent "From the Porch" project for our military. Many phone cards and entertainment items have been forwarded to Adopt a Soldier - NJ for distribution overseas.

Now we are asking you to help us bring a little joy to seafarers who will not be home with their families for Christmas. In cooperation with Seafarer's and International House, a Lutheran mission serving seafarers, we will be filling satchels that will be delivered to ships by port chaplains. On Christmas Eve or Christmas Day when a ship is in the middle of the ocean, the captain will hold a celebration and all the crew will open their satchels.

Each satchel must contain the following items: One sweatshirt (*hooded or unhooded size L-XL*), three pairs of socks (*thermal or white gym*), one casual pullover T-shirt (*size M-L*), one knit winter cap, one can of nuts or a bar of chocolate and a personal Christmas card.

They will be collecting during September and October to have the satchels ready by Thanksgiving. You can contribute all the items for a satchel or just a few. Leave them in the box on the porch at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. If you have questions please call 201-288-6889. They hope to provide 25 satchels, enough for an entire ship!

They invite you to participate with us in turning what might otherwise be a lonely night at sea into a joyous occasion because strangers ashore have taken the time to share the spirit of Christmas with these seafarers. Together, in large and small ways, they can always make a difference. *Story provided by Judy Danilchick. ###*

Homecoming Sunday at St. John's September 15

The Episcopal Church of St. John the Divine, corner of Terrace and Jefferson Avenues in Hasbrouck Heights, invites you to join them as they celebrate Homecoming on September 15, 2013, with Holy Eucharist at 10 a.m.

After morning service, there will be a picnic on the Church grounds with games.

No one is ever too old to have a fun filled day. Church School registration will also be held at this time.

Mark your calendars! Join them as they celebrate the Life of Christ and their Homecoming. *###*

Holy Trinity Kicks-off Sunday Church School in Hasbrouck Heights; Rally Day in Maywood

There will be no worship services or classes on September 22, 2013, at Holy Trinity in Hasbrouck Heights.

They will be gathering with their sister congregation, The Lutheran Church of The Redeemer, for the Rally Day celebration at 475 Maywood Avenue in Maywood on the 22nd. Outdoor worship will begin at 10:30 am and will include a blessing of teachers, students and backpacks. A picnic lunch, games, a jumping house, a petting zoo and pony rides will be available immediately following worship.

On September 29, however, they will be welcoming everyone back to Sunday Church School at Holy Trinity, 92 Burton Avenue, Hasbrouck Heights, for the 2013-2014 school year. They would love to welcome newcomers to their Sunday morning program, too, and we invite all children, ages 4 and up, to join them. Classes begin at 9:45 a.m. and end at 10:45 a.m. Parents are invited to sit in on the classes at any time and to for worship with the children at 11 a.m.

The registration form should be mailed to the Church office at 92 Burton Avenue, Hasbrouck Heights, NJ 07604, or you may bring it on the first day of classes, September 29. *###*

Adult Care Brief Bank Seeks Drive Hosts and Donations

The Adult Care Brief Bank, in conjunction with the Caregivers Coalition and Center for Food Action of Bergen County, is seeking donations of adult diapers and bed pads and asking Bergen County residents to host adult care brief bank drives and spread the word at their place of employment or worship or their school, gym, etc.

More than one million New Jersey residents are over the age of 65 and over 25 million older Americans experience some form of incontinence. However, the NJ Foundation for Aging reports that 25% of the state's senior population cannot afford basic needs, including adult diapers and bed pads.

Adult diapers and bed pads cost seniors an average of \$100 a month. With access to adult diapers, seniors can remain active, mobile, and productive.

To hold a drive contact Marlene at 201-725-8928. For more information visit cfanj.org *###*



Personnel Changes Announced at Assumption Church

The Provincial Administration of the Franciscan Friars of the Holy Name Providence has announced major changes that will take place at the Church of the Assumption of Our Blessed Lady in Wood-Ridge.

Father Julian Jagudilla, who has been with the parish for the past two years, has been assigned to St. Francis of Assisi Friary in New York City as parochial vicar in St. Francis of Assisi Parish and director of the St. Francis Immigration Center.

Brother Paul Keenan, who also has been with the parish for the past two years, has been approved for ordination.

He will be ordained a transitional deacon on September 7, 2013, with ordination to the priesthood on November 9, 2013.

Father Francis K. Kim, who has been in Residence at the parish, will relocate to South Jersey at the end of August 2013.

Franciscan Father Michael Jones, who has been the pastor of St. Anthony of Padua RC Church in Butler, has been assigned to Assumption Church as parochial vicar. Father Mike has been a priest for the past 13 years.

Fr. Richard Mucowski, PhD, pastor, wished Fr. Julian well at his new assignment. The parishioners attended a farewell reception for him after the 11 a.m. Mass on August 4, 2013.

Fr. Richard was pleased to see that Brother Paul will be ordained into the priesthood. This will take place at the Assumption Church at the 5:30 p.m. Mass on Saturday, November 9, 2013. After his ordination Father Paul will be assigned to the Assumption Parish.

Pastor Fr. Richard also welcomed Father Mike Jones who will now join Deacon Francis Materia to serve the parishioners at the Assumption Church. *Photo and story by Marie and Peter Gallo Jr. ###*

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Exciting news for Assumption Parish

The Franciscan spirit is lighting the way at Assumption Parish. Recently, the parish community celebrated the Feast of the Assumption of Our Blessed Lady through Masses and their annual parish procession.

Plans are already in the works for a more elaborate Feast celebration next year. Infused with the love of the Blessed Mother and devotion to their Franciscan roots, Assumption Parish is preparing the way for a spiritually uplifting fall season.

Many exciting things are underway in the coming months.

In September, the Religious Education Program will welcome sacramental students into the classrooms as well as the new Family Catechesis Curriculum.

The Catechetical Family Mass Kick Off event will have guest speaker presentation and will be the stepping stone for the Religious Education program into a bright, faith filled future.

There is also a new website in development that will serve the parish community in a more interactive and informative format.

The Music Ministry is also excited to bring in new choir members as well as children to create the Children's Choir.

In October, the annual parish picnic will take place as well as the annual tradition of the "Blessing of the Animals..

In November, the parish community is eagerly looking forward to the ordination of Brother Paul Keenan, OFM, which will take place at Assumption Church. More details will be announced next month....

Family Catechesis

Led by Director Donna Ryan, The Assumption Religious Education program has already implemented their new model for family catechesis.

The Family Catechesis model of faith formation has successfully been underway since the spring with many of the children completing lessons and achieving great results.

This curriculum encompasses a multi-layered structure of faith formation including

traditional classes for our sacramental students, new up to date textbooks, and mandatory online chapter assessments as well as specially planned family events that enhance liturgical holy times throughout the year.

One of the goals of this program is to foster more family participation in the faith formation journey for each child.

This new program along with weekly family Mass attendance, will bring an illuminating light of renewal in faith formation for families of Assumption Parish.

Some examples of the Family Catechetical events are the "All Saints Around the World" celebration, "Jesus' Birthday Party" and of course, the annual "Three Kings Pageant."

In addition to the new Family Catechesis curriculum, Assumption will also offer an expanded Children's Liturgy at the 5:30 p.m. Mass as well as the 11 a.m. Sunday Masses during the school year.

All volunteers are certified in "Protecting God's Children."

Kindergarten Bible Story Time

Assumption Parish Religious Education is pleased to announce that Kindergarten Bible Story Time will now be offered to registered families.

The Religious Education Program has added this class to the current curriculum in addition to Grades 1-8.

This will provide our younger children with a structured story time that will introduce them to the Religious Education environment at Assumption.

Classes will follow the same schedule as our 1st and 2nd Grade classes. For more information, please contact the office of Religious Education at 201-933-6118 - *All volunteers are certified in "Protecting God's Children."*

Rosary Altar Society

Members of the Rosary Altar Society of Assumption Parish continue their mission to recruit new members.

Being a Rosarian is a great way to connect to the Blessed Mother through the way of the Rosary. It is also one of the most flexible and convenient ways to become more involved with the parish.

Meetings are the first Tuesday of each month from September to June at the Hayes Parish Center.

The Society also has some wonderful events that are not only fun but rewarding in the spirit of giving.

The Rosary Altar Society is more than just the ladies responsible for the altar linens.

Don't be fooled though, they are passionate about the care of the altar linens.

In addition, they also enjoy celebrations together at their annual Communion Breakfast, Christmas Party, annual Birth Rite Baby Shower and annual picnic in June.

The San Alfonso Retreat is also an amazing experience that many of the Rosarians participate in.

They also collect non-perishables for their Food Pantry Ministry.

Their love and dedication to the Blessed Mother is their ultimate bond. They begin each meeting at 6:45 p.m. by praying the Rosary together and celebrating Mass as a family in the Chapel.

They honor Mary in the month of May with an evening of reflection and the Coronation of the Blessed Mother.

All women of the parish are always welcome and encouraged to join, especially now at a time when things seem so stressful and demanding.

So log off of Facebook, shut down your iPhones and androids and find some time each month to renew your faith and meditate on the Rosary with a joyful group of women. Remember, Mary is always waiting for you.

The Ladies of the Rosary Altar Society of Assumption Parish.

Music Ministry

Calling all singers, instrumentalists and beyond: The Music Ministry at Assumption Church is excited to announce rehearsals for both Adult and Children's Choir!

Starting, on Wednesday, September 4, Children's Choir will meet weekly from 6-7 p.m. and the Adult Choir will meet from 7:30-9 p.m. Children's Choir is open to children in Grades 3-6. Children's Choir will sing at one Mass a month (11 a.m.) and will prepare for the "Three Kings Pageant" on Sunday, January 5, 2014.

The Adult Choir will sing at the 11 a.m. Mass weekly and occasionally sing at the 9:30 a.m. Mass.

If you play guitar, bass, drums, flute, or anything else that you'd like to share with the faith community, please join.

Please feel free to contact Director of Music, Kristen Dziuba, at 551-265-9875 or by email: kristendz@gmail.com with any questions.

"Oh come, let us sing to the Lord; let us make a joyful noise to the rock of our salvation! Let us come into his presence with thanksgiving; let us make a joyful noise to him with songs of praise!" - Psalm 95:1-2

Story by Rose Lepore. ###

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Deadlines are: Editorial copy due 10th day of month preceding issue, and completed ad material due 15th day of month preceding issue. Issued about the first week of the month. © 2013 All Rights Reserved. Published by The Iron Horse Advertising and Marketing Company, Inc. Reproduction of any photos requires permission. Photos are available @ <http://gazette-newspaper.smugmug.com/> "The Gazette" may represent "The Gazette Newspaper for Carlstadt, Hasbrouck Heights, Little Ferry, Lodi, Moonachie, Teterboro and Wood-Ridge." Press releases welcomed. Photo submission of original and unpublished photos are accepted for exclusive use in The Gazette and/or www.hasbrouck-heights.net. Email original jpg (under 5 meg) and include photo details. Names should be listed left to right. Publisher reserves the right to accept or refuse any advertising. Advertisers assume all liability for all content of advertisements. The Publisher is not responsible for any loss claimed by advertiser in cases of errors or omissions.

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Real Estate Insight

By Mary Ellen Courtney

Exposing Real Estate Recovery Myths

News of the sensational real estate upturn has its fair share of doubters. Many people suspect that it might be a hyped, short-term euphoria, unsubstantiated by hard facts, economic or otherwise.

This has given rise to a handful of stubborn myths which have the potential to create fear and paralysis - decision inhibitors. And, inasmuch as I'm in the business of facilitating decisions, I really think these real estate myths need to be aired, evaluated and - where necessary - put to rest.

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Myth #1. It's recovering too fast. According to the Case-Schiller home-price index, American home prices increased an average 10.6 percent between June 2012 and June 2013. We've seen it here! To some people that seems insanely fast. So insane, in fact, that some people are afraid the current market's exuberance will re-create a steep incline and decline in home values, a re-play of the last boom-bust event.

But, let's also remember: Markets Have Cycles. Ups and downs will repeat; that's the nature of the beast. Part of what made the last down cycle so nasty was the fact that lenders were green-lighting massive home loans to borrowers without requiring them to document their ability to pay for the property over the long term. Today's loans are allowing people to buy without putting much down, it's true, but the 'liar's' loans that really got people in trouble formerly are now done.

Myth #2. Investors are driving demand. In some areas, investors are buying up lots of low-priced homes. From big Wall Street investment groups to Mom-and-Pop investors, people who don't plan to live in the homes they're buying were responsible for about 20% of June home sales.

But this number is actually on a downward path and should continue to decline as prices increase, putting a cap on the profits investors can realize.

First-time buyers, according to Case-Schiller, are now responsible for 36% of current buyer activity and repeat homeowners for over 43%.

Investors have been active, but by no means are they responsible for creating the intense buyer demand that characterizes the market today.

Myth #3. Rates are through the roof. Have mort-

gage interest rates gone up? Yes. Is the Fed signaling they intend to raise rates, too?

Yes – in 2015. (Not exactly tomorrow).

Last week's reported 30 year mortgage rates were 3.94 percent, and 15-year rates were right around 3%. Given that the record low rates clocked in at 3.31 (30-year) and 2.62 (15-year), even today's higher rates aren't worth worrying about. Nor is an increase of rates likely to cause all the pent-up buyer demand of the last few years to dissipate. Heck, my husband remembers people buying homes when rates were 14+% in the 80's...

Myth #4. Foreclosures are a thing of the past. Through the recession, many banks and mortgage servicers began to hold hundreds of thousands of foreclosed homes off the market to avoid flooding it, depressing prices even further than they already were. And even now, these institutions continue to trickle them onto the market, rather than creating a deluge of home inventory.

Additionally, mortgage regulators now allow servicers to rent out REOs (foreclosed homes), versus selling them, and to hold them as long as 5 or 10 years following foreclosure, if needed.

While we are seeing a steep decline in the number of newly foreclosed homes, we can expect to have a higher-than-average number of REOs on the market for some years to come.

This so-called "shadow inventory" had declined over 10% nationwide between January 2012 and January 2013. And with the uptick in demand, this percentage should continue to decline as banks take the opportunity to get these homes off their books.

So, if the state of real estate looks great these days, it's because it genuinely is! ###

Mary Ellen Courtney is owner of Real Living Gateway Realtors, 201-288-0004. www.GatewayToHomes.com ###

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Veterans Today

By Thomas Marshall

VFW Post 809 would like to thank the members of IBEW Local 164. The members of this Electrical Union volunteered their time after Hurricane Sandy and replaced our damaged electrical sockets and switches.

They did this at the VFW and our local Firehouses. Bill Lenihan and Warren Becker are two members I know, that gave us and the town great service.

The job was planned and laid out and their team did excellent work. Thank You all for your time and efforts.

The Vietnam Veterans of America Chapter 800 will host a Red, White and Blue dinner at VFW Post 809, 100 Main Street, Little Ferry on November 9, 2013.

For tickets call 201-641-9759. Tickets are \$40. All the money raised is used for the VVA's Scholarship fund.

September 20 at 7:30 p.m. VFW Post 809 will host a program recognizing and remembering our POW's and MIA's.

This is open to the public and it is free. We will have coffee and cake. Come out and join us as we remember those who served and have not returned.

Star Spangled Banner

The War of 1812 is not remembered, which is a shame. Some of the best examples of Americanism were displayed. Here is one example.

In the wee hours of September 12, 1813, 5,000 British soldiers landed at North Point. North Point is a tiny peninsula about 14 miles South East from the City of Baltimore.

Admiral Cochrane ordered these troops to attack Baltimore from the East while he and the English Navy attacked Fort McHenry.

Once the Fort surrendered he would be able to move his ships closer to the city and give Naval gun support to his ground troops.

If all worked out well, Baltimore would be taken out of the war and the harbor would be theirs.

Major General Robert Ross was in command of the troops on the march, and he soon ran into Americans under Brigadier General John Sticker.

Major General Ross had the dubious distinction of being the man in charge when the British captured Washington, D.C. in August of 1813.

Washington D.C. was ransacked; they ate President Madison's dinner; and then burned the White House to the ground.

If Ross thought he was going to spend his old age drinking at taverns and telling the story of how he chased Madison out of his own city, he was mistaken.

He ordered an attack on Sticker's line and rides forward to take a look. A sharpshooter sited him and puts a musket ball through his right arm and into his chest.

He fell off his horse and it took the British soldiers a while to find him, dead in the grass.

Two American sharpshooters were captured. They were both Soldiers, they were both teenagers, and they were both executed.

Inside Baltimore every citizen was asked to do something to prevent the English from taking the city.

Preachers, farmers, lawyers, doctors, firemen, and shoemakers, hatters, jewelers, school teachers and students were all asked to dig the fortifications.

Every possible person no matter what they did for a living was sent into the field to dig. Veterans of the Revolution who were now old men were asked to join the militia and defend America one last time, if they could still shoot.

Citizens that could not fight were asked to man the firehouses because the firemen were already in the militia.

The women prepared buildings to be used as hospitals for the wounded that were sure to come. Inside Baltimore everyone served, everyone helped, everyone did their duty. Baltimore was ready.

With Ross now dead, the command fell to Colonel Arthur Brooke. He attacked General Sticker's line and with artillery and Congreve Rockets the Americans fell back to a second line. The English attacked again and the Americans fell back to a third line.

The evening was approaching so Colonel Brooke halted the attacks. The Americans fought well. Brooke reported that he faced 6,000 Americans when the actual number was about 3,000. He waited for the English Navy to give him support.

In June of 1813, the new Commander of Fort McHenry, Major George Armistead, ordered two flags from a flag maker by the name of Mary Pickersgill.

One was a garrison flag, 30 feet by 42 feet, and the other was a storm flag, 17 feet by 25 feet.

The garrison flag cost \$405.90 and the storm flag

was \$168.54. Storm flags fly in inclement weather and were for daily use, whereas the garrison flag flew on holidays and special events.

Each flag had 15 stars and 15 stripes, not like today's flag of 50 stars and 13 stripes.

The U.S. flag changed appearance many times as new states were added to the Union.

This particular flag is the only time in our history when the flag would carry 15 stripes.

Francis Scott Key was a lawyer by trade. He went to visit Admiral Cochrane to ask for the release of one of his friends captured by the British. His friend was a doctor and had treated wounded English officers.

So apparently, Key took some letters written by these officers and tried to secure freedom for his friend. He was placed on board the HMS Minden and waited for the interview with the Admiral.

Admiral Cochrane was not seeing anyone soon. His infantry was already in combat and he swung his five bombardment vessels into position, about 3 miles from Fort McHenry and out of range of the fort's guns.

At dawn on September 13, 1813 he ordered the bombardment to begin.

The fleet's guns went into action and soon shells were racing in the air toward Fort McHenry. Congreve rockets launched from these vessels also flew through the air to aid in reducing the fort.

Congreve Rockets looked like giant bottle rockets, a metal cylinder, and conical in shape with a 15 foot shaft of wood, known as a guide pole.

Originally designed for killing infantry at a distance, the larger models were used against fortifications.

There were many sizes, but the British used the 24 pound model the most. The Congreve Rocket was named after its designer, Sir William Congreve.

O'er the Ramparts of the fort these rockets and shells came and exploded, bursting in air. A rampart is a defensive wall, in case you were wondering.

Major Armistead and his men took cover where they could. Cochrane sent a few ships to get closer to the fort, but these were driven off by the fort's cannons.

Night fell, and in the dark the rockets glowed red from the burning propellant and gave off a red glare. Cochrane landed 1,000 sailors to attack the fort at night, but they were driven off by the fort's cannons.

Francis Scott Key saw the flag at twilight's last gleaming right before the sun went

down, and he knew the flag was still flying through the night because the British kept firing on the fort.

The firing was proof through the night that our flag was still there. The Americans refused to surrender the fort.

By dawn on the 14th, the British knew the bombardment failed and they took their ships and left.

The Infantry pulled away from Baltimore and also left with the fleet. The storm flag flew during the battle, but at dawn the garrison flag was raised.

Francis Scott Key was so inspired by the site of the garrison flag at dawn's early light, and the successful defense of the fort that he wrote, "The Star Spangled Banner," our National Anthem.

Today the garrison flag is inside the Smithsonian Institute for all to see.

The storm flag disappeared after the battle and was never found.

Two hundred years ago the people of Baltimore gave us a great example of the American fighting spirit.

In doing so, they also gave us the "Star Spangled Banner." We must never forget the example they set for us.

Oh, say does that Star Spangled Banner yet wave, O'er the Land of the free and home of the brave? Francis Scott Key asks us this question in his poem. We all know the answer.....It sure does. ###

Vietnam Veterans of America Meetings

Vietnam Veterans of America Chapter 800, 100 Main Street, Little Ferry, NJ, cordially invites you to attend their general meetings held on the third Monday of each month at 8 p.m. (*excluding August*).

They welcome any Veteran and non-Veteran who would like to become a member of the Vietnam Veterans of America Chapter 800.

For more information go to: <http://www.vvachapter800.org/> or email: als69vet@optonline.net ###

VFW Post 809 Seeks Auxiliary Members

Little Ferry VFW Post 809 Men's Auxiliary is now accepting new members to join and help out with Post functions.

If you are interested please call 201-641-9740 or come down to Post 809, 100 Main Street, Little Ferry, NJ. Meetings are held the last Tuesday of the month at 8 p.m. ###

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The Museum will re-open to the public at noon.

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Counter Terrorism Initiative

On Saturday, July 27 and Sunday, July 28, 2013, the Bergen County Law and Public Safety Institute held two one day training sessions on Personal Radiation Detectors (PRD's). The trainees were Fire Inspectors from 46 Bergen municipalities and from one Hudson County. Seventy-four (74) Fire Inspectors were certified in the use of the PRD's.

The training was conducted by National Securities Technologies as part of the Counter Terrorism Operations Support Group and provided through the Bergen County Fire Academy and the Bergen County Fire Services.

The devices and training were paid for through Homeland Security Grants. This is part of a larger initiative directed by the Homeland Security Urban Area Security Initiative UASI.

The Bergen County Representatives for this particular

working group include Chief Larry Rauch, Chief of Bergen County Fire Services and the Bergen County Fire Coordinator, Hackensack Fire Chief Thomas Freeman, and Senior Environmental Health Specialist, Thomas Bischoff from the Bergen County HazMat Unit. ###

LFFD Inspection September 7

The Little Ferry Fire Department will hold its annual inspection 5 p.m. on September 7, 2013, at the Fire Department Monument.

Department personnel will be in full dress uniform. The equipment will be presented for inspection. Department personnel will be available to answer any questions. The event is attended by local officials as well as Fire Chiefs from area towns. The public is invited to attend. ###



Lodi Firefighters Respond to Well Involved Dwelling

In the early morning hours of Friday, July 26, 2013, Lodi Police and Bergen County Communications received numerous 911 calls reporting a house fire at Church Street.

First arriving chief confirmed he had a well involved 1 1/2 story cape threatening the exposures on the B and D side and requested a 2nd alarm.

First arriving companies were met with live wires down in the street blocking the path for apparatus. PSE&G was requested on a rush by command for the downed wires which delayed fire attack.

Truck 1 put a 1 3/4 in-service to protect the B exposure and began to set up their ladder pipe.

Engines 612 and 615 placed several hand lines in-service to begin knocking down the main body of fire with the assistance of Ladder 1's ladder pipe.



Due to poor conditions the attack was made from the exterior of the structure. Fire was brought under control in under an hour.

Damage was held to the exteriors of the A and D exposure.

One male occupant of the home received burns and smoke inhalation and was transported by Lodi EMS and Hackensack UMC ALS to Hackensack UMC for evaluation.

Companies from Wallington, Maywood, Saddle-Brook, Garfield, Hackensack and Rochelle Park provided assistance at the scene. Companies remained on scene for several hours while the fire was investigated. *Story and photos by Justin Derevyanik. ###*

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Oven Fire Draws Mutual Aid

On August 7, 2013, at 16:56 hours, the WRFD was dispatched to 300 Avalon Drive, for a smoke condition. Chief Phillips arrived on the scene and confirmed a heavy smoke condition in the building. Firefighters stretched a 1 3/4" line to the apartment and found a fire in the oven. The fire was quickly extinguished and confined to the oven. Mutual aid companies from Carlstadt, Wallington, Hasbrouck Heights and Moonachie assisted in searching the building for victims and ventilation. All WR units were back in service at 20:57 hours. ###



New East Rutherford Police HQ

The 39-officer East Rutherford Police Department (ERPD) moved from a 1,800 sq. ft. headquarters on Grove Street, into its new state-of-the-art 16,000 sq. ft., 2-story facility in January, 2013.

Municipal court, which operated from council chambers, moved into an additional 12,000 sq. ft. in the same building.

The Stanley Street building is located between Hackensack Street and Route 17, near the Liberty Commons Shopping Center.

This location provided maximum convenience for the public, with greatly improved parking, versus parking in the residential area.

The project started about six years ago. It was determined to do the project in a smart way, so consultants helped design the facility for proper work flow, future expansion and to maximize the investment.

The old Grove Street facility was cramped with a “do-all” room used for DWI, interview, live scan, locker, finger printing room and holding bar, and, if available, the lunch room.

Some ERPD new facilities features include:

- The building has better handicap accessibility (to include braille signage) and is more user friendly with police

department, records, court clerk and court conveniently located in the lobby.

- Designed with a large secure parking lot for police and a large public parking lot that can be used by BD Regional HS when available.

- All public areas have cameras.

- Expanded and secure front desk.

- Prisoners enter through a secure “Sally Port.”

- Secure area for prisoner processing of finger printing using “Live Scan,” DWI testing, etc.

- The adjacent eight jail cells are standard Department of Corrections design.

- Evidence room for processing and storage.

- Prisoner interview rooms.

- Secure prisoner access to court, separate from public entrance.

- Conference room and 60 person training room, both have compatible smart board that are networked, with, on-site camera, TV and internet capability.

- Two additional private interview rooms.

- Detective offices.

- Communications and computer equipment room with back-up and generator.

- State-of-the-art gym, with most of the equipment paid for by the officers.

- Lunch area.
- Garage for their three motorcycles.

The Borough purchased the 28,000 sq. ft. building, for \$12.5 million and the land for \$3 million. The monies came from a bond ordinance approved last year.

It was purchased in anticipation of the stalled American Dream, \$3.7 billion shopping and entertainment complex adjacent to the IZOD Center. It hasn’t been determined if ERPD will have an auxiliary station at American Dream.

The 1,800 square foot space at the former police station on Grove Street may house other borough operations, which are to be determined at a later date, officials said.

East Rutherford is the home of the Meadowlands Sports Complex, which includes the IZOD Center, and MetLife Stadium, -- the site of Super Bowl XLVIII.

The NJ State Police handle the stadium, IZOD and race track and ERPD provides buffer zone protection.

The Meadowlands Complex is handled by ER Municipal Court.

As of the 2010 Census, the population was 8,913, with 3,792 households, and 2,226 families residing in the Borough. ###



LF Police National Night Out

On August 6, 2013, The Little Ferry Police Department sponsored their 10th Annual National Night Out Program in the municipal parking lot from 7 p.m. to 9 p.m.

There were plenty of refreshments, bounce amusements and supervised target practice with an airgun. K-9 Laszlo gave demonstrations.

Little Ferry EMS Squad and the Fire Department displayed their equipment. The CERT Team and NJ Hope and Healing provided information.

The Girl Scouts had a "Furry Friends Food and Toy Drive" table.

According to Little Ferry Police Chief Ralph Verdi, National Night Out is a community building campaign designed to: heighten crime prevention awareness; generate support for, and participation in, local anti-crime programs; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals letting them know that neighborhoods are organized and fighting back. ###

East Rutherford Police National Night Out

On Monday August 5, 2013, the East Rutherford Police Department sponsored a "Night Out Against Crime," at Sesselman Park.

The event showcased exhibits from ER Neighborhood Watch Police, D.A.R.E., Bergen County Sheriff's Department, ER Fire Emergency

Squad, NJ State Police, NJ Transit, ER Community Emergency Response Team (CERT), State Parole Board, Meadowlands Hospital, Bergen County Health Department, ER Veterans, ER Memorial Library, ER Education Association, Meadowlands Chamber, along

with many others.

The highlight of the evening was a motorcycle skill exhibition by East Rutherford and Wood-Ridge Police.

All exhibits were open at 5:30 p.m and concluded with a concert from "Nashville Radio" at 7:30 p.m. ###

Having a Good Time

Hundreds enjoyed Moonachie's Family Fun Day held on Saturday afternoon, August 17, 2013, at the Joseph Street Park, behind the Civic Center.###



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